

**Change Notice**  
**Silver Championships RPI**

**Saturday**

**Session 2 – Unchanged**

**Session 3 – Warmups 12:00pm,**

**Session start 1:00pm,**

**Positive Check in for 400IM's 3:00pm**

**Sunday**

**Session 4 – Unchanged**

**Session 5 – Warmups 12:00pm,**

**Session Start 1:00pm**