

## ADIRONDACK ZONE TEAM BUS SCHEDULE 2019 LC

**Please Note: This Schedule May Change depending on any Unforeseen Situations**

Day / Date	Time	Bus Schedule		
TUESDAY	6:00AM	Depart Albany (Crossgates Common)		
8/6	7:15AM	Stop at New Paltz exit 18 to pick up swimmers		
		Stop For Lunch between 11:00am-12:00pm		
	2:00PM	Arrive at Hotel between 2:00-3:00PM ... Hampton Inn		
	5:00PM	Bus to Pool ...Coaches and Swimmers ONLY, 5:30 team picture, warm-ups 6:00		
	7:15PM	Bus to Hotel		
WEDNESDAY	5:50AM	Breakfast		
8/7	6:10AM	Bus to Pool ...13&O, Coaches, Parents	w-ups 6:45	Meet 8:15AM
	10:00AM	Bus to Hotel		
	11:45PM	Bus to Pool ... 12&U, Coaches, Parents	w-ups 12:00	Meet 1:00PM
	3:15PM	Bus to Hotel		
	4:00PM	Bus to Pool ... Everyone for Finals	w-ups 4:30	Meet 5:30PM
	7:45PM	Bus to Hotel		
THURSDAY	6:30AM	Breakfast		
8/8	6:50AM	Bus to Pool ...13&O, Coaches	w-ups 7:25	Meet 8:15AM
	7:30AM	Bus to Pool ... Parents		
	10:45AM	Bus to Pool ...12&U, Coaches, Parents	w-ups 11:30	Meet 12:30PM
	11:30AM	Bus to Hotel		
	2:15PM	Bus to Hotel		
	4:00PM	Bus to Pool ...Everyone for Finals	w-ups 4:30	Meet 5:30PM
	8:15PM	Bus to Hotel		
FRIDAY	5:50AM	Breakfast		
8/9	6:10AM	Bus to Pool ...13&O, Coaches, Parents	w-ups 6:45	Meet 8:15AM
	10:45AM	Bus to Pool ...12&U, Coaches, Parents	w-ups 11:30	Meet 12:00PM
	11:00AM	Bus to Hotel		
	3:00PM	Bus to Hotel		
	4:00PM	Bus to Pool ...Everyone for Finals	w-ups 4:30	Meet 5:30PM
	7:45PM	Bus to Hotel		
SATURDAY	6:30AM	Breakfast		
8/10	6:50AM	Bus to Pool ...13&O, Coaches	w-ups 7:45	Meet 8:15AM
	7:30AM	Bus to Pool ... Parents		
	10:15AM	Bus to Hotel		
	11:15AM	Bus to Pool ...12&U, Coaches, Parents	w-ups 12:00	Meet 1:00PM
	2:30PM	Bus to Hotel		
	4:00PM	Bus to Pool ... Everyone for Finals	w-ups 4:30	Meet 5:30PM
	7:30PM	Bus to Hotel		
SUNDAY	7:00AM	Bus Home		
8/11				
	3:00PM	Arrive at Albany ... Crossgates Commons between 3:00-4:00PM		