

**AMSTERDAM SEA RAMS INVITATIONAL
SATURDAY DECEMBER 10, 2011
LYNCH MIDDLE SCHOOL, AMSTERDAM, NY
Sanction #AD12-012**

CHANGE NOTICE

Due to shorter sessions, the following changes have been made to the 2011 Amsterdam Invitational. No individual events have been removed.

Session 1:

- No changes
- Warm-ups begin at 7:00
- Meet begins at 8:15

Session 2:

- Warm-ups begin at 10:45
- Meet begins at 11:30