

Detailed Adirondack Swimming Championship Meet Requirements

Adirondack Swimming Athletes ONLY May Enter either AD Gold or Silver Short Course Championship Meets. There will be NO DECK ENTRIES and Entries with No Entry Time (NT) will not be accepted.

There will be no “relay only” swimmers in these meets, with the following exception;

For AD Gold Short Course Championships, teams which have less than 4 but at least 2 qualified swimmers in an age group, may enter relay only swimmers for these specific relays. Relay only swimmers in Senior events must be 13 & Over. Other than the exception above, all swimmers must qualify to swim the meet in one or more individual events to be able to participate in any relays.

Swimmers must have participated in at least two (2) AD Sanctioned Meets, in the Current SC Season to enter AD Gold Championships and at least one (1) AD Sanctioned Meet to enter AD Silver Championships.

Current Season is September 1st through Silver Championships.

Observed or Approved Meets May NOT be Used to Fulfill the Minimum Meet Requirement to enter.

However, All SWIMS Recorded Times from these meets are used for entry qualification.

Entry times must have been achieved between January 1, of the previous Short Course Season through the last AD Sanctioned Meet before each AD SC Championship Meet.

Recorded SWIMS Times ONLY may be used for entry in either AD Short Course Championship Meet.

Swimmers may NOT enter any Individual Event in either SC Championship Meet, where he/she has NO Recorded Time in SWIMS, within the Qualifying Period.

Requirements for AD Silver SC Championships - If a swimmer is to participate in the AD Silver SC Championships, he/she must have competed in at least One (1) AD Sanctioned meet in the current SC Season prior to Silvers. A swimmer entering an event in Silvers SC Championships must use his/her **Best Recorded Yards Time in SWIMS**, for the time period of **Jan 1st of last years' SC season to entry deadline**, as the entry time.

Requirements for AD Gold SC Championships - If a swimmer is to participate in the AD Gold SC Championships, he/she must have competed in at least two (2) AD Sanctioned meets in the current SC Season, prior to Golds. A swimmer entering an event in Gold SC Championships must use a **Recorded and Qualifying Yards Time in SWIMS**, for the time period of **Jan 1st of last years' SC season through the current seasons Silver SC Championships**, as the entry time.

Large Team/Small Team Criteria - Large Teams will be any AD Team with 75 or more Registered Athletes, Small Teams will be any AD Team with less than 75 Registered Athletes. This is Registered to USA Swimming and has no bearing on the number of swimmers entered in the championship meets by each team.

Exceptions will be made in the following circumstances;

1. If a swimmer has transferred to AD from another LSC, where a change of home address has been made, at a time where it was too late to be entered in the required number of meets to qualify. **The transfer must have been completed by the AD LSC Registrar at least 30 days in advance of the meet.**
2. If a swimmer has had a prolonged medical condition which has not allowed him or her to swim until a time where it was too late to be entered in the required number of meets to qualify. **The swimmers coach MUST notify the Meet Director and Meet Referee, by mail or email, at least 30 days in advance of the meet.**
3. If a swimmer ages up between Silvers and Golds and he or she is too fast in an event for Silvers at the younger age group and too slow in the event for Golds at the older age group, the swimmer may swim the event in Golds, at the older age group, without having the Gold cut times. Swimmer must enter the event using actual achieved times and the meet host will allow the times as exceptions if they are too slow for the cutoffs.

Final Approval of ALL Exceptions will be by joint decision of the Meet Referee and Meet Director.

Entries with no entry time (NT) will not be accepted.

There will be NO DECK ENTRIES accepted at AD Championship Meets.

Adirondack Swimming Registered Athletes ONLY May Enter AD Gold or Silver Short Course Championships.