

Important Zone News

Swimmers, Coaches and Parents, AD would like to make everyone aware that the Short Course Zones Meet, held at the end of March each season, has been drastically changed. At the Eastern Zone Meeting this Spring, it was voted on, primarily by the large LSC's, to change the meet format. The meet will now be run as a regular invitational with fast qualifying times, AAA to AAAA. There will be no more attending as an LSC Team, rather swimmers will now represent their own USA Swimming Clubs. This is a devastating outcome for AD. The meet we have attended and enjoyed is no longer.

The reason for informing you now is because Summer Long Course Zones will be remaining the same. There will be cut times and all swimmers who make the cuts may swim, however, each LSC may enter 2 entries per event even if no one achieves the cuts. Also, swimmers will be attending as an LSC Team, just like in the past.

You may want to consider attending the Long Course Zones in Virginia this summer, as this is now the only "Zone" meet as we have known from the past.

Thank you,

Adirondack Swimming

2017 ADIRONDACK SWIMMING LC ZONE TEAM COACHES APPLICATION

Any Adirondack Coach wishing to coach the AD 2017 LC Zone Team must return this application by July 14, 2017.

Name _____

Address _____

City State Zip _____

Phone _____ Emergency Phone _____

E-mail address _____

Club _____

_____ I would like to be considered for the head coach of the Zone team

_____ If I am not chosen as the head coach I would like to be considered for an assistant coach position.

_____ I would like to be considered for an assistant coach position

Shirt Size:

Male ___ Female ___ S ___ M ___ L ___ XL ___

Please Note, AD Zone Team Coach's Responsibility does Not End on the Pool Deck. All coaches are responsible for observing team members at all times, during travel as well. This includes to and from the meet on the bus, the daily trips to and from the pool on the bus, team activities and team meals.

Coaches are Required to Attend Any and All Team Functions during the trip.

Mail To: JoAnn Faucett
 4 Edwin Drive
 Charlton, NY 12019