

Individual Top Times

Time	P/F/S	Event			
Leslie Abad-Neagu (11) W			ALBS-AD		
33.57 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	
34.89 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
35.46 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:17.80 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
1:21.79 L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:22.44 S	F	100 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
3:06.71 L	F	200 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
44.11 Y	F	50 Back	12/2/2012	December Super Splash 2012	
47.15 L	P	50 Back	7/19/2013	2013 Adirondack Long Course District Champion	
47.29 S	F	50 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:42.69 L	F	100 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
48.13 Y	F	50 Breast	3/1/2013	AD Silver Short Course Championships	
52.80 S	F	50 Breast	6/15/2013	Piranhas Summer Kick-Off Meet	
53.29 L	P	50 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
37.81 Y	F	50 Fly	3/1/2013	AD Silver Short Course Championships	
39.40 S	F	50 Fly	6/15/2013	Piranhas Summer Kick-Off Meet	
39.75 L	F	50 Fly	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:45.32 L	P	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:30.03 Y	F	100 IM	3/1/2013	AD Silver Short Course Championships	
1:42.47 S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
Matthew Abbondandolo (12) M			AMST-AD		
34.60 Y	F	50 Free	1/20/2013	Foothills Inv	
1:21.13 Y	F	100 Free	12/15/2012	Central Valley Swim League Quad Meet	
2:58.02 Y	F	200 Free	1/26/2013	Central Valley Swim Meet Quad Meet	
7:36.27 Y	F	500 Free	1/20/2013	Foothills Inv	
42.96 Y	F	50 Back	3/1/2013	AD Silver Short Course Championships	
1:32.50 Y	F	100 Back	12/1/2012	Central Valley Swim League Quad Meet	
49.50 Y	F	50 Breast	11/17/2012	Harvest Invitational	
1:51.66 Y	F	100 Breast	12/1/2012	Central Valley Swim League Quad Meet	
44.50 Y	F	50 Fly	3/1/2013	AD Silver Short Course Championships	
1:33.40 Y	F	100 IM	2/9/2013	Central Valley Swim League Championships	
3:21.77 Y	F	200 IM	1/20/2013	Foothills Inv	
Andie Abdallah (10) W			WAVE-AD		
37.93 Y	F	50 Free	2/23/2013	Cabin Fever Invitational	
1:23.61 Y	F	100 Free	2/23/2013	Cabin Fever Invitational	
54.22 Y L	F	25 Back	1/4/2013	2013 Starfish Trophy Invitational	
48.18 Y	F	50 Back	2/23/2013	Cabin Fever Invitational	
52.53 Y	F	50 Breast	3/1/2013	AD Silver Short Course Championships	
53.32 Y	F	50 Fly	3/1/2013	AD Silver Short Course Championships	
Emily Abrams (12) W			CANA-AD		
32.87 Y L	F	50 Free	2/9/2013	Central Valley Swim League Championships	
1:13.08 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
2:43.51 Y	F	200 Free	3/1/2013	AD Silver Short Course Championships	
7:09.95 Y	F	500 Free	1/26/2013	Central Valley Swim Meet Quad Meet	
39.08 Y	F	50 Back	1/4/2013	2013 Starfish Trophy Invitational	
41.20 Y	P	50 Breast	3/10/2013	AD Gold Short Course Championships	
1:26.49 Y	P	100 Breast	3/10/2013	AD Gold Short Course Championships	
3:08.33 Y	F	200 Breast	3/1/2013	AD Silver Short Course Championships	
37.80 Y	F	50 Fly	2/9/2013	Central Valley Swim League Championships	
1:28.44 Y	F	100 Fly	1/26/2013	Central Valley Swim Meet Quad Meet	
1:19.38 Y	F	100 IM	2/23/2013	Cabin Fever Invitational	
2:55.01 Y	F	200 IM	3/1/2013	AD Silver Short Course Championships	
Harrison Abrams (15) M			CANA-AD		
26.80 Y	P	50 Free	3/10/2013	AD Gold Short Course Championships	
59.00 Y	P	100 Free	3/10/2013	AD Gold Short Course Championships	
2:10.75 Y	P	200 Free	2/14/2013	Section II Championships Small	
6:01.97 Y	P	500 Free	2/14/2013	Section II Championships Small	
1:10.75 Y	F	100 Back	2/23/2013	Cabin Fever Invitational	
2:34.95 Y	F	200 Back	3/1/2013	AD Silver Short Course Championships	
1:21.78 Y	F	100 Breast	3/1/2013	AD Silver Short Course Championships	

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Time	P/F/S	Event			
Harrison Abrams (15) M					
3:00.86	Y	F	200	Breast	3/1/2013 AD Silver Short Course Championships
1:16.26	Y	F	100	Fly	3/1/2013 AD Silver Short Course Championships
3:01.12	Y	F	200	Fly	3/1/2013 AD Silver Short Course Championships
2:39.99	Y	F	200	IM	1/20/2013 Foothills Inv
5:43.46	Y	F	400	IM	3/1/2013 AD Silver Short Course Championships
Gabriella Adamo (8) W					
25.46	Y	F	25	Free	3/9/2013 Eastern States League Championships 2013
58.29	Y	F	50	Free	3/9/2013 Eastern States League Championships 2013
2:13.12	Y	F	100	Free	3/1/2013 AD Silver Short Course Championships
25.16	Y	F	25	Back	11/17/2012 Harvest Invitational
1:04.46	Y	F	50	Back	3/1/2013 AD Silver Short Course Championships
Joseph Adamo (13) M					
30.60	Y	F	50	Free	3/1/2013 AD Silver Short Course Championships
1:07.79	Y	F	100	Free	3/1/2013 AD Silver Short Course Championships
2:39.37	Y	F	200	Free	3/1/2013 AD Silver Short Course Championships
40.40	Y	F	50	Back	12/2/2012 December Super Splash 2012
1:28.66	Y	F	100	Back	1/12/2013 Chris Goody IMX Challenge
41.53	Y	F	50	Breast	12/2/2012 December Super Splash 2012
1:31.46	Y	F	100	Breast	3/9/2013 Eastern States League Championships 2013
3:21.54	Y	F	200	Breast	3/1/2013 AD Silver Short Course Championships
1:21.39	Y	F	100	IM	10/21/2012 2012 Trick or Treat Meet
2:59.16	Y	F	200	IM	1/12/2013 Chris Goody IMX Challenge
Justin Adams (10) M					
40.81	Y	F	50	Free	11/10/2012 Pilgrims Pride
1:37.74	Y	F	100	Free	11/10/2012 Pilgrims Pride
53.11	Y	F	50	Back	10/21/2012 2012 Trick or Treat Meet
54.11	Y	F	50	Breast	10/21/2012 2012 Trick or Treat Meet
1:46.03	Y	F	100	IM	10/21/2012 2012 Trick or Treat Meet
Zachary Adams (11) M					
40.62	Y	F	50	Free	11/10/2012 Pilgrims Pride
1:33.57	Y	F	100	Free	11/10/2012 Pilgrims Pride
1:02.10	Y	F	50	Breast	11/10/2012 Pilgrims Pride
Reiley Adelson (15) W					
28.66	Y	F	50	Free	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
59.72	Y	P	100	Free	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
2:12.36	Y	F	200	Free	2/9/2013 North Country YMCA Swim League 2013 Champions
5:55.01	Y	F	500	Free	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
1:15.14	Y	F	100	Back	1/27/2013 Thoroughbred Splash 2013
2:41.79	Y	F	200	IM	1/27/2013 Thoroughbred Splash 2013
Elliana Adeson (11) W					
35.92	Y	F	50	Free	12/2/2012 December Super Splash 2012
39.21	S	F	50	Free	6/15/2013 Piranhas Summer Kick-Off Meet
39.36	L	F	50	Free	7/12/2013 Hawks Summer Invitational 2013
1:18.43	Y	F	100	Free	2/9/2013 North Country YMCA Swim League 2013 Champions
1:26.17	L	F	100	Free	7/12/2013 Hawks Summer Invitational 2013
39.24	Y	F	50	Back	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
44.87	S	F	50	Back	6/2/2013 2013 Starfish Meter Madness - Pentathlon
46.43	L	F	50	Back	7/12/2013 Hawks Summer Invitational 2013
1:41.99	L	F	100	Back	7/12/2013 Hawks Summer Invitational 2013
49.28	Y	F	50	Breast	12/2/2012 December Super Splash 2012
52.41	S	F	50	Breast	6/2/2013 2013 Starfish Meter Madness - Pentathlon
55.93	L	F	50	Breast	7/12/2013 Hawks Summer Invitational 2013
37.72	Y	F	50	Fly	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
43.50	S	F	50	Fly	6/2/2013 2013 Starfish Meter Madness - Pentathlon
44.19	L	F	50	Fly	7/12/2013 Hawks Summer Invitational 2013
1:29.72	Y	F	100	Fly	1/12/2013 Chris Goody IMX Challenge
1:48.79	L	F	100	Fly	7/12/2013 Hawks Summer Invitational 2013
1:24.20	Y	F	100	IM	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
1:35.63	S	F	100	IM	6/15/2013 Piranhas Summer Kick-Off Meet

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Time	P/F/S	Event				
Elliana Adeson (11) W						
3:11.30	Y	F	200	IM	1/12/2013	Chris Goody IMX Challenge
3:33.33	L	F	200	IM	7/12/2013	Hawks Summer Invitational 2013
Jonah Adeson (16) M						
27.07	Y	F	50	Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship
31.08	S	F	50	Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:03.16	Y	F	100	Free	1/27/2013	Thoroughbred Splash 2013
2:12.63	Y	F	200	Free	1/27/2013	Thoroughbred Splash 2013
5:50.55	Y	P	500	Free	2/14/2013	Section II Championships Small
1:08.74	Y	F	100	Back	1/27/2013	Thoroughbred Splash 2013
1:17.68	S	F	100	Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon
2:28.04	Y	F	200	Back	1/12/2013	Chris Goody IMX Challenge
1:25.29	Y	F	100	Breast	11/4/2012	Hometown Splashdown
1:33.48	S	F	100	Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:00.98	Y	P	100	Fly	2/14/2013	Section II Championships Small
1:09.84	S	F	100	Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon
2:15.28	Y	F	200	Fly	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship
1:17.92	S	F	100	IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon
2:23.88	Y	F	200	IM	1/4/2013	2013 Starfish Trophy Invitational
5:06.71	Y	F	400	IM	1/12/2013	Chris Goody IMX Challenge
Kate Ahearn (17) W						
27.33	Y	F	50	Free	2/23/2013	Cabin Fever Invitational
59.34	Y	F	100	Free	1/27/2013	Thoroughbred Splash 2013
34.11	Y L	F	50	Back	2/23/2013	Cabin Fever Invitational
1:09.79	Y	F	100	Back	1/4/2013	2013 Starfish Trophy Invitational
2:38.62	Y	F	200	IM	2/23/2013	Cabin Fever Invitational
Julia Airey (13) W						
31.97	Y	F	50	Free	2/9/2013	North Country YMCA Swim League 2013 Champions
1:13.42	Y	F	100	Free	2/9/2013	North Country YMCA Swim League 2013 Champions
2:39.58	Y	F	200	Free	2/9/2013	North Country YMCA Swim League 2013 Champions
43.94	Y	F	50	Back	12/15/2012	Sharks 12&Under Mini-Meet
42.12	Y	F	50	Fly	1/20/2013	Foothills Inv
3:14.13	Y	F	200	IM	1/27/2013	North Country League Meet
Jasmine Akari (12) W						
34.28	Y	F	50	Free	10/21/2012	2012 Trick or Treat Meet
1:14.68	Y	F	100	Free	3/1/2013	AD Silver Short Course Championships
40.89	Y	F	50	Back	2/3/2013	Delmar Dolphins February Freeze Invitational
1:32.04	Y	F	100	Back	3/1/2013	AD Silver Short Course Championships
46.36	Y	F	50	Breast	11/17/2012	Harvest Invitational
40.14	Y	F	50	Fly	3/1/2013	AD Silver Short Course Championships
1:28.93	Y	F	100	IM	2/23/2013	Cabin Fever Invitational
3:22.19	Y	F	200	IM	1/27/2013	Thoroughbred Splash 2013
Youssef Akari (8) M						
19.85	Y	F	25	Free	3/1/2013	AD Silver Short Course Championships
45.32	Y	F	50	Free	2/3/2013	Delmar Dolphins February Freeze Invitational
1:43.89	Y	F	100	Free	2/3/2013	Delmar Dolphins February Freeze Invitational
23.94	Y	F	25	Back	1/12/2013	Canajoharie Developmental Meet
49.49	Y	F	50	Back	3/10/2013	AD Gold Short Course Championships
2:03.32	Y	F	100	Back	11/4/2012	Hometown Splashdown
32.88	Y	F	25	Fly	1/27/2013	Thoroughbred Splash 2013
Gabrielle Albrecht (18) W						
33.12	Y	F	50	Free	1/20/2013	Foothills Inv
1:13.78	Y	F	100	Free	2/23/2013	Cabin Fever Invitational
2:38.96	Y	F	200	Free	2/23/2013	Cabin Fever Invitational
1:37.26	Y	F	100	Breast	2/23/2013	Cabin Fever Invitational
Gretchen Albrecht (15) W						
33.07	Y	F	50	Free	2/23/2013	Cabin Fever Invitational
1:19.37	Y	F	100	Free	2/23/2013	Cabin Fever Invitational
1:22.45	Y	F	100	Back	2/23/2013	Cabin Fever Invitational
1:36.55	Y	F	100	Breast	2/23/2013	Cabin Fever Invitational

Individual Top Times

Time	P/F/S	Event				
Christina Alescio (11) W						
34.39	Y	F	50	Free	1/20/2013	Foothills Inv
1:17.42	Y	F	100	Free	3/10/2013	AD Gold Short Course Championships
3:07.76	Y	F	200	Free	1/26/2013	Central Valley Swim Meet Quad Meet
47.14	Y	F	50	Back	3/1/2013	AD Silver Short Course Championships
1:47.47	Y	F	100	Back	12/15/2012	Central Valley Swim League Quad Meet
46.39	Y	F	50	Breast	2/9/2013	Central Valley Swim League Championships
1:42.70	Y	F	100	Breast	2/23/2013	Cabin Fever Invitational
Lindsey Allen (11) W						
53.71	Y	F	50	Free	11/4/2012	Hometown Splashdown
2:00.25	Y	F	100	IM	11/4/2012	Hometown Splashdown
Isabelle Allison (15) W						
27.60	Y	F	50	Free	11/10/2012	Pilgrims Pride
30.98	S	F	50	Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon
57.58	Y	F	100	Free	11/1/2012	Girls Sec II Division I Champ
1:08.36	Y	F	100	Back	11/10/2012	Pilgrims Pride
1:17.84	S	F	100	Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:20.05	Y	F	100	Breast	11/10/2012	Pilgrims Pride
1:28.30	S	F	100	Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:16.58	S	F	100	IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon
Lila Allison (12) W						
32.23	Y	F	50	Free	1/4/2013	2013 Starfish Trophy Invitational
1:12.64	Y	F	100	Free	1/27/2013	Thoroughbred Splash 2013
2:47.96	Y	F	200	Free	12/2/2012	December Super Splash 2012
35.39	Y L	F	50	Back	3/1/2013	AD Silver Short Course Championships
1:22.12	Y	F	100	Back	11/10/2012	Pilgrims Pride
42.55	Y	P	50	Breast	3/10/2013	AD Gold Short Course Championships
1:38.45	Y	F	100	Breast	3/1/2013	AD Silver Short Course Championships
1:24.41	Y	F	100	IM	3/1/2013	AD Silver Short Course Championships
3:03.25	Y	F	200	IM	1/27/2013	Thoroughbred Splash 2013
Emma Alteri (14) W						
28.35	Y	P	50	Free	11/1/2012	Girls Sec II Division I Champ
1:04.45	Y	F	100	Free	3/1/2013	AD Silver Short Course Championships
2:26.69	Y	F	200	Free	3/1/2013	AD Silver Short Course Championships
6:42.70	Y	F	500	Free	11/17/2012	Harvest Invitational
1:12.46	Y	P	100	Back	11/1/2012	Girls Sec II Division I Champ
2:37.98	Y	F	200	Back	12/9/2012	Piranhas December Distance Invite
1:27.97	Y	F	100	Breast	10/21/2012	2012 Trick or Treat Meet
3:02.89	Y	F	200	Breast	3/1/2013	AD Silver Short Course Championships
2:42.39	Y	F	200	IM	12/9/2012	Piranhas December Distance Invite
Elyse Altland (8) W						
19.69	Y	F	25	Free	3/1/2013	AD Silver Short Course Championships
43.94	Y	F	50	Free	3/10/2013	AD Gold Short Course Championships
24.81	Y	F	25	Back	1/27/2013	Thoroughbred Splash 2013
54.43	Y	F	50	Back	2/23/2013	Cabin Fever Invitational
28.90	Y	F	25	Breast	2/23/2013	Cabin Fever Invitational
1:02.97	Y	F	50	Breast	3/1/2013	AD Silver Short Course Championships
Emily Altland (14) W						
29.34	Y	F	50	Free	1/27/2013	Thoroughbred Splash 2013
1:05.90	Y	F	100	Free	1/27/2013	Thoroughbred Splash 2013
1:15.91	Y	F	100	Back	1/27/2013	Thoroughbred Splash 2013
1:31.78	Y	F	100	Breast	1/27/2013	Thoroughbred Splash 2013
2:52.04	Y	F	200	IM	2/23/2013	Cabin Fever Invitational
Sean Amberger (13) M						
33.91	Y	F	50	Free	2/3/2013	Delmar Dolphins February Freeze Invitational
37.37	S	F	50	Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon
38.02	L	P	50	Free	7/19/2013	2013 Adirondack Long Course District Champion
1:17.20	Y	F	100	Free	2/3/2013	Delmar Dolphins February Freeze Invitational
1:30.35	L	P	100	Free	7/19/2013	2013 Adirondack Long Course District Champion
3:07.38	L	P	200	Free	7/19/2013	2013 Adirondack Long Course District Champion

SVP-AD

GRGF-AD

ALBS-AD

ALBS-AD

UN-AD

BENN-AD

BENN-AD

ALBS-AD

Individual Top Times

Time	P/F/S	Event			
Sean Amberger (13) M			ALBS-AD		
1:35.49	Y F	100 Back	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:38.58	S F	100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:46.69	L P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
3:25.86	Y F	200 Back	1/4/2013	2013 Starfish Trophy Invitational	
3:39.86	L P	200 Back	7/19/2013	2013 Adirondack Long Course District Champion	
54.88	Y F	50 Breast	10/21/2012	2012 Trick or Treat Meet	
1:46.83	Y F	100 Breast	1/27/2013	Thoroughbred Splash 2013	
1:55.47	S F	100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:00.80	L F	100 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational	
3:50.81	Y F	200 Breast	3/1/2013	AD Silver Short Course Championships	
1:44.67	S F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
3:24.45	Y F	200 IM	12/2/2012	December Super Splash 2012	
Isabella Amedio (12) W			ALBS-AD		
41.35	L P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
42.63	S F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
1:39.67	L P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
49.51	S F	50 Back	6/15/2013	Piranhas Summer Kick-Off Meet	
1:50.97	L P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
46.90	S F	50 Breast	6/15/2013	Piranhas Summer Kick-Off Meet	
49.02	L F	50 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:46.40	L P	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
Colin Amodeo (13) M			CPP-AD		
34.44	Y F	50 Free	1/4/2013	2013 Starfish Trophy Invitational	
1:20.07	Y F	100 Free	11/10/2012	Pilgrims Pride	
43.44	Y F	50 Back	11/17/2012	Harvest Invitational	
1:38.46	Y F	100 IM	11/17/2012	Harvest Invitational	
Emily Amore (10) W			CLRK-AD		
40.61	Y F	50 Free	3/1/2013	AD Silver Short Course Championships	
45.96	L F	50 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:39.33	Y F	100 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:46.11	L F	100 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
51.00	Y F	50 Back	2/9/2013	Central Valley Swim League Championships	
59.52	L F	50 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:52.82	Y F	100 Back	1/26/2013	Central Valley Swim Meet Quad Meet	
1:09.89	Y F	50 Breast	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:15.36	L F	50 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational	
2:35.10	Y F	100 Breast	1/26/2013	Central Valley Swim Meet Quad Meet	
54.93	Y F	50 Fly	2/9/2013	Central Valley Swim League Championships	
59.48	L F	50 Fly	6/8/2013	Clinton Cudas Colgate Classic Invitational	
Katelyn Amsden (11) W			CLRK-AD		
2:32.31	Y L F	25 Free	11/10/2012	CVSL First Splash	
38.08	Y F	50 Free	3/1/2013	AD Silver Short Course Championships	
1:29.13	Y F	100 Free	1/12/2013	Canajoharie Developmental Meet	
1:46.27	L F	100 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
9:17.07	Y F	500 Free	1/26/2013	Central Valley Swim Meet Quad Meet	
45.90	Y F	50 Back	2/9/2013	Central Valley Swim League Championships	
1:44.62	Y F	100 Back	1/26/2013	Central Valley Swim Meet Quad Meet	
2:01.79	L F	100 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
50.93	Y F	50 Breast	2/9/2013	Central Valley Swim League Championships	
57.44	L F	50 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:54.08	Y F	100 Breast	1/26/2013	Central Valley Swim Meet Quad Meet	
50.53	Y F	50 Fly	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:40.05	Y F	100 IM	3/1/2013	AD Silver Short Course Championships	
3:53.41	Y F	200 IM	12/15/2012	Central Valley Swim League Quad Meet	
Kyle Amsden (14) M			CLRK-AD		
29.62	Y F	50 Free	12/1/2012	Central Valley Swim League Quad Meet	
1:13.62	Y F	100 Free	12/1/2012	Central Valley Swim League Quad Meet	
1:25.59	Y F	100 Back	11/10/2012	CVSL First Splash	
1:34.95	Y F	100 Breast	11/10/2012	CVSL First Splash	

Individual Top Times

Time	P/F/S	Event				
Caleb Andersen (13) M						
34.79 Y	F	50 Free	1/27/2013	Thoroughbred Splash 2013		BSPA-AD
42.40 Y	F	50 Back	3/1/2013	AD Silver Short Course Championships		
38.21 Y	F	50 Breast	3/10/2013	AD Gold Short Course Championships		
44.40 Y	F	50 Fly	11/17/2012	Harvest Invitational		
Delaney Andersen (14) W						
32.43 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships		BSPA-AD
1:11.87 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships		
1:26.72 Y	F	100 Back	3/1/2013	AD Silver Short Course Championships		
1:32.51 Y	F	100 Breast	3/1/2013	AD Silver Short Course Championships		
Allison Anderson (11) W						
46.88 Y	F	50 Free	1/20/2013	Foothills Inv		SVP-AD
1:52.36 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships		
52.04 Y	F	50 Back	2/9/2013	Central Valley Swim League Championships		
2:10.10 Y	F	100 Back	3/1/2013	AD Silver Short Course Championships		
56.22 Y	F	50 Breast	3/1/2013	AD Silver Short Course Championships		
2:12.68 Y	F	100 Breast	1/26/2013	Central Valley Swim Meet Quad Meet		
Breanna Anderson (13) W						
30.72 Y	F	50 Free	2/10/2013	2013 Piranhas Pentathlon		NTS-AD
1:07.80 Y	P	100 Free	3/10/2013	AD Gold Short Course Championships		
2:31.03 Y	F	200 Free	3/1/2013	AD Silver Short Course Championships		
6:40.70 Y	F	500 Free	1/12/2013	Chris Goody IMX Challenge		
35.39 Y	F	50 Back	2/10/2013	2013 Piranhas Pentathlon		
1:18.38 Y	F	100 Back	3/1/2013	AD Silver Short Course Championships		
3:04.50 Y	F	200 Back	1/12/2013	Chris Goody IMX Challenge		
42.33 Y	F	50 Breast	2/10/2013	2013 Piranhas Pentathlon		
35.82 Y	P	50 Fly	3/10/2013	AD Gold Short Course Championships		
1:20.75 Y	F	100 IM	2/10/2013	2013 Piranhas Pentathlon		
2:54.31 Y	F	200 IM	1/27/2013	Thoroughbred Splash 2013		
Emma Anderson (12) W						
27.47 Y	F	50 Free	3/10/2013	AD Gold Short Course Championships		DELM-AD
30.77 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion		
31.50 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon		
1:00.68 Y	F	100 Free	3/10/2013	AD Gold Short Course Championships		
1:07.18 L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion		
2:18.68 Y	F	200 Free	1/27/2013	Thoroughbred Splash 2013		
2:23.30 L	F	200 Free	7/19/2013	2013 Adirondack Long Course District Champion		
5:45.98 Y	F	500 Free	3/28/2013	2013 Eastern Zone SC Swimming Championships		
33.81 Y	F	50 Back	2/10/2013	2013 Piranhas Pentathlon		
39.28 L	F	50 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational		
1:11.76 Y	F	100 Back	3/10/2013	AD Gold Short Course Championships		
1:17.90 S	F	100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon		
1:23.61 L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion		
2:30.94 Y	F	200 Back	3/10/2013	AD Gold Short Course Championships		
39.00 Y	F	50 Breast	1/4/2013	2013 Starfish Trophy Invitational		
44.57 L	F	50 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational		
1:24.93 Y	F	100 Breast	1/12/2013	Chris Goody IMX Challenge		
1:32.27 S	F	100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon		
1:35.61 L	P	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion		
2:57.19 Y	F	200 Breast	3/10/2013	AD Gold Short Course Championships		
30.17 Y	F	50 Fly	3/10/2013	AD Gold Short Course Championships		
1:14.31 Y	F	100 Fly	1/12/2013	Chris Goody IMX Challenge		
1:15.07 S	F	100 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon		
1:21.08 L	P	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion		
1:08.71 Y	P	100 IM	3/28/2013	2013 Eastern Zone SC Swimming Championships		
1:18.05 S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon		
2:28.28 Y	P	200 IM	3/28/2013	2013 Eastern Zone SC Swimming Championships		
2:48.78 L	F	200 IM	6/8/2013	Clinton Cudas Colgate Classic Invitational		
Hannah Anderson (13) W						
38.08 Y	F	50 Free	11/4/2012	Hometown Splashdown		GRGF-AD

Individual Top Times

Time	P/F/S	Event				
Hannah Anderson (13) W						
43.74 Y	F	50 Back	11/4/2012	Hometown Splashdown		GRGF-AD
45.01 Y	F	50 Fly	11/4/2012	Hometown Splashdown		
1:36.20 Y	F	100 IM	11/4/2012	Hometown Splashdown		
Isaac Anderson (10) M						
37.85 Y	F	50 Free	1/4/2013	2013 Starfish Trophy Invitational		SSCY-AD
1:23.38 Y	F	100 Free	1/4/2013	2013 Starfish Trophy Invitational		
3:02.82 Y	F	200 Free	1/18/2013	CT 2013 Wahoo Winter Invitatio		
41.43 Y	F	50 Back	1/18/2013	CT 2013 Wahoo Winter Invitatio		
1:36.21 Y	F	100 Back	1/4/2013	2013 Starfish Trophy Invitational		
1:04.46 Y	F	50 Breast	2/22/2013	North Country League Meet		
1:43.39 Y	F	100 IM	3/3/2013	North Country League Meet		
Jacob Anderson (10) M						
39.02 Y	F	50 Free	2/10/2013	2013 Piranhas Pentathlon		NTS-AD
1:28.63 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships		
3:36.92 Y	F	200 Free	1/12/2013	Chris Goody IMX Challenge		
46.54 Y	F	50 Back	3/1/2013	AD Silver Short Course Championships		
1:37.68 Y	F	100 Back	3/1/2013	AD Silver Short Course Championships		
56.32 Y	F	50 Breast	2/10/2013	2013 Piranhas Pentathlon		
2:03.89 Y	F	100 Breast	1/12/2013	Chris Goody IMX Challenge		
1:46.22 Y	F	100 IM	1/27/2013	Thoroughbred Splash 2013		
Lillian Anderson (8) W						
27.37 Y	F	25 Free	2/23/2013	Cabin Fever Invitational		SVP-AD
1:04.61 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships		
28.44 Y	F	25 Back	2/9/2013	Central Valley Swim League Championships		
1:05.87 Y	F	50 Back	1/26/2013	Central Valley Swim Meet Quad Meet		
Madeline Anderson (8) W						
26.87 Y	F	25 Free	11/4/2012	Hometown Splashdown		GRGF-AD
27.13 Y	F	25 Back	11/4/2012	Hometown Splashdown		
Tess Anderson (9) W						
16.50 Y	F	25 Free	1/27/2013	Thoroughbred Splash 2013		DELM-AD
35.89 Y	F	50 Free	2/10/2013	2013 Piranhas Pentathlon		
38.51 L	F	50 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational		
38.96 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon		
1:21.66 Y	F	100 Free	2/3/2013	Delmar Dolphins February Freeze Invitational		
1:28.70 L	F	100 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational		
3:11.11 Y	F	200 Free	1/12/2013	Chris Goody IMX Challenge		
3:18.31 L	F	200 Free	7/19/2013	2013 Adirondack Long Course District Champion		
20.37 Y	F	25 Back	1/12/2013	Chris Goody Mini-Meet		
41.03 Y	F	50 Back	2/10/2013	2013 Piranhas Pentathlon		
45.44 S	F	50 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon		
47.07 L	F	50 Back	7/19/2013	2013 Adirondack Long Course District Champion		
1:30.68 Y	F	100 Back	1/12/2013	Chris Goody IMX Challenge		
25.39 Y	F	25 Breast	1/27/2013	Thoroughbred Splash 2013		
52.39 Y	F	50 Breast	3/10/2013	AD Gold Short Course Championships		
56.91 S	F	50 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon		
1:01.23 L	F	50 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational		
19.00 Y	F	25 Fly	1/27/2013	Thoroughbred Splash 2013		
43.46 Y	F	50 Fly	2/3/2013	Delmar Dolphins February Freeze Invitational		
48.30 S	F	50 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon		
50.35 L	F	50 Fly	6/8/2013	Clinton Cudas Colgate Classic Invitational		
1:49.62 Y	F	100 Fly	1/12/2013	Chris Goody IMX Challenge		
1:55.44 L	F	100 Fly	6/8/2013	Clinton Cudas Colgate Classic Invitational		
1:35.15 Y	F	100 IM	2/10/2013	2013 Piranhas Pentathlon		
1:43.95 S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon		
John Andre (12) M						
40.84 Y	F	50 Free	12/2/2012	December Super Splash 2012		GRGF-AD
51.31 Y	F	50 Back	11/4/2012	Hometown Splashdown		
Erin Andrews (9) W						
41.95 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships		ALBS-AD

Individual Top Times

Time	P/F/S	Event			
Erin Andrews (9) W					
44.29	L	F	50	Free	7/19/2013 2013 Adirondack Long Course District Champion
48.96	S	F	50	Free	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:37.17	Y	F	100	Free	1/27/2013 Thoroughbred Splash 2013
51.52	Y	F	50	Back	3/1/2013 AD Silver Short Course Championships
56.41	L	F	50	Back	7/19/2013 2013 Adirondack Long Course District Champion
1:01.02	S	F	50	Back	6/2/2013 2013 Starfish Meter Madness - Pentathlon
56.22	Y	F	50	Breast	3/1/2013 AD Silver Short Course Championships
1:08.00	S	F	50	Breast	6/15/2013 Piranhas Summer Kick-Off Meet
2:15.39	L	F	100	Breast	7/19/2013 2013 Adirondack Long Course District Champion
1:12.19	S	F	50	Fly	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:58.29	Y	F	100	IM	1/27/2013 Thoroughbred Splash 2013
Harrison Angelini (16) M					
33.59	L	F	50	Free	6/8/2013 Clinton Cudas Colgate Classic Invitational
1:16.23	L	F	100	Free	6/8/2013 Clinton Cudas Colgate Classic Invitational
2:53.35	L	F	200	Free	6/8/2013 Clinton Cudas Colgate Classic Invitational
1:32.06	L	F	100	Breast	6/8/2013 Clinton Cudas Colgate Classic Invitational
3:21.11	L	F	200	Breast	6/8/2013 Clinton Cudas Colgate Classic Invitational
3:11.06	L	F	200	IM	6/8/2013 Clinton Cudas Colgate Classic Invitational
George Angelopoulos (5) M					
41.88	S	F	25	Free	6/2/2013 2013 Starfish Meter Madness - Pentathlon
Marina Angelopoulos (14) W					
27.26	Y	P	50	Free	3/10/2013 AD Gold Short Course Championships
31.94	S	F	50	Free	6/2/2013 2013 Starfish Meter Madness - Pentathlon
58.95	Y	P	100	Free	3/10/2013 AD Gold Short Course Championships
2:06.53	Y	P	200	Free	3/10/2013 AD Gold Short Course Championships
5:39.66	Y	F	500	Free	11/1/2012 Girls Sec II Division I Champ
1:08.95	Y	P	100	Back	3/10/2013 AD Gold Short Course Championships
1:23.69	S	F	100	Back	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:37.49	S	F	100	Breast	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:02.73	Y	F	100	Fly	3/10/2013 AD Gold Short Course Championships
1:15.37	S	F	100	Fly	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:24.58	S	F	100	IM	6/2/2013 2013 Starfish Meter Madness - Pentathlon
2:28.84	Y	P	200	IM	3/10/2013 AD Gold Short Course Championships
Anastacia Angelopoulos (16) W					
25.71	Y	F	50	Free	3/10/2013 AD Gold Short Course Championships
30.84	S	F	50	Free	6/2/2013 2013 Starfish Meter Madness - Pentathlon
54.23	Y	F	100	Free	3/10/2013 AD Gold Short Course Championships
1:02.76	L	P	100	Free	3/21/2013 2013 NI - EZ North Region Speedo Ch
1:55.62	Y	P	200	Free	11/1/2012 Girls Sec II Division I Champ
2:14.49	L	F	200	Free	3/21/2013 2013 NI - EZ North Region Speedo Ch
5:31.52	Y	F	500	Free	1/4/2013 2013 Starfish Trophy Invitational
1:07.20	Y	F	100	Back	1/4/2013 2013 Starfish Trophy Invitational
1:17.61	S	F	100	Back	6/2/2013 2013 Starfish Meter Madness - Pentathlon
58.90	Y	P	100	Fly	11/1/2012 Girls Sec II Division I Champ
1:09.41	L	P	100	Fly	3/21/2013 2013 NI - EZ North Region Speedo Ch
1:11.05	S	F	100	Fly	6/2/2013 2013 Starfish Meter Madness - Pentathlon
2:10.16	Y	F	200	Fly	2/15/2013 AD 2013 REGION 1 CHAMPIONSHIPS
2:37.29	L	P	200	Fly	3/21/2013 2013 NI - EZ North Region Speedo Ch
Theodore Angelopoulos (10) M					
51.02	Y	F	50	Fly	11/17/2012 Harvest Invitational
Sophia Anisman (7) W					
45.21	Y	F	25	Free	12/15/2012 Sharks 12&Under Mini-Meet
50.91	Y	F	25	Back	11/17/2012 Harvest Invitational
Dylan Anselment (10) M					
37.50	Y	F	50	Free	3/1/2013 AD Silver Short Course Championships
1:38.26	Y	F	100	Free	12/2/2012 December Super Splash 2012
46.57	Y	F	50	Back	2/23/2013 Cabin Fever Invitational
1:07.34	Y	F	50	Breast	2/23/2013 Cabin Fever Invitational
Kailyn Anselment (13) W					

ALBS-AD

NHA-AD

ALBS-AD

ALBS-AD

ALBS-AD

ALBS-AD

BENN-AD

GRGF-AD

GRGF-AD

Individual Top Times

Time	P/F/S	Event			
Kailyn Anselment (13) W			GRGF-AD		
29.22 Y	F	50 Free	2/23/2013	Cabin Fever Invitational	
33.36 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
34.94 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:05.81 Y	P	100 Free	3/10/2013	AD Gold Short Course Championships	
1:19.87 L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:23.28 Y	F	200 Free	3/1/2013	AD Silver Short Course Championships	
2:49.47 L	P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:51.87 S	F	200 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
35.38 Y	P	50 Back	3/10/2013	AD Gold Short Course Championships	
1:15.72 Y	P	100 Back	3/10/2013	AD Gold Short Course Championships	
1:24.44 S	F	100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:33.24 L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
3:15.79 L	P	200 Back	7/19/2013	2013 Adirondack Long Course District Champion	
43.40 Y	F	50 Breast	3/1/2013	AD Silver Short Course Championships	
1:34.79 Y	F	100 Breast	3/1/2013	AD Silver Short Course Championships	
1:44.40 S	F	100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:18.31 Y	F	100 IM	3/1/2013	AD Silver Short Course Championships	
1:31.03 S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
Lauren Anthony (14) W			UN-AD		
30.16 Y	F	50 Free	10/6/2012	SHENENDEHOWA GIRLS SWIMMING &	
1:17.99 Y	F	100 Back	10/6/2012	SHENENDEHOWA GIRLS SWIMMING &	
Caroline Antolick (6) W			ALBS-AD		
29.40 S	F	25 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
32.06 Y	F	25 Free	11/17/2012	Harvest Invitational	
59.70 S	F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
1:01.84 L	F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:03.57 Y	F	50 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
30.92 Y	F	25 Back	11/17/2012	Harvest Invitational	
31.05 S	F	25 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:05.45 Y	F	50 Back	1/4/2013	2013 Starfish Trophy Invitational	
1:06.78 S	F	50 Back	6/15/2013	Piranhas Summer Kick-Off Meet	
1:10.29 L	F	50 Back	7/19/2013	2013 Adirondack Long Course District Champion	
35.54 S	F	25 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:18.18 L	F	50 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
Yannai Arazi (12) M			SCHE-AD		
32.33 Y	F	50 Free	2/10/2013	2013 Piranhas Pentathlon	
1:10.99 Y	F	100 Free	12/15/2012	Sharks 12&Under Mini-Meet	
2:33.96 Y	F	200 Free	3/1/2013	AD Silver Short Course Championships	
2:51.68 L	F	200 Free	7/6/2013	Sharks Summer Invite	
5:58.37 L	F	400 Free	7/19/2013	2013 Adirondack Long Course District Champion	
6:38.55 Y	F	500 Free	3/10/2013	AD Gold Short Course Championships	
37.52 Y	F	50 Back	2/10/2013	2013 Piranhas Pentathlon	
41.34 L	F	50 Back	7/6/2013	Sharks Summer Invite	
1:18.26 Y	P	100 Back	3/10/2013	AD Gold Short Course Championships	
1:27.08 L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
2:37.20 Y	F	200 Back	3/1/2013	AD Silver Short Course Championships	
3:04.52 L	F	200 Back	6/1/2013	2013 NE MTSC June 1st Meet	
3:04.52 L	F	200 Back	6/1/2013	2013 NE MTSC June 1st Meet	
41.20 Y	F	50 Breast	12/15/2012	Sharks 12&Under Mini-Meet	
48.30 L	F	50 Breast	7/6/2013	Sharks Summer Invite	
1:30.51 Y	F	100 Breast	3/1/2013	AD Silver Short Course Championships	
1:41.59 L	P	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
3:34.80 L	F	200 Breast	6/1/2013	2013 NE MTSC June 1st Meet	
3:34.80 L	F	200 Breast	6/1/2013	2013 NE MTSC June 1st Meet	
34.00 Y	F	50 Fly	2/10/2013	2013 Piranhas Pentathlon	
39.91 L	F	50 Fly	6/1/2013	2013 NE MTSC June 1st Meet	
39.91 L	F	50 Fly	6/1/2013	2013 NE MTSC June 1st Meet	
1:17.93 Y	F	100 Fly	3/10/2013	AD Gold Short Course Championships	
1:28.63 L	F	100 Fly	6/1/2013	2013 NE MTSC June 1st Meet	
1:28.63 L	F	100 Fly	6/1/2013	2013 NE MTSC June 1st Meet	

Individual Top Times

Time	P/F/S	Event			
Yannai Arazi (12) M					
2:49.77	Y	F	200	Fly	1/12/2013 Chris Goody IMX Challenge
3:19.52	L	F	200	Fly	7/19/2013 2013 Adirondack Long Course District Champion
1:17.77	Y	F	100	IM	2/10/2013 2013 Piranhas Pentathlon
2:39.35	Y	F	200	IM	3/10/2013 AD Gold Short Course Championships
3:04.16	L	F	200	IM	6/1/2013 2013 NE MTSC June 1st Meet
3:04.16	L	F	200	IM	6/1/2013 2013 NE MTSC June 1st Meet
Isabella Ares (11) W					
38.82	Y	F	50	Free	3/1/2013 AD Silver Short Course Championships
1:41.23	Y	F	100	Free	11/17/2012 Harvest Invitational
47.45	Y	F	50	Back	3/1/2013 AD Silver Short Course Championships
49.89	Y	F	50	Fly	1/12/2013 Chris Goody Mini-Meet
Emily Argoff (12) W					
44.76	Y	F	50	Free	2/3/2013 Delmar Dolphins February Freeze Invitational
51.60	Y	F	50	Breast	2/3/2013 Delmar Dolphins February Freeze Invitational
1:56.91	Y	F	100	IM	12/15/2012 Sharks 12&Under Mini-Meet
Zev Armour-Garb (10) M					
59.07	Y	F	50	Free	11/10/2012 Pilgrims Pride
1:19.30	Y	F	50	Back	11/10/2012 Pilgrims Pride
1:14.19	Y	F	50	Breast	11/10/2012 Pilgrims Pride
Robyn Arnason (9) W					
45.83	Y L	F	25	Free	3/1/2013 AD Silver Short Course Championships
41.18	Y	F	50	Free	2/3/2013 Delmar Dolphins February Freeze Invitational
1:30.90	Y	F	100	Free	3/10/2013 AD Gold Short Course Championships
23.11	Y	F	25	Back	3/1/2013 AD Silver Short Course Championships
48.63	Y	F	50	Back	2/3/2013 Delmar Dolphins February Freeze Invitational
32.26	Y	F	25	Breast	1/12/2013 Chris Goody Mini-Meet
1:02.84	Y	F	50	Breast	3/1/2013 AD Silver Short Course Championships
24.36	Y	F	25	Fly	1/12/2013 Chris Goody Mini-Meet
50.52	Y	F	50	Fly	3/10/2013 AD Gold Short Course Championships
1:42.22	Y	F	100	IM	3/10/2013 AD Gold Short Course Championships
Calin Arnold (16) M					
1:05.72	Y	F	100	Back	12/15/2012 SHENENDEHOWA Boys SWIMMING & D
1:05.72	Y	F	100	Back	12/15/2012 2012 AD SHENENDEHOWA Boys
1:15.20	Y	F	100	Breast	12/15/2012 SHENENDEHOWA Boys SWIMMING & D
1:15.20	Y	F	100	Breast	12/15/2012 2012 AD SHENENDEHOWA Boys
Schuyler Arnold (13) W					
35.29	Y	F	50	Free	11/17/2012 Harvest Invitational
46.57	Y	F	50	Breast	11/17/2012 Harvest Invitational
1:31.05	Y	F	100	IM	11/17/2012 Harvest Invitational
Janette Arzoumanian (13) W					
31.27	Y	F	50	Free	1/4/2013 2013 Starfish Trophy Invitational
34.84	S	F	50	Free	6/15/2013 Piranhas Summer Kick-Off Meet
1:09.44	Y	F	100	Free	3/1/2013 AD Silver Short Course Championships
2:39.62	Y	F	200	Free	2/3/2013 Delmar Dolphins February Freeze Invitational
2:50.45	S	F	200	Free	6/15/2013 Piranhas Summer Kick-Off Meet
2:50.90	L	F	200	Free	7/12/2013 Hawks Summer Invitational 2013
7:08.95	Y	F	500	Free	12/9/2012 Piranhas December Distance Invite
41.31	Y	F	50	Back	10/21/2012 2012 Trick or Treat Meet
1:21.02	Y	F	100	Back	2/10/2013 2013 Piranhas Pentathlon
1:27.14	S	F	100	Back	6/15/2013 Piranhas Summer Kick-Off Meet
1:34.47	L	F	100	Back	7/12/2013 Hawks Summer Invitational 2013
3:02.99	Y	F	200	Back	3/1/2013 AD Silver Short Course Championships
45.42	Y	F	50	Breast	10/21/2012 2012 Trick or Treat Meet
1:35.06	Y	F	100	Breast	2/10/2013 2013 Piranhas Pentathlon
1:46.49	S	F	100	Breast	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:48.89	L	P	100	Breast	7/19/2013 2013 Adirondack Long Course District Champion
3:26.22	Y	F	200	Breast	3/1/2013 AD Silver Short Course Championships
3:51.72	L	F	200	Breast	7/12/2013 Hawks Summer Invitational 2013
43.56	Y	F	50	Fly	10/21/2012 2012 Trick or Treat Meet

SCHE-AD

BSPA-AD

DELM-AD

DELM-AD

DELM-AD

UN-AD

BSPA-AD

CPP-AD

Individual Top Times

Time	P/F/S	Event			
Janette Arzoumanian (13) W					
					CPP-AD
1:41.00	S	F	100	Fly	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:45.17	L	P	100	Fly	7/19/2013 2013 Adirondack Long Course District Champion
2:53.14	Y	F	200	IM	3/1/2013 AD Silver Short Course Championships
Emily Ascitutto (10) W					
					BENN-AD
33.30	Y	F	50	Free	3/10/2013 AD Gold Short Course Championships
37.29	S	F	50	Free	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:13.83	Y	F	100	Free	2/23/2013 Cabin Fever Invitational
41.67	Y	F	50	Back	2/10/2013 2013 Piranhas Pentathlon
45.40	S	F	50	Back	6/2/2013 2013 Starfish Meter Madness - Pentathlon
45.79	Y	F	50	Breast	3/10/2013 AD Gold Short Course Championships
51.51	S	F	50	Breast	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:35.52	Y	F	100	Breast	3/10/2013 AD Gold Short Course Championships
44.75	Y	F	50	Fly	3/10/2013 AD Gold Short Course Championships
48.98	S	F	50	Fly	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:26.62	Y	F	100	IM	2/23/2013 Cabin Fever Invitational
1:40.02	S	F	100	IM	6/2/2013 2013 Starfish Meter Madness - Pentathlon
Sarah Ascitutto (11) W					
					BENN-AD
29.59	Y	F	50	Free	2/23/2013 Cabin Fever Invitational
32.24	S	F	50	Free	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:06.35	Y	P	100	Free	3/10/2013 AD Gold Short Course Championships
37.67	Y	F	50	Back	3/1/2013 AD Silver Short Course Championships
41.32	S	F	50	Back	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:20.61	Y	F	100	Back	3/1/2013 AD Silver Short Course Championships
45.28	Y	F	50	Breast	3/1/2013 AD Silver Short Course Championships
48.98	S	F	50	Breast	6/2/2013 2013 Starfish Meter Madness - Pentathlon
34.44	Y	P	50	Fly	3/10/2013 AD Gold Short Course Championships
38.60	S	F	50	Fly	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:19.99	Y	F	100	IM	2/23/2013 Cabin Fever Invitational
1:27.57	S	F	100	IM	6/2/2013 2013 Starfish Meter Madness - Pentathlon
Ryann Ashby (10) W					
					BSPA-AD
43.45	Y	F	50	Free	11/4/2012 Hometown Splashdown
50.54	Y	F	50	Back	10/20/2012 Ravenna Autumn Breeze 2012
2:00.43	Y	F	100	Back	2/23/2013 Cabin Fever Invitational
Erica Askew (17) W					
					AMST-AD
26.81	Y	F	50	Free	10/21/2012 2012 Trick or Treat Meet
30.15	S	F	50	Free	6/2/2013 2013 Starfish Meter Madness - Pentathlon
30.51	L	F	50	Free	6/8/2013 Clinton Cudas Colgate Classic Invitational
56.06	Y	F	100	Free	11/1/2012 Girls Sec II Division 2 Champ
1:03.61	L	P	100	Free	7/12/2013 2013 NI - Niagara Long Course Classic
2:05.95	Y	P	200	Free	3/10/2013 AD Gold Short Course Championships
2:21.21	L	F	200	Free	6/8/2013 Clinton Cudas Colgate Classic Invitational
5:44.33	Y	F	500	Free	1/12/2013 Chris Goody IMX Challenge
1:10.69	Y	F	100	Back	1/20/2013 Foothills Inv
1:19.16	S	F	100	Back	6/2/2013 2013 Starfish Meter Madness - Pentathlon
2:36.87	Y	F	200	Back	12/15/2012 Central Valley Swim League Quad Meet
1:17.82	L	P	100	Breast	7/12/2013 2013 NI - Niagara Long Course Classic
1:18.80	S	F	100	Breast	6/2/2013 2013 Starfish Meter Madness - Pentathlon
2:50.29	L	F	200	Breast	7/19/2013 2013 Adirondack Long Course District Champion
1:06.27	Y	P	100	Fly	3/10/2013 AD Gold Short Course Championships
1:14.50	S	F	100	Fly	6/2/2013 2013 Starfish Meter Madness - Pentathlon
2:41.95	Y	F	200	Fly	1/12/2013 Chris Goody IMX Challenge
1:13.64	S	F	100	IM	6/2/2013 2013 Starfish Meter Madness - Pentathlon
2:33.42	L	P	200	IM	7/12/2013 2013 NI - Niagara Long Course Classic
5:11.29	Y	F	400	IM	1/12/2013 Chris Goody IMX Challenge
Trevor Askew (14) M					
					AMST-AD
29.35	Y	F	50	Free	3/1/2013 AD Silver Short Course Championships
32.26	S	F	50	Free	6/2/2013 2013 Starfish Meter Madness - Pentathlon
32.37	L	P	50	Free	7/19/2013 2013 Adirondack Long Course District Champion
1:09.86	L	P	100	Free	7/19/2013 2013 Adirondack Long Course District Champion

Individual Top Times

Time	P/F/S	Event			
Trevor Askew (14) M					
					AMST-AD
2:21.65	Y	F	200 Free	2/23/2013	Cabin Fever Invitational
1:19.16	S	F	100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:23.49	L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion
2:38.57	Y	F	200 Back	3/1/2013	AD Silver Short Course Championships
1:10.93	Y	P	100 Breast	3/10/2013	AD Gold Short Course Championships
1:19.69	L	F	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion
1:20.15	S	F	100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon
2:53.44	L	F	200 Breast	7/19/2013	2013 Adirondack Long Course District Champion
1:18.92	Y	F	100 Fly	3/1/2013	AD Silver Short Course Championships
1:26.63	S	F	100 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon
2:57.15	Y	F	200 Fly	3/1/2013	AD Silver Short Course Championships
1:17.55	S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon
2:29.59	Y	P	200 IM	2/14/2013	Section II Championships Small
2:44.73	L	P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion
Tyler Askew (15) M					
					AMST-AD
26.40	Y	P	50 Free	3/10/2013	AD Gold Short Course Championships
30.06	S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon
30.81	L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion
55.65	Y	P	100 Free	3/10/2013	AD Gold Short Course Championships
1:05.21	L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion
1:59.30	Y	F	200 Free	2/14/2013	Section II Championships Small
2:23.31	L	P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion
5:47.10	Y	F	500 Free	3/1/2013	AD Silver Short Course Championships
1:14.43	Y	F	100 Back	12/2/2012	December Super Splash 2012
1:32.29	S	F	100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon
2:38.31	Y	F	200 Back	1/12/2013	Chris Goody IMX Challenge
1:21.65	Y	F	100 Breast	1/4/2013	2013 Starfish Trophy Invitational
1:27.87	S	F	100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon
2:50.48	Y	F	200 Breast	3/1/2013	AD Silver Short Course Championships
58.55	Y	P	100 Fly	2/14/2013	Section II Championships Small
1:05.90	L	P	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion
1:11.34	S	F	100 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon
2:41.90	L	P	200 Fly	7/19/2013	2013 Adirondack Long Course District Champion
1:16.23	S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon
2:24.49	Y	F	200 IM	3/1/2013	AD Silver Short Course Championships
2:36.59	L	P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion
5:18.05	Y	F	400 IM	1/12/2013	Chris Goody IMX Challenge
Regan Aspland (11) W					
					GRGF-AD
46.27	Y L	F	50 Free	11/4/2012	Hometown Splashdown
53.63	Y	F	50 Back	11/4/2012	Hometown Splashdown
Nicholas Athari (11) M					
					NHA-AD
49.13	Y	F	50 Free	1/12/2013	Canajoharie Developmental Meet
1:46.44	Y	F	100 Free	2/23/2013	Cabin Fever Invitational
51.86	Y	F	50 Back	2/23/2013	Cabin Fever Invitational
Abigail Auster (10) W					
					ALBS-AD
50.58	Y	F	50 Free	3/1/2013	AD Silver Short Course Championships
53.47	S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:52.79	Y	F	100 Free	3/1/2013	AD Silver Short Course Championships
1:59.86	S	F	100 Free	6/15/2013	Piranhas Summer Kick-Off Meet
57.43	Y	F	50 Back	3/1/2013	AD Silver Short Course Championships
58.23	S	F	50 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon
58.20	Y	F	50 Breast	1/27/2013	Thoroughbred Splash 2013
1:03.11	S	F	50 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:07.45	S	F	50 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon
2:08.07	Y	F	100 IM	10/20/2012	Ravena Autumn Breeze 2012
2:12.95	S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon
Gareth Austin (10) M					
					CLRK-AD
40.70	Y	F	50 Free	2/9/2013	Central Valley Swim League Championships
1:29.47	Y	F	100 Free	3/1/2013	AD Silver Short Course Championships

Individual Top Times

Time	P/F/S	Event			
Gareth Austin (10) M					
					CLRK-AD
1:54.82	L	F	100	Free	6/8/2013 Clinton Cudas Colgate Classic Invitational
47.52	Y	F	50	Back	2/3/2013 Delmar Dolphins February Freeze Invitational
1:41.24	Y	F	100	Back	3/1/2013 AD Silver Short Course Championships
2:01.13	L	F	100	Back	6/8/2013 Clinton Cudas Colgate Classic Invitational
50.61	Y	F	50	Breast	3/1/2013 AD Silver Short Course Championships
58.97	L	F	50	Breast	6/8/2013 Clinton Cudas Colgate Classic Invitational
2:02.38	Y	F	100	Breast	12/15/2012 Central Valley Swim League Quad Meet
Grace Ayer (17) W					
					UN-AD
24.86	Y	F	50	Free	11/16/2012 2012 NY Ob - Girls NY State Federation Champ
29.36	L	P	50	Free	3/21/2013 2013 NI - EZ North Region Speedo Ch
53.63	Y	F	100	Free	3/10/2013 AD Gold Short Course Championships
2:00.27	Y	P	200	Free	2/15/2013 AD 2013 REGION 1 CHAMPIONSHIPS
58.75	Y	F	100	Back	3/10/2013 AD Gold Short Course Championships
1:10.39	L	P	100	Back	3/21/2013 2013 NI - EZ North Region Speedo Ch
2:06.92	Y	F	200	Back	3/10/2013 AD Gold Short Course Championships
1:06.34	Y	F	100	Breast	11/1/2012 Girls Sec II Division I Champ
2:48.09	L	F	200	Breast	3/21/2013 2013 NI - EZ North Region Speedo Ch
1:00.18	Y	F	100	Fly	3/10/2013 AD Gold Short Course Championships
2:05.60	Y	F	200	IM	11/1/2012 Girls Sec II Division I Champ
4:51.77	Y	F	400	IM	1/4/2013 2013 Starfish Trophy Invitational
Matthew Bablin (8) M					
					BSPA-AD
20.67	Y	F	25	Free	1/27/2013 Thoroughbred Splash 2013
47.47	Y	F	50	Free	1/27/2013 Thoroughbred Splash 2013
22.46	Y	F	25	Back	11/17/2012 Harvest Invitational
24.71	Y	F	25	Fly	1/27/2013 Thoroughbred Splash 2013
Jack Backman (11) M					
					USAM-AD
31.87	Y	F	50	Free	3/9/2013 Eastern States League Championships 2013
1:13.26	Y	F	100	Free	3/9/2013 Eastern States League Championships 2013
42.19	Y	F	50	Back	2/23/2013 Cabin Fever Invitational
1:32.80	Y	F	100	IM	1/12/2013 Chris Goody Mini-Meet
Abigail Bacon (12) W					
					SCHE-AD
31.27	Y	F	50	Free	1/27/2013 Thoroughbred Splash 2013
34.83	L	F	50	Free	7/6/2013 Sharks Summer Invite
1:09.12	Y	F	100	Free	12/15/2012 Sharks 12&Under Mini-Meet
1:14.34	L	F	100	Free	7/19/2013 2013 Adirondack Long Course District Champion
2:33.19	Y	F	200	Free	3/1/2013 AD Silver Short Course Championships
2:39.73	L	P	200	Free	7/19/2013 2013 Adirondack Long Course District Champion
5:41.21	L	F	400	Free	7/6/2013 Sharks Summer Invite
6:34.75	Y	F	500	Free	1/12/2013 Chris Goody IMX Challenge
37.83	Y	F	50	Back	12/15/2012 Sharks 12&Under Mini-Meet
41.57	L	F	50	Back	7/6/2013 Sharks Summer Invite
1:22.02	Y	F	100	Back	1/12/2013 Chris Goody IMX Challenge
1:28.23	L	P	100	Back	7/19/2013 2013 Adirondack Long Course District Champion
37.69	Y	F	50	Breast	3/10/2013 AD Gold Short Course Championships
40.53	L	F	50	Breast	7/19/2013 2013 Adirondack Long Course District Champion
1:21.22	Y	F	100	Breast	3/10/2013 AD Gold Short Course Championships
1:30.04	L	F	100	Breast	7/19/2013 2013 Adirondack Long Course District Champion
2:53.11	Y	F	200	Breast	3/10/2013 AD Gold Short Course Championships
3:13.14	L	F	200	Breast	7/19/2013 2013 Adirondack Long Course District Champion
35.12	Y	F	50	Fly	2/10/2013 2013 Piranhas Pentathlon
1:18.37	Y	F	100	Fly	1/12/2013 Chris Goody IMX Challenge
1:30.23	L	F	100	Fly	6/1/2013 2013 NE MTSC June 1st Meet
1:30.23	L	F	100	Fly	6/1/2013 2013 NE MTSC June 1st Meet
1:16.62	Y	P	100	IM	3/10/2013 AD Gold Short Course Championships
2:40.18	Y	F	200	IM	3/1/2013 AD Silver Short Course Championships
2:55.48	L	F	200	IM	7/19/2013 2013 Adirondack Long Course District Champion
Miranda Bacon (14) W					
					SCHE-AD
27.31	Y	F	50	Free	12/6/2012 2012 NE NSSC MIT Invite
32.46	L	F	50	Free	7/6/2013 Sharks Summer Invite

Individual Top Times

Time	P/F/S	Event			
Miranda Bacon (14) W					
56.90	Y	F	100	Free	12/6/2012 2012 NE NSSC MIT Invite
1:07.05	L L	F	100	Free	7/6/2013 Sharks Summer Invite
2:21.97	L	F	200	Free	6/1/2013 2013 NE MTSC June 1st Meet
2:21.97	L	F	200	Free	6/1/2013 2013 NE MTSC June 1st Meet
4:59.96	L	F	400	Free	7/19/2013 2013 Adirondack Long Course District Champion
5:19.44	Y	P	500	Free	2/15/2013 AD 2013 REGION 1 CHAMPIONSHIPS
11:12.06	Y	F	1000	Free	3/21/2013 2013 CT Senior Open Championship
18:18.30	Y	F	1650	Free	12/6/2012 2012 NE NSSC MIT Invite
1:15.50	L	P	100	Back	7/19/2013 2013 Adirondack Long Course District Champion
2:37.66	L	F	200	Back	7/19/2013 2013 Adirondack Long Course District Champion
36.42	L	F	50	Breast	6/1/2013 2013 NE MTSC June 1st Meet
36.42	L	F	50	Breast	6/1/2013 2013 NE MTSC June 1st Meet
1:05.97	Y	F	100	Breast	3/21/2013 2013 CT Senior Open Championship
1:15.78	L	F	100	Breast	7/19/2013 2013 Adirondack Long Course District Champion
2:43.40	L	F	200	Breast	7/6/2013 Sharks Summer Invite
2:28.25	Y	F	200	Fly	1/12/2013 Chris Goody IMX Challenge
2:34.61	L	F	200	IM	7/19/2013 2013 Adirondack Long Course District Champion
4:48.68	Y	F	400	IM	1/12/2013 Chris Goody IMX Challenge
Calvin Baird (8) M					
19.65	Y	F	25	Free	1/27/2013 Thoroughbred Splash 2013
41.39	Y	F	50	Free	3/10/2013 AD Gold Short Course Championships
45.81	L	F	50	Free	7/19/2013 2013 Adirondack Long Course District Champion
1:40.98	Y	F	100	Free	1/12/2013 Chris Goody Mini-Meet
1:43.47	L	F	100	Free	7/19/2013 2013 Adirondack Long Course District Champion
24.32	Y	F	25	Back	3/1/2013 AD Silver Short Course Championships
50.32	Y	F	50	Back	2/23/2013 Cabin Fever Invitational
1:00.24	L	F	50	Back	7/19/2013 2013 Adirondack Long Course District Champion
26.92	Y	F	25	Breast	3/1/2013 AD Silver Short Course Championships
1:02.69	L	F	50	Breast	7/19/2013 2013 Adirondack Long Course District Champion
23.58	Y	F	25	Fly	1/12/2013 Chris Goody Mini-Meet
1:00.46	L	F	50	Fly	7/19/2013 2013 Adirondack Long Course District Champion
Connor Baird (8) M					
21.48	Y	F	25	Free	2/23/2013 Cabin Fever Invitational
47.25	L	F	50	Free	7/19/2013 2013 Adirondack Long Course District Champion
49.88	Y	F	50	Free	3/1/2013 AD Silver Short Course Championships
1:44.61	L	F	100	Free	7/19/2013 2013 Adirondack Long Course District Champion
1:55.66	Y	F	100	Free	3/1/2013 AD Silver Short Course Championships
24.59	Y	F	25	Back	3/1/2013 AD Silver Short Course Championships
54.10	L	F	50	Back	7/19/2013 2013 Adirondack Long Course District Champion
55.47	Y	F	50	Back	2/23/2013 Cabin Fever Invitational
27.16	Y	F	25	Breast	3/1/2013 AD Silver Short Course Championships
57.21	L	F	50	Breast	7/19/2013 2013 Adirondack Long Course District Champion
26.82	Y	F	25	Fly	1/12/2013 Chris Goody Mini-Meet
52.77	L	F	50	Fly	7/19/2013 2013 Adirondack Long Course District Champion
1:54.60	Y	F	100	IM	2/23/2013 Cabin Fever Invitational
Elizabeth Baird (10) W					
33.06	Y	F	50	Free	3/10/2013 AD Gold Short Course Championships
35.26	L	F	50	Free	7/19/2013 2013 Adirondack Long Course District Champion
1:15.91	Y	F	100	Free	3/10/2013 AD Gold Short Course Championships
1:22.25	L	F	100	Free	7/19/2013 2013 Adirondack Long Course District Champion
2:46.16	Y	F	200	Free	12/2/2012 December Super Splash 2012
3:00.11	L	F	200	Free	7/19/2013 2013 Adirondack Long Course District Champion
39.40	Y	F	50	Back	3/10/2013 AD Gold Short Course Championships
48.02	L	F	50	Back	7/19/2013 2013 Adirondack Long Course District Champion
1:25.95	Y	F	100	Back	3/10/2013 AD Gold Short Course Championships
1:38.48	L	F	100	Back	7/19/2013 2013 Adirondack Long Course District Champion
46.10	Y	F	50	Breast	12/15/2012 Sharks 12&Under Mini-Meet
51.03	L	F	50	Breast	7/19/2013 2013 Adirondack Long Course District Champion
1:35.60	Y	F	100	Breast	3/10/2013 AD Gold Short Course Championships
42.98	Y	F	50	Fly	3/10/2013 AD Gold Short Course Championships

SCHE-AD

SCHE-AD

SCHE-AD

SCHE-AD

Individual Top Times

Time	P/F/S	Event			
Elizabeth Baird (10) W					
46.68 L	F	50 Fly	7/19/2013	2013 Adirondack Long Course District Champion	SCHE-AD
1:39.15 Y	F	100 Fly	1/12/2013	Chris Goody IMX Challenge	
1:24.10 Y	F	100 IM	3/10/2013	AD Gold Short Course Championships	
3:03.07 Y	F	200 IM	3/10/2013	AD Gold Short Course Championships	
3:36.21 L	F	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
Elizabeth Balet (12) W					
32.91 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	BSPA-AD
1:14.78 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
38.32 Y	F	50 Back	2/23/2013	Cabin Fever Invitational	
38.71 Y	F	50 Breast	3/10/2013	AD Gold Short Course Championships	
1:25.00 Y	P	100 Breast	3/10/2013	AD Gold Short Course Championships	
37.82 Y	F	50 Fly	1/12/2013	Canajoharie Developmental Meet	
1:20.80 Y	F	100 IM	3/1/2013	AD Silver Short Course Championships	
Ethan Ballard (14) M					
28.44 Y	F	50 Free	2/23/2013	Cabin Fever Invitational	GRGF-AD
1:02.67 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
1:18.97 Y	F	100 Breast	3/1/2013	AD Silver Short Course Championships	
2:40.15 Y	F	200 IM	2/23/2013	Cabin Fever Invitational	
Amy Barba (15) W					
28.35 Y	F	50 Free	10/6/2012	SHENENDEHOWA GIRLS SWIMMING &	UN-AD
1:19.84 Y	P	100 Breast	11/1/2012	Girls Sec II Division I Champ	
Alexander Barbato (9) M					
18.79 Y	F	25 Free	11/18/2012	Hawk-NDAC-CSD	HAWK-AD
41.86 Y	F	50 Free	3/10/2013	AD Gold Short Course Championships	
1:39.89 Y	F	100 Free	1/25/2013	Hawks Trials And Finals 2013	
x24.04 Y	F	25 Back	11/18/2012	Hawk-NDAC-CSD	
49.79 Y	F	50 Back	1/4/2013	2013 Starfish Trophy Invitational	
33.46 Y	F	25 Breast	11/18/2012	Hawk-NDAC-CSD	
1:06.39 Y	F	50 Breast	1/4/2013	2013 Starfish Trophy Invitational	
2:26.64 Y	F	100 Breast	1/25/2013	Hawks Trials And Finals 2013	
Emily Barbato (11) W					
44.89 Y	F	50 Free	1/4/2013	2013 Starfish Trophy Invitational	HAWK-AD
55.92 Y	F	50 Back	11/18/2012	Hawk-NDAC-CSD	
1:56.25 Y	P	100 Back	1/25/2013	Hawks Trials And Finals 2013	
2:05.72 Y	P	100 Breast	1/25/2013	Hawks Trials And Finals 2013	
x1:02.47 Y	F	50 Fly	11/18/2012	Hawk-NDAC-CSD	
Jaden Barber (9) M					
22.70 Y	F	25 Free	12/1/2012	Central Valley Swim League Quad Meet	SVP-AD
26.43 Y	F	25 Breast	11/10/2012	CVSL First Splash	
Jolie Barber (14) W					
31.22 Y	F	50 Free	12/1/2012	Central Valley Swim League Quad Meet	SVP-AD
1:11.23 Y	F	100 Free	12/1/2012	Central Valley Swim League Quad Meet	
1:16.67 Y	F	100 Back	11/10/2012	CVSL First Splash	
Liam Barber (15) M					
26.32 Y	P	50 Free	3/10/2013	AD Gold Short Course Championships	RAVE-AD
57.55 Y	F	100 Free	10/21/2012	2012 Trick or Treat Meet	
1:10.69 Y	F	100 Back	3/1/2013	AD Silver Short Course Championships	
1:12.34 Y	P	100 Breast	2/14/2013	Section II Championships Large	
1:15.06 Y	F	100 Fly	2/3/2013	Delmar Dolphins February Freeze Invitational	
2:28.25 Y	F	200 IM	3/1/2013	AD Silver Short Course Championships	
Brandon Bardin (12) M					
28.01 Y L	F	50 Free	2/9/2013	North Country YMCA Swim League 2013 Champions	UN-AD
30.10 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
30.53 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:04.98 Y	F	100 Free	11/17/2012	Harvest Invitational	
1:05.22 L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:21.82 L	F	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
33.82 Y	F	50 Back	1/4/2013	2013 Starfish Trophy Invitational	
1:15.44 S	F	100 Back	6/15/2013	Piranhas Summer Kick-Off Meet	

Individual Top Times

Time	P/F/S	Event			
Brandon Bardin (12) M			UN-AD		
32.78 Y	P	50 Breast	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
36.80 L	F	50 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
1:19.04 S	F	100 Breast	6/15/2013	Piranhas Summer Kick-Off Meet	
1:19.48 Y	F	100 Breast	11/17/2012	Harvest Invitational	
1:22.44 L	P	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
2:54.87 L	F	200 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
29.61 Y	F	50 Fly	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
32.42 L	F	50 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:15.45 S	F	100 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:16.12 L	P	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:09.91 Y	F	100 IM	1/4/2013	2013 Starfish Trophy Invitational	
1:14.14 S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:21.79 Y	F	200 IM	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
2:33.85 S	F	200 IM	6/15/2013	Piranhas Summer Kick-Off Meet	
2:37.71 L	F	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
Luke Baringer (10) M			SCHE-AD		
35.29 Y	F	50 Free	3/10/2013	AD Gold Short Course Championships	
1:19.80 Y	F	100 Free	3/10/2013	AD Gold Short Course Championships	
47.52 Y	F	50 Back	1/12/2013	Chris Goody Mini-Meet	
1:43.93 Y	F	100 Back	2/3/2013	Delmar Dolphins February Freeze Invitational	
46.68 Y	F	50 Breast	3/10/2013	AD Gold Short Course Championships	
1:38.25 Y	F	100 Breast	2/23/2013	Cabin Fever Invitational	
42.94 Y	F	50 Fly	3/10/2013	AD Gold Short Course Championships	
1:30.97 Y	F	100 IM	3/10/2013	AD Gold Short Course Championships	
Julia Barker (10) W			ALBS-AD		
36.63 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	
38.61 L	F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:20.82 Y	F	100 Free	3/10/2013	AD Gold Short Course Championships	
1:27.26 S	F	100 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
1:27.87 L	F	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
3:16.17 L	F	200 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
9:08.56 Y	F	500 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
39.88 Y	F	50 Back	3/10/2013	AD Gold Short Course Championships	
43.05 S	F	50 Back	6/15/2013	Piranhas Summer Kick-Off Meet	
44.05 L	F	50 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:27.45 Y	F	100 Back	3/10/2013	AD Gold Short Course Championships	
1:34.01 L	F	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
48.29 Y	F	50 Breast	3/10/2013	AD Gold Short Course Championships	
50.99 L	F	50 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
52.15 S	F	50 Breast	6/15/2013	Piranhas Summer Kick-Off Meet	
1:43.76 Y	F	100 Breast	3/1/2013	AD Silver Short Course Championships	
1:51.64 L	F	100 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational	
44.04 Y	F	50 Fly	3/1/2013	AD Silver Short Course Championships	
44.97 S	F	50 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
46.31 L	F	50 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:30.07 Y	F	100 IM	3/10/2013	AD Gold Short Course Championships	
1:36.83 S	F	100 IM	6/15/2013	Piranhas Summer Kick-Off Meet	
3:29.78 L	F	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
3:31.58 Y	F	200 IM	3/1/2013	AD Silver Short Course Championships	
Amelia Barkevich (12) W			AMST-AD		
34.50 Y	F	50 Free	2/23/2013	Cabin Fever Invitational	
1:14.11 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
2:54.57 Y	F	200 Free	3/1/2013	AD Silver Short Course Championships	
8:22.21 Y	F	500 Free	1/26/2013	Central Valley Swim Meet Quad Meet	
42.57 Y	F	50 Back	11/17/2012	Harvest Invitational	
1:31.77 Y	F	100 Back	3/1/2013	AD Silver Short Course Championships	
45.90 Y	F	50 Breast	2/9/2013	Central Valley Swim League Championships	
1:47.24 Y	F	100 Breast	3/1/2013	AD Silver Short Course Championships	
41.90 Y	F	50 Fly	2/9/2013	Central Valley Swim League Championships	
1:48.16 Y	F	100 Fly	3/1/2013	AD Silver Short Course Championships	

Individual Top Times

Time	P/F/S	Event				
Amelia Barkevich (12) W						
1:28.02	Y	F	100	IM	2/23/2013	Cabin Fever Invitational
3:14.68	Y	F	200	IM	3/1/2013	AD Silver Short Course Championships
Jonas Barkevich (10) M						
35.79	Y	F	50	Free	2/23/2013	Cabin Fever Invitational
1:23.09	Y	F	100	Free	12/2/2012	December Super Splash 2012
3:00.60	Y	F	200	Free	12/2/2012	December Super Splash 2012
8:41.54	Y	F	500	Free	1/26/2013	Central Valley Swim Meet Quad Meet
43.24	Y L	F	25	Back	1/4/2013	2013 Starfish Trophy Invitational
42.32	Y	F	50	Back	3/10/2013	AD Gold Short Course Championships
1:35.73	Y	F	100	Back	3/1/2013	AD Silver Short Course Championships
53.58	Y	F	50	Breast	2/23/2013	Cabin Fever Invitational
1:56.16	Y	F	100	Breast	3/1/2013	AD Silver Short Course Championships
47.53	Y	F	50	Fly	3/1/2013	AD Silver Short Course Championships
1:39.97	Y	F	100	IM	12/2/2012	December Super Splash 2012
3:45.45	Y	F	200	IM	1/26/2013	Central Valley Swim Meet Quad Meet
Mary Barkla (17) W						
30.43	Y	F	50	Free	1/4/2013	2013 Starfish Trophy Invitational
1:07.10	Y	F	100	Free	12/7/2012	2012 NE UVAC Winter Classic
35.66	Y L	F	50	Back	1/4/2013	2013 Starfish Trophy Invitational
1:11.58	Y	F	100	Back	1/4/2013	2013 Starfish Trophy Invitational
2:33.91	Y	F	200	Back	12/7/2012	2012 NE UVAC Winter Classic
1:27.22	Y	F	100	Breast	12/7/2012	2012 NE UVAC Winter Classic
3:03.39	Y	F	200	Breast	1/4/2013	2013 Starfish Trophy Invitational
2:43.69	Y	F	200	IM	12/7/2012	2012 NE UVAC Winter Classic
Alexander Barletta (8) M						
23.44	Y	F	25	Free	12/15/2012	Sharks 12&Under Mini-Meet
50.91	Y	F	50	Free	12/15/2012	Sharks 12&Under Mini-Meet
28.16	Y	F	25	Back	11/17/2012	Harvest Invitational
54.90	Y	F	50	Back	3/1/2013	AD Silver Short Course Championships
Maximilian Barletta (11) M						
37.51	Y	F	50	Free	2/10/2013	2013 Piranhas Pentathlon
1:23.34	Y	F	100	Free	3/1/2013	AD Silver Short Course Championships
49.45	Y	F	50	Back	2/10/2013	2013 Piranhas Pentathlon
1:48.50	Y	F	100	Back	11/17/2012	Harvest Invitational
3:46.83	Y	F	200	Back	12/9/2012	Piranhas December Distance Invite
45.75	Y	F	50	Breast	2/10/2013	2013 Piranhas Pentathlon
1:43.50	Y	F	100	Breast	1/4/2013	2013 Starfish Trophy Invitational
3:33.48	Y	F	200	IM	12/9/2012	Piranhas December Distance Invite
Brianna Barlow (8) W						
30.26	Y	F	25	Free	1/27/2013	Thoroughbred Splash 2013
Emily Barlow (17) W						
29.92	Y	F	50	Free	11/17/2012	Harvest Invitational
1:11.94	Y	F	100	Free	11/17/2012	Harvest Invitational
2:35.78	Y	F	200	Free	11/17/2012	Harvest Invitational
1:28.70	Y	F	100	Breast	11/17/2012	Harvest Invitational
Johnathan Barnes (13) M						
3:15.02	L	P	200	Free	7/19/2013	2013 Adirondack Long Course District Champion
Olivia Barnett (10) W						
42.86	Y	F	50	Free	1/27/2013	Thoroughbred Splash 2013
1:36.82	Y	F	100	Free	3/1/2013	AD Silver Short Course Championships
48.88	Y	F	50	Back	2/23/2013	Cabin Fever Invitational
1:54.51	Y	F	100	Back	2/23/2013	Cabin Fever Invitational
1:04.16	Y	F	50	Breast	1/27/2013	Thoroughbred Splash 2013
Sydney Barnett (8) W						
20.51	Y	F	25	Free	2/23/2013	Cabin Fever Invitational
46.95	Y	F	50	Free	3/1/2013	AD Silver Short Course Championships
1:47.71	Y	F	100	Free	3/1/2013	AD Silver Short Course Championships
23.09	Y	F	25	Back	3/1/2013	AD Silver Short Course Championships
54.01	Y	F	50	Back	3/1/2013	AD Silver Short Course Championships

AMST-AD

AMST-AD

WAVE-AD

CPP-AD

CPP-AD

GRGF-AD

BENN-AD

TBS-AD

WAVE-AD

WAVE-AD

Individual Top Times

Time	P/F/S	Event			
Luke Barnhart (8) M			RAVE-AD		
22.56 Y	F	25 Free	3/1/2013	AD Silver Short Course Championships	
49.46 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	
1:54.60 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
27.58 Y	F	25 Back	12/15/2012	Sharks 12&Under Mini-Meet	
1:00.03 Y	F	50 Back	3/1/2013	AD Silver Short Course Championships	
30.12 Y	F	25 Breast	3/1/2013	AD Silver Short Course Championships	
29.20 Y	F	25 Fly	10/20/2012	Ravena Autumn Breeze 2012	
Emily Barno (14) W			SCHE-AD		
26.76 Y	P	50 Free	12/6/2012	2012 NE NSSC MIT Invite	
31.39 L	F	50 Free	7/6/2013	Sharks Summer Invite	
58.29 Y	P	100 Free	3/10/2013	AD Gold Short Course Championships	
1:07.64 L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:06.72 Y	P	200 Free	3/10/2013	AD Gold Short Course Championships	
2:28.03 L	F	200 Free	6/1/2013	2013 NE MTSC June 1st Meet	
2:28.03 L	F	200 Free	6/1/2013	2013 NE MTSC June 1st Meet	
2:28.03 L	P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
5:15.11 L	F	400 Free	7/19/2013	2013 Adirondack Long Course District Champion	
5:38.02 Y	F	500 Free	1/12/2013	Chris Goody IMX Challenge	
1:10.77 Y	F	100 Back	1/27/2013	Thoroughbred Splash 2013	
1:21.19 L L	F	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
2:32.39 Y	F	200 Back	1/12/2013	Chris Goody IMX Challenge	
37.46 L	F	50 Breast	6/1/2013	2013 NE MTSC June 1st Meet	
37.46 L	F	50 Breast	6/1/2013	2013 NE MTSC June 1st Meet	
1:22.62 L	F	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
2:46.32 Y	P	200 Breast	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS	
3:12.18 L	F	200 Breast	6/1/2013	2013 NE MTSC June 1st Meet	
3:12.18 L	F	200 Breast	6/1/2013	2013 NE MTSC June 1st Meet	
1:08.92 Y	F	100 Fly	11/17/2012	Harvest Invitational	
1:20.04 L	F	100 Fly	6/1/2013	2013 NE MTSC June 1st Meet	
1:20.04 L	F	100 Fly	6/1/2013	2013 NE MTSC June 1st Meet	
2:25.82 Y	F	200 Fly	3/10/2013	AD Gold Short Course Championships	
2:56.26 L	F	200 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
2:47.05 L	P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
5:04.75 Y	P	400 IM	12/6/2012	2012 NE NSSC MIT Invite	
James Barno (12) M			SCHE-AD		
28.51 Y	F	50 Free	2/23/2013	Cabin Fever Invitational	
31.97 L	F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:03.63 Y	F	100 Free	12/2/2012	December Super Splash 2012	
1:11.29 L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:19.30 Y	F	200 Free	10/21/2012	2012 Trick or Treat Meet	
2:33.22 L	F	200 Free	6/1/2013	2013 NE MTSC June 1st Meet	
2:33.22 L	F	200 Free	6/1/2013	2013 NE MTSC June 1st Meet	
6:03.63 Y	F	500 Free	3/10/2013	AD Gold Short Course Championships	
34.15 Y	F	50 Back	2/10/2013	2013 Piranhas Pentathlon	
1:16.16 Y	F	100 Back	1/12/2013	Chris Goody IMX Challenge	
1:26.49 L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
40.65 Y	F	50 Breast	2/10/2013	2013 Piranhas Pentathlon	
44.97 L	P	50 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
1:29.25 Y	F	100 Breast	1/12/2013	Chris Goody IMX Challenge	
1:39.81 L	F	100 Breast	6/1/2013	2013 NE MTSC June 1st Meet	
1:39.81 L	F	100 Breast	6/1/2013	2013 NE MTSC June 1st Meet	
30.35 Y	F	50 Fly	3/10/2013	AD Gold Short Course Championships	
33.48 L	P	50 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:08.85 Y	F	100 Fly	3/10/2013	AD Gold Short Course Championships	
1:19.17 L	P	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
2:38.97 Y	F	200 Fly	3/10/2013	AD Gold Short Course Championships	
3:02.48 L	F	200 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:15.56 Y	F	100 IM	2/10/2013	2013 Piranhas Pentathlon	
2:41.41 Y	F	200 IM	1/12/2013	Chris Goody IMX Challenge	
2:56.00 L	F	200 IM	6/1/2013	2013 NE MTSC June 1st Meet	

Individual Top Times

Time	P/F/S	Event				
James Barno (12) M						
2:56.00	L	F	200	IM	6/1/2013	2013 NE MTSC June 1st Meet
Katherine Barno (17) W						
26.58	Y	P	50	Free	12/6/2012	2012 NE NSSC MIT Invite
58.27	Y	F	100	Free	12/6/2012	2012 NE NSSC MIT Invite
2:04.90	Y	P	200	Free	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS
5:32.28	Y	P	500	Free	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS
1:02.39	Y	P	100	Back	12/6/2012	2012 NE NSSC MIT Invite
2:17.41	Y	P	200	Back	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS
2:55.35	Y	F	200	Breast	1/12/2013	Chris Goody IMX Challenge
1:02.26	Y	F	100	Fly	11/1/2012	Girls Sec II Division I Champ
2:23.88	Y	F	200	Fly	3/10/2013	AD Gold Short Course Championships
2:26.83	Y	F	200	IM	1/12/2013	Chris Goody IMX Challenge
5:03.34	Y	F	400	IM	1/12/2013	Chris Goody IMX Challenge
Madison Barrick (10) W						
37.21	Y	F	50	Free	1/27/2013	Thoroughbred Splash 2013
39.81	L	F	50	Free	7/6/2013	Sharks Summer Invite
1:21.47	Y	F	100	Free	3/1/2013	AD Silver Short Course Championships
1:28.53	L	F	100	Free	6/1/2013	2013 NE MTSC June 1st Meet
1:28.53	L	F	100	Free	6/1/2013	2013 NE MTSC June 1st Meet
46.34	Y	F	50	Back	1/4/2013	2013 Starfish Trophy Invitational
47.54	L	F	50	Back	7/6/2013	Sharks Summer Invite
1:38.32	L	F	100	Back	7/6/2013	Sharks Summer Invite
1:01.64	L	F	50	Breast	7/6/2013	Sharks Summer Invite
2:19.90	L	F	100	Breast	7/6/2013	Sharks Summer Invite
41.82	Y	F	50	Fly	2/23/2013	Cabin Fever Invitational
49.82	L	F	50	Fly	6/1/2013	2013 NE MTSC June 1st Meet
49.82	L	F	50	Fly	6/1/2013	2013 NE MTSC June 1st Meet
Andre Barschi (15) M						
1:18.31	Y	F	100	Free	1/4/2013	2013 Starfish Trophy Invitational
1:39.39	Y	F	100	Back	1/4/2013	2013 Starfish Trophy Invitational
1:48.67	Y	F	100	Breast	11/18/2012	Hawk-NDAC-CSD
3:23.22	Y	F	200	IM	1/4/2013	2013 Starfish Trophy Invitational
Alivia Bartelli (10) W						
44.06	Y	F	50	Free	2/10/2013	2013 Piranhas Pentathlon
44.46	S	F	50	Free	6/15/2013	Piranhas Summer Kick-Off Meet
1:45.13	Y	F	100	Free	3/1/2013	AD Silver Short Course Championships
1:50.85	S	F	100	Free	6/15/2013	Piranhas Summer Kick-Off Meet
55.52	Y	F	50	Back	3/1/2013	AD Silver Short Course Championships
1:08.72	S	F	50	Breast	6/15/2013	Piranhas Summer Kick-Off Meet
Samuel Bartgis (8) M						
31.68	Y	F	25	Free	11/4/2012	Hometown Splashdown
1:10.80	Y	F	50	Free	11/17/2012	Harvest Invitational
49.28	Y	F	25	Back	11/4/2012	Hometown Splashdown
Aurelia Bartlett (8) W						
22.02	Y	F	25	Free	3/1/2013	AD Silver Short Course Championships
48.66	Y	F	50	Free	3/1/2013	AD Silver Short Course Championships
28.69	Y	F	25	Back	10/20/2012	Ravena Autumn Breeze 2012
1:00.66	Y	F	50	Back	3/1/2013	AD Silver Short Course Championships
34.26	Y	F	25	Breast	10/21/2012	2012 Trick or Treat Meet
34.00	Y	F	25	Fly	3/1/2013	AD Silver Short Course Championships
Carys Bartlett (9) W						
36.30	Y	F	50	Free	3/1/2013	AD Silver Short Course Championships
41.07	S	F	50	Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon
41.58	L	F	50	Free	7/19/2013	2013 Adirondack Long Course District Champion
1:19.92	Y	F	100	Free	3/10/2013	AD Gold Short Course Championships
1:31.91	S	F	100	Free	6/15/2013	Piranhas Summer Kick-Off Meet
1:33.54	L	F	100	Free	7/19/2013	2013 Adirondack Long Course District Champion
3:07.65	L	F	200	Free	6/8/2013	Clinton Cudas Colgate Classic Invitational
42.23	Y	F	50	Back	3/10/2013	AD Gold Short Course Championships

SCHE-AD

SCHE-AD

SARY-AD

HAWK-AD

CPP-AD

BSPA-AD

RAVE-AD

RAVE-AD

Individual Top Times

Time	P/F/S	Event			
Carys Bartlett (9) W					
					UN-AD
46.78 S	F	50 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
48.14 L	F	50 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:28.24 Y	F	100 Back	3/10/2013	AD Gold Short Course Championships	
1:38.76 L	F	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
24.78 Y	F	25 Breast	10/20/2012	Ravena Autumn Breeze 2012	
50.17 Y	F	50 Breast	11/10/2012	Pilgrims Pride	
54.33 S	F	50 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
57.04 L	F	50 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:42.61 Y	F	100 Breast	3/10/2013	AD Gold Short Course Championships	
2:00.81 L	F	100 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational	
20.38 Y	F	25 Fly	10/20/2012	Ravena Autumn Breeze 2012	
42.89 Y	F	50 Fly	3/1/2013	AD Silver Short Course Championships	
45.01 S	F	50 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
47.25 L	F	50 Fly	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:38.58 Y	F	100 Fly	3/10/2013	AD Gold Short Course Championships	
1:28.21 Y	F	100 IM	3/10/2013	AD Gold Short Course Championships	
1:36.70 S	F	100 IM	6/15/2013	Piranhas Summer Kick-Off Meet	
3:24.67 Y	F	200 IM	1/12/2013	Chris Goody IMX Challenge	
Emeri Bartlett (6) W					
					RAVE-AD
30.09 Y	F	25 Free	3/1/2013	AD Silver Short Course Championships	
30.54 Y	F	25 Back	3/1/2013	AD Silver Short Course Championships	
1:06.13 Y	F	50 Back	2/3/2013	Delmar Dolphins February Freeze Invitational	
Gillian Bartlett (11) W					
					RAVE-AD
38.54 Y	F	50 Free	11/10/2012	Pilgrims Pride	
39.65 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
40.92 L	F	50 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:24.63 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
1:30.32 L	F	100 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:30.86 S	F	100 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
3:16.19 L	F	200 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
39.66 Y	F	50 Back	3/10/2013	AD Gold Short Course Championships	
44.83 S	F	50 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
45.55 L	F	50 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:28.50 Y	F	100 Back	3/10/2013	AD Gold Short Course Championships	
50.08 Y	F	50 Breast	3/1/2013	AD Silver Short Course Championships	
50.82 S	F	50 Breast	6/15/2013	Piranhas Summer Kick-Off Meet	
53.66 L	F	50 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:42.24 Y	F	100 Breast	3/10/2013	AD Gold Short Course Championships	
1:53.36 L	F	100 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational	
41.16 Y	F	50 Fly	3/1/2013	AD Silver Short Course Championships	
42.23 S	F	50 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
47.22 L	F	50 Fly	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:36.18 Y	F	100 Fly	3/1/2013	AD Silver Short Course Championships	
1:26.37 Y	F	100 IM	3/10/2013	AD Gold Short Course Championships	
1:36.83 S	F	100 IM	6/15/2013	Piranhas Summer Kick-Off Meet	
3:22.41 Y	F	200 IM	1/12/2013	Chris Goody IMX Challenge	
Nicholas Bartolotti (12) M					
					NHA-AD
40.52 Y	F	50 Free	1/12/2013	Canajoharie Developmental Meet	
1:32.59 Y	F	100 Free	11/17/2012	Harvest Invitational	
48.86 Y	F	50 Back	11/17/2012	Harvest Invitational	
1:00.25 Y	F	50 Breast	1/12/2013	Canajoharie Developmental Meet	
Elizabeth Bascom (12) W					
					NTS-AD
35.05 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	
1:19.64 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
42.87 Y	F	50 Back	3/1/2013	AD Silver Short Course Championships	
46.80 Y	F	50 Breast	3/1/2013	AD Silver Short Course Championships	
44.88 Y	F	50 Fly	3/1/2013	AD Silver Short Course Championships	
1:33.23 Y	F	100 IM	3/1/2013	AD Silver Short Course Championships	
Madalyn Bascom (9) W					
					NTS-AD

Individual Top Times

Time	P/F/S	Event			
Madalyn Bascom (9) W					
23.23 Y	F	25 Free	1/27/2013	Thoroughbred Splash 2013	NTS-AD
49.17 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	
24.53 Y	F	25 Back	1/27/2013	Thoroughbred Splash 2013	
52.76 Y	F	50 Back	2/10/2013	2013 Piranhas Pentathlon	
31.98 Y	F	25 Breast	1/27/2013	Thoroughbred Splash 2013	
1:01.96 Y	F	50 Breast	2/10/2013	2013 Piranhas Pentathlon	
31.35 Y	F	25 Fly	1/12/2013	Chris Goody Mini-Meet	
1:02.45 Y	F	50 Fly	3/1/2013	AD Silver Short Course Championships	
Kamdyn Bashant (10) W					
35.73 Y	F	50 Free	2/9/2013	North Country YMCA Swim League 2013 Champions	GLFY-AD
42.69 L	F	50 Free	7/12/2013	Hawks Summer Invitational 2013	
45.96 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:51.08 L L	F	100 Free	7/12/2013	Hawks Summer Invitational 2013	
3:38.89 L	F	200 Free	7/12/2013	Hawks Summer Invitational 2013	
44.92 Y	F	50 Back	1/12/2013	Chris Goody Mini-Meet	
56.10 S	F	50 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
57.85 L	F	50 Back	7/12/2013	Hawks Summer Invitational 2013	
2:10.34 L	F	100 Back	7/12/2013	Hawks Summer Invitational 2013	
56.45 Y	F	50 Breast	1/27/2013	Thoroughbred Splash 2013	
1:01.94 L	F	50 Breast	7/12/2013	Hawks Summer Invitational 2013	
1:04.92 S	F	50 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
48.83 Y	F	50 Fly	12/2/2012	December Super Splash 2012	
1:03.26 S	F	50 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:41.33 Y	F	100 IM	12/2/2012	December Super Splash 2012	
2:06.53 S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
Ruby Bashant (9) W					
50.89 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	BSPA-AD
53.61 Y	F	50 Back	3/1/2013	AD Silver Short Course Championships	
Charles Bason (15) M					
28.30 Y	F	50 Free	1/4/2013	2013 Starfish Trophy Invitational	HAWK-AD
1:00.94 Y	F	100 Free	1/4/2013	2013 Starfish Trophy Invitational	
2:18.52 Y	P	200 Free	1/25/2013	Hawks Trials And Finals 2013	
1:08.78 Y	P	100 Back	1/25/2013	Hawks Trials And Finals 2013	
3:00.26 Y	F	200 Breast	1/4/2013	2013 Starfish Trophy Invitational	
1:08.78 Y	F	100 Fly	1/4/2013	2013 Starfish Trophy Invitational	
2:31.81 Y	F	200 IM	12/15/2012	2012 AD SHENENDEHOWA Boys	
2:31.81 Y	F	200 IM	12/15/2012	SHENENDEHOWA Boys SWIMMING & D	
Teresa Bastiani (13) W					
37.77 Y	F	50 Free	12/15/2012	Sharks 12&Under Mini-Meet	DELM-AD
1:20.16 Y	F	100 Free	12/15/2012	Sharks 12&Under Mini-Meet	
41.11 Y	F	50 Back	12/15/2012	Sharks 12&Under Mini-Meet	
1:30.84 Y	F	100 Back	10/20/2012	Ravena Autumn Breeze 2012	
40.92 Y	F	50 Fly	12/15/2012	Sharks 12&Under Mini-Meet	
1:44.30 Y	F	100 Fly	10/20/2012	Ravena Autumn Breeze 2012	
3:15.06 Y	F	200 IM	10/20/2012	Ravena Autumn Breeze 2012	
Christopher Bay (18) M					
26.46 S	F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet	GCAT-AD
2:11.68 S	F	200 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
1:10.55 S	F	100 Fly	6/15/2013	Piranhas Summer Kick-Off Meet	
Monica Beach (15) W					
27.57 Y	P	50 Free	11/1/2012	Girls Sec II Division I Champ	UN-AD
1:10.30 Y	F	100 Back	10/6/2012	SHENENDEHOWA GIRLS SWIMMING &	
1:18.69 Y	P	100 Breast	11/1/2012	Girls Sec II Division I Champ	
Anna Bearor (9) W					
17.70 Y	F	25 Free	2/9/2013	North Country YMCA Swim League 2013 Champions	GLFY-AD
37.91 Y	F	50 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
41.93 L	F	50 Free	7/12/2013	Hawks Summer Invitational 2013	
1:26.73 Y	F	100 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
1:39.07 L	F	100 Free	7/12/2013	Hawks Summer Invitational 2013	

Individual Top Times

Time	P/F/S	Event			
Anna Bearor (9) W					
3:43.43	L	F	200	Free	7/12/2013 Hawks Summer Invitational 2013
21.64	Y	F	25	Back	1/12/2013 Chris Goody Mini-Meet
54.77	L	F	50	Back	7/12/2013 Hawks Summer Invitational 2013
1:05.55	L	F	50	Breast	7/12/2013 Hawks Summer Invitational 2013
2:28.08	L	F	100	Breast	7/12/2013 Hawks Summer Invitational 2013
24.57	Y	F	25	Fly	1/12/2013 Chris Goody Mini-Meet
1:01.35	L	F	50	Fly	7/12/2013 Hawks Summer Invitational 2013
1:51.60	Y	F	100	IM	1/27/2013 Thoroughbred Splash 2013
4:10.93	L	F	200	IM	7/12/2013 Hawks Summer Invitational 2013
Theodore Bearor (11) M					
32.27	Y	F	50	Free	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
35.40	L	F	50	Free	7/12/2013 Hawks Summer Invitational 2013
1:12.16	Y	F	100	Free	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
1:19.61	L	F	100	Free	7/12/2013 Hawks Summer Invitational 2013
2:45.03	Y	F	200	Free	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
3:02.72	L	F	200	Free	7/12/2013 Hawks Summer Invitational 2013
45.63	Y	F	50	Back	1/12/2013 Chris Goody Mini-Meet
46.22	L	F	50	Back	7/12/2013 Hawks Summer Invitational 2013
1:39.71	L	F	100	Back	7/12/2013 Hawks Summer Invitational 2013
42.58	Y	F	50	Fly	1/12/2013 Chris Goody Mini-Meet
45.94	L	F	50	Fly	7/12/2013 Hawks Summer Invitational 2013
2:04.90	L	F	100	Fly	7/12/2013 Hawks Summer Invitational 2013
3:52.47	L	F	200	IM	7/12/2013 Hawks Summer Invitational 2013
Alyse Beauchemin (14) W					
30.86	Y	F	50	Free	1/20/2013 Foothills Inv
1:09.31	Y	F	100	Free	1/4/2013 2013 NE GMA Winter Knights
2:34.50	Y	F	200	Free	3/1/2013 AD Silver Short Course Championships
1:22.70	Y	F	100	Back	1/4/2013 2013 NE GMA Winter Knights
1:32.18	Y	F	100	Breast	1/12/2013 Canajoharie Developmental Meet
1:30.85	Y	F	100	Fly	1/12/2013 Canajoharie Developmental Meet
2:57.15	Y	F	200	IM	3/1/2013 AD Silver Short Course Championships
Emma Beauchemin (11) W					
37.18	Y	F	50	Free	1/4/2013 2013 NE GMA Winter Knights
1:25.98	Y	F	100	Free	12/15/2012 Sharks 12&Under Mini-Meet
3:07.99	Y	F	200	Free	1/4/2013 2013 NE GMA Winter Knights
45.24	Y	F	50	Back	12/15/2012 Sharks 12&Under Mini-Meet
1:40.71	Y	F	100	Back	1/4/2013 2013 NE GMA Winter Knights
49.99	Y	F	50	Breast	12/15/2012 Sharks 12&Under Mini-Meet
3:51.97	Y	F	200	Breast	2/3/2013 2013 NE GMA VT Specialty Meet
40.91	Y	F	50	Fly	1/4/2013 2013 NE GMA Winter Knights
1:38.30	Y	F	100	IM	12/15/2012 Sharks 12&Under Mini-Meet
3:27.26	Y	F	200	IM	1/20/2013 Foothills Inv
Brandon Beaudoin (17) M					
28.16	L	F	50	Free	7/6/2013 Sharks Summer Invite
51.82	Y L	F	100	Free	3/10/2013 AD Gold Short Course Championships
1:00.99	L	F	100	Free	7/6/2013 Sharks Summer Invite
2:11.91	L	P	200	Free	6/20/2013 TWST Senior Invitational
4:30.85	L	F	400	Free	7/19/2013 2013 Adirondack Long Course District Champion
4:58.59	Y	P	500	Free	3/21/2013 2013 CT Senior Open Championship
18:26.55	L	F	1500	Free	6/20/2013 TWST Senior Invitational
17:14.86	Y	F	1650	Free	3/21/2013 2013 CT Senior Open Championship
27.03	Y	F	50	Back	3/21/2013 2013 CT Senior Open Championship
31.86	L	F	50	Back	6/1/2013 2013 NE MTSC June 1st Meet
31.86	L	F	50	Back	6/1/2013 2013 NE MTSC June 1st Meet
56.42	Y	F	100	Back	3/21/2013 2013 CT Senior Open Championship
1:04.61	L	P	100	Back	7/19/2013 2013 Adirondack Long Course District Champion
2:02.03	Y	F	200	Back	3/21/2013 2013 CT Senior Open Championship
2:18.78	L	F	200	Back	7/19/2013 2013 Adirondack Long Course District Champion
1:02.72	Y	F	100	Breast	2/14/2013 Section II Championships Small
1:09.47	L	F	100	Breast	7/19/2013 2013 Adirondack Long Course District Champion

GLFY-AD

GLFY-AD

ADDI-AD

ADDI-AD

SCHE-AD

Individual Top Times

Time	P/F/S	Event			
Brandon Beaudoin (17) M			SCHE-AD		
2:32.90 L	P	200 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
31.14 L	F	50 Fly	6/1/2013	2013 NE MTSC June 1st Meet	
31.14 L	F	50 Fly	6/1/2013	2013 NE MTSC June 1st Meet	
2:16.67 Y	F	200 Fly	1/12/2013	Chris Goody IMX Challenge	
1:59.90 Y	F	200 IM	2/14/2013	Section II Championships Small	
2:15.64 L	F	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
4:19.48 Y	F	400 IM	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS	
4:54.20 L	F	400 IM	7/19/2013	2013 Adirondack Long Course District Champion	
Joanne Bechaz (17) W			UN-AD		
1:03.74 Y	F	100 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
2:19.51 Y	F	200 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
6:23.21 Y	F	500 Free	2/23/2013	Cabin Fever Invitational	
1:16.96 Y	F	100 Fly	2/3/2013	Delmar Dolphins February Freeze Invitational	
2:43.52 Y	F	200 IM	2/23/2013	Cabin Fever Invitational	
Gabriana Beckford (17) W			ALBS-AD		
25.16 Y	F	50 Free	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS	
29.31 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
29.52 L	F	50 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
53.67 Y	F	100 Free	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS	
1:00.49 L	F	100 Free	7/12/2013	2013 NI - Niagara Long Course Classic	
1:54.19 Y	F	200 Free	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS	
2:12.15 L	F	200 Free	7/12/2013	2013 NI - Niagara Long Course Classic	
4:42.48 L	P	400 Free	7/12/2013	2013 NI - Niagara Long Course Classic	
5:03.66 Y	F	500 Free	3/10/2013	AD Gold Short Course Championships	
29.15 Y L	F	50 Back	1/4/2013	2013 Starfish Trophy Invitational	
32.05 L	F	50 Back	3/21/2013	2013 NI - EZ North Region Speedo Ch	
58.33 Y	F	100 Back	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS	
1:07.93 L	F	100 Back	7/12/2013	2013 NI - Niagara Long Course Classic	
1:08.98 S	F	100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:06.18 Y	F	200 Back	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS	
2:25.68 L	F	200 Back	7/12/2013	2013 NI - Niagara Long Course Classic	
1:13.74 Y	F	100 Breast	1/4/2013	2013 Starfish Trophy Invitational	
1:24.41 S	F	100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:24.66 L	F	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
1:03.24 Y	F	100 Fly	1/4/2013	2013 Starfish Trophy Invitational	
1:11.47 S	F	100 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:12.23 L	F	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:13.54 S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:10.21 Y	F	200 IM	3/10/2013	AD Gold Short Course Championships	
2:28.81 L	F	200 IM	7/12/2013	2013 NI - Niagara Long Course Classic	
4:50.71 Y	F	400 IM	12/9/2012	Piranhas December Distance Invite	
Keara Bedson (12) W			SCHE-AD		
30.07 Y	P	50 Free	3/10/2013	AD Gold Short Course Championships	
34.56 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:06.37 Y	P	100 Free	3/10/2013	AD Gold Short Course Championships	
1:17.11 L	F	100 Free	6/1/2013	2013 NE MTSC June 1st Meet	
1:17.11 L	F	100 Free	6/1/2013	2013 NE MTSC June 1st Meet	
2:25.50 Y	F	200 Free	1/27/2013	Thoroughbred Splash 2013	
2:48.47 L	P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
5:56.90 L	F	400 Free	7/19/2013	2013 Adirondack Long Course District Champion	
6:17.48 Y	F	500 Free	3/10/2013	AD Gold Short Course Championships	
32.01 Y	F	50 Back	3/10/2013	AD Gold Short Course Championships	
39.23 L	F	50 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:13.42 Y	P	100 Back	3/10/2013	AD Gold Short Course Championships	
1:25.36 L	F	100 Back	6/1/2013	2013 NE MTSC June 1st Meet	
1:25.36 L	F	100 Back	6/1/2013	2013 NE MTSC June 1st Meet	
2:34.80 Y	F	200 Back	1/12/2013	Chris Goody IMX Challenge	
3:00.83 L	F	200 Back	6/1/2013	2013 NE MTSC June 1st Meet	
3:00.83 L	F	200 Back	6/1/2013	2013 NE MTSC June 1st Meet	
41.40 Y	F	50 Breast	1/27/2013	Thoroughbred Splash 2013	

Individual Top Times

Time	P/F/S	Event			
Keara Bedson (12) W					
					SCHE-AD
1:30.21 Y	F	100 Breast	10/27/2012	IM-Xtremely Spooked	
1:30.21 Y	F	100 Breast	2/23/2013	Cabin Fever Invitational	
32.73 Y	P	50 Fly	3/10/2013	AD Gold Short Course Championships	
38.43 L	P	50 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:21.37 Y	F	100 Fly	1/12/2013	Chris Goody IMX Challenge	
1:26.84 L	F	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:14.55 Y	P	100 IM	3/10/2013	AD Gold Short Course Championships	
2:40.80 Y	P	200 IM	3/10/2013	AD Gold Short Course Championships	
3:08.42 L	P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
Peter Beidl (16) M					
					CPP-AD
24.39 Y	P	50 Free	3/10/2013	AD Gold Short Course Championships	
50.00 Y	P	100 Free	2/14/2013	Section II Championships Large	
57.43 Y	P	100 Back	2/14/2013	Section II Championships Large	
2:10.22 Y	F	200 Back	12/9/2012	Piranhas December Distance Invite	
4:44.21 Y	F	400 IM	12/9/2012	Piranhas December Distance Invite	
Joseph Beletti-Naccarato (14) M					
					DELM-AD
29.15 Y	F	50 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:03.86 Y	F	100 Free	2/10/2013	2013 Piranhas Pentathlon	
1:06.60 Y	F	100 Back	2/10/2013	2013 Piranhas Pentathlon	
1:10.33 Y	F	100 Fly	2/10/2013	2013 Piranhas Pentathlon	
2:37.41 Y	F	200 IM	1/4/2013	2013 Starfish Trophy Invitational	
Maya Bellamy (11) W					
					SCHE-AD
36.65 Y L	F	50 Free	12/15/2012	Sharks 12&Under Mini-Meet	
1:25.00 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
3:05.88 Y	F	200 Free	3/1/2013	AD Silver Short Course Championships	
42.89 Y	F	50 Back	3/1/2013	AD Silver Short Course Championships	
1:32.87 Y	F	100 Back	3/1/2013	AD Silver Short Course Championships	
48.28 Y	F	50 Breast	1/27/2013	Thoroughbred Splash 2013	
1:43.13 Y	F	100 Breast	3/1/2013	AD Silver Short Course Championships	
46.04 Y	F	50 Fly	3/1/2013	AD Silver Short Course Championships	
1:43.66 Y	F	100 Fly	2/23/2013	Cabin Fever Invitational	
1:34.54 Y	F	100 IM	3/1/2013	AD Silver Short Course Championships	
3:16.51 Y	F	200 IM	2/23/2013	Cabin Fever Invitational	
Randi Bell (16) W					
					SVP-AD
33.60 Y	F	50 Free	2/9/2013	Central Valley Swim League Championships	
1:17.41 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
1:35.47 Y	F	100 Back	3/1/2013	AD Silver Short Course Championships	
Brandon Benanto (9) M					
					BSPA-AD
56.82 Y	F	50 Free	11/17/2012	Harvest Invitational	
1:16.42 Y	F	50 Back	11/17/2012	Harvest Invitational	
Killian Benedict (16) M					
					GCAT-AD
26.80 S	F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
28.14 L	F	50 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:04.21 L	F	100 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
2:18.60 S	F	200 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
2:24.59 L	P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
5:18.37 L	F	400 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:08.90 S	F	100 Back	6/15/2013	Piranhas Summer Kick-Off Meet	
1:11.47 L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
2:41.33 L	F	200 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:29.01 S	F	100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:18.25 S	F	100 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:13.38 S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
Saige Benedict (12) W					
					GCAT-AD
32.23 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
32.27 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:17.07 S	F	100 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
1:18.96 L	F	100 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
40.62 L	P	50 Back	7/19/2013	2013 Adirondack Long Course District Champion	

Individual Top Times

Time	P/F/S	Event			
Saige Benedict (12) W					
GCAT-AD					
41.65 S	F	50 Back	6/15/2013	Piranhas Summer Kick-Off Meet	
1:24.64 S	F	100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:30.50 L	F	100 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
45.13 L	P	50 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
43.57 L	P	50 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:29.51 S	F	100 IM	6/15/2013	Piranhas Summer Kick-Off Meet	
Hannah Benenati (13) W					
HAWK-AD					
34.51 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	
1:20.49 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
8:22.08 Y	F	500 Free	1/25/2013	Hawks Trials And Finals 2013	
45.31 Y	P	50 Back	1/25/2013	Hawks Trials And Finals 2013	
1:37.73 Y	F	100 Back	3/1/2013	AD Silver Short Course Championships	
48.37 Y	F	50 Breast	1/4/2013	2013 Starfish Trophy Invitational	
1:48.37 Y	F	100 Breast	3/1/2013	AD Silver Short Course Championships	
55.13 Y	F	50 Fly	1/4/2013	2013 Starfish Trophy Invitational	
1:34.18 Y	F	100 IM	3/1/2013	AD Silver Short Course Championships	
Ashley Benkert (10) W					
HAWK-AD					
31.59 Y	F	50 Free	3/10/2013	AD Gold Short Course Championships	
35.35 L	F	50 Free	7/12/2013	Hawks Summer Invitational 2013	
1:10.56 Y	F	100 Free	3/10/2013	AD Gold Short Course Championships	
1:19.78 L	F	100 Free	7/12/2013	Hawks Summer Invitational 2013	
2:38.54 Y	F	200 Free	3/10/2013	AD Gold Short Course Championships	
2:50.07 L	F	200 Free	7/12/2013	Hawks Summer Invitational 2013	
6:08.22 L	F	400 Free	7/12/2013	Hawks Summer Invitational 2013	
6:19.47 Y	F	500 Free	1/25/2013	Hawks Trials And Finals 2013	
41.43 Y	F	50 Back	3/10/2013	AD Gold Short Course Championships	
47.48 L	F	50 Back	7/12/2013	Hawks Summer Invitational 2013	
1:40.88 L	F	100 Back	7/12/2013	Hawks Summer Invitational 2013	
46.64 Y	F	50 Breast	3/10/2013	AD Gold Short Course Championships	
53.71 L	F	50 Breast	7/12/2013	Hawks Summer Invitational 2013	
1:36.96 Y	F	100 Breast	3/10/2013	AD Gold Short Course Championships	
1:54.36 L	F	100 Breast	7/12/2013	Hawks Summer Invitational 2013	
39.19 Y	F	50 Fly	3/10/2013	AD Gold Short Course Championships	
42.18 L	F	50 Fly	7/12/2013	Hawks Summer Invitational 2013	
1:25.44 Y	F	100 IM	3/10/2013	AD Gold Short Course Championships	
3:08.63 Y	F	200 IM	1/4/2013	2013 Starfish Trophy Invitational	
3:21.15 L	F	200 IM	7/12/2013	Hawks Summer Invitational 2013	
Emily Benkert (14) W					
HAWK-AD					
31.12 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	
35.62 L	F	50 Free	7/12/2013	Hawks Summer Invitational 2013	
1:08.93 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
1:18.11 L	F	100 Free	7/12/2013	Hawks Summer Invitational 2013	
2:34.32 Y	P	200 Free	1/25/2013	Hawks Trials And Finals 2013	
2:53.27 L	F	200 Free	7/12/2013	Hawks Summer Invitational 2013	
6:05.06 L	F	400 Free	7/12/2013	Hawks Summer Invitational 2013	
36.62 Y L	F	50 Back	1/4/2013	2013 Starfish Trophy Invitational	
1:14.69 Y	F	100 Back	3/1/2013	AD Silver Short Course Championships	
1:25.82 L	F	100 Back	7/12/2013	Hawks Summer Invitational 2013	
2:40.43 Y	P	200 Back	1/25/2013	Hawks Trials And Finals 2013	
3:00.20 L	F	200 Back	7/12/2013	Hawks Summer Invitational 2013	
1:51.81 L	F	100 Breast	7/12/2013	Hawks Summer Invitational 2013	
38.36 Y	F	50 Fly	11/18/2012	Hawk-NDAC-CSD	
1:22.20 Y	F	100 Fly	3/1/2013	AD Silver Short Course Championships	
1:41.18 L	F	100 Fly	7/12/2013	Hawks Summer Invitational 2013	
2:46.47 Y	P	200 IM	1/25/2013	Hawks Trials And Finals 2013	
3:11.07 L	F	200 IM	7/12/2013	Hawks Summer Invitational 2013	
5:58.67 Y	F	400 IM	1/25/2013	Hawks Trials And Finals 2013	
6:59.74 L	F	400 IM	7/12/2013	Hawks Summer Invitational 2013	
Sean Benkert (12) M					
HAWK-AD					
31.33 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	

Individual Top Times

Time	P/F/S	Event			
Sean Benkert (12) M					
					HAWK-AD
34.76 L	F	50 Free	7/12/2013	Hawks Summer Invitational 2013	
1:17.72 L	F	100 Free	7/12/2013	Hawks Summer Invitational 2013	
2:37.95 Y	F	200 Free	3/1/2013	AD Silver Short Course Championships	
35.88 Y	F	50 Back	3/1/2013	AD Silver Short Course Championships	
42.83 L	F	50 Back	7/12/2013	Hawks Summer Invitational 2013	
1:18.64 Y	F	100 Back	3/1/2013	AD Silver Short Course Championships	
41.91 Y	F	50 Breast	1/4/2013	2013 Starfish Trophy Invitational	
1:34.34 Y	F	100 Breast	1/25/2013	Hawks Trials And Finals 2013	
1:47.65 L	F	100 Breast	7/12/2013	Hawks Summer Invitational 2013	
39.71 Y	F	50 Fly	1/4/2013	2013 Starfish Trophy Invitational	
43.19 L	F	50 Fly	7/12/2013	Hawks Summer Invitational 2013	
1:23.00 Y	P	100 IM	1/25/2013	Hawks Trials And Finals 2013	
3:19.01 L	F	200 IM	7/12/2013	Hawks Summer Invitational 2013	
Catherine Bennett (10) W					
					DELM-AD
52.64 Y	F	50 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
57.04 Y	F	50 Back	2/10/2013	2013 Piranhas Pentathlon	
1:55.09 Y	F	100 Back	3/1/2013	AD Silver Short Course Championships	
1:06.55 Y	F	50 Breast	3/1/2013	AD Silver Short Course Championships	
Valerie Bennett (10) W					
					ALBS-AD
54.20 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	
1:00.76 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
58.32 Y	F	50 Back	12/15/2012	Sharks 12&Under Mini-Meet	
1:10.97 S	F	50 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:09.66 Y	F	50 Breast	1/4/2013	2013 Starfish Trophy Invitational	
1:20.75 S	F	50 Breast	6/15/2013	Piranhas Summer Kick-Off Meet	
1:34.49 S	F	50 Fly	6/15/2013	Piranhas Summer Kick-Off Meet	
Anthony Bennice (17) M					
					UN-AD
28.44 Y	F	50 Free	12/15/2012	2012 AD SHENENDEHOWA Boys	
28.44 Y	F	50 Free	12/15/2012	SHENENDEHOWA Boys SWIMMING & D	
1:03.60 Y	F	100 Free	11/17/2012	Harvest Invitational	
5:58.99 Y	P	500 Free	2/14/2013	Section II Championships Large	
31.16 Y	F	50 Back	1/26/2013	2013 MR OB LISCA Eastern States Championships	
1:06.09 Y	F	100 Back	12/15/2012	SHENENDEHOWA Boys SWIMMING & D	
1:06.09 Y	F	100 Back	12/15/2012	2012 AD SHENENDEHOWA Boys	
2:22.22 Y	F	200 Back	12/9/2012	Piranhas December Distance Invite	
1:29.53 Y	F	100 Breast	11/17/2012	Harvest Invitational	
Clayton Bennice (14) M					
					BSPA-AD
24.69 Y	F	50 Free	3/10/2013	AD Gold Short Course Championships	
27.79 L L	F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
28.38 S	F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
54.66 Y	P	100 Free	3/10/2013	AD Gold Short Course Championships	
1:00.83 L	F	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:57.56 Y	P	200 Free	3/10/2013	AD Gold Short Course Championships	
2:12.85 L	P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:19.33 S	F	200 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
4:51.51 L	F	400 Free	7/19/2013	2013 Adirondack Long Course District Champion	
5:27.04 Y	F	500 Free	1/27/2013	Thoroughbred Splash 2013	
12:00.98 Y	F	1000 Free	12/2/2012	December Super Splash 2012	
19:06.23 L	F	1500 Free	7/19/2013	2013 Adirondack Long Course District Champion	
19:06.23 L	F	1500 Free	7/19/2013	2013 Adirondack Long Course District Champion	
18:59.96 Y	F	1650 Free	3/10/2013	AD Gold Short Course Championships	
1:11.28 L L	F	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:11.37 S	F	100 Back	6/15/2013	Piranhas Summer Kick-Off Meet	
2:14.26 Y	P	200 Back	3/10/2013	AD Gold Short Course Championships	
2:33.05 L	F	200 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:13.53 Y	F	100 Breast	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:00.62 Y	P	100 Fly	2/14/2013	Section II Championships Large	
1:07.91 L	F	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:15.32 S	F	100 Fly	6/15/2013	Piranhas Summer Kick-Off Meet	
2:23.50 Y	F	200 Fly	1/12/2013	Chris Goody IMX Challenge	

Individual Top Times

Time	P/F/S	Event				
Clayton Bennice (14) M						
2:15.10	Y	F	200	IM	3/10/2013	AD Gold Short Course Championships
2:29.28	L	F	200	IM	7/19/2013	2013 Adirondack Long Course District Champion
4:48.85	Y	F	400	IM	3/10/2013	AD Gold Short Course Championships
5:18.74	L	F	400	IM	7/19/2013	2013 Adirondack Long Course District Champion
Isabella Bennice (8) W						
23.35	Y	F	25	Free	2/23/2013	Cabin Fever Invitational
25.04	Y	F	25	Back	11/17/2012	Harvest Invitational
28.82	Y	F	25	Fly	11/17/2012	Harvest Invitational
Lucas Bennice (11) M						
32.06	Y	F	50	Free	2/23/2013	Cabin Fever Invitational
1:13.02	Y	F	100	Free	1/27/2013	Thoroughbred Splash 2013
36.60	Y	F	50	Back	3/1/2013	AD Silver Short Course Championships
1:15.44	Y	P	100	Back	3/10/2013	AD Gold Short Course Championships
2:45.97	Y	F	200	Back	1/12/2013	Chris Goody IMX Challenge
42.14	Y	F	50	Breast	3/1/2013	AD Silver Short Course Championships
1:32.26	Y	F	100	Breast	1/12/2013	Chris Goody IMX Challenge
37.44	Y	F	50	Fly	3/1/2013	AD Silver Short Course Championships
1:19.99	Y	F	100	IM	3/1/2013	AD Silver Short Course Championships
Savannah Benton (12) W						
34.56	Y	F	50	Free	2/23/2013	Cabin Fever Invitational
41.92	Y	F	50	Back	2/23/2013	Cabin Fever Invitational
40.26	Y	F	50	Fly	2/23/2013	Cabin Fever Invitational
1:31.48	Y	F	100	IM	2/23/2013	Cabin Fever Invitational
Mariana Benvenuto (9) W						
20.78	Y	F	25	Free	2/9/2013	North Country YMCA Swim League 2013 Champions
47.71	Y	F	50	Free	2/23/2013	Cabin Fever Invitational
24.45	Y	F	25	Back	2/23/2013	Cabin Fever Invitational
39.40	Y	F	25	Breast	1/20/2013	Foothills Inv
26.21	Y	F	25	Fly	2/23/2013	Cabin Fever Invitational
Jana Bergere (13) W						
29.25	Y	F	50	Free	3/1/2013	AD Silver Short Course Championships
1:03.48	Y	F	100	Free	3/1/2013	AD Silver Short Course Championships
1:12.65	Y	F	100	Back	3/1/2013	AD Silver Short Course Championships
1:29.42	Y	F	100	Breast	1/27/2013	Thoroughbred Splash 2013
1:09.92	Y	P	100	Fly	11/1/2012	Girls Sec II Division I Champ
2:33.43	Y	F	200	IM	3/1/2013	AD Silver Short Course Championships
Quinn Berger (16) W						
1:15.64	Y	P	100	Breast	11/3/2012	2012 MR OB Section 9 Girls Championships
2:29.96	Y	P	200	IM	11/3/2012	2012 MR OB Section 9 Girls Championships
Benjamin Berin (8) M						
23.21	Y	F	25	Free	1/12/2013	Chris Goody Mini-Meet
25.97	S	F	25	Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon
46.15	Y	F	50	Free	1/27/2013	Thoroughbred Splash 2013
46.26	L	F	50	Free	7/19/2013	2013 Adirondack Long Course District Champion
56.56	S	F	50	Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:44.65	L	F	100	Free	7/12/2013	Hawks Summer Invitational 2013
2:05.85	S	F	100	Free	6/15/2013	Piranhas Summer Kick-Off Meet
4:06.56	L	F	200	Free	7/12/2013	Hawks Summer Invitational 2013
26.15	Y	F	25	Back	1/27/2013	Thoroughbred Splash 2013
30.65	S	F	25	Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:06.73	Y	F	50	Back	2/3/2013	Delmar Dolphins February Freeze Invitational
1:09.20	S	F	50	Back	6/15/2013	Piranhas Summer Kick-Off Meet
1:16.71	L	F	50	Back	6/8/2013	Clinton Cudas Colgate Classic Invitational
2:16.99	L	F	100	Back	7/19/2013	2013 Adirondack Long Course District Champion
30.52	Y	F	25	Breast	3/1/2013	AD Silver Short Course Championships
34.09	S	F	25	Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:08.07	Y	F	50	Breast	3/1/2013	AD Silver Short Course Championships
1:13.03	L	F	50	Breast	7/12/2013	Hawks Summer Invitational 2013
1:19.94	S	F	50	Breast	6/15/2013	Piranhas Summer Kick-Off Meet

BSPA-AD

BSPA-AD

BSPA-AD

SARY-AD

GLOY-AD

DELM-AD

UN-AD

DELM-AD

Individual Top Times

Time	P/F/S	Event			
Benjamin Berin (8) M					
					DELM-AD
2:29.55 L	F	100 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational	
27.93 Y	F	25 Fly	1/12/2013	Chris Goody Mini-Meet	
29.52 S	F	25 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:08.67 L	F	50 Fly	7/12/2013	Hawks Summer Invitational 2013	
1:11.17 Y	F	50 Fly	2/10/2013	2013 Piranhas Pentathlon	
David Berin (9) M					
					DELM-AD
34.60 Y	F	50 Free	3/10/2013	AD Gold Short Course Championships	
39.35 L	F	50 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
39.42 S	F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
1:20.02 Y	F	100 Free	2/23/2013	Cabin Fever Invitational	
1:27.56 L	F	100 Free	7/12/2013	Hawks Summer Invitational 2013	
2:53.83 Y	F	200 Free	3/1/2013	AD Silver Short Course Championships	
3:15.83 L	F	200 Free	7/12/2013	Hawks Summer Invitational 2013	
40.32 Y	F	50 Back	3/10/2013	AD Gold Short Course Championships	
48.17 S	F	50 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
51.53 L	F	50 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:27.00 Y	F	100 Back	3/1/2013	AD Silver Short Course Championships	
1:39.93 L	F	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
47.49 Y	F	50 Breast	1/12/2013	Chris Goody Mini-Meet	
49.17 L	F	50 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
50.47 S	F	50 Breast	6/15/2013	Piranhas Summer Kick-Off Meet	
1:42.82 Y	F	100 Breast	3/10/2013	AD Gold Short Course Championships	
1:50.98 L	F	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
41.95 Y	F	50 Fly	2/23/2013	Cabin Fever Invitational	
46.60 L	F	50 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
47.40 S	F	50 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:39.81 Y	F	100 Fly	3/1/2013	AD Silver Short Course Championships	
2:00.14 L	F	100 Fly	7/12/2013	Hawks Summer Invitational 2013	
1:27.33 Y	F	100 IM	3/10/2013	AD Gold Short Course Championships	
1:38.78 S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
3:20.81 Y	F	200 IM	1/12/2013	Chris Goody IMX Challenge	
3:32.11 L	F	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
Cesar Bermejo (9) M					
					RAVE-AD
16.34 Y	F	25 Free	3/1/2013	AD Silver Short Course Championships	
32.62 Y	F	50 Free	3/10/2013	AD Gold Short Course Championships	
37.41 L	F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:11.08 Y	F	100 Free	3/10/2013	AD Gold Short Course Championships	
1:25.32 L	F	100 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
2:47.55 Y	F	200 Free	1/12/2013	Chris Goody IMX Challenge	
3:06.06 L	F	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
20.97 Y	F	25 Back	3/1/2013	AD Silver Short Course Championships	
41.36 Y	F	50 Back	3/10/2013	AD Gold Short Course Championships	
1:35.44 Y	F	100 Back	1/12/2013	Chris Goody IMX Challenge	
24.07 Y	F	25 Breast	3/1/2013	AD Silver Short Course Championships	
47.78 Y	F	50 Breast	2/3/2013	Delmar Dolphins February Freeze Invitational	
58.07 L	F	50 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:47.91 Y	F	100 Breast	1/12/2013	Chris Goody IMX Challenge	
2:00.14 L	F	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
17.08 Y	F	25 Fly	3/1/2013	AD Silver Short Course Championships	
38.93 Y	F	50 Fly	3/10/2013	AD Gold Short Course Championships	
44.56 L	F	50 Fly	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:40.21 Y	F	100 Fly	1/12/2013	Chris Goody IMX Challenge	
1:24.24 Y	F	100 IM	3/10/2013	AD Gold Short Course Championships	
3:11.06 Y	F	200 IM	1/12/2013	Chris Goody IMX Challenge	
Christian Bermejo (6) M					
					RAVE-AD
22.48 Y	F	25 Free	3/1/2013	AD Silver Short Course Championships	
48.38 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	
52.18 L	F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:15.24 L	F	100 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
29.56 Y	F	25 Back	10/20/2012	Ravena Autumn Breeze 2012	

Individual Top Times

Time	P/F/S	Event			
Christian Bermejo (6) M					
54.34	Y	F	50	Back	3/1/2013 AD Silver Short Course Championships
1:05.39	L	F	50	Back	7/19/2013 2013 Adirondack Long Course District Champion
2:14.05	L	F	100	Back	6/8/2013 Clinton Cudas Colgate Classic Invitational
1:08.13	L	F	50	Breast	7/19/2013 2013 Adirondack Long Course District Champion
Paige Bertuch (13) W					
35.69	Y	F	50	Free	10/21/2012 2012 Trick or Treat Meet
1:20.35	Y	F	100	Free	3/1/2013 AD Silver Short Course Championships
2:54.32	Y	F	200	Free	3/1/2013 AD Silver Short Course Championships
38.53	Y	F	50	Back	2/23/2013 Cabin Fever Invitational
1:27.49	Y	F	100	Back	2/3/2013 Delmar Dolphins February Freeze Invitational
46.00	Y	F	50	Breast	2/9/2013 Central Valley Swim League Championships
1:40.30	Y	F	100	Breast	1/12/2013 Canajoharie Developmental Meet
41.30	Y	F	50	Fly	10/21/2012 2012 Trick or Treat Meet
1:40.41	Y	F	100	Fly	2/23/2013 Cabin Fever Invitational
1:29.13	Y	F	100	IM	11/17/2012 Harvest Invitational
3:11.06	Y	F	200	IM	1/26/2013 Central Valley Swim Meet Quad Meet
Jackson Beveridge (17) M					
23.79	Y	P	50	Free	3/10/2013 AD Gold Short Course Championships
53.96	Y	P	100	Free	3/10/2013 AD Gold Short Course Championships
1:02.05	Y	P	100	Back	3/10/2013 AD Gold Short Course Championships
1:02.47	Y	F	100	Breast	3/10/2013 AD Gold Short Course Championships
2:20.83	Y	F	200	Breast	3/10/2013 AD Gold Short Course Championships
1:00.76	Y	P	100	Fly	3/10/2013 AD Gold Short Course Championships
2:05.23	Y	F	200	IM	3/10/2013 AD Gold Short Course Championships
Annalise Beyerbach (10) W					
55.73	Y	F	50	Back	11/4/2012 Hometown Splashdown
58.69	Y	F	50	Breast	11/4/2012 Hometown Splashdown
Gabrielle Bianco (13) W					
28.10	Y	F	50	Free	2/10/2013 2013 Piranhas Pentathlon
30.87	S	F	50	Free	6/2/2013 2013 Starfish Meter Madness - Pentathlon
31.26	L	P	50	Free	7/19/2013 2013 Adirondack Long Course District Champion
1:00.75	Y	P	100	Free	3/10/2013 AD Gold Short Course Championships
1:08.20	L	P	100	Free	7/19/2013 2013 Adirondack Long Course District Champion
2:12.46	Y	P	200	Free	3/10/2013 AD Gold Short Course Championships
2:25.57	L	P	200	Free	7/19/2013 2013 Adirondack Long Course District Champion
5:06.37	L	F	400	Free	7/19/2013 2013 Adirondack Long Course District Champion
5:53.52	Y	F	500	Free	1/27/2013 Thoroughbred Splash 2013
10:41.33	L	F	800	Free	6/22/2013 2013 NI - Niagara Super Circuit Ithaca
31.79	Y	F	50	Back	2/10/2013 2013 Piranhas Pentathlon
1:08.00	Y	F	100	Back	2/23/2013 Cabin Fever Invitational
1:17.26	L	F	100	Back	6/8/2013 Clinton Cudas Colgate Classic Invitational
1:17.31	S	F	100	Back	6/2/2013 2013 Starfish Meter Madness - Pentathlon
2:28.27	Y	F	200	Back	3/10/2013 AD Gold Short Course Championships
2:42.76	L	F	200	Back	6/22/2013 2013 NI - Niagara Super Circuit Ithaca
37.60	Y	F	50	Breast	2/10/2013 2013 Piranhas Pentathlon
1:33.36	S	F	100	Breast	6/2/2013 2013 Starfish Meter Madness - Pentathlon
29.94	Y	P	50	Fly	3/10/2013 AD Gold Short Course Championships
1:08.06	Y	F	100	Fly	3/10/2013 AD Gold Short Course Championships
1:14.02	L	F	100	Fly	6/22/2013 2013 NI - Niagara Super Circuit Ithaca
1:15.18	S	F	100	Fly	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:09.53	Y	P	100	IM	3/10/2013 AD Gold Short Course Championships
1:17.37	S	F	100	IM	6/2/2013 2013 Starfish Meter Madness - Pentathlon
2:30.95	Y	F	200	IM	1/27/2013 Thoroughbred Splash 2013
2:51.04	L	F	200	IM	6/8/2013 Clinton Cudas Colgate Classic Invitational
Phillip Bianco (9) M					
17.57	Y	F	25	Free	3/1/2013 AD Silver Short Course Championships
37.94	Y	F	50	Free	3/10/2013 AD Gold Short Course Championships
40.05	L	F	50	Free	7/19/2013 2013 Adirondack Long Course District Champion
45.37	S	F	50	Free	6/2/2013 2013 Starfish Meter Madness - Pentathlon

RAVE-AD

AMST-AD

HAWK-AD

GRGF-AD

ALBS-AD

ALBS-AD

Individual Top Times

Time	P/F/S	Event			
Phillip Bianco (9) M			ALBS-AD		
1:27.12	Y F	100 Free	3/10/2013	AD Gold Short Course Championships	
1:29.75	L F	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
23.21	Y F	25 Back	3/1/2013	AD Silver Short Course Championships	
46.99	Y F	50 Back	1/4/2013	2013 Starfish Trophy Invitational	
53.76	L F	50 Back	7/19/2013	2013 Adirondack Long Course District Champion	
55.30	S F	50 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
30.57	Y F	25 Breast	3/1/2013	AD Silver Short Course Championships	
1:04.06	Y F	50 Breast	3/1/2013	AD Silver Short Course Championships	
1:17.46	S F	50 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
21.35	Y F	25 Fly	3/1/2013	AD Silver Short Course Championships	
52.11	S F	50 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
52.18	L F	50 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
55.11	Y F	50 Fly	2/10/2013	2013 Piranhas Pentathlon	
1:46.76	Y F	100 IM	3/10/2013	AD Gold Short Course Championships	
2:05.24	S F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
Jenna Bickel (19) W			DELM-AD		
28.42	L P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:03.08	L P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:06.58	L F	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
2:22.91	L F	200 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:22.63	L F	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
2:58.87	L F	200 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:16.67	L F	100 Fly	6/8/2013	Clinton Cudas Colgate Classic Invitational	
2:30.85	L P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
Joseph Bickford (13) M			ADDI-AD		
35.55	Y F	50 Free	2/3/2013	2013 NE GMA VT Specialty Meet	
1:32.53	Y F	100 Free	1/4/2013	2013 NE GMA Winter Knights	
51.74	Y F	50 Back	1/4/2013	2013 NE GMA Winter Knights	
Isaac Bicknell (18) M			ADDI-AD		
26.95	Y F	50 Free	1/4/2013	2013 NE GMA Winter Knights	
1:00.33	Y F	100 Free	1/4/2013	2013 NE GMA Winter Knights	
2:30.34	Y F	200 Free	1/4/2013	2013 NE GMA Winter Knights	
1:16.26	Y F	100 Back	1/4/2013	2013 NE GMA Winter Knights	
1:28.12	Y F	100 Breast	1/4/2013	2013 NE GMA Winter Knights	
Gabriella Biel (9) W			DELM-AD		
27.90	Y F	25 Free	11/10/2012	Pilgrims Pride	
29.03	Y F	25 Back	11/10/2012	Pilgrims Pride	
Gavin Bigge (16) M			GUY-AD		
25.65	Y F	50 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
55.01	Y F	100 Free	1/4/2013	2013 Starfish Trophy Invitational	
1:57.74	Y P	200 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
5:31.91	Y F	500 Free	1/4/2013	2013 Starfish Trophy Invitational	
29.43	Y F	50 Back	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
1:01.90	Y F	100 Back	2/14/2013	Section II Championships Large	
2:11.84	Y F	200 Back	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
1:01.52	Y P	100 Fly	2/14/2013	Section II Championships Large	
2:23.10	Y F	200 Fly	1/4/2013	2013 Starfish Trophy Invitational	
2:25.54	Y F	200 IM	10/27/2012	IM-Xtremely Spooked	
5:14.32	Y F	400 IM	10/27/2012	IM-Xtremely Spooked	
Olivia Bigge (14) W			ALBS-AD		
25.94	Y F	50 Free	3/10/2013	AD Gold Short Course Championships	
29.04	L P	50 Free	7/12/2013	2013 NI - Niagara Long Course Classic	
29.84	S F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
55.82	Y P	100 Free	3/28/2013	2013 Eastern Zone SC Swimming Championships	
1:03.46	L L	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:04.15	Y P	200 Free	3/10/2013	AD Gold Short Course Championships	
2:22.88	L P	200 Free	7/12/2013	2013 NI - Niagara Long Course Classic	
5:12.00	L F	400 Free	7/19/2013	2013 Adirondack Long Course District Champion	
5:46.11	Y F	500 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	

Individual Top Times

Time	P/F/S	Event			
Olivia Bigge (14) W			ALBS-AD		
11:56.31 Y	F	1000 Free	1/4/2013	2013 Starfish Trophy Invitational	
20:00.63 Y	F	1650 Free	12/9/2012	Piranhas December Distance Invite	
1:06.45 Y	P	100 Back	3/10/2013	AD Gold Short Course Championships	
1:15.04 S	F	100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:17.21 L	P	100 Back	7/12/2013	2013 NI - Niagara Long Course Classic	
2:27.62 Y	F	200 Back	1/4/2013	2013 Starfish Trophy Invitational	
2:48.91 L	F	200 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:23.43 Y	F	100 Breast	1/4/2013	2013 Starfish Trophy Invitational	
1:31.81 S	F	100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:56.53 Y	F	200 Breast	3/1/2013	AD Silver Short Course Championships	
1:08.01 Y	P	100 Fly	3/10/2013	AD Gold Short Course Championships	
1:19.56 S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:29.42 Y	F	200 IM	12/9/2012	Piranhas December Distance Invite	
2:47.69 L	P	200 IM	7/12/2013	2013 NI - Niagara Long Course Classic	
Emily Bini (11) W			GUY-AD		
34.06 Y	F	50 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:15.11 Y	F	100 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
2:48.94 Y	F	200 Free	1/4/2013	2013 Starfish Trophy Invitational	
39.87 Y	F	50 Back	1/4/2013	2013 Starfish Trophy Invitational	
1:30.08 Y	F	100 Back	10/27/2012	IM-Xtremely Spooked	
40.86 Y	F	50 Breast	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
1:31.67 Y	F	100 Breast	1/4/2013	2013 Starfish Trophy Invitational	
40.07 Y	F	50 Fly	1/4/2013	2013 Starfish Trophy Invitational	
1:18.25 Y	F	100 IM	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
Matthew Binsfeld (9) M			SSCY-AD		
18.22 Y	F	25 Free	2/22/2013	North Country League Meet	
40.01 Y	F	50 Free	2/22/2013	North Country League Meet	
1:30.40 Y	F	100 Free	1/4/2013	2013 Starfish Trophy Invitational	
3:23.97 Y	F	200 Free	1/18/2013	CT 2013 Wahoo Winter Invitatio	
22.02 Y	F	25 Back	2/22/2013	North Country League Meet	
47.92 Y	F	50 Back	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:42.22 Y	F	100 Back	1/18/2013	CT 2013 Wahoo Winter Invitatio	
1:01.93 Y	F	50 Breast	1/18/2013	CT 2013 Wahoo Winter Invitatio	
2:15.01 Y	F	100 Breast	10/27/2012	IM-Xtremely Spooked	
29.10 Y	F	25 Fly	1/27/2013	North Country League Meet	
1:57.64 Y	F	100 IM	1/27/2013	North Country League Meet	
Samuel Binsfeld (11) M			SSCY-AD		
30.21 Y	F	50 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
1:05.58 Y	F	100 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
2:22.45 Y	F	200 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
6:59.21 Y	F	500 Free	1/12/2013	Chris Goody IMX Challenge	
39.26 Y	F	50 Back	1/4/2013	2013 Starfish Trophy Invitational	
1:22.70 Y	F	100 Back	2/3/2013	Delmar Dolphins February Freeze Invitational	
3:06.20 Y	F	200 Back	12/9/2012	Piranhas December Distance Invite	
45.99 Y	F	50 Breast	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:42.67 Y	F	100 Breast	1/4/2013	2013 Starfish Trophy Invitational	
37.39 Y	F	50 Fly	2/22/2013	North Country League Meet	
1:36.13 Y	F	100 Fly	1/18/2013	CT 2013 Wahoo Winter Invitatio	
1:20.72 Y	F	100 IM	2/22/2013	North Country League Meet	
Benjamin Binyamin (18) M			UN-AD		
26.70 Y	F	50 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
29.97 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
30.50 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
57.87 Y	F	100 Free	12/15/2012	2012 AD SHENENDEHOWA Boys	
57.87 Y	F	100 Free	12/15/2012	SHENENDEHOWA Boys SWIMMING & D	
1:06.80 L	F	100 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
2:04.32 Y	F	200 Free	12/15/2012	SHENENDEHOWA Boys SWIMMING & D	
2:04.32 Y	F	200 Free	12/15/2012	2012 AD SHENENDEHOWA Boys	
2:29.32 L	P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
5:37.63 Y	F	500 Free	3/1/2013	AD Silver Short Course Championships	

Individual Top Times

Time	P/F/S	Event			
Benjamin Binyamin (18) M					
					UN-AD
1:24.00	S	F	100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:27.84	L	F	100 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational
1:11.61	Y	P	100 Breast	3/10/2013	AD Gold Short Course Championships
1:24.60	S	F	100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:25.81	L	P	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion
3:06.23	L	P	200 Breast	7/19/2013	2013 Adirondack Long Course District Champion
1:02.07	Y	P	100 Fly	2/14/2013	Section II Championships Large
1:15.71	L	P	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion
1:16.00	S	F	100 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:17.80	S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon
2:23.24	Y	F	200 IM	3/1/2013	AD Silver Short Course Championships
2:37.21	L	F	200 IM	6/8/2013	Clinton Cudas Colgate Classic Invitational
Anthony Birch (14) M					
					CLRK-AD
1:04.13	Y	F	100 Free	3/1/2013	AD Silver Short Course Championships
2:22.32	Y	F	200 Free	3/1/2013	AD Silver Short Course Championships
1:21.19	Y	F	100 Back	2/3/2013	Delmar Dolphins February Freeze Invitational
2:52.59	Y	F	200 Back	3/1/2013	AD Silver Short Course Championships
4:01.63	Y	F	200 Breast	1/26/2013	Central Valley Swim Meet Quad Meet
1:35.61	Y	F	100 Fly	1/12/2013	Canajoharie Developmental Meet
Kathleen Birmingham (8) W					
					ALBS-AD
20.62	Y	F	25 Free	3/1/2013	AD Silver Short Course Championships
47.98	Y	F	50 Free	3/1/2013	AD Silver Short Course Championships
50.12	L	F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion
51.52	S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:46.45	Y	F	100 Free	3/1/2013	AD Silver Short Course Championships
1:51.61	L	F	100 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational
27.04	Y	F	25 Back	12/15/2012	Sharks 12&Under Mini-Meet
58.04	Y	F	50 Back	1/4/2013	2013 Starfish Trophy Invitational
1:03.82	L	F	50 Back	7/19/2013	2013 Adirondack Long Course District Champion
1:09.09	Y	F	50 Breast	2/3/2013	Delmar Dolphins February Freeze Invitational
1:09.68	S	F	50 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:12.56	L	F	50 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational
26.25	Y	F	25 Fly	3/1/2013	AD Silver Short Course Championships
1:07.35	L	F	50 Fly	6/8/2013	Clinton Cudas Colgate Classic Invitational
2:05.61	Y	F	100 IM	3/1/2013	AD Silver Short Course Championships
2:14.88	S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon
Alina Bischof (14) W					
					CLRK-AD
32.35	Y	F	50 Free	2/3/2013	Delmar Dolphins February Freeze Invitational
1:14.14	Y	F	100 Free	3/1/2013	AD Silver Short Course Championships
2:47.34	Y	F	200 Free	1/26/2013	Central Valley Swim Meet Quad Meet
7:06.02	Y	F	500 Free	1/26/2013	Central Valley Swim Meet Quad Meet
1:23.15	Y	F	100 Back	2/3/2013	Delmar Dolphins February Freeze Invitational
1:36.54	Y	F	100 Breast	3/1/2013	AD Silver Short Course Championships
3:24.04	Y	F	200 Breast	3/1/2013	AD Silver Short Course Championships
1:31.00	Y	F	100 Fly	2/3/2013	Delmar Dolphins February Freeze Invitational
3:14.67	Y	F	200 IM	12/1/2012	Central Valley Swim League Quad Meet
Briana Bischof (11) W					
					CLRK-AD
39.33	Y	F	50 Free	3/1/2013	AD Silver Short Course Championships
1:32.24	Y	F	100 Free	3/1/2013	AD Silver Short Course Championships
1:44.95	L	F	100 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational
46.86	Y	F	50 Back	3/1/2013	AD Silver Short Course Championships
1:42.34	Y	F	100 Back	3/1/2013	AD Silver Short Course Championships
1:47.78	L	F	100 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational
45.87	Y	F	50 Breast	3/10/2013	AD Gold Short Course Championships
1:12.09	L	F	50 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational
1:46.12	Y	F	100 Breast	3/1/2013	AD Silver Short Course Championships
48.05	L	F	50 Fly	6/8/2013	Clinton Cudas Colgate Classic Invitational
48.31	Y	F	50 Fly	3/1/2013	AD Silver Short Course Championships
2:21.47	Y	F	100 Fly	1/26/2013	Central Valley Swim Meet Quad Meet
1:41.07	Y	F	100 IM	3/1/2013	AD Silver Short Course Championships

Individual Top Times

Time	P/F/S	Event			
Bailey Bissonette (15) W					
30.79	Y	F	50	Free	12/7/2012 2012 NE UVAC Winter Classic
1:09.63	Y	F	100	Free	10/21/2012 2012 Trick or Treat Meet
2:28.08	Y	F	200	Free	12/7/2012 2012 NE UVAC Winter Classic
1:18.81	Y	F	100	Back	12/7/2012 2012 NE UVAC Winter Classic
2:55.68	Y	F	200	IM	10/21/2012 2012 Trick or Treat Meet
6:30.49	Y	F	400	IM	2/3/2013 2013 NE GMA VT Specialty Meet
Daisy Bissonette (12) W					
40.40	Y	F	50	Free	2/10/2013 2013 Piranhas Pentathlon
57.70	Y	F	50	Breast	2/10/2013 2013 Piranhas Pentathlon
Kaitlyn Blaisure (10) W					
41.21	L	F	50	Free	6/8/2013 Clinton Cudas Colgate Classic Invitational
42.62	S	F	50	Free	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:42.50	L	F	100	Free	6/8/2013 Clinton Cudas Colgate Classic Invitational
52.03	L	F	50	Back	7/19/2013 2013 Adirondack Long Course District Champion
54.45	S	F	50	Back	6/2/2013 2013 Starfish Meter Madness - Pentathlon
50.41	L	F	50	Breast	7/19/2013 2013 Adirondack Long Course District Champion
53.88	S	F	50	Breast	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:58.64	L	F	100	Breast	7/19/2013 2013 Adirondack Long Course District Champion
57.55	S	F	50	Fly	6/2/2013 2013 Starfish Meter Madness - Pentathlon
59.52	L	F	50	Fly	6/8/2013 Clinton Cudas Colgate Classic Invitational
1:58.53	S	F	100	IM	6/2/2013 2013 Starfish Meter Madness - Pentathlon
Maya Blaisure (12) W					
35.02	S	F	50	Free	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:16.39	S	F	100	Free	6/15/2013 Piranhas Summer Kick-Off Meet
1:17.36	L	F	100	Free	6/8/2013 Clinton Cudas Colgate Classic Invitational
2:46.76	L	P	200	Free	7/19/2013 2013 Adirondack Long Course District Champion
42.86	L	P	50	Back	7/19/2013 2013 Adirondack Long Course District Champion
1:26.64	S	F	100	Back	6/2/2013 2013 Starfish Meter Madness - Pentathlon
40.83	L	F	50	Breast	7/19/2013 2013 Adirondack Long Course District Champion
41.66	S	F	50	Breast	6/15/2013 Piranhas Summer Kick-Off Meet
1:30.38	L	P	100	Breast	7/19/2013 2013 Adirondack Long Course District Champion
1:32.24	S	F	100	Breast	6/2/2013 2013 Starfish Meter Madness - Pentathlon
38.18	S	F	50	Fly	6/15/2013 Piranhas Summer Kick-Off Meet
38.44	L	F	50	Fly	6/8/2013 Clinton Cudas Colgate Classic Invitational
1:27.97	S	F	100	Fly	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:32.98	L	F	100	Fly	6/8/2013 Clinton Cudas Colgate Classic Invitational
1:21.24	S	F	100	IM	6/15/2013 Piranhas Summer Kick-Off Meet
3:01.60	L	F	200	IM	6/8/2013 Clinton Cudas Colgate Classic Invitational
Megan Blakeslee (7) W					
21.70	Y	F	25	Free	3/1/2013 AD Silver Short Course Championships
46.33	Y	F	50	Free	3/1/2013 AD Silver Short Course Championships
1:52.11	Y	F	100	Free	2/23/2013 Cabin Fever Invitational
26.15	Y	F	25	Back	3/1/2013 AD Silver Short Course Championships
56.36	Y	F	50	Back	2/23/2013 Cabin Fever Invitational
27.88	Y	F	25	Fly	3/1/2013 AD Silver Short Course Championships
Danielle Blom (15) W					
27.44	Y	P	50	Free	3/10/2013 AD Gold Short Course Championships
31.99	L	F	50	Free	7/6/2013 Sharks Summer Invite
58.69	Y	P	100	Free	3/10/2013 AD Gold Short Course Championships
1:08.34	L	P	100	Free	7/19/2013 2013 Adirondack Long Course District Champion
2:31.01	L	P	200	Free	7/19/2013 2013 Adirondack Long Course District Champion
6:02.57	Y	F	500	Free	1/4/2013 2013 Starfish Trophy Invitational
1:06.76	Y	P	100	Back	3/10/2013 AD Gold Short Course Championships
1:20.82	L	F	100	Back	7/19/2013 2013 Adirondack Long Course District Champion
2:23.10	Y	P	200	Back	3/10/2013 AD Gold Short Course Championships
2:51.70	L	P	200	Back	7/19/2013 2013 Adirondack Long Course District Champion
1:17.12	Y	P	100	Breast	3/10/2013 AD Gold Short Course Championships
1:29.63	L	P	100	Breast	7/19/2013 2013 Adirondack Long Course District Champion
2:46.94	Y	P	200	Breast	3/10/2013 AD Gold Short Course Championships

WAVE-AD

NTS-AD

GCAT-AD

GCAT-AD

CANA-AD

CLIN-AD

Individual Top Times

Time	P/F/S	Event			
Danielle Blom (15) W					
3:09.78	L	P	200 Breast	7/19/2013	2013 Adirondack Long Course District Champion
1:09.23	Y	F	100 Fly	11/10/2012	Pilgrims Pride
1:19.49	L	P	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion
2:37.90	Y	F	200 Fly	1/4/2013	2013 Starfish Trophy Invitational
3:00.81	L	F	200 Fly	7/19/2013	2013 Adirondack Long Course District Champion
2:22.20	Y	P	200 IM	3/10/2013	AD Gold Short Course Championships
2:48.84	L	P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion
5:04.97	Y	F	400 IM	3/10/2013	AD Gold Short Course Championships
Reilley Blue (16) W					
28.69	Y	F	50 Free	11/10/2012	Pilgrims Pride
31.52	S	F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet
1:01.04	Y	F	100 Free	3/1/2013	AD Silver Short Course Championships
2:12.47	Y	F	200 Free	3/1/2013	AD Silver Short Course Championships
5:59.90	Y	F	500 Free	10/6/2012	SHENENDEHOWA GIRLS SWIMMING &
21:04.64	Y	F	1650 Free	12/9/2012	Piranhas December Distance Invite
1:10.57	Y	F	100 Back	3/1/2013	AD Silver Short Course Championships
2:34.93	Y	F	200 Back	3/1/2013	AD Silver Short Course Championships
1:20.44	Y	F	100 Breast	2/10/2013	2013 Piranhas Pentathlon
1:32.22	S	F	100 Breast	6/15/2013	Piranhas Summer Kick-Off Meet
2:54.66	Y	F	200 Breast	12/9/2012	Piranhas December Distance Invite
1:06.61	Y	P	100 Fly	3/10/2013	AD Gold Short Course Championships
1:21.45	S	F	100 Fly	6/15/2013	Piranhas Summer Kick-Off Meet
2:30.81	Y	F	200 IM	3/1/2013	AD Silver Short Course Championships
2:51.00	S	F	200 IM	6/15/2013	Piranhas Summer Kick-Off Meet
5:20.07	Y	F	400 IM	3/1/2013	AD Silver Short Course Championships
Demetra Bobarakis (10) W					
34.76	Y	F	50 Free	11/10/2012	Pilgrims Pride
37.86	S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:17.42	Y	F	100 Free	3/10/2013	AD Gold Short Course Championships
2:56.27	Y	F	200 Free	3/1/2013	AD Silver Short Course Championships
7:41.52	Y	F	500 Free	3/10/2013	AD Gold Short Course Championships
41.19	Y	F	50 Back	3/10/2013	AD Gold Short Course Championships
47.40	S	F	50 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:31.74	Y	F	100 Back	3/10/2013	AD Gold Short Course Championships
44.87	Y	F	50 Breast	2/3/2013	Delmar Dolphins February Freeze Invitational
52.54	S	F	50 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:42.67	Y	F	100 Breast	3/1/2013	AD Silver Short Course Championships
36.91	Y	F	50 Fly	3/10/2013	AD Gold Short Course Championships
43.18	S	F	50 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:43.55	Y	F	100 Fly	1/4/2013	2013 Starfish Trophy Invitational
1:26.69	Y	F	100 IM	3/10/2013	AD Gold Short Course Championships
1:37.00	S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon
3:31.72	Y	F	200 IM	1/4/2013	2013 Starfish Trophy Invitational
Alexandra Bobarakis (14) W					
33.21	Y	F	50 Free	3/1/2013	AD Silver Short Course Championships
38.93	S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:16.78	Y	F	100 Free	1/4/2013	2013 Starfish Trophy Invitational
1:35.33	S	F	100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:34.40	Y	F	100 Breast	3/1/2013	AD Silver Short Course Championships
1:46.97	S	F	100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:27.87	Y	F	100 Fly	1/4/2013	2013 Starfish Trophy Invitational
1:38.35	S	F	100 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:34.44	S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon
Olivia Bobarakis (17) W					
30.63	Y	F	50 Free	10/6/2012	SHENENDEHOWA GIRLS SWIMMING &
1:07.26	Y	F	100 Free	3/1/2013	AD Silver Short Course Championships
1:22.44	Y	F	100 Back	11/10/2012	Pilgrims Pride
1:24.69	Y	F	100 Breast	11/10/2012	Pilgrims Pride
Martyna Boczar (11) W					

CLIN-AD

CPP-AD

ALBS-AD

ALBS-AD

UN-AD

GRGF-AD

Individual Top Times

Time	P/F/S	Event				
Martyna Boczar (11) W						
43.32 Y	F	50 Free	2/23/2013	Cabin Fever Invitational		GRGF-AD
59.16 Y	F	50 Back	1/4/2013	2013 Starfish Trophy Invitational		
48.61 Y	F	50 Breast	3/10/2013	AD Gold Short Course Championships		
Julia Bodien (7) W						
27.46 Y	F	25 Free	2/23/2013	Cabin Fever Invitational		BSPA-AD
1:01.95 Y	F	50 Free	2/3/2013	Delmar Dolphins February Freeze Invitational		
27.90 Y	F	25 Back	2/23/2013	Cabin Fever Invitational		
Robert Bodien (11) M						
38.54 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships		BSPA-AD
46.98 Y	F	50 Back	2/23/2013	Cabin Fever Invitational		
59.85 Y	F	50 Breast	2/23/2013	Cabin Fever Invitational		
49.76 Y	F	50 Fly	1/27/2013	Thoroughbred Splash 2013		
Clare Boegel (12) W						
35.28 Y	F	50 Free	2/3/2013	Delmar Dolphins February Freeze Invitational		DELM-AD
50.36 Y	F	50 Back	12/2/2012	December Super Splash 2012		
47.55 Y	F	50 Breast	3/1/2013	AD Silver Short Course Championships		
50.54 Y	F	50 Fly	2/3/2013	Delmar Dolphins February Freeze Invitational		
1:38.84 Y	F	100 IM	1/12/2013	Chris Goody Mini-Meet		
Ethan Boehmer (10) M						
38.33 Y	F	50 Free	1/27/2013	Thoroughbred Splash 2013		ALBS-AD
46.00 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon		
46.85 L	F	50 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational		
1:29.63 Y	F	100 Free	1/4/2013	2013 Starfish Trophy Invitational		
1:36.57 L	F	100 Free	7/19/2013	2013 Adirondack Long Course District Champion		
1:45.07 S	F	100 Free	6/15/2013	Piranhas Summer Kick-Off Meet		
3:24.71 L	F	200 Free	7/19/2013	2013 Adirondack Long Course District Champion		
8:53.35 Y	F	500 Free	2/3/2013	Delmar Dolphins February Freeze Invitational		
45.85 Y	F	50 Back	3/1/2013	AD Silver Short Course Championships		
47.82 L	F	50 Back	7/19/2013	2013 Adirondack Long Course District Champion		
52.48 S	F	50 Back	6/15/2013	Piranhas Summer Kick-Off Meet		
1:43.13 L	F	100 Back	7/19/2013	2013 Adirondack Long Course District Champion		
1:43.38 Y	F	100 Back	2/3/2013	Delmar Dolphins February Freeze Invitational		
52.84 Y	F	50 Breast	1/27/2013	Thoroughbred Splash 2013		
1:01.03 S	F	50 Breast	6/15/2013	Piranhas Summer Kick-Off Meet		
1:55.95 Y	F	100 Breast	3/1/2013	AD Silver Short Course Championships		
2:04.15 L	F	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion		
55.13 Y	F	50 Fly	1/4/2013	2013 Starfish Trophy Invitational		
59.94 S	F	50 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon		
1:43.89 Y	F	100 IM	3/1/2013	AD Silver Short Course Championships		
1:55.17 S	F	100 IM	6/15/2013	Piranhas Summer Kick-Off Meet		
Dylan Bohl (8) W						
1:03.65 Y	F	50 Fly	2/3/2013	Delmar Dolphins February Freeze Invitational		DELM-AD
Kelsey Bohl (18) W						
26.32 Y	F	50 Free	2/3/2013	Delmar Dolphins February Freeze Invitational		DELM-AD
57.26 Y	P	100 Free	3/10/2013	AD Gold Short Course Championships		
29.05 Y	F	50 Back	11/16/2012	2012 NY Ob - Girls NY State Federation Champ		
1:01.89 Y	F	100 Back	3/10/2013	AD Gold Short Course Championships		
2:24.03 Y	F	200 Back	1/4/2013	2013 Starfish Trophy Invitational		
1:18.10 Y	P	100 Breast	3/10/2013	AD Gold Short Course Championships		
1:00.71 Y	P	100 Fly	11/1/2012	Girls Sec II Division I Champ		
2:16.70 Y	F	200 Fly	3/10/2013	AD Gold Short Course Championships		
Maggie Bolgiano (11) W						
43.10 Y	F	50 Free	11/4/2012	Hometown Splashdown		GRGF-AD
49.01 Y	F	50 Back	11/4/2012	Hometown Splashdown		
Adam Bollinger (15) M						
28.32 Y	F	50 Free	2/23/2013	Cabin Fever Invitational		SCHE-AD
31.71 L	F	50 Free	7/6/2013	Sharks Summer Invite		
58.87 Y	P	100 Free	3/10/2013	AD Gold Short Course Championships		
1:09.17 L L	F	100 Free	7/6/2013	Sharks Summer Invite		

Individual Top Times

Time	P/F/S	Event			
Adam Bollinger (15) M			SCHE-AD		
2:05.88	Y	P	200 Free	3/10/2013	AD Gold Short Course Championships
2:28.79	L	F	200 Free	6/1/2013	2013 NE MTSC June 1st Meet
2:28.79	L	F	200 Free	6/1/2013	2013 NE MTSC June 1st Meet
5:14.85	L	F	400 Free	7/19/2013	2013 Adirondack Long Course District Champion
5:36.02	Y	F	500 Free	3/1/2013	AD Silver Short Course Championships
1:09.35	Y	F	100 Back	3/1/2013	AD Silver Short Course Championships
1:17.79	L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion
2:30.73	Y	F	200 Back	1/12/2013	Chris Goody IMX Challenge
2:47.60	L	P	200 Back	7/19/2013	2013 Adirondack Long Course District Champion
1:18.14	Y	F	100 Breast	11/17/2012	Harvest Invitational
1:27.79	L	F	100 Breast	6/1/2013	2013 NE MTSC June 1st Meet
1:27.79	L	F	100 Breast	6/1/2013	2013 NE MTSC June 1st Meet
2:36.75	Y	F	200 Breast	3/10/2013	AD Gold Short Course Championships
33.96	L	F	50 Fly	6/1/2013	2013 NE MTSC June 1st Meet
33.96	L	F	50 Fly	6/1/2013	2013 NE MTSC June 1st Meet
1:04.47	Y	F	100 Fly	3/10/2013	AD Gold Short Course Championships
1:13.54	L	P	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion
2:19.98	Y	F	200 Fly	3/10/2013	AD Gold Short Course Championships
2:43.37	L	P	200 Fly	7/19/2013	2013 Adirondack Long Course District Champion
2:22.78	Y	P	200 IM	3/10/2013	AD Gold Short Course Championships
2:42.85	L	P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion
5:02.90	Y	F	400 IM	3/10/2013	AD Gold Short Course Championships
Deysi Bollinger (13) W			SCHE-AD		
41.44	Y	F	50 Free	3/1/2013	AD Silver Short Course Championships
47.32	L	F	50 Free	7/6/2013	Sharks Summer Invite
1:41.73	L	F	100 Free	7/6/2013	Sharks Summer Invite
1:44.71	Y	F	100 Free	2/3/2013	Delmar Dolphins February Freeze Invitational
54.75	Y	F	50 Back	3/1/2013	AD Silver Short Course Championships
56.52	L	F	50 Back	6/1/2013	2013 NE MTSC June 1st Meet
56.52	L	F	50 Back	6/1/2013	2013 NE MTSC June 1st Meet
2:07.02	L	F	100 Back	6/1/2013	2013 NE MTSC June 1st Meet
2:07.02	L	F	100 Back	6/1/2013	2013 NE MTSC June 1st Meet
1:00.41	Y	F	50 Breast	3/1/2013	AD Silver Short Course Championships
1:02.78	L	F	50 Breast	6/1/2013	2013 NE MTSC June 1st Meet
1:02.78	L	F	50 Breast	6/1/2013	2013 NE MTSC June 1st Meet
2:13.43	L	P	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion
Hannah Bollinger (16) W			USAM-AD		
28.22	L	P	50 Free	3/21/2013	2013 NI - EZ North Region Speedo Ch
1:01.59	L	P	100 Free	3/21/2013	2013 NI - EZ North Region Speedo Ch
2:11.22	L	P	200 Free	3/21/2013	2013 NI - EZ North Region Speedo Ch
4:37.80	L	P	400 Free	3/21/2013	2013 NI - EZ North Region Speedo Ch
9:30.71	L	F	800 Free	6/22/2013	2013 NI - Niagara Super Circuit Ithaca
17:56.54	Y	F	1650 Free	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS
1:08.91	L	P	100 Back	3/21/2013	2013 NI - EZ North Region Speedo Ch
2:14.83	Y	P	200 Back	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS
1:32.07	L	F	100 Breast	6/22/2013	2013 NI - Niagara Super Circuit Ithaca
Lydia Bolton (17) W			UN-AD		
2:10.72	Y	F	200 Free	11/1/2012	2012 NI - Ob - Section 3 Class A-B-C Champs 2
5:50.44	Y	F	500 Free	11/1/2012	2012 NI - Ob - Section 3 Class A-B-C Champs 2
Eliana Bonbrest (9) W			TBS-AD		
42.84	Y	F	50 Free	3/2/2013	2013 NI - METS - Meet the Flintstones
51.35	Y	F	50 Back	3/2/2013	2013 NI - METS - Meet the Flintstones
52.45	Y	F	50 Breast	3/2/2013	2013 NI - METS - Meet the Flintstones
Cydney Bond (12) W			WAVE-AD		
32.92	Y	F	50 Free	1/27/2013	Thoroughbred Splash 2013
1:13.00	Y	F	100 Free	1/27/2013	Thoroughbred Splash 2013
42.13	Y	F	50 Back	12/7/2012	2012 NE UVAC Winter Classic
41.53	Y	F	50 Fly	11/10/2012	Pilgrims Pride
3:04.54	Y	F	200 IM	1/27/2013	Thoroughbred Splash 2013

Individual Top Times

Time	P/F/S	Event			
Caleb Bondy (13) M					
					GRGF-AD
38.66 Y	F	50 Free	11/4/2012	Hometown Splashdown	
46.11 Y	F	50 Back	12/2/2012	December Super Splash 2012	
54.57 Y	F	50 Breast	12/2/2012	December Super Splash 2012	
James Bonga (15) M					
					SARY-AD
26.80 Y	F	50 Free	1/27/2013	Thoroughbred Splash 2013	
58.79 Y	F	100 Free	1/27/2013	Thoroughbred Splash 2013	
2:02.65 Y	F	200 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
5:25.81 Y	F	500 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
1:10.95 Y	F	100 Back	2/23/2013	Cabin Fever Invitational	
1:21.52 Y	F	100 Breast	11/17/2012	Harvest Invitational	
2:52.47 Y	F	200 Breast	12/9/2012	Piranhas December Distance Invite	
1:03.56 Y	F	100 Fly	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
2:32.91 Y	F	200 Fly	12/9/2012	Piranhas December Distance Invite	
2:24.63 Y	F	200 IM	2/23/2013	Cabin Fever Invitational	
5:20.79 Y	F	400 IM	12/9/2012	Piranhas December Distance Invite	
Mikayla Bonner (12) W					
					HAWK-AD
34.08 Y	F	50 Free	1/4/2013	2013 Starfish Trophy Invitational	
36.70 L	F	50 Free	7/12/2013	Hawks Summer Invitational 2013	
1:15.62 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
2:55.03 L	F	200 Free	7/12/2013	Hawks Summer Invitational 2013	
6:03.00 L	F	400 Free	7/12/2013	Hawks Summer Invitational 2013	
25:02.12 Y	F	1650 Free	1/25/2013	Hawks Trials And Finals 2013	
41.58 Y	F	50 Back	3/1/2013	AD Silver Short Course Championships	
46.70 L	F	50 Back	7/12/2013	Hawks Summer Invitational 2013	
1:26.51 Y	F	100 Back	3/1/2013	AD Silver Short Course Championships	
1:37.64 L	F	100 Back	7/12/2013	Hawks Summer Invitational 2013	
45.78 Y	F	50 Breast	3/1/2013	AD Silver Short Course Championships	
52.70 L	F	50 Breast	7/12/2013	Hawks Summer Invitational 2013	
1:35.83 Y	F	100 Breast	1/25/2013	Hawks Trials And Finals 2013	
1:48.94 L	F	100 Breast	7/12/2013	Hawks Summer Invitational 2013	
40.06 Y	F	50 Fly	3/1/2013	AD Silver Short Course Championships	
43.11 L	F	50 Fly	7/12/2013	Hawks Summer Invitational 2013	
1:33.22 Y	F	100 Fly	1/25/2013	Hawks Trials And Finals 2013	
1:38.89 L	F	100 Fly	7/12/2013	Hawks Summer Invitational 2013	
1:26.27 Y	F	100 IM	10/21/2012	2012 Trick or Treat Meet	
3:02.10 Y	F	200 IM	1/25/2013	Hawks Trials And Finals 2013	
3:21.65 L	F	200 IM	7/12/2013	Hawks Summer Invitational 2013	
Taylor Bonner (10) W					
					HAWK-AD
43.85 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	
47.59 L	F	50 Free	7/12/2013	Hawks Summer Invitational 2013	
1:37.41 Y	F	100 Free	1/4/2013	2013 Starfish Trophy Invitational	
1:43.34 L	F	100 Free	7/12/2013	Hawks Summer Invitational 2013	
3:50.19 L	F	200 Free	7/12/2013	Hawks Summer Invitational 2013	
51.31 Y	F	50 Back	1/4/2013	2013 Starfish Trophy Invitational	
59.48 L	F	50 Back	7/12/2013	Hawks Summer Invitational 2013	
1:51.96 Y	F	100 Back	3/1/2013	AD Silver Short Course Championships	
2:09.16 L	F	100 Back	7/12/2013	Hawks Summer Invitational 2013	
56.78 Y	F	50 Breast	1/4/2013	2013 Starfish Trophy Invitational	
1:02.48 L	F	50 Breast	7/12/2013	Hawks Summer Invitational 2013	
2:03.64 Y	F	100 Breast	1/25/2013	Hawks Trials And Finals 2013	
2:10.69 L	F	100 Breast	7/12/2013	Hawks Summer Invitational 2013	
54.71 Y	F	50 Fly	3/1/2013	AD Silver Short Course Championships	
1:02.16 L	F	50 Fly	7/12/2013	Hawks Summer Invitational 2013	
1:47.73 Y	F	100 IM	10/21/2012	2012 Trick or Treat Meet	
4:19.80 L	F	200 IM	7/12/2013	Hawks Summer Invitational 2013	
Stella Boolukos-Brinker (15) W					
					WAVE-AD
28.70 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	
1:02.63 Y	F	100 Free	10/21/2012	2012 Trick or Treat Meet	
2:19.28 Y	F	200 Free	2/23/2013	Cabin Fever Invitational	
6:23.96 Y	F	500 Free	10/21/2012	2012 Trick or Treat Meet	

Individual Top Times

Time	P/F/S	Event			
Stella Boolukos-Brinker (15) W					
43.05	Y L	F	50	Back	1/4/2013 2013 Starfish Trophy Invitational
1:10.22	Y	F	100	Back	11/10/2012 Pilgrims Pride
2:30.43	Y	P	200	Back	3/10/2013 AD Gold Short Course Championships
1:31.57	Y	F	100	Breast	3/1/2013 AD Silver Short Course Championships
1:21.64	Y	F	100	Fly	1/4/2013 2013 Starfish Trophy Invitational
2:39.91	Y	F	200	IM	10/21/2012 2012 Trick or Treat Meet
Amy Bopp (18) W					
25.73	Y L	F	50	Free	3/10/2013 AD Gold Short Course Championships
29.96	L	F	50	Free	6/1/2013 2013 NE MTSC June 1st Meet
29.96	L	F	50	Free	6/1/2013 2013 NE MTSC June 1st Meet
54.67	Y	F	100	Free	12/6/2012 2012 NE NSSC MIT Invite
1:06.70	L	F	100	Free	6/1/2013 2013 NE MTSC June 1st Meet
1:06.70	L	F	100	Free	6/1/2013 2013 NE MTSC June 1st Meet
1:55.70	Y	F	200	Free	3/21/2013 2013 CT Senior Open Championship
2:19.21	L	F	200	Free	6/1/2013 2013 NE MTSC June 1st Meet
2:19.21	L	F	200	Free	6/1/2013 2013 NE MTSC June 1st Meet
5:02.65	Y	F	500	Free	12/6/2012 2012 NE NSSC MIT Invite
16:59.66	Y	F	1650	Free	12/6/2012 2012 NE NSSC MIT Invite
2:17.68	Y	F	200	Back	1/12/2013 Chris Goody IMX Challenge
36.21	L	F	50	Breast	6/1/2013 2013 NE MTSC June 1st Meet
36.21	L	F	50	Breast	6/1/2013 2013 NE MTSC June 1st Meet
1:03.64	Y	P	100	Breast	3/21/2013 2013 CT Senior Open Championship
1:15.36	L	P	100	Breast	7/19/2013 2013 Adirondack Long Course District Champion
2:16.06	Y	F	200	Breast	3/21/2013 2013 CT Senior Open Championship
2:49.09	L	F	200	Breast	6/1/2013 2013 NE MTSC June 1st Meet
2:49.09	L	F	200	Breast	6/1/2013 2013 NE MTSC June 1st Meet
56.61	Y	P	100	Fly	3/21/2013 2013 CT Senior Open Championship
1:04.58	L	P	100	Fly	6/20/2013 TWST Senior Invitational
2:00.91	Y	F	200	Fly	3/21/2013 2013 CT Senior Open Championship
2:22.27	L	F	200	Fly	6/1/2013 2013 NE MTSC June 1st Meet
2:22.27	L	F	200	Fly	6/1/2013 2013 NE MTSC June 1st Meet
2:05.70	Y	F	200	IM	2/15/2013 AD 2013 REGION 1 CHAMPIONSHIPS
4:24.36	Y	F	400	IM	3/10/2013 AD Gold Short Course Championships
5:09.44	L	P	400	IM	6/20/2013 TWST Senior Invitational
Erin Borgolini (17) W					
28.73	Y	F	50	Free	11/17/2012 Harvest Invitational
1:03.49	Y	F	100	Free	11/17/2012 Harvest Invitational
2:17.68	Y	F	200	Free	11/17/2012 Harvest Invitational
6:07.81	Y	P	500	Free	11/1/2012 Girls Sec II Division I Champ
1:09.85	Y	F	100	Fly	10/6/2012 SHENENDEHOWA GIRLS SWIMMING &
Catherine Borgstrom (17) W					
29.10	Y	F	50	Free	3/1/2013 AD Silver Short Course Championships
1:05.37	Y	F	100	Free	3/1/2013 AD Silver Short Course Championships
2:40.06	Y	F	200	Free	1/26/2013 Central Valley Swim Meet Quad Meet
1:19.44	Y	F	100	Back	3/1/2013 AD Silver Short Course Championships
3:08.52	Y	F	200	Back	1/26/2013 Central Valley Swim Meet Quad Meet
1:27.99	Y	F	100	Breast	3/1/2013 AD Silver Short Course Championships
3:29.98	Y	F	200	Breast	1/26/2013 Central Valley Swim Meet Quad Meet
Faith Borkowski (9) W					
38.67	Y	F	50	Free	1/4/2013 2013 Starfish Trophy Invitational
1:28.29	Y	F	100	Free	1/4/2013 2013 Starfish Trophy Invitational
44.33	Y	F	50	Back	1/4/2013 2013 Starfish Trophy Invitational
56.02	Y	F	50	Breast	1/4/2013 2013 Starfish Trophy Invitational
Joseph Bouchard (14) M					
28.79	Y	F	50	Free	3/1/2013 AD Silver Short Course Championships
1:05.02	Y	F	100	Free	11/10/2012 Pilgrims Pride
2:22.82	Y	F	200	Free	1/4/2013 2013 Starfish Trophy Invitational
1:17.63	Y	F	100	Back	1/4/2013 2013 Starfish Trophy Invitational
1:20.67	Y	F	100	Breast	3/1/2013 AD Silver Short Course Championships

WAVE-AD

SCHE-AD

BSPA-AD

CLRK-AD

UN-AD

BFIN-AD

Individual Top Times

Time	P/F/S	Event				
Kileigh Bouyea (11) W						
						GLFY-AD
32.37 Y	F	50 Free	2/22/2013	North Country League Meet		
1:13.11 Y	F	100 Free	12/2/2012	December Super Splash 2012		
36.82 Y	F	50 Back	2/22/2013	North Country League Meet		
46.88 Y	F	50 Breast	1/27/2013	Thoroughbred Splash 2013		
1:23.85 Y	F	100 IM	11/4/2012	Hometown Splashdown		
Autumn Boxley (13) W						
						UN-AD
26.10 Y	F	50 Free	3/10/2013	AD Gold Short Course Championships		
29.53 S	F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet		
29.70 L	F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion		
1:04.45 L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion		
2:19.67 L	F	200 Free	7/19/2013	2013 Adirondack Long Course District Champion		
2:21.43 S	F	200 Free	6/15/2013	Piranhas Summer Kick-Off Meet		
4:54.44 L	F	400 Free	7/19/2013	2013 Adirondack Long Course District Champion		
19:52.43 L	F	1500 Free	7/12/2013	Hawks Summer Invitational 2013		
1:21.43 S	F	100 Back	6/15/2013	Piranhas Summer Kick-Off Meet		
1:26.09 L	F	100 Back	7/12/2013	Hawks Summer Invitational 2013		
2:53.00 L	P	200 Back	7/19/2013	2013 Adirondack Long Course District Champion		
1:25.42 Y	F	100 Breast	1/25/2013	2013 NE ABF Snow Angel Classic		
1:19.18 S	F	100 Fly	6/15/2013	Piranhas Summer Kick-Off Meet		
1:19.56 L	P	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion		
2:23.33 Y	F	200 IM	3/10/2013	AD Gold Short Course Championships		
2:49.94 L	P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion		
5:02.77 Y	P	400 IM	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS		
Kalie Boyle (8) W						
						RAVE-AD
23.13 Y	F	25 Free	11/10/2012	Pilgrims Pride		
48.20 Y	F	50 Free	11/10/2012	Pilgrims Pride		
1:53.05 Y	F	100 Free	1/25/2013	Hawks Trials And Finals 2013		
24.63 Y	F	25 Back	10/20/2012	Ravena Autumn Breeze 2012		
54.25 Y	F	50 Back	1/25/2013	Hawks Trials And Finals 2013		
31.23 Y	F	25 Breast	3/1/2013	AD Silver Short Course Championships		
1:08.08 Y	F	50 Breast	2/3/2013	Delmar Dolphins February Freeze Invitational		
33.45 Y	F	25 Fly	3/1/2013	AD Silver Short Course Championships		
Lindsey Boyle (10) W						
						RAVE-AD
43.59 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships		
1:35.33 Y	F	100 Free	11/10/2012	Pilgrims Pride		
46.65 Y	F	50 Back	2/23/2013	Cabin Fever Invitational		
56.95 Y	F	50 Breast	3/1/2013	AD Silver Short Course Championships		
2:06.71 Y	F	100 Breast	1/25/2013	Hawks Trials And Finals 2013		
53.98 Y	F	50 Fly	3/1/2013	AD Silver Short Course Championships		
2:03.79 Y	F	100 Fly	3/1/2013	AD Silver Short Course Championships		
1:47.77 Y	F	100 IM	1/25/2013	Hawks Trials And Finals 2013		
Julia Boyle (7) W						
						ALBS-AD
27.74 S	F	25 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon		
56.01 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships		
59.46 S	F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet		
1:03.55 L	F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion		
30.99 S	F	25 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon		
1:09.92 Y	F	50 Back	3/1/2013	AD Silver Short Course Championships		
1:13.39 S	F	50 Back	6/15/2013	Piranhas Summer Kick-Off Meet		
1:17.55 L	F	50 Back	7/19/2013	2013 Adirondack Long Course District Champion		
43.81 S	F	25 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon		
1:29.74 L	F	50 Breast	7/19/2013	2013 Adirondack Long Course District Champion		
Samuel Boyle (9) M						
						ALBS-AD
46.33 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships		
50.39 L	F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion		
52.13 S	F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet		
1:43.64 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships		
1:59.17 S	F	100 Free	6/15/2013	Piranhas Summer Kick-Off Meet		
2:03.33 L	F	100 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational		

Individual Top Times

Time	P/F/S	Event			
Samuel Boyle (9) M			ALBS-AD		
4:07.85	L F	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
54.67	Y F	50 Back	2/10/2013	2013 Piranhas Pentathlon	
58.26	L F	50 Back	7/19/2013	2013 Adirondack Long Course District Champion	
58.70	S F	50 Back	6/15/2013	Piranhas Summer Kick-Off Meet	
2:16.18	L F	100 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:10.88	L F	50 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
1:09.77	L F	50 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:22.76	S F	50 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
Kathryn Boyle (12) W			CLRK-AD		
40.64	Y F	50 Free	12/1/2012	Central Valley Swim League Quad Meet	
1:40.85	Y F	100 Free	1/26/2013	Central Valley Swim Meet Quad Meet	
48.75	Y F	50 Back	1/12/2013	Canajoharie Developmental Meet	
1:43.04	Y F	100 Back	12/15/2012	Central Valley Swim League Quad Meet	
1:11.36	Y F	50 Breast	1/12/2013	Canajoharie Developmental Meet	
Colin Brady (15) M			SCHE-AD		
30.71	Y F	50 Free	3/1/2013	AD Silver Short Course Championships	
1:09.54	Y F	100 Free	3/1/2013	AD Silver Short Course Championships	
2:38.18	Y F	200 Free	3/1/2013	AD Silver Short Course Championships	
7:30.09	Y F	500 Free	10/21/2012	2012 Trick or Treat Meet	
1:19.32	Y F	100 Back	3/1/2013	AD Silver Short Course Championships	
3:01.77	Y F	200 Back	3/1/2013	AD Silver Short Course Championships	
1:20.56	Y F	100 Breast	3/1/2013	AD Silver Short Course Championships	
3:02.88	Y F	200 Breast	3/1/2013	AD Silver Short Course Championships	
2:49.18	Y F	200 IM	3/1/2013	AD Silver Short Course Championships	
Dana Samantha Braga (13) W			ALBS-AD		
29.73	Y F	50 Free	3/1/2013	AD Silver Short Course Championships	
33.31	L P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
33.39	S F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:04.41	Y F	100 Free	2/10/2013	2013 Piranhas Pentathlon	
1:14.68	L F	100 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
2:23.13	Y F	200 Free	1/27/2013	Thoroughbred Splash 2013	
2:44.47	L F	200 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
6:28.84	Y F	500 Free	2/23/2013	Cabin Fever Invitational	
33.79	Y F	50 Back	1/4/2013	2013 Starfish Trophy Invitational	
1:11.07	Y F	100 Back	1/4/2013	2013 Starfish Trophy Invitational	
1:23.46	S F	100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:27.47	L P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
2:35.85	Y F	200 Back	12/9/2012	Piranhas December Distance Invite	
3:04.95	L F	200 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
38.74	Y F	50 Breast	1/4/2013	2013 Starfish Trophy Invitational	
1:22.48	Y F	100 Breast	3/1/2013	AD Silver Short Course Championships	
1:30.86	S F	100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:35.29	L F	100 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational	
2:56.95	Y F	200 Breast	3/1/2013	AD Silver Short Course Championships	
3:20.81	L P	200 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
34.28	Y F	50 Fly	12/2/2012	December Super Splash 2012	
1:17.63	Y F	100 Fly	2/10/2013	2013 Piranhas Pentathlon	
1:25.30	S F	100 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:13.60	Y F	100 IM	12/2/2012	December Super Splash 2012	
1:22.55	S F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:40.59	Y F	200 IM	12/9/2012	Piranhas December Distance Invite	
Olivia Brahler (13) W			AMST-AD		
33.32	Y F	50 Free	3/1/2013	AD Silver Short Course Championships	
1:15.46	Y F	100 Free	1/20/2013	Foothills Inv	
2:52.81	Y F	200 Free	3/1/2013	AD Silver Short Course Championships	
40.88	Y F	50 Back	1/4/2013	2013 Starfish Trophy Invitational	
1:25.99	Y F	100 Back	2/9/2013	Central Valley Swim League Championships	
3:13.21	Y F	200 Back	1/26/2013	Central Valley Swim Meet Quad Meet	
47.49	Y F	50 Breast	1/20/2013	Foothills Inv	
1:41.22	Y F	100 Breast	1/12/2013	Canajoharie Developmental Meet	

Individual Top Times

Time	P/F/S	Event			
Olivia Brahler (13) W					
3:46.55	Y	F	200	Breast	1/26/2013 Central Valley Swim Meet Quad Meet
41.12	Y	F	50	Fly	1/20/2013 Foothills Inv
1:37.33	Y	F	100	Fly	3/1/2013 AD Silver Short Course Championships
1:31.78	Y	F	100	IM	1/4/2013 2013 Starfish Trophy Invitational
Conor Brandon (13) M					
29.25	Y	F	50	Free	3/1/2013 AD Silver Short Course Championships
1:04.35	Y	F	100	Free	3/1/2013 AD Silver Short Course Championships
7:01.15	Y	F	500	Free	10/27/2012 IM-Xtremely Spooked
1:14.36	Y	F	100	Back	2/10/2013 2013 Piranhas Pentathlon
2:42.10	Y	F	200	Back	12/9/2012 Piranhas December Distance Invite
1:26.35	Y	F	100	Breast	2/10/2013 2013 Piranhas Pentathlon
3:07.02	Y	F	200	Breast	3/1/2013 AD Silver Short Course Championships
39.03	Y	F	50	Fly	11/10/2012 Pilgrims Pride
1:21.28	Y	F	100	Fly	2/10/2013 2013 Piranhas Pentathlon
3:16.40	Y	F	200	Fly	1/4/2013 2013 Starfish Trophy Invitational
1:20.01	Y	F	100	IM	11/17/2012 Harvest Invitational
2:43.62	Y	F	200	IM	2/10/2013 2013 Piranhas Pentathlon
Quinn Brandon (11) M					
32.68	Y	F	50	Free	3/1/2013 AD Silver Short Course Championships
1:14.59	Y	F	100	Free	2/3/2013 Delmar Dolphins February Freeze Invitational
3:01.37	Y	F	200	Free	10/27/2012 IM-Xtremely Spooked
41.72	Y	F	50	Back	2/23/2013 Cabin Fever Invitational
1:28.86	Y	F	100	Back	3/1/2013 AD Silver Short Course Championships
55.27	Y	F	50	Breast	1/27/2013 Thoroughbred Splash 2013
40.14	Y	F	50	Fly	3/1/2013 AD Silver Short Course Championships
1:29.32	Y	F	100	IM	3/1/2013 AD Silver Short Course Championships
3:23.71	Y	F	200	IM	1/27/2013 Thoroughbred Splash 2013
Julia Brazc (12) W					
44.86	Y	F	50	Free	10/21/2012 2012 Trick or Treat Meet
1:00.10	Y	F	50	Back	10/21/2012 2012 Trick or Treat Meet
Grace Brennan (13) W					
35.81	Y	F	50	Free	3/1/2013 AD Silver Short Course Championships
1:22.56	Y	F	100	Free	3/1/2013 AD Silver Short Course Championships
44.62	Y	F	50	Back	3/1/2013 AD Silver Short Course Championships
2:10.01	Y	F	100	Back	12/15/2012 Central Valley Swim League Quad Meet
48.30	Y	F	50	Breast	2/9/2013 Central Valley Swim League Championships
50.93	Y	F	50	Fly	2/9/2013 Central Valley Swim League Championships
3:57.68	Y	F	200	IM	12/15/2012 Central Valley Swim League Quad Meet
Bailey Brennen (12) W					
37.07	S	F	50	Free	6/2/2013 2013 Starfish Meter Madness - Pentathlon
37.75	L	P	50	Free	7/19/2013 2013 Adirondack Long Course District Champion
38.68	Y	F	50	Free	1/12/2013 Canajoharie Developmental Meet
1:21.42	L	P	100	Free	7/19/2013 2013 Adirondack Long Course District Champion
1:24.99	Y	F	100	Free	1/12/2013 Canajoharie Developmental Meet
3:10.52	L	F	200	Free	6/8/2013 Clinton Cudas Colgate Classic Invitational
41.45	Y	F	50	Back	1/12/2013 Canajoharie Developmental Meet
42.73	S	F	50	Back	6/2/2013 2013 Starfish Meter Madness - Pentathlon
43.52	L	P	50	Back	7/19/2013 2013 Adirondack Long Course District Champion
1:35.26	L	P	100	Back	7/19/2013 2013 Adirondack Long Course District Champion
3:21.08	L	F	200	Back	7/19/2013 2013 Adirondack Long Course District Champion
47.29	L	P	50	Breast	7/19/2013 2013 Adirondack Long Course District Champion
48.44	Y	F	50	Breast	1/12/2013 Canajoharie Developmental Meet
50.18	S	F	50	Breast	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:48.12	L	P	100	Breast	7/19/2013 2013 Adirondack Long Course District Champion
3:48.91	L	F	200	Breast	7/19/2013 2013 Adirondack Long Course District Champion
45.04	S	F	50	Fly	6/2/2013 2013 Starfish Meter Madness - Pentathlon
50.96	L	F	50	Fly	6/8/2013 Clinton Cudas Colgate Classic Invitational
1:36.97	S	F	100	IM	6/2/2013 2013 Starfish Meter Madness - Pentathlon
Victoria Breslin (14) W					

AMST-AD

DELM-AD

DELM-AD

BFIN-AD

CLRK-AD

NHA-AD

SARY-AD

Individual Top Times

Time	P/F/S	Event			
Victoria Breslin (14) W					
					SARY-AD
27.39 Y	P	50 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
1:01.99 Y	F	100 Free	2/9/2013	North Country YMCA Swim League 2013 Champions	
1:13.70 Y	F	100 Back	2/23/2013	Cabin Fever Invitational	
2:46.31 Y	F	200 Back	12/9/2012	Piranhas December Distance Invite	
1:21.11 Y	F	100 Breast	3/1/2013	AD Silver Short Course Championships	
2:59.46 Y	F	200 Breast	1/4/2013	2013 Starfish Trophy Invitational	
2:23.21 Y	F	200 IM	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
5:25.05 Y	F	400 IM	2/9/2013	North Country YMCA Swim League 2013 Champions	
Alyzabeth Bridgham (9) W					
					RAVE-AD
42.25 Y	F	50 Free	2/23/2013	Cabin Fever Invitational	
1:40.97 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
51.16 Y	F	50 Back	2/10/2013	2013 Piranhas Pentathlon	
28.84 Y	F	25 Breast	12/15/2012	Sharks 12&Under Mini-Meet	
59.80 Y	F	50 Breast	2/10/2013	2013 Piranhas Pentathlon	
2:10.30 Y	F	100 Breast	3/1/2013	AD Silver Short Course Championships	
31.72 Y	F	25 Fly	11/10/2012	Pilgrims Pride	
55.84 Y	F	50 Fly	3/1/2013	AD Silver Short Course Championships	
1:51.33 Y	F	100 IM	3/1/2013	AD Silver Short Course Championships	
Jamey Briele (12) W					
					GLOY-AD
47.90 Y	F	50 Free	1/20/2013	Foothills Inv	
58.40 Y	F	50 Back	1/27/2013	North Country League Meet	
56.61 Y	F	50 Breast	1/20/2013	Foothills Inv	
57.17 Y	F	50 Fly	1/20/2013	Foothills Inv	
Patricia Briele (14) W					
					GLOY-AD
40.61 Y	F	50 Free	1/20/2013	Foothills Inv	
1:34.35 Y	F	100 Free	1/27/2013	North Country League Meet	
2:00.87 Y	F	100 Breast	1/20/2013	Foothills Inv	
Benjamin Brkanovic (10) M					
					DELM-AD
34.91 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	
36.74 L	F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
37.59 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:18.62 Y	F	100 Free	1/27/2013	Thoroughbred Splash 2013	
1:20.73 L	F	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:50.72 Y	F	200 Free	3/1/2013	AD Silver Short Course Championships	
2:58.26 L	F	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
6:13.04 L	F	400 Free	7/19/2013	2013 Adirondack Long Course District Champion	
37.87 Y	F	50 Back	3/10/2013	AD Gold Short Course Championships	
40.88 S	F	50 Back	6/15/2013	Piranhas Summer Kick-Off Meet	
41.55 L	F	50 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:31.23 Y	F	100 Back	1/12/2013	Chris Goody IMX Challenge	
1:31.56 L	F	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
47.63 Y	F	50 Breast	3/10/2013	AD Gold Short Course Championships	
48.12 L	F	50 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
50.77 S	F	50 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:43.14 Y	F	100 Breast	3/10/2013	AD Gold Short Course Championships	
1:47.17 L	F	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
52.94 L	F	50 Fly	6/8/2013	Clinton Cudas Colgate Classic Invitational	
Alissa Broder (18) W					
					ALBS-AD
30.52 Y	F	50 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:06.02 Y	F	100 Free	11/10/2012	Pilgrims Pride	
1:19.86 Y	F	100 Back	1/4/2013	2013 Starfish Trophy Invitational	
1:14.72 Y	P	100 Breast	3/10/2013	AD Gold Short Course Championships	
2:41.89 Y	F	200 Breast	3/10/2013	AD Gold Short Course Championships	
2:39.58 Y	F	200 IM	10/21/2012	2012 Trick or Treat Meet	
Emily Broder (15) W					
					ALBS-AD
27.79 Y	P	50 Free	3/10/2013	AD Gold Short Course Championships	
31.72 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
59.07 Y	P	100 Free	3/10/2013	AD Gold Short Course Championships	
2:07.80 Y	P	200 Free	3/10/2013	AD Gold Short Course Championships	

Individual Top Times

Time	P/F/S	Event			
Emily Broder (15) W					
DELM-AD					
2:23.57 L	P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:09.21 Y	F	100 Back	11/10/2012	Pilgrims Pride	
1:21.68 L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:18.53 Y	F	100 Breast	1/4/2013	2013 Starfish Trophy Invitational	
1:30.40 L	P	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
1:10.41 Y	F	100 Fly	1/4/2013	2013 Starfish Trophy Invitational	
2:26.62 Y	P	200 IM	3/10/2013	AD Gold Short Course Championships	
2:45.37 L	P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
Christopher Brodhead (14) M					
TBS-AD					
54.24 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:06.31 L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:21.09 L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
Gary Brodhead (14) M					
TBS-AD					
48.73 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:53.87 L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:18.14 L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
4:43.22 L	P	200 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
Melissa Brodhead (11) W					
TBS-AD					
48.75 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:02.87 L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:07.54 L	P	50 Back	7/19/2013	2013 Adirondack Long Course District Champion	
2:16.90 L	P	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
Reilley Brodt (9) W					
GRGF-AD					
26.51 Y	F	25 Free	11/4/2012	Hometown Splashdown	
54.70 Y	F	50 Free	11/4/2012	Hometown Splashdown	
34.04 Y	F	25 Back	11/4/2012	Hometown Splashdown	
1:01.16 Y	F	50 Back	2/23/2013	Cabin Fever Invitational	
Sienna Brosemer (11) W					
BENN-AD					
36.95 Y	F	50 Free	11/17/2012	Harvest Invitational	
1:23.55 Y	F	100 Free	12/15/2012	Sharks 12&Under Mini-Meet	
46.29 Y	F	50 Back	12/15/2012	Sharks 12&Under Mini-Meet	
1:06.69 Y	F	50 Breast	10/21/2012	2012 Trick or Treat Meet	
45.64 Y	F	50 Fly	11/17/2012	Harvest Invitational	
1:50.45 Y	F	100 IM	12/15/2012	Sharks 12&Under Mini-Meet	
Nicholas Brosnihan (17) M					
UN-AD					
21.86 Y	P	50 Free	2/14/2013	Section II Championships Small	
48.67 Y	F	100 Free	12/15/2012	SHENENDEHOWA Boys SWIMMING & D	
48.67 Y	F	100 Free	12/15/2012	2012 AD SHENENDEHOWA Boys	
1:50.29 Y	P	200 Free	3/10/2013	AD Gold Short Course Championships	
5:27.29 Y	F	500 Free	1/12/2013	Chris Goody IMX Challenge	
27.74 Y L	F	50 Back	3/9/2013	Eastern States League Championships 2013	
58.28 Y	P	100 Back	3/10/2013	AD Gold Short Course Championships	
2:09.30 Y	F	200 Back	12/9/2012	Piranhas December Distance Invite	
1:01.71 Y	F	100 Breast	2/14/2013	Section II Championships Small	
2:26.89 Y	F	200 Breast	12/9/2012	Piranhas December Distance Invite	
56.79 Y	P	100 Fly	3/10/2013	AD Gold Short Course Championships	
2:11.42 Y	F	200 IM	1/12/2013	Chris Goody IMX Challenge	
4:42.95 Y	F	400 IM	12/2/2012	December Super Splash 2012	
Thomas Brosnihan (12) M					
USAM-AD					
27.59 Y	P	50 Free	3/10/2013	AD Gold Short Course Championships	
1:03.12 Y	P	100 Free	3/10/2013	AD Gold Short Course Championships	
2:30.34 Y	F	200 Free	12/2/2012	December Super Splash 2012	
6:26.94 Y	F	500 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
33.68 Y	F	50 Back	3/10/2013	AD Gold Short Course Championships	
1:15.75 Y	F	100 Back	1/4/2013	2013 Starfish Trophy Invitational	
2:36.05 Y	F	200 Back	3/10/2013	AD Gold Short Course Championships	
38.13 Y	F	50 Breast	3/9/2013	Eastern States League Championships 2013	
35.54 Y	F	50 Fly	1/4/2013	2013 Starfish Trophy Invitational	
1:14.38 Y	F	100 IM	3/1/2013	AD Silver Short Course Championships	

Individual Top Times

Time	P/F/S	Event			
Thomas Brosnihan (12) M					
2:47.76 Y	F	200 IM	12/9/2012	Piranhas December Distance Invite	USAM-AD
Alyssa Brower (10) W					
47.36 Y	F	50 Free	3/2/2013	2013 NI - METS - Meet the Flintstones	TBS-AD
1:36.92 Y	F	100 Free	3/2/2013	2013 NI - METS - Meet the Flintstones	
53.80 Y	F	50 Back	3/2/2013	2013 NI - METS - Meet the Flintstones	
Allison Brown (10) W					
34.58 Y	F	50 Free	2/23/2013	Cabin Fever Invitational	SARY-AD
1:15.95 Y	F	100 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
2:47.26 Y	F	200 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
46.28 Y	F	50 Back	11/17/2012	Harvest Invitational	
40.66 Y	F	50 Fly	2/23/2013	Cabin Fever Invitational	
1:29.77 Y	F	100 IM	2/23/2013	Cabin Fever Invitational	
Christy Brown (18) W					
25.24 Y	P	50 Free	11/1/2012	Girls Sec II Division 2 Champ	UN-AD
30.06 L	P	50 Free	3/21/2013	2013 NI - EZ North Region Speedo Ch	
56.61 Y L	F	100 Free	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS	
2:09.35 Y	P	200 Free	3/10/2013	AD Gold Short Course Championships	
2:30.56 L	P	200 Free	3/21/2013	2013 NI - EZ North Region Speedo Ch	
6:07.56 Y	F	500 Free	12/9/2012	Piranhas December Distance Invite	
1:01.64 Y	F	100 Back	11/1/2012	Girls Sec II Division 2 Champ	
1:16.68 L	P	100 Back	3/21/2013	2013 NI - EZ North Region Speedo Ch	
2:18.29 Y	P	200 Back	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS	
1:02.94 Y	P	100 Fly	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS	
1:12.74 L	P	100 Fly	3/21/2013	2013 NI - EZ North Region Speedo Ch	
2:52.62 Y	F	200 Fly	12/9/2012	Piranhas December Distance Invite	
2:23.14 Y	P	200 IM	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS	
5:16.69 Y	F	400 IM	1/12/2013	Chris Goody IMX Challenge	
Emma Brown (12) W					
32.76 Y	F	50 Free	1/27/2013	Thoroughbred Splash 2013	SARY-AD
1:14.09 Y	F	100 Free	2/9/2013	North Country YMCA Swim League 2013 Champions	
44.39 Y	F	50 Breast	2/23/2013	Cabin Fever Invitational	
37.98 Y	F	50 Fly	2/9/2013	North Country YMCA Swim League 2013 Champions	
2:58.85 Y	F	200 IM	2/23/2013	Cabin Fever Invitational	
Emma Brown (15) W					
30.47 S	F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet	UN-AD
31.68 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
58.34 Y	P	100 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
1:07.20 L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:08.90 Y	P	200 Free	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS	
5:16.16 L	F	400 Free	7/19/2013	2013 Adirondack Long Course District Champion	
5:54.23 Y	F	500 Free	1/4/2013	2013 Starfish Trophy Invitational	
30.03 Y L	F	50 Back	2/9/2013	North Country YMCA Swim League 2013 Champions	
1:02.33 Y	F	100 Back	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
1:16.89 S	F	100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:20.20 L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
2:15.67 Y	F	200 Back	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
1:18.72 Y	F	100 Breast	1/4/2013	2013 Starfish Trophy Invitational	
1:28.98 S	F	100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:14.46 S	F	100 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:17.10 L	P	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:20.05 S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:24.94 Y	F	200 IM	2/9/2013	North Country YMCA Swim League 2013 Champions	
2:40.10 S	F	200 IM	6/15/2013	Piranhas Summer Kick-Off Meet	
2:48.95 L	P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
Spencer Brownell (13) M					
29.04 Y	P	50 Free	3/10/2013	AD Gold Short Course Championships	ALBS-AD
31.10 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
31.36 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:08.97 L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	

Individual Top Times

Time	P/F/S	Event				
Spencer Brownell (13) M						
ALBS-AD						
2:30.94	Y	F	200	Free	10/21/2012 2012 Trick or Treat Meet	
2:34.43	L	P	200	Free	7/19/2013 2013 Adirondack Long Course District Champion	
5:25.46	L	F	400	Free	7/19/2013 2013 Adirondack Long Course District Champion	
6:17.57	Y	F	500	Free	3/10/2013 AD Gold Short Course Championships	
33.27	Y	F	50	Back	3/10/2013 AD Gold Short Course Championships	
1:10.15	Y	P	100	Back	3/10/2013 AD Gold Short Course Championships	
1:18.55	S	F	100	Back	6/2/2013 2013 Starfish Meter Madness - Pentathlon	
1:20.21	L	L	F	100	Back	7/19/2013 2013 Adirondack Long Course District Champion
2:53.20	L	P	200	Back	7/19/2013 2013 Adirondack Long Course District Champion	
39.81	Y	P	50	Breast	3/10/2013 AD Gold Short Course Championships	
1:32.80	S	F	100	Breast	6/2/2013 2013 Starfish Meter Madness - Pentathlon	
31.61	Y	F	50	Fly	3/10/2013 AD Gold Short Course Championships	
1:11.91	Y	F	100	Fly	3/10/2013 AD Gold Short Course Championships	
1:16.01	S	F	100	Fly	6/2/2013 2013 Starfish Meter Madness - Pentathlon	
1:19.43	L	P	100	Fly	7/19/2013 2013 Adirondack Long Course District Champion	
3:03.79	L	P	200	Fly	7/19/2013 2013 Adirondack Long Course District Champion	
1:15.07	Y	F	100	IM	1/4/2013 2013 Starfish Trophy Invitational	
1:20.65	S	F	100	IM	6/2/2013 2013 Starfish Meter Madness - Pentathlon	
2:35.33	Y	F	200	IM	3/10/2013 AD Gold Short Course Championships	
2:48.79	L	P	200	IM	7/19/2013 2013 Adirondack Long Course District Champion	
Isabella Brown (10) W						
WAVE-AD						
33.19	Y	F	50	Free	1/27/2013 Thoroughbred Splash 2013	
1:10.62	Y	F	100	Free	3/10/2013 AD Gold Short Course Championships	
38.50	Y	F	50	Back	3/10/2013 AD Gold Short Course Championships	
40.56	Y	F	50	Breast	3/10/2013 AD Gold Short Course Championships	
1:35.26	Y	F	100	Breast	12/7/2012 2012 NE UVAC Winter Classic	
35.27	Y	F	50	Fly	3/10/2013 AD Gold Short Course Championships	
1:19.33	Y	F	100	IM	3/10/2013 AD Gold Short Course Championships	
Lydia Brown (13) W						
WAVE-AD						
30.87	Y	F	50	Free	10/21/2012 2012 Trick or Treat Meet	
1:18.70	Y	F	100	Fly	10/21/2012 2012 Trick or Treat Meet	
2:52.70	Y	F	200	IM	10/21/2012 2012 Trick or Treat Meet	
Nicholas Brown (10) M						
GRGF-AD						
40.79	Y	F	50	Free	1/4/2013 2013 Starfish Trophy Invitational	
48.09	Y	F	50	Back	3/1/2013 AD Silver Short Course Championships	
1:00.46	Y	F	50	Breast	1/27/2013 Thoroughbred Splash 2013	
Samuel Brown (9) M						
UN-AD						
16.34	Y	F	25	Free	11/17/2012 Harvest Invitational	
33.12	Y	F	50	Free	2/9/2013 North Country YMCA Swim League 2013 Champions	
37.76	L	F	50	Free	7/19/2013 2013 Adirondack Long Course District Champion	
1:12.81	Y	F	100	Free	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship	
1:24.68	L	F	100	Free	7/19/2013 2013 Adirondack Long Course District Champion	
3:10.07	L	F	200	Free	7/19/2013 2013 Adirondack Long Course District Champion	
41.43	Y	F	50	Back	1/4/2013 2013 Starfish Trophy Invitational	
47.48	L	F	50	Back	7/19/2013 2013 Adirondack Long Course District Champion	
54.51	L	F	50	Breast	7/19/2013 2013 Adirondack Long Course District Champion	
17.27	Y	F	25	Fly	2/9/2013 North Country YMCA Swim League 2013 Champions	
38.88	Y	F	50	Fly	1/4/2013 2013 Starfish Trophy Invitational	
45.11	L	F	50	Fly	7/19/2013 2013 Adirondack Long Course District Champion	
1:43.62	L	F	100	Fly	7/19/2013 2013 Adirondack Long Course District Champion	
1:20.99	Y	F	100	IM	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship	
3:39.94	L	F	200	IM	7/19/2013 2013 Adirondack Long Course District Champion	
Tori Brown (11) W						
GRGF-AD						
1:36.61	Y	F	100	Free	11/4/2012 Hometown Splashdown	
51.12	Y	F	50	Back	11/4/2012 Hometown Splashdown	
Wyatt Brown (12) M						
WAVE-AD						
29.58	Y	F	50	Free	11/10/2012 Pilgrims Pride	
1:02.23	Y	P	100	Free	3/10/2013 AD Gold Short Course Championships	
2:29.55	Y	F	200	Free	1/27/2013 Thoroughbred Splash 2013	

Individual Top Times

Time	P/F/S	Event			
Wyatt Brown (12) M					
31.68 Y	P	50 Back	3/10/2013	AD Gold Short Course Championships	WAVE-AD
1:19.40 Y	F	100 Back	12/7/2012	2012 NE UVAC Winter Classic	
37.66 Y	F	50 Breast	1/27/2013	Thoroughbred Splash 2013	
1:12.29 Y	P	100 IM	3/10/2013	AD Gold Short Course Championships	
2:51.87 Y	F	200 IM	1/27/2013	Thoroughbred Splash 2013	
Zachary Brown (12) M					
30.54 Y	P	50 Free	3/10/2013	AD Gold Short Course Championships	GRGF-AD
34.81 Y	P	50 Back	3/10/2013	AD Gold Short Course Championships	
38.35 Y	P	50 Breast	3/10/2013	AD Gold Short Course Championships	
1:25.49 Y	P	100 Breast	3/10/2013	AD Gold Short Course Championships	
1:17.87 Y	F	100 IM	2/23/2013	Cabin Fever Invitational	
Cameron Brunson (11) M					
47.26 Y	F	50 Free	1/12/2013	Chris Goody Mini-Meet	SCHE-AD
1:40.44 Y	F	100 Free	1/27/2013	Thoroughbred Splash 2013	
54.68 Y	F	50 Back	1/12/2013	Chris Goody Mini-Meet	
1:08.08 Y	F	50 Breast	2/23/2013	Cabin Fever Invitational	
Reyers Brusoe (16) M					
28.10 Y	F	50 Free	1/4/2013	2013 Starfish Trophy Invitational	GUY-AD
32.40 L	F	50 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
59.96 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
2:16.87 Y	F	200 Free	12/2/2012	December Super Splash 2012	
12:36.05 Y	F	1000 Free	12/2/2012	December Super Splash 2012	
21:48.72 Y	F	1650 Free	1/4/2013	2013 Starfish Trophy Invitational	
1:10.92 Y	F	100 Back	1/4/2013	2013 Starfish Trophy Invitational	
1:28.28 L	F	100 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
2:33.42 Y	F	200 Back	1/4/2013	2013 Starfish Trophy Invitational	
1:21.80 Y	F	100 Breast	1/4/2013	2013 Starfish Trophy Invitational	
3:01.60 Y	F	200 Breast	1/4/2013	2013 Starfish Trophy Invitational	
1:07.32 Y	F	100 Fly	2/3/2013	Delmar Dolphins February Freeze Invitational	
2:32.08 Y	F	200 Fly	1/4/2013	2013 Starfish Trophy Invitational	
3:07.24 L	F	200 Fly	6/8/2013	Clinton Cudas Colgate Classic Invitational	
2:31.37 Y	F	200 IM	12/2/2012	December Super Splash 2012	
3:07.05 L	F	200 IM	6/8/2013	Clinton Cudas Colgate Classic Invitational	
5:42.10 Y	F	400 IM	10/27/2012	IM-Xtremely Spooked	
Lydia Brutvan (10) W					
35.85 Y	F	50 Free	3/10/2013	AD Gold Short Course Championships	HAWK-AD
37.77 L	F	50 Free	7/12/2013	Hawks Summer Invitational 2013	
1:21.34 Y	F	100 Free	11/10/2012	Pilgrims Pride	
1:24.13 L	F	100 Free	7/12/2013	Hawks Summer Invitational 2013	
3:11.28 L	F	200 Free	7/12/2013	Hawks Summer Invitational 2013	
39.59 Y	F	50 Back	3/10/2013	AD Gold Short Course Championships	
42.33 L	F	50 Back	7/12/2013	Hawks Summer Invitational 2013	
1:26.82 Y	F	100 Back	1/25/2013	Hawks Trials And Finals 2013	
1:35.54 L	F	100 Back	7/12/2013	Hawks Summer Invitational 2013	
3:19.44 L	F	200 Back	7/12/2013	Hawks Summer Invitational 2013	
47.62 Y	F	50 Breast	1/25/2013	Hawks Trials And Finals 2013	
53.65 L	F	50 Breast	7/12/2013	Hawks Summer Invitational 2013	
1:41.68 Y	F	100 Breast	3/10/2013	AD Gold Short Course Championships	
1:50.29 L	F	100 Breast	7/12/2013	Hawks Summer Invitational 2013	
41.37 Y	F	50 Fly	1/25/2013	Hawks Trials And Finals 2013	
44.80 L	F	50 Fly	7/12/2013	Hawks Summer Invitational 2013	
1:38.36 Y	F	100 Fly	1/25/2013	Hawks Trials And Finals 2013	
1:49.03 L	F	100 Fly	7/12/2013	Hawks Summer Invitational 2013	
1:27.10 Y	F	100 IM	3/10/2013	AD Gold Short Course Championships	
3:09.13 Y	F	200 IM	1/25/2013	Hawks Trials And Finals 2013	
3:21.96 L	F	200 IM	7/12/2013	Hawks Summer Invitational 2013	
7:20.03 L	F	400 IM	7/12/2013	Hawks Summer Invitational 2013	
Emily Brzac (13) W					
30.00 Y	F	50 Free	1/4/2013	2013 Starfish Trophy Invitational	BFIN-AD

Individual Top Times

Time	P/F/S	Event			
Emily Brzac (13) W			BFIN-AD		
33.01 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:03.59 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
1:11.61 L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:16.72 Y	F	200 Free	3/1/2013	AD Silver Short Course Championships	
2:41.28 L	P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
5:48.70 L	F	400 Free	7/19/2013	2013 Adirondack Long Course District Champion	
6:19.99 Y	F	500 Free	2/23/2013	Cabin Fever Invitational	
35.89 Y	F	50 Back	10/21/2012	2012 Trick or Treat Meet	
1:15.41 Y	F	100 Back	1/27/2013	Thoroughbred Splash 2013	
1:24.72 L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
2:34.50 Y	F	200 Back	3/1/2013	AD Silver Short Course Championships	
3:07.37 L	P	200 Back	7/19/2013	2013 Adirondack Long Course District Champion	
43.62 Y	F	50 Breast	10/21/2012	2012 Trick or Treat Meet	
1:28.99 Y	F	100 Breast	3/1/2013	AD Silver Short Course Championships	
1:37.43 L	P	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
3:07.05 Y	F	200 Breast	3/1/2013	AD Silver Short Course Championships	
3:29.44 L	F	200 Breast	7/12/2013	Hawks Summer Invitational 2013	
34.60 Y	F	50 Fly	11/10/2012	Pilgrims Pride	
1:18.16 Y	F	100 Fly	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:35.12 L	F	100 Fly	7/12/2013	Hawks Summer Invitational 2013	
2:58.62 Y	F	200 Fly	1/12/2013	Chris Goody IMX Challenge	
1:18.98 Y	F	100 IM	10/21/2012	2012 Trick or Treat Meet	
2:36.93 Y	F	200 IM	3/1/2013	AD Silver Short Course Championships	
3:04.30 L	P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
5:44.41 Y	F	400 IM	3/1/2013	AD Silver Short Course Championships	
6:38.08 L	F	400 IM	7/12/2013	Hawks Summer Invitational 2013	
Julia Brzac (12) W			BFIN-AD		
39.20 Y	F	50 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
47.57 Y	F	50 Back	2/23/2013	Cabin Fever Invitational	
49.14 Y	F	50 Breast	3/1/2013	AD Silver Short Course Championships	
49.78 Y	F	50 Fly	3/1/2013	AD Silver Short Course Championships	
1:41.62 Y	F	100 IM	3/1/2013	AD Silver Short Course Championships	
Aron Buchas (9) M			BSPA-AD		
26.24 Y	F	25 Free	2/23/2013	Cabin Fever Invitational	
1:15.78 Y	F	50 Free	11/17/2012	Harvest Invitational	
31.14 Y	F	25 Back	1/12/2013	Chris Goody Mini-Meet	
Nadia Budrakey (9) W			ALBS-AD		
1:05.47 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	
1:10.30 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:05.96 Y	F	50 Back	11/17/2012	Harvest Invitational	
1:07.31 S	F	50 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
Timothy Buff Jr. (17) M			BFIN-AD		
23.81 Y L	F	50 Free	3/10/2013	AD Gold Short Course Championships	
27.86 L	F	50 Free	7/12/2013	Hawks Summer Invitational 2013	
50.04 Y	F	100 Free	3/28/2013	2013 Eastern Zone SC Swimming Championships	
59.97 L	F	100 Free	7/12/2013	Hawks Summer Invitational 2013	
1:46.99 Y	F	200 Free	2/14/2013	Section II Championships Large	
2:05.96 L	F	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
4:27.74 L	F	400 Free	7/19/2013	2013 Adirondack Long Course District Champion	
4:49.40 Y	P	500 Free	3/28/2013	2013 Eastern Zone SC Swimming Championships	
25.62 Y	F	50 Back	2/14/2013	Section II Championships Large	
25.62 Y	F	50 Back	3/1/2013	2013 NI - OB - NYS Federation	
54.27 Y	F	100 Back	3/28/2013	2013 Eastern Zone SC Swimming Championships	
1:05.99 L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:56.34 Y	F	200 Back	3/28/2013	2013 Eastern Zone SC Swimming Championships	
2:18.52 L	F	200 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:01.60 Y	F	100 Breast	3/28/2013	2013 Eastern Zone SC Swimming Championships	
1:11.75 L	F	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
2:18.84 Y	P	200 Breast	3/10/2013	AD Gold Short Course Championships	
2:40.04 L	P	200 Breast	7/19/2013	2013 Adirondack Long Course District Champion	

Individual Top Times

Time	P/F/S	Event			
Timothy Buff Jr. (17) M					
					BFIN-AD
59.73 Y	F	100 Fly	10/21/2012	2012 Trick or Treat Meet	
1:11.54 L	F	100 Fly	7/12/2013	Hawks Summer Invitational 2013	
2:11.51 Y	F	200 Fly	1/4/2013	2013 Starfish Trophy Invitational	
2:48.41 L	F	200 Fly	7/12/2013	Hawks Summer Invitational 2013	
2:02.62 Y	F	200 IM	3/10/2013	AD Gold Short Course Championships	
2:24.76 L	F	200 IM	7/12/2013	Hawks Summer Invitational 2013	
4:10.72 Y	F	400 IM	3/28/2013	2013 Eastern Zone SC Swimming Championships	
5:10.19 L	F	400 IM	7/12/2013	Hawks Summer Invitational 2013	
Nicholas Buff (15) M					
					BFIN-AD
25.46 Y	P	50 Free	3/10/2013	AD Gold Short Course Championships	
55.21 Y	P	100 Free	3/10/2013	AD Gold Short Course Championships	
1:58.38 Y	F	200 Free	3/10/2013	AD Gold Short Course Championships	
5:27.68 Y	F	500 Free	12/9/2012	Piranhas December Distance Invite	
57.54 Y	F	100 Back	2/14/2013	Section II Championships Large	
2:08.23 Y	F	200 Back	3/10/2013	AD Gold Short Course Championships	
1:11.23 Y	F	100 Breast	3/10/2013	AD Gold Short Course Championships	
2:34.38 Y	F	200 Breast	3/10/2013	AD Gold Short Course Championships	
2:09.21 Y	F	200 IM	2/14/2013	Section II Championships Large	
Grant Bullis (17) M					
					SCHE-AD
28.32 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
53.93 Y	P	100 Free	3/10/2013	AD Gold Short Course Championships	
1:00.04 L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:00.23 Y	P	100 Back	3/10/2013	AD Gold Short Course Championships	
35.02 L	F	50 Breast	6/20/2013	TWST Senior Invitational	
1:04.05 Y	P	100 Breast	3/10/2013	AD Gold Short Course Championships	
1:14.59 L	F	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
2:40.68 L	F	200 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
58.22 Y	P	100 Fly	3/10/2013	AD Gold Short Course Championships	
1:04.65 L	P	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
2:22.89 L	P	200 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
2:05.47 Y	F	200 IM	3/10/2013	AD Gold Short Course Championships	
2:25.43 L	P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
5:04.61 L	F	400 IM	7/19/2013	2013 Adirondack Long Course District Champion	
Medha Bulumulla (11) W					
					ALBS-AD
38.73 Y	F	50 Free	12/2/2012	December Super Splash 2012	
41.79 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
43.91 S	F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
1:31.18 Y	F	100 Free	12/2/2012	December Super Splash 2012	
1:41.55 L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:42.64 S	F	100 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
45.86 Y	F	50 Back	2/3/2013	Delmar Dolphins February Freeze Invitational	
47.81 L	P	50 Back	7/19/2013	2013 Adirondack Long Course District Champion	
47.89 S	F	50 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:48.06 L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:48.59 Y	F	100 Back	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:50.43 S	F	100 Back	6/15/2013	Piranhas Summer Kick-Off Meet	
1:01.62 Y	F	50 Breast	1/27/2013	Thoroughbred Splash 2013	
1:03.45 S	F	50 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
56.65 Y	F	50 Fly	3/1/2013	AD Silver Short Course Championships	
1:04.33 S	F	50 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:50.92 Y	F	100 IM	1/4/2013	2013 Starfish Trophy Invitational	
1:59.14 S	F	100 IM	6/15/2013	Piranhas Summer Kick-Off Meet	
Vidhu Bulumulla (8) M					
					ALBS-AD
33.80 Y	F	25 Free	11/17/2012	Harvest Invitational	
33.97 S	F	25 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:11.93 S	F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
1:11.98 L	F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:13.98 Y	F	50 Free	2/10/2013	2013 Piranhas Pentathlon	
33.53 S	F	25 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
36.25 Y	F	25 Back	11/17/2012	Harvest Invitational	

Individual Top Times

Time	P/F/S	Event			
Vidhu Bulumulla (8) M			ALBS-AD		
1:16.40	Y	F	50	Back	3/1/2013 AD Silver Short Course Championships
1:18.68	L	F	50	Back	7/19/2013 2013 Adirondack Long Course District Champion
1:23.25	S	F	50	Back	6/15/2013 Piranhas Summer Kick-Off Meet
Gillian Burch (12) W			RAVE-AD		
32.69	Y	F	50	Free	3/1/2013 AD Silver Short Course Championships
35.74	L	P	50	Free	7/19/2013 2013 Adirondack Long Course District Champion
1:08.31	Y	F	100	Free	3/1/2013 AD Silver Short Course Championships
1:16.58	L	P	100	Free	7/19/2013 2013 Adirondack Long Course District Champion
2:48.54	L	F	200	Free	7/12/2013 Hawks Summer Invitational 2013
6:33.61	Y	F	500	Free	3/10/2013 AD Gold Short Course Championships
37.64	Y	F	50	Back	3/1/2013 AD Silver Short Course Championships
1:17.07	Y	F	100	Back	3/1/2013 AD Silver Short Course Championships
1:29.89	L	P	100	Back	7/19/2013 2013 Adirondack Long Course District Champion
42.26	Y	P	50	Breast	3/10/2013 AD Gold Short Course Championships
44.38	L	P	50	Breast	7/19/2013 2013 Adirondack Long Course District Champion
1:28.15	Y	P	100	Breast	3/10/2013 AD Gold Short Course Championships
1:38.08	L	P	100	Breast	7/19/2013 2013 Adirondack Long Course District Champion
3:27.69	L	F	200	Breast	7/19/2013 2013 Adirondack Long Course District Champion
36.35	Y	F	50	Fly	3/1/2013 AD Silver Short Course Championships
37.71	L	P	50	Fly	7/19/2013 2013 Adirondack Long Course District Champion
1:18.03	Y	P	100	Fly	3/10/2013 AD Gold Short Course Championships
1:20.11	Y	F	100	IM	3/1/2013 AD Silver Short Course Championships
2:42.67	Y	F	200	IM	3/1/2013 AD Silver Short Course Championships
3:02.48	L	P	200	IM	7/19/2013 2013 Adirondack Long Course District Champion
Jennifer Burch (10) W			CLRK-AD		
49.72	Y	F	50	Free	3/1/2013 AD Silver Short Course Championships
1:53.85	Y	F	100	Free	3/1/2013 AD Silver Short Course Championships
52.89	Y	F	50	Back	2/9/2013 Central Valley Swim League Championships
Madison Burda (11) W			HAWK-AD		
34.31	Y	F	50	Free	3/10/2013 AD Gold Short Course Championships
1:23.21	Y	F	100	Free	11/10/2012 Pilgrims Pride
1:30.20	L	F	100	Free	7/12/2013 Hawks Summer Invitational 2013
3:27.65	L	F	200	Free	7/12/2013 Hawks Summer Invitational 2013
40.56	Y	F	50	Back	3/10/2013 AD Gold Short Course Championships
1:31.61	Y	F	100	Back	3/10/2013 AD Gold Short Course Championships
1:45.79	L	F	100	Back	7/12/2013 Hawks Summer Invitational 2013
44.39	Y	F	50	Breast	3/10/2013 AD Gold Short Course Championships
53.14	L	F	50	Breast	7/12/2013 Hawks Summer Invitational 2013
1:33.30	Y	F	100	Breast	3/10/2013 AD Gold Short Course Championships
1:47.63	L	F	100	Breast	7/12/2013 Hawks Summer Invitational 2013
40.03	Y	F	50	Fly	3/10/2013 AD Gold Short Course Championships
44.30	L	F	50	Fly	7/12/2013 Hawks Summer Invitational 2013
1:30.76	Y	F	100	Fly	3/10/2013 AD Gold Short Course Championships
1:49.39	L	F	100	Fly	7/12/2013 Hawks Summer Invitational 2013
1:26.55	Y	F	100	IM	3/10/2013 AD Gold Short Course Championships
3:05.37	Y	F	200	IM	3/10/2013 AD Gold Short Course Championships
3:28.24	L	F	200	IM	7/12/2013 Hawks Summer Invitational 2013
Eric Burdge (16) M			CPP-AD		
25.89	S	F	50	Free	6/15/2013 Piranhas Summer Kick-Off Meet
49.33	Y	F	100	Free	2/14/2013 Section II Championships Large
1:46.38	Y	F	200	Free	2/14/2013 Section II Championships Large
2:06.26	S	F	200	Free	6/15/2013 Piranhas Summer Kick-Off Meet
2:11.00	L	P	200	Free	3/21/2013 2013 NI - EZ North Region Speedo Ch
19:06.36	Y	F	1650	Free	12/9/2012 Piranhas December Distance Invite
1:08.54	S	F	100	Back	6/15/2013 Piranhas Summer Kick-Off Meet
2:16.05	Y	F	200	Back	12/9/2012 Piranhas December Distance Invite
57.18	Y	F	100	Fly	3/10/2013 AD Gold Short Course Championships
1:06.33	L	P	100	Fly	3/21/2013 2013 NI - EZ North Region Speedo Ch
1:06.65	S	F	100	Fly	6/15/2013 Piranhas Summer Kick-Off Meet
2:13.02	Y	F	200	Fly	12/9/2012 Piranhas December Distance Invite

Individual Top Times

Time	P/F/S	Event				
Eric Burdge (16) M						
2:14.77	Y	F	200	IM	12/9/2012	Piranhas December Distance Invite
4:37.94	Y	F	400	IM	3/10/2013	AD Gold Short Course Championships
Amy Burdick (11) W						
38.43	Y	F	50	Free	10/20/2012	Ravena Autumn Breeze 2012
42.87	Y	F	50	Back	10/20/2012	Ravena Autumn Breeze 2012
48.61	Y	F	50	Breast	10/20/2012	Ravena Autumn Breeze 2012
1:33.84	Y	F	100	IM	10/20/2012	Ravena Autumn Breeze 2012
Angelina Burgy (13) W						
37.09	Y	F	50	Back	3/2/2013	2013 NI - METS - Meet the Flintstones
42.23	Y	F	50	Breast	3/2/2013	2013 NI - METS - Meet the Flintstones
Benjamin Burgy (10) M						
36.05	Y	F	50	Free	3/2/2013	2013 NI - METS - Meet the Flintstones
43.21	Y	F	50	Back	3/2/2013	2013 NI - METS - Meet the Flintstones
58.99	Y	F	50	Fly	3/2/2013	2013 NI - METS - Meet the Flintstones
Grace Burhans (10) W						
38.65	Y	F	50	Free	3/1/2013	AD Silver Short Course Championships
1:28.77	Y	F	100	Free	12/15/2012	Sharks 12&Under Mini-Meet
47.34	Y	F	50	Back	2/10/2013	2013 Piranhas Pentathlon
56.81	Y	F	50	Breast	12/2/2012	December Super Splash 2012
47.49	Y	F	50	Fly	3/1/2013	AD Silver Short Course Championships
1:40.70	Y	F	100	IM	3/1/2013	AD Silver Short Course Championships
Emma Burke (9) W						
37.89	Y	F	50	Free	3/1/2013	AD Silver Short Course Championships
39.66	L	F	50	Free	7/19/2013	2013 Adirondack Long Course District Champion
41.35	S	F	50	Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:27.64	L	F	100	Free	7/19/2013	2013 Adirondack Long Course District Champion
1:33.07	Y	F	100	Free	2/23/2013	Cabin Fever Invitational
3:17.57	L	F	200	Free	6/8/2013	Clinton Cudas Colgate Classic Invitational
44.70	Y	F	50	Back	3/1/2013	AD Silver Short Course Championships
47.27	S	F	50	Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon
49.90	L	F	50	Back	7/19/2013	2013 Adirondack Long Course District Champion
1:37.38	L	F	100	Back	7/19/2013	2013 Adirondack Long Course District Champion
1:42.55	Y	F	100	Back	2/23/2013	Cabin Fever Invitational
53.97	L	F	50	Breast	7/19/2013	2013 Adirondack Long Course District Champion
56.03	S	F	50	Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon
2:09.95	L	F	100	Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational
49.75	L	F	50	Fly	7/19/2013	2013 Adirondack Long Course District Champion
49.98	S	F	50	Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon
52.45	Y	F	50	Fly	2/23/2013	Cabin Fever Invitational
1:47.06	S	F	100	IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon
3:36.40	L	F	200	IM	7/19/2013	2013 Adirondack Long Course District Champion
Joshua Burke (10) M						
48.50	Y	F	50	Free	11/10/2012	Pilgrims Pride
1:06.01	Y	F	50	Fly	11/10/2012	Pilgrims Pride
Karl Burkert (12) M						
34.27	Y	F	50	Free	1/12/2013	Chris Goody Mini-Meet
1:19.15	Y	F	100	Free	3/1/2013	AD Silver Short Course Championships
2:52.24	Y	F	200	Free	12/2/2012	December Super Splash 2012
7:37.67	Y	F	500	Free	12/9/2012	Piranhas December Distance Invite
42.55	Y	F	50	Back	1/12/2013	Chris Goody Mini-Meet
47.09	Y	F	50	Breast	1/12/2013	Chris Goody Mini-Meet
42.25	Y	F	50	Fly	3/1/2013	AD Silver Short Course Championships
1:28.11	Y	F	100	IM	1/12/2013	Chris Goody Mini-Meet
Heather Burton (12) W						
31.92	Y	F	50	Free	1/4/2013	2013 Starfish Trophy Invitational
1:12.69	Y	F	100	Free	2/3/2013	Delmar Dolphins February Freeze Invitational
7:05.79	Y	F	500	Free	2/3/2013	Delmar Dolphins February Freeze Invitational
39.43	Y	F	50	Back	1/4/2013	2013 Starfish Trophy Invitational
1:22.15	Y	F	100	Back	2/3/2013	Delmar Dolphins February Freeze Invitational

Individual Top Times

Time	P/F/S	Event			
Heather Burton (12) W					
3:04.94	Y	F	200	Back	12/9/2012 Piranhas December Distance Invite
46.28	Y	F	50	Breast	2/10/2013 2013 Piranhas Pentathlon
1:40.13	Y	F	100	Breast	11/10/2012 Pilgrims Pride
35.01	Y	F	50	Fly	2/10/2013 2013 Piranhas Pentathlon
1:20.15	Y	F	100	IM	2/10/2013 2013 Piranhas Pentathlon
3:11.28	Y	F	200	IM	12/9/2012 Piranhas December Distance Invite
Hollie Burton (14) W					
30.57	Y	F	50	Free	3/1/2013 AD Silver Short Course Championships
1:08.28	Y	F	100	Free	1/4/2013 2013 Starfish Trophy Invitational
1:18.97	Y	F	100	Back	2/10/2013 2013 Piranhas Pentathlon
2:53.00	Y	F	200	Back	12/9/2012 Piranhas December Distance Invite
1:37.81	Y	F	100	Breast	3/1/2013 AD Silver Short Course Championships
3:25.03	Y	F	200	Breast	12/9/2012 Piranhas December Distance Invite
2:53.31	Y	F	200	IM	2/10/2013 2013 Piranhas Pentathlon
Georgia Burt (9) W					
19.70	Y	F	25	Free	11/10/2012 Pilgrims Pride
39.62	Y	F	50	Free	3/9/2013 Eastern States League Championships 2013
44.63	L	F	50	Free	7/12/2013 Hawks Summer Invitational 2013
1:38.79	Y	F	100	Free	1/4/2013 2013 Starfish Trophy Invitational
1:55.28	L	F	100	Free	7/12/2013 Hawks Summer Invitational 2013
4:05.08	Y	F	200	Free	10/27/2012 IM-Xtremely Spooked
4:10.32	L	F	200	Free	5/3/2013 2013 MR Condors May Meters Matter
24.89	Y	F	25	Back	11/10/2012 Pilgrims Pride
46.21	Y	F	50	Back	3/9/2013 Eastern States League Championships 2013
53.67	L	F	50	Back	6/8/2013 Clinton Cudas Colgate Classic Invitational
1:49.72	Y	F	100	Back	3/1/2013 AD Silver Short Course Championships
1:57.25	L	F	100	Back	5/3/2013 2013 MR Condors May Meters Matter
1:04.31	Y	F	50	Breast	1/4/2013 2013 Starfish Trophy Invitational
1:11.07	L	F	50	Breast	7/12/2013 Hawks Summer Invitational 2013
2:36.80	L	F	100	Breast	7/12/2013 Hawks Summer Invitational 2013
50.65	Y	F	50	Fly	1/12/2013 Chris Goody Mini-Meet
59.80	L	F	50	Fly	7/12/2013 Hawks Summer Invitational 2013
2:26.22	L	F	100	Fly	7/19/2013 2013 Adirondack Long Course District Champion
1:51.31	Y	F	100	IM	1/12/2013 Chris Goody Mini-Meet
4:50.66	L	F	200	IM	5/3/2013 2013 MR Condors May Meters Matter
Emily Bushey (18) W					
1:12.63	Y	F	100	Breast	11/1/2012 2012 NI - Ob - Section 3 Class A-B-C Champs 2
2:22.34	Y	F	200	IM	11/1/2012 2012 NI - Ob - Section 3 Class A-B-C Champs 2
Evelyn Bushway (11) W					
36.11	Y	F	50	Free	3/10/2013 AD Gold Short Course Championships
38.42	L	P	50	Free	7/19/2013 2013 Adirondack Long Course District Champion
1:21.06	Y	F	100	Free	3/1/2013 AD Silver Short Course Championships
1:24.46	L	F	100	Free	6/8/2013 Clinton Cudas Colgate Classic Invitational
2:44.54	Y	F	200	Free	3/10/2013 AD Gold Short Course Championships
2:56.31	L	F	200	Free	6/8/2013 Clinton Cudas Colgate Classic Invitational
6:05.14	L	F	400	Free	7/19/2013 2013 Adirondack Long Course District Champion
42.12	Y	F	50	Back	1/4/2013 2013 Starfish Trophy Invitational
47.19	L	F	50	Back	6/8/2013 Clinton Cudas Colgate Classic Invitational
1:29.34	Y	F	100	Back	3/10/2013 AD Gold Short Course Championships
1:36.97	L	P	100	Back	7/19/2013 2013 Adirondack Long Course District Champion
44.56	Y	F	50	Breast	3/10/2013 AD Gold Short Course Championships
46.47	L	P	50	Breast	7/19/2013 2013 Adirondack Long Course District Champion
1:34.67	Y	F	100	Breast	1/4/2013 2013 Starfish Trophy Invitational
1:42.17	L	P	100	Breast	7/19/2013 2013 Adirondack Long Course District Champion
44.27	Y	F	50	Fly	3/1/2013 AD Silver Short Course Championships
50.30	L	F	50	Fly	6/8/2013 Clinton Cudas Colgate Classic Invitational
1:28.75	Y	F	100	IM	3/10/2013 AD Gold Short Course Championships
3:04.68	Y	F	200	IM	3/10/2013 AD Gold Short Course Championships
3:13.04	L	P	200	IM	7/19/2013 2013 Adirondack Long Course District Champion

CPP-AD

CPP-AD

EELS-AD

UN-AD

ALBS-AD

Individual Top Times

Time	P/F/S	Event			
Isabel Bushway (12) W			ALBS-AD		
29.98 Y	F	50 Free	12/2/2012	December Super Splash 2012	
34.35 L	F	50 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:08.56 Y	F	100 Free	11/10/2012	Pilgrims Pride	
1:12.25 L	F	100 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
2:14.85 Y	F	200 Free	3/10/2013	AD Gold Short Course Championships	
2:30.72 L	F	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
5:23.61 L	F	400 Free	7/19/2013	2013 Adirondack Long Course District Champion	
6:00.34 Y	F	500 Free	3/10/2013	AD Gold Short Course Championships	
33.99 Y	P	50 Back	3/10/2013	AD Gold Short Course Championships	
39.22 L	F	50 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:10.64 Y	P	100 Back	3/10/2013	AD Gold Short Course Championships	
1:18.64 L	F	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
2:27.06 Y	F	200 Back	3/10/2013	AD Gold Short Course Championships	
2:49.73 L	F	200 Back	7/19/2013	2013 Adirondack Long Course District Champion	
38.81 Y	F	50 Breast	2/10/2013	2013 Piranhas Pentathlon	
43.83 L	F	50 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:19.26 Y	P	100 Breast	3/10/2013	AD Gold Short Course Championships	
1:31.69 L	P	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
2:47.89 Y	F	200 Breast	3/10/2013	AD Gold Short Course Championships	
3:10.94 L	F	200 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
34.00 Y	F	50 Fly	2/10/2013	2013 Piranhas Pentathlon	
1:18.09 Y	F	100 Fly	2/23/2013	Cabin Fever Invitational	
1:13.52 Y	P	100 IM	3/10/2013	AD Gold Short Course Championships	
2:31.64 Y	P	200 IM	3/10/2013	AD Gold Short Course Championships	
2:51.36 L	P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
Lillian Bushway (11) W			ALBS-AD		
32.08 Y	F	50 Free	2/23/2013	Cabin Fever Invitational	
35.95 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:08.59 Y	F	100 Free	3/10/2013	AD Gold Short Course Championships	
1:18.42 L	F	100 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
2:25.12 Y	F	200 Free	3/28/2013	2013 Eastern Zone SC Swimming Championships	
2:45.83 L	P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
5:47.43 L	F	400 Free	7/19/2013	2013 Adirondack Long Course District Champion	
6:25.50 Y	F	500 Free	3/10/2013	AD Gold Short Course Championships	
38.03 Y	F	50 Back	2/10/2013	2013 Piranhas Pentathlon	
43.02 L	F	50 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:16.93 Y	F	100 Back	3/28/2013	2013 Eastern Zone SC Swimming Championships	
1:28.89 L	F	100 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
3:05.38 L	F	200 Back	7/19/2013	2013 Adirondack Long Course District Champion	
41.71 Y	F	50 Breast	1/4/2013	2013 Starfish Trophy Invitational	
1:26.61 Y	F	100 Breast	3/28/2013	2013 Eastern Zone SC Swimming Championships	
1:40.20 L	P	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
3:30.40 L	F	200 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
36.17 Y	F	50 Fly	2/10/2013	2013 Piranhas Pentathlon	
42.76 L	F	50 Fly	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:16.80 Y	F	100 Fly	3/28/2013	2013 Eastern Zone SC Swimming Championships	
1:31.01 L	P	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:16.69 Y	F	100 IM	3/28/2013	2013 Eastern Zone SC Swimming Championships	
2:46.54 Y	F	200 IM	3/10/2013	AD Gold Short Course Championships	
3:03.53 L	P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
Julianna Busseno (11) W			AMST-AD		
36.51 Y	F	50 Free	12/2/2012	December Super Splash 2012	
1:23.76 Y	F	100 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
2:59.57 Y	F	200 Free	3/1/2013	AD Silver Short Course Championships	
43.63 Y	F	50 Back	10/21/2012	2012 Trick or Treat Meet	
1:29.37 Y	F	100 Back	12/1/2012	Central Valley Swim League Quad Meet	
50.77 Y	F	50 Breast	2/23/2013	Cabin Fever Invitational	
1:56.17 Y	F	100 Breast	1/26/2013	Central Valley Swim Meet Quad Meet	
38.57 Y	F	50 Fly	2/23/2013	Cabin Fever Invitational	
1:33.68 Y	F	100 Fly	3/1/2013	AD Silver Short Course Championships	

Individual Top Times

Time	P/F/S	Event				
Julianna Busseno (11) W						
1:33.51	Y	F	100	IM	1/4/2013	2013 Starfish Trophy Invitational
3:12.83	Y	F	200	IM	1/20/2013	Foothills Inv
Tawnie Butkowski (15) W						
28.80	Y	F	50	Free	2/22/2013	North Country League Meet
1:03.62	Y	F	100	Free	2/22/2013	North Country League Meet
1:12.64	Y	F	100	Back	1/4/2013	2013 Starfish Trophy Invitational
2:36.00	Y	F	200	Back	1/12/2013	Chris Goody IMX Challenge
1:25.27	Y	F	100	Breast	2/9/2013	North Country YMCA Swim League 2013 Champions
3:08.35	Y	F	200	Breast	1/12/2013	Chris Goody IMX Challenge
2:39.19	Y	F	200	IM	2/22/2013	North Country League Meet
Abigail Buttling (12) W						
50.95	Y	F	50	Free	2/23/2013	Cabin Fever Invitational
2:07.94	Y	F	100	Free	1/27/2013	Thoroughbred Splash 2013
1:05.19	Y	F	50	Back	2/23/2013	Cabin Fever Invitational
Kelly Buyaskas (18) W						
27.52	Y	F	50	Free	10/21/2012	2012 Trick or Treat Meet
1:13.60	Y	F	100	Breast	10/21/2012	2012 Trick or Treat Meet
2:26.94	Y	F	200	IM	10/21/2012	2012 Trick or Treat Meet
Elizabeth Buzash (13) W						
31.30	Y	F	50	Free	1/4/2013	2013 Starfish Trophy Invitational
41.49	Y	F	50	Back	2/10/2013	2013 Piranhas Pentathlon
40.38	Y	F	50	Breast	2/10/2013	2013 Piranhas Pentathlon
40.16	Y	F	50	Fly	1/4/2013	2013 Starfish Trophy Invitational
1:25.38	Y	F	100	IM	1/4/2013	2013 Starfish Trophy Invitational
Sophie Bylina (14) W						
36.46	Y	F	50	Free	11/17/2012	Harvest Invitational
1:20.25	Y	F	100	Free	11/17/2012	Harvest Invitational
2:47.78	Y	F	200	Free	11/17/2012	Harvest Invitational
1:48.27	Y	F	100	Breast	11/17/2012	Harvest Invitational
Aisling Byrne (11) W						
41.30	Y	F	50	Free	10/21/2012	2012 Trick or Treat Meet
41.61	L	P	50	Free	7/19/2013	2013 Adirondack Long Course District Champion
1:35.76	Y	F	100	Free	12/15/2012	Sharks 12&Under Mini-Meet
1:37.81	L	F	100	Free	6/1/2013	2013 NE MTSC June 1st Meet
1:37.81	L	F	100	Free	6/1/2013	2013 NE MTSC June 1st Meet
3:21.12	L	P	200	Free	7/19/2013	2013 Adirondack Long Course District Champion
48.48	Y	F	50	Back	11/17/2012	Harvest Invitational
50.55	L	F	50	Back	6/1/2013	2013 NE MTSC June 1st Meet
50.55	L	F	50	Back	6/1/2013	2013 NE MTSC June 1st Meet
1:49.55	L	F	100	Back	6/1/2013	2013 NE MTSC June 1st Meet
1:49.55	L	F	100	Back	6/1/2013	2013 NE MTSC June 1st Meet
1:49.59	Y	F	100	Back	11/17/2012	Harvest Invitational
56.89	L	P	50	Breast	7/19/2013	2013 Adirondack Long Course District Champion
53.55	L	P	50	Fly	7/19/2013	2013 Adirondack Long Course District Champion
Diana Cabrera Baez (16) W						
28.10	Y	F	50	Free	3/1/2013	AD Silver Short Course Championships
1:01.05	Y	F	100	Free	3/1/2013	AD Silver Short Course Championships
2:10.98	Y	F	200	Free	3/1/2013	AD Silver Short Course Championships
6:01.87	Y	F	500	Free	1/26/2013	Central Valley Swim Meet Quad Meet
1:11.65	Y	F	100	Back	2/9/2013	Central Valley Swim League Championships
2:29.14	Y	F	200	Back	3/1/2013	AD Silver Short Course Championships
1:24.03	Y	F	100	Breast	2/3/2013	Delmar Dolphins February Freeze Invitational
1:08.15	Y	F	100	Fly	2/23/2013	Cabin Fever Invitational
2:33.25	Y	F	200	IM	2/9/2013	Central Valley Swim League Championships
5:19.77	Y	F	400	IM	3/1/2013	AD Silver Short Course Championships
Maia Cacchione (9) W						
59.26	L	F	50	Free	7/19/2013	2013 Adirondack Long Course District Champion
1:08.85	S	F	50	Free	6/15/2013	Piranhas Summer Kick-Off Meet
2:39.61	S	F	100	Free	6/15/2013	Piranhas Summer Kick-Off Meet

Individual Top Times

Time	P/F/S	Event			
Maia Cacchione (9) W CPP-AD					
1:02.30	L	F	50	Back	7/19/2013 2013 Adirondack Long Course District Champion
Ariana Cacciola (16) W SVP-AD					
31.76	Y	L	F	50	Free 1/20/2013 Foothills Inv
1:11.20	Y	F	100	Free	2/9/2013 Central Valley Swim League Championships
2:45.53	Y	F	200	Free	1/26/2013 Central Valley Swim Meet Quad Meet
1:31.04	Y	F	100	Breast	2/3/2013 Delmar Dolphins February Freeze Invitational
3:15.03	Y	F	200	Breast	1/26/2013 Central Valley Swim Meet Quad Meet
3:02.56	Y	F	200	IM	1/20/2013 Foothills Inv
6:36.21	Y	F	400	IM	1/26/2013 Central Valley Swim Meet Quad Meet
Abigail Cadwalader (12) W CLRK-AD					
52.04	Y	F	50	Free	12/1/2012 Central Valley Swim League Quad Meet
1:56.76	Y	F	100	Free	1/26/2013 Central Valley Swim Meet Quad Meet
56.52	Y	F	50	Back	12/1/2012 Central Valley Swim League Quad Meet
2:11.30	Y	F	100	Back	1/26/2013 Central Valley Swim Meet Quad Meet
Kaitlin Cahill (17) W ALBS-AD					
24.94	Y	F	50	Free	3/10/2013 AD Gold Short Course Championships
28.48	L	P	50	Free	3/21/2013 2013 NI - EZ North Region Speedo Ch
29.76	S	F	50	Free	6/2/2013 2013 Starfish Meter Madness - Pentathlon
53.92	Y	F	100	Free	3/10/2013 AD Gold Short Course Championships
1:01.64	L	F	100	Free	7/19/2013 2013 Adirondack Long Course District Champion
1:55.69	Y	F	200	Free	3/10/2013 AD Gold Short Course Championships
2:12.68	L	F	200	Free	7/12/2013 2013 NI - Niagara Long Course Classic
4:46.04	L	P	400	Free	7/12/2013 2013 NI - Niagara Long Course Classic
1:03.78	Y	F	100	Back	1/4/2013 2013 Starfish Trophy Invitational
1:16.16	S	F	100	Back	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:17.97	Y	F	100	Breast	1/4/2013 2013 Starfish Trophy Invitational
1:28.40	S	F	100	Breast	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:00.60	Y	F	100	Fly	3/10/2013 AD Gold Short Course Championships
1:08.92	L	F	100	Fly	7/19/2013 2013 Adirondack Long Course District Champion
1:11.67	S	F	100	Fly	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:17.14	S	F	100	IM	6/2/2013 2013 Starfish Meter Madness - Pentathlon
2:14.53	Y	F	200	IM	3/10/2013 AD Gold Short Course Championships
2:39.07	L	P	200	IM	7/19/2013 2013 Adirondack Long Course District Champion
4:47.86	Y	F	400	IM	12/9/2012 Piranhas December Distance Invite
Abigail Caimano (10) W GRGF-AD					
50.98	Y	F	50	Free	11/4/2012 Hometown Splashdown
1:06.21	Y	F	50	Back	11/4/2012 Hometown Splashdown
Ross Caimano (10) M GRGF-AD					
35.54	Y	F	50	Free	12/2/2012 December Super Splash 2012
1:21.08	Y	F	100	Free	3/1/2013 AD Silver Short Course Championships
41.29	Y	F	50	Back	3/10/2013 AD Gold Short Course Championships
Emily Calder (12) W BENN-AD					
37.65	Y	F	50	Free	12/2/2012 December Super Splash 2012
1:24.37	Y	F	100	Free	12/15/2012 Sharks 12&Under Mini-Meet
51.64	Y	F	50	Back	2/10/2013 2013 Piranhas Pentathlon
1:01.19	Y	F	50	Breast	12/2/2012 December Super Splash 2012
56.52	Y	F	50	Fly	2/10/2013 2013 Piranhas Pentathlon
1:48.50	Y	F	100	IM	11/17/2012 Harvest Invitational
Erin Callahan (15) W GUY-AD					
27.72	Y	F	50	Free	1/4/2013 2013 Starfish Trophy Invitational
30.55	S	F	50	Free	6/15/2013 Piranhas Summer Kick-Off Meet
59.29	Y	F	100	Free	2/9/2013 North Country YMCA Swim League 2013 Champions
1:09.96	L	F	100	Free	6/8/2013 Clinton Cudas Colgate Classic Invitational
6:00.23	Y	F	500	Free	2/3/2013 Delmar Dolphins February Freeze Invitational
1:08.82	Y	P	100	Back	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
1:16.17	S	F	100	Back	6/15/2013 Piranhas Summer Kick-Off Meet
2:23.99	Y	F	200	Back	2/9/2013 North Country YMCA Swim League 2013 Champions
2:50.30	L	F	200	Back	6/8/2013 Clinton Cudas Colgate Classic Invitational
2:30.64	Y	F	200	IM	10/27/2012 IM-Xtremely Spooked

Individual Top Times

Time	P/F/S	Event			
Kelsey Campbell (13) W					
					SVP-AD
33.83 Y	F	50 Free	2/23/2013	Cabin Fever Invitational	
1:21.94 Y	F	100 Free	1/12/2013	Canajoharie Developmental Meet	
39.42 Y	F	50 Back	12/1/2012	Central Valley Swim League Quad Meet	
45.98 Y	F	50 Breast	11/17/2012	Harvest Invitational	
1:46.19 Y	F	100 Breast	1/12/2013	Canajoharie Developmental Meet	
40.60 Y	F	50 Fly	2/9/2013	Central Valley Swim League Championships	
1:35.45 Y	F	100 Fly	12/15/2012	Central Valley Swim League Quad Meet	
1:29.70 Y	F	100 IM	2/23/2013	Cabin Fever Invitational	
3:16.81 Y	F	200 IM	1/20/2013	Foothills Inv	
Benjamin Camp (7) M					
					ADDI-AD
40.87 Y	F	25 Free	1/12/2013	Canajoharie Developmental Meet	
1:41.92 Y	F	50 Free	1/12/2013	Canajoharie Developmental Meet	
49.51 Y	F	25 Back	1/12/2013	Canajoharie Developmental Meet	
Delaney Camp (11) W					
					GLFY-AD
1:20.54 Y	F	100 Free	12/2/2012	December Super Splash 2012	
56.38 Y	F	50 Breast	12/2/2012	December Super Splash 2012	
1:35.11 Y	F	100 IM	12/2/2012	December Super Splash 2012	
Sophia Canale (11) W					
					ALBS-AD
39.96 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	
1:31.32 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
51.18 Y	F	50 Back	3/1/2013	AD Silver Short Course Championships	
52.65 S	F	50 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
53.38 Y	F	50 Breast	2/3/2013	Delmar Dolphins February Freeze Invitational	
58.74 S	F	50 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:52.39 S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
Andrew Canavan (9) M					
					GRGF-AD
28.36 Y	F	25 Free	11/4/2012	Hometown Splashdown	
35.59 Y	F	25 Breast	11/4/2012	Hometown Splashdown	
Iris Canchela (13) W					
					GUY-AD
27.84 Y	F	50 Free	12/2/2012	December Super Splash 2012	
59.06 Y	F	100 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
2:10.39 Y	F	200 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
31.06 Y	F	50 Back	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
1:08.19 Y	F	100 Back	2/3/2013	Delmar Dolphins February Freeze Invitational	
2:29.21 Y	F	200 Back	2/9/2013	North Country YMCA Swim League 2013 Champions	
38.26 Y	F	50 Breast	2/9/2013	North Country YMCA Swim League 2013 Champions	
1:21.78 Y	F	100 Breast	1/4/2013	2013 Starfish Trophy Invitational	
2:53.98 Y	F	200 Breast	2/9/2013	North Country YMCA Swim League 2013 Champions	
32.11 Y	F	50 Fly	12/2/2012	December Super Splash 2012	
1:15.90 Y	F	100 Fly	1/4/2013	2013 Starfish Trophy Invitational	
1:09.60 Y	F	100 IM	12/2/2012	December Super Splash 2012	
2:32.18 Y	F	200 IM	2/9/2013	North Country YMCA Swim League 2013 Champions	
Joseph Canelos (13) M					
					HAWK-AD
1:07.16 Y	F	100 Free	11/10/2012	Pilgrims Pride	
2:26.05 Y	P	200 Free	1/25/2013	Hawks Trials And Finals 2013	
33.94 Y	F	50 Back	11/10/2012	Pilgrims Pride	
1:15.05 Y	P	100 Back	1/25/2013	Hawks Trials And Finals 2013	
40.20 Y	F	50 Breast	11/10/2012	Pilgrims Pride	
1:28.25 Y	P	100 Breast	1/25/2013	Hawks Trials And Finals 2013	
1:16.06 Y	F	100 IM	1/4/2013	2013 Starfish Trophy Invitational	
Alison Canjura (15) W					
					SCHE-AD
28.02 Y	P	50 Free	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS	
32.20 L	F	50 Free	6/1/2013	2013 NE MTSC June 1st Meet	
32.20 L	F	50 Free	6/1/2013	2013 NE MTSC June 1st Meet	
1:08.66 L	F	100 Free	6/1/2013	2013 NE MTSC June 1st Meet	
1:08.66 L	F	100 Free	6/1/2013	2013 NE MTSC June 1st Meet	
2:25.10 L	F	200 Free	6/1/2013	2013 NE MTSC June 1st Meet	
2:25.10 L	F	200 Free	6/1/2013	2013 NE MTSC June 1st Meet	
5:06.30 L	F	400 Free	7/19/2013	2013 Adirondack Long Course District Champion	

Individual Top Times

Time	P/F/S	Event			
Alison Canjura (15) W			SCHE-AD		
5:28.61 Y	F	500 Free	3/10/2013	AD Gold Short Course Championships	
12:03.69 Y	F	1000 Free	12/2/2012	December Super Splash 2012	
1:05.64 Y	P	100 Back	3/10/2013	AD Gold Short Course Championships	
1:19.09 L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
2:21.14 Y	P	200 Back	3/10/2013	AD Gold Short Course Championships	
2:45.42 L	F	200 Back	6/1/2013	2013 NE MTSC June 1st Meet	
2:45.42 L	F	200 Back	6/1/2013	2013 NE MTSC June 1st Meet	
2:53.78 Y	F	200 Breast	1/12/2013	Chris Goody IMX Challenge	
35.95 L	F	50 Fly	6/1/2013	2013 NE MTSC June 1st Meet	
35.95 L	F	50 Fly	6/1/2013	2013 NE MTSC June 1st Meet	
1:06.84 Y	P	100 Fly	3/10/2013	AD Gold Short Course Championships	
1:17.30 L	F	100 Fly	6/1/2013	2013 NE MTSC June 1st Meet	
1:17.30 L	F	100 Fly	6/1/2013	2013 NE MTSC June 1st Meet	
2:46.71 L	F	200 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
2:43.29 L	P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
5:01.43 Y	F	400 IM	3/10/2013	AD Gold Short Course Championships	
Kristin Canjura (18) W			SCHE-AD		
28.28 Y	P	50 Free	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS	
33.41 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:00.89 Y	P	100 Free	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS	
1:10.19 L	F	100 Free	6/1/2013	2013 NE MTSC June 1st Meet	
1:10.19 L	F	100 Free	6/1/2013	2013 NE MTSC June 1st Meet	
2:09.10 Y	P	200 Free	3/10/2013	AD Gold Short Course Championships	
2:31.47 L	F	200 Free	6/1/2013	2013 NE MTSC June 1st Meet	
2:31.47 L	F	200 Free	6/1/2013	2013 NE MTSC June 1st Meet	
5:34.86 Y	F	500 Free	1/12/2013	Chris Goody IMX Challenge	
11:34.39 Y	F	1000 Free	12/2/2012	December Super Splash 2012	
19:24.94 Y	F	1650 Free	3/10/2013	AD Gold Short Course Championships	
37.35 L	F	50 Back	6/1/2013	2013 NE MTSC June 1st Meet	
37.35 L	F	50 Back	6/1/2013	2013 NE MTSC June 1st Meet	
1:06.10 Y	P	100 Back	11/1/2012	Girls Sec II Division I Champ	
1:20.70 L	F	100 Back	6/1/2013	2013 NE MTSC June 1st Meet	
1:20.70 L	F	100 Back	6/1/2013	2013 NE MTSC June 1st Meet	
2:22.88 Y	P	200 Back	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS	
2:48.67 L	F	200 Back	6/1/2013	2013 NE MTSC June 1st Meet	
2:48.67 L	F	200 Back	6/1/2013	2013 NE MTSC June 1st Meet	
1:34.67 L	F	100 Breast	6/1/2013	2013 NE MTSC June 1st Meet	
1:34.67 L	F	100 Breast	6/1/2013	2013 NE MTSC June 1st Meet	
2:44.89 Y	P	200 Breast	3/10/2013	AD Gold Short Course Championships	
3:19.07 L	F	200 Breast	6/1/2013	2013 NE MTSC June 1st Meet	
3:19.07 L	F	200 Breast	6/1/2013	2013 NE MTSC June 1st Meet	
1:11.97 Y	F	100 Fly	10/21/2012	2012 Trick or Treat Meet	
2:35.87 Y	F	200 Fly	1/12/2013	Chris Goody IMX Challenge	
2:26.94 Y	P	200 IM	3/10/2013	AD Gold Short Course Championships	
2:50.49 L	F	200 IM	6/1/2013	2013 NE MTSC June 1st Meet	
2:50.49 L	F	200 IM	6/1/2013	2013 NE MTSC June 1st Meet	
5:05.85 Y	F	400 IM	1/12/2013	Chris Goody IMX Challenge	
Lindsay Caplan (16) W			SSCY-AD		
27.70 Y	F	50 Free	11/10/2012	Pilgrims Pride	
30.28 S	F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
31.18 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
58.82 Y	F	100 Free	1/18/2013	CT 2013 Wahoo Winter Invitatio	
1:06.76 L	F	100 Free	7/12/2013	Hawks Summer Invitational 2013	
2:03.65 Y	P	200 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
2:22.71 L	P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
4:58.82 L	F	400 Free	7/12/2013	Hawks Summer Invitational 2013	
5:28.95 Y	F	500 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
32.29 Y L	F	50 Back	2/9/2013	North Country YMCA Swim League 2013 Champions	
1:05.44 Y	P	100 Back	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
1:17.17 S	F	100 Back	6/15/2013	Piranhas Summer Kick-Off Meet	

Individual Top Times

Time	P/F/S	Event			
Lindsay Caplan (16) W					
SSCY-AD					
1:19.39	L F	100 Back	7/12/2013	Hawks Summer Invitational 2013	
2:21.32	Y F	200 Back	1/27/2013	North Country League Meet	
1:19.08	Y F	100 Breast	11/10/2012	Pilgrims Pride	
1:29.38	S F	100 Breast	6/15/2013	Piranhas Summer Kick-Off Meet	
1:31.94	L P	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
2:53.86	Y F	200 Breast	1/12/2013	Chris Goody IMX Challenge	
1:17.52	S F	100 Fly	6/15/2013	Piranhas Summer Kick-Off Meet	
2:25.56	Y P	200 IM	1/18/2013	CT 2013 Wahoo Winter Invitatio	
2:46.77	L F	200 IM	7/12/2013	Hawks Summer Invitational 2013	
5:06.76	Y F	400 IM	1/27/2013	North Country League Meet	
Jordan Capobianco (17) W					
GLOY-AD					
30.05	Y F	50 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
2:40.02	Y F	200 Free	2/9/2013	North Country YMCA Swim League 2013 Champions	
1:16.25	Y P	100 Back	11/1/2012	Girls Sec II Division 2 Champ	
1:10.30	Y P	100 Fly	11/1/2012	Girls Sec II Division 2 Champ	
Julian Capobianco (13) M					
GLOY-AD					
36.43	Y F	50 Free	1/20/2013	Foothills Inv	
1:25.75	Y F	100 Free	1/20/2013	Foothills Inv	
Tyler Capobianco (14) M					
GLOY-AD					
30.63	Y F	50 Free	2/9/2013	North Country YMCA Swim League 2013 Champions	
1:10.56	Y F	100 Free	1/20/2013	Foothills Inv	
2:42.57	Y F	200 Free	1/27/2013	North Country League Meet	
38.61	Y L F	50 Back	2/9/2013	North Country YMCA Swim League 2013 Champions	
1:35.71	Y F	100 Breast	1/20/2013	Foothills Inv	
Ava Carbone (12) W					
NHA-AD					
35.91	Y F	50 Free	11/17/2012	Harvest Invitational	
37.55	L P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
38.38	S F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:21.81	Y F	100 Free	11/17/2012	Harvest Invitational	
1:29.31	L F	100 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
40.00	Y F	50 Back	1/12/2013	Canajoharie Developmental Meet	
44.21	S F	50 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
44.34	L P	50 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:35.84	L F	100 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
45.78	Y F	50 Breast	1/12/2013	Canajoharie Developmental Meet	
46.38	S F	50 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
49.26	L P	50 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
46.27	S F	50 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
46.63	L F	50 Fly	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:38.37	S F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
Nathaniel Carlos (11) M					
TBS-AD					
34.80	L P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:16.66	L P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:45.91	L P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
42.55	L P	50 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:29.59	L P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
3:11.32	L F	200 Back	7/19/2013	2013 Adirondack Long Course District Champion	
39.45	L F	50 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:41.29	L P	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
3:15.57	L P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
Lindsey Carlson (12) W					
NHA-AD					
33.58	Y F	50 Free	3/1/2013	AD Silver Short Course Championships	
35.74	L P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
38.48	S F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:16.37	Y F	100 Free	3/1/2013	AD Silver Short Course Championships	
1:17.69	L P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:44.52	L P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:46.02	Y F	200 Free	11/17/2012	Harvest Invitational	
5:56.23	L F	400 Free	7/19/2013	2013 Adirondack Long Course District Champion	

Individual Top Times

Time	P/F/S	Event			
Lindsey Carlson (12) W			NHA-AD		
37.51 Y	F	50 Back	11/17/2012	Harvest Invitational	
41.75 L	P	50 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:24.25 Y	F	100 Back	1/12/2013	Canajoharie Developmental Meet	
1:28.87 L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:33.98 S	F	100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
3:10.11 L	F	200 Back	7/19/2013	2013 Adirondack Long Course District Champion	
40.48 Y	F	50 Fly	2/23/2013	Cabin Fever Invitational	
43.94 L	P	50 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:47.42 S	F	100 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
Allison Caron (15) W			SCHE-AD		
27.03 Y	P	50 Free	3/10/2013	AD Gold Short Course Championships	
31.23 L	F	50 Free	7/6/2013	Sharks Summer Invite	
57.10 Y L	F	100 Free	3/10/2013	AD Gold Short Course Championships	
1:05.65 L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:01.93 Y	F	200 Free	3/10/2013	AD Gold Short Course Championships	
2:16.77 L	F	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
4:53.00 L	F	400 Free	7/19/2013	2013 Adirondack Long Course District Champion	
11:04.82 Y	F	1000 Free	3/28/2013	2013 Eastern Zone SC Swimming Championships	
19:09.15 L	F	1500 Free	7/19/2013	2013 Adirondack Long Course District Champion	
19:09.15 L	F	1500 Free	7/19/2013	2013 Adirondack Long Course District Champion	
18:53.23 Y	F	1650 Free	3/10/2013	AD Gold Short Course Championships	
37.75 L	F	50 Back	6/1/2013	2013 NE MTSC June 1st Meet	
37.75 L	F	50 Back	6/1/2013	2013 NE MTSC June 1st Meet	
1:14.81 L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
2:37.54 L	F	200 Back	7/19/2013	2013 Adirondack Long Course District Champion	
2:53.00 Y	F	200 Breast	1/12/2013	Chris Goody IMX Challenge	
35.70 L	F	50 Fly	6/1/2013	2013 NE MTSC June 1st Meet	
35.70 L	F	50 Fly	6/1/2013	2013 NE MTSC June 1st Meet	
2:39.19 Y	F	200 Fly	1/12/2013	Chris Goody IMX Challenge	
2:27.72 Y	F	200 IM	10/21/2012	2012 Trick or Treat Meet	
2:39.71 L	P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
4:50.48 Y	F	400 IM	3/28/2013	2013 Eastern Zone SC Swimming Championships	
5:29.24 L	F	400 IM	7/19/2013	2013 Adirondack Long Course District Champion	
Nolan Caron (20) M			SCHE-AD		
27.67 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:00.91 L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:07.99 L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
2:23.71 L	F	200 Back	7/19/2013	2013 Adirondack Long Course District Champion	
2:31.74 L	P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
Andersen Carroll (11) W			HAWK-AD		
32.12 Y L	F	50 Free	11/18/2012	Hawk-NDAC-CSD	
37.05 L	F	50 Free	7/12/2013	Hawks Summer Invitational 2013	
1:22.44 L	F	100 Free	7/12/2013	Hawks Summer Invitational 2013	
2:47.43 Y	F	200 Free	10/21/2012	2012 Trick or Treat Meet	
3:05.58 L	F	200 Free	7/12/2013	Hawks Summer Invitational 2013	
39.84 Y	P	50 Back	1/25/2013	Hawks Trials And Finals 2013	
46.37 L	F	50 Back	7/12/2013	Hawks Summer Invitational 2013	
1:27.33 Y	F	100 Back	11/10/2012	Pilgrims Pride	
1:39.79 L	F	100 Back	7/12/2013	Hawks Summer Invitational 2013	
49.68 Y	F	50 Breast	10/21/2012	2012 Trick or Treat Meet	
51.14 L	F	50 Breast	7/12/2013	Hawks Summer Invitational 2013	
1:53.05 L	F	100 Breast	7/12/2013	Hawks Summer Invitational 2013	
36.10 Y	P	50 Fly	1/25/2013	Hawks Trials And Finals 2013	
41.35 L	F	50 Fly	7/12/2013	Hawks Summer Invitational 2013	
1:43.28 L	F	100 Fly	7/12/2013	Hawks Summer Invitational 2013	
1:22.34 Y	P	100 IM	1/25/2013	Hawks Trials And Finals 2013	
7:28.10 L	F	400 IM	7/12/2013	Hawks Summer Invitational 2013	
Hudson Carroll (17) M			HAWK-AD		
23.73 Y	P	50 Free	12/6/2012	2012 NE NSSC MIT Invite	
26.16 L	F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	

Individual Top Times

Time	P/F/S	Event			
Hudson Carroll (17) M					
HAWK-AD					
49.93	Y L	F	100	Free	3/10/2013 AD Gold Short Course Championships
58.39	L	F	100	Free	7/12/2013 Hawks Summer Invitational 2013
1:55.73	Y	P	200	Free	12/6/2012 2012 NE NSSC MIT Invite
24.14	Y	F	50	Back	3/1/2013 2013 NI - OB - NYS Federation
28.77	L	F	50	Back	3/21/2013 2013 NI - EZ North Region Speedo Ch
51.29	Y	F	100	Back	3/1/2013 2013 NI - OB - NYS Federation
59.50	L	F	100	Back	3/21/2013 2013 NI - EZ North Region Speedo Ch
1:56.11	Y	F	200	Back	3/10/2013 AD Gold Short Course Championships
2:12.07	L	F	200	Back	3/21/2013 2013 NI - EZ North Region Speedo Ch
1:10.66	Y	F	100	Breast	10/21/2012 2012 Trick or Treat Meet
53.58	Y	P	100	Fly	3/1/2013 2013 NI - OB - NYS Federation
58.63	L	F	100	Fly	3/21/2013 2013 NI - EZ North Region Speedo Ch
2:01.57	Y	F	200	IM	3/10/2013 AD Gold Short Course Championships
2:17.27	L	F	200	IM	3/21/2013 2013 NI - EZ North Region Speedo Ch
4:24.62	Y	F	400	IM	3/10/2013 AD Gold Short Course Championships
5:20.66	L	F	400	IM	7/12/2013 Hawks Summer Invitational 2013
Madison Carroll (17) W					
HAWK-AD					
28.68	Y	P	50	Free	12/6/2012 2012 NE NSSC MIT Invite
33.05	L	F	50	Free	7/12/2013 Hawks Summer Invitational 2013
1:02.26	Y	F	100	Free	10/21/2012 2012 Trick or Treat Meet
1:15.34	L	F	100	Free	7/12/2013 Hawks Summer Invitational 2013
2:40.93	L	F	200	Free	7/12/2013 Hawks Summer Invitational 2013
5:54.01	Y	F	500	Free	10/21/2012 2012 Trick or Treat Meet
30.75	Y	F	50	Back	11/3/2012 2012 MR OB Section 9 Girls Championships
1:07.71	Y	F	100	Back	10/21/2012 2012 Trick or Treat Meet
1:20.30	L	F	100	Back	7/12/2013 Hawks Summer Invitational 2013
2:28.30	Y	F	200	Back	11/10/2012 Pilgrims Pride
2:54.87	L	F	200	Back	7/12/2013 Hawks Summer Invitational 2013
1:23.38	Y	F	100	Breast	11/10/2012 Pilgrims Pride
1:15.39	Y	F	100	Fly	10/21/2012 2012 Trick or Treat Meet
1:31.38	L	F	100	Fly	7/12/2013 Hawks Summer Invitational 2013
2:27.54	Y	P	200	IM	11/3/2012 2012 MR OB Section 9 Girls Championships
3:02.96	L	F	200	IM	7/12/2013 Hawks Summer Invitational 2013
6:25.86	L	F	400	IM	7/12/2013 Hawks Summer Invitational 2013
Madison Carroll (15) W					
SSAC-AD					
40.37	Y	F	50	Free	1/12/2013 Chris Goody Mini-Meet
1:18.19	Y	F	100	Free	3/1/2013 AD Silver Short Course Championships
48.54	Y	F	50	Back	1/12/2013 Chris Goody Mini-Meet
1:58.26	Y	F	100	Back	11/10/2012 Pilgrims Pride
56.13	Y	F	50	Breast	1/12/2013 Chris Goody Mini-Meet
1:49.11	Y	F	100	IM	1/12/2013 Chris Goody Mini-Meet
Maggie Carroll (10) W					
UN-AD					
36.16	Y	F	50	Free	3/10/2013 AD Gold Short Course Championships
38.37	L	F	50	Free	7/19/2013 2013 Adirondack Long Course District Champion
40.96	S	F	50	Free	6/15/2013 Piranhas Summer Kick-Off Meet
1:21.12	Y	F	100	Free	3/1/2013 AD Silver Short Course Championships
1:27.15	L	F	100	Free	7/19/2013 2013 Adirondack Long Course District Champion
1:42.08	S	F	100	Free	6/15/2013 Piranhas Summer Kick-Off Meet
3:10.59	Y	F	200	Free	1/12/2013 Chris Goody IMX Challenge
3:12.40	L	F	200	Free	6/8/2013 Clinton Cudas Colgate Classic Invitational
47.08	Y	F	50	Back	3/9/2013 Eastern States League Championships 2013
50.74	L	F	50	Back	7/19/2013 2013 Adirondack Long Course District Champion
52.89	S	F	50	Back	6/15/2013 Piranhas Summer Kick-Off Meet
1:42.35	Y	F	100	Back	2/23/2013 Cabin Fever Invitational
1:46.10	L	F	100	Back	7/19/2013 2013 Adirondack Long Course District Champion
47.32	Y	F	50	Breast	3/9/2013 Eastern States League Championships 2013
51.57	S	F	50	Breast	6/15/2013 Piranhas Summer Kick-Off Meet
54.63	L	F	50	Breast	7/19/2013 2013 Adirondack Long Course District Champion
1:42.22	Y	F	100	Breast	3/10/2013 AD Gold Short Course Championships
1:53.23	L	F	100	Breast	6/8/2013 Clinton Cudas Colgate Classic Invitational

Individual Top Times

Time	P/F/S	Event			
Maggie Carroll (10) W					
					UN-AD
3:46.08	Y	F	200 Breast	12/9/2012	Piranhas December Distance Invite
54.52	S	F	50 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon
58.20	L	F	50 Fly	7/19/2013	2013 Adirondack Long Course District Champion
1:53.55	Y	F	100 Fly	2/23/2013	Cabin Fever Invitational
1:58.61	L	F	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion
1:36.77	Y	F	100 IM	3/9/2013	Eastern States League Championships 2013
1:47.05	S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon
3:21.40	Y	F	200 IM	3/1/2013	AD Silver Short Course Championships
3:40.69	L	F	200 IM	7/19/2013	2013 Adirondack Long Course District Champion
Rylee Carroll (11) W					
					SSAC-AD
53.32	Y	F	50 Free	1/12/2013	Chris Goody Mini-Meet
1:54.05	Y	F	100 Free	3/1/2013	AD Silver Short Course Championships
56.49	Y	F	50 Back	1/12/2013	Chris Goody Mini-Meet
1:04.70	Y	F	50 Breast	3/1/2013	AD Silver Short Course Championships
Katherine Carron (13) W					
					WAVE-AD
39.11	Y	F	50 Free	2/23/2013	Cabin Fever Invitational
41.70	Y	F	50 Back	2/23/2013	Cabin Fever Invitational
52.14	Y	F	50 Breast	2/23/2013	Cabin Fever Invitational
Brendan Cartwright (13) M					
					DELM-AD
27.79	Y	F	50 Free	2/23/2013	Cabin Fever Invitational
31.11	L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion
31.57	S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:02.92	Y	F	100 Free	2/10/2013	2013 Piranhas Pentathlon
1:09.09	L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion
1:13.40	Y	F	100 Back	2/10/2013	2013 Piranhas Pentathlon
1:19.69	S	F	100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:22.09	L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion
2:54.09	L	P	200 Back	7/19/2013	2013 Adirondack Long Course District Champion
1:21.13	Y	F	100 Breast	2/10/2013	2013 Piranhas Pentathlon
1:30.93	S	F	100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:33.55	L	F	100 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational
1:08.90	Y	P	100 Fly	3/10/2013	AD Gold Short Course Championships
1:17.87	S	F	100 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:19.53	L	F	100 Fly	6/8/2013	Clinton Cudas Colgate Classic Invitational
1:18.23	S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon
2:52.24	L	F	200 IM	6/8/2013	Clinton Cudas Colgate Classic Invitational
Lauren Cassella (13) W					
					GUY-AD
30.57	Y	F	50 Free	12/2/2012	December Super Splash 2012
1:10.74	Y	F	100 Free	2/9/2013	North Country YMCA Swim League 2013 Champions
2:35.05	Y	F	200 Free	2/3/2013	Delmar Dolphins February Freeze Invitational
1:10.23	Y	P	100 Back	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship
2:43.67	Y	F	200 Back	1/4/2013	2013 Starfish Trophy Invitational
1:28.28	Y	F	100 Fly	12/2/2012	December Super Splash 2012
2:55.26	Y	F	200 IM	1/4/2013	2013 Starfish Trophy Invitational
Chad Catania (13) M					
					HAWK-AD
28.86	Y	P	50 Free	1/25/2013	Hawks Trials And Finals 2013
31.10	L	F	50 Free	7/12/2013	Hawks Summer Invitational 2013
1:02.74	Y	F	100 Free	3/1/2013	AD Silver Short Course Championships
2:15.55	Y	P	200 Free	1/25/2013	Hawks Trials And Finals 2013
2:44.33	L	F	200 Free	7/12/2013	Hawks Summer Invitational 2013
32.38	Y	P	50 Back	1/25/2013	Hawks Trials And Finals 2013
1:09.69	Y	F	100 Back	12/6/2012	2012 NE NSSC MIT Invite
1:22.77	L	F	100 Back	7/12/2013	Hawks Summer Invitational 2013
2:55.92	L	F	200 Back	7/12/2013	Hawks Summer Invitational 2013
40.09	Y	F	50 Breast	1/4/2013	2013 Starfish Trophy Invitational
1:23.49	Y	F	100 Breast	1/25/2013	Hawks Trials And Finals 2013
3:33.96	L	F	200 Breast	7/12/2013	Hawks Summer Invitational 2013
33.61	Y	F	50 Fly	11/10/2012	Pilgrims Pride
1:35.26	L	F	100 Fly	7/12/2013	Hawks Summer Invitational 2013

Individual Top Times

Time	P/F/S	Event				
Chad Catania (13) M						
1:13.03	Y	F	100	IM	10/21/2012	2012 Trick or Treat Meet
2:32.47	Y	F	200	IM	1/25/2013	Hawks Trials And Finals 2013
Michael Catanzaro (12) M						
37.45	Y	F	50	Free	2/3/2013	Delmar Dolphins February Freeze Invitational
1:27.23	Y	F	100	Free	3/1/2013	AD Silver Short Course Championships
45.27	Y	F	50	Back	1/4/2013	2013 Starfish Trophy Invitational
1:38.48	Y	F	100	Back	3/1/2013	AD Silver Short Course Championships
3:32.68	Y	F	200	Back	3/1/2013	AD Silver Short Course Championships
49.92	Y	F	50	Breast	2/10/2013	2013 Piranhas Pentathlon
1:52.41	Y	F	100	Breast	11/10/2012	Pilgrims Pride
53.51	Y	F	50	Fly	1/4/2013	2013 Starfish Trophy Invitational
1:43.98	Y	F	100	IM	3/1/2013	AD Silver Short Course Championships
3:33.72	Y	F	200	IM	3/1/2013	AD Silver Short Course Championships
Carolyn Caza (16) W						
34.31	Y	F	50	Free	1/20/2013	Foothills Inv
1:19.01	Y	F	100	Free	1/20/2013	Foothills Inv
Grace Caza (18) W						
29.97	Y	F	50	Free	1/12/2013	Canajoharie Developmental Meet
1:09.31	Y	F	100	Free	1/12/2013	Canajoharie Developmental Meet
3:13.30	Y	F	200	Back	12/15/2012	Central Valley Swim League Quad Meet
1:23.27	Y	F	100	Breast	1/12/2013	Canajoharie Developmental Meet
3:05.56	Y	F	200	Breast	12/15/2012	Central Valley Swim League Quad Meet
1:24.08	Y	F	100	Fly	1/20/2013	Foothills Inv
2:55.30	Y	F	200	IM	1/20/2013	Foothills Inv
Lily Caza (13) W						
37.48	Y	F	50	Free	1/20/2013	Foothills Inv
1:26.59	Y	F	100	Free	1/12/2013	Canajoharie Developmental Meet
1:41.89	Y	F	100	Back	1/12/2013	Canajoharie Developmental Meet
3:33.50	Y	F	200	Back	12/15/2012	Central Valley Swim League Quad Meet
1:48.50	Y	F	100	Breast	1/12/2013	Canajoharie Developmental Meet
3:47.58	Y	F	200	Breast	12/15/2012	Central Valley Swim League Quad Meet
3:38.85	Y	F	200	IM	1/20/2013	Foothills Inv
Benjamin Cazer (15) M						
26.34	Y	F	50	Free	3/1/2013	AD Silver Short Course Championships
30.10	L	F	50	Free	6/8/2013	Clinton Cudas Colgate Classic Invitational
57.63	Y	F	100	Free	12/15/2012	2012 AD SHENENDEHOWA Boys
57.63	Y	F	100	Free	12/15/2012	SHENENDEHOWA Boys SWIMMING & D
1:06.33	L	P	100	Free	7/19/2013	2013 Adirondack Long Course District Champion
2:06.35	Y	F	200	Free	3/1/2013	AD Silver Short Course Championships
2:27.09	L	P	200	Free	7/19/2013	2013 Adirondack Long Course District Champion
1:12.70	Y	F	100	Back	3/1/2013	AD Silver Short Course Championships
1:28.12	L	F	100	Back	6/8/2013	Clinton Cudas Colgate Classic Invitational
1:12.26	Y	P	100	Breast	2/14/2013	Section II Championships Large
1:26.64	L	P	100	Breast	7/19/2013	2013 Adirondack Long Course District Champion
2:38.05	Y	P	200	Breast	3/10/2013	AD Gold Short Course Championships
3:08.59	L	F	200	Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational
1:02.06	Y	P	100	Fly	2/14/2013	Section II Championships Large
1:14.03	L	P	100	Fly	7/19/2013	2013 Adirondack Long Course District Champion
2:51.35	L	P	200	Fly	7/19/2013	2013 Adirondack Long Course District Champion
2:23.24	Y	F	200	IM	3/1/2013	AD Silver Short Course Championships
2:47.35	L	F	200	IM	6/8/2013	Clinton Cudas Colgate Classic Invitational
John Cazer (10) M						
1:05.56	L	F	50	Free	7/19/2013	2013 Adirondack Long Course District Champion
1:08.84	Y	F	50	Free	2/3/2013	Delmar Dolphins February Freeze Invitational
1:19.47	S	F	50	Free	6/15/2013	Piranhas Summer Kick-Off Meet
1:08.34	Y	F	50	Back	10/20/2012	Ravena Autumn Breeze 2012
1:21.46	L	F	50	Back	6/8/2013	Clinton Cudas Colgate Classic Invitational
1:25.34	S	F	50	Back	6/15/2013	Piranhas Summer Kick-Off Meet
1:26.44	L	F	50	Breast	7/19/2013	2013 Adirondack Long Course District Champion

Individual Top Times

Time	P/F/S	Event			
John Cazer (10) M					
1:28.37	Y	F	50	Breast	2/3/2013 Delmar Dolphins February Freeze Invitational
1:40.11	S	F	50	Breast	6/15/2013 Piranhas Summer Kick-Off Meet
Kelly Cazer (13) W					
27.76	Y	P	50	Free	3/10/2013 AD Gold Short Course Championships
31.89	L	F	50	Free	6/8/2013 Clinton Cudas Colgate Classic Invitational
1:01.85	Y	F	100	Free	3/1/2013 AD Silver Short Course Championships
1:09.24	L	F	100	Free	7/19/2013 2013 Adirondack Long Course District Champion
2:13.58	Y	P	200	Free	3/10/2013 AD Gold Short Course Championships
2:29.33	L	P	200	Free	7/19/2013 2013 Adirondack Long Course District Champion
33.33	Y	F	50	Back	1/4/2013 2013 Starfish Trophy Invitational
1:10.45	Y	F	100	Back	1/4/2013 2013 Starfish Trophy Invitational
1:19.25	L	P	100	Back	7/19/2013 2013 Adirondack Long Course District Champion
2:34.87	Y	F	200	Back	12/9/2012 Piranhas December Distance Invite
2:54.33	L	P	200	Back	7/19/2013 2013 Adirondack Long Course District Champion
39.97	Y	F	50	Breast	1/4/2013 2013 Starfish Trophy Invitational
1:24.88	Y	F	100	Breast	3/1/2013 AD Silver Short Course Championships
1:34.74	L	P	100	Breast	7/19/2013 2013 Adirondack Long Course District Champion
3:00.16	Y	F	200	Breast	3/1/2013 AD Silver Short Course Championships
3:28.79	L	F	200	Breast	6/8/2013 Clinton Cudas Colgate Classic Invitational
33.40	Y	F	50	Fly	11/10/2012 Pilgrims Pride
1:11.72	Y	F	100	Fly	3/1/2013 AD Silver Short Course Championships
1:18.69	L	P	100	Fly	7/19/2013 2013 Adirondack Long Course District Champion
1:12.94	Y	F	100	IM	1/4/2013 2013 Starfish Trophy Invitational
2:32.04	Y	F	200	IM	3/1/2013 AD Silver Short Course Championships
2:52.92	L	P	200	IM	7/19/2013 2013 Adirondack Long Course District Champion
Samantha Cazer (10) W					
45.61	Y	F	50	Free	1/27/2013 Thoroughbred Splash 2013
47.95	L	F	50	Free	6/8/2013 Clinton Cudas Colgate Classic Invitational
1:48.68	Y	F	100	Free	3/1/2013 AD Silver Short Course Championships
58.32	Y	F	50	Back	12/15/2012 Sharks 12&Under Mini-Meet
1:04.96	L	F	50	Back	6/8/2013 Clinton Cudas Colgate Classic Invitational
1:05.01	Y	F	50	Breast	11/10/2012 Pilgrims Pride
1:05.35	L	F	50	Breast	7/19/2013 2013 Adirondack Long Course District Champion
2:19.30	L	F	100	Breast	7/19/2013 2013 Adirondack Long Course District Champion
1:01.30	Y	F	50	Fly	2/3/2013 Delmar Dolphins February Freeze Invitational
1:05.09	L	F	50	Fly	7/19/2013 2013 Adirondack Long Course District Champion
2:01.02	Y	F	100	IM	1/27/2013 Thoroughbred Splash 2013
Gabrielle Celia (16) W					
25.31	Y	F	50	Free	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
29.96	S	F	50	Free	6/15/2013 Piranhas Summer Kick-Off Meet
30.37	L	P	50	Free	7/19/2013 2013 Adirondack Long Course District Champion
55.53	Y	P	100	Free	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
1:06.20	L	P	100	Free	7/19/2013 2013 Adirondack Long Course District Champion
2:24.24	L	F	200	Free	7/12/2013 Hawks Summer Invitational 2013
5:04.25	L	F	400	Free	7/12/2013 Hawks Summer Invitational 2013
1:15.92	S	F	100	Back	6/15/2013 Piranhas Summer Kick-Off Meet
1:19.19	L	F	100	Back	7/12/2013 Hawks Summer Invitational 2013
2:50.33	L	P	200	Back	7/19/2013 2013 Adirondack Long Course District Champion
1:18.66	L	F	100	Breast	7/19/2013 2013 Adirondack Long Course District Champion
1:20.01	S	F	100	Breast	6/15/2013 Piranhas Summer Kick-Off Meet
2:55.65	L	P	200	Breast	7/19/2013 2013 Adirondack Long Course District Champion
1:15.69	L	P	100	Fly	7/19/2013 2013 Adirondack Long Course District Champion
2:55.66	L	F	200	Fly	7/19/2013 2013 Adirondack Long Course District Champion
2:22.31	Y	F	200	IM	2/9/2013 North Country YMCA Swim League 2013 Champions
2:38.87	L	P	200	IM	7/19/2013 2013 Adirondack Long Course District Champion
2:39.29	S	F	200	IM	6/15/2013 Piranhas Summer Kick-Off Meet
5:44.45	L	F	400	IM	7/19/2013 2013 Adirondack Long Course District Champion
Anna Chamberlin (10) W					
48.05	Y	F	50	Free	12/15/2012 Sharks 12&Under Mini-Meet
1:50.74	Y	F	100	Free	12/15/2012 Sharks 12&Under Mini-Meet

Individual Top Times

Time	P/F/S	Event			
Anna Chamberlin (10) W					
57.87 Y	F	50 Back	12/15/2012	Sharks 12&Under Mini-Meet	CPP-AD
Bhavya Chavali (10) W					
51.10 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	ALBS-AD
54.10 Y	F	50 Free	12/15/2012	Sharks 12&Under Mini-Meet	
2:01.80 S	F	100 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
2:10.23 Y	F	100 Free	10/20/2012	Ravena Autumn Breeze 2012	
54.30 Y	F	50 Back	12/15/2012	Sharks 12&Under Mini-Meet	
56.96 S	F	50 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:29.03 Y	F	100 Back	10/20/2012	Ravena Autumn Breeze 2012	
1:09.94 S	F	50 Breast	6/15/2013	Piranhas Summer Kick-Off Meet	
Rishika Chavali (12) W					
45.53 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	ALBS-AD
1:55.08 S	F	100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
Eric Chen (16) M					
25.13 Y	F	50 Free	10/21/2012	2012 Trick or Treat Meet	UN-AD
54.57 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
5:38.97 Y	F	500 Free	12/9/2012	Piranhas December Distance Invite	
1:03.30 Y	P	100 Back	3/10/2013	AD Gold Short Course Championships	
2:17.34 Y	P	200 Back	3/10/2013	AD Gold Short Course Championships	
1:10.47 Y	P	100 Breast	3/10/2013	AD Gold Short Course Championships	
1:00.18 Y	P	100 Fly	3/10/2013	AD Gold Short Course Championships	
2:13.57 Y	F	200 IM	12/9/2012	Piranhas December Distance Invite	
4:47.18 Y	F	400 IM	3/10/2013	AD Gold Short Course Championships	
James Chen (13) M					
28.20 Y	F	50 Free	3/10/2013	AD Gold Short Course Championships	ALBS-AD
32.18 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
33.80 L	F	50 Free	6/22/2013	2013 NI - Niagara Super Circuit Ithaca	
1:04.40 Y	F	100 Free	11/10/2012	Pilgrims Pride	
1:11.27 L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:15.85 Y	F	200 Free	1/4/2013	2013 Starfish Trophy Invitational	
2:35.60 L	P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
5:51.30 Y	F	500 Free	3/10/2013	AD Gold Short Course Championships	
32.87 Y	F	50 Back	2/23/2013	Cabin Fever Invitational	
1:08.19 Y	P	100 Back	3/10/2013	AD Gold Short Course Championships	
1:21.45 S	F	100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:23.37 L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
2:31.28 Y	F	200 Back	12/9/2012	Piranhas December Distance Invite	
2:57.75 L	P	200 Back	7/19/2013	2013 Adirondack Long Course District Champion	
35.78 Y	F	50 Breast	3/10/2013	AD Gold Short Course Championships	
1:28.87 S	F	100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:29.58 L	F	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
3:15.44 L	P	200 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
28.54 Y	P	50 Fly	3/10/2013	AD Gold Short Course Championships	
1:06.75 Y	F	100 Fly	3/10/2013	AD Gold Short Course Championships	
1:13.09 S	F	100 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:14.15 L	P	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
3:03.61 L	F	200 Fly	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:08.02 Y	P	100 IM	3/10/2013	AD Gold Short Course Championships	
1:19.07 S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:26.91 Y	P	200 IM	3/10/2013	AD Gold Short Course Championships	
2:49.85 L	P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
Jeffrey Chen (9) M					
41.01 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	ALBS-AD
1:30.30 Y	F	100 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
52.05 Y	F	50 Back	3/1/2013	AD Silver Short Course Championships	
1:45.32 Y	F	100 Back	3/1/2013	AD Silver Short Course Championships	
57.63 Y	F	50 Breast	3/1/2013	AD Silver Short Course Championships	
50.76 Y	F	50 Fly	1/4/2013	2013 Starfish Trophy Invitational	
1:49.32 Y	F	100 IM	2/3/2013	Delmar Dolphins February Freeze Invitational	

Individual Top Times

Time	P/F/S	Event			
Benjamin Cherry (11) M			HAWK-AD		
36.01 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	
1:25.61 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
3:23.87 Y	P	200 Free	1/25/2013	Hawks Trials And Finals 2013	
45.77 Y	F	50 Back	3/1/2013	AD Silver Short Course Championships	
1:37.92 Y	F	100 Back	3/1/2013	AD Silver Short Course Championships	
55.82 Y	P	50 Breast	1/25/2013	Hawks Trials And Finals 2013	
2:03.61 Y	F	100 Breast	3/1/2013	AD Silver Short Course Championships	
47.16 Y	F	50 Fly	3/1/2013	AD Silver Short Course Championships	
1:47.26 Y	F	100 IM	1/4/2013	2013 Starfish Trophy Invitational	
John Cheu (14) M			DELM-AD		
30.89 Y	F	50 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:08.30 Y	F	100 Free	1/4/2013	2013 Starfish Trophy Invitational	
2:28.78 Y	F	200 Free	12/2/2012	December Super Splash 2012	
6:30.63 Y	F	500 Free	12/9/2012	Piranhas December Distance Invite	
1:11.12 Y	F	100 Back	3/1/2013	AD Silver Short Course Championships	
2:36.27 Y	F	200 Back	1/12/2013	Chris Goody IMX Challenge	
1:30.28 Y	F	100 Breast	2/10/2013	2013 Piranhas Pentathlon	
3:14.33 Y	F	200 Breast	1/12/2013	Chris Goody IMX Challenge	
2:47.22 Y	F	200 IM	12/2/2012	December Super Splash 2012	
Nina Chicatelli (10) W			ALBS-AD		
38.38 Y	F	50 Free	1/4/2013	2013 Starfish Trophy Invitational	
46.21 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:24.14 Y	F	100 Free	1/4/2013	2013 Starfish Trophy Invitational	
1:32.32 L	F	100 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:32.74 S	F	100 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
7:04.39 L	F	400 Free	7/19/2013	2013 Adirondack Long Course District Champion	
46.55 Y	F	50 Back	3/1/2013	AD Silver Short Course Championships	
51.72 S	F	50 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
55.76 Y	F	50 Breast	3/1/2013	AD Silver Short Course Championships	
59.15 L	F	50 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
1:01.69 S	F	50 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
47.12 Y	F	50 Fly	2/3/2013	Delmar Dolphins February Freeze Invitational	
53.29 S	F	50 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
55.47 L	F	50 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:38.25 Y	F	100 IM	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:49.55 S	F	100 IM	6/15/2013	Piranhas Summer Kick-Off Meet	
Madelyn Chiera (16) W			KING-AD		
27.65 Y	P	50 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
1:05.44 Y	F	100 Free	1/4/2013	2013 Starfish Trophy Invitational	
32.01 Y L	F	50 Back	1/4/2013	2013 Starfish Trophy Invitational	
1:07.10 Y	P	100 Back	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
2:35.90 Y	F	200 Back	1/4/2013	2013 Starfish Trophy Invitational	
1:17.20 Y	F	100 Fly	1/4/2013	2013 Starfish Trophy Invitational	
2:36.98 Y	F	200 IM	2/9/2013	North Country YMCA Swim League 2013 Champions	
Akhil Chivukula (9) M			CPP-AD		
28.47 Y	F	25 Free	12/15/2012	Sharks 12&Under Mini-Meet	
1:03.45 Y	F	50 Free	12/15/2012	Sharks 12&Under Mini-Meet	
2:34.31 Y	F	100 Free	1/4/2013	2013 Starfish Trophy Invitational	
30.38 Y	F	25 Back	12/15/2012	Sharks 12&Under Mini-Meet	
1:04.71 Y	F	50 Back	2/10/2013	2013 Piranhas Pentathlon	
Caitlin Cho (8) W			ALBS-AD		
22.22 Y	F	25 Free	3/1/2013	AD Silver Short Course Championships	
54.98 Y	F	50 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
56.65 L	F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
58.06 S	F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
27.89 Y	F	25 Back	11/10/2012	Pilgrims Pride	
27.89 Y	F	25 Back	12/15/2012	Sharks 12&Under Mini-Meet	
1:01.44 L	F	50 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:01.58 Y	F	50 Back	1/4/2013	2013 Starfish Trophy Invitational	

Individual Top Times

Time	P/F/S	Event			
Caitlin Cho (8) W					
					ALBS-AD
1:05.56 S	F	50 Back	6/15/2013	Piranhas Summer Kick-Off Meet	
1:04.64 Y	F	50 Breast	3/1/2013	AD Silver Short Course Championships	
1:08.28 L	F	50 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
1:12.06 S	F	50 Breast	6/15/2013	Piranhas Summer Kick-Off Meet	
26.63 Y	F	25 Fly	3/1/2013	AD Silver Short Course Championships	
1:08.79 Y	F	50 Fly	2/3/2013	Delmar Dolphins February Freeze Invitational	
2:18.92 S	F	100 IM	6/15/2013	Piranhas Summer Kick-Off Meet	
Gregory Chocko (18) M					
					SCHE-AD
23.94 Y	P	50 Free	12/6/2012	2012 NE NSSC MIT Invite	
49.92 Y	F	100 Free	3/21/2013	2013 CT Senior Open Championship	
1:50.52 Y	P	200 Free	12/6/2012	2012 NE NSSC MIT Invite	
4:59.22 Y	F	500 Free	1/12/2013	Chris Goody IMX Challenge	
2:09.87 Y	F	200 Back	1/12/2013	Chris Goody IMX Challenge	
59.73 Y	P	100 Breast	3/21/2013	2013 CT Senior Open Championship	
2:09.48 Y	F	200 Breast	3/21/2013	2013 CT Senior Open Championship	
57.11 Y	P	100 Fly	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS	
2:07.29 Y	F	200 Fly	1/12/2013	Chris Goody IMX Challenge	
1:59.40 Y	F	200 IM	3/21/2013	2013 CT Senior Open Championship	
4:24.44 Y	F	400 IM	12/6/2012	2012 NE NSSC MIT Invite	
Sofia Choppa (9) W					
					GRGF-AD
28.85 Y	F	25 Free	11/4/2012	Hometown Splashdown	
1:01.50 Y	F	50 Free	11/4/2012	Hometown Splashdown	
33.91 Y	F	25 Back	11/4/2012	Hometown Splashdown	
1:11.99 Y	F	50 Back	11/4/2012	Hometown Splashdown	
Bryan Chorzempa (10) M					
					KING-AD
31.79 Y	F	50 Free	11/10/2012	Pilgrims Pride	
34.42 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:04.82 Y	F	100 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
1:15.13 S	F	100 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
2:21.28 Y	F	200 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
37.25 Y	F	50 Back	2/9/2013	North Country YMCA Swim League 2013 Champions	
42.48 S	F	50 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:20.98 Y	F	100 Back	1/25/2013	Hawks Trials And Finals 2013	
45.40 Y	F	50 Breast	1/25/2013	Hawks Trials And Finals 2013	
51.31 S	F	50 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:43.22 Y	F	100 Breast	1/4/2013	2013 Starfish Trophy Invitational	
36.64 Y	F	50 Fly	1/25/2013	Hawks Trials And Finals 2013	
38.47 S	F	50 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:32.86 Y	F	100 Fly	1/4/2013	2013 Starfish Trophy Invitational	
1:19.25 Y	F	100 IM	2/9/2013	North Country YMCA Swim League 2013 Champions	
1:31.78 S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
3:03.80 Y	F	200 IM	1/4/2013	2013 Starfish Trophy Invitational	
Grace Cioffi (10) W					
					ALBS-AD
40.16 Y	F	50 Free	12/15/2012	Sharks 12&Under Mini-Meet	
41.72 L	F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:37.47 Y	F	100 Free	12/15/2012	Sharks 12&Under Mini-Meet	
1:41.34 L	F	100 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
49.83 Y L	F	25 Back	1/4/2013	2013 Starfish Trophy Invitational	
47.76 Y	F	50 Back	3/1/2013	AD Silver Short Course Championships	
49.05 L	F	50 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
49.28 S	F	50 Back	6/15/2013	Piranhas Summer Kick-Off Meet	
1:49.76 L	F	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
59.89 Y	F	50 Breast	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:00.37 S	F	50 Breast	6/15/2013	Piranhas Summer Kick-Off Meet	
1:04.39 L	F	50 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational	
2:04.51 L	F	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
57.54 S	F	50 Fly	6/15/2013	Piranhas Summer Kick-Off Meet	
2:04.01 L	F	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:46.34 Y	F	100 IM	1/27/2013	Thoroughbred Splash 2013	
1:57.22 S	F	100 IM	6/15/2013	Piranhas Summer Kick-Off Meet	

Individual Top Times

Time	P/F/S	Event			
Nicklaus Cirillo (18) M					
					GLOY-AD
29.99	Y L	F 50 Free	2/9/2013	North Country YMCA Swim League 2013 Champions	
1:51.39	Y	F 200 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
5:07.98	Y	F 500 Free	2/14/2013	Section II Championships Small	
58.86	Y	P 100 Fly	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
Tari Civerolo (10) W					
					UN-AD
33.42	Y	F 50 Free	3/10/2013	AD Gold Short Course Championships	
38.75	S	F 50 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
39.66	L	F 50 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:15.56	Y	F 100 Free	3/10/2013	AD Gold Short Course Championships	
1:31.70	S	F 100 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
1:32.27	L	F 100 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
2:47.89	Y	F 200 Free	3/10/2013	AD Gold Short Course Championships	
3:21.43	L	F 200 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
7:29.75	Y	F 500 Free	3/10/2013	AD Gold Short Course Championships	
39.80	Y	F 50 Back	3/10/2013	AD Gold Short Course Championships	
48.28	L	F 50 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
48.30	S	F 50 Back	6/15/2013	Piranhas Summer Kick-Off Meet	
1:26.80	Y	F 100 Back	3/10/2013	AD Gold Short Course Championships	
1:47.30	L	F 100 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
3:25.08	Y	F 200 Back	12/9/2012	Piranhas December Distance Invite	
2:53.07	L	F 100 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational	
45.76	Y	F 50 Fly	1/4/2013	2013 Starfish Trophy Invitational	
53.78	L	F 50 Fly	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:49.00	Y	F 100 Fly	3/1/2013	AD Silver Short Course Championships	
1:45.49	Y	F 100 IM	3/1/2013	AD Silver Short Course Championships	
3:49.87	Y	F 200 IM	1/12/2013	Chris Goody IMX Challenge	
4:21.85	L	F 200 IM	6/8/2013	Clinton Cudas Colgate Classic Invitational	
Abigayle Claeson (12) W					
					SCHE-AD
35.96	Y	F 50 Free	10/21/2012	2012 Trick or Treat Meet	
1:29.52	Y	F 100 Free	12/2/2012	December Super Splash 2012	
46.14	Y	F 50 Back	12/2/2012	December Super Splash 2012	
Adam Clark (9) M					
					ADDI-AD
45.24	Y	F 50 Free	2/3/2013	2013 NE GMA VT Specialty Meet	
1:45.50	Y	F 100 Free	1/4/2013	2013 NE GMA Winter Knights	
56.10	Y	F 50 Back	2/3/2013	2013 NE GMA VT Specialty Meet	
Bryn Clark (14) M					
					CANA-AD
25.22	Y	F 50 Free	3/10/2013	AD Gold Short Course Championships	
54.62	Y	P 100 Free	2/14/2013	Section II Championships Small	
2:03.30	Y	F 200 Free	2/14/2013	Section II Championships Small	
6:03.58	Y	F 500 Free	1/26/2013	Central Valley Swim Meet Quad Meet	
1:07.76	Y	F 100 Back	3/1/2013	AD Silver Short Course Championships	
2:32.87	Y	F 200 Back	3/1/2013	AD Silver Short Course Championships	
1:15.43	Y	P 100 Breast	3/10/2013	AD Gold Short Course Championships	
1:07.04	Y	P 100 Fly	3/10/2013	AD Gold Short Course Championships	
2:48.74	Y	F 200 Fly	1/4/2013	2013 Starfish Trophy Invitational	
2:26.78	Y	F 200 IM	3/1/2013	AD Silver Short Course Championships	
Erin Clarke (15) W					
					RAVE-AD
33.31	Y	F 50 Free	10/21/2012	2012 Trick or Treat Meet	
1:10.70	Y	F 100 Free	3/1/2013	AD Silver Short Course Championships	
2:32.99	Y	F 200 Free	3/1/2013	AD Silver Short Course Championships	
6:53.91	Y	F 500 Free	1/12/2013	Chris Goody IMX Challenge	
14:35.98	Y	F 1000 Free	1/4/2013	2013 Starfish Trophy Invitational	
1:17.30	Y	F 100 Back	2/23/2013	Cabin Fever Invitational	
2:45.44	Y	F 200 Back	3/1/2013	AD Silver Short Course Championships	
1:33.31	Y	F 100 Breast	2/10/2013	2013 Piranhas Pentathlon	
3:25.45	Y	F 200 Breast	3/1/2013	AD Silver Short Course Championships	
1:23.51	Y	F 100 Fly	2/10/2013	2013 Piranhas Pentathlon	
3:02.96	Y	F 200 Fly	3/1/2013	AD Silver Short Course Championships	
2:46.00	Y	F 200 IM	3/1/2013	AD Silver Short Course Championships	

Individual Top Times

Time	P/F/S	Event			
Erin Clarke (15) W					
6:07.58	Y	F	400	IM	1/12/2013 Chris Goody IMX Challenge
Liam Clarke (12) M					
31.65	Y	F	50	Free	3/1/2013 AD Silver Short Course Championships
34.06	L	P	50	Free	7/19/2013 2013 Adirondack Long Course District Champion
1:07.58	Y	P	100	Free	3/10/2013 AD Gold Short Course Championships
1:19.19	L	P	100	Free	7/19/2013 2013 Adirondack Long Course District Champion
37.37	Y	F	50	Back	2/3/2013 Delmar Dolphins February Freeze Invitational
44.61	L	P	50	Back	7/19/2013 2013 Adirondack Long Course District Champion
1:30.28	L	P	100	Back	7/19/2013 2013 Adirondack Long Course District Champion
39.18	Y	F	50	Breast	3/10/2013 AD Gold Short Course Championships
1:23.54	Y	P	100	Breast	3/10/2013 AD Gold Short Course Championships
1:40.22	L	F	100	Breast	7/19/2013 2013 Adirondack Long Course District Champion
37.94	Y	F	50	Fly	3/1/2013 AD Silver Short Course Championships
1:19.96	Y	F	100	IM	3/1/2013 AD Silver Short Course Championships
Matthew Clarke (14) M					
26.60	Y	P	50	Free	3/10/2013 AD Gold Short Course Championships
29.96	L	P	50	Free	7/19/2013 2013 Adirondack Long Course District Champion
57.48	Y	P	100	Free	3/10/2013 AD Gold Short Course Championships
1:06.45	L	P	100	Free	7/19/2013 2013 Adirondack Long Course District Champion
2:05.51	Y	P	200	Free	3/10/2013 AD Gold Short Course Championships
2:26.20	L	P	200	Free	7/19/2013 2013 Adirondack Long Course District Champion
5:40.16	Y	P	500	Free	2/14/2013 Section II Championships Large
1:07.63	Y	P	100	Back	3/10/2013 AD Gold Short Course Championships
1:17.81	L	P	100	Back	7/19/2013 2013 Adirondack Long Course District Champion
2:45.97	L	F	200	Back	7/19/2013 2013 Adirondack Long Course District Champion
1:21.95	Y	F	100	Breast	1/4/2013 2013 Starfish Trophy Invitational
1:34.50	L	F	100	Breast	6/8/2013 Clinton Cudas Colgate Classic Invitational
2:33.06	Y	F	200	IM	10/20/2012 Ravenna Autumn Breeze 2012
Michael Clarke (18) M					
24.58	Y	P	50	Free	2/14/2013 Section II Championships Large
53.90	Y	F	100	Free	2/14/2013 Section II Championships Large
2:04.64	Y	F	200	Free	10/20/2012 Ravenna Autumn Breeze 2012
1:06.72	Y	F	100	Back	1/4/2013 2013 Starfish Trophy Invitational
2:22.39	Y	F	200	Back	1/4/2013 2013 Starfish Trophy Invitational
1:21.92	Y	F	100	Breast	11/10/2012 Pilgrims Pride
Nathi Clarke (9) M					
20.01	Y	F	25	Free	10/20/2012 Ravenna Autumn Breeze 2012
37.73	Y	F	50	Free	3/10/2013 AD Gold Short Course Championships
43.94	L	F	50	Free	7/19/2013 2013 Adirondack Long Course District Champion
46.12	S	F	50	Free	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:23.72	Y	F	100	Free	3/10/2013 AD Gold Short Course Championships
1:34.77	L	F	100	Free	7/19/2013 2013 Adirondack Long Course District Champion
22.98	Y	F	25	Back	3/1/2013 AD Silver Short Course Championships
47.87	Y	F	50	Back	3/10/2013 AD Gold Short Course Championships
56.87	S	F	50	Back	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:02.42	L	F	50	Back	6/8/2013 Clinton Cudas Colgate Classic Invitational
2:11.43	L	F	100	Back	6/8/2013 Clinton Cudas Colgate Classic Invitational
30.08	Y	F	25	Breast	12/15/2012 Sharks 12&Under Mini-Meet
1:03.28	Y	F	50	Breast	2/3/2013 Delmar Dolphins February Freeze Invitational
1:12.05	L	F	50	Breast	6/8/2013 Clinton Cudas Colgate Classic Invitational
1:18.78	S	F	50	Breast	6/2/2013 2013 Starfish Meter Madness - Pentathlon
2:28.83	L	F	100	Breast	6/8/2013 Clinton Cudas Colgate Classic Invitational
1:54.30	Y	F	100	IM	12/15/2012 Sharks 12&Under Mini-Meet
William Clarke (12) M					
35.07	Y	F	50	Free	11/10/2012 Pilgrims Pride
1:19.10	Y	F	100	Free	11/10/2012 Pilgrims Pride
43.30	Y	F	50	Back	11/10/2012 Pilgrims Pride
50.39	Y	F	50	Breast	11/10/2012 Pilgrims Pride
Nicholas Clark (9) M					

RAVE-AD

DELM-AD

DELM-AD

UN-AD

RAVE-AD

SSAC-AD

SCHE-AD

Individual Top Times

Time	P/F/S	Event				
Nicholas Clark (9) M						
24.34 Y	F	25 Free	1/12/2013	Chris Goody Mini-Meet		SCHE-AD
2:00.63 Y	F	100 Free	1/12/2013	Chris Goody Mini-Meet		
23.30 Y	F	25 Back	1/12/2013	Chris Goody Mini-Meet		
29.46 Y	F	25 Fly	1/12/2013	Chris Goody Mini-Meet		
Payton Clark (7) W						
1:08.26 S	F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet		CPP-AD
3:08.50 S	F	100 Free	6/15/2013	Piranhas Summer Kick-Off Meet		
1:16.03 S	F	50 Back	6/15/2013	Piranhas Summer Kick-Off Meet		
Sarah Clark (14) W						
32.87 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships		DELM-AD
1:11.60 Y	F	100 Free	1/27/2013	Thoroughbred Splash 2013		
1:18.93 Y	F	100 Back	2/3/2013	Delmar Dolphins February Freeze Invitational		
2:48.96 Y	F	200 Back	1/4/2013	2013 Starfish Trophy Invitational		
48.22 Y	F	50 Breast	1/12/2013	Chris Goody Mini-Meet		
1:36.02 Y	F	100 Breast	3/1/2013	AD Silver Short Course Championships		
38.65 Y	F	50 Fly	1/12/2013	Chris Goody Mini-Meet		
2:54.63 Y	F	200 IM	1/4/2013	2013 Starfish Trophy Invitational		
Schuyler Clark (9) W						
21.12 Y	F	25 Free	10/21/2012	2012 Trick or Treat Meet		CPP-AD
45.12 Y	F	50 Free	12/15/2012	Sharks 12&Under Mini-Meet		
54.08 S	F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet		
1:50.05 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships		
1:58.47 S	F	100 Free	6/15/2013	Piranhas Summer Kick-Off Meet		
24.82 Y	F	25 Back	3/1/2013	AD Silver Short Course Championships		
55.09 Y	F	50 Back	3/1/2013	AD Silver Short Course Championships		
59.00 S	F	50 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon		
26.88 Y	F	25 Breast	3/1/2013	AD Silver Short Course Championships		
1:05.61 S	F	50 Breast	6/15/2013	Piranhas Summer Kick-Off Meet		
25.05 Y	F	25 Fly	3/1/2013	AD Silver Short Course Championships		
48.58 Y	F	50 Fly	2/10/2013	2013 Piranhas Pentathlon		
1:02.84 S	F	50 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon		
2:00.61 Y	F	100 IM	2/3/2013	Delmar Dolphins February Freeze Invitational		
2:11.63 S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon		
Emma Claypool (9) W						
27.54 Y	F	25 Free	10/21/2012	2012 Trick or Treat Meet		BSPA-AD
1:01.38 Y	F	50 Free	10/20/2012	Ravena Autumn Breeze 2012		
2:17.70 Y	F	100 Free	1/12/2013	Chris Goody Mini-Meet		
26.70 Y	F	25 Back	10/20/2012	Ravena Autumn Breeze 2012		
29.41 Y	F	25 Breast	2/23/2013	Cabin Fever Invitational		
36.11 Y	F	25 Fly	1/12/2013	Chris Goody Mini-Meet		
Kelly Clemmer (17) W						
6:10.60 Y	F	500 Free	12/9/2012	Piranhas December Distance Invite		UN-AD
Calvin Cleworth (15) M						
24.43 Y	P	50 Free	3/10/2013	AD Gold Short Course Championships		SCHE-AD
27.74 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion		
1:01.90 L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion		
2:19.05 L	F	200 Free	7/6/2013	Sharks Summer Invite		
5:20.10 Y	F	500 Free	1/12/2013	Chris Goody IMX Challenge		
11:27.15 Y	F	1000 Free	12/6/2012	2012 NE NSSC MIT Invite		
35.16 L	F	50 Back	6/1/2013	2013 NE MTSC June 1st Meet		
35.16 L	F	50 Back	6/1/2013	2013 NE MTSC June 1st Meet		
58.69 Y	P	100 Back	3/10/2013	AD Gold Short Course Championships		
1:10.49 L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion		
2:11.28 Y	F	200 Back	12/6/2012	2012 NE NSSC MIT Invite		
1:13.75 Y	F	100 Breast	10/21/2012	2012 Trick or Treat Meet		
1:21.97 L	P	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion		
2:32.74 Y	F	200 Breast	1/12/2013	Chris Goody IMX Challenge		
30.85 L	F	50 Fly	6/1/2013	2013 NE MTSC June 1st Meet		
30.85 L	F	50 Fly	6/1/2013	2013 NE MTSC June 1st Meet		

Individual Top Times

Time	P/F/S	Event			
Calvin Cleworth (15) M					
SCHE-AD					
56.73 Y	F	100 Fly	3/10/2013	AD Gold Short Course Championships	
1:06.65 L	P	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
2:27.54 L	F	200 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
2:06.14 Y	F	200 IM	2/14/2013	Section II Championships Large	
2:31.71 L	P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
4:31.65 Y	F	400 IM	3/10/2013	AD Gold Short Course Championships	
Alyssa Clifford (18) W					
NTS-AD					
29.37 Y	F	50 Free	1/27/2013	Thoroughbred Splash 2013	
1:04.87 Y	F	100 Free	1/27/2013	Thoroughbred Splash 2013	
2:19.39 Y	F	200 Free	1/27/2013	Thoroughbred Splash 2013	
6:26.68 Y	F	500 Free	1/12/2013	Chris Goody IMX Challenge	
1:16.65 Y	F	100 Back	1/27/2013	Thoroughbred Splash 2013	
2:42.20 Y	F	200 Back	1/12/2013	Chris Goody IMX Challenge	
3:13.88 Y	F	200 Breast	1/12/2013	Chris Goody IMX Challenge	
2:48.06 Y	F	200 IM	1/12/2013	Chris Goody IMX Challenge	
5:58.01 Y	F	400 IM	1/12/2013	Chris Goody IMX Challenge	
Isabel Coan (11) W					
ALBS-AD					
37.71 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	
46.59 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:32.50 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
1:47.19 L	F	100 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
47.48 Y	F	50 Back	3/1/2013	AD Silver Short Course Championships	
54.42 S	F	50 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:42.82 Y	F	100 Back	2/3/2013	Delmar Dolphins February Freeze Invitational	
2:00.52 L	F	100 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
58.28 Y	F	50 Breast	3/1/2013	AD Silver Short Course Championships	
1:06.64 L	F	50 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational	
2:11.90 Y	F	100 Breast	11/10/2012	Pilgrims Pride	
46.50 Y	F	50 Fly	3/1/2013	AD Silver Short Course Championships	
54.99 S	F	50 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
57.48 L	F	50 Fly	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:45.24 Y	F	100 IM	3/1/2013	AD Silver Short Course Championships	
2:01.08 S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
Tess Cody (10) W					
BFIN-AD					
39.44 Y	F	50 Free	12/2/2012	December Super Splash 2012	
47.79 Y	F	50 Back	12/2/2012	December Super Splash 2012	
Hali Colabella (14) W					
HAWK-AD					
x1:34.49 Y	F	100 Back	11/18/2012	Hawk-NDAC-CSD	
Bryan Colby (15) M					
SCHE-AD					
25.22 Y	F	50 Free	3/10/2013	AD Gold Short Course Championships	
28.46 L	F	50 Free	6/1/2013	2013 NE MTSC June 1st Meet	
28.46 L	F	50 Free	6/1/2013	2013 NE MTSC June 1st Meet	
53.29 Y	F	100 Free	2/14/2013	Section II Championships Large	
1:03.45 L	F	100 Free	6/1/2013	2013 NE MTSC June 1st Meet	
1:03.45 L	F	100 Free	6/1/2013	2013 NE MTSC June 1st Meet	
2:01.14 Y	P	200 Free	3/10/2013	AD Gold Short Course Championships	
2:21.39 L	F	200 Free	6/1/2013	2013 NE MTSC June 1st Meet	
2:21.39 L	F	200 Free	6/1/2013	2013 NE MTSC June 1st Meet	
5:49.11 Y	F	500 Free	10/27/2012	IM-Xtremely Spooked	
33.25 L	F	50 Back	6/1/2013	2013 NE MTSC June 1st Meet	
33.25 L	F	50 Back	6/1/2013	2013 NE MTSC June 1st Meet	
58.87 Y	F	100 Back	2/14/2013	Section II Championships Large	
1:11.07 L	F	100 Back	6/1/2013	2013 NE MTSC June 1st Meet	
1:11.07 L	F	100 Back	6/1/2013	2013 NE MTSC June 1st Meet	
2:07.54 Y	F	200 Back	3/10/2013	AD Gold Short Course Championships	
2:28.93 L	F	200 Back	6/1/2013	2013 NE MTSC June 1st Meet	
2:28.93 L	F	200 Back	6/1/2013	2013 NE MTSC June 1st Meet	
40.00 L	F	50 Breast	6/1/2013	2013 NE MTSC June 1st Meet	
40.00 L	F	50 Breast	6/1/2013	2013 NE MTSC June 1st Meet	

Individual Top Times

Time	P/F/S	Event			
Bryan Colby (15) M					
SCHE-AD					
2:49.73	Y	F	200	Breast	10/27/2012 IM-Xtremely Spooked
3:10.63	L	F	200	Breast	6/1/2013 2013 NE MTSC June 1st Meet
3:10.63	L	F	200	Breast	6/1/2013 2013 NE MTSC June 1st Meet
2:14.20	Y	F	200	IM	3/10/2013 AD Gold Short Course Championships
Hannah Collier (19) W					
GCAT-AD					
34.16	S	F	50	Free	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:12.97	L	P	100	Free	7/19/2013 2013 Adirondack Long Course District Champion
2:30.86	L	P	200	Free	7/19/2013 2013 Adirondack Long Course District Champion
1:16.52	S	F	100	Back	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:17.42	L	P	100	Back	7/19/2013 2013 Adirondack Long Course District Champion
2:39.59	L	P	200	Back	7/19/2013 2013 Adirondack Long Course District Champion
1:33.17	S	F	100	Breast	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:33.35	L	P	100	Breast	7/19/2013 2013 Adirondack Long Course District Champion
1:19.77	S	F	100	Fly	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:20.35	L	F	100	Fly	6/8/2013 Clinton Cudas Colgate Classic Invitational
1:20.54	S	F	100	IM	6/2/2013 2013 Starfish Meter Madness - Pentathlon
2:48.03	L	P	200	IM	7/19/2013 2013 Adirondack Long Course District Champion
Thompson Collins (12) M					
GLFY-AD					
28.54	Y	P	50	Free	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
1:06.12	Y	P	100	Free	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
2:23.62	Y	P	200	Free	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
37.85	Y	F	50	Back	12/2/2012 December Super Splash 2012
37.91	Y	F	50	Fly	1/27/2013 Thoroughbred Splash 2013
Jeremy Collison (15) M					
ALBS-AD					
23.86	Y	P	50	Free	3/10/2013 AD Gold Short Course Championships
27.32	L	F	50	Free	6/8/2013 Clinton Cudas Colgate Classic Invitational
27.36	S	F	50	Free	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:00.62	L	P	100	Free	7/19/2013 2013 Adirondack Long Course District Champion
1:53.93	Y	P	200	Free	3/10/2013 AD Gold Short Course Championships
5:05.54	Y	F	500	Free	3/10/2013 AD Gold Short Course Championships
9:45.81	L	F	800	Free	6/22/2013 2013 NI - Niagara Super Circuit Ithaca
17:47.04	Y	F	1650	Free	3/10/2013 AD Gold Short Course Championships
28.62	Y	F	50	Back	1/4/2013 2013 Starfish Trophy Invitational
59.51	Y	F	100	Back	2/3/2013 Delmar Dolphins February Freeze Invitational
1:09.11	S	F	100	Back	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:09.19	L	P	100	Back	7/19/2013 2013 Adirondack Long Course District Champion
2:07.09	Y	F	200	Back	3/10/2013 AD Gold Short Course Championships
2:29.59	L	P	200	Back	7/19/2013 2013 Adirondack Long Course District Champion
1:06.65	Y	P	100	Breast	3/10/2013 AD Gold Short Course Championships
1:18.47	L	P	100	Breast	7/19/2013 2013 Adirondack Long Course District Champion
1:18.68	S	F	100	Breast	6/2/2013 2013 Starfish Meter Madness - Pentathlon
2:26.70	Y	F	200	Breast	12/9/2012 Piranhas December Distance Invite
2:52.12	L	F	200	Breast	6/8/2013 Clinton Cudas Colgate Classic Invitational
57.31	Y	F	100	Fly	2/14/2013 Section II Championships Large
1:04.27	S	F	100	Fly	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:04.59	L	F	100	Fly	7/19/2013 2013 Adirondack Long Course District Champion
2:09.06	Y	F	200	Fly	3/10/2013 AD Gold Short Course Championships
2:27.66	L	F	200	Fly	7/19/2013 2013 Adirondack Long Course District Champion
1:08.46	S	F	100	IM	6/2/2013 2013 Starfish Meter Madness - Pentathlon
2:06.03	Y	F	200	IM	2/14/2013 Section II Championships Large
2:25.07	L	F	200	IM	6/8/2013 Clinton Cudas Colgate Classic Invitational
4:34.62	Y	F	400	IM	12/9/2012 Piranhas December Distance Invite
5:09.13	L	F	400	IM	7/19/2013 2013 Adirondack Long Course District Champion
Marie Collison (10) W					
ALBS-AD					
35.56	Y	F	50	Free	3/10/2013 AD Gold Short Course Championships
38.50	S	F	50	Free	6/2/2013 2013 Starfish Meter Madness - Pentathlon
39.16	L	F	50	Free	7/19/2013 2013 Adirondack Long Course District Champion
1:23.56	Y	F	100	Free	3/1/2013 AD Silver Short Course Championships
1:25.38	L	F	100	Free	7/19/2013 2013 Adirondack Long Course District Champion
3:09.32	L	F	200	Free	7/19/2013 2013 Adirondack Long Course District Champion

Individual Top Times

Time	P/F/S	Event			
Marie Collison (10) W					
					ALBS-AD
45.57 Y L	F	25 Back	1/4/2013	2013 Starfish Trophy Invitational	
41.28 Y	F	50 Back	3/10/2013	AD Gold Short Course Championships	
45.88 L	F	50 Back	7/19/2013	2013 Adirondack Long Course District Champion	
46.01 S	F	50 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:36.71 L	F	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:37.32 Y	F	100 Back	1/4/2013	2013 Starfish Trophy Invitational	
50.44 Y	F	50 Breast	2/3/2013	Delmar Dolphins February Freeze Invitational	
51.27 S	F	50 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
52.96 L	F	50 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
1:49.39 Y	F	100 Breast	3/1/2013	AD Silver Short Course Championships	
1:55.40 L	F	100 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational	
42.81 Y	F	50 Fly	3/10/2013	AD Gold Short Course Championships	
44.36 S	F	50 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
45.36 L	F	50 Fly	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:34.48 Y	F	100 IM	1/27/2013	Thoroughbred Splash 2013	
1:42.12 S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
3:27.10 Y	F	200 IM	1/4/2013	2013 Starfish Trophy Invitational	
3:29.27 L	F	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
Elizabeth Compo (11) W					
					TBS-AD
41.77 Y	F	50 Free	3/2/2013	2013 NI - METS - Meet the Flintstones	
1:49.07 Y	F	100 Free	3/2/2013	2013 NI - METS - Meet the Flintstones	
56.47 Y	F	50 Back	3/2/2013	2013 NI - METS - Meet the Flintstones	
1:04.08 Y	F	50 Breast	3/2/2013	2013 NI - METS - Meet the Flintstones	
Caroline Conboy (18) W					
					UN-AD
57.41 Y	P	100 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
1:05.89 Y	F	100 Breast	11/1/2012	Girls Sec II Division I Champ	
2:27.98 Y	F	200 Breast	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
2:14.12 Y	F	200 IM	11/1/2012	Girls Sec II Division I Champ	
Caroline Conforti (15) W					
					DELM-AD
26.98 Y	F	50 Free	1/27/2013	Thoroughbred Splash 2013	
31.15 L	F	50 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
56.85 Y	F	100 Free	3/10/2013	AD Gold Short Course Championships	
1:06.76 L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:01.72 Y	F	200 Free	3/10/2013	AD Gold Short Course Championships	
2:23.11 L	P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:10.38 L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
2:28.57 L	F	200 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:14.47 Y	P	100 Breast	3/10/2013	AD Gold Short Course Championships	
1:28.81 L	F	100 Breast	6/22/2013	2013 NI - Niagara Super Circuit Ithaca	
3:10.21 L	F	200 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:05.02 Y	P	100 Fly	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS	
1:13.57 L	P	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
2:16.60 Y	P	200 IM	3/28/2013	2013 Eastern Zone SC Swimming Championships	
2:35.94 L	F	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
Ava Conklin (12) W					
					ALBS-AD
33.19 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	
34.63 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
35.52 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:25.98 S	F	100 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
2:55.30 L	P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
41.35 Y	F	50 Back	3/1/2013	AD Silver Short Course Championships	
43.07 S	F	50 Back	6/15/2013	Piranhas Summer Kick-Off Meet	
43.60 L	P	50 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:33.50 S	F	100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
49.11 Y	F	50 Breast	3/1/2013	AD Silver Short Course Championships	
50.59 L	P	50 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
54.85 S	F	50 Breast	6/15/2013	Piranhas Summer Kick-Off Meet	
1:51.75 S	F	100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
41.16 Y	F	50 Fly	3/1/2013	AD Silver Short Course Championships	
41.69 L	P	50 Fly	7/19/2013	2013 Adirondack Long Course District Champion	

Individual Top Times

Time	P/F/S	Event			
Ava Conklin (12) W					
1:33.73	S	F	100	IM	6/15/2013 Piranhas Summer Kick-Off Meet
3:39.09	L	P	200	IM	7/19/2013 2013 Adirondack Long Course District Champion
Michael Conley (16) M					
22.43	Y	F	50	Free	2/14/2013 Section II Championships Large
26.08	L	P	50	Free	3/21/2013 2013 NI - EZ North Region Speedo Ch
48.88	Y	P	100	Free	2/14/2013 Section II Championships Large
56.94	L	P	100	Free	3/21/2013 2013 NI - EZ North Region Speedo Ch
1:50.50	Y	F	200	Free	3/10/2013 AD Gold Short Course Championships
5:02.16	Y	F	500	Free	3/10/2013 AD Gold Short Course Championships
1:06.33	L	P	100	Back	3/21/2013 2013 NI - EZ North Region Speedo Ch
2:04.22	Y	F	200	Back	3/10/2013 AD Gold Short Course Championships
56.16	Y	P	100	Fly	3/10/2013 AD Gold Short Course Championships
2:07.39	Y	F	200	Fly	3/10/2013 AD Gold Short Course Championships
2:27.51	L	P	200	IM	3/21/2013 2013 NI - EZ North Region Speedo Ch
4:37.36	Y	F	400	IM	3/10/2013 AD Gold Short Course Championships
Emily Conners (11) W					
1:00.59	Y	F	50	Free	2/23/2013 Cabin Fever Invitational
2:19.60	Y	F	100	Free	2/23/2013 Cabin Fever Invitational
1:03.02	Y	F	50	Back	3/1/2013 AD Silver Short Course Championships
2:09.83	Y	F	100	Back	2/23/2013 Cabin Fever Invitational
Caroline Connolly (7) W					
23.13	Y	F	25	Free	3/1/2013 AD Silver Short Course Championships
57.27	Y	F	50	Free	1/4/2013 2013 Starfish Trophy Invitational
2:17.34	Y	F	100	Free	1/25/2013 Hawks Trials And Finals 2013
31.37	Y	F	25	Back	3/1/2013 AD Silver Short Course Championships
1:10.17	Y	F	50	Back	1/4/2013 2013 Starfish Trophy Invitational
Jack Connolly (9) M					
16.37	Y	F	25	Free	2/9/2013 North Country YMCA Swim League 2013 Champions
36.28	Y	F	50	Free	3/1/2013 AD Silver Short Course Championships
1:20.61	Y	F	100	Free	1/25/2013 Hawks Trials And Finals 2013
20.23	Y	F	25	Back	2/9/2013 North Country YMCA Swim League 2013 Champions
43.48	Y	F	50	Back	1/4/2013 2013 Starfish Trophy Invitational
1:36.19	Y	F	100	Back	1/25/2013 Hawks Trials And Finals 2013
57.26	Y	F	50	Breast	3/1/2013 AD Silver Short Course Championships
20.15	Y	F	25	Fly	11/10/2012 Pilgrims Pride
45.34	Y	P	50	Fly	12/7/2012 2012 NE CRIM December T/F Meet
1:37.31	Y	F	100	IM	1/25/2013 Hawks Trials And Finals 2013
Aubrey Connors (14) W					
31.07	Y	F	50	Free	1/4/2013 2013 Starfish Trophy Invitational
2:38.59	Y	F	200	Free	2/9/2013 North Country YMCA Swim League 2013 Champions
7:02.90	Y	F	500	Free	2/23/2013 Cabin Fever Invitational
34.78	Y L	F	50	Back	2/9/2013 North Country YMCA Swim League 2013 Champions
1:15.87	Y	F	100	Back	1/4/2013 2013 Starfish Trophy Invitational
1:35.41	Y	F	100	Breast	11/10/2012 Pilgrims Pride
3:13.97	Y	F	200	Breast	1/4/2013 2013 Starfish Trophy Invitational
1:16.83	Y	P	100	Fly	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
2:49.42	Y	F	200	IM	1/27/2013 Thoroughbred Splash 2013
Leah Constable (15) W					
26.99	Y	F	50	Free	3/10/2013 AD Gold Short Course Championships
31.72	S	F	50	Free	6/15/2013 Piranhas Summer Kick-Off Meet
57.81	Y	F	100	Free	3/10/2013 AD Gold Short Course Championships
57.81	Y	P	100	Free	3/10/2013 AD Gold Short Course Championships
2:23.79	S	F	200	Free	6/15/2013 Piranhas Summer Kick-Off Meet
5:26.93	Y	P	500	Free	11/1/2012 Girls Sec II Division I Champ
19:17.68	Y	F	1650	Free	3/10/2013 AD Gold Short Course Championships
1:08.43	Y	P	100	Back	3/10/2013 AD Gold Short Course Championships
1:18.97	S	F	100	Back	6/15/2013 Piranhas Summer Kick-Off Meet
2:22.46	Y	F	200	Back	3/10/2013 AD Gold Short Course Championships
1:34.90	Y	F	100	Breast	1/25/2013 2013 NE ABF Snow Angel Classic

ALBS-AD

UN-AD

WAVE-AD

KING-AD

KING-AD

SARY-AD

CPP-AD

Individual Top Times

Time	P/F/S	Event			
Leah Constable (15) W					
1:07.30	Y	P	100	Fly	3/10/2013 AD Gold Short Course Championships
1:21.71	S	F	100	Fly	6/15/2013 Piranhas Summer Kick-Off Meet
2:34.88	Y	F	200	IM	12/9/2012 Piranhas December Distance Invite
5:27.99	Y	F	400	IM	1/12/2013 Chris Goody IMX Challenge
Nathan Constable (12) M					
36.11	Y	F	50	Free	3/1/2013 AD Silver Short Course Championships
1:22.66	Y L	F	100	Free	3/10/2013 AD Gold Short Course Championships
46.64	Y L	F	50	Back	3/10/2013 AD Gold Short Course Championships
1:41.15	Y	F	100	Back	3/1/2013 AD Silver Short Course Championships
2:37.78	Y	F	200	Back	12/9/2012 Piranhas December Distance Invite
50.78	Y	F	50	Breast	3/1/2013 AD Silver Short Course Championships
1:54.59	Y	F	100	Breast	3/1/2013 AD Silver Short Course Championships
43.27	Y	F	50	Fly	3/1/2013 AD Silver Short Course Championships
1:37.92	Y	F	100	IM	3/1/2013 AD Silver Short Course Championships
3:39.99	Y	F	200	IM	12/9/2012 Piranhas December Distance Invite
Joseph Conway (15) M					
25.82	Y	P	50	Free	12/6/2012 2012 NE NSSC MIT Invite
27.95	L	F	50	Free	6/1/2013 2013 NE MTSC June 1st Meet
27.95	L	F	50	Free	6/1/2013 2013 NE MTSC June 1st Meet
1:02.31	L	P	100	Free	7/19/2013 2013 Adirondack Long Course District Champion
2:11.70	L	F	200	Free	6/1/2013 2013 NE MTSC June 1st Meet
2:11.70	L	F	200	Free	6/1/2013 2013 NE MTSC June 1st Meet
4:42.69	L	F	400	Free	7/19/2013 2013 Adirondack Long Course District Champion
5:28.91	Y	F	500	Free	10/21/2012 2012 Trick or Treat Meet
18:17.05	Y	F	1650	Free	3/10/2013 AD Gold Short Course Championships
2:26.78	Y	F	200	Back	10/27/2012 IM-Xtremely Spooked
37.60	L	F	50	Breast	6/1/2013 2013 NE MTSC June 1st Meet
37.60	L	F	50	Breast	6/1/2013 2013 NE MTSC June 1st Meet
1:06.12	Y	P	100	Breast	3/10/2013 AD Gold Short Course Championships
1:17.83	L	P	100	Breast	7/19/2013 2013 Adirondack Long Course District Champion
2:46.98	L	P	200	Breast	7/19/2013 2013 Adirondack Long Course District Champion
30.42	L	F	50	Fly	6/1/2013 2013 NE MTSC June 1st Meet
30.42	L	F	50	Fly	6/1/2013 2013 NE MTSC June 1st Meet
58.58	Y	P	100	Fly	2/15/2013 AD 2013 REGION 1 CHAMPIONSHIPS
1:05.11	L	F	100	Fly	7/19/2013 2013 Adirondack Long Course District Champion
2:24.28	L	F	200	Fly	7/6/2013 Sharks Summer Invite
2:10.11	Y	P	200	IM	3/10/2013 AD Gold Short Course Championships
2:33.48	L	F	200	IM	7/6/2013 Sharks Summer Invite
4:36.01	Y	P	400	IM	2/15/2013 AD 2013 REGION 1 CHAMPIONSHIPS
5:27.51	L	F	400	IM	7/19/2013 2013 Adirondack Long Course District Champion
Mary Conway (11) W					
29.00	Y	F	50	Free	2/23/2013 Cabin Fever Invitational
33.05	L	F	50	Free	6/1/2013 2013 NE MTSC June 1st Meet
33.05	L	F	50	Free	6/1/2013 2013 NE MTSC June 1st Meet
1:04.80	Y	P	100	Free	3/10/2013 AD Gold Short Course Championships
1:12.19	L	F	100	Free	7/19/2013 2013 Adirondack Long Course District Champion
2:22.25	Y	P	200	Free	12/6/2012 2012 NE NSSC MIT Invite
2:40.58	L	F	200	Free	7/6/2013 Sharks Summer Invite
5:47.25	L	F	400	Free	7/6/2013 Sharks Summer Invite
6:16.16	Y	F	500	Free	3/10/2013 AD Gold Short Course Championships
34.87	Y	P	50	Back	3/10/2013 AD Gold Short Course Championships
38.66	L	P	50	Back	7/19/2013 2013 Adirondack Long Course District Champion
1:16.70	Y	F	100	Back	12/6/2012 2012 NE NSSC MIT Invite
1:24.52	L	P	100	Back	7/19/2013 2013 Adirondack Long Course District Champion
2:48.05	Y	F	200	Back	1/12/2013 Chris Goody IMX Challenge
3:07.14	L	F	200	Back	7/19/2013 2013 Adirondack Long Course District Champion
40.71	Y	P	50	Breast	3/10/2013 AD Gold Short Course Championships
1:28.21	Y	F	100	Breast	1/12/2013 Chris Goody IMX Challenge
32.68	Y	P	50	Fly	3/10/2013 AD Gold Short Course Championships
38.24	L	F	50	Fly	6/1/2013 2013 NE MTSC June 1st Meet

CPP-AD

CPP-AD

SCHE-AD

SCHE-AD

Individual Top Times

Time	P/F/S	Event			
Mary Conway (11) W					
38.24 L	F	50 Fly	6/1/2013	2013 NE MTSC June 1st Meet	SCHE-AD
1:15.32 Y	F	100 Fly	12/6/2012	2012 NE NSSC MIT Invite	
1:22.49 L	F	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:15.27 Y	P	100 IM	3/10/2013	AD Gold Short Course Championships	
2:43.38 Y	F	200 IM	1/12/2013	Chris Goody IMX Challenge	
3:05.73 L	P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
Alesi Cook (11) W					
43.94 Y	F	50 Free	2/23/2013	Cabin Fever Invitational	WAVE-AD
46.14 Y	F	50 Back	2/23/2013	Cabin Fever Invitational	
57.76 Y	F	50 Breast	2/23/2013	Cabin Fever Invitational	
April Cook (11) W					
36.76 Y	F	50 Free	11/10/2012	Pilgrims Pride	HAWK-AD
1:23.83 Y	F	100 Free	1/4/2013	2013 Starfish Trophy Invitational	
3:06.98 Y	F	200 Free	3/1/2013	AD Silver Short Course Championships	
8:16.39 Y	F	500 Free	3/10/2013	AD Gold Short Course Championships	
43.37 Y L	F	25 Back	1/4/2013	2013 Starfish Trophy Invitational	
42.12 Y	F	50 Back	3/10/2013	AD Gold Short Course Championships	
1:36.42 Y	F	100 Back	1/4/2013	2013 Starfish Trophy Invitational	
50.53 Y	F	50 Breast	11/10/2012	Pilgrims Pride	
2:00.48 Y	F	100 Breast	1/25/2013	Hawks Trials And Finals 2013	
46.85 Y	F	50 Fly	1/4/2013	2013 Starfish Trophy Invitational	
1:50.31 Y	F	100 Fly	3/1/2013	AD Silver Short Course Championships	
1:38.19 Y	F	100 IM	3/1/2013	AD Silver Short Course Championships	
1:38.19 Y	F	100 IM	1/25/2013	Hawks Trials And Finals 2013	
3:31.19 Y	F	200 IM	1/25/2013	Hawks Trials And Finals 2013	
Ethan Cook (10) M					
38.19 Y	F	50 Free	1/12/2013	Canajoharie Developmental Meet	BSPA-AD
1:30.82 Y	F	100 Free	2/23/2013	Cabin Fever Invitational	
47.88 Y	F	50 Back	2/23/2013	Cabin Fever Invitational	
53.09 Y	F	50 Breast	2/23/2013	Cabin Fever Invitational	
John Cook (18) M					
25.58 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	DELM-AD
55.44 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
2:04.10 Y	P	200 Free	2/14/2013	Section II Championships Large	
6:02.27 Y	F	500 Free	10/20/2012	Ravena Autumn Breeze 2012	
1:11.84 Y	F	100 Back	10/20/2012	Ravena Autumn Breeze 2012	
1:07.97 Y	F	100 Fly	3/1/2013	AD Silver Short Course Championships	
Joseph Cook (16) M					
24.42 Y	P	50 Free	2/14/2013	Section II Championships Large	UN-AD
27.53 S	F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
55.41 Y	P	100 Free	2/14/2013	Section II Championships Large	
2:16.92 Y	F	200 Free	10/20/2012	Ravena Autumn Breeze 2012	
1:05.78 Y	P	100 Back	3/10/2013	AD Gold Short Course Championships	
1:14.53 S	F	100 Back	6/15/2013	Piranhas Summer Kick-Off Meet	
1:20.05 Y	F	100 Breast	11/10/2012	Pilgrims Pride	
1:29.21 S	F	100 Breast	6/15/2013	Piranhas Summer Kick-Off Meet	
Sarah Cooper (10) W					
32.23 Y	F	50 Free	3/10/2013	AD Gold Short Course Championships	CPP-AD
35.40 S	F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
1:10.11 Y	F	100 Free	3/10/2013	AD Gold Short Course Championships	
2:37.57 Y	F	200 Free	3/10/2013	AD Gold Short Course Championships	
6:55.80 Y	F	500 Free	3/10/2013	AD Gold Short Course Championships	
38.33 Y	F	50 Back	2/10/2013	2013 Piranhas Pentathlon	
43.95 S	F	50 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:22.16 Y	F	100 Back	3/10/2013	AD Gold Short Course Championships	
40.51 Y	F	50 Breast	3/10/2013	AD Gold Short Course Championships	
44.05 S	F	50 Breast	6/15/2013	Piranhas Summer Kick-Off Meet	
1:30.38 Y	F	100 Breast	3/10/2013	AD Gold Short Course Championships	
35.21 Y	F	50 Fly	3/10/2013	AD Gold Short Course Championships	

Individual Top Times

Time	P/F/S	Event			
Sarah Cooper (10) W CPP-AD					
40.24 S	F	50 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:19.11 Y	F	100 IM	3/10/2013	AD Gold Short Course Championships	
1:28.70 S	F	100 IM	6/15/2013	Piranhas Summer Kick-Off Meet	
2:56.45 Y	F	200 IM	3/1/2013	AD Silver Short Course Championships	
Desiree Cope (9) W CPP-AD					
24.59 Y	F	25 Free	11/17/2012	Harvest Invitational	
49.87 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	
1:57.40 Y	F	100 Free	1/4/2013	2013 Starfish Trophy Invitational	
27.10 Y	F	25 Back	12/15/2012	Sharks 12&Under Mini-Meet	
54.28 Y	F	50 Back	2/10/2013	2013 Piranhas Pentathlon	
2:14.19 Y	F	100 Back	2/3/2013	Delmar Dolphins February Freeze Invitational	
Jenna Cordone (15) W GLOY-AD					
28.15 Y	F	50 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
1:06.04 Y	F	100 Free	1/20/2013	Foothills Inv	
2:16.17 Y	P	200 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
6:07.74 Y	F	500 Free	11/1/2012	Girls Sec II Division 2 Champ	
34.40 Y L	F	50 Back	2/9/2013	North Country YMCA Swim League 2013 Champions	
1:15.71 Y	F	100 Back	10/21/2012	2012 Trick or Treat Meet	
Meghan Cortright (15) W CANA-AD					
27.33 Y	P	50 Free	3/10/2013	AD Gold Short Course Championships	
58.43 Y	P	100 Free	3/10/2013	AD Gold Short Course Championships	
2:12.57 Y	F	200 Free	3/1/2013	AD Silver Short Course Championships	
6:06.49 Y	P	500 Free	2/14/2013	Section II Championships Small	
1:07.51 Y	P	100 Back	3/10/2013	AD Gold Short Course Championships	
2:31.61 Y	P	200 Back	3/10/2013	AD Gold Short Course Championships	
1:16.31 Y	F	100 Breast	3/10/2013	AD Gold Short Course Championships	
2:49.96 Y	P	200 Breast	3/10/2013	AD Gold Short Course Championships	
1:07.84 Y	P	100 Fly	3/10/2013	AD Gold Short Course Championships	
2:44.31 Y	F	200 Fly	3/1/2013	AD Silver Short Course Championships	
2:28.26 Y	P	200 IM	2/14/2013	Section II Championships Small	
5:24.78 Y	F	400 IM	3/1/2013	AD Silver Short Course Championships	
Megan Costello (16) W BSPA-AD					
28.70 Y	F	50 Free	11/17/2012	Harvest Invitational	
1:02.69 Y	F	100 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
2:13.41 Y	P	200 Free	11/1/2012	Girls Sec II Division I Champ	
33.22 Y L	F	50 Back	2/23/2013	Cabin Fever Invitational	
1:07.63 Y	P	100 Back	11/1/2012	Girls Sec II Division I Champ	
2:39.42 Y	F	200 IM	12/2/2012	December Super Splash 2012	
Zachary Costello (16) M ALBS-AD					
25.07 Y	P	50 Free	3/10/2013	AD Gold Short Course Championships	
29.02 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
29.15 L	F	50 Free	6/22/2013	2013 NI - Niagara Super Circuit Ithaca	
53.55 Y	P	100 Free	3/10/2013	AD Gold Short Course Championships	
1:02.34 L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:54.48 Y	F	200 Free	2/14/2013	Section II Championships Large	
2:11.72 L	P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
4:41.20 L	F	400 Free	7/19/2013	2013 Adirondack Long Course District Champion	
5:09.13 Y	F	500 Free	3/10/2013	AD Gold Short Course Championships	
9:57.59 L	F	800 Free	6/22/2013	2013 NI - Niagara Super Circuit Ithaca	
18:41.91 L	F	1500 Free	7/19/2013	2013 Adirondack Long Course District Champion	
18:41.91 L	F	1500 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:06.32 Y	F	100 Back	3/1/2013	AD Silver Short Course Championships	
1:12.92 S	F	100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:16.83 L	F	100 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
2:17.34 Y	P	200 Back	3/10/2013	AD Gold Short Course Championships	
2:38.69 L	P	200 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:24.93 S	F	100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:26.74 L	F	100 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational	
2:40.74 Y	F	200 Breast	3/1/2013	AD Silver Short Course Championships	

Individual Top Times

Time	P/F/S	Event			
Zachary Costello (16) M					
ALBS-AD					
3:02.99	L	P	200	Breast	7/19/2013 2013 Adirondack Long Course District Champion
1:10.41	Y	F	100	Fly	1/4/2013 2013 Starfish Trophy Invitational
1:13.56	S	F	100	Fly	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:11.62	S	F	100	IM	6/2/2013 2013 Starfish Meter Madness - Pentathlon
2:15.53	Y	F	200	IM	3/1/2013 AD Silver Short Course Championships
2:39.42	L	F	200	IM	6/8/2013 Clinton Cudas Colgate Classic Invitational
Mia Cote (13) W					
GLFY-AD					
30.05	S	F	50	Free	6/2/2013 2013 Starfish Meter Madness - Pentathlon
31.09	L	F	50	Free	7/12/2013 Hawks Summer Invitational 2013
1:06.49	L	F	100	Free	7/12/2013 Hawks Summer Invitational 2013
1:59.94	Y	F	200	Free	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
2:26.18	S	F	200	Free	6/15/2013 Piranhas Summer Kick-Off Meet
2:27.03	L	F	200	Free	7/12/2013 Hawks Summer Invitational 2013
5:06.10	L	F	400	Free	7/12/2013 Hawks Summer Invitational 2013
5:35.19	Y	F	500	Free	1/27/2013 Thoroughbred Splash 2013
1:17.23	S	F	100	Back	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:27.80	S	F	100	Breast	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:33.28	L	F	100	Breast	7/12/2013 Hawks Summer Invitational 2013
1:07.69	S	F	100	Fly	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:11.22	L	F	100	Fly	7/12/2013 Hawks Summer Invitational 2013
2:45.29	L	F	200	Fly	7/12/2013 Hawks Summer Invitational 2013
1:16.61	S	F	100	IM	6/2/2013 2013 Starfish Meter Madness - Pentathlon
2:22.47	Y	F	200	IM	1/12/2013 Chris Goody IMX Challenge
2:40.47	S	F	200	IM	6/15/2013 Piranhas Summer Kick-Off Meet
2:48.17	L	F	200	IM	7/12/2013 Hawks Summer Invitational 2013
5:00.93	Y	F	400	IM	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
Kylie Cotugno (14) W					
GLOY-AD					
29.77	Y L	F	50	Free	1/20/2013 Foothills Inv
1:07.49	Y	F	100	Free	1/27/2013 North Country League Meet
1:16.10	Y	P	100	Breast	11/1/2012 Girls Sec II Division 2 Champ
3:01.69	Y	F	200	Breast	1/27/2013 North Country League Meet
1:08.29	Y	F	100	Fly	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
2:31.59	Y	P	200	IM	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
Genevieve Coutant (10) W					
GRGF-AD					
43.27	Y	F	50	Free	1/27/2013 Thoroughbred Splash 2013
48.20	Y	F	50	Back	12/2/2012 December Super Splash 2012
48.61	Y	F	50	Breast	12/2/2012 December Super Splash 2012
49.87	Y	F	50	Fly	1/27/2013 Thoroughbred Splash 2013
49.87	Y	F	50	Fly	12/2/2012 December Super Splash 2012
1:40.20	Y	F	100	IM	12/2/2012 December Super Splash 2012
Madeline Cox (9) W					
GRGF-AD					
21.41	Y	F	25	Free	1/27/2013 Thoroughbred Splash 2013
25.31	Y	F	25	Back	11/4/2012 Hometown Splashdown
25.63	Y	F	25	Fly	1/27/2013 Thoroughbred Splash 2013
Sierra Cramer (11) W					
HAWK-AD					
46.37	Y	F	50	Free	10/21/2012 2012 Trick or Treat Meet
59.70	Y	F	50	Back	10/21/2012 2012 Trick or Treat Meet
1:05.71	Y	F	50	Breast	10/21/2012 2012 Trick or Treat Meet
Kristen Cregin (15) W					
SSCY-AD					
27.10	Y	F	50	Free	2/9/2013 North Country YMCA Swim League 2013 Champions
56.99	Y	P	100	Free	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
2:13.41	Y	F	200	Free	2/3/2013 Delmar Dolphins February Freeze Invitational
2:32.77	L	F	200	Free	7/12/2013 Hawks Summer Invitational 2013
5:17.63	L	F	400	Free	7/12/2013 Hawks Summer Invitational 2013
32.32	Y	F	50	Back	9/15/2012 2012 NI Ob - Women's Owego Invitational
1:03.96	Y	F	100	Back	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
1:25.02	L	F	100	Back	7/12/2013 Hawks Summer Invitational 2013
2:21.50	Y	F	200	Back	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
1:02.44	Y	F	100	Fly	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship

Individual Top Times

Time	P/F/S	Event			
Kristen Cregin (15) W					
1:17.49	L	F	100	Fly	7/12/2013 Hawks Summer Invitational 2013
2:20.14	Y	F	200	Fly	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
2:29.31	Y	F	200	IM	2/22/2013 North Country League Meet
5:25.85	Y	F	400	IM	12/2/2012 December Super Splash 2012
Emily Crippen (12) W					
42.68	Y	F	50	Free	11/10/2012 CVSL First Splash
1:39.62	Y	F	100	Free	12/15/2012 Central Valley Swim League Quad Meet
48.79	Y	F	50	Back	11/10/2012 CVSL First Splash
1:57.74	Y	F	100	Back	1/26/2013 Central Valley Swim Meet Quad Meet
57.64	Y	F	50	Breast	2/3/2013 Delmar Dolphins February Freeze Invitational
2:25.47	Y	F	100	Breast	12/15/2012 Central Valley Swim League Quad Meet
53.31	Y	F	50	Fly	12/1/2012 Central Valley Swim League Quad Meet
Emily Crist (12) W					
35.91	Y	F	50	Free	3/1/2013 AD Silver Short Course Championships
1:19.12	Y	F	100	Free	3/1/2013 AD Silver Short Course Championships
43.01	Y L	F	50	Back	3/1/2013 AD Silver Short Course Championships
1:41.61	Y	F	100	Back	2/3/2013 Delmar Dolphins February Freeze Invitational
51.94	Y	F	50	Breast	3/1/2013 AD Silver Short Course Championships
Emma Criswell (11) W					
31.93	Y	F	50	Free	3/1/2013 AD Silver Short Course Championships
1:12.82	Y	F	100	Free	3/1/2013 AD Silver Short Course Championships
2:45.29	Y	F	200	Free	3/1/2013 AD Silver Short Course Championships
39.53	Y	F	50	Back	3/1/2013 AD Silver Short Course Championships
47.09	Y	F	50	Breast	3/1/2013 AD Silver Short Course Championships
36.54	Y	F	50	Fly	1/27/2013 Thoroughbred Splash 2013
1:23.30	Y	F	100	IM	3/1/2013 AD Silver Short Course Championships
Allison Croke (9) W					
18.12	Y	F	25	Free	3/1/2013 AD Silver Short Course Championships
40.17	Y	F	50	Free	3/10/2013 AD Gold Short Course Championships
1:28.17	Y	F	100	Free	3/10/2013 AD Gold Short Course Championships
22.71	Y	F	25	Back	3/1/2013 AD Silver Short Course Championships
43.36	Y	F	50	Back	3/10/2013 AD Gold Short Course Championships
1:04.28	Y	F	50	Breast	2/3/2013 2013 NE GMA VT Specialty Meet
21.41	Y	F	25	Fly	3/1/2013 AD Silver Short Course Championships
46.84	Y	F	50	Fly	3/1/2013 AD Silver Short Course Championships
1:48.53	Y	F	100	IM	1/20/2013 Foothills Inv
Leah Croke (11) W					
32.44	Y	F	50	Free	3/10/2013 AD Gold Short Course Championships
1:15.11	Y	F	100	Free	3/10/2013 AD Gold Short Course Championships
2:42.83	Y	F	200	Free	3/10/2013 AD Gold Short Course Championships
7:18.78	Y	F	500	Free	3/10/2013 AD Gold Short Course Championships
39.94	Y	F	50	Back	3/10/2013 AD Gold Short Course Championships
1:29.05	Y	F	100	Back	3/10/2013 AD Gold Short Course Championships
48.87	Y	F	50	Breast	1/20/2013 Foothills Inv
1:44.94	Y	F	100	Breast	2/23/2013 Cabin Fever Invitational
37.88	Y	F	50	Fly	2/23/2013 Cabin Fever Invitational
1:42.02	Y	F	100	Fly	2/3/2013 2013 NE GMA VT Specialty Meet
1:24.95	Y	F	100	IM	3/10/2013 AD Gold Short Course Championships
3:07.93	Y	F	200	IM	3/10/2013 AD Gold Short Course Championships
Olivia Cromer (13) W					
35.97	Y	F	50	Free	2/23/2013 Cabin Fever Invitational
1:25.14	Y	F	100	Free	1/20/2013 Foothills Inv
50.78	Y	F	50	Breast	2/23/2013 Cabin Fever Invitational
Lucy Crouse (9) W					
20.40	Y	F	25	Free	3/1/2013 AD Silver Short Course Championships
47.49	Y	F	50	Free	3/1/2013 AD Silver Short Course Championships
51.86	L	F	50	Free	7/6/2013 Sharks Summer Invite
1:56.89	Y	F	100	Free	3/1/2013 AD Silver Short Course Championships
2:08.66	L	F	100	Free	7/6/2013 Sharks Summer Invite

SSCY-AD

CLRK-AD

ALBS-AD

ALBS-AD

ADDI-AD

ADDI-AD

GLOY-AD

SCHE-AD

Individual Top Times

Time	P/F/S	Event			
Lucy Crouse (9) W			SCHE-AD		
22.66 Y	F	25 Back	2/23/2013	Cabin Fever Invitational	
55.24 L	F	50 Back	7/6/2013	Sharks Summer Invite	
56.14 Y	F	50 Back	2/3/2013	Delmar Dolphins February Freeze Invitational	
2:10.39 L	F	100 Back	7/6/2013	Sharks Summer Invite	
32.37 Y	F	25 Breast	2/23/2013	Cabin Fever Invitational	
1:10.58 L	F	50 Breast	7/6/2013	Sharks Summer Invite	
1:14.91 Y	F	50 Breast	2/3/2013	Delmar Dolphins February Freeze Invitational	
2:45.45 L	F	100 Breast	7/6/2013	Sharks Summer Invite	
27.36 Y	F	25 Fly	3/1/2013	AD Silver Short Course Championships	
2:15.10 Y	F	100 IM	2/3/2013	Delmar Dolphins February Freeze Invitational	
Jennifer Crowley (12) W			CPP-AD		
1:21.27 L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
45.14 L	P	50 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:41.28 L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:49.63 L	P	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
1:52.24 L	P	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
Benjamin Cruz (7) M			RAVE-AD		
19.10 Y	F	25 Free	3/1/2013	AD Silver Short Course Championships	
41.00 Y	F	50 Free	3/10/2013	AD Gold Short Course Championships	
43.85 L	F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:44.04 L	F	100 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
21.71 Y	F	25 Back	3/1/2013	AD Silver Short Course Championships	
46.00 Y	F	50 Back	3/10/2013	AD Gold Short Course Championships	
50.88 L	F	50 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:50.79 L	F	100 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
29.44 Y	F	25 Breast	3/1/2013	AD Silver Short Course Championships	
56.63 Y	F	50 Breast	3/1/2013	AD Silver Short Course Championships	
1:01.86 L	F	50 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
Christopher Cruz (11) M			RAVE-AD		
36.99 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	
41.69 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:24.92 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
1:41.92 L	F	100 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
8:19.27 Y	F	500 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
49.07 L	P	50 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:33.30 Y	F	100 Back	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:50.94 L	F	100 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
3:19.31 Y	F	200 Back	1/12/2013	Chris Goody IMX Challenge	
50.53 Y	F	50 Breast	3/1/2013	AD Silver Short Course Championships	
57.49 L	F	50 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:45.80 Y	F	100 Breast	3/1/2013	AD Silver Short Course Championships	
2:02.36 L	P	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
3:52.17 Y	F	200 Breast	1/12/2013	Chris Goody IMX Challenge	
46.55 Y	F	50 Fly	2/3/2013	Delmar Dolphins February Freeze Invitational	
50.99 L	F	50 Fly	6/8/2013	Clinton Cudas Colgate Classic Invitational	
2:02.51 Y	F	100 Fly	1/12/2013	Chris Goody IMX Challenge	
1:32.95 Y	F	100 IM	3/1/2013	AD Silver Short Course Championships	
3:28.20 Y	F	200 IM	1/12/2013	Chris Goody IMX Challenge	
Damian Cruz (7) M			RAVE-AD		
19.23 Y	F	25 Free	3/1/2013	AD Silver Short Course Championships	
38.83 Y	F	50 Free	3/10/2013	AD Gold Short Course Championships	
45.24 L	F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:36.85 L	F	100 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
22.13 Y	F	25 Back	3/1/2013	AD Silver Short Course Championships	
50.51 L	F	50 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:51.53 L	F	100 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
53.90 Y	F	50 Breast	3/10/2013	AD Gold Short Course Championships	
1:10.16 L	F	50 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
1:07.40 L	F	50 Fly	6/8/2013	Clinton Cudas Colgate Classic Invitational	

Individual Top Times

Time	P/F/S	Event			
Nyah Cunniff (9) W					
42.78	Y L	F	25	Free	11/18/2012 Hawk-NDAC-CSD
x42.28	Y	F	50	Free	11/18/2012 Hawk-NDAC-CSD
1:35.38	Y	F	100	Free	3/1/2013 AD Silver Short Course Championships
21.91	Y	F	25	Back	11/18/2012 Hawk-NDAC-CSD
46.50	Y	F	50	Back	1/4/2013 2013 Starfish Trophy Invitational
54.21	Y	F	50	Breast	3/1/2013 AD Silver Short Course Championships
2:06.75	Y	F	100	Breast	1/25/2013 Hawks Trials And Finals 2013
20.80	Y	F	25	Fly	11/18/2012 Hawk-NDAC-CSD
Elliana Cunningham (16) W					
28.09	Y	F	50	Free	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
1:02.91	Y	F	100	Free	1/4/2013 2013 Starfish Trophy Invitational
5:59.84	Y	F	500	Free	1/12/2013 Chris Goody IMX Challenge
31.58	Y L	F	50	Back	2/9/2013 North Country YMCA Swim League 2013 Champions
1:06.78	Y	P	100	Back	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
2:23.67	Y	F	200	Back	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
2:59.15	Y	F	200	Breast	1/12/2013 Chris Goody IMX Challenge
1:02.99	Y	F	100	Fly	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
2:28.54	Y	F	200	Fly	1/12/2013 Chris Goody IMX Challenge
2:24.67	Y	F	200	IM	2/9/2013 North Country YMCA Swim League 2013 Champions
5:08.65	Y	F	400	IM	2/9/2013 North Country YMCA Swim League 2013 Champions
Mara Cunningham (10) W					
37.71	Y	F	50	Free	1/4/2013 2013 Starfish Trophy Invitational
1:30.47	Y	F	100	Free	1/4/2013 2013 Starfish Trophy Invitational
45.75	Y	F	50	Breast	11/4/2012 Hometown Splashdown
1:41.78	Y	F	100	Breast	1/4/2013 2013 Starfish Trophy Invitational
51.25	Y	F	50	Fly	12/2/2012 December Super Splash 2012
1:34.47	Y	F	100	IM	11/4/2012 Hometown Splashdown
Zachary Cunningham (10) M					
39.09	Y	F	50	Free	2/23/2013 Cabin Fever Invitational
1:29.55	Y	F	100	Free	2/23/2013 Cabin Fever Invitational
47.36	Y	F	50	Back	2/23/2013 Cabin Fever Invitational
Evelyn Currier (9) W					
44.98	Y	F	50	Free	3/1/2013 AD Silver Short Course Championships
49.40	S	F	50	Free	6/15/2013 Piranhas Summer Kick-Off Meet
1:40.01	Y	F	100	Free	3/1/2013 AD Silver Short Course Championships
1:51.63	S	F	100	Free	6/15/2013 Piranhas Summer Kick-Off Meet
59.19	Y	F	50	Back	12/15/2012 Sharks 12&Under Mini-Meet
1:05.70	Y	F	50	Breast	2/10/2013 2013 Piranhas Pentathlon
1:05.84	S	F	50	Breast	6/15/2013 Piranhas Summer Kick-Off Meet
1:03.82	S	F	50	Fly	6/15/2013 Piranhas Summer Kick-Off Meet
Sara Curtis (15) W					
26.68	Y	P	50	Free	11/1/2012 Girls Sec II Division 2 Champ
59.07	Y	P	100	Free	11/1/2012 Girls Sec II Division 2 Champ
2:22.48	Y	P	200	Free	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
1:15.47	Y	F	100	Back	2/9/2013 North Country YMCA Swim League 2013 Champions
2:55.72	Y	F	200	Back	1/27/2013 North Country League Meet
Gabriella Cusick (13) W					
34.58	Y	F	50	Free	3/1/2013 AD Silver Short Course Championships
37.58	L	F	50	Free	6/1/2013 2013 NE MTSC June 1st Meet
37.58	L	F	50	Free	6/1/2013 2013 NE MTSC June 1st Meet
1:20.05	Y	F	100	Free	3/1/2013 AD Silver Short Course Championships
1:27.93	L	F	100	Free	6/1/2013 2013 NE MTSC June 1st Meet
1:27.93	L	F	100	Free	6/1/2013 2013 NE MTSC June 1st Meet
3:11.22	L	F	200	Free	6/1/2013 2013 NE MTSC June 1st Meet
3:11.22	L	F	200	Free	6/1/2013 2013 NE MTSC June 1st Meet
3:15.86	Y	F	200	Free	2/23/2013 Cabin Fever Invitational
45.31	L	F	50	Back	6/1/2013 2013 NE MTSC June 1st Meet
45.31	L	F	50	Back	6/1/2013 2013 NE MTSC June 1st Meet
45.87	Y	F	50	Back	12/2/2012 December Super Splash 2012

HAWK-AD

GLFY-AD

GRGF-AD

GRGF-AD

CPP-AD

UN-AD

SCHE-AD

Individual Top Times

Time	P/F/S	Event			
Gabriella Cusick (13) W					
1:35.55	Y	F	100 Back	1/27/2013	Thoroughbred Splash 2013
1:40.68	L	F	100 Back	6/1/2013	2013 NE MTSC June 1st Meet
1:40.68	L	F	100 Back	6/1/2013	2013 NE MTSC June 1st Meet
54.38	Y	F	50 Breast	1/12/2013	Chris Goody Mini-Meet
56.28	L	F	50 Breast	6/1/2013	2013 NE MTSC June 1st Meet
56.28	L	F	50 Breast	6/1/2013	2013 NE MTSC June 1st Meet
1:45.16	Y	F	100 Breast	3/1/2013	AD Silver Short Course Championships
1:59.87	L	F	100 Breast	6/1/2013	2013 NE MTSC June 1st Meet
1:59.87	L	F	100 Breast	6/1/2013	2013 NE MTSC June 1st Meet
48.05	L	F	50 Fly	6/1/2013	2013 NE MTSC June 1st Meet
48.05	L	F	50 Fly	6/1/2013	2013 NE MTSC June 1st Meet
50.02	Y	F	50 Fly	1/12/2013	Chris Goody Mini-Meet
1:39.07	Y	F	100 IM	1/12/2013	Chris Goody Mini-Meet
Ilana Cutler (12) W					
37.53	Y	F	50 Free	1/27/2013	Thoroughbred Splash 2013
1:22.92	Y	F	100 Free	1/27/2013	Thoroughbred Splash 2013
59.45	Y	F	50 Breast	1/27/2013	Thoroughbred Splash 2013
Stephen Cuva (13) M					
31.61	Y	F	50 Free	10/21/2012	2012 Trick or Treat Meet
1:13.30	Y	F	100 Free	11/10/2012	Pilgrims Pride
40.56	Y	F	50 Back	10/21/2012	2012 Trick or Treat Meet
50.48	Y	F	50 Breast	10/21/2012	2012 Trick or Treat Meet
Hannah Cyr (9) W					
53.11	Y	F	50 Free	12/2/2012	December Super Splash 2012
1:03.89	Y	F	50 Back	11/17/2012	Harvest Invitational
Izabella Czajkowski (8) W					
19.07	Y	F	25 Free	3/1/2013	AD Silver Short Course Championships
48.80	S L	F	25 Free	6/15/2013	Piranhas Summer Kick-Off Meet
41.61	Y	F	50 Free	1/4/2013	2013 Starfish Trophy Invitational
42.80	S	F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet
1:35.39	Y	F	100 Free	1/4/2013	2013 Starfish Trophy Invitational
1:43.32	S	F	100 Free	6/15/2013	Piranhas Summer Kick-Off Meet
24.87	Y	F	25 Back	3/1/2013	AD Silver Short Course Championships
54.03	Y	F	50 Back	3/1/2013	AD Silver Short Course Championships
56.61	S	F	50 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon
2:14.36	L	F	100 Back	7/12/2013	Hawks Summer Invitational 2013
58.43	Y	F	50 Breast	3/1/2013	AD Silver Short Course Championships
59.83	S	F	50 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:01.15	L	F	50 Breast	7/12/2013	Hawks Summer Invitational 2013
27.02	Y	F	25 Fly	3/1/2013	AD Silver Short Course Championships
59.42	S	F	50 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon
2:02.04	S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon
Piotr Czajkowski (16) M					
22.65	Y	P	50 Free	2/14/2013	Section II Championships Large
26.40	S	F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet
52.30	Y	F	100 Free	10/21/2012	2012 Trick or Treat Meet
2:13.92	S	F	200 Free	6/15/2013	Piranhas Summer Kick-Off Meet
2:23.30	L	F	200 Free	7/12/2013	Hawks Summer Invitational 2013
5:04.50	Y	F	500 Free	3/10/2013	AD Gold Short Course Championships
17:34.19	Y	F	1650 Free	3/10/2013	AD Gold Short Course Championships
57.65	Y	F	100 Back	2/14/2013	Section II Championships Large
1:10.55	S	F	100 Back	6/15/2013	Piranhas Summer Kick-Off Meet
1:18.28	L	F	100 Back	7/12/2013	Hawks Summer Invitational 2013
2:09.08	Y	F	200 Back	3/10/2013	AD Gold Short Course Championships
59.62	Y	P	100 Fly	3/10/2013	AD Gold Short Course Championships
1:09.97	S	F	100 Fly	6/15/2013	Piranhas Summer Kick-Off Meet
1:13.55	L	F	100 Fly	7/12/2013	Hawks Summer Invitational 2013
2:18.67	Y	P	200 Fly	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS
2:09.85	Y	F	200 IM	12/9/2012	Piranhas December Distance Invite

SCHE-AD

SARY-AD

SSCY-AD

BENN-AD

CPP-AD

UN-AD

Individual Top Times

Time	P/F/S	Event				
Piotr Czajkowski (16) M CPP-AD						
4:37.16	Y F	400 IM	1/12/2013	Chris Goody	IMX Challenge	
Alessandra Dagnall-Wise (9) W ALBS-AD						
48.10	S F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet		
49.11	L F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion		
2:03.52	S F	100 Free	6/15/2013	Piranhas Summer Kick-Off Meet		
4:11.40	L F	200 Free	7/19/2013	2013 Adirondack Long Course District Champion		
58.66	L F	50 Back	7/19/2013	2013 Adirondack Long Course District Champion		
Eleanor Dagnall-Wise (12) W ALBS-AD						
35.07	Y F	50 Free	1/27/2013	Thoroughbred Splash 2013		
38.85	S F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon		
39.37	L P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion		
1:18.46	Y F	100 Free	3/1/2013	AD Silver Short Course Championships		
1:27.03	S F	100 Free	6/15/2013	Piranhas Summer Kick-Off Meet		
3:15.49	Y F	200 Free	12/2/2012	December Super Splash 2012		
42.34	Y F	50 Back	3/1/2013	AD Silver Short Course Championships		
46.33	S F	50 Back	6/15/2013	Piranhas Summer Kick-Off Meet		
52.67	L P	50 Back	7/19/2013	2013 Adirondack Long Course District Champion		
48.72	Y F	50 Breast	3/1/2013	AD Silver Short Course Championships		
51.83	S F	50 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon		
1:52.99	L P	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion		
1:42.88	S F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon		
Alyssa D'Agostino (7) W BSPA-AD						
37.31	Y F	25 Free	2/23/2013	Cabin Fever Invitational		
30.87	Y F	25 Back	2/23/2013	Cabin Fever Invitational		
56.21	Y F	25 Fly	11/4/2012	Hometown Splashdown		
Isabella D'Agostino (9) W BSPA-AD						
28.04	Y F	25 Free	2/23/2013	Cabin Fever Invitational		
27.66	Y F	25 Back	2/23/2013	Cabin Fever Invitational		
45.99	Y F	25 Fly	11/4/2012	Hometown Splashdown		
MacKenzie Dahl (9) W BSPA-AD						
21.31	Y F	25 Free	12/2/2012	December Super Splash 2012		
46.93	Y F	50 Free	1/27/2013	Thoroughbred Splash 2013		
1:53.49	Y F	100 Free	2/23/2013	Cabin Fever Invitational		
25.29	Y F	25 Back	1/27/2013	Thoroughbred Splash 2013		
36.86	Y F	25 Breast	11/17/2012	Harvest Invitational		
26.11	Y F	25 Fly	2/23/2013	Cabin Fever Invitational		
2:14.36	Y F	100 IM	2/23/2013	Cabin Fever Invitational		
Carla D'Amato (9) W ALBS-AD						
21.33	Y F	25 Free	3/1/2013	AD Silver Short Course Championships		
46.95	Y F	50 Free	3/1/2013	AD Silver Short Course Championships		
1:49.49	Y F	100 Free	1/4/2013	2013 Starfish Trophy Invitational		
26.30	Y F	25 Back	3/1/2013	AD Silver Short Course Championships		
53.80	Y F	50 Back	3/1/2013	AD Silver Short Course Championships		
59.86	S F	50 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon		
1:04.30	S F	50 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon		
1:14.21	S F	50 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon		
Malena D'Amato (12) W ALBS-AD						
36.41	Y F	50 Free	3/1/2013	AD Silver Short Course Championships		
41.12	S F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon		
1:27.67	Y F	100 Free	3/1/2013	AD Silver Short Course Championships		
46.28	Y F	50 Back	3/1/2013	AD Silver Short Course Championships		
1:50.30	S F	100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon		
47.13	Y F	50 Breast	3/1/2013	AD Silver Short Course Championships		
1:45.76	Y F	100 Breast	3/1/2013	AD Silver Short Course Championships		
1:52.24	S F	100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon		
46.04	Y F	50 Fly	3/1/2013	AD Silver Short Course Championships		
1:34.34	Y F	100 IM	3/1/2013	AD Silver Short Course Championships		
1:43.91	S F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon		
Julia D'Ambrosio (16) W UN-AD						

Individual Top Times

Time	P/F/S	Event			
Julia D'Ambrosio (16) W					
1:29.20	Y	F	100	Breast	11/1/2012 2012 NI - Ob - Section 3 Class A-B-C Champs 2
Tanner Damico (14) M					
28.23	Y	F	50	Free	2/3/2013 Delmar Dolphins February Freeze Invitational
1:02.78	Y	F	100	Free	2/3/2013 Delmar Dolphins February Freeze Invitational
2:10.05	Y	P	200	Free	3/10/2013 AD Gold Short Course Championships
6:06.46	Y	F	500	Free	2/23/2013 Cabin Fever Invitational
1:07.78	Y	P	100	Back	3/10/2013 AD Gold Short Course Championships
2:23.75	Y	P	200	Back	3/10/2013 AD Gold Short Course Championships
1:10.22	Y	F	100	Breast	2/14/2013 Section II Championships Large
2:36.94	Y	F	200	Breast	3/10/2013 AD Gold Short Course Championships
1:06.99	Y	P	100	Fly	3/10/2013 AD Gold Short Course Championships
2:21.16	Y	P	200	IM	2/14/2013 Section II Championships Large
Tierra Damico (11) W					
30.47	Y	P	50	Free	3/10/2013 AD Gold Short Course Championships
1:09.90	Y	F	100	Free	11/4/2012 Hometown Splashdown
2:38.68	Y	F	200	Free	11/17/2012 Harvest Invitational
36.33	Y	F	50	Back	2/23/2013 Cabin Fever Invitational
41.92	Y	F	50	Breast	2/23/2013 Cabin Fever Invitational
1:33.14	Y	F	100	Breast	3/1/2013 AD Silver Short Course Championships
30.41	Y	F	50	Fly	2/23/2013 Cabin Fever Invitational
1:10.41	Y	P	100	Fly	3/10/2013 AD Gold Short Course Championships
1:18.74	Y	F	100	IM	3/1/2013 AD Silver Short Course Championships
Suzanne D'Amore (13) W					
36.41	L	F	50	Free	6/8/2013 Clinton Cudas Colgate Classic Invitational
36.66	S	F	50	Free	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:20.25	L	F	100	Free	6/8/2013 Clinton Cudas Colgate Classic Invitational
1:36.12	L	F	100	Back	6/8/2013 Clinton Cudas Colgate Classic Invitational
1:36.21	S	F	100	Back	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:44.73	S	F	100	Breast	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:48.68	L	F	100	Breast	6/8/2013 Clinton Cudas Colgate Classic Invitational
1:35.69	S	F	100	IM	6/2/2013 2013 Starfish Meter Madness - Pentathlon
Alex Danielson (16) M					
23.48	Y	P	50	Free	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
26.84	L	P	50	Free	7/19/2013 2013 Adirondack Long Course District Champion
27.02	S	F	50	Free	6/15/2013 Piranhas Summer Kick-Off Meet
58.78	L	P	100	Free	7/19/2013 2013 Adirondack Long Course District Champion
1:50.29	Y	F	200	Free	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
2:06.62	L	F	200	Free	7/19/2013 2013 Adirondack Long Course District Champion
2:07.51	S	F	200	Free	6/15/2013 Piranhas Summer Kick-Off Meet
4:38.76	L	F	400	Free	7/19/2013 2013 Adirondack Long Course District Champion
19:11.58	L	F	1500	Free	7/12/2013 Hawks Summer Invitational 2013
1:09.33	S	F	100	Back	6/15/2013 Piranhas Summer Kick-Off Meet
1:14.09	L	F	100	Back	7/12/2013 Hawks Summer Invitational 2013
2:34.23	L	P	200	Back	7/19/2013 2013 Adirondack Long Course District Champion
1:11.05	Y	F	100	Breast	11/10/2012 Pilgrims Pride
1:18.72	L	P	100	Breast	7/19/2013 2013 Adirondack Long Course District Champion
1:19.02	S	F	100	Breast	6/15/2013 Piranhas Summer Kick-Off Meet
2:54.69	L	P	200	Breast	7/19/2013 2013 Adirondack Long Course District Champion
2:28.85	L	P	200	IM	7/19/2013 2013 Adirondack Long Course District Champion
Emily Danielson (15) W					
25.93	Y	F	50	Free	11/1/2012 Girls Sec II Division I Champ
29.48	S	F	50	Free	6/15/2013 Piranhas Summer Kick-Off Meet
1:07.62	L	P	100	Free	7/19/2013 2013 Adirondack Long Course District Champion
2:20.20	S	F	200	Free	6/15/2013 Piranhas Summer Kick-Off Meet
2:22.33	L	P	200	Free	7/19/2013 2013 Adirondack Long Course District Champion
5:10.65	L	F	400	Free	7/19/2013 2013 Adirondack Long Course District Champion
20:13.80	L	F	1500	Free	7/12/2013 Hawks Summer Invitational 2013
20:29.42	Y	F	1650	Free	12/9/2012 Piranhas December Distance Invite
1:16.27	S	F	100	Back	6/15/2013 Piranhas Summer Kick-Off Meet

Individual Top Times

Time	P/F/S	Event			
Emily Danielson (15) W UN-AD					
1:22.85	L	F	100	Back	7/12/2013 Hawks Summer Invitational 2013
2:55.50	L	P	200	Back	7/19/2013 2013 Adirondack Long Course District Champion
1:22.80	S	F	100	Breast	6/15/2013 Piranhas Summer Kick-Off Meet
1:24.25	L	F	100	Breast	7/19/2013 2013 Adirondack Long Course District Champion
2:59.29	L	F	200	Breast	7/19/2013 2013 Adirondack Long Course District Champion
2:50.30	L	P	200	IM	7/19/2013 2013 Adirondack Long Course District Champion
5:58.25	L	F	400	IM	7/19/2013 2013 Adirondack Long Course District Champion
Nicole Das (18) W DELM-AD					
28.06	Y	P	50	Free	3/10/2013 AD Gold Short Course Championships
1:01.01	Y	F	100	Free	10/6/2012 SHENENDEHOWA GIRLS SWIMMING &
1:15.27	Y	F	100	Back	10/6/2012 SHENENDEHOWA GIRLS SWIMMING &
1:18.09	Y	P	100	Breast	3/10/2013 AD Gold Short Course Championships
2:49.96	Y	P	200	Breast	3/10/2013 AD Gold Short Course Championships
1:10.63	Y	F	100	Fly	2/3/2013 Delmar Dolphins February Freeze Invitational
2:34.15	Y	P	200	Fly	3/10/2013 AD Gold Short Course Championships
Brandon Davenport (12) M KING-AD					
28.30	Y L	F	50	Free	2/9/2013 North Country YMCA Swim League 2013 Champions
59.54	Y	F	100	Free	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
2:10.49	Y	F	200	Free	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
35.42	Y	F	50	Back	1/4/2013 2013 Starfish Trophy Invitational
40.08	Y	F	50	Breast	12/7/2012 2012 NE CRIM December T/F Meet
31.17	Y	F	50	Fly	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
1:13.73	Y	F	100	IM	1/4/2013 2013 Starfish Trophy Invitational
Hunter Davenport (14) M KING-AD					
1:05.74	Y	F	100	Fly	1/4/2013 2013 Starfish Trophy Invitational
Margaret Davenport (16) W KING-AD					
1:05.70	Y	P	100	Back	2/15/2013 AD 2013 REGION 1 CHAMPIONSHIPS
2:17.58	Y	F	200	Back	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
Sarah David (12) W BFIN-AD					
31.94	Y	F	50	Free	3/1/2013 AD Silver Short Course Championships
39.76	Y	F	50	Back	3/1/2013 AD Silver Short Course Championships
51.96	Y	F	50	Breast	12/15/2012 Sharks 12&Under Mini-Meet
38.55	Y	F	50	Fly	3/1/2013 AD Silver Short Course Championships
Rowan Davidson (9) W GRGF-AD					
25.36	Y	F	25	Free	1/27/2013 Thoroughbred Splash 2013
30.58	Y	F	25	Back	1/27/2013 Thoroughbred Splash 2013
Audra Davis (8) W BSPA-AD					
23.02	Y	F	25	Free	2/23/2013 Cabin Fever Invitational
1:05.23	Y	F	50	Free	11/17/2012 Harvest Invitational
27.58	Y	F	25	Back	2/23/2013 Cabin Fever Invitational
Clark Davis (15) M SCHE-AD					
28.54	L	F	50	Free	7/6/2013 Sharks Summer Invite
53.71	Y L	F	100	Free	2/15/2013 AD 2013 REGION 1 CHAMPIONSHIPS
59.86	L L	F	100	Free	7/6/2013 Sharks Summer Invite
1:52.63	Y	P	200	Free	2/15/2013 AD 2013 REGION 1 CHAMPIONSHIPS
2:09.37	L	P	200	Free	7/19/2013 2013 Adirondack Long Course District Champion
4:31.46	L	F	400	Free	7/19/2013 2013 Adirondack Long Course District Champion
5:02.05	Y	F	500	Free	3/10/2013 AD Gold Short Course Championships
17:51.26	L	F	1500	Free	7/19/2013 2013 Adirondack Long Course District Champion
17:51.26	L	F	1500	Free	7/19/2013 2013 Adirondack Long Course District Champion
17:40.02	Y	F	1650	Free	12/6/2012 2012 NE NSSC MIT Invite
33.19	L	F	50	Back	6/1/2013 2013 NE MTSC June 1st Meet
33.19	L	F	50	Back	6/1/2013 2013 NE MTSC June 1st Meet
57.81	Y L	F	100	Back	2/15/2013 AD 2013 REGION 1 CHAMPIONSHIPS
1:07.83	L	P	100	Back	7/19/2013 2013 Adirondack Long Course District Champion
2:04.44	Y	P	200	Back	3/21/2013 2013 CT Senior Open Championship
2:23.62	L	P	200	Back	7/19/2013 2013 Adirondack Long Course District Champion
35.53	L	F	50	Breast	6/1/2013 2013 NE MTSC June 1st Meet
35.53	L	F	50	Breast	6/1/2013 2013 NE MTSC June 1st Meet

Individual Top Times

Time	P/F/S	Event			
Clark Davis (15) M					
					UN-AD
1:05.50	Y	P	100 Breast	2/14/2013	Section II Championships Large
1:16.60	L	P	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion
2:20.18	Y	P	200 Breast	3/21/2013	2013 CT Senior Open Championship
2:45.26	L	F	200 Breast	7/19/2013	2013 Adirondack Long Course District Champion
58.99	Y	P	100 Fly	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS
2:18.19	Y	F	200 Fly	1/12/2013	Chris Goody IMX Challenge
2:04.37	Y	P	200 IM	2/14/2013	Section II Championships Large
2:22.10	L	F	200 IM	7/19/2013	2013 Adirondack Long Course District Champion
4:31.33	Y	P	400 IM	3/21/2013	2013 CT Senior Open Championship
Karina Davis (9) W					
					CLIN-AD
1:14.03	Y	F	50 Free	2/3/2013	Delmar Dolphins February Freeze Invitational
Katrina Davis (13) W					
					SCHE-AD
32.18	Y	F	50 Free	3/1/2013	AD Silver Short Course Championships
37.74	L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion
1:12.02	Y	F	100 Free	3/1/2013	AD Silver Short Course Championships
1:18.74	L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion
2:38.90	Y	F	200 Free	3/1/2013	AD Silver Short Course Championships
2:57.04	L	P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion
39.85	Y	F	50 Back	3/1/2013	AD Silver Short Course Championships
1:27.59	Y	F	100 Back	3/1/2013	AD Silver Short Course Championships
1:40.71	L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion
3:32.29	L	P	200 Back	7/19/2013	2013 Adirondack Long Course District Champion
47.74	Y	F	50 Breast	1/12/2013	Chris Goody Mini-Meet
1:37.99	Y	F	100 Breast	2/23/2013	Cabin Fever Invitational
38.64	Y	F	50 Fly	1/27/2013	Thoroughbred Splash 2013
1:22.35	Y	F	100 IM	3/1/2013	AD Silver Short Course Championships
2:57.13	Y	F	200 IM	2/23/2013	Cabin Fever Invitational
Suzanne Davis (13) W					
					SCHE-AD
27.56	Y	P	50 Free	3/10/2013	AD Gold Short Course Championships
30.87	L	F	50 Free	7/6/2013	Sharks Summer Invite
1:09.42	L	F	100 Free	6/1/2013	2013 NE MTSC June 1st Meet
1:09.42	L	F	100 Free	6/1/2013	2013 NE MTSC June 1st Meet
2:04.48	Y	F	200 Free	3/10/2013	AD Gold Short Course Championships
2:23.46	L	P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion
32.55	Y	F	50 Back	11/17/2012	Harvest Invitational
1:07.57	Y	P	100 Back	3/10/2013	AD Gold Short Course Championships
1:16.74	L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion
2:22.30	Y	P	200 Back	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS
2:44.67	L	F	200 Back	7/6/2013	Sharks Summer Invite
37.22	Y	F	50 Breast	1/27/2013	Thoroughbred Splash 2013
1:19.70	Y	F	100 Breast	1/12/2013	Chris Goody IMX Challenge
29.31	Y	F	50 Fly	12/6/2012	2012 NE NSSC MIT Invite
32.94	L	F	50 Fly	6/1/2013	2013 NE MTSC June 1st Meet
32.94	L	F	50 Fly	6/1/2013	2013 NE MTSC June 1st Meet
1:02.53	Y	P	100 Fly	3/10/2013	AD Gold Short Course Championships
1:10.91	L	F	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion
2:39.75	L	F	200 Fly	6/1/2013	2013 NE MTSC June 1st Meet
2:39.75	L	F	200 Fly	6/1/2013	2013 NE MTSC June 1st Meet
1:08.15	Y	F	100 IM	12/6/2012	2012 NE NSSC MIT Invite
2:20.46	Y	F	200 IM	3/10/2013	AD Gold Short Course Championships
2:39.48	L	F	200 IM	7/19/2013	2013 Adirondack Long Course District Champion
4:58.96	Y	F	400 IM	3/10/2013	AD Gold Short Course Championships
Rebecca Dawson (9) W					
					GRGF-AD
25.73	Y	F	25 Free	2/23/2013	Cabin Fever Invitational
1:02.88	Y	F	50 Free	1/27/2013	Thoroughbred Splash 2013
28.85	Y	F	25 Back	1/27/2013	Thoroughbred Splash 2013
Kayleigh Dearstyne-Hulin (15) W					
					ALBS-AD
28.14	Y	P	50 Free	3/10/2013	AD Gold Short Course Championships
31.04	L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion

Individual Top Times

Time	P/F/S	Event			
Kayleigh Dearstyne-Hulin (15) W			ALBS-AD		
31.70	S	F	50	Free	6/2/2013 2013 Starfish Meter Madness - Pentathlon
59.59	Y	P	100	Free	3/10/2013 AD Gold Short Course Championships
1:08.49	L	P	100	Free	7/19/2013 2013 Adirondack Long Course District Champion
2:11.94	Y	F	200	Free	2/3/2013 Delmar Dolphins February Freeze Invitational
2:33.40	L	F	200	Free	6/8/2013 Clinton Cudas Colgate Classic Invitational
5:58.92	Y	F	500	Free	2/3/2013 Delmar Dolphins February Freeze Invitational
1:08.81	Y	P	100	Back	3/10/2013 AD Gold Short Course Championships
x1:18.45	S	F	100	Back	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:19.77	L	P	100	Back	7/19/2013 2013 Adirondack Long Course District Champion
2:29.57	Y	F	200	Back	1/4/2013 2013 Starfish Trophy Invitational
2:49.30	L	P	200	Back	7/19/2013 2013 Adirondack Long Course District Champion
1:15.60	Y	F	100	Breast	1/4/2013 2013 Starfish Trophy Invitational
1:30.99	S	F	100	Breast	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:34.15	L	P	100	Breast	7/19/2013 2013 Adirondack Long Course District Champion
2:39.51	Y	F	200	Breast	12/9/2012 Piranhas December Distance Invite
3:16.23	L	P	200	Breast	7/19/2013 2013 Adirondack Long Course District Champion
1:11.40	Y	F	100	Fly	1/4/2013 2013 Starfish Trophy Invitational
1:25.17	S	F	100	Fly	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:29.14	L	P	100	Fly	7/19/2013 2013 Adirondack Long Course District Champion
2:52.42	Y	F	200	Fly	3/1/2013 AD Silver Short Course Championships
1:22.65	S	F	100	IM	6/2/2013 2013 Starfish Meter Madness - Pentathlon
2:27.77	Y	F	200	IM	12/9/2012 Piranhas December Distance Invite
2:27.77	Y	F	200	IM	1/4/2013 2013 Starfish Trophy Invitational
2:53.44	L	F	200	IM	6/22/2013 2013 NI - Niagara Super Circuit Ithaca
5:19.89	Y	F	400	IM	1/4/2013 2013 Starfish Trophy Invitational
Lily DeBellis (9) W			ALBS-AD		
38.16	Y	F	50	Free	3/10/2013 AD Gold Short Course Championships
42.81	L	F	50	Free	7/19/2013 2013 Adirondack Long Course District Champion
43.05	S	F	50	Free	6/15/2013 Piranhas Summer Kick-Off Meet
1:25.55	Y	F	100	Free	3/10/2013 AD Gold Short Course Championships
1:39.31	L	F	100	Free	7/19/2013 2013 Adirondack Long Course District Champion
3:34.64	L	F	200	Free	7/19/2013 2013 Adirondack Long Course District Champion
20.55	Y	F	25	Back	3/1/2013 AD Silver Short Course Championships
43.20	Y	F	50	Back	3/10/2013 AD Gold Short Course Championships
46.63	S	F	50	Back	6/2/2013 2013 Starfish Meter Madness - Pentathlon
52.50	L	F	50	Back	7/19/2013 2013 Adirondack Long Course District Champion
1:51.63	L	F	100	Back	7/19/2013 2013 Adirondack Long Course District Champion
22.69	Y	F	25	Breast	1/27/2013 Thoroughbred Splash 2013
49.51	Y	F	50	Breast	3/10/2013 AD Gold Short Course Championships
51.64	S	F	50	Breast	6/2/2013 2013 Starfish Meter Madness - Pentathlon
53.65	L	F	50	Breast	7/19/2013 2013 Adirondack Long Course District Champion
1:57.97	L	F	100	Breast	7/19/2013 2013 Adirondack Long Course District Champion
18.62	Y	F	25	Fly	1/27/2013 Thoroughbred Splash 2013
46.05	Y	F	50	Fly	3/1/2013 AD Silver Short Course Championships
48.60	S	F	50	Fly	6/2/2013 2013 Starfish Meter Madness - Pentathlon
51.59	L	F	50	Fly	7/19/2013 2013 Adirondack Long Course District Champion
1:34.55	Y	F	100	IM	3/10/2013 AD Gold Short Course Championships
1:45.23	S	F	100	IM	6/15/2013 Piranhas Summer Kick-Off Meet
3:50.85	L	F	200	IM	7/19/2013 2013 Adirondack Long Course District Champion
Haley Decker (15) W			CLIN-AD		
27.83	Y	P	50	Free	3/10/2013 AD Gold Short Course Championships
31.58	L	P	50	Free	7/19/2013 2013 Adirondack Long Course District Champion
58.53	Y	P	100	Free	3/10/2013 AD Gold Short Course Championships
1:06.78	L	P	100	Free	7/19/2013 2013 Adirondack Long Course District Champion
2:06.09	Y	P	200	Free	3/10/2013 AD Gold Short Course Championships
2:23.98	L	P	200	Free	7/19/2013 2013 Adirondack Long Course District Champion
5:02.10	L	F	400	Free	7/19/2013 2013 Adirondack Long Course District Champion
5:37.36	Y	F	500	Free	3/10/2013 AD Gold Short Course Championships
20:13.93	Y	F	1650	Free	12/9/2012 Piranhas December Distance Invite
1:14.23	Y	F	100	Back	11/17/2012 Harvest Invitational

Individual Top Times

Time	P/F/S	Event			
Haley Decker (15) W					
					CLIN-AD
1:17.15	Y	P	100 Breast	3/10/2013	AD Gold Short Course Championships
1:28.07	L	P	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion
2:40.25	Y	F	200 Breast	3/10/2013	AD Gold Short Course Championships
3:07.99	L	P	200 Breast	7/19/2013	2013 Adirondack Long Course District Champion
1:04.48	Y	F	100 Fly	3/10/2013	AD Gold Short Course Championships
1:16.86	L	P	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion
2:28.59	Y	F	200 Fly	3/10/2013	AD Gold Short Course Championships
2:46.07	L	F	200 Fly	7/19/2013	2013 Adirondack Long Course District Champion
2:23.24	Y	F	200 IM	3/10/2013	AD Gold Short Course Championships
2:50.01	L	F	200 IM	6/8/2013	Clinton Cudas Colgate Classic Invitational
5:25.03	Y	F	400 IM	1/12/2013	Chris Goody IMX Challenge
Devin Deets (11) M					
					BENN-AD
35.65	Y	F	50 Free	12/15/2012	Sharks 12&Under Mini-Meet
1:18.75	Y	F	100 Free	12/15/2012	Sharks 12&Under Mini-Meet
47.17	Y	F	50 Back	10/21/2012	2012 Trick or Treat Meet
50.55	Y	F	50 Breast	12/2/2012	December Super Splash 2012
39.66	Y	F	50 Fly	11/17/2012	Harvest Invitational
1:34.12	Y	F	100 IM	11/17/2012	Harvest Invitational
Julianne Deguardi (17) W					
					CPP-AD
27.87	Y	F	50 Free	11/10/2012	Pilgrims Pride
59.99	Y	F	100 Free	11/10/2012	Pilgrims Pride
2:06.00	Y	P	200 Free	11/1/2012	Girls Sec II Division I Champ
2:26.15	Y	F	200 Back	11/10/2012	Pilgrims Pride
1:03.23	Y	P	100 Fly	11/1/2012	Girls Sec II Division I Champ
2:44.50	Y	F	200 Fly	12/9/2012	Piranhas December Distance Invite
2:34.56	Y	F	200 IM	12/9/2012	Piranhas December Distance Invite
5:20.14	Y	F	400 IM	1/12/2013	Chris Goody IMX Challenge
Barbara Delaney (13) W					
					UN-AD
29.26	Y	F	50 Free	10/21/2012	2012 Trick or Treat Meet
32.93	S	F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet
33.43	L	F	50 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational
1:04.88	Y	P	100 Free	3/10/2013	AD Gold Short Course Championships
1:20.89	L	F	100 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational
2:28.85	Y	F	200 Free	3/1/2013	AD Silver Short Course Championships
2:53.29	L	F	200 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational
6:15.82	Y	F	500 Free	1/12/2013	Chris Goody IMX Challenge
37.04	Y	F	50 Back	1/4/2013	2013 Starfish Trophy Invitational
1:21.16	Y	F	100 Back	1/4/2013	2013 Starfish Trophy Invitational
1:33.70	S	F	100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:36.11	L	F	100 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational
2:54.94	Y	F	200 Back	3/1/2013	AD Silver Short Course Championships
38.71	Y	P	50 Breast	3/10/2013	AD Gold Short Course Championships
1:28.05	Y	P	100 Breast	3/10/2013	AD Gold Short Course Championships
1:39.52	S	F	100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:43.83	L	F	100 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational
3:12.02	Y	F	200 Breast	12/9/2012	Piranhas December Distance Invite
3:54.51	L	F	200 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational
35.15	Y	P	50 Fly	3/10/2013	AD Gold Short Course Championships
1:26.55	Y	F	100 Fly	3/1/2013	AD Silver Short Course Championships
1:33.73	S	F	100 Fly	6/15/2013	Piranhas Summer Kick-Off Meet
1:44.85	L	F	100 Fly	6/8/2013	Clinton Cudas Colgate Classic Invitational
1:15.89	Y	F	100 IM	3/1/2013	AD Silver Short Course Championships
1:30.26	S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon
2:46.24	Y	F	200 IM	3/1/2013	AD Silver Short Course Championships
3:20.84	L	F	200 IM	6/8/2013	Clinton Cudas Colgate Classic Invitational
Daniel Delaney (10) M					
					UN-AD
34.59	Y	F	50 Free	3/10/2013	AD Gold Short Course Championships
40.30	S	F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet
44.70	L	F	50 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational
1:18.13	Y	F	100 Free	3/1/2013	AD Silver Short Course Championships

Individual Top Times

Time	P/F/S	Event			
Daniel Delaney (10) M					
UN-AD					
1:32.37	L	F	100	Free	6/8/2013 Clinton Cudas Colgate Classic Invitational
1:36.13	S	F	100	Free	6/15/2013 Piranhas Summer Kick-Off Meet
2:46.91	Y	F	200	Free	3/1/2013 AD Silver Short Course Championships
3:21.50	L	F	200	Free	6/8/2013 Clinton Cudas Colgate Classic Invitational
7:45.43	Y	F	500	Free	12/9/2012 Piranhas December Distance Invite
44.88	Y	F	50	Back	3/1/2013 AD Silver Short Course Championships
51.69	S	F	50	Back	6/2/2013 2013 Starfish Meter Madness - Pentathlon
52.74	L	F	50	Back	6/8/2013 Clinton Cudas Colgate Classic Invitational
1:37.74	Y	F	100	Back	2/23/2013 Cabin Fever Invitational
1:56.46	L	F	100	Back	6/8/2013 Clinton Cudas Colgate Classic Invitational
44.25	Y	F	50	Breast	3/10/2013 AD Gold Short Course Championships
49.62	S	F	50	Breast	6/15/2013 Piranhas Summer Kick-Off Meet
53.59	L	F	50	Breast	6/8/2013 Clinton Cudas Colgate Classic Invitational
1:39.15	Y	F	100	Breast	3/10/2013 AD Gold Short Course Championships
2:03.51	L	F	100	Breast	6/8/2013 Clinton Cudas Colgate Classic Invitational
47.44	Y	F	50	Fly	3/1/2013 AD Silver Short Course Championships
56.24	S	F	50	Fly	6/15/2013 Piranhas Summer Kick-Off Meet
1:49.62	Y	F	100	Fly	10/27/2012 IM-Xtremely Spooked
1:29.06	Y	F	100	IM	3/10/2013 AD Gold Short Course Championships
1:54.87	S	F	100	IM	6/2/2013 2013 Starfish Meter Madness - Pentathlon
3:13.69	Y	F	200	IM	2/23/2013 Cabin Fever Invitational
3:48.29	L	F	200	IM	6/8/2013 Clinton Cudas Colgate Classic Invitational
Abie DeLisio (15) W					
RAVE-AD					
28.19	Y	F	50	Free	3/1/2013 AD Silver Short Course Championships
31.59	L	F	50	Free	7/12/2013 Hawks Summer Invitational 2013
59.01	Y	P	100	Free	3/10/2013 AD Gold Short Course Championships
1:07.51	L	P	100	Free	7/19/2013 2013 Adirondack Long Course District Champion
2:03.80	Y	P	200	Free	3/10/2013 AD Gold Short Course Championships
2:22.97	L	P	200	Free	7/19/2013 2013 Adirondack Long Course District Champion
4:51.94	L	F	400	Free	7/19/2013 2013 Adirondack Long Course District Champion
5:29.21	Y	F	500	Free	3/10/2013 AD Gold Short Course Championships
19:26.05	L	F	1500	Free	7/19/2013 2013 Adirondack Long Course District Champion
19:26.05	L	F	1500	Free	7/19/2013 2013 Adirondack Long Course District Champion
19:02.26	Y	F	1650	Free	3/10/2013 AD Gold Short Course Championships
1:09.30	Y	F	100	Back	2/10/2013 2013 Piranhas Pentathlon
1:21.40	L	F	100	Back	7/12/2013 Hawks Summer Invitational 2013
2:27.20	Y	P	200	Back	3/10/2013 AD Gold Short Course Championships
2:51.61	L	F	200	Back	7/12/2013 Hawks Summer Invitational 2013
1:15.13	Y	P	100	Breast	3/10/2013 AD Gold Short Course Championships
1:26.30	L	P	100	Breast	7/19/2013 2013 Adirondack Long Course District Champion
2:41.72	Y	F	200	Breast	3/10/2013 AD Gold Short Course Championships
3:03.06	L	P	200	Breast	7/19/2013 2013 Adirondack Long Course District Champion
1:09.97	Y	F	100	Fly	2/10/2013 2013 Piranhas Pentathlon
1:22.09	L	F	100	Fly	6/8/2013 Clinton Cudas Colgate Classic Invitational
2:31.34	Y	P	200	Fly	3/10/2013 AD Gold Short Course Championships
3:02.36	L	F	200	Fly	6/8/2013 Clinton Cudas Colgate Classic Invitational
2:23.19	Y	P	200	IM	3/10/2013 AD Gold Short Course Championships
2:43.90	L	P	200	IM	7/19/2013 2013 Adirondack Long Course District Champion
5:04.04	Y	F	400	IM	3/1/2013 AD Silver Short Course Championships
5:51.32	L	F	400	IM	7/19/2013 2013 Adirondack Long Course District Champion
Chayse DeLisio (5) W					
RAVE-AD					
38.48	Y	F	25	Free	12/15/2012 Sharks 12&Under Mini-Meet
1:17.23	Y	F	50	Free	10/20/2012 Ravena Autumn Breeze 2012
36.56	Y	F	25	Back	10/20/2012 Ravena Autumn Breeze 2012
Mason DeLisio (10) M					
RAVE-AD					
34.69	Y	F	50	Free	3/10/2013 AD Gold Short Course Championships
1:21.54	Y	F	100	Free	2/23/2013 Cabin Fever Invitational
8:31.21	Y	F	500	Free	2/3/2013 Delmar Dolphins February Freeze Invitational
40.04	Y	F	50	Back	3/10/2013 AD Gold Short Course Championships
1:28.81	Y	F	100	Back	3/10/2013 AD Gold Short Course Championships

Individual Top Times

Time	P/F/S	Event			
Mason DeLisio (10) M					
49.83 Y	F	50 Breast	2/3/2013	Delmar Dolphins February Freeze Invitational	RAVE-AD
1:46.03 Y	F	100 Breast	3/10/2013	AD Gold Short Course Championships	
1:30.64 Y	F	100 IM	3/1/2013	AD Silver Short Course Championships	
Tyson DeLisio (7) M					
23.59 Y	F	25 Free	10/20/2012	Ravena Autumn Breeze 2012	RAVE-AD
41.46 Y	F	50 Free	3/10/2013	AD Gold Short Course Championships	
1:48.44 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
27.54 Y	F	25 Back	3/1/2013	AD Silver Short Course Championships	
53.76 Y	F	50 Back	2/23/2013	Cabin Fever Invitational	
28.14 Y	F	25 Breast	12/15/2012	Sharks 12&Under Mini-Meet	
59.88 Y	F	50 Breast	3/1/2013	AD Silver Short Course Championships	
2:17.09 Y	F	100 Breast	1/25/2013	Hawks Trials And Finals 2013	
24.29 Y	F	25 Fly	3/1/2013	AD Silver Short Course Championships	
59.53 Y	F	50 Fly	1/25/2013	Hawks Trials And Finals 2013	
1:54.04 Y	F	100 IM	2/23/2013	Cabin Fever Invitational	
Julianna DellaPorta (10) W					
41.56 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	ALBS-AD
49.40 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:34.59 Y	F	100 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
53.80 Y	F	50 Back	3/1/2013	AD Silver Short Course Championships	
1:02.40 S	F	50 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:00.01 Y	F	50 Breast	3/1/2013	AD Silver Short Course Championships	
1:07.19 S	F	50 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
54.94 Y	F	50 Fly	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:06.16 S	F	50 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:53.52 Y	F	100 IM	3/1/2013	AD Silver Short Course Championships	
2:06.97 S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
Caitlyn DeLuca (10) W					
1:27.61 Y	F	100 Free	10/20/2012	Ravena Autumn Breeze 2012	RAVE-AD
43.97 Y	F	50 Back	10/20/2012	Ravena Autumn Breeze 2012	
51.76 Y	F	50 Fly	10/20/2012	Ravena Autumn Breeze 2012	
1:43.24 Y	F	100 IM	10/20/2012	Ravena Autumn Breeze 2012	
Magen DeMare (11) W					
34.44 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	ALBS-AD
39.34 L	F	50 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
42.76 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:19.68 Y	F	100 Free	1/27/2013	Thoroughbred Splash 2013	
1:31.96 L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:33.34 S	F	100 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
3:25.40 L	F	200 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
43.32 Y	F	50 Back	2/3/2013	Delmar Dolphins February Freeze Invitational	
48.36 S	F	50 Back	6/15/2013	Piranhas Summer Kick-Off Meet	
49.64 L	F	50 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:31.86 Y	F	100 Back	11/10/2012	Pilgrims Pride	
1:46.39 L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
50.06 Y	F	50 Breast	3/1/2013	AD Silver Short Course Championships	
53.17 L	P	50 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
57.35 S	F	50 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:51.28 Y	F	100 Breast	11/10/2012	Pilgrims Pride	
1:59.79 L	P	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
48.18 Y	F	50 Fly	10/20/2012	Ravena Autumn Breeze 2012	
52.22 S	F	50 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
54.38 L	P	50 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:35.34 Y	F	100 IM	10/20/2012	Ravena Autumn Breeze 2012	
1:49.62 S	F	100 IM	6/15/2013	Piranhas Summer Kick-Off Meet	
3:23.44 Y	F	200 IM	1/4/2013	2013 Starfish Trophy Invitational	
3:50.81 L	P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
Antonia Demassio (11) W					
34.05 Y	F	50 Free	3/10/2013	AD Gold Short Course Championships	HAWK-AD

Individual Top Times

Time	P/F/S	Event			
Antonia Demassio (11) W					
					HAWK-AD
34.95 L	F	50 Free	7/12/2013	Hawks Summer Invitational 2013	
1:13.54 Y	F	100 Free	3/10/2013	AD Gold Short Course Championships	
1:20.52 L	F	100 Free	7/12/2013	Hawks Summer Invitational 2013	
2:42.65 Y	F	200 Free	3/10/2013	AD Gold Short Course Championships	
2:53.76 L	F	200 Free	7/12/2013	Hawks Summer Invitational 2013	
6:09.44 L	F	400 Free	7/12/2013	Hawks Summer Invitational 2013	
6:57.50 Y	F	500 Free	3/10/2013	AD Gold Short Course Championships	
42.57 Y	F	50 Back	1/4/2013	2013 Starfish Trophy Invitational	
47.14 L	F	50 Back	7/12/2013	Hawks Summer Invitational 2013	
1:27.92 Y	F	100 Back	3/10/2013	AD Gold Short Course Championships	
1:40.78 L	F	100 Back	7/12/2013	Hawks Summer Invitational 2013	
3:33.77 L	F	200 Back	7/12/2013	Hawks Summer Invitational 2013	
45.66 Y	F	50 Breast	3/10/2013	AD Gold Short Course Championships	
51.68 L	F	50 Breast	7/12/2013	Hawks Summer Invitational 2013	
1:36.71 Y	F	100 Breast	3/10/2013	AD Gold Short Course Championships	
1:49.83 L	F	100 Breast	7/12/2013	Hawks Summer Invitational 2013	
3:47.60 L	F	200 Breast	7/12/2013	Hawks Summer Invitational 2013	
47.23 Y	F	50 Fly	1/25/2013	Hawks Trials And Finals 2013	
49.42 L	F	50 Fly	7/12/2013	Hawks Summer Invitational 2013	
1:43.96 Y	F	100 Fly	1/25/2013	Hawks Trials And Finals 2013	
1:26.60 Y	F	100 IM	3/10/2013	AD Gold Short Course Championships	
3:11.25 Y	F	200 IM	1/25/2013	Hawks Trials And Finals 2013	
3:28.72 L	F	200 IM	7/12/2013	Hawks Summer Invitational 2013	
Alexander Demis (10) M					
					HAWK-AD
32.86 Y	F	50 Free	3/10/2013	AD Gold Short Course Championships	
36.53 L	F	50 Free	7/12/2013	Hawks Summer Invitational 2013	
1:15.75 Y	F	100 Free	3/10/2013	AD Gold Short Course Championships	
1:26.45 L	F	100 Free	7/12/2013	Hawks Summer Invitational 2013	
3:18.39 L	F	200 Free	7/12/2013	Hawks Summer Invitational 2013	
40.74 Y	F	50 Back	3/10/2013	AD Gold Short Course Championships	
48.72 L	F	50 Back	7/12/2013	Hawks Summer Invitational 2013	
1:30.12 Y	F	100 Back	3/10/2013	AD Gold Short Course Championships	
1:45.55 L	F	100 Back	7/12/2013	Hawks Summer Invitational 2013	
x50.13 Y	F	50 Breast	11/18/2012	Hawk-NDAC-CSD	
55.43 L	F	50 Breast	7/12/2013	Hawks Summer Invitational 2013	
1:49.95 Y	F	100 Breast	1/25/2013	Hawks Trials And Finals 2013	
2:02.70 L	F	100 Breast	7/12/2013	Hawks Summer Invitational 2013	
40.05 Y	F	50 Fly	3/10/2013	AD Gold Short Course Championships	
43.54 L	F	50 Fly	7/12/2013	Hawks Summer Invitational 2013	
1:30.09 Y	F	100 Fly	3/10/2013	AD Gold Short Course Championships	
1:56.68 L	F	100 Fly	7/12/2013	Hawks Summer Invitational 2013	
1:26.35 Y	F	100 IM	3/10/2013	AD Gold Short Course Championships	
3:06.44 Y	F	200 IM	3/10/2013	AD Gold Short Course Championships	
3:40.15 L	F	200 IM	7/12/2013	Hawks Summer Invitational 2013	
Odysseus DeMunck (6) M					
					HAWK-AD
1:13.60 L	F	50 Free	7/12/2013	Hawks Summer Invitational 2013	
1:19.42 L	F	50 Back	7/12/2013	Hawks Summer Invitational 2013	
Victor Demunck (8) M					
					HAWK-AD
39.41 Y	F	50 Free	3/10/2013	AD Gold Short Course Championships	
43.31 L	F	50 Free	7/12/2013	Hawks Summer Invitational 2013	
1:29.77 Y	F	100 Free	3/10/2013	AD Gold Short Course Championships	
1:42.80 L	F	100 Free	7/12/2013	Hawks Summer Invitational 2013	
3:46.30 L	F	200 Free	7/12/2013	Hawks Summer Invitational 2013	
20.88 Y	F	25 Back	11/18/2012	Hawk-NDAC-CSD	
46.53 Y	F	50 Back	1/25/2013	Hawks Trials And Finals 2013	
50.40 L	F	50 Back	7/12/2013	Hawks Summer Invitational 2013	
1:53.22 L	F	100 Back	7/12/2013	Hawks Summer Invitational 2013	
25.86 Y	F	25 Breast	3/1/2013	AD Silver Short Course Championships	
54.12 Y	F	50 Breast	1/25/2013	Hawks Trials And Finals 2013	
59.55 L	F	50 Breast	7/12/2013	Hawks Summer Invitational 2013	

Individual Top Times

Time	P/F/S	Event			
Victor Demunck (8) M					
HAWK-AD					
1:54.55	Y	F	100	Breast	1/25/2013 Hawks Trials And Finals 2013
2:08.76	L	F	100	Breast	7/12/2013 Hawks Summer Invitational 2013
54.60	Y	F	50	Fly	1/25/2013 Hawks Trials And Finals 2013
56.48	L	F	50	Fly	7/12/2013 Hawks Summer Invitational 2013
1:39.85	Y	F	100	IM	1/25/2013 Hawks Trials And Finals 2013
David Dennett (13) M					
UN-AD					
2:18.21	Y	P	200	Free	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
32.65	Y	F	50	Back	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
33.13	Y	P	50	Fly	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
Meghan Depew (12) W					
GUY-AD					
32.08	Y	F	50	Free	2/3/2013 Delmar Dolphins February Freeze Invitational
1:09.31	Y	F	100	Free	2/3/2013 Delmar Dolphins February Freeze Invitational
2:27.96	Y	F	200	Free	3/1/2013 AD Silver Short Course Championships
6:53.74	Y	F	500	Free	2/3/2013 Delmar Dolphins February Freeze Invitational
34.92	Y	P	50	Back	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
1:22.36	Y	F	100	Back	1/4/2013 2013 Starfish Trophy Invitational
43.67	Y	F	50	Breast	1/4/2013 2013 Starfish Trophy Invitational
1:42.31	Y	F	100	Breast	11/10/2012 Pilgrims Pride
39.61	Y	F	50	Fly	1/4/2013 2013 Starfish Trophy Invitational
1:23.63	Y	F	100	IM	1/4/2013 2013 Starfish Trophy Invitational
Emily DePietro (11) W					
CLIN-AD					
43.69	Y	F	50	Free	2/3/2013 Delmar Dolphins February Freeze Invitational
45.56	L	F	50	Free	6/8/2013 Clinton Cudas Colgate Classic Invitational
1:37.30	Y	F	100	Free	2/3/2013 Delmar Dolphins February Freeze Invitational
1:47.80	L	F	100	Free	6/8/2013 Clinton Cudas Colgate Classic Invitational
56.06	Y	F	50	Back	2/3/2013 Delmar Dolphins February Freeze Invitational
59.44	L	F	50	Back	6/8/2013 Clinton Cudas Colgate Classic Invitational
2:16.30	L	F	100	Back	6/8/2013 Clinton Cudas Colgate Classic Invitational
1:02.50	L	F	50	Breast	6/8/2013 Clinton Cudas Colgate Classic Invitational
2:19.40	L	F	100	Breast	6/8/2013 Clinton Cudas Colgate Classic Invitational
56.26	Y	F	50	Fly	2/3/2013 Delmar Dolphins February Freeze Invitational
58.64	L	F	50	Fly	6/8/2013 Clinton Cudas Colgate Classic Invitational
Samantha DeRagon (12) W					
BSPA-AD					
30.23	Y	P	50	Free	3/10/2013 AD Gold Short Course Championships
1:05.28	Y	P	100	Free	3/10/2013 AD Gold Short Course Championships
2:25.99	Y	F	200	Free	3/1/2013 AD Silver Short Course Championships
6:35.22	Y	F	500	Free	3/10/2013 AD Gold Short Course Championships
37.90	Y	F	50	Back	3/1/2013 AD Silver Short Course Championships
1:31.61	Y	F	100	Back	11/4/2012 Hometown Splashdown
2:53.89	Y	F	200	Back	3/1/2013 AD Silver Short Course Championships
47.46	Y	F	50	Breast	2/3/2013 Delmar Dolphins February Freeze Invitational
1:47.01	Y	F	100	Breast	2/23/2013 Cabin Fever Invitational
33.74	Y	F	50	Fly	2/3/2013 Delmar Dolphins February Freeze Invitational
1:22.53	Y	F	100	Fly	2/23/2013 Cabin Fever Invitational
1:21.40	Y	F	100	IM	2/23/2013 Cabin Fever Invitational
2:56.26	Y	F	200	IM	3/1/2013 AD Silver Short Course Championships
6:10.05	Y	F	400	IM	1/12/2013 Chris Goody IMX Challenge
MacKenzie DerCola (14) W					
KING-AD					
35.32	Y	P	50	Free	1/25/2013 Hawks Trials And Finals 2013
1:15.36	Y	F	100	Free	1/4/2013 2013 Starfish Trophy Invitational
3:47.86	Y	F	200	Breast	1/4/2013 2013 Starfish Trophy Invitational
1:36.52	Y	P	100	Fly	1/25/2013 Hawks Trials And Finals 2013
3:33.81	Y	F	200	Fly	1/4/2013 2013 Starfish Trophy Invitational
3:19.15	Y	F	200	IM	1/4/2013 2013 Starfish Trophy Invitational
Maggie DerCola (12) W					
KING-AD					
30.62	Y	F	50	Free	2/9/2013 North Country YMCA Swim League 2013 Champions
1:07.71	Y	P	100	Free	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
38.74	Y	F	50	Back	1/4/2013 2013 Starfish Trophy Invitational
40.46	Y	P	50	Breast	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship

Individual Top Times

Time	P/F/S	Event			
Maggie DerCola (12) W					
35.51 Y	F	50 Fly	1/4/2013	2013 Starfish Trophy Invitational	KING-AD
1:20.49 Y	F	100 IM	1/4/2013	2013 Starfish Trophy Invitational	
Camille Derderian (17) W					
1:13.73 Y	F	100 Free	1/27/2013	Thoroughbred Splash 2013	SARY-AD
1:20.93 Y	F	100 Back	1/27/2013	Thoroughbred Splash 2013	
1:30.30 Y	F	100 Breast	1/27/2013	Thoroughbred Splash 2013	
Nicholas Derderian (10) M					
47.32 Y	F	50 Free	1/27/2013	Thoroughbred Splash 2013	SARY-AD
Chloe Derosia (12) W					
30.19 Y	F	50 Free	2/10/2013	2013 Piranhas Pentathlon	DELM-AD
32.98 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:05.77 Y	P	100 Free	3/10/2013	AD Gold Short Course Championships	
1:16.45 L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:22.20 Y	P	200 Free	3/10/2013	AD Gold Short Course Championships	
2:42.90 L	F	200 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
6:15.00 Y	F	500 Free	3/10/2013	AD Gold Short Course Championships	
31.84 Y	F	50 Back	1/4/2013	2013 Starfish Trophy Invitational	
35.36 S	F	50 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
36.68 L	P	50 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:07.99 Y	F	100 Back	2/23/2013	Cabin Fever Invitational	
1:20.51 L	F	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
2:23.33 Y	F	200 Back	3/10/2013	AD Gold Short Course Championships	
2:53.52 L	F	200 Back	7/19/2013	2013 Adirondack Long Course District Champion	
41.20 Y	F	50 Breast	1/4/2013	2013 Starfish Trophy Invitational	
46.20 S	F	50 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
48.52 L	F	50 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:29.98 Y	F	100 Breast	1/4/2013	2013 Starfish Trophy Invitational	
1:42.78 L	P	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
32.05 Y	P	50 Fly	3/10/2013	AD Gold Short Course Championships	
35.26 L	F	50 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
35.40 S	F	50 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:20.27 Y	F	100 Fly	1/4/2013	2013 Starfish Trophy Invitational	
1:31.51 L	P	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:13.72 Y	F	100 IM	2/10/2013	2013 Piranhas Pentathlon	
1:23.43 S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:36.40 Y	P	200 IM	3/10/2013	AD Gold Short Course Championships	
2:57.54 L	F	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
Jude Desmery (11) M					
33.96 Y	F	50 Free	3/10/2013	AD Gold Short Course Championships	HAWK-AD
41.04 L	F	50 Free	7/12/2013	Hawks Summer Invitational 2013	
1:19.66 Y	F	100 Free	3/10/2013	AD Gold Short Course Championships	
1:50.17 L	F	100 Free	7/12/2013	Hawks Summer Invitational 2013	
3:31.16 L	F	200 Free	7/12/2013	Hawks Summer Invitational 2013	
7:51.05 Y	F	500 Free	3/10/2013	AD Gold Short Course Championships	
43.10 Y L	F	25 Back	1/4/2013	2013 Starfish Trophy Invitational	
39.61 Y	F	50 Back	3/10/2013	AD Gold Short Course Championships	
49.70 L	F	50 Back	7/12/2013	Hawks Summer Invitational 2013	
1:50.98 L	F	100 Back	7/12/2013	Hawks Summer Invitational 2013	
3:45.42 L	F	200 Back	7/12/2013	Hawks Summer Invitational 2013	
48.01 Y	F	50 Breast	3/10/2013	AD Gold Short Course Championships	
58.02 L	F	50 Breast	7/12/2013	Hawks Summer Invitational 2013	
1:48.44 Y	F	100 Breast	1/25/2013	Hawks Trials And Finals 2013	
2:07.65 L	F	100 Breast	7/12/2013	Hawks Summer Invitational 2013	
46.62 Y	F	50 Fly	1/25/2013	Hawks Trials And Finals 2013	
59.44 L	F	50 Fly	7/12/2013	Hawks Summer Invitational 2013	
1:48.67 Y	F	100 Fly	1/25/2013	Hawks Trials And Finals 2013	
2:20.34 L	F	100 Fly	7/12/2013	Hawks Summer Invitational 2013	
1:28.45 Y	F	100 IM	1/25/2013	Hawks Trials And Finals 2013	
3:54.83 L	F	200 IM	7/12/2013	Hawks Summer Invitational 2013	

Individual Top Times

Time	P/F/S	Event				
Martin Desmery (15) M						
26.16	Y	P	50	Free	1/25/2013	Hawks Trials And Finals 2013
56.65	Y	F	100	Free	1/25/2013	Hawks Trials And Finals 2013
2:13.94	Y	F	200	Free	11/18/2012	Hawk-NDAC-CSD
2:39.29	L	F	200	Free	7/12/2013	Hawks Summer Invitational 2013
1:10.71	Y	P	100	Back	1/25/2013	Hawks Trials And Finals 2013
1:25.28	L	F	100	Back	7/12/2013	Hawks Summer Invitational 2013
2:30.54	Y	F	200	Back	1/4/2013	2013 Starfish Trophy Invitational
1:22.58	Y	P	100	Breast	1/25/2013	Hawks Trials And Finals 2013
2:47.29	Y	F	200	Breast	1/4/2013	2013 Starfish Trophy Invitational
3:32.87	L	F	200	Breast	7/12/2013	Hawks Summer Invitational 2013
1:05.66	Y	F	100	Fly	1/25/2013	Hawks Trials And Finals 2013
1:23.65	L	F	100	Fly	7/12/2013	Hawks Summer Invitational 2013
2:28.02	Y	P	200	IM	3/10/2013	AD Gold Short Course Championships
Owen Desmery (17) M						
31.52	Y	F	50	Free	1/4/2013	2013 Starfish Trophy Invitational
1:08.56	Y	F	100	Free	1/4/2013	2013 Starfish Trophy Invitational
2:44.75	Y	P	200	Free	1/25/2013	Hawks Trials And Finals 2013
1:23.90	Y	F	100	Back	12/15/2012	2012 AD SHENENDEHOWA Boys
1:23.90	Y	F	100	Back	12/15/2012	SHENENDEHOWA Boys SWIMMING & D
2:16.70	Y	F	200	Back	1/4/2013	2013 Starfish Trophy Invitational
1:36.13	Y	P	100	Breast	1/25/2013	Hawks Trials And Finals 2013
3:12.24	Y	F	200	Breast	1/4/2013	2013 Starfish Trophy Invitational
1:21.83	Y	F	100	Fly	12/15/2012	SHENENDEHOWA Boys SWIMMING & D
1:21.83	Y	F	100	Fly	12/15/2012	2012 AD SHENENDEHOWA Boys
2:52.18	Y	F	200	IM	1/4/2013	2013 Starfish Trophy Invitational
Lindsey Despart (11) W						
45.40	Y	F	50	Free	3/1/2013	AD Silver Short Course Championships
2:01.97	Y	F	100	Free	11/10/2012	Pilgrims Pride
55.03	Y	F	50	Back	3/1/2013	AD Silver Short Course Championships
1:09.31	Y	F	50	Breast	10/21/2012	2012 Trick or Treat Meet
Amanda Devaney (13) W						
37.49	Y	F	50	Free	11/10/2012	CVSL First Splash
48.22	Y	F	50	Breast	11/10/2012	CVSL First Splash
1:35.34	Y	F	100	IM	11/10/2012	CVSL First Splash
Christopher Deyette (17) M						
25.11	Y	P	50	Free	3/10/2013	AD Gold Short Course Championships
56.03	Y	P	100	Free	3/10/2013	AD Gold Short Course Championships
2:01.27	Y	F	200	Free	2/23/2013	Cabin Fever Invitational
5:35.11	Y	F	500	Free	3/1/2013	AD Silver Short Course Championships
1:09.39	Y	F	100	Back	1/4/2013	2013 Starfish Trophy Invitational
2:28.39	Y	F	200	Back	3/1/2013	AD Silver Short Course Championships
1:08.15	Y	F	100	Breast	2/14/2013	Section II Championships Small
2:40.16	Y	F	200	Breast	1/4/2013	2013 Starfish Trophy Invitational
1:03.41	Y	F	100	Fly	2/23/2013	Cabin Fever Invitational
2:29.53	Y	F	200	Fly	3/1/2013	AD Silver Short Course Championships
2:16.14	Y	P	200	IM	2/14/2013	Section II Championships Small
5:03.26	Y	F	400	IM	3/1/2013	AD Silver Short Course Championships
Colby Diamond (7) M						
27.52	Y	F	25	Free	1/12/2013	Canajoharie Developmental Meet
1:03.95	Y	F	50	Free	1/26/2013	Central Valley Swim Meet Quad Meet
30.77	Y	F	25	Back	2/9/2013	Central Valley Swim League Championships
1:14.31	Y	F	50	Back	12/15/2012	Central Valley Swim League Quad Meet
Isabella Diaz (12) W						
31.91	Y	F	50	Free	10/21/2012	2012 Trick or Treat Meet
1:10.59	Y	F	100	Free	3/1/2013	AD Silver Short Course Championships
2:39.47	Y	F	200	Free	3/1/2013	AD Silver Short Course Championships
7:49.83	Y	F	500	Free	12/9/2012	Piranhas December Distance Invite
38.71	Y	F	50	Back	12/2/2012	December Super Splash 2012
1:21.59	Y	F	100	Back	3/1/2013	AD Silver Short Course Championships

HAWK-AD

HAWK-AD

DELM-AD

CLRK-AD

CANA-AD

CLRK-AD

BSPA-AD

Individual Top Times

Time	P/F/S	Event				
Isabella Diaz (12) W						
2:53.60	Y	F	200	Back	12/9/2012	Piranhas December Distance Invite
45.83	Y	F	50	Breast	2/3/2013	Delmar Dolphins February Freeze Invitational
1:40.38	Y	F	100	Breast	3/1/2013	AD Silver Short Course Championships
1:23.29	Y	F	100	IM	11/4/2012	Hometown Splashdown
Abby DiCocco (10) W						
49.79	Y	F	50	Free	10/21/2012	2012 Trick or Treat Meet
1:49.77	Y	F	100	Free	11/10/2012	Pilgrims Pride
57.36	Y	F	50	Back	11/10/2012	Pilgrims Pride
2:10.30	Y	F	100	Back	2/3/2013	Delmar Dolphins February Freeze Invitational
54.02	Y	F	50	Breast	2/10/2013	2013 Piranhas Pentathlon
2:11.69	Y	F	100	IM	2/3/2013	Delmar Dolphins February Freeze Invitational
Lauren DiCocco (12) W						
40.23	Y	F	50	Free	11/10/2012	Pilgrims Pride
43.46	Y	F	50	Back	1/4/2013	2013 Starfish Trophy Invitational
1:46.72	Y	F	100	Back	2/3/2013	Delmar Dolphins February Freeze Invitational
Cheikh Diedhiou (12) M						
40.26	Y	F	50	Free	3/1/2013	AD Silver Short Course Championships
46.78	L	F	50	Free	7/12/2013	Hawks Summer Invitational 2013
1:40.76	Y	F	100	Free	3/1/2013	AD Silver Short Course Championships
1:44.79	L	F	100	Free	7/12/2013	Hawks Summer Invitational 2013
47.27	Y	F	50	Back	3/1/2013	AD Silver Short Course Championships
49.14	L	F	50	Back	7/12/2013	Hawks Summer Invitational 2013
1:46.79	Y	P	100	Back	1/25/2013	Hawks Trials And Finals 2013
58.72	Y	P	50	Breast	1/25/2013	Hawks Trials And Finals 2013
44.22	Y	F	50	Fly	3/1/2013	AD Silver Short Course Championships
52.66	L	F	50	Fly	7/12/2013	Hawks Summer Invitational 2013
1:53.30	Y	P	100	IM	1/25/2013	Hawks Trials And Finals 2013
Emily Dierna (6) W						
28.46	Y	F	25	Free	11/17/2012	Harvest Invitational
1:14.13	Y	F	50	Free	10/21/2012	2012 Trick or Treat Meet
27.06	Y	F	25	Back	1/12/2013	Chris Goody Mini-Meet
Michael DiFabio (16) M						
26.51	Y	F	50	Free	3/1/2013	AD Silver Short Course Championships
30.73	L	P	50	Free	7/19/2013	2013 Adirondack Long Course District Champion
59.60	Y	F	100	Free	3/1/2013	AD Silver Short Course Championships
1:06.34	L	F	100	Free	6/8/2013	Clinton Cudas Colgate Classic Invitational
2:22.74	L	F	200	Free	6/8/2013	Clinton Cudas Colgate Classic Invitational
1:09.35	Y	F	100	Back	3/1/2013	AD Silver Short Course Championships
1:16.39	S	F	100	Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:12.35	Y	P	100	Breast	2/14/2013	Section II Championships Large
1:20.99	S	F	100	Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:22.66	L	P	100	Breast	7/19/2013	2013 Adirondack Long Course District Champion
1:17.09	S	F	100	Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:14.32	S	F	100	IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon
2:40.18	L	P	200	IM	7/19/2013	2013 Adirondack Long Course District Champion
Matthew Digeso (7) M						
27.62	Y	F	25	Free	1/12/2013	Chris Goody Mini-Meet
Dane Dillenback (9) M						
33.50	Y	F	50	Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship
1:19.74	Y	F	100	Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship
Bernadette DiMaria (16) W						
35.10	Y	F	50	Free	1/4/2013	2013 Starfish Trophy Invitational
1:21.97	Y	F	100	Free	1/4/2013	2013 Starfish Trophy Invitational
3:03.77	Y	F	200	Free	2/3/2013	Delmar Dolphins February Freeze Invitational
1:26.83	Y	F	100	Back	1/4/2013	2013 Starfish Trophy Invitational
3:09.92	Y	F	200	Back	1/4/2013	2013 Starfish Trophy Invitational
2:24.25	Y	F	100	Breast	2/10/2013	2013 Piranhas Pentathlon
5:00.52	Y	F	200	Breast	1/4/2013	2013 Starfish Trophy Invitational
3:50.29	Y	F	200	IM	1/4/2013	2013 Starfish Trophy Invitational

Individual Top Times

Time	P/F/S	Event				
Maura Dimezza (8) W						
27.23	Y	F	25	Free	1/12/2013	Canajoharie Developmental Meet
1:04.99	Y	F	50	Free	1/20/2013	Foothills Inv
30.36	Y	F	25	Back	12/1/2012	Central Valley Swim League Quad Meet
1:14.50	Y	F	50	Back	12/15/2012	Central Valley Swim League Quad Meet
41.31	Y	F	25	Fly	2/9/2013	Central Valley Swim League Championships
Tarek Dinar (10) M						
56.98	Y	F	50	Free	2/3/2013	Delmar Dolphins February Freeze Invitational
1:01.62	S	F	50	Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon
2:05.52	Y	F	100	Free	12/15/2012	Sharks 12&Under Mini-Meet
1:02.05	S	F	50	Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:02.92	Y	F	50	Back	2/3/2013	Delmar Dolphins February Freeze Invitational
1:04.49	S	F	50	Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon
Kirsten Dingman (9) W						
37.69	Y	F	25	Free	11/4/2012	Hometown Splashdown
1:36.80	Y	F	50	Free	11/4/2012	Hometown Splashdown
42.60	Y	F	25	Back	11/4/2012	Hometown Splashdown
Jada Diodato (14) W						
32.20	Y	F	50	Free	1/20/2013	Foothills Inv
1:05.54	Y	P	100	Free	11/1/2012	Girls Sec II Division 2 Champ
1:16.58	Y	P	100	Back	11/1/2012	Girls Sec II Division 2 Champ
Josephine DiPaola (8) W						
27.04	Y	F	25	Free	11/10/2012	Pilgrims Pride
57.14	Y	F	50	Free	11/10/2012	Pilgrims Pride
2:20.45	Y	F	100	Free	3/1/2013	AD Silver Short Course Championships
33.29	Y	F	25	Back	3/1/2013	AD Silver Short Course Championships
Alexandra Dixon (13) W						
28.81	L	F	50	Free	7/19/2013	2013 Adirondack Long Course District Champion
56.29	Y	P	100	Free	3/10/2013	AD Gold Short Course Championships
1:02.67	L	P	100	Free	7/19/2013	2013 Adirondack Long Course District Champion
2:14.19	L	F	200	Free	7/19/2013	2013 Adirondack Long Course District Champion
4:44.94	L	F	400	Free	7/19/2013	2013 Adirondack Long Course District Champion
5:09.83	Y	F	500	Free	3/28/2013	2013 Eastern Zone SC Swimming Championships
10:36.16	Y	F	1000	Free	3/28/2013	2013 Eastern Zone SC Swimming Championships
19:02.71	L	F	1500	Free	7/12/2013	Hawks Summer Invitational 2013
31.41	Y	P	50	Back	12/6/2012	2012 NI - STAR Short Course Invitational
1:05.91	Y	F	100	Back	1/4/2013	2013 Starfish Trophy Invitational
1:19.10	L	F	100	Back	6/8/2013	Clinton Cudas Colgate Classic Invitational
2:20.42	Y	P	200	Back	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS
2:44.06	L	F	200	Back	6/8/2013	Clinton Cudas Colgate Classic Invitational
37.85	Y	F	50	Breast	1/4/2013	2013 Starfish Trophy Invitational
1:18.74	Y	P	100	Breast	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS
1:33.02	L	F	100	Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational
2:45.47	Y	P	200	Breast	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS
3:13.73	L	F	200	Breast	7/12/2013	Hawks Summer Invitational 2013
29.56	Y	F	50	Fly	12/6/2012	2012 NI - STAR Short Course Invitational
1:09.12	L	F	100	Fly	7/19/2013	2013 Adirondack Long Course District Champion
2:33.92	L	F	200	Fly	7/12/2013	Hawks Summer Invitational 2013
1:06.65	Y	F	100	IM	12/6/2012	2012 NI - STAR Short Course Invitational
2:18.91	Y	P	200	IM	3/10/2013	AD Gold Short Course Championships
2:36.37	L	P	200	IM	7/19/2013	2013 Adirondack Long Course District Champion
4:45.51	Y	P	400	IM	3/28/2013	2013 Eastern Zone SC Swimming Championships
5:31.18	L	F	400	IM	7/19/2013	2013 Adirondack Long Course District Champion
Jasmine Dixon (14) W						
29.15	Y	F	50	Free	2/3/2013	Delmar Dolphins February Freeze Invitational
1:04.87	Y	F	100	Free	3/9/2013	Eastern States League Championships 2013
2:25.27	Y	F	200	Free	3/9/2013	Eastern States League Championships 2013
1:20.57	Y	F	100	Back	3/1/2013	AD Silver Short Course Championships
1:26.43	Y	F	100	Breast	1/4/2013	2013 Starfish Trophy Invitational
3:11.52	Y	F	200	Breast	3/1/2013	AD Silver Short Course Championships

Individual Top Times

Time	P/F/S	Event				
Jasmine Dixon (14) W						
1:15.73	Y	F	100	Fly	2/3/2013	Delmar Dolphins February Freeze Invitational
2:42.26	Y	F	200	IM	3/1/2013	AD Silver Short Course Championships
Tristan Dixon (15) M						
23.82	Y	F	50	Free	3/10/2013	AD Gold Short Course Championships
26.99	L	F	50	Free	7/12/2013	Hawks Summer Invitational 2013
1:01.31	L	P	100	Free	7/19/2013	2013 Adirondack Long Course District Champion
1:56.08	Y	F	200	Free	3/10/2013	AD Gold Short Course Championships
2:13.25	L	P	200	Free	7/19/2013	2013 Adirondack Long Course District Champion
4:49.10	L	F	400	Free	7/19/2013	2013 Adirondack Long Course District Champion
5:22.85	Y	F	500	Free	3/10/2013	AD Gold Short Course Championships
11:12.70	Y	F	1000	Free	3/28/2013	2013 Eastern Zone SC Swimming Championships
19:28.08	L	F	1500	Free	7/12/2013	Hawks Summer Invitational 2013
1:08.16	Y	F	100	Back	2/23/2013	Cabin Fever Invitational
1:20.57	L	F	100	Back	7/12/2013	Hawks Summer Invitational 2013
2:28.51	Y	F	200	Back	1/4/2013	2013 Starfish Trophy Invitational
2:42.47	L	F	200	Back	6/8/2013	Clinton Cudas Colgate Classic Invitational
1:11.86	Y	F	100	Breast	3/10/2013	AD Gold Short Course Championships
1:25.83	L	F	100	Breast	5/3/2013	2013 MR Condors May Meters Matter
2:37.09	Y	F	200	Breast	3/10/2013	AD Gold Short Course Championships
3:10.33	L	F	200	Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational
58.42	Y	F	100	Fly	3/10/2013	AD Gold Short Course Championships
1:06.50	L	F	100	Fly	6/8/2013	Clinton Cudas Colgate Classic Invitational
2:12.97	Y	P	200	Fly	3/28/2013	2013 Eastern Zone SC Swimming Championships
2:35.34	L	F	200	Fly	6/8/2013	Clinton Cudas Colgate Classic Invitational
2:17.35	Y	F	200	IM	3/10/2013	AD Gold Short Course Championships
2:39.54	L	F	200	IM	5/3/2013	2013 MR Condors May Meters Matter
5:05.01	Y	F	400	IM	1/12/2013	Chris Goody IMX Challenge
5:32.68	L	F	400	IM	7/19/2013	2013 Adirondack Long Course District Champion
Carter Dobo (13) M						
36.65	Y	F	50	Free	1/4/2013	2013 Starfish Trophy Invitational
45.16	Y	F	50	Back	2/10/2013	2013 Piranhas Pentathlon
47.42	Y	F	50	Breast	2/10/2013	2013 Piranhas Pentathlon
41.66	Y	F	50	Fly	2/10/2013	2013 Piranhas Pentathlon
1:39.28	Y	F	100	IM	2/10/2013	2013 Piranhas Pentathlon
Charlie Dobson (9) M						
51.84	Y	F	50	Free	12/15/2012	Sharks 12&Under Mini-Meet
1:59.00	Y	F	100	Free	11/17/2012	Harvest Invitational
56.33	Y	F	50	Back	12/15/2012	Sharks 12&Under Mini-Meet
Chase Dobson (8) M						
42.96	Y	F	25	Free	11/17/2012	Harvest Invitational
Olivia Dodge (11) W						
37.95	Y	F	50	Free	1/4/2013	2013 Starfish Trophy Invitational
1:23.03	Y	F	100	Free	12/15/2012	Sharks 12&Under Mini-Meet
42.90	Y	F	50	Back	10/20/2012	Ravena Autumn Breeze 2012
1:29.98	Y	F	100	Back	3/10/2013	AD Gold Short Course Championships
49.64	Y	F	50	Breast	12/15/2012	Sharks 12&Under Mini-Meet
43.88	Y	F	50	Fly	3/10/2013	AD Gold Short Course Championships
1:29.35	Y	F	100	IM	1/27/2013	Thoroughbred Splash 2013
Dahlia Doeg (7) W						
30.86	Y	F	25	Free	11/17/2012	Harvest Invitational
1:08.35	Y	F	50	Free	12/15/2012	Sharks 12&Under Mini-Meet
33.57	Y	F	25	Back	1/12/2013	Chris Goody Mini-Meet
1:14.19	Y	F	50	Back	2/3/2013	Delmar Dolphins February Freeze Invitational
Dylan Doeg (7) M						
26.44	Y	F	25	Free	3/9/2013	Eastern States League Championships 2013
59.42	Y	F	50	Free	2/3/2013	Delmar Dolphins February Freeze Invitational
27.57	Y	F	25	Back	1/12/2013	Chris Goody Mini-Meet
Angelina Domena (15) W						
27.21	Y	P	50	Free	3/10/2013	AD Gold Short Course Championships

USAM-AD

EELS-AD

CPP-AD

BENN-AD

BENN-AD

DELM-AD

USAM-AD

USAM-AD

NTS-AD

Individual Top Times

Time	P/F/S	Event			
Angelina Domena (15) W					
NTS-AD					
59.63 Y	P	100 Free	3/10/2013	AD Gold Short Course Championships	
2:09.14 Y	P	200 Free	3/10/2013	AD Gold Short Course Championships	
5:53.44 Y	P	500 Free	11/16/2012	2012 NY Ob - Girls NY State Federation Champ	
1:08.82 Y	P	100 Back	3/10/2013	AD Gold Short Course Championships	
2:27.97 Y	P	200 Back	3/10/2013	AD Gold Short Course Championships	
1:26.03 Y	F	100 Breast	2/10/2013	2013 Piranhas Pentathlon	
3:09.92 Y	F	200 Breast	1/12/2013	Chris Goody IMX Challenge	
1:08.24 Y	P	100 Fly	3/10/2013	AD Gold Short Course Championships	
2:56.14 Y	F	200 Fly	1/12/2013	Chris Goody IMX Challenge	
2:36.79 Y	F	200 IM	2/10/2013	2013 Piranhas Pentathlon	
5:34.95 Y	F	400 IM	1/12/2013	Chris Goody IMX Challenge	
Julia Domena (11) W					
NTS-AD					
27.97 Y	P	50 Free	3/10/2013	AD Gold Short Course Championships	
1:01.86 Y	P	100 Free	3/10/2013	AD Gold Short Course Championships	
2:28.08 Y	F	200 Free	1/27/2013	Thoroughbred Splash 2013	
6:45.05 Y	F	500 Free	1/12/2013	Chris Goody IMX Challenge	
32.65 Y	P	50 Back	3/10/2013	AD Gold Short Course Championships	
1:13.53 Y	P	100 Back	3/10/2013	AD Gold Short Course Championships	
37.75 Y	P	50 Breast	3/10/2013	AD Gold Short Course Championships	
1:30.55 Y	F	100 Breast	1/12/2013	Chris Goody IMX Challenge	
32.08 Y	P	50 Fly	3/10/2013	AD Gold Short Course Championships	
1:27.10 Y	F	100 Fly	1/12/2013	Chris Goody IMX Challenge	
1:14.30 Y	P	100 IM	3/10/2013	AD Gold Short Course Championships	
2:47.06 Y	F	200 IM	1/12/2013	Chris Goody IMX Challenge	
Connor Domitrovits (11) M					
HAWK-AD					
34.47 Y	F	50 Free	3/10/2013	AD Gold Short Course Championships	
1:14.00 Y	F	100 Free	3/10/2013	AD Gold Short Course Championships	
1:27.94 L	F	100 Free	7/12/2013	Hawks Summer Invitational 2013	
6:35.21 L	F	400 Free	7/12/2013	Hawks Summer Invitational 2013	
7:20.47 Y	F	500 Free	3/10/2013	AD Gold Short Course Championships	
46.64 Y L	F	25 Back	1/4/2013	2013 Starfish Trophy Invitational	
43.79 Y	F	50 Back	3/10/2013	AD Gold Short Course Championships	
1:37.99 Y	F	100 Back	1/25/2013	Hawks Trials And Finals 2013	
47.86 Y	F	50 Breast	11/18/2012	Hawk-NDAC-CSD	
1:46.37 Y	F	100 Breast	3/10/2013	AD Gold Short Course Championships	
1:56.60 L	F	100 Breast	7/12/2013	Hawks Summer Invitational 2013	
48.02 Y	F	50 Fly	1/4/2013	2013 Starfish Trophy Invitational	
54.51 L	F	50 Fly	7/12/2013	Hawks Summer Invitational 2013	
1:57.46 Y	F	100 Fly	1/25/2013	Hawks Trials And Finals 2013	
1:29.19 Y	F	100 IM	3/10/2013	AD Gold Short Course Championships	
3:20.36 Y	F	200 IM	1/25/2013	Hawks Trials And Finals 2013	
3:46.68 L	F	200 IM	7/12/2013	Hawks Summer Invitational 2013	
Mcgroary Domitrovits (11) M					
HAWK-AD					
34.19 Y	F	50 Free	3/10/2013	AD Gold Short Course Championships	
1:17.74 Y	F	100 Free	3/10/2013	AD Gold Short Course Championships	
1:27.43 L	F	100 Free	7/12/2013	Hawks Summer Invitational 2013	
7:14.36 Y	F	500 Free	3/10/2013	AD Gold Short Course Championships	
24:54.91 L	F	1500 Free	7/12/2013	Hawks Summer Invitational 2013	
44.42 Y	F	50 Back	3/10/2013	AD Gold Short Course Championships	
1:34.03 Y	F	100 Back	1/25/2013	Hawks Trials And Finals 2013	
49.28 Y	F	50 Breast	3/10/2013	AD Gold Short Course Championships	
1:49.88 Y	F	100 Breast	1/25/2013	Hawks Trials And Finals 2013	
2:00.64 L	F	100 Breast	7/12/2013	Hawks Summer Invitational 2013	
46.40 Y	F	50 Fly	1/25/2013	Hawks Trials And Finals 2013	
1:02.27 L	F	50 Fly	7/12/2013	Hawks Summer Invitational 2013	
1:31.56 Y	F	100 IM	1/25/2013	Hawks Trials And Finals 2013	
3:22.63 Y	F	200 IM	1/25/2013	Hawks Trials And Finals 2013	
3:45.38 L	F	200 IM	7/12/2013	Hawks Summer Invitational 2013	
Yunfan Dong (12) W					
ALBS-AD					
26.54 Y	P	50 Free	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS	

Individual Top Times

Time	P/F/S	Event			
Yunfan Dong (12) W			ALBS-AD		
30.20	S	F 50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
30.92	L	F 50 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:04.95	L	F 100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:09.41	Y	F 200 Free	1/4/2013	2013 Starfish Trophy Invitational	
2:22.27	L	F 200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
5:12.26	L	F 400 Free	7/19/2013	2013 Adirondack Long Course District Champion	
5:48.43	Y	F 500 Free	12/9/2012	Piranhas December Distance Invite	
29.18	Y	F 50 Back	3/10/2013	AD Gold Short Course Championships	
32.96	L	F 50 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:09.81	S	F 100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:10.67	L	F 100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
2:11.59	Y	F 200 Back	3/10/2013	AD Gold Short Course Championships	
2:35.06	L	F 200 Back	7/19/2013	2013 Adirondack Long Course District Champion	
33.70	Y	F 50 Breast	3/10/2013	AD Gold Short Course Championships	
40.41	L	F 50 Breast	6/22/2013	2013 NI - Niagara Super Circuit Ithaca	
1:13.42	Y	F 100 Breast	3/10/2013	AD Gold Short Course Championships	
1:23.81	S	F 100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:24.01	L	F 100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
2:37.33	Y	F 200 Breast	3/10/2013	AD Gold Short Course Championships	
29.31	Y	F 50 Fly	2/10/2013	2013 Piranhas Pentathlon	
33.42	L	F 50 Fly	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:10.61	S	F 100 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:11.02	L	P 100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:03.43	Y	P 100 IM	3/28/2013	2013 Eastern Zone SC Swimming Championships	
1:13.38	S	F 100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:15.15	Y	F 200 IM	3/10/2013	AD Gold Short Course Championships	
2:36.21	L	F 200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
Taylor Dontino (15) W			CLIN-AD		
27.60	Y	F 50 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
31.02	L	P 50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
59.80	Y	P 100 Free	3/10/2013	AD Gold Short Course Championships	
1:08.06	L	P 100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:10.04	Y	P 200 Free	3/10/2013	AD Gold Short Course Championships	
2:30.41	L	P 200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
5:41.56	Y	F 500 Free	3/1/2013	AD Silver Short Course Championships	
1:13.46	Y	F 100 Back	1/4/2013	2013 Starfish Trophy Invitational	
1:22.91	L	F 100 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:16.16	Y	P 100 Breast	3/10/2013	AD Gold Short Course Championships	
1:28.43	L	P 100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
2:43.81	Y	F 200 Breast	3/10/2013	AD Gold Short Course Championships	
3:10.66	L	F 200 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:08.76	Y	P 100 Fly	3/10/2013	AD Gold Short Course Championships	
1:19.45	L	P 100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
2:25.38	Y	F 200 IM	11/1/2012	2012 NI - Ob - Section 3 Class A-B-C Champs 2	
2:46.21	L	P 200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
Caroline Doolan (11) W			ALBS-AD		
38.24	Y	F 50 Free	3/1/2013	AD Silver Short Course Championships	
1:29.35	Y	F 100 Free	1/4/2013	2013 Starfish Trophy Invitational	
42.54	Y L	F 25 Back	1/4/2013	2013 Starfish Trophy Invitational	
49.53	Y	F 50 Back	3/1/2013	AD Silver Short Course Championships	
52.40	Y	F 50 Breast	11/10/2012	Pilgrims Pride	
48.63	Y	F 50 Fly	1/4/2013	2013 Starfish Trophy Invitational	
1:41.53	Y	F 100 IM	3/1/2013	AD Silver Short Course Championships	
Sean Doolan (13) M			ALBS-AD		
30.22	Y	F 50 Free	3/1/2013	AD Silver Short Course Championships	
1:09.20	Y	F 100 Free	3/1/2013	AD Silver Short Course Championships	
38.16	Y	F 50 Back	11/10/2012	Pilgrims Pride	
1:21.74	Y	F 100 Back	1/27/2013	Thoroughbred Splash 2013	
3:02.68	Y	F 200 Back	1/4/2013	2013 Starfish Trophy Invitational	
44.80	Y	F 50 Breast	10/21/2012	2012 Trick or Treat Meet	

Individual Top Times

Time	P/F/S	Event				
Sean Doolan (13) M						
1:29.07	Y	F	100	Breast	3/1/2013	AD Silver Short Course Championships
1:24.72	Y	F	100	IM	10/21/2012	2012 Trick or Treat Meet
3:09.09	Y	F	200	IM	1/4/2013	2013 Starfish Trophy Invitational
Ryker Dorman (10) M						
57.16	Y	F	50	Free	3/1/2013	AD Silver Short Course Championships
2:23.72	Y	F	100	Free	2/23/2013	Cabin Fever Invitational
1:03.78	Y	F	50	Back	3/1/2013	AD Silver Short Course Championships
Ferneidy Dotel (8) W						
24.63	Y	F	25	Free	2/9/2013	Central Valley Swim League Championships
1:00.87	Y	F	50	Free	2/3/2013	Delmar Dolphins February Freeze Invitational
2:19.64	Y	F	100	Free	3/1/2013	AD Silver Short Course Championships
32.83	Y	F	25	Back	2/23/2013	Cabin Fever Invitational
1:13.54	Y	F	50	Back	3/1/2013	AD Silver Short Course Championships
44.89	Y	F	25	Fly	1/20/2013	Foothills Inv
Annabelle Doucet (9) W						
54.40	Y	F	50	Free	3/1/2013	AD Silver Short Course Championships
2:22.81	Y	F	100	Free	1/27/2013	Thoroughbred Splash 2013
58.32	Y	F	50	Back	3/1/2013	AD Silver Short Course Championships
1:08.77	Y	F	50	Breast	2/23/2013	Cabin Fever Invitational
Delilah Dougan (13) W						
31.92	Y	F	50	Free	3/1/2013	AD Silver Short Course Championships
1:07.82	Y	P	100	Free	3/10/2013	AD Gold Short Course Championships
7:22.37	Y	F	500	Free	1/12/2013	Chris Goody IMX Challenge
34.94	Y	P	50	Back	3/10/2013	AD Gold Short Course Championships
1:17.69	Y	F	100	Back	2/23/2013	Cabin Fever Invitational
37.53	Y	F	50	Breast	3/10/2013	AD Gold Short Course Championships
1:22.12	Y	F	100	Breast	3/10/2013	AD Gold Short Course Championships
2:53.35	Y	F	200	Breast	3/10/2013	AD Gold Short Course Championships
1:15.99	Y	P	100	IM	3/10/2013	AD Gold Short Course Championships
2:47.43	Y	F	200	IM	3/1/2013	AD Silver Short Course Championships
Talullah Dougan (11) W						
35.13	Y	F	50	Free	3/10/2013	AD Gold Short Course Championships
1:18.79	Y	F	100	Free	3/1/2013	AD Silver Short Course Championships
38.89	Y	F	50	Back	3/10/2013	AD Gold Short Course Championships
1:25.17	Y	F	100	Back	3/10/2013	AD Gold Short Course Championships
44.57	Y	F	50	Breast	3/10/2013	AD Gold Short Course Championships
1:36.43	Y	F	100	Breast	2/23/2013	Cabin Fever Invitational
1:26.29	Y	F	100	IM	3/10/2013	AD Gold Short Course Championships
Willem Dougan (8) M						
33.71	Y L	F	25	Free	3/1/2013	AD Silver Short Course Championships
37.30	Y	F	50	Free	3/10/2013	AD Gold Short Course Championships
1:23.98	Y	F	100	Free	3/10/2013	AD Gold Short Course Championships
23.01	Y	F	25	Back	3/1/2013	AD Silver Short Course Championships
25.26	Y	F	25	Breast	3/1/2013	AD Silver Short Course Championships
58.97	Y	F	50	Breast	11/10/2012	Pilgrims Pride
22.83	Y	F	25	Fly	3/1/2013	AD Silver Short Course Championships
1:36.65	Y	F	100	IM	3/10/2013	AD Gold Short Course Championships
Erin Dougherty (17) W						
27.71	Y	P	50	Free	3/10/2013	AD Gold Short Course Championships
58.13	Y	P	100	Free	3/10/2013	AD Gold Short Course Championships
2:02.69	Y	P	200	Free	3/10/2013	AD Gold Short Course Championships
5:20.60	Y	F	500	Free	3/10/2013	AD Gold Short Course Championships
11:25.30	Y	F	1000	Free	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS
18:27.59	Y	F	1650	Free	3/10/2013	AD Gold Short Course Championships
1:03.90	Y	P	100	Fly	3/10/2013	AD Gold Short Course Championships
2:19.38	Y	P	200	Fly	3/10/2013	AD Gold Short Course Championships
Hannah Dougherty (15) W						
27.36	Y	F	50	Free	1/4/2013	2013 Starfish Trophy Invitational
31.29	L	F	50	Free	6/8/2013	Clinton Cudas Colgate Classic Invitational

Individual Top Times

Time	P/F/S	Event			
Hannah Dougherty (15) W			ALBS-AD		
31.67	S	F 50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
56.56	Y	F 100 Free	3/10/2013	AD Gold Short Course Championships	
1:05.92	L	P 100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:59.42	Y	F 200 Free	3/10/2013	AD Gold Short Course Championships	
2:16.01	L	F 200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
4:41.55	L	F 400 Free	7/12/2013	2013 NI - Niagara Long Course Classic	
5:16.34	Y	F 500 Free	3/10/2013	AD Gold Short Course Championships	
9:44.29	L	F 800 Free	7/12/2013	2013 NI - Niagara Long Course Classic	
10:58.02	Y	F 1000 Free	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS	
18:44.42	L	F 1500 Free	7/12/2013	2013 NI - Niagara Long Course Classic	
18:23.98	Y	F 1650 Free	12/9/2012	Piranhas December Distance Invite	
1:15.11	L	P 100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:15.26	S	F 100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:35.68	L	F 200 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:32.20	S	F 100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:32.85	L	F 100 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational	
2:45.08	Y	F 200 Breast	12/9/2012	Piranhas December Distance Invite	
3:13.18	L	F 200 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:03.67	Y	F 100 Fly	3/10/2013	AD Gold Short Course Championships	
1:13.98	L	P 100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:16.35	S	F 100 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:23.79	Y	F 200 Fly	3/10/2013	AD Gold Short Course Championships	
1:16.26	S	F 100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:22.56	Y	P 200 IM	3/10/2013	AD Gold Short Course Championships	
2:35.54	L	F 200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
4:53.87	Y	F 400 IM	3/10/2013	AD Gold Short Course Championships	
5:28.61	L	F 400 IM	7/12/2013	2013 NI - Niagara Long Course Classic	
Lucas Dougherty (10) M			SCHE-AD		
37.06	Y	F 50 Free	3/1/2013	AD Silver Short Course Championships	
1:31.45	Y	F 100 Free	1/27/2013	Thoroughbred Splash 2013	
44.65	Y	F 50 Back	12/2/2012	December Super Splash 2012	
1:39.71	Y	F 100 Back	2/3/2013	Delmar Dolphins February Freeze Invitational	
48.59	Y	F 50 Breast	3/10/2013	AD Gold Short Course Championships	
1:54.21	Y	F 100 Breast	2/23/2013	Cabin Fever Invitational	
46.27	Y	F 50 Fly	3/1/2013	AD Silver Short Course Championships	
1:36.17	Y	F 100 IM	3/1/2013	AD Silver Short Course Championships	
Seth Dougherty (12) M			ALBS-AD		
31.04	Y	P 50 Free	3/10/2013	AD Gold Short Course Championships	
33.75	S	F 50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
33.85	L	P 50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:07.91	Y	F 100 Free	1/27/2013	Thoroughbred Splash 2013	
1:15.19	S	F 100 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
1:15.46	L	F 100 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
2:23.57	Y	F 200 Free	3/1/2013	AD Silver Short Course Championships	
2:38.43	L	P 200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
5:30.57	L	F 400 Free	7/19/2013	2013 Adirondack Long Course District Champion	
6:27.78	Y	F 500 Free	3/10/2013	AD Gold Short Course Championships	
36.59	Y	F 50 Back	3/1/2013	AD Silver Short Course Championships	
40.49	S	F 50 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
40.95	L	F 50 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:18.43	Y	F 100 Back	2/23/2013	Cabin Fever Invitational	
1:25.90	L	F 100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
41.37	Y	P 50 Breast	3/10/2013	AD Gold Short Course Championships	
42.83	L	F 50 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
45.50	S	F 50 Breast	6/15/2013	Piranhas Summer Kick-Off Meet	
1:27.48	Y	F 100 Breast	3/1/2013	AD Silver Short Course Championships	
1:40.17	L	F 100 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational	
3:08.34	Y	F 200 Breast	3/1/2013	AD Silver Short Course Championships	
3:27.25	L	F 200 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
36.32	Y	F 50 Fly	3/1/2013	AD Silver Short Course Championships	

Individual Top Times

Time	P/F/S	Event			
Seth Dougherty (12) M			ALBS-AD		
42.46 S	F	50 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
42.93 L	F	50 Fly	6/22/2013	2013 NI - Niagara Super Circuit Ithaca	
1:17.52 Y	F	100 IM	3/1/2013	AD Silver Short Course Championships	
1:26.68 S	F	100 IM	6/15/2013	Piranhas Summer Kick-Off Meet	
2:43.92 Y	F	200 IM	3/1/2013	AD Silver Short Course Championships	
3:04.38 L	F	200 IM	6/8/2013	Clinton Cudas Colgate Classic Invitational	
Reed Douglass (9) M			CANA-AD		
23.45 Y	F	25 Free	12/1/2012	Central Valley Swim League Quad Meet	
46.11 Y	F	50 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:42.92 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
29.91 Y	F	25 Back	1/20/2013	Foothills Inv	
53.18 Y	F	50 Back	11/10/2012	CVSL First Splash	
28.18 Y	F	25 Breast	12/1/2012	Central Valley Swim League Quad Meet	
1:00.98 Y	F	50 Breast	3/1/2013	AD Silver Short Course Championships	
28.48 Y	F	25 Fly	1/20/2013	Foothills Inv	
1:00.96 Y	F	50 Fly	2/3/2013	Delmar Dolphins February Freeze Invitational	
2:00.88 Y	F	100 IM	1/20/2013	Foothills Inv	
Will Douglass (7) M			CANA-AD		
32.79 Y	F	25 Free	1/12/2013	Canajoharie Developmental Meet	
1:05.85 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	
39.95 Y	F	25 Back	1/20/2013	Foothills Inv	
1:14.71 Y	F	50 Back	3/1/2013	AD Silver Short Course Championships	
Faith Dowley (11) W			KING-AD		
35.87 Y L	F	50 Free	1/25/2013	Hawks Trials And Finals 2013	
38.21 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:20.16 Y	F	100 Free	1/25/2013	Hawks Trials And Finals 2013	
2:42.01 Y	F	200 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
47.78 Y	F	50 Back	1/4/2013	2013 Starfish Trophy Invitational	
49.17 S	F	50 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
50.16 Y	F	50 Breast	2/9/2013	North Country YMCA Swim League 2013 Champions	
54.56 S	F	50 Breast	6/15/2013	Piranhas Summer Kick-Off Meet	
40.73 Y	F	50 Fly	1/25/2013	Hawks Trials And Finals 2013	
46.92 S	F	50 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:36.22 Y	F	100 IM	1/25/2013	Hawks Trials And Finals 2013	
1:39.26 S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
James Duxtader (13) M			KING-AD		
31.41 Y	F	50 Free	1/4/2013	2013 Starfish Trophy Invitational	
1:36.67 Y	P	100 Back	12/7/2012	2012 NE CRIM December T/F Meet	
3:38.26 Y	F	200 Breast	1/4/2013	2013 Starfish Trophy Invitational	
Cameron Doyle (10) M			DELM-AD		
36.86 Y	F	50 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
38.91 L	F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
40.36 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:23.10 Y	F	100 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:32.68 L	F	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
3:08.18 Y	F	200 Free	1/12/2013	Chris Goody IMX Challenge	
3:18.96 L	F	200 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
41.82 Y	F	50 Back	3/10/2013	AD Gold Short Course Championships	
46.91 S	F	50 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
47.36 L	F	50 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:28.70 Y	F	100 Back	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:38.63 L	F	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
46.12 Y	F	50 Breast	3/10/2013	AD Gold Short Course Championships	
51.35 L	F	50 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
51.39 S	F	50 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:37.51 Y	F	100 Breast	3/10/2013	AD Gold Short Course Championships	
1:50.75 L	F	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
42.94 Y	F	50 Fly	2/3/2013	Delmar Dolphins February Freeze Invitational	
46.05 S	F	50 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	

Individual Top Times

Time	P/F/S	Event			
Cameron Doyle (10) M					
					DELM-AD
47.41 L	F	50 Fly	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:45.95 Y	F	100 Fly	11/17/2012	Harvest Invitational	
1:54.44 L	F	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:28.68 Y	F	100 IM	3/10/2013	AD Gold Short Course Championships	
1:37.61 S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
3:18.06 Y	F	200 IM	11/17/2012	Harvest Invitational	
3:26.82 L	F	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
Connor Doyle (13) M					
					DELM-AD
26.62 Y	F	50 Free	1/4/2013	2013 Starfish Trophy Invitational	
28.45 L L	F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
28.93 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
57.03 Y	P	100 Free	3/10/2013	AD Gold Short Course Championships	
1:02.18 L	F	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:04.54 Y	F	200 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
5:37.57 Y	F	500 Free	10/21/2012	2012 Trick or Treat Meet	
58.88 Y	F	100 Back	2/14/2013	Section II Championships Large	
1:06.90 S	F	100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:07.30 L	F	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
2:05.73 Y	F	200 Back	3/10/2013	AD Gold Short Course Championships	
2:20.87 L	F	200 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:16.70 Y	F	100 Breast	12/2/2012	December Super Splash 2012	
1:22.06 S	F	100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:25.68 L	F	100 Breast	6/22/2013	2013 NI - Niagara Super Circuit Ithaca	
2:40.18 Y	F	200 Breast	1/4/2013	2013 Starfish Trophy Invitational	
1:02.68 Y	F	100 Fly	3/10/2013	AD Gold Short Course Championships	
1:09.74 S	F	100 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:11.54 L	F	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:09.82 S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:11.03 Y	P	200 IM	2/14/2013	Section II Championships Large	
2:24.00 L	F	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
4:41.79 Y	F	400 IM	3/10/2013	AD Gold Short Course Championships	
5:09.67 L	F	400 IM	7/19/2013	2013 Adirondack Long Course District Champion	
Ryan Doyle (12) M					
					DELM-AD
34.41 Y	F	50 Free	12/15/2012	Sharks 12&Under Mini-Meet	
39.56 Y	F	50 Back	12/15/2012	Sharks 12&Under Mini-Meet	
1:26.55 Y	F	100 Back	1/12/2013	Chris Goody IMX Challenge	
50.87 Y	F	50 Breast	10/20/2012	Ravena Autumn Breeze 2012	
37.32 Y	F	50 Fly	3/1/2013	AD Silver Short Course Championships	
1:28.83 Y	F	100 IM	12/15/2012	Sharks 12&Under Mini-Meet	
3:21.63 Y	F	200 IM	1/12/2013	Chris Goody IMX Challenge	
Marian Draper (13) W					
					CLIN-AD
28.32 Y L	F	50 Free	3/1/2013	AD Silver Short Course Championships	
34.73 L	F	50 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:03.61 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
1:11.11 L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:16.94 Y	F	200 Free	1/4/2013	2013 Starfish Trophy Invitational	
2:40.85 L	F	200 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
5:30.31 L	F	400 Free	7/19/2013	2013 Adirondack Long Course District Champion	
6:24.14 Y	F	500 Free	12/9/2012	Piranhas December Distance Invite	
36.11 Y	F	50 Back	1/4/2013	2013 Starfish Trophy Invitational	
1:15.59 Y	F	100 Back	3/1/2013	AD Silver Short Course Championships	
1:33.02 L	F	100 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
2:38.61 Y	F	200 Back	3/1/2013	AD Silver Short Course Championships	
3:07.38 L	P	200 Back	7/19/2013	2013 Adirondack Long Course District Champion	
39.38 Y	F	50 Breast	1/4/2013	2013 Starfish Trophy Invitational	
1:23.64 Y	F	100 Breast	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:38.06 L	F	100 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational	
3:35.94 L	F	200 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational	
35.95 Y	F	50 Fly	1/4/2013	2013 Starfish Trophy Invitational	
1:23.36 Y	F	100 Fly	3/1/2013	AD Silver Short Course Championships	

Individual Top Times

Time	P/F/S	Event			
Marian Draper (13) W					
1:20.01	Y	F	100	IM	1/4/2013 2013 Starfish Trophy Invitational
2:36.21	Y	F	200	IM	3/1/2013 AD Silver Short Course Championships
3:06.92	L	P	200	IM	7/19/2013 2013 Adirondack Long Course District Champion
Robert Draper (16) M					
25.65	Y	F	50	Free	3/1/2013 AD Silver Short Course Championships
29.55	L	F	50	Free	6/8/2013 Clinton Cudas Colgate Classic Invitational
53.63	Y	P	100	Free	3/10/2013 AD Gold Short Course Championships
1:02.54	L	F	100	Free	6/8/2013 Clinton Cudas Colgate Classic Invitational
1:55.47	Y	P	200	Free	3/10/2013 AD Gold Short Course Championships
2:17.24	L	F	200	Free	6/8/2013 Clinton Cudas Colgate Classic Invitational
1:07.13	Y	F	100	Back	3/1/2013 AD Silver Short Course Championships
1:21.90	L	F	100	Back	6/8/2013 Clinton Cudas Colgate Classic Invitational
2:26.56	Y	F	200	Back	3/1/2013 AD Silver Short Course Championships
1:28.26	L	F	100	Breast	6/8/2013 Clinton Cudas Colgate Classic Invitational
2:35.28	Y	P	200	Breast	3/10/2013 AD Gold Short Course Championships
3:00.85	L	F	200	Breast	6/8/2013 Clinton Cudas Colgate Classic Invitational
1:04.00	Y	P	100	Fly	3/10/2013 AD Gold Short Course Championships
1:15.07	L	F	100	Fly	6/8/2013 Clinton Cudas Colgate Classic Invitational
2:40.66	L	P	200	Fly	7/19/2013 2013 Adirondack Long Course District Champion
2:42.27	L	F	200	IM	6/8/2013 Clinton Cudas Colgate Classic Invitational
Alexander Dreisbach (17) M					
21.65	Y	F	50	Free	3/1/2013 2013 NI - OB - NYS Federation
24.92	L	F	50	Free	3/21/2013 2013 NI - EZ North Region Speedo Ch
25.27	S	F	50	Free	6/15/2013 Piranhas Summer Kick-Off Meet
47.56	Y	F	100	Free	3/1/2013 2013 NI - OB - NYS Federation
54.92	L	P	100	Free	3/21/2013 2013 NI - EZ North Region Speedo Ch
1:44.99	Y	F	200	Free	3/10/2013 AD Gold Short Course Championships
2:01.35	L	F	200	Free	3/21/2013 2013 NI - EZ North Region Speedo Ch
56.61	Y	P	100	Back	3/10/2013 AD Gold Short Course Championships
2:05.11	Y	F	200	Back	1/25/2013 2013 NE ABF Snow Angel Classic
1:05.29	Y	P	100	Breast	3/10/2013 AD Gold Short Course Championships
1:17.20	S	F	100	Breast	6/15/2013 Piranhas Summer Kick-Off Meet
2:27.00	Y	F	200	Breast	1/25/2013 2013 NE ABF Snow Angel Classic
55.45	Y	P	100	Fly	3/10/2013 AD Gold Short Course Championships
1:06.40	S	F	100	Fly	6/15/2013 Piranhas Summer Kick-Off Meet
1:58.89	Y	F	200	IM	2/14/2013 Section II Championships Small
2:20.34	S	F	200	IM	6/15/2013 Piranhas Summer Kick-Off Meet
2:22.76	L	P	200	IM	3/21/2013 2013 NI - EZ North Region Speedo Ch
4:32.05	Y	F	400	IM	12/9/2012 Piranhas December Distance Invite
Lauren Driscoll (8) W					
25.21	Y	F	25	Free	11/17/2012 Harvest Invitational
55.51	Y	F	50	Free	2/23/2013 Cabin Fever Invitational
1:59.70	Y	F	100	Free	1/12/2013 Chris Goody Mini-Meet
30.08	Y	F	25	Back	1/12/2013 Chris Goody Mini-Meet
59.29	Y	F	50	Back	2/23/2013 Cabin Fever Invitational
29.32	Y	F	25	Breast	12/2/2012 December Super Splash 2012
34.83	Y	F	25	Fly	12/2/2012 December Super Splash 2012
2:06.70	Y	F	100	IM	2/23/2013 Cabin Fever Invitational
Arthur Drury (11) M					
33.02	Y	F	50	Free	3/1/2013 AD Silver Short Course Championships
1:17.18	Y	F	100	Free	2/3/2013 Delmar Dolphins February Freeze Invitational
42.74	Y	F	50	Back	2/23/2013 Cabin Fever Invitational
1:00.56	Y	F	50	Breast	12/15/2012 Sharks 12&Under Mini-Meet
40.77	Y	F	50	Fly	2/3/2013 Delmar Dolphins February Freeze Invitational
Amelia Drury (13) W					
30.01	Y	F	50	Free	3/1/2013 AD Silver Short Course Championships
34.28	L	P	50	Free	7/19/2013 2013 Adirondack Long Course District Champion
1:03.60	Y	F	100	Free	3/1/2013 AD Silver Short Course Championships
1:12.22	L	P	100	Free	7/19/2013 2013 Adirondack Long Course District Champion

Individual Top Times

Time	P/F/S	Event			
Amelia Drury (13) W					
					DELM-AD
2:17.42	Y	F	200 Free	3/1/2013	AD Silver Short Course Championships
2:38.24	L	F	200 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational
6:11.34	Y	F	500 Free	2/3/2013	Delmar Dolphins February Freeze Invitational
1:15.13	Y	F	100 Back	2/3/2013	Delmar Dolphins February Freeze Invitational
1:28.81	L	F	100 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational
2:41.46	Y	F	200 Back	3/1/2013	AD Silver Short Course Championships
3:03.12	L	P	200 Back	7/19/2013	2013 Adirondack Long Course District Champion
1:31.23	Y	F	100 Breast	2/3/2013	Delmar Dolphins February Freeze Invitational
1:43.95	L	F	100 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational
3:19.09	Y	F	200 Breast	1/12/2013	Chris Goody IMX Challenge
35.73	Y	F	50 Fly	10/21/2012	2012 Trick or Treat Meet
1:13.01	Y	F	100 Fly	3/1/2013	AD Silver Short Course Championships
1:27.51	L	F	100 Fly	6/22/2013	2013 NI - Niagara Super Circuit Ithaca
2:48.98	Y	F	200 Fly	1/12/2013	Chris Goody IMX Challenge
3:14.36	L	F	200 Fly	6/8/2013	Clinton Cudas Colgate Classic Invitational
1:18.93	Y	F	100 IM	10/21/2012	2012 Trick or Treat Meet
2:44.13	Y	F	200 IM	1/12/2013	Chris Goody IMX Challenge
3:03.42	L	F	200 IM	6/22/2013	2013 NI - Niagara Super Circuit Ithaca
5:47.15	Y	F	400 IM	12/9/2012	Piranhas December Distance Invite
6:34.11	L	F	400 IM	7/19/2013	2013 Adirondack Long Course District Champion
Darren Duan (8) M					
					ALBS-AD
48.10	Y	F	50 Free	2/3/2013	Delmar Dolphins February Freeze Invitational
1:46.67	L	F	100 Free	7/19/2013	2013 Adirondack Long Course District Champion
1:47.74	Y	F	100 Free	2/3/2013	Delmar Dolphins February Freeze Invitational
27.30	Y	F	25 Back	3/1/2013	AD Silver Short Course Championships
55.03	Y	F	50 Back	3/1/2013	AD Silver Short Course Championships
58.05	S	F	50 Back	6/15/2013	Piranhas Summer Kick-Off Meet
1:01.54	Y	F	50 Breast	2/3/2013	Delmar Dolphins February Freeze Invitational
1:07.53	S	F	50 Breast	6/15/2013	Piranhas Summer Kick-Off Meet
56.99	L	F	50 Fly	7/19/2013	2013 Adirondack Long Course District Champion
Jaeden Dudley (9) M					
					BENN-AD
1:01.39	Y	F	50 Free	2/23/2013	Cabin Fever Invitational
1:21.63	Y	F	50 Back	2/23/2013	Cabin Fever Invitational
Lily Duerr (12) W					
					GGRF-AD
1:42.55	Y	F	100 Free	11/4/2012	Hometown Splashdown
51.80	Y	F	50 Back	11/4/2012	Hometown Splashdown
1:00.36	Y	F	50 Breast	11/4/2012	Hometown Splashdown
Nadine Duessler (10) W					
					SSAC-AD
38.70	Y	F	50 Free	12/2/2012	December Super Splash 2012
1:22.86	Y	F	100 Free	3/1/2013	AD Silver Short Course Championships
48.48	Y	F	50 Back	12/2/2012	December Super Splash 2012
53.98	Y	F	50 Breast	3/1/2013	AD Silver Short Course Championships
Jesse Dugan (17) M					
					BSPA-AD
30.33	Y	F	50 Free	11/17/2012	Harvest Invitational
1:08.66	Y	F	100 Free	2/23/2013	Cabin Fever Invitational
40.10	Y L	F	50 Back	2/23/2013	Cabin Fever Invitational
1:25.18	Y	F	100 Back	2/23/2013	Cabin Fever Invitational
1:34.10	Y	F	100 Breast	1/26/2013	2013 MR OB LISCA Eastern States Championships
1:21.95	Y	F	100 Fly	1/26/2013	2013 MR OB LISCA Eastern States Championships
Michael Dugan (21) M					
					ALBS-AD
24.47	L	F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion
53.51	L	F	100 Free	7/19/2013	2013 Adirondack Long Course District Champion
1:59.79	L	F	200 Free	7/19/2013	2013 Adirondack Long Course District Champion
1:05.45	L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion
2:26.05	L	P	200 Fly	7/19/2013	2013 Adirondack Long Course District Champion
Taylor Duguay (17) M					
					GLFY-AD
25.10	Y	F	50 Free	2/9/2013	North Country YMCA Swim League 2013 Champions
28.06	L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion
29.04	S L	F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet

Individual Top Times

Time	P/F/S	Event			
Tylor Duguay (17) M			GLFY-AD		
1:03.00	L	P 100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:51.61	Y	F 200 Free	2/14/2013	Section II Championships Small	
2:09.71	L	P 200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:12.14	S	F 200 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
4:37.75	L	F 400 Free	7/19/2013	2013 Adirondack Long Course District Champion	
5:03.21	Y	F 500 Free	2/14/2013	Section II Championships Small	
11:13.93	Y	F 1000 Free	12/2/2012	December Super Splash 2012	
18:19.43	L	F 1500 Free	7/19/2013	2013 Adirondack Long Course District Champion	
18:19.43	L	F 1500 Free	7/19/2013	2013 Adirondack Long Course District Champion	
31.28	Y L	F 50 Back	2/9/2013	North Country YMCA Swim League 2013 Champions	
1:13.00	L	F 100 Back	7/12/2013	Hawks Summer Invitational 2013	
1:15.02	S	F 100 Back	6/15/2013	Piranhas Summer Kick-Off Meet	
2:36.32	L	P 200 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:26.39	S	F 100 Breast	6/15/2013	Piranhas Summer Kick-Off Meet	
1:31.68	L	F 100 Breast	7/12/2013	Hawks Summer Invitational 2013	
3:09.12	L	F 200 Breast	7/12/2013	Hawks Summer Invitational 2013	
1:17.16	S	F 100 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:18.34	S	F 100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:35.11	S	F 200 IM	6/15/2013	Piranhas Summer Kick-Off Meet	
2:36.05	L	P 200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
5:34.36	L	F 400 IM	7/12/2013	Hawks Summer Invitational 2013	
Christopher Dunbar (15) M			GLOY-AD		
29.18	Y	F 50 Free	2/9/2013	North Country YMCA Swim League 2013 Champions	
1:05.42	Y	F 100 Free	1/4/2013	2013 Starfish Trophy Invitational	
1:16.31	Y	P 100 Breast	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
2:50.40	Y	F 200 IM	1/4/2013	2013 Starfish Trophy Invitational	
Gabrielle Dunn (7) W			DELM-AD		
23.07	Y	F 25 Free	3/1/2013	AD Silver Short Course Championships	
25.22	Y	F 25 Back	3/1/2013	AD Silver Short Course Championships	
35.35	Y	F 25 Breast	3/1/2013	AD Silver Short Course Championships	
33.03	Y	F 25 Fly	3/1/2013	AD Silver Short Course Championships	
Sarah Duttine (8) W			BSPA-AD		
19.30	Y	F 25 Free	11/17/2012	Harvest Invitational	
40.79	Y	F 50 Free	3/10/2013	AD Gold Short Course Championships	
1:31.52	Y	F 100 Free	3/10/2013	AD Gold Short Course Championships	
22.49	Y	F 25 Back	1/27/2013	Thoroughbred Splash 2013	
21.50	Y	F 25 Fly	1/27/2013	Thoroughbred Splash 2013	
Alana Duvall (13) W			GLFY-AD		
27.47	Y	F 50 Free	2/9/2013	North Country YMCA Swim League 2013 Champions	
30.77	S	F 50 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
59.90	Y	P 100 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
2:09.56	Y	F 200 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
2:24.61	S	F 200 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
2:27.44	L	F 200 Free	7/12/2013	Hawks Summer Invitational 2013	
5:55.91	Y	F 500 Free	2/9/2013	North Country YMCA Swim League 2013 Champions	
21:02.61	L	F 1500 Free	7/12/2013	Hawks Summer Invitational 2013	
1:15.21	Y	F 100 Back	12/2/2012	December Super Splash 2012	
1:22.09	S	F 100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:35.80	Y	F 100 Breast	11/4/2012	Hometown Splashdown	
1:39.77	S	F 100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:44.15	L	F 100 Breast	7/12/2013	Hawks Summer Invitational 2013	
3:42.43	L	F 200 Breast	7/12/2013	Hawks Summer Invitational 2013	
1:23.33	S	F 100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:45.94	Y	F 200 IM	11/4/2012	Hometown Splashdown	
2:51.59	S	F 200 IM	6/15/2013	Piranhas Summer Kick-Off Meet	
Kaitlyn Dybowski (12) W			BSPA-AD		
30.32	Y	P 50 Free	3/10/2013	AD Gold Short Course Championships	
1:08.07	Y	P 100 Free	3/10/2013	AD Gold Short Course Championships	
2:33.00	Y	F 200 Free	3/1/2013	AD Silver Short Course Championships	

Individual Top Times

Time	P/F/S	Event			
Kaitlyn Dybowski (12) W					
BSPA-AD					
6:43.36	Y	F	500	Free	3/10/2013 AD Gold Short Course Championships
34.66	Y	P	50	Back	3/10/2013 AD Gold Short Course Championships
1:16.85	Y	F	100	Back	1/12/2013 Canajoharie Developmental Meet
41.81	Y	P	50	Breast	3/10/2013 AD Gold Short Course Championships
1:31.54	Y	F	100	Breast	3/1/2013 AD Silver Short Course Championships
3:22.34	Y	F	200	Breast	3/1/2013 AD Silver Short Course Championships
38.12	Y	F	50	Fly	2/3/2013 Delmar Dolphins February Freeze Invitational
1:16.74	Y	F	100	IM	3/1/2013 AD Silver Short Course Championships
2:55.21	Y	F	200	IM	1/12/2013 Chris Goody IMX Challenge
Daniel Dylong (10) M					
AMST-AD					
35.73	Y	F	50	Free	3/10/2013 AD Gold Short Course Championships
1:21.88	Y	F	100	Free	2/3/2013 Delmar Dolphins February Freeze Invitational
3:03.77	Y	F	200	Free	1/20/2013 Foothills Inv
8:16.85	Y	F	500	Free	1/20/2013 Foothills Inv
40.89	Y L	F	50	Back	3/10/2013 AD Gold Short Course Championships
1:35.28	Y	F	100	Back	3/1/2013 AD Silver Short Course Championships
47.34	Y	F	50	Breast	3/10/2013 AD Gold Short Course Championships
1:41.84	Y	F	100	Breast	3/10/2013 AD Gold Short Course Championships
41.56	Y	F	50	Fly	3/10/2013 AD Gold Short Course Championships
1:29.23	Y	F	100	IM	3/10/2013 AD Gold Short Course Championships
Brittany Dymes (15) W					
SVP-AD					
1:10.16	Y	F	100	Free	12/1/2012 Central Valley Swim League Quad Meet
1:15.14	Y	F	100	Back	11/17/2012 Harvest Invitational
1:23.97	Y	F	100	Fly	11/17/2012 Harvest Invitational
2:51.32	Y	F	200	IM	11/17/2012 Harvest Invitational
Sydney Dymes (11) W					
SVP-AD					
27.01	Y L	F	50	Free	11/10/2012 CVSL First Splash
1:12.28	Y	F	100	Free	3/1/2013 AD Silver Short Course Championships
2:39.44	Y	F	200	Free	3/1/2013 AD Silver Short Course Championships
7:11.68	Y	F	500	Free	2/23/2013 Cabin Fever Invitational
38.79	Y	F	50	Back	3/1/2013 AD Silver Short Course Championships
51.83	Y	F	50	Breast	2/9/2013 Central Valley Swim League Championships
38.75	Y	F	50	Fly	3/1/2013 AD Silver Short Course Championships
1:29.96	Y	F	100	Fly	1/26/2013 Central Valley Swim Meet Quad Meet
1:30.89	Y	F	100	IM	3/1/2013 AD Silver Short Course Championships
3:08.16	Y	F	200	IM	3/1/2013 AD Silver Short Course Championships
Kayla Dzikowicz (13) W					
AMST-AD					
29.08	Y	F	50	Free	11/17/2012 Harvest Invitational
1:02.37	Y	F	100	Free	3/1/2013 AD Silver Short Course Championships
2:19.86	Y	F	200	Free	3/1/2013 AD Silver Short Course Championships
6:37.47	Y	F	500	Free	1/26/2013 Central Valley Swim Meet Quad Meet
34.94	Y	F	50	Back	11/17/2012 Harvest Invitational
1:12.21	Y	F	100	Back	3/1/2013 AD Silver Short Course Championships
2:34.93	Y	F	200	Back	3/1/2013 AD Silver Short Course Championships
37.30	Y	F	50	Breast	12/2/2012 December Super Splash 2012
1:19.35	Y	F	100	Breast	12/15/2012 Central Valley Swim League Quad Meet
2:55.19	Y	F	200	Breast	1/4/2013 2013 Starfish Trophy Invitational
35.89	Y	F	50	Fly	12/2/2012 December Super Splash 2012
1:18.05	Y	F	100	Fly	3/1/2013 AD Silver Short Course Championships
2:59.58	Y	F	200	Fly	3/1/2013 AD Silver Short Course Championships
1:13.47	Y	F	100	IM	11/17/2012 Harvest Invitational
2:38.03	Y	F	200	IM	3/1/2013 AD Silver Short Course Championships
5:39.22	Y	F	400	IM	3/1/2013 AD Silver Short Course Championships
Trevor Dzikowicz (10) M					
AMST-AD					
32.75	Y	F	50	Free	3/10/2013 AD Gold Short Course Championships
1:11.52	Y	F	100	Free	3/10/2013 AD Gold Short Course Championships
2:52.97	Y	F	200	Free	3/1/2013 AD Silver Short Course Championships
7:20.01	Y	F	500	Free	3/10/2013 AD Gold Short Course Championships
40.96	Y	F	50	Back	3/10/2013 AD Gold Short Course Championships

Individual Top Times

Time	P/F/S	Event				
Trevor Dzikowicz (10) M						
1:27.42	Y	F	100	Back	3/10/2013	AD Gold Short Course Championships
47.61	Y	F	50	Breast	3/10/2013	AD Gold Short Course Championships
1:43.67	Y	F	100	Breast	3/10/2013	AD Gold Short Course Championships
42.48	Y	F	50	Fly	3/1/2013	AD Silver Short Course Championships
1:27.84	Y	F	100	IM	3/10/2013	AD Gold Short Course Championships
3:23.75	Y	F	200	IM	3/1/2013	AD Silver Short Course Championships
Ashley Earl (11) W						
33.41	Y	F	50	Free	11/17/2012	Harvest Invitational
1:14.52	Y	F	100	Free	11/17/2012	Harvest Invitational
47.46	Y	F	50	Breast	11/10/2012	Pilgrims Pride
1:28.17	Y	F	100	IM	11/17/2012	Harvest Invitational
Lauren Earley (14) W						
31.08	Y	F	50	Free	1/27/2013	North Country League Meet
1:05.48	Y	F	100	Free	3/3/2013	North Country League Meet
1:15.81	L	F	100	Free	7/12/2013	Hawks Summer Invitational 2013
2:20.72	Y	F	200	Free	3/3/2013	North Country League Meet
2:44.88	L	F	200	Free	6/8/2013	Clinton Cudas Colgate Classic Invitational
2:45.48	S	F	200	Free	6/15/2013	Piranhas Summer Kick-Off Meet
5:43.77	L	F	400	Free	7/12/2013	Hawks Summer Invitational 2013
6:27.99	Y	F	500	Free	2/3/2013	Delmar Dolphins February Freeze Invitational
1:26.31	S	F	100	Back	6/15/2013	Piranhas Summer Kick-Off Meet
1:28.44	L	F	100	Back	7/12/2013	Hawks Summer Invitational 2013
1:30.20	Y	F	100	Breast	2/22/2013	North Country League Meet
1:42.38	L	F	100	Breast	7/12/2013	Hawks Summer Invitational 2013
1:19.97	Y	F	100	Fly	2/3/2013	Delmar Dolphins February Freeze Invitational
1:28.89	L	F	100	Fly	7/12/2013	Hawks Summer Invitational 2013
3:04.31	L	F	200	IM	7/12/2013	Hawks Summer Invitational 2013
Lindsey Earl (9) W						
17.31	Y	F	25	Free	11/17/2012	Harvest Invitational
38.05	Y	F	50	Free	11/10/2012	Pilgrims Pride
22.35	Y	F	25	Breast	11/10/2012	Pilgrims Pride
1:36.22	Y	F	100	IM	11/17/2012	Harvest Invitational
Rumi Easter (17) M						
24.50	Y	F	50	Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship
1:10.16	Y	P	100	Breast	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship
58.48	Y	P	100	Fly	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship
2:19.23	Y	P	200	IM	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship
Holly Eberlin (17) W						
26.27	Y	P	50	Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship
30.77	L	P	50	Free	7/19/2013	2013 Adirondack Long Course District Champion
56.57	Y	F	100	Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship
1:08.49	L	P	100	Free	7/19/2013	2013 Adirondack Long Course District Champion
2:12.19	Y	F	200	Free	1/27/2013	Thoroughbred Splash 2013
2:25.38	L	P	200	Free	7/19/2013	2013 Adirondack Long Course District Champion
30.47	Y	F	50	Back	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship
1:03.79	Y	P	100	Back	11/1/2012	Girls Sec II Division I Champ
1:16.51	L	P	100	Back	7/19/2013	2013 Adirondack Long Course District Champion
2:27.62	Y	F	200	Back	12/9/2012	Piranhas December Distance Invite
2:44.51	L	F	200	Back	7/6/2013	Sharks Summer Invite
2:51.05	L	F	200	IM	7/6/2013	Sharks Summer Invite
Sarah Eberlin (12) W						
38.30	Y	F	50	Free	1/27/2013	Thoroughbred Splash 2013
44.32	Y	F	50	Fly	1/27/2013	Thoroughbred Splash 2013
3:42.09	Y	F	200	IM	1/27/2013	Thoroughbred Splash 2013
Heidi Edmonds (13) W						
30.43	Y L	F	50	Free	2/9/2013	Central Valley Swim League Championships
1:07.96	Y	F	100	Free	2/9/2013	Central Valley Swim League Championships
2:28.33	Y	F	200	Free	3/1/2013	AD Silver Short Course Championships
6:46.11	Y	F	500	Free	1/26/2013	Central Valley Swim Meet Quad Meet

AMST-AD

SARY-AD

SSCY-AD

SARY-AD

UN-AD

SARY-AD

SARY-AD

CLRK-AD

Individual Top Times

Time	P/F/S	Event			
Heidi Edmonds (13) W			CLRK-AD		
1:19.78 Y	F	100 Back	3/1/2013	AD Silver Short Course Championships	
2:49.28 Y	F	200 Back	3/1/2013	AD Silver Short Course Championships	
1:32.35 Y	F	100 Breast	12/1/2012	Central Valley Swim League Quad Meet	
3:09.00 Y	F	200 Breast	3/1/2013	AD Silver Short Course Championships	
1:17.56 Y	F	100 Fly	2/9/2013	Central Valley Swim League Championships	
3:02.35 Y	F	200 Fly	1/26/2013	Central Valley Swim Meet Quad Meet	
2:43.92 Y	F	200 IM	2/9/2013	Central Valley Swim League Championships	
6:04.58 Y	F	400 IM	12/15/2012	Central Valley Swim League Quad Meet	
Brooke Edwards (12) W			SCHE-AD		
28.19 Y	P	50 Free	3/10/2013	AD Gold Short Course Championships	
32.28 L	F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:01.66 Y	P	100 Free	3/10/2013	AD Gold Short Course Championships	
1:11.56 L	F	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:17.37 Y	F	200 Free	3/10/2013	AD Gold Short Course Championships	
2:40.07 L	P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
6:19.95 Y	F	500 Free	1/12/2013	Chris Goody IMX Challenge	
35.42 Y	F	50 Back	2/10/2013	2013 Piranhas Pentathlon	
41.84 L	P	50 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:17.30 Y	P	100 Back	12/6/2012	2012 NE NSSC MIT Invite	
1:30.60 L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
2:47.73 Y	F	200 Back	1/12/2013	Chris Goody IMX Challenge	
42.54 Y	F	50 Breast	2/10/2013	2013 Piranhas Pentathlon	
50.20 L	P	50 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
1:32.54 Y	F	100 Breast	2/23/2013	Cabin Fever Invitational	
30.38 Y	F	50 Fly	3/10/2013	AD Gold Short Course Championships	
33.61 L	F	50 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:13.30 Y	P	100 Fly	3/10/2013	AD Gold Short Course Championships	
1:22.52 L	F	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:13.74 Y	F	100 IM	2/23/2013	Cabin Fever Invitational	
2:43.32 Y	F	200 IM	1/12/2013	Chris Goody IMX Challenge	
3:07.00 L	P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
Emma Edwards (10) W			ALBS-AD		
36.85 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	
43.46 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:26.46 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
1:33.51 S	F	100 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
43.48 Y	F	50 Back	3/1/2013	AD Silver Short Course Championships	
51.28 S	F	50 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
52.71 Y	F	50 Breast	3/1/2013	AD Silver Short Course Championships	
56.48 S	F	50 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
47.03 Y	F	50 Fly	3/1/2013	AD Silver Short Course Championships	
49.63 S	F	50 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:35.79 Y	F	100 IM	3/1/2013	AD Silver Short Course Championships	
1:46.54 S	F	100 IM	6/15/2013	Piranhas Summer Kick-Off Meet	
Julie Ehrlich (15) W			SSCY-AD		
25.12 Y	F	50 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
29.39 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
55.77 Y	F	100 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
1:05.86 L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:08.75 Y	P	200 Free	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS	
1:13.21 L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:13.73 L	P	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
2:24.09 Y	F	200 IM	2/9/2013	North Country YMCA Swim League 2013 Champions	
2:44.66 L	P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
Allyson Eicher (8) W			GRGF-AD		
26.41 Y	F	25 Free	2/23/2013	Cabin Fever Invitational	
1:03.88 Y	F	50 Free	11/4/2012	Hometown Splashdown	
25.67 Y	F	25 Back	2/23/2013	Cabin Fever Invitational	
58.09 Y	F	50 Back	2/23/2013	Cabin Fever Invitational	

Individual Top Times

Time	P/F/S	Event			
Elizabeth Eisnor (17) W					
59.23 Y	P	100 Free	3/10/2013	AD Gold Short Course Championships	CPP-AD
2:07.92 Y	P	200 Free	3/10/2013	AD Gold Short Course Championships	
6:02.61 Y	F	500 Free	3/1/2013	AD Silver Short Course Championships	
20:41.79 Y	F	1650 Free	12/9/2012	Piranhas December Distance Invite	
1:07.95 Y	P	100 Back	3/10/2013	AD Gold Short Course Championships	
2:37.31 Y	F	200 Back	12/9/2012	Piranhas December Distance Invite	
1:04.18 Y	F	100 Fly	11/1/2012	Girls Sec II Division I Champ	
2:23.44 Y	F	200 IM	11/1/2012	Girls Sec II Division I Champ	
5:21.38 Y	F	400 IM	1/12/2013	Chris Goody IMX Challenge	
Norah Eisnor (9) W					
17.94 Y	F	25 Free	11/17/2012	Harvest Invitational	CPP-AD
37.56 Y	F	50 Free	12/15/2012	Sharks 12&Under Mini-Meet	
1:25.87 Y	F	100 Free	3/10/2013	AD Gold Short Course Championships	
21.85 Y	F	25 Back	11/17/2012	Harvest Invitational	
47.58 Y	F	50 Back	3/10/2013	AD Gold Short Course Championships	
24.95 Y	F	25 Breast	10/21/2012	2012 Trick or Treat Meet	
54.53 Y	F	50 Breast	1/4/2013	2013 Starfish Trophy Invitational	
20.17 Y	F	25 Fly	11/17/2012	Harvest Invitational	
48.47 Y	F	50 Fly	1/4/2013	2013 Starfish Trophy Invitational	
1:36.74 Y	F	100 IM	3/10/2013	AD Gold Short Course Championships	
Elisa Elderd (12) W					
36.11 Y	F	50 Free	2/23/2013	Cabin Fever Invitational	DELM-AD
1:23.67 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
49.76 Y	F	50 Back	12/15/2012	Sharks 12&Under Mini-Meet	
49.54 Y	F	50 Breast	2/23/2013	Cabin Fever Invitational	
48.56 Y	F	50 Fly	3/1/2013	AD Silver Short Course Championships	
Elizabeth Elliott (13) W					
31.71 Y	F	50 Free	2/9/2013	North Country YMCA Swim League 2013 Champions	GUY-AD
1:15.40 Y	F	100 Free	12/2/2012	December Super Splash 2012	
35.95 Y L	F	50 Back	2/9/2013	North Country YMCA Swim League 2013 Champions	
1:19.91 Y	F	100 Back	2/3/2013	Delmar Dolphins February Freeze Invitational	
44.34 Y	F	50 Breast	12/2/2012	December Super Splash 2012	
35.89 Y	F	50 Fly	2/9/2013	North Country YMCA Swim League 2013 Champions	
1:20.37 Y	F	100 IM	12/2/2012	December Super Splash 2012	
Iad Elmassalemah (9) M					
22.10 Y	F	25 Free	2/9/2013	North Country YMCA Swim League 2013 Champions	KING-AD
44.42 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	
48.44 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:43.59 Y	F	100 Free	1/25/2013	Hawks Trials And Finals 2013	
2:17.64 L	F	100 Free	5/3/2013	2013 MR Condors May Meters Matter	
28.86 Y	F	25 Back	11/10/2012	Pilgrims Pride	
57.12 Y	F	50 Back	3/1/2013	AD Silver Short Course Championships	
1:01.43 S	F	50 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:17.31 L	F	50 Breast	5/3/2013	2013 MR Condors May Meters Matter	
2:10.34 Y	P	50 Breast	12/7/2012	2012 NE CRIM December T/F Meet	
31.15 Y	F	25 Fly	3/1/2013	AD Silver Short Course Championships	
1:08.50 S	F	50 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:15.63 Y	F	50 Fly	3/1/2013	AD Silver Short Course Championships	
Mohanad Elmassalemah (17) M					
28.22 Y	F	50 Free	1/4/2013	2013 Starfish Trophy Invitational	KING-AD
59.92 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
1:13.70 Y	F	100 Back	3/1/2013	AD Silver Short Course Championships	
2:42.51 Y	P	200 Back	12/7/2012	2012 NE CRIM December T/F Meet	
1:22.43 Y	P	100 Breast	12/7/2012	2012 NE CRIM December T/F Meet	
2:47.20 Y	F	200 Breast	3/1/2013	AD Silver Short Course Championships	
1:11.92 Y	P	100 Fly	12/7/2012	2012 NE CRIM December T/F Meet	
Megan Empie (16) W					
28.10 Y	P	50 Free	11/1/2012	Girls Sec II Division I Champ	UN-AD
6:08.21 Y	P	500 Free	11/1/2012	Girls Sec II Division I Champ	

Individual Top Times

Time	P/F/S	Event				
Megan Empie (16) W						
1:12.70	Y	P	100	Back	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship
George Enright (14) M						
24.54	Y	P	50	Free	3/10/2013	AD Gold Short Course Championships
52.65	Y	F	100	Free	3/10/2013	AD Gold Short Course Championships
1:54.79	Y	F	200	Free	3/10/2013	AD Gold Short Course Championships
5:07.95	Y	F	500	Free	3/10/2013	AD Gold Short Course Championships
59.88	Y	F	100	Back	3/10/2013	AD Gold Short Course Championships
2:09.13	Y	F	200	Back	3/10/2013	AD Gold Short Course Championships
1:10.49	Y	F	100	Breast	12/6/2012	2012 NE NSSC MIT Invite
2:41.07	Y	P	200	Breast	12/6/2012	2012 NE NSSC MIT Invite
1:01.22	Y	P	100	Fly	3/10/2013	AD Gold Short Course Championships
2:13.46	Y	F	200	IM	3/10/2013	AD Gold Short Course Championships
Mark Enright (15) M						
22.90	Y	P	50	Free	2/14/2013	Section II Championships Large
49.35	Y	P	100	Free	2/14/2013	Section II Championships Large
1:52.36	Y	F	200	Free	3/10/2013	AD Gold Short Course Championships
5:03.03	Y	F	500	Free	3/10/2013	AD Gold Short Course Championships
Lillian Ensminger (9) W						
45.26	Y	F	50	Free	1/4/2013	2013 Starfish Trophy Invitational
1:45.02	Y	F	100	Free	1/4/2013	2013 Starfish Trophy Invitational
52.80	Y	F	50	Back	2/3/2013	Delmar Dolphins February Freeze Invitational
2:03.26	Y	F	100	Back	2/3/2013	Delmar Dolphins February Freeze Invitational
Stephanie Erickson (13) W						
27.92	Y	P	50	Free	3/10/2013	AD Gold Short Course Championships
31.66	L	P	50	Free	7/19/2013	2013 Adirondack Long Course District Champion
31.67	S	F	50	Free	6/15/2013	Piranhas Summer Kick-Off Meet
1:00.55	Y	P	100	Free	3/10/2013	AD Gold Short Course Championships
1:08.04	L	P	100	Free	7/19/2013	2013 Adirondack Long Course District Champion
2:09.82	Y	P	200	Free	3/10/2013	AD Gold Short Course Championships
2:28.06	L	P	200	Free	7/19/2013	2013 Adirondack Long Course District Champion
2:29.89	S	F	200	Free	6/15/2013	Piranhas Summer Kick-Off Meet
1:19.22	Y	F	100	Back	1/12/2013	Chris Goody IMX Challenge
36.62	Y	F	50	Breast	1/4/2013	2013 Starfish Trophy Invitational
1:27.63	L	F	100	Breast	7/19/2013	2013 Adirondack Long Course District Champion
1:29.09	S	F	100	Breast	6/15/2013	Piranhas Summer Kick-Off Meet
3:08.08	L	F	200	Breast	7/19/2013	2013 Adirondack Long Course District Champion
31.44	Y	F	50	Fly	12/2/2012	December Super Splash 2012
1:09.44	Y	P	100	Fly	3/10/2013	AD Gold Short Course Championships
1:16.16	L	P	100	Fly	7/19/2013	2013 Adirondack Long Course District Champion
1:17.82	S	F	100	Fly	6/15/2013	Piranhas Summer Kick-Off Meet
2:55.59	L	P	200	Fly	7/19/2013	2013 Adirondack Long Course District Champion
1:12.47	Y	F	100	IM	1/4/2013	2013 Starfish Trophy Invitational
2:29.80	Y	P	200	IM	3/10/2013	AD Gold Short Course Championships
2:48.82	L	P	200	IM	7/19/2013	2013 Adirondack Long Course District Champion
Rachel Eschner (15) W						
30.95	Y	F	50	Free	2/9/2013	North Country YMCA Swim League 2013 Champions
1:09.03	Y	F	100	Free	2/9/2013	North Country YMCA Swim League 2013 Champions
1:17.27	Y	P	100	Breast	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship
Baileigh Estabrook (11) W						
43.90	L	P	50	Free	7/19/2013	2013 Adirondack Long Course District Champion
46.67	S	F	50	Free	6/15/2013	Piranhas Summer Kick-Off Meet
1:44.78	S	F	100	Free	6/15/2013	Piranhas Summer Kick-Off Meet
1:46.11	L	P	100	Free	7/19/2013	2013 Adirondack Long Course District Champion
53.78	L	P	50	Back	7/19/2013	2013 Adirondack Long Course District Champion
1:01.50	S	F	50	Back	6/15/2013	Piranhas Summer Kick-Off Meet
Amelia Evans (11) W						
37.19	Y	F	50	Free	3/1/2013	AD Silver Short Course Championships
1:29.48	Y	F	100	Free	10/21/2012	2012 Trick or Treat Meet
3:19.38	Y	F	200	Free	12/2/2012	December Super Splash 2012

Individual Top Times

Time	P/F/S	Event			
Amelia Evans (11) W					
7:45.29	Y	F	500	Free	3/10/2013 AD Gold Short Course Championships
46.78	Y	F	50	Back	3/1/2013 AD Silver Short Course Championships
46.12	Y	F	50	Breast	3/10/2013 AD Gold Short Course Championships
1:40.31	Y	F	100	Breast	3/10/2013 AD Gold Short Course Championships
3:41.13	Y	F	200	Breast	12/9/2012 Piranhas December Distance Invite
43.26	Y	F	50	Fly	3/10/2013 AD Gold Short Course Championships
1:33.31	Y	F	100	IM	2/23/2013 Cabin Fever Invitational
3:36.59	Y	F	200	IM	12/9/2012 Piranhas December Distance Invite
Clark Evans (8) M					
24.88	Y	F	25	Free	1/12/2013 Chris Goody Mini-Meet
55.74	Y	F	50	Free	2/23/2013 Cabin Fever Invitational
27.96	Y	F	25	Back	2/23/2013 Cabin Fever Invitational
Gwenyth Evans (14) W					
31.37	Y	F	50	Free	2/3/2013 Delmar Dolphins February Freeze Invitational
35.17	L	P	50	Free	7/19/2013 2013 Adirondack Long Course District Champion
1:09.62	Y	F	100	Free	3/1/2013 AD Silver Short Course Championships
1:18.89	L	P	100	Free	7/19/2013 2013 Adirondack Long Course District Champion
2:39.01	Y	F	200	Free	2/3/2013 Delmar Dolphins February Freeze Invitational
2:52.39	L	P	200	Free	7/19/2013 2013 Adirondack Long Course District Champion
1:27.95	Y	F	100	Back	3/1/2013 AD Silver Short Course Championships
1:45.44	L	F	100	Back	6/8/2013 Clinton Cudas Colgate Classic Invitational
3:14.18	Y	F	200	Back	1/4/2013 2013 Starfish Trophy Invitational
3:35.79	L	P	200	Back	7/19/2013 2013 Adirondack Long Course District Champion
1:22.85	Y	F	100	Breast	1/12/2013 Canajoharie Developmental Meet
1:39.90	L	F	100	Breast	6/8/2013 Clinton Cudas Colgate Classic Invitational
3:01.90	Y	F	200	Breast	3/1/2013 AD Silver Short Course Championships
3:30.89	L	P	200	Breast	7/19/2013 2013 Adirondack Long Course District Champion
3:27.18	L	F	200	IM	6/8/2013 Clinton Cudas Colgate Classic Invitational
Maria Evans (13) W					
29.91	Y	F	50	Free	11/17/2012 Harvest Invitational
33.47	L	P	50	Free	7/19/2013 2013 Adirondack Long Course District Champion
1:05.49	Y L	F	100	Free	3/10/2013 AD Gold Short Course Championships
1:15.24	L	P	100	Free	7/19/2013 2013 Adirondack Long Course District Champion
2:26.75	Y	F	200	Free	1/4/2013 2013 Starfish Trophy Invitational
2:44.94	L	P	200	Free	7/19/2013 2013 Adirondack Long Course District Champion
6:04.89	L	F	400	Free	7/6/2013 Sharks Summer Invite
6:33.80	Y	F	500	Free	12/9/2012 Piranhas December Distance Invite
31.05	Y	F	50	Back	3/10/2013 AD Gold Short Course Championships
35.04	L	F	50	Back	7/19/2013 2013 Adirondack Long Course District Champion
1:06.75	Y	P	100	Back	3/10/2013 AD Gold Short Course Championships
1:15.65	L	F	100	Back	7/19/2013 2013 Adirondack Long Course District Champion
2:24.53	Y	F	200	Back	3/10/2013 AD Gold Short Course Championships
2:45.40	L	F	200	Back	7/19/2013 2013 Adirondack Long Course District Champion
43.04	Y	F	50	Breast	12/15/2012 Sharks 12&Under Mini-Meet
51.03	L	F	50	Breast	7/6/2013 Sharks Summer Invite
31.09	Y	P	50	Fly	3/10/2013 AD Gold Short Course Championships
35.33	L	F	50	Fly	7/19/2013 2013 Adirondack Long Course District Champion
1:14.71	Y	P	100	Fly	3/10/2013 AD Gold Short Course Championships
1:24.77	L	F	100	Fly	7/19/2013 2013 Adirondack Long Course District Champion
2:45.16	Y	F	200	Fly	3/10/2013 AD Gold Short Course Championships
1:12.75	Y	P	100	IM	3/10/2013 AD Gold Short Course Championships
2:39.17	Y	P	200	IM	3/10/2013 AD Gold Short Course Championships
3:03.54	L	P	200	IM	7/19/2013 2013 Adirondack Long Course District Champion
Matthew Evans (18) M					
22.30	Y	F	50	Free	3/10/2013 AD Gold Short Course Championships
50.42	Y	P	100	Free	3/10/2013 AD Gold Short Course Championships
2:03.14	Y	F	200	Free	1/27/2013 Thoroughbred Splash 2013
1:01.56	Y	P	100	Back	3/10/2013 AD Gold Short Course Championships
1:19.57	Y	F	100	Breast	1/4/2013 2013 Starfish Trophy Invitational
59.40	Y	P	100	Fly	3/10/2013 AD Gold Short Course Championships

DELM-AD

DELM-AD

CLIN-AD

CLIN-AD

WAVE-AD

Individual Top Times

Time	P/F/S	Event				
Matthew Evans (18) M						
2:27.11 Y	F	200 IM	1/27/2013	Thoroughbred Splash 2013		WAVE-AD
Sarah Evans (15) W						
26.55 Y	P	50 Free	11/1/2012	Girls Sec II Division I Champ		UN-AD
58.68 Y	P	100 Free	11/1/2012	Girls Sec II Division I Champ		
1:08.59 Y	F	100 Back	11/10/2012	Pilgrims Pride		
Zoe Evans (12) W						
31.23 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships		USAM-AD
1:09.81 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships		
37.79 Y	F	50 Back	3/1/2013	AD Silver Short Course Championships		
1:22.04 Y	F	100 Back	3/1/2013	AD Silver Short Course Championships		
46.77 Y	F	50 Breast	10/21/2012	2012 Trick or Treat Meet		
39.61 Y	F	50 Fly	3/1/2013	AD Silver Short Course Championships		
1:23.22 Y	F	100 IM	3/1/2013	AD Silver Short Course Championships		
Cooper Evelyn (14) M						
38.34 Y	F	50 Free	1/27/2013	Thoroughbred Splash 2013		NTS-AD
1:23.93 Y	F	100 Free	2/10/2013	2013 Piranhas Pentathlon		
1:35.90 Y	F	100 Back	1/27/2013	Thoroughbred Splash 2013		
2:01.31 Y	F	100 Breast	2/10/2013	2013 Piranhas Pentathlon		
Delilah Evelyn (12) W						
38.12 Y	F	50 Free	2/10/2013	2013 Piranhas Pentathlon		NTS-AD
1:31.17 Y	F	100 Free	1/27/2013	Thoroughbred Splash 2013		
41.01 Y	F	50 Back	2/10/2013	2013 Piranhas Pentathlon		
55.17 Y	F	50 Breast	2/10/2013	2013 Piranhas Pentathlon		
46.86 Y	F	50 Fly	2/10/2013	2013 Piranhas Pentathlon		
1:40.59 Y	F	100 IM	2/10/2013	2013 Piranhas Pentathlon		
Ashley Eves (11) W						
51.51 Y	F	50 Free	3/2/2013	2013 NI - METS - Meet the Flintstones		TBS-AD
58.46 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion		
1:06.96 L	P	50 Back	7/19/2013	2013 Adirondack Long Course District Champion		
Brendan Eyestone (12) M						
32.30 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships		SSAC-AD
1:11.19 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships		
2:40.09 Y	F	200 Free	3/1/2013	AD Silver Short Course Championships		
7:30.74 Y	F	500 Free	1/12/2013	Chris Goody IMX Challenge		
39.14 Y	F	50 Back	1/12/2013	Chris Goody Mini-Meet		
1:24.87 Y	F	100 Back	3/1/2013	AD Silver Short Course Championships		
48.69 Y	F	50 Breast	11/10/2012	Pilgrims Pride		
1:49.41 Y	F	100 Breast	11/10/2012	Pilgrims Pride		
39.09 Y	F	50 Fly	1/12/2013	Chris Goody Mini-Meet		
1:25.22 Y	F	100 IM	1/12/2013	Chris Goody Mini-Meet		
3:09.98 Y	F	200 IM	1/12/2013	Chris Goody IMX Challenge		
Alexander Fabris (10) M						
35.89 Y	F	50 Free	3/10/2013	AD Gold Short Course Championships		SCHE-AD
1:24.62 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships		
43.27 Y	F	50 Back	3/10/2013	AD Gold Short Course Championships		
1:35.29 Y	F	100 Back	3/1/2013	AD Silver Short Course Championships		
47.63 Y	F	50 Breast	3/10/2013	AD Gold Short Course Championships		
1:45.12 Y	F	100 Breast	3/10/2013	AD Gold Short Course Championships		
45.97 Y	F	50 Fly	2/23/2013	Cabin Fever Invitational		
1:35.53 Y	F	100 IM	2/23/2013	Cabin Fever Invitational		
Calyer Fagan (10) W						
1:48.94 Y	F	100 Free	1/20/2013	Foothills Inv		GLOY-AD
4:07.15 Y	F	200 Free	1/20/2013	Foothills Inv		
Cameron Fairley (11) M						
30.67 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships		KING-AD
34.45 S	F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet		
1:09.97 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships		
2:32.43 Y	F	200 Free	2/9/2013	North Country YMCA Swim League 2013 Champions		
35.18 Y	P	50 Back	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship		

Individual Top Times

Time	P/F/S	Event			
Cameron Fairley (11) M					
40.82 S	F	50 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	KING-AD
1:22.94 Y	F	100 Back	3/1/2013	AD Silver Short Course Championships	
48.72 Y	F	50 Breast	3/1/2013	AD Silver Short Course Championships	
55.16 S	F	50 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:51.05 Y	P	100 Breast	1/25/2013	Hawks Trials And Finals 2013	
37.52 Y	F	50 Fly	3/1/2013	AD Silver Short Course Championships	
41.43 S	F	50 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:25.56 Y	F	100 IM	3/1/2013	AD Silver Short Course Championships	
1:32.15 S	F	100 IM	6/15/2013	Piranhas Summer Kick-Off Meet	
Alexis Falvo (13) W					
27.71 Y L	F	50 Free	3/10/2013	AD Gold Short Course Championships	CLIN-AD
30.74 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
58.07 Y	F	100 Free	3/10/2013	AD Gold Short Course Championships	
1:08.11 L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:04.27 Y	F	200 Free	3/10/2013	AD Gold Short Course Championships	
2:27.83 L	P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
5:42.24 Y	F	500 Free	3/10/2013	AD Gold Short Course Championships	
30.27 Y	P	50 Back	3/28/2013	2013 Eastern Zone SC Swimming Championships	
1:04.75 Y	P	100 Back	3/28/2013	2013 Eastern Zone SC Swimming Championships	
1:17.90 L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
2:19.71 Y	F	200 Back	3/10/2013	AD Gold Short Course Championships	
2:49.54 L	P	200 Back	7/19/2013	2013 Adirondack Long Course District Champion	
38.67 Y	F	50 Breast	1/4/2013	2013 Starfish Trophy Invitational	
28.49 Y	F	50 Fly	3/10/2013	AD Gold Short Course Championships	
1:03.67 Y	F	100 Fly	3/10/2013	AD Gold Short Course Championships	
1:14.92 L	P	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
2:23.60 Y	F	200 Fly	3/10/2013	AD Gold Short Course Championships	
2:58.28 L	P	200 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:10.40 Y	F	100 IM	11/17/2012	Harvest Invitational	
2:31.22 Y	F	200 IM	1/4/2013	2013 Starfish Trophy Invitational	
2:50.17 L	P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
John Fancher (13) M					
29.16 Y	F	50 Free	2/23/2013	Cabin Fever Invitational	CANA-AD
1:02.75 Y	F	100 Free	3/10/2013	AD Gold Short Course Championships	
2:26.16 Y	F	200 Free	1/26/2013	Central Valley Swim Meet Quad Meet	
6:27.37 Y	F	500 Free	3/10/2013	AD Gold Short Course Championships	
32.47 Y	F	50 Back	3/10/2013	AD Gold Short Course Championships	
1:11.06 Y	P	100 Back	3/10/2013	AD Gold Short Course Championships	
2:39.99 Y	F	200 Back	1/20/2013	Foothills Inv	
40.96 Y	F	50 Breast	1/4/2013	2013 Starfish Trophy Invitational	
1:28.54 Y	F	100 Breast	1/12/2013	Canajoharie Developmental Meet	
3:09.03 Y	F	200 Breast	1/20/2013	Foothills Inv	
33.75 Y	P	50 Fly	3/10/2013	AD Gold Short Course Championships	
1:14.47 Y	F	100 Fly	3/10/2013	AD Gold Short Course Championships	
3:05.42 Y	F	200 Fly	3/1/2013	AD Silver Short Course Championships	
1:13.25 Y	F	100 IM	3/10/2013	AD Gold Short Course Championships	
2:43.64 Y	F	200 IM	1/26/2013	Central Valley Swim Meet Quad Meet	
Matthew Farago (15) M					
28.65 L	F	50 Free	7/6/2013	Sharks Summer Invite	CLIN-AD
1:04.44 L L	F	100 Free	7/6/2013	Sharks Summer Invite	
2:25.38 L	P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
5:18.08 L	F	400 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:14.12 L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
2:46.12 L	P	200 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:34.04 L	F	100 Breast	7/6/2013	Sharks Summer Invite	
1:16.62 L	P	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
2:42.45 L	P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
Nicolette Farago (12) W					
42.03 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	NHA-AD
1:39.22 L	F	100 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	

Individual Top Times

Time	P/F/S	Event			
Nicolette Farago (12) W					
52.36 S	F	50 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	NHA-AD
1:57.66 L	F	100 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
55.10 S	F	50 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
59.21 L	F	50 Fly	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:52.20 S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
4:06.04 L	F	200 IM	6/8/2013	Clinton Cudas Colgate Classic Invitational	
Caroline Farineau (16) W					
35.49 Y	F	50 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	SVP-AD
1:31.23 Y	F	100 Back	1/20/2013	Foothills Inv	
1:28.77 Y	F	100 Breast	1/20/2013	Foothills Inv	
Alex Farmer (9) M					
21.15 Y	F	25 Free	10/21/2012	2012 Trick or Treat Meet	SCHE-AD
44.37 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	
1:39.06 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
29.61 Y	F	25 Back	10/21/2012	2012 Trick or Treat Meet	
57.77 Y	F	50 Back	12/2/2012	December Super Splash 2012	
2:03.35 Y	F	100 Back	3/1/2013	AD Silver Short Course Championships	
29.59 Y	F	25 Breast	10/21/2012	2012 Trick or Treat Meet	
59.61 Y	F	50 Breast	3/1/2013	AD Silver Short Course Championships	
24.53 Y	F	25 Fly	10/21/2012	2012 Trick or Treat Meet	
Kyle Farmer (13) M					
27.93 Y	F	50 Free	12/2/2012	December Super Splash 2012	SCHE-AD
59.21 Y	P	100 Free	3/10/2013	AD Gold Short Course Championships	
2:08.00 Y	P	200 Free	3/10/2013	AD Gold Short Course Championships	
5:50.14 Y	F	500 Free	1/12/2013	Chris Goody IMX Challenge	
32.99 Y	F	50 Back	2/10/2013	2013 Piranhas Pentathlon	
1:10.68 Y	F	100 Back	1/12/2013	Chris Goody IMX Challenge	
35.41 Y	F	50 Breast	2/10/2013	2013 Piranhas Pentathlon	
1:14.68 Y	P	100 Breast	3/10/2013	AD Gold Short Course Championships	
2:37.16 Y	F	200 Breast	3/10/2013	AD Gold Short Course Championships	
32.05 Y	F	50 Fly	2/10/2013	2013 Piranhas Pentathlon	
1:12.41 Y	F	100 Fly	1/12/2013	Chris Goody IMX Challenge	
1:08.70 Y	F	100 IM	2/10/2013	2013 Piranhas Pentathlon	
2:29.55 Y	F	200 IM	2/23/2013	Cabin Fever Invitational	
Noah Farmer (15) M					
28.28 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	CLIN-AD
1:01.34 L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:16.02 L	F	200 Free	7/6/2013	Sharks Summer Invite	
4:46.85 L	F	400 Free	7/6/2013	Sharks Summer Invite	
5:19.95 Y	F	500 Free	1/4/2013	2013 Starfish Trophy Invitational	
59.33 Y	P	100 Back	3/10/2013	AD Gold Short Course Championships	
1:09.48 L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
2:24.79 L	P	200 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:11.94 L	F	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
2:14.72 Y	P	200 Breast	3/10/2013	AD Gold Short Course Championships	
2:35.63 L	F	200 Breast	3/21/2013	2013 NI - Speedo Champions Series-Time Trials	
1:04.92 Y	P	100 Fly	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS	
2:25.40 L	P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
Angelo Fatta (8) M					
30.70 Y	F	25 Free	1/12/2013	Canajoharie Developmental Meet	CANA-AD
1:01.85 Y	F	50 Free	1/12/2013	Canajoharie Developmental Meet	
3:03.17 Y	F	100 Free	1/20/2013	Foothills Inv	
29.81 Y	F	25 Back	1/20/2013	Foothills Inv	
57.64 Y	F	50 Back	1/26/2013	Central Valley Swim Meet Quad Meet	
1:02.47 Y	F	25 Breast	1/20/2013	Foothills Inv	
Ava Fatta (7) W					
32.37 Y	F	25 Free	2/9/2013	Central Valley Swim League Championships	CANA-AD
1:21.56 Y	F	50 Free	1/26/2013	Central Valley Swim Meet Quad Meet	
30.03 Y	F	25 Back	12/1/2012	Central Valley Swim League Quad Meet	

Individual Top Times

Time	P/F/S	Event			
Ava Fatta (7) W					
1:11.11	Y	F	50 Back	12/15/2012	Central Valley Swim League Quad Meet
Samantha Favret (18) W					
53.99	Y	F	100 Free	11/16/2012	2012 NY Ob - Girls NY State Federation Champ
59.39	Y	P	100 Back	11/16/2012	2012 NY Ob - Girls NY State Federation Champ
Maddison Feeley (16) W					
30.54	S	F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet
30.67	L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion
56.15	Y	F	100 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship
1:06.54	L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion
2:21.58	S	F	200 Free	6/15/2013	Piranhas Summer Kick-Off Meet
2:24.49	L	P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion
5:03.50	L	F	400 Free	7/19/2013	2013 Adirondack Long Course District Champion
20:13.27	L	F	1500 Free	7/19/2013	2013 Adirondack Long Course District Champion
20:13.27	L	F	1500 Free	7/19/2013	2013 Adirondack Long Course District Champion
1:17.00	S	F	100 Back	6/15/2013	Piranhas Summer Kick-Off Meet
1:20.14	L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion
2:48.14	L	P	200 Back	7/19/2013	2013 Adirondack Long Course District Champion
1:17.76	Y	F	100 Fly	1/27/2013	Thoroughbred Splash 2013
1:24.26	L	P	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion
1:24.61	S	F	100 Fly	6/15/2013	Piranhas Summer Kick-Off Meet
2:56.70	L	P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion
Jackson Feenan (14) M					
34.69	S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:26.39	S	F	100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:38.83	S	F	100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:29.94	S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon
Scott Feik (11) M					
43.30	Y	F	50 Free	1/12/2013	Canajoharie Developmental Meet
1:31.74	Y	F	100 Free	1/26/2013	Central Valley Swim Meet Quad Meet
50.76	Y	F	50 Back	1/12/2013	Canajoharie Developmental Meet
1:42.25	Y	F	100 Back	2/3/2013	Delmar Dolphins February Freeze Invitational
Hannah Felske (12) W					
32.85	Y	F	50 Free	3/1/2013	AD Silver Short Course Championships
1:12.11	Y	F	100 Free	3/1/2013	AD Silver Short Course Championships
2:43.44	Y	F	200 Free	12/2/2012	December Super Splash 2012
41.15	Y	F	50 Back	11/17/2012	Harvest Invitational
1:27.17	Y	F	100 Back	3/1/2013	AD Silver Short Course Championships
44.02	Y	F	50 Breast	1/27/2013	Thoroughbred Splash 2013
40.04	Y	F	50 Fly	2/10/2013	2013 Piranhas Pentathlon
1:24.43	Y	F	100 IM	3/1/2013	AD Silver Short Course Championships
Eleanor Felton (13) W					
30.21	Y	P	50 Free	3/10/2013	AD Gold Short Course Championships
31.77	L	F	50 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational
1:05.80	Y	F	100 Free	3/9/2013	Eastern States League Championships 2013
1:09.41	L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion
2:33.43	L	P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion
5:37.83	L	F	400 Free	7/19/2013	2013 Adirondack Long Course District Champion
32.64	Y	F	50 Back	3/10/2013	AD Gold Short Course Championships
1:12.76	Y	P	100 Back	3/10/2013	AD Gold Short Course Championships
1:23.03	L	F	100 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational
2:55.36	L	F	200 Back	7/12/2013	Hawks Summer Invitational 2013
37.18	Y	F	50 Breast	3/10/2013	AD Gold Short Course Championships
1:21.99	Y	P	100 Breast	3/10/2013	AD Gold Short Course Championships
1:34.56	L	P	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion
3:24.90	L	F	200 Breast	7/12/2013	Hawks Summer Invitational 2013
32.78	Y	P	50 Fly	3/10/2013	AD Gold Short Course Championships
1:15.53	Y	P	100 Fly	3/10/2013	AD Gold Short Course Championships
1:28.39	L	F	100 Fly	6/8/2013	Clinton Cudas Colgate Classic Invitational
3:40.89	L	F	200 Fly	7/12/2013	Hawks Summer Invitational 2013

CANA-AD

UN-AD

UN-AD

ALBS-AD

CLRK-AD

DELM-AD

EELS-AD

Individual Top Times

Time	P/F/S	Event			
Eleanor Felton (13) W					
2:48.36	Y	F	200	IM	1/12/2013 Chris Goody IMX Challenge
3:04.79	L	F	200	IM	6/8/2013 Clinton Cudas Colgate Classic Invitational
Emily Felton (9) W					
44.93	L	F	50	Free	7/12/2013 Hawks Summer Invitational 2013
48.81	S	F	50	Free	6/2/2013 2013 Starfish Meter Madness - Pentathlon
50.07	Y	F	50	Free	1/12/2013 Chris Goody Mini-Meet
48.25	Y	F	50	Back	1/12/2013 Chris Goody Mini-Meet
51.43	S	F	50	Back	6/2/2013 2013 Starfish Meter Madness - Pentathlon
57.66	L	F	50	Back	7/12/2013 Hawks Summer Invitational 2013
1:03.92	L	F	50	Breast	7/12/2013 Hawks Summer Invitational 2013
1:04.60	Y	F	50	Breast	1/27/2013 Thoroughbred Splash 2013
1:07.03	S	F	50	Breast	6/2/2013 2013 Starfish Meter Madness - Pentathlon
2:07.85	S	F	100	IM	6/2/2013 2013 Starfish Meter Madness - Pentathlon
Kristin Felton (12) W					
31.97	Y	F	50	Free	2/9/2013 North Country YMCA Swim League 2013 Champions
34.00	S	F	50	Free	6/2/2013 2013 Starfish Meter Madness - Pentathlon
34.23	L	F	50	Free	7/12/2013 Hawks Summer Invitational 2013
1:14.64	Y	F	100	Free	12/2/2012 December Super Splash 2012
2:55.43	L	F	200	Free	7/12/2013 Hawks Summer Invitational 2013
40.37	Y	F	50	Back	12/2/2012 December Super Splash 2012
44.65	L	F	50	Back	7/12/2013 Hawks Summer Invitational 2013
1:31.92	S	F	100	Back	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:36.09	L	F	100	Back	7/12/2013 Hawks Summer Invitational 2013
40.05	Y	F	50	Fly	12/2/2012 December Super Splash 2012
1:44.40	L	F	100	Fly	7/12/2013 Hawks Summer Invitational 2013
1:45.79	Y	F	100	Fly	11/4/2012 Hometown Splashdown
1:27.37	Y	F	100	IM	11/4/2012 Hometown Splashdown
1:37.08	S	F	100	IM	6/2/2013 2013 Starfish Meter Madness - Pentathlon
Alexandra Fenoff (15) W					
30.08	Y	F	50	Free	3/1/2013 AD Silver Short Course Championships
1:06.45	Y	F	100	Free	3/1/2013 AD Silver Short Course Championships
2:27.51	Y	F	200	Free	3/9/2013 Eastern States League Championships 2013
7:09.08	Y	F	500	Free	1/12/2013 Chris Goody IMX Challenge
1:19.31	Y	F	100	Back	3/1/2013 AD Silver Short Course Championships
2:53.31	Y	F	200	Back	3/1/2013 AD Silver Short Course Championships
1:26.69	Y	F	100	Breast	2/23/2013 Cabin Fever Invitational
3:17.61	Y	F	200	Breast	1/12/2013 Chris Goody IMX Challenge
1:25.25	Y	F	100	Fly	3/1/2013 AD Silver Short Course Championships
3:29.75	Y	F	200	Fly	1/12/2013 Chris Goody IMX Challenge
2:51.65	Y	F	200	IM	3/1/2013 AD Silver Short Course Championships
6:26.23	Y	F	400	IM	1/12/2013 Chris Goody IMX Challenge
Angela Ferlo (17) W					
26.23	Y	P	50	Free	11/1/2012 Girls Sec II Division I Champ
31.24	L	P	50	Free	7/19/2013 2013 Adirondack Long Course District Champion
56.57	Y	P	100	Free	11/1/2012 Girls Sec II Division I Champ
1:08.15	L	P	100	Free	7/19/2013 2013 Adirondack Long Course District Champion
2:04.96	Y	P	200	Free	3/10/2013 AD Gold Short Course Championships
2:28.57	L	P	200	Free	7/19/2013 2013 Adirondack Long Course District Champion
5:26.03	L	F	400	Free	7/12/2013 Hawks Summer Invitational 2013
5:54.90	Y	F	500	Free	3/1/2013 AD Silver Short Course Championships
20:30.48	Y	F	1650	Free	12/9/2012 Piranhas December Distance Invite
1:09.07	Y	P	100	Back	3/10/2013 AD Gold Short Course Championships
1:23.77	L	P	100	Back	7/19/2013 2013 Adirondack Long Course District Champion
2:56.38	L	P	200	Back	7/19/2013 2013 Adirondack Long Course District Champion
1:21.49	Y	P	100	Breast	3/10/2013 AD Gold Short Course Championships
1:38.01	L	P	100	Breast	7/19/2013 2013 Adirondack Long Course District Champion
1:08.63	Y	P	100	Fly	3/10/2013 AD Gold Short Course Championships
1:19.74	L	P	100	Fly	7/19/2013 2013 Adirondack Long Course District Champion
2:37.90	Y	F	200	Fly	3/1/2013 AD Silver Short Course Championships
3:05.00	L	P	200	Fly	7/19/2013 2013 Adirondack Long Course District Champion

EELS-AD

GLFY-AD

GLFY-AD

EELS-AD

UN-AD

Individual Top Times

Time	P/F/S	Event				
Angela Ferlo (17) W						
2:28.67	Y	P	200 IM	3/10/2013	AD Gold Short Course Championships	CPP-AD
2:54.61	L	P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
5:25.81	Y	F	400 IM	3/1/2013	AD Silver Short Course Championships	
Zane Fermon (7) M						
1:12.94	L	F	50 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	UN-AD
1:17.15	L	F	50 Back	7/19/2013	2013 Adirondack Long Course District Champion	
Zedekiah Fermon (11) M						
35.07	Y	F	50 Free	3/10/2013	AD Gold Short Course Championships	UN-AD
37.67	L	F	50 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
37.90	S	F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
1:19.71	Y	F	100 Free	3/9/2013	Eastern States League Championships 2013	
1:26.96	L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:55.56	Y	F	200 Free	1/12/2013	Chris Goody IMX Challenge	
39.45	Y	F	50 Back	3/10/2013	AD Gold Short Course Championships	
44.08	S	F	50 Back	6/15/2013	Piranhas Summer Kick-Off Meet	
45.51	L	F	50 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:27.93	Y	F	100 Back	3/10/2013	AD Gold Short Course Championships	
1:39.85	L	F	100 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
45.92	Y	F	50 Breast	3/10/2013	AD Gold Short Course Championships	
50.27	S	F	50 Breast	6/15/2013	Piranhas Summer Kick-Off Meet	
55.41	L	F	50 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:44.69	Y	F	100 Breast	11/10/2012	Pilgrims Pride	
1:53.37	L	F	100 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational	
4:06.14	L	F	200 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
41.06	Y	F	50 Fly	3/10/2013	AD Gold Short Course Championships	
46.39	S	F	50 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
46.99	L	F	50 Fly	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:37.07	Y	F	100 Fly	3/10/2013	AD Gold Short Course Championships	
1:23.39	Y	F	100 IM	3/10/2013	AD Gold Short Course Championships	
1:33.51	S	F	100 IM	6/15/2013	Piranhas Summer Kick-Off Meet	
3:10.59	Y	F	200 IM	3/10/2013	AD Gold Short Course Championships	
Vincent Fernandez (17) M						
57.87	Y	F	100 Free	10/21/2012	2012 Trick or Treat Meet	SCHE-AD
1:55.71	Y	F	200 Free	2/14/2013	Section II Championships Large	
5:17.58	Y	P	500 Free	2/14/2013	Section II Championships Large	
2:32.01	Y	F	200 Back	10/27/2012	IM-Xtremely Spooked	
1:07.06	Y	F	100 Fly	10/21/2012	2012 Trick or Treat Meet	
2:40.38	Y	F	200 Fly	10/27/2012	IM-Xtremely Spooked	
2:25.22	Y	F	200 IM	10/21/2012	2012 Trick or Treat Meet	
Zoey Ferrara (10) W						
35.81	L	F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	ALBS-AD
38.95	S	F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
1:25.37	L	F	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:35.14	S	F	100 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
45.63	S	F	50 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
46.05	L	F	50 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:46.01	L	F	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
Jillian Ferrarese (8) W						
24.67	S	F	25 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	GCAT-AD
50.05	L	F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
50.28	S	F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
29.79	S	F	25 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:04.47	S	F	50 Back	6/15/2013	Piranhas Summer Kick-Off Meet	
1:08.41	L	F	50 Back	7/19/2013	2013 Adirondack Long Course District Champion	
30.51	S	F	25 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:15.26	L	F	50 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
Emily Ferrari (11) W						
37.62	Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	CLRK-AD
1:28.86	Y	F	100 Free	1/26/2013	Central Valley Swim Meet Quad Meet	

Individual Top Times

Time	P/F/S	Event			
Emily Ferrari (11) W					
3:30.65	Y	F	200 Free	1/26/2013	Central Valley Swim Meet Quad Meet
49.92	Y	F	50 Back	3/1/2013	AD Silver Short Course Championships
1:56.67	Y	F	100 Back	3/1/2013	AD Silver Short Course Championships
47.74	Y	F	50 Breast	3/1/2013	AD Silver Short Course Championships
1:50.09	Y	F	100 Breast	3/1/2013	AD Silver Short Course Championships
59.13	Y	F	50 Fly	1/12/2013	Canajoharie Developmental Meet
1:47.13	Y	F	100 IM	3/1/2013	AD Silver Short Course Championships
Katherine Ferreira (7) W					
20.29	Y	F	25 Free	3/1/2013	AD Silver Short Course Championships
23.43	S	F	25 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon
45.90	Y	F	50 Free	2/23/2013	Cabin Fever Invitational
48.87	S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon
52.78	L	F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion
1:40.53	Y	F	100 Free	3/1/2013	AD Silver Short Course Championships
1:53.53	L	F	100 Free	7/19/2013	2013 Adirondack Long Course District Champion
26.27	Y	F	25 Back	11/10/2012	Pilgrims Pride
27.31	S	F	25 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon
55.40	Y	F	50 Back	3/1/2013	AD Silver Short Course Championships
1:08.91	L	F	50 Back	7/19/2013	2013 Adirondack Long Course District Champion
33.75	Y	F	25 Breast	2/23/2013	Cabin Fever Invitational
39.46	S	F	25 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:19.85	Y	F	50 Breast	2/3/2013	Delmar Dolphins February Freeze Invitational
1:22.35	L	F	50 Breast	7/19/2013	2013 Adirondack Long Course District Champion
30.13	Y	F	25 Fly	1/12/2013	Chris Goody Mini-Meet
31.51	S	F	25 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:04.84	Y	F	50 Fly	2/3/2013	Delmar Dolphins February Freeze Invitational
1:08.80	L	F	50 Fly	7/19/2013	2013 Adirondack Long Course District Champion
2:10.85	Y	F	100 IM	2/3/2013	Delmar Dolphins February Freeze Invitational
Madeline Ferreira (9) W					
16.07	Y	F	25 Free	3/1/2013	AD Silver Short Course Championships
33.77	Y	F	50 Free	3/10/2013	AD Gold Short Course Championships
38.16	L	F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion
38.58	S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:15.04	Y	F	100 Free	2/3/2013	Delmar Dolphins February Freeze Invitational
1:23.76	L	F	100 Free	7/19/2013	2013 Adirondack Long Course District Champion
2:50.24	Y	F	200 Free	1/12/2013	Chris Goody IMX Challenge
3:00.76	L	F	200 Free	7/19/2013	2013 Adirondack Long Course District Champion
6:21.49	L	F	400 Free	7/19/2013	2013 Adirondack Long Course District Champion
7:22.82	Y	F	500 Free	1/12/2013	Chris Goody IMX Challenge
19.37	Y	F	25 Back	3/1/2013	AD Silver Short Course Championships
40.26	Y	F	50 Back	2/3/2013	Delmar Dolphins February Freeze Invitational
44.84	S	F	50 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon
45.71	L	F	50 Back	7/19/2013	2013 Adirondack Long Course District Champion
1:27.85	Y	F	100 Back	2/23/2013	Cabin Fever Invitational
1:38.65	L	F	100 Back	7/19/2013	2013 Adirondack Long Course District Champion
22.07	Y	F	25 Breast	3/1/2013	AD Silver Short Course Championships
48.52	Y	F	50 Breast	3/10/2013	AD Gold Short Course Championships
53.24	L	F	50 Breast	7/12/2013	Hawks Summer Invitational 2013
54.47	S	F	50 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon
19.13	Y	F	25 Fly	2/23/2013	Cabin Fever Invitational
39.90	Y	F	50 Fly	2/3/2013	Delmar Dolphins February Freeze Invitational
42.69	S	F	50 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon
44.01	L	F	50 Fly	7/12/2013	Hawks Summer Invitational 2013
1:37.13	Y	F	100 Fly	1/12/2013	Chris Goody IMX Challenge
1:41.61	L	F	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion
1:26.10	Y	F	100 IM	3/10/2013	AD Gold Short Course Championships
1:36.64	S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon
3:12.54	Y	F	200 IM	12/9/2012	Piranhas December Distance Invite
3:23.67	L	F	200 IM	7/19/2013	2013 Adirondack Long Course District Champion

CLRK-AD

DELM-AD

DELM-AD

UN-AD

Gabrialla Ficano (14) W

Individual Top Times

Time	P/F/S	Event			
Gabrialla Ficano (14) W UN-AD					
29.81 Y	F	50 Free	11/1/2012	2012 NI - Ob - Section 3 Class A-B-C Champs 2	
33.93 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:05.57 Y	F	100 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:15.03 L	F	100 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
2:43.71 L	P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:20.46 Y	F	100 Back	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:37.92 L	F	100 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
2:49.00 Y	F	200 Back	1/4/2013	2013 Starfish Trophy Invitational	
1:15.06 Y	P	100 Breast	3/10/2013	AD Gold Short Course Championships	
1:25.96 L	F	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
2:42.23 Y	F	200 Breast	3/10/2013	AD Gold Short Course Championships	
3:06.53 L	P	200 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
1:31.89 Y	F	100 Fly	1/4/2013	2013 Starfish Trophy Invitational	
3:10.82 L	F	200 IM	6/8/2013	Clinton Cudas Colgate Classic Invitational	
Julia Ficano (9) W CLIN-AD					
21.44 Y	F	25 Free	11/17/2012	Harvest Invitational	
42.89 L	F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
45.98 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	
2:00.20 L	F	100 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
30.79 Y	F	25 Back	11/17/2012	Harvest Invitational	
55.90 Y	F	50 Back	3/1/2013	AD Silver Short Course Championships	
56.90 L	F	50 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
2:03.74 L	F	100 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
29.17 Y	F	25 Breast	11/17/2012	Harvest Invitational	
1:04.46 L	F	50 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:06.19 Y	F	50 Breast	2/3/2013	Delmar Dolphins February Freeze Invitational	
2:14.53 L	F	100 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational	
58.52 L	F	50 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:01.26 Y	F	50 Fly	2/3/2013	Delmar Dolphins February Freeze Invitational	
2:35.18 L	F	100 Fly	6/8/2013	Clinton Cudas Colgate Classic Invitational	
McKinley Fielding (10) W SSAC-AD					
41.72 Y	F	50 Free	1/12/2013	Chris Goody Mini-Meet	
1:26.11 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
49.39 Y	F	50 Back	1/12/2013	Chris Goody Mini-Meet	
55.08 Y	F	50 Breast	3/1/2013	AD Silver Short Course Championships	
43.45 Y	F	50 Fly	3/1/2013	AD Silver Short Course Championships	
1:41.24 Y	F	100 IM	1/12/2013	Chris Goody Mini-Meet	
Madalyn Fiorillo (14) W SVP-AD					
46.66 Y	F	50 Free	1/20/2013	Foothills Inv	
1:43.17 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
2:13.65 Y	F	100 Back	1/20/2013	Foothills Inv	
4:40.61 Y	F	200 Back	12/15/2012	Central Valley Swim League Quad Meet	
2:00.55 Y	F	100 Breast	1/20/2013	Foothills Inv	
4:14.94 Y	F	200 Breast	3/1/2013	AD Silver Short Course Championships	
Adelyn Fisher (9) W ALBS-AD					
16.85 Y	F	25 Free	1/27/2013	Thoroughbred Splash 2013	
37.17 Y	F	50 Free	3/10/2013	AD Gold Short Course Championships	
40.57 S	F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
1:26.06 Y	F	100 Free	3/10/2013	AD Gold Short Course Championships	
21.01 Y	F	25 Back	12/15/2012	Sharks 12&Under Mini-Meet	
44.54 Y	F	50 Back	1/4/2013	2013 Starfish Trophy Invitational	
52.94 S	F	50 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:59.19 S	F	100 Back	6/15/2013	Piranhas Summer Kick-Off Meet	
22.34 Y	F	25 Breast	12/15/2012	Sharks 12&Under Mini-Meet	
48.18 Y	F	50 Breast	2/3/2013	Delmar Dolphins February Freeze Invitational	
52.17 S	F	50 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:54.65 S	F	100 Breast	6/15/2013	Piranhas Summer Kick-Off Meet	
21.30 Y	F	25 Fly	1/27/2013	Thoroughbred Splash 2013	
47.30 Y	F	50 Fly	3/10/2013	AD Gold Short Course Championships	
52.58 S	F	50 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	

Individual Top Times

Time	P/F/S	Event			
Adelyn Fisher (9) W					
1:40.43	Y	F	100	IM	3/10/2013 AD Gold Short Course Championships
2:01.69	S	F	100	IM	6/2/2013 2013 Starfish Meter Madness - Pentathlon
Jared Fisher (13) M					
30.65	Y	F	50	Free	2/23/2013 Cabin Fever Invitational
1:12.17	Y	F	100	Free	2/9/2013 North Country YMCA Swim League 2013 Champions
42.01	Y	F	50	Back	11/10/2012 Pilgrims Pride
1:29.04	Y	F	100	Back	11/10/2012 Pilgrims Pride
46.36	Y	F	50	Breast	2/23/2013 Cabin Fever Invitational
39.56	Y	F	50	Fly	2/23/2013 Cabin Fever Invitational
1:24.53	Y	F	100	IM	2/23/2013 Cabin Fever Invitational
Matthew Fisher (17) M					
59.47	Y	F	100	Back	2/14/2013 Section II Championships Large
2:08.12	Y	F	200	IM	2/14/2013 Section II Championships Large
Victor Fisher (15) M					
32.99	L	P	50	Free	7/19/2013 2013 Adirondack Long Course District Champion
1:13.83	L	P	100	Free	7/19/2013 2013 Adirondack Long Course District Champion
1:31.49	L	P	100	Back	7/19/2013 2013 Adirondack Long Course District Champion
Colin Fitzgerald (10) M					
40.92	Y	F	50	Free	2/10/2013 2013 Piranhas Pentathlon
40.92	Y	F	50	Free	3/1/2013 AD Silver Short Course Championships
42.00	S	F	50	Free	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:38.49	Y	F	100	Free	2/3/2013 Delmar Dolphins February Freeze Invitational
3:20.81	L	F	200	Free	7/12/2013 Hawks Summer Invitational 2013
50.22	Y	F	50	Back	3/1/2013 AD Silver Short Course Championships
55.67	S	F	50	Back	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:53.81	Y	F	100	Back	2/3/2013 Delmar Dolphins February Freeze Invitational
2:01.17	L	F	100	Back	7/12/2013 Hawks Summer Invitational 2013
44.87	Y	F	50	Breast	3/10/2013 AD Gold Short Course Championships
50.06	S	F	50	Breast	6/2/2013 2013 Starfish Meter Madness - Pentathlon
53.34	L	F	50	Breast	7/12/2013 Hawks Summer Invitational 2013
43.56	Y	F	50	Fly	3/1/2013 AD Silver Short Course Championships
48.71	S	F	50	Fly	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:39.04	Y	F	100	IM	3/1/2013 AD Silver Short Course Championships
1:46.42	S	F	100	IM	6/2/2013 2013 Starfish Meter Madness - Pentathlon
John Fitzgerald (14) M					
25.86	Y	P	50	Free	3/10/2013 AD Gold Short Course Championships
55.99	Y	P	100	Free	3/10/2013 AD Gold Short Course Championships
2:02.39	Y	P	200	Free	3/10/2013 AD Gold Short Course Championships
1:04.54	Y	P	100	Back	3/10/2013 AD Gold Short Course Championships
2:29.74	Y	F	200	Back	12/9/2012 Piranhas December Distance Invite
1:20.76	Y	F	100	Breast	1/27/2013 Thoroughbred Splash 2013
1:06.05	Y	P	100	Fly	3/10/2013 AD Gold Short Course Championships
2:36.69	Y	F	200	Fly	12/9/2012 Piranhas December Distance Invite
2:20.91	Y	P	200	IM	3/10/2013 AD Gold Short Course Championships
Liam Fitzgerald (8) M					
58.25	S	F	50	Free	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:14.63	S	F	50	Back	6/2/2013 2013 Starfish Meter Madness - Pentathlon
2:17.36	L	F	100	Back	7/12/2013 Hawks Summer Invitational 2013
1:06.59	L	F	50	Breast	7/12/2013 Hawks Summer Invitational 2013
2:40.52	S	F	100	IM	6/2/2013 2013 Starfish Meter Madness - Pentathlon
Eliza Fitzgibbon (11) W					
30.72	Y	P	50	Free	3/10/2013 AD Gold Short Course Championships
1:09.02	Y	P	100	Free	3/10/2013 AD Gold Short Course Championships
43.64	Y	F	50	Breast	3/1/2013 AD Silver Short Course Championships
33.83	Y	P	50	Fly	3/10/2013 AD Gold Short Course Championships
1:22.46	Y	F	100	IM	3/1/2013 AD Silver Short Course Championships
John Fitzgibbon (8) M					
20.90	Y	F	25	Free	3/1/2013 AD Silver Short Course Championships
26.11	Y	F	25	Back	12/15/2012 Sharks 12&Under Mini-Meet

ALBS-AD

SARY-AD

UN-AD

GCAT-AD

CPP-AD

BFIN-AD

CPP-AD

BFIN-AD

BFIN-AD

Individual Top Times

Time	P/F/S	Event				
John Fitzgibbon (8) M						
31.20 Y	F	25 Fly	1/27/2013	Thoroughbred Splash 2013		BFIN-AD
Noelani Fixler (15) W						
x1:30.71 Y	F	100 Free	11/18/2012	Hawk-NDAC-CSD		HAWK-AD
1:57.09 Y	P	100 Back	1/25/2013	Hawks Trials And Finals 2013		
1:48.43 Y	F	100 Breast	11/18/2012	Hawk-NDAC-CSD		
Morgan Flanigan (13) W						
32.44 Y	F	50 Free	2/10/2013	2013 Piranhas Pentathlon		USAM-AD
36.37 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion		
1:08.68 Y	P	100 Free	3/10/2013	AD Gold Short Course Championships		
2:29.99 Y	F	200 Free	3/9/2013	Eastern States League Championships 2013		
2:56.91 L	P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion		
6:05.33 L	F	400 Free	7/19/2013	2013 Adirondack Long Course District Champion		
6:35.88 Y	F	500 Free	3/10/2013	AD Gold Short Course Championships		
38.00 Y	F	50 Back	1/4/2013	2013 Starfish Trophy Invitational		
1:22.01 Y	F	100 Back	1/4/2013	2013 Starfish Trophy Invitational		
1:36.16 L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion		
2:57.09 Y	F	200 Back	12/9/2012	Piranhas December Distance Invite		
48.37 Y	F	50 Breast	1/4/2013	2013 Starfish Trophy Invitational		
1:47.18 Y	F	100 Breast	3/1/2013	AD Silver Short Course Championships		
37.84 Y	F	50 Fly	3/9/2013	Eastern States League Championships 2013		
1:35.58 Y	F	100 Fly	1/12/2013	Chris Goody IMX Challenge		
1:25.50 Y	F	100 IM	1/4/2013	2013 Starfish Trophy Invitational		
3:02.66 Y	F	200 IM	3/1/2013	AD Silver Short Course Championships		
Ryan Fleischer (16) M						
32.59 L	F	50 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational		DELM-AD
1:00.99 Y	F	100 Free	2/3/2013	Delmar Dolphins February Freeze Invitational		
1:07.98 Y	F	100 Back	3/1/2013	AD Silver Short Course Championships		
2:22.51 Y	P	200 Back	3/10/2013	AD Gold Short Course Championships		
1:08.59 Y	P	100 Breast	2/14/2013	Section II Championships Large		
1:25.38 L	F	100 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational		
2:36.01 Y	P	200 Breast	3/10/2013	AD Gold Short Course Championships		
3:04.01 L	F	200 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational		
1:03.80 Y	F	100 Fly	2/3/2013	Delmar Dolphins February Freeze Invitational		
1:16.54 L	F	100 Fly	6/8/2013	Clinton Cudas Colgate Classic Invitational		
2:26.32 Y	F	200 Fly	3/1/2013	AD Silver Short Course Championships		
2:18.81 Y	P	200 IM	2/14/2013	Section II Championships Large		
2:48.06 L	F	200 IM	6/8/2013	Clinton Cudas Colgate Classic Invitational		
Erin Fleming (10) W						
44.34 Y	F	50 Free	1/27/2013	Thoroughbred Splash 2013		SCHE-AD
1:32.63 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships		
49.96 Y	F	50 Back	3/1/2013	AD Silver Short Course Championships		
1:55.26 Y	F	100 Back	3/1/2013	AD Silver Short Course Championships		
1:06.84 Y	F	50 Breast	3/1/2013	AD Silver Short Course Championships		
Jessica Flynn (11) W						
41.27 Y	F	50 Free	2/3/2013	Delmar Dolphins February Freeze Invitational		DELM-AD
41.49 L	F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion		
46.78 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon		
1:32.43 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships		
1:34.64 L	F	100 Free	7/12/2013	Hawks Summer Invitational 2013		
9:20.60 Y	F	500 Free	2/23/2013	Cabin Fever Invitational		
42.39 Y	F	50 Back	3/10/2013	AD Gold Short Course Championships		
48.28 L	F	50 Back	7/12/2013	Hawks Summer Invitational 2013		
49.53 S	F	50 Back	6/15/2013	Piranhas Summer Kick-Off Meet		
1:41.49 L	F	100 Back	7/19/2013	2013 Adirondack Long Course District Champion		
3:44.39 L	F	200 Back	7/12/2013	Hawks Summer Invitational 2013		
54.99 L	F	50 Breast	7/19/2013	2013 Adirondack Long Course District Champion		
55.36 S	F	50 Breast	6/15/2013	Piranhas Summer Kick-Off Meet		
56.13 Y	F	50 Breast	3/1/2013	AD Silver Short Course Championships		
2:00.84 L	F	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion		

Individual Top Times

Time	P/F/S	Event			
Jessica Flynn (11) W					
47.02	L	F	50	Fly	6/22/2013 2013 NI - Niagara Super Circuit Ithaca
48.54	S	F	50	Fly	6/15/2013 Piranhas Summer Kick-Off Meet
49.20	Y	F	50	Fly	3/1/2013 AD Silver Short Course Championships
1:49.73	L	F	100	Fly	7/19/2013 2013 Adirondack Long Course District Champion
1:47.58	S	F	100	IM	6/15/2013 Piranhas Summer Kick-Off Meet
3:41.61	L	F	200	IM	7/19/2013 2013 Adirondack Long Course District Champion
Kevin Flynn (18) M					
23.81	Y	F	50	Free	2/14/2013 Section II Championships Large
54.45	Y	F	100	Free	11/10/2012 Pilgrims Pride
1:06.40	Y	F	100	Back	11/10/2012 Pilgrims Pride
1:18.48	Y	F	100	Breast	10/21/2012 2012 Trick or Treat Meet
58.99	Y	P	100	Fly	2/14/2013 Section II Championships Large
2:16.19	Y	P	200	IM	2/14/2013 Section II Championships Large
Lucy Flynn (9) W					
24.96	Y	F	25	Free	3/1/2013 AD Silver Short Course Championships
38.20	L	F	50	Free	7/19/2013 2013 Adirondack Long Course District Champion
59.24	S	F	50	Free	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:01.01	Y	F	50	Free	2/3/2013 Delmar Dolphins February Freeze Invitational
2:13.80	S	F	100	Free	6/15/2013 Piranhas Summer Kick-Off Meet
28.29	Y	F	25	Back	3/1/2013 AD Silver Short Course Championships
1:02.19	S	F	50	Back	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:09.20	L	F	50	Back	7/19/2013 2013 Adirondack Long Course District Champion
1:19.36	S	F	50	Breast	6/15/2013 Piranhas Summer Kick-Off Meet
1:19.79	Y	F	50	Breast	2/3/2013 Delmar Dolphins February Freeze Invitational
2:57.02	L	F	100	Breast	7/19/2013 2013 Adirondack Long Course District Champion
Morgan Flynn (13) M					
35.72	S	F	50	Free	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:37.53	S	F	100	Back	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:46.98	S	F	100	Breast	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:36.70	S	F	100	IM	6/2/2013 2013 Starfish Meter Madness - Pentathlon
Aodhan Fogarty (17) M					
24.73	Y	F	50	Free	2/23/2013 Cabin Fever Invitational
Ian Foley (18) M					
24.86	Y	P	50	Free	2/14/2013 Section II Championships Large
57.26	Y	F	100	Free	1/26/2013 2013 MR OB LISCA Eastern States Championships
5:51.19	Y	F	500	Free	10/21/2012 2012 Trick or Treat Meet
29.14	Y	F	50	Back	2/14/2013 Section II Championships Large
1:03.03	Y	P	100	Back	2/14/2013 Section II Championships Large
2:19.74	Y	F	200	IM	12/9/2012 Piranhas December Distance Invite
Hannah-Rose Foote (11) W					
43.34	Y	F	50	Free	11/10/2012 CVSL First Splash
1:46.35	Y	F	100	Free	1/12/2013 Canajoharie Developmental Meet
43.90	Y	F	50	Back	2/9/2013 Central Valley Swim League Championships
1:44.30	Y	F	100	Back	1/26/2013 Central Valley Swim Meet Quad Meet
47.58	Y	F	50	Breast	2/9/2013 Central Valley Swim League Championships
1:53.74	Y	F	100	Breast	12/15/2012 Central Valley Swim League Quad Meet
54.02	Y	F	50	Fly	1/12/2013 Canajoharie Developmental Meet
Benjamin Ford (19) M					
53.22	Y	F	100	Free	12/7/2012 2012 NE UVAC Winter Classic
1:58.49	Y	F	200	Free	12/7/2012 2012 NE UVAC Winter Classic
59.88	Y	F	100	Back	12/7/2012 2012 NE UVAC Winter Classic
2:09.28	Y	F	200	Back	12/7/2012 2012 NE UVAC Winter Classic
2:10.48	Y	F	200	IM	10/21/2012 2012 Trick or Treat Meet
Connor Ford (16) M					
27.30	Y	F	50	Free	10/21/2012 2012 Trick or Treat Meet
58.27	Y	F	100	Free	3/1/2013 AD Silver Short Course Championships
1:01.51	Y	F	100	Back	2/14/2013 Section II Championships Large
1:12.34	Y	P	100	Breast	3/10/2013 AD Gold Short Course Championships
59.79	Y	P	100	Fly	2/14/2013 Section II Championships Large

DELM-AD

UN-AD

ALBS-AD

BENN-AD

HAWK-AD

UN-AD

SVP-AD

WAVE-AD

DELM-AD

Individual Top Times

Time	P/F/S	Event			
Connor Ford (16) M					
2:18.25	Y	P	200 IM	3/10/2013	AD Gold Short Course Championships
Kora Fortun (11) W					
34.23	Y	F	50 Free	2/23/2013	Cabin Fever Invitational
1:23.70	Y	F	100 Free	2/3/2013	Delmar Dolphins February Freeze Invitational
41.58	Y	F	50 Back	3/1/2013	AD Silver Short Course Championships
1:33.95	Y	F	100 Back	11/10/2012	Pilgrims Pride
47.78	Y	F	50 Breast	11/10/2012	Pilgrims Pride
1:44.82	Y	F	100 Breast	2/23/2013	Cabin Fever Invitational
40.65	Y	F	50 Fly	2/3/2013	Delmar Dolphins February Freeze Invitational
1:31.60	Y	F	100 IM	3/1/2013	AD Silver Short Course Championships
3:14.23	Y	F	200 IM	2/23/2013	Cabin Fever Invitational
Lena Fortun (8) W					
22.98	Y	F	25 Free	3/1/2013	AD Silver Short Course Championships
50.80	Y	F	50 Free	2/3/2013	Delmar Dolphins February Freeze Invitational
1:57.39	Y	F	100 Free	1/12/2013	Chris Goody Mini-Meet
25.70	Y	F	25 Back	3/1/2013	AD Silver Short Course Championships
57.89	Y	F	50 Back	2/23/2013	Cabin Fever Invitational
29.88	Y	F	25 Fly	1/12/2013	Chris Goody Mini-Meet
1:04.78	Y	F	50 Fly	2/3/2013	Delmar Dolphins February Freeze Invitational
Mikayla Fountain (13) W					
31.50	Y	F	50 Free	1/4/2013	2013 Starfish Trophy Invitational
1:13.38	Y	F	100 Free	3/1/2013	AD Silver Short Course Championships
38.86	Y	F	50 Back	12/7/2012	2012 NE UVAC Winter Classic
1:21.87	Y	F	100 Back	3/1/2013	AD Silver Short Course Championships
43.25	Y	F	50 Breast	12/7/2012	2012 NE UVAC Winter Classic
1:29.39	Y	F	100 Breast	1/4/2013	2013 Starfish Trophy Invitational
3:16.77	Y	F	200 Breast	1/4/2013	2013 Starfish Trophy Invitational
38.05	Y	F	50 Fly	12/7/2012	2012 NE UVAC Winter Classic
1:29.02	Y	F	100 Fly	1/4/2013	2013 Starfish Trophy Invitational
1:21.25	Y	F	100 IM	12/7/2012	2012 NE UVAC Winter Classic
2:58.11	Y	F	200 IM	3/1/2013	AD Silver Short Course Championships
Marlee Fowler (11) W					
42.74	Y	F	50 Free	3/2/2013	2013 NI - METS - Meet the Flintstones
51.97	Y	F	50 Back	3/2/2013	2013 NI - METS - Meet the Flintstones
Pheobe Fox (10) W					
47.34	Y	F	50 Free	12/2/2012	December Super Splash 2012
1:00.23	Y	F	50 Breast	12/2/2012	December Super Splash 2012
58.62	Y	F	50 Fly	12/2/2012	December Super Splash 2012
2:05.40	Y	F	100 IM	12/2/2012	December Super Splash 2012
Ally Frame (9) W					
30.76	Y	F	25 Free	1/12/2013	Chris Goody Mini-Meet
23.56	Y	F	25 Back	1/12/2013	Chris Goody Mini-Meet
30.44	Y	F	25 Fly	1/12/2013	Chris Goody Mini-Meet
Matilda Francis (12) W					
33.86	Y	F	50 Free	2/9/2013	Central Valley Swim League Championships
1:08.32	Y	P	100 Free	3/10/2013	AD Gold Short Course Championships
40.38	Y	F	50 Back	3/1/2013	AD Silver Short Course Championships
47.73	Y	F	50 Breast	2/9/2013	Central Valley Swim League Championships
55.51	L	F	50 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational
1:42.30	Y	F	100 Breast	3/1/2013	AD Silver Short Course Championships
37.41	Y	F	50 Fly	3/1/2013	AD Silver Short Course Championships
44.79	L	F	50 Fly	6/8/2013	Clinton Cudas Colgate Classic Invitational
1:37.75	Y	F	100 Fly	12/15/2012	Central Valley Swim League Quad Meet
1:23.01	Y	F	100 IM	3/1/2013	AD Silver Short Course Championships
3:07.43	Y	F	200 IM	1/26/2013	Central Valley Swim Meet Quad Meet
Haley Francois (12) W					
29.90	Y	P	50 Free	3/10/2013	AD Gold Short Course Championships
1:08.90	Y	P	100 Free	3/10/2013	AD Gold Short Course Championships
2:38.44	Y	F	200 Free	3/1/2013	AD Silver Short Course Championships

DELM-AD

BFIN-AD

BFIN-AD

WAVE-AD

TBS-AD

GLFY-AD

SCHE-AD

CLRK-AD

SCHE-AD

Individual Top Times

Time	P/F/S	Event			
Haley Francois (12) W					
6:48.31	Y	F	500	Free	1/12/2013 Chris Goody IMX Challenge
38.82	Y	F	50	Back	2/10/2013 2013 Piranhas Pentathlon
1:21.85	Y	F	100	Back	3/1/2013 AD Silver Short Course Championships
3:02.48	Y	F	200	Back	3/1/2013 AD Silver Short Course Championships
44.07	Y	F	50	Breast	2/10/2013 2013 Piranhas Pentathlon
1:37.97	Y	F	100	Breast	1/12/2013 Chris Goody IMX Challenge
33.58	Y	P	50	Fly	3/10/2013 AD Gold Short Course Championships
1:22.13	Y	F	100	Fly	2/23/2013 Cabin Fever Invitational
1:22.00	Y	F	100	IM	3/1/2013 AD Silver Short Course Championships
2:49.86	Y	F	200	IM	3/1/2013 AD Silver Short Course Championships
Garret Frandsen (17) M					
23.64	Y	P	50	Free	2/15/2013 AD 2013 REGION 1 CHAMPIONSHIPS
26.22	L	F	50	Free	7/12/2013 Hawks Summer Invitational 2013
26.58	S L	F	50	Free	6/15/2013 Piranhas Summer Kick-Off Meet
59.14	L	F	100	Free	7/12/2013 Hawks Summer Invitational 2013
1:48.89	Y	P	200	Free	2/14/2013 Section II Championships Small
2:09.10	L	F	200	Free	7/12/2013 Hawks Summer Invitational 2013
2:14.72	S	F	200	Free	6/15/2013 Piranhas Summer Kick-Off Meet
19:27.90	L	F	1500	Free	7/12/2013 Hawks Summer Invitational 2013
54.02	Y	P	100	Back	2/14/2013 Section II Championships Small
1:04.01	S	F	100	Back	6/15/2013 Piranhas Summer Kick-Off Meet
1:04.73	L	F	100	Back	7/19/2013 2013 Adirondack Long Course District Champion
2:21.39	L	P	200	Back	7/19/2013 2013 Adirondack Long Course District Champion
1:08.77	Y	F	100	Breast	2/9/2013 North Country YMCA Swim League 2013 Champions
1:17.42	S	F	100	Breast	6/15/2013 Piranhas Summer Kick-Off Meet
2:22.15	Y	P	200	Breast	2/15/2013 AD 2013 REGION 1 CHAMPIONSHIPS
2:51.53	L	F	200	Breast	7/12/2013 Hawks Summer Invitational 2013
2:08.14	Y	F	200	IM	12/2/2012 December Super Splash 2012
2:20.55	S	F	200	IM	6/15/2013 Piranhas Summer Kick-Off Meet
2:27.68	L	F	200	IM	7/12/2013 Hawks Summer Invitational 2013
5:34.41	L	F	400	IM	7/12/2013 Hawks Summer Invitational 2013
Griffin Frank (11) M					
38.44	L	P	50	Free	7/19/2013 2013 Adirondack Long Course District Champion
38.63	S	F	50	Free	6/15/2013 Piranhas Summer Kick-Off Meet
1:28.49	S	F	100	Free	6/15/2013 Piranhas Summer Kick-Off Meet
1:33.62	L	F	100	Free	6/8/2013 Clinton Cudas Colgate Classic Invitational
44.14	S	F	50	Back	6/2/2013 2013 Starfish Meter Madness - Pentathlon
45.14	L	F	50	Back	6/8/2013 Clinton Cudas Colgate Classic Invitational
1:39.99	L	F	100	Back	6/8/2013 Clinton Cudas Colgate Classic Invitational
3:24.72	L	F	200	Back	7/19/2013 2013 Adirondack Long Course District Champion
53.49	L	P	50	Breast	7/19/2013 2013 Adirondack Long Course District Champion
1:57.58	L	P	100	Breast	7/19/2013 2013 Adirondack Long Course District Champion
48.45	S	F	50	Fly	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:37.58	S	F	100	IM	6/15/2013 Piranhas Summer Kick-Off Meet
Patrick Frank (11) M					
39.23	Y	F	50	Free	1/4/2013 2013 Starfish Trophy Invitational
1:29.86	Y	F	100	Free	3/1/2013 AD Silver Short Course Championships
42.98	Y	F	50	Back	1/4/2013 2013 Starfish Trophy Invitational
1:31.76	Y	F	100	Back	2/3/2013 Delmar Dolphins February Freeze Invitational
48.30	Y	F	50	Breast	1/4/2013 2013 Starfish Trophy Invitational
45.71	Y	F	50	Fly	3/1/2013 AD Silver Short Course Championships
1:36.48	Y	F	100	IM	3/1/2013 AD Silver Short Course Championships
Virginia Frazee (10) W					
37.17	Y	F	50	Free	2/23/2013 Cabin Fever Invitational
1:27.07	Y	F	100	Free	3/1/2013 AD Silver Short Course Championships
46.60	Y	F	50	Back	3/1/2013 AD Silver Short Course Championships
49.75	Y	F	50	Breast	2/23/2013 Cabin Fever Invitational
41.93	Y	F	50	Fly	3/10/2013 AD Gold Short Course Championships
1:31.38	Y	F	100	IM	3/10/2013 AD Gold Short Course Championships

SCHE-AD

GLFY-AD

GCAT-AD

ALBS-AD

RAVE-AD

Individual Top Times

Time	P/F/S	Event				
Emilia Frazier (11) W						
34.70 Y L	F	50 Free	3/1/2013	AD Silver Short Course Championships		SCHE-AD
1:18.88 Y	F	100 Free	3/10/2013	AD Gold Short Course Championships		
43.20 Y	F	50 Back	3/10/2013	AD Gold Short Course Championships		
1:50.05 Y	F	100 Back	11/17/2012	Harvest Invitational		
52.14 Y	F	50 Breast	3/1/2013	AD Silver Short Course Championships		
40.79 Y	F	50 Fly	3/1/2013	AD Silver Short Course Championships		
1:28.60 Y	F	100 IM	3/10/2013	AD Gold Short Course Championships		
Isabella Fredericksen (10) W						
43.19 Y	F	50 Free	11/4/2012	Hometown Splashdown		BSPA-AD
47.82 Y	F	50 Back	1/12/2013	Canajoharie Developmental Meet		
1:18.80 Y	F	50 Breast	1/12/2013	Canajoharie Developmental Meet		
Samuel Freer (15) M						
29.55 Y	F	50 Free	10/21/2012	2012 Trick or Treat Meet		HAWK-AD
1:11.69 Y	F	100 Free	11/18/2012	Hawk-NDAC-CSD		
1:28.58 L	F	100 Free	7/12/2013	Hawks Summer Invitational 2013		
x1:18.81 Y	F	100 Back	11/18/2012	Hawk-NDAC-CSD		
1:29.31 L	F	100 Back	7/12/2013	Hawks Summer Invitational 2013		
1:19.04 Y	F	100 Breast	10/21/2012	2012 Trick or Treat Meet		
1:28.70 L	F	100 Breast	7/12/2013	Hawks Summer Invitational 2013		
3:18.45 L	F	200 Breast	7/12/2013	Hawks Summer Invitational 2013		
3:17.88 L	F	200 IM	7/12/2013	Hawks Summer Invitational 2013		
Isabella Freiburger (8) W						
21.82 Y	F	25 Free	1/12/2013	Canajoharie Developmental Meet		CLIN-AD
52.65 Y	F	50 Free	1/12/2013	Canajoharie Developmental Meet		
24.53 Y	F	25 Back	1/12/2013	Canajoharie Developmental Meet		
Sophia Frenyea (12) W						
36.95 Y	F	50 Free	1/20/2013	Foothills Inv		GLOY-AD
41.75 Y	F	50 Back	2/23/2013	Cabin Fever Invitational		
46.34 Y	F	50 Breast	1/20/2013	Foothills Inv		
Ella Friedel (10) W						
45.61 Y L	F	50 Free	11/17/2012	Harvest Invitational		CLIN-AD
2:02.08 Y	F	100 Back	11/17/2012	Harvest Invitational		
Mikayla Frodey (17) W						
28.14 Y	F	50 Free	1/4/2013	2013 Starfish Trophy Invitational		ALBS-AD
55.81 Y	F	100 Free	10/6/2012	SHENENDEHOWA GIRLS SWIMMING &		
1:56.80 Y	P	200 Free	11/1/2012	Girls Sec II Division I Champ		
5:14.22 Y	F	500 Free	11/1/2012	Girls Sec II Division I Champ		
Hannah Fronheiser (8) W						
18.36 Y	F	25 Free	3/1/2013	AD Silver Short Course Championships		DELM-AD
40.97 Y	F	50 Free	3/10/2013	AD Gold Short Course Championships		
41.58 L	F	50 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational		
42.26 S	F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet		
1:32.87 Y	F	100 Free	2/23/2013	Cabin Fever Invitational		
1:39.74 L	F	100 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational		
3:37.51 L	F	200 Free	7/12/2013	Hawks Summer Invitational 2013		
21.00 Y	F	25 Back	12/15/2012	Sharks 12&Under Mini-Meet		
47.78 Y	F	50 Back	2/23/2013	Cabin Fever Invitational		
48.37 L	F	50 Back	7/12/2013	Hawks Summer Invitational 2013		
49.44 S	F	50 Back	6/15/2013	Piranhas Summer Kick-Off Meet		
1:50.48 L	F	100 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational		
22.76 Y	F	25 Breast	12/15/2012	Sharks 12&Under Mini-Meet		
49.27 Y	F	50 Breast	2/3/2013	Delmar Dolphins February Freeze Invitational		
54.24 L	F	50 Breast	7/19/2013	2013 Adirondack Long Course District Champion		
55.41 S	F	50 Breast	6/15/2013	Piranhas Summer Kick-Off Meet		
1:54.84 L	F	100 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational		
22.83 Y	F	25 Fly	3/1/2013	AD Silver Short Course Championships		
55.30 L	F	50 Fly	7/19/2013	2013 Adirondack Long Course District Champion		
1:41.29 Y	F	100 IM	3/10/2013	AD Gold Short Course Championships		
1:48.23 S	F	100 IM	6/15/2013	Piranhas Summer Kick-Off Meet		

Individual Top Times

Time	P/F/S	Event				
Angelena Frumentti (10) W						
42.11	Y	F	50	Free	1/25/2013	Hawks Trials And Finals 2013
46.45	L	F	50	Free	7/12/2013	Hawks Summer Invitational 2013
1:34.73	Y	F	100	Free	1/25/2013	Hawks Trials And Finals 2013
1:47.13	L	F	100	Free	7/12/2013	Hawks Summer Invitational 2013
3:43.57	L	F	200	Free	7/12/2013	Hawks Summer Invitational 2013
x50.45	Y	F	50	Back	11/18/2012	Hawk-NDAC-CSD
56.90	L	F	50	Back	7/12/2013	Hawks Summer Invitational 2013
1:51.49	Y	F	100	Back	1/25/2013	Hawks Trials And Finals 2013
2:13.24	L	F	100	Back	7/12/2013	Hawks Summer Invitational 2013
52.09	Y	F	50	Breast	11/10/2012	Pilgrims Pride
1:02.94	L	F	50	Breast	7/12/2013	Hawks Summer Invitational 2013
1:54.09	Y	F	100	Breast	1/25/2013	Hawks Trials And Finals 2013
2:08.13	L	F	100	Breast	7/12/2013	Hawks Summer Invitational 2013
54.30	Y	F	50	Fly	3/1/2013	AD Silver Short Course Championships
59.77	L	F	50	Fly	7/12/2013	Hawks Summer Invitational 2013
2:38.20	Y	F	100	IM	1/25/2013	Hawks Trials And Finals 2013
Meghan Funk (6) W						
1:00.92	S	F	50	Free	6/15/2013	Piranhas Summer Kick-Off Meet
1:09.80	S	F	50	Back	6/15/2013	Piranhas Summer Kick-Off Meet
Jami Fuson (9) W						
19.12	Y	F	25	Free	12/2/2012	December Super Splash 2012
38.25	Y	F	50	Free	3/10/2013	AD Gold Short Course Championships
43.75	L	F	50	Free	6/1/2013	2013 NE MTSC June 1st Meet
43.75	L	F	50	Free	6/1/2013	2013 NE MTSC June 1st Meet
1:27.80	Y	F	100	Free	3/10/2013	AD Gold Short Course Championships
1:35.01	L	F	100	Free	6/1/2013	2013 NE MTSC June 1st Meet
1:35.01	L	F	100	Free	6/1/2013	2013 NE MTSC June 1st Meet
3:23.64	L	F	200	Free	6/1/2013	2013 NE MTSC June 1st Meet
3:23.64	L	F	200	Free	6/1/2013	2013 NE MTSC June 1st Meet
22.02	Y	F	25	Back	1/12/2013	Chris Goody Mini-Meet
44.20	Y	F	50	Back	3/10/2013	AD Gold Short Course Championships
49.07	L	F	50	Back	6/1/2013	2013 NE MTSC June 1st Meet
49.07	L	F	50	Back	6/1/2013	2013 NE MTSC June 1st Meet
1:43.49	L	F	100	Back	6/1/2013	2013 NE MTSC June 1st Meet
1:43.49	L	F	100	Back	6/1/2013	2013 NE MTSC June 1st Meet
25.57	Y	F	25	Breast	1/12/2013	Chris Goody Mini-Meet
49.93	Y	F	50	Breast	3/10/2013	AD Gold Short Course Championships
57.56	L	F	50	Breast	7/19/2013	2013 Adirondack Long Course District Champion
1:57.47	L	F	100	Breast	6/1/2013	2013 NE MTSC June 1st Meet
1:57.47	L	F	100	Breast	6/1/2013	2013 NE MTSC June 1st Meet
23.05	Y	F	25	Fly	12/15/2012	Sharks 12&Under Mini-Meet
47.67	Y	F	50	Fly	2/3/2013	Delmar Dolphins February Freeze Invitational
54.22	L	F	50	Fly	7/19/2013	2013 Adirondack Long Course District Champion
1:33.50	Y	F	100	IM	3/10/2013	AD Gold Short Course Championships
3:40.90	L	F	200	IM	7/19/2013	2013 Adirondack Long Course District Champion
Maralina Gabriel (15) W						
34.84	Y	F	50	Free	11/10/2012	Pilgrims Pride
1:16.91	Y	F	100	Free	11/10/2012	Pilgrims Pride
1:34.22	Y	F	100	Breast	11/10/2012	Pilgrims Pride
Maximillion Gabriel (8) M						
18.00	Y	F	25	Free	12/15/2012	Sharks 12&Under Mini-Meet
40.57	Y	F	50	Free	11/10/2012	Pilgrims Pride
27.83	Y	F	25	Breast	12/15/2012	Sharks 12&Under Mini-Meet
Olivia Gabriel (13) W						
40.42	Y	F	50	Free	11/10/2012	Pilgrims Pride
1:46.11	Y	F	100	Free	12/15/2012	Sharks 12&Under Mini-Meet
44.07	Y	F	50	Breast	12/15/2012	Sharks 12&Under Mini-Meet
1:36.02	Y	F	100	Breast	11/10/2012	Pilgrims Pride
Julia Galasso (15) W						

HAWK-AD

GCAT-AD

SCHE-AD

RAVE-AD

RAVE-AD

RAVE-AD

SVP-AD

Individual Top Times

Time	P/F/S	Event			
Julia Galasso (15) W SVP-AD					
34.03 Y	F	50 Free	2/9/2013	Central Valley Swim League Championships	
1:15.82 Y	F	100 Free	11/10/2012	CVSL First Splash	
3:03.94 Y	F	200 Free	12/15/2012	Central Valley Swim League Quad Meet	
7:53.77 Y	F	500 Free	12/15/2012	Central Valley Swim League Quad Meet	
1:47.15 Y	F	100 Back	1/12/2013	Canajoharie Developmental Meet	
1:43.41 Y	F	100 Fly	1/12/2013	Canajoharie Developmental Meet	
3:20.75 Y	F	200 IM	11/10/2012	CVSL First Splash	
Mia Galasso (11) W SVP-AD					
45.39 Y L	F	50 Free	12/15/2012	Central Valley Swim League Quad Meet	
1:42.16 Y	F	100 Free	12/15/2012	Central Valley Swim League Quad Meet	
47.02 Y	F	50 Back	2/9/2013	Central Valley Swim League Championships	
1:59.96 Y	F	100 Back	12/15/2012	Central Valley Swim League Quad Meet	
58.83 Y	F	50 Breast	2/9/2013	Central Valley Swim League Championships	
2:12.00 Y	F	100 Breast	1/26/2013	Central Valley Swim Meet Quad Meet	
1:46.85 Y	F	100 IM	2/9/2013	Central Valley Swim League Championships	
4:00.78 Y	F	200 IM	1/26/2013	Central Valley Swim Meet Quad Meet	
Jade Gale (12) W NHA-AD					
36.37 Y	F	50 Free	2/23/2013	Cabin Fever Invitational	
1:18.69 Y	F	100 Free	1/12/2013	Canajoharie Developmental Meet	
1:30.35 L	F	100 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
42.32 Y	F	50 Back	1/12/2013	Canajoharie Developmental Meet	
1:32.70 Y	F	100 Back	2/23/2013	Cabin Fever Invitational	
1:44.56 L	F	100 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
55.53 L	F	50 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational	
44.36 Y	F	50 Fly	2/23/2013	Cabin Fever Invitational	
47.78 L	F	50 Fly	6/8/2013	Clinton Cudas Colgate Classic Invitational	
Alicia Galer (16) W CLIN-AD					
28.62 Y	F	50 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:02.26 Y	F	100 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
2:18.41 Y	F	200 Free	1/4/2013	2013 Starfish Trophy Invitational	
6:13.63 Y	F	500 Free	1/4/2013	2013 Starfish Trophy Invitational	
1:15.29 Y	F	100 Breast	11/1/2012	2012 NI - Ob - Section 3 Class A-B-C Champs 2	
2:44.17 Y	F	200 Breast	1/4/2013	2013 Starfish Trophy Invitational	
2:29.11 Y	F	200 IM	11/1/2012	2012 NI - Ob - Section 3 Class A-B-C Champs 2	
Rebecca Galer (17) W CLIN-AD					
29.07 Y	F	50 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
59.43 Y	F	100 Free	11/1/2012	2012 NI - Ob - Section 3 Class A-B-C Champs 2	
2:19.19 Y	F	200 Free	1/4/2013	2013 Starfish Trophy Invitational	
1:10.45 Y	F	100 Back	11/1/2012	2012 NI - Ob - Section 3 Class A-B-C Champs 2	
2:38.02 Y	F	200 Back	1/4/2013	2013 Starfish Trophy Invitational	
1:17.96 Y	F	100 Fly	1/4/2013	2013 Starfish Trophy Invitational	
3:02.03 Y	F	200 Fly	1/4/2013	2013 Starfish Trophy Invitational	
Peter Gallagher (11) M DELM-AD					
38.72 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	
1:32.22 Y	F	100 Free	10/20/2012	Ravena Autumn Breeze 2012	
46.95 Y	F	50 Back	12/15/2012	Sharks 12&Under Mini-Meet	
58.70 Y	F	50 Breast	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:49.19 Y	F	100 IM	3/1/2013	AD Silver Short Course Championships	
Domenic Gallo (11) M EELS-AD					
33.73 Y	F	50 Free	3/10/2013	AD Gold Short Course Championships	
35.50 L	F	50 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:15.18 Y	F	100 Free	3/10/2013	AD Gold Short Course Championships	
1:18.56 L	F	100 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
2:52.03 Y	F	200 Free	1/4/2013	2013 Starfish Trophy Invitational	
2:55.59 L	F	200 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
7:12.88 Y	F	500 Free	3/10/2013	AD Gold Short Course Championships	
25:32.61 L	F	1500 Free	7/12/2013	Hawks Summer Invitational 2013	
43.09 Y	F	50 Back	1/4/2013	2013 Starfish Trophy Invitational	
43.23 L	F	50 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	

Individual Top Times

Time	P/F/S	Event			
Domenic Gallo (11) M					
EELS-AD					
1:30.44	Y	F	100	Back	1/4/2013 2013 Starfish Trophy Invitational
1:35.75	L	F	100	Back	7/12/2013 Hawks Summer Invitational 2013
3:19.09	L	F	200	Back	7/12/2013 Hawks Summer Invitational 2013
43.52	Y	F	50	Breast	3/10/2013 AD Gold Short Course Championships
48.06	L	F	50	Breast	7/12/2013 Hawks Summer Invitational 2013
1:32.09	Y	F	100	Breast	3/10/2013 AD Gold Short Course Championships
1:47.21	L	F	100	Breast	5/3/2013 2013 MR Condors May Meters Matter
33.93	Y	F	50	Fly	3/28/2013 2013 Eastern Zone SC Swimming Championships
36.94	L	F	50	Fly	7/12/2013 Hawks Summer Invitational 2013
1:14.57	Y	F	100	Fly	3/28/2013 2013 Eastern Zone SC Swimming Championships
1:28.01	L	F	100	Fly	7/12/2013 Hawks Summer Invitational 2013
1:16.62	Y	F	100	IM	3/28/2013 2013 Eastern Zone SC Swimming Championships
2:45.40	Y	F	200	IM	3/28/2013 2013 Eastern Zone SC Swimming Championships
3:07.59	L	F	200	IM	6/8/2013 Clinton Cudas Colgate Classic Invitational
Ella Gallo (8) W					
KING-AD					
34.83	Y	F	25	Free	11/10/2012 Pilgrims Pride
37.28	Y	F	25	Back	11/10/2012 Pilgrims Pride
42.62	S	F	25	Back	6/2/2013 2013 Starfish Meter Madness - Pentathlon
Salvatore Gallo (12) M					
EELS-AD					
33.79	Y	F	50	Free	3/1/2013 AD Silver Short Course Championships
35.82	L	F	50	Free	6/8/2013 Clinton Cudas Colgate Classic Invitational
1:17.85	Y	F	100	Free	3/1/2013 AD Silver Short Course Championships
1:24.97	L	F	100	Free	6/8/2013 Clinton Cudas Colgate Classic Invitational
2:56.53	L	F	200	Free	5/3/2013 2013 MR Condors May Meters Matter
6:23.11	L	F	400	Free	7/12/2013 Hawks Summer Invitational 2013
7:47.03	Y	F	500	Free	10/27/2012 IM-Xtremely Spooked
41.36	Y	F	50	Back	3/1/2013 AD Silver Short Course Championships
46.10	L	F	50	Back	5/3/2013 2013 MR Condors May Meters Matter
1:31.78	Y	F	100	Back	3/1/2013 AD Silver Short Course Championships
1:36.54	L	F	100	Back	7/12/2013 Hawks Summer Invitational 2013
3:31.59	L	F	200	Back	7/12/2013 Hawks Summer Invitational 2013
45.76	Y	F	50	Breast	3/1/2013 AD Silver Short Course Championships
51.47	L	F	50	Breast	5/3/2013 2013 MR Condors May Meters Matter
1:35.74	Y	F	100	Breast	3/1/2013 AD Silver Short Course Championships
1:49.58	L	F	100	Breast	7/12/2013 Hawks Summer Invitational 2013
39.94	Y	F	50	Fly	3/1/2013 AD Silver Short Course Championships
40.61	L	F	50	Fly	6/8/2013 Clinton Cudas Colgate Classic Invitational
1:31.94	Y	F	100	Fly	2/23/2013 Cabin Fever Invitational
1:37.65	L	F	100	Fly	6/8/2013 Clinton Cudas Colgate Classic Invitational
1:25.31	Y	F	100	IM	3/1/2013 AD Silver Short Course Championships
3:04.29	Y	F	200	IM	3/1/2013 AD Silver Short Course Championships
3:16.42	L	F	200	IM	6/8/2013 Clinton Cudas Colgate Classic Invitational
Rachel Gallucci (10) W					
ALBS-AD					
38.90	L	F	50	Free	6/8/2013 Clinton Cudas Colgate Classic Invitational
39.80	S	F	50	Free	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:32.90	L	F	100	Free	7/19/2013 2013 Adirondack Long Course District Champion
3:22.24	L	F	200	Free	7/19/2013 2013 Adirondack Long Course District Champion
48.24	L	F	50	Back	6/8/2013 Clinton Cudas Colgate Classic Invitational
48.70	S	F	50	Back	6/15/2013 Piranhas Summer Kick-Off Meet
1:47.69	L	F	100	Back	7/19/2013 2013 Adirondack Long Course District Champion
1:01.75	L	F	50	Breast	7/19/2013 2013 Adirondack Long Course District Champion
1:02.92	S	F	50	Breast	6/2/2013 2013 Starfish Meter Madness - Pentathlon
2:23.90	L	F	100	Breast	6/8/2013 Clinton Cudas Colgate Classic Invitational
49.42	S	F	50	Fly	6/2/2013 2013 Starfish Meter Madness - Pentathlon
49.94	L	F	50	Fly	7/19/2013 2013 Adirondack Long Course District Champion
1:47.52	S	F	100	IM	6/15/2013 Piranhas Summer Kick-Off Meet
4:07.07	L	F	200	IM	7/19/2013 2013 Adirondack Long Course District Champion
Caroline Galt (13) W					
DELM-AD					
34.87	Y	F	50	Free	2/3/2013 Delmar Dolphins February Freeze Invitational
1:20.10	Y	F	100	Free	12/15/2012 Sharks 12&Under Mini-Meet

Individual Top Times

Time	P/F/S	Event			
Caroline Galt (13) W					
40.52 Y	F	50 Back	2/3/2013	Delmar Dolphins February Freeze Invitational	DELM-AD
42.68 Y	F	50 Fly	12/15/2012	Sharks 12&Under Mini-Meet	
Ava Galvin (7) W					
35.59 Y	F	25 Free	2/23/2013	Cabin Fever Invitational	BSPA-AD
31.25 Y	F	25 Back	2/23/2013	Cabin Fever Invitational	
Matthew Galvin (9) M					
40.43 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	ALBS-AD
42.49 L	F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
47.29 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:34.53 Y	F	100 Free	12/15/2012	Sharks 12&Under Mini-Meet	
1:44.64 L	F	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:51.78 S	F	100 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
3:45.91 L	F	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
53.23 Y L	F	25 Back	1/4/2013	2013 Starfish Trophy Invitational	
52.15 Y	F	50 Back	3/1/2013	AD Silver Short Course Championships	
54.52 S	F	50 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
56.06 L	F	50 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:55.04 Y	F	100 Back	3/1/2013	AD Silver Short Course Championships	
2:08.60 L	F	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:13.11 Y	F	50 Breast	3/1/2013	AD Silver Short Course Championships	
1:14.60 S	F	50 Breast	6/15/2013	Piranhas Summer Kick-Off Meet	
1:25.29 L	F	50 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
2:17.85 Y	F	100 IM	2/3/2013	Delmar Dolphins February Freeze Invitational	
Michael Galvin (13) M					
29.94 Y	F	50 Free	1/4/2013	2013 Starfish Trophy Invitational	ALBS-AD
34.48 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
35.03 S	F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
1:07.76 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
1:19.47 L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:54.20 L	P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
35.91 Y L	F	50 Back	3/1/2013	AD Silver Short Course Championships	
1:15.15 Y	F	100 Back	1/4/2013	2013 Starfish Trophy Invitational	
1:27.35 L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:29.99 S	F	100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:44.82 Y	F	200 Back	3/1/2013	AD Silver Short Course Championships	
3:11.16 L	P	200 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:32.36 Y	F	100 Breast	3/1/2013	AD Silver Short Course Championships	
1:42.66 L	P	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
1:50.10 S	F	100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:24.16 Y	F	100 Fly	2/10/2013	2013 Piranhas Pentathlon	
1:41.08 S	F	100 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:44.68 L	P	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
2:49.21 Y	F	200 IM	3/1/2013	AD Silver Short Course Championships	
3:12.51 L	P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
Jillian Galway (10) W					
57.96 Y	F	50 Free	2/9/2013	Central Valley Swim League Championships	AMST-AD
2:15.61 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
5:12.63 Y	F	200 Free	3/1/2013	AD Silver Short Course Championships	
1:03.12 Y	F	50 Back	3/1/2013	AD Silver Short Course Championships	
2:09.89 Y	F	100 Back	3/1/2013	AD Silver Short Course Championships	
1:34.80 Y	F	50 Fly	1/12/2013	Canajoharie Developmental Meet	
Johanna Gangi (16) W					
28.67 Y	F	50 Free	10/6/2012	SHENENDEHOWA GIRLS SWIMMING &	UN-AD
1:07.19 Y	F	100 Free	2/9/2013	North Country YMCA Swim League 2013 Champions	
2:22.25 Y	F	200 Free	2/9/2013	North Country YMCA Swim League 2013 Champions	
6:18.89 Y	F	500 Free	11/17/2012	Harvest Invitational	
34.06 Y	F	50 Back	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
1:12.67 Y	P	100 Back	11/1/2012	Girls Sec II Division I Champ	
1:07.56 Y	P	100 Fly	11/1/2012	Girls Sec II Division I Champ	

Individual Top Times

Time	P/F/S	Event			
Johanna Gangi (16) W					
2:38.85 Y	P	200 IM	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	SARY-AD
Mallory Gannon (17) W					
58.35 Y	P	100 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	SARY-AD
2:04.69 Y	F	200 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
5:45.13 Y	F	500 Free	2/9/2013	North Country YMCA Swim League 2013 Champions	
20:14.02 Y	F	1650 Free	2/9/2013	North Country YMCA Swim League 2013 Champions	
1:08.90 Y	F	100 Fly	1/27/2013	Thoroughbred Splash 2013	
2:22.80 Y	F	200 IM	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
Jianle Gao (15) W					
29.68 Y	F	50 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	DELM-AD
1:03.86 Y	F	100 Free	2/23/2013	Cabin Fever Invitational	
1:39.91 Y	F	100 Back	2/23/2013	Cabin Fever Invitational	
1:16.46 Y	F	100 Fly	2/3/2013	Delmar Dolphins February Freeze Invitational	
Kelly Gao (16) W					
24.32 Y	F	50 Free	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS	ALBS-AD
27.74 L	P	50 Free	7/12/2013	2013 NI - Niagara Long Course Classic	
27.77 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
53.84 Y	F	100 Free	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS	
1:01.87 L	F	100 Free	3/21/2013	2013 NI - EZ North Region Speedo Ch	
59.62 Y	F	100 Back	3/10/2013	AD Gold Short Course Championships	
1:07.34 S	F	100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:09.80 L	F	100 Back	7/12/2013	2013 NI - Niagara Long Course Classic	
2:06.82 Y	F	200 Back	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS	
2:31.14 L	F	200 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:16.47 Y	F	100 Breast	1/4/2013	2013 Starfish Trophy Invitational	
1:24.34 S	F	100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:06.45 Y	F	100 Fly	1/4/2013	2013 Starfish Trophy Invitational	
1:11.76 S	F	100 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:11.16 S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:16.88 Y	F	200 IM	1/4/2013	2013 Starfish Trophy Invitational	
2:37.93 L	P	200 IM	7/12/2013	2013 NI - Niagara Long Course Classic	
Alyssa Gardiner (15) W					
31.28 S	F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet	CPP-AD
31.47 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:04.70 Y	P	200 Free	3/10/2013	AD Gold Short Course Championships	
2:27.86 L	F	200 Free	7/12/2013	Hawks Summer Invitational 2013	
5:11.80 L	F	400 Free	7/12/2013	Hawks Summer Invitational 2013	
5:35.28 Y	F	500 Free	3/10/2013	AD Gold Short Course Championships	
1:08.26 Y	F	100 Back	1/25/2013	2013 NE ABF Snow Angel Classic	
1:21.62 L	F	100 Back	7/12/2013	Hawks Summer Invitational 2013	
2:19.48 Y	P	200 Back	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS	
1:27.91 L	P	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
1:28.27 S	F	100 Breast	6/15/2013	Piranhas Summer Kick-Off Meet	
3:04.78 L	F	200 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
1:13.49 L	P	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:14.98 S	F	100 Fly	6/15/2013	Piranhas Summer Kick-Off Meet	
2:40.39 S	F	200 IM	6/15/2013	Piranhas Summer Kick-Off Meet	
2:40.61 L	P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
5:37.60 L	F	400 IM	7/19/2013	2013 Adirondack Long Course District Champion	
Caitlyn Gardiner (15) W					
31.20 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	CPP-AD
31.28 S	F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
59.97 Y	P	100 Free	3/10/2013	AD Gold Short Course Championships	
2:07.38 Y	P	200 Free	3/10/2013	AD Gold Short Course Championships	
2:25.91 L	P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
5:17.15 L	F	400 Free	7/12/2013	Hawks Summer Invitational 2013	
5:46.58 Y	F	500 Free	12/9/2012	Piranhas December Distance Invite	
1:19.92 S	F	100 Back	6/15/2013	Piranhas Summer Kick-Off Meet	
1:25.08 L	F	100 Back	7/12/2013	Hawks Summer Invitational 2013	

Individual Top Times

Time	P/F/S	Event			
Caitlyn Gardiner (15) W			CPP-AD		
2:23.88 Y	P	200 Back	3/10/2013	AD Gold Short Course Championships	
1:13.19 Y	F	100 Breast	11/1/2012	Girls Sec II Division I Champ	
1:25.44 L	P	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
1:26.57 S	F	100 Breast	6/15/2013	Piranhas Summer Kick-Off Meet	
3:06.41 L	P	200 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
1:12.43 Y	F	100 Fly	1/25/2013	2013 NE ABF Snow Angel Classic	
1:19.95 L	P	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
2:42.41 Y	F	200 Fly	12/9/2012	Piranhas December Distance Invite	
2:45.18 L	P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
2:48.11 S	F	200 IM	6/15/2013	Piranhas Summer Kick-Off Meet	
Karisma Garg (15) W			UN-AD		
2:25.98 Y	F	200 Free	11/1/2012	2012 NI - Ob - Section 3 Class A-B-C Champs 2	
1:20.80 Y	F	100 Fly	11/1/2012	2012 NI - Ob - Section 3 Class A-B-C Champs 2	
Sebastiao Gato (12) M			CLIN-AD		
32.91 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	
1:14.65 Y	F	100 Free	1/12/2013	Canajoharie Developmental Meet	
1:26.30 L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:49.74 Y	F	200 Free	3/1/2013	AD Silver Short Course Championships	
6:55.82 L	F	400 Free	7/19/2013	2013 Adirondack Long Course District Champion	
40.45 Y	F	50 Back	3/1/2013	AD Silver Short Course Championships	
1:44.59 L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
47.90 Y	F	50 Breast	2/3/2013	Delmar Dolphins February Freeze Invitational	
50.53 L	P	50 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
1:45.03 Y	F	100 Breast	3/1/2013	AD Silver Short Course Championships	
3:45.03 Y	F	200 Breast	12/9/2012	Piranhas December Distance Invite	
48.36 L	P	50 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:27.69 Y	F	100 IM	3/1/2013	AD Silver Short Course Championships	
3:09.39 Y	F	200 IM	3/1/2013	AD Silver Short Course Championships	
Zoe Gavin (13) W			GLFY-AD		
28.23 Y L	F	50 Free	2/9/2013	North Country YMCA Swim League 2013 Champions	
32.06 S	F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
1:00.44 Y	F	100 Free	2/9/2013	North Country YMCA Swim League 2013 Champions	
2:16.84 Y	F	200 Free	2/9/2013	North Country YMCA Swim League 2013 Champions	
5:55.47 Y	F	500 Free	1/12/2013	Chris Goody IMX Challenge	
12:30.64 Y	F	1000 Free	12/2/2012	December Super Splash 2012	
32.57 Y L	F	50 Back	2/9/2013	North Country YMCA Swim League 2013 Champions	
1:17.96 S	F	100 Back	6/15/2013	Piranhas Summer Kick-Off Meet	
2:30.61 Y	F	200 Back	1/12/2013	Chris Goody IMX Challenge	
1:24.43 Y	F	100 Breast	12/2/2012	December Super Splash 2012	
1:31.61 S	F	100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
3:05.28 Y	F	200 Breast	1/12/2013	Chris Goody IMX Challenge	
1:16.90 S	F	100 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:21.64 S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:31.31 Y	P	200 IM	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
2:46.15 S	F	200 IM	6/15/2013	Piranhas Summer Kick-Off Meet	
Erin Gawronski (17) W			GCAT-AD		
30.44 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:26.32 S	F	200 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
1:13.48 S	F	100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:25.04 S	F	100 Breast	6/15/2013	Piranhas Summer Kick-Off Meet	
1:12.70 S	F	100 Fly	6/15/2013	Piranhas Summer Kick-Off Meet	
1:13.75 S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:36.76 S	F	200 IM	6/15/2013	Piranhas Summer Kick-Off Meet	
Riley Gaynor (10) W			SCHE-AD		
35.49 Y	F	50 Free	3/10/2013	AD Gold Short Course Championships	
1:19.45 Y	F	100 Free	3/10/2013	AD Gold Short Course Championships	
3:01.79 Y	F	200 Free	3/1/2013	AD Silver Short Course Championships	
43.02 Y L	F	50 Back	3/10/2013	AD Gold Short Course Championships	
1:33.26 Y	F	100 Back	3/1/2013	AD Silver Short Course Championships	

Individual Top Times

Time	P/F/S	Event			
Riley Gaynor (10) W					
50.08	Y	F	50	Breast	3/1/2013 AD Silver Short Course Championships
1:46.69	Y	F	100	Breast	3/1/2013 AD Silver Short Course Championships
42.09	Y	F	50	Fly	3/10/2013 AD Gold Short Course Championships
1:44.60	Y	F	100	Fly	3/1/2013 AD Silver Short Course Championships
1:29.14	Y	F	100	IM	3/10/2013 AD Gold Short Course Championships
Kailey Gayton (9) W					
22.92	Y	F	25	Free	2/9/2013 North Country YMCA Swim League 2013 Champions
51.63	S	F	50	Free	6/2/2013 2013 Starfish Meter Madness - Pentathlon
24.61	Y	F	25	Back	1/12/2013 Chris Goody Mini-Meet
54.01	S	F	50	Back	6/2/2013 2013 Starfish Meter Madness - Pentathlon
30.01	Y	F	25	Breast	1/12/2013 Chris Goody Mini-Meet
1:07.01	S	F	50	Breast	6/15/2013 Piranhas Summer Kick-Off Meet
26.60	Y	F	25	Fly	1/27/2013 Thoroughbred Splash 2013
2:09.02	S	F	100	IM	6/15/2013 Piranhas Summer Kick-Off Meet
2:20.20	Y	F	100	IM	12/2/2012 December Super Splash 2012
Sierra Gayton-Sawatzky (14) W					
32.51	Y	F	50	Free	2/9/2013 North Country YMCA Swim League 2013 Champions
1:12.44	Y	F	100	Free	1/27/2013 Thoroughbred Splash 2013
1:20.41	Y	F	100	Back	1/27/2013 Thoroughbred Splash 2013
1:31.40	Y	F	100	Breast	1/27/2013 Thoroughbred Splash 2013
1:43.20	S	F	100	Breast	6/2/2013 2013 Starfish Meter Madness - Pentathlon
3:02.17	Y	F	200	IM	11/4/2012 Hometown Splashdown
Mackenzie Gaze (17) W					
26.31	Y	F	50	Free	12/6/2012 2012 NE NSSC MIT Invite
57.09	Y	P	100	Free	12/6/2012 2012 NE NSSC MIT Invite
2:02.80	Y	P	200	Free	12/6/2012 2012 NE NSSC MIT Invite
5:28.57	Y	P	500	Free	12/6/2012 2012 NE NSSC MIT Invite
2:24.47	Y	F	200	Back	10/27/2012 IM-Xtremely Spooked
1:15.49	Y	P	100	Breast	12/6/2012 2012 NE NSSC MIT Invite
2:42.57	Y	F	200	Breast	10/27/2012 IM-Xtremely Spooked
1:03.40	Y	F	100	Fly	11/1/2012 Girls Sec II Division I Champ
2:28.02	Y	F	200	Fly	10/27/2012 IM-Xtremely Spooked
2:17.63	Y	F	200	IM	11/1/2012 Girls Sec II Division I Champ
5:07.56	Y	F	400	IM	10/27/2012 IM-Xtremely Spooked
Bridget Geary (18) W					
24.53	Y	P	50	Free	11/1/2012 Girls Sec II Division I Champ
29.64	L	P	50	Free	3/21/2013 2013 NI - EZ North Region Speedo Ch
55.53	Y	P	100	Free	3/10/2013 AD Gold Short Course Championships
2:06.76	Y L	F	200	Free	2/15/2013 AD 2013 REGION 1 CHAMPIONSHIPS
2:23.50	L	F	200	Free	3/21/2013 2013 NI - EZ North Region Speedo Ch
5:41.74	Y	F	500	Free	1/25/2013 2013 NE ABF Snow Angel Classic
1:07.58	Y	P	100	Back	3/10/2013 AD Gold Short Course Championships
2:28.41	Y	P	200	Back	3/10/2013 AD Gold Short Course Championships
1:08.58	Y	F	100	Breast	11/1/2012 Girls Sec II Division I Champ
1:26.23	L	P	100	Breast	3/21/2013 2013 NI - EZ North Region Speedo Ch
2:39.92	Y	P	200	Breast	3/10/2013 AD Gold Short Course Championships
3:05.99	L	P	200	Breast	3/21/2013 2013 NI - EZ North Region Speedo Ch
1:02.76	Y	F	100	Fly	1/25/2013 2013 NE ABF Snow Angel Classic
2:19.15	Y	F	200	IM	3/10/2013 AD Gold Short Course Championships
5:12.19	Y	F	400	IM	1/12/2013 Chris Goody IMX Challenge
Joshua Geci (11) M					
33.20	Y	F	50	Free	3/1/2013 AD Silver Short Course Championships
1:15.98	Y	F	100	Free	3/1/2013 AD Silver Short Course Championships
3:02.93	Y	F	200	Free	1/26/2013 Central Valley Swim Meet Quad Meet
1:36.19	Y	F	100	Back	1/12/2013 Canajoharie Developmental Meet
44.17	Y	F	50	Breast	3/1/2013 AD Silver Short Course Championships
41.43	Y	F	50	Fly	3/1/2013 AD Silver Short Course Championships
1:59.76	Y	F	100	Fly	12/15/2012 Central Valley Swim League Quad Meet
1:29.68	Y	F	100	IM	3/1/2013 AD Silver Short Course Championships

SCHE-AD

GLFY-AD

GLFY-AD

SCHE-AD

UN-AD

CLRK-AD

Individual Top Times

Time	P/F/S	Event			
Meghan Geczy (11) W					
					GLFY-AD
29.87 Y	F	50 Free	1/4/2013	2013 Starfish Trophy Invitational	
32.17 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:04.06 Y	F	100 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
1:13.59 L	F	100 Free	7/12/2013	Hawks Summer Invitational 2013	
2:20.32 Y	F	200 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
2:44.58 L	F	200 Free	7/12/2013	Hawks Summer Invitational 2013	
6:27.15 Y	F	500 Free	1/27/2013	Thoroughbred Splash 2013	
34.19 Y L	F	50 Back	2/9/2013	North Country YMCA Swim League 2013 Champions	
38.11 S	F	50 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:14.55 Y	F	100 Back	1/4/2013	2013 Starfish Trophy Invitational	
1:25.85 L	F	100 Back	7/12/2013	Hawks Summer Invitational 2013	
43.16 Y	F	50 Breast	1/27/2013	Thoroughbred Splash 2013	
46.63 S	F	50 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
48.41 L	F	50 Breast	7/12/2013	Hawks Summer Invitational 2013	
1:32.68 Y	F	100 Breast	1/4/2013	2013 Starfish Trophy Invitational	
1:46.89 L	F	100 Breast	7/12/2013	Hawks Summer Invitational 2013	
34.25 Y	F	50 Fly	1/27/2013	Thoroughbred Splash 2013	
37.63 S	F	50 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
38.44 L	F	50 Fly	7/12/2013	Hawks Summer Invitational 2013	
1:24.65 Y	F	100 Fly	1/4/2013	2013 Starfish Trophy Invitational	
1:33.40 L	F	100 Fly	7/12/2013	Hawks Summer Invitational 2013	
1:14.02 Y	F	100 IM	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
1:24.65 S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:50.49 Y	F	200 IM	1/4/2013	2013 Starfish Trophy Invitational	
3:06.09 L	F	200 IM	7/12/2013	Hawks Summer Invitational 2013	
Andrew Geher (9) M					
					HAWK-AD
39.55 Y	F	50 Free	1/25/2013	Hawks Trials And Finals 2013	
1:35.87 Y	F	100 Free	1/25/2013	Hawks Trials And Finals 2013	
30.97 Y	F	25 Back	10/21/2012	2012 Trick or Treat Meet	
56.42 Y	F	50 Back	1/25/2013	Hawks Trials And Finals 2013	
27.42 Y	F	25 Breast	10/21/2012	2012 Trick or Treat Meet	
52.11 Y	F	50 Breast	3/1/2013	AD Silver Short Course Championships	
27.14 Y	F	25 Fly	10/21/2012	2012 Trick or Treat Meet	
Fallon Geisler (8) W					
					HAWK-AD
x23.92 Y	F	25 Free	11/18/2012	Hawk-NDAC-CSD	
1:03.10 Y	F	50 Free	1/25/2013	Hawks Trials And Finals 2013	
2:21.86 Y	F	100 Free	1/4/2013	2013 Starfish Trophy Invitational	
28.13 Y	F	25 Back	11/18/2012	Hawk-NDAC-CSD	
1:02.00 Y	F	50 Back	1/25/2013	Hawks Trials And Finals 2013	
34.34 Y	F	25 Breast	11/18/2012	Hawk-NDAC-CSD	
1:14.67 Y	F	50 Breast	1/25/2013	Hawks Trials And Finals 2013	
2:34.82 Y	F	100 IM	1/25/2013	Hawks Trials And Finals 2013	
Kaitlyn Geisler (10) W					
					HAWK-AD
37.13 Y	F	50 Free	11/18/2012	Hawk-NDAC-CSD	
1:26.86 Y	F	100 Free	1/4/2013	2013 Starfish Trophy Invitational	
43.25 Y	F	50 Back	1/25/2013	Hawks Trials And Finals 2013	
1:34.89 Y	F	100 Back	1/25/2013	Hawks Trials And Finals 2013	
50.98 Y	F	50 Breast	1/4/2013	2013 Starfish Trophy Invitational	
1:51.08 Y	F	100 Breast	1/25/2013	Hawks Trials And Finals 2013	
46.72 Y	F	50 Fly	1/4/2013	2013 Starfish Trophy Invitational	
2:04.47 Y	F	100 Fly	3/1/2013	AD Silver Short Course Championships	
1:35.93 Y	F	100 IM	1/25/2013	Hawks Trials And Finals 2013	
Sean Geisler (12) M					
					HAWK-AD
29.78 Y	P	50 Free	3/10/2013	AD Gold Short Course Championships	
1:09.52 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
1:19.56 L	F	100 Free	7/12/2013	Hawks Summer Invitational 2013	
33.84 Y L	F	50 Back	1/4/2013	2013 Starfish Trophy Invitational	
1:20.10 Y	F	100 Back	3/1/2013	AD Silver Short Course Championships	
39.85 Y	P	50 Breast	3/10/2013	AD Gold Short Course Championships	
1:28.94 Y	F	100 Breast	3/10/2013	AD Gold Short Course Championships	

Individual Top Times

Time	P/F/S	Event			
Sean Geisler (12) M					
					HAWK-AD
1:44.43 L	F	100 Breast	7/12/2013	Hawks Summer Invitational 2013	
32.36 Y	P	50 Fly	3/10/2013	AD Gold Short Course Championships	
36.35 L	F	50 Fly	7/12/2013	Hawks Summer Invitational 2013	
1:13.82 Y	F	100 Fly	3/10/2013	AD Gold Short Course Championships	
1:16.93 Y	F	100 IM	3/1/2013	AD Silver Short Course Championships	
3:12.64 L	F	200 IM	7/12/2013	Hawks Summer Invitational 2013	
Kylie George (13) W					
					UN-AD
32.28 L	F	50 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:08.74 L	F	100 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
2:27.67 S	F	200 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
2:29.42 L	F	200 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:23.34 S	F	100 Back	6/15/2013	Piranhas Summer Kick-Off Meet	
1:11.29 Y	F	100 Breast	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
1:19.84 S	F	100 Breast	6/15/2013	Piranhas Summer Kick-Off Meet	
1:22.22 L	F	100 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational	
2:33.95 Y	F	200 Breast	2/9/2013	North Country YMCA Swim League 2013 Champions	
3:04.57 L	F	200 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational	
2:24.90 Y	F	200 IM	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
2:41.85 S	F	200 IM	6/15/2013	Piranhas Summer Kick-Off Meet	
2:55.26 L	F	200 IM	6/8/2013	Clinton Cudas Colgate Classic Invitational	
Jadyn Geren (11) W					
					SVP-AD
2:24.51 Y L	F	25 Free	11/10/2012	CVSL First Splash	
33.60 Y	F	50 Free	3/10/2013	AD Gold Short Course Championships	
1:17.56 Y	F	100 Free	3/10/2013	AD Gold Short Course Championships	
2:57.44 Y	F	200 Free	3/1/2013	AD Silver Short Course Championships	
38.87 Y	F	50 Back	3/10/2013	AD Gold Short Course Championships	
1:24.54 Y	F	100 Back	3/10/2013	AD Gold Short Course Championships	
50.87 Y	F	50 Breast	3/1/2013	AD Silver Short Course Championships	
1:52.20 Y	F	100 Breast	2/23/2013	Cabin Fever Invitational	
45.84 Y	F	50 Fly	3/1/2013	AD Silver Short Course Championships	
1:26.78 Y	F	100 IM	3/10/2013	AD Gold Short Course Championships	
3:20.33 Y	F	200 IM	3/1/2013	AD Silver Short Course Championships	
Logyn Geren (9) W					
					SVP-AD
18.15 Y	F	25 Free	1/12/2013	Canajoharie Developmental Meet	
37.64 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	
23.27 Y	F	25 Back	1/12/2013	Canajoharie Developmental Meet	
45.60 Y	F	50 Back	2/9/2013	Central Valley Swim League Championships	
41.74 Y	F	25 Breast	1/20/2013	Foothills Inv	
24.26 Y	F	25 Fly	11/10/2012	CVSL First Splash	
53.88 Y	F	50 Fly	3/1/2013	AD Silver Short Course Championships	
1:51.45 Y	F	100 IM	3/1/2013	AD Silver Short Course Championships	
Kaitlyn Gerstler (12) W					
					ALBS-AD
31.15 Y	P	50 Free	3/10/2013	AD Gold Short Course Championships	
34.05 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
34.86 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:09.95 Y	P	100 Free	3/10/2013	AD Gold Short Course Championships	
1:16.33 S	F	100 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
1:18.56 L L	F	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:59.80 L	F	200 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
37.46 Y	F	50 Back	1/4/2013	2013 Starfish Trophy Invitational	
42.26 S	F	50 Back	6/15/2013	Piranhas Summer Kick-Off Meet	
44.02 L	F	50 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:31.66 L	F	100 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
39.85 Y	P	50 Breast	3/10/2013	AD Gold Short Course Championships	
42.60 L	F	50 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
44.18 S	F	50 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:28.17 Y	P	100 Breast	3/10/2013	AD Gold Short Course Championships	
1:36.07 L	P	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
3:30.41 L	F	200 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
35.35 Y	F	50 Fly	2/10/2013	2013 Piranhas Pentathlon	

Individual Top Times

Time	P/F/S	Event			
Kaitlyn Gerstler (12) W					
38.57 S	F	50 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	ALBS-AD
40.00 L	P	50 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:19.51 Y	F	100 IM	2/10/2013	2013 Piranhas Pentathlon	
1:27.45 S	F	100 IM	6/15/2013	Piranhas Summer Kick-Off Meet	
2:53.00 Y	F	200 IM	3/1/2013	AD Silver Short Course Championships	
3:07.48 L	F	200 IM	6/8/2013	Clinton Cudas Colgate Classic Invitational	
Kelsey Gerstler (7) W					
27.48 S	F	25 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	ALBS-AD
29.96 Y	F	25 Free	3/1/2013	AD Silver Short Course Championships	
1:00.28 L	F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:01.37 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:01.77 Y	F	50 Free	1/4/2013	2013 Starfish Trophy Invitational	
2:15.84 L	F	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
31.47 Y	F	25 Back	12/15/2012	Sharks 12&Under Mini-Meet	
32.55 S	F	25 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:10.02 Y	F	50 Back	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:10.11 L	F	50 Back	7/19/2013	2013 Adirondack Long Course District Champion	
Joseph Giannetti (9) M					
1:07.74 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	ALBS-AD
1:10.94 S	F	50 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
Matthew Giglio (10) M					
41.72 L	F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	GCAT-AD
41.85 S	F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
1:31.33 L	F	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
3:23.58 L	F	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
46.65 S	F	50 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
50.60 L	F	50 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:43.12 L	F	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:00.57 S	F	50 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:01.16 L	F	50 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
46.76 S	F	50 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
50.42 L	F	50 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
2:00.08 L	F	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:45.97 S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
Jackson Gilbert (11) M					
41.51 Y	F	50 Free	12/2/2012	December Super Splash 2012	GLFY-AD
1:28.83 Y	F	100 Free	12/2/2012	December Super Splash 2012	
49.07 Y	F	50 Back	12/2/2012	December Super Splash 2012	
53.88 Y	F	50 Breast	12/2/2012	December Super Splash 2012	
Nicholas Gillespie (14) M					
32.75 Y	F	50 Free	3/2/2013	2013 NI - METS - Meet the Flintstones	SSAC-AD
1:19.53 Y	F	100 Free	3/2/2013	2013 NI - METS - Meet the Flintstones	
Elah Ginsburg (11) W					
38.48 Y	F	50 Free	10/21/2012	2012 Trick or Treat Meet	USAM-AD
1:23.40 Y	F	100 Free	10/21/2012	2012 Trick or Treat Meet	
44.81 Y	F	50 Back	10/21/2012	2012 Trick or Treat Meet	
1:39.24 Y	F	100 Back	11/10/2012	Pilgrims Pride	
56.09 Y	F	50 Breast	12/2/2012	December Super Splash 2012	
1:45.23 Y	F	100 IM	1/4/2013	2013 Starfish Trophy Invitational	
Emily Ginsburg (18) W					
32.78 Y	F	50 Free	11/10/2012	Pilgrims Pride	DELM-AD
1:10.98 Y	F	100 Free	10/6/2012	SHENENDEHOWA GIRLS SWIMMING &	
6:58.09 Y	F	500 Free	12/9/2012	Piranhas December Distance Invite	
1:20.48 Y	F	100 Back	3/1/2013	AD Silver Short Course Championships	
3:11.33 Y	F	200 Breast	12/9/2012	Piranhas December Distance Invite	
Evan Ginsburg (18) M					
25.19 Y	P	50 Free	3/10/2013	AD Gold Short Course Championships	DELM-AD
53.29 Y	P	100 Free	3/10/2013	AD Gold Short Course Championships	
1:55.11 Y	F	200 Free	2/14/2013	Section II Championships Large	

Individual Top Times

Time	P/F/S	Event			
Evan Ginsburg (18) M					
1:03.77	Y	P	100 Back	3/10/2013	AD Gold Short Course Championships
1:10.83	Y	P	100 Breast	3/10/2013	AD Gold Short Course Championships
58.64	Y	P	100 Fly	2/14/2013	Section II Championships Large
2:15.55	Y	F	200 IM	12/9/2012	Piranhas December Distance Invite
DELMA-AD					
Madison Giuliani (15) W					
29.96	Y	F	50 Free	3/1/2013	AD Silver Short Course Championships
32.92	L	F	50 Free	7/12/2013	Hawks Summer Invitational 2013
1:05.32	Y	F	100 Free	3/1/2013	AD Silver Short Course Championships
1:15.16	L	F	100 Free	7/12/2013	Hawks Summer Invitational 2013
2:27.62	Y	P	200 Free	1/25/2013	Hawks Trials And Finals 2013
1:16.76	Y	F	100 Back	3/1/2013	AD Silver Short Course Championships
1:31.94	L	F	100 Back	7/12/2013	Hawks Summer Invitational 2013
3:09.55	L	F	200 Back	7/12/2013	Hawks Summer Invitational 2013
1:20.83	Y	F	100 Breast	11/18/2012	Hawk-NDAC-CSD
1:32.71	L	F	100 Breast	7/12/2013	Hawks Summer Invitational 2013
3:25.07	L	F	200 Breast	7/12/2013	Hawks Summer Invitational 2013
33.58	Y	F	50 Fly	11/18/2012	Hawk-NDAC-CSD
1:16.02	Y	F	100 Fly	3/1/2013	AD Silver Short Course Championships
1:31.15	L	F	100 Fly	7/12/2013	Hawks Summer Invitational 2013
2:52.29	Y	F	200 Fly	3/1/2013	AD Silver Short Course Championships
3:03.07	L	F	200 IM	7/12/2013	Hawks Summer Invitational 2013
HAWK-AD					
Natalie Giumarra (11) W					
35.48	S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon
37.56	L	F	50 Free	7/12/2013	Hawks Summer Invitational 2013
1:23.35	L L	F	100 Free	7/12/2013	Hawks Summer Invitational 2013
2:53.33	L	F	200 Free	7/12/2013	Hawks Summer Invitational 2013
40.91	S	F	50 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon
47.13	L	F	50 Back	7/12/2013	Hawks Summer Invitational 2013
45.62	S	F	50 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon
48.05	L	F	50 Breast	7/12/2013	Hawks Summer Invitational 2013
1:40.55	L	F	100 Breast	7/12/2013	Hawks Summer Invitational 2013
44.39	S	F	50 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:28.00	S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon
3:12.81	L	F	200 IM	7/12/2013	Hawks Summer Invitational 2013
GLFY-AD					
Christian Gizara (17) M					
25.04	Y	F	50 Free	11/10/2012	Pilgrims Pride
53.65	Y L	F	100 Free	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS
1:53.24	Y	P	200 Free	3/10/2013	AD Gold Short Course Championships
5:16.61	Y	F	500 Free	1/25/2013	2013 NE ABF Snow Angel Classic
59.64	Y	P	100 Back	3/10/2013	AD Gold Short Course Championships
1:06.89	Y	P	100 Breast	3/10/2013	AD Gold Short Course Championships
2:24.39	Y	F	200 Breast	3/10/2013	AD Gold Short Course Championships
59.55	Y	P	100 Fly	3/10/2013	AD Gold Short Course Championships
4:43.97	Y	F	400 IM	1/12/2013	Chris Goody IMX Challenge
CPP-AD					
Hannah Gizara (13) W					
30.59	Y	F	50 Free	11/17/2012	Harvest Invitational
1:03.04	Y	P	100 Free	3/10/2013	AD Gold Short Course Championships
2:18.46	Y	P	200 Free	3/10/2013	AD Gold Short Course Championships
35.32	Y L	F	50 Back	3/10/2013	AD Gold Short Course Championships
1:11.84	Y	P	100 Back	3/10/2013	AD Gold Short Course Championships
2:32.65	Y	F	200 Back	3/10/2013	AD Gold Short Course Championships
42.67	Y	F	50 Breast	1/4/2013	2013 Starfish Trophy Invitational
1:28.33	Y	F	100 Breast	2/23/2013	Cabin Fever Invitational
32.50	Y	P	50 Fly	3/10/2013	AD Gold Short Course Championships
1:13.73	Y	P	100 IM	3/10/2013	AD Gold Short Course Championships
CPP-AD					
Annalise Gizzi (12) W					
32.41	Y	F	50 Free	3/1/2013	AD Silver Short Course Championships
1:11.91	Y	F	100 Free	3/1/2013	AD Silver Short Course Championships
2:49.68	Y	F	200 Free	10/21/2012	2012 Trick or Treat Meet
BSPA-AD					

Individual Top Times

Time	P/F/S	Event				
Annalise Gizzi (12) W						
7:19.08	Y	F	500	Free	2/23/2013	Cabin Fever Invitational
37.48	Y	F	50	Back	2/23/2013	Cabin Fever Invitational
1:20.91	Y	F	100	Back	2/23/2013	Cabin Fever Invitational
46.34	Y	F	50	Fly	10/21/2012	2012 Trick or Treat Meet
1:27.26	Y	F	100	IM	3/1/2013	AD Silver Short Course Championships
1:27.26	Y	F	100	IM	11/17/2012	Harvest Invitational
3:11.00	Y	F	200	IM	1/12/2013	Chris Goody IMX Challenge
Shannon Gizzi (15) W						
33.05	Y	F	50	Free	10/6/2012	SHENENDEHOWA GIRLS SWIMMING &
1:13.87	Y	F	100	Free	10/21/2012	2012 Trick or Treat Meet
1:31.20	Y	F	100	Back	11/4/2012	Hometown Splashdown
1:35.79	Y	F	100	Breast	11/17/2012	Harvest Invitational
Hannah Gochenaur (13) W						
33.40	Y	F	50	Free	1/27/2013	Thoroughbred Splash 2013
1:16.93	Y	F	100	Free	1/27/2013	Thoroughbred Splash 2013
44.57	Y	F	50	Back	1/4/2013	2013 Starfish Trophy Invitational
47.78	Y	F	50	Breast	2/23/2013	Cabin Fever Invitational
1:27.08	Y	F	100	IM	2/23/2013	Cabin Fever Invitational
3:15.10	Y	F	200	IM	1/27/2013	Thoroughbred Splash 2013
Lydia Godman (12) W						
38.97	Y	F	50	Free	12/2/2012	December Super Splash 2012
1:32.38	Y	F	100	Free	3/1/2013	AD Silver Short Course Championships
46.34	Y	F	50	Back	3/1/2013	AD Silver Short Course Championships
46.34	Y	F	50	Back	2/23/2013	Cabin Fever Invitational
54.16	Y	F	50	Breast	2/23/2013	Cabin Fever Invitational
Aidan Gold (9) M						
55.23	Y	F	50	Free	1/12/2013	Chris Goody Mini-Meet
1:00.06	Y	F	50	Back	1/12/2013	Chris Goody Mini-Meet
Daniel Goldberg (14) M						
28.32	Y	F	50	Free	2/23/2013	Cabin Fever Invitational
1:04.44	Y	F	100	Free	2/3/2013	Delmar Dolphins February Freeze Invitational
2:15.16	Y	F	200	Free	3/1/2013	AD Silver Short Course Championships
6:33.63	Y	F	500	Free	2/3/2013	Delmar Dolphins February Freeze Invitational
1:27.63	Y	F	100	Breast	2/3/2013	Delmar Dolphins February Freeze Invitational
Caelan Gold (14) M						
36.94	Y	F	50	Free	3/1/2013	AD Silver Short Course Championships
1:27.26	Y	F	100	Free	11/10/2012	Pilgrims Pride
48.81	Y	F	50	Back	1/12/2013	Chris Goody Mini-Meet
1:48.20	Y	F	100	Back	11/10/2012	Pilgrims Pride
49.48	Y	F	50	Breast	1/12/2013	Chris Goody Mini-Meet
1:43.12	Y	F	100	Breast	3/1/2013	AD Silver Short Course Championships
1:40.87	Y	F	100	IM	1/12/2013	Chris Goody Mini-Meet
Alison Golden (13) W						
37.22	Y	F	50	Free	1/4/2013	2013 Starfish Trophy Invitational
3:29.07	Y	F	200	Back	1/4/2013	2013 Starfish Trophy Invitational
1:44.38	Y	F	100	Fly	1/4/2013	2013 Starfish Trophy Invitational
Jenna Goldfarb (18) W						
2:14.66	Y	P	200	Free	11/1/2012	Girls Sec II Division I Champ
5:56.50	Y	P	500	Free	11/1/2012	Girls Sec II Division I Champ
Griffin Goldleaf (11) M						
36.38	Y	F	50	Free	1/4/2013	2013 Starfish Trophy Invitational
37.70	L	F	50	Free	7/12/2013	Hawks Summer Invitational 2013
1:26.63	L	F	100	Free	7/12/2013	Hawks Summer Invitational 2013
2:43.33	Y	F	200	Free	1/25/2013	Hawks Trials And Finals 2013
7:44.81	Y	F	500	Free	1/25/2013	Hawks Trials And Finals 2013
24:50.76	L	F	1500	Free	7/12/2013	Hawks Summer Invitational 2013
39.31	Y	P	50	Back	1/25/2013	Hawks Trials And Finals 2013
46.48	L	F	50	Back	7/12/2013	Hawks Summer Invitational 2013
1:22.10	Y	F	100	Back	1/4/2013	2013 Starfish Trophy Invitational

BSPA-AD

UN-AD

WAVE-AD

USAM-AD

SSAC-AD

DELM-AD

SSAC-AD

WAVE-AD

UN-AD

HAWK-AD

Individual Top Times

Time	P/F/S	Event				
Griffin Goldleaf (11) M						
3:23.03	L	F	200	Back	7/12/2013	Hawks Summer Invitational 2013
44.85	Y	P	50	Breast	1/25/2013	Hawks Trials And Finals 2013
1:44.02	Y	P	100	Breast	1/25/2013	Hawks Trials And Finals 2013
1:50.05	L	F	100	Breast	7/12/2013	Hawks Summer Invitational 2013
38.85	Y	F	50	Fly	1/4/2013	2013 Starfish Trophy Invitational
41.83	L	F	50	Fly	7/12/2013	Hawks Summer Invitational 2013
1:27.17	Y	F	100	IM	1/4/2013	2013 Starfish Trophy Invitational
3:17.45	L	F	200	IM	7/12/2013	Hawks Summer Invitational 2013
Peyton Goldleaf (9) W						
18.20	Y	F	25	Free	11/18/2012	Hawk-NDAC-CSD
40.04	Y	F	50	Free	1/4/2013	2013 Starfish Trophy Invitational
43.59	L	F	50	Free	7/12/2013	Hawks Summer Invitational 2013
1:46.12	L	F	100	Free	7/12/2013	Hawks Summer Invitational 2013
8:23.44	Y	F	500	Free	1/25/2013	Hawks Trials And Finals 2013
29:26.62	L	F	1500	Free	7/12/2013	Hawks Summer Invitational 2013
23.21	Y	F	25	Back	10/21/2012	2012 Trick or Treat Meet
47.78	Y	F	50	Back	1/4/2013	2013 Starfish Trophy Invitational
52.40	L	F	50	Back	7/12/2013	Hawks Summer Invitational 2013
1:37.35	Y	F	100	Back	11/10/2012	Pilgrims Pride
23.65	Y	F	25	Breast	11/18/2012	Hawk-NDAC-CSD
50.97	Y	F	50	Breast	1/4/2013	2013 Starfish Trophy Invitational
1:50.96	Y	F	100	Breast	1/4/2013	2013 Starfish Trophy Invitational
2:13.91	L	F	100	Breast	7/12/2013	Hawks Summer Invitational 2013
50.21	Y	F	50	Fly	11/10/2012	Pilgrims Pride
1:00.72	L	F	50	Fly	7/12/2013	Hawks Summer Invitational 2013
1:36.69	Y	F	100	IM	1/25/2013	Hawks Trials And Finals 2013
3:58.19	L	F	200	IM	7/12/2013	Hawks Summer Invitational 2013
Shain Goldman (18) M						
25.79	Y	F	50	Free	1/4/2013	2013 Starfish Trophy Invitational
53.25	Y	P	100	Free	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS
1:52.28	Y	F	200	Free	2/14/2013	Section II Championships Large
5:13.45	Y	F	500	Free	2/14/2013	Section II Championships Large
1:05.92	Y	F	100	Back	1/4/2013	2013 Starfish Trophy Invitational
1:02.08	Y	P	100	Fly	3/10/2013	AD Gold Short Course Championships
2:23.45	Y	F	200	IM	1/4/2013	2013 Starfish Trophy Invitational
Ronan Gold (12) M						
32.12	Y	F	50	Free	3/1/2013	AD Silver Short Course Championships
1:30.15	Y	F	100	Free	11/10/2012	Pilgrims Pride
42.62	Y	F	50	Back	1/12/2013	Chris Goody Mini-Meet
46.11	Y	F	50	Breast	1/12/2013	Chris Goody Mini-Meet
1:27.34	Y	F	100	IM	3/1/2013	AD Silver Short Course Championships
Jenna Gold-Wienk (11) W						
43.01	Y	F	50	Free	2/23/2013	Cabin Fever Invitational
49.50	Y	F	50	Back	2/3/2013	Delmar Dolphins February Freeze Invitational
53.03	Y	F	50	Fly	2/23/2013	Cabin Fever Invitational
Ryan Gonzalez (10) M						
50.37	Y	F	50	Free	2/10/2013	2013 Piranhas Pentathlon
1:54.38	Y	F	100	Free	12/15/2012	Sharks 12&Under Mini-Meet
54.45	Y	F	50	Back	2/10/2013	2013 Piranhas Pentathlon
1:15.64	Y	F	50	Breast	2/10/2013	2013 Piranhas Pentathlon
59.42	Y	F	50	Fly	2/10/2013	2013 Piranhas Pentathlon
Wyatt Goodbread (14) M						
32.31	Y L	F	50	Free	1/27/2013	North Country League Meet
1:11.89	Y	F	100	Free	2/9/2013	North Country YMCA Swim League 2013 Champions
2:38.53	Y	F	200	Free	1/27/2013	North Country League Meet
Haley Goodrich (17) W						
5:27.06	Y	F	500	Free	11/1/2012	Girls Sec II Division I Champ
1:04.14	Y	P	100	Fly	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship
2:18.16	Y	F	200	IM	11/1/2012	Girls Sec II Division I Champ

HAWK-AD

HAWK-AD

ALBS-AD

SSAC-AD

BSPA-AD

CPP-AD

GLOY-AD

UN-AD

Individual Top Times

Time	P/F/S	Event			
Haley Goodrich (17) W					
4:56.49	Y	F	400 IM	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship
Cameron Goodspeed (11) M					
31.22	Y	F	50 Free	2/3/2013	Delmar Dolphins February Freeze Invitational
33.53	S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon
34.31	L	F	50 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational
1:07.73	Y	F	100 Free	3/1/2013	AD Silver Short Course Championships
1:15.47	S	F	100 Free	6/15/2013	Piranhas Summer Kick-Off Meet
1:15.64	L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion
2:28.71	Y	F	200 Free	3/1/2013	AD Silver Short Course Championships
2:44.40	L	P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion
5:56.00	L	F	400 Free	5/17/2013	2013 NI - TTSC LC Meet
6:29.67	Y	F	500 Free	3/10/2013	AD Gold Short Course Championships
35.45	Y	P	50 Back	3/10/2013	AD Gold Short Course Championships
39.39	S	F	50 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon
40.34	L	F	50 Back	7/19/2013	2013 Adirondack Long Course District Champion
1:16.47	Y	P	100 Back	3/10/2013	AD Gold Short Course Championships
1:25.09	L	F	100 Back	7/19/2013	2013 Adirondack Long Course District Champion
2:46.17	Y	F	200 Back	3/10/2013	AD Gold Short Course Championships
3:05.02	L	F	200 Back	7/19/2013	2013 Adirondack Long Course District Champion
41.75	Y	F	50 Breast	2/10/2013	2013 Piranhas Pentathlon
45.46	L	P	50 Breast	7/19/2013	2013 Adirondack Long Course District Champion
46.22	S	F	50 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:46.57	L	F	100 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational
36.26	Y	F	50 Fly	3/1/2013	AD Silver Short Course Championships
40.27	S	F	50 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:35.65	L	P	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion
1:17.86	Y	F	100 IM	3/1/2013	AD Silver Short Course Championships
1:26.23	S	F	100 IM	6/15/2013	Piranhas Summer Kick-Off Meet
2:46.40	Y	F	200 IM	3/1/2013	AD Silver Short Course Championships
3:09.42	L	F	200 IM	6/8/2013	Clinton Cudas Colgate Classic Invitational
Evan Goodspeed (16) M					
24.65	Y	P	50 Free	3/10/2013	AD Gold Short Course Championships
28.18	S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon
28.52	L	F	50 Free	5/17/2013	2013 NI - TTSC LC Meet
52.66	Y	P	100 Free	3/10/2013	AD Gold Short Course Championships
1:01.89	L	F	100 Free	7/19/2013	2013 Adirondack Long Course District Champion
1:54.50	Y	P	200 Free	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS
2:16.18	L	F	200 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational
4:52.05	L	F	400 Free	5/17/2013	2013 NI - TTSC LC Meet
1:08.63	L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion
1:08.90	S	F	100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon
2:05.26	Y	P	200 Back	3/10/2013	AD Gold Short Course Championships
2:26.67	L	P	200 Back	7/19/2013	2013 Adirondack Long Course District Champion
1:07.90	Y	P	100 Breast	3/10/2013	AD Gold Short Course Championships
1:15.10	L	F	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion
1:16.17	S	F	100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon
2:39.28	L	P	200 Breast	7/19/2013	2013 Adirondack Long Course District Champion
1:02.81	Y	F	100 Fly	1/4/2013	2013 Starfish Trophy Invitational
1:08.33	S	F	100 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:10.08	L	F	100 Fly	5/17/2013	2013 NI - TTSC LC Meet
1:09.02	S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon
2:06.99	Y	F	200 IM	3/10/2013	AD Gold Short Course Championships
2:25.88	L	P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion
4:34.94	Y	P	400 IM	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS
5:06.30	L	F	400 IM	7/19/2013	2013 Adirondack Long Course District Champion
Luke Goodspeed (7) M					
30.60	Y	F	25 Free	3/1/2013	AD Silver Short Course Championships
35.19	S	F	25 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:13.99	S	F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet
1:15.78	Y	F	50 Free	2/3/2013	Delmar Dolphins February Freeze Invitational

UN-AD

ALBS-AD

ALBS-AD

ALBS-AD

Individual Top Times

Time	P/F/S	Event			
Luke Goodspeed (7) M			ALBS-AD		
35.32 Y	F	25 Back	3/1/2013	AD Silver Short Course Championships	
38.49 S	F	25 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:25.53 Y	F	50 Back	3/1/2013	AD Silver Short Course Championships	
1:40.55 S	F	50 Back	6/15/2013	Piranhas Summer Kick-Off Meet	
Dillon Goodwill (7) M			CPP-AD		
21.55 Y	F	25 Free	3/1/2013	AD Silver Short Course Championships	
46.33 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	
54.01 S	F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
2:16.67 S	F	100 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
27.71 Y	F	25 Back	12/15/2012	Sharks 12&Under Mini-Meet	
1:07.22 S	F	50 Back	6/15/2013	Piranhas Summer Kick-Off Meet	
25.89 Y	F	25 Breast	3/1/2013	AD Silver Short Course Championships	
1:04.29 S	F	50 Breast	6/15/2013	Piranhas Summer Kick-Off Meet	
Trevor Goodwill (6) M			CPP-AD		
30.09 Y	F	25 Free	12/15/2012	Sharks 12&Under Mini-Meet	
1:11.29 S	F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
38.31 Y	F	25 Back	12/15/2012	Sharks 12&Under Mini-Meet	
Jessica Gordon (11) W			ALBS-AD		
30.93 Y	F	50 Free	1/27/2013	Thoroughbred Splash 2013	
33.35 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:07.24 Y	F	100 Free	1/27/2013	Thoroughbred Splash 2013	
1:12.60 L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:30.57 Y	F	200 Free	1/27/2013	Thoroughbred Splash 2013	
2:40.65 L	P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
6:20.98 Y	F	500 Free	3/10/2013	AD Gold Short Course Championships	
33.84 Y	P	50 Back	3/10/2013	AD Gold Short Course Championships	
36.90 S	F	50 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
38.49 L	F	50 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:14.00 Y	P	100 Back	3/10/2013	AD Gold Short Course Championships	
1:22.71 L	F	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
2:33.70 Y	F	200 Back	3/10/2013	AD Gold Short Course Championships	
3:01.22 L	F	200 Back	7/19/2013	2013 Adirondack Long Course District Champion	
38.85 Y	F	50 Breast	3/10/2013	AD Gold Short Course Championships	
42.15 L	P	50 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
42.64 S	F	50 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:21.97 Y	F	100 Breast	3/10/2013	AD Gold Short Course Championships	
1:31.48 L	F	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
3:15.13 L	F	200 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
34.43 Y	F	50 Fly	1/27/2013	Thoroughbred Splash 2013	
39.09 S	F	50 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
39.29 L	F	50 Fly	6/22/2013	2013 NI - Niagara Super Circuit Ithaca	
1:21.00 Y	F	100 Fly	2/23/2013	Cabin Fever Invitational	
1:13.71 Y	P	100 IM	3/10/2013	AD Gold Short Course Championships	
2:36.81 Y	P	200 IM	3/10/2013	AD Gold Short Course Championships	
2:56.22 L	P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
Luther Gordon (15) M			ALBS-AD		
22.68 Y	F	50 Free	3/10/2013	AD Gold Short Course Championships	
26.30 L	P	50 Free	7/12/2013	2013 NI - Niagara Long Course Classic	
26.43 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
49.27 Y	F	100 Free	3/28/2013	2013 Eastern Zone SC Swimming Championships	
57.19 L	F	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:47.11 Y	F	200 Free	3/28/2013	2013 Eastern Zone SC Swimming Championships	
2:04.74 L	F	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
4:57.42 Y	F	500 Free	3/10/2013	AD Gold Short Course Championships	
56.21 Y	F	100 Back	3/10/2013	AD Gold Short Course Championships	
1:04.67 S	F	100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:06.34 L	F	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
2:01.64 Y	F	200 Back	3/10/2013	AD Gold Short Course Championships	
2:27.26 L	P	200 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:00.25 Y	F	100 Breast	2/14/2013	Section II Championships Large	

Individual Top Times

Time	P/F/S	Event			
Luther Gordon (15) M			ALBS-AD		
1:11.16 L	F	100 Breast	7/12/2013	2013 NI - Niagara Long Course Classic	
1:13.44 S	F	100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:40.26 L	F	200 Breast	7/12/2013	2013 NI - Niagara Long Course Classic	
55.98 Y	F	100 Fly	3/10/2013	AD Gold Short Course Championships	
1:05.00 S	F	100 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:06.73 L	F	100 Fly	6/22/2013	2013 NI - Niagara Super Circuit Ithaca	
1:05.97 S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:58.76 Y	F	200 IM	2/14/2013	Section II Championships Large	
2:20.39 L	F	200 IM	7/12/2013	2013 NI - Niagara Long Course Classic	
4:27.34 Y	F	400 IM	12/9/2012	Piranhas December Distance Invite	
Ryan Gordon (17) M			UN-AD		
21.11 Y	F	50 Free	3/1/2013	2013 NI - OB - NYS Federation	
24.60 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
24.69 L L	F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
46.39 Y	F	100 Free	3/10/2013	AD Gold Short Course Championships	
54.11 L	F	100 Free	3/21/2013	2013 NI - EZ North Region Speedo Ch	
1:58.48 L	F	200 Free	3/21/2013	2013 NI - EZ North Region Speedo Ch	
4:53.01 Y	F	500 Free	10/21/2012	2012 Trick or Treat Meet	
23.34 Y	F	50 Back	3/1/2013	2013 NI - OB - NYS Federation	
27.41 L	F	50 Back	3/21/2013	2013 NI - EZ North Region Speedo Ch	
49.40 Y	F	100 Back	3/1/2013	2013 NI - OB - NYS Federation	
58.14 L	F	100 Back	7/12/2013	2013 NI - Niagara Long Course Classic	
58.74 S	F	100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:47.30 Y	P	200 Back	12/6/2012	2012 Speedo Winter Jun Nationals	
2:07.09 L	F	200 Back	3/21/2013	2013 NI - EZ North Region Speedo Ch	
1:04.26 Y	F	100 Breast	11/10/2012	Pilgrims Pride	
1:09.76 S	F	100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:14.96 L	F	100 Breast	6/22/2013	2013 NI - Niagara Super Circuit Ithaca	
2:16.47 Y	F	200 Breast	1/4/2013	2013 Starfish Trophy Invitational	
2:41.06 L	F	200 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational	
53.72 Y	F	100 Fly	1/4/2013	2013 Starfish Trophy Invitational	
59.30 L	F	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
59.72 S	F	100 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:00.87 S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:49.89 Y	F	200 IM	3/1/2013	2013 NI - OB - NYS Federation	
2:10.43 L	F	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
William Gordon (17) M			WAVE-AD		
28.41 Y	F	50 Free	2/23/2013	Cabin Fever Invitational	
1:12.59 Y	F	100 Back	2/23/2013	Cabin Fever Invitational	
Hayley Gorman (13) W			ALBS-AD		
30.61 Y	F	50 Free	1/4/2013	2013 Starfish Trophy Invitational	
1:09.50 Y	F	100 Free	1/4/2013	2013 Starfish Trophy Invitational	
2:32.52 Y	F	200 Free	1/4/2013	2013 Starfish Trophy Invitational	
1:18.26 Y	F	100 Back	1/4/2013	2013 Starfish Trophy Invitational	
2:53.51 Y	F	200 Back	1/4/2013	2013 Starfish Trophy Invitational	
1:39.51 Y	F	100 Breast	1/4/2013	2013 Starfish Trophy Invitational	
3:35.23 Y	F	200 Breast	1/4/2013	2013 Starfish Trophy Invitational	
1:16.02 Y	F	100 Fly	1/4/2013	2013 Starfish Trophy Invitational	
2:50.62 Y	F	200 IM	1/4/2013	2013 Starfish Trophy Invitational	
Camille Gossin (14) W			CLIN-AD		
30.47 Y	F	50 Free	1/4/2013	2013 Starfish Trophy Invitational	
33.16 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:05.43 Y	F	100 Free	1/12/2013	Canajoharie Developmental Meet	
1:13.39 L	F	100 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
2:16.87 Y	F	200 Free	11/1/2012	2012 NI - Ob - Section 3 Class A-B-C Champs 2	
2:37.05 L	F	200 Free	7/6/2013	Sharks Summer Invite	
5:30.19 L	F	400 Free	7/19/2013	2013 Adirondack Long Course District Champion	
6:04.68 Y	F	500 Free	11/1/2012	2012 NI - Ob - Section 3 Class A-B-C Champs 2	
1:16.11 Y	F	100 Back	1/12/2013	Canajoharie Developmental Meet	
1:26.17 L	F	100 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	

Individual Top Times

Time	P/F/S	Event			
Camille Gossin (14) W					
2:36.19	Y	F	200	Back	12/9/2012 Piranhas December Distance Invite
3:02.34	L	P	200	Back	7/19/2013 2013 Adirondack Long Course District Champion
1:38.75	Y	F	100	Breast	1/12/2013 Canajoharie Developmental Meet
1:51.07	L	F	100	Breast	7/6/2013 Sharks Summer Invite
1:23.16	Y	F	100	Fly	1/4/2013 2013 Starfish Trophy Invitational
2:42.31	Y	F	200	IM	12/9/2012 Piranhas December Distance Invite
3:08.11	L	F	200	IM	6/8/2013 Clinton Cudas Colgate Classic Invitational
Emma Grabek (18) W					
28.66	Y	F	50	Free	3/1/2013 AD Silver Short Course Championships
1:01.87	Y	P	100	Free	11/1/2012 Girls Sec II Division I Champ
1:08.20	Y	P	100	Back	3/10/2013 AD Gold Short Course Championships
2:27.95	Y	P	200	Back	3/10/2013 AD Gold Short Course Championships
1:24.46	Y	F	100	Breast	2/3/2013 Delmar Dolphins February Freeze Invitational
3:07.56	Y	F	200	Breast	3/1/2013 AD Silver Short Course Championships
2:37.30	Y	F	200	IM	10/6/2012 SHENENDEHOWA GIRLS SWIMMING &
Caroline Grabowski (11) W					
36.11	Y	F	50	Free	1/27/2013 Thoroughbred Splash 2013
2:42.33	Y	F	200	Free	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
40.27	Y	F	50	Back	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
41.57	Y	F	50	Fly	2/23/2013 Cabin Fever Invitational
1:31.00	Y	F	100	IM	1/27/2013 Thoroughbred Splash 2013
Kathryn Grabowski (13) W					
28.94	Y	F	50	Free	2/9/2013 North Country YMCA Swim League 2013 Champions
1:03.41	Y	F	100	Free	2/23/2013 Cabin Fever Invitational
2:17.47	Y	F	200	Free	2/23/2013 Cabin Fever Invitational
7:02.38	Y	F	500	Free	11/17/2012 Harvest Invitational
32.96	Y	F	50	Back	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
1:08.71	Y	P	100	Back	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
Emma Gras (12) W					
44.42	Y	F	50	Free	1/20/2013 Foothills Inv
1:46.46	Y	F	100	Free	1/20/2013 Foothills Inv
4:17.72	Y	F	200	Free	1/26/2013 Central Valley Swim Meet Quad Meet
11:30.97	Y	F	500	Free	12/15/2012 Central Valley Swim League Quad Meet
58.31	Y	F	50	Back	12/2/2012 December Super Splash 2012
2:21.17	Y	F	100	Back	12/15/2012 Central Valley Swim League Quad Meet
1:13.75	Y	F	50	Breast	2/23/2013 Cabin Fever Invitational
Allen Graulich (13) M					
46.42	Y	F	50	Free	11/10/2012 CVSL First Splash
1:54.40	Y	F	100	Free	11/10/2012 CVSL First Splash
54.92	Y	F	50	Back	12/1/2012 Central Valley Swim League Quad Meet
Joseph Gravino (12) M					
29.14	Y	F	50	Free	11/10/2012 Pilgrims Pride
1:03.13	Y	P	100	Free	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
2:18.10	Y	P	200	Free	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
6:55.53	Y	F	500	Free	10/27/2012 IM-Xtremely Spooked
35.49	Y	F	50	Back	2/3/2013 Delmar Dolphins February Freeze Invitational
1:22.97	Y	F	100	Back	10/27/2012 IM-Xtremely Spooked
40.82	Y	F	50	Breast	1/4/2013 2013 Starfish Trophy Invitational
1:33.09	Y	F	100	Breast	10/27/2012 IM-Xtremely Spooked
32.68	Y	P	50	Fly	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
1:22.33	Y	F	100	Fly	10/27/2012 IM-Xtremely Spooked
1:19.17	Y	F	100	IM	1/4/2013 2013 Starfish Trophy Invitational
2:54.35	Y	F	200	IM	1/4/2013 2013 Starfish Trophy Invitational
Alayna Gray (9) W					
31.45	Y	F	50	Free	1/4/2013 2013 Starfish Trophy Invitational
33.99	L	F	50	Free	7/19/2013 2013 Adirondack Long Course District Champion
1:10.30	Y	F	100	Free	1/4/2013 2013 Starfish Trophy Invitational
1:16.25	L	F	100	Free	7/19/2013 2013 Adirondack Long Course District Champion
2:36.69	Y	F	200	Free	1/27/2013 North Country League Meet

CLIN-AD

DELM-AD

SARY-AD

SARY-AD

AMST-AD

SVP-AD

GUY-AD

GLOY-AD

Individual Top Times

Time	P/F/S	Event			
Alayna Gray (9) W UN-AD					
2:50.05 L	F	200 Free	7/6/2013	Sharks Summer Invite	
5:47.62 L	F	400 Free	7/6/2013	Sharks Summer Invite	
37.06 Y	F	50 Back	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
40.52 L	F	50 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:23.46 L	F	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
43.17 Y	F	50 Breast	12/15/2012	Sharks 12&Under Mini-Meet	
46.41 L	F	50 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
40.43 Y	F	50 Fly	1/20/2013	Foothills Inv	
1:47.87 L	F	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:18.24 Y	F	100 IM	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
3:09.64 L	F	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
Sarah Gray (12) W GRGF-AD					
59.96 Y	F	50 Free	2/23/2013	Cabin Fever Invitational	
1:12.61 Y	F	50 Back	2/23/2013	Cabin Fever Invitational	
1:23.63 Y	F	50 Breast	2/23/2013	Cabin Fever Invitational	
Daniel Greene (14) M USAM-AD					
30.63 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	
1:08.49 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
2:28.51 Y	F	200 Free	3/1/2013	AD Silver Short Course Championships	
6:27.42 Y	F	500 Free	3/9/2013	Eastern States League Championships 2013	
1:21.16 Y	F	100 Back	3/9/2013	Eastern States League Championships 2013	
2:56.73 Y	F	200 Back	1/12/2013	Chris Goody IMX Challenge	
1:38.41 Y	F	100 Breast	3/1/2013	AD Silver Short Course Championships	
3:32.31 Y	F	200 Breast	1/4/2013	2013 Starfish Trophy Invitational	
3:06.50 Y	F	200 IM	1/4/2013	2013 Starfish Trophy Invitational	
Joy Greene (12) W GLFY-AD					
37.18 Y	F	50 Free	2/9/2013	North Country YMCA Swim League 2013 Champions	
43.03 Y	F	50 Breast	2/9/2013	North Country YMCA Swim League 2013 Champions	
Nathan Greene (10) M USAM-AD					
35.82 Y	F	50 Free	3/9/2013	Eastern States League Championships 2013	
1:17.68 Y	F	100 Free	3/10/2013	AD Gold Short Course Championships	
46.10 Y L	F	25 Back	1/4/2013	2013 Starfish Trophy Invitational	
47.34 Y L	F	50 Back	3/9/2013	Eastern States League Championships 2013	
56.74 Y	F	50 Breast	3/1/2013	AD Silver Short Course Championships	
1:45.96 Y	F	100 IM	1/12/2013	Chris Goody Mini-Meet	
John Gregory (5) M SCHE-AD					
30.74 Y	F	25 Free	1/12/2013	Chris Goody Mini-Meet	
34.88 Y	F	25 Back	1/12/2013	Chris Goody Mini-Meet	
Margaret Gregory (15) W SCHE-AD					
27.44 Y	P	50 Free	3/10/2013	AD Gold Short Course Championships	
31.86 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
59.02 Y	P	100 Free	3/10/2013	AD Gold Short Course Championships	
1:07.84 L L	F	100 Free	7/6/2013	Sharks Summer Invite	
2:05.70 Y	P	200 Free	3/10/2013	AD Gold Short Course Championships	
2:22.57 L	P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
5:05.26 L	F	400 Free	7/19/2013	2013 Adirondack Long Course District Champion	
5:30.70 Y	F	500 Free	3/10/2013	AD Gold Short Course Championships	
19:03.66 Y	F	1650 Free	12/6/2012	2012 NE NSSC MIT Invite	
1:23.96 L L	F	50 Back	7/6/2013	Sharks Summer Invite	
1:11.20 Y	F	100 Back	11/17/2012	Harvest Invitational	
1:20.18 L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
2:22.66 Y	P	200 Back	3/10/2013	AD Gold Short Course Championships	
2:46.90 L	P	200 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:22.44 Y	F	100 Breast	3/1/2013	AD Silver Short Course Championships	
3:02.03 Y	F	200 Breast	1/12/2013	Chris Goody IMX Challenge	
1:11.22 Y	F	100 Fly	3/1/2013	AD Silver Short Course Championships	
2:32.81 Y	P	200 Fly	3/10/2013	AD Gold Short Course Championships	
2:31.63 Y	F	200 IM	10/21/2012	2012 Trick or Treat Meet	
2:46.65 L	P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	

Individual Top Times

Time	P/F/S	Event			
Margaret Gregory (15) W					
5:01.98	Y	F	400	IM	3/10/2013 AD Gold Short Course Championships
Mark Gregory (11) M					
31.34	Y	F	50	Free	2/10/2013 2013 Piranhas Pentathlon
31.34	Y	F	50	Free	1/27/2013 Thoroughbred Splash 2013
34.01	L	L	50	Free	7/19/2013 2013 Adirondack Long Course District Champion
1:06.95	Y	F	100	Free	12/15/2012 Sharks 12&Under Mini-Meet
1:14.90	L	F	100	Free	6/1/2013 2013 NE MTSC June 1st Meet
1:14.90	L	F	100	Free	6/1/2013 2013 NE MTSC June 1st Meet
2:25.95	Y	F	200	Free	1/12/2013 Chris Goody IMX Challenge
2:34.92	L	P	200	Free	7/19/2013 2013 Adirondack Long Course District Champion
5:26.28	L	F	400	Free	7/19/2013 2013 Adirondack Long Course District Champion
6:08.82	Y	F	500	Free	2/23/2013 Cabin Fever Invitational
37.23	Y	F	50	Back	2/10/2013 2013 Piranhas Pentathlon
40.66	L	F	50	Back	6/1/2013 2013 NE MTSC June 1st Meet
40.66	L	F	50	Back	6/1/2013 2013 NE MTSC June 1st Meet
1:18.55	Y	F	100	Back	1/12/2013 Chris Goody IMX Challenge
1:29.06	L	P	100	Back	7/19/2013 2013 Adirondack Long Course District Champion
42.84	Y	F	50	Breast	1/27/2013 Thoroughbred Splash 2013
47.50	L	F	50	Breast	6/1/2013 2013 NE MTSC June 1st Meet
47.50	L	F	50	Breast	6/1/2013 2013 NE MTSC June 1st Meet
1:36.57	Y	F	100	Breast	1/12/2013 Chris Goody IMX Challenge
33.66	Y	F	50	Fly	2/10/2013 2013 Piranhas Pentathlon
37.16	L	F	50	Fly	7/19/2013 2013 Adirondack Long Course District Champion
1:14.90	Y	F	100	Fly	1/12/2013 Chris Goody IMX Challenge
1:24.22	L	F	100	Fly	6/1/2013 2013 NE MTSC June 1st Meet
1:24.22	L	F	100	Fly	6/1/2013 2013 NE MTSC June 1st Meet
3:02.28	L	F	200	Fly	7/19/2013 2013 Adirondack Long Course District Champion
1:16.36	Y	F	100	IM	1/27/2013 Thoroughbred Splash 2013
2:45.01	Y	F	200	IM	1/12/2013 Chris Goody IMX Challenge
3:02.19	L	P	200	IM	7/19/2013 2013 Adirondack Long Course District Champion
Michael Gregory (17) M					
26.11	Y	P	50	Free	2/15/2013 AD 2013 REGION 1 CHAMPIONSHIPS
28.85	L	F	50	Free	6/1/2013 2013 NE MTSC June 1st Meet
28.85	L	F	50	Free	6/1/2013 2013 NE MTSC June 1st Meet
1:02.59	L	P	100	Free	7/19/2013 2013 Adirondack Long Course District Champion
2:14.60	L	P	200	Free	7/19/2013 2013 Adirondack Long Course District Champion
4:43.08	L	F	400	Free	7/19/2013 2013 Adirondack Long Course District Champion
1:08.09	Y	F	100	Back	11/17/2012 Harvest Invitational
2:16.63	Y	P	200	Back	3/10/2013 AD Gold Short Course Championships
2:32.80	L	F	200	Back	6/1/2013 2013 NE MTSC June 1st Meet
2:32.80	L	F	200	Back	6/1/2013 2013 NE MTSC June 1st Meet
1:20.08	L	P	100	Breast	7/19/2013 2013 Adirondack Long Course District Champion
2:29.41	Y	P	200	Breast	3/10/2013 AD Gold Short Course Championships
2:50.85	L	P	200	Breast	7/19/2013 2013 Adirondack Long Course District Champion
32.94	L	F	50	Fly	6/1/2013 2013 NE MTSC June 1st Meet
32.94	L	F	50	Fly	6/1/2013 2013 NE MTSC June 1st Meet
1:06.15	Y	F	100	Fly	1/27/2013 Thoroughbred Splash 2013
2:15.59	Y	F	200	Fly	3/10/2013 AD Gold Short Course Championships
2:15.41	Y	P	200	IM	3/10/2013 AD Gold Short Course Championships
2:30.52	L	P	200	IM	7/19/2013 2013 Adirondack Long Course District Champion
Dominick Greico (10) M					
45.37	Y	F	50	Free	3/1/2013 AD Silver Short Course Championships
47.41	L	F	50	Free	6/8/2013 Clinton Cudas Colgate Classic Invitational
1:50.69	L	F	100	Free	7/19/2013 2013 Adirondack Long Course District Champion
1:08.34	Y	F	50	Back	2/3/2013 Delmar Dolphins February Freeze Invitational
1:09.24	L	F	50	Back	6/8/2013 Clinton Cudas Colgate Classic Invitational
Marco Greico (12) M					
32.77	Y	F	50	Free	3/1/2013 AD Silver Short Course Championships
32.77	Y	F	50	Free	2/3/2013 Delmar Dolphins February Freeze Invitational
35.42	L	F	50	Free	6/8/2013 Clinton Cudas Colgate Classic Invitational

Individual Top Times

Time	P/F/S	Event			
Marco Greico (12) M			CLIN-AD		
1:12.71 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
1:20.44 L	F	100 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
2:44.42 Y	F	200 Free	3/1/2013	AD Silver Short Course Championships	
6:34.88 L	F	400 Free	7/6/2013	Sharks Summer Invite	
7:11.32 Y	F	500 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
39.34 Y	F	50 Back	1/12/2013	Canajoharie Developmental Meet	
42.56 L	P	50 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:23.66 Y	F	100 Back	1/4/2013	2013 Starfish Trophy Invitational	
1:33.47 L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
44.65 Y	F	50 Breast	3/1/2013	AD Silver Short Course Championships	
48.04 L	P	50 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
1:35.79 Y	F	100 Breast	3/1/2013	AD Silver Short Course Championships	
1:43.62 L	F	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
3:23.99 Y	F	200 Breast	3/1/2013	AD Silver Short Course Championships	
42.90 Y	F	50 Fly	1/12/2013	Canajoharie Developmental Meet	
46.21 L	P	50 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:44.97 L	F	100 Fly	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:24.48 Y	F	100 IM	3/1/2013	AD Silver Short Course Championships	
2:59.20 Y	F	200 IM	3/1/2013	AD Silver Short Course Championships	
3:20.53 L	F	200 IM	6/8/2013	Clinton Cudas Colgate Classic Invitational	
Lindsey Griffith (14) W			SCHE-AD		
28.32 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	
1:04.69 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
33.92 Y L	F	50 Back	3/1/2013	AD Silver Short Course Championships	
1:14.07 Y	F	100 Back	3/1/2013	AD Silver Short Course Championships	
1:29.14 Y	F	100 Breast	3/1/2013	AD Silver Short Course Championships	
Alayna Griffiths (14) W			ALBS-AD		
33.18 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	
1:15.24 Y	F	100 Free	1/4/2013	2013 Starfish Trophy Invitational	
1:20.28 Y	F	100 Back	1/27/2013	Thoroughbred Splash 2013	
2:55.28 Y	F	200 Back	1/4/2013	2013 Starfish Trophy Invitational	
1:31.69 Y	F	100 Breast	3/1/2013	AD Silver Short Course Championships	
3:14.93 Y	F	200 Breast	3/1/2013	AD Silver Short Course Championships	
3:01.88 Y	F	200 IM	12/2/2012	December Super Splash 2012	
Delilah Griger (12) W			CLRK-AD		
30.60 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	
36.08 L	F	50 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:08.28 Y	P	100 Free	3/10/2013	AD Gold Short Course Championships	
1:21.85 L	F	100 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
2:30.60 Y	F	200 Free	3/1/2013	AD Silver Short Course Championships	
6:37.76 Y	F	500 Free	3/10/2013	AD Gold Short Course Championships	
39.00 Y	F	50 Back	1/4/2013	2013 Starfish Trophy Invitational	
44.47 L	F	50 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:20.44 Y	F	100 Back	3/1/2013	AD Silver Short Course Championships	
43.10 Y	F	50 Breast	3/1/2013	AD Silver Short Course Championships	
51.21 L	F	50 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:30.22 Y	P	100 Breast	3/10/2013	AD Gold Short Course Championships	
1:44.86 L	F	100 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational	
35.31 Y	P	50 Fly	3/10/2013	AD Gold Short Course Championships	
41.07 L	F	50 Fly	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:24.21 Y	F	100 Fly	3/1/2013	AD Silver Short Course Championships	
1:20.70 Y	F	100 IM	3/1/2013	AD Silver Short Course Championships	
2:46.72 Y	F	200 IM	3/1/2013	AD Silver Short Course Championships	
Eden Griger (16) W			CLRK-AD		
27.28 Y	F	50 Free	1/4/2013	2013 Starfish Trophy Invitational	
59.34 Y	P	100 Free	3/10/2013	AD Gold Short Course Championships	
2:12.39 Y	F	200 Free	1/26/2013	Central Valley Swim Meet Quad Meet	
5:39.95 Y	F	500 Free	3/10/2013	AD Gold Short Course Championships	
20:05.28 Y	F	1650 Free	12/9/2012	Piranhas December Distance Invite	
1:07.02 Y	P	100 Back	3/10/2013	AD Gold Short Course Championships	

Individual Top Times

Time	P/F/S	Event				
Eden Griger (16) W						
2:22.99	Y	F	200	Back	1/4/2013	2013 Starfish Trophy Invitational
1:24.35	Y	F	100	Breast	2/3/2013	Delmar Dolphins February Freeze Invitational
1:04.59	Y	P	100	Fly	3/10/2013	AD Gold Short Course Championships
2:24.13	Y	F	200	IM	11/3/2012	2012 NI - Ob - Section 3 Girls State Qualifie
5:05.48	Y	F	400	IM	3/10/2013	AD Gold Short Course Championships
Tessa Griger (15) W						
28.87	Y	F	50	Free	1/4/2013	2013 Starfish Trophy Invitational
1:01.76	Y	F	100	Free	3/1/2013	AD Silver Short Course Championships
2:24.08	Y	F	200	Free	1/26/2013	Central Valley Swim Meet Quad Meet
6:09.94	Y	F	500	Free	2/3/2013	Delmar Dolphins February Freeze Invitational
21:58.60	Y	F	1650	Free	12/9/2012	Piranhas December Distance Invite
32.95	Y L	F	50	Back	1/4/2013	2013 Starfish Trophy Invitational
1:08.40	Y	P	100	Back	3/10/2013	AD Gold Short Course Championships
2:29.15	Y	F	200	Back	1/4/2013	2013 Starfish Trophy Invitational
1:32.33	Y	F	100	Breast	11/10/2012	CVSL First Splash
1:05.89	Y	P	100	Fly	3/10/2013	AD Gold Short Course Championships
2:37.28	Y	P	200	Fly	3/10/2013	AD Gold Short Course Championships
2:34.82	Y	F	200	IM	3/1/2013	AD Silver Short Course Championships
5:36.64	Y	F	400	IM	12/15/2012	Central Valley Swim League Quad Meet
Devin Gritman (18) M						
30.88	Y	F	50	Free	1/4/2013	2013 Starfish Trophy Invitational
1:06.36	Y	F	100	Free	1/4/2013	2013 Starfish Trophy Invitational
2:29.11	Y	P	200	Free	1/25/2013	Hawks Trials And Finals 2013
6:53.86	Y	F	500	Free	10/21/2012	2012 Trick or Treat Meet
1:14.63	Y	F	100	Back	1/4/2013	2013 Starfish Trophy Invitational
2:43.80	Y	F	200	Back	1/4/2013	2013 Starfish Trophy Invitational
1:22.73	Y	F	100	Breast	1/4/2013	2013 Starfish Trophy Invitational
2:58.95	Y	F	200	Breast	1/4/2013	2013 Starfish Trophy Invitational
1:25.32	Y	F	100	Fly	1/4/2013	2013 Starfish Trophy Invitational
2:45.26	Y	F	200	IM	1/4/2013	2013 Starfish Trophy Invitational
Dustin Gritman (16) M						
25.71	Y	F	50	Free	3/1/2013	AD Silver Short Course Championships
56.35	Y	F	100	Free	3/1/2013	AD Silver Short Course Championships
2:04.68	Y	P	200	Free	1/25/2013	Hawks Trials And Finals 2013
5:39.49	Y	F	500	Free	3/1/2013	AD Silver Short Course Championships
1:08.39	Y	P	100	Back	1/25/2013	Hawks Trials And Finals 2013
2:27.90	Y	F	200	Back	1/25/2013	Hawks Trials And Finals 2013
1:14.06	Y	P	100	Breast	1/25/2013	Hawks Trials And Finals 2013
2:46.82	Y	F	200	Breast	1/4/2013	2013 Starfish Trophy Invitational
1:12.08	Y	F	100	Fly	1/4/2013	2013 Starfish Trophy Invitational
2:47.81	Y	F	200	Fly	1/4/2013	2013 Starfish Trophy Invitational
2:26.41	Y	F	200	IM	3/1/2013	AD Silver Short Course Championships
Leah Grzyboski (14) W						
30.19	Y	F	50	Free	1/4/2013	2013 Starfish Trophy Invitational
1:07.52	Y	F	100	Free	2/3/2013	Delmar Dolphins February Freeze Invitational
1:19.88	Y	F	100	Back	1/4/2013	2013 Starfish Trophy Invitational
2:54.18	Y	F	200	Back	1/4/2013	2013 Starfish Trophy Invitational
1:32.53	Y	F	100	Breast	10/21/2012	2012 Trick or Treat Meet
3:18.43	Y	F	200	Breast	1/4/2013	2013 Starfish Trophy Invitational
1:25.75	Y	F	100	Fly	2/10/2013	2013 Piranhas Pentathlon
2:51.73	Y	F	200	IM	12/9/2012	Piranhas December Distance Invite
Jack Guarneri (17) M						
23.90	Y	F	50	Free	2/14/2013	Section II Championships Large
52.61	Y	P	100	Free	2/14/2013	Section II Championships Large
5:50.43	Y	F	500	Free	10/21/2012	2012 Trick or Treat Meet
2:26.16	Y	F	200	Back	10/27/2012	IM-Xtremely Spooked
2:48.34	Y	F	200	Breast	10/27/2012	IM-Xtremely Spooked
2:35.65	Y	F	200	Fly	10/27/2012	IM-Xtremely Spooked
2:20.18	Y	F	200	IM	10/21/2012	2012 Trick or Treat Meet

CLRK-AD

CLRK-AD

HAWK-AD

HAWK-AD

CPP-AD

UN-AD

Individual Top Times

Time	P/F/S	Event			
Jack Guarneri (17) M					
5:14.07	Y	F	400	IM	10/27/2012 IM-Xtremely Spooked
Emily Gulitti (17) W					
27.97	Y	P	50	Free	12/6/2012 2012 NE NSSC MIT Invite
1:02.13	Y	P	100	Free	12/6/2012 2012 NE NSSC MIT Invite
2:12.08	Y	P	200	Free	1/25/2013 Hawks Trials And Finals 2013
22:27.16	L	F	1500	Free	7/12/2013 Hawks Summer Invitational 2013
1:06.13	Y	P	100	Back	11/3/2012 2012 MR OB Section 9 Girls Championships
1:23.38	L	F	100	Back	7/12/2013 Hawks Summer Invitational 2013
2:25.18	Y	F	200	Back	1/25/2013 Hawks Trials And Finals 2013
1:18.62	Y	P	100	Breast	1/25/2013 Hawks Trials And Finals 2013
1:37.29	L	F	100	Breast	7/12/2013 Hawks Summer Invitational 2013
2:53.28	Y	F	200	Breast	1/4/2013 2013 Starfish Trophy Invitational
3:28.15	L	F	200	Breast	7/12/2013 Hawks Summer Invitational 2013
1:08.65	Y	F	100	Fly	1/25/2013 Hawks Trials And Finals 2013
1:28.91	L	F	100	Fly	7/12/2013 Hawks Summer Invitational 2013
2:25.34	Y	F	200	IM	11/3/2012 2012 MR OB Section 9 Girls Championships
6:36.80	L	F	400	IM	7/12/2013 Hawks Summer Invitational 2013
Nicholas Gulitti (17) M					
24.47	Y	P	50	Free	12/6/2012 2012 NE NSSC MIT Invite
27.82	L	F	50	Free	7/12/2013 Hawks Summer Invitational 2013
52.55	Y	F	100	Free	1/25/2013 Hawks Trials And Finals 2013
1:01.96	L	F	100	Free	7/12/2013 Hawks Summer Invitational 2013
5:37.86	Y	F	500	Free	1/4/2013 2013 Starfish Trophy Invitational
57.47	Y	F	100	Back	3/10/2013 AD Gold Short Course Championships
2:03.05	Y	F	200	Back	12/6/2012 2012 NE NSSC MIT Invite
2:33.57	L	F	200	Back	7/12/2013 Hawks Summer Invitational 2013
1:02.87	Y	F	100	Breast	3/10/2013 AD Gold Short Course Championships
1:18.22	L	F	100	Breast	7/12/2013 Hawks Summer Invitational 2013
2:29.17	Y	P	200	Breast	3/10/2013 AD Gold Short Course Championships
57.01	Y	F	100	Fly	3/10/2013 AD Gold Short Course Championships
2:07.41	Y	F	200	IM	1/25/2013 Hawks Trials And Finals 2013
2:31.16	L	F	200	IM	7/12/2013 Hawks Summer Invitational 2013
4:45.26	Y	P	400	IM	12/6/2012 2012 NE NSSC MIT Invite
5:51.79	L	F	400	IM	7/12/2013 Hawks Summer Invitational 2013
Sabrina Gumphier (13) W					
31.30	Y	F	50	Free	2/10/2013 2013 Piranhas Pentathlon
33.44	S	F	50	Free	6/2/2013 2013 Starfish Meter Madness - Pentathlon
34.26	L	F	50	Free	6/8/2013 Clinton Cudas Colgate Classic Invitational
1:06.13	Y	P	100	Free	3/10/2013 AD Gold Short Course Championships
1:16.42	L	P	100	Free	7/19/2013 2013 Adirondack Long Course District Champion
2:26.36	Y	F	200	Free	3/1/2013 AD Silver Short Course Championships
2:45.98	L	P	200	Free	7/19/2013 2013 Adirondack Long Course District Champion
33.65	Y	F	50	Back	3/10/2013 AD Gold Short Course Championships
38.25	L	F	50	Back	6/8/2013 Clinton Cudas Colgate Classic Invitational
1:11.67	Y	P	100	Back	3/10/2013 AD Gold Short Course Championships
1:20.02	L	P	100	Back	7/19/2013 2013 Adirondack Long Course District Champion
1:28.65	S	F	100	Back	6/2/2013 2013 Starfish Meter Madness - Pentathlon
2:32.10	Y	F	200	Back	3/10/2013 AD Gold Short Course Championships
2:56.11	L	P	200	Back	7/19/2013 2013 Adirondack Long Course District Champion
39.44	Y	F	50	Breast	2/10/2013 2013 Piranhas Pentathlon
1:25.84	Y	F	100	Breast	3/10/2013 AD Gold Short Course Championships
1:34.97	S	F	100	Breast	6/2/2013 2013 Starfish Meter Madness - Pentathlon
33.96	Y	F	50	Fly	2/10/2013 2013 Piranhas Pentathlon
1:17.23	Y	F	100	Fly	3/1/2013 AD Silver Short Course Championships
1:23.65	S	F	100	Fly	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:28.98	L	F	100	Fly	6/8/2013 Clinton Cudas Colgate Classic Invitational
1:16.23	Y	F	100	IM	2/10/2013 2013 Piranhas Pentathlon
1:22.58	S	F	100	IM	6/2/2013 2013 Starfish Meter Madness - Pentathlon
2:42.43	Y	F	200	IM	3/1/2013 AD Silver Short Course Championships
Paige Gundermann (14) W					

SCHE-AD

HAWK-AD

HAWK-AD

ALBS-AD

SSCY-AD

Individual Top Times

Time	P/F/S	Event			
Paige Gundermann (14) W					
30.37 Y	F	50 Free	10/21/2012	2012 Trick or Treat Meet	SSCY-AD
1:07.84 Y	F	100 Free	11/10/2012	Pilgrims Pride	
2:25.30 Y	F	200 Free	2/9/2013	North Country YMCA Swim League 2013 Champions	
6:28.61 Y	F	500 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:12.31 Y	P	100 Back	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
1:27.37 Y	F	100 Breast	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:22.85 Y	P	100 Fly	1/18/2013	CT 2013 Wahoo Winter Invitatio	
2:42.95 Y	F	200 IM	2/9/2013	North Country YMCA Swim League 2013 Champions	
Ananya Gupta (10) W					
44.97 Y	F	50 Free	1/12/2013	Chris Goody Mini-Meet	NTS-AD
3:50.53 Y	F	200 Free	1/12/2013	Chris Goody IMX Challenge	
1:02.11 Y	F	50 Back	1/12/2013	Chris Goody Mini-Meet	
2:05.68 Y	F	100 Back	1/12/2013	Chris Goody IMX Challenge	
2:56.06 Y	F	100 Breast	1/12/2013	Chris Goody IMX Challenge	
1:02.80 Y	F	50 Fly	1/12/2013	Chris Goody Mini-Meet	
2:06.34 Y	F	100 IM	1/12/2013	Chris Goody Mini-Meet	
4:35.42 Y	F	200 IM	1/12/2013	Chris Goody IMX Challenge	
Lavanya Gupta (7) W					
2:04.24 Y	F	100 Free	1/12/2013	Chris Goody Mini-Meet	NTS-AD
4:37.08 Y	F	200 Free	1/12/2013	Chris Goody IMX Challenge	
32.87 Y	F	25 Back	1/12/2013	Chris Goody Mini-Meet	
2:43.99 Y	F	100 Back	1/12/2013	Chris Goody IMX Challenge	
40.59 Y	F	25 Breast	1/12/2013	Chris Goody Mini-Meet	
Kharis Gural (11) W					
43.43 Y	F	50 Free	2/9/2013	Central Valley Swim League Championships	SVP-AD
1:48.81 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
55.58 Y	F	50 Breast	2/23/2013	Cabin Fever Invitational	
2:09.07 Y	F	100 Breast	1/26/2013	Central Valley Swim Meet Quad Meet	
1:58.85 Y	F	100 IM	2/23/2013	Cabin Fever Invitational	
Merrin Gural (17) W					
32.77 Y	F	50 Free	2/9/2013	Central Valley Swim League Championships	SVP-AD
1:13.51 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
3:03.82 Y	F	200 Free	12/15/2012	Central Valley Swim League Quad Meet	
1:27.88 Y	F	100 Back	3/1/2013	AD Silver Short Course Championships	
3:17.65 Y	F	200 Back	1/26/2013	Central Valley Swim Meet Quad Meet	
3:29.53 Y	F	200 Breast	3/1/2013	AD Silver Short Course Championships	
1:43.13 Y	F	100 Fly	1/12/2013	Canajoharie Developmental Meet	
3:07.95 Y	F	200 IM	2/23/2013	Cabin Fever Invitational	
7:18.33 Y	F	400 IM	1/26/2013	Central Valley Swim Meet Quad Meet	
Oliver Gural (15) M					
32.00 Y	F	50 Free	12/1/2012	Central Valley Swim League Quad Meet	SVP-AD
1:12.62 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
1:27.45 Y	F	100 Breast	2/9/2013	Central Valley Swim League Championships	
3:23.18 Y	F	200 Breast	3/1/2013	AD Silver Short Course Championships	
Anne Gutelius (10) W					
37.22 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	CPP-AD
1:21.71 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
7:36.12 Y	F	500 Free	3/10/2013	AD Gold Short Course Championships	
45.52 Y	F	50 Back	3/1/2013	AD Silver Short Course Championships	
1:36.83 Y	F	100 Back	11/10/2012	Pilgrims Pride	
3:33.74 Y	F	200 Back	12/9/2012	Piranhas December Distance Invite	
45.56 Y	F	50 Breast	1/4/2013	2013 Starfish Trophy Invitational	
1:38.90 Y	F	100 Breast	3/10/2013	AD Gold Short Course Championships	
44.10 Y	F	50 Fly	3/1/2013	AD Silver Short Course Championships	
1:28.55 Y	F	100 IM	3/10/2013	AD Gold Short Course Championships	
3:18.02 Y	F	200 IM	3/1/2013	AD Silver Short Course Championships	
Helen Gutelius (14) W					
32.72 Y	F	50 Free	1/4/2013	2013 Starfish Trophy Invitational	CPP-AD
1:12.53 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	

Individual Top Times

Time	P/F/S	Event			
Helen Gutelius (14) W					
7:02.27	Y	F	500	Free	12/9/2012 Piranhas December Distance Invite
1:26.69	Y	F	100	Back	1/4/2013 2013 Starfish Trophy Invitational
2:57.82	Y	F	200	Back	12/9/2012 Piranhas December Distance Invite
1:23.77	Y	F	100	Breast	10/21/2012 2012 Trick or Treat Meet
2:55.00	Y	F	200	Breast	1/4/2013 2013 Starfish Trophy Invitational
1:22.49	Y	F	100	Fly	1/4/2013 2013 Starfish Trophy Invitational
2:47.25	Y	F	200	IM	1/4/2013 2013 Starfish Trophy Invitational
William Guthrie III (9) M					
20.22	Y	F	25	Free	10/20/2012 Ravenna Autumn Breeze 2012
38.42	Y	F	50	Free	3/1/2013 AD Silver Short Course Championships
1:26.96	Y	F	100	Free	3/1/2013 AD Silver Short Course Championships
26.01	Y	F	25	Back	10/20/2012 Ravenna Autumn Breeze 2012
44.89	Y	F	50	Back	3/1/2013 AD Silver Short Course Championships
26.31	Y	F	25	Breast	10/20/2012 Ravenna Autumn Breeze 2012
53.17	Y	F	50	Breast	1/27/2013 Thoroughbred Splash 2013
Anne Guthrie (9) W					
20.54	Y	F	25	Free	10/20/2012 Ravenna Autumn Breeze 2012
39.15	Y L	F	50	Free	3/1/2013 AD Silver Short Course Championships
1:32.71	Y	F	100	Free	1/4/2013 2013 Starfish Trophy Invitational
25.14	Y	F	25	Back	10/20/2012 Ravenna Autumn Breeze 2012
48.20	Y	F	50	Back	1/4/2013 2013 Starfish Trophy Invitational
1:08.68	Y	F	50	Breast	1/27/2013 Thoroughbred Splash 2013
48.28	Y	F	50	Fly	3/1/2013 AD Silver Short Course Championships
Helena Gutjahr (8) W					
21.33	Y	F	25	Free	3/1/2013 AD Silver Short Course Championships
47.27	Y	F	50	Free	3/1/2013 AD Silver Short Course Championships
48.55	L	F	50	Free	6/1/2013 2013 NE MTSC June 1st Meet
48.55	L	F	50	Free	6/1/2013 2013 NE MTSC June 1st Meet
1:43.58	Y	F	100	Free	3/1/2013 AD Silver Short Course Championships
1:48.69	L	F	100	Free	6/1/2013 2013 NE MTSC June 1st Meet
1:48.69	L	F	100	Free	6/1/2013 2013 NE MTSC June 1st Meet
4:02.00	L	F	200	Free	6/1/2013 2013 NE MTSC June 1st Meet
4:02.00	L	F	200	Free	6/1/2013 2013 NE MTSC June 1st Meet
22.68	Y	F	25	Back	1/27/2013 Thoroughbred Splash 2013
48.59	Y	F	50	Back	3/10/2013 AD Gold Short Course Championships
55.98	L	F	50	Back	6/1/2013 2013 NE MTSC June 1st Meet
55.98	L	F	50	Back	6/1/2013 2013 NE MTSC June 1st Meet
1:55.44	L	F	100	Back	6/1/2013 2013 NE MTSC June 1st Meet
1:55.44	L	F	100	Back	6/1/2013 2013 NE MTSC June 1st Meet
28.17	Y	F	25	Breast	3/1/2013 AD Silver Short Course Championships
1:08.36	L	F	50	Breast	6/1/2013 2013 NE MTSC June 1st Meet
1:08.36	L	F	50	Breast	6/1/2013 2013 NE MTSC June 1st Meet
26.84	Y	F	25	Fly	1/27/2013 Thoroughbred Splash 2013
1:04.12	L	F	50	Fly	6/1/2013 2013 NE MTSC June 1st Meet
1:04.12	L	F	50	Fly	6/1/2013 2013 NE MTSC June 1st Meet
1:53.15	Y	F	100	IM	3/1/2013 AD Silver Short Course Championships
Carson Guzy (11) M					
37.68	Y	F	50	Free	2/9/2013 Central Valley Swim League Championships
1:22.65	Y	F	100	Free	3/1/2013 AD Silver Short Course Championships
3:32.20	Y	F	200	Free	12/15/2012 Central Valley Swim League Quad Meet
49.70	Y	F	50	Back	1/12/2013 Canajoharie Developmental Meet
2:00.47	Y	F	100	Back	12/15/2012 Central Valley Swim League Quad Meet
50.15	Y	F	50	Breast	3/1/2013 AD Silver Short Course Championships
43.72	Y	F	50	Fly	3/1/2013 AD Silver Short Course Championships
Cooper Guzy (9) M					
20.86	Y	F	25	Free	1/12/2013 Canajoharie Developmental Meet
48.52	Y	F	50	Free	12/15/2012 Central Valley Swim League Quad Meet
22.55	Y	F	25	Back	11/10/2012 CVSL First Splash
58.96	Y	F	50	Back	1/12/2013 Canajoharie Developmental Meet

CPP-AD

ALBS-AD

ALBS-AD

SCHE-AD

CLRK-AD

CLRK-AD

Individual Top Times

Time	P/F/S	Event			
Cooper Guzy (9) M CLRK-AD					
29.59 Y	F	25 Fly	1/12/2013	Canajoharie Developmental Meet	
Devon Guzy (9) W CLRK-AD					
19.43 Y	F	25 Free	1/12/2013	Canajoharie Developmental Meet	
45.74 Y	F	50 Free	2/9/2013	Central Valley Swim League Championships	
23.69 Y	F	25 Back	11/10/2012	CVSL First Splash	
50.16 Y L	F	50 Back	2/9/2013	Central Valley Swim League Championships	
31.52 Y	F	25 Breast	2/9/2013	Central Valley Swim League Championships	
Anna Guzzo (11) W ALBS-AD					
41.14 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	
1:33.24 Y	F	100 Free	12/15/2012	Sharks 12&Under Mini-Meet	
48.84 Y	F	50 Back	3/1/2013	AD Silver Short Course Championships	
57.60 Y	F	50 Breast	12/15/2012	Sharks 12&Under Mini-Meet	
52.03 Y	F	50 Fly	1/27/2013	Thoroughbred Splash 2013	
1:44.80 Y	F	100 IM	3/1/2013	AD Silver Short Course Championships	
Olivia Guzzo (8) W ALBS-AD					
21.85 Y	F	25 Free	3/1/2013	AD Silver Short Course Championships	
27.91 Y	F	25 Back	12/15/2012	Sharks 12&Under Mini-Meet	
1:01.86 Y	F	50 Back	1/4/2013	2013 Starfish Trophy Invitational	
Zoey Haar (16) W BENN-AD					
27.20 Y	P	50 Free	3/10/2013	AD Gold Short Course Championships	
31.13 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:00.27 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
2:19.85 Y	F	200 Free	12/2/2012	December Super Splash 2012	
1:12.55 Y	F	100 Back	1/27/2013	Thoroughbred Splash 2013	
1:22.51 S	F	100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:35.90 S	F	100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:09.53 Y	F	100 Fly	3/1/2013	AD Silver Short Course Championships	
1:19.65 S	F	100 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:23.26 S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:36.62 Y	F	200 IM	1/27/2013	Thoroughbred Splash 2013	
Justin Hafner (16) M GLFY-AD					
25.22 Y	F	50 Free	1/27/2013	Thoroughbred Splash 2013	
1:59.31 Y	P	200 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
1:01.96 Y	P	100 Back	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
1:08.38 Y	F	100 Breast	2/14/2013	Section II Championships Small	
1:00.54 Y	F	100 Fly	2/9/2013	North Country YMCA Swim League 2013 Champions	
2:10.66 Y	P	200 IM	2/14/2013	Section II Championships Small	
5:06.81 Y	F	400 IM	12/2/2012	December Super Splash 2012	
Brennan Halbohm (10) M BSPA-AD					
35.98 Y	F	50 Free	2/23/2013	Cabin Fever Invitational	
1:21.78 Y	F	100 Free	2/23/2013	Cabin Fever Invitational	
51.09 Y	F	50 Back	11/17/2012	Harvest Invitational	
57.20 Y	F	50 Breast	11/17/2012	Harvest Invitational	
56.19 Y	F	50 Fly	1/12/2013	Canajoharie Developmental Meet	
1:36.58 Y	F	100 IM	2/23/2013	Cabin Fever Invitational	
Alise Hale (10) W SCHE-AD					
39.10 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	
45.35 L	F	50 Free	7/6/2013	Sharks Summer Invite	
1:29.01 Y	F	100 Free	12/15/2012	Sharks 12&Under Mini-Meet	
3:54.33 L	F	200 Free	6/1/2013	2013 NE MTSC June 1st Meet	
3:54.33 L	F	200 Free	6/1/2013	2013 NE MTSC June 1st Meet	
42.96 Y	F	50 Back	3/1/2013	AD Silver Short Course Championships	
50.02 L	F	50 Back	6/1/2013	2013 NE MTSC June 1st Meet	
50.02 L	F	50 Back	6/1/2013	2013 NE MTSC June 1st Meet	
1:35.66 Y	F	100 Back	3/1/2013	AD Silver Short Course Championships	
1:52.87 L	F	100 Back	7/6/2013	Sharks Summer Invite	
55.38 Y	F	50 Breast	3/1/2013	AD Silver Short Course Championships	
2:07.60 L	F	100 Breast	6/1/2013	2013 NE MTSC June 1st Meet	
2:07.60 L	F	100 Breast	6/1/2013	2013 NE MTSC June 1st Meet	

Individual Top Times

Time	P/F/S	Event				
Alise Hale (10) W						
45.06	Y	F	50	Fly	3/1/2013	AD Silver Short Course Championships
50.51	L	F	50	Fly	7/6/2013	Sharks Summer Invite
1:34.69	Y	F	100	IM	3/1/2013	AD Silver Short Course Championships
3:57.83	L	F	200	IM	7/6/2013	Sharks Summer Invite
Katrina Hale (12) W						
37.93	Y	F	50	Free	1/12/2013	Canajoharie Developmental Meet
1:21.56	Y	F	100	Free	2/3/2013	Delmar Dolphins February Freeze Invitational
43.09	Y	F	50	Back	1/12/2013	Canajoharie Developmental Meet
55.94	Y	F	50	Breast	1/12/2013	Canajoharie Developmental Meet
48.84	Y	F	50	Fly	1/12/2013	Canajoharie Developmental Meet
Jessica Halkovitch (10) W						
50.10	Y	F	50	Free	10/21/2012	2012 Trick or Treat Meet
1:49.86	Y	F	100	Free	10/21/2012	2012 Trick or Treat Meet
1:05.52	Y	F	50	Back	10/21/2012	2012 Trick or Treat Meet
1:04.61	Y	F	50	Breast	10/21/2012	2012 Trick or Treat Meet
1:03.74	Y	F	50	Fly	11/10/2012	Pilgrims Pride
Caden Hall (11) W						
41.67	Y	F	50	Free	10/21/2012	2012 Trick or Treat Meet
1:27.73	Y	F	100	Free	3/1/2013	AD Silver Short Course Championships
43.40	Y	F	50	Back	1/4/2013	2013 Starfish Trophy Invitational
1:04.43	Y	F	50	Breast	3/1/2013	AD Silver Short Course Championships
1:53.20	Y	F	100	IM	1/4/2013	2013 Starfish Trophy Invitational
Kylee Hall (11) W						
44.91	Y	F	50	Free	11/17/2012	Harvest Invitational
1:48.36	Y	F	100	Free	1/4/2013	2013 Starfish Trophy Invitational
56.14	Y	F	50	Back	12/15/2012	Sharks 12&Under Mini-Meet
55.99	Y	F	50	Breast	12/2/2012	December Super Splash 2012
2:00.14	Y	F	100	IM	12/2/2012	December Super Splash 2012
Leigha Hall (18) W						
31.21	Y	F	50	Free	1/4/2013	2013 Starfish Trophy Invitational
1:09.65	Y	F	100	Free	1/4/2013	2013 Starfish Trophy Invitational
2:35.01	Y	F	200	Free	1/4/2013	2013 Starfish Trophy Invitational
31.19	Y L	F	50	Back	2/9/2013	North Country YMCA Swim League 2013 Champions
1:13.22	Y	F	100	Back	3/1/2013	AD Silver Short Course Championships
2:47.14	Y	F	200	Back	1/4/2013	2013 Starfish Trophy Invitational
1:25.58	Y	F	100	Breast	10/6/2012	SHENENDEHOWA GIRLS SWIMMING &
1:16.78	Y	F	100	Fly	10/6/2012	SHENENDEHOWA GIRLS SWIMMING &
2:45.14	Y	P	200	IM	11/1/2012	Girls Sec II Division I Champ
Phebe Hall (14) W						
27.60	Y	F	50	Free	3/1/2013	AD Silver Short Course Championships
32.91	S	F	50	Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:01.92	Y	F	100	Free	3/1/2013	AD Silver Short Course Championships
6:45.33	Y	F	500	Free	2/23/2013	Cabin Fever Invitational
1:13.70	Y	F	100	Back	1/4/2013	2013 Starfish Trophy Invitational
1:28.44	S	F	100	Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon
2:46.52	Y	F	200	Back	3/1/2013	AD Silver Short Course Championships
1:23.49	Y	F	100	Breast	3/1/2013	AD Silver Short Course Championships
1:35.00	S	F	100	Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon
3:08.62	Y	F	200	Breast	3/1/2013	AD Silver Short Course Championships
1:24.82	Y	F	100	Fly	3/1/2013	AD Silver Short Course Championships
1:28.75	S	F	100	IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon
2:40.28	Y	F	200	IM	1/4/2013	2013 Starfish Trophy Invitational
Spencer Hall (17) M						
25.06	Y	F	50	Free	12/7/2012	2012 NE UVAC Winter Classic
55.17	Y	F	100	Free	1/27/2013	Thoroughbred Splash 2013
2:02.76	Y	F	200	Free	1/27/2013	Thoroughbred Splash 2013
1:07.15	Y	F	100	Back	12/7/2012	2012 NE UVAC Winter Classic
2:30.11	Y	F	200	Back	12/7/2012	2012 NE UVAC Winter Classic
1:20.29	Y	F	100	Breast	12/7/2012	2012 NE UVAC Winter Classic

SCHE-AD

CLIN-AD

CPP-AD

BENN-AD

BENN-AD

GUY-AD

BENN-AD

WAVE-AD

Individual Top Times

Time	P/F/S	Event			
Spencer Hall (17) M					
2:52.93	Y	F	200	Breast	12/7/2012 2012 NE UVAC Winter Classic
1:03.80	Y	F	100	Fly	12/7/2012 2012 NE UVAC Winter Classic
2:23.21	Y	F	200	IM	1/27/2013 Thoroughbred Splash 2013
Grace Halpin (10) W					
42.43	Y	F	50	Free	3/1/2013 AD Silver Short Course Championships
1:37.87	Y	F	100	Free	3/1/2013 AD Silver Short Course Championships
49.54	Y	F	50	Back	2/10/2013 2013 Piranhas Pentathlon
48.30	Y	F	50	Breast	2/10/2013 2013 Piranhas Pentathlon
51.24	Y	F	50	Fly	2/10/2013 2013 Piranhas Pentathlon
1:46.35	Y	F	100	IM	3/1/2013 AD Silver Short Course Championships
Rebecca Hamilton (8) W					
26.38	Y	F	25	Free	11/4/2012 Hometown Splashdown
1:01.14	Y	F	50	Free	1/27/2013 Thoroughbred Splash 2013
27.22	Y	F	25	Back	1/27/2013 Thoroughbred Splash 2013
Katherine Hamlin (13) W					
30.91	Y	F	50	Free	3/1/2013 AD Silver Short Course Championships
36.93	L	P	50	Free	7/19/2013 2013 Adirondack Long Course District Champion
1:05.84	Y	P	100	Free	3/10/2013 AD Gold Short Course Championships
1:18.60	L	F	100	Free	6/8/2013 Clinton Cudas Colgate Classic Invitational
2:18.62	Y	P	200	Free	3/10/2013 AD Gold Short Course Championships
2:37.05	L	P	200	Free	7/19/2013 2013 Adirondack Long Course District Champion
5:59.19	Y	F	500	Free	3/10/2013 AD Gold Short Course Championships
37.79	Y	F	50	Back	3/1/2013 AD Silver Short Course Championships
1:18.09	Y	F	100	Back	1/4/2013 2013 Starfish Trophy Invitational
1:31.05	L	P	100	Back	7/19/2013 2013 Adirondack Long Course District Champion
2:40.44	Y	F	200	Back	3/1/2013 AD Silver Short Course Championships
3:12.87	L	F	200	Back	6/8/2013 Clinton Cudas Colgate Classic Invitational
46.14	Y	F	50	Breast	1/4/2013 2013 Starfish Trophy Invitational
3:17.39	Y	F	200	Breast	3/1/2013 AD Silver Short Course Championships
35.99	Y	F	50	Fly	3/1/2013 AD Silver Short Course Championships
1:20.26	Y	F	100	Fly	3/1/2013 AD Silver Short Course Championships
1:32.39	L	P	100	Fly	7/19/2013 2013 Adirondack Long Course District Champion
3:24.71	L	F	200	Fly	6/8/2013 Clinton Cudas Colgate Classic Invitational
1:21.65	Y	F	100	IM	3/1/2013 AD Silver Short Course Championships
2:44.74	Y	F	200	IM	3/1/2013 AD Silver Short Course Championships
3:10.42	L	P	200	IM	7/19/2013 2013 Adirondack Long Course District Champion
Jocelyn Hammons (12) W					
33.81	Y	F	50	Free	3/1/2013 AD Silver Short Course Championships
1:15.85	Y	F	100	Free	3/1/2013 AD Silver Short Course Championships
7:42.39	Y	F	500	Free	1/20/2013 Foothills Inv
41.53	Y	F	50	Back	2/23/2013 Cabin Fever Invitational
1:30.75	Y	F	100	Back	3/1/2013 AD Silver Short Course Championships
57.13	Y	F	50	Breast	3/1/2013 AD Silver Short Course Championships
2:18.39	Y	F	100	Breast	12/15/2012 Central Valley Swim League Quad Meet
40.23	Y	F	50	Fly	2/23/2013 Cabin Fever Invitational
1:30.23	Y	F	100	IM	2/23/2013 Cabin Fever Invitational
3:15.30	Y	F	200	IM	3/1/2013 AD Silver Short Course Championships
Jordan Hammons (15) W					
29.06	Y	F	50	Free	2/3/2013 Delmar Dolphins February Freeze Invitational
1:02.12	Y	F	100	Free	3/1/2013 AD Silver Short Course Championships
2:15.93	Y	F	200	Free	3/1/2013 AD Silver Short Course Championships
6:30.82	Y	F	500	Free	1/20/2013 Foothills Inv
33.83	Y L	F	50	Back	2/9/2013 Central Valley Swim League Championships
1:11.19	Y	P	100	Back	2/14/2013 Section II Championships Small
2:31.06	Y	F	200	Back	3/1/2013 AD Silver Short Course Championships
1:27.81	Y	F	100	Breast	3/1/2013 AD Silver Short Course Championships
3:01.85	Y	F	200	Breast	3/1/2013 AD Silver Short Course Championships
1:14.93	Y	F	100	Fly	1/4/2013 2013 Starfish Trophy Invitational
2:56.30	Y	F	200	Fly	1/12/2013 Chris Goody IMX Challenge

WAVE-AD

CPP-AD

GRGF-AD

CLIN-AD

CANA-AD

AMST-AD

Individual Top Times

Time	P/F/S	Event			
Jordan Hammons (15) W					
2:34.18	Y	F	200 IM	3/1/2013	AD Silver Short Course Championships
5:29.48	Y	F	400 IM	3/1/2013	AD Silver Short Course Championships
Olivia Hampson (11) W					
30.96	Y L	F	50 Free	3/9/2013	Eastern States League Championships 2013
35.06	L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion
36.14	S	F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet
1:14.10	Y	F	100 Free	3/1/2013	AD Silver Short Course Championships
1:21.06	L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion
1:25.29	S	F	100 Free	6/15/2013	Piranhas Summer Kick-Off Meet
2:51.60	Y	F	200 Free	3/1/2013	AD Silver Short Course Championships
2:57.60	L	P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion
7:47.48	Y	F	500 Free	10/27/2012	IM-Xtremely Spooked
37.93	Y	F	50 Back	2/3/2013	Delmar Dolphins February Freeze Invitational
42.85	S	F	50 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon
43.44	L	P	50 Back	7/19/2013	2013 Adirondack Long Course District Champion
1:22.85	Y	F	100 Back	3/1/2013	AD Silver Short Course Championships
1:37.06	L	F	100 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational
2:58.95	Y	F	200 Back	3/1/2013	AD Silver Short Course Championships
39.18	Y	P	50 Breast	3/10/2013	AD Gold Short Course Championships
44.00	L	P	50 Breast	7/19/2013	2013 Adirondack Long Course District Champion
44.59	S	F	50 Breast	6/15/2013	Piranhas Summer Kick-Off Meet
1:28.40	Y	P	100 Breast	3/10/2013	AD Gold Short Course Championships
1:39.12	L	P	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion
3:08.90	Y	F	200 Breast	3/1/2013	AD Silver Short Course Championships
3:33.09	L	F	200 Breast	7/19/2013	2013 Adirondack Long Course District Champion
42.58	Y	F	50 Fly	3/1/2013	AD Silver Short Course Championships
47.01	S	F	50 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon
47.90	L	P	50 Fly	7/19/2013	2013 Adirondack Long Course District Champion
1:48.01	Y	F	100 Fly	1/12/2013	Chris Goody IMX Challenge
1:25.64	Y	F	100 IM	1/4/2013	2013 Starfish Trophy Invitational
1:31.54	S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon
3:02.16	Y	F	200 IM	3/1/2013	AD Silver Short Course Championships
3:21.39	L	P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion
Owen Hampson (10) M					
43.49	S	F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet
44.67	L	F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion
1:43.09	L	F	100 Free	7/19/2013	2013 Adirondack Long Course District Champion
58.25	L	F	50 Back	7/19/2013	2013 Adirondack Long Course District Champion
1:00.69	S	F	50 Back	6/15/2013	Piranhas Summer Kick-Off Meet
2:08.90	L	F	100 Back	7/19/2013	2013 Adirondack Long Course District Champion
1:01.68	S	F	50 Breast	6/15/2013	Piranhas Summer Kick-Off Meet
1:08.05	L	F	50 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational
2:33.90	L	F	100 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational
Sydney Hampston (10) W					
48.15	Y	F	50 Free	1/27/2013	Thoroughbred Splash 2013
1:52.50	Y	F	100 Free	12/7/2012	2012 NE UVAC Winter Classic
1:03.41	Y	F	50 Breast	1/27/2013	Thoroughbred Splash 2013
Alice Han (10) W					
33.68	Y	F	50 Free	2/22/2013	North Country League Meet
1:14.29	Y	F	100 Free	2/9/2013	North Country YMCA Swim League 2013 Champions
2:49.07	Y	F	200 Free	1/27/2013	North Country League Meet
38.42	Y	F	50 Back	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship
42.20	S	F	50 Back	6/15/2013	Piranhas Summer Kick-Off Meet
43.54	Y	F	50 Breast	3/3/2013	North Country League Meet
38.76	Y	F	50 Fly	12/2/2012	December Super Splash 2012
43.16	S	F	50 Fly	6/15/2013	Piranhas Summer Kick-Off Meet
1:22.03	Y	F	100 IM	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship
1:30.73	S	F	100 IM	6/15/2013	Piranhas Summer Kick-Off Meet
Isabelle Hanchett (12) W					

AMST-AD

UN-AD

UN-AD

WAVE-AD

SSCY-AD

GRGF-AD

Individual Top Times

Time	P/F/S	Event			
Isabelle Hanchett (12) W					
49.27 Y	F	50 Free	11/4/2012	Hometown Splashdown	GRGF-AD
1:04.50 Y	F	50 Breast	11/4/2012	Hometown Splashdown	
53.33 Y	F	50 Fly	11/4/2012	Hometown Splashdown	
Andrei Hancu (8) M					
18.19 Y	F	25 Free	12/15/2012	Sharks 12&Under Mini-Meet	SCHE-AD
38.58 Y	F	50 Free	11/10/2012	Pilgrims Pride	
42.74 L	F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:35.65 Y	F	100 Free	1/12/2013	Chris Goody Mini-Meet	
1:40.67 L	F	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
23.08 Y	F	25 Back	1/12/2013	Chris Goody Mini-Meet	
45.53 Y	F	50 Back	3/10/2013	AD Gold Short Course Championships	
52.90 L	F	50 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:41.41 Y	F	100 Back	2/23/2013	Cabin Fever Invitational	
1:51.25 L	F	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
28.08 Y	F	25 Breast	10/21/2012	2012 Trick or Treat Meet	
54.50 Y	F	50 Breast	11/10/2012	Pilgrims Pride	
1:01.66 L	F	50 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
19.89 Y	F	25 Fly	2/23/2013	Cabin Fever Invitational	
43.43 Y	F	50 Fly	3/10/2013	AD Gold Short Course Championships	
52.71 L	F	50 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:37.60 Y	F	100 IM	3/10/2013	AD Gold Short Course Championships	
Maria Hancu (10) W					
35.47 Y	F	50 Free	2/23/2013	Cabin Fever Invitational	SCHE-AD
1:18.48 Y	F	100 Free	12/15/2012	Sharks 12&Under Mini-Meet	
1:24.81 L	F	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
3:01.93 Y	F	200 Free	1/12/2013	Chris Goody IMX Challenge	
3:05.69 L	F	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
7:38.06 Y	F	500 Free	3/10/2013	AD Gold Short Course Championships	
43.97 Y	F	50 Back	11/10/2012	Pilgrims Pride	
47.01 L	F	50 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:27.96 Y	F	100 Back	2/23/2013	Cabin Fever Invitational	
1:37.97 L	F	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
44.72 Y	F	50 Breast	3/10/2013	AD Gold Short Course Championships	
48.94 L	F	50 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
1:35.57 Y	F	100 Breast	3/10/2013	AD Gold Short Course Championships	
1:47.29 L	F	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
38.74 Y	F	50 Fly	3/10/2013	AD Gold Short Course Championships	
45.72 L	F	50 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:31.84 Y	F	100 Fly	3/10/2013	AD Gold Short Course Championships	
1:24.43 Y	F	100 IM	3/10/2013	AD Gold Short Course Championships	
3:06.31 Y	F	200 IM	3/10/2013	AD Gold Short Course Championships	
3:21.69 L	F	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
Corinne Haney (5) W					
1:04.28 Y	F	25 Back	1/20/2013	Foothills Inv	TBS-AD
Linnea Haney (9) W					
44.32 Y	F	50 Free	3/2/2013	2013 NI - METS - Meet the Flintstones	TBS-AD
46.99 L	F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:48.78 L	F	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
52.60 Y	F	50 Back	2/10/2013	2013 Piranhas Pentathlon	
1:02.27 L	F	50 Back	7/19/2013	2013 Adirondack Long Course District Champion	
2:06.61 L	F	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
46.78 Y	F	50 Breast	3/10/2013	AD Gold Short Course Championships	
51.76 L	F	50 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
1:51.36 L	F	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
2:11.48 Y	F	100 Breast	1/20/2013	Foothills Inv	
1:03.17 L	F	50 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:47.05 Y	F	100 IM	3/2/2013	2013 NI - METS - Meet the Flintstones	
Jillian Hanna (10) W					
34.01 Y L	F	50 Free	3/1/2013	AD Silver Short Course Championships	RAVE-AD

Individual Top Times

Time	P/F/S	Event			
Jillian Hanna (10) W					
1:41.09	Y	F	100	Free	1/4/2013 2013 Starfish Trophy Invitational
48.24	Y	F	50	Back	1/4/2013 2013 Starfish Trophy Invitational
1:05.59	Y	F	50	Breast	1/4/2013 2013 Starfish Trophy Invitational
2:04.93	Y	F	100	Breast	1/4/2013 2013 Starfish Trophy Invitational
1:52.20	Y	F	100	IM	12/15/2012 Sharks 12&Under Mini-Meet
Jenna Hannay (12) W					
30.80	Y	P	50	Free	3/10/2013 AD Gold Short Course Championships
1:11.72	Y	F	100	Free	3/1/2013 AD Silver Short Course Championships
39.36	Y	F	50	Back	3/1/2013 AD Silver Short Course Championships
1:32.66	Y	F	100	Back	1/12/2013 Chris Goody IMX Challenge
2:58.68	Y	F	200	Back	3/1/2013 AD Silver Short Course Championships
48.33	Y	F	50	Breast	2/23/2013 Cabin Fever Invitational
1:46.58	Y	F	100	Breast	3/1/2013 AD Silver Short Course Championships
40.42	Y	F	50	Fly	3/1/2013 AD Silver Short Course Championships
1:39.82	Y	F	100	Fly	1/12/2013 Chris Goody IMX Challenge
1:25.25	Y	F	100	IM	3/1/2013 AD Silver Short Course Championships
3:07.56	Y	F	200	IM	3/1/2013 AD Silver Short Course Championships
Vanessa Hannay (15) W					
34.23	Y	F	50	Free	3/1/2013 AD Silver Short Course Championships
1:18.58	Y	F	100	Free	2/23/2013 Cabin Fever Invitational
1:26.28	Y	F	100	Back	3/1/2013 AD Silver Short Course Championships
3:02.55	Y	F	200	Back	3/1/2013 AD Silver Short Course Championships
1:47.61	Y	F	100	Breast	2/23/2013 Cabin Fever Invitational
3:53.51	Y	F	200	Breast	1/12/2013 Chris Goody IMX Challenge
1:33.26	Y	F	100	Fly	3/1/2013 AD Silver Short Course Championships
3:10.24	Y	F	200	IM	3/1/2013 AD Silver Short Course Championships
7:04.28	Y	F	400	IM	1/12/2013 Chris Goody IMX Challenge
Dana Hans (7) W					
20.12	Y	F	25	Free	3/1/2013 AD Silver Short Course Championships
46.66	Y	F	50	Free	3/1/2013 AD Silver Short Course Championships
48.93	L	F	50	Free	6/8/2013 Clinton Cudas Colgate Classic Invitational
1:44.26	Y	F	100	Free	3/1/2013 AD Silver Short Course Championships
1:56.53	L	F	100	Free	6/8/2013 Clinton Cudas Colgate Classic Invitational
23.91	Y	F	25	Back	3/1/2013 AD Silver Short Course Championships
57.73	L	F	50	Back	6/8/2013 Clinton Cudas Colgate Classic Invitational
28.84	Y	F	25	Breast	3/1/2013 AD Silver Short Course Championships
22.84	Y	F	25	Fly	3/1/2013 AD Silver Short Course Championships
1:02.99	Y	F	50	Fly	3/1/2013 AD Silver Short Course Championships
1:03.94	L	F	50	Fly	6/8/2013 Clinton Cudas Colgate Classic Invitational
Abigail Hansen (9) W					
45.16	L	F	50	Free	7/19/2013 2013 Adirondack Long Course District Champion
46.07	S	F	50	Free	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:40.41	S	F	100	Free	6/15/2013 Piranhas Summer Kick-Off Meet
1:46.98	L	F	100	Free	6/8/2013 Clinton Cudas Colgate Classic Invitational
51.99	S	F	50	Back	6/15/2013 Piranhas Summer Kick-Off Meet
52.12	L	F	50	Back	6/8/2013 Clinton Cudas Colgate Classic Invitational
58.89	L	F	50	Breast	7/19/2013 2013 Adirondack Long Course District Champion
1:01.24	S	F	50	Breast	6/2/2013 2013 Starfish Meter Madness - Pentathlon
50.64	S	F	50	Fly	6/2/2013 2013 Starfish Meter Madness - Pentathlon
53.68	L	F	50	Fly	7/19/2013 2013 Adirondack Long Course District Champion
1:49.10	S	F	100	IM	6/15/2013 Piranhas Summer Kick-Off Meet
3:54.94	L	F	200	IM	7/19/2013 2013 Adirondack Long Course District Champion
Korey Hans (10) W					
34.17	Y	F	50	Free	3/10/2013 AD Gold Short Course Championships
40.57	L	F	50	Free	6/8/2013 Clinton Cudas Colgate Classic Invitational
1:14.97	Y	F	100	Free	3/10/2013 AD Gold Short Course Championships
1:27.24	L	F	100	Free	6/8/2013 Clinton Cudas Colgate Classic Invitational
3:02.21	L	F	200	Free	6/8/2013 Clinton Cudas Colgate Classic Invitational
44.94	Y	F	50	Back	3/1/2013 AD Silver Short Course Championships

RAVE-AD

RAVE-AD

RAVE-AD

CLIN-AD

GCAT-AD

CLIN-AD

Individual Top Times

Time	P/F/S	Event			
Korey Hans (10) W			CLIN-AD		
49.33 L	F	50 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:30.79 Y	F	100 Back	3/10/2013	AD Gold Short Course Championships	
1:42.27 L	F	100 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
50.92 Y	F	50 Breast	3/1/2013	AD Silver Short Course Championships	
57.52 L	F	50 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational	
39.44 Y	F	50 Fly	3/10/2013	AD Gold Short Course Championships	
44.36 L	F	50 Fly	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:27.81 Y	F	100 IM	3/10/2013	AD Gold Short Course Championships	
Mikeeli Hanson (11) W			CLRK-AD		
43.37 Y	F	50 Free	1/12/2013	Canajoharie Developmental Meet	
1:34.34 Y	F	100 Free	12/15/2012	Central Valley Swim League Quad Meet	
3:29.83 Y	F	200 Free	1/26/2013	Central Valley Swim Meet Quad Meet	
53.90 Y	F	50 Back	1/12/2013	Canajoharie Developmental Meet	
2:10.38 Y	F	100 Back	1/26/2013	Central Valley Swim Meet Quad Meet	
Magdalene Hantho (11) W			SVP-AD		
39.90 Y	F	50 Free	2/23/2013	Cabin Fever Invitational	
1:32.98 Y	F	100 Free	1/26/2013	Central Valley Swim Meet Quad Meet	
47.41 Y	F	50 Back	2/9/2013	Central Valley Swim League Championships	
1:51.97 Y	F	100 Back	1/26/2013	Central Valley Swim Meet Quad Meet	
44.37 Y	F	50 Breast	3/10/2013	AD Gold Short Course Championships	
1:35.62 Y	F	100 Breast	3/10/2013	AD Gold Short Course Championships	
1:40.07 Y	F	100 IM	2/23/2013	Cabin Fever Invitational	
Brady Haraden (11) M			SCHE-AD		
33.33 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	
37.77 L	F	50 Free	6/1/2013	2013 NE MTSC June 1st Meet	
37.77 L	F	50 Free	6/1/2013	2013 NE MTSC June 1st Meet	
1:13.99 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
1:24.62 L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:45.84 Y	F	200 Free	12/2/2012	December Super Splash 2012	
2:54.87 L	F	200 Free	6/1/2013	2013 NE MTSC June 1st Meet	
2:54.87 L	F	200 Free	6/1/2013	2013 NE MTSC June 1st Meet	
6:46.26 Y	F	500 Free	3/10/2013	AD Gold Short Course Championships	
38.77 Y	F	50 Back	2/10/2013	2013 Piranhas Pentathlon	
43.73 L	F	50 Back	6/1/2013	2013 NE MTSC June 1st Meet	
43.73 L	F	50 Back	6/1/2013	2013 NE MTSC June 1st Meet	
1:23.49 Y	F	100 Back	2/23/2013	Cabin Fever Invitational	
1:33.73 L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
2:54.57 Y	F	200 Back	3/1/2013	AD Silver Short Course Championships	
3:16.88 L	F	200 Back	6/1/2013	2013 NE MTSC June 1st Meet	
3:16.88 L	F	200 Back	6/1/2013	2013 NE MTSC June 1st Meet	
49.97 Y	F	50 Breast	2/23/2013	Cabin Fever Invitational	
57.82 L	P	50 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
1:51.12 Y	F	100 Breast	1/12/2013	Chris Goody IMX Challenge	
40.61 Y	F	50 Fly	1/27/2013	Thoroughbred Splash 2013	
1:27.57 Y	F	100 IM	2/10/2013	2013 Piranhas Pentathlon	
3:36.00 L	P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
Dylan Haraden (13) M			SCHE-AD		
28.42 Y	F	50 Free	3/10/2013	AD Gold Short Course Championships	
33.22 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:02.29 Y	F	100 Free	3/10/2013	AD Gold Short Course Championships	
1:13.28 L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:12.91 Y	F	200 Free	3/10/2013	AD Gold Short Course Championships	
2:37.52 L	P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
5:18.06 L	F	400 Free	7/19/2013	2013 Adirondack Long Course District Champion	
5:52.30 Y	F	500 Free	3/10/2013	AD Gold Short Course Championships	
31.32 Y	F	50 Back	3/10/2013	AD Gold Short Course Championships	
37.30 L	F	50 Back	6/1/2013	2013 NE MTSC June 1st Meet	
37.30 L	F	50 Back	6/1/2013	2013 NE MTSC June 1st Meet	
1:09.45 Y	P	100 Back	3/10/2013	AD Gold Short Course Championships	
1:21.18 L	F	100 Back	7/6/2013	Sharks Summer Invite	

Individual Top Times

Time	P/F/S	Event			
Dylan Haraden (13) M			SCHE-AD		
2:28.53	Y	F	200	Back	3/10/2013 AD Gold Short Course Championships
2:54.94	L	F	200	Back	6/1/2013 2013 NE MTSC June 1st Meet
2:54.94	L	F	200	Back	6/1/2013 2013 NE MTSC June 1st Meet
47.25	Y	F	50	Breast	1/27/2013 Thoroughbred Splash 2013
1:43.25	Y	F	100	Breast	1/12/2013 Chris Goody IMX Challenge
34.48	Y	F	50	Fly	1/27/2013 Thoroughbred Splash 2013
38.72	L	F	50	Fly	6/1/2013 2013 NE MTSC June 1st Meet
38.72	L	F	50	Fly	6/1/2013 2013 NE MTSC June 1st Meet
1:24.06	Y	F	100	Fly	1/12/2013 Chris Goody IMX Challenge
1:31.19	L	P	100	Fly	7/19/2013 2013 Adirondack Long Course District Champion
1:14.54	Y	F	100	IM	3/10/2013 AD Gold Short Course Championships
2:42.08	Y	F	200	IM	2/23/2013 Cabin Fever Invitational
3:10.38	L	F	200	IM	6/1/2013 2013 NE MTSC June 1st Meet
3:10.38	L	F	200	IM	6/1/2013 2013 NE MTSC June 1st Meet
Jesse Haraden (15) M			SCHE-AD		
30.95	L	F	50	Free	6/1/2013 2013 NE MTSC June 1st Meet
30.95	L	F	50	Free	6/1/2013 2013 NE MTSC June 1st Meet
1:05.21	L	P	100	Free	7/19/2013 2013 Adirondack Long Course District Champion
2:17.78	L	P	200	Free	7/19/2013 2013 Adirondack Long Course District Champion
4:42.90	L	F	400	Free	7/19/2013 2013 Adirondack Long Course District Champion
10:55.71	Y	F	1000	Free	12/6/2012 2012 NE NSSC MIT Invite
35.06	L	F	50	Back	6/1/2013 2013 NE MTSC June 1st Meet
35.06	L	F	50	Back	6/1/2013 2013 NE MTSC June 1st Meet
1:11.66	L	P	100	Back	7/19/2013 2013 Adirondack Long Course District Champion
2:30.63	L	F	200	Back	6/1/2013 2013 NE MTSC June 1st Meet
2:30.63	L	F	200	Back	6/1/2013 2013 NE MTSC June 1st Meet
3:07.84	Y	F	200	Breast	1/12/2013 Chris Goody IMX Challenge
35.05	L	F	50	Fly	6/1/2013 2013 NE MTSC June 1st Meet
35.05	L	F	50	Fly	6/1/2013 2013 NE MTSC June 1st Meet
1:09.47	Y	F	100	Fly	11/17/2012 Harvest Invitational
1:15.55	L	P	100	Fly	7/19/2013 2013 Adirondack Long Course District Champion
2:27.28	Y	P	200	Fly	2/15/2013 AD 2013 REGION 1 CHAMPIONSHIPS
2:44.38	L	F	200	Fly	7/6/2013 Sharks Summer Invite
2:26.25	Y	F	200	IM	10/27/2012 IM-Xtremely Spooked
2:38.57	L	P	200	IM	7/19/2013 2013 Adirondack Long Course District Champion
Karly Haraden (17) W			SCHE-AD		
30.65	L	F	50	Free	6/1/2013 2013 NE MTSC June 1st Meet
30.65	L	F	50	Free	6/1/2013 2013 NE MTSC June 1st Meet
1:03.62	L	F	100	Free	6/1/2013 2013 NE MTSC June 1st Meet
1:03.62	L	F	100	Free	6/1/2013 2013 NE MTSC June 1st Meet
1:56.96	Y	F	200	Free	12/6/2012 2012 NE NSSC MIT Invite
2:15.52	L	F	200	Free	6/1/2013 2013 NE MTSC June 1st Meet
2:15.52	L	F	200	Free	6/1/2013 2013 NE MTSC June 1st Meet
4:41.81	L	F	400	Free	7/19/2013 2013 Adirondack Long Course District Champion
9:32.57	L	F	800	Free	6/20/2013 TWST Senior Invitational
10:27.39	Y	F	1000	Free	2/15/2013 AD 2013 REGION 1 CHAMPIONSHIPS
33.39	L	P	50	Back	6/20/2013 TWST Senior Invitational
1:09.55	L	P	100	Back	7/19/2013 2013 Adirondack Long Course District Champion
2:05.90	Y	F	200	Back	3/21/2013 2013 CT Senior Open Championship
2:22.68	L	F	200	Back	7/19/2013 2013 Adirondack Long Course District Champion
2:40.70	Y	F	200	Breast	1/12/2013 Chris Goody IMX Challenge
31.73	L	F	50	Fly	6/1/2013 2013 NE MTSC June 1st Meet
31.73	L	F	50	Fly	6/1/2013 2013 NE MTSC June 1st Meet
1:03.63	Y	F	100	Fly	10/21/2012 2012 Trick or Treat Meet
1:10.12	L	P	100	Fly	6/20/2013 TWST Senior Invitational
2:17.08	Y	F	200	Fly	1/12/2013 Chris Goody IMX Challenge
2:36.29	L	P	200	Fly	7/19/2013 2013 Adirondack Long Course District Champion
2:16.11	Y	F	200	IM	10/21/2012 2012 Trick or Treat Meet
2:30.50	L	P	200	IM	7/19/2013 2013 Adirondack Long Course District Champion
4:33.92	Y	F	400	IM	3/21/2013 2013 CT Senior Open Championship

Individual Top Times

Time	P/F/S	Event			
Karly Haraden (17) W					
5:15.01 L	F	400 IM	6/20/2013	TWST Senior Invitational	SCHE-AD
Brian Harding (13) M					
28.54 Y	F	50 Free	3/3/2013	North Country League Meet	SSCY-AD
33.30 L	F	50 Free	6/22/2013	2013 NI - Niagara Super Circuit Ithaca	
1:02.87 Y	P	100 Free	1/18/2013	CT 2013 Wahoo Winter Invitatio	
2:09.74 Y	F	200 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
2:40.83 L	F	200 Free	6/22/2013	2013 NI - Niagara Super Circuit Ithaca	
5:50.86 Y	F	500 Free	2/22/2013	North Country League Meet	
13:02.33 Y	F	1000 Free	1/27/2013	North Country League Meet	
33.09 Y	F	50 Back	1/18/2013	CT 2013 Wahoo Winter Invitatio	
1:11.62 Y	F	100 Back	1/12/2013	Chris Goody IMX Challenge	
2:36.70 Y	F	200 Back	11/10/2012	Pilgrims Pride	
34.27 Y	F	50 Breast	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
1:16.39 Y	F	100 Breast	1/4/2013	2013 Starfish Trophy Invitational	
1:32.36 L	F	100 Breast	6/22/2013	2013 NI - Niagara Super Circuit Ithaca	
2:49.92 Y	F	200 Breast	12/9/2012	Piranhas December Distance Invite	
33.91 Y	P	50 Fly	1/18/2013	CT 2013 Wahoo Winter Invitatio	
1:17.04 Y	F	100 Fly	1/12/2013	Chris Goody IMX Challenge	
1:09.43 Y	F	100 IM	3/3/2013	North Country League Meet	
2:24.89 Y	F	200 IM	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
Dillon Harding (15) M					
26.37 Y	F	50 Free	3/3/2013	North Country League Meet	SSCY-AD
1:57.64 Y	F	200 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
2:29.62 L	F	200 Free	6/22/2013	2013 NI - Niagara Super Circuit Ithaca	
5:08.16 Y	F	500 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
11:08.34 Y	F	1000 Free	1/27/2013	North Country League Meet	
2:26.52 Y	F	200 Back	10/27/2012	IM-Xtremely Spooked	
2:57.35 L	F	200 Back	6/22/2013	2013 NI - Niagara Super Circuit Ithaca	
1:08.68 Y	P	100 Breast	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
1:25.77 L	F	100 Breast	6/22/2013	2013 NI - Niagara Super Circuit Ithaca	
2:36.61 Y	F	200 Breast	10/27/2012	IM-Xtremely Spooked	
1:07.99 Y	F	100 Fly	2/22/2013	North Country League Meet	
2:38.36 Y	F	200 Fly	10/27/2012	IM-Xtremely Spooked	
2:21.89 Y	F	200 IM	10/27/2012	IM-Xtremely Spooked	
5:02.57 Y	F	400 IM	10/27/2012	IM-Xtremely Spooked	
Kendra Harding (10) W					
39.69 Y	F	50 Free	11/17/2012	Harvest Invitational	SSCY-AD
44.09 L	F	50 Free	6/22/2013	2013 NI - Niagara Super Circuit Ithaca	
1:27.85 Y	F	100 Free	2/22/2013	North Country League Meet	
3:24.85 Y	F	200 Free	1/12/2013	Chris Goody IMX Challenge	
51.11 Y	F	50 Back	1/4/2013	2013 Starfish Trophy Invitational	
45.35 Y	F	50 Breast	1/27/2013	North Country League Meet	
51.72 L	F	50 Breast	6/22/2013	2013 NI - Niagara Super Circuit Ithaca	
1:41.91 Y	F	100 Breast	1/18/2013	CT 2013 Wahoo Winter Invitatio	
42.49 Y	F	50 Fly	3/3/2013	North Country League Meet	
49.18 L	F	50 Fly	6/22/2013	2013 NI - Niagara Super Circuit Ithaca	
1:56.45 Y	F	100 Fly	1/12/2013	Chris Goody IMX Challenge	
1:28.73 Y	F	100 IM	2/9/2013	North Country YMCA Swim League 2013 Champions	
3:28.43 Y	F	200 IM	1/4/2013	2013 Starfish Trophy Invitational	
Lindsay Harloff (17) W					
29.78 Y	F	50 Free	12/1/2012	Central Valley Swim League Quad Meet	CLRK-AD
1:03.14 Y	F	100 Free	12/15/2012	Central Valley Swim League Quad Meet	
2:13.07 Y	F	200 Free	12/15/2012	Central Valley Swim League Quad Meet	
5:58.83 Y	F	500 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
20:45.48 Y	F	1650 Free	12/9/2012	Piranhas December Distance Invite	
1:16.18 Y	F	100 Back	3/1/2013	AD Silver Short Course Championships	
2:43.89 Y	F	200 Back	3/1/2013	AD Silver Short Course Championships	
1:18.69 Y	F	100 Fly	12/1/2012	Central Valley Swim League Quad Meet	
2:42.74 Y	F	200 IM	11/10/2012	CVSL First Splash	

Individual Top Times

Time	P/F/S	Event			
William Harloff (14) M					
31.58 Y	F	50 Free	2/9/2013	Central Valley Swim League Championships	CLRK-AD
1:08.78 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
2:29.20 Y	F	200 Free	3/1/2013	AD Silver Short Course Championships	
1:16.11 Y	F	100 Back	3/1/2013	AD Silver Short Course Championships	
2:46.16 Y	F	200 Back	1/26/2013	Central Valley Swim Meet Quad Meet	
3:56.57 Y	F	200 Breast	1/26/2013	Central Valley Swim Meet Quad Meet	
Dalton Harney (14) M					
27.02 Y	F	50 Free	1/4/2013	2013 Starfish Trophy Invitational	WAVE-AD
32.37 Y L	F	50 Back	1/4/2013	2013 Starfish Trophy Invitational	
3:02.75 Y	F	200 Breast	1/4/2013	2013 Starfish Trophy Invitational	
1:17.71 Y	F	100 Fly	1/4/2013	2013 Starfish Trophy Invitational	
Madison Harp (10) W					
40.87 Y	F	50 Free	11/18/2012	Hawk-NDAC-CSD	HAWK-AD
1:34.62 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
52.99 Y	F	50 Back	3/1/2013	AD Silver Short Course Championships	
59.17 Y	F	50 Breast	11/18/2012	Hawk-NDAC-CSD	
2:08.74 Y	F	100 Breast	3/1/2013	AD Silver Short Course Championships	
Jordan Harris (14) M					
28.15 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	DELM-AD
29.09 L	F	50 Free	7/12/2013	Hawks Summer Invitational 2013	
1:02.63 Y	F	100 Free	10/20/2012	Ravena Autumn Breeze 2012	
2:03.95 Y	F	200 Free	2/14/2013	Section II Championships Small	
5:41.11 Y	F	500 Free	2/14/2013	Section II Championships Small	
1:13.37 Y	F	100 Back	10/20/2012	Ravena Autumn Breeze 2012	
1:14.79 L	F	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
2:39.55 L	F	200 Back	7/12/2013	Hawks Summer Invitational 2013	
1:09.98 Y	F	100 Fly	10/20/2012	Ravena Autumn Breeze 2012	
1:11.16 S	F	100 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:12.20 L	F	100 Fly	7/12/2013	Hawks Summer Invitational 2013	
2:55.75 L	F	200 Fly	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:15.06 S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:29.90 Y	F	200 IM	10/20/2012	Ravena Autumn Breeze 2012	
2:35.69 S	F	200 IM	6/15/2013	Piranhas Summer Kick-Off Meet	
2:39.34 L	P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
Haleila Harrison (12) W					
41.08 Y	F	50 Free	1/12/2013	Canajoharie Developmental Meet	SPV-AD
1:29.89 Y	F	100 Free	1/20/2013	Foothills Inv	
48.50 Y	F	50 Back	1/12/2013	Canajoharie Developmental Meet	
1:48.12 Y	F	100 Back	1/26/2013	Central Valley Swim Meet Quad Meet	
48.51 Y	F	50 Breast	1/20/2013	Foothills Inv	
1:46.04 Y	F	100 Breast	1/26/2013	Central Valley Swim Meet Quad Meet	
Connor Hart (10) M					
38.32 Y	F	50 Free	2/23/2013	Cabin Fever Invitational	SCHE-AD
39.42 L	F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:29.23 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
1:32.13 L	F	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
41.74 Y	F	50 Back	3/10/2013	AD Gold Short Course Championships	
43.80 L	F	50 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:28.57 Y	F	100 Back	3/10/2013	AD Gold Short Course Championships	
1:33.61 L	F	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
51.10 Y	F	50 Breast	1/27/2013	Thoroughbred Splash 2013	
54.76 L	F	50 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
1:51.18 Y	F	100 Breast	2/23/2013	Cabin Fever Invitational	
1:56.40 L	F	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
43.45 L	F	50 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
46.47 Y	F	50 Fly	2/23/2013	Cabin Fever Invitational	
1:38.98 Y	F	100 IM	1/27/2013	Thoroughbred Splash 2013	
Sarah Harter (14) W					
28.21 Y	P	50 Free	3/10/2013	AD Gold Short Course Championships	CLIN-AD

Individual Top Times

Time	P/F/S	Event			
Sarah Harter (14) W			CLIN-AD		
32.38 L	F	50 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:02.02 Y	P	100 Free	3/10/2013	AD Gold Short Course Championships	
1:10.87 L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:13.73 Y	P	200 Free	3/10/2013	AD Gold Short Course Championships	
2:36.22 L	P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
5:25.50 L	F	400 Free	7/19/2013	2013 Adirondack Long Course District Champion	
5:58.31 Y	F	500 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:11.21 Y	F	100 Back	3/1/2013	AD Silver Short Course Championships	
1:25.27 L	F	100 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
2:38.43 Y	F	200 Back	1/4/2013	2013 Starfish Trophy Invitational	
2:58.15 L	P	200 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:26.53 Y	F	100 Breast	3/1/2013	AD Silver Short Course Championships	
1:40.65 L	P	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
1:16.80 Y	F	100 Fly	3/1/2013	AD Silver Short Course Championships	
2:39.36 Y	F	200 IM	11/17/2012	Harvest Invitational	
3:04.25 L	F	200 IM	6/8/2013	Clinton Cudas Colgate Classic Invitational	
Laura Hartman (13) W			UN-AD		
33.23 L	F	50 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:12.91 L	F	100 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
2:43.15 L	F	200 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:19.59 Y	P	100 Breast	11/16/2012	2012 NY Ob - Girls NY State Federation Champ	
1:31.75 L	F	100 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational	
3:23.27 L	F	200 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational	
2:35.35 Y	P	200 IM	11/16/2012	2012 NY Ob - Girls NY State Federation Champ	
2:59.56 L	F	200 IM	6/8/2013	Clinton Cudas Colgate Classic Invitational	
Aidan Hartwich (10) M			ALBS-AD		
36.47 Y	F	50 Free	10/20/2012	Ravena Autumn Breeze 2012	
40.49 L	F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
41.68 S	F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
1:22.03 Y	F	100 Free	1/27/2013	Thoroughbred Splash 2013	
1:32.59 L	F	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
3:02.35 Y	F	200 Free	1/4/2013	2013 Starfish Trophy Invitational	
3:33.19 L	F	200 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
7:14.38 L	F	400 Free	7/19/2013	2013 Adirondack Long Course District Champion	
8:17.56 Y	F	500 Free	2/23/2013	Cabin Fever Invitational	
40.26 Y	F	50 Back	1/4/2013	2013 Starfish Trophy Invitational	
46.47 S	F	50 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
49.82 L	F	50 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:31.92 Y	F	100 Back	10/20/2012	Ravena Autumn Breeze 2012	
1:42.36 L	F	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
45.11 Y	F	50 Breast	3/10/2013	AD Gold Short Course Championships	
49.94 L	F	50 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
50.29 S	F	50 Breast	6/15/2013	Piranhas Summer Kick-Off Meet	
1:38.70 Y	F	100 Breast	3/10/2013	AD Gold Short Course Championships	
1:51.71 L	F	100 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:06.08 S	F	50 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:33.88 Y	F	100 IM	3/1/2013	AD Silver Short Course Championships	
1:45.98 S	F	100 IM	6/15/2013	Piranhas Summer Kick-Off Meet	
Alexandra Hartwich (12) W			ALBS-AD		
28.83 Y	F	50 Free	3/10/2013	AD Gold Short Course Championships	
32.01 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
32.60 L	F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:02.79 Y	P	100 Free	3/10/2013	AD Gold Short Course Championships	
1:10.32 L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:17.34 Y	F	200 Free	3/10/2013	AD Gold Short Course Championships	
2:31.93 L	F	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
6:16.59 Y	F	500 Free	3/10/2013	AD Gold Short Course Championships	
32.41 Y	F	50 Back	3/10/2013	AD Gold Short Course Championships	
36.12 S	F	50 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
36.26 L	F	50 Back	7/19/2013	2013 Adirondack Long Course District Champion	

Individual Top Times

Time	P/F/S	Event			
Alexandra Hartwich (12) W					
					ALBS-AD
1:10.78	Y	F	100 Back	3/10/2013	AD Gold Short Course Championships
1:18.75	L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion
2:29.60	Y	F	200 Back	3/10/2013	AD Gold Short Course Championships
2:47.12	L	F	200 Back	7/19/2013	2013 Adirondack Long Course District Champion
40.38	Y	F	50 Breast	1/4/2013	2013 Starfish Trophy Invitational
43.06	S	F	50 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon
45.18	L	P	50 Breast	7/19/2013	2013 Adirondack Long Course District Champion
1:29.23	Y	F	100 Breast	1/4/2013	2013 Starfish Trophy Invitational
1:37.11	L	F	100 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational
3:25.80	L	F	200 Breast	7/19/2013	2013 Adirondack Long Course District Champion
35.01	Y	F	50 Fly	2/10/2013	2013 Piranhas Pentathlon
37.38	S	F	50 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon
39.34	L	F	50 Fly	6/8/2013	Clinton Cudas Colgate Classic Invitational
1:20.36	Y	F	100 Fly	2/23/2013	Cabin Fever Invitational
1:12.19	Y	F	100 IM	3/10/2013	AD Gold Short Course Championships
1:20.43	S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon
2:39.96	Y	F	200 IM	12/9/2012	Piranhas December Distance Invite
2:53.83	L	F	200 IM	7/19/2013	2013 Adirondack Long Course District Champion
Zoe HasBrouck (12) W					
					SARY-AD
31.55	Y	F	50 Free	2/23/2013	Cabin Fever Invitational
1:07.67	Y	F	100 Free	1/27/2013	Thoroughbred Splash 2013
2:26.33	Y	F	200 Free	2/9/2013	North Country YMCA Swim League 2013 Champions
36.36	Y	F	50 Back	1/4/2013	2013 Starfish Trophy Invitational
42.53	Y	F	50 Breast	2/23/2013	Cabin Fever Invitational
33.94	Y	F	50 Fly	2/23/2013	Cabin Fever Invitational
Nicole Hassman (10) W					
					CLRK-AD
48.76	Y	F	50 Free	2/3/2013	Delmar Dolphins February Freeze Invitational
1:56.55	Y	F	100 Free	1/26/2013	Central Valley Swim Meet Quad Meet
55.74	Y	F	50 Back	11/10/2012	CVSL First Splash
2:00.20	Y	F	100 Back	2/3/2013	Delmar Dolphins February Freeze Invitational
1:21.38	Y	F	50 Breast	2/3/2013	Delmar Dolphins February Freeze Invitational
1:04.65	Y	F	50 Fly	12/1/2012	Central Valley Swim League Quad Meet
Emily Hausam (12) W					
					SARY-AD
36.77	Y	F	50 Free	1/27/2013	Thoroughbred Splash 2013
1:20.44	Y	F	100 Free	1/27/2013	Thoroughbred Splash 2013
42.03	Y	F	50 Back	1/4/2013	2013 Starfish Trophy Invitational
45.47	Y	F	50 Breast	1/27/2013	Thoroughbred Splash 2013
Hannah Hawkins (12) W					
					GGRF-AD
34.62	Y	F	50 Free	1/27/2013	Thoroughbred Splash 2013
1:23.29	Y	F	100 Free	1/27/2013	Thoroughbred Splash 2013
1:00.92	Y	F	50 Back	11/4/2012	Hometown Splashdown
53.75	Y	F	50 Breast	1/27/2013	Thoroughbred Splash 2013
Olivia Hawkins (14) W					
					ADDI-AD
31.37	Y	F	50 Free	3/1/2013	AD Silver Short Course Championships
1:09.81	Y	F	100 Free	3/1/2013	AD Silver Short Course Championships
2:37.98	Y	F	200 Free	3/1/2013	AD Silver Short Course Championships
1:25.85	Y	F	100 Back	3/1/2013	AD Silver Short Course Championships
1:24.91	Y	F	100 Breast	3/1/2013	AD Silver Short Course Championships
3:04.81	Y	F	200 Breast	3/1/2013	AD Silver Short Course Championships
1:30.11	Y	F	100 Fly	3/1/2013	AD Silver Short Course Championships
2:55.44	Y	F	200 IM	3/1/2013	AD Silver Short Course Championships
Julia Hawthorne (12) W					
					SARY-AD
1:14.23	Y	F	100 Free	1/27/2013	Thoroughbred Splash 2013
2:36.38	Y	F	200 Free	2/9/2013	North Country YMCA Swim League 2013 Champions
40.08	Y	F	50 Back	2/23/2013	Cabin Fever Invitational
46.51	Y	F	50 Breast	1/27/2013	Thoroughbred Splash 2013
1:38.01	Y	F	100 Breast	2/23/2013	Cabin Fever Invitational
3:26.53	Y	F	200 Breast	12/9/2012	Piranhas December Distance Invite
35.57	Y	F	50 Fly	2/23/2013	Cabin Fever Invitational

Individual Top Times

Time	P/F/S	Event				
Julia Hawthorne (12) W						
2:51.24	Y	P	200	IM	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship
Emma Hayes (15) W						
31.36	L	F	50	Free	7/12/2013	Hawks Summer Invitational 2013
1:10.17	L	F	100	Free	7/12/2013	Hawks Summer Invitational 2013
2:34.36	L	F	200	Free	7/12/2013	Hawks Summer Invitational 2013
1:24.75	L	F	100	Back	7/12/2013	Hawks Summer Invitational 2013
3:04.12	L	F	200	Back	7/12/2013	Hawks Summer Invitational 2013
1:36.46	L	F	100	Breast	7/12/2013	Hawks Summer Invitational 2013
1:23.54	L	F	100	Fly	7/12/2013	Hawks Summer Invitational 2013
3:16.51	L	F	200	Fly	7/12/2013	Hawks Summer Invitational 2013
6:23.72	L	F	400	IM	7/12/2013	Hawks Summer Invitational 2013
Taylor Hayes (11) W						
44.85	Y	F	50	Free	2/23/2013	Cabin Fever Invitational
58.86	Y	F	50	Fly	1/4/2013	2013 Starfish Trophy Invitational
Lena Haynes (7) W						
33.72	Y	F	25	Free	2/23/2013	Cabin Fever Invitational
29.55	Y	F	25	Back	1/12/2013	Canajoharie Developmental Meet
Olivia Healy (14) W						
33.04	Y	F	50	Free	11/17/2012	Harvest Invitational
35.86	L	F	50	Free	6/8/2013	Clinton Cudas Colgate Classic Invitational
35.88	S	F	50	Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:10.24	Y	F	100	Free	2/3/2013	Delmar Dolphins February Freeze Invitational
2:31.10	Y	F	200	Free	11/17/2012	Harvest Invitational
2:46.92	L	F	200	Free	7/12/2013	Hawks Summer Invitational 2013
1:17.18	Y	F	100	Back	1/27/2013	Thoroughbred Splash 2013
1:29.09	L	F	100	Back	7/12/2013	Hawks Summer Invitational 2013
1:31.89	Y	F	100	Breast	1/27/2013	Thoroughbred Splash 2013
1:31.89	Y	F	100	Breast	3/1/2013	AD Silver Short Course Championships
1:37.44	S	F	100	Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:27.34	S	F	100	IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon
2:50.33	Y	F	200	IM	1/27/2013	Thoroughbred Splash 2013
3:13.41	L	F	200	IM	6/8/2013	Clinton Cudas Colgate Classic Invitational
Madeleine Hearn (12) W						
39.81	Y	F	50	Free	11/17/2012	Harvest Invitational
1:27.02	Y	F	100	Free	2/3/2013	Delmar Dolphins February Freeze Invitational
49.99	Y	F	50	Back	2/3/2013	Delmar Dolphins February Freeze Invitational
49.73	Y	F	50	Breast	11/17/2012	Harvest Invitational
52.59	L	P	50	Breast	7/19/2013	2013 Adirondack Long Course District Champion
52.03	Y	F	50	Fly	2/3/2013	Delmar Dolphins February Freeze Invitational
55.29	L	P	50	Fly	7/19/2013	2013 Adirondack Long Course District Champion
3:46.90	L	P	200	IM	7/19/2013	2013 Adirondack Long Course District Champion
EmmaLea Hearthstone (15) W						
35.15	Y	F	50	Free	1/20/2013	Foothills Inv
1:20.27	Y	F	100	Free	1/4/2013	2013 NE GMA Winter Knights
1:48.37	Y	F	100	Back	1/4/2013	2013 NE GMA Winter Knights
1:50.02	Y	F	100	Breast	1/20/2013	Foothills Inv
3:34.08	Y	F	200	IM	1/27/2013	Thoroughbred Splash 2013
Olivia Heath (12) W						
37.28	Y	F	50	Free	2/23/2013	Cabin Fever Invitational
45.17	Y	F	50	Breast	2/23/2013	Cabin Fever Invitational
Sara Heaton (15) W						
28.86	Y	F	50	Free	1/4/2013	2013 Starfish Trophy Invitational
32.87	L	F	50	Free	6/8/2013	Clinton Cudas Colgate Classic Invitational
59.30	Y	P	100	Free	3/10/2013	AD Gold Short Course Championships
1:10.39	L	F	100	Free	6/8/2013	Clinton Cudas Colgate Classic Invitational
2:04.16	Y	P	200	Free	3/10/2013	AD Gold Short Course Championships
2:29.37	L	F	200	Free	6/8/2013	Clinton Cudas Colgate Classic Invitational
5:28.99	Y	F	500	Free	3/10/2013	AD Gold Short Course Championships
11:49.43	Y	F	1000	Free	1/4/2013	2013 Starfish Trophy Invitational

SARY-AD

BFIN-AD

GRGF-AD

BSPA-AD

DELM-AD

CLIN-AD

ADDI-AD

ADDI-AD

CLIN-AD

Individual Top Times

Time	P/F/S	Event			
Sara Heaton (15) W					
19:24.74	Y	F	1650	Free	3/10/2013 AD Gold Short Course Championships
1:14.13	Y	F	100	Back	1/4/2013 2013 Starfish Trophy Invitational
1:30.28	L	F	100	Back	6/8/2013 Clinton Cudas Colgate Classic Invitational
3:07.73	L	F	200	Back	6/8/2013 Clinton Cudas Colgate Classic Invitational
1:16.66	Y	P	100	Breast	3/10/2013 AD Gold Short Course Championships
1:32.77	L	F	100	Breast	6/8/2013 Clinton Cudas Colgate Classic Invitational
2:43.27	Y	P	200	Breast	3/10/2013 AD Gold Short Course Championships
3:16.36	L	F	200	Breast	6/8/2013 Clinton Cudas Colgate Classic Invitational
1:15.86	Y	F	100	Fly	2/3/2013 Delmar Dolphins February Freeze Invitational
2:27.88	Y	P	200	IM	3/10/2013 AD Gold Short Course Championships
2:58.65	L	F	200	IM	6/8/2013 Clinton Cudas Colgate Classic Invitational
McLaren Heck (10) W					
47.70	Y	F	50	Free	12/2/2012 December Super Splash 2012
1:58.13	Y	F	100	Free	3/1/2013 AD Silver Short Course Championships
48.20	Y	F	50	Back	1/12/2013 Chris Goody Mini-Meet
1:59.68	Y	F	100	Back	2/3/2013 Delmar Dolphins February Freeze Invitational
58.03	Y	F	50	Breast	3/1/2013 AD Silver Short Course Championships
52.67	Y	F	50	Fly	2/23/2013 Cabin Fever Invitational
1:49.69	Y	F	100	IM	1/12/2013 Chris Goody Mini-Meet
Caroline Heffernan (9) W					
18.42	Y	F	25	Free	3/1/2013 AD Silver Short Course Championships
43.71	Y	F	50	Free	3/10/2013 AD Gold Short Course Championships
1:35.99	Y	F	100	Free	3/1/2013 AD Silver Short Course Championships
21.40	Y	F	25	Back	3/9/2013 Eastern States League Championships 2013
48.63	Y	F	50	Back	1/4/2013 2013 Starfish Trophy Invitational
25.90	Y	F	25	Breast	3/1/2013 AD Silver Short Course Championships
56.33	Y	F	50	Breast	1/4/2013 2013 Starfish Trophy Invitational
23.01	Y	F	25	Fly	3/1/2013 AD Silver Short Course Championships
57.17	Y	F	50	Fly	3/1/2013 AD Silver Short Course Championships
1:47.18	Y	F	100	IM	2/3/2013 Delmar Dolphins February Freeze Invitational
Sophie Heggen (9) W					
22.74	Y	F	25	Free	1/27/2013 Thoroughbred Splash 2013
Skyler Heiser (11) W					
36.17	Y	F	50	Free	11/10/2012 Pilgrims Pride
1:19.91	Y	F	100	Free	3/1/2013 AD Silver Short Course Championships
58.77	Y	F	50	Back	2/3/2013 Delmar Dolphins February Freeze Invitational
38.02	Y	F	50	Fly	3/1/2013 AD Silver Short Course Championships
Ryan Hellenthal (7) M					
25.49	Y	F	25	Free	11/10/2012 CVSL First Splash
45.44	Y	F	50	Free	3/1/2013 AD Silver Short Course Championships
2:04.73	L	F	100	Free	6/8/2013 Clinton Cudas Colgate Classic Invitational
24.78	Y	F	25	Back	3/1/2013 AD Silver Short Course Championships
46.66	Y	F	50	Back	3/10/2013 AD Gold Short Course Championships
1:08.85	L	F	50	Breast	6/8/2013 Clinton Cudas Colgate Classic Invitational
1:01.61	Y	F	50	Fly	3/1/2013 AD Silver Short Course Championships
1:58.68	Y	F	100	IM	3/1/2013 AD Silver Short Course Championships
Michaela Helly (15) W					
32.06	Y	F	50	Free	12/2/2012 December Super Splash 2012
1:11.46	Y	F	100	Free	12/2/2012 December Super Splash 2012
2:35.58	Y	F	200	Free	11/17/2012 Harvest Invitational
1:18.63	Y	F	100	Back	1/12/2013 Canajoharie Developmental Meet
1:29.52	Y	F	100	Breast	10/6/2012 SHENENDEHOWA GIRLS SWIMMING &
1:20.89	Y	F	100	Fly	2/23/2013 Cabin Fever Invitational
2:44.94	Y	F	200	IM	2/23/2013 Cabin Fever Invitational
Sarah Helly (11) W					
33.49	Y	F	50	Free	3/1/2013 AD Silver Short Course Championships
1:10.32	Y	F	100	Free	3/1/2013 AD Silver Short Course Championships
6:40.79	Y	F	500	Free	3/10/2013 AD Gold Short Course Championships
38.46	Y	F	50	Back	3/1/2013 AD Silver Short Course Championships

CLIN-AD

SCHE-AD

USAM-AD

ADDI-AD

BFIN-AD

CLRK-AD

BSPA-AD

BSPA-AD

Individual Top Times

Time	P/F/S	Event			
Sarah Helly (11) W					
1:25.95	Y	F	100	Back	11/4/2012 Hometown Splashdown
41.19	Y	P	50	Breast	3/10/2013 AD Gold Short Course Championships
1:29.75	Y	P	100	Breast	3/10/2013 AD Gold Short Course Championships
37.67	Y	F	50	Fly	2/23/2013 Cabin Fever Invitational
1:30.05	Y	F	100	Fly	1/12/2013 Chris Goody IMX Challenge
1:22.05	Y	F	100	IM	2/23/2013 Cabin Fever Invitational
2:55.89	Y	F	200	IM	1/12/2013 Chris Goody IMX Challenge
Sara Hemminger (13) W					
38.11	Y	F	50	Free	3/1/2013 AD Silver Short Course Championships
1:21.84	Y	F	100	Free	3/1/2013 AD Silver Short Course Championships
44.64	Y	F	50	Back	1/12/2013 Chris Goody Mini-Meet
1:38.94	Y	F	100	Back	3/1/2013 AD Silver Short Course Championships
49.28	Y	F	50	Breast	1/12/2013 Chris Goody Mini-Meet
1:41.70	Y	F	100	Breast	3/1/2013 AD Silver Short Course Championships
1:00.11	Y	F	50	Fly	1/12/2013 Chris Goody Mini-Meet
1:42.29	Y	F	100	IM	1/12/2013 Chris Goody Mini-Meet
Kurt Hendershott (15) M					
33.59	S	F	50	Free	6/15/2013 Piranhas Summer Kick-Off Meet
3:21.43	S	F	200	Free	6/15/2013 Piranhas Summer Kick-Off Meet
1:26.47	S	F	100	Breast	6/15/2013 Piranhas Summer Kick-Off Meet
Brayden Henkel (7) M					
17.24	Y	F	25	Free	3/1/2013 AD Silver Short Course Championships
18.59	S	F	25	Free	6/2/2013 2013 Starfish Meter Madness - Pentathlon
37.54	Y	F	50	Free	3/10/2013 AD Gold Short Course Championships
39.47	L	F	50	Free	7/19/2013 2013 Adirondack Long Course District Champion
41.12	S	F	50	Free	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:25.97	Y	F	100	Free	1/4/2013 2013 Starfish Trophy Invitational
1:29.64	L	F	100	Free	7/19/2013 2013 Adirondack Long Course District Champion
3:26.20	L	F	200	Free	7/12/2013 Hawks Summer Invitational 2013
3:27.72	Y	F	200	Free	1/12/2013 Chris Goody IMX Challenge
20.90	Y	F	25	Back	3/1/2013 AD Silver Short Course Championships
21.96	S	F	25	Back	6/2/2013 2013 Starfish Meter Madness - Pentathlon
43.64	Y	F	50	Back	3/10/2013 AD Gold Short Course Championships
47.70	L	F	50	Back	7/19/2013 2013 Adirondack Long Course District Champion
49.85	S	F	50	Back	6/15/2013 Piranhas Summer Kick-Off Meet
1:36.81	L	F	100	Back	7/19/2013 2013 Adirondack Long Course District Champion
21.47	Y	F	25	Breast	2/23/2013 Cabin Fever Invitational
22.67	S	F	25	Breast	6/2/2013 2013 Starfish Meter Madness - Pentathlon
46.46	Y	F	50	Breast	2/3/2013 Delmar Dolphins February Freeze Invitational
50.62	L	F	50	Breast	7/19/2013 2013 Adirondack Long Course District Champion
52.74	S	F	50	Breast	6/15/2013 Piranhas Summer Kick-Off Meet
1:47.63	Y	F	100	Breast	10/27/2012 IM-Xtremely Spooked
1:52.40	L	F	100	Breast	6/8/2013 Clinton Cudas Colgate Classic Invitational
19.89	S	F	25	Fly	6/2/2013 2013 Starfish Meter Madness - Pentathlon
24.19	Y	F	25	Fly	12/15/2012 Sharks 12&Under Mini-Meet
43.82	Y	F	50	Fly	2/10/2013 2013 Piranhas Pentathlon
46.12	L	F	50	Fly	7/19/2013 2013 Adirondack Long Course District Champion
2:01.24	L	F	100	Fly	7/12/2013 Hawks Summer Invitational 2013
1:33.84	Y	F	100	IM	2/10/2013 2013 Piranhas Pentathlon
1:44.15	S	F	100	IM	6/15/2013 Piranhas Summer Kick-Off Meet
3:39.40	L	F	200	IM	7/19/2013 2013 Adirondack Long Course District Champion
Bryce Henkel (10) M					
30.26	Y	F	50	Free	3/10/2013 AD Gold Short Course Championships
34.40	L	F	50	Free	6/8/2013 Clinton Cudas Colgate Classic Invitational
34.64	S	F	50	Free	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:05.44	Y	F	100	Free	3/10/2013 AD Gold Short Course Championships
1:13.81	S	F	100	Free	6/15/2013 Piranhas Summer Kick-Off Meet
1:15.67	L	F	100	Free	7/19/2013 2013 Adirondack Long Course District Champion
2:25.92	Y	F	200	Free	1/27/2013 Thoroughbred Splash 2013
2:44.37	L	F	200	Free	7/19/2013 2013 Adirondack Long Course District Champion

BSPA-AD

SSAC-AD

GCAT-AD

DELM-AD

DELM-AD

Individual Top Times

Time	P/F/S	Event			
Bryce Henkel (10) M			DELM-AD		
6:08.39	Y	F	500	Free	3/10/2013 AD Gold Short Course Championships
34.41	Y	F	50	Back	3/10/2013 AD Gold Short Course Championships
39.38	S	F	50	Back	6/2/2013 2013 Starfish Meter Madness - Pentathlon
40.94	L	F	50	Back	6/8/2013 Clinton Cudas Colgate Classic Invitational
1:15.16	Y	F	100	Back	3/10/2013 AD Gold Short Course Championships
1:25.98	L	F	100	Back	7/19/2013 2013 Adirondack Long Course District Champion
42.16	Y	F	50	Breast	2/10/2013 2013 Piranhas Pentathlon
46.77	L	F	50	Breast	7/12/2013 Hawks Summer Invitational 2013
48.69	S	F	50	Breast	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:36.38	Y	F	100	Breast	1/12/2013 Chris Goody IMX Challenge
1:45.69	L	F	100	Breast	6/8/2013 Clinton Cudas Colgate Classic Invitational
32.62	Y	F	50	Fly	3/28/2013 2013 Eastern Zone SC Swimming Championships
35.77	S	F	50	Fly	6/2/2013 2013 Starfish Meter Madness - Pentathlon
37.16	L	F	50	Fly	6/8/2013 Clinton Cudas Colgate Classic Invitational
1:12.41	Y	F	100	Fly	3/10/2013 AD Gold Short Course Championships
1:20.29	L	F	100	Fly	7/19/2013 2013 Adirondack Long Course District Champion
1:14.59	Y	F	100	IM	3/28/2013 2013 Eastern Zone SC Swimming Championships
1:23.95	S	F	100	IM	6/15/2013 Piranhas Summer Kick-Off Meet
2:40.26	Y	F	200	IM	3/10/2013 AD Gold Short Course Championships
3:09.35	L	F	200	IM	7/19/2013 2013 Adirondack Long Course District Champion
Caroline Hennessy (10) W			RAVE-AD		
39.94	Y	F	50	Free	3/1/2013 AD Silver Short Course Championships
1:30.26	Y	F	100	Free	3/1/2013 AD Silver Short Course Championships
3:22.63	Y	F	200	Free	3/1/2013 AD Silver Short Course Championships
46.15	Y	F	50	Back	3/1/2013 AD Silver Short Course Championships
1:38.89	Y	F	100	Back	3/1/2013 AD Silver Short Course Championships
48.06	Y	F	50	Breast	3/10/2013 AD Gold Short Course Championships
1:54.76	Y	F	100	Breast	1/12/2013 Chris Goody IMX Challenge
51.97	Y	F	50	Fly	3/1/2013 AD Silver Short Course Championships
2:07.91	Y	F	100	Fly	1/12/2013 Chris Goody IMX Challenge
1:39.76	Y	F	100	IM	2/23/2013 Cabin Fever Invitational
Devin Herbinger (11) M			CPP-AD		
35.12	Y	F	50	Free	3/1/2013 AD Silver Short Course Championships
38.79	S	F	50	Free	6/15/2013 Piranhas Summer Kick-Off Meet
1:19.81	Y	F	100	Free	3/1/2013 AD Silver Short Course Championships
1:27.93	S	F	100	Free	6/15/2013 Piranhas Summer Kick-Off Meet
1:30.37	L	P	100	Free	7/19/2013 2013 Adirondack Long Course District Champion
3:18.78	L	F	200	Free	7/12/2013 Hawks Summer Invitational 2013
41.82	Y	F	50	Back	2/10/2013 2013 Piranhas Pentathlon
47.66	S	F	50	Back	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:34.01	Y	F	100	Back	2/3/2013 Delmar Dolphins February Freeze Invitational
1:45.98	L	P	100	Back	7/19/2013 2013 Adirondack Long Course District Champion
46.25	Y	F	50	Breast	3/1/2013 AD Silver Short Course Championships
49.63	S	F	50	Breast	6/15/2013 Piranhas Summer Kick-Off Meet
51.57	L	F	50	Breast	7/12/2013 Hawks Summer Invitational 2013
40.54	Y	F	50	Fly	2/10/2013 2013 Piranhas Pentathlon
45.90	S	F	50	Fly	6/15/2013 Piranhas Summer Kick-Off Meet
1:50.58	L	P	100	Fly	7/19/2013 2013 Adirondack Long Course District Champion
1:42.44	S	F	100	IM	6/2/2013 2013 Starfish Meter Madness - Pentathlon
Sarah Herbold (14) W			ALBS-AD		
29.30	S	F	50	Free	6/2/2013 2013 Starfish Meter Madness - Pentathlon
29.35	L	F	50	Free	6/22/2013 2013 NI - Niagara Super Circuit Ithaca
29.35	L	P	50	Free	7/19/2013 2013 Adirondack Long Course District Champion
1:02.91	L	F	100	Free	7/19/2013 2013 Adirondack Long Course District Champion
1:56.07	Y	F	200	Free	3/28/2013 2013 Eastern Zone SC Swimming Championships
2:14.00	L	F	200	Free	7/19/2013 2013 Adirondack Long Course District Champion
4:44.79	L	F	400	Free	7/19/2013 2013 Adirondack Long Course District Champion
9:47.10	L	F	800	Free	6/22/2013 2013 NI - Niagara Super Circuit Ithaca
11:02.48	Y	F	1000	Free	2/15/2013 AD 2013 REGION 1 CHAMPIONSHIPS
18:54.67	L	F	1500	Free	7/19/2013 2013 Adirondack Long Course District Champion

Individual Top Times

Time	P/F/S	Event			
Sarah Herbold (14) W			ALBS-AD		
18:54.67 L	F	1500 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:09.68 S	F	100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:13.07 L	F	100 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
2:33.81 L	F	200 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:16.47 Y	F	100 Breast	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:24.69 S	F	100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:10.06 L	F	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:10.41 S	F	100 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:37.54 L	F	200 Fly	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:12.73 S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:33.16 L	P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
4:49.83 Y	F	400 IM	3/10/2013	AD Gold Short Course Championships	
5:29.13 L	F	400 IM	7/19/2013	2013 Adirondack Long Course District Champion	
Alexa Hercamp (10) W			BSPA-AD		
48.65 Y	F	50 Free	12/2/2012	December Super Splash 2012	
53.00 Y	F	50 Back	2/23/2013	Cabin Fever Invitational	
57.98 Y	F	50 Breast	2/23/2013	Cabin Fever Invitational	
Meghan Herlihy (8) W			GRGF-AD		
22.72 Y	F	25 Free	3/1/2013	AD Silver Short Course Championships	
48.16 Y	F	50 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:50.37 Y	F	100 Free	1/4/2013	2013 Starfish Trophy Invitational	
25.42 Y	F	25 Back	2/23/2013	Cabin Fever Invitational	
26.53 Y	F	25 Fly	1/27/2013	Thoroughbred Splash 2013	
Emily Hermann (15) W			SCHE-AD		
30.38 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	
34.23 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:04.92 Y	F	100 Free	1/27/2013	Thoroughbred Splash 2013	
1:16.48 L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:22.20 Y	F	200 Free	3/1/2013	AD Silver Short Course Championships	
2:48.94 L	P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
6:29.19 Y	F	500 Free	1/12/2013	Chris Goody IMX Challenge	
1:17.25 Y	F	100 Back	1/27/2013	Thoroughbred Splash 2013	
1:31.77 L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
2:47.06 Y	F	200 Back	1/12/2013	Chris Goody IMX Challenge	
3:19.63 L	P	200 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:30.04 Y	F	100 Breast	1/27/2013	Thoroughbred Splash 2013	
1:45.08 L	F	100 Breast	7/6/2013	Sharks Summer Invite	
3:10.16 Y	F	200 Breast	3/1/2013	AD Silver Short Course Championships	
1:22.12 Y	F	100 Fly	2/10/2013	2013 Piranhas Pentathlon	
1:43.10 L	F	100 Fly	7/6/2013	Sharks Summer Invite	
3:00.48 Y	F	200 Fly	1/12/2013	Chris Goody IMX Challenge	
2:46.60 Y	F	200 IM	1/27/2013	Thoroughbred Splash 2013	
5:54.25 Y	F	400 IM	3/1/2013	AD Silver Short Course Championships	
Matthew Hermann (11) M			SCHE-AD		
49.89 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
52.92 Y	F	50 Free	1/12/2013	Chris Goody Mini-Meet	
1:59.06 L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:05.80 L	F	50 Back	7/6/2013	Sharks Summer Invite	
2:28.63 L	F	100 Back	7/6/2013	Sharks Summer Invite	
2:19.76 L	F	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
Molly Hermann (9) W			SCHE-AD		
21.16 Y	F	25 Free	1/12/2013	Chris Goody Mini-Meet	
45.90 Y	F	50 Free	1/27/2013	Thoroughbred Splash 2013	
49.88 L	F	50 Free	7/6/2013	Sharks Summer Invite	
1:47.94 Y	F	100 Free	1/12/2013	Chris Goody Mini-Meet	
1:56.45 L	F	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
25.43 Y	F	25 Back	1/12/2013	Chris Goody Mini-Meet	
56.24 Y	F	50 Back	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:00.56 L	F	50 Back	7/6/2013	Sharks Summer Invite	

Individual Top Times

Time	P/F/S	Event			
Molly Hermann (9) W					
2:18.52	L	F	100	Back	7/6/2013 Sharks Summer Invite
29.80	Y	F	25	Breast	1/12/2013 Chris Goody Mini-Meet
56.79	Y	F	50	Breast	3/1/2013 AD Silver Short Course Championships
1:02.97	L	F	50	Breast	7/6/2013 Sharks Summer Invite
2:26.16	L	F	100	Breast	7/19/2013 2013 Adirondack Long Course District Champion
25.06	Y	F	25	Fly	1/27/2013 Thoroughbred Splash 2013
58.03	Y	F	50	Fly	2/3/2013 Delmar Dolphins February Freeze Invitational
1:02.86	L	F	50	Fly	7/6/2013 Sharks Summer Invite
1:59.53	Y	F	100	IM	1/27/2013 Thoroughbred Splash 2013
Lucas Heroux (15) M					
28.63	Y	F	50	Free	1/26/2013 2013 MR OB LISCA Eastern States Championships
1:16.10	Y	F	100	Back	1/26/2013 2013 MR OB LISCA Eastern States Championships
Sarah Heroux (18) W					
1:00.45	Y	P	100	Free	11/1/2012 Girls Sec II Division I Champ
1:12.68	Y	P	100	Fly	11/1/2012 Girls Sec II Division I Champ
Madelyn Herrick (10) W					
44.73	Y	F	50	Free	3/1/2013 AD Silver Short Course Championships
50.80	Y	F	50	Back	1/12/2013 Chris Goody Mini-Meet
56.94	Y	F	50	Breast	1/12/2013 Chris Goody Mini-Meet
Emma Herron (9) W					
28.68	Y	F	25	Free	12/2/2012 December Super Splash 2012
45.44	Y	F	50	Free	1/12/2013 Chris Goody Mini-Meet
2:01.47	Y	F	100	Free	2/23/2013 Cabin Fever Invitational
28.87	Y	F	25	Back	12/2/2012 December Super Splash 2012
1:00.15	Y	F	50	Back	2/23/2013 Cabin Fever Invitational
2:07.91	Y	F	100	Back	2/23/2013 Cabin Fever Invitational
Jillian Hettrich (11) W					
37.75	Y	F	50	Free	3/1/2013 AD Silver Short Course Championships
1:26.51	Y	F	100	Free	12/15/2012 Sharks 12&Under Mini-Meet
43.74	Y	F	50	Back	3/1/2013 AD Silver Short Course Championships
1:34.72	Y	F	100	Back	3/1/2013 AD Silver Short Course Championships
51.66	Y	F	50	Breast	10/20/2012 Ravenna Autumn Breeze 2012
3:52.79	Y	F	200	Breast	12/9/2012 Piranhas December Distance Invite
44.16	Y	F	50	Fly	1/12/2013 Chris Goody Mini-Meet
1:37.75	Y	F	100	IM	3/1/2013 AD Silver Short Course Championships
Brynn Hewitt (9) W					
47.56	L	F	50	Free	6/8/2013 Clinton Cudas Colgate Classic Invitational
2:00.63	L	F	100	Free	6/8/2013 Clinton Cudas Colgate Classic Invitational
4:13.64	L	F	200	Free	7/19/2013 2013 Adirondack Long Course District Champion
59.94	L	F	50	Back	6/8/2013 Clinton Cudas Colgate Classic Invitational
1:07.75	L	F	50	Fly	6/8/2013 Clinton Cudas Colgate Classic Invitational
Jake Hewitt (17) M					
25.19	Y	P	50	Free	3/10/2013 AD Gold Short Course Championships
28.00	L	P	50	Free	7/19/2013 2013 Adirondack Long Course District Champion
1:03.31	L	F	100	Free	6/8/2013 Clinton Cudas Colgate Classic Invitational
1:56.14	Y	P	200	Free	3/10/2013 AD Gold Short Course Championships
2:16.01	L	P	200	Free	7/19/2013 2013 Adirondack Long Course District Champion
4:39.40	L	F	400	Free	7/19/2013 2013 Adirondack Long Course District Champion
5:27.40	Y	F	500	Free	1/12/2013 Chris Goody IMX Challenge
1:02.46	Y	F	100	Back	1/4/2013 2013 Starfish Trophy Invitational
1:16.56	L	F	100	Back	6/8/2013 Clinton Cudas Colgate Classic Invitational
2:17.15	Y	F	200	Back	1/12/2013 Chris Goody IMX Challenge
2:31.42	L	P	200	Back	7/19/2013 2013 Adirondack Long Course District Champion
1:24.41	L	F	100	Breast	7/12/2013 Hawks Summer Invitational 2013
2:58.64	L	F	200	Breast	7/12/2013 Hawks Summer Invitational 2013
57.48	Y	P	100	Fly	3/28/2013 2013 Eastern Zone SC Swimming Championships
1:03.29	L	F	100	Fly	7/19/2013 2013 Adirondack Long Course District Champion
2:19.19	L	F	200	Fly	7/19/2013 2013 Adirondack Long Course District Champion
2:09.00	Y	P	200	IM	2/14/2013 Section II Championships Large

SCHE-AD

UN-AD

UN-AD

DELM-AD

SCHE-AD

DELM-AD

CLIN-AD

EELS-AD

Individual Top Times

Time	P/F/S	Event			
Jake Hewitt (17) M					
2:27.79 L	P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	EELS-AD
4:35.31 Y	P	400 IM	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS	
5:11.58 L	F	400 IM	7/19/2013	2013 Adirondack Long Course District Champion	
Margaret Hewitt (12) W					
38.53 Y	F	50 Free	11/17/2012	Harvest Invitational	CLIN-AD
42.81 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:26.58 Y	F	100 Free	12/15/2012	Sharks 12&Under Mini-Meet	
45.12 Y	F	50 Back	2/3/2013	Delmar Dolphins February Freeze Invitational	
47.85 L	P	50 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:45.14 L	F	100 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
54.33 Y	F	50 Breast	11/17/2012	Harvest Invitational	
59.83 L	F	50 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational	
2:06.33 L	P	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
53.54 Y	F	50 Fly	12/15/2012	Sharks 12&Under Mini-Meet	
1:44.49 Y	F	100 IM	12/15/2012	Sharks 12&Under Mini-Meet	
Hannah Hewlett (15) W					
31.39 Y	F	50 Free	2/9/2013	North Country YMCA Swim League 2013 Champions	GLFY-AD
36.38 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:14.04 Y	F	100 Free	1/27/2013	Thoroughbred Splash 2013	
1:19.19 L	F	100 Free	7/12/2013	Hawks Summer Invitational 2013	
1:18.76 Y	F	100 Back	1/27/2013	Thoroughbred Splash 2013	
1:30.11 Y	F	100 Breast	1/27/2013	Thoroughbred Splash 2013	
1:34.89 S	F	100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:38.66 L	F	100 Breast	7/12/2013	Hawks Summer Invitational 2013	
3:13.94 L	F	200 IM	7/12/2013	Hawks Summer Invitational 2013	
Julianne Heyde (17) W					
28.78 L	P	50 Free	3/21/2013	2013 NI - EZ North Region Speedo Ch	USAM-AD
1:00.76 L	F	100 Free	3/21/2013	2013 NI - EZ North Region Speedo Ch	
2:12.32 L	P	200 Free	3/21/2013	2013 NI - EZ North Region Speedo Ch	
1:09.26 L	P	100 Fly	3/21/2013	2013 NI - EZ North Region Speedo Ch	
Kayla Hickey (11) W					
40.86 Y	F	50 Free	1/12/2013	Canajoharie Developmental Meet	NHA-AD
1:34.35 Y	F	100 Free	2/23/2013	Cabin Fever Invitational	
50.41 Y	F	50 Back	1/12/2013	Canajoharie Developmental Meet	
1:53.50 Y	F	100 Back	2/23/2013	Cabin Fever Invitational	
59.61 Y	F	50 Breast	2/23/2013	Cabin Fever Invitational	
Grace Hicks (11) W					
51.80 Y	F	50 Free	11/4/2012	Hometown Splashdown	GRGF-AD
Keira Higgins (17) W					
33.30 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	CLRK-AD
1:17.03 Y	F	100 Free	2/9/2013	Central Valley Swim League Championships	
2:55.88 Y	F	200 Free	12/15/2012	Central Valley Swim League Quad Meet	
1:34.24 Y	F	100 Back	1/12/2013	Canajoharie Developmental Meet	
3:23.30 Y	F	200 Back	1/26/2013	Central Valley Swim Meet Quad Meet	
3:56.65 Y	F	200 Breast	12/15/2012	Central Valley Swim League Quad Meet	
1:41.04 Y	F	100 Fly	3/1/2013	AD Silver Short Course Championships	
3:20.77 Y	F	200 IM	2/9/2013	Central Valley Swim League Championships	
7:29.15 Y	F	400 IM	1/26/2013	Central Valley Swim Meet Quad Meet	
Anne Hildreth (12) W					
33.96 Y	F	50 Free	11/10/2012	Pilgrims Pride	ALBS-AD
1:14.58 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
39.75 Y	F	50 Back	3/1/2013	AD Silver Short Course Championships	
43.51 Y	F	50 Breast	11/10/2012	Pilgrims Pride	
1:35.46 Y	F	100 Breast	1/4/2013	2013 Starfish Trophy Invitational	
35.74 Y	P	50 Fly	3/10/2013	AD Gold Short Course Championships	
1:23.23 Y	F	100 IM	1/4/2013	2013 Starfish Trophy Invitational	
3:01.90 Y	F	200 IM	1/27/2013	Thoroughbred Splash 2013	
Connor Hill (9) M					
43.21 Y	F	25 Free	12/1/2012	Central Valley Swim League Quad Meet	CANA-AD

Individual Top Times

Time	P/F/S	Event			
Connor Hill (9) M			CANA-AD		
1:00.18 Y	F	50 Free	2/9/2013	Central Valley Swim League Championships	
2:23.92 Y	F	100 Free	12/15/2012	Central Valley Swim League Quad Meet	
33.76 Y	F	25 Back	12/1/2012	Central Valley Swim League Quad Meet	
1:08.71 Y	F	50 Back	2/9/2013	Central Valley Swim League Championships	
2:51.65 Y	F	100 Back	12/15/2012	Central Valley Swim League Quad Meet	
Alexia Hill (13) W			CANA-AD		
38.82 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	
1:27.23 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
3:12.29 Y	F	200 Free	3/1/2013	AD Silver Short Course Championships	
54.90 Y	F	50 Back	1/4/2013	2013 Starfish Trophy Invitational	
2:07.67 Y	F	100 Back	1/12/2013	Canajoharie Developmental Meet	
1:00.16 Y	F	50 Breast	1/4/2013	2013 Starfish Trophy Invitational	
1:57.45 Y	F	100 Breast	3/1/2013	AD Silver Short Course Championships	
47.92 Y	F	50 Fly	1/4/2013	2013 Starfish Trophy Invitational	
1:42.17 Y	F	100 Fly	3/1/2013	AD Silver Short Course Championships	
1:52.99 Y	F	100 IM	1/4/2013	2013 Starfish Trophy Invitational	
Victoria Hill (11) W			CANA-AD		
47.52 Y L	F	50 Free	12/1/2012	Central Valley Swim League Quad Meet	
1:36.95 Y	F	100 Free	1/12/2013	Canajoharie Developmental Meet	
3:30.44 Y	F	200 Free	1/12/2013	Canajoharie Developmental Meet	
54.00 Y	F	50 Back	11/10/2012	CVSL First Splash	
1:55.67 Y	F	100 Back	1/26/2013	Central Valley Swim Meet Quad Meet	
1:53.82 Y	F	100 Fly	3/1/2013	AD Silver Short Course Championships	
2:01.90 Y	F	100 IM	2/3/2013	Delmar Dolphins February Freeze Invitational	
Eva Hilt (8) W			ALBS-AD		
20.26 Y	F	25 Free	3/1/2013	AD Silver Short Course Championships	
46.03 Y	F	50 Free	12/15/2012	Sharks 12&Under Mini-Meet	
53.44 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
54.14 L	F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:43.58 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
24.22 Y	F	25 Back	3/1/2013	AD Silver Short Course Championships	
55.24 S	F	50 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
55.33 Y	F	50 Back	3/1/2013	AD Silver Short Course Championships	
1:00.25 L	F	50 Back	7/19/2013	2013 Adirondack Long Course District Champion	
33.22 Y	F	25 Breast	12/15/2012	Sharks 12&Under Mini-Meet	
1:05.82 Y	F	50 Breast	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:10.71 L	F	50 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
22.57 Y	F	25 Fly	12/15/2012	Sharks 12&Under Mini-Meet	
1:00.12 Y	F	50 Fly	2/3/2013	Delmar Dolphins February Freeze Invitational	
2:15.60 S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
Olivia Hilt (14) W			ALBS-AD		
27.71 Y	P	50 Free	3/10/2013	AD Gold Short Course Championships	
32.21 L	F	50 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
32.23 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:00.39 Y	P	100 Free	3/10/2013	AD Gold Short Course Championships	
1:09.79 L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:10.47 Y	P	200 Free	3/10/2013	AD Gold Short Course Championships	
2:33.46 L	P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
6:04.81 Y	F	500 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:16.03 S	F	100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:20.21 L	F	100 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
2:24.70 Y	F	200 Back	3/10/2013	AD Gold Short Course Championships	
2:47.95 L	P	200 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:28.88 S	F	100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:32.75 L	F	100 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:12.97 L	F	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:13.11 S	F	100 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:17.17 S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:27.89 Y	P	200 IM	3/10/2013	AD Gold Short Course Championships	
2:47.99 L	P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	

Individual Top Times

Time	P/F/S	Event					
Tessa Hilt (12) W							
						ALBS-AD	
31.41	Y	P	50	Free	3/10/2013	AD Gold Short Course Championships	
34.90	L	P	50	Free	7/19/2013	2013 Adirondack Long Course District Champion	
37.38	S	F	50	Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
37.09	Y	L	F	50	Back	3/10/2013	AD Gold Short Course Championships
41.42	L	P	50	Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:16.75	Y	F	100	Back	3/1/2013	AD Silver Short Course Championships	
1:27.08	S	F	100	Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
40.34	Y	P	50	Breast	3/10/2013	AD Gold Short Course Championships	
45.16	L	P	50	Breast	7/19/2013	2013 Adirondack Long Course District Champion	
1:25.29	Y	P	100	Breast	3/10/2013	AD Gold Short Course Championships	
1:37.15	S	F	100	Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:38.03	L	P	100	Breast	7/19/2013	2013 Adirondack Long Course District Champion	
36.76	Y	F	50	Fly	3/1/2013	AD Silver Short Course Championships	
41.60	L	P	50	Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:45.67	S	F	100	Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:17.69	Y	F	100	IM	3/1/2013	AD Silver Short Course Championships	
1:30.14	S	F	100	IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
3:20.09	L	P	200	IM	7/19/2013	2013 Adirondack Long Course District Champion	
Milo Humberger (14) M							
						KING-AD	
1:22.85	Y	F	100	Free	11/10/2012	Pilgrims Pride	
Adam Hodge (9) M							
						BSPA-AD	
22.29	Y	F	25	Free	2/23/2013	Cabin Fever Invitational	
50.36	Y	F	50	Free	2/23/2013	Cabin Fever Invitational	
26.10	Y	F	25	Back	12/2/2012	December Super Splash 2012	
28.12	Y	F	25	Breast	3/1/2013	AD Silver Short Course Championships	
27.45	Y	F	25	Fly	2/23/2013	Cabin Fever Invitational	
Alexander Hodge (12) M							
						BSPA-AD	
36.49	Y	F	50	Free	1/27/2013	Thoroughbred Splash 2013	
1:16.68	Y	F	100	Free	3/1/2013	AD Silver Short Course Championships	
40.36	Y	F	50	Back	3/1/2013	AD Silver Short Course Championships	
42.51	Y	F	50	Breast	2/23/2013	Cabin Fever Invitational	
1:30.73	Y	F	100	Breast	2/23/2013	Cabin Fever Invitational	
1:28.55	Y	F	100	IM	2/23/2013	Cabin Fever Invitational	
Ariadne Hodgson (9) W							
						CLRK-AD	
45.44	Y	F	50	Free	3/1/2013	AD Silver Short Course Championships	
1:41.01	Y	F	100	Free	1/26/2013	Central Valley Swim Meet Quad Meet	
50.23	Y	F	50	Back	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:47.96	Y	F	100	Back	1/26/2013	Central Valley Swim Meet Quad Meet	
58.69	Y	F	50	Breast	2/3/2013	Delmar Dolphins February Freeze Invitational	
2:12.02	Y	F	100	Breast	3/1/2013	AD Silver Short Course Championships	
1:10.37	Y	F	50	Fly	11/10/2012	CVSL First Splash	
2:05.69	Y	F	100	IM	12/1/2012	Central Valley Swim League Quad Meet	
Frederick Hodgson (7) M							
						CLRK-AD	
25.15	Y	F	25	Free	3/1/2013	AD Silver Short Course Championships	
53.99	Y	F	50	Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
28.91	Y	F	25	Back	2/9/2013	Central Valley Swim League Championships	
1:02.19	Y	F	50	Back	2/3/2013	Delmar Dolphins February Freeze Invitational	
Chloe Hoech (12) W							
						CPP-AD	
42.79	S	F	50	Free	6/15/2013	Piranhas Summer Kick-Off Meet	
1:46.56	S	F	100	Free	6/15/2013	Piranhas Summer Kick-Off Meet	
54.09	S	F	50	Back	6/15/2013	Piranhas Summer Kick-Off Meet	
1:02.39	S	F	50	Breast	6/15/2013	Piranhas Summer Kick-Off Meet	
Lauren Hoetger (12) W							
						HAWK-AD	
33.24	Y	F	50	Free	1/4/2013	2013 Starfish Trophy Invitational	
37.35	L	F	50	Free	7/12/2013	Hawks Summer Invitational 2013	
x1:16.22	Y	F	100	Free	11/18/2012	Hawk-NDAC-CSD	
3:23.39	L	F	200	Free	7/12/2013	Hawks Summer Invitational 2013	
40.45	Y	F	50	Back	3/1/2013	AD Silver Short Course Championships	
47.37	L	F	50	Back	7/12/2013	Hawks Summer Invitational 2013	

Individual Top Times

Time	P/F/S	Event			
Lauren Hoetger (12) W					
41.49 Y	F	50 Breast	1/4/2013	2013 Starfish Trophy Invitational	HAWK-AD
1:31.91 Y	P	100 Breast	3/10/2013	AD Gold Short Course Championships	
1:46.06 L	F	100 Breast	7/12/2013	Hawks Summer Invitational 2013	
3:46.43 L	F	200 Breast	7/12/2013	Hawks Summer Invitational 2013	
43.12 Y	P	50 Fly	1/25/2013	Hawks Trials And Finals 2013	
1:27.51 Y	F	100 IM	1/4/2013	2013 Starfish Trophy Invitational	
3:44.42 L	F	200 IM	7/12/2013	Hawks Summer Invitational 2013	
Morgan Hoffman-Smith (14) W					
28.36 Y	F	50 Free	12/2/2012	December Super Splash 2012	GLFY-AD
31.01 S	F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
1:02.66 Y	F	100 Free	2/9/2013	North Country YMCA Swim League 2013 Champions	
2:15.47 Y	P	200 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
6:23.68 Y	F	500 Free	1/12/2013	Chris Goody IMX Challenge	
1:11.43 Y	P	100 Back	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
1:19.99 S	F	100 Back	6/15/2013	Piranhas Summer Kick-Off Meet	
2:45.10 Y	F	200 Back	1/12/2013	Chris Goody IMX Challenge	
1:36.23 S	F	100 Breast	6/15/2013	Piranhas Summer Kick-Off Meet	
3:17.26 Y	F	200 Breast	1/12/2013	Chris Goody IMX Challenge	
1:15.12 Y	P	100 Fly	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
1:21.18 S	F	100 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:56.88 Y	F	200 Fly	1/12/2013	Chris Goody IMX Challenge	
1:22.01 S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:50.47 Y	F	200 IM	1/12/2013	Chris Goody IMX Challenge	
5:56.26 Y	F	400 IM	1/12/2013	Chris Goody IMX Challenge	
Olivia Holguin (15) W					
38.76 Y	F	50 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	SCHE-AD
1:34.61 Y	F	100 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
Daniel Holland (10) M					
46.58 Y	F	50 Free	2/9/2013	Central Valley Swim League Championships	SVP-AD
1:47.64 Y	F	100 Free	1/26/2013	Central Valley Swim Meet Quad Meet	
49.33 Y	F	50 Back	2/23/2013	Cabin Fever Invitational	
1:01.53 Y	F	50 Breast	1/12/2013	Canajoharie Developmental Meet	
2:11.45 Y	F	100 Breast	3/1/2013	AD Silver Short Course Championships	
1:02.30 Y	F	50 Fly	12/1/2012	Central Valley Swim League Quad Meet	
2:10.50 Y	F	100 IM	11/10/2012	CVSL First Splash	
Brandon Holmes (12) M					
50.77 Y	F	50 Free	1/12/2013	Canajoharie Developmental Meet	NHA-AD
1:01.34 Y	F	50 Back	1/12/2013	Canajoharie Developmental Meet	
Madison Holmes (10) W					
44.38 Y	F	50 Free	1/12/2013	Canajoharie Developmental Meet	NHA-AD
55.69 Y	F	50 Back	1/12/2013	Canajoharie Developmental Meet	
Tabor Holmes (12) W					
34.79 Y	F	50 Free	1/27/2013	Thoroughbred Splash 2013	SARY-AD
Caroline Holt (11) W					
45.76 Y	F	50 Free	2/23/2013	Cabin Fever Invitational	SCHE-AD
48.64 L	F	50 Free	6/1/2013	2013 NE MTSC June 1st Meet	
48.64 L	F	50 Free	6/1/2013	2013 NE MTSC June 1st Meet	
1:42.65 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
2:06.89 L	F	100 Free	6/1/2013	2013 NE MTSC June 1st Meet	
2:06.89 L	F	100 Free	6/1/2013	2013 NE MTSC June 1st Meet	
4:12.39 L	F	200 Free	6/1/2013	2013 NE MTSC June 1st Meet	
4:12.39 L	F	200 Free	6/1/2013	2013 NE MTSC June 1st Meet	
51.39 Y	F	50 Back	2/23/2013	Cabin Fever Invitational	
59.09 L	F	50 Back	6/1/2013	2013 NE MTSC June 1st Meet	
59.09 L	F	50 Back	6/1/2013	2013 NE MTSC June 1st Meet	
2:10.68 L	F	100 Back	6/1/2013	2013 NE MTSC June 1st Meet	
2:10.68 L	F	100 Back	6/1/2013	2013 NE MTSC June 1st Meet	
52.98 Y	F	50 Breast	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:28.73 L	F	50 Breast	6/1/2013	2013 NE MTSC June 1st Meet	

Individual Top Times

Time	P/F/S	Event			
Caroline Holt (11) W					
1:28.73 L	F	50 Breast	6/1/2013	2013 NE MTSC June 1st Meet	SCHE-AD
Jackson Homan (12) M					
29.47 Y	F	50 Free	1/18/2013	CT 2013 Wahoo Winter Invitatio	SSCY-AD
29.47 Y	F	50 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
31.06 L	F	50 Free	7/12/2013	Hawks Summer Invitational 2013	
1:05.06 Y	F	100 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:10.04 L	F	100 Free	7/12/2013	Hawks Summer Invitational 2013	
2:27.06 Y	F	200 Free	1/4/2013	2013 Starfish Trophy Invitational	
2:29.51 L	F	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
6:04.96 Y	F	500 Free	3/10/2013	AD Gold Short Course Championships	
34.93 Y	F	50 Back	1/18/2013	CT 2013 Wahoo Winter Invitatio	
38.91 L	F	50 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:14.70 Y	F	100 Back	1/4/2013	2013 Starfish Trophy Invitational	
1:23.41 L	F	100 Back	7/12/2013	Hawks Summer Invitational 2013	
2:36.62 Y	F	200 Back	1/12/2013	Chris Goody IMX Challenge	
35.90 Y	P	50 Breast	3/28/2013	2013 Eastern Zone SC Swimming Championships	
39.68 L	F	50 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
1:23.43 Y	F	100 Breast	1/12/2013	Chris Goody IMX Challenge	
1:30.84 L	F	100 Breast	7/12/2013	Hawks Summer Invitational 2013	
2:55.52 Y	F	200 Breast	12/9/2012	Piranhas December Distance Invite	
3:11.30 L	F	200 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
29.59 Y	F	50 Fly	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
32.37 L	F	50 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:06.91 Y	P	100 Fly	3/28/2013	2013 Eastern Zone SC Swimming Championships	
1:13.78 L	F	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:13.40 Y	P	100 IM	1/18/2013	CT 2013 Wahoo Winter Invitatio	
2:29.03 Y	F	200 IM	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
2:45.67 L	F	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
Jaden Homan (9) M					
16.42 Y	F	25 Free	1/12/2013	Chris Goody Mini-Meet	SSCY-AD
35.07 Y	F	50 Free	2/22/2013	North Country League Meet	
37.13 L	F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:13.22 Y	F	100 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
1:19.38 L	F	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:54.16 L	F	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:55.74 Y	F	200 Free	1/18/2013	CT 2013 Wahoo Winter Invitatio	
6:01.97 L	F	400 Free	7/19/2013	2013 Adirondack Long Course District Champion	
7:21.96 Y	F	500 Free	3/3/2013	North Country League Meet	
19.82 Y	F	25 Back	1/27/2013	North Country League Meet	
41.60 Y	F	50 Back	1/4/2013	2013 Starfish Trophy Invitational	
45.45 L	F	50 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:31.57 L	F	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:37.36 Y	F	100 Back	10/27/2012	IM-Xtremely Spooked	
22.53 Y	F	25 Breast	3/3/2013	North Country League Meet	
49.87 Y	F	50 Breast	11/10/2012	Pilgrims Pride	
52.40 L	F	50 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
1:52.50 Y	F	100 Breast	1/18/2013	CT 2013 Wahoo Winter Invitatio	
1:56.89 L	F	100 Breast	7/12/2013	Hawks Summer Invitational 2013	
17.06 Y	F	25 Fly	1/27/2013	North Country League Meet	
40.60 L	F	50 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
40.62 Y	F	50 Fly	1/4/2013	2013 Starfish Trophy Invitational	
1:34.88 L	F	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:51.36 Y	F	100 Fly	10/27/2012	IM-Xtremely Spooked	
1:24.55 Y	F	100 IM	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
3:05.58 Y	F	200 IM	3/3/2013	North Country League Meet	
3:24.13 L	F	200 IM	7/12/2013	Hawks Summer Invitational 2013	
Joseph Homan (14) M					
25.44 Y	F	50 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	SSCY-AD
28.40 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
55.43 Y L	F	100 Free	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS	

Individual Top Times

Time	P/F/S	Event			
Joseph Homan (14) M			SSCY-AD		
1:01.62 L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:55.90 Y	F	200 Free	2/14/2013	Section II Championships Large	
2:12.55 L	F	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
5:17.25 Y	F	500 Free	1/12/2013	Chris Goody IMX Challenge	
18:06.03 Y	F	1650 Free	3/28/2013	2013 Eastern Zone SC Swimming Championships	
1:09.95 L	F	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
2:08.74 Y	F	200 Back	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
2:32.02 L	P	200 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:15.89 Y	F	100 Breast	12/2/2012	December Super Splash 2012	
1:21.26 L	F	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
2:37.12 Y	F	200 Breast	1/12/2013	Chris Goody IMX Challenge	
58.46 Y	F	100 Fly	2/14/2013	Section II Championships Large	
1:05.67 L	F	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
2:32.42 L	F	200 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
2:07.96 Y	F	200 IM	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
2:28.88 L	F	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
4:34.92 Y	P	400 IM	3/28/2013	2013 Eastern Zone SC Swimming Championships	
Aimee Hooper (19) W			ALBS-AD		
29.35 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:11.04 L	F	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
4:37.59 L	F	400 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:08.61 L	F	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
Nicholas Hooper (18) M			UN-AD		
22.52 Y	F	50 Free	2/14/2013	Section II Championships Large	
25.39 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
48.09 Y L	F	100 Free	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS	
54.96 L	F	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:42.02 Y	P	200 Free	3/1/2013	2013 NI - OB - NYS Federation	
1:57.50 L	F	200 Free	7/12/2013	2013 NI - Niagara Long Course Classic	
4:09.85 L	F	400 Free	7/12/2013	2013 NI - Niagara Long Course Classic	
4:35.56 Y	P	500 Free	3/1/2013	2013 NI - OB - NYS Federation	
52.83 Y	F	100 Back	2/14/2013	Section II Championships Large	
1:01.72 L	P	100 Back	7/12/2013	2013 NI - Niagara Long Course Classic	
1:53.81 Y	F	200 Back	3/10/2013	AD Gold Short Course Championships	
2:11.67 L	F	200 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:05.66 Y	F	100 Breast	11/10/2012	Pilgrims Pride	
57.90 Y	F	100 Fly	10/21/2012	2012 Trick or Treat Meet	
1:00.30 L	F	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:56.18 Y	F	200 IM	2/14/2013	Section II Championships Large	
2:11.56 L	F	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
4:06.54 Y	F	400 IM	3/10/2013	AD Gold Short Course Championships	
4:43.28 L	F	400 IM	7/19/2013	2013 Adirondack Long Course District Champion	
Neil Horne (13) M			ALBS-AD		
26.33 Y	P	50 Free	3/28/2013	2013 Eastern Zone SC Swimming Championships	
29.50 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
29.62 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:01.43 Y	P	100 Free	3/10/2013	AD Gold Short Course Championships	
1:05.35 L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:24.66 Y	F	200 Free	10/21/2012	2012 Trick or Treat Meet	
2:28.76 L	P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
31.35 Y	F	50 Back	3/10/2013	AD Gold Short Course Championships	
1:11.59 Y	P	100 Back	3/10/2013	AD Gold Short Course Championships	
1:13.72 L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:16.84 S	F	100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
39.80 Y	F	50 Breast	2/10/2013	2013 Piranhas Pentathlon	
1:29.37 Y	F	100 Breast	11/10/2012	Pilgrims Pride	
1:34.65 S	F	100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:36.12 L	P	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
29.19 Y	F	50 Fly	2/10/2013	2013 Piranhas Pentathlon	
1:11.35 Y	F	100 Fly	3/10/2013	AD Gold Short Course Championships	

Individual Top Times

Time	P/F/S	Event			
Neil Horne (13) M					
ALBS-AD					
1:20.49	S	F	100	Fly	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:23.98	L	P	100	Fly	7/19/2013 2013 Adirondack Long Course District Champion
1:09.81	Y	P	100	IM	3/10/2013 AD Gold Short Course Championships
1:18.67	S	F	100	IM	6/2/2013 2013 Starfish Meter Madness - Pentathlon
2:32.12	Y	F	200	IM	3/10/2013 AD Gold Short Course Championships
2:50.64	L	P	200	IM	7/19/2013 2013 Adirondack Long Course District Champion
Madison Horner (8) W					
SCHE-AD					
31.78	Y	F	25	Free	1/12/2013 Chris Goody Mini-Meet
29.12	Y	F	25	Back	1/12/2013 Chris Goody Mini-Meet
Laurie Horsch (11) W					
BSPA-AD					
37.56	Y	F	50	Free	11/17/2012 Harvest Invitational
1:27.64	Y	F	100	Free	1/27/2013 Thoroughbred Splash 2013
3:21.90	Y	F	200	Free	1/12/2013 Canajoharie Developmental Meet
47.99	Y	F	50	Back	3/1/2013 AD Silver Short Course Championships
1:42.34	Y	F	100	Back	1/12/2013 Canajoharie Developmental Meet
52.62	Y	F	50	Breast	10/20/2012 Ravena Autumn Breeze 2012
1:57.65	Y	F	100	Breast	11/17/2012 Harvest Invitational
1:41.26	Y	F	100	IM	11/4/2012 Hometown Splashdown
Jade Horton (14) M					
HAWK-AD					
26.68	Y	P	50	Free	3/10/2013 AD Gold Short Course Championships
30.53	L	F	50	Free	7/12/2013 Hawks Summer Invitational 2013
1:00.11	Y	F	100	Free	11/18/2012 Hawk-NDAC-CSD
2:16.68	Y	P	200	Free	1/25/2013 Hawks Trials And Finals 2013
2:47.09	L	F	200	Free	7/12/2013 Hawks Summer Invitational 2013
1:07.32	Y	F	100	Back	11/18/2012 Hawk-NDAC-CSD
1:22.63	L	F	100	Back	7/12/2013 Hawks Summer Invitational 2013
2:24.64	Y	F	200	Back	1/25/2013 Hawks Trials And Finals 2013
2:56.86	L	F	200	Back	7/12/2013 Hawks Summer Invitational 2013
x1:22.21	Y	F	100	Breast	11/18/2012 Hawk-NDAC-CSD
2:59.53	Y	P	200	Breast	1/25/2013 Hawks Trials And Finals 2013
2:47.72	Y	F	200	Fly	1/4/2013 2013 Starfish Trophy Invitational
2:36.65	Y	F	200	IM	1/4/2013 2013 Starfish Trophy Invitational
Kaleb Hotaling (12) M					
SSCY-AD					
30.13	Y	F	50	Free	2/3/2013 Delmar Dolphins February Freeze Invitational
1:08.28	Y	F	100	Free	3/3/2013 North Country League Meet
36.34	Y	F	50	Breast	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
1:26.84	Y	F	100	Breast	1/12/2013 Chris Goody IMX Challenge
2:59.66	Y	F	200	Breast	2/22/2013 North Country League Meet
31.93	Y	P	50	Fly	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
1:12.41	Y	F	100	IM	2/22/2013 North Country League Meet
2:34.14	Y	F	200	IM	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
Ryan Hotaling (10) M					
GLOY-AD					
39.45	Y	F	50	Free	1/20/2013 Foothills Inv
1:43.37	Y	F	100	Free	1/27/2013 North Country League Meet
56.75	Y	F	50	Back	1/20/2013 Foothills Inv
Sam Hotaling (8) M					
GLOY-AD					
18.99	Y	F	25	Free	2/9/2013 North Country YMCA Swim League 2013 Champions
39.19	Y	F	50	Free	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
1:30.76	Y	F	100	Free	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
29.65	Y	F	25	Back	1/27/2013 North Country League Meet
1:06.15	Y	F	50	Back	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
Savannah Hotaling (16) W					
UN-AD					
1:21.91	Y	P	100	Breast	11/1/2012 Girls Sec II Division 2 Champ
Jordan Howell (10) W					
DELM-AD					
43.21	Y	F	50	Free	1/12/2013 Chris Goody Mini-Meet
44.43	S	F	50	Free	6/15/2013 Piranhas Summer Kick-Off Meet
1:32.27	Y	F	100	Free	2/23/2013 Cabin Fever Invitational
1:41.02	S	F	100	Free	6/15/2013 Piranhas Summer Kick-Off Meet
3:27.73	L	F	200	Free	7/19/2013 2013 Adirondack Long Course District Champion

Individual Top Times

Time	P/F/S	Event			
Jordan Howell (10) W			DELM-AD		
43.48 Y	F	50 Back	3/1/2013	AD Silver Short Course Championships	
50.29 S	F	50 Back	6/15/2013	Piranhas Summer Kick-Off Meet	
52.63 L	F	50 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:34.11 Y	F	100 Back	2/23/2013	Cabin Fever Invitational	
55.21 Y	F	50 Breast	2/23/2013	Cabin Fever Invitational	
1:01.45 S	F	50 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:17.66 L	F	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
49.41 Y	F	50 Fly	3/1/2013	AD Silver Short Course Championships	
52.87 S	F	50 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:43.24 Y	F	100 IM	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:49.96 S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
Adara Hoyne (13) W			SCHE-AD		
26.45 Y	P	50 Free	3/10/2013	AD Gold Short Course Championships	
29.77 L	F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
57.82 Y	P	100 Free	12/6/2012	2012 NE NSSC MIT Invite	
1:05.40 L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:07.37 Y	F	200 Free	1/27/2013	Thoroughbred Splash 2013	
2:28.23 L	P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
6:00.89 Y	F	500 Free	1/12/2013	Chris Goody IMX Challenge	
36.54 L	F	50 Back	6/1/2013	2013 NE MTSC June 1st Meet	
36.54 L	F	50 Back	6/1/2013	2013 NE MTSC June 1st Meet	
1:08.21 Y	P	100 Back	3/10/2013	AD Gold Short Course Championships	
1:22.48 L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
2:25.51 Y	P	200 Back	12/6/2012	2012 NE NSSC MIT Invite	
2:53.79 L	P	200 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:26.08 Y	F	100 Breast	2/10/2013	2013 Piranhas Pentathlon	
3:14.36 Y	F	200 Breast	10/27/2012	IM-Xtremely Spooked	
34.89 L	F	50 Fly	6/1/2013	2013 NE MTSC June 1st Meet	
34.89 L	F	50 Fly	6/1/2013	2013 NE MTSC June 1st Meet	
1:07.02 Y	P	100 Fly	3/10/2013	AD Gold Short Course Championships	
1:18.74 L	P	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
2:49.97 Y	F	200 Fly	10/27/2012	IM-Xtremely Spooked	
2:26.53 Y	F	200 IM	2/23/2013	Cabin Fever Invitational	
2:55.60 L	F	200 IM	6/1/2013	2013 NE MTSC June 1st Meet	
2:55.60 L	F	200 IM	6/1/2013	2013 NE MTSC June 1st Meet	
5:29.15 Y	F	400 IM	1/12/2013	Chris Goody IMX Challenge	
Saya Hrosar (12) W			SSAC-AD		
32.49 Y	F	50 Free	1/12/2013	Chris Goody Mini-Meet	
1:09.96 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
6:54.16 Y	F	500 Free	1/12/2013	Chris Goody IMX Challenge	
36.16 Y	F	50 Back	1/12/2013	Chris Goody Mini-Meet	
1:18.17 Y	F	100 Back	1/12/2013	Chris Goody IMX Challenge	
44.74 Y	F	50 Breast	1/12/2013	Chris Goody Mini-Meet	
39.01 Y	F	50 Fly	1/12/2013	Chris Goody Mini-Meet	
1:27.55 Y	F	100 Fly	1/12/2013	Chris Goody IMX Challenge	
1:24.24 Y	F	100 IM	12/2/2012	December Super Splash 2012	
2:52.64 Y	F	200 IM	1/12/2013	Chris Goody IMX Challenge	
Bridgit Hrubecky (16) W			USAM-AD		
29.37 Y	F	50 Free	10/21/2012	2012 Trick or Treat Meet	
1:06.36 Y	F	100 Free	10/21/2012	2012 Trick or Treat Meet	
2:32.94 Y	F	200 Free	3/1/2013	AD Silver Short Course Championships	
1:20.21 Y	F	100 Back	1/4/2013	2013 Starfish Trophy Invitational	
1:29.72 Y	F	100 Breast	3/1/2013	AD Silver Short Course Championships	
3:21.58 Y	F	200 Breast	1/4/2013	2013 Starfish Trophy Invitational	
Ellen Huang (10) W			DELM-AD		
50.44 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
48.61 Y	F	50 Back	1/12/2013	Chris Goody Mini-Meet	
51.95 S	F	50 Back	6/15/2013	Piranhas Summer Kick-Off Meet	
1:42.36 Y	F	100 Back	2/3/2013	Delmar Dolphins February Freeze Invitational	
56.85 Y	F	50 Breast	2/3/2013	Delmar Dolphins February Freeze Invitational	

Individual Top Times

Time	P/F/S	Event			
Ellen Huang (10) W					
1:00.02	S	F	50 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon
2:02.96	S	F	100 Breast	6/15/2013	Piranhas Summer Kick-Off Meet
1:48.68	Y	F	100 IM	1/12/2013	Chris Goody Mini-Meet
1:58.11	S	F	100 IM	6/15/2013	Piranhas Summer Kick-Off Meet
Karen Huang (8) W					
28.31	Y	F	25 Free	10/20/2012	Ravena Autumn Breeze 2012
48.75	Y	F	50 Free	2/3/2013	Delmar Dolphins February Freeze Invitational
49.22	S	F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet
24.49	Y	F	25 Back	12/2/2012	December Super Splash 2012
54.95	Y	F	50 Back	2/3/2013	Delmar Dolphins February Freeze Invitational
55.06	S	F	50 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:15.25	Y	F	25 Breast	12/2/2012	December Super Splash 2012
1:02.65	S	F	50 Breast	6/15/2013	Piranhas Summer Kick-Off Meet
1:02.27	S	F	50 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon
Sarah Hubert (16) W					
32.64	Y	F	50 Free	3/1/2013	AD Silver Short Course Championships
40.90	L	F	50 Free	7/12/2013	Hawks Summer Invitational 2013
1:14.63	Y	F	100 Free	3/1/2013	AD Silver Short Course Championships
1:33.21	L	F	100 Free	7/12/2013	Hawks Summer Invitational 2013
2:54.55	Y	P	200 Free	1/25/2013	Hawks Trials And Finals 2013
3:26.37	L	F	200 Free	7/12/2013	Hawks Summer Invitational 2013
1:23.65	Y	F	100 Back	1/4/2013	2013 Starfish Trophy Invitational
1:45.03	L	F	100 Back	7/12/2013	Hawks Summer Invitational 2013
3:06.29	Y	F	200 Back	1/4/2013	2013 Starfish Trophy Invitational
3:37.68	L	F	200 Back	7/12/2013	Hawks Summer Invitational 2013
1:44.20	Y	F	100 Breast	3/1/2013	AD Silver Short Course Championships
1:28.54	Y	F	100 Fly	3/1/2013	AD Silver Short Course Championships
2:04.09	L	F	100 Fly	7/12/2013	Hawks Summer Invitational 2013
3:11.63	Y	P	200 IM	1/25/2013	Hawks Trials And Finals 2013
3:56.01	L	F	200 IM	7/12/2013	Hawks Summer Invitational 2013
Emma Huestis (10) W					
37.32	Y	F	50 Free	2/23/2013	Cabin Fever Invitational
1:26.54	Y	F	100 Free	3/1/2013	AD Silver Short Course Championships
50.15	Y	F	50 Back	2/23/2013	Cabin Fever Invitational
50.59	Y	F	50 Breast	3/1/2013	AD Silver Short Course Championships
1:53.33	Y	F	100 Breast	2/23/2013	Cabin Fever Invitational
46.28	Y	F	50 Fly	3/1/2013	AD Silver Short Course Championships
1:44.45	Y	F	100 IM	1/4/2013	2013 NE GMA Winter Knights
Rachael Hughes Robillard (9) W					
31.11	Y	F	25 Free	11/17/2012	Harvest Invitational
58.88	S	F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet
1:00.57	Y	F	50 Free	1/4/2013	2013 Starfish Trophy Invitational
1:06.63	L	F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion
2:07.01	Y	F	100 Free	12/15/2012	Sharks 12&Under Mini-Meet
2:18.68	L	F	100 Free	7/19/2013	2013 Adirondack Long Course District Champion
2:27.74	S	F	100 Free	6/15/2013	Piranhas Summer Kick-Off Meet
32.47	Y	F	25 Back	11/17/2012	Harvest Invitational
1:00.95	Y	F	50 Back	2/10/2013	2013 Piranhas Pentathlon
1:09.92	S	F	50 Back	6/15/2013	Piranhas Summer Kick-Off Meet
1:18.69	L	F	50 Back	7/19/2013	2013 Adirondack Long Course District Champion
2:34.09	L	F	100 Back	7/19/2013	2013 Adirondack Long Course District Champion
Conor Hughes (12) M					
36.60	Y	F	50 Free	3/1/2013	AD Silver Short Course Championships
1:24.24	Y	F	100 Free	3/1/2013	AD Silver Short Course Championships
44.67	Y	F	50 Back	1/4/2013	2013 Starfish Trophy Invitational
1:34.65	Y	F	100 Back	3/1/2013	AD Silver Short Course Championships
56.85	Y	F	50 Breast	3/1/2013	AD Silver Short Course Championships
1:39.25	Y	F	100 IM	3/1/2013	AD Silver Short Course Championships
Lela Hughes (11) W					

DELM-AD

DELM-AD

HAWK-AD

ADDI-AD

CPP-AD

USAM-AD

BSPA-AD

Individual Top Times

Time	P/F/S	Event			
Lela Hughes (11) W					
					BSPA-AD
1:14.27	Y	F	50	Free	11/4/2012 Hometown Splashdown
1:12.92	Y	F	50	Back	11/4/2012 Hometown Splashdown
Mikaleigh Hughes (8) W					
					USAM-AD
20.70	Y	F	25	Free	2/23/2013 Cabin Fever Invitational
45.14	Y	F	50	Free	2/3/2013 Delmar Dolphins February Freeze Invitational
1:37.85	Y	F	100	Free	2/23/2013 Cabin Fever Invitational
24.30	Y	F	25	Back	1/12/2013 Chris Goody Mini-Meet
51.69	Y	F	50	Back	2/3/2013 Delmar Dolphins February Freeze Invitational
25.46	Y	F	25	Fly	3/9/2013 Eastern States League Championships 2013
58.05	Y	F	50	Fly	2/3/2013 Delmar Dolphins February Freeze Invitational
Allison Hutchins (16) W					
					EELS-AD
24.69	Y	F	50	Free	3/28/2013 2013 Eastern Zone SC Swimming Championships
28.47	L	F	50	Free	7/19/2013 2013 Adirondack Long Course District Champion
54.01	Y	F	100	Free	3/28/2013 2013 Eastern Zone SC Swimming Championships
1:02.67	L	F	100	Free	7/19/2013 2013 Adirondack Long Course District Champion
2:00.54	Y	F	200	Free	3/10/2013 AD Gold Short Course Championships
2:21.30	L	P	200	Free	7/19/2013 2013 Adirondack Long Course District Champion
5:02.58	L	F	400	Free	7/12/2013 Hawks Summer Invitational 2013
5:33.21	Y	F	500	Free	1/4/2013 2013 Starfish Trophy Invitational
11:47.01	Y	F	1000	Free	1/4/2013 2013 Starfish Trophy Invitational
1:18.36	L	P	100	Back	7/19/2013 2013 Adirondack Long Course District Champion
2:28.30	Y	F	200	Back	1/4/2013 2013 Starfish Trophy Invitational
2:52.63	L	P	200	Back	7/19/2013 2013 Adirondack Long Course District Champion
1:19.98	Y	F	100	Breast	1/4/2013 2013 Starfish Trophy Invitational
1:33.55	L	P	100	Breast	7/19/2013 2013 Adirondack Long Course District Champion
2:55.38	Y	F	200	Breast	10/27/2012 IM-Xtremely Spooked
3:23.33	L	F	200	Breast	6/8/2013 Clinton Cudas Colgate Classic Invitational
1:09.50	Y	P	100	Fly	12/6/2012 2012 NI - STAR Short Course Invitational
1:16.74	L	F	100	Fly	7/12/2013 Hawks Summer Invitational 2013
2:32.34	Y	F	200	Fly	1/12/2013 Chris Goody IMX Challenge
2:44.77	L	F	200	IM	6/8/2013 Clinton Cudas Colgate Classic Invitational
5:16.28	Y	F	400	IM	1/12/2013 Chris Goody IMX Challenge
5:58.15	L	F	400	IM	5/3/2013 2013 MR Condors May Meters Matter
Beau Hutchins (14) M					
					EELS-AD
26.26	Y	F	50	Free	1/4/2013 2013 Starfish Trophy Invitational
29.21	L L	F	50	Free	7/19/2013 2013 Adirondack Long Course District Champion
1:01.75	L	F	100	Free	7/19/2013 2013 Adirondack Long Course District Champion
2:05.84	Y	P	200	Free	3/10/2013 AD Gold Short Course Championships
2:16.91	L	F	200	Free	7/19/2013 2013 Adirondack Long Course District Champion
5:04.19	L	F	400	Free	7/12/2013 Hawks Summer Invitational 2013
1:17.86	L	F	100	Back	7/12/2013 Hawks Summer Invitational 2013
2:30.80	Y	F	200	Back	1/4/2013 2013 Starfish Trophy Invitational
2:43.67	L	F	200	Back	7/19/2013 2013 Adirondack Long Course District Champion
1:15.95	Y	P	100	Breast	3/10/2013 AD Gold Short Course Championships
1:20.94	L	F	100	Breast	7/19/2013 2013 Adirondack Long Course District Champion
3:02.65	L	F	200	Breast	7/19/2013 2013 Adirondack Long Course District Champion
1:01.34	Y	F	100	Fly	3/10/2013 AD Gold Short Course Championships
1:07.46	L	F	100	Fly	7/19/2013 2013 Adirondack Long Course District Champion
2:37.91	Y	F	200	Fly	1/12/2013 Chris Goody IMX Challenge
2:44.78	L	F	200	Fly	7/19/2013 2013 Adirondack Long Course District Champion
2:22.01	Y	P	200	IM	3/10/2013 AD Gold Short Course Championships
2:35.72	L	P	200	IM	7/19/2013 2013 Adirondack Long Course District Champion
5:46.44	L	F	400	IM	7/12/2013 Hawks Summer Invitational 2013
Sienna Huther (10) W					
					CLIN-AD
39.20	Y	F	50	Free	12/15/2012 Sharks 12&Under Mini-Meet
1:26.79	Y	F	100	Free	12/15/2012 Sharks 12&Under Mini-Meet
41.27	Y	F	50	Back	3/10/2013 AD Gold Short Course Championships
53.28	Y	F	50	Breast	3/1/2013 AD Silver Short Course Championships
49.89	Y	F	50	Fly	3/1/2013 AD Silver Short Course Championships
1:37.03	Y	F	100	IM	3/1/2013 AD Silver Short Course Championships

Individual Top Times

Time	P/F/S	Event			
Gregory Hvizdos (11) M					
					ALBS-AD
31.32 Y	F	50 Free	2/10/2013	2013 Piranhas Pentathlon	
33.91 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:07.36 Y	P	100 Free	3/10/2013	AD Gold Short Course Championships	
1:13.05 L L	F	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:20.55 Y	F	200 Free	3/1/2013	AD Silver Short Course Championships	
2:35.04 L	P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
5:32.15 L	F	400 Free	7/19/2013	2013 Adirondack Long Course District Champion	
6:15.54 Y	F	500 Free	3/10/2013	AD Gold Short Course Championships	
38.64 Y	F	50 Back	11/10/2012	Pilgrims Pride	
39.51 S	F	50 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
41.55 L	F	50 Back	7/19/2013	2013 Adirondack Long Course District Champion	
38.70 Y	P	50 Breast	3/10/2013	AD Gold Short Course Championships	
42.52 L	F	50 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
42.95 S	F	50 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:23.18 Y	F	100 Breast	3/10/2013	AD Gold Short Course Championships	
1:31.03 L	P	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
2:58.10 Y	F	200 Breast	3/10/2013	AD Gold Short Course Championships	
3:15.98 L	F	200 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
34.78 Y	F	50 Fly	2/10/2013	2013 Piranhas Pentathlon	
37.06 S	F	50 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
37.79 L	F	50 Fly	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:17.26 Y	F	100 Fly	3/10/2013	AD Gold Short Course Championships	
1:26.95 L	P	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:15.78 Y	F	100 IM	12/2/2012	December Super Splash 2012	
2:40.14 Y	F	200 IM	3/10/2013	AD Gold Short Course Championships	
2:40.14 Y	P	200 IM	3/10/2013	AD Gold Short Course Championships	
2:58.48 L	F	200 IM	6/8/2013	Clinton Cudas Colgate Classic Invitational	
Hudson Hyams (12) M					
					DELM-AD
34.44 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	
37.53 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:52.90 Y	F	200 Free	10/21/2012	2012 Trick or Treat Meet	
40.22 Y	F	50 Back	3/1/2013	AD Silver Short Course Championships	
1:37.13 S	F	100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
46.78 Y	F	50 Breast	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:50.94 S	F	100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
48.45 Y	F	50 Fly	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:28.80 Y	F	100 IM	3/1/2013	AD Silver Short Course Championships	
1:35.71 S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
Emily Hyde (19) W					
					CLIN-AD
29.02 L	F	50 Free	7/6/2013	Sharks Summer Invite	
2:21.78 L	F	200 Free	7/6/2013	Sharks Summer Invite	
1:16.77 L	F	100 Back	7/6/2013	Sharks Summer Invite	
1:21.06 L	F	100 Breast	7/6/2013	Sharks Summer Invite	
Caroline Iannotti (10) W					
					GLOY-AD
41.79 Y L	F	50 Free	1/20/2013	Foothills Inv	
1:36.59 Y	F	100 Free	1/20/2013	Foothills Inv	
59.20 Y	F	50 Back	1/20/2013	Foothills Inv	
50.80 Y	F	50 Breast	2/9/2013	North Country YMCA Swim League 2013 Champions	
1:49.71 Y	F	100 IM	1/20/2013	Foothills Inv	
Aryn Iannuzzi (11) W					
					BENN-AD
30.28 Y	P	50 Free	3/10/2013	AD Gold Short Course Championships	
1:13.79 Y	F	100 Free	1/27/2013	Thoroughbred Splash 2013	
40.82 Y	F	50 Back	2/10/2013	2013 Piranhas Pentathlon	
41.17 Y	P	50 Breast	3/10/2013	AD Gold Short Course Championships	
35.23 Y	P	50 Fly	3/10/2013	AD Gold Short Course Championships	
1:19.37 Y	F	100 IM	2/23/2013	Cabin Fever Invitational	
Claire Iannuzzi (13) W					
					BENN-AD
32.13 Y	F	50 Free	2/10/2013	2013 Piranhas Pentathlon	
1:10.55 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	

Individual Top Times

Time	P/F/S	Event				
Claire Iannuzzi (13) W						
2:31.46 Y	F	200 Free	3/1/2013	AD Silver Short Course Championships	BENN-AD	
6:42.95 Y	F	500 Free	3/10/2013	AD Gold Short Course Championships		
41.78 Y	F	50 Back	2/23/2013	Cabin Fever Invitational		
38.84 Y	P	50 Breast	3/10/2013	AD Gold Short Course Championships		
1:26.84 Y	P	100 Breast	3/10/2013	AD Gold Short Course Championships		
39.63 Y	F	50 Fly	3/1/2013	AD Silver Short Course Championships		
1:23.85 Y	F	100 IM	2/23/2013	Cabin Fever Invitational		
Evan Iannuzzi (10) M						
37.75 Y	F	50 Free	12/2/2012	December Super Splash 2012	AMST-AD	
1:32.53 Y	F	100 Free	12/2/2012	December Super Splash 2012		
3:26.00 Y	F	200 Free	1/26/2013	Central Valley Swim Meet Quad Meet		
8:30.44 Y	F	500 Free	12/15/2012	Central Valley Swim League Quad Meet		
43.55 Y	F	50 Back	3/10/2013	AD Gold Short Course Championships		
1:39.91 Y	F	100 Back	1/26/2013	Central Valley Swim Meet Quad Meet		
47.92 Y	F	50 Breast	3/10/2013	AD Gold Short Course Championships		
1:48.84 Y	F	100 Breast	1/20/2013	Foothills Inv		
50.60 Y	F	50 Fly	2/3/2013	Delmar Dolphins February Freeze Invitational		
1:34.83 Y	F	100 IM	3/1/2013	AD Silver Short Course Championships		
3:30.33 Y	F	200 IM	12/15/2012	Central Valley Swim League Quad Meet		
Aaron Idelson (17) M						
26.01 Y	F	50 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	CLRK-AD	
58.45 Y	F	100 Free	2/3/2013	Delmar Dolphins February Freeze Invitational		
1:08.29 Y	F	100 Back	12/1/2012	Central Valley Swim League Quad Meet		
2:32.84 Y	F	200 Back	12/15/2012	Central Valley Swim League Quad Meet		
1:23.61 Y	F	100 Breast	11/10/2012	CVSL First Splash		
2:58.02 Y	F	200 Breast	12/15/2012	Central Valley Swim League Quad Meet		
2:30.76 Y	F	200 IM	2/13/2013	2013 Section III Boys Champion		
5:39.40 Y	F	400 IM	12/15/2012	Central Valley Swim League Quad Meet		
Nicole Idelson (13) W						
44.95 Y	F	50 Free	12/1/2012	Central Valley Swim League Quad Meet		CLRK-AD
1:37.09 Y	F	100 Free	2/3/2013	Delmar Dolphins February Freeze Invitational		
3:43.69 Y	F	200 Free	1/26/2013	Central Valley Swim Meet Quad Meet		
56.59 Y	F	50 Back	11/10/2012	CVSL First Splash		
2:08.43 Y	F	100 Back	12/15/2012	Central Valley Swim League Quad Meet		
4:51.89 Y	F	200 Back	1/26/2013	Central Valley Swim Meet Quad Meet		
52.48 Y	F	50 Breast	12/1/2012	Central Valley Swim League Quad Meet		
1:53.17 Y	F	100 Breast	2/9/2013	Central Valley Swim League Championships		
4:07.87 Y	F	200 Breast	1/26/2013	Central Valley Swim Meet Quad Meet		
55.79 Y	F	50 Fly	12/1/2012	Central Valley Swim League Quad Meet		
4:15.94 Y	F	200 IM	12/15/2012	Central Valley Swim League Quad Meet		
Gabriella Ientile (11) W						
42.52 Y	F	50 Free	11/4/2012	Hometown Splashdown	GRGF-AD	
Owen Ikasalo (7) M						
31.07 Y	F	25 Free	11/10/2012	Pilgrims Pride	DELM-AD	
30.15 Y	F	25 Back	11/10/2012	Pilgrims Pride		
1:05.32 Y	F	50 Back	11/10/2012	Pilgrims Pride		
Zaheer Irani (12) M						
31.82 Y	F	50 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	BFIN-AD	
1:10.76 Y	F	100 Free	2/3/2013	Delmar Dolphins February Freeze Invitational		
6:31.24 Y	F	500 Free	3/10/2013	AD Gold Short Course Championships		
36.83 Y	F	50 Back	3/1/2013	AD Silver Short Course Championships		
1:14.81 Y	P	100 Back	3/10/2013	AD Gold Short Course Championships		
42.23 Y	F	50 Breast	1/4/2013	2013 Starfish Trophy Invitational		
36.57 Y	F	50 Fly	3/1/2013	AD Silver Short Course Championships		
1:17.84 Y	F	100 IM	3/1/2013	AD Silver Short Course Championships		
Zeeshan Irani (15) M						
23.63 Y L	F	50 Free	3/10/2013	AD Gold Short Course Championships	BFIN-AD	
52.33 Y	P	100 Free	3/10/2013	AD Gold Short Course Championships		
1:56.86 Y	F	200 Free	3/10/2013	AD Gold Short Course Championships		

Individual Top Times

Time	P/F/S	Event			
Zeeshan Irani (15) M			BFIN-AD		
26.03 Y	F	50 Back	3/28/2013	2013 Eastern Zone SC Swimming Championships	
56.63 Y	F	100 Back	3/28/2013	2013 Eastern Zone SC Swimming Championships	
2:08.75 Y	F	200 Back	3/10/2013	AD Gold Short Course Championships	
1:07.07 Y	F	100 Breast	3/10/2013	AD Gold Short Course Championships	
1:02.98 Y	F	100 Fly	1/4/2013	2013 Starfish Trophy Invitational	
2:11.86 Y	P	200 IM	2/14/2013	Section II Championships Large	
Sedef Ishaque (15) W			ALBS-AD		
26.25 Y L	F	50 Free	3/10/2013	AD Gold Short Course Championships	
29.65 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
29.93 L	F	50 Free	6/22/2013	2013 NI - Niagara Super Circuit Ithaca	
57.28 Y	F	100 Free	3/10/2013	AD Gold Short Course Championships	
2:07.65 Y	F	200 Free	1/4/2013	2013 Starfish Trophy Invitational	
59.59 Y	P	100 Back	3/28/2013	2013 Eastern Zone SC Swimming Championships	
1:09.18 S	F	100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:12.23 L	F	100 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
2:07.45 Y	F	200 Back	3/28/2013	2013 Eastern Zone SC Swimming Championships	
2:30.36 L	F	200 Back	6/22/2013	2013 NI - Niagara Super Circuit Ithaca	
1:20.43 Y	F	100 Breast	1/4/2013	2013 Starfish Trophy Invitational	
1:29.01 S	F	100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:00.58 Y	P	100 Fly	3/28/2013	2013 Eastern Zone SC Swimming Championships	
1:09.72 L	F	100 Fly	6/22/2013	2013 NI - Niagara Super Circuit Ithaca	
1:11.08 S	F	100 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:22.41 Y	F	200 Fly	1/4/2013	2013 Starfish Trophy Invitational	
1:12.71 S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:21.04 Y	F	200 IM	1/4/2013	2013 Starfish Trophy Invitational	
2:39.63 L	F	200 IM	6/8/2013	Clinton Cudas Colgate Classic Invitational	
Bailey Isolda (12) W			AMST-AD		
40.76 Y	F	50 Free	1/4/2013	2013 Starfish Trophy Invitational	
1:31.27 Y	F	100 Free	1/20/2013	Foothills Inv	
9:52.10 Y	F	500 Free	12/15/2012	Central Valley Swim League Quad Meet	
49.16 Y	F	50 Back	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:52.92 Y	F	100 Back	12/15/2012	Central Valley Swim League Quad Meet	
52.07 Y	F	50 Breast	1/20/2013	Foothills Inv	
1:57.60 Y	F	100 Breast	3/1/2013	AD Silver Short Course Championships	
52.27 Y	F	50 Fly	2/9/2013	Central Valley Swim League Championships	
1:41.70 Y	F	100 IM	2/23/2013	Cabin Fever Invitational	
Desiree Ives (15) W			GLOY-AD		
27.45 Y	P	50 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
1:06.05 Y	F	100 Free	1/27/2013	North Country League Meet	
5:52.52 Y	F	500 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
32.53 Y	F	50 Back	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
1:08.60 Y	P	100 Back	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
2:41.00 Y	F	200 Back	1/27/2013	North Country League Meet	
Olivia Jack (13) W			UN-AD		
2:12.97 Y	F	200 Free	1/4/2013	2013 Starfish Trophy Invitational	
5:55.78 Y	F	500 Free	3/10/2013	AD Gold Short Course Championships	
31.77 Y	F	50 Back	1/4/2013	2013 Starfish Trophy Invitational	
31.17 Y	P	50 Breast	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
27.98 Y	F	50 Fly	1/4/2013	2013 Starfish Trophy Invitational	
1:06.76 Y	F	100 IM	1/4/2013	2013 Starfish Trophy Invitational	
Magdalene Jacobs (12) W			GRGF-AD		
39.29 Y	F	50 Free	12/2/2012	December Super Splash 2012	
53.53 Y	F	50 Breast	12/2/2012	December Super Splash 2012	
Molly Jacobs (14) W			TBS-AD		
41.67 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
3:21.24 L	P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
Elias Jaques (10) M			SCHE-AD		
49.77 Y	F	50 Free	1/27/2013	Thoroughbred Splash 2013	
1:01.84 Y	F	50 Back	1/12/2013	Chris Goody Mini-Meet	

Individual Top Times

Time	P/F/S	Event				
Bradley Jasewicz (10) M						
						AMST-AD
1:03.70	Y	F	50	Free	2/23/2013	Cabin Fever Invitational
2:19.90	Y	F	100	Free	1/12/2013	Canajoharie Developmental Meet
4:42.76	Y	F	200	Free	3/1/2013	AD Silver Short Course Championships
1:03.46	Y	F	50	Back	2/9/2013	Central Valley Swim League Championships
2:13.13	Y	F	100	Back	3/1/2013	AD Silver Short Course Championships
1:25.77	Y	F	50	Breast	2/23/2013	Cabin Fever Invitational
Brandon Jasewicz (8) M						
						AMST-AD
25.04	Y	F	25	Free	3/1/2013	AD Silver Short Course Championships
1:03.22	Y	F	50	Free	3/1/2013	AD Silver Short Course Championships
2:06.94	Y	F	100	Free	3/1/2013	AD Silver Short Course Championships
30.06	Y	F	25	Back	3/1/2013	AD Silver Short Course Championships
1:08.45	Y	F	50	Back	3/1/2013	AD Silver Short Course Championships
2:19.16	Y	F	100	Back	2/23/2013	Cabin Fever Invitational
34.15	Y	F	25	Breast	2/9/2013	Central Valley Swim League Championships
Isabella Jaskowski (11) W						
						NTS-AD
34.49	Y	F	50	Free	1/27/2013	Thoroughbred Splash 2013
1:16.69	Y	F	100	Free	1/27/2013	Thoroughbred Splash 2013
2:49.25	Y	F	200	Free	1/12/2013	Chris Goody IMX Challenge
38.71	Y	F	50	Back	2/10/2013	2013 Piranhas Pentathlon
1:27.09	Y	F	100	Back	1/12/2013	Chris Goody IMX Challenge
45.88	Y	F	50	Breast	1/27/2013	Thoroughbred Splash 2013
39.05	Y	F	50	Fly	2/10/2013	2013 Piranhas Pentathlon
1:41.35	Y	F	100	Fly	1/12/2013	Chris Goody IMX Challenge
1:23.38	Y	F	100	IM	1/27/2013	Thoroughbred Splash 2013
3:08.24	Y	F	200	IM	1/12/2013	Chris Goody IMX Challenge
Alyssa Jennings (17) W						
						CLIN-AD
30.56	Y	F	50	Free	1/4/2013	2013 Starfish Trophy Invitational
1:05.51	Y	F	100	Free	3/1/2013	AD Silver Short Course Championships
1:16.50	Y	F	100	Back	3/1/2013	AD Silver Short Course Championships
1:23.38	Y	F	100	Breast	11/17/2012	Harvest Invitational
2:56.44	Y	F	200	Breast	3/1/2013	AD Silver Short Course Championships
1:15.66	Y	F	100	Fly	3/1/2013	AD Silver Short Course Championships
2:37.55	Y	F	200	IM	11/17/2012	Harvest Invitational
Lindsay Jennings (15) W						
						CLIN-AD
30.88	Y	F	50	Free	1/4/2013	2013 Starfish Trophy Invitational
35.25	L	P	50	Free	7/19/2013	2013 Adirondack Long Course District Champion
1:06.71	Y	F	100	Free	3/1/2013	AD Silver Short Course Championships
1:16.40	L	F	100	Free	6/8/2013	Clinton Cudas Colgate Classic Invitational
2:33.17	Y	F	200	Free	11/17/2012	Harvest Invitational
2:52.09	L	P	200	Free	7/19/2013	2013 Adirondack Long Course District Champion
6:02.17	L	F	400	Free	7/19/2013	2013 Adirondack Long Course District Champion
1:20.67	Y	F	100	Back	3/1/2013	AD Silver Short Course Championships
1:33.82	L	P	100	Back	7/19/2013	2013 Adirondack Long Course District Champion
2:50.43	Y	F	200	Back	1/4/2013	2013 Starfish Trophy Invitational
3:27.47	L	P	200	Back	7/19/2013	2013 Adirondack Long Course District Champion
1:18.23	Y	F	100	Fly	1/4/2013	2013 Starfish Trophy Invitational
1:34.50	L	P	100	Fly	7/19/2013	2013 Adirondack Long Course District Champion
3:29.95	L	P	200	Fly	7/19/2013	2013 Adirondack Long Course District Champion
2:56.63	Y	F	200	IM	11/17/2012	Harvest Invitational
3:17.67	L	F	200	IM	6/8/2013	Clinton Cudas Colgate Classic Invitational
Jordan Jensen (11) W						
						SCHE-AD
33.11	Y	F	50	Free	2/10/2013	2013 Piranhas Pentathlon
36.22	L	P	50	Free	7/19/2013	2013 Adirondack Long Course District Champion
1:10.24	Y	P	100	Free	3/10/2013	AD Gold Short Course Championships
1:19.33	L	P	100	Free	7/19/2013	2013 Adirondack Long Course District Champion
2:35.39	Y	F	200	Free	1/27/2013	Thoroughbred Splash 2013
2:46.48	L	P	200	Free	7/19/2013	2013 Adirondack Long Course District Champion
6:00.94	L	F	400	Free	7/19/2013	2013 Adirondack Long Course District Champion
6:36.28	Y	F	500	Free	3/10/2013	AD Gold Short Course Championships

Individual Top Times

Time	P/F/S	Event			
Jordan Jensen (11) W					
					SCHE-AD
37.55 Y	F	50 Back	2/10/2013	2013 Piranhas Pentathlon	
43.16 L	F	50 Back	6/1/2013	2013 NE MTSC June 1st Meet	
43.16 L	P	50 Back	7/19/2013	2013 Adirondack Long Course District Champion	
43.16 L	F	50 Back	6/1/2013	2013 NE MTSC June 1st Meet	
1:19.45 Y	F	100 Back	3/1/2013	AD Silver Short Course Championships	
1:30.81 L	F	100 Back	7/6/2013	Sharks Summer Invite	
3:08.93 L	F	200 Back	7/19/2013	2013 Adirondack Long Course District Champion	
44.30 Y	P	50 Breast	12/6/2012	2012 NE NSSC MIT Invite	
52.17 L	P	50 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
1:36.39 Y	P	100 Breast	12/6/2012	2012 NE NSSC MIT Invite	
1:54.13 L	F	100 Breast	7/6/2013	Sharks Summer Invite	
37.11 Y	F	50 Fly	2/10/2013	2013 Piranhas Pentathlon	
1:30.53 Y	F	100 Fly	11/17/2012	Harvest Invitational	
1:39.95 L	P	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:21.89 Y	F	100 IM	10/21/2012	2012 Trick or Treat Meet	
2:57.01 Y	F	200 IM	3/1/2013	AD Silver Short Course Championships	
3:18.41 L	F	200 IM	7/6/2013	Sharks Summer Invite	
Kelsey Jesaitis (16) W					
					SSCY-AD
29.09 Y	F	50 Free	2/9/2013	North Country YMCA Swim League 2013 Champions	
31.09 S	F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
1:03.12 Y	F	100 Free	12/2/2012	December Super Splash 2012	
1:10.40 L	F	100 Free	7/12/2013	Hawks Summer Invitational 2013	
2:09.19 Y	P	200 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
5:55.48 Y	F	500 Free	1/12/2013	Chris Goody IMX Challenge	
1:22.98 L	F	100 Back	7/12/2013	Hawks Summer Invitational 2013	
1:24.22 Y	P	100 Breast	1/18/2013	CT 2013 Wahoo Winter Invitatio	
1:09.73 Y	P	100 Fly	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
1:18.23 S	F	100 Fly	6/15/2013	Piranhas Summer Kick-Off Meet	
1:20.22 L	F	100 Fly	7/12/2013	Hawks Summer Invitational 2013	
2:38.78 Y	F	200 Fly	12/9/2012	Piranhas December Distance Invite	
2:27.50 Y	P	200 IM	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
2:51.41 L	F	200 IM	7/12/2013	Hawks Summer Invitational 2013	
5:19.34 Y	F	400 IM	1/27/2013	North Country League Meet	
Lauren Jesmain (9) W					
					BSPA-AD
19.06 Y	F	25 Free	11/17/2012	Harvest Invitational	
42.80 Y	F	50 Free	2/23/2013	Cabin Fever Invitational	
21.75 Y	F	25 Back	11/17/2012	Harvest Invitational	
48.66 Y	F	50 Back	2/23/2013	Cabin Fever Invitational	
26.96 Y	F	25 Breast	11/17/2012	Harvest Invitational	
Caleigh Johnson (7) W					
					GRGF-AD
26.52 Y	F	25 Free	11/4/2012	Hometown Splashdown	
28.84 Y	F	25 Back	11/4/2012	Hometown Splashdown	
Cassandra Johnson (13) W					
					NHA-AD
33.57 Y	F	50 Free	2/23/2013	Cabin Fever Invitational	
37.00 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
38.14 L	F	50 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:12.66 Y	F	100 Free	1/12/2013	Canajoharie Developmental Meet	
1:21.95 L	F	100 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
2:58.48 L	F	200 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
38.89 Y	F	50 Back	1/12/2013	Canajoharie Developmental Meet	
1:25.71 Y	F	100 Back	2/23/2013	Cabin Fever Invitational	
1:36.09 L	F	100 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
45.31 Y	F	50 Breast	3/1/2013	AD Silver Short Course Championships	
1:36.00 Y	F	100 Breast	2/23/2013	Cabin Fever Invitational	
1:46.15 S	F	100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:50.43 L	F	100 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational	
3:50.23 L	F	200 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational	
38.70 Y	F	50 Fly	3/1/2013	AD Silver Short Course Championships	
1:40.57 L	F	100 Fly	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:23.42 Y	F	100 IM	2/23/2013	Cabin Fever Invitational	

Individual Top Times

Time	P/F/S	Event			
Cassandra Johnson (13) W					
1:33.67	S	F	100	IM	6/2/2013 2013 Starfish Meter Madness - Pentathlon
3:18.48	L	F	200	IM	6/8/2013 Clinton Cudas Colgate Classic Invitational
Sydney Jolly (13) W					
29.92	Y	P	50	Free	12/7/2012 2012 NE CRIM December T/F Meet
1:05.27	Y	P	100	Free	1/25/2013 Hawks Trials And Finals 2013
2:14.86	Y	P	200	Free	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
5:56.93	Y	F	500	Free	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
3:14.14	Y	P	200	Back	12/7/2012 2012 NE CRIM December T/F Meet
3:25.18	Y	P	200	Breast	1/25/2013 Hawks Trials And Finals 2013
1:17.89	Y	P	100	Fly	12/7/2012 2012 NE CRIM December T/F Meet
2:46.17	Y	F	200	IM	2/9/2013 North Country YMCA Swim League 2013 Champions
Beatrice Jones (10) W					
33.15	Y	F	50	Free	12/15/2012 Sharks 12&Under Mini-Meet
1:13.09	Y	F	100	Free	12/15/2012 Sharks 12&Under Mini-Meet
2:44.26	Y	F	200	Free	1/12/2013 Chris Goody IMX Challenge
7:16.73	Y	F	500	Free	3/10/2013 AD Gold Short Course Championships
43.40	Y	F	50	Back	12/2/2012 December Super Splash 2012
1:27.79	Y	F	100	Back	11/10/2012 Pilgrims Pride
43.89	Y	F	50	Breast	3/10/2013 AD Gold Short Course Championships
1:38.10	Y	F	100	Breast	1/12/2013 Chris Goody IMX Challenge
39.62	Y	F	50	Fly	12/2/2012 December Super Splash 2012
1:33.28	Y	F	100	Fly	3/10/2013 AD Gold Short Course Championships
1:25.94	Y	F	100	IM	3/10/2013 AD Gold Short Course Championships
3:03.41	Y	F	200	IM	3/10/2013 AD Gold Short Course Championships
Danion Jonker (11) M					
33.47	Y	F	50	Free	3/10/2013 AD Gold Short Course Championships
1:13.34	Y	F	100	Free	3/10/2013 AD Gold Short Course Championships
2:46.19	Y	F	200	Free	3/1/2013 AD Silver Short Course Championships
41.18	Y	F	50	Back	3/10/2013 AD Gold Short Course Championships
1:28.60	Y	F	100	Back	3/10/2013 AD Gold Short Course Championships
46.86	Y	F	50	Breast	12/1/2012 Central Valley Swim League Quad Meet
1:40.50	Y	F	100	Breast	3/10/2013 AD Gold Short Course Championships
44.22	Y	F	50	Fly	1/20/2013 Foothills Inv
1:44.05	Y	F	100	Fly	3/1/2013 AD Silver Short Course Championships
1:26.30	Y	F	100	IM	3/10/2013 AD Gold Short Course Championships
3:14.72	Y	F	200	IM	2/23/2013 Cabin Fever Invitational
Hilary Jonker-Grems (10) W					
35.95	Y	F	50	Free	1/4/2013 2013 Starfish Trophy Invitational
1:22.90	Y	F	100	Free	3/1/2013 AD Silver Short Course Championships
3:09.21	Y	F	200	Free	12/15/2012 Central Valley Swim League Quad Meet
43.51	Y	F	50	Back	3/10/2013 AD Gold Short Course Championships
47.28	Y	F	50	Breast	3/10/2013 AD Gold Short Course Championships
1:47.99	Y	F	100	Breast	3/1/2013 AD Silver Short Course Championships
39.83	Y	F	50	Fly	3/10/2013 AD Gold Short Course Championships
1:41.25	Y	F	100	Fly	3/1/2013 AD Silver Short Course Championships
1:26.81	Y	F	100	IM	3/10/2013 AD Gold Short Course Championships
3:21.46	Y	F	200	IM	3/1/2013 AD Silver Short Course Championships
Auburn Jordan (12) W					
39.78	Y	F	50	Free	2/3/2013 Delmar Dolphins February Freeze Invitational
1:41.52	Y	F	100	Free	3/1/2013 AD Silver Short Course Championships
4:09.96	Y	F	200	Free	12/2/2012 December Super Splash 2012
45.92	Y	F	50	Back	12/2/2012 December Super Splash 2012
1:39.35	Y	F	100	Back	2/3/2013 Delmar Dolphins February Freeze Invitational
1:08.97	Y	F	50	Breast	2/23/2013 Cabin Fever Invitational
46.33	Y	F	50	Fly	3/1/2013 AD Silver Short Course Championships
1:51.86	Y	F	100	IM	1/12/2013 Chris Goody Mini-Meet
3:08.47	Y	F	200	IM	11/17/2012 Harvest Invitational
Andrew Jordan (9) M					
16.90	Y	F	25	Free	3/1/2013 AD Silver Short Course Championships

NHA-AD

KING-AD

DELM-AD

CANA-AD

CANA-AD

SCHE-AD

SCHE-AD

Individual Top Times

Time	P/F/S	Event			
Andrew Jordan (9) M			SCHE-AD		
38.45 Y	F	50 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:27.51 Y	F	100 Free	12/15/2012	Sharks 12&Under Mini-Meet	
21.30 Y	F	25 Back	3/1/2013	AD Silver Short Course Championships	
44.25 Y	F	50 Back	2/23/2013	Cabin Fever Invitational	
25.31 Y	F	25 Breast	12/2/2012	December Super Splash 2012	
55.67 Y	F	50 Breast	3/1/2013	AD Silver Short Course Championships	
19.49 Y	F	25 Fly	1/12/2013	Chris Goody Mini-Meet	
1:38.30 Y	F	100 IM	12/2/2012	December Super Splash 2012	
James Jordan (12) M			SSCY-AD		
27.76 Y	F	50 Free	2/9/2013	North Country YMCA Swim League 2013 Champions	
30.83 L	F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
30.95 S	F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
59.52 Y	F	100 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
1:06.49 L	F	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:15.75 Y	F	200 Free	1/4/2013	2013 Starfish Trophy Invitational	
2:25.71 L	F	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
5:15.60 L	F	400 Free	7/19/2013	2013 Adirondack Long Course District Champion	
5:46.33 Y	F	500 Free	3/10/2013	AD Gold Short Course Championships	
33.14 Y	F	50 Back	1/18/2013	CT 2013 Wahoo Winter Invitatio	
36.56 S	F	50 Back	6/15/2013	Piranhas Summer Kick-Off Meet	
37.10 L	F	50 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:10.96 Y	F	100 Back	1/4/2013	2013 Starfish Trophy Invitational	
1:18.23 L	F	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
2:35.54 Y	F	200 Back	1/12/2013	Chris Goody IMX Challenge	
2:51.53 L	F	200 Back	7/12/2013	Hawks Summer Invitational 2013	
38.06 Y	F	50 Breast	1/4/2013	2013 Starfish Trophy Invitational	
41.29 S	F	50 Breast	6/15/2013	Piranhas Summer Kick-Off Meet	
1:23.64 Y	F	100 Breast	1/12/2013	Chris Goody IMX Challenge	
1:32.73 L	F	100 Breast	7/12/2013	Hawks Summer Invitational 2013	
30.60 Y	F	50 Fly	2/3/2013	Delmar Dolphins February Freeze Invitational	
33.73 L	P	50 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:09.38 Y	F	100 Fly	1/4/2013	2013 Starfish Trophy Invitational	
1:17.08 L	F	100 Fly	7/12/2013	Hawks Summer Invitational 2013	
1:09.04 Y	F	100 IM	3/3/2013	North Country League Meet	
1:16.20 S	F	100 IM	6/15/2013	Piranhas Summer Kick-Off Meet	
2:26.20 Y	F	200 IM	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
2:44.05 L	P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
Caitlin Joyce (23) W			BFIN-AD		
1:15.52 L	F	100 Free	7/12/2013	Hawks Summer Invitational 2013	
6:15.27 L	F	400 Free	7/12/2013	Hawks Summer Invitational 2013	
1:28.40 L	F	100 Back	7/12/2013	Hawks Summer Invitational 2013	
Olivia Joyce (11) W			GGRF-AD		
47.07 Y	F	50 Free	1/27/2013	Thoroughbred Splash 2013	
56.52 Y	F	50 Back	11/4/2012	Hometown Splashdown	
Catherine Julien (12) W			BFIN-AD		
29.88 Y	P	50 Free	3/10/2013	AD Gold Short Course Championships	
1:04.67 Y	P	100 Free	3/10/2013	AD Gold Short Course Championships	
2:26.02 Y	F	200 Free	12/2/2012	December Super Splash 2012	
34.09 Y	F	50 Back	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:13.55 Y	P	100 Back	3/10/2013	AD Gold Short Course Championships	
2:48.21 Y	F	200 Back	12/9/2012	Piranhas December Distance Invite	
41.91 Y	P	50 Breast	3/10/2013	AD Gold Short Course Championships	
35.11 Y	P	50 Fly	3/10/2013	AD Gold Short Course Championships	
1:15.35 Y	P	100 IM	3/10/2013	AD Gold Short Course Championships	
2:42.44 Y	F	200 IM	3/1/2013	AD Silver Short Course Championships	
Luke Julien (13) M			BFIN-AD		
27.20 Y	F	50 Free	1/4/2013	2013 Starfish Trophy Invitational	
58.73 Y	P	100 Free	3/10/2013	AD Gold Short Course Championships	
2:06.43 Y	P	200 Free	3/10/2013	AD Gold Short Course Championships	

Individual Top Times

Time	P/F/S	Event			
Luke Julien (13) M					
33.12 Y	F	50 Back	1/4/2013	2013 Starfish Trophy Invitational	BFIN-AD
1:08.63 Y	P	100 Back	3/10/2013	AD Gold Short Course Championships	
34.55 Y	F	50 Breast	11/10/2012	Pilgrims Pride	
1:15.31 Y	P	100 Breast	3/10/2013	AD Gold Short Course Championships	
2:42.81 Y	F	200 Breast	12/9/2012	Piranhas December Distance Invite	
32.31 Y	F	50 Fly	10/21/2012	2012 Trick or Treat Meet	
1:08.13 Y	F	100 IM	1/4/2013	2013 Starfish Trophy Invitational	
2:25.80 Y	F	200 IM	1/4/2013	2013 Starfish Trophy Invitational	
Declan Junjulas (12) M					
36.85 Y	F	50 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	CPP-AD
1:25.64 Y	F	100 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
44.97 Y	F	50 Back	2/10/2013	2013 Piranhas Pentathlon	
1:31.56 Y	F	100 Back	11/10/2012	Pilgrims Pride	
48.92 Y	F	50 Breast	2/10/2013	2013 Piranhas Pentathlon	
1:56.15 Y	F	100 Breast	11/17/2012	Harvest Invitational	
44.33 Y	F	50 Fly	1/4/2013	2013 Starfish Trophy Invitational	
1:34.84 Y	F	100 IM	11/17/2012	Harvest Invitational	
Heather Junjulas (10) W					
40.18 Y	F	50 Free	2/10/2013	2013 Piranhas Pentathlon	CPP-AD
40.18 Y	F	50 Free	1/4/2013	2013 Starfish Trophy Invitational	
1:31.45 Y	F	100 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
56.81 Y	F	50 Back	2/10/2013	2013 Piranhas Pentathlon	
2:10.53 Y	F	100 Back	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:13.32 Y	F	50 Breast	1/4/2013	2013 Starfish Trophy Invitational	
58.95 Y	F	50 Fly	2/10/2013	2013 Piranhas Pentathlon	
Taryn Kain (11) W					
44.84 Y L	F	50 Free	11/4/2012	Hometown Splashdown	GRGF-AD
47.87 Y	F	50 Back	11/4/2012	Hometown Splashdown	
Regan Kaiser (10) W					
42.09 Y	F	50 Free	12/2/2012	December Super Splash 2012	GLFY-AD
1:52.43 Y	F	100 IM	12/2/2012	December Super Splash 2012	
Salko Kanic (11) M					
49.35 Y	F	50 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	DELM-AD
1:50.51 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
56.19 Y	F	50 Back	2/3/2013	Delmar Dolphins February Freeze Invitational	
56.86 Y	F	50 Breast	2/3/2013	Delmar Dolphins February Freeze Invitational	
2:21.31 Y	F	100 Breast	11/10/2012	Pilgrims Pride	
1:03.60 Y	F	50 Fly	2/3/2013	Delmar Dolphins February Freeze Invitational	
Gabrielle Karamanos (13) W					
34.53 Y	P	50 Free	1/25/2013	Hawks Trials And Finals 2013	HAWK-AD
3:12.15 Y	P	200 Free	1/25/2013	Hawks Trials And Finals 2013	
39.29 Y	F	50 Back	1/4/2013	2013 Starfish Trophy Invitational	
1:27.33 Y	P	100 Back	1/25/2013	Hawks Trials And Finals 2013	
49.78 Y	F	50 Breast	11/18/2012	Hawk-NDAC-CSD	
x39.92 Y	F	50 Fly	11/18/2012	Hawk-NDAC-CSD	
1:29.70 Y	P	100 IM	1/25/2013	Hawks Trials And Finals 2013	
Dylan Karlok (17) M					
22.35 Y	F	50 Free	2/14/2013	Section II Championships Large	UN-AD
25.66 L	F	50 Free	3/21/2013	2013 NI - EZ North Region Speedo Ch	
48.68 Y	F	100 Free	2/14/2013	Section II Championships Large	
58.01 L	P	100 Free	3/21/2013	2013 NI - EZ North Region Speedo Ch	
1:50.42 Y	F	200 Free	3/10/2013	AD Gold Short Course Championships	
5:24.75 Y	F	500 Free	1/4/2013	2013 Starfish Trophy Invitational	
57.27 Y	F	100 Back	3/10/2013	AD Gold Short Course Championships	
2:10.38 Y	F	200 Back	12/9/2012	Piranhas December Distance Invite	
1:12.22 Y	F	100 Breast	1/4/2013	2013 Starfish Trophy Invitational	
59.85 Y	P	100 Fly	3/10/2013	AD Gold Short Course Championships	
2:10.77 Y	P	200 IM	3/10/2013	AD Gold Short Course Championships	
Kevin Karlok (12) M					
					ALBS-AD

Individual Top Times

Time	P/F/S	Event			
Kevin Karlok (12) M					
34.39	Y	F	50	Free	2/3/2013 Delmar Dolphins February Freeze Invitational
36.71	S	F	50	Free	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:22.63	Y	F	100	Free	1/27/2013 Thoroughbred Splash 2013
47.37	Y	F	50	Back	1/4/2013 2013 Starfish Trophy Invitational
1:41.05	Y	F	100	Back	2/3/2013 Delmar Dolphins February Freeze Invitational
1:53.20	S	F	100	Back	6/2/2013 2013 Starfish Meter Madness - Pentathlon
Abigail Karpierz (10) W					
45.13	Y	F	50	Free	3/1/2013 AD Silver Short Course Championships
50.45	S	F	50	Free	6/2/2013 2013 Starfish Meter Madness - Pentathlon
50.01	Y	F	50	Back	2/10/2013 2013 Piranhas Pentathlon
1:00.35	S	F	50	Back	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:07.58	S	F	50	Breast	6/2/2013 2013 Starfish Meter Madness - Pentathlon
Alexandra Kassian (10) W					
37.92	Y	F	50	Free	3/1/2013 AD Silver Short Course Championships
45.68	L	F	50	Free	7/12/2013 Hawks Summer Invitational 2013
1:30.40	Y	F	100	Free	3/1/2013 AD Silver Short Course Championships
1:45.87	L	F	100	Free	7/12/2013 Hawks Summer Invitational 2013
3:40.79	L	F	200	Free	7/12/2013 Hawks Summer Invitational 2013
45.13	Y	F	50	Back	1/4/2013 2013 Starfish Trophy Invitational
52.52	L	F	50	Back	7/12/2013 Hawks Summer Invitational 2013
1:51.76	L	F	100	Back	7/12/2013 Hawks Summer Invitational 2013
45.77	Y	F	50	Breast	3/10/2013 AD Gold Short Course Championships
53.14	L	F	50	Breast	7/12/2013 Hawks Summer Invitational 2013
1:43.32	Y	F	100	Breast	1/4/2013 2013 Starfish Trophy Invitational
1:54.72	L	F	100	Breast	7/12/2013 Hawks Summer Invitational 2013
49.81	Y	F	50	Fly	3/1/2013 AD Silver Short Course Championships
54.66	L	F	50	Fly	7/12/2013 Hawks Summer Invitational 2013
1:37.43	Y	F	100	IM	3/1/2013 AD Silver Short Course Championships
3:39.24	Y	F	200	IM	3/1/2013 AD Silver Short Course Championships
3:55.25	L	F	200	IM	7/12/2013 Hawks Summer Invitational 2013
Andrew Kassian (8) M					
18.23	Y	F	25	Free	3/1/2013 AD Silver Short Course Championships
39.39	Y	F	50	Free	3/10/2013 AD Gold Short Course Championships
43.47	L	F	50	Free	7/12/2013 Hawks Summer Invitational 2013
1:34.09	Y	F	100	Free	3/10/2013 AD Gold Short Course Championships
1:44.08	L	F	100	Free	7/12/2013 Hawks Summer Invitational 2013
3:37.55	L	F	200	Free	7/12/2013 Hawks Summer Invitational 2013
x21.99	Y	F	25	Back	11/18/2012 Hawk-NDAC-CSD
46.10	Y	F	50	Back	3/10/2013 AD Gold Short Course Championships
50.78	L	F	50	Back	7/12/2013 Hawks Summer Invitational 2013
1:37.01	Y	F	100	Back	1/25/2013 Hawks Trials And Finals 2013
1:43.81	L	F	100	Back	7/12/2013 Hawks Summer Invitational 2013
25.22	Y	F	25	Breast	3/1/2013 AD Silver Short Course Championships
53.22	Y	F	50	Breast	3/10/2013 AD Gold Short Course Championships
1:01.88	L	F	50	Breast	7/12/2013 Hawks Summer Invitational 2013
2:16.93	L	F	100	Breast	7/12/2013 Hawks Summer Invitational 2013
50.49	Y	F	50	Fly	3/10/2013 AD Gold Short Course Championships
50.53	L	F	50	Fly	7/12/2013 Hawks Summer Invitational 2013
1:58.41	Y	F	100	Fly	1/25/2013 Hawks Trials And Finals 2013
1:42.16	Y	F	100	IM	3/10/2013 AD Gold Short Course Championships
3:54.86	L	F	200	IM	7/12/2013 Hawks Summer Invitational 2013
Sadie Kass (14) W					
33.60	Y	F	50	Free	1/20/2013 Foothills Inv
33.60	Y	F	50	Free	1/27/2013 Thoroughbred Splash 2013
1:17.40	Y	F	100	Free	2/3/2013 2013 NE GMA VT Specialty Meet
1:27.32	Y	F	100	Breast	2/3/2013 2013 NE GMA VT Specialty Meet
3:09.15	Y	F	200	Breast	2/3/2013 2013 NE GMA VT Specialty Meet
Catherine Kaucic (18) W					
25.21	Y	P	50	Free	11/1/2012 Girls Sec II Division I Champ

ALBS-AD

ALBS-AD

HAWK-AD

HAWK-AD

ADDI-AD

UN-AD

Individual Top Times

Time	P/F/S	Event			
Catherine Kaucic (18) W					
59.59 Y	F	100 Back	11/16/2012	2012 NY Ob - Girls NY State Federation Champ	UN-AD
Matthew Kearney (14) M					
27.61 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	ALBS-AD
31.43 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
32.28 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:00.05 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
2:29.32 L	P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
5:12.71 L	F	400 Free	7/19/2013	2013 Adirondack Long Course District Champion	
6:02.18 Y	F	500 Free	12/9/2012	Piranhas December Distance Invite	
1:10.04 Y	F	100 Back	3/1/2013	AD Silver Short Course Championships	
1:17.25 S	F	100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:18.47 L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
2:36.89 Y	F	200 Back	12/9/2012	Piranhas December Distance Invite	
1:20.25 Y	F	100 Breast	3/1/2013	AD Silver Short Course Championships	
1:28.31 S	F	100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:11.28 Y	F	100 Fly	3/1/2013	AD Silver Short Course Championships	
1:19.69 S	F	100 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:24.20 L	P	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:20.58 S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:38.12 Y	F	200 IM	12/9/2012	Piranhas December Distance Invite	
2:50.96 L	P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
Joshua Keating (14) M					
31.75 Y	F	50 Free	10/21/2012	2012 Trick or Treat Meet	BSPA-AD
1:12.73 Y	F	100 Free	11/4/2012	Hometown Splashdown	
1:26.11 Y	F	100 Back	10/21/2012	2012 Trick or Treat Meet	
Kayla Keddy (12) W					
37.31 Y	F	50 Free	2/23/2013	Cabin Fever Invitational	GRGF-AD
1:31.66 Y	F	100 Free	1/27/2013	Thoroughbred Splash 2013	
47.74 Y	F	50 Back	12/2/2012	December Super Splash 2012	
Kristina Keefe (15) W					
31.90 S	F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet	CPP-AD
2:11.48 Y	F	200 Free	3/1/2013	AD Silver Short Course Championships	
2:31.43 S	F	200 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
2:35.43 L	F	200 Free	7/12/2013	Hawks Summer Invitational 2013	
5:26.07 L	F	400 Free	7/12/2013	Hawks Summer Invitational 2013	
5:58.02 Y	F	500 Free	1/25/2013	2013 NE ABF Snow Angel Classic	
1:15.37 S	F	100 Back	6/15/2013	Piranhas Summer Kick-Off Meet	
1:17.90 L	F	100 Back	7/12/2013	Hawks Summer Invitational 2013	
1:18.73 Y	P	100 Breast	3/10/2013	AD Gold Short Course Championships	
2:54.90 Y	P	200 Breast	3/10/2013	AD Gold Short Course Championships	
1:06.34 Y	P	100 Fly	3/10/2013	AD Gold Short Course Championships	
1:22.59 L	F	100 Fly	7/12/2013	Hawks Summer Invitational 2013	
1:22.65 S	F	100 Fly	6/15/2013	Piranhas Summer Kick-Off Meet	
5:29.83 Y	F	400 IM	1/12/2013	Chris Goody IMX Challenge	
Andrew Keenan (18) M					
50.86 Y	P	100 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	SSAC-AD
1:50.45 Y	P	200 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
4:56.26 Y	F	500 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
Hannah Keenan (16) W					
1:02.80 Y	F	100 Free	1/27/2013	Thoroughbred Splash 2013	GLFY-AD
2:14.41 Y	F	200 Free	12/2/2012	December Super Splash 2012	
5:36.57 Y	F	500 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
1:11.51 Y	F	100 Back	1/4/2013	2013 Starfish Trophy Invitational	
2:35.78 Y	F	200 Back	1/12/2013	Chris Goody IMX Challenge	
1:16.20 Y	P	100 Breast	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
2:54.80 Y	F	200 Breast	1/12/2013	Chris Goody IMX Challenge	
1:05.72 Y	P	100 Fly	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
2:33.28 Y	F	200 Fly	1/12/2013	Chris Goody IMX Challenge	
2:33.28 Y	F	200 IM	1/12/2013	Chris Goody IMX Challenge	

Individual Top Times

Time	P/F/S	Event				
Hannah Keenan (16) W						
5:10.77 Y	F	400 IM	1/12/2013	Chris Goody IMX Challenge		GLFY-AD
Margaret Keenan (17) W						
29.54 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships		RAVE-AD
1:05.36 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships		
2:16.78 Y	P	200 Free	11/1/2012	Girls Sec II Division I Champ		
6:21.39 Y	F	500 Free	10/20/2012	Ravena Autumn Breeze 2012		
1:17.50 Y	F	100 Back	3/1/2013	AD Silver Short Course Championships		
1:29.92 Y	F	100 Breast	3/1/2013	AD Silver Short Course Championships		
2:48.92 Y	F	200 IM	3/1/2013	AD Silver Short Course Championships		
Emily Kehn (12) W						
41.63 Y	F	50 Free	10/21/2012	2012 Trick or Treat Meet		USAM-AD
Alexis Kelley (16) W						
27.62 Y	F	50 Free	12/7/2012	2012 NE UVAC Winter Classic		WAVE-AD
58.66 Y	F	100 Free	12/7/2012	2012 NE UVAC Winter Classic		
2:04.28 Y	F	200 Free	12/7/2012	2012 NE UVAC Winter Classic		
30.86 Y	F	50 Back	11/16/2012	2012 NY Ob - Girls NY State Federation Champ		
1:05.76 Y	P	100 Back	11/16/2012	2012 NY Ob - Girls NY State Federation Champ		
2:25.15 Y	P	200 Back	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS		
1:14.22 Y	F	100 Breast	3/10/2013	AD Gold Short Course Championships		
1:05.06 Y	F	100 Fly	12/7/2012	2012 NE UVAC Winter Classic		
2:31.81 Y	F	200 Fly	12/7/2012	2012 NE UVAC Winter Classic		
2:22.67 Y	P	200 IM	3/10/2013	AD Gold Short Course Championships		
Brooke Kelley (14) W						
27.72 Y	F	50 Free	12/7/2012	2012 NE UVAC Winter Classic		WAVE-AD
59.26 Y	F	100 Free	12/7/2012	2012 NE UVAC Winter Classic		
2:06.31 Y	F	200 Free	12/7/2012	2012 NE UVAC Winter Classic		
5:35.03 Y	F	500 Free	3/10/2013	AD Gold Short Course Championships		
1:12.13 Y	F	100 Back	1/4/2013	2013 Starfish Trophy Invitational		
1:10.22 Y	P	100 Breast	11/16/2012	2012 NY Ob - Girls NY State Federation Champ		
2:39.40 Y	P	200 Breast	3/10/2013	AD Gold Short Course Championships		
1:06.85 Y	F	100 Fly	12/7/2012	2012 NE UVAC Winter Classic		
2:28.70 Y	F	200 Fly	3/10/2013	AD Gold Short Course Championships		
2:21.72 Y	P	200 IM	11/16/2012	2012 NY Ob - Girls NY State Federation Champ		
5:07.19 Y	F	400 IM	3/10/2013	AD Gold Short Course Championships		
John Kelley (13) M						
36.09 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships		CLRK-AD
1:24.71 Y	F	100 Free	1/12/2013	Canajoharie Developmental Meet		
42.79 Y	F	50 Back	2/3/2013	Delmar Dolphins February Freeze Invitational		
1:37.43 Y	F	100 Back	2/3/2013	Delmar Dolphins February Freeze Invitational		
56.67 Y	F	50 Breast	2/9/2013	Central Valley Swim League Championships		
58.12 Y	F	50 Fly	1/12/2013	Canajoharie Developmental Meet		
3:52.69 Y	F	200 IM	12/15/2012	Central Valley Swim League Quad Meet		
Michael Kelley (11) M						
36.36 Y	F	50 Free	3/10/2013	AD Gold Short Course Championships		CLRK-AD
43.37 L	F	50 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational		
1:30.26 Y	F	100 Free	1/12/2013	Canajoharie Developmental Meet		
1:39.67 L	F	100 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational		
43.58 Y L	F	50 Back	3/10/2013	AD Gold Short Course Championships		
54.65 L	F	50 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational		
1:42.63 Y	F	100 Back	1/26/2013	Central Valley Swim Meet Quad Meet		
1:54.07 L	F	100 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational		
54.75 Y	F	50 Breast	2/3/2013	Delmar Dolphins February Freeze Invitational		
46.13 Y	F	50 Fly	3/1/2013	AD Silver Short Course Championships		
55.85 L	F	50 Fly	6/8/2013	Clinton Cudas Colgate Classic Invitational		
Anna Kelly (12) W						
33.18 Y	F	50 Free	2/9/2013	North Country YMCA Swim League 2013 Champions		SARY-AD
1:18.98 Y	F	100 Free	11/17/2012	Harvest Invitational		
50.44 Y	F	50 Breast	11/17/2012	Harvest Invitational		
44.14 Y	F	50 Fly	1/27/2013	Thoroughbred Splash 2013		

Individual Top Times

Time	P/F/S	Event			
Caroline Kelly (15) W					
26.66 Y	F	50 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	SARY-AD
31.34 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
58.94 Y	P	100 Free	11/1/2012	Girls Sec II Division I Champ	
1:10.60 L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:35.29 L	P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
5:27.76 L	F	400 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:13.42 Y	P	100 Back	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
1:30.02 L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
3:07.76 L	P	200 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:37.22 L	P	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
2:38.45 Y	F	200 IM	12/9/2012	Piranhas December Distance Invite	
Gregory Kelly (18) M					
23.71 Y	P	50 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	SARY-AD
27.37 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:00.32 L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:17.05 L	P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
5:01.00 L	F	400 Free	7/19/2013	2013 Adirondack Long Course District Champion	
28.34 Y L	F	50 Back	2/9/2013	North Country YMCA Swim League 2013 Champions	
1:00.34 Y	P	100 Back	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
1:13.13 L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
2:11.60 Y	F	200 Back	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
2:39.54 L	P	200 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:19.37 L	P	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
2:38.48 L	P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
Jack Kelly (10) M					
47.48 Y	F	50 Free	2/10/2013	2013 Piranhas Pentathlon	CPP-AD
1:01.13 Y	F	50 Back	2/10/2013	2013 Piranhas Pentathlon	
Julia Kelly (14) W					
34.16 Y	F	50 Free	1/27/2013	Thoroughbred Splash 2013	SARY-AD
1:15.88 Y	F	100 Free	1/27/2013	Thoroughbred Splash 2013	
1:27.61 Y	F	100 Back	11/17/2012	Harvest Invitational	
Olivia Kelly (7) W					
35.88 Y	F	25 Free	10/21/2012	2012 Trick or Treat Meet	CPP-AD
1:22.95 Y	F	50 Free	10/21/2012	2012 Trick or Treat Meet	
49.31 Y	F	25 Back	10/21/2012	2012 Trick or Treat Meet	
1:28.05 Y	F	50 Back	2/10/2013	2013 Piranhas Pentathlon	
Sophie Kelly (14) W					
31.58 Y	F	50 Free	2/9/2013	North Country YMCA Swim League 2013 Champions	SARY-AD
1:12.85 Y	F	100 Free	1/27/2013	Thoroughbred Splash 2013	
3:12.30 Y	F	200 IM	11/17/2012	Harvest Invitational	
Karyn Kenfield (11) W					
38.11 Y	F	50 Free	1/20/2013	Foothills Inv	ADDI-AD
1:26.47 Y	F	100 Free	1/20/2013	Foothills Inv	
46.77 Y	F	50 Back	1/4/2013	2013 Starfish Trophy Invitational	
52.05 Y	F	50 Breast	3/1/2013	AD Silver Short Course Championships	
1:53.64 Y	F	100 Breast	2/23/2013	Cabin Fever Invitational	
49.68 Y	F	50 Fly	3/1/2013	AD Silver Short Course Championships	
1:39.03 Y	F	100 IM	2/23/2013	Cabin Fever Invitational	
Robert Kenfield (11) M					
35.49 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	ADDI-AD
1:20.27 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
46.20 Y	F	50 Back	1/4/2013	2013 Starfish Trophy Invitational	
1:44.29 Y	F	100 Back	3/1/2013	AD Silver Short Course Championships	
53.36 Y	F	50 Breast	1/27/2013	Thoroughbred Splash 2013	
2:04.60 Y	F	100 Breast	2/23/2013	Cabin Fever Invitational	
46.05 Y	F	50 Fly	1/27/2013	Thoroughbred Splash 2013	
1:38.42 Y	F	100 IM	3/1/2013	AD Silver Short Course Championships	
Levi Kennedy (14) M					
30.04 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	HAWK-AD

Individual Top Times

Time	P/F/S	Event			
Levi Kennedy (14) M					
HAWK-AD					
1:07.64 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
2:31.10 Y	P	200 Free	1/25/2013	Hawks Trials And Finals 2013	
7:02.53 Y	F	500 Free	1/25/2013	Hawks Trials And Finals 2013	
1:23.55 Y	F	100 Back	3/1/2013	AD Silver Short Course Championships	
3:04.64 Y	F	200 Back	1/4/2013	2013 Starfish Trophy Invitational	
1:38.14 Y	P	100 Breast	1/25/2013	Hawks Trials And Finals 2013	
3:30.15 Y	P	200 Breast	1/25/2013	Hawks Trials And Finals 2013	
x41.14 Y	F	50 Fly	11/18/2012	Hawk-NDAC-CSD	
1:35.31 Y	P	100 Fly	1/25/2013	Hawks Trials And Finals 2013	
3:04.98 Y	F	200 IM	1/4/2013	2013 Starfish Trophy Invitational	
Victoria Kennedy (13) W					
AMST-AD					
37.38 Y	F	50 Free	2/23/2013	Cabin Fever Invitational	
1:20.73 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
2:53.92 Y	F	200 Free	3/1/2013	AD Silver Short Course Championships	
7:41.29 Y	F	500 Free	2/23/2013	Cabin Fever Invitational	
45.76 Y	F	50 Back	3/1/2013	AD Silver Short Course Championships	
1:41.88 Y	F	100 Back	3/1/2013	AD Silver Short Course Championships	
1:06.12 Y	F	50 Breast	1/4/2013	2013 Starfish Trophy Invitational	
48.81 Y	F	50 Fly	3/1/2013	AD Silver Short Course Championships	
Megan Kern (12) W					
CLRK-AD					
34.35 Y	F	50 Free	1/4/2013	2013 Starfish Trophy Invitational	
1:16.42 Y	F	100 Free	1/12/2013	Canajoharie Developmental Meet	
1:29.84 L	F	100 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
2:51.53 Y	F	200 Free	1/26/2013	Central Valley Swim Meet Quad Meet	
38.02 Y	F	50 Back	3/1/2013	AD Silver Short Course Championships	
1:23.86 Y	F	100 Back	1/26/2013	Central Valley Swim Meet Quad Meet	
1:36.87 L	F	100 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
37.17 Y	F	50 Fly	2/9/2013	Central Valley Swim League Championships	
42.72 L	F	50 Fly	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:29.67 Y	F	100 Fly	1/26/2013	Central Valley Swim Meet Quad Meet	
1:33.20 Y	F	100 IM	11/10/2012	CVSL First Splash	
Michael Kern (15) M					
CLRK-AD					
27.66 Y	F	50 Free	2/9/2013	Central Valley Swim League Championships	
1:01.28 Y	F	100 Free	2/9/2013	Central Valley Swim League Championships	
2:22.71 Y	F	200 Free	12/15/2012	Central Valley Swim League Quad Meet	
6:11.43 Y	F	500 Free	12/15/2012	Central Valley Swim League Quad Meet	
30.39 Y L	F	50 Back	2/9/2013	Central Valley Swim League Championships	
1:03.89 Y	P	100 Back	3/10/2013	AD Gold Short Course Championships	
2:17.50 Y	F	200 Back	3/1/2013	AD Silver Short Course Championships	
1:09.65 Y	F	100 Fly	2/13/2013	2013 Section III Boys Champion	
2:46.07 Y	F	200 IM	11/10/2012	CVSL First Splash	
Avery Ketcham (11) W					
SCHE-AD					
43.82 Y	F	50 Free	1/27/2013	Thoroughbred Splash 2013	
1:37.65 Y	F	100 Free	1/27/2013	Thoroughbred Splash 2013	
51.17 Y	F	50 Back	2/23/2013	Cabin Fever Invitational	
1:54.00 Y	F	100 Back	2/3/2013	Delmar Dolphins February Freeze Invitational	
58.68 Y	F	50 Breast	2/3/2013	Delmar Dolphins February Freeze Invitational	
2:09.98 Y	F	100 Breast	2/23/2013	Cabin Fever Invitational	
59.99 Y	F	50 Fly	1/27/2013	Thoroughbred Splash 2013	
1:52.37 Y	F	100 IM	2/23/2013	Cabin Fever Invitational	
Ava Khachadourian (11) W					
CPP-AD					
38.47 Y	F	50 Free	10/21/2012	2012 Trick or Treat Meet	
45.46 S	F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
1:33.65 Y	F	100 Free	1/4/2013	2013 Starfish Trophy Invitational	
46.75 Y	F	50 Back	10/21/2012	2012 Trick or Treat Meet	
50.24 S	F	50 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:42.82 Y	F	100 Back	3/1/2013	AD Silver Short Course Championships	
3:34.39 Y	F	200 Back	12/9/2012	Piranhas December Distance Invite	
50.33 Y	F	50 Breast	1/4/2013	2013 Starfish Trophy Invitational	

Individual Top Times

Time	P/F/S	Event			
Ava Khachadourian (11) W					
53.82	S	F	50	Breast	6/15/2013 Piranhas Summer Kick-Off Meet
1:46.56	Y	F	100	Breast	3/1/2013 AD Silver Short Course Championships
49.93	Y	F	50	Fly	3/1/2013 AD Silver Short Course Championships
54.45	S	F	50	Fly	6/15/2013 Piranhas Summer Kick-Off Meet
1:40.67	Y	F	100	IM	11/17/2012 Harvest Invitational
1:47.51	S	F	100	IM	6/15/2013 Piranhas Summer Kick-Off Meet
Gabrielle Kiefl (17) W					
27.41	Y	F	50	Free	1/20/2013 Foothills Inv
1:00.18	Y	F	100	Free	2/3/2013 Delmar Dolphins February Freeze Invitational
2:07.98	Y	P	200	Free	2/14/2013 Section II Championships Small
6:03.74	Y	F	500	Free	2/3/2013 Delmar Dolphins February Freeze Invitational
1:03.50	Y	F	100	Back	2/14/2013 Section II Championships Small
1:15.78	Y	F	100	Breast	1/20/2013 Foothills Inv
Ryan Kilburn (10) M					
47.31	Y	F	50	Free	1/27/2013 Thoroughbred Splash 2013
53.56	Y	F	50	Back	12/15/2012 Sharks 12&Under Mini-Meet
1:05.91	Y	F	50	Breast	2/23/2013 Cabin Fever Invitational
Connor Killane (17) M					
1:55.22	Y	P	200	Free	3/10/2013 AD Gold Short Course Championships
5:01.84	Y	F	500	Free	2/14/2013 Section II Championships Large
17:26.59	Y	F	1650	Free	3/10/2013 AD Gold Short Course Championships
1:03.76	Y	F	100	Back	10/21/2012 2012 Trick or Treat Meet
1:08.72	Y	P	100	Breast	3/10/2013 AD Gold Short Course Championships
1:02.14	Y	F	100	Fly	10/21/2012 2012 Trick or Treat Meet
2:14.15	Y	F	200	Fly	12/9/2012 Piranhas December Distance Invite
2:04.16	Y	F	200	IM	2/14/2013 Section II Championships Large
4:33.31	Y	F	400	IM	3/10/2013 AD Gold Short Course Championships
Shauna Killane (11) W					
31.28	Y	F	50	Free	2/10/2013 2013 Piranhas Pentathlon
34.52	S	F	50	Free	6/15/2013 Piranhas Summer Kick-Off Meet
1:09.48	Y	F	100	Free	2/3/2013 Delmar Dolphins February Freeze Invitational
2:25.13	Y	F	200	Free	3/1/2013 AD Silver Short Course Championships
6:18.60	Y	F	500	Free	3/10/2013 AD Gold Short Course Championships
36.78	Y	F	50	Back	2/10/2013 2013 Piranhas Pentathlon
40.18	S	F	50	Back	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:16.81	Y	P	100	Back	3/10/2013 AD Gold Short Course Championships
39.17	Y	F	50	Breast	3/10/2013 AD Gold Short Course Championships
42.24	S	F	50	Breast	6/15/2013 Piranhas Summer Kick-Off Meet
1:23.61	Y	P	100	Breast	3/10/2013 AD Gold Short Course Championships
2:57.20	Y	F	200	Breast	3/10/2013 AD Gold Short Course Championships
33.36	Y	F	50	Fly	2/10/2013 2013 Piranhas Pentathlon
36.81	S	F	50	Fly	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:15.76	Y	F	100	Fly	2/23/2013 Cabin Fever Invitational
2:37.27	Y	F	200	Fly	3/10/2013 AD Gold Short Course Championships
1:16.71	Y	F	100	IM	3/1/2013 AD Silver Short Course Championships
1:22.70	S	F	100	IM	6/15/2013 Piranhas Summer Kick-Off Meet
2:37.97	Y	F	200	IM	2/23/2013 Cabin Fever Invitational
Tarah Killane (15) W					
26.98	Y	P	50	Free	3/10/2013 AD Gold Short Course Championships
1:57.74	Y	P	200	Free	11/1/2012 Girls Sec II Division I Champ
2:22.83	L	P	200	Free	3/21/2013 2013 NI - EZ North Region Speedo Ch
4:58.73	L	P	400	Free	3/21/2013 2013 NI - EZ North Region Speedo Ch
5:11.66	Y	P	500	Free	11/1/2012 Girls Sec II Division I Champ
1:04.99	Y	P	100	Back	3/10/2013 AD Gold Short Course Championships
2:17.30	Y	F	200	Back	3/10/2013 AD Gold Short Course Championships
2:46.90	Y	F	200	Breast	12/9/2012 Piranhas December Distance Invite
4:57.02	Y	F	400	IM	1/12/2013 Chris Goody IMX Challenge
Samantha Killian (10) W					
40.84	Y	F	50	Free	3/1/2013 AD Silver Short Course Championships

CPP-AD

CANA-AD

BFIN-AD

CPP-AD

CPP-AD

CPP-AD

CPP-AD

Individual Top Times

Time	P/F/S	Event			
Samantha Killian (10) W					
1:33.24	Y	F	100	Free	3/1/2013 AD Silver Short Course Championships
47.74	Y	F	50	Back	2/10/2013 2013 Piranhas Pentathlon
55.54	Y	F	50	Breast	3/1/2013 AD Silver Short Course Championships
52.83	Y	F	50	Fly	3/1/2013 AD Silver Short Course Championships
1:45.40	Y	F	100	IM	3/1/2013 AD Silver Short Course Championships
CPP-AD					
Emily King (17) W					
30.84	Y	F	50	Free	2/23/2013 Cabin Fever Invitational
1:07.90	Y	F	100	Free	2/10/2013 2013 Piranhas Pentathlon
2:25.27	Y	F	200	Free	1/27/2013 Thoroughbred Splash 2013
6:20.82	Y	F	500	Free	1/12/2013 Chris Goody IMX Challenge
1:18.61	Y	F	100	Back	3/1/2013 AD Silver Short Course Championships
2:46.64	Y	F	200	Back	3/1/2013 AD Silver Short Course Championships
1:39.54	Y	F	100	Breast	3/1/2013 AD Silver Short Course Championships
1:18.80	Y	F	100	Fly	2/10/2013 2013 Piranhas Pentathlon
2:50.35	Y	F	200	IM	3/1/2013 AD Silver Short Course Championships
6:00.40	Y	F	400	IM	1/12/2013 Chris Goody IMX Challenge
SCHE-AD					
Mackenzie Kinney (12) W					
32.58	Y	F	50	Free	12/2/2012 December Super Splash 2012
36.55	S	F	50	Free	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:17.14	Y	F	100	Free	1/27/2013 Thoroughbred Splash 2013
2:46.24	Y	F	200	Free	2/9/2013 North Country YMCA Swim League 2013 Champions
43.07	Y	F	50	Back	12/2/2012 December Super Splash 2012
45.37	S	F	50	Back	6/2/2013 2013 Starfish Meter Madness - Pentathlon
45.63	Y	F	50	Breast	11/4/2012 Hometown Splashdown
48.52	S	F	50	Breast	6/2/2013 2013 Starfish Meter Madness - Pentathlon
46.47	S	F	50	Fly	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:30.75	Y	F	100	IM	11/4/2012 Hometown Splashdown
1:39.01	S	F	100	IM	6/2/2013 2013 Starfish Meter Madness - Pentathlon
3:23.72	Y	F	200	IM	1/27/2013 Thoroughbred Splash 2013
GLFY-AD					
Andrew Kirby (8) M					
27.14	Y	F	25	Free	3/1/2013 AD Silver Short Course Championships
56.99	L	F	50	Free	7/19/2013 2013 Adirondack Long Course District Champion
58.33	Y	F	50	Free	3/1/2013 AD Silver Short Course Championships
28.34	Y	F	25	Back	2/23/2013 Cabin Fever Invitational
1:05.71	S	F	50	Back	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:05.75	Y	F	50	Back	3/1/2013 AD Silver Short Course Championships
1:14.47	L	F	50	Back	7/19/2013 2013 Adirondack Long Course District Champion
35.94	Y	F	25	Breast	10/20/2012 Ravena Autumn Breeze 2012
1:20.34	L	F	50	Breast	7/19/2013 2013 Adirondack Long Course District Champion
2:30.87	S	F	100	IM	6/2/2013 2013 Starfish Meter Madness - Pentathlon
DELM-AD					
Kathryn Kirby (11) W					
41.27	Y	F	50	Free	3/1/2013 AD Silver Short Course Championships
42.01	L	P	50	Free	7/19/2013 2013 Adirondack Long Course District Champion
42.77	S	F	50	Free	6/2/2013 2013 Starfish Meter Madness - Pentathlon
43.98	Y	F	50	Back	3/1/2013 AD Silver Short Course Championships
49.16	S	F	50	Back	6/2/2013 2013 Starfish Meter Madness - Pentathlon
52.92	L	P	50	Back	7/19/2013 2013 Adirondack Long Course District Champion
48.55	Y	F	50	Breast	3/1/2013 AD Silver Short Course Championships
54.09	S	F	50	Breast	6/2/2013 2013 Starfish Meter Madness - Pentathlon
2:04.38	L	P	100	Breast	7/19/2013 2013 Adirondack Long Course District Champion
56.02	S	F	50	Fly	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:42.62	Y	F	100	IM	3/1/2013 AD Silver Short Course Championships
1:49.87	S	F	100	IM	6/2/2013 2013 Starfish Meter Madness - Pentathlon
DELM-AD					
Caroline Kirkey (11) W					
44.53	Y	F	50	Free	1/27/2013 Thoroughbred Splash 2013
1:30.95	Y	F	100	Free	2/23/2013 Cabin Fever Invitational
1:49.93	Y	F	100	Back	2/23/2013 Cabin Fever Invitational
55.74	Y	F	50	Breast	2/23/2013 Cabin Fever Invitational
51.68	Y	F	50	Fly	2/23/2013 Cabin Fever Invitational
WAVE-AD					

Individual Top Times

Time	P/F/S	Event			
Peter Kirkpatrick (13) M					
					CPP-AD
29.92	Y L	F	50 Free	3/1/2013	AD Silver Short Course Championships
33.38	S	F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet
1:04.81	Y	P	100 Free	3/10/2013	AD Gold Short Course Championships
2:21.64	Y	P	200 Free	3/10/2013	AD Gold Short Course Championships
2:41.31	L	F	200 Free	7/12/2013	Hawks Summer Invitational 2013
2:44.43	S	F	200 Free	6/15/2013	Piranhas Summer Kick-Off Meet
6:24.42	Y	F	500 Free	3/10/2013	AD Gold Short Course Championships
34.16	Y	P	50 Back	3/10/2013	AD Gold Short Course Championships
1:14.66	Y	F	100 Back	3/10/2013	AD Gold Short Course Championships
1:24.13	S	F	100 Back	6/15/2013	Piranhas Summer Kick-Off Meet
1:26.91	L	F	100 Back	7/12/2013	Hawks Summer Invitational 2013
2:35.00	Y	F	200 Back	3/10/2013	AD Gold Short Course Championships
43.81	Y	F	50 Breast	2/10/2013	2013 Piranhas Pentathlon
1:33.59	Y	F	100 Breast	3/1/2013	AD Silver Short Course Championships
1:45.21	S	F	100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon
3:27.82	Y	F	200 Breast	3/1/2013	AD Silver Short Course Championships
3:40.97	L	F	200 Breast	7/12/2013	Hawks Summer Invitational 2013
34.08	Y	F	50 Fly	3/10/2013	AD Gold Short Course Championships
1:23.07	Y	F	100 Fly	3/1/2013	AD Silver Short Course Championships
1:26.70	S	F	100 Fly	6/15/2013	Piranhas Summer Kick-Off Meet
1:15.71	Y	F	100 IM	3/1/2013	AD Silver Short Course Championships
1:29.34	S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon
Mirielle Kivort (9) W					
					DELM-AD
22.47	Y	F	25 Free	10/20/2012	Ravena Autumn Breeze 2012
46.27	Y	F	50 Free	2/23/2013	Cabin Fever Invitational
1:42.16	Y	F	100 Free	2/23/2013	Cabin Fever Invitational
24.84	Y	F	25 Back	10/20/2012	Ravena Autumn Breeze 2012
57.52	Y	F	50 Back	1/12/2013	Chris Goody Mini-Meet
35.87	Y	F	25 Breast	10/20/2012	Ravena Autumn Breeze 2012
1:10.77	Y	F	50 Breast	1/12/2013	Chris Goody Mini-Meet
2:04.73	Y	F	100 IM	2/23/2013	Cabin Fever Invitational
Zanin Klapija (12) M					
					CPP-AD
38.34	Y	F	50 Free	3/1/2013	AD Silver Short Course Championships
1:28.73	Y	F	100 Free	2/3/2013	Delmar Dolphins February Freeze Invitational
45.40	Y	F	50 Back	1/4/2013	2013 Starfish Trophy Invitational
1:38.09	Y	F	100 Back	2/3/2013	Delmar Dolphins February Freeze Invitational
46.00	Y	F	50 Breast	2/10/2013	2013 Piranhas Pentathlon
45.34	Y	F	50 Fly	2/10/2013	2013 Piranhas Pentathlon
1:37.61	Y	F	100 IM	2/10/2013	2013 Piranhas Pentathlon
Aileen Klaus (9) W					
					SCHE-AD
20.83	Y	F	25 Free	1/27/2013	Thoroughbred Splash 2013
46.61	Y	F	50 Free	3/1/2013	AD Silver Short Course Championships
1:48.62	Y	F	100 Free	3/1/2013	AD Silver Short Course Championships
22.07	Y	F	25 Back	3/1/2013	AD Silver Short Course Championships
53.18	Y	F	50 Back	3/1/2013	AD Silver Short Course Championships
28.46	Y	F	25 Breast	3/1/2013	AD Silver Short Course Championships
1:02.52	Y	F	50 Breast	2/3/2013	Delmar Dolphins February Freeze Invitational
24.92	Y	F	25 Fly	3/1/2013	AD Silver Short Course Championships
2:02.05	Y	F	100 IM	3/1/2013	AD Silver Short Course Championships
Adina Kligerman (11) W					
					UN-AD
30.78	Y	F	50 Free	3/9/2013	Eastern States League Championships 2013
33.86	L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion
34.78	S	F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet
1:10.46	Y	F	100 Free	2/3/2013	Delmar Dolphins February Freeze Invitational
1:15.52	L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion
2:33.29	Y	F	200 Free	3/1/2013	AD Silver Short Course Championships
2:49.03	L	F	200 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational
1:31.36	Y	F	100 Back	1/12/2013	Chris Goody IMX Challenge
44.41	Y	F	50 Breast	3/1/2013	AD Silver Short Course Championships
49.69	S	F	50 Breast	6/15/2013	Piranhas Summer Kick-Off Meet

Individual Top Times

Time	P/F/S	Event			
Adina Kligerman (11) W UN-AD					
52.29 L	P	50 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
1:38.70 Y	F	100 Breast	3/1/2013	AD Silver Short Course Championships	
1:57.44 L	P	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
3:40.94 Y	F	200 Breast	12/9/2012	Piranhas December Distance Invite	
4:10.65 L	F	200 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
39.91 Y	F	50 Fly	2/3/2013	Delmar Dolphins February Freeze Invitational	
43.50 S	F	50 Fly	6/15/2013	Piranhas Summer Kick-Off Meet	
46.25 L	P	50 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:32.86 Y	F	100 Fly	3/1/2013	AD Silver Short Course Championships	
1:52.42 L	P	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:21.79 Y	F	100 IM	2/23/2013	Cabin Fever Invitational	
1:29.58 S	F	100 IM	6/15/2013	Piranhas Summer Kick-Off Meet	
2:59.54 Y	F	200 IM	3/1/2013	AD Silver Short Course Championships	
3:29.41 L	F	200 IM	6/8/2013	Clinton Cudas Colgate Classic Invitational	
Grant Klinkner (12) M NHA-AD					
37.30 Y	F	50 Free	11/17/2012	Harvest Invitational	
40.08 L	F	50 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
40.24 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:28.21 L	F	100 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:32.10 Y	F	100 Free	11/17/2012	Harvest Invitational	
3:04.04 L	F	200 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
44.38 Y	F	50 Back	11/17/2012	Harvest Invitational	
46.54 L	F	50 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:36.32 S	F	100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:42.58 L	F	100 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:02.06 L	F	50 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational	
2:15.46 S	F	100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
55.70 L	F	50 Fly	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:51.14 S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
Ethan Klock (18) M UN-AD					
55.23 Y	F	100 Fly	2/16/2013	2013 Boys Section 3 State Qual	
2:09.63 Y	F	200 IM	2/16/2013	2013 Boys Section 3 State Qual	
Stephen Kman (9) M GCAT-AD					
44.53 L	F	50 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
45.21 S	F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
1:40.75 L	F	100 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
51.84 L	F	50 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
52.98 S	F	50 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
52.75 S	F	50 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
54.33 L	F	50 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:53.46 S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
Cooper Knapp (15) M GLFY-AD					
27.89 L	F	50 Free	7/12/2013	Hawks Summer Invitational 2013	
1:03.16 L	F	100 Free	7/12/2013	Hawks Summer Invitational 2013	
2:16.30 S	F	200 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
2:18.43 L	P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
4:55.38 L	F	400 Free	7/12/2013	Hawks Summer Invitational 2013	
1:10.83 S	F	100 Back	6/15/2013	Piranhas Summer Kick-Off Meet	
1:10.92 L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
2:34.99 L	P	200 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:08.20 S	F	100 Fly	6/15/2013	Piranhas Summer Kick-Off Meet	
1:08.89 L	F	100 Fly	7/12/2013	Hawks Summer Invitational 2013	
2:35.86 L	P	200 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
2:31.97 S	F	200 IM	6/15/2013	Piranhas Summer Kick-Off Meet	
2:37.04 L	F	200 IM	7/12/2013	Hawks Summer Invitational 2013	
5:31.96 L	F	400 IM	7/19/2013	2013 Adirondack Long Course District Champion	
Margaret Knight (15) W CLRK-AD					
31.76 Y	F	50 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
2:44.10 Y	F	200 Free	1/26/2013	Central Valley Swim Meet Quad Meet	

Individual Top Times

Time	P/F/S	Event			
Margaret Knight (15) W					
					CLRK-AD
1:29.66	Y	F	100 Breast	2/3/2013	Delmar Dolphins February Freeze Invitational
3:08.38	Y	F	200 Breast	1/4/2013	2013 Starfish Trophy Invitational
1:34.14	Y	F	100 Fly	1/4/2013	2013 Starfish Trophy Invitational
3:01.81	Y	F	200 IM	2/9/2013	Central Valley Swim League Championships
6:19.30	Y	F	400 IM	3/1/2013	AD Silver Short Course Championships
Thomas Knight (13) M					
					CLRK-AD
32.68	Y	F	50 Free	3/1/2013	AD Silver Short Course Championships
1:13.39	Y	F	100 Free	2/3/2013	Delmar Dolphins February Freeze Invitational
7:29.50	Y	F	500 Free	12/15/2012	Central Valley Swim League Quad Meet
43.86	Y	F	50 Back	3/1/2013	AD Silver Short Course Championships
1:31.89	Y	F	100 Back	12/15/2012	Central Valley Swim League Quad Meet
49.76	Y	F	50 Breast	2/9/2013	Central Valley Swim League Championships
44.14	Y	F	50 Fly	2/3/2013	Delmar Dolphins February Freeze Invitational
1:32.71	Y	F	100 IM	3/1/2013	AD Silver Short Course Championships
3:22.45	Y	F	200 IM	12/15/2012	Central Valley Swim League Quad Meet
sam Kobik (6) M					
					BENN-AD
54.64	Y	F	25 Free	11/17/2012	Harvest Invitational
Adam Kogan (14) M					
					SSCY-AD
28.92	Y	F	50 Free	2/9/2013	North Country YMCA Swim League 2013 Champions
1:06.12	Y	F	100 Free	1/27/2013	North Country League Meet
32.59	Y	F	50 Back	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship
1:09.52	Y	P	100 Back	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship
1:13.82	Y	P	100 Fly	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship
2:37.11	Y	P	200 IM	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship
Benjamin Kogan (12) M					
					SSCY-AD
29.00	Y	F	50 Free	2/3/2013	Delmar Dolphins February Freeze Invitational
1:04.32	Y	F	100 Free	2/9/2013	North Country YMCA Swim League 2013 Champions
2:23.78	Y	F	200 Free	1/27/2013	North Country League Meet
31.74	Y	F	50 Back	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship
1:10.23	Y	F	100 Back	2/3/2013	Delmar Dolphins February Freeze Invitational
38.35	Y	P	50 Breast	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship
1:26.05	Y	F	100 Breast	1/12/2013	Chris Goody IMX Challenge
1:13.92	Y	F	100 Fly	1/12/2013	Chris Goody IMX Challenge
1:13.07	Y	F	100 IM	1/4/2013	2013 Starfish Trophy Invitational
2:28.47	Y	F	200 IM	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship
Ryan Kohler (10) M					
					CPP-AD
42.29	Y	F	50 Free	3/1/2013	AD Silver Short Course Championships
45.17	S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:31.40	Y	F	100 Free	3/1/2013	AD Silver Short Course Championships
1:39.49	S	F	100 Free	6/15/2013	Piranhas Summer Kick-Off Meet
50.07	Y	F	50 Back	2/10/2013	2013 Piranhas Pentathlon
53.64	S	F	50 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:49.49	Y	F	100 Back	2/3/2013	Delmar Dolphins February Freeze Invitational
47.01	Y	F	50 Breast	3/10/2013	AD Gold Short Course Championships
55.44	S	F	50 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon
50.04	Y	F	50 Fly	3/1/2013	AD Silver Short Course Championships
56.46	S	F	50 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:41.00	Y	F	100 IM	3/1/2013	AD Silver Short Course Championships
1:56.13	S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon
Sean Kohler (12) M					
					CPP-AD
30.23	Y	F	50 Free	3/1/2013	AD Silver Short Course Championships
33.61	S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:10.98	Y	F	100 Free	3/1/2013	AD Silver Short Course Championships
7:39.02	Y	F	500 Free	12/9/2012	Piranhas December Distance Invite
41.11	Y	F	50 Back	3/1/2013	AD Silver Short Course Championships
1:31.15	Y	F	100 Back	3/1/2013	AD Silver Short Course Championships
1:38.87	S	F	100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon
3:10.41	Y	F	200 Back	12/9/2012	Piranhas December Distance Invite
43.99	Y	F	50 Breast	3/1/2013	AD Silver Short Course Championships

Individual Top Times

Time	P/F/S	Event			
Sean Kohler (12) M			CPP-AD		
48.26 S	F	50 Breast	6/15/2013	Piranhas Summer Kick-Off Meet	
1:34.70 Y	F	100 Breast	3/1/2013	AD Silver Short Course Championships	
41.27 Y	F	50 Fly	3/1/2013	AD Silver Short Course Championships	
44.79 S	F	50 Fly	6/15/2013	Piranhas Summer Kick-Off Meet	
1:51.98 S	F	100 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:23.64 Y	F	100 IM	3/1/2013	AD Silver Short Course Championships	
1:31.84 S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
3:11.94 Y	F	200 IM	12/9/2012	Piranhas December Distance Invite	
Noelle Kolakowski (15) W			SCHE-AD		
30.20 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
55.50 Y	F	100 Free	11/1/2012	Girls Sec II Division I Champ	
1:03.70 L	F	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:58.64 Y	F	200 Free	3/28/2013	2013 Eastern Zone SC Swimming Championships	
2:15.22 L	F	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
4:50.99 L	F	400 Free	7/19/2013	2013 Adirondack Long Course District Champion	
5:20.28 Y	F	500 Free	3/10/2013	AD Gold Short Course Championships	
11:07.13 Y	F	1000 Free	3/28/2013	2013 Eastern Zone SC Swimming Championships	
19:30.35 L	F	1500 Free	7/19/2013	2013 Adirondack Long Course District Champion	
19:30.35 L	F	1500 Free	7/19/2013	2013 Adirondack Long Course District Champion	
18:58.38 Y	F	1650 Free	3/28/2013	2013 Eastern Zone SC Swimming Championships	
30.43 Y	F	50 Back	12/6/2012	2012 NE NSSC MIT Invite	
36.54 L	F	50 Back	6/1/2013	2013 NE MTSC June 1st Meet	
36.54 L	F	50 Back	6/1/2013	2013 NE MTSC June 1st Meet	
1:04.09 Y	P	100 Back	11/1/2012	Girls Sec II Division I Champ	
1:16.45 L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
2:14.30 Y	F	200 Back	3/10/2013	AD Gold Short Course Championships	
2:43.14 L	F	200 Back	6/1/2013	2013 NE MTSC June 1st Meet	
2:43.14 L	F	200 Back	6/1/2013	2013 NE MTSC June 1st Meet	
2:53.64 Y	F	200 Breast	1/12/2013	Chris Goody IMX Challenge	
34.26 L	F	50 Fly	6/1/2013	2013 NE MTSC June 1st Meet	
34.26 L	F	50 Fly	6/1/2013	2013 NE MTSC June 1st Meet	
1:06.30 Y	F	100 Fly	10/21/2012	2012 Trick or Treat Meet	
1:12.51 L	P	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
2:50.45 L	F	200 Fly	6/1/2013	2013 NE MTSC June 1st Meet	
2:50.45 L	F	200 Fly	6/1/2013	2013 NE MTSC June 1st Meet	
2:21.39 Y	P	200 IM	12/6/2012	2012 NE NSSC MIT Invite	
2:36.91 L	F	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
4:52.26 Y	F	400 IM	3/10/2013	AD Gold Short Course Championships	
Kathleen Konz (16) W			HAWK-AD		
31.23 Y	F	50 Free	1/4/2013	2013 Starfish Trophy Invitational	
1:10.82 Y	F	100 Free	1/4/2013	2013 Starfish Trophy Invitational	
2:36.61 Y	F	200 Free	1/4/2013	2013 Starfish Trophy Invitational	
1:17.46 Y	F	100 Back	1/4/2013	2013 Starfish Trophy Invitational	
1:21.35 Y	F	100 Breast	1/25/2013	Hawks Trials And Finals 2013	
2:55.70 Y	P	200 Breast	1/25/2013	Hawks Trials And Finals 2013	
1:16.97 Y	P	100 Fly	1/25/2013	Hawks Trials And Finals 2013	
2:45.10 Y	P	200 IM	1/25/2013	Hawks Trials And Finals 2013	
Sean Konz (15) M			HAWK-AD		
25.98 Y	F	50 Free	1/4/2013	2013 Starfish Trophy Invitational	
28.87 L	F	50 Free	7/12/2013	Hawks Summer Invitational 2013	
55.61 Y	F	100 Free	1/25/2013	Hawks Trials And Finals 2013	
1:07.71 L	F	100 Free	7/12/2013	Hawks Summer Invitational 2013	
1:59.34 Y	P	200 Free	3/10/2013	AD Gold Short Course Championships	
5:24.77 Y	F	500 Free	1/4/2013	2013 Starfish Trophy Invitational	
2:21.30 Y	P	200 Back	3/10/2013	AD Gold Short Course Championships	
1:11.66 Y	F	100 Breast	3/10/2013	AD Gold Short Course Championships	
1:29.21 L	F	100 Breast	7/12/2013	Hawks Summer Invitational 2013	
2:35.06 Y	F	200 Breast	1/4/2013	2013 Starfish Trophy Invitational	
28.63 Y	F	50 Fly	11/18/2012	Hawk-NDAC-CSD	
1:02.23 Y	P	100 Fly	1/25/2013	Hawks Trials And Finals 2013	

Individual Top Times

Time	P/F/S	Event				
Sean Konz (15) M						
2:19.02	Y	P	200	Fly	1/25/2013	Hawks Trials And Finals 2013
2:16.63	Y	F	200	IM	3/10/2013	AD Gold Short Course Championships
2:40.81	L	F	200	IM	7/12/2013	Hawks Summer Invitational 2013
4:53.47	Y	F	400	IM	1/4/2013	2013 Starfish Trophy Invitational
Leigha Kosakowski (14) W						
29.99	S	F	50	Free	6/15/2013	Piranhas Summer Kick-Off Meet
31.27	L	F	50	Free	6/8/2013	Clinton Cudas Colgate Classic Invitational
1:09.02	L	F	100	Free	6/8/2013	Clinton Cudas Colgate Classic Invitational
2:08.83	Y	P	200	Free	3/10/2013	AD Gold Short Course Championships
2:29.86	S	F	200	Free	6/15/2013	Piranhas Summer Kick-Off Meet
2:34.11	L	F	200	Free	6/8/2013	Clinton Cudas Colgate Classic Invitational
5:57.90	Y	F	500	Free	1/12/2013	Chris Goody IMX Challenge
1:07.09	Y	P	100	Back	3/10/2013	AD Gold Short Course Championships
1:18.12	S	F	100	Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:23.03	L	F	100	Back	6/8/2013	Clinton Cudas Colgate Classic Invitational
2:26.88	Y	F	200	Back	3/1/2013	AD Silver Short Course Championships
1:27.74	S	F	100	Breast	6/15/2013	Piranhas Summer Kick-Off Meet
1:31.41	L	F	100	Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational
2:47.74	Y	F	200	Breast	12/9/2012	Piranhas December Distance Invite
3:21.59	L	F	200	Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational
1:23.88	S	F	100	Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon
2:45.29	Y	F	200	Fly	1/12/2013	Chris Goody IMX Challenge
1:23.19	S	F	100	IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon
2:28.35	Y	F	200	IM	2/23/2013	Cabin Fever Invitational
2:52.80	S	F	200	IM	6/15/2013	Piranhas Summer Kick-Off Meet
2:57.77	L	F	200	IM	6/8/2013	Clinton Cudas Colgate Classic Invitational
5:25.77	Y	F	400	IM	3/1/2013	AD Silver Short Course Championships
Venkat Kota (13) M						
41.16	S	F	50	Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:58.82	S	F	100	Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:47.50	S	F	100	IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon
Adrian Kowal (13) M						
30.80	Y	F	50	Free	2/3/2013	Delmar Dolphins February Freeze Invitational
1:10.89	Y	F	100	Free	3/1/2013	AD Silver Short Course Championships
37.31	Y	F	50	Back	3/1/2013	AD Silver Short Course Championships
1:22.30	Y	F	100	Back	3/1/2013	AD Silver Short Course Championships
37.93	Y	P	50	Breast	3/10/2013	AD Gold Short Course Championships
1:25.42	Y	F	100	Breast	3/10/2013	AD Gold Short Course Championships
1:19.07	Y	F	100	IM	3/1/2013	AD Silver Short Course Championships
Riley Kowalczyk (14) W						
29.40	Y	F	50	Free	3/1/2013	AD Silver Short Course Championships
1:09.06	Y	F	100	Free	11/17/2012	Harvest Invitational
2:29.80	Y	F	200	Free	3/1/2013	AD Silver Short Course Championships
6:45.55	Y	F	500	Free	12/9/2012	Piranhas December Distance Invite
1:13.05	Y	F	100	Back	3/1/2013	AD Silver Short Course Championships
2:39.31	Y	F	200	Back	12/9/2012	Piranhas December Distance Invite
2:47.63	Y	F	200	IM	12/9/2012	Piranhas December Distance Invite
Justin Kowal (16) M						
26.65	Y	F	50	Free	2/23/2013	Cabin Fever Invitational
59.48	Y	F	100	Free	3/1/2013	AD Silver Short Course Championships
1:14.31	Y	F	100	Breast	3/1/2013	AD Silver Short Course Championships
2:54.94	Y	F	200	Breast	3/1/2013	AD Silver Short Course Championships
Rafael Kowal (9) M						
16.17	Y	F	25	Free	3/1/2013	AD Silver Short Course Championships
34.12	Y	F	50	Free	3/10/2013	AD Gold Short Course Championships
1:14.82	Y	F	100	Free	3/10/2013	AD Gold Short Course Championships
19.11	Y	F	25	Back	3/1/2013	AD Silver Short Course Championships
39.52	Y	F	50	Back	3/10/2013	AD Gold Short Course Championships
1:31.57	Y	F	100	Back	11/17/2012	Harvest Invitational

HAWK-AD

UN-AD

ALBS-AD

SVP-AD

BSPA-AD

SVP-AD

SVP-AD

Individual Top Times

Time	P/F/S	Event			
Rafael Kowal (9) M					
24.88 Y	F	25 Breast	3/1/2013	AD Silver Short Course Championships	SVP-AD
19.81 Y	F	25 Fly	3/1/2013	AD Silver Short Course Championships	
42.96 Y	F	50 Fly	2/9/2013	Central Valley Swim League Championships	
1:26.50 Y	F	100 IM	3/10/2013	AD Gold Short Course Championships	
Cassandra Koziol (9) W					
52.28 Y	F	50 Free	2/23/2013	Cabin Fever Invitational	NHA-AD
Kristen Koziol (11) W					
39.92 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	
43.38 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:28.51 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
46.44 Y	F	50 Back	2/23/2013	Cabin Fever Invitational	
50.10 S	F	50 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
49.87 Y	F	50 Breast	2/23/2013	Cabin Fever Invitational	
51.88 S	F	50 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:46.22 Y	F	100 Breast	2/23/2013	Cabin Fever Invitational	
54.41 S	F	50 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:46.62 S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
Madeline Kramer (15) W					
26.39 Y	F	50 Free	11/1/2012	2012 NI - Ob - Section 3 Class A-B-C Champs 2	UN-AD
30.01 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
56.34 Y	F	100 Free	11/3/2012	2012 NI - Ob - Section 3 Girls State Qualifie	
1:06.61 L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:24.75 L	F	200 Free	7/6/2013	Sharks Summer Invite	
5:06.64 L	F	400 Free	7/19/2013	2013 Adirondack Long Course District Champion	
5:50.11 Y	F	500 Free	12/9/2012	Piranhas December Distance Invite	
1:23.28 L	F	100 Back	7/6/2013	Sharks Summer Invite	
2:54.84 L	P	200 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:28.95 L	P	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
3:07.14 L	P	200 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
1:20.51 L	F	100 Fly	6/8/2013	Clinton Cudas Colgate Classic Invitational	
2:22.57 Y	P	200 IM	3/10/2013	AD Gold Short Course Championships	
2:52.32 L	F	200 IM	6/8/2013	Clinton Cudas Colgate Classic Invitational	
5:17.62 Y	F	400 IM	3/1/2013	AD Silver Short Course Championships	
Kathryn Krauss (14) W					
31.74 Y	F	50 Free	1/4/2013	2013 Starfish Trophy Invitational	ALBS-AD
34.51 L	F	50 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:10.88 Y	F	100 Free	1/4/2013	2013 Starfish Trophy Invitational	
1:18.20 L	F	100 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
2:53.21 L	P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
38.33 Y L	F	50 Back	3/1/2013	AD Silver Short Course Championships	
1:20.29 Y	F	100 Back	1/4/2013	2013 Starfish Trophy Invitational	
1:27.97 L	F	100 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
2:55.69 Y	F	200 Back	1/4/2013	2013 Starfish Trophy Invitational	
3:10.84 L	F	200 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:44.09 Y	F	100 Breast	2/3/2013	Delmar Dolphins February Freeze Invitational	
3:04.93 Y	F	200 IM	1/4/2013	2013 Starfish Trophy Invitational	
Anna Kreienberg (17) W					
33.89 Y	F	50 Free	10/6/2012	SHENENDEHOWA GIRLS SWIMMING &	UN-AD
1:14.77 Y	F	100 Free	10/6/2012	SHENENDEHOWA GIRLS SWIMMING &	
Avery Kuhn (11) W					
41.52 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	WAVE-AD
1:31.82 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
47.78 Y	F	50 Back	3/1/2013	AD Silver Short Course Championships	
1:46.35 Y	F	100 Back	3/1/2013	AD Silver Short Course Championships	
44.28 Y	F	50 Fly	3/1/2013	AD Silver Short Course Championships	
Robin Kuhns (16) M					
29.01 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	ADDI-AD
1:08.77 Y	F	100 Free	1/27/2013	Thoroughbred Splash 2013	
2:48.66 Y	F	200 Free	2/3/2013	2013 NE GMA VT Specialty Meet	

Individual Top Times

Time	P/F/S	Event				
Robin Kuhns (16) M						
1:26.34	Y	F	100	Back	1/12/2013	Canajoharie Developmental Meet
1:21.44	Y	F	100	Breast	3/1/2013	AD Silver Short Course Championships
3:05.73	Y	F	200	Breast	3/1/2013	AD Silver Short Course Championships
3:07.47	Y	F	200	IM	1/27/2013	Thoroughbred Splash 2013
Sara Kuiken (11) W						
37.65	Y	F	50	Free	3/1/2013	AD Silver Short Course Championships
1:27.17	Y	F	100	Free	3/1/2013	AD Silver Short Course Championships
47.32	Y	F	50	Back	1/12/2013	Chris Goody Mini-Meet
1:44.22	Y	F	100	Back	2/3/2013	Delmar Dolphins February Freeze Invitational
55.50	Y	F	50	Breast	2/3/2013	Delmar Dolphins February Freeze Invitational
1:42.73	Y	F	100	IM	3/1/2013	AD Silver Short Course Championships
Amelia Kulzer (9) W						
23.41	Y	F	25	Free	3/1/2013	AD Silver Short Course Championships
49.71	Y	F	50	Free	3/9/2013	Eastern States League Championships 2013
1:51.37	Y	F	100	Free	2/23/2013	Cabin Fever Invitational
22.65	Y	F	25	Back	1/12/2013	Chris Goody Mini-Meet
48.71	Y	F	50	Back	1/4/2013	2013 Starfish Trophy Invitational
Auny Kussad (9) M						
48.54	Y	F	50	Free	2/10/2013	2013 Piranhas Pentathlon
50.40	Y	F	50	Back	2/10/2013	2013 Piranhas Pentathlon
1:15.68	Y	F	50	Breast	2/10/2013	2013 Piranhas Pentathlon
Sundus Kussad (8) W						
58.39	Y	F	50	Free	2/10/2013	2013 Piranhas Pentathlon
1:01.03	Y	F	50	Back	2/10/2013	2013 Piranhas Pentathlon
Tyler Kutty (13) M						
33.00	Y	F	50	Free	1/12/2013	Canajoharie Developmental Meet
35.80	L	F	50	Free	6/8/2013	Clinton Cudas Colgate Classic Invitational
1:10.77	Y	F	100	Free	1/12/2013	Canajoharie Developmental Meet
1:17.27	L	F	100	Free	6/8/2013	Clinton Cudas Colgate Classic Invitational
2:39.73	Y	F	200	Free	11/17/2012	Harvest Invitational
2:52.22	L	F	200	Free	6/8/2013	Clinton Cudas Colgate Classic Invitational
40.29	Y	F	50	Back	1/12/2013	Canajoharie Developmental Meet
1:41.37	L	F	100	Back	6/8/2013	Clinton Cudas Colgate Classic Invitational
1:37.66	Y	F	100	Breast	1/12/2013	Canajoharie Developmental Meet
1:51.54	L	F	100	Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational
3:52.49	L	F	200	Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational
1:49.43	L	F	100	Fly	6/8/2013	Clinton Cudas Colgate Classic Invitational
3:29.66	L	F	200	IM	6/8/2013	Clinton Cudas Colgate Classic Invitational
Emile Kuyll (16) M						
22.91	Y L	F	50	Free	3/10/2013	AD Gold Short Course Championships
26.64	L	F	50	Free	3/21/2013	2013 NI - EZ North Region Speedo Ch
50.32	Y	F	100	Free	3/10/2013	AD Gold Short Course Championships
1:01.10	L	F	100	Free	7/12/2013	Hawks Summer Invitational 2013
1:55.27	Y	F	200	Free	1/4/2013	2013 Starfish Trophy Invitational
2:20.74	L	F	200	Free	7/12/2013	Hawks Summer Invitational 2013
5:11.35	Y	F	500	Free	1/4/2013	2013 Starfish Trophy Invitational
53.27	Y	F	100	Back	3/1/2013	2013 NI - OB - NYS Federation
1:03.45	L	F	100	Back	3/21/2013	2013 NI - EZ North Region Speedo Ch
1:59.01	Y	F	200	Back	3/10/2013	AD Gold Short Course Championships
2:21.79	L	F	200	Back	3/21/2013	2013 NI - EZ North Region Speedo Ch
1:03.79	Y	F	100	Breast	3/10/2013	AD Gold Short Course Championships
1:15.94	L	P	100	Breast	3/21/2013	2013 NI - EZ North Region Speedo Ch
2:17.74	Y	F	200	Breast	3/10/2013	AD Gold Short Course Championships
2:58.58	L	F	200	Breast	7/12/2013	Hawks Summer Invitational 2013
56.29	Y	F	100	Fly	3/10/2013	AD Gold Short Course Championships
1:08.93	L	F	100	Fly	7/12/2013	Hawks Summer Invitational 2013
1:59.56	Y	P	200	IM	3/1/2013	2013 NI - OB - NYS Federation
2:20.14	L	P	200	IM	3/21/2013	2013 NI - EZ North Region Speedo Ch
4:27.08	Y	F	400	IM	3/10/2013	AD Gold Short Course Championships

ADDI-AD

USAM-AD

USAM-AD

NTS-AD

NTS-AD

NHA-AD

HAWK-AD

Individual Top Times

Time	P/F/S	Event			
Aidan LaBella (13) M					
38.54	Y	F	50	Free	1/27/2013 Thoroughbred Splash 2013
43.31	L	P	50	Free	7/19/2013 2013 Adirondack Long Course District Champion
45.60	S	F	50	Free	6/15/2013 Piranhas Summer Kick-Off Meet
1:25.72	Y	F	100	Free	1/27/2013 Thoroughbred Splash 2013
3:17.85	L	P	200	Free	7/19/2013 2013 Adirondack Long Course District Champion
3:27.74	S	F	200	Free	6/15/2013 Piranhas Summer Kick-Off Meet
46.56	Y	F	50	Back	1/4/2013 2013 Starfish Trophy Invitational
1:51.79	L	P	100	Back	7/19/2013 2013 Adirondack Long Course District Champion
1:52.87	S	F	100	Back	6/2/2013 2013 Starfish Meter Madness - Pentathlon
45.12	Y	F	50	Breast	12/2/2012 December Super Splash 2012
1:54.30	Y	F	100	Breast	11/10/2012 Pilgrims Pride
1:55.92	S	F	100	Breast	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:56.01	L	P	100	Breast	7/19/2013 2013 Adirondack Long Course District Champion
1:39.73	Y	F	100	IM	1/4/2013 2013 Starfish Trophy Invitational
1:52.77	S	F	100	IM	6/2/2013 2013 Starfish Meter Madness - Pentathlon
Mark LaBorde (9) M					
49.74	L	F	50	Free	7/12/2013 Hawks Summer Invitational 2013
56.20	L	F	50	Back	7/12/2013 Hawks Summer Invitational 2013
Jelena Lacelle (18) W					
29.88	Y	F	50	Free	1/12/2013 Canajoharie Developmental Meet
33.49	L	P	50	Free	7/19/2013 2013 Adirondack Long Course District Champion
1:07.06	Y	F	100	Free	11/17/2012 Harvest Invitational
1:14.47	L	F	100	Free	6/8/2013 Clinton Cudas Colgate Classic Invitational
2:16.84	Y	F	200	Free	11/17/2012 Harvest Invitational
2:38.88	L	P	200	Free	7/19/2013 2013 Adirondack Long Course District Champion
5:24.68	L	F	400	Free	7/19/2013 2013 Adirondack Long Course District Champion
6:04.52	Y	F	500	Free	1/12/2013 Chris Goody IMX Challenge
1:14.23	Y	F	100	Back	1/12/2013 Canajoharie Developmental Meet
1:27.60	L	F	100	Back	6/8/2013 Clinton Cudas Colgate Classic Invitational
3:04.40	L	P	200	Back	7/19/2013 2013 Adirondack Long Course District Champion
1:34.08	Y	F	100	Breast	1/12/2013 Canajoharie Developmental Meet
1:46.77	L	F	100	Breast	7/6/2013 Sharks Summer Invite
1:17.59	Y	F	100	Fly	2/3/2013 Delmar Dolphins February Freeze Invitational
1:24.49	L	P	100	Fly	7/19/2013 2013 Adirondack Long Course District Champion
2:43.55	Y	F	200	IM	11/17/2012 Harvest Invitational
3:03.10	L	P	200	IM	7/19/2013 2013 Adirondack Long Course District Champion
5:32.69	Y	F	400	IM	1/4/2013 2013 Starfish Trophy Invitational
Wade Lacey (15) W					
2:29.24	Y	P	200	IM	11/1/2012 Girls Sec II Division 2 Champ
Jeremy LaClaire (14) M					
26.69	Y	F	50	Free	1/20/2013 Foothills Inv
1:04.85	Y	F	100	Free	1/20/2013 Foothills Inv
1:16.23	Y	F	100	Back	2/10/2013 2013 Piranhas Pentathlon
1:24.82	Y	F	100	Breast	2/10/2013 2013 Piranhas Pentathlon
Michaela Laden (16) W					
37.90	Y	F	50	Free	12/1/2012 Central Valley Swim League Quad Meet
1:29.07	Y	F	100	Free	11/10/2012 CVSL First Splash
1:46.63	Y	F	100	Back	12/1/2012 Central Valley Swim League Quad Meet
2:05.46	Y	F	100	Breast	12/1/2012 Central Valley Swim League Quad Meet
Darby Laflamme (15) W					
27.19	Y	F	50	Free	1/4/2013 2013 Starfish Trophy Invitational
31.32	L	P	50	Free	7/19/2013 2013 Adirondack Long Course District Champion
31.48	S	F	50	Free	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:00.10	Y	P	100	Free	3/10/2013 AD Gold Short Course Championships
1:07.53	L	P	100	Free	7/19/2013 2013 Adirondack Long Course District Champion
2:12.41	Y	P	200	Free	3/10/2013 AD Gold Short Course Championships
2:29.37	L	P	200	Free	7/19/2013 2013 Adirondack Long Course District Champion
5:25.34	L	F	400	Free	7/19/2013 2013 Adirondack Long Course District Champion
32.44	Y L	F	50	Back	3/1/2013 AD Silver Short Course Championships

ALBS-AD

HAWK-AD

CLIN-AD

UN-AD

TBS-AD

CLRK-AD

ALBS-AD

Individual Top Times

Time	P/F/S	Event			
Darby Laflamme (15) W			ALBS-AD		
1:09.00	Y P	100 Back	3/10/2013	AD Gold Short Course Championships	
1:19.02	S F	100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:20.21	L P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
2:32.19	Y F	200 Back	3/1/2013	AD Silver Short Course Championships	
2:53.21	L P	200 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:30.65	Y F	100 Breast	11/10/2012	Pilgrims Pride	
1:41.52	S F	100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:45.96	L P	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
3:09.76	Y F	200 Breast	3/1/2013	AD Silver Short Course Championships	
3:45.49	L F	200 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:23.85	S F	100 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:24.38	S F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:35.34	Y F	200 IM	12/9/2012	Piranhas December Distance Invite	
2:58.97	L F	200 IM	6/8/2013	Clinton Cudas Colgate Classic Invitational	
Owen LaFlamme (13) M			ALBS-AD		
30.26	Y F	50 Free	3/1/2013	AD Silver Short Course Championships	
34.42	L P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
34.93	S F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:09.07	Y F	100 Free	3/1/2013	AD Silver Short Course Championships	
1:20.43	L F	100 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
2:53.57	L P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:16.49	Y F	100 Back	1/27/2013	Thoroughbred Splash 2013	
1:25.52	S F	100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:29.22	L P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
2:40.33	Y F	200 Back	3/1/2013	AD Silver Short Course Championships	
3:06.75	L F	200 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
43.28	Y F	50 Breast	10/21/2012	2012 Trick or Treat Meet	
1:26.57	Y F	100 Breast	3/1/2013	AD Silver Short Course Championships	
1:40.07	S F	100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:43.65	L F	100 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational	
3:43.56	L F	200 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational	
36.93	Y F	50 Fly	10/21/2012	2012 Trick or Treat Meet	
1:18.04	Y F	100 Fly	1/27/2013	Thoroughbred Splash 2013	
1:29.55	S F	100 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:31.58	L P	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:19.63	Y F	100 IM	10/21/2012	2012 Trick or Treat Meet	
1:27.89	S F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:41.74	Y F	200 IM	3/1/2013	AD Silver Short Course Championships	
3:11.26	L F	200 IM	6/8/2013	Clinton Cudas Colgate Classic Invitational	
Evan LaFleche (12) M			CPP-AD		
30.35	Y P	50 Free	3/10/2013	AD Gold Short Course Championships	
33.99	S F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:06.22	Y F	100 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
7:18.16	Y F	500 Free	12/9/2012	Piranhas December Distance Invite	
41.00	Y F	50 Back	2/10/2013	2013 Piranhas Pentathlon	
1:25.78	Y F	100 Back	3/1/2013	AD Silver Short Course Championships	
1:38.74	S F	100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
3:04.86	Y F	200 Back	3/1/2013	AD Silver Short Course Championships	
39.47	Y P	50 Breast	3/10/2013	AD Gold Short Course Championships	
1:26.66	Y P	100 Breast	3/10/2013	AD Gold Short Course Championships	
1:37.86	S F	100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
36.66	Y F	50 Fly	3/1/2013	AD Silver Short Course Championships	
1:18.72	Y F	100 IM	3/1/2013	AD Silver Short Course Championships	
1:30.28	S F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:50.05	Y F	200 IM	3/1/2013	AD Silver Short Course Championships	
Grace LaFleche (10) W			CPP-AD		
47.39	Y F	50 Free	2/10/2013	2013 Piranhas Pentathlon	
1:46.73	Y F	100 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
57.53	Y F	50 Back	2/10/2013	2013 Piranhas Pentathlon	
2:08.97	Y F	100 Back	2/3/2013	Delmar Dolphins February Freeze Invitational	

Individual Top Times

Time	P/F/S	Event			
Grace LaFleche (10) W					
1:01.05	Y	F	50	Breast	2/10/2013 2013 Piranhas Pentathlon
1:03.44	Y	F	50	Fly	2/10/2013 2013 Piranhas Pentathlon
2:05.07	Y	F	100	IM	2/3/2013 Delmar Dolphins February Freeze Invitational
Zach LaForest (13) M					
30.94	S	F	50	Free	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:32.09	S	F	100	Back	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:40.90	S	F	100	Fly	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:34.13	S	F	100	IM	6/2/2013 2013 Starfish Meter Madness - Pentathlon
Abigail LaFountain (8) W					
42.61	Y	F	25	Free	11/4/2012 Hometown Splashdown
38.99	Y	F	25	Back	11/4/2012 Hometown Splashdown
Callie LaGoy (9) W					
22.24	Y	F	25	Free	12/2/2012 December Super Splash 2012
46.96	Y	F	50	Free	12/2/2012 December Super Splash 2012
27.70	Y	F	25	Back	11/17/2012 Harvest Invitational
34.95	Y	F	25	Breast	1/27/2013 Thoroughbred Splash 2013
31.29	Y	F	25	Fly	12/2/2012 December Super Splash 2012
Kayla LaHart (12) W					
30.18	Y	F	50	Free	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
1:08.21	Y	F	100	Free	2/9/2013 North Country YMCA Swim League 2013 Champions
2:27.98	Y	F	200	Free	1/27/2013 Thoroughbred Splash 2013
6:52.80	Y	F	500	Free	11/17/2012 Harvest Invitational
33.71	Y L	F	50	Back	2/9/2013 North Country YMCA Swim League 2013 Champions
1:13.39	Y	F	100	Back	2/23/2013 Cabin Fever Invitational
47.47	Y	F	50	Breast	1/27/2013 Thoroughbred Splash 2013
1:19.83	Y	F	100	IM	2/23/2013 Cabin Fever Invitational
Sabrina Lakomy (17) W					
33.14	Y	F	50	Free	1/4/2013 2013 Starfish Trophy Invitational
1:16.59	Y	F	100	Free	1/27/2013 Thoroughbred Splash 2013
42.96	Y L	F	50	Back	1/4/2013 2013 Starfish Trophy Invitational
1:31.22	Y	F	100	Back	1/27/2013 Thoroughbred Splash 2013
John Lamb (13) M					
27.26	Y	F	50	Free	3/10/2013 AD Gold Short Course Championships
30.42	L	P	50	Free	7/19/2013 2013 Adirondack Long Course District Champion
58.33	Y	F	100	Free	3/10/2013 AD Gold Short Course Championships
1:06.99	L	F	100	Free	7/19/2013 2013 Adirondack Long Course District Champion
2:32.59	L	F	200	Free	7/6/2013 Sharks Summer Invite
5:53.78	L	F	400	Free	7/6/2013 Sharks Summer Invite
31.27	Y	F	50	Back	3/10/2013 AD Gold Short Course Championships
36.09	L	F	50	Back	7/19/2013 2013 Adirondack Long Course District Champion
1:05.68	Y	P	100	Back	3/10/2013 AD Gold Short Course Championships
1:16.72	L	F	100	Back	7/19/2013 2013 Adirondack Long Course District Champion
3:05.08	Y	F	200	Back	11/10/2012 Pilgrims Pride
36.41	Y	F	50	Breast	3/10/2013 AD Gold Short Course Championships
43.73	L	F	50	Breast	7/19/2013 2013 Adirondack Long Course District Champion
1:39.46	L	F	100	Breast	6/8/2013 Clinton Cudas Colgate Classic Invitational
30.85	Y	F	50	Fly	3/10/2013 AD Gold Short Course Championships
36.40	L	P	50	Fly	7/19/2013 2013 Adirondack Long Course District Champion
1:32.70	L	P	100	Fly	7/19/2013 2013 Adirondack Long Course District Champion
1:08.21	Y	F	100	IM	3/10/2013 AD Gold Short Course Championships
2:54.25	L	F	200	IM	7/6/2013 Sharks Summer Invite
Zachary Lamb (17) M					
24.11	Y	P	50	Free	2/14/2013 Section II Championships Large
52.10	Y	P	100	Free	2/14/2013 Section II Championships Large
1:08.51	Y	F	100	Back	11/17/2012 Harvest Invitational
1:16.67	Y	F	100	Breast	12/15/2012 SHENENDEHOWA Boys SWIMMING & D
1:16.67	Y	F	100	Breast	12/15/2012 2012 AD SHENENDEHOWA Boys
Emma Lanahan (11) W					
33.64	Y	F	50	Free	1/12/2013 Chris Goody Mini-Meet

CPP-AD

BENN-AD

GRGF-AD

BSPA-AD

SARY-AD

WAVE-AD

CLIN-AD

UN-AD

SSCY-AD

Individual Top Times

Time	P/F/S	Event			
Emma Lanahan (11) W					
1:16.36	Y	F	100	Free	1/27/2013 North Country League Meet
3:00.97	Y	F	200	Free	12/2/2012 December Super Splash 2012
41.31	Y	F	50	Back	1/27/2013 North Country League Meet
36.45	Y	F	50	Fly	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
1:25.25	Y	F	100	IM	2/9/2013 North Country YMCA Swim League 2013 Champions
Cara Lanci (17) W					
29.10	Y	F	50	Free	10/21/2012 2012 Trick or Treat Meet
1:01.42	Y	F	100	Free	1/27/2013 Thoroughbred Splash 2013
2:09.69	Y	P	200	Free	3/10/2013 AD Gold Short Course Championships
1:09.08	Y	F	100	Back	11/1/2012 Girls Sec II Division 2 Champ
2:27.97	Y	P	200	Back	3/10/2013 AD Gold Short Course Championships
1:27.00	Y	F	100	Breast	1/27/2013 Thoroughbred Splash 2013
3:07.26	Y	F	200	Breast	1/12/2013 Chris Goody IMX Challenge
1:08.04	Y	P	100	Fly	3/10/2013 AD Gold Short Course Championships
2:29.99	Y	F	200	Fly	3/10/2013 AD Gold Short Course Championships
2:34.23	Y	F	200	IM	1/27/2013 Thoroughbred Splash 2013
Caylie Langdon (9) W					
21.54	Y	F	25	Free	2/9/2013 North Country YMCA Swim League 2013 Champions
44.63	Y	F	50	Free	1/27/2013 Thoroughbred Splash 2013
1:44.93	Y	F	100	Free	2/23/2013 Cabin Fever Invitational
25.47	Y	F	25	Back	2/9/2013 North Country YMCA Swim League 2013 Champions
55.31	Y	F	50	Back	2/23/2013 Cabin Fever Invitational
Katelyn Lange (11) W					
43.87	Y	F	50	Free	2/23/2013 Cabin Fever Invitational
50.95	Y	F	50	Breast	2/23/2013 Cabin Fever Invitational
Antonio Lanzi (19) M					
24.25	L	F	50	Free	7/12/2013 2013 NI - Niagara Long Course Classic
53.63	L	P	100	Free	7/12/2013 2013 NI - Niagara Long Course Classic
1:57.94	L	F	200	Free	7/12/2013 2013 NI - Niagara Long Course Classic
2:12.57	L	F	200	IM	7/12/2013 2013 NI - Niagara Long Course Classic
Catherine Lapham (11) W					
37.30	Y	F	50	Free	10/21/2012 2012 Trick or Treat Meet
48.32	Y	F	50	Back	12/15/2012 Sharks 12&Under Mini-Meet
45.35	Y	F	50	Breast	12/15/2012 Sharks 12&Under Mini-Meet
John Lapham (11) M					
38.87	Y	F	50	Free	12/2/2012 December Super Splash 2012
49.77	Y	F	50	Back	2/3/2013 Delmar Dolphins February Freeze Invitational
William Lapham (11) M					
38.42	Y	F	50	Free	12/2/2012 December Super Splash 2012
48.10	Y	F	50	Back	11/10/2012 Pilgrims Pride
47.01	Y	F	50	Breast	12/15/2012 Sharks 12&Under Mini-Meet
Josie LaPolt (13) W					
31.62	Y	P	50	Free	1/25/2013 Hawks Trials And Finals 2013
1:06.46	Y	P	100	Free	3/10/2013 AD Gold Short Course Championships
6:40.37	Y	F	500	Free	3/10/2013 AD Gold Short Course Championships
34.56	Y	P	50	Back	3/10/2013 AD Gold Short Course Championships
1:15.49	Y	P	100	Back	3/10/2013 AD Gold Short Course Championships
45.77	Y	F	50	Breast	3/1/2013 AD Silver Short Course Championships
1:38.12	Y	F	100	Breast	3/1/2013 AD Silver Short Course Championships
x37.92	Y	F	50	Fly	11/18/2012 Hawk-NDAC-CSD
1:21.43	Y	F	100	IM	3/1/2013 AD Silver Short Course Championships
Tessa LaPolt (9) W					
22.80	Y	F	25	Free	3/1/2013 AD Silver Short Course Championships
53.43	Y	F	50	Free	11/18/2012 Hawk-NDAC-CSD
2:05.43	Y	F	100	Free	1/25/2013 Hawks Trials And Finals 2013
26.21	Y	F	25	Back	11/18/2012 Hawk-NDAC-CSD
59.40	Y	F	50	Back	1/4/2013 2013 Starfish Trophy Invitational
2:21.18	Y	F	100	Back	1/25/2013 Hawks Trials And Finals 2013
34.51	Y	F	25	Breast	3/1/2013 AD Silver Short Course Championships

Individual Top Times

Time	P/F/S	Event			
Tessa LaPolt (9) W					
				HAWK-AD	
1:15.00	Y	F	50 Breast	1/25/2013	Hawks Trials And Finals 2013
1:22.64	Y	F	50 Fly	1/4/2013	2013 Starfish Trophy Invitational
2:18.17	Y	F	100 IM	1/25/2013	Hawks Trials And Finals 2013
Sydney LaQue (15) W					
					SCHE-AD
31.06	L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion
1:09.30	L	F	100 Free	7/6/2013	Sharks Summer Invite
2:23.35	L	P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion
4:57.84	L	F	400 Free	7/19/2013	2013 Adirondack Long Course District Champion
19:24.19	L	F	1500 Free	7/19/2013	2013 Adirondack Long Course District Champion
19:24.19	L	F	1500 Free	7/19/2013	2013 Adirondack Long Course District Champion
18:19.89	Y	F	1650 Free	12/6/2012	2012 NE NSSC MIT Invite
1:17.42	L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion
2:46.01	L	P	200 Back	7/19/2013	2013 Adirondack Long Course District Champion
1:14.91	Y	F	100 Breast	12/6/2012	2012 NE NSSC MIT Invite
1:10.50	Y	F	100 Fly	10/21/2012	2012 Trick or Treat Meet
1:16.22	L	P	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion
2:40.90	Y	F	200 Fly	1/12/2013	Chris Goody IMX Challenge
2:31.59	Y	F	200 IM	1/12/2013	Chris Goody IMX Challenge
4:59.74	Y	P	400 IM	12/6/2012	2012 NE NSSC MIT Invite
Emma Larkin (11) W					
					BSPA-AD
40.36	Y	F	50 Free	10/20/2012	Ravena Autumn Breeze 2012
1:25.60	Y	F	100 Free	11/4/2012	Hometown Splashdown
8:25.39	Y	F	500 Free	11/17/2012	Harvest Invitational
43.65	Y	F	50 Back	10/20/2012	Ravena Autumn Breeze 2012
1:31.11	Y	F	100 Back	11/17/2012	Harvest Invitational
48.11	Y	F	50 Breast	10/21/2012	2012 Trick or Treat Meet
1:48.67	Y	F	100 Breast	11/17/2012	Harvest Invitational
50.16	Y	F	50 Fly	10/21/2012	2012 Trick or Treat Meet
1:35.90	Y	F	100 IM	11/4/2012	Hometown Splashdown
James Larkin (14) M					
					UN-AD
1:12.78	Y	F	100 Back	12/15/2012	2012 AD SHENENDEHOWA Boys
1:12.78	Y	F	100 Back	12/15/2012	SHENENDEHOWA Boys SWIMMING & D
Margaret Larkin (14) W					
					UN-AD
28.90	Y	F	50 Free	10/6/2012	SHENENDEHOWA GIRLS SWIMMING &
32.74	L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion
1:04.22	Y	F	100 Free	1/4/2013	2013 Starfish Trophy Invitational
1:12.93	L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion
1:10.25	Y	F	100 Back	10/6/2012	SHENENDEHOWA GIRLS SWIMMING &
1:21.61	L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion
2:50.38	L	P	200 Back	7/19/2013	2013 Adirondack Long Course District Champion
1:22.58	Y	F	100 Breast	1/4/2013	2013 Starfish Trophy Invitational
1:34.90	L	P	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion
2:57.12	Y	F	200 Breast	12/9/2012	Piranhas December Distance Invite
3:22.53	L	F	200 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational
2:38.11	Y	F	200 IM	1/4/2013	2013 Starfish Trophy Invitational
2:59.79	L	P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion
Gabriel Larocque (9) M					
					BSPA-AD
18.77	Y	F	25 Free	11/4/2012	Hometown Splashdown
42.95	Y	F	50 Free	10/20/2012	Ravena Autumn Breeze 2012
22.39	Y	F	25 Back	11/17/2012	Harvest Invitational
30.14	Y	F	25 Breast	10/20/2012	Ravena Autumn Breeze 2012
Caitlyn Larrabee (15) W					
					SCHE-AD
1:08.47	Y	F	100 Free	11/17/2012	Harvest Invitational
2:29.89	Y	F	200 Free	11/17/2012	Harvest Invitational
6:59.69	Y	F	500 Free	10/21/2012	2012 Trick or Treat Meet
1:22.03	Y	F	100 Back	10/21/2012	2012 Trick or Treat Meet
1:25.41	Y	F	100 Breast	10/21/2012	2012 Trick or Treat Meet
1:20.55	Y	F	100 Fly	11/17/2012	Harvest Invitational
2:44.48	Y	F	200 IM	10/21/2012	2012 Trick or Treat Meet

Individual Top Times

Time	P/F/S	Event			
Emily Latham (10) W					
46.52	Y	F	50	Free	11/4/2012 Hometown Splashdown
55.68	Y	F	50	Back	11/4/2012 Hometown Splashdown
Christina Lau (13) W					
31.38	L	P	50	Free	7/19/2013 2013 Adirondack Long Course District Champion
31.95	S	F	50	Free	6/2/2013 2013 Starfish Meter Madness - Pentathlon
59.78	Y	F	100	Free	12/2/2012 December Super Splash 2012
1:07.57	L	P	100	Free	7/19/2013 2013 Adirondack Long Course District Champion
5:47.41	Y	F	500	Free	12/9/2012 Piranhas December Distance Invite
31.76	Y	F	50	Back	12/2/2012 December Super Splash 2012
1:04.73	Y	F	100	Back	3/10/2013 AD Gold Short Course Championships
1:17.16	S	F	100	Back	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:19.16	L	P	100	Back	7/19/2013 2013 Adirondack Long Course District Champion
2:18.64	Y	F	200	Back	3/10/2013 AD Gold Short Course Championships
2:46.47	L	P	200	Back	7/19/2013 2013 Adirondack Long Course District Champion
35.34	Y	F	50	Breast	12/2/2012 December Super Splash 2012
1:14.04	Y	F	100	Breast	3/10/2013 AD Gold Short Course Championships
1:25.14	S	F	100	Breast	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:25.22	L	F	100	Breast	7/19/2013 2013 Adirondack Long Course District Champion
2:37.50	Y	F	200	Breast	3/10/2013 AD Gold Short Course Championships
3:04.59	L	F	200	Breast	7/19/2013 2013 Adirondack Long Course District Champion
30.31	Y	F	50	Fly	11/10/2012 Pilgrims Pride
1:16.92	S	F	100	Fly	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:19.03	L	P	100	Fly	7/19/2013 2013 Adirondack Long Course District Champion
1:06.36	Y	F	100	IM	12/2/2012 December Super Splash 2012
1:15.17	S	F	100	IM	6/2/2013 2013 Starfish Meter Madness - Pentathlon
2:18.84	Y	F	200	IM	3/10/2013 AD Gold Short Course Championships
2:43.66	L	P	200	IM	7/19/2013 2013 Adirondack Long Course District Champion
Josef Laurer (11) M					
32.12	Y	F	50	Free	11/10/2012 Pilgrims Pride
1:08.32	Y	F	100	Free	1/27/2013 Thoroughbred Splash 2013
33.98	Y	F	50	Back	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
1:21.10	Y	F	100	Back	11/17/2012 Harvest Invitational
42.21	Y	F	50	Breast	1/27/2013 Thoroughbred Splash 2013
33.17	Y	F	50	Fly	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
1:13.89	Y	F	100	IM	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
Alexandrea LaValley (9) W					
27.46	Y	F	25	Free	10/21/2012 2012 Trick or Treat Meet
55.16	Y	F	50	Free	2/23/2013 Cabin Fever Invitational
31.72	Y	F	25	Back	10/21/2012 2012 Trick or Treat Meet
1:11.43	Y	F	50	Back	2/23/2013 Cabin Fever Invitational
1:10.11	Y	F	50	Breast	2/23/2013 Cabin Fever Invitational
Scerenity LaValley (7) W					
22.95	Y	F	25	Free	2/9/2013 Central Valley Swim League Championships
1:04.61	Y	F	50	Free	2/3/2013 Delmar Dolphins February Freeze Invitational
27.99	Y	F	25	Back	1/20/2013 Foothills Inv
1:05.61	Y	F	50	Back	2/3/2013 Delmar Dolphins February Freeze Invitational
54.42	Y	F	25	Breast	1/12/2013 Canajoharie Developmental Meet
Nicole LaVigna (11) W					
33.68	Y	F	50	Free	3/1/2013 AD Silver Short Course Championships
1:16.70	Y	F	100	Free	3/1/2013 AD Silver Short Course Championships
1:21.31	L	F	100	Free	6/1/2013 2013 NE MTSC June 1st Meet
1:21.31	L	F	100	Free	6/1/2013 2013 NE MTSC June 1st Meet
2:56.94	Y	F	200	Free	3/1/2013 AD Silver Short Course Championships
3:01.60	L	F	200	Free	6/1/2013 2013 NE MTSC June 1st Meet
3:01.60	L	F	200	Free	6/1/2013 2013 NE MTSC June 1st Meet
36.78	Y	F	50	Back	3/1/2013 AD Silver Short Course Championships
42.23	L	F	50	Back	6/1/2013 2013 NE MTSC June 1st Meet
42.23	L	F	50	Back	6/1/2013 2013 NE MTSC June 1st Meet
1:21.21	Y	F	100	Back	3/1/2013 AD Silver Short Course Championships

GRGF-AD

ALBS-AD

SARY-AD

WAVE-AD

CANA-AD

SCHE-AD

Individual Top Times

Time	P/F/S	Event			
Nicole LaVigna (11) W					
SCHE-AD					
1:25.25	L	F	100	Back	6/1/2013 2013 NE MTSC June 1st Meet
1:25.25	L	F	100	Back	6/1/2013 2013 NE MTSC June 1st Meet
3:07.11	L	F	200	Back	6/1/2013 2013 NE MTSC June 1st Meet
3:07.11	L	F	200	Back	6/1/2013 2013 NE MTSC June 1st Meet
46.97	Y	F	50	Breast	3/1/2013 AD Silver Short Course Championships
51.77	L	F	50	Breast	6/1/2013 2013 NE MTSC June 1st Meet
51.77	L	F	50	Breast	6/1/2013 2013 NE MTSC June 1st Meet
1:39.80	Y	F	100	Breast	3/1/2013 AD Silver Short Course Championships
1:51.43	L	F	100	Breast	6/1/2013 2013 NE MTSC June 1st Meet
1:51.43	L	F	100	Breast	6/1/2013 2013 NE MTSC June 1st Meet
39.41	Y	F	50	Fly	3/1/2013 AD Silver Short Course Championships
42.08	L	F	50	Fly	6/1/2013 2013 NE MTSC June 1st Meet
42.08	L	F	50	Fly	6/1/2013 2013 NE MTSC June 1st Meet
1:36.31	Y	F	100	Fly	2/23/2013 Cabin Fever Invitational
1:26.49	Y	F	100	IM	3/1/2013 AD Silver Short Course Championships
3:02.82	Y	F	200	IM	3/1/2013 AD Silver Short Course Championships
Caitlynn Lawrence (10) W					
CANA-AD					
40.39	Y	F	50	Free	2/9/2013 Central Valley Swim League Championships
1:38.21	Y	F	100	Free	12/15/2012 Central Valley Swim League Quad Meet
46.93	Y	F	50	Back	11/10/2012 CVSL First Splash
1:58.33	Y	F	100	Back	1/26/2013 Central Valley Swim Meet Quad Meet
58.57	Y	F	50	Breast	1/20/2013 Foothills Inv
2:20.70	Y	F	100	Breast	12/15/2012 Central Valley Swim League Quad Meet
1:00.05	Y	F	50	Fly	1/12/2013 Canajoharie Developmental Meet
1:59.48	Y	F	100	Fly	1/26/2013 Central Valley Swim Meet Quad Meet
1:45.82	Y	F	100	IM	1/20/2013 Foothills Inv
Lillian Lawrence-Paine (14) W					
HAWK-AD					
30.35	Y	F	50	Free	3/1/2013 AD Silver Short Course Championships
34.98	L	F	50	Free	7/12/2013 Hawks Summer Invitational 2013
1:06.35	Y	F	100	Free	3/1/2013 AD Silver Short Course Championships
1:17.88	L	F	100	Free	7/12/2013 Hawks Summer Invitational 2013
3:06.84	L	F	200	Free	7/12/2013 Hawks Summer Invitational 2013
36.12	Y L	F	50	Back	3/1/2013 AD Silver Short Course Championships
1:15.73	Y	F	100	Back	3/1/2013 AD Silver Short Course Championships
1:31.85	L	F	100	Back	7/12/2013 Hawks Summer Invitational 2013
2:42.77	Y	P	200	Back	1/25/2013 Hawks Trials And Finals 2013
3:13.29	L	F	200	Back	7/12/2013 Hawks Summer Invitational 2013
1:30.32	Y	F	100	Breast	3/1/2013 AD Silver Short Course Championships
1:44.80	L	F	100	Breast	7/12/2013 Hawks Summer Invitational 2013
3:10.90	Y	F	200	Breast	1/4/2013 2013 Starfish Trophy Invitational
1:24.79	Y	F	100	Fly	3/1/2013 AD Silver Short Course Championships
1:41.39	L	F	100	Fly	7/12/2013 Hawks Summer Invitational 2013
3:02.48	Y	F	200	Fly	3/1/2013 AD Silver Short Course Championships
2:52.47	Y	F	200	IM	1/4/2013 2013 Starfish Trophy Invitational
3:19.63	L	F	200	IM	7/12/2013 Hawks Summer Invitational 2013
7:11.44	L	F	400	IM	7/12/2013 Hawks Summer Invitational 2013
William Lawrence-Paine (11) M					
HAWK-AD					
38.40	Y	F	50	Free	3/1/2013 AD Silver Short Course Championships
43.69	L	F	50	Free	7/12/2013 Hawks Summer Invitational 2013
1:29.28	Y	F	100	Free	3/1/2013 AD Silver Short Course Championships
3:22.81	Y	P	200	Free	1/25/2013 Hawks Trials And Finals 2013
3:42.71	L	F	200	Free	7/12/2013 Hawks Summer Invitational 2013
45.76	Y	F	50	Back	1/4/2013 2013 Starfish Trophy Invitational
55.20	L	F	50	Back	7/12/2013 Hawks Summer Invitational 2013
1:43.15	Y	P	100	Back	1/25/2013 Hawks Trials And Finals 2013
1:59.80	L	F	100	Back	7/12/2013 Hawks Summer Invitational 2013
53.01	Y	F	50	Breast	1/4/2013 2013 Starfish Trophy Invitational
1:02.75	L	F	50	Breast	7/12/2013 Hawks Summer Invitational 2013
48.06	Y	F	50	Fly	3/1/2013 AD Silver Short Course Championships
1:41.41	Y	F	100	IM	3/1/2013 AD Silver Short Course Championships

Individual Top Times

Time	P/F/S	Event			
Nicholas Lawson (17) M			CLIN-AD		
22.74 Y	F	50 Free	3/10/2013	AD Gold Short Course Championships	
26.77 L L	F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
48.89 Y	F	100 Free	3/10/2013	AD Gold Short Course Championships	
58.78 L	P	100 Free	3/21/2013	2013 NI - EZ North Region Speedo Ch	
1:45.28 Y	F	200 Free	3/10/2013	AD Gold Short Course Championships	
2:04.09 L	P	200 Free	3/21/2013	2013 NI - EZ North Region Speedo Ch	
4:34.60 L	F	400 Free	7/6/2013	Sharks Summer Invite	
4:45.99 Y	F	500 Free	3/10/2013	AD Gold Short Course Championships	
10:15.44 Y	F	1000 Free	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS	
17:26.53 Y	F	1650 Free	12/9/2012	Piranhas December Distance Invite	
28.77 L	F	50 Back	3/21/2013	2013 NI - EZ North Region Speedo Ch	
51.99 Y	F	100 Back	3/10/2013	AD Gold Short Course Championships	
1:01.18 L	P	100 Back	3/21/2013	2013 NI - EZ North Region Speedo Ch	
2:15.72 L	P	200 Back	3/21/2013	2013 NI - EZ North Region Speedo Ch	
1:03.54 Y	F	100 Breast	3/10/2013	AD Gold Short Course Championships	
1:17.66 L	P	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
2:49.23 L	F	200 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational	
57.52 Y	F	100 Fly	1/4/2013	2013 Starfish Trophy Invitational	
2:20.30 L	P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
4:53.80 L	F	400 IM	3/21/2013	2013 NI - EZ North Region Speedo Ch	
Justin Layer (10) M			SARY-AD		
35.70 Y	F	50 Free	2/9/2013	North Country YMCA Swim League 2013 Champions	
1:27.13 Y	F	100 Free	1/27/2013	Thoroughbred Splash 2013	
46.80 Y	F	50 Back	2/23/2013	Cabin Fever Invitational	
51.44 Y	F	50 Breast	1/27/2013	Thoroughbred Splash 2013	
1:54.02 Y	F	100 Breast	2/23/2013	Cabin Fever Invitational	
1:39.64 Y	F	100 IM	2/9/2013	North Country YMCA Swim League 2013 Champions	
Sydney Leahr (15) W			KING-AD		
30.37 Y L	F	50 Back	2/9/2013	North Country YMCA Swim League 2013 Champions	
1:00.28 Y	F	100 Back	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
1:12.73 Y	F	100 Breast	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
Julian Leal (16) M			SARY-AD		
2:06.47 Y	F	200 Free	2/9/2013	North Country YMCA Swim League 2013 Champions	
1:06.44 Y	F	100 Back	2/9/2013	North Country YMCA Swim League 2013 Champions	
1:01.90 Y	P	100 Fly	2/14/2013	Section II Championships Large	
2:18.31 Y	P	200 IM	2/14/2013	Section II Championships Large	
Abigail LeCates (15) W			CLIN-AD		
29.36 Y	F	50 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
32.17 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:01.98 Y L	F	100 Free	3/10/2013	AD Gold Short Course Championships	
1:11.61 L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:15.11 Y	F	200 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
5:59.72 Y	F	500 Free	1/4/2013	2013 Starfish Trophy Invitational	
1:12.70 Y	F	100 Back	3/1/2013	AD Silver Short Course Championships	
1:24.13 L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
2:34.50 Y	F	200 Back	1/4/2013	2013 Starfish Trophy Invitational	
1:25.96 Y	F	100 Breast	1/4/2013	2013 Starfish Trophy Invitational	
2:58.70 Y	F	200 Breast	3/1/2013	AD Silver Short Course Championships	
1:07.01 Y	P	100 Fly	3/10/2013	AD Gold Short Course Championships	
2:26.97 Y	F	200 Fly	3/10/2013	AD Gold Short Course Championships	
2:51.16 L	F	200 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
2:30.62 Y	P	200 IM	3/10/2013	AD Gold Short Course Championships	
5:24.98 Y	F	400 IM	12/9/2012	Piranhas December Distance Invite	
Grace LeCates (13) W			CLIN-AD		
27.97 Y L	F	50 Free	3/10/2013	AD Gold Short Course Championships	
1:02.50 Y	F	100 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
2:23.53 Y	F	200 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
32.98 Y L	F	50 Back	3/1/2013	AD Silver Short Course Championships	
1:09.25 Y	P	100 Back	3/10/2013	AD Gold Short Course Championships	

Individual Top Times

Time	P/F/S	Event				
Grace LeCates (13) W						
2:34.97	Y	F	200	Back	3/1/2013	AD Silver Short Course Championships
39.92	Y	F	50	Breast	1/4/2013	2013 Starfish Trophy Invitational
1:27.65	Y	F	100	Breast	3/1/2013	AD Silver Short Course Championships
32.15	Y	F	50	Fly	1/4/2013	2013 Starfish Trophy Invitational
1:11.71	Y	P	100	Fly	3/10/2013	AD Gold Short Course Championships
1:14.02	Y	F	100	IM	1/4/2013	2013 Starfish Trophy Invitational
2:40.05	Y	F	200	IM	3/1/2013	AD Silver Short Course Championships
Henry LeCates (9) M						
17.33	Y	F	25	Free	12/15/2012	Sharks 12&Under Mini-Meet
33.62	Y	F	50	Free	3/10/2013	AD Gold Short Course Championships
1:20.02	Y	F	100	Free	3/10/2013	AD Gold Short Course Championships
1:25.68	L	F	100	Free	7/19/2013	2013 Adirondack Long Course District Champion
40.52	Y	F	50	Back	3/10/2013	AD Gold Short Course Championships
26.01	Y	F	25	Breast	12/15/2012	Sharks 12&Under Mini-Meet
49.47	Y	F	50	Breast	1/4/2013	2013 Starfish Trophy Invitational
43.29	Y	F	50	Fly	1/4/2013	2013 Starfish Trophy Invitational
1:32.00	Y	F	100	IM	3/10/2013	AD Gold Short Course Championships
Ha Sup Lee (12) M						
35.09	Y	F	50	Free	10/21/2012	2012 Trick or Treat Meet
36.23	L	P	50	Free	7/19/2013	2013 Adirondack Long Course District Champion
37.06	S	F	50	Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:12.81	Y	F	100	Free	3/1/2013	AD Silver Short Course Championships
1:21.92	S	F	100	Free	6/15/2013	Piranhas Summer Kick-Off Meet
1:27.31	L	F	100	Free	6/8/2013	Clinton Cudas Colgate Classic Invitational
2:55.80	L	P	200	Free	7/19/2013	2013 Adirondack Long Course District Champion
40.30	Y	F	50	Back	10/21/2012	2012 Trick or Treat Meet
41.96	L	P	50	Back	7/19/2013	2013 Adirondack Long Course District Champion
1:23.97	Y	F	100	Back	3/1/2013	AD Silver Short Course Championships
1:33.40	L	F	100	Back	6/8/2013	Clinton Cudas Colgate Classic Invitational
45.41	Y	F	50	Breast	1/4/2013	2013 Starfish Trophy Invitational
53.13	L	F	50	Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational
1:46.16	S	F	100	Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon
37.91	Y	F	50	Fly	1/4/2013	2013 Starfish Trophy Invitational
1:33.17	S	F	100	Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:25.82	Y	F	100	IM	1/4/2013	2013 Starfish Trophy Invitational
1:29.41	S	F	100	IM	6/15/2013	Piranhas Summer Kick-Off Meet
3:04.48	Y	F	200	IM	1/27/2013	Thoroughbred Splash 2013
3:20.55	L	F	200	IM	6/8/2013	Clinton Cudas Colgate Classic Invitational
Maxim Lee (9) M						
46.96	Y	F	50	Free	10/20/2012	Ravena Autumn Breeze 2012
49.38	S	F	50	Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:45.21	Y	F	100	Free	1/4/2013	2013 Starfish Trophy Invitational
52.33	Y	F	50	Back	11/10/2012	Pilgrims Pride
59.82	S	F	50	Back	6/15/2013	Piranhas Summer Kick-Off Meet
27.52	Y	F	25	Breast	12/15/2012	Sharks 12&Under Mini-Meet
56.73	Y	F	50	Breast	11/10/2012	Pilgrims Pride
59.83	S	F	50	Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon
28.71	Y	F	25	Fly	12/15/2012	Sharks 12&Under Mini-Meet
1:07.25	S	F	50	Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon
2:07.90	S	F	100	IM	6/15/2013	Piranhas Summer Kick-Off Meet
2:08.65	Y	F	100	IM	12/15/2012	Sharks 12&Under Mini-Meet
Kaileigh Lehman (15) W						
32.49	Y	F	50	Free	3/2/2013	2013 NI - METS - Meet the Flintstones
1:13.44	Y	F	100	Free	3/2/2013	2013 NI - METS - Meet the Flintstones
1:33.62	Y	F	100	Back	3/2/2013	2013 NI - METS - Meet the Flintstones
1:35.46	Y	F	100	Breast	3/2/2013	2013 NI - METS - Meet the Flintstones
Braeden Leibach (11) W						
39.32	Y	F	50	Free	3/1/2013	AD Silver Short Course Championships
1:27.61	Y	F	100	Free	3/9/2013	Eastern States League Championships 2013

CLIN-AD

CLIN-AD

ALBS-AD

ALBS-AD

TBS-AD

USAM-AD

Individual Top Times

Time	P/F/S	Event			
Braeden Leibach (11) W			USAM-AD		
3:06.91 Y	F	200 Free	3/1/2013	AD Silver Short Course Championships	
8:01.40 Y	F	500 Free	2/23/2013	Cabin Fever Invitational	
43.48 Y	F	50 Back	3/1/2013	AD Silver Short Course Championships	
1:34.21 Y	F	100 Back	2/3/2013	Delmar Dolphins February Freeze Invitational	
50.00 Y	F	50 Breast	1/4/2013	2013 Starfish Trophy Invitational	
52.37 Y	F	50 Fly	3/1/2013	AD Silver Short Course Championships	
1:38.75 Y	F	100 IM	1/4/2013	2013 Starfish Trophy Invitational	
Amy Leirey (11) W			KING-AD		
31.60 Y	F	50 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
36.60 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:12.14 Y	F	100 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
2:44.38 Y	F	200 Free	1/4/2013	2013 Starfish Trophy Invitational	
41.44 Y L	F	25 Back	1/4/2013	2013 Starfish Trophy Invitational	
37.35 Y	F	50 Back	1/4/2013	2013 Starfish Trophy Invitational	
40.13 S	F	50 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:29.42 Y	F	100 Back	1/4/2013	2013 Starfish Trophy Invitational	
44.88 Y	F	50 Breast	12/7/2012	2012 NE CRIM December T/F Meet	
51.07 S	F	50 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
40.90 Y	F	50 Fly	11/10/2012	Pilgrims Pride	
44.78 S	F	50 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:37.98 Y	F	100 Fly	1/4/2013	2013 Starfish Trophy Invitational	
1:28.12 Y	F	100 IM	2/9/2013	North Country YMCA Swim League 2013 Champions	
1:37.35 S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
Erin Leirey (15) W			UN-AD		
56.35 Y	F	100 Free	11/16/2012	2012 NY Ob - Girls NY State Federation Champ	
2:02.99 Y	P	200 Free	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS	
28.69 Y	F	50 Back	11/16/2012	2012 NY Ob - Girls NY State Federation Champ	
1:01.19 Y	F	100 Back	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
2:14.55 Y	P	200 Back	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS	
2:40.09 Y	P	200 Breast	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS	
1:01.24 Y	F	100 Fly	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
2:20.99 Y	F	200 Fly	12/7/2012	2012 NE CRIM December T/F Meet	
2:14.25 Y	P	200 IM	11/3/2012	2012 MR OB Section 9 Girls Championships	
4:59.29 Y	F	400 IM	2/9/2013	North Country YMCA Swim League 2013 Champions	
Katherine Leirey (18) W			UN-AD		
1:11.13 Y	P	100 Back	11/3/2012	2012 MR OB Section 9 Girls Championships	
Zachary Leitch (15) M			SSAC-AD		
47.50 Y	F	50 Free	11/10/2012	Pilgrims Pride	
1:41.41 Y	F	100 Free	11/10/2012	Pilgrims Pride	
2:11.87 Y	F	100 Breast	11/10/2012	Pilgrims Pride	
Christopher Lekaj (7) M			KING-AD		
24.47 S	F	25 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
49.65 Y	P	50 Free	12/7/2012	2012 NE CRIM December T/F Meet	
54.90 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:39.58 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
26.13 Y	F	25 Back	3/1/2013	AD Silver Short Course Championships	
27.18 S	F	25 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
55.06 Y	F	50 Back	1/4/2013	2013 Starfish Trophy Invitational	
28.35 Y	F	25 Breast	2/9/2013	North Country YMCA Swim League 2013 Champions	
28.67 S	F	25 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
59.96 Y	F	50 Breast	1/25/2013	Hawks Trials And Finals 2013	
26.46 S	F	25 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
26.95 Y	F	25 Fly	2/9/2013	North Country YMCA Swim League 2013 Champions	
1:00.02 Y	P	50 Fly	12/7/2012	2012 NE CRIM December T/F Meet	
1:58.20 Y	P	100 IM	12/7/2012	2012 NE CRIM December T/F Meet	
Sarah Lekaj (10) W			KING-AD		
42.95 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	
45.98 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:39.78 Y	F	100 Free	1/25/2013	Hawks Trials And Finals 2013	

Individual Top Times

Time	P/F/S	Event			
Sarah Lekaj (10) W					
54.37	Y F	50 Back	1/4/2013	2013 Starfish Trophy Invitational	KING-AD
59.12	S F	50 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
58.55	Y P	50 Breast	12/7/2012	2012 NE CRIM December T/F Meet	
1:00.86	S F	50 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
57.77	Y P	50 Fly	12/7/2012	2012 NE CRIM December T/F Meet	
1:01.75	S F	50 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:55.17	Y P	100 IM	12/7/2012	2012 NE CRIM December T/F Meet	
2:02.93	S F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
Emelia Lemza (10) W					
51.69	Y F	50 Free	12/7/2012	2012 NE UVAC Winter Classic	WAVE-AD
1:51.99	Y F	100 Free	1/27/2013	Thoroughbred Splash 2013	
55.02	Y F	50 Back	10/21/2012	2012 Trick or Treat Meet	
2:02.64	Y F	100 Back	12/7/2012	2012 NE UVAC Winter Classic	
55.19	Y F	50 Breast	1/27/2013	Thoroughbred Splash 2013	
Garrett Lemza (11) M					
37.58	Y F	50 Free	1/27/2013	Thoroughbred Splash 2013	WAVE-AD
1:25.57	Y F	100 Free	1/27/2013	Thoroughbred Splash 2013	
53.28	Y F	50 Back	11/10/2012	Pilgrims Pride	
46.81	Y F	50 Breast	11/10/2012	Pilgrims Pride	
Madeline Lemza (10) W					
38.72	Y F	50 Free	1/27/2013	Thoroughbred Splash 2013	WAVE-AD
1:26.91	Y F	100 Free	12/7/2012	2012 NE UVAC Winter Classic	
49.26	Y F	50 Back	11/10/2012	Pilgrims Pride	
45.43	Y F	50 Breast	3/10/2013	AD Gold Short Course Championships	
1:43.71	Y F	100 Breast	12/7/2012	2012 NE UVAC Winter Classic	
1:40.98	Y F	100 IM	1/27/2013	Thoroughbred Splash 2013	
Erin Lenney (17) W					
58.12	Y F	100 Free	10/6/2012	SHENENDEHOWA GIRLS SWIMMING &	UN-AD
2:01.89	Y P	200 Free	11/1/2012	Girls Sec II Division I Champ	
5:28.24	Y F	500 Free	11/1/2012	Girls Sec II Division I Champ	
Morgan Lenney (17) W					
30.70	L P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	ALBS-AD
30.84	S F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
56.78	Y P	100 Free	11/1/2012	Girls Sec II Division I Champ	
1:06.35	L P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:06.90	Y P	200 Free	3/10/2013	AD Gold Short Course Championships	
1:02.90	Y P	100 Back	11/1/2012	Girls Sec II Division I Champ	
1:15.95	S F	100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:16.96	L P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
2:39.74	L P	200 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:20.64	Y F	100 Breast	1/4/2013	2013 Starfish Trophy Invitational	
1:28.85	S F	100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:30.40	L P	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
1:17.87	S F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:25.63	Y F	200 IM	1/4/2013	2013 Starfish Trophy Invitational	
2:46.52	L P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
Timothy Lenny (18) M					
25.69	Y F	50 Free	11/10/2012	Pilgrims Pride	RAVE-AD
54.69	Y F	100 Free	11/10/2012	Pilgrims Pride	
5:46.85	Y F	500 Free	1/12/2013	Chris Goody IMX Challenge	
1:02.73	Y F	100 Back	11/10/2012	Pilgrims Pride	
2:16.06	Y F	200 Back	1/12/2013	Chris Goody IMX Challenge	
2:47.78	Y F	200 Breast	1/12/2013	Chris Goody IMX Challenge	
1:03.04	Y F	100 Fly	2/3/2013	Delmar Dolphins February Freeze Invitational	
2:21.02	Y F	200 Fly	1/12/2013	Chris Goody IMX Challenge	
2:19.82	Y F	200 IM	1/12/2013	Chris Goody IMX Challenge	
4:54.03	Y F	400 IM	1/12/2013	Chris Goody IMX Challenge	
Colin Leonard (13) M					
30.07	Y F	50 Free	2/10/2013	2013 Piranhas Pentathlon	DELM-AD

Individual Top Times

Time	P/F/S	Event			
Colin Leonard (13) M			DELM-AD		
33.50	S	F 50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:05.01	Y	P 100 Free	3/10/2013	AD Gold Short Course Championships	
1:14.31	L	P 100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:18.38	Y	F 200 Free	3/10/2013	AD Gold Short Course Championships	
2:34.25	L	F 200 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
35.13	Y	P 50 Back	3/10/2013	AD Gold Short Course Championships	
39.69	L	F 50 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:16.60	Y	F 100 Back	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:21.98	S	F 100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:25.44	L	P 100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
37.94	Y	F 50 Breast	3/10/2013	AD Gold Short Course Championships	
43.94	L	F 50 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:23.18	Y	P 100 Breast	3/10/2013	AD Gold Short Course Championships	
1:33.78	L	P 100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
1:34.67	S	F 100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
3:23.65	L	F 200 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
31.74	Y	P 50 Fly	3/10/2013	AD Gold Short Course Championships	
36.22	L	F 50 Fly	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:19.40	L	P 100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:20.96	S	F 100 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
3:09.70	L	F 200 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:13.11	Y	F 100 IM	3/10/2013	AD Gold Short Course Championships	
1:22.64	S	F 100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:32.58	Y	F 200 IM	3/10/2013	AD Gold Short Course Championships	
2:54.80	L	F 200 IM	6/8/2013	Clinton Cudas Colgate Classic Invitational	
5:43.69	Y	F 400 IM	1/12/2013	Chris Goody IMX Challenge	
Emma Leonard (7) W			DELM-AD		
40.06	Y	F 25 Free	2/23/2013	Cabin Fever Invitational	
34.34	Y	F 25 Back	2/23/2013	Cabin Fever Invitational	
Eva Leonard (11) W			RAVE-AD		
31.60	Y	F 50 Free	3/10/2013	AD Gold Short Course Championships	
1:12.39	Y	F 100 Free	3/10/2013	AD Gold Short Course Championships	
38.14	Y	F 50 Back	3/10/2013	AD Gold Short Course Championships	
1:22.68	Y	F 100 Back	3/10/2013	AD Gold Short Course Championships	
43.05	Y	F 50 Breast	3/10/2013	AD Gold Short Course Championships	
1:33.22	Y	F 100 Breast	3/10/2013	AD Gold Short Course Championships	
37.84	Y	F 50 Fly	3/10/2013	AD Gold Short Course Championships	
1:26.98	Y	F 100 Fly	3/10/2013	AD Gold Short Course Championships	
1:21.84	Y	F 100 IM	3/10/2013	AD Gold Short Course Championships	
3:08.65	Y	F 200 IM	1/12/2013	Chris Goody IMX Challenge	
Adelaide Leung (10) W			ALBS-AD		
30.83	Y	F 50 Free	3/10/2013	AD Gold Short Course Championships	
33.59	L	F 50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
34.19	S	F 50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:05.68	Y	F 100 Free	3/28/2013	2013 Eastern Zone SC Swimming Championships	
1:12.95	L	F 100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:24.56	Y	F 200 Free	3/28/2013	2013 Eastern Zone SC Swimming Championships	
2:37.23	L	F 200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
5:31.71	L	F 400 Free	7/19/2013	2013 Adirondack Long Course District Champion	
6:27.02	Y	F 500 Free	3/10/2013	AD Gold Short Course Championships	
35.89	Y	F 50 Back	3/10/2013	AD Gold Short Course Championships	
39.82	S	F 50 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
40.39	L	F 50 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:18.72	Y	F 100 Back	2/23/2013	Cabin Fever Invitational	
1:25.91	L	F 100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
41.41	Y	F 50 Breast	2/10/2013	2013 Piranhas Pentathlon	
45.70	S	F 50 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:31.40	Y	F 100 Breast	1/4/2013	2013 Starfish Trophy Invitational	
33.41	Y	F 50 Fly	3/10/2013	AD Gold Short Course Championships	
36.77	S	F 50 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	

Individual Top Times

Time	P/F/S	Event			
Adelaide Leung (10) W					
37.61	L	F	50	Fly	6/8/2013 Clinton Cudas Colgate Classic Invitational
1:14.01	Y	F	100	Fly	3/28/2013 2013 Eastern Zone SC Swimming Championships
1:24.68	L	F	100	Fly	6/8/2013 Clinton Cudas Colgate Classic Invitational
1:14.79	Y	F	100	IM	3/10/2013 AD Gold Short Course Championships
1:23.23	S	F	100	IM	6/2/2013 2013 Starfish Meter Madness - Pentathlon
2:40.11	Y	F	200	IM	3/28/2013 2013 Eastern Zone SC Swimming Championships
2:58.10	L	F	200	IM	7/19/2013 2013 Adirondack Long Course District Champion
Arthur Leung (7) M					
27.87	Y	F	25	Free	11/17/2012 Harvest Invitational
29.63	S	F	25	Free	6/2/2013 2013 Starfish Meter Madness - Pentathlon
59.54	Y	F	50	Free	11/17/2012 Harvest Invitational
1:05.48	L	F	50	Free	6/8/2013 Clinton Cudas Colgate Classic Invitational
1:07.39	S	F	50	Free	6/15/2013 Piranhas Summer Kick-Off Meet
2:42.28	L	F	100	Free	7/19/2013 2013 Adirondack Long Course District Champion
34.62	Y	F	25	Back	11/17/2012 Harvest Invitational
35.22	S	F	25	Back	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:14.23	Y	F	50	Back	2/10/2013 2013 Piranhas Pentathlon
1:19.54	L	F	50	Back	6/8/2013 Clinton Cudas Colgate Classic Invitational
1:23.87	S	F	50	Back	6/15/2013 Piranhas Summer Kick-Off Meet
37.39	S	F	25	Breast	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:26.05	L	F	50	Breast	7/19/2013 2013 Adirondack Long Course District Champion
1:26.26	S	F	50	Breast	6/15/2013 Piranhas Summer Kick-Off Meet
Jesse Levine (10) W					
45.60	Y	F	50	Free	3/1/2013 AD Silver Short Course Championships
56.52	S	F	50	Free	6/15/2013 Piranhas Summer Kick-Off Meet
1:51.98	Y	F	100	Free	1/4/2013 2013 Starfish Trophy Invitational
55.42	Y L	F	25	Back	1/4/2013 2013 Starfish Trophy Invitational
51.70	Y	F	50	Back	1/4/2013 2013 Starfish Trophy Invitational
1:03.32	S	F	50	Back	6/15/2013 Piranhas Summer Kick-Off Meet
1:04.70	Y	F	50	Breast	1/27/2013 Thoroughbred Splash 2013
1:20.71	S	F	50	Breast	6/15/2013 Piranhas Summer Kick-Off Meet
2:21.30	S	F	100	IM	6/15/2013 Piranhas Summer Kick-Off Meet
Aimee Lewis (9) W					
22.75	Y	F	25	Free	12/15/2012 Sharks 12&Under Mini-Meet
46.94	Y	F	50	Free	2/3/2013 Delmar Dolphins February Freeze Invitational
55.82	S	F	50	Free	6/2/2013 2013 Starfish Meter Madness - Pentathlon
23.86	Y	F	25	Back	12/15/2012 Sharks 12&Under Mini-Meet
48.88	Y	F	50	Back	2/3/2013 Delmar Dolphins February Freeze Invitational
55.11	S	F	50	Back	6/2/2013 2013 Starfish Meter Madness - Pentathlon
31.51	Y	F	25	Breast	12/15/2012 Sharks 12&Under Mini-Meet
1:05.14	Y	F	50	Breast	2/3/2013 Delmar Dolphins February Freeze Invitational
1:09.21	S	F	50	Breast	6/2/2013 2013 Starfish Meter Madness - Pentathlon
33.41	Y	F	25	Fly	11/17/2012 Harvest Invitational
2:11.85	S	F	100	IM	6/2/2013 2013 Starfish Meter Madness - Pentathlon
Michaela Lewis-Hardies (9) W					
34.33	Y	F	25	Free	1/12/2013 Canajoharie Developmental Meet
1:03.35	Y	F	50	Free	12/15/2012 Central Valley Swim League Quad Meet
35.67	Y	F	25	Back	1/12/2013 Canajoharie Developmental Meet
1:16.05	Y	F	50	Back	12/15/2012 Central Valley Swim League Quad Meet
Emma Lindecke (9) W					
16.96	Y	F	25	Free	1/12/2013 Chris Goody Mini-Meet
33.96	Y	F	50	Free	3/10/2013 AD Gold Short Course Championships
38.26	L	F	50	Free	7/12/2013 Hawks Summer Invitational 2013
1:18.27	Y	F	100	Free	3/10/2013 AD Gold Short Course Championships
1:31.69	L	F	100	Free	6/8/2013 Clinton Cudas Colgate Classic Invitational
2:58.48	Y	F	200	Free	3/1/2013 AD Silver Short Course Championships
3:18.11	L	F	200	Free	7/19/2013 2013 Adirondack Long Course District Champion
7:16.77	L	F	400	Free	7/12/2013 Hawks Summer Invitational 2013
25.09	Y	F	25	Back	1/12/2013 Chris Goody Mini-Meet

ALBS-AD

ALBS-AD

ALBS-AD

DELM-AD

AMST-AD

EELS-AD

Individual Top Times

Time	P/F/S	Event			
Emma Lindecke (9) W			EELS-AD		
43.38 Y	F	50 Back	3/1/2013	AD Silver Short Course Championships	
48.38 L	F	50 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:33.94 Y	F	100 Back	3/1/2013	AD Silver Short Course Championships	
1:46.04 L	F	100 Back	7/12/2013	Hawks Summer Invitational 2013	
3:46.30 L	F	200 Back	7/12/2013	Hawks Summer Invitational 2013	
23.55 Y	F	25 Breast	1/12/2013	Chris Goody Mini-Meet	
48.01 Y	F	50 Breast	3/10/2013	AD Gold Short Course Championships	
50.86 L	F	50 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
1:40.58 Y	F	100 Breast	3/10/2013	AD Gold Short Course Championships	
1:53.13 L	F	100 Breast	7/12/2013	Hawks Summer Invitational 2013	
19.81 Y	F	25 Fly	1/12/2013	Chris Goody Mini-Meet	
42.59 Y	F	50 Fly	2/23/2013	Cabin Fever Invitational	
45.45 L	F	50 Fly	7/12/2013	Hawks Summer Invitational 2013	
1:53.52 L	F	100 Fly	7/12/2013	Hawks Summer Invitational 2013	
1:30.11 Y	F	100 IM	3/10/2013	AD Gold Short Course Championships	
3:32.19 L	F	200 IM	6/8/2013	Clinton Cudas Colgate Classic Invitational	
Lauren Linehan (9) W			GRGF-AD		
25.45 Y	F	25 Free	1/27/2013	Thoroughbred Splash 2013	
25.81 Y	F	25 Back	11/4/2012	Hometown Splashdown	
Timothy Lin (8) M			AMST-AD		
18.98 Y	F	25 Free	3/1/2013	AD Silver Short Course Championships	
45.56 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	
13:01.24 Y	F	500 Free	12/15/2012	Central Valley Swim League Quad Meet	
23.95 Y	F	25 Back	3/1/2013	AD Silver Short Course Championships	
49.09 Y	F	50 Back	3/10/2013	AD Gold Short Course Championships	
28.52 Y	F	25 Breast	3/1/2013	AD Silver Short Course Championships	
1:01.93 Y	F	50 Fly	3/1/2013	AD Silver Short Course Championships	
Elaine Lipkin (13) W			ALBS-AD		
27.90 Y	F	50 Free	2/10/2013	2013 Piranhas Pentathlon	
30.71 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
31.24 L	F	50 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
58.17 Y	F	100 Free	3/10/2013	AD Gold Short Course Championships	
1:05.58 L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:19.14 L	F	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
4:49.17 L	P	400 Free	7/12/2013	2013 NI - Niagara Long Course Classic	
10:13.09 L	F	800 Free	6/22/2013	2013 NI - Niagara Super Circuit Ithaca	
31.61 Y	F	50 Back	2/10/2013	2013 Piranhas Pentathlon	
1:13.34 S	F	100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:14.66 L	P	100 Back	7/12/2013	2013 NI - Niagara Long Course Classic	
2:36.88 L	F	200 Back	7/19/2013	2013 Adirondack Long Course District Champion	
37.23 Y	F	50 Breast	2/10/2013	2013 Piranhas Pentathlon	
1:20.98 Y	F	100 Breast	1/4/2013	2013 Starfish Trophy Invitational	
1:26.54 S	F	100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:32.16 L	F	100 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational	
29.41 Y	P	50 Fly	3/10/2013	AD Gold Short Course Championships	
1:04.47 Y	F	100 Fly	3/10/2013	AD Gold Short Course Championships	
1:10.75 L	F	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:11.50 S	F	100 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:35.01 L	F	200 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:07.13 Y	F	100 IM	3/10/2013	AD Gold Short Course Championships	
1:14.03 S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:35.20 L	F	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
5:28.98 L	F	400 IM	7/19/2013	2013 Adirondack Long Course District Champion	
Mark Lipkin (11) M			ALBS-AD		
27.46 Y	F	50 Free	3/28/2013	2013 Eastern Zone SC Swimming Championships	
31.43 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
31.67 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:01.15 Y	F	100 Free	3/28/2013	2013 Eastern Zone SC Swimming Championships	
1:08.98 L	F	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:16.40 Y	F	200 Free	3/10/2013	AD Gold Short Course Championships	

Individual Top Times

Time	P/F/S	Event			
Mark Lipkin (11) M			ALBS-AD		
2:28.68 L	F	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
5:17.77 L	F	400 Free	7/19/2013	2013 Adirondack Long Course District Champion	
6:03.86 Y	F	500 Free	2/23/2013	Cabin Fever Invitational	
32.75 Y	F	50 Back	3/10/2013	AD Gold Short Course Championships	
37.24 S	F	50 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
37.80 L	F	50 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:11.29 Y	F	100 Back	3/10/2013	AD Gold Short Course Championships	
1:22.13 L	F	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
2:38.89 Y	F	200 Back	12/9/2012	Piranhas December Distance Invite	
3:01.70 L	F	200 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
42.63 Y	F	50 Breast	2/10/2013	2013 Piranhas Pentathlon	
47.79 S	F	50 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:32.45 Y	F	100 Breast	2/23/2013	Cabin Fever Invitational	
1:48.10 L	F	100 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational	
3:21.23 Y	F	200 Breast	12/9/2012	Piranhas December Distance Invite	
3:42.72 L	F	200 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational	
30.55 Y	F	50 Fly	3/28/2013	2013 Eastern Zone SC Swimming Championships	
33.73 L	P	50 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
34.51 S	F	50 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:10.30 Y	F	100 Fly	3/28/2013	2013 Eastern Zone SC Swimming Championships	
1:19.35 L	P	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:11.11 Y	F	100 IM	3/10/2013	AD Gold Short Course Championships	
1:21.08 S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:32.94 Y	F	200 IM	3/10/2013	AD Gold Short Course Championships	
2:50.43 L	P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
Bryan Liu (12) M			ALBS-AD		
34.18 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
36.24 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:19.79 L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:22.45 S	F	100 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
40.28 S	F	50 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
41.81 L	F	50 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:30.71 L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
44.85 L	P	50 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
46.11 S	F	50 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:41.81 L	P	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
3:39.14 L	F	200 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
38.71 L	P	50 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
39.73 S	F	50 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:26.54 S	F	100 IM	6/15/2013	Piranhas Summer Kick-Off Meet	
3:09.99 L	F	200 IM	6/8/2013	Clinton Cudas Colgate Classic Invitational	
Evan Liu (9) M			KING-AD		
40.29 Y L	F	25 Free	2/9/2013	North Country YMCA Swim League 2013 Champions	
34.23 Y	F	50 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
37.95 S	F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
39.57 L	F	50 Free	7/12/2013	Hawks Summer Invitational 2013	
1:19.47 Y	F	100 Free	1/4/2013	2013 Starfish Trophy Invitational	
1:29.86 L	F	100 Free	7/12/2013	Hawks Summer Invitational 2013	
3:14.33 S	F	200 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
50.14 S	F	50 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
51.86 Y	F	50 Back	1/4/2013	2013 Starfish Trophy Invitational	
1:59.67 L	F	100 Back	7/12/2013	Hawks Summer Invitational 2013	
24.07 Y	F	25 Breast	2/9/2013	North Country YMCA Swim League 2013 Champions	
51.16 Y	F	50 Breast	1/4/2013	2013 Starfish Trophy Invitational	
53.93 S	F	50 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
54.40 L	F	50 Breast	7/12/2013	Hawks Summer Invitational 2013	
1:58.67 S	F	100 Breast	6/15/2013	Piranhas Summer Kick-Off Meet	
43.87 Y	F	50 Fly	1/4/2013	2013 Starfish Trophy Invitational	
45.83 S	F	50 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
50.74 L	F	50 Fly	7/12/2013	Hawks Summer Invitational 2013	

Individual Top Times

Time	P/F/S	Event			
Evan Liu (9) M					
1:31.14	Y	F	100 IM	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship
1:48.67	S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon
3:36.62	S	F	200 IM	6/15/2013	Piranhas Summer Kick-Off Meet
Lydia Liu (17) W					
30.28	L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion
1:14.80	L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion
Michael Liu (13) M					
27.71	Y	F	50 Free	1/4/2013	2013 Starfish Trophy Invitational
29.02	L	F	50 Free	7/12/2013	Hawks Summer Invitational 2013
29.55	S	F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet
59.36	Y	F	100 Free	2/9/2013	North Country YMCA Swim League 2013 Champions
1:07.69	L	F	100 Free	7/12/2013	Hawks Summer Invitational 2013
2:12.37	Y	F	200 Free	2/9/2013	North Country YMCA Swim League 2013 Champions
33.26	Y	F	50 Back	1/4/2013	2013 Starfish Trophy Invitational
1:17.30	S	F	100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:22.56	L	F	100 Back	7/12/2013	Hawks Summer Invitational 2013
34.29	Y	F	50 Breast	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship
1:21.55	Y	F	100 Breast	1/4/2013	2013 Starfish Trophy Invitational
1:26.11	S	F	100 Breast	6/15/2013	Piranhas Summer Kick-Off Meet
1:30.81	L	F	100 Breast	7/12/2013	Hawks Summer Invitational 2013
29.29	Y	F	50 Fly	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship
1:13.72	S	F	100 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:16.18	L	F	100 Fly	7/12/2013	Hawks Summer Invitational 2013
1:09.26	Y	F	100 IM	1/4/2013	2013 Starfish Trophy Invitational
1:16.01	S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon
2:43.08	S	F	200 IM	6/15/2013	Piranhas Summer Kick-Off Meet
Samantha Liu (13) W					
33.30	S	F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet
34.49	L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion
1:14.63	L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion
2:50.48	L	P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion
1:23.95	S	F	100 Back	6/15/2013	Piranhas Summer Kick-Off Meet
3:11.64	L	P	200 Back	7/19/2013	2013 Adirondack Long Course District Champion
1:34.04	S	F	100 Breast	6/15/2013	Piranhas Summer Kick-Off Meet
1:35.61	L	P	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion
3:29.49	L	P	200 Breast	7/19/2013	2013 Adirondack Long Course District Champion
1:39.64	S	F	100 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:26.09	S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon
3:03.89	S	F	200 IM	6/15/2013	Piranhas Summer Kick-Off Meet
3:12.67	L	P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion
Stanley Liu (13) M					
29.85	Y	F	50 Free	3/3/2013	North Country League Meet
1:06.98	Y	F	100 Free	1/27/2013	North Country League Meet
2:27.62	Y	P	200 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship
33.07	Y	F	50 Back	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship
1:15.15	Y	F	100 Back	1/12/2013	Chris Goody IMX Challenge
32.66	Y	F	50 Fly	3/3/2013	North Country League Meet
1:18.71	Y	F	100 Fly	1/12/2013	Chris Goody IMX Challenge
2:46.13	Y	F	200 IM	11/17/2012	Harvest Invitational
Makenzie Livingston (9) W					
26.53	Y	F	25 Free	12/2/2012	December Super Splash 2012
1:09.54	Y	F	50 Free	12/15/2012	Sharks 12&Under Mini-Meet
26.49	Y	F	25 Back	12/15/2012	Sharks 12&Under Mini-Meet
Madison Livingston (15) W					
32.40	L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion
1:11.97	L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion
2:42.61	L	P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion
1:19.30	Y	F	100 Back	11/17/2012	Harvest Invitational
2:39.34	Y	F	200 Back	12/9/2012	Piranhas December Distance Invite

KING-AD

ALBS-AD

KING-AD

ALBS-AD

SSCY-AD

BENN-AD

UN-AD

Individual Top Times

Time	P/F/S	Event			
Madison Livingston (15) W					
					UN-AD
1:13.84	Y	P	100 Breast	11/1/2012	Girls Sec II Division I Champ
1:29.02	L	P	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion
2:43.75	Y	F	200 Breast	2/9/2013	North Country YMCA Swim League 2013 Champions
3:22.04	L	P	200 Breast	7/19/2013	2013 Adirondack Long Course District Champion
1:21.01	L	P	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion
2:34.57	Y	F	200 Fly	2/9/2013	North Country YMCA Swim League 2013 Champions
2:58.60	L	P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion
5:26.33	Y	F	400 IM	12/9/2012	Piranhas December Distance Invite
Margaret Livingston (9) W					
					DELM-AD
26.38	Y	F	25 Free	10/20/2012	Ravena Autumn Breeze 2012
35.79	Y	F	25 Back	10/20/2012	Ravena Autumn Breeze 2012
41.07	Y	F	25 Breast	10/20/2012	Ravena Autumn Breeze 2012
Gabriela Llera (9) W					
					ALBS-AD
22.88	Y	F	25 Free	11/10/2012	Pilgrims Pride
47.62	Y	F	50 Free	3/1/2013	AD Silver Short Course Championships
51.59	S	F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet
22.61	Y	F	25 Back	11/10/2012	Pilgrims Pride
50.21	Y	F	50 Back	2/3/2013	Delmar Dolphins February Freeze Invitational
52.72	S	F	50 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:01.94	Y	F	50 Breast	3/1/2013	AD Silver Short Course Championships
1:09.81	S	F	50 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon
Lauren Llewellyn (12) W					
					GCAT-AD
32.47	L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion
1:17.22	L L	F	100 Free	7/19/2013	2013 Adirondack Long Course District Champion
1:26.94	L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion
37.04	L	P	50 Fly	7/19/2013	2013 Adirondack Long Course District Champion
3:01.43	L	P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion
Edward Lo (11) M					
					ALBS-AD
42.56	L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion
43.47	S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon
44.22	Y	F	50 Free	3/1/2013	AD Silver Short Course Championships
1:40.27	Y	F	100 Free	3/1/2013	AD Silver Short Course Championships
1:43.59	S	F	100 Free	6/15/2013	Piranhas Summer Kick-Off Meet
54.39	L	P	50 Back	7/19/2013	2013 Adirondack Long Course District Champion
56.34	S	F	50 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon
57.11	Y	F	50 Back	11/17/2012	Harvest Invitational
1:05.54	Y	F	50 Breast	2/3/2013	Delmar Dolphins February Freeze Invitational
1:06.60	S	F	50 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:57.37	S	F	100 IM	6/15/2013	Piranhas Summer Kick-Off Meet
Ryan Loeffler (10) M					
					GCAT-AD
41.63	S	F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet
41.77	L	F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion
50.61	L	F	50 Back	7/19/2013	2013 Adirondack Long Course District Champion
57.32	S	F	50 Breast	6/15/2013	Piranhas Summer Kick-Off Meet
1:58.73	L	F	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion
Melissa Longendyke (14) W					
					KING-AD
33.69	Y	F	50 Free	1/4/2013	2013 Starfish Trophy Invitational
1:13.28	Y	F	100 Free	1/4/2013	2013 Starfish Trophy Invitational
1:28.74	Y	F	100 Back	1/4/2013	2013 Starfish Trophy Invitational
3:19.87	Y	F	200 Breast	1/4/2013	2013 Starfish Trophy Invitational
1:35.68	Y	F	100 Fly	1/4/2013	2013 Starfish Trophy Invitational
3:07.94	Y	F	200 IM	1/4/2013	2013 Starfish Trophy Invitational
Nicole Longendyke (18) W					
					UN-AD
1:17.41	Y	P	100 Breast	11/3/2012	2012 MR OB Section 9 Girls Championships
2:34.71	Y	P	200 IM	11/3/2012	2012 MR OB Section 9 Girls Championships
Caitlyn Longway (12) W					
					CLIN-AD
30.31	Y	F	50 Free	2/3/2013	Delmar Dolphins February Freeze Invitational
32.69	L	F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion
1:08.33	Y	P	100 Free	3/10/2013	AD Gold Short Course Championships

Individual Top Times

Time	P/F/S	Event			
Caitlyn Longway (12) W			CLIN-AD		
1:13.41	L P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:32.12	Y F	200 Free	1/12/2013	Canajoharie Developmental Meet	
2:34.79	L F	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
34.25	Y P	50 Back	3/10/2013	AD Gold Short Course Championships	
39.07	L F	50 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:16.31	Y F	100 Back	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:24.07	L F	100 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
2:55.03	L F	200 Back	7/19/2013	2013 Adirondack Long Course District Champion	
45.60	Y F	50 Breast	1/4/2013	2013 Starfish Trophy Invitational	
34.57	Y P	50 Fly	3/10/2013	AD Gold Short Course Championships	
35.70	L F	50 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:17.84	Y P	100 Fly	3/10/2013	AD Gold Short Course Championships	
1:25.08	L P	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:22.05	Y F	100 IM	1/4/2013	2013 Starfish Trophy Invitational	
2:52.10	Y F	200 IM	3/1/2013	AD Silver Short Course Championships	
3:01.97	L P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
Abigail Lorch (9) W			CPP-AD		
18.03	Y F	25 Free	10/21/2012	2012 Trick or Treat Meet	
34.38	Y F	50 Free	3/10/2013	AD Gold Short Course Championships	
38.54	S F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
40.32	L F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:16.53	Y F	100 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:23.93	L F	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:27.26	S F	100 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
3:07.22	L F	200 Free	7/12/2013	Hawks Summer Invitational 2013	
40.39	Y F	50 Back	2/10/2013	2013 Piranhas Pentathlon	
45.63	S F	50 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
49.00	L F	50 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:41.81	L F	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
3:13.08	Y F	200 Back	12/9/2012	Piranhas December Distance Invite	
23.68	Y F	25 Breast	10/21/2012	2012 Trick or Treat Meet	
45.90	Y F	50 Breast	3/10/2013	AD Gold Short Course Championships	
50.30	S F	50 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
56.58	L F	50 Breast	7/12/2013	Hawks Summer Invitational 2013	
3:39.24	Y F	200 Breast	12/9/2012	Piranhas December Distance Invite	
20.74	Y F	25 Fly	10/21/2012	2012 Trick or Treat Meet	
39.92	Y F	50 Fly	2/10/2013	2013 Piranhas Pentathlon	
45.95	S F	50 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:44.05	L F	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:26.16	Y F	100 IM	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:36.54	S F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
3:16.39	Y F	200 IM	12/9/2012	Piranhas December Distance Invite	
Scott Lord (15) M			GCAT-AD		
28.59	S F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
28.92	L P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:04.32	L P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:27.65	S F	200 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
2:32.40	L P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:39.34	S F	100 Breast	6/15/2013	Piranhas Summer Kick-Off Meet	
Alyssa Lortie (11) W			ALBS-AD		
40.30	Y F	50 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
43.56	L P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
48.16	S F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:30.87	Y F	100 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:48.97	L F	100 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:50.60	S F	100 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
52.89	Y F	50 Back	1/4/2013	2013 Starfish Trophy Invitational	
55.35	L P	50 Back	7/19/2013	2013 Adirondack Long Course District Champion	
57.15	S F	50 Back	6/15/2013	Piranhas Summer Kick-Off Meet	
56.29	Y F	50 Breast	1/4/2013	2013 Starfish Trophy Invitational	

Individual Top Times

Time	P/F/S	Event			
Alyssa Lortie (11) W					
57.94	L	F	50	Breast	6/8/2013 Clinton Cudas Colgate Classic Invitational
59.41	S	F	50	Breast	6/15/2013 Piranhas Summer Kick-Off Meet
2:09.61	L	P	100	Breast	7/19/2013 2013 Adirondack Long Course District Champion
48.52	Y	F	50	Fly	2/3/2013 Delmar Dolphins February Freeze Invitational
57.03	S	F	50	Fly	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:46.83	Y	F	100	IM	2/3/2013 Delmar Dolphins February Freeze Invitational
2:02.90	S	F	100	IM	6/2/2013 2013 Starfish Meter Madness - Pentathlon
Ariel Loucks (12) W					
34.35	Y	F	50	Free	3/1/2013 AD Silver Short Course Championships
1:18.99	Y	F	100	Free	3/1/2013 AD Silver Short Course Championships
40.90	Y	F	50	Back	2/3/2013 Delmar Dolphins February Freeze Invitational
1:28.47	Y	F	100	Back	3/1/2013 AD Silver Short Course Championships
59.50	Y	F	50	Breast	11/17/2012 Harvest Invitational
42.25	Y	F	50	Fly	3/1/2013 AD Silver Short Course Championships
1:34.42	Y	F	100	IM	3/1/2013 AD Silver Short Course Championships
Megan Loughran (10) W					
40.21	Y	F	50	Free	1/4/2013 2013 Starfish Trophy Invitational
1:30.96	Y	F	100	Free	1/4/2013 2013 Starfish Trophy Invitational
45.25	Y	F	50	Back	1/25/2013 Hawks Trials And Finals 2013
1:42.17	Y	F	100	Back	1/25/2013 Hawks Trials And Finals 2013
46.25	Y	F	50	Breast	3/10/2013 AD Gold Short Course Championships
41.61	Y	F	50	Fly	3/10/2013 AD Gold Short Course Championships
1:48.21	Y	F	100	Fly	1/25/2013 Hawks Trials And Finals 2013
1:36.66	Y	F	100	IM	1/25/2013 Hawks Trials And Finals 2013
3:35.47	Y	F	200	IM	1/25/2013 Hawks Trials And Finals 2013
Catherine Loupessis (11) W					
38.89	Y	F	50	Free	2/23/2013 Cabin Fever Invitational
46.07	Y	F	50	Back	12/15/2012 Sharks 12&Under Mini-Meet
42.26	Y	F	50	Breast	2/23/2013 Cabin Fever Invitational
Parker Loupessis (8) M					
19.08	Y	F	25	Free	2/23/2013 Cabin Fever Invitational
40.44	Y	F	50	Free	3/10/2013 AD Gold Short Course Championships
27.43	Y	F	25	Back	2/23/2013 Cabin Fever Invitational
26.59	Y	F	25	Breast	2/23/2013 Cabin Fever Invitational
Rachel Love (9) W					
18.15	Y	F	25	Free	1/27/2013 Thoroughbred Splash 2013
43.28	Y	F	50	Free	1/27/2013 Thoroughbred Splash 2013
25.42	Y	F	25	Back	1/27/2013 Thoroughbred Splash 2013
23.89	Y	F	25	Fly	1/27/2013 Thoroughbred Splash 2013
Kendall Lucchesi (9) W					
38.81	Y	F	50	Free	3/10/2013 AD Gold Short Course Championships
1:27.92	Y	F	100	Free	3/10/2013 AD Gold Short Course Championships
21.06	Y	F	25	Back	10/21/2012 2012 Trick or Treat Meet
43.88	Y	F	50	Back	3/10/2013 AD Gold Short Course Championships
1:42.96	Y	F	100	Back	1/25/2013 Hawks Trials And Finals 2013
58.93	Y	F	50	Breast	1/4/2013 2013 Starfish Trophy Invitational
2:09.94	Y	F	100	Breast	1/25/2013 Hawks Trials And Finals 2013
22.75	Y	F	25	Fly	10/21/2012 2012 Trick or Treat Meet
48.10	Y	F	50	Fly	3/10/2013 AD Gold Short Course Championships
2:00.07	Y	F	100	Fly	1/25/2013 Hawks Trials And Finals 2013
1:36.39	Y	F	100	IM	3/10/2013 AD Gold Short Course Championships
Isabella Lucear (10) W					
35.71	Y	F	50	Free	1/20/2013 Foothills Inv
3:21.32	Y	F	200	Free	12/15/2012 Central Valley Swim League Quad Meet
50.28	Y	F	50	Back	11/10/2012 CVSL First Splash
49.61	Y	F	50	Fly	2/9/2013 Central Valley Swim League Championships
1:48.60	Y	F	100	IM	1/20/2013 Foothills Inv
Sophia Lucear (12) W					
38.41	Y	F	50	Free	1/12/2013 Canajoharie Developmental Meet

ALBS-AD

USAM-AD

HAWK-AD

BFIN-AD

BFIN-AD

SARY-AD

HAWK-AD

SVP-AD

SVP-AD

Individual Top Times

Time	P/F/S	Event			
Sophia Lucear (12) W					
48.87 Y L	F	50 Back	12/15/2012	Central Valley Swim League Quad Meet	SVP-AD
47.73 Y	F	50 Breast	2/9/2013	Central Valley Swim League Championships	
1:57.85 Y	F	100 Breast	3/1/2013	AD Silver Short Course Championships	
1:38.20 Y	F	100 IM	3/1/2013	AD Silver Short Course Championships	
3:52.21 Y	F	200 IM	12/15/2012	Central Valley Swim League Quad Meet	
Jennifer Lucius (16) W					
25.50 Y	F	50 Free	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS	SCHE-AD
29.54 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:03.69 L	F	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:56.63 Y	F	200 Free	3/21/2013	2013 CT Senior Open Championship	
2:15.00 L	F	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
4:47.93 L	P	400 Free	6/20/2013	TWST Senior Invitational	
5:15.95 Y	F	500 Free	3/21/2013	2013 CT Senior Open Championship	
33.97 L	F	50 Back	6/20/2013	TWST Senior Invitational	
1:00.06 Y	F	100 Back	11/1/2012	Girls Sec II Division I Champ	
1:11.76 L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
2:08.56 Y	F	200 Back	3/21/2013	2013 CT Senior Open Championship	
2:31.85 L	F	200 Back	6/20/2013	TWST Senior Invitational	
34.09 L	F	50 Fly	6/1/2013	2013 NE MTSC June 1st Meet	
34.09 L	F	50 Fly	6/1/2013	2013 NE MTSC June 1st Meet	
1:01.67 Y	F	100 Fly	3/10/2013	AD Gold Short Course Championships	
1:10.71 L	P	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
2:18.06 Y	F	200 Fly	1/12/2013	Chris Goody IMX Challenge	
Christopher Ludeke (15) M					
28.30 L	F	50 Free	7/6/2013	Sharks Summer Invite	SCHE-AD
1:03.31 L	F	100 Free	7/6/2013	Sharks Summer Invite	
1:52.17 Y	P	200 Free	3/21/2013	2013 CT Senior Open Championship	
2:10.47 L	P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
4:38.54 L	P	400 Free	6/20/2013	TWST Senior Invitational	
4:59.75 Y	P	500 Free	3/21/2013	2013 CT Senior Open Championship	
10:23.69 Y	F	1000 Free	3/21/2013	2013 CT Senior Open Championship	
18:22.59 L	F	1500 Free	7/19/2013	2013 Adirondack Long Course District Champion	
18:22.59 L	F	1500 Free	7/19/2013	2013 Adirondack Long Course District Champion	
17:31.91 Y	F	1650 Free	12/6/2012	2012 NE NSSC MIT Invite	
34.02 L	F	50 Back	6/1/2013	2013 NE MTSC June 1st Meet	
34.02 L	F	50 Back	6/1/2013	2013 NE MTSC June 1st Meet	
58.86 Y	P	100 Back	3/21/2013	2013 CT Senior Open Championship	
1:08.45 L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
2:04.00 Y	P	200 Back	3/21/2013	2013 CT Senior Open Championship	
2:22.79 L	F	200 Back	7/19/2013	2013 Adirondack Long Course District Champion	
36.18 L	F	50 Breast	6/1/2013	2013 NE MTSC June 1st Meet	
36.18 L	F	50 Breast	6/1/2013	2013 NE MTSC June 1st Meet	
1:07.88 Y	P	100 Breast	12/6/2012	2012 NE NSSC MIT Invite	
1:17.25 L	P	100 Breast	6/20/2013	TWST Senior Invitational	
2:53.43 L	F	200 Breast	6/1/2013	2013 NE MTSC June 1st Meet	
2:53.43 L	F	200 Breast	6/1/2013	2013 NE MTSC June 1st Meet	
2:16.08 Y	F	200 Fly	1/12/2013	Chris Goody IMX Challenge	
2:10.86 Y	P	200 IM	12/6/2012	2012 NE NSSC MIT Invite	
2:27.68 L	P	200 IM	6/20/2013	TWST Senior Invitational	
4:25.82 Y	P	400 IM	3/21/2013	2013 CT Senior Open Championship	
5:07.41 L	P	400 IM	6/20/2013	TWST Senior Invitational	
Ryan Ludemann (13) M					
24.94 Y	F	50 Free	3/10/2013	AD Gold Short Course Championships	CLIN-AD
55.83 Y	P	100 Free	3/10/2013	AD Gold Short Course Championships	
2:03.27 Y	P	200 Free	3/10/2013	AD Gold Short Course Championships	
5:48.12 Y	F	500 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:02.02 Y	F	100 Back	3/10/2013	AD Gold Short Course Championships	
1:23.45 Y	F	100 Breast	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:01.15 Y	F	100 Fly	3/10/2013	AD Gold Short Course Championships	
2:16.75 Y	P	200 IM	3/10/2013	AD Gold Short Course Championships	

Individual Top Times

Time	P/F/S	Event			
Colleen Luibrand (16) W					
57.24 Y	F	100 Free	11/16/2012	2012 NY Ob - Girls NY State Federation Champ	UN-AD
2:13.46 Y	F	200 Free	3/1/2013	AD Silver Short Course Championships	
6:06.91 Y	F	500 Free	12/9/2012	Piranhas December Distance Invite	
1:28.34 Y	F	100 Breast	3/1/2013	AD Silver Short Course Championships	
3:11.83 Y	F	200 Breast	3/1/2013	AD Silver Short Course Championships	
1:13.50 Y	F	100 Fly	3/1/2013	AD Silver Short Course Championships	
2:36.60 Y	F	200 IM	3/1/2013	AD Silver Short Course Championships	
5:51.50 Y	F	400 IM	1/12/2013	Chris Goody IMX Challenge	
Olivia Lukasiewicz (16) W					
30.38 Y	F	50 Free	10/6/2012	SHENENDEHOWA GIRLS SWIMMING &	UN-AD
1:07.40 Y	F	100 Free	10/20/2012	Ravena Autumn Breeze 2012	
2:34.03 Y	F	200 Free	3/1/2013	AD Silver Short Course Championships	
1:13.99 Y	F	100 Back	10/6/2012	SHENENDEHOWA GIRLS SWIMMING &	
1:37.86 Y	F	100 Breast	3/1/2013	AD Silver Short Course Championships	
Zachary Luks (10) M					
40.03 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	BFIN-AD
1:31.59 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
49.65 Y	F	50 Back	3/1/2013	AD Silver Short Course Championships	
1:54.08 Y	F	100 Back	2/23/2013	Cabin Fever Invitational	
58.40 Y	F	50 Breast	3/1/2013	AD Silver Short Course Championships	
1:55.11 Y	F	100 Breast	3/1/2013	AD Silver Short Course Championships	
1:58.09 Y	F	100 IM	1/12/2013	Chris Goody Mini-Meet	
Samantha Lunt (13) W					
34.95 Y	F	50 Free	1/27/2013	Thoroughbred Splash 2013	GLFY-AD
1:23.22 Y	F	100 Free	1/27/2013	Thoroughbred Splash 2013	
53.02 Y	F	50 Breast	12/2/2012	December Super Splash 2012	
46.04 Y	F	50 Fly	1/27/2013	Thoroughbred Splash 2013	
Lily Luper (8) W					
29.77 Y	F	25 Free	12/15/2012	Sharks 12&Under Mini-Meet	ALBS-AD
25.42 Y	F	25 Back	10/20/2012	Ravena Autumn Breeze 2012	
59.59 Y	F	50 Back	1/4/2013	2013 Starfish Trophy Invitational	
Ousman Lusack (11) M					
34.08 Y	F	50 Free	3/10/2013	AD Gold Short Course Championships	AMST-AD
1:17.56 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
2:57.70 Y	F	200 Free	3/1/2013	AD Silver Short Course Championships	
8:10.91 Y	F	500 Free	12/15/2012	Central Valley Swim League Quad Meet	
41.17 Y	F	50 Back	3/10/2013	AD Gold Short Course Championships	
1:28.43 Y	F	100 Back	3/10/2013	AD Gold Short Course Championships	
46.73 Y	F	50 Breast	3/10/2013	AD Gold Short Course Championships	
42.20 Y	F	50 Fly	3/1/2013	AD Silver Short Course Championships	
1:24.99 Y	F	100 IM	3/10/2013	AD Gold Short Course Championships	
3:25.57 Y	F	200 IM	12/15/2012	Central Valley Swim League Quad Meet	
Joseph Lyon (15) M					
31.22 Y	F	50 Free	2/23/2013	Cabin Fever Invitational	BSPA-AD
1:09.40 Y	F	100 Free	2/23/2013	Cabin Fever Invitational	
1:29.17 Y	F	100 Back	2/23/2013	Cabin Fever Invitational	
1:33.34 Y	F	100 Breast	12/15/2012	SHENENDEHOWA Boys SWIMMING & D	
1:33.34 Y	F	100 Breast	12/15/2012	2012 AD SHENENDEHOWA Boys	
Lucian Lytel (10) M					
51.21 Y	F	50 Free	12/1/2012	Central Valley Swim League Quad Meet	CLRK-AD
1:37.34 Y	F	100 Free	1/26/2013	Central Valley Swim Meet Quad Meet	
55.23 Y	F	50 Back	12/1/2012	Central Valley Swim League Quad Meet	
1:54.30 Y	F	100 Back	1/26/2013	Central Valley Swim Meet Quad Meet	
58.96 Y	F	50 Breast	12/1/2012	Central Valley Swim League Quad Meet	
2:01.11 Y	F	100 Breast	1/26/2013	Central Valley Swim Meet Quad Meet	
Quinn Lytel (9) W					
28.93 Y	F	25 Free	12/1/2012	Central Valley Swim League Quad Meet	CLRK-AD
56.02 Y	F	50 Free	1/26/2013	Central Valley Swim Meet Quad Meet	
27.35 Y	F	25 Back	12/1/2012	Central Valley Swim League Quad Meet	

Individual Top Times

Time	P/F/S	Event			
Quinn Lytel (9) W					
1:02.20	Y	F	50 Back	1/26/2013	Central Valley Swim Meet Quad Meet
Samuel Lytel (12) M					
47.24	Y	F	50 Free	12/1/2012	Central Valley Swim League Quad Meet
1:26.88	Y	F	100 Free	1/26/2013	Central Valley Swim Meet Quad Meet
1:42.21	Y	F	100 Back	1/26/2013	Central Valley Swim Meet Quad Meet
59.12	Y	F	50 Breast	12/1/2012	Central Valley Swim League Quad Meet
2:12.32	Y	F	100 Breast	1/26/2013	Central Valley Swim Meet Quad Meet
Jasper MacDonald (9) W					
22.24	Y	F	25 Free	10/21/2012	2012 Trick or Treat Meet
49.88	L	F	50 Free	7/12/2013	Hawks Summer Invitational 2013
54.35	Y	F	50 Free	1/4/2013	2013 Starfish Trophy Invitational
1:52.30	Y	F	100 Free	1/4/2013	2013 Starfish Trophy Invitational
1:58.04	L	F	100 Free	7/12/2013	Hawks Summer Invitational 2013
x24.14	Y	F	25 Back	11/18/2012	Hawk-NDAC-CSD
57.59	Y	F	50 Back	1/25/2013	Hawks Trials And Finals 2013
1:11.34	L	F	50 Back	7/12/2013	Hawks Summer Invitational 2013
2:07.30	Y	F	100 Back	1/25/2013	Hawks Trials And Finals 2013
2:34.06	L	F	100 Back	7/12/2013	Hawks Summer Invitational 2013
28.40	Y	F	25 Breast	10/21/2012	2012 Trick or Treat Meet
1:17.04	L	F	50 Breast	7/12/2013	Hawks Summer Invitational 2013
2:33.11	Y	F	100 Breast	1/25/2013	Hawks Trials And Finals 2013
2:33.88	L	F	100 Breast	7/12/2013	Hawks Summer Invitational 2013
26.39	Y	F	25 Fly	10/21/2012	2012 Trick or Treat Meet
Kimberly MacDonald (12) W					
33.99	Y	F	50 Free	2/3/2013	Delmar Dolphins February Freeze Invitational
38.19	L	F	50 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational
1:09.59	Y	P	100 Free	3/10/2013	AD Gold Short Course Championships
1:21.14	L	F	100 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational
2:30.26	Y	F	200 Free	3/1/2013	AD Silver Short Course Championships
2:49.27	L	F	200 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational
5:57.05	L	F	400 Free	7/19/2013	2013 Adirondack Long Course District Champion
40.62	Y	F	50 Back	1/4/2013	2013 Starfish Trophy Invitational
46.89	L	F	50 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational
1:24.81	Y	F	100 Back	3/1/2013	AD Silver Short Course Championships
1:32.52	L	F	100 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational
2:56.05	Y	F	200 Back	12/9/2012	Piranhas December Distance Invite
3:12.40	L	F	200 Back	7/19/2013	2013 Adirondack Long Course District Champion
49.82	Y	F	50 Breast	1/4/2013	2013 Starfish Trophy Invitational
55.16	L	P	50 Breast	7/19/2013	2013 Adirondack Long Course District Champion
1:41.94	Y	F	100 Breast	3/1/2013	AD Silver Short Course Championships
1:58.26	L	F	100 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational
3:53.41	Y	F	200 Breast	12/9/2012	Piranhas December Distance Invite
4:13.12	L	F	200 Breast	7/19/2013	2013 Adirondack Long Course District Champion
38.71	Y	F	50 Fly	1/4/2013	2013 Starfish Trophy Invitational
48.01	L	F	50 Fly	6/8/2013	Clinton Cudas Colgate Classic Invitational
1:48.60	L	F	100 Fly	7/6/2013	Sharks Summer Invite
1:24.42	Y	F	100 IM	11/17/2012	Harvest Invitational
2:56.20	Y	F	200 IM	3/1/2013	AD Silver Short Course Championships
3:21.02	L	F	200 IM	6/8/2013	Clinton Cudas Colgate Classic Invitational
Quinn MacDonald (16) M					
23.98	Y	F	50 Free	12/2/2012	December Super Splash 2012
52.18	Y	F	100 Free	12/15/2012	SHENENDEHOWA Boys SWIMMING & D
52.18	Y	F	100 Free	12/15/2012	2012 AD SHENENDEHOWA Boys
1:50.65	Y	F	200 Free	12/15/2012	2012 AD SHENENDEHOWA Boys
1:50.65	Y	F	200 Free	12/15/2012	SHENENDEHOWA Boys SWIMMING & D
5:03.58	Y	F	500 Free	12/9/2012	Piranhas December Distance Invite
1:01.10	Y L	F	100 Back	3/10/2013	AD Gold Short Course Championships
2:14.80	Y	P	200 Back	3/10/2013	AD Gold Short Course Championships
Seth MacDonald (18) M					

CLRK-AD

CLRK-AD

HAWK-AD

CLIN-AD

DELM-AD

CLIN-AD

Individual Top Times

Time	P/F/S	Event			
Seth MacDonald (18) M			CLIN-AD		
22.61 Y	F	50 Free	3/10/2013	AD Gold Short Course Championships	
26.02 L	F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
48.32 Y	F	100 Free	3/10/2013	AD Gold Short Course Championships	
56.18 L	F	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:53.36 Y	P	200 Free	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS	
2:10.43 L	F	200 Free	7/6/2013	Sharks Summer Invite	
4:39.93 L	F	400 Free	7/19/2013	2013 Adirondack Long Course District Champion	
4:53.20 Y	F	500 Free	3/10/2013	AD Gold Short Course Championships	
10:35.96 Y	F	1000 Free	1/4/2013	2013 Starfish Trophy Invitational	
55.50 Y	F	100 Back	3/10/2013	AD Gold Short Course Championships	
1:08.08 L	F	100 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
2:04.82 Y	F	200 Back	12/9/2012	Piranhas December Distance Invite	
1:02.88 Y	P	100 Breast	3/10/2013	AD Gold Short Course Championships	
1:15.35 L	F	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
2:20.18 Y	F	200 Breast	12/9/2012	Piranhas December Distance Invite	
2:47.42 L	P	200 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
52.77 Y	F	100 Fly	3/10/2013	AD Gold Short Course Championships	
59.76 L	F	100 Fly	3/21/2013	2013 NI - EZ North Region Speedo Ch	
1:59.30 Y	F	200 Fly	3/10/2013	AD Gold Short Course Championships	
2:17.85 L	P	200 Fly	3/21/2013	2013 NI - EZ North Region Speedo Ch	
1:56.80 Y	F	200 IM	3/10/2013	AD Gold Short Course Championships	
2:16.33 L	F	200 IM	3/21/2013	2013 NI - EZ North Region Speedo Ch	
4:16.36 Y	F	400 IM	3/10/2013	AD Gold Short Course Championships	
Katherine MacEachron (10) W			GRGF-AD		
36.55 Y	F	50 Free	1/27/2013	Thoroughbred Splash 2013	
41.34 L	F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:30.47 Y	F	100 Free	1/4/2013	2013 Starfish Trophy Invitational	
45.69 Y	F	50 Back	2/23/2013	Cabin Fever Invitational	
48.04 L	F	50 Back	7/19/2013	2013 Adirondack Long Course District Champion	
52.63 Y	F	50 Breast	1/27/2013	Thoroughbred Splash 2013	
45.51 Y	F	50 Fly	12/2/2012	December Super Splash 2012	
Madeline MacEachron (9) W			GRGF-AD		
17.93 Y	F	25 Free	3/1/2013	AD Silver Short Course Championships	
39.45 Y	F	50 Free	2/23/2013	Cabin Fever Invitational	
43.99 L	F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:46.18 Y	F	100 Free	1/4/2013	2013 Starfish Trophy Invitational	
23.05 Y	F	25 Back	1/27/2013	Thoroughbred Splash 2013	
55.48 L	F	50 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:02.23 Y	F	50 Back	2/3/2013	Delmar Dolphins February Freeze Invitational	
25.49 Y	F	25 Fly	11/4/2012	Hometown Splashdown	
1:52.85 Y	F	100 IM	3/1/2013	AD Silver Short Course Championships	
Christopher Mace (10) M			SSCY-AD		
38.54 Y	F	50 Free	12/2/2012	December Super Splash 2012	
3:20.20 Y	F	200 Free	12/2/2012	December Super Splash 2012	
46.80 Y	F	50 Back	12/2/2012	December Super Splash 2012	
48.55 Y	F	50 Breast	3/3/2013	North Country League Meet	
1:45.95 Y	F	100 Breast	2/22/2013	North Country League Meet	
45.92 Y	F	50 Fly	3/3/2013	North Country League Meet	
1:35.47 Y	F	100 IM	3/3/2013	North Country League Meet	
Amanda Macey (10) W			SSCY-AD		
34.69 Y	F	50 Free	1/18/2013	CT 2013 Wahoo Winter Invitatio	
1:15.29 Y	F	100 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
37.98 Y	F	50 Back	3/3/2013	North Country League Meet	
1:20.67 Y	F	100 Back	1/18/2013	CT 2013 Wahoo Winter Invitatio	
2:54.16 Y	F	200 Back	1/27/2013	North Country League Meet	
44.94 Y	F	50 Breast	2/22/2013	North Country League Meet	
3:30.67 Y	F	200 Breast	12/9/2012	Piranhas December Distance Invite	
40.55 Y	F	50 Fly	1/18/2013	CT 2013 Wahoo Winter Invitatio	
1:21.22 Y	F	100 IM	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
3:05.43 Y	F	200 IM	12/9/2012	Piranhas December Distance Invite	

Individual Top Times

Time	P/F/S	Event				
John(JP) Maciag (14) M						
33.27	Y	F	50	Free	11/10/2012	Pilgrims Pride
36.49	L	F	50	Free	6/8/2013	Clinton Cudas Colgate Classic Invitational
1:14.25	Y	F	100	Free	11/10/2012	Pilgrims Pride
1:25.41	Y	F	100	Back	11/10/2012	Pilgrims Pride
Angelina MacLeod (4) W						
47.00	Y	F	25	Free	3/9/2013	Eastern States League Championships 2013
46.04	Y	F	25	Back	12/15/2012	Sharks 12&Under Mini-Meet
Madeleine Macy (12) W						
34.77	Y	F	50	Free	3/1/2013	AD Silver Short Course Championships
1:19.50	Y	F	100	Free	3/1/2013	AD Silver Short Course Championships
3:05.48	Y	F	200	Free	10/21/2012	2012 Trick or Treat Meet
44.06	Y	F	50	Back	3/1/2013	AD Silver Short Course Championships
1:33.93	Y	F	100	Back	3/1/2013	AD Silver Short Course Championships
49.69	Y	F	50	Breast	11/10/2012	Pilgrims Pride
1:48.63	Y	F	100	Breast	3/1/2013	AD Silver Short Course Championships
46.70	Y	F	50	Fly	3/1/2013	AD Silver Short Course Championships
1:35.04	Y	F	100	IM	1/12/2013	Chris Goody Mini-Meet
Sydney Madden (13) W						
27.67	Y	F	50	Free	10/21/2012	2012 Trick or Treat Meet
33.43	Y	F	50	Back	10/21/2012	2012 Trick or Treat Meet
40.95	Y	F	50	Breast	10/21/2012	2012 Trick or Treat Meet
1:12.81	Y	F	100	IM	10/21/2012	2012 Trick or Treat Meet
Camden Madison (8) M						
19.84	Y	F	25	Free	3/1/2013	AD Silver Short Course Championships
43.02	Y	F	50	Free	2/10/2013	2013 Piranhas Pentathlon
23.96	Y	F	25	Back	3/1/2013	AD Silver Short Course Championships
47.87	Y	F	50	Back	2/10/2013	2013 Piranhas Pentathlon
Kendal Madison (6) W						
31.48	Y	F	25	Free	12/15/2012	Sharks 12&Under Mini-Meet
1:21.05	Y	F	50	Free	2/10/2013	2013 Piranhas Pentathlon
Julia Madore (18) W						
2:10.07	Y	F	200	Free	11/1/2012	2012 NI - Ob - Section 3 Class A-B-C Champs 2
5:47.45	Y	F	500	Free	11/3/2012	2012 NI - Ob - Section 3 Girls State Qualifie
Laura Madore (15) W						
28.29	Y	F	50	Free	11/1/2012	2012 NI - Ob - Section 3 Class A-B-C Champs 2
6:06.22	Y	F	500	Free	11/1/2012	2012 NI - Ob - Section 3 Class A-B-C Champs 2
Paige Mager (13) W						
31.34	Y	F	50	Free	1/27/2013	Thoroughbred Splash 2013
34.41	S	F	50	Free	6/15/2013	Piranhas Summer Kick-Off Meet
1:09.00	Y	F	100	Free	1/27/2013	Thoroughbred Splash 2013
2:44.57	Y	F	200	Free	12/2/2012	December Super Splash 2012
2:49.07	S	F	200	Free	6/15/2013	Piranhas Summer Kick-Off Meet
2:50.81	L	F	200	Free	7/12/2013	Hawks Summer Invitational 2013
1:29.53	Y	F	100	Back	1/4/2013	2013 Starfish Trophy Invitational
1:42.78	L	F	100	Back	7/12/2013	Hawks Summer Invitational 2013
1:41.62	Y	F	100	Breast	12/2/2012	December Super Splash 2012
3:49.61	L	F	200	Breast	7/12/2013	Hawks Summer Invitational 2013
1:27.27	S	F	100	IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon
3:01.84	Y	F	200	IM	1/27/2013	Thoroughbred Splash 2013
Tim Maggs (13) M						
28.15	L	F	50	Free	7/19/2013	2013 Adirondack Long Course District Champion
28.41	S	F	50	Free	6/15/2013	Piranhas Summer Kick-Off Meet
1:02.96	L	P	100	Free	7/19/2013	2013 Adirondack Long Course District Champion
2:16.68	L	F	200	Free	7/19/2013	2013 Adirondack Long Course District Champion
2:19.48	S	F	200	Free	6/15/2013	Piranhas Summer Kick-Off Meet
4:56.25	L	F	400	Free	7/19/2013	2013 Adirondack Long Course District Champion
1:19.04	S	F	100	Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:20.42	L	F	100	Back	6/8/2013	Clinton Cudas Colgate Classic Invitational
2:52.43	L	P	200	Back	7/19/2013	2013 Adirondack Long Course District Champion

CLIN-AD

USAM-AD

SCHE-AD

CLIN-AD

BENN-AD

BENN-AD

UN-AD

UN-AD

GLFY-AD

UN-AD

Individual Top Times

Time	P/F/S	Event				
Tim Maggs (13) M						
1:40.42	S	F	100	Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:14.40	L	F	100	Fly	7/19/2013	2013 Adirondack Long Course District Champion
1:18.32	S	F	100	Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:19.14	S	F	100	IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon
2:47.18	S	F	200	IM	6/15/2013	Piranhas Summer Kick-Off Meet
2:52.53	L	F	200	IM	6/8/2013	Clinton Cudas Colgate Classic Invitational
Eamonn Maguire (18) M						
58.03	Y	F	100	Free	2/13/2013	2013 Section III Boys Champion
2:11.50	Y	F	200	Free	2/13/2013	2013 Section III Boys Champion
Eric Maier (7) M						
46.19	Y	F	25	Free	2/23/2013	Cabin Fever Invitational
46.24	Y	F	25	Back	2/23/2013	Cabin Fever Invitational
Madison Maier (11) W						
38.80	Y	F	50	Free	1/12/2013	Chris Goody Mini-Meet
1:24.67	Y	F	100	Free	2/9/2013	North Country YMCA Swim League 2013 Champions
45.91	Y	F	50	Back	12/2/2012	December Super Splash 2012
56.16	Y	F	50	Breast	1/12/2013	Chris Goody Mini-Meet
1:40.02	Y	F	100	IM	2/9/2013	North Country YMCA Swim League 2013 Champions
Thomas Maier (14) M						
38.05	Y	F	50	Free	3/9/2013	Eastern States League Championships 2013
1:26.94	Y	F	100	Free	3/1/2013	AD Silver Short Course Championships
Bryanna Malbouf (15) W						
1:21.28	Y	F	100	Free	11/1/2012	2012 NI - Ob - Section 3 Class A-B-C Champs 2
Miranda Mallery (14) W						
1:28.33	Y	F	100	Free	12/15/2012	Central Valley Swim League Quad Meet
3:17.11	Y	F	200	Free	12/15/2012	Central Valley Swim League Quad Meet
Mark Maloy (12) M						
41.27	Y	F	50	Free	12/2/2012	December Super Splash 2012
54.05	Y	F	50	Back	12/2/2012	December Super Splash 2012
50.57	Y	F	50	Breast	12/2/2012	December Super Splash 2012
John, Jr. Mancini (8) M						
25.54	Y	F	25	Free	2/23/2013	Cabin Fever Invitational
1:03.06	Y	F	50	Free	11/17/2012	Harvest Invitational
29.02	Y	F	25	Back	2/23/2013	Cabin Fever Invitational
1:04.18	Y	F	50	Back	2/23/2013	Cabin Fever Invitational
Maria Mangini (12) W						
30.49	Y	P	50	Free	3/10/2013	AD Gold Short Course Championships
1:07.93	Y	P	100	Free	3/10/2013	AD Gold Short Course Championships
2:32.31	Y	F	200	Free	10/21/2012	2012 Trick or Treat Meet
6:40.16	Y	F	500	Free	3/10/2013	AD Gold Short Course Championships
37.54	Y	F	50	Back	2/10/2013	2013 Piranhas Pentathlon
1:20.54	Y	F	100	Back	3/1/2013	AD Silver Short Course Championships
2:52.37	Y	F	200	Back	3/1/2013	AD Silver Short Course Championships
43.39	Y	F	50	Breast	3/1/2013	AD Silver Short Course Championships
1:36.35	Y	F	100	Breast	2/23/2013	Cabin Fever Invitational
37.14	Y	F	50	Fly	2/10/2013	2013 Piranhas Pentathlon
1:25.91	Y	F	100	Fly	3/1/2013	AD Silver Short Course Championships
1:21.52	Y	F	100	IM	3/1/2013	AD Silver Short Course Championships
2:54.74	Y	F	200	IM	1/27/2013	Thoroughbred Splash 2013
Emma Manley (16) W						
1:16.31	Y	F	100	Fly	11/1/2012	2012 NI - Ob - Section 3 Class A-B-C Champs 2
Julia Mannix (13) W						
35.57	Y	F	50	Free	12/2/2012	December Super Splash 2012
1:22.37	Y	F	100	Free	12/2/2012	December Super Splash 2012
46.09	Y	F	50	Breast	12/2/2012	December Super Splash 2012
Jon Manwarren (16) M						
30.47	L	F	50	Free	6/8/2013	Clinton Cudas Colgate Classic Invitational
31.26	S	F	50	Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon

Individual Top Times

Time	P/F/S	Event			
Jon Manwarren (16) M					
					GCAT-AD
1:07.37	L	F	100	Free	6/8/2013 Clinton Cudas Colgate Classic Invitational
2:18.27	S	F	200	Free	6/15/2013 Piranhas Summer Kick-Off Meet
2:24.33	L	F	200	Free	6/8/2013 Clinton Cudas Colgate Classic Invitational
5:16.58	L	F	400	Free	7/19/2013 2013 Adirondack Long Course District Champion
1:15.43	S	F	100	Back	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:16.64	L	F	100	Back	6/8/2013 Clinton Cudas Colgate Classic Invitational
1:40.19	S	F	100	Breast	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:20.68	S	F	100	Fly	6/15/2013 Piranhas Summer Kick-Off Meet
1:27.19	L	F	100	Fly	6/8/2013 Clinton Cudas Colgate Classic Invitational
1:20.44	S	F	100	IM	6/2/2013 2013 Starfish Meter Madness - Pentathlon
2:41.30	S	F	200	IM	6/15/2013 Piranhas Summer Kick-Off Meet
2:52.53	L	F	200	IM	6/8/2013 Clinton Cudas Colgate Classic Invitational
Gabriella Marchetti (17) W					
					CPP-AD
30.81	S	F	50	Free	6/15/2013 Piranhas Summer Kick-Off Meet
57.12	Y L	F	100	Free	2/15/2013 AD 2013 REGION 1 CHAMPIONSHIPS
2:03.66	Y L	F	200	Free	2/15/2013 AD 2013 REGION 1 CHAMPIONSHIPS
5:33.23	Y	F	500	Free	3/10/2013 AD Gold Short Course Championships
19:03.67	Y	F	1650	Free	3/10/2013 AD Gold Short Course Championships
1:07.71	Y	F	100	Back	2/10/2013 2013 Piranhas Pentathlon
2:18.87	Y	F	200	Back	3/10/2013 AD Gold Short Course Championships
1:17.87	Y	F	100	Breast	2/10/2013 2013 Piranhas Pentathlon
1:32.24	S	F	100	Breast	6/15/2013 Piranhas Summer Kick-Off Meet
1:35.66	L	P	100	Breast	7/19/2013 2013 Adirondack Long Course District Champion
2:51.02	Y	F	200	Breast	12/9/2012 Piranhas December Distance Invite
1:02.19	Y	F	100	Fly	3/10/2013 AD Gold Short Course Championships
1:16.31	S	F	100	Fly	6/15/2013 Piranhas Summer Kick-Off Meet
1:16.46	L	P	100	Fly	7/19/2013 2013 Adirondack Long Course District Champion
2:21.42	Y	F	200	Fly	3/10/2013 AD Gold Short Course Championships
2:19.60	Y	F	200	IM	11/1/2012 Girls Sec II Division 2 Champ
2:44.53	S	F	200	IM	6/15/2013 Piranhas Summer Kick-Off Meet
2:52.02	L	P	200	IM	7/19/2013 2013 Adirondack Long Course District Champion
4:55.40	Y	F	400	IM	3/10/2013 AD Gold Short Course Championships
Nicole March (15) W					
					ALBS-AD
29.16	Y	F	50	Free	1/4/2013 2013 Starfish Trophy Invitational
1:03.13	Y	P	100	Free	3/10/2013 AD Gold Short Course Championships
2:13.96	Y	F	200	Free	1/4/2013 2013 Starfish Trophy Invitational
6:00.83	Y	F	500	Free	10/6/2012 SHENENDEHOWA GIRLS SWIMMING &
1:19.30	Y	P	100	Breast	3/10/2013 AD Gold Short Course Championships
2:45.33	Y	F	200	Breast	12/9/2012 Piranhas December Distance Invite
1:07.73	Y	F	100	Fly	2/3/2013 Delmar Dolphins February Freeze Invitational
2:32.86	Y	F	200	Fly	1/4/2013 2013 Starfish Trophy Invitational
2:30.37	Y	F	200	IM	12/9/2012 Piranhas December Distance Invite
Patrick Marcotullio (12) M					
					ADDI-AD
1:51.87	Y	F	100	Free	1/12/2013 Canajoharie Developmental Meet
57.30	Y	F	50	Back	1/12/2013 Canajoharie Developmental Meet
Jocelyn Marden (11) W					
					DELM-AD
33.76	Y	F	50	Free	3/1/2013 AD Silver Short Course Championships
38.98	Y	F	50	Back	3/1/2013 AD Silver Short Course Championships
1:23.69	Y	F	100	Back	11/10/2012 Pilgrims Pride
3:12.50	Y	F	200	Back	12/9/2012 Piranhas December Distance Invite
47.34	Y	F	50	Breast	3/1/2013 AD Silver Short Course Championships
3:40.02	Y	F	200	Breast	12/9/2012 Piranhas December Distance Invite
40.84	Y	F	50	Fly	3/1/2013 AD Silver Short Course Championships
1:38.08	Y	F	100	Fly	11/10/2012 Pilgrims Pride
1:27.54	Y	F	100	IM	3/1/2013 AD Silver Short Course Championships
Katie Mariano (13) W					
					SSCY-AD
31.40	Y	F	50	Free	3/3/2013 North Country League Meet
1:13.89	Y	F	100	Free	3/3/2013 North Country League Meet
42.40	Y	P	50	Back	1/18/2013 CT 2013 Wahoo Winter Invitatio

Individual Top Times

Time	P/F/S	Event			
Katie Mariano (13) W					
43.58 Y	F	50 Breast	2/9/2013	North Country YMCA Swim League 2013 Champions	SSCY-AD
37.40 Y	F	50 Fly	3/3/2013	North Country League Meet	
1:24.10 Y	F	100 IM	11/17/2012	Harvest Invitational	
Andrew Marilley (14) M					
22.71 Y	F	50 Free	3/28/2013	2013 Eastern Zone SC Swimming Championships	SSAC-AD
26.89 L	F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
50.19 Y	F	100 Free	3/28/2013	2013 Eastern Zone SC Swimming Championships	
58.21 L	F	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:48.75 Y	F	200 Free	3/28/2013	2013 Eastern Zone SC Swimming Championships	
2:07.98 L	F	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
4:39.61 L	F	400 Free	7/19/2013	2013 Adirondack Long Course District Champion	
4:54.38 Y	F	500 Free	2/16/2013	2013 Boys Section 3 State Qual	
10:38.88 Y	F	1000 Free	12/6/2012	2012 NI - STAR Short Course Invitational	
18:01.46 L	F	1500 Free	7/19/2013	2013 Adirondack Long Course District Champion	
18:01.46 L	F	1500 Free	7/19/2013	2013 Adirondack Long Course District Champion	
17:26.23 Y	F	1650 Free	3/10/2013	AD Gold Short Course Championships	
57.45 Y	F	100 Back	3/2/2013	2013 NI - METS - Meet the Flintstones	
1:04.80 Y	F	100 Breast	3/2/2013	2013 NI - METS - Meet the Flintstones	
2:27.63 Y	F	200 Breast	1/4/2013	2013 Starfish Trophy Invitational	
2:48.79 L	F	200 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
1:05.04 L	F	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
2:11.48 Y	F	200 Fly	3/10/2013	AD Gold Short Course Championships	
2:26.96 L	F	200 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
2:26.22 L	F	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
4:37.35 Y	P	400 IM	12/6/2012	2012 NI - STAR Short Course Invitational	
Olivia Marin (10) W					
39.95 Y	F	50 Free	1/4/2013	2013 Starfish Trophy Invitational	CPP-AD
1:38.57 Y	F	100 Free	10/21/2012	2012 Trick or Treat Meet	
48.34 Y	F	50 Back	2/10/2013	2013 Piranhas Pentathlon	
1:07.34 Y	F	50 Breast	2/10/2013	2013 Piranhas Pentathlon	
45.15 Y	F	50 Fly	2/10/2013	2013 Piranhas Pentathlon	
Paige Marion (13) W					
31.60 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	BENN-AD
35.21 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:11.71 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
2:39.04 Y	F	200 Free	3/1/2013	AD Silver Short Course Championships	
7:24.93 Y	F	500 Free	2/23/2013	Cabin Fever Invitational	
36.62 Y L	F	50 Back	3/1/2013	AD Silver Short Course Championships	
1:22.08 Y	F	100 Back	3/1/2013	AD Silver Short Course Championships	
1:33.74 S	F	100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
47.61 Y	F	50 Breast	2/10/2013	2013 Piranhas Pentathlon	
1:59.36 S	F	100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
37.43 Y	F	50 Fly	1/27/2013	Thoroughbred Splash 2013	
1:41.81 S	F	100 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:27.08 Y	F	100 IM	2/10/2013	2013 Piranhas Pentathlon	
1:38.03 S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
Perrin Marion (9) W					
20.13 Y	F	25 Free	3/1/2013	AD Silver Short Course Championships	BENN-AD
43.57 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	
53.86 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:38.76 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
25.63 Y	F	25 Back	3/1/2013	AD Silver Short Course Championships	
57.76 Y	F	50 Back	3/1/2013	AD Silver Short Course Championships	
59.69 S	F	50 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
31.05 Y	F	25 Breast	3/1/2013	AD Silver Short Course Championships	
1:06.48 Y	F	50 Breast	3/1/2013	AD Silver Short Course Championships	
1:13.24 S	F	50 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
26.22 Y	F	25 Fly	3/1/2013	AD Silver Short Course Championships	
1:08.72 Y	F	50 Fly	2/10/2013	2013 Piranhas Pentathlon	
1:18.73 S	F	50 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	

Individual Top Times

Time	P/F/S	Event			
Perrin Marion (9) W					
2:14.76	Y	F	100	IM	2/23/2013 Cabin Fever Invitational
2:25.76	S	F	100	IM	6/2/2013 2013 Starfish Meter Madness - Pentathlon
Ryan Markham (15) M					
33.89	L	P	50	Free	7/19/2013 2013 Adirondack Long Course District Champion
34.42	S	F	50	Free	6/15/2013 Piranhas Summer Kick-Off Meet
1:15.10	L	P	100	Free	7/19/2013 2013 Adirondack Long Course District Champion
2:56.97	S	F	200	Free	6/15/2013 Piranhas Summer Kick-Off Meet
2:57.19	L	P	200	Free	7/19/2013 2013 Adirondack Long Course District Champion
1:40.61	S	F	100	Breast	6/2/2013 2013 Starfish Meter Madness - Pentathlon
Stephen Marks (16) M					
58.64	Y	F	100	Free	2/3/2013 Delmar Dolphins February Freeze Invitational
1:00.31	Y	P	100	Fly	2/14/2013 Section II Championships Large
Rebecca Marmorato (11) W					
32.25	Y	F	50	Free	3/10/2013 AD Gold Short Course Championships
1:12.86	Y	F	100	Free	3/10/2013 AD Gold Short Course Championships
1:36.85	L	F	100	Free	6/8/2013 Clinton Cudas Colgate Classic Invitational
2:47.42	Y	F	200	Free	3/10/2013 AD Gold Short Course Championships
7:30.13	Y	F	500	Free	3/10/2013 AD Gold Short Course Championships
40.86	Y	F	50	Back	3/10/2013 AD Gold Short Course Championships
1:30.20	Y	F	100	Back	3/10/2013 AD Gold Short Course Championships
45.39	Y	F	50	Breast	3/10/2013 AD Gold Short Course Championships
55.75	L	F	50	Breast	6/8/2013 Clinton Cudas Colgate Classic Invitational
1:36.45	Y	F	100	Breast	3/10/2013 AD Gold Short Course Championships
45.84	Y	F	50	Fly	2/9/2013 Central Valley Swim League Championships
54.97	L	F	50	Fly	6/8/2013 Clinton Cudas Colgate Classic Invitational
1:26.32	Y	F	100	IM	3/10/2013 AD Gold Short Course Championships
3:23.99	Y	F	200	IM	1/26/2013 Central Valley Swim Meet Quad Meet
Belen Marriaga (13) W					
26.63	Y	F	50	Free	3/10/2013 AD Gold Short Course Championships
29.36	L	F	50	Free	7/19/2013 2013 Adirondack Long Course District Champion
29.98	S	F	50	Free	6/2/2013 2013 Starfish Meter Madness - Pentathlon
59.22	Y	P	100	Free	3/28/2013 2013 Eastern Zone SC Swimming Championships
1:05.34	L	F	100	Free	7/19/2013 2013 Adirondack Long Course District Champion
2:16.36	Y	F	200	Free	3/10/2013 AD Gold Short Course Championships
2:31.04	L	F	200	Free	7/19/2013 2013 Adirondack Long Course District Champion
6:17.02	Y	F	500	Free	12/9/2012 Piranhas December Distance Invite
32.69	Y	P	50	Back	3/10/2013 AD Gold Short Course Championships
39.79	L	F	50	Back	6/8/2013 Clinton Cudas Colgate Classic Invitational
1:14.66	Y	P	100	Back	3/10/2013 AD Gold Short Course Championships
1:23.92	S	F	100	Back	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:25.36	L	P	100	Back	7/19/2013 2013 Adirondack Long Course District Champion
40.37	Y	F	50	Breast	1/4/2013 2013 Starfish Trophy Invitational
43.53	L	P	50	Breast	7/19/2013 2013 Adirondack Long Course District Champion
1:36.66	L	P	100	Breast	7/19/2013 2013 Adirondack Long Course District Champion
1:37.24	S	F	100	Breast	6/2/2013 2013 Starfish Meter Madness - Pentathlon
30.37	Y	P	50	Fly	3/10/2013 AD Gold Short Course Championships
33.55	L	F	50	Fly	6/8/2013 Clinton Cudas Colgate Classic Invitational
1:12.46	Y	F	100	Fly	3/10/2013 AD Gold Short Course Championships
1:22.22	S	F	100	Fly	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:23.97	L	P	100	Fly	7/19/2013 2013 Adirondack Long Course District Champion
1:11.11	Y	F	100	IM	3/10/2013 AD Gold Short Course Championships
1:20.76	S	F	100	IM	6/2/2013 2013 Starfish Meter Madness - Pentathlon
2:40.70	Y	F	200	IM	1/4/2013 2013 Starfish Trophy Invitational
3:02.31	L	P	200	IM	7/19/2013 2013 Adirondack Long Course District Champion
Annalise Marron (10) W					
39.47	Y	F	50	Free	1/27/2013 Thoroughbred Splash 2013
1:31.63	Y	F	100	Free	3/1/2013 AD Silver Short Course Championships
45.63	Y	F	50	Back	3/1/2013 AD Silver Short Course Championships
1:41.73	Y	F	100	Back	3/1/2013 AD Silver Short Course Championships

BENN-AD

GCAT-AD

DELM-AD

CLRK-AD

ALBS-AD

SCHE-AD

Individual Top Times

Time	P/F/S	Event			
Samantha Marsh (14) W					
28.01	Y	P	50	Free	3/10/2013 AD Gold Short Course Championships
30.89	L	F	50	Free	7/12/2013 Hawks Summer Invitational 2013
1:02.37	Y	F	100	Free	3/1/2013 AD Silver Short Course Championships
2:24.40	Y	F	200	Free	3/1/2013 AD Silver Short Course Championships
2:40.20	L	F	200	Free	7/12/2013 Hawks Summer Invitational 2013
6:34.78	Y	F	500	Free	1/25/2013 Hawks Trials And Finals 2013
1:12.01	Y	F	100	Back	3/1/2013 AD Silver Short Course Championships
1:23.82	L	F	100	Back	7/12/2013 Hawks Summer Invitational 2013
2:39.24	Y	F	200	Back	3/1/2013 AD Silver Short Course Championships
3:03.36	L	F	200	Back	7/12/2013 Hawks Summer Invitational 2013
x1:31.14	Y	F	100	Breast	11/18/2012 Hawk-NDAC-CSD
3:16.27	Y	P	200	Breast	1/25/2013 Hawks Trials And Finals 2013
3:41.32	L	F	200	Breast	7/12/2013 Hawks Summer Invitational 2013
1:26.90	Y	P	100	Fly	1/25/2013 Hawks Trials And Finals 2013
2:42.27	Y	F	200	IM	3/1/2013 AD Silver Short Course Championships
Lydia Martell (13) W					
33.32	Y	F	50	Free	12/2/2012 December Super Splash 2012
40.45	L	F	50	Free	6/8/2013 Clinton Cudas Colgate Classic Invitational
1:12.85	Y	F	100	Free	3/1/2013 AD Silver Short Course Championships
1:27.42	L	F	100	Free	6/8/2013 Clinton Cudas Colgate Classic Invitational
2:37.91	Y	F	200	Free	3/1/2013 AD Silver Short Course Championships
6:53.96	Y	F	500	Free	1/12/2013 Chris Goody IMX Challenge
37.94	Y	F	50	Back	2/3/2013 Delmar Dolphins February Freeze Invitational
1:21.68	Y	F	100	Back	2/3/2013 Delmar Dolphins February Freeze Invitational
1:37.69	L	F	100	Back	6/8/2013 Clinton Cudas Colgate Classic Invitational
38.21	Y	F	50	Fly	12/2/2012 December Super Splash 2012
1:47.32	L	F	100	Fly	6/8/2013 Clinton Cudas Colgate Classic Invitational
1:26.03	Y	F	100	IM	12/2/2012 December Super Splash 2012
3:38.39	L	F	200	IM	6/8/2013 Clinton Cudas Colgate Classic Invitational
Kylee Martin (10) W					
49.18	L	F	50	Free	7/19/2013 2013 Adirondack Long Course District Champion
1:56.93	L	F	100	Free	7/19/2013 2013 Adirondack Long Course District Champion
1:14.32	L	F	50	Back	7/19/2013 2013 Adirondack Long Course District Champion
2:35.10	L	F	100	Back	7/19/2013 2013 Adirondack Long Course District Champion
Lindsay Martin (9) W					
59.08	L	F	50	Free	6/8/2013 Clinton Cudas Colgate Classic Invitational
2:13.60	L	F	100	Free	6/8/2013 Clinton Cudas Colgate Classic Invitational
1:09.09	L	F	50	Back	6/8/2013 Clinton Cudas Colgate Classic Invitational
1:11.24	L	F	50	Breast	6/8/2013 Clinton Cudas Colgate Classic Invitational
Sarah Martin (13) W					
34.18	Y	F	50	Free	10/21/2012 2012 Trick or Treat Meet
42.09	Y	F	50	Back	11/17/2012 Harvest Invitational
44.20	Y	F	50	Breast	3/1/2013 AD Silver Short Course Championships
1:37.16	Y	F	100	Breast	11/17/2012 Harvest Invitational
41.76	Y	F	50	Fly	3/1/2013 AD Silver Short Course Championships
1:30.25	Y	F	100	IM	10/21/2012 2012 Trick or Treat Meet
Aurielle Marvin (14) W					
57.65	Y	P	100	Free	3/10/2013 AD Gold Short Course Championships
2:08.48	Y	P	200	Free	3/10/2013 AD Gold Short Course Championships
5:44.02	Y	F	500	Free	3/10/2013 AD Gold Short Course Championships
20:15.37	Y	F	1650	Free	3/10/2013 AD Gold Short Course Championships
1:11.23	Y	F	100	Back	11/10/2012 Pilgrims Pride
2:30.64	Y	F	200	Back	3/1/2013 AD Silver Short Course Championships
2:48.32	Y	F	200	Breast	12/9/2012 Piranhas December Distance Invite
1:09.51	Y	F	100	Fly	2/10/2013 2013 Piranhas Pentathlon
2:30.69	Y	F	200	IM	2/10/2013 2013 Piranhas Pentathlon
5:26.12	Y	F	400	IM	1/12/2013 Chris Goody IMX Challenge
Abigail Marx (14) W					
27.32	Y	P	50	Free	1/25/2013 Hawks Trials And Finals 2013

HAWK-AD

DELM-AD

SCHE-AD

NTS-AD

BENN-AD

CPP-AD

RAVE-AD

Individual Top Times

Time	P/F/S	Event			
Abigail Marx (14) W					
				RAVE-AD	
32.54 L	F	50 Free	7/12/2013	Hawks Summer Invitational 2013	
1:00.94 Y	P	100 Free	3/10/2013	AD Gold Short Course Championships	
2:13.52 Y	P	200 Free	3/10/2013	AD Gold Short Course Championships	
2:37.83 L	F	200 Free	7/12/2013	Hawks Summer Invitational 2013	
6:06.32 Y	F	500 Free	1/12/2013	Chris Goody IMX Challenge	
1:05.74 Y	F	100 Back	3/10/2013	AD Gold Short Course Championships	
1:20.31 L	F	100 Back	7/12/2013	Hawks Summer Invitational 2013	
2:24.90 Y	P	200 Back	3/10/2013	AD Gold Short Course Championships	
2:57.34 L	F	200 Back	7/12/2013	Hawks Summer Invitational 2013	
1:17.12 Y	F	100 Breast	1/25/2013	Hawks Trials And Finals 2013	
2:45.71 Y	F	200 Breast	3/10/2013	AD Gold Short Course Championships	
3:15.64 L	F	200 Breast	7/12/2013	Hawks Summer Invitational 2013	
1:12.52 Y	P	100 Fly	3/10/2013	AD Gold Short Course Championships	
2:55.90 Y	F	200 Fly	1/12/2013	Chris Goody IMX Challenge	
2:27.89 Y	P	200 IM	3/10/2013	AD Gold Short Course Championships	
5:19.69 Y	F	400 IM	3/1/2013	AD Silver Short Course Championships	
Cameron Masiello (13) M					
				ALBS-AD	
26.57 Y	F	50 Free	3/10/2013	AD Gold Short Course Championships	
29.87 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
57.51 Y	F	100 Free	3/10/2013	AD Gold Short Course Championships	
1:06.25 L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:10.16 Y	F	200 Free	3/10/2013	AD Gold Short Course Championships	
6:14.96 Y	F	500 Free	12/9/2012	Piranhas December Distance Invite	
30.29 Y	F	50 Back	1/4/2013	2013 Starfish Trophy Invitational	
1:04.63 Y	P	100 Back	3/10/2013	AD Gold Short Course Championships	
1:13.62 L	F	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
2:37.54 L	F	200 Back	7/19/2013	2013 Adirondack Long Course District Champion	
36.29 Y	F	50 Breast	2/10/2013	2013 Piranhas Pentathlon	
28.01 Y	P	50 Fly	3/10/2013	AD Gold Short Course Championships	
1:02.75 Y	F	100 Fly	3/10/2013	AD Gold Short Course Championships	
1:10.45 L	P	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:05.50 Y	F	100 IM	3/10/2013	AD Gold Short Course Championships	
2:21.14 Y	F	200 IM	3/10/2013	AD Gold Short Course Championships	
2:42.55 L	P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
Sean Matice (16) M					
				UN-AD	
25.00 Y	F	50 Free	3/9/2013	Eastern States League Championships 2013	
30.47 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
54.62 Y	P	100 Free	3/10/2013	AD Gold Short Course Championships	
1:03.85 L	F	100 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
2:05.68 Y	F	200 Free	2/23/2013	Cabin Fever Invitational	
2:25.55 L	P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
5:11.54 L	F	400 Free	7/12/2013	Hawks Summer Invitational 2013	
29.15 Y L	F	50 Back	3/9/2013	Eastern States League Championships 2013	
1:02.67 Y	P	100 Back	3/10/2013	AD Gold Short Course Championships	
1:16.51 L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
2:15.78 Y	F	200 Back	3/1/2013	AD Silver Short Course Championships	
2:42.70 L	P	200 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:11.92 Y	P	100 Breast	3/10/2013	AD Gold Short Course Championships	
1:24.51 L	P	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
2:46.27 Y	F	200 Breast	1/12/2013	Chris Goody IMX Challenge	
3:09.23 L	F	200 Breast	7/12/2013	Hawks Summer Invitational 2013	
1:05.20 Y	F	100 Fly	2/23/2013	Cabin Fever Invitational	
1:13.41 L	P	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
2:37.95 Y	F	200 Fly	1/12/2013	Chris Goody IMX Challenge	
2:47.92 L	F	200 Fly	6/8/2013	Clinton Cudas Colgate Classic Invitational	
2:17.56 Y	P	200 IM	2/14/2013	Section II Championships Large	
2:37.17 L	P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
5:10.03 Y	F	400 IM	1/12/2013	Chris Goody IMX Challenge	
5:46.54 L	F	400 IM	7/12/2013	Hawks Summer Invitational 2013	
Cameron Matthews (12) M					
				WAVE-AD	

Individual Top Times

Time	P/F/S	Event			
Cameron Matthews (12) M					
					WAVE-AD
34.66 Y	F	50 Free	10/21/2012	2012 Trick or Treat Meet	
1:24.90 Y	F	100 Free	1/27/2013	Thoroughbred Splash 2013	
43.77 Y	F	50 Back	2/23/2013	Cabin Fever Invitational	
47.70 Y	F	50 Breast	10/21/2012	2012 Trick or Treat Meet	
1:31.94 Y	F	100 IM	10/21/2012	2012 Trick or Treat Meet	
3:20.98 Y	F	200 IM	12/7/2012	2012 NE UVAC Winter Classic	
Steven Matthews (16) M					
					UN-AD
30.12 Y	F	50 Free	12/15/2012	SHENENDEHOWA Boys SWIMMING & D	
30.12 Y	F	50 Free	12/15/2012	2012 AD SHENENDEHOWA Boys	
32.59 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:08.49 Y	F	100 Free	12/15/2012	SHENENDEHOWA Boys SWIMMING & D	
1:08.49 Y	F	100 Free	12/15/2012	2012 AD SHENENDEHOWA Boys	
2:40.41 L	P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
Jenna Mattson (14) W					
					GUY-AD
29.21 Y	F	50 Free	11/10/2012	Pilgrims Pride	
32.17 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
32.41 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:03.63 Y	F	100 Free	11/10/2012	Pilgrims Pride	
1:09.68 L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:15.17 Y	P	200 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
2:32.07 L	P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
6:00.17 Y	F	500 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
1:12.11 Y	F	100 Back	11/10/2012	Pilgrims Pride	
1:20.57 S	F	100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:23.02 L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:24.95 Y	F	100 Breast	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:37.05 S	F	100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:38.52 L	F	100 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:12.18 Y	F	100 Fly	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:19.57 L	P	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:22.91 S	F	100 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:20.46 S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:35.54 Y	F	200 IM	2/9/2013	North Country YMCA Swim League 2013 Champions	
2:56.36 L	F	200 IM	6/22/2013	2013 NI - Niagara Super Circuit Ithaca	
Grace Matuszyk (17) W					
					UN-AD
24.69 Y	P	50 Free	11/1/2012	Girls Sec II Division I Champ	
29.06 L	P	50 Free	3/21/2013	2013 NI - EZ North Region Speedo Ch	
57.16 Y	P	100 Free	3/10/2013	AD Gold Short Course Championships	
1:03.01 L	P	100 Free	3/21/2013	2013 NI - EZ North Region Speedo Ch	
2:02.37 Y	P	200 Free	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS	
1:08.24 Y	P	100 Breast	11/1/2012	Girls Sec II Division I Champ	
2:31.87 Y	F	200 Breast	3/10/2013	AD Gold Short Course Championships	
2:19.72 Y	P	200 IM	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS	
Trevor Matuszyk (15) M					
					ALBS-AD
25.41 Y	P	50 Free	3/10/2013	AD Gold Short Course Championships	
53.04 Y L	F	100 Free	3/10/2013	AD Gold Short Course Championships	
1:04.05 L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:57.59 Y	F	200 Free	3/10/2013	AD Gold Short Course Championships	
5:12.91 Y	F	500 Free	2/14/2013	Section II Championships Large	
1:01.04 Y	P	100 Back	3/10/2013	AD Gold Short Course Championships	
1:12.89 L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
2:09.58 Y	F	200 Back	3/10/2013	AD Gold Short Course Championships	
2:35.30 L	P	200 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:08.24 Y	F	100 Breast	3/10/2013	AD Gold Short Course Championships	
1:19.15 L	P	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
2:48.84 L	P	200 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
1:03.27 Y	F	100 Fly	1/4/2013	2013 Starfish Trophy Invitational	
2:06.71 Y	P	200 IM	2/14/2013	Section II Championships Large	
2:34.11 L	P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
4:36.22 Y	P	400 IM	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS	

Individual Top Times

Time	P/F/S	Event			
William Matz (15) M			ALBS-AD		
26.53 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
52.69 Y	F	100 Free	11/10/2012	Pilgrims Pride	
58.61 L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:50.48 Y	F	200 Free	3/10/2013	AD Gold Short Course Championships	
2:10.67 L	F	200 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
4:29.94 L	F	400 Free	7/19/2013	2013 Adirondack Long Course District Champion	
4:55.15 Y	F	500 Free	12/15/2012	2012 AD SHENENDEHOWA Boys	
4:55.15 Y	F	500 Free	12/15/2012	SHENENDEHOWA Boys SWIMMING & D	
9:11.62 L	F	800 Free	6/22/2013	2013 NI - Niagara Super Circuit Ithaca	
10:17.94 Y	F	1000 Free	1/4/2013	2013 Starfish Trophy Invitational	
17:32.12 L	F	1500 Free	7/19/2013	2013 Adirondack Long Course District Champion	
17:32.12 L	F	1500 Free	7/19/2013	2013 Adirondack Long Course District Champion	
16:38.08 Y	F	1650 Free	3/10/2013	AD Gold Short Course Championships	
27.35 Y L	F	50 Back	1/4/2013	2013 Starfish Trophy Invitational	
55.54 Y	F	100 Back	3/10/2013	AD Gold Short Course Championships	
1:03.90 S	F	100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:00.77 Y	F	200 Back	3/10/2013	AD Gold Short Course Championships	
2:24.13 L	F	200 Back	6/22/2013	2013 NI - Niagara Super Circuit Ithaca	
1:00.61 Y	F	100 Breast	2/14/2013	Section II Championships Large	
1:12.12 L	F	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
1:12.63 S	F	100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:10.79 Y	F	200 Breast	3/10/2013	AD Gold Short Course Championships	
2:35.82 L	P	200 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
54.96 Y	F	100 Fly	3/10/2013	AD Gold Short Course Championships	
1:03.97 S	F	100 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:04.52 L	F	100 Fly	6/8/2013	Clinton Cudas Colgate Classic Invitational	
2:04.60 Y	F	200 Fly	3/10/2013	AD Gold Short Course Championships	
1:04.56 S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:59.08 Y	F	200 IM	2/14/2013	Section II Championships Large	
2:17.97 L	F	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
4:12.20 Y	F	400 IM	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS	
4:54.53 L	F	400 IM	7/12/2013	2013 NI - Niagara Long Course Classic	
Erin Maul (10) W			CPP-AD		
40.23 Y L	F	50 Free	3/1/2013	AD Silver Short Course Championships	
1:37.25 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
50.11 Y	F	50 Back	3/1/2013	AD Silver Short Course Championships	
1:57.90 Y	F	100 Back	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:08.12 Y	F	50 Breast	3/1/2013	AD Silver Short Course Championships	
56.78 Y	F	50 Fly	3/1/2013	AD Silver Short Course Championships	
2:03.75 Y	F	100 IM	3/1/2013	AD Silver Short Course Championships	
Emma Mauro (12) W			GLFY-AD		
35.91 Y	F	50 Free	12/2/2012	December Super Splash 2012	
45.05 Y	F	50 Back	12/2/2012	December Super Splash 2012	
48.33 Y	F	50 Breast	12/2/2012	December Super Splash 2012	
1:34.09 Y	F	100 IM	1/12/2013	Chris Goody Mini-Meet	
Mallory Max (16) W			CLIN-AD		
26.96 Y	P	50 Free	3/10/2013	AD Gold Short Course Championships	
58.48 Y	P	100 Free	3/10/2013	AD Gold Short Course Championships	
2:08.23 Y	P	200 Free	3/10/2013	AD Gold Short Course Championships	
5:54.56 Y	F	500 Free	1/4/2013	2013 Starfish Trophy Invitational	
1:02.90 Y	F	100 Back	3/10/2013	AD Gold Short Course Championships	
2:16.47 Y	F	200 Back	3/10/2013	AD Gold Short Course Championships	
1:22.56 Y	F	100 Breast	1/4/2013	2013 Starfish Trophy Invitational	
1:06.80 Y	P	100 Fly	3/10/2013	AD Gold Short Course Championships	
2:25.10 Y	P	200 IM	3/10/2013	AD Gold Short Course Championships	
5:19.71 Y	P	400 IM	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS	
Aidan May (13) M			ADDI-AD		
41.00 Y	F	50 Free	2/3/2013	2013 NE GMA VT Specialty Meet	
1:27.63 Y	F	100 Free	2/3/2013	2013 NE GMA VT Specialty Meet	
3:33.61 Y	F	200 Free	1/4/2013	2013 NE GMA Winter Knights	

Individual Top Times

Time	P/F/S	Event				
Aidan May (13) M						
51.48 Y	F	50 Back	2/3/2013	2013 NE GMA VT Specialty Meet		ADDI-AD
1:57.76 Y	F	100 Back	1/4/2013	2013 NE GMA Winter Knights		
Antonia May (10) W						
40.72 Y	F	50 Free	1/12/2013	Canajoharie Developmental Meet		AMST-AD
1:34.53 Y	F	100 Free	2/3/2013	Delmar Dolphins February Freeze Invitational		
3:41.10 Y	F	200 Free	1/26/2013	Central Valley Swim Meet Quad Meet		
9:29.67 Y	F	500 Free	1/26/2013	Central Valley Swim Meet Quad Meet		
50.92 Y	F	50 Back	11/10/2012	CVSL First Splash		
1:50.16 Y	F	100 Back	1/26/2013	Central Valley Swim Meet Quad Meet		
53.85 Y	F	50 Breast	1/20/2013	Foothills Inv		
47.95 Y	F	50 Fly	2/9/2013	Central Valley Swim League Championships		
1:43.20 Y	F	100 IM	1/20/2013	Foothills Inv		
Cassandra Mayer (18) W						
32.74 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships		ADDI-AD
1:13.91 Y	F	100 Free	1/4/2013	2013 NE GMA Winter Knights		
1:26.68 Y	F	100 Back	1/27/2013	Thoroughbred Splash 2013		
1:46.63 Y	F	100 Breast	1/4/2013	2013 NE GMA Winter Knights		
3:17.18 Y	F	200 IM	1/27/2013	Thoroughbred Splash 2013		
Katrina Mayer (16) W						
26.20 Y	F	50 Free	3/10/2013	AD Gold Short Course Championships		ADDI-AD
30.04 L	F	50 Free	7/12/2013	Hawks Summer Invitational 2013		
58.13 Y	P	100 Free	3/10/2013	AD Gold Short Course Championships		
1:09.45 L	F	100 Free	7/12/2013	Hawks Summer Invitational 2013		
2:17.88 Y	F	200 Free	2/23/2013	Cabin Fever Invitational		
2:42.25 L	F	200 Free	7/12/2013	Hawks Summer Invitational 2013		
1:14.45 Y	F	100 Back	3/1/2013	AD Silver Short Course Championships		
1:12.12 Y	P	100 Breast	3/10/2013	AD Gold Short Course Championships		
1:27.39 L	F	100 Breast	7/12/2013	Hawks Summer Invitational 2013		
2:43.09 Y	F	200 Breast	3/10/2013	AD Gold Short Course Championships		
3:12.41 L	F	200 Breast	7/12/2013	Hawks Summer Invitational 2013		
1:11.74 Y	F	100 Fly	3/1/2013	AD Silver Short Course Championships		
2:33.65 Y	F	200 IM	3/1/2013	AD Silver Short Course Championships		
2:55.86 L	F	200 IM	7/12/2013	Hawks Summer Invitational 2013		
Sophia Mayhew (14) W						
30.57 Y	F	50 Free	11/10/2012	Pilgrims Pride		SSCY-AD
1:07.00 Y	F	100 Free	1/27/2013	North Country League Meet		
2:25.94 Y	F	200 Free	2/9/2013	North Country YMCA Swim League 2013 Champions		
6:35.32 Y	F	500 Free	10/27/2012	IM-Xtremely Spooked		
1:17.42 Y	F	100 Back	10/21/2012	2012 Trick or Treat Meet		
1:34.78 Y	F	100 Breast	1/4/2013	2013 Starfish Trophy Invitational		
1:16.72 Y	P	100 Fly	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship		
2:51.18 Y	P	200 IM	1/18/2013	CT 2013 Wahoo Winter Invitatio		
Kylee Mayne (15) W						
33.05 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships		BENN-AD
36.82 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon		
1:15.45 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships		
1:35.86 Y	F	100 Breast	3/1/2013	AD Silver Short Course Championships		
1:50.93 S	F	100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon		
1:46.65 S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon		
3:29.96 Y	F	200 IM	2/10/2013	2013 Piranhas Pentathlon		
Lindsay Mayo (13) W						
29.02 Y	F	50 Free	3/10/2013	AD Gold Short Course Championships		CPP-AD
32.85 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon		
1:04.54 Y	P	100 Free	3/10/2013	AD Gold Short Course Championships		
2:42.03 L	F	200 Free	7/12/2013	Hawks Summer Invitational 2013		
2:42.22 S	F	200 Free	6/15/2013	Piranhas Summer Kick-Off Meet		
6:17.49 Y	F	500 Free	3/10/2013	AD Gold Short Course Championships		
37.54 Y	F	50 Back	2/10/2013	2013 Piranhas Pentathlon		
1:17.51 Y	P	100 Back	3/10/2013	AD Gold Short Course Championships		

Individual Top Times

Time	P/F/S	Event			
Lindsay Mayo (13) W			CPP-AD		
1:26.73	S F	100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:30.11	L F	100 Back	7/12/2013	Hawks Summer Invitational 2013	
2:48.95	Y F	200 Back	3/1/2013	AD Silver Short Course Championships	
44.50	Y F	50 Breast	3/1/2013	AD Silver Short Course Championships	
1:35.62	Y F	100 Breast	3/1/2013	AD Silver Short Course Championships	
1:42.22	S F	100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:46.17	L P	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
3:22.01	Y F	200 Breast	3/1/2013	AD Silver Short Course Championships	
32.25	Y P	50 Fly	3/10/2013	AD Gold Short Course Championships	
1:20.26	S F	100 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:21.86	L F	100 Fly	7/12/2013	Hawks Summer Invitational 2013	
1:18.18	Y F	100 IM	3/1/2013	AD Silver Short Course Championships	
1:24.88	S F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:58.65	L P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
Anthony Mazzola (11) M			BENN-AD		
36.48	Y F	50 Free	12/2/2012	December Super Splash 2012	
1:20.36	Y F	100 Free	3/1/2013	AD Silver Short Course Championships	
45.94	Y F	50 Back	11/17/2012	Harvest Invitational	
47.62	Y F	50 Breast	3/1/2013	AD Silver Short Course Championships	
1:49.45	Y F	100 Breast	2/23/2013	Cabin Fever Invitational	
1:38.20	Y F	100 IM	12/2/2012	December Super Splash 2012	
Isabel Mazzola (14) W			BENN-AD		
1:07.81	Y F	50 Free	11/17/2012	Harvest Invitational	
Ethan McAuliffe (15) M			SARY-AD		
25.28	Y F	50 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
1:04.69	Y P	100 Back	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
1:10.10	Y P	100 Breast	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
2:31.34	Y F	200 Breast	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
2:14.35	Y P	200 IM	2/14/2013	Section II Championships Large	
Noelle McCall (15) W			UN-AD		
30.35	Y F	50 Free	11/1/2012	2012 NI - Ob - Section 3 Class A-B-C Champs 2	
1:08.37	Y F	100 Free	11/1/2012	2012 NI - Ob - Section 3 Class A-B-C Champs 2	
2:49.34	Y F	200 Free	1/20/2013	Foothills Inv	
1:35.99	Y F	100 Breast	1/20/2013	Foothills Inv	
3:21.79	Y F	200 Breast	1/20/2013	Foothills Inv	
Courtney McCardle (16) W			KING-AD		
25.45	Y F	50 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
55.85	Y F	100 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
2:03.99	Y P	200 Free	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS	
1:05.60	Y P	100 Back	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS	
2:18.35	Y P	200 IM	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS	
Brady McCarty (9) M			WAVE-AD		
30.50	Y F	25 Free	2/23/2013	Cabin Fever Invitational	
1:08.44	Y F	50 Free	2/23/2013	Cabin Fever Invitational	
Angela McCauley (14) W			EELS-AD		
31.69	L P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:00.56	Y P	100 Free	3/10/2013	AD Gold Short Course Championships	
1:07.79	L F	100 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
2:08.69	Y P	200 Free	3/10/2013	AD Gold Short Course Championships	
2:27.94	L P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
5:22.22	L F	400 Free	5/3/2013	2013 MR Condors May Meters Matter	
5:41.64	Y F	500 Free	1/12/2013	Chris Goody IMX Challenge	
32.00	Y L F	50 Back	3/9/2013	Eastern States League Championships 2013	
1:16.10	L F	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
2:44.77	L P	200 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:18.58	Y P	100 Breast	3/10/2013	AD Gold Short Course Championships	
1:29.70	L P	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
2:45.44	Y F	200 Breast	3/10/2013	AD Gold Short Course Championships	
3:14.28	L F	200 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational	

Individual Top Times

Time	P/F/S	Event			
Angela McCauley (14) W					
EELS-AD					
1:08.66	Y	P	100	Fly	3/10/2013 AD Gold Short Course Championships
1:17.92	L	P	100	Fly	7/19/2013 2013 Adirondack Long Course District Champion
2:29.17	Y	P	200	Fly	3/10/2013 AD Gold Short Course Championships
2:52.67	L	F	200	Fly	6/8/2013 Clinton Cudas Colgate Classic Invitational
2:22.43	Y	P	200	IM	3/10/2013 AD Gold Short Course Championships
2:43.62	L	P	200	IM	7/19/2013 2013 Adirondack Long Course District Champion
5:06.23	Y	F	400	IM	1/12/2013 Chris Goody IMX Challenge
Karlaina McClelland (17) W					
UN-AD					
29.95	Y	F	50	Free	11/1/2012 2012 NI - Ob - Section 3 Class A-B-C Champs 2
Jace McClements (15) M					
SCHE-AD					
26.68	Y	P	50	Free	3/10/2013 AD Gold Short Course Championships
59.37	Y	P	100	Free	3/10/2013 AD Gold Short Course Championships
2:08.43	Y	F	200	Free	2/23/2013 Cabin Fever Invitational
6:08.74	Y	F	500	Free	1/12/2013 Chris Goody IMX Challenge
1:13.85	Y	F	100	Back	3/1/2013 AD Silver Short Course Championships
2:36.13	Y	F	200	Back	1/12/2013 Chris Goody IMX Challenge
1:22.32	Y	F	100	Breast	3/1/2013 AD Silver Short Course Championships
3:00.73	Y	F	200	Breast	1/12/2013 Chris Goody IMX Challenge
1:04.90	Y	P	100	Fly	2/14/2013 Section II Championships Large
2:28.45	Y	F	200	Fly	3/1/2013 AD Silver Short Course Championships
2:26.80	Y	F	200	IM	2/10/2013 2013 Piranhas Pentathlon
5:17.70	Y	F	400	IM	1/12/2013 Chris Goody IMX Challenge
Finn McColgan (12) M					
HAWK-AD					
47.12	Y	F	50	Free	10/21/2012 2012 Trick or Treat Meet
52.04	L	F	50	Free	7/12/2013 Hawks Summer Invitational 2013
James McColgan (15) M					
HAWK-AD					
25.45	Y	P	50	Free	3/10/2013 AD Gold Short Course Championships
54.38	Y	F	100	Free	1/4/2013 2013 Starfish Trophy Invitational
2:02.10	Y	F	200	Free	1/4/2013 2013 Starfish Trophy Invitational
59.08	Y	F	100	Back	12/15/2012 2012 AD SHENENDEHOWA Boys
59.08	Y	F	100	Back	12/15/2012 SHENENDEHOWA Boys SWIMMING & D
2:11.05	Y	P	200	Back	3/10/2013 AD Gold Short Course Championships
1:12.47	Y	F	100	Breast	1/25/2013 Hawks Trials And Finals 2013
58.72	Y	P	100	Fly	12/6/2012 2012 NE NSSC MIT Invite
2:10.72	Y	P	200	Fly	3/10/2013 AD Gold Short Course Championships
4:50.71	Y	P	400	IM	12/6/2012 2012 NE NSSC MIT Invite
Kevin McColgan (14) M					
HAWK-AD					
36.59	Y	F	50	Free	1/4/2013 2013 Starfish Trophy Invitational
40.03	L	F	50	Free	7/12/2013 Hawks Summer Invitational 2013
1:39.45	Y	F	100	Free	11/18/2012 Hawk-NDAC-CSD
1:55.66	Y	F	100	Back	1/4/2013 2013 Starfish Trophy Invitational
Kiernan McColgan (10) W					
HAWK-AD					
34.98	Y	F	50	Free	11/10/2012 Pilgrims Pride
39.36	L	F	50	Free	7/12/2013 Hawks Summer Invitational 2013
1:21.91	Y	F	100	Free	3/1/2013 AD Silver Short Course Championships
1:29.28	L	F	100	Free	7/12/2013 Hawks Summer Invitational 2013
2:59.34	Y	F	200	Free	1/4/2013 2013 Starfish Trophy Invitational
6:31.78	L	F	400	Free	7/12/2013 Hawks Summer Invitational 2013
43.12	Y	F	50	Back	11/10/2012 Pilgrims Pride
50.92	L	F	50	Back	7/12/2013 Hawks Summer Invitational 2013
1:32.42	Y	F	100	Back	3/10/2013 AD Gold Short Course Championships
1:44.24	L	F	100	Back	7/12/2013 Hawks Summer Invitational 2013
43.93	Y	F	50	Breast	3/10/2013 AD Gold Short Course Championships
49.65	L	F	50	Breast	7/12/2013 Hawks Summer Invitational 2013
1:38.87	Y	P	100	Breast	12/6/2012 2012 NE NSSC MIT Invite
1:53.32	L	F	100	Breast	7/12/2013 Hawks Summer Invitational 2013
3:57.47	L	F	200	Breast	7/12/2013 Hawks Summer Invitational 2013
44.12	Y	F	50	Fly	3/1/2013 AD Silver Short Course Championships
50.00	L	F	50	Fly	7/12/2013 Hawks Summer Invitational 2013

Individual Top Times

Time	P/F/S	Event			
Kiernan McColgan (10) W					
1:42.86	Y	F	100	Fly	3/1/2013 AD Silver Short Course Championships
1:32.52	Y	F	100	IM	1/25/2013 Hawks Trials And Finals 2013
3:20.87	Y	F	200	IM	3/1/2013 AD Silver Short Course Championships
3:44.42	L	F	200	IM	7/12/2013 Hawks Summer Invitational 2013
Giavanna McConney (11) W					
41.56	Y	F	50	Free	12/2/2012 December Super Splash 2012
1:38.36	Y	F	100	Free	11/10/2012 Pilgrims Pride
3:22.74	Y	F	200	Free	12/2/2012 December Super Splash 2012
48.64	Y	F	50	Back	11/10/2012 Pilgrims Pride
1:49.11	Y	F	100	IM	12/2/2012 December Super Splash 2012
Allison McCormick (10) W					
39.70	Y	F	50	Free	1/27/2013 Thoroughbred Splash 2013
1:27.66	Y	F	100	Free	3/1/2013 AD Silver Short Course Championships
51.29	Y	F	50	Back	12/7/2012 2012 NE UVAC Winter Classic
1:49.16	Y	F	100	Back	3/1/2013 AD Silver Short Course Championships
Emily McCormick (14) W					
29.78	Y	F	50	Free	1/4/2013 2013 Starfish Trophy Invitational
1:04.95	Y	F	100	Free	3/1/2013 AD Silver Short Course Championships
2:17.46	Y	F	200	Free	12/7/2012 2012 NE UVAC Winter Classic
6:13.00	Y	P	500	Free	11/16/2012 2012 NY Ob - Girls NY State Federation Champ
1:16.31	Y	F	100	Back	1/4/2013 2013 Starfish Trophy Invitational
1:26.46	Y	F	100	Breast	12/7/2012 2012 NE UVAC Winter Classic
3:03.96	Y	F	200	Breast	3/1/2013 AD Silver Short Course Championships
1:20.27	Y	F	100	Fly	1/4/2013 2013 Starfish Trophy Invitational
2:40.33	Y	F	200	IM	3/1/2013 AD Silver Short Course Championships
Henry McCormick (18) M					
24.78	Y	P	50	Free	3/10/2013 AD Gold Short Course Championships
53.40	Y	P	100	Free	3/10/2013 AD Gold Short Course Championships
1:57.51	Y	P	200	Free	3/10/2013 AD Gold Short Course Championships
5:43.93	Y	F	500	Free	1/4/2013 2013 Starfish Trophy Invitational
1:04.33	Y	P	100	Back	3/10/2013 AD Gold Short Course Championships
2:28.29	Y	F	200	Back	12/7/2012 2012 NE UVAC Winter Classic
1:06.92	Y	P	100	Breast	3/10/2013 AD Gold Short Course Championships
2:25.91	Y	P	200	Breast	3/10/2013 AD Gold Short Course Championships
59.70	Y	P	100	Fly	3/10/2013 AD Gold Short Course Championships
2:20.34	Y	F	200	Fly	3/10/2013 AD Gold Short Course Championships
2:13.31	Y	P	200	IM	3/10/2013 AD Gold Short Course Championships
Molly McCulloch (17) W					
25.29	Y	F	50	Free	3/10/2013 AD Gold Short Course Championships
29.38	L	P	50	Free	7/19/2013 2013 Adirondack Long Course District Champion
55.72	Y	P	100	Free	3/10/2013 AD Gold Short Course Championships
1:05.98	L	F	100	Free	7/6/2013 Sharks Summer Invite
2:31.49	L	F	200	Free	7/6/2013 Sharks Summer Invite
5:54.66	Y	F	500	Free	1/4/2013 2013 Starfish Trophy Invitational
1:03.50	Y	P	100	Back	3/10/2013 AD Gold Short Course Championships
1:16.06	L	P	100	Back	7/19/2013 2013 Adirondack Long Course District Champion
2:45.40	L	F	200	Back	7/6/2013 Sharks Summer Invite
1:24.63	L	P	100	Breast	7/19/2013 2013 Adirondack Long Course District Champion
2:42.95	Y	P	200	Breast	3/10/2013 AD Gold Short Course Championships
3:12.20	L	P	200	Breast	7/19/2013 2013 Adirondack Long Course District Champion
1:00.46	Y	F	100	Fly	11/3/2012 2012 NI - Ob - Section 3 Girls State Qualifie
1:11.99	L	P	100	Fly	3/21/2013 2013 NI - EZ North Region Speedo Ch
2:35.44	Y	F	200	Fly	1/4/2013 2013 Starfish Trophy Invitational
2:18.89	Y	F	200	IM	11/3/2012 2012 NI - Ob - Section 3 Girls State Qualifie
2:43.46	L	P	200	IM	7/19/2013 2013 Adirondack Long Course District Champion
5:14.44	Y	F	400	IM	1/4/2013 2013 Starfish Trophy Invitational
Olivia McCullum (15) W					
38.10	Y	F	50	Free	2/23/2013 Cabin Fever Invitational
1:29.01	Y	F	100	Free	2/23/2013 Cabin Fever Invitational

HAWK-AD

USAM-AD

WAVE-AD

WAVE-AD

WAVE-AD

CLIN-AD

WAVE-AD

Individual Top Times

Time	P/F/S	Event				
Olivia McCullum (15) W						
1:40.57	Y	F	100	Back	2/23/2013	Cabin Fever Invitational
Owen McCullum (18) M						
26.11	Y	F	50	Free	2/23/2013	Cabin Fever Invitational
1:01.92	Y	F	100	Free	2/23/2013	Cabin Fever Invitational
1:25.69	Y	F	100	Breast	2/23/2013	Cabin Fever Invitational
2:43.00	Y	F	200	IM	2/23/2013	Cabin Fever Invitational
Sean McDaniel (11) M						
50.15	L	P	50	Free	7/19/2013	2013 Adirondack Long Course District Champion
1:57.99	L	F	100	Free	6/8/2013	Clinton Cudas Colgate Classic Invitational
53.96	L	P	50	Back	7/19/2013	2013 Adirondack Long Course District Champion
2:05.99	L	F	100	Back	6/8/2013	Clinton Cudas Colgate Classic Invitational
4:41.82	L	F	200	Back	7/19/2013	2013 Adirondack Long Course District Champion
1:09.80	L	P	50	Breast	7/19/2013	2013 Adirondack Long Course District Champion
2:39.22	L	P	100	Breast	7/19/2013	2013 Adirondack Long Course District Champion
1:09.46	L	P	50	Fly	7/19/2013	2013 Adirondack Long Course District Champion
Kathryn McDermott (9) W						
32.65	Y	F	25	Free	11/4/2012	Hometown Splashdown
1:13.63	Y	F	50	Free	11/4/2012	Hometown Splashdown
Madeline McDermott (14) W						
32.35	Y	F	50	Free	2/3/2013	Delmar Dolphins February Freeze Invitational
1:14.80	Y	F	100	Free	2/3/2013	Delmar Dolphins February Freeze Invitational
2:46.54	Y	F	200	Free	2/3/2013	Delmar Dolphins February Freeze Invitational
1:37.90	Y	F	100	Breast	2/3/2013	Delmar Dolphins February Freeze Invitational
Maeve McDermott (8) W						
50.82	Y	F	50	Free	2/3/2013	Delmar Dolphins February Freeze Invitational
56.50	Y	F	50	Back	2/3/2013	Delmar Dolphins February Freeze Invitational
Adeline McDonough (10) W						
35.65	Y	F	50	Free	2/22/2013	North Country League Meet
40.27	Y	F	50	Back	2/22/2013	North Country League Meet
48.43	Y	F	50	Breast	2/9/2013	North Country YMCA Swim League 2013 Champions
1:38.03	Y	F	100	IM	1/27/2013	Thoroughbred Splash 2013
Alainna McDowall (8) W						
27.81	Y	F	25	Free	12/15/2012	Sharks 12&Under Mini-Meet
1:16.34	Y L	F	50	Free	12/15/2012	Sharks 12&Under Mini-Meet
30.38	Y	F	25	Back	12/15/2012	Sharks 12&Under Mini-Meet
Alanna McDowall (12) W						
40.57	Y	F	50	Free	12/15/2012	Sharks 12&Under Mini-Meet
49.16	Y	F	50	Back	12/15/2012	Sharks 12&Under Mini-Meet
49.00	Y	F	50	Breast	12/15/2012	Sharks 12&Under Mini-Meet
Emma McElrath (14) W						
26.33	Y	F	50	Free	1/4/2013	2013 Starfish Trophy Invitational
29.15	L	P	50	Free	7/12/2013	2013 NI - Niagara Long Course Classic
29.26	S	F	50	Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:02.86	L	F	100	Free	7/19/2013	2013 Adirondack Long Course District Champion
2:13.22	L	F	200	Free	7/12/2013	2013 NI - Niagara Long Course Classic
4:42.74	L	F	400	Free	7/12/2013	2013 NI - Niagara Long Course Classic
5:15.97	Y	F	500	Free	3/10/2013	AD Gold Short Course Championships
9:46.64	L	F	800	Free	6/22/2013	2013 NI - Niagara Super Circuit Ithaca
10:56.95	Y	F	1000	Free	1/4/2013	2013 Starfish Trophy Invitational
31.14	Y L	F	50	Back	1/4/2013	2013 Starfish Trophy Invitational
33.59	L	F	50	Back	3/21/2013	2013 NI - EZ North Region Speedo Ch
1:09.56	L	F	100	Back	7/19/2013	2013 Adirondack Long Course District Champion
1:10.17	S	F	100	Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon
2:25.91	L	F	200	Back	7/19/2013	2013 Adirondack Long Course District Champion
1:22.89	L	F	100	Breast	7/19/2013	2013 Adirondack Long Course District Champion
1:24.15	S	F	100	Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon
2:40.94	Y	F	200	Breast	12/9/2012	Piranhas December Distance Invite
1:11.85	L	F	100	Fly	6/22/2013	2013 NI - Niagara Super Circuit Ithaca
1:13.27	S	F	100	Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon

Individual Top Times

Time	P/F/S	Event			
Emma McElrath (14) W					
1:13.45	S	F	100	IM	6/2/2013 2013 Starfish Meter Madness - Pentathlon
2:29.27	L	F	200	IM	7/19/2013 2013 Adirondack Long Course District Champion
4:48.54	Y	F	400	IM	3/10/2013 AD Gold Short Course Championships
Ian McElrath (13) M					
26.10	Y	F	50	Free	3/28/2013 2013 Eastern Zone SC Swimming Championships
28.57	L L	F	50	Free	7/19/2013 2013 Adirondack Long Course District Champion
30.12	S	F	50	Free	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:01.95	L	P	100	Free	7/19/2013 2013 Adirondack Long Course District Champion
2:14.19	L	F	200	Free	7/19/2013 2013 Adirondack Long Course District Champion
4:46.91	L	F	400	Free	7/19/2013 2013 Adirondack Long Course District Champion
5:17.87	Y	F	500	Free	3/28/2013 2013 Eastern Zone SC Swimming Championships
29.66	Y	P	50	Back	3/10/2013 AD Gold Short Course Championships
1:09.06	S	F	100	Back	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:10.15	L L	F	100	Back	7/19/2013 2013 Adirondack Long Course District Champion
2:30.51	L	F	200	Back	7/19/2013 2013 Adirondack Long Course District Champion
36.46	Y	F	50	Breast	2/10/2013 2013 Piranhas Pentathlon
1:23.92	S	F	100	Breast	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:28.87	L	F	100	Breast	6/22/2013 2013 NI - Niagara Super Circuit Ithaca
29.05	Y	F	50	Fly	2/10/2013 2013 Piranhas Pentathlon
1:05.33	Y	F	100	Fly	1/4/2013 2013 Starfish Trophy Invitational
1:12.84	S	F	100	Fly	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:14.40	L	F	100	Fly	6/22/2013 2013 NI - Niagara Super Circuit Ithaca
1:05.68	Y	P	100	IM	3/10/2013 AD Gold Short Course Championships
1:12.21	S	F	100	IM	6/2/2013 2013 Starfish Meter Madness - Pentathlon
2:19.88	Y	F	200	IM	3/10/2013 AD Gold Short Course Championships
2:35.48	L	F	200	IM	7/19/2013 2013 Adirondack Long Course District Champion
Kelly McElroy (12) W					
31.51	Y	F	50	Free	1/4/2013 2013 Starfish Trophy Invitational
38.45	Y	P	50	Back	1/25/2013 Hawks Trials And Finals 2013
1:25.19	Y	P	100	Back	1/25/2013 Hawks Trials And Finals 2013
46.23	Y	F	50	Breast	1/4/2013 2013 Starfish Trophy Invitational
1:43.39	Y	P	100	Breast	1/25/2013 Hawks Trials And Finals 2013
34.27	Y	P	50	Fly	1/25/2013 Hawks Trials And Finals 2013
1:21.74	Y	P	100	IM	1/25/2013 Hawks Trials And Finals 2013
Brennan McEntee (14) M					
27.32	Y	F	50	Free	3/1/2013 AD Silver Short Course Championships
1:02.14	Y	P	100	Free	1/25/2013 Hawks Trials And Finals 2013
1:12.99	L	F	100	Free	7/12/2013 Hawks Summer Invitational 2013
2:26.92	Y	P	200	Free	1/25/2013 Hawks Trials And Finals 2013
2:57.21	L	F	200	Free	7/12/2013 Hawks Summer Invitational 2013
33.06	Y L	F	50	Back	1/4/2013 2013 Starfish Trophy Invitational
1:10.97	Y	F	100	Back	3/1/2013 AD Silver Short Course Championships
1:32.74	L	F	100	Back	7/12/2013 Hawks Summer Invitational 2013
2:43.61	Y	F	200	Back	1/25/2013 Hawks Trials And Finals 2013
1:26.08	Y	F	100	Breast	3/1/2013 AD Silver Short Course Championships
1:41.69	L	F	100	Breast	7/12/2013 Hawks Summer Invitational 2013
3:11.33	Y	F	200	Breast	1/4/2013 2013 Starfish Trophy Invitational
3:52.43	L	F	200	Breast	7/12/2013 Hawks Summer Invitational 2013
1:32.33	Y	F	100	Fly	3/1/2013 AD Silver Short Course Championships
2:49.84	Y	F	200	IM	1/4/2013 2013 Starfish Trophy Invitational
3:12.50	L	F	200	IM	7/12/2013 Hawks Summer Invitational 2013
Cierra McGrath (12) W					
36.44	Y	F	50	Free	3/2/2013 2013 NI - METS - Meet the Flintstones
1:24.32	Y	F	100	Free	1/20/2013 Foothills Inv
41.86	Y	F	50	Back	3/2/2013 2013 NI - METS - Meet the Flintstones
45.91	Y	F	50	Breast	3/2/2013 2013 NI - METS - Meet the Flintstones
1:40.37	Y	F	100	IM	2/10/2013 2013 Piranhas Pentathlon
Grace McGrath (11) W					
44.57	Y	F	50	Free	11/10/2012 Pilgrims Pride

ALBS-AD

ALBS-AD

HAWK-AD

HAWK-AD

TBS-AD

DELM-AD

Individual Top Times

Time	P/F/S	Event				
Grace McGrath (11) W						
1:41.58	Y	F	100	Free	12/15/2012	Sharks 12&Under Mini-Meet
48.36	Y	F	50	Back	12/15/2012	Sharks 12&Under Mini-Meet
1:47.26	Y	F	100	Back	11/10/2012	Pilgrims Pride
51.73	Y	F	50	Breast	12/2/2012	December Super Splash 2012
53.37	Y	F	50	Fly	1/12/2013	Chris Goody Mini-Meet
1:49.73	Y	F	100	IM	1/12/2013	Chris Goody Mini-Meet
Johnathan McGrath (10) M						
40.49	Y	F	50	Free	2/10/2013	2013 Piranhas Pentathlon
1:32.89	Y	F	100	Free	1/20/2013	Foothills Inv
48.06	Y	F	50	Back	2/10/2013	2013 Piranhas Pentathlon
51.30	Y	F	50	Breast	2/10/2013	2013 Piranhas Pentathlon
1:46.98	Y	F	100	IM	1/20/2013	Foothills Inv
Caroline McGraw (12) W						
29.36	Y	P	50	Free	3/10/2013	AD Gold Short Course Championships
32.47	L	P	50	Free	7/19/2013	2013 Adirondack Long Course District Champion
32.69	S	F	50	Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:05.98	Y L	F	100	Free	3/10/2013	AD Gold Short Course Championships
2:23.97	Y	F	200	Free	1/4/2013	2013 Starfish Trophy Invitational
33.42	Y	F	50	Back	2/10/2013	2013 Piranhas Pentathlon
38.43	L	P	50	Back	7/19/2013	2013 Adirondack Long Course District Champion
1:13.15	Y	F	100	Back	11/10/2012	Pilgrims Pride
1:17.28	S	F	100	Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:22.04	L	P	100	Back	7/19/2013	2013 Adirondack Long Course District Champion
2:36.25	Y	F	200	Back	12/9/2012	Piranhas December Distance Invite
35.49	Y	P	50	Breast	3/10/2013	AD Gold Short Course Championships
39.98	L	P	50	Breast	7/19/2013	2013 Adirondack Long Course District Champion
1:17.82	Y	F	100	Breast	3/10/2013	AD Gold Short Course Championships
1:29.41	L	F	100	Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational
2:47.63	Y	F	200	Breast	3/10/2013	AD Gold Short Course Championships
3:16.32	L	F	200	Breast	7/19/2013	2013 Adirondack Long Course District Champion
29.61	Y	P	50	Fly	3/10/2013	AD Gold Short Course Championships
33.42	L	F	50	Fly	6/8/2013	Clinton Cudas Colgate Classic Invitational
1:09.55	Y	F	100	Fly	3/10/2013	AD Gold Short Course Championships
1:16.21	S	F	100	Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:17.20	L	P	100	Fly	7/19/2013	2013 Adirondack Long Course District Champion
1:09.83	Y	P	100	IM	3/10/2013	AD Gold Short Course Championships
2:32.28	Y	P	200	IM	3/10/2013	AD Gold Short Course Championships
2:49.68	L	F	200	IM	6/8/2013	Clinton Cudas Colgate Classic Invitational
Aidan McInerney (15) M						
26.10	Y	P	50	Free	3/10/2013	AD Gold Short Course Championships
58.46	Y	P	100	Free	3/10/2013	AD Gold Short Course Championships
2:08.04	Y	P	200	Free	2/14/2013	Section II Championships Small
5:37.95	Y	F	500	Free	2/14/2013	Section II Championships Small
1:13.56	Y	F	100	Back	3/1/2013	AD Silver Short Course Championships
2:36.05	Y	F	200	Back	3/1/2013	AD Silver Short Course Championships
1:32.73	Y	F	100	Breast	10/20/2012	Ravena Autumn Breeze 2012
3:06.12	Y	F	200	Breast	1/12/2013	Chris Goody IMX Challenge
2:27.94	Y	F	200	IM	3/1/2013	AD Silver Short Course Championships
Matthew McIntosh (11) M						
37.81	Y	F	50	Free	1/20/2013	Foothills Inv
1:24.60	Y	F	100	Free	1/20/2013	Foothills Inv
45.94	Y	F	50	Back	3/2/2013	2013 NI - METS - Meet the Flintstones
53.42	Y	F	50	Breast	1/20/2013	Foothills Inv
1:39.27	Y	F	100	IM	3/2/2013	2013 NI - METS - Meet the Flintstones
Saige McIntosh (6) W						
30.95	Y	F	25	Free	1/20/2013	Foothills Inv
31.60	Y	F	25	Back	1/20/2013	Foothills Inv
52.90	Y	F	25	Breast	1/20/2013	Foothills Inv
Brian McKeighan (15) M						

DELM-AD

TBS-AD

ALBS-AD

RAVE-AD

TBS-AD

TBS-AD

GLFY-AD

Individual Top Times

Time	P/F/S	Event			
Brian McKeighan (15) M					
					GLFY-AD
24.29 Y	F	50 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
54.36 Y	F	100 Free	2/9/2013	North Country YMCA Swim League 2013 Champions	
1:58.88 Y	F	200 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
1:02.61 Y	F	100 Back	1/4/2013	2013 Starfish Trophy Invitational	
1:18.10 Y	F	100 Breast	12/2/2012	December Super Splash 2012	
58.76 Y	F	100 Fly	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
2:14.73 Y	F	200 IM	2/9/2013	North Country YMCA Swim League 2013 Champions	
Abigail McKenna (10) W					
					ALBS-AD
1:12.05 S	F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
1:07.18 S	F	50 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
Julia McKinley (7) W					
					BSPA-AD
31.46 Y	F	25 Free	1/12/2013	Canajoharie Developmental Meet	
1:05.37 Y	F	50 Free	2/23/2013	Cabin Fever Invitational	
27.03 Y	F	25 Back	1/12/2013	Canajoharie Developmental Meet	
Emily McLane (10) W					
					WAVE-AD
52.87 Y	F	50 Free	11/10/2012	Pilgrims Pride	
2:15.56 Y	F	100 Free	1/4/2013	2013 Starfish Trophy Invitational	
53.25 Y	F	50 Back	12/7/2012	2012 NE UVAC Winter Classic	
1:02.19 Y	F	50 Breast	1/27/2013	Thoroughbred Splash 2013	
Shea McLaren (9) M					
					ADDI-AD
18.13 Y	F	25 Free	12/15/2012	Sharks 12&Under Mini-Meet	
39.89 Y	F	50 Free	12/15/2012	Sharks 12&Under Mini-Meet	
1:32.44 Y	F	100 Free	1/27/2013	Thoroughbred Splash 2013	
25.70 Y	F	25 Back	12/15/2012	Sharks 12&Under Mini-Meet	
59.05 Y	F	50 Back	3/1/2013	AD Silver Short Course Championships	
29.29 Y	F	25 Breast	1/20/2013	Foothills Inv	
22.54 Y	F	25 Fly	12/15/2012	Sharks 12&Under Mini-Meet	
1:58.63 Y	F	100 IM	1/27/2013	Thoroughbred Splash 2013	
Conor McLaughlin (10) M					
					BSPA-AD
1:01.32 Y	F	50 Free	2/23/2013	Cabin Fever Invitational	
56.12 Y	F	50 Back	2/23/2013	Cabin Fever Invitational	
Andrew McLean (14) M					
					TBS-AD
32.44 Y	F	50 Free	3/2/2013	2013 NI - METS - Meet the Flintstones	
1:11.50 Y	F	100 Free	3/2/2013	2013 NI - METS - Meet the Flintstones	
Kelsey McLean (16) W					
					TBS-AD
28.87 Y	F	50 Free	3/2/2013	2013 NI - METS - Meet the Flintstones	
1:05.78 Y	F	100 Free	3/2/2013	2013 NI - METS - Meet the Flintstones	
2:13.43 Y	F	200 Free	11/1/2012	2012 NI - Ob - Section 3 Class A-B-C Champs 2	
6:08.33 Y	F	500 Free	11/1/2012	2012 NI - Ob - Section 3 Class A-B-C Champs 2	
2:51.37 Y	F	200 IM	3/2/2013	2013 NI - METS - Meet the Flintstones	
Audrey McMahon (14) W					
					CPP-AD
34.58 Y	F	50 Free	11/10/2012	Pilgrims Pride	
34.90 S	F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
1:13.54 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
2:55.84 S	F	200 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
7:21.67 Y	F	500 Free	12/9/2012	Piranhas December Distance Invite	
1:26.34 Y	F	100 Back	3/1/2013	AD Silver Short Course Championships	
1:33.41 S	F	100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
3:06.00 Y	F	200 Back	12/9/2012	Piranhas December Distance Invite	
1:34.19 Y	F	100 Breast	2/10/2013	2013 Piranhas Pentathlon	
1:44.33 S	F	100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
3:25.27 Y	F	200 Breast	3/1/2013	AD Silver Short Course Championships	
1:33.17 Y	F	100 Fly	2/10/2013	2013 Piranhas Pentathlon	
1:47.49 S	F	100 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:32.21 S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
3:01.98 Y	F	200 IM	2/10/2013	2013 Piranhas Pentathlon	
Colin McManus (11) M					
					TBS-AD
41.94 Y	F	50 Free	3/2/2013	2013 NI - METS - Meet the Flintstones	
1:41.61 Y	F	100 Free	3/2/2013	2013 NI - METS - Meet the Flintstones	

Individual Top Times

Time	P/F/S	Event			
Colin McManus (11) M					
53.71 Y	F	50 Back	3/2/2013	2013 NI - METS - Meet the Flintstones	TBS-AD
49.25 Y	F	50 Fly	3/2/2013	2013 NI - METS - Meet the Flintstones	
Jordan McMaster (10) W					
45.14 Y	F	50 Free	11/4/2012	Hometown Splashdown	GRGF-AD
52.61 Y	F	50 Back	11/4/2012	Hometown Splashdown	
1:03.23 Y	F	50 Breast	11/4/2012	Hometown Splashdown	
Chelsey McMichael (16) W					
27.77 Y	F	50 Free	11/1/2012	2012 NI - Ob - Section 3 Class A-B-C Champs 2	UN-AD
59.75 Y	F	100 Free	11/3/2012	2012 NI - Ob - Section 3 Girls State Qualifie	
Jessica McMillen (17) W					
26.81 Y	P	50 Free	3/10/2013	AD Gold Short Course Championships	USAM-AD
32.25 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
56.88 Y	F	100 Free	3/10/2013	AD Gold Short Course Championships	
1:08.56 L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
5:40.25 Y	F	500 Free	1/12/2013	Chris Goody IMX Challenge	
30.73 Y L	F	50 Back	1/4/2013	2013 Starfish Trophy Invitational	
1:02.01 Y	P	100 Back	11/16/2012	2012 NY Ob - Girls NY State Federation Champ	
1:13.71 L	P	100 Back	3/21/2013	2013 NI - EZ North Region Speedo Ch	
2:40.95 L	P	200 Back	3/21/2013	2013 NI - EZ North Region Speedo Ch	
1:23.46 Y	F	100 Breast	2/10/2013	2013 Piranhas Pentathlon	
1:37.13 L	P	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
1:17.43 L	P	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
2:25.57 Y	F	200 Fly	3/10/2013	AD Gold Short Course Championships	
3:00.33 L	P	200 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
2:52.72 L	P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
5:15.80 Y	F	400 IM	12/9/2012	Piranhas December Distance Invite	
6:09.93 L	F	400 IM	7/19/2013	2013 Adirondack Long Course District Champion	
Cole McMordie (12) M					
36.94 Y	F	50 Free	11/10/2012	Pilgrims Pride	SARY-AD
1:25.46 Y	F	100 Free	11/10/2012	Pilgrims Pride	
7:47.75 Y	F	500 Free	11/17/2012	Harvest Invitational	
50.13 Y	F	50 Breast	11/10/2012	Pilgrims Pride	
1:35.32 Y	F	100 IM	11/17/2012	Harvest Invitational	
Everett McNair (17) M					
22.43 Y L	F	50 Free	3/10/2013	AD Gold Short Course Championships	BFIN-AD
27.25 L	F	50 Free	7/12/2013	Hawks Summer Invitational 2013	
48.44 Y L	F	100 Free	3/10/2013	AD Gold Short Course Championships	
55.47 L	F	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
4:34.90 L	F	400 Free	7/19/2013	2013 Adirondack Long Course District Champion	
5:09.48 Y	F	500 Free	1/4/2013	2013 Starfish Trophy Invitational	
1:01.05 Y	F	100 Back	1/4/2013	2013 Starfish Trophy Invitational	
2:15.44 Y	F	200 Back	1/12/2013	Chris Goody IMX Challenge	
2:30.88 L	P	200 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:10.22 Y	F	100 Breast	10/21/2012	2012 Trick or Treat Meet	
1:18.47 L	P	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
2:28.84 Y	F	200 Breast	12/9/2012	Piranhas December Distance Invite	
1:06.03 Y	F	100 Fly	1/27/2013	Thoroughbred Splash 2013	
2:06.41 Y	F	200 IM	3/10/2013	AD Gold Short Course Championships	
2:28.36 L	P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
5:31.50 L	F	400 IM	7/12/2013	Hawks Summer Invitational 2013	
Sabrielle McNair (12) W					
1:11.89 Y	F	100 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	BFIN-AD
2:29.12 Y	F	200 Free	3/1/2013	AD Silver Short Course Championships	
43.65 Y	F	50 Breast	1/27/2013	Thoroughbred Splash 2013	
39.17 Y	F	50 Fly	1/27/2013	Thoroughbred Splash 2013	
1:22.07 Y	F	100 IM	3/1/2013	AD Silver Short Course Championships	
Kayla McNall (10) W					
43.79 Y	F	50 Free	12/2/2012	December Super Splash 2012	USAM-AD
1:49.93 Y	F	100 Free	12/2/2012	December Super Splash 2012	

Individual Top Times

Time	P/F/S	Event				
Kayla McNall (10) W						
59.00	Y	F	50	Back	11/10/2012	Pilgrims Pride
1:05.90	Y	F	50	Breast	10/21/2012	2012 Trick or Treat Meet
2:04.08	Y	F	100	IM	12/2/2012	December Super Splash 2012
Sydney McNall (13) W						
32.46	Y	F	50	Free	2/3/2013	Delmar Dolphins February Freeze Invitational
36.56	L	P	50	Free	7/19/2013	2013 Adirondack Long Course District Champion
1:12.19	Y	F	100	Free	3/1/2013	AD Silver Short Course Championships
1:12.19	Y	F	100	Free	2/10/2013	2013 Piranhas Pentathlon
2:35.48	Y	F	200	Free	3/1/2013	AD Silver Short Course Championships
2:56.09	L	P	200	Free	7/19/2013	2013 Adirondack Long Course District Champion
6:05.65	L	F	400	Free	7/19/2013	2013 Adirondack Long Course District Champion
6:49.08	Y	F	500	Free	2/3/2013	Delmar Dolphins February Freeze Invitational
38.69	Y L	F	50	Back	3/9/2013	Eastern States League Championships 2013
1:24.24	Y	F	100	Back	3/9/2013	Eastern States League Championships 2013
1:39.13	L	P	100	Back	7/19/2013	2013 Adirondack Long Course District Champion
3:02.44	Y	F	200	Back	3/1/2013	AD Silver Short Course Championships
51.37	Y	F	50	Breast	10/21/2012	2012 Trick or Treat Meet
1:49.92	Y	F	100	Breast	3/1/2013	AD Silver Short Course Championships
43.06	Y	F	50	Fly	11/10/2012	Pilgrims Pride
1:33.50	Y	F	100	Fly	2/10/2013	2013 Piranhas Pentathlon
1:33.56	Y	F	100	IM	10/21/2012	2012 Trick or Treat Meet
3:10.14	Y	F	200	IM	2/10/2013	2013 Piranhas Pentathlon
3:43.60	L	P	200	IM	7/19/2013	2013 Adirondack Long Course District Champion
Shea McNamara (10) W						
45.25	Y	F	50	Free	3/1/2013	AD Silver Short Course Championships
49.78	Y	F	50	Back	1/12/2013	Canajoharie Developmental Meet
1:03.27	Y	F	50	Breast	2/3/2013	Delmar Dolphins February Freeze Invitational
Gabriela McSwieney (9) W						
33.53	Y	F	50	Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship
41.90	Y	F	50	Back	2/9/2013	North Country YMCA Swim League 2013 Champions
50.18	Y	F	50	Breast	2/9/2013	North Country YMCA Swim League 2013 Champions
43.31	Y	F	50	Fly	1/27/2013	Thoroughbred Splash 2013
1:32.25	Y	F	100	IM	2/23/2013	Cabin Fever Invitational
Andrew Mead (10) M						
44.25	Y	F	50	Free	1/12/2013	Canajoharie Developmental Meet
1:41.92	Y	F	100	Free	3/1/2013	AD Silver Short Course Championships
57.84	Y	F	50	Back	3/1/2013	AD Silver Short Course Championships
2:11.14	Y	F	100	Back	3/1/2013	AD Silver Short Course Championships
1:02.90	Y	F	50	Breast	3/1/2013	AD Silver Short Course Championships
2:14.01	Y	F	100	Breast	3/1/2013	AD Silver Short Course Championships
1:07.53	Y	F	50	Fly	1/12/2013	Canajoharie Developmental Meet
2:01.16	Y	F	100	IM	2/23/2013	Cabin Fever Invitational
4:32.91	Y	F	200	IM	1/26/2013	Central Valley Swim Meet Quad Meet
Benjamin Mead (7) M						
30.59	Y	F	25	Free	3/1/2013	AD Silver Short Course Championships
1:09.24	Y	F	50	Free	3/1/2013	AD Silver Short Course Championships
2:29.17	Y	F	100	Free	2/23/2013	Cabin Fever Invitational
38.73	Y	F	25	Back	1/12/2013	Canajoharie Developmental Meet
59.00	Y	F	50	Back	2/9/2013	Central Valley Swim League Championships
Erik Mebust (17) M						
24.52	Y	P	50	Free	3/10/2013	AD Gold Short Course Championships
53.53	Y	P	100	Free	3/10/2013	AD Gold Short Course Championships
1:56.07	Y	F	200	Free	2/13/2013	2013 Section III Boys Champion
5:40.96	Y	F	500	Free	12/15/2012	Central Valley Swim League Quad Meet
20:03.40	Y	F	1650	Free	12/9/2012	Piranhas December Distance Invite
58.13	Y	F	100	Back	2/16/2013	2013 Boys Section 3 State Qual
2:10.92	Y	P	200	Back	3/10/2013	AD Gold Short Course Championships
1:00.67	Y	P	100	Fly	3/10/2013	AD Gold Short Course Championships
2:19.07	Y	F	200	IM	1/4/2013	2013 Starfish Trophy Invitational

USAM-AD

USAM-AD

BSPA-AD

SARY-AD

CANA-AD

CANA-AD

CLRK-AD

Individual Top Times

Time	P/F/S	Event				
Katherine Melamed-Henning (11) W						
1:08.45	Y	F	50	Free	10/20/2012	Ravena Autumn Breeze 2012
1:20.32	Y	F	50	Back	10/20/2012	Ravena Autumn Breeze 2012
Evan Melby (19) M						
22.95	Y	F	50	Free	3/10/2013	AD Gold Short Course Championships
27.31	L	P	50	Free	7/19/2013	2013 Adirondack Long Course District Champion
48.84	Y	P	100	Free	3/10/2013	AD Gold Short Course Championships
1:00.40	L	P	100	Free	7/19/2013	2013 Adirondack Long Course District Champion
1:48.57	Y	F	200	Free	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS
4:53.42	Y	F	500	Free	3/10/2013	AD Gold Short Course Championships
1:00.80	Y	P	100	Back	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS
1:12.56	L	P	100	Back	7/19/2013	2013 Adirondack Long Course District Champion
2:12.61	Y	F	200	Back	1/12/2013	Chris Goody IMX Challenge
2:36.78	L	P	200	Back	7/19/2013	2013 Adirondack Long Course District Champion
1:00.45	Y	F	100	Breast	2/14/2013	Section II Championships Large
1:19.05	L	P	100	Breast	7/19/2013	2013 Adirondack Long Course District Champion
2:33.69	Y	F	200	Breast	1/12/2013	Chris Goody IMX Challenge
2:23.01	Y	F	200	Fly	1/12/2013	Chris Goody IMX Challenge
1:58.33	Y	P	200	IM	2/14/2013	Section II Championships Large
2:29.31	L	P	200	IM	7/19/2013	2013 Adirondack Long Course District Champion
4:38.72	Y	F	400	IM	1/12/2013	Chris Goody IMX Challenge
Abigail Melinsky (5) W						
31.85	Y	F	25	Free	12/2/2012	December Super Splash 2012
1:23.00	Y	F	50	Free	3/1/2013	AD Silver Short Course Championships
1:25.50	L	F	50	Free	6/8/2013	Clinton Cudas Colgate Classic Invitational
35.13	Y	F	25	Back	12/2/2012	December Super Splash 2012
1:23.05	Y	F	50	Back	2/23/2013	Cabin Fever Invitational
1:30.12	L	F	50	Back	6/8/2013	Clinton Cudas Colgate Classic Invitational
Sarah Melinsky (8) W						
17.91	Y	F	25	Free	2/23/2013	Cabin Fever Invitational
37.01	Y	F	50	Free	3/10/2013	AD Gold Short Course Championships
41.66	L	F	50	Free	6/8/2013	Clinton Cudas Colgate Classic Invitational
1:21.11	Y	F	100	Free	3/10/2013	AD Gold Short Course Championships
1:35.83	L	F	100	Free	6/8/2013	Clinton Cudas Colgate Classic Invitational
3:14.93	L	F	200	Free	6/8/2013	Clinton Cudas Colgate Classic Invitational
3:15.99	Y	F	200	Free	10/27/2012	IM-Xtremely Spooked
20.73	Y	F	25	Back	3/9/2013	Eastern States League Championships 2013
45.50	Y	F	50	Back	3/10/2013	AD Gold Short Course Championships
49.17	L	F	50	Back	6/8/2013	Clinton Cudas Colgate Classic Invitational
1:37.62	Y	F	100	Back	2/23/2013	Cabin Fever Invitational
1:48.42	L	F	100	Back	6/8/2013	Clinton Cudas Colgate Classic Invitational
25.36	Y	F	25	Breast	3/1/2013	AD Silver Short Course Championships
55.46	Y	F	50	Breast	2/3/2013	Delmar Dolphins February Freeze Invitational
1:03.56	L	F	50	Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational
2:11.36	L	F	100	Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational
22.50	Y	F	25	Fly	3/1/2013	AD Silver Short Course Championships
46.99	Y	F	50	Fly	3/10/2013	AD Gold Short Course Championships
1:33.68	Y	F	100	IM	3/10/2013	AD Gold Short Course Championships
3:48.85	L	F	200	IM	6/8/2013	Clinton Cudas Colgate Classic Invitational
Jessica Melita (13) W						
32.48	Y	F	50	Free	2/10/2013	2013 Piranhas Pentathlon
1:17.89	Y	F	100	Free	3/1/2013	AD Silver Short Course Championships
1:28.04	L	F	100	Free	6/1/2013	2013 NE MTSC June 1st Meet
1:28.04	L	F	100	Free	6/1/2013	2013 NE MTSC June 1st Meet
2:57.92	Y	F	200	Free	3/1/2013	AD Silver Short Course Championships
7:45.59	Y	F	500	Free	1/12/2013	Chris Goody IMX Challenge
38.85	Y	F	50	Back	2/10/2013	2013 Piranhas Pentathlon
1:23.53	Y	F	100	Back	3/1/2013	AD Silver Short Course Championships
1:40.47	L	F	100	Back	6/1/2013	2013 NE MTSC June 1st Meet
1:40.47	L	F	100	Back	6/1/2013	2013 NE MTSC June 1st Meet
46.22	Y	F	50	Breast	3/1/2013	AD Silver Short Course Championships

BSPA-AD

SCHE-AD

UN-AD

UN-AD

SCHE-AD

Individual Top Times

Time	P/F/S	Event			
Jessica Melita (13) W					
					SCHE-AD
54.03 L	F	50 Breast	6/1/2013	2013 NE MTSC June 1st Meet	
54.03 L	F	50 Breast	6/1/2013	2013 NE MTSC June 1st Meet	
1:43.68 Y	F	100 Breast	2/23/2013	Cabin Fever Invitational	
3:51.39 Y	F	200 Breast	1/12/2013	Chris Goody IMX Challenge	
37.32 Y	F	50 Fly	3/1/2013	AD Silver Short Course Championships	
42.47 L	F	50 Fly	6/1/2013	2013 NE MTSC June 1st Meet	
42.47 L	F	50 Fly	6/1/2013	2013 NE MTSC June 1st Meet	
1:38.33 Y	F	100 Fly	1/12/2013	Chris Goody IMX Challenge	
1:26.89 Y	F	100 IM	2/10/2013	2013 Piranhas Pentathlon	
3:10.24 Y	F	200 IM	2/23/2013	Cabin Fever Invitational	
Connor Melleady (16) M					
					CPP-AD
26.29 Y	F	50 Free	10/21/2012	2012 Trick or Treat Meet	
57.22 Y	F	100 Free	10/21/2012	2012 Trick or Treat Meet	
1:55.87 Y	F	200 Free	2/14/2013	Section II Championships Large	
5:23.80 Y	F	500 Free	12/15/2012	SHENENDEHOWA Boys SWIMMING & D	
5:23.80 Y	F	500 Free	12/15/2012	2012 AD SHENENDEHOWA Boys	
19:02.39 Y	F	1650 Free	12/9/2012	Piranhas December Distance Invite	
1:10.38 Y	F	100 Back	10/21/2012	2012 Trick or Treat Meet	
2:19.55 Y	F	200 Back	12/9/2012	Piranhas December Distance Invite	
1:07.08 Y	P	100 Breast	2/14/2013	Section II Championships Large	
2:33.33 Y	F	200 Breast	12/9/2012	Piranhas December Distance Invite	
4:54.36 Y	F	400 IM	1/12/2013	Chris Goody IMX Challenge	
Gloria Melofchik (17) W					
					SCHE-AD
25.27 Y	F	50 Free	3/21/2013	2013 CT Senior Open Championship	
29.11 L	F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
56.22 Y	P	100 Free	3/10/2013	AD Gold Short Course Championships	
1:05.10 L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:57.06 Y	F	200 Free	3/21/2013	2013 CT Senior Open Championship	
2:22.45 L	F	200 Free	6/1/2013	2013 NE MTSC June 1st Meet	
2:22.45 L	F	200 Free	6/1/2013	2013 NE MTSC June 1st Meet	
5:31.36 Y	F	500 Free	1/12/2013	Chris Goody IMX Challenge	
27.34 Y	F	50 Back	3/21/2013	2013 CT Senior Open Championship	
33.87 L	F	50 Back	6/1/2013	2013 NE MTSC June 1st Meet	
33.87 L	F	50 Back	6/1/2013	2013 NE MTSC June 1st Meet	
57.79 Y	F	100 Back	3/21/2013	2013 CT Senior Open Championship	
1:08.76 L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
2:08.22 Y	F	200 Back	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS	
2:32.95 L	F	200 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:10.34 Y	F	100 Breast	12/6/2012	2012 NE NSSC MIT Invite	
1:20.45 L	F	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
2:41.83 Y	F	200 Breast	1/12/2013	Chris Goody IMX Challenge	
33.82 L	F	50 Fly	6/1/2013	2013 NE MTSC June 1st Meet	
33.82 L	F	50 Fly	6/1/2013	2013 NE MTSC June 1st Meet	
2:31.56 Y	F	200 Fly	1/12/2013	Chris Goody IMX Challenge	
2:21.88 Y	F	200 IM	10/21/2012	2012 Trick or Treat Meet	
2:34.47 L	P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
4:58.96 Y	F	400 IM	1/12/2013	Chris Goody IMX Challenge	
Anisha Menashi (9) W					
					ALBS-AD
18.97 Y	F	25 Free	3/1/2013	AD Silver Short Course Championships	
40.37 Y	F	50 Free	3/10/2013	AD Gold Short Course Championships	
1:37.87 Y	F	100 Free	3/10/2013	AD Gold Short Course Championships	
21.08 Y	F	25 Back	1/27/2013	Thoroughbred Splash 2013	
45.03 Y L	F	50 Back	3/10/2013	AD Gold Short Course Championships	
25.10 Y	F	25 Breast	3/1/2013	AD Silver Short Course Championships	
22.70 Y	F	25 Fly	12/15/2012	Sharks 12&Under Mini-Meet	
49.19 Y	F	50 Fly	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:42.90 Y	F	100 IM	3/10/2013	AD Gold Short Course Championships	
Makenzie Merendo (10) W					
					AMST-AD
1:12.54 Y	F	50 Fly	11/10/2012	CVSL First Splash	

Individual Top Times

Time	P/F/S	Event			
Abigail Messier (16) W					
2:20.13	Y	P	200	Free	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
33.58	Y L	F	50	Back	2/9/2013 North Country YMCA Swim League 2013 Champions
1:08.88	Y	P	100	Back	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
2:30.92	Y	F	200	Back	2/9/2013 North Country YMCA Swim League 2013 Champions
1:24.92	Y	F	100	Breast	1/27/2013 Thoroughbred Splash 2013
1:14.55	Y	F	100	Fly	1/27/2013 Thoroughbred Splash 2013
2:33.89	Y	P	200	IM	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
Michael Messina (10) M					
36.43	Y	F	50	Free	11/18/2012 Hawk-NDAC-CSD
1:20.51	Y	F	100	Free	1/25/2013 Hawks Trials And Finals 2013
7:49.00	Y	F	500	Free	3/10/2013 AD Gold Short Course Championships
39.60	Y	F	50	Back	3/10/2013 AD Gold Short Course Championships
1:26.81	Y	F	100	Back	1/25/2013 Hawks Trials And Finals 2013
53.05	Y	F	50	Breast	3/1/2013 AD Silver Short Course Championships
1:54.74	Y	F	100	Breast	3/1/2013 AD Silver Short Course Championships
45.95	Y	F	50	Fly	1/4/2013 2013 Starfish Trophy Invitational
1:33.43	Y	F	100	IM	3/1/2013 AD Silver Short Course Championships
3:23.96	Y	F	200	IM	1/25/2013 Hawks Trials And Finals 2013
Julia Metivier (10) W					
47.39	Y	F	50	Free	11/4/2012 Hometown Splashdown
1:04.82	Y	F	50	Back	11/4/2012 Hometown Splashdown
Makenna Metler (8) W					
26.69	Y	F	25	Free	12/15/2012 Sharks 12&Under Mini-Meet
55.49	Y	F	50	Free	3/1/2013 AD Silver Short Course Championships
58.27	S	F	50	Free	6/15/2013 Piranhas Summer Kick-Off Meet
2:21.67	S	F	100	Free	6/15/2013 Piranhas Summer Kick-Off Meet
26.26	Y	F	25	Back	12/15/2012 Sharks 12&Under Mini-Meet
1:00.76	Y	F	50	Back	1/4/2013 2013 Starfish Trophy Invitational
1:05.71	S	F	50	Back	6/15/2013 Piranhas Summer Kick-Off Meet
2:30.26	L	F	100	Back	7/12/2013 Hawks Summer Invitational 2013
1:21.44	S	F	50	Breast	6/15/2013 Piranhas Summer Kick-Off Meet
1:25.10	L	F	50	Breast	7/12/2013 Hawks Summer Invitational 2013
Erin Meyer (17) W					
30.34	Y	F	50	Free	3/1/2013 AD Silver Short Course Championships
1:08.17	Y	F	100	Free	2/10/2013 2013 Piranhas Pentathlon
2:32.08	Y	F	200	Free	3/1/2013 AD Silver Short Course Championships
1:24.42	Y	F	100	Back	2/3/2013 Delmar Dolphins February Freeze Invitational
2:54.93	Y	F	200	Back	1/4/2013 2013 Starfish Trophy Invitational
1:38.55	Y	F	100	Breast	2/10/2013 2013 Piranhas Pentathlon
Natalie Meyer (10) W					
41.35	Y	F	50	Free	3/1/2013 AD Silver Short Course Championships
1:34.55	Y	F	100	Free	3/1/2013 AD Silver Short Course Championships
49.95	Y	F	50	Back	2/3/2013 Delmar Dolphins February Freeze Invitational
1:49.76	Y	F	100	Back	1/25/2013 Hawks Trials And Finals 2013
54.37	Y	F	50	Breast	3/1/2013 AD Silver Short Course Championships
1:56.49	Y	F	100	Breast	3/1/2013 AD Silver Short Course Championships
51.57	Y	F	50	Fly	3/1/2013 AD Silver Short Course Championships
1:45.78	Y	F	100	IM	3/1/2013 AD Silver Short Course Championships
3:55.45	Y	F	200	IM	1/25/2013 Hawks Trials And Finals 2013
Frank Miao (15) M					
23.94	Y	F	50	Free	3/10/2013 AD Gold Short Course Championships
27.68	S	F	50	Free	6/2/2013 2013 Starfish Meter Madness - Pentathlon
27.96	L	P	50	Free	7/19/2013 2013 Adirondack Long Course District Champion
52.79	Y	P	100	Free	3/10/2013 AD Gold Short Course Championships
59.70	L	P	100	Free	7/19/2013 2013 Adirondack Long Course District Champion
1:59.36	Y	F	200	Free	1/26/2013 2013 MR OB LISCA Eastern States Championships
2:09.77	L	P	200	Free	7/19/2013 2013 Adirondack Long Course District Champion
4:45.45	L	F	400	Free	7/19/2013 2013 Adirondack Long Course District Champion
5:10.68	Y	F	500	Free	2/14/2013 Section II Championships Large

SARY-AD

HAWK-AD

GRGF-AD

CPP-AD

USAM-AD

HAWK-AD

ALBS-AD

Individual Top Times

Time	P/F/S	Event			
Frank Miao (15) M					
ALBS-AD					
59.19 Y	P	100 Back	3/10/2013	AD Gold Short Course Championships	
1:07.93 S	F	100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:10.77 L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
2:08.19 Y	F	200 Back	3/10/2013	AD Gold Short Course Championships	
2:30.29 L	P	200 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:16.06 Y	F	100 Breast	10/21/2012	2012 Trick or Treat Meet	
1:26.89 L	P	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
1:28.45 S	F	100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:46.29 Y	F	200 Breast	1/4/2013	2013 Starfish Trophy Invitational	
1:05.66 Y	F	100 Fly	11/10/2012	Pilgrims Pride	
1:10.45 S	F	100 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:37.92 Y	F	200 Fly	1/4/2013	2013 Starfish Trophy Invitational	
1:11.99 S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:12.34 Y	F	200 IM	3/10/2013	AD Gold Short Course Championships	
2:30.71 L	P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
Sophia Micare (10) W					
BSPA-AD					
35.81 Y	F	50 Free	2/23/2013	Cabin Fever Invitational	
55.67 Y	F	50 Back	10/21/2012	2012 Trick or Treat Meet	
51.47 Y	F	50 Fly	2/23/2013	Cabin Fever Invitational	
Erin Miceli (13) W					
GUY-AD					
31.03 Y	F	50 Free	2/9/2013	North Country YMCA Swim League 2013 Champions	
2:23.87 Y	P	200 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
35.85 Y	P	50 Back	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
1:16.92 Y	F	100 Back	1/4/2013	2013 Starfish Trophy Invitational	
41.99 Y	F	50 Breast	11/10/2012	Pilgrims Pride	
35.42 Y	F	50 Fly	1/4/2013	2013 Starfish Trophy Invitational	
2:41.26 Y	P	200 IM	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
Thomas Michalek (13) M					
SSCY-AD					
32.08 Y	F	50 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:10.00 Y	F	100 Free	12/2/2012	December Super Splash 2012	
2:30.15 Y	P	200 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
37.77 Y	F	50 Back	2/3/2013	Delmar Dolphins February Freeze Invitational	
44.72 Y	F	50 Breast	10/21/2012	2012 Trick or Treat Meet	
1:35.78 Y	P	100 Breast	1/18/2013	CT 2013 Wahoo Winter Invitatio	
3:29.63 Y	P	200 Breast	1/18/2013	CT 2013 Wahoo Winter Invitatio	
42.33 Y	F	50 Fly	11/17/2012	Harvest Invitational	
1:23.04 Y	P	100 IM	1/18/2013	CT 2013 Wahoo Winter Invitatio	
2:58.23 Y	P	200 IM	1/18/2013	CT 2013 Wahoo Winter Invitatio	
Maxwell Mielcarek (10) M					
KING-AD					
42.06 Y	F	50 Free	1/4/2013	2013 Starfish Trophy Invitational	
49.59 S	F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
1:37.40 Y	F	100 Free	1/4/2013	2013 Starfish Trophy Invitational	
1:48.79 S	F	100 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
1:57.82 Y	F	100 Back	1/25/2013	Hawks Trials And Finals 2013	
1:02.79 Y	F	50 Breast	11/10/2012	Pilgrims Pride	
51.26 Y	F	50 Fly	3/1/2013	AD Silver Short Course Championships	
58.57 S	F	50 Fly	6/15/2013	Piranhas Summer Kick-Off Meet	
1:51.75 Y	F	100 IM	1/25/2013	Hawks Trials And Finals 2013	
2:19.12 S	F	100 IM	6/15/2013	Piranhas Summer Kick-Off Meet	
Emily Miles (13) W					
GLOY-AD					
27.86 Y	F	50 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
1:00.04 Y	F	100 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
2:20.34 Y	P	200 Free	11/1/2012	Girls Sec II Division 2 Champ	
39.31 Y L	F	50 Back	1/27/2013	North Country League Meet	
35.64 Y	F	50 Breast	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
1:18.60 Y	F	100 Breast	2/23/2013	Cabin Fever Invitational	
Abigail Miller (14) W					
CANA-AD					
28.66 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	
1:03.47 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	

Individual Top Times

Time	P/F/S	Event				
Abigal Miller (14) W						
2:17.69	Y	F	200	Free	2/23/2013	Cabin Fever Invitational
6:59.32	Y	F	500	Free	1/26/2013	Central Valley Swim Meet Quad Meet
1:13.84	Y	F	100	Back	2/23/2013	Cabin Fever Invitational
2:50.12	Y	F	200	Back	1/26/2013	Central Valley Swim Meet Quad Meet
1:37.17	Y	F	100	Breast	1/20/2013	Foothills Inv
1:15.42	Y	F	100	Fly	2/23/2013	Cabin Fever Invitational
2:44.29	Y	F	200	IM	3/1/2013	AD Silver Short Course Championships
Allie Miller (8) W						
24.04	Y	F	25	Free	3/1/2013	AD Silver Short Course Championships
51.41	Y	F	50	Free	3/1/2013	AD Silver Short Course Championships
2:02.09	Y	F	100	Free	2/3/2013	Delmar Dolphins February Freeze Invitational
25.14	Y	F	25	Back	3/1/2013	AD Silver Short Course Championships
53.01	Y	F	50	Back	2/10/2013	2013 Piranhas Pentathlon
1:09.29	Y	F	50	Breast	3/1/2013	AD Silver Short Course Championships
2:18.64	Y	F	100	IM	12/15/2012	Sharks 12&Under Mini-Meet
Barrett Miller (14) W						
34.70	Y	F	50	Free	10/21/2012	2012 Trick or Treat Meet
1:20.78	Y	F	100	Free	10/21/2012	2012 Trick or Treat Meet
2:57.48	Y	F	200	Free	12/7/2012	2012 NE UVAC Winter Classic
1:38.45	Y	F	100	Breast	1/4/2013	2013 Starfish Trophy Invitational
3:41.97	Y	F	200	Breast	1/4/2013	2013 Starfish Trophy Invitational
Caitlyn Miller (11) W						
31.45	Y	F	50	Free	2/3/2013	Delmar Dolphins February Freeze Invitational
2:39.20	Y	F	200	Free	1/4/2013	2013 Starfish Trophy Invitational
7:30.10	Y	F	500	Free	10/27/2012	IM-Xtremely Spooked
35.66	Y	P	50	Back	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship
1:26.81	Y	F	100	Back	10/27/2012	IM-Xtremely Spooked
43.02	Y	F	50	Breast	2/9/2013	North Country YMCA Swim League 2013 Champions
1:36.06	Y	F	100	Breast	1/4/2013	2013 Starfish Trophy Invitational
36.59	Y	F	50	Fly	2/3/2013	Delmar Dolphins February Freeze Invitational
1:32.55	Y	F	100	Fly	10/27/2012	IM-Xtremely Spooked
1:23.12	Y	F	100	IM	1/4/2013	2013 Starfish Trophy Invitational
2:52.52	Y	F	200	IM	2/9/2013	North Country YMCA Swim League 2013 Champions
Lana Miller (11) W						
35.66	Y	F	50	Free	3/1/2013	AD Silver Short Course Championships
1:24.27	Y	F	100	Free	2/3/2013	Delmar Dolphins February Freeze Invitational
45.82	Y	F	50	Back	3/1/2013	AD Silver Short Course Championships
1:38.38	Y	F	100	Back	3/1/2013	AD Silver Short Course Championships
3:25.73	Y	F	200	Back	3/1/2013	AD Silver Short Course Championships
47.01	Y	F	50	Breast	2/3/2013	Delmar Dolphins February Freeze Invitational
47.18	Y	F	50	Fly	2/10/2013	2013 Piranhas Pentathlon
1:34.35	Y	F	100	IM	3/1/2013	AD Silver Short Course Championships
3:26.37	Y	F	200	IM	3/1/2013	AD Silver Short Course Championships
Lauren Miller (10) W						
47.91	S	F	50	Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon
49.27	Y	F	50	Free	10/21/2012	2012 Trick or Treat Meet
1:53.05	Y	F	100	Free	10/21/2012	2012 Trick or Treat Meet
1:53.05	Y	F	100	Free	11/10/2012	Pilgrims Pride
54.53	Y	F	50	Back	11/17/2012	Harvest Invitational
58.16	S	F	50	Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:03.29	S	F	50	Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:09.12	Y	F	50	Breast	10/21/2012	2012 Trick or Treat Meet
56.80	Y	F	50	Fly	11/10/2012	Pilgrims Pride
59.02	S	F	50	Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon
2:02.91	S	F	100	IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon
Alexandra Mills (7) W						
39.89	Y	F	25	Free	1/12/2013	Chris Goody Mini-Meet
36.03	Y	F	25	Back	1/12/2013	Chris Goody Mini-Meet
Andrew Milos (16) M						

CANA-AD

CPP-AD

WAVE-AD

GUY-AD

CPP-AD

CPP-AD

SCHE-AD

BFIN-AD

Individual Top Times

Time	P/F/S	Event			
Andrew Milos (16) M			BFIN-AD		
24.95 Y	P	50 Free	3/10/2013	AD Gold Short Course Championships	
53.80 Y	P	100 Free	3/10/2013	AD Gold Short Course Championships	
1:57.47 Y	P	200 Free	3/10/2013	AD Gold Short Course Championships	
5:14.31 Y	F	500 Free	3/10/2013	AD Gold Short Course Championships	
10:19.69 Y	F	1000 Free	3/28/2013	2013 Eastern Zone SC Swimming Championships	
1:04.63 Y	F	100 Back	3/1/2013	AD Silver Short Course Championships	
1:05.90 Y	P	100 Breast	3/10/2013	AD Gold Short Course Championships	
2:14.91 Y	F	200 Breast	3/28/2013	2013 Eastern Zone SC Swimming Championships	
1:02.37 Y	P	100 Fly	3/10/2013	AD Gold Short Course Championships	
2:12.65 Y	P	200 IM	3/10/2013	AD Gold Short Course Championships	
4:53.53 Y	F	400 IM	1/4/2013	2013 Starfish Trophy Invitational	
Catrin Miskewicz (15) W			DELM-AD		
30.25 Y	F	50 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
34.77 L	F	50 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:04.33 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
1:15.08 L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:15.08 L	F	100 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
2:18.85 Y	P	200 Free	11/1/2012	Girls Sec II Division I Champ	
2:40.10 L	P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
5:35.65 L	F	400 Free	7/19/2013	2013 Adirondack Long Course District Champion	
6:05.86 Y	F	500 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
12:35.67 Y	F	1000 Free	12/2/2012	December Super Splash 2012	
21:30.74 Y	F	1650 Free	12/9/2012	Piranhas December Distance Invite	
1:13.68 Y	F	100 Back	2/10/2013	2013 Piranhas Pentathlon	
1:26.33 L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
2:36.90 Y	F	200 Back	1/4/2013	2013 Starfish Trophy Invitational	
2:56.45 L	P	200 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:26.04 Y	F	100 Breast	2/10/2013	2013 Piranhas Pentathlon	
1:38.96 S	F	100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:41.12 L	F	100 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational	
3:00.97 Y	F	200 Breast	1/4/2013	2013 Starfish Trophy Invitational	
3:26.21 L	P	200 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
1:19.72 Y	F	100 Fly	2/10/2013	2013 Piranhas Pentathlon	
1:31.25 S	F	100 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:37.09 L	F	100 Fly	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:24.79 S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:38.39 Y	F	200 IM	3/1/2013	AD Silver Short Course Championships	
2:57.39 L	P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
Olivia Mittan (13) W			RAVE-AD		
32.96 Y	F	50 Free	1/4/2013	2013 Starfish Trophy Invitational	
39.86 L	F	50 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:13.53 Y	F	100 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:29.28 L	F	100 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
2:44.30 Y	F	200 Free	3/1/2013	AD Silver Short Course Championships	
7:21.87 Y	F	500 Free	1/12/2013	Chris Goody IMX Challenge	
1:24.57 Y	F	100 Back	2/10/2013	2013 Piranhas Pentathlon	
1:36.48 L	F	100 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
3:00.79 Y	F	200 Back	3/1/2013	AD Silver Short Course Championships	
3:30.78 L	F	200 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:27.23 Y	F	100 Fly	3/1/2013	AD Silver Short Course Championships	
1:48.65 L	F	100 Fly	6/8/2013	Clinton Cudas Colgate Classic Invitational	
3:19.16 Y	F	200 Fly	1/12/2013	Chris Goody IMX Challenge	
3:07.62 Y	F	200 IM	3/1/2013	AD Silver Short Course Championships	
Alexa Modry (12) W			ALBS-AD		
37.69 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:55.40 S	F	100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:45.50 S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
Luc Modry (9) M			ALBS-AD		
49.14 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	

Individual Top Times

Time	P/F/S	Event			
Sasha Mohamed (10) W			SSCY-AD		
35.94	Y F	50 Free	2/22/2013	North Country League Meet	
39.78	L F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:20.96	Y F	100 Free	1/4/2013	2013 Starfish Trophy Invitational	
1:33.25	L F	100 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
2:56.40	Y F	200 Free	1/27/2013	North Country League Meet	
41.06	Y F	50 Back	1/18/2013	CT 2013 Wahoo Winter Invitatio	
48.97	L F	50 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:29.03	Y F	100 Back	2/3/2013	Delmar Dolphins February Freeze Invitational	
42.74	Y F	50 Breast	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
47.69	L F	50 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
1:36.45	Y F	100 Breast	1/18/2013	CT 2013 Wahoo Winter Invitatio	
1:47.48	L F	100 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational	
3:28.20	Y F	200 Breast	3/3/2013	North Country League Meet	
42.35	Y F	50 Fly	1/12/2013	Chris Goody Mini-Meet	
49.23	L F	50 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:27.04	Y F	100 IM	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
3:12.68	Y F	200 IM	1/4/2013	2013 Starfish Trophy Invitational	
3:32.80	L F	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
Alexandros Moisisdis (11) M			BFIN-AD		
31.23	Y F	50 Free	12/2/2012	December Super Splash 2012	
1:08.52	Y F	100 Free	12/15/2012	Sharks 12&Under Mini-Meet	
2:27.70	Y F	200 Free	1/4/2013	2013 Starfish Trophy Invitational	
6:42.12	Y F	500 Free	3/10/2013	AD Gold Short Course Championships	
37.44	Y F	50 Back	1/12/2013	Chris Goody Mini-Meet	
1:18.31	Y F	100 Back	3/10/2013	AD Gold Short Course Championships	
40.66	Y F	50 Breast	3/10/2013	AD Gold Short Course Championships	
1:31.80	Y F	100 Breast	2/23/2013	Cabin Fever Invitational	
38.32	Y F	50 Fly	11/10/2012	Pilgrims Pride	
1:33.70	Y F	100 Fly	2/23/2013	Cabin Fever Invitational	
1:16.78	Y F	100 IM	3/10/2013	AD Gold Short Course Championships	
2:47.15	Y F	200 IM	3/10/2013	AD Gold Short Course Championships	
Evangelos Moisisdis (15) M			BFIN-AD		
27.19	Y F	50 Free	11/10/2012	Pilgrims Pride	
56.01	Y P	100 Free	2/14/2013	Section II Championships Large	
5:34.66	Y F	500 Free	12/15/2012	2012 AD SHENENDEHOWA Boys	
5:34.66	Y F	500 Free	12/15/2012	SHENENDEHOWA Boys SWIMMING & D	
1:24.52	Y F	100 Breast	11/10/2012	Pilgrims Pride	
1:14.49	Y F	100 Fly	12/15/2012	2012 AD SHENENDEHOWA Boys	
1:14.49	Y F	100 Fly	12/15/2012	SHENENDEHOWA Boys SWIMMING & D	
2:32.22	Y F	200 IM	12/9/2012	Piranhas December Distance Invite	
Nikos Moisisdis (17) M			BFIN-AD		
22.23	Y F	50 Free	3/28/2013	2013 Eastern Zone SC Swimming Championships	
25.75	L P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
49.02	Y F	100 Free	2/14/2013	Section II Championships Large	
56.38	L F	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:47.53	Y F	200 Free	3/28/2013	2013 Eastern Zone SC Swimming Championships	
2:06.21	L F	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
4:54.90	L F	400 Free	7/12/2013	Hawks Summer Invitational 2013	
59.41	Y P	100 Back	3/10/2013	AD Gold Short Course Championships	
1:11.95	L P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
2:17.77	Y F	200 Back	12/9/2012	Piranhas December Distance Invite	
2:40.38	L P	200 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:14.18	Y F	100 Breast	10/21/2012	2012 Trick or Treat Meet	
1:21.60	L P	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
58.03	Y P	100 Fly	3/10/2013	AD Gold Short Course Championships	
1:10.48	L P	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
2:47.45	L F	200 Fly	7/12/2013	Hawks Summer Invitational 2013	
2:30.93	L P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
4:43.97	Y F	400 IM	3/10/2013	AD Gold Short Course Championships	
5:43.66	L F	400 IM	7/12/2013	Hawks Summer Invitational 2013	

Individual Top Times

Time	P/F/S	Event				
John Molloy (15) M						
28.44 Y	F	50 Free	12/2/2012	December Super Splash 2012		GRGF-AD
1:03.14 Y	F	100 Free	12/2/2012	December Super Splash 2012		
2:40.79 Y	F	200 IM	11/4/2012	Hometown Splashdown		
Emma Momrow (10) W						
39.82 Y	F	50 Free	12/2/2012	December Super Splash 2012		BSPA-AD
1:31.81 Y	F	100 Free	1/27/2013	Thoroughbred Splash 2013		
3:29.43 Y	F	200 Free	1/12/2013	Chris Goody IMX Challenge		
45.68 Y	F	50 Back	2/23/2013	Cabin Fever Invitational		
1:39.29 Y	F	100 Back	1/12/2013	Chris Goody IMX Challenge		
50.78 Y	F	50 Breast	3/1/2013	AD Silver Short Course Championships		
1:51.02 Y	F	100 Breast	1/12/2013	Chris Goody IMX Challenge		
47.35 Y	F	50 Fly	11/17/2012	Harvest Invitational		
1:57.94 Y	F	100 Fly	1/12/2013	Chris Goody IMX Challenge		
1:37.27 Y	F	100 IM	1/27/2013	Thoroughbred Splash 2013		
3:38.73 Y	F	200 IM	1/12/2013	Chris Goody IMX Challenge		
Grace Momrow (12) W						
41.73 Y	F	50 Free	1/27/2013	Thoroughbred Splash 2013		BSPA-AD
1:40.81 Y	F	100 Free	1/27/2013	Thoroughbred Splash 2013		
49.77 Y	F	50 Back	2/23/2013	Cabin Fever Invitational		
1:52.28 Y	F	100 Back	11/17/2012	Harvest Invitational		
1:01.57 Y	F	50 Breast	11/17/2012	Harvest Invitational		
1:49.30 Y	F	100 IM	2/23/2013	Cabin Fever Invitational		
Katrina Momrow (8) W						
27.61 Y	F	25 Free	11/17/2012	Harvest Invitational		BSPA-AD
27.80 Y	F	25 Back	11/17/2012	Harvest Invitational		
57.18 Y	F	50 Back	11/17/2012	Harvest Invitational		
Timothy Monaghan (17) M						
54.79 Y	P	100 Free	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS		CPP-AD
1:02.05 Y	P	100 Back	3/10/2013	AD Gold Short Course Championships		
2:16.51 Y	P	200 Back	3/10/2013	AD Gold Short Course Championships		
2:37.47 Y	P	200 Breast	3/10/2013	AD Gold Short Course Championships		
55.16 Y	P	100 Fly	2/14/2013	Section II Championships Small		
2:09.09 Y	F	200 Fly	3/10/2013	AD Gold Short Course Championships		
2:10.54 Y	P	200 IM	2/14/2013	Section II Championships Small		
Brogan Monroe (12) W						
31.94 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships		UN-AD
34.43 S	F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet		
36.58 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion		
36.58 L	F	50 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational		
1:09.45 Y	P	100 Free	3/10/2013	AD Gold Short Course Championships		
1:19.43 S	F	100 Free	6/15/2013	Piranhas Summer Kick-Off Meet		
1:20.10 L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion		
2:42.87 Y	F	200 Free	3/1/2013	AD Silver Short Course Championships		
3:12.42 L	P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion		
7:07.27 Y	F	500 Free	1/12/2013	Chris Goody IMX Challenge		
40.18 Y	F	50 Back	2/3/2013	Delmar Dolphins February Freeze Invitational		
44.68 S	F	50 Back	6/15/2013	Piranhas Summer Kick-Off Meet		
50.68 L	F	50 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational		
1:28.47 Y	F	100 Back	3/1/2013	AD Silver Short Course Championships		
1:39.05 S	F	100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon		
1:45.23 L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion		
3:11.82 Y	F	200 Back	3/1/2013	AD Silver Short Course Championships		
3:50.14 L	F	200 Back	7/19/2013	2013 Adirondack Long Course District Champion		
39.90 Y	P	50 Breast	3/10/2013	AD Gold Short Course Championships		
45.98 S	F	50 Breast	6/15/2013	Piranhas Summer Kick-Off Meet		
47.51 L	P	50 Breast	7/19/2013	2013 Adirondack Long Course District Champion		
1:28.52 Y	P	100 Breast	3/10/2013	AD Gold Short Course Championships		
1:42.55 S	F	100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon		
1:45.14 L	F	100 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational		

Individual Top Times

Time	P/F/S	Event			
Brogan Monroe (12) W					
					UN-AD
3:23.59	Y	F	200 Breast	3/1/2013	AD Silver Short Course Championships
3:42.76	L	F	200 Breast	7/19/2013	2013 Adirondack Long Course District Champion
37.37	Y	F	50 Fly	3/1/2013	AD Silver Short Course Championships
45.24	L	F	50 Fly	6/8/2013	Clinton Cudas Colgate Classic Invitational
1:38.55	Y	F	100 Fly	1/12/2013	Chris Goody IMX Challenge
1:50.15	S	F	100 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:23.21	Y	F	100 IM	3/1/2013	AD Silver Short Course Championships
1:30.37	S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon
2:57.40	Y	F	200 IM	2/23/2013	Cabin Fever Invitational
3:28.48	L	F	200 IM	6/8/2013	Clinton Cudas Colgate Classic Invitational
Anastacia Montalvo (12) W					
					AMST-AD
35.81	Y	F	50 Free	2/9/2013	Central Valley Swim League Championships
1:25.03	Y	F	100 Free	3/1/2013	AD Silver Short Course Championships
41.29	Y	F	50 Back	12/2/2012	December Super Splash 2012
1:29.76	Y	F	100 Back	12/1/2012	Central Valley Swim League Quad Meet
46.70	Y	F	50 Breast	2/9/2013	Central Valley Swim League Championships
1:43.25	Y	F	100 Breast	12/1/2012	Central Valley Swim League Quad Meet
42.38	Y	F	50 Fly	2/9/2013	Central Valley Swim League Championships
3:31.28	Y	F	200 IM	3/1/2013	AD Silver Short Course Championships
Nicholas Mooney (17) M					
					GCAT-AD
29.41	L	F	50 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational
29.88	S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:22.07	S	F	100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:20.28	S	F	100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon
3:02.63	L	F	200 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational
1:22.90	S	F	100 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:17.60	S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon
2:56.72	L	F	200 IM	6/8/2013	Clinton Cudas Colgate Classic Invitational
Jackson Moore (8) M					
					BENN-AD
28.41	Y	F	25 Free	11/17/2012	Harvest Invitational
1:01.52	Y	F	50 Free	12/15/2012	Sharks 12&Under Mini-Meet
35.13	Y	F	25 Back	12/15/2012	Sharks 12&Under Mini-Meet
Luke Moore (11) M					
					WAVE-AD
41.50	Y	F	50 Free	11/10/2012	Pilgrims Pride
1:34.79	Y	F	100 Free	11/10/2012	Pilgrims Pride
50.88	Y	F	50 Back	11/10/2012	Pilgrims Pride
49.38	Y	F	50 Breast	11/10/2012	Pilgrims Pride
Lauren Moran (10) W					
					SCHE-AD
46.55	Y	F	50 Free	2/23/2013	Cabin Fever Invitational
1:44.85	Y	F	100 Free	2/3/2013	Delmar Dolphins February Freeze Invitational
52.50	Y	F	50 Back	2/3/2013	Delmar Dolphins February Freeze Invitational
1:50.65	Y	F	100 Back	3/1/2013	AD Silver Short Course Championships
52.50	Y	F	50 Breast	3/1/2013	AD Silver Short Course Championships
49.93	Y	F	50 Fly	3/1/2013	AD Silver Short Course Championships
1:50.31	Y	F	100 IM	3/1/2013	AD Silver Short Course Championships
Kristen Moras (17) W					
					UN-AD
2:14.18	Y	P	200 Free	11/1/2012	Girls Sec II Division I Champ
1:04.40	Y	F	100 Back	11/1/2012	Girls Sec II Division I Champ
Ashlynn Moretti (11) W					
					SSAC-AD
40.57	Y	F	50 Free	11/10/2012	Pilgrims Pride
1:31.81	Y	F	100 Free	11/10/2012	Pilgrims Pride
46.34	Y	F	50 Back	11/10/2012	Pilgrims Pride
50.46	Y	F	50 Breast	11/10/2012	Pilgrims Pride
Hailey Morgan (12) W					
					RAVE-AD
28.94	Y	F	50 Free	3/10/2013	AD Gold Short Course Championships
32.68	L	F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion
1:04.11	Y	F	100 Free	11/10/2012	Pilgrims Pride
1:11.71	L	F	100 Free	7/19/2013	2013 Adirondack Long Course District Champion
2:21.03	Y	F	200 Free	10/21/2012	2012 Trick or Treat Meet

Individual Top Times

Time	P/F/S	Event			
Hailey Morgan (12) W					
					RAVE-AD
2:42.77	L	P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion
6:34.64	Y	F	500 Free	3/10/2013	AD Gold Short Course Championships
33.67	Y	F	50 Back	1/25/2013	Hawks Trials And Finals 2013
1:12.79	Y	F	100 Back	2/3/2013	Delmar Dolphins February Freeze Invitational
1:25.54	L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion
3:02.05	L	F	200 Back	7/19/2013	2013 Adirondack Long Course District Champion
41.09	Y	F	50 Breast	10/20/2012	Ravena Autumn Breeze 2012
1:30.80	Y	F	100 Breast	1/12/2013	Chris Goody IMX Challenge
1:45.84	L	F	100 Breast	7/12/2013	Hawks Summer Invitational 2013
32.59	Y	F	50 Fly	1/25/2013	Hawks Trials And Finals 2013
36.96	L	F	50 Fly	7/12/2013	Hawks Summer Invitational 2013
1:12.21	Y	F	100 Fly	3/10/2013	AD Gold Short Course Championships
1:25.89	L	F	100 Fly	7/12/2013	Hawks Summer Invitational 2013
3:18.82	L	F	200 Fly	7/19/2013	2013 Adirondack Long Course District Champion
1:14.08	Y	P	100 IM	3/10/2013	AD Gold Short Course Championships
2:38.16	Y	F	200 IM	3/10/2013	AD Gold Short Course Championships
3:02.09	L	P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion
Elizabeth Morgan (13) W					
					SCHE-AD
27.82	Y	P	50 Free	3/10/2013	AD Gold Short Course Championships
1:01.02	Y	P	100 Free	3/10/2013	AD Gold Short Course Championships
2:10.78	Y	P	200 Free	3/10/2013	AD Gold Short Course Championships
5:59.86	Y	F	500 Free	2/23/2013	Cabin Fever Invitational
1:06.67	Y	P	100 Back	3/10/2013	AD Gold Short Course Championships
2:21.47	Y	F	200 Back	3/10/2013	AD Gold Short Course Championships
38.33	Y	F	50 Breast	10/21/2012	2012 Trick or Treat Meet
1:22.39	Y	F	100 Breast	2/10/2013	2013 Piranhas Pentathlon
30.76	Y	F	50 Fly	10/21/2012	2012 Trick or Treat Meet
1:07.17	Y	P	100 Fly	3/10/2013	AD Gold Short Course Championships
1:10.64	Y	F	100 IM	10/21/2012	2012 Trick or Treat Meet
2:27.31	Y	P	200 IM	3/10/2013	AD Gold Short Course Championships
5:10.22	Y	F	400 IM	3/10/2013	AD Gold Short Course Championships
Stephanie Morgan (16) W					
					SCHE-AD
29.03	Y	F	50 Free	3/1/2013	AD Silver Short Course Championships
2:11.23	Y	F	200 Free	3/1/2013	AD Silver Short Course Championships
5:43.87	Y	F	500 Free	3/1/2013	AD Silver Short Course Championships
12:10.44	Y	F	1000 Free	12/2/2012	December Super Splash 2012
20:11.04	Y	F	1650 Free	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS
1:10.25	Y	F	100 Back	12/2/2012	December Super Splash 2012
2:27.71	Y	F	200 Back	3/1/2013	AD Silver Short Course Championships
1:15.19	Y	F	100 Fly	2/10/2013	2013 Piranhas Pentathlon
2:53.76	Y	F	200 Fly	1/12/2013	Chris Goody IMX Challenge
Shannon Morgello (12) W					
					BENN-AD
41.24	Y	F	50 Free	2/23/2013	Cabin Fever Invitational
50.04	Y	F	50 Back	2/23/2013	Cabin Fever Invitational
55.85	Y	F	50 Breast	3/1/2013	AD Silver Short Course Championships
58.29	Y	F	50 Fly	3/1/2013	AD Silver Short Course Championships
1:53.32	Y	F	100 IM	2/23/2013	Cabin Fever Invitational
Emily Morra (16) W					
					ALBS-AD
34.24	S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:30.37	S	F	100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:34.35	S	F	100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon
Jackson Morrell (13) M					
					CPP-AD
31.04	Y	F	50 Free	3/1/2013	AD Silver Short Course Championships
1:07.93	Y	F	100 Free	3/1/2013	AD Silver Short Course Championships
1:22.55	Y	F	100 Back	3/1/2013	AD Silver Short Course Championships
3:00.54	Y	F	200 Back	3/1/2013	AD Silver Short Course Championships
1:33.29	Y	F	100 Breast	3/1/2013	AD Silver Short Course Championships
3:20.68	Y	F	200 Breast	3/1/2013	AD Silver Short Course Championships
1:15.69	Y	F	100 Fly	3/1/2013	AD Silver Short Course Championships

Individual Top Times

Time	P/F/S	Event			
Jackson Morrell (13) M					
2:55.85 Y	F	200 IM	3/1/2013	AD Silver Short Course Championships	CPP-AD
Leland Morris (14) M					
28.91 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	CLRK-AD
1:11.59 Y	F	100 Free	2/9/2013	Central Valley Swim League Championships	
2:53.41 Y	F	200 Free	1/26/2013	Central Valley Swim Meet Quad Meet	
3:17.15 Y	F	200 Back	1/26/2013	Central Valley Swim Meet Quad Meet	
1:30.14 Y	F	100 Breast	2/9/2013	Central Valley Swim League Championships	
3:30.21 Y	F	200 Breast	1/4/2013	2013 Starfish Trophy Invitational	
1:25.81 Y	F	100 Fly	2/9/2013	Central Valley Swim League Championships	
3:03.75 Y	F	200 IM	12/1/2012	Central Valley Swim League Quad Meet	
Annabelle Morrison (11) W					
33.30 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	SCHE-AD
1:13.21 Y	F	100 Free	12/2/2012	December Super Splash 2012	
2:38.93 Y	F	200 Free	11/17/2012	Harvest Invitational	
7:01.61 Y	F	500 Free	1/12/2013	Chris Goody IMX Challenge	
39.55 Y	F	50 Back	2/23/2013	Cabin Fever Invitational	
1:25.30 Y	F	100 Back	3/1/2013	AD Silver Short Course Championships	
3:00.08 Y	F	200 Back	1/12/2013	Chris Goody IMX Challenge	
42.30 Y	F	50 Breast	11/17/2012	Harvest Invitational	
1:35.90 Y	F	100 Breast	3/1/2013	AD Silver Short Course Championships	
35.97 Y	F	50 Fly	2/23/2013	Cabin Fever Invitational	
1:26.98 Y	F	100 Fly	3/1/2013	AD Silver Short Course Championships	
1:21.50 Y	F	100 IM	12/2/2012	December Super Splash 2012	
2:54.12 Y	F	200 IM	1/12/2013	Chris Goody IMX Challenge	
Julia Morrissey (12) W					
37.95 Y	F	50 Free	2/10/2013	2013 Piranhas Pentathlon	ALBS-AD
1:26.54 Y	F	100 Free	1/27/2013	Thoroughbred Splash 2013	
41.51 Y	F	50 Back	12/2/2012	December Super Splash 2012	
44.99 Y	F	50 Breast	2/10/2013	2013 Piranhas Pentathlon	
44.30 Y	F	50 Fly	1/27/2013	Thoroughbred Splash 2013	
1:33.42 Y	F	100 IM	2/10/2013	2013 Piranhas Pentathlon	
Olivia Morrissey (7) W					
27.28 Y	F	25 Free	12/15/2012	Sharks 12&Under Mini-Meet	ALBS-AD
1:00.11 Y	F	50 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
27.88 Y	F	25 Back	12/15/2012	Sharks 12&Under Mini-Meet	
1:09.35 Y	F	50 Back	2/10/2013	2013 Piranhas Pentathlon	
Taya Morris (12) W					
30.27 Y	P	50 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	UN-AD
1:14.63 Y	F	100 Free	11/17/2012	Harvest Invitational	
2:33.86 Y	F	200 Free	2/22/2013	North Country League Meet	
38.00 Y	F	50 Back	1/4/2013	2013 Starfish Trophy Invitational	
45.17 Y	F	50 Breast	2/9/2013	North Country YMCA Swim League 2013 Champions	
37.11 Y	F	50 Fly	2/22/2013	North Country League Meet	
Natalie Morse (14) W					
27.80 Y	P	50 Free	3/10/2013	AD Gold Short Course Championships	SCHE-AD
30.85 L	F	50 Free	7/6/2013	Sharks Summer Invite	
58.32 Y	P	100 Free	3/10/2013	AD Gold Short Course Championships	
1:05.22 L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:03.78 Y	F	200 Free	3/10/2013	AD Gold Short Course Championships	
2:23.04 L	P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:11.90 Y	F	100 Back	10/21/2012	2012 Trick or Treat Meet	
1:20.80 L	F	100 Back	7/6/2013	Sharks Summer Invite	
2:29.89 Y	F	200 Back	1/12/2013	Chris Goody IMX Challenge	
2:50.59 L	F	200 Back	7/6/2013	Sharks Summer Invite	
37.79 L	F	50 Breast	6/1/2013	2013 NE MTSC June 1st Meet	
37.79 L	F	50 Breast	6/1/2013	2013 NE MTSC June 1st Meet	
1:17.70 L	F	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
2:50.83 L	F	200 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
1:10.23 L	P	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	

Individual Top Times

Time	P/F/S	Event			
Natalie Morse (14) W					
2:35.43	L	F	200	Fly	7/19/2013 2013 Adirondack Long Course District Champion
2:17.03	Y	F	200	IM	3/10/2013 AD Gold Short Course Championships
2:35.54	L	P	200	IM	7/19/2013 2013 Adirondack Long Course District Champion
5:27.21	L	F	400	IM	7/19/2013 2013 Adirondack Long Course District Champion
Carter Morton (8) M					
21.73	Y	F	25	Free	10/21/2012 2012 Trick or Treat Meet
47.03	Y	F	50	Free	10/21/2012 2012 Trick or Treat Meet
24.58	Y	F	25	Back	11/17/2012 Harvest Invitational
54.58	Y	F	50	Back	2/10/2013 2013 Piranhas Pentathlon
Anne Moruzzi (13) W					
1:04.23	Y L	F	100	Free	2/9/2013 North Country YMCA Swim League 2013 Champions
1:12.46	L	F	100	Free	7/12/2013 Hawks Summer Invitational 2013
2:10.34	Y	F	200	Free	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
2:35.15	L	F	200	Free	7/12/2013 Hawks Summer Invitational 2013
5:17.99	L	F	400	Free	7/12/2013 Hawks Summer Invitational 2013
5:45.24	Y	F	500	Free	3/28/2013 2013 Eastern Zone SC Swimming Championships
20:38.16	Y	F	1650	Free	12/9/2012 Piranhas December Distance Invite
33.33	Y L	F	50	Back	1/27/2013 North Country League Meet
1:10.07	Y	F	100	Back	3/3/2013 North Country League Meet
1:23.66	L L	F	100	Back	7/12/2013 Hawks Summer Invitational 2013
2:24.09	Y	F	200	Back	2/9/2013 North Country YMCA Swim League 2013 Champions
38.12	Y	F	50	Breast	2/3/2013 Delmar Dolphins February Freeze Invitational
1:19.91	Y	F	100	Breast	2/22/2013 North Country League Meet
1:35.18	L	F	100	Breast	7/12/2013 Hawks Summer Invitational 2013
2:45.05	Y	F	200	Breast	1/12/2013 Chris Goody IMX Challenge
3:16.30	L	F	200	Breast	7/12/2013 Hawks Summer Invitational 2013
35.63	Y	F	50	Fly	10/21/2012 2012 Trick or Treat Meet
1:11.83	Y	F	100	Fly	3/3/2013 North Country League Meet
1:24.84	L	F	100	Fly	7/12/2013 Hawks Summer Invitational 2013
2:34.67	Y	F	200	Fly	1/12/2013 Chris Goody IMX Challenge
2:25.75	Y	P	200	IM	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
2:54.91	L	F	200	IM	7/12/2013 Hawks Summer Invitational 2013
5:18.93	Y	F	400	IM	12/2/2012 December Super Splash 2012
Samantha Moruzzi (15) W					
58.69	Y L	F	100	Free	2/15/2013 AD 2013 REGION 1 CHAMPIONSHIPS
1:08.20	L	F	100	Free	7/12/2013 Hawks Summer Invitational 2013
2:04.11	Y	P	200	Free	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
2:25.89	L	F	200	Free	7/12/2013 Hawks Summer Invitational 2013
5:26.99	Y	F	500	Free	1/12/2013 Chris Goody IMX Challenge
11:21.85	Y	F	1000	Free	1/27/2013 North Country League Meet
19:46.25	L	F	1500	Free	7/12/2013 Hawks Summer Invitational 2013
18:59.59	Y	F	1650	Free	1/4/2013 2013 Starfish Trophy Invitational
32.56	Y L	F	50	Back	2/9/2013 North Country YMCA Swim League 2013 Champions
1:06.78	Y	P	100	Back	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
1:18.73	L	F	100	Back	7/12/2013 Hawks Summer Invitational 2013
2:17.64	Y	F	200	Back	2/22/2013 North Country League Meet
1:20.07	Y	F	100	Breast	11/10/2012 Pilgrims Pride
1:31.73	L	F	100	Breast	7/12/2013 Hawks Summer Invitational 2013
2:47.65	Y	F	200	Breast	1/12/2013 Chris Goody IMX Challenge
3:16.72	L	F	200	Breast	7/12/2013 Hawks Summer Invitational 2013
2:25.15	Y	F	200	IM	1/12/2013 Chris Goody IMX Challenge
2:45.76	L	F	200	IM	7/12/2013 Hawks Summer Invitational 2013
5:05.21	Y	F	400	IM	1/12/2013 Chris Goody IMX Challenge
John Mosier (15) M					
28.66	L	F	50	Free	7/12/2013 Hawks Summer Invitational 2013
1:00.80	L	F	100	Free	7/12/2013 Hawks Summer Invitational 2013
1:59.55	Y	P	200	Free	2/15/2013 AD 2013 REGION 1 CHAMPIONSHIPS
2:17.24	L	F	200	Free	6/8/2013 Clinton Cudas Colgate Classic Invitational
4:53.89	L	F	400	Free	7/12/2013 Hawks Summer Invitational 2013
5:21.45	Y	F	500	Free	1/12/2013 Chris Goody IMX Challenge

SCHE-AD

CPP-AD

SSCY-AD

SSCY-AD

EELS-AD

Individual Top Times

Time	P/F/S	Event			
John Mosier (15) M			EELS-AD		
11:14.03	Y F	1000 Free	3/28/2013	2013 Eastern Zone SC Swimming Championships	
18:47.89	Y F	1650 Free	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS	
1:12.63	L F	100 Back	7/12/2013	Hawks Summer Invitational 2013	
2:36.17	L P	200 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:15.25	L F	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
2:24.92	Y F	200 Breast	3/10/2013	AD Gold Short Course Championships	
2:51.69	L P	200 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
56.78	Y F	100 Fly	3/28/2013	2013 Eastern Zone SC Swimming Championships	
1:04.80	L F	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
2:29.71	L F	200 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
2:23.44	L F	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
5:19.67	L F	400 IM	7/19/2013	2013 Adirondack Long Course District Champion	
Madysen Moss (8) W			USAM-AD		
20.91	Y F	25 Free	3/1/2013	AD Silver Short Course Championships	
43.37	Y F	50 Free	2/23/2013	Cabin Fever Invitational	
1:49.46	Y F	100 Free	3/1/2013	AD Silver Short Course Championships	
23.95	Y F	25 Back	11/17/2012	Harvest Invitational	
50.64	Y F	50 Back	3/1/2013	AD Silver Short Course Championships	
36.45	Y F	25 Breast	2/23/2013	Cabin Fever Invitational	
26.96	Y F	25 Fly	2/23/2013	Cabin Fever Invitational	
Vanessa Moss (13) W			ALBS-AD		
32.01	Y F	50 Free	2/10/2013	2013 Piranhas Pentathlon	
35.70	L P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
35.93	S F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:11.06	Y F	100 Free	1/27/2013	Thoroughbred Splash 2013	
1:18.79	L P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:49.47	L P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
36.86	Y F	50 Back	2/10/2013	2013 Piranhas Pentathlon	
1:22.35	Y F	100 Back	3/1/2013	AD Silver Short Course Championships	
1:32.53	S F	100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
3:16.06	L P	200 Back	7/19/2013	2013 Adirondack Long Course District Champion	
40.98	Y P	50 Breast	3/10/2013	AD Gold Short Course Championships	
1:32.33	Y F	100 Breast	3/1/2013	AD Silver Short Course Championships	
1:45.14	S F	100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
3:41.37	L P	200 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
35.79	Y F	50 Fly	3/1/2013	AD Silver Short Course Championships	
1:27.44	Y F	100 Fly	1/4/2013	2013 Starfish Trophy Invitational	
1:38.42	S F	100 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:22.36	Y F	100 IM	2/10/2013	2013 Piranhas Pentathlon	
1:33.46	S F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
Allison Moulton (16) W			CLIN-AD		
28.17	Y F	50 Free	3/1/2013	AD Silver Short Course Championships	
32.49	L P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:00.95	Y F	100 Free	3/1/2013	AD Silver Short Course Championships	
1:11.28	L F	100 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
2:15.38	Y F	200 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
2:37.12	L P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
5:36.85	L F	400 Free	7/19/2013	2013 Adirondack Long Course District Champion	
6:15.71	Y F	500 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:12.12	Y F	100 Back	3/1/2013	AD Silver Short Course Championships	
2:40.34	Y F	200 Back	1/4/2013	2013 Starfish Trophy Invitational	
3:02.21	L F	200 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:09.96	Y F	100 Fly	11/1/2012	2012 NI - Ob - Section 3 Class A-B-C Champs 2	
1:21.69	L P	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
2:45.12	Y F	200 Fly	1/4/2013	2013 Starfish Trophy Invitational	
2:37.43	Y F	200 IM	1/4/2013	2013 Starfish Trophy Invitational	
2:55.57	L P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
6:23.92	L F	400 IM	7/19/2013	2013 Adirondack Long Course District Champion	
Cecelia Mowrey (14) W			GLOY-AD		
1:01.30	Y F	100 Free	1/20/2013	Foothills Inv	

Individual Top Times

Time	P/F/S	Event			
Cecelia Mowrey (14) W					
GLOY-AD					
2:07.30	Y	P	200	Free	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
5:39.23	Y	F	500	Free	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
32.28	Y	F	50	Back	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
2:19.97	Y	P	200	IM	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
Dylan Moyer (17) M					
CLIN-AD					
24.57	Y	P	50	Free	3/10/2013 AD Gold Short Course Championships
28.60	L	F	50	Free	7/6/2013 Sharks Summer Invite
52.71	Y	P	100	Free	3/10/2013 AD Gold Short Course Championships
1:03.51	L	P	100	Free	7/19/2013 2013 Adirondack Long Course District Champion
1:58.52	Y	P	200	Free	2/15/2013 AD 2013 REGION 1 CHAMPIONSHIPS
2:19.59	L	F	200	Free	7/6/2013 Sharks Summer Invite
5:04.81	L	F	400	Free	7/6/2013 Sharks Summer Invite
1:08.25	Y	F	100	Back	1/4/2013 2013 Starfish Trophy Invitational
1:20.21	L	F	100	Back	6/8/2013 Clinton Cudas Colgate Classic Invitational
2:44.99	L	P	200	Back	7/19/2013 2013 Adirondack Long Course District Champion
1:09.46	L	F	100	Breast	3/21/2013 2013 NI - EZ North Region Speedo Ch
2:12.22	Y	F	200	Breast	3/10/2013 AD Gold Short Course Championships
2:36.07	L	F	200	Breast	3/21/2013 2013 NI - Speedo Champions Series-Time Trials
1:01.61	Y	F	100	Fly	1/4/2013 2013 Starfish Trophy Invitational
1:08.90	L	F	100	Fly	7/6/2013 Sharks Summer Invite
2:24.11	L	P	200	IM	3/21/2013 2013 NI - EZ North Region Speedo Ch
4:41.89	Y	P	400	IM	2/15/2013 AD 2013 REGION 1 CHAMPIONSHIPS
5:14.95	L	P	400	IM	3/21/2013 2013 NI - EZ North Region Speedo Ch
Elyse Muder (14) W					
CLIN-AD					
30.50	Y	F	50	Free	2/3/2013 Delmar Dolphins February Freeze Invitational
34.30	L	F	50	Free	6/8/2013 Clinton Cudas Colgate Classic Invitational
1:06.68	Y	F	100	Free	11/17/2012 Harvest Invitational
1:15.29	L	F	100	Free	6/8/2013 Clinton Cudas Colgate Classic Invitational
2:24.21	Y	F	200	Free	11/17/2012 Harvest Invitational
2:47.66	L	F	200	Free	7/6/2013 Sharks Summer Invite
6:34.42	Y	F	500	Free	11/17/2012 Harvest Invitational
1:20.37	Y	F	100	Back	2/3/2013 Delmar Dolphins February Freeze Invitational
1:35.01	L	P	100	Back	7/19/2013 2013 Adirondack Long Course District Champion
2:49.90	Y	F	200	Back	1/4/2013 2013 Starfish Trophy Invitational
1:17.82	Y	P	100	Breast	3/10/2013 AD Gold Short Course Championships
1:33.87	L	F	100	Breast	6/8/2013 Clinton Cudas Colgate Classic Invitational
2:49.82	Y	P	200	Breast	3/10/2013 AD Gold Short Course Championships
3:18.52	L	F	200	Breast	7/6/2013 Sharks Summer Invite
1:14.83	Y	F	100	Fly	1/4/2013 2013 Starfish Trophy Invitational
1:27.12	L	F	100	Fly	6/8/2013 Clinton Cudas Colgate Classic Invitational
1:27.12	L	P	100	Fly	7/19/2013 2013 Adirondack Long Course District Champion
2:41.31	Y	F	200	IM	11/1/2012 2012 NI - Ob - Section 3 Class A-B-C Champs 2
3:01.69	L	P	200	IM	7/19/2013 2013 Adirondack Long Course District Champion
Connor Mulholland (13) M					
SCHE-AD					
35.29	Y	F	50	Free	12/15/2012 Sharks 12&Under Mini-Meet
1:17.50	Y	F	100	Free	2/3/2013 Delmar Dolphins February Freeze Invitational
41.87	Y	F	50	Back	2/3/2013 Delmar Dolphins February Freeze Invitational
1:38.68	Y	F	100	Back	11/10/2012 Pilgrims Pride
47.65	Y	F	50	Breast	2/3/2013 Delmar Dolphins February Freeze Invitational
44.64	Y	F	50	Fly	2/3/2013 Delmar Dolphins February Freeze Invitational
1:30.17	Y	F	100	IM	12/15/2012 Sharks 12&Under Mini-Meet
Amalia Mulinio (11) W					
USAM-AD					
40.06	Y	F	50	Free	11/10/2012 Pilgrims Pride
1:32.77	Y	F	100	Free	10/21/2012 2012 Trick or Treat Meet
48.69	Y	F	50	Back	11/10/2012 Pilgrims Pride
Lauren Murawski (14) W					
BFIN-AD					
29.84	Y	F	50	Free	1/27/2013 Thoroughbred Splash 2013
1:08.56	Y	F	100	Free	1/27/2013 Thoroughbred Splash 2013
1:23.53	Y	F	100	Back	1/27/2013 Thoroughbred Splash 2013

Individual Top Times

Time	P/F/S	Event			
Caroline Murphy (14) W					
HAWK-AD					
25.75	Y L	F	50	Free	3/10/2013 AD Gold Short Course Championships
29.90	L	F	50	Free	3/21/2013 2013 NI - EZ North Region Speedo Ch
59.48	Y	P	100	Free	3/10/2013 AD Gold Short Course Championships
1:07.48	L	F	100	Free	7/12/2013 Hawks Summer Invitational 2013
2:34.16	L	F	200	Free	7/12/2013 Hawks Summer Invitational 2013
30.97	Y L	F	50	Back	1/4/2013 2013 Starfish Trophy Invitational
1:01.16	Y	F	100	Back	11/3/2012 2012 MR OB Section 9 Girls Championships
1:14.24	L	F	100	Back	7/12/2013 Hawks Summer Invitational 2013
2:19.31	Y	F	200	Back	3/10/2013 AD Gold Short Course Championships
2:41.58	L	F	200	Back	7/12/2013 Hawks Summer Invitational 2013
1:16.42	Y	P	100	Breast	3/10/2013 AD Gold Short Course Championships
1:30.70	L	F	100	Breast	7/12/2013 Hawks Summer Invitational 2013
2:50.40	Y	F	200	Breast	1/4/2013 2013 Starfish Trophy Invitational
3:16.21	L	F	200	Breast	7/12/2013 Hawks Summer Invitational 2013
1:17.31	Y	F	100	Fly	1/4/2013 2013 Starfish Trophy Invitational
1:30.77	L	F	100	Fly	7/12/2013 Hawks Summer Invitational 2013
2:51.15	Y	F	200	Fly	1/4/2013 2013 Starfish Trophy Invitational
2:27.12	Y	P	200	IM	3/10/2013 AD Gold Short Course Championships
2:49.82	L	F	200	IM	7/12/2013 Hawks Summer Invitational 2013
6:14.62	L	F	400	IM	7/12/2013 Hawks Summer Invitational 2013
Christopher Murphy (8) M					
CANA-AD					
25.60	Y	F	25	Free	1/20/2013 Foothills Inv
55.06	Y	F	50	Free	1/20/2013 Foothills Inv
2:10.32	Y	F	100	Free	1/20/2013 Foothills Inv
30.43	Y	F	25	Back	12/1/2012 Central Valley Swim League Quad Meet
1:05.70	Y	F	50	Back	2/23/2013 Cabin Fever Invitational
40.20	Y	F	25	Fly	1/20/2013 Foothills Inv
Emily Murphy (13) W					
SCHE-AD					
32.05	L	P	50	Free	7/19/2013 2013 Adirondack Long Course District Champion
1:06.34	Y	F	100	Free	2/10/2013 2013 Piranhas Pentathlon
1:13.36	L	F	100	Free	7/6/2013 Sharks Summer Invite
2:41.82	L	P	200	Free	7/19/2013 2013 Adirondack Long Course District Champion
39.34	Y	F	50	Back	12/2/2012 December Super Splash 2012
1:24.98	L	F	100	Back	7/6/2013 Sharks Summer Invite
2:59.32	L	P	200	Back	7/19/2013 2013 Adirondack Long Course District Champion
3:00.90	Y	F	200	Back	1/12/2013 Chris Goody IMX Challenge
39.40	Y	F	50	Breast	12/15/2012 Sharks 12&Under Mini-Meet
1:36.12	L	F	100	Breast	7/6/2013 Sharks Summer Invite
35.95	Y	F	50	Fly	12/15/2012 Sharks 12&Under Mini-Meet
1:21.05	Y	F	100	Fly	2/10/2013 2013 Piranhas Pentathlon
1:21.44	Y	F	100	IM	11/17/2012 Harvest Invitational
2:59.17	L	F	200	IM	7/6/2013 Sharks Summer Invite
Gianna Marie Murphy (8) W					
CANA-AD					
27.31	Y	F	25	Free	1/12/2013 Canajoharie Developmental Meet
1:09.33	Y	F	50	Free	12/15/2012 Central Valley Swim League Quad Meet
29.14	Y	F	25	Back	12/1/2012 Central Valley Swim League Quad Meet
1:08.88	Y	F	50	Back	1/26/2013 Central Valley Swim Meet Quad Meet
1:01.63	Y	F	25	Breast	1/20/2013 Foothills Inv
Kelsey Murphy (13) W					
CPP-AD					
34.61	Y	F	50	Free	2/3/2013 Delmar Dolphins February Freeze Invitational
1:22.04	Y	F	100	Free	2/3/2013 Delmar Dolphins February Freeze Invitational
3:08.35	Y	F	200	Free	2/3/2013 Delmar Dolphins February Freeze Invitational
1:43.45	Y	F	100	Back	1/4/2013 2013 Starfish Trophy Invitational
3:46.62	Y	F	200	Back	1/4/2013 2013 Starfish Trophy Invitational
1:53.68	Y	F	100	Breast	11/10/2012 Pilgrims Pride
4:01.24	Y	F	200	Breast	12/9/2012 Piranhas December Distance Invite
1:55.61	Y	F	100	Fly	2/10/2013 2013 Piranhas Pentathlon
Meghan Murphy (15) W					
BSPA-AD					
35.36	Y	F	50	Free	11/17/2012 Harvest Invitational

Individual Top Times

Time	P/F/S	Event				
Meghan Murphy (15) W						
1:21.46	Y	F	100	Free	11/17/2012	Harvest Invitational
1:29.62	Y	F	100	Back	2/23/2013	Cabin Fever Invitational
1:43.00	Y	F	100	Breast	10/6/2012	SHENENDEHOWA GIRLS SWIMMING &
Nicole Murphy (13) W						
34.10	Y	F	50	Free	1/27/2013	Thoroughbred Splash 2013
35.46	L	F	50	Free	7/6/2013	Sharks Summer Invite
1:22.93	L	F	100	Free	7/6/2013	Sharks Summer Invite
1:24.44	Y	F	100	Free	1/27/2013	Thoroughbred Splash 2013
1:33.96	Y	F	100	Back	1/27/2013	Thoroughbred Splash 2013
1:36.42	L	F	100	Back	7/6/2013	Sharks Summer Invite
3:23.88	L	F	200	Back	7/6/2013	Sharks Summer Invite
43.32	Y	F	50	Breast	11/10/2012	Pilgrims Pride
1:32.98	Y	F	100	Breast	1/27/2013	Thoroughbred Splash 2013
1:39.35	L	F	100	Breast	7/6/2013	Sharks Summer Invite
3:34.56	L	P	200	IM	7/19/2013	2013 Adirondack Long Course District Champion
Patrick Murphy (11) M						
30.45	Y	F	50	Free	3/10/2013	AD Gold Short Course Championships
1:10.67	Y	F	100	Free	3/10/2013	AD Gold Short Course Championships
1:17.34	L	F	100	Free	7/12/2013	Hawks Summer Invitational 2013
2:43.43	Y	P	200	Free	12/6/2012	2012 NE NSSC MIT Invite
3:04.33	L	F	200	Free	7/12/2013	Hawks Summer Invitational 2013
35.63	Y L	F	50	Back	3/10/2013	AD Gold Short Course Championships
1:18.33	Y	F	100	Back	3/10/2013	AD Gold Short Course Championships
1:31.21	L	F	100	Back	7/12/2013	Hawks Summer Invitational 2013
41.68	Y	F	50	Breast	12/6/2012	2012 NE NSSC MIT Invite
48.80	L	F	50	Breast	7/12/2013	Hawks Summer Invitational 2013
1:32.30	Y	F	100	Breast	3/10/2013	AD Gold Short Course Championships
1:48.22	L	F	100	Breast	7/12/2013	Hawks Summer Invitational 2013
38.78	Y	F	50	Fly	3/10/2013	AD Gold Short Course Championships
46.48	L	F	50	Fly	7/12/2013	Hawks Summer Invitational 2013
1:39.90	Y	F	100	Fly	1/4/2013	2013 Starfish Trophy Invitational
1:55.69	L	F	100	Fly	7/12/2013	Hawks Summer Invitational 2013
1:17.64	Y	F	100	IM	3/10/2013	AD Gold Short Course Championships
3:06.53	Y	F	200	IM	1/25/2013	Hawks Trials And Finals 2013
3:28.13	L	F	200	IM	7/12/2013	Hawks Summer Invitational 2013
Robert Murphy (19) M						
25.62	Y	F	50	Free	2/23/2013	Cabin Fever Invitational
55.47	Y	F	100	Free	11/17/2012	Harvest Invitational
1:10.20	Y	F	100	Back	11/17/2012	Harvest Invitational
1:08.21	Y	F	100	Fly	2/23/2013	Cabin Fever Invitational
2:27.69	Y	F	200	IM	11/17/2012	Harvest Invitational
Taylor Murphy (14) W						
29.32	Y	F	50	Free	11/17/2012	Harvest Invitational
1:06.71	Y	F	100	Free	10/21/2012	2012 Trick or Treat Meet
6:40.02	Y	F	500	Free	10/21/2012	2012 Trick or Treat Meet
1:27.00	Y	F	100	Breast	11/17/2012	Harvest Invitational
1:21.44	Y	F	100	Fly	10/21/2012	2012 Trick or Treat Meet
2:48.28	Y	F	200	IM	10/21/2012	2012 Trick or Treat Meet
Alexandria Murray (9) W						
20.62	Y	F	25	Free	11/4/2012	Hometown Splashdown
44.95	Y	F	50	Free	12/2/2012	December Super Splash 2012
22.44	Y	F	25	Back	12/2/2012	December Super Splash 2012
Shea Murray (11) W						
41.67	Y	F	50	Free	12/2/2012	December Super Splash 2012
46.79	Y	F	50	Back	11/4/2012	Hometown Splashdown
50.96	Y	F	50	Breast	12/2/2012	December Super Splash 2012
Sophia Murray (9) W						
46.36	Y	F	50	Free	1/12/2013	Canajoharie Developmental Meet
49.06	Y	F	50	Back	1/12/2013	Canajoharie Developmental Meet

BSPA-AD

SARY-AD

HAWK-AD

BENN-AD

SCHE-AD

GRGF-AD

GRGF-AD

NHA-AD

Individual Top Times

Time	P/F/S	Event				
Jocelyn Mussmacher (12) W						
						GLOY-AD
39.22 Y	F	50 Free	2/23/2013	Cabin Fever Invitational		
1:34.46 Y	F	100 Free	1/20/2013	Foothills Inv		
54.43 Y	F	50 Breast	1/20/2013	Foothills Inv		
50.30 Y	F	50 Fly	2/23/2013	Cabin Fever Invitational		
Savannah Mussmacher (16) W						
						GLOY-AD
31.42 Y	F	50 Free	2/23/2013	Cabin Fever Invitational		
1:09.25 Y	F	100 Free	2/9/2013	North Country YMCA Swim League 2013 Champions		
2:29.74 Y	F	200 Free	2/9/2013	North Country YMCA Swim League 2013 Champions		
6:51.52 Y	F	500 Free	1/20/2013	Foothills Inv		
1:22.00 Y	F	100 Back	1/20/2013	Foothills Inv		
Peyton Myers (11) W						
						TBS-AD
41.22 Y	F	50 Free	3/2/2013	2013 NI - METS - Meet the Flintstones		
1:32.34 Y	F	100 Free	3/2/2013	2013 NI - METS - Meet the Flintstones		
45.47 Y	F	50 Breast	3/2/2013	2013 NI - METS - Meet the Flintstones		
Elizabeth Nagy (8) W						
						DELM-AD
28.63 Y	F	25 Free	10/20/2012	Ravena Autumn Breeze 2012		
32.20 Y	F	25 Breast	10/20/2012	Ravena Autumn Breeze 2012		
Katherine Nagy (8) W						
						DELM-AD
24.33 Y	F	25 Free	10/20/2012	Ravena Autumn Breeze 2012		
33.89 Y	F	25 Breast	10/20/2012	Ravena Autumn Breeze 2012		
Twyla Nastasia (12) W						
						SSCY-AD
28.52 Y	F	50 Free	1/4/2013	2013 Starfish Trophy Invitational		
28.52 Y	F	50 Free	1/18/2013	CT 2013 Wahoo Winter Invitatio		
31.48 S	F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet		
31.81 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion		
1:01.81 Y	F	100 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship		
1:09.31 S	F	100 Free	6/15/2013	Piranhas Summer Kick-Off Meet		
2:12.86 Y	F	200 Free	1/18/2013	CT 2013 Wahoo Winter Invitatio		
5:58.01 Y	F	500 Free	12/9/2012	Piranhas December Distance Invite		
32.39 Y	F	50 Back	2/22/2013	North Country League Meet		
36.89 S	F	50 Back	6/15/2013	Piranhas Summer Kick-Off Meet		
38.04 L	F	50 Back	7/19/2013	2013 Adirondack Long Course District Champion		
1:12.01 Y	F	100 Back	1/4/2013	2013 Starfish Trophy Invitational		
2:31.68 Y	F	200 Back	2/9/2013	North Country YMCA Swim League 2013 Champions		
43.76 Y	F	50 Breast	1/4/2013	2013 Starfish Trophy Invitational		
1:38.61 Y	F	100 Breast	1/12/2013	Chris Goody IMX Challenge		
31.47 Y	F	50 Fly	1/27/2013	North Country League Meet		
35.00 L	F	50 Fly	7/19/2013	2013 Adirondack Long Course District Champion		
35.33 S	F	50 Fly	6/15/2013	Piranhas Summer Kick-Off Meet		
1:11.78 Y	F	100 Fly	2/22/2013	North Country League Meet		
1:15.00 Y	F	100 IM	1/4/2013	2013 Starfish Trophy Invitational		
2:41.44 Y	F	200 IM	1/12/2013	Chris Goody IMX Challenge		
3:03.14 L	P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion		
Francine Nastasi (13) W						
						SARY-AD
31.84 Y	F	50 Free	2/23/2013	Cabin Fever Invitational		
1:10.53 Y	F	100 Free	1/27/2013	Thoroughbred Splash 2013		
2:38.74 Y	F	200 Free	2/9/2013	North Country YMCA Swim League 2013 Champions		
39.02 Y	F	50 Back	2/9/2013	North Country YMCA Swim League 2013 Champions		
40.36 Y	F	50 Fly	1/4/2013	2013 Starfish Trophy Invitational		
Isabel Nelson (9) W						
						SCHE-AD
18.33 Y	F	25 Free	12/2/2012	December Super Splash 2012		
36.17 Y	F	50 Free	3/10/2013	AD Gold Short Course Championships		
41.43 L	F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion		
1:21.30 Y	F	100 Free	3/10/2013	AD Gold Short Course Championships		
1:33.74 L	F	100 Free	6/1/2013	2013 NE MTSC June 1st Meet		
1:33.74 L	F	100 Free	6/1/2013	2013 NE MTSC June 1st Meet		
21.92 Y	F	25 Back	12/2/2012	December Super Splash 2012		
45.11 Y	F	50 Back	3/10/2013	AD Gold Short Course Championships		
51.55 L	F	50 Back	7/6/2013	Sharks Summer Invite		

Individual Top Times

Time	P/F/S	Event			
Isabel Nelson (9) W					
SCHE-AD					
1:38.97	Y	F	100	Back	2/23/2013 Cabin Fever Invitational
1:47.70	L	F	100	Back	6/1/2013 2013 NE MTSC June 1st Meet
1:47.70	L	F	100	Back	6/1/2013 2013 NE MTSC June 1st Meet
25.23	Y	F	25	Breast	12/15/2012 Sharks 12&Under Mini-Meet
48.63	Y	F	50	Breast	3/10/2013 AD Gold Short Course Championships
55.44	L	F	50	Breast	7/19/2013 2013 Adirondack Long Course District Champion
2:05.10	L	F	100	Breast	7/6/2013 Sharks Summer Invite
19.19	Y	F	25	Fly	1/27/2013 Thoroughbred Splash 2013
44.39	Y	F	50	Fly	2/3/2013 Delmar Dolphins February Freeze Invitational
48.06	L	F	50	Fly	6/1/2013 2013 NE MTSC June 1st Meet
48.06	L	F	50	Fly	6/1/2013 2013 NE MTSC June 1st Meet
2:00.49	L	F	100	Fly	7/6/2013 Sharks Summer Invite
1:30.54	Y	F	100	IM	3/10/2013 AD Gold Short Course Championships
3:40.93	L	F	200	IM	6/1/2013 2013 NE MTSC June 1st Meet
3:40.93	L	F	200	IM	6/1/2013 2013 NE MTSC June 1st Meet
Lauren Nelson (9) W					
GRGF-AD					
20.14	Y	F	25	Free	2/23/2013 Cabin Fever Invitational
22.10	Y	F	25	Back	2/23/2013 Cabin Fever Invitational
24.04	Y	F	25	Breast	2/23/2013 Cabin Fever Invitational
55.27	Y	F	50	Breast	11/4/2012 Hometown Splashdown
Makenzie Nelson (11) W					
GRGF-AD					
45.20	Y	F	50	Free	2/23/2013 Cabin Fever Invitational
53.38	Y	F	50	Breast	2/23/2013 Cabin Fever Invitational
Olivia Nelson (13) W					
EELS-AD					
30.67	L	P	50	Free	7/19/2013 2013 Adirondack Long Course District Champion
1:08.02	L	F	100	Free	6/8/2013 Clinton Cudas Colgate Classic Invitational
2:17.70	Y	F	200	Free	1/4/2013 2013 Starfish Trophy Invitational
2:32.34	L	F	200	Free	6/8/2013 Clinton Cudas Colgate Classic Invitational
5:36.23	L	F	400	Free	5/3/2013 2013 MR Condors May Meters Matter
6:06.94	Y	F	500	Free	1/12/2013 Chris Goody IMX Challenge
32.87	Y	P	50	Back	12/6/2012 2012 NI - STAR Short Course Invitational
1:18.87	L	P	100	Back	7/19/2013 2013 Adirondack Long Course District Champion
2:28.51	Y	P	200	Back	3/10/2013 AD Gold Short Course Championships
2:39.69	L	F	200	Back	7/19/2013 2013 Adirondack Long Course District Champion
33.04	Y	F	50	Breast	12/6/2012 2012 NI - STAR Short Course Invitational
1:23.67	L	F	100	Breast	7/19/2013 2013 Adirondack Long Course District Champion
2:34.41	Y	F	200	Breast	3/10/2013 AD Gold Short Course Championships
3:01.76	L	P	200	Breast	7/19/2013 2013 Adirondack Long Course District Champion
30.56	Y	F	50	Fly	12/6/2012 2012 NI - STAR Short Course Invitational
1:12.97	Y	P	100	Fly	3/10/2013 AD Gold Short Course Championships
1:17.79	L	P	100	Fly	7/19/2013 2013 Adirondack Long Course District Champion
2:53.08	Y	F	200	Fly	1/4/2013 2013 Starfish Trophy Invitational
1:07.61	Y	F	100	IM	12/6/2012 2012 NI - STAR Short Course Invitational
2:23.44	Y	F	200	IM	3/10/2013 AD Gold Short Course Championships
2:46.28	L	P	200	IM	7/19/2013 2013 Adirondack Long Course District Champion
5:24.58	Y	F	400	IM	1/12/2013 Chris Goody IMX Challenge
Rebecca Nelson (15) W					
EELS-AD					
30.11	L	P	50	Free	7/19/2013 2013 Adirondack Long Course District Champion
1:03.64	L	F	100	Free	7/19/2013 2013 Adirondack Long Course District Champion
2:00.54	Y	P	200	Free	2/15/2013 AD 2013 REGION 1 CHAMPIONSHIPS
2:22.20	L	F	200	Free	5/3/2013 2013 MR Condors May Meters Matter
4:58.02	L	F	400	Free	7/19/2013 2013 Adirondack Long Course District Champion
5:26.70	Y	P	500	Free	2/15/2013 AD 2013 REGION 1 CHAMPIONSHIPS
11:21.30	Y	F	1000	Free	2/15/2013 AD 2013 REGION 1 CHAMPIONSHIPS
29.37	Y L	F	50	Back	3/9/2013 Eastern States League Championships 2013
1:01.93	Y	F	100	Back	3/28/2013 2013 Eastern Zone SC Swimming Championships
1:12.61	L	P	100	Back	7/19/2013 2013 Adirondack Long Course District Champion
2:39.76	L	F	200	Back	6/8/2013 Clinton Cudas Colgate Classic Invitational
1:24.78	L	F	100	Breast	7/19/2013 2013 Adirondack Long Course District Champion
3:03.42	L	F	200	Breast	6/8/2013 Clinton Cudas Colgate Classic Invitational

Individual Top Times

Time	P/F/S	Event			
Rebecca Nelson (15) W					
EELS-AD					
1:07.11	Y	F	100	Fly	1/4/2013 2013 Starfish Trophy Invitational
1:19.13	L	F	100	Fly	6/8/2013 Clinton Cudas Colgate Classic Invitational
2:29.47	Y	F	200	Fly	1/12/2013 Chris Goody IMX Challenge
2:37.35	L	F	200	IM	7/19/2013 2013 Adirondack Long Course District Champion
4:48.09	Y	F	400	IM	1/12/2013 Chris Goody IMX Challenge
Veronika Nelson (11) W					
CLIN-AD					
32.38	Y	F	50	Free	1/4/2013 2013 Starfish Trophy Invitational
36.40	L	F	50	Free	6/8/2013 Clinton Cudas Colgate Classic Invitational
1:12.40	Y	F	100	Free	12/15/2012 Sharks 12&Under Mini-Meet
1:19.51	L	P	100	Free	7/19/2013 2013 Adirondack Long Course District Champion
2:34.63	Y	F	200	Free	1/12/2013 Canajoharie Developmental Meet
2:54.94	L	P	200	Free	7/19/2013 2013 Adirondack Long Course District Champion
34.62	Y	F	50	Back	1/4/2013 2013 Starfish Trophy Invitational
44.24	L	F	50	Back	7/6/2013 Sharks Summer Invite
1:17.63	Y	P	100	Back	3/10/2013 AD Gold Short Course Championships
1:28.94	L	P	100	Back	7/19/2013 2013 Adirondack Long Course District Champion
2:51.09	Y	F	200	Back	12/9/2012 Piranhas December Distance Invite
3:15.05	L	F	200	Back	7/19/2013 2013 Adirondack Long Course District Champion
43.30	Y	F	50	Breast	11/17/2012 Harvest Invitational
46.68	L	P	50	Breast	7/19/2013 2013 Adirondack Long Course District Champion
1:35.66	Y	F	100	Breast	1/4/2013 2013 Starfish Trophy Invitational
1:45.19	L	F	100	Breast	7/6/2013 Sharks Summer Invite
3:24.47	Y	F	200	Breast	12/9/2012 Piranhas December Distance Invite
3:39.38	L	F	200	Breast	7/19/2013 2013 Adirondack Long Course District Champion
38.40	Y	F	50	Fly	1/4/2013 2013 Starfish Trophy Invitational
44.72	L	F	50	Fly	6/8/2013 Clinton Cudas Colgate Classic Invitational
1:30.53	Y	F	100	Fly	1/4/2013 2013 Starfish Trophy Invitational
1:19.84	Y	F	100	IM	10/21/2012 2012 Trick or Treat Meet
3:03.14	Y	F	200	IM	12/9/2012 Piranhas December Distance Invite
3:14.59	L	F	200	IM	6/8/2013 Clinton Cudas Colgate Classic Invitational
Victoria Nelson (9) W					
CLIN-AD					
20.37	Y	F	25	Free	1/12/2013 Canajoharie Developmental Meet
46.66	Y	F	50	Free	12/15/2012 Sharks 12&Under Mini-Meet
48.87	L	F	50	Free	7/19/2013 2013 Adirondack Long Course District Champion
1:45.05	Y	F	100	Free	3/1/2013 AD Silver Short Course Championships
1:51.95	L	F	100	Free	7/19/2013 2013 Adirondack Long Course District Champion
4:02.28	L	F	200	Free	6/8/2013 Clinton Cudas Colgate Classic Invitational
24.46	Y	F	25	Back	3/1/2013 AD Silver Short Course Championships
50.24	Y	F	50	Back	3/10/2013 AD Gold Short Course Championships
58.78	L	F	50	Back	6/8/2013 Clinton Cudas Colgate Classic Invitational
1:59.56	L	F	100	Back	7/19/2013 2013 Adirondack Long Course District Champion
25.44	Y	F	25	Breast	3/1/2013 AD Silver Short Course Championships
58.46	Y	F	50	Breast	1/4/2013 2013 Starfish Trophy Invitational
1:03.49	L	F	50	Breast	6/8/2013 Clinton Cudas Colgate Classic Invitational
2:14.68	L	F	100	Breast	6/8/2013 Clinton Cudas Colgate Classic Invitational
27.21	Y	F	25	Fly	3/1/2013 AD Silver Short Course Championships
1:06.07	L	F	50	Fly	6/8/2013 Clinton Cudas Colgate Classic Invitational
1:50.82	Y	F	100	IM	3/1/2013 AD Silver Short Course Championships
4:39.38	L	F	200	IM	7/6/2013 Sharks Summer Invite
Michael Netto (17) M					
SSAC-AD					
26.58	L	F	50	Free	6/22/2013 2013 NI - Niagara Super Circuit Ithaca
2:13.97	L	F	200	Free	6/22/2013 2013 NI - Niagara Super Circuit Ithaca
1:12.31	L	F	100	Breast	6/22/2013 2013 NI - Niagara Super Circuit Ithaca
Tyler Newman (17) M					
CLIN-AD					
23.44	Y L	F	50	Free	3/10/2013 AD Gold Short Course Championships
26.18	L	F	50	Free	7/19/2013 2013 Adirondack Long Course District Champion
50.94	Y	F	100	Free	2/16/2013 2013 Boys Section 3 State Qual
57.56	L	P	100	Free	7/19/2013 2013 Adirondack Long Course District Champion
1:51.52	Y	F	200	Free	2/16/2013 2013 Boys Section 3 State Qual
2:09.08	L	P	200	Free	7/19/2013 2013 Adirondack Long Course District Champion

Individual Top Times

Time	P/F/S	Event			
Tyler Newman (17) M			CLIN-AD		
5:00.86 L	F	400 Free	7/6/2013	Sharks Summer Invite	
1:06.65 Y	F	100 Back	10/21/2012	2012 Trick or Treat Meet	
1:12.26 L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
2:23.27 Y	F	200 Back	11/10/2012	Pilgrims Pride	
2:37.54 L	P	200 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:19.94 L	P	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
1:05.32 Y	F	100 Fly	10/21/2012	2012 Trick or Treat Meet	
1:06.77 L	P	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
2:31.88 L	P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
Justin Nhan (13) M			ALBS-AD		
28.20 Y	P	50 Free	3/10/2013	AD Gold Short Course Championships	
30.69 L	F	50 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
31.60 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:02.40 Y	F	100 Free	3/10/2013	AD Gold Short Course Championships	
1:08.98 L	F	100 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
2:14.69 Y	F	200 Free	3/10/2013	AD Gold Short Course Championships	
2:31.70 L	P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
35.22 Y	P	50 Back	3/10/2013	AD Gold Short Course Championships	
1:16.07 Y	F	100 Back	11/10/2012	Pilgrims Pride	
1:23.64 S	F	100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
36.29 Y	F	50 Breast	3/10/2013	AD Gold Short Course Championships	
43.80 L	F	50 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:19.82 Y	P	100 Breast	3/10/2013	AD Gold Short Course Championships	
1:33.25 S	F	100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:36.98 L	P	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
3:28.57 L	P	200 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
32.85 Y	F	50 Fly	2/10/2013	2013 Piranhas Pentathlon	
38.12 L	F	50 Fly	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:16.22 Y	F	100 Fly	3/10/2013	AD Gold Short Course Championships	
1:27.73 L	P	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:28.45 S	F	100 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:12.30 Y	F	100 IM	3/10/2013	AD Gold Short Course Championships	
1:21.53 S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:37.13 Y	F	200 IM	3/10/2013	AD Gold Short Course Championships	
2:55.17 L	P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
Summer Nichols (10) W			BENN-AD		
42.78 Y	F	50 Free	11/17/2012	Harvest Invitational	
1:34.70 Y	F	100 Free	11/17/2012	Harvest Invitational	
57.56 Y	F	50 Back	11/17/2012	Harvest Invitational	
Chloe Nickel (12) W			SARY-AD		
32.46 Y	F	50 Free	2/9/2013	North Country YMCA Swim League 2013 Champions	
38.90 Y	P	50 Breast	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
1:30.19 Y	F	100 Breast	11/10/2012	Pilgrims Pride	
1:24.95 Y	F	100 IM	1/4/2013	2013 Starfish Trophy Invitational	
Julie Nickel (8) W			SARY-AD		
19.92 Y	F	25 Free	1/27/2013	Thoroughbred Splash 2013	
42.33 Y	F	50 Free	1/27/2013	Thoroughbred Splash 2013	
23.40 Y	F	25 Back	2/9/2013	North Country YMCA Swim League 2013 Champions	
55.33 Y	F	50 Back	1/4/2013	2013 Starfish Trophy Invitational	
26.86 Y	F	25 Breast	2/9/2013	North Country YMCA Swim League 2013 Champions	
Sarah Nickford (17) W			RAVE-AD		
29.47 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	
1:03.94 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
6:13.35 Y	F	500 Free	10/20/2012	Ravena Autumn Breeze 2012	
31.63 Y L	F	50 Back	3/1/2013	AD Silver Short Course Championships	
1:05.73 Y	P	100 Back	11/1/2012	Girls Sec II Division I Champ	
2:25.83 Y	P	200 Back	3/10/2013	AD Gold Short Course Championships	
1:17.83 Y	P	100 Breast	3/10/2013	AD Gold Short Course Championships	
2:50.47 Y	F	200 Breast	3/1/2013	AD Silver Short Course Championships	

Individual Top Times

Time	P/F/S	Event				
Sarah Nickford (17) W						
1:14.74 Y	F	100 Fly	3/1/2013	AD Silver Short Course Championships		RAVE-AD
2:32.37 Y	P	200 IM	11/1/2012	Girls Sec II Division I Champ		
Rylie Niles (9) W						
20.34 Y	F	25 Free	3/1/2013	AD Silver Short Course Championships		BENN-AD
47.57 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships		
25.56 Y	F	25 Back	3/1/2013	AD Silver Short Course Championships		
38.59 Y	F	25 Breast	3/1/2013	AD Silver Short Course Championships		
28.06 Y	F	25 Fly	3/1/2013	AD Silver Short Course Championships		
2:13.87 Y	F	100 IM	2/23/2013	Cabin Fever Invitational		
Raymond Niski (9) M						
16.42 Y	F	25 Free	2/9/2013	North Country YMCA Swim League 2013 Champions		SARY-AD
36.66 Y	F	50 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship		
1:22.62 Y	F	100 Free	2/9/2013	North Country YMCA Swim League 2013 Champions		
48.70 Y	F	50 Back	11/17/2012	Harvest Invitational		
1:44.65 Y	F	100 Back	1/4/2013	2013 Starfish Trophy Invitational		
48.54 Y	F	50 Fly	1/27/2013	Thoroughbred Splash 2013		
1:37.84 Y	F	100 IM	1/27/2013	Thoroughbred Splash 2013		
Caroline Nizel (15) W						
37.96 Y	F	50 Free	1/4/2013	2013 Starfish Trophy Invitational		WAVE-AD
1:39.71 Y	F	100 Free	11/10/2012	Pilgrims Pride		
1:52.23 Y	F	100 Back	12/7/2012	2012 NE UVAC Winter Classic		
Iris Nofziger (7) W						
25.10 Y	F	25 Free	3/1/2013	AD Silver Short Course Championships		BENN-AD
1:00.31 Y	F	50 Free	2/23/2013	Cabin Fever Invitational		
27.07 Y	F	25 Back	3/1/2013	AD Silver Short Course Championships		
1:02.23 Y	F	50 Back	2/23/2013	Cabin Fever Invitational		
Eric Noga (9) M						
32.89 Y	F	50 Free	3/10/2013	AD Gold Short Course Championships		CLIN-AD
37.22 L	F	50 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational		
1:11.71 Y	F	100 Free	3/10/2013	AD Gold Short Course Championships		
1:24.56 L	F	100 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational		
3:06.40 L	F	200 Free	7/19/2013	2013 Adirondack Long Course District Champion		
20.09 Y	F	25 Back	10/21/2012	2012 Trick or Treat Meet		
38.81 Y	F	50 Back	3/10/2013	AD Gold Short Course Championships		
46.32 L	F	50 Back	7/19/2013	2013 Adirondack Long Course District Champion		
1:32.60 Y	F	100 Back	11/17/2012	Harvest Invitational		
1:38.17 L	F	100 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational		
48.56 Y	F	50 Breast	3/10/2013	AD Gold Short Course Championships		
56.54 L	F	50 Breast	7/19/2013	2013 Adirondack Long Course District Champion		
2:07.65 L	F	100 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational		
20.50 Y	F	25 Fly	10/21/2012	2012 Trick or Treat Meet		
41.91 Y	F	50 Fly	3/10/2013	AD Gold Short Course Championships		
47.29 L	F	50 Fly	6/8/2013	Clinton Cudas Colgate Classic Invitational		
1:25.26 Y	F	100 IM	3/10/2013	AD Gold Short Course Championships		
3:42.16 L	F	200 IM	7/19/2013	2013 Adirondack Long Course District Champion		
Jaron Noga (12) M						
45.65 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion		CLIN-AD
48.51 Y	F	50 Free	2/3/2013	Delmar Dolphins February Freeze Invitational		
1:38.23 L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion		
3:38.30 L	P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion		
53.04 L	P	50 Back	7/19/2013	2013 Adirondack Long Course District Champion		
55.26 Y	F	50 Back	2/3/2013	Delmar Dolphins February Freeze Invitational		
59.92 L	F	50 Fly	7/6/2013	Sharks Summer Invite		
1:08.70 Y	F	50 Fly	2/3/2013	Delmar Dolphins February Freeze Invitational		
Matthew Noga (14) M						
26.83 Y	P	50 Free	3/10/2013	AD Gold Short Course Championships		CLIN-AD
29.72 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion		
56.87 Y	P	100 Free	3/10/2013	AD Gold Short Course Championships		
1:04.71 L	F	100 Free	7/19/2013	2013 Adirondack Long Course District Champion		

Individual Top Times

Time	P/F/S	Event			
Matthew Noga (14) M					
CLIN-AD					
2:04.61	Y	P	200	Free	3/10/2013 AD Gold Short Course Championships
2:23.32	L	P	200	Free	7/19/2013 2013 Adirondack Long Course District Champion
5:58.44	Y	F	500	Free	1/4/2013 2013 Starfish Trophy Invitational
1:05.04	Y	P	100	Back	3/10/2013 AD Gold Short Course Championships
1:15.39	L	P	100	Back	7/19/2013 2013 Adirondack Long Course District Champion
2:32.29	Y	F	200	Back	1/4/2013 2013 Starfish Trophy Invitational
2:42.06	L	F	200	Back	7/19/2013 2013 Adirondack Long Course District Champion
1:20.03	Y	F	100	Breast	3/1/2013 AD Silver Short Course Championships
1:26.66	L	F	100	Breast	7/19/2013 2013 Adirondack Long Course District Champion
1:16.46	Y	F	100	Fly	1/4/2013 2013 Starfish Trophy Invitational
1:27.98	L	P	100	Fly	7/19/2013 2013 Adirondack Long Course District Champion
2:36.25	Y	F	200	IM	1/4/2013 2013 Starfish Trophy Invitational
2:47.26	L	P	200	IM	7/19/2013 2013 Adirondack Long Course District Champion
Stephanie Noga (17) W					
CLIN-AD					
28.03	Y	F	50	Free	3/1/2013 AD Silver Short Course Championships
32.72	L	F	50	Free	6/8/2013 Clinton Cudas Colgate Classic Invitational
59.94	Y L	F	100	Free	3/10/2013 AD Gold Short Course Championships
1:09.14	L	P	100	Free	7/19/2013 2013 Adirondack Long Course District Champion
2:08.45	Y	P	200	Free	3/10/2013 AD Gold Short Course Championships
2:32.09	L	F	200	Free	6/8/2013 Clinton Cudas Colgate Classic Invitational
5:38.96	Y	F	500	Free	12/9/2012 Piranhas December Distance Invite
1:14.06	Y	F	100	Back	1/4/2013 2013 Starfish Trophy Invitational
1:26.65	L	F	100	Back	6/8/2013 Clinton Cudas Colgate Classic Invitational
3:06.31	L	P	200	Back	7/19/2013 2013 Adirondack Long Course District Champion
1:21.06	Y	F	100	Breast	1/4/2013 2013 Starfish Trophy Invitational
1:32.79	L	P	100	Breast	7/19/2013 2013 Adirondack Long Course District Champion
2:47.32	Y	P	200	Breast	3/10/2013 AD Gold Short Course Championships
3:23.82	L	F	200	Breast	6/8/2013 Clinton Cudas Colgate Classic Invitational
1:12.07	Y	F	100	Fly	1/4/2013 2013 Starfish Trophy Invitational
1:29.80	L	F	100	Fly	6/8/2013 Clinton Cudas Colgate Classic Invitational
2:31.92	Y	F	200	IM	12/9/2012 Piranhas December Distance Invite
2:54.89	L	P	200	IM	7/19/2013 2013 Adirondack Long Course District Champion
Allison Nolan (15) W					
SARY-AD					
33.58	Y	F	50	Free	1/27/2013 Thoroughbred Splash 2013
1:18.28	Y	F	100	Free	11/10/2012 Pilgrims Pride
7:34.44	Y	F	500	Free	11/17/2012 Harvest Invitational
1:24.33	Y	F	100	Back	2/23/2013 Cabin Fever Invitational
3:04.71	Y	F	200	Back	12/9/2012 Piranhas December Distance Invite
1:31.49	Y	F	100	Breast	1/27/2013 Thoroughbred Splash 2013
3:19.50	Y	F	200	Breast	12/9/2012 Piranhas December Distance Invite
1:38.72	Y	F	100	Fly	11/17/2012 Harvest Invitational
3:08.87	Y	F	200	IM	11/17/2012 Harvest Invitational
Sarah Nolan (16) W					
SARY-AD					
35.53	Y	F	50	Free	11/17/2012 Harvest Invitational
1:17.35	Y	F	100	Free	11/17/2012 Harvest Invitational
1:22.37	Y	F	100	Back	10/6/2012 SHENENDEHOWA GIRLS SWIMMING &
1:37.76	Y	F	100	Breast	2/23/2013 Cabin Fever Invitational
1:23.11	Y	F	100	Fly	10/6/2012 SHENENDEHOWA GIRLS SWIMMING &
2:59.96	Y	F	200	IM	11/17/2012 Harvest Invitational
Elisabeth Nole (13) W					
NHA-AD					
36.29	L	P	50	Free	7/19/2013 2013 Adirondack Long Course District Champion
38.00	S	F	50	Free	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:20.15	L	P	100	Free	7/19/2013 2013 Adirondack Long Course District Champion
2:55.57	L	P	200	Free	7/19/2013 2013 Adirondack Long Course District Champion
48.87	L	P	50	Back	7/19/2013 2013 Adirondack Long Course District Champion
1:43.72	S	F	100	Back	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:49.49	L	F	100	Back	6/8/2013 Clinton Cudas Colgate Classic Invitational
52.63	L	P	50	Breast	7/19/2013 2013 Adirondack Long Course District Champion
44.80	L	P	50	Fly	7/19/2013 2013 Adirondack Long Course District Champion
1:44.15	S	F	100	Fly	6/2/2013 2013 Starfish Meter Madness - Pentathlon

Individual Top Times

Time	P/F/S	Event			
Elisabeth Nole (13) W					
1:45.88	L	P	100	Fly	7/19/2013 2013 Adirondack Long Course District Champion
1:41.31	S	F	100	IM	6/2/2013 2013 Starfish Meter Madness - Pentathlon
Brian Nolte (18) M					
25.74	Y	F	50	Free	1/4/2013 2013 Starfish Trophy Invitational
29.11	L	P	50	Free	7/19/2013 2013 Adirondack Long Course District Champion
53.37	Y	P	100	Free	3/10/2013 AD Gold Short Course Championships
1:53.59	Y	P	200	Free	3/10/2013 AD Gold Short Course Championships
2:14.37	L	P	200	Free	7/19/2013 2013 Adirondack Long Course District Champion
4:52.47	L	F	400	Free	7/19/2013 2013 Adirondack Long Course District Champion
4:50.53	Y	P	500	Free	2/14/2013 Section II Championships Large
17:21.15	Y	F	1650	Free	3/10/2013 AD Gold Short Course Championships
1:01.56	Y	P	100	Back	3/10/2013 AD Gold Short Course Championships
2:12.98	Y	P	200	Back	3/10/2013 AD Gold Short Course Championships
1:13.64	Y	F	100	Breast	11/10/2012 Pilgrims Pride
56.29	Y	P	100	Fly	2/14/2013 Section II Championships Large
1:08.47	L	P	100	Fly	7/19/2013 2013 Adirondack Long Course District Champion
2:10.61	Y	P	200	IM	3/10/2013 AD Gold Short Course Championships
2:34.98	L	P	200	IM	7/19/2013 2013 Adirondack Long Course District Champion
4:30.65	Y	F	400	IM	3/10/2013 AD Gold Short Course Championships
5:20.37	L	F	400	IM	7/19/2013 2013 Adirondack Long Course District Champion
Julia Norris (10) W					
43.81	Y	F	50	Free	2/23/2013 Cabin Fever Invitational
1:49.49	Y	F	100	Free	1/27/2013 North Country League Meet
50.22	Y	F	50	Back	2/23/2013 Cabin Fever Invitational
58.23	Y	F	50	Fly	2/23/2013 Cabin Fever Invitational
2:22.48	Y	F	100	IM	1/20/2013 Foothills Inv
Julia Norris (12) W					
41.00	Y	F	50	Free	1/4/2013 2013 NE GMA Winter Knights
1:38.95	Y	F	100	Free	1/4/2013 2013 NE GMA Winter Knights
53.91	Y	F	50	Back	1/4/2013 2013 NE GMA Winter Knights
1:03.69	Y	F	50	Breast	1/4/2013 2013 NE GMA Winter Knights
Iida Nyman (14) W					
1:23.04	L	P	100	Free	7/19/2013 2013 Adirondack Long Course District Champion
6:31.28	L	F	400	Free	7/19/2013 2013 Adirondack Long Course District Champion
1:55.83	L	P	100	Breast	7/19/2013 2013 Adirondack Long Course District Champion
3:32.84	L	P	200	IM	7/19/2013 2013 Adirondack Long Course District Champion
Jesse Nyman (11) M					
34.08	Y	F	50	Free	2/3/2013 Delmar Dolphins February Freeze Invitational
1:15.72	Y	F	100	Free	1/27/2013 North Country League Meet
38.42	Y	F	50	Back	3/3/2013 North Country League Meet
1:26.42	Y	F	100	Back	1/4/2013 2013 Starfish Trophy Invitational
1:33.84	L	P	100	Back	7/19/2013 2013 Adirondack Long Course District Champion
40.77	Y	F	50	Breast	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
47.25	L	P	50	Breast	7/19/2013 2013 Adirondack Long Course District Champion
1:31.50	Y	F	100	Breast	11/17/2012 Harvest Invitational
1:44.64	L	F	100	Breast	7/12/2013 Hawks Summer Invitational 2013
3:17.76	Y	F	200	Breast	1/12/2013 Chris Goody IMX Challenge
3:37.59	L	F	200	Breast	7/19/2013 2013 Adirondack Long Course District Champion
36.02	Y	F	50	Fly	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
42.27	L	F	50	Fly	7/19/2013 2013 Adirondack Long Course District Champion
1:42.15	L	P	100	Fly	7/19/2013 2013 Adirondack Long Course District Champion
1:20.51	Y	F	100	IM	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
3:00.24	Y	F	200	IM	2/22/2013 North Country League Meet
3:20.08	L	P	200	IM	7/19/2013 2013 Adirondack Long Course District Champion
6:19.32	Y	F	400	IM	1/12/2013 Chris Goody IMX Challenge
7:06.99	L	F	400	IM	7/12/2013 Hawks Summer Invitational 2013
Alexander Ober (9) M					
33.10	Y	F	50	Free	3/10/2013 AD Gold Short Course Championships
34.73	L	F	50	Free	7/19/2013 2013 Adirondack Long Course District Champion

NHA-AD

BFIN-AD

GLOY-AD

ADDI-AD

SSCY-AD

SSCY-AD

RAVE-AD

Individual Top Times

Time	P/F/S	Event			
Alexander Ober (9) M			RAVE-AD		
1:17.49	Y	F	100	Free	3/10/2013 AD Gold Short Course Championships
1:22.06	L	F	100	Free	7/19/2013 2013 Adirondack Long Course District Champion
2:55.03	Y	F	200	Free	3/1/2013 AD Silver Short Course Championships
7:39.01	Y	F	500	Free	3/10/2013 AD Gold Short Course Championships
41.81	Y	F	50	Back	3/10/2013 AD Gold Short Course Championships
47.17	L	F	50	Back	7/19/2013 2013 Adirondack Long Course District Champion
1:26.94	Y	F	100	Back	3/1/2013 AD Silver Short Course Championships
1:41.49	L	F	100	Back	7/19/2013 2013 Adirondack Long Course District Champion
3:42.81	L	F	200	Back	7/12/2013 Hawks Summer Invitational 2013
52.96	Y	F	50	Breast	3/1/2013 AD Silver Short Course Championships
1:01.22	L	F	50	Breast	6/8/2013 Clinton Cudas Colgate Classic Invitational
1:56.02	Y	F	100	Breast	3/1/2013 AD Silver Short Course Championships
2:11.45	L	F	100	Breast	7/19/2013 2013 Adirondack Long Course District Champion
37.43	Y	F	50	Fly	2/23/2013 Cabin Fever Invitational
45.50	L	F	50	Fly	7/12/2013 Hawks Summer Invitational 2013
1:32.80	Y	F	100	Fly	3/10/2013 AD Gold Short Course Championships
2:02.32	L	F	100	Fly	7/19/2013 2013 Adirondack Long Course District Champion
1:27.26	Y	F	100	IM	3/10/2013 AD Gold Short Course Championships
3:12.83	Y	F	200	IM	3/1/2013 AD Silver Short Course Championships
3:44.05	L	F	200	IM	7/12/2013 Hawks Summer Invitational 2013
Addison Oberting (12) M			ALBS-AD		
30.50	Y	P	50	Free	3/10/2013 AD Gold Short Course Championships
35.59	L	P	50	Free	7/19/2013 2013 Adirondack Long Course District Champion
36.50	S	F	50	Free	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:09.64	Y	F	100	Free	3/1/2013 AD Silver Short Course Championships
1:22.60	L	P	100	Free	7/19/2013 2013 Adirondack Long Course District Champion
3:02.00	L	P	200	Free	7/19/2013 2013 Adirondack Long Course District Champion
34.91	Y	P	50	Back	3/10/2013 AD Gold Short Course Championships
40.74	L	F	50	Back	7/19/2013 2013 Adirondack Long Course District Champion
1:16.51	Y	F	100	Back	3/10/2013 AD Gold Short Course Championships
1:28.39	S	F	100	Back	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:29.13	L	P	100	Back	7/19/2013 2013 Adirondack Long Course District Champion
42.69	Y	F	50	Breast	2/23/2013 Cabin Fever Invitational
1:51.87	S	F	100	Breast	6/2/2013 2013 Starfish Meter Madness - Pentathlon
34.94	Y	F	50	Fly	3/10/2013 AD Gold Short Course Championships
1:27.23	Y	F	100	Fly	1/4/2013 2013 Starfish Trophy Invitational
1:44.91	L	P	100	Fly	7/19/2013 2013 Adirondack Long Course District Champion
1:46.35	S	F	100	Fly	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:18.22	Y	F	100	IM	3/1/2013 AD Silver Short Course Championships
1:34.49	S	F	100	IM	6/2/2013 2013 Starfish Meter Madness - Pentathlon
2:59.24	Y	F	200	IM	1/27/2013 Thoroughbred Splash 2013
Spencer O'Bryan (18) M			CLRK-AD		
26.28	Y L	F	50	Free	11/10/2012 CVSL First Splash
1:02.60	Y	F	100	Free	12/15/2012 Central Valley Swim League Quad Meet
2:17.19	Y	F	200	Free	12/15/2012 Central Valley Swim League Quad Meet
1:14.82	Y	F	100	Back	11/10/2012 CVSL First Splash
1:13.33	Y	F	100	Breast	12/1/2012 Central Valley Swim League Quad Meet
2:41.25	Y	F	200	Breast	12/15/2012 Central Valley Swim League Quad Meet
1:13.81	Y	F	100	Fly	12/1/2012 Central Valley Swim League Quad Meet
Andrew O'Connor (13) M			BFIN-AD		
28.31	Y	P	50	Free	3/10/2013 AD Gold Short Course Championships
1:00.73	Y	F	100	Free	3/10/2013 AD Gold Short Course Championships
2:17.20	Y	F	200	Free	1/4/2013 2013 Starfish Trophy Invitational
5:42.16	Y	F	500	Free	3/10/2013 AD Gold Short Course Championships
32.17	Y	F	50	Back	3/10/2013 AD Gold Short Course Championships
34.69	Y	P	50	Breast	3/10/2013 AD Gold Short Course Championships
1:16.38	Y	P	100	Breast	3/10/2013 AD Gold Short Course Championships
2:43.97	Y	F	200	Breast	3/10/2013 AD Gold Short Course Championships
31.97	Y	P	50	Fly	3/10/2013 AD Gold Short Course Championships
1:08.83	Y	F	100	IM	3/10/2013 AD Gold Short Course Championships

Individual Top Times

Time	P/F/S	Event				
Andrew O'Connor (13) M						
2:35.62 Y	F	200 IM	1/4/2013	2013 Starfish Trophy Invitational		BFIN-AD
Annabel O'Connor (16) W						
28.33 Y	F	50 Free	1/4/2013	2013 Starfish Trophy Invitational		BFIN-AD
59.80 Y	F	100 Free	1/4/2013	2013 Starfish Trophy Invitational		
2:09.17 Y	P	200 Free	3/10/2013	AD Gold Short Course Championships		
5:35.10 Y	P	500 Free	11/1/2012	Girls Sec II Division I Champ		
1:09.89 Y	F	100 Back	10/21/2012	2012 Trick or Treat Meet		
1:07.90 Y	P	100 Fly	11/1/2012	Girls Sec II Division I Champ		
Grace O'Connor (13) W						
31.63 Y	F	50 Free	2/23/2013	Cabin Fever Invitational		BFIN-AD
42.68 Y	F	50 Breast	10/21/2012	2012 Trick or Treat Meet		
1:26.09 Y	F	100 Breast	2/23/2013	Cabin Fever Invitational		
Ryan O'Connor (18) M						
23.00 Y	P	50 Free	2/14/2013	Section II Championships Large		UN-AD
51.97 Y L	F	100 Free	3/10/2013	AD Gold Short Course Championships		
1:53.72 Y	P	200 Free	3/10/2013	AD Gold Short Course Championships		
5:14.13 Y	F	500 Free	12/9/2012	Piranhas December Distance Invite		
58.13 Y	P	100 Back	3/28/2013	2013 Eastern Zone SC Swimming Championships		
2:05.31 Y	P	200 Back	3/28/2013	2013 Eastern Zone SC Swimming Championships		
1:01.03 Y	F	100 Breast	3/28/2013	2013 Eastern Zone SC Swimming Championships		
2:16.53 Y	F	200 Breast	3/28/2013	2013 Eastern Zone SC Swimming Championships		
2:08.31 Y	P	200 IM	3/10/2013	AD Gold Short Course Championships		
Abigail O'Donnell (10) W						
37.99 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships		EELS-AD
40.32 L	F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion		
1:25.61 Y	F	100 Free	3/9/2013	Eastern States League Championships 2013		
1:33.75 L	F	100 Free	7/19/2013	2013 Adirondack Long Course District Champion		
3:37.92 L	F	200 Free	7/12/2013	Hawks Summer Invitational 2013		
3:49.30 Y	F	200 Free	10/27/2012	IM-Xtremely Spooked		
7:19.32 L	F	400 Free	7/12/2013	Hawks Summer Invitational 2013		
41.61 Y	F	50 Back	3/10/2013	AD Gold Short Course Championships		
48.84 L	F	50 Back	7/19/2013	2013 Adirondack Long Course District Champion		
1:37.41 Y	F	100 Back	2/23/2013	Cabin Fever Invitational		
1:45.63 L	F	100 Back	7/19/2013	2013 Adirondack Long Course District Champion		
3:57.15 L	F	200 Back	7/12/2013	Hawks Summer Invitational 2013		
51.32 Y	F	50 Breast	3/1/2013	AD Silver Short Course Championships		
1:00.08 L	F	50 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational		
1:55.91 Y	F	100 Breast	3/1/2013	AD Silver Short Course Championships		
2:03.59 L	F	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion		
44.80 Y	F	50 Fly	1/12/2013	Chris Goody Mini-Meet		
48.88 L	F	50 Fly	7/19/2013	2013 Adirondack Long Course District Champion		
1:53.50 L	F	100 Fly	7/12/2013	Hawks Summer Invitational 2013		
1:38.69 Y	F	100 IM	1/12/2013	Chris Goody Mini-Meet		
3:49.33 L	F	200 IM	7/19/2013	2013 Adirondack Long Course District Champion		
Tara O'Donnell (19) W						
29.58 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion		DELM-AD
1:03.45 L	F	100 Free	7/19/2013	2013 Adirondack Long Course District Champion		
2:19.39 L	F	200 Free	7/12/2013	Hawks Summer Invitational 2013		
1:09.47 L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion		
2:33.80 L	F	200 Back	7/19/2013	2013 Adirondack Long Course District Champion		
1:09.24 L	P	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion		
2:34.94 L	P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion		
Sage Oehler-Marx (11) W						
40.99 Y	F	50 Free	1/4/2013	2013 Starfish Trophy Invitational		HAWK-AD
1:36.33 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships		
1:44.54 L	F	100 Free	7/12/2013	Hawks Summer Invitational 2013		
48.04 Y	F	50 Back	1/4/2013	2013 Starfish Trophy Invitational		
51.03 Y	F	50 Breast	3/1/2013	AD Silver Short Course Championships		
1:54.84 Y	F	100 Breast	1/4/2013	2013 Starfish Trophy Invitational		

Individual Top Times

Time	P/F/S	Event			
Sage Oehler-Marx (11) W					
2:04.89	L	F	100	Breast	7/12/2013 Hawks Summer Invitational 2013
53.96	Y	F	50	Fly	3/1/2013 AD Silver Short Course Championships
1:06.83	L	F	50	Fly	7/12/2013 Hawks Summer Invitational 2013
1:46.25	Y	P	100	IM	1/25/2013 Hawks Trials And Finals 2013
Whitman Oehler-Marx (17) M					
24.76	Y	P	50	Free	3/10/2013 AD Gold Short Course Championships
29.33	L	F	50	Free	7/12/2013 Hawks Summer Invitational 2013
1:04.20	L	F	100	Free	7/12/2013 Hawks Summer Invitational 2013
1:59.44	Y	P	200	Free	1/25/2013 Hawks Trials And Finals 2013
2:24.34	L	F	200	Free	7/12/2013 Hawks Summer Invitational 2013
5:24.01	Y	F	500	Free	3/10/2013 AD Gold Short Course Championships
20:58.16	L	F	1500	Free	7/12/2013 Hawks Summer Invitational 2013
1:04.59	Y	P	100	Back	3/10/2013 AD Gold Short Course Championships
1:18.24	L	F	100	Back	7/12/2013 Hawks Summer Invitational 2013
2:51.38	L	F	200	Back	7/12/2013 Hawks Summer Invitational 2013
1:11.67	Y	F	100	Breast	1/25/2013 Hawks Trials And Finals 2013
1:27.59	L	F	100	Breast	7/12/2013 Hawks Summer Invitational 2013
2:37.07	Y	F	200	Breast	1/4/2013 2013 Starfish Trophy Invitational
1:05.92	Y	F	100	Fly	1/4/2013 2013 Starfish Trophy Invitational
2:22.04	Y	F	200	IM	1/4/2013 2013 Starfish Trophy Invitational
2:46.10	L	F	200	IM	7/12/2013 Hawks Summer Invitational 2013
Mary Oelkers (12) W					
43.12	Y	F	50	Free	2/3/2013 Delmar Dolphins February Freeze Invitational
52.15	Y	F	50	Breast	2/3/2013 Delmar Dolphins February Freeze Invitational
Ellen Oliver (14) W					
31.36	Y	F	50	Free	2/23/2013 Cabin Fever Invitational
1:13.80	Y	F	100	Free	2/3/2013 Delmar Dolphins February Freeze Invitational
1:32.46	Y	F	100	Fly	2/23/2013 Cabin Fever Invitational
Natalie O'Loughlin (11) W					
36.51	Y	F	50	Free	1/4/2013 2013 Starfish Trophy Invitational
40.04	S	F	50	Free	6/15/2013 Piranhas Summer Kick-Off Meet
1:23.34	Y	F	100	Free	10/21/2012 2012 Trick or Treat Meet
46.14	Y	F	50	Back	10/21/2012 2012 Trick or Treat Meet
50.59	S	F	50	Back	6/15/2013 Piranhas Summer Kick-Off Meet
1:37.69	Y	F	100	Back	10/27/2012 IM-Xtremely Spooked
49.33	Y	F	50	Breast	10/21/2012 2012 Trick or Treat Meet
44.18	Y	F	50	Fly	1/4/2013 2013 Starfish Trophy Invitational
1:40.42	S	F	100	IM	6/15/2013 Piranhas Summer Kick-Off Meet
Joseph Ongkingco (15) M					
23.08	Y	F	50	Free	3/10/2013 AD Gold Short Course Championships
26.36	L	F	50	Free	7/19/2013 2013 Adirondack Long Course District Champion
50.14	Y	F	100	Free	1/4/2013 2013 Starfish Trophy Invitational
57.97	L	P	100	Free	7/19/2013 2013 Adirondack Long Course District Champion
1:49.98	Y	F	200	Free	3/10/2013 AD Gold Short Course Championships
2:07.82	L	P	200	Free	7/19/2013 2013 Adirondack Long Course District Champion
5:09.22	Y	F	500	Free	1/4/2013 2013 Starfish Trophy Invitational
1:03.63	Y	F	100	Back	10/21/2012 2012 Trick or Treat Meet
2:36.86	L	P	200	Back	7/19/2013 2013 Adirondack Long Course District Champion
1:03.89	Y	P	100	Breast	3/10/2013 AD Gold Short Course Championships
1:16.27	L	P	100	Breast	7/19/2013 2013 Adirondack Long Course District Champion
2:18.32	Y	F	200	Breast	3/10/2013 AD Gold Short Course Championships
2:45.90	L	F	200	Breast	7/19/2013 2013 Adirondack Long Course District Champion
53.55	Y	P	100	Fly	3/1/2013 2013 NI - OB - NYS Federation
1:01.45	L	F	100	Fly	7/19/2013 2013 Adirondack Long Course District Champion
2:04.37	Y	F	200	Fly	3/10/2013 AD Gold Short Course Championships
2:30.12	L	F	200	Fly	7/19/2013 2013 Adirondack Long Course District Champion
2:03.16	Y	F	200	IM	3/10/2013 AD Gold Short Course Championships
2:21.95	L	F	200	IM	7/19/2013 2013 Adirondack Long Course District Champion
4:39.31	Y	F	400	IM	10/27/2012 IM-Xtremely Spooked

HAWK-AD

HAWK-AD

DELM-AD

UN-AD

SSCY-AD

SSAC-AD

Individual Top Times

Time	P/F/S	Event			
Nicole Orcutt (11) W					
					UN-AD
31.38 Y	F	50 Free	2/22/2013	North Country League Meet	
1:09.07 Y	F	100 Free	2/22/2013	North Country League Meet	
2:24.01 Y	P	200 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
6:49.10 Y	F	500 Free	12/9/2012	Piranhas December Distance Invite	
37.26 Y	F	50 Back	2/22/2013	North Country League Meet	
35.56 Y	F	50 Fly	2/22/2013	North Country League Meet	
1:29.32 Y	F	100 IM	12/2/2012	December Super Splash 2012	
2:59.53 Y	F	200 IM	2/9/2013	North Country YMCA Swim League 2013 Champions	
Grace O'Reilly (11) W					
					BSPA-AD
32.69 Y	F	50 Free	11/17/2012	Harvest Invitational	
1:14.80 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
36.76 Y	F	50 Back	2/23/2013	Cabin Fever Invitational	
1:21.43 Y	F	100 Back	3/1/2013	AD Silver Short Course Championships	
57.02 Y	F	50 Breast	10/20/2012	Ravena Autumn Breeze 2012	
36.65 Y	F	50 Fly	3/1/2013	AD Silver Short Course Championships	
1:25.36 Y	F	100 IM	3/1/2013	AD Silver Short Course Championships	
Faith Orzech (11) W					
					BENN-AD
42.43 Y	F	50 Free	10/21/2012	2012 Trick or Treat Meet	
1:32.34 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
54.88 Y	F	50 Back	10/21/2012	2012 Trick or Treat Meet	
55.45 Y	F	50 Breast	12/15/2012	Sharks 12&Under Mini-Meet	
52.90 Y	F	50 Fly	3/1/2013	AD Silver Short Course Championships	
Thomas Osika (15) M					
					UN-AD
2:02.30 Y	F	200 Free	2/14/2013	Section II Championships Small	
5:40.16 Y	F	500 Free	2/14/2013	Section II Championships Small	
Kevin Ostrander (14) M					
					SSCY-AD
26.77 Y	F	50 Free	2/9/2013	North Country YMCA Swim League 2013 Champions	
57.03 Y	P	100 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
2:01.02 Y	F	200 Free	2/9/2013	North Country YMCA Swim League 2013 Champions	
5:40.51 Y	F	500 Free	12/9/2012	Piranhas December Distance Invite	
1:21.37 Y	F	100 Breast	12/15/2012	2012 AD SHENENDEHOWA Boys	
1:21.37 Y	F	100 Breast	12/15/2012	SHENENDEHOWA Boys SWIMMING & D	
5:21.10 Y	F	400 IM	12/9/2012	Piranhas December Distance Invite	
Lauren Ostrander (12) W					
					SSCY-AD
31.29 Y L	F	50 Free	1/27/2013	North Country League Meet	
1:08.05 Y	F	100 Free	1/27/2013	North Country League Meet	
2:28.06 Y	P	200 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
6:46.55 Y	F	500 Free	12/9/2012	Piranhas December Distance Invite	
33.09 Y	F	50 Back	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
35.21 Y	F	50 Fly	2/9/2013	North Country YMCA Swim League 2013 Champions	
1:19.37 Y	F	100 IM	10/21/2012	2012 Trick or Treat Meet	
2:45.02 Y	F	200 IM	2/9/2013	North Country YMCA Swim League 2013 Champions	
Robert Ott (11) M					
					SCHE-AD
37.72 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	
1:27.54 Y	F	100 Free	12/2/2012	December Super Splash 2012	
37.94 Y	F	50 Back	3/10/2013	AD Gold Short Course Championships	
1:34.44 Y	F	100 Back	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:04.70 Y	F	50 Breast	10/21/2012	2012 Trick or Treat Meet	
59.08 Y	F	50 Fly	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:37.97 Y	F	100 IM	3/1/2013	AD Silver Short Course Championships	
Amina Oukili (10) W					
					HAWK-AD
51.18 Y	F	50 Free	11/18/2012	Hawk-NDAC-CSD	
58.44 Y	F	50 Back	11/18/2012	Hawk-NDAC-CSD	
Andy Ouyang (15) M					
					CPP-AD
25.62 Y	P	50 Free	3/10/2013	AD Gold Short Course Championships	
28.98 S	F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
56.24 Y	P	100 Free	3/10/2013	AD Gold Short Course Championships	
1:01.97 Y	P	100 Back	2/14/2013	Section II Championships Large	
1:15.43 S	F	100 Back	6/15/2013	Piranhas Summer Kick-Off Meet	

Individual Top Times

Time	P/F/S	Event			
Andy Ouyang (15) M					
2:22.37	Y	P	200 Back	3/10/2013	AD Gold Short Course Championships
1:29.70	S	F	100 Breast	6/15/2013	Piranhas Summer Kick-Off Meet
1:08.15	Y	F	100 Fly	12/15/2012	SHENENDEHOWA Boys SWIMMING & D
1:08.15	Y	F	100 Fly	12/15/2012	2012 AD SHENENDEHOWA Boys
2:39.34	Y	F	200 Fly	12/9/2012	Piranhas December Distance Invite
2:23.34	Y	P	200 IM	3/10/2013	AD Gold Short Course Championships
5:06.61	Y	F	400 IM	1/12/2013	Chris Goody IMX Challenge
Coralinn Owens (16) W					
30.28	Y	F	50 Free	1/4/2013	2013 Starfish Trophy Invitational
1:04.40	Y	F	100 Free	11/17/2012	Harvest Invitational
2:17.75	Y	F	200 Free	11/17/2012	Harvest Invitational
6:13.98	Y	F	500 Free	1/4/2013	2013 Starfish Trophy Invitational
2:42.04	Y	F	200 Back	1/4/2013	2013 Starfish Trophy Invitational
1:22.65	Y	F	100 Fly	1/4/2013	2013 Starfish Trophy Invitational
2:44.47	Y	F	200 IM	11/17/2012	Harvest Invitational
Lydia Pacinella (8) W					
18.94	Y	F	25 Free	12/15/2012	Sharks 12&Under Mini-Meet
40.66	Y	F	50 Free	12/15/2012	Sharks 12&Under Mini-Meet
50.69	S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:29.46	Y	F	100 Free	3/10/2013	AD Gold Short Course Championships
22.31	Y	F	25 Back	12/15/2012	Sharks 12&Under Mini-Meet
46.92	Y	F	50 Back	2/10/2013	2013 Piranhas Pentathlon
55.53	S	F	50 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon
27.50	Y	F	25 Breast	10/21/2012	2012 Trick or Treat Meet
54.13	Y	F	50 Breast	3/10/2013	AD Gold Short Course Championships
1:16.23	S	F	50 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon
44.89	Y	F	50 Fly	2/10/2013	2013 Piranhas Pentathlon
1:02.50	S	F	50 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:39.88	Y	F	100 IM	3/10/2013	AD Gold Short Course Championships
2:12.87	S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon
Alexander Paczkowski (10) M					
41.71	Y	F	50 Free	3/1/2013	AD Silver Short Course Championships
52.50	S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:40.07	Y	F	100 Free	1/4/2013	2013 Starfish Trophy Invitational
51.25	Y	F	50 Back	10/20/2012	Ravena Autumn Breeze 2012
1:03.26	S	F	50 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:02.27	Y	F	50 Fly	2/3/2013	Delmar Dolphins February Freeze Invitational
Jenna Paczkowski (7) W					
29.04	S	F	25 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon
33.46	S	F	25 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon
Kamryn Paige (13) W					
27.51	Y	F	50 Free	2/10/2013	2013 Piranhas Pentathlon
30.45	S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon
2:04.42	Y	F	200 Free	3/10/2013	AD Gold Short Course Championships
2:16.70	L	F	200 Free	7/19/2013	2013 Adirondack Long Course District Champion
4:49.74	L	F	400 Free	7/19/2013	2013 Adirondack Long Course District Champion
5:37.38	Y	F	500 Free	1/27/2013	Thoroughbred Splash 2013
10:05.98	L	F	800 Free	6/22/2013	2013 NI - Niagara Super Circuit Ithaca
29.25	Y	F	50 Back	3/10/2013	AD Gold Short Course Championships
1:08.61	S	F	100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:12.39	L	F	100 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational
2:35.22	L	P	200 Back	7/12/2013	2013 NI - Niagara Long Course Classic
35.70	Y	F	50 Breast	2/10/2013	2013 Piranhas Pentathlon
1:16.59	Y	F	100 Breast	1/4/2013	2013 Starfish Trophy Invitational
1:23.17	S	F	100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:28.90	L	F	100 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational
2:40.79	Y	F	200 Breast	12/9/2012	Piranhas December Distance Invite
3:01.87	L	F	200 Breast	7/19/2013	2013 Adirondack Long Course District Champion
27.49	Y	F	50 Fly	3/28/2013	2013 Eastern Zone SC Swimming Championships

CPP-AD

CLIN-AD

CPP-AD

ALBS-AD

ALBS-AD

ALBS-AD

Individual Top Times

Time	P/F/S	Event			
Kamryn Paige (13) W			ALBS-AD		
1:07.56	S F	100 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:08.14	L F	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
2:33.18	L F	200 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:04.51	Y F	100 IM	3/10/2013	AD Gold Short Course Championships	
1:11.97	S F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:35.97	L F	200 IM	6/22/2013	2013 NI - Niagara Super Circuit Ithaca	
5:23.23	L F	400 IM	7/19/2013	2013 Adirondack Long Course District Champion	
Samantha Paley (13) W			BSPA-AD		
30.91	Y F	50 Free	1/27/2013	Thoroughbred Splash 2013	
1:08.78	Y F	100 Free	1/27/2013	Thoroughbred Splash 2013	
2:37.25	Y F	200 Free	10/21/2012	2012 Trick or Treat Meet	
7:13.51	Y F	500 Free	11/17/2012	Harvest Invitational	
41.10	Y F	50 Back	10/21/2012	2012 Trick or Treat Meet	
1:28.15	Y F	100 Back	11/4/2012	Hometown Splashdown	
41.23	Y F	50 Breast	1/27/2013	Thoroughbred Splash 2013	
37.91	Y F	50 Fly	11/17/2012	Harvest Invitational	
1:22.15	Y F	100 IM	12/2/2012	December Super Splash 2012	
2:55.90	Y F	200 IM	1/27/2013	Thoroughbred Splash 2013	
Nicholas Palko (16) M			CPP-AD		
27.92	Y F	50 Free	10/21/2012	2012 Trick or Treat Meet	
30.94	S F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
59.21	Y F	100 Free	3/1/2013	AD Silver Short Course Championships	
2:08.23	Y F	200 Free	3/1/2013	AD Silver Short Course Championships	
2:28.07	S F	200 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
2:30.20	L F	200 Free	7/12/2013	Hawks Summer Invitational 2013	
5:18.68	L F	400 Free	7/12/2013	Hawks Summer Invitational 2013	
1:10.48	Y F	100 Back	3/1/2013	AD Silver Short Course Championships	
1:20.90	S F	100 Back	6/15/2013	Piranhas Summer Kick-Off Meet	
1:23.86	L F	100 Back	7/12/2013	Hawks Summer Invitational 2013	
2:31.77	Y F	200 Back	3/1/2013	AD Silver Short Course Championships	
1:19.94	Y F	100 Breast	10/21/2012	2012 Trick or Treat Meet	
2:44.05	Y F	200 Breast	3/1/2013	AD Silver Short Course Championships	
3:18.21	L F	200 Breast	7/12/2013	Hawks Summer Invitational 2013	
1:25.72	S F	100 Fly	6/15/2013	Piranhas Summer Kick-Off Meet	
2:25.92	Y F	200 IM	3/1/2013	AD Silver Short Course Championships	
5:12.76	Y F	400 IM	12/9/2012	Piranhas December Distance Invite	
Adler Palmer (11) W			GLFY-AD		
43.09	Y F	50 Free	1/27/2013	Thoroughbred Splash 2013	
50.59	Y F	50 Back	12/2/2012	December Super Splash 2012	
51.34	Y F	50 Breast	2/9/2013	North Country YMCA Swim League 2013 Champions	
1:44.60	Y F	100 IM	1/27/2013	Thoroughbred Splash 2013	
Rachel Palmer (11) W			GRGF-AD		
36.48	Y F	50 Free	3/1/2013	AD Silver Short Course Championships	
1:33.71	Y F	100 Free	11/4/2012	Hometown Splashdown	
52.56	Y F	50 Back	11/4/2012	Hometown Splashdown	
58.59	Y F	50 Breast	12/2/2012	December Super Splash 2012	
1:59.89	Y F	100 Breast	3/1/2013	AD Silver Short Course Championships	
48.63	Y F	50 Fly	1/27/2013	Thoroughbred Splash 2013	
1:40.14	Y F	100 IM	3/1/2013	AD Silver Short Course Championships	
3:34.12	Y F	200 IM	2/23/2013	Cabin Fever Invitational	
Samuel Palmer (9) M			GRGF-AD		
29.54	Y F	25 Free	11/4/2012	Hometown Splashdown	
36.77	Y F	25 Breast	11/4/2012	Hometown Splashdown	
Emma Panzarella (10) W			CLRK-AD		
54.61	Y F	50 Free	2/9/2013	Central Valley Swim League Championships	
56.04	L F	50 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:58.07	Y F	100 Free	1/26/2013	Central Valley Swim Meet Quad Meet	
2:03.33	L F	100 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
57.87	L F	50 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	

Individual Top Times

Time	P/F/S	Event				
Emma Panzarella (10) W						
59.64	Y	F	50	Back	11/10/2012	CVSL First Splash
2:16.08	L	F	100	Back	6/8/2013	Clinton Cudas Colgate Classic Invitational
1:03.29	Y	F	50	Breast	2/9/2013	Central Valley Swim League Championships
Grace Papa (11) W						
46.36	Y	F	50	Back	10/21/2012	2012 Trick or Treat Meet
1:36.76	Y	F	100	Back	11/10/2012	Pilgrims Pride
51.24	Y	F	50	Breast	11/10/2012	Pilgrims Pride
1:35.01	Y	F	100	IM	10/21/2012	2012 Trick or Treat Meet
Keara Papa (9) W						
24.65	Y	F	25	Free	11/10/2012	Pilgrims Pride
52.52	Y	F	50	Free	11/10/2012	Pilgrims Pride
23.89	Y	F	25	Back	10/21/2012	2012 Trick or Treat Meet
39.55	Y	F	25	Breast	10/21/2012	2012 Trick or Treat Meet
33.11	Y	F	25	Fly	10/21/2012	2012 Trick or Treat Meet
Cassandra Papaleo (18) W						
25.53	Y	P	50	Free	3/10/2013	AD Gold Short Course Championships
30.07	L	P	50	Free	7/19/2013	2013 Adirondack Long Course District Champion
55.39	Y	F	100	Free	3/10/2013	AD Gold Short Course Championships
1:05.36	L	P	100	Free	7/19/2013	2013 Adirondack Long Course District Champion
2:01.51	Y	P	200	Free	3/10/2013	AD Gold Short Course Championships
2:25.31	L	F	200	Free	6/8/2013	Clinton Cudas Colgate Classic Invitational
5:31.72	Y	F	500	Free	3/10/2013	AD Gold Short Course Championships
1:05.21	Y	P	100	Back	3/10/2013	AD Gold Short Course Championships
1:18.28	L	P	100	Back	7/19/2013	2013 Adirondack Long Course District Champion
2:19.72	Y	P	200	Back	3/10/2013	AD Gold Short Course Championships
2:50.32	L	F	200	Back	6/8/2013	Clinton Cudas Colgate Classic Invitational
1:00.52	Y	P	100	Fly	3/10/2013	AD Gold Short Course Championships
1:16.16	L	F	100	Fly	6/8/2013	Clinton Cudas Colgate Classic Invitational
2:14.04	Y	P	200	Fly	3/10/2013	AD Gold Short Course Championships
2:50.78	L	F	200	Fly	7/19/2013	2013 Adirondack Long Course District Champion
2:24.99	Y	F	200	IM	12/9/2012	Piranhas December Distance Invite
2:49.52	L	F	200	IM	6/8/2013	Clinton Cudas Colgate Classic Invitational
4:58.55	Y	F	400	IM	3/10/2013	AD Gold Short Course Championships
Olivia Papa (9) W						
19.96	Y	F	25	Free	11/10/2012	Pilgrims Pride
40.86	Y	F	50	Free	11/10/2012	Pilgrims Pride
21.70	Y	F	25	Back	11/10/2012	Pilgrims Pride
48.82	Y	F	50	Back	11/10/2012	Pilgrims Pride
27.92	Y	F	25	Fly	10/21/2012	2012 Trick or Treat Meet
1:58.30	Y	F	100	IM	10/21/2012	2012 Trick or Treat Meet
Keelin Paquette (14) W						
30.25	Y	F	50	Free	3/1/2013	AD Silver Short Course Championships
34.68	L	F	50	Free	6/8/2013	Clinton Cudas Colgate Classic Invitational
1:08.02	Y	F	100	Free	3/1/2013	AD Silver Short Course Championships
1:18.61	L	F	100	Free	6/8/2013	Clinton Cudas Colgate Classic Invitational
2:41.49	Y	F	200	Free	1/12/2013	Canajoharie Developmental Meet
2:57.62	L	F	200	Free	6/8/2013	Clinton Cudas Colgate Classic Invitational
1:25.34	Y	F	100	Back	3/1/2013	AD Silver Short Course Championships
1:40.60	L	P	100	Back	7/19/2013	2013 Adirondack Long Course District Champion
1:39.42	Y	F	100	Breast	2/3/2013	Delmar Dolphins February Freeze Invitational
1:51.43	L	P	100	Breast	7/19/2013	2013 Adirondack Long Course District Champion
1:31.42	Y	F	100	Fly	2/3/2013	Delmar Dolphins February Freeze Invitational
1:40.16	L	P	100	Fly	7/19/2013	2013 Adirondack Long Course District Champion
3:05.95	Y	F	200	IM	11/17/2012	Harvest Invitational
3:31.96	L	F	200	IM	6/8/2013	Clinton Cudas Colgate Classic Invitational
Judson Parisi (18) M						
29.64	Y	F	50	Free	10/21/2012	2012 Trick or Treat Meet
33.85	S	F	50	Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:02.23	Y	F	100	Free	3/1/2013	AD Silver Short Course Championships

Individual Top Times

Time	P/F/S	Event				
Judson Parisi (18) M						
5:49.15	Y	P	500	Free	2/14/2013	Section II Championships Large
1:13.73	Y	F	100	Back	2/3/2013	Delmar Dolphins February Freeze Invitational
1:22.40	S	F	100	Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:24.93	Y	F	100	Breast	2/3/2013	Delmar Dolphins February Freeze Invitational
1:32.07	S	F	100	Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon
2:56.83	Y	F	200	Breast	3/1/2013	AD Silver Short Course Championships
Quincy Parkinson (12) W						
42.84	Y	F	50	Free	1/27/2013	Thoroughbred Splash 2013
1:35.53	Y	F	100	Free	1/27/2013	Thoroughbred Splash 2013
Nicholas Pascual (9) M						
23.08	Y	F	25	Free	11/10/2012	Pilgrims Pride
44.85	Y	F	50	Free	3/1/2013	AD Silver Short Course Championships
1:43.02	Y	F	100	Free	3/1/2013	AD Silver Short Course Championships
26.51	Y	F	25	Back	11/10/2012	Pilgrims Pride
51.82	Y	F	50	Back	1/4/2013	2013 Starfish Trophy Invitational
Nicholas Pascucci (15) M						
26.60	Y	F	50	Free	11/17/2012	Harvest Invitational
1:00.83	Y	F	100	Free	11/17/2012	Harvest Invitational
2:02.82	Y	F	200	Free	2/3/2013	Delmar Dolphins February Freeze Invitational
1:01.65	Y	P	100	Back	3/10/2013	AD Gold Short Course Championships
1:04.12	Y	P	100	Breast	2/14/2013	Section II Championships Large
1:03.44	Y	P	100	Fly	3/10/2013	AD Gold Short Course Championships
2:07.95	Y	P	200	IM	2/14/2013	Section II Championships Large
Elena Pasek (9) W						
25.88	Y	F	25	Free	3/1/2013	AD Silver Short Course Championships
57.74	Y	F	50	Free	1/4/2013	2013 Starfish Trophy Invitational
Taylor Patnode (13) W						
29.75	Y	F	50	Free	1/27/2013	Thoroughbred Splash 2013
1:06.18	Y	P	100	Free	3/10/2013	AD Gold Short Course Championships
2:41.78	Y	F	200	Free	12/2/2012	December Super Splash 2012
30.86	Y	F	50	Back	3/10/2013	AD Gold Short Course Championships
1:13.25	Y	F	100	Back	2/23/2013	Cabin Fever Invitational
40.63	Y	P	50	Breast	3/10/2013	AD Gold Short Course Championships
1:31.72	Y	F	100	Breast	3/1/2013	AD Silver Short Course Championships
34.23	Y	F	50	Fly	2/23/2013	Cabin Fever Invitational
1:32.43	Y	F	100	Fly	1/12/2013	Chris Goody IMX Challenge
1:17.35	Y	F	100	IM	3/1/2013	AD Silver Short Course Championships
2:52.95	Y	F	200	IM	3/1/2013	AD Silver Short Course Championships
Grace Patrei (11) W						
41.75	Y L	F	25	Free	11/10/2012	CVSL First Splash
37.90	Y	F	50	Free	1/12/2013	Canajoharie Developmental Meet
1:26.13	Y	F	100	Free	1/4/2013	2013 Starfish Trophy Invitational
3:10.82	Y	F	200	Free	1/26/2013	Central Valley Swim Meet Quad Meet
8:53.15	Y	F	500	Free	12/15/2012	Central Valley Swim League Quad Meet
43.05	Y	F	50	Back	2/9/2013	Central Valley Swim League Championships
1:39.15	Y	F	100	Back	3/1/2013	AD Silver Short Course Championships
53.48	Y	F	50	Breast	2/23/2013	Cabin Fever Invitational
51.37	Y	F	50	Fly	2/23/2013	Cabin Fever Invitational
1:38.99	Y	F	100	IM	2/23/2013	Cabin Fever Invitational
3:54.15	Y	F	200	IM	1/26/2013	Central Valley Swim Meet Quad Meet
Emma Pausley (12) W						
28.41	Y	P	50	Free	3/10/2013	AD Gold Short Course Championships
1:04.11	Y	P	100	Free	3/10/2013	AD Gold Short Course Championships
2:23.58	Y	F	200	Free	1/27/2013	Thoroughbred Splash 2013
6:38.10	Y	F	500	Free	3/10/2013	AD Gold Short Course Championships
33.94	Y	P	50	Back	3/10/2013	AD Gold Short Course Championships
1:13.98	Y	P	100	Back	3/10/2013	AD Gold Short Course Championships
39.30	Y	F	50	Breast	2/10/2013	2013 Piranhas Pentathlon
1:31.25	Y	F	100	Breast	2/23/2013	Cabin Fever Invitational

UN-AD

WAVE-AD

CPP-AD

BSPA-AD

ALBS-AD

SCHE-AD

AMST-AD

SCHE-AD

Individual Top Times

Time	P/F/S	Event				
Emma Pausley (12) W						
32.70	Y	F	50	Fly	2/10/2013	2013 Piranhas Pentathlon
1:16.56	Y	P	100	Fly	3/10/2013	AD Gold Short Course Championships
1:14.64	Y	F	100	IM	2/10/2013	2013 Piranhas Pentathlon
2:45.33	Y	F	200	IM	1/27/2013	Thoroughbred Splash 2013
Madison Pavlovich (8) W						
1:04.82	S	F	50	Free	6/15/2013	Piranhas Summer Kick-Off Meet
1:07.87	L	F	50	Free	6/8/2013	Clinton Cudas Colgate Classic Invitational
2:24.06	L	F	100	Free	6/8/2013	Clinton Cudas Colgate Classic Invitational
2:27.01	S	F	100	Free	6/15/2013	Piranhas Summer Kick-Off Meet
1:15.15	L	F	50	Back	6/8/2013	Clinton Cudas Colgate Classic Invitational
1:20.16	S	F	50	Fly	6/15/2013	Piranhas Summer Kick-Off Meet
Marissa Pavlovich (14) W						
35.59	S	F	50	Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon
36.41	L	F	50	Free	6/8/2013	Clinton Cudas Colgate Classic Invitational
1:20.29	L	F	100	Free	6/8/2013	Clinton Cudas Colgate Classic Invitational
1:41.08	L	F	100	Back	6/8/2013	Clinton Cudas Colgate Classic Invitational
1:45.77	S	F	100	Breast	6/15/2013	Piranhas Summer Kick-Off Meet
1:49.52	L	F	100	Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational
3:45.68	L	F	200	Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational
1:35.37	S	F	100	IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon
Abri Payne (11) W						
53.78	Y	F	50	Free	3/2/2013	2013 NI - METS - Meet the Flintstones
1:04.61	Y	F	50	Back	3/2/2013	2013 NI - METS - Meet the Flintstones
1:15.81	Y	F	50	Breast	3/2/2013	2013 NI - METS - Meet the Flintstones
Evelyn Payne (9) W						
22.20	Y	F	25	Free	11/10/2012	Pilgrims Pride
47.47	Y	F	50	Free	11/10/2012	Pilgrims Pride
Taylor Pazderski (10) W						
38.21	Y	F	50	Free	3/1/2013	AD Silver Short Course Championships
40.12	L	F	50	Free	7/19/2013	2013 Adirondack Long Course District Champion
41.47	S	F	50	Free	6/15/2013	Piranhas Summer Kick-Off Meet
1:28.26	Y	F	100	Free	3/1/2013	AD Silver Short Course Championships
1:32.98	L	F	100	Free	7/19/2013	2013 Adirondack Long Course District Champion
42.81	Y	F	50	Back	3/10/2013	AD Gold Short Course Championships
47.58	S	F	50	Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon
57.30	L	F	50	Back	7/19/2013	2013 Adirondack Long Course District Champion
1:49.83	Y	F	100	Back	2/3/2013	Delmar Dolphins February Freeze Invitational
2:03.85	L	F	100	Back	7/19/2013	2013 Adirondack Long Course District Champion
56.20	Y	F	50	Breast	3/1/2013	AD Silver Short Course Championships
56.52	S	F	50	Breast	6/15/2013	Piranhas Summer Kick-Off Meet
2:03.24	L	F	100	Breast	7/19/2013	2013 Adirondack Long Course District Champion
49.52	Y	F	50	Fly	2/10/2013	2013 Piranhas Pentathlon
50.05	S	F	50	Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:53.15	L	F	100	Fly	7/19/2013	2013 Adirondack Long Course District Champion
1:40.42	Y	F	100	IM	3/1/2013	AD Silver Short Course Championships
1:43.33	S	F	100	IM	6/15/2013	Piranhas Summer Kick-Off Meet
Jared Pece (13) M						
35.50	Y	F	50	Free	3/1/2013	AD Silver Short Course Championships
45.17	L	F	50	Free	7/12/2013	Hawks Summer Invitational 2013
1:23.72	Y	F	100	Free	3/1/2013	AD Silver Short Course Championships
44.81	Y	P	50	Back	1/25/2013	Hawks Trials And Finals 2013
1:33.28	Y	F	100	Back	3/1/2013	AD Silver Short Course Championships
54.49	Y	F	50	Breast	1/4/2013	2013 Starfish Trophy Invitational
1:58.12	Y	F	100	Breast	3/1/2013	AD Silver Short Course Championships
45.69	Y	F	50	Fly	3/1/2013	AD Silver Short Course Championships
1:37.75	Y	P	100	IM	1/25/2013	Hawks Trials And Finals 2013
Logan Pece (10) M						
34.64	Y L	F	50	Free	11/18/2012	Hawk-NDAC-CSD
37.17	L	F	50	Free	7/12/2013	Hawks Summer Invitational 2013

Individual Top Times

Time	P/F/S	Event			
Logan Pece (10) M					
					HAWK-AD
1:17.50	Y	F	100	Free	1/25/2013 Hawks Trials And Finals 2013
1:27.26	L	F	100	Free	7/12/2013 Hawks Summer Invitational 2013
2:54.23	Y	F	200	Free	3/1/2013 AD Silver Short Course Championships
39.14	Y	F	50	Back	3/10/2013 AD Gold Short Course Championships
45.89	L	F	50	Back	7/12/2013 Hawks Summer Invitational 2013
1:26.01	Y	F	100	Back	3/10/2013 AD Gold Short Course Championships
43.42	Y	F	50	Breast	12/6/2012 2012 NE NSSC MIT Invite
1:37.34	Y	F	100	Breast	3/10/2013 AD Gold Short Course Championships
1:55.98	L	F	100	Breast	7/12/2013 Hawks Summer Invitational 2013
43.28	Y	F	50	Fly	1/25/2013 Hawks Trials And Finals 2013
52.09	L	F	50	Fly	7/12/2013 Hawks Summer Invitational 2013
1:36.11	Y	F	100	Fly	3/10/2013 AD Gold Short Course Championships
1:26.47	Y	F	100	IM	3/10/2013 AD Gold Short Course Championships
3:03.43	Y	F	200	IM	3/10/2013 AD Gold Short Course Championships
3:34.16	L	F	200	IM	7/12/2013 Hawks Summer Invitational 2013
Sydney Pece (15) W					
					HAWK-AD
31.64	Y	F	50	Free	3/1/2013 AD Silver Short Course Championships
1:08.33	Y	F	100	Free	3/1/2013 AD Silver Short Course Championships
2:37.17	Y	P	200	Free	1/25/2013 Hawks Trials And Finals 2013
1:16.89	Y	F	100	Back	11/10/2012 Pilgrims Pride
2:43.65	Y	F	200	Back	1/4/2013 2013 Starfish Trophy Invitational
35.96	Y	F	50	Fly	11/18/2012 Hawk-NDAC-CSD
1:21.50	Y	F	100	Fly	11/10/2012 Pilgrims Pride
2:52.74	Y	P	200	IM	1/25/2013 Hawks Trials And Finals 2013
Alexa Peck (11) W					
					KING-AD
32.82	Y	F	50	Free	11/10/2012 Pilgrims Pride
35.28	S	F	50	Free	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:12.18	Y	F	100	Free	11/10/2012 Pilgrims Pride
1:18.93	S	F	100	Free	6/15/2013 Piranhas Summer Kick-Off Meet
2:32.86	Y	F	200	Free	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
39.60	Y	F	50	Back	12/7/2012 2012 NE CRIM December T/F Meet
45.79	S	F	50	Back	6/2/2013 2013 Starfish Meter Madness - Pentathlon
43.00	Y	F	50	Breast	1/25/2013 Hawks Trials And Finals 2013
46.89	S	F	50	Breast	6/2/2013 2013 Starfish Meter Madness - Pentathlon
34.28	Y	F	50	Fly	12/7/2012 2012 NE CRIM December T/F Meet
38.02	S	F	50	Fly	6/15/2013 Piranhas Summer Kick-Off Meet
1:22.75	Y	P	100	Fly	12/7/2012 2012 NE CRIM December T/F Meet
1:21.10	Y	F	100	IM	1/25/2013 Hawks Trials And Finals 2013
1:30.48	S	F	100	IM	6/15/2013 Piranhas Summer Kick-Off Meet
2:58.59	Y	F	200	IM	1/4/2013 2013 Starfish Trophy Invitational
Carolyn Peck (15) W					
					GLOY-AD
30.07	Y	F	50	Free	1/20/2013 Foothills Inv
6:13.76	Y	P	500	Free	11/1/2012 Girls Sec II Division 2 Champ
1:05.32	Y	F	100	Fly	11/1/2012 Girls Sec II Division 2 Champ
Sydney Pedersen (12) W					
					UN-AD
29.68	Y	P	50	Free	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
1:06.84	Y	F	100	Free	2/22/2013 North Country League Meet
2:43.73	Y	F	200	Free	1/4/2013 2013 Starfish Trophy Invitational
34.02	Y L	F	50	Back	2/9/2013 North Country YMCA Swim League 2013 Champions
37.63	Y	P	50	Breast	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
37.29	Y	F	50	Fly	1/4/2013 2013 Starfish Trophy Invitational
1:19.05	Y	F	100	IM	11/17/2012 Harvest Invitational
2:47.64	Y	F	200	IM	2/9/2013 North Country YMCA Swim League 2013 Champions
Isabel Pelaez (13) W					
					ALBS-AD
31.75	Y	F	50	Free	3/1/2013 AD Silver Short Course Championships
35.46	S	F	50	Free	6/2/2013 2013 Starfish Meter Madness - Pentathlon
36.42	L	F	50	Free	6/8/2013 Clinton Cudas Colgate Classic Invitational
1:11.02	Y	F	100	Free	3/1/2013 AD Silver Short Course Championships
1:20.68	L	P	100	Free	7/19/2013 2013 Adirondack Long Course District Champion

Individual Top Times

Time	P/F/S	Event			
Isabel Pelaez (13) W			ALBS-AD		
2:35.57	Y F	200 Free	3/1/2013	AD Silver Short Course Championships	
2:54.62	L P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
3:01.76	S F	200 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
39.98	Y F	50 Back	10/20/2012	Ravena Autumn Breeze 2012	
1:27.97	Y F	100 Back	3/1/2013	AD Silver Short Course Championships	
1:37.03	S F	100 Back	6/15/2013	Piranhas Summer Kick-Off Meet	
1:39.52	L P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
3:32.08	L P	200 Back	7/19/2013	2013 Adirondack Long Course District Champion	
47.97	Y F	50 Breast	12/2/2012	December Super Splash 2012	
1:43.96	Y F	100 Breast	3/1/2013	AD Silver Short Course Championships	
1:48.62	S F	100 Breast	6/15/2013	Piranhas Summer Kick-Off Meet	
2:01.35	L P	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
2:01.35	L F	100 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational	
4:06.97	L F	200 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational	
38.57	Y F	50 Fly	3/1/2013	AD Silver Short Course Championships	
1:46.11	S F	100 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:49.08	L F	100 Fly	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:25.12	Y F	100 IM	1/4/2013	2013 Starfish Trophy Invitational	
1:38.24	S F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
3:24.63	S F	200 IM	6/15/2013	Piranhas Summer Kick-Off Meet	
3:26.33	L P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
Angelina Pelkey (12) W			SVP-AD		
33.09	Y F	50 Free	11/10/2012	CVSL First Splash	
1:13.98	Y F	100 Free	1/26/2013	Central Valley Swim Meet Quad Meet	
2:54.51	Y F	200 Free	12/15/2012	Central Valley Swim League Quad Meet	
39.77	Y F	50 Back	2/9/2013	Central Valley Swim League Championships	
48.59	Y F	50 Breast	12/1/2012	Central Valley Swim League Quad Meet	
1:42.43	Y F	100 Breast	2/23/2013	Cabin Fever Invitational	
3:45.58	Y F	200 Breast	1/20/2013	Foothills Inv	
41.63	Y F	50 Fly	2/23/2013	Cabin Fever Invitational	
1:27.41	Y F	100 IM	2/9/2013	Central Valley Swim League Championships	
Lydia Pendergast (12) W			SCHE-AD		
33.43	Y F	50 Free	3/1/2013	AD Silver Short Course Championships	
1:15.73	Y F	100 Free	3/1/2013	AD Silver Short Course Championships	
2:42.88	Y F	200 Free	3/1/2013	AD Silver Short Course Championships	
37.40	Y L F	50 Back	3/1/2013	AD Silver Short Course Championships	
1:24.20	Y F	100 Back	3/1/2013	AD Silver Short Course Championships	
47.27	Y F	50 Breast	3/1/2013	AD Silver Short Course Championships	
1:42.22	Y F	100 Breast	11/17/2012	Harvest Invitational	
38.65	Y F	50 Fly	3/1/2013	AD Silver Short Course Championships	
1:32.12	Y F	100 Fly	2/23/2013	Cabin Fever Invitational	
1:26.57	Y F	100 IM	3/1/2013	AD Silver Short Course Championships	
3:04.47	Y F	200 IM	3/1/2013	AD Silver Short Course Championships	
Tyler Pendergast (9) M			USAM-AD		
20.63	Y F	25 Free	1/12/2013	Chris Goody Mini-Meet	
47.16	Y F	50 Free	3/9/2013	Eastern States League Championships 2013	
1:57.79	Y F	100 Free	3/1/2013	AD Silver Short Course Championships	
24.27	Y F	25 Back	3/9/2013	Eastern States League Championships 2013	
56.40	Y F	50 Back	2/23/2013	Cabin Fever Invitational	
John Penman (16) M			SSCY-AD		
25.61	Y F	50 Free	2/22/2013	North Country League Meet	
55.24	Y F	100 Free	2/22/2013	North Country League Meet	
1:04.29	Y F	100 Back	3/3/2013	North Country League Meet	
58.34	Y P	100 Fly	2/14/2013	Section II Championships Large	
2:20.19	Y F	200 Fly	1/27/2013	North Country League Meet	
2:17.41	Y F	200 IM	12/15/2012	2012 AD SHENENDEHOWA Boys	
2:17.41	Y F	200 IM	12/15/2012	SHENENDEHOWA Boys SWIMMING & D	
Makeyla Pepe (13) W			UN-AD		
31.93	Y F	50 Free	1/12/2013	Canajoharie Developmental Meet	

Individual Top Times

Time	P/F/S	Event				
Makeyla Pepe (13) W						
1:11.62	Y	F	100	Free	1/12/2013	Canajoharie Developmental Meet
1:23.15	Y	F	100	Back	1/12/2013	Canajoharie Developmental Meet
1:31.77	Y	F	100	Breast	1/12/2013	Canajoharie Developmental Meet
Annalise Pepper (12) W						
29.15	Y	P	50	Free	3/10/2013	AD Gold Short Course Championships
1:03.77	Y	P	100	Free	3/10/2013	AD Gold Short Course Championships
2:23.10	Y	F	200	Free	1/27/2013	Thoroughbred Splash 2013
6:05.60	Y	F	500	Free	3/10/2013	AD Gold Short Course Championships
34.65	Y	F	50	Back	2/23/2013	Cabin Fever Invitational
1:16.93	Y	F	100	Back	11/4/2012	Hometown Splashdown
2:43.32	Y	F	200	Back	12/9/2012	Piranhas December Distance Invite
37.38	Y	P	50	Breast	3/10/2013	AD Gold Short Course Championships
1:21.67	Y	P	100	Breast	3/10/2013	AD Gold Short Course Championships
2:53.06	Y	F	200	Breast	3/10/2013	AD Gold Short Course Championships
36.01	Y	F	50	Fly	12/2/2012	December Super Splash 2012
1:19.76	Y	F	100	Fly	3/1/2013	AD Silver Short Course Championships
1:13.35	Y	F	100	IM	2/23/2013	Cabin Fever Invitational
2:37.00	Y	P	200	IM	3/10/2013	AD Gold Short Course Championships
Corinne Pepper (10) W						
30.48	Y	F	50	Free	3/28/2013	2013 Eastern Zone SC Swimming Championships
1:12.62	Y	F	100	Free	10/21/2012	2012 Trick or Treat Meet
2:38.24	Y	F	200	Free	1/27/2013	Thoroughbred Splash 2013
6:50.28	Y	F	500	Free	3/10/2013	AD Gold Short Course Championships
37.00	Y	F	50	Back	3/28/2013	2013 Eastern Zone SC Swimming Championships
1:21.12	Y	F	100	Back	3/10/2013	AD Gold Short Course Championships
40.02	Y	F	50	Breast	3/28/2013	2013 Eastern Zone SC Swimming Championships
1:25.23	Y	F	100	Breast	3/28/2013	2013 Eastern Zone SC Swimming Championships
36.12	Y	F	50	Fly	2/23/2013	Cabin Fever Invitational
1:31.48	Y	F	100	Fly	11/4/2012	Hometown Splashdown
1:15.32	Y	F	100	IM	3/28/2013	2013 Eastern Zone SC Swimming Championships
2:47.09	Y	F	200	IM	3/28/2013	2013 Eastern Zone SC Swimming Championships
Cody Perrine-McGrath (14) M						
36.65	Y	F	50	Free	11/10/2012	Pilgrims Pride
1:18.92	Y	F	100	Free	11/10/2012	Pilgrims Pride
1:47.80	Y	F	100	Breast	11/10/2012	Pilgrims Pride
Nicole Petersen (11) W						
33.77	Y	F	50	Free	3/1/2013	AD Silver Short Course Championships
1:16.00	Y	F	100	Free	3/1/2013	AD Silver Short Course Championships
2:48.53	Y	F	200	Free	3/1/2013	AD Silver Short Course Championships
41.47	Y	F	50	Back	3/1/2013	AD Silver Short Course Championships
43.86	Y	F	50	Breast	11/10/2012	Pilgrims Pride
1:37.88	Y	F	100	Breast	11/10/2012	Pilgrims Pride
1:28.49	Y	F	100	IM	12/2/2012	December Super Splash 2012
3:12.51	Y	F	200	IM	3/1/2013	AD Silver Short Course Championships
Erin Peters (12) W						
35.76	Y	F	50	Free	2/3/2013	Delmar Dolphins February Freeze Invitational
1:20.65	Y	F	100	Free	3/3/2013	North Country League Meet
1:37.53	Y	F	100	Back	10/27/2012	IM-Xtremely Spooked
44.42	Y	F	50	Breast	1/27/2013	North Country League Meet
1:41.59	Y	F	100	Breast	11/17/2012	Harvest Invitational
39.05	Y	F	50	Fly	2/9/2013	North Country YMCA Swim League 2013 Champions
1:28.40	Y	F	100	Fly	2/22/2013	North Country League Meet
1:30.52	Y	F	100	IM	10/21/2012	2012 Trick or Treat Meet
Kayla Peterson (17) W						
28.62	Y	F	50	Free	1/25/2013	2013 NE ABF Snow Angel Classic
1:02.67	Y	F	100	Free	2/10/2013	2013 Piranhas Pentathlon
2:20.22	Y	F	200	Free	1/25/2013	2013 NE ABF Snow Angel Classic
1:08.49	Y	F	100	Back	2/10/2013	2013 Piranhas Pentathlon
2:31.48	Y	F	200	Back	1/25/2013	2013 NE ABF Snow Angel Classic

UN-AD

BSPA-AD

BSPA-AD

RAVE-AD

BFIN-AD

SSCY-AD

CPP-AD

Individual Top Times

Time	P/F/S	Event			
Kayla Peterson (17) W					
CPP-AD					
1:21.21	Y	F	100 Breast	2/10/2013	2013 Piranhas Pentathlon
2:59.14	Y	F	200 Breast	3/1/2013	AD Silver Short Course Championships
1:11.22	Y	F	100 Fly	2/10/2013	2013 Piranhas Pentathlon
2:52.89	Y	F	200 Fly	1/25/2013	2013 NE ABF Snow Angel Classic
2:32.87	Y	F	200 IM	2/10/2013	2013 Piranhas Pentathlon
5:32.35	Y	F	400 IM	3/1/2013	AD Silver Short Course Championships
Meghan Pettit (17) W					
SCHE-AD					
26.85	Y L	F	50 Free	3/10/2013	AD Gold Short Course Championships
31.90	L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion
57.57	Y	P	100 Free	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS
1:09.97	L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion
2:00.15	Y	F	200 Free	3/10/2013	AD Gold Short Course Championships
5:16.60	Y	F	500 Free	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS
18:27.08	Y	F	1650 Free	3/10/2013	AD Gold Short Course Championships
1:10.23	Y	F	100 Back	10/21/2012	2012 Trick or Treat Meet
1:19.12	L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion
2:25.59	Y	F	200 Back	1/12/2013	Chris Goody IMX Challenge
1:11.36	Y	F	100 Breast	11/1/2012	Girls Sec II Division 2 Champ
1:31.83	L	P	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion
2:32.51	Y	P	200 Breast	3/10/2013	AD Gold Short Course Championships
1:09.15	Y	F	100 Fly	10/21/2012	2012 Trick or Treat Meet
2:29.58	Y	F	200 Fly	1/12/2013	Chris Goody IMX Challenge
2:16.12	Y	F	200 IM	11/1/2012	Girls Sec II Division 2 Champ
2:47.00	L	P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion
4:43.64	Y	F	400 IM	3/10/2013	AD Gold Short Course Championships
Megan Phelps (10) W					
BSPA-AD					
41.95	Y	F	50 Free	10/21/2012	2012 Trick or Treat Meet
1:35.40	Y	F	100 Free	11/17/2012	Harvest Invitational
47.15	Y	F	50 Back	2/23/2013	Cabin Fever Invitational
1:08.58	Y	F	50 Breast	11/17/2012	Harvest Invitational
1:54.78	Y	F	100 IM	1/27/2013	Thoroughbred Splash 2013
Sara Phelps (10) W					
BSPA-AD					
38.74	Y	F	50 Free	1/27/2013	Thoroughbred Splash 2013
1:34.52	Y	F	100 Free	11/17/2012	Harvest Invitational
48.01	Y	F	50 Back	11/17/2012	Harvest Invitational
53.17	Y	F	50 Breast	2/23/2013	Cabin Fever Invitational
Sebastian Phemister (9) M					
ALBS-AD					
46.38	Y	F	50 Free	11/10/2012	Pilgrims Pride
1:49.72	Y	F	100 Free	11/10/2012	Pilgrims Pride
1:01.94	Y	F	50 Breast	11/10/2012	Pilgrims Pride
1:08.59	Y	F	50 Fly	11/10/2012	Pilgrims Pride
Vivienne Phemister (11) W					
ALBS-AD					
36.77	Y	F	50 Free	1/4/2013	2013 Starfish Trophy Invitational
40.82	L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion
42.12	S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:23.33	Y	F	100 Free	12/15/2012	Sharks 12&Under Mini-Meet
1:35.40	L	F	100 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational
46.13	Y	F	50 Back	12/15/2012	Sharks 12&Under Mini-Meet
54.94	L	P	50 Back	7/19/2013	2013 Adirondack Long Course District Champion
1:45.81	Y	F	100 Back	2/3/2013	Delmar Dolphins February Freeze Invitational
49.90	Y	F	50 Breast	11/10/2012	Pilgrims Pride
53.11	S	F	50 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon
56.18	L	F	50 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational
1:51.05	Y	F	100 Breast	3/1/2013	AD Silver Short Course Championships
2:00.94	L	P	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion
41.97	Y	F	50 Fly	1/4/2013	2013 Starfish Trophy Invitational
47.74	L	F	50 Fly	6/8/2013	Clinton Cudas Colgate Classic Invitational
1:36.06	Y	F	100 IM	1/4/2013	2013 Starfish Trophy Invitational
1:44.16	S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon

Individual Top Times

Time	P/F/S	Event			
Vivienne Phemister (11) W					
3:24.07	Y	F	200	IM	3/1/2013 AD Silver Short Course Championships
McKenna Phillips (9) W					
20.49	Y	F	25	Free	12/2/2012 December Super Splash 2012
45.85	Y	F	50	Free	2/23/2013 Cabin Fever Invitational
22.64	Y	F	25	Back	1/27/2013 Thoroughbred Splash 2013
26.75	Y	F	25	Fly	11/4/2012 Hometown Splashdown
Rebecca Piascik (15) W					
31.75	L	P	50	Free	7/19/2013 2013 Adirondack Long Course District Champion
32.01	S	F	50	Free	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:00.42	Y	F	100	Free	2/3/2013 Delmar Dolphins February Freeze Invitational
1:07.81	L	P	100	Free	7/19/2013 2013 Adirondack Long Course District Champion
2:02.34	Y	P	200	Free	11/1/2012 Girls Sec II Division I Champ
2:23.79	L	P	200	Free	7/19/2013 2013 Adirondack Long Course District Champion
5:00.77	L	F	400	Free	7/19/2013 2013 Adirondack Long Course District Champion
5:30.09	Y	F	500	Free	11/1/2012 Girls Sec II Division I Champ
11:10.81	L	F	800	Free	6/22/2013 2013 NI - Niagara Super Circuit Ithaca
31.46	Y L	F	50	Back	1/4/2013 2013 Starfish Trophy Invitational
1:04.62	Y	P	100	Back	2/15/2013 AD 2013 REGION 1 CHAMPIONSHIPS
1:14.29	S	F	100	Back	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:16.98	L	P	100	Back	7/19/2013 2013 Adirondack Long Course District Champion
2:17.71	Y	P	200	Back	2/15/2013 AD 2013 REGION 1 CHAMPIONSHIPS
2:44.75	L	P	200	Back	7/19/2013 2013 Adirondack Long Course District Champion
1:20.11	Y	F	100	Breast	2/3/2013 Delmar Dolphins February Freeze Invitational
1:29.22	S	F	100	Breast	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:29.31	L	P	100	Breast	7/19/2013 2013 Adirondack Long Course District Champion
2:46.83	Y	P	200	Breast	3/10/2013 AD Gold Short Course Championships
3:19.60	L	F	200	Breast	6/8/2013 Clinton Cudas Colgate Classic Invitational
1:09.47	Y	F	100	Fly	2/3/2013 Delmar Dolphins February Freeze Invitational
1:19.78	S	F	100	Fly	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:18.97	S	F	100	IM	6/2/2013 2013 Starfish Meter Madness - Pentathlon
2:44.20	L	P	200	IM	7/19/2013 2013 Adirondack Long Course District Champion
5:00.29	Y	F	400	IM	3/10/2013 AD Gold Short Course Championships
Aleksander Piekarski (15) M					
25.56	Y L	F	50	Free	3/10/2013 AD Gold Short Course Championships
29.89	S L	F	50	Free	6/15/2013 Piranhas Summer Kick-Off Meet
55.59	Y	P	100	Free	3/10/2013 AD Gold Short Course Championships
1:06.79	L	P	100	Free	7/19/2013 2013 Adirondack Long Course District Champion
2:00.76	Y	P	200	Free	3/10/2013 AD Gold Short Course Championships
2:25.39	L	P	200	Free	7/19/2013 2013 Adirondack Long Course District Champion
2:29.05	S	F	200	Free	6/15/2013 Piranhas Summer Kick-Off Meet
5:06.18	L	F	400	Free	7/19/2013 2013 Adirondack Long Course District Champion
20:10.38	L	F	1500	Free	7/19/2013 2013 Adirondack Long Course District Champion
20:10.38	L	F	1500	Free	7/19/2013 2013 Adirondack Long Course District Champion
19:47.95	Y	F	1650	Free	12/9/2012 Piranhas December Distance Invite
1:10.76	Y	F	100	Back	1/25/2013 2013 NE ABF Snow Angel Classic
1:23.09	S	F	100	Back	6/15/2013 Piranhas Summer Kick-Off Meet
1:26.94	L	F	100	Back	7/12/2013 Hawks Summer Invitational 2013
2:29.26	Y	F	200	Back	1/25/2013 2013 NE ABF Snow Angel Classic
2:56.52	L	P	200	Back	7/19/2013 2013 Adirondack Long Course District Champion
1:13.17	Y	F	100	Breast	2/10/2013 2013 Piranhas Pentathlon
1:26.17	L	F	100	Breast	7/19/2013 2013 Adirondack Long Course District Champion
1:31.20	S	F	100	Breast	6/15/2013 Piranhas Summer Kick-Off Meet
2:42.90	Y	P	200	Breast	3/10/2013 AD Gold Short Course Championships
3:10.40	L	F	200	Breast	7/19/2013 2013 Adirondack Long Course District Champion
1:13.02	Y	F	100	Fly	2/10/2013 2013 Piranhas Pentathlon
2:25.08	Y	F	200	IM	2/10/2013 2013 Piranhas Pentathlon
2:49.21	L	P	200	IM	7/19/2013 2013 Adirondack Long Course District Champion
5:24.63	Y	F	400	IM	1/25/2013 2013 NE ABF Snow Angel Classic
6:17.32	L	F	400	IM	7/19/2013 2013 Adirondack Long Course District Champion

Krystof Piekarski (11) M

CPP-AD

ALBS-AD

BSPA-AD

ALBS-AD

CPP-AD

Individual Top Times

Time	P/F/S	Event			
Krystof Piekarski (11) M					
					CPP-AD
38.47 Y L	F	50 Free	3/10/2013	AD Gold Short Course Championships	
1:27.25 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
44.10 Y L	F	50 Back	3/10/2013	AD Gold Short Course Championships	
1:41.88 Y	F	100 Back	3/1/2013	AD Silver Short Course Championships	
51.30 Y	F	50 Breast	3/1/2013	AD Silver Short Course Championships	
2:06.84 Y	F	100 Breast	11/10/2012	Pilgrims Pride	
4:27.41 Y	F	200 Breast	12/9/2012	Piranhas December Distance Invite	
57.53 Y	F	50 Fly	10/21/2012	2012 Trick or Treat Meet	
1:35.31 Y	F	100 IM	2/3/2013	Delmar Dolphins February Freeze Invitational	
3:54.54 Y	F	200 IM	12/9/2012	Piranhas December Distance Invite	
Elizabeth Pinchuk (11) W					
					ALBS-AD
37.50 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	
38.04 S	F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
1:25.06 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
8:26.72 Y	F	500 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
50.86 Y L	F	25 Back	1/4/2013	2013 Starfish Trophy Invitational	
40.91 Y	F	50 Back	1/4/2013	2013 Starfish Trophy Invitational	
43.35 S	F	50 Back	6/15/2013	Piranhas Summer Kick-Off Meet	
1:33.41 Y	F	100 Back	10/20/2012	Ravena Autumn Breeze 2012	
48.21 Y	F	50 Breast	3/10/2013	AD Gold Short Course Championships	
51.67 S	F	50 Breast	6/15/2013	Piranhas Summer Kick-Off Meet	
1:50.30 Y	F	100 Breast	3/1/2013	AD Silver Short Course Championships	
1:50.30 Y	F	100 Breast	11/10/2012	Pilgrims Pride	
42.42 Y	F	50 Fly	2/3/2013	Delmar Dolphins February Freeze Invitational	
43.11 S	F	50 Fly	6/15/2013	Piranhas Summer Kick-Off Meet	
1:28.74 Y	F	100 IM	3/10/2013	AD Gold Short Course Championships	
1:36.37 S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
Katie Pisinski (13) W					
					ALBS-AD
29.96 Y	F	50 Free	1/4/2013	2013 Starfish Trophy Invitational	
33.67 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
33.87 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:05.89 Y	P	100 Free	3/10/2013	AD Gold Short Course Championships	
2:34.03 Y	F	200 Free	12/2/2012	December Super Splash 2012	
2:43.61 L	P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
37.32 Y	F	50 Back	3/1/2013	AD Silver Short Course Championships	
1:20.18 Y	F	100 Back	3/1/2013	AD Silver Short Course Championships	
1:31.35 S	F	100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:33.55 L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
40.96 Y	P	50 Breast	3/10/2013	AD Gold Short Course Championships	
1:31.54 Y	F	100 Breast	11/10/2012	Pilgrims Pride	
1:41.52 S	F	100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
34.37 Y	P	50 Fly	3/10/2013	AD Gold Short Course Championships	
1:23.14 Y	F	100 Fly	3/1/2013	AD Silver Short Course Championships	
1:29.65 S	F	100 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:17.59 Y	F	100 IM	3/1/2013	AD Silver Short Course Championships	
1:28.06 S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
Michael Pisinski (9) M					
					ALBS-AD
17.74 Y	F	25 Free	12/15/2012	Sharks 12&Under Mini-Meet	
40.28 Y	F	50 Free	1/4/2013	2013 Starfish Trophy Invitational	
42.40 L	F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
42.53 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:27.37 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
3:23.27 L	F	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
23.24 Y	F	25 Back	12/15/2012	Sharks 12&Under Mini-Meet	
53.88 S	F	50 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:00.08 L	F	50 Back	7/19/2013	2013 Adirondack Long Course District Champion	
Kaitlyn Pitts (10) W					
					BSPA-AD
54.82 Y	F	50 Free	11/17/2012	Harvest Invitational	
1:00.86 Y	F	50 Back	11/17/2012	Harvest Invitational	

Individual Top Times

Time	P/F/S	Event				
Audrey Platta (15) W						
34.67	L	F	50	Free	6/8/2013	Clinton Cudas Colgate Classic Invitational
35.70	S	F	50	Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:20.19	L	F	100	Free	6/8/2013	Clinton Cudas Colgate Classic Invitational
1:37.20	S	F	100	Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon
Dennis Plotnikov (10) M						
1:14.00	S	F	50	Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:24.97	Y	F	50	Free	10/20/2012	Ravena Autumn Breeze 2012
58.26	L	F	50	Back	7/19/2013	2013 Adirondack Long Course District Champion
1:10.85	S	F	50	Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:15.14	Y	F	50	Back	1/4/2013	2013 Starfish Trophy Invitational
1:16.32	S	F	50	Breast	6/15/2013	Piranhas Summer Kick-Off Meet
Kathryn Pogue (9) W						
1:17.86	S	F	50	Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:16.20	S	F	50	Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon
Christopher Poole (16) M						
24.45	Y	P	50	Free	3/10/2013	AD Gold Short Course Championships
51.37	Y	P	100	Free	2/14/2013	Section II Championships Small
1:52.56	Y	P	200	Free	2/14/2013	Section II Championships Small
Isabella Porter (12) W						
38.00	Y	F	50	Free	2/23/2013	Cabin Fever Invitational
1:23.96	Y	F	100	Free	3/1/2013	AD Silver Short Course Championships
3:15.69	Y	F	200	Free	1/26/2013	Central Valley Swim Meet Quad Meet
8:52.13	Y	F	500	Free	12/15/2012	Central Valley Swim League Quad Meet
46.65	Y	F	50	Back	3/1/2013	AD Silver Short Course Championships
1:40.16	Y	F	100	Back	3/1/2013	AD Silver Short Course Championships
49.93	Y	F	50	Breast	3/1/2013	AD Silver Short Course Championships
47.62	Y	F	50	Fly	3/1/2013	AD Silver Short Course Championships
1:33.65	Y	F	100	IM	3/1/2013	AD Silver Short Course Championships
Chiara Potter (12) W						
37.90	Y	F	50	Free	12/2/2012	December Super Splash 2012
1:29.95	Y	F	100	Free	1/27/2013	Thoroughbred Splash 2013
1:00.93	Y	F	50	Breast	12/2/2012	December Super Splash 2012
50.74	Y	F	50	Fly	1/27/2013	Thoroughbred Splash 2013
1:43.79	Y	F	100	IM	12/2/2012	December Super Splash 2012
Faith Potter (10) W						
49.07	Y	F	50	Free	3/1/2013	AD Silver Short Course Championships
50.30	S	F	50	Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:50.95	Y	F	100	Free	12/15/2012	Sharks 12&Under Mini-Meet
1:54.99	S	F	100	Free	6/15/2013	Piranhas Summer Kick-Off Meet
55.10	S	F	50	Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon
57.05	Y	F	50	Back	12/15/2012	Sharks 12&Under Mini-Meet
1:00.39	Y	F	50	Breast	1/4/2013	2013 Starfish Trophy Invitational
1:04.09	S	F	50	Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:08.09	Y	F	50	Fly	11/10/2012	Pilgrims Pride
2:05.47	Y	F	100	IM	12/15/2012	Sharks 12&Under Mini-Meet
2:06.09	S	F	100	IM	6/15/2013	Piranhas Summer Kick-Off Meet
Kylie Potter (10) W						
51.19	Y	F	50	Free	11/4/2012	Hometown Splashdown
Timothy Powell (13) M						
34.94	Y	F	50	Free	11/4/2012	Hometown Splashdown
45.30	Y	F	50	Back	11/4/2012	Hometown Splashdown
48.40	Y	F	50	Breast	11/4/2012	Hometown Splashdown
Virginia Powell (13) W						
32.60	Y	F	50	Free	10/21/2012	2012 Trick or Treat Meet
2:32.70	Y	F	200	Free	10/21/2012	2012 Trick or Treat Meet
39.68	Y	F	50	Back	10/21/2012	2012 Trick or Treat Meet
38.56	Y	F	50	Fly	10/21/2012	2012 Trick or Treat Meet
Trevor Powers (12) M						

GCAT-AD

ALBS-AD

ALBS-AD

DELM-AD

AMST-AD

GLFY-AD

ALBS-AD

GRGF-AD

GRGF-AD

DELM-AD

NHA-AD

Individual Top Times

Time	P/F/S	Event			
Trevor Powers (12) M					
35.67 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	NHA-AD
1:18.97 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
42.17 Y	F	50 Back	3/1/2013	AD Silver Short Course Championships	
48.24 Y	F	50 Breast	3/1/2013	AD Silver Short Course Championships	
1:34.79 Y	F	100 IM	2/23/2013	Cabin Fever Invitational	
Thomas Pradere (8) M					
23.03 Y	F	25 Free	1/12/2013	Canajoharie Developmental Meet	AMST-AD
53.00 Y	F	50 Free	12/15/2012	Central Valley Swim League Quad Meet	
1:54.20 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
26.90 Y	F	25 Back	11/10/2012	CVSL First Splash	
1:02.25 Y	F	50 Back	2/23/2013	Cabin Fever Invitational	
42.75 Y	F	25 Breast	3/1/2013	AD Silver Short Course Championships	
Nicholas Prattico (18) M					
28.78 Y	F	50 Free	1/27/2013	Thoroughbred Splash 2013	SARY-AD
1:04.03 Y	F	100 Free	2/9/2013	North Country YMCA Swim League 2013 Champions	
1:25.74 Y	F	100 Breast	1/4/2013	2013 Starfish Trophy Invitational	
1:14.76 Y	F	100 Fly	1/4/2013	2013 Starfish Trophy Invitational	
2:41.53 Y	F	200 IM	2/9/2013	North Country YMCA Swim League 2013 Champions	
Madelyn Pratt (13) W					
29.19 Y	F	50 Free	12/2/2012	December Super Splash 2012	GLFY-AD
31.09 S	F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
1:01.10 Y	F	100 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
1:12.12 S	F	100 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
2:16.20 Y	F	200 Free	2/9/2013	North Country YMCA Swim League 2013 Champions	
6:17.97 Y	F	500 Free	1/12/2013	Chris Goody IMX Challenge	
31.40 Y	F	50 Back	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
36.77 S	F	50 Back	6/15/2013	Piranhas Summer Kick-Off Meet	
1:14.54 Y	F	100 Back	1/12/2013	Chris Goody IMX Challenge	
1:22.25 S	F	100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:32.08 Y	F	200 Back	2/9/2013	North Country YMCA Swim League 2013 Champions	
42.39 Y	F	50 Breast	12/2/2012	December Super Splash 2012	
45.37 S	F	50 Breast	6/15/2013	Piranhas Summer Kick-Off Meet	
1:34.61 Y	F	100 Breast	1/12/2013	Chris Goody IMX Challenge	
1:38.44 S	F	100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
38.07 Y	F	50 Fly	12/2/2012	December Super Splash 2012	
38.07 Y	F	50 Fly	11/4/2012	Hometown Splashdown	
1:34.02 S	F	100 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:17.91 Y	F	100 IM	11/4/2012	Hometown Splashdown	
1:25.81 S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:53.16 Y	F	200 IM	1/12/2013	Chris Goody IMX Challenge	
6:09.07 Y	F	400 IM	12/2/2012	December Super Splash 2012	
Nicolette Prestia (17) W					
29.94 Y L	F	50 Free	11/18/2012	Hawk-NDAC-CSD	HAWK-AD
1:04.62 Y	F	100 Free	11/18/2012	Hawk-NDAC-CSD	
1:11.48 Y	P	100 Fly	11/3/2012	2012 MR OB Section 9 Girls Championships	
2:30.39 Y	P	200 IM	11/3/2012	2012 MR OB Section 9 Girls Championships	
David Pribis (10) M					
1:27.47 Y	F	100 Free	2/9/2013	North Country YMCA Swim League 2013 Champions	SARY-AD
51.19 Y	F	50 Breast	2/9/2013	North Country YMCA Swim League 2013 Champions	
42.67 Y	F	50 Fly	2/9/2013	North Country YMCA Swim League 2013 Champions	
Jack Pribis (13) M					
30.76 Y	F	50 Free	1/27/2013	Thoroughbred Splash 2013	SARY-AD
1:07.95 Y	F	100 Free	1/27/2013	Thoroughbred Splash 2013	
2:50.59 Y	F	200 IM	1/27/2013	Thoroughbred Splash 2013	
Kelsey Primard (16) W					
1:07.27 Y	F	100 Free	1/4/2013	2013 Starfish Trophy Invitational	WAVE-AD
1:17.29 Y	F	100 Back	1/4/2013	2013 Starfish Trophy Invitational	
1:17.19 Y	F	100 Fly	1/4/2013	2013 Starfish Trophy Invitational	
Sarah Pritchard (12) W					
					BSPA-AD

Individual Top Times

Time	P/F/S	Event			
Sarah Pritchard (12) W					
32.22 Y	F	50 Free	12/2/2012	December Super Splash 2012	BSPA-AD
1:16.32 Y	F	100 Free	12/2/2012	December Super Splash 2012	
40.05 Y	F	50 Back	2/3/2013	Delmar Dolphins February Freeze Invitational	
43.46 Y	F	50 Breast	1/12/2013	Chris Goody Mini-Meet	
35.81 Y	F	50 Fly	12/2/2012	December Super Splash 2012	
1:24.27 Y	F	100 IM	1/12/2013	Chris Goody Mini-Meet	
Julia Pucciarelli (18) W					
27.52 Y	P	50 Free	3/10/2013	AD Gold Short Course Championships	ALBS-AD
59.11 Y	P	100 Free	3/10/2013	AD Gold Short Course Championships	
2:04.92 Y	P	200 Free	3/10/2013	AD Gold Short Course Championships	
5:26.56 Y	F	500 Free	11/1/2012	Girls Sec II Division I Champ	
30.64 Y	F	50 Back	9/15/2012	2012 NI Ob - Women's Owego Invitational	
1:03.18 Y	F	100 Back	11/1/2012	Girls Sec II Division I Champ	
2:19.85 Y	P	200 Back	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS	
1:05.63 Y	P	100 Fly	3/10/2013	AD Gold Short Course Championships	
Alyssa Puleo (9) W					
21.64 Y	F	25 Free	11/18/2012	Hawk-NDAC-CSD	HAWK-AD
50.42 Y	F	50 Free	11/10/2012	Pilgrims Pride	
1:55.88 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
2:11.40 L	F	100 Free	7/12/2013	Hawks Summer Invitational 2013	
27.87 Y	F	25 Back	10/21/2012	2012 Trick or Treat Meet	
59.06 Y	F	50 Back	1/25/2013	Hawks Trials And Finals 2013	
36.89 Y	F	25 Breast	10/21/2012	2012 Trick or Treat Meet	
2:20.45 Y	F	100 Breast	1/25/2013	Hawks Trials And Finals 2013	
26.20 Y	F	25 Fly	11/18/2012	Hawk-NDAC-CSD	
1:03.86 Y	F	50 Fly	1/25/2013	Hawks Trials And Finals 2013	
1:13.81 L	F	50 Fly	7/12/2013	Hawks Summer Invitational 2013	
2:08.87 Y	F	100 IM	1/25/2013	Hawks Trials And Finals 2013	
Colleen Quaglia (13) W					
26.98 Y	F	50 Free	10/21/2012	2012 Trick or Treat Meet	UN-AD
58.05 Y	F	100 Free	12/2/2012	December Super Splash 2012	
1:09.02 L	F	100 Free	7/12/2013	Hawks Summer Invitational 2013	
2:07.48 Y	F	200 Free	1/27/2013	North Country League Meet	
2:22.45 L	F	200 Free	7/12/2013	Hawks Summer Invitational 2013	
5:31.59 Y	F	500 Free	1/12/2013	Chris Goody IMX Challenge	
19:06.75 Y	F	1650 Free	12/9/2012	Piranhas December Distance Invite	
1:01.92 Y	F	100 Back	11/1/2012	Girls Sec II Division 2 Champ	
1:16.31 L	F	100 Back	7/12/2013	Hawks Summer Invitational 2013	
2:14.76 Y	F	200 Back	1/12/2013	Chris Goody IMX Challenge	
1:17.50 Y	F	100 Breast	10/21/2012	2012 Trick or Treat Meet	
2:47.94 Y	F	200 Breast	1/12/2013	Chris Goody IMX Challenge	
3:18.75 L	F	200 Breast	7/12/2013	Hawks Summer Invitational 2013	
1:03.82 Y	F	100 Fly	10/21/2012	2012 Trick or Treat Meet	
1:14.93 L	F	100 Fly	7/12/2013	Hawks Summer Invitational 2013	
2:17.98 Y	F	200 Fly	12/9/2012	Piranhas December Distance Invite	
2:50.91 L	F	200 Fly	7/12/2013	Hawks Summer Invitational 2013	
2:14.25 Y	F	200 IM	11/1/2012	Girls Sec II Division 2 Champ	
2:43.30 L	F	200 IM	7/12/2013	Hawks Summer Invitational 2013	
5:01.80 Y	F	400 IM	12/2/2012	December Super Splash 2012	
Dossin Racette (12) M					
38.21 Y	F	50 Free	2/23/2013	Cabin Fever Invitational	WAVE-AD
1:39.35 Y	F	100 Free	1/27/2013	Thoroughbred Splash 2013	
52.25 Y	F	50 Back	1/4/2013	2013 Starfish Trophy Invitational	
49.28 Y	F	50 Breast	2/23/2013	Cabin Fever Invitational	
1:43.11 Y	F	100 Breast	2/23/2013	Cabin Fever Invitational	
Shane Racey (11) M					
35.40 Y	F	50 Free	11/10/2012	Pilgrims Pride	RAVE-AD
1:21.70 Y	F	100 Free	11/10/2012	Pilgrims Pride	
41.94 Y	F	50 Back	12/15/2012	Sharks 12&Under Mini-Meet	

Individual Top Times

Time	P/F/S	Event				
Shane Racey (11) M						
1:33.14	Y	F	100	Back	1/12/2013	Chris Goody IMX Challenge
51.11	Y	F	50	Breast	11/10/2012	Pilgrims Pride
Ella Raiti (9) W						
18.50	Y	F	25	Free	12/15/2012	Sharks 12&Under Mini-Meet
42.56	Y	F	50	Free	1/4/2013	2013 Starfish Trophy Invitational
1:34.35	Y	F	100	Free	2/3/2013	Delmar Dolphins February Freeze Invitational
21.12	Y	F	25	Back	12/15/2012	Sharks 12&Under Mini-Meet
48.48	Y	F	50	Back	3/10/2013	AD Gold Short Course Championships
29.42	Y	F	25	Breast	12/15/2012	Sharks 12&Under Mini-Meet
59.21	Y	F	50	Breast	1/4/2013	2013 Starfish Trophy Invitational
21.93	Y	F	25	Fly	12/15/2012	Sharks 12&Under Mini-Meet
49.87	Y	F	50	Fly	2/3/2013	Delmar Dolphins February Freeze Invitational
1:42.06	Y	F	100	IM	3/10/2013	AD Gold Short Course Championships
Joseph Raiti (13) M						
34.95	Y	F	50	Free	10/20/2012	Ravena Autumn Breeze 2012
36.05	S	F	50	Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon
45.84	Y	F	50	Back	10/20/2012	Ravena Autumn Breeze 2012
1:43.15	S	F	100	Back	6/15/2013	Piranhas Summer Kick-Off Meet
51.64	Y	F	50	Breast	10/20/2012	Ravena Autumn Breeze 2012
1:52.63	S	F	100	Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:40.47	S	F	100	IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon
3:27.96	Y	F	200	IM	10/20/2012	Ravena Autumn Breeze 2012
Mia Raiti (9) W						
19.14	Y	F	25	Free	11/17/2012	Harvest Invitational
39.26	Y L	F	50	Free	3/10/2013	AD Gold Short Course Championships
1:30.56	Y	F	100	Free	3/10/2013	AD Gold Short Course Championships
22.10	Y	F	25	Back	11/17/2012	Harvest Invitational
42.40	Y	F	50	Back	3/10/2013	AD Gold Short Course Championships
28.14	Y	F	25	Breast	12/15/2012	Sharks 12&Under Mini-Meet
21.62	Y	F	25	Fly	12/15/2012	Sharks 12&Under Mini-Meet
43.84	Y	F	50	Fly	3/10/2013	AD Gold Short Course Championships
1:36.86	Y	F	100	IM	3/10/2013	AD Gold Short Course Championships
Kareena Ramgulam (10) W						
56.92	S	F	50	Free	6/15/2013	Piranhas Summer Kick-Off Meet
2:16.85	S	F	100	Free	6/15/2013	Piranhas Summer Kick-Off Meet
Arka Rao (17) M						
23.17	Y	F	50	Free	3/10/2013	AD Gold Short Course Championships
1:56.54	Y	P	200	Free	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS
5:41.25	Y	F	500	Free	1/4/2013	2013 Starfish Trophy Invitational
1:02.26	Y	P	100	Back	3/10/2013	AD Gold Short Course Championships
2:14.59	Y	F	200	Back	1/12/2013	Chris Goody IMX Challenge
1:03.32	Y	F	100	Breast	2/14/2013	Section II Championships Small
59.12	Y	P	100	Fly	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS
2:05.32	Y	P	200	IM	2/14/2013	Section II Championships Small
4:49.61	Y	F	400	IM	1/12/2013	Chris Goody IMX Challenge
Vama Rao (13) W						
34.21	Y	F	50	Free	2/3/2013	Delmar Dolphins February Freeze Invitational
1:16.84	Y	F	100	Free	3/1/2013	AD Silver Short Course Championships
38.60	Y	F	50	Back	2/23/2013	Cabin Fever Invitational
1:22.78	Y	F	100	Back	2/23/2013	Cabin Fever Invitational
2:49.64	Y	F	200	Back	3/1/2013	AD Silver Short Course Championships
40.31	Y	P	50	Breast	3/10/2013	AD Gold Short Course Championships
1:26.97	Y	P	100	Breast	3/10/2013	AD Gold Short Course Championships
3:11.27	Y	F	200	Breast	12/9/2012	Piranhas December Distance Invite
40.43	Y	F	50	Fly	12/15/2012	Sharks 12&Under Mini-Meet
1:26.53	Y	F	100	IM	12/15/2012	Sharks 12&Under Mini-Meet
Madalyn Rascoe (13) W						
30.56	Y	F	50	Free	2/23/2013	Cabin Fever Invitational
1:07.39	Y	F	100	Free	1/4/2013	2013 Starfish Trophy Invitational

Individual Top Times

Time	P/F/S	Event			
Madalyn Rascoe (13) W					
2:26.48	Y	F	200	Free	2/9/2013 North Country YMCA Swim League 2013 Champions
34.08	Y	P	50	Back	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
1:18.07	Y	F	100	Back	11/17/2012 Harvest Invitational
44.00	Y	F	50	Breast	11/10/2012 Pilgrims Pride
1:31.20	Y	F	100	Breast	2/23/2013 Cabin Fever Invitational
34.11	Y	P	50	Fly	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
1:21.80	Y	F	100	Fly	2/23/2013 Cabin Fever Invitational
1:19.90	Y	F	100	IM	11/17/2012 Harvest Invitational
2:45.01	Y	P	200	IM	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
Richmond Rathbun (12) W					
36.74	Y	F	50	Free	1/4/2013 2013 Starfish Trophy Invitational
1:26.70	Y	F	100	Free	12/15/2012 Sharks 12&Under Mini-Meet
45.26	Y	F	50	Back	1/4/2013 2013 Starfish Trophy Invitational
49.25	Y	F	50	Fly	1/4/2013 2013 Starfish Trophy Invitational
Sarah Rathbun (12) W					
30.52	Y	P	50	Free	3/10/2013 AD Gold Short Course Championships
1:10.21	Y	F	100	Free	1/20/2013 Foothills Inv
44.26	Y	F	50	Breast	1/4/2013 2013 Starfish Trophy Invitational
36.39	Y	F	50	Fly	1/27/2013 Thoroughbred Splash 2013
1:31.86	Y	F	100	IM	12/15/2012 Sharks 12&Under Mini-Meet
Nathan Ratta Vine (9) M					
43.41	Y	F	50	Free	1/4/2013 2013 Starfish Trophy Invitational
1:38.19	Y	F	100	Free	2/9/2013 North Country YMCA Swim League 2013 Champions
56.09	Y	F	50	Back	1/4/2013 2013 Starfish Trophy Invitational
24.01	Y	F	25	Breast	2/9/2013 North Country YMCA Swim League 2013 Champions
53.36	Y	F	50	Breast	1/4/2013 2013 Starfish Trophy Invitational
22.72	Y	F	25	Fly	2/9/2013 North Country YMCA Swim League 2013 Champions
1:04.66	Y	F	50	Fly	1/4/2013 2013 Starfish Trophy Invitational
1:38.36	Y	F	100	IM	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
Craig Raymond (17) M					
23.24	Y	F	50	Free	3/10/2013 AD Gold Short Course Championships
26.23	L	F	50	Free	7/19/2013 2013 Adirondack Long Course District Champion
52.29	Y	P	100	Free	12/6/2012 2012 NI - STAR Short Course Invitational
58.47	L	P	100	Free	7/19/2013 2013 Adirondack Long Course District Champion
1:56.71	Y	P	200	Free	12/6/2012 2012 NI - STAR Short Course Invitational
2:09.88	L	P	200	Free	7/19/2013 2013 Adirondack Long Course District Champion
4:41.85	L	F	400	Free	7/19/2013 2013 Adirondack Long Course District Champion
5:32.08	Y	F	500	Free	10/27/2012 IM-Xtremely Spooked
30.58	Y L	F	50	Back	1/4/2013 2013 Starfish Trophy Invitational
1:00.75	Y	P	100	Back	3/10/2013 AD Gold Short Course Championships
1:08.94	L	F	100	Back	5/3/2013 2013 MR Condors May Meters Matter
2:12.54	Y	P	200	Back	3/10/2013 AD Gold Short Course Championships
2:25.73	L	P	200	Back	7/19/2013 2013 Adirondack Long Course District Champion
1:11.35	Y	P	100	Breast	2/15/2013 AD 2013 REGION 1 CHAMPIONSHIPS
1:20.16	L	P	100	Breast	7/19/2013 2013 Adirondack Long Course District Champion
2:34.87	Y	P	200	Breast	3/10/2013 AD Gold Short Course Championships
3:02.76	L	F	200	Breast	5/3/2013 2013 MR Condors May Meters Matter
1:01.09	Y	P	100	Fly	2/15/2013 AD 2013 REGION 1 CHAMPIONSHIPS
1:06.87	L	P	100	Fly	7/19/2013 2013 Adirondack Long Course District Champion
2:54.57	L	F	200	Fly	7/12/2013 Hawks Summer Invitational 2013
2:10.62	Y	P	200	IM	3/10/2013 AD Gold Short Course Championships
2:30.47	L	F	200	IM	7/12/2013 Hawks Summer Invitational 2013
4:40.80	Y	P	400	IM	2/15/2013 AD 2013 REGION 1 CHAMPIONSHIPS
Mikaela Raymond (10) W					
40.17	Y	F	50	Free	3/1/2013 AD Silver Short Course Championships
1:33.15	Y	F	100	Free	3/1/2013 AD Silver Short Course Championships
50.53	Y	F	50	Back	10/21/2012 2012 Trick or Treat Meet
1:51.30	Y	F	100	Back	3/1/2013 AD Silver Short Course Championships
1:01.91	Y	F	50	Breast	3/1/2013 AD Silver Short Course Championships

Individual Top Times

Time	P/F/S	Event				
Mikaela Raymond (10) W						
1:52.50	Y	F	100	IM	3/1/2013	AD Silver Short Course Championships
Zackary Raymond (14) M						
27.59	Y	F	50	Free	3/1/2013	AD Silver Short Course Championships
1:02.46	Y	F	100	Free	3/1/2013	AD Silver Short Course Championships
2:18.39	Y	F	200	Free	3/1/2013	AD Silver Short Course Championships
1:16.71	Y	F	100	Back	1/4/2013	2013 Starfish Trophy Invitational
2:51.03	Y	F	200	Back	3/1/2013	AD Silver Short Course Championships
1:29.36	Y	F	100	Breast	11/10/2012	Pilgrims Pride
3:24.99	Y	F	200	Breast	12/7/2012	2012 NE UVAC Winter Classic
1:21.87	Y	F	100	Fly	1/4/2013	2013 Starfish Trophy Invitational
2:56.51	Y	F	200	IM	12/7/2012	2012 NE UVAC Winter Classic
Nathalie Redick (11) W						
37.84	Y	F	50	Free	11/17/2012	Harvest Invitational
1:23.41	Y	F	100	Free	1/27/2013	Thoroughbred Splash 2013
44.68	Y	F	50	Back	11/17/2012	Harvest Invitational
49.59	Y	F	50	Breast	1/27/2013	Thoroughbred Splash 2013
3:13.81	Y	F	200	IM	1/27/2013	Thoroughbred Splash 2013
Katrina Reeber (14) W						
34.27	Y	F	50	Free	3/1/2013	AD Silver Short Course Championships
1:17.36	Y	F	100	Free	3/1/2013	AD Silver Short Course Championships
2:54.96	Y	F	200	Free	2/23/2013	Cabin Fever Invitational
1:20.45	Y	F	100	Back	3/1/2013	AD Silver Short Course Championships
3:02.28	Y	F	200	Back	1/20/2013	Foothills Inv
1:35.85	Y	F	100	Breast	3/1/2013	AD Silver Short Course Championships
3:29.84	Y	F	200	Breast	3/1/2013	AD Silver Short Course Championships
1:33.48	Y	F	100	Fly	1/12/2013	Canajoharie Developmental Meet
3:15.68	Y	F	200	IM	12/1/2012	Central Valley Swim League Quad Meet
Alexandra Reed (10) W						
41.75	Y	F	50	Free	3/1/2013	AD Silver Short Course Championships
48.16	S	F	50	Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon
49.10	L	F	50	Free	7/19/2013	2013 Adirondack Long Course District Champion
1:32.63	Y	F	100	Free	3/1/2013	AD Silver Short Course Championships
1:41.17	S	F	100	Free	6/15/2013	Piranhas Summer Kick-Off Meet
48.64	Y	F	50	Back	2/10/2013	2013 Piranhas Pentathlon
57.33	L	F	50	Back	7/19/2013	2013 Adirondack Long Course District Champion
1:57.77	Y	F	100	Back	2/3/2013	Delmar Dolphins February Freeze Invitational
2:06.92	L	F	100	Back	7/12/2013	Hawks Summer Invitational 2013
1:01.80	Y	F	50	Breast	2/10/2013	2013 Piranhas Pentathlon
1:07.56	S	F	50	Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:01.37	Y	F	50	Fly	2/10/2013	2013 Piranhas Pentathlon
1:51.88	Y	F	100	IM	2/10/2013	2013 Piranhas Pentathlon
Jenna Reese (10) W						
45.17	Y	F	50	Free	3/1/2013	AD Silver Short Course Championships
1:47.60	Y	F	100	Free	1/4/2013	2013 Starfish Trophy Invitational
52.25	Y	F	50	Back	1/12/2013	Canajoharie Developmental Meet
1:51.73	Y	F	100	Back	12/15/2012	Central Valley Swim League Quad Meet
1:04.08	Y	F	50	Breast	3/1/2013	AD Silver Short Course Championships
2:29.00	Y	F	100	Breast	12/15/2012	Central Valley Swim League Quad Meet
54.09	Y	F	50	Fly	3/1/2013	AD Silver Short Course Championships
2:07.96	Y	F	100	Fly	3/1/2013	AD Silver Short Course Championships
1:56.13	Y	F	100	IM	3/1/2013	AD Silver Short Course Championships
Alexa Reickert (14) W						
30.75	Y	F	50	Free	2/3/2013	Delmar Dolphins February Freeze Invitational
35.05	S	F	50	Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:09.81	Y	F	100	Free	3/1/2013	AD Silver Short Course Championships
1:19.83	L	F	100	Free	6/8/2013	Clinton Cudas Colgate Classic Invitational
1:13.32	Y	F	100	Back	2/23/2013	Cabin Fever Invitational
1:21.17	S	F	100	Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon
3:10.97	L	F	200	Back	6/8/2013	Clinton Cudas Colgate Classic Invitational

WAVE-AD

WAVE-AD

SARY-AD

AMST-AD

CPP-AD

CANA-AD

DELM-AD

Individual Top Times

Time	P/F/S	Event			
Alexa Reickert (14) W					
DELM-AD					
1:27.00	Y	F	100 Breast	2/3/2013	Delmar Dolphins February Freeze Invitational
1:36.72	S	F	100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:39.75	L	F	100 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational
3:11.96	Y	F	200 Breast	1/12/2013	Chris Goody IMX Challenge
1:28.39	S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon
2:55.80	Y	F	200 IM	1/12/2013	Chris Goody IMX Challenge
Hayden Reidy (15) M					
WAVE-AD					
28.04	Y	F	50 Free	10/21/2012	2012 Trick or Treat Meet
1:01.93	Y	F	100 Free	10/21/2012	2012 Trick or Treat Meet
1:15.13	Y	F	100 Breast	10/21/2012	2012 Trick or Treat Meet
2:31.93	Y	F	200 IM	10/21/2012	2012 Trick or Treat Meet
Hannah Reigi (14) W					
CLIN-AD					
30.80	Y	F	50 Free	2/3/2013	Delmar Dolphins February Freeze Invitational
1:09.05	Y	F	100 Free	2/3/2013	Delmar Dolphins February Freeze Invitational
2:35.67	Y	F	200 Free	2/3/2013	Delmar Dolphins February Freeze Invitational
1:21.62	Y	F	100 Back	2/3/2013	Delmar Dolphins February Freeze Invitational
Connor Reilly (15) M					
DELM-AD					
25.84	Y	F	50 Free	3/1/2013	AD Silver Short Course Championships
29.18	L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion
56.43	Y	F	100 Free	3/1/2013	AD Silver Short Course Championships
1:05.44	L	F	100 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational
2:08.70	Y	F	200 Free	1/4/2013	2013 Starfish Trophy Invitational
2:24.18	L	P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion
1:04.50	Y	F	100 Back	3/1/2013	AD Silver Short Course Championships
1:11.20	S	F	100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:13.58	L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion
2:21.61	Y	P	200 Back	3/10/2013	AD Gold Short Course Championships
2:50.22	L	F	200 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational
1:10.83	Y	P	100 Breast	3/10/2013	AD Gold Short Course Championships
1:20.86	S	F	100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:23.72	L	P	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion
2:37.19	Y	F	200 Breast	3/1/2013	AD Silver Short Course Championships
3:03.54	L	P	200 Breast	7/19/2013	2013 Adirondack Long Course District Champion
1:04.97	Y	F	100 Fly	3/1/2013	AD Silver Short Course Championships
1:12.32	L	P	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion
1:12.63	S	F	100 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon
2:28.00	Y	F	200 IM	12/2/2012	December Super Splash 2012
2:41.78	L	P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion
Hunter Reinhardt (13) M					
HAWK-AD					
30.06	Y	F	50 Free	3/1/2013	AD Silver Short Course Championships
1:03.77	Y	F	100 Free	3/1/2013	AD Silver Short Course Championships
1:19.43	L	F	100 Free	7/12/2013	Hawks Summer Invitational 2013
2:15.51	Y	F	200 Free	3/1/2013	AD Silver Short Course Championships
38.44	Y	F	50 Back	10/21/2012	2012 Trick or Treat Meet
1:12.14	Y	F	100 Back	3/1/2013	AD Silver Short Course Championships
1:25.91	L	F	100 Back	7/12/2013	Hawks Summer Invitational 2013
2:32.22	Y	F	200 Back	3/1/2013	AD Silver Short Course Championships
38.47	Y	F	50 Breast	11/10/2012	Pilgrims Pride
1:17.83	Y	F	100 Breast	3/1/2013	AD Silver Short Course Championships
1:31.30	L	F	100 Breast	7/12/2013	Hawks Summer Invitational 2013
2:46.83	Y	P	200 Breast	1/25/2013	Hawks Trials And Finals 2013
3:11.73	L	F	200 Breast	7/12/2013	Hawks Summer Invitational 2013
1:11.49	Y	F	100 Fly	3/1/2013	AD Silver Short Course Championships
1:29.54	L	F	100 Fly	7/12/2013	Hawks Summer Invitational 2013
x1:16.12	Y	F	100 IM	11/18/2012	Hawk-NDAC-CSD
2:31.86	Y	F	200 IM	3/1/2013	AD Silver Short Course Championships
2:55.68	L	F	200 IM	7/12/2013	Hawks Summer Invitational 2013
6:13.39	L	F	400 IM	7/12/2013	Hawks Summer Invitational 2013
Olivia Reinhardt (18) W					
HAWK-AD					

Individual Top Times

Time	P/F/S	Event			
Olivia Reinhardt (18) W					
					HAWK-AD
57.94 Y L	F	100 Free	3/10/2013	AD Gold Short Course Championships	
x57.94 Y	F	100 Free	11/18/2012	Hawk-NDAC-CSD	
57.94 Y	F	100 Free	1/25/2013	Hawks Trials And Finals 2013	
5:17.97 Y	F	500 Free	3/10/2013	AD Gold Short Course Championships	
19:55.05 L	F	1500 Free	7/12/2013	Hawks Summer Invitational 2013	
18:16.55 Y	F	1650 Free	3/10/2013	AD Gold Short Course Championships	
1:05.40 Y	P	100 Back	3/10/2013	AD Gold Short Course Championships	
1:21.35 L	F	100 Back	7/12/2013	Hawks Summer Invitational 2013	
1:09.28 Y	F	100 Breast	3/10/2013	AD Gold Short Course Championships	
1:23.10 L	P	100 Breast	3/21/2013	2013 NI - EZ North Region Speedo Ch	
2:27.73 Y	F	200 Breast	3/10/2013	AD Gold Short Course Championships	
2:59.54 L	P	200 Breast	3/21/2013	2013 NI - EZ North Region Speedo Ch	
58.67 Y	F	100 Fly	11/3/2012	2012 MR OB Section 9 Girls Championships	
1:10.56 L	P	100 Fly	3/21/2013	2013 NI - EZ North Region Speedo Ch	
2:18.99 Y	F	200 Fly	3/10/2013	AD Gold Short Course Championships	
2:12.24 Y	F	200 IM	11/3/2012	2012 MR OB Section 9 Girls Championships	
2:39.90 L	P	200 IM	3/21/2013	2013 NI - EZ North Region Speedo Ch	
4:42.06 Y	F	400 IM	3/10/2013	AD Gold Short Course Championships	
5:47.86 L	F	400 IM	7/12/2013	Hawks Summer Invitational 2013	
Sophia Reinhardt (13) W					
					HAWK-AD
32.18 Y	F	50 Free	1/4/2013	2013 Starfish Trophy Invitational	
1:09.68 Y	F	100 Free	1/4/2013	2013 Starfish Trophy Invitational	
1:19.90 L	F	100 Free	7/12/2013	Hawks Summer Invitational 2013	
2:53.42 L	F	200 Free	7/12/2013	Hawks Summer Invitational 2013	
x39.75 Y	F	50 Back	11/18/2012	Hawk-NDAC-CSD	
1:20.69 Y	F	100 Back	1/4/2013	2013 Starfish Trophy Invitational	
1:34.05 L	F	100 Back	7/12/2013	Hawks Summer Invitational 2013	
2:49.19 Y	F	200 Back	1/4/2013	2013 Starfish Trophy Invitational	
41.84 Y	F	50 Breast	11/18/2012	Hawk-NDAC-CSD	
1:28.99 Y	F	100 Breast	1/4/2013	2013 Starfish Trophy Invitational	
1:47.70 L	F	100 Breast	7/12/2013	Hawks Summer Invitational 2013	
3:07.33 Y	F	200 Breast	1/4/2013	2013 Starfish Trophy Invitational	
3:49.92 L	F	200 Breast	7/12/2013	Hawks Summer Invitational 2013	
36.82 Y	F	50 Fly	11/10/2012	Pilgrims Pride	
1:24.10 Y	F	100 Fly	1/4/2013	2013 Starfish Trophy Invitational	
1:41.38 L	F	100 Fly	7/12/2013	Hawks Summer Invitational 2013	
2:49.00 Y	F	200 IM	1/4/2013	2013 Starfish Trophy Invitational	
3:12.45 L	F	200 IM	7/12/2013	Hawks Summer Invitational 2013	
Sofie Reitema (9) W					
					TBS-AD
58.28 L	F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:00.52 Y	F	50 Free	3/2/2013	2013 NI - METS - Meet the Flintstones	
1:05.24 Y	F	50 Back	3/2/2013	2013 NI - METS - Meet the Flintstones	
1:12.10 L	F	50 Back	7/19/2013	2013 Adirondack Long Course District Champion	
Erich Reitz (11) M					
					ADDI-AD
36.62 Y	F	50 Free	1/4/2013	2013 NE GMA Winter Knights	
1:28.11 Y	F	100 Free	12/15/2012	Sharks 12&Under Mini-Meet	
45.79 Y	F	50 Back	2/23/2013	Cabin Fever Invitational	
1:38.04 Y	F	100 Back	2/23/2013	Cabin Fever Invitational	
1:48.86 Y	F	100 IM	2/3/2013	2013 NE GMA VT Specialty Meet	
Erik Ren (13) M					
					ALBS-AD
27.13 Y	F	50 Free	2/10/2013	2013 Piranhas Pentathlon	
30.66 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
30.84 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:00.07 Y	F	100 Free	1/27/2013	Thoroughbred Splash 2013	
1:09.24 L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:18.90 Y	F	200 Free	1/4/2013	2013 Starfish Trophy Invitational	
2:52.35 L	F	200 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
6:25.17 Y	F	500 Free	1/27/2013	Thoroughbred Splash 2013	
32.35 Y	F	50 Back	1/4/2013	2013 Starfish Trophy Invitational	
1:13.29 Y	F	100 Back	2/23/2013	Cabin Fever Invitational	

Individual Top Times

Time	P/F/S	Event			
Erik Ren (13) M			ALBS-AD		
1:21.80	S F	100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:27.43	L P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
2:33.27	Y F	200 Back	12/9/2012	Piranhas December Distance Invite	
3:07.96	L F	200 Back	6/22/2013	2013 NI - Niagara Super Circuit Ithaca	
34.19	Y P	50 Breast	3/10/2013	AD Gold Short Course Championships	
1:16.17	Y F	100 Breast	11/10/2012	Pilgrims Pride	
1:23.68	S F	100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:26.13	L F	100 Breast	6/22/2013	2013 NI - Niagara Super Circuit Ithaca	
2:40.78	Y F	200 Breast	3/10/2013	AD Gold Short Course Championships	
3:06.57	L F	200 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
31.69	Y F	50 Fly	2/10/2013	2013 Piranhas Pentathlon	
1:17.59	Y F	100 Fly	1/4/2013	2013 Starfish Trophy Invitational	
1:23.52	S F	100 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:28.80	L P	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:09.21	Y F	100 IM	1/4/2013	2013 Starfish Trophy Invitational	
1:20.01	S F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:31.97	Y P	200 IM	3/10/2013	AD Gold Short Course Championships	
2:54.48	L P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
Margaret Reynolds (11) W			DELM-AD		
32.30	Y F	50 Free	3/10/2013	AD Gold Short Course Championships	
35.65	L F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
37.26	S F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:12.03	Y F	100 Free	3/10/2013	AD Gold Short Course Championships	
1:21.18	L F	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:38.25	Y F	200 Free	1/4/2013	2013 Starfish Trophy Invitational	
2:59.09	L F	200 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
3:01.50	S F	200 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
6:27.48	L F	400 Free	7/19/2013	2013 Adirondack Long Course District Champion	
6:53.81	Y F	500 Free	3/10/2013	AD Gold Short Course Championships	
42.43	Y L F	25 Back	1/4/2013	2013 Starfish Trophy Invitational	
36.88	Y F	50 Back	3/10/2013	AD Gold Short Course Championships	
43.85	S F	50 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
44.47	L F	50 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
44.47	L F	50 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:19.43	Y F	100 Back	3/10/2013	AD Gold Short Course Championships	
1:31.72	L F	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:32.56	S F	100 Back	6/15/2013	Piranhas Summer Kick-Off Meet	
45.05	Y F	50 Breast	2/10/2013	2013 Piranhas Pentathlon	
46.69	L F	50 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
50.37	S F	50 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:33.72	Y F	100 Breast	3/10/2013	AD Gold Short Course Championships	
1:41.51	L F	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
1:45.04	S F	100 Breast	6/15/2013	Piranhas Summer Kick-Off Meet	
39.88	Y F	50 Fly	2/10/2013	2013 Piranhas Pentathlon	
46.01	S F	50 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
47.58	L F	50 Fly	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:39.93	Y F	100 Fly	1/12/2013	Chris Goody IMX Challenge	
1:46.13	L F	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:22.37	Y F	100 IM	3/10/2013	AD Gold Short Course Championships	
1:36.99	S F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:58.20	Y F	200 IM	3/10/2013	AD Gold Short Course Championships	
3:16.96	L F	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
Meghan Reynolds (13) W			CPP-AD		
33.68	Y F	50 Free	10/21/2012	2012 Trick or Treat Meet	
34.58	S F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
35.30	L P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:12.96	Y F	100 Free	2/10/2013	2013 Piranhas Pentathlon	
2:42.89	S F	200 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
2:48.10	L P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
7:18.73	Y F	500 Free	12/9/2012	Piranhas December Distance Invite	

Individual Top Times

Time	P/F/S	Event			
Meghan Reynolds (13) W			CPP-AD		
1:24.05	Y F	100 Back	2/10/2013	2013 Piranhas Pentathlon	
1:29.21	S F	100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:32.49	L P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
2:55.15	Y F	200 Back	3/1/2013	AD Silver Short Course Championships	
1:38.63	Y F	100 Breast	2/10/2013	2013 Piranhas Pentathlon	
1:49.54	S F	100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
3:30.70	Y F	200 Breast	12/9/2012	Piranhas December Distance Invite	
3:57.80	L F	200 Breast	7/12/2013	Hawks Summer Invitational 2013	
1:34.30	Y F	100 Fly	2/10/2013	2013 Piranhas Pentathlon	
1:52.38	S F	100 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:32.60	S F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:58.02	Y F	200 IM	3/1/2013	AD Silver Short Course Championships	
Edward Reynolds (7) M			DELM-AD		
22.67	Y F	25 Free	3/1/2013	AD Silver Short Course Championships	
26.41	S F	25 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
54.92	L F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
55.55	S F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
55.83	Y F	50 Free	3/1/2013	AD Silver Short Course Championships	
2:01.01	Y F	100 Free	3/1/2013	AD Silver Short Course Championships	
2:05.46	L F	100 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
30.36	Y F	25 Back	3/1/2013	AD Silver Short Course Championships	
31.15	S F	25 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:05.32	Y F	50 Back	3/1/2013	AD Silver Short Course Championships	
1:07.49	L F	50 Back	7/19/2013	2013 Adirondack Long Course District Champion	
2:28.51	L F	100 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
42.38	Y F	25 Breast	12/15/2012	Sharks 12&Under Mini-Meet	
34.97	S F	25 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
35.39	Y F	25 Fly	3/1/2013	AD Silver Short Course Championships	
1:25.38	L F	50 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
Nora Reynolds (15) W			USAM-AD		
28.39	Y P	50 Free	3/10/2013	AD Gold Short Course Championships	
1:00.96	Y P	100 Free	3/10/2013	AD Gold Short Course Championships	
2:20.41	Y F	200 Free	3/1/2013	AD Silver Short Course Championships	
6:13.26	Y F	500 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
34.20	Y L F	50 Back	3/9/2013	Eastern States League Championships 2013	
1:13.01	Y P	100 Back	3/10/2013	AD Gold Short Course Championships	
2:35.90	Y P	200 Back	3/10/2013	AD Gold Short Course Championships	
1:26.87	Y F	100 Breast	11/10/2012	Pilgrims Pride	
3:08.34	Y F	200 Breast	3/1/2013	AD Silver Short Course Championships	
1:16.94	Y F	100 Fly	2/10/2013	2013 Piranhas Pentathlon	
2:38.92	Y F	200 IM	3/9/2013	Eastern States League Championships 2013	
Reaghan Reynolds (12) W			UN-AD		
31.30	Y F	50 Free	3/9/2013	Eastern States League Championships 2013	
35.12	L F	50 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:10.11	Y P	100 Free	3/10/2013	AD Gold Short Course Championships	
1:16.43	L P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:30.25	Y F	200 Free	3/9/2013	Eastern States League Championships 2013	
2:50.07	L F	200 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
6:08.82	L F	400 Free	7/12/2013	Hawks Summer Invitational 2013	
6:43.35	Y F	500 Free	3/10/2013	AD Gold Short Course Championships	
38.65	Y F	50 Back	3/1/2013	AD Silver Short Course Championships	
44.40	L F	50 Back	7/12/2013	Hawks Summer Invitational 2013	
1:21.63	Y F	100 Back	3/1/2013	AD Silver Short Course Championships	
1:29.31	L L F	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
2:59.69	Y F	200 Back	1/12/2013	Chris Goody IMX Challenge	
44.91	Y F	50 Breast	1/4/2013	2013 Starfish Trophy Invitational	
49.95	L P	50 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
1:40.64	Y F	100 Breast	3/1/2013	AD Silver Short Course Championships	
1:52.25	L F	100 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational	
39.17	Y F	50 Fly	1/4/2013	2013 Starfish Trophy Invitational	

Individual Top Times

Time	P/F/S	Event			
Reaghan Reynolds (12) W					
42.40 L	F	50 Fly	6/8/2013	Clinton Cudas Colgate Classic Invitational	EELS-AD
1:35.61 Y	F	100 Fly	10/27/2012	IM-Xtremely Spooked	
1:46.30 L	P	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:21.32 Y	F	100 IM	2/23/2013	Cabin Fever Invitational	
3:06.65 Y	F	200 IM	1/12/2013	Chris Goody IMX Challenge	
3:20.04 L	P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
Brenn Richards (16) W					
30.46 Y	F	50 Free	11/18/2012	Hawk-NDAC-CSD	HAWK-AD
1:07.17 Y	F	100 Free	10/21/2012	2012 Trick or Treat Meet	
x1:18.22 Y	F	100 Back	11/18/2012	Hawk-NDAC-CSD	
1:23.50 Y	F	100 Breast	10/21/2012	2012 Trick or Treat Meet	
Joseph Richards (10) M					
32.20 Y	F	50 Free	3/10/2013	AD Gold Short Course Championships	HAWK-AD
34.72 L	F	50 Free	7/12/2013	Hawks Summer Invitational 2013	
1:10.70 Y	P	100 Free	12/6/2012	2012 NE NSSC MIT Invite	
1:22.57 L	F	100 Free	7/12/2013	Hawks Summer Invitational 2013	
2:58.22 L	F	200 Free	7/12/2013	Hawks Summer Invitational 2013	
39.03 Y	P	50 Back	12/6/2012	2012 NE NSSC MIT Invite	
44.96 L	F	50 Back	7/12/2013	Hawks Summer Invitational 2013	
1:23.64 Y	F	100 Back	3/10/2013	AD Gold Short Course Championships	
1:37.33 L	F	100 Back	7/12/2013	Hawks Summer Invitational 2013	
42.78 Y	P	50 Breast	12/6/2012	2012 NE NSSC MIT Invite	
51.63 L	F	50 Breast	7/12/2013	Hawks Summer Invitational 2013	
1:36.95 Y	F	100 Breast	3/10/2013	AD Gold Short Course Championships	
1:49.59 L	F	100 Breast	7/12/2013	Hawks Summer Invitational 2013	
41.39 Y	F	50 Fly	3/10/2013	AD Gold Short Course Championships	
44.75 L	F	50 Fly	7/12/2013	Hawks Summer Invitational 2013	
1:24.14 Y	F	100 IM	3/10/2013	AD Gold Short Course Championships	
3:07.42 Y	F	200 IM	1/25/2013	Hawks Trials And Finals 2013	
3:31.26 L	F	200 IM	7/12/2013	Hawks Summer Invitational 2013	
Otto Richards (14) M					
27.97 Y	F	50 Free	10/21/2012	2012 Trick or Treat Meet	HAWK-AD
1:00.73 Y	F	100 Free	11/18/2012	Hawk-NDAC-CSD	
1:18.16 Y	F	100 Back	10/21/2012	2012 Trick or Treat Meet	
1:21.26 Y	F	100 Breast	11/18/2012	Hawk-NDAC-CSD	
Sari Richards (12) W					
27.98 Y L	F	50 Free	3/10/2013	AD Gold Short Course Championships	HAWK-AD
31.68 L	F	50 Free	7/12/2013	Hawks Summer Invitational 2013	
1:01.40 Y	F	100 Free	3/10/2013	AD Gold Short Course Championships	
1:09.06 L	F	100 Free	7/12/2013	Hawks Summer Invitational 2013	
2:13.39 Y	P	200 Free	3/10/2013	AD Gold Short Course Championships	
2:28.47 L	F	200 Free	7/12/2013	Hawks Summer Invitational 2013	
6:04.58 Y	F	500 Free	12/6/2012	2012 NE NSSC MIT Invite	
35.75 Y	P	50 Back	3/10/2013	AD Gold Short Course Championships	
41.69 L	F	50 Back	7/12/2013	Hawks Summer Invitational 2013	
36.00 Y	F	50 Breast	3/10/2013	AD Gold Short Course Championships	
41.44 L	F	50 Breast	7/12/2013	Hawks Summer Invitational 2013	
1:20.06 Y	P	100 Breast	3/10/2013	AD Gold Short Course Championships	
1:33.38 L	F	100 Breast	7/12/2013	Hawks Summer Invitational 2013	
2:54.05 Y	F	200 Breast	3/10/2013	AD Gold Short Course Championships	
3:16.39 L	F	200 Breast	7/12/2013	Hawks Summer Invitational 2013	
34.55 Y	P	50 Fly	1/25/2013	Hawks Trials And Finals 2013	
37.65 L	F	50 Fly	7/12/2013	Hawks Summer Invitational 2013	
1:12.55 Y	F	100 IM	1/25/2013	Hawks Trials And Finals 2013	
2:55.93 L	F	200 IM	7/12/2013	Hawks Summer Invitational 2013	
Corinne Richer (17) W					
30.32 Y	F	50 Free	10/21/2012	2012 Trick or Treat Meet	CLIN-AD
35.36 L	F	50 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:03.71 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	

Individual Top Times

Time	P/F/S	Event			
Corinne Richer (17) W			CLIN-AD		
1:13.85 L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:17.34 Y	F	200 Free	1/4/2013	2013 Starfish Trophy Invitational	
2:41.81 L	P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
5:35.91 L	F	400 Free	7/19/2013	2013 Adirondack Long Course District Champion	
6:07.96 Y	F	500 Free	1/4/2013	2013 Starfish Trophy Invitational	
21:18.83 Y	F	1650 Free	12/9/2012	Piranhas December Distance Invite	
1:22.28 L L	F	50 Back	7/6/2013	Sharks Summer Invite	
1:13.44 Y	F	100 Back	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:27.00 L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
2:31.15 Y	P	200 Back	3/10/2013	AD Gold Short Course Championships	
2:59.98 L	P	200 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:28.45 Y	F	100 Breast	1/4/2013	2013 Starfish Trophy Invitational	
1:44.22 L	F	100 Breast	7/6/2013	Sharks Summer Invite	
3:40.95 L	P	200 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
1:17.42 Y	F	100 Fly	3/1/2013	AD Silver Short Course Championships	
1:31.91 L	P	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
2:37.71 Y	F	200 IM	3/1/2013	AD Silver Short Course Championships	
3:08.65 L	P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
Sascha Richter (13) W			ADDI-AD		
34.35 Y	F	50 Free	1/4/2013	2013 NE GMA Winter Knights	
1:17.89 Y	F	100 Free	1/4/2013	2013 NE GMA Winter Knights	
2:58.65 Y	F	200 Free	1/4/2013	2013 NE GMA Winter Knights	
43.61 Y	F	50 Breast	1/20/2013	Foothills Inv	
1:41.30 Y	F	100 Breast	1/4/2013	2013 NE GMA Winter Knights	
43.79 Y	F	50 Fly	2/3/2013	2013 NE GMA VT Specialty Meet	
1:35.67 Y	F	100 IM	2/3/2013	2013 NE GMA VT Specialty Meet	
Tiffany Riddle (9) W			ALBS-AD		
21.56 Y	F	25 Free	3/1/2013	AD Silver Short Course Championships	
48.70 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	
49.87 L	F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
51.15 S	F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
1:58.57 L	F	100 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
24.27 Y	F	25 Back	12/15/2012	Sharks 12&Under Mini-Meet	
49.85 Y L	F	50 Back	3/10/2013	AD Gold Short Course Championships	
53.06 S	F	50 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:58.75 L	F	100 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:08.41 S	F	50 Breast	6/15/2013	Piranhas Summer Kick-Off Meet	
1:08.56 Y	F	50 Breast	3/1/2013	AD Silver Short Course Championships	
1:13.80 L	F	50 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational	
2:17.64 L	F	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
David Rienzo (10) M			USAM-AD		
1:04.69 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	
1:13.36 Y	F	50 Back	1/12/2013	Chris Goody Mini-Meet	
Mitchell Rifkind (17) M			UN-AD		
53.47 Y	F	100 Free	12/15/2012	SHENENDEHOWA Boys SWIMMING & D	
53.47 Y	F	100 Free	12/15/2012	2012 AD SHENENDEHOWA Boys	
1:59.55 Y	P	200 Free	1/25/2013	Hawks Trials And Finals 2013	
5:49.35 Y	F	500 Free	12/15/2012	2012 AD SHENENDEHOWA Boys	
5:49.35 Y	F	500 Free	12/15/2012	SHENENDEHOWA Boys SWIMMING & D	
1:02.69 Y	F	100 Back	1/4/2013	2013 Starfish Trophy Invitational	
2:16.94 Y	F	200 Back	1/4/2013	2013 Starfish Trophy Invitational	
1:09.17 Y	P	100 Breast	1/25/2013	Hawks Trials And Finals 2013	
2:30.31 Y	F	200 Breast	1/4/2013	2013 Starfish Trophy Invitational	
1:07.56 Y	F	100 Fly	1/4/2013	2013 Starfish Trophy Invitational	
2:14.68 Y	P	200 IM	1/25/2013	Hawks Trials And Finals 2013	
Ava Riley (9) W			KING-AD		
18.50 Y	F	25 Free	2/9/2013	North Country YMCA Swim League 2013 Champions	
46.56 Y	F	50 Free	2/9/2013	North Country YMCA Swim League 2013 Champions	
1:48.93 Y	F	100 Free	1/4/2013	2013 Starfish Trophy Invitational	

Individual Top Times

Time	P/F/S	Event				
Ava Riley (9) W						
24.02	Y	F	25	Back	2/9/2013	North Country YMCA Swim League 2013 Champions
54.78	Y	F	50	Back	1/4/2013	2013 Starfish Trophy Invitational
28.22	Y	F	25	Fly	11/10/2012	Pilgrims Pride
Sophie Rippner-Donovan (14) W						
31.32	Y	F	50	Free	3/1/2013	AD Silver Short Course Championships
1:09.88	Y	F	100	Free	3/1/2013	AD Silver Short Course Championships
2:39.16	Y	F	200	Free	3/1/2013	AD Silver Short Course Championships
6:57.25	Y	F	500	Free	2/23/2013	Cabin Fever Invitational
1:27.11	Y	F	100	Fly	1/4/2013	2013 NE GMA Winter Knights
3:07.18	Y	F	200	IM	3/1/2013	AD Silver Short Course Championships
Domenica Risucci (16) W						
30.23	Y	F	50	Free	3/1/2013	AD Silver Short Course Championships
35.22	L	F	50	Free	6/8/2013	Clinton Cudas Colgate Classic Invitational
1:05.07	Y	F	100	Free	3/1/2013	AD Silver Short Course Championships
1:15.17	L	F	100	Free	6/8/2013	Clinton Cudas Colgate Classic Invitational
2:29.34	Y	F	200	Free	1/4/2013	2013 Starfish Trophy Invitational
1:15.47	Y	F	100	Back	3/1/2013	AD Silver Short Course Championships
1:31.58	L	F	100	Back	6/8/2013	Clinton Cudas Colgate Classic Invitational
2:40.00	Y	F	200	Back	3/1/2013	AD Silver Short Course Championships
3:12.30	L	F	200	Back	6/8/2013	Clinton Cudas Colgate Classic Invitational
1:23.44	Y	F	100	Breast	3/1/2013	AD Silver Short Course Championships
1:38.00	L	F	100	Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational
2:56.46	Y	F	200	Breast	3/1/2013	AD Silver Short Course Championships
3:26.28	L	F	200	Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational
1:23.15	Y	F	100	Fly	3/1/2013	AD Silver Short Course Championships
2:41.22	Y	F	200	IM	3/1/2013	AD Silver Short Course Championships
3:08.71	L	F	200	IM	6/8/2013	Clinton Cudas Colgate Classic Invitational
Mary Ritter (13) W						
32.87	Y	F	50	Free	3/1/2013	AD Silver Short Course Championships
1:15.73	Y	F	100	Free	12/2/2012	December Super Splash 2012
2:50.58	Y	F	200	Free	3/1/2013	AD Silver Short Course Championships
41.77	Y	F	50	Back	2/3/2013	Delmar Dolphins February Freeze Invitational
1:32.41	Y	F	100	Back	2/23/2013	Cabin Fever Invitational
51.25	Y	F	50	Breast	3/1/2013	AD Silver Short Course Championships
1:50.82	Y	F	100	Breast	3/1/2013	AD Silver Short Course Championships
45.05	Y	F	50	Fly	3/1/2013	AD Silver Short Course Championships
1:43.21	Y	F	100	Fly	3/1/2013	AD Silver Short Course Championships
1:31.51	Y	F	100	IM	3/1/2013	AD Silver Short Course Championships
3:24.24	Y	F	200	IM	3/1/2013	AD Silver Short Course Championships
Quintin Ritter (8) M						
27.83	Y	F	25	Free	1/12/2013	Chris Goody Mini-Meet
37.04	Y	F	25	Back	1/12/2013	Chris Goody Mini-Meet
Crystal Rivera (12) W						
42.00	Y	F	50	Free	1/27/2013	Thoroughbred Splash 2013
1:30.44	Y	F	100	Free	1/27/2013	Thoroughbred Splash 2013
Abigail Rizzo (10) W						
37.24	Y	F	50	Free	2/9/2013	North Country YMCA Swim League 2013 Champions
1:27.24	Y	F	100	Free	2/9/2013	North Country YMCA Swim League 2013 Champions
46.48	Y L	F	50	Back	1/27/2013	North Country League Meet
Vincent Rizzo (8) M						
19.63	Y	F	25	Free	1/27/2013	North Country League Meet
49.31	Y	F	50	Free	1/27/2013	North Country League Meet
26.73	Y	F	25	Back	2/9/2013	North Country YMCA Swim League 2013 Champions
Taylor Robey (14) W						
56.52	Y	F	100	Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship
2:05.91	Y	F	200	Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship
5:51.74	Y	F	500	Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship
Ella Robinson (10) W						
37.75	Y	F	50	Free	2/3/2013	Delmar Dolphins February Freeze Invitational

KING-AD

ADDI-AD

CLIN-AD

SCHE-AD

SCHE-AD

GLFY-AD

GLOY-AD

GLOY-AD

UN-AD

CANA-AD

Individual Top Times

Time	P/F/S	Event			
Ella Robinson (10) W					
					CANA-AD
1:25.60	Y	F	100	Free	3/1/2013 AD Silver Short Course Championships
3:08.70	Y	F	200	Free	1/26/2013 Central Valley Swim Meet Quad Meet
8:35.03	Y	F	500	Free	1/26/2013 Central Valley Swim Meet Quad Meet
45.55	Y	F	50	Back	3/1/2013 AD Silver Short Course Championships
1:34.85	Y	F	100	Back	3/1/2013 AD Silver Short Course Championships
47.06	Y	F	50	Breast	3/10/2013 AD Gold Short Course Championships
1:44.82	Y	F	100	Breast	2/23/2013 Cabin Fever Invitational
42.94	Y	F	50	Fly	2/9/2013 Central Valley Swim League Championships
1:54.24	Y	F	100	Fly	1/12/2013 Canajoharie Developmental Meet
1:30.78	Y	F	100	IM	3/10/2013 AD Gold Short Course Championships
3:18.20	Y	F	200	IM	1/26/2013 Central Valley Swim Meet Quad Meet
Hannah Robinson (11) W					
					CANA-AD
35.09	Y	F	50	Free	3/10/2013 AD Gold Short Course Championships
1:18.20	Y	F	100	Free	3/10/2013 AD Gold Short Course Championships
7:38.05	Y	F	500	Free	3/10/2013 AD Gold Short Course Championships
42.65	Y	F	50	Back	2/9/2013 Central Valley Swim League Championships
1:31.78	Y	F	100	Back	3/1/2013 AD Silver Short Course Championships
48.64	Y	F	50	Breast	3/10/2013 AD Gold Short Course Championships
1:43.06	Y	F	100	Breast	3/1/2013 AD Silver Short Course Championships
42.98	Y	F	50	Fly	3/10/2013 AD Gold Short Course Championships
1:56.30	Y	F	100	Fly	1/12/2013 Canajoharie Developmental Meet
1:29.96	Y	F	100	IM	3/10/2013 AD Gold Short Course Championships
Ian Robinson (16) M					
					CLIN-AD
23.46	Y	F	50	Free	2/3/2013 Delmar Dolphins February Freeze Invitational
52.65	Y	F	100	Free	1/4/2013 2013 Starfish Trophy Invitational
1:54.52	Y	F	200	Free	2/3/2013 Delmar Dolphins February Freeze Invitational
1:04.23	Y	F	100	Back	1/4/2013 2013 Starfish Trophy Invitational
1:06.47	Y	F	100	Breast	2/3/2013 Delmar Dolphins February Freeze Invitational
2:28.93	Y	F	200	Breast	1/4/2013 2013 Starfish Trophy Invitational
1:01.39	Y	F	100	Fly	1/4/2013 2013 Starfish Trophy Invitational
2:14.34	Y	F	200	IM	1/4/2013 2013 Starfish Trophy Invitational
Amy Robison (15) W					
					SSCY-AD
29.84	Y	F	50	Free	3/3/2013 North Country League Meet
1:08.12	Y	F	100	Free	11/10/2012 Pilgrims Pride
2:13.78	Y	F	200	Free	2/3/2013 Delmar Dolphins February Freeze Invitational
5:52.73	Y	F	500	Free	1/12/2013 Chris Goody IMX Challenge
1:11.63	Y	F	100	Back	11/10/2012 Pilgrims Pride
2:30.20	Y	F	200	Back	11/10/2012 Pilgrims Pride
1:18.09	Y	P	100	Breast	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
2:50.83	Y	F	200	Breast	1/12/2013 Chris Goody IMX Challenge
2:36.48	Y	F	200	Fly	1/12/2013 Chris Goody IMX Challenge
2:32.33	Y	F	200	IM	2/9/2013 North Country YMCA Swim League 2013 Champions
5:19.96	Y	F	400	IM	1/12/2013 Chris Goody IMX Challenge
Savannah Robson (12) W					
					BENN-AD
35.64	Y	F	50	Free	12/2/2012 December Super Splash 2012
1:18.42	Y	F	100	Free	12/15/2012 Sharks 12&Under Mini-Meet
44.22	Y	F	50	Back	12/15/2012 Sharks 12&Under Mini-Meet
50.03	Y	F	50	Breast	12/2/2012 December Super Splash 2012
47.27	Y	F	50	Fly	12/15/2012 Sharks 12&Under Mini-Meet
1:38.33	Y	F	100	IM	12/2/2012 December Super Splash 2012
Erin Rock (10) W					
					CLRK-AD
53.08	Y	F	50	Free	3/1/2013 AD Silver Short Course Championships
2:15.54	Y	F	100	Free	12/15/2012 Central Valley Swim League Quad Meet
1:03.65	Y	F	50	Back	1/12/2013 Canajoharie Developmental Meet
2:24.88	Y	F	100	Back	12/15/2012 Central Valley Swim League Quad Meet
Bridget Rodezno (16) W					
					UN-AD
25.54	Y	P	50	Free	11/3/2012 2012 MR OB Section 9 Girls Championships
29.97	L	F	50	Free	7/12/2013 Hawks Summer Invitational 2013
55.14	Y	F	100	Free	11/3/2012 2012 MR OB Section 9 Girls Championships

Individual Top Times

Time	P/F/S	Event				
Bridget Rodezno (16) W						
1:03.61	L	F	100	Free	7/12/2013	Hawks Summer Invitational 2013
2:03.50	Y	P	200	Free	1/25/2013	Hawks Trials And Finals 2013
2:19.50	L	F	200	Free	7/12/2013	Hawks Summer Invitational 2013
1:03.06	Y	F	100	Back	3/10/2013	AD Gold Short Course Championships
1:16.20	L	F	100	Back	7/12/2013	Hawks Summer Invitational 2013
2:18.15	Y	P	200	Back	3/10/2013	AD Gold Short Course Championships
2:42.81	L	F	200	Back	7/12/2013	Hawks Summer Invitational 2013
1:16.13	Y	P	100	Breast	1/25/2013	Hawks Trials And Finals 2013
1:29.76	L	F	100	Breast	7/12/2013	Hawks Summer Invitational 2013
1:19.25	L	F	100	Fly	7/12/2013	Hawks Summer Invitational 2013
2:20.69	Y	P	200	IM	3/10/2013	AD Gold Short Course Championships
2:20.69	Y	F	200	IM	1/4/2013	2013 Starfish Trophy Invitational
2:40.74	L	F	200	IM	7/12/2013	Hawks Summer Invitational 2013
5:54.16	L	F	400	IM	7/12/2013	Hawks Summer Invitational 2013
Matthew Rodezno (13) M						
39.62	L	F	50	Free	7/12/2013	Hawks Summer Invitational 2013
1:47.81	L	F	100	Breast	7/12/2013	Hawks Summer Invitational 2013
Niki Rodgers (14) W						
30.50	Y	F	50	Free	1/4/2013	2013 Starfish Trophy Invitational
1:19.30	Y	F	100	Back	1/4/2013	2013 Starfish Trophy Invitational
1:25.91	Y	F	100	Breast	1/4/2013	2013 Starfish Trophy Invitational
1:19.21	Y	F	100	Fly	1/4/2013	2013 Starfish Trophy Invitational
2:53.27	Y	F	200	IM	1/4/2013	2013 Starfish Trophy Invitational
Maelisa Roggie (10) W						
45.23	Y	F	50	Free	3/2/2013	2013 NI - METS - Meet the Flintstones
1:42.49	Y	F	100	Free	3/2/2013	2013 NI - METS - Meet the Flintstones
53.27	Y	F	50	Back	3/2/2013	2013 NI - METS - Meet the Flintstones
Makenzie Roggie (11) W						
37.28	L	P	50	Free	7/19/2013	2013 Adirondack Long Course District Champion
43.71	L	P	50	Back	7/19/2013	2013 Adirondack Long Course District Champion
2:14.52	L	P	100	Breast	7/19/2013	2013 Adirondack Long Course District Champion
Samantha Rokos (19) W (Yr: FR)						
29.48	L	F	50	Free	7/12/2013	Hawks Summer Invitational 2013
1:04.68	L	P	100	Free	7/19/2013	2013 Adirondack Long Course District Champion
2:21.04	L	P	200	Free	7/19/2013	2013 Adirondack Long Course District Champion
5:04.73	L	F	400	Free	7/12/2013	Hawks Summer Invitational 2013
1:16.94	L	F	100	Back	7/12/2013	Hawks Summer Invitational 2013
1:30.45	L	P	100	Breast	7/19/2013	2013 Adirondack Long Course District Champion
1:13.71	L	P	100	Fly	7/19/2013	2013 Adirondack Long Course District Champion
2:42.00	L	F	200	IM	7/12/2013	Hawks Summer Invitational 2013
Timothy Rokos (15) M						
30.09	L	P	50	Free	7/19/2013	2013 Adirondack Long Course District Champion
1:05.00	L	F	100	Free	6/8/2013	Clinton Cudas Colgate Classic Invitational
2:20.73	L	P	200	Free	7/19/2013	2013 Adirondack Long Course District Champion
5:02.79	L	F	400	Free	7/19/2013	2013 Adirondack Long Course District Champion
19:55.41	L	F	1500	Free	7/12/2013	Hawks Summer Invitational 2013
1:16.22	L	F	100	Back	7/12/2013	Hawks Summer Invitational 2013
2:47.01	L	F	200	Back	6/8/2013	Clinton Cudas Colgate Classic Invitational
1:21.57	Y	F	100	Breast	2/23/2013	Cabin Fever Invitational
1:28.84	L	P	100	Breast	7/19/2013	2013 Adirondack Long Course District Champion
2:51.64	Y	F	200	Breast	1/4/2013	2013 Starfish Trophy Invitational
1:13.76	Y	F	100	Fly	1/4/2013	2013 Starfish Trophy Invitational
1:13.88	L	F	100	Fly	7/12/2013	Hawks Summer Invitational 2013
2:43.89	Y	F	200	Fly	1/12/2013	Chris Goody IMX Challenge
2:50.42	L	F	200	Fly	7/12/2013	Hawks Summer Invitational 2013
2:30.21	Y	F	200	IM	3/1/2013	AD Silver Short Course Championships
2:49.94	L	F	200	IM	6/8/2013	Clinton Cudas Colgate Classic Invitational
6:00.84	L	F	400	IM	7/12/2013	Hawks Summer Invitational 2013
Gregory Romanov (20) M						

HAWK-AD

HAWK-AD

WAVE-AD

TBS-AD

TBS-AD

EELS-AD

EELS-AD

SCHE-AD

Individual Top Times

Time	P/F/S	Event			
Gregory Romanov (20) M					
27.02	L	P	50	Free	7/19/2013 2013 Adirondack Long Course District Champion
2:05.03	L	F	200	Free	7/19/2013 2013 Adirondack Long Course District Champion
5:09.08	L	F	400	IM	7/19/2013 2013 Adirondack Long Course District Champion
Katherine Romanov (18) W					
2:13.58	Y	F	200	Free	11/1/2012 Girls Sec II Division 2 Champ
2:30.50	Y	F	200	IM	10/6/2012 SHENENDEHOWA GIRLS SWIMMING &
Chesney Romer (10) W					
42.65	Y	F	50	Free	2/10/2013 2013 Piranhas Pentathlon
1:36.79	Y	F	100	Free	3/1/2013 AD Silver Short Course Championships
3:40.24	Y	F	200	Free	1/12/2013 Chris Goody IMX Challenge
45.94	Y	F	50	Back	3/1/2013 AD Silver Short Course Championships
1:49.08	Y	F	100	Back	1/12/2013 Chris Goody IMX Challenge
52.96	Y	F	50	Breast	3/1/2013 AD Silver Short Course Championships
1:56.96	Y	F	100	Breast	2/23/2013 Cabin Fever Invitational
4:05.94	Y	F	200	Breast	12/9/2012 Piranhas December Distance Invite
52.04	Y	F	50	Fly	2/10/2013 2013 Piranhas Pentathlon
1:45.83	Y	F	100	IM	2/23/2013 Cabin Fever Invitational
3:52.38	Y	F	200	IM	12/9/2012 Piranhas December Distance Invite
Shrujay Rompicherla (11) M					
34.28	Y	F	50	Free	1/4/2013 2013 Starfish Trophy Invitational
36.37	S	F	50	Free	6/15/2013 Piranhas Summer Kick-Off Meet
1:22.47	Y	F	100	Free	2/3/2013 Delmar Dolphins February Freeze Invitational
8:18.53	Y	F	500	Free	12/9/2012 Piranhas December Distance Invite
42.87	Y	F	50	Back	2/10/2013 2013 Piranhas Pentathlon
47.11	S	F	50	Back	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:33.16	Y	F	100	Back	3/1/2013 AD Silver Short Course Championships
47.44	Y	F	50	Breast	3/1/2013 AD Silver Short Course Championships
50.85	S	F	50	Breast	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:44.24	Y	F	100	Breast	3/1/2013 AD Silver Short Course Championships
40.49	Y	F	50	Fly	1/4/2013 2013 Starfish Trophy Invitational
42.56	S	F	50	Fly	6/15/2013 Piranhas Summer Kick-Off Meet
1:28.28	Y	F	100	IM	3/1/2013 AD Silver Short Course Championships
1:32.17	S	F	100	IM	6/15/2013 Piranhas Summer Kick-Off Meet
3:11.67	Y	F	200	IM	3/1/2013 AD Silver Short Course Championships
Emily Rooney (11) W					
31.03	Y	F	50	Free	3/10/2013 AD Gold Short Course Championships
1:10.32	Y	F	100	Free	3/10/2013 AD Gold Short Course Championships
36.19	Y	F	50	Back	3/10/2013 AD Gold Short Course Championships
1:19.14	Y	F	100	Back	3/10/2013 AD Gold Short Course Championships
44.20	Y	F	50	Breast	3/10/2013 AD Gold Short Course Championships
1:34.31	Y	F	100	Breast	3/10/2013 AD Gold Short Course Championships
36.06	Y	F	50	Fly	3/10/2013 AD Gold Short Course Championships
1:21.85	Y	F	100	Fly	3/10/2013 AD Gold Short Course Championships
1:20.10	Y	F	100	IM	3/10/2013 AD Gold Short Course Championships
Elizabeth Roos (12) W					
36.42	Y	F	50	Free	11/17/2012 Harvest Invitational
39.60	S L	F	50	Free	6/15/2013 Piranhas Summer Kick-Off Meet
1:19.05	Y	F	100	Free	2/3/2013 Delmar Dolphins February Freeze Invitational
2:52.66	Y	F	200	Free	3/1/2013 AD Silver Short Course Championships
7:58.67	Y	F	500	Free	2/3/2013 Delmar Dolphins February Freeze Invitational
44.27	Y	F	50	Back	2/10/2013 2013 Piranhas Pentathlon
1:36.06	Y	F	100	Back	11/10/2012 Pilgrims Pride
1:44.76	S	F	100	Back	6/2/2013 2013 Starfish Meter Madness - Pentathlon
41.91	Y	P	50	Breast	3/10/2013 AD Gold Short Course Championships
47.96	S	F	50	Breast	6/15/2013 Piranhas Summer Kick-Off Meet
1:31.05	Y	F	100	Breast	3/1/2013 AD Silver Short Course Championships
1:41.88	S	F	100	Breast	6/2/2013 2013 Starfish Meter Madness - Pentathlon
3:18.97	Y	F	200	Breast	12/9/2012 Piranhas December Distance Invite
41.96	Y	F	50	Fly	2/10/2013 2013 Piranhas Pentathlon

SCHE-AD

UN-AD

DELM-AD

CPP-AD

ADDI-AD

CPP-AD

Individual Top Times

Time	P/F/S	Event			
Elizabeth Roos (12) W CPP-AD					
49.00 S	F	50 Fly	6/15/2013	Piranhas Summer Kick-Off Meet	
1:50.34 S	F	100 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:29.57 Y	F	100 IM	2/10/2013	2013 Piranhas Pentathlon	
1:35.28 S	F	100 IM	6/15/2013	Piranhas Summer Kick-Off Meet	
3:31.02 Y	F	200 IM	12/9/2012	Piranhas December Distance Invite	
Kiely Rose (10) W CPP-AD					
1:06.58 Y	F	50 Free	11/17/2012	Harvest Invitational	
58.62 Y	F	50 Back	11/17/2012	Harvest Invitational	
Ava Rosen (11) W HAWK-AD					
34.95 Y	F	50 Free	11/10/2012	Pilgrims Pride	
1:17.86 Y	F	100 Free	3/10/2013	AD Gold Short Course Championships	
40.82 Y	F	50 Back	3/10/2013	AD Gold Short Course Championships	
1:29.85 Y	F	100 Back	11/10/2012	Pilgrims Pride	
50.74 Y	F	50 Breast	1/25/2013	Hawks Trials And Finals 2013	
41.72 Y	F	50 Fly	1/25/2013	Hawks Trials And Finals 2013	
1:39.89 Y	F	100 Fly	1/4/2013	2013 Starfish Trophy Invitational	
1:28.28 Y	F	100 IM	1/25/2013	Hawks Trials And Finals 2013	
Ethan Rosenblum (9) M DELM-AD					
50.55 L	F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
52.86 S	F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
1:52.08 L	F	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
59.70 L	F	50 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:01.32 S	F	50 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:09.82 L	F	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
Jacob Rosenblum (14) M DELM-AD					
29.18 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	
31.65 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
32.20 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:02.78 Y	F	100 Free	1/4/2013	2013 Starfish Trophy Invitational	
1:10.80 L	F	100 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
2:11.94 Y	P	200 Free	3/10/2013	AD Gold Short Course Championships	
2:22.93 S	F	200 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
2:27.14 L	P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
5:06.93 L	F	400 Free	7/19/2013	2013 Adirondack Long Course District Champion	
5:43.04 Y	F	500 Free	3/1/2013	AD Silver Short Course Championships	
1:13.46 Y	F	100 Back	3/1/2013	AD Silver Short Course Championships	
1:26.49 L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
2:52.83 L	P	200 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:16.49 Y	P	100 Breast	3/10/2013	AD Gold Short Course Championships	
1:25.61 S	F	100 Breast	6/15/2013	Piranhas Summer Kick-Off Meet	
1:28.41 L	P	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
2:43.86 Y	F	200 Breast	3/10/2013	AD Gold Short Course Championships	
3:06.70 L	P	200 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
1:19.28 S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:28.23 Y	F	200 IM	3/1/2013	AD Silver Short Course Championships	
2:51.61 L	P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
Hannah Rosenburg (11) W BENN-AD					
41.29 Y	F	50 Free	2/10/2013	2013 Piranhas Pentathlon	
1:29.09 Y	F	100 Free	12/15/2012	Sharks 12&Under Mini-Meet	
47.93 Y	F	50 Back	2/23/2013	Cabin Fever Invitational	
48.93 Y	F	50 Fly	2/10/2013	2013 Piranhas Pentathlon	
Casey Rosen (12) M HAWK-AD					
34.93 Y	F	50 Free	11/18/2012	Hawk-NDAC-CSD	
1:18.00 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
42.11 Y	F	50 Back	1/4/2013	2013 Starfish Trophy Invitational	
45.82 Y	F	50 Breast	3/1/2013	AD Silver Short Course Championships	
1:39.24 Y	P	100 Breast	1/25/2013	Hawks Trials And Finals 2013	
39.79 Y	F	50 Fly	3/1/2013	AD Silver Short Course Championships	
1:30.55 Y	F	100 IM	1/4/2013	2013 Starfish Trophy Invitational	

Individual Top Times

Time	P/F/S	Event				
Hayley Rosen (12) W						
45.52	Y	F	50	Free	2/23/2013	Cabin Fever Invitational
51.53	Y	F	50	Back	1/4/2013	2013 Starfish Trophy Invitational
1:51.27	Y	F	100	Back	3/1/2013	AD Silver Short Course Championships
57.89	Y	F	50	Breast	3/1/2013	AD Silver Short Course Championships
1:56.25	Y	F	100	IM	3/1/2013	AD Silver Short Course Championships
Meadow Rosenthal (8) W						
51.16	S	F	50	Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:12.59	S	F	50	Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon
Rachel Rosner (12) W						
35.98	Y	F	50	Free	2/23/2013	Cabin Fever Invitational
40.52	Y	P	50	Breast	3/10/2013	AD Gold Short Course Championships
43.98	Y	F	50	Fly	2/10/2013	2013 Piranhas Pentathlon
1:34.00	Y	F	100	IM	2/23/2013	Cabin Fever Invitational
Solomon Rosner (10) M						
36.97	Y	F	50	Free	2/23/2013	Cabin Fever Invitational
1:27.66	Y	F	100	Free	2/23/2013	Cabin Fever Invitational
42.82	Y	F	50	Back	3/10/2013	AD Gold Short Course Championships
54.07	Y	F	50	Fly	2/23/2013	Cabin Fever Invitational
1:43.27	Y	F	100	IM	2/10/2013	2013 Piranhas Pentathlon
Derek Rossetti (11) M						
33.89	Y	F	50	Free	3/1/2013	AD Silver Short Course Championships
1:15.78	Y	F	100	Free	12/15/2012	Sharks 12&Under Mini-Meet
2:43.01	Y	F	200	Free	3/1/2013	AD Silver Short Course Championships
7:25.76	Y	F	500	Free	2/3/2013	Delmar Dolphins February Freeze Invitational
43.76	Y	F	50	Back	2/10/2013	2013 Piranhas Pentathlon
1:34.58	Y	F	100	Back	3/1/2013	AD Silver Short Course Championships
46.27	Y	F	50	Breast	2/3/2013	Delmar Dolphins February Freeze Invitational
1:40.19	Y	F	100	Breast	1/12/2013	Chris Goody IMX Challenge
43.16	Y	F	50	Fly	3/1/2013	AD Silver Short Course Championships
1:30.59	Y	F	100	IM	3/1/2013	AD Silver Short Course Championships
Jerney Rossetti (16) M						
26.27	Y	F	50	Free	3/1/2013	AD Silver Short Course Championships
57.17	Y	F	100	Free	3/1/2013	AD Silver Short Course Championships
2:05.25	Y	F	200	Free	2/3/2013	Delmar Dolphins February Freeze Invitational
5:33.06	Y	F	500	Free	2/3/2013	Delmar Dolphins February Freeze Invitational
12:04.12	Y	F	1000	Free	12/2/2012	December Super Splash 2012
1:06.62	Y	F	100	Back	3/1/2013	AD Silver Short Course Championships
2:19.63	Y	P	200	Back	3/10/2013	AD Gold Short Course Championships
1:20.96	Y	F	100	Breast	2/10/2013	2013 Piranhas Pentathlon
2:58.53	Y	F	200	Breast	3/1/2013	AD Silver Short Course Championships
1:07.78	Y	F	100	Fly	12/2/2012	December Super Splash 2012
2:27.30	Y	F	200	IM	3/1/2013	AD Silver Short Course Championships
Shaylyn Rossetti (9) W						
19.62	Y	F	25	Free	3/1/2013	AD Silver Short Course Championships
41.71	Y	F	50	Free	2/10/2013	2013 Piranhas Pentathlon
1:36.97	Y	F	100	Free	3/10/2013	AD Gold Short Course Championships
24.28	Y	F	25	Back	1/12/2013	Chris Goody Mini-Meet
49.59	Y	F	50	Back	3/10/2013	AD Gold Short Course Championships
27.54	Y	F	25	Breast	3/1/2013	AD Silver Short Course Championships
22.49	Y	F	25	Fly	1/12/2013	Chris Goody Mini-Meet
56.95	Y	F	50	Fly	2/10/2013	2013 Piranhas Pentathlon
1:49.28	Y	F	100	IM	1/12/2013	Chris Goody Mini-Meet
Kathryn Rowe (19) W						
28.57	L	F	50	Free	6/1/2013	2013 NE MTSC June 1st Meet
28.57	L	F	50	Free	6/1/2013	2013 NE MTSC June 1st Meet
1:02.62	L	F	100	Free	6/1/2013	2013 NE MTSC June 1st Meet
1:02.62	L	F	100	Free	6/1/2013	2013 NE MTSC June 1st Meet
31.97	L	F	50	Back	6/1/2013	2013 NE MTSC June 1st Meet
31.97	L	F	50	Back	6/1/2013	2013 NE MTSC June 1st Meet

Individual Top Times

Time	P/F/S	Event			
Kathryn Rowe (19) W					
1:07.91	L	F	100 Back	6/1/2013	2013 NE MTSC June 1st Meet
1:07.91	L	F	100 Back	6/1/2013	2013 NE MTSC June 1st Meet
2:27.95	L	F	200 Back	6/1/2013	2013 NE MTSC June 1st Meet
2:27.95	L	F	200 Back	6/1/2013	2013 NE MTSC June 1st Meet
29.90	L	F	50 Fly	6/1/2013	2013 NE MTSC June 1st Meet
29.90	L	F	50 Fly	6/1/2013	2013 NE MTSC June 1st Meet
1:05.52	L	F	100 Fly	6/1/2013	2013 NE MTSC June 1st Meet
1:05.52	L	F	100 Fly	6/1/2013	2013 NE MTSC June 1st Meet
2:21.40	L	F	200 Fly	6/1/2013	2013 NE MTSC June 1st Meet
2:21.40	L	F	200 Fly	6/1/2013	2013 NE MTSC June 1st Meet
Robert Rowledge (17) M					
1:00.68	L	F	100 Free	6/1/2013	2013 NE MTSC June 1st Meet
1:00.68	L	F	100 Free	6/1/2013	2013 NE MTSC June 1st Meet
1:48.77	Y	F	200 Free	3/21/2013	2013 CT Senior Open Championship
2:04.22	L	F	200 Free	7/19/2013	2013 Adirondack Long Course District Champion
4:20.22	L	F	400 Free	7/19/2013	2013 Adirondack Long Course District Champion
4:42.45	Y	F	500 Free	3/21/2013	2013 CT Senior Open Championship
17:20.81	L	F	1500 Free	6/20/2013	TWST Senior Invitational
16:13.04	Y	F	1650 Free	3/21/2013	2013 CT Senior Open Championship
31.74	L	F	50 Back	6/1/2013	2013 NE MTSC June 1st Meet
31.74	L	F	50 Back	6/1/2013	2013 NE MTSC June 1st Meet
1:04.69	L	F	100 Back	7/19/2013	2013 Adirondack Long Course District Champion
1:57.44	Y	P	200 Back	3/21/2013	2013 CT Senior Open Championship
2:17.66	L	F	200 Back	7/19/2013	2013 Adirondack Long Course District Champion
2:25.76	Y	F	200 Breast	1/12/2013	Chris Goody IMX Challenge
28.71	L	F	50 Fly	6/20/2013	TWST Senior Invitational
53.20	Y	F	100 Fly	3/21/2013	2013 CT Senior Open Championship
1:00.51	L	F	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion
1:53.29	Y	F	200 Fly	3/21/2013	2013 CT Senior Open Championship
2:12.76	L	F	200 Fly	7/19/2013	2013 Adirondack Long Course District Champion
2:02.14	Y	F	200 IM	12/6/2012	2012 NE NSSC MIT Invite
2:20.86	L	P	200 IM	6/20/2013	TWST Senior Invitational
4:07.04	Y	F	400 IM	3/21/2013	2013 CT Senior Open Championship
4:53.69	L	P	400 IM	6/20/2013	TWST Senior Invitational
Aidan Rowley (11) M					
30.14	Y	F	50 Free	2/22/2013	North Country League Meet
33.75	S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:08.05	Y	F	100 Free	2/22/2013	North Country League Meet
1:17.46	S	F	100 Free	6/15/2013	Piranhas Summer Kick-Off Meet
2:26.61	Y	F	200 Free	2/9/2013	North Country YMCA Swim League 2013 Champions
40.55	Y	F	50 Back	12/2/2012	December Super Splash 2012
42.54	S	F	50 Back	6/15/2013	Piranhas Summer Kick-Off Meet
1:29.13	Y	F	100 Back	1/12/2013	Chris Goody IMX Challenge
46.73	Y	F	50 Breast	12/2/2012	December Super Splash 2012
51.15	S	F	50 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:43.88	Y	F	100 Breast	1/12/2013	Chris Goody IMX Challenge
37.79	Y	F	50 Fly	2/9/2013	North Country YMCA Swim League 2013 Champions
40.31	S	F	50 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:37.79	Y	F	100 Fly	1/12/2013	Chris Goody IMX Challenge
1:24.71	Y	F	100 IM	12/2/2012	December Super Splash 2012
1:31.36	S	F	100 IM	6/15/2013	Piranhas Summer Kick-Off Meet
3:04.19	Y	F	200 IM	1/12/2013	Chris Goody IMX Challenge
Isabelle Rowley (9) W					
19.75	Y	F	25 Free	1/27/2013	Thoroughbred Splash 2013
42.95	Y	F	50 Free	3/1/2013	AD Silver Short Course Championships
1:39.90	Y	F	100 Free	3/1/2013	AD Silver Short Course Championships
25.87	Y	F	25 Back	1/27/2013	Thoroughbred Splash 2013
57.23	Y	F	50 Back	3/1/2013	AD Silver Short Course Championships
21.78	Y	F	25 Breast	1/27/2013	Thoroughbred Splash 2013
46.96	Y	F	50 Breast	3/10/2013	AD Gold Short Course Championships

SCHE-AD

SCHE-AD

GLFY-AD

ALBS-AD

Individual Top Times

Time	P/F/S	Event			
Benjamin Rowley (16) M					
					GLFY-AD
24.68 Y	F	50 Free	1/27/2013	Thoroughbred Splash 2013	
27.75 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:53.11 Y	P	200 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
2:08.30 S	F	200 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
2:11.02 L	F	200 Free	7/12/2013	Hawks Summer Invitational 2013	
11:00.22 Y	F	1000 Free	12/2/2012	December Super Splash 2012	
1:03.58 S	F	100 Back	6/15/2013	Piranhas Summer Kick-Off Meet	
1:07.29 L	F	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
2:05.04 Y	F	200 Back	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
2:30.13 L	P	200 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:16.32 Y	F	100 Breast	12/2/2012	December Super Splash 2012	
1:24.45 S	F	100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:31.06 L	F	100 Breast	7/12/2013	Hawks Summer Invitational 2013	
54.67 Y	P	100 Fly	2/14/2013	Section II Championships Small	
1:03.60 L	F	100 Fly	7/12/2013	Hawks Summer Invitational 2013	
1:03.68 S	F	100 Fly	6/15/2013	Piranhas Summer Kick-Off Meet	
2:03.65 Y	F	200 Fly	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
2:20.96 L	F	200 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:09.27 S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:22.38 S	F	200 IM	6/15/2013	Piranhas Summer Kick-Off Meet	
2:28.11 L	F	200 IM	7/12/2013	Hawks Summer Invitational 2013	
4:37.18 Y	F	400 IM	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
5:17.91 L	F	400 IM	7/19/2013	2013 Adirondack Long Course District Champion	
Emma Rowsam (9) W					
					TBS-AD
51.68 Y	F	50 Free	3/2/2013	2013 NI - METS - Meet the Flintstones	
53.95 Y	F	50 Back	3/2/2013	2013 NI - METS - Meet the Flintstones	
Abigail Roy (10) W					
					ADDI-AD
39.96 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	
1:35.22 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
3:32.08 Y	F	200 Free	3/1/2013	AD Silver Short Course Championships	
51.89 Y	F	50 Back	1/12/2013	Canajoharie Developmental Meet	
1:03.90 Y	F	50 Breast	2/23/2013	Cabin Fever Invitational	
45.58 Y	F	50 Fly	2/3/2013	2013 NE GMA VT Specialty Meet	
1:52.29 Y	F	100 IM	2/23/2013	Cabin Fever Invitational	
Evan Roy (8) M					
					ADDI-AD
36.12 Y	F	25 Free	3/1/2013	AD Silver Short Course Championships	
1:24.60 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	
39.61 Y	F	25 Back	3/1/2013	AD Silver Short Course Championships	
1:28.63 Y	F	50 Back	3/1/2013	AD Silver Short Course Championships	
33.79 Y	F	25 Breast	3/1/2013	AD Silver Short Course Championships	
Oliver Roy (12) M					
					ADDI-AD
42.77 Y	F	50 Free	1/20/2013	Foothills Inv	
47.47 Y	F	50 Back	3/1/2013	AD Silver Short Course Championships	
45.36 Y	F	50 Breast	3/1/2013	AD Silver Short Course Championships	
1:40.30 Y	F	100 Breast	3/1/2013	AD Silver Short Course Championships	
3:36.64 Y	F	200 Breast	3/1/2013	AD Silver Short Course Championships	
Katie Rucinski (13) W					
					ALBS-AD
38.93 Y	F	50 Free	12/2/2012	December Super Splash 2012	
40.68 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
42.04 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:24.59 Y	F	100 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:30.55 L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:31.56 S	F	100 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
42.99 Y	F	50 Back	2/3/2013	Delmar Dolphins February Freeze Invitational	
44.32 S	F	50 Back	6/15/2013	Piranhas Summer Kick-Off Meet	
45.49 L	P	50 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:37.91 Y	F	100 Back	3/1/2013	AD Silver Short Course Championships	
1:41.03 L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:42.94 S	F	100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	

Individual Top Times

Time	P/F/S	Event			
Katie Rucinski (13) W					
ALBS-AD					
54.20 L	P	50 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
54.63 S	F	50 Breast	6/15/2013	Piranhas Summer Kick-Off Meet	
1:59.79 S	F	100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:00.61 L	F	100 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational	
50.19 Y	F	50 Fly	3/1/2013	AD Silver Short Course Championships	
51.30 L	P	50 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
51.70 S	F	50 Fly	6/15/2013	Piranhas Summer Kick-Off Meet	
1:54.73 S	F	100 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:55.60 L	P	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
Tess Ruddy (11) W					
ADDI-AD					
33.27 Y	F	50 Free	3/10/2013	AD Gold Short Course Championships	
1:24.91 Y	F	100 Free	2/23/2013	Cabin Fever Invitational	
41.55 Y	F	50 Back	3/10/2013	AD Gold Short Course Championships	
1:39.39 Y	F	100 Back	2/23/2013	Cabin Fever Invitational	
38.19 Y	F	50 Breast	3/10/2013	AD Gold Short Course Championships	
1:28.58 Y	F	100 Breast	3/10/2013	AD Gold Short Course Championships	
45.94 Y	F	50 Fly	3/1/2013	AD Silver Short Course Championships	
1:26.80 Y	F	100 IM	3/10/2013	AD Gold Short Course Championships	
Daniel Rudloff (14) M					
CLRK-AD					
36.97 Y	F	50 Free	11/10/2012	CVSL First Splash	
1:21.57 Y	F	100 Free	1/12/2013	Canajoharie Developmental Meet	
3:02.82 Y	F	200 Free	12/15/2012	Central Valley Swim League Quad Meet	
1:42.03 Y	F	100 Back	11/10/2012	CVSL First Splash	
3:22.04 Y	F	200 Back	1/26/2013	Central Valley Swim Meet Quad Meet	
1:54.48 Y	F	100 Breast	12/1/2012	Central Valley Swim League Quad Meet	
3:44.69 Y	F	200 Breast	1/26/2013	Central Valley Swim Meet Quad Meet	
Michael Rudloff (11) M					
CLRK-AD					
41.11 Y	F	50 Free	11/10/2012	CVSL First Splash	
1:28.70 Y	F	100 Free	1/12/2013	Canajoharie Developmental Meet	
49.45 Y	F	50 Back	1/12/2013	Canajoharie Developmental Meet	
1:49.04 Y	F	100 Back	1/26/2013	Central Valley Swim Meet Quad Meet	
52.55 Y	F	50 Breast	1/12/2013	Canajoharie Developmental Meet	
1:52.82 Y	F	100 Breast	12/15/2012	Central Valley Swim League Quad Meet	
1:46.09 Y	F	100 IM	12/1/2012	Central Valley Swim League Quad Meet	
Stephanie Rudloff (9) W					
CLRK-AD					
45.47 Y	F	50 Free	12/1/2012	Central Valley Swim League Quad Meet	
1:40.45 Y	F	100 Free	1/12/2013	Canajoharie Developmental Meet	
55.99 Y	F	50 Back	11/10/2012	CVSL First Splash	
1:49.82 Y	F	100 Back	1/26/2013	Central Valley Swim Meet Quad Meet	
1:06.37 Y	F	50 Breast	1/12/2013	Canajoharie Developmental Meet	
2:29.80 Y	F	100 Breast	12/15/2012	Central Valley Swim League Quad Meet	
1:06.32 Y	F	50 Fly	11/10/2012	CVSL First Splash	
2:10.82 Y	F	100 IM	12/1/2012	Central Valley Swim League Quad Meet	
Julia Rudolph (12) W					
DELM-AD					
32.82 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	
36.02 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
36.08 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:15.24 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
2:49.52 Y	F	200 Free	3/1/2013	AD Silver Short Course Championships	
37.07 Y	F	50 Back	2/3/2013	Delmar Dolphins February Freeze Invitational	
42.99 L	P	50 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:21.36 Y	F	100 Back	3/1/2013	AD Silver Short Course Championships	
1:30.09 S	F	100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:35.51 L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
40.60 Y	P	50 Breast	3/10/2013	AD Gold Short Course Championships	
44.95 S	F	50 Breast	6/15/2013	Piranhas Summer Kick-Off Meet	
1:33.09 Y	F	100 Breast	3/1/2013	AD Silver Short Course Championships	
1:41.18 S	F	100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:43.68 L	P	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	

Individual Top Times

Time	P/F/S	Event			
Julia Rudolph (12) W			DELM-AD		
3:50.09 L	F	200 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
39.70 Y	F	50 Fly	3/1/2013	AD Silver Short Course Championships	
1:39.87 Y	F	100 Fly	3/1/2013	AD Silver Short Course Championships	
1:23.36 Y	F	100 IM	3/1/2013	AD Silver Short Course Championships	
1:33.00 S	F	100 IM	6/15/2013	Piranhas Summer Kick-Off Meet	
2:58.28 Y	F	200 IM	3/1/2013	AD Silver Short Course Championships	
Natalie Rumpelt (15) W			ALBS-AD		
25.14 Y	F	50 Free	3/28/2013	2013 Eastern Zone SC Swimming Championships	
28.34 L	F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
28.49 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
53.65 Y	F	100 Free	3/28/2013	2013 Eastern Zone SC Swimming Championships	
1:00.35 L	F	100 Free	7/12/2013	2013 NI - Niagara Long Course Classic	
1:58.56 Y	F	200 Free	3/10/2013	AD Gold Short Course Championships	
2:13.64 L	F	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:06.09 Y	F	100 Back	1/4/2013	2013 Starfish Trophy Invitational	
1:17.18 S	F	100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:24.40 Y	F	200 Back	1/4/2013	2013 Starfish Trophy Invitational	
1:09.80 Y	F	100 Breast	3/28/2013	2013 Eastern Zone SC Swimming Championships	
1:22.87 S	F	100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:23.01 L	F	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
3:06.73 L	F	200 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
1:09.12 Y	F	100 Fly	1/4/2013	2013 Starfish Trophy Invitational	
1:19.35 S	F	100 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:13.67 S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:23.74 Y	F	200 IM	1/4/2013	2013 Starfish Trophy Invitational	
2:40.37 L	P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
Emma Rupert (16) W			SSCY-AD		
26.33 Y L	F	50 Free	2/9/2013	North Country YMCA Swim League 2013 Champions	
55.10 Y	P	100 Free	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS	
1:02.89 L	F	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:55.11 Y	F	200 Free	11/1/2012	Girls Sec II Division I Champ	
2:12.63 S	F	200 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
2:12.84 L	F	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
5:20.14 Y	F	500 Free	1/12/2013	Chris Goody IMX Challenge	
28.72 Y	F	50 Back	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
1:01.62 Y	P	100 Back	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS	
1:09.16 S	F	100 Back	6/15/2013	Piranhas Summer Kick-Off Meet	
1:11.04 L	F	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:06.49 Y	F	100 Breast	11/1/2012	Girls Sec II Division I Champ	
1:18.08 S	F	100 Breast	6/15/2013	Piranhas Summer Kick-Off Meet	
1:18.91 L	P	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
2:26.51 Y	P	200 Breast	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS	
1:09.81 L	F	100 Fly	7/12/2013	Hawks Summer Invitational 2013	
1:11.33 S	F	100 Fly	6/15/2013	Piranhas Summer Kick-Off Meet	
2:44.17 L	P	200 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
2:12.16 Y	F	200 IM	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
2:26.86 L	F	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
4:44.33 Y	P	400 IM	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS	
Patrick Russell (9) M			GRGF-AD		
26.39 Y	F	25 Free	11/4/2012	Hometown Splashdown	
1:00.47 Y	F	50 Free	2/23/2013	Cabin Fever Invitational	
31.00 Y	F	25 Back	11/4/2012	Hometown Splashdown	
1:07.71 Y	F	50 Back	2/23/2013	Cabin Fever Invitational	
29.87 Y	F	25 Breast	11/4/2012	Hometown Splashdown	
1:07.03 Y	F	50 Breast	2/23/2013	Cabin Fever Invitational	
Taylor Russell (9) W			BSPA-AD		
24.79 Y	F	25 Free	11/4/2012	Hometown Splashdown	
50.60 Y	F	50 Free	2/23/2013	Cabin Fever Invitational	
29.57 Y	F	25 Back	11/4/2012	Hometown Splashdown	
56.79 Y	F	50 Back	2/23/2013	Cabin Fever Invitational	

Individual Top Times

Time	P/F/S	Event			
Alexandra Russo (14) W			CLIN-AD		
26.38 Y	F	50 Free	3/10/2013	AD Gold Short Course Championships	
31.09 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
57.78 Y	P	100 Free	3/10/2013	AD Gold Short Course Championships	
1:07.84 L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:04.74 Y	P	200 Free	3/10/2013	AD Gold Short Course Championships	
2:27.05 L	P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
5:55.72 Y	F	500 Free	1/4/2013	2013 Starfish Trophy Invitational	
1:10.77 Y	F	100 Back	1/4/2013	2013 Starfish Trophy Invitational	
2:27.22 Y	P	200 Back	3/10/2013	AD Gold Short Course Championships	
2:54.22 L	P	200 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:14.95 Y	F	100 Breast	3/10/2013	AD Gold Short Course Championships	
1:32.96 L	P	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
2:42.89 Y	F	200 Breast	3/10/2013	AD Gold Short Course Championships	
3:24.65 L	P	200 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
1:06.54 Y	P	100 Fly	3/10/2013	AD Gold Short Course Championships	
1:21.54 L	P	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
2:25.94 Y	P	200 IM	3/10/2013	AD Gold Short Course Championships	
2:50.83 L	P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
5:13.98 Y	F	400 IM	12/9/2012	Piranhas December Distance Invite	
Elizabeth Russo (16) W			CLIN-AD		
27.60 Y	P	50 Free	3/10/2013	AD Gold Short Course Championships	
1:00.83 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
2:17.80 Y	F	200 Free	1/4/2013	2013 Starfish Trophy Invitational	
1:19.62 Y	F	100 Back	3/1/2013	AD Silver Short Course Championships	
1:18.60 Y	F	100 Breast	3/1/2013	AD Silver Short Course Championships	
2:52.97 Y	P	200 Breast	3/10/2013	AD Gold Short Course Championships	
1:13.61 Y	F	100 Fly	1/4/2013	2013 Starfish Trophy Invitational	
2:40.55 Y	F	200 IM	1/4/2013	2013 Starfish Trophy Invitational	
Jack Ryan (13) M			CPP-AD		
37.34 Y	F	50 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
38.68 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
39.44 S	F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
1:17.04 Y	F	100 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
3:14.85 S	F	200 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
47.65 Y	F	50 Back	2/10/2013	2013 Piranhas Pentathlon	
1:45.42 Y	F	100 Back	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:45.53 L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:45.78 S	F	100 Back	6/15/2013	Piranhas Summer Kick-Off Meet	
3:26.94 Y	F	200 Back	3/1/2013	AD Silver Short Course Championships	
2:02.73 S	F	100 Breast	6/15/2013	Piranhas Summer Kick-Off Meet	
48.27 Y	F	50 Fly	2/10/2013	2013 Piranhas Pentathlon	
2:00.66 S	F	100 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:42.29 Y	F	100 IM	3/1/2013	AD Silver Short Course Championships	
Taylor Ryan (11) W			DELM-AD		
48.59 Y	F	50 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:48.51 Y	F	100 Free	12/15/2012	Sharks 12&Under Mini-Meet	
57.10 Y	F	50 Back	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:01.05 Y	F	50 Breast	12/15/2012	Sharks 12&Under Mini-Meet	
Emma Rys (14) W			SVP-AD		
43.80 Y	F	50 Free	1/12/2013	Canajoharie Developmental Meet	
1:44.89 Y	F	100 Free	1/12/2013	Canajoharie Developmental Meet	
3:59.19 Y	F	200 Free	12/15/2012	Central Valley Swim League Quad Meet	
1:51.57 Y	F	100 Breast	1/12/2013	Canajoharie Developmental Meet	
4:08.11 Y	F	200 Breast	12/15/2012	Central Valley Swim League Quad Meet	
Victoria Sacchi (13) W			CLRK-AD		
36.06 Y	F	50 Free	2/9/2013	Central Valley Swim League Championships	
1:25.09 Y	F	100 Free	1/26/2013	Central Valley Swim Meet Quad Meet	
40.09 Y	F	50 Back	2/9/2013	Central Valley Swim League Championships	
1:36.83 Y	F	100 Back	12/15/2012	Central Valley Swim League Quad Meet	

Individual Top Times

Time	P/F/S	Event			
Victoria Sacchi (13) W					
52.73	Y	F	50	Breast	2/9/2013 Central Valley Swim League Championships
2:04.81	Y	F	100	Breast	12/15/2012 Central Valley Swim League Quad Meet
53.74	Y	F	50	Fly	12/1/2012 Central Valley Swim League Quad Meet
Maximilian Sadchikov (8) M					
17.76	Y	F	25	Free	3/1/2013 AD Silver Short Course Championships
37.67	Y	F	50	Free	3/10/2013 AD Gold Short Course Championships
39.47	L	F	50	Free	7/12/2013 Hawks Summer Invitational 2013
1:28.20	Y	F	100	Free	3/10/2013 AD Gold Short Course Championships
1:33.89	L	F	100	Free	7/12/2013 Hawks Summer Invitational 2013
x21.71	Y	F	25	Back	11/18/2012 Hawk-NDAC-CSD
44.30	Y	F	50	Back	3/10/2013 AD Gold Short Course Championships
47.79	L	F	50	Back	7/12/2013 Hawks Summer Invitational 2013
1:40.06	Y	F	100	Back	1/25/2013 Hawks Trials And Finals 2013
1:55.33	L	F	100	Back	7/12/2013 Hawks Summer Invitational 2013
23.94	Y	F	25	Breast	3/1/2013 AD Silver Short Course Championships
51.59	Y	F	50	Breast	11/10/2012 Pilgrims Pride
59.34	L	F	50	Breast	7/12/2013 Hawks Summer Invitational 2013
1:54.61	Y	F	100	Breast	1/25/2013 Hawks Trials And Finals 2013
2:10.80	L	F	100	Breast	7/12/2013 Hawks Summer Invitational 2013
21.02	Y	F	25	Fly	3/1/2013 AD Silver Short Course Championships
47.52	Y	F	50	Fly	3/10/2013 AD Gold Short Course Championships
52.25	L	F	50	Fly	7/12/2013 Hawks Summer Invitational 2013
1:56.23	Y	F	100	Fly	1/25/2013 Hawks Trials And Finals 2013
2:28.70	L	F	100	Fly	7/12/2013 Hawks Summer Invitational 2013
1:36.76	Y	F	100	IM	3/10/2013 AD Gold Short Course Championships
3:54.28	L	F	200	IM	7/12/2013 Hawks Summer Invitational 2013
Phillip Sadchikov (11) M					
31.33	Y	F	50	Free	3/10/2013 AD Gold Short Course Championships
35.42	L	F	50	Free	7/12/2013 Hawks Summer Invitational 2013
1:07.46	Y	F	100	Free	3/10/2013 AD Gold Short Course Championships
1:20.38	L	F	100	Free	7/12/2013 Hawks Summer Invitational 2013
2:53.38	L	F	200	Free	7/12/2013 Hawks Summer Invitational 2013
38.37	Y	F	50	Back	1/25/2013 Hawks Trials And Finals 2013
42.47	L	F	50	Back	7/12/2013 Hawks Summer Invitational 2013
1:22.85	Y	F	100	Back	3/10/2013 AD Gold Short Course Championships
1:33.08	L	F	100	Back	7/12/2013 Hawks Summer Invitational 2013
40.83	Y	F	50	Breast	3/10/2013 AD Gold Short Course Championships
49.56	L	F	50	Breast	7/12/2013 Hawks Summer Invitational 2013
1:28.06	Y	F	100	Breast	3/10/2013 AD Gold Short Course Championships
1:45.92	L	F	100	Breast	7/12/2013 Hawks Summer Invitational 2013
35.93	Y	F	50	Fly	3/10/2013 AD Gold Short Course Championships
41.25	L	F	50	Fly	7/12/2013 Hawks Summer Invitational 2013
1:25.47	Y	F	100	Fly	3/10/2013 AD Gold Short Course Championships
1:34.89	L	F	100	Fly	7/12/2013 Hawks Summer Invitational 2013
1:18.14	Y	F	100	IM	3/10/2013 AD Gold Short Course Championships
2:49.42	Y	F	200	IM	3/10/2013 AD Gold Short Course Championships
3:12.02	L	F	200	IM	7/12/2013 Hawks Summer Invitational 2013
Lauren Saggese (13) W					
42.59	Y	F	50	Free	2/9/2013 Central Valley Swim League Championships
1:39.17	Y	F	100	Free	1/26/2013 Central Valley Swim Meet Quad Meet
49.34	Y	F	50	Back	2/9/2013 Central Valley Swim League Championships
1:57.41	Y	F	100	Back	1/26/2013 Central Valley Swim Meet Quad Meet
57.59	Y	F	50	Breast	12/1/2012 Central Valley Swim League Quad Meet
2:00.28	Y	F	100	Breast	1/26/2013 Central Valley Swim Meet Quad Meet
55.08	Y	F	50	Fly	2/9/2013 Central Valley Swim League Championships
Jackson Salaway (8) M					
21.12	Y	F	25	Free	1/27/2013 Thoroughbred Splash 2013
47.62	Y	F	50	Free	12/2/2012 December Super Splash 2012
22.71	Y	F	25	Back	11/4/2012 Hometown Splashdown
27.05	Y	F	25	Breast	12/2/2012 December Super Splash 2012

CLRK-AD

HAWK-AD

HAWK-AD

CLRK-AD

GRGF-AD

Individual Top Times

Time	P/F/S	Event				
Karlee Salaway (10) W						
38.99 Y	F	50 Free	11/4/2012	Hometown Splashdown		GRGF-AD
1:29.98 Y	F	100 Free	2/23/2013	Cabin Fever Invitational		
42.20 Y	F	50 Back	3/10/2013	AD Gold Short Course Championships		
1:49.24 Y	F	100 IM	12/2/2012	December Super Splash 2012		
Taylor Salaway (16) W						
29.43 Y	F	50 Free	2/23/2013	Cabin Fever Invitational		GRGF-AD
1:05.60 Y	F	100 Free	2/23/2013	Cabin Fever Invitational		
2:33.40 Y	F	200 Free	12/2/2012	December Super Splash 2012		
1:23.86 Y	F	100 Breast	2/23/2013	Cabin Fever Invitational		
2:48.07 Y	F	200 IM	2/23/2013	Cabin Fever Invitational		
Adam Salerno (11) M						
35.42 Y	F	50 Free	12/2/2012	December Super Splash 2012		USAM-AD
1:22.42 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships		
2:55.16 Y	F	200 Free	3/9/2013	Eastern States League Championships 2013		
42.19 Y	F	50 Back	11/10/2012	Pilgrims Pride		
1:30.70 Y	F	100 Back	1/12/2013	Chris Goody IMX Challenge		
1:03.07 Y	F	50 Breast	2/10/2013	2013 Piranhas Pentathlon		
43.27 Y	F	50 Fly	3/1/2013	AD Silver Short Course Championships		
1:36.75 Y	F	100 IM	3/1/2013	AD Silver Short Course Championships		
Kylie Salerno (13) W						
28.63 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships		USAM-AD
1:03.66 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships		
2:22.52 Y	F	200 Free	3/1/2013	AD Silver Short Course Championships		
35.57 Y	F	50 Back	10/21/2012	2012 Trick or Treat Meet		
1:12.23 Y	F	100 Back	2/10/2013	2013 Piranhas Pentathlon		
2:39.90 Y	F	200 Back	1/12/2013	Chris Goody IMX Challenge		
1:26.65 Y	F	100 Breast	3/1/2013	AD Silver Short Course Championships		
3:11.51 Y	F	200 Breast	1/12/2013	Chris Goody IMX Challenge		
31.91 Y	F	50 Fly	11/10/2012	Pilgrims Pride		
1:11.04 Y	P	100 Fly	3/10/2013	AD Gold Short Course Championships		
1:18.24 Y	F	100 IM	10/21/2012	2012 Trick or Treat Meet		
2:35.28 Y	F	200 IM	3/1/2013	AD Silver Short Course Championships		
Christian Salisbury (12) M						
40.16 Y	F	50 Free	2/23/2013	Cabin Fever Invitational		AMST-AD
1:33.54 Y	F	100 Free	1/12/2013	Canajoharie Developmental Meet		
3:24.35 Y	F	200 Free	1/12/2013	Canajoharie Developmental Meet		
9:42.70 Y	F	500 Free	12/15/2012	Central Valley Swim League Quad Meet		
50.61 Y	F	50 Back	12/1/2012	Central Valley Swim League Quad Meet		
1:53.62 Y	F	100 Back	12/15/2012	Central Valley Swim League Quad Meet		
1:00.37 Y	F	50 Breast	1/12/2013	Canajoharie Developmental Meet		
2:17.97 Y	F	100 Breast	12/15/2012	Central Valley Swim League Quad Meet		
1:59.02 Y	F	100 IM	1/4/2013	2013 Starfish Trophy Invitational		
Thomas Salis (14) M						
30.51 L	F	50 Free	7/12/2013	Hawks Summer Invitational 2013		GLFY-AD
1:06.25 L	F	100 Free	7/12/2013	Hawks Summer Invitational 2013		
2:26.20 L	P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion		
22:24.15 L	F	1500 Free	7/12/2013	Hawks Summer Invitational 2013		
1:16.50 L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion		
2:47.02 L	F	200 Back	7/12/2013	Hawks Summer Invitational 2013		
1:30.01 L	F	100 Breast	7/12/2013	Hawks Summer Invitational 2013		
3:13.82 L	F	200 Breast	7/19/2013	2013 Adirondack Long Course District Champion		
1:31.02 L	F	100 Fly	7/12/2013	Hawks Summer Invitational 2013		
2:49.38 L	F	200 IM	7/12/2013	Hawks Summer Invitational 2013		
6:29.24 L	F	400 IM	7/12/2013	Hawks Summer Invitational 2013		
Jessica Salmon (12) W						
32.16 Y	F	50 Free	3/3/2013	North Country League Meet		SSCY-AD
34.64 S	F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet		
1:18.33 L	F	100 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational		
2:32.12 Y	F	200 Free	3/3/2013	North Country League Meet		

Individual Top Times

Time	P/F/S	Event			
Jessica Salmon (12) W					
					SSCY-AD
2:50.00 L	F	200 Free	7/12/2013	Hawks Summer Invitational 2013	
36.84 Y	F	50 Back	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:28.88 Y	P	100 Back	1/18/2013	CT 2013 Wahoo Winter Invitatio	
1:32.96 L	F	100 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
36.35 Y	P	50 Breast	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
45.47 L	F	50 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:27.65 Y	P	100 Breast	1/18/2013	CT 2013 Wahoo Winter Invitatio	
1:34.82 S	F	100 Breast	6/15/2013	Piranhas Summer Kick-Off Meet	
3:14.01 Y	P	200 Breast	1/18/2013	CT 2013 Wahoo Winter Invitatio	
3:22.35 L	F	200 Breast	7/12/2013	Hawks Summer Invitational 2013	
40.93 Y	F	50 Fly	2/3/2013	Delmar Dolphins February Freeze Invitational	
42.44 L	F	50 Fly	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:39.68 L	F	100 Fly	7/12/2013	Hawks Summer Invitational 2013	
1:22.79 Y	P	100 IM	1/18/2013	CT 2013 Wahoo Winter Invitatio	
3:05.51 S	F	200 IM	6/15/2013	Piranhas Summer Kick-Off Meet	
Ava Salverson (7) W					
					SSCY-AD
19.70 Y	F	25 Free	3/3/2013	North Country League Meet	
43.52 Y	F	50 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:43.99 Y	F	100 Free	2/9/2013	North Country YMCA Swim League 2013 Champions	
1:49.28 L	F	100 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
21.53 Y	F	25 Back	2/9/2013	North Country YMCA Swim League 2013 Champions	
49.41 Y	F	50 Back	2/3/2013	Delmar Dolphins February Freeze Invitational	
2:11.28 L	F	100 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
30.42 Y	F	25 Breast	3/3/2013	North Country League Meet	
1:07.69 L	F	50 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational	
26.97 Y	F	25 Fly	1/27/2013	North Country League Meet	
Brena Salverson (12) W					
					SSCY-AD
29.79 Y	F	50 Free	1/4/2013	2013 Starfish Trophy Invitational	
1:02.90 Y	F	100 Free	2/22/2013	North Country League Meet	
1:11.92 L	F	100 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
2:16.58 Y	F	200 Free	2/9/2013	North Country YMCA Swim League 2013 Champions	
6:11.39 Y	F	500 Free	3/3/2013	North Country League Meet	
21:36.90 Y	F	1650 Free	2/22/2013	North Country League Meet	
35.68 Y	F	50 Back	1/18/2013	CT 2013 Wahoo Winter Invitatio	
1:15.94 Y	F	100 Back	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:31.78 L	F	100 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
2:36.16 Y	F	200 Back	2/9/2013	North Country YMCA Swim League 2013 Champions	
42.09 Y	F	50 Breast	1/4/2013	2013 Starfish Trophy Invitational	
1:32.52 Y	F	100 Breast	10/27/2012	IM-Xtremely Spooked	
3:13.19 Y	F	200 Breast	12/9/2012	Piranhas December Distance Invite	
33.57 Y	F	50 Fly	1/4/2013	2013 Starfish Trophy Invitational	
38.00 L	F	50 Fly	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:16.96 Y	F	100 Fly	1/4/2013	2013 Starfish Trophy Invitational	
1:15.23 Y	P	100 IM	1/18/2013	CT 2013 Wahoo Winter Invitatio	
2:38.69 Y	F	200 IM	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
3:00.98 L	F	200 IM	6/8/2013	Clinton Cudas Colgate Classic Invitational	
5:35.56 Y	F	400 IM	2/22/2013	North Country League Meet	
Levi Salverson (8) M					
					SSCY-AD
18.63 Y	F	25 Free	3/3/2013	North Country League Meet	
41.05 Y	F	50 Free	2/22/2013	North Country League Meet	
1:39.11 Y	F	100 Free	1/27/2013	North Country League Meet	
1:39.43 L	F	100 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
22.81 Y	F	25 Back	2/9/2013	North Country YMCA Swim League 2013 Champions	
48.52 Y	F	50 Back	1/18/2013	CT 2013 Wahoo Winter Invitatio	
1:51.37 L	F	100 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
24.79 Y	F	25 Breast	3/3/2013	North Country League Meet	
55.74 L	F	50 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:00.44 Y	F	50 Breast	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:07.58 Y	F	50 Fly	1/4/2013	2013 Starfish Trophy Invitational	
1:55.23 Y	F	100 IM	2/22/2013	North Country League Meet	

Individual Top Times

Time	P/F/S	Event			
Quinn Salverson (14) M			SSCY-AD		
30.02 Y	F	50 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:06.95 Y	F	100 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:17.21 L	F	100 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
2:26.41 Y	F	200 Free	2/9/2013	North Country YMCA Swim League 2013 Champions	
2:50.15 L	F	200 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:09.67 Y	P	100 Back	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
3:03.15 L	F	200 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:21.34 Y	F	100 Breast	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:32.76 L	F	100 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational	
3:05.88 Y	F	200 Breast	3/3/2013	North Country League Meet	
Nicholas Salzone (12) M			SSCY-AD		
28.44 Y L	F	50 Free	2/9/2013	North Country YMCA Swim League 2013 Champions	
32.00 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:03.04 Y	P	100 Free	1/18/2013	CT 2013 Wahoo Winter Invitatio	
1:10.44 L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:11.94 Y	F	200 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
2:30.80 L	F	200 Free	7/12/2013	Hawks Summer Invitational 2013	
5:13.56 L	F	400 Free	7/12/2013	Hawks Summer Invitational 2013	
6:00.04 Y	F	500 Free	3/10/2013	AD Gold Short Course Championships	
34.46 Y	F	50 Back	1/4/2013	2013 Starfish Trophy Invitational	
39.23 L	P	50 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:17.78 Y	F	100 Back	1/12/2013	Chris Goody IMX Challenge	
1:26.85 L	F	100 Back	7/12/2013	Hawks Summer Invitational 2013	
2:41.31 Y	F	200 Back	12/9/2012	Piranhas December Distance Invite	
3:03.95 L	F	200 Back	7/12/2013	Hawks Summer Invitational 2013	
40.68 Y	F	50 Breast	1/4/2013	2013 Starfish Trophy Invitational	
45.69 L	F	50 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
1:28.10 Y	F	100 Breast	1/12/2013	Chris Goody IMX Challenge	
30.11 Y	P	50 Fly	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
33.60 L	F	50 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:09.01 Y	F	100 Fly	1/18/2013	CT 2013 Wahoo Winter Invitatio	
1:18.13 L	P	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
2:39.47 Y	F	200 Fly	1/27/2013	North Country League Meet	
1:14.60 Y	F	100 IM	1/4/2013	2013 Starfish Trophy Invitational	
2:31.84 Y	F	200 IM	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
2:57.98 L	F	200 IM	6/8/2013	Clinton Cudas Colgate Classic Invitational	
Victoria Salzone (10) W			SSCY-AD		
39.06 Y	F	50 Free	2/22/2013	North Country League Meet	
43.65 L	F	50 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:29.25 Y	F	100 Free	2/22/2013	North Country League Meet	
1:36.30 L	F	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
3:11.70 Y	F	200 Free	1/12/2013	Chris Goody IMX Challenge	
3:28.25 L	F	200 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
44.81 Y	F	50 Back	1/4/2013	2013 Starfish Trophy Invitational	
50.35 L	F	50 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:39.45 Y	F	100 Back	1/12/2013	Chris Goody IMX Challenge	
1:50.13 L	F	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
3:41.28 Y	F	200 Back	12/9/2012	Piranhas December Distance Invite	
57.23 Y	F	50 Breast	1/4/2013	2013 Starfish Trophy Invitational	
58.60 L	F	50 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:59.66 Y	F	100 Breast	1/18/2013	CT 2013 Wahoo Winter Invitatio	
2:12.26 L	F	100 Breast	7/12/2013	Hawks Summer Invitational 2013	
51.23 Y	F	50 Fly	11/17/2012	Harvest Invitational	
56.53 L	F	50 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:38.07 Y	F	100 IM	1/18/2013	CT 2013 Wahoo Winter Invitatio	
3:43.20 Y	F	200 IM	1/12/2013	Chris Goody IMX Challenge	
3:52.65 L	F	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
Julia Samson (15) W			UN-AD		
24.25 Y	F	50 Free	11/1/2012	Girls Sec II Division I Champ	
28.54 L	F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	

Individual Top Times

Time	P/F/S	Event			
Julia Samson (15) W			ALBS-AD		
29.33 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
52.42 Y L	F	100 Free	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS	
1:01.80 L	P	100 Free	7/12/2013	2013 NI - Niagara Long Course Classic	
1:58.05 Y	F	200 Free	1/4/2013	2013 Starfish Trophy Invitational	
2:15.69 L	F	200 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
5:14.03 Y	F	500 Free	1/4/2013	2013 Starfish Trophy Invitational	
26.97 Y	F	50 Back	11/16/2012	2012 NY Ob - Girls NY State Federation Champ	
56.83 Y	F	100 Back	3/10/2013	AD Gold Short Course Championships	
1:06.43 L	F	100 Back	7/12/2013	2013 NI - Niagara Long Course Classic	
1:06.62 S	F	100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:03.34 Y	F	200 Back	3/10/2013	AD Gold Short Course Championships	
2:23.84 L	F	200 Back	7/12/2013	2013 NI - Niagara Long Course Classic	
1:06.18 Y	F	100 Breast	3/10/2013	AD Gold Short Course Championships	
1:16.19 L	F	100 Breast	7/12/2013	2013 NI - Niagara Long Course Classic	
1:18.85 S	F	100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:20.86 Y	F	200 Breast	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS	
2:46.09 L	P	200 Breast	7/12/2013	2013 NI - Niagara Long Course Classic	
1:05.89 L	F	100 Fly	3/21/2013	2013 NI - EZ North Region Speedo Ch	
1:06.72 S	F	100 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:13.57 Y	F	200 Fly	1/4/2013	2013 Starfish Trophy Invitational	
1:08.62 S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:04.97 Y	F	200 IM	11/1/2012	Girls Sec II Division I Champ	
2:21.99 L	F	200 IM	7/12/2013	2013 NI - Niagara Long Course Classic	
4:31.69 Y	F	400 IM	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS	
5:10.85 L	F	400 IM	7/19/2013	2013 Adirondack Long Course District Champion	
Kathryn Sancilio (14) W			DELM-AD		
28.35 Y	F	50 Free	10/21/2012	2012 Trick or Treat Meet	
1:02.28 Y	F	100 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
2:15.75 Y	F	200 Free	3/1/2013	AD Silver Short Course Championships	
1:14.68 Y	F	100 Back	3/1/2013	AD Silver Short Course Championships	
1:22.38 Y	F	100 Breast	3/1/2013	AD Silver Short Course Championships	
1:13.08 Y	F	100 Fly	2/3/2013	Delmar Dolphins February Freeze Invitational	
2:39.28 Y	F	200 IM	2/23/2013	Cabin Fever Invitational	
Samantha Sandwick (15) W			UN-AD		
25.59 Y	F	50 Free	11/1/2012	Girls Sec II Division 2 Champ	
31.13 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:06.31 L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:26.52 L	P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:16.79 L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
2:46.41 L	P	200 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:00.40 Y	F	100 Fly	11/1/2012	Girls Sec II Division 2 Champ	
Lauren Santiago (12) W			AMST-AD		
34.68 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	
1:16.65 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
2:50.46 Y	F	200 Free	3/1/2013	AD Silver Short Course Championships	
8:29.02 Y	F	500 Free	12/15/2012	Central Valley Swim League Quad Meet	
42.47 Y	F	50 Back	2/9/2013	Central Valley Swim League Championships	
1:34.81 Y	F	100 Back	12/15/2012	Central Valley Swim League Quad Meet	
46.55 Y	F	50 Breast	3/1/2013	AD Silver Short Course Championships	
43.03 Y	F	50 Fly	3/1/2013	AD Silver Short Course Championships	
1:35.05 Y	F	100 IM	3/1/2013	AD Silver Short Course Championships	
3:27.41 Y	F	200 IM	3/1/2013	AD Silver Short Course Championships	
Dimetri Santoro (15) M			BFIN-AD		
30.23 L	F	50 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:20.80 L	F	100 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
Scout Santoro (10) M			BFIN-AD		
54.33 L	F	50 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:12.21 L	F	50 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
Abigail Santos (12) W			HAWK-AD		

Individual Top Times

Time	P/F/S	Event			
Abigail Santos (12) W			HAWK-AD		
27.77 Y	P	50 Free	3/10/2013	AD Gold Short Course Championships	
29.90 L	F	50 Free	7/12/2013	Hawks Summer Invitational 2013	
1:01.49 Y	P	100 Free	3/10/2013	AD Gold Short Course Championships	
1:11.70 L	F	100 Free	7/12/2013	Hawks Summer Invitational 2013	
2:16.65 Y	F	200 Free	3/10/2013	AD Gold Short Course Championships	
2:37.22 L	F	200 Free	7/12/2013	Hawks Summer Invitational 2013	
5:21.74 L	F	400 Free	7/12/2013	Hawks Summer Invitational 2013	
32.77 Y	P	50 Back	1/25/2013	Hawks Trials And Finals 2013	
36.71 L	F	50 Back	7/12/2013	Hawks Summer Invitational 2013	
1:10.26 Y	F	100 Back	1/25/2013	Hawks Trials And Finals 2013	
1:19.88 L	F	100 Back	7/12/2013	Hawks Summer Invitational 2013	
37.71 Y	F	50 Breast	1/4/2013	2013 Starfish Trophy Invitational	
1:24.80 Y	F	100 Breast	11/10/2012	Pilgrims Pride	
31.09 Y	F	50 Fly	3/10/2013	AD Gold Short Course Championships	
34.12 L	F	50 Fly	7/12/2013	Hawks Summer Invitational 2013	
1:10.17 Y	F	100 Fly	1/4/2013	2013 Starfish Trophy Invitational	
1:24.52 L	F	100 Fly	7/12/2013	Hawks Summer Invitational 2013	
1:10.19 Y	F	100 IM	11/18/2012	Hawk-NDAC-CSD	
2:30.35 Y	F	200 IM	1/4/2013	2013 Starfish Trophy Invitational	
2:51.10 L	F	200 IM	7/12/2013	Hawks Summer Invitational 2013	
5:20.75 Y	F	400 IM	1/25/2013	Hawks Trials And Finals 2013	
6:06.95 L	F	400 IM	7/12/2013	Hawks Summer Invitational 2013	
Isabella Santos (12) W			HAWK-AD		
31.26 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	
34.67 L	F	50 Free	7/12/2013	Hawks Summer Invitational 2013	
1:07.03 Y	P	100 Free	3/10/2013	AD Gold Short Course Championships	
1:16.06 L	F	100 Free	7/12/2013	Hawks Summer Invitational 2013	
2:38.80 Y	F	200 Free	10/21/2012	2012 Trick or Treat Meet	
2:45.43 L	F	200 Free	7/12/2013	Hawks Summer Invitational 2013	
6:54.37 Y	F	500 Free	1/25/2013	Hawks Trials And Finals 2013	
35.68 Y	P	50 Back	3/10/2013	AD Gold Short Course Championships	
40.83 L	F	50 Back	7/12/2013	Hawks Summer Invitational 2013	
1:18.56 Y	P	100 Back	1/25/2013	Hawks Trials And Finals 2013	
1:30.02 L	F	100 Back	7/12/2013	Hawks Summer Invitational 2013	
40.03 Y	P	50 Breast	3/10/2013	AD Gold Short Course Championships	
45.53 L	F	50 Breast	7/12/2013	Hawks Summer Invitational 2013	
1:26.70 Y	P	100 Breast	3/10/2013	AD Gold Short Course Championships	
1:43.98 L	F	100 Breast	7/12/2013	Hawks Summer Invitational 2013	
38.13 Y	F	50 Fly	10/21/2012	2012 Trick or Treat Meet	
39.09 L	F	50 Fly	7/12/2013	Hawks Summer Invitational 2013	
1:32.92 Y	F	100 Fly	1/4/2013	2013 Starfish Trophy Invitational	
1:41.45 L	F	100 Fly	7/12/2013	Hawks Summer Invitational 2013	
1:16.42 Y	P	100 IM	3/10/2013	AD Gold Short Course Championships	
2:54.40 Y	F	200 IM	1/4/2013	2013 Starfish Trophy Invitational	
3:15.13 L	F	200 IM	7/12/2013	Hawks Summer Invitational 2013	
Kaela Santos (14) W			HAWK-AD		
28.48 Y	F	50 Free	1/4/2013	2013 Starfish Trophy Invitational	
32.62 L	F	50 Free	7/12/2013	Hawks Summer Invitational 2013	
1:04.22 Y	P	100 Free	1/25/2013	Hawks Trials And Finals 2013	
1:16.41 L	F	100 Free	7/12/2013	Hawks Summer Invitational 2013	
2:26.05 Y	F	200 Free	1/4/2013	2013 Starfish Trophy Invitational	
2:48.63 L	F	200 Free	7/12/2013	Hawks Summer Invitational 2013	
1:13.22 Y	F	100 Back	1/4/2013	2013 Starfish Trophy Invitational	
1:24.40 L	F	100 Back	7/12/2013	Hawks Summer Invitational 2013	
2:39.32 Y	F	200 Back	1/25/2013	Hawks Trials And Finals 2013	
3:06.43 L	F	200 Back	7/12/2013	Hawks Summer Invitational 2013	
x1:22.88 Y	F	100 Breast	11/18/2012	Hawk-NDAC-CSD	
3:06.20 Y	F	200 Breast	1/4/2013	2013 Starfish Trophy Invitational	
31.35 Y	F	50 Fly	11/18/2012	Hawk-NDAC-CSD	
1:11.24 Y	P	100 Fly	3/10/2013	AD Gold Short Course Championships	

Individual Top Times

Time	P/F/S	Event			
Kaela Santos (14) W					
1:23.25	L	F	100 Fly	7/12/2013	Hawks Summer Invitational 2013
2:41.48	Y	F	200 Fly	1/4/2013	2013 Starfish Trophy Invitational
3:06.04	L	F	200 Fly	7/12/2013	Hawks Summer Invitational 2013
2:37.27	Y	F	200 IM	1/25/2013	Hawks Trials And Finals 2013
3:03.51	L	F	200 IM	7/12/2013	Hawks Summer Invitational 2013
5:38.60	Y	F	400 IM	1/25/2013	Hawks Trials And Finals 2013
6:49.25	L	F	400 IM	7/12/2013	Hawks Summer Invitational 2013
Ruby Santos (9) W					
21.63	Y	F	25 Free	11/18/2012	Hawk-NDAC-CSD
45.38	Y	F	50 Free	1/25/2013	Hawks Trials And Finals 2013
49.61	L	F	50 Free	7/12/2013	Hawks Summer Invitational 2013
1:47.58	Y	F	100 Free	1/25/2013	Hawks Trials And Finals 2013
1:57.20	L	F	100 Free	7/12/2013	Hawks Summer Invitational 2013
4:05.03	L	F	200 Free	7/12/2013	Hawks Summer Invitational 2013
23.26	Y	F	25 Back	11/18/2012	Hawk-NDAC-CSD
47.85	Y	F	50 Back	1/4/2013	2013 Starfish Trophy Invitational
1:06.94	L	F	50 Back	7/12/2013	Hawks Summer Invitational 2013
1:54.70	Y	F	100 Back	1/25/2013	Hawks Trials And Finals 2013
2:13.93	L	F	100 Back	7/12/2013	Hawks Summer Invitational 2013
28.33	Y	F	25 Breast	3/1/2013	AD Silver Short Course Championships
56.36	Y	F	50 Breast	1/4/2013	2013 Starfish Trophy Invitational
1:08.64	L	F	50 Breast	7/12/2013	Hawks Summer Invitational 2013
2:01.32	Y	F	100 Breast	1/25/2013	Hawks Trials And Finals 2013
2:26.16	L	F	100 Breast	7/12/2013	Hawks Summer Invitational 2013
24.26	Y	F	25 Fly	3/1/2013	AD Silver Short Course Championships
55.09	Y	F	50 Fly	1/4/2013	2013 Starfish Trophy Invitational
1:06.39	L	F	50 Fly	7/12/2013	Hawks Summer Invitational 2013
2:01.96	Y	F	100 Fly	1/25/2013	Hawks Trials And Finals 2013
1:48.54	Y	F	100 IM	3/10/2013	AD Gold Short Course Championships
4:33.57	L	F	200 IM	7/12/2013	Hawks Summer Invitational 2013
Lucas Sarabia (10) M					
45.14	Y	F	50 Free	1/27/2013	North Country League Meet
1:45.69	Y	F	100 Free	1/20/2013	Foothills Inv
48.61	Y	F	50 Back	2/9/2013	North Country YMCA Swim League 2013 Champions
Siena Sara (18) W					
30.67	L	F	50 Free	7/6/2013	Sharks Summer Invite
1:00.09	Y	P	100 Free	12/6/2012	2012 NE NSSC MIT Invite
1:07.56	L L	F	100 Free	7/19/2013	2013 Adirondack Long Course District Champion
2:00.16	Y	P	200 Free	3/10/2013	AD Gold Short Course Championships
2:23.30	L	F	200 Free	7/6/2013	Sharks Summer Invite
4:55.72	L	F	400 Free	7/19/2013	2013 Adirondack Long Course District Champion
5:18.31	Y	P	500 Free	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS
10:45.38	Y	F	1000 Free	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS
18:02.63	Y	F	1650 Free	3/10/2013	AD Gold Short Course Championships
1:05.72	Y	P	100 Back	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS
2:23.05	Y	F	200 Back	1/12/2013	Chris Goody IMX Challenge
2:39.93	L	P	200 Back	7/19/2013	2013 Adirondack Long Course District Champion
37.93	L	F	50 Breast	6/1/2013	2013 NE MTSC June 1st Meet
37.93	L	F	50 Breast	6/1/2013	2013 NE MTSC June 1st Meet
1:08.71	Y	F	100 Breast	3/21/2013	2013 CT Senior Open Championship
1:17.84	L	P	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion
2:25.92	Y	P	200 Breast	3/10/2013	AD Gold Short Course Championships
2:49.11	L	P	200 Breast	7/19/2013	2013 Adirondack Long Course District Champion
1:11.30	Y	F	100 Fly	10/21/2012	2012 Trick or Treat Meet
2:33.70	Y	F	200 Fly	1/12/2013	Chris Goody IMX Challenge
2:19.94	Y	P	200 IM	12/6/2012	2012 NE NSSC MIT Invite
2:37.26	L	P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion
4:45.30	Y	F	400 IM	3/21/2013	2013 CT Senior Open Championship
5:36.62	L	F	400 IM	7/19/2013	2013 Adirondack Long Course District Champion
Vitoria Sarti (10) W					

HAWK-AD

HAWK-AD

GLOY-AD

SCHE-AD

ALBS-AD

Individual Top Times

Time	P/F/S	Event		
Vitoria Sarti (10) W			ALBS-AD	
31.57 Y	F	50 Free	12/2/2012	December Super Splash 2012
33.41 L	F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion
34.76 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:11.19 Y	F	100 Free	1/4/2013	2013 Starfish Trophy Invitational
1:16.35 S	F	100 Free	6/15/2013	Piranhas Summer Kick-Off Meet
1:16.48 L	F	100 Free	7/19/2013	2013 Adirondack Long Course District Champion
2:43.93 Y	F	200 Free	12/2/2012	December Super Splash 2012
2:50.68 L	F	200 Free	7/19/2013	2013 Adirondack Long Course District Champion
38.60 Y	F	50 Back	3/10/2013	AD Gold Short Course Championships
42.18 L	F	50 Back	7/19/2013	2013 Adirondack Long Course District Champion
42.79 S	F	50 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:25.19 Y	F	100 Back	3/10/2013	AD Gold Short Course Championships
1:32.58 L	F	100 Back	7/19/2013	2013 Adirondack Long Course District Champion
47.35 Y	F	50 Breast	1/4/2013	2013 Starfish Trophy Invitational
51.17 L	F	50 Breast	7/19/2013	2013 Adirondack Long Course District Champion
1:43.24 Y	F	100 Breast	1/4/2013	2013 Starfish Trophy Invitational
1:52.16 L	F	100 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational
37.25 Y	F	50 Fly	1/4/2013	2013 Starfish Trophy Invitational
39.33 S	F	50 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon
40.42 L	F	50 Fly	7/19/2013	2013 Adirondack Long Course District Champion
1:44.54 L	F	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion
1:23.47 Y	F	100 IM	3/10/2013	AD Gold Short Course Championships
1:27.65 S	F	100 IM	6/15/2013	Piranhas Summer Kick-Off Meet
3:18.40 L	F	200 IM	6/8/2013	Clinton Cudas Colgate Classic Invitational
Lilia Sattler (12) W			SCHE-AD	
39.24 Y	F	50 Free	1/27/2013	Thoroughbred Splash 2013
1:29.55 Y	F	100 Free	1/27/2013	Thoroughbred Splash 2013
47.84 Y	F	50 Back	2/23/2013	Cabin Fever Invitational
51.03 Y	F	50 Breast	2/23/2013	Cabin Fever Invitational
1:41.50 Y	F	100 IM	2/23/2013	Cabin Fever Invitational
Alexandra Saunders (10) W			CLIN-AD	
42.83 Y	F	50 Free	1/12/2013	Canajoharie Developmental Meet
1:31.32 Y	F	100 Free	12/15/2012	Sharks 12&Under Mini-Meet
51.16 Y	F	50 Back	1/12/2013	Canajoharie Developmental Meet
1:01.83 Y	F	50 Breast	2/3/2013	Delmar Dolphins February Freeze Invitational
1:02.01 Y	F	50 Fly	1/12/2013	Canajoharie Developmental Meet
2:03.66 Y	F	100 IM	12/15/2012	Sharks 12&Under Mini-Meet
Brady Saunders (9) M			HAWK-AD	
17.34 Y	F	25 Free	3/1/2013	AD Silver Short Course Championships
38.63 Y	F	50 Free	3/10/2013	AD Gold Short Course Championships
43.10 L	F	50 Free	7/12/2013	Hawks Summer Invitational 2013
1:32.04 Y	F	100 Free	3/10/2013	AD Gold Short Course Championships
1:52.11 L	F	100 Free	7/12/2013	Hawks Summer Invitational 2013
21.09 Y	F	25 Back	11/18/2012	Hawk-NDAC-CSD
49.84 Y	F	50 Back	3/10/2013	AD Gold Short Course Championships
1:00.03 L	F	50 Back	7/12/2013	Hawks Summer Invitational 2013
1:56.36 Y	F	100 Back	1/25/2013	Hawks Trials And Finals 2013
54.31 Y	F	50 Breast	3/10/2013	AD Gold Short Course Championships
2:07.09 Y	F	100 Breast	1/25/2013	Hawks Trials And Finals 2013
2:33.35 L	F	100 Breast	7/12/2013	Hawks Summer Invitational 2013
x26.25 Y	F	25 Fly	11/18/2012	Hawk-NDAC-CSD
1:02.63 Y	F	50 Fly	1/25/2013	Hawks Trials And Finals 2013
1:06.20 L	F	50 Fly	7/12/2013	Hawks Summer Invitational 2013
1:44.98 Y	F	100 IM	3/10/2013	AD Gold Short Course Championships
Daniel Sausto (14) M			ALBS-AD	
26.96 Y	F	50 Free	1/4/2013	2013 Starfish Trophy Invitational
30.56 L L	F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion
1:00.65 Y	F	100 Free	10/21/2012	2012 Trick or Treat Meet
1:05.54 L	F	100 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational
2:04.90 Y	F	200 Free	1/4/2013	2013 Starfish Trophy Invitational

Individual Top Times

Time	P/F/S	Event			
Daniel Sausto (14) M			ALBS-AD		
2:16.34 L	F	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
4:47.98 L	F	400 Free	7/19/2013	2013 Adirondack Long Course District Champion	
5:19.95 Y	F	500 Free	3/10/2013	AD Gold Short Course Championships	
18:54.78 L	F	1500 Free	7/19/2013	2013 Adirondack Long Course District Champion	
18:54.78 L	F	1500 Free	7/19/2013	2013 Adirondack Long Course District Champion	
18:08.15 Y	F	1650 Free	3/10/2013	AD Gold Short Course Championships	
1:04.83 Y	P	100 Back	3/10/2013	AD Gold Short Course Championships	
2:21.86 Y	F	200 Back	12/9/2012	Piranhas December Distance Invite	
1:14.80 Y	P	100 Breast	3/10/2013	AD Gold Short Course Championships	
2:38.32 Y	F	200 Breast	1/4/2013	2013 Starfish Trophy Invitational	
1:07.21 Y	F	100 Fly	1/4/2013	2013 Starfish Trophy Invitational	
1:16.81 L	F	100 Fly	6/8/2013	Clinton Cudas Colgate Classic Invitational	
2:16.86 Y	F	200 Fly	3/10/2013	AD Gold Short Course Championships	
2:29.06 L	F	200 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
2:20.65 Y	P	200 IM	3/10/2013	AD Gold Short Course Championships	
2:34.93 L	F	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
4:43.59 Y	F	400 IM	3/10/2013	AD Gold Short Course Championships	
5:22.15 L	F	400 IM	7/19/2013	2013 Adirondack Long Course District Champion	
Samara Sausville (17) W			ADDI-AD		
28.57 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	
1:05.92 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
2:47.04 Y	F	200 Free	1/4/2013	2013 NE GMA Winter Knights	
1:30.44 Y	F	100 Breast	3/1/2013	AD Silver Short Course Championships	
3:13.63 Y	F	200 Breast	3/1/2013	AD Silver Short Course Championships	
John Sawitzki (12) M			AMST-AD		
39.33 Y	F	50 Free	2/9/2013	Central Valley Swim League Championships	
1:28.53 Y	F	100 Free	12/15/2012	Central Valley Swim League Quad Meet	
3:25.50 Y	F	200 Free	1/26/2013	Central Valley Swim Meet Quad Meet	
48.24 Y	F	50 Back	2/9/2013	Central Valley Swim League Championships	
1:50.31 Y	F	100 Back	1/26/2013	Central Valley Swim Meet Quad Meet	
Cheyenne Sawyer (10) W			GCAT-AD		
52.62 L	F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
59.26 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:09.01 L	F	50 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
Michael Scanio (12) M			NHA-AD		
35.39 Y	F	50 Free	1/12/2013	Canajoharie Developmental Meet	
36.91 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
37.07 L	F	50 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:21.29 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
1:23.88 L	F	100 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
3:05.42 L	F	200 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
41.14 Y	F	50 Back	3/1/2013	AD Silver Short Course Championships	
48.68 L	F	50 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:45.24 S	F	100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:52.83 L	F	100 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:02.25 L	F	50 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:10.36 Y	F	50 Breast	1/12/2013	Canajoharie Developmental Meet	
2:16.28 L	F	100 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational	
52.69 L	F	50 Fly	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:51.99 S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
Kate Scanlan (9) W			UN-AD		
16.81 Y	F	25 Free	3/9/2013	Eastern States League Championships 2013	
37.45 Y	F	50 Free	3/10/2013	AD Gold Short Course Championships	
41.66 L	F	50 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:28.72 Y	F	100 Free	3/10/2013	AD Gold Short Course Championships	
1:33.81 L	F	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
3:21.28 L	F	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
3:49.96 Y	F	200 Free	10/27/2012	IM-Xtremely Spooked	
20.91 Y	F	25 Back	3/9/2013	Eastern States League Championships 2013	

Individual Top Times

Time	P/F/S	Event			
Kate Scanlan (9) W					
45.36	Y	F	50	Back	1/4/2013 2013 Starfish Trophy Invitational
48.97	L	F	50	Back	7/19/2013 2013 Adirondack Long Course District Champion
1:35.89	L	F	100	Back	6/8/2013 Clinton Cudas Colgate Classic Invitational
1:41.49	Y	F	100	Back	10/27/2012 IM-Xtremely Spooked
3:43.51	L	F	200	Back	7/12/2013 Hawks Summer Invitational 2013
30.25	Y	F	25	Breast	2/23/2013 Cabin Fever Invitational
1:07.33	L	F	50	Breast	7/19/2013 2013 Adirondack Long Course District Champion
2:22.52	L	F	100	Breast	7/12/2013 Hawks Summer Invitational 2013
22.70	Y	F	25	Fly	2/23/2013 Cabin Fever Invitational
53.11	Y	F	50	Fly	1/4/2013 2013 Starfish Trophy Invitational
56.94	L	F	50	Fly	6/8/2013 Clinton Cudas Colgate Classic Invitational
2:18.74	L	F	100	Fly	7/12/2013 Hawks Summer Invitational 2013
1:50.71	Y	F	100	IM	3/1/2013 AD Silver Short Course Championships
4:07.16	L	F	200	IM	7/12/2013 Hawks Summer Invitational 2013
Tyler Scanlon (14) M					
33.47	Y	F	50	Free	12/2/2012 December Super Splash 2012
1:15.16	Y	F	100	Free	11/4/2012 Hometown Splashdown
1:39.44	Y	F	100	Back	12/2/2012 December Super Splash 2012
1:52.34	Y	F	100	Breast	11/4/2012 Hometown Splashdown
Gabrielle Schaffer (15) W					
28.32	Y	P	50	Free	11/1/2012 Girls Sec II Division I Champ
32.30	S	F	50	Free	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:01.65	Y	F	100	Free	3/1/2013 AD Silver Short Course Championships
1:12.47	Y	F	100	Back	1/4/2013 2013 Starfish Trophy Invitational
1:21.48	S	F	100	Back	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:17.68	Y	F	100	Fly	1/4/2013 2013 Starfish Trophy Invitational
1:23.33	S	F	100	IM	6/2/2013 2013 Starfish Meter Madness - Pentathlon
Hannah Schaffer (12) W					
38.92	S	F	50	Free	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:51.44	S	F	100	Back	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:59.30	S	F	100	IM	6/2/2013 2013 Starfish Meter Madness - Pentathlon
Ashley Schingo (15) W					
27.17	Y	P	50	Free	3/10/2013 AD Gold Short Course Championships
57.61	Y	P	100	Free	11/1/2012 Girls Sec II Division I Champ
2:14.55	Y	F	200	Free	1/27/2013 Thoroughbred Splash 2013
1:13.46	Y	F	100	Back	1/27/2013 Thoroughbred Splash 2013
1:10.06	Y	F	100	Fly	1/27/2013 Thoroughbred Splash 2013
2:37.90	Y	F	200	IM	1/27/2013 Thoroughbred Splash 2013
Victor Schingo (12) M					
29.42	Y	P	50	Free	3/10/2013 AD Gold Short Course Championships
30.75	L	F	50	Free	7/19/2013 2013 Adirondack Long Course District Champion
32.25	S	F	50	Free	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:06.19	Y L	F	100	Free	3/10/2013 AD Gold Short Course Championships
1:09.13	L	F	100	Free	7/19/2013 2013 Adirondack Long Course District Champion
1:10.77	S	F	100	Free	6/15/2013 Piranhas Summer Kick-Off Meet
2:26.60	Y	F	200	Free	10/21/2012 2012 Trick or Treat Meet
2:28.66	L	P	200	Free	7/19/2013 2013 Adirondack Long Course District Champion
6:27.73	Y	F	500	Free	3/10/2013 AD Gold Short Course Championships
33.67	Y	P	50	Back	3/10/2013 AD Gold Short Course Championships
37.09	S	F	50	Back	6/15/2013 Piranhas Summer Kick-Off Meet
37.13	L	P	50	Back	7/19/2013 2013 Adirondack Long Course District Champion
1:12.97	Y	F	100	Back	3/1/2013 AD Silver Short Course Championships
1:19.65	L	F	100	Back	7/19/2013 2013 Adirondack Long Course District Champion
1:23.34	S	F	100	Back	6/2/2013 2013 Starfish Meter Madness - Pentathlon
38.78	Y	P	50	Breast	3/10/2013 AD Gold Short Course Championships
1:21.34	Y	F	100	Breast	3/10/2013 AD Gold Short Course Championships
1:34.74	S	F	100	Breast	6/2/2013 2013 Starfish Meter Madness - Pentathlon
38.29	S	F	50	Fly	6/15/2013 Piranhas Summer Kick-Off Meet
1:11.83	Y	F	100	Fly	3/10/2013 AD Gold Short Course Championships

EELS-AD

GRGF-AD

UN-AD

ALBS-AD

ALBS-AD

ALBS-AD

Individual Top Times

Time	P/F/S	Event			
Victor Schingo (12) M					
ALBS-AD					
1:19.82 L	P	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:20.22 S	F	100 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:11.62 Y	F	100 IM	3/10/2013	AD Gold Short Course Championships	
1:16.99 S	F	100 IM	6/15/2013	Piranhas Summer Kick-Off Meet	
Peter Schmeer (12) M					
SSCY-AD					
29.81 Y	P	50 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
32.03 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
33.00 S	F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
1:05.27 Y	P	100 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
1:11.20 L	F	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:12.41 S	F	100 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
2:19.30 Y	P	200 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
2:29.41 L	F	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
6:13.54 Y	F	500 Free	2/22/2013	North Country League Meet	
39.68 Y	F	50 Back	10/21/2012	2012 Trick or Treat Meet	
41.65 S	F	50 Back	6/15/2013	Piranhas Summer Kick-Off Meet	
42.85 L	P	50 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:25.28 Y	F	100 Back	1/4/2013	2013 Starfish Trophy Invitational	
1:29.47 L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
44.63 Y	F	50 Breast	1/27/2013	North Country League Meet	
49.96 L	F	50 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational	
38.53 Y	F	50 Fly	1/12/2013	Chris Goody Mini-Meet	
45.33 L	F	50 Fly	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:28.42 S	F	100 IM	6/15/2013	Piranhas Summer Kick-Off Meet	
Cole Schmid (16) M					
NHA-AD					
1:23.04 L	F	100 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
Emma Schmid (12) W					
NHA-AD					
41.18 L	F	50 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
56.69 L	F	50 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:58.34 L	F	100 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational	
Matthew Schmid (14) M					
NHA-AD					
44.20 L	F	50 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:39.36 L	F	100 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
3:49.10 L	F	200 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
2:01.82 L	F	100 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
2:37.13 L	F	100 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational	
Stefani Schmitz (17) W					
UN-AD					
26.42 Y	P	50 Free	11/1/2012	Girls Sec II Division I Champ	
57.96 Y	P	100 Free	11/1/2012	Girls Sec II Division I Champ	
2:07.43 Y	P	200 Free	3/10/2013	AD Gold Short Course Championships	
5:40.99 Y	F	500 Free	3/10/2013	AD Gold Short Course Championships	
1:05.86 Y	P	100 Back	3/10/2013	AD Gold Short Course Championships	
2:23.26 Y	P	200 Back	3/10/2013	AD Gold Short Course Championships	
1:18.91 Y	F	100 Breast	12/2/2012	December Super Splash 2012	
2:48.91 Y	F	200 Breast	1/12/2013	Chris Goody IMX Challenge	
1:07.05 Y	F	100 Fly	2/23/2013	Cabin Fever Invitational	
2:43.09 Y	F	200 Fly	1/12/2013	Chris Goody IMX Challenge	
2:23.02 Y	F	200 IM	2/23/2013	Cabin Fever Invitational	
5:24.41 Y	F	400 IM	1/12/2013	Chris Goody IMX Challenge	
Jeremy Scholz (12) M					
CPP-AD					
34.79 Y	F	50 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:19.72 Y	F	100 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
44.18 Y	F	50 Back	2/10/2013	2013 Piranhas Pentathlon	
1:33.80 Y	F	100 Back	2/3/2013	Delmar Dolphins February Freeze Invitational	
3:34.13 Y	F	200 Back	12/9/2012	Piranhas December Distance Invite	
49.50 Y	F	50 Breast	3/1/2013	AD Silver Short Course Championships	
3:00.71 Y	F	200 Breast	12/9/2012	Piranhas December Distance Invite	
46.30 Y	F	50 Fly	2/10/2013	2013 Piranhas Pentathlon	
1:36.70 Y	F	100 IM	1/4/2013	2013 Starfish Trophy Invitational	

Individual Top Times

Time	P/F/S	Event			
Jeremy Scholz (12) M					
3:41.00	Y F	200 IM	12/9/2012	Piranhas December Distance Invite	CPP-AD
Aleah Schultz (11) W					
45.49	Y F	50 Free	3/1/2013	AD Silver Short Course Championships	SVP-AD
1:44.69	Y F	100 Free	3/1/2013	AD Silver Short Course Championships	
51.42	Y F	50 Back	11/10/2012	CVSL First Splash	
1:53.61	Y F	100 Back	1/26/2013	Central Valley Swim Meet Quad Meet	
52.81	Y F	50 Breast	3/1/2013	AD Silver Short Course Championships	
1:54.86	Y F	100 Breast	1/26/2013	Central Valley Swim Meet Quad Meet	
Bryce Schultz (16) M					
26.80	Y F	50 Free	3/1/2013	AD Silver Short Course Championships	EELS-AD
1:03.45	Y F	100 Free	1/4/2013	2013 Starfish Trophy Invitational	
2:16.26	Y F	200 Free	2/23/2013	Cabin Fever Invitational	
6:28.86	Y F	500 Free	10/27/2012	IM-Xtremely Spooked	
1:14.87	Y F	100 Back	1/4/2013	2013 Starfish Trophy Invitational	
2:40.01	Y F	200 Back	1/12/2013	Chris Goody IMX Challenge	
1:17.07	Y F	100 Breast	3/1/2013	AD Silver Short Course Championships	
2:53.60	Y F	200 Breast	1/4/2013	2013 Starfish Trophy Invitational	
1:11.30	Y F	100 Fly	3/1/2013	AD Silver Short Course Championships	
2:53.89	Y F	200 Fly	1/12/2013	Chris Goody IMX Challenge	
2:28.72	Y F	200 IM	3/1/2013	AD Silver Short Course Championships	
5:34.91	Y F	400 IM	1/12/2013	Chris Goody IMX Challenge	
Cora Schultz (8) W					
33.79	Y F	25 Free	1/20/2013	Foothills Inv	SVP-AD
1:20.66	Y F	50 Free	3/1/2013	AD Silver Short Course Championships	
32.37	Y F	25 Back	11/10/2012	CVSL First Splash	
1:09.80	Y F	50 Back	12/15/2012	Central Valley Swim League Quad Meet	
Tal Schwartz (17) M					
26.89	Y F	50 Free	1/4/2013	2013 Starfish Trophy Invitational	HAWK-AD
58.35	Y P	100 Free	1/25/2013	Hawks Trials And Finals 2013	
2:32.63	L F	200 Free	7/12/2013	Hawks Summer Invitational 2013	
1:05.76	Y F	100 Back	1/4/2013	2013 Starfish Trophy Invitational	
1:20.44	L F	100 Back	7/12/2013	Hawks Summer Invitational 2013	
1:09.20	Y P	100 Breast	12/6/2012	2012 NE NSSC MIT Invite	
2:32.23	Y P	200 Breast	1/25/2013	Hawks Trials And Finals 2013	
3:04.64	L F	200 Breast	7/12/2013	Hawks Summer Invitational 2013	
1:03.56	Y P	100 Fly	3/10/2013	AD Gold Short Course Championships	
1:19.23	L F	100 Fly	7/12/2013	Hawks Summer Invitational 2013	
2:16.41	Y F	200 IM	1/25/2013	Hawks Trials And Finals 2013	
Simone Schwarz-Eise (8) W					
22.27	Y F	25 Free	2/23/2013	Cabin Fever Invitational	USAM-AD
45.92	Y F	50 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
24.39	Y F	25 Back	3/9/2013	Eastern States League Championships 2013	
55.42	Y F	50 Back	3/1/2013	AD Silver Short Course Championships	
Sophie Schwarz-Eise (10) W					
36.38	Y F	50 Free	3/9/2013	Eastern States League Championships 2013	USAM-AD
1:22.03	Y F	100 Free	3/1/2013	AD Silver Short Course Championships	
44.92	Y F	50 Back	3/9/2013	Eastern States League Championships 2013	
1:38.73	Y F	100 Back	3/1/2013	AD Silver Short Course Championships	
52.14	Y F	50 Breast	3/1/2013	AD Silver Short Course Championships	
1:53.08	Y F	100 Breast	2/23/2013	Cabin Fever Invitational	
1:34.18	Y F	100 IM	3/1/2013	AD Silver Short Course Championships	
Susan Schwarz (16) W					
30.33	L P	50 Free	7/12/2013	2013 NI - Niagara Long Course Classic	ALBS-AD
32.08	S F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:06.39	L P	100 Free	7/12/2013	2013 NI - Niagara Long Course Classic	
2:10.57	Y F	200 Free	1/4/2013	2013 Starfish Trophy Invitational	
1:06.08	Y P	100 Back	3/10/2013	AD Gold Short Course Championships	
1:16.18	S F	100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:10.94	Y F	100 Breast	11/1/2012	Girls Sec II Division I Champ	

Individual Top Times

Time	P/F/S	Event			
Susan Schwarz (16) W			ALBS-AD		
1:26.43	S F	100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:26.49	L P	100 Breast	7/12/2013	2013 NI - Niagara Long Course Classic	
2:36.55	Y F	200 Breast	3/10/2013	AD Gold Short Course Championships	
3:03.91	L F	200 Breast	7/12/2013	2013 NI - Niagara Long Course Classic	
1:00.28	Y P	100 Fly	11/1/2012	Girls Sec II Division I Champ	
1:11.47	L P	100 Fly	7/12/2013	2013 NI - Niagara Long Course Classic	
1:13.12	S F	100 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:23.66	Y F	200 Fly	12/9/2012	Piranhas December Distance Invite	
1:17.04	S F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
5:00.36	Y P	400 IM	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS	
Savannah Scoons (11) W			ALBS-AD		
33.84	Y F	50 Free	3/1/2013	AD Silver Short Course Championships	
38.17	S F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
38.97	L F	50 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:18.53	Y F	100 Free	1/27/2013	Thoroughbred Splash 2013	
1:25.26	S F	100 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
1:26.19	L P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:50.40	Y F	200 Free	3/1/2013	AD Silver Short Course Championships	
3:01.64	L P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
47.43	Y F	50 Back	3/1/2013	AD Silver Short Course Championships	
49.58	S F	50 Back	6/15/2013	Piranhas Summer Kick-Off Meet	
54.73	L F	50 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:42.14	Y F	100 Back	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:45.17	L P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
3:45.53	L F	200 Back	7/19/2013	2013 Adirondack Long Course District Champion	
52.13	Y F	50 Breast	10/20/2012	Ravena Autumn Breeze 2012	
55.31	S F	50 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
59.10	L F	50 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:53.19	Y F	100 Breast	3/1/2013	AD Silver Short Course Championships	
2:08.91	L P	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
51.84	Y F	50 Fly	3/1/2013	AD Silver Short Course Championships	
54.91	S F	50 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
57.38	L F	50 Fly	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:36.68	Y F	100 IM	1/27/2013	Thoroughbred Splash 2013	
1:46.43	S F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
Drew Scott (16) M			ALBS-AD		
25.79	Y F	50 Free	1/4/2013	2013 Starfish Trophy Invitational	
28.78	L P	50 Free	7/12/2013	2013 NI - Niagara Long Course Classic	
54.55	Y P	100 Free	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS	
1:02.08	L P	100 Free	7/12/2013	2013 NI - Niagara Long Course Classic	
1:56.34	Y P	200 Free	3/10/2013	AD Gold Short Course Championships	
2:10.87	L P	200 Free	7/12/2013	2013 NI - Niagara Long Course Classic	
2:10.93	S F	200 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
4:33.10	L P	400 Free	7/12/2013	2013 NI - Niagara Long Course Classic	
5:04.45	Y F	500 Free	2/14/2013	Section II Championships Large	
9:32.85	L F	800 Free	6/22/2013	2013 NI - Niagara Super Circuit Ithaca	
10:45.16	Y F	1000 Free	1/4/2013	2013 Starfish Trophy Invitational	
17:52.82	L F	1500 Free	7/12/2013	2013 NI - Niagara Long Course Classic	
17:33.81	Y F	1650 Free	3/10/2013	AD Gold Short Course Championships	
30.56	Y L F	50 Back	1/4/2013	2013 Starfish Trophy Invitational	
59.36	Y P	100 Back	3/10/2013	AD Gold Short Course Championships	
1:09.79	L P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
2:08.24	Y F	200 Back	3/10/2013	AD Gold Short Course Championships	
2:25.52	L P	200 Back	7/12/2013	2013 NI - Niagara Long Course Classic	
1:18.31	Y F	100 Breast	11/10/2012	Pilgrims Pride	
2:39.59	Y F	200 Breast	1/4/2013	2013 Starfish Trophy Invitational	
1:02.13	Y P	100 Fly	3/10/2013	AD Gold Short Course Championships	
1:10.20	L P	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
2:13.15	Y P	200 IM	3/10/2013	AD Gold Short Course Championships	
2:31.08	L P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	

Individual Top Times

Time	P/F/S	Event			
Eric Scott (11) M			ALBS-AD		
37.36 Y	F	50 Free	10/20/2012	Ravena Autumn Breeze 2012	
1:21.85 Y	F	100 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
3:03.27 Y	F	200 Free	1/4/2013	2013 Starfish Trophy Invitational	
7:39.51 Y	F	500 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
41.44 Y	F	50 Back	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:28.85 Y	F	100 Back	1/4/2013	2013 Starfish Trophy Invitational	
50.26 Y	F	50 Breast	1/4/2013	2013 Starfish Trophy Invitational	
1:46.47 Y	F	100 Breast	1/4/2013	2013 Starfish Trophy Invitational	
41.10 Y	F	50 Fly	12/2/2012	December Super Splash 2012	
1:29.77 Y	F	100 IM	3/1/2013	AD Silver Short Course Championships	
3:15.17 Y	F	200 IM	1/4/2013	2013 Starfish Trophy Invitational	
Mia Scott (10) W			ALBS-AD		
35.50 Y L	F	50 Free	3/1/2013	AD Silver Short Course Championships	
38.92 L	F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
40.77 S	F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
1:19.10 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
1:37.09 L	F	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:59.28 Y	F	200 Free	1/27/2013	Thoroughbred Splash 2013	
8:12.99 Y	F	500 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
41.53 Y	F	50 Back	1/4/2013	2013 Starfish Trophy Invitational	
49.14 L	F	50 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:32.10 Y	F	100 Back	11/10/2012	Pilgrims Pride	
1:39.57 L	F	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
53.75 Y	F	50 Breast	3/1/2013	AD Silver Short Course Championships	
55.57 S	F	50 Breast	6/15/2013	Piranhas Summer Kick-Off Meet	
58.35 L	F	50 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
1:56.92 Y	F	100 Breast	3/1/2013	AD Silver Short Course Championships	
2:01.91 L	F	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
41.82 Y	F	50 Fly	2/3/2013	Delmar Dolphins February Freeze Invitational	
52.52 L	F	50 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:32.44 Y	F	100 IM	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:40.95 S	F	100 IM	6/15/2013	Piranhas Summer Kick-Off Meet	
3:28.28 Y	F	200 IM	1/4/2013	2013 Starfish Trophy Invitational	
3:43.48 L	F	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
Philip Scott (16) M			UN-AD		
26.27 Y	F	50 Free	1/26/2013	2013 MR OB LISCA Eastern States Championships	
58.00 Y	F	100 Free	11/17/2012	Harvest Invitational	
29.78 Y	F	50 Back	1/26/2013	2013 MR OB LISCA Eastern States Championships	
59.99 Y	F	100 Back	2/14/2013	Section II Championships Large	
1:16.92 Y	F	100 Breast	11/10/2012	Pilgrims Pride	
2:30.00 Y	F	200 IM	10/21/2012	2012 Trick or Treat Meet	
Samuel Scott (13) M			DELM-AD		
31.38 Y	F	50 Free	11/10/2012	Pilgrims Pride	
1:13.52 Y	F	100 Free	11/10/2012	Pilgrims Pride	
38.80 Y	F	50 Back	11/17/2012	Harvest Invitational	
42.81 Y	F	50 Breast	11/10/2012	Pilgrims Pride	
Rebecca Scriver (14) W			GRGF-AD		
30.73 Y L	F	50 Free	11/4/2012	Hometown Splashdown	
33.46 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:06.64 Y	F	100 Free	11/4/2012	Hometown Splashdown	
6:28.08 Y	F	500 Free	1/27/2013	Thoroughbred Splash 2013	
13:02.85 Y	F	1000 Free	12/2/2012	December Super Splash 2012	
21:34.25 L	F	1500 Free	7/19/2013	2013 Adirondack Long Course District Champion	
21:34.25 L	F	1500 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:11.92 Y	F	100 Back	3/1/2013	AD Silver Short Course Championships	
1:17.11 S	F	100 Back	6/15/2013	Piranhas Summer Kick-Off Meet	
1:22.23 L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
2:54.80 L	P	200 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:31.65 S	F	100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:12.95 Y	F	100 Fly	2/23/2013	Cabin Fever Invitational	

Individual Top Times

Time	P/F/S	Event			
Rebecca Scriver (14) W					
					UN-AD
1:22.25	S	F	100 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:20.39	S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon
2:36.40	Y	F	200 IM	2/23/2013	Cabin Fever Invitational
2:47.66	S	F	200 IM	6/15/2013	Piranhas Summer Kick-Off Meet
6:04.69	L	F	400 IM	7/19/2013	2013 Adirondack Long Course District Champion
Kira Seaman (13) W					
					GRGF-AD
33.28	Y	F	50 Free	2/23/2013	Cabin Fever Invitational
1:16.44	Y	F	100 Free	2/3/2013	Delmar Dolphins February Freeze Invitational
41.80	Y	F	50 Back	12/2/2012	December Super Splash 2012
1:30.85	Y	F	100 Back	2/3/2013	Delmar Dolphins February Freeze Invitational
46.69	Y	F	50 Breast	1/27/2013	Thoroughbred Splash 2013
1:40.18	Y	F	100 Breast	3/1/2013	AD Silver Short Course Championships
41.09	Y	F	50 Fly	12/2/2012	December Super Splash 2012
1:25.06	Y	F	100 IM	2/23/2013	Cabin Fever Invitational
Tucker Sears (15) M					
					NHA-AD
32.76	L	F	50 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational
1:16.15	L	F	100 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational
2:58.35	L	F	200 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational
1:34.01	L	F	100 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational
1:40.10	L	F	100 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational
3:15.68	L	F	200 IM	6/8/2013	Clinton Cudas Colgate Classic Invitational
Lilia Seaver (8) W					
					BFIN-AD
19.66	Y	F	25 Free	3/1/2013	AD Silver Short Course Championships
41.05	Y	F	50 Free	1/4/2013	2013 Starfish Trophy Invitational
1:34.00	Y	F	100 Free	1/4/2013	2013 Starfish Trophy Invitational
1:54.97	L	F	100 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational
3:48.96	Y	F	200 Free	1/12/2013	Chris Goody IMX Challenge
23.43	Y	F	25 Back	12/15/2012	Sharks 12&Under Mini-Meet
49.03	Y	F	50 Back	1/4/2013	2013 Starfish Trophy Invitational
2:00.48	L	F	100 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational
29.55	Y	F	25 Breast	10/21/2012	2012 Trick or Treat Meet
1:01.64	Y	F	50 Breast	2/3/2013	Delmar Dolphins February Freeze Invitational
1:08.06	L	F	50 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational
2:08.78	Y	F	100 Breast	1/12/2013	Chris Goody IMX Challenge
21.62	Y	F	25 Fly	2/23/2013	Cabin Fever Invitational
48.18	Y	F	50 Fly	1/4/2013	2013 Starfish Trophy Invitational
1:01.38	L	F	50 Fly	6/8/2013	Clinton Cudas Colgate Classic Invitational
1:45.71	Y	F	100 IM	2/23/2013	Cabin Fever Invitational
Robert Seaver (9) M					
					BFIN-AD
17.56	Y	F	25 Free	10/21/2012	2012 Trick or Treat Meet
34.34	Y	F	50 Free	3/10/2013	AD Gold Short Course Championships
1:12.69	Y	F	100 Free	3/10/2013	AD Gold Short Course Championships
1:28.67	L	F	100 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational
2:39.85	Y	F	200 Free	1/12/2013	Chris Goody IMX Challenge
6:40.85	Y	F	500 Free	3/10/2013	AD Gold Short Course Championships
20.42	Y	F	25 Back	12/2/2012	December Super Splash 2012
41.32	Y	F	50 Back	1/4/2013	2013 Starfish Trophy Invitational
1:26.00	Y	F	100 Back	3/10/2013	AD Gold Short Course Championships
1:37.51	L	F	100 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational
3:07.81	Y	F	200 Back	12/9/2012	Piranhas December Distance Invite
52.30	Y	F	50 Breast	2/3/2013	Delmar Dolphins February Freeze Invitational
57.72	L	F	50 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational
1:49.28	Y	F	100 Breast	1/4/2013	2013 Starfish Trophy Invitational
19.44	Y	F	25 Fly	12/2/2012	December Super Splash 2012
40.18	Y	F	50 Fly	3/10/2013	AD Gold Short Course Championships
45.20	L	F	50 Fly	6/8/2013	Clinton Cudas Colgate Classic Invitational
1:33.79	Y	F	100 Fly	1/4/2013	2013 Starfish Trophy Invitational
1:26.09	Y	F	100 IM	3/10/2013	AD Gold Short Course Championships
3:06.39	Y	F	200 IM	3/10/2013	AD Gold Short Course Championships

Individual Top Times

Time	P/F/S	Event			
Matthew Secreto (9) M					
HAWK-AD					
23.46 Y	F	25 Free	11/18/2012	Hawk-NDAC-CSD	
50.27 Y	F	50 Free	1/25/2013	Hawks Trials And Finals 2013	
57.24 L	F	50 Free	7/12/2013	Hawks Summer Invitational 2013	
1:51.04 Y	F	100 Free	1/25/2013	Hawks Trials And Finals 2013	
2:04.82 L	F	100 Free	7/12/2013	Hawks Summer Invitational 2013	
4:25.86 L	F	200 Free	7/12/2013	Hawks Summer Invitational 2013	
x23.53 Y	F	25 Back	11/18/2012	Hawk-NDAC-CSD	
1:07.85 Y	F	50 Back	3/1/2013	AD Silver Short Course Championships	
2:20.94 Y	F	100 Back	1/25/2013	Hawks Trials And Finals 2013	
2:52.32 L	F	100 Back	7/12/2013	Hawks Summer Invitational 2013	
28.37 Y	F	25 Breast	3/1/2013	AD Silver Short Course Championships	
1:02.62 Y	F	50 Breast	1/25/2013	Hawks Trials And Finals 2013	
1:12.61 L	F	50 Breast	7/12/2013	Hawks Summer Invitational 2013	
2:18.61 Y	F	100 Breast	1/25/2013	Hawks Trials And Finals 2013	
2:37.37 L	F	100 Breast	7/12/2013	Hawks Summer Invitational 2013	
Hannah Seiz (10) W					
SCHE-AD					
32.11 Y	F	50 Free	3/10/2013	AD Gold Short Course Championships	
37.08 L	F	50 Free	7/6/2013	Sharks Summer Invite	
1:13.82 Y	F	100 Free	3/10/2013	AD Gold Short Course Championships	
1:22.06 L	F	100 Free	7/6/2013	Sharks Summer Invite	
2:45.48 Y	F	200 Free	1/12/2013	Chris Goody IMX Challenge	
3:00.27 L	F	200 Free	7/6/2013	Sharks Summer Invite	
39.62 Y	F	50 Back	3/10/2013	AD Gold Short Course Championships	
43.40 L	F	50 Back	7/6/2013	Sharks Summer Invite	
1:24.95 Y	F	100 Back	3/10/2013	AD Gold Short Course Championships	
46.41 Y	F	50 Breast	2/23/2013	Cabin Fever Invitational	
50.97 L	F	50 Breast	7/6/2013	Sharks Summer Invite	
1:43.56 Y	F	100 Breast	1/12/2013	Chris Goody IMX Challenge	
39.03 Y	F	50 Fly	3/10/2013	AD Gold Short Course Championships	
43.21 L	F	50 Fly	7/6/2013	Sharks Summer Invite	
1:27.83 Y	F	100 Fly	3/10/2013	AD Gold Short Course Championships	
1:43.83 L	F	100 Fly	7/6/2013	Sharks Summer Invite	
1:22.64 Y	F	100 IM	1/27/2013	Thoroughbred Splash 2013	
2:56.92 Y	F	200 IM	3/10/2013	AD Gold Short Course Championships	
3:24.74 L	F	200 IM	7/6/2013	Sharks Summer Invite	
Joey Sekula (10) M					
CLIN-AD					
42.45 Y	F	50 Free	1/4/2013	2013 Starfish Trophy Invitational	
45.43 L	F	50 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:33.15 Y	F	100 Free	1/4/2013	2013 Starfish Trophy Invitational	
1:41.51 L	F	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
3:32.98 L	F	200 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
51.05 Y	F	50 Back	12/15/2012	Sharks 12&Under Mini-Meet	
58.91 L	F	50 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:50.15 L	F	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:51.26 Y	F	100 Back	1/4/2013	2013 Starfish Trophy Invitational	
1:01.12 Y	F	50 Breast	1/4/2013	2013 Starfish Trophy Invitational	
1:03.45 L	F	50 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational	
2:12.19 L	F	100 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational	
46.73 Y	F	50 Fly	1/4/2013	2013 Starfish Trophy Invitational	
54.41 L	F	50 Fly	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:47.78 Y	F	100 IM	11/17/2012	Harvest Invitational	
Julianne Sekula (12) W					
CLIN-AD					
27.11 Y	F	50 Free	3/10/2013	AD Gold Short Course Championships	
30.49 L	F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
58.65 Y	P	100 Free	3/10/2013	AD Gold Short Course Championships	
1:07.74 L	F	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:13.16 Y	F	200 Free	3/10/2013	AD Gold Short Course Championships	
2:29.29 L	F	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
30.85 Y	F	50 Back	3/10/2013	AD Gold Short Course Championships	
35.74 L	F	50 Back	7/19/2013	2013 Adirondack Long Course District Champion	

Individual Top Times

Time	P/F/S	Event			
Julianne Sekula (12) W			CLIN-AD		
1:08.09	Y P	100 Back	3/10/2013	AD Gold Short Course Championships	
1:17.37	L F	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
39.21	Y F	50 Breast	12/15/2012	Sharks 12&Under Mini-Meet	
43.04	L F	50 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
29.22	Y F	50 Fly	3/10/2013	AD Gold Short Course Championships	
32.94	L F	50 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:07.49	Y F	100 Fly	3/10/2013	AD Gold Short Course Championships	
1:16.33	L F	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:07.93	Y F	100 IM	3/10/2013	AD Gold Short Course Championships	
2:29.35	Y F	200 IM	3/10/2013	AD Gold Short Course Championships	
2:49.37	L F	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
Andrew Semmes (16) M			BFIN-AD		
23.88	Y P	50 Free	3/10/2013	AD Gold Short Course Championships	
26.98	L P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
50.33	Y F	100 Free	3/10/2013	AD Gold Short Course Championships	
58.38	L P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:46.39	Y F	200 Free	2/14/2013	Section II Championships Large	
2:05.60	L P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
4:38.12	L F	400 Free	7/19/2013	2013 Adirondack Long Course District Champion	
4:51.33	Y P	500 Free	2/14/2013	Section II Championships Large	
10:27.53	Y F	1000 Free	1/4/2013	2013 Starfish Trophy Invitational	
18:07.64	L F	1500 Free	7/19/2013	2013 Adirondack Long Course District Champion	
18:07.64	L F	1500 Free	7/19/2013	2013 Adirondack Long Course District Champion	
17:17.62	Y F	1650 Free	3/28/2013	2013 Eastern Zone SC Swimming Championships	
1:07.91	Y F	100 Back	10/21/2012	2012 Trick or Treat Meet	
1:17.81	L F	100 Back	7/12/2013	Hawks Summer Invitational 2013	
2:23.20	Y F	200 Back	1/4/2013	2013 Starfish Trophy Invitational	
1:22.94	L F	100 Breast	7/12/2013	Hawks Summer Invitational 2013	
2:33.29	Y F	200 Breast	1/4/2013	2013 Starfish Trophy Invitational	
2:53.55	L F	200 Breast	7/12/2013	Hawks Summer Invitational 2013	
59.27	Y P	100 Fly	3/10/2013	AD Gold Short Course Championships	
1:07.47	L P	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
2:14.75	Y F	200 Fly	1/4/2013	2013 Starfish Trophy Invitational	
2:39.11	L F	200 Fly	7/12/2013	Hawks Summer Invitational 2013	
2:06.07	Y P	200 IM	3/28/2013	2013 Eastern Zone SC Swimming Championships	
2:30.06	L P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
4:31.58	Y F	400 IM	3/10/2013	AD Gold Short Course Championships	
5:18.18	L F	400 IM	7/19/2013	2013 Adirondack Long Course District Champion	
Carter Semmes (13) M			BFIN-AD		
29.88	Y F	50 Free	3/1/2013	AD Silver Short Course Championships	
1:03.41	Y F	100 Free	3/1/2013	AD Silver Short Course Championships	
2:19.67	Y F	200 Free	3/1/2013	AD Silver Short Course Championships	
1:16.92	Y F	100 Back	3/1/2013	AD Silver Short Course Championships	
1:15.69	Y F	100 Fly	3/1/2013	AD Silver Short Course Championships	
2:41.70	Y F	200 IM	3/1/2013	AD Silver Short Course Championships	
Lindsay Semmes (12) W			BFIN-AD		
30.87	Y F	50 Free	2/23/2013	Cabin Fever Invitational	
1:08.44	Y P	100 Free	3/10/2013	AD Gold Short Course Championships	
2:29.35	Y F	200 Free	3/1/2013	AD Silver Short Course Championships	
7:03.29	Y F	500 Free	12/9/2012	Piranhas December Distance Invite	
38.39	Y F	50 Back	3/1/2013	AD Silver Short Course Championships	
1:22.56	Y F	100 Back	3/1/2013	AD Silver Short Course Championships	
38.22	Y F	50 Breast	3/10/2013	AD Gold Short Course Championships	
1:26.57	Y P	100 Breast	3/10/2013	AD Gold Short Course Championships	
35.07	Y P	50 Fly	3/10/2013	AD Gold Short Course Championships	
1:24.54	Y F	100 Fly	1/4/2013	2013 Starfish Trophy Invitational	
1:16.50	Y F	100 IM	2/23/2013	Cabin Fever Invitational	
2:49.22	Y F	200 IM	2/23/2013	Cabin Fever Invitational	
6:24.01	Y F	400 IM	12/9/2012	Piranhas December Distance Invite	
Michaela Semmes (10) W			BFIN-AD		

Individual Top Times

Time	P/F/S	Event			
Michaela Semmes (10) W			BFIN-AD		
31.31 Y	F	50 Free	3/10/2013	AD Gold Short Course Championships	
1:09.47 Y	F	100 Free	3/10/2013	AD Gold Short Course Championships	
41.99 Y	F	50 Back	1/4/2013	2013 Starfish Trophy Invitational	
1:26.55 Y	F	100 Back	3/10/2013	AD Gold Short Course Championships	
40.68 Y	F	50 Breast	3/10/2013	AD Gold Short Course Championships	
1:25.78 Y	F	100 Breast	3/10/2013	AD Gold Short Course Championships	
37.47 Y	F	50 Fly	2/23/2013	Cabin Fever Invitational	
1:28.28 Y	F	100 Fly	3/10/2013	AD Gold Short Course Championships	
1:20.39 Y	F	100 IM	3/10/2013	AD Gold Short Course Championships	
2:55.85 Y	F	200 IM	3/10/2013	AD Gold Short Course Championships	
Andrea Sepulveda (11) W			GLOY-AD		
43.66 Y	F	50 Free	1/27/2013	North Country League Meet	
1:05.14 Y	F	50 Breast	1/27/2013	North Country League Meet	
Jason Serotta (7) M			ALBS-AD		
18.70 Y	F	25 Free	3/1/2013	AD Silver Short Course Championships	
21.27 S	F	25 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
42.84 L	F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
43.63 Y	F	50 Free	3/10/2013	AD Gold Short Course Championships	
45.24 S	F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
1:33.52 Y	F	100 Free	3/10/2013	AD Gold Short Course Championships	
1:35.71 L	F	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:45.49 S	F	100 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
23.25 Y	F	25 Back	3/1/2013	AD Silver Short Course Championships	
26.80 S	F	25 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
52.35 Y	F	50 Back	1/4/2013	2013 Starfish Trophy Invitational	
56.98 S	F	50 Back	6/15/2013	Piranhas Summer Kick-Off Meet	
1:00.69 L	F	50 Back	7/19/2013	2013 Adirondack Long Course District Champion	
32.03 S	F	25 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
39.08 Y	F	25 Breast	11/17/2012	Harvest Invitational	
1:08.86 S	F	50 Breast	6/15/2013	Piranhas Summer Kick-Off Meet	
1:09.63 L	F	50 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
28.73 S	F	25 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
55.04 L	F	50 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
Lauren Serotta (14) W			ALBS-AD		
30.92 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
31.60 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:00.45 Y	P	100 Free	3/10/2013	AD Gold Short Course Championships	
1:09.16 L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:15.78 Y	F	200 Free	12/2/2012	December Super Splash 2012	
2:26.31 L	P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
31.04 Y L	F	50 Back	1/4/2013	2013 Starfish Trophy Invitational	
1:11.56 L	F	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:13.72 S	F	100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:31.84 L	F	200 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:22.17 Y	F	100 Breast	1/4/2013	2013 Starfish Trophy Invitational	
1:02.02 Y	P	100 Fly	11/1/2012	Girls Sec II Division I Champ	
1:11.50 L	F	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:14.54 S	F	100 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:17.77 S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:23.03 Y	F	200 IM	11/1/2012	Girls Sec II Division I Champ	
2:45.65 L	P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
5:15.94 Y	F	400 IM	1/4/2013	2013 Starfish Trophy Invitational	
Bailey Shaffer (14) W			RAVE-AD		
33.12 Y	F	50 Free	2/23/2013	Cabin Fever Invitational	
1:14.21 Y	F	100 Free	2/23/2013	Cabin Fever Invitational	
6:42.61 Y	F	500 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:21.15 Y	F	100 Back	2/23/2013	Cabin Fever Invitational	
2:48.86 Y	F	200 Back	1/12/2013	Chris Goody IMX Challenge	
1:21.95 Y	F	100 Breast	1/25/2013	Hawks Trials And Finals 2013	
2:56.56 Y	F	200 Breast	1/12/2013	Chris Goody IMX Challenge	

Individual Top Times

Time	P/F/S	Event				
Bailey Shaffer (14) W						
1:30.91	Y	F	100	Fly	3/1/2013	AD Silver Short Course Championships
2:52.04	Y	F	200	IM	3/1/2013	AD Silver Short Course Championships
Madison Shaffer (15) W						
28.71	Y	F	50	Free	2/23/2013	Cabin Fever Invitational
1:02.23	Y	F	100	Free	2/23/2013	Cabin Fever Invitational
6:02.45	Y	F	500	Free	2/3/2013	Delmar Dolphins February Freeze Invitational
1:10.21	Y	F	100	Back	2/10/2013	2013 Piranhas Pentathlon
2:31.55	Y	F	200	Back	1/12/2013	Chris Goody IMX Challenge
1:21.79	Y	P	100	Breast	1/25/2013	Hawks Trials And Finals 2013
2:53.70	Y	P	200	Breast	3/10/2013	AD Gold Short Course Championships
1:18.88	Y	F	100	Fly	3/1/2013	AD Silver Short Course Championships
2:32.86	Y	P	200	IM	1/25/2013	Hawks Trials And Finals 2013
Kavi Shankar (15) M						
26.98	Y	F	50	Free	3/1/2013	AD Silver Short Course Championships
59.72	Y	F	100	Free	3/1/2013	AD Silver Short Course Championships
33.73	Y	F	50	Back	1/26/2013	2013 MR OB LISCA Eastern States Championships
1:11.80	Y	F	100	Back	3/1/2013	AD Silver Short Course Championships
2:38.03	Y	F	200	Back	1/4/2013	2013 Starfish Trophy Invitational
1:26.35	Y	F	100	Breast	3/1/2013	AD Silver Short Course Championships
2:57.48	Y	F	200	Breast	3/1/2013	AD Silver Short Course Championships
2:32.64	Y	P	200	IM	2/14/2013	Section II Championships Large
Rishi Shankar (12) M						
41.32	Y	F	50	Free	1/4/2013	2013 Starfish Trophy Invitational
1:35.80	Y	F	100	Free	12/15/2012	Sharks 12&Under Mini-Meet
40.25	Y L	F	50	Back	1/4/2013	2013 Starfish Trophy Invitational
1:46.14	Y	F	100	Back	3/1/2013	AD Silver Short Course Championships
1:10.42	Y	F	50	Breast	12/15/2012	Sharks 12&Under Mini-Meet
1:56.93	Y	F	100	IM	12/15/2012	Sharks 12&Under Mini-Meet
Amelia Sharp (14) W						
36.03	Y	F	50	Free	1/20/2013	Foothills Inv
1:24.97	Y	F	100	Free	2/23/2013	Cabin Fever Invitational
3:26.01	Y	F	200	Free	1/26/2013	Central Valley Swim Meet Quad Meet
1:41.67	Y	F	100	Back	2/9/2013	Central Valley Swim League Championships
3:32.28	Y	F	200	Back	1/26/2013	Central Valley Swim Meet Quad Meet
2:09.74	Y	F	100	Breast	1/12/2013	Canajoharie Developmental Meet
4:40.36	Y	F	200	Breast	1/26/2013	Central Valley Swim Meet Quad Meet
1:41.13	Y	F	100	Fly	2/3/2013	Delmar Dolphins February Freeze Invitational
3:36.55	Y	F	200	IM	2/23/2013	Cabin Fever Invitational
Sophia Shaw (18) W						
39.44	Y	F	50	Free	1/12/2013	Canajoharie Developmental Meet
1:52.16	Y	F	100	Fly	1/12/2013	Canajoharie Developmental Meet
Lucas Shea (11) M						
41.54	Y	F	50	Free	1/27/2013	North Country League Meet
1:38.84	Y	F	100	Free	1/27/2013	North Country League Meet
3:37.38	Y	F	200	Free	1/27/2013	North Country League Meet
Caleb Sheedy (12) M						
34.71	Y	F	50	Free	3/1/2013	AD Silver Short Course Championships
42.70	Y	F	50	Back	3/1/2013	AD Silver Short Course Championships
1:36.56	Y	P	100	Back	1/25/2013	Hawks Trials And Finals 2013
49.21	Y	P	50	Breast	1/25/2013	Hawks Trials And Finals 2013
45.25	Y	P	50	Fly	1/25/2013	Hawks Trials And Finals 2013
1:32.47	Y	F	100	IM	3/1/2013	AD Silver Short Course Championships
Lola Sheeran (12) W						
30.82	Y L	F	50	Free	3/10/2013	AD Gold Short Course Championships
34.11	L	F	50	Free	6/8/2013	Clinton Cudas Colgate Classic Invitational
38.35	S	F	50	Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:09.87	Y	F	100	Free	12/2/2012	December Super Splash 2012
1:19.84	L	F	100	Free	6/8/2013	Clinton Cudas Colgate Classic Invitational
1:21.17	S	F	100	Free	6/15/2013	Piranhas Summer Kick-Off Meet

Individual Top Times

Time	P/F/S	Event			
Lola Sheeran (12) W			ALBS-AD		
2:53.64	L	F	200	Free	6/8/2013 Clinton Cudas Colgate Classic Invitational
35.77	Y	P	50	Back	3/10/2013 AD Gold Short Course Championships
38.71	S	F	50	Back	6/15/2013 Piranhas Summer Kick-Off Meet
39.38	L	F	50	Back	6/8/2013 Clinton Cudas Colgate Classic Invitational
1:18.26	Y	F	100	Back	2/3/2013 Delmar Dolphins February Freeze Invitational
1:26.99	S	F	100	Back	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:29.84	L	F	100	Back	6/8/2013 Clinton Cudas Colgate Classic Invitational
3:14.77	L	F	200	Back	7/19/2013 2013 Adirondack Long Course District Champion
44.36	Y	F	50	Breast	3/1/2013 AD Silver Short Course Championships
50.55	L	F	50	Breast	6/8/2013 Clinton Cudas Colgate Classic Invitational
1:53.93	S	F	100	Breast	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:54.03	L	F	100	Breast	6/8/2013 Clinton Cudas Colgate Classic Invitational
36.23	Y	F	50	Fly	3/1/2013 AD Silver Short Course Championships
37.96	L	F	50	Fly	6/8/2013 Clinton Cudas Colgate Classic Invitational
40.63	S	F	50	Fly	6/15/2013 Piranhas Summer Kick-Off Meet
1:43.43	S	F	100	Fly	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:21.08	Y	F	100	IM	3/1/2013 AD Silver Short Course Championships
1:28.69	S	F	100	IM	6/15/2013 Piranhas Summer Kick-Off Meet
2:58.91	Y	F	200	IM	1/27/2013 Thoroughbred Splash 2013
Eva Sheffer (8) W			CPP-AD		
18.66	Y	F	25	Free	3/1/2013 AD Silver Short Course Championships
41.48	Y	F	50	Free	3/10/2013 AD Gold Short Course Championships
44.54	S	F	50	Free	6/15/2013 Piranhas Summer Kick-Off Meet
1:42.29	Y	F	100	Free	3/1/2013 AD Silver Short Course Championships
23.27	Y	F	25	Back	3/1/2013 AD Silver Short Course Championships
49.42	Y	F	50	Back	3/10/2013 AD Gold Short Course Championships
53.11	S	F	50	Back	6/15/2013 Piranhas Summer Kick-Off Meet
26.21	Y	F	25	Breast	3/1/2013 AD Silver Short Course Championships
54.66	Y	F	50	Breast	3/10/2013 AD Gold Short Course Championships
56.30	S	F	50	Breast	6/15/2013 Piranhas Summer Kick-Off Meet
23.59	Y	F	25	Fly	3/1/2013 AD Silver Short Course Championships
53.79	Y	F	50	Fly	3/1/2013 AD Silver Short Course Championships
1:01.90	S	F	50	Fly	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:44.36	Y	F	100	IM	3/10/2013 AD Gold Short Course Championships
1:51.11	S	F	100	IM	6/15/2013 Piranhas Summer Kick-Off Meet
Natasha Sheffer (10) W			CPP-AD		
32.37	Y	F	50	Free	3/10/2013 AD Gold Short Course Championships
36.08	S	F	50	Free	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:13.78	Y	F	100	Free	3/10/2013 AD Gold Short Course Championships
1:22.14	S	F	100	Free	6/15/2013 Piranhas Summer Kick-Off Meet
7:16.61	Y	F	500	Free	3/10/2013 AD Gold Short Course Championships
35.87	Y	F	50	Back	3/10/2013 AD Gold Short Course Championships
40.38	S	F	50	Back	6/15/2013 Piranhas Summer Kick-Off Meet
1:22.67	Y	F	100	Back	3/10/2013 AD Gold Short Course Championships
3:05.61	Y	F	200	Back	12/9/2012 Piranhas December Distance Invite
44.58	Y	F	50	Breast	2/10/2013 2013 Piranhas Pentathlon
49.12	S	F	50	Breast	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:35.84	Y	F	100	Breast	1/4/2013 2013 Starfish Trophy Invitational
40.17	Y	F	50	Fly	3/10/2013 AD Gold Short Course Championships
43.05	S	F	50	Fly	6/15/2013 Piranhas Summer Kick-Off Meet
1:21.37	Y	F	100	IM	3/10/2013 AD Gold Short Course Championships
1:33.35	S	F	100	IM	6/2/2013 2013 Starfish Meter Madness - Pentathlon
3:00.22	Y	F	200	IM	12/9/2012 Piranhas December Distance Invite
Sophie Sheffer (13) W			CPP-AD		
31.48	Y	F	50	Free	1/4/2013 2013 Starfish Trophy Invitational
34.84	S	F	50	Free	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:07.83	Y	F	100	Free	3/1/2013 AD Silver Short Course Championships
2:50.26	S	F	200	Free	6/15/2013 Piranhas Summer Kick-Off Meet
2:51.06	L	F	200	Free	7/12/2013 Hawks Summer Invitational 2013
6:39.30	Y	F	500	Free	12/9/2012 Piranhas December Distance Invite

Individual Top Times

Time	P/F/S	Event			
Sophie Sheffer (13) W					
					CPP-AD
37.34 Y	F	50 Back	2/10/2013	2013 Piranhas Pentathlon	
1:20.83 Y	F	100 Back	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:31.72 S	F	100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:38.97 L	F	100 Back	7/12/2013	Hawks Summer Invitational 2013	
2:53.59 Y	F	200 Back	12/9/2012	Piranhas December Distance Invite	
44.14 Y	F	50 Breast	2/10/2013	2013 Piranhas Pentathlon	
1:34.21 Y	F	100 Breast	3/1/2013	AD Silver Short Course Championships	
1:43.35 S	F	100 Breast	6/15/2013	Piranhas Summer Kick-Off Meet	
3:23.66 Y	F	200 Breast	12/9/2012	Piranhas December Distance Invite	
4:00.73 L	F	200 Breast	7/12/2013	Hawks Summer Invitational 2013	
38.00 Y	F	50 Fly	1/4/2013	2013 Starfish Trophy Invitational	
1:28.54 Y	F	100 Fly	3/1/2013	AD Silver Short Course Championships	
1:34.63 S	F	100 Fly	6/15/2013	Piranhas Summer Kick-Off Meet	
1:23.24 Y	F	100 IM	2/10/2013	2013 Piranhas Pentathlon	
1:31.14 S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
Adam Shellooe (13) M					
					SSCY-AD
30.50 Y L	F	50 Free	1/27/2013	North Country League Meet	
1:08.48 Y	F	100 Free	2/9/2013	North Country YMCA Swim League 2013 Champions	
2:24.37 Y	P	200 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
6:44.37 Y	F	500 Free	11/17/2012	Harvest Invitational	
37.41 Y	F	50 Back	11/17/2012	Harvest Invitational	
1:21.39 Y	F	100 Back	2/3/2013	Delmar Dolphins February Freeze Invitational	
46.05 Y	F	50 Breast	2/22/2013	North Country League Meet	
34.08 Y	P	50 Fly	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
1:28.40 Y	F	100 Fly	11/10/2012	Pilgrims Pride	
2:44.26 Y	P	200 IM	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
Clare Shellooe (15) W					
					SSCY-AD
28.76 Y	F	50 Free	11/10/2012	Pilgrims Pride	
1:00.42 Y	F	100 Free	2/9/2013	North Country YMCA Swim League 2013 Champions	
2:07.65 Y	P	200 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
35.19 Y	F	50 Back	9/15/2012	2012 NI Ob - Women's Owego Invitational	
1:07.32 Y	P	100 Back	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
1:24.79 Y	F	100 Breast	11/10/2012	Pilgrims Pride	
1:04.85 Y	P	100 Fly	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
2:31.43 Y	F	200 IM	10/6/2012	SHENENDEHOWA GIRLS SWIMMING &	
Harry Shen (8) M					
					ALBS-AD
1:12.08 Y	F	50 Back	1/4/2013	2013 Starfish Trophy Invitational	
Ivyann Shen (7) W					
					ALBS-AD
39.63 Y	F	25 Free	11/17/2012	Harvest Invitational	
1:27.45 Y	F	50 Free	1/4/2013	2013 Starfish Trophy Invitational	
36.22 Y	F	25 Back	11/17/2012	Harvest Invitational	
1:17.03 Y	F	50 Back	1/4/2013	2013 Starfish Trophy Invitational	
Braylin Sheppard (14) W					
					CLIN-AD
28.13 Y	F	50 Free	1/4/2013	2013 Starfish Trophy Invitational	
31.93 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:02.72 Y	F	100 Free	10/21/2012	2012 Trick or Treat Meet	
1:10.10 L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:17.57 Y	F	200 Free	1/4/2013	2013 Starfish Trophy Invitational	
2:37.98 L	F	200 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:07.12 Y	P	100 Back	3/10/2013	AD Gold Short Course Championships	
1:17.85 L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
2:25.14 Y	F	200 Back	3/10/2013	AD Gold Short Course Championships	
2:51.32 L	P	200 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:25.52 Y	F	100 Breast	1/4/2013	2013 Starfish Trophy Invitational	
3:01.45 Y	F	200 Breast	1/4/2013	2013 Starfish Trophy Invitational	
1:10.89 Y	P	100 Fly	3/10/2013	AD Gold Short Course Championships	
1:27.35 L	F	100 Fly	6/8/2013	Clinton Cudas Colgate Classic Invitational	
2:34.55 Y	F	200 IM	12/9/2012	Piranhas December Distance Invite	
2:58.45 L	F	200 IM	6/8/2013	Clinton Cudas Colgate Classic Invitational	

Individual Top Times

Time	P/F/S	Event				
Gillian Sheppard (8) W						
22.62	Y	F	25	Free	10/21/2012	2012 Trick or Treat Meet
44.87	Y	F	50	Free	2/3/2013	Delmar Dolphins February Freeze Invitational
47.76	L	F	50	Free	7/19/2013	2013 Adirondack Long Course District Champion
1:56.31	L	F	100	Free	7/19/2013	2013 Adirondack Long Course District Champion
24.55	Y	F	25	Back	1/12/2013	Canajoharie Developmental Meet
53.21	Y	F	50	Back	2/3/2013	Delmar Dolphins February Freeze Invitational
54.20	L	F	50	Back	6/8/2013	Clinton Cudas Colgate Classic Invitational
1:57.74	L	F	100	Back	6/8/2013	Clinton Cudas Colgate Classic Invitational
35.24	Y	F	25	Breast	10/21/2012	2012 Trick or Treat Meet
1:09.54	Y	F	50	Breast	2/3/2013	Delmar Dolphins February Freeze Invitational
1:09.74	L	F	50	Breast	7/19/2013	2013 Adirondack Long Course District Champion
1:02.11	L	F	50	Fly	7/19/2013	2013 Adirondack Long Course District Champion
Andrew Sherman (10) M						
51.68	Y	F	50	Free	12/2/2012	December Super Splash 2012
53.15	Y	F	50	Back	2/3/2013	Delmar Dolphins February Freeze Invitational
1:09.98	Y	F	50	Breast	12/2/2012	December Super Splash 2012
Carley Sherwin (13) W						
40.16	Y	F	50	Free	1/4/2013	2013 NE GMA Winter Knights
1:29.83	Y	F	100	Free	1/4/2013	2013 NE GMA Winter Knights
46.12	Y	F	50	Back	1/4/2013	2013 NE GMA Winter Knights
48.95	Y	F	50	Breast	1/4/2013	2013 NE GMA Winter Knights
1:51.06	Y	F	100	Breast	1/4/2013	2013 NE GMA Winter Knights
Jane Sherwin (15) W						
28.33	Y	F	50	Free	11/10/2012	Pilgrims Pride
59.46	Y	F	100	Free	11/10/2012	Pilgrims Pride
1:06.05	Y	F	100	Back	11/10/2012	Pilgrims Pride
1:17.44	Y	P	100	Breast	3/10/2013	AD Gold Short Course Championships
1:06.51	Y	P	100	Fly	3/10/2013	AD Gold Short Course Championships
2:25.46	Y	P	200	IM	11/1/2012	Girls Sec II Division I Champ
Natalie Shieber (12) W						
39.07	Y	F	50	Free	3/1/2013	AD Silver Short Course Championships
40.34	L	F	50	Free	6/8/2013	Clinton Cudas Colgate Classic Invitational
1:29.52	Y	F	100	Free	2/3/2013	Delmar Dolphins February Freeze Invitational
1:38.42	L	F	100	Free	6/8/2013	Clinton Cudas Colgate Classic Invitational
46.30	Y	F	50	Back	3/1/2013	AD Silver Short Course Championships
1:54.95	Y	F	100	Back	12/15/2012	Central Valley Swim League Quad Meet
49.19	L	F	50	Fly	6/8/2013	Clinton Cudas Colgate Classic Invitational
52.30	Y	F	50	Fly	3/1/2013	AD Silver Short Course Championships
1:44.65	Y	F	100	IM	3/1/2013	AD Silver Short Course Championships
Albert Shkane (14) M						
36.30	L	F	50	Free	6/8/2013	Clinton Cudas Colgate Classic Invitational
1:22.44	L	F	100	Free	6/8/2013	Clinton Cudas Colgate Classic Invitational
3:08.02	L	F	200	Free	6/8/2013	Clinton Cudas Colgate Classic Invitational
1:40.92	L	F	100	Back	6/8/2013	Clinton Cudas Colgate Classic Invitational
1:47.57	L	F	100	Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational
3:45.13	L	F	200	Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational
1:50.15	L	F	100	Fly	6/8/2013	Clinton Cudas Colgate Classic Invitational
3:33.58	L	F	200	IM	6/8/2013	Clinton Cudas Colgate Classic Invitational
John Sierzenga (9) M						
30.53	Y	F	25	Free	11/17/2012	Harvest Invitational
37.79	Y	F	25	Back	11/17/2012	Harvest Invitational
1:17.73	Y	F	50	Back	11/17/2012	Harvest Invitational
Sarah Sierzenga (12) W						
35.91	Y	F	50	Free	10/21/2012	2012 Trick or Treat Meet
1:27.34	Y	F	100	Free	11/17/2012	Harvest Invitational
46.13	Y	F	50	Breast	10/21/2012	2012 Trick or Treat Meet
1:29.54	Y	F	100	IM	11/17/2012	Harvest Invitational
Hailey Sikora (13) W						
32.96	Y	F	50	Free	11/10/2012	Pilgrims Pride

CLIN-AD

BSPA-AD

ADDI-AD

DELM-AD

CLRK-AD

NHA-AD

BSPA-AD

BSPA-AD

EELS-AD

Individual Top Times

Time	P/F/S	Event			
Hailey Sikora (13) W			EELS-AD		
35.44 L	F	50 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:13.52 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
1:23.84 L	F	100 Free	7/12/2013	Hawks Summer Invitational 2013	
2:45.57 Y	F	200 Free	3/9/2013	Eastern States League Championships 2013	
3:08.62 L	F	200 Free	7/12/2013	Hawks Summer Invitational 2013	
7:30.89 Y	F	500 Free	1/12/2013	Chris Goody IMX Challenge	
41.75 Y L	F	50 Back	3/9/2013	Eastern States League Championships 2013	
1:31.77 Y	F	100 Back	3/1/2013	AD Silver Short Course Championships	
1:46.80 L	F	100 Back	5/3/2013	2013 MR Condors May Meters Matter	
3:19.20 Y	F	200 Back	3/1/2013	AD Silver Short Course Championships	
3:50.12 L	P	200 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:44.44 Y	F	100 Breast	3/1/2013	AD Silver Short Course Championships	
2:06.99 L	F	100 Breast	5/3/2013	2013 MR Condors May Meters Matter	
3:59.42 Y	F	200 Breast	1/12/2013	Chris Goody IMX Challenge	
40.88 Y	F	50 Fly	11/10/2012	Pilgrims Pride	
1:30.89 Y	F	100 Fly	2/23/2013	Cabin Fever Invitational	
1:45.73 L	F	100 Fly	7/12/2013	Hawks Summer Invitational 2013	
3:26.82 Y	F	200 Fly	1/4/2013	2013 Starfish Trophy Invitational	
3:14.86 Y	F	200 IM	3/1/2013	AD Silver Short Course Championships	
3:45.93 L	F	200 IM	7/12/2013	Hawks Summer Invitational 2013	
7:11.62 Y	F	400 IM	1/12/2013	Chris Goody IMX Challenge	
Isabella Silaika (11) W			CPP-AD		
35.31 Y	F	50 Free	10/21/2012	2012 Trick or Treat Meet	
37.44 S	F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
1:21.09 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
1:25.27 S	F	100 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
2:59.41 Y	F	200 Free	3/1/2013	AD Silver Short Course Championships	
8:07.24 Y	F	500 Free	12/9/2012	Piranhas December Distance Invite	
42.04 Y	F	50 Back	10/21/2012	2012 Trick or Treat Meet	
46.47 S	F	50 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:34.52 Y	F	100 Back	3/1/2013	AD Silver Short Course Championships	
3:21.83 Y	F	200 Back	3/1/2013	AD Silver Short Course Championships	
53.08 Y	F	50 Breast	2/10/2013	2013 Piranhas Pentathlon	
1:01.24 S	F	50 Breast	6/15/2013	Piranhas Summer Kick-Off Meet	
47.02 Y	F	50 Fly	2/10/2013	2013 Piranhas Pentathlon	
57.79 S	F	50 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:37.63 Y	F	100 IM	1/4/2013	2013 Starfish Trophy Invitational	
1:51.22 S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
3:31.34 Y	F	200 IM	3/1/2013	AD Silver Short Course Championships	
Genevieve Silaika (6) W			CPP-AD		
30.87 S	F	25 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
32.07 Y	F	25 Free	3/1/2013	AD Silver Short Course Championships	
1:05.76 Y	F	50 Free	1/4/2013	2013 Starfish Trophy Invitational	
1:06.16 S	F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
2:37.01 S	F	100 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
33.03 Y	F	25 Back	3/1/2013	AD Silver Short Course Championships	
40.15 S	F	25 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:05.53 Y	F	50 Back	2/10/2013	2013 Piranhas Pentathlon	
Karen Silaika (15) W			CPP-AD		
31.45 S	F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
1:00.56 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
2:25.04 S	F	200 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
5:55.72 Y	F	500 Free	1/25/2013	2013 NE ABF Snow Angel Classic	
1:09.07 Y	P	100 Back	3/10/2013	AD Gold Short Course Championships	
1:17.19 S	F	100 Back	6/15/2013	Piranhas Summer Kick-Off Meet	
1:26.57 Y	F	100 Breast	2/10/2013	2013 Piranhas Pentathlon	
3:10.88 Y	F	200 Breast	3/1/2013	AD Silver Short Course Championships	
1:18.02 Y	F	100 Fly	2/10/2013	2013 Piranhas Pentathlon	
1:26.32 S	F	100 Fly	6/15/2013	Piranhas Summer Kick-Off Meet	
2:32.91 Y	F	200 IM	3/1/2013	AD Silver Short Course Championships	

Individual Top Times

Time	P/F/S	Event				
Karen Silaika (15) W						
5:35.87 Y	F	400 IM	1/12/2013	Chris Goody IMX Challenge		CPP-AD
Sophia Silaika (8) W						
21.75 Y	F	25 Free	12/15/2012	Sharks 12&Under Mini-Meet		CPP-AD
45.79 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships		
51.43 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon		
1:49.37 Y	F	100 Free	1/4/2013	2013 Starfish Trophy Invitational		
2:03.93 S	F	100 Free	6/15/2013	Piranhas Summer Kick-Off Meet		
24.26 Y	F	25 Back	3/1/2013	AD Silver Short Course Championships		
51.40 Y	F	50 Back	3/1/2013	AD Silver Short Course Championships		
56.51 S	F	50 Back	6/15/2013	Piranhas Summer Kick-Off Meet		
30.61 Y	F	25 Breast	3/1/2013	AD Silver Short Course Championships		
1:02.10 Y	F	50 Breast	2/10/2013	2013 Piranhas Pentathlon		
1:05.80 S	F	50 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon		
2:18.76 S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon		
Victoria Silaika (13) W						
28.96 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships		CPP-AD
30.86 S	F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet		
1:03.15 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships		
2:19.34 Y	F	200 Free	3/1/2013	AD Silver Short Course Championships		
2:25.98 S	F	200 Free	6/15/2013	Piranhas Summer Kick-Off Meet		
6:26.36 Y	F	500 Free	12/9/2012	Piranhas December Distance Invite		
33.60 Y L	F	50 Back	3/1/2013	AD Silver Short Course Championships		
1:11.10 Y	P	100 Back	3/10/2013	AD Gold Short Course Championships		
1:16.22 S	F	100 Back	6/15/2013	Piranhas Summer Kick-Off Meet		
2:35.06 Y	F	200 Back	12/9/2012	Piranhas December Distance Invite		
1:27.73 Y	F	100 Breast	3/1/2013	AD Silver Short Course Championships		
1:41.78 S	F	100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon		
3:07.95 Y	F	200 Breast	3/1/2013	AD Silver Short Course Championships		
1:16.02 Y	F	100 Fly	2/10/2013	2013 Piranhas Pentathlon		
1:22.52 S	F	100 Fly	6/15/2013	Piranhas Summer Kick-Off Meet		
1:24.36 S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon		
2:40.13 Y	F	200 IM	3/1/2013	AD Silver Short Course Championships		
Xavier Silaika (10) M						
41.11 Y	F	50 Free	1/4/2013	2013 Starfish Trophy Invitational		CPP-AD
45.26 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon		
1:34.75 Y	F	100 Free	1/4/2013	2013 Starfish Trophy Invitational		
1:44.02 S	F	100 Free	6/15/2013	Piranhas Summer Kick-Off Meet		
48.60 Y	F	50 Back	1/4/2013	2013 Starfish Trophy Invitational		
52.21 S	F	50 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon		
57.44 Y	F	50 Breast	1/4/2013	2013 Starfish Trophy Invitational		
1:00.12 S	F	50 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon		
45.77 Y	F	50 Fly	3/1/2013	AD Silver Short Course Championships		
55.03 S	F	50 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon		
1:50.69 Y	F	100 IM	2/10/2013	2013 Piranhas Pentathlon		
1:58.59 S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon		
3:58.19 Y	F	200 IM	12/9/2012	Piranhas December Distance Invite		
Ada Silverberg (12) W						
41.15 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion		ALBS-AD
41.47 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon		
1:34.62 L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion		
45.79 L	P	50 Back	7/19/2013	2013 Adirondack Long Course District Champion		
47.58 S	F	50 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon		
48.15 L	P	50 Breast	7/19/2013	2013 Adirondack Long Course District Champion		
1:51.82 L	P	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion		
46.36 L	P	50 Fly	7/19/2013	2013 Adirondack Long Course District Champion		
1:46.23 S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon		
Ellen Silverman (17) W						
1:06.72 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships		WAVE-AD
2:31.93 Y	F	200 Free	2/23/2013	Cabin Fever Invitational		

Individual Top Times

Time	P/F/S	Event				
Ellen Silverman (17) W						
						WAVE-AD
1:16.47	Y	F	100	Back	1/27/2013	Thoroughbred Splash 2013
2:51.03	Y	F	200	Back	3/1/2013	AD Silver Short Course Championships
1:30.11	Y	F	100	Breast	12/7/2012	2012 NE UVAC Winter Classic
3:14.99	Y	F	200	Breast	3/1/2013	AD Silver Short Course Championships
1:13.29	Y	F	100	Fly	12/7/2012	2012 NE UVAC Winter Classic
2:45.95	Y	F	200	IM	1/4/2013	2013 Starfish Trophy Invitational
Elizabeth Silvius (11) W						
						WAVE-AD
30.91	Y	P	50	Free	3/10/2013	AD Gold Short Course Championships
1:11.59	Y	F	100	Free	1/27/2013	Thoroughbred Splash 2013
2:42.63	Y	F	200	Free	1/4/2013	2013 Starfish Trophy Invitational
41.58	Y	P	50	Breast	3/10/2013	AD Gold Short Course Championships
1:23.93	Y	F	100	IM	2/23/2013	Cabin Fever Invitational
Elizabeth Simmes (12) W						
						GRGF-AD
36.37	Y	F	50	Free	12/2/2012	December Super Splash 2012
40.67	Y	F	50	Back	12/2/2012	December Super Splash 2012
40.84	Y	F	50	Fly	1/27/2013	Thoroughbred Splash 2013
Riley Simmons (8) W						
						CPP-AD
24.41	Y	F	25	Free	12/15/2012	Sharks 12&Under Mini-Meet
26.43	S	F	25	Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon
53.67	L	F	50	Free	7/19/2013	2013 Adirondack Long Course District Champion
54.71	S	F	50	Free	6/15/2013	Piranhas Summer Kick-Off Meet
56.47	Y	F	50	Free	1/4/2013	2013 Starfish Trophy Invitational
2:04.88	L	F	100	Free	7/19/2013	2013 Adirondack Long Course District Champion
2:17.27	Y	F	100	Free	1/4/2013	2013 Starfish Trophy Invitational
27.20	Y	F	25	Back	11/17/2012	Harvest Invitational
27.95	S	F	25	Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon
56.93	Y	F	50	Back	2/10/2013	2013 Piranhas Pentathlon
1:01.02	S	F	50	Back	6/15/2013	Piranhas Summer Kick-Off Meet
1:05.02	L	F	50	Back	7/19/2013	2013 Adirondack Long Course District Champion
2:15.21	L	F	100	Back	7/12/2013	Hawks Summer Invitational 2013
31.95	S	F	25	Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon
35.59	Y	F	25	Breast	10/21/2012	2012 Trick or Treat Meet
1:05.94	Y	F	50	Breast	2/10/2013	2013 Piranhas Pentathlon
1:09.88	S	F	50	Breast	6/15/2013	Piranhas Summer Kick-Off Meet
1:11.92	L	F	50	Breast	7/12/2013	Hawks Summer Invitational 2013
24.38	S	F	25	Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon
31.80	Y	F	25	Fly	11/17/2012	Harvest Invitational
1:02.68	Y	F	50	Fly	2/10/2013	2013 Piranhas Pentathlon
1:11.34	L	F	50	Fly	7/19/2013	2013 Adirondack Long Course District Champion
2:05.42	Y	F	100	IM	2/3/2013	Delmar Dolphins February Freeze Invitational
2:08.41	S	F	100	IM	6/15/2013	Piranhas Summer Kick-Off Meet
Matthew Sinnenberg (12) M						
						SCHE-AD
35.74	Y	F	50	Free	3/1/2013	AD Silver Short Course Championships
41.15	L	P	50	Free	7/19/2013	2013 Adirondack Long Course District Champion
1:19.66	Y	F	100	Free	1/27/2013	Thoroughbred Splash 2013
1:29.06	L	P	100	Free	7/19/2013	2013 Adirondack Long Course District Champion
2:55.36	Y	F	200	Free	11/17/2012	Harvest Invitational
3:15.51	L	P	200	Free	7/19/2013	2013 Adirondack Long Course District Champion
7:23.07	Y	F	500	Free	1/12/2013	Chris Goody IMX Challenge
42.32	Y	F	50	Back	12/15/2012	Sharks 12&Under Mini-Meet
52.23	L	P	50	Back	7/19/2013	2013 Adirondack Long Course District Champion
1:31.51	Y	F	100	Back	3/1/2013	AD Silver Short Course Championships
1:42.08	L	P	100	Back	7/19/2013	2013 Adirondack Long Course District Champion
3:14.10	Y	F	200	Back	1/12/2013	Chris Goody IMX Challenge
49.17	Y	F	50	Breast	1/27/2013	Thoroughbred Splash 2013
1:43.00	Y	F	100	Breast	3/1/2013	AD Silver Short Course Championships
4:00.79	L	F	200	Breast	7/19/2013	2013 Adirondack Long Course District Champion
41.08	Y	F	50	Fly	2/10/2013	2013 Piranhas Pentathlon
1:29.16	Y	F	100	IM	3/1/2013	AD Silver Short Course Championships
3:07.72	Y	F	200	IM	3/1/2013	AD Silver Short Course Championships

Individual Top Times

Time	P/F/S	Event			
Nicholas Sinnenberg (15) M			SCHE-AD		
31.34 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	
36.21 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:07.89 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
1:15.83 L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:20.24 Y	F	200 Free	2/23/2013	Cabin Fever Invitational	
2:41.92 L	P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
6:08.28 Y	F	500 Free	1/12/2013	Chris Goody IMX Challenge	
1:13.66 Y	F	100 Back	2/23/2013	Cabin Fever Invitational	
1:25.61 L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
2:34.83 Y	F	200 Back	3/1/2013	AD Silver Short Course Championships	
2:56.10 L	P	200 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:31.54 Y	F	100 Breast	1/27/2013	Thoroughbred Splash 2013	
3:16.64 Y	F	200 Breast	1/12/2013	Chris Goody IMX Challenge	
1:19.62 Y	F	100 Fly	3/1/2013	AD Silver Short Course Championships	
2:48.70 Y	F	200 Fly	3/1/2013	AD Silver Short Course Championships	
2:40.35 Y	F	200 IM	3/1/2013	AD Silver Short Course Championships	
5:26.56 Y	F	400 IM	3/1/2013	AD Silver Short Course Championships	
Caroline Skrebutenas (9) W			ALBS-AD		
23.43 Y	F	25 Free	10/20/2012	Ravena Autumn Breeze 2012	
45.87 Y	F	50 Free	1/4/2013	2013 Starfish Trophy Invitational	
51.90 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:47.35 Y	F	100 Free	1/4/2013	2013 Starfish Trophy Invitational	
2:00.42 S	F	100 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
26.43 Y	F	25 Back	10/20/2012	Ravena Autumn Breeze 2012	
50.45 Y	F	50 Back	1/4/2013	2013 Starfish Trophy Invitational	
54.38 S	F	50 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:00.56 Y	F	50 Breast	11/10/2012	Pilgrims Pride	
1:07.84 S	F	50 Breast	6/15/2013	Piranhas Summer Kick-Off Meet	
28.40 Y	F	25 Fly	10/20/2012	Ravena Autumn Breeze 2012	
55.77 Y	F	50 Fly	1/4/2013	2013 Starfish Trophy Invitational	
1:01.22 S	F	50 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
Emily Slaga (16) W			CLRK-AD		
43.09 Y	F	50 Free	12/1/2012	Central Valley Swim League Quad Meet	
1:42.65 Y	F	100 Free	12/1/2012	Central Valley Swim League Quad Meet	
Eric Slocum (13) M			UN-AD		
25.49 Y	P	50 Free	2/14/2013	Section II Championships Large	
56.12 Y	P	100 Free	2/14/2013	Section II Championships Large	
2:15.08 Y	F	200 Free	11/17/2012	Harvest Invitational	
31.75 Y	F	50 Back	3/10/2013	AD Gold Short Course Championships	
1:13.22 Y	F	100 Back	1/26/2013	2013 MR OB LISCA Eastern States Championships	
34.60 Y	F	50 Breast	3/10/2013	AD Gold Short Course Championships	
1:15.82 Y	F	100 Breast	2/23/2013	Cabin Fever Invitational	
30.06 Y	P	50 Fly	3/10/2013	AD Gold Short Course Championships	
1:08.23 Y	P	100 IM	3/10/2013	AD Gold Short Course Championships	
2:25.84 Y	F	200 IM	2/23/2013	Cabin Fever Invitational	
Samuel Slocum (17) M			UN-AD		
24.06 Y	P	50 Free	2/14/2013	Section II Championships Large	
54.83 Y	F	100 Free	1/26/2013	2013 MR OB LISCA Eastern States Championships	
2:10.41 Y	F	200 Free	11/17/2012	Harvest Invitational	
28.17 Y	F	50 Back	2/14/2013	Section II Championships Large	
1:03.02 Y	P	100 Back	2/14/2013	Section II Championships Large	
1:15.06 Y	F	100 Breast	11/17/2012	Harvest Invitational	
Jack Slote (9) M			BFIN-AD		
38.84 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	
1:25.30 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
43.39 Y	F	50 Back	3/10/2013	AD Gold Short Course Championships	
51.40 Y	F	50 Breast	3/1/2013	AD Silver Short Course Championships	
Alex Slovak (10) M			AMST-AD		
44.49 Y	F	50 Free	1/12/2013	Canajoharie Developmental Meet	

Individual Top Times

Time	P/F/S	Event			
Alex Slovak (10) M			AMST-AD		
1:39.92 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
3:34.19 Y	F	200 Free	1/26/2013	Central Valley Swim Meet Quad Meet	
51.89 Y	F	50 Back	2/9/2013	Central Valley Swim League Championships	
1:52.37 Y	F	100 Back	2/23/2013	Cabin Fever Invitational	
55.70 Y	F	50 Breast	2/9/2013	Central Valley Swim League Championships	
1:04.08 Y	F	50 Fly	1/12/2013	Canajoharie Developmental Meet	
1:54.45 Y	F	100 IM	1/20/2013	Foothills Inv	
Kaden Sluti (13) M			GLOY-AD		
27.82 Y	F	50 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
1:01.90 Y	F	100 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
6:46.23 Y	F	500 Free	1/27/2013	North Country League Meet	
39.93 Y	F	50 Back	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
34.97 Y	P	50 Breast	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
1:22.09 Y	F	100 Breast	1/20/2013	Foothills Inv	
2:40.16 Y	F	200 IM	1/20/2013	Foothills Inv	
Kaleb Sluti (11) M			GLOY-AD		
33.18 Y	F	50 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
1:20.81 Y	F	100 Free	1/20/2013	Foothills Inv	
49.77 Y	F	50 Breast	2/9/2013	North Country YMCA Swim League 2013 Champions	
Kenny Sluti (8) M			GLOY-AD		
23.85 Y	F	25 Free	2/9/2013	North Country YMCA Swim League 2013 Champions	
54.25 Y	F	50 Free	1/20/2013	Foothills Inv	
32.98 Y	F	25 Back	1/20/2013	Foothills Inv	
Julia Smachlo (18) W			ALBS-AD		
27.31 Y	P	50 Free	3/10/2013	AD Gold Short Course Championships	
30.79 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
58.61 Y	P	100 Free	3/10/2013	AD Gold Short Course Championships	
1:04.15 L	P	100 Free	7/12/2013	2013 NI - Niagara Long Course Classic	
1:54.45 Y	P	200 Free	2/22/2013	2013 MA OB Easterns	
2:11.72 L	F	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
4:36.63 L	P	400 Free	7/12/2013	2013 NI - Niagara Long Course Classic	
5:04.30 Y	F	500 Free	2/22/2013	2013 MA OB Easterns	
9:25.75 L	F	800 Free	7/12/2013	2013 NI - Niagara Long Course Classic	
17:53.59 L	F	1500 Free	7/12/2013	2013 NI - Niagara Long Course Classic	
1:32.07 L	F	100 Breast	6/22/2013	2013 NI - Niagara Super Circuit Ithaca	
3:02.00 L	P	200 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
1:10.68 Y	F	100 Fly	11/17/2012	Harvest Invitational	
1:14.07 L	P	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
2:23.55 Y	F	200 Fly	12/9/2012	Piranhas December Distance Invite	
2:40.96 L	F	200 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
2:26.50 Y	F	200 IM	11/17/2012	Harvest Invitational	
2:40.97 L	P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
4:52.22 Y	F	400 IM	12/9/2012	Piranhas December Distance Invite	
5:26.37 L	F	400 IM	7/12/2013	2013 NI - Niagara Long Course Classic	
Miles Smachlo (15) M			ALBS-AD		
23.70 Y	F	50 Free	1/4/2013	2013 Starfish Trophy Invitational	
26.51 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
26.67 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
49.28 Y	F	100 Free	3/10/2013	AD Gold Short Course Championships	
1:01.10 L	P	100 Free	7/12/2013	2013 NI - Niagara Long Course Classic	
1:45.19 Y	F	200 Free	3/10/2013	AD Gold Short Course Championships	
2:00.32 L	F	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
4:16.52 L	F	400 Free	7/12/2013	2013 NI - Niagara Long Course Classic	
4:43.53 Y	F	500 Free	2/22/2013	2013 MA OB Easterns	
8:46.39 L	F	800 Free	7/12/2013	2013 NI - Niagara Long Course Classic	
16:26.23 Y	F	1650 Free	3/10/2013	AD Gold Short Course Championships	
1:01.44 Y	F	100 Back	11/17/2012	Harvest Invitational	
1:09.93 S	F	100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:08.08 Y	F	100 Breast	11/17/2012	Harvest Invitational	

Individual Top Times

Time	P/F/S	Event			
Miles Smachlo (15) M			ALBS-AD		
1:15.75 S	F	100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:19.67 L	F	100 Breast	6/22/2013	2013 NI - Niagara Super Circuit Ithaca	
2:17.13 Y	F	200 Breast	3/10/2013	AD Gold Short Course Championships	
52.57 Y	F	100 Fly	3/10/2013	AD Gold Short Course Championships	
59.26 L	F	100 Fly	3/21/2013	2013 NI - EZ North Region Speedo Ch	
1:01.09 S	F	100 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:54.04 Y	F	200 Fly	3/10/2013	AD Gold Short Course Championships	
2:10.42 L	F	200 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:05.91 S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:57.50 Y	F	200 IM	2/27/2013	2013 NE NEPSSA DIV I Champs	
2:16.35 L	P	200 IM	3/21/2013	2013 NI - EZ North Region Speedo Ch	
4:09.98 Y	F	400 IM	3/10/2013	AD Gold Short Course Championships	
4:49.37 L	F	400 IM	7/12/2013	2013 NI - Niagara Long Course Classic	
Evonna Smiljic (16) W			CLIN-AD		
27.70 Y	F	50 Free	1/4/2013	2013 Starfish Trophy Invitational	
59.74 Y	P	100 Free	3/10/2013	AD Gold Short Course Championships	
2:11.80 Y	F	200 Free	1/4/2013	2013 Starfish Trophy Invitational	
1:10.11 Y	F	100 Back	1/4/2013	2013 Starfish Trophy Invitational	
2:27.29 Y	P	200 Back	3/10/2013	AD Gold Short Course Championships	
1:14.99 Y	F	100 Breast	11/1/2012	2012 NI - Ob - Section 3 Class A-B-C Champs 2	
2:44.44 Y	F	200 Breast	1/4/2013	2013 Starfish Trophy Invitational	
1:14.02 Y	F	100 Fly	1/4/2013	2013 Starfish Trophy Invitational	
2:29.54 Y	F	200 IM	1/4/2013	2013 Starfish Trophy Invitational	
Bailey Smith (13) W			SCHE-AD		
26.47 Y	F	50 Free	3/10/2013	AD Gold Short Course Championships	
30.83 L	F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
57.71 Y	F	100 Free	3/10/2013	AD Gold Short Course Championships	
1:06.94 L L	F	100 Free	7/6/2013	Sharks Summer Invite	
2:01.83 Y	F	200 Free	3/10/2013	AD Gold Short Course Championships	
2:20.21 L	F	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
4:53.21 L	F	400 Free	7/19/2013	2013 Adirondack Long Course District Champion	
5:27.30 Y	F	500 Free	3/10/2013	AD Gold Short Course Championships	
30.10 Y	F	50 Back	12/6/2012	2012 NE NSSC MIT Invite	
34.97 L	F	50 Back	6/1/2013	2013 NE MTSC June 1st Meet	
34.97 L	F	50 Back	6/1/2013	2013 NE MTSC June 1st Meet	
1:09.83 L	F	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
2:11.78 Y	F	200 Back	3/10/2013	AD Gold Short Course Championships	
2:29.78 L	F	200 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:18.84 Y	F	100 Breast	10/27/2012	IM-Xtremely Spooked	
2:49.32 Y	F	200 Breast	1/12/2013	Chris Goody IMX Challenge	
29.84 Y	P	50 Fly	12/6/2012	2012 NE NSSC MIT Invite	
32.86 L	F	50 Fly	6/1/2013	2013 NE MTSC June 1st Meet	
32.86 L	F	50 Fly	6/1/2013	2013 NE MTSC June 1st Meet	
1:00.97 Y	P	100 Fly	3/10/2013	AD Gold Short Course Championships	
1:08.54 L	P	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
2:10.88 Y	F	200 Fly	3/10/2013	AD Gold Short Course Championships	
2:27.41 L	F	200 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:05.85 Y	F	100 IM	12/6/2012	2012 NE NSSC MIT Invite	
2:17.46 Y	P	200 IM	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS	
2:37.08 L	F	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
4:48.02 Y	F	400 IM	3/10/2013	AD Gold Short Course Championships	
Emily Smith (8) W			BFIN-AD		
20.36 Y	F	25 Free	3/1/2013	AD Silver Short Course Championships	
44.04 Y	F	50 Free	3/10/2013	AD Gold Short Course Championships	
1:45.08 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
25.83 Y	F	25 Back	11/10/2012	Pilgrims Pride	
55.16 Y	F	50 Back	3/1/2013	AD Silver Short Course Championships	
26.33 Y	F	25 Breast	1/27/2013	Thoroughbred Splash 2013	
54.20 Y	F	50 Breast	3/10/2013	AD Gold Short Course Championships	
1:46.62 Y	F	100 IM	3/10/2013	AD Gold Short Course Championships	

Individual Top Times

Time	P/F/S	Event			
Erik Smith (13) M					
28.44 Y	F	50 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	CLIN-AD
59.06 Y	P	100 Free	3/10/2013	AD Gold Short Course Championships	
2:09.77 Y	F	200 Free	3/10/2013	AD Gold Short Course Championships	
32.34 Y	P	50 Back	3/10/2013	AD Gold Short Course Championships	
2:28.02 Y	F	200 Back	3/10/2013	AD Gold Short Course Championships	
38.61 Y	P	50 Breast	3/10/2013	AD Gold Short Course Championships	
1:20.92 Y	P	100 Breast	3/10/2013	AD Gold Short Course Championships	
2:51.77 Y	F	200 Breast	3/10/2013	AD Gold Short Course Championships	
34.50 Y	F	50 Fly	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:10.13 Y	P	100 IM	3/10/2013	AD Gold Short Course Championships	
2:41.85 Y	F	200 IM	12/9/2012	Piranhas December Distance Invite	
Gabriella Smith (9) W					
21.75 Y	F	25 Free	1/12/2013	Chris Goody Mini-Meet	SSAC-AD
51.09 Y	F	50 Free	12/2/2012	December Super Splash 2012	
1:49.44 Y	F	100 Free	1/12/2013	Chris Goody Mini-Meet	
25.64 Y	F	25 Back	12/2/2012	December Super Splash 2012	
38.60 Y	F	25 Fly	12/2/2012	December Super Splash 2012	
Grace Smith (13) W					
34.96 Y	F	50 Free	12/2/2012	December Super Splash 2012	BENN-AD
43.34 Y	F	50 Back	11/17/2012	Harvest Invitational	
46.49 Y	F	50 Breast	12/2/2012	December Super Splash 2012	
40.36 Y	F	50 Fly	12/2/2012	December Super Splash 2012	
Hannah Smith (17) W					
29.53 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	RAVE-AD
1:06.15 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
6:35.23 Y	F	500 Free	1/12/2013	Chris Goody IMX Challenge	
1:16.17 Y	F	100 Back	3/1/2013	AD Silver Short Course Championships	
2:51.17 Y	F	200 Back	1/12/2013	Chris Goody IMX Challenge	
1:26.76 Y	F	100 Breast	3/1/2013	AD Silver Short Course Championships	
3:06.73 Y	F	200 Breast	3/1/2013	AD Silver Short Course Championships	
1:32.59 Y	F	100 Fly	3/1/2013	AD Silver Short Course Championships	
3:19.27 Y	F	200 Fly	1/12/2013	Chris Goody IMX Challenge	
2:47.65 Y	F	200 IM	10/20/2012	Ravena Autumn Breeze 2012	
6:03.77 Y	F	400 IM	1/12/2013	Chris Goody IMX Challenge	
Jacquelynn Smith (15) W					
33.83 Y	F	50 Free	1/20/2013	Foothills Inv	SVP-AD
1:22.02 Y	F	100 Free	2/9/2013	Central Valley Swim League Championships	
1:34.53 Y	F	100 Breast	1/20/2013	Foothills Inv	
Maya Smith (14) W					
32.43 L	F	50 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	CLIN-AD
1:06.64 L	F	100 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
2:02.72 Y	P	200 Free	3/10/2013	AD Gold Short Course Championships	
2:24.43 L	F	200 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
5:10.28 L	F	400 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:23.65 L	F	100 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:13.13 Y	F	100 Breast	11/3/2012	2012 NI - Ob - Section 3 Girls State Qualifie	
1:24.41 L	F	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
3:07.15 L	F	200 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:18.38 L	F	100 Fly	6/8/2013	Clinton Cudas Colgate Classic Invitational	
2:45.41 L	F	200 IM	6/8/2013	Clinton Cudas Colgate Classic Invitational	
Miranda Smith (12) W					
34.33 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	CLIN-AD
37.28 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:16.68 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
1:26.53 L	F	100 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
3:06.12 L	P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
45.18 Y	F	50 Back	3/1/2013	AD Silver Short Course Championships	
1:35.71 Y	F	100 Back	3/1/2013	AD Silver Short Course Championships	
47.21 Y	F	50 Breast	2/3/2013	Delmar Dolphins February Freeze Invitational	

Individual Top Times

Time	P/F/S	Event			
Miranda Smith (12) W			CLIN-AD		
51.65 L	P	50 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
1:42.48 Y	F	100 Breast	3/1/2013	AD Silver Short Course Championships	
1:52.94 L	F	100 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational	
46.23 Y	F	50 Fly	3/1/2013	AD Silver Short Course Championships	
50.81 L	F	50 Fly	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:56.95 L	F	100 Fly	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:31.70 Y	F	100 IM	3/1/2013	AD Silver Short Course Championships	
3:38.63 L	P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
Quinn Smith (17) M			SCHE-AD		
21.05 Y	F	50 Free	3/10/2013	AD Gold Short Course Championships	
24.91 L	F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
46.37 Y	F	100 Free	2/27/2013	2013 NE NEPSSA DIV I Champs	
56.08 L	F	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
23.35 Y	F	50 Back	2/27/2013	2013 NE NEPSSA DIV I Champs	
50.65 Y	P	100 Back	2/27/2013	2013 NE NEPSSA DIV I Champs	
1:01.04 L	F	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
2:15.01 L	F	200 Back	7/19/2013	2013 Adirondack Long Course District Champion	
32.14 L	F	50 Breast	6/20/2013	TWST Senior Invitational	
57.12 Y	T	100 Breast	3/10/2013	AD Gold Short Course Championships	
1:10.09 L	F	100 Breast	6/20/2013	TWST Senior Invitational	
2:02.55 Y	F	200 Breast	3/10/2013	AD Gold Short Course Championships	
2:33.50 L	F	200 Breast	6/20/2013	TWST Senior Invitational	
27.00 L	F	50 Fly	6/20/2013	TWST Senior Invitational	
50.40 Y	F	100 Fly	3/10/2013	AD Gold Short Course Championships	
58.26 L	F	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
2:26.34 L	P	200 Fly	6/20/2013	TWST Senior Invitational	
1:49.85 Y	F	200 IM	2/27/2013	2013 NE NEPSSA DIV I Champs	
2:14.66 L	F	200 IM	6/20/2013	TWST Senior Invitational	
Richard Smith (17) M			UN-AD		
27.01 Y	F	50 Free	12/15/2012	2012 AD SHENENDEHOWA Boys	
27.01 Y	F	50 Free	12/15/2012	SHENENDEHOWA Boys SWIMMING & D	
1:02.48 Y	F	100 Free	11/17/2012	Harvest Invitational	
31.38 Y	F	50 Back	1/26/2013	2013 MR OB LISCA Eastern States Championships	
1:04.64 Y	P	100 Back	2/14/2013	Section II Championships Large	
Santino Smullen (10) M			AMST-AD		
44.45 Y	F	50 Free	1/12/2013	Canajoharie Developmental Meet	
1:53.29 Y	F	100 Free	1/12/2013	Canajoharie Developmental Meet	
10:14.18 Y	F	500 Free	12/15/2012	Central Valley Swim League Quad Meet	
52.93 Y	F	50 Back	2/23/2013	Cabin Fever Invitational	
1:53.94 Y	F	100 Back	12/15/2012	Central Valley Swim League Quad Meet	
57.86 Y	F	50 Breast	3/1/2013	AD Silver Short Course Championships	
2:02.90 Y	F	100 Breast	12/15/2012	Central Valley Swim League Quad Meet	
1:04.97 Y	F	50 Fly	2/23/2013	Cabin Fever Invitational	
Owen Snyder (13) M			GRGF-AD		
27.68 Y	F	50 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:02.47 Y	F	100 Free	1/27/2013	Thoroughbred Splash 2013	
31.90 Y	F	50 Back	1/4/2013	2013 Starfish Trophy Invitational	
35.73 Y	F	50 Breast	1/27/2013	Thoroughbred Splash 2013	
1:19.40 Y	F	100 Breast	2/23/2013	Cabin Fever Invitational	
1:28.36 L	P	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
1:20.11 L	P	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:09.08 Y	F	100 IM	1/4/2013	2013 Starfish Trophy Invitational	
Ian Sondhof (7) M			SCHE-AD		
35.27 Y	F	25 Free	1/12/2013	Chris Goody Mini-Meet	
Margaret Sorensen (9) W			WAVE-AD		
24.64 Y	F	25 Free	1/27/2013	Thoroughbred Splash 2013	
56.78 Y	F	50 Free	1/27/2013	Thoroughbred Splash 2013	
24.76 Y	F	25 Back	1/27/2013	Thoroughbred Splash 2013	
1:02.42 Y	F	50 Back	12/7/2012	2012 NE UVAC Winter Classic	

Individual Top Times

Time	P/F/S	Event			
Meghan Sorrell (11) W					
41.70 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	WAVE-AD
1:33.70 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
54.13 Y	F	50 Back	3/1/2013	AD Silver Short Course Championships	
1:55.82 Y	F	100 Back	2/23/2013	Cabin Fever Invitational	
59.35 Y	F	50 Breast	3/1/2013	AD Silver Short Course Championships	
Nakaylah Souva (15) W					
37.68 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	TBS-AD
3:02.91 L	P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
Ella Spain (10) W					
42.49 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	SCHE-AD
1:39.24 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
49.02 Y	F	50 Back	2/23/2013	Cabin Fever Invitational	
1:45.86 Y	F	100 Back	2/23/2013	Cabin Fever Invitational	
Aidan Spencer (7) M					
26.82 Y	F	25 Free	1/12/2013	Canajoharie Developmental Meet	CLRK-AD
50.54 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	
31.85 Y	F	25 Back	2/9/2013	Central Valley Swim League Championships	
59.70 Y	F	50 Back	2/3/2013	Delmar Dolphins February Freeze Invitational	
31.51 Y	F	25 Breast	3/1/2013	AD Silver Short Course Championships	
Andrew Spencer (15) M					
33.18 Y	F	50 Free	11/17/2012	Harvest Invitational	BENN-AD
1:19.54 Y	F	100 Free	12/2/2012	December Super Splash 2012	
1:31.50 Y	F	100 Back	11/17/2012	Harvest Invitational	
1:41.98 Y	F	100 Breast	11/17/2012	Harvest Invitational	
Leyton Spencer (17) M					
25.98 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	RAVE-AD
59.10 Y	F	100 Free	10/21/2012	2012 Trick or Treat Meet	
1:59.82 Y	P	200 Free	3/10/2013	AD Gold Short Course Championships	
5:25.90 Y	P	500 Free	2/14/2013	Section II Championships Small	
1:01.32 Y	F	100 Back	2/14/2013	Section II Championships Small	
2:11.45 Y	P	200 Back	3/10/2013	AD Gold Short Course Championships	
2:55.68 Y	F	200 Breast	1/12/2013	Chris Goody IMX Challenge	
1:00.83 Y	P	100 Fly	3/10/2013	AD Gold Short Course Championships	
2:17.48 Y	F	200 IM	3/1/2013	AD Silver Short Course Championships	
4:55.49 Y	F	400 IM	3/1/2013	AD Silver Short Course Championships	
Liam Spencer (9) M					
23.05 Y	F	25 Free	11/10/2012	CVSL First Splash	CLRK-AD
41.95 Y	F	50 Free	3/10/2013	AD Gold Short Course Championships	
28.52 Y	F	25 Back	12/1/2012	Central Valley Swim League Quad Meet	
54.63 Y	F	50 Back	1/26/2013	Central Valley Swim Meet Quad Meet	
25.03 Y	F	25 Breast	1/12/2013	Canajoharie Developmental Meet	
48.00 Y	F	50 Breast	3/10/2013	AD Gold Short Course Championships	
48.31 Y	F	50 Fly	3/10/2013	AD Gold Short Course Championships	
Elizabeth Spencer (12) W					
34.65 Y	F	50 Free	2/23/2013	Cabin Fever Invitational	BENN-AD
1:20.05 Y	F	100 Free	1/27/2013	Thoroughbred Splash 2013	
42.11 Y	F	50 Back	2/10/2013	2013 Piranhas Pentathlon	
1:36.21 Y	F	100 Back	3/1/2013	AD Silver Short Course Championships	
42.95 Y	F	50 Breast	3/1/2013	AD Silver Short Course Championships	
1:40.05 Y	F	100 Breast	3/1/2013	AD Silver Short Course Championships	
43.82 Y	F	50 Fly	12/2/2012	December Super Splash 2012	
1:28.82 Y	F	100 IM	12/2/2012	December Super Splash 2012	
3:20.57 Y	F	200 IM	2/23/2013	Cabin Fever Invitational	
Ryan Spencer (17) M					
26.72 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	BENN-AD
57.58 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
2:08.56 Y	F	200 Free	3/1/2013	AD Silver Short Course Championships	
1:04.62 Y	F	100 Back	2/23/2013	Cabin Fever Invitational	
2:20.20 Y	F	200 Back	3/1/2013	AD Silver Short Course Championships	

Individual Top Times

Time	P/F/S	Event			
Ryan Spencer (17) M					
BENN-AD					
1:17.95	Y	F	100	Breast	3/1/2013 AD Silver Short Course Championships
2:48.92	Y	F	200	Breast	3/1/2013 AD Silver Short Course Championships
1:07.37	Y	F	100	Fly	3/1/2013 AD Silver Short Course Championships
2:26.85	Y	F	200	IM	1/27/2013 Thoroughbred Splash 2013
Carson Spina (12) M					
CLIN-AD					
33.64	Y	F	50	Free	3/1/2013 AD Silver Short Course Championships
33.94	L	P	50	Free	7/19/2013 2013 Adirondack Long Course District Champion
1:13.71	L	P	100	Free	7/19/2013 2013 Adirondack Long Course District Champion
1:15.90	Y	F	100	Free	3/1/2013 AD Silver Short Course Championships
2:45.36	L	F	200	Free	7/6/2013 Sharks Summer Invite
3:02.66	Y	F	200	Free	10/21/2012 2012 Trick or Treat Meet
6:04.12	L	F	400	Free	7/19/2013 2013 Adirondack Long Course District Champion
39.27	Y	F	50	Back	12/15/2012 Sharks 12&Under Mini-Meet
40.64	L	F	50	Back	7/6/2013 Sharks Summer Invite
1:26.29	Y	F	100	Back	2/3/2013 Delmar Dolphins February Freeze Invitational
1:26.89	L	P	100	Back	7/19/2013 2013 Adirondack Long Course District Champion
3:05.71	L	F	200	Back	7/19/2013 2013 Adirondack Long Course District Champion
45.60	L	F	50	Breast	7/19/2013 2013 Adirondack Long Course District Champion
48.37	Y	F	50	Breast	3/1/2013 AD Silver Short Course Championships
1:38.52	L	F	100	Breast	7/19/2013 2013 Adirondack Long Course District Champion
3:28.03	L	F	200	Breast	7/19/2013 2013 Adirondack Long Course District Champion
49.01	Y	F	50	Fly	2/3/2013 Delmar Dolphins February Freeze Invitational
1:26.77	Y	F	100	IM	3/1/2013 AD Silver Short Course Championships
3:16.76	L	F	200	IM	6/8/2013 Clinton Cudas Colgate Classic Invitational
Erin Spina (13) W					
NHA-AD					
32.58	Y	F	50	Free	11/17/2012 Harvest Invitational
34.75	S	F	50	Free	6/2/2013 2013 Starfish Meter Madness - Pentathlon
34.83	L	F	50	Free	6/8/2013 Clinton Cudas Colgate Classic Invitational
1:09.30	Y	F	100	Free	3/1/2013 AD Silver Short Course Championships
1:15.96	L	F	100	Free	6/8/2013 Clinton Cudas Colgate Classic Invitational
2:52.25	L	F	200	Free	6/8/2013 Clinton Cudas Colgate Classic Invitational
38.24	Y	F	50	Back	11/17/2012 Harvest Invitational
1:20.19	Y	F	100	Back	1/12/2013 Canajoharie Developmental Meet
1:25.29	S	F	100	Back	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:31.07	L	F	100	Back	6/8/2013 Clinton Cudas Colgate Classic Invitational
3:11.74	L	F	200	Back	6/8/2013 Clinton Cudas Colgate Classic Invitational
44.66	Y	F	50	Breast	1/12/2013 Canajoharie Developmental Meet
1:46.50	L	F	100	Breast	6/8/2013 Clinton Cudas Colgate Classic Invitational
36.52	Y	F	50	Fly	11/17/2012 Harvest Invitational
1:20.18	Y	F	100	IM	11/17/2012 Harvest Invitational
3:16.32	L	F	200	IM	6/8/2013 Clinton Cudas Colgate Classic Invitational
Talia Spina (15) W					
SVP-AD					
35.11	Y	F	50	Free	1/20/2013 Foothills Inv
1:22.79	Y	F	100	Free	3/1/2013 AD Silver Short Course Championships
1:34.84	Y	F	100	Back	2/23/2013 Cabin Fever Invitational
1:28.03	Y	F	100	Breast	2/3/2013 Delmar Dolphins February Freeze Invitational
3:25.36	Y	F	200	Breast	3/1/2013 AD Silver Short Course Championships
3:20.52	Y	F	200	IM	11/10/2012 CVSL First Splash
Trent Spina (15) M					
NHA-AD					
1:14.53	L	F	100	Free	6/8/2013 Clinton Cudas Colgate Classic Invitational
2:44.58	L	F	200	Free	6/8/2013 Clinton Cudas Colgate Classic Invitational
1:49.33	L	F	100	Breast	6/8/2013 Clinton Cudas Colgate Classic Invitational
Alison Sposili (10) W					
SSCY-AD					
30.55	Y	F	50	Free	3/28/2013 2013 Eastern Zone SC Swimming Championships
33.97	L	F	50	Free	7/19/2013 2013 Adirondack Long Course District Champion
1:07.56	Y	F	100	Free	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
1:13.27	L	F	100	Free	7/19/2013 2013 Adirondack Long Course District Champion
1:14.14	S	F	100	Free	6/15/2013 Piranhas Summer Kick-Off Meet
2:24.69	Y	F	200	Free	3/28/2013 2013 Eastern Zone SC Swimming Championships

Individual Top Times

Time	P/F/S	Event			
Alison Sposili (10) W					
					UN-AD
2:38.14	L	F	200 Free	7/19/2013	2013 Adirondack Long Course District Champion
5:36.56	L	F	400 Free	7/19/2013	2013 Adirondack Long Course District Champion
6:17.65	Y	F	500 Free	3/10/2013	AD Gold Short Course Championships
37.41	Y	F	50 Back	3/28/2013	2013 Eastern Zone SC Swimming Championships
41.36	S	F	50 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon
42.24	L	F	50 Back	7/19/2013	2013 Adirondack Long Course District Champion
1:18.34	Y	F	100 Back	3/28/2013	2013 Eastern Zone SC Swimming Championships
1:30.06	L	F	100 Back	7/19/2013	2013 Adirondack Long Course District Champion
49.13	Y	F	50 Breast	2/3/2013	Delmar Dolphins February Freeze Invitational
50.94	S	F	50 Breast	6/15/2013	Piranhas Summer Kick-Off Meet
34.91	Y	F	50 Fly	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship
38.63	L	F	50 Fly	7/19/2013	2013 Adirondack Long Course District Champion
38.98	S	F	50 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:25.56	Y	F	100 Fly	2/22/2013	North Country League Meet
1:29.32	L	F	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion
1:23.44	Y	F	100 IM	1/12/2013	Chris Goody Mini-Meet
1:27.69	S	F	100 IM	6/15/2013	Piranhas Summer Kick-Off Meet
3:04.58	L	F	200 IM	7/19/2013	2013 Adirondack Long Course District Champion
Lauren Sposili (12) W					
					SSCY-AD
29.92	Y	F	50 Free	2/3/2013	Delmar Dolphins February Freeze Invitational
33.84	L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion
34.68	S	F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet
1:05.79	Y	P	100 Free	1/18/2013	CT 2013 Wahoo Winter Invitatio
1:12.05	L	F	100 Free	7/19/2013	2013 Adirondack Long Course District Champion
1:16.20	S	F	100 Free	6/15/2013	Piranhas Summer Kick-Off Meet
2:19.58	Y	P	200 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship
2:34.80	L	F	200 Free	7/19/2013	2013 Adirondack Long Course District Champion
5:27.57	L	F	400 Free	7/19/2013	2013 Adirondack Long Course District Champion
6:14.61	Y	F	500 Free	3/10/2013	AD Gold Short Course Championships
38.46	Y	F	50 Back	1/27/2013	North Country League Meet
44.45	L	F	50 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational
1:23.09	Y	F	100 Back	1/12/2013	Chris Goody IMX Challenge
1:27.84	S	F	100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:32.49	L	F	100 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational
38.54	Y	P	50 Breast	1/18/2013	CT 2013 Wahoo Winter Invitatio
41.48	L	P	50 Breast	7/19/2013	2013 Adirondack Long Course District Champion
42.48	S	F	50 Breast	6/15/2013	Piranhas Summer Kick-Off Meet
1:23.28	Y	F	100 Breast	1/18/2013	CT 2013 Wahoo Winter Invitatio
1:32.66	L	F	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion
1:34.98	S	F	100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon
3:04.35	Y	F	200 Breast	2/22/2013	North Country League Meet
3:20.32	L	F	200 Breast	7/19/2013	2013 Adirondack Long Course District Champion
1:16.25	Y	P	100 IM	1/18/2013	CT 2013 Wahoo Winter Invitatio
1:25.78	S	F	100 IM	6/15/2013	Piranhas Summer Kick-Off Meet
2:44.08	Y	P	200 IM	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship
3:01.54	L	P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion
Emmanuelle Spronk (14) W					
					WAVE-AD
35.62	Y	F	50 Free	1/27/2013	Thoroughbred Splash 2013
1:22.73	Y	F	100 Free	1/27/2013	Thoroughbred Splash 2013
1:33.77	Y	F	100 Back	1/27/2013	Thoroughbred Splash 2013
Pascal Spronk (16) M					
					WAVE-AD
29.20	Y	F	50 Free	1/27/2013	Thoroughbred Splash 2013
2:28.20	Y	F	200 Free	2/23/2013	Cabin Fever Invitational
1:21.89	Y	F	100 Back	1/27/2013	Thoroughbred Splash 2013
Virginia Squires (12) W					
					SVP-AD
37.09	Y	F	50 Free	11/17/2012	Harvest Invitational
41.89	Y	F	50 Back	1/12/2013	Canajoharie Developmental Meet
1:29.43	Y	F	100 Back	1/26/2013	Central Valley Swim Meet Quad Meet
48.34	Y	F	50 Breast	2/23/2013	Cabin Fever Invitational
1:47.93	Y	F	100 Breast	1/26/2013	Central Valley Swim Meet Quad Meet

Individual Top Times

Time	P/F/S	Event			
Virginia Squires (12) W					
44.26 Y	F	50 Fly	1/20/2013	Foothills Inv	SVP-AD
1:28.94 Y	F	100 IM	2/23/2013	Cabin Fever Invitational	
3:26.84 Y	F	200 IM	12/15/2012	Central Valley Swim League Quad Meet	
Niranjana Srihari (13) W					
34.12 Y	F	50 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	SSCY-AD
1:16.66 Y	F	100 Free	12/2/2012	December Super Splash 2012	
3:04.57 Y	F	200 Free	1/27/2013	North Country League Meet	
41.42 Y	F	50 Back	10/21/2012	2012 Trick or Treat Meet	
1:32.67 Y	F	100 Back	11/10/2012	Pilgrims Pride	
37.71 Y	F	50 Fly	2/9/2013	North Country YMCA Swim League 2013 Champions	
1:31.77 Y	F	100 IM	2/22/2013	North Country League Meet	
Jena Staab (14) W					
29.60 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	BENN-AD
1:06.81 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
2:26.17 Y	F	200 Free	11/17/2012	Harvest Invitational	
6:51.54 Y	F	500 Free	11/17/2012	Harvest Invitational	
1:17.92 Y	F	100 Back	11/17/2012	Harvest Invitational	
2:59.80 Y	F	200 IM	1/27/2013	Thoroughbred Splash 2013	
Shanna Staab (12) W					
30.81 Y	P	50 Free	3/10/2013	AD Gold Short Course Championships	BENN-AD
1:07.31 Y	P	100 Free	3/10/2013	AD Gold Short Course Championships	
37.91 Y	F	50 Back	3/1/2013	AD Silver Short Course Championships	
45.72 Y	F	50 Breast	3/1/2013	AD Silver Short Course Championships	
35.02 Y	P	50 Fly	3/10/2013	AD Gold Short Course Championships	
1:30.31 Y	F	100 Fly	3/1/2013	AD Silver Short Course Championships	
1:19.89 Y	F	100 IM	3/1/2013	AD Silver Short Course Championships	
George Stack (16) M					
24.54 Y	P	50 Free	3/10/2013	AD Gold Short Course Championships	CPP-AD
27.68 S	F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
27.87 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:01.55 L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:53.57 Y	F	200 Free	2/14/2013	Section II Championships Large	
2:15.06 S	F	200 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
2:16.83 L	P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
4:50.91 L	F	400 Free	7/19/2013	2013 Adirondack Long Course District Champion	
5:27.21 Y	F	500 Free	3/1/2013	AD Silver Short Course Championships	
19:14.14 Y	F	1650 Free	12/9/2012	Piranhas December Distance Invite	
1:13.52 S	F	100 Back	6/15/2013	Piranhas Summer Kick-Off Meet	
1:15.21 L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
2:23.46 Y	F	200 Back	12/9/2012	Piranhas December Distance Invite	
2:45.41 L	P	200 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:15.78 Y	F	100 Breast	3/1/2013	AD Silver Short Course Championships	
58.27 Y	F	100 Fly	2/14/2013	Section II Championships Large	
1:09.42 L	P	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:11.16 S	F	100 Fly	6/15/2013	Piranhas Summer Kick-Off Meet	
2:48.33 L	P	200 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
2:14.64 Y	P	200 IM	3/10/2013	AD Gold Short Course Championships	
2:33.63 L	P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
4:47.24 Y	F	400 IM	3/10/2013	AD Gold Short Course Championships	
John Stack (13) M					
25.06 Y	P	50 Free	3/10/2013	AD Gold Short Course Championships	BSPA-AD
27.67 S	F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
28.80 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
55.23 Y	F	100 Free	3/10/2013	AD Gold Short Course Championships	
1:05.37 L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:00.64 Y	P	200 Free	2/14/2013	Section II Championships Large	
2:18.57 L	F	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:23.19 S	F	200 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
5:17.81 L	F	400 Free	7/19/2013	2013 Adirondack Long Course District Champion	

Individual Top Times

Time	P/F/S	Event			
John Stack (13) M			BSPA-AD		
5:57.54	Y F	500 Free	1/12/2013	Chris Goody IMX Challenge	
22:20.72	L F	1500 Free	7/19/2013	2013 Adirondack Long Course District Champion	
22:20.72	L F	1500 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:10.01	Y F	100 Back	12/15/2012	SHENENDEHOWA Boys SWIMMING & D	
1:10.01	Y F	100 Back	12/15/2012	2012 AD SHENENDEHOWA Boys	
1:14.84	S F	100 Back	6/15/2013	Piranhas Summer Kick-Off Meet	
1:15.97	L F	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
2:50.26	L P	200 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:33.76	S F	100 Breast	6/15/2013	Piranhas Summer Kick-Off Meet	
1:19.45	L P	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
2:49.81	L P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
Emilia Stacy (10) W			HAWK-AD		
53.24	Y F	50 Free	1/25/2013	Hawks Trials And Finals 2013	
58.55	Y F	50 Back	1/25/2013	Hawks Trials And Finals 2013	
Keegan Stafford (9) M			SCHE-AD		
18.23	Y F	25 Free	12/15/2012	Sharks 12&Under Mini-Meet	
37.11	Y F	50 Free	2/23/2013	Cabin Fever Invitational	
41.28	L F	50 Free	7/6/2013	Sharks Summer Invite	
1:21.17	Y F	100 Free	3/1/2013	AD Silver Short Course Championships	
1:30.69	L F	100 Free	6/1/2013	2013 NE MTSC June 1st Meet	
1:30.69	L F	100 Free	6/1/2013	2013 NE MTSC June 1st Meet	
3:06.23	L F	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
6:44.30	L F	400 Free	7/19/2013	2013 Adirondack Long Course District Champion	
21.14	Y F	25 Back	12/2/2012	December Super Splash 2012	
40.22	Y F	50 Back	3/10/2013	AD Gold Short Course Championships	
43.93	L F	50 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:29.19	Y F	100 Back	3/10/2013	AD Gold Short Course Championships	
1:32.64	L F	100 Back	6/1/2013	2013 NE MTSC June 1st Meet	
1:32.64	L F	100 Back	6/1/2013	2013 NE MTSC June 1st Meet	
27.31	Y F	25 Breast	12/15/2012	Sharks 12&Under Mini-Meet	
53.45	Y F	50 Breast	3/1/2013	AD Silver Short Course Championships	
1:52.45	Y F	100 Breast	2/23/2013	Cabin Fever Invitational	
1:56.24	L F	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
20.78	Y F	25 Fly	12/2/2012	December Super Splash 2012	
43.16	Y F	50 Fly	1/27/2013	Thoroughbred Splash 2013	
44.03	L F	50 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:31.07	Y F	100 IM	3/10/2013	AD Gold Short Course Championships	
3:27.11	L F	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
Brian Stanley (16) M			SSCY-AD		
24.15	Y F	50 Free	2/9/2013	North Country YMCA Swim League 2013 Champions	
51.99	Y P	100 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
1:54.36	Y F	200 Free	2/9/2013	North Country YMCA Swim League 2013 Champions	
30.64	Y L F	50 Back	1/27/2013	North Country League Meet	
1:02.68	Y F	100 Back	11/10/2012	Pilgrims Pride	
1:11.03	Y F	100 Breast	2/3/2013	Delmar Dolphins February Freeze Invitational	
2:17.60	Y F	200 IM	1/27/2013	North Country League Meet	
Kyerra Stanley (13) W			SSAC-AD		
39.42	Y F	50 Free	3/1/2013	AD Silver Short Course Championships	
1:28.54	Y F	100 Free	3/1/2013	AD Silver Short Course Championships	
46.57	Y F	50 Back	3/1/2013	AD Silver Short Course Championships	
1:03.58	Y F	50 Breast	1/12/2013	Chris Goody Mini-Meet	
48.34	Y F	50 Fly	3/1/2013	AD Silver Short Course Championships	
1:45.28	Y F	100 IM	3/1/2013	AD Silver Short Course Championships	
Clare Stansbury (13) W			ALBS-AD		
26.69	Y F	50 Free	2/23/2013	Cabin Fever Invitational	
29.94	S F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
29.99	L F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:03.65	L P	100 Free	7/12/2013	2013 NI - Niagara Long Course Classic	
2:15.08	L F	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	

Individual Top Times

Time	P/F/S	Event			
Clare Stansbury (13) W					
ALBS-AD					
4:55.89	L	P	400	Free	7/12/2013 2013 NI - Niagara Long Course Classic
31.30	Y	F	50	Back	2/10/2013 2013 Piranhas Pentathlon
1:13.84	S	F	100	Back	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:15.81	L	F	100	Back	7/19/2013 2013 Adirondack Long Course District Champion
2:38.75	L	F	200	Back	7/19/2013 2013 Adirondack Long Course District Champion
38.58	Y	F	50	Breast	2/10/2013 2013 Piranhas Pentathlon
1:20.03	Y	F	100	Breast	2/23/2013 Cabin Fever Invitational
1:29.33	S	F	100	Breast	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:35.50	L	F	100	Breast	6/8/2013 Clinton Cudas Colgate Classic Invitational
2:50.34	Y	F	200	Breast	12/9/2012 Piranhas December Distance Invite
30.89	Y	F	50	Fly	11/10/2012 Pilgrims Pride
1:07.76	Y	P	100	Fly	3/10/2013 AD Gold Short Course Championships
1:14.69	L	P	100	Fly	7/19/2013 2013 Adirondack Long Course District Champion
1:14.78	S	F	100	Fly	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:08.74	Y	F	100	IM	2/10/2013 2013 Piranhas Pentathlon
1:15.65	S	F	100	IM	6/2/2013 2013 Starfish Meter Madness - Pentathlon
2:20.67	Y	F	200	IM	3/10/2013 AD Gold Short Course Championships
2:42.12	L	P	200	IM	7/19/2013 2013 Adirondack Long Course District Champion
Stefana Stan (11) W					
ALBS-AD					
30.05	Y	F	50	Free	3/10/2013 AD Gold Short Course Championships
33.52	S	F	50	Free	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:06.49	Y	F	100	Free	3/10/2013 AD Gold Short Course Championships
2:25.46	Y	F	200	Free	3/10/2013 AD Gold Short Course Championships
34.45	Y	F	50	Back	3/10/2013 AD Gold Short Course Championships
37.78	S	F	50	Back	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:14.54	Y	F	100	Back	2/23/2013 Cabin Fever Invitational
43.00	Y	F	50	Breast	2/10/2013 2013 Piranhas Pentathlon
46.89	S	F	50	Breast	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:33.23	Y	F	100	Breast	3/10/2013 AD Gold Short Course Championships
36.15	Y	F	50	Fly	3/10/2013 AD Gold Short Course Championships
37.92	S	F	50	Fly	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:17.62	Y	F	100	IM	3/10/2013 AD Gold Short Course Championships
1:24.68	S	F	100	IM	6/2/2013 2013 Starfish Meter Madness - Pentathlon
2:49.55	Y	F	200	IM	3/10/2013 AD Gold Short Course Championships
Kaitlyn Stearns (7) W					
AMST-AD					
34.49	Y	F	25	Free	2/23/2013 Cabin Fever Invitational
1:28.37	Y	F	50	Free	2/23/2013 Cabin Fever Invitational
3:24.99	Y	F	100	Free	2/3/2013 Delmar Dolphins February Freeze Invitational
28.56	Y	F	25	Back	3/1/2013 AD Silver Short Course Championships
1:02.66	Y	F	50	Back	3/1/2013 AD Silver Short Course Championships
Olivia Stebbins-Hopkins (14) W					
UN-AD					
25.53	Y	P	50	Free	11/1/2012 Girls Sec II Division I Champ
29.53	S	F	50	Free	6/15/2013 Piranhas Summer Kick-Off Meet
30.09	L	F	50	Free	7/19/2013 2013 Adirondack Long Course District Champion
56.87	Y	F	100	Free	11/1/2012 Girls Sec II Division I Champ
1:06.59	L	P	100	Free	7/19/2013 2013 Adirondack Long Course District Champion
2:25.65	S	F	200	Free	6/15/2013 Piranhas Summer Kick-Off Meet
2:33.09	L	P	200	Free	7/19/2013 2013 Adirondack Long Course District Champion
5:44.94	Y	F	500	Free	1/12/2013 Chris Goody IMX Challenge
1:08.52	Y	F	100	Back	12/2/2012 December Super Splash 2012
1:16.33	S	F	100	Back	6/15/2013 Piranhas Summer Kick-Off Meet
1:19.50	L	F	100	Back	6/8/2013 Clinton Cudas Colgate Classic Invitational
2:25.83	Y	F	200	Back	12/9/2012 Piranhas December Distance Invite
2:49.87	L	P	200	Back	7/19/2013 2013 Adirondack Long Course District Champion
1:27.86	S	F	100	Breast	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:32.56	L	F	100	Breast	6/8/2013 Clinton Cudas Colgate Classic Invitational
3:15.45	L	P	200	Breast	7/19/2013 2013 Adirondack Long Course District Champion
1:10.45	Y	F	100	Fly	1/4/2013 2013 Starfish Trophy Invitational
1:20.43	S	F	100	Fly	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:21.77	L	P	100	Fly	7/19/2013 2013 Adirondack Long Course District Champion

Individual Top Times

Time	P/F/S	Event			
Olivia Stebbins-Hopkins (14) W UN-AD					
2:45.14	Y F	200 Fly	1/12/2013	Chris Goody IMX Challenge	
3:10.75	L F	200 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:16.41	S F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:23.55	Y F	200 IM	12/9/2012	Piranhas December Distance Invite	
2:40.68	S F	200 IM	6/15/2013	Piranhas Summer Kick-Off Meet	
2:48.69	L F	200 IM	6/8/2013	Clinton Cudas Colgate Classic Invitational	
5:08.51	Y F	400 IM	1/12/2013	Chris Goody IMX Challenge	
Drew Stein (10) W SSAC-AD					
35.64	Y F	50 Free	3/1/2013	AD Silver Short Course Championships	
1:20.60	Y F	100 Free	3/1/2013	AD Silver Short Course Championships	
46.27	Y L F	50 Back	3/1/2013	AD Silver Short Course Championships	
51.47	Y F	50 Breast	3/1/2013	AD Silver Short Course Championships	
44.72	Y F	50 Fly	3/1/2013	AD Silver Short Course Championships	
1:32.57	Y F	100 IM	3/1/2013	AD Silver Short Course Championships	
Spencer Steinhardt (8) M GUY-AD					
16.47	Y F	25 Free	2/9/2013	North Country YMCA Swim League 2013 Champions	
35.58	Y F	50 Free	1/4/2013	2013 Starfish Trophy Invitational	
1:24.34	Y F	100 Free	1/4/2013	2013 Starfish Trophy Invitational	
20.27	Y F	25 Back	12/2/2012	December Super Splash 2012	
42.46	Y F	50 Back	1/4/2013	2013 Starfish Trophy Invitational	
50.30	Y F	50 Breast	1/4/2013	2013 Starfish Trophy Invitational	
18.91	Y F	25 Fly	12/2/2012	December Super Splash 2012	
43.23	Y F	50 Fly	1/4/2013	2013 Starfish Trophy Invitational	
1:34.38	Y F	100 IM	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
Sydney Steinhardt (11) W GUY-AD					
28.03	Y F	50 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
1:06.91	Y F	100 Free	1/4/2013	2013 Starfish Trophy Invitational	
2:33.72	Y F	200 Free	1/4/2013	2013 Starfish Trophy Invitational	
6:49.57	Y F	500 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
32.74	Y F	50 Back	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
1:19.79	Y F	100 Back	1/4/2013	2013 Starfish Trophy Invitational	
36.10	Y F	50 Fly	12/2/2012	December Super Splash 2012	
1:31.81	Y F	100 Fly	1/4/2013	2013 Starfish Trophy Invitational	
1:15.42	Y F	100 IM	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
2:58.27	Y F	200 IM	1/4/2013	2013 Starfish Trophy Invitational	
Sarah Sterling (10) W CLIN-AD					
36.25	Y F	50 Free	1/12/2013	Canajoharie Developmental Meet	
1:23.12	Y F	100 Free	12/15/2012	Sharks 12&Under Mini-Meet	
45.37	Y F	50 Back	12/15/2012	Sharks 12&Under Mini-Meet	
52.24	Y F	50 Breast	1/12/2013	Canajoharie Developmental Meet	
46.56	Y F	50 Fly	12/15/2012	Sharks 12&Under Mini-Meet	
Talia Sternbach (18) W UN-AD					
25.98	Y F	50 Free	11/1/2012	Girls Sec II Division I Champ	
31.31	S F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
55.61	Y F	100 Free	11/1/2012	Girls Sec II Division I Champ	
1:16.38	S F	100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:11.84	Y P	200 IM	11/16/2012	2012 NY Ob - Girls NY State Federation Champ	
Arianna Stevens (9) W CANA-AD					
24.31	Y F	25 Free	3/1/2013	AD Silver Short Course Championships	
51.82	Y F	50 Free	3/1/2013	AD Silver Short Course Championships	
30.95	Y F	25 Back	1/20/2013	Foothills Inv	
1:03.77	Y F	50 Back	3/1/2013	AD Silver Short Course Championships	
31.84	Y F	25 Breast	3/1/2013	AD Silver Short Course Championships	
31.16	Y F	25 Fly	3/1/2013	AD Silver Short Course Championships	
2:11.91	Y F	100 IM	3/1/2013	AD Silver Short Course Championships	
Emily Stevens (13) W SVP-AD					
37.68	Y F	50 Free	2/9/2013	Central Valley Swim League Championships	
1:27.19	Y F	100 Free	12/15/2012	Central Valley Swim League Quad Meet	
39.62	Y F	50 Back	2/9/2013	Central Valley Swim League Championships	

Individual Top Times

Time	P/F/S	Event			
Emily Stevens (13) W SVP-AD					
1:34.04 Y	F	100 Back	12/15/2012	Central Valley Swim League Quad Meet	
1:44.94 Y	F	100 IM	11/10/2012	CVSL First Splash	
Jenna Stiansen (15) W SARY-AD					
29.46 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	
5:54.97 Y	F	500 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
1:16.45 Y	F	100 Back	10/6/2012	SHENENDEHOWA GIRLS SWIMMING &	
1:05.34 Y	F	100 Fly	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
2:24.69 Y	F	200 IM	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
Caera Stone (11) W NTS-AD					
37.68 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	
1:28.49 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
3:28.63 Y	F	200 Free	1/12/2013	Chris Goody IMX Challenge	
43.11 Y	F	50 Back	3/1/2013	AD Silver Short Course Championships	
1:35.51 Y	F	100 Back	3/1/2013	AD Silver Short Course Championships	
52.56 Y	F	50 Breast	2/10/2013	2013 Piranhas Pentathlon	
1:48.12 Y	F	100 Breast	3/1/2013	AD Silver Short Course Championships	
47.04 Y	F	50 Fly	2/10/2013	2013 Piranhas Pentathlon	
1:57.66 Y	F	100 Fly	1/12/2013	Chris Goody IMX Challenge	
1:35.50 Y	F	100 IM	3/1/2013	AD Silver Short Course Championships	
3:47.93 Y	F	200 IM	1/12/2013	Chris Goody IMX Challenge	
Martin Stone (14) M NTS-AD					
27.84 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	
1:01.63 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
6:23.20 Y	F	500 Free	1/12/2013	Chris Goody IMX Challenge	
1:15.05 Y	F	100 Back	3/1/2013	AD Silver Short Course Championships	
2:45.81 Y	F	200 Back	1/12/2013	Chris Goody IMX Challenge	
1:31.87 Y	F	100 Breast	3/1/2013	AD Silver Short Course Championships	
3:36.73 Y	F	200 Breast	1/12/2013	Chris Goody IMX Challenge	
1:17.38 Y	F	100 Fly	3/1/2013	AD Silver Short Course Championships	
2:57.50 Y	F	200 Fly	3/1/2013	AD Silver Short Course Championships	
2:44.70 Y	F	200 IM	2/10/2013	2013 Piranhas Pentathlon	
6:16.24 Y	F	400 IM	1/12/2013	Chris Goody IMX Challenge	
Madison Stopyak (10) W SSCY-AD					
35.13 Y	F	50 Free	1/27/2013	North Country League Meet	
1:19.54 Y	F	100 Free	1/18/2013	CT 2013 Wahoo Winter Invitatio	
2:45.26 Y	F	200 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
40.29 Y	F	50 Back	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
46.23 Y	F	50 Breast	1/18/2013	CT 2013 Wahoo Winter Invitatio	
1:42.00 Y	F	100 Breast	11/10/2012	Pilgrims Pride	
39.53 Y	F	50 Fly	3/3/2013	North Country League Meet	
1:24.05 Y	F	100 IM	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
Anna Stoup (6) W CPP-AD					
27.93 Y	F	25 Free	3/1/2013	AD Silver Short Course Championships	
30.51 S	F	25 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
58.81 L	F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:02.83 Y	F	50 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:08.16 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:25.24 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
2:48.41 S	F	100 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
29.23 Y	F	25 Back	3/1/2013	AD Silver Short Course Championships	
30.21 S	F	25 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:05.01 S	F	50 Back	6/15/2013	Piranhas Summer Kick-Off Meet	
1:05.43 Y	F	50 Back	11/10/2012	Pilgrims Pride	
1:18.04 L	F	50 Back	7/19/2013	2013 Adirondack Long Course District Champion	
2:36.39 L	F	100 Back	7/12/2013	Hawks Summer Invitational 2013	
1:32.66 L	F	50 Breast	7/12/2013	Hawks Summer Invitational 2013	
Zachary Stoup (9) M CPP-AD					
20.34 Y	F	25 Free	10/21/2012	2012 Trick or Treat Meet	
45.11 Y	F	50 Free	2/10/2013	2013 Piranhas Pentathlon	

Individual Top Times

Time	P/F/S	Event			
Zachary Stoup (9) M			CPP-AD		
45.14 L	F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
46.37 S	F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
1:47.78 S	F	100 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
1:48.44 Y	F	100 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
23.58 Y	F	25 Back	11/17/2012	Harvest Invitational	
51.71 Y	F	50 Back	1/4/2013	2013 Starfish Trophy Invitational	
55.58 S	F	50 Back	6/15/2013	Piranhas Summer Kick-Off Meet	
58.47 L	F	50 Back	7/19/2013	2013 Adirondack Long Course District Champion	
2:01.79 L	F	100 Back	7/12/2013	Hawks Summer Invitational 2013	
32.65 Y	F	25 Breast	10/21/2012	2012 Trick or Treat Meet	
1:05.19 Y	F	50 Breast	2/10/2013	2013 Piranhas Pentathlon	
1:07.35 L	F	50 Breast	7/12/2013	Hawks Summer Invitational 2013	
1:07.82 S	F	50 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
36.48 Y	F	25 Fly	11/17/2012	Harvest Invitational	
1:05.12 S	F	50 Fly	6/15/2013	Piranhas Summer Kick-Off Meet	
1:09.62 Y	F	50 Fly	2/10/2013	2013 Piranhas Pentathlon	
2:02.83 Y	F	100 IM	2/10/2013	2013 Piranhas Pentathlon	
2:12.46 S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
Aidan Strayer (16) M			ALBS-AD		
28.80 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
28.85 L	F	50 Free	6/22/2013	2013 NI - Niagara Super Circuit Ithaca	
53.51 Y	P	100 Free	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS	
1:50.78 Y	P	200 Free	2/14/2013	Section II Championships Large	
2:07.98 L	P	200 Free	7/12/2013	2013 NI - Niagara Long Course Classic	
4:25.25 L	P	400 Free	7/12/2013	2013 NI - Niagara Long Course Classic	
4:52.76 Y	P	500 Free	2/14/2013	Section II Championships Large	
9:09.85 L	F	800 Free	7/12/2013	2013 NI - Niagara Long Course Classic	
17:27.90 L	F	1500 Free	7/12/2013	2013 NI - Niagara Long Course Classic	
17:02.27 Y	F	1650 Free	3/10/2013	AD Gold Short Course Championships	
29.41 Y L	F	50 Back	1/4/2013	2013 Starfish Trophy Invitational	
1:08.38 S	F	100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:13.53 L	F	100 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
2:06.64 Y	P	200 Back	3/10/2013	AD Gold Short Course Championships	
2:27.13 L	F	200 Back	6/22/2013	2013 NI - Niagara Super Circuit Ithaca	
1:10.98 Y	F	100 Breast	1/4/2013	2013 Starfish Trophy Invitational	
1:19.08 S	F	100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:41.46 L	F	200 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
59.58 Y	P	100 Fly	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS	
1:08.06 L	P	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:08.73 S	F	100 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:07.57 Y	P	200 Fly	3/10/2013	AD Gold Short Course Championships	
2:22.55 L	F	200 Fly	7/12/2013	2013 NI - Niagara Long Course Classic	
1:10.56 S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:08.48 Y	F	200 IM	12/15/2012	SHENENDEHOWA Boys SWIMMING & D	
2:08.48 Y	F	200 IM	12/15/2012	2012 AD SHENENDEHOWA Boys	
2:25.37 L	P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
4:22.76 Y	P	400 IM	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS	
4:59.45 L	F	400 IM	7/19/2013	2013 Adirondack Long Course District Champion	
Sydney Streek (10) W			CLRK-AD		
41.79 Y	F	50 Free	1/12/2013	Canajoharie Developmental Meet	
1:47.88 Y	F	100 Free	1/12/2013	Canajoharie Developmental Meet	
52.24 Y	F	50 Back	2/9/2013	Central Valley Swim League Championships	
2:02.82 Y	F	100 Back	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:02.60 Y	F	50 Breast	1/12/2013	Canajoharie Developmental Meet	
2:09.99 Y	F	100 Breast	3/1/2013	AD Silver Short Course Championships	
1:05.28 Y	F	50 Fly	2/3/2013	Delmar Dolphins February Freeze Invitational	
Katy Stringer (18) W			UN-AD		
2:08.93 Y	P	200 Free	11/1/2012	Girls Sec II Division I Champ	
5:48.10 Y	F	500 Free	10/6/2012	SHENENDEHOWA GIRLS SWIMMING &	
Melissa Stroh (12) W			GCAT-AD		

Individual Top Times

Time	P/F/S	Event				
Melissa Stroh (12) W						
32.82 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon		GCAT-AD
33.41 L	F	50 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational		
2:51.83 L	F	200 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational		
41.07 L	F	50 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational		
1:23.42 S	F	100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon		
Morgan Stublely (12) W						
37.30 Y	F	50 Free	12/15/2012	Sharks 12&Under Mini-Meet		CLIN-AD
1:22.79 Y	F	100 Free	12/15/2012	Sharks 12&Under Mini-Meet		
47.04 Y	F	50 Back	12/15/2012	Sharks 12&Under Mini-Meet		
48.44 Y	F	50 Breast	1/12/2013	Canajoharie Developmental Meet		
44.08 Y	F	50 Fly	1/12/2013	Canajoharie Developmental Meet		
Thomas Stublely (9) M						
20.80 Y	F	25 Free	1/12/2013	Canajoharie Developmental Meet		CLIN-AD
46.75 Y	F	50 Free	12/15/2012	Sharks 12&Under Mini-Meet		
25.87 Y	F	25 Back	1/12/2013	Canajoharie Developmental Meet		
29.22 Y	F	25 Breast	12/15/2012	Sharks 12&Under Mini-Meet		
Cooper Stuntz (11) M						
40.35 Y	F	50 Free	2/10/2013	2013 Piranhas Pentathlon		NTS-AD
48.77 Y	F	50 Back	2/10/2013	2013 Piranhas Pentathlon		
50.36 Y	F	50 Breast	2/10/2013	2013 Piranhas Pentathlon		
55.45 Y	F	50 Fly	2/10/2013	2013 Piranhas Pentathlon		
1:45.28 Y	F	100 IM	1/27/2013	Thoroughbred Splash 2013		
Ellyse Suh (12) W						
36.87 Y	F	50 Free	12/2/2012	December Super Splash 2012		SSAC-AD
1:31.80 Y	F	100 Free	11/10/2012	Pilgrims Pride		
3:22.63 Y	F	200 Free	12/2/2012	December Super Splash 2012		
47.20 Y	F	50 Back	11/10/2012	Pilgrims Pride		
58.43 Y	F	50 Breast	11/10/2012	Pilgrims Pride		
1:49.74 Y	F	100 IM	12/2/2012	December Super Splash 2012		
Juliette Suh (10) W						
37.95 Y	F	50 Free	11/10/2012	Pilgrims Pride		SSAC-AD
1:26.15 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships		
3:14.14 Y	F	200 Free	12/2/2012	December Super Splash 2012		
43.51 Y	F	50 Back	11/10/2012	Pilgrims Pride		
56.61 Y	F	50 Breast	3/1/2013	AD Silver Short Course Championships		
44.64 Y	F	50 Fly	3/1/2013	AD Silver Short Course Championships		
1:38.01 Y	F	100 IM	3/1/2013	AD Silver Short Course Championships		
Shea Sullivan (15) W						
31.50 L	F	50 Free	6/1/2013	2013 NE MTSC June 1st Meet		SCHE-AD
31.50 L	F	50 Free	6/1/2013	2013 NE MTSC June 1st Meet		
1:11.30 L	F	100 Free	6/1/2013	2013 NE MTSC June 1st Meet		
1:11.30 L	F	100 Free	6/1/2013	2013 NE MTSC June 1st Meet		
2:40.40 L	F	200 Free	6/1/2013	2013 NE MTSC June 1st Meet		
2:40.40 L	F	200 Free	6/1/2013	2013 NE MTSC June 1st Meet		
6:27.63 Y	F	500 Free	1/12/2013	Chris Goody IMX Challenge		
38.72 L	F	50 Back	6/1/2013	2013 NE MTSC June 1st Meet		
38.72 L	F	50 Back	6/1/2013	2013 NE MTSC June 1st Meet		
1:08.37 Y L	F	100 Back	3/10/2013	AD Gold Short Course Championships		
1:25.43 L	F	100 Back	6/1/2013	2013 NE MTSC June 1st Meet		
1:25.43 L	F	100 Back	6/1/2013	2013 NE MTSC June 1st Meet		
3:04.54 L	F	200 Back	6/1/2013	2013 NE MTSC June 1st Meet		
3:04.54 L	F	200 Back	6/1/2013	2013 NE MTSC June 1st Meet		
1:24.93 Y	F	100 Breast	2/23/2013	Cabin Fever Invitational		
3:08.12 Y	F	200 Breast	1/12/2013	Chris Goody IMX Challenge		
37.51 L	F	50 Fly	6/1/2013	2013 NE MTSC June 1st Meet		
37.51 L	F	50 Fly	6/1/2013	2013 NE MTSC June 1st Meet		
1:15.77 Y	F	100 Fly	2/10/2013	2013 Piranhas Pentathlon		
2:57.39 Y	F	200 Fly	1/12/2013	Chris Goody IMX Challenge		
2:36.39 Y	F	200 IM	3/1/2013	AD Silver Short Course Championships		

Individual Top Times

Time	P/F/S	Event			
Shea Sullivan (15) W					
3:03.01	L	F	200	IM	6/1/2013 2013 NE MTSC June 1st Meet
3:03.01	L	F	200	IM	6/1/2013 2013 NE MTSC June 1st Meet
5:34.12	Y	F	400	IM	3/1/2013 AD Silver Short Course Championships
Kurt Sunderland (9) M					
25.52	Y	F	25	Free	1/20/2013 Foothills Inv
47.75	Y	F	50	Free	3/1/2013 AD Silver Short Course Championships
26.65	Y	F	25	Back	1/12/2013 Canajoharie Developmental Meet
1:02.03	Y	F	50	Back	3/1/2013 AD Silver Short Course Championships
1:29.35	Y	F	50	Breast	1/26/2013 Central Valley Swim Meet Quad Meet
29.88	Y	F	25	Fly	1/12/2013 Canajoharie Developmental Meet
Julia Suozzo (17) W					
28.45	Y	F	50	Free	1/4/2013 2013 Starfish Trophy Invitational
31.85	L	P	50	Free	7/19/2013 2013 Adirondack Long Course District Champion
1:00.51	Y	F	100	Free	2/3/2013 Delmar Dolphins February Freeze Invitational
1:08.80	L	P	100	Free	7/19/2013 2013 Adirondack Long Course District Champion
2:07.60	Y	P	200	Free	3/10/2013 AD Gold Short Course Championships
2:25.90	L	P	200	Free	7/19/2013 2013 Adirondack Long Course District Champion
5:51.43	Y	F	500	Free	12/9/2012 Piranhas December Distance Invite
1:10.01	Y	F	100	Back	2/3/2013 Delmar Dolphins February Freeze Invitational
1:18.97	L	P	100	Back	7/19/2013 2013 Adirondack Long Course District Champion
2:25.69	Y	F	200	Back	12/9/2012 Piranhas December Distance Invite
2:45.27	L	P	200	Back	7/19/2013 2013 Adirondack Long Course District Champion
1:05.33	Y	P	100	Fly	3/10/2013 AD Gold Short Course Championships
1:19.61	L	F	100	Fly	6/8/2013 Clinton Cudas Colgate Classic Invitational
2:50.21	L	P	200	Fly	7/19/2013 2013 Adirondack Long Course District Champion
2:29.70	Y	F	200	IM	10/6/2012 SHENENDEHOWA GIRLS SWIMMING &
Connor Supensky (15) M					
29.68	S	F	50	Free	6/15/2013 Piranhas Summer Kick-Off Meet
30.76	L	F	50	Free	6/8/2013 Clinton Cudas Colgate Classic Invitational
2:30.85	S	F	200	Free	6/15/2013 Piranhas Summer Kick-Off Meet
2:43.02	L	P	200	Free	7/19/2013 2013 Adirondack Long Course District Champion
1:22.52	S	F	100	Back	6/15/2013 Piranhas Summer Kick-Off Meet
1:35.65	S	F	100	Breast	6/15/2013 Piranhas Summer Kick-Off Meet
3:33.80	L	F	200	Breast	6/8/2013 Clinton Cudas Colgate Classic Invitational
Erin Susko (14) W					
31.18	Y	F	50	Free	2/9/2013 North Country YMCA Swim League 2013 Champions
1:11.13	Y	F	100	Free	2/9/2013 North Country YMCA Swim League 2013 Champions
1:18.98	Y	F	100	Back	11/17/2012 Harvest Invitational
1:36.18	Y	F	100	Breast	11/10/2012 Pilgrims Pride
2:53.83	Y	F	200	IM	1/27/2013 Thoroughbred Splash 2013
Hawthorne Swan-Scott (15) M					
29.96	Y	F	50	Free	12/2/2012 December Super Splash 2012
32.98	S	F	50	Free	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:04.28	Y	F	100	Free	1/4/2013 2013 Starfish Trophy Invitational
1:12.90	L	P	100	Free	7/19/2013 2013 Adirondack Long Course District Champion
2:33.68	S	F	200	Free	6/15/2013 Piranhas Summer Kick-Off Meet
2:40.10	L	F	200	Free	7/12/2013 Hawks Summer Invitational 2013
5:27.52	L	F	400	Free	7/12/2013 Hawks Summer Invitational 2013
6:00.88	Y	F	500	Free	1/12/2013 Chris Goody IMX Challenge
12:52.23	Y	F	1000	Free	12/2/2012 December Super Splash 2012
1:10.39	Y	F	100	Back	2/22/2013 North Country League Meet
1:20.07	S	F	100	Back	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:23.33	L	P	100	Back	7/19/2013 2013 Adirondack Long Course District Champion
2:35.06	Y	F	200	Back	1/12/2013 Chris Goody IMX Challenge
2:51.00	L	F	200	Back	7/12/2013 Hawks Summer Invitational 2013
1:23.71	Y	F	100	Breast	2/22/2013 North Country League Meet
1:28.25	S	F	100	Breast	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:32.30	L	P	100	Breast	7/19/2013 2013 Adirondack Long Course District Champion
3:12.33	L	P	200	Breast	7/19/2013 2013 Adirondack Long Course District Champion

SCHE-AD

CANA-AD

DELM-AD

GCAT-AD

SARY-AD

GLFY-AD

Individual Top Times

Time	P/F/S	Event			
Hawthorne Swan-Scott (15) M					
					GLFY-AD
1:22.72	S	F	100	Fly	6/2/2013 2013 Starfish Meter Madness - Pentathlon
2:43.62	Y	F	200	Fly	1/12/2013 Chris Goody IMX Challenge
1:23.12	S	F	100	IM	6/2/2013 2013 Starfish Meter Madness - Pentathlon
2:34.63	Y	F	200	IM	1/4/2013 2013 Starfish Trophy Invitational
2:47.34	S	F	200	IM	6/15/2013 Piranhas Summer Kick-Off Meet
2:57.90	L	F	200	IM	7/12/2013 Hawks Summer Invitational 2013
5:24.88	Y	F	400	IM	1/12/2013 Chris Goody IMX Challenge
6:09.38	L	F	400	IM	7/12/2013 Hawks Summer Invitational 2013
Rowan Swan-Scott (8) W					
					GLFY-AD
22.30	Y	F	25	Free	2/9/2013 North Country YMCA Swim League 2013 Champions
26.23	S	F	25	Free	6/2/2013 2013 Starfish Meter Madness - Pentathlon
57.09	L	F	50	Free	7/19/2013 2013 Adirondack Long Course District Champion
58.18	Y	F	50	Free	12/2/2012 December Super Splash 2012
1:00.84	S	F	50	Free	6/15/2013 Piranhas Summer Kick-Off Meet
2:07.62	L	F	100	Free	7/19/2013 2013 Adirondack Long Course District Champion
28.70	Y	F	25	Back	1/12/2013 Chris Goody Mini-Meet
32.63	S	F	25	Back	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:02.11	L	F	50	Back	7/19/2013 2013 Adirondack Long Course District Champion
1:02.13	S	F	50	Back	6/15/2013 Piranhas Summer Kick-Off Meet
1:40.03	L	F	50	Breast	7/12/2013 Hawks Summer Invitational 2013
34.59	Y	F	25	Fly	12/2/2012 December Super Splash 2012
38.68	S	F	25	Fly	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:21.21	S	F	50	Fly	6/15/2013 Piranhas Summer Kick-Off Meet
Willow Swan-Scott (12) W					
					GLFY-AD
32.92	Y	F	50	Free	2/22/2013 North Country League Meet
37.66	S	F	50	Free	6/2/2013 2013 Starfish Meter Madness - Pentathlon
38.38	L	P	50	Free	7/19/2013 2013 Adirondack Long Course District Champion
1:18.39	Y	F	100	Free	1/27/2013 Thoroughbred Splash 2013
1:21.69	L	P	100	Free	7/19/2013 2013 Adirondack Long Course District Champion
1:22.31	S	F	100	Free	6/15/2013 Piranhas Summer Kick-Off Meet
2:50.76	Y	F	200	Free	12/2/2012 December Super Splash 2012
3:01.40	L	F	200	Free	7/12/2013 Hawks Summer Invitational 2013
6:34.02	L	F	400	Free	7/12/2013 Hawks Summer Invitational 2013
37.97	Y	F	50	Back	3/3/2013 North Country League Meet
42.14	S	F	50	Back	6/2/2013 2013 Starfish Meter Madness - Pentathlon
44.79	L	P	50	Back	7/19/2013 2013 Adirondack Long Course District Champion
1:21.89	Y	F	100	Back	1/12/2013 Chris Goody IMX Challenge
1:33.36	L	F	100	Back	7/12/2013 Hawks Summer Invitational 2013
3:14.91	L	F	200	Back	7/12/2013 Hawks Summer Invitational 2013
50.85	Y	F	50	Breast	11/4/2012 Hometown Splashdown
51.06	S	F	50	Breast	6/15/2013 Piranhas Summer Kick-Off Meet
1:45.22	Y	F	100	Breast	1/12/2013 Chris Goody IMX Challenge
46.53	Y	F	50	Fly	1/4/2013 2013 Starfish Trophy Invitational
48.45	S	F	50	Fly	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:49.34	Y	F	100	Fly	1/12/2013 Chris Goody IMX Challenge
1:33.73	S	F	100	IM	6/15/2013 Piranhas Summer Kick-Off Meet
1:34.48	Y	F	100	IM	11/4/2012 Hometown Splashdown
3:12.73	Y	F	200	IM	1/12/2013 Chris Goody IMX Challenge
3:32.08	L	F	200	IM	7/12/2013 Hawks Summer Invitational 2013
Matthew Swart (17) M					
					AMST-AD
25.30	Y	P	50	Free	3/10/2013 AD Gold Short Course Championships
54.92	Y	P	100	Free	3/10/2013 AD Gold Short Course Championships
2:03.47	Y	F	200	Free	3/1/2013 AD Silver Short Course Championships
5:49.02	Y	F	500	Free	3/1/2013 AD Silver Short Course Championships
1:12.98	Y	F	100	Back	11/17/2012 Harvest Invitational
2:40.16	Y	F	200	Back	12/15/2012 Central Valley Swim League Quad Meet
1:04.79	Y	F	100	Fly	2/9/2013 Central Valley Swim League Championships
2:44.35	Y	F	200	Fly	3/1/2013 AD Silver Short Course Championships
Kennedy Swedick (6) W					
					DELM-AD
45.42	Y	F	25	Free	12/15/2012 Sharks 12&Under Mini-Meet

Individual Top Times

Time	P/F/S	Event			
Kennedy Swedick (6) W					
38.91 Y	F	25 Back	10/20/2012	Ravena Autumn Breeze 2012	DELM-AD
Andrew Sweeney (16) M					
28.71 L	F	50 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	EELS-AD
1:04.83 L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:10.42 Y	F	200 Free	3/9/2013	Eastern States League Championships 2013	
2:21.68 L	P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
5:57.69 Y	F	500 Free	3/9/2013	Eastern States League Championships 2013	
1:11.52 Y	F	100 Back	3/1/2013	AD Silver Short Course Championships	
1:21.71 L	F	100 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
2:33.41 Y	F	200 Back	1/12/2013	Chris Goody IMX Challenge	
2:48.26 L	P	200 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:15.73 L	F	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
2:39.58 Y	F	200 Breast	1/12/2013	Chris Goody IMX Challenge	
2:52.41 L	P	200 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
1:08.83 L	P	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
2:29.54 Y	F	200 Fly	3/1/2013	AD Silver Short Course Championships	
2:48.14 L	P	200 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
2:41.91 L	P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
5:03.17 Y	F	400 IM	3/1/2013	AD Silver Short Course Championships	
Erin Sweeney (11) W					
34.90 Y	F	50 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	DELM-AD
1:18.64 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
1:28.53 S	F	100 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
43.94 Y	F	50 Back	2/3/2013	Delmar Dolphins February Freeze Invitational	
48.19 S	F	50 Back	6/15/2013	Piranhas Summer Kick-Off Meet	
51.36 Y	F	50 Breast	3/1/2013	AD Silver Short Course Championships	
57.16 S	F	50 Breast	6/15/2013	Piranhas Summer Kick-Off Meet	
47.64 Y	F	50 Fly	3/1/2013	AD Silver Short Course Championships	
1:35.18 Y	F	100 IM	2/23/2013	Cabin Fever Invitational	
1:46.06 S	F	100 IM	6/15/2013	Piranhas Summer Kick-Off Meet	
Joseph Sweeney (14) M					
26.52 Y	P	50 Free	3/10/2013	AD Gold Short Course Championships	EELS-AD
29.32 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:01.17 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
1:06.53 L	F	100 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
2:20.01 Y	F	200 Free	3/1/2013	AD Silver Short Course Championships	
2:29.46 L	F	200 Free	5/3/2013	2013 MR Condors May Meters Matter	
6:04.54 Y	F	500 Free	3/9/2013	Eastern States League Championships 2013	
1:11.18 Y	F	100 Back	3/9/2013	Eastern States League Championships 2013	
1:20.91 L	F	100 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
2:42.30 Y	F	200 Back	1/12/2013	Chris Goody IMX Challenge	
2:54.88 L	P	200 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:14.88 Y	P	100 Breast	3/10/2013	AD Gold Short Course Championships	
1:21.60 L	F	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
2:52.33 Y	F	200 Breast	1/12/2013	Chris Goody IMX Challenge	
3:08.28 L	F	200 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
1:13.13 Y	F	100 Fly	3/1/2013	AD Silver Short Course Championships	
1:21.69 L	P	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
2:56.94 Y	F	200 Fly	3/1/2013	AD Silver Short Course Championships	
3:07.62 L	F	200 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
2:35.46 Y	F	200 IM	3/1/2013	AD Silver Short Course Championships	
2:50.04 L	P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
5:45.30 Y	F	400 IM	1/12/2013	Chris Goody IMX Challenge	
Mary Sweeney (9) W					
20.84 Y	F	25 Free	1/12/2013	Chris Goody Mini-Meet	EELS-AD
42.70 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	
44.71 L	F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:35.23 Y	F	100 Free	2/23/2013	Cabin Fever Invitational	
1:39.26 L	F	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
3:25.30 Y	F	200 Free	3/1/2013	AD Silver Short Course Championships	

Individual Top Times

Time	P/F/S	Event			
Mary Sweeney (9) W			EELS-AD		
3:51.52 L	F	200 Free	5/3/2013	2013 MR Condors May Meters Matter	
26.52 Y	F	25 Back	1/12/2013	Chris Goody Mini-Meet	
53.04 Y	F	50 Back	3/1/2013	AD Silver Short Course Championships	
55.39 L	F	50 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:57.55 L	F	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:57.75 Y	F	100 Back	3/1/2013	AD Silver Short Course Championships	
25.84 Y	F	25 Breast	11/10/2012	Pilgrims Pride	
53.41 Y	F	50 Breast	3/9/2013	Eastern States League Championships 2013	
58.62 L	F	50 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
2:03.10 L	F	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
2:16.09 Y	F	100 Breast	10/27/2012	IM-Xtremely Spooked	
24.32 Y	F	25 Fly	1/12/2013	Chris Goody Mini-Meet	
48.02 Y	F	50 Fly	3/9/2013	Eastern States League Championships 2013	
55.52 L	F	50 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
2:05.75 L	F	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:47.39 Y	F	100 IM	3/9/2013	Eastern States League Championships 2013	
2:56.29 Y	F	200 IM	3/1/2013	AD Silver Short Course Championships	
4:04.90 L	F	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
Patrick Sweeney (11) M			UN-AD		
33.64 Y	F	50 Free	3/9/2013	Eastern States League Championships 2013	
38.90 L	F	50 Free	5/3/2013	2013 MR Condors May Meters Matter	
1:16.49 Y	F	100 Free	3/9/2013	Eastern States League Championships 2013	
1:26.47 L	F	100 Free	5/3/2013	2013 MR Condors May Meters Matter	
3:07.45 L	F	200 Free	5/3/2013	2013 MR Condors May Meters Matter	
44.30 Y	F	50 Back	2/23/2013	Cabin Fever Invitational	
52.72 L	F	50 Back	5/3/2013	2013 MR Condors May Meters Matter	
1:35.96 Y	F	100 Back	2/23/2013	Cabin Fever Invitational	
1:54.35 L	F	100 Back	5/3/2013	2013 MR Condors May Meters Matter	
47.14 Y	F	50 Breast	3/1/2013	AD Silver Short Course Championships	
51.05 L	F	50 Breast	5/3/2013	2013 MR Condors May Meters Matter	
1:43.59 Y	F	100 Breast	3/1/2013	AD Silver Short Course Championships	
1:54.09 L	F	100 Breast	5/3/2013	2013 MR Condors May Meters Matter	
42.52 Y	F	50 Fly	3/1/2013	AD Silver Short Course Championships	
44.48 L	F	50 Fly	5/3/2013	2013 MR Condors May Meters Matter	
1:34.85 Y	F	100 Fly	3/1/2013	AD Silver Short Course Championships	
1:42.62 L	F	100 Fly	5/3/2013	2013 MR Condors May Meters Matter	
1:31.85 Y	F	100 IM	3/1/2013	AD Silver Short Course Championships	
3:10.45 Y	F	200 IM	3/1/2013	AD Silver Short Course Championships	
3:31.80 L	F	200 IM	5/3/2013	2013 MR Condors May Meters Matter	
Richard Sweeney (14) M			DELM-AD		
24.90 Y L	F	50 Free	3/10/2013	AD Gold Short Course Championships	
27.56 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
54.08 Y	F	100 Free	3/10/2013	AD Gold Short Course Championships	
1:02.73 L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:02.53 Y	P	200 Free	3/10/2013	AD Gold Short Course Championships	
2:23.03 L	P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
5:59.14 Y	F	500 Free	12/9/2012	Piranhas December Distance Invite	
1:11.16 Y	F	100 Back	1/27/2013	Thoroughbred Splash 2013	
2:52.28 L	P	200 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:14.88 Y	P	100 Breast	3/10/2013	AD Gold Short Course Championships	
2:51.41 Y	F	200 Breast	1/4/2013	2013 Starfish Trophy Invitational	
3:21.20 L	F	200 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
Sean Sweeney (15) M			HAWK-AD		
24.97 Y	F	50 Free	11/18/2012	Hawk-NDAC-CSD	
2:00.39 Y	F	200 Free	1/25/2013	Hawks Trials And Finals 2013	
x1:08.69 Y	F	100 Back	11/18/2012	Hawk-NDAC-CSD	
1:16.04 Y	P	100 Breast	1/25/2013	Hawks Trials And Finals 2013	
Frank Sweet (12) M			GLOY-AD		
32.42 Y	F	50 Free	2/9/2013	North Country YMCA Swim League 2013 Champions	
1:11.47 Y	F	100 Free	12/15/2012	Sharks 12&Under Mini-Meet	

Individual Top Times

Time	P/F/S	Event			
Ethan Tabachneck (12) M					
BSPA-AD					
42.26	Y	F	50	Free	2/23/2013 Cabin Fever Invitational
55.52	Y	F	50	Back	2/3/2013 Delmar Dolphins February Freeze Invitational
1:08.92	Y	F	50	Breast	1/12/2013 Canajoharie Developmental Meet
Alex Taber (14) M					
DELM-AD					
24.49	Y	F	50	Free	3/10/2013 AD Gold Short Course Championships
29.02	L	F	50	Free	6/8/2013 Clinton Cudas Colgate Classic Invitational
53.25	Y	F	100	Free	3/10/2013 AD Gold Short Course Championships
59.74	L	F	100	Free	7/19/2013 2013 Adirondack Long Course District Champion
1:53.18	Y	F	200	Free	2/14/2013 Section II Championships Large
2:08.48	L	F	200	Free	7/19/2013 2013 Adirondack Long Course District Champion
4:32.97	L	F	400	Free	7/19/2013 2013 Adirondack Long Course District Champion
5:04.47	Y	F	500	Free	2/14/2013 Section II Championships Large
9:45.95	L	F	800	Free	6/22/2013 2013 NI - Niagara Super Circuit Ithaca
18:16.68	L	F	1500	Free	7/19/2013 2013 Adirondack Long Course District Champion
18:16.68	L	F	1500	Free	7/19/2013 2013 Adirondack Long Course District Champion
56.76	Y	F	100	Back	3/28/2013 2013 Eastern Zone SC Swimming Championships
1:05.09	L	F	100	Back	7/19/2013 2013 Adirondack Long Course District Champion
2:05.24	Y	P	200	Back	3/28/2013 2013 Eastern Zone SC Swimming Championships
2:22.29	L	F	200	Back	7/19/2013 2013 Adirondack Long Course District Champion
1:12.05	Y	F	100	Breast	3/10/2013 AD Gold Short Course Championships
1:10.89	L	F	100	Fly	7/19/2013 2013 Adirondack Long Course District Champion
2:12.22	Y	F	200	IM	3/10/2013 AD Gold Short Course Championships
2:27.79	L	F	200	IM	7/19/2013 2013 Adirondack Long Course District Champion
5:15.48	L	F	400	IM	7/19/2013 2013 Adirondack Long Course District Champion
Benjamin Tandlmayer (10) M					
CPP-AD					
32.93	Y	F	50	Free	3/10/2013 AD Gold Short Course Championships
34.77	L	F	50	Free	7/19/2013 2013 Adirondack Long Course District Champion
37.13	S	F	50	Free	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:16.69	Y	F	100	Free	3/10/2013 AD Gold Short Course Championships
1:25.47	L	F	100	Free	7/19/2013 2013 Adirondack Long Course District Champion
1:26.47	S	F	100	Free	6/15/2013 Piranhas Summer Kick-Off Meet
40.71	Y	F	50	Back	3/10/2013 AD Gold Short Course Championships
45.11	S	F	50	Back	6/15/2013 Piranhas Summer Kick-Off Meet
46.16	L	F	50	Back	7/19/2013 2013 Adirondack Long Course District Champion
1:30.99	Y	F	100	Back	2/3/2013 Delmar Dolphins February Freeze Invitational
1:38.25	L	F	100	Back	7/19/2013 2013 Adirondack Long Course District Champion
52.73	Y	F	50	Breast	3/1/2013 AD Silver Short Course Championships
55.31	S	F	50	Breast	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:56.58	L	F	100	Breast	7/19/2013 2013 Adirondack Long Course District Champion
45.36	Y	F	50	Fly	3/1/2013 AD Silver Short Course Championships
46.04	S	F	50	Fly	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:30.19	Y	F	100	IM	3/10/2013 AD Gold Short Course Championships
1:42.20	S	F	100	IM	6/2/2013 2013 Starfish Meter Madness - Pentathlon
Vaasu Taneja (17) M					
SCHE-AD					
29.43	L	P	50	Free	7/19/2013 2013 Adirondack Long Course District Champion
1:04.80	L	P	100	Free	7/19/2013 2013 Adirondack Long Course District Champion
2:22.59	L	P	200	Free	7/19/2013 2013 Adirondack Long Course District Champion
1:20.96	L	P	100	Back	7/19/2013 2013 Adirondack Long Course District Champion
2:57.29	L	P	200	Back	7/19/2013 2013 Adirondack Long Course District Champion
1:15.10	L	P	100	Fly	7/19/2013 2013 Adirondack Long Course District Champion
2:49.56	L	P	200	IM	7/19/2013 2013 Adirondack Long Course District Champion
Sophia Tannatta (14) W					
UN-AD					
31.38	S	F	50	Free	6/15/2013 Piranhas Summer Kick-Off Meet
1:02.51	Y	F	100	Free	1/4/2013 2013 Starfish Trophy Invitational
1:08.16	L	F	100	Free	7/19/2013 2013 Adirondack Long Course District Champion
5:46.96	Y	F	500	Free	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
20:24.51	Y	F	1650	Free	12/9/2012 Piranhas December Distance Invite
1:21.50	L	P	100	Back	7/19/2013 2013 Adirondack Long Course District Champion
2:53.31	L	P	200	Back	7/19/2013 2013 Adirondack Long Course District Champion
1:23.92	Y	F	100	Breast	2/9/2013 North Country YMCA Swim League 2013 Champions

Individual Top Times

Time	P/F/S	Event			
Sophia Tannatta (14) W UN-AD					
1:29.65	S F	100 Breast	6/15/2013	Piranhas Summer Kick-Off Meet	
1:35.07	L P	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
3:23.57	L P	200 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
1:06.09	Y F	100 Fly	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
1:16.01	S F	100 Fly	6/15/2013	Piranhas Summer Kick-Off Meet	
1:17.92	L P	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
3:04.47	L F	200 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
2:24.32	Y P	200 IM	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
2:40.49	S F	200 IM	6/15/2013	Piranhas Summer Kick-Off Meet	
2:48.96	L P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
5:12.12	Y F	400 IM	2/9/2013	North Country YMCA Swim League 2013 Champions	
6:02.92	L F	400 IM	7/19/2013	2013 Adirondack Long Course District Champion	
Luke Tanner (13) M GUY-AD					
28.93	Y L F	50 Free	2/9/2013	North Country YMCA Swim League 2013 Champions	
1:03.17	Y F	100 Free	2/9/2013	North Country YMCA Swim League 2013 Champions	
2:18.06	Y P	200 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
37.76	Y F	50 Back	1/4/2013	2013 Starfish Trophy Invitational	
41.18	Y F	50 Breast	1/4/2013	2013 Starfish Trophy Invitational	
1:28.46	Y F	100 Breast	1/4/2013	2013 Starfish Trophy Invitational	
33.13	Y P	50 Fly	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
1:15.37	Y F	100 Fly	1/4/2013	2013 Starfish Trophy Invitational	
1:13.60	Y F	100 IM	1/4/2013	2013 Starfish Trophy Invitational	
2:32.42	Y F	200 IM	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
Andrew Tao (9) M ALBS-AD					
52.76	S F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
57.76	S F	50 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:02.97	S F	50 Breast	6/15/2013	Piranhas Summer Kick-Off Meet	
2:12.63	S F	100 IM	6/15/2013	Piranhas Summer Kick-Off Meet	
Elisabeth Tarazi (12) W BENN-AD					
39.16	Y F	50 Free	11/17/2012	Harvest Invitational	
1:22.79	Y F	100 Free	12/15/2012	Sharks 12&Under Mini-Meet	
48.88	Y F	50 Back	12/15/2012	Sharks 12&Under Mini-Meet	
49.38	Y F	50 Breast	11/17/2012	Harvest Invitational	
1:39.35	Y F	100 IM	11/17/2012	Harvest Invitational	
Olivia Tassone (10) W SCHE-AD					
36.65	Y F	50 Free	12/2/2012	December Super Splash 2012	
1:24.41	Y F	100 Free	12/15/2012	Sharks 12&Under Mini-Meet	
3:14.26	Y F	200 Free	12/2/2012	December Super Splash 2012	
43.24	Y F	50 Back	10/21/2012	2012 Trick or Treat Meet	
1:36.03	Y F	100 Back	11/10/2012	Pilgrims Pride	
44.88	Y F	50 Breast	12/2/2012	December Super Splash 2012	
1:42.60	Y F	100 Breast	11/10/2012	Pilgrims Pride	
48.64	Y F	50 Fly	12/15/2012	Sharks 12&Under Mini-Meet	
1:33.70	Y F	100 IM	11/17/2012	Harvest Invitational	
Daniel Taylor (13) M SSCY-AD					
29.66	Y F	50 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
1:05.02	Y F	100 Free	3/3/2013	North Country League Meet	
2:18.17	Y P	200 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
6:20.10	Y F	500 Free	12/9/2012	Piranhas December Distance Invite	
35.70	Y F	50 Back	2/9/2013	North Country YMCA Swim League 2013 Champions	
2:42.46	Y F	200 Back	12/9/2012	Piranhas December Distance Invite	
32.22	Y P	50 Fly	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
1:19.16	Y F	100 IM	12/2/2012	December Super Splash 2012	
2:34.80	Y F	200 IM	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
Michael Taylor (15) M SSCY-AD					
24.76	Y F	50 Free	12/2/2012	December Super Splash 2012	
1:58.97	Y F	200 Free	3/3/2013	North Country League Meet	
5:25.91	Y F	500 Free	12/9/2012	Piranhas December Distance Invite	
1:02.56	Y F	100 Back	2/9/2013	North Country YMCA Swim League 2013 Champions	

Individual Top Times

Time	P/F/S	Event			
Michael Taylor (15) M			SSCY-AD		
2:11.99 Y	F	200 Back	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
1:07.79 Y	F	100 Breast	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
58.78 Y	P	100 Fly	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
2:08.07 Y	F	200 IM	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
4:49.26 Y	F	400 IM	12/2/2012	December Super Splash 2012	
Ansley Teal (9) W			BFIN-AD		
17.89 Y	F	25 Free	3/1/2013	AD Silver Short Course Championships	
40.80 Y	F	50 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:32.48 Y	F	100 Free	3/10/2013	AD Gold Short Course Championships	
1:32.48 Y	F	100 Free	1/27/2013	Thoroughbred Splash 2013	
22.29 Y	F	25 Back	1/27/2013	Thoroughbred Splash 2013	
48.41 Y L	F	50 Back	3/10/2013	AD Gold Short Course Championships	
20.87 Y	F	25 Fly	3/1/2013	AD Silver Short Course Championships	
46.30 Y	F	50 Fly	3/10/2013	AD Gold Short Course Championships	
1:40.88 Y	F	100 IM	3/10/2013	AD Gold Short Course Championships	
Sedric Tello (14) M			DELM-AD		
28.74 Y	F	50 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
31.20 S	F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
31.69 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:02.86 Y	F	100 Free	2/10/2013	2013 Piranhas Pentathlon	
1:09.73 L	F	100 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
2:12.25 Y	F	200 Free	11/17/2012	Harvest Invitational	
2:25.57 S	F	200 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
2:28.23 L	F	200 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
5:54.70 Y	F	500 Free	1/12/2013	Chris Goody IMX Challenge	
1:11.65 Y	F	100 Back	1/4/2013	2013 Starfish Trophy Invitational	
1:19.64 S	F	100 Back	6/15/2013	Piranhas Summer Kick-Off Meet	
1:22.30 L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
2:32.67 Y	F	200 Back	12/9/2012	Piranhas December Distance Invite	
1:20.86 Y	F	100 Breast	11/10/2012	Pilgrims Pride	
1:28.02 S	F	100 Breast	6/15/2013	Piranhas Summer Kick-Off Meet	
1:32.29 L	F	100 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational	
2:58.07 Y	F	200 Breast	12/9/2012	Piranhas December Distance Invite	
1:19.42 Y	F	100 Fly	3/1/2013	AD Silver Short Course Championships	
2:37.46 Y	F	200 IM	2/10/2013	2013 Piranhas Pentathlon	
Emma Terwilliger (18) W			ALBS-AD		
28.39 L	F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
59.68 L	F	100 Free	7/12/2013	2013 NI - Niagara Long Course Classic	
2:09.63 L	F	200 Free	7/12/2013	2013 NI - Niagara Long Course Classic	
4:32.09 L	F	400 Free	7/12/2013	2013 NI - Niagara Long Course Classic	
9:18.46 L	F	800 Free	7/12/2013	2013 NI - Niagara Long Course Classic	
17:53.54 L	F	1500 Free	7/12/2013	2013 NI - Niagara Long Course Classic	
3:00.72 L	P	200 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
Andy Thatcher (9) M			GRGF-AD		
25.30 Y	F	25 Free	11/4/2012	Hometown Splashdown	
25.89 Y	F	25 Back	11/4/2012	Hometown Splashdown	
Lindsay Thomas (7) W			CLRK-AD		
33.28 Y	F	25 Free	3/1/2013	AD Silver Short Course Championships	
1:12.79 Y	F	50 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
33.94 Y	F	25 Back	1/12/2013	Canajoharie Developmental Meet	
1:15.01 Y	F	50 Back	2/3/2013	Delmar Dolphins February Freeze Invitational	
Cora Thompson (7) W			DELM-AD		
30.86 Y	F	25 Free	1/12/2013	Chris Goody Mini-Meet	
1:10.82 Y	F	50 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
46.94 Y	F	25 Back	11/10/2012	Pilgrims Pride	
Dylan Thompson (12) M			SVP-AD		
37.49 Y	F	50 Free	2/23/2013	Cabin Fever Invitational	
1:25.78 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
3:24.44 Y	F	200 Free	1/12/2013	Canajoharie Developmental Meet	

Individual Top Times

Time	P/F/S	Event				
Dylan Thompson (12) M						
49.08 Y	F	50 Back	1/12/2013	Canajoharie Developmental Meet		SVP-AD
1:46.45 Y	F	100 Back	3/1/2013	AD Silver Short Course Championships		
4:08.84 Y	F	200 Back	12/15/2012	Central Valley Swim League Quad Meet		
54.75 Y	F	50 Fly	3/1/2013	AD Silver Short Course Championships		
Emily Thompson (9) W						
20.46 Y	F	25 Free	3/1/2013	AD Silver Short Course Championships		SVP-AD
47.66 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships		
1:49.49 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships		
22.35 Y	F	25 Back	1/20/2013	Foothills Inv		
48.21 Y	F	50 Back	3/10/2013	AD Gold Short Course Championships		
35.23 Y	F	25 Breast	3/1/2013	AD Silver Short Course Championships		
22.70 Y	F	25 Fly	1/20/2013	Foothills Inv		
58.53 Y	F	50 Fly	1/26/2013	Central Valley Swim Meet Quad Meet		
2:28.25 Y	F	100 Fly	11/17/2012	Harvest Invitational		
2:20.89 Y	F	100 IM	11/10/2012	CVSL First Splash		
Lauren Thompson (11) W						
33.62 Y	F	50 Free	11/18/2012	Hawk-NDAC-CSD		HAWK-AD
x1:15.18 Y	F	100 Free	11/18/2012	Hawk-NDAC-CSD		
40.35 Y L	F	50 Back	3/10/2013	AD Gold Short Course Championships		
1:26.94 Y	F	100 Back	11/10/2012	Pilgrims Pride		
1:46.30 Y	F	100 Breast	1/25/2013	Hawks Trials And Finals 2013		
39.98 Y	F	50 Fly	3/10/2013	AD Gold Short Course Championships		
1:29.03 Y	F	100 IM	3/10/2013	AD Gold Short Course Championships		
Mia Thompson (10) W						
50.50 Y	F	50 Free	12/15/2012	Sharks 12&Under Mini-Meet		USAM-AD
1:52.76 Y	F	100 Free	12/15/2012	Sharks 12&Under Mini-Meet		
53.99 Y	F	50 Back	12/15/2012	Sharks 12&Under Mini-Meet		
Nicholas Thompson (14) M						
31.02 Y	P	50 Free	1/25/2013	Hawks Trials And Finals 2013		HAWK-AD
1:12.36 Y	F	100 Free	11/18/2012	Hawk-NDAC-CSD		
1:24.12 Y	F	100 Back	11/18/2012	Hawk-NDAC-CSD		
x37.14 Y	F	50 Fly	11/18/2012	Hawk-NDAC-CSD		
1:26.61 Y	P	100 Fly	1/25/2013	Hawks Trials And Finals 2013		
3:13.41 Y	P	200 IM	1/25/2013	Hawks Trials And Finals 2013		
Emily Tibbetts (5) W						
35.37 Y	F	25 Free	12/15/2012	Sharks 12&Under Mini-Meet		BENN-AD
35.98 Y	F	25 Back	12/15/2012	Sharks 12&Under Mini-Meet		
Jacob Tibbetts (9) M						
30.54 Y	F	25 Free	12/15/2012	Sharks 12&Under Mini-Meet		BENN-AD
1:03.14 Y	F	50 Free	12/15/2012	Sharks 12&Under Mini-Meet		
31.12 Y	F	25 Back	11/17/2012	Harvest Invitational		
Tate Tiller (15) M						
26.61 Y	P	50 Free	3/10/2013	AD Gold Short Course Championships		CLIN-AD
29.78 L	F	50 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational		
57.79 Y	F	100 Free	1/4/2013	2013 Starfish Trophy Invitational		
1:05.23 L	F	100 Free	7/6/2013	Sharks Summer Invite		
2:05.86 Y	P	200 Free	3/10/2013	AD Gold Short Course Championships		
2:29.37 L	F	200 Free	7/6/2013	Sharks Summer Invite		
5:18.25 L	F	400 Free	7/6/2013	Sharks Summer Invite		
5:46.36 Y	F	500 Free	1/4/2013	2013 Starfish Trophy Invitational		
1:09.66 Y	F	100 Back	1/4/2013	2013 Starfish Trophy Invitational		
1:20.72 L	F	100 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational		
2:27.24 Y	F	200 Back	1/4/2013	2013 Starfish Trophy Invitational		
2:54.02 L	F	200 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational		
1:20.78 Y	F	100 Breast	1/4/2013	2013 Starfish Trophy Invitational		
1:37.17 L	F	100 Breast	7/6/2013	Sharks Summer Invite		
2:58.30 Y	F	200 Breast	3/1/2013	AD Silver Short Course Championships		
3:32.68 L	F	200 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational		
1:11.49 Y	F	100 Fly	3/1/2013	AD Silver Short Course Championships		

Individual Top Times

Time	P/F/S	Event			
Tate Tiller (15) M					
1:24.38 L	P	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	CLIN-AD
3:09.48 L	F	200 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
2:28.90 Y	F	200 IM	3/1/2013	AD Silver Short Course Championships	
2:49.68 L	F	200 IM	7/6/2013	Sharks Summer Invite	
Joseph Tingley (17) M					
25.98 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	GRGF-AD
31.03 L	F	50 Free	7/12/2013	Hawks Summer Invitational 2013	
58.20 Y	F	100 Free	11/4/2012	Hometown Splashdown	
1:07.43 L	F	100 Free	7/12/2013	Hawks Summer Invitational 2013	
2:04.17 Y	F	200 Free	3/1/2013	AD Silver Short Course Championships	
5:33.79 Y	F	500 Free	2/14/2013	Section II Championships Small	
1:05.62 Y	F	100 Back	11/4/2012	Hometown Splashdown	
3:04.58 L	F	200 Back	7/12/2013	Hawks Summer Invitational 2013	
1:13.94 Y	F	100 Breast	1/27/2013	Thoroughbred Splash 2013	
1:28.75 L	F	100 Breast	7/12/2013	Hawks Summer Invitational 2013	
1:05.64 Y	F	100 Fly	1/27/2013	Thoroughbred Splash 2013	
2:17.79 Y	F	200 IM	2/14/2013	Section II Championships Small	
2:49.03 L	F	200 IM	7/12/2013	Hawks Summer Invitational 2013	
Alec Tocco (16) M					
23.40 Y	F	50 Free	12/7/2012	2012 NE CRIM December T/F Meet	KING-AD
4:52.81 Y	P	500 Free	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS	
10:02.03 Y	F	1000 Free	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS	
25.73 Y	F	50 Back	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
1:04.51 Y	F	100 Breast	12/7/2012	2012 NE CRIM December T/F Meet	
2:02.95 Y	F	200 Fly	2/9/2013	North Country YMCA Swim League 2013 Champions	
4:19.18 Y	F	400 IM	1/4/2013	2013 Starfish Trophy Invitational	
Gregory Todd (17) M					
28.85 L	F	50 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	GCAT-AD
29.35 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:04.56 L L	F	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:24.35 L	P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:15.69 S	F	100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:23.37 L	P	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
1:23.45 S	F	100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
3:06.66 L	P	200 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
1:10.01 L	P	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:11.46 S	F	100 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:13.15 S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:33.96 L	F	200 IM	6/8/2013	Clinton Cudas Colgate Classic Invitational	
Emilia Todorovic (8) W					
34.03 S	F	25 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	ALBS-AD
36.65 Y	F	25 Free	10/20/2012	Ravena Autumn Breeze 2012	
1:12.81 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
32.27 S	F	25 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
33.07 Y	F	25 Back	3/1/2013	AD Silver Short Course Championships	
Stephen Tomasulo (8) M					
51.47 Y	F	50 Breast	11/10/2012	Pilgrims Pride	DELM-AD
Anthony Torres (14) M					
40.11 Y	F	50 Free	11/10/2012	Pilgrims Pride	USAM-AD
1:31.39 Y	F	100 Free	1/4/2013	2013 Starfish Trophy Invitational	
Chris Town (16) M					
1:09.62 Y	F	100 Free	1/20/2013	Foothills Inv	GLOY-AD
6:38.14 Y	F	500 Free	1/20/2013	Foothills Inv	
1:25.58 Y	F	100 Breast	1/20/2013	Foothills Inv	
Katherine Towse (15) W					
29.98 Y	F	50 Free	1/20/2013	Foothills Inv	CANA-AD
1:07.64 Y	F	100 Free	1/12/2013	Canajoharie Developmental Meet	
2:36.28 Y	F	200 Free	1/12/2013	Canajoharie Developmental Meet	
1:20.52 Y	F	100 Back	1/12/2013	Canajoharie Developmental Meet	

Individual Top Times

Time	P/F/S	Event				
Katherine Towse (15) W						
2:56.06	Y	F	200	Back	1/26/2013	Central Valley Swim Meet Quad Meet
1:29.85	Y	F	100	Breast	2/9/2013	Central Valley Swim League Championships
3:12.53	Y	F	200	Breast	1/26/2013	Central Valley Swim Meet Quad Meet
1:20.68	Y	F	100	Fly	2/9/2013	Central Valley Swim League Championships
Ian Tozier (14) M						
25.84	Y	P	50	Free	3/10/2013	AD Gold Short Course Championships
56.94	Y	P	100	Free	3/10/2013	AD Gold Short Course Championships
2:07.07	Y	P	200	Free	3/10/2013	AD Gold Short Course Championships
2:33.91	L	F	200	Free	7/12/2013	Hawks Summer Invitational 2013
5:33.99	L	F	400	Free	7/12/2013	Hawks Summer Invitational 2013
5:51.33	Y	F	500	Free	12/9/2012	Piranhas December Distance Invite
1:06.26	Y	P	100	Back	3/10/2013	AD Gold Short Course Championships
1:19.91	L	F	100	Back	7/12/2013	Hawks Summer Invitational 2013
2:21.99	Y	P	200	Back	3/10/2013	AD Gold Short Course Championships
1:20.55	Y	F	100	Breast	2/10/2013	2013 Piranhas Pentathlon
3:02.44	Y	F	200	Breast	3/1/2013	AD Silver Short Course Championships
1:12.12	Y	F	100	Fly	2/10/2013	2013 Piranhas Pentathlon
1:30.11	L	F	100	Fly	7/12/2013	Hawks Summer Invitational 2013
2:48.66	Y	F	200	Fly	12/9/2012	Piranhas December Distance Invite
2:27.97	Y	F	200	IM	3/1/2013	AD Silver Short Course Championships
Kenneth Travis (14) M						
1:21.36	Y	F	100	Free	11/10/2012	CVSL First Splash
1:29.36	Y	F	100	Back	11/10/2012	CVSL First Splash
Matthew Travis (10) M						
35.07	Y	F	50	Free	2/23/2013	Cabin Fever Invitational
1:17.29	Y	F	100	Free	3/10/2013	AD Gold Short Course Championships
3:00.21	Y	F	200	Free	1/12/2013	Canajoharie Developmental Meet
41.52	Y	F	50	Back	3/10/2013	AD Gold Short Course Championships
1:30.41	Y	F	100	Back	3/10/2013	AD Gold Short Course Championships
50.20	Y	F	50	Breast	3/1/2013	AD Silver Short Course Championships
1:49.67	Y	F	100	Breast	3/1/2013	AD Silver Short Course Championships
40.52	Y	F	50	Fly	2/9/2013	Central Valley Swim League Championships
1:33.82	Y	F	100	Fly	3/10/2013	AD Gold Short Course Championships
1:29.72	Y	F	100	IM	3/10/2013	AD Gold Short Course Championships
3:19.09	Y	F	200	IM	1/26/2013	Central Valley Swim Meet Quad Meet
Amelia Treat (10) W						
39.94	Y	F	50	Free	3/1/2013	AD Silver Short Course Championships
1:28.83	Y	F	100	Free	3/1/2013	AD Silver Short Course Championships
42.32	Y L	F	25	Back	1/4/2013	2013 Starfish Trophy Invitational
45.80	Y	F	50	Back	3/1/2013	AD Silver Short Course Championships
1:37.04	Y	F	100	Back	3/1/2013	AD Silver Short Course Championships
53.36	Y	F	50	Breast	1/4/2013	2013 Starfish Trophy Invitational
49.73	Y	F	50	Fly	3/1/2013	AD Silver Short Course Championships
1:43.28	Y	F	100	IM	2/3/2013	Delmar Dolphins February Freeze Invitational
Noah Treat (15) M						
28.95	Y	F	50	Free	3/1/2013	AD Silver Short Course Championships
1:06.13	Y	F	100	Free	3/1/2013	AD Silver Short Course Championships
2:28.86	Y	F	200	Free	2/3/2013	Delmar Dolphins February Freeze Invitational
1:23.07	Y	F	100	Back	1/4/2013	2013 Starfish Trophy Invitational
2:57.38	Y	F	200	Back	1/4/2013	2013 Starfish Trophy Invitational
1:24.55	Y	F	100	Breast	3/1/2013	AD Silver Short Course Championships
3:03.04	Y	F	200	Breast	3/1/2013	AD Silver Short Course Championships
2:48.35	Y	F	200	IM	3/1/2013	AD Silver Short Course Championships
Jenna Trembley (10) W						
35.19	Y	F	50	Free	3/10/2013	AD Gold Short Course Championships
1:27.45	Y	F	100	Free	1/12/2013	Canajoharie Developmental Meet
3:12.96	Y	F	200	Free	3/1/2013	AD Silver Short Course Championships
8:43.71	Y	F	500	Free	1/26/2013	Central Valley Swim Meet Quad Meet
44.72	Y	F	50	Back	2/9/2013	Central Valley Swim League Championships

Individual Top Times

Time	P/F/S	Event			
Jenna Trembley (10) W					
CANA-AD					
1:43.97	Y	F	100	Back	2/23/2013 Cabin Fever Invitational
51.71	Y	F	50	Breast	2/23/2013 Cabin Fever Invitational
1:52.47	Y	F	100	Breast	3/1/2013 AD Silver Short Course Championships
47.43	Y	F	50	Fly	3/1/2013 AD Silver Short Course Championships
1:32.04	Y	F	100	IM	2/23/2013 Cabin Fever Invitational
3:36.30	Y	F	200	IM	3/1/2013 AD Silver Short Course Championships
Joseph Trembley (13) M					
CANA-AD					
26.86	Y	F	50	Free	3/10/2013 AD Gold Short Course Championships
1:01.50	Y	P	100	Free	3/10/2013 AD Gold Short Course Championships
2:21.33	Y	F	200	Free	3/10/2013 AD Gold Short Course Championships
6:30.49	Y	F	500	Free	3/10/2013 AD Gold Short Course Championships
33.84	Y	F	50	Back	2/3/2013 Delmar Dolphins February Freeze Invitational
1:14.40	Y	F	100	Back	2/3/2013 Delmar Dolphins February Freeze Invitational
2:38.35	Y	F	200	Back	3/1/2013 AD Silver Short Course Championships
37.62	Y	F	50	Breast	1/20/2013 Foothills Inv
1:19.89	Y	P	100	Breast	3/10/2013 AD Gold Short Course Championships
2:57.38	Y	F	200	Breast	3/10/2013 AD Gold Short Course Championships
33.03	Y	F	50	Fly	2/3/2013 Delmar Dolphins February Freeze Invitational
1:15.55	Y	F	100	Fly	3/10/2013 AD Gold Short Course Championships
2:52.53	Y	F	200	Fly	3/1/2013 AD Silver Short Course Championships
1:16.02	Y	F	100	IM	2/23/2013 Cabin Fever Invitational
2:39.21	Y	F	200	IM	3/10/2013 AD Gold Short Course Championships
Stella Trickett (10) W					
DELM-AD					
39.25	L	F	50	Free	7/12/2013 Hawks Summer Invitational 2013
39.44	S	F	50	Free	6/15/2013 Piranhas Summer Kick-Off Meet
1:27.59	L	F	100	Free	7/19/2013 2013 Adirondack Long Course District Champion
1:32.00	S	F	100	Free	6/15/2013 Piranhas Summer Kick-Off Meet
3:14.75	L	F	200	Free	7/19/2013 2013 Adirondack Long Course District Champion
46.44	S	F	50	Back	6/2/2013 2013 Starfish Meter Madness - Pentathlon
47.12	L	F	50	Back	7/19/2013 2013 Adirondack Long Course District Champion
1:38.51	L	F	100	Back	7/19/2013 2013 Adirondack Long Course District Champion
3:34.50	L	F	200	Back	7/12/2013 Hawks Summer Invitational 2013
51.68	L	F	50	Breast	7/19/2013 2013 Adirondack Long Course District Champion
54.31	S	F	50	Breast	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:54.55	L	F	100	Breast	7/12/2013 Hawks Summer Invitational 2013
44.72	L	F	50	Fly	7/12/2013 Hawks Summer Invitational 2013
46.08	S	F	50	Fly	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:46.46	L	F	100	Fly	7/12/2013 Hawks Summer Invitational 2013
1:42.53	S	F	100	IM	6/2/2013 2013 Starfish Meter Madness - Pentathlon
3:32.75	L	F	200	IM	7/19/2013 2013 Adirondack Long Course District Champion
Jessie Triller (13) W					
RAVE-AD					
31.19	Y	F	50	Free	2/3/2013 Delmar Dolphins February Freeze Invitational
35.80	L	F	50	Free	6/8/2013 Clinton Cudas Colgate Classic Invitational
1:07.97	Y	F	100	Free	2/3/2013 Delmar Dolphins February Freeze Invitational
1:21.89	L	F	100	Free	6/8/2013 Clinton Cudas Colgate Classic Invitational
3:01.18	L	F	200	Free	6/8/2013 Clinton Cudas Colgate Classic Invitational
6:53.40	Y	F	500	Free	1/12/2013 Chris Goody IMX Challenge
35.23	Y L	F	50	Back	3/1/2013 AD Silver Short Course Championships
1:17.19	Y	F	100	Back	3/1/2013 AD Silver Short Course Championships
1:27.79	L	F	100	Back	6/8/2013 Clinton Cudas Colgate Classic Invitational
45.07	Y	F	50	Breast	1/4/2013 2013 Starfish Trophy Invitational
1:33.69	Y	F	100	Breast	3/1/2013 AD Silver Short Course Championships
1:50.08	L	F	100	Breast	6/8/2013 Clinton Cudas Colgate Classic Invitational
36.94	Y	F	50	Fly	1/4/2013 2013 Starfish Trophy Invitational
1:24.53	Y	F	100	Fly	3/1/2013 AD Silver Short Course Championships
1:45.02	L	F	100	Fly	6/8/2013 Clinton Cudas Colgate Classic Invitational
1:19.81	Y	F	100	IM	1/4/2013 2013 Starfish Trophy Invitational
2:49.43	Y	F	200	IM	3/1/2013 AD Silver Short Course Championships
3:14.54	L	F	200	IM	6/8/2013 Clinton Cudas Colgate Classic Invitational
Margaret Triller (15) W					
RAVE-AD					

Individual Top Times

Time	P/F/S	Event			
Margaret Triller (15) W					
					RAVE-AD
28.55 Y	F	50 Free	2/23/2013	Cabin Fever Invitational	
31.85 L	F	50 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
59.87 Y	P	100 Free	3/10/2013	AD Gold Short Course Championships	
1:09.29 L	F	100 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
2:06.36 Y	P	200 Free	3/10/2013	AD Gold Short Course Championships	
2:32.15 L	F	200 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
6:05.53 Y	F	500 Free	1/12/2013	Chris Goody IMX Challenge	
1:06.37 Y	F	100 Back	3/10/2013	AD Gold Short Course Championships	
1:21.96 L	F	100 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
2:22.55 Y	P	200 Back	3/10/2013	AD Gold Short Course Championships	
2:53.29 L	F	200 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:26.14 Y	F	100 Breast	3/1/2013	AD Silver Short Course Championships	
3:00.74 Y	F	200 Breast	1/12/2013	Chris Goody IMX Challenge	
1:04.55 Y	P	100 Fly	3/10/2013	AD Gold Short Course Championships	
1:18.24 L	F	100 Fly	6/8/2013	Clinton Cudas Colgate Classic Invitational	
2:29.51 Y	F	200 Fly	1/12/2013	Chris Goody IMX Challenge	
2:52.51 L	F	200 Fly	6/8/2013	Clinton Cudas Colgate Classic Invitational	
2:27.50 Y	P	200 IM	3/10/2013	AD Gold Short Course Championships	
2:52.76 L	F	200 IM	6/8/2013	Clinton Cudas Colgate Classic Invitational	
5:21.03 Y	F	400 IM	3/1/2013	AD Silver Short Course Championships	
Mathilda Tristan (11) W					
					SSCY-AD
32.53 Y	F	50 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
1:13.33 Y	F	100 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
2:51.39 Y	F	200 Free	2/9/2013	North Country YMCA Swim League 2013 Champions	
7:35.32 Y	F	500 Free	12/9/2012	Piranhas December Distance Invite	
40.70 Y	F	50 Back	1/12/2013	Chris Goody Mini-Meet	
1:33.48 Y	F	100 Back	11/10/2012	Pilgrims Pride	
3:13.06 Y	F	200 Back	11/10/2012	Pilgrims Pride	
49.79 Y	F	50 Breast	3/3/2013	North Country League Meet	
44.00 Y	F	50 Fly	12/2/2012	December Super Splash 2012	
1:31.90 Y	F	100 IM	1/12/2013	Chris Goody Mini-Meet	
Karen Troche Esteva (10) W					
					AMST-AD
47.51 Y	F	50 Free	2/23/2013	Cabin Fever Invitational	
1:46.87 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
4:36.36 Y	F	200 Free	1/26/2013	Central Valley Swim Meet Quad Meet	
50.66 Y L	F	50 Back	2/9/2013	Central Valley Swim League Championships	
1:56.10 Y	F	100 Back	1/26/2013	Central Valley Swim Meet Quad Meet	
Annabelle Trowbridge (9) W					
					GGRF-AD
44.22 Y	F	50 Free	11/4/2012	Hometown Splashdown	
50.35 Y	F	50 Back	11/4/2012	Hometown Splashdown	
54.19 Y	F	50 Breast	11/4/2012	Hometown Splashdown	
Seamus Trzewik-Quinn (14) M					
					HAWK-AD
25.48 Y L	F	50 Free	3/10/2013	AD Gold Short Course Championships	
53.80 Y	F	100 Free	3/10/2013	AD Gold Short Course Championships	
1:54.87 Y	F	200 Free	3/10/2013	AD Gold Short Course Championships	
2:09.13 L	F	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
4:33.31 L	F	400 Free	7/19/2013	2013 Adirondack Long Course District Champion	
5:09.77 Y	F	500 Free	3/10/2013	AD Gold Short Course Championships	
10:50.91 Y	F	1000 Free	12/6/2012	2012 NE NSSC MIT Invite	
18:25.18 L	F	1500 Free	7/12/2013	Hawks Summer Invitational 2013	
28.89 Y L	F	50 Back	1/4/2013	2013 Starfish Trophy Invitational	
56.65 Y	F	100 Back	3/10/2013	AD Gold Short Course Championships	
1:05.08 L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
2:01.00 Y	F	200 Back	3/10/2013	AD Gold Short Course Championships	
2:17.90 L	F	200 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:10.31 Y	F	100 Breast	1/25/2013	Hawks Trials And Finals 2013	
1:17.25 L	F	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
2:33.31 Y	F	200 Breast	1/4/2013	2013 Starfish Trophy Invitational	
2:54.34 L	F	200 Breast	7/12/2013	Hawks Summer Invitational 2013	
1:02.48 Y	F	100 Fly	1/25/2013	Hawks Trials And Finals 2013	

Individual Top Times

Time	P/F/S	Event			
Seamus Trzewik-Quinn (14) M					
HAWK-AD					
2:34.07	L	F	200	Fly	7/19/2013 2013 Adirondack Long Course District Champion
2:08.29	Y	F	200	IM	3/10/2013 AD Gold Short Course Championships
2:25.31	L	F	200	IM	7/19/2013 2013 Adirondack Long Course District Champion
4:32.79	Y	F	400	IM	3/10/2013 AD Gold Short Course Championships
5:20.98	L	F	400	IM	7/12/2013 Hawks Summer Invitational 2013
Tadeusz Trzewik-Quinn (12) M					
HAWK-AD					
29.41	Y	F	50	Free	3/10/2013 AD Gold Short Course Championships
32.70	L	F	50	Free	7/12/2013 Hawks Summer Invitational 2013
1:03.55	Y	F	100	Free	3/10/2013 AD Gold Short Course Championships
1:12.10	L	F	100	Free	7/19/2013 2013 Adirondack Long Course District Champion
2:17.21	Y	F	200	Free	3/10/2013 AD Gold Short Course Championships
2:34.67	L	P	200	Free	7/19/2013 2013 Adirondack Long Course District Champion
6:01.01	Y	F	500	Free	3/10/2013 AD Gold Short Course Championships
34.33	Y	F	50	Back	1/4/2013 2013 Starfish Trophy Invitational
38.01	L	F	50	Back	7/19/2013 2013 Adirondack Long Course District Champion
1:12.12	Y	F	100	Back	3/10/2013 AD Gold Short Course Championships
1:20.15	L	F	100	Back	7/19/2013 2013 Adirondack Long Course District Champion
2:49.25	L	F	200	Back	7/19/2013 2013 Adirondack Long Course District Champion
41.81	Y	F	50	Breast	1/4/2013 2013 Starfish Trophy Invitational
31.18	Y	P	50	Fly	3/10/2013 AD Gold Short Course Championships
34.46	L	P	50	Fly	7/19/2013 2013 Adirondack Long Course District Champion
1:09.66	Y	F	100	Fly	12/6/2012 2012 NE NSSC MIT Invite
1:18.38	L	F	100	Fly	7/19/2013 2013 Adirondack Long Course District Champion
3:07.14	L	F	200	Fly	7/19/2013 2013 Adirondack Long Course District Champion
1:13.11	Y	P	100	IM	3/10/2013 AD Gold Short Course Championships
2:33.95	Y	F	200	IM	3/10/2013 AD Gold Short Course Championships
2:52.21	L	P	200	IM	7/19/2013 2013 Adirondack Long Course District Champion
Zofia Trzewik-Quinn (10) W					
HAWK-AD					
34.46	Y	P	50	Free	12/6/2012 2012 NE NSSC MIT Invite
38.51	L	F	50	Free	7/12/2013 Hawks Summer Invitational 2013
1:19.18	Y	F	100	Free	3/10/2013 AD Gold Short Course Championships
1:31.36	L	F	100	Free	7/12/2013 Hawks Summer Invitational 2013
2:53.76	Y	F	200	Free	1/4/2013 2013 Starfish Trophy Invitational
3:13.06	L	F	200	Free	7/12/2013 Hawks Summer Invitational 2013
6:51.16	L	F	400	Free	7/12/2013 Hawks Summer Invitational 2013
7:34.96	Y	F	500	Free	1/25/2013 Hawks Trials And Finals 2013
42.36	Y L	F	25	Back	1/4/2013 2013 Starfish Trophy Invitational
41.37	Y	F	50	Back	3/10/2013 AD Gold Short Course Championships
51.22	L	F	50	Back	7/12/2013 Hawks Summer Invitational 2013
1:32.92	Y	F	100	Back	11/10/2012 Pilgrims Pride
1:46.16	L	F	100	Back	7/12/2013 Hawks Summer Invitational 2013
45.16	Y	F	50	Breast	3/10/2013 AD Gold Short Course Championships
54.02	L	F	50	Breast	7/12/2013 Hawks Summer Invitational 2013
1:47.58	Y	F	100	Breast	1/25/2013 Hawks Trials And Finals 2013
38.36	Y	F	50	Fly	11/18/2012 Hawk-NDAC-CSD
46.53	L	F	50	Fly	7/12/2013 Hawks Summer Invitational 2013
1:33.06	Y	F	100	Fly	3/10/2013 AD Gold Short Course Championships
1:27.55	Y	P	100	IM	12/6/2012 2012 NE NSSC MIT Invite
3:12.16	Y	F	200	IM	1/4/2013 2013 Starfish Trophy Invitational
3:43.57	L	F	200	IM	7/12/2013 Hawks Summer Invitational 2013
Eric Tsui (18) M					
UN-AD					
22.21	Y	F	50	Free	2/14/2013 Section II Championships Large
50.76	Y	P	100	Free	2/15/2013 AD 2013 REGION 1 CHAMPIONSHIPS
26.21	Y	F	50	Back	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
55.86	Y	F	100	Back	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
2:08.75	Y	F	200	Back	1/12/2013 Chris Goody IMX Challenge
53.53	Y	F	100	Fly	2/14/2013 Section II Championships Large
2:08.18	Y	F	200	Fly	1/12/2013 Chris Goody IMX Challenge
2:06.41	Y	F	200	IM	12/9/2012 Piranhas December Distance Invite
Max Tsykun (11) M					
ALBS-AD					

Individual Top Times

Time	P/F/S	Event			
Max Tsykun (11) M			ALBS-AD		
38.25	Y F	50 Free	3/1/2013	AD Silver Short Course Championships	
45.71	S F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
1:29.41	Y F	100 Free	3/1/2013	AD Silver Short Course Championships	
48.30	Y F	50 Back	10/20/2012	Ravena Autumn Breeze 2012	
54.04	S F	50 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:45.73	Y F	100 Back	2/3/2013	Delmar Dolphins February Freeze Invitational	
49.86	Y F	50 Breast	3/1/2013	AD Silver Short Course Championships	
55.48	S F	50 Breast	6/15/2013	Piranhas Summer Kick-Off Meet	
58.18	S F	50 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:38.25	Y F	100 IM	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:55.58	S F	100 IM	6/15/2013	Piranhas Summer Kick-Off Meet	
Tatiana Tune (6) W			USAM-AD		
30.94	Y F	25 Free	3/9/2013	Eastern States League Championships 2013	
31.50	Y F	25 Back	3/9/2013	Eastern States League Championships 2013	
Nicholas Turck (18) M			UN-AD		
25.41	Y F	50 Free	2/13/2013	2013 Section III Boys Champion	
1:09.79	Y F	100 Fly	2/13/2013	2013 Section III Boys Champion	
Filip Turecky (14) M			RAVE-AD		
23.85	Y F	50 Free	3/10/2013	AD Gold Short Course Championships	
27.24	L F	50 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
52.11	Y F	100 Free	3/10/2013	AD Gold Short Course Championships	
59.65	L F	100 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:54.98	Y F	200 Free	3/10/2013	AD Gold Short Course Championships	
2:13.65	L F	200 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
5:17.10	Y F	500 Free	3/10/2013	AD Gold Short Course Championships	
59.84	Y F	100 Back	3/10/2013	AD Gold Short Course Championships	
1:09.29	L F	100 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
2:10.91	Y F	200 Back	3/10/2013	AD Gold Short Course Championships	
2:31.87	L F	200 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:14.31	Y P	100 Breast	3/10/2013	AD Gold Short Course Championships	
2:43.99	Y F	200 Breast	1/12/2013	Chris Goody IMX Challenge	
1:02.93	Y P	100 Fly	3/10/2013	AD Gold Short Course Championships	
1:15.00	L F	100 Fly	6/8/2013	Clinton Cudas Colgate Classic Invitational	
2:29.01	Y F	200 Fly	1/12/2013	Chris Goody IMX Challenge	
2:12.95	Y F	200 IM	3/10/2013	AD Gold Short Course Championships	
2:34.54	L F	200 IM	6/8/2013	Clinton Cudas Colgate Classic Invitational	
4:58.37	Y F	400 IM	1/4/2013	2013 Starfish Trophy Invitational	
Leah Tyler (13) W			SCHE-AD		
29.58	Y F	50 Free	12/15/2012	Sharks 12&Under Mini-Meet	
1:06.60	Y F	100 Free	11/17/2012	Harvest Invitational	
2:26.81	Y F	200 Free	10/21/2012	2012 Trick or Treat Meet	
6:50.53	Y F	500 Free	10/27/2012	IM-Xtremely Spooked	
37.60	Y F	50 Back	12/15/2012	Sharks 12&Under Mini-Meet	
1:22.16	Y F	100 Back	10/27/2012	IM-Xtremely Spooked	
40.87	Y F	50 Breast	11/17/2012	Harvest Invitational	
1:34.82	Y F	100 Breast	10/27/2012	IM-Xtremely Spooked	
33.85	Y F	50 Fly	12/15/2012	Sharks 12&Under Mini-Meet	
1:22.97	Y F	100 Fly	10/27/2012	IM-Xtremely Spooked	
1:16.28	Y F	100 IM	11/17/2012	Harvest Invitational	
2:50.52	Y F	200 IM	10/27/2012	IM-Xtremely Spooked	
Garrett Ufnar (12) M			BENN-AD		
33.91	Y F	50 Free	3/1/2013	AD Silver Short Course Championships	
39.05	S F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:19.91	Y F	100 Free	3/1/2013	AD Silver Short Course Championships	
46.09	Y F	50 Back	11/17/2012	Harvest Invitational	
1:42.07	S F	100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:03.64	S F	100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
47.46	Y F	50 Fly	1/27/2013	Thoroughbred Splash 2013	
1:36.29	Y F	100 IM	2/23/2013	Cabin Fever Invitational	

Individual Top Times

Time	P/F/S	Event			
Garrett Ufnar (12) M					
1:43.98 S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	BENN-AD
Madison Uhlinger (10) W					
47.46 Y	F	50 Free	3/2/2013	2013 NI - METS - Meet the Flintstones	TBS-AD
55.23 L	F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:58.40 L	F	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
53.49 Y	F	50 Back	3/2/2013	2013 NI - METS - Meet the Flintstones	
58.97 L	F	50 Back	7/19/2013	2013 Adirondack Long Course District Champion	
2:06.94 L	F	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:11.81 Y	F	50 Fly	1/20/2013	Foothills Inv	
Tristen Upton (13) M					
1:32.09 Y	F	100 Free	2/23/2013	Cabin Fever Invitational	WAVE-AD
3:03.75 Y	F	200 Free	2/23/2013	Cabin Fever Invitational	
44.84 Y	F	50 Back	1/4/2013	2013 Starfish Trophy Invitational	
1:35.74 Y	F	100 Back	1/4/2013	2013 Starfish Trophy Invitational	
55.15 Y	F	50 Breast	1/4/2013	2013 Starfish Trophy Invitational	
48.07 Y	F	50 Fly	1/4/2013	2013 Starfish Trophy Invitational	
2:01.55 Y	F	100 Fly	2/23/2013	Cabin Fever Invitational	
1:36.62 Y	F	100 IM	1/4/2013	2013 Starfish Trophy Invitational	
Devon Urbano (16) M					
27.78 Y	F	50 Free	3/9/2013	Eastern States League Championships 2013	USAM-AD
1:03.14 Y	F	100 Free	3/9/2013	Eastern States League Championships 2013	
1:12.70 Y	F	100 Breast	3/1/2013	AD Silver Short Course Championships	
Emma Uvanni (14) W					
34.29 Y	F	50 Free	11/17/2012	Harvest Invitational	CLIN-AD
37.66 L	F	50 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:17.27 Y	F	100 Free	1/12/2013	Canajoharie Developmental Meet	
1:24.95 L	F	100 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
3:13.92 L	F	200 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:25.64 Y	F	100 Back	11/17/2012	Harvest Invitational	
1:40.72 L	F	100 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:35.77 Y	F	100 Breast	11/17/2012	Harvest Invitational	
1:43.56 L	F	100 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational	
3:34.19 L	F	200 IM	6/8/2013	Clinton Cudas Colgate Classic Invitational	
Kent Vaccaro (11) M					
46.72 Y	F	50 Free	1/27/2013	Thoroughbred Splash 2013	WAVE-AD
1:31.68 Y	F	100 Free	1/27/2013	Thoroughbred Splash 2013	
53.92 Y	F	50 Back	1/4/2013	2013 Starfish Trophy Invitational	
59.69 Y	F	50 Breast	1/4/2013	2013 Starfish Trophy Invitational	
1:59.08 Y	F	100 IM	1/4/2013	2013 Starfish Trophy Invitational	
Zoe Vadney (16) W					
28.12 Y	F	50 Free	1/4/2013	2013 Starfish Trophy Invitational	USAM-AD
1:00.75 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
2:16.85 Y	F	200 Free	1/4/2013	2013 Starfish Trophy Invitational	
6:06.17 Y	F	500 Free	12/9/2012	Piranhas December Distance Invite	
1:10.97 Y	F	100 Back	3/1/2013	AD Silver Short Course Championships	
1:20.31 Y	F	100 Breast	3/1/2013	AD Silver Short Course Championships	
2:25.65 Y	F	200 Fly	1/12/2013	Chris Goody IMX Challenge	
5:32.72 Y	F	400 IM	1/4/2013	2013 Starfish Trophy Invitational	
Gregory Vagnini (13) M					
32.55 Y	F	50 Free	1/4/2013	2013 Starfish Trophy Invitational	SSCY-AD
1:13.05 Y	F	100 Free	2/9/2013	North Country YMCA Swim League 2013 Champions	
2:39.28 Y	F	200 Free	2/9/2013	North Country YMCA Swim League 2013 Champions	
48.21 Y	F	50 Breast	3/3/2013	North Country League Meet	
1:48.43 Y	F	100 Breast	3/3/2013	North Country League Meet	
1:31.66 Y	F	100 IM	2/22/2013	North Country League Meet	
Natalie Valachovic (14) W					
27.56 Y	P	50 Free	12/6/2012	2012 NE NSSC MIT Invite	SCHE-AD
31.91 L	F	50 Free	7/6/2013	Sharks Summer Invite	
1:10.27 L	F	100 Free	6/1/2013	2013 NE MTSC June 1st Meet	

Individual Top Times

Time	P/F/S	Event			
Natalie Valachovic (14) W					
					SCHE-AD
1:10.27	L	F	100 Free	6/1/2013	2013 NE MTSC June 1st Meet
2:27.76	L	F	200 Free	6/1/2013	2013 NE MTSC June 1st Meet
2:27.76	L	F	200 Free	6/1/2013	2013 NE MTSC June 1st Meet
5:39.65	Y	F	500 Free	3/10/2013	AD Gold Short Course Championships
36.97	L	F	50 Back	6/1/2013	2013 NE MTSC June 1st Meet
36.97	L	F	50 Back	6/1/2013	2013 NE MTSC June 1st Meet
1:04.24	Y	F	100 Back	3/10/2013	AD Gold Short Course Championships
2:47.29	L	F	200 Back	6/1/2013	2013 NE MTSC June 1st Meet
2:47.29	L	F	200 Back	6/1/2013	2013 NE MTSC June 1st Meet
1:20.76	Y	F	100 Breast	1/27/2013	Thoroughbred Splash 2013
1:30.16	L	F	100 Breast	7/6/2013	Sharks Summer Invite
2:50.02	Y	F	200 Breast	1/12/2013	Chris Goody IMX Challenge
3:12.26	L	F	200 Breast	6/1/2013	2013 NE MTSC June 1st Meet
3:12.26	L	F	200 Breast	6/1/2013	2013 NE MTSC June 1st Meet
33.08	L	F	50 Fly	6/1/2013	2013 NE MTSC June 1st Meet
33.08	L	F	50 Fly	6/1/2013	2013 NE MTSC June 1st Meet
1:14.09	L	P	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion
2:21.02	Y	P	200 Fly	3/10/2013	AD Gold Short Course Championships
2:50.11	L	F	200 Fly	6/1/2013	2013 NE MTSC June 1st Meet
2:50.11	L	F	200 Fly	6/1/2013	2013 NE MTSC June 1st Meet
2:52.48	L	F	200 IM	7/6/2013	Sharks Summer Invite
5:02.52	Y	F	400 IM	3/10/2013	AD Gold Short Course Championships
Melody Valberg (10) W					
					AMST-AD
44.41	Y	F	50 Free	3/1/2013	AD Silver Short Course Championships
1:43.80	Y	F	100 Free	3/1/2013	AD Silver Short Course Championships
3:54.64	Y	F	200 Free	12/2/2012	December Super Splash 2012
10:43.23	Y	F	500 Free	12/15/2012	Central Valley Swim League Quad Meet
54.83	Y	F	50 Back	3/1/2013	AD Silver Short Course Championships
1:56.71	Y	F	100 Back	1/26/2013	Central Valley Swim Meet Quad Meet
1:25.79	Y	F	50 Breast	3/1/2013	AD Silver Short Course Championships
Andrew Valentino (14) M					
					HAWK-AD
26.40	Y	P	50 Free	3/10/2013	AD Gold Short Course Championships
59.14	Y	F	100 Free	1/25/2013	Hawks Trials And Finals 2013
2:17.39	Y	F	200 Free	3/1/2013	AD Silver Short Course Championships
1:08.92	Y	P	100 Back	3/10/2013	AD Gold Short Course Championships
2:33.49	Y	F	200 Back	3/1/2013	AD Silver Short Course Championships
1:14.40	Y	P	100 Breast	3/10/2013	AD Gold Short Course Championships
2:46.06	Y	P	200 Breast	3/10/2013	AD Gold Short Course Championships
1:08.64	Y	P	100 Fly	3/10/2013	AD Gold Short Course Championships
2:24.86	Y	F	200 IM	3/1/2013	AD Silver Short Course Championships
Matthew Valentino (14) M					
					HAWK-AD
24.96	Y	F	50 Free	1/25/2013	Hawks Trials And Finals 2013
55.02	Y	P	100 Free	3/10/2013	AD Gold Short Course Championships
2:03.87	Y	P	200 Free	3/10/2013	AD Gold Short Course Championships
1:04.50	Y	P	100 Back	3/10/2013	AD Gold Short Course Championships
2:29.73	Y	F	200 Back	1/4/2013	2013 Starfish Trophy Invitational
1:11.76	Y	F	100 Breast	11/18/2012	Hawk-NDAC-CSD
2:37.49	Y	F	200 Breast	3/10/2013	AD Gold Short Course Championships
1:08.08	Y	P	100 Fly	3/10/2013	AD Gold Short Course Championships
2:36.46	Y	F	200 Fly	1/4/2013	2013 Starfish Trophy Invitational
2:20.02	Y	F	200 IM	1/25/2013	Hawks Trials And Finals 2013
Caitlin Valerian (9) W					
					DELM-AD
40.19	Y	F	50 Free	3/10/2013	AD Gold Short Course Championships
1:32.20	Y	F	100 Free	3/10/2013	AD Gold Short Course Championships
22.35	Y	F	25 Back	12/15/2012	Sharks 12&Under Mini-Meet
47.92	Y	F	50 Back	3/10/2013	AD Gold Short Course Championships
1:43.78	Y	F	100 Back	1/12/2013	Chris Goody IMX Challenge
28.66	Y	F	25 Breast	3/1/2013	AD Silver Short Course Championships
1:05.21	Y	F	50 Breast	2/3/2013	Delmar Dolphins February Freeze Invitational
20.82	Y	F	25 Fly	11/10/2012	Pilgrims Pride

Individual Top Times

Time	P/F/S	Event				
Caitlin Valerian (9) W						
49.08 Y	F	50 Fly	1/4/2013	2013 Starfish Trophy Invitational		DELM-AD
1:46.23 Y	F	100 IM	3/10/2013	AD Gold Short Course Championships		
3:52.36 Y	F	200 IM	1/12/2013	Chris Goody IMX Challenge		
Michaela Valerian (10) W						
41.06 Y	F	50 Free	2/10/2013	2013 Piranhas Pentathlon		DELM-AD
1:24.50 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships		
3:24.78 Y	F	200 Free	1/12/2013	Chris Goody IMX Challenge		
42.22 Y	F	50 Back	3/10/2013	AD Gold Short Course Championships		
1:30.36 Y	F	100 Back	3/1/2013	AD Silver Short Course Championships		
54.26 Y	F	50 Breast	3/1/2013	AD Silver Short Course Championships		
52.22 Y	F	50 Fly	2/10/2013	2013 Piranhas Pentathlon		
1:36.69 Y	F	100 IM	2/3/2013	Delmar Dolphins February Freeze Invitational		
3:44.72 Y	F	200 IM	1/12/2013	Chris Goody IMX Challenge		
Niko Vamvalis (9) M						
19.84 Y	F	25 Free	1/27/2013	Thoroughbred Splash 2013		SARY-AD
45.49 Y	F	50 Free	1/27/2013	Thoroughbred Splash 2013		
23.82 Y	F	25 Back	2/9/2013	North Country YMCA Swim League 2013 Champions		
26.25 Y	F	25 Breast	11/17/2012	Harvest Invitational		
25.61 Y	F	25 Fly	1/27/2013	Thoroughbred Splash 2013		
Amon VanAlst (6) M						
33.93 S	F	25 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon		GCAT-AD
1:03.21 S	F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet		
1:31.99 L	F	50 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational		
33.75 S	F	25 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon		
Bailey VanArman (8) M						
28.44 Y	F	25 Free	2/23/2013	Cabin Fever Invitational		WAVE-AD
Jennifer Vandervort (16) W						
28.55 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships		DELM-AD
31.15 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion		
1:04.13 Y	F	100 Free	1/4/2013	2013 Starfish Trophy Invitational		
1:09.12 L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion		
2:29.62 L	F	200 Free	6/22/2013	2013 NI - Niagara Super Circuit Ithaca		
5:10.98 L	F	400 Free	7/19/2013	2013 Adirondack Long Course District Champion		
5:48.97 Y	F	500 Free	3/1/2013	AD Silver Short Course Championships		
1:15.24 L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion		
2:36.32 L	F	200 Back	7/19/2013	2013 Adirondack Long Course District Champion		
1:25.91 L	P	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion		
2:55.58 L	F	200 Breast	7/19/2013	2013 Adirondack Long Course District Champion		
Russell VanHoesen (11) M						
46.26 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships		RAVE-AD
1:48.18 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships		
52.23 Y	F	50 Back	10/20/2012	Ravena Autumn Breeze 2012		
1:00.80 Y	F	50 Breast	2/3/2013	Delmar Dolphins February Freeze Invitational		
Kristen VanHorn (14) W						
42.96 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion		TBS-AD
3:28.68 L	P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion		
4:00.19 L	P	200 Breast	7/19/2013	2013 Adirondack Long Course District Champion		
Ian Vannostrand (6) M						
38.47 Y	F	25 Free	12/1/2012	Central Valley Swim League Quad Meet		CANA-AD
1:38.29 Y	F	50 Free	12/15/2012	Central Valley Swim League Quad Meet		
Allison VanSleet (11) W						
37.66 Y	F	50 Free	1/4/2013	2013 Starfish Trophy Invitational		CPP-AD
1:27.47 Y	F	100 Free	1/4/2013	2013 Starfish Trophy Invitational		
3:15.22 Y	F	200 Free	3/1/2013	AD Silver Short Course Championships		
42.48 Y	F	50 Back	1/4/2013	2013 Starfish Trophy Invitational		
1:36.42 Y	F	100 Back	2/3/2013	Delmar Dolphins February Freeze Invitational		
54.30 Y	F	50 Breast	3/1/2013	AD Silver Short Course Championships		
2:02.52 Y	F	100 Breast	3/1/2013	AD Silver Short Course Championships		
46.61 Y	F	50 Fly	3/1/2013	AD Silver Short Course Championships		

Individual Top Times

Time	P/F/S	Event				
Allison VanSleet (11) W						
1:40.77	Y	F	100	IM	11/17/2012	Harvest Invitational
Chase Vanucchi (19) M						
22.40	Y	F	50	Free	3/2/2013	2013 NI - METS - Meet the Flintstones
49.91	Y	F	100	Free	3/2/2013	2013 NI - METS - Meet the Flintstones
1:08.19	Y	F	100	Breast	2/10/2013	2013 Piranhas Pentathlon
2:13.10	Y	P	200	IM	3/10/2013	AD Gold Short Course Championships
Amelia Verderosa (11) W						
50.88	Y	F	50	Free	3/1/2013	AD Silver Short Course Championships
2:05.17	Y	F	100	Free	10/21/2012	2012 Trick or Treat Meet
51.28	Y	F	50	Back	3/1/2013	AD Silver Short Course Championships
1:08.81	Y	F	50	Breast	3/1/2013	AD Silver Short Course Championships
2:40.35	Y	F	100	Breast	3/1/2013	AD Silver Short Course Championships
Angelina Vertullo (9) W						
36.49	Y	F	50	Free	3/1/2013	AD Silver Short Course Championships
39.67	S	F	50	Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:27.89	Y	F	100	Free	1/4/2013	2013 Starfish Trophy Invitational
50.11	Y	F	50	Back	3/1/2013	AD Silver Short Course Championships
53.18	S	F	50	Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon
22.20	Y	F	25	Breast	2/9/2013	North Country YMCA Swim League 2013 Champions
48.29	Y	F	50	Breast	1/4/2013	2013 Starfish Trophy Invitational
50.16	S	F	50	Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon
47.14	Y	F	50	Fly	1/25/2013	Hawks Trials And Finals 2013
50.47	S	F	50	Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:36.89	Y	F	100	IM	2/9/2013	North Country YMCA Swim League 2013 Champions
1:44.08	S	F	100	IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon
Dominic Vertullo (12) M						
32.74	Y	F	50	Free	2/9/2013	North Country YMCA Swim League 2013 Champions
37.14	S	F	50	Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon
51.05	Y	F	50	Back	1/4/2013	2013 Starfish Trophy Invitational
44.08	Y	F	50	Breast	2/9/2013	North Country YMCA Swim League 2013 Champions
1:39.76	Y	F	100	Breast	3/1/2013	AD Silver Short Course Championships
1:53.62	S	F	100	Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon
39.67	Y	P	50	Fly	1/25/2013	Hawks Trials And Finals 2013
1:52.49	S	F	100	Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:29.00	Y	F	100	IM	3/1/2013	AD Silver Short Course Championships
1:44.01	S	F	100	IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon
Daria Veselov (13) W						
33.10	Y	F	50	Free	11/10/2012	Pilgrims Pride
1:14.50	Y	F	100	Free	2/3/2013	Delmar Dolphins February Freeze Invitational
38.48	Y	F	50	Back	12/2/2012	December Super Splash 2012
1:23.49	Y	F	100	Back	2/3/2013	Delmar Dolphins February Freeze Invitational
39.59	Y	F	50	Breast	2/9/2013	North Country YMCA Swim League 2013 Champions
1:30.38	Y	F	100	Breast	2/3/2013	Delmar Dolphins February Freeze Invitational
37.69	Y	F	50	Fly	12/2/2012	December Super Splash 2012
2:55.22	Y	F	200	IM	2/9/2013	North Country YMCA Swim League 2013 Champions
Christopher Vesic (17) M						
22.09	Y	F	50	Free	2/14/2013	Section II Championships Large
26.15	L	P	50	Free	3/21/2013	2013 NI - EZ North Region Speedo Ch
50.16	Y	F	100	Free	2/14/2013	Section II Championships Large
58.89	L	P	100	Free	3/21/2013	2013 NI - EZ North Region Speedo Ch
1:01.56	Y	P	100	Back	3/10/2013	AD Gold Short Course Championships
Patrick Vesic (10) M						
43.69	Y	F	50	Free	11/17/2012	Harvest Invitational
47.73	Y	F	50	Back	2/23/2013	Cabin Fever Invitational
1:02.45	Y	F	50	Breast	2/23/2013	Cabin Fever Invitational
Patrick Vicencio (15) M						
41.00	Y	F	50	Free	1/27/2013	Thoroughbred Splash 2013
1:30.62	Y	F	100	Free	2/23/2013	Cabin Fever Invitational
1:44.38	Y	F	100	Breast	1/27/2013	Thoroughbred Splash 2013

CPP-AD

TBS-AD

HAWK-AD

KING-AD

KING-AD

GUY-AD

UN-AD

BSPA-AD

WAVE-AD

Individual Top Times

Time	P/F/S	Event			
Patrick Vicencio (15) M					
3:52.14	Y	F	200	Breast	1/4/2013 2013 Starfish Trophy Invitational
Jennifer Vickery (13) W					
28.24	Y	F	50	Free	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
1:04.39	Y	P	100	Free	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
2:33.18	Y	F	200	Free	1/20/2013 Foothills Inv
41.07	Y	F	50	Breast	1/20/2013 Foothills Inv
32.53	Y	P	50	Fly	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
2:54.16	Y	F	200	IM	2/9/2013 North Country YMCA Swim League 2013 Champions
Adalia Villarreal Rodriguez (16) W					
42.02	S	F	50	Free	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:55.31	S	F	100	Back	6/2/2013 2013 Starfish Meter Madness - Pentathlon
Alexandra Vincent (14) W					
33.90	Y	F	50	Free	1/27/2013 North Country League Meet
1:17.73	Y	F	100	Free	1/27/2013 North Country League Meet
3:13.23	Y	F	200	IM	1/27/2013 North Country League Meet
Kari Vincent (17) W					
32.10	Y	F	50	Free	11/17/2012 Harvest Invitational
1:14.40	Y	F	100	Free	11/17/2012 Harvest Invitational
1:32.62	Y	F	100	Back	2/9/2013 Central Valley Swim League Championships
1:28.83	Y	F	100	Breast	3/1/2013 AD Silver Short Course Championships
3:11.81	Y	F	200	Breast	12/15/2012 Central Valley Swim League Quad Meet
1:28.91	Y	F	100	Fly	12/1/2012 Central Valley Swim League Quad Meet
3:10.75	Y	F	200	IM	1/20/2013 Foothills Inv
Nicholas Vincent (12) M					
36.25	Y	F	50	Free	1/27/2013 North Country League Meet
1:25.03	Y	F	100	Free	1/27/2013 North Country League Meet
54.25	Y	F	50	Fly	1/27/2013 North Country League Meet
Marissa Visingardi (18) W					
26.96	Y	F	50	Free	11/1/2012 2012 NI - Ob - Section 3 Class A-B-C Champs 2
59.73	Y	F	100	Free	11/1/2012 2012 NI - Ob - Section 3 Class A-B-C Champs 2
Ashley Visker (14) W					
34.58	Y	F	50	Free	2/3/2013 Delmar Dolphins February Freeze Invitational
1:17.58	Y	F	100	Free	1/4/2013 2013 Starfish Trophy Invitational
2:50.70	Y	F	200	Free	12/2/2012 December Super Splash 2012
1:23.42	Y	F	100	Back	2/3/2013 Delmar Dolphins February Freeze Invitational
3:00.22	Y	F	200	Back	1/4/2013 2013 Starfish Trophy Invitational
3:40.43	Y	F	200	Breast	10/27/2012 IM-Xtremely Spooked
1:39.01	Y	F	100	Fly	11/10/2012 Pilgrims Pride
3:11.46	Y	F	200	IM	1/4/2013 2013 Starfish Trophy Invitational
Ava Vitiello (12) W					
40.50	Y	F	50	Free	10/21/2012 2012 Trick or Treat Meet
Daniel Vitiello (10) M					
53.79	Y	F	50	Free	10/21/2012 2012 Trick or Treat Meet
1:55.63	Y	F	100	Free	10/21/2012 2012 Trick or Treat Meet
Anthony Vitkin (14) M					
30.01	Y	F	50	Free	3/1/2013 AD Silver Short Course Championships
33.99	S	F	50	Free	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:09.43	Y	F	100	Free	1/4/2013 2013 Starfish Trophy Invitational
1:22.63	Y	F	100	Back	3/1/2013 AD Silver Short Course Championships
3:03.41	Y	F	200	Back	1/4/2013 2013 Starfish Trophy Invitational
1:32.92	Y	F	100	Breast	3/1/2013 AD Silver Short Course Championships
1:43.25	S	F	100	Breast	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:35.67	S	F	100	Fly	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:29.34	S	F	100	IM	6/2/2013 2013 Starfish Meter Madness - Pentathlon
3:06.82	Y	F	200	IM	1/4/2013 2013 Starfish Trophy Invitational
Julia Vitkin (11) W					
41.90	Y	F	50	Free	1/4/2013 2013 Starfish Trophy Invitational
45.37	S	F	50	Free	6/2/2013 2013 Starfish Meter Madness - Pentathlon

Individual Top Times

Time	P/F/S	Event			
Julia Vitkin (11) W			ALBS-AD		
1:37.26 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
48.65 Y	F	50 Back	3/1/2013	AD Silver Short Course Championships	
51.51 S	F	50 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:17.16 S	F	50 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:01.53 Y	F	50 Fly	1/4/2013	2013 Starfish Trophy Invitational	
1:04.58 S	F	50 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:14.88 S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
Anna Vitolins (14) W			UN-AD		
24.97 Y	F	50 Free	11/1/2012	Girls Sec II Division I Champ	
24.97 Y	P	50 Free	11/1/2012	Girls Sec II Division I Champ	
28.92 L L	F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
53.72 Y	F	100 Free	3/21/2013	2013 CT Senior Open Championship	
1:02.52 L	F	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:01.60 Y L	F	200 Free	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS	
2:14.21 L	F	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
4:57.16 L	F	400 Free	7/6/2013	Sharks Summer Invite	
5:26.42 Y	F	500 Free	1/12/2013	Chris Goody IMX Challenge	
2:18.43 Y	F	200 Back	1/12/2013	Chris Goody IMX Challenge	
1:08.02 Y	P	100 Breast	11/1/2012	Girls Sec II Division I Champ	
1:22.24 L	P	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
2:26.45 Y	F	200 Breast	3/21/2013	2013 CT Senior Open Championship	
2:56.68 L	F	200 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
31.41 L	F	50 Fly	6/1/2013	2013 NE MTSC June 1st Meet	
31.41 L	F	50 Fly	6/1/2013	2013 NE MTSC June 1st Meet	
58.18 Y	F	100 Fly	3/21/2013	2013 CT Senior Open Championship	
1:08.82 L	P	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
2:33.41 L	F	200 Fly	7/6/2013	Sharks Summer Invite	
2:10.24 Y	F	200 IM	3/21/2013	2013 CT Senior Open Championship	
2:33.20 L	P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
4:39.86 Y	F	400 IM	3/10/2013	AD Gold Short Course Championships	
Jack Vitolins (10) M			SCHE-AD		
46.23 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	
1:39.98 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
51.95 Y	F	50 Back	3/1/2013	AD Silver Short Course Championships	
1:51.94 Y	F	100 Back	2/23/2013	Cabin Fever Invitational	
54.18 Y	F	50 Breast	3/1/2013	AD Silver Short Course Championships	
1:48.39 Y	F	100 IM	3/1/2013	AD Silver Short Course Championships	
Abigail Voce (12) W			GCAT-AD		
28.41 S	F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
29.19 L	F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
29.19 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:04.63 L	F	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:05.09 S	F	100 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
39.88 L	F	50 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
1:24.11 S	F	100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:27.97 L	F	100 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational	
32.61 L	F	50 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
33.35 S	F	50 Fly	6/15/2013	Piranhas Summer Kick-Off Meet	
1:20.82 L	F	100 Fly	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:16.91 S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
Alyse Vogt (11) W			USAM-AD		
35.23 Y	F	50 Free	3/9/2013	Eastern States League Championships 2013	
1:18.50 Y	F	100 Free	3/9/2013	Eastern States League Championships 2013	
44.54 Y L	F	25 Back	1/4/2013	2013 Starfish Trophy Invitational	
41.96 Y	F	50 Back	3/1/2013	AD Silver Short Course Championships	
49.56 Y	F	50 Breast	3/1/2013	AD Silver Short Course Championships	
43.90 Y	F	50 Fly	3/9/2013	Eastern States League Championships 2013	
1:33.76 Y	F	100 IM	3/1/2013	AD Silver Short Course Championships	
James Vogt (9) M			USAM-AD		

Individual Top Times

Time	P/F/S	Event			
Anne Walker (7) W					
26.93	Y	F	25	Free	3/1/2013 AD Silver Short Course Championships
1:09.20	Y	F	50	Free	1/26/2013 Central Valley Swim Meet Quad Meet
29.04	Y	F	25	Back	3/1/2013 AD Silver Short Course Championships
1:09.08	Y	F	50	Back	1/26/2013 Central Valley Swim Meet Quad Meet
Paris Walkowiak (15) W					
25.75	Y	P	50	Free	3/10/2013 AD Gold Short Course Championships
29.13	L	F	50	Free	7/19/2013 2013 Adirondack Long Course District Champion
29.20	S	F	50	Free	6/15/2013 Piranhas Summer Kick-Off Meet
54.92	Y	P	100	Free	2/15/2013 AD 2013 REGION 1 CHAMPIONSHIPS
54.92	Y	F	100	Free	3/10/2013 AD Gold Short Course Championships
1:56.70	Y	P	200	Free	11/1/2012 Girls Sec II Division I Champ
2:15.55	L	F	200	Free	7/19/2013 2013 Adirondack Long Course District Champion
2:23.04	S	F	200	Free	6/15/2013 Piranhas Summer Kick-Off Meet
5:01.93	L	F	400	Free	7/12/2013 Hawks Summer Invitational 2013
20:35.85	Y	F	1650	Free	12/9/2012 Piranhas December Distance Invite
1:03.79	Y	F	100	Back	3/10/2013 AD Gold Short Course Championships
1:13.88	S	F	100	Back	6/15/2013 Piranhas Summer Kick-Off Meet
1:15.46	L	P	100	Back	3/21/2013 2013 NI - EZ North Region Speedo Ch
2:17.95	Y	F	200	Back	3/10/2013 AD Gold Short Course Championships
3:04.71	Y	F	200	Breast	1/25/2013 2013 NE ABF Snow Angel Classic
59.67	Y	F	100	Fly	11/1/2012 Girls Sec II Division I Champ
1:10.24	L	P	100	Fly	3/21/2013 2013 NI - EZ North Region Speedo Ch
1:10.78	S	F	100	Fly	6/15/2013 Piranhas Summer Kick-Off Meet
2:34.76	Y	F	200	Fly	12/9/2012 Piranhas December Distance Invite
5:05.46	Y	F	400	IM	3/10/2013 AD Gold Short Course Championships
Kayley Walsh (11) W					
45.08	Y	F	50	Free	3/2/2013 2013 NI - METS - Meet the Flintstones
54.22	Y	F	50	Back	3/2/2013 2013 NI - METS - Meet the Flintstones
1:57.20	Y	F	100	IM	3/2/2013 2013 NI - METS - Meet the Flintstones
Julia Walters (13) W					
29.23	Y	F	50	Free	11/10/2012 Pilgrims Pride
1:06.89	Y	F	100	Free	11/10/2012 Pilgrims Pride
2:26.27	Y	F	200	Free	12/2/2012 December Super Splash 2012
35.03	Y	F	50	Back	10/21/2012 2012 Trick or Treat Meet
1:13.63	Y	F	100	Back	12/2/2012 December Super Splash 2012
1:19.14	Y	F	100	IM	10/21/2012 2012 Trick or Treat Meet
David Walton (9) M					
16.23	Y	F	25	Free	1/12/2013 Chris Goody Mini-Meet
32.56	Y	F	50	Free	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
34.73	S	F	50	Free	6/2/2013 2013 Starfish Meter Madness - Pentathlon
36.68	L	F	50	Free	7/19/2013 2013 Adirondack Long Course District Champion
1:10.16	Y	F	100	Free	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
1:18.70	S	F	100	Free	6/15/2013 Piranhas Summer Kick-Off Meet
1:18.83	L	F	100	Free	7/19/2013 2013 Adirondack Long Course District Champion
2:39.79	Y	F	200	Free	1/12/2013 Chris Goody IMX Challenge
2:51.77	L	F	200	Free	7/19/2013 2013 Adirondack Long Course District Champion
18.94	Y	F	25	Back	12/2/2012 December Super Splash 2012
41.08	Y L	F	50	Back	2/9/2013 North Country YMCA Swim League 2013 Champions
43.69	S	F	50	Back	6/2/2013 2013 Starfish Meter Madness - Pentathlon
44.88	L	F	50	Back	7/12/2013 Hawks Summer Invitational 2013
1:26.39	Y	F	100	Back	1/12/2013 Chris Goody IMX Challenge
1:36.49	L	F	100	Back	7/12/2013 Hawks Summer Invitational 2013
22.76	Y	F	25	Breast	12/2/2012 December Super Splash 2012
47.63	Y	F	50	Breast	11/4/2012 Hometown Splashdown
49.11	S	F	50	Breast	6/2/2013 2013 Starfish Meter Madness - Pentathlon
50.45	L	F	50	Breast	7/19/2013 2013 Adirondack Long Course District Champion
1:47.45	L	F	100	Breast	7/19/2013 2013 Adirondack Long Course District Champion
19.03	Y	F	25	Fly	1/12/2013 Chris Goody Mini-Meet
42.21	Y	F	50	Fly	1/4/2013 2013 Starfish Trophy Invitational
43.76	L	F	50	Fly	7/19/2013 2013 Adirondack Long Course District Champion

CLRK-AD

CPP-AD

TBS-AD

ALBS-AD

GLFY-AD

Individual Top Times

Time	P/F/S	Event			
David Walton (9) M			GLFY-AD		
44.53 S	F	50 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:21.41 Y	F	100 IM	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
1:31.43 S	F	100 IM	6/15/2013	Piranhas Summer Kick-Off Meet	
3:20.70 L	F	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
Matthew Walton (15) M			GLFY-AD		
22.20 Y	P	50 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
25.43 S	F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
48.47 Y	F	100 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
1:49.17 Y	P	200 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
5:06.03 Y	F	500 Free	1/12/2013	Chris Goody IMX Challenge	
1:05.78 S	F	100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:05.64 Y	F	200 Back	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
1:07.78 Y	F	100 Breast	11/4/2012	Hometown Splashdown	
1:16.55 S	F	100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:35.03 Y	F	200 Breast	1/12/2013	Chris Goody IMX Challenge	
56.37 Y	F	100 Fly	1/27/2013	Thoroughbred Splash 2013	
1:03.89 S	F	100 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:07.07 Y	F	200 Fly	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
1:06.95 S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:05.08 Y	F	200 IM	1/4/2013	2013 Starfish Trophy Invitational	
4:33.30 Y	F	400 IM	1/12/2013	Chris Goody IMX Challenge	
Maggie Walz (9) W			BSPA-AD		
24.87 Y	F	25 Free	10/21/2012	2012 Trick or Treat Meet	
1:04.39 Y	F	50 Free	10/21/2012	2012 Trick or Treat Meet	
35.04 Y	F	25 Back	10/21/2012	2012 Trick or Treat Meet	
Duan Wang (9) W			BFIN-AD		
19.37 Y	F	25 Free	12/15/2012	Sharks 12&Under Mini-Meet	
39.65 Y	F	50 Free	1/4/2013	2013 Starfish Trophy Invitational	
1:25.58 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
1:41.77 L	F	100 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
3:07.69 Y	F	200 Free	3/1/2013	AD Silver Short Course Championships	
21.82 Y	F	25 Back	12/15/2012	Sharks 12&Under Mini-Meet	
45.96 Y	F	50 Back	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:38.42 Y	F	100 Back	1/12/2013	Chris Goody IMX Challenge	
1:50.04 L	F	100 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
25.42 Y	F	25 Breast	12/15/2012	Sharks 12&Under Mini-Meet	
52.58 Y	F	50 Breast	1/4/2013	2013 Starfish Trophy Invitational	
1:02.02 L	F	50 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:50.35 Y	F	100 Breast	1/12/2013	Chris Goody IMX Challenge	
23.33 Y	F	25 Fly	12/15/2012	Sharks 12&Under Mini-Meet	
44.40 Y	F	50 Fly	3/1/2013	AD Silver Short Course Championships	
56.46 L	F	50 Fly	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:36.58 Y	F	100 IM	3/1/2013	AD Silver Short Course Championships	
Emily Wang (11) W			ALBS-AD		
31.55 Y	F	50 Free	12/2/2012	December Super Splash 2012	
34.21 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:07.00 Y	F	100 Free	1/4/2013	2013 Starfish Trophy Invitational	
1:13.12 L	F	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:18.50 Y	P	200 Free	3/10/2013	AD Gold Short Course Championships	
2:36.81 L	F	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
5:37.39 L	F	400 Free	7/19/2013	2013 Adirondack Long Course District Champion	
6:08.10 Y	F	500 Free	3/10/2013	AD Gold Short Course Championships	
34.95 Y	F	50 Back	1/4/2013	2013 Starfish Trophy Invitational	
39.58 S	F	50 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:16.56 Y	F	100 Back	1/4/2013	2013 Starfish Trophy Invitational	
1:24.92 L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
40.38 Y	F	50 Breast	2/10/2013	2013 Piranhas Pentathlon	
44.34 S	F	50 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:28.21 Y	F	100 Breast	1/4/2013	2013 Starfish Trophy Invitational	
1:36.45 L	P	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	

Individual Top Times

Time	P/F/S	Event			
Emily Wang (11) W			ALBS-AD		
33.02	Y P	50 Fly	3/10/2013	AD Gold Short Course Championships	
36.94	S F	50 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
37.29	L P	50 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:15.55	Y F	100 Fly	1/4/2013	2013 Starfish Trophy Invitational	
1:21.99	L F	100 Fly	6/8/2013	Clinton Cudas Colgate Classic Invitational	
2:40.35	Y F	200 Fly	3/10/2013	AD Gold Short Course Championships	
2:55.43	L F	200 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:15.67	Y F	100 IM	2/10/2013	2013 Piranhas Pentathlon	
1:23.32	S F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:39.13	Y F	200 IM	2/23/2013	Cabin Fever Invitational	
2:55.15	L F	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
Henry Wang (8) M			ALBS-AD		
35.76	Y F	25 Free	10/20/2012	Ravena Autumn Breeze 2012	
53.48	L F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
59.27	S F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
1:04.00	Y F	50 Free	1/4/2013	2013 Starfish Trophy Invitational	
37.60	Y F	25 Back	10/20/2012	Ravena Autumn Breeze 2012	
1:03.71	L F	50 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:07.61	S F	50 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:11.87	Y F	50 Back	1/4/2013	2013 Starfish Trophy Invitational	
1:08.46	L F	50 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
1:14.03	S F	50 Breast	6/15/2013	Piranhas Summer Kick-Off Meet	
Jessica Wang (16) W			ALBS-AD		
30.79	S F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
59.42	Y F	100 Free	9/15/2012	2012 NI Ob - Women's Owego Invitational	
1:01.97	Y F	100 Back	3/10/2013	AD Gold Short Course Championships	
1:13.11	S F	100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:13.82	L P	100 Back	7/12/2013	2013 NI - Niagara Long Course Classic	
2:11.69	Y F	200 Back	3/10/2013	AD Gold Short Course Championships	
2:38.65	L P	200 Back	3/21/2013	2013 NI - EZ North Region Speedo Ch	
1:15.09	Y F	100 Breast	1/4/2013	2013 Starfish Trophy Invitational	
1:25.79	S F	100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:29.54	L F	100 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational	
2:40.39	Y F	200 Breast	12/9/2012	Piranhas December Distance Invite	
1:01.80	Y F	100 Fly	11/1/2012	Girls Sec II Division I Champ	
1:11.29	S F	100 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:11.81	L F	100 Fly	6/8/2013	Clinton Cudas Colgate Classic Invitational	
2:13.37	Y P	200 Fly	3/10/2013	AD Gold Short Course Championships	
2:33.41	L P	200 Fly	3/21/2013	2013 NI - EZ North Region Speedo Ch	
1:15.22	S F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:38.21	L P	200 IM	3/21/2013	2013 NI - EZ North Region Speedo Ch	
4:49.00	Y F	400 IM	3/10/2013	AD Gold Short Course Championships	
5:35.41	L F	400 IM	7/19/2013	2013 Adirondack Long Course District Champion	
Juneau Wang (11) M			DELM-AD		
28.72	Y F	50 Free	3/28/2013	2013 Eastern Zone SC Swimming Championships	
31.88	L P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
32.67	S F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:04.04	Y F	100 Free	3/28/2013	2013 Eastern Zone SC Swimming Championships	
1:12.35	L F	100 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
2:17.38	Y F	200 Free	3/28/2013	2013 Eastern Zone SC Swimming Championships	
2:35.04	L F	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
5:27.44	L F	400 Free	7/12/2013	Hawks Summer Invitational 2013	
6:00.15	Y F	500 Free	3/28/2013	2013 Eastern Zone SC Swimming Championships	
36.33	Y F	50 Back	3/10/2013	AD Gold Short Course Championships	
40.67	S F	50 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
42.73	L F	50 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:16.34	Y F	100 Back	3/10/2013	AD Gold Short Course Championships	
1:26.22	L P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
2:42.70	Y F	200 Back	12/9/2012	Piranhas December Distance Invite	
37.72	Y F	50 Breast	3/28/2013	2013 Eastern Zone SC Swimming Championships	

Individual Top Times

Time	P/F/S	Event			
Juneau Wang (11) M					
					DELM-AD
40.51 L	F	50 Breast	7/12/2013	Hawks Summer Invitational 2013	
41.99 S	F	50 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:20.97 Y	F	100 Breast	3/28/2013	2013 Eastern Zone SC Swimming Championships	
1:29.45 L	P	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
3:04.11 Y	F	200 Breast	12/9/2012	Piranhas December Distance Invite	
3:11.25 L	F	200 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
39.20 L	F	50 Fly	7/12/2013	Hawks Summer Invitational 2013	
39.58 Y	F	50 Fly	1/4/2013	2013 Starfish Trophy Invitational	
41.23 S	F	50 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:33.36 Y	F	100 Fly	1/12/2013	Chris Goody IMX Challenge	
1:15.79 Y	F	100 IM	3/10/2013	AD Gold Short Course Championships	
1:21.31 S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:48.58 Y	F	200 IM	12/9/2012	Piranhas December Distance Invite	
2:53.54 L	F	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
Schuyler Wang (9) M					
					ALBS-AD
46.41 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	
51.14 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:50.52 Y	F	100 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
25.71 Y	F	25 Back	12/15/2012	Sharks 12&Under Mini-Meet	
53.14 Y	F	50 Back	3/1/2013	AD Silver Short Course Championships	
58.94 S	F	50 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
30.38 Y	F	25 Breast	3/1/2013	AD Silver Short Course Championships	
1:04.07 Y	F	50 Breast	1/4/2013	2013 Starfish Trophy Invitational	
1:08.37 S	F	50 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
25.02 Y	F	25 Fly	3/1/2013	AD Silver Short Course Championships	
1:07.01 Y	F	50 Fly	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:09.94 S	F	50 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:05.33 Y	F	100 IM	2/3/2013	Delmar Dolphins February Freeze Invitational	
2:12.12 S	F	100 IM	6/15/2013	Piranhas Summer Kick-Off Meet	
Madelyn Wania (9) W					
					BSPA-AD
21.09 Y	F	25 Free	1/27/2013	Thoroughbred Splash 2013	
47.32 Y	F	50 Free	1/27/2013	Thoroughbred Splash 2013	
24.28 Y	F	25 Back	2/23/2013	Cabin Fever Invitational	
25.77 Y	F	25 Breast	2/23/2013	Cabin Fever Invitational	
Katie Ward (16) W					
					ALBS-AD
32.86 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:22.77 S	F	100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:36.72 S	F	100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:23.75 S	F	100 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:25.69 S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
Elizabeth Ward (9) W					
					ALBS-AD
17.86 Y	F	25 Free	3/1/2013	AD Silver Short Course Championships	
39.44 Y	F	50 Free	3/10/2013	AD Gold Short Course Championships	
43.26 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
44.65 L	F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:30.46 Y	F	100 Free	3/10/2013	AD Gold Short Course Championships	
1:41.37 L	F	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
7:44.50 L	F	400 Free	7/19/2013	2013 Adirondack Long Course District Champion	
21.04 Y	F	25 Back	3/1/2013	AD Silver Short Course Championships	
42.10 Y	F	50 Back	3/10/2013	AD Gold Short Course Championships	
47.68 S	F	50 Back	6/15/2013	Piranhas Summer Kick-Off Meet	
51.69 L	F	50 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:44.54 L	F	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
25.25 Y	F	25 Breast	12/15/2012	Sharks 12&Under Mini-Meet	
52.17 Y	F	50 Breast	3/10/2013	AD Gold Short Course Championships	
56.75 S	F	50 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
58.79 L	F	50 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
2:10.74 L	F	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
19.40 Y	F	25 Fly	11/17/2012	Harvest Invitational	
44.76 Y	F	50 Fly	3/10/2013	AD Gold Short Course Championships	

Individual Top Times

Time	P/F/S	Event			
Elizabeth Ward (9) W			ALBS-AD		
51.07 S	F	50 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
51.48 L	F	50 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:36.13 Y	F	100 IM	3/10/2013	AD Gold Short Course Championships	
1:51.83 S	F	100 IM	6/15/2013	Piranhas Summer Kick-Off Meet	
MaryBeth Ward (16) W			GCAT-AD		
1:10.81 L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:33.35 L	F	200 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:21.27 L	F	100 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
2:55.00 L	P	200 Back	7/19/2013	2013 Adirondack Long Course District Champion	
2:59.27 L	F	200 IM	6/8/2013	Clinton Cudas Colgate Classic Invitational	
Scott Ward (11) M			ALBS-AD		
30.65 Y	F	50 Free	12/2/2012	December Super Splash 2012	
33.11 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
34.84 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:03.08 Y	F	100 Free	3/10/2013	AD Gold Short Course Championships	
1:14.66 L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:15.08 Y	P	200 Free	3/10/2013	AD Gold Short Course Championships	
2:34.30 L	P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
5:36.02 L	F	400 Free	7/19/2013	2013 Adirondack Long Course District Champion	
6:00.75 Y	F	500 Free	3/10/2013	AD Gold Short Course Championships	
33.78 Y	F	50 Back	3/10/2013	AD Gold Short Course Championships	
38.61 L	P	50 Back	7/19/2013	2013 Adirondack Long Course District Champion	
38.65 S	F	50 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:11.81 Y	F	100 Back	1/4/2013	2013 Starfish Trophy Invitational	
1:21.29 L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
2:29.03 Y	F	200 Back	3/10/2013	AD Gold Short Course Championships	
2:52.27 L	F	200 Back	7/19/2013	2013 Adirondack Long Course District Champion	
42.05 Y	F	50 Breast	12/2/2012	December Super Splash 2012	
47.20 S	F	50 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:31.93 Y	F	100 Breast	2/23/2013	Cabin Fever Invitational	
32.55 Y	P	50 Fly	3/10/2013	AD Gold Short Course Championships	
37.48 S	F	50 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
39.80 L	P	50 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:15.25 Y	F	100 IM	3/10/2013	AD Gold Short Course Championships	
1:27.45 S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:34.75 Y	P	200 IM	3/10/2013	AD Gold Short Course Championships	
Susan Ward (14) W			GCAT-AD		
34.82 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:20.13 L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:32.17 L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
3:18.73 L	P	200 Back	7/19/2013	2013 Adirondack Long Course District Champion	
3:26.92 L	F	200 IM	6/8/2013	Clinton Cudas Colgate Classic Invitational	
Kelly Waryncia (12) W			SSCY-AD		
29.79 Y	F	50 Free	3/3/2013	North Country League Meet	
1:07.83 Y	F	100 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:20.64 L	F	100 Free	7/12/2013	Hawks Summer Invitational 2013	
2:30.24 Y	F	200 Free	3/3/2013	North Country League Meet	
3:03.13 L	F	200 Free	7/12/2013	Hawks Summer Invitational 2013	
6:26.78 L	F	400 Free	7/12/2013	Hawks Summer Invitational 2013	
6:59.40 Y	F	500 Free	1/12/2013	Chris Goody IMX Challenge	
37.94 Y	F	50 Back	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:25.70 Y	F	100 Back	1/12/2013	Chris Goody IMX Challenge	
1:33.73 L	F	100 Back	7/12/2013	Hawks Summer Invitational 2013	
38.86 Y	P	50 Breast	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
1:29.14 Y	P	100 Breast	1/18/2013	CT 2013 Wahoo Winter Invitatio	
1:45.08 L	F	100 Breast	7/12/2013	Hawks Summer Invitational 2013	
3:06.44 Y	F	200 Breast	12/9/2012	Piranhas December Distance Invite	
3:50.35 L	F	200 Breast	7/12/2013	Hawks Summer Invitational 2013	
37.51 Y	P	50 Fly	1/18/2013	CT 2013 Wahoo Winter Invitatio	
1:33.09 Y	P	100 Fly	1/18/2013	CT 2013 Wahoo Winter Invitatio	

Individual Top Times

Time	P/F/S	Event			
Kelly Waryncia (12) W					
1:53.27	L	F	100	Fly	7/12/2013 Hawks Summer Invitational 2013
1:20.69	Y	F	100	IM	10/21/2012 2012 Trick or Treat Meet
2:51.19	Y	F	200	IM	2/22/2013 North Country League Meet
3:21.38	L	F	200	IM	7/12/2013 Hawks Summer Invitational 2013
6:15.30	Y	F	400	IM	12/9/2012 Piranhas December Distance Invite
Shannon Waryncia (10) W					
34.04	Y	F	50	Free	2/3/2013 Delmar Dolphins February Freeze Invitational
1:18.61	Y	F	100	Free	2/9/2013 North Country YMCA Swim League 2013 Champions
1:29.69	L	F	100	Free	7/12/2013 Hawks Summer Invitational 2013
2:44.24	Y	F	200	Free	2/22/2013 North Country League Meet
3:19.28	L	F	200	Free	7/12/2013 Hawks Summer Invitational 2013
7:50.75	Y	F	500	Free	3/3/2013 North Country League Meet
40.50	Y	F	50	Back	2/22/2013 North Country League Meet
1:38.14	Y	F	100	Back	11/10/2012 Pilgrims Pride
1:42.82	L	F	100	Back	7/12/2013 Hawks Summer Invitational 2013
51.24	Y	F	50	Breast	10/21/2012 2012 Trick or Treat Meet
1:54.19	Y	F	100	Breast	1/12/2013 Chris Goody IMX Challenge
2:00.62	L	F	100	Breast	7/12/2013 Hawks Summer Invitational 2013
3:57.99	Y	F	200	Breast	12/9/2012 Piranhas December Distance Invite
37.82	Y	F	50	Fly	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
1:30.26	Y	F	100	Fly	1/18/2013 CT 2013 Wahoo Winter Invitatio
1:38.72	L	F	100	Fly	7/12/2013 Hawks Summer Invitational 2013
1:25.02	Y	F	100	IM	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
3:12.11	Y	F	200	IM	1/18/2013 CT 2013 Wahoo Winter Invitatio
3:35.40	L	F	200	IM	7/12/2013 Hawks Summer Invitational 2013
III, Gary Washburn (12) M					
53.40	Y	F	50	Free	2/3/2013 Delmar Dolphins February Freeze Invitational
1:59.55	Y	F	100	Free	2/3/2013 Delmar Dolphins February Freeze Invitational
1:17.89	Y	F	50	Breast	2/3/2013 Delmar Dolphins February Freeze Invitational
Cecilia Washburn (10) W					
51.21	Y	F	50	Free	2/23/2013 Cabin Fever Invitational
1:49.60	Y	F	100	Free	2/23/2013 Cabin Fever Invitational
1:05.60	Y	F	50	Back	2/3/2013 Delmar Dolphins February Freeze Invitational
2:24.17	Y	F	100	Back	2/23/2013 Cabin Fever Invitational
Tobias Wasserman (7) M					
44.58	Y	F	25	Free	1/12/2013 Chris Goody Mini-Meet
35.98	Y	F	25	Back	1/12/2013 Chris Goody Mini-Meet
1:05.42	Y	F	25	Breast	12/15/2012 Sharks 12&Under Mini-Meet
Oliver Wasson (8) M					
25.72	Y	F	25	Free	3/1/2013 AD Silver Short Course Championships
1:15.18	Y	F	50	Free	12/15/2012 Central Valley Swim League Quad Meet
27.54	Y	F	25	Back	2/9/2013 Central Valley Swim League Championships
1:35.75	Y	F	50	Back	12/15/2012 Central Valley Swim League Quad Meet
Philip Wasson (14) M					
26.30	Y	F	50	Free	2/13/2013 2013 Section III Boys Champion
1:00.67	Y	F	100	Free	3/1/2013 AD Silver Short Course Championships
2:38.18	Y	F	200	Free	12/15/2012 Central Valley Swim League Quad Meet
1:11.11	Y	F	100	Back	2/9/2013 Central Valley Swim League Championships
2:51.19	Y	F	200	Back	12/15/2012 Central Valley Swim League Quad Meet
1:31.56	Y	F	100	Breast	12/1/2012 Central Valley Swim League Quad Meet
3:18.42	Y	F	200	Breast	12/15/2012 Central Valley Swim League Quad Meet
1:34.21	Y	F	100	Fly	11/10/2012 CVSL First Splash
2:57.21	Y	F	200	IM	12/1/2012 Central Valley Swim League Quad Meet
Carrie Watkins (9) W					
19.31	Y	F	25	Free	3/1/2013 AD Silver Short Course Championships
43.05	Y	F	50	Free	2/3/2013 Delmar Dolphins February Freeze Invitational
45.53	L	F	50	Free	7/19/2013 2013 Adirondack Long Course District Champion
1:47.11	L	F	100	Free	7/19/2013 2013 Adirondack Long Course District Champion
1:48.75	Y	F	100	Free	1/12/2013 Chris Goody Mini-Meet

Individual Top Times

Time	P/F/S	Event			
Carrie Watkins (9) W					
					SCHE-AD
4:12.67	L	F	200 Free	6/1/2013	2013 NE MTSC June 1st Meet
4:12.67	L	F	200 Free	6/1/2013	2013 NE MTSC June 1st Meet
23.78	Y	F	25 Back	1/27/2013	Thoroughbred Splash 2013
51.61	Y	F	50 Back	3/10/2013	AD Gold Short Course Championships
53.49	L	F	50 Back	7/6/2013	Sharks Summer Invite
1:59.48	L	F	100 Back	7/19/2013	2013 Adirondack Long Course District Champion
25.17	Y	F	25 Breast	3/1/2013	AD Silver Short Course Championships
56.77	Y	F	50 Breast	3/10/2013	AD Gold Short Course Championships
58.37	L	F	50 Breast	7/6/2013	Sharks Summer Invite
2:06.61	L	F	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion
23.34	Y	F	25 Fly	3/1/2013	AD Silver Short Course Championships
57.58	Y	F	50 Fly	3/1/2013	AD Silver Short Course Championships
59.78	L	F	50 Fly	7/19/2013	2013 Adirondack Long Course District Champion
1:53.21	Y	F	100 IM	1/27/2013	Thoroughbred Splash 2013
Taylor Watts (13) W					
					SCHE-AD
33.18	Y	F	50 Free	3/1/2013	AD Silver Short Course Championships
1:16.10	Y	F	100 Free	3/1/2013	AD Silver Short Course Championships
2:58.37	Y	F	200 Free	1/27/2013	Thoroughbred Splash 2013
40.86	Y	F	50 Back	1/12/2013	Chris Goody Mini-Meet
1:26.91	Y	F	100 Back	1/27/2013	Thoroughbred Splash 2013
44.99	Y	F	50 Breast	1/12/2013	Chris Goody Mini-Meet
1:36.06	Y	F	100 Breast	2/23/2013	Cabin Fever Invitational
41.23	Y	F	50 Fly	1/12/2013	Chris Goody Mini-Meet
1:26.95	Y	F	100 IM	1/12/2013	Chris Goody Mini-Meet
3:08.83	Y	F	200 IM	2/23/2013	Cabin Fever Invitational
Shawna Weaver (15) W					
					CPP-AD
29.02	S	F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet
30.07	L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion
55.05	Y	F	100 Free	3/10/2013	AD Gold Short Course Championships
1:04.34	L	F	100 Free	3/21/2013	2013 NI - EZ North Region Speedo Ch
1:56.66	Y	P	200 Free	11/16/2012	2012 NY Ob - Girls NY State Federation Champ
2:16.79	S	F	200 Free	6/15/2013	Piranhas Summer Kick-Off Meet
2:17.22	L	F	200 Free	7/19/2013	2013 Adirondack Long Course District Champion
4:45.85	L	F	400 Free	7/19/2013	2013 Adirondack Long Course District Champion
5:18.54	Y	F	500 Free	3/10/2013	AD Gold Short Course Championships
19:35.20	L	F	1500 Free	7/12/2013	Hawks Summer Invitational 2013
18:19.84	Y	F	1650 Free	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS
1:06.63	Y	F	100 Back	1/25/2013	2013 NE ABF Snow Angel Classic
1:13.38	S	F	100 Back	6/15/2013	Piranhas Summer Kick-Off Meet
1:17.64	L	F	100 Back	7/12/2013	Hawks Summer Invitational 2013
2:21.00	Y	P	200 Back	3/10/2013	AD Gold Short Course Championships
2:43.82	L	P	200 Back	7/19/2013	2013 Adirondack Long Course District Champion
1:17.62	Y	F	100 Breast	1/25/2013	2013 NE ABF Snow Angel Classic
2:45.26	Y	F	200 Breast	1/25/2013	2013 NE ABF Snow Angel Classic
1:01.58	Y	F	100 Fly	11/1/2012	Girls Sec II Division 2 Champ
1:11.52	L	P	100 Fly	3/21/2013	2013 NI - EZ North Region Speedo Ch
1:12.01	S	F	100 Fly	6/15/2013	Piranhas Summer Kick-Off Meet
2:14.04	Y	F	200 Fly	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS
2:39.26	L	F	200 Fly	7/19/2013	2013 Adirondack Long Course District Champion
2:16.30	Y	F	200 IM	3/10/2013	AD Gold Short Course Championships
2:37.03	L	P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion
4:47.71	Y	F	400 IM	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS
5:37.78	L	F	400 IM	7/19/2013	2013 Adirondack Long Course District Champion
Sarah Webber (15) W					
					UN-AD
27.61	Y	F	50 Free	10/6/2012	SHENENDEHOWA GIRLS SWIMMING &
31.86	S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:00.96	Y	F	100 Free	1/4/2013	2013 Starfish Trophy Invitational
1:07.74	L	F	100 Free	7/19/2013	2013 Adirondack Long Course District Champion
2:08.32	Y	F	200 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship
2:30.81	L	F	200 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational

Individual Top Times

Time	P/F/S	Event			
Sarah Webber (15) W					
5:16.05	L	F	400	Free	7/19/2013 2013 Adirondack Long Course District Champion
5:49.17	Y	F	500	Free	3/15/2013 2013 NI - Ap - NYS YMCA Swimming Championship
20:21.29	Y	F	1650	Free	1/4/2013 2013 Starfish Trophy Invitational
33.28	Y L	F	50	Back	2/9/2013 North Country YMCA Swim League 2013 Champions
1:09.26	Y	F	100	Back	1/4/2013 2013 Starfish Trophy Invitational
1:17.21	S	F	100	Back	6/2/2013 2013 Starfish Meter Madness - Pentathlon
2:49.06	L	F	200	Back	6/8/2013 Clinton Cudas Colgate Classic Invitational
1:19.01	Y	F	100	Breast	10/6/2012 SHENENDEHOWA GIRLS SWIMMING &
1:28.55	S	F	100	Breast	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:09.08	Y	F	100	Fly	2/9/2013 North Country YMCA Swim League 2013 Champions
1:17.19	L	P	100	Fly	7/19/2013 2013 Adirondack Long Course District Champion
1:17.91	S	F	100	Fly	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:18.09	S	F	100	IM	6/2/2013 2013 Starfish Meter Madness - Pentathlon
Brooke Weber (9) W					
20.14	Y	F	25	Free	12/2/2012 December Super Splash 2012
24.51	Y	F	25	Back	11/17/2012 Harvest Invitational
32.86	Y	F	25	Breast	12/2/2012 December Super Splash 2012
25.04	Y	F	25	Fly	12/2/2012 December Super Splash 2012
2:01.12	Y	F	100	IM	12/2/2012 December Super Splash 2012
Morgan Weber (10) W					
40.04	Y	F	50	Free	12/2/2012 December Super Splash 2012
50.99	Y	F	50	Back	11/17/2012 Harvest Invitational
59.26	Y	F	50	Breast	11/17/2012 Harvest Invitational
45.54	Y	F	50	Fly	11/17/2012 Harvest Invitational
1:42.29	Y	F	100	IM	12/2/2012 December Super Splash 2012
Jasmine Weber-Pierson (16) W					
1:05.27	Y	F	100	Free	2/23/2013 Cabin Fever Invitational
2:18.43	Y	F	200	Free	3/1/2013 AD Silver Short Course Championships
6:14.41	Y	F	500	Free	11/1/2012 2012 NI - Ob - Section 3 Class A-B-C Champs 2
1:19.07	Y	F	100	Back	2/3/2013 Delmar Dolphins February Freeze Invitational
1:31.50	Y	F	100	Breast	2/3/2013 Delmar Dolphins February Freeze Invitational
Jacob Weed (9) M					
20.24	Y	F	25	Free	2/23/2013 Cabin Fever Invitational
42.13	Y	F	50	Free	2/23/2013 Cabin Fever Invitational
23.92	Y	F	25	Back	2/23/2013 Cabin Fever Invitational
30.40	Y	F	25	Fly	1/27/2013 Thoroughbred Splash 2013
Megan Weeks (8) W					
19.98	Y	F	25	Free	3/1/2013 AD Silver Short Course Championships
46.39	Y	F	50	Free	3/1/2013 AD Silver Short Course Championships
1:51.62	Y	F	100	Free	3/1/2013 AD Silver Short Course Championships
26.99	Y	F	25	Back	1/12/2013 Chris Goody Mini-Meet
55.96	Y	F	50	Back	3/1/2013 AD Silver Short Course Championships
Brock Weingarten (11) M					
46.41	Y	F	50	Free	11/10/2012 CVSL First Splash
59.58	Y	F	50	Back	12/1/2012 Central Valley Swim League Quad Meet
1:03.85	Y	F	50	Breast	12/1/2012 Central Valley Swim League Quad Meet
Katerina Weingarten (15) W					
38.21	Y	F	50	Free	11/10/2012 CVSL First Splash
1:32.58	Y	F	100	Free	1/12/2013 Canajoharie Developmental Meet
1:38.04	Y	F	100	Breast	11/10/2012 CVSL First Splash
Michael Wein (14) M					
31.50	Y	F	50	Free	1/20/2013 Foothills Inv
1:10.97	Y	F	100	Free	2/3/2013 Delmar Dolphins February Freeze Invitational
2:48.51	Y	F	200	Free	1/26/2013 Central Valley Swim Meet Quad Meet
1:31.38	Y	F	100	Back	2/9/2013 Central Valley Swim League Championships
3:26.62	Y	F	200	Back	1/26/2013 Central Valley Swim Meet Quad Meet
Phillip Wein (9) M					
25.23	Y	F	25	Free	1/20/2013 Foothills Inv
1:01.61	Y	F	50	Free	3/1/2013 AD Silver Short Course Championships

Individual Top Times

Time	P/F/S	Event			
Phillip Wein (9) M			CANA-AD		
31.20 Y	F	25 Back	2/9/2013	Central Valley Swim League Championships	
1:10.56 Y	F	50 Back	3/1/2013	AD Silver Short Course Championships	
42.32 Y	F	25 Breast	3/1/2013	AD Silver Short Course Championships	
35.47 Y	F	25 Fly	12/1/2012	Central Valley Swim League Quad Meet	
Maximilian Weires (14) M			HAWK-AD		
28.54 Y	P	50 Free	1/25/2013	Hawks Trials And Finals 2013	
33.17 L	F	50 Free	7/12/2013	Hawks Summer Invitational 2013	
1:02.39 Y	P	100 Free	1/25/2013	Hawks Trials And Finals 2013	
1:13.84 L	F	100 Free	7/12/2013	Hawks Summer Invitational 2013	
2:23.28 Y	P	200 Free	1/25/2013	Hawks Trials And Finals 2013	
5:46.96 L	F	400 Free	7/12/2013	Hawks Summer Invitational 2013	
1:12.91 Y	F	100 Back	3/1/2013	AD Silver Short Course Championships	
1:25.49 L	F	100 Back	7/12/2013	Hawks Summer Invitational 2013	
2:44.68 Y	F	200 Back	1/4/2013	2013 Starfish Trophy Invitational	
3:02.30 L	F	200 Back	7/12/2013	Hawks Summer Invitational 2013	
1:20.02 Y	F	100 Breast	3/1/2013	AD Silver Short Course Championships	
1:31.42 L	F	100 Breast	7/12/2013	Hawks Summer Invitational 2013	
2:52.68 Y	F	200 Breast	3/1/2013	AD Silver Short Course Championships	
3:18.26 L	F	200 Breast	7/12/2013	Hawks Summer Invitational 2013	
x32.84 Y	F	50 Fly	11/18/2012	Hawk-NDAC-CSD	
1:09.32 Y	F	100 Fly	1/25/2013	Hawks Trials And Finals 2013	
1:26.09 L	F	100 Fly	7/12/2013	Hawks Summer Invitational 2013	
2:49.51 Y	F	200 Fly	3/1/2013	AD Silver Short Course Championships	
2:39.28 Y	F	200 IM	1/4/2013	2013 Starfish Trophy Invitational	
2:56.30 L	F	200 IM	7/12/2013	Hawks Summer Invitational 2013	
Simone Weirich (12) W			GRGF-AD		
32.41 Y	F	50 Free	1/4/2013	2013 Starfish Trophy Invitational	
35.87 L	F	50 Free	7/12/2013	Hawks Summer Invitational 2013	
37.13 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:12.46 Y	F	100 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:20.35 L	F	100 Free	7/12/2013	Hawks Summer Invitational 2013	
1:20.84 S	F	100 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
2:57.37 L	F	200 Free	7/12/2013	Hawks Summer Invitational 2013	
36.27 Y	F	50 Back	2/3/2013	Delmar Dolphins February Freeze Invitational	
39.94 S	F	50 Back	6/15/2013	Piranhas Summer Kick-Off Meet	
40.88 L	P	50 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:17.11 Y	F	100 Back	2/23/2013	Cabin Fever Invitational	
1:28.85 S	F	100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:31.28 L	F	100 Back	7/12/2013	Hawks Summer Invitational 2013	
3:09.66 L	F	200 Back	7/19/2013	2013 Adirondack Long Course District Champion	
42.68 Y	F	50 Breast	12/2/2012	December Super Splash 2012	
47.31 S	F	50 Breast	6/15/2013	Piranhas Summer Kick-Off Meet	
47.58 L	P	50 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
1:30.46 Y	P	100 Breast	3/10/2013	AD Gold Short Course Championships	
1:42.93 S	F	100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:44.58 L	P	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
3:39.72 L	F	200 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
37.11 Y	F	50 Fly	2/3/2013	Delmar Dolphins February Freeze Invitational	
43.77 L	F	50 Fly	7/12/2013	Hawks Summer Invitational 2013	
1:37.08 S	F	100 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:20.66 Y	F	100 IM	2/23/2013	Cabin Fever Invitational	
1:28.65 S	F	100 IM	6/15/2013	Piranhas Summer Kick-Off Meet	
3:10.41 L	P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
Harrison Weiss (13) M			SVP-AD		
34.61 Y	F	50 Free	2/9/2013	Central Valley Swim League Championships	
1:21.96 Y	F	100 Free	1/20/2013	Foothills Inv	
3:05.26 Y	F	200 Free	1/26/2013	Central Valley Swim Meet Quad Meet	
41.09 Y	F	50 Back	1/20/2013	Foothills Inv	
1:32.24 Y	F	100 Back	1/26/2013	Central Valley Swim Meet Quad Meet	
48.99 Y	F	50 Breast	3/1/2013	AD Silver Short Course Championships	

Individual Top Times

Time	P/F/S	Event				
Harrison Weiss (13) M						
1:31.63 Y	F	100 IM	3/1/2013	AD Silver Short Course Championships		SVP-AD
Madelyn Weiss (10) W						
35.36 Y	F	50 Free	1/12/2013	Canajoharie Developmental Meet		SVP-AD
1:26.53 Y	F	100 Free	1/12/2013	Canajoharie Developmental Meet		
3:12.00 Y	F	200 Free	3/1/2013	AD Silver Short Course Championships		
46.52 Y	F	50 Back	1/20/2013	Foothills Inv		
46.52 Y	F	50 Back	12/1/2012	Central Valley Swim League Quad Meet		
1:00.80 Y	F	50 Breast	1/20/2013	Foothills Inv		
41.69 Y	F	50 Fly	2/9/2013	Central Valley Swim League Championships		
1:38.49 Y	F	100 Fly	3/10/2013	AD Gold Short Course Championships		
Molly Welch (16) W						
28.39 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships		USAM-AD
59.80 Y	F	100 Free	2/3/2013	Delmar Dolphins February Freeze Invitational		
2:08.22 Y	P	200 Free	3/10/2013	AD Gold Short Course Championships		
5:37.71 Y	F	500 Free	3/10/2013	AD Gold Short Course Championships		
12:03.90 Y	F	1000 Free	12/2/2012	December Super Splash 2012		
1:06.65 Y	P	100 Back	3/10/2013	AD Gold Short Course Championships		
2:23.06 Y	P	200 Back	3/10/2013	AD Gold Short Course Championships		
1:23.47 Y	F	100 Breast	2/10/2013	2013 Piranhas Pentathlon		
3:01.05 Y	F	200 Breast	1/4/2013	2013 Starfish Trophy Invitational		
1:13.83 Y	F	100 Fly	2/10/2013	2013 Piranhas Pentathlon		
2:30.03 Y	F	200 IM	1/4/2013	2013 Starfish Trophy Invitational		
Theadora Welch (10) W						
45.64 Y	F	50 Free	11/10/2012	Pilgrims Pride		WAVE-AD
1:59.39 Y	F	100 Free	11/10/2012	Pilgrims Pride		
1:02.15 Y	F	50 Back	11/10/2012	Pilgrims Pride		
Meghan Welcyng (16) W						
27.86 Y L	F	50 Free	1/27/2013	Thoroughbred Splash 2013		GLFY-AD
1:00.71 Y	F	100 Free	11/4/2012	Hometown Splashdown		
2:16.01 Y	F	200 Free	1/27/2013	Thoroughbred Splash 2013		
1:14.82 Y	F	100 Back	11/4/2012	Hometown Splashdown		
2:37.08 Y	F	200 Back	1/12/2013	Chris Goody IMX Challenge		
1:23.36 Y	F	100 Breast	1/27/2013	Thoroughbred Splash 2013		
3:04.01 Y	F	200 Breast	1/12/2013	Chris Goody IMX Challenge		
1:22.74 Y	F	100 Fly	1/27/2013	Thoroughbred Splash 2013		
2:40.50 Y	F	200 IM	11/4/2012	Hometown Splashdown		
5:55.32 Y	F	400 IM	12/2/2012	December Super Splash 2012		
William Weldon (10) M						
33.86 Y	F	50 Free	3/10/2013	AD Gold Short Course Championships		CLRK-AD
1:17.67 Y	F	100 Free	3/10/2013	AD Gold Short Course Championships		
3:13.37 Y	F	200 Free	12/15/2012	Central Valley Swim League Quad Meet		
40.18 Y	F	50 Back	3/10/2013	AD Gold Short Course Championships		
1:27.98 Y	F	100 Back	3/10/2013	AD Gold Short Course Championships		
53.23 Y	F	50 Breast	3/1/2013	AD Silver Short Course Championships		
1:50.41 Y	F	100 Breast	1/26/2013	Central Valley Swim Meet Quad Meet		
44.68 Y	F	50 Fly	3/1/2013	AD Silver Short Course Championships		
1:30.72 Y	F	100 IM	3/1/2013	AD Silver Short Course Championships		
Emerson Wells (17) M						
25.00 Y	F	50 Free	1/4/2013	2013 Starfish Trophy Invitational		ALBS-AD
27.72 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon		
28.11 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion		
52.00 Y L	F	100 Free	3/10/2013	AD Gold Short Course Championships		
1:01.33 L	F	100 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational		
1:47.06 Y	P	200 Free	2/14/2013	Section II Championships Large		
2:04.46 L	P	200 Free	3/21/2013	2013 NI - EZ North Region Speedo Ch		
4:25.88 L	P	400 Free	3/21/2013	2013 NI - EZ North Region Speedo Ch		
4:45.13 Y	F	500 Free	2/14/2013	Section II Championships Large		
8:57.64 L	F	800 Free	3/21/2013	2013 NI - EZ North Region Speedo Ch		
16:32.18 Y	F	1650 Free	3/10/2013	AD Gold Short Course Championships		

Individual Top Times

Time	P/F/S	Event			
Emerson Wells (17) M					
ALBS-AD					
1:03.37	Y	F	100	Back	1/4/2013 2013 Starfish Trophy Invitational
1:11.05	S	F	100	Back	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:10.68	Y	F	100	Breast	1/4/2013 2013 Starfish Trophy Invitational
1:19.62	S	F	100	Breast	6/2/2013 2013 Starfish Meter Madness - Pentathlon
2:30.45	Y	F	200	Breast	1/4/2013 2013 Starfish Trophy Invitational
56.47	Y	F	100	Fly	3/10/2013 AD Gold Short Course Championships
1:06.83	S	F	100	Fly	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:07.92	L	P	100	Fly	7/19/2013 2013 Adirondack Long Course District Champion
2:00.46	Y	F	200	Fly	3/10/2013 AD Gold Short Course Championships
2:20.12	L	P	200	Fly	3/21/2013 2013 NI - EZ North Region Speedo Ch
1:09.34	S	F	100	IM	6/2/2013 2013 Starfish Meter Madness - Pentathlon
2:08.43	Y	F	200	IM	12/15/2012 2012 AD SHENENDEHOWA Boys
2:08.43	Y	F	200	IM	12/15/2012 SHENENDEHOWA Boys SWIMMING & D
4:26.12	Y	F	400	IM	2/15/2013 AD 2013 REGION 1 CHAMPIONSHIPS
Gabriela Wemple (15) W					
UN-AD					
28.41	Y	P	50	Free	11/1/2012 Girls Sec II Division I Champ
32.81	S	F	50	Free	6/15/2013 Piranhas Summer Kick-Off Meet
2:48.80	S	F	200	Free	6/15/2013 Piranhas Summer Kick-Off Meet
1:17.86	Y	F	100	Back	10/6/2012 SHENENDEHOWA GIRLS SWIMMING &
1:25.85	S	F	100	Back	6/15/2013 Piranhas Summer Kick-Off Meet
1:41.09	S	F	100	Breast	6/15/2013 Piranhas Summer Kick-Off Meet
Daniel Wenzel (21) M					
GCAT-AD					
26.09	L	P	50	Free	7/19/2013 2013 Adirondack Long Course District Champion
1:08.94	L	P	100	Back	7/19/2013 2013 Adirondack Long Course District Champion
Abigail Werwaiss (14) W					
USAM-AD					
29.55	Y	F	50	Free	3/1/2013 AD Silver Short Course Championships
1:02.84	Y	F	100	Free	3/1/2013 AD Silver Short Course Championships
2:16.95	Y	F	200	Free	3/1/2013 AD Silver Short Course Championships
6:21.97	Y	F	500	Free	1/12/2013 Chris Goody IMX Challenge
1:18.89	Y	F	100	Back	3/1/2013 AD Silver Short Course Championships
2:47.34	Y	F	200	Back	1/4/2013 2013 Starfish Trophy Invitational
1:37.21	Y	F	100	Breast	3/1/2013 AD Silver Short Course Championships
3:21.26	Y	F	200	Breast	12/9/2012 Piranhas December Distance Invite
1:13.24	Y	F	100	Fly	2/10/2013 2013 Piranhas Pentathlon
2:44.25	Y	F	200	IM	1/4/2013 2013 Starfish Trophy Invitational
Willa Werwaiss (9) W					
USAM-AD					
34.47	Y	F	50	Free	3/10/2013 AD Gold Short Course Championships
1:18.22	Y	F	100	Free	3/10/2013 AD Gold Short Course Championships
2:47.69	Y	F	200	Free	3/10/2013 AD Gold Short Course Championships
7:15.57	Y	F	500	Free	3/10/2013 AD Gold Short Course Championships
40.73	Y	F	50	Back	3/10/2013 AD Gold Short Course Championships
1:27.30	Y	F	100	Back	3/10/2013 AD Gold Short Course Championships
49.00	Y	F	50	Breast	3/1/2013 AD Silver Short Course Championships
38.62	Y	F	50	Fly	3/9/2013 Eastern States League Championships 2013
1:27.68	Y	F	100	IM	3/10/2013 AD Gold Short Course Championships
Anna Western (10) W					
TBS-AD					
51.69	Y	F	50	Free	1/20/2013 Foothills Inv
57.11	Y	F	50	Back	2/10/2013 2013 Piranhas Pentathlon
Sarah Wettergreen (13) W					
SSCY-AD					
28.50	Y	F	50	Free	3/3/2013 North Country League Meet
1:03.56	Y	F	100	Free	2/9/2013 North Country YMCA Swim League 2013 Champions
2:16.84	Y	F	200	Free	2/9/2013 North Country YMCA Swim League 2013 Champions
6:22.03	Y	F	500	Free	3/3/2013 North Country League Meet
33.30	Y L	F	50	Back	2/9/2013 North Country YMCA Swim League 2013 Champions
1:10.49	Y	F	100	Back	2/9/2013 North Country YMCA Swim League 2013 Champions
1:12.04	Y	F	100	Fly	2/3/2013 Delmar Dolphins February Freeze Invitational
2:36.88	Y	P	200	IM	1/18/2013 CT 2013 Wahoo Winter Informatio
Dylan White (16) M					
GRGF-AD					
28.86	Y L	F	50	Free	11/4/2012 Hometown Splashdown

Individual Top Times

Time	P/F/S	Event				
Dylan White (16) M						
1:01.24	Y	F	100	Free	11/4/2012	Hometown Splashdown
1:10.10	Y	F	100	Back	11/4/2012	Hometown Splashdown
1:15.41	Y	F	100	Fly	11/4/2012	Hometown Splashdown
Ian White (8) M						
28.61	Y	F	25	Free	12/15/2012	Sharks 12&Under Mini-Meet
1:09.19	Y	F	50	Free	12/15/2012	Sharks 12&Under Mini-Meet
32.86	Y	F	25	Back	12/15/2012	Sharks 12&Under Mini-Meet
Morgan Whitney (15) W						
2:14.10	Y	F	200	Free	11/1/2012	2012 NI - Ob - Section 3 Class A-B-C Champs 2
1:09.06	Y	F	100	Back	11/1/2012	2012 NI - Ob - Section 3 Class A-B-C Champs 2
Brendan Wick (14) M						
27.56	Y	F	50	Free	2/23/2013	Cabin Fever Invitational
1:02.89	Y	F	100	Free	2/23/2013	Cabin Fever Invitational
1:13.91	Y	F	100	Back	2/23/2013	Cabin Fever Invitational
1:33.25	Y	F	100	Breast	11/4/2012	Hometown Splashdown
Ella Wicklund (7) W						
30.62	Y	F	25	Free	3/1/2013	AD Silver Short Course Championships
32.69	S	F	25	Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:06.11	Y	F	50	Free	3/1/2013	AD Silver Short Course Championships
1:22.36	S	F	50	Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon
33.25	S	F	25	Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon
34.50	Y	F	25	Back	3/1/2013	AD Silver Short Course Championships
1:20.49	Y	F	50	Back	3/1/2013	AD Silver Short Course Championships
Sarah Wilder (13) W						
28.20	Y	F	50	Free	3/2/2013	2013 NI - METS - Meet the Flintstones
32.02	L	P	50	Free	7/19/2013	2013 Adirondack Long Course District Champion
1:03.45	Y	F	100	Free	3/2/2013	2013 NI - METS - Meet the Flintstones
1:11.04	L	P	100	Free	7/19/2013	2013 Adirondack Long Course District Champion
33.29	Y	P	50	Back	3/10/2013	AD Gold Short Course Championships
1:25.03	L	P	100	Back	7/19/2013	2013 Adirondack Long Course District Champion
43.82	Y	F	50	Breast	2/10/2013	2013 Piranhas Pentathlon
1:50.18	L	P	100	Breast	7/19/2013	2013 Adirondack Long Course District Champion
3:49.54	L	P	200	Breast	7/19/2013	2013 Adirondack Long Course District Champion
31.01	Y	P	50	Fly	3/10/2013	AD Gold Short Course Championships
1:12.97	Y	P	100	Fly	3/10/2013	AD Gold Short Course Championships
1:24.93	L	P	100	Fly	7/19/2013	2013 Adirondack Long Course District Champion
3:04.02	L	F	200	Fly	7/19/2013	2013 Adirondack Long Course District Champion
1:17.85	Y	F	100	IM	2/10/2013	2013 Piranhas Pentathlon
2:44.28	Y	F	200	IM	3/2/2013	2013 NI - METS - Meet the Flintstones
3:09.83	L	P	200	IM	7/19/2013	2013 Adirondack Long Course District Champion
Matthew Wilkinson (14) M						
25.20	Y	P	50	Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship
28.46	S	F	50	Free	6/15/2013	Piranhas Summer Kick-Off Meet
29.00	L	F	50	Free	7/12/2013	Hawks Summer Invitational 2013
54.54	Y	P	100	Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship
1:01.80	L	F	100	Free	7/19/2013	2013 Adirondack Long Course District Champion
2:02.12	Y	P	200	Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship
2:18.26	S	F	200	Free	6/15/2013	Piranhas Summer Kick-Off Meet
2:23.11	L	P	200	Free	7/19/2013	2013 Adirondack Long Course District Champion
5:11.67	L	F	400	Free	7/12/2013	Hawks Summer Invitational 2013
5:47.05	Y	F	500	Free	1/12/2013	Chris Goody IMX Challenge
1:10.85	Y	F	100	Back	1/4/2013	2013 Starfish Trophy Invitational
1:17.00	S	F	100	Back	6/15/2013	Piranhas Summer Kick-Off Meet
1:21.06	L	P	100	Back	7/19/2013	2013 Adirondack Long Course District Champion
2:29.36	Y	F	200	Back	1/12/2013	Chris Goody IMX Challenge
1:28.75	S	F	100	Breast	6/15/2013	Piranhas Summer Kick-Off Meet
1:33.35	L	F	100	Breast	7/19/2013	2013 Adirondack Long Course District Champion
2:46.43	Y	F	200	Breast	1/12/2013	Chris Goody IMX Challenge
1:06.61	Y	F	100	Fly	1/27/2013	Thoroughbred Splash 2013

GRGF-AD

BENN-AD

UN-AD

GRGF-AD

ALBS-AD

TBS-AD

GLFY-AD

Individual Top Times

Time	P/F/S	Event			
Matthew Wilkinson (14) M			GLFY-AD		
1:13.50	L F	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:15.70	S F	100 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:30.36	Y F	200 Fly	1/12/2013	Chris Goody IMX Challenge	
1:16.65	S F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:24.67	Y F	200 IM	1/12/2013	Chris Goody IMX Challenge	
2:47.93	L P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
5:04.52	Y F	400 IM	1/12/2013	Chris Goody IMX Challenge	
5:56.89	L F	400 IM	7/19/2013	2013 Adirondack Long Course District Champion	
Melissa Wilkinson (18) W			GLFY-AD		
25.49	Y F	50 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
30.26	L P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
30.60	S L F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
59.73	Y F	100 Free	1/27/2013	Thoroughbred Splash 2013	
1:07.38	L F	100 Free	7/12/2013	Hawks Summer Invitational 2013	
2:22.73	S F	200 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
2:24.51	L P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
5:12.61	L F	400 Free	7/19/2013	2013 Adirondack Long Course District Champion	
5:26.51	Y F	500 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
21:00.15	L F	1500 Free	7/19/2013	2013 Adirondack Long Course District Champion	
21:00.15	L F	1500 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:09.17	Y F	100 Back	1/4/2013	2013 Starfish Trophy Invitational	
1:19.03	S F	100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:20.22	L L F	100 Back	7/12/2013	Hawks Summer Invitational 2013	
2:31.05	Y F	200 Back	1/12/2013	Chris Goody IMX Challenge	
1:37.47	S F	100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
3:04.34	Y F	200 Breast	1/12/2013	Chris Goody IMX Challenge	
1:02.11	Y P	100 Fly	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
1:14.08	L P	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:14.41	S F	100 Fly	6/15/2013	Piranhas Summer Kick-Off Meet	
2:32.73	Y F	200 Fly	2/9/2013	North Country YMCA Swim League 2013 Champions	
2:59.96	L F	200 Fly	7/12/2013	Hawks Summer Invitational 2013	
1:21.76	S F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:31.26	Y F	200 IM	1/12/2013	Chris Goody IMX Challenge	
2:43.94	S F	200 IM	6/15/2013	Piranhas Summer Kick-Off Meet	
2:49.23	L P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
5:14.39	Y F	400 IM	12/2/2012	December Super Splash 2012	
6:07.40	L F	400 IM	7/12/2013	Hawks Summer Invitational 2013	
Nicholas Wilkinson (18) M			GLFY-AD		
22.90	Y F	50 Free	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS	
49.78	Y P	100 Free	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS	
25.70	Y F	50 Back	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
53.10	Y F	100 Back	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
1:57.33	Y F	200 Back	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
2:35.37	Y F	200 Breast	1/12/2013	Chris Goody IMX Challenge	
52.54	Y F	100 Fly	2/14/2013	Section II Championships Small	
2:02.64	Y F	200 Fly	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
2:03.45	Y F	200 IM	12/15/2012	2012 AD SHENENDEHOWA Boys	
2:03.45	Y F	200 IM	12/15/2012	SHENENDEHOWA Boys SWIMMING & D	
Ryan Wilkinson (12) M			GLFY-AD		
28.24	Y F	50 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
31.59	L F	50 Free	7/12/2013	Hawks Summer Invitational 2013	
31.85	S F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
1:04.01	Y F	100 Free	2/9/2013	North Country YMCA Swim League 2013 Champions	
1:10.43	L F	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:10.88	S F	100 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
2:12.94	Y P	200 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
2:37.06	L F	200 Free	7/12/2013	Hawks Summer Invitational 2013	
5:31.54	L F	400 Free	7/19/2013	2013 Adirondack Long Course District Champion	
6:07.39	Y F	500 Free	1/12/2013	Chris Goody IMX Challenge	
13:05.12	Y F	1000 Free	12/2/2012	December Super Splash 2012	

Individual Top Times

Time	P/F/S	Event			
Ryan Wilkinson (12) M			GLFY-AD		
41.74 L	F	50 Back	7/12/2013	Hawks Summer Invitational 2013	
1:21.46 Y	F	100 Back	1/12/2013	Chris Goody IMX Challenge	
1:32.59 S	F	100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
42.14 Y	F	50 Breast	12/2/2012	December Super Splash 2012	
46.48 L	F	50 Breast	7/12/2013	Hawks Summer Invitational 2013	
46.71 S	F	50 Breast	6/15/2013	Piranhas Summer Kick-Off Meet	
1:29.47 Y	F	100 Breast	1/12/2013	Chris Goody IMX Challenge	
1:39.87 S	F	100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:44.24 L	F	100 Breast	7/12/2013	Hawks Summer Invitational 2013	
3:32.89 L	F	200 Breast	7/12/2013	Hawks Summer Invitational 2013	
32.95 Y	P	50 Fly	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
1:16.49 Y	F	100 Fly	1/12/2013	Chris Goody IMX Challenge	
1:25.07 L	P	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:25.56 S	F	100 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:24.19 S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:46.75 Y	F	200 IM	1/12/2013	Chris Goody IMX Challenge	
2:59.68 L	P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
5:45.86 Y	F	400 IM	1/12/2013	Chris Goody IMX Challenge	
6:33.65 L	F	400 IM	7/12/2013	Hawks Summer Invitational 2013	
Andrew Williams (14) M			GRGF-AD		
1:19.19 Y	F	100 Free	11/4/2012	Hometown Splashdown	
3:14.59 Y	F	200 IM	11/4/2012	Hometown Splashdown	
Annie Williams (14) W			SCHE-AD		
25.59 Y	P	50 Free	3/28/2013	2013 Eastern Zone SC Swimming Championships	
29.27 L	F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
55.68 Y	F	100 Free	3/28/2013	2013 Eastern Zone SC Swimming Championships	
1:03.84 L L	F	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:01.93 Y	F	200 Free	3/10/2013	AD Gold Short Course Championships	
2:18.34 L	F	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
4:54.83 L	F	400 Free	7/19/2013	2013 Adirondack Long Course District Champion	
5:30.08 Y	F	500 Free	3/10/2013	AD Gold Short Course Championships	
28.69 Y	F	50 Back	3/28/2013	2013 Eastern Zone SC Swimming Championships	
35.20 L	F	50 Back	6/1/2013	2013 NE MTSC June 1st Meet	
35.20 L	F	50 Back	6/1/2013	2013 NE MTSC June 1st Meet	
1:01.62 Y	F	100 Back	3/10/2013	AD Gold Short Course Championships	
1:14.48 L	F	100 Back	7/6/2013	Sharks Summer Invite	
2:16.22 Y	F	200 Back	3/10/2013	AD Gold Short Course Championships	
2:39.34 L	F	200 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:25.88 Y	F	100 Breast	11/17/2012	Harvest Invitational	
2:55.26 Y	F	200 Breast	1/12/2013	Chris Goody IMX Challenge	
31.12 L	F	50 Fly	6/1/2013	2013 NE MTSC June 1st Meet	
31.12 L	F	50 Fly	6/1/2013	2013 NE MTSC June 1st Meet	
1:03.98 Y	F	100 Fly	3/10/2013	AD Gold Short Course Championships	
1:09.82 L	F	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
2:37.66 Y	F	200 Fly	1/12/2013	Chris Goody IMX Challenge	
2:24.10 Y	F	200 IM	1/12/2013	Chris Goody IMX Challenge	
2:38.98 L	F	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
5:03.66 Y	F	400 IM	3/10/2013	AD Gold Short Course Championships	
Blair Williams (15) W			SCHE-AD		
24.75 Y	P	50 Free	3/21/2013	2013 CT Senior Open Championship	
28.07 L	F	50 Free	6/1/2013	2013 NE MTSC June 1st Meet	
28.07 L	F	50 Free	6/1/2013	2013 NE MTSC June 1st Meet	
54.40 Y	P	100 Free	3/21/2013	2013 CT Senior Open Championship	
1:02.99 L L	F	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:01.27 Y	F	200 Free	12/6/2012	2012 NE NSSC MIT Invite	
2:22.78 L	F	200 Free	6/1/2013	2013 NE MTSC June 1st Meet	
2:22.78 L	F	200 Free	6/1/2013	2013 NE MTSC June 1st Meet	
5:37.77 Y	F	500 Free	3/10/2013	AD Gold Short Course Championships	
34.57 L	F	50 Back	6/1/2013	2013 NE MTSC June 1st Meet	
34.57 L	F	50 Back	6/1/2013	2013 NE MTSC June 1st Meet	

Individual Top Times

Time	P/F/S	Event			
Blair Williams (15) W			SCHE-AD		
1:02.67 Y	F	100 Back	3/10/2013	AD Gold Short Course Championships	
1:13.31 L	P	100 Back	6/20/2013	TWST Senior Invitational	
2:17.35 Y	F	200 Back	12/6/2012	2012 NE NSSC MIT Invite	
2:39.01 L	F	200 Back	6/1/2013	2013 NE MTSC June 1st Meet	
2:39.01 L	F	200 Back	6/1/2013	2013 NE MTSC June 1st Meet	
37.56 L	F	50 Breast	6/20/2013	TWST Senior Invitational	
1:10.02 Y	F	100 Breast	12/6/2012	2012 NE NSSC MIT Invite	
1:22.99 L	F	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
2:38.58 Y	P	200 Breast	3/21/2013	2013 CT Senior Open Championship	
3:04.95 L	F	200 Breast	7/6/2013	Sharks Summer Invite	
30.46 L	F	50 Fly	6/20/2013	TWST Senior Invitational	
1:09.84 L	P	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
2:21.92 Y	F	200 Fly	1/12/2013	Chris Goody IMX Challenge	
2:17.38 Y	P	200 IM	12/6/2012	2012 NE NSSC MIT Invite	
2:38.96 L	P	200 IM	6/20/2013	TWST Senior Invitational	
4:57.39 Y	P	400 IM	12/6/2012	2012 NE NSSC MIT Invite	
Erika Williams (15) W			GRGF-AD		
34.71 Y	F	50 Free	1/4/2013	2013 Starfish Trophy Invitational	
1:16.90 Y	F	100 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
2:52.99 Y	F	200 Free	12/2/2012	December Super Splash 2012	
1:21.47 Y	F	100 Back	2/23/2013	Cabin Fever Invitational	
3:05.15 Y	F	200 Back	1/4/2013	2013 Starfish Trophy Invitational	
2:02.94 Y	F	100 Breast	11/4/2012	Hometown Splashdown	
1:40.55 Y	F	100 Fly	1/4/2013	2013 Starfish Trophy Invitational	
3:25.90 Y	F	200 IM	11/4/2012	Hometown Splashdown	
Mattie Williams (11) W			SCHE-AD		
28.60 Y	F	50 Free	3/10/2013	AD Gold Short Course Championships	
1:05.21 Y	P	100 Free	3/10/2013	AD Gold Short Course Championships	
1:16.51 L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:23.41 Y	F	200 Free	1/27/2013	Thoroughbred Splash 2013	
2:40.01 L	P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
6:17.62 Y	F	500 Free	3/10/2013	AD Gold Short Course Championships	
32.32 Y	P	50 Back	3/10/2013	AD Gold Short Course Championships	
34.70 L	F	50 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:10.38 Y	F	100 Back	3/10/2013	AD Gold Short Course Championships	
1:17.03 L	F	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
2:29.23 Y	F	200 Back	3/10/2013	AD Gold Short Course Championships	
2:50.73 L	F	200 Back	7/19/2013	2013 Adirondack Long Course District Champion	
40.79 Y	F	50 Breast	10/21/2012	2012 Trick or Treat Meet	
44.96 L	F	50 Breast	6/1/2013	2013 NE MTSC June 1st Meet	
44.96 L	F	50 Breast	6/1/2013	2013 NE MTSC June 1st Meet	
1:31.90 Y	F	100 Breast	1/12/2013	Chris Goody IMX Challenge	
1:39.76 L	P	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
32.70 Y	P	50 Fly	3/10/2013	AD Gold Short Course Championships	
35.81 L	F	50 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:17.64 Y	F	100 Fly	2/23/2013	Cabin Fever Invitational	
1:34.52 L	P	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:14.15 Y	P	100 IM	3/10/2013	AD Gold Short Course Championships	
2:38.22 Y	F	200 IM	3/10/2013	AD Gold Short Course Championships	
2:55.30 L	P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
Megan Williams (13) W			SCHE-AD		
29.36 Y	F	50 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:02.85 Y	F	100 Free	3/10/2013	AD Gold Short Course Championships	
2:16.48 Y	F	200 Free	3/10/2013	AD Gold Short Course Championships	
6:13.77 Y	F	500 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
35.59 Y	F	50 Back	2/10/2013	2013 Piranhas Pentathlon	
1:14.31 Y	P	100 Back	3/10/2013	AD Gold Short Course Championships	
2:46.45 Y	F	200 Back	1/12/2013	Chris Goody IMX Challenge	
42.82 Y	F	50 Breast	2/10/2013	2013 Piranhas Pentathlon	
1:32.73 Y	F	100 Breast	1/12/2013	Chris Goody IMX Challenge	

Individual Top Times

Time	P/F/S	Event				
Megan Williams (13) W						
31.53 Y	F	50 Fly	2/10/2013	2013 Piranhas Pentathlon		SCHE-AD
1:09.62 Y	F	100 Fly	3/10/2013	AD Gold Short Course Championships		
1:15.70 Y	P	100 IM	3/10/2013	AD Gold Short Course Championships		
2:40.39 Y	F	200 IM	1/12/2013	Chris Goody IMX Challenge		
Olivia Williams (17) W						
30.28 Y	F	50 Free	12/2/2012	December Super Splash 2012		GUY-AD
1:05.82 Y	F	100 Free	10/6/2012	SHENENDEHOWA GIRLS SWIMMING &		
2:31.65 Y	F	200 Free	2/9/2013	North Country YMCA Swim League 2013 Champions		
1:17.98 Y	F	100 Back	11/10/2012	Pilgrims Pride		
2:57.24 Y	F	200 Back	1/4/2013	2013 Starfish Trophy Invitational		
1:33.21 Y	F	100 Breast	10/6/2012	SHENENDEHOWA GIRLS SWIMMING &		
1:11.85 Y	P	100 Fly	11/1/2012	Girls Sec II Division I Champ		
2:49.19 Y	F	200 IM	2/9/2013	North Country YMCA Swim League 2013 Champions		
Rachel Williams (10) W						
45.55 Y	F	50 Free	1/12/2013	Canajoharie Developmental Meet		CLIN-AD
1:54.83 Y	F	100 Free	1/12/2013	Canajoharie Developmental Meet		
58.54 Y	F	50 Back	2/3/2013	Delmar Dolphins February Freeze Invitational		
57.32 Y	F	50 Breast	2/3/2013	Delmar Dolphins February Freeze Invitational		
Isabelle Willis (11) W						
38.37 Y	F	50 Free	1/20/2013	Foothills Inv		GLOY-AD
1:21.66 Y	F	100 Free	1/20/2013	Foothills Inv		
54.28 Y	F	50 Breast	1/20/2013	Foothills Inv		
Sophey Willis (9) W						
52.16 Y	F	50 Free	1/20/2013	Foothills Inv		GLOY-AD
1:57.34 Y	F	100 Free	1/20/2013	Foothills Inv		
1:01.04 Y	F	50 Back	1/20/2013	Foothills Inv		
Norah Wilson (9) W						
18.50 Y	F	25 Free	10/21/2012	2012 Trick or Treat Meet		CPP-AD
37.68 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships		
41.37 S	F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet		
1:30.56 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships		
1:38.26 S	F	100 Free	6/15/2013	Piranhas Summer Kick-Off Meet		
48.74 Y	F	50 Back	3/1/2013	AD Silver Short Course Championships		
52.90 S	F	50 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon		
25.33 Y	F	25 Breast	10/21/2012	2012 Trick or Treat Meet		
47.03 Y	F	50 Breast	3/10/2013	AD Gold Short Course Championships		
52.86 S	F	50 Breast	6/15/2013	Piranhas Summer Kick-Off Meet		
1:56.27 Y	F	100 Breast	11/17/2012	Harvest Invitational		
20.97 Y	F	25 Fly	10/21/2012	2012 Trick or Treat Meet		
50.76 S	F	50 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon		
1:35.26 Y	F	100 IM	3/1/2013	AD Silver Short Course Championships		
3:38.43 Y	F	200 IM	12/9/2012	Piranhas December Distance Invite		
Marie Winn (10) W						
33.93 Y	F	50 Free	3/10/2013	AD Gold Short Course Championships		CLIN-AD
1:18.28 Y	F	100 Free	3/10/2013	AD Gold Short Course Championships		
40.63 Y	F	50 Back	1/4/2013	2013 Starfish Trophy Invitational		
1:30.99 Y	F	100 Back	3/1/2013	AD Silver Short Course Championships		
52.18 Y	F	50 Breast	1/4/2013	2013 Starfish Trophy Invitational		
42.94 Y	F	50 Fly	2/3/2013	Delmar Dolphins February Freeze Invitational		
1:30.17 Y	F	100 IM	3/10/2013	AD Gold Short Course Championships		
Bruce Winter (15) M						
31.04 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion		GCAT-AD
31.08 S	F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet		
1:09.86 L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion		
2:34.14 S	F	200 Free	6/15/2013	Piranhas Summer Kick-Off Meet		
1:35.57 L	P	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion		
1:36.16 S	F	100 Breast	6/15/2013	Piranhas Summer Kick-Off Meet		
Margie Winter (11) W						
36.87 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion		GCAT-AD

Individual Top Times

Time	P/F/S	Event				
Margie Winter (11) W						
1:51.48 L	P	100	Breast	7/19/2013	2013 Adirondack Long Course District Champion	GCAT-AD
Andrianna Wise (12) W						
31.71 Y	F	50	Free	3/1/2013	AD Silver Short Course Championships	SCHE-AD
36.52 L	P	50	Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:12.32 Y	F	100	Free	3/1/2013	AD Silver Short Course Championships	
2:39.34 Y	F	200	Free	3/1/2013	AD Silver Short Course Championships	
3:06.28 L	P	200	Free	7/19/2013	2013 Adirondack Long Course District Champion	
39.62 Y	F	50	Back	3/1/2013	AD Silver Short Course Championships	
1:22.95 Y	F	100	Back	3/1/2013	AD Silver Short Course Championships	
46.46 Y	F	50	Breast	1/27/2013	Thoroughbred Splash 2013	
52.93 L	P	50	Breast	7/19/2013	2013 Adirondack Long Course District Champion	
1:37.65 Y	F	100	Breast	3/1/2013	AD Silver Short Course Championships	
1:56.22 L	P	100	Breast	7/19/2013	2013 Adirondack Long Course District Champion	
38.63 Y	F	50	Fly	3/1/2013	AD Silver Short Course Championships	
48.82 L	P	50	Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:41.82 Y	F	100	Fly	2/23/2013	Cabin Fever Invitational	
1:23.46 Y	F	100	IM	3/1/2013	AD Silver Short Course Championships	
3:04.89 Y	F	200	IM	2/23/2013	Cabin Fever Invitational	
3:33.95 L	P	200	IM	7/19/2013	2013 Adirondack Long Course District Champion	
Schuyler Withington (15) W						
28.81 Y	F	50	Free	2/23/2013	Cabin Fever Invitational	UN-AD
1:02.86 Y	F	100	Free	2/23/2013	Cabin Fever Invitational	
1:26.97 Y	F	100	Breast	2/23/2013	Cabin Fever Invitational	
Elizabeth Woldring (15) W						
30.48 Y L	F	50	Free	11/17/2012	Harvest Invitational	SARY-AD
1:06.06 Y	F	100	Free	11/17/2012	Harvest Invitational	
6:27.05 Y	F	500	Free	2/9/2013	North Country YMCA Swim League 2013 Champions	
1:19.42 Y	F	100	Back	10/6/2012	SHENENDEHOWA GIRLS SWIMMING &	
1:14.35 Y	P	100	Fly	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
2:45.54 Y	F	200	IM	11/17/2012	Harvest Invitational	
Kellen Wolfe (15) M						
28.01 S	F	50	Free	6/15/2013	Piranhas Summer Kick-Off Meet	GLFY-AD
2:14.93 S	F	200	Free	6/15/2013	Piranhas Summer Kick-Off Meet	
1:15.01 S	F	100	Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:25.47 S	F	100	Breast	6/15/2013	Piranhas Summer Kick-Off Meet	
1:20.44 S	F	100	Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:14.77 S	F	100	IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:37.18 S	F	200	IM	6/15/2013	Piranhas Summer Kick-Off Meet	
Ella Wolfstich (11) W						
32.76 Y	F	50	Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	GLFY-AD
40.55 Y	F	50	Back	1/12/2013	Chris Goody Mini-Meet	
1:31.82 Y	F	100	Back	1/4/2013	2013 Starfish Trophy Invitational	
43.89 Y	F	50	Breast	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
38.00 Y	F	50	Fly	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
1:21.17 Y	F	100	IM	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
Michael Wong (9) M						
20.25 Y	F	25	Free	12/15/2012	Sharks 12&Under Mini-Meet	ALBS-AD
44.23 Y	F	50	Free	1/4/2013	2013 Starfish Trophy Invitational	
49.13 S	F	50	Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
51.20 L	F	50	Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:40.82 Y	F	100	Free	3/1/2013	AD Silver Short Course Championships	
1:49.35 S	F	100	Free	6/15/2013	Piranhas Summer Kick-Off Meet	
3:51.34 L	F	200	Free	7/19/2013	2013 Adirondack Long Course District Champion	
23.11 Y	F	25	Back	11/17/2012	Harvest Invitational	
53.54 S	F	50	Back	6/15/2013	Piranhas Summer Kick-Off Meet	
53.84 Y	F	50	Back	3/1/2013	AD Silver Short Course Championships	
55.35 L	F	50	Back	6/8/2013	Clinton Cudas Colgate Classic Invitational	
27.78 Y	F	25	Breast	12/15/2012	Sharks 12&Under Mini-Meet	
52.32 Y	F	50	Breast	3/1/2013	AD Silver Short Course Championships	

Individual Top Times

Time	P/F/S	Event			
Michael Wong (9) M					
56.08 S	F	50 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	ALBS-AD
2:07.26 L	F	100 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational	
29.94 Y	F	25 Fly	10/20/2012	Ravena Autumn Breeze 2012	
1:50.85 S	F	100 IM	6/15/2013	Piranhas Summer Kick-Off Meet	
Curtis Woodard (17) M					
29.44 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	GCAT-AD
1:04.60 L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:20.02 S	F	200 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
1:11.69 S	F	100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:15.28 L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
2:41.72 L	P	200 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:08.67 S	F	100 Fly	6/15/2013	Piranhas Summer Kick-Off Meet	
1:13.56 L	F	100 Fly	6/8/2013	Clinton Cudas Colgate Classic Invitational	
2:59.55 L	F	200 Fly	6/8/2013	Clinton Cudas Colgate Classic Invitational	
1:10.62 S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:35.81 S	F	200 IM	6/15/2013	Piranhas Summer Kick-Off Meet	
2:39.42 L	F	200 IM	6/8/2013	Clinton Cudas Colgate Classic Invitational	
Kayla Woodman (17) W					
1:06.77 Y	P	100 Free	11/1/2012	Girls Sec II Division 2 Champ	UN-AD
2:32.53 Y	F	200 Free	1/20/2013	Foothills Inv	
1:16.54 Y	P	100 Back	11/1/2012	Girls Sec II Division 2 Champ	
Schuyler Woods (17) M					
1:09.71 Y	F	100 Free	11/4/2012	Hometown Splashdown	GRGF-AD
1:18.28 Y	F	100 Back	11/4/2012	Hometown Splashdown	
1:42.64 Y	F	100 Breast	11/4/2012	Hometown Splashdown	
Lindsey Wright (17) W					
27.91 Y	F	50 Free	12/2/2012	December Super Splash 2012	GLFY-AD
32.22 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:00.97 Y	F	100 Free	1/4/2013	2013 Starfish Trophy Invitational	
6:00.25 Y	F	500 Free	1/12/2013	Chris Goody IMX Challenge	
1:24.53 S	F	100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:40.86 Y	F	200 Back	1/12/2013	Chris Goody IMX Challenge	
1:15.53 Y	F	100 Breast	2/9/2013	North Country YMCA Swim League 2013 Champions	
1:25.00 S	F	100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:44.64 Y	F	200 Breast	1/12/2013	Chris Goody IMX Challenge	
1:09.74 Y	F	100 Fly	2/9/2013	North Country YMCA Swim League 2013 Champions	
1:18.73 S	F	100 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:41.04 Y	F	200 Fly	1/12/2013	Chris Goody IMX Challenge	
1:20.48 S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:28.08 Y	F	200 IM	1/4/2013	2013 Starfish Trophy Invitational	
5:20.62 Y	F	400 IM	12/2/2012	December Super Splash 2012	
Paul Wright (11) M					
58.93 Y	F	50 Breast	12/2/2012	December Super Splash 2012	GLFY-AD
Devin Wunderlich (15) M					
26.19 Y	F	50 Free	1/4/2013	2013 Starfish Trophy Invitational	KING-AD
56.99 Y	P	100 Free	1/25/2013	Hawks Trials And Finals 2013	
2:04.51 Y	P	200 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
5:21.86 Y	F	500 Free	1/4/2013	2013 Starfish Trophy Invitational	
1:21.19 Y	F	100 Breast	11/10/2012	Pilgrims Pride	
1:04.13 Y	P	100 Fly	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
Helen Wunderlich (12) W					
28.71 Y	P	50 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	KING-AD
1:01.10 Y	F	100 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
33.85 Y	P	50 Back	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
1:11.72 Y	P	100 Back	11/3/2012	2012 MR OB Section 9 Girls Championships	
41.42 Y	F	50 Breast	1/4/2013	2013 Starfish Trophy Invitational	
1:26.67 Y	P	100 Breast	1/25/2013	Hawks Trials And Finals 2013	
1:15.27 Y	F	100 IM	1/4/2013	2013 Starfish Trophy Invitational	
Rachel Wurth (17) W					
					ALBS-AD

Individual Top Times

Time	P/F/S	Event			
Rachel Wurth (17) W					
28.35	Y L	F	50	Free	1/4/2013 2013 Starfish Trophy Invitational
32.08	S	F	50	Free	6/2/2013 2013 Starfish Meter Madness - Pentathlon
58.67	Y	F	100	Free	1/4/2013 2013 Starfish Trophy Invitational
2:09.37	Y	F	200	Free	1/4/2013 2013 Starfish Trophy Invitational
2:25.31	L	P	200	Free	7/12/2013 2013 NI - Niagara Long Course Classic
5:27.03	Y	F	500	Free	1/4/2013 2013 Starfish Trophy Invitational
28.41	Y	F	50	Back	11/16/2012 2012 NY Ob - Girls NY State Federation Champ
57.97	Y	F	100	Back	11/1/2012 Girls Sec II Division I Champ
1:10.95	L	P	100	Back	7/12/2013 2013 NI - Niagara Long Course Classic
1:10.96	S	F	100	Back	6/2/2013 2013 Starfish Meter Madness - Pentathlon
2:10.21	Y	F	200	Back	12/9/2012 Piranhas December Distance Invite
2:35.05	L	P	200	Back	7/12/2013 2013 NI - Niagara Long Course Classic
1:20.50	Y	F	100	Breast	1/4/2013 2013 Starfish Trophy Invitational
1:28.39	S	F	100	Breast	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:31.27	L	F	100	Breast	6/22/2013 2013 NI - Niagara Super Circuit Ithaca
1:15.21	S	F	100	Fly	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:17.02	S	F	100	IM	6/2/2013 2013 Starfish Meter Madness - Pentathlon
2:12.36	Y	P	200	IM	11/1/2012 Girls Sec II Division I Champ
2:41.50	L	F	200	IM	6/22/2013 2013 NI - Niagara Super Circuit Ithaca
4:46.81	Y	F	400	IM	12/9/2012 Piranhas December Distance Invite
Sarah Wu (13) W					
1:13.50	Y	F	100	Free	2/3/2013 Delmar Dolphins February Freeze Invitational
1:24.84	Y	F	100	Back	11/17/2012 Harvest Invitational
1:29.14	Y	F	100	Breast	2/3/2013 Delmar Dolphins February Freeze Invitational
2:58.27	Y	F	200	IM	11/17/2012 Harvest Invitational
Amber Wyckoff (9) W					
24.64	Y	F	25	Free	3/1/2013 AD Silver Short Course Championships
55.65	Y	F	50	Free	12/15/2012 Central Valley Swim League Quad Meet
26.09	Y	F	25	Back	12/1/2012 Central Valley Swim League Quad Meet
57.32	Y	F	50	Back	2/9/2013 Central Valley Swim League Championships
1:13.21	Y	F	50	Breast	3/1/2013 AD Silver Short Course Championships
35.93	Y	F	25	Fly	1/12/2013 Canajoharie Developmental Meet
Leah Wyckoff (9) W					
22.41	Y	F	25	Free	3/1/2013 AD Silver Short Course Championships
56.88	Y	F	50	Free	1/26/2013 Central Valley Swim Meet Quad Meet
27.58	Y	F	25	Back	1/12/2013 Canajoharie Developmental Meet
1:01.25	Y	F	50	Back	2/9/2013 Central Valley Swim League Championships
1:23.29	Y	F	50	Breast	2/3/2013 Delmar Dolphins February Freeze Invitational
Margaret Wyngowski (13) W					
25.81	Y	F	50	Free	3/10/2013 AD Gold Short Course Championships
28.98	L L	F	50	Free	7/19/2013 2013 Adirondack Long Course District Champion
1:02.82	L	P	100	Free	7/12/2013 2013 NI - Niagara Long Course Classic
1:56.35	Y	F	200	Free	3/10/2013 AD Gold Short Course Championships
2:14.24	L	F	200	Free	7/19/2013 2013 Adirondack Long Course District Champion
29.73	Y L	F	50	Back	1/4/2013 2013 Starfish Trophy Invitational
1:11.48	L	P	100	Back	7/12/2013 2013 NI - Niagara Long Course Classic
2:16.54	Y	F	200	Back	12/9/2012 Piranhas December Distance Invite
2:33.48	L	F	200	Back	7/19/2013 2013 Adirondack Long Course District Champion
1:19.67	L	F	100	Breast	7/19/2013 2013 Adirondack Long Course District Champion
2:34.05	Y	F	200	Breast	3/10/2013 AD Gold Short Course Championships
2:54.30	L	F	200	Breast	7/19/2013 2013 Adirondack Long Course District Champion
59.82	Y	F	100	Fly	11/1/2012 Girls Sec II Division I Champ
1:07.26	L	F	100	Fly	7/12/2013 2013 NI - Niagara Long Course Classic
2:17.76	Y	F	200	Fly	3/10/2013 AD Gold Short Course Championships
2:29.19	L	F	200	Fly	7/12/2013 2013 NI - Niagara Long Course Classic
2:28.15	L	F	200	IM	7/12/2013 2013 NI - Niagara Long Course Classic
Anthony Xie (11) M					
40.76	Y	F	50	Free	2/9/2013 Central Valley Swim League Championships
43.06	L	F	50	Free	6/8/2013 Clinton Cudas Colgate Classic Invitational

Individual Top Times

Time	P/F/S	Event			
Anthony Xie (11) M					
					CLRK-AD
1:32.99	Y	F	100 Free	3/1/2013	AD Silver Short Course Championships
50.68	Y	F	50 Back	1/12/2013	Canajoharie Developmental Meet
58.50	L	F	50 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational
51.02	Y	F	50 Breast	3/1/2013	AD Silver Short Course Championships
2:06.15	Y	F	100 Breast	1/26/2013	Central Valley Swim Meet Quad Meet
48.41	Y	F	50 Fly	3/1/2013	AD Silver Short Course Championships
Nichole Xue (6) W					
					ALBS-AD
25.89	Y	F	25 Free	3/1/2013	AD Silver Short Course Championships
26.87	S	F	25 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon
55.42	L	F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion
1:05.00	S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon
31.31	Y	F	25 Back	10/20/2012	Ravena Autumn Breeze 2012
31.86	S	F	25 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:10.51	L	F	50 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational
1:26.86	Y	F	50 Back	11/17/2012	Harvest Invitational
47.87	S	F	25 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:20.94	L	F	50 Breast	7/19/2013	2013 Adirondack Long Course District Champion
Seongsik Yang (15) M					
					ALBS-AD
32.45	S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:26.47	S	F	100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon
Dylan Yates (16) M					
					CPP-AD
25.52	Y	F	50 Free	11/10/2012	Pilgrims Pride
28.85	L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion
2:19.13	L	P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion
5:21.46	Y	F	500 Free	12/9/2012	Piranhas December Distance Invite
2:16.96	Y	F	200 Back	12/9/2012	Piranhas December Distance Invite
1:04.64	Y	F	100 Breast	2/14/2013	Section II Championships Large
2:31.26	Y	F	200 Breast	12/9/2012	Piranhas December Distance Invite
3:03.60	L	P	200 Breast	7/19/2013	2013 Adirondack Long Course District Champion
1:02.96	Y	F	100 Fly	10/21/2012	2012 Trick or Treat Meet
2:20.12	Y	F	200 Fly	3/1/2013	AD Silver Short Course Championships
2:05.75	Y	P	200 IM	2/14/2013	Section II Championships Large
4:38.12	Y	F	400 IM	1/12/2013	Chris Goody IMX Challenge
Grace Yi (7) W					
					ALBS-AD
19.34	Y	F	25 Free	3/1/2013	AD Silver Short Course Championships
22.75	S	F	25 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon
42.40	Y	F	50 Free	12/15/2012	Sharks 12&Under Mini-Meet
47.32	L	F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion
48.96	S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:32.93	Y	F	100 Free	3/10/2013	AD Gold Short Course Championships
1:39.40	L	F	100 Free	7/19/2013	2013 Adirondack Long Course District Champion
1:47.21	S	F	100 Free	6/15/2013	Piranhas Summer Kick-Off Meet
24.53	Y	F	25 Back	3/1/2013	AD Silver Short Course Championships
27.34	S	F	25 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon
52.68	Y	F	50 Back	11/10/2012	Pilgrims Pride
1:00.48	S	F	50 Back	6/15/2013	Piranhas Summer Kick-Off Meet
1:09.78	L	F	50 Back	7/19/2013	2013 Adirondack Long Course District Champion
2:07.42	L	F	100 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational
28.04	Y	F	25 Breast	3/1/2013	AD Silver Short Course Championships
30.40	S	F	25 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon
58.85	Y	F	50 Breast	1/4/2013	2013 Starfish Trophy Invitational
1:06.57	S	F	50 Breast	6/15/2013	Piranhas Summer Kick-Off Meet
1:08.03	L	F	50 Breast	7/19/2013	2013 Adirondack Long Course District Champion
24.13	Y	F	25 Fly	11/10/2012	Pilgrims Pride
28.20	S	F	25 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon
58.25	Y	F	50 Fly	2/3/2013	Delmar Dolphins February Freeze Invitational
1:01.32	L	F	50 Fly	7/19/2013	2013 Adirondack Long Course District Champion
1:53.19	Y	F	100 IM	3/1/2013	AD Silver Short Course Championships
2:07.24	S	F	100 IM	6/15/2013	Piranhas Summer Kick-Off Meet

Individual Top Times

Time	P/F/S	Event			
Joshua Young (14) M			CLIN-AD		
27.77 Y	F	50 Free	1/4/2013	2013 Starfish Trophy Invitational	
30.49 L	F	50 Free	7/6/2013	Sharks Summer Invite	
59.52 Y	P	100 Free	3/10/2013	AD Gold Short Course Championships	
1:06.92 L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:07.80 Y	P	200 Free	3/10/2013	AD Gold Short Course Championships	
2:25.95 L	F	200 Free	7/6/2013	Sharks Summer Invite	
5:01.49 L	F	400 Free	7/6/2013	Sharks Summer Invite	
5:40.00 Y	F	500 Free	1/12/2013	Chris Goody IMX Challenge	
1:11.10 Y	F	100 Back	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:23.39 L	F	100 Back	7/6/2013	Sharks Summer Invite	
2:33.24 Y	F	200 Back	12/9/2012	Piranhas December Distance Invite	
2:57.28 L	P	200 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:07.38 Y	P	100 Fly	3/10/2013	AD Gold Short Course Championships	
1:16.41 L	P	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
2:30.04 Y	F	200 Fly	3/1/2013	AD Silver Short Course Championships	
2:49.37 L	F	200 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
2:35.06 Y	F	200 IM	1/4/2013	2013 Starfish Trophy Invitational	
2:53.79 L	P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
Samuel Young (16) M			SCHE-AD		
26.54 Y	F	50 Free	10/21/2012	2012 Trick or Treat Meet	
29.83 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:04.25 Y	F	100 Free	10/21/2012	2012 Trick or Treat Meet	
1:08.73 L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:28.25 L	P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
5:47.60 L	F	400 Free	7/6/2013	Sharks Summer Invite	
6:10.65 Y	F	500 Free	10/27/2012	IM-Xtremely Spooked	
1:09.72 Y	F	100 Back	10/21/2012	2012 Trick or Treat Meet	
1:19.60 L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
2:25.63 Y	F	200 Back	1/12/2013	Chris Goody IMX Challenge	
2:55.71 L	P	200 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:20.24 Y	F	100 Breast	10/21/2012	2012 Trick or Treat Meet	
1:37.78 L	P	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
3:07.22 Y	F	200 Breast	10/27/2012	IM-Xtremely Spooked	
2:59.32 L	P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
Justine Youngs (16) W			AMST-AD		
31.78 Y	F	50 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
1:09.81 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
2:32.95 Y	F	200 Free	3/1/2013	AD Silver Short Course Championships	
33.35 Y L	F	50 Back	2/9/2013	Central Valley Swim League Championships	
1:11.27 Y	P	100 Back	11/1/2012	Girls Sec II Division 2 Champ	
2:37.96 Y	F	200 Back	3/1/2013	AD Silver Short Course Championships	
1:23.65 Y	F	100 Breast	2/9/2013	Central Valley Swim League Championships	
3:03.64 Y	F	200 Breast	1/4/2013	2013 Starfish Trophy Invitational	
1:18.77 Y	F	100 Fly	2/9/2013	Central Valley Swim League Championships	
3:02.25 Y	F	200 Fly	1/26/2013	Central Valley Swim Meet Quad Meet	
2:41.71 Y	P	200 IM	11/1/2012	Girls Sec II Division 2 Champ	
Emily Yu (10) W			ALBS-AD		
31.37 Y	F	50 Free	3/10/2013	AD Gold Short Course Championships	
34.50 L	F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
34.72 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:08.70 Y	F	100 Free	3/10/2013	AD Gold Short Course Championships	
1:16.28 L	F	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:35.89 Y	F	200 Free	1/4/2013	2013 Starfish Trophy Invitational	
2:49.05 L	F	200 Free	6/8/2013	Clinton Cudas Colgate Classic Invitational	
7:03.19 Y	F	500 Free	2/23/2013	Cabin Fever Invitational	
37.66 Y	F	50 Back	2/10/2013	2013 Piranhas Pentathlon	
41.33 S	F	50 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
41.87 L	F	50 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:19.48 Y	F	100 Back	3/10/2013	AD Gold Short Course Championships	
1:28.75 L	F	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	

Individual Top Times

Time	P/F/S	Event			
Emily Yu (10) W					
					ALBS-AD
37.13	Y	F	50 Breast	3/10/2013	AD Gold Short Course Championships
40.61	S	F	50 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon
41.64	L	F	50 Breast	7/19/2013	2013 Adirondack Long Course District Champion
1:20.24	Y	F	100 Breast	2/23/2013	Cabin Fever Invitational
1:34.35	L	F	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion
35.46	Y	F	50 Fly	2/10/2013	2013 Piranhas Pentathlon
38.22	S	F	50 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon
39.19	L	F	50 Fly	6/8/2013	Clinton Cudas Colgate Classic Invitational
1:24.13	Y	F	100 Fly	1/4/2013	2013 Starfish Trophy Invitational
1:27.31	L	F	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion
1:14.98	Y	F	100 IM	3/10/2013	AD Gold Short Course Championships
1:23.82	S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon
2:44.31	Y	F	200 IM	3/10/2013	AD Gold Short Course Championships
2:58.99	L	F	200 IM	7/19/2013	2013 Adirondack Long Course District Champion
Madeline Yuhasz (12) W					
					SARY-AD
51.09	Y	F	50 Back	1/4/2013	2013 Starfish Trophy Invitational
47.81	Y	F	50 Breast	1/4/2013	2013 Starfish Trophy Invitational
1:48.47	Y	F	100 Breast	11/17/2012	Harvest Invitational
48.09	Y	F	50 Fly	11/17/2012	Harvest Invitational
1:36.50	Y	F	100 IM	1/4/2013	2013 Starfish Trophy Invitational
3:31.04	Y	F	200 IM	1/27/2013	Thoroughbred Splash 2013
Steven Yu (13) M					
					ALBS-AD
25.70	Y	P	50 Free	3/10/2013	AD Gold Short Course Championships
28.41	L	F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion
28.48	S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:01.42	L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion
2:00.59	Y	F	200 Free	3/10/2013	AD Gold Short Course Championships
2:13.49	L	F	200 Free	7/19/2013	2013 Adirondack Long Course District Champion
5:32.27	Y	F	500 Free	12/9/2012	Piranhas December Distance Invite
1:05.00	Y	F	100 Back	11/10/2012	Pilgrims Pride
1:12.88	S	F	100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:19.90	L	F	100 Back	6/8/2013	Clinton Cudas Colgate Classic Invitational
2:17.70	Y	P	200 Back	3/10/2013	AD Gold Short Course Championships
2:42.14	L	F	200 Back	7/19/2013	2013 Adirondack Long Course District Champion
32.10	Y	F	50 Breast	12/2/2012	December Super Splash 2012
1:13.92	L	F	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion
1:14.99	S	F	100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon
2:47.86	L	F	200 Breast	7/19/2013	2013 Adirondack Long Course District Champion
29.52	Y	F	50 Fly	12/2/2012	December Super Splash 2012
1:07.45	L	F	100 Fly	7/19/2013	2013 Adirondack Long Course District Champion
1:08.93	S	F	100 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon
1:03.33	Y	F	100 IM	12/2/2012	December Super Splash 2012
1:08.90	S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon
2:27.12	L	F	200 IM	7/19/2013	2013 Adirondack Long Course District Champion
Laurel Zaengle (9) W					
					CLRK-AD
39.25	Y	F	50 Free	3/1/2013	AD Silver Short Course Championships
1:32.46	Y	F	100 Free	3/1/2013	AD Silver Short Course Championships
3:23.78	Y	F	200 Free	12/15/2012	Central Valley Swim League Quad Meet
47.00	Y	F	50 Back	3/1/2013	AD Silver Short Course Championships
1:38.06	Y	F	100 Back	3/1/2013	AD Silver Short Course Championships
47.90	Y	F	50 Breast	3/10/2013	AD Gold Short Course Championships
1:46.57	Y	F	100 Breast	3/1/2013	AD Silver Short Course Championships
51.31	Y	F	50 Fly	1/12/2013	Canajoharie Developmental Meet
1:39.07	Y	F	100 IM	3/1/2013	AD Silver Short Course Championships
Edward Zajac (13) M					
					HAWK-AD
28.38	Y	P	50 Free	1/25/2013	Hawks Trials And Finals 2013
34.93	L	F	50 Free	7/12/2013	Hawks Summer Invitational 2013
1:05.92	Y	F	100 Free	3/1/2013	AD Silver Short Course Championships
1:21.84	L	F	100 Free	7/12/2013	Hawks Summer Invitational 2013
2:45.73	Y	P	200 Free	1/25/2013	Hawks Trials And Finals 2013

Individual Top Times

Time	P/F/S	Event			
Edward Zajac (13) M					
6:47.40 L	F	400 Free	7/12/2013	Hawks Summer Invitational 2013	HAWK-AD
7:11.05 Y	F	500 Free	1/25/2013	Hawks Trials And Finals 2013	
37.41 Y	F	50 Back	11/18/2012	Hawk-NDAC-CSD	
1:20.00 Y	F	100 Back	1/4/2013	2013 Starfish Trophy Invitational	
2:58.46 Y	P	200 Back	1/25/2013	Hawks Trials And Finals 2013	
3:37.29 L	F	200 Back	7/12/2013	Hawks Summer Invitational 2013	
1:30.45 Y	F	100 Breast	1/4/2013	2013 Starfish Trophy Invitational	
1:52.62 L	F	100 Breast	7/12/2013	Hawks Summer Invitational 2013	
36.21 Y	F	50 Fly	10/21/2012	2012 Trick or Treat Meet	
1:20.74 Y	F	100 Fly	3/1/2013	AD Silver Short Course Championships	
1:41.31 L	F	100 Fly	7/12/2013	Hawks Summer Invitational 2013	
2:53.72 Y	P	200 IM	1/25/2013	Hawks Trials And Finals 2013	
3:17.93 L	F	200 IM	7/12/2013	Hawks Summer Invitational 2013	
6:13.04 L	F	400 IM	7/12/2013	Hawks Summer Invitational 2013	
Fiona Zajac (11) W					
36.40 Y	P	50 Free	1/25/2013	Hawks Trials And Finals 2013	HAWK-AD
41.18 L	F	50 Free	7/12/2013	Hawks Summer Invitational 2013	
1:27.50 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
1:40.72 L	F	100 Free	7/12/2013	Hawks Summer Invitational 2013	
3:25.36 L	F	200 Free	7/12/2013	Hawks Summer Invitational 2013	
48.12 Y	P	50 Back	1/25/2013	Hawks Trials And Finals 2013	
55.34 L	F	50 Back	7/12/2013	Hawks Summer Invitational 2013	
1:49.46 Y	P	100 Back	1/25/2013	Hawks Trials And Finals 2013	
2:07.96 L	F	100 Back	7/12/2013	Hawks Summer Invitational 2013	
49.91 Y	F	50 Breast	1/4/2013	2013 Starfish Trophy Invitational	
1:00.43 L	F	50 Breast	7/12/2013	Hawks Summer Invitational 2013	
1:55.14 Y	F	100 Breast	3/1/2013	AD Silver Short Course Championships	
2:04.10 L	F	100 Breast	7/12/2013	Hawks Summer Invitational 2013	
46.06 Y	F	50 Fly	3/1/2013	AD Silver Short Course Championships	
51.16 L	F	50 Fly	7/12/2013	Hawks Summer Invitational 2013	
1:37.25 Y	P	100 IM	1/25/2013	Hawks Trials And Finals 2013	
3:37.14 Y	F	200 IM	1/25/2013	Hawks Trials And Finals 2013	
Serena Zajac (16) W					
34.28 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	HAWK-AD
39.69 L	F	50 Free	7/12/2013	Hawks Summer Invitational 2013	
1:19.65 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
1:36.10 L	F	100 Free	7/12/2013	Hawks Summer Invitational 2013	
3:13.77 Y	P	200 Free	1/25/2013	Hawks Trials And Finals 2013	
3:40.29 L	F	200 Free	7/12/2013	Hawks Summer Invitational 2013	
8:49.35 Y	F	500 Free	1/25/2013	Hawks Trials And Finals 2013	
1:30.68 Y	F	100 Back	3/1/2013	AD Silver Short Course Championships	
4:00.08 L	F	200 Back	7/12/2013	Hawks Summer Invitational 2013	
1:46.17 Y	F	100 Breast	1/4/2013	2013 Starfish Trophy Invitational	
2:12.32 L	F	100 Breast	7/12/2013	Hawks Summer Invitational 2013	
3:50.19 Y	F	200 Breast	1/4/2013	2013 Starfish Trophy Invitational	
1:33.81 Y	F	100 Fly	1/4/2013	2013 Starfish Trophy Invitational	
3:26.67 Y	F	200 IM	1/4/2013	2013 Starfish Trophy Invitational	
3:55.06 L	F	200 IM	7/12/2013	Hawks Summer Invitational 2013	
Caitlin Zegger (14) W					
28.06 Y	F	50 Free	1/27/2013	Thoroughbred Splash 2013	SCHE-AD
32.13 L	P	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:02.35 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
1:12.75 L	P	100 Free	7/19/2013	2013 Adirondack Long Course District Champion	
2:22.41 Y	F	200 Free	11/17/2012	Harvest Invitational	
2:47.57 L	P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
6:32.74 Y	F	500 Free	1/12/2013	Chris Goody IMX Challenge	
1:13.81 Y	F	100 Back	3/1/2013	AD Silver Short Course Championships	
1:26.24 L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
2:37.18 Y	F	200 Back	3/1/2013	AD Silver Short Course Championships	
3:04.40 L	P	200 Back	7/19/2013	2013 Adirondack Long Course District Champion	

Individual Top Times

Time	P/F/S	Event			
Caitlin Zegger (14) W			SCHE-AD		
1:22.06	Y	F	100	Breast	3/1/2013 AD Silver Short Course Championships
1:36.57	L	P	100	Breast	7/19/2013 2013 Adirondack Long Course District Champion
3:08.67	Y	F	200	Breast	3/1/2013 AD Silver Short Course Championships
1:11.57	Y	F	100	Fly	1/27/2013 Thoroughbred Splash 2013
1:24.36	L	P	100	Fly	7/19/2013 2013 Adirondack Long Course District Champion
2:48.61	Y	F	200	Fly	1/12/2013 Chris Goody IMX Challenge
2:35.07	Y	F	200	IM	3/1/2013 AD Silver Short Course Championships
3:01.88	L	P	200	IM	7/19/2013 2013 Adirondack Long Course District Champion
5:33.64	Y	F	400	IM	3/1/2013 AD Silver Short Course Championships
Sean Zelenke (15) M			USAM-AD		
29.31	L	P	50	Free	7/19/2013 2013 Adirondack Long Course District Champion
1:05.92	L	P	100	Free	7/19/2013 2013 Adirondack Long Course District Champion
2:01.98	Y	P	200	Free	3/10/2013 AD Gold Short Course Championships
5:07.12	L	F	400	Free	7/19/2013 2013 Adirondack Long Course District Champion
5:21.08	Y	F	500	Free	3/10/2013 AD Gold Short Course Championships
31.24	Y L	F	50	Back	1/4/2013 2013 Starfish Trophy Invitational
1:12.77	L	P	100	Back	7/19/2013 2013 Adirondack Long Course District Champion
2:39.76	L	P	200	Back	7/19/2013 2013 Adirondack Long Course District Champion
1:15.11	Y	F	100	Breast	2/10/2013 2013 Piranhas Pentathlon
2:46.63	Y	F	200	Breast	12/9/2012 Piranhas December Distance Invite
1:04.91	Y	P	100	Fly	3/10/2013 AD Gold Short Course Championships
1:11.60	L	P	100	Fly	7/19/2013 2013 Adirondack Long Course District Champion
2:17.26	Y	F	200	IM	3/10/2013 AD Gold Short Course Championships
2:38.30	L	P	200	IM	7/19/2013 2013 Adirondack Long Course District Champion
4:57.29	Y	F	400	IM	3/1/2013 AD Silver Short Course Championships
5:46.57	L	F	400	IM	7/19/2013 2013 Adirondack Long Course District Champion
Gunnar Zemerling (16) M			UN-AD		
21.10	Y	F	50	Free	3/1/2013 2013 NI - OB - NYS Federation
47.28	Y	F	100	Free	3/1/2013 2013 NI - OB - NYS Federation
56.61	Y	P	100	Back	3/10/2013 AD Gold Short Course Championships
1:07.41	Y	F	100	Breast	2/3/2013 Delmar Dolphins February Freeze Invitational
58.86	Y	F	100	Fly	10/21/2012 2012 Trick or Treat Meet
2:08.26	Y	F	200	IM	1/26/2013 2013 MR OB LISCA Eastern States Championships
Lauren Zemerling (18) W			UN-AD		
24.42	Y	F	50	Free	11/1/2012 Girls Sec II Division I Champ
28.94	L	P	50	Free	3/21/2013 2013 NI - EZ North Region Speedo Ch
52.82	Y	F	100	Free	11/1/2012 Girls Sec II Division I Champ
1:02.96	L	P	100	Free	3/21/2013 2013 NI - EZ North Region Speedo Ch
1:58.91	Y	F	200	Free	3/10/2013 AD Gold Short Course Championships
2:24.96	L	F	200	Free	6/8/2013 Clinton Cudas Colgate Classic Invitational
1:06.66	Y	P	100	Back	3/10/2013 AD Gold Short Course Championships
1:13.01	Y	F	100	Breast	3/10/2013 AD Gold Short Course Championships
1:30.84	L	F	100	Breast	6/8/2013 Clinton Cudas Colgate Classic Invitational
1:04.92	Y	F	100	Fly	10/6/2012 SHENENDEHOWA GIRLS SWIMMING &
2:15.85	Y	F	200	IM	3/10/2013 AD Gold Short Course Championships
2:42.72	L	P	200	IM	3/21/2013 2013 NI - EZ North Region Speedo Ch
Lucas Zenir (18) M			CLRK-AD		
24.07	Y	P	50	Free	3/10/2013 AD Gold Short Course Championships
51.94	Y	P	100	Free	3/10/2013 AD Gold Short Course Championships
1:54.27	Y	P	200	Free	3/10/2013 AD Gold Short Course Championships
5:16.50	Y	F	500	Free	2/16/2013 2013 Boys Section 3 State Qual
19:19.32	Y	F	1650	Free	12/9/2012 Piranhas December Distance Invite
1:05.59	Y	F	100	Back	11/10/2012 CVSL First Splash
2:29.36	Y	F	200	Back	12/15/2012 Central Valley Swim League Quad Meet
1:08.75	Y	P	100	Breast	3/10/2013 AD Gold Short Course Championships
57.62	Y	F	100	Fly	2/13/2013 2013 Section III Boys Champion
2:20.33	Y	F	200	IM	12/1/2012 Central Valley Swim League Quad Meet
5:07.23	Y	F	400	IM	12/15/2012 Central Valley Swim League Quad Meet
Ethan Zhang (10) M			ALBS-AD		

Individual Top Times

Time	P/F/S	Event			
Ethan Zhang (10) M			ALBS-AD		
43.52 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	
48.01 L	F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
48.39 S	F	50 Free	6/15/2013	Piranhas Summer Kick-Off Meet	
1:44.52 Y	F	100 Free	3/1/2013	AD Silver Short Course Championships	
51.48 Y	F	50 Back	3/1/2013	AD Silver Short Course Championships	
58.26 L	F	50 Back	7/19/2013	2013 Adirondack Long Course District Champion	
1:00.72 S	F	50 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
52.39 Y	F	50 Breast	3/1/2013	AD Silver Short Course Championships	
1:00.84 S	F	50 Breast	6/15/2013	Piranhas Summer Kick-Off Meet	
1:54.15 Y	F	100 Breast	3/1/2013	AD Silver Short Course Championships	
2:06.37 L	F	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
2:05.68 S	F	100 IM	6/15/2013	Piranhas Summer Kick-Off Meet	
Shelly Zhang (16) W			SSCY-AD		
26.66 Y	F	50 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
2:02.80 Y	P	200 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
5:45.71 Y	F	500 Free	1/27/2013	North Country League Meet	
1:08.60 Y	P	100 Back	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS	
2:28.05 Y	F	200 Back	11/10/2012	Pilgrims Pride	
1:10.60 Y	F	100 Breast	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
2:36.80 Y	F	200 Breast	12/9/2012	Piranhas December Distance Invite	
1:07.99 Y	F	100 Fly	11/10/2012	Pilgrims Pride	
2:17.53 Y	P	200 IM	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
5:05.44 Y	F	400 IM	1/12/2013	Chris Goody IMX Challenge	
Vincent Zhao (7) M			ALBS-AD		
1:09.78 Y	F	50 Free	3/1/2013	AD Silver Short Course Championships	
1:12.45 Y	F	50 Back	3/1/2013	AD Silver Short Course Championships	
Jason Zheng (10) M			SARY-AD		
36.26 Y	F	50 Free	2/9/2013	North Country YMCA Swim League 2013 Champions	
2:48.30 Y	F	200 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
39.66 Y	F	50 Back	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
48.34 Y	F	50 Breast	1/27/2013	Thoroughbred Splash 2013	
1:27.23 Y	F	100 IM	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
Michelle Zheng (13) W			SARY-AD		
31.39 Y	F	50 Free	2/9/2013	North Country YMCA Swim League 2013 Champions	
1:09.90 Y	F	100 Free	1/27/2013	Thoroughbred Splash 2013	
38.86 Y	F	50 Back	11/17/2012	Harvest Invitational	
45.40 Y	F	50 Breast	2/9/2013	North Country YMCA Swim League 2013 Champions	
1:38.63 Y	F	100 Breast	1/27/2013	Thoroughbred Splash 2013	
39.85 Y	F	50 Fly	2/9/2013	North Country YMCA Swim League 2013 Champions	
Kina Zhou (18) W			UN-AD		
23.56 Y	F	50 Free	11/16/2012	2012 NY Ob - Girls NY State Federation Champ	
26.98 L	P	50 Free	7/12/2013	2013 NI - Niagara Long Course Classic	
28.50 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
50.14 Y	F	100 Free	11/16/2012	2012 NY Ob - Girls NY State Federation Champ	
57.83 L	F	100 Free	3/21/2013	2013 NI - EZ North Region Speedo Ch	
1:48.30 Y	F	200 Free	11/16/2012	2012 NY Ob - Girls NY State Federation Champ	
2:07.17 L	P	200 Free	3/21/2013	2013 NI - EZ North Region Speedo Ch	
4:27.79 L	F	400 Free	7/12/2013	2013 NI - Niagara Long Course Classic	
4:56.94 Y	F	500 Free	10/6/2012	SHENENDEHOWA GIRLS SWIMMING &	
1:00.02 Y	P	100 Back	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS	
1:08.87 S	F	100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:09.87 L	F	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
2:07.91 Y	F	200 Back	1/4/2013	2013 Starfish Trophy Invitational	
2:29.47 L	F	200 Back	6/22/2013	2013 NI - Niagara Super Circuit Ithaca	
1:06.78 Y	F	100 Breast	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS	
1:17.53 S	F	100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:18.07 L	F	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
2:23.18 Y	F	200 Breast	3/10/2013	AD Gold Short Course Championships	
2:56.27 L	F	200 Breast	6/8/2013	Clinton Cudas Colgate Classic Invitational	

Individual Top Times

Time	P/F/S	Event			
Kina Zhou (18) W					
					ALBS-AD
56.82	Y	P	100	Fly	12/6/2012 2012 Speedo Winter Jun Nationals
1:03.62	L	F	100	Fly	3/21/2013 2013 NI - EZ North Region Speedo Ch
1:05.50	S	F	100	Fly	6/2/2013 2013 Starfish Meter Madness - Pentathlon
2:05.96	Y	F	200	Fly	2/15/2013 AD 2013 REGION 1 CHAMPIONSHIPS
2:23.11	L	F	200	Fly	7/19/2013 2013 Adirondack Long Course District Champion
1:11.39	S	F	100	IM	6/2/2013 2013 Starfish Meter Madness - Pentathlon
2:02.36	Y	P	200	IM	12/6/2012 2012 Speedo Winter Jun Nationals
2:23.99	L	F	200	IM	3/21/2013 2013 NI - EZ North Region Speedo Ch
4:28.06	Y	F	400	IM	3/10/2013 AD Gold Short Course Championships
5:05.30	L	F	400	IM	7/19/2013 2013 Adirondack Long Course District Champion
Michael Zhou (8) M					
					CLRK-AD
29.66	Y	F	25	Free	12/1/2012 Central Valley Swim League Quad Meet
49.89	Y	F	50	Free	3/1/2013 AD Silver Short Course Championships
51.28	L	F	50	Free	6/8/2013 Clinton Cudas Colgate Classic Invitational
26.49	Y	F	25	Back	1/12/2013 Canajoharie Developmental Meet
48.30	Y	F	50	Back	3/10/2013 AD Gold Short Course Championships
54.39	L	F	50	Back	6/8/2013 Clinton Cudas Colgate Classic Invitational
Daniel Zhu (14) M					
					ALBS-AD
27.88	S	F	50	Free	6/2/2013 2013 Starfish Meter Madness - Pentathlon
28.81	L	F	50	Free	6/8/2013 Clinton Cudas Colgate Classic Invitational
1:03.74	L	F	100	Free	6/8/2013 Clinton Cudas Colgate Classic Invitational
2:21.42	L	F	200	Free	6/22/2013 2013 NI - Niagara Super Circuit Ithaca
1:15.21	S	F	100	Back	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:24.69	S	F	100	Breast	6/2/2013 2013 Starfish Meter Madness - Pentathlon
1:27.62	L	F	100	Breast	6/22/2013 2013 NI - Niagara Super Circuit Ithaca
3:19.38	L	F	200	Breast	6/8/2013 Clinton Cudas Colgate Classic Invitational
1:16.29	S	F	100	Fly	6/2/2013 2013 Starfish Meter Madness - Pentathlon
Lauren Zhu (8) W					
					ALBS-AD
22.22	Y	F	25	Free	3/1/2013 AD Silver Short Course Championships
51.66	Y	F	50	Free	3/1/2013 AD Silver Short Course Championships
52.25	S	F	50	Free	6/15/2013 Piranhas Summer Kick-Off Meet
59.01	L	F	50	Free	7/19/2013 2013 Adirondack Long Course District Champion
1:53.56	Y	F	100	Free	3/1/2013 AD Silver Short Course Championships
2:09.03	L	F	100	Free	7/19/2013 2013 Adirondack Long Course District Champion
27.42	Y	F	25	Back	3/1/2013 AD Silver Short Course Championships
1:02.82	Y	F	50	Back	3/1/2013 AD Silver Short Course Championships
1:08.25	S	F	50	Back	6/15/2013 Piranhas Summer Kick-Off Meet
1:11.73	L	F	50	Back	7/19/2013 2013 Adirondack Long Course District Champion
30.74	Y	F	25	Breast	3/1/2013 AD Silver Short Course Championships
1:06.92	Y	F	50	Breast	1/4/2013 2013 Starfish Trophy Invitational
1:14.79	S	F	50	Breast	6/15/2013 Piranhas Summer Kick-Off Meet
1:18.84	L	F	50	Breast	7/19/2013 2013 Adirondack Long Course District Champion
1:25.38	L	F	50	Fly	7/19/2013 2013 Adirondack Long Course District Champion
2:12.62	S	F	100	IM	6/15/2013 Piranhas Summer Kick-Off Meet
Brianna Ziobro (12) W					
					AMST-AD
33.03	Y L	F	50	Free	3/1/2013 AD Silver Short Course Championships
1:12.10	Y	F	100	Free	3/1/2013 AD Silver Short Course Championships
2:39.58	Y	F	200	Free	3/1/2013 AD Silver Short Course Championships
7:24.56	Y	F	500	Free	1/26/2013 Central Valley Swim Meet Quad Meet
39.95	Y	F	50	Back	3/1/2013 AD Silver Short Course Championships
1:30.87	Y	F	100	Back	12/1/2012 Central Valley Swim League Quad Meet
42.89	Y	F	50	Breast	1/20/2013 Foothills Inv
1:32.50	Y	F	100	Breast	3/1/2013 AD Silver Short Course Championships
3:16.47	Y	F	200	Breast	3/1/2013 AD Silver Short Course Championships
40.80	Y	F	50	Fly	3/1/2013 AD Silver Short Course Championships
1:32.29	Y	F	100	Fly	3/1/2013 AD Silver Short Course Championships
1:26.43	Y	F	100	IM	2/9/2013 Central Valley Swim League Championships
3:06.97	Y	F	200	IM	3/1/2013 AD Silver Short Course Championships
Payton Zophy (11) W					
					SSCY-AD

Individual Top Times

Time	P/F/S	Event			
Payton Zophy (11) W			SSCY-AD		
32.18 Y	F	50 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
1:10.75 Y	F	100 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
2:40.05 Y	F	200 Free	3/15/2013	2013 NI - Ap - NYS YMCA Swimming Championship	
7:36.65 Y	F	500 Free	1/27/2013	North Country League Meet	
39.20 Y	F	50 Back	1/4/2013	2013 Starfish Trophy Invitational	
1:27.68 Y	F	100 Back	2/3/2013	Delmar Dolphins February Freeze Invitational	
52.04 Y	F	50 Breast	1/4/2013	2013 Starfish Trophy Invitational	
39.80 Y	F	50 Fly	1/12/2013	Chris Goody Mini-Meet	
1:29.87 Y	F	100 IM	10/21/2012	2012 Trick or Treat Meet	
3:19.03 Y	F	200 IM	1/4/2013	2013 Starfish Trophy Invitational	
Amy Zuccaro (17) W			GGRF-AD		
27.21 Y	F	50 Free	1/27/2013	Thoroughbred Splash 2013	
1:00.64 Y	F	100 Free	1/27/2013	Thoroughbred Splash 2013	
2:14.99 Y	F	200 Free	12/2/2012	December Super Splash 2012	
1:07.51 Y	F	100 Back	1/4/2013	2013 Starfish Trophy Invitational	
1:09.20 Y	F	100 Fly	1/27/2013	Thoroughbred Splash 2013	
2:37.81 Y	F	200 IM	1/4/2013	2013 Starfish Trophy Invitational	
Alexei Zwijacz (12) W			SCHE-AD		
29.70 Y	F	50 Free	1/27/2013	Thoroughbred Splash 2013	
32.76 L L	F	50 Free	7/19/2013	2013 Adirondack Long Course District Champion	
1:01.71 Y	P	100 Free	3/10/2013	AD Gold Short Course Championships	
1:12.35 L	F	100 Free	7/6/2013	Sharks Summer Invite	
2:22.23 Y	F	200 Free	1/27/2013	Thoroughbred Splash 2013	
2:31.59 L	P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
5:35.58 L	F	400 Free	7/6/2013	Sharks Summer Invite	
6:03.57 Y	F	500 Free	3/10/2013	AD Gold Short Course Championships	
37.01 Y	F	50 Back	2/10/2013	2013 Piranhas Pentathlon	
41.95 L	F	50 Back	7/6/2013	Sharks Summer Invite	
1:15.98 Y	F	100 Back	2/23/2013	Cabin Fever Invitational	
1:29.67 L	P	100 Back	7/19/2013	2013 Adirondack Long Course District Champion	
3:06.63 L	F	200 Back	7/19/2013	2013 Adirondack Long Course District Champion	
36.10 Y	P	50 Breast	3/10/2013	AD Gold Short Course Championships	
42.47 L	P	50 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
1:17.61 Y	F	100 Breast	3/10/2013	AD Gold Short Course Championships	
1:31.81 L	F	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
2:48.04 Y	F	200 Breast	3/10/2013	AD Gold Short Course Championships	
3:11.54 L	F	200 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
35.44 Y	F	50 Fly	2/10/2013	2013 Piranhas Pentathlon	
1:18.17 Y	F	100 Fly	2/23/2013	Cabin Fever Invitational	
1:12.08 Y	F	100 IM	3/10/2013	AD Gold Short Course Championships	
2:33.61 Y	F	200 IM	3/10/2013	AD Gold Short Course Championships	
2:56.31 L	P	200 IM	7/19/2013	2013 Adirondack Long Course District Champion	
Zachary Zwijacz (13) M			SCHE-AD		
26.16 Y	P	50 Free	3/10/2013	AD Gold Short Course Championships	
55.53 Y	P	100 Free	12/6/2012	2012 NE NSSC MIT Invite	
2:03.58 Y	F	200 Free	10/21/2012	2012 Trick or Treat Meet	
5:25.34 Y	F	500 Free	3/10/2013	AD Gold Short Course Championships	
29.75 Y	F	50 Back	12/6/2012	2012 NE NSSC MIT Invite	
1:02.81 Y	P	100 Back	3/10/2013	AD Gold Short Course Championships	
2:14.00 Y	P	200 Back	3/10/2013	AD Gold Short Course Championships	
37.98 Y	F	50 Breast	1/27/2013	Thoroughbred Splash 2013	
1:19.71 Y	F	100 Breast	1/12/2013	Chris Goody IMX Challenge	
28.08 Y	F	50 Fly	10/21/2012	2012 Trick or Treat Meet	
1:00.33 Y	F	100 Fly	3/10/2013	AD Gold Short Course Championships	
2:15.62 Y	P	200 Fly	3/10/2013	AD Gold Short Course Championships	
1:04.38 Y	F	100 IM	12/6/2012	2012 NE NSSC MIT Invite	
2:17.59 Y	P	200 IM	12/6/2012	2012 NE NSSC MIT Invite	
4:47.73 Y	F	400 IM	3/10/2013	AD Gold Short Course Championships	
Jennifer Zyniecki (16) W			GUY-AD		
33.94 Y	F	50 Free	1/4/2013	2013 Starfish Trophy Invitational	

Individual Top Times

Time	P/F/S	Event			
Jennifer Zyniecki (16) W			GUY-AD		
1:15.30 Y	F	100 Free	2/3/2013	Delmar Dolphins February Freeze Invitational	
2:50.80 Y	F	200 Free	1/4/2013	2013 Starfish Trophy Invitational	
1:28.47 Y	F	100 Back	1/4/2013	2013 Starfish Trophy Invitational	
Reid Zyniecki (18) M			ALBS-AD		
23.76 Y	F	50 Free	11/10/2012	Pilgrims Pride	
26.62 S	F	50 Free	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
51.19 Y	F	100 Free	11/10/2012	Pilgrims Pride	
56.87 L	P	100 Free	7/12/2013	2013 NI - Niagara Long Course Classic	
1:45.30 Y	F	200 Free	2/14/2013	Section II Championships Large	
2:00.46 L	P	200 Free	7/19/2013	2013 Adirondack Long Course District Champion	
4:11.91 L	F	400 Free	7/19/2013	2013 Adirondack Long Course District Champion	
4:42.23 Y	F	500 Free	3/10/2013	AD Gold Short Course Championships	
8:46.71 L	F	800 Free	7/12/2013	2013 NI - Niagara Long Course Classic	
16:50.86 L	F	1500 Free	3/21/2013	2013 NI - EZ North Region Speedo Ch	
16:34.87 Y	F	1650 Free	1/4/2013	2013 Starfish Trophy Invitational	
58.45 Y	F	100 Back	10/21/2012	2012 Trick or Treat Meet	
1:04.61 S	F	100 Back	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:01.80 Y	F	200 Back	1/4/2013	2013 Starfish Trophy Invitational	
1:00.88 Y	F	100 Breast	2/14/2013	Section II Championships Large	
1:09.68 L	F	100 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
1:11.85 S	F	100 Breast	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:11.85 Y	F	200 Breast	2/15/2013	AD 2013 REGION 1 CHAMPIONSHIPS	
2:30.82 L	F	200 Breast	7/19/2013	2013 Adirondack Long Course District Champion	
58.64 Y	F	100 Fly	10/21/2012	2012 Trick or Treat Meet	
1:01.92 S	F	100 Fly	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
2:23.32 L	P	200 Fly	7/19/2013	2013 Adirondack Long Course District Champion	
1:04.43 S	F	100 IM	6/2/2013	2013 Starfish Meter Madness - Pentathlon	
1:57.50 Y	F	200 IM	3/10/2013	AD Gold Short Course Championships	
2:14.79 L	P	200 IM	7/12/2013	2013 NI - Niagara Long Course Classic	
4:07.12 Y	F	400 IM	3/10/2013	AD Gold Short Course Championships	
4:42.23 L	F	400 IM	7/12/2013	2013 NI - Niagara Long Course Classic	