Saratoga 12&Under Mini-Meet December 18, 2010 at Skidmore College

Sanction: Held under the sanction of USA Swimming, Inc. and Adirondack Swimming Inc., Sanction # AD11-013

Carolyn Manor, General Chairman

Host: Schenectady-Saratoga Swim Club

Place: Skidmore College, Sports and Recreation Center, Saratoga Springs, NY

Short Course 25 Yard Pool, 6 lanes, continuous warm-up pool

Colorado Automatic Timing and Beeper System

Pool Depths: Pool Depths ... Start End at 1 meter=4'0", 5 meters=4'4" ... Turn End at 1 meter=10'0", 5 meters=9'0"

Time: Session 1 - 10&unders Warm Ups at 9:30 AM Meet Starts at 10:00 AM

Session 2 - 11-12s Warm Ups at 12:45PM Meet Starts at 1:15 PM

Specific warm-up instructions will be posted to the Adirondack Swimming website after all entries are received.

Meet Directors: Carolyn Manor manor1017@aol.com and Vic Romanov vicromanov@schenectadyswimclub.org

Meet Marshall: Vic Romanov

Meet Referee: JoAnn Faucett 518-399-0494

Meet Entry Coordinator: Patty Rowledge 518-374-7854 prowledg@nycap.rr.com

Entry Rules:

The eligibility of an athlete will be determined by his or her age on December 18, 2010.

Rules from the current USA Swimming Technical Rules will be in effect.

Entries must be prepared using Hy-Tek or compatible Software and submitted via email to Patty Rowledge at prowledg@nycap.rr.com.

Team entries must be received by Monday, December 6, 2010, 6:00PM.

Deadline for AD LSC teams for priority placement is Friday, December 3, 2010, 6:00PM.

All events will be timed finals for 8 & under, 9-10 and 11-12 age groups. Swimmers may enter and swim up to 5 individual events plus 1 relay.

One individual event should be identified in Hy-Tek Team Manager as a bonus event. The attempt will be to limit each session to as close to 2.5 hours as possible. In the event the meet is oversubscribed, the bonus event will be cut first. If the meet is still oversubscribed, the meet directors will work with the meet referee to determine a resolution in the best interest of the swimmers. The entry fees for any events that are cut will be refunded. If you have any questions or need any help please contact Patty Rowledge at 518-374-7854 prowledg@nycap.rr.com.

Teams will be notified if any cuts occur due to the oversubscription of the meet.

USA Swimming Registration:

All swimmers must be currently registered with USA Swimming, Inc. Registrations may be obtained from your club registrar.

ALL Adirondack swimmers MUST be registered with the AD Registrar by the meet entry deadline (December 6).

All Adirondack Meets are reconciled for current USA Swimming Registration.

Unregistered swimmers will be removed from the meet and a \$25.00 Fine Imposed. (Click Here for More Information)

Unattached athletes may obtain forms and instructions from the Adirondack Swimming Web Site www.adirondackswimming.org
Direct registration questions to the Adirondack Registrar, Kathleen Furman, 518-384-0223 or kfurman@adirondackswimming.org

NOTE: ALL ATHLETES ATTENDING ANY SANCTIONED MEET, MUST BE UNDER THE DIRECT SUPERVISION OF A CURRENTLY RESGISTERED AND CERTIFIED, USA SWIMMING COACH. IF YOU ARE AN UNATTACHED ATHLETE, OR YOUR COACH WILL NOT BE ATTENDING THE MEET, YOU AND/OR YOUR COACH, MUST CONTACT THE MEET DIRECTOR OR AN ATTENDING COACH, IN ADVANCE, TO MAKE ARRANGEMENTS FOR AN ATTENDING COACH TO ASSUME RESPONSIBILITY FOR YOU.

This is a USA Swimming Rule, there are no exceptions.

Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Swimming Events:

All events will be swum as timed finals. Fly over starts will be in use. The meet will be pre-seeded.

Deck Entries:

Adirondack Swimming has agreed to allow Deck Entries at AD Meets under the following conditions;

- 1. Deck Entries are NOT Allowed during Championship Meets
- 2. Athlete must be USA-S Registered and show USA-S ID Card (those already in meet have been confirmed as registered).

If athlete cannot prove USA-S Registration, Adirondack accepts Deck Registration, in meets allowing Deck Entries, to UN-AD (unattached, Adirondack) ONLY at a fee of \$100. DECK REGISTRATIONS WILL NOT BE MADE WITH ANY TEAM ASSOCIATION, PLEASE DO NOT ASK.

- 3. Coach makes the request for the entry.
- 4. All Deck Entries will be allowed at the discretion of a combined decision of the Meet Directors and the Meet Referee.
- 5. There is a \$1 per entry surcharge for manual entries (individual or relay).

Warm-Ups:

Because of the large number of injuries occurring across the country during warm-ups, USA Swimming allows no diving into the pool during the warm-up period except in the designated sprint lanes. We ask that you inform your swimmers of this rule and ask them to fully cooperate with the club officials and marshals in charge of the area.

Meet Policy:

Any swimmer found in an unauthorized area will be asked to immediately leave the premises. No exceptions. Each team is responsible for supervising its members. No one will be allowed on the deck except USA-S Registered Officials, USA-S Registered Coaches with Current Certifications, USA-S Registered Swimmers and Meet Marshalls and Timers on Shift. All Officials and Coaches are Required to display USA Swimming Credentials (USA Swimming Membership Card) while on deck. If, at and AD Sanctioned Meet, an individual is found on deck, acting in any coaching capacity and is determined to be out of compliance with USA Swimming requirements for coaches, that individual will be removed from the deck and the represented club will be fined \$250.

No parents (except timers and meet marshals ON SHIFT) are allowed on deck.

Bull Pen:

Swimmers who are 8 and under are expected to line up in the bull pen area for the 25 yard events only.

Timers:

Clubs will be required to provide timers based upon their number of entries. Lane assignments will be posted to the Adirondack Swimming website (www.adirondackswimming.org) and in the meet program.

Services:

Food will be on sale throughout the meet. A meet program will be available which will cover all sessions. A swimming equipment vendor will be selling equipment during the meet. Smoking is NOT permitted in the building. Parents, coaches and swimmers are not to bring glass containers of any kind into the pool area.

DO NOT pack any glass containers when going to any pool.

Disabled Athletes:

Adirondack Swimming welcomes athletes with disabilities. Athletes with disabilities are required to contact the Meet Directors at least 2 weeks in advance of the meet so that provisions can be made for any special accommodations.

Entry Fees:

An entry summary sheet is included to compute your team entry fees. The entry fees are \$3.50 individual event, (this includes the \$.50 travel fund surcharge), and \$6.00 per relay (including the \$1.00 travel fund surcharge). There is also a \$1 per swimmer surcharge. Any manual entries will be subject to a \$1 per entry surcharge.

Make your entry check payable to SCHENECTADY-SARATOGA SWIM CLUB

Mail your check and paperwork to; Patty Rowledge 21 Haviland Drive Scotia, NY 12302 518-374-7854

Entries will be entered to the meet upon receipt of your check

Awards/Scoring:

Ribbons will be awarded to the Top 6 in each individual event. Ribbons will be awarded to all Relays placing in the Top 3.

Officials:

There will be an official's meeting conducted promptly 30 minutes before each session. Attendance is MANDATORY to work the meet. Please sign up in official's room before the start of officials meeting.

If you have any questions please contact;

Patty Rowledge, prowledg@nycap.rr.com 518-374-7854

or

JoAnn Faucett, faucettjm@aol.com 518-399-0494

or

Jerry Adams, jerry@schenectadyswimclub.org 518-755-3271

Saratoga 12&Under MINI-MEET

Hosted by Schenectady-Saratoga Swim Club December 18, 2010 Skidmore College Pool

Session 1: 10 & Under WARM UPS 9:30 AM – MEET STARTS AT 10:00 AM

<u>GIRLS</u>	<u>EVENT</u>	<u>BOYS</u>
1	8-Under 50 Free	2
3	10-Under 100 Free	4
5	8-Under 25 Fly	6
7	9-10 50 Fly	8
9	8-Under 25 Back	10
11	9-10 50 Back	12
13	8-Under 25 Breast	14
15	9-10 50 Breast	16
17	8-Under 25 Free	18
19	9-10 50 Free	20
21	8-Under 100 IM	22
23	9-10 100 IM	24
25	10-UNDER 200 FREE RELAY	26

Session 2: 11 – 12 year olds WARM UPS 12:45 PM – MEET STARTS AT 1:15 PM

<u>GIRLS</u>	<u>EVENT</u>	<u>BOYS</u>
27	11-12 100 Free	28
29	11-12 50 Fly	30
31	11-12 50 Back	32
33	11-12 50 Breast	34
35	11-12 50 Free	36
37	11-12 100 IM	38
39	11-12 200 FREE RELAY	40

Swimmers May Enter and Swim 5 Individual Events Plus 1 Relay

\$3.50 PER INDIVIDUAL EVENT, \$6.00 PER RELAY EVENT \$1.00 SURCHARGE PER SWIMMER \$1.00 SURCHARGE FOR ALL MANUAL ENTRIES

Ribbons awarded for 1 through 6 place in individual events
Ribbons awarded for 1 through 3 place in relay events

Schenectady-Saratoga Swim Club ENTRY FEE CALCULATION SHEET

"Saratoga 12&Under MINI-MEET, December 18, 2010 at Skidmore College"

TEAM NAME:			
CONTACT PE	RSON:		
PHONE NUM	BER:		
E-Mail ADDRE	:SS:		
	Number of Individual Entries	X \$3.50 = \$	
	Number of Swimmers	X \$1.00 = \$	
	Number of Relays	X \$6.00 = \$	
	Number of Manual Entries	X \$1.00 = \$	
Total Entr	y Fee Due	\$	
Total Am	ount Due and Enclosed	\$	

MAKE CHECKS PAYABLE TO "Schenectady-Saratoga Swim Club" Patty Rowledge 21 Haviland Drive Scotia, NY 12302 518-374-7854

This form must be returned with Entry Report and Check

ENTRY DEADLINE... Monday, December 6, 2010 BY 6PM

Mail Entry Report, This Form and Check to:

*Entries must be sent E-mail to: prowledg@nycap.rr.com *Your team check must be received to have entries added to the meet.