

Change Notice

Cabin Fever Invitational
Ballston Spa High School
Saturday January 20, 2018
Sanction # AD18-021

Due to the number of participants, the following changes have been made to the meet:

Session 1 (10 & Under): No Change

- Warm ups at 6:45 am
- Session will start at 7:45 am

Session 2 (11 - 12): Move Ahead 60 minutes

- Warm ups at 10:00 am
- Session will start at 11:00 am
- Positive Check-In for 500 Freestyle by 10:15 am

Session 3 (13 & Over): Move Ahead 2 Hours

- Warm ups at 1:00 pm
- Session will start at 2:00 pm
- Positive Check-In for 500 Freestyle is 1:15 pm

Please notify all of your coaches, swimmers, and parents of these changes. We apologize for any inconvenience these changes may cause.