

2010 Pilgrims Pride Swim Meet

Saturday, November 13, 2010

Sanction: Held under the sanction of USA Swimming, Inc. and Adirondack Swimming Inc., Sanction AD11-011
Carolyn Manor, General Chairman

Host: Adirondack Bluefins

Place: RPI Robison Pool, Troy, NY
Short Course 25 Yard Pool, 8 lanes, Colorado Automatic Timing and Beeper System

Pool Depths: Start End 1 meter-4'0", 5 meters-4'10" .. Turn End 1 meter-6'10", 5 meters-6'7"

| Time: | Warm-ups (Boys-Girls Combined) | Meet Start | |
|--------------|---------------------------------------|-------------------|---------|
| | Session 1 – Saturday AM | 7:00 AM | 8:00 am |
| | Session 2 – Saturday PM | 12:30 PM | 1:30 pm |

Meet Director: **Margaret Schmidt, dale@mhccable.com, 518-945-2689**

Meet Marshall: **Kristin Renchkovsky**

Meet Referee: **JoAnn Faucett**

Entry Rules:

Swimmers may enter up to four (4) individual events plus 1 relay

The eligibility of a swimmer will be determined by his or her age on **November 13, 2010**.

Rules from the current USA Swimming Technical Rules will be in effect.

Entries must be submitted electronically, using Hy-Tek or compatible Software.

Team entries must be received by **November 6, 2010**. Entries per session will be limited by the 4-hour session rule.

In the event the meet is oversubscribed, the meet director and meet referee will work together to determine a solution in the best interest of the swimmers.

E-mail entries to dale@mhccable.com

Entries can also be sent on CD or floppy disk and mailed to:

Margaret Schmidt, 70 Schoharie Turnpike, Athens, NY 12015

All entries will be confirmed by email to the team contact and/or the person emailing the entries.

Please contact Margaret Schmidt if you do not receive confirmation by November 7, 2010.

USA Swimming Registration:

All swimmers must be currently registered with USA Swimming, Inc. Registrations may be obtained from your club registrar.

ALL Swimmers MUST be Registered, for the date(s) encompassing the meet, with the AD Registrar by the Meet Entry Deadline.

All Adirondack Meets are reconciled for current USA Swimming Registration.

Unregistered swimmers will be removed from the meet and a \$25.00 Fine Imposed. ([Click Here for More Information](#))

Unattached athletes may obtain forms and instructions from the Adirondack Swimming Web Site www.adirondackswimming.org

Direct registration questions to the Adirondack Registrar, Kathleen Furman, 518-384-0223 or kfurman@adirondackswimming.org

NOTE: ALL ATHLETES ATTENDING ANY SANCTIONED MEET, MUST BE UNDER THE DIRECT SUPERVISION OF A CURRENTLY REGISTERED AND CERTIFIED, USA SWIMMING COACH. IF YOU ARE AN UNATTACHED ATHLETE, OR YOUR COACH WILL NOT BE ATTENDING THE MEET, YOU AND/OR YOUR COACH, MUST CONTACT THE MEET DIRECTOR OR AN ATTENDING COACH, IN ADVANCE, TO MAKE ARRANGEMENTS FOR AN ATTENDING COACH TO ASSUME RESPONSIBILITY FOR YOU.

This is a USA Swimming Rule, there are no exceptions.

Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Swimming Events:

The entire meet will be pre-seeded. All events will be swum as timed finals. There will be no event seed cards. All age groups need to obtain their heat and lane assignments from the heat sheets posted throughout the pool area.

Warm-Ups:

Because of the large number of injuries occurring across the country during warm-ups, USA Swimming allows no diving into the pool during the warm-up period except in the designated sprint lanes. We ask that you inform your swimmers of this rule and ask them to fully cooperate with the club officials and marshals in charge of the area.

Deck Entries:

Adirondack Swimming has agreed to allow Deck Entries at AD Meets under the following conditions;

1. Deck Entries are NOT Allowed during Championship Meets

2. Athlete must be USA-S Registered and show USA-S ID Card (those already in meet have been confirmed as registered).

If athlete cannot prove USA-S Registration, Adirondack accepts Deck Registration, in meets allowing Deck Entries, to UN-AD (unattached, Adirondack) ONLY at a fee of \$100.

DECK REGISTRATIONS WILL NOT BE MADE WITH ANY TEAM ASSOCIATION, PLEASE DO NOT ASK.

3. Coach makes the request for the entry.

4. All Deck Entries will be allowed at the discretion of a combined decision of the Meet Director and the Meet Referee.

5. There is a \$1.00 Surcharge (in addition to the regular entry fee) for each Deck Entry, individual or relay.

Timers:

Clubs will be required to provide timers based upon their number of entries.

Meet Policy:

Any swimmer found in an unauthorized area will be asked to immediately leave the premises. No exceptions. Each team is responsible for supervising its members. Due to the size and nature of the facility in which the meet is held, it is particularly important that coaches and parents closely monitor the conduct of swimmers at all times. Swimmers should bring books, playing cards, games, etc. for quiet amusement in the bullpen area.

No one will be allowed on the deck except USA-S Registered Officials, USA-S Registered Coaches with Current Certifications, USA-S Registered Swimmers and Meet Marshalls and Timers on Shift. All Officials and Coaches are Required to display USA Swimming Credentials (USA Swimming Membership Card) while on deck.

If, at and AD Sanctioned Meet, an individual is found on deck, acting in any coaching capacity and is determined to be out of compliance with USA Swimming requirements for coaches, that individual will be removed from the deck and the represented club will be fined \$250.

Services:

There will be a large selection of food items available for all sessions.

Disabled Athletes:

Adirondack Swimming welcomes athletes with disabilities. Athletes with disabilities are required to contact the Meet Director at least 2 weeks in advance of the meet so that provisions can be made for any special accommodations.

Entry Fees:

An entry summary sheet is also included to compute your team entry fees. The entry fees are \$3.50 per individual event (these include the \$.50 travel fund surcharge), and \$6.00 per relay (including the \$1.00 travel fund surcharge). There is also a \$1 per swimmer surcharge.

All Manual and Deck Entries, Individual or Relay, are subject to a \$1.00 Surcharge per entry.

Make your entry check payable to **Adirondack Bluefins** and mail your check and floppy diskette to;

**Margaret Schmidt
70 Schoharie Turnpike
Athens, NY 12015
518-945-2689**

To save mailing costs and avoid damage, Entries may be emailed and will be entered to the meet upon receipt of your check

Awards:

For individual events Ribbons will be awarded for 1st – 8th place. For relays, ribbons will be awarded to the 1st - 3rd place teams. Heat ribbons will be awarded for all 8 & Under, 9-10 & 11-12 Age Groups.

Officials:

There will be an official's meeting conducted promptly 45 minutes before each session. Attendance is MANDATORY to work the meet. Please sign up in official's room before the start of officials meeting.

If you have any questions please contact Margaret Schmidt by email, dale@mhccable.com

2010 Pilgrims Pride Swim Meet

Saturday, November 13, 2010

Robison Pool at RPI, Troy, NY

Morning Session

WARM-UPS 7:00 AM ... SESSION BEGINS 8:00AM

| GIRLS EVENTS | AGE GROUP | EVENT DESCRIPTION | BOYS EVENTS |
|--------------|-----------|---------------------|-------------|
| 1 | Open | 200 IM | 2 |
| 3 | 8 & U | 100 IM | 4 |
| 5 | Open | 100 Freestyle | 6 |
| 7 | 8&U | 50 Freestyle | 8 |
| 9 | Open | 100 Backstroke | 10 |
| 11 | 8&U | 25 Backstroke | 12 |
| 13 | Open | 200 Breaststroke | 14 |
| 15 | 8&U | 50 Breaststroke | 16 |
| 17 | Open | 50 Freestyle | 18 |
| 19 | 8&U | 25 Freestyle | 20 |
| 21 | Open | 100 Butterfly | 22 |
| 23 | 8&U | 25 Butterfly | 24 |
| 25 | Open | 200 Backstroke | 26 |
| 27 | 8&U | 50 Backstroke | 28 |
| 29 | Open | 100 Breaststroke | 30 |
| 31 | 8&U | 25 Breaststroke | 32 |
| 33 | Open | 200 Freestyle Relay | 34 |
| 35 | 8&U | 100 Freestyle Relay | 36 |

Afternoon Session

WARM-UPS 12:30 PM ... SESSION BEGINS 1:30 PM

| GIRLS EVENTS | AGE GROUP | EVENT DESCRIPTION | BOYS EVENTS |
|--------------|-----------|-----------------------|-------------|
| 37 | 11-12 | 100 Individual Medley | 38 |
| 39 | 9-10 | 100 Individual Medley | 40 |
| 41 | 11-12 | 50 Freestyle | 42 |
| 43 | 9-10 | 50 Freestyle | 44 |
| 45 | 11-12 | 100 Backstroke | 46 |
| 47 | 9-10 | 100 Backstroke | 48 |
| 49 | 11-12 | 50 Breaststroke | 50 |
| 51 | 9-10 | 50 Breaststroke | 52 |
| 53 | 11-12 | 50 Butterfly | 54 |
| 55 | 9-10 | 50 Butterfly | 56 |
| 57 | 11-12 | 50 Backstroke | 58 |
| 59 | 9-10 | 50 Backstroke | 60 |
| 61 | 11-12 | 100 Breaststroke | 62 |
| 63 | 9-10 | 100 Breaststroke | 64 |
| 65 | 11-12 | 100 Freestyle | 66 |
| 67 | 9-10 | 100 Freestyle | 68 |
| 69 | 11-12 | 200 Free Relay | 70 |
| 71 | 9-10 | 200 Free Relay | 72 |

Each Swimmer May Swim A Maximum of 4 Events Per Day Plus 1 Relay

\$3.50 Per Event Per Athlete for ALL Athletes

\$1.00 Per Athlete Surcharge

\$6.00 Per Each Relay

\$1.00 Surcharge Per Entry for ALL Manual or Deck Entries, Individual or Relay

Adirondack Bluefins

ENTRY FEE CALCULATION SHEET

2010 Pilgrims Pride Swim Meet, Robison Pool at RPI, Troy, NY, November 13, 2010

TEAM NAME _____

CONTACT PERSON _____

PHONE NUMBER _____

E-Mail ADDRESS _____

| | | | |
|------------------------------------|-------|------------|----------|
| Number of Girls Individual Entries | _____ | X \$3.50 = | \$ _____ |
| Number of Girl Swimmers | _____ | X \$1.00 = | \$ _____ |
| Number of Girls Relays | _____ | X \$6.00 = | \$ _____ |
| Number of Boys Individual Entries | _____ | X \$3.50 = | \$ _____ |
| Number of Boy Swimmers | _____ | X \$1.00 = | \$ _____ |
| Number of Boys Relays | _____ | X \$6.00 = | \$ _____ |
| Number of Manual Entries | _____ | X \$1.00 = | \$ _____ |

Total Amount Due and Enclosed \$ _____

MAKE CHECKS PAYABLE TO "Adirondack Bluefins"

This form must be returned with Check

Also include entry disk if unable to email entry file

**Entries will be posted to the meet program
upon RECEIPT OF CHECK ONLY.**

**"Adirondack Bluefins" assumes no responsibility for meet
close-out due to late entries.**

ENTRY DEADLINE.. "November 6, 2010"

Mail Entries and Check to:

Margaret Schmidt

70 Schoharie Turnpike

Athens, NY 12015

518-945-2689

****Entries may be sent E-mail to: dale@mhcable.com***

**This form and Your Team Check Must be received to have entries added to the meet.*