



Saratoga Regional YMCA

**Loon Lake “Into the Woods”
OPEN WATER SWIM
August 9, 2025**

Loon Lake Public Beach
Routes 8 & 9 · Chestertown, NY 12817

Youth & Master Swimmers
¼ mile – ½ mile - 1 mile

\$40.00 for 1, 2 or 3 events
Registrations include cap and t-shirt
Proceeds benefit the Glens Falls YMCA Aquatics Program

The Glens Falls Family YMCA is pleased to announce the Loon Lake “Into the Woods” Open Water Swim, to be held at the Loon Lake Town Beach, Rtes. 8 & 9 Chestertown, NY

Loon Lake is a state-owned lake in the Adirondacks with spectacular scenery, and clear, clean water. The registration and picnic will be at the Loon Lake Town Beach. The course will be marked with buoys and kayakers to monitor the swimmers. A lifeguard will be in attendance. The water temperature should be about 72 degrees.

For more information contact the Race Director, Dennie Wilson at dennie.wilson@srymca.org Register at the Glens Falls YMCA (600 Glen St., Glens Falls, NY 12801 OR call (518) 793-3878 for credit call registration OR via mail with the Registration Form

Sponsors: Glens Falls Family YMCA, Glens Falls Master Swimmers, Loon Lake Park District Association and the Town of Chester

Loon Lake "Into the Woods" Open Water Swim REGISTRATION FORM

By phone with a credit card at (518)494-4422 - or drop this off with a check at the Glens Falls YMCA - or mail to Hawthorne Swan-Scott, Glens Falls YMCA, 600 Glen Street, Glens Falls, NY 12801

In the case of inclement weather or other unexpected circumstances the race director has the right to cancel the race or shorten the event. In this case there will be no refunds provided. In signing up for this event, the participants agree to these terms. Awards for the top age group finishers will be provided. Team entries will be accepted.

Event Date: Saturday August 9th, 2025. Check-In starts at 8:00 AM

1/4 -mile starts at 9:15 AM 1/2-mile starts at 9:00 AM 1-mile starts at 10:00 AM

Swimmer Male Female
Date of Birth Age on date of event
Address
City State Zip Code
Home phone E-mail
Event (check one, two, or three) 1/4- mile 1/2- mile 1- mile

Qualification required for the Youth 1/2 mile and mile swims only. Qualifications can be met by **either** a Coach's statement or by reporting one of the following times from a sanctioned meet. (Qualifying times: 500 in less than 15 min., 1,000 in less than 40 min., or 1,650 in under 1:20).

1. **Coach's Qualification.** I coach (swimmer name) _____ and based on his/her performance, I believe that he/she can meet the qualifying times listed above:

Coach Team Date

2. **Swimmer's Qualification.** I swam the 500 1000 1650 in _____ : _____
at _____ on _____

Please read the following paragraph and sign below

In acceptance of my entry, I hereby, for myself, my heirs, and my executors, waive and release any and all claims against the Glens Falls Family YMCA, Town of Chestertown, Lon Lake Parks District Association, and all event organizers and volunteers for any injuries I may receive or suffer by my participation in the Loon Lake "Into the Woods" Open Water Swim

Swimmer Signature Date

Parent or Guardian's Signature Date

Fees (Non-Refundable)

Swimmer: \$40 Swimmer's t-shirt {check one} Youth M Adult S M L XL

Total Amount Enclosed Payment in full to Glens Falls YMCA \$