

# CVSL Tri Meet

## December 21, 2024

### Nellis Pool, Canajoharie, NY

**Sanction:** Held under the sanction of USA Swimming, Inc. and Adirondack Swimming Inc., Sanction # AD25-014

Marco Greico, General Chairman

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

**Host:** Canajoharie Crocodiles/Central Valley Swim League

**Place:** Nellis Pool, Canajoharie, NY. Short Course, 25 Yards, Colorado Automatic Timing System.

The competition course has not been certified in accordance with 104.2.2C(4).

**Pool Depths:** Depth of Pool at One (1) Meter 9 feet and Five (5) Meters 10 feet from Start End of Pool.  
Depth of Pool at One (1) Meter 3 feet and Five (5) Meters 3 feet 6 inches from Turn End of Pool.

**Time:** Warm Ups: 8:15am Meet Start: 9:00am

<b>Meet Director:</b>	Jeff Watson	518-860-2738	canjocrocodiles@gmail.com
<b>Meet Referee:</b>	Steve Trembley	518-573-1700	strembley@outlook.com
<b>Meet Entry Coordinator:</b>	Lindsay Noles	603-285-3881	monkk_37@yahoo.com

#### Entry Rules:

The eligibility of a swimmer will be determined by his or her age on **December 21, 2024**.

Rules from the current USA Swimming Technical and Administrative Rules will be in effect.

Entries must be submitted electronically, using Hy-Tek, Team Unify or compatible Software and Emailed to the **Meet Entry Coordinator**.

Team entries must be received by the Meet Entry Coordinator by **Wednesday, December 18, 2024**.

**Swimmers may enter a max of three (3) Individual events plus one (1) Relay OR two (2) Individual events and two (2) Relays for the meet. This meet is open to CVSL League teams only.**

**If the meet is oversubscribed or undersubscribed, Meet and/or Session Start Times may need to be changed. Attending teams will be notified of any changes via email and all changes will be posted to the AD Web Site. All fees paid for cut entries will be refunded.**

202.3.2 At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision, but it is the swimmer's responsibility to make such arrangements prior to the start of the meet.

202.3.4A Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

#### USA Swimming Registration:

**No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302**

All registrations are completed using the USA Swimming Online Member Registration (OMR) system.

Refer to the AD web site, "USA-S Registrations" page for information.

Adirondack Meets are reconciled for current USA Swimming Registration. Unregistered or expired swimmers will be removed from the meet.

Athletes 18 or older MUST have completed APT to be compliant and allowed to swim in meet.

AD swimmers must have Confirmed Birthdates to swim age specific events.

Legal ID must be sent to the LSC Registrar for new members or members new to AD.

Direct registration questions to the Adirondack Registrar, Bill Faucett [office@adirondackswimming.org](mailto:office@adirondackswimming.org)

#### Swimming Events:

**All events will be pre-seeded and swum as timed finals.**

**12 and under events will be scored as 8 & under, 9-10, 11-12.**

**13 and over events will be scored as 13-14, 15 and over.**

**Open events will be scored 10 & under, 11-12, 13-14, 15 and over.**

#### Relays:

**Mixed relays must consist of 2 Boys and 2 Girls.**

#### Warm-Ups:

Because of the large number of injuries occurring across the country during warm-ups, USA Swimming allows no diving into the pool during the warm-up period except in the designated sprint lanes. We ask that you inform your swimmers of this rule and ask them to fully cooperate with the club officials and marshals in charge of the area.

#### Timers:

Clubs will be required to provide timers based upon their number of entries.

Swimmers have to provide their own timer & counter for the 500 FR.

## Deck Entries:

Adirondack Swimming has agreed to allow Deck Entries at AD Meets under the following conditions;

1. Deck Entries are NOT Allowed during Championship Meets
2. Athlete must be USA-S Registered and show Proof of Registration (those already in meet have been confirmed as registered).  
Acceptable form of Proof of Registration is USA-Swimming Member Card from Member's SWIMS 3.0 Dashboard..
3. Coach makes the request for the entry.
4. All Deck Entries will be allowed at the discretion of a combined decision of the Meet Director and the Meet Referee.
5. Deck Entries are Subject to a \$1.00 Surcharge, Per Entry, which applies to All Entries, Individual or Relays.

## Meet Policy:

Use of Audio or Visual Recording Devices, Including a Cell Phone, is not permitted behind the starting blocks, including any spectator area behind the starting blocks, in changing areas, rest rooms or locker rooms.

Changing into or out of swimsuits other than locker rooms or other designated areas is prohibited.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

No one will be allowed on the deck except USA-S Registered Officials and USA-S Registered Coaches with Current Certifications, USA-S Registered Swimmers and Meet Marshalls and Timers on Shift.

All Officials and Coaches are Required to show in compliance USA Swimming Membership Card prior to being on deck.

If, at an AD Sanctioned Meet, an individual is found on deck, acting in any coaching capacity and is determined to be out of compliance with USA Swimming requirements for coaches, that individual will be removed from the deck and the represented club will be fined \$250.

Any swimmer found in an unauthorized area will be asked to immediately leave the premises. No exceptions.

Each team is responsible for supervising its members.

All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

## Services:

Concessions will be available in the Gym. Meet programs will be available for \$5 (cash only).

## Disabled Athletes:

Adirondack Swimming welcomes athletes with disabilities. Athletes with disabilities are required to contact the Meet Director at least 2 weeks in advance of the meet so that provisions can be made for any special accommodations.

## Entry Fees:

An entry summary sheet is included to compute your team entry fees. The entry fees are \$3.00 per individual event, which includes the \$.50 AD travel fund surcharge, \$3.00 per relay, which includes the \$1.00 AD travel fund surcharge and a \$2.00 per swimmer surcharge.

**ALL MANUAL ENTRIES, INCLUDING DECK ENTRIES (NON-ELECTRONIC) ARE SUBJECT TO A SURCHARGE OF \$1.00 PER ENTRY, WHICH APPLIES TO INDIVIDUAL OR RELAY ENTRIES.**

Make your entry check payable to Canajoharie Crocodiles and mail your check and entry summary sheet to:

Canajoharie Crocodiles  
PO Box 274  
Canajoharie, NY 13317

*Entries will be entered to the meet upon receipt of your check.*

## Photographers:

Only Professional Photographers or Videographers hired by the host team or Press Photographers, who have been approved in advance by the meet director, will be allowed on deck. A Photographer Registration form must be completed and submitted to the meet director for approval, prior to the meet. Forms are available on the Adirondack Swimming website as well as from the Meet Director.

[Click here for a direct link to the registration form.](#)

Swimmer's families, taking photos of their children from the spectator area, are not subject to this policy.

*Parents and Professionals, please refer to the "Meet Policy" above for general restrictions pertaining to all photography at Sanctioned meets.*

## Awards:

Ribbons will be given out for places 1 to 6 for individual events and 1<sup>st</sup> place for relays.

## Scoring:

**Events will be scored according to USA Swimming rules.**

12 and under events will be scored 8 & under, 9-10, 11-12.

13 and over events will be scored 13-14, 15 & over.

Open events will be scored 10 & under, 11-12, 13-14, 15 & over.

## Officials:

There will be an official's meeting conducted promptly 45 minutes before each session. Attendance is MANDATORY to work the meet. Please sign up in official's room before the start of officials meeting.

**If you have any questions, please contact the Meet Director or Meet Referee**

**CVSL Tri Meet  
December 21, 2024  
Nellis Pool, Canajoharie**

**WARM UPS 8:15AM**

**SESSION BEGNS 9:00AM**

EVENT	GENDER	AGE GROUP	EVENT DESCRIPTION
1	Mixed	12 & Under	50 Yard Freestyle
2	Mixed	13 & Over	50 Yard Freestyle
3	Mixed	8 & Under	25 Yard Butterfly
4	Mixed	12 & Under	50 Yard Butterfly
5	Mixed	Open	100 Yard Butterfly
6	Mixed	Open	200 Yard Butterfly
7	Mixed	8 & Under	25 Yard Backstroke
8	Mixed	12 & Under	50 Yard Backstroke
9	Mixed	Open	100 Yard Backstroke
10	Mixed	Open	200 Yard Backstroke
11	Mixed	8 & Under	25 Yard Breaststroke
12	Mixed	12 & Under	50 Yard Breaststroke
13	Mixed	Open	100 Yard Breaststroke
14	Mixed	Open	200 Yard Breaststroke
15	Mixed	8 & Under	25 Yard Freestyle
16	Mixed	12 & Under	100 Yard Freestyle
17	Mixed	13 & Over	100 Yard Freestyle
18	Mixed	Open	200 Yard Freestyle
19	Mixed	12 & Under	100 Yard Individual Medley
20	Mixed	Open	200 Yard Individual Medley
21	Girls	8 & Under	100 Yard Freestyle Relay
22	Boys	8 & Under	100 Yard Freestyle Relay
23	Mixed	8 & Under	100 Yard Freestyle Relay
24	Girls	9-12	200 Yard Freestyle Relay
25	Boys	9-12	200 Yard Freestyle Relay
26	Mixed	9-12	200 Yard Freestyle Relay
27	Girls	Open	200 Yard Freestyle Relay
28	Boys	Open	200 Yard Freestyle Relay
29	Mixed	Open	200 Yard Freestyle Relay
30	Mixed	Open	500 Yard Freestyle

**Each Swimmer May Swim A Maximum of  
Three (3) Individual Events Per Day plus one (1) Relay  
OR**

**Two (2) Individual Events plus two (2) Relays**

**\$3.00 Per Individual Event Per Athlete for ALL Athletes**

**\$2.00 Per Athlete Surcharge**

**\$3.00 Per Each Relay**

**For Manual Entries, Add \$1.00 Per Entry (individual or relay)**

**CVSL Tri Meet**  
**December 21, 2024**  
**Nellis Pool, Canajoharie, NY**  
ENTRY FEE CALCULATION SHEET

TEAM NAME \_\_\_\_\_  
CONTACT PERSON \_\_\_\_\_  
PHONE NUMBER \_\_\_\_\_  
E-Mail ADDRESS \_\_\_\_\_

Number of Individual Entries	_____	X \$3.00 = \$	_____
Number of Swimmers (LSC Surcharge)	_____	X \$2.00 = \$	_____
Number of Relays	_____	X \$3.00 = \$	_____
Number of Manual (non-electronic) Entries	_____	X \$1.00 = \$	_____
Total Amount Due and Enclosed			\$ _____

**ENTRY DEADLINE: Wednesday, December 18, 2024**

*MAKE CHECKS PAYABLE TO "Canajoharie Crocodiles"*

Email your entries to the Meet Entry Coordinator

**This form Must be returned with Entry Report and Check  
to the Meet Entry Coordinator:**

Lindsay Noles  
PO Box 274, Canajoharie, NY 13317  
603-285-3881  
monkk\_37@yahoo.com

**Entries will be posted to the meet program  
upon RECEIPT OF CHECK ONLY**  
**Canajoharie Crocodiles/Central Valley Swim League assumes  
no responsibility for meet close-out due to late entries**