

CHRIS GOODY IMX CHALLENGE and Mini-Meet January 11-12, 2025, at Union College

Sanction: Held under the sanction of USA Swimming, Inc. and Adirondack Swimming Inc., Sanction # AD25-016
Marco Greico, General Chairman
In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Host: SHARKS SWIM CLUB

Place: Union College, Alumni Gymnasium Pool, 807 Union Street Schenectady, NY 12308
25 Yard, 8 Lane Pool, and Continuous Warm Up Pool - with Colorado timing systems and displays.
Continuous warm-up warm-down time is provided.
This competition course has not been certified in accordance with 104.2.2C(4).

Pool Depths: From Start End of Pool, depth of Pool at One (1) Meter is 10'0" and at Five (5) Meters is 13'0"
From Turn End of Pool, depth of Pool at One (1) Meter is 6'6" and at Five (5) Meters is 6'9"

Time:

Saturday, January 11, 2024				
	Ages	Positive Check-in Deadline	Warm-Up	Meet Start
Session 1	11-Over IMX	4:00 PM	4:00 PM	4:45 PM
Sunday, January 12, 2024				
	Ages	Positive Check-In Deadline	Warm-Up	Meet Start
Session 2	ALL Ages IMX	8:00 AM	8:00 AM	9:00 AM
Session 3	12-U Mini Meet	N/A	1:00	1:45

Meet Directors: Kathleen Sellnow (518) 256 5556 - sharkregistrar518@gmail.com
Meet Referee: JoAnn Faucett (518) 496-6136 - faucettjm@aol.com
Meet Entry Coordinator: Jarrett O'Donnell (518)-231-9058 - sharkmeetentries518@gmail.com

Entry Rules:

The eligibility of a swimmer will be determined by his or her age on **January 11, 2025**.
Rules from the current USA Swimming Technical and Administrative Rules will be in effect.
Entries must be submitted electronically, using Hy-Tek, Team Unify or compatible Software and Emailed to the **Meet Entry Coordinator**.
Team entries must be received by the Meet Entry Coordinator by **January 3, 2025, at 5:00PM**.
Please be certain you receive a reply confirming receipt of your entries within 48 hours; follow up if you do NOT receive a reply.

If the meet is oversubscribed or undersubscribed, Meet and/or Session Start Times may need to be changed. Attending teams will be notified of any changes via email and all changes will be posted to the AD Web Site. All fees paid for cut entries will be refunded.

Entries will be accepted on a first come, first served basis. If the host team receives more entries than expected, it may be closed to further entries before the due date. If the meet is still oversubscribed, relays may be cut. Subscription may also result in meet and/or session start times being rescheduled. Attending teams will be notified of any cuts or changes via email and all changes will be posted to the AD Web Site. Fees paid for cut entries will be refunded.

202.3.2 At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision, but it is the swimmer's responsibility to make such arrangements prior to the start of the meet.

202.3.4A Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

USA Swimming Registration:

No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302

All registrations are completed using the USA Swimming Online Member Registration (OMR) system.

Refer to the AD web site, "USA-S Registrations" page for information.

Adirondack Meets are reconciled for current USA Swimming Registration. Unregistered or expired swimmers will be removed from the meet.

Athletes 18 or older MUST have completed APT to be compliant and allowed to swim in meet.

AD swimmers must have Confirmed Birthdates to swim age specific events.

Legal ID must be sent to the LSC Registrar for new members or members new to AD.

Direct registration questions to the Adirondack Registrar, Bill Faucett office@adirondackswimming.org

Swimming Events:

IMX CHALLENGE – Saturday & Sunday January 11-12

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Events in session 1 of this meet will be POSITIVE CHECK-IN. POSITIVE CHECK-IN lists will be distributed to the coaches before the session, and swimmers should check-in with their designated coach. All IMX events will be seeded as Mixed-Gender events and will be swum as timed finals. Scoring will follow the IMX Single-Year Age Group format. The 12&Under IMX Challenge will include 5 scored events and the 13&Over IMX Challenge will include 6 scored events. A complete list of the IMX Challenge events is listed under Scoring in this announcement.

Session 1 – Saturday's session is for IMX-Challenge swimmers only and will include the 500 Freestyle and 400 IM. Both events are IMX-Challenge scored events. Swimmers may enter a maximum of 2 events in this session.

Session 2 – Sunday's morning session will include the remainder of the 12&Under and 13&Over IMX Challenge scored events. 10&Under swimmers may enter a maximum of five individual events, 11-12 swimmers may enter four individual events, and 13&Over swimmers may enter a maximum of four individual events in this session.

Session 3 – Sunday's afternoon session is a 12-Under mini-meet, and is only for swimmers not entered in the IMX challenge. Swimmers may only swim session 3 if they have not competed in session 1 or 2. Swimmers may swim a maximum of 5 events.

PLEASE NOTE: All individual events will be seeded in mixed gender heats.

All events are timed finals. Starts will be Flyover Starts; please inform your swimmers prior to the meet.

All events in sessions 1 of this meet will be POSITIVE CHECK-IN.

POSITIVE CHECK-IN lists will be distributed to the coaches before session 1, and swimmers should check-in with their designated coach. Swimmers who are not checked in by deadline will be scratched.

All events, including distance events (500 Freestyle and 400 IM) will be swum slowest to fastest.

All IMX events will be scored and awarded per single age.

Additional information is listed under Scoring in this announcement.

To help with proper spacing between events and to give young swimmers the best racing experience, we are asking the swimmers' coaches to provide us with an entry time for all events.

If the athlete has no times (NTs) for some events, please enter an estimated entry time according to your knowledge of the athlete's abilities.

This way, the heat they will get seeded into will provide them with good competition and enough rest between events.

Warm-Ups:

Because of the large number of injuries occurring across the country during warm-ups, USA Swimming allows no diving into the pool during the warm-up period except in the designated sprint lanes. We ask that you inform your swimmers of this rule and ask them to fully cooperate with the club officials and marshals in charge of the area.

Timers:

Clubs will be required to provide timers based upon their number of entries. 500 swimmers must provide their own counter

Deck Entries:

Adirondack Swimming has agreed to allow Deck Entries at AD Meets under the following conditions:

1. Deck Entries are NOT Allowed during Championship Meets
2. Athlete must be USA-S Registered and show Proof of Registration (those already in meet have been confirmed as registered).
Acceptable form of Proof of Registration is USA-Swimming Member Card from Member's SWIMS 3.0 Dashboard..
3. Coach makes the request for the entry.
4. All Deck Entries will be allowed at the discretion of a combined decision of the Meet Director and the Meet Referee.
5. Deck Entries are Subject to a \$1.00 Surcharge, Per Entry, which applies to All Entries, Individual or Relays.

Meet Policy:

Use of Audio or Visual Recording Devices, Including a Cell Phone, is not permitted behind the starting blocks, including any spectator area behind the starting blocks, in changing areas, rest rooms or locker rooms.

Changing into or out of swimsuits other than locker rooms or other designated areas is prohibited.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

No one will be allowed on the deck except USA-S Registered Officials and USA-S Registered Coaches with Current Certifications, USA-S Registered Swimmers and Meet Marshalls and Timers on Shift.

All Officials and Coaches are Required to show in compliance USA Swimming Membership Card prior to being on deck.

If, at an AD Sanctioned Meet, an individual is found on deck, acting in any coaching capacity and is determined to be out of compliance with USA Swimming requirements for coaches, that individual will be removed from the deck and the represented club will be fined \$250.

Any swimmer found in an unauthorized area will be asked to immediately leave the premises. No exceptions.

Each team is responsible for supervising its members.

All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

Services:

A basic selection of packaged snacks and bottled drinks will be on sale throughout the meet.

A swimming equipment vendor (Deep End) will be at the venue.

Smoking is NOT permitted in the building. Food and drink, except for water, are not permitted in the pool area. Glass containers of any kind are strictly prohibited in the pool area.

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Disabled Athletes:

Adirondack Swimming welcomes athletes with disabilities. Athletes with disabilities are required to contact the Meet Director at least 2 weeks in advance of the meet so that provisions can be made for any special accommodations.

Entry Fees:

An entry summary sheet is included to compute your team entry fees. The entry fees are \$7.50 per individual event which includes the \$.50 AD travel fund surcharge, and a \$5.00 per swimmer fee which includes the AD travel fund surcharge of \$2.00 per swimmer.

ALL MANUAL ENTRIES, INCLUDING DECK ENTRIES (NON-ELECTRONIC) ARE SUBJECT TO A SURCHARGE OF \$1.00 PER ENTRY

Make your entry check payable to **Sharks Swim Club** and mail your check and entry summary sheet to the **Meet Entry Coordinator**.
Entries will be entered to the meet upon receipt of your check.

Spectator Admission Charge:

An admission fee will not be charged. Programs will be available, after positive check in has been completed for each session, for \$5 per program per session. Meet will be uploaded to Meet Mobile as well.

Please note that in compliance with Union College Event Rules, SPECTATOR NUMBERS will be RESTRICTED. People working the meet from participating clubs are permitted on deck for their scheduled slot. The meet will be live-streamed to the Sharks YouTube channel, which can be found at the link below. Everyone who subscribes to the channel will be notified when we begin to stream a session; in addition, if the internet connection at the pool becomes unstable and we have to begin a new stream within a session, subscribers will be notified of the new stream automatically. Otherwise, they can check the link close to the session start times and tune in to the link at that time.

Sharks YouTube channel:

<https://www.youtube.com/channel/UCUnfhdVG793C92Sc16OjKTQ>

Photographers:

Only Professional Photographers or Videographers hired by the host team or Press Photographers, who have been approved in advance by the meet director, will be allowed on deck. A Photographer Registration form must be completed and submitted to the meet director for approval, prior to the meet. Forms are available on the Adirondack Swimming website as well as from the Meet Director.

[Click here for a direct link to the registration form.](#)

Swimmer's families, taking photos of their children from the spectator area, are not subject to this policy.

Parents and Professionals, please refer to the "Meet Policy" above for general restrictions pertaining to all photography at Sanctioned meets.

Awards:

The Top 6 IMX point earners in each Single Age will be awarded.
Ribbons will be awarded to the top three teams in the relay events.

Scoring:

In the IMX Challenge, all swims will be scored on the cumulative Hy-Tek Single-Age Points System.

IMX Age Groups and Events:

Age	IMX Events to be scored
9 & Under, 10	200 IM, 200 Free, 100 Back, 100 Breast, 100 Fly
11, 12	200 IM, 500 Free, 100 Back, 100 Breast, 100 Fly
13, 14, 15, 16, 17, and 18 & Over	200 IM, 400 IM, 500 Free, 200 Back, 200 Breast, 200 Fly

Time Trials:

Time Trials may be offered, with a limit of one (1) Time Trial per swimmer for the meet. Time Trials must be requested by the end of warm-up of the affected session on the day of the time trial, and all requests must be approved by the Meet Director and Meet Referee. Time Trials will be \$10.00 each.

Officials:

There will be an official's meeting conducted promptly 30 minutes before each session. Attendance is MANDATORY to work the meet. Please sign up in official's room before the start of officials meeting.

If you have any questions, please contact the Meet Director or Meet Referee

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SESSION 1 – Saturday – IMX Challenge

POSITIVE CHECK-IN DEADLINE and WARM-UP STARTS 4:00 PM – SESSION STARTS 4:45 PM

	EVENT
1	Mixed 11-Over 500 Freestyle
2	Mixed 13-Over 400 IM
Swimmers may enter a maximum of 2 events in this session.	
All events are mixed gender heats and timed finals.	

\$7.50 PER INDIVIDUAL EVENT || \$5.00 SURCHARGE PER SWIMMER
ADDITIONAL \$1.00 SURCHARGE FOR ALL MANUAL ENTRIES

SESSION 2 – Sunday – IMX Challenge

POSITIVE CHECK-IN DEADLINE and WARM-UP STARTS 8:00 AM – SESSION STARTS 9:00 AM

	EVENT
3	Mixed 12 & Under 200 IM
4	Mixed 13 & Over 200 Butterfly
5	Mixed 12 & Under 100 Breaststroke
6	Mixed 13 & Over 200 Backstroke
7	Mixed 12 & Under 100 Backstroke
8	Mixed 13 & Over 200 Breaststroke
9	Mixed 10 & Under 200 Freestyle
10	Mixed 13 & Over 200 IM
11	Mixed 12 & Under 100 Butterfly
Swimmers may enter a maximum of 5 individual events in this session.	
All individual events are mixed gender heats and timed finals.	

\$7.50 PER INDIVIDUAL EVENT || \$5.00 SURCHARGE PER SWIMMER
ADDITIONAL \$1.00 SURCHARGE FOR ALL MANUAL ENTRIES

SESSION 3 – Sunday – 12 & Under

POSITIVE CHECK-IN DEADLINE and WARM-UP STARTS 1:00 PM – SESSION STARTS 1:45 PM

	EVENT
12	Mixed 10 & Under 100 IM
13	Mixed 11-12 100 IM
14	Mixed 10 & Under 50 Breaststroke
15	Mixed 11-12 50 Breaststroke
16	Mixed 10 & Under 50 Backstroke
17	Mixed 11-12 50 Backstroke
18	Mixed 10 & Under 50 Butterfly
19	Mixed 11-12 50 Butterfly
20	Mixed 10 & Under 100 Freestyle
21	Mixed 11-12 100 Freestyle
Swimmers may enter a maximum of 4 individual events in this session.	
All individual events are mixed gender heats and timed finals.	

\$7.50 PER INDIVIDUAL EVENT || \$5.00 SURCHARGE PER SWIMMER
ADDITIONAL \$1.00 SURCHARGE FOR ALL MANUAL ENTRIES

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ENTRY FEE CALCULATION SHEET

TEAM NAME _____
CONTACT PERSON _____
PHONE NUMBER _____
E-Mail ADDRESS _____

Number of Individual Entries Positive Check-in _____ X \$7.50 = \$ _____
Number of Swimmers _____ X \$5.00 = \$ _____
Number of Manual (non-electronic) Entries _____ X \$1.00 = \$ _____

Total Amount Due and Enclosed\$ _____

E-mail your entries to the Meet Entry Coordinator:
sharkmeetentries518@schenectadyswimclub.org

ENTRY DEADLINE:
Friday, January 3, 2025 at 5:00 PM

**This form must be returned with Entry Report and Check
to the Meet Entry Coordinator**

MAKE CHECKS PAYABLE TO:
SHARKS SWIM CLUB (SSC)

SEND EVERYTHING TO:
Sharks Business Manager
720 South Market Street
Johnstown, NY 12095

**SHARKS SWIM CLUB assumes no responsibility for meet
close-out due to late entries.**