

Adirondack Gold Short Course Championships - 3/13/2025 to 3/16/2025**Meet - Records**

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|----|-----------------------------|----------|-----------|---|
| 1 | Women 10&U 500 Free | 5:51.50 | 3/12/2017 | Dana Hans - Clin-Ad |
| 2 | Men 10&U 500 Free | 5:44.17 | 3/10/2010 | Seamus Trzewik-Quinn - Hawk-Ad |
| 3 | Women 11-12 500 Free | 5:11.70 | 3/17/2000 | Kailey B Morris - Albs-Ad |
| 4 | Men 11-12 500 Free | 5:04.38 | 3/7/2003 | Ryan P Brauer - Bfin-Ad |
| 5 | Women 13-14 1650 Free | 17:36.51 | 3/12/2017 | Lillie Bushway - Sche -ad |
| 6 | Men 13-14 1650 Free | 16:26.23 | 3/10/2013 | Miles Smachlo - Albs -ad |
| 7 | Women Senior 1650 Free | 16:54.84 | 3/10/2022 | Rachel Love - Sche -ad |
| 8 | Men Senior 1650 Free | 15:49.45 | 3/7/2024 | Finnegan McFarland - Bfin-Ad |
| 9 | Women 13-14 200 Free | 1:53.21 | 3/13/2015 | Olivia Jack - Cpp-Ad |
| 10 | Men 13-14 200 Free | 1:45.19 | 3/15/2013 | Miles Smachlo - Albs -ad |
| 11 | Women Senior 200 Free | 1:50.77 | 3/8/2024 | Gretchen Braun - Nts-Ad |
| 12 | Men Senior 200 Free | 1:39.17 | 3/11/2022 | Sam Brown - Bfin -ad |
| 13 | Women 13-14 100 Breast | 1:02.43 | 3/13/2015 | Olivia Jack - Cpp-Ad |
| 14 | Men 13-14 100 Breast | 1:00.46 | 3/14/2025 | William Keating - Delm -ad |
| 15 | Women Senior 100 Breast | 1:01.25 | 3/16/2018 | Olivia Jack - Sche-Ad |
| 16 | Men Senior 100 Breast | 54.63 | 3/10/2023 | Brayden Henkel - Delm -ad |
| 17 | Women 13-14 100 Fly | 57.23 | 3/13/2015 | Olivia Jack - Cpp-Ad |
| 18 | Men 13-14 100 Fly | 50.30 | 3/10/2023 | Christian Jerome - USAM -ad |
| 19 | Women Senior 100 Fly | 55.76 | 3/14/2025 | Gretchen Braun - Nts -ad |
| 20 | Men Senior 100 Fly | 49.10 | 3/14/2025 | Christian Jerome - USAM -ad |
| 21 | Women 13-14 400 IM | 4:34.37 | 3/11/2022 | Gretchen Braun - Nts -ad |
| 22 | Men 13-14 400 IM | 4:09.98 | 3/15/2013 | Miles Smachlo - Albs -ad |
| 23 | Women Senior 400 IM | 4:21.30 | 3/8/2024 | Katherine Ferreira - Delm-Ad |
| 24 | Men Senior 400 IM | 3:58.90 | 3/8/2024 | Quinn Nelson - Sche-Ad |
| 25 | Women 13-14 400 Free Relay | 3:35.99 | 3/16/2002 | Schenectady Swim Club - Sche- AD |
| 26 | Men 13-14 400 Free Relay | 3:20.95 | 3/15/2013 | Albany Starfish Swim Club - Albs -ad T Matuszyk, W Matz, L Gordon, M Smachlo |
| 27 | Women Senior 400 Free Relay | 3:31.35 | 3/16/2001 | Adirondack Blue Fins - Bfin- AD |
| 28 | Men Senior 400 Free Relay | 3:05.65 | 3/17/2017 | Adirondack Blue Fins - Bfin- AD McNair, Board, Maggs, Piccozzi |
| 29 | Women 11-12 200 Back | 2:11.59 | 3/15/2013 | Yunfan Dong - Albs -ad |
| 30 | Men 11-12 200 Back | 2:08.36 | 3/19/2005 | Shayne P Buckley - Sche -ad |
| 31 | Women 10&U 50 Free | 27.36 | 3/18/2005 | Emily Heyde - Clin-Ad |
| 32 | Men 10&U 50 Free | 26.50 | 3/20/1998 | Julio Vidal - Albs-Ad |
| 33 | Women 11-12 50 Breast | 31.23 | 3/20/2010 | Jennifer Lucius - Albs-Ad |
| 34 | Men 11-12 50 Breast | 29.13 | 3/16/2018 | Brayden Henkel - Albs -ad |
| 35 | Women 10&U 100 Breast | 1:17.64 | 3/20/1999 | Caitlyn Burr - Gost-Ad |
| 36 | Men 10&U 100 Breast | 1:15.16 | 3/20/1998 | Julio Vidal - Albs-Ad |
| 37 | Women 11-12 50 Fly | 27.31 | 3/17/2000 | Kailey B Morris - Albs-Ad |
| 38 | Men 11-12 50 Fly | 26.25 | 3/17/2017 | Sam Brown - Bfin -ad |
| 39 | Women 10&U 100 Fly | 1:06.40 | 3/20/1998 | Kailey Morris - Un-Ad |
| 40 | Men 10&U 100 Fly | 1:08.25 | 3/19/2010 | Seamus Trzewik-Quinn - Hawk-Ad |
| 41 | Women 11-12 50 Free | 25.24 | 3/19/2010 | Jennifer Lucius - Albs-Ad |
| 42 | Men 11-12 50 Free | 23.19 | 3/17/2000 | Julio Vidal - Albs-Ad |
| 43 | Women 10&U 200 Free | 2:09.80 | 3/20/1998 | Kailey Morris - Un-Ad |
| 44 | Men 10&U 200 Free | 2:09.57 | 3/20/1984 | Jim Wells - Nhkn-Ad |
| 45 | Women 11-12 200 Free | 1:56.08 | 3/17/2000 | Kailey Morris - Albs-Ad |
| 46 | Men 11-12 200 Free | 1:53.44 | 3/19/2005 | Shayne P Buckley - Sche -ad |
| 47 | Women 10&U 400 Free Relay | 4:16.58 | 3/20/1998 | Schenectady Swim Club - Sche- AD |
| 48 | Men 10&U 400 Free Relay | 4:32.25 | 3/16/2018 | Schenectady Swim Club - Sche- AD A Baird, R Karaca, JD Gregory, Q Smit |
| 49 | Women 11-12 400 Free Relay | 3:48.99 | 3/19/2010 | Albany Starfish Swim Club - Albs-Ad J Lucius, S Schwarz, K Gao, J Samson |
| 50 | Men 11-12 400 Free Relay | 3:51.88 | 3/17/2000 | Schenectady Swim Club - Sche- AD |
| 51 | Women 13-14 100 Back | 57.37 | 3/20/2002 | Karly Brooks - Sche-Ad |
| 52 | Men 13-14 100 Back | 53.65 | 3/17/2018 | Sam Brown tie Quinn Nelson - Bfin-Ad Sche-Ad |
| 53 | Women Senior 100 Back | 53.91 | 3/15/2025 | Gretchen Braun - Nts -ad |
| 54 | Men Senior 100 Back | 48.48 | 3/15/2025 | Sam Brown - Delm -ad |

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| 55 | Women 13-14 100 Free | 51.94 | 3/12/2022 | Gretchen Braun - Nts -ad |
| 56 | Men 13-14 100 Free | 48.08 | 3/11/2023 | Christian Jerome - USAM -ad |
| 57 | Women Senior 100 Free | 50.45 | 3/15/2025 | Gretchen Braun - Nts -ad |
| 58 | Men Senior 100 Free | 45.07 | 3/15/2025 | Sam Brown - Delm -ad |
| 59 | Women 13-14 200 Breast | 2:21.70 | 3/14/2015 | Olivia Jack - Cpp-Ad |
| 60 | Men 13-14 200 Breast | 2:08.68 | 3/17/2007 | Shayne P Buckley - Sche -ad |
| 61 | Women Senior 200 Breast | 2:16.43 | 3/17/2018 | Olivia Jack - Sche -ad |
| 62 | Men Senior 200 Breast | 2:02.55 | 3/16/2013 | Quinn Smith - Sche -ad |
| 63 | Women 13-14 500 Free | 5:04.35 | 3/16/2002 | Karly Brooks - Sche-Ad |
| 64 | Men 13-14 500 Free | 4:39.55 | 3/14/2019 | Sam Brown - Bfin-Ad |
| 65 | Women Senior 500 Free | 4:57.28 | 3/12/2022 | Rachel Love - Sche -ad |
| 66 | Men Senior 500 Free | 4:33.81 | 3/15/2025 | Quinn Nelson - Sche -ad |
| 67 | Women 13-14 200 Medley Relay | 1:51.83 | 3/11/2016 | Schenectady Saratoga Swim Club - Sche- AD M Williams, A Bacon, E Wang, MK Conway, |
| 68 | Men 13-14 200 Medley Relay | 1:44.79 | 3/11/2016 | Albany Starfish Swim Club - Albs-Ad S Ward, Goodspeed, B Henkl, B Liu |
| 69 | Women Senior 200 Medley Relay | 1:45.80 | 3/15/2025 | Sharks Swim Club - Sche -ad A Kenney, F Goodspeed, S Ricard, S Blaum |
| 70 | Men Senior 200 Medley Relay | 1:33.69 | 3/15/2025 | Delmar Dolphins - Delm -ad E Izzard, I Brkanovic, J Hershberg, S Brown |
| 71 | Women 11-12 200 Fly | 2:15.26 | 3/16/2013 | Kamryn Paige - Albs -ad |
| 72 | Men 11-12 200 Fly | 2:08.30 | 3/13/2011 | Miles Smachlo - Albs-Ad |
| 73 | Women 10&U 50 Back | 31.54 | 3/20/1995 | Caitlin Johnson - Sche-Ad |
| 74 | Men 10&U 50 Back | 30.71 | 3/20/1998 | Julio Vidal - Albs-Ad |
| 75 | Women 11-12 100 Breast | 1:09.93 | 3/17/2012 | Riley Misener - Sche-Ad |
| 76 | Men 11-12 100 Breast | 1:04.62 | 3/17/2018 | Brayden Henkel - Albs -ad |
| 77 | Women 10&U 100 Free | 1:00.97 | 3/20/1998 | Kailey Morros - Un-Ad |
| 78 | Men 10&U 100 Free | 58.64 | 3/20/1998 | Julio Vidal - Albs-Ad |
| 79 | Women 11-12 100 Free | 54.22 | 3/17/2000 | Karly Brooks - Sche-Ad |
| 80 | Men 11-12 100 Free | 51.50 | 3/17/2000 | Julio Vidal - Albs-Ad |
| 81 | Women 10&U 50 Breast | 34.66 | 3/20/1998 | Karly Brooks - Sche-Ad |
| 82 | Men 10&U 50 Breast | 35.04 | 3/20/1998 | Julio Vidal - Albs-Ad |
| 83 | Women 11-12 100 Back | 1:00.71 | 3/17/2018 | Jenna Hart - Sche -ad |
| 84 | Men 11-12 100 Back | 59.08 | 3/18/2017 | Sam Brown - Bfin -ad |
| 85 | Women 10&U 200 IM | 2:26.12 | 3/20/1998 | Kailey Morris - Un-Ad |
| 86 | Men 10&U 200 IM | 2:25.19 | 3/19/2010 | Seamus Trzewik-Quinn - Hawk-Ad |
| 87 | Women 11-12 100 IM | 1:00.87 | 3/17/2000 | Karly Brooks - Sche-Ad |
| 88 | Men 11-12 100 IM | 58.22 | 3/17/2000 | Julio Vidal - Albs-Ad |
| 89 | Women 10&U 200 Medley Relay | 2:10.85 | 3/10/1995 | Schenectady Swim Club - Sche-Ad Justice, SantaMaria, Korman, Johnson |
| 90 | Men 10&U 200 Medley Relay | 2:16.58 | 3/17/2018 | Schenectady-Saratoga Swim Club - Sche- AD J Gregory, A Sanchez, Q Nelson, K Baird |
| 91 | Women 11-12 200 Medley Relay | 1:56.77 | 3/20/2010 | Albany Starfish Swim Club - Albs- AD J Samson, J Lucius, S Schwarz, K Gao |
| 92 | Men 11-12 200 Medley Relay | 1:56.05 | 3/17/2000 | Schenectady Swim Club - Sche-Ad |
| 93 | Women 13-14 50 Free | 23.62 | 3/20/1989 | Richelle Depold - Colo-Ad |
| 94 | Men 13-14 50 Free | 22.16 | 3/17/2006 | Jacob C Johnson - Sche -ad |
| 95 | Women Senior 50 Free | 23.33 | 3/16/2001 | Laura Hotaling - Bfin-Ad |
| 96 | Men Senior 50 Free | 20.44 | 3/10/2019 | Leo Kuyl - Hawk-Ad |
| 97 | Women 13-14 200 Back | 2:01.65 | 3/16/2002 | Karly Brooks - Sche-Ad |
| 98 | Men 13-14 200 Back | 1:53.91 | 3/13/2022 | Quinn Nelson - Sche -ad |
| 99 | Women Senior 200 Back | 1:57.14 | 3/16/2025 | Gretchen Braun - Nts -ad |
| 100 | Men Senior 200 Back | 1:46.27 | 3/16/2025 | Sam Brown - Delm -ad |
| 101 | Women 13-14 200 IM | 2:08.98 | 3/18/2012 | Julia Samson - Albs -ad |
| 102 | Men 13-14 200 IM | 1:57.11 | 3/16/2007 | Shayne P Buckley - Sche -ad |
| 103 | Women Senior 200 IM | 2:02.40 | 3/16/2025 | Gretchen Braun - Nts -ad |
| 104 | Men Senior 200 IM | 1:51.53 | 3/16/2025 | Anderson Baird - Sche -ad |
| 105 | Women 13-14 200 Fly | 2:08.98 | 3/10/2024 | Sarah Blaum - Sche-Ad |

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| 106 | Men 13-14 200 Fly | 1:54.04 | 3/17/2013 | Miles Smachlo - Albs -ad |
| 107 | Women Senior 200 Fly | 2:02.00 | 3/17/2013 | Amy Bopp - Sche -ad |
| 108 | Men Senior 200 Fly | 1:47.92 | 3/15/2015 | Miles Smachlo - Albs-Ad |
| 109 | Women 13-14 200 Free Relay | 1:40.03 | 3/10/2024 | Schenectady-Saratoga Swim Club - Sche-Ad S Blaum, I Basile, O Streeter, M Stark |
| 110 | Men 13-14 200 Free Relay | 1:32.45 | 3/17/2013 | Albany Starfish Swim Club - Albs -ad F Miao, W Matz, M Smachlo, L Gordon |
| 111 | Women Senior 200 Free Relay | 1:37.10 | 3/18/2018 | Schenectady-Saratoga Swim Club - Sche- AD O Jack, N Murphy, Y Dong, M Conway |
| 112 | Men Senior 200 Free Relay | 1:24.72 | 3/19/2017 | Adirondack Bluefins Swim Club - Bfin- AD L Picozzi, T Maggs, R Board, E McNair |
| 113 | Women 11-12 200 Breast | 2:29.71 | 3/15/2015 | Alison Sposili - Albs-Ad |
| 114 | Men 11-12 200 Breast | 2:23.80 | 3/10/2024 | William Keating - Delm-Ad |
| 115 | Women 10&U 100 IM | 1:08.87 | 3/20/1998 | Karly Brooks - Sche-Ad |
| 116 | Men 10&U 100 IM | 1:06.70 | 3/20/1998 | Julio Vidal - Albs-Ad |
| 117 | Women 11-12 50 Back | 27.92 | 3/17/2000 | Karly Brooks - Sche-Ad |
| 118 | Men 11-12 50 Back | 27.08 | 3/17/2000 | Julio Vidal - Albs-Ad |
| 119 | Women 10&U 50 Fly | 29.57 | 3/20/1998 | Kailey Morris - Un-Ad |
| 120 | Men 10&U 50 Fly | 30.52 | 3/18/2018 | Isak Brkanovic - Delm -ad |
| 121 | Women 11-12 200 IM | 2:10.66 | 3/17/2000 | Karly Brooks - Sche-Ad |
| 122 | Men 11-12 200 IM | 2:08.01 | 3/17/2000 | Julio Vidal - Albs-Ad |
| 123 | Women 10&U 100 Back | 1:08.36 | 3/20/1996 | Lindsey McKenna - Hac-Ad |
| 124 | Men 10&U 100 Back | 1:05.18 | 3/19/2010 | Seamus Trzewik-Quinn - Hawk-Ad |
| 125 | Women 11-12 100 Fly | 59.79 | 3/17/2000 | KaileyB Morris - Albs-Ad |
| 126 | Men 11-12 100 Fly | 57.80 | 3/19/2017 | Sam Brown - Bfin -ad |
| 127 | Women 10&U 200 Free Relay | 1:58.73 | 3/20/1998 | Schenectady Swim Club - Sche-Ad |
| 128 | Men 10&U 200 Free Relay | 2:03.52 | 3/20/1994 | Schenectady Swim Club - Sche- AD |
| 129 | Women 11-12 200 Free Relay | 1:45.31 | 3/15/2015 | Clifton Park-Halfmoon Piranhas - Cpp-A D N Sheffer, C Pepper, S Cooper, E Hoffman |
| 130 | Men 11-12 200 Free Relay | 1:45.63 | 3/19/2017 | Albany Starfish Swim Club - Albs- AD J Richardson, B Henkel, J Giannetti, M Kaback |
| 200 | Women 11-12 50 Back | 27.92 | 3/17/2000 | Karly Brooks - Sche-Ad |