

**RECORDS AD SC District**

**Yards-Women**

8 & U	25 Free	14.17	<b>6-Dec-99</b>	USAM- AD	Lori Iwanowicz at Super Splash
	50 Free	31.46	<b>20-Mar-99</b>	USAM- AD	Lori Iwanowicz at RPI JO's
	100 Free	1:08.98	<b>7-Jan-00</b>	D2K- NE	Al Suppan at Starfish Invitational
	25 Back	16.70	<b>10-Jan-76</b>	ALBS- AD	Nancy Connolly at SUNY Albany
	50 Back	37.13	<b>25-Oct-92</b>	SCHE- AD	Logan Justice at Trick or Treat
	25 Breast	19.00	<b>15-Jul-73</b>	FAIR- NI	Laura Peel at Norwich
	50 Breast	40.60	<b>15-Mar-83</b>	COLO- AD	Danielle Davenport at BurntHills JO's
	25 Fly	16.10	* <b>10-Jan-76</b>	ALBS- AD	Nancy Connolly at SUNY Albany
	25 Fly	16.10	* <b>15-Mar-80</b>	ROME- AD	Sherri White at SUNY Albany
	50 Fly	35.44	<b>15-Mar-92</b>	CLIN- AD	Laura Tyler at Schenectady JO
	100 IM	1:20.08	<b>7-Jan-00</b>	D2K- NE	Al Suppan at AV Starfish Invitational
	100 Free Relay	1:05.12	<b>15-Mar-92</b>	SCHE- AD	Schenectady - Santa Maria, Adamovich, Parks, Cerrito
	100 Medley Relay	1:12.28	<b>10-Mar-96</b>	SCHE- AD	Schenectady - Brooks, Stein, Morris, Jordan
	9-10	50 Free	27.36	<b>18-Mar-05</b>	CLIN- AD
100 Free		58.78	<b>9-Jan-11</b>	EELS- AD	Alexandra Dixon at Starfish Trophy Meet
200 Free		2:06.20	<b>7-Jan-11</b>	EELS- AD	Alexandra Dixon at Starfish Trophy Meet
500 Free		5:31.90	<b>15-Jan-11</b>	EELS- AD	Alexandra M. Dixon at Chris Goody IMX Challenge
50 Back		31.54	<b>20-Mar-95</b>	SCHE- AD	Caitlin Johnson at Schenectady JO's
100 Back		1:06.86	<b>4-Jan-02</b>	GMA- NE	Caroline Weaver at Starfish Invitational
50 Breast		34.66	<b>20-Mar-98</b>	SCHE- AD	Karly Brooks at RPI JO's
100 Breast		1:16.26	<b>28-Mar-13</b>	SSCY- AD	Anna E. Keating at 2013 Eastern Zone SC Swimming Championships
50 Fly		29.57	<b>20-Mar-98</b>	UN- AD	Kailey Morris at RPI JO's
100 Fly		1:06.40	<b>20-Mar-98</b>	UN- AD	Kailey Morris at RPI JO's
100 IM		1:08.87	<b>20-Mar-98</b>	SCHE- AD	Karly Brooks at RPI JO's
200 IM		2:26.12	<b>20-Mar-98</b>	UN- AD	Kailey Morris at RPI JO's
200 Free Relay		1:58.73	<b>20-Mar-98</b>	SCHE- AD	Schenectady - Catroppa, Stein, Jordan, Brooks
400 Free Relay		4:16.58	<b>20-Mar-98</b>	SCHE- AD	Schenectady
200 Medley Relay	2:10.85	<b>10-Mar-95</b>	SCHE- AD	Schenectady - Justice, SantaMaria, Korman, Johnson	
11-12	50 Free	25.24	<b>19-Mar-10</b>	ALBS- AD	Jennifer L. Lucius at AD Gold Short Course Championships
	100 Free	54.22	<b>17-Mar-00</b>	SCHE- AD	Karly Brooks at Adirondack Short Course Championships
	200 Free	1:55.75	<b>7-Jan-00</b>	ALBS- AD	Kailey Morris at Starfish Invitational
	500 Free	5:07.62	<b>17-Feb-17</b>	CS- NE	Natalie Mannion at 2017 Region 1 Championships
	1000 Free	10:31.13	<b>17-Feb-12</b>	BEAR- CT	Eva Crouse at 2012 Region 1 Championships
	1650 Free	17:57.64	<b>17-Feb-17</b>	CS- NE	Natalie Mannion at 2017 Region 1 Championships
	50 Back	27.92	<b>17-Mar-00</b>	SCHE- AD	Karly Brooks at Adirondack Short Course Championships
	100 Back	58.79	<b>17-Feb-17</b>	CS- NE	Natalie Mannion at 2017 Region 1 Championships
	200 Back	2:07.04	<b>17-Feb-17</b>	CS- NE	Natalie Mannion at 2017 Region 1 Championships
	50 Breast	31.23	<b>19-Mar-10</b>	ALBS- AD	Jennifer L. Lucius at AD Gold Short Course Championships
	100 Breast	1:07.03	<b>18-Feb-12</b>	BEAR- CT	Eva Crouse at 2012 Region 1 Championships
	200 Breast	2:25.26	<b>20-Feb-12</b>	BEAR- CT	Eva Crouse at 2012 Region 1 Championships
	50 Fly	27.31	<b>17-Mar-00</b>	ALBS- AD	Kailey Morris at Adirondack Short Course Championships
	100 Fly	58.30	<b>12-Feb-16</b>	BEAR- CT	Summer Smith at Region 1 2016
	200 Fly	2:09.12	<b>17-Feb-17</b>	BEAR- CT	Summer Smith at AD 2017 REGION 1 CHAMPIONSHIPS
	100 IM	1:00.87	<b>17-Mar-00</b>	SCHE- AD	Karly Brooks at Adirondack Short Course Championships
	200 IM	2:10.66	<b>17-Mar-00</b>	SCHE- AD	Karly Brooks at Adirondack Short Course Championships
	400 IM	4:32.79	<b>12-Feb-16</b>	BEAR- CT	Summer Smith at 2016 Region 1 Championships
	200 Free Relay	1:45.31	<b>3-Mar-15</b>	CPP- AD	Clifton Park Halfmont Pirahans
	400 Free Relay	3:48.99	<b>19-Mar-10</b>	ALBS- AD	Albany Starfish Swim Club J. Lucius, S. Schwarz, K. Gao, J. Samson

**RECORDS AD SC District**

11-12	200 Medley Relay	1:56.77	<b>19-Mar-10</b>	ALBS- AD	Albany Starfish Swim Club J. Samson, J. Lucius, S. Schwarz, K. Gao
	400 Medley Relay	4:14.19	<b>15-Feb-10</b>	ALBS- AD	ALBS - J Samson, J Lucius, S Schwartz, K Gao at Region 1 Champs
13-14	50 Free	23.62	<b>20-Mar-89</b>	COLO- AD	Richelle Depold at Schenectady JO's
	100 Free	52.16	<b>20-Mar-89</b>	COLO- AD	Richelle Depold at Schenectady JO's
	200 Free	1:49.51	<b>17-Feb-14</b>	BEAR- CT	Eva Crouse at AD 2006 REGION 1 CHAMPIONSHIPS
	500 Free	4:54.81	<b>17-Feb-17</b>	VICT- NI	Taryn Wisner at 2017 Region 1 Short Course Invitational
	1000 Free	10:06.20	<b>14-Feb-14</b>	BEAR- CT	Eva Crouse at AD 2014 REGION 1 CHAMPIONSHIPS
	1650 Free	16:46.14	<b>17-Feb-13</b>	BEAR- CT	Eva Crouse at AD 2014 Region 1 Championship
	100 Back	56.38	<b>17-Feb-14</b>	BEAR- CT	Marcie Maguire at 2014 Region 1 Championship
	200 Back	1:59.47	<b>17-Feb-14</b>	RIDG- CT	Marcie Maguire at AD 2014 Region 1 Championships
	100 Breast	1:02.10	<b>14-Feb-15</b>	CPP- AD	Olivia Jack at AD 2015 REGION 1 CHAMPIONSHIPS
	200 Breast	2:17.46	<b>17-Feb-17</b>	CPAC- CT	Sophia K More at 2017 Region 1 Championships
	100 Fly	55.15	<b>17-Feb-14</b>	BEAR- CT	Eva Crouse at AD 2014 REGION 1 CHAMPIONSHIPS
	200 Fly	2:03.42	<b>14-Feb-14</b>	BEAR- CT	Eva Crouse at 2014 REGION 1 CHAMPIONSHIPS
	200 IM	2:03.87	<b>14-Feb-14</b>	BEAR- CT	Eva Crouse at AD 2014 REGION 1 CHAMPIONSHIPS
	400 IM	4:28.24	<b>17-Feb-17</b>	BEAR- CT	Summer Smith at 2017 Region 1 Championships
	200 Free Relay	1:39.04	<b>30-Mar-02</b>	SCHE- AD	Schenectady - Yan, Catroppa, Morris, Brooks
	400 Free Relay	3:35.99	<b>15-Mar-02</b>	SCHE- AD	Schenectady - Stein, Morris, Yan, Brooks
	800 Free Relay	7:56.99	<b>16-Feb-02</b>	SCHE- AD	Schenectady - Yan, Catroppa, Stein, Brooks
	200 Medley Relay	1:51.83	<b>6-Mar-16</b>	SCHE- AD	Schenectady Swim Club M. Williams, A. Bacon, E. Wang, M. Conway
	400 Medley Relay	4:02.80	<b>15-Mar-02</b>	SCHE- AD	Schenectady
15-18	50 Free	23.11	<b>12-Feb-16</b>	WYW- CT	Ky-lee Perry at 2016 Region 1 Short Course Inv
	100 Free	50.08	<b>17-Feb-17</b>	CPAC- CT	Bridget A. Semenuk at AD 2017 Region 1 Championships
	200 Free	1:49.08	<b>17-Feb-17</b>	RAC- CT	Marcie Maguire at 2017 Region 1 Short Course Inv
	500 Free	4:46.09	<b>17-Feb-08</b>	BEAR- CT	Katie L. Gardocki at AD 2008 REGION 1 CHAMPIONSHIPS
	1000 Free	9:55.12	<b>15-Feb-08</b>	BEAR- CT	Katie L. Gardocki at AD 2008 REGION 1 CHAMPIONSHIPS
	1650 Free	16:52.52	<b>17-Feb-12</b>	SCHE- AD	Katie Rowe at AD 2012 REGION 1 CHAMPIONSHIPS
	100 Back	54.13	<b>15-Mar-15</b>	RIDG- CT	Marcie Maguire at AD 2015 Region 1 Championships
	200 Back	1:57.08	<b>17-Feb-17</b>	RAC- CT	Marcie Maguire at Region 1 2017
	100 Breast	1:01.75	<b>12-Feb-16</b>	CPP- AD	Olivia Jack at Region 1 2016
	200 Breast	2:17.08	<b>17-Feb-17</b>	CPP- AD	Olivia Jack at Region 1 2017
	100 Fly	55.07	<b>17-Feb-17</b>	CPP- AD	Olivia G. Jack at Region 1 2017
	200 Fly	2:01.14	<b>15-Feb-13</b>	CRIM- NE	Maggie L D'Innocenzo at AD 2013 REGION 1 CHAMPIONSHIPS
	200 IM	2:03.49	<b>17-Feb-17</b>	SCHE- AD	Maggie Wyngowski at 2017 Region 1 Short Course Inv
	400 IM	4:17.43	<b>17-Mar-17</b>	SCHE- AD	Maggie Wyngowski at 2017 Region 1
	200 Free Relay	1:37.28	<b>7-Jan-00</b>	ALBS- AD	Starfish - DeLollo, Hotaling, Eberst, McDonough
	400 Free Relay	3:30.66	<b>15-Feb-13</b>	ALBS- AD	Starfish - Samson, Gao, Zhou, Beckford
	800 Free Relay	7:38.12	<b>14-Feb-15</b>	EMPI- MR	Empire - Panitz, Semenuk, Hartigan, Melendowicz
	200 Medley Relay	1:55.05	<b>4-Jan-02</b>	SCHE- AD	Schenectady
	400 Medley Relay	3:53.18	<b>12-Feb-16</b>	SCHE- AD	CRIM - S. DUPlessis V. Feng, J. Blake- West, R. Zeiger
	50 Free	23.11	<b>12-Feb-16</b>	WYW- CT	Ky-lee Perry at 2016 Region 1 Short Course Inv
	100 Free	50.08	<b>17-Feb-17</b>	CPAC- CT	Bridget Semenuk at AD Region 1 Championships
	200 Free	1:49.10	<b>12-Feb-16</b>	RAC- CT	Marcie Maguire at 2015 Region 1
	500 Free	4:46.09	<b>15-Feb-08</b>	BEAR- CT	Katie Gardocki at AD 2008 REGION 1 CHAMPIONSHIPS
	1000 Free	9:55.12	<b>15-Feb-08</b>	BEAR- CT	Katie Gardocki at AD 2008 REGION 1 CHAMPIONSHIPS
	1650 Free	16:46.14	<b>17-Feb-13</b>	BEAR- CT	Eva Crouse at AD 2014 Region 1 Championship
	100 Back	54.23	<b>17-Feb-17</b>	RAC- CT	Marcie Maguire at AD Region 1 Championships 2017
	200 Back	1:57.08	<b>17-Feb-17</b>	RAC- CT	Marcie Maguire at Region 1 2017
	100 Breast	1:01.75	<b>12-Feb-16</b>	CPP- AD	Olivia Jack at AD 2016 REGION 1 CHAMPIONSHIPS

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200 Breast	2:17.47	<b>12-Feb-16</b>	CPP- AD	Olivia Jack at Region 1 2016
100 Fly	55.07	<b>17-Feb-17</b>	CPP- AD	Olivia Jack at 2017 Region 1 Championship
200 Fly	1:58.48	<b>17-Feb-17</b>	SCHE- AD	Katie Rowe at 2017 Region 1 Short Course Invitational
200 IM	2:03.87	<b>17-Feb-14</b>	BEAR- CT	Eva Crouse at AD 2014 REGION 1 CHAMPIONSHIPS
400 IM	4:18.94	<b>17-Feb-17</b>	CPAC- CT	Kaki Christensen at 2017 Region 1 Championships
200 Free Relay	1:37.28	<b>7-Jan-00</b>	ALBS- AD	Starfish DeLollo, Hotaling, Eberst, McDonough
400 Free Relay	3:29.55	<b>17-Feb-17</b>	SCHE- AD	Schenectady Swim Club S. Herbold, Y. Dong, M. Conway, K. Rowe
800 Free Relay	7:33.04	<b>17-Feb-17</b>	SCHE- AD	Schenectady Swim Club , S. Herbold, E. McElrath, K. Rowe
200 Medley Relay	1:45.98	<b>6-Mar-16</b>	ALBS- AD	Albany Starfish Swim Club , J. Samson
400 Medley Relay	3:48.27	<b>17-Feb-17</b>	SCHE- AD	Schenectady Swim Club Y. Dong, K. Rowe, S. Herbold

**RECORDS AD SC District**

**Yards-Men**

8 & U	25 Free	14.50	<b>20-Jul-72</b>	WATER- AD	Bob Hraback at Norwich	
	50 Free	30.98	<b>10-Feb-86</b>	LEAT- AD	Graham Rigby at Leatherstocking	
	100 Free	1:07.58	<b>26-Mar-86</b>	LEAT- AD	Graham Rigby at Burnt Hills JO	
	25 Back	16.78	<b>24-Oct-99</b>	ALBS- AD	Brennan Morris at Trick Or Treat	
	50 Back	35.37	<b>20-Jan-82</b>	NHKN- AD	Jim Wells at Burnt Hills Midwinter	
	25 Breast	18.82	<b>31-May-14</b>	DELM- AD	Brayden Henkel at Dolphins Spring Fling	
	50 Breast	40.90	<b>31-May-13</b>	DELM- AD	Brayden Henkel at Dolphins Spring Fling	
	25 Fly	16.02	<b>10-Jan-83</b>	NEWB- MR	Darin Vantassel at SUNY Albany	
	50 Fly	34.62	<b>20-Mar-99</b>	CLIN- AD	Judd Simon at RPI JO's	
	100 IM	1:17.68	<b>20-Mar-99</b>	CLIN- AD	Judd Simon at RPI JO's	
	100 Free Relay	1:05.90	<b>10-Mar-82</b>	NHKN- AD	New Hartford Knights - Lauterbach, Davis, Holicky, Wells	
	100 Medley Relay	1:12.99	<b>9-Dec-00</b>	NPH- AD	Hawks - H. BARTLETT, S. DELAREDE, L. STROTHENKE, Z. ACOSTA	
	9-10	50 Free	26.50	<b>20-Mar-98</b>	ALBS- AD	Julio Vidal at RPI JO's
		100 Free	58.64	<b>20-Mar-98</b>	ALBS- AD	Julio Vidal at RPI JO's
200 Free		2:09.57	<b>20-Mar-84</b>	NHKN- AD	Jim Wells at Burnt Hills JO's	
500 Free		5:43.90	<b>2-Dec-07</b>	KING- AD	Alec Tocco at 2007 Decemeber Super Splash	
50 Back		30.71	<b>20-Mar-98</b>	ALBS- AD	Julio Vidal at RPI JO's	
100 Back		1:05.18	<b>19-Mar-10</b>	HAWK- AD	Seamus Trzewik-Quinn at AD Gold Short Course Championships	
50 Breast		35.04	<b>20-Mar-98</b>	ALBS- AD	Julio Vidal at RPI JO's	
100 Breast		1:15.16	<b>20-Mar-98</b>	ALBS- AD	Julio Vidal at RPI JO's	
50 Fly		29.73	<b>10-Aug-80</b>	TREN	David Guernsey at Clayton	
100 Fly		1:08.25	<b>19-Mar-10</b>	HAWK- AD	Seamus Trzewik-Quinn at AD Gold Short Course Championships	
100 IM		1:06.70	<b>20-Mar-98</b>	ALBS- AD	Julio Vidal at RPI JO's	
200 IM		2:25.19	<b>19-Mar-10</b>	HAWK- AD	Seamus Trzewik-Quinn at AD Gold Short Course Championships	
200 Free Relay		1:58.86	<b>6-May-94</b>	NSAA- MR	NSAA at Schenectady Friendship	
400 Free Relay		4:34.68	<b>3-Mar-15</b>	DELM- AD	Delmar Dolfin Swim Club	
200 Medley Relay		2:09.45	<b>6-May-94</b>	NSAA- MR	NSAA at Schenectady Friendship	
11-12		50 Free	23.19	<b>17-Mar-00</b>	ALBS- AD	Julio Vidal at Adirondack Short Course Championships
	100 Free	51.50	<b>17-Mar-00</b>	ALBS- AD	Julio Vidal at Adirondack Short Course Championships	
	200 Free	1:53.16	<b>18-Feb-05</b>	SCHE- AD	SHAYNE P. BUCKLEY at AD 2005 REGION 1 CHAMPIONSHIPS	
	500 Free	5:02.48	<b>14-Jan-17</b>	GLFY- AD	David Walton at Chris Goody	
	1000 Free	10:24.21	<b>17-Feb-12</b>	BEAR- CT	Jack Scobee at 2012 Region 1 Championships	
	1650 Free	17:35.10	<b>18-Feb-05</b>	SCHE- AD	SHAYNE P. BUCKLEY at AD 2005 REGION 1 CHAMPIONSHIPS	
	50 Back	27.08	<b>17-Mar-00</b>	ALBS- AD	Julio Vidal at Adirondack Short Course Championships	
	100 Back	58.83	<b>18-Feb-05</b>	SCHE- AD	SAMUEL P. WILSHIRE at AD 2005 REGION 1 CHAMPIONSHIPS	
	200 Back	2:06.66	<b>18-Feb-05</b>	SCHE- AD	SHAYNE P. BUCKLEY at AD 2005 REGION 1 CHAMPIONSHIPS	
	50 Breast	29.78	<b>20-Mar-98</b>	ALBS- AD	Paul Moncrieffe at RPI JO's	
	100 Breast	1:04.60	<b>15-Feb-13</b>	RAC- CT	AJ Bornstein at AD 2013 REGION 1 CHAMPIONSHIPS	
	200 Breast	2:16.68	<b>15-Feb-13</b>	RAC- CT	AJ Bornstein at AD 2005 REGION 1 CHAMPIONSHIPS	
	50 Fly	26.35	<b>17-Mar-00</b>	ALBS- AD	Julio Vidal at Adirondack Short Course Championships	
	100 Fly	58.93	<b>13-Mar-11</b>	ALBS- AD	Miles Smachlo at AD Gold Short Course Championships	
	200 Fly	2:08.30	<b>13-Mar-11</b>	ALBS- AD	Miles Smachlo at AD Gold Short Course Championships	
	100 IM	58.22	<b>17-Mar-00</b>	ALBS- AD	Julio Vidal at Adirondack Short Course Championships	
	200 IM	2:05.22	<b>18-Feb-05</b>	SCHE- AD	SHAYNE P. BUCKLEY at AD 2005 REGION 1 CHAMPIONSHIPS	
	400 IM	4:27.66	<b>18-Feb-05</b>	SCHE- AD	SHAYNE P. BUCKLEY at AD 2005 REGION 1 CHAMPIONSHIPS	
	200 Free Relay	1:45.63	<b>12-Mar-17</b>	ALBS- AD	Albany Starfish Swim Club	
	400 Free Relay	3:51.88	<b>17-Mar-00</b>	SCHE- AD	Schenectady - Santa Maria, Manor, DeRocco, Ahern	
	200 Medley Relay	1:56.05	<b>17-Mar-00</b>	SCHE- AD	Schenectady	

**RECORDS AD SC District**

11-12	400 Medley Relay	4:25.32	<b>10-Mar-92</b>	SCHE- AD	Schenectady - Lotano, Bremser, Reilly, Dunki-Jacobs
13-14	50 Free	22.16	<b>17-Mar-06</b>	SCHE- AD	JACOB C. JOHNSON at 2006 AD Gold Short Course Cha
	100 Free	48.67	<b>20-Mar-94</b>	SCHE- AD	Duane Couture at Schenectady JO's
	200 Free	1:42.24	<b>14-Feb-14</b>	BEAR- CT	Jack Scobee at 2014 Region 1 Championships
	500 Free	4:33.88	<b>14-Feb-14</b>	BEAR- CT	Jack L. Scobee at Region 1 Championship
	1000 Free	9:35.83	<b>14-Feb-14</b>	BEAR- CT	Jack L. Scobee at 2014 REGION 1 Championship
	1650 Free	15:49.94	<b>14-Feb-14</b>	BEAR- CT	Jack Scobee at 2014 Region 1 Championships
	100 Back	53.64	<b>9-Mar-14</b>	HAWK- AD	Seamus Trzewik-Quinn at AD Gold Short Course Champions
	200 Back	1:55.62	<b>9-Mar-14</b>	HAWK- AD	Seamus Trzewik-Quinn at AD Gold Short Course Champions
	100 Breast	58.36	<b>13-Feb-15</b>	UN- CT	AJ Bornstein at AD 2015 Region 1 Championship
	200 Breast	2:08.68	<b>16-Mar-07</b>	SCHE- AD	Shayne P. Buckley at AD Gold Short Course Champion
	100 Fly	51.81	<b>17-Feb-14</b>	BEAR- CT	James Huang at AD 2014 Region 1 Championship
	200 Fly	1:54.04	<b>10-Mar-13</b>	ALBS- AD	Miles A. Smachlo at AD Gold Short Course Champions
	200 IM	1:54.47	<b>17-Mar-14</b>	BEAR- CT	Jack Scobee at AD Gold Short Course Champion
	400 IM	4:01.63	<b>17-Feb-14</b>	BEAR- CT	Jack Scobee at AD 2014 Region 1 Championship
	200 Free Relay	1:32.45	<b>10-Mar-13</b>	ALBS- AD	Albany Starfish Swim Club F. Miao, W. Matz, M. Smachlo, L. Gordon
	400 Free Relay	3:20.95	<b>10-Mar-13</b>	ALBS- AD	Albany Starfish Swim Club T. Matuszyk, W. Matz, L. Gordon, M. Smachlo
	800 Free Relay	7:37.85	<b>10-Dec-93</b>	SCHE- AD	Schenectady - Couture, Lin, Reilly, Snyder
	200 Medley Relay	1:44.79	<b>6-Mar-16</b>	ALBS- AD	Albany Starfish Swim Club S. Ward, C. Goodspeed, B. Henkel, B. Liu
	400 Medley Relay	3:41.98	<b>10-Mar-13</b>	ALBS- AD	Albany Starfish Swim Club F. Miao, W. Matz, M. Smachlo, L. Gordon
	15-18	50 Free	20.77	<b>6-Mar-16</b>	ALBS- AD
100 Free		45.61	<b>8-Mar-15</b>	ALBS- AD	Miles Smachlo at AD Gold Short Course
200 Free		1:38.56	<b>17-Feb-17</b>	UN- CT	Kieran Smith at 2017 Region 1 Championships
500 Free		4:26.05	<b>17-Feb-17</b>	UN- CT	Kieran Smith at 2014 Region 1 Championships
1000 Free		9:34.40	<b>16-Feb-07</b>	SYCH- NI	Dan O'Connor at AD 2007 REGION 1 CHAMPIONSHIPS
1650 Free		15:12.23	<b>17-Feb-17</b>	UN- CT	Kieran Smith at AD 2017 REGION 1 CHAMPIONSHIPS
100 Back		49.58	<b>14-Feb-14</b>	ALBS- AD	Ryan D. Gordon at AD 2014 REGION 1 CHAMPIONSHIPS
200 Back		1:46.33	<b>9-Mar-14</b>	ALBS- AD	Ryan D. Gordon at AD Gold Short Course Champions
100 Breast		56.40	<b>17-Mar-17</b>	CRIM- NE	Calvin Yang at 2017 Regions 1 Championships
200 Breast		1:59.25	<b>17-Feb-17</b>	CRIM- NE	Calvin at AD 20136Region 1 Championship
100 Fly		49.52	<b>17-Feb-17</b>	UN- CT	Kieranat 2017 Starfish Trophy Invitatio
200 Fly		1:47.92	<b>8-Mar-15</b>	ALBS- AD	Miles A. Smachlo at 2015 Gold Short Course Champs
200 IM		1:52.50	<b>20-Dec-15</b>	ALBS- AD	Miles Smachlo at Piranhas December Distance Inv
400 IM		3:57.81	<b>12-Feb-16</b>	UN- CT	Kieran Smith at Region 1 2016
200 Free Relay		1:27.11	<b>16-Mar-01</b>	BFIN- AD	Bluefins
400 Free Relay		3:10.94	<b>12-Feb-16</b>	WYW- CT	WYW - H. Sykes, A Ignatov, J Mostofi, L. Walker
800 Free Relay		7:01.30	<b>15-Feb-13</b>	CRIM- NE	CRIMSON - Cannon, Young, Beals, Egan
200 Medley Relay		1:44.64	<b>3-Jan-03</b>	SCHE- AD	Schenectady
400 Medley Relay		3:29.02	<b>12-Feb-16</b>	WYW- CT	WYW - J. Kealy, J. Lynch. R. Giller, H. Sykes
50 Free		20.71	<b>16-Mar-07</b>	UN- AD	Mike Derocco at AD Gold Short Course Champion
100 Free		45.90	<b>15-Feb-13</b>	NYCA- MR	David X GLEASON at 2013 Region 1 Championships
200 Free		1:38.56	<b>17-Feb-17</b>	UN- CT	Kieran Smith at 2014 Region 1 Championships
500 Free		4:33.44	<b>15-Feb-13</b>	CRIM- NE	Liam C Egan at 2013 Region 1 Championship
1000 Free		9:34.40	<b>16-Feb-07</b>	SYCH- NI	Dan O'Connor at AD 2007 REGION 1 CHAMPIONSHIPS
1650 Free		15:12.84	<b>17-Feb-14</b>	CRIM- NE	Liam Egan at AD 2014 REGION 1 CHAMPIONSHIPS
100 Back		49.58	<b>14-Feb-14</b>	ALBS- AD	Ryan D. Gordon at AD 2014 REGION 1 CHAMPIONSHIPS
200 Back		1:46.33	<b>9-Mar-14</b>	ALBS- AD	Ryan D. Gordon at AD Gold Short Course Champions
100 Breast		56.34	<b>17-Feb-17</b>	CDOM	Andres Bustamanteat 2017 Regions1 Championships
200 Breast		1:59.58	<b>12-Feb-17</b>	UN- CT	AJ Bornstin at AD 2017 Region 1 Championships

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**RECORDS AD SC District**

100 Fly	49.52	<b>17-Feb-17</b>	UN- CT	Kieran Smith at 2017 Region 1 Championships
200 Fly	1:50.24	<b>17-Feb-17</b>	UN- CT	Kieran Smith at 2017 Region 1 Championship
200 IM	1:52.27	<b>17-Feb-17</b>	CDOM	Andres Bustamante at Region 1 2017
400 IM	3:57.60	<b>14-Feb-15</b>	CRIM- NE	Anthony Marcantonio at AD 2015 REGION 1 CHAMPIONSHIPS
200 Free Relay	1:24.45	<b>6-Mar-16</b>	BFIN- AD	ADIRONDACK BLUEFINS
400 Free Relay	3:05.65	<b>12-Mar-17</b>	BFIN- AD	ADIRONDACK BLUEFINS
800 Free Relay	6:58.48	<b>20-Mar-14</b>	ALBS- AD	Albany Starfish Swim Club M. Smachlo, R. Gordon, A. Strayer, L. Gordon
200 Medley Relay	1:34.30	<b>20-Mar-14</b>	ALBS- AD	Albany Starfish Swim Club R. Gordon, W. Matz, M. Smachlo, L. Gordon
400 Medley Relay	3:27.41	<b>17-Feb-17</b>	BFIN- AD	BLUEFINS L.Picozzi, R. Board, T. Maggs, E McNair