

Northern TRIBS Swimming, Inc.

Summer Splash

Saturday and Sunday, June 7 & 8, 2025

MEET WARMUP

<u>Session 1:</u> Warmup Time 1:00 PM - Session Begins 2:00 PM						
Time	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
1:00 - 1:25 PM	NTS	NTS	NTS	NTS	NTS	NTS
1:28 - 1:53 PM	TBS	TBS	TBS	WAVE	WAVE	WAVE
ONE-WAY SPRINTS WHEN YOR LANE IS READY - DIVING WELL IS OPEN						

<u>Session 2:</u> Warmup is OPEN. It will begin following Session 1 or at 4:00 PM at the earliest for 25 minutes. Sessoin 2 begins at 4:30 PM.

<u>Session 3:</u> Warmup Time 9:00 AM - Session Begins 10:00 AM						
Time	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
9:00 - 9:25 AM	NTS	NTS	NTS	NTS	NTS	NTS
9:28 - 9:53 AM	TBS	TBS	TBS	WAVE	WAVE	WAVE
ONE-WAY SPRINTS WHEN YOR LANE IS READY - DIVING WELL IS OPEN						

TIMING

<u>Session 1:</u> Timer meeting is 1:45 AM						
Position	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
Timer	WAVE	NTS	NTS	NTS	NTS	TBS
Clerk	WAVE	NTS	NTS	NTS	NTS	TBS

<u>Session 2:</u> Swimmers must provide their own timers and have counters for the 500.
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<u>Session 3:</u> Timer meeting is 9:45 AM						
Position	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
Timer	WAVE	NTS	NTS	NTS	NTS	TBS
Clerk	WAVE	NTS	NTS	NTS	NTS	TBS

Lake Champlain Waves - WAVE-AD
Northern TRIBS Swimming - NTS-AD
Turbine Swim Club - TBS-AD