



Chris Goody IMX Challenge

January 12 and 13, 2013 at Union College

Sanction: Held under the sanction of USA Swimming, Inc. and Adirondack Swimming Inc., Sanction # **AD13-015**
Carolyn Manor, General Chairman

Host: Schenectady-Saratoga Swim Club
Place: Union College, Alumni Gym, Schenectady, NY
Short Course 25 Yard Pool, 8 lanes, continuous warm-up pool Colorado Automatic Timing and Beeper System

The competition course has not been certified in accordance with 104.2.2C(4).

Pool Depths: Start End 1 meter = 4'0", 5 meters = 4'3" Turn End 1 meter = 7'0", 5 meters = 6'9"

		Positive check-in deadline	Warm-up Start	Meet Start
Saturday -Session 1	12 and under	1:15 pm	1:15 pm	1:45 pm
Saturday- Session 2	13 and over	3:45 pm	3:45 pm	4:30 pm
Sunday -Session 3	12 and under	8:00 am	8:00 am	9:00 am
Sunday -Session 4	13 and over	1:00 pm	1:00 pm	2:00 pm

Meet Directors: Kara Haraden 518-365-6516 hondamen@aol.com and Kim Smith kimandblake2000@yahoo.com

Meet Marshall: Bruce Rowledge 518-374-7854 bruce@rowledge.com

Meet Referee: JoAnn Faucett 518-399-0494

Meet Entry Coordinator: Patty Rowledge 518-374-7854 prowledg@nycap.rr.com

Entry Rules:

The eligibility of a swimmer will be determined by his or her age on January 12, 2013.

Rules from the current USA Swimming Technical Rules will be in effect.

Entries must be submitted electronically, using Hy-Tek or compatible Software.

Entries should be submitted via e-mail (or may be sent on CD or floppy disk) to Patty Rowledge at prowledg@nycap.rr.com

Team entries must be received by **Tuesday, January 1, 2013, 6:00PM.**

Deadline for **AD LSC** teams for priority placement is **Friday, December 28, 2012.**

In the event the meet is oversubscribed, the meet director and meet referee will work together to determine the solution, in the best interest of the swimmers. The meet committee reserves the right to return entries whose inclusion would prolong the meet.

IMX CHALLENGE – Saturday and Sunday Jan 12 and 13, 2013

This meet will have 3 Sessions. Positive check-in will be required in all events. In order to compete for an IMX award, swimmers may enter and swim five events for 12 and under and six events for 13 and over. Please note that the 11-12 400IM and 200 of stroke and 10 and under 500 free are NOT IMX events. Events that are scored for IMX awards are listed on page 2 of this announcement.

The First Session – Saturday afternoon will have 11-12 200's of stroke and 12 and under 400 IM and 500 Freestyles. The 11 -12 500 frees will be scored by the Hy-Tek single -age point system. Ribbons will be awarded for the 12 and under 400 IM and 11-12 200's of stroke, and 10 and under 500 free, from first through eighth place. Swimmer's may enter and swim up to **3 events**.

The Second Session - Saturday afternoon second session is for 13 and over 400 IM and 500 frees will be scored by the Hy-Tek single -age point system. Swimmer's may enter and swim up to **2 events**.

The Third Session – Sunday morning will run IMX Challenge events for 12 & under athletes. Events will be scored by the Hy-Tek single -age point system. Athletes may enter and swim up to **5 individual events plus one relay swim**.

The Fourth Session – Sunday afternoon will run IMX Challenge events for 13-over athletes. Events will be scored by the Hy-Tek single -age point system. Athletes may enter and swim up to **4 individual events**.

USA Swimming Registration:

All swimmers must be currently registered with USA Swimming, Inc. Registrations may be obtained from your club registrar.

ALL Swimmers MUST be Registered, with the AD Registrar, by the Meet Entry Deadline.

All Adirondack Meets are reconciled for current USA Swimming Registration.

Unregistered swimmers will be removed from the meet and a \$25.00 Fine Imposed. ([Click Here for More Information](#))

Unattached athletes may obtain forms and instructions from the Adirondack Swimming Web Site www.adirondackswimming.org

Direct registration questions to the Adirondack Registrar, Kathleen Furman, 518-384-0223 or kfurman@adirondackswimming.org

NOTE: ALL ATHLETES ATTENDING ANY SANCTIONED MEET, MUST BE UNDER THE DIRECT SUPERVISION OF A CURRENTLY REGISTERED AND CERTIFIED, USA SWIMMING COACH MEMBER. IF YOU ARE AN UNATTACHED ATHLETE, OR YOUR COACH WILL NOT BE ATTENDING THE MEET, YOU AND/OR YOUR COACH, MUST CONTACT THE MEET DIRECTOR OR AN ATTENDING COACH, IN ADVANCE, TO MAKE ARRANGEMENTS FOR AN ATTENDING COACH TO ASSUME RESPONSIBILITY FOR YOU.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

These are USA Swimming Rules, there are no exceptions.

Swimming Events:

All events will be swum as timed finals. Fly over starts will be in use. Positive check-in is required for all events by the start of warm-ups. Those not checked in by deadline will be scratched. Distance events (500 free and 400 IM) will be swum slowest to fastest, first all girls, then all boys. Age groups will swim combined, but will be separated for awards.

Warm-Ups:

Because of the large number of injuries occurring across the country during warm-ups, USA Swimming allows no diving into the pool during the warm-up period except in the designated sprint lanes. We ask that you inform your swimmers of this rule and ask them to fully cooperate with the club officials and marshals in charge of the area.

Timers:

Clubs will be required to provide timers based upon their number of entries. Swimmers must provide their own counters for the 500 freestyle. Lane assignments will be posted on the AD Web Site (www.adirondackswimming.org) and in the meet program.

Deck Entries:

Adirondack Swimming has agreed to allow Deck Entries at AD Meets under the following conditions:

1. Deck Entries are NOT Allowed during Championship Meets
2. Athlete must be USA-S Registered and show Proof of Registration (those already in meet have been confirmed as registered). Acceptable forms of Proof of Registration are: USA-Swimming ID or USA-Swimming Club Portal Current Team Listing.
If athlete cannot prove USA-S Registration, Adirondack accepts Deck Registration, to UN-AD (unattached) at a fee of \$108. DECK REGISTRATIONS WILL NOT BE MADE WITH ANY TEAM ASSOCIATION, PLEASE DO NOT ASK.
3. Coach makes the request for the entry.
4. All Deck Entries will be allowed at the discretion of a combined decision of the Meet Director and the Meet Referee.
5. Deck Entries are Subject to a \$1.00 Surcharge, Per Entry, which applies to All Entries, Individual or Relays.

Meet Policy:

Use of Audio or Visual Recording Devices, Including a Cell Phone, is not permitted in changing areas, rest rooms or locker rooms. Except where venue facilities require otherwise, changing into or out of swimsuits other than locker rooms or other designated areas is not appropriate and is strongly discouraged.

Any swimmer found in an unauthorized area will be asked to immediately leave the premises. No exceptions. Each team is responsible for supervising its members. **No one will be allowed on the deck except USA-S Registered Officials, USA-S Registered Coaches with Current Certifications, USA-S Registered Swimmers and Meet Marshalls and Timers on Shift. All Officials and Coaches are Required to display USA Swimming Credentials (USA Swimming Membership Card) while on deck.**

If, at an AD Sanctioned Meet, an individual is found on deck, acting in any coaching capacity and is determined to be out of compliance with USA Swimming requirements for coaches, that individual will be removed from the deck and the represented club will be fined \$250.

Services:

Food will be on sale throughout the meet. A meet program will be available which will cover all sessions. A swimming equipment vendor will be selling equipment during the meet. Smoking is NOT permitted in the building. **Glass containers of any kind are not allowed in the pool area.**

Disabled Athletes:

Adirondack Swimming welcomes athletes with disabilities. Athletes with disabilities are required to contact the Meet Director at least 2 weeks in advance of the meet so that provisions can be made for any special accommodations.

Entry Fees:

An entry summary sheet is included to compute your team entry fees. The entry fees are \$3.75 per individual event, which includes the \$.50 AD travel fund surcharge, \$6.00 per relay, which includes the \$1.00 AD travel fund surcharge and a \$1 per swimmer surcharge
ALL MANUAL ENTRIES, INCLUDING DECK ENTRIES (NON-ELECTRONIC) ARE SUBJECT TO A SURCHARGE OF \$1.00 PER ENTRY, WHICH APPLIES TO INDIVIDUAL OR RELAY ENTRIES.

Make your entry check payable to **SCHENECTADY-SARATOGA SWIM CLUB** and mail your check and paperwork to; *Patty Rowledge 21 Haviland Drive Scotia, NY 12302* ***Entries will be entered to the meet upon receipt of your check***

Awards/Scoring:

11-12 400 IM and 200's of stroke and 10 & under 500 free will be awarded ribbons through the top eight places.

Ribbons will be awarded to all relays placing in the top three.

In the Sat-Sun IMX Challenge, all individuals will be scored on the Hy-Tek Single-Age Points System. The Top 6 in each Single Age will be awarded.

IMX Age Groups and Events: The following single age groups and event combinations will be scored:

9&under: 10-year olds: 200 IM, 200 Free, 100 Back, 100 Breast, 100 Fly

11-year olds; 12-year olds: 200 IM, 500 Free, 100 Back, 100 Breast, 100 Fly

13, 14, 15, 16, 17, and 18-year olds: 200 IM, 400 IM, 500 Free, 200 Back, 200 Breast, 200 Fly

Photographers:

Any photographer or videographer, who intends to take pictures at an Adirondack Swimming sanctioned meet, must complete and submit a Photographer Registration Form to the Meet Director before commencing activity. Forms are available on the Adirondack Swimming website as well as from the Meet Director. [Click here for a direct link to the registration form.](#)

Swimmer's families, taking photos of their children from the spectator area, are not subject to this policy.

Officials:

There will be an official's meeting conducted promptly 30 minutes before each session. Attendance is MANDATORY to work the meet. Please sign up in official's room before the start of officials meeting.

Hotel Accommodations:

Holiday Inn Schenectady –Walking distance to Union College
100 Nott Terrace, Schenectady, NY 12308
Phone: 518-393-4141 x 485
Fax: 518-377-8400 Sales@hischenectady.com

If you have any questions please contact:

Patty Rowledge
518-374-7854
prowled@nycap.rr.com

CHRIS GOODY IMXTREME CHALLENGE

JANUARY 12 and 13, 2013

Union College Pool

Saturday, SESSION 1 – 12 & under

WARM UPS 1:15pm – MEET STARTS AT 1:45pm

Positive check-in required by 1:15 pm

GIRLS	CUTOFF TIME	EVENT	CUTOFF TIME	BOYS
1		11-12 200 Fly		2
3	7:40	12 and under 500 Free	7:40.00	4
5		11-12 200 Back		6
7		12 and under 400 IM		8
9		11-12 200 Breast		10

Saturday, SESSION 2 – 13 and over

WARM UPS 3:45pm – MEET STARTS AT 4:30pm

Positive check-in required by 3:45 pm

GIRLS	CUTOFF TIME	EVENT	CUTOFF TIME	BOYS
11	6:45.00	13 & over 500 Free	6:45.00	12
13		13&over 400 IM		14

Sunday, SESSION 3 – 12 & under

WARM UPS 8:00 – MEET STARTS AT 9:00

Positive check-in required by 8:00 am

GIRLS	EVENT	BOYS
15	10-UNDER 200 IM	16
17	11-12 200 IM	18
19	10-UNDER 100 Breast	20
21	11-12 100 Breast	22
23	10-Under 100 Back	24
25	11-12 100 Back	26
27	10-Under 200 Free	28
29	11-12 100 Fly	30
31	10-Under 100 Fly	32
33	12-Under 200 Medley Relay	34

Sunday, SESSION 4 – 13 & over

WARM UPS 1:00 – MEET STARTS AT 2:00

Positive check-in required by 1:00 pm.

GIRLS	EVENT	BOYS
35	13-14 200 Fly	36
37	15-Over 200 Fly	38
39	13-14 200 Back	40
41	15-Over 200 Back	42
43	13-14 200 Breast	44
45	15-Over 200 Breast	46
47	13-14 200 IM	48
49	15-Over 200 IM	50

\$3.75 PER INDIVIDUAL EVENT, \$6.00 PER RELAY EVENT

\$1.00 SURCHARGE PER SWIMMER

\$1.00 SURCHARGE PER ENTRY FOR MANUAL ENTRIES

Schenectady-Saratoga Swim Club

ENTRY FEE CALCULATION SHEET

“Chris Goody IMX Challenge, Jan 12- 13, 2012, Union College”

TEAM NAME: _____

CONTACT PERSON : _____

PHONE NUMBER : _____

E-Mail ADDRESS : _____

Number of Individual Entries	_____	X \$3.75 = \$	_____
Number of Swimmers	_____	X \$1.00 = \$	_____
Number of Relays	_____	X \$6.00 = \$	_____
Number of Manual Entries	_____	X \$1.00 = \$	_____
Total Entry Fee Due		\$	_____
Total Amount Due and Enclosed		\$	_____

MAKE CHECKS PAYABLE TO “Schenectady-Saratoga Swim Club”

This form must be returned with Entry Report and Check

**Entries will be posted to the meet program
upon RECEIPT OF CHECK ONLY**

**Schenectady-Saratoga Swim Club assumes no responsibility
for meet close-out due to late entries**

ENTRY DEADLINE...

Tuesday, January 3, 2012

BY 6PM

Mail Entry Report, This Form and Check to:
Patty Rowledge 21 Haviland Drive Scotia, NY 12302

***Entries Must be sent E-mail to: prowledg@nycap.rr.com**

**Your Team Check Must be received to have entries added to the meet*