

December Distance Meet

December 14th 2014

Shenendehowa Aquatics Center

Sanction: Held under the sanction of USA Swimming, Inc. and Adirondack Swimming Inc., Sanction AD15-011
JoAnn Faucett, General Chairman

Host: Clifton Park-Halfmoon Piranhas

Place: Shenendehowa Pool (Adjacent to Gowana Middle School)
Short Course 25 Yard – 8 Lane Pool... Continuous Warm Up Pool... Daktronics Starting and Timing System
The competition course has not been certified in accordance with 104.2.2C(4).

Pool Depths: Depth of Pool at One (1) Meter and Five (5) Meter Distances from Start End of Pool. 1 meter = 14'6", 5 meters = 14'6"
Depth of Pool at One (1) Meter and Five (5) Meter Distances from Turn End of Pool. 1 meter = 7'6", 5 meters = 7'6"

Time: Sunday December 14th

Session I (Positive Check-in by 7:15 AM) Warm-up 7:00 AM Session Start 8:00 AM

Session II Warm-up 11:00 AM Session Start 12:00 PM

Session III (Positive Check-in by 3:45 PM: 1650 Only) Warm-up 4:00 PM Session Start 4:30 PM

Meet Director: Greg Kirkpatrick, 518-280-1176, gregkirkpatrick@nycap.rr.com

Meet Referee: JoAnn Faucett, 518-399-0494, faucettjm@aol.com

Meet Entry Coordinator: Rusty Blue, 518-373-1135, rustyblue0@gmail.com

Entry Rules:

The eligibility of a swimmer will be determined by his or her age on December 14, 2014

Rules from the current USA Swimming Technical and Administrative Rules will be in effect.

Entries must be submitted electronically, using Hy-Tek, Team Unify or compatible Software and Emailed to the Meet Entry Coordinator.

Team entries must be received by the Meet Entry Coordinator by Thursday, December 4th, 2014

In the event the meet is oversubscribed, the Meet Director may cut Relays in order to achieve the desired timeline. If after removing relays, the meet is still oversubscribed, the Meet Director and Meet Referee will work together to determine how entries are removed, with the best interest of the swimmers in mind. If the meet is oversubscribed or undersubscribed, Meet and/or Session Start Times may need to be changed. Attending teams will be notified of any changes via email and all changes will be posted to the AD Web Site. All fees paid for cut entries will be refunded.

Swimmers may enter a max of four (4) individual events per day

Please send all entries to Rusty Blue rustyblue0@gmail.com, 518-373-1135

USA Swimming Registration:

All swimmers must be currently registered with USA Swimming, Inc. Registrations may be obtained from your club registrar.

ALL Swimmers MUST be USA Swimming Registered, at the time their entries are submitted.

All Adirondack Meets are reconciled for current USA Swimming Registration.

Unregistered swimmers will be removed from the meet and a \$25.00 Fine Imposed. (Click Here for More Information)

Unattached athletes may obtain forms and instructions from the Adirondack Swimming Web Site www.adirondackswimming.org

Direct registration questions to the Adirondack Registrar, Ann Korzun, 518-877-6571 or akorzun@adirondackswimming.org

202.3.2 At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision, but it is the swimmer's responsibility to make such arrangements prior to the start of the meet.

202.3.4A Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement

Swimming Events:

Session 1 and the 1650's in Session 3 will be positive check-in. All other events will be swum as timed finals. All swimmers need to obtain their heat and lane assignments from the heat sheets posted throughout the pool area. All events will be swum slow to fast, except 1650 which is fastest to slowest.

Relays:

There are no relays at this meet

Scratches:

Swimmers who do not positively check in by the deadlines will be scratched. Deadline for Session I is 7:15 AM and for Session 3 is 3:45 PM. Coaches – be sure your swimmers check-in.

Warm-Ups:

Because of the large number of injuries occurring across the country during warm-ups, USA Swimming allows no diving into the pool during the warm-up period except in the designated sprint lanes. We ask that you inform your swimmers of this rule and ask them to fully cooperate with the club officials and marshals in charge of the area.

Timers:

Clubs will be required to provide timers based upon their number of entries.
Swimmers have to provide their own timers for the 400 IM's, 500's and 1650's.

Deck Entries:

Adirondack Swimming has agreed to allow Deck Entries at AD Meets under the following conditions;

1. Deck Entries are NOT Allowed during Championship Meets
2. Athlete must be USA-S Registered and show Proof of Registration (those already in meet have been confirmed as registered). Acceptable forms of Proof of Registration are: USA-Swimming ID or USA-Swimming Club Portal Team Listing or Deck Pass. If athlete cannot prove USA-S Registration, Adirondack accepts Deck Registration, to UN-AD (unattached) at an LSC fee of \$60.00 plus the current USA Swimming Registration fee.
DECK REGISTRATIONS WILL NOT BE MADE WITH ANY TEAM ASSOCIATION, PLEASE DO NOT ASK.
3. Coach makes the request for the entry.
4. All Deck Entries will be allowed at the discretion of a combined decision of the Meet Director and the Meet Referee.
5. Deck Entries are Subject to a \$1.00 Surcharge, Per Entry, which applies to All Entries, Individual or Relays.

Meet Policy:

Use of Audio or Visual Recording Devices, Including a Cell Phone, is not permitted in changing areas, rest rooms or locker rooms. Changing into or out of swimsuits other than locker rooms or other designated areas is prohibited.

No one will be allowed on the deck except USA-S Registered Officials and USA-S Registered Coaches with Current Certifications, USA-S Registered Swimmers and Meet Marshalls and Timers on Shift. All Officials and Coaches are Required to display USA Swimming Credentials (USA Swimming Membership Card) while on deck.

If, at an AD Sanctioned Meet, an individual is found on deck, acting in any coaching capacity and is determined to be out of compliance with USA Swimming requirements for coaches, that individual will be removed from the deck and the represented club will be fined \$250.

Any swimmer found in an unauthorized area will be asked to immediately leave the premises. No exceptions. Each team is responsible for supervising its members.

Services:

A concession stand will be available throughout the meet. No food is to be consumed on the pool deck.

A hospitality room will be available for officials and coaches only in the office off of the pool deck.

Host team will be selling meet t-shirts, sweatshirts and miscellaneous swimming supplies.

Smoking is not permitted in the building.

No glass containers allowed in the pool area.

Disabled Athletes:

Adirondack Swimming welcomes athletes with disabilities. Athletes with disabilities are required to contact the Meet Director at least 2 weeks in advance of the meet so that provisions can be made for any special accommodations.

Entry Fees:

An entry summary sheet is included to compute your team entry fees. The entry fees are \$4.75 per individual entry in Sessions 1 and 3 and \$4.50 per individual entry in Session 2, which includes the \$.50 AD travel fund surcharge, plus a \$1.00 per athlete surcharge.

ALL MANUAL ENTRIES, INCLUDING DECK ENTRIES (NON-ELECTRONIC) ARE SUBJECT TO A SURCHARGE OF \$1.00 PER ENTRY, WHICH APPLIES TO INDIVIDUAL OR RELAY ENTRIES.

Make your entry check payable to "CPHM Piranhas" and mail your check and entry summary sheet to:

Rusty Blue,
548 Englemore Road,
Clifton Park, NY 12065
rustyblue0@gmail.com
518-373-1135

Entries will be entered to the meet upon receipt of your check.

Photographers:

Any photographer or videographer, who intends to take pictures at an Adirondack Swimming sanctioned meet, must complete and submit a Photographer Registration Form to the Meet Director before commencing activity.

Forms are available on the Adirondack Swimming website as well as from the Meet Director. [Click here for a direct link to the registration form.](#)

Swimmer's families, taking photos of their children from the spectator area, are not subject to this policy.

Awards:

For individual events ribbons will be awarded for 1st- 8th place.

Scoring:

The meet will not be scored

Officials:

There will be an official's meeting conducted promptly 30 minutes before each session. Attendance is MANDATORY to work the meet. Please sign up in official's room before the start of officials meeting.

If you have any questions please contact Rusty Blue, rustyblue0@gmail.com 518-373-1135

**December Distance Meet
Sunday December 14th, 2014
Shenendehowa Aquatic Center**

SESSION 1

WARM-UPS 7:00AM ... POSITIVE CHECK-IN BY 7:15 AM ... SESSION BEGINS 8:00AM

GIRLS EVENTS	EVENT DESCRIPTION	BOYS EVENTS
1	Open 400 Individual Medley	2
3	Open 500 Freestyle	4

SESSION 2

WARM-UPS 11:00AM ... SESSION BEGINS 12:00PM

GIRLS EVENTS	EVENT DESCRIPTION	BOYS EVENTS
5	Open 200 Butterfly	6
7	Open 200 Backstroke	8
9	Open 200 Breaststroke	10
11	Open 200 Individual Medley	12

SESSION 3

WARM-UPS 4:00PM ... POSITIVE CHECK-IN BY 3:45 PM (1650 Only) ... SESSION BEGINS 4:30PM

GIRLS EVENTS	EVENT DESCRIPTION	BOYS EVENTS
13	Open 1650 Freestyle	14

Each Swimmer May Swim A Maximum of 4 Events Per Day

\$4.75 Per Individual Entry for Sessions 1 and 3

\$4.50 Per Individual Entry for Session 2

\$1.00 Per Athlete Surcharge

For Manual Entries, Add \$1.00 Per Entry

“Clifton Park-Halfmoon Piranhas”

ENTRY FEE CALCULATION SHEET

“December Distance Meet”

SHENENDAHOWA AQUATICS CENTER

Sunday December 14th, 2014

TEAM NAME _____
CONTACT PERSON _____
PHONE NUMBER _____
E-Mail ADDRESS _____

Number of Individual Entries _____ X \$4.75 = \$ _____
Number of Swimmers _____ X \$1.00 = \$ _____
Number of Manual Entries _____ X \$1.00 = \$ _____

Total Entry Fee Due\$ _____

Total Amount Due and Enclosed\$ _____

ENTRY DEADLINE, Thursday, December 4th, 2014

MAKE CHECKS PAYABLE TO “CPHM Piranhas”

Mail Entries, Entry Report, This Form and Check To:

Rusty Blue

548 Englemore Road

Clifton Park, NY 12065.

*Entry File May be sent Email to: rustyblue0@gmail.com

This form Must be returned with Entry Report and Check

**Entries will be posted to the meet program
upon receipt of check only**

**“CLIFTON PARK-HALFMOON PIRANHAS” assumes no responsibility
for meet close-out due to late entries**

***Your Team Check Must be received to have entries added to the meet**