

# SCHENECTADY-SARATOGA SWIM CLUB

## TRICK OR TREAT MEET

### SUNDAY, OCTOBER 24, 2010

### RPI ROBISON POOL

**Sanction:** Held under the sanction of USA Swimming Inc. and Adirondack Swimming Inc. Sanction # AD11-006  
Carolyn Manor, General Chairman

**Host:** Schenectady-Saratoga Swim Club

**Place:** RPI Robison Pool, Troy, NY  
Short Course 25 Yard Pool, 8 lanes  
Colorado Automatic Timing and Beeper System  
**RPI Pool Depths - Start End 1 meter-4'0", 5 meters-4'10" ... Turn End 1 meter-6'10", 5 meters-6'7"**

**Time:**

	<u>Positive check-in deadline</u>	<u>Warm-up Start</u>	<u>Meet Start</u>
Morning Session	7:00 AM	7:00 AM	8:00 AM
Mid-Session (500's)	12:00 PM	12:00 PM	12:30 PM
Afternoon Session	1:45 PM	1:45 PM	2:30 PM

**Meet Directors:** Carolyn Manor [manor1017@aol.com](mailto:manor1017@aol.com) and Vic Romanov [vicromanov@schenectadyswimclub.org](mailto:vicromanov@schenectadyswimclub.org)

**Meet Marshal:** Carolyn Manor

**Meet Referee:** JoAnn Faucett 518-399-0494

**Meet Entry Coordinator:** Patty Rowledge 518-374-7854 [prowledg@nycap.rr.com](mailto:prowledg@nycap.rr.com)

#### Entry Rules:

The eligibility of a swimmer will be determined by his or her age on October 24, 2010. A swimmer may enter FOUR events per day plus One relay. Rules from the current USA Swimming Technical Rules will be in effect. Entries must be submitted via email using Hy-Tek software and **must be received by October 13, 2010, by 5:00PM to Patty Rowledge at [prowledg@nycap.rr.com](mailto:prowledg@nycap.rr.com)**. The deadline for AD LSC teams for priority placement is October 6, 2010. Please be certain you receive a reply to your email with entries ... follow up if you do NOT receive a reply. In the event the meet is oversubscribed, the meet director and meet referee will work together to determine the solution, in the best interest of the swimmers.

#### Deck Entries:

Adirondack Swimming has agreed to allow Deck Entries at AD Meets under the following conditions;

1. Deck Entries are NOT Allowed during Championship Meets
2. Athlete must be USA-S Registered and show USA-S ID Card (those already in meet have been confirmed as registered).  
**If athlete cannot prove USA-S Registration, Adirondack accepts Deck Registration, in meets allowing Deck Entries, to UN-AD (unattached, Adirondack) ONLY, at a fee of \$100.**  
**DECK REGISTRATIONS WILL NOT BE MADE WITH ANY TEAM ASSOCIATION, PLEASE DO NOT ASK.**
3. Coach makes the request for the entry.
4. All Deck Entries will be allowed at the discretion of a combined decision of the Meet Director and the Meet Referee.
5. There is a \$1 per entry surcharge for manual entries (individual or relay).

#### USA Swimming Registration:

All swimmers must be currently registered with USA Swimming, Inc. Registrations may be obtained from your club registrar. ALL Swimmers MUST be Registered, for the date(s) encompassing the meet, with the AD Registrar by the Meet Entry Deadline. All Adirondack Meets are reconciled for current USA Swimming Registration. Unregistered swimmers will be removed from the meet and a \$25.00 Fine Imposed. ([Click Here for More Information](#)) Unattached athletes may obtain forms and instructions from the Adirondack Swimming Web Site [www.adirondackswimming.org](http://www.adirondackswimming.org) Direct registration questions to the Adirondack Registrar, Kathleen Furman, 518-384-0223 or [kfurman@adirondackswimming.org](mailto:kfurman@adirondackswimming.org)

NOTE: ALL ATHLETES ATTENDING ANY SANCTIONED MEET, MUST BE UNDER THE DIRECT SUPERVISION OF A CURRENTLY REGISTERED AND CERTIFIED, USA SWIMMING COACH. IF YOU ARE AN UNATTACHED ATHLETE, OR YOUR COACH WILL NOT BE ATTENDING THE MEET, YOU AND/OR YOUR COACH, MUST CONTACT THE MEET DIRECTOR OR AN ATTENDING COACH, IN ADVANCE, TO MAKE ARRANGEMENTS FOR AN ATTENDING COACH TO ASSUME RESPONSIBILITY FOR YOU.

**This is a USA Swimming Rule, there are no exceptions.**

Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

#### Swimming Events:

##### **THIS IS A POSITIVE CHECK-IN MEET.**

All events will be swum as timed finals. All swimmers must be checked in by the start of warm-ups for each session. 500's will be swum fastest heat of 12&under girls...fastest heat of 12&under boys...then alternating 12&under girls' and boys' heats, and the last heat may be combined. Then the fastest heat of Senior Girls...fastest heat of Senior Boys...then alternating senior girls' and boys' heats, and the last heat may be combined.

**We will be using Flyover Starts for this meet. Please inform your swimmers prior to the meet.**

**Scratches:**

All swimmers who do not positive check-in by the deadline will be scratched.

**Warm-Ups:**

Because of the large number of injuries occurring across the country during warm-ups, USA Swimming allows no diving into the pool during the warm-up period except in the designated sprint lanes. We ask that you inform your swimmers of this rule and ask them to fully cooperate with the club officials and marshals in charge of the area. Note: A specific warm-up schedule will be posted to the Adirondack Swimming website ([www.adirondackswimming.org](http://www.adirondackswimming.org) click the "Meets" tab for schedule)

**Bull Pen:**

Swimmer who are 8 and under are expected to line up in the bull pen area for the 25 yard events only.

**Timers:**

Clubs will be required to provide timers for the meet based upon their number of entries. Lane assignments will be posted to the Adirondack Swimming website ( [www.adirondackswimming.org](http://www.adirondackswimming.org) ) and in the meet program. Swimmers in the 500 free must provide their own timers and lap counters.

**Meet Policy:**

Parents and coaches should see that swimmers behave in an orderly manner and dispose of and clean their area of any and all trash. Anyone found in an unauthorized area or damaging any facility property will be asked to immediately leave the premises. No exceptions. Each team is responsible for supervising its members.

**No one will be allowed on the deck except USA-S Registered Officials, USA-S Registered Coaches with Current Certifications, USA-S Registered Swimmers and Meet Marshals and Timers on Shift. All Officials and Coaches are Required to display USA Swimming Credentials (USA Swimming Membership Card) while on deck.**

**If, at and AD Sanctioned Meet, an individual is found on deck, acting in any coaching capacity and is determined to be out of compliance with USA Swimming requirements for coaches, that individual will be removed from the deck and the represented club will be fined \$250.**

***No parents (except timers and meet marshals ON SHIFT) are allowed on deck.***

**Disabled Athletes:**

Adirondack Swimming welcomes athletes with disabilities. Athletes with disabilities are required to contact the Meet Director at least 2 weeks in advance of the meet so that provisions can be made for any special accommodations.

**Services:**

Food will be on sale throughout the meet. No food or drink is to be consumed in the pool area. A meet program will be available which will cover all sessions, and heat sheets will be available with the purchase of a program. A swimming equipment vendor will be selling equipment during the meet. Smoking is NOT permitted in the building. Parents, coaches and swimmers are not to bring glass containers of any kind into the pool area.

**DO NOT pack any glass containers when going to any pool.**

**Awards:**

Individual events ribbons will be awarded for 1<sup>st</sup> - 8<sup>th</sup> place.

Relay events ribbons will be awarded to the 1<sup>st</sup> - 3<sup>rd</sup> place teams.

**Entry Fees:**

An entry summary sheet is included to compute your team entry fees. The entry fees are \$3.75 per individual event (this includes the \$.50 travel fund surcharge), and \$6.00 per relay (including the \$1.00 travel fund surcharge). There is also a \$1 per swimmer surcharge.

*All Adirondack Meet Entries are required to be submitted using Hy-Tek Team Manager or Meet Manager Software.*

Entries must be emailed to **Patty Rowledge** at [prowledg@nycap.rr.com](mailto:prowledg@nycap.rr.com).

**NO ENTRIES WILL BE ACCEPTED WITHOUT THE REQUIRED FEES.**

Mail your hard copies and entry check, payable to "Schenectady-Saratoga Swim Club", to;  
Patty Rowledge  
21 Haviland Drive  
Scotia, NY 12302 518-374-7854

**Officials:**

There will be a mandatory Officials Meeting 30 minutes before each session.  
New officials are welcome to shadow this meet. Please sign in before the meeting.

# Schenectady-Saratoga Swim Club

## Trick or Treat Meet

### Sunday October 24, 2010

### RPI Robison Pool

**Morning Session: 7:00 Warm-up ... 8:00 Start**  
**\*\*\*Positive Check-In By 7:00am\*\*\***

Girls Event Numbers	Events	Boys Event Numbers
1	9-10 50 Freestyle	2
3	11-12 50 Freestyle	4
5	9-10 100 IM	6
7	11-12 100 IM	8
9	9-10 50 Backstroke	10
11	11-12 50 Backstroke	12
13	9-10 50 Butterfly	14
15	11-12 50 Butterfly	16
17	11-12 200 Freestyle	18
19	9-10 50 Breaststroke	20
21	11-12 50 Breaststroke	22
23	9-10 100 Freestyle	24
25	11-12 100 Freestyle	26
27	9-10 200 Freestyle Relay	28
29	11-12 200 Freestyle Relay	30

**Mid-afternoon Session: 12:00 Warm-up ... 12:30 Start**  
**\*\*\*Positive Check-In By 12:00pm\*\*\***

***500's Session will be limited to 1 hour 10 minutes***

Girls Event Numbers	Events	Boys Event Numbers
31	12-Under 500 Freestyle	32
33	Senior 500 Freestyle	34

**Afternoon Session: 1:45 Warm-up ... 2:30 Start**  
**\*\*\*Positive Check-In By 1:45pm\*\*\***

Girls Event Numbers	Events	Boys Event Numbers
35	Senior 50 Freestyle	36
37	8 & Under 25 Freestyle	38
39	Senior 200 IM	40
41	8 & Under 25 Butterfly	42
43	Senior 100 Butterfly	44
45	8 & Under 50 Freestyle	46
47	Senior 200 Freestyle	48
49	8 & Under 25 Breaststroke	50
51	Senior 100 Breaststroke	52
53	8 & Under 25 Backstroke	54
55	Senior 100 Backstroke	56
57	8 & Under 100 IM	58
59	Senior 100 Freestyle	60
61	8 & Under 100 Freestyle Relay	62

\$3.75 per individual event, \$6.00 per relay + \$1.00 per swimmer surcharge  
 \$1.00 Surcharge Per Entry for All Manual Entries  
 Swimmers May Swim a Maximum of 4 Individual Events plus 1 Relay

# SCHENECTADY-SARATOGA SWIM CLUB

## ENTRY FEE CALCULATION SHEET

Trick or Treat Meet, October 24, 2010

TEAM NAME \_\_\_\_\_

CONTACT PERSON \_\_\_\_\_

PHONE NUMBER \_\_\_\_\_

E-Mail ADDRESS \_\_\_\_\_

Number of Individual Entries \_\_\_\_\_ X \$3.75 = \$ \_\_\_\_\_

Number of Swimmers \_\_\_\_\_ X \$1.00 = \$ \_\_\_\_\_

Number of Relays \_\_\_\_\_ X \$6.00 = \$ \_\_\_\_\_

Total Entry Fee Due ..... \$ \_\_\_\_\_

Total Amount Due and Enclosed .....\$ \_\_\_\_\_

*Make Checks Payable to "SCHENECTADY-SARATOGA SWIM CLUB"*

This form Must be returned with Check and Hard Copies of Entries

Entries Must be Emailed to [prowledg@nycap.rr.com](mailto:prowledg@nycap.rr.com)

**Entries will be posted to the meet program  
upon RECEIPT OF CHECK ONLY**

**Schenectady-Saratoga Swim Club assumes no responsibility  
for meet close-out due to late entries**

**ENTRY DEADLINE  
WEDNESDAY, OCTOBER 13, 2010  
By 5:00PM**

Mail Reports and Check to: \* Patty Rowledge, 21 Haviland Drive, Scotia NY 12302

*\*This form and your team check must be received to have entries added to the meet.*