

STARFISH FALL SPOOK-TACULAR

Sunday, October 29, 2023

Ravena-Coeymans-Selkirk High School

Sanction: Held under the sanction of USA Swimming, Inc. and Adirondack Swimming Inc., Sanction # AD24-005
Don Lipkin, General Chairman
In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Host: Albany Starfish Swim Club

Place: Ravena-Coeymans-Selkirk High School, 2025 US-9W, Ravena, NY; 6 Lane Short Course, 25 Yard Pool.

IST electronic timing system using Hy-Tek Meet Manager software

Event may be seeded and raced in 5 or 6 lanes, with lanes used as warm-up/warm-down.

The competition course has not been certified in accordance with 104.2.2C(4)

Pool Depths: **Depth of Pool at One (1) Meter 12' and Five (5) Meters 12' from Start End of Pool.**
Depth of Pool at One (1) Meter 4' and Five (5) Meters 4' 8" from Turn End of Pool.

Time:

Session	Age Groups	Warm-up	Meet Start	Positive Check In By
Session 1 – Saturday AM	8 & U, 9-10, 11-12, OPEN	8:00 AM	9:00 AM	N/A
Session 2 – 400 IM & 1000 Free	OPEN	12:00 PM	12:30 PM	11:00 AM

Meet Director: Greg Antolick gantolick@nycap.rr.com 518-852-1213
Meet Referee: JoAnn Faucett faucettjm@aol.com 518-496-6136
Meet Entry Coordinator: Dan Tanski entries@starfishswimclub.org 518-265-7365

Entry Rules:

The eligibility of a swimmer will be determined by his or her age on October 29th, 2023.

Rules from the current USA Swimming Technical and Administrative Rules will be in effect.

Entries must be submitted electronically, using Hy-Tek, Team Unify or compatible Software and Emailed to the **Meet Entry Coordinator**.

Team entries must be received by the Meet Entry Coordinator by October 20th, 2023

Swimmers may enter up to four (4) individual events

In the event the meet is oversubscribed, the Meet Director may cut Relays in order to achieve the desired timeline. If after removing relays, the meet is still oversubscribed, the Meet Director and Meet Referee will work together to determine how entries are removed, with the best interest of the swimmers in mind.

If the meet is oversubscribed or undersubscribed, Meet and/or Session Start Times may need to be changed. Attending teams will be notified of any changes via email and all changes will be posted to the AD Web Site. All fees paid for cut entries will be refunded.

202.3.2 At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision, but it is the swimmer's responsibility to make such arrangements prior to the start of the meet.

202.3.4A Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

USA Swimming Registration:

No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302

All registrations are completed using the USA Swimming Online Member Registration (OMR) system.

Refer to the AD web site, "USA-S Registrations" page for information.

Adirondack Meets are reconciled for current USA Swimming Registration. Unregistered or expired swimmers will be removed from the meet.

Athletes 18 or older MUST have completed APT to be compliant and allowed to swim in meet.

AD swimmers must have Confirmed Birthdates to swim age specific events.

Legal ID must be sent to the LSC Registrar for new members or members new to AD.

Direct registration questions to the Adirondack Registrar, Bill Faucett office@adirondackswimming.org

Swimming Events:

All events will be pre-seeded and swum as timed finals.

Positive check-in 400 IM & 1000 Freestyle by 11:00am.

Warm-Ups:

Because of the large number of injuries occurring across the country during warm-ups, USA Swimming allows no diving into the pool during the warm-up period except in the designated sprint lanes. We ask that you inform your swimmers of this rule and ask them to fully cooperate with the club officials and marshals in charge of the area.

Timers:

Clubs will be required to provide timers based upon their number of entries. Timing assignments will be posted to the AD Swimming meets page by October 25th. Swimmers have to provide their own timers for the 400 IM & 1000 Freestyle.

Deck Entries:

Adirondack Swimming has agreed to allow Deck Entries at AD Meets under the following conditions;

1. Deck Entries are NOT Allowed during Championship Meets
2. Athlete must be USA-S Registered and show Proof of Registration (those already in meet have been confirmed as registered).
Acceptable form of Proof of Registration is USA-Swimming Member Card from Member's SWIMS 3.0 Dashboard..
3. Coach makes the request for the entry.
4. All Deck Entries will be allowed at the discretion of a combined decision of the Meet Director and the Meet Referee.
5. Deck Entries are Subject to a \$1.00 Surcharge, Per Entry, which applies to All Entries, Individual or Relays.

Meet Policy:

Use of Audio or Visual Recording Devices, Including a Cell Phone, is not permitted behind the starting blocks, including any spectator area behind the starting blocks, in changing areas, rest rooms or locker rooms.

Changing into or out of swimsuits other than locker rooms or other designated areas is prohibited.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

No one will be allowed on the deck except USA-S Registered Officials and USA-S Registered Coaches with Current Certifications, USA-S Registered Swimmers and Meet Marshalls and Timers on Shift.

All Officials and Coaches are Required to display USA Swimming Credentials (USA Swimming Membership Card) while on deck.

If, at an AD Sanctioned Meet, an individual is found on deck, acting in any coaching capacity and is determined to be out of compliance with USA Swimming requirements for coaches, that individual will be removed from the deck and the represented club will be fined \$250.

Any swimmer found in an unauthorized area will be asked to immediately leave the premises. No exceptions.

Each team is responsible for supervising its members.

All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND ADIRONDACK SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.

This statement (Covid-19) shall also be included in heat sheets.

Host Assumption of Risk Disclaimer Statement

Starfish Swim Club follows all health and safety measures as implemented by the RCS CSD and the New York State and Albany County Boards of Health. Athletes, coaches, officials and spectators must follow all posted instructions while attending the 2023 Starfish Swim Club Fall Spooktacular. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By attending the 2023 Albany Starfish Swim Club Fall Spooktacular event, you voluntarily assume all risks related to exposure to COVID-19.

Services:

Concession stand will be available. Meet mobile is planned to be used during the meet provided good internet access at the pool.

Spectators entering the pool area will be charged \$5 per person. Children under 12 admitted free.

Disabled Athletes:

Adirondack Swimming welcomes athletes with disabilities. Athletes with disabilities are required to contact the Meet Director at least 2 weeks in advance of the meet so that provisions can be made for any special accommodations.

Entry Fees:

An entry summary sheet is included to compute your team entry fees.

The entry fees are \$4.50 per individual event, which includes the \$.50 AD travel fund surcharge, and a \$2.00 per swimmer surcharge.

ALL MANUAL ENTRIES, INCLUDING DECK ENTRIES (NON-ELECTRONIC) ARE SUBJECT TO A SURCHARGE OF \$1.00 PER ENTRY, WHICH APPLIES TO INDIVIDUAL OR RELAY ENTRIES.

Make your entry check payable to "Starfish Swim Club" and mail your check and entry summary sheet to the **Meet Entry Coordinator**.

Entries will be entered to the meet upon receipt of your check.

Photographers:

Only Professional Photographers or Videographers hired by the host team or Press Photographers, who have been approved in advance by the meet director, will be allowed on deck. A Photographer Registration form must be completed and submitted to the meet director for approval, prior to the meet. Forms are available on the Adirondack Swimming website as well as from the Meet Director.

[Click here for a direct link to the registration form.](#)

Swimmer's families, taking photos of their children from the spectator area, are not subject to this policy.

Parents and Professionals, please refer to the "Meet Policy" above for general restrictions pertaining to all photography at Sanctioned meets.

Awards:

Ribbons will be awarded for 1st-8th place.

Scoring:

This meet will not be scored.

Time Trials:

Time trials will not be offered.

Spectator Admission Charge:

Spectators entering the pool area will be charged \$5 per person. Children under 12 admitted free. Tickets may be purchased in advance through Ticket Leap- https://starfish-swim-club.ticketleap.com/starfish-fall-spook-tacular/dates/Oct-29-2023_at_0800AM

Officials:

There will be an official's meeting conducted promptly 30 minutes before each session. Attendance is MANDATORY to work the meet. Please sign up in official's room before the start of officials meeting.

If you have any questions, please contact the Meet Director or Meet Referee

STARFISH FALL SPOOK-TACULAR
Sunday, October 29, 2023
Ravena-Coeymans-Selkirk High School

Session 1

Warm Up 8:00am, Meet Start 9:00am

GIRLS EVENTS	AGE GROUP	EVENT DESCRIPTION	BOYS EVENTS
1	OPEN	100 Freestyle	2
3	11-12	100 Freestyle	4
5	9-10	50 Freestyle	6
7	8 & Under	25 Freestyle	8
9	OPEN	100 Breaststroke	10
11	11-12	50 Breaststroke	12
13	9-10	50 Breaststroke	14
15	8 & Under	25 Breaststroke	16
17	OPEN	200 Individual Medley	18
19	11-12	200 Individual Medley	20
21	10 & Under	100 Individual Medley	22
23	OPEN	100 Backstroke	24
25	11-12	50 Backstroke	26
27	9-10	50 Backstroke	28
29	8 & Under	25 Backstroke	30
31	OPEN	200 Freestyle	32
33	11-12	50 Butterfly	34
35	9-10	50 Butterfly	36
37	8 & Under	25 Butterfly	38
39	OPEN	100 Butterfly	40

Session 2

Warm Up 12:00pm, Meet Start 12:30pm

Positive Check-In for 400 IM & 1000 Free by 11:00am

41	MIXED	OPEN	400 Individual Medley
42	MIXED	OPEN	1000 Freestyle

Each Swimmer May Swim A Maximum of 4 Events

\$4.50 Per Individual Event Per Athlete for ALL Athletes

\$2.00 Per Athlete Surcharge

For Manual Entries, Add \$1.00 Per Entry (individual or relay)

Albany Starfish Swim Club
ENTRY FEE CALCULATION SHEET
2023 STARFISH FALL SPOOKTACULAR

TEAM NAME _____
CONTACT PERSON _____
PHONE NUMBER _____
E-Mail ADDRESS _____

Number of Individual Entries	_____	X \$4.50 = \$	_____
Number of Swimmers	_____	X \$2.00 = \$	_____
Number of Manual (non-electronic) Entries	_____	X \$1.00 = \$	_____
Total Amount Due and Enclosed			\$ _____

ENTRY DEADLINE: Friday, October 20, 2023

MAKE CHECKS PAYABLE TO Albany Starfish Swim Club

Email your entries to the Meet Entry Coordinator
entries@starfishswimclub.org

**This form Must be returned with Entry Report and Check
to the Meet Entry Coordinator:**

Starfish Swim Club
PO Box 9408
Niskayuna, NY 12309

Entries will be posted to the meet program upon RECEIPT OF CHECK ONLY

Albany Starfish Swim Club assumes no responsibility for meet close-out due to late entries