## 2015 National Age Group Open Water Invitational

| Sanctioned by:         | Florida Swimming Inc. Sanction # OW-3277                                                                                                                                                                                                                                                                                                            |
|------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                        | "In granting this approval it is understood and agreed that<br>USA-S/FL shall be free and held harmless from any liabilities<br>or claims from damages arising by reason of injuries to an-<br>yone during the conduct of the event".                                                                                                               |
| Condition of Sanction: | Any swimmer entered in the meet, unaccompanied by a USA-S member coach must be certified by a USA-S mem-<br>ber coach as being proficient in performing a racing start or must start each race from within the water. It is the responsi-<br>bility of the swimmer or the swimmer's legal guardian to en-<br>sure compliance with this requirement. |
|                        | Changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly                                                                                                                                                                                                                           |

## Hosted by: Gulf Coast Swim Team

Date and time: Saturday, April 25th Start times are approximate and may change. 7:30 AM - Age Group Invitational Check in opens for all age groups 8:15 AM - Men's 13-14,15-18 5K check-in closes. 8:45 AM – Men's13-14, 15-18 pre race briefing 8:55 AM – Men's 13-14, 15-18 Roll Call 9:00 AM - Start of Age Group Invitational, Men's 13-14, 15-18, 5K 9:45 AM - Women's 13-14, 15-18, 5K Check-in closes 10:15 a.m. – Women's 13-14, 15-18, pre race briefing 10:25 a.m. – Women's 13-14, 15-19 Roll Call 10:30 a.m. – Start of Age Group Invitational Women's 13-14, 15-18 5K 11:00 a.m. – Men's 11-12 2.5K check in closes 11:45 a.m. – Men's pre race briefing 11:55 a.m.- Men's 11-12 Roll Call 12:00 p.m. – Start of Age Group Invitational Men's 11-12, 2.5K 12:00 p.m. – Women's 11-12, 2.5k check in closes 12:30 p.m. – Women's 11-12, 2.5k pre race briefing 12:40 p.m. Women's 11-12 Roll Call 12:45 p.m. – Start of Age Group Invitational, Womens's11-12, 2.5K

discouraged.

Location: Miromar Lakes, Florida

Timing system: Chip timing with video camera (2) backup

## 2015 National Age Group Open Water Invitational

Eligibility: All swimmers must be 2015 athlete members of USA Swimming.
Open only to swimmers who have achieved the following qualifying times.
11-12, men / women National AAA times 400 meters or above
13-14, men / women National AAA times 400 meters or above
15-18 (5K): men / women National AAA time in any event 400 meters or more (time entered in USA Swimming database or in results section of Florida Swimming web site); or, proof of completion of a sanctioned open water swim.
NOTE – All races, in water starts, land finish.

Entry Procedures: Entry by USA Swimming OME only.

Paper, FAX or e-mail entries will NOT be accepted.

**Deck Entries:** Individual Deck Entries will be accepted up to <u>one half hour</u> before check-in closes for the respective event entered with a \$60 entry fee paid at the time of entry.

**OME Entry deadline:** 11:00 PM EST Wednesday, April 15, 2015

**Individual entries:** Use any time in the national database for entry that is faster than the AAA qualifying time. Swimmers may enter using an "override Time" for times that are not in the national database. Override times must include the meet name and date. Times that are missing from the National Database should be requested through the Florida LSC National Times Coordinator of the meet at which the time was achieved.

**Teams with Un-attached athletes:** Teams may enter athletes with an Un-attached status.

Entry fee: \$45 per individual swimmer. (cap, shirt and goodie bag).

**Rules:** Current USA Open Water Swimming Technical rules will govern. For the safety of swimmers, fingernails and toenails must be clipped. Officials will check fingernail length prior to the events, clippers will be available, and they will be used. Please plan ahead.

Apparel note: All suits must conform to current USA Swimming rules. No wet suits

**Courses:** All courses are in Miromar Lake (fresh water). Water starts and finishes are on land.

11-12: 2.5K-2 laps on a 1250 mtr OVAL shaped course, with a water depth of 3-25 feet and approximately 25-50 yards off shore

13-14, 15-18, 5K swim– 4 laps on a 1250 mtr OVAL shaped course, with a water depth of 3-25 feet and approximately 25-50 yards off shore.

NOTE – ALL RACES, IN WATER START, LAND FINISH

## 2015 National Age Group Open Water Invitational

**Awards: Individual awards:** Top 8 male and female of each age group, medals for 1st-8<sup>th</sup> place. **Awards must be picked up at the event, and will not be mailed.** 

Hotels: For hotel and other local information please call 1-888-529-6588

Meet director: Gregg Cross, 239-462-3322, coacggregg55@aol.com

Event web site: www.openwaterfestival.org

**Officials:** Referee: Mark McCaw Assist Referee: Matt Wilson Starter: Scott Jamieson Clerk of Course: Gregg Cross Safety Official: Alise Flanjack Medical Official: Lee County Parks and Recreation