

FEBRUARY FREEZE INVITATIONAL

Saturday February 1, 2014

Robison Pool, RPI, Troy, NY

Sanction: Held under the sanction of USA Swimming, Inc. and Adirondack Swimming Inc., Sanction # AD14-013
JoAnn Faucett, General Chairman

Host: DELMAR DOLFIN SWIM CLUB

Place: RPI Robison Pool, Troy, NY
Short Course 25 Yard Pool, 8 lanes
Colorado Automatic Timing and Beeper System

The competition course has not been certified in accordance with 104.2.2C(4).

Pool Depths: Depths at Start: 4' 0" at 1 Meter, 4' 10" at 5 Meters. Depths at Turn End: 6' 10" at 1 Meter, 6' 7" at 5 Meters.

Time: WARM UP 7:00AM ... START TIME: 8:00AM

Meet Director:	Michael Clarke	518-763-8848 (mcclarke@me.com)
Meet Referee:	JoAnn Faucett	518-399-0494 (faucettjm@aol.com)
Meet Entry Coordinator:	Penny Sorbello	845-235-3393 (pennysorbello@msn.com)

Entry Rules:

The eligibility of a swimmer will be determined by his or her age on **FEBRUARY 1, 2014**. Rules from the current USA Swimming Technical and Administrative Rules will be in effect. Entries must be submitted electronically, using Hy-Tek, Team Unify or compatible Software. Email entries to: pennysorbello@msn.com. Team entries must be received by the Meet Entry Coordinator by **6PM** on **JANUARY 21, 2014**. The host team reserves the right to enter their swimmers in the meet at any time.

In the event the meet is oversubscribed, the Meet Director and Meet Referee will work together to determine how entries are removed, with the best interest of the swimmers in mind. If the meet is oversubscribed or undersubscribed, Meet and/or Session Start Times may need to be changed. Attending teams will be notified of any changes via email and all changes will be posted to the AD Web Site. All fees paid for cut entries will be refunded.

Swimmers are limited to Four (4) individual events

USA Swimming Registration:

All swimmers must be currently registered with USA Swimming, Inc. Registrations may be obtained from your club registrar. ALL Swimmers MUST be USA Swimming Registered, at the time their entries are submitted. All Adirondack Meets are reconciled for current USA Swimming Registration. Unregistered swimmers will be removed from the meet and a \$25.00 Fine Imposed. (Click Here for More Information) Unattached athletes may obtain forms and instructions from the Adirondack Swimming Web Site www.adirondackswimming.org. Direct registration questions to the Adirondack Registrar, Ann Korzun, 518-877-6571 or akorzun@adirondackswimming.org

NOTE: USA Swimming Athlete Members must be under the supervision of a USA Swimming member coach during warm-up, competition and warm-down. IF YOU ARE AN UNATTACHED ATHLETE, OR YOUR COACH WILL NOT BE ATTENDING THE MEET, YOU AND/OR YOUR COACH, MUST CONTACT THE MEET DIRECTOR OR AN ATTENDING COACH, IN ADVANCE, TO MAKE ARRANGEMENTS FOR AN ATTENDING COACH TO ASSUME RESPONSIBILITY FOR YOU. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. **These are USA Swimming Rules, there are no exceptions.**

Swimming Events:

All events will be timed final events. This will be a pre-seeded meet with the exception of the 500 Freestyle events, which are positive check-in events. **For events 29, 30, 31 and 32, the positive check-in deadline is 11:00 AM.**

All 500 Freestyle Entries must be slower than the listed Gold qualifying times.

The 500 events will be swum fastest to slowest.

We will be using flyover starts for this meet. Please inform your swimmers prior to the meet.

Scratches:

All swimmers in the 500 Freestyle who do not positive check-in by the deadline will be scratched.

Warm-Ups:

Because of the large number of injuries occurring across the country during warm-ups, USA Swimming allows no diving into the pool during the warm-up period except in the designated sprint lanes. We ask that you inform your swimmers of this rule and ask them to fully cooperate with the club officials and marshals in charge of the area.

Timers:

Clubs will be required to provide timers based upon their number of entries. Swimmers **MUST** provide their own timers and lap counters for the **500 Freestyle**.

Deck Entries:

Adirondack Swimming has agreed to allow Deck Entries at AD Meets under the following conditions;

1. Deck Entries are NOT Allowed during Championship Meets
2. Athlete must be USA-S Registered and show Proof of Registration (those already in meet have been confirmed as registered). Acceptable forms of Proof of Registration are: USA-Swimming ID or USA-Swimming Club Portal Team Listing or Deck Pass.
If athlete cannot prove USA-S Registration, Adirondack accepts Deck Registration, to UN-AD (unattached) at an LSC fee of \$60.00 plus the current USA Swimming Registration fee.
DECK REGISTRATIONS WILL NOT BE MADE WITH ANY TEAM ASSOCIATION, PLEASE DO NOT ASK.
3. Coach makes the request for the entry.
4. All Deck Entries will be allowed at the discretion of a combined decision of the Meet Director and the Meet Referee.
5. Deck Entries are Subject to a \$1.00 Surcharge, Per Entry, which applies to All Entries.

Meet Policy:

Use of Audio or Visual Recording Devices, Including a Cell Phone, is not permitted in changing areas, rest rooms or locker rooms. Except where venue facilities require otherwise, changing into or out of swimsuits other than locker rooms or other designated areas is not appropriate and is strongly discouraged.

No one will be allowed on the deck except USA-S Registered Officials and USA-S Registered Coaches with Current Certifications, USA-S Registered Swimmers and Meet Marshalls and Timers on Shift. All Officials and Coaches are required to display USA Swimming Credentials (USA Swimming Membership Card) while on deck.

If, at an AD Sanctioned Meet, an individual is found on deck, acting in any coaching capacity and is determined to be out of compliance with USA Swimming requirements for coaches, that individual will be removed from the deck and the represented club will be fined \$250.

Any swimmer found in an unauthorized area will be asked to immediately leave the premises. No exceptions. Each team is responsible for supervising its members.

Services:

Food will be on sale throughout the meet. A meet program will be available which will cover all sessions. A swimming equipment vendor will be selling equipment during the meet. There will also be a vendor selling T-shirts

Smoking is NOT permitted in the building. Glass containers of any kind are not allowed in the pool area.

Disabled Athletes:

Adirondack Swimming welcomes athletes with disabilities. Athletes with disabilities are required to contact the Meet Director at least 2 weeks in advance of the meet so that provisions can be made for any special accommodations.

Entry Fees:

An entry summary sheet is included to compute your team entry fees. The entry fees are \$3.50 per individual event, which includes the \$.50 AD travel fund surcharge and a \$1 per swimmer surcharge

ALL MANUAL ENTRIES, INCLUDING DECK ENTRIES (NON-ELECTRONIC) ARE SUBJECT TO A SURCHARGE OF \$1.00 PER ENTRY, WHICH APPLIES TO INDIVIDUAL ENTRIES.

Make your entry check payable to **DELMAR DOLFIN SWIM CLUB** and mail your check and entry summary sheet to:

Penny Sorbello (845-235-3393)
3 Concord Rd
Glenmont, NY 12077

Entries will be entered to the meet upon receipt of your check.

Photographers:

Any photographer or videographer, who intends to take pictures at an Adirondack Swimming sanctioned meet, must complete and submit a Photographer Registration Form to the Meet Director before commencing activity. Forms are available on the Adirondack Swimming website as well as from the Meet Director. [Click here for a direct link to the registration form.](#)

Swimmer's families, taking photos of their children from the spectator area, are not subject to this policy.

Awards:

Ribbons will be given out to places 1 thru 8 for Individual Events

Officials:

There will be an official's meeting conducted promptly 30 minutes before each session. Attendance is MANDATORY to work the meet. Please sign up in official's room before the start of officials meeting.

If you have any questions please contact Michael Clarke 518-763-8848 (mcclarke@me.com)

FEBRUARY FREEZE INVITATIONAL
Saturday February 1, 2014...Robison Pool, RPI, Troy, NY

SESSION 1

WARM-UPS 7:00AM ... SESSION BEGINS 8:00AM

GIRLS EVENTS	AGE GROUP	EVENT DESCRIPTION	BOYS EVENTS
1	9-10	100 Individual Medley	2
3	11-12	100 Individual Medley	4
5	9-10	50 Freestyle	6
7	11-12	50 Freestyle	8
9	9-10	100 Backstroke	10
11	11-12	100 Backstroke	12
13	9-10	50 Butterfly	14
15	11-12	50 Butterfly	16
17	9-10	50 Breaststroke	18
19	11-12	50 Breaststroke	20
21	9-10	100 Freestyle	22
23	11-12	100 Freestyle	24

SESSION 2 ... 500 FREESTYLE

WARM-UPS 12:00PM ... Positive Check-In deadline is 11:00AM ... SESSION BEGINS 12:30PM

Heat sheets for the 500s will be posted at multiple locations around the pool by 11:45AM

Girls Events	Age Group	Must be slower than	Event Description	Must be slower than	Boys Events
25	9-12	Ages 9-10: 8:30.00 Ages 11-12: 6:49.99	500 Freestyle	Ages 9-10: 8:30.00 Ages 11-12: 6:49.99	26
27	13 & Over	Ages 13-14: 5:46.99 15 & Over: 5:44.99	500 Freestyle	Ages 13-14: 5:38.99 15 & Over: 5:19.99	28

Session 2 events are multi-age, awarded and scored by age groups 9-10, 11-12 and 13-14, 15&O

SESSION 3

WARM-UPS 1:30PM ... SESSION BEGINS 2:30PM

Girls Events	Age Group	Stroke	Boys Events
29	8&Under	100 Individual Medley	30
31	13&Over	200 Individual Medley	32
33	8&Under	50 Freestyle	34
35	13&Over	50 Freestyle	36
37	8&Under	50 Butterfly	38
39	13&Over	100 Butterfly	40
41	8&Under	100 Freestyle	42
43	13&Over	100 Freestyle	44
45	8&Under	50 Breaststroke	46
47	13&Over	100 Breaststroke	48
49	8&Under	50 Backstroke	50
51	13&Over	100 Backstroke	52

Each Swimmer May Swim A Maximum of 4 Events Per Day

\$3.50 Per Individual Event Per Athlete for ALL Athletes

\$1.00 Per Athlete Surcharge

For Manual Entries, Add \$1.00 Per Entry

DELMAR DOLFIN SWIM CLUB

ENTRY FEE CALCULATION SHEET

February Freeze Invitational

February 1, 2014

TEAM NAME _____

CONTACT PERSON _____

PHONE NUMBER _____

E-Mail ADDRESS _____

Number of Individual Entries _____ X \$3.50 = \$ _____

Number of Swimmers _____ X \$1.00 = \$ _____

Number of Manual (non-electronic) Entries _____ X \$1.00 = \$ _____

Total Entry Fee Due\$ _____

Total Amount Due and Enclosed\$ _____

ENTRY DEADLINE.. 6PM January 21, 2014

MAKE CHECKS PAYABLE TO DELMAR DOLFIN SWIM CLUB

Email your entries to the Meet Entry Coordinator

**This form Must be returned with Entry Report and Check
to the Meet Entry Coordinator:**

Penny Sorbello (845-235-3393)

3 Concord Rd

Glenmont, NY 12077

PENNYSORBELLO@MSN.COM

**Entries will be posted to the meet program
upon RECEIPT OF CHECK ONLY**

**DELMAR DOLFIN SWIM CLUB assumes no responsibility
for meet close-out due to late entries**