

# Kingston Last Chance Invitational

## Saturday, February 26, 2011

### Kingston High School

**Sanction:** Held under the sanction of USA Swimming, Inc. and Adirondack Swimming Inc., Sanction # AD11-005  
Carolyn Manor, General Chairman

**Host:** Kingston Swim Club

**Place:** Hurley Natatorium, Kingston High School, Kingston, NY  
Short Course 25 yard, 6 lane pool. Colorado Timing System will be in use

**Pool Depths:** From Start End - 1 Meter-12'0", 5 Meters - 11'0" ... From Turn End - 1 Meter - 3'6", 5 Meters - 4'3"

**Time:** SESSION 1, AGES 8 & Under and 9-10, 7:30 AM WARM-UP, 8:30 AM START  
SESSION 2, Open, 11:30 AM WARM-UP, 12:00 PM START (**POSITIVE CHECK-IN REQUIRED**)  
SESSION 3, AGES 11-12 and Open, 1:30 PM WARM-UP, 2:30 PM START

**Meet Director:** Michael Jordan 845-417-5234, mjordan4@hvc.rr.com

**Meet Marshall:** Robert Longendyke

**Meet Referee:** JoAnn Faucett

#### Entry Rules:

The eligibility of a swimmer will be determined by his or her age on February 26, 2011.

Rules from the current USA Swimming Technical Rules will be in effect.

Each Swimmer May Swim A Maximum of 5 Events Per Day Plus Relays.

Entries must be submitted electronically, using the Hy-Tek Meet Manager or Team Manager Software.

Entries may be submitted on a CD or Floppy Disk or via e-mail.

Team entries must be received by **February 16, 2011**.

Send team entries to:

Michael Jordan

e-mail: [MJORDAN4@HVC.RR.COM](mailto:MJORDAN4@HVC.RR.COM)

9 Niles Drive, Woodstock NY 12498,

845-417-5234

In the event the meet is oversubscribed, the meet director and the meet referee will work together to determine the solution in the best interest of the swimmers.

#### USA Swimming Registration:

All swimmers must be currently registered with USA Swimming, Inc. Registrations may be obtained from your club registrar.

ALL Adirondack Swimmers MUST be Registered with the AD Registrar by the Meet Entry Deadline.

All Adirondack Meets are reconciled for current USA Swimming Registration.

Unregistered swimmers will be removed from the meet a \$25.00 Fine Imposed. ([Click Here for More Information](#))

Unattached athletes may obtain forms and instructions from the Adirondack Swimming Web Site [www.adirondackswimming.org](http://www.adirondackswimming.org)

Direct registration questions to the Adirondack Registrar, Kathleen Furman, 518-384-0223 or [registrar@adirondackswimming.org](mailto:registrar@adirondackswimming.org)

NOTE: ALL ATHLETES ATTENDING ANY SANCTIONED MEET, MUST BE UNDER THE DIRECT SUPERVISION OF A CURRENTLY REGISTERED AND CERTIFIED, USA SWIMMING COACH. IF YOU ARE AN UNATTACHED ATHLETE, OR YOUR COACH WILL NOT BE ATTENDING THE MEET, YOU AND/OR YOUR COACH, MUST CONTACT THE MEET DIRECTOR OR AN ATTENDING COACH, IN ADVANCE, TO MAKE ARRANGEMENTS FOR AN ATTENDING COACH TO ASSUME RESPONSIBILITY FOR YOU.

This is a USA Swimming Rule, there are no exceptions.

Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

#### Swimming Events:

All events will be swum as timed final. Swimmers and coaches are responsible for knowing the events for which they are entered.

##### POSITIVE CHECK-IN:

- **Session 2 – By 11:15 AM - FOR ALL EVENTS (500 Freestyle, 200 Butterfly, 200 Backstroke, 200 Breaststroke and 400 IM)**
- **Session 3 – By 2:30 PM - FOR 1650 Freestyle**

#### Warm-Ups:

Because of the large number of injuries occurring across the country during warm-ups, Adirondack Swimming allows no diving into the pool during the warm-up period except in the designated sprint lanes. We ask that you inform your swimmers of this rule and ask them to fully cooperate with the club officials and marshals in charge of the area. Warm-up procedures will be posted to the web prior to the meet.

#### Timers:

Clubs will be required to provide timers based upon their number of entries. Team lane assignments will be posted to the web prior to the meet. **Swimmers have to provide their own timers for the 500 and 1650 freestyle events.**

## Deck Entries:

Adirondack Swimming has agreed to allow Deck Entries at AD Meets under the following conditions;

1. Deck Entries are NOT Allowed during Championship Meets
2. Athlete must be USA-S Registered and show USA-S ID Card (unless already in meet).  
**If athlete cannot prove USA-S Registration, Adirondack accepts Deck Registrations, when Deck Entries are allowed, to UN-AD (unattached, Adirondack) ONLY at a fee of \$102.  
DECK REGISTRATIONS WILL NOT BE MADE WITH ANY TEAM ASSOCIATION, PLEASE DO NOT ASK.**
3. Coach makes the request for the entry.
4. All Deck Entries will be allowed at the discretion of a combined decision of the Meet Director and the Meet Referee.
5. All Deck Entries will be subject to a \$1.00 per event surcharge

## Meet Policy:

Any swimmer found in an unauthorized area will be asked to immediately leave the premises. No exceptions. Each team is responsible for supervising its members. **No one will be allowed on the deck except USA-S Registered Officials, USA-S Registered Coaches with Current Certifications, USA-S Registered Swimmers and Meet Marshalls and Timers on Shift. All Officials and Coaches are Required to display USA Swimming Credentials (USA Swimming Membership Card) while on deck.**

**If, at and AD Sanctioned Meet, an individual is found on deck, acting in any coaching capacity and is determined to be out of compliance with USA Swimming requirements for coaches, that individual will be removed from the deck and the represented club will be fined \$250.**

## Services:

Food will be on sale throughout the meet. No food or drink will be allowed on deck. A swimming equipment vender will be selling equipment during the meet. This is a non smoking building. No glass containers are allowed in the pool area.

## Disabled Athletes:

Adirondack Swimming welcomes athletes with disabilities. Athletes with disabilities are required to contact the Meet Director at least 2 weeks in advance of the meet so that provisions can be made for any special accommodations.

## Entry Fees:

An entry summary sheet is also included to compute your team entry fees. The entry fees are \$3.50 per individual event (these include the \$.50 travel fund surcharge), \$6.00 per relay (including the \$1.00 travel fund surcharge) plus a \$1.00 per swimmer surcharge.

ALL MANUAL ENTRIES (not submitted via Hy-Tek) WILL HAVE A SURCHARGE OF \$1.00 PER ENTRY (Individual or Relay).

Make your entry check payable to Kingston Swim Club and mail your check and floppy diskette to;

Michael Jordan, 9 Niles Drive, Woodstock NY 12498, 845-417-5234 mjordan4@hvc.rr.com

\*\*\*To save mailing costs and avoid damage, Entries may be emailed and will be entered to the meet upon receipt of your check\*\*\*

## Awards:

For individual events medals will be awarded for 1st – 3rd places and ribbons for 4<sup>th</sup> -6<sup>th</sup> places.

Relay event ribbons will be awarded to the 1st - 3rd place teams.

Heat ribbons will be awarded for all individual events 12 & under

## Officials:

There will be an official's meeting conducted promptly 30 minutes before each session. Attendance is MANDATORY to work the meet. Please sign up in official's room before the start of officials meeting.

## Hotel Accommodations (Suggestion)

Holiday Inn, 503 Washington Avenue, Kingston NY 12401

845-338-0400

Group Code : SNO

<http://www.hikingston.com/>

## Directions:

Take the New York State Thruway to Exit 19, Kingston. Take the 3rd exit off the Rotary onto Col. Chandler Drive ( 587). Stay in the right lane and follow to the first light. Go straight through the light, (signs say South 32). The road bears left and merges onto Broadway (which is also 32 South). Follow Broadway for .8miles, to the Kingston High School. Take the first entrance of the horseshoe drive and drive past the front entrance of the school. The pool will be straight ahead. This is the swimmer drop off area. Park in the parking lot near the pool. If this is filled, you may need to park on Broadway or follow signs for additional parking.

**Kingston Last Chance Invitational  
February 26, 2011**

**MORNING - SESSION 1  
WARM-UPS 7:30 AM ... SESSION BEGINS 8:30 AM**

<b>Girl's Event Number</b>	<b>Event</b>	<b>Boy's Event Number</b>
1	10 & under 200 Freestyle	2
3	8 & under 50 Freestyle	4
5	9-10 50 Freestyle	6
7	10 & under 200 IM	8
9	8 & under 100 IM	10
11	9-10 100 IM	12
13	8 & under 50 Back	14
15	9-10 50 Back	16
17	10 & under 100 Back	18
19	8 & under 50 Butterfly	20
21	9-10 50 Butterfly	22
23	10 & under 100 Butterfly	24
25	8 & under 100 Freestyle	26
27	9-10 100 Freestyle	28
29	8 & under 50 Breaststroke	30
31	9-10 50 Breaststroke	32
33	10 & under 100 Breaststroke	34
35	10 & under 200 Freestyle Relay	36

**MID-DAY - SESSION 2  
WARM-UPS 11:30 AM ... SESSION BEGINS 12:00 PM  
\*\*\* POSITIVE CHECK-IN REQUIRED – BY 11:15 AM \*\*\***

<b>Girl's Event Number</b>	<b>Event</b>	<b>Boy's Event Number</b>
37	Open 500 Freestyle	38
39	Open 200 Butterfly	40
41	Open 200 Backstroke	42
43	Open 200 Breaststroke	44
45	Open 400 IM	46

**AFTERNOON - SESSION 3  
WARM-UPS 1:30 PM ... SESSION BEGINS 2:30 PM**

<b>Girl's Event Number</b>	<b>Event</b>	<b>Boy's Event Number</b>
47	11-12 50 Freestyle	48
49	Open 50 Freestyle	50
51	11-12 200 IM	52
53	Open 200 IM	54
55	11-12 100 Freestyle	56
57	Open 100 Freestyle	58
59	11-12 50 Backstroke	60
61	Open 100 Backstroke	62
63	11-12 50 Butterfly	64
65	Open 100 Butterfly	66
67	11-12 200 Freestyle	68
69	Open 200 Freestyle	70
71	11-12 50 Breaststroke	72
73	Open 100 Breaststroke	74
75	11-12 200 Freestyle Relay	76
77	Open 200 Freestyle Relay	78
79	Open 1650 Freestyle	80

**Each Swimmer May Swim A Maximum of 5 Events Per Day Plus Relays**

**\$3.50 Per Event Per Athlete for ALL Athletes  
\$1.00 Per Athlete Surcharge  
\$6.00 Per Each Relay  
\$1.00 Surcharge Per Entry for ALL Manual or Deck Entries**

# Kingston Swim Club

## ENTRY FEE CALCULATION SHEET

Last Change Invitational, Kingston High School, February 26, 2011

MEET \_\_\_\_\_  
TEAM NAME \_\_\_\_\_  
CONTACT PERSON \_\_\_\_\_  
PHONE NUMBER \_\_\_\_\_  
E-Mail ADDRESS \_\_\_\_\_

Number of Girls Individual Entries	_____	X \$3.50 = \$	_____
Number of Girl Swimmers	_____	X \$1.00 = \$	_____
Number of Girls Relays	_____	X \$6.00 = \$	_____
Number of Boys Individual Entries	_____	X \$3.50 = \$	_____
Number of Boy Swimmers	_____	X \$1.00 = \$	_____
Number of Boys Relays	_____	X \$6.00 = \$	_____
Total Entry Fee Due .....		\$	_____
Master Entry Sheet Fee (if applicable) .....		\$	_____
Total Amount Due and Enclosed .....		\$	_____

**MAKE CHECKS PAYABLE TO:** Kingston Swim Club

This form Must be returned with Check and Hy-Tek Disk

**Entries will be posted to the meet program  
upon RECEIPT OF CHECK ONLY  
Kingston Swim Club assumes no responsibility  
for meet close-out due to late entries**

**ENTRY DEADLINE.. February 16, 2011**

Mail Entries and Check to: **Michael Jordan, 9 Niles Drive, Woodstock NY 12498**

**\*Entries May be sent E-mail to: [mjordan4@hvc.rr.com](mailto:mjordan4@hvc.rr.com)**

*\*This form and Your Team Check Must be received to have entries added to the meet.*