

**Adirondack Silver Short Course Championships
Union College
Friday, March 4 – Sunday, March 6, 2022**

CHANGE NOTICE

Please note the following changes:

*Due to the great number of athletes participating at Silver Championships we will have **three (3) Sessions on Saturday and Sunday** (instead of two) to keep the number of bodies on deck more manageable. Regrettably, we have also removed some relays.*

1. Friday's Session 1 stays unchanged.
2. Saturday and Sunday morning sessions:
 1. Meet start times have been moved up to 8:05 am.
 2. Please see warm-up schedule for warm-up times.
 3. AM sessions will be 11-12 Girls, 8&U Boys and 9-10 Boys
3. Saturday and Sunday mid-day sessions:
 1. Meet start times are 11:45 am on Saturday, and 12:10 pm on Sunday
 2. Please see warm-up schedule for warm-up times.
 3. Mid-day sessions will be 11-12 Boys, 8&U Girls and 9-10 Girls
4. Saturday and Sunday late-day sessions:
 1. Meet start times are 3:15 pm on Saturday and 4:15 pm on Sunday
 2. Please see warm-up schedule for warm-up times.
 3. Late-day sessions will be 13&O Boys and Girls.
5. All 13&Over Free and Medley relays have been removed from the meet.
6. All 12&Under Medley Relays have been removed from the meet.

Masks are still required at Union College for all visitors to campus.

Coaches, please make sure your swimmers and parents are informed of these changes.

Thank you!