

Northern TRIBS Swimming, Inc.

Potsdam Snowball - Snow Mercy

Saturday, February 22, 2025

MEET WARMUP

Session 1: Warmup Time 11:00 AM - Session Begins 12:00 PM						
Time	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
11:00 - 11:25am	NTS	NTS	NTS	NTS/UN	TBS/UN	TBS
11:28 - 11:53am	CALAC	CALAC	WAVE	WAVE	WAVE	WAVE
ONE-WAY SPRINTS WHEN YOR LANE IS READY - DIVING WELL IS OPEN						

Session 2: Warmup is OPEN. It will begin following Session 1 or at 2:30 PM at the earliest for 25 minutes.

TIMING

Session 1: Timer meeting is 11:45 AM						
Position	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
Timer	WAVE	WAVE	NTS	NTS	NTS	TBS
Clerk	WAVE	WAVE	NTS	NTS	NTS	TBS

Session 2: Swimmers must provide their own timers and have counters for the 500.

CLUB AQUATIQUE CALAC LASALLE - CALAC

Lake Champlain Waves - WAVE-AD

Northern TRIBS Swimming - NTS-AD

Turbine Swim Club - TBS-AD

Unattached - UN-AD