

Tri Meet

November 18, 2023

Nellis Pool, Canajoharie, NY

Sanction: Held under the sanction of USA Swimming, Inc. and Adirondack Swimming Inc., Sanction # AD24-007
Marco Greico, General Chairman
In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Host: Canajoharie Crocodiles/ Central Valley Swim League

Place: Nellis Pool, Canajoharie NY. Short Course...25 Yards.... Colorado Automatic Timing System.
The competition course has not been certified in accordance with 104.2.2C(4).

Pool Depths: Depth of Pool at One (1) Meter 9 feet and Five (5) Meters 10 feet from Start End of Pool.
Depth of Pool at One (1) Meter 3 feet and Five (5) Meters 3 feet 6 inches from Turn End of Pool.

Time: WARM UP: 8:15AM MEET START: 9:00AM

| | | | |
|--------------------------------|-----------------------|--|---------------------|
| Meet Director: | Jeff Watson | canjocrocs@gmail.com | |
| Meet Referee: | Steve Trembley | strembley@mhxco.com | 518-573-1700 |
| Meet Entry Coordinator: | Lindsay Noles | canjocrocs@gmail.com | |

Entry Rules:

The eligibility of a swimmer will be determined by his or her age on **November 18, 2023**.
Rules from the current USA Swimming Technical and Administrative Rules will be in effect.
Entries must be submitted electronically, using Hy-Tek, Team Unify or compatible Software and Emailed to the **Meet Entry Coordinator**.
Team entries must be received by the Meet Entry Coordinator by **FRIDAY November 10, 2023**

Swimmers may enter a max of three (3) Individual events plus one (1) Relay OR two (2) Individual events and two (2) Relays for the meet. This meet is open to CVSL League teams only.

If the meet is oversubscribed or undersubscribed, Meet and/or Session Start Times may need to be changed. Attending teams will be notified of any changes via email and all changes will be posted to the AD Web Site. All fees paid for cut entries will be refunded.

202.3.2 At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision, but it is the swimmer's responsibility to make such arrangements prior to the start of the meet.

202.3.4A Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

USA Swimming Registration:

No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302

All registrations are completed using the USA Swimming Online Member Registration (OMR) system.

Refer to the AD web site, "USA-S Registrations" page for information.

Adirondack Meets are reconciled for current USA Swimming Registration. Unregistered or expired swimmers will be removed from the meet.

Athletes 18 or older MUST have completed APT to be compliant and allowed to swim in meet.

AD swimmers must have Confirmed Birthdates to swim age specific events.

Legal ID must be sent to the LSC Registrar for new members or members new to AD.

Direct registration questions to the Adirondack Registrar, Bill Faucett office@adirondackswimming.org

Swimming Events:

All events will be pre-seeded and swum as timed finals.

12 and under events will be scored 8 & under, 9-10, 11-12

13 and over events will be scored as 13-14, 15 and over

Open events will be scored 10 & under, 11-12, 13-14, 15 & over

Relays:

Mixed relays must consist of 2 Boys & 2 Girls.

Warm-Ups:

Because of the large number of injuries occurring across the country during warm-ups, USA Swimming allows no diving into the pool during the warm-up period except in the designated sprint lanes. We ask that you inform your swimmers of this rule and ask them to fully cooperate with the club officials and marshals in charge of the area.

Timers:

Clubs will be required to provide timers based upon their number of entries.

Swimmers have to provide their own timers for the 400IM.

Deck Entries:

Adirondack Swimming has agreed to allow Deck Entries at AD Meets under the following conditions;

1. Deck Entries are NOT Allowed during Championship Meets
2. Athlete must be USA-S Registered and show Proof of Registration (those already in meet have been confirmed as registered).
Acceptable form of Proof of Registration is USA-Swimming Member Card from Member's SWIMS 3.0 Dashboard..
3. Coach makes the request for the entry.
4. All Deck Entries will be allowed at the discretion of a combined decision of the Meet Director and the Meet Referee.
5. Deck Entries are Subject to a \$1.00 Surcharge, Per Entry, which applies to All Entries, Individual or Relays.

Meet Policy:

Use of Audio or Visual Recording Devices, Including a Cell Phone, is not permitted behind the starting blocks, including any spectator area behind the starting blocks, in changing areas, rest rooms or locker rooms.

Changing into or out of swimsuits other than locker rooms or other designated areas is prohibited.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

No one will be allowed on the deck except USA-S Registered Officials and USA-S Registered Coaches with Current Certifications, USA-S Registered Swimmers and Meet Marshalls and Timers on Shift.

All Officials and Coaches are Required to display USA Swimming Credentials (USA Swimming Membership Card) while on deck.

If, at an AD Sanctioned Meet, an individual is found on deck, acting in any coaching capacity and is determined to be out of compliance with USA Swimming requirements for coaches, that individual will be removed from the deck and the represented club will be fined \$250.

Any swimmer found in an unauthorized area will be asked to immediately leave the premises. No exceptions.

Each team is responsible for supervising its members.

All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND ADIRONDACK SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.

This statement (Covid-19) shall also be included in heat sheets.

Host Assumption of Risk Disclaimer Statement

Canajoharie Swim Club follows all health and safety measures as implemented by the New York State Board of Health. Athletes, coaches, officials and spectators must follow all posted instructions while attending the meet.

Services:

Concessions will be available in the Gym

Disabled Athletes:

Adirondack Swimming welcomes athletes with disabilities. Athletes with disabilities are required to contact the Meet Director at least 2 weeks in advance of the meet so that provisions can be made for any special accommodations.

Entry Fees:

An entry summary sheet is included to compute your team entry fees. The entry fees are \$3.00 per individual event, which includes the \$.50 AD travel fund surcharge, \$3.00 per Relay entry, which includes the \$1.00 AD Travel fund surcharge and a \$2.00 per swimmer surcharge **ALL MANUAL ENTRIES, INCLUDING DECK ENTRIES (NON-ELECTRONIC) ARE SUBJECT TO A SURCHARGE OF \$1.00 PER ENTRY, WHICH APPLIES TO INDIVIDUAL ENTRIES.**

Make your entry check payable to Canajoharie Crocodiles and bring your check and entry summary sheet to:

Canajoharie Crocodiles
C/O Lindsay Noles
Canajoharie, NY 13317

Entries will be entered to the meet upon receipt

Awards:

Ribbons will be given out for places 1 to 6 for individual events and 1st place for relays

Scoring:

Events will be scored according to USA Swimming rules.

12 and under events will be scored 8 & under, 9-10, 11-12

Open events will be scored 10 & under, 11-12, 13-14, 15 & over

Photographers:

Only Professional Photographers or Videographers hired by the host team or Press Photographers, who have been approved in advance by the meet director, will be allowed on deck. A Photographer Registration form must be completed and submitted to the meet director for approval, prior to the meet. Forms are available on the Adirondack Swimming website as well as from the Meet Director.

[Click here for a direct link to the registration form.](#)

Swimmer's families, taking photos of their children from the spectator area, are not subject to this policy.

Parents and Professionals, please refer to the "Meet Policy" above for general restrictions pertaining to all photography at Sanctioned meets.

Officials:

There will be an official's meeting conducted promptly 30 minutes before each session. Attendance is MANDATORY to work the meet. Please sign up in official's room before the start of officials meeting.

If you have any questions, please contact the Meet Director or Meet Referee

Tri Meet
November 18, 2023
Nellis Pool, Canajoharie, NY

WARM-UPS 8:15AM ... SESSION BEGINS 9:00AM

| EVENT | GENDER | AGE GROUP | EVENT DESCRIPTION |
|-------|--------|------------|----------------------------|
| 1 | Mixed | 12 & Under | 50 Yard Freestyle |
| 2 | Mixed | 13 & Over | 50 Yard Freestyle |
| 3 | Mixed | 8 & Under | 25 Yard Butterfly |
| 4 | Mixed | 12 & Under | 50 Yard Butterfly |
| 5 | Mixed | Open | 100 Yard Butterfly |
| 6 | Mixed | Open | 200 Yard Butterfly |
| 7 | Mixed | 8 & Under | 25 Yard Backstroke |
| 8 | Mixed | 12 & Under | 50 Yard Backstroke |
| 9 | Mixed | Open | 100 Yard Backstroke |
| 10 | Mixed | Open | 200 Yard Backstroke |
| 11 | Mixed | 8 & Under | 25 Yard Breaststroke |
| 12 | Mixed | 12 & Under | 50 Yard Breaststroke |
| 13 | Mixed | Open | 100 Yard Breaststroke |
| 14 | Mixed | Open | 200 Yard Breaststroke |
| 15 | Mixed | 8 & Under | 25 Yard Freestyle |
| 16 | Mixed | 12 & Under | 100 Yard Freestyle |
| 17 | Mixed | 13 & Over | 100 Yard Freestyle |
| 18 | Mixed | Open | 200 Yard Freestyle |
| 19 | Mixed | 12 & Under | 100 Yard Individual Medley |
| 20 | Mixed | Open | 200 Yard Individual Medley |
| 21 | Girls | 8 & Under | 100 Yard Freestyle Relay |
| 22 | Boys | 8 & Under | 100 Yard Freestyle Relay |
| 23 | Mixed | 8 & Under | 100 Yard Freestyle Relay |
| 24 | Girls | 9-12 | 200 Yard Freestyle Relay |
| 25 | Boys | 9-12 | 200 Yard Freestyle Relay |
| 26 | Mixed | 9-12 | 200 Yard Freestyle Relay |
| 27 | Girls | Open | 200 Yard Freestyle Relay |
| 28 | Boys | Open | 200 Yard Freestyle Relay |
| 29 | Mixed | Open | 200 Yard Freestyle Relay |
| 30 | Mixed | Open | 400 Yard Individual Medley |

**Each Swimmer May Swim A Maximum of
three (3) Events Per Day plus one (1) Relay
OR
two (2) Individual events plus two (2) Relays**
\$3.00 Per Individual Event Per Athlete for ALL Athletes
\$2.00 Per Athlete Surcharge
\$3.00 Per Each Relay
For Manual Entries, Add \$1.00 Per Entry (individual or relay)

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Nellis Pool, Canajoharie, NY
ENTRY FEE CALCULATION SHEET

TEAM NAME _____
CONTACT PERSON _____
PHONE NUMBER _____
E-Mail ADDRESS _____

| | | | |
|---|-------|---------------|-------|
| Number of Individual Entries | _____ | X \$3.00 = \$ | _____ |
| Number of Swimmers | _____ | X \$2.00 = \$ | _____ |
| Number of Relays | _____ | X \$3.00 = \$ | _____ |
| Number of Manual (non-electronic) Entries | _____ | X \$1.00 = \$ | _____ |

Total Amount Due and Enclosed\$_____

ENTRY DEADLINE: FRIDAY November 10, 2023

MAKE CHECKS PAYABLE TO “Canajoharie Crocodiles”

Email your entries to the Meet Entry Coordinator

**This form Must be returned with Entry Report and Check
to the Meet Entry Coordinator:**

canjocrocs@gmail.com

**Entries will be posted to the meet program
upon RECEIPT OF CHECK ONLY**

**“Canajoharie Crocodiles/ Central Valley Swim League”
assumes no responsibility
for meet close-out due to late entries**