

First Splash

Clark Sports Center, Cooperstown NY November 4th 2017

Held under the Approval of Adirondack Swimming, Inc. Approval # APP18-001

In granting this Approval it is understood and agreed that USA Swimming and Adirondack Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Host: Central Valley Swim League/ Clarks sports Center Sharks

Place: Clarks Sports Center, 8 lanes, Colorado Automatic timing system
The competition course has not been certified in accordance with 104.2.2C(4).

Pool Depths: Start End 1 meter= 8 feet ... 5 meters= 6 ft 1 " Turn End 1 meter= 4 feet ... 5 meters=4 feet

Time: warm ups 12:30 pm meet start 1:00 pm

Meet Director: Lindsey Bailey,baileyL@clarkssportscenter.com 607-547-2800 ext 114

Admin Official: Melissa Jonker

Attending Teams:

Amsterdam Sea Rams, Canajoharie Crocodiles, Clark Sports Center Sharks and Schoharie Valley Penguins
CVSL meets are CLOSED meets available to CVSL members only

Entry Rules:

The eligibility of a swimmer will be determined by his or her age on November 4th 2017
Rules from the current USA Swimming Technical Rules will be in effect.
Swimmers may enter up to 3 individual events and 1 relay
Entries must be received by October 28th 2017
Entries must be submitted electronically, using Hy-Tek, Team Unify or compatible Software.
Entries must be submitted via e-mail to: baileyL@clarkssportscenter.com

USA Swimming Registration:

Club athletes may obtain USA Swimming Registration from your Club Registrar
Unattached athletes may obtain forms and instructions from the Adirondack Swimming Web Site www.adirondackswimming.org
Direct registration questions to the Adirondack Registrar, Ann Korzun, 518-877-6571 or akorzun@adirondackswimming.org

Swimming events:

All events are timed events. Starts will be fly over starts; please inform your swimmers prior to the meet. Positive check in will be required for the 500 free. Swimmers who are not checked in by the deadline will be scratched. 12 & under events will be scored 8 & under,9-10,11-12

Warm-Ups:

Because of the large number of injuries occurring across the country during warm-ups, USA Swimming allows no diving into the pool during the warm-up period except in the designated sprint lanes. We ask that you inform your swimmers of this rule and ask them to fully cooperate with the club officials and marshals in charge of the area.

Meet Policy:

Use of Audio or Visual Recording Devices, Including a Cell Phone, is not permitted in changing areas, rest rooms or locker rooms. Deck changes are prohibited.

Officials:

There will be an official's meeting conducted promptly 30 minutes before each session. Attendance is MANDATORY to work the meet. Please sign up in official's room before the start of officials meeting.

Timers:

Clubs will be required to provide timers based upon their number of entries.
Swimmers have to provide their own timers and counters for the 500's, 1650's and 400 IM's.

Awards:

Ribbons will be given out for places 1 to 8 for individual events and 1st place for relays
12 and under events will be scored 8 & under, 9-10, 11-12
Open events will be scored 10 & under, 11-12, 13-14, 15 & over

Services:

Food concession will be available at the meet. Equipment vendor will attend. etc.

Meet Notes:

This meet is an Adirondack Swimming Approved Meet. When all conditions of Approval are met, all times achieved by USA Swimming, Inc. Registered Athletes will be loaded to the USA Swimming National Database, SWIMS. **For times to be used, all swims must be observed by a minimum of 2, USA Swimming Registered and Certified Stroke and Turn Officials, one located at each end of the pool, at all times during the meet. The meet must also be overseen by a current USA Swimming Admin Official.**
As this is Not a Sanctioned Meet, it may Not be used to satisfy the Adirondack Swimming Minimum Meet Requirement for Championship Eligibility. However, All legal times achieved May be used for entry qualification purposes in any USA Swimming Sanctioned Meet.

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WARM-UPS 12:30PM ... SESSION BEGINS 1:00PM

GIRLS EVENTS	AGE GROUP	EVENT DESCRIPTION	BOYS EVENTS
1	12 & U	50 yard freestyle	2
3	Open	50 yard freestyle	4
5	8&U	25 yard butterfly	6
7	12&U	50 yard butterfly	8
9	OPEN	100 yard butterfly	10
11	OPEN	200 yard butterfly	12
13	8&U	25 yard backstroke	14
15	12&U	50 yard backstroke	16
17	OPEN	100 yard backstroke	18
19	OPEN	200 yard backstroke	20
21	8&u	25 yard breaststroke	22
23	12&U	50 yard breaststroke	24
25	OPEN	100 Yard breaststroke	26
27	OPEN	200 yard breaststroke	28
29	8&U	25 yard freestyle	30
31	12&U	100 yard freestyle	32
33	Open	100 yard freestyle	34
35	Open	200 yard freestyle	36
37	8&U	100 yard IM	38
39	12 & U	100 yard IM	40
41	OPEN	200 yard IM	42
43	8&U	100 yard freestyle relay	44
45	9-12	200 yard freestyle relay	46
47	OPEN	200 yard freestyle relay	48
49	OPEN	500 yard freestyle	50

Each Swimmer May Swim A Maximum of 3 Events Per Day Plus 1 Relay

12 & under events are scored 8& Under, 9-10, 11-12
 Open events are scored 10 & under, 11-12, 13-14, 15 & over
 Events may be seeded in mixed heats (GIRLS AND BOYS in the same age group)

Note: Entry Limits are governed by USA Swimming Rules 102.2.2 and 102.2.3