

2011 STARFISH TROPHY INVITATIONAL

JANUARY 7th, 8th & 9th, 2011

Robison Pool, RPI ... Troy, NY

Sanction: Held under the sanction of USA Swimming, Inc. and Adirondack Swimming, Inc. Sanction #AD11-009
Carolyn Manor, General Chairman

Host: Albany Starfish Swim Club

Place: RPI Robison Pool, Rensselaer Polytechnic Institute, Troy, New York
During the sanctioning of this meet announcement, this pool has been certified in accordance with Article 104.2.2C (4)
Short Course, 25-yard, 8-lane pool with continuous warm-up/warm-down area
Colorado automatic timing system with beeper start and scoreboard readouts

RPI Pool Depths: Start End at 1 meter = 4'0", 5 meters = 4'10", Turn End at 1 meter = 6'10", 5 meters = 6'7"

Meet Director: Joe Sausto (jsausto@gmail.com)
Meet Referee: JoAnn Faucett
Meet Marshall: Tim McElrath
Entry Coordinator: Rosemary Lanzi (albanystarfish@hotmail.com)

Session	Age Groups	Warm-up Time	Meet Start Time	POSITIVE CHECK-IN
Session 1 – Fri PM	9-10, 11-12, 13-14, 15 & over	3:15 – 4:10 PM	4:15 PM	3:15 PM (400 IM)
Session 2 – Sat AM	8&U, 9-10, 11-12	7:00 – 7:55 AM	8:00 AM	
Session 3 – Sat Mid-Day	13-14, 15 & over	12:00 – 12:55 PM	1:00 PM**	
Session 4 – Sat PM	13-14, 15 & over	4:30 – 5:00 PM	5:00 PM***	4:15 PM (500 free)
Session 5 – Sun AM	8&U, 9-10, 11-12	7:00 – 7:55 AM	8:00 AM	
Session 6 – Sun Mid-Day	13-14, 15 & over	12:00 – 12:55 PM	1:00 PM**	
Session 7 – Sun PM	Open	4:30 – 5:00 PM	5:00 PM***	4:15 PM

Warm-up groupings will be posted to the Adirondack Meet Schedule by January 4, 2011 (www.adirondackswimming.org)

** Estimated Start Time – These Sessions will start 60 minutes after the conclusion of the AM session, but not before 1:00 PM

*** Estimated Start Time – These Sessions will start 30 minutes after the conclusion of the prior session, but not before the time shown above

Entry Rules:

Rules from the current USA Swimming Technical Rules will be in effect

The eligibility of a swimmer will be determined by his or her age on January 7, 2011

A swimmer may enter up to TWO individual events on Friday, and up to FOUR individual events and ONE relay per day on Saturday and Sunday

Entries must be submitted electronically, using the Hy-Tek TM Software or Team Unify

Entries must be received by **Thursday, December 23rd at 5:00 PM** to Rosemary Lanzi at: albanystarfish@hotmail.com

Deadline for AD LSC teams for priority placement is December 19, 2010

Please be certain you receive a reply to your email with entries... follow up if you do NOT receive a reply

Entries per session will be limited by the 4-hour session rule.

If the meet is oversubscribed, the meet director and meet referee will work to determine a solution with the least impact on the swimmers.

It is anticipated that this meet will fill up quickly and it is strongly recommended that you submit entries as soon as possible

Please check all entries carefully prior to submission. Entries with NT will not be accepted for those events that require qualifying times.

In the event any entries are returned, the respective team's coach will be notified by January 1, 2011 and entry fees will be refunded

The Starfish Swim Club reserves the right to enter all their swimmers

Swimming Events:

Note section for special provision for swimmers 19 years and older

This is a pre-seeded meet, except for long distance events. Positive check-in is required for 400 IM, 500's, 1000's and 1650's. All swimmers who do not positively check-in for these events (3:15 PM Friday, 4:15 PM Saturday & Sunday) will be scratched from their events. The check-in area will be clearly marked as you enter the pool lobby at RPI.

All events will be swum as timed finals. All age groups need to obtain their heat and lane assignments from the heat sheets that will be posted throughout the pool area

Where applicable, entry times must be faster than the listed cutoff times. For the 400 IM, 500's, 1000's and 1650's, boys and girls and age groups will be combined. For the 400IM's, 500's, 1000's and 1650's, the order will be the fastest heat of girls, the fastest heat of boys with the remaining swimmers combined. Entries with NT will not be accepted for those events that require qualifying times.

Note: Times for swimmers 19 years old and older are valid and will be entered into SWIMS. However, these swimmers will not score or be eligible for individual awards, high point awards and meet records. Please enter 19 & over swimmers as "Exhibition" in all of their events.

Deck Entries:

Adirondack Swimming has agreed to allow Deck Entries at AD Meets under the following conditions:

1. **Deck Entries are NOT Allowed during Championship Meets**

2. Athlete must be USA-S Registered and show USA-S ID Card (those already in meet have been confirmed as registered)

If athlete cannot prove USA-S Registration, Adirondack accepts Deck Registration, in meets allowing Deck Entries, to UN-AD (unattached, Adirondack) ONLY at a fee of \$102

DECK REGISTRATIONS WILL NOT BE MADE WITH ANY TEAM ASSOCIATION, PLEASE DO NOT ASK

3. Coach must make the request for the entry

4. All Deck Entries will be allowed at the discretion of a combined decision of the Meet Director and the Meet Referee

5. **ALL Deck Entries will be subject to a \$1.00 Surcharge per entry, Individual or Relay**

Entry Fees:

Entry fees are \$3.50 for each individual event (which includes \$0.50 travel fund surcharge), \$6.00 per relay (which includes a \$1.00 travel fund surcharge), and a \$1.00 per swimmer surcharge. All Manual or Deck Entries are subject to a \$1.00 Surcharge per entry, Individual or Relay. Make your entry check payable to AV Starfish Swim Club, Inc. and mail your check to:

Rosemary Lanzi, 2 McGibbon Avenue, Amsterdam, NY 12010, 518-225-1714

All entries must be emailed to: albanystarfish@hotmail.com

USA Swimming Registration:

All swimmers must be currently registered with USA Swimming, Inc. Registrations may be obtained from your club registrar.

ALL Swimmers MUST be Registered, for the date(s) encompassing the meet, with the AD Registrar by the Meet Entry Deadline.

All Adirondack Meets are reconciled for current USA Swimming Registration.

Unregistered swimmers will be removed from the meet and a \$25.00 Fine Imposed. ([Click Here for More Information](#))

Unattached athletes may obtain forms and instructions from the Adirondack Swimming Web Site www.adirondackswimming.org

Direct registration questions to the Adirondack Registrar, Kathleen Furman, 518-384-0223 or kfurman@adirondackswimming.org

NOTE: ALL ATHLETES ATTENDING ANY SANCTIONED MEET, MUST BE UNDER THE DIRECT SUPERVISION OF A CURRENTLY REGISTERED AND CERTIFIED, USA SWIMMING COACH. IF YOU ARE AN UNATTACHED ATHLETE, OR YOUR COACH WILL NOT BE ATTENDING THE MEET, YOU AND/OR YOUR COACH, MUST CONTACT THE MEET DIRECTOR OR AN ATTENDING COACH, IN ADVANCE, TO MAKE ARRANGEMENTS FOR AN ATTENDING COACH TO ASSUME RESPONSIBILITY FOR YOU.

This is a USA Swimming Rule, there are no exceptions.

Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Warm-ups:

Because of the large number of injuries occurring across the country during warm-ups, USA Swimming allows no diving into the pool during the warm-up period except in designated sprint lanes. We ask that you inform your swimmers of this rule and ask them to cooperate fully with club officials and meet marshals in charge of the area. A warm-up schedule will be posted to the Adirondack website by January 4, 2011 (www.adirondackswimming.org)

Timers:

Clubs will be required to provide timers based upon their number of entries. Lane assignments will be posted to the Adirondack Meet Schedule on or before January 4th, 2011 (www.adirondackswimming.org) and will be posted in the program and pool area

Swimmers are required to provide their own timers and counters for the 500's, 1000's and 1650's

Meet Policy:

Parents and coaches should see that swimmers behave in an orderly manner and dispose of and clean their area of any and all trash. Anyone found in an unauthorized area or damaging any facility property will be asked to immediately leave the premises. No exceptions. Each team is responsible for supervising its members

No one will be allowed on the deck except USA-S Registered Officials, USA-S Registered Coaches with Current Certifications, USA-S Registered Swimmers and Meet Marshals and Timers on Shift. All Officials and Coaches are Required to display USA Swimming Credentials (USA Swimming Membership Card) while on deck

If, at any AD Sanctioned Meet, an individual is found on deck, acting in any coaching capacity and is determined to be out of compliance with USA Swimming requirements for coaches, that individual will be removed from the deck and the represented club will be fined \$250

No parents (except timers and meet marshals ON SHIFT) are allowed on deck

Disabled Athletes:

Adirondack Swimming welcomes athletes with disabilities. Athletes with disabilities are required to contact the Meet Director at least 2 weeks in advance of the meet so that provisions can be made for any special accommodations

Awards:

Individual event ribbons will be awarded for 1st – 8th place

Relay event ribbons will be awarded to the 1st – 3rd place teams

Heat ribbons will be awarded for individual heat winners for 12 & under swimmers only

High Point awards will be given out for 1st, 2nd and 3rd places in each age group for both males and females, immediately following the last session for each age group. 8 & Unders will be scored on six events. All other age groups will be scored on best nine events. 1000 Free and 1650 free are not part of high point calculation. Coaches should be sure to pick up all their team's awards since Starfish will not be responsible for mailing.

Scoring:

This meet will be scored according to USA Swimming rules

Services:

A meet program and meet t-shirt will be available for sale. A wide selection of food will be available from the Starfish Cafe. In addition, there will be high quality, well-priced swim equipment and other items for sale from The Deep End. No food or drink is to be consumed in the pool area.

Please do not bring any glass containers into the facility

Officials Meeting:

There will be an officials meeting conducted 45 minutes before each session. Attendance is MANDATORY to work the meet. Please sign up in official's room before the start of the officials meeting. New officials are welcome to shadow this meet

Results:

Results for each individual session will be posted daily on the Starfish website: www.albanystarfish.org. After the meet, the full results and .cl2 file will be posted on the Adirondack Swimming website. Real Time Results will be used

If you have any questions, please contact: Joe Sausto at jsausto@gmail.com or (518) 265-2220

2011 STARFISH TROPHY INVITATIONAL
JANUARY 7th, 8th & 9th, 2011
RPI – Robison Pool

POSITIVE CHECK-IN FOR SOME FRI AND SAT PM EVENTS

Event #	Qualifying	ORDER OF EVENTS	Qualifying	Event #	Positive
<u>Girls</u>	<u>Time</u>		<u>Time</u>	<u>Boys</u>	<u>Check-In</u>
Session 1 - Friday PM ... Positive Check-in by 3:15PM (400 IM), Meet Starts 4:15PM					
1	5:38.00	13-14 400 Individual Medley	5:19.00	2	3:15 PM
3	5:33:00	15 & over 400 Individual Medley	5:07.00	4	3:15 PM
5	3:42.69	9-10 200 Individual Medley	3:40.89	6	
7	3:03.79	11-12 200 Individual Medley	3:03.09	8	
9		13-14 100 Breaststroke		10	
11		15 & over 100 Breaststroke		12	
13	3:20.19	9-10 200 Freestyle	3:09.89	14	
15	2:43.19	11-12 200 Freestyle	2:38.89	16	
17	2:36.09	13-14 200 Freestyle	2:26.09	18	
19	2:32.09	15 & over 200 Freestyle	2:20.09	20	
Session 2 - Saturday AM ... Meet Starts 8:00AM					
21		8&U 100 Individual Medley		22	
23		9-10 100 Individual Medley		24	
25		11-12 100 Individual Medley		26	
27		8&U 50 Backstroke		28	
29		9-10 50 Backstroke		30	
31		11-12 50 Backstroke		32	
33		8&U 50 Breaststroke		34	
35		9-10 50 Breaststroke		36	
37		11-12 50 Breaststroke		38	
39	1:57.49	9-10 100 Butterfly	1:55.19	40	
41	1:26.29	11-12 100 Butterfly	1:23.69	42	
43		10 & Under 100 Medley Relay		44	
45		11 – 12 200 Medley Relay		46	
Session 3 - Saturday Mid-Day ... Meet Starts 1:00PM					
47		13-14 50 Freestyle		48	
49		15 & over 50 Freestyle		50	
51		13-14 200 Breaststroke		52	
53		15 & over 200 Breaststroke		54	
55		13-14 200 Backstroke		56	
57		15 & over 200 Backstroke		58	
59		13-14 100 Butterfly		60	
61		15 & over 100 Butterfly		62	
63		13 & Over 200 Medley Relay		64	
Session 4 – Saturday PM ... Positive Check-in by 4:15PM, Meet Starts 5:00PM					
65	6:08.00	13-14 500 Freestyle	5:54.00	66	4:15 PM
67	6:05.00	15 & over 500 Freestyle	5:38.00	68	4:15 PM

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SUNDAY PM EVENTS ARE POSITIVE CHECK-IN

Event #	Qualifying	ORDER OF EVENTS	Qualifying	Event #	Positive
Girls	Time		Time	Boys	Check-In
Session 5 - Sunday AM ... Meet Starts 8:00AM					
69		8&U 50 Freestyle		70	
71		9-10 50 Freestyle		72	
73		11-12 50 Freestyle		74	
75	1:59.99	9-10 100 Breaststroke	1:55.69	76	
77	1:36.39	11-12 100 Breaststroke	1:35.09	78	
79		8&U 50 Butterfly		80	
81		9-10 50 Butterfly		82	
83		11-12 50 Butterfly		84	
85		8&U 100 Freestyle		86	
87		9-10 100 Freestyle		88	
89		11-12 100 Freestyle		90	
91	1:45.69	9-10 100 Backstroke	1:42.89	92	
93	1:27.99	11-12 100 Backstroke	1:25.79	94	
95		10 & Under 100 Freestyle Relay		96	
97		11 - 12 200 Freestyle Relay		98	
Session 6 - Sunday Mid-Day ... Meet Starts 1:00PM					
99		13-14 200 Butterfly		100	
101		15 & over 200 Butterfly		102	
103		13-14 100 Backstroke		104	
105		15 & over 100 Backstroke		106	
107		13-14 100 Freestyle		108	
109		15 & over 100 Freestyle		110	
111		13-14 200 Individual Medley		112	
113		15 & over 200 Individual Medley		114	
115		13 & Over 200 Freestyle Relay		116	
Session 7 - Sunday PM ... Positive Check-in by 4:15PM, Meet Starts 5:00PM					
117	12:00.00	Open 1000 Freestyle *	11:00.00	118	4:15 PM
119	20:00.00	Open 1650 Freestyle *	18:48.00	120	4:15 PM

Swimmers May Enter Up To 2 Individual Events on Friday
and up to 4 Individual Events and 1 Relay Per Day On Saturday and Sunday
 Individual Entries: \$3.50 per event + \$1.00 Surcharge Per Swimmer
 Relay Entries: \$6.00 Per Relay
 All Manual or Deck Entries (non-electronic),
 Subject to a \$1.00 Surcharge Per Entry, Individual or Relay

*** 1000 Free and 1650 Free Events Not Included in High Point Scores**

ALBANY STARFISH SWIM CLUB

ENTRY FEE CALCULATION SHEET

2011 Starfish Trophy Invitational,

Robison Pool, RPI, Troy, NY

January 7th, 8th & 9th, 2011

TEAM NAME: _____

CONTACT PERSON: _____

PHONE NUMBER: _____

E-Mail ADDRESS: _____

Number of Individual Entries _____ X \$3.50 = \$ _____

Number of Swimmers _____ X \$1.00 = \$ _____

Number of Relays _____ X \$6.00 = \$ _____

Number of Manual Entries _____ X \$1.00 = \$ _____

Total Entry Fee Due \$ _____

Total Amount Due and Enclosed \$ _____

MAKE CHECKS PAYABLE TO: AV Starfish Swim Club, Inc.

Entries will be posted to the meet program upon RECEIPT OF CHECK ONLY

Starfish Swim Club assumes no responsibility for meet closeout due to late entries

ENTRY DEADLINE - 5:00 pm / THURSDAY, Dec. 23rd, 2010

Deadline for AD LSC teams for priority placement is December 19th, 2010

This form **Must** be returned with Check and Hard Copies of Entries

Rosemary Lanzi, 2 McGibbon Avenue, Amsterdam, NY 12010

Entries should be sent electronically to: albanystarfish@hotmail.com

Your Team Check Must be received to have entries added to the meet