

### Individual Top Times

Time	P/F/S	Event				
<b>Harper Abbey (11) F</b>						
22.47	Y	F	25	Free	10/23/2022	2022 Swimtober
2:04.32	Y	F	100	Free	10/23/2022	2022 Swimtober
28.93	Y	F	25	Back	10/23/2022	2022 Swimtober
<b>Hassan Abdelwahed (19) M</b>						
22.45	Y	F	50	Free	3/9/2023	Adirondack Gold Short Course Championships
26.76	L	F	50	Free	7/1/2023	Niagara LSC LC Super Circuit Meet
48.82	Y	P	100	Free	3/9/2023	Adirondack Gold Short Course Championships
59.77	L	F	100	Free	7/1/2023	Niagara LSC LC Super Circuit Meet
1:48.93	Y	F	200	Free	3/9/2023	Adirondack Gold Short Course Championships
4:48.32	L	F	400	Free	7/1/2023	Niagara LSC LC Super Circuit & Distance Meet
5:14.68	Y	F	500	Free	1/29/2023	Stingray Splash
18:57.27	Y	F	1650	Free	12/3/2022	2022 North Country Invitational
1:04.41	Y	F	100	Back	12/3/2022	2022 North Country Invitational
2:21.33	Y	F	200	Back	12/3/2022	2022 North Country Invitational
59.53	Y	P	100	Breast	3/9/2023	Adirondack Gold Short Course Championships
1:14.38	L	F	100	Breast	7/1/2023	Niagara LSC LC Super Circuit Meet
2:12.12	Y	P	200	Breast	2/17/2023	2023 Region 1 Short Course Invitational
57.63	Y	F	100	Fly	1/29/2023	Stingray Splash
2:21.16	Y	F	200	Fly	12/3/2022	2022 North Country Invitational
2:00.97	Y	F	200	IM	3/9/2023	Adirondack Gold Short Course Championships
4:27.69	Y	F	400	IM	3/9/2023	Adirondack Gold Short Course Championships
<b>Hannah Adams (9) F</b>						
25.90	Y	F	25	Free	11/5/2022	First Splash
46.83	Y	F	50	Free	12/11/2022	Sharks 12 & Under Mini Meet
27.81	Y	F	25	Back	1/14/2023	Canajoharie Developmental Meet
37.30	Y	F	25	Breast	1/14/2023	Canajoharie Developmental Meet
<b>Hayley Adams (8) F</b>						
33.89	Y	F	25	Free	1/14/2023	Canajoharie Developmental Meet
39.22	Y	F	25	Back	12/11/2022	Sharks 12 & Under Mini Meet
1:13.68	Y	F	25	Breast	12/3/2022	CVSL Tri Meet
<b>Madeleine Adams (14) F</b>						
32.13	Y	B	50	Free	6/11/2023	Piranhas Summer Kick-Off Meet
1:21.22	S	F	100	Free	5/21/2023	2023 Starfish Meter Madness
1:26.58	Y	F	100	Back	6/11/2023	Piranhas Summer Kick-Off Meet
1:31.44	Y	F	100	Fly	6/11/2023	Piranhas Summer Kick-Off Meet
1:35.40	S	F	100	IM	5/21/2023	2023 Starfish Meter Madness
<b>Michelle Adams (12) F</b>						
26.45	Y	AAA	50	Free	3/29/2023	2023 Eastern Zone SC Age Group Championships
29.95	L	AAA	50	Free	8/2/2023	2023 EZ LC Age Group Championship
58.91	Y	AA	100	Free	3/9/2023	Adirondack Gold Short Course Championships
1:06.01	L	AAA	100	Free	8/2/2023	2023 EZ LC Age Group Championship
2:11.71	Y	AA	200	Free	11/18/2022	2022 NE NSSC Nov 18-20 WPI T/F
2:26.06	L	AA	200	Free	7/20/2023	2023 Adirondack Long Course Championships
5:17.81	L	A	400	Free	7/20/2023	2023 Adirondack Long Course Championships
6:05.94	Y	A	500	Free	12/18/2022	Piranha's December Distance Invite
30.39	Y	AA	50	Back	3/29/2023	2023 Eastern Zone SC Age Group Championships
34.37	L	AAA	50	Back	8/2/2023	2023 EZ LC Age Group Championship
1:05.62	Y	AA	100	Back	3/9/2023	Adirondack Gold Short Course Championships
1:15.12	L	AAA	100	Back	8/2/2023	2023 EZ LC Age Group Championship
2:21.76	Y	AA	200	Back	3/9/2023	Adirondack Gold Short Course Championships
2:40.12	L	AAA	200	Back	7/20/2023	2023 Adirondack Long Course Championships
35.94	Y	A	50	Breast	1/6/2023	2023 Starfish Trophy Invitational
1:18.21	Y	A	100	Breast	2/12/2023	Piranha's Pentathlon
1:36.01	L	BB	100	Breast	6/24/2023	2023 NE NSSC June Springfield
2:50.72	Y	A	200	Breast	3/9/2023	Adirondack Gold Short Course Championships
3:27.10	L	BB	200	Breast	6/24/2023	2023 NE NSSC June Springfield

TBS-AD

NHA-AD

CANA-AD

CANA-AD

ALBS-AD

CPP-AD

### Individual Top Times

Time	P/F/S	Event				
<b>Michelle Adams (12) F</b>						
29.37	Y AA	P	50	Fly	3/29/2023	2023 Eastern Zone SC Age Group Championships
34.06	L A	P	50	Fly	8/2/2023	2023 EZ LC Age Group Championship
1:07.25	Y AA	F	100	Fly	2/12/2023	Piranha's Pentathlon
1:20.28	L A	F	100	Fly	7/20/2023	2023 Adirondack Long Course Championships
1:08.62	Y AA	P	100	IM	3/9/2023	Adirondack Gold Short Course Championships
2:33.21	Y A	F	200	IM	11/12/2022	Fall frenzy
2:51.60	L A	P	200	IM	8/2/2023	2023 EZ LC Age Group Championship
5:25.21	Y A	F	400	IM	11/18/2022	2022 NE NSSC Nov 18-20 WPI T/F
<b>Angelina Agostinello (12) F</b>						
37.30	Y L	F	50	Free	2/4/2023	Delmar Dolphins Febuary Freeze
1:27.50	Y	F	100	Free	1/29/2023	Stingray Splash
48.04	Y	F	50	Back	1/29/2023	Stingray Splash
52.61	Y	F	50	Breast	1/29/2023	Stingray Splash
<b>Lindsay Agro (16) F</b>						
28.45	Y BB	P	50	Free	1/6/2023	2023 Starfish Trophy Invitational
1:00.63	Y BB	F	100	Free	3/3/2023	AD Silver Short Course Championships
1:12.29	L BB	P	100	Free	7/20/2023	2023 Adirondack Long Course Championships
1:05.85	Y BB	P	100	Back	3/9/2023	Adirondack Gold Short Course Championships
2:42.73	Y B	P	200	Back	12/9/2022	CNY Invite
1:15.38	Y BB	F	100	Breast	3/3/2023	AD Silver Short Course Championships
1:33.58	L B	P	100	Breast	7/20/2023	2023 Adirondack Long Course Championships
2:45.03	Y BB	F	200	Breast	3/3/2023	AD Silver Short Course Championships
1:12.05	Y B	F	100	Fly	3/3/2023	AD Silver Short Course Championships
2:40.39	Y B	F	200	IM	1/14/2023	2023 PTAC Tiger Invitational
3:07.41	L B	P	200	IM	7/20/2023	2023 Adirondack Long Course Championships
<b>Finnegan Ahrens (10) M</b>						
1:36.37	Y	F	100	Free	3/3/2023	AD Silver Short Course Championships
24.71	Y	F	25	Back	11/12/2022	Fall frenzy
45.97	Y B	F	50	Back	2/12/2023	Piranha's Pentathlon
34.67	Y	F	25	Breast	11/12/2022	Fall frenzy
57.41	Y	F	50	Breast	2/12/2023	Piranha's Pentathlon
55.81	Y	F	50	Fly	3/3/2023	AD Silver Short Course Championships
1:49.39	Y	F	100	IM	2/12/2023	Piranha's Pentathlon
<b>Bella Aiello (7) F</b>						
37.47	Y	F	25	Free	11/5/2022	First Splash
<b>Charles Ajakh (8) M</b>						
39.00	Y	F	25	Free	11/19/2022	CVSL Tri Meet
43.99	Y	F	25	Back	11/19/2022	CVSL Tri Meet
<b>Ayaan Akhtar (14) M</b>						
44.29	Y	F	50	Free	12/3/2022	CVSL Tri Meet
1:34.25	Y	F	100	Free	2/12/2023	Piranha's Pentathlon
3:16.24	Y	F	200	Free	12/3/2022	CVSL Tri Meet
55.79	Y	F	50	Breast	12/3/2022	CVSL Tri Meet
2:00.39	Y	F	100	Breast	2/12/2023	Piranha's Pentathlon
<b>Maisie Akland (10) F</b>						
55.73	Y	F	50	Free	3/3/2023	AD Silver Short Course Championships
57.34	Y	F	50	Back	2/4/2023	Delmar Dolphins Febuary Freeze
1:18.31	Y	F	50	Breast	2/4/2023	Delmar Dolphins Febuary Freeze
<b>Zoe Akland (13) F</b>						
40.75	Y	F	50	Free	3/3/2023	AD Silver Short Course Championships
43.75	Y	F	50	Back	1/29/2023	Stingray Splash
49.01	Y	F	50	Breast	3/3/2023	AD Silver Short Course Championships
1:34.16	Y	F	100	IM	3/3/2023	AD Silver Short Course Championships
3:32.66	Y	F	200	IM	3/3/2023	AD Silver Short Course Championships
<b>Nabil Aksamawati-Arja (14) M</b>						
36.73	Y	F	50	Free	12/3/2022	2022 North Country Invitational

CPP-AD

SARY-AD

ALBS-AD

GRGF-AD

CLRK-AD

CLRK-AD

IISC-AD

SARY-AD

SARY-AD

WAVE-AD

### Individual Top Times

Time	P/F/S	Event					
<b>Nabil Aksamawati-Arja (14) M</b>							
1:18.89	Y	F	100	Free	1/29/2023	Stingray Splash	
47.12	Y	F	50	Back	1/29/2023	Stingray Splash	
1:55.95	Y	F	100	Back	12/3/2022	2022 North Country Invitational	
1:05.68	Y	F	50	Breast	10/23/2022	2022 Swimtober	
58.91	Y	F	50	Fly	1/29/2023	Stingray Splash	
<b>Salah Aksamawati-Arja (10) M</b>							
23.72	Y	F	25	Free	1/29/2023	Stingray Splash	
1:06.00	Y	F	50	Free	10/23/2022	2022 Swimtober	
27.89	Y	F	25	Back	1/29/2023	Stingray Splash	
<b>Julia Albano (17) F</b>							
30.26	Y	B	F	50	Free	3/3/2023	AD Silver Short Course Championships
1:04.98	Y	B	F	100	Free	3/3/2023	AD Silver Short Course Championships
2:20.86	Y	B	F	200	Free	3/3/2023	AD Silver Short Course Championships
6:39.81	Y	F	500	Free	12/18/2022	Piranha's December Distance Invite	
1:17.65	Y	F	100	Back	3/3/2023	AD Silver Short Course Championships	
2:56.66	Y	F	200	Back	12/18/2022	Piranha's December Distance Invite	
1:16.03	Y	F	100	Fly	3/3/2023	AD Silver Short Course Championships	
2:56.10	Y	F	200	IM	12/18/2022	Piranha's December Distance Invite	
<b>Lukas Albano (12) M</b>							
39.67	Y	F	50	Free	6/11/2023	Piranhas Summer Kick-Off Meet	
43.80	L	F	50	Free	7/7/2023	Hawks Summer Invitational 2023	
47.25	S	F	50	Free	5/21/2023	2023 Starfish Meter Madness	
1:31.97	Y	F	100	Free	6/11/2023	Piranhas Summer Kick-Off Meet	
1:48.58	L	F	100	Free	7/7/2023	Hawks Summer Invitational 2023	
3:49.24	L	F	200	Free	7/7/2023	Hawks Summer Invitational 2023	
44.77	Y	F	50	Back	6/11/2023	Piranhas Summer Kick-Off Meet	
49.00	L	F	50	Back	7/7/2023	Hawks Summer Invitational 2023	
52.31	S	F	50	Back	5/21/2023	2023 Starfish Meter Madness	
1:43.88	Y	F	100	Back	3/3/2023	AD Silver Short Course Championships	
1:53.82	L	F	100	Back	7/7/2023	Hawks Summer Invitational 2023	
55.70	Y	F	50	Breast	6/11/2023	Piranhas Summer Kick-Off Meet	
57.58	L	F	50	Breast	7/7/2023	Hawks Summer Invitational 2023	
1:01.96	S	F	50	Breast	5/21/2023	2023 Starfish Meter Madness	
2:11.94	L	F	100	Breast	7/7/2023	Hawks Summer Invitational 2023	
1:03.25	Y	F	50	Fly	2/4/2023	Delmar Dolphins Febuary Freeze	
1:06.93	L	F	50	Fly	7/7/2023	Hawks Summer Invitational 2023	
1:09.95	S	F	50	Fly	5/21/2023	2023 Starfish Meter Madness	
2:27.90	L	F	100	Fly	7/7/2023	Hawks Summer Invitational 2023	
2:06.53	S	F	100	IM	5/21/2023	2023 Starfish Meter Madness	
2:06.77	Y	F	100	IM	2/4/2023	Delmar Dolphins Febuary Freeze	
4:19.96	L	F	200	IM	7/7/2023	Hawks Summer Invitational 2023	
<b>Julia Alcuri (14) F</b>							
34.89	Y	F	50	Free	3/3/2023	AD Silver Short Course Championships	
1:21.38	Y	F	100	Free	3/3/2023	AD Silver Short Course Championships	
3:10.68	Y	F	200	Free	3/3/2023	AD Silver Short Course Championships	
47.73	Y	F	50	Back	3/3/2023	AD Silver Short Course Championships	
1:41.50	Y	F	100	Back	3/3/2023	AD Silver Short Course Championships	
53.64	Y	F	50	Breast	3/3/2023	AD Silver Short Course Championships	
1:52.97	Y	F	100	Breast	2/12/2023	Piranha's Pentathlon	
45.86	Y	F	50	Fly	3/3/2023	AD Silver Short Course Championships	
1:40.08	Y	F	100	IM	2/12/2023	Piranha's Pentathlon	
<b>Angelo Aldi (17) M</b>							
25.49	Y	BB	F	50	Free	3/3/2023	AD Silver Short Course Championships
30.07	L	BB	P	50	Free	7/20/2023	2023 Adirondack Long Course Championships
1:06.17	L	B	F	100	Free	6/24/2023	2023 NE NSSC June Springfield
2:04.74	Y	B	F	200	Free	3/3/2023	AD Silver Short Course Championships

WAVE-AD

WAVE-AD

NHA-AD

ALBS-AD

NHA-AD

CPP-AD

### Individual Top Times

Time	P/F/S	Event				
<b>Angelo Aldi (17) M</b>						
<b>CPP-AD</b>						
2:32.12	L B F	200 Free	7/7/2023	Hawks Summer Invitational 2023		
1:09.58	Y F	100 Back	6/11/2023	Piranhas Summer Kick-Off Meet		
1:20.78	L F	100 Back	6/24/2023	2023 NE NSSC June Springfield		
2:54.15	L F	200 Back	6/24/2023	2023 NE NSSC June Springfield		
1:05.79	Y BB F	100 Breast	2/16/2023	Boys Section 2 Division 2 Championships		
1:22.49	L B F	100 Breast	6/24/2023	2023 NE NSSC June Springfield		
2:55.66	L BB F	200 Breast	7/20/2023	2023 Adirondack Long Course Championships		
58.00	Y BB F	100 Fly	2/16/2023	Boys Section 2 Division 2 Championships		
1:09.67	L BB F	100 Fly	7/7/2023	Hawks Summer Invitational 2023		
2:14.98	Y BB F	200 Fly	3/9/2023	Adirondack Gold Short Course Championships		
2:37.59	L B F	200 Fly	7/20/2023	2023 Adirondack Long Course Championships		
2:21.23	Y B F	200 IM	6/11/2023	Piranhas Summer Kick-Off Meet		
5:04.79	Y B F	400 IM	1/14/2023	Chris Goody IMX Challenge		
<b>Nathan Alexander (12) M</b>						
<b>NHA-AD</b>						
42.37	Y F	50 Free	1/14/2023	Canajoharie Developmental Meet		
1:35.42	Y F	100 Free	1/29/2023	Stingray Splash		
3:18.96	Y F	200 Free	1/14/2023	Canajoharie Developmental Meet		
52.41	Y F	50 Back	1/29/2023	Stingray Splash		
51.48	Y F	50 Breast	1/14/2023	Canajoharie Developmental Meet		
51.67	Y F	50 Fly	1/14/2023	Canajoharie Developmental Meet		
<b>Sarafina Allen (14) F</b>						
<b>ALBS-AD</b>						
39.91	Y P	50 Free	1/6/2023	2023 Starfish Trophy Invitational		
1:25.31	Y P	100 Free	1/6/2023	2023 Starfish Trophy Invitational		
<b>Jane Allinson (12) F</b>						
<b>DELM-AD</b>						
30.76	Y BB P	50 Free	1/6/2023	2023 Starfish Trophy Invitational		
34.83	L BB F	50 Free	5/20/2023	2023 NE NSSC May Springfield		
1:07.86	Y BB P	100 Free	3/9/2023	Adirondack Gold Short Course Championships		
1:15.10	L BB F	100 Free	6/24/2023	2023 NE NSSC June Springfield		
2:26.97	Y BB F	200 Free	3/9/2023	Adirondack Gold Short Course Championships		
2:46.78	L BB F	200 Free	5/20/2023	2023 NE NSSC May Springfield		
5:43.69	L BB F	400 Free	6/24/2023	2023 NE NSSC June Springfield		
37.59	Y B F	50 Back	3/3/2023	AD Silver Short Course Championships		
40.11	L BB F	50 Back	5/20/2023	2023 NE NSSC May Springfield		
1:19.35	Y B F	100 Back	3/3/2023	AD Silver Short Course Championships		
1:27.96	L BB F	100 Back	6/24/2023	2023 NE NSSC June Springfield		
3:13.56	L B F	200 Back	6/2/2023	STAR LC Kick Off Meet		
37.34	Y BB F	50 Breast	3/9/2023	Adirondack Gold Short Course Championships		
42.99	L BB P	50 Breast	8/2/2023	2023 EZ LC Age Group Championship		
1:19.81	Y A F	100 Breast	3/9/2023	Adirondack Gold Short Course Championships		
1:34.50	L BB F	100 Breast	6/24/2023	2023 NE NSSC June Springfield		
2:55.33	Y BB F	200 Breast	3/9/2023	Adirondack Gold Short Course Championships		
3:20.17	L BB P	200 Breast	8/2/2023	2023 EZ LC Age Group Championship		
35.22	Y B P	50 Fly	3/9/2023	Adirondack Gold Short Course Championships		
37.42	L BB F	50 Fly	6/24/2023	2023 NE NSSC June Springfield		
1:18.55	Y B F	100 Fly	2/12/2023	Piranha's Pentathlon		
1:28.00	L BB F	100 Fly	6/24/2023	2023 NE NSSC June Springfield		
1:13.90	Y BB F	100 IM	3/9/2023	Adirondack Gold Short Course Championships		
2:38.44	Y BB F	200 IM	3/9/2023	Adirondack Gold Short Course Championships		
3:01.25	L BB F	200 IM	6/24/2023	2023 NE NSSC June Springfield		
<b>Mae Allinson (14) F</b>						
<b>DELM-AD</b>						
28.57	Y BB F	50 Free	3/3/2023	AD Silver Short Course Championships		
1:02.45	Y BB F	100 Free	3/3/2023	AD Silver Short Course Championships		
1:12.23	L BB F	100 Free	6/2/2023	STAR LC Kick Off Meet		
2:13.58	Y BB F	200 Free	3/3/2023	AD Silver Short Course Championships		
2:36.71	L BB F	200 Free	5/5/2023	2023 NE CRIMSON May Madness		
5:23.90	L BB F	400 Free	6/2/2023	STAR LC Kick Off Meet		

### Individual Top Times

Time	P/F/S	Event	
<b>Mae Allinson (14) F</b>			<b>DELM-AD</b>
5:49.78 Y BB	F	500 Free	1/6/2023 2023 Starfish Trophy Invitational
1:16.78 Y	F	100 Back	2/4/2023 Delmar Dolphins Febuary Freeze
1:29.98 L B	F	100 Back	6/2/2023 STAR LC Kick Off Meet
2:45.44 Y B	F	200 Back	12/18/2022 Piranha's December Distance Invite
3:07.68 L B	F	200 Back	6/2/2023 STAR LC Kick Off Meet
1:12.23 Y AA	P	100 Breast	3/9/2023 Adirondack Gold Short Course Championships
1:27.07 L A	F	100 Breast	6/2/2023 STAR LC Kick Off Meet
2:39.12 Y A	P	200 Breast	3/9/2023 Adirondack Gold Short Course Championships
3:09.64 L BB	P	200 Breast	8/2/2023 2023 EZ LC Age Group Championship
1:12.65 Y B	F	100 Fly	3/3/2023 AD Silver Short Course Championships
1:27.21 L	F	100 Fly	5/5/2023 2023 NE CRIMSON May Madness
1:14.46 Y	F	100 IM	10/22/2022 Trick or Treat Meet
2:32.92 Y BB	F	200 IM	3/3/2023 AD Silver Short Course Championships
2:57.25 L BB	F	200 IM	5/20/2023 2023 NE NSSC May Springfield
5:31.66 Y BB	F	400 IM	12/18/2022 Piranha's December Distance Invite
<b>Paitynn Almy (12) F</b>			<b>SARY-AD</b>
38.52 Y	F	50 Free	12/11/2022 Sharks 12 & Under Mini Meet
1:24.21 Y	F	100 Free	1/29/2023 Stingray Splash
44.24 Y	F	50 Back	1/29/2023 Stingray Splash
1:39.57 Y	F	100 IM	2/4/2023 Delmar Dolphins Febuary Freeze
<b>Sophia Alonzo (12) F</b>			<b>SARY-AD</b>
32.13 Y B	F	50 Free	6/11/2023 Piranhas Summer Kick-Off Meet
1:13.75 Y	F	100 Free	6/11/2023 Piranhas Summer Kick-Off Meet
1:22.99 L B	F	100 Free	6/24/2023 2023 NE NSSC June Springfield
40.52 Y	F	50 Back	3/3/2023 AD Silver Short Course Championships
34.91 Y B	F	50 Fly	6/11/2023 Piranhas Summer Kick-Off Meet
38.71 L B	F	50 Fly	6/24/2023 2023 NE NSSC June Springfield
1:34.97 L B	F	100 Fly	6/24/2023 2023 NE NSSC June Springfield
1:23.04 Y B	F	100 IM	6/11/2023 Piranhas Summer Kick-Off Meet
<b>Mea Amedio (18) F</b>			<b>SCHE-AD</b>
24.89 Y AA	F	50 Free	3/9/2023 Adirondack Gold Short Course Championships
28.91 L AA	F	50 Free	7/20/2023 2023 Adirondack Long Course Championships
53.04 Y AAA	F	100 Free	3/9/2023 Adirondack Gold Short Course Championships
1:02.55 L AA	P	100 Free	7/20/2023 2023 Adirondack Long Course Championships
1:56.93 Y L AA	F	200 Free	2/17/2023 2023 Region 1 Short Course Invitational
2:17.32 L AA	F	200 Free	7/20/2023 2023 Adirondack Long Course Championships
5:29.86 Y A	F	500 Free	1/14/2023 Chris Goody IMX Challenge
28.27 Y L	F	50 Back	10/15/2022 Colonial Council Invitational
59.03 Y AA	P	100 Back	3/9/2023 Adirondack Gold Short Course Championships
1:12.14 L L A	F	100 Back	7/20/2023 2023 Adirondack Long Course Championships
2:12.73 Y A	F	200 Back	1/14/2023 Chris Goody IMX Challenge
1:07.98 Y AA	F	100 Breast	3/9/2023 Adirondack Gold Short Course Championships
1:26.06 L BB	P	100 Breast	7/20/2023 2023 Adirondack Long Course Championships
2:33.71 Y A	F	200 Breast	1/14/2023 Chris Goody IMX Challenge
2:09.28 Y AA	F	200 IM	2/17/2023 2023 Region 1 Short Course Invitational
4:43.25 Y AA	F	400 IM	3/9/2023 Adirondack Gold Short Course Championships
<b>Vera Amirbekian (18) F</b>			<b>UN-AD</b>
27.27 Y BB	F	50 Free	10/8/2022 Shenendehowa Girls Invitational
2:00.33 Y AA	F	200 Free	11/3/2022 Girls Sec II Division I Championships
59.73 Y AA	P	100 Fly	11/3/2022 Girls Sec II Division I Championships
<b>Quinn Amos (9) F</b>			<b>CLRK-AD</b>
26.94 Y	F	25 Free	11/19/2022 CVSL Tri Meet
51.95 Y	F	50 Free	1/6/2023 2023 Starfish Trophy Invitational
2:01.11 Y	F	100 Free	1/6/2023 2023 Starfish Trophy Invitational
24.76 Y	F	25 Back	12/3/2022 CVSL Tri Meet
57.94 Y	F	50 Back	1/6/2023 2023 Starfish Trophy Invitational

### Individual Top Times

Time	P/F/S	Event				
<b>Quinn Amos (9) F</b>						
40.20	Y	F	25	Fly	2/26/2023	CVSL Championships
<b>Teagon Amos (12) F</b>						
40.54	Y	F	50	Free	1/6/2023	2023 Starfish Trophy Invitational
1:33.62	Y	F	100	Free	11/19/2022	CVSL Tri Meet
50.64	Y	F	50	Back	12/3/2022	CVSL Tri Meet
52.91	Y	F	50	Breast	1/6/2023	2023 Starfish Trophy Invitational
<b>Brayden Anderson (12) M</b>						
46.77	Y	F	50	Free	12/11/2022	Sharks 12 & Under Mini Meet
1:51.40	Y	F	100	Free	1/14/2023	Canajoharie Developmental Meet
52.10	Y	F	50	Back	1/14/2023	Canajoharie Developmental Meet
<b>Liam Anderson (11) M</b>						
33.15	Y	F	50	Free	3/9/2023	Adirondack Gold Short Course Championships
1:14.52	Y	F	100	Free	3/9/2023	Adirondack Gold Short Course Championships
40.65	Y	F	50	Back	3/3/2023	AD Silver Short Course Championships
47.74	Y	F	50	Breast	3/9/2023	Adirondack Gold Short Course Championships
1:34.78	Y	F	100	IM	1/29/2023	Stingray Splash
<b>Alexandra Andreescu (13) F</b>						
1:03.01	Y L	F	50	Free	10/23/2022	2022 Swimtober
1:33.29	Y	F	100	Free	10/23/2022	2022 Swimtober
2:00.22	Y	F	100	Back	10/23/2022	2022 Swimtober
54.37	Y	F	50	Fly	10/23/2022	2022 Swimtober
1:56.75	Y	F	100	IM	10/23/2022	2022 Swimtober
<b>Finn Andreini (14) M</b>						
32.73	Y	F	50	Free	11/12/2022	Fall frenzy
1:14.13	Y	F	100	Free	3/3/2023	AD Silver Short Course Championships
2:42.87	Y	F	200	Free	3/3/2023	AD Silver Short Course Championships
7:41.52	Y	F	500	Free	1/14/2023	Chris Goody IMX Challenge
1:31.55	Y	F	100	Back	2/4/2023	Delmar Dolphins Febuary Freeze
3:03.66	Y	F	200	Back	1/14/2023	Chris Goody IMX Challenge
1:44.03	Y	F	100	Breast	3/3/2023	AD Silver Short Course Championships
3:35.63	Y	F	200	Breast	3/3/2023	AD Silver Short Course Championships
1:30.40	Y	F	100	IM	10/22/2022	Trick or Treat Meet
3:04.91	Y	F	200	IM	3/3/2023	AD Silver Short Course Championships
<b>Henry Andreini (12) M</b>						
45.98	Y	F	50	Free	11/12/2022	Fall frenzy
2:01.23	Y	F	100	Free	11/12/2022	Fall frenzy
1:02.69	Y	F	50	Back	11/12/2022	Fall frenzy
<b>Eva Andrews (10) F</b>						
47.79	Y	F	50	Free	12/3/2022	CVSL Tri Meet
1:45.85	Y	F	100	Free	1/29/2023	Stingray Splash
50.80	Y	F	50	Back	2/4/2023	Delmar Dolphins Febuary Freeze
1:05.39	Y	F	50	Breast	1/14/2023	Canajoharie Developmental Meet
1:14.83	Y	F	50	Fly	1/14/2023	Canajoharie Developmental Meet
2:11.03	Y	F	100	IM	2/4/2023	Delmar Dolphins Febuary Freeze
<b>Mary Angelini (19) F</b>						
33.49	Y	F	50	Free	1/29/2023	Stingray Splash
1:07.12	Y	F	100	Free	3/3/2023	AD Silver Short Course Championships
2:36.43	Y	F	200	Free	1/29/2023	Stingray Splash
1:30.69	Y	F	100	Back	1/29/2023	Stingray Splash
3:19.06	Y	F	200	Back	12/3/2022	2022 North Country Invitational
1:33.95	Y	F	100	Breast	12/3/2022	2022 North Country Invitational
1:20.52	Y	F	100	Fly	3/3/2023	AD Silver Short Course Championships
2:49.39	Y	F	200	IM	3/3/2023	AD Silver Short Course Championships
<b>Daniel Anthony (14) M</b>						
31.10	Y	F	50	Free	2/4/2023	Delmar Dolphins Febuary Freeze
1:07.17	Y	P	100	Free	3/9/2023	Adirondack Gold Short Course Championships

CLRK-AD

CLRK-AD

CLIN-AD

GRGF-AD

NTS-AD

SCHE-AD

SCHE-AD

CANA-AD

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### Individual Top Times

Time	P/F/S	Event					
<b>Daniel Anthony (14) M</b>							
34.93	Y	F	50	Fly	2/4/2023	Delmar Dolphins Febuary Freeze	
1:17.73	Y	P	100	IM	3/9/2023	Adirondack Gold Short Course Championships	
<b>Rose Anthus (12) F</b>							
48.28	Y	P	50	Free	1/6/2023	2023 Starfish Trophy Invitational	
1:52.65	Y	P	100	Free	1/6/2023	2023 Starfish Trophy Invitational	
59.49	Y	P	50	Back	1/6/2023	2023 Starfish Trophy Invitational	
1:57.74	Y	P	100	Back	1/6/2023	2023 Starfish Trophy Invitational	
1:13.70	Y	P	50	Breast	1/6/2023	2023 Starfish Trophy Invitational	
<b>Delia Antohe (14) F</b>							
1:39.06	S	F	100	Free	5/21/2023	2023 Starfish Meter Madness	
1:58.72	S	F	100	Back	5/21/2023	2023 Starfish Meter Madness	
1:41.44	Y	F	100	Breast	6/11/2023	Piranhas Summer Kick-Off Meet	
<b>Caroline Antolick (17) F</b>							
34.05	Y	F	50	Breast	12/9/2022	CNY Invite	
1:10.20	Y	A	F	100	Breast	11/3/2022	Girls Sec II Division I Championships
2:43.07	Y	BB	F	200	Breast	12/9/2022	CNY Invite
30.55	Y	F	50	Fly	12/9/2022	CNY Invite	
1:04.99	Y	BB	P	100	Fly	11/3/2022	Girls Sec II Division I Championships
1:09.26	Y	F	100	IM	12/9/2022	CNY Invite	
<b>Ellen Antolick (15) F</b>							
29.83	Y	B	F	50	Free	3/3/2023	AD Silver Short Course Championships
1:03.63	Y	BB	F	100	Free	3/3/2023	AD Silver Short Course Championships
1:14.97	S	B	F	100	Free	5/21/2023	2023 Starfish Meter Madness
2:14.26	Y	BB	F	200	Free	3/3/2023	AD Silver Short Course Championships
2:36.38	L	BB	F	200	Free	7/7/2023	Hawks Summer Invitational 2023
5:49.88	Y	BB	F	500	Free	3/3/2023	AD Silver Short Course Championships
21:56.31	L	BB	F	1500	Free	7/7/2023	Hawks Summer Invitational 2023
1:27.64	S	F	100	Back	5/21/2023	2023 Starfish Meter Madness	
1:16.10	Y	BB	P	100	Breast	3/9/2023	Adirondack Gold Short Course Championships
1:31.54	S	B	F	100	Breast	5/21/2023	2023 Starfish Meter Madness
2:46.35	Y	BB	F	200	Breast	3/9/2023	Adirondack Gold Short Course Championships
3:19.79	L	BB	F	200	Breast	7/7/2023	Hawks Summer Invitational 2023
1:18.01	Y	F	100	Fly	3/3/2023	AD Silver Short Course Championships	
1:27.85	S	F	100	Fly	5/21/2023	2023 Starfish Meter Madness	
1:27.05	S	F	100	IM	5/21/2023	2023 Starfish Meter Madness	
2:33.70	Y	BB	F	200	IM	3/3/2023	AD Silver Short Course Championships
<b>Aaliyah Applebaum (13) F</b>							
34.58	Y	F	50	Free	3/3/2023	AD Silver Short Course Championships	
1:21.47	Y	F	100	Free	2/26/2023	CVSL Championships	
44.77	Y	F	50	Back	11/5/2022	First Splash	
46.95	Y	F	50	Breast	3/3/2023	AD Silver Short Course Championships	
1:37.89	Y	F	100	IM	12/3/2022	CVSL Tri Meet	
<b>Macon Aramini (15) M</b>							
25.12	Y	BB	S	50	Free	3/9/2023	Adirondack Gold Short Course Championships
56.21	Y	BB	P	100	Free	3/9/2023	Adirondack Gold Short Course Championships
2:00.13	Y	BB	P	200	Free	3/9/2023	Adirondack Gold Short Course Championships
5:19.34	Y	BB	F	500	Free	3/9/2023	Adirondack Gold Short Course Championships
19:11.94	Y	BB	F	1650	Free	1/22/2023	Mile Madness
1:06.73	Y	B	F	100	Back	3/9/2023	Adirondack Gold Short Course Championships
1:15.52	Y	B	F	100	Breast	3/9/2023	Adirondack Gold Short Course Championships
1:05.65	Y	B	P	100	Fly	3/9/2023	Adirondack Gold Short Course Championships
2:26.24	Y	B	F	200	Fly	2/26/2023	CVSL Championships
2:21.24	Y	B	P	200	IM	3/9/2023	Adirondack Gold Short Course Championships
<b>Meadow Aramini (7) F</b>							
20.13	Y	F	25	Free	3/3/2023	AD Silver Short Course Championships	
44.61	Y	F	50	Free	2/26/2023	CVSL Championships	

**BFIN-AD**

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**CLRK-AD**

**Individual Top Times**

Time	P/F/S	Event				
<b>Meadow Aramini (7) F</b>						
1:40.40	Y	F	100	Free	3/3/2023	AD Silver Short Course Championships
25.84	Y	F	25	Back	12/3/2022	CVSL Tri Meet
54.89	Y	F	50	Back	3/3/2023	AD Silver Short Course Championships
23.59	Y	F	25	Fly	3/3/2023	AD Silver Short Course Championships
53.91	Y	F	50	Fly	3/3/2023	AD Silver Short Course Championships
2:03.35	Y	F	100	IM	2/4/2023	Delmar Dolphins Febuary Freeze
<b>Mina Aramini (18) F</b>						
28.81	Y	BB	50	Free	3/3/2023	AD Silver Short Course Championships
1:04.35	Y	B	100	Free	3/3/2023	AD Silver Short Course Championships
2:23.03	Y	B	200	Free	1/6/2023	2023 Starfish Trophy Invitational
6:31.10	Y	B	500	Free	12/3/2022	CVSL Tri Meet
22:53.28	Y	F	1650	Free	1/22/2023	Mile Madness
1:18.07	Y	F	100	Back	1/14/2023	Canajoharie Developmental Meet
1:29.37	Y	F	100	Breast	11/5/2022	First Splash
1:12.04	Y	B	100	Fly	3/3/2023	AD Silver Short Course Championships
2:46.58	Y	F	200	IM	12/3/2022	CVSL Tri Meet
<b>Penelope Armendariz-Huang (11) F</b>						
41.44	Y	F	50	Free	1/7/2023	Mexico Tiger Sharks January Meet
1:33.87	Y	F	100	Free	12/3/2022	2022 North Country Invitational
49.72	Y	F	50	Back	12/3/2022	2022 North Country Invitational
1:49.63	Y	F	100	Back	12/3/2022	2022 North Country Invitational
59.17	Y	F	50	Breast	12/3/2022	2022 North Country Invitational
1:54.93	Y	F	100	IM	1/7/2023	Mexico Tiger Sharks January Meet
<b>Julianna Arnold (10) F</b>						
37.10	Y	B	50	Free	6/11/2023	Piranhas Summer Kick-Off Meet
41.84	L	B	50	Free	6/24/2023	2023 NE NSSC June Springfield
1:21.90	Y	B	100	Free	6/11/2023	Piranhas Summer Kick-Off Meet
1:29.33	L	BB	100	Free	7/20/2023	2023 Adirondack Long Course Championships
44.69	Y	B	50	Back	6/11/2023	Piranhas Summer Kick-Off Meet
45.59	L	BB	50	Back	7/20/2023	2023 Adirondack Long Course Championships
1:45.94	L	BB	100	Back	6/24/2023	2023 NE NSSC June Springfield
45.35	Y	B	50	Fly	6/11/2023	Piranhas Summer Kick-Off Meet
53.02	L	B	50	Fly	7/20/2023	2023 Adirondack Long Course Championships
<b>Preston Arnold (14) M</b>						
26.86	Y	BB	50	Free	6/11/2023	Piranhas Summer Kick-Off Meet
29.06	L	A	50	Free	6/24/2023	2023 NE NSSC June Springfield
1:02.36	Y	B	100	Free	1/29/2023	Stingray Splash
1:04.83	L	BB	100	Free	7/20/2023	2023 Adirondack Long Course Championships
33.52	Y	F	50	Back	12/11/2022	Sharks 12 & Under Mini Meet
40.23	Y	F	50	Breast	1/29/2023	Stingray Splash
42.89	L	F	50	Breast	6/24/2023	2023 NE NSSC June Springfield
1:22.18	Y	F	100	Breast	6/11/2023	Piranhas Summer Kick-Off Meet
33.18	L	F	50	Fly	6/24/2023	2023 NE NSSC June Springfield
33.79	Y	F	50	Fly	12/11/2022	Sharks 12 & Under Mini Meet
1:12.00	Y	F	100	Fly	6/11/2023	Piranhas Summer Kick-Off Meet
1:15.32	L	BB	100	Fly	6/24/2023	2023 NE NSSC June Springfield
2:33.80	Y	B	200	IM	6/11/2023	Piranhas Summer Kick-Off Meet
2:44.28	L	BB	200	IM	7/20/2023	2023 Adirondack Long Course Championships
<b>Chloe Assa (13) F</b>						
37.15	Y	P	50	Free	1/6/2023	2023 Starfish Trophy Invitational
1:19.92	Y	F	100	Free	3/3/2023	AD Silver Short Course Championships
48.99	Y	P	50	Breast	1/6/2023	2023 Starfish Trophy Invitational
1:57.85	Y	F	100	Breast	11/12/2022	Fall frenzy
<b>Kaloyan Atanasov (12) M</b>						
43.15	Y	F	50	Free	1/14/2023	Canajoharie Developmental Meet
47.07	S	F	50	Free	5/21/2023	2023 Starfish Meter Madness

CLRK-AD

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### Individual Top Times

Time	P/F/S	Event				
<b>Kaloyan Atanasov (12) M</b>						
1:39.79	Y	F	100	Free	3/3/2023 AD Silver Short Course Championships	
43.16	Y	F	50	Back	2/4/2023 Delmar Dolphins Febuary Freeze	
47.38	S	F	50	Back	5/21/2023 2023 Starfish Meter Madness	
50.64	Y	F	50	Breast	2/4/2023 Delmar Dolphins Febuary Freeze	
54.16	S	F	50	Breast	5/21/2023 2023 Starfish Meter Madness	
55.98	Y	F	50	Fly	3/3/2023 AD Silver Short Course Championships	
1:43.22	Y	F	100	IM	3/3/2023 AD Silver Short Course Championships	
1:54.50	S	F	100	IM	5/21/2023 2023 Starfish Meter Madness	
<b>Farida Attia (8) F</b>						
31.02	Y	F	25	Free	1/14/2023 Canajoharie Developmental Meet	
29.85	Y	F	25	Back	1/14/2023 Canajoharie Developmental Meet	
<b>Karim Attia (8) M</b>						
28.03	Y	F	25	Free	1/14/2023 Canajoharie Developmental Meet	
38.92	Y	F	25	Back	1/14/2023 Canajoharie Developmental Meet	
<b>Laila Attia (12) F</b>						
31.87	Y	B	F	50	Free	2/4/2023 Delmar Dolphins Febuary Freeze
34.85	L	BB	F	50	Free	7/7/2023 Hawks Summer Invitational 2023
1:10.84	Y	B	F	100	Free	3/3/2023 AD Silver Short Course Championships
3:00.48	Y	F	200	Free	10/22/2022 Trick or Treat Meet	
3:07.85	L	F	200	Free	7/7/2023 Hawks Summer Invitational 2023	
8:11.65	Y	F	500	Free	1/14/2023 Chris Goody IMX Challenge	
39.02	Y	F	50	Back	2/4/2023 Delmar Dolphins Febuary Freeze	
45.02	L	F	50	Back	7/7/2023 Hawks Summer Invitational 2023	
1:27.17	Y	F	100	Back	11/12/2022 Fall frenzy	
1:41.04	L	F	100	Back	7/7/2023 Hawks Summer Invitational 2023	
41.47	Y	B	F	50	Breast	3/3/2023 AD Silver Short Course Championships
50.34	L	F	50	Breast	7/7/2023 Hawks Summer Invitational 2023	
1:31.82	Y	B	P	100	Breast	3/9/2023 Adirondack Gold Short Course Championships
34.34	Y	B	F	50	Fly	3/9/2023 Adirondack Gold Short Course Championships
1:22.63	Y	B	F	100	Fly	1/14/2023 Chris Goody IMX Challenge
1:39.60	L	F	100	Fly	7/7/2023 Hawks Summer Invitational 2023	
1:21.06	Y	B	F	100	IM	2/4/2023 Delmar Dolphins Febuary Freeze
3:00.00	Y	B	F	200	IM	3/3/2023 AD Silver Short Course Championships
<b>Keegan Avienu (17) M</b>						
28.32	Y	F	50	Free	3/3/2023 AD Silver Short Course Championships	
1:01.05	Y	F	100	Free	3/3/2023 AD Silver Short Course Championships	
2:06.90	Y	B	F	200	Free	3/3/2023 AD Silver Short Course Championships
6:02.08	Y	B	F	500	Free	1/29/2023 Stingray Splash
1:17.15	Y	F	100	Back	3/3/2023 AD Silver Short Course Championships	
1:23.19	Y	F	100	Breast	3/3/2023 AD Silver Short Course Championships	
1:14.57	Y	F	100	Fly	2/12/2023 Piranha's Pentathlon	
2:33.50	Y	F	200	IM	3/3/2023 AD Silver Short Course Championships	
<b>Emmett Ayers (12) M</b>						
35.02	Y	F	50	Free	3/9/2023 Adirondack Gold Short Course Championships	
1:17.21	Y	F	100	Free	3/9/2023 Adirondack Gold Short Course Championships	
45.31	Y	F	50	Back	3/3/2023 AD Silver Short Course Championships	
45.75	Y	F	50	Breast	3/9/2023 Adirondack Gold Short Course Championships	
1:44.07	Y	F	100	Breast	3/9/2023 Adirondack Gold Short Course Championships	
1:46.51	Y	F	100	IM	2/4/2023 Delmar Dolphins Febuary Freeze	
<b>Henry Ayers (14) M</b>						
28.16	Y	B	F	50	Free	3/3/2023 AD Silver Short Course Championships
1:00.38	Y	BB	F	100	Free	3/3/2023 AD Silver Short Course Championships
1:14.23	Y	F	100	Back	3/3/2023 AD Silver Short Course Championships	
1:19.37	Y	B	F	100	Breast	3/3/2023 AD Silver Short Course Championships
2:29.78	Y	B	F	200	IM	3/3/2023 AD Silver Short Course Championships
<b>Ingrid Ayers (8) F</b>						

SCHE-AD

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### Individual Top Times

Time	P/F/S	Event					
<b>Ingrid Ayers (8) F</b>							
42.71	Y	F	25	Free	12/3/2022	CVSL Tri Meet	
39.88	Y	F	25	Back	12/3/2022	CVSL Tri Meet	
<b>Anna Babcock (11) F</b>							
40.78	Y	F	50	Free	3/3/2023	AD Silver Short Course Championships	
45.68	Y	F	50	Back	3/3/2023	AD Silver Short Course Championships	
56.78	Y	F	50	Breast	3/3/2023	AD Silver Short Course Championships	
1:48.03	Y	F	100	IM	3/3/2023	AD Silver Short Course Championships	
<b>Jayne Babcock (14) F</b>							
34.56	Y	F	50	Free	3/3/2023	AD Silver Short Course Championships	
1:19.67	Y	F	100	Free	3/3/2023	AD Silver Short Course Championships	
1:28.26	Y	F	100	Back	2/4/2023	Delmar Dolphins Febuary Freeze	
1:59.38	Y	F	100	Breast	2/4/2023	Delmar Dolphins Febuary Freeze	
1:31.33	Y	F	100	Fly	3/3/2023	AD Silver Short Course Championships	
<b>Annika Bachor (12) F</b>							
38.95	Y	F	50	Free	10/29/2022	Starfish Fall Spooktacular	
1:42.47	Y	F	100	Free	1/6/2023	2023 Starfish Trophy Invitational	
54.37	Y	F	50	Back	11/12/2022	Fall frenzy	
1:12.39	Y	F	50	Breast	10/29/2022	Starfish Fall Spooktacular	
1:04.40	Y	F	50	Fly	11/12/2022	Fall frenzy	
2:04.81	Y	F	100	IM	1/6/2023	2023 Starfish Trophy Invitational	
<b>Rory Backus (12) F</b>							
54.42	Y	F	50	Free	12/3/2022	2022 North Country Invitational	
1:44.94	Y	F	100	Free	2/12/2023	Piranha's Pentathlon	
1:59.19	Y	F	100	Back	2/12/2023	Piranha's Pentathlon	
2:08.08	Y	F	100	Breast	2/12/2023	Piranha's Pentathlon	
2:03.65	Y	F	100	IM	2/12/2023	Piranha's Pentathlon	
<b>Madalynn Bailey (16) F</b>							
31.01	Y	B	F	50	Free	3/3/2023	AD Silver Short Course Championships
1:07.17	Y	B	F	100	Free	3/3/2023	AD Silver Short Course Championships
2:25.41	Y	B	F	200	Free	3/3/2023	AD Silver Short Course Championships
6:50.61	Y		F	500	Free	1/22/2023	Mile Madness
1:19.28	Y		F	100	Back	3/3/2023	AD Silver Short Course Championships
3:01.25	Y		F	200	Back	1/22/2023	Mile Madness
1:22.41	Y		F	100	Fly	3/3/2023	AD Silver Short Course Championships
2:48.02	Y		F	200	IM	3/3/2023	AD Silver Short Course Championships
<b>Kevin Baird (15) M</b>							
23.51	Y	A	P	50	Free	3/9/2023	Adirondack Gold Short Course Championships
27.31	L	A	F	50	Free	7/20/2023	2023 Adirondack Long Course Championships
51.69	Y	A	P	100	Free	3/9/2023	Adirondack Gold Short Course Championships
59.79	L	A	F	100	Free	7/20/2023	2023 Adirondack Long Course Championships
1:52.76	Y	A	P	200	Free	3/9/2023	Adirondack Gold Short Course Championships
5:05.94	Y	A	P	500	Free	2/16/2023	Boys Section 2 Division 1 Championships
58.07	Y	A	P	100	Back	3/9/2023	Adirondack Gold Short Course Championships
1:09.64	L	BB	P	100	Back	7/20/2023	2023 Adirondack Long Course Championships
1:05.60	Y	BB	F	100	Breast	3/9/2023	Adirondack Gold Short Course Championships
1:14.86	L	A	F	100	Breast	7/20/2023	2023 Adirondack Long Course Championships
58.73	Y	BB	P	100	Fly	3/9/2023	Adirondack Gold Short Course Championships
1:06.28	L	A	F	100	Fly	7/20/2023	2023 Adirondack Long Course Championships
2:06.65	Y	A	F	200	Fly	2/17/2023	2023 Region 1 Short Course Invitational
2:29.01	L	BB	F	200	Fly	7/20/2023	2023 Adirondack Long Course Championships
1:03.72	Y		F	100	IM	10/22/2022	Trick or Treat Meet
2:04.46	Y	AA	P	200	IM	2/16/2023	Boys Section 2 Division 1 Championships
2:27.88	L	A	F	200	IM	7/20/2023	2023 Adirondack Long Course Championships
5:15.87	L	A	F	400	IM	7/20/2023	2023 Adirondack Long Course Championships
<b>Calvin Baird (19) M</b>							
25.51	Y		F	50	Free	6/11/2023	Piranhas Summer Kick-Off Meet

CLRK-AD

USAM-AD

USAM-AD

KING-AD

NTS-AD

NHA-AD

SCHE-AD

SCHE-AD

### Individual Top Times

Time	P/F/S	Event		
<b>Calvin Baird (19) M</b>			<b>SCHE-AD</b>	
29.63 L	P	50 Free	7/20/2023	2023 Adirondack Long Course Championships
53.76 Y	P	100 Free	2/17/2023	2023 Region 1 Short Course Invitational
1:04.99 L	P	100 Free	7/20/2023	2023 Adirondack Long Course Championships
1:53.26 Y	F	200 Free	2/16/2023	Boys Section 2 Division 1 Championships
2:21.02 L	P	200 Free	7/20/2023	2023 Adirondack Long Course Championships
4:52.91 L	F	400 Free	7/20/2023	2023 Adirondack Long Course Championships
5:00.58 Y	F	500 Free	2/16/2023	Boys Section 2 Division 1 Championships
28.45 Y L	F	50 Back	3/9/2023	Adirondack Gold Short Course Championships
1:01.74 Y L	F	100 Back	2/17/2023	2023 Region 1 Short Course Invitational
2:08.93 Y	F	200 Back	3/9/2023	Adirondack Gold Short Course Championships
2:40.12 L	P	200 Back	7/20/2023	2023 Adirondack Long Course Championships
4:31.34 Y	F	400 IM	3/9/2023	Adirondack Gold Short Course Championships
5:33.87 L	F	400 IM	7/20/2023	2023 Adirondack Long Course Championships
<b>Connor Baird (19) M</b>			<b>SCHE-AD</b>	
22.56 Y	P	50 Free	3/9/2023	Adirondack Gold Short Course Championships
27.72 L	P	50 Free	7/20/2023	2023 Adirondack Long Course Championships
54.99 Y	F	100 Back	3/9/2023	Adirondack Gold Short Course Championships
1:05.86 L	F	100 Back	7/20/2023	2023 Adirondack Long Course Championships
59.94 Y	P	100 Breast	3/9/2023	Adirondack Gold Short Course Championships
1:11.66 L	F	100 Breast	7/20/2023	2023 Adirondack Long Course Championships
2:08.70 Y	F	200 Breast	2/17/2023	2023 Region 1 Short Course Invitational
2:40.38 L	F	200 Breast	7/20/2023	2023 Adirondack Long Course Championships
52.20 Y	F	100 Fly	2/16/2023	Boys Section 2 Division 1 Championships
1:02.74 L	P	100 Fly	7/20/2023	2023 Adirondack Long Course Championships
1:57.48 Y	F	200 Fly	3/9/2023	Adirondack Gold Short Course Championships
1:55.41 Y	F	200 IM	2/16/2023	Boys Section 2 Division 1 Championships
2:22.32 L	F	200 IM	7/20/2023	2023 Adirondack Long Course Championships
<b>Ana Ball (16) F</b>			<b>UN-AD</b>	
25.79 Y	AA	50 Free	11/3/2022	Girls Sec II Division II Championships
30.72 L	A	50 Free	7/20/2023	2023 Adirondack Long Course Championships
56.80 Y	A	100 Free	11/3/2022	Girls Sec II Division II Championships
1:06.18 L	A	100 Free	7/20/2023	2023 Adirondack Long Course Championships
1:09.29 S	BB	100 Free	5/21/2023	2023 Starfish Meter Madness
2:06.69 Y	A	200 Free	12/9/2022	CNY Invite
2:29.99 L	BB	200 Free	7/20/2023	2023 Adirondack Long Course Championships
5:19.46 L	BB	400 Free	7/20/2023	2023 Adirondack Long Course Championships
5:42.26 Y	A	500 Free	3/3/2023	AD Silver Short Course Championships
11:57.72 Y	BB	1000 Free	12/9/2022	CNY Invite
34.53 Y	F	50 Back	1/14/2023	2023 PTAC Tiger Invitational
1:10.23 Y	B	100 Back	3/3/2023	AD Silver Short Course Championships
1:23.62 S	F	100 Back	5/21/2023	2023 Starfish Meter Madness
2:27.49 Y	BB	200 Back	3/3/2023	AD Silver Short Course Championships
36.14 Y	P	50 Breast	12/9/2022	CNY Invite
1:19.88 Y	B	100 Breast	1/6/2023	2023 Starfish Trophy Invitational
1:39.00 S	F	100 Breast	5/21/2023	2023 Starfish Meter Madness
2:58.92 Y	B	200 Breast	3/3/2023	AD Silver Short Course Championships
3:35.47 L	B	200 Breast	7/20/2023	2023 Adirondack Long Course Championships
1:20.88 Y	F	100 Fly	10/29/2022	Starfish Fall Spooktacular
1:30.33 S	F	100 Fly	5/21/2023	2023 Starfish Meter Madness
1:12.92 Y	F	100 IM	1/14/2023	2023 PTAC Tiger Invitational
1:24.94 S	F	100 IM	5/21/2023	2023 Starfish Meter Madness
2:33.18 Y	BB	200 IM	3/3/2023	AD Silver Short Course Championships
3:00.03 L	B	200 IM	7/20/2023	2023 Adirondack Long Course Championships
5:41.17 Y	B	400 IM	1/14/2023	2023 PTAC Tiger Invitational
<b>Clarissa Ball (18) F</b>			<b>ALBS-AD</b>	
27.53 Y	BB	50 Free	3/3/2023	AD Silver Short Course Championships
31.28 L	BB	50 Free	7/20/2023	2023 Adirondack Long Course Championships

### Individual Top Times

Time	P/F/S	Event	
<b>Clarissa Ball (18) F</b>			<b>ALBS-AD</b>
59.72 Y BB P	100 Free	3/9/2023	Adirondack Gold Short Course Championships
1:07.50 L BB P	100 Free	7/20/2023	2023 Adirondack Long Course Championships
1:10.31 S B F	100 Free	5/21/2023	2023 Starfish Meter Madness
2:09.29 Y BB F	200 Free	6/11/2023	Piranhas Summer Kick-Off Meet
2:24.21 L A P	200 Free	7/20/2023	2023 Adirondack Long Course Championships
5:10.06 L BB F	400 Free	7/20/2023	2023 Adirondack Long Course Championships
5:44.26 Y BB F	500 Free	3/3/2023	AD Silver Short Course Championships
11:32.08 Y A F	1000 Free	1/14/2023	2023 PTAC Tiger Invitational
20:00.24 L A F	1500 Free	7/20/2023	2023 Adirondack Long Course Championships
19:00.25 Y A F	1650 Free	1/14/2023	2023 PTAC Tiger Invitational
29.75 Y L P	50 Back	11/3/2022	Girls Sec II Division II Championships
1:02.65 Y A F	100 Back	11/3/2022	Girls Sec II Division II Championships
1:15.27 L BB P	100 Back	7/20/2023	2023 Adirondack Long Course Championships
1:18.44 S B F	100 Back	5/21/2023	2023 Starfish Meter Madness
2:18.93 Y BB P	200 Back	2/17/2023	2023 Region 1 Short Course Invitational
2:36.52 L A F	200 Back	7/20/2023	2023 Adirondack Long Course Championships
1:28.06 Y F	100 Breast	10/22/2022	Trick or Treat Meet
1:36.83 S F	100 Breast	5/21/2023	2023 Starfish Meter Madness
1:02.29 Y A F	100 Fly	11/3/2022	Girls Sec II Division II Championships
1:15.46 L BB P	100 Fly	7/20/2023	2023 Adirondack Long Course Championships
1:15.94 S BB F	100 Fly	5/21/2023	2023 Starfish Meter Madness
2:28.01 Y BB F	200 Fly	3/3/2023	AD Silver Short Course Championships
1:11.54 Y F	100 IM	1/14/2023	2023 PTAC Tiger Invitational
1:22.16 S F	100 IM	5/21/2023	2023 Starfish Meter Madness
2:24.59 Y BB P	200 IM	3/9/2023	Adirondack Gold Short Course Championships
2:48.92 L BB P	200 IM	7/20/2023	2023 Adirondack Long Course Championships
5:10.21 Y BB F	400 IM	3/3/2023	AD Silver Short Course Championships
<b>Aiden Balsamo (15) M</b>			<b>SARY-AD</b>
33.32 Y F	50 Free	6/11/2023	Piranhas Summer Kick-Off Meet
1:17.21 Y F	100 Free	1/29/2023	Stingray Splash
1:31.88 Y F	100 Back	6/11/2023	Piranhas Summer Kick-Off Meet
<b>Calvin Banaszewski (14) M</b>			<b>SCHE-AD</b>
28.11 Y B F	50 Free	3/3/2023	AD Silver Short Course Championships
1:01.53 Y B F	100 Free	3/3/2023	AD Silver Short Course Championships
2:14.56 Y B F	200 Free	3/3/2023	AD Silver Short Course Championships
6:22.61 Y B F	500 Free	1/14/2023	Chris Goody IMX Challenge
1:10.16 Y B F	100 Back	3/3/2023	AD Silver Short Course Championships
2:42.56 Y F	200 Back	3/3/2023	AD Silver Short Course Championships
1:28.00 Y F	100 Breast	3/3/2023	AD Silver Short Course Championships
3:17.69 Y F	200 Breast	1/14/2023	Chris Goody IMX Challenge
1:09.24 Y B F	100 Fly	3/3/2023	AD Silver Short Course Championships
2:47.98 Y F	200 Fly	1/14/2023	Chris Goody IMX Challenge
1:18.91 Y F	100 IM	10/22/2022	Trick or Treat Meet
2:32.14 Y B F	200 IM	3/3/2023	AD Silver Short Course Championships
5:57.35 Y F	400 IM	1/14/2023	Chris Goody IMX Challenge
<b>Bianca Bansner (12) F</b>			<b>NHA-AD</b>
35.61 Y F	50 Free	3/3/2023	AD Silver Short Course Championships
1:26.60 Y F	100 Free	3/3/2023	AD Silver Short Course Championships
43.13 Y F	50 Back	12/11/2022	Sharks 12 & Under Mini Meet
46.54 Y F	50 Breast	3/9/2023	Adirondack Gold Short Course Championships
43.88 Y F	50 Fly	3/3/2023	AD Silver Short Course Championships
1:33.13 Y F	100 IM	3/3/2023	AD Silver Short Course Championships
<b>Alexandria Bard (18) F</b>			<b>UN-AD</b>
26.67 Y A F	50 Free	10/15/2022	Colonial Council Invitational
58.09 Y A F	100 Free	10/15/2022	Colonial Council Invitational
2:14.95 Y BB F	200 Free	3/3/2023	AD Silver Short Course Championships

### Individual Top Times

Time	P/F/S	Event	
<b>Alexandria Bard (18) F</b>			<b>ALBS-AD</b>
6:05.80	Y BB F	500 Free	3/3/2023 AD Silver Short Course Championships
1:11.34	Y B F	100 Back	3/3/2023 AD Silver Short Course Championships
2:27.52	Y BB F	200 Back	3/3/2023 AD Silver Short Course Championships
1:11.02	Y B F	100 Fly	3/3/2023 AD Silver Short Course Championships
<b>Alexandria Bard (18) F (Yr: SR)</b>			<b>UN-AD</b>
26.49	Y A F	50 Free	11/3/2022 Girls Sec II Division II Championships
57.40	Y L A F	100 Free	11/3/2022 Girls Sec II Division II Championships
2:14.95	Y BB F	200 Free	3/3/2023 AD Silver Short Course Championships
6:05.80	Y BB F	500 Free	3/3/2023 AD Silver Short Course Championships
1:11.34	Y B F	100 Back	3/3/2023 AD Silver Short Course Championships
2:27.52	Y BB F	200 Back	3/3/2023 AD Silver Short Course Championships
1:11.02	Y B F	100 Fly	3/3/2023 AD Silver Short Course Championships
<b>Jacob Barlow (13) M</b>			<b>CANA-AD</b>
31.99	Y F	50 Free	2/4/2023 Delmar Dolphins Febuary Freeze
1:07.54	Y P	100 Free	3/9/2023 Adirondack Gold Short Course Championships
6:48.41	Y F	500 Free	1/22/2023 Mile Madness
41.50	Y F	50 Back	11/5/2022 First Splash
45.48	Y F	50 Breast	12/3/2022 CVSL Tri Meet
1:35.43	Y F	100 Breast	2/12/2023 Piranha's Pentathlon
40.03	Y F	50 Fly	1/14/2023 Canajoharie Developmental Meet
1:20.96	Y F	100 IM	2/4/2023 Delmar Dolphins Febuary Freeze
3:03.31	Y F	200 IM	1/14/2023 Canajoharie Developmental Meet
<b>William Barnoski (13) M</b>			<b>SCHE-AD</b>
34.83	Y F	50 Free	2/4/2023 Delmar Dolphins Febuary Freeze
38.72	L F	50 Free	7/1/2023 Niagara LSC LC Super Circuit Meet
1:16.12	Y F	100 Free	3/3/2023 AD Silver Short Course Championships
2:45.69	Y F	200 Free	3/3/2023 AD Silver Short Course Championships
40.42	Y F	50 Back	1/14/2023 Canajoharie Developmental Meet
1:31.33	Y F	100 Back	3/3/2023 AD Silver Short Course Championships
1:38.67	L F	100 Back	7/1/2023 Niagara LSC LC Super Circuit Meet
41.53	Y F	50 Fly	3/3/2023 AD Silver Short Course Championships
<b>Ava Barr (11) F</b>			<b>SCHE-AD</b>
38.92	Y F	50 Free	3/3/2023 AD Silver Short Course Championships
45.81	S F	50 Free	5/21/2023 2023 Starfish Meter Madness
1:35.71	Y F	100 Free	6/11/2023 Piranhas Summer Kick-Off Meet
45.47	Y F	50 Back	6/11/2023 Piranhas Summer Kick-Off Meet
51.72	S F	50 Back	5/21/2023 2023 Starfish Meter Madness
55.88	Y F	50 Breast	6/11/2023 Piranhas Summer Kick-Off Meet
1:47.52	Y F	100 IM	6/11/2023 Piranhas Summer Kick-Off Meet
2:01.15	S F	100 IM	5/21/2023 2023 Starfish Meter Madness
<b>Connor Barrowman (12) M</b>			<b>DELM-AD</b>
40.11	Y F	50 Free	10/22/2022 Trick or Treat Meet
1:34.38	Y F	100 Free	11/12/2022 Fall frenzy
44.44	Y F	50 Back	10/22/2022 Trick or Treat Meet
50.83	Y F	50 Breast	12/11/2022 Sharks 12 & Under Mini Meet
50.41	Y F	50 Fly	2/4/2023 Delmar Dolphins Febuary Freeze
1:39.31	Y F	100 IM	12/11/2022 Sharks 12 & Under Mini Meet
<b>Jane Barrowman (10) F</b>			<b>DELM-AD</b>
58.05	Y F	50 Free	12/11/2022 Sharks 12 & Under Mini Meet
1:01.57	Y F	50 Back	2/4/2023 Delmar Dolphins Febuary Freeze
<b>Cameron Barry (14) F</b>			<b>USAM-AD</b>
32.75	Y P	50 Free	1/6/2023 2023 Starfish Trophy Invitational
2:54.92	Y P	200 Free	1/6/2023 2023 Starfish Trophy Invitational
1:28.66	Y P	100 Back	1/6/2023 2023 Starfish Trophy Invitational
<b>Conor Barry (17) M</b>			<b>CPP-AD</b>
24.62	Y BB F	50 Free	3/3/2023 AD Silver Short Course Championships

### Individual Top Times

Time	P/F/S	Event	
<b>Conor Barry (17) M</b>			<b>CPP-AD</b>
28.53 L	BB P	50 Free	7/20/2023 2023 Adirondack Long Course Championships
53.23 Y	BB P	100 Free	2/17/2023 2023 Region 1 Short Course Invitational
1:02.43 L	BB F	100 Free	6/24/2023 2023 NE NSSC June Springfield
1:59.01 Y	BB F	200 Free	6/11/2023 Piranhas Summer Kick-Off Meet
2:14.46 L	BB P	200 Free	7/20/2023 2023 Adirondack Long Course Championships
5:10.67 L	B F	400 Free	6/24/2023 2023 NE NSSC June Springfield
5:34.67 Y	BB F	500 Free	12/18/2022 Piranha's December Distance Invite
1:01.16 Y	BB F	100 Back	3/3/2023 AD Silver Short Course Championships
1:13.74 L	B F	100 Back	6/24/2023 2023 NE NSSC June Springfield
1:05.38 Y	BB F	100 Breast	3/3/2023 AD Silver Short Course Championships
1:22.27 L	B F	100 Breast	6/24/2023 2023 NE NSSC June Springfield
56.83 Y	BB F	100 Fly	3/9/2023 Adirondack Gold Short Course Championships
1:03.68 L	A F	100 Fly	7/20/2023 2023 Adirondack Long Course Championships
2:11.31 Y	BB F	200 Fly	3/9/2023 Adirondack Gold Short Course Championships
2:30.93 L	BB F	200 Fly	7/20/2023 2023 Adirondack Long Course Championships
2:04.33 Y	A F	200 IM	2/16/2023 Boys Section 2 Division 1 Championships
2:42.35 L	B P	200 IM	7/20/2023 2023 Adirondack Long Course Championships
4:25.90 L	AAAA F	400 IM	6/24/2023 2023 NE NSSC June Springfield
4:31.67 Y	A F	400 IM	3/3/2023 AD Silver Short Course Championships
<b>Eliza Barry (11) F</b>			<b>USAM-AD</b>
37.95 Y	F	50 Free	10/22/2022 Trick or Treat Meet
49.43 Y	F	50 Back	10/22/2022 Trick or Treat Meet
57.06 Y	F	50 Breast	10/22/2022 Trick or Treat Meet
1:45.98 Y	F	100 IM	10/22/2022 Trick or Treat Meet
<b>Emma Barton (12) F</b>			<b>DELM-AD</b>
36.59 Y	F	50 Free	3/3/2023 AD Silver Short Course Championships
45.56 Y	F	50 Back	3/3/2023 AD Silver Short Course Championships
51.92 Y	F	50 Breast	3/3/2023 AD Silver Short Course Championships
1:38.35 Y	F	100 IM	3/3/2023 AD Silver Short Course Championships
<b>McKenna Bashaw (11) F</b>			<b>NTS-AD</b>
1:02.15 Y L	F	50 Free	12/3/2022 2022 North Country Invitational
1:02.89 Y L	F	50 Back	12/3/2022 2022 North Country Invitational
<b>Mikayla Bashaw (13) F</b>			<b>NTS-AD</b>
41.80 Y	F	50 Free	1/7/2023 Mexico Tiger Sharks January Meet
1:31.09 Y	F	100 Free	2/12/2023 Piranha's Pentathlon
45.81 Y	F	50 Back	1/7/2023 Mexico Tiger Sharks January Meet
1:35.86 Y	F	100 Back	2/12/2023 Piranha's Pentathlon
1:08.13 Y	F	50 Breast	1/7/2023 Mexico Tiger Sharks January Meet
<b>Isabella Basile (14) F</b>			<b>SCHE-AD</b>
26.69 Y	AA F	50 Free	6/11/2023 Piranhas Summer Kick-Off Meet
30.35 L	AA P	50 Free	7/20/2023 2023 Adirondack Long Course Championships
58.99 Y	A P	100 Free	3/9/2023 Adirondack Gold Short Course Championships
1:09.01 L	BB P	100 Free	7/20/2023 2023 Adirondack Long Course Championships
2:09.43 Y	A F	200 Free	6/11/2023 Piranhas Summer Kick-Off Meet
2:29.12 L	A P	200 Free	7/20/2023 2023 Adirondack Long Course Championships
5:15.63 L	BB F	400 Free	7/20/2023 2023 Adirondack Long Course Championships
5:48.18 Y	A F	500 Free	1/14/2023 Chris Goody IMX Challenge
30.13 Y L	F	50 Back	3/9/2023 Adirondack Gold Short Course Championships
1:04.11 Y	A F	100 Back	3/9/2023 Adirondack Gold Short Course Championships
1:12.56 L	AA F	100 Back	7/20/2023 2023 Adirondack Long Course Championships
2:21.68 Y	A F	200 Back	12/18/2022 Piranha's December Distance Invite
2:42.39 L	A F	200 Back	7/20/2023 2023 Adirondack Long Course Championships
1:19.44 Y	BB P	100 Breast	3/9/2023 Adirondack Gold Short Course Championships
2:52.73 Y	BB F	200 Breast	3/3/2023 AD Silver Short Course Championships
3:20.29 L	BB P	200 Breast	7/20/2023 2023 Adirondack Long Course Championships
1:07.50 Y	BB F	100 Fly	6/11/2023 Piranhas Summer Kick-Off Meet

### Individual Top Times

Time	P/F/S	Event			
<b>Isabella Basile (14) F</b>					
<b>SCHE-AD</b>					
1:17.88	L BB P	100 Fly	7/20/2023	2023 Adirondack Long Course Championships	
2:32.19	Y BB F	200 Fly	1/14/2023	Chris Goody IMX Challenge	
1:10.66	Y F	100 IM	10/22/2022	Trick or Treat Meet	
2:28.45	Y BB P	200 IM	11/3/2022	Girls Sec II Division II Championships	
2:52.81	L BB P	200 IM	7/20/2023	2023 Adirondack Long Course Championships	
5:09.55	Y A F	400 IM	1/14/2023	Chris Goody IMX Challenge	
<b>Nicholas Basile (12) M</b>					
<b>SCHE-AD</b>					
30.93	Y B F	50 Free	10/22/2022	Trick or Treat Meet	
34.65	L BB F	50 Free	7/20/2023	2023 Adirondack Long Course Championships	
1:07.06	Y B F	100 Free	1/29/2023	Stingray Splash	
1:16.79	L B F	100 Free	7/20/2023	2023 Adirondack Long Course Championships	
2:30.65	Y B F	200 Free	3/3/2023	AD Silver Short Course Championships	
2:41.99	L BB F	200 Free	7/20/2023	2023 Adirondack Long Course Championships	
6:24.45	Y BB F	500 Free	3/3/2023	AD Silver Short Course Championships	
36.06	Y B P	50 Back	3/9/2023	Adirondack Gold Short Course Championships	
41.62	L B F	50 Back	7/20/2023	2023 Adirondack Long Course Championships	
1:17.69	Y B P	100 Back	3/9/2023	Adirondack Gold Short Course Championships	
1:31.59	L B F	100 Back	7/20/2023	2023 Adirondack Long Course Championships	
45.12	Y F	50 Breast	3/3/2023	AD Silver Short Course Championships	
55.44	L F	50 Breast	7/20/2023	2023 Adirondack Long Course Championships	
1:37.00	Y F	100 Breast	3/3/2023	AD Silver Short Course Championships	
1:52.89	L F	100 Breast	7/20/2023	2023 Adirondack Long Course Championships	
34.67	Y B F	50 Fly	3/9/2023	Adirondack Gold Short Course Championships	
42.25	L F	50 Fly	7/20/2023	2023 Adirondack Long Course Championships	
1:33.96	L B F	100 Fly	7/20/2023	2023 Adirondack Long Course Championships	
1:18.99	Y B F	100 IM	3/3/2023	AD Silver Short Course Championships	
2:50.26	Y B F	200 IM	1/14/2023	Chris Goody IMX Challenge	
<b>Abigeal Battibulli (15) F</b>					
<b>CPP-AD</b>					
30.38	Y B F	50 Free	6/11/2023	Piranhas Summer Kick-Off Meet	
1:07.32	Y B F	100 Free	3/3/2023	AD Silver Short Course Championships	
2:28.14	Y B F	200 Free	3/3/2023	AD Silver Short Course Championships	
2:56.05	L F	200 Free	7/7/2023	Hawks Summer Invitational 2023	
1:19.56	Y F	100 Back	6/11/2023	Piranhas Summer Kick-Off Meet	
1:31.75	Y F	100 Breast	2/12/2023	Piranha's Pentathlon	
3:25.35	Y F	200 Breast	3/3/2023	AD Silver Short Course Championships	
1:18.07	Y F	100 Fly	2/12/2023	Piranha's Pentathlon	
1:30.61	L F	100 Fly	7/7/2023	Hawks Summer Invitational 2023	
2:51.53	Y F	200 IM	3/3/2023	AD Silver Short Course Championships	
<b>Ariana Baxter (16) F</b>					
<b>NTS-AD</b>					
29.36	Y BB F	50 Free	3/3/2023	AD Silver Short Course Championships	
1:04.02	Y B F	100 Free	3/3/2023	AD Silver Short Course Championships	
2:22.53	Y B F	200 Free	3/3/2023	AD Silver Short Course Championships	
6:47.90	Y F	500 Free	12/3/2022	2022 North Country Invitational	
1:15.17	Y F	100 Back	11/6/2022	2022 SECTION 10 GIRLS SWIMMING CHAMPIONSHIP	
2:45.36	Y F	200 Back	3/3/2023	AD Silver Short Course Championships	
1:42.07	Y F	100 Breast	3/3/2023	AD Silver Short Course Championships	
2:59.51	Y F	200 IM	3/3/2023	AD Silver Short Course Championships	
<b>Rogan bay (14) M</b>					
<b>CPP-AD</b>					
37.36	Y F	50 Free	6/11/2023	Piranhas Summer Kick-Off Meet	
1:25.68	Y F	100 Free	3/3/2023	AD Silver Short Course Championships	
2:59.19	Y F	200 Free	3/3/2023	AD Silver Short Course Championships	
3:23.92	L F	200 Free	7/7/2023	Hawks Summer Invitational 2023	
52.59	Y F	50 Back	10/22/2022	Trick or Treat Meet	
1:48.49	Y F	100 Back	6/11/2023	Piranhas Summer Kick-Off Meet	
3:49.24	Y F	200 Back	3/3/2023	AD Silver Short Course Championships	
57.83	Y F	50 Breast	10/22/2022	Trick or Treat Meet	

### Individual Top Times

Time	P/F/S	Event				
<b>Rogan bay (14) M</b>						
1:54.38	Y	F	100	Breast	3/3/2023 AD Silver Short Course Championships	
54.13	Y	F	50	Fly	10/22/2022 Trick or Treat Meet	
1:56.27	Y	F	100	Fly	3/3/2023 AD Silver Short Course Championships	
2:07.09	L	F	100	Fly	7/7/2023 Hawks Summer Invitational 2023	
3:43.22	Y	F	200	IM	3/3/2023 AD Silver Short Course Championships	
<b>Lindsey Beane (13) F</b>						
47.99	Y	F	50	Free	1/29/2023 Stingray Splash	
1:02.86	Y	F	50	Back	1/29/2023 Stingray Splash	
1:10.34	Y	F	50	Breast	1/29/2023 Stingray Splash	
<b>Elysia Belfield (15) F</b>						
35.35	Y	F	50	Free	3/3/2023 AD Silver Short Course Championships	
41.66	L	F	50	Free	7/7/2023 Hawks Summer Invitational 2023	
1:21.12	Y	F	100	Free	3/3/2023 AD Silver Short Course Championships	
3:21.57	Y	F	200	Free	3/3/2023 AD Silver Short Course Championships	
1:40.41	Y	F	100	Back	3/3/2023 AD Silver Short Course Championships	
1:56.20	L	F	100	Back	7/7/2023 Hawks Summer Invitational 2023	
1:59.41	Y	F	100	Breast	3/3/2023 AD Silver Short Course Championships	
<b>Leah Belfield (13) F</b>						
35.39	Y	F	50	Free	10/29/2022 Starfish Fall Spooktacular	
40.96	L	F	50	Free	7/7/2023 Hawks Summer Invitational 2023	
1:28.88	Y	F	100	Free	10/29/2022 Starfish Fall Spooktacular	
1:47.16	L	F	100	Free	7/7/2023 Hawks Summer Invitational 2023	
46.80	Y	F	50	Back	10/29/2022 Starfish Fall Spooktacular	
54.60	L	F	50	Back	7/7/2023 Hawks Summer Invitational 2023	
1:44.93	Y	F	100	Back	3/3/2023 AD Silver Short Course Championships	
49.03	Y	F	50	Breast	3/3/2023 AD Silver Short Course Championships	
54.30	Y	P	50	Fly	1/6/2023 2023 Starfish Trophy Invitational	
<b>Ella Bellinger (17) F</b>						
26.31	Y	A	P	50	Free	3/9/2023 Adirondack Gold Short Course Championships
57.34	Y	A	P	100	Free	3/9/2023 Adirondack Gold Short Course Championships
2:03.99	Y	A	P	200	Free	3/9/2023 Adirondack Gold Short Course Championships
5:59.48	Y	BB	F	500	Free	1/7/2023 Mexico Tiger Sharks January Meet
1:09.96	Y	B	F	100	Back	1/7/2023 Mexico Tiger Sharks January Meet
2:35.22	Y	B	F	200	Back	12/3/2022 2022 North Country Invitational
1:14.64	Y	BB	F	100	Breast	11/6/2022 2022 SECTION 10 GIRLS SWIMMING CHAMPIONSHIP
2:51.65	Y	B	F	200	Breast	1/7/2023 Mexico Tiger Sharks January Meet
5:30.79	Y	B	F	400	IM	12/3/2022 2022 North Country Invitational
<b>Elliana Bender (10) F</b>						
1:02.20	Y	F	50	Back	1/14/2023 Canajoharie Developmental Meet	
<b>Cassandra Benner (10) F</b>						
20.19	Y	F	25	Free	10/29/2022 Starfish Fall Spooktacular	
43.55	Y	F	50	Free	2/12/2023 Piranha's Pentathlon	
46.75	L	F	50	Free	7/7/2023 Hawks Summer Invitational 2023	
1:40.09	Y	F	100	Free	3/3/2023 AD Silver Short Course Championships	
1:43.79	L	F	100	Free	7/7/2023 Hawks Summer Invitational 2023	
3:34.99	L	B	F	200	Free	7/7/2023 Hawks Summer Invitational 2023
22.95	Y	F	25	Back	10/29/2022 Starfish Fall Spooktacular	
52.09	Y	F	50	Back	2/12/2023 Piranha's Pentathlon	
59.04	L	F	50	Back	7/7/2023 Hawks Summer Invitational 2023	
34.99	Y	F	25	Breast	10/22/2022 Trick or Treat Meet	
1:01.89	Y	F	50	Breast	2/12/2023 Piranha's Pentathlon	
2:21.60	L	F	100	Breast	7/7/2023 Hawks Summer Invitational 2023	
23.34	Y	F	25	Fly	3/3/2023 AD Silver Short Course Championships	
51.59	L	B	F	50	Fly	7/7/2023 Hawks Summer Invitational 2023
52.16	Y	F	50	Fly	2/12/2023 Piranha's Pentathlon	
1:52.20	Y	F	100	IM	3/3/2023 AD Silver Short Course Championships	

CPP-AD

SARY-AD

HAWK-AD

HAWK-AD

NTS-AD

SCHE-AD

HAWK-AD



### Individual Top Times

Time	P/F/S	Event					
<b>Eloise Bennett (9) F</b>							
21.98	Y	F	25	Free	3/3/2023	AD Silver Short Course Championships	
48.87	Y	F	50	Free	2/12/2023	Piranha's Pentathlon	
26.29	Y	F	25	Back	12/11/2022	Sharks 12 & Under Mini Meet	
59.69	Y	F	50	Back	3/3/2023	AD Silver Short Course Championships	
2:23.00	Y	F	100	IM	12/11/2022	Sharks 12 & Under Mini Meet	
<b>Rocco Bennett (8) M</b>							
25.69	Y	F	25	Free	3/3/2023	AD Silver Short Course Championships	
56.82	Y	F	50	Free	3/3/2023	AD Silver Short Course Championships	
31.42	Y	F	25	Back	12/11/2022	Sharks 12 & Under Mini Meet	
1:04.68	Y	F	50	Back	2/12/2023	Piranha's Pentathlon	
<b>Benjamin Berin (18) M</b>							
25.12	Y	BB	F	50	Free	10/22/2022	Trick or Treat Meet
51.87	Y	A	F	100	Free	2/16/2023	Boys Section 2 Division 1 Championships
5:54.97	Y	B	F	500	Free	11/12/2022	Fall frenzy
1:06.28	Y	F	100	Back	10/22/2022	Trick or Treat Meet	
1:06.85	Y	BB	F	100	Breast	2/16/2023	Boys Section 2 Division 1 Championships
<b>Abigail Berju (14) F</b>							
28.74	Y	BB	P	50	Free	2/17/2023	2023 Region 1 Short Course Invitational
1:04.03	Y	BB	F	100	Free	3/3/2023	AD Silver Short Course Championships
2:21.95	Y	B	F	200	Free	3/3/2023	AD Silver Short Course Championships
6:27.55	Y	B	F	500	Free	1/14/2023	Chris Goody IMX Challenge
1:06.90	Y	BB	F	100	Back	3/3/2023	AD Silver Short Course Championships
2:31.90	Y	BB	F	200	Back	3/3/2023	AD Silver Short Course Championships
1:16.43	Y	BB	S	100	Breast	3/9/2023	Adirondack Gold Short Course Championships
2:42.64	Y	A	F	200	Breast	3/9/2023	Adirondack Gold Short Course Championships
1:11.29	Y	B	F	100	Fly	3/3/2023	AD Silver Short Course Championships
2:48.26	Y	B	F	200	Fly	1/14/2023	Chris Goody IMX Challenge
2:31.95	Y	BB	F	200	IM	3/3/2023	AD Silver Short Course Championships
5:17.94	Y	BB	F	400	IM	2/17/2023	2023 Region 1 Short Course Invitational
<b>Nora Berman (9) F</b>							
18.62	Y	F	25	Free	3/3/2023	AD Silver Short Course Championships	
44.07	Y	F	50	Free	2/12/2023	Piranha's Pentathlon	
23.29	Y	F	25	Back	10/29/2022	Starfish Fall Spooktacular	
48.49	Y	F	50	Back	3/3/2023	AD Silver Short Course Championships	
1:49.09	Y	F	100	Back	3/3/2023	AD Silver Short Course Championships	
35.43	Y	F	25	Breast	10/29/2022	Starfish Fall Spooktacular	
1:06.26	Y	F	50	Breast	2/12/2023	Piranha's Pentathlon	
52.18	Y	F	50	Fly	2/12/2023	Piranha's Pentathlon	
1:57.26	Y	F	100	IM	2/12/2023	Piranha's Pentathlon	
<b>Jack Bernad (12) M</b>							
32.08	Y	B	F	50	Free	2/4/2023	Delmar Dolphins Febuary Freeze
1:13.37	Y	F	100	Free	3/3/2023	AD Silver Short Course Championships	
2:42.52	Y	F	200	Free	3/3/2023	AD Silver Short Course Championships	
36.24	Y	B	P	50	Back	3/9/2023	Adirondack Gold Short Course Championships
1:23.63	Y	F	100	Back	3/3/2023	AD Silver Short Course Championships	
2:06.14	Y	F	100	Breast	3/3/2023	AD Silver Short Course Championships	
36.22	Y	B	F	50	Fly	3/3/2023	AD Silver Short Course Championships
1:31.95	Y	F	100	Fly	1/14/2023	Chris Goody IMX Challenge	
1:29.10	Y	F	100	IM	3/3/2023	AD Silver Short Course Championships	
3:09.85	Y	F	200	IM	3/3/2023	AD Silver Short Course Championships	
<b>Sarah Bernasconi (19) F</b>							
25.70	Y	F	50	Free	11/3/2022	Girls Sec II Division I Championships	
57.49	Y	P	100	Free	11/3/2022	Girls Sec II Division I Championships	
<b>Helena Betancourt (9) F</b>							
25.09	Y	F	25	Free	1/14/2023	Canajoharie Developmental Meet	
53.99	Y	F	50	Free	1/14/2023	Canajoharie Developmental Meet	

USAM-AD

USAM-AD

DELM-AD

SCHE-AD

HAWK-AD

SCHE-AD

UN-AD

CLRK-AD

### Individual Top Times

Time	P/F/S	Event				
<b>Helena Betancourt (9) F</b> <span style="float: right;"><b>CLRK-AD</b></span>						
29.97 Y	F	25 Back	11/5/2022	First Splash		
<b>Henry Betrus (13) M</b> <span style="float: right;"><b>WAVE-AD</b></span>						
36.39 Y L	F	50 Free	12/3/2022	2022 North Country Invitational		
1:20.69 Y	F	100 Free	12/3/2022	2022 North Country Invitational		
<b>Nathaniel Betrus (11) M</b> <span style="float: right;"><b>WAVE-AD</b></span>						
42.02 Y	F	50 Free	12/3/2022	2022 North Country Invitational		
<b>Alexander Bette (15) M</b> <span style="float: right;"><b>BFIN-AD</b></span>						
27.02 Y B	P	50 Free	3/9/2023	Adirondack Gold Short Course Championships		
59.63 Y B	F	100 Free	3/3/2023	AD Silver Short Course Championships		
2:13.93 Y B	F	200 Free	11/12/2022	Fall frenzy		
5:51.56 Y B	F	500 Free	1/14/2023	Chris Goody IMX Challenge		
1:10.76 Y	F	100 Back	10/22/2022	Trick or Treat Meet		
1:24.79 Y	F	100 Breast	3/3/2023	AD Silver Short Course Championships		
1:10.71 Y	F	100 Fly	3/3/2023	AD Silver Short Course Championships		
1:14.42 Y	F	100 IM	10/22/2022	Trick or Treat Meet		
2:31.55 Y B	F	200 IM	3/3/2023	AD Silver Short Course Championships		
5:28.99 Y	F	400 IM	1/14/2023	Chris Goody IMX Challenge		
<b>Charles Bewlay (14) M</b> <span style="float: right;"><b>SCHE-AD</b></span>						
27.06 Y BB	P	50 Free	3/9/2023	Adirondack Gold Short Course Championships		
31.50 L BB	P	50 Free	7/20/2023	2023 Adirondack Long Course Championships		
58.32 Y BB	F	100 Free	3/3/2023	AD Silver Short Course Championships		
1:07.26 L BB	P	100 Free	8/2/2023	2023 Summer Elite Showcase		
2:07.15 Y BB	P	200 Free	2/16/2023	Boys Section 2 Division 1 Championships		
2:26.57 L BB	P	200 Free	8/2/2023	2023 Summer Elite Showcase		
5:11.34 L BB	F	400 Free	7/20/2023	2023 Adirondack Long Course Championships		
5:38.52 Y BB	F	500 Free	3/3/2023	AD Silver Short Course Championships		
33.06 Y L	F	50 Back	10/22/2022	Trick or Treat Meet		
35.76 L	P	50 Back	8/2/2023	2023 Summer Elite Showcase		
1:14.65 Y	P	100 Back	11/12/2021	2021 NE ABF November Trials Final Meet		
1:15.89 L BB	P	100 Back	8/2/2023	2023 Summer Elite Showcase		
2:42.46 L BB	F	200 Back	7/20/2023	2023 Adirondack Long Course Championships		
43.29 L	P	50 Breast	8/2/2023	2023 Summer Elite Showcase		
1:20.63 Y B	F	100 Breast	3/3/2023	AD Silver Short Course Championships		
33.23 L	P	50 Fly	8/2/2023	2023 Summer Elite Showcase		
1:04.00 Y BB	F	100 Fly	3/9/2023	Adirondack Gold Short Course Championships		
1:14.50 L BB	F	100 Fly	7/20/2023	2023 Adirondack Long Course Championships		
2:23.62 Y BB	F	200 Fly	3/9/2023	Adirondack Gold Short Course Championships		
2:42.63 L BB	P	200 Fly	8/2/2023	2023 Summer Elite Showcase		
1:12.10 Y	F	100 IM	10/22/2022	Trick or Treat Meet		
2:38.09 Y B	P	200 IM	11/12/2021	2021 NE ABF November Trials Final Meet		
2:40.04 L BB	P	200 IM	8/2/2023	2023 Summer Elite Showcase		
5:06.87 Y BB	F	400 IM	3/3/2023	AD Silver Short Course Championships		
5:45.81 L BB	F	400 IM	7/20/2023	2023 Adirondack Long Course Championships		
<b>Jaiden Bhatnagar (13) M</b> <span style="float: right;"><b>USAM-AD</b></span>						
29.05 Y B	P	50 Free	3/9/2023	Adirondack Gold Short Course Championships		
1:02.70 Y B	P	100 Free	3/9/2023	Adirondack Gold Short Course Championships		
37.75 Y	F	50 Back	3/3/2023	AD Silver Short Course Championships		
1:22.01 Y	P	100 Back	1/6/2023	2023 Starfish Trophy Invitational		
32.79 Y	P	50 Fly	3/9/2023	Adirondack Gold Short Course Championships		
1:26.90 Y	F	100 Fly	2/12/2023	Piranha's Pentathlon		
1:40.52 Y	F	100 IM	10/22/2022	Trick or Treat Meet		
<b>Sahana Bhatnagar (12) F</b> <span style="float: right;"><b>USAM-AD</b></span>						
36.59 Y	F	50 Free	2/4/2023	Delmar Dolphins Febuary Freeze		
1:23.11 Y	F	100 Free	2/12/2023	Piranha's Pentathlon		
44.73 Y	F	50 Back	3/3/2023	AD Silver Short Course Championships		
1:38.02 Y	F	100 Back	2/12/2023	Piranha's Pentathlon		

### Individual Top Times

Time	P/F/S	Event			
<b>Sahana Bhatnagar (12) F</b>					
1:53.18	Y	F	100	Breast	3/3/2023 AD Silver Short Course Championships
50.79	Y	F	50	Fly	2/4/2023 Delmar Dolphins Febuary Freeze
1:41.15	Y	F	100	IM	2/12/2023 Piranha's Pentathlon
<b>Phillip Bianco (19) M</b>					
23.16	Y	P	50	Free	3/9/2023 Adirondack Gold Short Course Championships
27.39	L	F	50	Free	7/1/2023 Niagara LSC LC Super Circuit Meet
49.33	Y L	F	100	Free	3/9/2023 Adirondack Gold Short Course Championships
57.49	L	P	100	Free	7/20/2023 2023 Adirondack Long Course Championships
1:47.65	Y	F	200	Free	2/16/2023 Boys Section 2 Division 1 Championships
2:01.47	L	P	200	Free	7/20/2023 2023 Adirondack Long Course Championships
4:13.73	L	P	400	Free	8/3/2023 LC Senior Zone Championship
4:38.71	Y	F	500	Free	3/9/2023 Adirondack Gold Short Course Championships
8:43.72	L	F	800	Free	8/3/2023 LC Senior Zone Championship
16:55.23	L	F	1500	Free	7/20/2023 2023 Adirondack Long Course Championships
16:35.65	Y	F	1650	Free	3/9/2023 Adirondack Gold Short Course Championships
51.88	Y	F	100	Fly	3/9/2023 Adirondack Gold Short Course Championships
59.10	L	P	100	Fly	8/3/2023 LC Senior Zone Championship
1:52.77	Y	F	200	Fly	3/9/2023 Adirondack Gold Short Course Championships
2:07.18	L	P	200	Fly	8/3/2023 LC Senior Zone Championship
2:09.01	Y	F	200	IM	12/18/2022 Piranha's December Distance Invite
4:28.72	Y	F	400	IM	1/14/2023 Chris Goody IMX Challenge
<b>Julianna Bibbo (12) F</b>					
31.93	Y B	F	50	Free	2/4/2023 Delmar Dolphins Febuary Freeze
1:16.19	Y	F	100	Free	3/3/2023 AD Silver Short Course Championships
43.34	Y	F	50	Back	3/3/2023 AD Silver Short Course Championships
44.38	Y	F	50	Breast	3/3/2023 AD Silver Short Course Championships
1:40.42	Y	F	100	Breast	3/3/2023 AD Silver Short Course Championships
1:27.19	Y	F	100	IM	2/4/2023 Delmar Dolphins Febuary Freeze
<b>Marisa Bibbo (15) F</b>					
31.35	Y B	F	50	Free	11/12/2022 Fall frenzy
2:45.63	Y	F	200	Free	11/12/2022 Fall frenzy
3:27.06	Y	F	200	Breast	11/12/2022 Fall frenzy
<b>Rylie Bicknell (15) F</b>					
1:04.16	Y B	F	100	Free	11/6/2022 2022 SECTION 10 GIRLS SWIMMING CHAMPIONSHIP
2:18.63	Y BB	F	200	Free	11/6/2022 2022 SECTION 10 GIRLS SWIMMING CHAMPIONSHIP
<b>Allison Bieniek (16) F</b>					
26.47	Y A	P	50	Free	3/9/2023 Adirondack Gold Short Course Championships
30.20	L A	P	50	Free	7/20/2023 2023 Adirondack Long Course Championships
57.39	Y A	F	100	Free	3/3/2023 AD Silver Short Course Championships
1:10.51	L BB	P	100	Free	7/20/2023 2023 Adirondack Long Course Championships
2:07.93	Y L A	F	200	Free	2/17/2023 2023 Region 1 Short Course Invitational
2:28.42	L BB	P	200	Free	7/20/2023 2023 Adirondack Long Course Championships
5:26.02	L BB	F	400	Free	7/20/2023 2023 Adirondack Long Course Championships
5:51.29	Y BB	F	500	Free	12/18/2022 Piranha's December Distance Invite
1:02.56	Y A	P	100	Back	2/17/2023 2023 Region 1 Short Course Invitational
1:16.65	L BB	P	100	Back	7/20/2023 2023 Adirondack Long Course Championships
2:17.67	Y A	P	200	Back	3/9/2023 Adirondack Gold Short Course Championships
2:47.09	L BB	P	200	Back	7/20/2023 2023 Adirondack Long Course Championships
1:16.48	Y BB	P	100	Breast	3/9/2023 Adirondack Gold Short Course Championships
2:48.52	Y BB	F	200	Breast	3/3/2023 AD Silver Short Course Championships
3:22.25	L B	P	200	Breast	7/20/2023 2023 Adirondack Long Course Championships
1:02.49	Y A	F	100	Fly	11/3/2022 Girls Sec II Division I Championships
1:19.71	L B	P	100	Fly	7/20/2023 2023 Adirondack Long Course Championships
2:36.37	Y B	F	200	Fly	12/18/2022 Piranha's December Distance Invite
2:17.18	Y A	F	200	IM	11/3/2022 Girls Sec II Division I Championships
2:51.32	L BB	P	200	IM	7/20/2023 2023 Adirondack Long Course Championships

USAM-AD

BFIN-AD

DELM-AD

DELM-AD

UN-AD

CPP-AD

### Individual Top Times

Time	P/F/S	Event				
<b>Allison Bieniek (16) F</b> <span style="float: right;"><b>CPP-AD</b></span>						
5:18.32	Y BB	F	400	IM	1/14/2023	Chris Goody IMX Challenge
<b>Kayleigh Bigwarfe (19) F</b> <span style="float: right;"><b>DELM-AD</b></span>						
24.59	Y	S	50	Free	3/9/2023	Adirondack Gold Short Course Championships
54.40	Y	P	100	Free	3/9/2023	Adirondack Gold Short Course Championships
2:02.21	Y	P	200	Free	3/9/2023	Adirondack Gold Short Course Championships
1:08.33	Y	F	100	Back	2/12/2023	Piranha's Pentathlon
1:15.69	Y	F	100	Breast	2/12/2023	Piranha's Pentathlon
2:47.10	Y	F	200	Breast	12/18/2022	Piranha's December Distance Invite
1:01.77	Y	F	100	Fly	3/9/2023	Adirondack Gold Short Course Championships
2:26.17	Y	F	200	Fly	12/18/2022	Piranha's December Distance Invite
1:08.06	Y	F	100	IM	10/22/2022	Trick or Treat Meet
2:25.46	Y	F	200	IM	12/18/2022	Piranha's December Distance Invite
<b>Jaina Bischof (16) F</b> <span style="float: right;"><b>CLRK-AD</b></span>						
29.73	Y B	P	50	Free	1/6/2023	2023 Starfish Trophy Invitational
1:02.73	Y BB	F	100	Free	3/3/2023	AD Silver Short Course Championships
1:12.42	Y B	F	100	Back	3/3/2023	AD Silver Short Course Championships
1:22.20	Y B	F	100	Breast	3/3/2023	AD Silver Short Course Championships
2:39.64	Y B	F	200	IM	3/3/2023	AD Silver Short Course Championships
<b>Jameson Bixby (16) M</b> <span style="float: right;"><b>CANA-AD</b></span>						
30.22	Y	F	50	Free	2/26/2023	CVSL Championships
1:12.94	Y	F	100	Free	2/26/2023	CVSL Championships
3:09.35	Y	F	200	Free	11/5/2022	First Splash
8:49.78	Y	F	500	Free	11/5/2022	First Splash
1:33.17	Y	F	100	Back	11/5/2022	First Splash
1:26.03	Y	F	100	Breast	3/3/2023	AD Silver Short Course Championships
3:04.94	Y	F	200	IM	12/3/2022	CVSL Tri Meet
<b>Riley Bixby (13) M</b> <span style="float: right;"><b>CANA-AD</b></span>						
44.27	Y	F	50	Free	1/14/2023	Canajoharie Developmental Meet
1:39.55	Y	F	100	Free	1/14/2023	Canajoharie Developmental Meet
54.83	Y	F	50	Back	12/3/2022	CVSL Tri Meet
58.72	Y	F	50	Breast	11/19/2022	CVSL Tri Meet
2:06.09	Y	F	100	IM	2/26/2023	CVSL Championships
<b>Emerson Blair (10) M</b> <span style="float: right;"><b>ALBS-AD</b></span>						
1:00.62	Y	F	50	Free	2/4/2023	Delmar Dolphins Febuary Freeze
<b>Nollyn Blair (15) F</b> <span style="float: right;"><b>BENN-AD</b></span>						
32.29	Y	F	50	Free	1/29/2023	Stingray Splash
1:19.77	Y	F	100	Back	1/29/2023	Stingray Splash
1:36.25	Y	F	100	Breast	1/29/2023	Stingray Splash
<b>Mckenzi Blank (10) F</b> <span style="float: right;"><b>KING-AD</b></span>						
59.85	Y	F	50	Free	1/6/2023	2023 Starfish Trophy Invitational
2:16.95	Y	F	100	Free	1/6/2023	2023 Starfish Trophy Invitational
1:16.37	Y	F	50	Back	1/6/2023	2023 Starfish Trophy Invitational
1:14.22	Y	F	50	Breast	1/6/2023	2023 Starfish Trophy Invitational
<b>Sarah Blaum (14) F</b> <span style="float: right;"><b>SCHE-AD</b></span>						
25.11	Y AAA	F	50	Free	3/9/2023	Adirondack Gold Short Course Championships
28.53	L AAA	P	50	Free	8/2/2023	2023 EZ LC Age Group Championship
55.11	Y AAA	P	100	Free	3/29/2023	2023 Eastern Zone SC Age Group Championships
1:01.77	L AAA	F	100	Free	7/20/2023	2023 Adirondack Long Course Championships
1:59.86	Y AA	F	200	Free	3/9/2023	Adirondack Gold Short Course Championships
2:14.30	L AAA	F	200	Free	6/10/2023	2023 MR LIAC Summertime Classic Invitational
4:48.48	L AA	P	400	Free	8/2/2023	2023 EZ LC Age Group Championship
5:34.48	Y AA	F	500	Free	3/9/2023	Adirondack Gold Short Course Championships
29.20	Y	F	50	Back	12/1/2022	2022 STAR Short Course Invitational
33.66	L L	F	50	Back	8/2/2023	2023 EZ LC Age Group Championship
1:00.93	Y AA	P	100	Back	3/29/2023	2023 Eastern Zone SC Age Group Championships
1:11.61	L AA	F	100	Back	6/10/2023	2023 MR LIAC Summertime Classic Invitational

### Individual Top Times

Time	P/F/S	Event				
<b>Sarah Blaum (14) F</b>						
<b>SCHE-AD</b>						
2:10.08	Y AAA	F	200	Back	3/29/2023	2023 Eastern Zone SC Age Group Championships
2:31.52	L AA	F	200	Back	7/20/2023	2023 Adirondack Long Course Championships
2:53.48	Y BB	F	200	Breast	1/14/2023	Chris Goody IMX Challenge
27.66	Y	F	50	Fly	12/1/2022	2022 STAR Short Course Invitational
1:00.26	Y AA	P	100	Fly	3/29/2023	2023 Eastern Zone SC Age Group Championships
1:08.72	L AA	F	100	Fly	6/10/2023	2023 MR LIAC Summertime Classic Invitational
2:24.34	Y A	T	200	Fly	2/17/2023	2023 Region 1 Short Course Invitational
2:32.96	L AA	F	200	Fly	7/20/2023	2023 Adirondack Long Course Championships
1:05.78	Y	F	100	IM	12/1/2022	2022 STAR Short Course Invitational
2:17.23	Y AA	F	200	IM	3/9/2023	Adirondack Gold Short Course Championships
2:35.98	L AA	P	200	IM	8/2/2023	2023 EZ LC Age Group Championship
4:54.45	Y AA	F	400	IM	3/9/2023	Adirondack Gold Short Course Championships
5:42.93	L A	F	400	IM	7/20/2023	2023 Adirondack Long Course Championships
<b>Sage Blodgett (16) F</b>						
<b>DELM-AD</b>						
1:02.77	Y BB	F	100	Free	2/12/2023	Piranha's Pentathlon
5:40.50	Y A	F	500	Free	11/12/2022	Fall frenzy
1:08.76	Y BB	F	100	Back	2/12/2023	Piranha's Pentathlon
1:18.44	Y BB	F	100	Breast	2/4/2023	Delmar Dolphins Febuary Freeze
1:00.28	Y AA	F	100	Fly	3/9/2023	Adirondack Gold Short Course Championships
2:20.46	Y A	P	200	Fly	3/9/2023	Adirondack Gold Short Course Championships
2:18.36	Y A	F	200	IM	11/3/2022	Girls Sec II Division I Championships
<b>Elsie Bobeldyk (8) F</b>						
<b>SARY-AD</b>						
25.80	Y	F	25	Free	1/29/2023	Stingray Splash
51.62	Y	F	50	Free	1/29/2023	Stingray Splash
26.99	Y	F	25	Back	1/29/2023	Stingray Splash
37.08	Y	F	25	Breast	1/29/2023	Stingray Splash
<b>Julia Bodien (17) F</b>						
<b>UN-AD</b>						
28.28	Y BB	P	50	Free	11/3/2022	Girls Sec II Division I Championships
1:05.18	Y B	F	100	Free	1/29/2023	Stingray Splash
1:08.70	Y B	P	100	Back	11/3/2022	Girls Sec II Division I Championships
1:27.76	Y	F	100	Breast	6/11/2023	Piranhas Summer Kick-Off Meet
1:19.50	Y	F	100	Fly	1/29/2023	Stingray Splash
<b>Carlye Ana Boenau (17) F</b>						
<b>BFIN-AD</b>						
29.72	Y B	F	50	Free	10/22/2022	Trick or Treat Meet
6:03.26	Y BB	F	500	Free	10/15/2022	Colonial Council Invitational
1:09.42	Y B	F	100	Back	10/15/2022	Colonial Council Invitational
1:12.06	Y B	F	100	Fly	10/22/2022	Trick or Treat Meet
<b>Clare Bolles (9) F</b>						
<b>GRGF-AD</b>						
32.13	Y	F	25	Free	1/29/2023	Stingray Splash
36.56	Y	F	25	Back	1/29/2023	Stingray Splash
<b>Carsyn Bonesteel (19) F</b>						
<b>SARY-AD</b>						
26.95	Y	F	50	Free	1/29/2023	Stingray Splash
30.08	L	P	50	Free	7/20/2023	2023 Adirondack Long Course Championships
56.14	Y	F	100	Free	3/3/2023	AD Silver Short Course Championships
1:07.78	L	P	100	Free	7/20/2023	2023 Adirondack Long Course Championships
2:06.38	Y	F	200	Free	3/3/2023	AD Silver Short Course Championships
2:44.59	L	F	200	Free	7/7/2023	Hawks Summer Invitational 2023
6:06.88	Y	F	500	Free	12/18/2022	Piranha's December Distance Invite
1:13.77	Y	P	100	Breast	2/17/2023	2023 Region 1 Short Course Invitational
1:31.14	L	P	100	Breast	7/20/2023	2023 Adirondack Long Course Championships
2:41.11	Y	F	200	Breast	3/3/2023	AD Silver Short Course Championships
3:23.64	L	F	200	Breast	7/7/2023	Hawks Summer Invitational 2023
59.12	Y	P	100	Fly	2/17/2023	2023 Region 1 Short Course Invitational
1:16.92	L	F	100	Fly	7/7/2023	Hawks Summer Invitational 2023
2:25.04	Y	F	200	Fly	3/3/2023	AD Silver Short Course Championships
2:22.57	Y	F	200	IM	3/3/2023	AD Silver Short Course Championships

### Individual Top Times

Time	P/F/S	Event				
<b>Laila Bong (12) F</b>						
52.25	Y	F	50	Free	2/26/2023	CVSL Championships
2:00.06	Y	F	100	Free	1/14/2023	Canajoharie Developmental Meet
56.77	Y	F	50	Back	2/4/2023	Delmar Dolphins Febuary Freeze
1:08.27	Y	F	50	Fly	2/26/2023	CVSL Championships
<b>Violet Bong (11) F</b>						
40.75	Y	F	50	Free	3/3/2023	AD Silver Short Course Championships
1:36.56	Y	F	100	Free	1/14/2023	Canajoharie Developmental Meet
49.30	Y	F	50	Back	2/4/2023	Delmar Dolphins Febuary Freeze
50.89	Y	F	50	Fly	3/3/2023	AD Silver Short Course Championships
1:47.98	Y	F	100	IM	3/3/2023	AD Silver Short Course Championships
<b>Benjamin Bornt (14) M</b>						
33.19	Y	F	50	Free	6/11/2023	Piranhas Summer Kick-Off Meet
2:50.41	Y	F	200	Free	6/11/2023	Piranhas Summer Kick-Off Meet
3:16.05	L	F	200	Free	7/7/2023	Hawks Summer Invitational 2023
1:29.53	Y	F	100	Breast	6/11/2023	Piranhas Summer Kick-Off Meet
3:33.30	L	F	200	Breast	7/7/2023	Hawks Summer Invitational 2023
<b>Julia Boyle (18) F</b>						
26.07	Y L	A	50	Free	3/9/2023	Adirondack Gold Short Course Championships
31.56	L	BB	50	Free	7/20/2023	2023 Adirondack Long Course Championships
2:03.52	Y	A	200	Free	12/1/2022	2022 STAR Short Course Invitational
2:20.03	L	A	200	Free	7/20/2023	2023 Adirondack Long Course Championships
5:28.40	L	BB	400	Free	7/1/2023	Niagara LSC LC Super Circuit & Distance Meet
5:55.16	Y	BB	500	Free	1/14/2023	Chris Goody IMX Challenge
19:58.77	Y	BB	1650	Free	12/18/2022	Piranha's December Distance Invite
29.21	Y L		50	Back	3/9/2023	Adirondack Gold Short Course Championships
37.16	L		50	Back	7/1/2023	Niagara LSC LC Super Circuit Meet
1:01.40	Y	A	100	Back	3/9/2023	Adirondack Gold Short Course Championships
1:16.20	L	BB	100	Back	7/20/2023	2023 Adirondack Long Course Championships
2:09.96	Y	AA	200	Back	3/9/2023	Adirondack Gold Short Course Championships
2:49.23	Y	BB	200	Breast	1/14/2023	Chris Goody IMX Challenge
59.50	Y	AA	100	Fly	2/17/2023	2023 Region 1 Short Course Invitational
1:09.59	L	A	100	Fly	7/20/2023	2023 Adirondack Long Course Championships
2:12.88	Y	AA	200	Fly	3/9/2023	Adirondack Gold Short Course Championships
2:35.79	L	A	200	Fly	7/20/2023	2023 Adirondack Long Course Championships
2:19.33	Y	A	200	IM	12/1/2022	2022 STAR Short Course Invitational
5:07.60	Y	BB	400	IM	1/14/2023	Chris Goody IMX Challenge
<b>Emma Boyle (16) F</b>						
30.32	Y	B	50	Free	10/8/2022	Shenendehowa Girls Invitational
35.46	L	B	50	Free	7/1/2023	Niagara LSC LC Super Circuit Meet
1:04.82	Y	B	100	Free	10/8/2022	Shenendehowa Girls Invitational
2:47.47	L	B	200	Free	7/1/2023	Niagara LSC LC Super Circuit Meet
5:48.50	L	B	400	Free	7/1/2023	Niagara LSC LC Super Circuit & Distance Meet
3:02.82	L	B	200	Back	7/1/2023	Niagara LSC LC Super Circuit Meet
<b>Kayla Bradley (17) F</b>						
30.26	Y	B	50	Free	1/6/2023	2023 Starfish Trophy Invitational
1:06.73	Y	B	100	Free	1/6/2023	2023 Starfish Trophy Invitational
1:19.03	S		100	Free	5/21/2023	2023 Starfish Meter Madness
2:30.54	Y		200	Free	3/3/2023	AD Silver Short Course Championships
2:55.72	L		200	Free	7/7/2023	Hawks Summer Invitational 2023
1:10.17	Y	B	100	Back	11/3/2022	Girls Sec II Division I Championships
1:25.79	S		100	Back	5/21/2023	2023 Starfish Meter Madness
2:31.92	Y	B	200	Back	3/3/2023	AD Silver Short Course Championships
3:02.90	L	B	200	Back	7/7/2023	Hawks Summer Invitational 2023
1:25.61	Y		100	Breast	3/3/2023	AD Silver Short Course Championships
1:41.28	S		100	Breast	5/21/2023	2023 Starfish Meter Madness
1:37.47	S		100	Fly	5/21/2023	2023 Starfish Meter Madness

CLRK-AD

CLRK-AD

SCHE-AD

SCHE-AD

UN-AD

ALBS-AD

### Individual Top Times

Time	P/F/S	Event				
<b>Kayla Bradley (17) F</b>						
1:40.41	L	F	100	Fly	7/7/2023	Hawks Summer Invitational 2023
1:13.71	Y	F	100	IM	12/9/2022	CNY Invite
1:29.79	S	F	100	IM	5/21/2023	2023 Starfish Meter Madness
2:38.58	Y	B	200	IM	3/3/2023	AD Silver Short Course Championships
<b>Wyatt Bradley (12) M</b>						
40.27	Y	F	50	Free	2/26/2023	CVSL Championships
1:36.81	Y	F	100	Free	1/14/2023	Canajoharie Developmental Meet
3:29.01	Y	F	200	Free	1/22/2023	Mile Madness
52.72	Y	F	50	Back	11/5/2022	First Splash
56.32	Y	F	50	Breast	2/26/2023	CVSL Championships
1:58.41	Y	F	100	IM	1/14/2023	Canajoharie Developmental Meet
<b>Beckett Brassard (12) M</b>						
37.83	Y	F	50	Free	10/22/2022	Trick or Treat Meet
46.92	Y	F	50	Back	10/22/2022	Trick or Treat Meet
43.20	Y	F	50	Fly	10/22/2022	Trick or Treat Meet
<b>Caleb Braun (11) M</b>						
29.55	Y	BB	50	Free	3/9/2023	Adirondack Gold Short Course Championships
1:03.15	Y	BB	100	Free	3/29/2023	2023 Eastern Zone SC Age Group Championships
1:13.54	L	BB	100	Free	5/20/2023	2023 NI WEBS Niagara Super Circuit #1
2:12.13	Y	A	200	Free	3/29/2023	2023 Eastern Zone SC Age Group Championships
2:31.89	L	A	200	Free	7/1/2023	Niagara LSC LC Super Circuit Meet
5:22.05	L	BB	400	Free	7/1/2023	Niagara LSC LC Super Circuit & Distance Meet
5:37.57	Y	AA	500	Free	3/29/2023	2023 Eastern Zone SC Age Group Championships
35.23	Y	B	50	Back	3/9/2023	Adirondack Gold Short Course Championships
40.31	L	BB	50	Back	5/20/2023	2023 NI WEBS Niagara Super Circuit #1
1:12.72	Y	BB	100	Back	3/9/2023	Adirondack Gold Short Course Championships
1:24.97	L	BB	100	Back	5/20/2023	2023 NI WEBS Niagara Super Circuit #1
2:36.63	Y	BB	200	Back	1/7/2023	Mexico Tiger Sharks January Meet
45.81	Y	F	50	Breast	12/3/2022	2022 North Country Invitational
1:31.98	Y	F	100	Breast	3/9/2023	Adirondack Gold Short Course Championships
40.08	Y	F	50	Fly	12/3/2022	2022 North Country Invitational
1:43.28	Y	F	100	Fly	11/12/2022	Greater Syracuse Invitational
1:14.40	Y	BB	100	IM	3/9/2023	Adirondack Gold Short Course Championships
2:34.99	Y	BB	200	IM	3/29/2023	2023 Eastern Zone SC Age Group Championships
<b>Gretchen Braun (16) F</b>						
23.74	Y	AAAA	50	Free	2/17/2023	2023 Region 1 Short Course Invitational
27.52	L	AAA	50	Free	7/20/2023	2023 Adirondack Long Course Championships
51.61	Y	AAAA	100	Free	3/9/2023	Adirondack Gold Short Course Championships
1:00.59	L	AAA	100	Free	7/20/2023	2023 Adirondack Long Course Championships
1:52.44	Y	AAA	200	Free	2/17/2023	2023 Region 1 Short Course Invitational
2:11.34	L	AAA	200	Free	7/20/2023	2023 Adirondack Long Course Championships
4:49.31	L	AA	400	Free	7/1/2023	Niagara LSC LC Super Circuit & Distance Meet
5:06.66	Y	AAA	500	Free	3/9/2023	Adirondack Gold Short Course Championships
17:34.60	Y	AAA	1650	Free	3/9/2023	Adirondack Gold Short Course Championships
56.37	Y	AAA	100	Back	2/17/2023	2023 Region 1 Short Course Invitational
1:04.33	L	AAAA	100	Back	7/20/2023	2023 Adirondack Long Course Championships
2:02.60	Y	AAA	200	Back	3/9/2023	Adirondack Gold Short Course Championships
2:35.19	L	A	200	Back	7/1/2023	Niagara LSC LC Super Circuit Meet
1:08.96	Y	AA	100	Breast	1/7/2023	Mexico Tiger Sharks January Meet
2:32.26	Y	AA	200	Breast	12/3/2022	2022 North Country Invitational
59.72	Y	AA	100	Fly	2/17/2023	2023 Region 1 Short Course Invitational
1:10.30	L	A	100	Fly	7/20/2023	2023 Adirondack Long Course Championships
2:24.45	Y	BB	200	Fly	11/12/2022	Greater Syracuse Invitational
2:08.60	Y	AAA	200	IM	3/9/2023	Adirondack Gold Short Course Championships
2:31.10	L	AA	200	IM	7/20/2023	2023 Adirondack Long Course Championships
4:37.78	Y	AAA	400	IM	3/9/2023	Adirondack Gold Short Course Championships

ALBS-AD

CLRK-AD

HAWK-AD

NTS-AD

NTS-AD

### Individual Top Times

Time	P/F/S	Event	
<b>Julia Braun (13) F</b>			<b>NTS-AD</b>
27.35 Y A F	50 Free	3/9/2023	Adirondack Gold Short Course Championships
58.95 Y A P	100 Free	3/29/2023	2023 Eastern Zone SC Age Group Championships
1:08.85 L A F	100 Free	7/1/2023	Niagara LSC LC Super Circuit Meet
2:07.41 Y A F	200 Free	3/9/2023	Adirondack Gold Short Course Championships
2:28.49 L A F	200 Free	7/1/2023	Niagara LSC LC Super Circuit Meet
5:17.92 L BB F	400 Free	7/1/2023	Niagara LSC LC Super Circuit & Distance Meet
5:29.40 Y AA F	500 Free	3/9/2023	Adirondack Gold Short Course Championships
20:46.80 Y BB F	1650 Free	1/7/2023	Mexico Tiger Sharks January Meet
35.12 Y F	50 Back	12/3/2022	2022 North Country Invitational
1:12.83 Y B F	100 Back	11/12/2022	Greater Syracuse Invitational
36.26 Y F	50 Breast	3/9/2023	Adirondack Gold Short Course Championships
42.50 L F	50 Breast	5/20/2023	2023 NI WEBS Niagara Super Circuit #1
1:19.40 Y BB P	100 Breast	3/9/2023	Adirondack Gold Short Course Championships
1:37.02 L B F	100 Breast	7/1/2023	Niagara LSC LC Super Circuit Meet
2:46.09 Y BB F	200 Breast	3/9/2023	Adirondack Gold Short Course Championships
33.51 Y F	50 Fly	11/12/2022	Greater Syracuse Invitational
1:24.16 Y F	100 Fly	10/23/2022	2022 Swimtober
1:11.02 Y F	100 IM	2/4/2023	2023 Winter Blast
2:28.07 Y BB F	200 IM	3/9/2023	Adirondack Gold Short Course Championships
5:27.58 Y BB F	400 IM	1/7/2023	Mexico Tiger Sharks January Meet
<b>Seth Braun (18) M</b>			<b>NTS-AD</b>
21.05 Y AAA F	50 Free	3/9/2023	Adirondack Gold Short Course Championships
24.46 L AAA F	50 Free	7/1/2023	Niagara LSC LC Super Circuit Meet
46.34 Y AAA F	100 Free	2/17/2023	2023 Region 1 Short Course Invitational
54.08 L AAA P	100 Free	7/20/2023	2023 Adirondack Long Course Championships
1:43.41 Y AAA F	200 Free	3/9/2023	Adirondack Gold Short Course Championships
2:00.33 L AAA F	200 Free	7/20/2023	2023 Adirondack Long Course Championships
5:03.64 Y A F	500 Free	1/7/2023	Mexico Tiger Sharks January Meet
53.24 Y AA F	100 Back	2/17/2023	2023 Region 1 Short Course Invitational
1:00.48 L AAA F	100 Back	7/20/2023	2023 Adirondack Long Course Championships
2:05.83 Y BB F	200 Back	11/12/2022	Greater Syracuse Invitational
57.67 Y AAA F	100 Breast	3/9/2023	Adirondack Gold Short Course Championships
1:11.35 L AA F	100 Breast	7/1/2023	Niagara LSC LC Super Circuit Meet
2:11.11 Y AA F	200 Breast	3/9/2023	Adirondack Gold Short Course Championships
52.02 Y AA F	100 Fly	3/9/2023	Adirondack Gold Short Course Championships
59.28 L AAA F	100 Fly	7/20/2023	2023 Adirondack Long Course Championships
2:10.96 Y BB F	200 Fly	11/12/2022	Greater Syracuse Invitational
1:52.83 Y AAA F	200 IM	3/9/2023	Adirondack Gold Short Course Championships
2:13.72 L AAA F	200 IM	7/20/2023	2023 Adirondack Long Course Championships
4:30.58 Y A F	400 IM	11/12/2022	Greater Syracuse Invitational
5:03.27 L AA F	400 IM	7/1/2023	Niagara LSC LC Super Circuit & Distance Meet
<b>Lucy Breckenridge (14) F</b>			<b>SCHE-AD</b>
29.39 Y BB P	50 Free	12/1/2022	2022 STAR Short Course Invitational
31.76 L A P	50 Free	7/20/2023	2023 Adirondack Long Course Championships
1:02.69 Y L BB F	100 Free	3/9/2023	Adirondack Gold Short Course Championships
1:12.24 L BB P	100 Free	7/20/2023	2023 Adirondack Long Course Championships
2:15.84 Y BB F	200 Free	3/9/2023	Adirondack Gold Short Course Championships
2:36.84 L BB P	200 Free	7/20/2023	2023 Adirondack Long Course Championships
6:03.12 Y BB F	500 Free	3/9/2023	Adirondack Gold Short Course Championships
32.44 Y F	50 Back	3/9/2023	Adirondack Gold Short Course Championships
1:09.72 Y BB F	100 Back	3/9/2023	Adirondack Gold Short Course Championships
1:20.98 L BB P	100 Back	7/20/2023	2023 Adirondack Long Course Championships
2:28.63 Y BB F	200 Back	3/9/2023	Adirondack Gold Short Course Championships
2:53.04 L BB P	200 Back	7/20/2023	2023 Adirondack Long Course Championships
38.94 Y F	50 Breast	12/11/2022	Sharks 12 & Under Mini Meet
1:21.65 Y BB P	100 Breast	3/9/2023	Adirondack Gold Short Course Championships
1:39.52 L B F	100 Breast	6/10/2023	2023 MR LIAC Summertime Classic Invitational



### Individual Top Times

Time	P/F/S	Event					
<b>Lucy Breckenridge (14) F</b>							<b>SCHE-AD</b>
3:06.82	Y B P	200 Breast	11/12/2021	2021 NE ABF November Trials Final Meet			
3:26.21	L B P	200 Breast	7/20/2023	2023 Adirondack Long Course Championships			
30.93	Y F	50 Fly	3/9/2023	Adirondack Gold Short Course Championships			
1:09.72	Y BB F	100 Fly	3/9/2023	Adirondack Gold Short Course Championships			
1:20.56	L B P	100 Fly	7/20/2023	2023 Adirondack Long Course Championships			
1:12.19	Y P	100 IM	12/1/2022	2022 STAR Short Course Invitational			
2:31.48	Y BB F	200 IM	3/9/2023	Adirondack Gold Short Course Championships			
2:54.13	L BB P	200 IM	7/20/2023	2023 Adirondack Long Course Championships			
5:28.05	Y BB F	400 IM	2/17/2023	2023 Region 1 Short Course Invitational			
<b>Bo Brencher (12) F</b>							<b>NTS-AD</b>
49.45	Y F	50 Free	10/23/2022	2022 Swimtober			
1:47.90	Y F	100 Free	10/23/2022	2022 Swimtober			
1:02.77	Y F	50 Breast	10/23/2022	2022 Swimtober			
<b>Katherine Bridge (9) F</b>							<b>SCHE-AD</b>
33.52	Y F	25 Free	1/14/2023	Canajoharie Developmental Meet			
36.49	Y F	25 Back	1/14/2023	Canajoharie Developmental Meet			
<b>Isobella Brinckerhoff (14) F</b>							<b>BENN-AD</b>
32.76	Y F	50 Free	3/3/2023	AD Silver Short Course Championships			
1:16.84	Y F	100 Free	1/22/2023	2023 NE UVAC CVI Invitational			
2:50.14	Y F	200 Free	3/3/2023	AD Silver Short Course Championships			
1:31.73	Y F	100 Back	1/29/2023	Stingray Splash			
1:41.43	Y F	100 Breast	3/3/2023	AD Silver Short Course Championships			
<b>Isak Brkanovic (16) M</b>							<b>UN-AD</b>
21.93	Y AAA F	50 Free	2/16/2023	Boys Section 2 Division 1 Championships			
25.19	L AAA F	50 Free	6/2/2023	STAR LC Kick Off Meet			
49.68	Y AA F	100 Free	3/9/2023	Adirondack Gold Short Course Championships			
57.11	L L AA F	100 Free	8/3/2023	LC Senior Zone Championship			
2:13.53	L A F	200 Free	6/2/2023	STAR LC Kick Off Meet			
57.85	Y A P	100 Back	3/9/2023	Adirondack Gold Short Course Championships			
33.65	L F	50 Breast	5/5/2023	2023 NE CRIMSON May Madness			
1:00.34	Y AA P	100 Breast	3/9/2023	Adirondack Gold Short Course Championships			
1:08.59	L AAA F	100 Breast	8/3/2023	LC Senior Zone Championship			
2:40.52	L A F	200 Breast	6/2/2023	STAR LC Kick Off Meet			
27.93	L F	50 Fly	5/5/2023	2023 NE CRIMSON May Madness			
55.60	Y A F	100 Fly	3/9/2023	Adirondack Gold Short Course Championships			
1:01.18	L AA P	100 Fly	8/3/2023	LC Senior Zone Championship			
1:01.39	Y F	100 IM	10/22/2022	Trick or Treat Meet			
2:01.67	Y AA F	200 IM	3/9/2023	Adirondack Gold Short Course Championships			
2:28.07	L A F	200 IM	5/5/2023	2023 NE CRIMSON May Madness			
<b>Brinley Brock (9) F</b>							<b>GLFY-AD</b>
49.92	Y F	50 Free	2/12/2023	Piranha's Pentathlon			
48.78	Y F	50 Back	2/12/2023	Piranha's Pentathlon			
1:12.69	Y F	50 Breast	2/12/2023	Piranha's Pentathlon			
<b>Sebastian Brose (13) M</b>							<b>CLRK-AD</b>
52.51	Y F	50 Free	11/19/2022	CVSL Tri Meet			
1:55.45	Y F	100 Free	11/19/2022	CVSL Tri Meet			
58.75	Y F	50 Back	11/19/2022	CVSL Tri Meet			
<b>Ashley Brousseau (18) F</b>							<b>UN-AD</b>
2:12.35	Y BB F	200 Free	11/5/2022	Section VII Championships 2022			
6:00.69	Y BB F	500 Free	11/5/2022	Section VII Championships 2022			
<b>Abigail Brown (12) F</b>							<b>WAVE-AD</b>
19.00	Y F	25 Free	10/23/2022	2022 Swimtober			
41.13	Y F	50 Free	10/23/2022	2022 Swimtober			
1:32.54	Y F	100 Free	2/4/2023	2023 Winter Blast			
48.00	Y F	50 Back	2/4/2023	2023 Winter Blast			
23.52	Y F	25 Fly	10/23/2022	2022 Swimtober			

### Individual Top Times

Time	P/F/S	Event				
<b>Abigail Brown (12) F</b>						
1:54.93	Y	F	100	IM	10/23/2022	2022 Swimtober
<b>Adelaide Brown (12) F</b>						
38.94	Y	F	50	Free	3/3/2023	AD Silver Short Course Championships
1:21.88	Y	F	100	Free	3/3/2023	AD Silver Short Course Championships
44.92	Y	F	50	Back	2/4/2023	Delmar Dolphins Febuary Freeze
49.44	Y	F	50	Breast	2/4/2023	Delmar Dolphins Febuary Freeze
48.75	Y	F	50	Fly	2/4/2023	Delmar Dolphins Febuary Freeze
<b>Zoe Browning (11) F</b>						
45.68	Y	F	50	Free	6/11/2023	Piranhas Summer Kick-Off Meet
55.58	Y	F	50	Back	6/11/2023	Piranhas Summer Kick-Off Meet
1:05.34	Y	F	50	Breast	6/11/2023	Piranhas Summer Kick-Off Meet
<b>Lucas Brown (12) M</b>						
37.70	Y	F	50	Free	6/11/2023	Piranhas Summer Kick-Off Meet
1:26.31	Y	F	100	Free	3/3/2023	AD Silver Short Course Championships
1:36.28	L	F	100	Free	7/7/2023	Hawks Summer Invitational 2023
3:20.86	Y	F	200	Free	12/3/2022	2022 North Country Invitational
3:24.67	L	F	200	Free	7/7/2023	Hawks Summer Invitational 2023
48.91	Y	F	50	Back	3/3/2023	AD Silver Short Course Championships
1:34.77	Y	F	100	Back	2/12/2023	Piranha's Pentathlon
1:54.40	L	F	100	Back	7/7/2023	Hawks Summer Invitational 2023
54.30	Y	F	50	Breast	6/11/2023	Piranhas Summer Kick-Off Meet
1:05.08	L	F	50	Breast	7/7/2023	Hawks Summer Invitational 2023
1:57.13	Y	F	100	Breast	3/3/2023	AD Silver Short Course Championships
2:15.80	L	F	100	Breast	7/7/2023	Hawks Summer Invitational 2023
51.42	Y	F	50	Fly	6/11/2023	Piranhas Summer Kick-Off Meet
1:40.25	Y	F	100	IM	6/11/2023	Piranhas Summer Kick-Off Meet
3:49.38	Y	F	200	IM	12/3/2022	2022 North Country Invitational
<b>Parker Brown (9) M</b>						
52.31	Y	F	50	Free	1/6/2023	2023 Starfish Trophy Invitational
59.60	Y	F	50	Back	2/4/2023	Delmar Dolphins Febuary Freeze
1:12.02	Y	F	50	Breast	3/3/2023	AD Silver Short Course Championships
<b>Quincey Brown (9) F</b>						
20.46	Y	F	25	Free	12/11/2022	Sharks 12 & Under Mini Meet
48.50	Y	F	50	Free	12/11/2022	Sharks 12 & Under Mini Meet
26.33	Y	F	25	Back	12/11/2022	Sharks 12 & Under Mini Meet
<b>Samuel Brown (19) M</b>						
24.33	L	F	50	Free	6/24/2023	2023 NE NSSC June Springfield
27.75	L	F	50	Back	6/24/2023	2023 NE NSSC June Springfield
56.58	L	F	100	Back	6/24/2023	2023 NE NSSC June Springfield
2:06.22	L	F	200	Back	6/24/2023	2023 NE NSSC June Springfield
26.72	L	F	50	Fly	6/24/2023	2023 NE NSSC June Springfield
<b>Avery Brumley (11) F</b>						
48.00	Y	F	50	Free	3/3/2023	AD Silver Short Course Championships
56.21	Y	F	50	Back	2/12/2023	Piranha's Pentathlon
57.27	Y	F	50	Breast	3/3/2023	AD Silver Short Course Championships
58.26	Y	F	50	Fly	3/3/2023	AD Silver Short Course Championships
<b>Mia Bryant (14) F</b>						
30.49	Y	B	50	Free	6/11/2023	Piranhas Summer Kick-Off Meet
1:05.88	Y	B	100	Free	3/3/2023	AD Silver Short Course Championships
2:23.10	Y	B	200	Free	6/11/2023	Piranhas Summer Kick-Off Meet
40.24	Y	L	50	Back	2/4/2023	Delmar Dolphins Febuary Freeze
1:20.10	Y	F	100	Back	6/11/2023	Piranhas Summer Kick-Off Meet
43.72	Y	F	50	Breast	12/11/2022	Sharks 12 & Under Mini Meet
1:28.35	Y	F	100	Breast	6/11/2023	Piranhas Summer Kick-Off Meet
<b>Nathan Brych (12) M</b>						
34.54	Y	F	50	Free	10/22/2022	Trick or Treat Meet

WAVE-AD

ALBS-AD

DELM-AD

CPP-AD

ALBS-AD

GRGF-AD

DELM-AD

GRGF-AD

DELM-AD

NHA-AD

### Individual Top Times

Time	P/F/S	Event				
<b>Nathan Brych (12) M</b>						
1:22.87	Y	F	100	Free	1/14/2023	Canajoharie Developmental Meet
42.55	Y	F	50	Back	3/3/2023	AD Silver Short Course Championships
1:33.62	Y	F	100	Back	3/3/2023	AD Silver Short Course Championships
46.37	Y	F	50	Breast	3/3/2023	AD Silver Short Course Championships
1:32.14	Y	F	100	IM	3/3/2023	AD Silver Short Course Championships
<b>Hannah Brzek (9) F</b>						
21.96	Y	F	25	Free	11/12/2022	Fall frenzy
55.61	Y	F	50	Free	3/3/2023	AD Silver Short Course Championships
1:01.80	S	F	50	Free	5/21/2023	2023 Starfish Meter Madness
25.61	Y	F	25	Back	3/3/2023	AD Silver Short Course Championships
59.20	Y	F	50	Back	2/12/2023	Piranha's Pentathlon
1:13.91	S	F	50	Back	5/21/2023	2023 Starfish Meter Madness
36.51	Y	F	25	Fly	12/11/2022	Sharks 12 & Under Mini Meet
<b>Layla Buck (13) F</b>						
33.16	Y	P	50	Free	1/6/2023	2023 Starfish Trophy Invitational
1:12.19	Y	F	100	Free	3/3/2023	AD Silver Short Course Championships
1:23.20	L	F	100	Free	7/20/2023	2023 Adirondack Long Course Championships
2:50.30	Y	F	200	Free	10/22/2022	Trick or Treat Meet
3:03.45	L	F	200	Free	7/7/2023	Hawks Summer Invitational 2023
7:24.00	Y	F	500	Free	12/18/2022	Piranha's December Distance Invite
38.51	Y	F	50	Back	3/3/2023	AD Silver Short Course Championships
44.84	L	F	50	Back	7/20/2023	2023 Adirondack Long Course Championships
1:23.22	Y	F	100	Back	3/3/2023	AD Silver Short Course Championships
1:36.31	L	F	100	Back	7/20/2023	2023 Adirondack Long Course Championships
2:56.53	Y	F	200	Back	3/3/2023	AD Silver Short Course Championships
3:22.51	L	F	200	Back	7/20/2023	2023 Adirondack Long Course Championships
45.14	Y	P	50	Breast	1/6/2023	2023 Starfish Trophy Invitational
49.27	L	F	50	Breast	7/20/2023	2023 Adirondack Long Course Championships
1:41.98	Y	F	100	Breast	3/3/2023	AD Silver Short Course Championships
1:49.62	L	F	100	Breast	7/7/2023	Hawks Summer Invitational 2023
3:55.06	L	F	200	Breast	7/20/2023	2023 Adirondack Long Course Championships
43.47	Y	F	50	Fly	6/11/2023	Piranhas Summer Kick-Off Meet
50.16	L	F	50	Fly	7/7/2023	Hawks Summer Invitational 2023
1:25.12	Y	F	100	IM	3/3/2023	AD Silver Short Course Championships
3:36.13	L	F	200	IM	7/7/2023	Hawks Summer Invitational 2023
<b>Jackson Buddenhagen (7) M</b>						
23.08	Y	F	25	Free	3/3/2023	AD Silver Short Course Championships
55.79	Y	F	50	Free	2/4/2023	2023 Winter Blast
1:18.42	Y	BB	100	Free	1/7/2023	Mexico Tiger Sharks January Meet
24.28	Y	F	25	Back	3/3/2023	AD Silver Short Course Championships
53.60	Y	F	50	Back	3/3/2023	AD Silver Short Course Championships
2:10.87	Y	F	100	Back	12/3/2022	2022 North Country Invitational
35.13	Y	F	25	Breast	2/4/2023	2023 Winter Blast
<b>Sonia Budhu (13) F</b>						
37.72	Y	F	50	Free	3/3/2023	AD Silver Short Course Championships
1:32.72	Y	F	100	Free	3/3/2023	AD Silver Short Course Championships
46.78	Y	F	50	Back	3/3/2023	AD Silver Short Course Championships
1:47.90	Y	F	100	Back	1/14/2023	Canajoharie Developmental Meet
<b>Jack Buenau (14) M</b>						
32.04	Y	F	50	Free	10/22/2022	Trick or Treat Meet
1:08.27	Y	F	100	Free	2/4/2023	Delmar Dolphins Febuary Freeze
1:22.35	Y	F	100	Back	2/4/2023	Delmar Dolphins Febuary Freeze
1:28.13	Y	F	100	Fly	2/4/2023	Delmar Dolphins Febuary Freeze
1:25.43	Y	F	100	IM	10/22/2022	Trick or Treat Meet
<b>Olivia Buenau (10) F</b>						
45.65	Y	F	50	Free	2/4/2023	Delmar Dolphins Febuary Freeze

NHA-AD

CPP-AD

CPP-AD

NTS-AD

NHA-AD

DELM-AD

DELM-AD

### Individual Top Times

Time	P/F/S	Event				
<b>Olivia Buenau (10) F</b>						
1:02.96	Y	F	50	Breast	2/4/2023	Delmar Dolphins Febuary Freeze
<b>Vidhu Bulumulla (18) M</b>						
24.84	Y	BB	P	50	Free	2/16/2023 Boys Section 2 Division 1 Championships
2:14.24	Y	F	200	Free	12/17/2022	Shen Boys Holiday Invite
1:03.42	Y	B	P	100	Fly	2/16/2023 Boys Section 2 Division 1 Championships
<b>Samantha Burchard (16) F</b>						
34.40	L	B	F	50	Free	6/2/2023 STAR LC Kick Off Meet
36.06	Y	F	50	Free	3/3/2023	AD Silver Short Course Championships
1:09.01	Y	F	100	Free	2/4/2023	Delmar Dolphins Febuary Freeze
1:14.92	L	B	F	100	Free	6/2/2023 STAR LC Kick Off Meet
2:37.53	L	BB	F	200	Free	6/2/2023 STAR LC Kick Off Meet
5:31.43	L	BB	F	400	Free	6/2/2023 STAR LC Kick Off Meet
6:04.22	Y	BB	P	500	Free	11/3/2022 Girls Sec II Division I Championships
41.57	L	F	50	Back	5/5/2023	2023 NE CRIMSON May Madness
1:14.61	Y	B	P	100	Back	11/3/2022 Girls Sec II Division I Championships
1:24.24	L	B	F	100	Back	6/2/2023 STAR LC Kick Off Meet
2:58.01	L	B	F	200	Back	5/5/2023 2023 NE CRIMSON May Madness
<b>Ada Burgess (14) F</b>						
36.84	Y	P	50	Free	1/6/2023	2023 Starfish Trophy Invitational
1:25.32	Y	P	100	Free	1/6/2023	2023 Starfish Trophy Invitational
46.01	Y	F	50	Back	2/4/2023	2023 Winter Blast
48.32	Y	P	50	Breast	1/6/2023	2023 Starfish Trophy Invitational
1:56.12	Y	F	100	Breast	2/4/2023	2023 Winter Blast
4:09.44	Y	F	200	Breast	12/3/2022	2022 North Country Invitational
1:45.95	Y	F	100	IM	12/3/2022	2022 North Country Invitational
<b>Keegan Burkhardt (17) M</b>						
24.30	Y	BB	P	50	Free	3/9/2023 Adirondack Gold Short Course Championships
53.38	Y	BB	F	100	Free	3/3/2023 AD Silver Short Course Championships
1:57.22	Y	BB	F	200	Free	3/3/2023 AD Silver Short Course Championships
5:17.85	Y	BB	F	500	Free	3/3/2023 AD Silver Short Course Championships
28.88	Y	L	F	50	Back	3/9/2023 Adirondack Gold Short Course Championships
59.05	Y	BB	P	100	Back	3/9/2023 Adirondack Gold Short Course Championships
2:07.12	Y	BB	F	200	Back	3/9/2023 Adirondack Gold Short Course Championships
1:11.34	Y	B	F	100	Breast	3/3/2023 AD Silver Short Course Championships
2:14.60	Y	BB	F	200	IM	3/3/2023 AD Silver Short Course Championships
<b>Alysia Burr (14) F</b>						
31.41	Y	B	F	50	Free	6/11/2023 Piranhas Summer Kick-Off Meet
1:12.52	Y	F	100	Free	3/3/2023	AD Silver Short Course Championships
2:34.23	Y	F	200	Free	3/3/2023	AD Silver Short Course Championships
2:56.35	L	F	200	Free	7/7/2023	Hawks Summer Invitational 2023
7:20.59	Y	F	500	Free	12/18/2022	Piranha's December Distance Invite
1:24.96	Y	P	100	Back	1/6/2023	2023 Starfish Trophy Invitational
2:55.27	Y	F	200	Back	3/3/2023	AD Silver Short Course Championships
3:28.35	L	F	200	Back	7/7/2023	Hawks Summer Invitational 2023
1:35.73	Y	F	100	Breast	6/11/2023	Piranhas Summer Kick-Off Meet
3:36.50	Y	F	200	Breast	12/18/2022	Piranha's December Distance Invite
1:24.85	Y	F	100	Fly	3/3/2023	AD Silver Short Course Championships
1:39.11	L	F	100	Fly	7/7/2023	Hawks Summer Invitational 2023
2:57.58	Y	F	200	IM	3/3/2023	AD Silver Short Course Championships
<b>Brooke Burton (15) F</b>						
27.77	Y	BB	F	50	Free	3/3/2023 AD Silver Short Course Championships
1:03.92	Y	BB	F	100	Free	3/3/2023 AD Silver Short Course Championships
2:24.72	Y	B	F	200	Free	3/3/2023 AD Silver Short Course Championships
1:26.34	Y	F	100	Back	3/3/2023	AD Silver Short Course Championships
3:18.57	Y	F	200	Back	12/18/2022	Piranha's December Distance Invite
1:31.23	Y	F	100	Breast	3/3/2023	AD Silver Short Course Championships

DELM-AD

UN-AD

DELM-AD

WAVE-AD

KING-AD

CPP-AD

CPP-AD

### Individual Top Times

Time	P/F/S	Event						
<b>Brooke Burton (15) F</b>						<b>CPP-AD</b>		
1:20.15	Y	F	100	Fly	3/3/2023	AD Silver Short Course Championships		
2:51.79	Y	F	200	IM	3/3/2023	AD Silver Short Course Championships		
6:29.87	Y	F	400	IM	1/14/2023	Chris Goody IMX Challenge		
<b>Megan Buzas (21) F</b>						<b>ALBS-AD</b>		
30.84	L	P	50	Free	8/3/2023	LC Senior Zone Championship		
1:08.78	L	P	100	Free	7/20/2023	2023 Adirondack Long Course Championships		
2:27.64	L	P	200	Free	8/3/2023	LC Senior Zone Championship		
1:10.25	L	F	100	Back	7/20/2023	2023 Adirondack Long Course Championships		
2:37.05	L	F	200	Back	7/20/2023	2023 Adirondack Long Course Championships		
1:33.36	L	T	100	Breast	8/3/2023	LC Snr Zone Time Trials		
1:20.08	L	P	100	Fly	7/20/2023	2023 Adirondack Long Course Championships		
2:54.03	L	P	200	IM	7/20/2023	2023 Adirondack Long Course Championships		
<b>Sloane Cahill (11) F</b>						<b>SCHE-AD</b>		
39.75	Y	F	50	Free	3/3/2023	AD Silver Short Course Championships		
48.42	S	F	50	Free	5/21/2023	2023 Starfish Meter Madness		
1:39.59	Y	F	100	Free	3/3/2023	AD Silver Short Course Championships		
46.48	Y	F	50	Back	3/3/2023	AD Silver Short Course Championships		
54.48	Y	F	50	Breast	6/11/2023	Piranhas Summer Kick-Off Meet		
52.59	Y	F	50	Fly	3/3/2023	AD Silver Short Course Championships		
1:01.04	S	F	50	Fly	5/21/2023	2023 Starfish Meter Madness		
1:45.50	Y	F	100	IM	6/11/2023	Piranhas Summer Kick-Off Meet		
2:01.52	S	F	100	IM	5/21/2023	2023 Starfish Meter Madness		
<b>Shay Callanan (17) F</b>						<b>BENN-AD</b>		
28.51	Y	BB	F	50	Free	3/3/2023	AD Silver Short Course Championships	
1:01.06	Y	BB	F	100	Free	3/3/2023	AD Silver Short Course Championships	
2:09.86	Y	BB	F	200	Free	3/3/2023	AD Silver Short Course Championships	
5:38.95	Y	A	F	500	Free	3/3/2023	AD Silver Short Course Championships	
19:47.15	Y	BB	F	1650	Free	12/18/2022	Piranha's December Distance Invite	
1:08.48	Y	BB	P	100	Back	1/6/2023	2023 Starfish Trophy Invitational	
2:22.46	Y	BB	F	200	Back	1/6/2023	2023 Starfish Trophy Invitational	
1:22.84	Y	B	F	100	Breast	3/3/2023	AD Silver Short Course Championships	
1:10.44	Y	B	F	100	Fly	2/12/2023	Piranha's Pentathlon	
2:31.49	Y	BB	F	200	IM	1/29/2023	Stingray Splash	
<b>Avery Camarda (15) F</b>						<b>BENN-AD</b>		
32.39	Y	P	50	Free	1/6/2023	2023 Starfish Trophy Invitational		
1:11.14	Y	F	100	Free	3/3/2023	AD Silver Short Course Championships		
2:41.10	Y	F	200	Free	1/14/2023	Canajoharie Developmental Meet		
1:21.60	Y	F	100	Back	2/12/2023	Piranha's Pentathlon		
1:35.80	Y	F	100	Breast	1/14/2023	Canajoharie Developmental Meet		
1:35.80	Y	F	100	Breast	2/12/2023	Piranha's Pentathlon		
3:21.48	Y	F	200	Breast	3/3/2023	AD Silver Short Course Championships		
1:24.54	Y	F	100	Fly	3/3/2023	AD Silver Short Course Championships		
2:57.02	Y	F	200	IM	3/3/2023	AD Silver Short Course Championships		
<b>Lauren Cameron (15) F</b>						<b>UN-AD</b>		
1:03.61	Y	L	BB	F	100	Free	11/6/2022	2022 SECTION 10 GIRLS SWIMMING CHAMPIONSHIP
2:21.09	Y	B	F	200	Free	11/6/2022	2022 SECTION 10 GIRLS SWIMMING CHAMPIONSHIP	
6:33.99	Y	B	F	500	Free	11/6/2022	2022 SECTION 10 GIRLS SWIMMING CHAMPIONSHIP	
2:55.23	Y	F	200	Back	12/3/2022	2022 North Country Invitational		
3:29.42	Y	F	200	Breast	12/3/2022	2022 North Country Invitational		
1:28.88	Y	F	100	Fly	12/3/2022	2022 North Country Invitational		
2:53.39	Y	F	200	IM	12/3/2022	2022 North Country Invitational		
<b>James Campbell (12) M</b>						<b>USAM-AD</b>		
31.09	Y	B	F	50	Free	3/3/2023	AD Silver Short Course Championships	
35.94	S	B	F	50	Free	5/21/2023	2023 Starfish Meter Madness	
1:09.04	Y	B	F	100	Free	3/3/2023	AD Silver Short Course Championships	
2:37.19	Y	F	200	Free	3/3/2023	AD Silver Short Course Championships		

### Individual Top Times

Time	P/F/S	Event	
<b>James Campbell (12) M</b>			<b>USAM-AD</b>
6:40.48	Y B F	500 Free	3/3/2023 AD Silver Short Course Championships
33.25	Y BB P	50 Back	3/9/2023 Adirondack Gold Short Course Championships
41.31	S B F	50 Back	5/21/2023 2023 Starfish Meter Madness
1:13.53	Y BB F	100 Back	3/9/2023 Adirondack Gold Short Course Championships
2:37.58	Y BB F	200 Back	3/9/2023 Adirondack Gold Short Course Championships
44.42	Y F F	50 Breast	3/3/2023 AD Silver Short Course Championships
48.58	S F F	50 Breast	5/21/2023 2023 Starfish Meter Madness
1:29.35	Y B F	100 Breast	3/9/2023 Adirondack Gold Short Course Championships
3:24.78	Y F F	200 Breast	12/18/2022 Piranha's December Distance Invite
33.75	Y BB P	50 Fly	3/9/2023 Adirondack Gold Short Course Championships
39.94	S B F	50 Fly	5/21/2023 2023 Starfish Meter Madness
1:20.47	Y B F	100 Fly	2/12/2023 Piranha's Pentathlon
1:16.35	Y B P	100 IM	3/9/2023 Adirondack Gold Short Course Championships
1:31.14	S F F	100 IM	5/21/2023 2023 Starfish Meter Madness
2:43.17	Y BB F	200 IM	3/3/2023 AD Silver Short Course Championships
<b>Emma Canale (17) F</b>			<b>GRGF-AD</b>
1:03.68	Y B F	100 Free	3/3/2023 AD Silver Short Course Championships
6:28.55	Y B F	500 Free	12/18/2022 Piranha's December Distance Invite
1:35.58	Y P P	100 Breast	1/6/2023 2023 Starfish Trophy Invitational
1:19.92	Y F F	100 Fly	3/3/2023 AD Silver Short Course Championships
2:41.31	Y B F	200 IM	3/3/2023 AD Silver Short Course Championships
<b>Aimee Cao (13) F</b>			<b>CPP-AD</b>
30.24	Y B F	50 Free	6/11/2023 Piranhas Summer Kick-Off Meet
33.96	L BB F	50 Free	7/20/2023 2023 Adirondack Long Course Championships
1:08.00	Y B P	100 Free	3/9/2023 Adirondack Gold Short Course Championships
1:17.31	L B F	100 Free	6/24/2023 2023 NE NSSC June Springfield
2:36.24	Y F F	200 Free	3/3/2023 AD Silver Short Course Championships
2:53.83	L B F	200 Free	7/20/2023 2023 Adirondack Long Course Championships
7:01.29	Y F F	500 Free	12/18/2022 Piranha's December Distance Invite
38.18	Y P P	50 Back	11/18/2022 2022 NE NSSC Nov 18-20 WPI T/F
44.84	L F F	50 Back	6/24/2023 2023 NE NSSC June Springfield
1:22.90	Y F F	100 Back	2/12/2023 Piranha's Pentathlon
1:37.22	L F F	100 Back	7/20/2023 2023 Adirondack Long Course Championships
3:01.07	Y F F	200 Back	3/3/2023 AD Silver Short Course Championships
3:21.92	L F F	200 Back	6/24/2023 2023 NE NSSC June Springfield
39.69	Y F F	50 Breast	6/11/2023 Piranhas Summer Kick-Off Meet
47.78	L F F	50 Breast	7/20/2023 2023 Adirondack Long Course Championships
1:27.47	Y B F	100 Breast	2/12/2023 Piranha's Pentathlon
1:46.34	L F F	100 Breast	7/20/2023 2023 Adirondack Long Course Championships
3:21.16	Y F F	200 Breast	3/3/2023 AD Silver Short Course Championships
35.40	Y P P	50 Fly	1/6/2023 2023 Starfish Trophy Invitational
39.62	L F F	50 Fly	7/7/2023 Hawks Summer Invitational 2023
1:27.39	Y F F	100 Fly	2/12/2023 Piranha's Pentathlon
1:44.86	L F F	100 Fly	7/20/2023 2023 Adirondack Long Course Championships
1:18.11	Y F F	100 IM	3/3/2023 AD Silver Short Course Championships
2:59.32	Y F F	200 IM	3/3/2023 AD Silver Short Course Championships
3:22.33	L F F	200 IM	6/24/2023 2023 NE NSSC June Springfield
<b>Andrew Capella (19) M</b>			<b>SCHE-AD</b>
23.82	Y L F	50 Free	3/9/2023 Adirondack Gold Short Course Championships
51.40	Y P P	100 Free	2/17/2023 2023 Region 1 Short Course Invitational
1:49.54	Y P P	200 Free	2/16/2023 Boys Section 2 Division 2 Championships
4:57.81	Y P P	500 Free	2/16/2023 Boys Section 2 Division 2 Championships
10:18.84	Y F F	1000 Free	11/12/2021 2021 NE ABF November Trials Final Meet
1:01.42	Y P P	100 Breast	3/9/2023 Adirondack Gold Short Course Championships
2:13.78	Y P P	200 Breast	3/9/2023 Adirondack Gold Short Course Championships
59.03	Y P P	100 Fly	11/12/2021 2021 NE ABF November Trials Final Meet
2:10.58	Y P P	200 Fly	11/12/2021 2021 NE ABF November Trials Final Meet

### Individual Top Times

Time	P/F/S	Event					
<b>Andrew Capella (19) M</b>							
1:01.74	Y	F	100 IM	10/22/2022	Trick or Treat Meet		
2:01.74	Y	F	200 IM	3/9/2023	Adirondack Gold Short Course Championships		
4:20.21	Y	F	400 IM	3/9/2023	Adirondack Gold Short Course Championships		
<b>Schuyler Carey (13) F</b>							
40.63	L	F	50 Free	7/1/2023	Niagara LSC LC Super Circuit Meet		
43.87	Y	F	50 Free	3/3/2023	AD Silver Short Course Championships		
1:44.22	Y	F	100 Free	3/3/2023	AD Silver Short Course Championships		
46.43	Y	F	50 Back	3/3/2023	AD Silver Short Course Championships		
49.14	L	F	50 Back	7/1/2023	Niagara LSC LC Super Circuit Meet		
52.99	Y	F	50 Breast	3/3/2023	AD Silver Short Course Championships		
54.84	L	F	50 Breast	7/1/2023	Niagara LSC LC Super Circuit Meet		
<b>Vittoria Carney (17) F</b>							
27.59	Y	BB	P	50 Free	2/17/2023	2023 Region 1 Short Course Invitational	
31.81	L	BB	P	50 Free	7/20/2023	2023 Adirondack Long Course Championships	
1:00.20	Y	L	BB	F	100 Free	2/17/2023	2023 Region 1 Short Course Invitational
1:09.86	L	BB	F	100 Free	6/10/2023	2023 MR LIAC Summertime Classic Invitational	
2:29.80	L	BB	F	200 Free	7/7/2023	Hawks Summer Invitational 2023	
6:07.46	Y	B	F	500 Free	1/14/2023	Chris Goody IMX Challenge	
1:13.41	Y	B	F	100 Back	10/22/2022	Trick or Treat Meet	
2:41.63	Y		F	200 Back	1/14/2023	Chris Goody IMX Challenge	
37.89	L		F	50 Breast	7/1/2023	Niagara LSC LC Super Circuit Meet	
1:09.10	Y	AA	F	100 Breast	3/9/2023	Adirondack Gold Short Course Championships	
1:20.79	L	AA	P	100 Breast	7/20/2023	2023 Adirondack Long Course Championships	
2:30.28	Y	AA	F	200 Breast	2/17/2023	2023 Region 1 Short Course Invitational	
2:57.06	L	A	F	200 Breast	7/20/2023	2023 Adirondack Long Course Championships	
1:12.76	Y	B	F	100 Fly	3/3/2023	AD Silver Short Course Championships	
1:20.97	L	B	F	100 Fly	7/1/2023	Niagara LSC LC Super Circuit Meet	
2:57.14	Y		F	200 Fly	1/14/2023	Chris Goody IMX Challenge	
1:10.91	Y		F	100 IM	10/22/2022	Trick or Treat Meet	
2:24.58	Y	BB	P	200 IM	2/17/2023	2023 Region 1 Short Course Invitational	
2:50.63	L	BB	P	200 IM	7/20/2023	2023 Adirondack Long Course Championships	
5:18.66	Y	BB	F	400 IM	2/17/2023	2023 Region 1 Short Course Invitational	
6:05.77	L	BB	F	400 IM	7/1/2023	Niagara LSC LC Super Circuit & Distance Meet	
<b>Isabella Carpenter (11) F</b>							
54.39	Y		F	50 Free	1/14/2023	Canajoharie Developmental Meet	
2:05.21	Y		F	100 Free	3/3/2023	AD Silver Short Course Championships	
54.06	Y		F	50 Back	1/14/2023	Canajoharie Developmental Meet	
1:23.01	Y		F	50 Breast	3/3/2023	AD Silver Short Course Championships	
<b>Abigail Carroll (18) F</b>							
26.60	Y	A	F	50 Free	11/3/2022	Girls Sec II Division II Championships	
30.26	L	A	P	50 Free	7/20/2023	2023 Adirondack Long Course Championships	
57.92	Y	A	F	100 Free	10/15/2022	Colonial Council Invitational	
1:07.31	L	A	P	100 Free	7/20/2023	2023 Adirondack Long Course Championships	
2:04.97	Y	A	P	200 Free	3/9/2023	Adirondack Gold Short Course Championships	
2:29.59	L	BB	P	200 Free	7/20/2023	2023 Adirondack Long Course Championships	
5:44.41	Y	BB	F	500 Free	3/3/2023	AD Silver Short Course Championships	
29.71	Y	L	F	50 Back	1/14/2023	2023 PTAC Tiger Invitational	
1:03.01	Y	A	F	100 Back	1/14/2023	2023 PTAC Tiger Invitational	
1:15.86	L	BB	P	100 Back	7/20/2023	2023 Adirondack Long Course Championships	
2:16.06	Y	A	F	200 Back	1/14/2023	2023 PTAC Tiger Invitational	
2:38.12	L	A	F	200 Back	7/20/2023	2023 Adirondack Long Course Championships	
1:33.74	Y		F	100 Breast	10/29/2022	Starfish Fall Spooktacular	
1:06.26	Y	BB	P	100 Fly	3/9/2023	Adirondack Gold Short Course Championships	
1:19.56	L	B	P	100 Fly	7/20/2023	2023 Adirondack Long Course Championships	
1:10.09	Y		F	100 IM	1/14/2023	2023 PTAC Tiger Invitational	
2:28.50	Y	BB	F	200 IM	3/3/2023	AD Silver Short Course Championships	

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### Individual Top Times

Time	P/F/S	Event			
<b>Catherine Carroll (8) F</b>					
30.51	Y	F	25	Free	3/3/2023 AD Silver Short Course Championships
1:06.08	Y	F	50	Free	6/11/2023 Piranhas Summer Kick-Off Meet
30.87	Y	F	25	Back	3/3/2023 AD Silver Short Course Championships
58.56	Y	F	50	Back	6/11/2023 Piranhas Summer Kick-Off Meet
40.07	Y	F	25	Breast	1/29/2023 Stingray Splash
<b>Damian Carroll (11) M</b>					
46.35	Y	F	50	Free	1/29/2023 Stingray Splash
1:38.79	Y	F	100	Free	1/29/2023 Stingray Splash
53.51	Y	F	50	Back	1/29/2023 Stingray Splash
1:12.06	Y	F	50	Breast	3/3/2023 AD Silver Short Course Championships
1:12.44	Y	F	50	Fly	2/4/2023 Delmar Dolphins Febuary Freeze
2:06.48	Y	F	100	IM	6/11/2023 Piranhas Summer Kick-Off Meet
<b>Lillian Carroll-Dorn (9) F</b>					
51.66	L	F	50	Free	7/1/2023 Niagara LSC LC Super Circuit Meet
1:11.71	L	F	50	Back	7/1/2023 Niagara LSC LC Super Circuit Meet
<b>Hannah Carroll (18) F</b>					
26.56	Y	A	F	50	Free 3/3/2023 AD Silver Short Course Championships
30.59	L	A	P	50	Free 7/20/2023 2023 Adirondack Long Course Championships
57.42	Y	A	F	100	Free 11/3/2022 Girls Sec II Division II Championships
1:07.24	L	A	P	100	Free 7/20/2023 2023 Adirondack Long Course Championships
2:07.55	Y	BB	F	200	Free 3/3/2023 AD Silver Short Course Championships
2:25.02	L	A	P	200	Free 7/20/2023 2023 Adirondack Long Course Championships
5:38.79	Y	A	F	500	Free 3/3/2023 AD Silver Short Course Championships
29.34	Y	L	P	50	Back 11/3/2022 Girls Sec II Division II Championships
1:03.00	Y	A	F	100	Back 3/9/2023 Adirondack Gold Short Course Championships
1:03.00	Y	A	P	100	Back 3/9/2023 Adirondack Gold Short Course Championships
1:11.73	L	A	F	100	Back 7/20/2023 2023 Adirondack Long Course Championships
2:16.81	Y	A	P	200	Back 2/17/2023 2023 Region 1 Short Course Invitational
2:38.46	L	A	P	200	Back 7/20/2023 2023 Adirondack Long Course Championships
1:06.16	Y	BB	P	100	Fly 3/9/2023 Adirondack Gold Short Course Championships
1:19.55	L	B	P	100	Fly 7/20/2023 2023 Adirondack Long Course Championships
1:12.48	Y		F	100	IM 10/22/2022 Trick or Treat Meet
2:32.40	Y	BB	F	200	IM 2/4/2023 Delmar Dolphins Febuary Freeze
5:11.45	Y	BB	F	400	IM 12/9/2022 CNY Invite
<b>Luke Carroll (18) M</b>					
25.50	Y	BB	F	50	Free 3/3/2023 AD Silver Short Course Championships
53.66	Y	BB	F	100	Free 3/3/2023 AD Silver Short Course Championships
1:56.76	Y	BB	F	200	Free 3/3/2023 AD Silver Short Course Championships
2:31.42	L	B	F	200	Free 7/7/2023 Hawks Summer Invitational 2023
5:12.88	Y	BB	F	500	Free 3/9/2023 Adirondack Gold Short Course Championships
24:44.27	L		F	1500	Free 7/7/2023 Hawks Summer Invitational 2023
1:08.38	Y		F	100	Back 6/11/2023 Piranhas Summer Kick-Off Meet
2:22.63	Y	B	F	200	Back 1/14/2023 Chris Goody IMX Challenge
1:11.35	Y	B	F	100	Breast 3/3/2023 AD Silver Short Course Championships
2:32.62	Y	B	F	200	Breast 3/3/2023 AD Silver Short Course Championships
3:14.16	L		F	200	Breast 7/7/2023 Hawks Summer Invitational 2023
1:05.74	Y	B	F	100	Fly 10/22/2022 Trick or Treat Meet
1:24.47	L		F	100	Fly 7/7/2023 Hawks Summer Invitational 2023
2:27.62	Y		F	200	Fly 1/14/2023 Chris Goody IMX Challenge
1:10.97	Y		F	100	IM 10/22/2022 Trick or Treat Meet
2:14.50	Y	BB	F	200	IM 3/3/2023 AD Silver Short Course Championships
5:08.42	Y	B	F	400	IM 1/14/2023 Chris Goody IMX Challenge
<b>Sara Carroll (13) F</b>					
32.50	Y	B	F	50	Free 3/3/2023 AD Silver Short Course Championships
38.34	L		F	50	Free 6/2/2023 STAR LC Kick Off Meet
1:10.62	Y		F	100	Free 3/3/2023 AD Silver Short Course Championships

SARY-AD

SARY-AD

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### Individual Top Times

Time	P/F/S	Event				
<b>Sara Carroll (13) F</b>						
1:19.66	L B	F	100	Free	7/7/2023	Hawks Summer Invitational 2023
2:43.87	Y	F	200	Free	10/8/2022	Shenendehowa Girls Invitational
7:07.79	Y	F	500	Free	12/18/2022	Piranha's December Distance Invite
41.59	Y	F	50	Back	12/11/2022	Sharks 12 & Under Mini Meet
47.48	L	F	50	Back	6/2/2023	STAR LC Kick Off Meet
1:24.41	Y	F	100	Back	3/3/2023	AD Silver Short Course Championships
1:43.99	L	F	100	Back	6/2/2023	STAR LC Kick Off Meet
2:58.61	Y	F	200	Back	3/3/2023	AD Silver Short Course Championships
48.25	Y	F	50	Breast	3/3/2023	AD Silver Short Course Championships
56.84	L	F	50	Breast	6/2/2023	STAR LC Kick Off Meet
1:45.89	Y	F	100	Breast	2/12/2023	Piranha's Pentathlon
2:02.41	L	F	100	Breast	7/7/2023	Hawks Summer Invitational 2023
41.88	Y	F	50	Fly	6/11/2023	Piranhas Summer Kick-Off Meet
1:34.68	Y	F	100	Fly	2/12/2023	Piranha's Pentathlon
1:49.40	L	F	100	Fly	6/2/2023	STAR LC Kick Off Meet
1:26.85	Y	F	100	IM	3/3/2023	AD Silver Short Course Championships
<b>Ava Carsillo (15) F</b>						
1:03.16	Y A	F	100	Back	11/3/2022	Girls Sec II Division I Championships
155.30		F	1 Meter	6 Dives	10/15/2022	Colonial Council Invitational
196.05		F	1 Meter	11 Dives	11/3/2022	Girls Sec II Division I Championships
<b>Gianna Carsillo (18) F</b>						
26.14	Y A	F	50	Free	11/3/2022	Girls Sec II Division I Championships
58.84	Y BB	P	100	Free	11/3/2022	Girls Sec II Division I Championships
<b>Elia Carstens (12) F</b>						
33.20	Y B	F	50	Free	6/11/2023	Piranhas Summer Kick-Off Meet
1:14.27	Y	F	100	Free	6/11/2023	Piranhas Summer Kick-Off Meet
40.44	Y	F	50	Back	6/11/2023	Piranhas Summer Kick-Off Meet
1:00.75	Y	F	50	Breast	12/11/2022	Sharks 12 & Under Mini Meet
47.83	Y	F	50	Fly	6/11/2023	Piranhas Summer Kick-Off Meet
1:37.35	Y	F	100	IM	3/3/2023	AD Silver Short Course Championships
<b>Evan Carstens (10) M</b>						
17.82	Y	F	25	Free	3/3/2023	AD Silver Short Course Championships
38.89	Y	F	50	Free	6/11/2023	Piranhas Summer Kick-Off Meet
1:30.28	Y	F	100	Free	6/11/2023	Piranhas Summer Kick-Off Meet
22.67	Y	F	25	Back	3/3/2023	AD Silver Short Course Championships
50.69	Y	F	50	Back	6/11/2023	Piranhas Summer Kick-Off Meet
27.78	Y	F	25	Fly	3/3/2023	AD Silver Short Course Championships
1:58.63	Y	F	100	IM	6/11/2023	Piranhas Summer Kick-Off Meet
<b>Aila Cartier (16) F</b>						
29.28	Y BB	F	50	Free	10/29/2022	Starfish Fall Spooktacular
1:02.58	Y BB	F	100	Free	3/3/2023	AD Silver Short Course Championships
2:21.78	Y B	F	200	Free	1/29/2023	Stingray Splash
2:46.93	L B	F	200	Free	7/7/2023	Hawks Summer Invitational 2023
1:24.92	Y B	F	100	Breast	1/29/2023	Stingray Splash
2:58.30	Y B	F	200	Breast	3/3/2023	AD Silver Short Course Championships
3:31.64	L B	F	200	Breast	7/7/2023	Hawks Summer Invitational 2023
<b>Mason Cartier (18) M</b>						
24.19	Y BB	F	50	Free	6/11/2023	Piranhas Summer Kick-Off Meet
27.69	L A	P	50	Free	7/20/2023	2023 Adirondack Long Course Championships
52.11	Y A	F	100	Free	2/16/2023	Boys Section 2 Division 1 Championships
1:01.40	L BB	P	100	Free	7/20/2023	2023 Adirondack Long Course Championships
1:58.51	Y BB	F	200	Free	1/29/2023	Stingray Splash
26.58	Y L	F	50	Back	2/16/2023	Boys Section 2 Division 1 Championships
58.02	Y BB	F	100	Back	2/16/2023	Boys Section 2 Division 1 Championships
1:07.94	L BB	F	100	Back	7/20/2023	2023 Adirondack Long Course Championships
2:10.67	Y BB	P	200	Back	2/17/2023	2023 Region 1 Short Course Invitational

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### Individual Top Times

Time	P/F/S	Event				
<b>Mason Cartier (18) M</b>						
2:30.43	L BB F	200 Back	7/20/2023	2023 Adirondack Long Course Championships		<b>SARY-AD</b>
1:11.92	Y B F	100 Breast	6/11/2023	Piranhas Summer Kick-Off Meet		
1:09.99	L BB F	100 Fly	7/7/2023	Hawks Summer Invitational 2023		
<b>Brynn Casalinuovo (12) F</b>						
40.80	Y F	50 Free	3/3/2023	AD Silver Short Course Championships		<b>CPP-AD</b>
46.31	S F	50 Free	5/21/2023	2023 Starfish Meter Madness		
1:32.51	Y F	100 Free	3/3/2023	AD Silver Short Course Championships		
1:44.77	L F	100 Free	7/7/2023	Hawks Summer Invitational 2023		
3:36.65	L F	200 Free	7/7/2023	Hawks Summer Invitational 2023		
3:48.30	Y F	200 Free	12/3/2022	2022 North Country Invitational		
43.37	Y F	50 Back	3/3/2023	AD Silver Short Course Championships		
51.14	S F	50 Back	5/21/2023	2023 Starfish Meter Madness		
1:48.14	L F	100 Back	7/7/2023	Hawks Summer Invitational 2023		
1:49.54	Y F	100 Back	12/3/2022	2022 North Country Invitational		
49.68	Y F	50 Breast	6/11/2023	Piranhas Summer Kick-Off Meet		
55.70	S F	50 Breast	5/21/2023	2023 Starfish Meter Madness		
58.98	L F	50 Breast	7/7/2023	Hawks Summer Invitational 2023		
2:09.55	Y F	100 Breast	12/3/2022	2022 North Country Invitational		
53.22	Y F	50 Fly	6/11/2023	Piranhas Summer Kick-Off Meet		
59.40	S F	50 Fly	5/21/2023	2023 Starfish Meter Madness		
1:08.82	L F	50 Fly	7/7/2023	Hawks Summer Invitational 2023		
1:43.58	Y F	100 IM	3/3/2023	AD Silver Short Course Championships		
4:16.85	L F	200 IM	7/7/2023	Hawks Summer Invitational 2023		
<b>Sparroe Casler (8) F</b>						
25.41	Y F	25 Free	1/14/2023	Canajoharie Developmental Meet		<b>CANA-AD</b>
56.89	Y F	50 Free	2/12/2023	Piranha's Pentathlon		
30.06	Y F	25 Back	1/14/2023	Canajoharie Developmental Meet		
1:14.32	Y F	50 Back	2/12/2023	Piranha's Pentathlon		
35.12	Y F	25 Fly	1/14/2023	Canajoharie Developmental Meet		
<b>Ella Cassel (11) F</b>						
41.37	Y F	50 Free	1/6/2023	2023 Starfish Trophy Invitational		<b>DELM-AD</b>
1:37.60	Y F	100 Free	3/3/2023	AD Silver Short Course Championships		
52.81	Y F	50 Back	3/3/2023	AD Silver Short Course Championships		
57.83	Y F	50 Breast	3/3/2023	AD Silver Short Course Championships		
1:38.77	Y F	100 IM	3/3/2023	AD Silver Short Course Championships		
<b>Louis Cassella (18) M</b>						
21.78	Y AAA F	50 Free	2/16/2023	Boys Section 2 Division 1 Championships		<b>UN-AD</b>
48.96	Y AA P	100 Free	2/17/2023	2023 Region 1 Short Course Invitational		
1:50.40	Y A F	200 Free	3/9/2023	Adirondack Gold Short Course Championships		
2:30.11	L B F	200 Free	7/7/2023	Hawks Summer Invitational 2023		
5:35.44	Y BB F	500 Free	12/18/2022	Piranha's December Distance Invite		
24:40.74	L F	1500 Free	7/7/2023	Hawks Summer Invitational 2023		
58.27	Y BB F	100 Back	2/4/2023	Delmar Dolphins Febuary Freeze		
2:17.61	Y B F	200 Back	1/14/2023	Chris Goody IMX Challenge		
59.36	Y AA P	100 Breast	2/16/2023	Boys Section 2 Division 1 Championships		
2:18.17	Y A F	200 Breast	2/17/2023	2023 Region 1 Short Course Invitational		
2:56.04	L BB F	200 Breast	7/7/2023	Hawks Summer Invitational 2023		
59.08	Y BB F	100 Fly	2/4/2023	Delmar Dolphins Febuary Freeze		
1:13.27	L B F	100 Fly	7/7/2023	Hawks Summer Invitational 2023		
2:24.52	Y B F	200 Fly	1/14/2023	Chris Goody IMX Challenge		
1:02.77	Y F	100 IM	10/22/2022	Trick or Treat Meet		
2:06.28	Y A F	200 IM	3/9/2023	Adirondack Gold Short Course Championships		
5:06.40	Y B F	400 IM	1/14/2023	Chris Goody IMX Challenge		
<b>Luke Cassella (15) M</b>						
26.54	Y L B F	50 Free	3/9/2023	Adirondack Gold Short Course Championships		<b>ALBS-AD</b>
58.03	Y B F	100 Free	3/3/2023	AD Silver Short Course Championships		

### Individual Top Times

Time	P/F/S	Event	
<b>Luke Cassella (15) M</b>			<b>UN-AD</b>
2:05.07 Y BB	P	200 Free	2/16/2023 Boys Section 2 Division 1 Championships
1:09.49 Y	P	100 Back	2/16/2023 Boys Section 2 Division 1 Championships
1:15.00 Y B	F	100 Breast	3/9/2023 Adirondack Gold Short Course Championships
<b>Emma Casserly (10) F</b>			<b>ALBS-AD</b>
17.34 Y	F	25 Free	10/29/2022 Starfish Fall Spooktacular
38.07 Y B	F	50 Free	1/6/2023 2023 Starfish Trophy Invitational
42.97 L B	F	50 Free	7/20/2023 2023 Adirondack Long Course Championships
44.15 S	F	50 Free	5/21/2023 2023 Starfish Meter Madness
1:31.80 Y	F	100 Free	3/3/2023 AD Silver Short Course Championships
1:43.39 L	F	100 Free	7/20/2023 2023 Adirondack Long Course Championships
3:45.38 L B	F	200 Free	7/7/2023 Hawks Summer Invitational 2023
20.14 Y	F	25 Back	3/3/2023 AD Silver Short Course Championships
44.42 Y B	F	50 Back	3/3/2023 AD Silver Short Course Championships
51.18 S B	F	50 Back	5/21/2023 2023 Starfish Meter Madness
53.97 L B	F	50 Back	7/7/2023 Hawks Summer Invitational 2023
1:57.74 L B	F	100 Back	7/20/2023 2023 Adirondack Long Course Championships
22.94 Y	F	25 Breast	10/29/2022 Starfish Fall Spooktacular
50.06 Y B	F	50 Breast	6/11/2023 Piranhas Summer Kick-Off Meet
54.78 S B	F	50 Breast	5/21/2023 2023 Starfish Meter Madness
55.08 L B	F	50 Breast	7/20/2023 2023 Adirondack Long Course Championships
19.96 Y	F	25 Fly	10/29/2022 Starfish Fall Spooktacular
1:44.48 Y	F	100 IM	3/3/2023 AD Silver Short Course Championships
1:57.29 S	F	100 IM	5/21/2023 2023 Starfish Meter Madness
<b>Ethan Casserly (11) M</b>			<b>ALBS-AD</b>
44.44 Y L	F	25 Free	1/6/2023 2023 Starfish Trophy Invitational
41.72 Y	F	50 Free	1/6/2023 2023 Starfish Trophy Invitational
49.70 S	F	50 Free	5/21/2023 2023 Starfish Meter Madness
1:44.72 Y	F	100 Free	3/3/2023 AD Silver Short Course Championships
51.28 Y	F	50 Back	10/22/2022 Trick or Treat Meet
56.48 S	F	50 Back	5/21/2023 2023 Starfish Meter Madness
50.15 Y	F	50 Breast	3/3/2023 AD Silver Short Course Championships
57.09 S	F	50 Breast	5/21/2023 2023 Starfish Meter Madness
2:03.85 Y	F	100 IM	3/3/2023 AD Silver Short Course Championships
2:04.35 S	F	100 IM	5/21/2023 2023 Starfish Meter Madness
<b>Lucy Catalano (19) F</b>			<b>CPP-AD</b>
25.22 Y	F	50 Free	3/9/2023 Adirondack Gold Short Course Championships
54.69 Y	F	100 Free	11/3/2022 Girls Sec II Division I Championships
2:01.21 Y	P	200 Free	3/9/2023 Adirondack Gold Short Course Championships
5:56.58 Y	F	500 Free	12/18/2022 Piranha's December Distance Invite
1:03.56 Y	P	100 Back	3/9/2023 Adirondack Gold Short Course Championships
2:29.56 Y	F	200 Back	12/18/2022 Piranha's December Distance Invite
1:18.99 Y	F	100 Breast	3/3/2023 AD Silver Short Course Championships
1:09.79 Y	F	100 Fly	2/12/2023 Piranha's Pentathlon
2:28.37 Y	F	200 IM	2/12/2023 Piranha's Pentathlon
5:11.47 Y	F	400 IM	1/14/2023 Chris Goody IMX Challenge
<b>Alice Cerruto (11) F</b>			<b>CANA-AD</b>
1:09.16 Y	F	50 Free	2/26/2023 CVSL Championships
1:11.46 Y	F	50 Back	2/26/2023 CVSL Championships
<b>Valerie Cerruto (13) F</b>			<b>CANA-AD</b>
49.21 Y	F	50 Free	2/4/2023 Delmar Dolphins Febuary Freeze
1:57.59 Y	F	100 Free	1/14/2023 Canajoharie Developmental Meet
57.21 Y	F	50 Back	11/19/2022 CVSL Tri Meet
1:59.01 Y	F	100 Back	2/26/2023 CVSL Championships
2:43.51 Y	F	100 Breast	1/14/2023 Canajoharie Developmental Meet
<b>Isaac Chan (12) M</b>			<b>DELM-AD</b>
40.32 Y	F	50 Free	3/3/2023 AD Silver Short Course Championships

### Individual Top Times

Time	P/F/S	Event				
<b>Isaac Chan (12) M</b>						
1:31.48	Y	P	100	Free	1/6/2023	2023 Starfish Trophy Invitational
38.37	Y L	F	50	Back	1/6/2023	2023 Starfish Trophy Invitational
1:41.18	Y	F	100	Back	2/12/2023	Piranha's Pentathlon
58.50	Y	F	50	Breast	6/11/2023	Piranhas Summer Kick-Off Meet
2:09.28	Y	F	100	Breast	2/12/2023	Piranha's Pentathlon
46.78	Y	F	50	Fly	3/3/2023	AD Silver Short Course Championships
1:40.16	Y	F	100	IM	3/3/2023	AD Silver Short Course Championships
<b>Jillian Charleson (9) F</b>						
27.27	Y	F	25	Free	10/23/2022	2022 Swimtober
29.85	Y	F	25	Back	10/23/2022	2022 Swimtober
59.26	Y	F	50	Back	10/23/2022	2022 Swimtober
<b>Chloe Chase (15) F</b>						
35.08	Y	F	50	Free	3/3/2023	AD Silver Short Course Championships
1:17.78	Y	F	100	Free	3/3/2023	AD Silver Short Course Championships
2:50.72	Y	F	200	Free	3/3/2023	AD Silver Short Course Championships
1:29.98	Y	F	100	Back	2/4/2023	2023 Winter Blast
3:19.95	Y	F	200	Back	12/18/2022	Piranha's December Distance Invite
1:42.31	Y	F	100	Breast	3/3/2023	AD Silver Short Course Championships
<b>Emma Chase (17) F</b>						
29.65	Y B	F	50	Free	3/3/2023	AD Silver Short Course Championships
1:06.71	Y B	F	100	Free	3/3/2023	AD Silver Short Course Championships
1:26.43	Y	F	100	Breast	3/3/2023	AD Silver Short Course Championships
1:20.69	Y	P	100	Fly	1/6/2023	2023 Starfish Trophy Invitational
2:41.09	Y B	F	200	IM	3/3/2023	AD Silver Short Course Championships
<b>Frederick Chase (13) M</b>						
48.67	Y	F	50	Free	2/26/2023	CVSL Championships
1:51.57	Y	F	100	Free	2/26/2023	CVSL Championships
57.03	Y	F	50	Back	2/26/2023	CVSL Championships
<b>Lillyona Chase (9) F</b>						
27.78	Y	F	25	Free	2/26/2023	CVSL Championships
1:11.65	Y	F	50	Free	1/14/2023	Canajoharie Developmental Meet
36.42	Y	F	25	Back	11/19/2022	CVSL Tri Meet
<b>You-Ci Chen (16) M</b>						
25.21	Y BB	F	50	Free	6/11/2023	Piranhas Summer Kick-Off Meet
56.74	Y BB	F	100	Free	12/17/2022	Shen Boys Holiday Invite
1:07.55	Y B	F	100	Back	10/29/2022	Starfish Fall Spooktacular
1:04.66	Y A	F	100	Breast	2/16/2023	Boys Section 2 Division 1 Championships
1:05.66	Y B	F	100	Fly	6/11/2023	Piranhas Summer Kick-Off Meet
2:13.57	Y BB	F	200	IM	6/11/2023	Piranhas Summer Kick-Off Meet
<b>Catherine Cheng (16) F</b>						
30.40	Y B	F	50	Free	6/11/2023	Piranhas Summer Kick-Off Meet
1:05.71	Y B	P	100	Free	2/17/2023	2023 Region 1 Short Course Invitational
2:26.19	Y B	F	200	Free	3/3/2023	AD Silver Short Course Championships
6:22.87	Y B	P	500	Free	11/3/2022	Girls Sec II Division I Championships
1:26.66	Y	F	100	Back	2/4/2023	Delmar Dolphins Febuary Freeze
1:19.03	Y BB	P	100	Breast	3/9/2023	Adirondack Gold Short Course Championships
2:52.07	Y BB	P	200	Breast	3/9/2023	Adirondack Gold Short Course Championships
2:46.55	Y B	P	200	IM	2/17/2023	2023 Region 1 Short Course Invitational
<b>Christina Cheng (17) F</b>						
30.91	Y B	F	50	Free	10/8/2022	Shenendehowa Girls Invitational
1:26.83	Y	P	100	Breast	11/3/2022	Girls Sec II Division I Championships
<b>Hannah Chen (12) F</b>						
36.25	Y	F	50	Free	2/4/2023	Delmar Dolphins Febuary Freeze
1:25.88	Y	F	100	Free	3/3/2023	AD Silver Short Course Championships
47.12	Y	F	50	Back	2/4/2023	Delmar Dolphins Febuary Freeze
1:45.66	Y	F	100	Back	11/12/2022	Fall frenzy

DELM-AD

NTS-AD

WAVE-AD

WAVE-AD

CANA-AD

CANA-AD

SARY-AD

BFIN-AD

UN-AD

BFIN-AD

### Individual Top Times

Time	P/F/S	Event					
<b>Hannah Chen (12) F</b>							
56.21	Y	F	50	Breast	2/4/2023	Delmar Dolphins Febuary Freeze	
52.43	Y	F	50	Fly	1/29/2023	Stingray Splash	
2:01.56	Y	F	100	Fly	2/12/2023	Piranha's Pentathlon	
1:45.71	Y	F	100	IM	10/22/2022	Trick or Treat Meet	
3:44.71	Y	F	200	IM	1/29/2023	Stingray Splash	
<b>Jayden Chen (11) M</b>							
45.03	Y	F	50	Free	1/14/2023	Canajoharie Developmental Meet	
51.80	Y	F	50	Back	3/3/2023	AD Silver Short Course Championships	
1:04.95	Y	F	50	Breast	3/3/2023	AD Silver Short Course Championships	
<b>Mingrui Chen (12) M</b>							
42.59	Y	F	50	Free	3/3/2023	AD Silver Short Course Championships	
47.04	S	F	50	Free	5/21/2023	2023 Starfish Meter Madness	
1:43.34	Y	F	100	Free	1/6/2023	2023 Starfish Trophy Invitational	
2:01.84	L	F	100	Free	7/7/2023	Hawks Summer Invitational 2023	
4:24.18	L	F	200	Free	7/7/2023	Hawks Summer Invitational 2023	
45.38	Y	F	50	Back	3/3/2023	AD Silver Short Course Championships	
52.15	S	F	50	Back	5/21/2023	2023 Starfish Meter Madness	
1:55.00	L	F	100	Back	7/7/2023	Hawks Summer Invitational 2023	
1:07.59	Y	F	50	Breast	6/11/2023	Piranhas Summer Kick-Off Meet	
1:13.47	L	F	50	Breast	7/7/2023	Hawks Summer Invitational 2023	
2:53.70	L	F	100	Breast	7/7/2023	Hawks Summer Invitational 2023	
1:04.35	Y	F	50	Fly	3/3/2023	AD Silver Short Course Championships	
1:27.46	L	F	50	Fly	7/7/2023	Hawks Summer Invitational 2023	
2:09.82	S	F	100	IM	5/21/2023	2023 Starfish Meter Madness	
5:05.66	L	F	200	IM	7/7/2023	Hawks Summer Invitational 2023	
<b>Min-syun Chen (19) F</b>							
28.18	Y	F	50	Free	1/29/2023	Stingray Splash	
59.87	Y	F	100	Free	10/8/2022	Shenendehowa Girls Invitational	
1:12.98	Y	F	100	Back	2/4/2023	Delmar Dolphins Febuary Freeze	
1:09.32	Y	P	100	Breast	11/3/2022	Girls Sec II Division I Championships	
1:08.64	Y	F	100	Fly	3/3/2023	AD Silver Short Course Championships	
2:23.21	Y	P	200	IM	11/3/2022	Girls Sec II Division I Championships	
<b>Qin-Yan Chen (10) M</b>							
45.58	Y	F	50	Free	12/11/2022	Sharks 12 & Under Mini Meet	
50.28	S	F	50	Free	5/21/2023	2023 Starfish Meter Madness	
1:47.39	Y	F	100	Free	6/11/2023	Piranhas Summer Kick-Off Meet	
49.58	Y	F	50	Back	6/11/2023	Piranhas Summer Kick-Off Meet	
50.96	Y	B	50	Breast	6/11/2023	Piranhas Summer Kick-Off Meet	
56.28	S	B	50	Breast	5/21/2023	2023 Starfish Meter Madness	
<b>Richard Chen (18) M</b>							
24.68	Y	BB	P	50	Free	3/9/2023	Adirondack Gold Short Course Championships
53.88	Y	BB	P	100	Free	3/9/2023	Adirondack Gold Short Course Championships
2:00.38	Y	BB	F	200	Free	3/3/2023	AD Silver Short Course Championships
1:08.13	Y	BB	P	100	Breast	3/9/2023	Adirondack Gold Short Course Championships
2:29.99	Y	BB	F	200	Breast	3/3/2023	AD Silver Short Course Championships
1:02.69	Y	B	F	100	Fly	3/3/2023	AD Silver Short Course Championships
2:16.36	Y	BB	F	200	IM	3/3/2023	AD Silver Short Course Championships
<b>Serena Chen (14) F</b>							
33.34	Y	F	50	Free	10/22/2022	Trick or Treat Meet	
1:13.42	Y	F	100	Free	2/4/2023	Delmar Dolphins Febuary Freeze	
1:24.01	Y	F	100	Back	3/3/2023	AD Silver Short Course Championships	
1:38.03	Y	F	100	Breast	2/4/2023	Delmar Dolphins Febuary Freeze	
1:34.71	Y	F	100	Fly	2/12/2023	Piranha's Pentathlon	
1:27.36	Y	F	100	IM	10/22/2022	Trick or Treat Meet	
3:04.50	Y	F	200	IM	2/4/2023	Delmar Dolphins Febuary Freeze	
<b>You-Lin Chen (14) F</b>							

**BFIN-AD**

**NHA-AD**

**CPP-AD**

**SARY-AD**

**ALBS-AD**

**NHA-AD**

**BFIN-AD**

**SARY-AD**

### Individual Top Times

Time	P/F/S	Event				
<b>You-Lin Chen (14) F</b>						
29.32	Y BB	F	50	Free	1/29/2023	Stingray Splash
1:05.37	Y BB	F	100	Free	2/4/2023	Delmar Dolphins Febuary Freeze
1:10.18	Y BB	F	100	Back	10/8/2022	Shenendehowa Girls Invitational
1:21.25	Y BB	F	100	Breast	6/11/2023	Piranhas Summer Kick-Off Meet
1:07.24	Y BB	P	100	Fly	11/3/2022	Girls Sec II Division I Championships
2:25.99	Y BB	P	200	IM	11/3/2022	Girls Sec II Division I Championships
<b>Ryder Chiang (11) M</b>						
36.44	Y L	F	25	Free	1/6/2023	2023 Starfish Trophy Invitational
33.83	Y	F	50	Free	3/9/2023	Adirondack Gold Short Course Championships
35.77	L B	F	50	Free	7/7/2023	Hawks Summer Invitational 2023
1:20.80	Y	F	100	Free	1/6/2023	2023 Starfish Trophy Invitational
39.21	Y	F	50	Back	3/9/2023	Adirondack Gold Short Course Championships
45.78	L	F	50	Back	7/7/2023	Hawks Summer Invitational 2023
43.64	Y	F	50	Breast	3/9/2023	Adirondack Gold Short Course Championships
50.93	L	F	50	Breast	7/7/2023	Hawks Summer Invitational 2023
40.75	L B	F	50	Fly	7/7/2023	Hawks Summer Invitational 2023
41.47	Y	F	50	Fly	2/12/2023	Piranha's Pentathlon
1:25.76	Y	F	100	IM	3/9/2023	Adirondack Gold Short Course Championships
<b>Rylee Chiang (10) M</b>						
30.21	Y	F	25	Free	11/12/2022	Fall frenzy
58.29	Y	F	50	Free	2/4/2023	Delmar Dolphins Febuary Freeze
36.58	Y	F	25	Back	11/12/2022	Fall frenzy
33.07	Y	F	25	Breast	11/12/2022	Fall frenzy
1:04.18	Y	F	50	Breast	2/4/2023	Delmar Dolphins Febuary Freeze
<b>Anna Cho (13) F</b>						
29.57	Y L BB	F	50	Free	3/9/2023	Adirondack Gold Short Course Championships
1:04.38	Y BB	F	100	Free	3/9/2023	Adirondack Gold Short Course Championships
1:12.98	S B	F	100	Free	5/21/2023	2023 Starfish Meter Madness
2:19.96	Y BB	P	200	Free	3/9/2023	Adirondack Gold Short Course Championships
6:06.08	Y BB	F	500	Free	3/3/2023	AD Silver Short Course Championships
35.05	Y	F	50	Back	6/11/2023	Piranhas Summer Kick-Off Meet
1:15.25	Y B	P	100	Back	3/9/2023	Adirondack Gold Short Course Championships
1:24.80	S B	F	100	Back	5/21/2023	2023 Starfish Meter Madness
2:36.95	Y B	F	200	Back	3/9/2023	Adirondack Gold Short Course Championships
3:00.92	L B	P	200	Back	7/20/2023	2023 Adirondack Long Course Championships
38.17	Y	P	50	Breast	3/9/2023	Adirondack Gold Short Course Championships
1:21.17	Y BB	F	100	Breast	3/9/2023	Adirondack Gold Short Course Championships
1:32.95	S B	F	100	Breast	5/21/2023	2023 Starfish Meter Madness
1:34.17	L BB	P	100	Breast	7/20/2023	2023 Adirondack Long Course Championships
2:54.24	Y BB	F	200	Breast	3/9/2023	Adirondack Gold Short Course Championships
36.62	Y	F	50	Fly	6/11/2023	Piranhas Summer Kick-Off Meet
1:15.36	Y	F	100	IM	6/11/2023	Piranhas Summer Kick-Off Meet
1:25.11	S	F	100	IM	5/21/2023	2023 Starfish Meter Madness
2:36.19	Y BB	F	200	IM	3/9/2023	Adirondack Gold Short Course Championships
3:00.16	L BB	P	200	IM	7/20/2023	2023 Adirondack Long Course Championships
<b>Caitlin Cho (18) F</b>						
29.87	Y B	F	50	Free	10/8/2022	Shenendehowa Girls Invitational
1:05.80	Y B	F	100	Free	2/4/2023	Delmar Dolphins Febuary Freeze
2:21.48	Y B	P	200	Free	12/1/2022	2022 STAR Short Course Invitational
1:09.24	Y B	P	100	Back	12/1/2022	2022 STAR Short Course Invitational
2:31.26	Y B	P	200	Back	12/1/2022	2022 STAR Short Course Invitational
1:10.73	Y B	P	100	Fly	12/1/2022	2022 STAR Short Course Invitational
2:34.93	Y B	P	200	IM	12/1/2022	2022 STAR Short Course Invitational
<b>Eileen Cho (17) F</b>						
27.24	Y BB	F	50	Free	3/3/2023	AD Silver Short Course Championships
58.44	Y L A	F	100	Free	3/9/2023	Adirondack Gold Short Course Championships

SARY-AD

DELM-AD

DELM-AD

ALBS-AD

UN-AD

ALBS-AD

### Individual Top Times

Time	P/F/S	Event				
<b>Eileen Cho (17) F</b>						
<b>ALBS-AD</b>						
1:07.05	S BB F	100 Free	5/21/2023	2023 Starfish Meter Madness		
1:07.62	L BB P	100 Free	7/20/2023	2023 Adirondack Long Course Championships		
2:07.20	Y A F	200 Free	3/3/2023	AD Silver Short Course Championships		
5:50.14	Y BB F	500 Free	12/18/2022	Piranha's December Distance Invite		
1:06.24	Y BB F	100 Back	1/6/2023	2023 Starfish Trophy Invitational		
1:16.96	S B F	100 Back	5/21/2023	2023 Starfish Meter Madness		
2:15.72	Y A F	200 Back	3/9/2023	Adirondack Gold Short Course Championships		
1:13.92	Y BB F	100 Breast	11/3/2022	Girls Sec II Division I Championships		
1:26.58	S BB F	100 Breast	5/21/2023	2023 Starfish Meter Madness		
1:29.69	L BB P	100 Breast	7/20/2023	2023 Adirondack Long Course Championships		
1:16.19	S B F	100 Fly	5/21/2023	2023 Starfish Meter Madness		
1:16.95	S F	100 IM	5/21/2023	2023 Starfish Meter Madness		
2:17.73	Y A F	200 IM	11/3/2022	Girls Sec II Division I Championships		
<b>Ria Choi (12) F</b>						
<b>DELM-AD</b>						
29.73	Y BB F	50 Free	6/11/2023	Piranhas Summer Kick-Off Meet		
1:05.90	Y BB F	100 Free	6/11/2023	Piranhas Summer Kick-Off Meet		
1:14.17	L BB F	100 Free	6/24/2023	2023 NE NSSC June Springfield		
2:36.02	L A F	200 Free	6/24/2023	2023 NE NSSC June Springfield		
33.98	Y BB F	50 Back	2/4/2023	Delmar Dolphins Febuary Freeze		
38.89	L BB F	50 Back	6/24/2023	2023 NE NSSC June Springfield		
1:15.58	Y BB F	100 Back	2/12/2023	Piranha's Pentathlon		
1:23.90	L BB F	100 Back	6/24/2023	2023 NE NSSC June Springfield		
3:00.41	L BB F	200 Back	6/24/2023	2023 NE NSSC June Springfield		
44.08	Y F	50 Breast	6/11/2023	Piranhas Summer Kick-Off Meet		
51.23	L F	50 Breast	6/24/2023	2023 NE NSSC June Springfield		
1:38.46	Y F	100 Breast	2/12/2023	Piranha's Pentathlon		
1:48.85	L B F	100 Breast	6/24/2023	2023 NE NSSC June Springfield		
3:37.41	Y F	200 Breast	12/18/2022	Piranha's December Distance Invite		
36.69	Y F	50 Fly	2/4/2023	Delmar Dolphins Febuary Freeze		
40.60	L B F	50 Fly	6/24/2023	2023 NE NSSC June Springfield		
1:25.69	Y F	100 Fly	2/12/2023	Piranha's Pentathlon		
1:18.70	Y B F	100 IM	2/12/2023	Piranha's Pentathlon		
2:53.40	Y B F	200 IM	3/3/2023	AD Silver Short Course Championships		
3:10.02	L BB F	200 IM	6/24/2023	2023 NE NSSC June Springfield		
<b>Seo Yeon Cho (17) M</b>						
<b>CPP-AD</b>						
25.60	Y BB F	50 Free	3/3/2023	AD Silver Short Course Championships		
30.28	L B F	50 Free	6/24/2023	2023 NE NSSC June Springfield		
55.64	Y L BB F	100 Free	3/9/2023	Adirondack Gold Short Course Championships		
2:00.74	Y BB F	200 Free	3/3/2023	AD Silver Short Course Championships		
1:05.58	Y B F	100 Back	3/3/2023	AD Silver Short Course Championships		
1:20.41	L F	100 Back	6/24/2023	2023 NE NSSC June Springfield		
2:23.14	Y B F	200 Back	12/18/2022	Piranha's December Distance Invite		
2:54.89	L P	200 Back	7/20/2023	2023 Adirondack Long Course Championships		
1:07.69	Y BB P	100 Breast	2/16/2023	Boys Section 2 Division 1 Championships		
1:28.82	L P	100 Breast	7/20/2023	2023 Adirondack Long Course Championships		
2:43.65	Y P	200 Breast	11/18/2022	2022 NE NSSC Nov 18-20 WPI T/F		
1:01.75	Y B F	100 Fly	3/3/2023	AD Silver Short Course Championships		
1:19.07	L F	100 Fly	6/24/2023	2023 NE NSSC June Springfield		
2:27.06	Y B F	200 Fly	12/18/2022	Piranha's December Distance Invite		
2:14.90	Y BB F	200 IM	3/3/2023	AD Silver Short Course Championships		
2:47.43	L B F	200 IM	6/24/2023	2023 NE NSSC June Springfield		
4:57.67	Y B F	400 IM	3/3/2023	AD Silver Short Course Championships		
<b>Adeline Christiansen (13) F</b>						
<b>USAM-AD</b>						
41.16	Y F	50 Free	6/11/2023	Piranhas Summer Kick-Off Meet		
1:28.24	Y F	100 Free	6/11/2023	Piranhas Summer Kick-Off Meet		
50.08	Y F	50 Back	6/11/2023	Piranhas Summer Kick-Off Meet		
1:48.83	Y F	100 IM	6/11/2023	Piranhas Summer Kick-Off Meet		

### Individual Top Times

Time	P/F/S	Event					
<b>Alexandra Christodoulou (13) F</b>							
38.93	Y	F	50	Free	12/3/2022	2022 North Country Invitational	
1:29.04	Y	F	100	Free	12/3/2022	2022 North Country Invitational	
47.22	Y	F	50	Back	10/23/2022	2022 Swimtober	
50.18	Y	F	50	Breast	12/3/2022	2022 North Country Invitational	
1:49.85	Y	F	100	Breast	12/3/2022	2022 North Country Invitational	
1:40.81	Y	F	100	IM	12/3/2022	2022 North Country Invitational	
<b>Peter Church (12) M</b>							
37.75	Y	F	50	Free	2/4/2023	2023 Winter Blast	
1:24.40	Y	F	100	Free	2/4/2023	2023 Winter Blast	
43.24	Y	F	50	Back	2/4/2023	2023 Winter Blast	
1:33.05	Y	F	100	Back	2/4/2023	2023 Winter Blast	
49.72	Y	F	50	Breast	2/4/2023	2023 Winter Blast	
<b>Dalton Clapper (15) M</b>							
28.83	Y	F	50	Free	1/14/2023	Canajoharie Developmental Meet	
1:07.40	Y	F	100	Free	1/14/2023	Canajoharie Developmental Meet	
2:27.78	Y	F	200	Free	2/26/2023	CVSL Championships	
7:09.38	Y	F	500	Free	1/22/2023	Mile Madness	
1:18.51	Y	F	100	Back	2/26/2023	CVSL Championships	
3:03.61	Y	F	200	Back	1/22/2023	Mile Madness	
1:36.74	Y	F	100	Breast	1/14/2023	Canajoharie Developmental Meet	
<b>Larson Clapper (11) M</b>							
39.58	Y	F	50	Free	2/26/2023	CVSL Championships	
1:50.06	Y	F	100	Free	12/3/2022	CVSL Tri Meet	
3:37.40	Y	F	200	Free	1/22/2023	Mile Madness	
51.07	Y	F	50	Back	1/14/2023	Canajoharie Developmental Meet	
<b>Bianca Clark (11) F</b>							
50.73	Y	F	50	Free	1/29/2023	Stingray Splash	
51.45	Y	F	50	Back	1/29/2023	Stingray Splash	
<b>Cavan Clark (8) M</b>							
21.21	Y	F	25	Free	3/3/2023	AD Silver Short Course Championships	
23.59	S	F	25	Free	5/21/2023	2023 Starfish Meter Madness	
46.01	L	F	50	Free	7/20/2023	2023 Adirondack Long Course Championships	
47.80	Y	F	50	Free	6/11/2023	Piranhas Summer Kick-Off Meet	
1:42.67	L	F	100	Free	7/20/2023	2023 Adirondack Long Course Championships	
1:45.93	Y	F	100	Free	3/3/2023	AD Silver Short Course Championships	
3:50.98	L	F	200	Free	7/20/2023	2023 Adirondack Long Course Championships	
24.38	Y	F	25	Back	1/29/2023	Stingray Splash	
26.74	S	F	25	Back	5/21/2023	2023 Starfish Meter Madness	
51.60	L	B	F	50	Back	7/20/2023	2023 Adirondack Long Course Championships
53.11	Y	F	50	Back	6/11/2023	Piranhas Summer Kick-Off Meet	
1:50.79	L	B	F	100	Back	7/20/2023	2023 Adirondack Long Course Championships
1:16.70	L	F	50	Breast	7/7/2023	Hawks Summer Invitational 2023	
1:20.39	Y	F	50	Breast	2/12/2023	Piranha's Pentathlon	
2:37.49	L	F	100	Breast	7/7/2023	Hawks Summer Invitational 2023	
27.54	Y	F	25	Fly	3/3/2023	AD Silver Short Course Championships	
34.83	S	F	25	Fly	5/21/2023	2023 Starfish Meter Madness	
1:04.47	Y	F	50	Fly	2/12/2023	Piranha's Pentathlon	
1:15.64	L	F	50	Fly	7/7/2023	Hawks Summer Invitational 2023	
2:01.67	Y	F	100	IM	6/11/2023	Piranhas Summer Kick-Off Meet	
<b>Charlotte Clarke (18) F</b>							
26.45	Y	A	P	50	Free	3/9/2023	Adirondack Gold Short Course Championships
57.22	Y	A	P	100	Free	3/9/2023	Adirondack Gold Short Course Championships
2:05.25	Y	A	F	200	Free	10/8/2022	Shenendehowa Girls Invitational
5:48.75	Y	BB	F	500	Free	12/18/2022	Piranha's December Distance Invite
1:05.16	Y	BB	P	100	Back	3/9/2023	Adirondack Gold Short Course Championships
2:22.97	Y	BB	P	200	Back	3/9/2023	Adirondack Gold Short Course Championships



### Individual Top Times

Time	P/F/S	Event				
<b>Charlotte Clarke (18) F</b>						
1:10.43	Y A F	100 Breast	11/3/2022	Girls Sec II Division I Championships		UN-AD
2:36.77	Y A F	200 Breast	3/9/2023	Adirondack Gold Short Course Championships		
2:29.24	Y BB F	200 IM	2/4/2023	Delmar Dolphins Febuary Freeze		
<b>James Clarke (9) M</b>						
24.04	Y F	25 Free	12/11/2022	Sharks 12 & Under Mini Meet		USAM-AD
50.93	Y F	50 Free	12/11/2022	Sharks 12 & Under Mini Meet		
25.27	Y F	25 Back	12/11/2022	Sharks 12 & Under Mini Meet		
<b>James Clark (11) M</b>						
29.44	Y BB F	50 Free	3/29/2023	2023 Eastern Zone SC Age Group Championships		CPP-AD
32.23	L BB F	50 Free	8/2/2023	2023 EZ LC Age Group Championship		
32.53	S BB F	50 Free	5/21/2023	2023 Starfish Meter Madness		
1:03.08	Y BB F	100 Free	3/29/2023	2023 Eastern Zone SC Age Group Championships		
1:10.89	L BB F	100 Free	8/2/2023	2023 EZ LC Age Group Championship		
2:17.63	Y BB F	200 Free	3/29/2023	2023 Eastern Zone SC Age Group Championships		
2:34.91	L BB F	200 Free	8/2/2023	2023 EZ LC Age Group Championship		
5:37.60	L BB F	400 Free	7/20/2023	2023 Adirondack Long Course Championships		
6:09.72	Y BB F	500 Free	3/29/2023	2023 Eastern Zone SC Age Group Championships		
34.34	Y BB F	50 Back	3/9/2023	Adirondack Gold Short Course Championships		
38.90	L BB F	50 Back	8/2/2023	2023 EZ LC Age Group Championship		
39.20	S B F	50 Back	5/21/2023	2023 Starfish Meter Madness		
1:15.30	Y BB F	100 Back	12/3/2022	2022 North Country Invitational		
1:26.44	L BB F	100 Back	7/7/2023	Hawks Summer Invitational 2023		
40.23	Y B F	50 Breast	10/22/2022	Trick or Treat Meet		
45.03	L BB F	50 Breast	8/2/2023	2023 EZ LC Age Group Championship		
1:28.07	Y B F	100 Breast	11/18/2022	2022 NE NSSC Nov 18-20 WPI T/F		
1:36.12	L BB F	100 Breast	8/2/2023	2023 EZ LC Age Group Championship		
33.95	Y BB F	50 Fly	3/9/2023	Adirondack Gold Short Course Championships		
36.26	L BB F	50 Fly	7/7/2023	Hawks Summer Invitational 2023		
38.66	S B F	50 Fly	5/21/2023	2023 Starfish Meter Madness		
1:23.13	Y F	100 Fly	1/6/2023	2023 Starfish Trophy Invitational		
1:30.04	L B F	100 Fly	7/7/2023	Hawks Summer Invitational 2023		
1:14.73	Y BB F	100 IM	6/11/2023	Piranhas Summer Kick-Off Meet		
1:23.26	S B F	100 IM	5/21/2023	2023 Starfish Meter Madness		
2:36.87	Y BB F	200 IM	3/29/2023	2023 Eastern Zone SC Age Group Championships		
2:55.16	L BB F	200 IM	8/2/2023	2023 EZ LC Age Group Championship		
<b>Juliette Clark (8) F</b>						
38.50	Y F	25 Free	1/29/2023	Stingray Splash		GRGF-AD
36.16	Y F	25 Back	1/29/2023	Stingray Splash		
<b>Logan Clark (11) M</b>						
2:21.35	L F	100 Free	7/1/2023	Niagara LSC LC Super Circuit Meet		CLIN-AD
1:14.89	L F	50 Breast	7/1/2023	Niagara LSC LC Super Circuit Meet		
2:48.16	L F	100 Breast	7/1/2023	Niagara LSC LC Super Circuit Meet		
<b>Nathaniel Clark (13) M</b>						
30.13	Y P	50 Free	3/9/2023	Adirondack Gold Short Course Championships		HAWK-AD
35.49	L F	50 Free	7/7/2023	Hawks Summer Invitational 2023		
1:06.27	Y P	100 Free	3/9/2023	Adirondack Gold Short Course Championships		
1:18.84	L F	100 Free	7/7/2023	Hawks Summer Invitational 2023		
2:50.94	L F	200 Free	7/7/2023	Hawks Summer Invitational 2023		
48.77	L F	50 Back	7/7/2023	Hawks Summer Invitational 2023		
1:24.52	Y F	100 Back	3/3/2023	AD Silver Short Course Championships		
1:39.79	L F	100 Back	7/7/2023	Hawks Summer Invitational 2023		
40.68	Y P	50 Breast	3/9/2023	Adirondack Gold Short Course Championships		
51.98	L F	50 Breast	7/7/2023	Hawks Summer Invitational 2023		
1:56.76	L F	100 Breast	7/7/2023	Hawks Summer Invitational 2023		
33.24	Y P	50 Fly	3/9/2023	Adirondack Gold Short Course Championships		
37.91	L F	50 Fly	7/7/2023	Hawks Summer Invitational 2023		

### Individual Top Times

Time	P/F/S	Event				
<b>Nathaniel Clark (13) M</b>						
1:18.81	Y	F	100	IM	10/29/2022	Starfish Fall Spooktacular
3:17.66	L	F	200	IM	7/7/2023	Hawks Summer Invitational 2023
<b>Hayden Clechenko-Morgan (10) F</b>						
1:00.77	Y	F	50	Free	1/14/2023	Canajoharie Developmental Meet
<b>Liam Clemmer (8) M</b>						
24.23	Y	F	25	Free	3/3/2023	AD Silver Short Course Championships
57.00	Y	F	50	Free	6/11/2023	Piranhas Summer Kick-Off Meet
26.58	Y	F	25	Back	3/3/2023	AD Silver Short Course Championships
1:01.27	Y	F	50	Back	6/11/2023	Piranhas Summer Kick-Off Meet
<b>Eoin Clive (15) M</b>						
29.43	Y	F	50	Free	3/3/2023	AD Silver Short Course Championships
1:08.51	Y	F	100	Free	12/17/2022	Shen Boys Holiday Invite
2:17.05	Y	F	200	Free	3/3/2023	AD Silver Short Course Championships
6:49.11	Y	F	500	Free	12/3/2022	2022 North Country Invitational
1:15.95	Y	F	100	Back	3/3/2023	AD Silver Short Course Championships
1:37.87	Y	F	100	Breast	3/3/2023	AD Silver Short Course Championships
<b>Jerome Clive (13) M</b>						
39.91	Y	F	50	Free	3/3/2023	AD Silver Short Course Championships
55.10	Y	F	50	Breast	3/3/2023	AD Silver Short Course Championships
53.69	Y	F	50	Fly	1/29/2023	Stingray Splash
3:37.36	Y	F	200	IM	3/3/2023	AD Silver Short Course Championships
<b>Mirabella Cococcia (13) F</b>						
35.73	Y	F	50	Free	6/11/2023	Piranhas Summer Kick-Off Meet
39.04	L	F	50	Free	7/7/2023	Hawks Summer Invitational 2023
1:18.65	Y	F	100	Free	3/3/2023	AD Silver Short Course Championships
43.49	Y	F	50	Back	3/3/2023	AD Silver Short Course Championships
52.85	L	F	50	Back	7/7/2023	Hawks Summer Invitational 2023
1:32.65	Y	F	100	IM	6/11/2023	Piranhas Summer Kick-Off Meet
<b>Katherine Coffey (10) F</b>						
51.44	Y	F	50	Free	11/12/2022	Fall frenzy
1:59.94	Y	F	100	Free	11/12/2022	Fall frenzy
56.08	Y	F	50	Back	10/22/2022	Trick or Treat Meet
<b>Michael Coffey (13) M</b>						
38.28	Y	F	50	Free	10/22/2022	Trick or Treat Meet
1:27.89	Y	F	100	Free	11/12/2022	Fall frenzy
47.53	Y	F	50	Back	10/22/2022	Trick or Treat Meet
1:44.82	Y	F	100	Back	11/12/2022	Fall frenzy
55.99	Y	F	50	Breast	10/22/2022	Trick or Treat Meet
<b>Shannon Cogan (15) F</b>						
34.94	L	B	50	Free	7/7/2023	Hawks Summer Invitational 2023
1:06.19	Y	B	100	Free	2/4/2023	Delmar Dolphins Febuary Freeze
1:16.56	L	B	100	Free	6/24/2023	2023 NE NSSC June Springfield
2:47.94	L	B	200	Free	7/7/2023	Hawks Summer Invitational 2023
6:23.93	Y	B	500	Free	1/29/2023	Stingray Splash
35.89	Y	L	50	Back	2/4/2023	Delmar Dolphins Febuary Freeze
1:16.21	Y	F	100	Back	2/4/2023	Delmar Dolphins Febuary Freeze
2:41.68	Y	B	200	Back	12/18/2022	Piranha's December Distance Invite
42.14	L	F	50	Breast	6/24/2023	2023 NE NSSC June Springfield
1:16.51	Y	BB	100	Breast	11/3/2022	Girls Sec II Division I Championships
1:32.07	L	BB	100	Breast	6/24/2023	2023 NE NSSC June Springfield
3:13.90	L	BB	200	Breast	7/7/2023	Hawks Summer Invitational 2023
2:37.73	Y	B	200	IM	10/8/2022	Shenendehowa Girls Invitational
<b>Benjamin Cohen (11) M</b>						
45.84	Y	F	50	Free	6/11/2023	Piranhas Summer Kick-Off Meet
53.23	Y	F	50	Back	6/11/2023	Piranhas Summer Kick-Off Meet
1:17.34	Y	F	50	Breast	6/11/2023	Piranhas Summer Kick-Off Meet

### Individual Top Times

Time	P/F/S	Event				
<b>Evyn Cohen (15) F</b>						
32.04	Y	F	50	Free	3/3/2023	AD Silver Short Course Championships
1:13.76	Y	F	100	Free	2/12/2023	Piranha's Pentathlon
2:39.09	Y	F	200	Free	3/3/2023	AD Silver Short Course Championships
1:26.06	Y	F	100	Back	3/3/2023	AD Silver Short Course Championships
3:25.09	Y	F	200	IM	2/12/2023	Piranha's Pentathlon
<b>June Coker (16) F</b>						
30.86	Y	B	50	Free	10/8/2022	Shenendehowa Girls Invitational
35.08	L	B	50	Free	7/7/2023	Hawks Summer Invitational 2023
1:07.07	Y	B	100	Free	1/29/2023	Stingray Splash
6:43.03	Y	F	500	Free	12/18/2022	Piranha's December Distance Invite
33.76	Y	L	50	Back	2/4/2023	Delmar Dolphins Febuary Freeze
39.67	L	F	50	Back	6/24/2023	2023 NE NSSC June Springfield
1:12.70	Y	B	100	Back	1/29/2023	Stingray Splash
1:23.52	L	B	100	Back	7/7/2023	Hawks Summer Invitational 2023
2:37.84	Y	B	200	Back	12/18/2022	Piranha's December Distance Invite
2:58.44	L	B	200	Back	7/7/2023	Hawks Summer Invitational 2023
46.48	L	F	50	Breast	6/24/2023	2023 NE NSSC June Springfield
1:24.73	Y	B	100	Breast	3/3/2023	AD Silver Short Course Championships
1:40.37	L	F	100	Breast	6/24/2023	2023 NE NSSC June Springfield
3:31.37	L	B	200	Breast	6/24/2023	2023 NE NSSC June Springfield
2:43.80	Y	B	200	IM	2/4/2023	Delmar Dolphins Febuary Freeze
<b>Niccolo Colagiovanni (15) M (Yr: FR)</b>						
30.94	Y	F	50	Free	6/11/2023	Piranhas Summer Kick-Off Meet
2:42.86	Y	F	200	Free	6/11/2023	Piranhas Summer Kick-Off Meet
3:14.14	L	F	200	Free	7/7/2023	Hawks Summer Invitational 2023
3:46.33	L	F	200	Back	7/7/2023	Hawks Summer Invitational 2023
4:31.54	L	F	200	Breast	7/7/2023	Hawks Summer Invitational 2023
1:18.33	Y	F	100	Fly	6/11/2023	Piranhas Summer Kick-Off Meet
1:30.74	L	F	100	Fly	7/7/2023	Hawks Summer Invitational 2023
<b>Wyatt Cole (11) M</b>						
41.98	Y	F	50	Free	3/3/2023	AD Silver Short Course Championships
1:36.29	Y	F	100	Free	3/3/2023	AD Silver Short Course Championships
43.42	Y	F	50	Back	3/3/2023	AD Silver Short Course Championships
1:01.75	Y	F	50	Breast	1/6/2023	2023 Starfish Trophy Invitational
<b>Sydney Collins (9) F</b>						
1:05.65	Y	F	50	Free	2/12/2023	Piranha's Pentathlon
1:09.91	Y	F	50	Back	2/12/2023	Piranha's Pentathlon
<b>Isabella Collis (14) F</b>						
35.04	Y	F	50	Free	3/3/2023	AD Silver Short Course Championships
1:20.24	Y	F	100	Free	1/29/2023	Stingray Splash
3:04.26	Y	F	200	Free	12/3/2022	2022 North Country Invitational
46.02	Y	F	50	Back	12/3/2022	2022 North Country Invitational
1:34.90	Y	F	100	Back	3/3/2023	AD Silver Short Course Championships
1:40.99	Y	F	100	Breast	3/3/2023	AD Silver Short Course Championships
1:31.78	Y	F	100	IM	12/3/2022	2022 North Country Invitational
3:17.18	Y	F	200	IM	3/3/2023	AD Silver Short Course Championships
<b>Avery Comisky (12) F</b>						
43.73	Y	F	50	Free	1/29/2023	Stingray Splash
49.02	Y	F	50	Back	1/29/2023	Stingray Splash
<b>Charlotte Comisky (9) F</b>						
36.07	Y	F	25	Free	1/29/2023	Stingray Splash
41.87	Y	F	25	Back	1/29/2023	Stingray Splash
<b>Avery Cook (11) F</b>						
59.89	Y	F	50	Free	10/23/2022	2022 Swimtober
54.71	Y	F	50	Back	10/23/2022	2022 Swimtober
<b>Lily Coons (11) F</b>						

CLIN-AD

UN-AD

UN-AD

HAWK-AD

GLFY-AD

NHA-AD

GRGF-AD

GRGF-AD

NTS-AD

DELM-AD

### Individual Top Times

Time	P/F/S	Event				
<b>Lily Coons (11) F</b>						
44.55	Y	F	50	Free	12/11/2022	Sharks 12 & Under Mini Meet
57.44	Y	F	50	Back	11/12/2022	Fall frenzy
1:11.45	Y	F	50	Breast	12/11/2022	Sharks 12 & Under Mini Meet
2:10.82	Y	F	100	IM	12/11/2022	Sharks 12 & Under Mini Meet
<b>Henry Cooper (13) M</b>						
36.36	Y	F	50	Free	11/5/2022	First Splash
1:27.41	Y	F	100	Free	11/5/2022	First Splash
44.76	Y	F	50	Back	11/5/2022	First Splash
<b>Vincent Coppola (17) M</b>						
22.54	Y L	AA	F	50	Free	3/9/2023 Adirondack Gold Short Course Championships
25.28	L	AAA	F	50	Free	7/20/2023 2023 Adirondack Long Course Championships
48.32	Y	AA	F	100	Free	3/9/2023 Adirondack Gold Short Course Championships
53.93	L	AAA	F	100	Free	8/3/2023 LC Senior Zone Championship
1:45.36	Y	AA	F	200	Free	3/9/2023 Adirondack Gold Short Course Championships
1:57.76	L	AAA	F	200	Free	7/20/2023 2023 Adirondack Long Course Championships
4:10.62	L	AAA	F	400	Free	8/3/2023 LC Senior Zone Championship
4:44.86	Y	AA	F	500	Free	3/9/2023 Adirondack Gold Short Course Championships
10:19.10	Y	AA	F	1000	Free	12/1/2022 2022 STAR Short Course Invitational
56.73	Y L	BB	F	100	Back	2/17/2023 2023 Region 1 Short Course Invitational
1:59.67	Y	A	F	200	Back	2/17/2023 2023 Region 1 Short Course Invitational
2:17.69	L	AA	P	200	Back	7/20/2023 2023 Adirondack Long Course Championships
1:08.17	Y	BB	F	100	Breast	10/22/2022 Trick or Treat Meet
1:11.40	L	AA	T	100	Breast	7/20/2023 2023 Adirondack Long Course Championships
2:27.30	Y	BB	F	200	Breast	1/14/2023 Chris Goody IMX Challenge
2:45.54	L	BB	F	200	Breast	6/10/2023 2023 MR LIAC Summertime Classic Invitational
54.27	Y	A	P	100	Fly	3/9/2023 Adirondack Gold Short Course Championships
1:04.39	L	A	F	100	Fly	7/1/2023 Niagara LSC LC Super Circuit Meet
2:01.40	Y	A	F	200	Fly	2/17/2023 2023 Region 1 Short Course Invitational
59.45	Y	F	F	100	IM	10/22/2022 Trick or Treat Meet
1:59.39	Y	AA	F	200	IM	3/9/2023 Adirondack Gold Short Course Championships
2:15.29	L	AAA	P	200	IM	7/20/2023 2023 Adirondack Long Course Championships
4:19.78	Y	AA	P	400	IM	12/1/2022 2022 STAR Short Course Invitational
4:48.18	L	AAA	F	400	IM	7/20/2023 2023 Adirondack Long Course Championships
<b>Carlito Cordi (14) M</b>						
37.43	Y	F	50	Free	3/3/2023	AD Silver Short Course Championships
1:36.06	Y	F	100	Free	3/3/2023	AD Silver Short Course Championships
44.93	Y	F	50	Back	3/3/2023	AD Silver Short Course Championships
1:42.74	Y	F	100	Back	3/3/2023	AD Silver Short Course Championships
50.64	Y	F	50	Breast	3/3/2023	AD Silver Short Course Championships
51.48	Y	F	50	Fly	1/29/2023	Stingray Splash
<b>Helena Cordick (14) F</b>						
29.33	Y	BB	F	50	Free	3/3/2023 AD Silver Short Course Championships
33.34	L	BB	P	50	Free	7/20/2023 2023 Adirondack Long Course Championships
1:03.82	Y	BB	F	100	Free	3/3/2023 AD Silver Short Course Championships
2:22.01	Y	B	F	200	Free	11/5/2022 Section VII Championships 2022
5:38.59	L	BB	F	400	Free	7/20/2023 2023 Adirondack Long Course Championships
6:07.34	Y	BB	F	500	Free	3/3/2023 AD Silver Short Course Championships
1:21.39	Y	F	F	100	Back	2/4/2023 2023 Winter Blast
1:27.40	L	B	F	100	Back	7/7/2023 Hawks Summer Invitational 2023
2:46.36	Y	B	F	200	Back	12/18/2022 Piranha's December Distance Invite
1:31.22	Y	F	F	100	Breast	12/3/2022 2022 North Country Invitational
3:08.96	Y	B	F	200	Breast	12/18/2022 Piranha's December Distance Invite
1:10.45	Y	BB	F	100	Fly	3/3/2023 AD Silver Short Course Championships
2:42.04	Y	B	F	200	IM	12/3/2022 2022 North Country Invitational
<b>Madeline Corey (13) F</b>						
36.73	Y	F	50	Free	1/29/2023	Stingray Splash

DELM-AD

CLRK-AD

SCHE-AD

SCHE-AD

WAVE-AD

SCHE-AD

### Individual Top Times

Time	P/F/S	Event						
<b>Madeline Corey (13) F</b>							<b>SCHE-AD</b>	
44.62	Y	F	50	Back	1/29/2023	Stingray Splash		
52.88	Y	F	50	Breast	1/29/2023	Stingray Splash		
45.03	Y	F	50	Fly	1/29/2023	Stingray Splash		
<b>Anabel Corniel (16) F</b>							<b>IISC-AD</b>	
33.01	Y	F	50	Free	3/3/2023	AD Silver Short Course Championships		
1:20.72	Y	F	100	Free	11/19/2022	CVSL Tri Meet		
3:04.10	Y	F	200	Free	3/3/2023	AD Silver Short Course Championships		
9:10.11	Y	F	500	Free	1/22/2023	Mile Madness		
1:45.32	Y	F	100	Back	2/4/2023	Delmar Dolphins Febuary Freeze		
1:33.39	Y	F	100	Breast	3/3/2023	AD Silver Short Course Championships		
3:36.68	Y	F	200	Breast	1/22/2023	Mile Madness		
1:28.97	Y	F	100	Fly	3/3/2023	AD Silver Short Course Championships		
3:13.19	Y	F	200	IM	3/3/2023	AD Silver Short Course Championships		
<b>Mallory Cosh (13) F</b>							<b>SCHE-AD</b>	
32.19	Y	B	F	50	Free	10/22/2022	Trick or Treat Meet	
1:12.31	Y	F	F	100	Free	11/12/2022	Fall frenzy	
2:43.69	Y	F	F	200	Free	10/22/2022	Trick or Treat Meet	
1:24.79	Y	F	F	100	Back	11/12/2022	Fall frenzy	
46.05	Y	F	F	50	Breast	2/4/2023	Delmar Dolphins Febuary Freeze	
1:43.09	Y	F	F	100	Breast	11/12/2022	Fall frenzy	
35.77	Y	F	F	50	Fly	2/4/2023	Delmar Dolphins Febuary Freeze	
1:21.11	Y	F	F	100	IM	2/4/2023	Delmar Dolphins Febuary Freeze	
3:11.94	Y	F	F	200	IM	11/12/2022	Fall frenzy	
<b>Zoey Coulombe (12) F</b>							<b>SCHE-AD</b>	
38.38	Y	F	F	50	Free	12/11/2022	Sharks 12 & Under Mini Meet	
1:27.80	Y	F	F	100	Free	12/11/2022	Sharks 12 & Under Mini Meet	
47.12	Y	F	F	50	Back	10/22/2022	Trick or Treat Meet	
<b>Allie Coupal (17) F</b>							<b>UN-AD</b>	
1:01.60	Y	L	BB	F	100	Free	11/5/2022	Section VII Championships 2022
1:11.55	Y	B	F	F	100	Fly	11/5/2022	Section VII Championships 2022
2:32.67	Y	BB	F	F	200	IM	11/5/2022	Section VII Championships 2022
<b>Grace Coupal (17) F</b>							<b>UN-AD</b>	
2:31.10	Y	F	F	200	Free	11/5/2022	Section VII Championships 2022	
1:16.22	Y	F	F	100	Back	11/5/2022	Section VII Championships 2022	
<b>Mia Coupal (13) F</b>							<b>WAVE-AD</b>	
29.14	Y	BB	F	50	Free	3/9/2023	Adirondack Gold Short Course Championships	
1:06.91	Y	B	F	100	Free	6/11/2023	Piranhas Summer Kick-Off Meet	
1:13.69	L	BB	F	100	Free	7/7/2023	Hawks Summer Invitational 2023	
33.48	Y	F	F	50	Back	6/11/2023	Piranhas Summer Kick-Off Meet	
1:12.76	Y	B	F	100	Back	2/4/2023	2023 Winter Blast	
1:28.11	L	B	F	100	Back	7/7/2023	Hawks Summer Invitational 2023	
38.11	Y	P	F	50	Breast	3/9/2023	Adirondack Gold Short Course Championships	
45.95	L	F	F	50	Breast	7/7/2023	Hawks Summer Invitational 2023	
1:23.51	Y	B	F	100	Breast	3/9/2023	Adirondack Gold Short Course Championships	
1:38.70	L	B	F	100	Breast	7/7/2023	Hawks Summer Invitational 2023	
30.75	Y	F	F	50	Fly	3/9/2023	Adirondack Gold Short Course Championships	
36.28	L	F	F	50	Fly	7/7/2023	Hawks Summer Invitational 2023	
1:07.89	Y	BB	F	100	Fly	3/9/2023	Adirondack Gold Short Course Championships	
1:18.78	L	BB	F	100	Fly	7/7/2023	Hawks Summer Invitational 2023	
1:10.73	Y	P	F	100	IM	3/9/2023	Adirondack Gold Short Course Championships	
2:41.04	Y	B	F	200	IM	1/29/2023	Stingray Splash	
<b>Eli Coville (12) M</b>							<b>CPP-AD</b>	
37.51	Y	F	F	50	Free	2/12/2023	Piranha's Pentathlon	
39.86	S	F	F	50	Free	5/21/2023	2023 Starfish Meter Madness	
1:19.92	Y	F	F	100	Free	3/3/2023	AD Silver Short Course Championships	
1:31.26	L	F	F	100	Free	7/7/2023	Hawks Summer Invitational 2023	

### Individual Top Times

Time	P/F/S	Event	Date	Event	Competition
<b>Eli Coville (12) M</b>					
3:01.01	Y	F	200	Free	1/6/2023 2023 Starfish Trophy Invitational
3:14.45	L	F	200	Free	7/7/2023 Hawks Summer Invitational 2023
39.25	Y	F	50	Back	3/3/2023 AD Silver Short Course Championships
46.48	S	F	50	Back	5/21/2023 2023 Starfish Meter Madness
1:29.13	Y	F	100	Back	1/6/2023 2023 Starfish Trophy Invitational
1:39.45	L	F	100	Back	7/7/2023 Hawks Summer Invitational 2023
48.93	Y	F	50	Breast	1/6/2023 2023 Starfish Trophy Invitational
56.41	L	F	50	Breast	7/7/2023 Hawks Summer Invitational 2023
1:52.70	Y	F	100	Breast	12/3/2022 2022 North Country Invitational
1:57.88	L	F	100	Breast	7/7/2023 Hawks Summer Invitational 2023
42.73	Y	F	50	Fly	6/11/2023 Piranhas Summer Kick-Off Meet
50.51	L	F	50	Fly	7/7/2023 Hawks Summer Invitational 2023
1:36.65	Y	F	100	IM	1/6/2023 2023 Starfish Trophy Invitational
3:22.58	Y	F	200	IM	1/6/2023 2023 Starfish Trophy Invitational
3:42.83	L	F	200	IM	7/7/2023 Hawks Summer Invitational 2023
<b>Joshua Coyle (13) M</b>					
42.30	Y	F	50	Free	12/3/2022 CVSL Tri Meet
48.87	Y	F	50	Back	1/14/2023 Canajoharie Developmental Meet
1:03.65	Y	F	50	Breast	12/3/2022 CVSL Tri Meet
<b>Kiara Coyle (15) F</b>					
33.09	Y	F	50	Free	12/3/2022 CVSL Tri Meet
1:19.71	Y	F	100	Free	1/14/2023 Canajoharie Developmental Meet
1:30.94	Y	F	100	Back	12/3/2022 CVSL Tri Meet
1:53.59	Y	F	100	Breast	11/19/2022 CVSL Tri Meet
<b>Emily Craft (11) F</b>					
45.20	Y	F	50	Free	3/3/2023 AD Silver Short Course Championships
1:56.60	Y	F	100	Free	3/3/2023 AD Silver Short Course Championships
<b>Kylie Craig (12) F</b>					
34.87	Y	F	50	Free	6/11/2023 Piranhas Summer Kick-Off Meet
42.50	S	F	50	Free	5/21/2023 2023 Starfish Meter Madness
1:21.64	Y	F	100	Free	6/11/2023 Piranhas Summer Kick-Off Meet
42.58	Y	F	50	Back	3/3/2023 AD Silver Short Course Championships
47.88	Y	F	50	Breast	3/9/2023 Adirondack Gold Short Course Championships
55.47	S	F	50	Breast	5/21/2023 2023 Starfish Meter Madness
43.53	Y	F	50	Fly	3/9/2023 Adirondack Gold Short Course Championships
49.44	S	F	50	Fly	5/21/2023 2023 Starfish Meter Madness
1:32.39	Y	F	100	IM	6/11/2023 Piranhas Summer Kick-Off Meet
1:47.91	S	F	100	IM	5/21/2023 2023 Starfish Meter Madness
<b>Olivia Crandall (14) F</b>					
1:17.46	Y	F	100	Free	2/12/2023 Piranha's Pentathlon
1:45.14	Y	F	100	Breast	2/12/2023 Piranha's Pentathlon
3:12.42	Y	F	200	IM	2/12/2023 Piranha's Pentathlon
<b>Adeline Christiansen (13) F</b>					
1:39.88	S	F	100	Free	5/21/2023 2023 Starfish Meter Madness
2:00.53	S	F	100	Back	5/21/2023 2023 Starfish Meter Madness
<b>Julia Cronin (10) F</b>					
17.07	Y	F	25	Free	10/29/2022 Starfish Fall Spooktacular
35.55	Y	B	50	Free	3/3/2023 AD Silver Short Course Championships
40.52	S	B	50	Free	5/21/2023 2023 Starfish Meter Madness
1:20.96	Y	B	100	Free	1/6/2023 2023 Starfish Trophy Invitational
2:55.30	Y	BB	200	Free	3/3/2023 AD Silver Short Course Championships
22.28	Y	F	25	Back	10/29/2022 Starfish Fall Spooktacular
43.43	Y	B	50	Back	3/3/2023 AD Silver Short Course Championships
51.27	S	B	50	Back	5/21/2023 2023 Starfish Meter Madness
1:42.15	Y	F	100	Back	1/14/2023 Chris Goody IMX Challenge
27.78	Y	F	25	Breast	10/29/2022 Starfish Fall Spooktacular

CPP-AD

CANA-AD

CANA-AD

ALBS-AD

SCHE-AD

BENN-AD

USAM-AD

USAM-AD

### Individual Top Times

Time	P/F/S	Event					
<b>Julia Cronin (10) F</b>							
53.46	Y	F	50	Breast	3/3/2023 AD Silver Short Course Championships		
1:03.90	S	F	50	Breast	5/21/2023 2023 Starfish Meter Madness		
2:07.98	Y	F	100	Breast	1/14/2023 Chris Goody IMX Challenge		
23.01	Y	F	25	Fly	10/22/2022 Trick or Treat Meet		
44.14	Y	B	F	50	Fly	2/12/2023 Piranha's Pentathlon	
51.45	S	B	F	50	Fly	5/21/2023 2023 Starfish Meter Madness	
1:36.88	Y	B	F	100	IM	1/6/2023 2023 Starfish Trophy Invitational	
1:52.82	S	B	F	100	IM	5/21/2023 2023 Starfish Meter Madness	
3:31.43	Y	B	F	200	IM	3/3/2023 AD Silver Short Course Championships	
<b>Gavin Croniser (11) M</b>							
1:01.92	L	F	50	Free	7/1/2023 Niagara LSC LC Super Circuit Meet		
1:18.78	L	F	50	Breast	7/1/2023 Niagara LSC LC Super Circuit Meet		
<b>Miranda Cronlund (16) F</b>							
27.83	Y	BB	P	50	Free	3/9/2023 Adirondack Gold Short Course Championships	
33.16	L	BB	F	50	Free	6/24/2023 2023 NE NSSC June Springfield	
1:00.87	Y	BB	P	100	Free	3/9/2023 Adirondack Gold Short Course Championships	
1:10.91	L	BB	F	100	Free	6/24/2023 2023 NE NSSC June Springfield	
2:09.46	Y	BB	P	200	Free	3/9/2023 Adirondack Gold Short Course Championships	
2:31.35	L	BB	F	200	Free	7/7/2023 Hawks Summer Invitational 2023	
5:21.70	L	BB	F	400	Free	6/24/2023 2023 NE NSSC June Springfield	
5:42.14	Y	A	F	500	Free	3/9/2023 Adirondack Gold Short Course Championships	
37.97	L	F	F	50	Back	6/24/2023 2023 NE NSSC June Springfield	
1:07.96	Y	BB	P	100	Back	3/9/2023 Adirondack Gold Short Course Championships	
1:27.72	Y	F	F	100	Breast	2/12/2023 Piranha's Pentathlon	
1:10.91	Y	B	F	100	Fly	3/3/2023 AD Silver Short Course Championships	
1:23.97	L	B	F	100	Fly	7/7/2023 Hawks Summer Invitational 2023	
2:43.70	Y	B	P	200	Fly	1/6/2023 2023 Starfish Trophy Invitational	
2:29.50	Y	BB	F	200	IM	3/3/2023 AD Silver Short Course Championships	
6:15.48	L	BB	F	400	IM	6/24/2023 2023 NE NSSC June Springfield	
<b>Byron Crosby (12) M</b>							
45.23	Y	F	F	50	Free	2/4/2023 Delmar Dolphins Febuary Freeze	
1:42.78	Y	F	F	100	Free	1/14/2023 Canajoharie Developmental Meet	
57.05	Y	F	F	50	Back	11/12/2022 Fall frenzy	
<b>Meredith Crosby (11) F</b>							
49.77	Y	F	F	50	Free	2/4/2023 Delmar Dolphins Febuary Freeze	
2:10.01	Y	F	F	100	Free	11/12/2022 Fall frenzy	
51.73	Y	F	F	50	Back	2/4/2023 Delmar Dolphins Febuary Freeze	
1:15.39	Y	F	F	50	Breast	2/4/2023 Delmar Dolphins Febuary Freeze	
1:57.11	Y	F	F	100	IM	2/4/2023 Delmar Dolphins Febuary Freeze	
<b>Kylie Crouch (9) F</b>							
28.71	Y	F	F	25	Free	10/29/2022 Starfish Fall Spooktacular	
27.00	Y	F	F	25	Back	3/3/2023 AD Silver Short Course Championships	
<b>Hayle Cuff (18) F</b>							
31.72	Y	P	F	50	Free	1/6/2023 2023 Starfish Trophy Invitational	
1:06.88	Y	B	F	100	Free	3/3/2023 AD Silver Short Course Championships	
6:49.21	Y	F	F	500	Free	11/12/2022 Fall frenzy	
1:28.95	Y	F	F	100	Breast	3/3/2023 AD Silver Short Course Championships	
3:18.98	Y	F	F	200	Breast	3/3/2023 AD Silver Short Course Championships	
1:26.00	Y	P	F	100	Fly	1/6/2023 2023 Starfish Trophy Invitational	
2:54.46	Y	P	F	200	IM	1/6/2023 2023 Starfish Trophy Invitational	
<b>Isabelle Cunningham (13) F</b>							
28.61	Y	BB	F	50	Free	6/11/2023 Piranhas Summer Kick-Off Meet	
32.15	L	BB	F	50	Free	7/20/2023 2023 Adirondack Long Course Championships	
1:02.52	Y	L	BB	F	100	Free	3/9/2023 Adirondack Gold Short Course Championships
1:12.59	L	BB	F	100	Free	7/20/2023 2023 Adirondack Long Course Championships	
2:16.69	Y	BB	F	200	Free	3/9/2023 Adirondack Gold Short Course Championships	

USAM-AD

TBS-AD

DELM-AD

SCHE-AD

SCHE-AD

HAWK-AD

KING-AD

CPP-AD

### Individual Top Times

Time	P/F/S	Event	
<b>Isabelle Cunningham (13) F</b>			<b>CPP-AD</b>
2:37.18 L BB F	200 Free	7/20/2023	2023 Adirondack Long Course Championships
5:33.62 L BB F	400 Free	6/24/2023	2023 NE NSSC June Springfield
6:03.85 Y BB F	500 Free	3/9/2023	Adirondack Gold Short Course Championships
34.66 Y P	50 Back	3/9/2023	Adirondack Gold Short Course Championships
39.64 L F	50 Back	6/24/2023	2023 NE NSSC June Springfield
1:13.92 Y B F	100 Back	2/12/2023	Piranha's Pentathlon
1:25.74 L B F	100 Back	7/20/2023	2023 Adirondack Long Course Championships
35.62 Y P	50 Breast	3/9/2023	Adirondack Gold Short Course Championships
40.57 L P	50 Breast	8/2/2023	2023 EZ LC Age Group Championship
1:19.46 Y BB F	100 Breast	2/12/2023	Piranha's Pentathlon
1:29.09 L BB F	100 Breast	7/7/2023	Hawks Summer Invitational 2023
2:47.10 Y BB F	200 Breast	3/9/2023	Adirondack Gold Short Course Championships
2:56.02 L AA F	200 Breast	6/24/2023	2023 NE NSSC June Springfield
32.85 Y F	50 Fly	6/11/2023	Piranhas Summer Kick-Off Meet
37.71 L F	50 Fly	7/7/2023	Hawks Summer Invitational 2023
1:16.99 Y F	100 Fly	2/12/2023	Piranha's Pentathlon
1:25.52 L B F	100 Fly	7/20/2023	2023 Adirondack Long Course Championships
1:10.95 Y F	100 IM	3/9/2023	Adirondack Gold Short Course Championships
2:32.09 Y BB F	200 IM	3/9/2023	Adirondack Gold Short Course Championships
2:51.96 L BB P	200 IM	8/2/2023	2023 EZ LC Age Group Championship
<b>Tori Cusworth (12) F</b>			<b>NTS-AD</b>
28.25 Y A F	50 Free	3/9/2023	Adirondack Gold Short Course Championships
32.50 L A F	50 Free	7/1/2023	Niagara LSC LC Super Circuit Meet
1:02.13 Y A F	100 Free	3/9/2023	Adirondack Gold Short Course Championships
1:09.49 L L A F	100 Free	8/2/2023	2023 EZ LC Age Group Championship
2:15.59 Y A F	200 Free	3/9/2023	Adirondack Gold Short Course Championships
5:19.98 L A F	400 Free	8/2/2023	2023 EZ LC Age Group Championship
5:57.40 Y A F	500 Free	3/9/2023	Adirondack Gold Short Course Championships
31.60 Y A F	50 Back	3/9/2023	Adirondack Gold Short Course Championships
35.72 L AA P	50 Back	8/2/2023	2023 EZ LC Age Group Championship
1:09.30 Y A P	100 Back	3/9/2023	Adirondack Gold Short Course Championships
1:18.73 L L AA F	100 Back	8/2/2023	2023 EZ LC Age Group Championship
2:26.25 Y A F	200 Back	3/9/2023	Adirondack Gold Short Course Championships
2:46.03 L AA P	200 Back	8/2/2023	2023 EZ LC Age Group Championship
38.79 Y BB F	50 Breast	2/4/2023	2023 Winter Blast
1:25.87 Y BB F	100 Breast	2/4/2023	2023 Winter Blast
3:11.46 Y B F	200 Breast	12/18/2022	Piranha's December Distance Invite
35.88 Y B F	50 Fly	2/4/2023	2023 Winter Blast
1:28.34 Y F	100 Fly	10/23/2022	2022 Swimtober
1:11.82 Y A F	100 IM	2/4/2023	2023 Winter Blast
2:37.40 Y BB F	200 IM	3/9/2023	Adirondack Gold Short Course Championships
<b>Scarlett Cyr (8) F</b>			<b>SARY-AD</b>
1:00.61 Y F	50 Free	1/29/2023	Stingray Splash
30.11 Y F	25 Back	1/29/2023	Stingray Splash
<b>Cameron Czajkowski (14) M</b>			<b>HAWK-AD</b>
1:42.78 Y F	50 Back	10/29/2022	Starfish Fall Spooktacular
<b>Izabella Czajkowski (19) F</b>			<b>UN-AD</b>
26.81 Y P	50 Free	11/3/2022	Girls Sec II Division I Championships
58.32 Y P	100 Free	3/9/2023	Adirondack Gold Short Course Championships
1:15.06 Y F	100 Back	2/12/2023	Piranha's Pentathlon
2:36.31 Y F	200 Back	12/18/2022	Piranha's December Distance Invite
1:15.71 Y P	100 Breast	11/3/2022	Girls Sec II Division I Championships
2:52.40 Y F	200 Breast	12/18/2022	Piranha's December Distance Invite
2:52.40 Y F	200 Breast	3/3/2023	AD Silver Short Course Championships
1:18.39 Y F	100 Fly	2/12/2023	Piranha's Pentathlon
2:29.99 Y F	200 IM	3/3/2023	AD Silver Short Course Championships



### Individual Top Times

Time	P/F/S	Event				
<b>Izabella Czajkowski (19) F</b> <span style="float: right;"><b>CPP-AD</b></span>						
5:36.89	Y	F	400	IM	1/14/2023	Chris Goody IMX Challenge
<b>Lucas Dai (10) M</b> <span style="float: right;"><b>CPP-AD</b></span>						
46.46	Y	F	50	Free	1/6/2023	2023 Starfish Trophy Invitational
56.92	S	F	50	Free	5/21/2023	2023 Starfish Meter Madness
1:52.63	Y	F	100	Free	1/6/2023	2023 Starfish Trophy Invitational
4:36.21	L	F	200	Free	7/7/2023	Hawks Summer Invitational 2023
52.45	Y	F	50	Back	3/3/2023	AD Silver Short Course Championships
58.11	S	F	50	Back	5/21/2023	2023 Starfish Meter Madness
2:17.12	L	F	100	Back	7/7/2023	Hawks Summer Invitational 2023
17.24	S	AAAA	50	Breast	5/21/2023	2023 Starfish Meter Madness
1:06.54	Y	F	50	Breast	1/6/2023	2023 Starfish Trophy Invitational
1:20.54	L	F	50	Breast	7/7/2023	Hawks Summer Invitational 2023
3:05.34	L	F	100	Breast	7/7/2023	Hawks Summer Invitational 2023
1:18.13	Y	F	50	Fly	6/11/2023	Piranhas Summer Kick-Off Meet
2:19.19	Y	F	100	IM	1/6/2023	2023 Starfish Trophy Invitational
<b>David D'Amico (18) M</b> <span style="float: right;"><b>ALBS-AD</b></span>						
24.00	Y	BB	50	Free	3/9/2023	Adirondack Gold Short Course Championships
52.52	Y	BB	100	Free	2/16/2023	Boys Section 2 Division 1 Championships
1:56.57	Y	BB	200	Free	3/3/2023	AD Silver Short Course Championships
5:16.68	Y	BB	500	Free	3/9/2023	Adirondack Gold Short Course Championships
1:02.83	Y	B	100	Back	3/3/2023	AD Silver Short Course Championships
1:12.57	Y	B	100	Breast	3/3/2023	AD Silver Short Course Championships
2:35.74	Y	B	200	Breast	3/3/2023	AD Silver Short Course Championships
1:10.57	Y	F	100	IM	10/22/2022	Trick or Treat Meet
2:13.52	Y	BB	200	IM	3/3/2023	AD Silver Short Course Championships
<b>Rachael D'Amico (18) F</b> <span style="float: right;"><b>SCHE-AD</b></span>						
26.50	Y	A	50	Free	3/9/2023	Adirondack Gold Short Course Championships
56.73	Y	A	100	Free	11/3/2022	Girls Sec II Division I Championships
2:03.75	Y	A	200	Free	2/17/2023	2023 Region 1 Short Course Invitational
5:32.02	Y	A	500	Free	2/17/2023	2023 Region 1 Short Course Invitational
1:06.77	Y	BB	100	Back	3/3/2023	AD Silver Short Course Championships
2:27.23	Y	BB	200	Back	12/1/2022	2022 STAR Short Course Invitational
3:06.18	Y	F	200	Breast	1/14/2023	Chris Goody IMX Challenge
1:04.22	Y	BB	100	Fly	3/3/2023	AD Silver Short Course Championships
2:33.75	Y	B	200	Fly	1/14/2023	Chris Goody IMX Challenge
2:25.77	Y	BB	200	IM	2/17/2023	2023 Region 1 Short Course Invitational
5:31.40	Y	B	400	IM	1/14/2023	Chris Goody IMX Challenge
<b>Violet D'Amour (12) F</b> <span style="float: right;"><b>HAWK-AD</b></span>						
34.25	Y	P	50	Free	1/6/2023	2023 Starfish Trophy Invitational
37.33	L	B	50	Free	7/7/2023	Hawks Summer Invitational 2023
1:16.65	Y	F	100	Free	3/3/2023	AD Silver Short Course Championships
1:27.24	L	F	100	Free	7/7/2023	Hawks Summer Invitational 2023
2:49.83	Y	F	200	Free	3/3/2023	AD Silver Short Course Championships
38.48	Y L	F	50	Back	3/9/2023	Adirondack Gold Short Course Championships
42.23	L	B	50	Back	7/7/2023	Hawks Summer Invitational 2023
1:27.58	Y	F	100	Back	3/3/2023	AD Silver Short Course Championships
1:36.93	L	B	100	Back	7/7/2023	Hawks Summer Invitational 2023
50.50	Y	P	50	Breast	1/6/2023	2023 Starfish Trophy Invitational
56.52	L	F	50	Breast	7/7/2023	Hawks Summer Invitational 2023
36.03	Y	B	50	Fly	1/6/2023	2023 Starfish Trophy Invitational
44.06	L	F	50	Fly	7/7/2023	Hawks Summer Invitational 2023
1:29.82	Y	F	100	Fly	1/6/2023	2023 Starfish Trophy Invitational
1:25.92	Y	F	100	IM	3/3/2023	AD Silver Short Course Championships
<b>Priscilla Danieu Langan (8) F</b> <span style="float: right;"><b>CLRK-AD</b></span>						
26.45	Y	F	25	Free	12/3/2022	CVSL Tri Meet
29.07	Y	F	25	Back	12/3/2022	CVSL Tri Meet

### Individual Top Times

Time	P/F/S	Event				
<b>Violet Danko (14) F</b>						
32.02	Y B	F	50	Free	10/22/2022	Trick or Treat Meet
1:10.94	Y	F	100	Free	3/3/2023	AD Silver Short Course Championships
2:42.15	Y	F	200	Free	3/3/2023	AD Silver Short Course Championships
38.92	Y	F	50	Back	12/11/2022	Sharks 12 & Under Mini Meet
1:21.50	Y	F	100	Back	3/3/2023	AD Silver Short Course Championships
41.20	Y	F	50	Breast	12/11/2022	Sharks 12 & Under Mini Meet
1:29.70	Y	F	100	Breast	3/3/2023	AD Silver Short Course Championships
39.90	Y	F	50	Fly	12/11/2022	Sharks 12 & Under Mini Meet
1:37.28	Y	F	100	Fly	3/3/2023	AD Silver Short Course Championships
1:22.63	Y	F	100	IM	10/22/2022	Trick or Treat Meet
3:00.48	Y	F	200	IM	3/3/2023	AD Silver Short Course Championships
<b>Daisy Dannemann (9) F</b>						
22.61	Y	F	25	Free	10/29/2022	Starfish Fall Spooktacular
47.45	Y	F	50	Free	3/3/2023	AD Silver Short Course Championships
25.60	Y	F	25	Back	3/3/2023	AD Silver Short Course Championships
27.88	Y	F	25	Breast	3/3/2023	AD Silver Short Course Championships
<b>Georgia Dansie (10) F</b>						
24.58	Y	F	25	Free	10/29/2022	Starfish Fall Spooktacular
50.64	Y	F	50	Free	3/3/2023	AD Silver Short Course Championships
25.88	Y	F	25	Back	10/29/2022	Starfish Fall Spooktacular
1:23.85	Y	F	50	Breast	2/4/2023	Delmar Dolphins Febuary Freeze
28.80	Y	F	25	Fly	1/29/2023	Stingray Splash
1:04.43	Y	F	50	Fly	3/3/2023	AD Silver Short Course Championships
2:21.36	Y	F	100	IM	2/4/2023	Delmar Dolphins Febuary Freeze
<b>Stella Dansie (14) F</b>						
34.39	Y	F	50	Free	3/3/2023	AD Silver Short Course Championships
1:17.14	Y	F	100	Free	3/3/2023	AD Silver Short Course Championships
7:44.93	Y	F	500	Free	12/18/2022	Piranha's December Distance Invite
38.49	Y	F	50	Back	3/3/2023	AD Silver Short Course Championships
51.03	Y	F	50	Breast	12/11/2022	Sharks 12 & Under Mini Meet
46.80	Y	F	50	Fly	2/4/2023	Delmar Dolphins Febuary Freeze
1:35.84	Y	F	100	IM	12/11/2022	Sharks 12 & Under Mini Meet
3:21.08	Y	F	200	IM	3/3/2023	AD Silver Short Course Championships
<b>Michael Dashiell (13) M</b>						
31.77	Y	F	50	Free	3/3/2023	AD Silver Short Course Championships
35.70	L	F	50	Free	7/1/2023	Niagara LSC LC Super Circuit Meet
1:09.35	Y	F	100	Free	12/11/2022	Sharks 12 & Under Mini Meet
2:43.60	Y	F	200	Free	10/22/2022	Trick or Treat Meet
7:12.56	Y	F	500	Free	1/14/2023	Chris Goody IMX Challenge
35.36	Y	F	50	Back	3/9/2023	Adirondack Gold Short Course Championships
1:15.93	Y	P	100	Back	3/9/2023	Adirondack Gold Short Course Championships
44.20	Y	F	50	Breast	12/11/2022	Sharks 12 & Under Mini Meet
47.25	L	F	50	Breast	7/1/2023	Niagara LSC LC Super Circuit Meet
1:36.41	Y	F	100	Breast	3/3/2023	AD Silver Short Course Championships
1:49.64	L	F	100	Breast	7/1/2023	Niagara LSC LC Super Circuit Meet
34.25	Y	P	50	Fly	3/9/2023	Adirondack Gold Short Course Championships
1:25.76	Y	F	100	Fly	1/14/2023	Chris Goody IMX Challenge
1:17.35	Y	P	100	IM	3/9/2023	Adirondack Gold Short Course Championships
2:52.20	Y	F	200	IM	3/3/2023	AD Silver Short Course Championships
<b>Silas D'Auria (14) M</b>						
41.06	Y	F	50	Free	12/11/2022	Sharks 12 & Under Mini Meet
44.90	Y	F	50	Back	12/11/2022	Sharks 12 & Under Mini Meet
<b>Haley Dayton (13) F</b>						
39.90	Y	F	50	Free	3/3/2023	AD Silver Short Course Championships
1:29.92	Y	F	100	Free	3/3/2023	AD Silver Short Course Championships
1:38.32	L	F	100	Free	7/7/2023	Hawks Summer Invitational 2023

SCHE-AD

HAWK-AD

SARY-AD

SARY-AD

SCHE-AD

WAVE-AD

USAM-AD

### Individual Top Times

Time	P/F/S	Event				
<b>Haley Dayton (13) F</b>						
1:38.89	S	F	100	Free	5/21/2023 2023 Starfish Meter Madness	
3:25.47	L	F	200	Free	7/7/2023 Hawks Summer Invitational 2023	
51.38	Y	F	50	Back	3/3/2023 AD Silver Short Course Championships	
1:50.11	Y	F	100	Back	3/3/2023 AD Silver Short Course Championships	
2:01.53	S	F	100	Back	5/21/2023 2023 Starfish Meter Madness	
2:05.75	L	F	100	Back	7/7/2023 Hawks Summer Invitational 2023	
54.10	L	F	50	Breast	7/7/2023 Hawks Summer Invitational 2023	
56.06	Y	F	50	Breast	2/4/2023 Delmar Dolphins Febuary Freeze	
1:57.44	Y	F	100	Breast	3/3/2023 AD Silver Short Course Championships	
2:06.86	S	F	100	Breast	5/21/2023 2023 Starfish Meter Madness	
2:11.47	L	F	100	Breast	7/7/2023 Hawks Summer Invitational 2023	
47.34	Y	F	50	Fly	3/3/2023 AD Silver Short Course Championships	
53.45	L	F	50	Fly	7/7/2023 Hawks Summer Invitational 2023	
1:53.90	Y	F	100	Fly	2/12/2023 Piranha's Pentathlon	
1:57.81	L	F	100	Fly	7/7/2023 Hawks Summer Invitational 2023	
2:02.30	S	F	100	Fly	5/21/2023 2023 Starfish Meter Madness	
1:53.55	Y	F	100	IM	2/4/2023 Delmar Dolphins Febuary Freeze	
1:56.06	S	F	100	IM	5/21/2023 2023 Starfish Meter Madness	
4:13.39	L	F	200	IM	7/7/2023 Hawks Summer Invitational 2023	
<b>USAM-AD</b>						
<b>Marcela De Tuya (17) F</b>						
51.68	Y	P	50	Free	1/6/2023 2023 Starfish Trophy Invitational	
1:58.42	Y	F	100	Free	2/4/2023 Delmar Dolphins Febuary Freeze	
4:15.02	Y	F	200	Free	11/12/2022 Fall frenzy	
2:35.39	Y	P	100	Back	1/6/2023 2023 Starfish Trophy Invitational	
<b>DELM-AD</b>						
<b>Grace Deal (15) F</b>						
29.03	Y	BB	F	50	Free	3/3/2023 AD Silver Short Course Championships
1:04.09	Y	B	F	100	Free	3/3/2023 AD Silver Short Course Championships
1:11.82	S	B	F	100	Free	5/21/2023 2023 Starfish Meter Madness
2:15.91	Y	BB	F	200	Free	3/3/2023 AD Silver Short Course Championships
6:05.56	Y	BB	F	500	Free	3/3/2023 AD Silver Short Course Championships
1:13.09	Y	B	F	100	Back	3/3/2023 AD Silver Short Course Championships
1:21.91	S	B	F	100	Back	5/21/2023 2023 Starfish Meter Madness
2:37.00	Y	B	F	200	Back	3/3/2023 AD Silver Short Course Championships
1:20.10	Y	B	P	100	Breast	3/9/2023 Adirondack Gold Short Course Championships
1:29.20	S	B	F	100	Breast	5/21/2023 2023 Starfish Meter Madness
2:51.68	Y	BB	F	200	Breast	3/9/2023 Adirondack Gold Short Course Championships
1:14.20	Y	B	F	100	Fly	3/3/2023 AD Silver Short Course Championships
1:20.38	S	B	F	100	Fly	5/21/2023 2023 Starfish Meter Madness
1:20.79	S	F	100	IM	5/21/2023 2023 Starfish Meter Madness	
2:35.02	Y	B	F	200	IM	3/3/2023 AD Silver Short Course Championships
<b>CLIN-AD</b>						
<b>Danielle DeCarlo (19) F</b>						
30.92	Y	F	50	Free	1/29/2023 Stingray Splash	
1:07.33	Y	F	100	Free	12/3/2022 2022 North Country Invitational	
2:11.53	Y	F	200	Free	3/3/2023 AD Silver Short Course Championships	
5:47.92	Y	F	500	Free	3/3/2023 AD Silver Short Course Championships	
1:11.26	Y	F	100	Back	12/3/2022 2022 North Country Invitational	
1:13.83	Y	F	100	Breast	12/3/2022 2022 North Country Invitational	
2:43.11	Y	P	200	Breast	3/9/2023 Adirondack Gold Short Course Championships	
1:04.99	Y	F	100	Fly	3/3/2023 AD Silver Short Course Championships	
2:25.01	Y	P	200	Fly	3/9/2023 Adirondack Gold Short Course Championships	
2:26.13	Y	F	200	IM	3/3/2023 AD Silver Short Course Championships	
5:02.93	Y	F	400	IM	3/3/2023 AD Silver Short Course Championships	
<b>NHA-AD</b>						
<b>Gabriel DeFoe (18) M</b>						
30.44	L	B	F	50	Free	7/7/2023 Hawks Summer Invitational 2023
2:41.22	L	F	200	Free	7/7/2023 Hawks Summer Invitational 2023	
1:29.75	L	F	100	Back	7/7/2023 Hawks Summer Invitational 2023	
<b>HAWK-AD</b>						

### Individual Top Times

Time	P/F/S	Event				
<b>Peyton Degenhart (13) F</b>						
35.76	Y	F	50	Free	1/29/2023	Stingray Splash
1:19.39	Y	F	100	Free	1/29/2023	Stingray Splash
43.10	Y	F	50	Back	2/4/2023	Delmar Dolphins Febuary Freeze
57.73	Y	F	50	Breast	1/29/2023	Stingray Splash
1:41.02	Y	F	100	IM	2/4/2023	Delmar Dolphins Febuary Freeze
<b>Makenna Deitz (18) F</b>						
27.68	Y	BB	50	Free	2/17/2023	2023 Region 1 Short Course Invitational
31.65	L	BB	50	Free	7/20/2023	2023 Adirondack Long Course Championships
59.29	Y	BB	100	Free	2/17/2023	2023 Region 1 Short Course Invitational
2:11.51	Y	BB	200	Free	3/3/2023	AD Silver Short Course Championships
2:41.05	L	B	200	Free	7/7/2023	Hawks Summer Invitational 2023
6:04.68	Y	BB	500	Free	12/18/2022	Piranha's December Distance Invite
34.82	Y	F	50	Back	1/14/2023	2023 PTAC Tiger Invitational
1:12.23	Y	B	100	Back	1/14/2023	2023 PTAC Tiger Invitational
1:22.99	L	B	100	Back	7/20/2023	2023 Adirondack Long Course Championships
2:31.24	Y	B	200	Back	3/3/2023	AD Silver Short Course Championships
34.26	Y	F	50	Breast	1/14/2023	2023 PTAC Tiger Invitational
1:11.64	Y	A	100	Breast	3/9/2023	Adirondack Gold Short Course Championships
2:39.86	Y	BB	200	Breast	3/9/2023	Adirondack Gold Short Course Championships
3:07.57	L	BB	200	Breast	7/20/2023	2023 Adirondack Long Course Championships
1:10.06	Y	F	100	IM	1/14/2023	2023 PTAC Tiger Invitational
2:28.51	Y	BB	200	IM	3/3/2023	AD Silver Short Course Championships
5:23.59	Y	BB	400	IM	3/3/2023	AD Silver Short Course Championships
6:17.02	L	B	400	IM	7/20/2023	2023 Adirondack Long Course Championships
<b>Charlize Delair (16) F</b>						
27.65	Y L	BB	50	Free	3/9/2023	Adirondack Gold Short Course Championships
32.26	L	BB	50	Free	7/20/2023	2023 Adirondack Long Course Championships
1:00.64	Y	BB	100	Free	2/17/2023	2023 Region 1 Short Course Invitational
1:12.58	L	BB	100	Free	6/17/2023	2023 Sail Away on the RIAC Ferry
2:11.36	Y	BB	200	Free	11/3/2022	Girls Sec II Division I Championships
2:42.09	L	B	200	Free	7/7/2023	Hawks Summer Invitational 2023
6:01.80	Y	BB	500	Free	1/14/2023	Chris Goody IMX Challenge
1:08.34	Y	BB	100	Back	2/17/2023	2023 Region 1 Short Course Invitational
2:36.96	Y	B	200	Back	1/14/2023	Chris Goody IMX Challenge
1:21.70	Y	B	100	Breast	3/3/2023	AD Silver Short Course Championships
2:47.12	Y	BB	200	Breast	3/9/2023	Adirondack Gold Short Course Championships
3:21.02	L	B	200	Breast	7/20/2023	2023 Adirondack Long Course Championships
1:06.64	Y	BB	100	Fly	11/3/2022	Girls Sec II Division I Championships
1:18.43	L	BB	100	Fly	7/20/2023	2023 Adirondack Long Course Championships
2:38.14	Y	B	200	Fly	1/14/2023	Chris Goody IMX Challenge
2:57.19	L	B	200	Fly	7/20/2023	2023 Adirondack Long Course Championships
2:29.55	Y	BB	200	IM	2/17/2023	2023 Region 1 Short Course Invitational
2:59.02	L	B	200	IM	6/17/2023	2023 Sail Away on the RIAC Ferry
5:25.63	Y	BB	400	IM	1/14/2023	Chris Goody IMX Challenge
<b>Fara Delardi (12) F</b>						
55.90	Y	F	50	Free	10/29/2022	Starfish Fall Spooktacular
<b>Giuliana DelBalso (12) F</b>						
33.52	Y	B	50	Free	2/4/2023	Delmar Dolphins Febuary Freeze
1:19.23	Y	F	100	Free	3/3/2023	AD Silver Short Course Championships
3:03.56	Y	F	200	Free	10/22/2022	Trick or Treat Meet
39.73	Y	F	50	Back	3/3/2023	AD Silver Short Course Championships
1:26.59	Y	F	100	Back	3/3/2023	AD Silver Short Course Championships
45.87	Y	F	50	Breast	3/3/2023	AD Silver Short Course Championships
41.87	Y	F	50	Fly	1/29/2023	Stingray Splash
1:26.33	Y	F	100	IM	3/3/2023	AD Silver Short Course Championships
3:09.77	Y	F	200	IM	3/3/2023	AD Silver Short Course Championships

SARY-AD

ALBS-AD

BFIN-AD

KING-AD

SCHE-AD

### Individual Top Times

Time	P/F/S	Event				
<b>Madelyn DelGuercio (15) F</b> <span style="float: right;"><b>SCHE-AD</b></span>						
28.49	Y BB	P	50	Free	2/17/2023	2023 Region 1 Short Course Invitational
1:02.93	Y BB	F	100	Free	3/3/2023	AD Silver Short Course Championships
2:18.70	Y B	F	200	Free	3/3/2023	AD Silver Short Course Championships
6:13.44	Y B	F	500	Free	3/3/2023	AD Silver Short Course Championships
35.15	Y L	F	50	Back	10/22/2022	Trick or Treat Meet
1:06.75	Y BB	P	100	Back	3/9/2023	Adirondack Gold Short Course Championships
2:27.47	Y BB	P	200	Back	3/9/2023	Adirondack Gold Short Course Championships
1:33.25	Y	F	100	Breast	3/3/2023	AD Silver Short Course Championships
3:22.67	Y	F	200	Breast	1/14/2023	Chris Goody IMX Challenge
1:14.54	Y B	F	100	Fly	3/3/2023	AD Silver Short Course Championships
2:55.03	Y	F	200	Fly	1/14/2023	Chris Goody IMX Challenge
1:17.03	Y	F	100	IM	10/22/2022	Trick or Treat Meet
2:38.84	Y B	F	200	IM	3/3/2023	AD Silver Short Course Championships
5:45.96	Y B	F	400	IM	1/14/2023	Chris Goody IMX Challenge
<b>Braiden DelMedico (19) M</b> <span style="float: right;"><b>NHA-AD</b></span>						
24.57	Y	P	50	Free	3/9/2023	Adirondack Gold Short Course Championships
53.84	Y	P	100	Free	3/9/2023	Adirondack Gold Short Course Championships
1:58.04	Y	F	200	Free	3/3/2023	AD Silver Short Course Championships
30.39	Y L	F	50	Back	3/9/2023	Adirondack Gold Short Course Championships
1:05.40	Y	F	100	Back	3/3/2023	AD Silver Short Course Championships
<b>October DeMartino (8) F</b> <span style="float: right;"><b>SCHE-AD</b></span>						
28.51	Y	F	25	Free	3/3/2023	AD Silver Short Course Championships
1:18.70	Y	F	50	Free	6/11/2023	Piranhas Summer Kick-Off Meet
36.56	Y	F	25	Back	1/14/2023	Canajoharie Developmental Meet
1:11.20	Y	F	50	Back	6/11/2023	Piranhas Summer Kick-Off Meet
<b>Genevieve Demma (10) F</b> <span style="float: right;"><b>CLRK-AD</b></span>						
49.67	Y	F	50	Free	2/26/2023	CVSL Championships
1:56.04	Y	F	100	Free	11/5/2022	First Splash
4:09.75	Y	F	200	Free	1/22/2023	Mile Madness
57.52	Y	F	50	Back	3/3/2023	AD Silver Short Course Championships
1:10.36	Y	F	50	Breast	2/26/2023	CVSL Championships
<b>Heather Depew (16) F</b> <span style="float: right;"><b>UN-AD</b></span>						
30.35	Y L B	F	50	Free	10/8/2022	Shenendehowa Girls Invitational
1:03.79	Y BB	P	100	Free	11/3/2022	Girls Sec II Division I Championships
2:21.53	Y B	F	200	Free	10/8/2022	Shenendehowa Girls Invitational
6:15.28	Y B	P	500	Free	11/3/2022	Girls Sec II Division I Championships
<b>Isaac Deyrup (12) M</b> <span style="float: right;"><b>SCHE-AD</b></span>						
31.92	Y B	F	50	Free	6/11/2023	Piranhas Summer Kick-Off Meet
35.06	L B	F	50	Free	7/20/2023	2023 Adirondack Long Course Championships
1:15.30	Y	F	100	Free	3/3/2023	AD Silver Short Course Championships
1:20.01	L B	F	100	Free	7/20/2023	2023 Adirondack Long Course Championships
7:20.39	Y	F	500	Free	1/14/2023	Chris Goody IMX Challenge
40.23	Y	F	50	Back	3/3/2023	AD Silver Short Course Championships
42.82	L B	F	50	Back	7/20/2023	2023 Adirondack Long Course Championships
1:30.96	Y	F	100	Back	1/14/2023	Chris Goody IMX Challenge
43.49	Y	F	50	Breast	6/11/2023	Piranhas Summer Kick-Off Meet
48.33	L B	F	50	Breast	7/20/2023	2023 Adirondack Long Course Championships
1:36.38	Y	F	100	Breast	3/3/2023	AD Silver Short Course Championships
1:45.40	L B	F	100	Breast	7/20/2023	2023 Adirondack Long Course Championships
37.42	Y	F	50	Fly	6/11/2023	Piranhas Summer Kick-Off Meet
40.92	L B	F	50	Fly	7/20/2023	2023 Adirondack Long Course Championships
1:34.21	L	F	100	Fly	7/20/2023	2023 Adirondack Long Course Championships
1:39.94	Y	F	100	Fly	1/14/2023	Chris Goody IMX Challenge
1:19.05	Y B	F	100	IM	6/11/2023	Piranhas Summer Kick-Off Meet
3:07.46	Y	F	200	IM	1/14/2023	Chris Goody IMX Challenge
<b>Alyssa Dheeradhada (16) F</b> <span style="float: right;"><b>ALBS-AD</b></span>						

### Individual Top Times

Time	P/F/S	Event	
<b>Alyssa Dheeradhada (16) F</b>			
27.27	Y BB F	50 Free	3/3/2023 AD Silver Short Course Championships
58.99	Y L A F	100 Free	3/9/2023 Adirondack Gold Short Course Championships
2:08.11	Y BB F	200 Free	10/15/2022 Colonial Council Invitational
5:38.20	Y A F	500 Free	3/3/2023 AD Silver Short Course Championships
1:08.39	Y BB F	100 Back	3/3/2023 AD Silver Short Course Championships
1:22.52	Y B F	100 Breast	10/29/2022 Starfish Fall Spooktacular
1:04.86	Y BB P	100 Fly	3/9/2023 Adirondack Gold Short Course Championships
2:29.61	Y BB F	200 IM	11/3/2022 Girls Sec II Division II Championships
<b>Arya Dheeradhada (14) F</b>			
27.30	Y A F	50 Free	10/29/2022 Starfish Fall Spooktacular
1:00.12	Y A P	100 Free	3/9/2023 Adirondack Gold Short Course Championships
1:10.27	S BB F	100 Free	5/21/2023 2023 Starfish Meter Madness
2:10.56	Y BB F	200 Free	3/3/2023 AD Silver Short Course Championships
5:47.29	Y A F	500 Free	3/3/2023 AD Silver Short Course Championships
30.58	Y L F	50 Back	3/9/2023 Adirondack Gold Short Course Championships
1:05.01	Y A P	100 Back	3/9/2023 Adirondack Gold Short Course Championships
1:15.93	S BB F	100 Back	5/21/2023 2023 Starfish Meter Madness
1:24.15	Y B F	100 Breast	3/3/2023 AD Silver Short Course Championships
1:32.64	S B F	100 Breast	5/21/2023 2023 Starfish Meter Madness
31.62	Y F	50 Fly	10/22/2022 Trick or Treat Meet
1:10.46	Y BB F	100 Fly	11/12/2022 Fall frenzy
1:20.62	S B F	100 Fly	5/21/2023 2023 Starfish Meter Madness
1:19.12	S F	100 IM	5/21/2023 2023 Starfish Meter Madness
2:29.57	Y BB F	200 IM	6/11/2023 Piranhas Summer Kick-Off Meet
<b>Luka Di Fabio (16) M</b>			
26.10	Y BB F	50 Free	10/22/2022 Trick or Treat Meet
57.53	L L F	50 Free	7/20/2023 2023 Adirondack Long Course Championships
1:52.68	Y L A F	200 Free	2/17/2023 2023 Region 1 Short Course Invitational
2:09.68	L A F	200 Free	7/7/2023 Hawks Summer Invitational 2023
4:29.37	L AA F	400 Free	7/20/2023 2023 Adirondack Long Course Championships
4:57.16	Y AA F	500 Free	2/16/2023 Boys Section 2 Division 1 Championships
18:17.24	L A F	1500 Free	7/7/2023 Hawks Summer Invitational 2023
28.13	Y L F	50 Back	2/16/2023 Boys Section 2 Division 1 Championships
1:01.14	Y BB P	100 Back	2/17/2023 2023 Region 1 Short Course Invitational
1:11.57	L L BB F	100 Back	7/20/2023 2023 Adirondack Long Course Championships
1:12.77	Y B F	100 Breast	10/22/2022 Trick or Treat Meet
2:24.97	Y BB F	200 Breast	2/17/2023 2023 Region 1 Short Course Invitational
2:44.93	L A F	200 Breast	7/7/2023 Hawks Summer Invitational 2023
1:02.64	Y BB F	100 Fly	10/22/2022 Trick or Treat Meet
2:04.40	Y AA F	200 IM	2/16/2023 Boys Section 2 Division 1 Championships
5:10.73	L A F	400 IM	7/7/2023 Hawks Summer Invitational 2023
<b>Joseph Di Visconti (10) M</b>			
29.32	Y F	25 Free	12/3/2022 CVSL Tri Meet
1:03.19	Y F	50 Free	2/4/2023 Delmar Dolphins Febuary Freeze
33.72	Y F	25 Back	1/14/2023 Canajoharie Developmental Meet
1:06.78	Y F	50 Back	2/4/2023 Delmar Dolphins Febuary Freeze
<b>Emma Dicesare (13) F</b>			
44.09	Y F	50 Free	6/11/2023 Piranhas Summer Kick-Off Meet
47.27	L F	50 Free	7/7/2023 Hawks Summer Invitational 2023
1:37.77	Y F	100 Back	6/11/2023 Piranhas Summer Kick-Off Meet
1:54.13	L F	100 Back	7/7/2023 Hawks Summer Invitational 2023
<b>Marin DiDonna (15) F</b>			
27.95	Y BB F	50 Free	3/3/2023 AD Silver Short Course Championships
33.63	L BB F	50 Free	7/7/2023 Hawks Summer Invitational 2023
1:03.07	Y BB F	100 Free	3/3/2023 AD Silver Short Course Championships
2:17.44	Y BB F	200 Free	3/3/2023 AD Silver Short Course Championships

ALBS-AD

ALBS-AD

CPP-AD

CANA-AD

BFIN-AD

HAWK-AD

### Individual Top Times

Time	P/F/S	Event	
<b>Marin DiDonna (15) F</b>			<b>HAWK-AD</b>
1:12.76 Y B	F	100 Back	3/3/2023 AD Silver Short Course Championships
1:35.85 Y	F	100 Breast	2/12/2023 Piranha's Pentathlon
1:16.06 Y	F	100 Fly	3/3/2023 AD Silver Short Course Championships
2:56.46 Y	F	200 IM	2/12/2023 Piranha's Pentathlon
<b>Jackson Dinan (14) M</b>			<b>NTS-AD</b>
29.90 Y	F	50 Free	3/3/2023 AD Silver Short Course Championships
1:06.32 Y	F	100 Free	3/3/2023 AD Silver Short Course Championships
2:29.62 Y	F	200 Free	12/3/2022 2022 North Country Invitational
7:15.68 Y	F	500 Free	12/3/2022 2022 North Country Invitational
40.66 Y	F	50 Back	10/23/2022 2022 Swimtober
1:25.12 Y	F	100 Back	12/3/2022 2022 North Country Invitational
3:03.77 Y	F	200 Back	12/3/2022 2022 North Country Invitational
3:01.32 Y	F	200 IM	12/3/2022 2022 North Country Invitational
<b>Spencer Dingwall (16) M</b>			<b>CPP-AD</b>
26.15 Y BB	F	50 Free	3/3/2023 AD Silver Short Course Championships
57.82 Y BB	F	100 Free	2/12/2023 Piranha's Pentathlon
2:16.78 Y	F	200 Free	3/3/2023 AD Silver Short Course Championships
1:12.67 Y	F	100 Back	3/3/2023 AD Silver Short Course Championships
1:21.86 Y	F	100 Breast	3/3/2023 AD Silver Short Course Championships
1:03.95 Y B	F	100 Fly	3/3/2023 AD Silver Short Course Championships
2:31.91 Y	F	200 IM	3/3/2023 AD Silver Short Course Championships
<b>Eleanora Dinsmore (7) F</b>			<b>HAWK-AD</b>
1:28.83 L	F	50 Free	7/7/2023 Hawks Summer Invitational 2023
<b>Maximus DiPonio (12) M</b>			<b>HAWK-AD</b>
37.43 Y	F	50 Free	3/3/2023 AD Silver Short Course Championships
1:31.04 Y	F	100 Free	3/3/2023 AD Silver Short Course Championships
54.44 Y	F	50 Back	3/3/2023 AD Silver Short Course Championships
<b>Ernest Dmitriev (10) M</b>			<b>USAM-AD</b>
24.42 Y	F	25 Free	12/11/2022 Sharks 12 & Under Mini Meet
44.32 Y	F	50 Free	3/3/2023 AD Silver Short Course Championships
27.07 Y	F	25 Back	12/11/2022 Sharks 12 & Under Mini Meet
56.94 Y	F	50 Back	2/4/2023 Delmar Dolphins Febuary Freeze
<b>Brianna Dollar (14) F</b>			<b>SCHE-AD</b>
36.77 Y	F	50 Free	11/12/2022 Fall frenzy
3:02.34 Y	F	200 Free	11/12/2022 Fall frenzy
3:27.41 Y	F	200 Back	11/12/2022 Fall frenzy
2:44.38 Y B	F	200 IM	11/12/2022 Fall frenzy
<b>Alexina Dolmetsch (14) F</b>			<b>BENN-AD</b>
27.22 Y A	P	50 Free	3/9/2023 Adirondack Gold Short Course Championships
57.89 Y AA	F	100 Free	3/9/2023 Adirondack Gold Short Course Championships
2:09.11 Y A	F	200 Free	3/3/2023 AD Silver Short Course Championships
5:51.96 Y BB	F	500 Free	3/3/2023 AD Silver Short Course Championships
1:07.67 Y BB	F	100 Back	3/3/2023 AD Silver Short Course Championships
2:36.54 Y B	F	200 Back	3/3/2023 AD Silver Short Course Championships
1:30.25 Y	F	100 Breast	1/29/2023 Stingray Splash
1:18.17 Y	F	100 Fly	3/3/2023 AD Silver Short Course Championships
2:34.56 Y BB	F	200 IM	3/3/2023 AD Silver Short Course Championships
<b>Charlee Domitrovits (18) F</b>			<b>HAWK-AD</b>
28.56 Y BB	F	50 Free	3/3/2023 AD Silver Short Course Championships
1:01.89 Y BB	F	100 Free	3/3/2023 AD Silver Short Course Championships
33.41 Y L	F	50 Back	1/6/2023 2023 Starfish Trophy Invitational
1:08.25 Y BB	F	100 Back	3/3/2023 AD Silver Short Course Championships
2:26.26 Y BB	F	200 Back	3/3/2023 AD Silver Short Course Championships
<b>Emma Domitrovits (14) F</b>			<b>HAWK-AD</b>
31.02 Y B	F	50 Free	3/3/2023 AD Silver Short Course Championships
35.35 L B	F	50 Free	7/7/2023 Hawks Summer Invitational 2023

### Individual Top Times

Time	P/F/S	Event	
<b>Emma Domitrovits (14) F</b>			<b>HAWK-AD</b>
1:09.12 Y B F	100 Free	3/3/2023	AD Silver Short Course Championships
2:32.07 Y B P	200 Free	1/6/2023	2023 Starfish Trophy Invitational
32.37 Y L F	50 Back	3/9/2023	Adirondack Gold Short Course Championships
1:08.64 Y BB P	100 Back	3/9/2023	Adirondack Gold Short Course Championships
1:25.23 L B F	100 Back	7/7/2023	Hawks Summer Invitational 2023
2:30.21 Y BB P	200 Back	3/9/2023	Adirondack Gold Short Course Championships
3:12.49 L F	200 Back	7/7/2023	Hawks Summer Invitational 2023
1:30.56 Y F	100 Breast	3/3/2023	AD Silver Short Course Championships
2:43.51 Y B F	200 IM	3/3/2023	AD Silver Short Course Championships
<b>Alexandra Donato (13) F</b>			<b>SCHE-AD</b>
40.00 Y F	50 Free	10/22/2022	Trick or Treat Meet
1:32.34 Y F	100 Free	3/3/2023	AD Silver Short Course Championships
48.21 Y F	50 Back	1/29/2023	Stingray Splash
1:50.08 Y F	100 Back	11/12/2022	Fall frenzy
52.51 Y F	50 Breast	10/22/2022	Trick or Treat Meet
1:48.66 Y F	100 Breast	11/12/2022	Fall frenzy
48.27 Y F	50 Fly	1/29/2023	Stingray Splash
3:58.06 Y F	200 IM	11/12/2022	Fall frenzy
<b>Gautam Donepudi (16) M</b>			<b>DELM-AD</b>
41.22 Y F	50 Free	11/12/2022	Fall frenzy
47.16 L F	50 Free	7/7/2023	Hawks Summer Invitational 2023
1:26.98 Y F	100 Free	3/3/2023	AD Silver Short Course Championships
1:42.52 L F	100 Free	5/20/2023	2023 NE NSSC May Springfield
3:19.56 Y F	200 Free	3/3/2023	AD Silver Short Course Championships
1:43.86 Y F	100 Back	3/3/2023	AD Silver Short Course Championships
2:00.96 L F	100 Back	7/7/2023	Hawks Summer Invitational 2023
1:55.94 Y F	100 Breast	10/22/2022	Trick or Treat Meet
2:28.46 L F	100 Breast	5/20/2023	2023 NE NSSC May Springfield
2:44.35 L F	100 Fly	5/20/2023	2023 NE NSSC May Springfield
<b>Caleb Doney (16) M</b>			<b>CPP-AD</b>
29.65 Y P	50 Free	11/18/2022	2022 NE NSSC Nov 18-20 WPI T/F
34.76 L F	50 Free	6/24/2023	2023 NE NSSC June Springfield
1:05.34 Y P	100 Free	11/18/2022	2022 NE NSSC Nov 18-20 WPI T/F
2:28.63 Y P	200 Free	11/18/2022	2022 NE NSSC Nov 18-20 WPI T/F
2:49.32 L F	200 Free	6/24/2023	2023 NE NSSC June Springfield
1:14.21 Y F	100 Back	1/7/2023	Schenectady Invitational
1:32.38 L F	100 Back	6/24/2023	2023 NE NSSC June Springfield
2:46.72 Y F	200 Back	12/18/2022	Piranha's December Distance Invite
3:09.47 L F	200 Back	6/24/2023	2023 NE NSSC June Springfield
1:30.03 Y F	100 Breast	10/22/2022	Trick or Treat Meet
1:38.12 L F	100 Breast	6/24/2023	2023 NE NSSC June Springfield
1:08.94 Y P	100 Fly	2/16/2023	Boys Section 2 Division 1 Championships
1:26.55 L F	100 Fly	7/7/2023	Hawks Summer Invitational 2023
2:30.69 Y B P	200 IM	2/16/2023	Boys Section 2 Division 1 Championships
5:47.56 Y F	400 IM	1/14/2023	Chris Goody IMX Challenge
<b>Colin Doney (12) M</b>			<b>DELM-AD</b>
44.95 Y F	50 Free	6/11/2023	Piranhas Summer Kick-Off Meet
49.54 L F	50 Free	6/24/2023	2023 NE NSSC June Springfield
1:49.87 L F	100 Free	6/24/2023	2023 NE NSSC June Springfield
3:52.24 L F	200 Free	6/24/2023	2023 NE NSSC June Springfield
55.59 Y F	50 Back	6/11/2023	Piranhas Summer Kick-Off Meet
1:03.87 L F	50 Back	6/24/2023	2023 NE NSSC June Springfield
2:10.47 L F	100 Back	6/24/2023	2023 NE NSSC June Springfield
1:03.38 Y F	50 Breast	6/11/2023	Piranhas Summer Kick-Off Meet
1:05.18 L F	50 Breast	6/24/2023	2023 NE NSSC June Springfield
2:22.01 L F	100 Breast	7/7/2023	Hawks Summer Invitational 2023



### Individual Top Times

Time	P/F/S	Event					
<b>Colin Doney (12) M</b>							
1:07.67	Y	F	50	Fly	6/11/2023	Piranhas Summer Kick-Off Meet	
1:16.64	L	F	50	Fly	7/7/2023	Hawks Summer Invitational 2023	
4:55.39	L	F	200	IM	6/24/2023	2023 NE NSSC June Springfield	
<b>Leanah-Mae Donnaruma (10) F</b>							
44.06	Y	F	50	Free	3/3/2023	AD Silver Short Course Championships	
1:38.24	Y	F	100	Free	6/11/2023	Piranhas Summer Kick-Off Meet	
50.94	Y	F	50	Back	6/11/2023	Piranhas Summer Kick-Off Meet	
1:00.54	Y	F	50	Breast	6/11/2023	Piranhas Summer Kick-Off Meet	
1:51.25	Y	F	100	IM	6/11/2023	Piranhas Summer Kick-Off Meet	
<b>Sophia Donofrio (15) F</b>							
29.34	Y	BB	F	50	Free	3/3/2023	AD Silver Short Course Championships
1:03.45	Y	BB	F	100	Free	10/8/2022	Shenendehowa Girls Invitational
2:15.67	Y	BB	F	200	Free	3/3/2023	AD Silver Short Course Championships
32.95	Y	L	F	50	Back	3/9/2023	Adirondack Gold Short Course Championships
1:09.64	Y	B	P	100	Back	3/9/2023	Adirondack Gold Short Course Championships
2:27.16	Y	BB	P	200	Back	3/9/2023	Adirondack Gold Short Course Championships
1:29.12	Y		F	100	Breast	3/3/2023	AD Silver Short Course Championships
3:22.09	Y		F	200	Breast	12/18/2022	Piranha's December Distance Invite
1:21.74	Y		F	100	Fly	3/3/2023	AD Silver Short Course Championships
2:45.61	Y	B	F	200	IM	3/3/2023	AD Silver Short Course Championships
5:54.26	Y	B	F	400	IM	1/14/2023	Chris Goody IMX Challenge
<b>Haley Donohue (15) F</b>							
1:33.18	Y		F	100	Free	2/4/2023	Delmar Dolphins Febuary Freeze
1:42.23	Y		F	100	Back	2/4/2023	Delmar Dolphins Febuary Freeze
<b>Marshall Dorsey (10) M</b>							
38.90	Y		F	50	Free	3/3/2023	AD Silver Short Course Championships
1:27.43	Y	B	F	100	Free	3/3/2023	AD Silver Short Course Championships
3:14.99	Y		F	200	Free	3/3/2023	AD Silver Short Course Championships
50.29	Y		F	50	Back	3/3/2023	AD Silver Short Course Championships
1:04.06	Y		F	50	Breast	1/6/2023	2023 Starfish Trophy Invitational
57.16	Y		F	50	Fly	3/3/2023	AD Silver Short Course Championships
<b>Laila Douglass (10) F</b>							
50.32	Y		F	50	Free	2/26/2023	CVSL Championships
2:04.92	Y		F	100	Free	1/29/2023	Stingray Splash
54.76	Y		F	50	Back	2/4/2023	Delmar Dolphins Febuary Freeze
1:13.77	Y		F	50	Breast	2/4/2023	Delmar Dolphins Febuary Freeze
1:19.16	Y		F	50	Fly	1/14/2023	Canajoharie Developmental Meet
2:18.57	Y		F	100	IM	3/3/2023	AD Silver Short Course Championships
<b>Madelynn Drake (16) F</b>							
33.18	Y		F	50	Free	3/3/2023	AD Silver Short Course Championships
1:09.19	Y		F	100	Free	3/3/2023	AD Silver Short Course Championships
1:24.54	L		F	100	Free	7/1/2023	Niagara LSC LC Super Circuit Meet
2:33.11	Y		F	200	Free	3/3/2023	AD Silver Short Course Championships
3:08.02	L		F	200	Free	7/1/2023	Niagara LSC LC Super Circuit Meet
7:18.71	Y		F	500	Free	12/3/2022	2022 North Country Invitational
42.42	Y	L	F	50	Back	12/3/2022	2022 North Country Invitational
1:22.83	Y		F	100	Back	3/3/2023	AD Silver Short Course Championships
1:40.56	L		F	100	Back	7/1/2023	Niagara LSC LC Super Circuit Meet
2:51.57	Y		F	200	Back	3/3/2023	AD Silver Short Course Championships
1:36.59	Y		F	100	Breast	12/3/2022	2022 North Country Invitational
<b>Lucille Driscoll (16) F</b>							
1:06.63	Y	B	F	100	Free	1/22/2023	2023 NE UVAC CVI Invitational
2:27.11	Y	B	F	200	Free	1/22/2023	2023 NE UVAC CVI Invitational
<b>Reagan Druzynski (7) F</b>							
36.64	Y		F	25	Free	1/14/2023	Canajoharie Developmental Meet
36.49	Y		F	25	Back	1/14/2023	Canajoharie Developmental Meet

DELM-AD

DELM-AD

CPP-AD

ALBS-AD

ALBS-AD

CANA-AD

NHA-AD

BENN-AD

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### Individual Top Times

Time	P/F/S	Event				
<b>Riley Druzynski (11) F</b>						
43.93	Y	F	50	Free	1/14/2023	Canajoharie Developmental Meet
1:38.01	Y	F	100	Free	6/11/2023	Piranhas Summer Kick-Off Meet
46.89	Y	F	50	Back	3/3/2023	AD Silver Short Course Championships
1:00.38	Y	F	50	Breast	6/11/2023	Piranhas Summer Kick-Off Meet
1:52.20	Y	F	100	IM	3/3/2023	AD Silver Short Course Championships
<b>Angelica Dugan (16) F</b>						
35.14	Y	F	50	Free	11/12/2022	Fall frenzy
1:23.11	Y	F	100	Free	3/3/2023	AD Silver Short Course Championships
2:57.79	Y	F	200	Free	3/3/2023	AD Silver Short Course Championships
8:04.86	Y	F	500	Free	1/14/2023	Chris Goody IMX Challenge
1:41.51	Y	F	100	Back	3/3/2023	AD Silver Short Course Championships
3:29.59	Y	F	200	Back	1/14/2023	Chris Goody IMX Challenge
1:42.62	Y	F	100	Breast	3/3/2023	AD Silver Short Course Championships
3:48.57	Y	F	200	Breast	1/14/2023	Chris Goody IMX Challenge
3:22.76	Y	F	200	IM	1/14/2023	Chris Goody IMX Challenge
7:13.41	Y	F	400	IM	1/14/2023	Chris Goody IMX Challenge
<b>Christianna Dugan (13) F</b>						
42.93	Y	F	50	Free	3/3/2023	AD Silver Short Course Championships
1:38.02	Y	F	100	Free	1/14/2023	Canajoharie Developmental Meet
1:52.03	S	F	100	Free	5/21/2023	2023 Starfish Meter Madness
52.63	Y	F	50	Back	1/29/2023	Stingray Splash
2:02.33	S	F	100	Back	5/21/2023	2023 Starfish Meter Madness
47.15	Y	F	50	Breast	3/3/2023	AD Silver Short Course Championships
1:59.82	S	F	100	Breast	5/21/2023	2023 Starfish Meter Madness
53.19	Y	F	50	Fly	3/3/2023	AD Silver Short Course Championships
2:05.45	S	F	100	IM	5/21/2023	2023 Starfish Meter Madness
<b>Michael Dugan (10) M</b>						
1:09.37	Y	F	50	Free	1/14/2023	Canajoharie Developmental Meet
1:19.16	S	F	50	Free	5/21/2023	2023 Starfish Meter Madness
1:27.20	S	F	50	Back	5/21/2023	2023 Starfish Meter Madness
1:32.76	Y	F	50	Back	1/14/2023	Canajoharie Developmental Meet
<b>Lola Dumblewski (14) F</b>						
27.09	Y	A	50	Free	12/1/2022	2022 STAR Short Course Invitational
30.46	L	AA	50	Free	7/20/2023	2023 Adirondack Long Course Championships
57.22	Y	AA	100	Free	3/9/2023	Adirondack Gold Short Course Championships
1:04.36	L	AA	100	Free	7/20/2023	2023 Adirondack Long Course Championships
2:02.35	Y	AA	200	Free	3/9/2023	Adirondack Gold Short Course Championships
2:14.61	L	AAA	200	Free	8/2/2023	2023 Summer Elite Showcase
4:41.25	L	AAA	400	Free	8/2/2023	2023 Summer Elite Showcase
5:26.53	Y	AA	500	Free	3/9/2023	Adirondack Gold Short Course Championships
11:11.53	Y	AA	1000	Free	2/17/2023	2023 Region 1 Short Course Invitational
18:41.47	L	AAA	1500	Free	8/2/2023	2023 Summer Elite Showcase
31.86	Y	F	50	Back	12/1/2022	2022 STAR Short Course Invitational
1:09.85	Y	BB	100	Back	1/14/2023	Chris Goody IMX Challenge
2:52.83	L	BB	200	Back	7/1/2023	Niagara LSC LC Super Circuit Meet
33.83	Y	F	50	Breast	3/9/2023	Adirondack Gold Short Course Championships
1:14.25	Y	A	100	Breast	3/9/2023	Adirondack Gold Short Course Championships
1:25.91	L	A	100	Breast	6/10/2023	2023 MR LIAC Summertime Classic Invitational
2:40.09	Y	A	200	Breast	3/9/2023	Adirondack Gold Short Course Championships
2:55.33	L	AA	200	Breast	8/2/2023	2023 Summer Elite Showcase
30.64	Y	F	50	Fly	2/4/2023	Delmar Dolphins Febuary Freeze
34.55	L	F	50	Fly	7/1/2023	Niagara LSC LC Super Circuit Meet
1:08.88	Y	BB	100	Fly	12/1/2022	2022 STAR Short Course Invitational
2:36.66	Y	BB	200	Fly	2/17/2023	2023 Region 1 Short Course Invitational
1:05.68	Y	F	100	IM	3/9/2023	Adirondack Gold Short Course Championships
2:19.83	Y	A	200	IM	3/9/2023	Adirondack Gold Short Course Championships

SCHE-AD

SCHE-AD

SCHE-AD

SCHE-AD

SCHE-AD

### Individual Top Times

Time	P/F/S	Event				
<b>Lola Dumblewski (14) F</b>						
2:36.67	L AA	F	200	IM	8/2/2023	2023 Summer Elite Showcase
4:58.58	Y AA	F	400	IM	2/17/2023	2023 Region 1 Short Course Invitational
5:33.89	L AA	F	400	IM	8/2/2023	2023 Summer Elite Showcase
<b>Georgia Dunbar (14) F</b>						
28.13	Y BB	P	50	Free	3/9/2023	Adirondack Gold Short Course Championships
1:00.66	Y L BB	F	100	Free	3/9/2023	Adirondack Gold Short Course Championships
1:09.81	S BB	F	100	Free	5/21/2023	2023 Starfish Meter Madness
2:06.83	Y A	F	200	Free	3/9/2023	Adirondack Gold Short Course Championships
2:28.19	L A	F	200	Free	7/7/2023	Hawks Summer Invitational 2023
5:37.22	Y A	F	500	Free	3/9/2023	Adirondack Gold Short Course Championships
1:11.43	Y B	F	100	Back	3/3/2023	AD Silver Short Course Championships
1:20.86	S B	F	100	Back	5/21/2023	2023 Starfish Meter Madness
2:26.11	Y BB	F	200	Back	3/9/2023	Adirondack Gold Short Course Championships
2:53.46	L BB	F	200	Back	7/7/2023	Hawks Summer Invitational 2023
1:21.70	Y B	F	100	Breast	3/3/2023	AD Silver Short Course Championships
1:37.94	S B	F	100	Breast	5/21/2023	2023 Starfish Meter Madness
2:56.44	Y BB	P	200	Breast	3/9/2023	Adirondack Gold Short Course Championships
1:12.10	Y B	F	100	Fly	3/3/2023	AD Silver Short Course Championships
1:21.08	S B	F	100	Fly	5/21/2023	2023 Starfish Meter Madness
1:21.39	L B	F	100	Fly	7/7/2023	Hawks Summer Invitational 2023
2:41.30	Y B	F	200	Fly	1/14/2023	Chris Goody IMX Challenge
1:21.50	S	F	100	IM	5/21/2023	2023 Starfish Meter Madness
2:28.11	Y BB	F	200	IM	3/3/2023	AD Silver Short Course Championships
5:15.68	Y BB	F	400	IM	3/3/2023	AD Silver Short Course Championships
<b>May Dunbar (14) F</b>						
29.16	Y BB	F	50	Free	6/11/2023	Piranhas Summer Kick-Off Meet
1:02.63	Y BB	F	100	Free	3/3/2023	AD Silver Short Course Championships
1:14.10	S B	F	100	Free	5/21/2023	2023 Starfish Meter Madness
2:18.19	Y BB	F	200	Free	3/3/2023	AD Silver Short Course Championships
2:45.87	L B	F	200	Free	7/7/2023	Hawks Summer Invitational 2023
6:10.89	Y BB	F	500	Free	10/22/2022	Trick or Treat Meet
1:17.96	Y	F	100	Back	2/4/2023	Delmar Dolphins Febuary Freeze
1:24.50	S B	F	100	Back	5/21/2023	2023 Starfish Meter Madness
2:43.66	Y B	F	200	Back	3/3/2023	AD Silver Short Course Championships
1:20.19	Y BB	P	100	Breast	3/9/2023	Adirondack Gold Short Course Championships
1:31.20	S B	F	100	Breast	5/21/2023	2023 Starfish Meter Madness
2:51.79	Y BB	P	200	Breast	3/9/2023	Adirondack Gold Short Course Championships
3:18.14	L BB	F	200	Breast	7/7/2023	Hawks Summer Invitational 2023
1:10.27	Y BB	P	100	Fly	3/9/2023	Adirondack Gold Short Course Championships
1:20.12	S B	F	100	Fly	5/21/2023	2023 Starfish Meter Madness
1:28.41	L	F	100	Fly	7/7/2023	Hawks Summer Invitational 2023
2:49.29	Y	F	200	Fly	1/14/2023	Chris Goody IMX Challenge
1:24.14	S	F	100	IM	5/21/2023	2023 Starfish Meter Madness
2:34.06	Y BB	P	200	IM	11/3/2022	Girls Sec II Division I Championships
5:31.65	Y BB	F	400	IM	1/14/2023	Chris Goody IMX Challenge
<b>Patience Dunn (14) F</b>						
37.74	Y	F	50	Free	1/14/2023	Canajoharie Developmental Meet
1:28.64	Y	F	100	Free	1/14/2023	Canajoharie Developmental Meet
1:47.84	Y	F	100	Back	11/5/2022	First Splash
<b>Lucas Durden (18) M</b>						
24.34	Y BB	P	50	Free	3/9/2023	Adirondack Gold Short Course Championships
28.63	L BB	P	50	Free	7/20/2023	2023 Adirondack Long Course Championships
53.19	Y BB	P	100	Free	3/9/2023	Adirondack Gold Short Course Championships
1:58.89	Y BB	F	200	Free	3/3/2023	AD Silver Short Course Championships
28.15	Y L	F	50	Back	3/9/2023	Adirondack Gold Short Course Championships
58.55	Y BB	F	100	Back	3/9/2023	Adirondack Gold Short Course Championships

SCHE-AD

USAM-AD

USAM-AD

CANA-AD

CPP-AD

### Individual Top Times

Time	P/F/S	Event			
<b>Lucas Durden (18) M</b>					
				<b>CPP-AD</b>	
1:15.14	L L B F	100 Back	7/20/2023	2023 Adirondack Long Course Championships	
2:43.93	L B P	200 Back	7/20/2023	2023 Adirondack Long Course Championships	
1:03.78	Y A P	100 Breast	2/16/2023	Boys Section 2 Division 1 Championships	
1:20.92	L BB F	100 Breast	7/20/2023	2023 Adirondack Long Course Championships	
2:29.50	Y BB P	200 Breast	3/9/2023	Adirondack Gold Short Course Championships	
57.07	Y BB P	100 Fly	2/16/2023	Boys Section 2 Division 1 Championships	
1:12.83	L B F	100 Fly	6/24/2023	2023 NE NSSC June Springfield	
2:10.42	Y BB P	200 Fly	2/17/2023	2023 Region 1 Short Course Invitational	
2:40.96	L B F	200 Fly	7/20/2023	2023 Adirondack Long Course Championships	
2:09.99	Y BB F	200 IM	3/3/2023	AD Silver Short Course Championships	
2:38.19	L BB P	200 IM	7/20/2023	2023 Adirondack Long Course Championships	
4:50.54	Y BB F	400 IM	3/3/2023	AD Silver Short Course Championships	
<b>Dariya Dureaghina (10) F</b>					
				<b>CPP-AD</b>	
47.91	Y F	50 Free	6/11/2023	Piranhas Summer Kick-Off Meet	
55.34	S F	50 Free	5/21/2023	2023 Starfish Meter Madness	
1:51.75	Y F	100 Free	6/11/2023	Piranhas Summer Kick-Off Meet	
<b>Dimitriy Dureaghin (13) M</b>					
				<b>CPP-AD</b>	
29.57	Y B F	50 Free	6/11/2023	Piranhas Summer Kick-Off Meet	
33.77	L B F	50 Free	7/20/2023	2023 Adirondack Long Course Championships	
1:12.08	Y F	100 Free	6/11/2023	Piranhas Summer Kick-Off Meet	
1:19.60	L F	100 Free	7/20/2023	2023 Adirondack Long Course Championships	
2:51.85	Y F	200 Free	3/3/2023	AD Silver Short Course Championships	
8:39.09	Y F	500 Free	12/18/2022	Piranha's December Distance Invite	
39.10	Y F	50 Back	6/11/2023	Piranhas Summer Kick-Off Meet	
44.54	L F	50 Back	7/20/2023	2023 Adirondack Long Course Championships	
1:30.01	Y F	100 Back	2/12/2023	Piranha's Pentathlon	
3:29.33	Y F	200 Back	12/18/2022	Piranha's December Distance Invite	
37.42	Y P	50 Breast	3/9/2023	Adirondack Gold Short Course Championships	
42.48	L F	50 Breast	7/20/2023	2023 Adirondack Long Course Championships	
1:29.96	Y F	100 Breast	3/3/2023	AD Silver Short Course Championships	
1:42.37	L F	100 Breast	7/20/2023	2023 Adirondack Long Course Championships	
3:42.56	Y F	200 Breast	12/18/2022	Piranha's December Distance Invite	
36.38	Y F	50 Fly	3/3/2023	AD Silver Short Course Championships	
40.96	L F	50 Fly	7/20/2023	2023 Adirondack Long Course Championships	
1:21.00	Y F	100 IM	3/3/2023	AD Silver Short Course Championships	
<b>Emily Durfee (14) F</b>					
				<b>SCHE-AD</b>	
30.86	Y B F	50 Free	3/3/2023	AD Silver Short Course Championships	
35.48	L B F	50 Free	7/7/2023	Hawks Summer Invitational 2023	
1:12.50	Y F	100 Free	3/3/2023	AD Silver Short Course Championships	
1:24.77	L F	100 Free	7/1/2023	Niagara LSC LC Super Circuit Meet	
2:39.75	Y F	200 Free	3/3/2023	AD Silver Short Course Championships	
7:05.02	Y F	500 Free	1/14/2023	Chris Goody IMX Challenge	
35.10	Y P	50 Back	3/9/2023	Adirondack Gold Short Course Championships	
1:15.38	Y B P	100 Back	3/9/2023	Adirondack Gold Short Course Championships	
1:30.41	L F	100 Back	7/7/2023	Hawks Summer Invitational 2023	
2:47.66	Y F	200 Back	3/3/2023	AD Silver Short Course Championships	
3:19.05	L F	200 Back	7/1/2023	Niagara LSC LC Super Circuit Meet	
35.55	Y P	50 Fly	3/9/2023	Adirondack Gold Short Course Championships	
44.30	L F	50 Fly	7/1/2023	Niagara LSC LC Super Circuit Meet	
1:25.91	Y F	100 Fly	3/3/2023	AD Silver Short Course Championships	
1:28.93	Y F	100 IM	12/11/2022	Sharks 12 & Under Mini Meet	
3:07.42	Y F	200 IM	6/11/2023	Piranhas Summer Kick-Off Meet	
<b>Abigail Dusseault (18) F</b>					
				<b>UN-AD</b>	
27.87	Y L BB P	50 Free	11/3/2022	Girls Sec II Division II Championships	
1:00.23	Y BB P	100 Free	2/17/2023	2023 Region 1 Short Course Invitational	
2:05.80	Y A F	200 Free	11/3/2022	Girls Sec II Division II Championships	

### Individual Top Times

Time	P/F/S	Event				
<b>Abigail Dusseault (18) F</b>						
5:31.47	Y A	F	500	Free	3/9/2023	Adirondack Gold Short Course Championships
11:16.26	Y AA	F	1000	Free	2/17/2023	2023 Region 1 Short Course Invitational
19:04.95	Y A	F	1650	Free	3/9/2023	Adirondack Gold Short Course Championships
2:25.20	Y BB	P	200	Back	2/17/2023	2023 Region 1 Short Course Invitational
1:21.76	Y B	F	100	Breast	2/4/2023	Delmar Dolphins Febuary Freeze
3:00.31	Y B	F	200	Breast	1/14/2023	Chris Goody IMX Challenge
2:47.54	Y	F	200	Fly	1/14/2023	Chris Goody IMX Challenge
2:27.77	Y BB	F	200	IM	2/4/2023	Delmar Dolphins Febuary Freeze
5:18.16	Y BB	F	400	IM	1/14/2023	Chris Goody IMX Challenge
<b>James Duszynski (10) M</b>						
43.10	Y	F	50	Free	2/26/2023	CVSL Championships
2:00.56	Y	F	100	Free	12/3/2022	CVSL Tri Meet
57.03	Y	F	50	Back	2/26/2023	CVSL Championships
<b>Samuel Eckman (19) M</b>						
22.54	Y	F	50	Free	3/9/2023	Adirondack Gold Short Course Championships
48.04	Y	F	100	Free	2/16/2023	Boys Section 2 Division 1 Championships
1:46.37	Y	P	200	Free	3/9/2023	Adirondack Gold Short Course Championships
1:01.04	Y	F	100	Breast	3/9/2023	Adirondack Gold Short Course Championships
2:12.02	Y	F	200	Breast	3/9/2023	Adirondack Gold Short Course Championships
55.66	Y	P	100	Fly	3/9/2023	Adirondack Gold Short Course Championships
1:00.35	Y	F	100	IM	10/22/2022	Trick or Treat Meet
1:54.89	Y	F	200	IM	2/16/2023	Boys Section 2 Division 1 Championships
4:30.22	Y	F	400	IM	1/6/2023	2023 Starfish Trophy Invitational
<b>Asher Edmonds (9) M</b>						
30.09	Y	F	25	Free	1/14/2023	Canajoharie Developmental Meet
28.78	Y	F	25	Back	1/14/2023	Canajoharie Developmental Meet
<b>Ezekiel Edmonds (7) M</b>						
37.87	Y	F	25	Free	11/5/2022	First Splash
35.43	Y	F	25	Back	1/14/2023	Canajoharie Developmental Meet
<b>Lauren Edwards (10) F</b>						
41.11	Y	F	50	Free	1/29/2023	Stingray Splash
41.11	Y	F	50	Free	3/3/2023	AD Silver Short Course Championships
46.28	L	F	50	Free	7/7/2023	Hawks Summer Invitational 2023
1:29.32	Y B	F	100	Free	3/3/2023	AD Silver Short Course Championships
3:40.33	L B	F	200	Free	7/7/2023	Hawks Summer Invitational 2023
45.65	Y B	F	50	Back	3/3/2023	AD Silver Short Course Championships
57.81	L	F	50	Back	7/7/2023	Hawks Summer Invitational 2023
2:03.89	L	F	100	Back	7/7/2023	Hawks Summer Invitational 2023
56.03	Y	F	50	Breast	1/29/2023	Stingray Splash
53.09	Y	F	50	Fly	6/11/2023	Piranhas Summer Kick-Off Meet
<b>Anna Eichfeld (10) F</b>						
17.93	Y	F	25	Free	10/29/2022	Starfish Fall Spooktacular
44.78	Y	F	50	Free	3/3/2023	AD Silver Short Course Championships
22.09	Y	F	25	Back	11/12/2022	Fall frenzy
50.40	Y	F	50	Back	3/3/2023	AD Silver Short Course Championships
1:15.75	Y	F	50	Breast	3/3/2023	AD Silver Short Course Championships
32.41	Y	F	25	Fly	11/12/2022	Fall frenzy
<b>Alexander Einarsson (12) M</b>						
48.75	Y	F	50	Free	10/22/2022	Trick or Treat Meet
1:38.65	Y	F	100	Free	12/11/2022	Sharks 12 & Under Mini Meet
52.15	Y L	F	50	Back	12/11/2022	Sharks 12 & Under Mini Meet
1:49.53	Y	F	100	Back	11/12/2022	Fall frenzy
<b>Adele Einsig (12) F</b>						
38.71	Y	F	50	Free	1/22/2023	2023 NE UVAC CVI Invitational
1:22.60	Y	F	100	Free	1/6/2023	2023 Starfish Trophy Invitational
47.63	Y	F	50	Back	3/3/2023	AD Silver Short Course Championships

SCHE-AD

CLRK-AD

ALBS-AD

CLRK-AD

CLRK-AD

SARY-AD

CPP-AD

SCHE-AD

BENN-AD

### Individual Top Times

Time	P/F/S	Event			
<b>Adele Einsig (12) F</b>					
1:41.54	Y	F	100	Back	1/6/2023 2023 Starfish Trophy Invitational
51.23	Y	F	50	Breast	3/3/2023 AD Silver Short Course Championships
1:47.62	Y	F	100	Breast	1/6/2023 2023 Starfish Trophy Invitational
1:41.66	Y	F	100	IM	1/22/2023 2023 NE UVAC CVI Invitational
<b>Alexis Eisler (18) F</b>					
26.84	Y	A	P	50	Free 3/9/2023 Adirondack Gold Short Course Championships
30.43	L	A	P	50	Free 7/20/2023 2023 Adirondack Long Course Championships
59.05	Y	BB	P	100	Free 2/17/2023 2023 Region 1 Short Course Invitational
1:07.46	L	BB	P	100	Free 7/20/2023 2023 Adirondack Long Course Championships
2:05.29	Y	A	F	200	Free 3/3/2023 AD Silver Short Course Championships
2:25.35	L	A	P	200	Free 7/20/2023 2023 Adirondack Long Course Championships
5:13.65	L	BB	F	400	Free 7/20/2023 2023 Adirondack Long Course Championships
5:43.08	Y	BB	F	500	Free 11/3/2022 Girls Sec II Division I Championships
1:07.84	Y	BB	F	100	Back 3/3/2023 AD Silver Short Course Championships
2:27.08	Y	BB	F	200	Back 3/3/2023 AD Silver Short Course Championships
2:54.55	L	B	F	200	Back 7/7/2023 Hawks Summer Invitational 2023
1:34.13	Y		F	100	Breast 2/12/2023 Piranha's Pentathlon
3:26.98	Y		F	200	Breast 12/18/2022 Piranha's December Distance Invite
1:09.65	Y	B	F	100	Fly 2/12/2023 Piranha's Pentathlon
1:20.13	L	B	P	100	Fly 7/20/2023 2023 Adirondack Long Course Championships
2:42.79	Y	B	F	200	Fly 3/3/2023 AD Silver Short Course Championships
3:11.29	L		F	200	Fly 7/20/2023 2023 Adirondack Long Course Championships
2:34.50	Y	B	F	200	IM 3/3/2023 AD Silver Short Course Championships
2:54.42	L	BB	P	200	IM 7/20/2023 2023 Adirondack Long Course Championships
5:34.70	Y	B	F	400	IM 1/14/2023 Chris Goody IMX Challenge
<b>Dilek Eissenstat (13) F</b>					
36.87	Y		F	50	Free 3/3/2023 AD Silver Short Course Championships
1:24.36	Y		F	100	Free 12/3/2022 2022 North Country Invitational
3:17.52	Y		F	200	Free 12/3/2022 2022 North Country Invitational
43.95	Y		F	50	Back 12/3/2022 2022 North Country Invitational
1:32.96	Y		F	100	Back 3/3/2023 AD Silver Short Course Championships
3:25.91	Y		F	200	Back 12/3/2022 2022 North Country Invitational
48.19	Y		F	50	Breast 12/3/2022 2022 North Country Invitational
1:38.83	Y		F	100	Breast 3/3/2023 AD Silver Short Course Championships
1:30.71	Y		F	100	IM 3/3/2023 AD Silver Short Course Championships
<b>Francine Charisse Ejanda (16) F</b>					
29.85	Y	B	F	50	Free 3/3/2023 AD Silver Short Course Championships
1:03.17	Y	BB	F	100	Free 3/3/2023 AD Silver Short Course Championships
1:17.59	S		F	100	Free 5/21/2023 2023 Starfish Meter Madness
2:22.24	Y	B	F	200	Free 3/3/2023 AD Silver Short Course Championships
1:09.91	Y	B	F	100	Back 3/3/2023 AD Silver Short Course Championships
2:31.33	Y	BB	F	200	Back 3/3/2023 AD Silver Short Course Championships
1:26.45	Y		F	100	Breast 3/3/2023 AD Silver Short Course Championships
1:10.57	Y	B	P	100	Fly 11/3/2022 Girls Sec II Division I Championships
1:27.20	S		F	100	Fly 5/21/2023 2023 Starfish Meter Madness
1:41.23	L		F	100	Fly 7/7/2023 Hawks Summer Invitational 2023
1:27.28	S		F	100	IM 5/21/2023 2023 Starfish Meter Madness
2:37.65	Y	B	F	200	IM 3/3/2023 AD Silver Short Course Championships
<b>Gretchen Elliott (18) F</b>					
1:01.25	Y	BB	P	100	Free 11/3/2022 Girls Sec II Division I Championships
2:10.68	Y	BB	P	200	Free 11/3/2022 Girls Sec II Division I Championships
1:22.58	Y	B	F	100	Breast 10/8/2022 Shenendehowa Girls Invitational
<b>Khalid Elmarasy (15) M</b>					
29.39	Y		F	50	Free 12/17/2022 Shen Boys Holiday Invite
31.39	L	B	F	50	Free 7/1/2023 Niagara LSC LC Super Circuit Meet
1:00.35	Y	B	F	100	Free 3/3/2023 AD Silver Short Course Championships

BENN-AD

CPP-AD

NTS-AD

ALBS-AD

UN-AD

UN-AD

### Individual Top Times

Time	P/F/S	Event					
<b>Khalid Elmarasy (15) M</b>							
					<b>NHA-AD</b>		
1:14.21	L	F	100 Free	7/1/2023	Niagara LSC LC Super Circuit Meet		
2:16.89	Y	F	200 Free	3/3/2023	AD Silver Short Course Championships		
2:44.72	L	F	200 Free	7/1/2023	Niagara LSC LC Super Circuit Meet		
1:24.84	Y	F	100 Back	1/29/2023	Stingray Splash		
1:35.44	Y	F	100 Breast	1/14/2023	Canajoharie Developmental Meet		
2:46.28	Y	F	200 IM	3/3/2023	AD Silver Short Course Championships		
<b>Noor Elmarasy (14) F</b>							
					<b>NHA-AD</b>		
37.60	Y	F	50 Free	3/3/2023	AD Silver Short Course Championships		
1:26.65	Y	F	100 Free	1/29/2023	Stingray Splash		
43.41	Y	F	50 Back	3/3/2023	AD Silver Short Course Championships		
1:36.57	Y	F	100 Back	3/3/2023	AD Silver Short Course Championships		
58.68	Y	F	50 Fly	1/14/2023	Canajoharie Developmental Meet		
<b>Omar Elmarasy (14) M</b>							
					<b>NHA-AD</b>		
29.73	Y	B	50 Free	3/9/2023	Adirondack Gold Short Course Championships		
35.51	L	F	50 Free	7/1/2023	Niagara LSC LC Super Circuit Meet		
1:08.18	Y	F	100 Free	3/3/2023	AD Silver Short Course Championships		
1:16.82	L	F	100 Free	7/1/2023	Niagara LSC LC Super Circuit Meet		
33.46	Y	P	50 Back	3/9/2023	Adirondack Gold Short Course Championships		
1:29.75	L	F	100 Back	7/1/2023	Niagara LSC LC Super Circuit Meet		
45.37	Y	F	50 Breast	3/3/2023	AD Silver Short Course Championships		
<b>Addison Elsbree (15) F</b>							
					<b>SCHE-AD</b>		
27.25	Y	L	BB	F	50 Free	3/9/2023	Adirondack Gold Short Course Championships
31.25	L	BB	P	50 Free	7/20/2023	2023 Adirondack Long Course Championships	
58.59	Y	A	F	100 Free	3/9/2023	Adirondack Gold Short Course Championships	
1:08.63	L	BB	P	100 Free	7/20/2023	2023 Adirondack Long Course Championships	
2:06.22	Y	A	F	200 Free	3/9/2023	Adirondack Gold Short Course Championships	
2:26.90	L	BB	P	200 Free	7/20/2023	2023 Adirondack Long Course Championships	
5:35.94	Y	A	P	500 Free	2/17/2023	2023 Region 1 Short Course Invitational	
11:56.02	Y	BB	F	1000 Free	12/1/2022	2022 STAR Short Course Invitational	
20:30.28	L	BB	F	1500 Free	7/20/2023	2023 Adirondack Long Course Championships	
x19:30.04	Y	A	F	1650 Free	3/9/2023	Adirondack Gold Short Course Championships	
19:30.04	Y	A	F	1650 Free	3/9/2023	Adirondack Gold Short Course Championships	
1:07.63	Y	BB	P	100 Back	3/9/2023	Adirondack Gold Short Course Championships	
1:21.97	L	B	P	100 Back	7/20/2023	2023 Adirondack Long Course Championships	
2:25.99	Y	BB	P	200 Back	2/17/2023	2023 Region 1 Short Course Invitational	
2:51.15	L	BB	P	200 Back	7/20/2023	2023 Adirondack Long Course Championships	
1:21.50	Y	B	P	100 Breast	3/9/2023	Adirondack Gold Short Course Championships	
2:54.71	Y	B	F	200 Breast	1/14/2023	Chris Goody IMX Challenge	
1:06.94	Y	BB	F	100 Fly	12/1/2022	2022 STAR Short Course Invitational	
1:20.21	L	B	P	100 Fly	7/20/2023	2023 Adirondack Long Course Championships	
2:36.63	Y	B	F	200 Fly	1/14/2023	Chris Goody IMX Challenge	
2:28.61	Y	BB	P	200 IM	2/17/2023	2023 Region 1 Short Course Invitational	
2:55.22	L	BB	P	200 IM	7/20/2023	2023 Adirondack Long Course Championships	
5:15.21	Y	BB	F	400 IM	1/14/2023	Chris Goody IMX Challenge	
6:02.58	L	BB	F	400 IM	7/20/2023	2023 Adirondack Long Course Championships	
<b>Xhayne Epperson (15) M</b>							
					<b>SCHE-AD</b>		
23.75	Y	A	F	50 Free	3/9/2023	Adirondack Gold Short Course Championships	
52.51	Y	A	P	100 Free	3/9/2023	Adirondack Gold Short Course Championships	
1:59.05	Y	BB	F	200 Free	3/9/2023	Adirondack Gold Short Course Championships	
5:36.36	Y	BB	F	500 Free	10/22/2022	Trick or Treat Meet	
1:00.46	Y	BB	F	100 Back	3/9/2023	Adirondack Gold Short Course Championships	
2:12.15	Y	BB	F	200 Back	3/9/2023	Adirondack Gold Short Course Championships	
1:12.26	Y	B	F	100 Breast	3/9/2023	Adirondack Gold Short Course Championships	
1:00.70	Y	BB	F	100 Fly	3/9/2023	Adirondack Gold Short Course Championships	
2:24.66	Y	B	F	200 Fly	11/12/2022	Fall frenzy	
1:04.77	Y	F	100 IM	10/22/2022	Trick or Treat Meet		

### Individual Top Times

Time	P/F/S	Event					
<b>Xhayne Epperson (15) M</b>							
2:14.53	Y BB	F	200	IM	3/9/2023	Adirondack Gold Short Course Championships	<b>SCHE-AD</b>
<b>Ella Ernst (12) F</b>							
46.84	Y L	F	50	Free	2/4/2023	2023 Winter Blast	<b>TBS-AD</b>
1:37.05	Y	F	100	Free	2/4/2023	2023 Winter Blast	
55.86	Y	F	50	Back	2/4/2023	2023 Winter Blast	
59.90	Y	F	50	Breast	2/4/2023	2023 Winter Blast	
1:48.73	Y	F	100	IM	2/4/2023	2023 Winter Blast	
<b>Casey Everett (18) M</b>							
24.35	Y BB	P	50	Free	2/17/2023	2023 Region 1 Short Course Invitational	<b>SARY-AD</b>
27.53	L A	P	50	Free	7/20/2023	2023 Adirondack Long Course Championships	
53.07	Y BB	F	100	Free	3/3/2023	AD Silver Short Course Championships	
1:54.22	Y BB	F	200	Free	2/16/2023	Boys Section 2 Division 1 Championships	
2:15.62	L BB	P	200	Free	7/20/2023	2023 Adirondack Long Course Championships	
4:46.34	L BB	F	400	Free	7/20/2023	2023 Adirondack Long Course Championships	
5:12.19	Y BB	F	500	Free	2/16/2023	Boys Section 2 Division 1 Championships	
19:05.45	Y BB	F	1650	Free	12/18/2022	Piranha's December Distance Invite	
1:04.94	Y B	F	100	Back	3/3/2023	AD Silver Short Course Championships	
1:14.02	L B	F	100	Back	7/7/2023	Hawks Summer Invitational 2023	
1:10.69	Y B	F	100	Breast	3/3/2023	AD Silver Short Course Championships	
1:00.39	Y BB	F	100	Fly	3/3/2023	AD Silver Short Course Championships	
1:10.67	L B	P	100	Fly	7/20/2023	2023 Adirondack Long Course Championships	
2:14.52	Y BB	F	200	IM	3/3/2023	AD Silver Short Course Championships	
<b>Bennett Farnsworth (9) M</b>							
55.11	Y	F	50	Free	2/4/2023	2023 Winter Blast	<b>WAVE-AD</b>
1:58.29	Y	F	100	Free	2/4/2023	2023 Winter Blast	
1:03.98	Y	F	50	Back	2/4/2023	2023 Winter Blast	
<b>Macayla Farrell (14) F</b>							
34.30	Y	F	50	Free	10/29/2022	Starfish Fall Spooktacular	<b>ALBS-AD</b>
1:16.40	Y	F	100	Free	3/3/2023	AD Silver Short Course Championships	
3:08.76	Y	P	200	Free	1/6/2023	2023 Starfish Trophy Invitational	
1:23.90	Y	P	100	Back	1/6/2023	2023 Starfish Trophy Invitational	
1:35.83	Y	F	100	Fly	3/3/2023	AD Silver Short Course Championships	
<b>Wyatt Fava (14) M</b>							
33.96	Y	F	50	Free	3/3/2023	AD Silver Short Course Championships	<b>CPP-AD</b>
1:16.88	Y	P	100	Free	1/6/2023	2023 Starfish Trophy Invitational	
2:45.08	Y	F	200	Free	3/3/2023	AD Silver Short Course Championships	
3:11.47	L	F	200	Free	7/7/2023	Hawks Summer Invitational 2023	
38.90	Y	F	50	Back	1/6/2023	2023 Starfish Trophy Invitational	
1:24.84	Y	F	100	Back	3/3/2023	AD Silver Short Course Championships	
2:54.78	Y	F	200	Back	12/18/2022	Piranha's December Distance Invite	
3:21.21	L	F	200	Back	7/7/2023	Hawks Summer Invitational 2023	
48.02	Y	P	50	Breast	1/6/2023	2023 Starfish Trophy Invitational	
1:42.81	Y	F	100	Breast	3/3/2023	AD Silver Short Course Championships	
3:29.27	Y	F	200	Breast	3/3/2023	AD Silver Short Course Championships	
46.36	Y	F	50	Fly	1/6/2023	2023 Starfish Trophy Invitational	
3:13.92	Y	F	200	IM	6/11/2023	Piranhas Summer Kick-Off Meet	
<b>Benjamin Fay (12) M</b>							
31.47	Y B	F	50	Free	3/3/2023	AD Silver Short Course Championships	<b>SCHE-AD</b>
34.38	L BB	F	50	Free	7/20/2023	2023 Adirondack Long Course Championships	
1:07.20	Y L B	F	100	Free	3/9/2023	Adirondack Gold Short Course Championships	
1:14.51	L BB	F	100	Free	7/20/2023	2023 Adirondack Long Course Championships	
2:39.03	Y	F	200	Free	10/22/2022	Trick or Treat Meet	
2:43.08	L BB	F	200	Free	7/20/2023	2023 Adirondack Long Course Championships	
5:36.35	L BB	F	400	Free	7/20/2023	2023 Adirondack Long Course Championships	
7:05.74	Y	F	500	Free	1/14/2023	Chris Goody IMX Challenge	
35.45	Y B	F	50	Back	3/9/2023	Adirondack Gold Short Course Championships	



### Individual Top Times

Time	P/F/S	Event	
<b>Benjamin Fay (12) M</b>			<b>SCHE-AD</b>
40.02 L BB F	50 Back	7/1/2023	Niagara LSC LC Super Circuit Meet
1:15.39 Y BB P	100 Back	3/9/2023	Adirondack Gold Short Course Championships
1:28.30 L B F	100 Back	7/20/2023	2023 Adirondack Long Course Championships
3:00.73 L BB F	200 Back	7/20/2023	2023 Adirondack Long Course Championships
44.54 Y F	50 Breast	2/4/2023	Delmar Dolphins Febuary Freeze
1:33.08 Y F	100 Breast	3/3/2023	AD Silver Short Course Championships
32.40 Y BB F	50 Fly	6/11/2023	Piranhas Summer Kick-Off Meet
35.35 L BB F	50 Fly	7/1/2023	Niagara LSC LC Super Circuit Meet
1:12.42 Y BB F	100 Fly	3/9/2023	Adirondack Gold Short Course Championships
1:22.51 L BB F	100 Fly	7/20/2023	2023 Adirondack Long Course Championships
1:16.60 Y B F	100 IM	6/11/2023	Piranhas Summer Kick-Off Meet
2:43.81 Y BB F	200 IM	3/3/2023	AD Silver Short Course Championships
<b>Lauren Feeney (11) F</b>			<b>SCHE-AD</b>
38.66 Y F	50 Free	3/3/2023	AD Silver Short Course Championships
1:30.65 Y F	100 Free	3/3/2023	AD Silver Short Course Championships
50.95 Y F	50 Back	1/14/2023	Canajoharie Developmental Meet
53.89 Y F	50 Breast	3/3/2023	AD Silver Short Course Championships
54.22 Y F	50 Fly	3/3/2023	AD Silver Short Course Championships
1:48.62 Y F	100 IM	1/14/2023	Canajoharie Developmental Meet
<b>Ivy Feit (12) F</b>			<b>HAWK-AD</b>
46.05 L F	50 Free	7/7/2023	Hawks Summer Invitational 2023
46.29 Y F	50 Free	10/29/2022	Starfish Fall Spooktacular
1:42.06 L F	100 Free	7/7/2023	Hawks Summer Invitational 2023
50.67 L F	50 Back	7/7/2023	Hawks Summer Invitational 2023
<b>Jimena Fernandez-Turo (10) F</b>			<b>NHA-AD</b>
29.87 Y F	25 Free	1/14/2023	Canajoharie Developmental Meet
1:10.99 Y F	50 Free	1/29/2023	Stingray Splash
31.40 Y F	25 Back	1/14/2023	Canajoharie Developmental Meet
1:13.03 Y F	50 Back	3/3/2023	AD Silver Short Course Championships
1:34.45 Y F	50 Breast	1/29/2023	Stingray Splash
<b>Rocio Fernandez-Turo (13) F</b>			<b>NHA-AD</b>
30.68 Y B P	50 Free	3/9/2023	Adirondack Gold Short Course Championships
1:10.22 Y B F	100 Free	3/3/2023	AD Silver Short Course Championships
2:54.34 Y F	200 Free	3/3/2023	AD Silver Short Course Championships
38.80 Y F	50 Back	3/3/2023	AD Silver Short Course Championships
1:25.35 Y F	100 Back	3/3/2023	AD Silver Short Course Championships
56.03 Y F	50 Breast	12/11/2022	Sharks 12 & Under Mini Meet
3:36.84 Y F	200 IM	1/29/2023	Stingray Splash
<b>Katherine Ferreira (18) F</b>			<b>DELM-AD</b>
24.95 Y L AA F	50 Free	3/9/2023	Adirondack Gold Short Course Championships
29.33 L L AA F	50 Free	6/2/2023	STAR LC Kick Off Meet
53.29 Y L AAA F	100 Free	3/9/2023	Adirondack Gold Short Course Championships
1:03.35 L AA F	100 Free	5/5/2023	2023 NE CRIMSON May Madness
1:54.85 Y AAA P	200 Free	2/17/2023	2023 Region 1 Short Course Invitational
2:15.16 L AA F	200 Free	5/5/2023	2023 NE CRIMSON May Madness
5:02.93 Y AAA F	500 Free	2/17/2023	2023 Region 1 Short Course Invitational
58.48 Y AA P	100 Back	3/9/2023	Adirondack Gold Short Course Championships
2:05.23 Y AAA F	200 Back	3/9/2023	Adirondack Gold Short Course Championships
2:29.49 L AA F	200 Back	6/2/2023	STAR LC Kick Off Meet
1:06.25 Y AAA F	100 Breast	3/9/2023	Adirondack Gold Short Course Championships
1:20.12 L AA F	100 Breast	6/2/2023	STAR LC Kick Off Meet
2:22.55 Y AAA F	200 Breast	3/9/2023	Adirondack Gold Short Course Championships
1:00.01 Y AA F	100 Fly	2/4/2023	Delmar Dolphins Febuary Freeze
1:10.34 L A F	100 Fly	5/5/2023	2023 NE CRIMSON May Madness
2:14.13 Y AA F	200 Fly	12/18/2022	Piranha's December Distance Invite
2:05.75 Y AAA F	200 IM	11/3/2022	Girls Sec II Division I Championships

### Individual Top Times

Time	P/F/S	Event	
<b>Katherine Ferreira (18) F</b>			<b>DELM-AD</b>
2:28.99 L	AAA F	200 IM	6/2/2023 STAR LC Kick Off Meet
4:27.21 Y	AAA F	400 IM	3/9/2023 Adirondack Gold Short Course Championships
5:16.59 L	AAA F	400 IM	5/5/2023 2023 NE CRIMSON May Madness
<b>Jillian Ferrie (18) F</b>			<b>SCHE-AD</b>
26.32 Y	A P	50 Free	2/17/2023 2023 Region 1 Short Course Invitational
30.39 L	A P	50 Free	7/20/2023 2023 Adirondack Long Course Championships
57.76 Y L	A F	100 Free	2/17/2023 2023 Region 1 Short Course Invitational
5:40.63 Y	BB F	500 Free	1/14/2023 Chris Goody IMX Challenge
19:39.71 Y	BB F	1650 Free	12/18/2022 Piranha's December Distance Invite
2:31.73 Y	B F	200 Back	1/14/2023 Chris Goody IMX Challenge
1:08.81 Y	AA P	100 Breast	2/17/2023 2023 Region 1 Short Course Invitational
1:21.63 L	A F	100 Breast	7/20/2023 2023 Adirondack Long Course Championships
2:31.16 Y	A P	200 Breast	2/17/2023 2023 Region 1 Short Course Invitational
2:57.31 L	A F	200 Breast	7/20/2023 2023 Adirondack Long Course Championships
2:31.51 Y	BB F	200 Fly	1/14/2023 Chris Goody IMX Challenge
2:18.18 Y	A P	200 IM	2/17/2023 2023 Region 1 Short Course Invitational
2:40.36 L	A P	200 IM	7/20/2023 2023 Adirondack Long Course Championships
4:55.11 Y	A P	400 IM	12/1/2022 2022 STAR Short Course Invitational
5:45.61 L	A F	400 IM	7/20/2023 2023 Adirondack Long Course Championships
<b>Lilly Fetterly (10) F</b>			<b>NTS-AD</b>
24.47 Y	F	25 Free	12/3/2022 2022 North Country Invitational
54.04 Y	F	50 Free	2/4/2023 2023 Winter Blast
2:22.03 Y	F	100 Free	2/4/2023 2023 Winter Blast
27.71 Y	F	25 Back	12/3/2022 2022 North Country Invitational
1:02.24 Y	F	50 Back	2/4/2023 2023 Winter Blast
1:17.54 Y	F	50 Breast	2/4/2023 2023 Winter Blast
<b>Samuel Feuerbach (9) M</b>			<b>ALBS-AD</b>
22.78 Y	F	25 Free	10/29/2022 Starfish Fall Spooktacular
48.49 Y	F	50 Free	2/4/2023 Delmar Dolphins Febuary Freeze
1:52.22 Y	F	100 Free	1/6/2023 2023 Starfish Trophy Invitational
24.18 Y	F	25 Back	3/3/2023 AD Silver Short Course Championships
51.75 Y	F	50 Back	2/4/2023 Delmar Dolphins Febuary Freeze
2:03.05 L	F	100 Back	7/7/2023 Hawks Summer Invitational 2023
1:34.25 L	F	50 Breast	7/7/2023 Hawks Summer Invitational 2023
39.22 Y	F	25 Fly	10/29/2022 Starfish Fall Spooktacular
59.25 Y	F	50 Fly	3/3/2023 AD Silver Short Course Championships
2:40.26 L	F	100 Fly	7/7/2023 Hawks Summer Invitational 2023
<b>Una Fine (13) F</b>			<b>HAWK-AD</b>
33.57 Y	F	50 Free	10/29/2022 Starfish Fall Spooktacular
1:12.97 Y	P	100 Free	1/6/2023 2023 Starfish Trophy Invitational
43.65 Y	F	50 Back	10/29/2022 Starfish Fall Spooktacular
41.60 Y	F	50 Fly	10/29/2022 Starfish Fall Spooktacular
<b>Jayne Fink (19) F</b>			<b>UN-AD</b>
1:00.29 Y L	F	100 Free	11/3/2022 Girls Sec II Division II Championships
2:07.94 Y	F	200 Free	10/15/2022 Colonial Council Invitational
5:33.39 Y	F	500 Free	11/3/2022 Girls Sec II Division II Championships
1:08.32 Y	P	100 Back	3/9/2023 Adirondack Gold Short Course Championships
2:27.39 Y	P	200 Back	3/9/2023 Adirondack Gold Short Course Championships
1:16.46 Y	F	100 Breast	10/15/2022 Colonial Council Invitational
2:47.59 Y	P	200 Breast	3/9/2023 Adirondack Gold Short Course Championships
2:22.52 Y	F	200 IM	11/3/2022 Girls Sec II Division II Championships
<b>Luke Finkle (12) M</b>			<b>SCHE-AD</b>
40.91 Y	F	50 Free	3/3/2023 AD Silver Short Course Championships
51.50 S	F	50 Free	5/21/2023 2023 Starfish Meter Madness
1:31.88 Y	F	100 Free	12/11/2022 Sharks 12 & Under Mini Meet
46.97 Y	F	50 Back	12/11/2022 Sharks 12 & Under Mini Meet

### Individual Top Times

Time	P/F/S	Event				
<b>Luke Finkle (12) M</b>					<b>SCHE-AD</b>	
53.66	S	F	50	Back	5/21/2023 2023 Starfish Meter Madness	
54.40	Y	F	50	Breast	12/11/2022 Sharks 12 & Under Mini Meet	
59.87	S	F	50	Breast	5/21/2023 2023 Starfish Meter Madness	
50.57	Y	F	50	Fly	3/3/2023 AD Silver Short Course Championships	
1:38.95	Y	F	100	IM	3/3/2023 AD Silver Short Course Championships	
1:57.25	S	F	100	IM	5/21/2023 2023 Starfish Meter Madness	
3:37.75	Y	F	200	IM	3/3/2023 AD Silver Short Course Championships	
<b>Devin Finn (18) M</b>					<b>UN-AD</b>	
25.15	Y	BB	F	50	Free	3/3/2023 AD Silver Short Course Championships
54.29	Y	BB	F	100	Free	3/3/2023 AD Silver Short Course Championships
2:01.04	Y	BB	P	200	Free	2/16/2023 Boys Section 2 Division 1 Championships
2:31.51	L	B	F	200	Free	7/7/2023 Hawks Summer Invitational 2023
5:33.45	Y	BB	F	500	Free	3/3/2023 AD Silver Short Course Championships
21:31.66	L	B	F	1500	Free	7/7/2023 Hawks Summer Invitational 2023
1:13.56	Y		F	100	Back	2/4/2023 Delmar Dolphins Febuary Freeze
2:38.01	Y		F	200	Back	12/18/2022 Piranha's December Distance Invite
3:34.04	L		F	200	Back	7/7/2023 Hawks Summer Invitational 2023
1:01.73	Y	B	F	100	Fly	3/3/2023 AD Silver Short Course Championships
1:15.07	L	B	F	100	Fly	7/7/2023 Hawks Summer Invitational 2023
2:19.45	Y	B	F	200	Fly	3/3/2023 AD Silver Short Course Championships
1:23.93	Y		F	100	IM	10/22/2022 Trick or Treat Meet
<b>Nicholas Fisher (18) M</b>					<b>CPP-AD</b>	
24.21	Y	BB	P	50	Free	3/9/2023 Adirondack Gold Short Course Championships
28.87	L	BB	F	50	Free	6/24/2023 2023 NE NSSC June Springfield
51.83	Y	A	P	100	Free	3/9/2023 Adirondack Gold Short Course Championships
1:02.19	L	BB	F	100	Free	6/24/2023 2023 NE NSSC June Springfield
1:50.40	Y	A	F	200	Free	2/16/2023 Boys Section 2 Division 1 Championships
2:14.44	L	BB	P	200	Free	7/20/2023 2023 Adirondack Long Course Championships
4:56.39	L	BB	F	400	Free	6/24/2023 2023 NE NSSC June Springfield
5:01.47	Y	A	F	500	Free	2/16/2023 Boys Section 2 Division 1 Championships
19:31.40	L	BB	F	1500	Free	7/7/2023 Hawks Summer Invitational 2023
18:17.89	Y	BB	F	1650	Free	12/18/2022 Piranha's December Distance Invite
1:01.62	Y	B	F	100	Back	3/3/2023 AD Silver Short Course Championships
1:16.94	L	B	F	100	Back	6/24/2023 2023 NE NSSC June Springfield
2:14.15	Y	BB	F	200	Back	3/3/2023 AD Silver Short Course Championships
1:15.55	Y		F	100	Breast	6/11/2023 Piranhas Summer Kick-Off Meet
1:31.07	L		F	100	Breast	6/24/2023 2023 NE NSSC June Springfield
58.78	Y	BB	P	100	Fly	3/9/2023 Adirondack Gold Short Course Championships
1:10.83	L	B	P	100	Fly	7/20/2023 2023 Adirondack Long Course Championships
2:08.99	Y	BB	F	200	Fly	3/3/2023 AD Silver Short Course Championships
2:09.50	Y	BB	F	200	IM	3/3/2023 AD Silver Short Course Championships
4:35.69	Y	BB	F	400	IM	3/9/2023 Adirondack Gold Short Course Championships
5:39.97	L	BB	F	400	IM	7/20/2023 2023 Adirondack Long Course Championships
<b>Evan Fish (9) M</b>					<b>DELM-AD</b>	
20.08	Y		F	25	Free	3/3/2023 AD Silver Short Course Championships
46.78	Y		F	50	Free	1/6/2023 2023 Starfish Trophy Invitational
21.96	Y		F	25	Back	3/3/2023 AD Silver Short Course Championships
<b>Meredith Fiske (15) F</b>					<b>UN-AD</b>	
29.52	Y	L B	F	50	Free	11/6/2022 2022 SECTION 10 GIRLS SWIMMING CHAMPIONSHIP
1:07.18	Y	B	F	100	Free	12/3/2022 2022 North Country Invitational
6:35.61	Y	B	F	500	Free	11/6/2022 2022 SECTION 10 GIRLS SWIMMING CHAMPIONSHIP
2:57.19	Y		F	200	Back	12/3/2022 2022 North Country Invitational
2:50.23	Y		F	200	IM	11/6/2022 2022 SECTION 10 GIRLS SWIMMING CHAMPIONSHIP
<b>Shelby Fitch (16) F</b>					<b>UN-AD</b>	
27.34	Y	BB	P	50	Free	11/3/2022 Girls Sec II Division I Championships
57.84	Y	L A	F	100	Free	11/3/2022 Girls Sec II Division I Championships

### Individual Top Times

Time	P/F/S	Event				
<b>Shelby Fitch (16) F</b>						
5:31.94	Y A F	500 Free	11/3/2022	Girls Sec II Division I Championships		UN-AD
<b>Hadley Fitzgerald-VanLoan (13) F</b>						
1:37.48	Y F	100 Free	11/12/2022	Fall frenzy		KING-AD
49.24	Y P	50 Back	1/6/2023	2023 Starfish Trophy Invitational		
1:46.33	Y P	100 IM	1/6/2023	2023 Starfish Trophy Invitational		
<b>Malia Flusche (18) F</b>						
35.23	Y F	50 Free	10/8/2022	Shenendehowa Girls Invitational		UN-AD
43.46	L F	50 Free	6/24/2023	2023 NE NSSC June Springfield		
1:18.31	Y F	100 Free	3/3/2023	AD Silver Short Course Championships		
1:37.35	L F	100 Free	6/24/2023	2023 NE NSSC June Springfield		
3:05.37	Y F	200 Free	6/11/2023	Piranhas Summer Kick-Off Meet		
3:36.62	L F	200 Free	6/24/2023	2023 NE NSSC June Springfield		
1:37.14	Y F	100 Back	2/12/2023	Piranha's Pentathlon		
2:02.78	L F	100 Back	6/24/2023	2023 NE NSSC June Springfield		
1:44.32	Y F	100 Breast	3/3/2023	AD Silver Short Course Championships		
2:10.47	L F	100 Breast	6/24/2023	2023 NE NSSC June Springfield		
1:41.11	Y F	100 Fly	3/3/2023	AD Silver Short Course Championships		
2:06.68	L F	100 Fly	6/24/2023	2023 NE NSSC June Springfield		
3:14.81	Y F	200 IM	3/3/2023	AD Silver Short Course Championships		
<b>Elizabeth Flynn (9) F</b>						
27.89	Y F	25 Free	3/3/2023	AD Silver Short Course Championships		CPP-AD
1:03.19	Y F	50 Free	12/11/2022	Sharks 12 & Under Mini Meet		
32.50	Y F	25 Back	12/11/2022	Sharks 12 & Under Mini Meet		
1:08.83	Y F	50 Back	2/12/2023	Piranha's Pentathlon		
<b>Elizabeth Fon-Revutzky (8) F</b>						
34.50	Y F	25 Free	11/19/2022	CVSL Tri Meet		CLRK-AD
38.69	Y F	25 Back	11/19/2022	CVSL Tri Meet		
<b>Dela Fontes-Janusz (15) F</b>						
29.78	Y B F	50 Free	10/29/2022	Starfish Fall Spooktacular		HAWK-AD
1:18.28	Y F	100 Back	10/29/2022	Starfish Fall Spooktacular		
1:26.47	Y F	100 Breast	10/29/2022	Starfish Fall Spooktacular		
3:05.52	Y B F	200 Breast	1/6/2023	2023 Starfish Trophy Invitational		
<b>Henry Forbush (9) M</b>						
21.22	Y F	25 Free	3/3/2023	AD Silver Short Course Championships		DELM-AD
46.16	Y F	50 Free	2/4/2023	Delmar Dolphins Febuary Freeze		
1:45.64	Y F	100 Free	3/3/2023	AD Silver Short Course Championships		
22.64	Y F	25 Back	3/3/2023	AD Silver Short Course Championships		
49.18	Y F	50 Back	3/3/2023	AD Silver Short Course Championships		
1:30.94	Y F	50 Breast	2/4/2023	Delmar Dolphins Febuary Freeze		
<b>Ainsley Forrester (8) F</b>						
1:20.21	Y F	50 Free	2/12/2023	Piranha's Pentathlon		GLFY-AD
1:14.95	Y F	50 Back	2/12/2023	Piranha's Pentathlon		
1:25.90	Y F	50 Fly	2/12/2023	Piranha's Pentathlon		
2:55.44	Y F	100 IM	2/12/2023	Piranha's Pentathlon		
<b>Parker Forrest (17) M</b>						
26.36	Y B F	50 Free	12/3/2022	CVSL Tri Meet		CANA-AD
59.13	Y B F	100 Free	3/3/2023	AD Silver Short Course Championships		
2:15.70	Y P	200 Free	2/16/2023	Boys Section 2 Division 2 Championships		
23:16.03	Y F	1650 Free	1/22/2023	Mile Madness		
1:11.08	Y F	100 Back	1/29/2023	Stingray Splash		
1:11.12	Y B P	100 Breast	2/16/2023	Boys Section 2 Division 2 Championships		
2:35.19	Y F	200 IM	3/3/2023	AD Silver Short Course Championships		
<b>Abigail Forstell (13) F</b>						
30.29	Y L B F	50 Free	3/9/2023	Adirondack Gold Short Course Championships		HAWK-AD
35.85	L B F	50 Free	7/7/2023	Hawks Summer Invitational 2023		
1:05.49	Y BB F	100 Free	3/9/2023	Adirondack Gold Short Course Championships		

### Individual Top Times

Time	P/F/S	Event	
<b>Abigail Forstell (13) F</b>			<b>HAWK-AD</b>
1:18.26 L B F	100 Free	7/7/2023	Hawks Summer Invitational 2023
2:18.60 Y BB P	200 Free	3/9/2023	Adirondack Gold Short Course Championships
2:48.88 L B F	200 Free	7/7/2023	Hawks Summer Invitational 2023
36.53 Y P	50 Back	3/9/2023	Adirondack Gold Short Course Championships
42.74 L F	50 Back	7/7/2023	Hawks Summer Invitational 2023
39.04 Y P	50 Breast	3/9/2023	Adirondack Gold Short Course Championships
48.42 L F	50 Breast	7/7/2023	Hawks Summer Invitational 2023
1:25.48 Y B P	100 Breast	3/9/2023	Adirondack Gold Short Course Championships
41.41 Y F	50 Fly	10/29/2022	Starfish Fall Spooktacular
46.25 L F	50 Fly	7/7/2023	Hawks Summer Invitational 2023
1:19.18 Y F	100 Fly	3/3/2023	AD Silver Short Course Championships
1:16.64 Y P	100 IM	3/9/2023	Adirondack Gold Short Course Championships
2:39.17 Y B F	200 IM	3/9/2023	Adirondack Gold Short Course Championships
3:27.98 L F	200 IM	7/7/2023	Hawks Summer Invitational 2023
<b>Meara Foster (9) F</b>			<b>CLRK-AD</b>
24.29 Y F	25 Free	12/3/2022	CVSL Tri Meet
50.68 Y F	50 Free	2/26/2023	CVSL Championships
26.90 Y F	25 Back	1/14/2023	Canajoharie Developmental Meet
33.12 Y F	25 Breast	12/3/2022	CVSL Tri Meet
<b>Rosalie Foster (9) F</b>			<b>CLRK-AD</b>
26.03 Y F	25 Free	12/3/2022	CVSL Tri Meet
46.99 Y F	50 Free	1/14/2023	Canajoharie Developmental Meet
27.50 Y F	25 Back	11/19/2022	CVSL Tri Meet
28.60 Y F	25 Fly	12/3/2022	CVSL Tri Meet
2:13.55 Y F	100 IM	2/26/2023	CVSL Championships
<b>Ella Fraley (15) F</b>			<b>BFIN-AD</b>
26.57 Y A F	50 Free	3/9/2023	Adirondack Gold Short Course Championships
30.85 L A P	50 Free	7/20/2023	2023 Adirondack Long Course Championships
57.08 Y A F	100 Free	3/9/2023	Adirondack Gold Short Course Championships
1:04.77 L AA P	100 Free	8/2/2023	2023 EZ LC Age Group Championship
2:03.08 Y A F	200 Free	3/9/2023	Adirondack Gold Short Course Championships
2:21.47 L A P	200 Free	8/2/2023	2023 EZ LC Age Group Championship
4:59.24 L A F	400 Free	7/20/2023	2023 Adirondack Long Course Championships
5:32.37 Y A F	500 Free	3/9/2023	Adirondack Gold Short Course Championships
2:35.59 Y B F	200 Back	1/14/2023	Chris Goody IMX Challenge
2:54.25 Y B F	200 Breast	1/14/2023	Chris Goody IMX Challenge
1:02.31 Y A F	100 Fly	3/9/2023	Adirondack Gold Short Course Championships
1:13.04 L A F	100 Fly	7/20/2023	2023 Adirondack Long Course Championships
2:19.61 Y A F	200 Fly	3/9/2023	Adirondack Gold Short Course Championships
2:43.87 L BB P	200 Fly	8/2/2023	2023 EZ LC Age Group Championship
2:22.62 Y A P	200 IM	11/3/2022	Girls Sec II Division I Championships
2:43.42 L A F	200 IM	7/20/2023	2023 Adirondack Long Course Championships
5:09.38 Y BB F	400 IM	1/14/2023	Chris Goody IMX Challenge
5:41.01 L A P	400 IM	8/2/2023	2023 EZ LC Age Group Championship
<b>Kaiya Fraley (17) F</b>			<b>BFIN-AD</b>
25.94 Y A P	50 Free	2/17/2023	2023 Region 1 Short Course Invitational
29.84 L A P	50 Free	7/20/2023	2023 Adirondack Long Course Championships
55.43 Y AA F	100 Free	3/9/2023	Adirondack Gold Short Course Championships
1:03.83 L AA F	100 Free	7/20/2023	2023 Adirondack Long Course Championships
2:01.05 Y AA F	200 Free	11/3/2022	Girls Sec II Division I Championships
2:20.51 L A P	200 Free	7/20/2023	2023 Adirondack Long Course Championships
5:41.87 Y BB P	500 Free	2/17/2023	2023 Region 1 Short Course Invitational
1:04.71 Y BB P	100 Back	3/9/2023	Adirondack Gold Short Course Championships
1:20.41 L B P	100 Back	7/20/2023	2023 Adirondack Long Course Championships
2:26.79 Y BB F	200 Back	1/14/2023	Chris Goody IMX Challenge
2:58.32 Y B F	200 Breast	1/14/2023	Chris Goody IMX Challenge

**Individual Top Times**

Time	P/F/S	Event				
<b>Kaiya Fraley (17) F</b>						
1:02.03	Y A P	100 Fly	2/17/2023	2023 Region 1 Short Course Invitational	<b>BFIN-AD</b>	
1:13.09	L BB P	100 Fly	7/20/2023	2023 Adirondack Long Course Championships		
2:24.30	Y BB P	200 Fly	2/17/2023	2023 Region 1 Short Course Invitational		
2:26.20	Y BB F	200 IM	2/4/2023	Delmar Dolphins Febuary Freeze		
2:46.73	L BB P	200 IM	7/20/2023	2023 Adirondack Long Course Championships		
5:09.97	Y BB F	400 IM	1/14/2023	Chris Goody IMX Challenge		
<b>Ally Frame (20) F</b>						
29.43	L F	50 Free	6/24/2023	2023 NE NSSC June Springfield	<b>CPP-AD</b>	
1:05.45	L P	100 Back	7/20/2023	2023 Adirondack Long Course Championships		
2:28.10	L P	200 Back	7/20/2023	2023 Adirondack Long Course Championships		
<b>Amelia Francom (11) F</b>						
2:09.34	Y F	100 Free	12/3/2022	2022 North Country Invitational	<b>NTS-AD</b>	
53.46	Y F	50 Back	12/3/2022	2022 North Country Invitational		
<b>Victor Franco (15) M</b>						
29.79	Y F	50 Free	3/3/2023	AD Silver Short Course Championships	<b>DELM-AD</b>	
1:04.90	Y F	100 Free	3/3/2023	AD Silver Short Course Championships		
2:20.29	Y F	200 Free	6/11/2023	Piranhas Summer Kick-Off Meet		
6:52.83	Y F	500 Free	11/12/2022	Fall frenzy		
1:18.36	Y F	100 Back	6/11/2023	Piranhas Summer Kick-Off Meet		
1:36.82	Y F	100 Breast	10/22/2022	Trick or Treat Meet		
3:29.49	Y F	200 Breast	12/18/2022	Piranha's December Distance Invite		
1:10.17	Y F	100 Fly	6/11/2023	Piranhas Summer Kick-Off Meet		
2:46.18	Y F	200 Fly	12/18/2022	Piranha's December Distance Invite		
2:40.14	Y F	200 IM	2/4/2023	Delmar Dolphins Febuary Freeze		
5:59.76	Y F	400 IM	12/18/2022	Piranha's December Distance Invite		
<b>Catherine Freeh (10) F</b>						
22.52	Y F	25 Free	10/29/2022	Starfish Fall Spooktacular	<b>SARY-AD</b>	
43.80	Y F	50 Free	1/29/2023	Stingray Splash		
23.80	Y F	25 Back	10/29/2022	Starfish Fall Spooktacular		
52.00	Y F	50 Back	1/29/2023	Stingray Splash		
1:07.50	Y F	50 Breast	6/11/2023	Piranhas Summer Kick-Off Meet		
2:04.03	Y F	100 IM	6/11/2023	Piranhas Summer Kick-Off Meet		
<b>James Freeh (13) M</b>						
32.03	Y F	50 Free	6/11/2023	Piranhas Summer Kick-Off Meet	<b>SARY-AD</b>	
35.94	L F	50 Free	6/24/2023	2023 NE NSSC June Springfield		
1:13.69	Y F	100 Free	12/11/2022	Sharks 12 & Under Mini Meet		
2:49.43	L F	200 Free	6/24/2023	2023 NE NSSC June Springfield		
40.44	Y F	50 Back	6/11/2023	Piranhas Summer Kick-Off Meet		
45.69	Y F	50 Breast	12/11/2022	Sharks 12 & Under Mini Meet		
49.19	L F	50 Breast	6/24/2023	2023 NE NSSC June Springfield		
43.20	Y F	50 Fly	12/11/2022	Sharks 12 & Under Mini Meet		
1:25.27	Y F	100 IM	6/11/2023	Piranhas Summer Kick-Off Meet		
3:07.57	Y F	200 IM	1/29/2023	Stingray Splash		
<b>Catherine Freer (13) F</b>						
30.75	Y B F	50 Free	10/29/2022	Starfish Fall Spooktacular		<b>SARY-AD</b>
1:09.58	Y B F	100 Free	6/11/2023	Piranhas Summer Kick-Off Meet		
1:19.54	L B F	100 Free	6/24/2023	2023 NE NSSC June Springfield		
36.31	Y F	50 Back	12/11/2022	Sharks 12 & Under Mini Meet		
42.30	L F	50 Back	6/24/2023	2023 NE NSSC June Springfield		
3:07.21	Y F	200 Back	12/18/2022	Piranha's December Distance Invite		
3:13.44	L F	200 Back	6/24/2023	2023 NE NSSC June Springfield		
43.20	Y F	50 Breast	6/11/2023	Piranhas Summer Kick-Off Meet		
1:51.40	L F	100 Breast	7/7/2023	Hawks Summer Invitational 2023		
37.16	Y F	50 Fly	12/11/2022	Sharks 12 & Under Mini Meet		
43.89	L F	50 Fly	7/7/2023	Hawks Summer Invitational 2023		
1:18.24	Y F	100 IM	6/11/2023	Piranhas Summer Kick-Off Meet		

### Individual Top Times

Time	P/F/S	Event					
<b>Catherine Freer (13) F</b>							
2:55.37	Y	F	200	IM	3/3/2023	AD Silver Short Course Championships	
3:24.56	L	F	200	IM	7/7/2023	Hawks Summer Invitational 2023	
<b>Jazzykaa French (14) F</b>							
49.16	Y	F	50	Free	2/4/2023	2023 Winter Blast	
1:50.03	Y	F	100	Free	2/12/2023	Piranha's Pentathlon	
2:21.60	Y	F	100	Back	2/4/2023	2023 Winter Blast	
2:43.51	Y	F	100	Fly	2/12/2023	Piranha's Pentathlon	
4:55.83	Y	F	200	IM	2/12/2023	Piranha's Pentathlon	
<b>Matthew French (18) M</b>							
23.92	Y	BB	50	Free	12/17/2022	Shen Boys Holiday Invite	
1:00.43	Y	BB	100	Back	12/17/2022	Shen Boys Holiday Invite	
<b>Samuel Frese (8) M</b>							
42.66	S	F	25	Free	5/21/2023	2023 Starfish Meter Madness	
1:09.51	Y	F	50	Free	6/11/2023	Piranhas Summer Kick-Off Meet	
45.99	S	F	25	Back	5/21/2023	2023 Starfish Meter Madness	
1:36.26	Y	F	50	Back	6/11/2023	Piranhas Summer Kick-Off Meet	
<b>Emery Frew (15) F</b>							
30.76	Y	B	50	Free	2/26/2023	CVSL Championships	
31.72	Y	F	50	Free	12/3/2022	CVSL Tri Meet	
1:12.51	Y	F	100	Free	2/26/2023	CVSL Championships	
1:12.21	Y	F	100	Free	1/14/2023	Canajoharie Developmental Meet	
1:27.66	Y	F	100	Back	1/29/2023	Stingray Splash	
1:32.75	Y	F	100	Breast	3/3/2023	AD Silver Short Course Championships	
1:39.06	Y	F	100	Breast	1/14/2023	Canajoharie Developmental Meet	
3:29.26	Y	F	200	Breast	1/22/2023	Mile Madness	
3:10.22	Y	F	200	IM	1/14/2023	Canajoharie Developmental Meet	
<b>Madelyn Frey (17) F</b>							
30.37	Y	B	50	Free	10/8/2022	Shenendehowa Girls Invitational	
1:07.65	Y	B	100	Free	10/8/2022	Shenendehowa Girls Invitational	
<b>Joshua Friedlander (12) M</b>							
34.64	Y	F	50	Free	10/29/2022	Starfish Fall Spooktacular	
1:26.60	Y	F	100	Free	11/12/2022	Fall frenzy	
46.44	Y	F	50	Back	11/12/2022	Fall frenzy	
1:10.73	Y	F	50	Breast	10/29/2022	Starfish Fall Spooktacular	
55.10	Y	F	50	Fly	11/12/2022	Fall frenzy	
<b>Olympia Frisoni (18) F</b>							
25.28	Y	L	AA	P	11/3/2022	Girls Sec II Division I Championships	
25.28	Y	AA	F	50	Free	11/3/2022	Girls Sec II Division I Championships
56.25	Y	L	A	F	3/9/2023	Adirondack Gold Short Course Championships	
5:53.40	Y	BB	F	500	Free	1/14/2023	Chris Goody IMX Challenge
28.78	Y	L	P	50	Back	11/3/2022	Girls Sec II Division I Championships
1:00.13	Y	AA	F	100	Back	3/9/2023	Adirondack Gold Short Course Championships
2:13.22	Y	A	F	200	Back	3/9/2023	Adirondack Gold Short Course Championships
2:50.82	Y	B	F	200	Breast	1/14/2023	Chris Goody IMX Challenge
1:09.02	Y	B	F	100	Fly	2/4/2023	Delmar Dolphins Febuary Freeze
2:32.48	Y	B	F	200	Fly	1/14/2023	Chris Goody IMX Challenge
2:21.34	Y	BB	F	200	IM	3/9/2023	Adirondack Gold Short Course Championships
5:05.20	Y	BB	F	400	IM	1/14/2023	Chris Goody IMX Challenge
<b>Ayla Frolish (12) F</b>							
3:47.56	Y	F	200	Back	12/18/2022	Piranha's December Distance Invite	
<b>Addison Fronheiser (15) F</b>							
29.34	Y	BB	F	50	Free	10/8/2022	Shenendehowa Girls Invitational
1:06.38	Y	B	F	100	Free	3/3/2023	AD Silver Short Course Championships
2:20.38	Y	B	P	200	Free	11/3/2022	Girls Sec II Division I Championships
<b>Hannah Fronheiser (19) F</b>							
25.96	Y	P	50	Free	11/3/2022	Girls Sec II Division I Championships	

SARY-AD

NTS-AD

UN-AD

CPP-AD

CANA-AD

UN-AD

KING-AD

UN-AD

CPP-AD

UN-AD

UN-AD

### Individual Top Times

Time	P/F/S	Event				
<b>Hannah Fronheiser (19) F</b>						
57.71	Y	P	100	Free	3/9/2023	Adirondack Gold Short Course Championships
2:08.40	Y	P	200	Free	3/9/2023	Adirondack Gold Short Course Championships
5:47.39	Y	F	500	Free	12/18/2022	Piranha's December Distance Invite
1:10.07	Y	F	100	Breast	11/3/2022	Girls Sec II Division I Championships
2:32.61	Y	F	200	Breast	3/9/2023	Adirondack Gold Short Course Championships
2:31.68	Y	P	200	IM	1/6/2023	2023 Starfish Trophy Invitational
<b>Max Fronhofer (14) M</b>						
36.20	Y	F	50	Free	1/29/2023	Stingray Splash
1:21.56	Y	F	100	Free	2/12/2023	Piranha's Pentathlon
1:29.88	Y	F	100	Back	2/12/2023	Piranha's Pentathlon
1:57.29	Y	F	100	Breast	1/29/2023	Stingray Splash
<b>Shelby Fronhofer (14) F</b>						
40.45	Y	F	50	Free	1/29/2023	Stingray Splash
1:31.19	Y	F	100	Free	1/29/2023	Stingray Splash
1:33.03	Y	F	100	Back	2/12/2023	Piranha's Pentathlon
2:11.22	Y	F	100	Breast	1/29/2023	Stingray Splash
<b>Kasey Fuller (17) F</b>						
29.09	Y	BB	50	Free	3/3/2023	AD Silver Short Course Championships
1:01.12	Y	BB	100	Free	11/5/2022	Section VII Championships 2022
2:16.08	Y	BB	200	Free	11/5/2022	Section VII Championships 2022
1:08.80	Y	B	100	Back	3/3/2023	AD Silver Short Course Championships
2:36.44	Y	B	200	Back	12/3/2022	2022 North Country Invitational
1:22.34	Y	B	100	Breast	3/3/2023	AD Silver Short Course Championships
3:09.71	Y	F	200	Breast	12/3/2022	2022 North Country Invitational
<b>Adam Fulton (14) M</b>						
36.40	Y	F	50	Free	11/12/2022	Fall frenzy
1:26.03	Y	P	100	Free	1/6/2023	2023 Starfish Trophy Invitational
3:21.88	Y	P	200	Free	1/6/2023	2023 Starfish Trophy Invitational
1:59.54	Y	P	100	Back	1/6/2023	2023 Starfish Trophy Invitational
<b>Benedetto Fusco (20) M</b>						
23.31	Y	P	50	Free	11/12/2021	2021 NE ABF November Trials Final Meet
52.16	Y	P	100	Free	11/12/2021	2021 NE ABF November Trials Final Meet
5:16.01	Y	F	500	Free	11/12/2021	2021 NE ABF November Trials Final Meet
1:00.58	Y	P	100	Breast	11/12/2021	2021 NE ABF November Trials Final Meet
2:16.99	Y	F	200	Breast	11/12/2021	2021 NE ABF November Trials Final Meet
2:07.29	Y	P	200	IM	11/12/2021	2021 NE ABF November Trials Final Meet
<b>Chloe Gaffney (14) F</b>						
27.55	Y	A	50	Free	3/9/2023	Adirondack Gold Short Course Championships
32.02	L	BB	50	Free	7/7/2023	Hawks Summer Invitational 2023
59.83	Y	A	100	Free	3/9/2023	Adirondack Gold Short Course Championships
2:09.18	Y	A	200	Free	3/9/2023	Adirondack Gold Short Course Championships
2:43.97	L	B	200	Free	7/7/2023	Hawks Summer Invitational 2023
23:10.38	Y	B	1650	Free	1/22/2023	Mile Madness
1:10.51	Y	BB	100	Back	3/3/2023	AD Silver Short Course Championships
1:25.03	L	B	100	Back	7/7/2023	Hawks Summer Invitational 2023
1:20.11	Y	BB	100	Breast	3/9/2023	Adirondack Gold Short Course Championships
2:54.59	Y	BB	200	Breast	3/9/2023	Adirondack Gold Short Course Championships
3:39.06	L	B	200	Breast	7/7/2023	Hawks Summer Invitational 2023
1:12.65	Y	B	100	Fly	3/3/2023	AD Silver Short Course Championships
2:29.39	Y	BB	200	IM	3/3/2023	AD Silver Short Course Championships
<b>Ella Gallo (18) F</b>						
30.64	Y	B	50	Free	1/6/2023	2023 Starfish Trophy Invitational
2:26.49	Y	B	200	Free	1/6/2023	2023 Starfish Trophy Invitational
1:17.15	Y	P	100	Back	1/6/2023	2023 Starfish Trophy Invitational
<b>Tess Gallo (12) F</b>						
35.86	Y	F	50	Free	10/29/2022	Starfish Fall Spooktacular

DELM-AD

GRGF-AD

GRGF-AD

WAVE-AD

ALBS-AD

SCHE-AD

HAWK-AD

KING-AD

KING-AD



### Individual Top Times

Time	P/F/S	Event					
<b>Tess Gallo (12) F</b>							
1:18.63	Y	P	100	Free	1/6/2023	2023 Starfish Trophy Invitational	
44.75	Y	P	50	Back	1/6/2023	2023 Starfish Trophy Invitational	
2:27.88	Y	F	100	Breast	11/12/2022	Fall frenzy	
41.18	Y	F	50	Fly	10/29/2022	Starfish Fall Spooktacular	
1:42.71	Y	F	100	Fly	11/12/2022	Fall frenzy	
1:27.75	Y	P	100	IM	1/6/2023	2023 Starfish Trophy Invitational	
<b>Matteo Galtier (11) M</b>							
54.94	Y	F	50	Free	11/5/2022	First Splash	
1:00.94	Y	F	50	Back	11/5/2022	First Splash	
<b>Stella Galtier (11) F</b>							
55.82	Y	F	50	Free	11/5/2022	First Splash	
<b>Aidynn Gamicchia (10) F</b>							
43.77	Y	F	50	Free	6/11/2023	Piranhas Summer Kick-Off Meet	
56.13	L	F	50	Free	6/24/2023	2023 NE NSSC June Springfield	
54.25	Y	F	50	Back	6/11/2023	Piranhas Summer Kick-Off Meet	
2:17.17	L	F	100	Back	6/24/2023	2023 NE NSSC June Springfield	
1:15.60	L	F	50	Breast	6/24/2023	2023 NE NSSC June Springfield	
<b>Mahika Gandla (15) F</b>							
33.47	Y	F	50	Free	3/3/2023	AD Silver Short Course Championships	
1:20.28	Y	F	100	Free	1/14/2023	2023 PTAC Tiger Invitational	
40.11	Y	F	50	Back	1/14/2023	2023 PTAC Tiger Invitational	
1:35.28	Y	P	100	Back	1/6/2023	2023 Starfish Trophy Invitational	
45.31	Y	F	50	Breast	1/14/2023	2023 PTAC Tiger Invitational	
<b>Lucas Gannon (19) M</b>							
25.10	Y	P	50	Free	11/12/2021	2021 NE ABF November Trials Final Meet	
53.85	Y	P	100	Free	11/12/2021	2021 NE ABF November Trials Final Meet	
1:54.91	Y	P	200	Free	11/12/2021	2021 NE ABF November Trials Final Meet	
5:07.10	Y	F	500	Free	11/12/2021	2021 NE ABF November Trials Final Meet	
1:04.94	Y	P	100	Back	11/12/2021	2021 NE ABF November Trials Final Meet	
2:18.29	Y	P	200	Back	11/12/2021	2021 NE ABF November Trials Final Meet	
<b>Alana Ganter (11) F</b>							
58.06	Y	F	50	Free	2/4/2023	2023 Winter Blast	
2:03.88	Y	F	100	Free	2/4/2023	2023 Winter Blast	
50.70	Y	F	50	Back	2/4/2023	2023 Winter Blast	
1:18.21	Y	F	50	Breast	2/4/2023	2023 Winter Blast	
<b>Sophia Gao (15) F</b>							
28.38	L	AAA	F	50	Free	7/20/2023	2023 Adirondack Long Course Championships
1:02.61	L	AA	F	100	Free	7/20/2023	2023 Adirondack Long Course Championships
4:44.04	L	AA	F	400	Free	7/20/2023	2023 Adirondack Long Course Championships
1:02.96	Y	A	F	100	Back	2/12/2023	Piranha's Pentathlon
1:14.38	L	A	F	100	Back	7/20/2023	2023 Adirondack Long Course Championships
38.08	L		F	50	Breast	7/1/2023	Niagara LSC LC Super Circuit Meet
1:15.39	L	AAA	F	100	Breast	8/3/2023	LC Senior Zone Championship
2:25.10	Y	AAA	F	200	Breast	12/18/2022	Piranha's December Distance Invite
2:39.59	L	AAAA	F	200	Breast	7/20/2023	2023 Adirondack Long Course Championships
1:01.43	Y	A	F	100	Fly	2/12/2023	Piranha's Pentathlon
1:09.24	L	AA	F	100	Fly	7/20/2023	2023 Adirondack Long Course Championships
2:30.28	L	AAA	F	200	IM	7/20/2023	2023 Adirondack Long Course Championships
4:47.03	Y	AA	F	400	IM	12/18/2022	Piranha's December Distance Invite
5:23.58	L	AA	F	400	IM	7/20/2023	2023 Adirondack Long Course Championships
<b>Ella Garrow (18) F</b>							
25.72	Y	AA	F	50	Free	11/5/2022	Section VII Championships 2022
1:02.21	Y	BB	F	100	Free	12/3/2022	2022 North Country Invitational
1:10.56	Y	A	F	100	Breast	11/5/2022	Section VII Championships 2022
2:51.56	Y	B	F	200	Breast	12/3/2022	2022 North Country Invitational
2:34.76	Y	B	F	200	IM	2/4/2023	2023 Winter Blast

KING-AD

CLRK-AD

CLRK-AD

SARY-AD

ALBS-AD

SCHE-AD

WAVE-AD

SCHE-AD

UN-AD

### Individual Top Times

Time	P/F/S	Event				
<b>Jacob Gatzen (11) M</b>						
58.36	Y	F	50	Free	10/22/2022	Trick or Treat Meet
1:02.01	L	F	50	Free	7/7/2023	Hawks Summer Invitational 2023
2:00.20	Y	F	100	Free	10/22/2022	Trick or Treat Meet
1:17.74	L	F	50	Back	7/7/2023	Hawks Summer Invitational 2023
<b>Sophia Gatzen (15) F</b>						
37.98	Y	F	50	Free	10/22/2022	Trick or Treat Meet
1:29.71	Y	F	100	Back	10/22/2022	Trick or Treat Meet
<b>Isabella Gayle (18) F</b>						
24.62	Y	AA	50	Free	3/9/2023	Adirondack Gold Short Course Championships
29.26	L	AA	50	Free	7/20/2023	2023 Adirondack Long Course Championships
53.65	Y	AA	100	Free	11/3/2022	Girls Sec II Division I Championships
1:03.91	L	AA	100	Free	7/20/2023	2023 Adirondack Long Course Championships
2:00.51	Y	AA	200	Free	3/9/2023	Adirondack Gold Short Course Championships
2:23.71	L	A	200	Free	7/20/2023	2023 Adirondack Long Course Championships
5:11.81	L	BB	400	Free	7/20/2023	2023 Adirondack Long Course Championships
5:36.28	Y	A	500	Free	3/9/2023	Adirondack Gold Short Course Championships
19:20.34	Y	A	1650	Free	12/18/2022	Piranha's December Distance Invite
1:01.14	Y	A	100	Back	3/3/2023	AD Silver Short Course Championships
1:14.89	L	BB	100	Back	7/20/2023	2023 Adirondack Long Course Championships
2:12.97	Y	A	200	Back	3/9/2023	Adirondack Gold Short Course Championships
2:44.05	L	BB	200	Back	7/20/2023	2023 Adirondack Long Course Championships
1:11.78	Y	A	100	Breast	3/9/2023	Adirondack Gold Short Course Championships
1:00.63	Y	A	100	Fly	3/9/2023	Adirondack Gold Short Course Championships
1:12.69	L	BB	100	Fly	7/20/2023	2023 Adirondack Long Course Championships
2:15.07	Y	AA	200	IM	3/9/2023	Adirondack Gold Short Course Championships
2:43.21	L	A	200	IM	7/20/2023	2023 Adirondack Long Course Championships
4:55.93	Y	A	400	IM	3/3/2023	AD Silver Short Course Championships
5:46.43	L	A	400	IM	7/20/2023	2023 Adirondack Long Course Championships
<b>Calvin Gaylord (11) M</b>						
36.77	Y	F	50	Free	3/3/2023	AD Silver Short Course Championships
40.07	S	F	50	Free	5/21/2023	2023 Starfish Meter Madness
1:28.12	Y	F	100	Free	6/11/2023	Piranhas Summer Kick-Off Meet
1:40.21	L	F	100	Free	7/7/2023	Hawks Summer Invitational 2023
3:39.77	L	F	200	Free	7/7/2023	Hawks Summer Invitational 2023
48.65	Y	F	50	Back	1/6/2023	2023 Starfish Trophy Invitational
2:17.38	L	F	100	Back	7/7/2023	Hawks Summer Invitational 2023
51.61	Y	F	50	Breast	6/11/2023	Piranhas Summer Kick-Off Meet
58.08	S	F	50	Breast	5/21/2023	2023 Starfish Meter Madness
1:02.20	L	F	50	Breast	7/7/2023	Hawks Summer Invitational 2023
2:03.92	L	F	100	Breast	7/7/2023	Hawks Summer Invitational 2023
48.70	Y	F	50	Fly	3/3/2023	AD Silver Short Course Championships
59.32	S	F	50	Fly	5/21/2023	2023 Starfish Meter Madness
1:01.09	L	F	50	Fly	7/7/2023	Hawks Summer Invitational 2023
1:41.29	Y	F	100	IM	6/11/2023	Piranhas Summer Kick-Off Meet
1:57.41	S	F	100	IM	5/21/2023	2023 Starfish Meter Madness
4:42.43	L	F	200	IM	7/7/2023	Hawks Summer Invitational 2023
<b>Aidan Geis (16) M</b>						
32.95	Y	P	50	Free	1/6/2023	2023 Starfish Trophy Invitational
1:12.85	Y	F	100	Free	2/4/2023	Delmar Dolphins Febuary Freeze
2:46.17	Y	P	200	Free	1/6/2023	2023 Starfish Trophy Invitational
7:40.01	Y	F	500	Free	12/18/2022	Piranha's December Distance Invite
1:31.91	Y	F	100	Back	3/3/2023	AD Silver Short Course Championships
1:47.83	Y	F	100	Breast	3/3/2023	AD Silver Short Course Championships
3:34.64	Y	F	200	IM	2/12/2023	Piranha's Pentathlon
<b>James Gerace (13) M</b>						
26.88	Y	BB	50	Free	6/11/2023	Piranhas Summer Kick-Off Meet

**BFIN-AD**

**BFIN-AD**

**CPP-AD**

**CPP-AD**

**DELM-AD**

**CPP-AD**

### Individual Top Times

Time	P/F/S	Event	
<b>James Gerace (13) M</b>			<b>UN-AD</b>
29.92 L BB P	50 Free	8/2/2023	2023 EZ LC Age Group Championship
58.59 Y BB F	100 Free	6/11/2023	Piranhas Summer Kick-Off Meet
1:06.21 L BB F	100 Free	7/20/2023	2023 Adirondack Long Course Championships
2:20.28 Y B F	200 Free	10/22/2022	Trick or Treat Meet
2:21.00 L BB F	200 Free	7/20/2023	2023 Adirondack Long Course Championships
4:58.39 L A F	400 Free	8/2/2023	2023 EZ LC Age Group Championship
5:45.61 Y BB F	500 Free	3/9/2023	Adirondack Gold Short Course Championships
31.78 Y F	50 Back	6/11/2023	Piranhas Summer Kick-Off Meet
37.65 L F	50 Back	7/20/2023	2023 Adirondack Long Course Championships
1:10.53 Y B P	100 Back	3/9/2023	Adirondack Gold Short Course Championships
1:19.84 L B F	100 Back	7/20/2023	2023 Adirondack Long Course Championships
2:28.77 Y B F	200 Back	3/9/2023	Adirondack Gold Short Course Championships
2:47.49 L BB F	200 Back	7/20/2023	2023 Adirondack Long Course Championships
42.28 Y F	50 Breast	12/3/2022	2022 North Country Invitational
42.86 L F	50 Breast	7/7/2023	Hawks Summer Invitational 2023
1:29.85 Y P	100 Breast	11/18/2022	2022 NE NSSC Nov 18-20 WPI T/F
1:37.27 L F	100 Breast	6/24/2023	2023 NE NSSC June Springfield
3:24.07 L B F	200 Breast	6/24/2023	2023 NE NSSC June Springfield
29.74 Y F	50 Fly	6/11/2023	Piranhas Summer Kick-Off Meet
32.29 L F	50 Fly	7/20/2023	2023 Adirondack Long Course Championships
1:07.55 Y B F	100 Fly	3/9/2023	Adirondack Gold Short Course Championships
1:14.02 L BB F	100 Fly	7/20/2023	2023 Adirondack Long Course Championships
1:11.30 Y P	100 IM	3/9/2023	Adirondack Gold Short Course Championships
2:30.08 Y B F	200 IM	3/9/2023	Adirondack Gold Short Course Championships
2:46.67 L BB P	200 IM	8/2/2023	2023 EZ LC Age Group Championship
<b>Laurel Gerace (8) F</b>			<b>CPP-AD</b>
32.50 Y F	25 Free	10/29/2022	Starfish Fall Spooktacular
1:26.95 Y F	50 Free	6/11/2023	Piranhas Summer Kick-Off Meet
30.90 Y F	25 Back	1/29/2023	Stingray Splash
52.40 Y F	25 Fly	11/12/2022	Fall frenzy
<b>Tyler Gerace (11) M</b>			<b>CPP-AD</b>
38.69 Y F	50 Free	3/3/2023	AD Silver Short Course Championships
1:27.13 Y F	100 Free	3/3/2023	AD Silver Short Course Championships
43.01 Y F	50 Back	3/3/2023	AD Silver Short Course Championships
1:35.43 Y F	100 Back	3/3/2023	AD Silver Short Course Championships
58.46 Y F	50 Breast	3/3/2023	AD Silver Short Course Championships
1:04.57 L F	50 Breast	7/7/2023	Hawks Summer Invitational 2023
2:06.84 Y F	100 Breast	3/3/2023	AD Silver Short Course Championships
53.70 Y F	50 Fly	6/11/2023	Piranhas Summer Kick-Off Meet
1:45.17 Y F	100 IM	3/3/2023	AD Silver Short Course Championships
<b>Eli German (13) M</b>			<b>ALBS-AD</b>
27.49 Y BB P	50 Free	3/9/2023	Adirondack Gold Short Course Championships
30.76 L BB F	50 Free	7/20/2023	2023 Adirondack Long Course Championships
1:00.61 Y BB P	100 Free	3/9/2023	Adirondack Gold Short Course Championships
1:08.95 L BB F	100 Free	7/20/2023	2023 Adirondack Long Course Championships
1:10.04 S B F	100 Free	5/21/2023	2023 Starfish Meter Madness
2:18.27 Y B F	200 Free	1/6/2023	2023 Starfish Trophy Invitational
2:36.77 L B F	200 Free	7/20/2023	2023 Adirondack Long Course Championships
6:03.94 Y B F	500 Free	3/3/2023	AD Silver Short Course Championships
23:05.36 Y F	1650 Free	12/18/2022	Piranha's December Distance Invite
30.12 Y P	50 Back	3/29/2023	2023 Eastern Zone SC Age Group Championships
34.78 L F	50 Back	7/20/2023	2023 Adirondack Long Course Championships
1:05.75 Y BB F	100 Back	3/9/2023	Adirondack Gold Short Course Championships
1:15.99 L BB F	100 Back	7/20/2023	2023 Adirondack Long Course Championships
1:16.52 S B F	100 Back	5/21/2023	2023 Starfish Meter Madness
2:21.57 Y BB F	200 Back	3/9/2023	Adirondack Gold Short Course Championships
2:42.30 L BB P	200 Back	8/2/2023	2023 EZ LC Age Group Championship

### Individual Top Times

Time	P/F/S	Event				
<b>Eli German (13) M</b>						
<b>ALBS-AD</b>						
34.22	Y	F	50	Breast	3/9/2023 Adirondack Gold Short Course Championships	
38.92	L	P	50	Breast	8/2/2023 2023 EZ LC Age Group Championship	
1:18.99	Y	B	P	100	Breast	3/9/2023 Adirondack Gold Short Course Championships
1:29.91	L	B	F	100	Breast	7/20/2023 2023 Adirondack Long Course Championships
2:53.24	Y	B	F	200	Breast	3/9/2023 Adirondack Gold Short Course Championships
3:14.99	L	B	F	200	Breast	7/20/2023 2023 Adirondack Long Course Championships
30.62	Y		P	50	Fly	1/6/2023 2023 Starfish Trophy Invitational
34.30	L		P	50	Fly	8/2/2023 2023 EZ LC Age Group Championship
1:09.43	Y	B	F	100	Fly	3/9/2023 Adirondack Gold Short Course Championships
1:22.17	S		F	100	Fly	5/21/2023 2023 Starfish Meter Madness
1:09.35	Y		F	100	IM	2/4/2023 Delmar Dolphins Febuary Freeze
1:18.95	S		F	100	IM	5/21/2023 2023 Starfish Meter Madness
2:32.80	Y	B	F	200	IM	1/6/2023 2023 Starfish Trophy Invitational
2:54.67	L	B	T	200	IM	7/20/2023 2023 Adirondack Long Course Championships
<b>Levi German (13) M</b>						
<b>ALBS-AD</b>						
32.26	Y		F	50	Free	10/22/2022 Trick or Treat Meet
36.83	L		F	50	Free	7/7/2023 Hawks Summer Invitational 2023
1:14.06	Y		F	100	Free	1/14/2023 2023 PTAC Tiger Invitational
1:20.65	S		F	100	Free	5/21/2023 2023 Starfish Meter Madness
2:42.26	Y		F	200	Free	3/3/2023 AD Silver Short Course Championships
7:30.63	Y		F	500	Free	11/12/2022 Fall frenzy
33.94	Y		F	50	Back	3/9/2023 Adirondack Gold Short Course Championships
36.66	L	L	F	50	Back	7/20/2023 2023 Adirondack Long Course Championships
1:13.15	Y		P	100	Back	3/9/2023 Adirondack Gold Short Course Championships
1:20.21	L	B	F	100	Back	7/20/2023 2023 Adirondack Long Course Championships
1:24.54	S		F	100	Back	5/21/2023 2023 Starfish Meter Madness
2:36.44	Y		F	200	Back	3/3/2023 AD Silver Short Course Championships
2:48.13	L	BB	F	200	Back	7/20/2023 2023 Adirondack Long Course Championships
39.65	Y		P	50	Breast	3/9/2023 Adirondack Gold Short Course Championships
46.53	L		F	50	Breast	7/20/2023 2023 Adirondack Long Course Championships
1:33.66	Y		F	100	Breast	3/3/2023 AD Silver Short Course Championships
1:44.14	S		F	100	Breast	5/21/2023 2023 Starfish Meter Madness
1:45.04	L		F	100	Breast	7/20/2023 2023 Adirondack Long Course Championships
3:28.98	Y		F	200	Breast	3/3/2023 AD Silver Short Course Championships
37.07	Y		F	50	Fly	6/11/2023 Piranhas Summer Kick-Off Meet
40.21	L		F	50	Fly	7/20/2023 2023 Adirondack Long Course Championships
1:45.76	S		F	100	Fly	5/21/2023 2023 Starfish Meter Madness
1:46.97	Y		F	100	Fly	11/12/2022 Fall frenzy
1:49.62	L		F	100	Fly	7/20/2023 2023 Adirondack Long Course Championships
1:21.47	Y		F	100	IM	3/3/2023 AD Silver Short Course Championships
1:34.59	S		F	100	IM	5/21/2023 2023 Starfish Meter Madness
3:00.23	Y		F	200	IM	1/6/2023 2023 Starfish Trophy Invitational
3:25.95	L		T	200	IM	7/20/2023 2023 Adirondack Long Course Championships
<b>Kelsey Gerstler (18) F</b>						
<b>ALBS-AD</b>						
27.40	Y	BB	F	50	Free	3/3/2023 AD Silver Short Course Championships
1:00.37	Y	BB	F	100	Free	1/14/2023 2023 PTAC Tiger Invitational
2:05.56	Y	A	F	200	Free	3/3/2023 AD Silver Short Course Championships
5:30.97	Y	A	P	500	Free	11/3/2022 Girls Sec II Division I Championships
19:52.50	Y	BB	F	1650	Free	12/18/2022 Piranha's December Distance Invite
1:12.29	Y	B	P	100	Back	1/6/2023 2023 Starfish Trophy Invitational
2:33.11	Y	B	F	200	Back	1/6/2023 2023 Starfish Trophy Invitational
1:14.31	Y	BB	P	100	Breast	3/9/2023 Adirondack Gold Short Course Championships
2:41.49	Y	BB	F	200	Breast	12/9/2022 CNY Invite
32.55	Y		F	50	Fly	1/14/2023 2023 PTAC Tiger Invitational
1:11.18	Y	B	F	100	Fly	3/3/2023 AD Silver Short Course Championships
1:10.11	Y		F	100	IM	1/14/2023 2023 PTAC Tiger Invitational
2:24.19	Y	BB	F	200	IM	3/3/2023 AD Silver Short Course Championships

### Individual Top Times

Time	P/F/S	Event				
<b>Kelsey Gerstler (18) F</b>						
5:11.54	Y BB	F	400	IM	1/6/2023	2023 Starfish Trophy Invitational
<b>Rheya Ghimire (12) F</b>						
45.36	Y	F	50	Free	1/14/2023	Canajoharie Developmental Meet
47.53	Y	F	50	Back	1/14/2023	Canajoharie Developmental Meet
<b>Alexis Gibson (18) F</b>						
25.16	Y AA	F	50	Free	11/3/2022	Girls Sec II Division I Championships
55.34	Y L AA	P	100	Free	11/3/2022	Girls Sec II Division I Championships
1:03.57	Y BB	F	100	Back	1/6/2023	2023 Starfish Trophy Invitational
57.94	Y AA	F	100	Fly	11/3/2022	Girls Sec II Division I Championships
2:19.72	Y A	F	200	IM	2/4/2023	Delmar Dolphins Febuary Freeze
<b>Aliyah Gibson (12) F</b>						
33.17	Y B	F	50	Free	3/3/2023	AD Silver Short Course Championships
1:14.18	Y	F	100	Free	3/3/2023	AD Silver Short Course Championships
40.54	Y	F	50	Back	2/4/2023	Delmar Dolphins Febuary Freeze
48.14	Y	F	50	Breast	3/3/2023	AD Silver Short Course Championships
1:43.37	Y	F	100	Breast	3/3/2023	AD Silver Short Course Championships
39.91	Y	F	50	Fly	3/3/2023	AD Silver Short Course Championships
<b>Kendall Gilbert (18) F</b>						
25.44	Y AA	F	50	Free	3/9/2023	Adirondack Gold Short Course Championships
29.95	L A	P	50	Free	7/20/2023	2023 Adirondack Long Course Championships
55.76	Y AA	P	100	Free	3/9/2023	Adirondack Gold Short Course Championships
1:07.17	L A	P	100	Free	7/20/2023	2023 Adirondack Long Course Championships
1:59.16	Y AA	F	200	Free	3/9/2023	Adirondack Gold Short Course Championships
5:04.51	L A	F	400	Free	7/20/2023	2023 Adirondack Long Course Championships
5:37.61	Y A	F	500	Free	12/18/2022	Piranha's December Distance Invite
1:06.20	Y BB	F	100	Back	6/11/2023	Piranhas Summer Kick-Off Meet
1:20.38	L BB	P	100	Back	7/20/2023	2023 Adirondack Long Course Championships
2:18.53	Y BB	P	200	Back	3/9/2023	Adirondack Gold Short Course Championships
1:04.98	Y AAA	P	100	Breast	11/3/2022	Girls Sec II Division I Championships
1:17.92	L AA	F	100	Breast	7/20/2023	2023 Adirondack Long Course Championships
2:21.90	Y AAA	F	200	Breast	3/9/2023	Adirondack Gold Short Course Championships
2:43.36	L AAA	F	200	Breast	7/20/2023	2023 Adirondack Long Course Championships
1:06.52	Y BB	F	100	Fly	6/11/2023	Piranhas Summer Kick-Off Meet
1:14.44	L BB	F	100	Fly	6/24/2023	2023 NE NSSC June Springfield
2:11.05	Y AA	F	200	IM	11/3/2022	Girls Sec II Division I Championships
2:34.58	L AA	F	200	IM	7/20/2023	2023 Adirondack Long Course Championships
4:47.13	Y AA	F	400	IM	3/9/2023	Adirondack Gold Short Course Championships
5:34.74	L A	F	400	IM	7/20/2023	2023 Adirondack Long Course Championships
<b>Spencer Gilbert (16) M</b>						
25.13	Y BB	F	50	Free	6/11/2023	Piranhas Summer Kick-Off Meet
27.75	L A	P	50	Free	7/20/2023	2023 Adirondack Long Course Championships
1:01.16	L A	P	100	Free	7/20/2023	2023 Adirondack Long Course Championships
1:11.71	L BB	P	100	Back	7/20/2023	2023 Adirondack Long Course Championships
2:41.79	L B	F	200	Back	6/24/2023	2023 NE NSSC June Springfield
1:07.00	Y BB	F	100	Breast	6/11/2023	Piranhas Summer Kick-Off Meet
1:14.73	L A	F	100	Breast	7/20/2023	2023 Adirondack Long Course Championships
2:45.34	L A	P	200	Breast	7/20/2023	2023 Adirondack Long Course Championships
1:06.32	Y B	F	100	Fly	6/11/2023	Piranhas Summer Kick-Off Meet
1:13.24	L B	P	100	Fly	7/20/2023	2023 Adirondack Long Course Championships
2:14.56	Y BB	F	200	IM	6/11/2023	Piranhas Summer Kick-Off Meet
2:28.83	L A	F	200	IM	7/20/2023	2023 Adirondack Long Course Championships
<b>Abigail Gioppo (13) F</b>						
40.92	Y	F	50	Free	12/11/2022	Sharks 12 & Under Mini Meet
1:30.54	Y	F	100	Free	12/11/2022	Sharks 12 & Under Mini Meet
50.72	Y	F	50	Back	3/3/2023	AD Silver Short Course Championships
1:47.20	Y	F	100	Back	3/3/2023	AD Silver Short Course Championships

ALBS-AD

SCHE-AD

UN-AD

ALBS-AD

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CPP-AD

NHA-AD

### Individual Top Times

Time	P/F/S	Event				
<b>Abigail Gioppo (13) F</b>						
55.29	Y	F	50	Fly	3/3/2023	AD Silver Short Course Championships
<b>Gemma Gloak (14) F</b>						
30.71	Y	B	F	50	Free	10/29/2022 Starfish Fall Spooktacular
36.96	L	B	F	50	Free	7/7/2023 Hawks Summer Invitational 2023
1:05.85	Y	B	F	100	Free	3/3/2023 AD Silver Short Course Championships
2:22.27	Y	B	F	200	Free	3/3/2023 AD Silver Short Course Championships
2:58.62	L		F	200	Free	7/7/2023 Hawks Summer Invitational 2023
6:25.83	Y	B	F	500	Free	1/14/2023 Chris Goody IMX Challenge
34.13	Y		F	50	Back	12/11/2022 Sharks 12 & Under Mini Meet
1:10.95	Y	BB	F	100	Back	3/3/2023 AD Silver Short Course Championships
1:28.94	L	B	F	100	Back	7/7/2023 Hawks Summer Invitational 2023
3:04.86	L	B	F	200	Back	7/7/2023 Hawks Summer Invitational 2023
49.02	Y		F	50	Breast	10/29/2022 Starfish Fall Spooktacular
1:41.01	Y		F	100	Breast	3/3/2023 AD Silver Short Course Championships
34.52	Y		F	50	Fly	1/6/2023 2023 Starfish Trophy Invitational
1:10.23	Y	BB	P	100	Fly	3/9/2023 Adirondack Gold Short Course Championships
1:32.90	L		F	100	Fly	7/7/2023 Hawks Summer Invitational 2023
1:19.40	Y		F	100	IM	12/11/2022 Sharks 12 & Under Mini Meet
2:42.42	Y	B	F	200	IM	3/3/2023 AD Silver Short Course Championships
<b>Carter Glogowski (9) M</b>						
28.69	Y		F	25	Free	1/14/2023 Canajoharie Developmental Meet
1:16.19	Y		F	50	Free	1/14/2023 Canajoharie Developmental Meet
30.98	Y		F	25	Back	1/14/2023 Canajoharie Developmental Meet
<b>Siddharth Goduguchinta (12) M</b>						
44.28	Y		F	50	Free	6/11/2023 Piranhas Summer Kick-Off Meet
1:50.38	Y		F	100	Free	1/6/2023 2023 Starfish Trophy Invitational
47.24	Y		F	50	Back	6/11/2023 Piranhas Summer Kick-Off Meet
1:12.71	Y		F	50	Breast	6/11/2023 Piranhas Summer Kick-Off Meet
2:00.54	Y		F	100	IM	6/11/2023 Piranhas Summer Kick-Off Meet
<b>Theodore Golden (11) M</b>						
47.51	Y		F	50	Free	1/29/2023 Stingray Splash
1:44.83	Y		F	100	Free	1/29/2023 Stingray Splash
<b>Liam Goodall (9) M</b>						
46.40	Y		F	50	Free	2/4/2023 Delmar Dolphins Febuary Freeze
<b>Quinn Goodall (11) F</b>						
39.94	Y		F	50	Free	2/4/2023 Delmar Dolphins Febuary Freeze
46.67	Y		F	50	Back	2/4/2023 Delmar Dolphins Febuary Freeze
57.62	Y		F	50	Breast	2/4/2023 Delmar Dolphins Febuary Freeze
50.43	Y		F	50	Fly	2/4/2023 Delmar Dolphins Febuary Freeze
<b>Reagan Goodall (12) F</b>						
41.36	Y		F	50	Free	2/4/2023 Delmar Dolphins Febuary Freeze
49.71	Y		F	50	Back	2/4/2023 Delmar Dolphins Febuary Freeze
1:47.20	Y		F	100	IM	2/4/2023 Delmar Dolphins Febuary Freeze
<b>Fayth Goodspeed (16) F</b>						
27.81	Y	BB	P	50	Free	2/17/2023 2023 Region 1 Short Course Invitational
32.62	L	BB	F	50	Free	6/10/2023 2023 MR LIAC Summertime Classic Invitational
1:00.72	Y	BB	F	100	Free	3/3/2023 AD Silver Short Course Championships
1:12.57	L	BB	F	100	Free	6/10/2023 2023 MR LIAC Summertime Classic Invitational
2:32.63	L	BB	F	200	Free	6/10/2023 2023 MR LIAC Summertime Classic Invitational
5:59.00	Y	BB	F	500	Free	1/14/2023 Chris Goody IMX Challenge
1:09.41	Y	B	F	100	Back	2/4/2023 Delmar Dolphins Febuary Freeze
1:19.38	L	BB	P	100	Back	7/20/2023 2023 Adirondack Long Course Championships
2:35.68	Y	B	F	200	Back	1/14/2023 Chris Goody IMX Challenge
35.59	L		F	50	Breast	7/1/2023 Niagara LSC LC Super Circuit Meet
1:04.85	Y	AAA	F	100	Breast	11/3/2022 Girls Sec II Division I Championships
1:13.09	L	AAAA	P	100	Breast	8/3/2023 LC Senior Zone Championship

### Individual Top Times

Time	P/F/S	Event				
<b>Fayth Goodspeed (16) F</b>						
2:26.76	Y AA	F	200	Breast	3/9/2023	Adirondack Gold Short Course Championships
2:39.73	L AAAA	F	200	Breast	8/3/2023	LC Senior Zone Championship
1:06.50	Y BB	F	100	Fly	3/3/2023	AD Silver Short Course Championships
2:42.88	Y B	F	200	Fly	1/14/2023	Chris Goody IMX Challenge
2:19.62	Y A	P	200	IM	3/9/2023	Adirondack Gold Short Course Championships
2:46.90	L BB	P	200	IM	7/20/2023	2023 Adirondack Long Course Championships
5:07.06	Y BB	F	400	IM	2/17/2023	2023 Region 1 Short Course Invitational
5:52.86	L BB	F	400	IM	7/1/2023	Niagara LSC LC Super Circuit & Distance Meet
<b>Luke Goodspeed (18) M</b>						
23.03	Y A	P	50	Free	3/9/2023	Adirondack Gold Short Course Championships
26.99	L A	F	50	Free	7/20/2023	2023 Adirondack Long Course Championships
51.70	Y A	P	100	Free	3/9/2023	Adirondack Gold Short Course Championships
1:00.16	L L A	F	100	Free	7/20/2023	2023 Adirondack Long Course Championships
1:54.41	Y L BB	F	200	Free	2/17/2023	2023 Region 1 Short Course Invitational
2:10.10	L A	P	200	Free	8/3/2023	LC Senior Zone Championship
4:31.59	L A	P	400	Free	8/3/2023	LC Senior Zone Championship
5:13.17	Y BB	F	500	Free	11/12/2021	2021 NE ABF November Trials Final Meet
1:06.85	Y	F	100	Back	10/22/2022	Trick or Treat Meet
2:23.36	Y B	F	200	Back	1/14/2023	Chris Goody IMX Challenge
34.13	L	F	50	Breast	7/1/2023	Niagara LSC LC Super Circuit Meet
59.52	Y AA	F	100	Breast	3/9/2023	Adirondack Gold Short Course Championships
1:10.25	L AA	F	100	Breast	8/3/2023	LC Senior Zone Championship
2:10.68	Y AA	F	200	Breast	3/9/2023	Adirondack Gold Short Course Championships
2:29.56	L AAA	F	200	Breast	8/3/2023	LC Senior Zone Championship
31.12	L	F	50	Fly	7/1/2023	Niagara LSC LC Super Circuit Meet
2:20.37	Y B	F	200	Fly	1/14/2023	Chris Goody IMX Challenge
1:02.37	Y	F	100	IM	10/22/2022	Trick or Treat Meet
2:03.90	Y A	P	200	IM	3/9/2023	Adirondack Gold Short Course Championships
2:25.51	L A	F	200	IM	7/20/2023	2023 Adirondack Long Course Championships
4:28.66	Y A	F	400	IM	3/9/2023	Adirondack Gold Short Course Championships
5:12.18	L A	F	400	IM	7/20/2023	2023 Adirondack Long Course Championships
<b>Trevor Goodwill (17) M</b>						
25.57	Y BB	P	50	Free	11/18/2022	2022 NE NSSC Nov 18-20 WPI T/F
55.46	Y BB	P	100	Free	11/18/2022	2022 NE NSSC Nov 18-20 WPI T/F
1:57.40	Y L BB	F	200	Free	2/17/2023	2023 Region 1 Short Course Invitational
26.47	Y L	F	50	Back	2/16/2023	Boys Section 2 Division 1 Championships
56.81	Y BB	F	100	Back	3/9/2023	Adirondack Gold Short Course Championships
2:06.52	Y BB	F	200	Back	3/9/2023	Adirondack Gold Short Course Championships
1:13.60	Y B	F	100	Breast	10/22/2022	Trick or Treat Meet
2:23.97	Y BB	F	200	Breast	3/9/2023	Adirondack Gold Short Course Championships
57.69	Y BB	P	100	Fly	3/9/2023	Adirondack Gold Short Course Championships
2:11.19	Y BB	F	200	Fly	3/9/2023	Adirondack Gold Short Course Championships
2:04.08	Y A	F	200	IM	2/16/2023	Boys Section 2 Division 1 Championships
4:39.55	Y BB	F	400	IM	1/14/2023	Chris Goody IMX Challenge
<b>Addison Gorton (16) F</b>						
30.10	Y B	F	50	Free	11/12/2022	Fall frenzy
1:07.59	Y B	P	100	Free	1/6/2023	2023 Starfish Trophy Invitational
2:30.73	Y	F	200	Free	11/12/2022	Fall frenzy
6:28.36	Y B	F	500	Free	12/18/2022	Piranha's December Distance Invite
1:40.46	Y	P	100	Breast	1/6/2023	2023 Starfish Trophy Invitational
2:54.50	Y	F	200	IM	11/12/2022	Fall frenzy
<b>Rex Gottschall (12) M</b>						
24.66	Y	F	25	Free	10/23/2022	2022 Swimtober
47.94	Y	F	50	Free	2/4/2023	2023 Winter Blast
1:43.69	Y	F	100	Free	2/4/2023	2023 Winter Blast
52.73	Y	F	50	Breast	2/4/2023	2023 Winter Blast

**SCHE-AD**

**SCHE-AD**

**CPP-AD**

**GRGF-AD**

**WAVE-AD**

### Individual Top Times

Time	P/F/S	Event					
<b>Rex Gottschall (12) M</b>							
1:54.84	Y	F	100	Breast	12/3/2022	2022 North Country Invitational	
<b>Scarlett Gottschall (9) F</b>							
24.43	Y	F	25	Free	12/3/2022	2022 North Country Invitational	
53.17	Y	F	50	Free	12/3/2022	2022 North Country Invitational	
2:08.44	Y	F	100	Free	12/3/2022	2022 North Country Invitational	
27.12	Y	F	25	Back	2/4/2023	2023 Winter Blast	
1:01.51	Y	F	50	Back	2/4/2023	2023 Winter Blast	
<b>Isabella Grabitzky (16) F</b>							
26.93	Y	A	P	50	Free	11/3/2022	Girls Sec II Division I Championships
1:03.33	Y	BB	F	100	Free	10/8/2022	Shenendehowa Girls Invitational
1:14.97	Y	F	100	Back	10/22/2022	Trick or Treat Meet	
1:32.10	Y	F	100	Breast	10/22/2022	Trick or Treat Meet	
<b>Ryan Graham (19) M</b>							
26.07	Y	F	50	Free	10/22/2022	Trick or Treat Meet	
53.35	Y	L	P	100	Free	2/16/2023	Boys Section 2 Division 1 Championships
2:02.99	Y	F	200	Free	12/17/2022	Shen Boys Holiday Invite	
1:10.80	Y	F	100	Back	10/22/2022	Trick or Treat Meet	
1:18.12	Y	F	100	Breast	12/17/2022	Shen Boys Holiday Invite	
2:45.07	Y	F	200	Breast	12/18/2022	Piranha's December Distance Invite	
1:14.04	Y	F	100	Fly	10/22/2022	Trick or Treat Meet	
5:32.24	Y	F	400	IM	1/14/2023	Chris Goody IMX Challenge	
<b>Anthony Grasso (11) M</b>							
39.71	Y	F	50	Free	1/6/2023	2023 Starfish Trophy Invitational	
1:33.91	Y	F	100	Free	3/3/2023	AD Silver Short Course Championships	
1:51.62	L	F	100	Free	7/7/2023	Hawks Summer Invitational 2023	
46.43	Y	F	50	Back	3/3/2023	AD Silver Short Course Championships	
1:48.47	Y	F	100	Back	3/3/2023	AD Silver Short Course Championships	
1:08.71	Y	F	50	Breast	3/3/2023	AD Silver Short Course Championships	
55.37	L	F	50	Fly	7/7/2023	Hawks Summer Invitational 2023	
56.29	Y	F	50	Fly	3/3/2023	AD Silver Short Course Championships	
<b>Lauren Greaux (17) F</b>							
27.61	Y	BB	F	50	Free	3/3/2023	AD Silver Short Course Championships
59.48	Y	BB	F	100	Free	3/3/2023	AD Silver Short Course Championships
1:11.01	L	BB	F	100	Free	6/24/2023	2023 NE NSSC June Springfield
2:07.53	Y	BB	F	200	Free	3/3/2023	AD Silver Short Course Championships
5:35.82	Y	A	P	500	Free	11/3/2022	Girls Sec II Division I Championships
29.25	Y	L	P	50	Back	11/3/2022	Girls Sec II Division I Championships
35.15	L	F	50	Back	6/24/2023	2023 NE NSSC June Springfield	
1:02.04	Y	A	P	100	Back	11/3/2022	Girls Sec II Division I Championships
1:13.56	L	A	F	100	Back	6/24/2023	2023 NE NSSC June Springfield
2:15.48	Y	A	P	200	Back	3/9/2023	Adirondack Gold Short Course Championships
2:40.27	L	BB	F	200	Back	7/7/2023	Hawks Summer Invitational 2023
34.34	L	F	50	Fly	5/5/2023	2023 NE CRIMSON May Madness	
1:04.76	Y	BB	F	100	Fly	10/8/2022	Shenendehowa Girls Invitational
1:15.79	L	BB	F	100	Fly	7/7/2023	Hawks Summer Invitational 2023
3:00.39	L	B	F	200	Fly	5/5/2023	2023 NE CRIMSON May Madness
2:20.27	Y	A	F	200	IM	10/8/2022	Shenendehowa Girls Invitational
2:50.92	L	BB	F	200	IM	5/5/2023	2023 NE CRIMSON May Madness
4:57.21	Y	A	F	400	IM	3/3/2023	AD Silver Short Course Championships
5:55.24	L	BB	F	400	IM	6/24/2023	2023 NE NSSC June Springfield
<b>Kirill Grechkin (14) M</b>							
41.59	Y	P	50	Free	1/6/2023	2023 Starfish Trophy Invitational	
1:53.67	Y	F	100	Free	12/3/2022	CVSL Tri Meet	
4:10.80	Y	P	200	Free	1/6/2023	2023 Starfish Trophy Invitational	
52.41	Y	F	50	Back	12/3/2022	CVSL Tri Meet	
1:57.60	Y	P	100	Back	1/6/2023	2023 Starfish Trophy Invitational	

WAVE-AD

WAVE-AD

UN-AD

CPP-AD

HAWK-AD

DELM-AD

CLRK-AD



### Individual Top Times

Time	P/F/S	Event				
<b>Kirill Grechkin (14) M</b>						
2:17.90	Y	P	100	Breast	1/6/2023	2023 Starfish Trophy Invitational
<b>Oskar Grechkin (14) M</b>						
41.44	Y	P	50	Free	1/6/2023	2023 Starfish Trophy Invitational
1:49.53	Y	P	100	Free	1/6/2023	2023 Starfish Trophy Invitational
4:19.30	Y	P	200	Free	1/6/2023	2023 Starfish Trophy Invitational
55.87	Y	F	50	Back	12/3/2022	CVSL Tri Meet
2:00.87	Y	P	100	Back	1/6/2023	2023 Starfish Trophy Invitational
<b>John Greenleaf (16) M</b>						
26.94	Y	B	50	Free	6/11/2023	Piranhas Summer Kick-Off Meet
57.76	Y	BB	100	Free	2/12/2023	Piranha's Pentathlon
2:02.21	Y	BB	200	Free	3/3/2023	AD Silver Short Course Championships
2:29.67	L	B	200	Free	7/7/2023	Hawks Summer Invitational 2023
5:33.21	Y	BB	500	Free	3/3/2023	AD Silver Short Course Championships
1:08.13	Y	F	100	Back	3/3/2023	AD Silver Short Course Championships
2:28.80	Y	F	200	Back	12/18/2022	Piranha's December Distance Invite
2:58.41	L	F	200	Back	7/7/2023	Hawks Summer Invitational 2023
1:22.70	Y	F	100	Breast	2/12/2023	Piranha's Pentathlon
3:00.41	Y	F	200	Breast	12/18/2022	Piranha's December Distance Invite
3:28.39	L	F	200	Breast	7/7/2023	Hawks Summer Invitational 2023
1:13.23	Y	F	100	Fly	2/12/2023	Piranha's Pentathlon
2:24.91	Y	B	200	IM	3/3/2023	AD Silver Short Course Championships
5:19.73	Y	B	400	IM	1/14/2023	Chris Goody IMX Challenge
<b>Abigail Gregory (11) F</b>						
1:13.20	L	F	50	Free	7/1/2023	Niagara LSC LC Super Circuit Meet
1:22.79	L	F	50	Back	7/1/2023	Niagara LSC LC Super Circuit Meet
<b>John Gregory (16) M</b>						
24.27	Y	A	50	Free	2/17/2023	2023 Region 1 Short Course Invitational
28.37	L	BB	50	Free	6/10/2023	2023 MR LIAC Summertime Classic Invitational
58.31	L	AA	100	Free	7/20/2023	2023 Adirondack Long Course Championships
58.34	Y	B	100	Free	11/12/2021	2021 NE ABF November Trials Final Meet
1:52.00	Y	AA	200	Free	3/9/2023	Adirondack Gold Short Course Championships
2:08.18	L	AA	200	Free	7/20/2023	2023 Adirondack Long Course Championships
4:35.29	L	A	400	Free	7/20/2023	2023 Adirondack Long Course Championships
5:01.33	Y	AA	500	Free	3/9/2023	Adirondack Gold Short Course Championships
10:28.17	Y	AA	1000	Free	12/1/2022	2022 STAR Short Course Invitational
18:17.90	L	A	1500	Free	6/10/2023	2023 MR LIAC Summertime Classic Invitational
56.55	Y	A	100	Back	3/9/2023	Adirondack Gold Short Course Championships
1:05.53	L L	AA	100	Back	7/20/2023	2023 Adirondack Long Course Championships
2:02.43	Y	A	200	Back	3/9/2023	Adirondack Gold Short Course Championships
2:22.68	L	AA	200	Back	8/3/2023	LC Senior Zone Championship
2:30.16	Y	BB	200	Breast	1/14/2023	Chris Goody IMX Challenge
54.92	Y	AA	100	Fly	3/9/2023	Adirondack Gold Short Course Championships
1:00.52	L	AAA	100	Fly	8/3/2023	LC Senior Zone Championship
2:00.63	Y	AA	200	Fly	3/9/2023	Adirondack Gold Short Course Championships
2:14.52	L	AAA	200	Fly	8/3/2023	LC Senior Zone Championship
1:02.58	Y	F	100	IM	10/22/2022	Trick or Treat Meet
2:10.32	Y	BB	200	IM	12/1/2022	2022 STAR Short Course Invitational
4:27.05	Y	AA	400	IM	2/17/2023	2023 Region 1 Short Course Invitational
<b>Mark Gregory (21) M</b>						
26.73	L	F	50	Free	6/10/2023	2023 MR LIAC Summertime Classic Invitational
58.74	L	F	100	Free	6/10/2023	2023 MR LIAC Summertime Classic Invitational
2:08.17	L	F	200	Free	6/10/2023	2023 MR LIAC Summertime Classic Invitational
18:29.58	L	F	1500	Free	6/10/2023	2023 MR LIAC Summertime Classic Invitational
1:05.68	L	F	100	Back	6/10/2023	2023 MR LIAC Summertime Classic Invitational
2:25.10	L	F	200	Back	6/10/2023	2023 MR LIAC Summertime Classic Invitational
<b>Alexis Griffin (15) F</b>						

CLRK-AD

CLRK-AD

CPP-AD

TBS-AD

SCHE-AD

SCHE-AD

SCHE-AD

### Individual Top Times

Time	P/F/S	Event	
<b>Alexis Griffin (15) F</b>			<b>SCHE-AD</b>
33.83 Y	F	50 Free	3/3/2023 AD Silver Short Course Championships
1:20.33 Y	F	100 Free	3/3/2023 AD Silver Short Course Championships
1:28.56 L	F	100 Free	7/1/2023 Niagara LSC LC Super Circuit Meet
2:53.36 Y	F	200 Free	6/11/2023 Piranhas Summer Kick-Off Meet
3:19.58 L	F	200 Free	7/1/2023 Niagara LSC LC Super Circuit Meet
48.12 L	F	50 Back	7/1/2023 Niagara LSC LC Super Circuit Meet
1:30.15 Y	F	100 Back	6/11/2023 Piranhas Summer Kick-Off Meet
1:36.61 Y	F	100 Breast	6/11/2023 Piranhas Summer Kick-Off Meet
1:40.14 Y	F	100 Fly	3/3/2023 AD Silver Short Course Championships
3:10.37 Y	F	200 IM	2/4/2023 Delmar Dolphins Febuary Freeze
<b>Alyssa Grogan (16) F</b>			<b>ALBS-AD</b>
30.50 Y B	F	50 Free	3/3/2023 AD Silver Short Course Championships
1:05.75 Y B	F	100 Free	3/3/2023 AD Silver Short Course Championships
1:20.06 S	F	100 Free	5/21/2023 2023 Starfish Meter Madness
2:22.50 Y B	F	200 Free	11/3/2022 Girls Sec II Division II Championships
6:22.53 Y B	P	500 Free	11/3/2022 Girls Sec II Division II Championships
12:54.59 Y B	F	1000 Free	1/14/2023 2023 PTAC Tiger Invitational
22:34.38 Y B	F	1650 Free	12/18/2022 Piranha's December Distance Invite
1:23.59 Y	F	100 Back	10/29/2022 Starfish Fall Spooktacular
1:42.32 S	F	100 Back	5/21/2023 2023 Starfish Meter Madness
3:00.16 Y	F	200 Back	12/18/2022 Piranha's December Distance Invite
40.91 Y	F	50 Breast	1/14/2023 2023 PTAC Tiger Invitational
1:25.25 Y B	F	100 Breast	3/3/2023 AD Silver Short Course Championships
1:45.53 S	F	100 Breast	5/21/2023 2023 Starfish Meter Madness
3:08.83 Y	F	200 Breast	3/3/2023 AD Silver Short Course Championships
1:34.96 Y	P	100 Fly	1/6/2023 2023 Starfish Trophy Invitational
1:44.87 S	F	100 Fly	5/21/2023 2023 Starfish Meter Madness
1:37.75 S	F	100 IM	5/21/2023 2023 Starfish Meter Madness
2:51.54 Y	F	200 IM	3/3/2023 AD Silver Short Course Championships
<b>Brendan Gruneich (15) M</b>			<b>NHA-AD</b>
24.70 Y BB	P	50 Free	3/9/2023 Adirondack Gold Short Course Championships
54.04 Y BB	F	100 Free	3/9/2023 Adirondack Gold Short Course Championships
36.15 Y L	F	50 Back	10/22/2022 Trick or Treat Meet
1:09.76 Y	F	100 Back	3/3/2023 AD Silver Short Course Championships
1:39.57 Y	F	100 Breast	10/22/2022 Trick or Treat Meet
1:01.11 Y BB	F	100 Fly	3/9/2023 Adirondack Gold Short Course Championships
1:21.07 Y	F	100 IM	10/22/2022 Trick or Treat Meet
<b>Isaac Gruneich (16) M</b>			<b>NHA-AD</b>
25.54 Y BB	F	50 Free	3/3/2023 AD Silver Short Course Championships
56.21 Y BB	F	100 Free	3/3/2023 AD Silver Short Course Championships
2:00.84 Y BB	F	200 Free	3/3/2023 AD Silver Short Course Championships
x31.93 Y L	F	50 Back	12/17/2022 Shen Boys Holiday Invite
1:02.83 Y BB	F	100 Back	3/3/2023 AD Silver Short Course Championships
1:28.75 Y	F	100 Breast	10/22/2022 Trick or Treat Meet
2:26.67 Y B	F	200 IM	3/3/2023 AD Silver Short Course Championships
<b>Alyssa Gu (11) F</b>			<b>CPP-AD</b>
46.02 Y	F	50 Free	3/3/2023 AD Silver Short Course Championships
49.72 S	F	50 Free	5/21/2023 2023 Starfish Meter Madness
1:44.04 Y	F	100 Free	3/3/2023 AD Silver Short Course Championships
1:54.57 L	F	100 Free	7/7/2023 Hawks Summer Invitational 2023
3:52.72 L	F	200 Free	7/7/2023 Hawks Summer Invitational 2023
3:55.43 Y	F	200 Free	3/3/2023 AD Silver Short Course Championships
48.22 Y	F	50 Back	6/11/2023 Piranhas Summer Kick-Off Meet
54.80 S	F	50 Back	5/21/2023 2023 Starfish Meter Madness
1:57.07 L	F	100 Back	7/20/2023 2023 Adirondack Long Course Championships
55.33 Y	F	50 Breast	6/11/2023 Piranhas Summer Kick-Off Meet

### Individual Top Times

Time	P/F/S	Event			
<b>Alyssa Gu (11) F</b>					<b>CPP-AD</b>
1:00.59	L F	50 Breast	7/7/2023	Hawks Summer Invitational 2023	
1:01.62	S F	50 Breast	5/21/2023	2023 Starfish Meter Madness	
2:14.15	L F	100 Breast	7/7/2023	Hawks Summer Invitational 2023	
57.37	Y F	50 Fly	6/11/2023	Piranhas Summer Kick-Off Meet	
1:03.46	S F	50 Fly	5/21/2023	2023 Starfish Meter Madness	
1:07.40	L F	50 Fly	7/7/2023	Hawks Summer Invitational 2023	
1:49.09	Y F	100 IM	6/11/2023	Piranhas Summer Kick-Off Meet	
4:31.56	L F	200 IM	7/7/2023	Hawks Summer Invitational 2023	
<b>Elisha Guarino (11) M</b>					<b>CANA-AD</b>
39.43	Y F	50 Free	2/26/2023	CVSL Championships	
1:37.80	Y F	100 Free	1/29/2023	Stingray Splash	
50.91	Y F	50 Back	2/26/2023	CVSL Championships	
59.09	Y F	50 Fly	2/26/2023	CVSL Championships	
<b>Valeria Guerrero-Manriquez (14) F</b>					<b>NHA-AD</b>
34.36	Y F	50 Free	1/14/2023	Canajoharie Developmental Meet	
36.00	L B F	50 Free	7/1/2023	Niagara LSC LC Super Circuit Meet	
1:13.61	Y F	100 Free	1/14/2023	Canajoharie Developmental Meet	
1:19.38	L B F	100 Free	7/1/2023	Niagara LSC LC Super Circuit Meet	
1:24.78	Y F	100 Back	3/3/2023	AD Silver Short Course Championships	
1:32.51	L F	100 Back	7/1/2023	Niagara LSC LC Super Circuit Meet	
1:31.85	Y F	100 Fly	1/29/2023	Stingray Splash	
3:11.20	Y F	200 IM	3/3/2023	AD Silver Short Course Championships	
<b>Mahika Guha (17) F</b>					<b>CPP-AD</b>
27.19	Y BB P	50 Free	3/9/2023	Adirondack Gold Short Course Championships	
31.35	L BB P	50 Free	7/20/2023	2023 Adirondack Long Course Championships	
59.37	Y BB F	100 Free	3/3/2023	AD Silver Short Course Championships	
1:10.58	L BB P	100 Free	7/20/2023	2023 Adirondack Long Course Championships	
2:15.97	Y BB F	200 Free	3/3/2023	AD Silver Short Course Championships	
5:59.81	L F	400 Free	6/24/2023	2023 NE NSSC June Springfield	
29.50	Y L F	50 Back	3/9/2023	Adirondack Gold Short Course Championships	
1:03.98	Y BB F	100 Back	10/8/2022	Shenendehowa Girls Invitational	
1:16.65	L BB P	100 Back	7/20/2023	2023 Adirondack Long Course Championships	
2:22.98	Y BB P	200 Back	3/9/2023	Adirondack Gold Short Course Championships	
2:48.17	L BB P	200 Back	7/20/2023	2023 Adirondack Long Course Championships	
1:22.35	Y B F	100 Breast	3/3/2023	AD Silver Short Course Championships	
1:40.69	L F	100 Breast	6/24/2023	2023 NE NSSC June Springfield	
1:04.08	Y BB F	100 Fly	10/8/2022	Shenendehowa Girls Invitational	
1:14.65	L BB P	100 Fly	7/20/2023	2023 Adirondack Long Course Championships	
2:44.44	Y F	200 Fly	12/18/2022	Piranha's December Distance Invite	
2:32.97	Y B F	200 IM	6/11/2023	Piranhas Summer Kick-Off Meet	
2:54.65	L BB P	200 IM	7/20/2023	2023 Adirondack Long Course Championships	
5:34.08	Y B F	400 IM	1/14/2023	Chris Goody IMX Challenge	
<b>Anna Guilmette (16) F</b>					<b>UN-AD</b>
29.57	Y B F	50 Free	10/8/2022	Shenendehowa Girls Invitational	
1:01.94	Y BB F	100 Free	3/3/2023	AD Silver Short Course Championships	
1:14.22	S B F	100 Free	5/21/2023	2023 Starfish Meter Madness	
33.83	Y L F	50 Back	1/6/2023	2023 Starfish Trophy Invitational	
1:07.00	Y BB F	100 Back	3/3/2023	AD Silver Short Course Championships	
1:22.96	S B F	100 Back	5/21/2023	2023 Starfish Meter Madness	
2:26.03	Y BB F	200 Back	3/3/2023	AD Silver Short Course Championships	
1:42.50	S F	100 Breast	5/21/2023	2023 Starfish Meter Madness	
1:10.86	Y B F	100 Fly	3/3/2023	AD Silver Short Course Championships	
1:27.97	S F	100 Fly	5/21/2023	2023 Starfish Meter Madness	
1:24.54	S F	100 IM	5/21/2023	2023 Starfish Meter Madness	
<b>Ashton Guntert (14) M</b>					<b>ALBS-AD</b>
29.46	Y B F	50 Free	3/3/2023	AD Silver Short Course Championships	

### Individual Top Times

Time	P/F/S	Event				
<b>Ashton Guntert (14) M</b>						
1:04.06	Y B F	100 Free	3/3/2023	AD Silver Short Course Championships		<b>ALBS-AD</b>
2:19.03	Y B F	200 Free	3/3/2023	AD Silver Short Course Championships		
6:30.07	Y F	500 Free	1/6/2023	2023 Starfish Trophy Invitational		
1:13.43	Y F	100 Back	2/4/2023	Delmar Dolphins Febuary Freeze		
2:37.70	Y F	200 Back	3/3/2023	AD Silver Short Course Championships		
1:31.57	Y P	100 Breast	1/6/2023	2023 Starfish Trophy Invitational		
1:12.82	Y F	100 Fly	3/3/2023	AD Silver Short Course Championships		
3:00.46	Y F	200 Fly	3/3/2023	AD Silver Short Course Championships		
2:35.02	Y B F	200 IM	2/4/2023	Delmar Dolphins Febuary Freeze		
<b>Blake Guntert (12) M</b>						
33.56	Y F	50 Free	3/3/2023	AD Silver Short Course Championships		<b>ALBS-AD</b>
37.37	L F	50 Free	7/7/2023	Hawks Summer Invitational 2023		
1:14.05	Y F	100 Free	3/3/2023	AD Silver Short Course Championships		
1:23.06	L F	100 Free	7/20/2023	2023 Adirondack Long Course Championships		
2:51.68	Y F	200 Free	1/6/2023	2023 Starfish Trophy Invitational		
3:11.64	L F	200 Free	7/20/2023	2023 Adirondack Long Course Championships		
37.66	Y B F	50 Back	12/11/2022	Sharks 12 & Under Mini Meet		
42.05	L B F	50 Back	7/20/2023	2023 Adirondack Long Course Championships		
1:21.88	Y B P	100 Back	1/6/2023	2023 Starfish Trophy Invitational		
1:30.12	L B F	100 Back	7/7/2023	Hawks Summer Invitational 2023		
45.27	Y F	50 Breast	3/3/2023	AD Silver Short Course Championships		
46.24	L B F	50 Breast	7/7/2023	Hawks Summer Invitational 2023		
1:34.86	Y F	100 Breast	3/3/2023	AD Silver Short Course Championships		
1:48.69	L F	100 Breast	7/7/2023	Hawks Summer Invitational 2023		
40.26	Y F	50 Fly	3/3/2023	AD Silver Short Course Championships		
46.04	L F	50 Fly	7/7/2023	Hawks Summer Invitational 2023		
1:52.31	L F	100 Fly	7/7/2023	Hawks Summer Invitational 2023		
1:21.74	Y F	100 IM	3/3/2023	AD Silver Short Course Championships		
<b>Charlotte Gurley (9) F</b>						
1:03.36	Y F	50 Free	6/11/2023	Piranhas Summer Kick-Off Meet		<b>CPP-AD</b>
<b>Claire Gurley (11) F</b>						
58.05	Y F	50 Free	6/11/2023	Piranhas Summer Kick-Off Meet		<b>CPP-AD</b>
2:32.09	L F	100 Free	7/7/2023	Hawks Summer Invitational 2023		
2:32.41	L F	100 Back	7/7/2023	Hawks Summer Invitational 2023		
<b>Helena Gutjahr (19) F</b>						
1:00.20	Y F	100 Free	10/8/2022	Shenendehowa Girls Invitational		<b>UN-AD</b>
1:06.94	Y F	100 Back	10/8/2022	Shenendehowa Girls Invitational		
<b>Victoria Gvozdeva (16) F</b>						
56.42	Y AA F	100 Free	11/3/2022	Girls Sec II Division I Championships		<b>UN-AD</b>
2:09.27	Y BB F	200 Free	10/8/2022	Shenendehowa Girls Invitational		
30.97	Y L F	50 Back	10/8/2022	Shenendehowa Girls Invitational		
1:03.61	Y A P	100 Back	11/3/2022	Girls Sec II Division I Championships		
<b>Shelby Haberbush (15) F</b>						
28.02	Y BB P	50 Free	3/9/2023	Adirondack Gold Short Course Championships		<b>CLIN-AD</b>
59.35	Y BB P	100 Free	3/9/2023	Adirondack Gold Short Course Championships		
2:08.38	Y BB P	200 Free	3/9/2023	Adirondack Gold Short Course Championships		
5:43.05	Y A F	500 Free	3/3/2023	AD Silver Short Course Championships		
1:12.31	Y B F	100 Back	2/12/2023	Piranha's Pentathlon		
1:20.36	Y B P	100 Breast	3/9/2023	Adirondack Gold Short Course Championships		
2:55.61	Y B P	200 Breast	12/1/2022	2022 STAR Short Course Invitational		
1:08.49	Y BB P	100 Fly	12/1/2022	2022 STAR Short Course Invitational		
2:28.98	Y BB F	200 IM	3/3/2023	AD Silver Short Course Championships		
<b>Edin Hadzimujic (16) M</b>						
26.49	Y B F	50 Free	3/3/2023	AD Silver Short Course Championships		<b>NHA-AD</b>
58.22	Y B F	100 Free	3/3/2023	AD Silver Short Course Championships		
1:07.32	L B F	100 Free	7/1/2023	Niagara LSC LC Super Circuit Meet		

### Individual Top Times

Time	P/F/S	Event			
<b>Edin Hadzimujic (16) M</b>					
<b>NHA-AD</b>					
2:07.92	Y B F	200 Free	3/3/2023	AD Silver Short Course Championships	
2:33.11	L B F	200 Free	7/1/2023	Niagara LSC LC Super Circuit Meet	
1:10.87	Y F	100 Back	2/12/2023	Piranha's Pentathlon	
1:09.80	Y BB F	100 Breast	3/3/2023	AD Silver Short Course Championships	
1:25.03	L B F	100 Breast	7/1/2023	Niagara LSC LC Super Circuit Meet	
1:08.50	Y F	100 Fly	3/3/2023	AD Silver Short Course Championships	
1:06.65	Y F	100 IM	10/22/2022	Trick or Treat Meet	
2:24.35	Y B F	200 IM	3/3/2023	AD Silver Short Course Championships	
<b>Kenan Hadzimujic (11) M</b>					
<b>NHA-AD</b>					
40.23	Y F	50 Free	3/3/2023	AD Silver Short Course Championships	
41.83	L F	50 Free	7/1/2023	Niagara LSC LC Super Circuit Meet	
1:30.74	Y F	100 Free	3/3/2023	AD Silver Short Course Championships	
1:37.79	L F	100 Free	7/1/2023	Niagara LSC LC Super Circuit Meet	
44.73	Y F	50 Back	3/3/2023	AD Silver Short Course Championships	
55.25	Y F	50 Breast	2/12/2023	Piranha's Pentathlon	
57.87	L F	50 Breast	7/1/2023	Niagara LSC LC Super Circuit Meet	
53.57	Y F	50 Fly	1/29/2023	Stingray Splash	
1:44.47	Y F	100 IM	3/3/2023	AD Silver Short Course Championships	
<b>Patrick Hagadorn (17) M</b>					
<b>WAVE-AD</b>					
24.15	Y BB T	50 Free	2/4/2023	2023 Winter Blast	
52.60	Y BB F	100 Free	2/4/2023	2023 Winter Blast	
1:57.44	Y BB F	200 Free	2/12/2023	2023 SECTION 7&10 BOYS SWIMMING CHAMPIONSHIP	
5:23.47	Y BB F	500 Free	12/18/2022	Piranha's December Distance Invite	
1:03.93	Y B P	100 Back	1/6/2023	2023 Starfish Trophy Invitational	
2:21.89	Y B F	200 IM	12/18/2022	Piranha's December Distance Invite	
<b>Annabelle Hair (12) F</b>					
<b>IISC-AD</b>					
52.92	Y F	50 Free	11/19/2022	CVSL Tri Meet	
1:56.43	Y F	100 Free	11/19/2022	CVSL Tri Meet	
<b>Mason Hamilton (11) M</b>					
<b>ALBS-AD</b>					
39.57	Y F	50 Free	6/11/2023	Piranhas Summer Kick-Off Meet	
45.39	S F	50 Free	5/21/2023	2023 Starfish Meter Madness	
1:38.50	Y F	100 Free	3/3/2023	AD Silver Short Course Championships	
49.07	Y F	50 Back	6/11/2023	Piranhas Summer Kick-Off Meet	
53.63	S F	50 Back	5/21/2023	2023 Starfish Meter Madness	
55.60	Y F	50 Breast	3/3/2023	AD Silver Short Course Championships	
1:01.62	S F	50 Breast	5/21/2023	2023 Starfish Meter Madness	
1:46.92	Y F	100 IM	6/11/2023	Piranhas Summer Kick-Off Meet	
1:59.14	S F	100 IM	5/21/2023	2023 Starfish Meter Madness	
<b>Makeily Hamlin-Luciano (13) F</b>					
<b>USAM-AD</b>					
53.47	Y F	50 Free	12/11/2022	Sharks 12 & Under Mini Meet	
2:02.54	Y F	100 Free	12/11/2022	Sharks 12 & Under Mini Meet	
<b>Meghan Hamlin (19) F</b>					
<b>NHA-AD</b>					
37.23	Y F	50 Free	3/3/2023	AD Silver Short Course Championships	
1:15.99	Y F	100 Free	3/3/2023	AD Silver Short Course Championships	
2:39.95	Y F	200 Free	3/3/2023	AD Silver Short Course Championships	
7:24.93	Y F	500 Free	1/22/2023	Mile Madness	
1:39.84	Y F	100 Back	12/3/2022	2022 North Country Invitational	
1:28.73	Y F	100 Breast	3/3/2023	AD Silver Short Course Championships	
3:08.82	Y F	200 Breast	3/3/2023	AD Silver Short Course Championships	
3:02.52	Y F	200 IM	3/3/2023	AD Silver Short Course Championships	
<b>Franklin Han (17) M</b>					
<b>UN-AD</b>					
52.76	Y BB F	100 Free	12/17/2022	Shen Boys Holiday Invite	
2:10.61	Y BB F	200 IM	12/17/2022	Shen Boys Holiday Invite	
<b>Jake Han (16) M</b>					
<b>CPP-AD</b>					
24.45	Y BB P	50 Free	3/9/2023	Adirondack Gold Short Course Championships	
28.15	L BB P	50 Free	7/20/2023	2023 Adirondack Long Course Championships	

### Individual Top Times

Time	P/F/S	Event	
<b>Jake Han (16) M</b>			<b>CPP-AD</b>
53.17 Y A P	100 Free	3/9/2023	Adirondack Gold Short Course Championships
1:01.51 L L A F	100 Free	7/20/2023	2023 Adirondack Long Course Championships
1:54.74 Y A F	200 Free	3/3/2023	AD Silver Short Course Championships
4:57.53 L BB F	400 Free	7/20/2023	2023 Adirondack Long Course Championships
5:17.14 Y A F	500 Free	3/9/2023	Adirondack Gold Short Course Championships
1:02.50 Y BB F	100 Back	3/3/2023	AD Silver Short Course Championships
1:15.87 L B P	100 Back	7/20/2023	2023 Adirondack Long Course Championships
2:27.81 Y B F	200 Back	12/18/2022	Piranha's December Distance Invite
1:05.34 Y A P	100 Breast	2/16/2023	Boys Section 2 Division 1 Championships
1:17.97 L BB F	100 Breast	7/20/2023	2023 Adirondack Long Course Championships
2:23.45 Y A F	200 Breast	3/9/2023	Adirondack Gold Short Course Championships
59.04 Y BB P	100 Fly	3/9/2023	Adirondack Gold Short Course Championships
1:12.26 L B F	100 Fly	6/24/2023	2023 NE NSSC June Springfield
2:07.35 Y A F	200 IM	2/16/2023	Boys Section 2 Division 1 Championships
2:35.54 L BB P	200 IM	7/20/2023	2023 Adirondack Long Course Championships
4:50.29 Y BB F	400 IM	1/14/2023	Chris Goody IMX Challenge
<b>Dana Hans (18) F</b>			<b>CLIN-AD</b>
27.06 Y BB P	50 Free	3/9/2023	Adirondack Gold Short Course Championships
31.85 L BB P	50 Free	7/20/2023	2023 Adirondack Long Course Championships
57.13 Y A P	100 Free	2/17/2023	2023 Region 1 Short Course Invitational
2:03.12 Y A P	200 Free	2/17/2023	2023 Region 1 Short Course Invitational
2:28.14 L BB P	200 Free	7/20/2023	2023 Adirondack Long Course Championships
4:59.65 L A F	400 Free	7/20/2023	2023 Adirondack Long Course Championships
5:19.58 Y AA F	500 Free	2/17/2023	2023 Region 1 Short Course Invitational
18:01.73 Y AA F	1650 Free	3/9/2023	Adirondack Gold Short Course Championships
29.60 Y L F	50 Back	3/9/2023	Adirondack Gold Short Course Championships
1:02.36 Y A F	100 Back	3/9/2023	Adirondack Gold Short Course Championships
2:14.25 Y A P	200 Back	3/9/2023	Adirondack Gold Short Course Championships
2:38.26 Y BB F	200 Breast	3/9/2023	Adirondack Gold Short Course Championships
3:15.95 L BB P	200 Breast	7/20/2023	2023 Adirondack Long Course Championships
<b>ShawnPaul Hansen (14) M</b>			<b>WAVE-AD</b>
27.19 Y BB P	50 Free	3/9/2023	Adirondack Gold Short Course Championships
30.81 L BB P	50 Free	7/20/2023	2023 Adirondack Long Course Championships
1:00.45 Y BB F	100 Free	3/3/2023	AD Silver Short Course Championships
1:07.89 L BB F	100 Free	7/20/2023	2023 Adirondack Long Course Championships
2:40.60 L B F	200 Free	7/7/2023	Hawks Summer Invitational 2023
5:38.15 L B F	400 Free	7/20/2023	2023 Adirondack Long Course Championships
6:13.56 Y B F	500 Free	2/12/2023	2023 SECTION 7&10 BOYS SWIMMING CHAMPIONSHIP
1:13.49 Y F	100 Back	3/3/2023	AD Silver Short Course Championships
1:25.55 L F	100 Back	7/7/2023	Hawks Summer Invitational 2023
2:37.02 Y F	200 Back	12/3/2022	2022 North Country Invitational
1:19.51 Y B F	100 Breast	3/3/2023	AD Silver Short Course Championships
1:34.28 L B F	100 Breast	7/20/2023	2023 Adirondack Long Course Championships
1:07.66 Y B F	100 Fly	3/3/2023	AD Silver Short Course Championships
1:22.30 L F	100 Fly	7/7/2023	Hawks Summer Invitational 2023
1:12.78 Y F	100 IM	1/6/2023	2023 Starfish Trophy Invitational
2:32.54 Y B F	200 IM	3/3/2023	AD Silver Short Course Championships
<b>Daniel Hao (13) M</b>			<b>DELM-AD</b>
30.41 Y F	50 Free	1/6/2023	2023 Starfish Trophy Invitational
33.43 L B F	50 Free	5/20/2023	2023 NE NSSC May Springfield
1:06.14 Y F	100 Free	3/9/2023	Adirondack Gold Short Course Championships
1:12.16 L B F	100 Free	7/1/2023	NCAC Summer Meet 2023
2:20.98 Y B F	200 Free	6/11/2023	Piranhas Summer Kick-Off Meet
2:43.86 L B F	200 Free	6/2/2023	STAR LC Kick Off Meet
5:22.29 L BB F	400 Free	8/2/2023	2023 EZ LC Age Group Championship
6:38.69 Y F	500 Free	12/18/2022	Piranha's December Distance Invite
36.42 Y F	50 Back	2/4/2023	Delmar Dolphins Febuary Freeze

### Individual Top Times

Time	P/F/S	Event			
<b>Daniel Hao (13) M</b>					
38.92	L	F	50	Back	7/1/2023 NCAC Summer Meet 2023
1:14.89	Y	F	100	Back	6/11/2023 Piranhas Summer Kick-Off Meet
1:25.43	L	F	100	Back	5/20/2023 2023 NE NSSC May Springfield
3:06.24	L	F	200	Back	6/2/2023 STAR LC Kick Off Meet
38.42	Y	F	50	Breast	3/9/2023 Adirondack Gold Short Course Championships
41.67	L	F	50	Breast	7/1/2023 NCAC Summer Meet 2023
1:23.11	Y	F	100	Breast	3/9/2023 Adirondack Gold Short Course Championships
1:30.75	L	B	F	100	7/1/2023 NCAC Summer Meet 2023
2:58.07	Y	F	200	Breast	3/3/2023 AD Silver Short Course Championships
3:22.06	L	B	F	200	5/5/2023 2023 NE CRIMSON May Madness
31.39	Y	P	50	Fly	3/9/2023 Adirondack Gold Short Course Championships
36.16	L	F	50	Fly	5/20/2023 2023 NE NSSC May Springfield
1:10.76	Y	B	F	100	3/9/2023 Adirondack Gold Short Course Championships
1:17.79	L	B	P	100	8/2/2023 2023 EZ LC Age Group Championship
3:19.08	L	P	200	Fly	8/2/2023 2023 EZ LC Age Group Championship
1:11.98	Y	P	100	IM	3/9/2023 Adirondack Gold Short Course Championships
2:33.89	Y	B	F	200	6/11/2023 Piranhas Summer Kick-Off Meet
2:51.48	L	B	F	200	7/1/2023 NCAC Summer Meet 2023
<b>Helen Hao (16) F</b>					
25.96	Y	AA	F	50	6/11/2023 Piranhas Summer Kick-Off Meet
29.68	L	AA	P	50	8/3/2023 LC Senior Zone Championship
54.29	Y	AA	F	100	11/3/2022 Girls Sec II Division I Championships
1:03.87	L	AA	P	100	8/3/2023 LC Senior Zone Championship
1:58.18	Y	AA	F	200	11/3/2022 Girls Sec II Division I Championships
2:22.78	L	A	F	200	5/5/2023 2023 NE CRIMSON May Madness
33.86	Y	L	F	50	1/6/2023 2023 Starfish Trophy Invitational
34.21	L		F	50	5/5/2023 2023 NE CRIMSON May Madness
1:01.19	Y	AA	F	100	3/9/2023 Adirondack Gold Short Course Championships
1:12.91	L	A	F	100	6/2/2023 STAR LC Kick Off Meet
2:10.87	Y	AA	F	200	3/9/2023 Adirondack Gold Short Course Championships
2:36.01	L	A	F	200	7/1/2023 NCAC Summer Meet 2023
1:11.37	Y	A	P	100	2/17/2023 2023 Region 1 Short Course Invitational
1:24.87	L	A	F	100	6/2/2023 STAR LC Kick Off Meet
3:04.85	L	A	F	200	6/2/2023 STAR LC Kick Off Meet
1:03.03	Y	A	F	100	1/6/2023 2023 Starfish Trophy Invitational
2:12.02	Y	AA	P	200	3/9/2023 Adirondack Gold Short Course Championships
2:34.03	L	AA	F	200	7/1/2023 NCAC Summer Meet 2023
4:43.74	Y	AA	F	400	3/9/2023 Adirondack Gold Short Course Championships
5:32.55	L	AA	F	400	6/2/2023 STAR LC Kick Off Meet
<b>Aliyah Haque (11) F</b>					
44.86	Y		F	50	2/4/2023 Delmar Dolphins Febuary Freeze
54.04	Y		F	50	3/3/2023 AD Silver Short Course Championships
1:01.09	Y		F	50	6/11/2023 Piranhas Summer Kick-Off Meet
1:53.59	Y		F	100	6/11/2023 Piranhas Summer Kick-Off Meet
<b>Phoebe Harder (12) F</b>					
33.97	Y		P	50	3/9/2023 Adirondack Gold Short Course Championships
40.50	S		F	50	5/21/2023 2023 Starfish Meter Madness
1:20.95	Y		F	100	3/3/2023 AD Silver Short Course Championships
2:56.24	Y		F	200	3/3/2023 AD Silver Short Course Championships
44.36	Y		F	50	2/12/2023 Piranha's Pentathlon
52.17	S		F	50	5/21/2023 2023 Starfish Meter Madness
1:40.36	Y		F	100	1/6/2023 2023 Starfish Trophy Invitational
50.38	Y		F	50	2/12/2023 Piranha's Pentathlon
58.98	S		F	50	5/21/2023 2023 Starfish Meter Madness
1:58.60	Y		F	100	1/14/2023 Chris Goody IMX Challenge
42.22	Y		F	50	6/11/2023 Piranhas Summer Kick-Off Meet
45.71	S		F	50	5/21/2023 2023 Starfish Meter Madness

DELM-AD

DELM-AD

DELM-AD

USAM-AD

### Individual Top Times

Time	P/F/S	Event			
<b>Phoebe Harder (12) F</b>					
<b>USAM-AD</b>					
1:29.66	Y	P	100	Fly	3/9/2023 Adirondack Gold Short Course Championships
1:34.72	Y	F	100	IM	3/3/2023 AD Silver Short Course Championships
1:49.78	S	F	100	IM	5/21/2023 2023 Starfish Meter Madness
3:26.50	Y	F	200	IM	3/3/2023 AD Silver Short Course Championships
<b>Emma Harpootlian (11) F</b>					
<b>CPP-AD</b>					
32.74	Y	B	F	50	Free 3/9/2023 Adirondack Gold Short Course Championships
36.70	L	B	F	50	Free 7/20/2023 2023 Adirondack Long Course Championships
37.75	S		F	50	Free 5/21/2023 2023 Starfish Meter Madness
1:13.67	Y		F	100	Free 3/9/2023 Adirondack Gold Short Course Championships
1:25.30	L		F	100	Free 7/20/2023 2023 Adirondack Long Course Championships
2:47.47	Y		F	200	Free 3/9/2023 Adirondack Gold Short Course Championships
3:12.25	L		F	200	Free 7/20/2023 2023 Adirondack Long Course Championships
6:43.44	L		F	400	Free 7/20/2023 2023 Adirondack Long Course Championships
35.67	Y	B	F	50	Back 3/9/2023 Adirondack Gold Short Course Championships
42.51	S		F	50	Back 5/21/2023 2023 Starfish Meter Madness
43.33	L	B	F	50	Back 7/20/2023 2023 Adirondack Long Course Championships
1:22.39	Y	B	F	100	Back 3/9/2023 Adirondack Gold Short Course Championships
1:39.21	L		F	100	Back 7/20/2023 2023 Adirondack Long Course Championships
48.85	Y		F	50	Breast 1/6/2023 2023 Starfish Trophy Invitational
54.79	L		F	50	Breast 7/7/2023 Hawks Summer Invitational 2023
55.98	S		F	50	Breast 5/21/2023 2023 Starfish Meter Madness
1:42.37	Y		F	100	Breast 3/9/2023 Adirondack Gold Short Course Championships
2:03.76	L		F	100	Breast 7/7/2023 Hawks Summer Invitational 2023
37.48	Y		F	50	Fly 3/3/2023 AD Silver Short Course Championships
46.63	L		F	50	Fly 7/20/2023 2023 Adirondack Long Course Championships
1:54.80	L		F	100	Fly 7/7/2023 Hawks Summer Invitational 2023
1:22.92	Y	B	F	100	IM 3/9/2023 Adirondack Gold Short Course Championships
1:39.94	S		F	100	IM 5/21/2023 2023 Starfish Meter Madness
3:04.20	Y		F	200	IM 3/9/2023 Adirondack Gold Short Course Championships
3:37.63	L		F	200	IM 7/20/2023 2023 Adirondack Long Course Championships
<b>Hannah Harpootlian (16) F</b>					
<b>CPP-AD</b>					
24.55	Y	AAA	F	50	Free 3/9/2023 Adirondack Gold Short Course Championships
29.07	L	AA	F	50	Free 7/20/2023 2023 Adirondack Long Course Championships
53.39	Y	AAA	P	100	Free 2/17/2023 2023 Region 1 Short Course Invitational
1:03.85	L	AA	F	100	Free 7/20/2023 2023 Adirondack Long Course Championships
1:55.66	Y	AAA	F	200	Free 11/3/2022 Girls Sec II Division I Championships
2:17.25	L	AA	P	200	Free 7/20/2023 2023 Adirondack Long Course Championships
4:49.70	L	AA	F	400	Free 7/20/2023 2023 Adirondack Long Course Championships
5:12.73	Y	AAA	F	500	Free 2/17/2023 2023 Region 1 Short Course Invitational
19:02.96	L	AA	F	1500	Free 7/20/2023 2023 Adirondack Long Course Championships
x17:58.19	Y	AAA	F	1650	Free 3/9/2023 Adirondack Gold Short Course Championships
17:58.19	Y	AAA	F	1650	Free 3/9/2023 Adirondack Gold Short Course Championships
1:01.32	Y	AA	F	100	Back 3/9/2023 Adirondack Gold Short Course Championships
1:16.76	L	BB	F	100	Back 6/24/2023 2023 NE NSSC June Springfield
2:15.27	Y	A	F	200	Back 3/9/2023 Adirondack Gold Short Course Championships
1:13.34	Y	A	F	100	Breast 6/11/2023 Piranhas Summer Kick-Off Meet
1:23.55	L	A	F	100	Breast 7/20/2023 2023 Adirondack Long Course Championships
3:03.78	L	A	P	200	Breast 7/20/2023 2023 Adirondack Long Course Championships
59.83	Y	AA	P	100	Fly 2/17/2023 2023 Region 1 Short Course Invitational
1:10.95	L	A	P	100	Fly 7/20/2023 2023 Adirondack Long Course Championships
2:12.46	Y	AA	F	200	IM 3/9/2023 Adirondack Gold Short Course Championships
2:37.01	L	AA	F	200	IM 7/20/2023 2023 Adirondack Long Course Championships
<b>Leah Harpootlian (13) F</b>					
<b>CPP-AD</b>					
29.56	Y	BB	F	50	Free 3/9/2023 Adirondack Gold Short Course Championships
32.36	L	BB	F	50	Free 7/20/2023 2023 Adirondack Long Course Championships
1:03.93	Y	BB	P	100	Free 3/9/2023 Adirondack Gold Short Course Championships
1:11.08	L	BB	F	100	Free 7/20/2023 2023 Adirondack Long Course Championships



### Individual Top Times

Time	P/F/S	Event	
<b>Leah Harpootlian (13) F</b>			<b>CPP-AD</b>
2:17.77 Y	BB P	200 Free	3/9/2023 Adirondack Gold Short Course Championships
2:39.19 L	BB F	200 Free	7/7/2023 Hawks Summer Invitational 2023
5:39.52 L	BB F	400 Free	7/20/2023 2023 Adirondack Long Course Championships
6:05.03 Y	BB F	500 Free	3/9/2023 Adirondack Gold Short Course Championships
34.92 Y	P	50 Back	3/9/2023 Adirondack Gold Short Course Championships
1:15.99 Y	B P	100 Back	3/9/2023 Adirondack Gold Short Course Championships
1:30.37 L	F	100 Back	7/7/2023 Hawks Summer Invitational 2023
2:42.07 Y	B F	200 Back	3/3/2023 AD Silver Short Course Championships
3:17.18 L	F	200 Back	7/20/2023 2023 Adirondack Long Course Championships
40.87 Y	F	50 Breast	6/11/2023 Piranhas Summer Kick-Off Meet
47.96 L	F	50 Breast	7/7/2023 Hawks Summer Invitational 2023
1:32.03 Y	F	100 Breast	1/6/2023 2023 Starfish Trophy Invitational
1:43.43 L	F	100 Breast	7/20/2023 2023 Adirondack Long Course Championships
3:15.74 Y	F	200 Breast	12/18/2022 Piranha's December Distance Invite
3:35.66 L	B F	200 Breast	7/20/2023 2023 Adirondack Long Course Championships
33.41 Y	F	50 Fly	3/9/2023 Adirondack Gold Short Course Championships
38.37 L	F	50 Fly	7/7/2023 Hawks Summer Invitational 2023
1:21.39 Y	F	100 Fly	2/12/2023 Piranha's Pentathlon
1:15.36 Y	P	100 IM	3/9/2023 Adirondack Gold Short Course Championships
2:40.64 Y	B F	200 IM	3/3/2023 AD Silver Short Course Championships
3:04.83 L	B F	200 IM	7/7/2023 Hawks Summer Invitational 2023
<b>Claire Harrison (8) F</b>			<b>SCHE-AD</b>
21.03 Y	F	25 Free	1/14/2023 Canajoharie Developmental Meet
48.32 Y	F	50 Free	12/11/2022 Sharks 12 & Under Mini Meet
24.65 Y	F	25 Back	1/14/2023 Canajoharie Developmental Meet
51.27 Y	F	50 Back	2/4/2023 Delmar Dolphins Febuary Freeze
28.31 Y	F	25 Fly	3/3/2023 AD Silver Short Course Championships
<b>Hayden Harrison (11) F</b>			<b>SCHE-AD</b>
35.04 Y	F	50 Free	3/3/2023 AD Silver Short Course Championships
1:24.55 Y	F	100 Free	3/3/2023 AD Silver Short Course Championships
45.09 Y	F	50 Back	1/14/2023 Canajoharie Developmental Meet
1:03.19 Y	F	50 Breast	2/4/2023 Delmar Dolphins Febuary Freeze
41.82 Y	F	50 Fly	3/9/2023 Adirondack Gold Short Course Championships
1:38.28 Y	F	100 IM	2/4/2023 Delmar Dolphins Febuary Freeze
<b>Connor Hart (20) M</b>			<b>SCHE-AD</b>
54.74 Y	P	100 Free	11/12/2021 2021 NE ABF November Trials Final Meet
5:05.76 Y	F	500 Free	11/12/2021 2021 NE ABF November Trials Final Meet
1:00.62 Y	P	100 Back	11/12/2021 2021 NE ABF November Trials Final Meet
1:02.66 Y	F	100 Breast	11/12/2021 2021 NE ABF November Trials Final Meet
2:18.32 Y	P	200 Breast	11/12/2021 2021 NE ABF November Trials Final Meet
2:10.34 Y	P	200 IM	11/12/2021 2021 NE ABF November Trials Final Meet
4:35.76 Y	P	400 IM	11/12/2021 2021 NE ABF November Trials Final Meet
<b>Jenna Hart (18) F</b>			<b>SCHE-AD</b>
24.51 Y	AAA F	50 Free	2/17/2023 2023 Region 1 Short Course Invitational
28.32 L	AAA P	50 Free	7/20/2023 2023 Adirondack Long Course Championships
52.99 Y L	AAA F	100 Free	12/1/2022 2022 STAR Short Course Invitational
52.99 Y	AAA F	100 Free	2/17/2023 2023 Region 1 Short Course Invitational
59.92 L	AAA F	100 Free	7/20/2023 2023 Adirondack Long Course Championships
1:52.56 Y	AAA F	200 Free	12/1/2022 2022 STAR Short Course Invitational
2:10.56 L	AAA F	200 Free	7/20/2023 2023 Adirondack Long Course Championships
5:05.59 Y	AAA F	500 Free	12/1/2022 2022 STAR Short Course Invitational
19:06.54 L	AA F	1500 Free	7/7/2023 Hawks Summer Invitational 2023
57.87 Y	AAA F	100 Back	12/1/2022 2022 STAR Short Course Invitational
1:11.52 L	A F	100 Back	6/24/2023 2023 NE NSSC June Springfield
2:05.30 Y	AAA F	200 Back	12/1/2022 2022 STAR Short Course Invitational
2:34.68 L	A F	200 Back	6/24/2023 2023 NE NSSC June Springfield

### Individual Top Times

Time	P/F/S	Event			
<b>Jenna Hart (18) F</b>					
<b>CPP-AD</b>					
1:17.59	Y BB F	100 Breast	6/11/2023	Piranhas Summer Kick-Off Meet	
1:29.66	L BB F	100 Breast	6/24/2023	2023 NE NSSC June Springfield	
2:39.68	Y BB F	200 Breast	1/14/2023	Chris Goody IMX Challenge	
56.88	Y AAA F	100 Fly	12/1/2022	2022 STAR Short Course Invitational	
1:08.64	L AA P	100 Fly	7/20/2023	2023 Adirondack Long Course Championships	
2:06.60	Y AAA F	200 Fly	12/1/2022	2022 STAR Short Course Invitational	
2:36.63	L A P	200 Fly	7/20/2023	2023 Adirondack Long Course Championships	
1:03.08	Y F	100 IM	10/22/2022	Trick or Treat Meet	
2:10.57	Y AA P	200 IM	2/17/2023	2023 Region 1 Short Course Invitational	
2:38.86	L A F	200 IM	6/24/2023	2023 NE NSSC June Springfield	
4:41.52	Y AA F	400 IM	1/14/2023	Chris Goody IMX Challenge	
<b>Andrew Hartman (18) M</b>					
<b>UN-AD</b>					
22.38	Y AA F	50 Free	2/16/2023	Boys Section 2 Division 1 Championships	
26.03	L AA F	50 Free	7/20/2023	2023 Adirondack Long Course Championships	
48.70	Y AA F	100 Free	2/16/2023	Boys Section 2 Division 1 Championships	
57.22	L AA F	100 Free	7/20/2023	2023 Adirondack Long Course Championships	
58.80	S BB F	100 Free	5/21/2023	2023 Starfish Meter Madness	
2:06.22	L AA F	200 Free	7/20/2023	2023 Adirondack Long Course Championships	
4:43.27	L BB F	400 Free	7/20/2023	2023 Adirondack Long Course Championships	
5:37.15	Y B F	500 Free	11/12/2022	Fall frenzy	
1:05.21	L A F	100 Back	7/20/2023	2023 Adirondack Long Course Championships	
1:06.93	S BB F	100 Back	5/21/2023	2023 Starfish Meter Madness	
2:09.89	Y BB F	200 Back	1/6/2023	2023 Starfish Trophy Invitational	
2:25.97	L A F	200 Back	7/20/2023	2023 Adirondack Long Course Championships	
1:17.95	Y P	100 Breast	1/6/2023	2023 Starfish Trophy Invitational	
1:23.77	S B F	100 Breast	5/21/2023	2023 Starfish Meter Madness	
1:03.49	L A F	100 Fly	7/20/2023	2023 Adirondack Long Course Championships	
1:04.51	S BB F	100 Fly	5/21/2023	2023 Starfish Meter Madness	
1:09.07	S F	100 IM	5/21/2023	2023 Starfish Meter Madness	
<b>Charley Hastings (14) M</b>					
<b>SCHE-AD</b>					
30.12	Y F	50 Free	1/29/2023	Stingray Splash	
34.67	L F	50 Free	6/10/2023	2023 MR LIAC Summertime Classic Invitational	
1:06.03	Y F	100 Free	3/3/2023	AD Silver Short Course Championships	
1:16.07	L F	100 Free	6/10/2023	2023 MR LIAC Summertime Classic Invitational	
2:23.99	Y F	200 Free	1/29/2023	Stingray Splash	
2:46.46	L F	200 Free	6/10/2023	2023 MR LIAC Summertime Classic Invitational	
6:30.64	Y F	500 Free	1/14/2023	Chris Goody IMX Challenge	
37.98	Y F	50 Back	10/22/2022	Trick or Treat Meet	
1:18.07	Y F	100 Back	3/3/2023	AD Silver Short Course Championships	
1:29.13	L F	100 Back	6/10/2023	2023 MR LIAC Summertime Classic Invitational	
2:45.32	Y F	200 Back	1/14/2023	Chris Goody IMX Challenge	
3:11.85	L F	200 Back	6/10/2023	2023 MR LIAC Summertime Classic Invitational	
44.49	Y F	50 Breast	10/22/2022	Trick or Treat Meet	
1:30.58	Y F	100 Breast	1/29/2023	Stingray Splash	
3:18.21	Y F	200 Breast	1/14/2023	Chris Goody IMX Challenge	
1:20.54	Y F	100 Fly	1/29/2023	Stingray Splash	
3:02.95	Y F	200 Fly	1/14/2023	Chris Goody IMX Challenge	
1:20.61	Y F	100 IM	10/22/2022	Trick or Treat Meet	
2:46.39	Y F	200 IM	3/3/2023	AD Silver Short Course Championships	
3:16.12	L F	200 IM	6/10/2023	2023 MR LIAC Summertime Classic Invitational	
6:01.88	Y F	400 IM	1/14/2023	Chris Goody IMX Challenge	
<b>Alexis Hathaway (18) F</b>					
<b>WAVE-AD</b>					
1:03.65	Y B F	100 Free	12/3/2022	2022 North Country Invitational	
29.21	Y L F	50 Back	11/5/2022	Section VII Championships 2022	
1:02.89	Y A F	100 Back	11/5/2022	Section VII Championships 2022	
2:37.04	Y B F	200 Back	12/3/2022	2022 North Country Invitational	
1:04.92	Y BB F	100 Fly	11/5/2022	Section VII Championships 2022	

### Individual Top Times

Time	P/F/S	Event					
<b>Leah Haug (13) F</b>							
35.30	Y	F	50	Free	2/4/2023	Delmar Dolphins Febuary Freeze	
1:20.82	Y	F	100	Free	3/3/2023	AD Silver Short Course Championships	
3:25.66	Y	F	200	Free	10/22/2022	Trick or Treat Meet	
8:26.60	Y	F	500	Free	1/14/2023	Chris Goody IMX Challenge	
43.04	Y	F	50	Back	2/4/2023	Delmar Dolphins Febuary Freeze	
1:35.95	Y	F	100	Back	1/14/2023	Chris Goody IMX Challenge	
46.70	Y	F	50	Fly	3/3/2023	AD Silver Short Course Championships	
1:50.79	Y	F	100	Fly	3/3/2023	AD Silver Short Course Championships	
1:48.41	Y	F	100	IM	11/12/2022	Fall frenzy	
<b>Spencer Healey (13) M</b>							
33.63	Y	F	50	Free	6/11/2023	Piranhas Summer Kick-Off Meet	
37.14	L	F	50	Free	7/20/2023	2023 Adirondack Long Course Championships	
1:17.56	Y	F	100	Free	6/11/2023	Piranhas Summer Kick-Off Meet	
1:20.95	L	F	100	Free	7/7/2023	Hawks Summer Invitational 2023	
2:57.98	L	F	200	Free	7/20/2023	2023 Adirondack Long Course Championships	
2:59.69	Y	F	200	Free	10/22/2022	Trick or Treat Meet	
43.36	Y	F	50	Back	3/3/2023	AD Silver Short Course Championships	
45.29	L	F	50	Back	7/20/2023	2023 Adirondack Long Course Championships	
1:32.76	Y	F	100	Back	3/3/2023	AD Silver Short Course Championships	
1:39.56	L	F	100	Back	7/20/2023	2023 Adirondack Long Course Championships	
3:25.78	Y	F	200	Back	12/18/2022	Piranha's December Distance Invite	
3:29.66	L	F	200	Back	7/20/2023	2023 Adirondack Long Course Championships	
47.02	Y	F	50	Breast	6/11/2023	Piranhas Summer Kick-Off Meet	
51.33	L	F	50	Breast	7/7/2023	Hawks Summer Invitational 2023	
1:45.20	Y	F	100	Breast	3/3/2023	AD Silver Short Course Championships	
1:53.78	L	F	100	Breast	7/7/2023	Hawks Summer Invitational 2023	
46.22	Y	P	50	Fly	1/6/2023	2023 Starfish Trophy Invitational	
50.23	L	F	50	Fly	7/7/2023	Hawks Summer Invitational 2023	
1:32.39	Y	F	100	IM	3/3/2023	AD Silver Short Course Championships	
<b>Felicity Heckler (17) F</b>							
29.80	Y	B	F	50	Free	10/8/2022	Shenendehowa Girls Invitational
1:05.84	Y	B	F	100	Free	10/8/2022	Shenendehowa Girls Invitational
2:22.53	Y	B	P	200	Free	11/3/2022	Girls Sec II Division I Championships
6:06.52	Y	BB	P	500	Free	11/3/2022	Girls Sec II Division I Championships
<b>Hayden Heckler (14) M</b>							
30.88	Y	F	50	Free	6/11/2023	Piranhas Summer Kick-Off Meet	
1:24.17	Y	F	100	Back	6/11/2023	Piranhas Summer Kick-Off Meet	
1:39.18	Y	F	100	Breast	6/11/2023	Piranhas Summer Kick-Off Meet	
1:36.72	Y	F	100	Fly	6/11/2023	Piranhas Summer Kick-Off Meet	
<b>Savannah Heft (9) F</b>							
32.06	Y	F	25	Free	1/14/2023	Canajoharie Developmental Meet	
35.49	Y	F	25	Back	12/3/2022	CVSL Tri Meet	
<b>Claire Heikaus (12) F</b>							
43.79	Y	F	50	Free	1/29/2023	Stingray Splash	
1:34.38	Y	F	100	Free	3/3/2023	AD Silver Short Course Championships	
46.63	Y	F	50	Back	3/3/2023	AD Silver Short Course Championships	
1:57.83	Y	F	100	Back	11/12/2022	Fall frenzy	
1:01.19	Y	F	50	Breast	1/29/2023	Stingray Splash	
<b>Banks Heinemann (8) M</b>							
24.95	Y	F	25	Free	12/11/2022	Sharks 12 & Under Mini Meet	
57.82	Y	F	50	Free	1/29/2023	Stingray Splash	
29.81	Y	F	25	Back	1/29/2023	Stingray Splash	
<b>Elizabeth Heiner (13) F</b>							
34.54	Y	F	50	Free	10/22/2022	Trick or Treat Meet	
1:16.98	Y	F	100	Free	12/3/2022	2022 North Country Invitational	
44.47	Y	F	50	Back	1/14/2023	Canajoharie Developmental Meet	

SCHE-AD

CPP-AD

UN-AD

ALBS-AD

CANA-AD

SCHE-AD

SARY-AD

NHA-AD

### Individual Top Times

Time	P/F/S	Event			
<b>Elizabeth Heiner (13) F</b>					
<b>NHA-AD</b>					
1:29.86	Y	F	100	Back	2/12/2023 Piranha's Pentathlon
3:21.97	Y	F	200	Back	12/3/2022 2022 North Country Invitational
47.12	Y	F	50	Breast	1/14/2023 Canajoharie Developmental Meet
1:42.25	Y	F	100	Breast	12/3/2022 2022 North Country Invitational
3:45.91	Y	F	200	Breast	12/3/2022 2022 North Country Invitational
42.71	Y	F	50	Fly	3/3/2023 AD Silver Short Course Championships
1:30.06	Y	F	100	IM	2/12/2023 Piranha's Pentathlon
3:23.28	Y	F	200	IM	1/14/2023 Canajoharie Developmental Meet
<b>Campbell Heiz (18) M</b>					
<b>HAWK-AD</b>					
23.30	Y	A	F	50	Free 3/9/2023 Adirondack Gold Short Course Championships
51.21	Y	A	F	100	Free 3/9/2023 Adirondack Gold Short Course Championships
1:52.17	Y	A	P	200	Free 3/9/2023 Adirondack Gold Short Course Championships
2:22.46	L	BB	F	200	Free 7/7/2023 Hawks Summer Invitational 2023
1:04.56	Y	BB	P	100	Breast 3/9/2023 Adirondack Gold Short Course Championships
2:21.92	Y	BB	F	200	Breast 3/9/2023 Adirondack Gold Short Course Championships
2:56.51	L	BB	F	200	Breast 7/7/2023 Hawks Summer Invitational 2023
58.17	Y	BB	P	100	Fly 3/9/2023 Adirondack Gold Short Course Championships
2:08.05	Y	BB	F	200	IM 1/6/2023 2023 Starfish Trophy Invitational
5:38.36	L	BB	F	400	IM 7/7/2023 Hawks Summer Invitational 2023
<b>Ryan Hellenthal (18) M</b>					
<b>CLIN-AD</b>					
22.99	Y L	A	F	50	Free 3/9/2023 Adirondack Gold Short Course Championships
26.77	L	A	P	50	Free 7/20/2023 2023 Adirondack Long Course Championships
49.85	Y	AA	F	100	Free 3/9/2023 Adirondack Gold Short Course Championships
59.47	L	A	F	100	Free 7/1/2023 Niagara LSC LC Super Circuit Meet
1:48.57	Y	AA	F	200	Free 3/9/2023 Adirondack Gold Short Course Championships
2:20.39	L	BB	F	200	Free 7/1/2023 Niagara LSC LC Super Circuit Meet
5:07.84	Y	A	F	500	Free 3/9/2023 Adirondack Gold Short Course Championships
57.47	Y	BB	P	100	Back 2/17/2023 2023 Region 1 Short Course Invitational
56.63	Y	BB	P	100	Fly 2/17/2023 2023 Region 1 Short Course Invitational
<b>Thomas Hellenthal (15) M</b>					
<b>CLIN-AD</b>					
23.48	Y	A	F	50	Free 3/9/2023 Adirondack Gold Short Course Championships
26.01	L	AA	F	50	Free 7/20/2023 2023 Adirondack Long Course Championships
50.95	Y	AA	P	100	Free 2/17/2023 2023 Region 1 Short Course Invitational
57.22	S	A	F	100	Free 5/21/2023 2023 Starfish Meter Madness
58.81	L	AA	F	100	Free 7/1/2023 Niagara LSC LC Super Circuit Meet
1:50.93	Y	AA	P	200	Free 3/9/2023 Adirondack Gold Short Course Championships
2:14.79	L	A	P	200	Free 7/20/2023 2023 Adirondack Long Course Championships
5:05.33	Y	A	P	500	Free 2/17/2023 2023 Region 1 Short Course Invitational
26.15	Y L		F	50	Back 3/9/2023 Adirondack Gold Short Course Championships
54.98	Y	AA	F	100	Back 3/9/2023 Adirondack Gold Short Course Championships
1:03.43	L	AA	F	100	Back 7/20/2023 2023 Adirondack Long Course Championships
1:03.87	S	A	F	100	Back 5/21/2023 2023 Starfish Meter Madness
1:58.78	Y	AA	F	200	Back 3/9/2023 Adirondack Gold Short Course Championships
2:27.47	L	A	F	200	Back 7/1/2023 Niagara LSC LC Super Circuit Meet
57.08	Y	A	F	100	Fly 3/9/2023 Adirondack Gold Short Course Championships
1:05.41	L	A	F	100	Fly 7/20/2023 2023 Adirondack Long Course Championships
2:16.79	Y	BB	F	200	IM 11/12/2022 Fall frenzy
<b>Celia Heller (13) F</b>					
<b>GRGF-AD</b>					
29.20	Y	BB	P	50	Free 3/9/2023 Adirondack Gold Short Course Championships
1:04.48	Y	BB	F	100	Free 3/9/2023 Adirondack Gold Short Course Championships
33.34	Y		F	50	Back 3/9/2023 Adirondack Gold Short Course Championships
1:13.64	Y	B	F	100	Back 3/9/2023 Adirondack Gold Short Course Championships
1:21.49	Y		F	100	IM 2/4/2023 Delmar Dolphins Febuary Freeze
<b>Brayden Henkel (18) M</b>					
<b>DELM-AD</b>					
20.86	Y	AAAA	F	50	Free 3/9/2023 Adirondack Gold Short Course Championships
25.11	L	AAA	F	50	Free 6/2/2023 STAR LC Kick Off Meet

### Individual Top Times

Time	P/F/S	Event				
<b>Brayden Henkel (18) M</b>						
						<b>DELM-AD</b>
47.11	Y L AAA	F	100	Free	3/9/2023	Adirondack Gold Short Course Championships
57.15	L AA	F	100	Free	5/5/2023	2023 NE CRIMSON May Madness
30.48	L	F	50	Breast	5/5/2023	2023 NE CRIMSON May Madness
54.63	Y AAAA	F	100	Breast	3/9/2023	Adirondack Gold Short Course Championships
1:08.93	L AAA	F	100	Breast	6/2/2023	STAR LC Kick Off Meet
2:04.10	Y AAA	F	200	Breast	3/9/2023	Adirondack Gold Short Course Championships
2:39.36	L A	F	200	Breast	6/2/2023	STAR LC Kick Off Meet
27.12	L	F	50	Fly	5/5/2023	2023 NE CRIMSON May Madness
50.13	Y AAA	F	100	Fly	3/9/2023	Adirondack Gold Short Course Championships
1:02.01	L A	F	100	Fly	6/2/2023	STAR LC Kick Off Meet
1:57.80	Y AA	F	200	IM	3/9/2023	Adirondack Gold Short Course Championships
2:28.03	L A	F	200	IM	5/5/2023	2023 NE CRIMSON May Madness
5:24.23	L BB	F	400	IM	5/5/2023	2023 NE CRIMSON May Madness
<b>Quinn Herlihy (11) M</b>						
						<b>GRGF-AD</b>
55.72	Y	F	50	Free	12/11/2022	Sharks 12 & Under Mini Meet
1:11.91	Y	F	50	Back	12/11/2022	Sharks 12 & Under Mini Meet
<b>Jacob Hershberg (16) M</b>						
						<b>DELM-AD</b>
23.64	Y A	P	50	Free	2/17/2023	2023 Region 1 Short Course Invitational
52.96	Y A	P	100	Free	3/9/2023	Adirondack Gold Short Course Championships
59.93	L A	P	100	Free	8/3/2023	LC Senior Zone Championship
1:53.46	Y A	F	200	Free	3/9/2023	Adirondack Gold Short Course Championships
2:23.21	L BB	F	200	Free	5/5/2023	2023 NE CRIMSON May Madness
5:04.47	L BB	F	400	Free	5/5/2023	2023 NE CRIMSON May Madness
5:24.52	Y BB	F	500	Free	11/12/2022	Fall frenzy
30.81	L	F	50	Back	5/5/2023	2023 NE CRIMSON May Madness
52.60	Y AAA	P	100	Back	2/16/2023	Boys Section 2 Division 1 Championships
1:01.33	L AAA	P	100	Back	8/3/2023	LC Senior Zone Championship
1:54.17	Y AAA	F	200	Back	3/9/2023	Adirondack Gold Short Course Championships
2:14.59	L AAA	P	200	Back	8/3/2023	LC Senior Zone Championship
1:12.49	Y B	F	100	Breast	2/4/2023	Delmar Dolphins Febuary Freeze
27.62	L	F	50	Fly	7/1/2023	NCAC Summer Meet 2023
52.59	Y AAA	P	100	Fly	2/16/2023	Boys Section 2 Division 1 Championships
59.68	L AAA	P	100	Fly	8/3/2023	LC Senior Zone Championship
2:02.16	Y AA	F	200	Fly	3/9/2023	Adirondack Gold Short Course Championships
2:28.66	L BB	F	200	Fly	6/2/2023	STAR LC Kick Off Meet
1:01.04	Y	F	100	IM	10/22/2022	Trick or Treat Meet
2:10.83	Y BB	F	200	IM	2/4/2023	Delmar Dolphins Febuary Freeze
2:37.06	L BB	F	200	IM	5/5/2023	2023 NE CRIMSON May Madness
<b>Lucas Hersh (8) M</b>						
						<b>HAWK-AD</b>
25.20	Y	F	25	Free	10/29/2022	Starfish Fall Spooktacular
2:15.04	Y	F	100	Free	1/6/2023	2023 Starfish Trophy Invitational
27.25	Y	F	25	Back	10/29/2022	Starfish Fall Spooktacular
56.56	Y	F	50	Back	1/6/2023	2023 Starfish Trophy Invitational
<b>Kate Hetherington (9) F</b>						
						<b>DELM-AD</b>
26.93	Y	F	25	Free	11/12/2022	Fall frenzy
49.00	Y	F	50	Free	3/3/2023	AD Silver Short Course Championships
24.38	Y	F	25	Back	3/3/2023	AD Silver Short Course Championships
<b>Alice Hill (11) F</b>						
						<b>SARY-AD</b>
45.32	Y	F	50	Free	1/29/2023	Stingray Splash
1:38.36	Y	F	100	Free	1/29/2023	Stingray Splash
56.93	Y	F	50	Back	1/29/2023	Stingray Splash
1:45.63	Y	F	100	IM	1/29/2023	Stingray Splash
<b>Liberty Hill (10) F</b>						
						<b>BFIN-AD</b>
24.41	Y	F	25	Free	10/22/2022	Trick or Treat Meet
47.70	L	F	50	Free	7/7/2023	Hawks Summer Invitational 2023
51.94	Y	F	50	Free	2/12/2023	Piranha's Pentathlon

### Individual Top Times

Time	P/F/S	Event					
<b>Liberty Hill (10) F</b>							<b>BFIN-AD</b>
22.87	Y	F	25	Back	11/12/2022	Fall frenzy	
52.20	Y	F	50	Back	2/12/2023	Piranha's Pentathlon	
58.09	L	F	50	Back	7/7/2023	Hawks Summer Invitational 2023	
2:13.95	L	F	100	Back	7/7/2023	Hawks Summer Invitational 2023	
28.74	Y	F	25	Breast	10/22/2022	Trick or Treat Meet	
55.53	Y	F	50	Breast	6/11/2023	Piranhas Summer Kick-Off Meet	
1:02.39	L	F	50	Breast	7/7/2023	Hawks Summer Invitational 2023	
2:19.18	L	F	100	Breast	7/7/2023	Hawks Summer Invitational 2023	
1:03.44	L	F	50	Fly	7/7/2023	Hawks Summer Invitational 2023	
<b>Owen Hill (13) M</b>							<b>SARY-AD</b>
40.06	Y	F	50	Free	1/29/2023	Stingray Splash	
1:29.56	Y	F	100	Free	1/29/2023	Stingray Splash	
55.29	Y	F	50	Breast	1/29/2023	Stingray Splash	
<b>Eva Hilt (19) F</b>							<b>SCHE-AD</b>
27.38	Y	P	50	Free	12/1/2022	2022 STAR Short Course Invitational	
58.82	Y	P	100	Free	12/1/2022	2022 STAR Short Course Invitational	
2:03.39	Y	P	200	Free	11/3/2022	Girls Sec II Division I Championships	
2:28.73	Y	P	200	Back	12/1/2022	2022 STAR Short Course Invitational	
1:03.63	Y	P	100	Fly	11/3/2022	Girls Sec II Division I Championships	
2:23.08	Y	P	200	IM	12/1/2022	2022 STAR Short Course Invitational	
<b>Nora Hinsdale (12) F</b>							<b>ALBS-AD</b>
36.88	Y	F	50	Free	3/3/2023	AD Silver Short Course Championships	
1:35.55	Y	F	100	Free	1/6/2023	2023 Starfish Trophy Invitational	
48.10	Y	F	50	Back	2/4/2023	Delmar Dolphins Febuary Freeze	
50.01	Y	F	50	Breast	2/4/2023	Delmar Dolphins Febuary Freeze	
45.65	Y	F	50	Fly	3/3/2023	AD Silver Short Course Championships	
<b>Olive Hirliman (12) F</b>							<b>SARY-AD</b>
36.77	Y	F	50	Free	2/4/2023	Delmar Dolphins Febuary Freeze	
1:24.83	Y	F	100	Free	12/11/2022	Sharks 12 & Under Mini Meet	
43.99	Y	F	50	Back	12/11/2022	Sharks 12 & Under Mini Meet	
54.15	Y	F	50	Breast	2/4/2023	Delmar Dolphins Febuary Freeze	
46.75	Y	F	50	Fly	1/29/2023	Stingray Splash	
1:35.40	Y	F	100	IM	2/4/2023	Delmar Dolphins Febuary Freeze	
<b>Ching-Le Ho (14) F</b>							<b>NHA-AD</b>
39.42	Y	F	50	Free	1/29/2023	Stingray Splash	
1:25.00	Y	F	100	Free	2/12/2023	Piranha's Pentathlon	
1:43.14	Y	F	100	Breast	2/12/2023	Piranha's Pentathlon	
3:42.51	Y	F	200	IM	2/12/2023	Piranha's Pentathlon	
<b>Ethan Ho (9) M</b>							<b>ALBS-AD</b>
1:04.18	Y	F	50	Free	1/6/2023	2023 Starfish Trophy Invitational	
<b>Emma Hoffman (21) F</b>							<b>CPP-AD</b>
29.31	L	F	50	Free	7/20/2023	2023 Adirondack Long Course Championships	
1:10.66	L	P	100	Back	7/20/2023	2023 Adirondack Long Course Championships	
<b>Brady Hoffmann (13) M</b>							<b>GRGF-AD</b>
1:22.45	Y	F	100	Free	11/12/2022	Fall frenzy	
1:39.31	Y	F	100	Back	3/3/2023	AD Silver Short Course Championships	
<b>Miyoko Holcomb (9) F</b>							<b>SARY-AD</b>
23.25	Y	F	25	Free	1/29/2023	Stingray Splash	
43.16	Y	F	50	Free	6/11/2023	Piranhas Summer Kick-Off Meet	
1:48.51	Y	F	100	Free	3/3/2023	AD Silver Short Course Championships	
1:57.70	L	F	100	Free	7/7/2023	Hawks Summer Invitational 2023	
23.87	Y	F	25	Back	3/3/2023	AD Silver Short Course Championships	
53.65	Y	F	50	Back	6/11/2023	Piranhas Summer Kick-Off Meet	
36.02	Y	F	25	Breast	10/29/2022	Starfish Fall Spooktacular	
23.23	Y	F	25	Fly	3/3/2023	AD Silver Short Course Championships	
53.39	L	B	F	50	Fly	7/20/2023	2023 Adirondack Long Course Championships

### Individual Top Times

Time	P/F/S	Event				
<b>Miyoko Holcomb (9) F</b>						
55.26	Y	F	50	Fly	6/11/2023	Piranhas Summer Kick-Off Meet
1:47.43	Y	F	100	IM	6/11/2023	Piranhas Summer Kick-Off Meet
<b>Sheldon Holmes (18) M</b>						
24.35	Y	BB	F	50	Free	3/3/2023 AD Silver Short Course Championships
57.02	Y	B	F	100	Free	3/3/2023 AD Silver Short Course Championships
2:04.11	Y	B	F	200	Free	3/3/2023 AD Silver Short Course Championships
5:52.83	Y	B	F	500	Free	12/3/2022 2022 North Country Invitational
1:05.74	Y	B	F	100	Back	3/3/2023 AD Silver Short Course Championships
2:22.43	Y	B	F	200	Back	1/22/2023 Mile Madness
1:14.03	Y	B	F	100	Breast	12/3/2022 2022 North Country Invitational
2:20.63	Y	B	F	200	IM	3/3/2023 AD Silver Short Course Championships
<b>Lily Holst (13) F</b>						
45.59	Y		F	50	Free	2/4/2023 Delmar Dolphins Febuary Freeze
1:40.40	Y		F	100	Free	11/12/2022 Fall frenzy
1:57.29	S		F	100	Free	5/21/2023 2023 Starfish Meter Madness
48.18	Y		F	50	Back	2/4/2023 Delmar Dolphins Febuary Freeze
1:59.37	S		F	100	Back	5/21/2023 2023 Starfish Meter Madness
2:00.63	Y		F	100	Back	11/12/2022 Fall frenzy
57.02	Y		F	50	Breast	2/4/2023 Delmar Dolphins Febuary Freeze
2:12.68	S		F	100	Breast	5/21/2023 2023 Starfish Meter Madness
1:42.20	Y		F	100	IM	3/3/2023 AD Silver Short Course Championships
2:04.24	S		F	100	IM	5/21/2023 2023 Starfish Meter Madness
<b>Aidan Hom (16) M</b>						
32.69	Y		F	50	Free	10/29/2022 Starfish Fall Spooktacular
1:36.26	Y		F	100	Breast	10/29/2022 Starfish Fall Spooktacular
<b>Alfred Hom (13) M</b>						
50.50	Y		F	50	Free	12/3/2022 CVSL Tri Meet
2:17.33	Y		F	100	Free	12/3/2022 CVSL Tri Meet
57.91	Y		F	50	Back	12/3/2022 CVSL Tri Meet
<b>Winston Hom (10) M</b>						
54.62	Y		F	50	Free	12/3/2022 CVSL Tri Meet
1:57.67	Y		F	100	Free	1/6/2023 2023 Starfish Trophy Invitational
1:00.94	Y		F	50	Back	12/3/2022 CVSL Tri Meet
<b>Jacob Hong (11) M</b>						
1:01.20	Y		F	50	Free	10/22/2022 Trick or Treat Meet
2:13.94	Y		F	100	Free	10/22/2022 Trick or Treat Meet
1:08.66	Y		F	50	Back	10/22/2022 Trick or Treat Meet
<b>Elise Hook (10) F</b>						
38.43	Y	B	F	50	Free	3/3/2023 AD Silver Short Course Championships
1:28.94	Y	B	F	100	Free	3/3/2023 AD Silver Short Course Championships
3:06.50	Y	B	F	200	Free	3/3/2023 AD Silver Short Course Championships
42.79	Y	B	F	50	Back	10/22/2022 Trick or Treat Meet
1:34.26	Y	B	F	100	Back	12/3/2022 2022 North Country Invitational
1:06.36	Y		F	50	Breast	1/6/2023 2023 Starfish Trophy Invitational
47.66	Y		F	50	Fly	3/3/2023 AD Silver Short Course Championships
<b>Gavin Hook (17) M</b>						
23.66	Y	A	P	50	Free	2/16/2023 Boys Section 2 Division 1 Championships
52.50	Y	BB	F	100	Free	2/16/2023 Boys Section 2 Division 1 Championships
2:01.57	Y	BB	F	200	Free	3/3/2023 AD Silver Short Course Championships
1:04.34	Y	B	F	100	Back	3/3/2023 AD Silver Short Course Championships
2:28.40	Y		F	200	Back	12/18/2022 Piranha's December Distance Invite
1:13.95	Y	B	F	100	Breast	3/3/2023 AD Silver Short Course Championships
2:38.33	Y	B	F	200	Breast	12/18/2022 Piranha's December Distance Invite
1:02.30	Y	B	F	100	Fly	3/3/2023 AD Silver Short Course Championships
2:12.43	Y	BB	F	200	IM	3/3/2023 AD Silver Short Course Championships
4:57.43	Y	B	F	400	IM	1/14/2023 Chris Goody IMX Challenge

SARY-AD

NHA-AD

SCHE-AD

ALBS-AD

CLRK-AD

CLRK-AD

CPP-AD

CPP-AD

UN-AD

### Individual Top Times

Time	P/F/S	Event	Date	Event
<b>Lillian Hopke (12) F</b>				
<b>CPP-AD</b>				
28.18	Y A F	50 Free	6/11/2023	Piranhas Summer Kick-Off Meet
31.64	L L AA F	50 Free	8/2/2023	2023 EZ LC Age Group Championship
1:03.89	Y BB F	100 Free	1/6/2023	2023 Starfish Trophy Invitational
1:08.62	L AA P	100 Free	8/2/2023	2023 EZ LC Age Group Championship
2:20.96	Y BB F	200 Free	3/9/2023	Adirondack Gold Short Course Championships
2:32.12	L A P	200 Free	8/2/2023	2023 EZ LC Age Group Championship
5:18.55	L A F	400 Free	8/2/2023	2023 EZ LC Age Group Championship
6:05.67	Y A F	500 Free	3/9/2023	Adirondack Gold Short Course Championships
x6:05.67	Y A F	500 Free	3/9/2023	Adirondack Gold Short Course Championships
34.03	Y BB F	50 Back	6/11/2023	Piranhas Summer Kick-Off Meet
39.18	L BB F	50 Back	6/24/2023	2023 NE NSSC June Springfield
1:13.80	Y BB F	100 Back	1/6/2023	2023 Starfish Trophy Invitational
1:27.49	L BB F	100 Back	6/24/2023	2023 NE NSSC June Springfield
3:02.27	L BB F	200 Back	6/24/2023	2023 NE NSSC June Springfield
37.80	Y BB F	50 Breast	6/11/2023	Piranhas Summer Kick-Off Meet
42.44	L BB F	50 Breast	7/20/2023	2023 Adirondack Long Course Championships
1:25.15	Y BB F	100 Breast	12/3/2022	2022 North Country Invitational
1:34.19	L BB F	100 Breast	6/24/2023	2023 NE NSSC June Springfield
32.33	Y BB F	50 Fly	2/12/2023	Piranha's Pentathlon
34.05	L A F	50 Fly	7/20/2023	2023 Adirondack Long Course Championships
1:13.57	Y BB F	100 Fly	1/6/2023	2023 Starfish Trophy Invitational
1:21.56	L BB P	100 Fly	8/2/2023	2023 EZ LC Age Group Championship
1:11.59	Y A F	100 IM	6/11/2023	Piranhas Summer Kick-Off Meet
2:39.57	Y BB F	200 IM	3/9/2023	Adirondack Gold Short Course Championships
3:03.47	L BB F	200 IM	7/7/2023	Hawks Summer Invitational 2023
<b>Stella Hopke (10) F</b>				
<b>CPP-AD</b>				
35.93	Y B F	50 Free	3/3/2023	AD Silver Short Course Championships
43.65	L B F	50 Free	7/20/2023	2023 Adirondack Long Course Championships
46.87	S F	50 Free	5/21/2023	2023 Starfish Meter Madness
1:26.04	Y B F	100 Free	3/3/2023	AD Silver Short Course Championships
1:39.33	L B F	100 Free	7/20/2023	2023 Adirondack Long Course Championships
3:17.18	Y B F	200 Free	3/3/2023	AD Silver Short Course Championships
40.81	Y BB F	50 Back	3/9/2023	Adirondack Gold Short Course Championships
47.40	S B F	50 Back	5/21/2023	2023 Starfish Meter Madness
50.34	L B F	50 Back	7/20/2023	2023 Adirondack Long Course Championships
1:50.98	L B F	100 Back	7/20/2023	2023 Adirondack Long Course Championships
51.58	Y B F	50 Breast	12/3/2022	2022 North Country Invitational
1:05.32	L F	50 Breast	7/20/2023	2023 Adirondack Long Course Championships
1:08.26	S F	50 Breast	5/21/2023	2023 Starfish Meter Madness
2:24.91	L F	100 Breast	7/7/2023	Hawks Summer Invitational 2023
47.38	Y B F	50 Fly	1/6/2023	2023 Starfish Trophy Invitational
57.11	L F	50 Fly	7/20/2023	2023 Adirondack Long Course Championships
1:36.91	Y B F	100 IM	1/6/2023	2023 Starfish Trophy Invitational
<b>Olivia Hoppel (12) F</b>				
<b>TBS-AD</b>				
34.00	Y F	50 Free	2/4/2023	2023 Winter Blast
1:21.74	Y F	100 Free	2/4/2023	2023 Winter Blast
3:30.76	Y F	200 Free	10/23/2022	2022 Swimtober
53.23	Y F	50 Back	11/12/2022	Greater Syracuse Invitational
1:08.76	Y A F	100 Back	10/8/2022	Shenendehowa Girls Invitational
43.78	Y F	50 Breast	2/4/2023	2023 Winter Blast
1:36.86	Y F	100 Breast	2/4/2023	2023 Winter Blast
1:05.10	Y AA P	100 Fly	11/3/2022	Girls Sec II Division I Championships
1:30.21	Y F	100 IM	2/4/2023	2023 Winter Blast
2:25.63	Y AA P	200 IM	11/3/2022	Girls Sec II Division I Championships
<b>Maci Hoppel (9) F</b>				
<b>TBS-AD</b>				
35.06	Y F	25 Free	2/4/2023	2023 Winter Blast
1:23.16	Y F	50 Free	2/4/2023	2023 Winter Blast



### Individual Top Times

Time	P/F/S	Event				
<b>Maci Hoppel (9) F</b> <span style="float: right;"><b>TBS-AD</b></span>						
44.56	Y	F	25	Back	2/4/2023	2023 Winter Blast
44.96	Y	F	25	Breast	11/12/2022	Greater Syracuse Invitational
<b>Katherine Horn (16) F</b> <span style="float: right;"><b>UN-AD</b></span>						
1:20.22	Y	P	100	Back	11/3/2022	Girls Sec II Division II Championships
1:36.18	Y	F	100	Breast	10/15/2022	Colonial Council Invitational
<b>Lucy Horn (8) F</b> <span style="float: right;"><b>SCHE-AD</b></span>						
25.70	Y	F	25	Free	1/14/2023	Canajoharie Developmental Meet
26.66	Y	F	25	Back	1/14/2023	Canajoharie Developmental Meet
<b>Jacqueline Horsch (16) F</b> <span style="float: right;"><b>SCHE-AD</b></span>						
28.65	Y	BB	50	Free	2/17/2023	2023 Region 1 Short Course Invitational
1:02.18	Y	BB	100	Free	10/8/2022	Shenendehowa Girls Invitational
2:14.51	Y	BB	200	Free	3/3/2023	AD Silver Short Course Championships
6:08.67	Y	BB	500	Free	11/3/2022	Girls Sec II Division I Championships
1:13.63	Y	B	100	Back	3/3/2023	AD Silver Short Course Championships
2:33.86	Y	B	200	Back	2/17/2023	2023 Region 1 Short Course Invitational
1:28.83	Y	F	100	Breast	3/3/2023	AD Silver Short Course Championships
3:21.35	Y	F	200	Breast	1/14/2023	Chris Goody IMX Challenge
1:15.54	Y	F	100	Fly	3/3/2023	AD Silver Short Course Championships
3:00.13	Y	F	200	Fly	1/14/2023	Chris Goody IMX Challenge
1:20.44	Y	F	100	IM	10/22/2022	Trick or Treat Meet
2:37.01	Y	B	200	IM	2/17/2023	2023 Region 1 Short Course Invitational
5:51.97	Y	B	400	IM	1/14/2023	Chris Goody IMX Challenge
<b>Erik Horstmyer (11) M</b> <span style="float: right;"><b>CPP-AD</b></span>						
33.30	Y	F	50	Free	10/22/2022	Trick or Treat Meet
34.64	L	BB	50	Free	7/20/2023	2023 Adirondack Long Course Championships
35.00	S	B	50	Free	5/21/2023	2023 Starfish Meter Madness
1:10.12	Y	B	100	Free	3/9/2023	Adirondack Gold Short Course Championships
1:18.45	L	B	100	Free	6/24/2023	2023 NE NSSC June Springfield
2:38.79	Y	F	200	Free	3/9/2023	Adirondack Gold Short Course Championships
2:56.40	L	B	200	Free	6/24/2023	2023 NE NSSC June Springfield
35.53	Y	B	50	Back	3/9/2023	Adirondack Gold Short Course Championships
40.19	L	BB	50	Back	7/20/2023	2023 Adirondack Long Course Championships
41.95	S	B	50	Back	5/21/2023	2023 Starfish Meter Madness
1:33.70	L	B	100	Back	6/24/2023	2023 NE NSSC June Springfield
3:18.17	L	B	200	Back	6/24/2023	2023 NE NSSC June Springfield
54.16	Y	F	50	Breast	2/12/2023	Piranha's Pentathlon
34.87	Y	B	50	Fly	3/9/2023	Adirondack Gold Short Course Championships
38.43	L	BB	50	Fly	6/24/2023	2023 NE NSSC June Springfield
38.85	S	B	50	Fly	5/21/2023	2023 Starfish Meter Madness
1:26.04	Y	F	100	Fly	3/9/2023	Adirondack Gold Short Course Championships
1:45.33	L	F	100	Fly	7/20/2023	2023 Adirondack Long Course Championships
1:26.44	Y	F	100	IM	1/6/2023	2023 Starfish Trophy Invitational
1:38.21	S	F	100	IM	5/21/2023	2023 Starfish Meter Madness
3:34.68	L	F	200	IM	7/20/2023	2023 Adirondack Long Course Championships
<b>Anika Horvath (18) F</b> <span style="float: right;"><b>SARY-AD</b></span>						
27.87	Y	BB	50	Free	1/29/2023	Stingray Splash
2:04.31	Y	A	200	Free	11/3/2022	Girls Sec II Division I Championships
6:10.05	Y	B	500	Free	1/29/2023	Stingray Splash
1:03.70	Y	BB	100	Back	11/3/2022	Girls Sec II Division I Championships
2:29.88	Y	BB	200	IM	10/8/2022	Shenendehowa Girls Invitational
<b>Jyllian Hoskins-Pfeiffer (14) F</b> <span style="float: right;"><b>GRGF-AD</b></span>						
1:36.09	Y	F	100	Free	11/12/2022	Fall frenzy
2:06.60	Y	F	100	Breast	11/12/2022	Fall frenzy
<b>Sophie Ho (14) F</b> <span style="float: right;"><b>DELM-AD</b></span>						
30.99	Y	B	50	Free	1/6/2023	2023 Starfish Trophy Invitational
35.10	L	B	50	Free	5/20/2023	2023 NE NSSC May Springfield

### Individual Top Times

Time	P/F/S	Event				
<b>Sophie Ho (14) F</b>						
<b>DELM-AD</b>						
2:29.33	Y B F	200 Free	6/11/2023	Piranhas Summer Kick-Off Meet		
2:49.39	L B F	200 Free	6/24/2023	2023 NE NSSC June Springfield		
6:42.83	Y B F	500 Free	11/12/2022	Fall frenzy		
38.42	Y L F	50 Back	10/22/2022	Trick or Treat Meet		
1:18.96	Y F F	100 Back	10/22/2022	Trick or Treat Meet		
1:30.50	L F F	100 Back	6/24/2023	2023 NE NSSC June Springfield		
2:45.58	Y B F	200 Back	11/12/2022	Fall frenzy		
1:31.54	Y F F	100 Breast	6/11/2023	Piranhas Summer Kick-Off Meet		
3:11.42	Y F F	200 Breast	1/6/2023	2023 Starfish Trophy Invitational		
3:33.55	L B F	200 Breast	7/7/2023	Hawks Summer Invitational 2023		
1:35.69	L F F	100 Fly	7/7/2023	Hawks Summer Invitational 2023		
1:20.44	Y F F	100 IM	10/22/2022	Trick or Treat Meet		
2:49.42	Y B F	200 IM	6/11/2023	Piranhas Summer Kick-Off Meet		
3:14.87	L B F	200 IM	6/24/2023	2023 NE NSSC June Springfield		
<b>Claire Hou (10) F</b>						
<b>SCHE-AD</b>						
19.69	Y F F	25 Free	3/3/2023	AD Silver Short Course Championships		
42.69	Y F F	50 Free	3/3/2023	AD Silver Short Course Championships		
1:44.62	L F F	100 Free	6/10/2023	2023 MR LIAC Summertime Classic Invitational		
21.21	Y F F	25 Back	12/11/2022	Sharks 12 & Under Mini Meet		
52.57	L B F	50 Back	6/10/2023	2023 MR LIAC Summertime Classic Invitational		
58.09	L B F	50 Breast	6/10/2023	2023 MR LIAC Summertime Classic Invitational		
20.18	Y F F	25 Fly	3/3/2023	AD Silver Short Course Championships		
<b>Irena Hou (11) F</b>						
<b>DELM-AD</b>						
36.59	L B F	50 Free	5/20/2023	2023 NE NSSC May Springfield		
1:13.65	Y F F	100 Free	1/6/2023	2023 Starfish Trophy Invitational		
1:18.33	L B F	100 Free	6/2/2023	STAR LC Kick Off Meet		
2:33.38	Y B F	200 Free	3/9/2023	Adirondack Gold Short Course Championships		
2:48.67	L BB F	200 Free	6/2/2023	STAR LC Kick Off Meet		
5:54.42	L BB F	400 Free	6/2/2023	STAR LC Kick Off Meet		
39.04	Y F F	50 Back	2/4/2023	Delmar Dolphins Febuary Freeze		
41.98	L B F	50 Back	6/24/2023	2023 NE NSSC June Springfield		
1:22.26	Y B F	100 Back	3/9/2023	Adirondack Gold Short Course Championships		
1:29.18	L BB F	100 Back	6/2/2023	STAR LC Kick Off Meet		
3:10.59	L B F	200 Back	6/2/2023	STAR LC Kick Off Meet		
41.16	Y B F	50 Breast	3/29/2023	2023 Eastern Zone SC Age Group Championships		
47.17	L B F	50 Breast	5/20/2023	2023 NE NSSC May Springfield		
47.17	L B F	50 Breast	6/2/2023	STAR LC Kick Off Meet		
1:25.02	Y BB F	100 Breast	3/29/2023	2023 Eastern Zone SC Age Group Championships		
1:40.60	L BB F	100 Breast	5/20/2023	2023 NE NSSC May Springfield		
3:29.90	L BB F	200 Breast	6/24/2023	2023 NE NSSC June Springfield		
34.38	Y B F	50 Fly	3/29/2023	2023 Eastern Zone SC Age Group Championships		
38.64	L B F	50 Fly	5/20/2023	2023 NE NSSC May Springfield		
1:18.35	Y B F	100 Fly	6/11/2023	Piranhas Summer Kick-Off Meet		
1:25.73	L BB F	100 Fly	6/2/2023	STAR LC Kick Off Meet		
1:16.52	Y BB F	100 IM	3/29/2023	2023 Eastern Zone SC Age Group Championships		
2:41.34	Y BB F	200 IM	6/11/2023	Piranhas Summer Kick-Off Meet		
3:03.87	L BB F	200 IM	6/2/2023	STAR LC Kick Off Meet		
<b>Elias House (18) M</b>						
<b>UN-AD</b>						
23.65	Y A F	50 Free	10/22/2022	Trick or Treat Meet		
1:05.84	Y BB F	100 Breast	10/22/2022	Trick or Treat Meet		
<b>Winston Hou (12) M</b>						
<b>SCHE-AD</b>						
33.23	Y F F	50 Free	12/11/2022	Sharks 12 & Under Mini Meet		
35.61	L B F	50 Free	6/10/2023	2023 MR LIAC Summertime Classic Invitational		
1:12.42	Y F F	100 Free	3/3/2023	AD Silver Short Course Championships		
2:50.46	L B F	200 Free	6/10/2023	2023 MR LIAC Summertime Classic Invitational		
37.86	Y B F	50 Back	3/3/2023	AD Silver Short Course Championships		

### Individual Top Times

Time	P/F/S	Event	
<b>Winston Hou (12) M</b>			<b>SCHE-AD</b>
40.27 Y B F	50 Breast	3/3/2023	AD Silver Short Course Championships
35.47 Y B F	50 Fly	3/9/2023	Adirondack Gold Short Course Championships
1:19.63 Y B F	100 IM	3/3/2023	AD Silver Short Course Championships
3:06.98 L BB F	200 IM	6/10/2023	2023 MR LIAC Summertime Classic Invitational
<b>Aiden Hovak (18) M</b>			<b>NHA-AD</b>
27.76 Y B F	50 Free	12/3/2022	2022 North Country Invitational
59.25 Y B F	100 Free	3/3/2023	AD Silver Short Course Championships
2:07.84 Y B F	200 Free	3/3/2023	AD Silver Short Course Championships
5:55.94 Y B F	500 Free	12/3/2022	2022 North Country Invitational
1:11.02 Y F	100 Back	1/29/2023	Stingray Splash
1:22.94 Y F	100 Breast	12/3/2022	2022 North Country Invitational
<b>Madelyn Hovak (14) F</b>			<b>NHA-AD</b>
35.61 Y F	50 Free	12/3/2022	2022 North Country Invitational
1:16.12 Y F	100 Free	1/29/2023	Stingray Splash
2:44.04 Y F	200 Free	12/3/2022	2022 North Country Invitational
1:27.13 Y F	100 Back	1/29/2023	Stingray Splash
1:40.85 Y F	100 Breast	12/3/2022	2022 North Country Invitational
3:14.43 Y F	200 IM	1/29/2023	Stingray Splash
<b>Douglas Howard (11) M</b>			<b>DELM-AD</b>
38.41 Y F	50 Free	6/11/2023	Piranhas Summer Kick-Off Meet
1:31.13 Y F	100 Free	3/3/2023	AD Silver Short Course Championships
48.61 Y F	50 Back	6/11/2023	Piranhas Summer Kick-Off Meet
49.12 Y F	50 Breast	3/3/2023	AD Silver Short Course Championships
49.33 Y F	50 Fly	6/11/2023	Piranhas Summer Kick-Off Meet
1:37.46 Y F	100 IM	6/11/2023	Piranhas Summer Kick-Off Meet
<b>Kaelyn Howe (11) F</b>			<b>DELM-AD</b>
40.66 Y L F	25 Free	1/6/2023	2023 Starfish Trophy Invitational
34.13 Y F	50 Free	3/9/2023	Adirondack Gold Short Course Championships
1:18.20 Y F	100 Free	3/9/2023	Adirondack Gold Short Course Championships
1:30.17 L F	100 Free	5/20/2023	2023 NE NSSC May Springfield
42.09 Y F	50 Back	3/3/2023	AD Silver Short Course Championships
46.26 L F	50 Back	5/20/2023	2023 NE NSSC May Springfield
51.63 Y F	50 Breast	3/3/2023	AD Silver Short Course Championships
2:09.09 L F	100 Breast	5/20/2023	2023 NE NSSC May Springfield
46.91 L F	50 Fly	5/20/2023	2023 NE NSSC May Springfield
47.89 Y F	50 Fly	12/11/2022	Sharks 12 & Under Mini Meet
1:33.78 Y F	100 IM	1/6/2023	2023 Starfish Trophy Invitational
1:33.78 Y F	100 IM	2/4/2023	Delmar Dolphins Febuary Freeze
<b>Aldin Hozanovic (11) M</b>			<b>NHA-AD</b>
48.74 Y F	50 Free	1/14/2023	Canajoharie Developmental Meet
<b>Ruihan Hu (11) F</b>			<b>CPP-AD</b>
42.59 Y F	50 Free	3/3/2023	AD Silver Short Course Championships
49.52 S F	50 Free	5/21/2023	2023 Starfish Meter Madness
1:31.06 Y F	100 Free	6/11/2023	Piranhas Summer Kick-Off Meet
1:43.44 L F	100 Free	7/7/2023	Hawks Summer Invitational 2023
3:37.66 L F	200 Free	7/7/2023	Hawks Summer Invitational 2023
47.40 Y F	50 Back	6/11/2023	Piranhas Summer Kick-Off Meet
56.31 S F	50 Back	5/21/2023	2023 Starfish Meter Madness
1:56.03 L F	100 Back	7/7/2023	Hawks Summer Invitational 2023
55.87 Y F	50 Breast	6/11/2023	Piranhas Summer Kick-Off Meet
1:03.42 L F	50 Breast	7/7/2023	Hawks Summer Invitational 2023
2:20.05 L F	100 Breast	7/7/2023	Hawks Summer Invitational 2023
51.03 Y F	50 Fly	2/12/2023	Piranha's Pentathlon
54.89 L F	50 Fly	7/7/2023	Hawks Summer Invitational 2023
55.85 S F	50 Fly	5/21/2023	2023 Starfish Meter Madness
1:46.63 Y F	100 IM	3/3/2023	AD Silver Short Course Championships

### Individual Top Times

Time	P/F/S	Event						
<b>Ruihan Hu (11) F</b>								
4:02.83	L	F	200	IM	7/7/2023	Hawks Summer Invitational 2023		
<b>Harper Hudson (8) F</b>								
33.49	Y	F	25	Free	12/11/2022	Sharks 12 & Under Mini Meet		
1:11.95	Y	F	50	Free	1/29/2023	Stingray Splash		
35.81	Y	F	25	Back	1/29/2023	Stingray Splash		
<b>Alexa Huettner (12) F</b>								
40.75	Y	F	50	Free	1/14/2023	Canajoharie Developmental Meet		
1:29.46	Y	F	100	Free	3/3/2023	AD Silver Short Course Championships		
46.85	Y	F	50	Back	11/12/2022	Fall frenzy		
55.36	Y	F	50	Breast	3/3/2023	AD Silver Short Course Championships		
52.62	Y	F	50	Fly	3/3/2023	AD Silver Short Course Championships		
1:43.47	Y	F	100	IM	10/22/2022	Trick or Treat Meet		
<b>Brett Hungerford (14) M</b>								
27.34	Y	BB	F	50	Free	3/3/2023	AD Silver Short Course Championships	
59.35	Y	BB	F	100	Free	3/3/2023	AD Silver Short Course Championships	
1:09.23	S	B	F	100	Free	5/21/2023	2023 Starfish Meter Madness	
2:15.84	Y	B	F	200	Free	3/3/2023	AD Silver Short Course Championships	
2:36.10	L	B	F	200	Free	7/7/2023	Hawks Summer Invitational 2023	
6:09.18	Y	B	F	500	Free	3/3/2023	AD Silver Short Course Championships	
34.88	Y	L	F	50	Back	1/6/2023	2023 Starfish Trophy Invitational	
1:10.00	Y	B	F	100	Back	3/3/2023	AD Silver Short Course Championships	
1:19.94	S		F	100	Back	5/21/2023	2023 Starfish Meter Madness	
2:32.14	Y	B	F	200	Back	1/6/2023	2023 Starfish Trophy Invitational	
1:19.32	Y	B	F	100	Breast	3/3/2023	AD Silver Short Course Championships	
1:29.70	S	B	F	100	Breast	5/21/2023	2023 Starfish Meter Madness	
2:44.84	Y	B	F	200	Breast	3/3/2023	AD Silver Short Course Championships	
3:13.72	L	B	F	200	Breast	7/7/2023	Hawks Summer Invitational 2023	
33.49	Y		F	50	Fly	1/14/2023	2023 PTAC Tiger Invitational	
1:11.58	Y		F	100	Fly	2/4/2023	Delmar Dolphins Febuary Freeze	
1:20.08	L	B	F	100	Fly	7/7/2023	Hawks Summer Invitational 2023	
1:20.73	S		F	100	Fly	5/21/2023	2023 Starfish Meter Madness	
2:51.77	Y		F	200	Fly	12/18/2022	Piranha's December Distance Invite	
1:12.39	Y		F	100	IM	10/22/2022	Trick or Treat Meet	
1:17.67	S		F	100	IM	5/21/2023	2023 Starfish Meter Madness	
2:35.94	Y	B	F	200	IM	1/14/2023	2023 PTAC Tiger Invitational	
5:44.60	Y		F	400	IM	11/12/2022	Fall frenzy	
<b>Cole Hungerford (12) M</b>								
29.24	Y	L	BB	F	50	Free	2/4/2023	Delmar Dolphins Febuary Freeze
33.10	S	BB	F	50	Free	5/21/2023	2023 Starfish Meter Madness	
34.00	L	BB	F	50	Free	7/7/2023	Hawks Summer Invitational 2023	
1:03.00	Y	L	BB	F	100	Free	3/9/2023	Adirondack Gold Short Course Championships
2:15.41	Y	BB	F	200	Free	3/9/2023	Adirondack Gold Short Course Championships	
2:39.74	L	BB	F	200	Free	7/7/2023	Hawks Summer Invitational 2023	
6:04.45	Y	BB	F	500	Free	3/9/2023	Adirondack Gold Short Course Championships	
33.95	Y	L	BB	F	50	Back	10/29/2022	Starfish Fall Spooktacular
37.29	S	BB	F	50	Back	5/21/2023	2023 Starfish Meter Madness	
37.72	L	BB	F	50	Back	7/7/2023	Hawks Summer Invitational 2023	
1:11.73	Y	BB	F	100	Back	3/9/2023	Adirondack Gold Short Course Championships	
1:21.28	L	BB	F	100	Back	7/7/2023	Hawks Summer Invitational 2023	
2:28.57	Y	BB	F	200	Back	3/9/2023	Adirondack Gold Short Course Championships	
40.27	Y	B	P	50	Breast	1/6/2023	2023 Starfish Trophy Invitational	
43.30	S	BB	F	50	Breast	5/21/2023	2023 Starfish Meter Madness	
45.15	L	BB	F	50	Breast	7/7/2023	Hawks Summer Invitational 2023	
1:26.87	Y	B	P	100	Breast	1/6/2023	2023 Starfish Trophy Invitational	
2:56.81	Y	BB	F	200	Breast	3/9/2023	Adirondack Gold Short Course Championships	
35.71	Y	B	F	50	Fly	12/11/2022	Sharks 12 & Under Mini Meet	

CPP-AD

SARY-AD

SCHE-AD

ALBS-AD

ALBS-AD

### Individual Top Times

Time	P/F/S	Event					
<b>Cole Hungerford (12) M</b>							<b>ALBS-AD</b>
38.03	S B F	50 Fly	5/21/2023	2023 Starfish Meter Madness			
1:18.18	Y B F	100 Fly	1/14/2023	2023 PTAC Tiger Invitational			
1:13.12	Y BB P	100 IM	3/9/2023	Adirondack Gold Short Course Championships			
1:20.72	S BB F	100 IM	5/21/2023	2023 Starfish Meter Madness			
2:34.80	Y BB F	200 IM	3/9/2023	Adirondack Gold Short Course Championships			
<b>Landon Hungerford (12) M</b>							<b>ALBS-AD</b>
30.72	Y B F	50 Free	1/6/2023	2023 Starfish Trophy Invitational			
30.72	Y B F	50 Free	2/4/2023	Delmar Dolphins Febuary Freeze			
33.00	S BB F	50 Free	5/21/2023	2023 Starfish Meter Madness			
34.06	L BB F	50 Free	7/7/2023	Hawks Summer Invitational 2023			
1:05.77	Y BB F	100 Free	12/11/2022	Sharks 12 & Under Mini Meet			
2:20.05	Y BB F	200 Free	3/9/2023	Adirondack Gold Short Course Championships			
2:40.12	L BB F	200 Free	7/7/2023	Hawks Summer Invitational 2023			
6:10.34	Y BB F	500 Free	3/9/2023	Adirondack Gold Short Course Championships			
35.30	Y B F	50 Back	1/14/2023	2023 PTAC Tiger Invitational			
39.69	S B F	50 Back	5/21/2023	2023 Starfish Meter Madness			
39.99	L BB F	50 Back	7/7/2023	Hawks Summer Invitational 2023			
1:15.81	Y B F	100 Back	1/6/2023	2023 Starfish Trophy Invitational			
1:24.88	L BB F	100 Back	7/7/2023	Hawks Summer Invitational 2023			
2:41.02	Y B F	200 Back	1/14/2023	2023 PTAC Tiger Invitational			
40.37	Y B F	50 Breast	2/4/2023	Delmar Dolphins Febuary Freeze			
43.82	S B F	50 Breast	5/21/2023	2023 Starfish Meter Madness			
45.05	L BB F	50 Breast	7/7/2023	Hawks Summer Invitational 2023			
1:29.38	Y B F	100 Breast	11/12/2022	Fall frenzy			
2:58.14	Y BB F	200 Breast	3/9/2023	Adirondack Gold Short Course Championships			
33.42	Y BB P	50 Fly	3/9/2023	Adirondack Gold Short Course Championships			
36.77	S BB F	50 Fly	5/21/2023	2023 Starfish Meter Madness			
1:12.11	Y BB F	100 Fly	3/9/2023	Adirondack Gold Short Course Championships			
1:26.20	L BB F	100 Fly	7/7/2023	Hawks Summer Invitational 2023			
2:46.70	Y B F	200 Fly	3/3/2023	AD Silver Short Course Championships			
1:14.44	Y BB P	100 IM	3/9/2023	Adirondack Gold Short Course Championships			
1:22.15	S BB F	100 IM	5/21/2023	2023 Starfish Meter Madness			
2:36.20	Y BB F	200 IM	3/9/2023	Adirondack Gold Short Course Championships			
<b>Ruiqi Hu (8) F</b>							<b>CPP-AD</b>
39.06	S F	25 Free	5/21/2023	2023 Starfish Meter Madness			
1:08.58	Y F	50 Free	6/11/2023	Piranhas Summer Kick-Off Meet			
35.18	S F	25 Back	5/21/2023	2023 Starfish Meter Madness			
1:00.69	Y F	50 Back	6/11/2023	Piranhas Summer Kick-Off Meet			
<b>Natasha Hurff (17) F</b>							<b>SARY-AD</b>
27.13	Y BB F	50 Free	6/11/2023	Piranhas Summer Kick-Off Meet			
31.66	L BB F	50 Free	7/7/2023	Hawks Summer Invitational 2023			
58.32	Y A F	100 Free	2/4/2023	Delmar Dolphins Febuary Freeze			
1:07.19	L A P	100 Free	7/20/2023	2023 Adirondack Long Course Championships			
2:02.42	Y A F	200 Free	11/3/2022	Girls Sec II Division II Championships			
2:21.17	L A P	200 Free	7/20/2023	2023 Adirondack Long Course Championships			
5:04.08	L A F	400 Free	7/20/2023	2023 Adirondack Long Course Championships			
5:22.28	Y AA P	500 Free	2/17/2023	2023 Region 1 Short Course Invitational			
1:09.91	Y B F	100 Back	6/11/2023	Piranhas Summer Kick-Off Meet			
1:17.92	Y BB F	100 Breast	2/4/2023	Delmar Dolphins Febuary Freeze			
1:29.81	L BB P	100 Breast	7/20/2023	2023 Adirondack Long Course Championships			
2:25.65	Y BB F	200 IM	2/4/2023	Delmar Dolphins Febuary Freeze			
<b>Madeline Hurlbut (10) F</b>							<b>GRGF-AD</b>
49.94	Y F	50 Free	1/6/2023	2023 Starfish Trophy Invitational			
1:50.84	Y F	100 Free	3/3/2023	AD Silver Short Course Championships			
53.94	Y F	50 Back	1/29/2023	Stingray Splash			
1:03.57	Y F	50 Breast	3/3/2023	AD Silver Short Course Championships			

### Individual Top Times

Time	P/F/S	Event			
<b>Madeline Hurlbut (10) F</b>					
1:17.21	Y	F	50	Fly	11/12/2022 Fall frenzy
<b>Rebecca Hurst (17) F</b>					
26.28	Y	A	P	50	Free 3/9/2023 Adirondack Gold Short Course Championships
29.82	L	A	F	50	Free 6/2/2023 STAR LC Kick Off Meet
57.36	Y	A	P	100	Free 3/9/2023 Adirondack Gold Short Course Championships
1:06.27	L	A	F	100	Free 6/2/2023 STAR LC Kick Off Meet
1:04.53	Y	BB	P	100	Back 3/9/2023 Adirondack Gold Short Course Championships
1:19.32	L	BB	F	100	Back 5/20/2023 2023 NE NSSC May Springfield
1:08.30	Y	AA	F	100	Breast 3/9/2023 Adirondack Gold Short Course Championships
1:24.46	L	A	F	100	Breast 6/2/2023 STAR LC Kick Off Meet
2:35.68	Y	A	F	200	Breast 3/9/2023 Adirondack Gold Short Course Championships
3:11.98	L	BB	F	200	Breast 6/2/2023 STAR LC Kick Off Meet
1:08.57	Y	B	F	100	Fly 6/11/2023 Piranhas Summer Kick-Off Meet
1:21.34	L	B	F	100	Fly 5/20/2023 2023 NE NSSC May Springfield
2:19.95	Y	A	P	200	IM 3/9/2023 Adirondack Gold Short Course Championships
2:47.69	L	BB	F	200	IM 6/2/2023 STAR LC Kick Off Meet
<b>Jacob Hussar (14) M</b>					
32.68	Y	F	50	Free	11/12/2022 Fall frenzy
1:13.08	Y	F	100	Free	2/4/2023 Delmar Dolphins Febuary Freeze
2:48.09	Y	F	200	Free	11/12/2022 Fall frenzy
41.33	Y	F	50	Back	10/22/2022 Trick or Treat Meet
1:25.89	Y	F	100	Back	2/4/2023 Delmar Dolphins Febuary Freeze
43.33	Y	F	50	Breast	10/22/2022 Trick or Treat Meet
1:27.92	Y	F	100	Breast	3/3/2023 AD Silver Short Course Championships
44.03	Y	F	50	Fly	10/22/2022 Trick or Treat Meet
3:07.90	Y	F	200	IM	11/12/2022 Fall frenzy
<b>Lillian Hynes (12) F</b>					
31.51	Y	B	F	50	Free 6/11/2023 Piranhas Summer Kick-Off Meet
1:11.15	Y	B	F	100	Free 3/3/2023 AD Silver Short Course Championships
1:22.82	L	B	F	100	Free 7/7/2023 Hawks Summer Invitational 2023
2:38.36	Y	B	F	200	Free 3/3/2023 AD Silver Short Course Championships
2:58.00	L	B	F	200	Free 7/7/2023 Hawks Summer Invitational 2023
7:31.93	Y	F	500	Free	12/18/2022 Piranha's December Distance Invite
37.79	Y	B	F	50	Back 6/11/2023 Piranhas Summer Kick-Off Meet
1:32.59	L	B	F	100	Back 7/7/2023 Hawks Summer Invitational 2023
42.18	Y	B	P	50	Breast 3/9/2023 Adirondack Gold Short Course Championships
49.56	L	F	50	Breast	7/7/2023 Hawks Summer Invitational 2023
1:35.49	Y	F	100	Breast	3/3/2023 AD Silver Short Course Championships
1:49.99	L	F	100	Breast	7/7/2023 Hawks Summer Invitational 2023
38.11	Y	F	50	Fly	3/3/2023 AD Silver Short Course Championships
40.28	L	B	F	50	Fly 7/7/2023 Hawks Summer Invitational 2023
1:30.50	Y	F	100	Fly	2/12/2023 Piranha's Pentathlon
1:21.26	Y	B	F	100	IM 6/11/2023 Piranhas Summer Kick-Off Meet
3:08.94	Y	F	200	IM	11/12/2022 Fall frenzy
<b>Owen Ikasalo (18) M</b>					
24.55	Y	BB	F	50	Free 3/3/2023 AD Silver Short Course Championships
2:00.45	Y	BB	F	200	Free 3/3/2023 AD Silver Short Course Championships
5:42.24	Y	B	F	500	Free 11/12/2022 Fall frenzy
1:02.03	Y	B	F	100	Back 10/22/2022 Trick or Treat Meet
2:16.86	Y	B	F	200	Back 3/9/2023 Adirondack Gold Short Course Championships
56.92	Y	BB	F	100	Fly 2/16/2023 Boys Section 2 Division 1 Championships
1:05.54	Y	F	100	IM	10/22/2022 Trick or Treat Meet
2:11.67	Y	BB	P	200	IM 2/16/2023 Boys Section 2 Division 1 Championships
<b>Elizaveta Ilina (10) F</b>					
24.53	Y	F	25	Free	12/3/2022 2022 North Country Invitational
2:01.65	Y	F	100	Free	12/3/2022 2022 North Country Invitational

GRGF-AD

DELM-AD

DELM-AD

DELM-AD

DELM-AD

NTS-AD

### Individual Top Times

Time	P/F/S	Event			
<b>Charlotte Isecke (14) F</b>					
39.29 Y	P	50 Free	1/6/2023	2023 Starfish Trophy Invitational	<b>WAVE-AD</b>
1:29.40 Y	F	100 Free	2/4/2023	2023 Winter Blast	
3:18.48 Y	P	200 Free	1/6/2023	2023 Starfish Trophy Invitational	
1:48.41 Y	F	100 Back	1/29/2023	Stingray Splash	
1:49.41 Y	F	100 Breast	2/4/2023	2023 Winter Blast	
<b>Madalyn Iverson (10) F</b>					
40.56 Y	F	50 Free	2/26/2023	CVSL Championships	<b>CLRK-AD</b>
59.99 Y	F	50 Back	1/14/2023	Canajoharie Developmental Meet	
1:02.90 Y	F	50 Fly	12/3/2022	CVSL Tri Meet	
<b>Benjamin Ives (13) M</b>					
40.93 Y	F	50 Free	12/11/2022	Sharks 12 & Under Mini Meet	<b>GRGF-AD</b>
47.70 Y	F	50 Back	1/29/2023	Stingray Splash	
<b>Aayush Iyer (18) M</b>					
24.84 Y BB	F	50 Free	3/3/2023	AD Silver Short Course Championships	<b>CPP-AD</b>
57.44 Y B	P	100 Free	11/18/2022	2022 NE NSSC Nov 18-20 WPI T/F	
2:00.26 Y BB	F	200 Free	3/3/2023	AD Silver Short Course Championships	
1:01.51 Y B	P	100 Back	2/16/2023	Boys Section 2 Division 1 Championships	
2:21.60 Y B	F	200 Back	12/18/2022	Piranha's December Distance Invite	
1:19.78 Y	F	100 Breast	6/11/2023	Piranhas Summer Kick-Off Meet	
2:53.35 Y	F	200 Breast	12/18/2022	Piranha's December Distance Invite	
1:04.53 Y B	F	100 Fly	3/3/2023	AD Silver Short Course Championships	
2:21.82 Y B	F	200 IM	3/3/2023	AD Silver Short Course Championships	
5:16.08 Y B	F	400 IM	1/14/2023	Chris Goody IMX Challenge	
<b>Ewan Izzard (16) M</b>					
25.17 Y L BB	F	50 Free	2/4/2023	Delmar Dolphins Febuary Freeze	<b>DELM-AD</b>
27.39 L L A	F	50 Free	6/2/2023	STAR LC Kick Off Meet	
50.34 Y L AA	F	100 Free	2/16/2023	Boys Section 2 Division 1 Championships	
2:01.67 Y BB	P	200 Free	1/6/2023	2023 Starfish Trophy Invitational	
25.40 Y L	F	50 Back	3/9/2023	Adirondack Gold Short Course Championships	
29.84 L L	F	50 Back	6/2/2023	STAR LC Kick Off Meet	
53.45 Y AAA	P	100 Back	3/9/2023	Adirondack Gold Short Course Championships	
1:03.65 L AA	F	100 Back	6/2/2023	STAR LC Kick Off Meet	
1:57.36 Y AA	P	200 Back	2/17/2023	2023 Region 1 Short Course Invitational	
2:17.62 L AA	P	200 Back	8/3/2023	LC Senior Zone Championship	
1:08.15 Y BB	F	100 Breast	10/22/2022	Trick or Treat Meet	
1:20.30 L BB	F	100 Breast	5/5/2023	2023 NE CRIMSON May Madness	
2:22.33 Y A	F	200 Breast	3/9/2023	Adirondack Gold Short Course Championships	
29.79 L	F	50 Fly	5/5/2023	2023 NE CRIMSON May Madness	
58.80 Y BB	F	100 Fly	2/4/2023	Delmar Dolphins Febuary Freeze	
1:05.40 L A	F	100 Fly	6/2/2023	STAR LC Kick Off Meet	
2:45.82 L B	F	200 Fly	5/5/2023	2023 NE CRIMSON May Madness	
59.52 Y	F	100 IM	10/22/2022	Trick or Treat Meet	
2:00.54 Y AA	F	200 IM	2/16/2023	Boys Section 2 Division 1 Championships	
2:19.09 L AA	P	200 IM	8/3/2023	LC Senior Zone Championship	
4:35.48 Y A	F	400 IM	11/12/2022	Fall frenzy	
4:58.76 L AA	P	400 IM	8/3/2023	LC Senior Zone Championship	
<b>Rocco Jabour (14) M</b>					
24.36 Y AA	F	50 Free	6/11/2023	Piranhas Summer Kick-Off Meet	<b>USAM-AD</b>
28.03 L AA	F	50 Free	7/20/2023	2023 Adirondack Long Course Championships	
53.36 Y AA	F	100 Free	3/9/2023	Adirondack Gold Short Course Championships	
1:00.66 S A	F	100 Free	5/21/2023	2023 Starfish Meter Madness	
1:01.96 L A	P	100 Free	7/20/2023	2023 Adirondack Long Course Championships	
1:55.73 Y AA	P	200 Free	3/9/2023	Adirondack Gold Short Course Championships	
2:12.25 L AA	F	200 Free	7/20/2023	2023 Adirondack Long Course Championships	
4:46.25 L AA	F	400 Free	7/20/2023	2023 Adirondack Long Course Championships	
5:13.98 Y AA	F	500 Free	3/3/2023	AD Silver Short Course Championships	

### Individual Top Times

Time	P/F/S	Event	Date	Competition
<b>Rocco Jabour (14) M</b>				
<b>USAM-AD</b>				
28.33	Y L	F 50 Back	3/9/2023	Adirondack Gold Short Course Championships
32.91	L	P 50 Back	8/2/2023	2023 Summer Elite Showcase
59.43	Y A	F 100 Back	3/9/2023	Adirondack Gold Short Course Championships
1:10.53	L A	F 100 Back	7/7/2023	Hawks Summer Invitational 2023
1:12.78	S BB	F 100 Back	5/21/2023	2023 Starfish Meter Madness
2:11.94	Y A	F 200 Back	3/9/2023	Adirondack Gold Short Course Championships
2:40.06	L BB	F 200 Back	7/7/2023	Hawks Summer Invitational 2023
30.03	Y	P 50 Breast	12/8/2022	32nd Annual Speedo Winter Championships
32.26	L	F 50 Breast	8/2/2023	2023 Summer Elite Showcase
1:02.59	Y AAA	F 100 Breast	3/9/2023	Adirondack Gold Short Course Championships
1:11.71	L AAA	F 100 Breast	8/2/2023	2023 Summer Elite Showcase
1:18.53	S BB	F 100 Breast	5/21/2023	2023 Starfish Meter Madness
2:21.27	Y AA	F 200 Breast	3/29/2023	2023 Eastern Zone SC Age Group Championships
3:11.29	L B	F 200 Breast	7/7/2023	Hawks Summer Invitational 2023
28.59	Y	P 50 Fly	12/8/2022	32nd Annual Speedo Winter Championships
30.98	L	P 50 Fly	8/2/2023	2023 Summer Elite Showcase
59.80	Y A	P 100 Fly	3/9/2023	Adirondack Gold Short Course Championships
1:07.21	S A	F 100 Fly	5/21/2023	2023 Starfish Meter Madness
1:09.67	L A	P 100 Fly	8/2/2023	2023 Summer Elite Showcase
2:20.87	Y BB	F 200 Fly	12/18/2022	Piranha's December Distance Invite
1:02.20	Y	P 100 IM	12/8/2022	32nd Annual Speedo Winter Championships
1:12.36	S	F 100 IM	5/21/2023	2023 Starfish Meter Madness
2:09.55	Y AA	P 200 IM	3/9/2023	Adirondack Gold Short Course Championships
2:31.55	L AA	P 200 IM	8/2/2023	2023 Summer Elite Showcase
4:49.55	Y A	F 400 IM	12/18/2022	Piranha's December Distance Invite
5:32.44	L A	F 400 IM	7/20/2023	2023 Adirondack Long Course Championships
<b>Bhargava Janga (15) M</b>				
<b>DELM-AD</b>				
25.19	Y BB	S 50 Free	3/9/2023	Adirondack Gold Short Course Championships
56.14	Y BB	P 100 Free	3/9/2023	Adirondack Gold Short Course Championships
1:03.81	L BB	P 100 Free	8/2/2023	2023 EZ LC Age Group Championship
2:02.05	Y BB	F 200 Free	3/3/2023	AD Silver Short Course Championships
2:19.52	L BB	P 200 Free	8/2/2023	2023 EZ LC Age Group Championship
1:01.26	Y BB	F 100 Back	3/9/2023	Adirondack Gold Short Course Championships
1:10.52	L BB	P 100 Back	8/2/2023	2023 EZ LC Age Group Championship
2:11.54	Y BB	F 200 Back	3/9/2023	Adirondack Gold Short Course Championships
2:34.40	L BB	P 200 Back	8/2/2023	2023 EZ LC Age Group Championship
1:06.03	Y BB	F 100 Breast	3/9/2023	Adirondack Gold Short Course Championships
1:16.73	L A	P 100 Breast	8/2/2023	2023 EZ LC Age Group Championship
2:30.31	Y BB	F 200 Breast	3/9/2023	Adirondack Gold Short Course Championships
2:51.22	L BB	P 200 Breast	8/2/2023	2023 EZ LC Age Group Championship
1:03.30	Y B	F 100 Fly	2/12/2023	Piranha's Pentathlon
1:10.68	L BB	P 100 Fly	8/2/2023	2023 EZ LC Age Group Championship
1:07.86	Y	F 100 IM	10/22/2022	Trick or Treat Meet
2:13.33	Y BB	F 200 IM	3/9/2023	Adirondack Gold Short Course Championships
2:33.42	L BB	P 200 IM	8/2/2023	2023 EZ LC Age Group Championship
4:50.46	Y BB	F 400 IM	3/3/2023	AD Silver Short Course Championships
<b>Abigail Jaros (19) F</b>				
<b>NHA-AD</b>				
27.39	Y	F 50 Free	3/3/2023	AD Silver Short Course Championships
58.74	Y	F 100 Free	3/3/2023	AD Silver Short Course Championships
1:11.64	L	F 100 Free	7/1/2023	Niagara LSC LC Super Circuit Meet
2:05.83	Y	P 200 Free	3/9/2023	Adirondack Gold Short Course Championships
5:28.81	L	F 400 Free	7/1/2023	Niagara LSC LC Super Circuit & Distance Meet
5:33.56	Y	F 500 Free	3/9/2023	Adirondack Gold Short Course Championships
20:09.42	Y	F 1650 Free	12/3/2022	2022 North Country Invitational
1:13.38	Y	F 100 Back	2/12/2023	Piranha's Pentathlon
2:40.77	Y	F 200 Back	12/18/2022	Piranha's December Distance Invite
1:17.60	Y	F 100 Breast	3/3/2023	AD Silver Short Course Championships



### Individual Top Times

Time	P/F/S	Event				
<b>Abigail Jaros (19) F</b>						
1:35.57	L F	100 Breast	7/1/2023	Niagara LSC LC Super Circuit Meet	<b>NHA-AD</b>	
2:48.72	Y F	200 Breast	3/3/2023	AD Silver Short Course Championships		
1:06.77	Y F	100 Fly	3/3/2023	AD Silver Short Course Championships		
2:26.76	Y F	200 IM	3/3/2023	AD Silver Short Course Championships		
5:04.22	Y F	400 IM	3/3/2023	AD Silver Short Course Championships		
<b>Elaina Jaros (13) F</b>						
36.23	Y F	50 Free	1/14/2023	Canajoharie Developmental Meet	<b>NHA-AD</b>	
39.86	L F	50 Free	7/1/2023	Niagara LSC LC Super Circuit Meet		
1:22.04	Y F	100 Free	3/3/2023	AD Silver Short Course Championships		
1:35.80	L F	100 Free	7/1/2023	Niagara LSC LC Super Circuit Meet		
2:59.81	Y F	200 Free	3/3/2023	AD Silver Short Course Championships		
50.32	Y F	50 Back	12/11/2022	Sharks 12 & Under Mini Meet		
48.27	Y F	50 Breast	3/3/2023	AD Silver Short Course Championships		
55.17	L F	50 Breast	7/1/2023	Niagara LSC LC Super Circuit Meet		
1:35.84	Y F	100 Breast	3/3/2023	AD Silver Short Course Championships		
46.67	Y F	50 Fly	1/14/2023	Canajoharie Developmental Meet		
1:45.37	Y F	100 Fly	2/12/2023	Piranha's Pentathlon		
1:35.40	Y F	100 IM	3/3/2023	AD Silver Short Course Championships		
3:27.44	Y F	200 IM	3/3/2023	AD Silver Short Course Championships		
<b>Rojan Javaheri (17) F</b>						
1:02.98	Y BB F	100 Free	10/8/2022	Shenendehowa Girls Invitational	<b>UN-AD</b>	
2:14.19	Y BB F	200 Free	10/8/2022	Shenendehowa Girls Invitational		
<b>Clara Jenkins (12) F</b>						
39.22	Y F	50 Free	1/14/2023	Canajoharie Developmental Meet	<b>NHA-AD</b>	
1:34.82	Y F	100 Free	3/3/2023	AD Silver Short Course Championships		
3:21.24	Y F	200 Free	1/14/2023	Canajoharie Developmental Meet		
44.37	Y F	50 Back	3/3/2023	AD Silver Short Course Championships		
1:36.40	Y F	100 Back	2/12/2023	Piranha's Pentathlon		
58.30	Y F	50 Breast	3/3/2023	AD Silver Short Course Championships		
2:14.00	Y F	100 Breast	2/12/2023	Piranha's Pentathlon		
49.92	Y F	50 Fly	3/3/2023	AD Silver Short Course Championships		
1:42.46	Y F	100 IM	3/3/2023	AD Silver Short Course Championships		
<b>Josephine Jenne (18) F</b>						
29.60	Y B F	50 Free	3/3/2023	AD Silver Short Course Championships	<b>NHA-AD</b>	
1:03.67	Y B F	100 Free	3/3/2023	AD Silver Short Course Championships		
2:23.93	Y B F	200 Free	1/29/2023	Stingray Splash		
6:21.05	Y B F	500 Free	1/22/2023	Mile Madness		
1:22.24	Y B F	100 Breast	3/3/2023	AD Silver Short Course Championships		
1:09.04	Y B F	100 Fly	3/3/2023	AD Silver Short Course Championships		
2:37.20	Y B F	200 Fly	3/3/2023	AD Silver Short Course Championships		
2:37.75	Y B F	200 IM	3/3/2023	AD Silver Short Course Championships		
<b>Ava Jennings (14) F</b>						
33.18	Y F	50 Free	1/29/2023	Stingray Splash		<b>SCHE-AD</b>
1:12.16	Y F	100 Free	3/3/2023	AD Silver Short Course Championships		
1:23.63	S F	100 Free	5/21/2023	2023 Starfish Meter Madness		
2:34.71	Y F	200 Free	3/3/2023	AD Silver Short Course Championships		
6:54.15	Y F	500 Free	1/14/2023	Chris Goody IMX Challenge		
1:22.75	Y F	100 Back	10/22/2022	Trick or Treat Meet		
1:37.00	S F	100 Back	5/21/2023	2023 Starfish Meter Madness		
2:58.92	Y F	200 Back	1/14/2023	Chris Goody IMX Challenge		
1:27.15	Y B F	100 Breast	3/3/2023	AD Silver Short Course Championships		
1:38.40	S F	100 Breast	5/21/2023	2023 Starfish Meter Madness		
3:04.78	Y B F	200 Breast	3/3/2023	AD Silver Short Course Championships		
1:29.77	Y F	100 Fly	1/29/2023	Stingray Splash		
1:30.95	Y F	100 IM	10/22/2022	Trick or Treat Meet		
1:31.92	S F	100 IM	5/21/2023	2023 Starfish Meter Madness		

### Individual Top Times

Time	P/F/S	Event				
<b>Ava Jennings (14) F</b>						
2:52.09	Y	F	200	IM	3/3/2023	AD Silver Short Course Championships
<b>Jordan Jensen (22) F</b>						
1:12.54	L	P	100	Free	7/20/2023	2023 Adirondack Long Course Championships
2:32.81	L	P	200	Free	7/20/2023	2023 Adirondack Long Course Championships
5:28.21	L	F	400	Free	7/20/2023	2023 Adirondack Long Course Championships
20:55.36	L	F	1500	Free	7/20/2023	2023 Adirondack Long Course Championships
1:19.29	L	P	100	Back	7/20/2023	2023 Adirondack Long Course Championships
2:45.97	L	P	200	Back	7/20/2023	2023 Adirondack Long Course Championships
<b>Padraic Jensen (11) M</b>						
50.45	Y	F	50	Free	12/3/2022	CVSL Tri Meet
2:01.36	Y	F	100	Free	12/3/2022	CVSL Tri Meet
3:57.26	Y	F	200	Free	1/22/2023	Mile Madness
48.12	Y	F	50	Back	12/3/2022	CVSL Tri Meet
1:02.79	Y	F	50	Breast	2/26/2023	CVSL Championships
2:05.70	Y	F	100	IM	2/26/2023	CVSL Championships
<b>Ila Jerabek (17) F</b>						
29.37	Y	B	50	Free	3/3/2023	AD Silver Short Course Championships
1:02.87	Y	BB	100	Free	3/3/2023	AD Silver Short Course Championships
1:11.90	S	B	100	Free	5/21/2023	2023 Starfish Meter Madness
2:13.68	Y	BB	200	Free	3/3/2023	AD Silver Short Course Championships
5:55.19	Y	BB	500	Free	11/3/2022	Girls Sec II Division I Championships
21:51.21	Y	B	1650	Free	12/18/2022	Piranha's December Distance Invite
1:09.20	Y	B	100	Back	12/9/2022	CNY Invite
1:19.01	S	B	100	Back	5/21/2023	2023 Starfish Meter Madness
2:27.20	Y	BB	200	Back	3/3/2023	AD Silver Short Course Championships
1:19.97	Y	B	100	Breast	3/3/2023	AD Silver Short Course Championships
1:32.53	S	B	100	Breast	5/21/2023	2023 Starfish Meter Madness
2:51.09	Y	B	200	Breast	3/3/2023	AD Silver Short Course Championships
1:23.29	Y	F	100	Fly	2/4/2023	Delmar Dolphins Febuary Freeze
2:34.74	Y	B	200	IM	3/3/2023	AD Silver Short Course Championships
<b>Ulka Jerabek (19) F</b>						
27.05	Y L	P	50	Free	11/3/2022	Girls Sec II Division II Championships
2:15.94	Y	F	200	Free	10/8/2022	Shenendehowa Girls Invitational
1:15.57	Y	P	100	Breast	11/3/2022	Girls Sec II Division I Championships
<b>Christian Jerome (15) M</b>						
21.96	Y	AAA	50	Free	3/29/2023	2023 Eastern Zone SC Age Group Championships
25.09	L	AAA	50	Free	8/2/2023	2023 Summer Elite Showcase
47.11	Y	AAA	100	Free	3/29/2023	2023 Eastern Zone SC Age Group Championships
54.60	L	AAA	100	Free	8/2/2023	2023 Summer Elite Showcase
55.16	S	AA	100	Free	5/21/2023	2023 Starfish Meter Madness
1:45.78	Y	AAA	200	Free	3/29/2023	2023 Eastern Zone SC Age Group Championships
1:59.91	L	AAA	200	Free	8/2/2023	2023 Summer Elite Showcase
4:22.98	L	AA	400	Free	8/2/2023	2023 Summer Elite Showcase
4:50.89	Y	AAA	500	Free	2/16/2023	Boys Section 2 Division 2 Championships
18:07.50	L	AA	1500	Free	8/2/2023	2023 Summer Elite Showcase
17:36.70	Y	AA	1650	Free	3/9/2023	Adirondack Gold Short Course Championships
x17:36.70	Y	AA	1650	Free	3/9/2023	Adirondack Gold Short Course Championships
30.11	L	P	50	Back	8/2/2023	2023 Summer Elite Showcase
57.52	Y	A	100	Back	2/17/2023	2023 Region 1 Short Course Invitational
1:05.62	S	BB	100	Back	5/21/2023	2023 Starfish Meter Madness
2:04.69	Y	A	200	Back	1/14/2023	Chris Goody IMX Challenge
2:33.87	L	BB	200	Back	7/7/2023	Hawks Summer Invitational 2023
1:10.01	Y	BB	100	Breast	10/22/2022	Trick or Treat Meet
1:20.65	S	B	100	Breast	5/21/2023	2023 Starfish Meter Madness
2:28.39	Y	BB	200	Breast	1/14/2023	Chris Goody IMX Challenge
24.16	Y	F	50	Fly	12/8/2022	32nd Annual Speedo Winter Championships

SCHE-AD

SCHE-AD

CLRK-AD

ALBS-AD

UN-AD

USAM-AD

### Individual Top Times

Time	P/F/S	Event				
<b>Christian Jerome (15) M</b>						
<b>USAM-AD</b>						
26.12	L	F	50	Fly	8/2/2023 2023 Summer Elite Showcase	
50.30	Y	AAAA	F	100	Fly	3/9/2023 Adirondack Gold Short Course Championships
57.27	L	AAAA	F	100	Fly	8/2/2023 2023 Summer Elite Showcase
58.50	S	AAA	F	100	Fly	5/21/2023 2023 Starfish Meter Madness
1:55.08	Y	AAA	F	200	Fly	3/29/2023 2023 Eastern Zone SC Age Group Championships
2:12.35	L	AAA	P	200	Fly	8/2/2023 2023 Summer Elite Showcase
59.73	Y		F	100	IM	10/22/2022 Trick or Treat Meet
1:08.38	S		F	100	IM	5/21/2023 2023 Starfish Meter Madness
2:02.34	Y	AA	F	200	IM	1/14/2023 Chris Goody IMX Challenge
2:15.78	L	AAA	F	200	IM	8/2/2023 2023 Summer Elite Showcase
4:22.81	Y	AA	F	400	IM	3/9/2023 Adirondack Gold Short Course Championships
<b>Jude Jerome (13) M</b>						
<b>USAM-AD</b>						
27.38	Y	BB	F	50	Free	2/4/2023 Delmar Dolphins Febuary Freeze
31.53	L	BB	F	50	Free	7/20/2023 2023 Adirondack Long Course Championships
58.38	Y	BB	F	100	Free	3/9/2023 Adirondack Gold Short Course Championships
1:08.77	S	B	F	100	Free	5/21/2023 2023 Starfish Meter Madness
1:08.83	L	BB	F	100	Free	7/7/2023 Hawks Summer Invitational 2023
2:10.16	Y	BB	P	200	Free	3/9/2023 Adirondack Gold Short Course Championships
2:26.26	L	BB	F	200	Free	7/7/2023 Hawks Summer Invitational 2023
5:14.19	L	BB	F	400	Free	8/2/2023 2023 Summer Elite Showcase
5:29.72	Y	A	F	500	Free	3/9/2023 Adirondack Gold Short Course Championships
32.55	Y		F	50	Back	3/9/2023 Adirondack Gold Short Course Championships
38.93	L		F	50	Back	7/20/2023 2023 Adirondack Long Course Championships
1:11.63	Y		F	100	Back	1/14/2023 Chris Goody IMX Challenge
1:22.56	S		F	100	Back	5/21/2023 2023 Starfish Meter Madness
1:22.71	L	B	F	100	Back	7/20/2023 2023 Adirondack Long Course Championships
2:37.56	Y		F	200	Back	12/18/2022 Piranha's December Distance Invite
38.04	Y		F	50	Breast	2/4/2023 Delmar Dolphins Febuary Freeze
44.14	L		P	50	Breast	8/2/2023 2023 Summer Elite Showcase
1:22.65	Y		F	100	Breast	3/9/2023 Adirondack Gold Short Course Championships
1:34.93	S		F	100	Breast	5/21/2023 2023 Starfish Meter Madness
1:40.52	L		F	100	Breast	7/20/2023 2023 Adirondack Long Course Championships
28.64	Y		P	50	Fly	3/9/2023 Adirondack Gold Short Course Championships
34.02	L		P	50	Fly	8/2/2023 2023 Summer Elite Showcase
1:04.44	Y	BB	F	100	Fly	3/9/2023 Adirondack Gold Short Course Championships
1:13.86	S	B	F	100	Fly	5/21/2023 2023 Starfish Meter Madness
1:16.72	L	B	F	100	Fly	7/20/2023 2023 Adirondack Long Course Championships
2:23.67	Y	BB	P	200	Fly	3/29/2023 2023 Eastern Zone SC Age Group Championships
2:46.04	L	BB	P	200	Fly	8/2/2023 2023 Summer Elite Showcase
1:09.43	Y		F	100	IM	2/4/2023 Delmar Dolphins Febuary Freeze
1:23.12	S		F	100	IM	5/21/2023 2023 Starfish Meter Madness
2:28.84	Y	B	F	200	IM	1/27/2023 2023 USAS IMX Games
5:28.40	Y	B	F	400	IM	12/18/2022 Piranha's December Distance Invite
<b>Karen Jia (11) F</b>						
<b>CPP-AD</b>						
51.18	Y		F	50	Free	6/11/2023 Piranhas Summer Kick-Off Meet
1:05.27	S		F	50	Free	5/21/2023 2023 Starfish Meter Madness
1:57.70	Y		F	100	Free	6/11/2023 Piranhas Summer Kick-Off Meet
49.48	Y		F	50	Back	6/11/2023 Piranhas Summer Kick-Off Meet
1:01.53	Y		F	50	Fly	6/11/2023 Piranhas Summer Kick-Off Meet
<b>Carlyle Jimenez (14) M</b>						
<b>NTS-AD</b>						
1:01.53	Y		F	50	Free	12/3/2022 2022 North Country Invitational
2:04.50	Y		F	100	Free	12/3/2022 2022 North Country Invitational
2:45.28	Y		F	100	Back	12/3/2022 2022 North Country Invitational
<b>Aiden Johnson (9) M</b>						
<b>WAVE-AD</b>						
42.51	Y		F	50	Free	3/3/2023 AD Silver Short Course Championships
1:39.41	Y		F	100	Free	1/6/2023 2023 Starfish Trophy Invitational

### Individual Top Times

Time	P/F/S	Event				
<b>Aiden Johnson (9) M</b>						
25.10	Y	F	25	Back	12/3/2022 2022 North Country Invitational	
52.59	Y	F	50	Back	3/3/2023 AD Silver Short Course Championships	
27.10	Y	F	25	Breast	12/3/2022 2022 North Country Invitational	
55.80	Y	F	50	Breast	1/6/2023 2023 Starfish Trophy Invitational	
24.87	Y	F	25	Fly	1/29/2023 Stingray Splash	
55.85	Y	F	50	Fly	3/3/2023 AD Silver Short Course Championships	
1:53.40	Y	F	100	IM	2/4/2023 2023 Winter Blast	
<b>WAVE-AD</b>						
<b>Annalise Johnson (10) F</b>						
55.47	Y	F	50	Free	10/29/2022 Starfish Fall Spooktacular	
2:22.66	Y	F	100	Free	10/29/2022 Starfish Fall Spooktacular	
1:04.34	Y	F	50	Back	10/29/2022 Starfish Fall Spooktacular	
<b>KING-AD</b>						
<b>Micalli Johnson (12) F</b>						
31.50	Y	B	F	50	Free	2/4/2023 2023 Winter Blast
1:11.33	Y	B	F	100	Free	3/3/2023 AD Silver Short Course Championships
2:44.84	Y	F	200	Free	3/3/2023 AD Silver Short Course Championships	
39.89	Y	F	50	Back	3/3/2023 AD Silver Short Course Championships	
44.08	Y	F	50	Breast	2/4/2023 2023 Winter Blast	
1:38.74	Y	F	100	Breast	3/3/2023 AD Silver Short Course Championships	
38.17	Y	F	50	Fly	3/3/2023 AD Silver Short Course Championships	
1:23.43	Y	B	F	100	IM	2/4/2023 2023 Winter Blast
<b>WAVE-AD</b>						
<b>Owen Johnson (11) M</b>						
36.22	Y	F	50	Free	2/12/2023 Piranha's Pentathlon	
1:20.98	Y	F	100	Free	1/29/2023 Stingray Splash	
2:54.44	Y	F	200	Free	1/29/2023 Stingray Splash	
40.69	Y	F	50	Back	2/12/2023 Piranha's Pentathlon	
1:02.12	Y	F	50	Breast	2/12/2023 Piranha's Pentathlon	
43.01	Y	F	50	Fly	2/12/2023 Piranha's Pentathlon	
1:40.79	Y	F	100	IM	2/12/2023 Piranha's Pentathlon	
<b>GLFY-AD</b>						
<b>Layla Johnston (14) F</b>						
27.39	Y	A	P	50	Free	3/9/2023 Adirondack Gold Short Course Championships
30.59	L	A	P	50	Free	7/20/2023 2023 Adirondack Long Course Championships
59.03	Y	A	P	100	Free	3/9/2023 Adirondack Gold Short Course Championships
1:08.76	L	A	P	100	Free	7/20/2023 2023 Adirondack Long Course Championships
2:08.85	Y	A	P	200	Free	3/9/2023 Adirondack Gold Short Course Championships
2:29.84	L	BB	F	200	Free	6/10/2023 2023 MR LIAC Summertime Classic Invitational
5:59.08	Y	BB	F	500	Free	1/14/2023 Chris Goody IMX Challenge
1:05.40	Y	A	F	100	Back	3/9/2023 Adirondack Gold Short Course Championships
1:16.46	L	A	P	100	Back	7/20/2023 2023 Adirondack Long Course Championships
2:22.56	Y	A	F	200	Back	3/9/2023 Adirondack Gold Short Course Championships
2:46.81	L	BB	F	200	Back	6/10/2023 2023 MR LIAC Summertime Classic Invitational
1:15.86	Y	BB	P	100	Breast	3/9/2023 Adirondack Gold Short Course Championships
1:27.54	L	BB	P	100	Breast	7/20/2023 2023 Adirondack Long Course Championships
2:46.29	Y	BB	F	200	Breast	1/14/2023 Chris Goody IMX Challenge
3:06.63	L	A	F	200	Breast	7/20/2023 2023 Adirondack Long Course Championships
1:05.97	Y	BB	F	100	Fly	12/1/2022 2022 STAR Short Course Invitational
1:16.09	L	BB	P	100	Fly	7/20/2023 2023 Adirondack Long Course Championships
2:38.83	Y	B	F	200	Fly	1/14/2023 Chris Goody IMX Challenge
1:11.77	Y		F	100	IM	10/22/2022 Trick or Treat Meet
2:24.75	Y	A	F	200	IM	3/9/2023 Adirondack Gold Short Course Championships
2:49.09	L	BB	P	200	IM	7/20/2023 2023 Adirondack Long Course Championships
5:13.18	Y	BB	F	400	IM	1/14/2023 Chris Goody IMX Challenge
<b>SCHE-AD</b>						
<b>Rider Johnston (16) M</b>						
31.54	Y	F	50	Free	3/3/2023 AD Silver Short Course Championships	
1:13.18	Y	F	100	Free	3/3/2023 AD Silver Short Course Championships	
2:40.83	Y	F	200	Free	3/3/2023 AD Silver Short Course Championships	
3:11.15	L	F	200	Free	7/7/2023 Hawks Summer Invitational 2023	
<b>CPP-AD</b>						

### Individual Top Times

Time	P/F/S	Event					
<b>Rider Johnston (16) M</b>							
1:31.87	Y	F	100	Back	2/12/2023	Piranha's Pentathlon	
3:43.91	L	F	200	Back	7/7/2023	Hawks Summer Invitational 2023	
1:44.93	Y	F	100	Breast	2/12/2023	Piranha's Pentathlon	
3:32.27	Y	F	200	Breast	3/3/2023	AD Silver Short Course Championships	
1:38.21	Y	F	100	Fly	2/12/2023	Piranha's Pentathlon	
1:54.84	L	F	100	Fly	7/7/2023	Hawks Summer Invitational 2023	
3:02.25	Y	F	200	IM	3/3/2023	AD Silver Short Course Championships	
<b>CPP-AD</b>							
<b>Phoenix Jones (10) M</b>							
51.05	Y	F	50	Back	11/12/2022	Fall frenzy	
1:16.39	Y	F	50	Breast	10/29/2022	Starfish Fall Spooktacular	
1:05.22	Y	F	50	Fly	10/29/2022	Starfish Fall Spooktacular	
1:59.97	Y	F	100	IM	11/12/2022	Fall frenzy	
<b>KING-AD</b>							
<b>Sophia Jones (16) F</b>							
30.32	Y	B	F	50	Free	6/11/2023	Piranhas Summer Kick-Off Meet
33.99	L	B	F	50	Free	5/20/2023	2023 NE NSSC May Springfield
1:04.78	Y	B	F	100	Free	10/8/2022	Shenendehowa Girls Invitational
1:12.58	L	BB	F	100	Free	5/20/2023	2023 NE NSSC May Springfield
2:21.70	Y	B	F	200	Free	6/11/2023	Piranhas Summer Kick-Off Meet
2:41.50	L	B	F	200	Free	7/7/2023	Hawks Summer Invitational 2023
5:54.70	L	B	F	400	Free	6/24/2023	2023 NE NSSC June Springfield
1:16.81	Y	F	100	Back	10/8/2022	Shenendehowa Girls Invitational	
1:30.70	L	F	100	Back	7/7/2023	Hawks Summer Invitational 2023	
<b>DELM-AD</b>							
<b>William Joseph (19) M</b>							
24.59	Y	P	50	Free	3/9/2023	Adirondack Gold Short Course Championships	
56.13	Y	F	100	Free	3/3/2023	AD Silver Short Course Championships	
2:09.13	Y	F	200	Free	3/3/2023	AD Silver Short Course Championships	
36.03	Y	L	F	50	Back	12/3/2022	2022 North Country Invitational
1:09.02	Y	F	100	Back	3/3/2023	AD Silver Short Course Championships	
1:05.81	Y	P	100	Breast	3/9/2023	Adirondack Gold Short Course Championships	
1:08.66	Y	F	100	Fly	3/3/2023	AD Silver Short Course Championships	
2:35.27	Y	F	200	IM	3/3/2023	AD Silver Short Course Championships	
<b>NHA-AD</b>							
<b>Anthony Joyal (11) M</b>							
39.45	Y	F	50	Free	6/11/2023	Piranhas Summer Kick-Off Meet	
40.04	L	F	50	Free	7/20/2023	2023 Adirondack Long Course Championships	
47.25	S	F	50	Free	5/21/2023	2023 Starfish Meter Madness	
1:34.04	L	F	100	Free	7/20/2023	2023 Adirondack Long Course Championships	
1:36.68	Y	F	100	Free	12/3/2022	2022 North Country Invitational	
3:32.95	Y	F	200	Free	12/3/2022	2022 North Country Invitational	
3:40.33	L	F	200	Free	7/7/2023	Hawks Summer Invitational 2023	
47.32	Y	F	50	Back	2/12/2023	Piranha's Pentathlon	
56.33	S	F	50	Back	5/21/2023	2023 Starfish Meter Madness	
1:45.16	Y	F	100	Back	3/3/2023	AD Silver Short Course Championships	
1:50.44	L	F	100	Back	7/20/2023	2023 Adirondack Long Course Championships	
1:00.20	Y	F	50	Breast	6/11/2023	Piranhas Summer Kick-Off Meet	
1:11.08	L	F	50	Breast	7/7/2023	Hawks Summer Invitational 2023	
1:12.39	S	F	50	Breast	5/21/2023	2023 Starfish Meter Madness	
2:30.42	L	F	100	Breast	7/20/2023	2023 Adirondack Long Course Championships	
57.72	Y	F	50	Fly	2/12/2023	Piranha's Pentathlon	
1:56.94	Y	F	100	IM	12/3/2022	2022 North Country Invitational	
<b>CPP-AD</b>							
<b>John Judski (12) M</b>							
43.64	Y	F	50	Free	3/3/2023	AD Silver Short Course Championships	
49.94	S	F	50	Free	5/21/2023	2023 Starfish Meter Madness	
1:36.61	Y	F	100	Free	3/3/2023	AD Silver Short Course Championships	
44.70	Y	F	50	Back	2/4/2023	Delmar Dolphins Febuary Freeze	
51.26	S	F	50	Back	5/21/2023	2023 Starfish Meter Madness	
<b>SCHE-AD</b>							
<b>Amelia Juracka (12) F</b>							
<b>SARY-AD</b>							

### Individual Top Times

Time	P/F/S	Event				
<b>Amelia Juracka (12) F</b>						
42.34	Y	F	50	Free	1/29/2023	Stingray Splash
1:38.76	Y	F	100	Free	1/29/2023	Stingray Splash
59.32	Y	F	50	Breast	1/29/2023	Stingray Splash
<b>Amanda Jurgelon (18) F</b>						
24.64	Y L	AA	F	50	Free	10/8/2022 Shenendehowa Girls Invitational
28.82	L	AA	P	50	Free	7/20/2023 2023 Adirondack Long Course Championships
52.29	Y	AAA	P	100	Free	11/3/2022 Girls Sec II Division II Championships
1:01.55	L	AAA	P	100	Free	8/3/2023 LC Senior Zone Championship
1:03.57	S	A	F	100	Free	5/21/2023 2023 Starfish Meter Madness
1:55.42	Y	AAA	F	200	Free	3/9/2023 Adirondack Gold Short Course Championships
2:14.56	L	AA	T	200	Free	8/3/2023 LC Snr Zone Time Trials
5:25.65	Y	A	F	500	Free	1/6/2023 2023 Starfish Trophy Invitational
11:37.83	Y	A	F	1000	Free	12/9/2022 CNY Invite
27.39	Y L		P	50	Back	11/3/2022 Girls Sec II Division II Championships
59.87	Y	AA	P	100	Back	11/3/2022 Girls Sec II Division II Championships
1:12.39	L	A	P	100	Back	8/3/2023 LC Senior Zone Championship
1:13.17	S	BB	F	100	Back	5/21/2023 2023 Starfish Meter Madness
2:10.07	Y	AA	F	200	Back	3/9/2023 Adirondack Gold Short Course Championships
2:37.80	L	A	P	200	Back	7/20/2023 2023 Adirondack Long Course Championships
1:14.69	Y	BB	F	100	Breast	1/6/2023 2023 Starfish Trophy Invitational
1:24.99	S	BB	F	100	Breast	5/21/2023 2023 Starfish Meter Madness
28.71	Y		F	50	Fly	1/14/2023 2023 PTAC Tiger Invitational
59.64	Y	AA	P	100	Fly	3/9/2023 Adirondack Gold Short Course Championships
1:10.06	L	A	P	100	Fly	7/20/2023 2023 Adirondack Long Course Championships
1:12.41	S	BB	F	100	Fly	5/21/2023 2023 Starfish Meter Madness
1:05.55	Y		F	100	IM	1/14/2023 2023 PTAC Tiger Invitational
1:15.14	S		F	100	IM	5/21/2023 2023 Starfish Meter Madness
2:11.89	Y	AA	P	200	IM	2/17/2023 2023 Region 1 Short Course Invitational
2:34.99	L	AA	P	200	IM	8/3/2023 LC Senior Zone Championship
4:56.05	Y	A	F	400	IM	12/18/2022 Piranha's December Distance Invite
<b>Anna Kane (15) F</b>						
36.12	Y		F	50	Free	3/3/2023 AD Silver Short Course Championships
1:28.95	Y		F	100	Back	3/3/2023 AD Silver Short Course Championships
1:53.13	Y		F	100	Breast	2/4/2023 Delmar Dolphins Febuary Freeze
4:02.18	Y		F	200	Breast	11/12/2022 Fall frenzy
<b>Emily Kane (15) F</b>						
1:01.53	Y	BB	F	100	Free	1/29/2023 Stingray Splash
1:08.61	L	BB	P	100	Free	7/20/2023 2023 Adirondack Long Course Championships
1:10.49	Y	AA	F	100	Breast	3/9/2023 Adirondack Gold Short Course Championships
1:26.17	L	BB	F	100	Breast	7/20/2023 2023 Adirondack Long Course Championships
2:38.33	Y	A	F	200	Breast	3/9/2023 Adirondack Gold Short Course Championships
2:24.17	Y	BB	F	200	IM	3/9/2023 Adirondack Gold Short Course Championships
<b>Vainavi Kannan (9) F</b>						
30.70	Y		F	25	Free	3/3/2023 AD Silver Short Course Championships
1:09.95	Y		F	50	Free	3/3/2023 AD Silver Short Course Championships
34.96	Y		F	25	Back	1/29/2023 Stingray Splash
1:23.15	Y		F	50	Back	2/12/2023 Piranha's Pentathlon
39.75	Y		F	25	Fly	1/29/2023 Stingray Splash
<b>Vidhur Kannan (12) M</b>						
39.09	Y		F	50	Free	3/3/2023 AD Silver Short Course Championships
1:33.97	Y		F	100	Free	2/12/2023 Piranha's Pentathlon
3:34.94	Y		F	200	Free	3/3/2023 AD Silver Short Course Championships
45.98	Y		F	50	Back	12/3/2022 2022 North Country Invitational
1:40.46	Y		F	100	Back	2/12/2023 Piranha's Pentathlon
54.99	Y		P	50	Breast	1/6/2023 2023 Starfish Trophy Invitational
2:15.33	Y		F	100	Breast	3/3/2023 AD Silver Short Course Championships

SARY-AD

UN-AD

DELM-AD

UN-AD

CPP-AD

CPP-AD

### Individual Top Times

Time	P/F/S	Event				
<b>Vidhur Kannan (12) M</b>						
49.18	Y	F	50	Fly	3/3/2023 AD Silver Short Course Championships	
1:41.07	Y	F	100	IM	3/3/2023 AD Silver Short Course Championships	
<b>Abigail Kantor (16) F</b>						
27.37	Y	BB	F	50	Free 3/3/2023 AD Silver Short Course Championships	
1:03.86	Y	BB	F	100	Free 3/3/2023 AD Silver Short Course Championships	
2:16.49	Y	BB	F	200	Free 3/3/2023 AD Silver Short Course Championships	
6:17.22	Y	B	F	500	Free 12/18/2022 Piranha's December Distance Invite	
1:10.21	Y	B	F	100	Back 3/3/2023 AD Silver Short Course Championships	
2:39.02	Y	B	F	200	Back 12/18/2022 Piranha's December Distance Invite	
1:14.13	Y	B	F	100	Fly 1/29/2023 Stingray Splash	
2:49.90	Y		F	200	Fly 1/22/2023 Mile Madness	
2:40.77	Y	B	F	200	IM 3/3/2023 AD Silver Short Course Championships	
<b>Yirou Kao (15) F</b>						
28.44	Y	BB	F	50	Free 3/3/2023 AD Silver Short Course Championships	
1:04.69	Y	B	F	100	Free 3/3/2023 AD Silver Short Course Championships	
1:13.12	Y	B	F	100	Back 3/3/2023 AD Silver Short Course Championships	
1:22.41	Y	B	F	100	Breast 3/3/2023 AD Silver Short Course Championships	
2:39.79	Y	B	F	200	IM 3/3/2023 AD Silver Short Course Championships	
<b>Rowan Karaca (16) M</b>						
22.89	Y	AA	F	50	Free 3/9/2023 Adirondack Gold Short Course Championships	
27.01	L	A	F	50	Free 6/2/2023 STAR LC Kick Off Meet	
49.65	Y	AA	F	100	Free 2/16/2023 Boys Section 2 Division 2 Championships	
58.20	L	AA	F	100	Free 6/2/2023 STAR LC Kick Off Meet	
1:50.94	Y	AA	F	200	Free 3/9/2023 Adirondack Gold Short Course Championships	
2:11.96	L	A	F	200	Free 6/24/2023 2023 NE NSSC June Springfield	
4:45.43	L	A	F	400	Free 6/2/2023 STAR LC Kick Off Meet	
5:16.42	Y	A	P	500	Free 12/1/2022 2022 STAR Short Course Invitational	
1:05.96	Y	B	F	100	Back 11/12/2021 2021 NE ABF November Trials Final Meet	
1:17.94	L	B	F	100	Back 5/5/2023 2023 NE CRIMSON May Madness	
37.10	L		F	50	Breast 6/24/2023 2023 NE NSSC June Springfield	
1:05.17	Y	A	P	100	Breast 3/9/2023 Adirondack Gold Short Course Championships	
1:20.11	L	BB	F	100	Breast 6/2/2023 STAR LC Kick Off Meet	
2:23.17	Y	A	F	200	Breast 2/17/2023 2023 Region 1 Short Course Invitational	
3:07.75	L	B	F	200	Breast 5/5/2023 2023 NE CRIMSON May Madness	
30.88	L		F	50	Fly 5/5/2023 2023 NE CRIMSON May Madness	
1:01.55	Y	BB	F	100	Fly 10/22/2022 Trick or Treat Meet	
1:08.03	L	BB	F	100	Fly 6/2/2023 STAR LC Kick Off Meet	
1:02.61	Y		F	100	IM 10/22/2022 Trick or Treat Meet	
2:12.65	Y	BB	P	200	IM 12/1/2022 2022 STAR Short Course Invitational	
2:39.70	L	BB	F	200	IM 5/5/2023 2023 NE CRIMSON May Madness	
4:54.30	Y	BB	F	400	IM 11/12/2021 2021 NE ABF November Trials Final Meet	
<b>Ryan Karaca (18) M</b>						
22.39	Y	AA	F	50	Free 3/9/2023 Adirondack Gold Short Course Championships	
48.84	Y	AA	P	100	Free 2/17/2023 2023 Region 1 Short Course Invitational	
57.67	L	AA	F	100	Free 5/5/2023 2023 NE CRIMSON May Madness	
1:45.07	Y	L	AA	F	200	Free 2/17/2023 2023 Region 1 Short Course Invitational
2:04.06	L	AA	F	200	Free 6/2/2023 STAR LC Kick Off Meet	
4:45.85	Y	AA	F	500	Free 2/16/2023 Boys Section 2 Division 2 Championships	
29.63	L	L	F	50	Back 6/2/2023 STAR LC Kick Off Meet	
52.15	Y	AA	F	100	Back 3/9/2023 Adirondack Gold Short Course Championships	
1:05.75	L	A	F	100	Back 5/5/2023 2023 NE CRIMSON May Madness	
2:01.12	Y	A	F	200	Back 11/12/2021 2021 NE ABF November Trials Final Meet	
2:21.75	L	A	F	200	Back 5/5/2023 2023 NE CRIMSON May Madness	
1:03.90	Y	A	P	100	Breast 12/1/2022 2022 STAR Short Course Invitational	
2:13.07	Y	AA	F	200	Breast 3/9/2023 Adirondack Gold Short Course Championships	
2:42.73	L	A	F	200	Breast 6/2/2023 STAR LC Kick Off Meet	

CPP-AD

NHA-AD

IISC-AD

SCHE-AD

SCHE-AD

### Individual Top Times

Time	P/F/S	Event			
<b>Ryan Karaca (18) M</b>					
29.39	L	F	50	Fly	5/5/2023 2023 NE CRIMSON May Madness
51.84	Y AA	P	100	Fly	3/9/2023 Adirondack Gold Short Course Championships
1:02.00	L A	F	100	Fly	6/2/2023 STAR LC Kick Off Meet
1:54.63	Y AAA	F	200	Fly	3/9/2023 Adirondack Gold Short Course Championships
2:21.56	L A	F	200	Fly	6/2/2023 STAR LC Kick Off Meet
1:56.10	Y AA	F	200	IM	2/16/2023 Boys Section 2 Division 2 Championships
2:22.47	L AA	F	200	IM	5/5/2023 2023 NE CRIMSON May Madness
4:08.25	Y AAA	P	400	IM	2/17/2023 2023 Region 1 Short Course Invitational
4:56.36	L AA	F	400	IM	6/2/2023 STAR LC Kick Off Meet
<b>Briana Kasper-Bush (12) F</b>					
56.69	Y	F	50	Free	2/4/2023 Delmar Dolphins Febuary Freeze
2:06.67	Y	F	100	Free	3/3/2023 AD Silver Short Course Championships
1:01.14	Y	F	50	Back	3/3/2023 AD Silver Short Course Championships
<b>Andrew Kassian (19) M</b>					
22.20	Y	F	50	Free	3/9/2023 Adirondack Gold Short Course Championships
48.30	Y	F	100	Free	3/9/2023 Adirondack Gold Short Course Championships
25.12	Y L	F	50	Back	3/9/2023 Adirondack Gold Short Course Championships
52.97	Y	F	100	Back	3/9/2023 Adirondack Gold Short Course Championships
1:58.78	Y	P	200	Back	3/9/2023 Adirondack Gold Short Course Championships
1:02.38	Y	F	100	Breast	3/9/2023 Adirondack Gold Short Course Championships
51.51	Y	F	100	Fly	3/9/2023 Adirondack Gold Short Course Championships
59.73	Y	F	100	IM	10/22/2022 Trick or Treat Meet
1:58.60	Y	F	200	IM	3/9/2023 Adirondack Gold Short Course Championships
<b>Ava Kaufman (17) F</b>					
26.73	Y A	P	50	Free	3/9/2023 Adirondack Gold Short Course Championships
57.16	Y A	P	100	Free	3/9/2023 Adirondack Gold Short Course Championships
2:02.11	Y A	P	200	Free	11/3/2022 Girls Sec II Division I Championships
2:27.34	L BB	F	200	Free	7/7/2023 Hawks Summer Invitational 2023
5:42.00	Y BB	F	500	Free	3/9/2023 Adirondack Gold Short Course Championships
1:09.28	Y B	F	100	Back	2/4/2023 Delmar Dolphins Febuary Freeze
2:41.28	Y BB	P	200	Breast	1/6/2023 2023 Starfish Trophy Invitational
1:01.56	Y A	F	100	Fly	11/3/2022 Girls Sec II Division I Championships
1:14.62	L BB	F	100	Fly	7/7/2023 Hawks Summer Invitational 2023
2:19.74	Y A	F	200	Fly	3/9/2023 Adirondack Gold Short Course Championships
2:21.68	Y BB	F	200	IM	1/6/2023 2023 Starfish Trophy Invitational
5:01.46	Y BB	F	400	IM	12/18/2022 Piranha's December Distance Invite
<b>Joshua Kaufman (18) M</b>					
24.52	Y BB	P	50	Free	3/9/2023 Adirondack Gold Short Course Championships
28.18	L BB	P	50	Free	7/20/2023 2023 Adirondack Long Course Championships
52.08	Y A	F	100	Free	2/16/2023 Boys Section 2 Division 1 Championships
1:02.64	L BB	P	100	Free	7/20/2023 2023 Adirondack Long Course Championships
1:53.37	Y A	F	200	Free	2/16/2023 Boys Section 2 Division 1 Championships
2:15.47	L BB	P	200	Free	7/20/2023 2023 Adirondack Long Course Championships
4:55.41	L BB	F	400	Free	7/20/2023 2023 Adirondack Long Course Championships
5:11.93	Y BB	F	500	Free	3/3/2023 AD Silver Short Course Championships
1:12.25	L BB	P	100	Back	7/20/2023 2023 Adirondack Long Course Championships
2:08.27	Y BB	F	200	Back	3/9/2023 Adirondack Gold Short Course Championships
2:34.16	L BB	P	200	Back	7/20/2023 2023 Adirondack Long Course Championships
1:11.20	L B	P	100	Fly	7/20/2023 2023 Adirondack Long Course Championships
2:16.63	Y BB	F	200	IM	2/4/2023 Delmar Dolphins Febuary Freeze
2:41.18	L BB	P	200	IM	7/20/2023 2023 Adirondack Long Course Championships
<b>Ellie Kaulfuss (15) F</b>					
33.72	Y	F	50	Free	3/3/2023 AD Silver Short Course Championships
1:17.66	Y	F	100	Free	3/3/2023 AD Silver Short Course Championships
2:42.68	Y	F	200	Free	3/3/2023 AD Silver Short Course Championships
41.54	Y L	F	50	Back	10/22/2022 Trick or Treat Meet

DELM-AD

SCHE-AD

HAWK-AD

DELM-AD

DELM-AD

DELM-AD



### Individual Top Times

Time	P/F/S	Event				
<b>Ellie Kaulfuss (15) F</b>						
1:24.54	Y	F	100	Back	2/4/2023	Delmar Dolphins Febuary Freeze
3:11.70	Y	F	200	IM	3/3/2023	AD Silver Short Course Championships
<b>Kelly Keaney (16) F</b>						
26.68	Y	A	50	Free	6/11/2023	Piranhas Summer Kick-Off Meet
57.12	Y	A	100	Free	3/9/2023	Adirondack Gold Short Course Championships
1:06.78	L	A	100	Free	6/24/2023	2023 NE NSSC June Springfield
2:01.81	Y	AA	200	Free	3/9/2023	Adirondack Gold Short Course Championships
5:49.15	Y	BB	500	Free	12/18/2022	Piranha's December Distance Invite
30.54	Y L	F	50	Back	3/9/2023	Adirondack Gold Short Course Championships
36.09	L	F	50	Back	6/24/2023	2023 NE NSSC June Springfield
1:04.43	Y	BB	100	Back	3/9/2023	Adirondack Gold Short Course Championships
2:16.76	Y	A	200	Back	3/9/2023	Adirondack Gold Short Course Championships
2:42.24	L	BB	200	Back	6/24/2023	2023 NE NSSC June Springfield
1:17.36	Y	BB	100	Breast	2/4/2023	Delmar Dolphins Febuary Freeze
2:22.15	Y	A	200	IM	3/9/2023	Adirondack Gold Short Course Championships
<b>John Keating (15) M</b>						
25.69	Y	BB	50	Free	3/9/2023	Adirondack Gold Short Course Championships
28.63	L	BB	50	Free	8/2/2023	2023 EZ LC Age Group Championship
56.53	Y	BB	100	Free	3/9/2023	Adirondack Gold Short Course Championships
1:06.74	L	BB	100	Free	6/2/2023	STAR LC Kick Off Meet
2:07.37	Y	B	200	Free	3/3/2023	AD Silver Short Course Championships
2:23.76	L	BB	200	Free	7/7/2023	Hawks Summer Invitational 2023
5:01.96	L	BB	400	Free	8/2/2023	2023 EZ LC Age Group Championship
6:10.89	Y	F	500	Free	12/18/2022	Piranha's December Distance Invite
29.49	Y L	F	50	Back	2/4/2023	Delmar Dolphins Febuary Freeze
1:03.70	Y	B	100	Back	3/9/2023	Adirondack Gold Short Course Championships
1:14.65	L	B	100	Back	6/2/2023	STAR LC Kick Off Meet
2:17.01	Y	BB	200	Back	3/9/2023	Adirondack Gold Short Course Championships
2:45.00	L	B	200	Back	6/2/2023	STAR LC Kick Off Meet
1:13.75	Y	B	100	Breast	3/9/2023	Adirondack Gold Short Course Championships
1:25.76	L	B	100	Breast	8/2/2023	2023 EZ LC Age Group Championship
1:08.28	Y	F	100	Fly	2/12/2023	Piranha's Pentathlon
1:14.23	L	B	100	Fly	8/2/2023	2023 EZ LC Age Group Championship
1:11.25	Y	F	100	IM	10/22/2022	Trick or Treat Meet
2:19.99	Y	BB	200	IM	3/9/2023	Adirondack Gold Short Course Championships
2:48.04	L	B	200	IM	6/2/2023	STAR LC Kick Off Meet
5:21.94	Y	B	400	IM	12/18/2022	Piranha's December Distance Invite
6:00.42	L	B	400	IM	7/7/2023	Hawks Summer Invitational 2023
<b>William Keating (13) M</b>						
28.30	Y	B	50	Free	3/9/2023	Adirondack Gold Short Course Championships
30.50	L	BB	50	Free	7/7/2023	Hawks Summer Invitational 2023
1:02.17	Y	B	100	Free	3/9/2023	Adirondack Gold Short Course Championships
1:09.92	L	B	100	Free	5/5/2023	2023 NE CRIMSON May Madness
2:29.31	L	BB	200	Free	5/20/2023	2023 NE NSSC May Springfield
34.42	Y	F	50	Back	3/9/2023	Adirondack Gold Short Course Championships
37.86	L	F	50	Back	7/7/2023	Hawks Summer Invitational 2023
1:15.11	Y	P	100	Back	1/6/2023	2023 Starfish Trophy Invitational
1:26.15	L	F	100	Back	7/7/2023	Hawks Summer Invitational 2023
33.17	Y	P	50	Breast	3/9/2023	Adirondack Gold Short Course Championships
37.84	L	P	50	Breast	8/2/2023	2023 EZ LC Age Group Championship
1:14.25	Y	BB	100	Breast	3/9/2023	Adirondack Gold Short Course Championships
1:23.94	L	BB	100	Breast	5/5/2023	2023 NE CRIMSON May Madness
3:03.17	L	BB	200	Breast	8/2/2023	2023 EZ LC Age Group Championship
37.39	L	F	50	Fly	7/7/2023	Hawks Summer Invitational 2023
1:16.45	Y	F	100	Fly	2/12/2023	Piranha's Pentathlon
1:29.57	L	F	100	Fly	7/7/2023	Hawks Summer Invitational 2023
1:08.26	Y	F	100	IM	6/11/2023	Piranhas Summer Kick-Off Meet

DELM-AD

DELM-AD

DELM-AD

DELM-AD

### Individual Top Times

Time	P/F/S	Event	
<b>William Keating (13) M</b>			<b>DELM-AD</b>
2:49.82 L BB	F	200 IM	6/2/2023 STAR LC Kick Off Meet
<b>Roisin Kehoe (11) F</b>			<b>SARY-AD</b>
50.88 Y	F	50 Free	1/29/2023 Stingray Splash
1:47.16 Y	F	100 Free	1/29/2023 Stingray Splash
58.96 Y	F	50 Back	2/4/2023 Delmar Dolphins Febuary Freeze
<b>Brady Keller (17) M</b>			<b>UN-AD</b>
22.87 Y AA	P	50 Free	2/16/2023 Boys Section 2 Division 1 Championships
27.08 L A	P	50 Free	7/20/2023 2023 Adirondack Long Course Championships
50.52 Y A	P	100 Free	3/9/2023 Adirondack Gold Short Course Championships
1:01.48 L L BB	F	100 Free	7/20/2023 2023 Adirondack Long Course Championships
1:58.05 Y BB	F	200 Free	3/3/2023 AD Silver Short Course Championships
2:23.27 L BB	P	200 Free	7/20/2023 2023 Adirondack Long Course Championships
58.18 Y BB	F	100 Back	3/9/2023 Adirondack Gold Short Course Championships
1:13.59 L B	P	100 Back	7/20/2023 2023 Adirondack Long Course Championships
2:17.47 Y B	F	200 Back	12/18/2022 Piranha's December Distance Invite
1:01.82 Y A	P	100 Breast	2/16/2023 Boys Section 2 Division 1 Championships
1:16.52 L BB	P	100 Breast	7/20/2023 2023 Adirondack Long Course Championships
2:25.21 Y BB	P	200 Breast	2/17/2023 2023 Region 1 Short Course Invitational
2:53.53 L BB	F	200 Breast	7/20/2023 2023 Adirondack Long Course Championships
1:03.34 Y B	F	100 Fly	6/11/2023 Piranhas Summer Kick-Off Meet
1:16.99 L	F	100 Fly	7/7/2023 Hawks Summer Invitational 2023
2:14.92 Y BB	P	200 IM	3/9/2023 Adirondack Gold Short Course Championships
4:45.87 Y BB	F	400 IM	1/14/2023 Chris Goody IMX Challenge
<b>Catherine Keller (10) F</b>			<b>ALBS-AD</b>
39.46 Y	F	50 Free	1/6/2023 2023 Starfish Trophy Invitational
43.82 L B	F	50 Free	7/20/2023 2023 Adirondack Long Course Championships
1:25.66 Y B	F	100 Free	1/6/2023 2023 Starfish Trophy Invitational
1:39.17 L B	F	100 Free	7/20/2023 2023 Adirondack Long Course Championships
3:14.60 Y B	F	200 Free	1/6/2023 2023 Starfish Trophy Invitational
3:37.57 L B	F	200 Free	7/20/2023 2023 Adirondack Long Course Championships
45.12 Y L	F	25 Back	1/6/2023 2023 Starfish Trophy Invitational
48.39 Y	F	50 Back	1/6/2023 2023 Starfish Trophy Invitational
56.43 L	F	50 Back	7/20/2023 2023 Adirondack Long Course Championships
1:48.19 Y	F	100 Back	1/6/2023 2023 Starfish Trophy Invitational
2:07.42 L	F	100 Back	7/20/2023 2023 Adirondack Long Course Championships
57.94 Y	F	50 Breast	1/6/2023 2023 Starfish Trophy Invitational
1:06.39 L	F	50 Breast	7/7/2023 Hawks Summer Invitational 2023
2:04.37 Y	F	100 Breast	1/14/2023 2023 PTAC Tiger Invitational
2:22.90 L	F	100 Breast	7/7/2023 Hawks Summer Invitational 2023
53.92 Y	F	50 Fly	1/6/2023 2023 Starfish Trophy Invitational
1:01.61 L	F	50 Fly	7/7/2023 Hawks Summer Invitational 2023
1:47.88 Y	F	100 IM	2/4/2023 Delmar Dolphins Febuary Freeze
3:58.48 Y	F	200 IM	12/18/2022 Piranha's December Distance Invite
4:20.39 L	F	200 IM	7/20/2023 2023 Adirondack Long Course Championships
<b>Hadley Keller (10) F</b>			<b>SCHE-AD</b>
24.03 Y	F	25 Free	12/11/2022 Sharks 12 & Under Mini Meet
44.75 Y	F	50 Free	1/29/2023 Stingray Splash
27.00 Y	F	25 Back	11/12/2022 Fall frenzy
51.93 Y	F	50 Back	3/3/2023 AD Silver Short Course Championships
1:17.09 Y	F	50 Fly	1/29/2023 Stingray Splash
<b>Madelyn Keller (9) F</b>			<b>CPP-AD</b>
28.90 Y	F	25 Free	3/3/2023 AD Silver Short Course Championships
1:06.28 Y	F	50 Free	6/11/2023 Piranhas Summer Kick-Off Meet
1:34.22 S	F	50 Free	5/21/2023 2023 Starfish Meter Madness
2:36.31 Y	F	100 Free	6/11/2023 Piranhas Summer Kick-Off Meet
27.52 Y	F	25 Back	1/29/2023 Stingray Splash

### Individual Top Times

Time	P/F/S	Event				
<b>Madelyn Keller (9) F</b>						
1:01.71	Y	F	50	Back	6/11/2023	Piranhas Summer Kick-Off Meet
1:05.38	S	F	50	Back	5/21/2023	2023 Starfish Meter Madness
41.53	Y	F	25	Fly	3/3/2023	AD Silver Short Course Championships
<b>Teagan Kelly (12) F</b>						
34.49	Y	F	50	Free	3/3/2023	AD Silver Short Course Championships
1:20.49	Y	F	100	Free	2/26/2023	CVSL Championships
44.22	Y	F	50	Back	12/3/2022	CVSL Tri Meet
48.14	Y	F	50	Breast	2/26/2023	CVSL Championships
1:42.44	Y	F	100	IM	12/3/2022	CVSL Tri Meet
<b>Addison Kenney (17) F</b>						
25.91	Y L A	F	50	Free	11/3/2022	Girls Sec II Division I Championships
29.68	L AA	F	50	Free	7/7/2023	Hawks Summer Invitational 2023
56.92	Y A	P	100	Free	2/17/2023	2023 Region 1 Short Course Invitational
2:06.23	Y A	F	200	Free	1/29/2023	Stingray Splash
5:41.71	Y BB	F	500	Free	1/14/2023	Chris Goody IMX Challenge
28.82	Y L	F	50	Back	11/3/2022	Girls Sec II Division I Championships
1:01.43	Y A	F	100	Back	2/17/2023	2023 Region 1 Short Course Invitational
1:12.80	L A	F	100	Back	7/7/2023	Hawks Summer Invitational 2023
2:13.82	Y A	P	200	Back	2/17/2023	2023 Region 1 Short Course Invitational
2:42.43	Y BB	F	200	Breast	1/14/2023	Chris Goody IMX Challenge
1:04.25	Y BB	F	100	Fly	11/3/2022	Girls Sec II Division I Championships
2:35.08	Y B	F	200	Fly	1/14/2023	Chris Goody IMX Challenge
2:17.14	Y A	P	200	IM	2/17/2023	2023 Region 1 Short Course Invitational
5:08.49	Y BB	F	400	IM	1/14/2023	Chris Goody IMX Challenge
<b>Sage Kenney (9) F</b>						
21.29	Y	F	25	Free	10/29/2022	Starfish Fall Spooktacular
50.17	Y	F	50	Free	3/3/2023	AD Silver Short Course Championships
54.37	L	F	50	Free	7/7/2023	Hawks Summer Invitational 2023
1:45.11	Y	F	100	Free	3/3/2023	AD Silver Short Course Championships
2:06.91	L	F	100	Free	7/7/2023	Hawks Summer Invitational 2023
21.31	Y	F	25	Back	3/3/2023	AD Silver Short Course Championships
46.86	Y B	F	50	Back	3/3/2023	AD Silver Short Course Championships
1:00.70	L	F	50	Back	7/7/2023	Hawks Summer Invitational 2023
30.56	Y	F	25	Breast	10/29/2022	Starfish Fall Spooktacular
1:14.34	Y	F	50	Breast	3/3/2023	AD Silver Short Course Championships
25.70	Y	F	25	Fly	3/3/2023	AD Silver Short Course Championships
1:01.41	Y	F	50	Fly	2/12/2023	Piranha's Pentathlon
2:00.14	Y	F	100	IM	10/29/2022	Starfish Fall Spooktacular
<b>Gavin Kenyon (13) M</b>						
36.03	Y	F	50	Free	2/26/2023	CVSL Championships
1:34.89	Y	F	100	Free	1/14/2023	Canajoharie Developmental Meet
44.46	Y	F	50	Back	2/26/2023	CVSL Championships
58.35	Y	F	50	Breast	2/26/2023	CVSL Championships
<b>Jack Kiehle (12) M</b>						
38.85	Y	F	50	Free	3/3/2023	AD Silver Short Course Championships
1:28.16	Y	F	100	Free	11/12/2022	Fall frenzy
50.01	Y	F	50	Back	12/11/2022	Sharks 12 & Under Mini Meet
1:41.73	Y	F	100	Back	3/3/2023	AD Silver Short Course Championships
<b>Molly Kiehle (9) F</b>						
24.52	Y	F	25	Free	3/3/2023	AD Silver Short Course Championships
59.90	Y	F	50	Free	3/3/2023	AD Silver Short Course Championships
29.98	Y	F	25	Back	3/3/2023	AD Silver Short Course Championships
1:05.95	Y	F	50	Back	3/3/2023	AD Silver Short Course Championships
<b>Andrew Kilburn (12) M</b>						
2:38.76	Y	F	100	Free	12/3/2022	2022 North Country Invitational
1:23.78	Y	F	50	Back	12/3/2022	2022 North Country Invitational

CPP-AD

CANA-AD

UN-AD

HAWK-AD

CLRK-AD

USAM-AD

USAM-AD

TBS-AD

### Individual Top Times

Time	P/F/S	Event	
<b>Daniel Killian (17) M</b>			<b>CPP-AD</b>
24.01 Y BB P	50 Free	3/9/2023	Adirondack Gold Short Course Championships
51.14 Y L A F	100 Free	2/16/2023	Boys Section 2 Division 1 Championships
1:00.70 L BB P	100 Free	7/20/2023	2023 Adirondack Long Course Championships
1:49.47 Y A F	200 Free	2/16/2023	Boys Section 2 Division 1 Championships
5:03.94 Y A F	500 Free	3/9/2023	Adirondack Gold Short Course Championships
18:18.24 Y BB F	1650 Free	12/18/2022	Piranha's December Distance Invite
1:05.21 Y B F	100 Back	6/11/2023	Piranhas Summer Kick-Off Meet
1:06.95 Y BB P	100 Breast	3/9/2023	Adirondack Gold Short Course Championships
1:23.21 L B F	100 Breast	7/20/2023	2023 Adirondack Long Course Championships
2:24.97 Y BB P	200 Breast	3/9/2023	Adirondack Gold Short Course Championships
55.34 Y A P	100 Fly	2/16/2023	Boys Section 2 Division 1 Championships
2:04.76 Y A F	200 Fly	3/9/2023	Adirondack Gold Short Course Championships
2:12.88 Y BB P	200 IM	3/9/2023	Adirondack Gold Short Course Championships
2:43.19 L B P	200 IM	7/20/2023	2023 Adirondack Long Course Championships
4:44.84 Y BB F	400 IM	1/14/2023	Chris Goody IMX Challenge
<b>Brody Kilmartin (9) M</b>			<b>GRGF-AD</b>
1:03.71 Y F	50 Free	3/3/2023	AD Silver Short Course Championships
1:19.59 Y F	50 Back	3/3/2023	AD Silver Short Course Championships
1:01.28 Y F	50 Breast	3/3/2023	AD Silver Short Course Championships
<b>Haechan Kim (18) M</b>			<b>UN-AD</b>
23.15 Y A F	50 Free	2/16/2023	Boys Section 2 Division 1 Championships
26.81 L A P	50 Free	7/20/2023	2023 Adirondack Long Course Championships
50.26 Y A F	100 Free	2/16/2023	Boys Section 2 Division 1 Championships
58.87 L A F	100 Free	7/20/2023	2023 Adirondack Long Course Championships
1:51.15 Y A F	200 Free	3/9/2023	Adirondack Gold Short Course Championships
4:48.96 L BB F	400 Free	7/20/2023	2023 Adirondack Long Course Championships
5:13.27 Y BB F	500 Free	3/9/2023	Adirondack Gold Short Course Championships
1:02.23 Y B P	100 Back	2/17/2023	2023 Region 1 Short Course Invitational
1:14.93 L B P	100 Back	7/20/2023	2023 Adirondack Long Course Championships
2:19.52 Y B F	200 Back	12/18/2022	Piranha's December Distance Invite
2:51.78 L P	200 Back	7/20/2023	2023 Adirondack Long Course Championships
1:17.40 Y F	100 Breast	6/11/2023	Piranhas Summer Kick-Off Meet
1:01.04 Y BB F	100 Fly	11/18/2022	2022 NE NSSC Nov 18-20 WPI T/F
2:22.77 Y B F	200 Fly	12/18/2022	Piranha's December Distance Invite
2:15.95 Y BB F	200 IM	3/3/2023	AD Silver Short Course Championships
4:58.20 Y B F	400 IM	1/14/2023	Chris Goody IMX Challenge
<b>Catherine Kim (12) F</b>			<b>SCH-AD</b>
29.46 Y BB S	50 Free	3/9/2023	Adirondack Gold Short Course Championships
32.89 L A F	50 Free	7/20/2023	2023 Adirondack Long Course Championships
1:04.70 Y BB F	100 Free	3/9/2023	Adirondack Gold Short Course Championships
1:11.54 L A F	100 Free	7/20/2023	2023 Adirondack Long Course Championships
2:24.52 Y BB P	200 Free	3/9/2023	Adirondack Gold Short Course Championships
2:43.57 L BB F	200 Free	7/20/2023	2023 Adirondack Long Course Championships
5:56.88 Y A F	500 Free	3/3/2023	AD Silver Short Course Championships
35.29 Y BB P	50 Back	3/9/2023	Adirondack Gold Short Course Championships
40.06 L BB F	50 Back	7/20/2023	2023 Adirondack Long Course Championships
1:16.96 Y BB F	100 Back	3/9/2023	Adirondack Gold Short Course Championships
1:23.75 L BB F	100 Back	7/20/2023	2023 Adirondack Long Course Championships
43.20 Y F	50 Breast	3/3/2023	AD Silver Short Course Championships
47.53 L B F	50 Breast	7/20/2023	2023 Adirondack Long Course Championships
1:30.75 Y B F	100 Breast	3/3/2023	AD Silver Short Course Championships
1:41.46 L B F	100 Breast	7/20/2023	2023 Adirondack Long Course Championships
31.31 Y BB P	50 Fly	3/9/2023	Adirondack Gold Short Course Championships
36.00 L BB F	50 Fly	7/20/2023	2023 Adirondack Long Course Championships
1:13.82 Y BB F	100 Fly	3/9/2023	Adirondack Gold Short Course Championships
1:25.17 L BB F	100 Fly	7/20/2023	2023 Adirondack Long Course Championships
1:13.81 Y BB P	100 IM	3/9/2023	Adirondack Gold Short Course Championships

### Individual Top Times

Time	P/F/S	Event	
<b>Catherine Kim (12) F</b> <span style="float: right;"><b>SCHE-AD</b></span>			
2:41.69 Y BB	F	200 IM	3/3/2023 AD Silver Short Course Championships
<b>Rowan Kim (16) M</b> <span style="float: right;"><b>SCHE-AD</b></span>			
30.88 L B	F	50 Free	7/1/2023 Niagara LSC LC Super Circuit Meet
2:28.03 L B	F	200 Free	7/1/2023 Niagara LSC LC Super Circuit Meet
1:12.30 L B	F	100 Fly	7/1/2023 Niagara LSC LC Super Circuit Meet
<b>Rowan Kim (16) M</b> <span style="float: right;"><b>UN-AD</b></span>			
25.87 Y BB	P	50 Free	2/16/2023 Boys Section 2 Division 1 Championships
58.68 Y B	F	100 Free	3/3/2023 AD Silver Short Course Championships
2:26.63 L B	P	200 Free	7/20/2023 2023 Adirondack Long Course Championships
1:06.88 Y B	P	100 Back	2/16/2023 Boys Section 2 Division 1 Championships
1:14.94 Y B	F	100 Breast	3/3/2023 AD Silver Short Course Championships
1:04.56 Y B	F	100 Fly	10/29/2022 Starfish Fall Spooktacular
1:11.14 L BB	P	100 Fly	7/20/2023 2023 Adirondack Long Course Championships
2:25.04 Y B	F	200 IM	12/17/2022 Shen Boys Holiday Invite
<b>Julianna Kincaid (10) F</b> <span style="float: right;"><b>CPP-AD</b></span>			
49.01 Y	F	50 Free	3/3/2023 AD Silver Short Course Championships
1:57.09 Y	F	100 Free	3/3/2023 AD Silver Short Course Championships
58.05 Y	F	50 Back	3/3/2023 AD Silver Short Course Championships
1:00.62 Y	F	50 Breast	11/12/2022 Fall frenzy
<b>Colin King (18) M</b> <span style="float: right;"><b>DELM-AD</b></span>			
29.81 L BB	F	50 Free	5/20/2023 2023 NE NSSC May Springfield
55.14 Y BB	F	100 Free	3/3/2023 AD Silver Short Course Championships
1:05.42 L B	F	100 Free	5/20/2023 2023 NE NSSC May Springfield
2:00.77 Y BB	F	200 Free	3/3/2023 AD Silver Short Course Championships
2:22.68 L BB	F	200 Free	5/20/2023 2023 NE NSSC May Springfield
5:01.92 L BB	F	400 Free	6/24/2023 2023 NE NSSC June Springfield
5:12.81 Y BB	F	500 Free	3/9/2023 Adirondack Gold Short Course Championships
1:01.58 Y B	F	100 Back	3/3/2023 AD Silver Short Course Championships
1:13.68 L B	F	100 Back	5/20/2023 2023 NE NSSC May Springfield
2:12.29 Y BB	F	200 Back	3/3/2023 AD Silver Short Course Championships
2:42.11 L B	F	200 Back	6/24/2023 2023 NE NSSC June Springfield
1:19.81 Y	F	100 Breast	10/22/2022 Trick or Treat Meet
56.31 Y A	P	100 Fly	2/16/2023 Boys Section 2 Division 1 Championships
1:08.09 L BB	F	100 Fly	5/20/2023 2023 NE NSSC May Springfield
2:06.77 Y BB	F	200 Fly	3/9/2023 Adirondack Gold Short Course Championships
2:36.62 L B	F	200 Fly	6/24/2023 2023 NE NSSC June Springfield
1:05.98 Y	F	100 IM	10/22/2022 Trick or Treat Meet
2:16.54 Y BB	F	200 IM	2/4/2023 Delmar Dolphins Febuary Freeze
2:39.06 L BB	F	200 IM	5/20/2023 2023 NE NSSC May Springfield
<b>Roberta King (9) F</b> <span style="float: right;"><b>USAM-AD</b></span>			
22.86 Y	F	25 Free	3/3/2023 AD Silver Short Course Championships
51.60 Y	F	50 Free	3/3/2023 AD Silver Short Course Championships
26.55 Y	F	25 Back	3/3/2023 AD Silver Short Course Championships
57.49 Y	F	50 Back	3/3/2023 AD Silver Short Course Championships
28.84 Y	F	25 Fly	3/3/2023 AD Silver Short Course Championships
<b>Colton Kinley (12) M</b> <span style="float: right;"><b>CLRK-AD</b></span>			
35.60 Y	F	50 Free	2/26/2023 CVSL Championships
1:26.57 Y	F	100 Free	12/3/2022 CVSL Tri Meet
3:02.94 Y	F	200 Free	3/3/2023 AD Silver Short Course Championships
31:15.49 Y	F	1650 Free	1/22/2023 Mile Madness
41.75 Y	F	50 Back	2/26/2023 CVSL Championships
48.01 Y	F	50 Breast	12/3/2022 CVSL Tri Meet
1:32.07 Y	F	100 IM	3/3/2023 AD Silver Short Course Championships
<b>Hunter Kinley (14) M</b> <span style="float: right;"><b>CLRK-AD</b></span>			
33.25 Y	F	50 Free	2/26/2023 CVSL Championships
1:13.97 Y	P	100 Free	1/6/2023 2023 Starfish Trophy Invitational

### Individual Top Times

Time	P/F/S	Event				
<b>Hunter Kinley (14) M</b>						
3:09.92	Y	F	200	Free	1/22/2023	Mile Madness
1:32.95	Y	F	100	Back	12/3/2022	CVSL Tri Meet
1:34.96	Y	F	100	Breast	2/26/2023	CVSL Championships
<b>London Kinley (16) M</b>						
25.35	Y	BB	P	50	Free	3/9/2023 Adirondack Gold Short Course Championships
55.73	Y	BB	P	100	Free	3/9/2023 Adirondack Gold Short Course Championships
2:04.84	Y	BB	F	200	Free	1/22/2023 Mile Madness
6:23.95	Y		F	500	Free	11/5/2022 First Splash
20:57.36	Y	B	F	1650	Free	1/22/2023 Mile Madness
1:02.85	Y	BB	F	100	Back	3/9/2023 Adirondack Gold Short Course Championships
2:22.80	Y	B	F	200	Back	2/26/2023 CVSL Championships
1:15.22	Y	B	F	100	Breast	12/3/2022 CVSL Tri Meet
2:51.11	Y		F	200	Breast	2/26/2023 CVSL Championships
1:01.72	Y	BB	F	100	Fly	3/9/2023 Adirondack Gold Short Course Championships
2:20.83	Y	BB	F	200	IM	2/4/2023 Delmar Dolphins Febuary Freeze
5:09.72	Y	B	F	400	IM	3/3/2023 AD Silver Short Course Championships
<b>Finola Klaus (16) F</b>						
29.36	Y	BB	P	50	Free	2/17/2023 2023 Region 1 Short Course Invitational
1:02.48	Y	BB	P	100	Free	2/17/2023 2023 Region 1 Short Course Invitational
2:10.85	Y	BB	P	200	Free	11/3/2022 Girls Sec II Division I Championships
5:44.61	Y	BB	P	500	Free	11/3/2022 Girls Sec II Division I Championships
21:17.39	Y	BB	F	1650	Free	12/18/2022 Piranha's December Distance Invite
1:13.24	Y	B	P	100	Back	2/17/2023 2023 Region 1 Short Course Invitational
2:41.22	Y	B	F	200	Back	3/3/2023 AD Silver Short Course Championships
1:28.88	Y		F	100	Breast	1/29/2023 Stingray Splash
3:02.48	Y	B	F	200	Breast	1/14/2023 Chris Goody IMX Challenge
1:16.10	Y		F	100	Fly	1/29/2023 Stingray Splash
2:49.89	Y		F	200	Fly	1/14/2023 Chris Goody IMX Challenge
2:38.43	Y	B	F	200	IM	3/3/2023 AD Silver Short Course Championships
5:40.45	Y	B	F	400	IM	1/14/2023 Chris Goody IMX Challenge
<b>Carlo Klocek (6) M</b>						
40.82	S		F	25	Free	5/21/2023 2023 Starfish Meter Madness
1:11.75	Y		F	50	Free	6/11/2023 Piranhas Summer Kick-Off Meet
<b>Alexis Knill (16) F</b>						
26.48	Y	A	F	50	Free	3/9/2023 Adirondack Gold Short Course Championships
30.92	L	A	P	50	Free	7/20/2023 2023 Adirondack Long Course Championships
59.79	Y L	BB	P	100	Free	11/3/2022 Girls Sec II Division II Championships
1:11.50	L	BB	F	100	Free	7/1/2023 Niagara LSC LC Super Circuit Meet
2:09.19	Y	BB	P	200	Free	3/9/2023 Adirondack Gold Short Course Championships
2:38.16	L	BB	F	200	Free	7/1/2023 Niagara LSC LC Super Circuit Meet
5:31.46	L	BB	F	400	Free	7/1/2023 Niagara LSC LC Super Circuit & Distance Meet
5:55.29	Y	BB	F	500	Free	3/3/2023 AD Silver Short Course Championships
21:32.50	Y	B	F	1650	Free	12/18/2022 Piranha's December Distance Invite
1:07.72	Y	BB	P	100	Back	3/9/2023 Adirondack Gold Short Course Championships
1:21.64	L	B	P	100	Back	7/20/2023 2023 Adirondack Long Course Championships
2:30.85	Y	BB	T	200	Back	2/17/2023 2023 Region 1 Short Course Invitational
2:56.70	L	B	P	200	Back	7/20/2023 2023 Adirondack Long Course Championships
1:21.85	Y	B	F	100	Breast	3/3/2023 AD Silver Short Course Championships
3:14.98	Y		F	200	Breast	1/14/2023 Chris Goody IMX Challenge
1:07.65	Y	BB	P	100	Fly	3/9/2023 Adirondack Gold Short Course Championships
2:49.42	Y		F	200	Fly	1/14/2023 Chris Goody IMX Challenge
3:09.53	L		F	200	Fly	7/20/2023 2023 Adirondack Long Course Championships
2:35.17	Y	B	F	200	IM	3/3/2023 AD Silver Short Course Championships
2:59.95	L	B	P	200	IM	7/20/2023 2023 Adirondack Long Course Championships
5:25.64	Y	BB	F	400	IM	3/3/2023 AD Silver Short Course Championships
<b>Connor Knill (12) M</b>						

CLRK-AD

CLRK-AD

SCHE-AD

CPP-AD

SCHE-AD

GRGF-AD

### Individual Top Times

Time	P/F/S	Event						
<b>Connor Knill (12) M</b>								
36.80	Y	F	50	Free	2/4/2023	Delmar Dolphins Febuary Freeze		
1:19.23	Y	F	100	Free	3/3/2023	AD Silver Short Course Championships		
40.72	Y	F	50	Back	3/3/2023	AD Silver Short Course Championships		
1:33.47	Y	F	100	Back	11/12/2022	Fall frenzy		
1:07.45	Y	F	50	Breast	2/4/2023	Delmar Dolphins Febuary Freeze		
50.49	Y	F	50	Fly	1/29/2023	Stingray Splash		
1:56.11	Y	F	100	IM	12/11/2022	Sharks 12 & Under Mini Meet		
<b>GRGF-AD</b>								
<b>Timothy Knill (14) M</b>								
30.16	Y	F	50	Free	3/3/2023	AD Silver Short Course Championships		
1:04.66	Y	B	F	100	Free	3/3/2023	AD Silver Short Course Championships	
2:20.63	Y	B	F	200	Free	3/3/2023	AD Silver Short Course Championships	
6:33.99	Y	F	500	Free	12/18/2022	Piranha's December Distance Invite		
36.80	Y	F	50	Back	12/11/2022	Sharks 12 & Under Mini Meet		
1:17.49	Y	F	100	Back	6/11/2023	Piranhas Summer Kick-Off Meet		
45.71	Y	F	50	Breast	12/11/2022	Sharks 12 & Under Mini Meet		
1:32.28	Y	F	100	Breast	1/29/2023	Stingray Splash		
1:26.66	Y	F	100	Fly	3/3/2023	AD Silver Short Course Championships		
1:21.60	Y	F	100	IM	12/11/2022	Sharks 12 & Under Mini Meet		
2:48.46	Y	F	200	IM	3/3/2023	AD Silver Short Course Championships		
<b>GRGF-AD</b>								
<b>Timothy Knill (14) M</b>								
33.79	L	B	F	50	Free	7/1/2023	Niagara LSC LC Super Circuit Meet	
1:13.84	L	B	F	100	Free	7/1/2023	Niagara LSC LC Super Circuit Meet	
1:26.83	L	F	100	Back	7/1/2023	Niagara LSC LC Super Circuit Meet		
<b>SCHE-AD</b>								
<b>Zachary Knill (11) M</b>								
36.46	Y	F	50	Free	3/3/2023	AD Silver Short Course Championships		
1:29.72	Y	F	100	Free	3/3/2023	AD Silver Short Course Championships		
44.16	Y	F	50	Back	1/29/2023	Stingray Splash		
1:56.04	Y	F	100	IM	1/29/2023	Stingray Splash		
<b>GRGF-AD</b>								
<b>Jacob Knupp (11) M</b>								
40.01	Y	F	50	Free	12/11/2022	Sharks 12 & Under Mini Meet		
51.68	Y	F	50	Back	12/11/2022	Sharks 12 & Under Mini Meet		
55.61	Y	F	50	Fly	12/11/2022	Sharks 12 & Under Mini Meet		
<b>SCHE-AD</b>								
<b>Rudolph Koegl (8) M</b>								
25.01	Y	F	25	Free	1/14/2023	Canajoharie Developmental Meet		
24.13	Y	F	25	Back	1/14/2023	Canajoharie Developmental Meet		
<b>SCHE-AD</b>								
<b>Rorie Kolek (19) F</b>								
29.24	Y	F	50	Free	3/3/2023	AD Silver Short Course Championships		
1:01.60	Y	F	100	Free	3/3/2023	AD Silver Short Course Championships		
2:11.27	Y	F	200	Free	3/3/2023	AD Silver Short Course Championships		
5:54.03	Y	F	500	Free	3/3/2023	AD Silver Short Course Championships		
1:21.28	Y	F	100	Back	3/3/2023	AD Silver Short Course Championships		
2:47.55	Y	F	200	IM	3/3/2023	AD Silver Short Course Championships		
<b>NHA-AD</b>								
<b>Cameron Konnor (12) M</b>								
31.75	Y	B	F	50	Free	2/4/2023	Delmar Dolphins Febuary Freeze	
34.63	L	BB	F	50	Free	7/20/2023	2023 Adirondack Long Course Championships	
1:05.45	Y	BB	F	100	Free	3/9/2023	Adirondack Gold Short Course Championships	
1:17.10	L	L	B	F	100	Free	7/20/2023	2023 Adirondack Long Course Championships
2:24.55	Y	B	F	200	Free	3/9/2023	Adirondack Gold Short Course Championships	
2:47.44	L	B	F	200	Free	7/20/2023	2023 Adirondack Long Course Championships	
5:47.60	L	BB	F	400	Free	7/1/2023	Niagara LSC LC Super Circuit & Distance Meet	
6:23.57	Y	BB	F	500	Free	3/9/2023	Adirondack Gold Short Course Championships	
38.64	Y	F	50	Back	12/1/2022	2022 STAR Short Course Invitational		
43.97	L	F	50	Back	7/1/2023	Niagara LSC LC Super Circuit Meet		
1:20.14	Y	B	F	100	Back	1/14/2023	Chris Goody IMX Challenge	
1:32.08	L	B	F	100	Back	7/20/2023	2023 Adirondack Long Course Championships	
3:03.64	L	BB	F	200	Back	7/20/2023	2023 Adirondack Long Course Championships	
<b>SCHE-AD</b>								

### Individual Top Times

Time	P/F/S	Event			
<b>Cameron Konnor (12) M</b>					
					<b>SCHE-AD</b>
40.73	Y B F	50 Breast	3/9/2023	Adirondack Gold Short Course Championships	
48.44	L B F	50 Breast	7/20/2023	2023 Adirondack Long Course Championships	
1:28.93	Y B F	100 Breast	3/9/2023	Adirondack Gold Short Course Championships	
33.32	Y BB F	50 Fly	3/29/2023	2023 Eastern Zone SC Age Group Championships	
38.46	L BB F	50 Fly	7/20/2023	2023 Adirondack Long Course Championships	
1:14.84	Y BB F	100 Fly	3/29/2023	2023 Eastern Zone SC Age Group Championships	
1:28.79	L B F	100 Fly	7/20/2023	2023 Adirondack Long Course Championships	
1:14.60	Y BB F	100 IM	3/29/2023	2023 Eastern Zone SC Age Group Championships	
2:39.36	Y BB F	200 IM	3/29/2023	2023 Eastern Zone SC Age Group Championships	
3:04.87	L BB F	200 IM	6/10/2023	2023 MR LIAC Summertime Classic Invitational	
<b>Minseo Koo (11) F</b>					
					<b>CPP-AD</b>
38.25	Y F	50 Free	6/11/2023	Piranhas Summer Kick-Off Meet	
1:37.27	Y F	100 Free	1/6/2023	2023 Starfish Trophy Invitational	
45.59	Y F	50 Back	3/3/2023	AD Silver Short Course Championships	
53.82	Y F	50 Breast	6/11/2023	Piranhas Summer Kick-Off Meet	
52.13	Y F	50 Fly	6/11/2023	Piranhas Summer Kick-Off Meet	
1:43.51	Y F	100 IM	3/3/2023	AD Silver Short Course Championships	
<b>Brenna Kowalski (17) F</b>					
					<b>SARY-AD</b>
30.52	Y B F	50 Free	1/29/2023	Stingray Splash	
1:01.63	Y BB P	100 Free	11/3/2022	Girls Sec II Division I Championships	
2:14.84	Y BB F	200 Free	10/8/2022	Shenendehowa Girls Invitational	
1:20.46	Y F	100 Back	1/29/2023	Stingray Splash	
1:32.91	Y F	100 Fly	2/4/2023	Delmar Dolphins Febuary Freeze	
<b>Matthew Kowalski (15) M</b>					
					<b>UN-AD</b>
32.01	Y F	50 Free	6/11/2023	Piranhas Summer Kick-Off Meet	
36.76	L F	50 Free	7/7/2023	Hawks Summer Invitational 2023	
1:10.95	Y F	100 Free	2/4/2023	Delmar Dolphins Febuary Freeze	
2:39.34	Y F	200 Free	3/3/2023	AD Silver Short Course Championships	
2:57.53	L F	200 Free	7/7/2023	Hawks Summer Invitational 2023	
1:24.84	Y F	100 Back	6/11/2023	Piranhas Summer Kick-Off Meet	
1:37.63	L F	100 Back	7/7/2023	Hawks Summer Invitational 2023	
3:24.37	L F	200 Back	7/7/2023	Hawks Summer Invitational 2023	
1:36.23	Y F	100 Breast	1/7/2023	Schenectady Invitational	
4:03.55	L F	200 Breast	7/7/2023	Hawks Summer Invitational 2023	
3:03.76	Y F	200 IM	3/3/2023	AD Silver Short Course Championships	
<b>Chase Kransler (13) M</b>					
					<b>SCHE-AD</b>
35.83	Y F	50 Free	2/4/2023	Delmar Dolphins Febuary Freeze	
1:25.07	Y F	100 Free	11/12/2022	Fall frenzy	
3:22.50	L F	200 Free	6/10/2023	2023 MR LIAC Summertime Classic Invitational	
8:12.77	Y F	500 Free	1/14/2023	Chris Goody IMX Challenge	
40.03	Y F	50 Back	3/3/2023	AD Silver Short Course Championships	
1:31.07	Y F	100 Back	1/14/2023	Chris Goody IMX Challenge	
1:45.21	L F	100 Back	6/10/2023	2023 MR LIAC Summertime Classic Invitational	
44.72	Y F	50 Breast	3/3/2023	AD Silver Short Course Championships	
1:37.52	Y F	100 Breast	3/3/2023	AD Silver Short Course Championships	
45.28	Y F	50 Fly	12/11/2022	Sharks 12 & Under Mini Meet	
1:51.78	Y F	100 Fly	1/14/2023	Chris Goody IMX Challenge	
1:26.22	Y F	100 IM	3/3/2023	AD Silver Short Course Championships	
3:11.85	Y F	200 IM	3/3/2023	AD Silver Short Course Championships	
3:42.04	L F	200 IM	6/10/2023	2023 MR LIAC Summertime Classic Invitational	
<b>Emily Krasniqi (18) F</b>					
					<b>CPP-AD</b>
27.64	Y BB F	50 Free	6/11/2023	Piranhas Summer Kick-Off Meet	
33.13	L BB F	50 Free	6/24/2023	2023 NE NSSC June Springfield	
1:12.98	L BB F	100 Free	6/24/2023	2023 NE NSSC June Springfield	
2:16.77	Y BB F	200 Free	6/11/2023	Piranhas Summer Kick-Off Meet	
2:45.66	L B F	200 Free	6/24/2023	2023 NE NSSC June Springfield	



### Individual Top Times

Time	P/F/S	Event				
<b>Emily Krasniqi (18) F</b>						
5:54.35	L B F	400 Free	6/24/2023	2023 NE NSSC June Springfield		<b>CPP-AD</b>
1:10.22	Y B F	100 Back	6/11/2023	Piranhas Summer Kick-Off Meet		
1:25.00	L B F	100 Back	6/24/2023	2023 NE NSSC June Springfield		
3:03.62	L B F	200 Back	6/24/2023	2023 NE NSSC June Springfield		
1:30.33	Y F F	100 Breast	6/11/2023	Piranhas Summer Kick-Off Meet		
1:46.54	L F F	100 Breast	6/24/2023	2023 NE NSSC June Springfield		
<b>Hannah Kreig (19) F</b>						
2:19.66	Y F F	200 Free	10/8/2022	Shenendehowa Girls Invitational		<b>UN-AD</b>
1:15.99	Y F F	100 Fly	10/8/2022	Shenendehowa Girls Invitational		
<b>Alanna Krein (17) F</b>						
30.42	Y B F	50 Free	3/3/2023	AD Silver Short Course Championships		<b>SCHE-AD</b>
1:06.85	Y B F	100 Free	3/3/2023	AD Silver Short Course Championships		
1:13.57	Y B P	100 Back	2/17/2023	2023 Region 1 Short Course Invitational		
1:17.76	Y F F	100 Fly	3/3/2023	AD Silver Short Course Championships		
<b>Ava Krein (17) F</b>						
28.27	Y BB F	50 Free	3/3/2023	AD Silver Short Course Championships		<b>SCHE-AD</b>
1:02.56	Y BB P	100 Free	2/17/2023	2023 Region 1 Short Course Invitational		
2:15.57	Y BB F	200 Free	3/3/2023	AD Silver Short Course Championships		
5:54.41	Y BB F	500 Free	3/3/2023	AD Silver Short Course Championships		
1:09.65	Y B F	100 Back	3/3/2023	AD Silver Short Course Championships		
2:27.99	Y BB F	200 Back	3/3/2023	AD Silver Short Course Championships		
1:33.96	Y F F	100 Breast	2/4/2023	Delmar Dolphins Febuary Freeze		
3:20.93	Y F F	200 Breast	1/14/2023	Chris Goody IMX Challenge		
2:58.83	Y F F	200 Fly	1/14/2023	Chris Goody IMX Challenge		
2:37.68	Y B P	200 IM	2/17/2023	2023 Region 1 Short Course Invitational		
5:39.35	Y B F	400 IM	1/14/2023	Chris Goody IMX Challenge		
<b>Paige Kropp (16) F</b>						
28.33	Y BB F	50 Free	3/3/2023	AD Silver Short Course Championships		<b>SCHE-AD</b>
31.81	L BB P	50 Free	7/20/2023	2023 Adirondack Long Course Championships		
59.47	Y BB F	100 Free	3/3/2023	AD Silver Short Course Championships		
1:10.16	L BB F	100 Free	7/1/2023	Niagara LSC LC Super Circuit Meet		
2:08.97	Y BB F	200 Free	3/3/2023	AD Silver Short Course Championships		
2:23.12	L A P	200 Free	7/20/2023	2023 Adirondack Long Course Championships		
4:58.78	L A F	400 Free	7/20/2023	2023 Adirondack Long Course Championships		
5:35.64	Y A F	500 Free	3/3/2023	AD Silver Short Course Championships		
19:29.61	L A F	1500 Free	7/20/2023	2023 Adirondack Long Course Championships		
18:58.87	Y A F	1650 Free	2/17/2023	2023 Region 1 Short Course Invitational		
1:10.34	Y B F	100 Back	10/22/2022	Trick or Treat Meet		
2:30.13	Y BB F	200 Back	1/14/2023	Chris Goody IMX Challenge		
2:43.29	L BB P	200 Back	7/20/2023	2023 Adirondack Long Course Championships		
1:18.77	Y BB F	100 Breast	3/3/2023	AD Silver Short Course Championships		
1:32.65	L B P	100 Breast	7/20/2023	2023 Adirondack Long Course Championships		
2:52.74	Y BB F	200 Breast	3/3/2023	AD Silver Short Course Championships		
3:16.70	L BB P	200 Breast	7/20/2023	2023 Adirondack Long Course Championships		
1:08.13	Y BB F	100 Fly	2/4/2023	Delmar Dolphins Febuary Freeze		
2:35.54	Y B P	200 Fly	12/1/2022	2022 STAR Short Course Invitational		
1:11.49	Y F F	100 IM	10/22/2022	Trick or Treat Meet		
2:26.40	Y BB F	200 IM	2/4/2023	Delmar Dolphins Febuary Freeze		
2:44.34	L A P	200 IM	7/20/2023	2023 Adirondack Long Course Championships		
5:16.80	Y BB F	400 IM	3/3/2023	AD Silver Short Course Championships		
<b>Everest Kuang (16) M</b>						
25.58	Y BB P	50 Free	2/17/2023	2023 Region 1 Short Course Invitational		<b>BFIN-AD</b>
56.69	Y BB P	100 Free	2/17/2023	2023 Region 1 Short Course Invitational		
1:07.59	Y BB P	100 Breast	3/9/2023	Adirondack Gold Short Course Championships		
2:33.17	Y BB P	200 Breast	2/17/2023	2023 Region 1 Short Course Invitational		
2:52.03	L BB P	200 Breast	7/20/2023	2023 Adirondack Long Course Championships		

### Individual Top Times

Time	P/F/S	Event				
<b>Everest Kuang (16) M</b>						
59.47	Y BB	P	100	Fly	2/16/2023	Boys Section 2 Division 1 Championships
1:09.30	L BB	P	100	Fly	7/20/2023	2023 Adirondack Long Course Championships
2:20.46	Y BB	P	200	IM	12/1/2022	2022 STAR Short Course Invitational
<b>Saksham Kumar (17) M</b>						
29.21	Y	F	50	Free	3/3/2023	AD Silver Short Course Championships
1:04.94	Y	F	100	Free	12/17/2022	Shen Boys Holiday Invite
1:21.44	Y	F	100	Back	3/3/2023	AD Silver Short Course Championships
1:17.66	Y	F	100	Breast	3/3/2023	AD Silver Short Course Championships
1:29.51	Y	F	100	Fly	6/11/2023	Piranhas Summer Kick-Off Meet
2:56.88	Y	F	200	IM	6/11/2023	Piranhas Summer Kick-Off Meet
6:32.27	Y	F	400	IM	1/14/2023	Chris Goody IMX Challenge
<b>Alexander Kuzmin (10) M</b>						
44.24	Y	F	50	Free	12/11/2022	Sharks 12 & Under Mini Meet
1:37.57	Y	F	100	Free	6/11/2023	Piranhas Summer Kick-Off Meet
49.40	Y	F	50	Back	6/11/2023	Piranhas Summer Kick-Off Meet
1:52.13	Y	F	100	IM	6/11/2023	Piranhas Summer Kick-Off Meet
<b>Amanda Laferriere (16) F</b>						
29.95	Y B	F	50	Free	1/29/2023	Stingray Splash
1:06.33	Y B	F	100	Free	1/29/2023	Stingray Splash
<b>Jackson LaFountain (16) M</b>						
29.34	Y	F	50	Free	3/3/2023	AD Silver Short Course Championships
34.46	L	F	50	Free	7/7/2023	Hawks Summer Invitational 2023
1:04.15	Y	F	100	Free	3/3/2023	AD Silver Short Course Championships
1:13.99	S	F	100	Free	5/21/2023	2023 Starfish Meter Madness
2:19.62	Y	F	200	Free	3/3/2023	AD Silver Short Course Championships
2:44.62	L	F	200	Free	7/7/2023	Hawks Summer Invitational 2023
6:26.19	Y	F	500	Free	1/6/2023	2023 Starfish Trophy Invitational
1:15.28	Y	F	100	Back	3/3/2023	AD Silver Short Course Championships
1:25.59	S	F	100	Back	5/21/2023	2023 Starfish Meter Madness
1:28.59	L	F	100	Back	7/7/2023	Hawks Summer Invitational 2023
2:39.04	Y	F	200	Back	3/3/2023	AD Silver Short Course Championships
3:07.86	L	F	200	Back	7/7/2023	Hawks Summer Invitational 2023
1:30.47	Y	F	100	Breast	3/3/2023	AD Silver Short Course Championships
1:52.88	S	F	100	Breast	5/21/2023	2023 Starfish Meter Madness
1:18.69	Y	F	100	Fly	3/3/2023	AD Silver Short Course Championships
1:33.80	S	F	100	Fly	5/21/2023	2023 Starfish Meter Madness
1:34.33	L	F	100	Fly	7/7/2023	Hawks Summer Invitational 2023
1:30.00	S	F	100	IM	5/21/2023	2023 Starfish Meter Madness
2:45.25	Y	F	200	IM	3/3/2023	AD Silver Short Course Championships
<b>Levi LaFountain (14) M</b>						
30.11	Y	F	50	Free	3/3/2023	AD Silver Short Course Championships
34.52	L	F	50	Free	7/7/2023	Hawks Summer Invitational 2023
1:05.70	Y	F	100	Free	3/3/2023	AD Silver Short Course Championships
1:21.80	S	F	100	Free	5/21/2023	2023 Starfish Meter Madness
2:23.67	Y	F	200	Free	3/3/2023	AD Silver Short Course Championships
2:45.30	L	F	200	Free	7/7/2023	Hawks Summer Invitational 2023
6:53.60	Y	F	500	Free	1/6/2023	2023 Starfish Trophy Invitational
39.44	Y	F	50	Back	10/29/2022	Starfish Fall Spooktacular
1:17.62	Y	F	100	Back	3/3/2023	AD Silver Short Course Championships
1:30.12	L	F	100	Back	7/7/2023	Hawks Summer Invitational 2023
1:31.57	S	F	100	Back	5/21/2023	2023 Starfish Meter Madness
2:39.06	Y	F	200	Back	3/3/2023	AD Silver Short Course Championships
1:39.81	Y	F	100	Breast	3/3/2023	AD Silver Short Course Championships
1:56.34	S	F	100	Breast	5/21/2023	2023 Starfish Meter Madness
1:16.89	Y	F	100	Fly	3/3/2023	AD Silver Short Course Championships
1:24.04	L	F	100	Fly	7/7/2023	Hawks Summer Invitational 2023

UN-AD

CPP-AD

USAM-AD

SARY-AD

ALBS-AD

ALBS-AD

### Individual Top Times

Time	P/F/S	Event			ALBS-AD	
<b>Levi LaFountain (14) M</b>					<b>ALBS-AD</b>	
1:35.28	S	F	100	Fly	5/21/2023 2023 Starfish Meter Madness	
1:27.38	Y	F	100	IM	11/12/2022 Fall frenzy	
1:33.78	S	F	100	IM	5/21/2023 2023 Starfish Meter Madness	
2:47.86	Y	F	200	IM	3/3/2023 AD Silver Short Course Championships	
<b>Tobias LaFountain (17) M</b>					<b>ALBS-AD</b>	
25.08	Y	BB	F	50	Free	1/6/2023 2023 Starfish Trophy Invitational
29.67	L	BB	F	50	Free	7/7/2023 Hawks Summer Invitational 2023
53.74	Y	BB	F	100	Free	3/3/2023 AD Silver Short Course Championships
1:07.53	S	B	F	100	Free	5/21/2023 2023 Starfish Meter Madness
2:01.14	Y	BB	F	200	Free	3/3/2023 AD Silver Short Course Championships
2:32.72	L	B	F	200	Free	7/7/2023 Hawks Summer Invitational 2023
1:13.27	Y		F	100	Back	10/22/2022 Trick or Treat Meet
1:15.44	L	B	F	100	Back	7/7/2023 Hawks Summer Invitational 2023
1:21.60	S		F	100	Back	5/21/2023 2023 Starfish Meter Madness
2:48.91	L	B	F	200	Back	7/7/2023 Hawks Summer Invitational 2023
1:06.97	Y	BB	P	100	Breast	3/9/2023 Adirondack Gold Short Course Championships
1:18.15	S	B	F	100	Breast	5/21/2023 2023 Starfish Meter Madness
2:30.07	Y	BB	F	200	Breast	2/17/2023 2023 Region 1 Short Course Invitational
1:02.52	Y	B	F	100	Fly	3/3/2023 AD Silver Short Course Championships
1:16.59	S		F	100	Fly	5/21/2023 2023 Starfish Meter Madness
1:16.61	L		F	100	Fly	7/7/2023 Hawks Summer Invitational 2023
1:17.09	S		F	100	IM	5/21/2023 2023 Starfish Meter Madness
2:19.28	Y	B	F	200	IM	3/3/2023 AD Silver Short Course Championships
4:59.86	Y	B	F	400	IM	3/3/2023 AD Silver Short Course Championships
<b>Brian Lagowski (10) M</b>					<b>CPP-AD</b>	
24.55	Y		F	25	Free	10/22/2022 Trick or Treat Meet
47.34	Y		F	50	Free	1/6/2023 2023 Starfish Trophy Invitational
50.72	S		F	50	Free	5/21/2023 2023 Starfish Meter Madness
1:43.02	L		F	100	Free	7/20/2023 2023 Adirondack Long Course Championships
1:43.47	Y		F	100	Free	3/3/2023 AD Silver Short Course Championships
3:52.47	Y		F	200	Free	3/3/2023 AD Silver Short Course Championships
4:05.79	L		F	200	Free	7/7/2023 Hawks Summer Invitational 2023
26.88	Y		F	25	Back	10/22/2022 Trick or Treat Meet
51.66	Y		F	50	Back	6/11/2023 Piranhas Summer Kick-Off Meet
57.13	S		F	50	Back	5/21/2023 2023 Starfish Meter Madness
57.55	L		F	50	Back	7/20/2023 2023 Adirondack Long Course Championships
2:04.03	Y		F	100	Back	12/3/2022 2022 North Country Invitational
2:20.54	L		F	100	Back	7/7/2023 Hawks Summer Invitational 2023
27.20	Y		F	25	Breast	10/22/2022 Trick or Treat Meet
52.99	Y		F	50	Breast	3/3/2023 AD Silver Short Course Championships
1:01.24	S		F	50	Breast	5/21/2023 2023 Starfish Meter Madness
1:02.03	L		F	50	Breast	7/20/2023 2023 Adirondack Long Course Championships
1:59.43	Y		F	100	Breast	3/3/2023 AD Silver Short Course Championships
2:06.26	L	B	F	100	Breast	7/20/2023 2023 Adirondack Long Course Championships
<b>Ashleigh Lake (10) F</b>					<b>SARY-AD</b>	
19.90	Y		F	25	Free	10/29/2022 Starfish Fall Spooktacular
42.24	Y		F	50	Free	6/11/2023 Piranhas Summer Kick-Off Meet
46.47	L		F	50	Free	7/7/2023 Hawks Summer Invitational 2023
1:33.10	Y		F	100	Free	3/3/2023 AD Silver Short Course Championships
3:41.65	L	B	F	200	Free	7/7/2023 Hawks Summer Invitational 2023
23.37	Y		F	25	Back	10/29/2022 Starfish Fall Spooktacular
47.18	Y		F	50	Back	2/4/2023 Delmar Dolphins Febuary Freeze
55.16	L		F	50	Back	7/7/2023 Hawks Summer Invitational 2023
1:58.99	L	B	F	100	Back	7/7/2023 Hawks Summer Invitational 2023
1:01.30	Y		F	50	Breast	1/29/2023 Stingray Splash
1:04.45	L		F	50	Breast	7/7/2023 Hawks Summer Invitational 2023
1:41.95	Y	B	F	100	IM	6/11/2023 Piranhas Summer Kick-Off Meet

### Individual Top Times

Time	P/F/S	Event			
<b>Blake Lamberton (12) M</b>					
					<b>NTS-AD</b>
24.19	Y	F	25 Free	1/7/2023	Mexico Tiger Sharks January Meet
59.01	Y	F	50 Free	2/4/2023	2023 Winter Blast
2:06.09	Y	F	100 Free	2/4/2023	2023 Winter Blast
29.74	Y	F	25 Back	1/7/2023	Mexico Tiger Sharks January Meet
1:04.69	Y	F	50 Back	2/4/2023	2023 Winter Blast
2:21.74	Y	F	100 Back	2/4/2023	2023 Winter Blast
1:30.17	Y	F	50 Breast	2/4/2023	2023 Winter Blast
<b>Kailyn Langworthy (10) F</b>					
					<b>DELM-AD</b>
53.13	Y	F	50 Free	12/11/2022	Sharks 12 & Under Mini Meet
1:00.39	Y	F	50 Back	12/11/2022	Sharks 12 & Under Mini Meet
1:19.70	Y	F	50 Breast	11/12/2022	Fall frenzy
<b>Cecilia Lape (12) F</b>					
					<b>ALBS-AD</b>
32.00	Y B	F	50 Free	3/3/2023	AD Silver Short Course Championships
35.70	L B	F	50 Free	7/20/2023	2023 Adirondack Long Course Championships
1:12.43	Y B	F	100 Free	3/3/2023	AD Silver Short Course Championships
1:20.79	L B	F	100 Free	7/20/2023	2023 Adirondack Long Course Championships
3:03.06	L	F	200 Free	7/20/2023	2023 Adirondack Long Course Championships
37.88	Y L B	F	50 Back	3/9/2023	Adirondack Gold Short Course Championships
43.69	L B	F	50 Back	7/20/2023	2023 Adirondack Long Course Championships
1:21.16	Y B	F	100 Back	3/3/2023	AD Silver Short Course Championships
1:36.63	L B	F	100 Back	7/20/2023	2023 Adirondack Long Course Championships
3:21.65	Y	F	200 Back	12/18/2022	Piranha's December Distance Invite
3:28.37	L	F	200 Back	7/20/2023	2023 Adirondack Long Course Championships
45.56	Y	F	50 Breast	3/3/2023	AD Silver Short Course Championships
50.11	L	F	50 Breast	7/20/2023	2023 Adirondack Long Course Championships
1:36.86	Y	F	100 Breast	3/3/2023	AD Silver Short Course Championships
1:51.59	L	F	100 Breast	7/20/2023	2023 Adirondack Long Course Championships
1:36.93	Y	F	100 IM	6/11/2023	Piranhas Summer Kick-Off Meet
3:27.86	Y	F	200 IM	12/18/2022	Piranha's December Distance Invite
<b>Ella LaPolt (11) F</b>					
					<b>HAWK-AD</b>
34.94	Y L	F	25 Free	1/6/2023	2023 Starfish Trophy Invitational
34.51	Y	F	50 Free	3/9/2023	Adirondack Gold Short Course Championships
40.47	L	F	50 Free	7/7/2023	Hawks Summer Invitational 2023
1:17.70	Y	F	100 Free	3/9/2023	Adirondack Gold Short Course Championships
2:54.48	Y	F	200 Free	3/3/2023	AD Silver Short Course Championships
3:18.03	L	F	200 Free	7/7/2023	Hawks Summer Invitational 2023
41.85	Y L	F	50 Back	3/9/2023	Adirondack Gold Short Course Championships
51.85	L	F	50 Back	7/7/2023	Hawks Summer Invitational 2023
1:35.19	Y	F	100 Back	1/6/2023	2023 Starfish Trophy Invitational
47.50	Y	F	50 Breast	3/9/2023	Adirondack Gold Short Course Championships
44.19	Y	F	50 Fly	3/9/2023	Adirondack Gold Short Course Championships
1:31.88	Y	F	100 IM	3/3/2023	AD Silver Short Course Championships
<b>Evelyn Larocca (11) F</b>					
					<b>HAWK-AD</b>
41.62	Y	F	50 Free	1/6/2023	2023 Starfish Trophy Invitational
45.25	L	F	50 Free	7/7/2023	Hawks Summer Invitational 2023
1:31.62	Y	F	100 Free	1/6/2023	2023 Starfish Trophy Invitational
1:41.49	L	F	100 Free	7/7/2023	Hawks Summer Invitational 2023
3:31.87	L	F	200 Free	7/7/2023	Hawks Summer Invitational 2023
46.79	Y	F	50 Back	3/3/2023	AD Silver Short Course Championships
54.14	L	F	50 Back	7/7/2023	Hawks Summer Invitational 2023
1:39.14	Y	F	100 Back	3/3/2023	AD Silver Short Course Championships
54.73	Y	F	50 Breast	1/6/2023	2023 Starfish Trophy Invitational
2:11.15	L	F	100 Breast	7/7/2023	Hawks Summer Invitational 2023
57.03	L	F	50 Fly	7/7/2023	Hawks Summer Invitational 2023
57.65	Y	F	50 Fly	3/3/2023	AD Silver Short Course Championships
1:53.31	Y	F	100 IM	3/3/2023	AD Silver Short Course Championships

### Individual Top Times

Time	P/F/S	Event			
<b>Audrey LaRoe (10) F</b>					
47.87 Y	F	50 Free	3/3/2023	AD Silver Short Course Championships	<b>BFIN-AD</b>
53.43 Y	F	50 Back	1/29/2023	Stingray Splash	
<b>Evelyn LaRoe (8) F</b>					
28.53 Y	F	25 Free	3/3/2023	AD Silver Short Course Championships	<b>BFIN-AD</b>
30.23 Y	F	25 Back	3/3/2023	AD Silver Short Course Championships	
<b>Zoe Lassetter (18) F</b>					
29.15 Y B	F	50 Free	10/8/2022	Shenendehowa Girls Invitational	<b>UN-AD</b>
1:03.70 Y B	F	100 Free	10/8/2022	Shenendehowa Girls Invitational	
<b>Josephine Laurie (15) F</b>					
27.27 Y BB	P	50 Free	1/6/2023	2023 Starfish Trophy Invitational	<b>HAWK-AD</b>
31.27 L BB	P	50 Free	7/20/2023	2023 Adirondack Long Course Championships	
58.89 Y L A	F	100 Free	3/9/2023	Adirondack Gold Short Course Championships	
2:06.37 Y A	P	200 Free	3/9/2023	Adirondack Gold Short Course Championships	
2:34.19 L BB	P	200 Free	7/20/2023	2023 Adirondack Long Course Championships	
5:49.57 Y BB	F	500 Free	3/3/2023	AD Silver Short Course Championships	
21:52.02 Y B	F	1650 Free	1/22/2023	Mile Madness	
31.95 Y L	F	50 Back	1/6/2023	2023 Starfish Trophy Invitational	
1:03.53 Y A	P	100 Back	3/9/2023	Adirondack Gold Short Course Championships	
1:17.89 L BB	F	100 Back	7/7/2023	Hawks Summer Invitational 2023	
2:29.98 Y BB	P	200 Back	3/9/2023	Adirondack Gold Short Course Championships	
2:54.94 L BB	F	200 Back	7/7/2023	Hawks Summer Invitational 2023	
1:14.91 Y BB	P	100 Breast	3/9/2023	Adirondack Gold Short Course Championships	
2:55.44 Y B	P	200 Breast	3/9/2023	Adirondack Gold Short Course Championships	
3:26.09 L B	P	200 Breast	7/20/2023	2023 Adirondack Long Course Championships	
1:06.35 Y BB	S	100 Fly	3/9/2023	Adirondack Gold Short Course Championships	
1:28.84 L	F	100 Fly	7/7/2023	Hawks Summer Invitational 2023	
1:10.70 Y	F	100 IM	10/22/2022	Trick or Treat Meet	
2:30.58 Y BB	F	200 IM	2/12/2023	Piranha's Pentathlon	
5:29.92 Y BB	F	400 IM	1/6/2023	2023 Starfish Trophy Invitational	<b>HAWK-AD</b>
<b>Makena Laurie (13) F</b>					
30.24 Y B	P	50 Free	3/9/2023	Adirondack Gold Short Course Championships	
33.10 L BB	F	50 Free	7/20/2023	2023 Adirondack Long Course Championships	
1:10.51 Y L B	F	100 Free	3/9/2023	Adirondack Gold Short Course Championships	
1:21.87 L	F	100 Free	7/7/2023	Hawks Summer Invitational 2023	
3:06.57 L	F	200 Free	7/7/2023	Hawks Summer Invitational 2023	
38.46 Y	F	50 Back	3/3/2023	AD Silver Short Course Championships	
43.63 L	F	50 Back	7/7/2023	Hawks Summer Invitational 2023	
39.94 Y	P	50 Breast	3/9/2023	Adirondack Gold Short Course Championships	
45.39 L	F	50 Breast	7/7/2023	Hawks Summer Invitational 2023	
1:29.25 Y	P	100 Breast	3/9/2023	Adirondack Gold Short Course Championships	
1:46.36 L	F	100 Breast	7/20/2023	2023 Adirondack Long Course Championships	
31.93 Y	P	50 Fly	3/9/2023	Adirondack Gold Short Course Championships	
37.11 L	F	50 Fly	7/20/2023	2023 Adirondack Long Course Championships	
1:26.35 Y	P	100 Fly	1/6/2023	2023 Starfish Trophy Invitational	
1:19.07 Y	F	100 IM	1/6/2023	2023 Starfish Trophy Invitational	
3:00.91 Y	F	200 IM	3/3/2023	AD Silver Short Course Championships	
<b>Ethan Lavallee (11) M</b>					
36.04 Y	F	50 Free	3/3/2023	AD Silver Short Course Championships	<b>NHA-AD</b>
1:28.43 Y	F	100 Free	1/14/2023	Canajoharie Developmental Meet	
46.53 Y	F	50 Back	3/3/2023	AD Silver Short Course Championships	
52.34 Y	F	50 Breast	3/3/2023	AD Silver Short Course Championships	
51.97 Y	F	50 Fly	1/29/2023	Stingray Splash	
1:43.52 Y	F	100 IM	3/3/2023	AD Silver Short Course Championships	
<b>Eva Lavallee (9) F</b>					
21.95 Y	F	25 Free	3/3/2023	AD Silver Short Course Championships	<b>NHA-AD</b>
52.55 Y	F	50 Free	3/3/2023	AD Silver Short Course Championships	

### Individual Top Times

Time	P/F/S	Event	Date	Competition	Division	
<b>Eva Lavallee (9) F</b>						
28.10	Y	F	25	Back	3/3/2023 AD Silver Short Course Championships	
59.47	Y	F	50	Back	3/3/2023 AD Silver Short Course Championships	
32.17	Y	F	25	Fly	1/29/2023 Stingray Splash	
<b>Morgan Lawler (18) F</b>						
24.74	Y	AA	F	50	Free	3/9/2023 Adirondack Gold Short Course Championships
28.96	L	AA	P	50	Free	7/20/2023 2023 Adirondack Long Course Championships
53.81	Y L	AA	F	100	Free	11/3/2022 Girls Sec II Division II Championships
1:02.66	L	AA	P	100	Free	7/20/2023 2023 Adirondack Long Course Championships
1:56.76	Y	AA	F	200	Free	11/3/2022 Girls Sec II Division II Championships
2:16.42	L	AA	P	200	Free	7/20/2023 2023 Adirondack Long Course Championships
4:56.84	L	A	F	400	Free	7/20/2023 2023 Adirondack Long Course Championships
5:19.04	Y	AA	F	500	Free	3/9/2023 Adirondack Gold Short Course Championships
11:00.02	Y	AA	F	1000	Free	2/17/2023 2023 Region 1 Short Course Invitational
19:51.32	L	A	F	1500	Free	7/7/2023 Hawks Summer Invitational 2023
30.63	Y	F	50	Back	1/14/2023 2023 PTAC Tiger Invitational	
59.37	Y	AA	F	100	Back	12/9/2022 CNY Invite
1:13.79	L	A	P	100	Back	7/20/2023 2023 Adirondack Long Course Championships
2:13.93	Y	A	F	200	Back	3/9/2023 Adirondack Gold Short Course Championships
1:12.40	Y	A	P	100	Breast	2/17/2023 2023 Region 1 Short Course Invitational
1:22.93	L	A	F	100	Breast	7/20/2023 2023 Adirondack Long Course Championships
2:33.72	Y	A	F	200	Breast	12/9/2022 CNY Invite
3:02.74	L	BB	P	200	Breast	7/20/2023 2023 Adirondack Long Course Championships
58.98	Y	AA	F	100	Fly	11/3/2022 Girls Sec II Division II Championships
2:18.05	Y	A	F	200	Fly	2/17/2023 2023 Region 1 Short Course Invitational
1:07.05	Y	F	100	IM	10/22/2022 Trick or Treat Meet	
2:15.93	Y	A	F	200	IM	3/9/2023 Adirondack Gold Short Course Championships
2:38.96	L	A	P	200	IM	7/20/2023 2023 Adirondack Long Course Championships
4:47.49	Y	AA	F	400	IM	12/9/2022 CNY Invite
<b>Christopher Leanza (17) M</b>						
27.99	Y	F	50	Free	6/11/2023 Piranhas Summer Kick-Off Meet	
1:12.49	Y	F	100	Back	6/11/2023 Piranhas Summer Kick-Off Meet	
1:22.16	Y	F	100	Breast	6/11/2023 Piranhas Summer Kick-Off Meet	
1:14.88	Y	F	100	Fly	6/11/2023 Piranhas Summer Kick-Off Meet	
<b>Hannah Lebert (13) F</b>						
37.81	Y	F	50	Free	1/14/2023 Canajoharie Developmental Meet	
1:21.39	Y	F	100	Free	1/14/2023 Canajoharie Developmental Meet	
48.16	Y	P	50	Back	1/6/2023 2023 Starfish Trophy Invitational	
47.08	Y	F	50	Breast	1/14/2023 Canajoharie Developmental Meet	
1:42.48	Y	F	100	Breast	1/6/2023 2023 Starfish Trophy Invitational	
52.20	Y	F	50	Fly	1/14/2023 Canajoharie Developmental Meet	
<b>Robert Lebert (15) M</b>						
28.35	Y	B	F	50	Free	1/6/2023 2023 Starfish Trophy Invitational
1:02.75	Y	F	100	Free	1/14/2023 Canajoharie Developmental Meet	
2:22.82	Y	F	200	Free	1/6/2023 2023 Starfish Trophy Invitational	
1:20.65	Y	F	100	Back	1/14/2023 Canajoharie Developmental Meet	
1:27.83	Y	F	100	Breast	1/14/2023 Canajoharie Developmental Meet	
3:10.46	Y	P	200	Breast	1/6/2023 2023 Starfish Trophy Invitational	
<b>Baum Lee (9) M</b>						
26.75	Y	F	25	Free	10/29/2022 Starfish Fall Spooktacular	
55.10	Y	F	50	Free	3/3/2023 AD Silver Short Course Championships	
26.84	Y	F	25	Back	3/3/2023 AD Silver Short Course Championships	
<b>Chase Lee (15) M</b>						
31.75	Y	P	50	Free	1/6/2023 2023 Starfish Trophy Invitational	
2:45.84	Y	P	200	Free	1/6/2023 2023 Starfish Trophy Invitational	
1:25.68	Y	P	100	Back	1/6/2023 2023 Starfish Trophy Invitational	
<b>Jana Lee (13) F</b>						

NHA-AD

ALBS-AD

SARY-AD

BENN-AD

BENN-AD

ALBS-AD

ALBS-AD

ALBS-AD

### Individual Top Times

Time	P/F/S	Event				
<b>Jana Lee (13) F</b>						
1:40.83	Y	P	100	Free	1/6/2023	2023 Starfish Trophy Invitational
52.86	Y	P	50	Back	1/6/2023	2023 Starfish Trophy Invitational
1:52.78	Y	P	100	IM	1/6/2023	2023 Starfish Trophy Invitational
<b>Jeane Lee (11) F</b>						
36.57	Y L	F	50	Free	3/9/2023	Adirondack Gold Short Course Championships
1:27.84	Y	F	100	Free	3/3/2023	AD Silver Short Course Championships
41.12	Y L	F	50	Back	3/9/2023	Adirondack Gold Short Course Championships
56.75	Y	F	50	Breast	2/4/2023	Delmar Dolphins Febuary Freeze
41.92	Y	F	50	Fly	3/9/2023	Adirondack Gold Short Course Championships
1:37.50	Y	F	100	IM	1/6/2023	2023 Starfish Trophy Invitational
<b>Olivia Lee (13) F</b>						
31.42	Y B	F	50	Free	3/3/2023	AD Silver Short Course Championships
1:08.25	Y B	F	100	Free	3/3/2023	AD Silver Short Course Championships
1:16.63	S B	F	100	Free	5/21/2023	2023 Starfish Meter Madness
2:32.70	Y	F	200	Free	6/11/2023	Piranhas Summer Kick-Off Meet
37.09	Y	F	50	Back	3/3/2023	AD Silver Short Course Championships
1:21.94	Y	F	100	Back	1/6/2023	2023 Starfish Trophy Invitational
41.88	Y	P	50	Breast	3/9/2023	Adirondack Gold Short Course Championships
1:30.49	Y	F	100	Breast	6/11/2023	Piranhas Summer Kick-Off Meet
1:40.35	S	F	100	Breast	5/21/2023	2023 Starfish Meter Madness
38.19	Y	F	50	Fly	2/4/2023	Delmar Dolphins Febuary Freeze
1:20.67	Y	F	100	IM	3/3/2023	AD Silver Short Course Championships
1:33.33	S	F	100	IM	5/21/2023	2023 Starfish Meter Madness
2:54.60	Y	F	200	IM	6/11/2023	Piranhas Summer Kick-Off Meet
<b>Elena Lefco (14) F</b>						
44.62	Y	F	50	Free	11/12/2022	Fall frenzy
1:34.93	Y	F	100	Free	1/29/2023	Stingray Splash
3:31.21	Y	F	200	Free	11/12/2022	Fall frenzy
1:42.68	Y	F	100	Back	1/29/2023	Stingray Splash
3:48.37	Y	F	200	Back	11/12/2022	Fall frenzy
<b>Estelle Lefebvre (10) F</b>						
49.09	Y	F	50	Free	12/11/2022	Sharks 12 & Under Mini Meet
56.16	Y	F	50	Back	1/29/2023	Stingray Splash
<b>Michael Lehmann (18) M</b>						
26.04	Y B	F	50	Free	3/3/2023	AD Silver Short Course Championships
1:06.71	Y	F	100	Back	3/3/2023	AD Silver Short Course Championships
2:21.07	Y B	F	200	Back	3/3/2023	AD Silver Short Course Championships
1:22.36	Y	F	100	Breast	10/22/2022	Trick or Treat Meet
59.30	Y BB	P	100	Fly	3/9/2023	Adirondack Gold Short Course Championships
2:25.34	Y B	F	200	Fly	3/3/2023	AD Silver Short Course Championships
2:17.45	Y B	F	200	IM	3/3/2023	AD Silver Short Course Championships
5:11.06	Y B	F	400	IM	1/14/2023	Chris Goody IMX Challenge
<b>Stella Lemos (12) F</b>						
46.65	Y	F	50	Free	12/11/2022	Sharks 12 & Under Mini Meet
1:50.14	Y	F	100	Free	10/22/2022	Trick or Treat Meet
55.27	Y	F	50	Back	12/11/2022	Sharks 12 & Under Mini Meet
<b>Kaitlyn Lester (18) F</b>						
24.70	Y AA	F	50	Free	2/17/2023	2023 Region 1 Short Course Invitational
53.66	Y AA	F	100	Free	2/17/2023	2023 Region 1 Short Course Invitational
1:02.82	S A	F	100	Free	5/21/2023	2023 Starfish Meter Madness
1:54.04	Y AAA	F	200	Free	3/9/2023	Adirondack Gold Short Course Championships
5:07.30	Y AAA	F	500	Free	12/1/2022	2022 STAR Short Course Invitational
18:42.83	Y AA	F	1650	Free	1/22/2023	Mile Madness
58.73	Y AA	P	100	Back	12/1/2022	2022 STAR Short Course Invitational
1:09.61	S A	F	100	Back	5/21/2023	2023 Starfish Meter Madness
2:09.10	Y AA	P	200	Back	2/17/2023	2023 Region 1 Short Course Invitational

### Individual Top Times

Time	P/F/S	Event				
<b>Kaitlyn Lester (18) F</b>						
58.93	Y AA	P	100	Fly	2/17/2023	2023 Region 1 Short Course Invitational
1:09.66	S A	F	100	Fly	5/21/2023	2023 Starfish Meter Madness
2:16.09	Y A	F	200	Fly	12/18/2022	Piranha's December Distance Invite
<b>Alexander Leto (19) M</b>						
26.43	Y	F	50	Free	10/29/2022	Starfish Fall Spooktacular
1:01.12	Y	F	100	Free	10/29/2022	Starfish Fall Spooktacular
2:07.14	Y	P	200	Free	2/16/2023	Boys Section 2 Division 2 Championships
5:45.33	Y	P	500	Free	2/16/2023	Boys Section 2 Division 2 Championships
1:21.08	Y	F	100	Breast	10/29/2022	Starfish Fall Spooktacular
1:10.56	Y	F	100	Fly	10/29/2022	Starfish Fall Spooktacular
<b>Alice Letterman (10) F</b>						
19.26	Y	F	25	Free	11/12/2022	Fall frenzy
41.56	Y	F	50	Free	1/14/2023	Canajoharie Developmental Meet
1:35.41	Y	F	100	Free	1/14/2023	Canajoharie Developmental Meet
23.01	Y	F	25	Back	12/11/2022	Sharks 12 & Under Mini Meet
56.14	Y	F	50	Back	1/14/2023	Canajoharie Developmental Meet
2:05.27	Y	F	100	Back	11/12/2021	2021 NE ABF November Trials Final Meet
35.33	Y	F	25	Breast	12/11/2022	Sharks 12 & Under Mini Meet
56.85	Y	F	50	Fly	3/3/2023	AD Silver Short Course Championships
1:54.70	Y	F	100	IM	2/4/2023	Delmar Dolphins Febuary Freeze
<b>Philip Lettre (15) M</b>						
24.72	Y BB	P	50	Free	3/9/2023	Adirondack Gold Short Course Championships
53.26	Y A	P	100	Free	3/9/2023	Adirondack Gold Short Course Championships
1:08.13	Y	F	100	Back	2/4/2023	Delmar Dolphins Febuary Freeze
1:15.96	Y B	F	100	Breast	3/3/2023	AD Silver Short Course Championships
55.88	Y A	F	100	Fly	3/9/2023	Adirondack Gold Short Course Championships
2:11.09	Y BB	F	200	Fly	3/9/2023	Adirondack Gold Short Course Championships
2:16.12	Y BB	F	200	IM	3/9/2023	Adirondack Gold Short Course Championships
<b>Daniel Levy (15) M (Yr: 8)</b>						
28.18	Y B	F	50	Free	6/11/2023	Piranhas Summer Kick-Off Meet
2:22.51	Y	F	200	Free	6/11/2023	Piranhas Summer Kick-Off Meet
2:42.42	L	F	200	Free	7/7/2023	Hawks Summer Invitational 2023
24:30.07	L	F	1500	Free	7/7/2023	Hawks Summer Invitational 2023
1:28.65	Y	F	100	Breast	6/11/2023	Piranhas Summer Kick-Off Meet
3:40.40	L	F	200	Breast	7/7/2023	Hawks Summer Invitational 2023
1:29.98	L	F	100	Fly	7/7/2023	Hawks Summer Invitational 2023
<b>Nathan Levy (14) M</b>						
31.69	Y	F	50	Free	6/11/2023	Piranhas Summer Kick-Off Meet
1:26.25	S	F	100	Free	5/21/2023	2023 Starfish Meter Madness
1:17.74	Y	F	100	Back	6/11/2023	Piranhas Summer Kick-Off Meet
1:26.71	S	F	100	Back	5/21/2023	2023 Starfish Meter Madness
1:37.23	S	F	100	Breast	5/21/2023	2023 Starfish Meter Madness
1:33.10	S	F	100	IM	5/21/2023	2023 Starfish Meter Madness
<b>Oliver Lian (13) M</b>						
27.78	Y BB	F	50	Free	6/11/2023	Piranhas Summer Kick-Off Meet
1:01.70	Y B	F	100	Free	6/11/2023	Piranhas Summer Kick-Off Meet
2:22.81	Y B	F	200	Free	10/22/2022	Trick or Treat Meet
6:17.23	Y B	F	500	Free	3/9/2023	Adirondack Gold Short Course Championships
29.98	Y	F	50	Back	3/9/2023	Adirondack Gold Short Course Championships
1:06.20	Y BB	F	100	Back	3/9/2023	Adirondack Gold Short Course Championships
2:27.38	Y B	F	200	Back	3/9/2023	Adirondack Gold Short Course Championships
34.80	Y	P	50	Breast	3/9/2023	Adirondack Gold Short Course Championships
1:19.93	Y B	F	100	Breast	2/12/2023	Piranha's Pentathlon
2:51.59	Y B	F	200	Breast	3/9/2023	Adirondack Gold Short Course Championships
29.13	Y	P	50	Fly	3/29/2023	2023 Eastern Zone SC Age Group Championships
1:05.77	Y BB	F	100	Fly	3/9/2023	Adirondack Gold Short Course Championships

CLIN-AD

ALBS-AD

SCHE-AD

TAC-AD

UN-AD

ALBS-AD

CPP-AD



### Individual Top Times

Time	P/F/S	Event				
<b>Oliver Lian (13) M</b>						
1:07.29	Y	F	100	IM	3/9/2023	Adirondack Gold Short Course Championships
2:39.54	Y	B	200	IM	12/18/2022	Piranha's December Distance Invite
<b>Bella li (11) F</b>						
40.66	Y	F	50	Free	3/3/2023	AD Silver Short Course Championships
45.94	S	F	50	Free	5/21/2023	2023 Starfish Meter Madness
1:38.85	Y	F	100	Free	1/6/2023	2023 Starfish Trophy Invitational
2:05.18	L	F	100	Free	7/7/2023	Hawks Summer Invitational 2023
4:43.98	L	F	200	Free	7/7/2023	Hawks Summer Invitational 2023
49.35	Y	F	50	Back	3/3/2023	AD Silver Short Course Championships
52.94	S	F	50	Back	5/21/2023	2023 Starfish Meter Madness
2:10.53	L	F	100	Back	7/7/2023	Hawks Summer Invitational 2023
1:02.39	Y	F	50	Breast	1/6/2023	2023 Starfish Trophy Invitational
2:37.66	L	F	100	Breast	7/7/2023	Hawks Summer Invitational 2023
1:03.68	S	F	50	Fly	5/21/2023	2023 Starfish Meter Madness
5:13.92	L	F	200	IM	7/7/2023	Hawks Summer Invitational 2023
<b>Madeleine Lieberth (13) F</b>						
36.49	Y	F	50	Free	3/3/2023	AD Silver Short Course Championships
1:23.57	Y	F	100	Free	1/29/2023	Stingray Splash
43.79	Y	F	50	Back	2/4/2023	Delmar Dolphins Febuary Freeze
1:47.40	Y	F	100	Back	11/12/2022	Fall frenzy
48.28	Y	F	50	Breast	12/11/2022	Sharks 12 & Under Mini Meet
1:49.86	Y	F	100	Breast	11/12/2022	Fall frenzy
1:36.14	Y	F	100	IM	2/4/2023	Delmar Dolphins Febuary Freeze
<b>Jason Li (13) M</b>						
31.86	Y	F	50	Free	6/11/2023	Piranhas Summer Kick-Off Meet
1:13.01	Y	F	100	Free	6/11/2023	Piranhas Summer Kick-Off Meet
1:23.97	L	F	100	Free	7/7/2023	Hawks Summer Invitational 2023
3:05.19	L	F	200	Free	7/7/2023	Hawks Summer Invitational 2023
42.22	Y	F	50	Back	3/3/2023	AD Silver Short Course Championships
1:33.61	Y	F	100	Back	3/3/2023	AD Silver Short Course Championships
1:47.07	L	F	100	Back	7/7/2023	Hawks Summer Invitational 2023
3:11.45	Y	F	200	Back	3/3/2023	AD Silver Short Course Championships
44.06	Y	F	50	Breast	6/11/2023	Piranhas Summer Kick-Off Meet
49.47	L	F	50	Breast	7/7/2023	Hawks Summer Invitational 2023
1:47.94	Y	F	100	Breast	2/12/2023	Piranha's Pentathlon
1:51.00	L	F	100	Breast	7/7/2023	Hawks Summer Invitational 2023
4:04.91	Y	F	200	Breast	12/18/2022	Piranha's December Distance Invite
45.71	Y	F	50	Fly	6/11/2023	Piranhas Summer Kick-Off Meet
50.85	L	F	50	Fly	7/7/2023	Hawks Summer Invitational 2023
1:26.70	Y	F	100	IM	3/3/2023	AD Silver Short Course Championships
<b>Jeremiah Li (12) M</b>						
1:20.72	Y	F	100	Free	11/12/2022	Fall frenzy
47.54	Y	F	50	Breast	2/4/2023	Delmar Dolphins Febuary Freeze
1:39.91	Y	F	100	IM	2/4/2023	Delmar Dolphins Febuary Freeze
<b>Victoria Lill (12) F</b>						
29.64	Y	BB	50	Free	6/11/2023	Piranhas Summer Kick-Off Meet
35.01	L	BB	50	Free	7/7/2023	Hawks Summer Invitational 2023
1:05.81	Y	BB	100	Free	3/3/2023	AD Silver Short Course Championships
2:56.71	L	B	200	Free	7/7/2023	Hawks Summer Invitational 2023
34.28	Y	BB	50	Back	2/4/2023	Delmar Dolphins Febuary Freeze
40.04	L	BB	50	Back	7/7/2023	Hawks Summer Invitational 2023
1:15.99	Y	BB	100	Back	6/11/2023	Piranhas Summer Kick-Off Meet
1:26.34	L	BB	100	Back	7/7/2023	Hawks Summer Invitational 2023
52.89	L	F	50	Breast	7/7/2023	Hawks Summer Invitational 2023
34.50	Y	B	50	Fly	3/3/2023	AD Silver Short Course Championships
1:23.53	Y	B	100	Fly	6/11/2023	Piranhas Summer Kick-Off Meet

CPP-AD

CPP-AD

GRGF-AD

CPP-AD

DELM-AD

SARY-AD

### Individual Top Times

Time	P/F/S	Event				
<b>Victoria Lill (12) F</b>						
1:43.10	L	F	100	Fly	7/7/2023	Hawks Summer Invitational 2023
1:21.84	Y B	F	100	IM	2/4/2023	Delmar Dolphins Febuary Freeze
<b>Yi Wei Lim (15) M</b>						
24.96	Y BB	F	50	Free	3/9/2023	Adirondack Gold Short Course Championships
28.33	L BB	P	50	Free	8/2/2023	2023 EZ LC Age Group Championship
55.08	Y BB	F	100	Free	3/9/2023	Adirondack Gold Short Course Championships
1:01.98	L BB	F	100	Free	7/20/2023	2023 Adirondack Long Course Championships
2:04.00	Y BB	F	200	Free	6/11/2023	Piranhas Summer Kick-Off Meet
2:15.99	L BB	P	200	Free	8/2/2023	2023 EZ LC Age Group Championship
4:46.45	L BB	F	400	Free	7/20/2023	2023 Adirondack Long Course Championships
5:25.61	Y BB	F	500	Free	1/14/2023	Chris Goody IMX Challenge
28.82	Y L	F	50	Back	3/9/2023	Adirondack Gold Short Course Championships
1:01.14	Y BB	F	100	Back	3/9/2023	Adirondack Gold Short Course Championships
1:08.04	L A	F	100	Back	7/20/2023	2023 Adirondack Long Course Championships
2:12.36	Y BB	F	200	Back	3/9/2023	Adirondack Gold Short Course Championships
2:28.23	L A	F	200	Back	7/20/2023	2023 Adirondack Long Course Championships
1:07.75	Y BB	F	100	Breast	3/9/2023	Adirondack Gold Short Course Championships
2:28.20	Y BB	F	200	Breast	3/9/2023	Adirondack Gold Short Course Championships
2:52.30	L BB	F	200	Breast	7/20/2023	2023 Adirondack Long Course Championships
1:04.14	Y B	F	100	Fly	6/11/2023	Piranhas Summer Kick-Off Meet
1:12.46	L B	F	100	Fly	7/20/2023	2023 Adirondack Long Course Championships
2:26.67	Y B	F	200	Fly	1/14/2023	Chris Goody IMX Challenge
1:05.36	Y	F	100	IM	10/22/2022	Trick or Treat Meet
2:14.55	Y BB	F	200	IM	3/9/2023	Adirondack Gold Short Course Championships
2:32.62	L BB	P	200	IM	8/2/2023	2023 EZ LC Age Group Championship
4:49.27	Y BB	F	400	IM	3/9/2023	Adirondack Gold Short Course Championships
5:41.13	L BB	F	400	IM	7/7/2023	Hawks Summer Invitational 2023
<b>Yi Wern Lim (12) F</b>						
31.83	Y B	F	50	Free	6/11/2023	Piranhas Summer Kick-Off Meet
1:09.93	Y B	F	100	Free	1/6/2023	2023 Starfish Trophy Invitational
1:19.39	L B	F	100	Free	7/20/2023	2023 Adirondack Long Course Championships
2:41.68	Y	F	200	Free	1/6/2023	2023 Starfish Trophy Invitational
2:56.57	L B	F	200	Free	7/7/2023	Hawks Summer Invitational 2023
40.07	Y	F	50	Back	6/11/2023	Piranhas Summer Kick-Off Meet
1:27.19	Y	F	100	Back	3/3/2023	AD Silver Short Course Championships
1:35.27	L B	F	100	Back	7/20/2023	2023 Adirondack Long Course Championships
44.59	Y	F	50	Breast	6/11/2023	Piranhas Summer Kick-Off Meet
50.48	L	F	50	Breast	7/7/2023	Hawks Summer Invitational 2023
1:38.35	Y	F	100	Breast	2/12/2023	Piranha's Pentathlon
39.43	Y	F	50	Fly	1/6/2023	2023 Starfish Trophy Invitational
46.33	L	F	50	Fly	7/7/2023	Hawks Summer Invitational 2023
1:35.82	Y	F	100	Fly	2/12/2023	Piranha's Pentathlon
1:24.96	Y	F	100	IM	2/12/2023	Piranha's Pentathlon
3:06.72	Y	F	200	IM	11/12/2022	Fall frenzy
3:36.89	L	F	200	IM	7/7/2023	Hawks Summer Invitational 2023
<b>Samantha Lind (17) F</b>						
28.03	Y BB	F	50	Free	3/3/2023	AD Silver Short Course Championships
1:00.51	Y BB	F	100	Free	3/3/2023	AD Silver Short Course Championships
2:12.91	Y BB	F	200	Free	3/3/2023	AD Silver Short Course Championships
21:09.41	Y BB	F	1650	Free	12/18/2022	Piranha's December Distance Invite
1:17.04	Y	F	100	Back	10/8/2022	Shenendehowa Girls Invitational
1:16.88	Y BB	P	100	Breast	11/3/2022	Girls Sec II Division I Championships
1:11.53	Y B	F	100	Fly	10/8/2022	Shenendehowa Girls Invitational
2:34.07	Y B	F	200	IM	3/3/2023	AD Silver Short Course Championships
<b>Kathryn Linehan (17) F</b>						
29.94	Y B	F	50	Free	3/3/2023	AD Silver Short Course Championships

SARY-AD

SCH-AD

CPP-AD

ALBS-AD

GRGF-AD

### Individual Top Times

Time	P/F/S	Event				
<b>Kathryn Linehan (17) F</b>						
1:11.32	Y	F	100	Free	2/12/2023	Piranha's Pentathlon
2:25.22	Y	B	200	Free	3/3/2023	AD Silver Short Course Championships
7:02.14	Y	F	500	Free	12/18/2022	Piranha's December Distance Invite
1:19.39	Y	F	100	Back	3/3/2023	AD Silver Short Course Championships
1:36.97	Y	F	100	Breast	2/12/2023	Piranha's Pentathlon
2:58.44	Y	F	200	IM	11/12/2022	Fall frenzy
<b>Jierui Lin (15) M</b>						
35.38	L	F	50	Free	7/1/2023	Niagara LSC LC Super Circuit Meet
35.55	Y	F	50	Free	3/3/2023	AD Silver Short Course Championships
1:15.58	Y	F	100	Free	3/3/2023	AD Silver Short Course Championships
1:23.19	L	F	100	Free	7/1/2023	Niagara LSC LC Super Circuit Meet
2:43.19	Y	F	200	Free	3/3/2023	AD Silver Short Course Championships
7:34.51	Y	F	500	Free	12/18/2022	Piranha's December Distance Invite
1:30.05	Y	F	100	Back	3/3/2023	AD Silver Short Course Championships
1:31.42	Y	F	100	Breast	3/3/2023	AD Silver Short Course Championships
1:39.41	L	F	100	Breast	7/1/2023	Niagara LSC LC Super Circuit Meet
3:13.92	Y	F	200	Breast	12/18/2022	Piranha's December Distance Invite
1:34.69	Y	F	100	IM	10/22/2022	Trick or Treat Meet
3:06.91	Y	F	200	IM	12/18/2022	Piranha's December Distance Invite
<b>Naomi Lipson (11) F</b>						
38.68	Y	F	50	Free	2/12/2023	Piranha's Pentathlon
1:25.65	Y	F	100	Free	1/6/2023	2023 Starfish Trophy Invitational
48.77	Y	F	50	Back	1/6/2023	2023 Starfish Trophy Invitational
2:01.15	L	F	100	Back	7/7/2023	Hawks Summer Invitational 2023
2:04.32	Y	F	100	Back	3/3/2023	AD Silver Short Course Championships
45.71	Y	F	50	Breast	3/9/2023	Adirondack Gold Short Course Championships
54.03	L	F	50	Breast	7/7/2023	Hawks Summer Invitational 2023
1:39.00	Y	F	100	Breast	3/9/2023	Adirondack Gold Short Course Championships
1:53.91	L	F	100	Breast	7/7/2023	Hawks Summer Invitational 2023
46.97	Y	F	50	Fly	3/3/2023	AD Silver Short Course Championships
52.97	L	F	50	Fly	7/7/2023	Hawks Summer Invitational 2023
1:42.08	Y	F	100	IM	2/12/2023	Piranha's Pentathlon
<b>Alexandra Lisai (10) F</b>						
43.10	Y	F	50	Free	6/11/2023	Piranhas Summer Kick-Off Meet
1:37.28	L	B	100	Free	7/7/2023	Hawks Summer Invitational 2023
53.34	Y	F	50	Back	6/11/2023	Piranhas Summer Kick-Off Meet
2:07.74	L	F	100	Back	7/7/2023	Hawks Summer Invitational 2023
1:06.74	L	F	50	Breast	7/7/2023	Hawks Summer Invitational 2023
49.39	L	B	50	Fly	7/7/2023	Hawks Summer Invitational 2023
<b>Amelia Lisai (8) F</b>						
54.84	Y	F	50	Free	6/11/2023	Piranhas Summer Kick-Off Meet
2:04.37	L	F	100	Free	7/7/2023	Hawks Summer Invitational 2023
2:05.45	Y	F	100	Free	6/11/2023	Piranhas Summer Kick-Off Meet
4:39.80	L	F	200	Free	7/7/2023	Hawks Summer Invitational 2023
1:02.39	Y	F	50	Back	6/11/2023	Piranhas Summer Kick-Off Meet
2:14.44	L	F	100	Back	7/7/2023	Hawks Summer Invitational 2023
1:21.62	Y	F	50	Breast	6/11/2023	Piranhas Summer Kick-Off Meet
1:32.64	L	F	50	Breast	7/7/2023	Hawks Summer Invitational 2023
3:07.13	L	F	100	Breast	7/7/2023	Hawks Summer Invitational 2023
<b>Harris Lisella (12) M</b>						
30.05	Y	BB	50	Free	3/9/2023	Adirondack Gold Short Course Championships
1:05.99	Y	B	100	Free	3/3/2023	AD Silver Short Course Championships
2:33.65	Y	B	200	Free	3/3/2023	AD Silver Short Course Championships
6:32.89	Y	B	500	Free	1/14/2023	Chris Goody IMX Challenge
37.34	Y	B	50	Back	3/3/2023	AD Silver Short Course Championships
1:14.46	Y	BB	100	Back	3/9/2023	Adirondack Gold Short Course Championships

GRGF-AD

NHA-AD

HAWK-AD

CPP-AD

CPP-AD

USAM-AD

### Individual Top Times

Time	P/F/S	Event					
<b>Harris Lisella (12) M</b>							
51.38	Y	F	50	Breast	12/11/2022	Sharks 12 & Under Mini Meet	
1:44.63	Y	F	100	Breast	3/3/2023	AD Silver Short Course Championships	
3:59.07	Y	F	200	Breast	12/18/2022	Piranha's December Distance Invite	
36.89	Y	B	F	50	Fly	3/3/2023	AD Silver Short Course Championships
1:32.57	Y	F	100	Fly	1/14/2023	Chris Goody IMX Challenge	
1:29.42	Y	F	100	IM	2/12/2023	Piranha's Pentathlon	
3:07.15	Y	F	200	IM	1/14/2023	Chris Goody IMX Challenge	
<b>USAM-AD</b>							
<b>Miller Lisella (14) M</b>							
29.86	Y	B	P	50	Free	3/9/2023	Adirondack Gold Short Course Championships
1:05.60	Y	F	F	100	Free	3/9/2023	Adirondack Gold Short Course Championships
2:22.31	Y	B	F	200	Free	3/9/2023	Adirondack Gold Short Course Championships
6:14.58	Y	B	F	500	Free	3/9/2023	Adirondack Gold Short Course Championships
37.97	Y	F	F	50	Back	2/4/2023	Delmar Dolphins Febuary Freeze
1:19.73	Y	F	F	100	Back	3/3/2023	AD Silver Short Course Championships
2:47.84	Y	F	F	200	Back	3/3/2023	AD Silver Short Course Championships
40.85	Y	F	F	50	Breast	3/9/2023	Adirondack Gold Short Course Championships
1:32.49	Y	F	F	100	Breast	2/12/2023	Piranha's Pentathlon
3:27.26	Y	F	F	200	Breast	12/18/2022	Piranha's December Distance Invite
37.52	Y	F	F	50	Fly	3/3/2023	AD Silver Short Course Championships
1:23.44	Y	F	F	100	Fly	2/12/2023	Piranha's Pentathlon
1:16.48	Y	F	F	100	IM	3/3/2023	AD Silver Short Course Championships
2:42.40	Y	F	F	200	IM	3/3/2023	AD Silver Short Course Championships
<b>USAM-AD</b>							
<b>Abigail Litts (18) F</b>							
29.55	Y	B	F	50	Free	11/12/2022	Greater Syracuse Invitational
1:06.07	Y	B	F	100	Free	11/12/2022	Greater Syracuse Invitational
2:27.49	Y	B	F	200	Free	12/3/2022	2022 North Country Invitational
1:17.61	Y	F	F	100	Back	11/12/2022	Greater Syracuse Invitational
1:35.84	Y	F	F	100	Breast	12/3/2022	2022 North Country Invitational
1:22.94	Y	F	F	100	Fly	11/12/2022	Greater Syracuse Invitational
<b>TBS-AD</b>							
<b>Emma Litzner (19) F</b>							
1:13.80	Y	F	F	100	Free	10/8/2022	Shenendehowa Girls Invitational
1:31.59	Y	F	F	100	Fly	10/8/2022	Shenendehowa Girls Invitational
<b>UN-AD</b>							
<b>Kenneth Liu (9) M</b>							
22.32	Y	F	F	25	Free	11/12/2022	Fall frenzy
44.83	Y	F	F	50	Free	1/6/2023	2023 Starfish Trophy Invitational
54.25	S	F	F	50	Free	5/21/2023	2023 Starfish Meter Madness
1:50.72	Y	F	F	100	Free	6/11/2023	Piranhas Summer Kick-Off Meet
2:08.27	L	F	F	100	Free	7/7/2023	Hawks Summer Invitational 2023
4:33.50	L	F	F	200	Free	7/7/2023	Hawks Summer Invitational 2023
24.98	Y	F	F	25	Back	3/3/2023	AD Silver Short Course Championships
51.28	Y	F	F	50	Back	1/6/2023	2023 Starfish Trophy Invitational
59.31	S	F	F	50	Back	5/21/2023	2023 Starfish Meter Madness
2:13.82	L	F	F	100	Back	7/7/2023	Hawks Summer Invitational 2023
30.82	Y	F	F	25	Breast	11/12/2022	Fall frenzy
54.72	Y	F	F	50	Breast	3/3/2023	AD Silver Short Course Championships
1:02.31	S	F	F	50	Breast	5/21/2023	2023 Starfish Meter Madness
1:03.79	L	F	F	50	Breast	7/7/2023	Hawks Summer Invitational 2023
2:08.65	L	B	F	100	Breast	7/7/2023	Hawks Summer Invitational 2023
29.60	Y	F	F	25	Fly	3/3/2023	AD Silver Short Course Championships
1:03.72	S	F	F	50	Fly	5/21/2023	2023 Starfish Meter Madness
1:04.81	Y	F	F	50	Fly	6/11/2023	Piranhas Summer Kick-Off Meet
1:08.07	L	F	F	50	Fly	7/7/2023	Hawks Summer Invitational 2023
1:52.53	Y	F	F	100	IM	1/6/2023	2023 Starfish Trophy Invitational
<b>CPP-AD</b>							
<b>Yucheng Liu (9) M</b>							
31.69	Y	F	F	25	Free	10/29/2022	Starfish Fall Spooktacular
33.72	Y	F	F	25	Back	10/29/2022	Starfish Fall Spooktacular
<b>CPP-AD</b>							

### Individual Top Times

Time	P/F/S	Event			
<b>Yuze Liu (11) M</b>					
53.65	Y	F	50	Free	11/12/2022 Fall frenzy
2:04.88	Y	F	100	Free	11/12/2022 Fall frenzy
1:03.65	Y	F	50	Back	11/12/2022 Fall frenzy
1:20.99	Y	F	50	Breast	11/12/2022 Fall frenzy
<b>Daisy Lockhart (10) F</b>					
31.44	Y	F	25	Free	12/11/2022 Sharks 12 & Under Mini Meet
33.08	Y	F	25	Back	12/11/2022 Sharks 12 & Under Mini Meet
46.45	Y	F	25	Breast	12/11/2022 Sharks 12 & Under Mini Meet
<b>Tucker Lodico (10) M</b>					
1:09.17	Y	F	50	Free	1/14/2023 Canajoharie Developmental Meet
2:09.48	Y	F	100	Free	1/14/2023 Canajoharie Developmental Meet
1:09.68	Y	F	50	Back	1/14/2023 Canajoharie Developmental Meet
<b>Hannes Lohse (18) M</b>					
24.02	Y L	BB	F	50	Free 2/16/2023 Boys Section 2 Division 1 Championships
27.98	L	BB	P	50	Free 7/20/2023 2023 Adirondack Long Course Championships
51.86	Y L	A	F	100	Free 2/16/2023 Boys Section 2 Division 1 Championships
1:01.64	L	BB	P	100	Free 7/20/2023 2023 Adirondack Long Course Championships
1:52.69	Y	A	P	200	Free 2/16/2023 Boys Section 2 Division 1 Championships
2:18.92	L	BB	P	200	Free 7/20/2023 2023 Adirondack Long Course Championships
5:00.11	L	BB	F	400	Free 7/20/2023 2023 Adirondack Long Course Championships
1:00.82	Y	BB	F	100	Back 6/11/2023 Piranhas Summer Kick-Off Meet
1:11.38	L	BB	F	100	Back 7/7/2023 Hawks Summer Invitational 2023
2:16.77	Y	B	F	200	Back 12/18/2022 Piranha's December Distance Invite
2:14.26	Y	BB	F	200	IM 6/11/2023 Piranhas Summer Kick-Off Meet
<b>Magnus Lohse (14) M</b>					
29.08	Y	B	F	50	Free 12/11/2022 Sharks 12 & Under Mini Meet
32.03	L	B	F	50	Free 7/7/2023 Hawks Summer Invitational 2023
1:03.63	Y	B	F	100	Free 1/29/2023 Stingray Splash
2:17.09	Y	B	F	200	Free 6/11/2023 Piranhas Summer Kick-Off Meet
34.94	Y		F	50	Back 12/11/2022 Sharks 12 & Under Mini Meet
1:10.71	Y	B	P	100	Back 2/16/2023 Boys Section 2 Division 1 Championships
1:24.68	L		F	100	Back 7/7/2023 Hawks Summer Invitational 2023
38.27	Y		F	50	Fly 10/29/2022 Starfish Fall Spooktacular
1:19.08	Y		F	100	IM 12/11/2022 Sharks 12 & Under Mini Meet
2:39.77	Y	B	F	200	IM 6/11/2023 Piranhas Summer Kick-Off Meet
291.80			F	1 Meter 11 Dives	2/16/2023 Boys Section 2 Division 1 Championships
<b>Reina Loiacano (17) F</b>					
26.56	Y	A	P	50	Free 3/9/2023 Adirondack Gold Short Course Championships
30.11	L	A	F	50	Free 7/1/2023 Niagara LSC LC Super Circuit Meet
57.19	Y	A	P	100	Free 2/17/2023 2023 Region 1 Short Course Invitational
2:05.58	Y	A	F	200	Free 3/3/2023 AD Silver Short Course Championships
2:41.82	L	B	F	200	Free 7/1/2023 Niagara LSC LC Super Circuit Meet
31.25	Y L		F	50	Back 3/9/2023 Adirondack Gold Short Course Championships
1:05.05	Y	BB	P	100	Back 3/9/2023 Adirondack Gold Short Course Championships
2:24.63	Y	BB	P	200	Back 3/9/2023 Adirondack Gold Short Course Championships
1:17.64	Y	BB	F	100	Breast 3/3/2023 AD Silver Short Course Championships
2:52.66	Y	B	P	200	Breast 3/9/2023 Adirondack Gold Short Course Championships
1:04.39	Y	BB	P	100	Fly 3/9/2023 Adirondack Gold Short Course Championships
1:16.68	L	BB	F	100	Fly 7/1/2023 Niagara LSC LC Super Circuit Meet
2:33.05	Y	B	F	200	Fly 1/22/2023 Mile Madness
2:24.88	Y	BB	P	200	IM 3/9/2023 Adirondack Gold Short Course Championships
5:02.48	Y	BB	F	400	IM 3/3/2023 AD Silver Short Course Championships
6:15.28	L	BB	F	400	IM 7/1/2023 Niagara LSC LC Super Circuit & Distance Meet
<b>Grace Long (17) F</b>					
26.17	Y	A	P	50	Free 3/9/2023 Adirondack Gold Short Course Championships
57.21	Y	A	F	100	Free 11/3/2022 Girls Sec II Division I Championships

CPP-AD

GRGF-AD

SCHE-AD

UN-AD

SARY-AD

NHA-AD

ALBS-AD

### Individual Top Times

Time	P/F/S	Event					
<b>Grace Long (17) F</b>							<b>ALBS-AD</b>
1:07.24	S BB F	100 Free	5/21/2023	2023 Starfish Meter Madness			
2:08.25	Y BB F	200 Free	3/3/2023	AD Silver Short Course Championships			
1:09.28	Y B F	100 Back	3/3/2023	AD Silver Short Course Championships			
1:22.92	Y B F	100 Breast	3/3/2023	AD Silver Short Course Championships			
1:06.67	Y BB F	100 Fly	3/3/2023	AD Silver Short Course Championships			
1:15.77	S BB F	100 Fly	5/21/2023	2023 Starfish Meter Madness			
1:17.23	S F	100 IM	5/21/2023	2023 Starfish Meter Madness			
2:29.92	Y BB F	200 IM	3/3/2023	AD Silver Short Course Championships			
<b>Oliver Lopez (10) M</b>							<b>NTS-AD</b>
34.01	Y F	25 Free	10/23/2022	2022 Swimtober			
<b>Annabelle Lothrop (12) F</b>							<b>DELM-AD</b>
39.08	Y F	50 Free	6/11/2023	Piranhas Summer Kick-Off Meet			
45.18	L F	50 Free	6/24/2023	2023 NE NSSC June Springfield			
1:29.14	Y F	100 Free	2/12/2023	Piranha's Pentathlon			
1:43.31	L F	100 Free	6/24/2023	2023 NE NSSC June Springfield			
42.03	Y L F	50 Back	1/6/2023	2023 Starfish Trophy Invitational			
47.48	L F	50 Back	6/24/2023	2023 NE NSSC June Springfield			
1:33.05	Y F	100 Back	2/12/2023	Piranha's Pentathlon			
1:43.12	L F	100 Back	6/24/2023	2023 NE NSSC June Springfield			
55.68	Y P	50 Breast	1/6/2023	2023 Starfish Trophy Invitational			
1:04.55	L F	50 Breast	5/20/2023	2023 NE NSSC May Springfield			
2:10.13	Y F	100 Breast	2/12/2023	Piranha's Pentathlon			
47.83	Y F	50 Fly	3/3/2023	AD Silver Short Course Championships			
56.75	L F	50 Fly	6/24/2023	2023 NE NSSC June Springfield			
1:45.82	Y F	100 Fly	2/12/2023	Piranha's Pentathlon			
2:00.02	L F	100 Fly	6/24/2023	2023 NE NSSC June Springfield			
1:39.13	Y F	100 IM	2/4/2023	Delmar Dolphins February Freeze			
4:02.96	L F	200 IM	6/24/2023	2023 NE NSSC June Springfield			
<b>Noah Lowe (18) M (Yr: JR)</b>							<b>UN-AD</b>
25.38	Y BB P	50 Free	2/16/2023	Boys Section 2 Division 1 Championships			
57.47	Y L B F	100 Free	2/16/2023	Boys Section 2 Division 1 Championships			
1:03.11	Y B P	100 Fly	2/16/2023	Boys Section 2 Division 1 Championships			
<b>Daniel Lucas (12) M</b>							<b>SCHE-AD</b>
35.24	Y F	50 Free	1/29/2023	Stingray Splash			
1:20.71	Y F	100 Free	11/12/2022	Fall frenzy			
3:03.89	Y F	200 Free	11/12/2021	2021 NE ABF November Trials Final Meet			
7:30.27	Y F	500 Free	1/14/2023	Chris Goody IMX Challenge			
42.25	Y F	50 Back	12/11/2022	Sharks 12 & Under Mini Meet			
1:30.19	Y F	100 Back	1/14/2023	Chris Goody IMX Challenge			
53.01	Y F	50 Breast	12/11/2022	Sharks 12 & Under Mini Meet			
1:48.25	Y F	100 Breast	1/14/2023	Chris Goody IMX Challenge			
50.66	Y F	50 Fly	1/29/2023	Stingray Splash			
1:58.47	Y F	100 Fly	1/14/2023	Chris Goody IMX Challenge			
1:35.11	Y F	100 IM	10/22/2022	Trick or Treat Meet			
3:29.38	Y F	200 IM	1/14/2023	Chris Goody IMX Challenge			
<b>Rebecca Lucchesi (17) F</b>							<b>HAWK-AD</b>
27.63	Y BB P	50 Free	1/6/2023	2023 Starfish Trophy Invitational			
32.14	L BB F	50 Free	7/7/2023	Hawks Summer Invitational 2023			
59.77	Y BB P	100 Free	1/6/2023	2023 Starfish Trophy Invitational			
2:08.98	Y BB F	200 Free	1/6/2023	2023 Starfish Trophy Invitational			
2:30.75	L BB F	200 Free	7/7/2023	Hawks Summer Invitational 2023			
1:11.44	Y B P	100 Back	1/6/2023	2023 Starfish Trophy Invitational			
1:24.83	L B F	100 Back	7/7/2023	Hawks Summer Invitational 2023			
<b>Julian Luddy (10) M</b>							<b>USAM-AD</b>
1:01.69	Y F	50 Free	3/3/2023	AD Silver Short Course Championships			
1:33.67	Y F	50 Back	12/11/2022	Sharks 12 & Under Mini Meet			

### Individual Top Times

Time	P/F/S	Event	
<b>Ericsson Lu (12) M</b>			<b>DELM-AD</b>
31.50 Y B F	50 Free	6/11/2023	Piranhas Summer Kick-Off Meet
35.33 L B F	50 Free	6/24/2023	2023 NE NSSC June Springfield
1:10.86 Y B F	100 Free	3/3/2023	AD Silver Short Course Championships
1:16.03 L B F	100 Free	7/7/2023	Hawks Summer Invitational 2023
2:34.26 Y B F	200 Free	3/3/2023	AD Silver Short Course Championships
2:45.00 L B F	200 Free	7/7/2023	Hawks Summer Invitational 2023
37.98 Y F	50 Back	3/3/2023	AD Silver Short Course Championships
41.39 L B F	50 Back	7/7/2023	Hawks Summer Invitational 2023
1:21.06 Y B F	100 Back	3/3/2023	AD Silver Short Course Championships
1:31.32 L B F	100 Back	6/24/2023	2023 NE NSSC June Springfield
2:50.46 Y B F	200 Back	3/3/2023	AD Silver Short Course Championships
39.15 Y BB F	50 Breast	6/11/2023	Piranhas Summer Kick-Off Meet
43.15 L BB F	50 Breast	7/7/2023	Hawks Summer Invitational 2023
1:29.61 Y B P	100 Breast	3/9/2023	Adirondack Gold Short Course Championships
1:35.35 L BB F	100 Breast	7/7/2023	Hawks Summer Invitational 2023
3:11.21 Y B F	200 Breast	3/3/2023	AD Silver Short Course Championships
3:24.03 L BB F	200 Breast	6/24/2023	2023 NE NSSC June Springfield
39.63 Y F	50 Fly	6/11/2023	Piranhas Summer Kick-Off Meet
46.63 L F	50 Fly	7/7/2023	Hawks Summer Invitational 2023
1:22.16 Y F	100 IM	3/3/2023	AD Silver Short Course Championships
<b>Carly Luke (12) F</b>			<b>BFIN-AD</b>
44.05 Y F	50 Free	3/3/2023	AD Silver Short Course Championships
50.34 Y F	50 Back	12/11/2022	Sharks 12 & Under Mini Meet
1:03.49 Y F	50 Breast	12/11/2022	Sharks 12 & Under Mini Meet
1:58.64 Y F	100 IM	3/3/2023	AD Silver Short Course Championships
4:31.05 Y F	200 IM	1/29/2023	Stingray Splash
<b>Finn Lukovsky (13) M</b>			<b>CLRK-AD</b>
40.18 Y F	50 Free	11/5/2022	First Splash
1:36.53 Y F	100 Free	11/5/2022	First Splash
47.34 Y F	50 Back	11/5/2022	First Splash
<b>Aidan Luley (15) M</b>			<b>NHA-AD</b>
30.77 Y F	50 Free	3/3/2023	AD Silver Short Course Championships
1:09.83 Y F	100 Free	3/3/2023	AD Silver Short Course Championships
1:17.75 Y F	100 Breast	3/3/2023	AD Silver Short Course Championships
1:26.02 Y F	100 Fly	1/29/2023	Stingray Splash
3:00.48 Y F	200 IM	3/3/2023	AD Silver Short Course Championships
<b>Mya Luley (13) F</b>			<b>NHA-AD</b>
37.38 Y F	50 Free	3/3/2023	AD Silver Short Course Championships
1:30.53 Y F	100 Free	3/3/2023	AD Silver Short Course Championships
3:32.26 Y F	200 Free	12/3/2022	2022 North Country Invitational
48.38 Y F	50 Back	3/3/2023	AD Silver Short Course Championships
1:45.45 Y F	100 Back	2/12/2023	Piranha's Pentathlon
56.68 Y F	50 Breast	3/3/2023	AD Silver Short Course Championships
2:23.84 Y F	100 Breast	12/3/2022	2022 North Country Invitational
42.47 Y F	50 Fly	3/3/2023	AD Silver Short Course Championships
1:36.77 Y F	100 Fly	2/12/2023	Piranha's Pentathlon
<b>Troy Luley (17) M</b>			<b>UN-AD</b>
25.42 Y BB F	50 Free	1/29/2023	Stingray Splash
52.25 Y A F	100 Free	3/3/2023	AD Silver Short Course Championships
1:56.87 Y BB F	200 Free	1/29/2023	Stingray Splash
2:16.06 L BB F	200 Free	7/1/2023	Niagara LSC LC Super Circuit Meet
4:48.37 L BB F	400 Free	7/1/2023	Niagara LSC LC Super Circuit & Distance Meet
4:57.46 Y AA F	500 Free	3/9/2023	Adirondack Gold Short Course Championships
18:59.22 Y BB F	1650 Free	1/22/2023	Mile Madness
33.42 L F	50 Breast	7/1/2023	Niagara LSC LC Super Circuit Meet
1:01.46 Y AA P	100 Breast	3/9/2023	Adirondack Gold Short Course Championships

### Individual Top Times

Time	P/F/S	Event						
<b>Troy Luley (17) M</b>								<b>NHA-AD</b>
1:14.46	L A F	100 Breast	7/1/2023	Niagara LSC LC Super Circuit Meet				
2:14.46	Y A F	200 Breast	3/9/2023	Adirondack Gold Short Course Championships				
2:07.81	Y BB F	200 IM	3/3/2023	AD Silver Short Course Championships				
<b>Emma Lupe (17) F</b>								<b>SCHE-AD</b>
26.44	Y A P	50 Free	3/9/2023	Adirondack Gold Short Course Championships				
31.48	L BB F	50 Free	7/7/2023	Hawks Summer Invitational 2023				
56.53	Y A P	100 Free	3/9/2023	Adirondack Gold Short Course Championships				
2:03.20	Y A P	200 Free	3/9/2023	Adirondack Gold Short Course Championships				
2:27.96	L BB P	200 Free	7/20/2023	2023 Adirondack Long Course Championships				
5:48.26	Y BB P	500 Free	2/17/2023	2023 Region 1 Short Course Invitational				
1:03.16	Y A P	100 Back	3/9/2023	Adirondack Gold Short Course Championships				
1:19.99	L BB F	100 Back	7/7/2023	Hawks Summer Invitational 2023				
2:18.15	Y BB P	200 Back	2/17/2023	2023 Region 1 Short Course Invitational				
1:04.58	Y BB P	100 Fly	3/9/2023	Adirondack Gold Short Course Championships				
<b>Eleanor Lustberg (11) F</b>								<b>WAVE-AD</b>
55.15	Y F	50 Free	1/29/2023	Stingray Splash				
1:00.85	Y F	50 Back	1/29/2023	Stingray Splash				
1:15.38	Y F	50 Breast	1/29/2023	Stingray Splash				
<b>Wyatt Lustberg (15) M</b>								<b>WAVE-AD</b>
36.47	Y F	50 Free	1/29/2023	Stingray Splash				
1:19.50	Y F	100 Free	1/29/2023	Stingray Splash				
1:25.27	Y F	100 Back	1/29/2023	Stingray Splash				
3:11.45	Y F	200 Back	12/18/2022	Piranha's December Distance Invite				
3:18.34	Y F	200 IM	1/29/2023	Stingray Splash				
<b>Amelia Lutz (13) F</b>								<b>IISC-AD</b>
42.78	Y F	50 Free	2/26/2023	CVSL Championships				
1:38.26	Y F	100 Free	2/26/2023	CVSL Championships				
<b>Olivia Lutz (16) F</b>								<b>IISC-AD</b>
28.69	Y BB F	50 Free	11/19/2022	CVSL Tri Meet				
1:03.63	Y BB F	100 Free	3/3/2023	AD Silver Short Course Championships				
2:18.29	Y BB F	200 Free	3/3/2023	AD Silver Short Course Championships				
6:09.76	Y BB P	500 Free	11/3/2022	Girls Sec II Division I Championships				
32.96	Y L P	50 Back	11/3/2022	Girls Sec II Division I Championships				
1:11.33	Y B F	100 Back	2/4/2023	Delmar Dolphins Febuary Freeze				
2:40.46	Y B F	200 Back	12/18/2022	Piranha's December Distance Invite				
1:25.10	Y B F	100 Breast	2/26/2023	CVSL Championships				
3:05.13	Y B F	200 Breast	3/3/2023	AD Silver Short Course Championships				
1:16.59	Y F	100 Fly	2/12/2023	Piranha's Pentathlon				
2:50.68	Y F	200 Fly	12/18/2022	Piranha's December Distance Invite				
2:36.78	Y B F	200 IM	2/4/2023	Delmar Dolphins Febuary Freeze				
5:42.91	Y B F	400 IM	1/22/2023	Mile Madness				
<b>Ziya Lu (14) F</b>								<b>NTS-AD</b>
36.21	Y L F	50 Back	12/3/2022	2022 North Country Invitational				
<b>Julia Lynch (17) F</b>								<b>WAVE-AD</b>
31.25	Y B P	50 Free	1/6/2023	2023 Starfish Trophy Invitational				
1:07.29	Y B F	100 Free	3/3/2023	AD Silver Short Course Championships				
2:37.26	Y F	200 Free	10/23/2022	2022 Swimtober				
1:19.49	Y F	100 Back	3/3/2023	AD Silver Short Course Championships				
1:27.29	Y F	100 Breast	3/3/2023	AD Silver Short Course Championships				
<b>Rhianna Lynch (19) F</b>								<b>NHA-AD</b>
26.92	Y P	50 Free	3/9/2023	Adirondack Gold Short Course Championships				
57.64	Y P	100 Free	3/9/2023	Adirondack Gold Short Course Championships				
2:06.90	Y F	200 Free	3/3/2023	AD Silver Short Course Championships				
5:56.58	Y F	500 Free	12/3/2022	2022 North Country Invitational				
32.64	Y L F	50 Back	12/3/2022	2022 North Country Invitational				
1:08.72	Y F	100 Back	3/3/2023	AD Silver Short Course Championships				



### Individual Top Times

Time	P/F/S	Event				
<b>Rhianna Lynch (19) F</b>						
2:34.44	Y	F	200	Back	12/3/2022	2022 North Country Invitational
1:11.40	Y	F	100	Fly	12/3/2022	2022 North Country Invitational
2:33.06	Y	F	200	IM	12/3/2022	2022 North Country Invitational
<b>Willow Lyndaker (12) F</b>						
41.80	Y	F	50	Free	11/12/2022	Greater Syracuse Invitational
1:31.46	Y	F	100	Free	11/12/2022	Greater Syracuse Invitational
53.71	Y	F	50	Breast	11/12/2022	Greater Syracuse Invitational
1:48.00	Y	F	100	IM	12/3/2022	2022 North Country Invitational
<b>Abigail Lyons (18) F</b>						
30.44	L	A	50	Free	7/20/2023	2023 Adirondack Long Course Championships
56.32	Y L	A	100	Free	3/9/2023	Adirondack Gold Short Course Championships
2:03.33	Y	A	200	Free	12/1/2022	2022 STAR Short Course Invitational
2:27.12	L	BB	200	Free	6/10/2023	2023 MR LIAC Summertime Classic Invitational
5:43.53	Y	BB	500	Free	1/14/2023	Chris Goody IMX Challenge
29.26	Y L		50	Back	11/3/2022	Girls Sec II Division I Championships
1:02.89	Y	A	100	Back	11/3/2022	Girls Sec II Division I Championships
1:14.50	L	BB	100	Back	7/20/2023	2023 Adirondack Long Course Championships
2:12.89	Y	A	200	Back	3/9/2023	Adirondack Gold Short Course Championships
2:38.63	L	A	200	Back	7/20/2023	2023 Adirondack Long Course Championships
1:11.85	Y	A	100	Breast	2/17/2023	2023 Region 1 Short Course Invitational
2:33.78	Y	A	200	Breast	2/17/2023	2023 Region 1 Short Course Invitational
3:09.34	L	BB	200	Breast	6/10/2023	2023 MR LIAC Summertime Classic Invitational
2:33.08	Y	B	200	Fly	1/14/2023	Chris Goody IMX Challenge
2:15.76	Y	A	200	IM	11/3/2022	Girls Sec II Division I Championships
2:45.22	L	BB	200	IM	6/10/2023	2023 MR LIAC Summertime Classic Invitational
5:00.50	Y	A	400	IM	12/1/2022	2022 STAR Short Course Invitational
5:53.27	L	BB	400	IM	7/20/2023	2023 Adirondack Long Course Championships
<b>Avery Lyons (12) F</b>						
37.35	Y	F	50	Free	11/12/2022	Fall frenzy
40.35	L	F	50	Free	7/20/2023	2023 Adirondack Long Course Championships
1:29.30	Y	F	100	Free	11/12/2022	Fall frenzy
1:37.67	L	F	100	Free	7/7/2023	Hawks Summer Invitational 2023
3:25.34	L	F	200	Free	7/7/2023	Hawks Summer Invitational 2023
53.97	Y	F	50	Back	10/22/2022	Trick or Treat Meet
1:53.51	L	F	100	Back	7/7/2023	Hawks Summer Invitational 2023
55.75	L	F	50	Breast	7/7/2023	Hawks Summer Invitational 2023
2:18.71	L	F	100	Breast	7/7/2023	Hawks Summer Invitational 2023
42.51	Y	F	50	Fly	11/12/2022	Fall frenzy
44.25	L	F	50	Fly	7/7/2023	Hawks Summer Invitational 2023
2:00.85	L	F	100	Fly	6/17/2023	2023 Sail Away on the RIAC Ferry
1:39.99	Y	F	100	IM	11/12/2022	Fall frenzy
3:57.84	L	F	200	IM	7/7/2023	Hawks Summer Invitational 2023
<b>Eve Lytel (13) F</b>						
31.65	Y	B	50	Free	3/3/2023	AD Silver Short Course Championships
33.45	L	BB	50	Free	7/20/2023	2023 Adirondack Long Course Championships
1:11.35	Y	F	100	Free	3/3/2023	AD Silver Short Course Championships
7:19.38	Y	F	500	Free	1/22/2023	Mile Madness
39.46	Y	F	50	Back	3/3/2023	AD Silver Short Course Championships
44.78	Y	F	50	Breast	2/4/2023	Delmar Dolphins Febuary Freeze
3:32.48	Y	F	200	Breast	3/3/2023	AD Silver Short Course Championships
36.03	Y	F	50	Fly	2/26/2023	CVSL Championships
45.03	L	F	50	Fly	7/20/2023	2023 Adirondack Long Course Championships
1:24.08	Y	F	100	IM	3/3/2023	AD Silver Short Course Championships
<b>Sian MacAlpine (11) M</b>						
50.39	Y	F	50	Free	1/29/2023	Stingray Splash
1:04.71	Y	F	50	Back	1/29/2023	Stingray Splash

NHA-AD

TBS-AD

SCHE-AD

BFIN-AD

CLRK-AD

GRGF-AD

### Individual Top Times

Time	P/F/S	Event			
<b>Holly MacDonald (17) F</b>					
				<b>SCHE-AD</b>	
28.75	Y BB	F 50 Free	3/3/2023	AD Silver Short Course Championships	
1:03.71	Y B	F 100 Free	3/3/2023	AD Silver Short Course Championships	
2:09.84	Y BB	P 200 Free	11/3/2022	Girls Sec II Division I Championships	
5:57.64	Y BB	P 500 Free	11/3/2022	Girls Sec II Division I Championships	
1:19.35	Y	F 100 Back	3/3/2023	AD Silver Short Course Championships	
1:23.56	Y	F 100 Fly	3/3/2023	AD Silver Short Course Championships	
2:48.95	Y	F 200 IM	3/3/2023	AD Silver Short Course Championships	
<b>Liam MacDougall (11) M</b>					
				<b>CPP-AD</b>	
36.09	Y	F 50 Free	10/22/2022	Trick or Treat Meet	
39.76	L	F 50 Free	7/20/2023	2023 Adirondack Long Course Championships	
42.51	S	F 50 Free	5/21/2023	2023 Starfish Meter Madness	
1:19.57	Y	F 100 Free	1/6/2023	2023 Starfish Trophy Invitational	
1:28.48	L	F 100 Free	7/20/2023	2023 Adirondack Long Course Championships	
3:00.62	Y	F 200 Free	1/6/2023	2023 Starfish Trophy Invitational	
3:15.19	L	F 200 Free	7/20/2023	2023 Adirondack Long Course Championships	
42.41	Y	F 50 Back	3/3/2023	AD Silver Short Course Championships	
47.06	L	F 50 Back	7/20/2023	2023 Adirondack Long Course Championships	
49.43	S	F 50 Back	5/21/2023	2023 Starfish Meter Madness	
1:32.44	Y	F 100 Back	3/3/2023	AD Silver Short Course Championships	
1:41.08	L	F 100 Back	7/20/2023	2023 Adirondack Long Course Championships	
51.80	Y	F 50 Breast	1/6/2023	2023 Starfish Trophy Invitational	
56.16	L	F 50 Breast	7/20/2023	2023 Adirondack Long Course Championships	
57.66	S	F 50 Breast	5/21/2023	2023 Starfish Meter Madness	
1:55.53	Y	F 100 Breast	3/3/2023	AD Silver Short Course Championships	
2:06.07	L	F 100 Breast	7/20/2023	2023 Adirondack Long Course Championships	
49.22	Y	F 50 Fly	2/12/2023	Piranha's Pentathlon	
1:43.12	Y	F 100 IM	3/3/2023	AD Silver Short Course Championships	
1:51.43	S	F 100 IM	5/21/2023	2023 Starfish Meter Madness	
3:34.96	Y	F 200 IM	1/6/2023	2023 Starfish Trophy Invitational	
<b>Elizabeth MacLeish (10) F</b>					
				<b>CLRK-AD</b>	
44.92	Y	F 50 Free	2/26/2023	CVSL Championships	
1:57.27	Y	F 100 Free	2/26/2023	CVSL Championships	
4:05.65	Y	F 200 Free	1/22/2023	Mile Madness	
55.18	Y	F 50 Back	2/26/2023	CVSL Championships	
<b>Addison MacLeod (13) F</b>					
				<b>USAM-AD</b>	
30.84	Y B	F 50 Free	6/11/2023	Piranhas Summer Kick-Off Meet	
34.59	L B	P 50 Free	8/2/2023	2023 Summer Elite Showcase	
1:09.60	Y B	F 100 Free	6/11/2023	Piranhas Summer Kick-Off Meet	
1:17.04	L B	P 100 Free	8/2/2023	2023 Summer Elite Showcase	
1:20.77	S	F 100 Free	5/21/2023	2023 Starfish Meter Madness	
2:36.30	Y	F 200 Free	3/3/2023	AD Silver Short Course Championships	
2:51.45	L B	F 200 Free	7/7/2023	Hawks Summer Invitational 2023	
6:11.60	L	F 400 Free	7/20/2023	2023 Adirondack Long Course Championships	
6:45.30	Y B	F 500 Free	3/3/2023	AD Silver Short Course Championships	
38.40	Y	F 50 Back	6/11/2023	Piranhas Summer Kick-Off Meet	
43.29	L	P 50 Back	8/2/2023	2023 Summer Elite Showcase	
1:21.07	Y	P 100 Back	1/6/2023	2023 Starfish Trophy Invitational	
1:31.71	S	F 100 Back	5/21/2023	2023 Starfish Meter Madness	
1:35.27	L	P 100 Back	8/2/2023	2023 Summer Elite Showcase	
2:56.63	Y	F 200 Back	12/18/2022	Piranha's December Distance Invite	
52.51	L	F 50 Breast	7/7/2023	Hawks Summer Invitational 2023	
1:39.91	Y	F 100 Breast	3/3/2023	AD Silver Short Course Championships	
1:52.00	S	F 100 Breast	5/21/2023	2023 Starfish Meter Madness	
35.01	Y	F 50 Fly	6/11/2023	Piranhas Summer Kick-Off Meet	
38.72	L	F 50 Fly	7/7/2023	Hawks Summer Invitational 2023	
1:21.29	Y	F 100 Fly	2/12/2023	Piranha's Pentathlon	
1:30.28	S	F 100 Fly	5/21/2023	2023 Starfish Meter Madness	

### Individual Top Times

Time	P/F/S	Event			
<b>Addison MacLeod (13) F</b>					
<b>USAM-AD</b>					
1:32.64	L	F	100	Fly	7/7/2023 Hawks Summer Invitational 2023
1:21.06	Y	F	100	IM	3/3/2023 AD Silver Short Course Championships
1:35.20	S	F	100	IM	5/21/2023 2023 Starfish Meter Madness
2:56.13	Y	F	200	IM	1/6/2023 2023 Starfish Trophy Invitational
3:20.52	L	P	200	IM	8/2/2023 2023 Summer Elite Showcase
6:17.80	Y	F	400	IM	12/18/2022 Piranha's December Distance Invite
<b>Angelina MacLeod (15) F</b>					
<b>USAM-AD</b>					
25.90	Y	AA	P	50	Free 2/17/2023 2023 Region 1 Short Course Invitational
31.31	L	BB	P	50	Free 8/2/2023 2023 Summer Elite Showcase
55.95	Y	AA	P	100	Free 2/17/2023 2023 Region 1 Short Course Invitational
1:05.98	L	A	P	100	Free 8/2/2023 2023 Summer Elite Showcase
1:06.71	S	BB	F	100	Free 5/21/2023 2023 Starfish Meter Madness
2:00.03	Y	AA	P	200	Free 3/9/2023 Adirondack Gold Short Course Championships
2:24.43	L	A	P	200	Free 8/2/2023 2023 Summer Elite Showcase
4:54.79	L	A	F	400	Free 8/2/2023 2023 Summer Elite Showcase
5:19.86	Y	AA	P	500	Free 3/29/2023 2023 Eastern Zone SC Age Group Championships
10:58.52	Y	AA	F	1000	Free 3/29/2023 2023 Eastern Zone SC Age Group Championships
19:47.48	L	A	F	1500	Free 7/20/2023 2023 Adirondack Long Course Championships
18:13.91	Y	AA	F	1650	Free 3/29/2023 2023 Eastern Zone SC Age Group Championships
32.30	Y L	F		50	Back 2/4/2023 Delmar Dolphins Febuary Freeze
1:09.19	Y	BB	F	100	Back 2/4/2023 Delmar Dolphins Febuary Freeze
1:17.94	S	B	F	100	Back 5/21/2023 2023 Starfish Meter Madness
1:25.43	L	B	F	100	Back 7/7/2023 Hawks Summer Invitational 2023
2:27.64	Y	BB	F	200	Back 1/14/2023 Chris Goody IMX Challenge
35.86	Y		P	50	Breast 12/8/2022 32nd Annual Speedo Winter Championships
40.36	L		P	50	Breast 8/2/2023 2023 Summer Elite Showcase
1:12.23	Y	A	P	100	Breast 3/9/2023 Adirondack Gold Short Course Championships
1:25.52	L	BB	F	100	Breast 8/2/2023 2023 Summer Elite Showcase
1:25.76	S	BB	F	100	Breast 5/21/2023 2023 Starfish Meter Madness
2:35.37	Y	A	P	200	Breast 2/17/2023 2023 Region 1 Short Course Invitational
3:05.44	L	BB	F	200	Breast 8/2/2023 2023 Summer Elite Showcase
29.44	Y		P	50	Fly 12/8/2022 32nd Annual Speedo Winter Championships
1:08.63	Y	BB	F	100	Fly 2/12/2023 Piranha's Pentathlon
1:15.99	S	BB	F	100	Fly 5/21/2023 2023 Starfish Meter Madness
2:29.14	Y	BB	F	200	Fly 3/3/2023 AD Silver Short Course Championships
1:16.41	S		F	100	IM 5/21/2023 2023 Starfish Meter Madness
2:18.09	Y	A	F	200	IM 3/9/2023 Adirondack Gold Short Course Championships
2:44.15	L	A	P	200	IM 8/2/2023 2023 Summer Elite Showcase
4:49.90	Y	AA	F	400	IM 3/9/2023 Adirondack Gold Short Course Championships
5:45.78	L	A	F	400	IM 8/2/2023 2023 Summer Elite Showcase
<b>Samya Madhukar (16) F</b>					
<b>ALBS-AD</b>					
33.26	Y		P	50	Free 1/6/2023 2023 Starfish Trophy Invitational
1:13.80	Y		F	100	Free 2/4/2023 Delmar Dolphins Febuary Freeze
36.51	Y L		F	50	Back 1/6/2023 2023 Starfish Trophy Invitational
1:15.27	Y		F	100	Back 10/29/2022 Starfish Fall Spooktacular
1:25.72	S		F	100	Back 5/21/2023 2023 Starfish Meter Madness
2:41.64	Y	B	F	200	Back 11/12/2022 Fall frenzy
1:28.11	Y		F	100	Breast 2/4/2023 Delmar Dolphins Febuary Freeze
1:39.90	S		F	100	Breast 5/21/2023 2023 Starfish Meter Madness
1:18.36	Y		F	100	Fly 6/11/2023 Piranhas Summer Kick-Off Meet
1:31.38	S		F	100	IM 5/21/2023 2023 Starfish Meter Madness
2:50.71	Y		F	200	IM 10/29/2022 Starfish Fall Spooktacular
6:05.16	Y		F	400	IM 12/18/2022 Piranha's December Distance Invite
<b>Sofya Magdon-Ismail (12) F</b>					
<b>USAM-AD</b>					
38.33	Y		F	50	Free 3/3/2023 AD Silver Short Course Championships
1:34.89	Y		F	100	Free 3/3/2023 AD Silver Short Course Championships
44.36	Y		F	50	Back 3/3/2023 AD Silver Short Course Championships

### Individual Top Times

Time	P/F/S	Event					
<b>Sofya Magdon-Ismail (12) F</b>							<b>USAM-AD</b>
51.12	Y	F	50	Breast	3/3/2023	AD Silver Short Course Championships	
59.79	Y	F	50	Fly	10/29/2022	Starfish Fall Spooktacular	
1:40.28	Y	F	100	IM	3/3/2023	AD Silver Short Course Championships	
3:51.57	Y	F	200	IM	12/18/2022	Piranha's December Distance Invite	
<b>Scarlett Magrath (11) F</b>							<b>BENN-AD</b>
36.68	Y	F	50	Free	1/14/2023	Canajoharie Developmental Meet	
1:24.36	Y	F	100	Free	1/14/2023	Canajoharie Developmental Meet	
48.04	Y	F	50	Back	1/29/2023	Stingray Splash	
56.65	Y	F	50	Breast	1/22/2023	2023 NE UVAC CVI Invitational	
<b>Amirita Mahapatra (13) F</b>							<b>NTS-AD</b>
46.92	Y	F	50	Free	12/3/2022	2022 North Country Invitational	
1:56.53	Y	F	100	Free	10/23/2022	2022 Swimtober	
4:08.43	Y	F	200	Free	12/3/2022	2022 North Country Invitational	
1:02.20	Y	F	50	Back	10/23/2022	2022 Swimtober	
<b>Haripriya Mahapatra (16) M</b>							<b>NTS-AD</b>
33.63	Y	F	50	Free	12/3/2022	2022 North Country Invitational	
2:52.40	Y	F	200	Free	12/3/2022	2022 North Country Invitational	
1:56.59	Y	F	100	Breast	10/23/2022	2022 Swimtober	
<b>Alexandru Mailat (13) M</b>							<b>GRGF-AD</b>
32.31	Y	F	50	Free	12/11/2022	Sharks 12 & Under Mini Meet	
1:14.05	Y	F	100	Free	3/3/2023	AD Silver Short Course Championships	
35.73	Y	P	50	Back	3/9/2023	Adirondack Gold Short Course Championships	
1:21.46	Y	F	100	Back	2/12/2023	Piranha's Pentathlon	
44.07	Y	F	50	Breast	3/3/2023	AD Silver Short Course Championships	
1:27.41	Y	F	100	IM	3/3/2023	AD Silver Short Course Championships	
<b>Jacob Mainoo (13) M</b>							<b>SCHE-AD</b>
41.75	Y	F	50	Free	2/4/2023	Delmar Dolphins Febuary Freeze	
1:37.94	Y	F	100	Free	3/3/2023	AD Silver Short Course Championships	
52.55	Y	F	50	Back	3/3/2023	AD Silver Short Course Championships	
2:02.81	Y	F	100	Back	11/12/2022	Fall frenzy	
<b>Nevin Mainoo (11) M</b>							<b>SCHE-AD</b>
39.60	Y	F	50	Free	2/4/2023	Delmar Dolphins Febuary Freeze	
1:42.05	Y	F	100	Free	10/22/2022	Trick or Treat Meet	
49.28	Y	F	50	Back	12/11/2022	Sharks 12 & Under Mini Meet	
<b>Jordan Mait (12) F</b>							<b>BENN-AD</b>
41.50	Y	F	50	Free	1/22/2023	2023 NE UVAC CVI Invitational	
1:41.80	Y	F	100	Free	1/22/2023	2023 NE UVAC CVI Invitational	
51.22	Y	F	50	Back	1/22/2023	2023 NE UVAC CVI Invitational	
<b>Abigail Maki-Davis (14) F</b>							<b>BENN-AD</b>
32.43	Y	B	F	50	Free	3/3/2023	AD Silver Short Course Championships
1:11.31	Y	F	100	Free	2/12/2023	Piranha's Pentathlon	
1:22.76	Y	F	100	Back	2/12/2023	Piranha's Pentathlon	
1:32.83	Y	F	100	Breast	3/3/2023	AD Silver Short Course Championships	
2:59.31	Y	F	200	IM	3/3/2023	AD Silver Short Course Championships	
<b>Anna Manion (15) F</b>							<b>WAVE-AD</b>
28.81	Y	BB	P	50	Free	1/6/2023	2023 Starfish Trophy Invitational
1:00.95	Y	BB	F	100	Free	11/5/2022	Section VII Championships 2022
2:19.31	Y	B	F	200	Free	12/3/2022	2022 North Country Invitational
1:14.41	Y	B	F	100	Back	2/4/2023	2023 Winter Blast
1:23.08	Y	B	F	100	Breast	2/4/2023	2023 Winter Blast
3:00.14	Y	B	F	200	Breast	1/6/2023	2023 Starfish Trophy Invitational
1:14.35	Y	B	P	100	Fly	1/6/2023	2023 Starfish Trophy Invitational
2:27.23	Y	BB	F	200	IM	11/5/2022	Section VII Championships 2022
<b>Mason Mansfield (12) M</b>							<b>CPP-AD</b>
39.51	Y	F	50	Free	3/3/2023	AD Silver Short Course Championships	
48.81	S	F	50	Free	5/21/2023	2023 Starfish Meter Madness	

### Individual Top Times

Time	P/F/S	Event			
<b>Mason Mansfield (12) M</b>					
				<b>CPP-AD</b>	
1:28.38	Y	F	100 Free	1/6/2023	2023 Starfish Trophy Invitational
1:34.44	L	F	100 Free	7/7/2023	Hawks Summer Invitational 2023
3:19.84	L	F	200 Free	7/7/2023	Hawks Summer Invitational 2023
48.66	Y	F	50 Back	3/3/2023	AD Silver Short Course Championships
2:04.26	L	F	100 Back	7/7/2023	Hawks Summer Invitational 2023
58.75	Y	F	50 Breast	1/6/2023	2023 Starfish Trophy Invitational
1:04.00	S	F	50 Breast	5/21/2023	2023 Starfish Meter Madness
1:10.95	L	F	50 Breast	7/7/2023	Hawks Summer Invitational 2023
2:29.62	L	F	100 Breast	7/7/2023	Hawks Summer Invitational 2023
52.87	Y	F	50 Fly	3/3/2023	AD Silver Short Course Championships
1:01.72	S	F	50 Fly	5/21/2023	2023 Starfish Meter Madness
1:04.70	L	F	50 Fly	7/7/2023	Hawks Summer Invitational 2023
1:40.14	Y	F	100 IM	3/3/2023	AD Silver Short Course Championships
2:07.47	S	F	100 IM	5/21/2023	2023 Starfish Meter Madness
4:31.50	L	F	200 IM	7/7/2023	Hawks Summer Invitational 2023
<b>Ronan Mansfield (9) M</b>					
					<b>CPP-AD</b>
21.12	Y	F	25 Free	3/3/2023	AD Silver Short Course Championships
51.17	Y	F	50 Free	6/11/2023	Piranhas Summer Kick-Off Meet
1:49.51	Y	F	100 Free	3/3/2023	AD Silver Short Course Championships
2:16.96	L	F	100 Free	7/7/2023	Hawks Summer Invitational 2023
4:46.84	L	F	200 Free	7/7/2023	Hawks Summer Invitational 2023
25.96	Y	F	25 Back	3/3/2023	AD Silver Short Course Championships
54.51	Y	F	50 Back	2/12/2023	Piranha's Pentathlon
1:02.62	S	F	50 Back	5/21/2023	2023 Starfish Meter Madness
2:19.71	L	F	100 Back	7/7/2023	Hawks Summer Invitational 2023
30.50	Y	F	25 Breast	3/3/2023	AD Silver Short Course Championships
1:04.92	Y	F	50 Breast	6/11/2023	Piranhas Summer Kick-Off Meet
1:15.23	S	F	50 Breast	5/21/2023	2023 Starfish Meter Madness
1:15.77	L	F	50 Breast	7/7/2023	Hawks Summer Invitational 2023
2:34.49	L	F	100 Breast	7/7/2023	Hawks Summer Invitational 2023
1:14.46	Y	F	50 Fly	6/11/2023	Piranhas Summer Kick-Off Meet
1:29.65	L	F	50 Fly	7/7/2023	Hawks Summer Invitational 2023
2:26.99	Y	F	100 IM	1/6/2023	2023 Starfish Trophy Invitational
<b>Kiran Manz (10) M</b>					
					<b>CPP-AD</b>
19.70	Y	F	25 Free	12/3/2022	2022 North Country Invitational
38.56	Y	F	50 Free	6/11/2023	Piranhas Summer Kick-Off Meet
42.62	L	B	50 Free	7/20/2023	2023 Adirondack Long Course Championships
46.94	S	F	50 Free	5/21/2023	2023 Starfish Meter Madness
1:31.48	Y	F	100 Free	3/3/2023	AD Silver Short Course Championships
1:37.57	L	B	100 Free	7/20/2023	2023 Adirondack Long Course Championships
3:29.39	L	B	200 Free	7/20/2023	2023 Adirondack Long Course Championships
22.93	Y	F	25 Back	10/22/2022	Trick or Treat Meet
41.19	Y	BB	50 Back	3/9/2023	Adirondack Gold Short Course Championships
47.00	S	B	50 Back	5/21/2023	2023 Starfish Meter Madness
48.03	L	BB	50 Back	7/20/2023	2023 Adirondack Long Course Championships
1:39.09	L	BB	100 Back	7/20/2023	2023 Adirondack Long Course Championships
36.65	Y	F	25 Breast	11/12/2022	Fall frenzy
1:27.64	L	F	50 Breast	7/7/2023	Hawks Summer Invitational 2023
2:55.11	L	F	100 Breast	7/7/2023	Hawks Summer Invitational 2023
29.53	Y	F	25 Fly	11/12/2022	Fall frenzy
52.84	Y	F	50 Fly	3/3/2023	AD Silver Short Course Championships
57.97	S	F	50 Fly	5/21/2023	2023 Starfish Meter Madness
1:02.58	L	F	50 Fly	7/7/2023	Hawks Summer Invitational 2023
1:46.80	Y	F	100 IM	6/11/2023	Piranhas Summer Kick-Off Meet
4:19.74	L	F	200 IM	7/20/2023	2023 Adirondack Long Course Championships
<b>Giovanna Marchese (12) F</b>					
					<b>SCHE-AD</b>
37.33	Y	F	50 Free	12/11/2022	Sharks 12 & Under Mini Meet

### Individual Top Times

Time	P/F/S	Event					
<b>Giovanna Marchese (12) F</b>							
1:31.19	Y	F	100	Free	1/14/2023	Canajoharie Developmental Meet	
45.78	Y	F	50	Back	1/14/2023	Canajoharie Developmental Meet	
57.39	Y	F	50	Breast	2/4/2023	Delmar Dolphins Febuary Freeze	
48.65	Y	F	50	Fly	12/11/2022	Sharks 12 & Under Mini Meet	
1:41.27	Y	F	100	IM	2/4/2023	Delmar Dolphins Febuary Freeze	
<b>Catherine Marino (11) F</b>							
51.94	Y	F	50	Free	12/11/2022	Sharks 12 & Under Mini Meet	
1:00.63	Y	F	50	Back	2/4/2023	Delmar Dolphins Febuary Freeze	
<b>Madeline Marsello (14) F</b>							
34.12	Y	F	50	Free	11/5/2022	First Splash	
1:17.01	Y	F	100	Free	2/4/2023	Delmar Dolphins Febuary Freeze	
3:14.02	Y	F	200	Free	11/19/2022	CVSL Tri Meet	
1:36.55	Y	F	100	Back	11/19/2022	CVSL Tri Meet	
1:29.93	Y	F	100	Fly	11/19/2022	CVSL Tri Meet	
<b>Aria Marsh (14) F</b>							
58.13	Y	F	50	Free	10/22/2022	Trick or Treat Meet	
2:23.98	Y	F	100	Free	12/11/2022	Sharks 12 & Under Mini Meet	
<b>Ashlyn Martin (11) F</b>							
34.07	Y	F	50	Free	3/9/2023	Adirondack Gold Short Course Championships	
1:16.02	Y	F	100	Free	3/9/2023	Adirondack Gold Short Course Championships	
42.84	Y	F	50	Back	12/11/2022	Sharks 12 & Under Mini Meet	
1:05.96	Y	F	50	Breast	12/11/2022	Sharks 12 & Under Mini Meet	
44.52	Y	F	50	Fly	12/11/2022	Sharks 12 & Under Mini Meet	
<b>Isla Martin (10) F</b>							
43.39	Y	F	50	Free	12/11/2022	Sharks 12 & Under Mini Meet	
1:05.20	Y	F	50	Back	12/11/2022	Sharks 12 & Under Mini Meet	
<b>Julia Martin (12) F</b>							
35.88	Y	F	50	Free	3/3/2023	AD Silver Short Course Championships	
38.21	L	B	50	Free	7/7/2023	Hawks Summer Invitational 2023	
1:21.59	Y	P	100	Free	1/6/2023	2023 Starfish Trophy Invitational	
1:37.62	L	F	100	Free	7/7/2023	Hawks Summer Invitational 2023	
44.88	Y	F	50	Back	3/3/2023	AD Silver Short Course Championships	
51.18	L	F	50	Back	7/7/2023	Hawks Summer Invitational 2023	
1:35.46	Y	F	100	Back	3/3/2023	AD Silver Short Course Championships	
39.91	Y	F	50	Fly	3/3/2023	AD Silver Short Course Championships	
47.87	L	F	50	Fly	7/7/2023	Hawks Summer Invitational 2023	
1:37.83	Y	F	100	Fly	2/12/2023	Piranha's Pentathlon	
1:31.98	Y	F	100	IM	3/3/2023	AD Silver Short Course Championships	
4:07.93	L	F	200	IM	7/7/2023	Hawks Summer Invitational 2023	
<b>Sienna Martin (17) F</b>							
25.89	Y	A	50	Free	3/9/2023	Adirondack Gold Short Course Championships	
56.51	Y	L	A	100	Free	3/9/2023	Adirondack Gold Short Course Championships
2:04.04	Y	A	200	Free	3/9/2023	Adirondack Gold Short Course Championships	
20:02.94	Y	BB	1650	Free	1/22/2023	Mile Madness	
1:04.83	Y	BB	100	Back	3/9/2023	Adirondack Gold Short Course Championships	
2:26.44	Y	BB	200	Back	3/9/2023	Adirondack Gold Short Course Championships	
2:25.60	Y	BB	200	IM	3/3/2023	AD Silver Short Course Championships	
<b>Lucy Martorana (12) F</b>							
36.67	Y	P	50	Free	1/6/2023	2023 Starfish Trophy Invitational	
1:27.21	Y	P	100	Free	1/6/2023	2023 Starfish Trophy Invitational	
44.62	Y	F	50	Back	10/29/2022	Starfish Fall Spooktacular	
1:31.31	Y	P	100	Back	1/6/2023	2023 Starfish Trophy Invitational	
52.66	Y	P	50	Breast	1/6/2023	2023 Starfish Trophy Invitational	
51.61	Y	F	50	Fly	10/29/2022	Starfish Fall Spooktacular	
<b>Cole Mason (17) M</b>							
55.25	Y	BB	100	Free	3/3/2023	AD Silver Short Course Championships	

SCHE-AD

DELM-AD

IJSC-AD

BFIN-AD

CLIN-AD

DELM-AD

HAWK-AD

CLIN-AD

ALBS-AD

CPP-AD

### Individual Top Times

Time	P/F/S	Event					
<b>Cole Mason (17) M</b>							
1:06.34	Y	F	100	Back	3/3/2023	AD Silver Short Course Championships	
1:21.80	Y	F	100	Breast	2/12/2023	Piranha's Pentathlon	
1:01.27	Y	B	F	100	Fly	3/3/2023	AD Silver Short Course Championships
2:20.17	Y	B	F	200	IM	3/3/2023	AD Silver Short Course Championships
<b>Maya Massaro (18) F</b>							
26.04	Y	A	F	50	Free	11/6/2022	2022 SECTION 10 GIRLS SWIMMING CHAMPIONSHIP
57.72	Y	A	F	100	Free	11/6/2022	2022 SECTION 10 GIRLS SWIMMING CHAMPIONSHIP
<b>Abigail Massoud (7) F</b>							
31.68	Y	F	25	Free	1/29/2023	Stingray Splash	
1:14.94	Y	F	50	Free	1/29/2023	Stingray Splash	
37.46	Y	F	25	Back	1/29/2023	Stingray Splash	
<b>Terrienne Massoud (12) F</b>							
36.16	Y	F	50	Free	3/3/2023	AD Silver Short Course Championships	
1:26.83	Y	F	100	Free	3/3/2023	AD Silver Short Course Championships	
1:36.65	L	F	100	Free	7/1/2023	Niagara LSC LC Super Circuit Meet	
43.15	Y	F	50	Back	3/3/2023	AD Silver Short Course Championships	
47.06	L	F	50	Back	7/1/2023	Niagara LSC LC Super Circuit Meet	
1:01.78	Y	F	50	Breast	1/29/2023	Stingray Splash	
44.52	Y	F	50	Fly	1/14/2023	Canajoharie Developmental Meet	
49.87	L	F	50	Fly	7/1/2023	Niagara LSC LC Super Circuit Meet	
1:58.15	Y	F	100	Fly	2/12/2023	Piranha's Pentathlon	
1:46.06	Y	F	100	IM	1/14/2023	Canajoharie Developmental Meet	
<b>Emilia Matri (13) F</b>							
36.83	Y	F	50	Free	3/3/2023	AD Silver Short Course Championships	
1:25.51	Y	F	100	Free	3/3/2023	AD Silver Short Course Championships	
1:37.16	S	F	100	Free	5/21/2023	2023 Starfish Meter Madness	
45.08	Y	F	50	Back	3/3/2023	AD Silver Short Course Championships	
1:42.89	Y	F	100	Back	3/3/2023	AD Silver Short Course Championships	
1:50.13	S	F	100	Back	5/21/2023	2023 Starfish Meter Madness	
51.16	Y	F	50	Breast	3/3/2023	AD Silver Short Course Championships	
41.70	Y	F	50	Fly	3/3/2023	AD Silver Short Course Championships	
1:34.49	Y	F	100	IM	3/3/2023	AD Silver Short Course Championships	
1:49.35	S	F	100	IM	5/21/2023	2023 Starfish Meter Madness	
<b>Nicholas Mastro (14) M</b>							
27.37	Y	BB	F	50	Free	10/29/2022	Starfish Fall Spooktacular
1:00.55	Y	BB	F	100	Free	3/3/2023	AD Silver Short Course Championships
32.85	Y	F	50	Back	10/29/2022	Starfish Fall Spooktacular	
30.73	Y	P	50	Fly	1/6/2023	2023 Starfish Trophy Invitational	
1:08.93	Y	B	F	100	Fly	3/3/2023	AD Silver Short Course Championships
1:12.75	Y	F	100	IM	10/29/2022	Starfish Fall Spooktacular	
<b>Bailey Matte (12) F</b>							
36.64	Y	F	50	Free	2/4/2023	Delmar Dolphins Febuary Freeze	
1:23.26	Y	F	100	Free	3/3/2023	AD Silver Short Course Championships	
50.77	Y	F	50	Breast	2/4/2023	Delmar Dolphins Febuary Freeze	
1:56.74	Y	F	100	Breast	3/3/2023	AD Silver Short Course Championships	
45.30	Y	F	50	Fly	3/3/2023	AD Silver Short Course Championships	
1:45.40	Y	F	100	IM	12/11/2022	Sharks 12 & Under Mini Meet	
<b>Nicholas Matthews (13) M</b>							
36.28	L	F	50	Free	7/20/2023	2023 Adirondack Long Course Championships	
37.78	Y	F	50	Free	3/3/2023	AD Silver Short Course Championships	
1:18.82	Y	F	100	Free	3/3/2023	AD Silver Short Course Championships	
1:20.57	L	F	100	Free	7/20/2023	2023 Adirondack Long Course Championships	
2:56.88	L	F	200	Free	7/20/2023	2023 Adirondack Long Course Championships	
8:17.90	Y	F	500	Free	1/14/2023	Chris Goody IMX Challenge	
45.88	Y	F	50	Back	12/11/2022	Sharks 12 & Under Mini Meet	
46.12	L	F	50	Back	7/20/2023	2023 Adirondack Long Course Championships	

CPP-AD

UN-AD

NHA-AD

NHA-AD

SCHE-AD

KING-AD

GRGF-AD

SCHE-AD

### Individual Top Times

Time	P/F/S	Event	Date	Event	Competition	
<b>Nicholas Matthews (13) M</b>						
1:32.93	Y	F	100	Back	3/3/2023 AD Silver Short Course Championships	
1:37.45	L	F	100	Back	7/20/2023 2023 Adirondack Long Course Championships	
1:06.14	L	F	50	Breast	7/7/2023 Hawks Summer Invitational 2023	
2:12.10	Y	F	100	Breast	3/3/2023 AD Silver Short Course Championships	
41.84	L	F	50	Fly	7/20/2023 2023 Adirondack Long Course Championships	
1:42.66	Y	F	100	Fly	1/14/2023 Chris Goody IMX Challenge	
3:31.71	L	F	200	IM	7/7/2023 Hawks Summer Invitational 2023	
<b>William Matthews (11) M</b>						
42.66	Y	F	50	Free	3/3/2023 AD Silver Short Course Championships	
45.06	L	F	50	Free	7/20/2023 2023 Adirondack Long Course Championships	
1:33.60	Y	F	100	Free	3/3/2023 AD Silver Short Course Championships	
1:34.84	L	F	100	Free	7/20/2023 2023 Adirondack Long Course Championships	
3:21.67	L	F	200	Free	7/20/2023 2023 Adirondack Long Course Championships	
48.69	Y	F	50	Back	3/3/2023 AD Silver Short Course Championships	
50.16	L	F	50	Back	7/20/2023 2023 Adirondack Long Course Championships	
1:45.79	L	F	100	Back	7/20/2023 2023 Adirondack Long Course Championships	
1:08.51	L	F	50	Breast	6/10/2023 2023 MR LIAC Summertime Classic Invitational	
49.65	L	F	50	Fly	7/20/2023 2023 Adirondack Long Course Championships	
<b>Keira Matt (11) F</b>						
45.66	Y	F	50	Free	3/3/2023 AD Silver Short Course Championships	
1:46.89	Y	F	100	Free	3/3/2023 AD Silver Short Course Championships	
54.10	Y	F	50	Back	3/3/2023 AD Silver Short Course Championships	
2:02.29	Y	F	100	Back	3/3/2023 AD Silver Short Course Championships	
1:00.53	Y	F	50	Fly	1/14/2023 Canajoharie Developmental Meet	
2:26.58	Y	F	100	IM	2/12/2023 Piranha's Pentathlon	
<b>Haylie Maxam (12) F</b>						
54.73	Y	F	50	Free	2/4/2023 2023 Winter Blast	
1:14.16	Y	F	50	Breast	2/4/2023 2023 Winter Blast	
<b>Kaleb Maxam (12) M</b>						
1:08.41	Y	F	50	Free	2/4/2023 2023 Winter Blast	
<b>Erin May (14) F</b>						
31.72	Y	B	F	50	Free	6/11/2023 Piranhas Summer Kick-Off Meet
36.62	L	B	F	50	Free	5/20/2023 2023 NE NSSC May Springfield
1:16.67	Y	F	100	Free	2/12/2023 Piranha's Pentathlon	
2:46.06	Y	F	200	Free	6/11/2023 Piranhas Summer Kick-Off Meet	
37.27	Y	P	50	Back	1/6/2023 2023 Starfish Trophy Invitational	
1:26.61	Y	F	100	Back	2/4/2023 Delmar Dolphins Febuary Freeze	
1:39.91	L	F	100	Back	5/20/2023 2023 NE NSSC May Springfield	
44.32	Y	P	50	Breast	1/6/2023 2023 Starfish Trophy Invitational	
1:37.41	Y	F	100	Breast	6/11/2023 Piranhas Summer Kick-Off Meet	
3:52.34	L	F	200	Breast	5/20/2023 2023 NE NSSC May Springfield	
36.01	Y	F	50	Fly	1/6/2023 2023 Starfish Trophy Invitational	
1:25.13	Y	F	100	Fly	2/12/2023 Piranha's Pentathlon	
1:25.90	Y	P	100	IM	1/6/2023 2023 Starfish Trophy Invitational	
3:05.51	Y	F	200	IM	2/12/2023 Piranha's Pentathlon	
3:28.15	L	F	200	IM	5/20/2023 2023 NE NSSC May Springfield	
<b>Penelope May (8) F</b>						
24.38	Y	F	25	Free	10/29/2022 Starfish Fall Spooktacular	
1:15.97	Y	F	50	Free	2/12/2023 Piranha's Pentathlon	
29.69	Y	F	25	Back	1/29/2023 Stingray Splash	
1:11.88	Y	F	50	Back	2/12/2023 Piranha's Pentathlon	
<b>Madalyn McAllister (14) F</b>						
33.16	Y	F	50	Free	3/3/2023 AD Silver Short Course Championships	
1:11.97	Y	F	100	Free	3/3/2023 AD Silver Short Course Championships	
2:40.23	Y	F	200	Free	3/3/2023 AD Silver Short Course Championships	
1:30.28	Y	F	100	Back	2/4/2023 Delmar Dolphins Febuary Freeze	

SCHE-AD

SCHE-AD

NHA-AD

TBS-AD

TBS-AD

DELM-AD

CPP-AD

IISC-AD



### Individual Top Times

Time	P/F/S	Event			
<b>Madalyn McAllister (14) F</b>					
1:38.30	Y	F	100	Fly	2/4/2023 Delmar Dolphins Febuary Freeze
3:29.22	Y	F	200	Fly	3/3/2023 AD Silver Short Course Championships
3:18.85	Y	F	200	IM	3/3/2023 AD Silver Short Course Championships
<b>Riley McAllister (12) F</b>					
33.54	Y B	F	50	Free	2/26/2023 CVSL Championships
1:13.82	Y	F	100	Free	3/3/2023 AD Silver Short Course Championships
7:21.08	Y	F	500	Free	1/22/2023 Mile Madness
44.63	Y	F	50	Back	11/5/2022 First Splash
1:30.90	Y	F	100	Back	3/3/2023 AD Silver Short Course Championships
3:26.97	Y	F	200	Back	1/22/2023 Mile Madness
47.24	Y	F	50	Breast	3/3/2023 AD Silver Short Course Championships
1:46.56	Y	F	100	Breast	3/3/2023 AD Silver Short Course Championships
3:58.96	Y	F	200	Breast	1/22/2023 Mile Madness
46.07	Y	F	50	Fly	3/3/2023 AD Silver Short Course Championships
1:31.46	Y	F	100	IM	3/3/2023 AD Silver Short Course Championships
3:11.79	Y	F	200	IM	3/3/2023 AD Silver Short Course Championships
<b>Gavin McArdle (13) M</b>					
37.03	Y	P	50	Free	1/6/2023 2023 Starfish Trophy Invitational
1:45.35	Y	P	100	Free	1/6/2023 2023 Starfish Trophy Invitational
1:01.22	Y	P	50	Breast	1/6/2023 2023 Starfish Trophy Invitational
2:19.85	Y	F	100	Breast	3/3/2023 AD Silver Short Course Championships
<b>Grace McArdle (16) F</b>					
32.76	Y	F	50	Free	3/3/2023 AD Silver Short Course Championships
1:12.49	Y	F	100	Free	3/3/2023 AD Silver Short Course Championships
2:35.67	Y	F	200	Free	3/3/2023 AD Silver Short Course Championships
1:35.44	Y	P	100	Breast	1/6/2023 2023 Starfish Trophy Invitational
3:27.38	Y	F	200	Breast	11/12/2022 Fall frenzy
1:36.79	Y	P	100	Fly	1/6/2023 2023 Starfish Trophy Invitational
2:59.36	Y	P	200	IM	1/6/2023 2023 Starfish Trophy Invitational
<b>Cora McCaffrey (10) F</b>					
26.30	Y	F	25	Free	11/5/2022 First Splash
45.14	Y	F	50	Free	2/26/2023 CVSL Championships
25.45	Y	F	25	Back	1/14/2023 Canajoharie Developmental Meet
33.85	Y	F	25	Breast	1/14/2023 Canajoharie Developmental Meet
28.60	Y	F	25	Fly	11/19/2022 CVSL Tri Meet
2:04.99	Y	F	100	IM	2/26/2023 CVSL Championships
<b>Laila McCaffrey (11) F</b>					
47.20	Y	F	50	Free	2/26/2023 CVSL Championships
1:50.65	Y	F	100	Free	2/26/2023 CVSL Championships
59.19	Y	F	50	Back	11/19/2022 CVSL Tri Meet
1:12.17	Y	F	50	Fly	1/14/2023 Canajoharie Developmental Meet
<b>Deklan McCarthy (17) M</b>					
24.60	Y L BB	F	50	Free	3/9/2023 Adirondack Gold Short Course Championships
53.61	Y L BB	F	100	Free	3/9/2023 Adirondack Gold Short Course Championships
1:57.95	Y BB	F	200	Free	3/3/2023 AD Silver Short Course Championships
5:56.40	Y B	F	500	Free	12/3/2022 2022 North Country Invitational
1:11.50	Y	F	100	Back	3/3/2023 AD Silver Short Course Championships
1:09.29	Y BB	P	100	Breast	3/9/2023 Adirondack Gold Short Course Championships
2:38.76	Y B	F	200	Breast	3/3/2023 AD Silver Short Course Championships
1:19.30	Y	F	100	Fly	12/3/2022 2022 North Country Invitational
2:31.76	Y	F	200	IM	12/3/2022 2022 North Country Invitational
<b>Ella McCarthy (13) F</b>					
27.79	Y A	P	50	Free	3/9/2023 Adirondack Gold Short Course Championships
32.38	L BB	F	50	Free	7/1/2023 Niagara LSC LC Super Circuit Meet
1:06.20	Y B	F	100	Free	12/3/2022 2022 North Country Invitational
1:13.56	L BB	F	100	Free	7/1/2023 Niagara LSC LC Super Circuit Meet

### Individual Top Times

Time	P/F/S	Event				
<b>Ella McCarthy (13) F</b>						
2:26.10	Y B F	200 Free	1/29/2023	Stingray Splash		<b>NHA-AD</b>
31.07	Y P	50 Back	3/9/2023	Adirondack Gold Short Course Championships		
1:09.20	Y BB P	100 Back	3/9/2023	Adirondack Gold Short Course Championships		
1:24.92	L B F	100 Back	7/1/2023	Niagara LSC LC Super Circuit Meet		
2:29.35	Y BB F	200 Back	3/9/2023	Adirondack Gold Short Course Championships		
36.76	Y P	50 Breast	3/9/2023	Adirondack Gold Short Course Championships		
1:23.98	Y B P	100 Breast	3/9/2023	Adirondack Gold Short Course Championships		
35.33	Y F	50 Fly	1/29/2023	Stingray Splash		
1:18.11	Y F	100 Fly	3/3/2023	AD Silver Short Course Championships		
1:12.60	Y P	100 IM	3/9/2023	Adirondack Gold Short Course Championships		
2:42.04	Y B F	200 IM	1/29/2023	Stingray Splash		
<b>Harper McCarthy (14) F</b>						
28.70	Y BB F	50 Free	10/29/2022	Starfish Fall Spooktacular		<b>SARY-AD</b>
1:08.88	Y B F	100 Free	2/4/2023	Delmar Dolphins Febuary Freeze		
2:29.27	Y B F	200 Free	6/11/2023	Piranhas Summer Kick-Off Meet		
2:45.84	L B F	200 Free	6/24/2023	2023 NE NSSC June Springfield		
1:18.60	Y F	100 Back	1/29/2023	Stingray Splash		
43.51	L F	50 Breast	6/24/2023	2023 NE NSSC June Springfield		
1:23.59	Y B F	100 Breast	6/11/2023	Piranhas Summer Kick-Off Meet		
3:31.63	L B F	200 Breast	7/7/2023	Hawks Summer Invitational 2023		
2:43.11	Y B F	200 IM	1/29/2023	Stingray Splash		
3:10.44	L B F	200 IM	6/24/2023	2023 NE NSSC June Springfield		
<b>Grady McCord (13) M</b>						
28.86	Y B P	50 Free	3/9/2023	Adirondack Gold Short Course Championships		<b>KING-AD</b>
1:03.17	Y B F	100 Free	3/9/2023	Adirondack Gold Short Course Championships		
39.22	Y P	50 Breast	3/9/2023	Adirondack Gold Short Course Championships		
1:38.19	Y F	100 Breast	11/12/2022	Fall frenzy		
31.73	Y P	50 Fly	3/9/2023	Adirondack Gold Short Course Championships		
1:13.61	Y F	100 IM	3/9/2023	Adirondack Gold Short Course Championships		
<b>Charles McCoy (10) M</b>						
42.23	Y F	50 Free	3/3/2023	AD Silver Short Course Championships		<b>CPP-AD</b>
46.41	S F	50 Free	5/21/2023	2023 Starfish Meter Madness		
1:34.20	Y F	100 Free	6/11/2023	Piranhas Summer Kick-Off Meet		
51.87	Y F	50 Back	6/11/2023	Piranhas Summer Kick-Off Meet		
56.00	S F	50 Back	5/21/2023	2023 Starfish Meter Madness		
1:03.73	Y F	50 Breast	1/6/2023	2023 Starfish Trophy Invitational		
1:04.38	Y F	50 Fly	3/3/2023	AD Silver Short Course Championships		
1:51.64	Y F	100 IM	6/11/2023	Piranhas Summer Kick-Off Meet		
<b>Sophia McCoy (18) F</b>						
24.96	Y AA F	50 Free	3/9/2023	Adirondack Gold Short Course Championships		<b>CPP-AD</b>
54.68	Y AA P	100 Free	11/3/2022	Girls Sec II Division I Championships		
1:59.72	Y AA P	200 Free	11/3/2022	Girls Sec II Division I Championships		
5:35.97	Y A F	500 Free	3/3/2023	AD Silver Short Course Championships		
1:04.77	Y BB P	100 Back	3/9/2023	Adirondack Gold Short Course Championships		
2:23.07	Y BB P	200 Back	3/9/2023	Adirondack Gold Short Course Championships		
1:21.88	Y B P	100 Breast	2/17/2023	2023 Region 1 Short Course Invitational		
2:56.39	Y B F	200 Breast	12/18/2022	Piranha's December Distance Invite		
1:11.44	Y B F	100 Fly	6/11/2023	Piranhas Summer Kick-Off Meet		
2:26.10	Y BB P	200 IM	2/17/2023	2023 Region 1 Short Course Invitational		
5:18.62	Y BB F	400 IM	1/14/2023	Chris Goody IMX Challenge		
<b>William McCoy (17) M</b>						
24.37	Y BB P	50 Free	3/9/2023	Adirondack Gold Short Course Championships		<b>CPP-AD</b>
53.34	Y BB P	100 Free	3/9/2023	Adirondack Gold Short Course Championships		
2:01.11	Y BB F	200 Free	3/3/2023	AD Silver Short Course Championships		
5:47.58	Y B F	500 Free	3/3/2023	AD Silver Short Course Championships		
1:10.35	Y F	100 Back	3/3/2023	AD Silver Short Course Championships		

### Individual Top Times

Time	P/F/S	Event				
<b>William McCoy (17) M</b>						
2:25.34	Y	F	200	Back	12/18/2022	Piranha's December Distance Invite
1:10.59	Y B	F	100	Breast	3/3/2023	AD Silver Short Course Championships
2:48.18	Y	F	200	Breast	12/18/2022	Piranha's December Distance Invite
1:04.38	Y B	F	100	Fly	6/11/2023	Piranhas Summer Kick-Off Meet
2:23.67	Y B	F	200	IM	6/11/2023	Piranhas Summer Kick-Off Meet
5:18.62	Y B	F	400	IM	1/14/2023	Chris Goody IMX Challenge
<b>Maeve McDermott (19) F</b>						
26.45	Y	F	50	Free	11/3/2022	Girls Sec II Division I Championships
1:13.57	Y	F	100	Breast	11/3/2022	Girls Sec II Division I Championships
<b>Finnegan McFarland (18) M</b>						
22.85	Y AA	F	50	Free	10/22/2022	Trick or Treat Meet
25.74	L AA	F	50	Free	7/7/2023	Hawks Summer Invitational 2023
48.43	Y L AA	F	100	Free	2/16/2023	Boys Section 2 Division 1 Championships
56.09	L AA	F	100	Free	7/20/2023	2023 Adirondack Long Course Championships
1:44.53	Y AAA	F	200	Free	2/17/2023	2023 Region 1 Short Course Invitational
1:55.82	L AAAA	F	200	Free	8/3/2023	LC Senior Zone Championship
4:06.86	L AAAA	P	400	Free	8/3/2023	LC Senior Zone Championship
4:37.63	Y AAA	F	500	Free	3/9/2023	Adirondack Gold Short Course Championships
8:33.11	L AAAA	F	800	Free	8/3/2023	LC Senior Zone Championship
9:58.95	Y AAA	F	1000	Free	12/1/2022	2022 STAR Short Course Invitational
16:31.62	L AAA	F	1500	Free	8/3/2023	LC Senior Zone Championship
16:06.64	Y AAA	F	1650	Free	3/9/2023	Adirondack Gold Short Course Championships
2:18.72	Y B	F	200	Back	1/14/2023	Chris Goody IMX Challenge
2:40.21	Y B	F	200	Breast	1/14/2023	Chris Goody IMX Challenge
56.07	Y A	F	100	Fly	3/9/2023	Adirondack Gold Short Course Championships
1:04.35	L A	F	100	Fly	7/7/2023	Hawks Summer Invitational 2023
2:05.07	Y A	F	200	Fly	3/9/2023	Adirondack Gold Short Course Championships
1:02.71	Y	F	100	IM	10/22/2022	Trick or Treat Meet
2:26.97	L A	F	200	IM	7/20/2023	2023 Adirondack Long Course Championships
4:36.11	Y BB	F	400	IM	1/14/2023	Chris Goody IMX Challenge
<b>Madeline McFarland (16) F</b>						
28.61	Y BB	P	50	Free	12/1/2022	2022 STAR Short Course Invitational
32.32	L BB	F	50	Free	7/7/2023	Hawks Summer Invitational 2023
1:00.53	Y BB	P	100	Free	3/9/2023	Adirondack Gold Short Course Championships
1:09.12	L BB	P	100	Free	7/20/2023	2023 Adirondack Long Course Championships
2:08.52	Y BB	F	200	Free	10/15/2022	Colonial Council Invitational
2:27.30	L BB	P	200	Free	7/20/2023	2023 Adirondack Long Course Championships
5:05.19	L A	F	400	Free	7/20/2023	2023 Adirondack Long Course Championships
5:38.38	Y A	F	500	Free	3/9/2023	Adirondack Gold Short Course Championships
10:47.52	L BB	F	800	Free	6/17/2023	2023 Sail Away on the RIAC Ferry
11:40.57	Y A	F	1000	Free	2/17/2023	2023 Region 1 Short Course Invitational
19:31.73	L A	F	1500	Free	7/20/2023	2023 Adirondack Long Course Championships
x19:18.71	Y A	F	1650	Free	3/9/2023	Adirondack Gold Short Course Championships
19:18.71	Y A	F	1650	Free	3/9/2023	Adirondack Gold Short Course Championships
1:15.24	Y	F	100	Back	2/4/2023	Delmar Dolphins Febuary Freeze
2:38.00	Y B	F	200	Back	1/14/2023	Chris Goody IMX Challenge
3:02.46	Y B	F	200	Breast	1/14/2023	Chris Goody IMX Challenge
1:06.84	Y BB	S	100	Fly	3/9/2023	Adirondack Gold Short Course Championships
1:18.25	L BB	P	100	Fly	7/20/2023	2023 Adirondack Long Course Championships
2:38.47	Y B	F	200	Fly	1/14/2023	Chris Goody IMX Challenge
2:50.70	L BB	F	200	Fly	7/20/2023	2023 Adirondack Long Course Championships
1:14.97	Y	F	100	IM	10/22/2022	Trick or Treat Meet
2:35.84	Y B	F	200	IM	12/18/2022	Piranha's December Distance Invite
5:31.07	Y B	F	400	IM	1/14/2023	Chris Goody IMX Challenge
<b>Ezra McIvain (13) M</b>						
36.39	Y	F	50	Free	6/11/2023	Piranhas Summer Kick-Off Meet

CPP-AD

UN-AD

BFIN-AD

BFIN-AD

DELM-AD

### Individual Top Times

Time	P/F/S	Event						
<b>Ezra McIlvain (13) M</b>								
2:42.31	Y	F	200	Free	6/11/2023	Piranhas Summer Kick-Off Meet		
1:25.37	Y	F	100	Back	6/11/2023	Piranhas Summer Kick-Off Meet		
1:38.10	Y	F	100	Breast	6/11/2023	Piranhas Summer Kick-Off Meet		
<b>Mary McIntyre (14) F</b>								
32.15	Y	B	F	50	Free	3/3/2023	AD Silver Short Course Championships	
1:10.73	Y	F	100	Free	3/3/2023	AD Silver Short Course Championships		
2:35.72	Y	F	200	Free	3/3/2023	AD Silver Short Course Championships		
1:20.13	Y	F	100	Back	3/3/2023	AD Silver Short Course Championships		
2:51.00	Y	F	200	Back	3/3/2023	AD Silver Short Course Championships		
1:38.01	Y	F	100	Breast	3/3/2023	AD Silver Short Course Championships		
1:22.92	Y	F	100	Fly	3/3/2023	AD Silver Short Course Championships		
<b>Ruby McIntyre (11) F</b>								
48.25	Y	F	50	Free	3/3/2023	AD Silver Short Course Championships		
1:51.77	Y	F	100	Free	3/3/2023	AD Silver Short Course Championships		
55.04	Y	F	50	Back	3/3/2023	AD Silver Short Course Championships		
2:01.63	Y	F	100	Back	3/3/2023	AD Silver Short Course Championships		
1:02.34	Y	F	50	Breast	2/12/2023	Piranha's Pentathlon		
<b>Julia McKinley (17) F</b>								
26.38	Y	A	P	50	Free	3/9/2023	Adirondack Gold Short Course Championships	
30.26	L	A	F	50	Free	6/24/2023	2023 NE NSSC June Springfield	
56.60	Y	L	A	F	100	Free	3/9/2023	Adirondack Gold Short Course Championships
1:05.69	L	A	F	100	Free	6/24/2023	2023 NE NSSC June Springfield	
2:00.71	Y	AA	P	200	Free	2/17/2023	2023 Region 1 Short Course Invitational	
2:21.40	L	A	F	200	Free	6/24/2023	2023 NE NSSC June Springfield	
5:02.46	L	A	F	400	Free	6/24/2023	2023 NE NSSC June Springfield	
5:26.41	Y	A	P	500	Free	2/17/2023	2023 Region 1 Short Course Invitational	
18:50.13	Y	A	F	1650	Free	3/9/2023	Adirondack Gold Short Course Championships	
1:06.00	Y	BB	F	100	Back	3/3/2023	AD Silver Short Course Championships	
1:19.96	L	BB	F	100	Back	6/24/2023	2023 NE NSSC June Springfield	
2:21.76	Y	BB	P	200	Back	2/17/2023	2023 Region 1 Short Course Invitational	
2:46.50	L	BB	F	200	Back	6/24/2023	2023 NE NSSC June Springfield	
1:24.02	Y	B	F	100	Breast	6/11/2023	Piranhas Summer Kick-Off Meet	
1:38.25	L	B	F	100	Breast	6/24/2023	2023 NE NSSC June Springfield	
1:10.80	Y	B	F	100	Fly	6/11/2023	Piranhas Summer Kick-Off Meet	
2:26.54	Y	BB	F	200	IM	6/11/2023	Piranhas Summer Kick-Off Meet	
5:04.65	Y	BB	F	400	IM	3/3/2023	AD Silver Short Course Championships	
<b>Brenna McLaughlin (20) F</b>								
2:17.24	L	F	200	Free	7/20/2023	2023 Adirondack Long Course Championships		
1:09.32	L	P	100	Fly	7/20/2023	2023 Adirondack Long Course Championships		
<b>Sophia Mclean (13) F</b>								
1:32.98	Y	F	100	Free	10/23/2022	2022 Swimtober		
1:47.38	Y	F	100	Back	10/23/2022	2022 Swimtober		
1:08.95	Y	F	50	Breast	10/23/2022	2022 Swimtober		
<b>Elizabeth McMahon (16) F</b>								
27.36	Y	BB	P	50	Free	2/17/2023	2023 Region 1 Short Course Invitational	
31.95	L	BB	P	50	Free	7/20/2023	2023 Adirondack Long Course Championships	
59.37	Y	BB	P	100	Free	2/17/2023	2023 Region 1 Short Course Invitational	
2:09.26	Y	BB	P	200	Free	12/1/2022	2022 STAR Short Course Invitational	
2:27.39	L	BB	P	200	Free	7/20/2023	2023 Adirondack Long Course Championships	
5:54.69	Y	BB	F	500	Free	11/12/2022	Fall frenzy	
21:49.48	L	BB	F	1500	Free	7/7/2023	Hawks Summer Invitational 2023	
1:05.64	Y	BB	P	100	Back	3/9/2023	Adirondack Gold Short Course Championships	
1:19.22	L	BB	P	100	Back	7/20/2023	2023 Adirondack Long Course Championships	
2:21.87	Y	BB	P	200	Back	12/1/2022	2022 STAR Short Course Invitational	
2:45.85	L	BB	P	200	Back	7/20/2023	2023 Adirondack Long Course Championships	
1:25.62	Y	B	F	100	Breast	10/22/2022	Trick or Treat Meet	

DELM-AD

HAWK-AD

HAWK-AD

CPP-AD

SCHE-AD

NTS-AD

BFIN-AD

### Individual Top Times

Time	P/F/S	Event				
<b>Elizabeth McMahon (16) F</b>						
3:02.43	Y B F	200 Breast	12/18/2022	Piranha's December Distance Invite		<b>BFIN-AD</b>
1:06.35	Y BB P	100 Fly	3/9/2023	Adirondack Gold Short Course Championships		
2:38.20	Y B F	200 Fly	1/14/2023	Chris Goody IMX Challenge		
2:24.06	Y BB P	200 IM	12/1/2022	2022 STAR Short Course Invitational		
2:53.46	L BB P	200 IM	7/20/2023	2023 Adirondack Long Course Championships		
5:21.00	Y BB F	400 IM	12/18/2022	Piranha's December Distance Invite		
<b>Braeden McManus (16) M</b>						
23.95	Y A F	50 Free	3/9/2023	Adirondack Gold Short Course Championships		<b>BENN-AD</b>
52.36	Y A P	100 Free	3/9/2023	Adirondack Gold Short Course Championships		
1:55.14	Y A F	200 Free	3/9/2023	Adirondack Gold Short Course Championships		
1:07.28	Y B F	100 Back	2/12/2023	Piranha's Pentathlon		
1:23.69	Y F F	100 Breast	2/12/2023	Piranha's Pentathlon		
58.81	Y BB F	100 Fly	3/9/2023	Adirondack Gold Short Course Championships		
2:27.30	Y B F	200 IM	2/12/2023	Piranha's Pentathlon		
<b>John McNair (16) M</b>						
x1:00.66	Y L B F	100 Free	12/17/2022	Shen Boys Holiday Invite		<b>UN-AD</b>
5:42.09	Y BB F	500 Free	12/17/2022	Shen Boys Holiday Invite		
2:25.87	Y B F	200 IM	12/17/2022	Shen Boys Holiday Invite		
<b>Ellie McNamee (10) F</b>						
24.37	Y F F	25 Free	11/12/2022	Fall frenzy		<b>GRGF-AD</b>
58.93	Y F F	50 Free	11/12/2022	Fall frenzy		
26.21	Y F F	25 Back	1/29/2023	Stingray Splash		
51.07	Y F F	50 Back	3/3/2023	AD Silver Short Course Championships		
34.44	Y F F	25 Breast	1/29/2023	Stingray Splash		
1:07.24	Y F F	50 Breast	3/3/2023	AD Silver Short Course Championships		
30.35	Y F F	25 Fly	12/11/2022	Sharks 12 & Under Mini Meet		
<b>Sarah McShane (19) F</b>						
29.17	Y F F	50 Free	3/3/2023	AD Silver Short Course Championships		<b>IISC-AD</b>
1:05.57	Y F F	100 Free	3/3/2023	AD Silver Short Course Championships		
2:16.43	Y P P	200 Free	11/3/2022	Girls Sec II Division I Championships		
6:08.62	Y P P	500 Free	11/3/2022	Girls Sec II Division I Championships		
22:49.77	Y F F	1650 Free	12/18/2022	Piranha's December Distance Invite		
1:12.65	Y F F	100 Back	2/26/2023	CVSL Championships		
2:46.00	Y F F	200 Back	1/22/2023	Mile Madness		
1:29.65	Y F F	100 Breast	2/12/2023	Piranha's Pentathlon		
3:11.87	Y F F	200 Breast	12/18/2022	Piranha's December Distance Invite		
1:13.47	Y F F	100 Fly	3/3/2023	AD Silver Short Course Championships		
2:41.67	Y F F	200 IM	3/3/2023	AD Silver Short Course Championships		
<b>Alexandra Melnikova (14) F</b>						
42.73	Y F F	50 Free	10/23/2022	2022 Swimtober		<b>NTS-AD</b>
<b>Ezra Menard (16) M</b>						
34.73	Y F F	50 Free	10/29/2022	Starfish Fall Spooktacular		<b>USAM-AD</b>
1:07.36	Y F F	100 Free	3/3/2023	AD Silver Short Course Championships		
1:39.80	Y F F	100 Back	2/4/2023	Delmar Dolphins Febuary Freeze		
3:20.21	Y F F	200 Back	3/3/2023	AD Silver Short Course Championships		
1:29.90	Y F F	100 Breast	2/4/2023	Delmar Dolphins Febuary Freeze		
3:09.76	Y F F	200 Breast	3/3/2023	AD Silver Short Course Championships		
2:58.07	Y F F	200 IM	3/3/2023	AD Silver Short Course Championships		
<b>Aliana Mentessi (12) F</b>						
40.85	Y F F	50 Free	11/12/2022	Fall frenzy		<b>KING-AD</b>
1:33.31	Y F F	100 Free	11/12/2022	Fall frenzy		
<b>Alice Meredith (12) F</b>						
47.83	Y F F	50 Free	1/29/2023	Stingray Splash		<b>SARY-AD</b>
54.71	Y F F	50 Back	1/29/2023	Stingray Splash		
57.51	Y F F	50 Breast	1/29/2023	Stingray Splash		
1:58.40	Y F F	100 IM	1/29/2023	Stingray Splash		

### Individual Top Times

Time	P/F/S	Event	
<b>William Mergl (17) M</b>			<b>HAWK-AD</b>
25.95 Y B F	50 Free	10/29/2022	Starfish Fall Spooktacular
53.49 Y BB F	100 Free	3/3/2023	AD Silver Short Course Championships
58.94 Y BB F	100 Back	3/9/2023	Adirondack Gold Short Course Championships
2:15.43 Y B F	200 Back	3/3/2023	AD Silver Short Course Championships
1:02.09 Y B F	100 Fly	3/3/2023	AD Silver Short Course Championships
<b>Maddison Mero (16) F</b>			<b>WAVE-AD</b>
29.43 Y BB F	50 Free	3/3/2023	AD Silver Short Course Championships
36.44 L F	50 Free	7/7/2023	Hawks Summer Invitational 2023
1:03.38 Y BB F	100 Free	3/3/2023	AD Silver Short Course Championships
2:34.56 Y F	200 Free	12/3/2022	2022 North Country Invitational
35.23 Y L F	50 Back	1/6/2023	2023 Starfish Trophy Invitational
1:11.91 Y B F	100 Back	3/3/2023	AD Silver Short Course Championships
1:32.69 L F	100 Back	7/7/2023	Hawks Summer Invitational 2023
2:47.56 Y F	200 Back	1/6/2023	2023 Starfish Trophy Invitational
54.98 Y F	50 Breast	10/23/2022	2022 Swimtober
1:48.88 Y F	100 Breast	2/4/2023	2023 Winter Blast
1:32.35 Y F	100 Fly	10/23/2022	2022 Swimtober
<b>Charlotte Merrell (10) F</b>			<b>NHA-AD</b>
48.08 Y F	50 Free	3/3/2023	AD Silver Short Course Championships
56.33 Y F	50 Back	3/3/2023	AD Silver Short Course Championships
56.62 Y F	50 Breast	3/3/2023	AD Silver Short Course Championships
<b>Julia Merrell (12) F</b>			<b>NHA-AD</b>
47.88 Y F	50 Free	1/14/2023	Canajoharie Developmental Meet
1:39.40 Y F	100 Free	3/3/2023	AD Silver Short Course Championships
50.68 Y F	50 Back	3/3/2023	AD Silver Short Course Championships
49.32 Y F	50 Breast	3/3/2023	AD Silver Short Course Championships
1:53.41 Y F	100 IM	3/3/2023	AD Silver Short Course Championships
<b>Penelope Meyer (15) F</b>			<b>DELM-AD</b>
30.63 Y B F	50 Free	3/3/2023	AD Silver Short Course Championships
1:08.57 Y B F	100 Free	3/3/2023	AD Silver Short Course Championships
6:56.46 Y F	500 Free	11/12/2022	Fall frenzy
1:18.39 Y F	100 Back	3/3/2023	AD Silver Short Course Championships
1:20.02 Y B P	100 Breast	3/9/2023	Adirondack Gold Short Course Championships
2:52.27 Y BB P	200 Breast	3/9/2023	Adirondack Gold Short Course Championships
1:12.82 Y B F	100 Fly	3/3/2023	AD Silver Short Course Championships
1:17.86 Y F	100 IM	10/22/2022	Trick or Treat Meet
2:38.86 Y B F	200 IM	3/3/2023	AD Silver Short Course Championships
<b>Amelia Michaels (14) F</b>			<b>CPP-AD</b>
39.47 Y F	50 Free	3/3/2023	AD Silver Short Course Championships
1:36.87 Y F	100 Free	3/3/2023	AD Silver Short Course Championships
3:06.12 Y F	200 Free	3/3/2023	AD Silver Short Course Championships
3:40.19 L F	200 Free	7/7/2023	Hawks Summer Invitational 2023
1:35.85 Y F	100 Back	3/3/2023	AD Silver Short Course Championships
3:22.16 Y F	200 Back	12/18/2022	Piranha's December Distance Invite
3:55.65 L F	200 Back	7/7/2023	Hawks Summer Invitational 2023
1:54.22 Y F	100 Breast	6/11/2023	Piranhas Summer Kick-Off Meet
4:08.39 Y F	200 Breast	12/18/2022	Piranha's December Distance Invite
1:59.46 Y F	100 Fly	10/22/2022	Trick or Treat Meet
2:10.78 L F	100 Fly	7/7/2023	Hawks Summer Invitational 2023
3:38.63 Y F	200 IM	12/18/2022	Piranha's December Distance Invite
<b>Sean Michalek (18) M</b>			<b>CPP-AD</b>
26.23 Y B F	50 Free	3/3/2023	AD Silver Short Course Championships
28.64 L BB P	50 Free	7/20/2023	2023 Adirondack Long Course Championships
58.20 Y B P	100 Free	11/18/2022	2022 NE NSSC Nov 18-20 WPI T/F
2:00.35 Y BB F	200 Free	3/3/2023	AD Silver Short Course Championships
5:02.94 L BB F	400 Free	7/20/2023	2023 Adirondack Long Course Championships

### Individual Top Times

Time	P/F/S	Event				
<b>Sean Michalek (18) M</b>						
5:15.92	Y BB	P	500	Free	2/16/2023	Boys Section 2 Division 1 Championships
19:11.28	Y BB	F	1650	Free	12/18/2022	Piranha's December Distance Invite
1:05.24	Y B	F	100	Back	3/3/2023	AD Silver Short Course Championships
1:15.85	Y	P	100	Breast	11/18/2022	2022 NE NSSC Nov 18-20 WPI T/F
1:28.87	L	P	100	Breast	7/20/2023	2023 Adirondack Long Course Championships
1:10.22	Y	F	100	Fly	3/3/2023	AD Silver Short Course Championships
2:20.94	Y B	F	200	IM	3/3/2023	AD Silver Short Course Championships
2:42.54	L B	P	200	IM	7/20/2023	2023 Adirondack Long Course Championships
5:08.25	Y B	F	400	IM	1/14/2023	Chris Goody IMX Challenge
<b>Delaney Michels (17) F</b>						
25.43	Y AA	F	50	Free	11/3/2022	Girls Sec II Division I Championships
30.66	L A	P	50	Free	7/20/2023	2023 Adirondack Long Course Championships
55.60	Y AA	F	100	Free	3/9/2023	Adirondack Gold Short Course Championships
1:07.17	L A	P	100	Free	7/20/2023	2023 Adirondack Long Course Championships
1:56.95	Y AA	F	200	Free	3/9/2023	Adirondack Gold Short Course Championships
2:24.29	L A	P	200	Free	7/20/2023	2023 Adirondack Long Course Championships
5:06.38	L BB	F	400	Free	7/20/2023	2023 Adirondack Long Course Championships
5:11.37	Y AA	F	500	Free	3/9/2023	Adirondack Gold Short Course Championships
18:40.70	Y AA	F	1650	Free	3/9/2023	Adirondack Gold Short Course Championships
1:11.04	Y B	F	100	Back	6/11/2023	Piranhas Summer Kick-Off Meet
1:27.38	Y	F	100	Breast	6/11/2023	Piranhas Summer Kick-Off Meet
59.07	Y AA	F	100	Fly	11/3/2022	Girls Sec II Division I Championships
1:16.63	L BB	P	100	Fly	7/20/2023	2023 Adirondack Long Course Championships
2:12.32	Y AA	P	200	Fly	3/9/2023	Adirondack Gold Short Course Championships
2:49.83	L BB	P	200	Fly	7/20/2023	2023 Adirondack Long Course Championships
2:30.72	Y BB	F	200	IM	6/11/2023	Piranhas Summer Kick-Off Meet
2:56.47	L BB	P	200	IM	7/20/2023	2023 Adirondack Long Course Championships
5:04.70	Y BB	F	400	IM	1/14/2023	Chris Goody IMX Challenge
6:12.65	L BB	F	400	IM	7/20/2023	2023 Adirondack Long Course Championships
<b>Addison Midgett (10) F</b>						
21.31	Y	F	25	Free	1/29/2023	Stingray Splash
52.09	Y	F	50	Free	1/29/2023	Stingray Splash
24.64	Y	F	25	Back	1/29/2023	Stingray Splash
31.04	Y	F	25	Breast	1/29/2023	Stingray Splash
<b>Shelby Midgett (18) F</b>						
1:36.27	Y	F	100	Breast	11/5/2022	Section VII Championships 2022
1:26.04	Y	F	100	Fly	11/5/2022	Section VII Championships 2022
<b>Shayla Mieu (15) F</b>						
28.24	Y BB	P	50	Free	3/9/2023	Adirondack Gold Short Course Championships
1:01.70	Y BB	P	100	Free	2/17/2023	2023 Region 1 Short Course Invitational
2:35.81	L BB	F	200	Free	7/7/2023	Hawks Summer Invitational 2023
5:59.50	Y BB	P	500	Free	11/3/2022	Girls Sec II Division I Championships
1:09.44	Y B	F	100	Back	3/3/2023	AD Silver Short Course Championships
2:34.59	Y B	P	200	Back	2/17/2023	2023 Region 1 Short Course Invitational
2:59.28	L B	F	200	Back	7/7/2023	Hawks Summer Invitational 2023
1:17.73	Y BB	F	100	Breast	3/9/2023	Adirondack Gold Short Course Championships
1:32.52	L B	P	100	Breast	7/20/2023	2023 Adirondack Long Course Championships
2:50.13	Y BB	P	200	Breast	3/9/2023	Adirondack Gold Short Course Championships
1:27.36	L	F	100	Fly	7/7/2023	Hawks Summer Invitational 2023
2:32.29	Y BB	P	200	IM	2/17/2023	2023 Region 1 Short Course Invitational
3:00.13	L B	P	200	IM	7/20/2023	2023 Adirondack Long Course Championships
5:36.03	Y B	F	400	IM	1/14/2023	Chris Goody IMX Challenge
<b>Isabella Miller (13) F</b>						
32.47	Y B	P	50	Free	1/6/2023	2023 Starfish Trophy Invitational
39.10	L	F	50	Free	7/20/2023	2023 Adirondack Long Course Championships
1:15.31	Y	P	100	Free	1/6/2023	2023 Starfish Trophy Invitational

UN-AD

UN-AD

BENN-AD

UN-AD

BFIN-AD

CPP-AD

### Individual Top Times

Time	P/F/S	Event			
<b>Isabella Miller (13) F</b>					
<b>CPP-AD</b>					
1:26.78 L	F	100 Free	7/20/2023	2023 Adirondack Long Course Championships	
3:24.24 L	F	200 Free	7/20/2023	2023 Adirondack Long Course Championships	
8:16.48 Y	F	500 Free	12/18/2022	Piranha's December Distance Invite	
42.38 Y	F	50 Back	10/22/2022	Trick or Treat Meet	
1:32.86 Y	F	100 Back	3/3/2023	AD Silver Short Course Championships	
3:21.33 Y	F	200 Back	12/18/2022	Piranha's December Distance Invite	
4:01.26 L	F	200 Back	7/20/2023	2023 Adirondack Long Course Championships	
41.55 Y	P	50 Breast	3/9/2023	Adirondack Gold Short Course Championships	
48.51 L	F	50 Breast	7/20/2023	2023 Adirondack Long Course Championships	
1:34.98 Y	F	100 Breast	2/12/2023	Piranha's Pentathlon	
1:51.58 L	F	100 Breast	7/20/2023	2023 Adirondack Long Course Championships	
3:30.15 Y	F	200 Breast	12/18/2022	Piranha's December Distance Invite	
3:56.22 L	F	200 Breast	7/20/2023	2023 Adirondack Long Course Championships	
45.11 Y	P	50 Fly	1/6/2023	2023 Starfish Trophy Invitational	
1:50.44 Y	F	100 Fly	2/12/2023	Piranha's Pentathlon	
1:27.79 Y	F	100 IM	11/12/2022	Fall frenzy	
<b>Alexandra Mirel (11) F</b>					
<b>ALBS-AD</b>					
33.90 Y L	F	25 Free	1/6/2023	2023 Starfish Trophy Invitational	
32.03 Y B	F	50 Free	3/9/2023	Adirondack Gold Short Course Championships	
1:13.80 Y	F	100 Free	3/9/2023	Adirondack Gold Short Course Championships	
2:49.88 Y	F	200 Free	3/3/2023	AD Silver Short Course Championships	
39.99 Y	F	50 Back	3/9/2023	Adirondack Gold Short Course Championships	
1:27.82 Y	F	100 Back	3/9/2023	Adirondack Gold Short Course Championships	
45.67 Y	F	50 Breast	3/9/2023	Adirondack Gold Short Course Championships	
1:40.96 Y	F	100 Breast	3/9/2023	Adirondack Gold Short Course Championships	
37.65 Y	F	50 Fly	3/9/2023	Adirondack Gold Short Course Championships	
1:23.04 Y B	F	100 IM	3/9/2023	Adirondack Gold Short Course Championships	
<b>Sofia Miron (14) F</b>					
<b>BFIN-AD</b>					
31.67 Y B	F	50 Free	3/3/2023	AD Silver Short Course Championships	
1:08.17 Y B	F	100 Free	3/3/2023	AD Silver Short Course Championships	
2:29.06 Y B	F	200 Free	3/3/2023	AD Silver Short Course Championships	
2:55.62 L	F	200 Free	7/7/2023	Hawks Summer Invitational 2023	
6:39.36 Y B	F	500 Free	11/12/2022	Fall frenzy	
35.67 Y L	F	50 Back	3/9/2023	Adirondack Gold Short Course Championships	
1:24.60 Y	F	100 Back	2/12/2023	Piranha's Pentathlon	
1:40.74 Y	F	100 Breast	2/12/2023	Piranha's Pentathlon	
3:36.12 Y	F	200 Breast	11/12/2022	Fall frenzy	
37.57 Y	F	50 Fly	10/22/2022	Trick or Treat Meet	
1:19.76 Y	F	100 Fly	2/12/2023	Piranha's Pentathlon	
3:00.56 Y	F	200 Fly	11/12/2022	Fall frenzy	
1:24.66 Y	F	100 IM	10/22/2022	Trick or Treat Meet	
2:50.10 Y	F	200 IM	3/3/2023	AD Silver Short Course Championships	
<b>Maris Mitchell (18) F</b>					
<b>ALBS-AD</b>					
27.54 Y BB	P	50 Free	12/9/2022	CNY Invite	
1:00.64 Y BB	P	100 Free	12/9/2022	CNY Invite	
2:07.33 Y BB	P	200 Free	12/9/2022	CNY Invite	
5:41.57 Y BB	P	500 Free	11/3/2022	Girls Sec II Division II Championships	
31.09 Y L	P	50 Back	11/3/2022	Girls Sec II Division II Championships	
1:06.50 Y BB	P	100 Back	11/3/2022	Girls Sec II Division II Championships	
2:25.36 Y BB	F	200 Back	1/6/2023	2023 Starfish Trophy Invitational	
30.08 Y	P	50 Fly	12/9/2022	CNY Invite	
2:23.94 Y BB	F	200 IM	12/9/2022	CNY Invite	
<b>Jacob Mitola (17) M</b>					
<b>CPP-AD</b>					
26.07 Y B	F	50 Free	3/3/2023	AD Silver Short Course Championships	
55.59 Y BB	F	100 Free	2/12/2023	Piranha's Pentathlon	
2:00.84 Y BB	F	200 Free	3/3/2023	AD Silver Short Course Championships	



### Individual Top Times

Time	P/F/S	Event				
<b>Jacob Mitola (17) M</b>						
5:37.90	Y B	F	500	Free	12/17/2022	Shen Boys Holiday Invite
1:09.24	Y	F	100	Back	2/12/2023	Piranha's Pentathlon
2:32.70	Y	F	200	Back	12/18/2022	Piranha's December Distance Invite
1:30.52	Y	F	100	Breast	2/12/2023	Piranha's Pentathlon
1:11.55	Y	F	100	Fly	2/12/2023	Piranha's Pentathlon
2:31.78	Y	F	200	IM	3/3/2023	AD Silver Short Course Championships
<b>Ashton Mittiga (13) M</b>						
35.02	Y	F	50	Free	3/3/2023	AD Silver Short Course Championships
1:17.21	Y	F	100	Free	6/11/2023	Piranhas Summer Kick-Off Meet
41.11	Y	F	50	Back	6/11/2023	Piranhas Summer Kick-Off Meet
43.02	Y	F	50	Breast	6/11/2023	Piranhas Summer Kick-Off Meet
1:24.12	Y	F	100	IM	6/11/2023	Piranhas Summer Kick-Off Meet
<b>Amber Mohamed (17) F</b>						
26.86	Y A	F	50	Free	3/3/2023	AD Silver Short Course Championships
58.75	Y BB	F	100	Free	3/3/2023	AD Silver Short Course Championships
1:10.13	S B	F	100	Free	5/21/2023	2023 Starfish Meter Madness
6:15.25	Y B	F	500	Free	12/18/2022	Piranha's December Distance Invite
30.54	Y	F	50	Back	12/9/2022	CNY Invite
1:05.29	Y BB	F	100	Back	1/6/2023	2023 Starfish Trophy Invitational
1:17.68	S B	F	100	Back	5/21/2023	2023 Starfish Meter Madness
2:27.85	Y BB	P	200	Back	3/9/2023	Adirondack Gold Short Course Championships
35.06	Y	F	50	Breast	12/9/2022	CNY Invite
1:13.99	Y BB	P	100	Breast	3/9/2023	Adirondack Gold Short Course Championships
1:31.97	S B	F	100	Breast	5/21/2023	2023 Starfish Meter Madness
2:48.17	Y BB	F	200	Breast	3/3/2023	AD Silver Short Course Championships
29.09	Y	F	50	Fly	12/9/2022	CNY Invite
1:06.16	Y BB	F	100	Fly	3/3/2023	AD Silver Short Course Championships
1:27.00	S	F	100	Fly	5/21/2023	2023 Starfish Meter Madness
1:21.28	S	F	100	IM	5/21/2023	2023 Starfish Meter Madness
2:28.64	Y BB	F	200	IM	1/6/2023	2023 Starfish Trophy Invitational
<b>Layla Mohanlall (11) F</b>						
1:37.58	Y	F	100	Free	10/22/2022	Trick or Treat Meet
51.83	Y	F	50	Back	10/22/2022	Trick or Treat Meet
<b>James Molnar (9) M</b>						
1:22.91	Y	F	50	Free	6/11/2023	Piranhas Summer Kick-Off Meet
1:39.08	S	F	50	Free	5/21/2023	2023 Starfish Meter Madness
1:21.25	S	F	50	Back	5/21/2023	2023 Starfish Meter Madness
<b>Emily Mongan (13) F</b>						
39.87	Y	F	50	Free	2/4/2023	Delmar Dolphins Febuary Freeze
57.50	Y	F	50	Fly	2/4/2023	Delmar Dolphins Febuary Freeze
1:51.66	Y	F	100	IM	2/4/2023	Delmar Dolphins Febuary Freeze
<b>Julia Mongan (11) F</b>						
44.58	Y	F	50	Free	2/4/2023	Delmar Dolphins Febuary Freeze
1:40.47	Y	F	100	Free	1/29/2023	Stingray Splash
1:00.73	Y	F	50	Breast	1/29/2023	Stingray Splash
1:53.78	Y	F	100	IM	2/4/2023	Delmar Dolphins Febuary Freeze
<b>Alice Montanini (11) F</b>						
39.42	Y	F	50	Free	6/11/2023	Piranhas Summer Kick-Off Meet
44.80	Y	F	50	Back	6/11/2023	Piranhas Summer Kick-Off Meet
54.15	Y	F	50	Breast	12/11/2022	Sharks 12 & Under Mini Meet
1:51.80	Y	F	100	IM	12/11/2022	Sharks 12 & Under Mini Meet
<b>Lyla Montanye (10) F</b>						
43.71	Y	F	50	Free	1/29/2023	Stingray Splash
49.18	Y	F	50	Back	1/29/2023	Stingray Splash
<b>Grace Moore (12) F</b>						
35.56	Y	F	50	Free	1/6/2023	2023 Starfish Trophy Invitational

### Individual Top Times

Time	P/F/S	Event			
<b>Grace Moore (12) F</b>					
1:20.40	Y	F	100 Free	3/3/2023	AD Silver Short Course Championships
39.46	Y	F	50 Back	2/4/2023	Delmar Dolphins Febuary Freeze
50.18	Y	F	50 Breast	1/6/2023	2023 Starfish Trophy Invitational
39.04	Y	F	50 Fly	1/6/2023	2023 Starfish Trophy Invitational
1:30.72	Y	F	100 IM	2/4/2023	Delmar Dolphins Febuary Freeze
<b>Isabel Moore (13) F</b>					
30.66	Y	B	50 Free	3/9/2023	Adirondack Gold Short Course Championships
1:09.20	Y	L	100 Free	3/9/2023	Adirondack Gold Short Course Championships
2:29.43	Y	B	200 Free	3/3/2023	AD Silver Short Course Championships
6:50.36	Y	F	500 Free	3/3/2023	AD Silver Short Course Championships
39.87	Y	F	50 Back	3/3/2023	AD Silver Short Course Championships
1:23.83	Y	F	100 Back	1/14/2023	Chris Goody IMX Challenge
3:06.22	Y	F	200 Back	12/18/2022	Piranha's December Distance Invite
42.65	Y	P	50 Breast	3/9/2023	Adirondack Gold Short Course Championships
1:39.81	Y	F	100 Breast	2/12/2023	Piranha's Pentathlon
1:25.27	Y	F	100 Fly	2/12/2023	Piranha's Pentathlon
1:19.71	Y	F	100 IM	3/3/2023	AD Silver Short Course Championships
2:58.65	Y	F	200 IM	3/3/2023	AD Silver Short Course Championships
<b>James Moore (18) M</b>					
24.32	Y	BB	50 Free	11/12/2022	Fall frenzy
53.97	Y	BB	100 Free	3/9/2023	Adirondack Gold Short Course Championships
1:57.57	Y	BB	200 Free	1/6/2023	2023 Starfish Trophy Invitational
25.26	Y	L	50 Back	2/16/2023	Boys Section 2 Division 1 Championships
54.11	Y	AA	100 Back	2/16/2023	Boys Section 2 Division 1 Championships
2:03.17	Y	A	200 Back	3/9/2023	Adirondack Gold Short Course Championships
54.33	Y	A	100 Fly	2/16/2023	Boys Section 2 Division 1 Championships
2:03.85	Y	A	200 Fly	3/9/2023	Adirondack Gold Short Course Championships
1:01.53	Y	F	100 IM	10/22/2022	Trick or Treat Meet
2:11.76	Y	BB	200 IM	2/4/2023	Delmar Dolphins Febuary Freeze
4:50.05	Y	BB	400 IM	11/12/2022	Fall frenzy
<b>Finn Morgan (18) M</b>					
28.15	Y	F	50 Free	1/14/2023	Canajoharie Developmental Meet
1:06.06	Y	F	100 Free	11/19/2022	CVSL Tri Meet
2:25.03	Y	F	200 Free	12/3/2022	CVSL Tri Meet
22:32.39	Y	F	1650 Free	1/22/2023	Mile Madness
1:06.11	Y	B	100 Back	1/14/2023	Canajoharie Developmental Meet
2:25.57	Y	F	200 Back	1/22/2023	Mile Madness
1:37.00	Y	F	100 Breast	12/3/2022	CVSL Tri Meet
1:10.48	Y	F	100 Fly	1/6/2023	2023 Starfish Trophy Invitational
<b>Lachlan Morgan (13) M</b>					
35.03	Y	F	50 Free	12/3/2022	CVSL Tri Meet
1:16.01	Y	F	100 Free	3/3/2023	AD Silver Short Course Championships
1:30.35	S	F	100 Free	5/21/2023	2023 Starfish Meter Madness
7:28.41	Y	F	500 Free	1/22/2023	Mile Madness
36.75	Y	F	50 Back	1/14/2023	Canajoharie Developmental Meet
1:24.17	Y	F	100 Back	2/26/2023	CVSL Championships
1:26.96	S	F	100 Back	5/21/2023	2023 Starfish Meter Madness
2:50.91	Y	F	200 Back	3/3/2023	AD Silver Short Course Championships
48.97	Y	F	50 Breast	12/3/2022	CVSL Tri Meet
36.10	Y	F	50 Fly	3/3/2023	AD Silver Short Course Championships
1:26.52	Y	F	100 IM	11/5/2022	First Splash
1:37.03	S	F	100 IM	5/21/2023	2023 Starfish Meter Madness
<b>Madelyn Morse (15) F</b>					
27.72	Y	BB	50 Free	11/3/2022	Girls Sec II Division I Championships
1:18.49	Y	BB	100 Breast	11/3/2022	Girls Sec II Division I Championships
<b>Sophia Morse (18) F</b>					

**DELM-AD**

**USAM-AD**

**DELM-AD**

**CLRK-AD**

**CLRK-AD**

**UN-AD**

**DELM-AD**

### Individual Top Times

Time	P/F/S	Event	
<b>Sophia Morse (18) F</b>			<b>DELM-AD</b>
27.59 Y BB F	50 Free	3/3/2023	AD Silver Short Course Championships
1:00.15 Y BB F	100 Free	3/3/2023	AD Silver Short Course Championships
1:10.77 Y B F	100 Back	3/3/2023	AD Silver Short Course Championships
1:17.79 Y BB F	100 Breast	3/3/2023	AD Silver Short Course Championships
1:08.64 Y B F	100 Fly	10/15/2022	Colonial Council Invitational
2:29.19 Y BB P	200 IM	11/3/2022	Girls Sec II Division I Championships
<b>Karim Mosaad (16) M</b>			<b>NHA-AD</b>
23.95 Y A P	50 Free	3/9/2023	Adirondack Gold Short Course Championships
52.08 Y A P	100 Free	3/9/2023	Adirondack Gold Short Course Championships
1:53.20 Y A P	200 Free	3/9/2023	Adirondack Gold Short Course Championships
2:19.58 L BB F	200 Free	7/1/2023	Niagara LSC LC Super Circuit Meet
5:07.13 Y A F	500 Free	3/3/2023	AD Silver Short Course Championships
58.63 Y BB F	100 Back	3/3/2023	AD Silver Short Course Championships
1:04.32 Y A F	100 Breast	3/9/2023	Adirondack Gold Short Course Championships
1:22.42 L BB F	100 Breast	7/1/2023	Niagara LSC LC Super Circuit Meet
2:23.26 Y A F	200 Breast	3/3/2023	AD Silver Short Course Championships
58.43 Y BB P	100 Fly	3/9/2023	Adirondack Gold Short Course Championships
1:13.22 L B F	100 Fly	7/1/2023	Niagara LSC LC Super Circuit Meet
2:06.69 Y A F	200 IM	3/9/2023	Adirondack Gold Short Course Championships
4:35.88 Y A F	400 IM	3/3/2023	AD Silver Short Course Championships
5:41.17 L BB F	400 IM	7/1/2023	Niagara LSC LC Super Circuit & Distance Meet
<b>Ella Mossing (14) F</b>			<b>GRGF-AD</b>
34.13 Y F	50 Free	12/11/2022	Sharks 12 & Under Mini Meet
1:13.29 Y P	100 Free	1/6/2023	2023 Starfish Trophy Invitational
36.28 Y F	50 Back	1/6/2023	2023 Starfish Trophy Invitational
1:30.25 Y F	100 Back	11/12/2022	Fall frenzy
1:28.94 Y P	100 IM	1/6/2023	2023 Starfish Trophy Invitational
<b>Anthony Motyka (14) M</b>			<b>ALBS-AD</b>
33.11 Y F	50 Free	3/3/2023	AD Silver Short Course Championships
1:13.46 Y F	100 Free	3/3/2023	AD Silver Short Course Championships
1:21.52 S F	100 Free	5/21/2023	2023 Starfish Meter Madness
2:41.59 Y F	200 Free	6/11/2023	Piranhas Summer Kick-Off Meet
41.96 Y F	50 Back	3/3/2023	AD Silver Short Course Championships
1:40.40 S F	100 Back	5/21/2023	2023 Starfish Meter Madness
<b>Kayden Mowry (13) M</b>			<b>USAM-AD</b>
24.93 Y A F	50 Free	3/29/2023	2023 Eastern Zone SC Age Group Championships
27.65 L AA P	50 Free	8/2/2023	2023 Summer Elite Showcase
54.36 Y A F	100 Free	3/29/2023	2023 Eastern Zone SC Age Group Championships
1:00.15 L AA F	100 Free	8/2/2023	2023 Summer Elite Showcase
1:00.92 S A F	100 Free	5/21/2023	2023 Starfish Meter Madness
2:05.54 Y BB F	200 Free	1/6/2023	2023 Starfish Trophy Invitational
2:12.81 L AA F	200 Free	8/2/2023	2023 Summer Elite Showcase
4:46.67 L AA F	400 Free	8/2/2023	2023 Summer Elite Showcase
5:26.73 Y A F	500 Free	1/27/2023	2023 USAS IMX Games
32.64 Y F	50 Back	2/4/2023	Delmar Dolphins Febuary Freeze
1:08.62 Y B F	100 Back	2/12/2023	Piranha's Pentathlon
1:16.74 L BB F	100 Back	7/7/2023	Hawks Summer Invitational 2023
1:19.20 S B F	100 Back	5/21/2023	2023 Starfish Meter Madness
2:29.37 Y B F	200 Back	12/18/2022	Piranha's December Distance Invite
32.83 Y F	50 Breast	3/29/2023	2023 Eastern Zone SC Age Group Championships
36.59 L F	50 Breast	8/2/2023	2023 Summer Elite Showcase
1:11.61 Y BB F	100 Breast	3/29/2023	2023 Eastern Zone SC Age Group Championships
1:20.45 L A F	100 Breast	8/2/2023	2023 Summer Elite Showcase
1:21.76 S BB F	100 Breast	5/21/2023	2023 Starfish Meter Madness
2:35.23 Y BB P	200 Breast	12/8/2022	32nd Annual Speedo Winter Championships
2:51.61 L A F	200 Breast	8/2/2023	2023 Summer Elite Showcase

### Individual Top Times

Time	P/F/S	Event			
<b>Kayden Mowry (13) M</b>					
29.70	Y	P	50 Fly	1/6/2023	2023 Starfish Trophy Invitational
31.28	L	F	50 Fly	7/7/2023	Hawks Summer Invitational 2023
1:03.56	Y	BB	100 Fly	3/9/2023	Adirondack Gold Short Course Championships
1:10.05	L	BB	100 Fly	8/2/2023	2023 Summer Elite Showcase
1:10.76	S	BB	100 Fly	5/21/2023	2023 Starfish Meter Madness
1:03.88	Y	F	100 IM	6/11/2023	Piranhas Summer Kick-Off Meet
1:13.50	S	F	100 IM	5/21/2023	2023 Starfish Meter Madness
2:21.33	Y	BB	200 IM	1/14/2023	Chris Goody IMX Challenge
2:33.13	L	A	200 IM	8/2/2023	2023 Summer Elite Showcase
5:02.35	Y	BB	400 IM	12/18/2022	Piranha's December Distance Invite
<b>Kyle Mowry (13) M</b>					
29.12	Y	B	50 Free	6/11/2023	Piranhas Summer Kick-Off Meet
32.57	L	B	50 Free	7/20/2023	2023 Adirondack Long Course Championships
1:04.18	Y	B	100 Free	3/9/2023	Adirondack Gold Short Course Championships
1:10.97	L	B	100 Free	8/2/2023	2023 Summer Elite Showcase
1:12.45	S	B	100 Free	5/21/2023	2023 Starfish Meter Madness
2:18.98	Y	B	200 Free	3/9/2023	Adirondack Gold Short Course Championships
2:38.00	L	B	200 Free	8/2/2023	2023 Summer Elite Showcase
6:06.79	Y	B	500 Free	3/9/2023	Adirondack Gold Short Course Championships
37.69	Y	F	50 Back	6/11/2023	Piranhas Summer Kick-Off Meet
42.92	L	P	50 Back	8/2/2023	2023 Summer Elite Showcase
1:19.64	Y	F	100 Back	3/3/2023	AD Silver Short Course Championships
1:27.95	S	F	100 Back	5/21/2023	2023 Starfish Meter Madness
1:30.45	L	F	100 Back	7/7/2023	Hawks Summer Invitational 2023
2:49.92	Y	F	200 Back	3/3/2023	AD Silver Short Course Championships
36.19	Y	F	50 Breast	6/11/2023	Piranhas Summer Kick-Off Meet
40.75	L	F	50 Breast	7/7/2023	Hawks Summer Invitational 2023
1:24.03	Y	F	100 Breast	1/14/2023	Chris Goody IMX Challenge
1:29.60	L	B	100 Breast	7/7/2023	Hawks Summer Invitational 2023
1:31.53	S	F	100 Breast	5/21/2023	2023 Starfish Meter Madness
2:58.58	Y	F	200 Breast	3/9/2023	Adirondack Gold Short Course Championships
3:15.31	L	B	200 Breast	8/2/2023	2023 Summer Elite Showcase
35.90	Y	F	50 Fly	3/3/2023	AD Silver Short Course Championships
38.13	L	P	50 Fly	8/2/2023	2023 Summer Elite Showcase
1:25.84	Y	F	100 Fly	3/3/2023	AD Silver Short Course Championships
1:31.10	S	F	100 Fly	5/21/2023	2023 Starfish Meter Madness
1:32.36	L	F	100 Fly	7/7/2023	Hawks Summer Invitational 2023
1:16.81	Y	F	100 IM	3/9/2023	Adirondack Gold Short Course Championships
1:28.29	S	F	100 IM	5/21/2023	2023 Starfish Meter Madness
2:39.72	Y	B	200 IM	1/6/2023	2023 Starfish Trophy Invitational
3:00.67	L	B	200 IM	8/2/2023	2023 Summer Elite Showcase
<b>Maeve Moynahan (12) F</b>					
32.17	Y	B	50 Free	3/3/2023	AD Silver Short Course Championships
1:11.35	Y	B	100 Free	3/3/2023	AD Silver Short Course Championships
2:41.25	Y	F	200 Free	1/14/2023	Chris Goody IMX Challenge
35.90	Y	B	50 Back	3/3/2023	AD Silver Short Course Championships
1:20.07	Y	B	100 Back	3/3/2023	AD Silver Short Course Championships
44.87	Y	F	50 Breast	3/3/2023	AD Silver Short Course Championships
1:43.15	Y	F	100 Breast	1/14/2023	Chris Goody IMX Challenge
37.45	Y	F	50 Fly	1/29/2023	Stingray Splash
1:27.06	Y	F	100 Fly	1/14/2023	Chris Goody IMX Challenge
1:20.97	Y	B	100 IM	3/3/2023	AD Silver Short Course Championships
2:52.26	Y	B	200 IM	3/3/2023	AD Silver Short Course Championships
<b>Juliana Muldner (14) F</b>					
32.23	Y	B	50 Free	3/3/2023	AD Silver Short Course Championships
1:13.76	Y	F	100 Free	12/11/2022	Sharks 12 & Under Mini Meet
2:38.45	Y	F	200 Free	3/3/2023	AD Silver Short Course Championships

USAM-AD

USAM-AD

SCHE-AD

SCHE-AD

### Individual Top Times

Time	P/F/S	Event			
<b>Juliana Muldner (14) F</b>					
7:17.19	Y	F	500	Free	1/14/2023 Chris Goody IMX Challenge
37.99	Y	F	50	Back	12/11/2022 Sharks 12 & Under Mini Meet
1:24.02	Y	F	100	Back	3/3/2023 AD Silver Short Course Championships
2:53.34	Y	F	200	Back	3/3/2023 AD Silver Short Course Championships
44.20	Y	F	50	Breast	10/22/2022 Trick or Treat Meet
1:34.76	Y	F	100	Breast	3/3/2023 AD Silver Short Course Championships
3:19.62	Y	F	200	Breast	3/3/2023 AD Silver Short Course Championships
40.53	Y	F	50	Fly	12/11/2022 Sharks 12 & Under Mini Meet
1:26.71	Y	F	100	IM	10/22/2022 Trick or Treat Meet
2:57.55	Y	F	200	IM	3/3/2023 AD Silver Short Course Championships
6:34.13	Y	F	400	IM	1/14/2023 Chris Goody IMX Challenge
<b>Marina Muldner (15) F</b>					
26.87	Y	A	50	Free	3/9/2023 Adirondack Gold Short Course Championships
31.84	L	BB	50	Free	7/20/2023 2023 Adirondack Long Course Championships
58.67	Y	L	100	Free	3/9/2023 Adirondack Gold Short Course Championships
2:16.75	Y	BB	200	Free	3/3/2023 AD Silver Short Course Championships
2:36.30	L	BB	200	Free	7/20/2023 2023 Adirondack Long Course Championships
6:06.25	Y	BB	500	Free	3/3/2023 AD Silver Short Course Championships
1:05.37	Y	BB	100	Back	3/9/2023 Adirondack Gold Short Course Championships
1:24.20	L	B	100	Back	7/20/2023 2023 Adirondack Long Course Championships
2:37.83	Y	B	200	Back	2/17/2023 2023 Region 1 Short Course Invitational
1:22.75	Y	B	100	Breast	3/3/2023 AD Silver Short Course Championships
2:54.12	Y	B	200	Breast	3/3/2023 AD Silver Short Course Championships
1:03.31	Y	A	100	Fly	11/3/2022 Girls Sec II Division II Championships
1:15.76	L	BB	100	Fly	7/20/2023 2023 Adirondack Long Course Championships
2:29.05	Y	BB	200	Fly	3/9/2023 Adirondack Gold Short Course Championships
2:54.24	L	B	200	Fly	7/20/2023 2023 Adirondack Long Course Championships
2:29.21	Y	BB	200	IM	11/3/2022 Girls Sec II Division II Championships
<b>Mitchell Muldner (12) M</b>					
31.76	Y	B	50	Free	3/9/2023 Adirondack Gold Short Course Championships
36.25	L	B	50	Free	7/20/2023 2023 Adirondack Long Course Championships
1:11.71	Y	F	100	Free	3/9/2023 Adirondack Gold Short Course Championships
2:38.59	Y	F	200	Free	3/9/2023 Adirondack Gold Short Course Championships
3:00.22	L	F	200	Free	7/20/2023 2023 Adirondack Long Course Championships
38.27	Y	F	50	Back	3/9/2023 Adirondack Gold Short Course Championships
44.32	L	F	50	Back	7/20/2023 2023 Adirondack Long Course Championships
1:20.13	Y	B	100	Back	3/9/2023 Adirondack Gold Short Course Championships
47.49	Y	F	50	Breast	12/11/2022 Sharks 12 & Under Mini Meet
1:38.06	Y	F	100	Breast	3/9/2023 Adirondack Gold Short Course Championships
1:50.74	L	F	100	Breast	7/20/2023 2023 Adirondack Long Course Championships
40.88	Y	F	50	Fly	3/9/2023 Adirondack Gold Short Course Championships
43.91	L	F	50	Fly	7/20/2023 2023 Adirondack Long Course Championships
1:43.12	Y	F	100	Fly	1/14/2023 Chris Goody IMX Challenge
1:46.72	L	F	100	Fly	7/20/2023 2023 Adirondack Long Course Championships
1:22.21	Y	F	100	IM	3/9/2023 Adirondack Gold Short Course Championships
2:58.12	Y	F	200	IM	1/14/2023 Chris Goody IMX Challenge
<b>Jack Mulholland (11) M</b>					
38.96	Y	F	50	Free	3/3/2023 AD Silver Short Course Championships
1:34.40	Y	F	100	Free	1/29/2023 Stingray Splash
46.62	Y	F	50	Back	3/3/2023 AD Silver Short Course Championships
1:01.70	Y	F	50	Breast	1/29/2023 Stingray Splash
<b>Riley Mullineaux (16) F</b>					
30.86	Y	B	50	Free	1/29/2023 Stingray Splash
1:06.40	Y	B	100	Free	2/4/2023 Delmar Dolphins Febuary Freeze
2:15.48	Y	BB	200	Free	11/3/2022 Girls Sec II Division I Championships
6:05.97	Y	BB	500	Free	12/18/2022 Piranha's December Distance Invite

SCHE-AD

SCHE-AD

SCHE-AD

SARY-AD

SARY-AD

### Individual Top Times

Time	P/F/S	Event				
<b>Riley Mullineaux (16) F</b>						
37.35	Y L	F	50	Back	2/4/2023	Delmar Dolphins Febuary Freeze
<b>Evelynn Munn (11) F</b>						
52.34	L	F	50	Free	7/1/2023	Niagara LSC LC Super Circuit Meet
1:01.25	L	F	50	Back	7/1/2023	Niagara LSC LC Super Circuit Meet
1:10.44	L	F	50	Breast	7/1/2023	Niagara LSC LC Super Circuit Meet
<b>Eleanora Murphy (16) F</b>						
31.36	Y B	P	50	Free	1/6/2023	2023 Starfish Trophy Invitational
34.24	L B	F	50	Free	7/7/2023	Hawks Summer Invitational 2023
1:13.31	Y	P	100	Free	1/6/2023	2023 Starfish Trophy Invitational
35.57	Y L	F	50	Back	1/6/2023	2023 Starfish Trophy Invitational
1:17.40	Y	P	100	Back	1/6/2023	2023 Starfish Trophy Invitational
1:32.58	L	F	100	Back	7/7/2023	Hawks Summer Invitational 2023
1:32.90	Y	P	100	Breast	1/6/2023	2023 Starfish Trophy Invitational
<b>Aidan Murray (15) M</b>						
37.87	Y	F	50	Free	1/29/2023	Stingray Splash
1:23.61	Y	F	100	Free	2/4/2023	2023 Winter Blast
3:12.38	Y	F	200	Free	2/4/2023	2023 Winter Blast
1:37.99	Y	F	100	Back	2/4/2023	2023 Winter Blast
3:47.45	Y	F	200	Back	12/3/2022	2022 North Country Invitational
1:38.31	Y	F	100	Breast	2/4/2023	2023 Winter Blast
3:31.98	Y	F	200	Breast	12/3/2022	2022 North Country Invitational
<b>Lochlan Murray (8) M</b>						
42.92	Y	F	25	Free	1/14/2023	Canajoharie Developmental Meet
35.02	Y	F	25	Back	2/26/2023	CVSL Championships
<b>Logan Murray (15) M</b>						
31.91	Y	F	50	Free	2/4/2023	2023 Winter Blast
1:09.86	Y	F	100	Free	2/4/2023	2023 Winter Blast
2:31.83	Y	F	200	Free	2/4/2023	2023 Winter Blast
1:24.27	Y	F	100	Back	2/4/2023	2023 Winter Blast
3:01.05	Y	F	200	Back	12/3/2022	2022 North Country Invitational
1:32.48	Y	F	100	Breast	2/4/2023	2023 Winter Blast
<b>Ella Nacheman (16) F</b>						
29.04	Y BB	F	50	Free	6/11/2023	Piranhas Summer Kick-Off Meet
1:04.49	Y B	F	100	Free	2/4/2023	Delmar Dolphins Febuary Freeze
1:14.81	Y	F	100	Back	6/11/2023	Piranhas Summer Kick-Off Meet
1:28.34	Y	F	100	Breast	2/4/2023	Delmar Dolphins Febuary Freeze
1:12.03	Y B	F	100	Fly	10/8/2022	Shenendehowa Girls Invitational
2:37.97	Y B	F	200	IM	2/4/2023	Delmar Dolphins Febuary Freeze
<b>Carter Napierski (13) M</b>						
34.13	Y	F	50	Free	2/4/2023	Delmar Dolphins Febuary Freeze
1:16.90	Y	F	100	Free	3/3/2023	AD Silver Short Course Championships
49.98	Y	F	50	Back	3/3/2023	AD Silver Short Course Championships
40.39	Y	F	50	Breast	3/9/2023	Adirondack Gold Short Course Championships
1:33.62	Y	F	100	Breast	3/3/2023	AD Silver Short Course Championships
3:26.26	Y	F	200	Breast	3/3/2023	AD Silver Short Course Championships
46.55	Y	F	50	Fly	2/4/2023	Delmar Dolphins Febuary Freeze
1:30.66	Y	F	100	IM	3/3/2023	AD Silver Short Course Championships
<b>Julia Napoli (17) F</b>						
25.90	Y A	F	50	Free	1/6/2023	2023 Starfish Trophy Invitational
28.67	L AA	F	50	Free	7/7/2023	Hawks Summer Invitational 2023
56.28	Y A	P	100	Free	1/6/2023	2023 Starfish Trophy Invitational
2:03.60	Y A	P	200	Free	3/9/2023	Adirondack Gold Short Course Championships
28.40	Y L	F	50	Back	3/9/2023	Adirondack Gold Short Course Championships
1:01.34	Y A	F	100	Back	3/9/2023	Adirondack Gold Short Course Championships
1:15.76	L BB	F	100	Back	7/7/2023	Hawks Summer Invitational 2023
2:12.68	Y A	F	200	Back	3/9/2023	Adirondack Gold Short Course Championships

### Individual Top Times

Time	P/F/S	Event				
<b>Julia Napoli (17) F</b>						
2:49.48	L BB	F	200	Back	7/7/2023	Hawks Summer Invitational 2023
1:15.57	Y BB	P	100	Breast	2/17/2023	2023 Region 1 Short Course Invitational
1:01.08	Y A	F	100	Fly	3/9/2023	Adirondack Gold Short Course Championships
1:13.03	L BB	F	100	Fly	7/7/2023	Hawks Summer Invitational 2023
1:04.29	Y	F	100	IM	10/22/2022	Trick or Treat Meet
2:18.63	Y A	P	200	IM	2/17/2023	2023 Region 1 Short Course Invitational
4:55.93	Y A	F	400	IM	3/3/2023	AD Silver Short Course Championships
6:02.13	L BB	F	400	IM	7/7/2023	Hawks Summer Invitational 2023
<b>Nicholas Napoli (15) M</b>						
24.39	Y A	F	50	Free	3/9/2023	Adirondack Gold Short Course Championships
26.99	L A	F	50	Free	7/7/2023	Hawks Summer Invitational 2023
53.57	Y BB	F	100	Free	3/9/2023	Adirondack Gold Short Course Championships
2:28.13	L B	F	200	Free	7/7/2023	Hawks Summer Invitational 2023
1:07.24	Y B	F	100	Back	3/3/2023	AD Silver Short Course Championships
1:07.42	Y BB	F	100	Breast	3/9/2023	Adirondack Gold Short Course Championships
2:30.17	Y BB	F	200	Breast	3/9/2023	Adirondack Gold Short Course Championships
2:58.01	L BB	F	200	Breast	7/7/2023	Hawks Summer Invitational 2023
59.06	Y BB	P	100	Fly	3/9/2023	Adirondack Gold Short Course Championships
1:13.65	L B	F	100	Fly	7/7/2023	Hawks Summer Invitational 2023
1:07.85	Y	F	100	IM	10/22/2022	Trick or Treat Meet
2:14.04	Y BB	F	200	IM	3/9/2023	Adirondack Gold Short Course Championships
<b>Dylan Nappi (7) M</b>						
34.35	Y	F	25	Free	3/3/2023	AD Silver Short Course Championships
1:36.63	Y	F	50	Free	2/4/2023	Delmar Dolphins Febuary Freeze
39.14	Y	F	25	Back	1/14/2023	Canajoharie Developmental Meet
<b>Alexis Nappi (9) F</b>						
22.29	Y	F	25	Free	3/3/2023	AD Silver Short Course Championships
49.05	Y	F	50	Free	2/4/2023	Delmar Dolphins Febuary Freeze
24.56	Y	F	25	Back	1/14/2023	Canajoharie Developmental Meet
52.42	Y	F	50	Back	2/4/2023	Delmar Dolphins Febuary Freeze
32.07	Y	F	25	Breast	3/3/2023	AD Silver Short Course Championships
1:11.92	Y	F	50	Breast	3/3/2023	AD Silver Short Course Championships
27.35	Y	F	25	Fly	3/3/2023	AD Silver Short Course Championships
58.90	Y	F	50	Fly	3/3/2023	AD Silver Short Course Championships
<b>Lucas Nappi (11) M</b>						
37.16	Y	F	50	Free	3/3/2023	AD Silver Short Course Championships
1:26.18	Y	F	100	Free	3/3/2023	AD Silver Short Course Championships
3:02.13	Y	F	200	Free	3/3/2023	AD Silver Short Course Championships
45.64	Y	F	50	Back	3/3/2023	AD Silver Short Course Championships
55.08	Y	F	50	Breast	2/4/2023	Delmar Dolphins Febuary Freeze
46.83	Y	F	50	Fly	1/14/2023	Canajoharie Developmental Meet
1:35.36	Y	F	100	IM	1/14/2023	Canajoharie Developmental Meet
<b>Aarit Narang (14) M</b>						
30.60	Y	F	50	Free	6/11/2023	Piranhas Summer Kick-Off Meet
1:21.80	Y	F	100	Free	11/12/2022	Fall frenzy
2:47.18	Y	F	200	Free	6/11/2023	Piranhas Summer Kick-Off Meet
3:13.39	L	F	200	Free	7/7/2023	Hawks Summer Invitational 2023
46.12	Y	F	50	Back	10/22/2022	Trick or Treat Meet
1:31.00	Y	F	100	Back	6/11/2023	Piranhas Summer Kick-Off Meet
3:22.45	Y	F	200	Back	12/18/2022	Piranha's December Distance Invite
3:44.51	L	F	200	Back	7/7/2023	Hawks Summer Invitational 2023
58.81	Y	F	50	Breast	10/22/2022	Trick or Treat Meet
1:43.65	Y	F	100	Breast	6/11/2023	Piranhas Summer Kick-Off Meet
2:22.75	L	F	100	Fly	7/7/2023	Hawks Summer Invitational 2023
1:39.57	Y	F	100	IM	11/12/2022	Fall frenzy
<b>Aarohi Narang (9) F</b>						

HAWK-AD

HAWK-AD

SCHE-AD

SCHE-AD

SCHE-AD

CPP-AD

CPP-AD

### Individual Top Times

Time	P/F/S	Event			
<b>Aarohi Narang (9) F</b> <span style="float: right;"><b>CPP-AD</b></span>					
33.47 Y	F	25 Free	10/29/2022	Starfish Fall Spooktacular	
1:14.07 Y	F	50 Free	6/11/2023	Piranhas Summer Kick-Off Meet	
1:16.45 S	F	50 Free	5/21/2023	2023 Starfish Meter Madness	
2:52.81 Y	F	100 Free	6/11/2023	Piranhas Summer Kick-Off Meet	
39.17 Y	F	25 Back	11/12/2022	Fall frenzy	
1:11.17 Y	F	50 Back	6/11/2023	Piranhas Summer Kick-Off Meet	
1:16.02 S	F	50 Back	5/21/2023	2023 Starfish Meter Madness	
1:00.70 Y	F	25 Fly	11/12/2022	Fall frenzy	
<b>Abigail Nelson (19) F</b> <span style="float: right;"><b>ALBS-AD</b></span>					
26.93 Y	F	50 Free	1/6/2023	2023 Starfish Trophy Invitational	
59.90 Y	P	100 Free	1/6/2023	2023 Starfish Trophy Invitational	
2:15.55 Y	P	200 Free	12/9/2022	CNY Invite	
31.25 Y	P	50 Back	12/9/2022	CNY Invite	
1:05.96 Y	F	100 Back	12/9/2022	CNY Invite	
2:21.42 Y	F	200 Back	12/9/2022	CNY Invite	
<b>Quinn Nelson (17) M</b> <span style="float: right;"><b>SCHE-AD</b></span>					
22.19 Y L AA	F	50 Free	3/9/2023	Adirondack Gold Short Course Championships	
25.94 L L AA	F	50 Free	8/3/2023	LC Senior Zone Championship	
47.08 Y L AAA	F	100 Free	3/9/2023	Adirondack Gold Short Course Championships	
55.50 L L AA	F	100 Free	8/3/2023	LC Senior Zone Championship	
1:44.98 Y AA	F	200 Free	3/9/2023	Adirondack Gold Short Course Championships	
2:01.37 L AAA	P	200 Free	7/20/2023	2023 Adirondack Long Course Championships	
4:43.46 Y AAA	F	500 Free	3/9/2023	Adirondack Gold Short Course Championships	
25.02 Y L	F	50 Back	3/9/2023	Adirondack Gold Short Course Championships	
51.97 Y AAA	F	100 Back	3/9/2023	Adirondack Gold Short Course Championships	
59.80 L AAA	F	100 Back	8/3/2023	LC Senior Zone Championship	
1:51.00 Y AAA	F	200 Back	3/9/2023	Adirondack Gold Short Course Championships	
2:06.64 L AAAA	P	200 Back	8/3/2023	LC Senior Zone Championship	
52.18 Y AA	P	100 Fly	3/9/2023	Adirondack Gold Short Course Championships	
1:00.63 L AA	P	100 Fly	7/20/2023	2023 Adirondack Long Course Championships	
1:54.24 Y AAA	F	200 Fly	3/9/2023	Adirondack Gold Short Course Championships	
2:14.49 L AA	F	200 Fly	7/20/2023	2023 Adirondack Long Course Championships	
59.91 Y	F	100 IM	10/22/2022	Trick or Treat Meet	
1:56.92 Y AA	F	200 IM	2/16/2023	Boys Section 2 Division 1 Championships	
2:11.94 L AAA	P	200 IM	8/3/2023	LC Senior Zone Championship	
3:59.71 Y AAAA	F	400 IM	3/9/2023	Adirondack Gold Short Course Championships	
4:40.86 L AAA	P	400 IM	8/3/2023	LC Senior Zone Championship	
<b>Elsie Ness (14) F</b> <span style="float: right;"><b>SCHE-AD</b></span>					
33.04 Y	F	50 Free	10/22/2022	Trick or Treat Meet	
1:12.22 Y	F	100 Free	3/3/2023	AD Silver Short Course Championships	
2:34.80 Y	F	200 Free	3/3/2023	AD Silver Short Course Championships	
6:57.19 Y	F	500 Free	1/14/2023	Chris Goody IMX Challenge	
1:19.82 Y	F	100 Back	1/29/2023	Stingray Splash	
2:50.20 Y	F	200 Back	3/3/2023	AD Silver Short Course Championships	
1:31.23 Y	F	100 Breast	3/3/2023	AD Silver Short Course Championships	
3:19.90 Y	F	200 Breast	3/3/2023	AD Silver Short Course Championships	
37.75 Y	F	50 Fly	10/22/2022	Trick or Treat Meet	
1:22.87 Y	F	100 IM	10/22/2022	Trick or Treat Meet	
2:50.63 Y	F	200 IM	3/3/2023	AD Silver Short Course Championships	
6:09.15 Y	F	400 IM	1/14/2023	Chris Goody IMX Challenge	
<b>Cora Newcomb (11) F</b> <span style="float: right;"><b>HAWK-AD</b></span>					
34.89 Y	F	50 Free	3/9/2023	Adirondack Gold Short Course Championships	
38.76 L	F	50 Free	7/7/2023	Hawks Summer Invitational 2023	
1:19.57 Y	F	100 Free	1/6/2023	2023 Starfish Trophy Invitational	
1:27.96 L	F	100 Free	7/7/2023	Hawks Summer Invitational 2023	
39.89 Y	F	50 Back	3/9/2023	Adirondack Gold Short Course Championships	



### Individual Top Times

Time	P/F/S	Event				
<b>Cora Newcomb (11) F</b>						
49.07	L	F	50	Back	7/7/2023 Hawks Summer Invitational 2023	
1:29.01	Y	F	100	Back	3/9/2023 Adirondack Gold Short Course Championships	
50.43	Y	F	50	Breast	3/3/2023 AD Silver Short Course Championships	
1:52.87	Y	F	100	Breast	3/3/2023 AD Silver Short Course Championships	
2:11.49	L	F	100	Breast	7/7/2023 Hawks Summer Invitational 2023	
37.98	Y	F	50	Fly	10/22/2022 Trick or Treat Meet	
43.01	L	F	50	Fly	7/7/2023 Hawks Summer Invitational 2023	
1:28.03	Y	F	100	Fly	3/9/2023 Adirondack Gold Short Course Championships	
1:29.14	Y	F	100	IM	3/3/2023 AD Silver Short Course Championships	
<b>Lucy Newcomb (14) F</b>						
28.36	Y	BB	F	50	Free	1/6/2023 2023 Starfish Trophy Invitational
33.06	L	BB	F	50	Free	7/7/2023 Hawks Summer Invitational 2023
1:06.62	Y	B	P	100	Free	1/6/2023 2023 Starfish Trophy Invitational
2:27.28	Y	B	P	200	Free	1/6/2023 2023 Starfish Trophy Invitational
2:46.14	L	B	F	200	Free	7/7/2023 Hawks Summer Invitational 2023
6:28.27	Y	B	F	500	Free	10/22/2022 Trick or Treat Meet
1:12.50	Y	B	F	100	Back	2/12/2023 Piranha's Pentathlon
1:27.49	L	B	F	100	Back	7/7/2023 Hawks Summer Invitational 2023
1:26.62	Y	B	F	100	Breast	3/3/2023 AD Silver Short Course Championships
1:10.23	Y	BB	F	100	Fly	1/6/2023 2023 Starfish Trophy Invitational
1:27.96	L	F	F	100	Fly	7/7/2023 Hawks Summer Invitational 2023
2:51.92	Y	F	F	200	Fly	1/6/2023 2023 Starfish Trophy Invitational
1:15.66	Y	F	F	100	IM	10/22/2022 Trick or Treat Meet
2:38.33	Y	B	F	200	IM	1/6/2023 2023 Starfish Trophy Invitational
<b>Andrew Ngai (11) M</b>						
59.41	Y	F	50	Free	3/3/2023 AD Silver Short Course Championships	
2:31.94	Y	F	100	Free	10/22/2022 Trick or Treat Meet	
53.13	Y	F	50	Back	3/3/2023 AD Silver Short Course Championships	
1:08.89	Y	F	50	Breast	6/11/2023 Piranhas Summer Kick-Off Meet	
1:12.54	Y	F	50	Fly	6/11/2023 Piranhas Summer Kick-Off Meet	
<b>Elynn Nichols (12) F</b>						
1:16.75	Y	F	50	Back	10/23/2022 2022 Swimtober	
<b>Elena Nicola (12) F</b>						
41.19	Y	F	50	Free	2/4/2023 Delmar Dolphins Febuary Freeze	
1:37.53	Y	F	100	Free	1/29/2023 Stingray Splash	
47.97	Y	F	50	Back	2/4/2023 Delmar Dolphins Febuary Freeze	
54.63	Y	F	50	Breast	2/4/2023 Delmar Dolphins Febuary Freeze	
<b>Sloka Nimmagadda (12) F</b>						
39.09	Y	F	50	Free	3/3/2023 AD Silver Short Course Championships	
45.22	S	F	50	Free	5/21/2023 2023 Starfish Meter Madness	
1:28.80	Y	F	100	Free	3/3/2023 AD Silver Short Course Championships	
3:13.00	Y	F	200	Free	1/6/2023 2023 Starfish Trophy Invitational	
43.83	Y	F	50	Back	3/3/2023 AD Silver Short Course Championships	
48.78	S	F	50	Back	5/21/2023 2023 Starfish Meter Madness	
1:36.54	Y	F	100	Back	3/3/2023 AD Silver Short Course Championships	
51.87	Y	F	50	Breast	2/4/2023 Delmar Dolphins Febuary Freeze	
58.26	S	F	50	Breast	5/21/2023 2023 Starfish Meter Madness	
4:17.40	Y	F	200	Breast	12/18/2022 Piranha's December Distance Invite	
49.31	Y	F	50	Fly	3/3/2023 AD Silver Short Course Championships	
54.22	S	F	50	Fly	5/21/2023 2023 Starfish Meter Madness	
1:43.81	Y	F	100	IM	11/12/2022 Fall frenzy	
1:55.31	S	F	100	IM	5/21/2023 2023 Starfish Meter Madness	
<b>Eric Noga (20) M</b>						
22.16	Y	F	50	Free	3/9/2023 Adirondack Gold Short Course Championships	
48.13	Y	F	100	Free	3/9/2023 Adirondack Gold Short Course Championships	
1:45.55	Y	P	200	Free	2/17/2023 2023 Region 1 Short Course Invitational	

HAWK-AD

HAWK-AD

CPP-AD

TBS-AD

SARY-AD

ALBS-AD

CLIN-AD

### Individual Top Times

Time	P/F/S	Event					
<b>Eric Noga (20) M</b>							
4:50.69	Y	F	500	Free	2/17/2023	2023 Region 1 Short Course Invitational	
53.31	Y	F	100	Back	2/17/2023	2023 Region 1 Short Course Invitational	
1:58.99	Y	F	200	Back	3/9/2023	Adirondack Gold Short Course Championships	
58.94	Y	P	100	Fly	12/1/2022	2022 STAR Short Course Invitational	
1:58.96	Y	F	200	IM	2/17/2023	2023 Region 1 Short Course Invitational	
<b>Frederick Noles (8) M</b>							
21.61	Y	F	25	Free	2/26/2023	CVSL Championships	
50.63	Y	F	50	Free	2/26/2023	CVSL Championships	
23.87	Y	F	25	Back	1/14/2023	Canajoharie Developmental Meet	
58.72	Y	F	50	Back	3/3/2023	AD Silver Short Course Championships	
43.40	Y	F	25	Breast	3/3/2023	AD Silver Short Course Championships	
41.65	Y	F	25	Fly	3/3/2023	AD Silver Short Course Championships	
<b>Casey Noll (18) F</b>							
28.36	Y	BB	F	50	Free	3/3/2023	AD Silver Short Course Championships
59.68	Y	BB	F	100	Free	3/3/2023	AD Silver Short Course Championships
1:12.95	S	B	F	100	Free	5/21/2023	2023 Starfish Meter Madness
2:26.96	Y	B	F	200	Free	6/11/2023	Piranhas Summer Kick-Off Meet
1:07.06	Y	BB	F	100	Back	3/3/2023	AD Silver Short Course Championships
1:21.12	S	B	F	100	Back	5/21/2023	2023 Starfish Meter Madness
2:29.81	Y	B	F	200	Back	3/3/2023	AD Silver Short Course Championships
1:23.24	Y	B	F	100	Breast	3/3/2023	AD Silver Short Course Championships
1:40.41	S		F	100	Breast	5/21/2023	2023 Starfish Meter Madness
1:25.37	S		F	100	IM	5/21/2023	2023 Starfish Meter Madness
2:35.16	Y	B	F	200	IM	3/3/2023	AD Silver Short Course Championships
<b>Patrick Noonan (17) M</b>							
24.26	Y	BB	F	50	Free	3/3/2023	AD Silver Short Course Championships
29.08	L	BB	F	50	Free	5/20/2023	2023 NE NSSC May Springfield
55.19	Y	BB	F	100	Free	2/4/2023	Delmar Dolphins Febuary Freeze
1:54.63	Y	BB	F	200	Free	3/3/2023	AD Silver Short Course Championships
4:58.59	L	BB	F	400	Free	5/20/2023	2023 NE NSSC May Springfield
5:10.95	Y	BB	F	500	Free	3/9/2023	Adirondack Gold Short Course Championships
18:24.20	Y	BB	F	1650	Free	12/18/2022	Piranha's December Distance Invite
1:04.32	Y	B	F	100	Back	2/4/2023	Delmar Dolphins Febuary Freeze
1:19.10	L		F	100	Back	5/20/2023	2023 NE NSSC May Springfield
2:30.24	Y		F	200	Back	11/12/2022	Fall frenzy
1:17.64	Y		F	100	Breast	10/22/2022	Trick or Treat Meet
1:06.88	Y		F	100	IM	10/22/2022	Trick or Treat Meet
2:15.19	Y	BB	F	200	IM	2/4/2023	Delmar Dolphins Febuary Freeze
<b>Caterina Norelli (9) F</b>							
28.47	Y		F	25	Free	3/3/2023	AD Silver Short Course Championships
1:05.03	Y		F	50	Free	3/3/2023	AD Silver Short Course Championships
39.81	Y		F	25	Back	10/29/2022	Starfish Fall Spooktacular
1:27.13	Y		F	50	Back	3/3/2023	AD Silver Short Course Championships
35.53	Y		F	25	Breast	3/3/2023	AD Silver Short Course Championships
34.50	Y		F	25	Fly	3/3/2023	AD Silver Short Course Championships
<b>Madeline Norton (19) F</b>							
31.53	L		P	50	Free	7/20/2023	2023 Adirondack Long Course Championships
1:10.75	L		P	100	Free	7/20/2023	2023 Adirondack Long Course Championships
2:39.13	L		P	200	Free	7/20/2023	2023 Adirondack Long Course Championships
1:15.09	L		P	100	Back	7/20/2023	2023 Adirondack Long Course Championships
2:37.96	L		P	200	Back	7/20/2023	2023 Adirondack Long Course Championships
1:21.69	L		P	100	Fly	7/20/2023	2023 Adirondack Long Course Championships
2:53.19	L		P	200	IM	7/20/2023	2023 Adirondack Long Course Championships
<b>Eve Oathout (17) F</b>							
31.19	Y	B	F	50	Free	11/12/2022	Fall frenzy
1:05.35	Y	B	F	100	Free	3/3/2023	AD Silver Short Course Championships

CLIN-AD

CANA-AD

ALBS-AD

DELM-AD

CPP-AD

USAM-AD

USAM-AD

### Individual Top Times

Time	P/F/S	Event			
<b>Eve Oathout (17) F</b>					
2:29.58	Y	F	200	Free	11/12/2022 Fall frenzy
6:42.95	Y	F	500	Free	1/14/2023 Chris Goody IMX Challenge
1:14.01	Y	P	100	Back	11/3/2022 Girls Sec II Division I Championships
2:39.76	Y	B	200	Back	3/3/2023 AD Silver Short Course Championships
1:28.06	Y	F	100	Breast	2/12/2023 Piranha's Pentathlon
3:11.35	Y	F	200	Breast	1/14/2023 Chris Goody IMX Challenge
1:20.12	Y	F	100	Fly	3/3/2023 AD Silver Short Course Championships
3:12.04	Y	F	200	Fly	1/14/2023 Chris Goody IMX Challenge
2:42.93	Y	B	200	IM	2/4/2023 Delmar Dolphins Febuary Freeze
6:12.71	Y	F	400	IM	1/14/2023 Chris Goody IMX Challenge
<b>Raegan O'Brien (17) F</b>					
25.11	Y	AA	50	Free	3/9/2023 Adirondack Gold Short Course Championships
29.25	L	AA	50	Free	7/20/2023 2023 Adirondack Long Course Championships
54.00	Y	AA	100	Free	2/17/2023 2023 Region 1 Short Course Invitational
1:03.10	L	AA	100	Free	7/20/2023 2023 Adirondack Long Course Championships
1:55.62	Y	AAA	200	Free	2/17/2023 2023 Region 1 Short Course Invitational
2:16.61	L	AA	200	Free	7/20/2023 2023 Adirondack Long Course Championships
4:56.16	L	A	400	Free	7/20/2023 2023 Adirondack Long Course Championships
5:17.35	Y	AA	500	Free	3/9/2023 Adirondack Gold Short Course Championships
27.73	Y	L	50	Back	11/3/2022 Girls Sec II Division I Championships
58.16	Y	AA	100	Back	2/17/2023 2023 Region 1 Short Course Invitational
1:09.05	L	AA	100	Back	7/20/2023 2023 Adirondack Long Course Championships
2:05.93	Y	AA	200	Back	2/17/2023 2023 Region 1 Short Course Invitational
2:30.64	L	AA	200	Back	7/20/2023 2023 Adirondack Long Course Championships
1:15.11	Y	BB	100	Breast	2/12/2023 Piranha's Pentathlon
59.52	Y	AA	100	Fly	3/9/2023 Adirondack Gold Short Course Championships
1:09.91	L	A	100	Fly	7/20/2023 2023 Adirondack Long Course Championships
2:12.28	Y	AA	200	IM	3/9/2023 Adirondack Gold Short Course Championships
2:38.04	L	A	200	IM	7/20/2023 2023 Adirondack Long Course Championships
4:40.36	Y	AA	400	IM	3/9/2023 Adirondack Gold Short Course Championships
5:36.16	L	A	400	IM	7/20/2023 2023 Adirondack Long Course Championships
<b>Isabelle Ocegquera (9) F</b>					
30.34	Y	F	25	Back	2/26/2023 CVSL Championships
<b>Brodie O'Connell (16) M</b>					
26.78	Y	B	50	Free	3/3/2023 AD Silver Short Course Championships
31.44	L	B	50	Free	7/7/2023 Hawks Summer Invitational 2023
58.64	Y	B	100	Free	3/3/2023 AD Silver Short Course Championships
1:10.04	S	F	100	Free	5/21/2023 2023 Starfish Meter Madness
2:11.60	Y	B	200	Free	3/3/2023 AD Silver Short Course Championships
6:25.80	Y	F	500	Free	12/18/2022 Piranha's December Distance Invite
1:11.33	Y	F	100	Back	3/3/2023 AD Silver Short Course Championships
1:21.27	S	F	100	Back	5/21/2023 2023 Starfish Meter Madness
1:25.87	L	F	100	Back	7/7/2023 Hawks Summer Invitational 2023
2:33.29	Y	F	200	Back	3/3/2023 AD Silver Short Course Championships
1:22.34	Y	F	100	Breast	3/3/2023 AD Silver Short Course Championships
1:39.51	S	F	100	Breast	5/21/2023 2023 Starfish Meter Madness
3:02.86	Y	F	200	Breast	3/3/2023 AD Silver Short Course Championships
1:14.67	Y	F	100	Fly	3/3/2023 AD Silver Short Course Championships
1:25.22	S	F	100	Fly	5/21/2023 2023 Starfish Meter Madness
1:21.60	S	F	100	IM	5/21/2023 2023 Starfish Meter Madness
<b>Abigael O'Donnell (21) F</b>					
29.82	L	F	50	Free	7/1/2023 Niagara LSC LC Super Circuit Meet
1:04.59	L	F	100	Free	6/10/2023 2023 MR LIAC Summertime Classic Invitational
2:14.73	L	F	200	Free	7/20/2023 2023 Adirondack Long Course Championships
5:00.02	L	F	400	Free	7/1/2023 Niagara LSC LC Super Circuit & Distance Meet
1:15.96	L	P	100	Back	7/20/2023 2023 Adirondack Long Course Championships

USAM-AD

USAM-AD

CLRK-AD

ALBS-AD

SCHE-AD

### Individual Top Times

Time	P/F/S	Event			
<b>Abigail O'Donnell (21) F</b>					
2:40.22	L	F	200	Back	6/10/2023 2023 MR LIAC Summertime Classic Invitational
1:28.20	L	F	100	Breast	7/1/2023 Niagara LSC LC Super Circuit Meet
3:04.25	L	F	200	Breast	6/10/2023 2023 MR LIAC Summertime Classic Invitational
2:34.98	L	F	200	IM	6/10/2023 2023 MR LIAC Summertime Classic Invitational
5:27.40	L	F	400	IM	6/10/2023 2023 MR LIAC Summertime Classic Invitational
<b>Bridgett O'Donnell (13) F</b>					
28.83	Y L	BB	F	50	Free 3/9/2023 Adirondack Gold Short Course Championships
32.50	L	BB	P	50	Free 7/20/2023 2023 Adirondack Long Course Championships
1:02.13	Y	BB	P	100	Free 2/17/2023 2023 Region 1 Short Course Invitational
1:10.79	L	BB	P	100	Free 7/20/2023 2023 Adirondack Long Course Championships
2:16.15	Y	BB	P	200	Free 2/17/2023 2023 Region 1 Short Course Invitational
2:32.73	L	BB	P	200	Free 7/20/2023 2023 Adirondack Long Course Championships
5:23.72	L	BB	F	400	Free 7/20/2023 2023 Adirondack Long Course Championships
5:57.92	Y	BB	F	500	Free 3/9/2023 Adirondack Gold Short Course Championships
34.53	Y		P	50	Back 3/9/2023 Adirondack Gold Short Course Championships
1:13.78	Y	B	P	100	Back 3/9/2023 Adirondack Gold Short Course Championships
2:38.53	Y	B	P	200	Back 2/17/2023 2023 Region 1 Short Course Invitational
3:10.24	L	B	P	200	Back 7/20/2023 2023 Adirondack Long Course Championships
43.57	Y		F	50	Breast 12/11/2022 Sharks 12 & Under Mini Meet
49.69	L		F	50	Breast 7/1/2023 Niagara LSC LC Super Circuit Meet
1:31.98	Y		F	100	Breast 1/14/2023 Chris Goody IMX Challenge
33.75	Y		P	50	Fly 12/1/2022 2022 STAR Short Course Invitational
1:21.95	Y		F	100	Fly 1/14/2023 Chris Goody IMX Challenge
1:26.96	L		P	100	Fly 7/20/2023 2023 Adirondack Long Course Championships
1:14.40	Y		P	100	IM 3/9/2023 Adirondack Gold Short Course Championships
2:38.33	Y	B	F	200	IM 3/9/2023 Adirondack Gold Short Course Championships
<b>Maura O'Donnell (17) F</b>					
26.00	Y	A	F	50	Free 12/1/2022 2022 STAR Short Course Invitational
29.90	L	A	F	50	Free 6/10/2023 2023 MR LIAC Summertime Classic Invitational
55.77	Y	AA	P	100	Free 2/17/2023 2023 Region 1 Short Course Invitational
1:02.43	L	AA	F	100	Free 7/20/2023 2023 Adirondack Long Course Championships
1:59.74	Y	AA	P	200	Free 2/17/2023 2023 Region 1 Short Course Invitational
2:18.18	L	AA	F	200	Free 6/10/2023 2023 MR LIAC Summertime Classic Invitational
4:45.16	L	AA	F	400	Free 7/20/2023 2023 Adirondack Long Course Championships
5:27.75	Y	A	F	500	Free 1/14/2023 Chris Goody IMX Challenge
19:08.78	Y	A	F	1650	Free 12/18/2022 Piranha's December Distance Invite
2:25.15	Y	BB	F	200	Back 1/14/2023 Chris Goody IMX Challenge
38.64	L		F	50	Breast 7/1/2023 Niagara LSC LC Super Circuit Meet
1:08.17	Y	AA	F	100	Breast 10/15/2022 Colonial Council Invitational
1:20.20	L	AA	F	100	Breast 7/20/2023 2023 Adirondack Long Course Championships
2:26.77	Y	AA	F	200	Breast 3/9/2023 Adirondack Gold Short Course Championships
2:53.68	L	AA	P	200	Breast 7/20/2023 2023 Adirondack Long Course Championships
2:23.64	Y	BB	F	200	Fly 1/14/2023 Chris Goody IMX Challenge
2:12.19	Y	AA	F	200	IM 11/3/2022 Girls Sec II Division II Championships
2:39.48	L	A	F	200	IM 6/10/2023 2023 MR LIAC Summertime Classic Invitational
4:43.29	Y	AA	F	400	IM 2/17/2023 2023 Region 1 Short Course Invitational
5:26.14	L	AA	F	400	IM 7/20/2023 2023 Adirondack Long Course Championships
<b>Molly Ogborn (13) F</b>					
31.65	Y	B	F	50	Free 6/11/2023 Piranhas Summer Kick-Off Meet
1:10.74	Y		F	100	Free 3/3/2023 AD Silver Short Course Championships
1:20.64	L		F	100	Free 7/20/2023 2023 Adirondack Long Course Championships
2:37.66	Y		F	200	Free 3/3/2023 AD Silver Short Course Championships
2:56.76	L		F	200	Free 7/20/2023 2023 Adirondack Long Course Championships
7:20.41	Y		F	500	Free 12/18/2022 Piranha's December Distance Invite
37.05	Y		F	50	Back 6/11/2023 Piranhas Summer Kick-Off Meet
43.09	L		F	50	Back 7/20/2023 2023 Adirondack Long Course Championships
1:20.72	Y		F	100	Back 2/12/2023 Piranha's Pentathlon

SCHE-AD

SCHE-AD

SCHE-AD

CPP-AD

### Individual Top Times

Time	P/F/S	Event				
<b>Molly Ogborn (13) F</b>						
<b>CPP-AD</b>						
1:35.01	L	F	100	Back	7/20/2023 2023 Adirondack Long Course Championships	
2:54.36	Y	F	200	Back	3/3/2023 AD Silver Short Course Championships	
39.30	Y	F	50	Breast	3/9/2023 Adirondack Gold Short Course Championships	
44.29	L	F	50	Breast	7/20/2023 2023 Adirondack Long Course Championships	
1:24.38	Y	B	P	100	Breast	3/9/2023 Adirondack Gold Short Course Championships
37.41	Y	F	50	Fly	6/11/2023 Piranhas Summer Kick-Off Meet	
43.25	L	F	50	Fly	7/7/2023 Hawks Summer Invitational 2023	
1:31.52	Y	F	100	Fly	2/12/2023 Piranha's Pentathlon	
1:43.84	L	F	100	Fly	7/20/2023 2023 Adirondack Long Course Championships	
1:19.07	Y	F	100	IM	3/3/2023 AD Silver Short Course Championships	
2:58.82	Y	F	200	IM	12/18/2022 Piranha's December Distance Invite	
3:19.25	L	F	200	IM	7/7/2023 Hawks Summer Invitational 2023	
<b>Grant O'Keefe (14) M</b>						
<b>SCHE-AD</b>						
24.04	Y	AA	F	50	Free	3/9/2023 Adirondack Gold Short Course Championships
27.35	L	AA	P	50	Free	8/2/2023 2023 Summer Elite Showcase
52.13	Y L	AA	F	100	Free	3/9/2023 Adirondack Gold Short Course Championships
59.98	L L	AA	F	100	Free	8/2/2023 2023 Summer Elite Showcase
1:54.86	Y	AA	P	200	Free	3/9/2023 Adirondack Gold Short Course Championships
2:11.41	L	AA	F	200	Free	7/20/2023 2023 Adirondack Long Course Championships
5:10.74	Y	AA	F	500	Free	3/9/2023 Adirondack Gold Short Course Championships
10:41.68	Y	AA	F	1000	Free	2/17/2023 2023 Region 1 Short Course Invitational
30.65	L	F	50	Back	8/2/2023 2023 Summer Elite Showcase	
56.44	Y	AA	P	100	Back	3/29/2023 2023 Eastern Zone SC Age Group Championships
1:05.49	L	AAA	F	100	Back	8/2/2023 2023 Summer Elite Showcase
2:00.97	Y	AAA	F	200	Back	3/29/2023 2023 Eastern Zone SC Age Group Championships
2:17.02	L	AAA	F	200	Back	8/2/2023 2023 Summer Elite Showcase
34.30	L	F	50	Breast	8/2/2023 2023 Summer Elite Showcase	
1:09.64	Y	A	F	100	Breast	1/29/2023 Stingray Splash
1:20.03	L	A	P	100	Breast	7/20/2023 2023 Adirondack Long Course Championships
2:33.06	Y	BB	F	200	Breast	1/14/2023 Chris Goody IMX Challenge
2:45.68	L	AA	F	200	Breast	8/2/2023 2023 Summer Elite Showcase
55.60	Y	AAA	F	100	Fly	3/29/2023 2023 Eastern Zone SC Age Group Championships
1:03.32	L	AAA	F	100	Fly	8/2/2023 2023 Summer Elite Showcase
2:01.52	Y	AAA	F	200	Fly	3/29/2023 2023 Eastern Zone SC Age Group Championships
2:17.37	L	AAA	F	200	Fly	8/2/2023 2023 Summer Elite Showcase
1:04.66	Y	F	100	IM	10/22/2022 Trick or Treat Meet	
2:04.11	Y	AAA	P	200	IM	3/29/2023 2023 Eastern Zone SC Age Group Championships
2:25.65	L	AA	F	200	IM	7/20/2023 2023 Adirondack Long Course Championships
4:19.62	Y	AAA	F	400	IM	3/29/2023 2023 Eastern Zone SC Age Group Championships
4:57.96	L	AAA	F	400	IM	8/2/2023 2023 Summer Elite Showcase
<b>Aubrie Oldenburgh (12) F</b>						
<b>NTS-AD</b>						
50.20	Y	F	50	Free	12/3/2022 2022 North Country Invitational	
1:47.80	Y	F	100	Free	12/3/2022 2022 North Country Invitational	
2:03.17	Y	F	100	Back	12/3/2022 2022 North Country Invitational	
<b>Anthony O'Leary (16) M</b>						
<b>SCHE-AD</b>						
24.83	Y	BB	F	50	Free	3/3/2023 AD Silver Short Course Championships
54.85	Y	BB	F	100	Free	3/3/2023 AD Silver Short Course Championships
2:01.29	Y	BB	P	200	Free	2/17/2023 2023 Region 1 Short Course Invitational
5:28.00	Y	BB	F	500	Free	3/3/2023 AD Silver Short Course Championships
1:01.42	Y	BB	F	100	Back	3/3/2023 AD Silver Short Course Championships
2:11.20	Y	BB	F	200	Back	2/17/2023 2023 Region 1 Short Course Invitational
1:06.86	Y	BB	F	100	Breast	2/16/2023 Boys Section 2 Division 1 Championships
2:24.77	Y	BB	F	200	Breast	3/9/2023 Adirondack Gold Short Course Championships
1:05.76	Y	F	100	IM	10/22/2022 Trick or Treat Meet	
2:11.78	Y	BB	F	200	IM	3/3/2023 AD Silver Short Course Championships
<b>Kenna Olejarnik (18) F</b>						
<b>CLIN-AD</b>						

### Individual Top Times

Time	P/F/S	Event				
<b>Kenna Olejarnik (18) F</b>						
29.08	Y BB P	50 Free	12/1/2022	2022 STAR Short Course Invitational		CLIN-AD
35.71	L B F	50 Free	7/1/2023	Niagara LSC LC Super Circuit Meet		
1:04.04	Y B P	100 Free	12/1/2022	2022 STAR Short Course Invitational		
2:17.00	Y BB P	200 Free	12/1/2022	2022 STAR Short Course Invitational		
2:43.57	L B F	200 Free	7/1/2023	Niagara LSC LC Super Circuit Meet		
1:16.62	Y BB P	100 Breast	12/1/2022	2022 STAR Short Course Invitational		
1:34.90	L B F	100 Breast	7/1/2023	Niagara LSC LC Super Circuit Meet		
2:44.77	Y BB F	200 Breast	3/3/2023	AD Silver Short Course Championships		
2:33.76	Y B P	200 IM	12/1/2022	2022 STAR Short Course Invitational		
<b>Noah Oles (10) M</b>						
51.60	Y F	50 Free	10/29/2022	Starfish Fall Spooktacular		HAWK-AD
1:04.18	Y F	50 Back	10/29/2022	Starfish Fall Spooktacular		
<b>Shepard Olsen (13) M</b>						
30.95	Y F	50 Free	3/3/2023	AD Silver Short Course Championships		CLRK-AD
1:12.74	Y P	100 Free	1/6/2023	2023 Starfish Trophy Invitational		
34.36	Y P	50 Back	3/9/2023	Adirondack Gold Short Course Championships		
44.47	Y F	50 Breast	3/3/2023	AD Silver Short Course Championships		
1:26.06	Y F	100 IM	2/4/2023	Delmar Dolphins Febuary Freeze		
<b>Andrew Orcutt (17) M</b>						
24.59	Y BB P	50 Free	3/9/2023	Adirondack Gold Short Course Championships		USAM-AD
29.13	L BB P	50 Free	7/20/2023	2023 Adirondack Long Course Championships		
52.16	Y A P	100 Free	3/9/2023	Adirondack Gold Short Course Championships		
1:00.62	S BB F	100 Free	5/21/2023	2023 Starfish Meter Madness		
1:02.76	L BB P	100 Free	7/20/2023	2023 Adirondack Long Course Championships		
1:57.60	Y BB F	200 Free	3/3/2023	AD Silver Short Course Championships		
2:21.61	L BB P	200 Free	7/20/2023	2023 Adirondack Long Course Championships		
5:21.03	Y BB F	500 Free	3/3/2023	AD Silver Short Course Championships		
59.32	Y BB P	100 Back	3/9/2023	Adirondack Gold Short Course Championships		
1:08.35	S B F	100 Back	5/21/2023	2023 Starfish Meter Madness		
1:15.84	L B P	100 Back	7/20/2023	2023 Adirondack Long Course Championships		
2:13.54	Y BB F	200 Back	3/3/2023	AD Silver Short Course Championships		
2:42.08	L B P	200 Back	7/20/2023	2023 Adirondack Long Course Championships		
1:14.55	Y B F	100 Breast	2/12/2023	Piranha's Pentathlon		
1:23.67	S B F	100 Breast	5/21/2023	2023 Starfish Meter Madness		
2:44.09	Y F	200 Breast	1/14/2023	Chris Goody IMX Challenge		
25.89	Y P	50 Fly	12/8/2022	32nd Annual Speedo Winter Championships		
57.89	Y BB F	100 Fly	2/12/2023	Piranha's Pentathlon		
1:04.55	S BB F	100 Fly	5/21/2023	2023 Starfish Meter Madness		
1:07.87	L BB P	100 Fly	7/20/2023	2023 Adirondack Long Course Championships		
2:12.76	Y BB F	200 Fly	3/9/2023	Adirondack Gold Short Course Championships		
2:47.94	L B F	200 Fly	7/20/2023	2023 Adirondack Long Course Championships		
1:04.44	Y T	100 IM	12/8/2022	32nd Annual Speedo Winter Championships		
1:08.33	S F	100 IM	5/21/2023	2023 Starfish Meter Madness		
2:13.42	Y BB F	200 IM	3/3/2023	AD Silver Short Course Championships		
2:46.01	L B P	200 IM	7/20/2023	2023 Adirondack Long Course Championships		
4:59.47	Y B F	400 IM	12/18/2022	Piranha's December Distance Invite		
<b>Makenna Orr (14) F</b>						
48.20	Y F	50 Free	2/4/2023	Delmar Dolphins Febuary Freeze		GRGF-AD
1:45.98	Y P	100 Free	1/6/2023	2023 Starfish Trophy Invitational		
54.03	Y P	50 Back	1/6/2023	2023 Starfish Trophy Invitational		
<b>Drake Oseassen (12) M</b>						
42.37	Y F	50 Free	2/26/2023	CVSL Championships		CLRK-AD
1:33.46	Y F	100 Free	1/14/2023	Canajoharie Developmental Meet		
51.02	Y F	50 Back	2/4/2023	Delmar Dolphins Febuary Freeze		
<b>Caitlin O'Sullivan (16) F</b>						
27.54	Y BB P	50 Free	3/9/2023	Adirondack Gold Short Course Championships		CLRK-AD

### Individual Top Times

Time	P/F/S	Event				
<b>Caitlin O'Sullivan (16) F</b>						
1:01.60	Y BB P	100 Free	3/9/2023	Adirondack Gold Short Course Championships		<b>CLRK-AD</b>
2:15.54	Y BB P	200 Free	1/6/2023	2023 Starfish Trophy Invitational		
22:20.97	Y B F	1650 Free	1/22/2023	Mile Madness		
1:09.24	Y BB P	100 Fly	3/9/2023	Adirondack Gold Short Course Championships		
2:35.65	Y B P	200 IM	1/6/2023	2023 Starfish Trophy Invitational		
<b>Katelyn Otis (17) F</b>						
28.42	Y BB F	50 Free	3/3/2023	AD Silver Short Course Championships		<b>HAWK-AD</b>
1:00.19	Y BB F	100 Free	3/3/2023	AD Silver Short Course Championships		
1:11.59	Y B P	100 Back	3/9/2023	Adirondack Gold Short Course Championships		
1:12.77	Y B P	100 Fly	3/9/2023	Adirondack Gold Short Course Championships		
<b>Ryan Otten (18) M</b>						
24.40	Y L BB P	50 Free	2/16/2023	Boys Section 2 Division 1 Championships		<b>UN-AD</b>
52.38	Y L BB F	100 Free	2/16/2023	Boys Section 2 Division 1 Championships		
1:01.16	L BB F	100 Free	6/10/2023	2023 MR LIAC Summertime Classic Invitational		
1:55.63	Y L BB F	200 Free	2/17/2023	2023 Region 1 Short Course Invitational		
5:23.61	Y BB F	500 Free	10/22/2022	Trick or Treat Meet		
10:57.98	Y BB F	1000 Free	11/12/2021	2021 NE ABF November Trials Final Meet		
27.01	Y L F	50 Back	3/9/2023	Adirondack Gold Short Course Championships		
56.88	Y BB F	100 Back	3/9/2023	Adirondack Gold Short Course Championships		
1:07.70	L BB F	100 Back	7/20/2023	2023 Adirondack Long Course Championships		
2:02.18	Y A F	200 Back	3/9/2023	Adirondack Gold Short Course Championships		
1:06.30	Y BB P	100 Breast	12/1/2022	2022 STAR Short Course Invitational		
1:17.76	L BB P	100 Breast	7/20/2023	2023 Adirondack Long Course Championships		
2:18.79	Y A F	200 Breast	3/9/2023	Adirondack Gold Short Course Championships		
2:42.57	L A T	200 Breast	8/3/2023	LC Snr Zone Time Trials		
55.12	Y A F	100 Fly	2/16/2023	Boys Section 2 Division 1 Championships		
1:02.46	L A P	100 Fly	7/20/2023	2023 Adirondack Long Course Championships		
2:00.79	Y AA P	200 Fly	3/9/2023	Adirondack Gold Short Course Championships		
2:19.62	L A F	200 Fly	7/20/2023	2023 Adirondack Long Course Championships		
2:03.89	Y A P	200 IM	2/16/2023	Boys Section 2 Division 1 Championships		
2:21.12	L AA P	200 IM	8/3/2023	LC Senior Zone Championship		
4:19.59	Y AA F	400 IM	3/9/2023	Adirondack Gold Short Course Championships		
5:02.25	L AA P	400 IM	8/3/2023	LC Senior Zone Championship		
<b>Jace Owens (9) M</b>						
22.16	Y F	25 Free	1/14/2023	Canajoharie Developmental Meet		<b>CLIN-AD</b>
44.75	Y F	50 Free	3/3/2023	AD Silver Short Course Championships		
1:43.42	Y F	100 Free	3/3/2023	AD Silver Short Course Championships		
28.60	Y F	25 Back	3/3/2023	AD Silver Short Course Championships		
57.76	Y F	50 Back	3/3/2023	AD Silver Short Course Championships		
30.94	Y F	25 Fly	3/3/2023	AD Silver Short Course Championships		
<b>Andrew Padula (11) M</b>						
42.33	Y F	50 Free	11/12/2022	Fall frenzy		<b>DELM-AD</b>
45.70	L F	50 Free	5/20/2023	2023 NE NSSC May Springfield		
1:36.24	Y F	100 Free	3/3/2023	AD Silver Short Course Championships		
4:00.16	L F	200 Free	5/20/2023	2023 NE NSSC May Springfield		
45.00	Y L F	25 Back	1/6/2023	2023 Starfish Trophy Invitational		
47.18	Y F	50 Back	12/11/2022	Sharks 12 & Under Mini Meet		
2:00.95	L F	100 Back	5/20/2023	2023 NE NSSC May Springfield		
54.87	Y F	50 Breast	11/12/2022	Fall frenzy		
45.64	Y F	50 Fly	3/3/2023	AD Silver Short Course Championships		
1:43.29	Y F	100 IM	3/3/2023	AD Silver Short Course Championships		
<b>Anthony Padula (14) M</b>						
31.05	Y P	50 Free	1/6/2023	2023 Starfish Trophy Invitational		<b>DELM-AD</b>
1:09.41	Y F	100 Free	3/3/2023	AD Silver Short Course Championships		
1:21.76	L F	100 Free	5/20/2023	2023 NE NSSC May Springfield		
2:32.41	Y F	200 Free	6/11/2023	Piranhas Summer Kick-Off Meet		

### Individual Top Times

Time	P/F/S	Event				
<b>Anthony Padula (14) M</b>						
				<b>DELM-AD</b>		
2:57.77	L	F	200 Free	5/20/2023	2023 NE NSSC May Springfield	
1:18.69	Y	F	100 Back	6/11/2023	Piranhas Summer Kick-Off Meet	
2:48.92	Y	F	200 Back	12/18/2022	Piranha's December Distance Invite	
1:22.41	Y	F	100 Breast	6/11/2023	Piranhas Summer Kick-Off Meet	
1:40.46	L	F	100 Breast	5/20/2023	2023 NE NSSC May Springfield	
3:03.17	Y	F	200 Breast	3/3/2023	AD Silver Short Course Championships	
1:20.76	Y	F	100 Fly	3/3/2023	AD Silver Short Course Championships	
1:35.40	L	F	100 Fly	5/20/2023	2023 NE NSSC May Springfield	
1:22.03	Y	F	100 IM	10/22/2022	Trick or Treat Meet	
2:41.55	Y	F	200 IM	6/11/2023	Piranhas Summer Kick-Off Meet	
<b>Emma Padula (13) F</b>						
					<b>DELM-AD</b>	
32.05	Y	B	P	50 Free	1/6/2023	2023 Starfish Trophy Invitational
1:09.86	Y	B	F	100 Free	6/11/2023	Piranhas Summer Kick-Off Meet
2:58.93	L	F	200 Free	5/20/2023	2023 NE NSSC May Springfield	
36.56	Y	F	50 Back	3/3/2023	AD Silver Short Course Championships	
1:22.80	Y	F	100 Back	2/12/2023	Piranha's Pentathlon	
1:34.38	L	F	100 Back	5/20/2023	2023 NE NSSC May Springfield	
38.67	Y	F	50 Breast	6/11/2023	Piranhas Summer Kick-Off Meet	
43.80	L	F	50 Breast	5/20/2023	2023 NE NSSC May Springfield	
1:24.30	Y	B	F	100 Breast	3/9/2023	Adirondack Gold Short Course Championships
2:56.93	Y	BB	F	200 Breast	3/9/2023	Adirondack Gold Short Course Championships
34.01	Y	F	50 Fly	6/11/2023	Piranhas Summer Kick-Off Meet	
1:21.91	Y	F	100 Fly	2/12/2023	Piranha's Pentathlon	
1:36.74	L	F	100 Fly	5/20/2023	2023 NE NSSC May Springfield	
1:14.61	Y	F	100 IM	6/11/2023	Piranhas Summer Kick-Off Meet	
2:51.91	Y	F	200 IM	3/3/2023	AD Silver Short Course Championships	
<b>Lorenzo Pagnotta (14) M</b>						
					<b>ALBS-AD</b>	
37.90	Y	F	50 Free	2/4/2023	Delmar Dolphins Febuary Freeze	
1:34.98	Y	F	100 Free	10/29/2022	Starfish Fall Spooktacular	
45.42	Y	F	50 Back	2/4/2023	Delmar Dolphins Febuary Freeze	
1:58.19	Y	F	100 Back	11/12/2022	Fall frenzy	
55.63	Y	F	50 Breast	10/22/2022	Trick or Treat Meet	
1:53.07	Y	F	100 Breast	11/12/2022	Fall frenzy	
1:37.58	Y	F	100 IM	2/4/2023	Delmar Dolphins Febuary Freeze	
<b>Skylar Panetta (13) F</b>						
					<b>SCHE-AD</b>	
29.78	Y	BB	P	50 Free	3/9/2023	Adirondack Gold Short Course Championships
32.48	L	BB	F	50 Free	7/20/2023	2023 Adirondack Long Course Championships
1:05.86	Y	B	F	100 Free	6/11/2023	Piranhas Summer Kick-Off Meet
1:10.94	L	BB	F	100 Free	7/20/2023	2023 Adirondack Long Course Championships
2:27.84	Y	B	F	200 Free	10/22/2022	Trick or Treat Meet
2:35.56	L	BB	F	200 Free	7/20/2023	2023 Adirondack Long Course Championships
5:20.21	L	BB	F	400 Free	7/20/2023	2023 Adirondack Long Course Championships
6:30.81	Y	B	F	500 Free	1/14/2023	Chris Goody IMX Challenge
32.73	Y	F	50 Back	3/9/2023	Adirondack Gold Short Course Championships	
37.81	L	F	50 Back	7/20/2023	2023 Adirondack Long Course Championships	
1:11.41	Y	B	F	100 Back	3/9/2023	Adirondack Gold Short Course Championships
1:21.42	L	BB	F	100 Back	7/20/2023	2023 Adirondack Long Course Championships
3:00.23	L	B	F	200 Back	7/1/2023	Niagara LSC LC Super Circuit Meet
37.91	Y	F	50 Breast	3/9/2023	Adirondack Gold Short Course Championships	
43.39	L	F	50 Breast	7/20/2023	2023 Adirondack Long Course Championships	
1:20.49	Y	BB	F	100 Breast	3/9/2023	Adirondack Gold Short Course Championships
1:31.22	L	BB	F	100 Breast	7/20/2023	2023 Adirondack Long Course Championships
32.74	Y	F	50 Fly	3/9/2023	Adirondack Gold Short Course Championships	
36.53	L	F	50 Fly	7/20/2023	2023 Adirondack Long Course Championships	
1:20.71	Y	F	100 Fly	1/14/2023	Chris Goody IMX Challenge	
1:12.72	Y	F	100 IM	6/11/2023	Piranhas Summer Kick-Off Meet	
2:31.89	Y	BB	F	200 IM	3/9/2023	Adirondack Gold Short Course Championships



### Individual Top Times

Time	P/F/S	Event						
<b>Sophia Panetta (17) F</b>								<b>UN-AD</b>
29.35	Y B F	50 Free	10/8/2022	Shenendehowa Girls Invitational				
1:01.20	Y BB P	100 Free	11/3/2022	Girls Sec II Division I Championships				
1:10.75	Y B F	100 Back	10/8/2022	Shenendehowa Girls Invitational				
<b>Giovanna Pantoja-Willson (12) F</b>								<b>NTS-AD</b>
47.85	Y F	50 Free	12/3/2022	2022 North Country Invitational				
2:05.50	Y F	100 Back	12/3/2022	2022 North Country Invitational				
<b>Joseph Papandrea (18) M</b>								<b>NHA-AD</b>
25.08	Y BB P	50 Free	3/9/2023	Adirondack Gold Short Course Championships				
25.08	Y BB F	50 Free	1/29/2023	Stingray Splash				
53.61	Y BB P	100 Free	2/17/2023	2023 Region 1 Short Course Invitational				
1:55.61	Y BB P	200 Free	3/9/2023	Adirondack Gold Short Course Championships				
5:22.18	Y BB F	500 Free	3/9/2023	Adirondack Gold Short Course Championships				
1:05.70	Y B F	100 Back	3/3/2023	AD Silver Short Course Championships				
1:14.24	Y B F	100 Breast	3/3/2023	AD Silver Short Course Championships				
2:27.95	Y F	200 IM	1/29/2023	Stingray Splash				
<b>Joshua Pappace (18) M</b>								<b>HAWK-AD</b>
27.17	Y B F	50 Free	3/3/2023	AD Silver Short Course Championships				
59.94	Y B P	100 Free	1/6/2023	2023 Starfish Trophy Invitational				
1:14.88	Y B P	100 Breast	1/6/2023	2023 Starfish Trophy Invitational				
1:03.99	Y B F	100 Fly	3/3/2023	AD Silver Short Course Championships				
1:11.59	Y F	100 IM	10/22/2022	Trick or Treat Meet				
2:21.89	Y B F	200 IM	1/7/2023	Schenectady Invitational				
<b>Cole Paradis (17) M</b>								<b>CLIN-AD</b>
28.16	Y F	50 Free	11/12/2022	Fall frenzy				
2:13.85	Y F	200 Free	11/12/2022	Fall frenzy				
<b>Chloe Park (13) F</b>								<b>SCHE-AD</b>
34.60	Y F	50 Free	1/29/2023	Stingray Splash				
36.70	L B F	50 Free	7/20/2023	2023 Adirondack Long Course Championships				
1:12.05	Y F	100 Free	6/11/2023	Piranhas Summer Kick-Off Meet				
1:20.56	L F	100 Free	7/20/2023	2023 Adirondack Long Course Championships				
2:46.65	Y F	200 Free	10/22/2022	Trick or Treat Meet				
2:54.45	L F	200 Free	7/20/2023	2023 Adirondack Long Course Championships				
7:04.28	Y F	500 Free	1/14/2023	Chris Goody IMX Challenge				
37.84	Y F	50 Back	6/11/2023	Piranhas Summer Kick-Off Meet				
40.91	L F	50 Back	7/20/2023	2023 Adirondack Long Course Championships				
1:21.70	Y F	100 Back	1/14/2023	Chris Goody IMX Challenge				
1:25.97	L B F	100 Back	7/20/2023	2023 Adirondack Long Course Championships				
41.91	Y F	50 Breast	6/11/2023	Piranhas Summer Kick-Off Meet				
46.56	L F	50 Breast	7/20/2023	2023 Adirondack Long Course Championships				
1:33.10	Y F	100 Breast	1/14/2023	Chris Goody IMX Challenge				
1:38.45	L B F	100 Breast	7/20/2023	2023 Adirondack Long Course Championships				
40.24	Y F	50 Fly	12/11/2022	Sharks 12 & Under Mini Meet				
1:29.43	Y F	100 Fly	1/14/2023	Chris Goody IMX Challenge				
1:35.92	L F	100 Fly	7/20/2023	2023 Adirondack Long Course Championships				
1:19.32	Y F	100 IM	6/11/2023	Piranhas Summer Kick-Off Meet				
2:52.03	Y F	200 IM	1/14/2023	Chris Goody IMX Challenge				
<b>Sophia Parker (16) F</b>								<b>SCHE-AD</b>
7:04.42	Y F	500 Free	1/14/2023	Chris Goody IMX Challenge				
1:24.49	Y F	100 Back	2/4/2023	Delmar Dolphins Febuary Freeze				
2:51.21	Y F	200 Back	1/14/2023	Chris Goody IMX Challenge				
3:27.28	Y F	200 Breast	1/14/2023	Chris Goody IMX Challenge				
3:06.40	Y F	200 IM	1/14/2023	Chris Goody IMX Challenge				
6:40.21	Y F	400 IM	1/14/2023	Chris Goody IMX Challenge				
<b>Juhyun Park (18) F</b>								<b>CLIN-AD</b>
1:01.75	Y L BB F	100 Free	3/9/2023	Adirondack Gold Short Course Championships				
33.26	Y L F	50 Back	3/9/2023	Adirondack Gold Short Course Championships				

### Individual Top Times

Time	P/F/S	Event	
<b>Juhyun Park (18) F</b>			<b>CLIN-AD</b>
1:12.47 Y B F	100 Back	2/12/2023	Piranha's Pentathlon
2:33.40 Y B F	200 Back	3/3/2023	AD Silver Short Course Championships
1:18.66 Y BB P	100 Breast	3/9/2023	Adirondack Gold Short Course Championships
2:46.35 Y BB P	200 Breast	3/9/2023	Adirondack Gold Short Course Championships
1:14.31 Y F	100 Fly	3/3/2023	AD Silver Short Course Championships
2:30.20 Y BB F	200 IM	3/3/2023	AD Silver Short Course Championships
<b>Subeen Park (16) F</b>			<b>CLIN-AD</b>
1:01.46 Y BB F	100 Free	3/3/2023	AD Silver Short Course Championships
2:38.58 Y B F	200 Back	3/3/2023	AD Silver Short Course Championships
1:10.65 Y A F	100 Breast	2/17/2023	2023 Region 1 Short Course Invitational
2:30.91 Y AA F	200 Breast	3/9/2023	Adirondack Gold Short Course Championships
1:07.99 Y BB F	100 Fly	2/12/2023	Piranha's Pentathlon
2:23.91 Y BB F	200 IM	3/3/2023	AD Silver Short Course Championships
<b>Luca Pascale (8) M</b>			<b>USAM-AD</b>
30.21 Y F	25 Free	12/11/2022	Sharks 12 & Under Mini Meet
1:21.34 Y F	50 Free	12/11/2022	Sharks 12 & Under Mini Meet
<b>Avni Patel (12) F</b>			<b>CLRK-AD</b>
44.42 Y F	50 Free	1/14/2023	Canajoharie Developmental Meet
1:41.50 Y F	100 Free	1/14/2023	Canajoharie Developmental Meet
3:52.03 Y F	200 Free	1/22/2023	Mile Madness
55.36 Y F	50 Back	11/5/2022	First Splash
1:07.70 Y F	50 Breast	11/5/2022	First Splash
<b>Miraya Patel (10) F</b>			<b>USAM-AD</b>
1:04.83 Y F	50 Free	11/12/2022	Fall frenzy
2:28.36 Y F	100 Free	11/12/2022	Fall frenzy
1:09.03 Y F	50 Back	11/12/2022	Fall frenzy
<b>Logan Patrick (10) M</b>			<b>CPP-AD</b>
18.59 Y F	25 Free	11/12/2022	Fall frenzy
38.54 Y F	50 Free	3/3/2023	AD Silver Short Course Championships
1:30.19 Y F	100 Free	3/3/2023	AD Silver Short Course Championships
20.32 Y F	25 Back	12/3/2022	2022 North Country Invitational
44.46 Y B F	50 Back	6/11/2023	Piranhas Summer Kick-Off Meet
28.71 Y F	25 Breast	10/22/2022	Trick or Treat Meet
56.65 Y F	50 Breast	1/6/2023	2023 Starfish Trophy Invitational
56.65 Y F	50 Breast	6/11/2023	Piranhas Summer Kick-Off Meet
24.27 Y F	25 Fly	11/12/2022	Fall frenzy
51.00 Y F	50 Fly	3/3/2023	AD Silver Short Course Championships
1:46.16 Y F	100 IM	12/3/2022	2022 North Country Invitational
<b>Skyler Patterson (15) M</b>			<b>CPP-AD</b>
26.23 Y BB F	50 Free	6/11/2023	Piranhas Summer Kick-Off Meet
30.09 L BB P	50 Free	7/20/2023	2023 Adirondack Long Course Championships
1:01.40 Y L B F	100 Free	3/9/2023	Adirondack Gold Short Course Championships
1:12.95 L P	100 Free	7/20/2023	2023 Adirondack Long Course Championships
2:17.44 Y F	200 Free	6/11/2023	Piranhas Summer Kick-Off Meet
2:35.60 L B F	200 Free	7/20/2023	2023 Adirondack Long Course Championships
6:47.52 Y F	500 Free	12/18/2022	Piranha's December Distance Invite
1:10.98 Y F	100 Back	6/11/2023	Piranhas Summer Kick-Off Meet
1:24.07 L P	100 Back	7/20/2023	2023 Adirondack Long Course Championships
2:47.35 Y F	200 Back	3/3/2023	AD Silver Short Course Championships
3:04.31 L P	200 Back	7/20/2023	2023 Adirondack Long Course Championships
1:24.89 Y F	100 Breast	3/3/2023	AD Silver Short Course Championships
3:20.90 Y F	200 Breast	11/12/2022	Fall frenzy
1:10.96 Y F	100 Fly	6/11/2023	Piranhas Summer Kick-Off Meet
1:26.76 L F	100 Fly	7/7/2023	Hawks Summer Invitational 2023
2:35.31 Y F	200 IM	3/3/2023	AD Silver Short Course Championships
<b>Maeve Paul (14) F</b>			<b>KING-AD</b>

### Individual Top Times

Time	P/F/S	Event	
<b>Maeve Paul (14) F</b>			<b>KING-AD</b>
28.43 Y BB	F	50 Free	3/3/2023 AD Silver Short Course Championships
1:06.07 Y B	P	100 Free	1/6/2023 2023 Starfish Trophy Invitational
1:18.04 Y	F	100 Back	3/3/2023 AD Silver Short Course Championships
1:26.15 Y B	F	100 Breast	3/3/2023 AD Silver Short Course Championships
2:47.85 Y B	P	200 IM	1/6/2023 2023 Starfish Trophy Invitational
<b>Carlie Pazderski (18) F</b>			<b>UN-AD</b>
1:02.55 Y BB	F	100 Free	10/8/2022 Shenendehowa Girls Invitational
1:22.27 Y B	F	100 Breast	10/8/2022 Shenendehowa Girls Invitational
3:09.56 Y	F	200 Breast	12/18/2022 Piranha's December Distance Invite
2:51.22 Y	F	200 IM	12/18/2022 Piranha's December Distance Invite
<b>Clara Pecunia (16) F</b>			<b>SARY-AD</b>
1:04.45 Y B	F	100 Free	2/4/2023 Delmar Dolphins Febuary Freeze
2:20.51 Y B	F	200 Free	1/29/2023 Stingray Splash
1:20.81 Y	F	100 Back	2/4/2023 Delmar Dolphins Febuary Freeze
1:20.32 Y	F	100 Fly	1/29/2023 Stingray Splash
2:54.94 Y	F	200 IM	2/4/2023 Delmar Dolphins Febuary Freeze
<b>Clayton Pecunia (13) M</b>			<b>SARY-AD</b>
37.20 Y	F	50 Free	1/29/2023 Stingray Splash
1:22.06 Y	F	100 Free	12/11/2022 Sharks 12 & Under Mini Meet
48.94 Y	F	50 Back	2/4/2023 Delmar Dolphins Febuary Freeze
59.69 Y	F	50 Breast	2/4/2023 Delmar Dolphins Febuary Freeze
<b>Emily Pedaprolu (11) F</b>			<b>DELM-AD</b>
52.34 Y	F	50 Free	12/11/2022 Sharks 12 & Under Mini Meet
56.87 Y	F	50 Back	12/11/2022 Sharks 12 & Under Mini Meet
<b>Chase Pellett (12) M</b>			<b>SCHE-AD</b>
40.51 Y	F	50 Free	12/11/2022 Sharks 12 & Under Mini Meet
1:24.18 Y	F	100 Free	3/3/2023 AD Silver Short Course Championships
45.44 Y	F	50 Back	3/3/2023 AD Silver Short Course Championships
<b>Corinne Pepper (21) F</b>			<b>CPP-AD</b>
2:37.37 L	P	200 Free	7/20/2023 2023 Adirondack Long Course Championships
<b>Juliet Percenti (15) F</b>			<b>CPP-AD</b>
24.46 Y AAA	F	50 Free	3/9/2023 Adirondack Gold Short Course Championships
27.96 L AAA	F	50 Free	7/20/2023 2023 Adirondack Long Course Championships
53.51 Y AAA	F	100 Free	3/9/2023 Adirondack Gold Short Course Championships
1:03.83 L AA	F	100 Free	7/20/2023 2023 Adirondack Long Course Championships
2:03.41 Y A	F	200 Free	3/9/2023 Adirondack Gold Short Course Championships
2:29.97 L BB	P	200 Free	7/20/2023 2023 Adirondack Long Course Championships
6:01.58 Y BB	F	500 Free	12/18/2022 Piranha's December Distance Invite
1:00.56 Y AA	F	100 Back	3/9/2023 Adirondack Gold Short Course Championships
1:11.76 L AA	F	100 Back	7/20/2023 2023 Adirondack Long Course Championships
2:29.87 Y BB	P	200 Back	3/9/2023 Adirondack Gold Short Course Championships
2:47.63 L BB	F	200 Back	6/24/2023 2023 NE NSSC June Springfield
1:34.39 Y	F	100 Breast	3/3/2023 AD Silver Short Course Championships
1:48.49 L	F	100 Breast	6/24/2023 2023 NE NSSC June Springfield
1:04.76 Y BB	F	100 Fly	3/9/2023 Adirondack Gold Short Course Championships
1:12.76 L A	P	100 Fly	7/20/2023 2023 Adirondack Long Course Championships
2:35.08 Y B	F	200 IM	12/18/2022 Piranha's December Distance Invite
3:01.63 L B	F	200 IM	6/24/2023 2023 NE NSSC June Springfield
5:33.45 Y B	F	400 IM	1/14/2023 Chris Goody IMX Challenge
<b>Eva Perez (11) F</b>			<b>BFIN-AD</b>
38.41 Y	F	50 Free	6/11/2023 Piranhas Summer Kick-Off Meet
1:30.27 Y	F	100 Free	6/11/2023 Piranhas Summer Kick-Off Meet
47.64 Y	F	50 Back	6/11/2023 Piranhas Summer Kick-Off Meet
56.31 Y	F	50 Breast	6/11/2023 Piranhas Summer Kick-Off Meet
<b>Mila Perez (8) F</b>			<b>BFIN-AD</b>
23.40 Y	F	25 Free	10/22/2022 Trick or Treat Meet

### Individual Top Times

Time	P/F/S	Event				
<b>Mila Perez (8) F</b>						
49.88	Y	F	50	Free	6/11/2023	Piranhas Summer Kick-Off Meet
29.46	Y	F	25	Back	12/11/2022	Sharks 12 & Under Mini Meet
59.49	Y	F	50	Back	6/11/2023	Piranhas Summer Kick-Off Meet
2:17.82	Y	F	100	Back	6/11/2023	Piranhas Summer Kick-Off Meet
<b>Alixander Perras (16) M</b>						
23.91	Y	A	P	50	Free	1/6/2023 2023 Starfish Trophy Invitational
52.07	Y	A	P	100	Free	3/9/2023 Adirondack Gold Short Course Championships
27.00	Y	L	F	50	Back	12/3/2022 2022 North Country Invitational
54.62	Y	AA	P	100	Back	3/9/2023 Adirondack Gold Short Course Championships
1:02.93	Y	A	P	100	Breast	3/9/2023 Adirondack Gold Short Course Championships
2:45.77	Y	B	F	200	Breast	12/3/2022 2022 North Country Invitational
57.75	Y	A	P	100	Fly	3/9/2023 Adirondack Gold Short Course Championships
2:09.98	Y	A	F	200	IM	2/12/2023 2023 SECTION 7&10 BOYS SWIMMING CHAMPIONSHIP
<b>Gabriella Perri (15) F</b>						
28.15	Y	BB	P	50	Free	3/9/2023 Adirondack Gold Short Course Championships
1:02.04	Y	BB	F	100	Free	3/3/2023 AD Silver Short Course Championships
2:18.06	Y	BB	F	200	Free	3/3/2023 AD Silver Short Course Championships
2:32.90	L	BB	F	200	Free	7/7/2023 Hawks Summer Invitational 2023
6:17.11	Y	B	F	500	Free	10/22/2022 Trick or Treat Meet
35.22	Y	L	F	50	Back	3/9/2023 Adirondack Gold Short Course Championships
1:12.54	Y	B	F	100	Back	2/4/2023 Delmar Dolphins Febuary Freeze
2:35.66	Y	B	F	200	Back	1/6/2023 2023 Starfish Trophy Invitational
2:59.83	L	B	F	200	Back	7/7/2023 Hawks Summer Invitational 2023
1:20.15	Y	B	P	100	Breast	3/9/2023 Adirondack Gold Short Course Championships
2:54.06	Y	B	P	200	Breast	3/9/2023 Adirondack Gold Short Course Championships
3:14.55	L	BB	F	200	Breast	7/7/2023 Hawks Summer Invitational 2023
1:19.88	Y		F	100	IM	10/22/2022 Trick or Treat Meet
2:35.13	Y	B	F	200	IM	3/3/2023 AD Silver Short Course Championships
5:40.31	Y	B	F	400	IM	11/12/2022 Fall frenzy
<b>Ethan Perry (14) M</b>						
38.26	Y		F	50	Free	1/29/2023 Stingray Splash
1:27.60	Y		F	100	Free	1/29/2023 Stingray Splash
45.88	Y		F	50	Back	2/4/2023 Delmar Dolphins Febuary Freeze
1:41.73	Y		F	100	Back	6/11/2023 Piranhas Summer Kick-Off Meet
51.11	Y		F	50	Breast	2/4/2023 Delmar Dolphins Febuary Freeze
1:56.39	Y		F	100	Breast	6/11/2023 Piranhas Summer Kick-Off Meet
<b>Lucas Peters (15) M</b>						
26.86	Y	B	P	50	Free	3/9/2023 Adirondack Gold Short Course Championships
58.08	Y	B	F	100	Free	3/3/2023 AD Silver Short Course Championships
2:01.54	Y	BB	F	200	Free	3/9/2023 Adirondack Gold Short Course Championships
5:26.56	Y	BB	F	500	Free	2/16/2023 Boys Section 2 Division 1 Championships
1:03.81	Y	B	F	100	Back	3/9/2023 Adirondack Gold Short Course Championships
2:31.74	Y		F	200	Back	11/12/2022 Fall frenzy
1:17.97	Y		F	100	Breast	3/3/2023 AD Silver Short Course Championships
1:10.11	Y		F	100	Fly	3/3/2023 AD Silver Short Course Championships
2:24.83	Y	B	F	200	IM	3/3/2023 AD Silver Short Course Championships
<b>Vedant Phaugat (11) M</b>						
50.18	Y		F	50	Free	1/14/2023 Canajoharie Developmental Meet
1:55.69	Y		F	100	Free	1/6/2023 2023 Starfish Trophy Invitational
4:04.12	Y		F	200	Free	1/22/2023 Mile Madness
1:06.78	Y		F	50	Back	1/14/2023 Canajoharie Developmental Meet
1:45.73	Y		F	50	Fly	2/26/2023 CVSL Championships
<b>Michelle Pickering (15) F</b>						
26.98	Y	A	F	50	Free	3/9/2023 Adirondack Gold Short Course Championships
30.87	L	A	P	50	Free	7/20/2023 2023 Adirondack Long Course Championships
59.68	Y	BB	P	100	Free	3/9/2023 Adirondack Gold Short Course Championships

**BFIN-AD**

**WAVE-AD**

**DELM-AD**

**SARY-AD**

**DELM-AD**

**CLRK-AD**

**SCHE-AD**

### Individual Top Times

Time	P/F/S	Event				
<b>Michelle Pickering (15) F</b>						
1:08.58	L BB P	100 Free	7/20/2023	2023 Adirondack Long Course Championships	<b>SCHE-AD</b>	
2:14.45	Y BB F	200 Free	3/3/2023	AD Silver Short Course Championships		
2:30.87	L BB P	200 Free	7/20/2023	2023 Adirondack Long Course Championships		
5:31.21	L BB F	400 Free	7/1/2023	Niagara LSC LC Super Circuit & Distance Meet		
6:20.13	Y B F	500 Free	3/3/2023	AD Silver Short Course Championships		
30.49	Y L F	50 Back	3/9/2023	Adirondack Gold Short Course Championships		
1:06.66	Y BB P	100 Back	11/3/2022	Girls Sec II Division I Championships		
1:18.48	L BB P	100 Back	7/20/2023	2023 Adirondack Long Course Championships		
2:29.42	Y BB P	200 Back	3/9/2023	Adirondack Gold Short Course Championships		
2:48.42	L BB P	200 Back	7/20/2023	2023 Adirondack Long Course Championships		
1:31.53	Y F	100 Breast	3/3/2023	AD Silver Short Course Championships		
3:23.06	Y F	200 Breast	1/14/2023	Chris Goody IMX Challenge		
1:13.38	Y B P	100 Fly	2/17/2023	2023 Region 1 Short Course Invitational		
2:59.74	Y F	200 Fly	1/14/2023	Chris Goody IMX Challenge		
2:37.43	Y B P	200 IM	2/17/2023	2023 Region 1 Short Course Invitational		
2:58.76	L B F	200 IM	6/10/2023	2023 MR LIAC Summertime Classic Invitational		
5:58.90	Y F	400 IM	1/14/2023	Chris Goody IMX Challenge		
<b>Alana Pietruszka (16) F</b>						
31.16	Y B F	50 Free	2/26/2023	CVSL Championships		<b>CLRK-AD</b>
1:15.38	Y F	100 Free	2/26/2023	CVSL Championships		
1:39.24	Y F	100 Breast	2/26/2023	CVSL Championships		
<b>Nathan Pilek (12) M</b>						
47.42	Y F	50 Free	3/3/2023	AD Silver Short Course Championships	<b>HAWK-AD</b>	
1:39.96	Y F	100 Free	3/3/2023	AD Silver Short Course Championships		
51.49	Y F	50 Back	3/3/2023	AD Silver Short Course Championships		
<b>Olivia Pilek (12) F</b>						
44.80	Y F	50 Free	3/3/2023	AD Silver Short Course Championships	<b>HAWK-AD</b>	
1:49.69	Y F	100 Free	3/3/2023	AD Silver Short Course Championships		
56.41	Y F	50 Back	3/3/2023	AD Silver Short Course Championships		
<b>Priya Pillai (15) F</b>						
31.32	Y B F	50 Free	6/11/2023	Piranhas Summer Kick-Off Meet	<b>CPP-AD</b>	
56.31	Y L AA P	100 Free	2/16/2023	Boys Section 2 Division 2 Championships		
2:33.20	Y F	200 Free	11/12/2022	Fall frenzy		
3:01.17	L F	200 Free	7/7/2023	Hawks Summer Invitational 2023		
7:07.12	Y F	500 Free	12/18/2022	Piranha's December Distance Invite		
1:18.28	Y F	100 Back	2/12/2023	Piranha's Pentathlon		
2:58.81	Y F	200 Back	11/12/2022	Fall frenzy		
3:17.97	L F	200 Back	7/7/2023	Hawks Summer Invitational 2023		
1:30.84	Y F	100 Breast	6/11/2023	Piranhas Summer Kick-Off Meet		
3:18.21	Y F	200 Breast	3/3/2023	AD Silver Short Course Championships		
1:29.55	Y F	100 Fly	2/12/2023	Piranha's Pentathlon		
1:49.64	L F	100 Fly	7/7/2023	Hawks Summer Invitational 2023		
2:54.95	Y F	200 IM	3/3/2023	AD Silver Short Course Championships		
<b>Caroline Pilon (14) F</b>						
32.19	Y B P	50 Free	1/6/2023	2023 Starfish Trophy Invitational		<b>CPP-AD</b>
1:13.50	Y P	100 Free	1/6/2023	2023 Starfish Trophy Invitational		
2:42.23	Y F	200 Free	11/12/2022	Fall frenzy		
1:21.22	Y F	100 Back	2/12/2023	Piranha's Pentathlon		
3:02.94	Y F	200 Back	11/12/2022	Fall frenzy		
1:52.47	Y P	100 Breast	1/6/2023	2023 Starfish Trophy Invitational		
4:06.16	Y F	200 Breast	12/18/2022	Piranha's December Distance Invite		
1:26.76	Y F	100 Fly	2/12/2023	Piranha's Pentathlon		
3:05.72	Y P	200 IM	1/6/2023	2023 Starfish Trophy Invitational		
<b>Shyanne Piotrowski (11) F</b>						
42.45	Y F	50 Free	3/3/2023	AD Silver Short Course Championships	<b>ALBS-AD</b>	
1:10.59	Y F	50 Breast	10/29/2022	Starfish Fall Spooktacular		

### Individual Top Times

Time	P/F/S	Event	
<b>Maya Pizzarello (16) F</b>			<b>HAWK-AD</b>
26.49 Y A P	50 Free	3/9/2023	Adirondack Gold Short Course Championships
29.64 L AA F	50 Free	7/7/2023	Hawks Summer Invitational 2023
56.76 Y A P	100 Free	3/9/2023	Adirondack Gold Short Course Championships
1:59.40 Y AA P	200 Free	3/9/2023	Adirondack Gold Short Course Championships
2:15.61 L AA F	200 Free	7/7/2023	Hawks Summer Invitational 2023
4:47.66 L AA F	400 Free	7/20/2023	2023 Adirondack Long Course Championships
5:21.32 Y AA F	500 Free	3/9/2023	Adirondack Gold Short Course Championships
19:17.20 L AA F	1500 Free	7/7/2023	Hawks Summer Invitational 2023
18:33.81 Y AA F	1650 Free	3/9/2023	Adirondack Gold Short Course Championships
1:04.75 Y BB P	100 Back	3/9/2023	Adirondack Gold Short Course Championships
1:16.60 L BB F	100 Back	7/7/2023	Hawks Summer Invitational 2023
2:23.04 Y BB P	200 Back	3/9/2023	Adirondack Gold Short Course Championships
2:43.46 L BB F	200 Back	7/7/2023	Hawks Summer Invitational 2023
1:15.27 Y BB P	100 Breast	3/9/2023	Adirondack Gold Short Course Championships
<b>Nikolas Plakas (17) M</b>			<b>UN-AD</b>
25.81 Y L BB F	50 Free	2/16/2023	Boys Section 2 Division 2 Championships
28.98 L BB F	50 Free	7/7/2023	Hawks Summer Invitational 2023
57.03 Y L B F	100 Free	2/16/2023	Boys Section 2 Division 2 Championships
1:10.25 L B P	100 Free	7/20/2023	2023 Adirondack Long Course Championships
1:10.61 S F	100 Free	5/21/2023	2023 Starfish Meter Madness
2:11.44 Y B F	200 Free	3/3/2023	AD Silver Short Course Championships
1:09.68 Y F	100 Back	3/3/2023	AD Silver Short Course Championships
1:23.48 L P	100 Back	7/20/2023	2023 Adirondack Long Course Championships
1:25.68 S F	100 Back	5/21/2023	2023 Starfish Meter Madness
3:02.61 L P	200 Back	7/20/2023	2023 Adirondack Long Course Championships
1:12.96 Y F	100 Fly	3/3/2023	AD Silver Short Course Championships
1:32.49 S F	100 Fly	5/21/2023	2023 Starfish Meter Madness
1:27.34 S F	100 IM	5/21/2023	2023 Starfish Meter Madness
<b>Zoe Plakas (11) F</b>			<b>SCHE-AD</b>
44.45 Y F	50 Free	12/11/2022	Sharks 12 & Under Mini Meet
1:50.25 Y F	100 Free	3/3/2023	AD Silver Short Course Championships
52.08 Y F	50 Back	12/11/2022	Sharks 12 & Under Mini Meet
54.17 Y F	50 Fly	12/11/2022	Sharks 12 & Under Mini Meet
<b>Brayden Polikoski (13) M</b>			<b>ALBS-AD</b>
38.56 Y F	50 Free	6/11/2023	Piranhas Summer Kick-Off Meet
46.95 L F	50 Free	7/7/2023	Hawks Summer Invitational 2023
1:31.88 Y P	100 Free	1/6/2023	2023 Starfish Trophy Invitational
1:47.97 S F	100 Free	5/21/2023	2023 Starfish Meter Madness
4:04.71 L F	200 Free	7/7/2023	Hawks Summer Invitational 2023
44.95 Y F	50 Back	2/4/2023	Delmar Dolphins Febuary Freeze
55.80 L F	50 Back	7/7/2023	Hawks Summer Invitational 2023
1:43.62 Y F	100 Back	1/6/2023	2023 Starfish Trophy Invitational
2:12.61 L F	100 Back	7/7/2023	Hawks Summer Invitational 2023
3:56.66 Y F	200 Back	12/18/2022	Piranha's December Distance Invite
56.55 Y F	50 Breast	6/11/2023	Piranhas Summer Kick-Off Meet
1:04.96 L F	50 Breast	7/7/2023	Hawks Summer Invitational 2023
2:15.15 S F	100 Breast	5/21/2023	2023 Starfish Meter Madness
4:40.15 Y F	200 Breast	12/18/2022	Piranha's December Distance Invite
1:53.55 Y F	100 IM	3/3/2023	AD Silver Short Course Championships
2:07.62 S F	100 IM	5/21/2023	2023 Starfish Meter Madness
<b>Alexander Polishchuk (12) M</b>			<b>ALBS-AD</b>
38.11 Y F	50 Free	6/11/2023	Piranhas Summer Kick-Off Meet
43.02 S F	50 Free	5/21/2023	2023 Starfish Meter Madness
50.03 Y F	50 Back	6/11/2023	Piranhas Summer Kick-Off Meet
<b>Jacob Polishchuk (10) M</b>			<b>ALBS-AD</b>
39.40 Y F	50 Free	6/11/2023	Piranhas Summer Kick-Off Meet

### Individual Top Times

Time	P/F/S	Event					
<b>Jacob Polishchuk (10) M</b>							<b>ALBS-AD</b>
53.60	S	F	50	Free	5/21/2023	2023 Starfish Meter Madness	
49.35	Y	F	50	Back	6/11/2023	Piranhas Summer Kick-Off Meet	
<b>Michael Polishchuk (13) M</b>							<b>ALBS-AD</b>
29.61	Y	B	F	50	Free	6/11/2023	Piranhas Summer Kick-Off Meet
1:17.43	S	F	100	Free	5/21/2023	2023 Starfish Meter Madness	
2:29.61	Y	F	200	Free	6/11/2023	Piranhas Summer Kick-Off Meet	
1:16.60	Y	F	100	Back	6/11/2023	Piranhas Summer Kick-Off Meet	
1:31.71	S	F	100	IM	5/21/2023	2023 Starfish Meter Madness	
<b>Kassandra Polite-Koulouris (10) F</b>							<b>CANA-AD</b>
17.65	Y	F	25	Free	1/29/2023	Stingray Splash	
38.96	Y	F	50	Free	1/29/2023	Stingray Splash	
1:38.04	Y	F	100	Free	1/14/2023	Canajoharie Developmental Meet	
24.49	Y	F	25	Back	12/3/2022	CVSL Tri Meet	
49.70	Y	F	50	Back	2/26/2023	CVSL Championships	
32.34	Y	F	25	Fly	12/3/2022	CVSL Tri Meet	
1:12.06	Y	F	50	Fly	2/12/2023	Piranha's Pentathlon	
2:00.02	Y	F	100	IM	3/3/2023	AD Silver Short Course Championships	
<b>Vaughn Pollack (18) M</b>							<b>UN-AD</b>
1:17.59	Y	F	100	Breast	12/17/2022	Shen Boys Holiday Invite	
2:32.88	Y	F	200	IM	12/17/2022	Shen Boys Holiday Invite	
<b>Charlotte Pollak (9) F</b>							<b>SARY-AD</b>
20.98	Y	F	25	Free	10/29/2022	Starfish Fall Spooktacular	
46.50	Y	F	50	Free	6/11/2023	Piranhas Summer Kick-Off Meet	
23.41	Y	F	25	Back	3/3/2023	AD Silver Short Course Championships	
1:12.41	Y	F	50	Breast	6/11/2023	Piranhas Summer Kick-Off Meet	
<b>Harper Pollinger (7) F</b>							<b>DELM-AD</b>
41.58	Y	F	25	Free	3/3/2023	AD Silver Short Course Championships	
1:25.17	Y	F	50	Free	12/11/2022	Sharks 12 & Under Mini Meet	
47.65	Y	F	25	Back	12/11/2022	Sharks 12 & Under Mini Meet	
<b>Jackson Pollinger (10) M</b>							<b>DELM-AD</b>
19.52	Y	F	25	Free	12/11/2022	Sharks 12 & Under Mini Meet	
40.79	Y	F	50	Free	12/11/2022	Sharks 12 & Under Mini Meet	
1:33.25	Y	F	100	Free	1/6/2023	2023 Starfish Trophy Invitational	
25.06	Y	F	25	Back	11/12/2022	Fall frenzy	
50.26	Y	F	50	Back	3/3/2023	AD Silver Short Course Championships	
26.90	Y	F	25	Breast	11/12/2022	Fall frenzy	
51.95	Y	B	F	50	Breast	1/6/2023	2023 Starfish Trophy Invitational
26.08	Y	F	25	Fly	12/11/2022	Sharks 12 & Under Mini Meet	
51.26	Y	F	50	Fly	2/12/2023	Piranha's Pentathlon	
1:43.16	Y	F	100	IM	3/3/2023	AD Silver Short Course Championships	
<b>Samantha Polsinello (14) F</b>							<b>UN-AD</b>
32.46	Y	B	F	50	Free	10/15/2022	Colonial Council Invitational
1:14.00	Y	F	100	Free	12/11/2022	Sharks 12 & Under Mini Meet	
39.72	Y	F	50	Back	2/4/2023	Delmar Dolphins Febuary Freeze	
43.77	Y	F	50	Breast	3/3/2023	AD Silver Short Course Championships	
1:34.16	Y	F	100	Breast	10/15/2022	Colonial Council Invitational	
1:23.85	Y	F	100	IM	3/3/2023	AD Silver Short Course Championships	
3:02.22	Y	F	200	IM	1/29/2023	Stingray Splash	
<b>Maksym Ponomarov (12) M</b>							<b>CPP-AD</b>
41.85	Y	F	50	Free	6/11/2023	Piranhas Summer Kick-Off Meet	
1:36.87	Y	F	100	Free	3/3/2023	AD Silver Short Course Championships	
3:34.17	Y	F	200	Free	3/3/2023	AD Silver Short Course Championships	
54.86	Y	F	50	Back	3/3/2023	AD Silver Short Course Championships	
1:06.29	Y	F	50	Breast	3/3/2023	AD Silver Short Course Championships	
57.24	Y	F	50	Fly	6/11/2023	Piranhas Summer Kick-Off Meet	
1:57.44	Y	F	100	IM	6/11/2023	Piranhas Summer Kick-Off Meet	

### Individual Top Times

Time	P/F/S	Event				
<b>Lucy Poole (15) F</b>						
29.24	Y BB F	50 Free	1/14/2023	Canajoharie Developmental Meet		<b>BENN-AD</b>
59.97	Y BB P	100 Free	3/9/2023	Adirondack Gold Short Course Championships		
2:12.54	Y BB P	200 Free	3/9/2023	Adirondack Gold Short Course Championships		
1:10.35	Y B F	100 Back	3/3/2023	AD Silver Short Course Championships		
1:43.58	Y F	100 Breast	3/3/2023	AD Silver Short Course Championships		
1:13.71	Y B F	100 Fly	3/3/2023	AD Silver Short Course Championships		
2:48.81	Y F	200 IM	2/12/2023	Piranha's Pentathlon		
<b>Edin Poricanin (9) M</b>						
25.69	Y F	25 Free	11/12/2022	Fall frenzy		<b>DELM-AD</b>
46.76	Y F	50 Free	6/11/2023	Piranhas Summer Kick-Off Meet		
56.98	Y F	50 Back	6/11/2023	Piranhas Summer Kick-Off Meet		
1:09.35	Y F	50 Breast	2/12/2023	Piranha's Pentathlon		
39.58	Y F	25 Fly	3/3/2023	AD Silver Short Course Championships		
<b>Trinity Pratt (15) F</b>						
26.63	Y A P	50 Free	2/17/2023	2023 Region 1 Short Course Invitational		<b>UN-AD</b>
59.38	Y BB P	100 Free	2/17/2023	2023 Region 1 Short Course Invitational		
1:05.42	Y BB P	100 Back	2/17/2023	2023 Region 1 Short Course Invitational		
2:22.20	Y BB P	200 Back	2/17/2023	2023 Region 1 Short Course Invitational		
1:26.61	Y F	100 Breast	2/12/2023	Piranha's Pentathlon		
1:04.46	Y BB F	100 Fly	3/9/2023	Adirondack Gold Short Course Championships		
2:29.45	Y BB P	200 IM	2/17/2023	2023 Region 1 Short Course Invitational		
<b>Alexander Preston (13) M</b>						
32.85	Y F	50 Free	3/3/2023	AD Silver Short Course Championships		<b>HAWK-AD</b>
39.64	L F	50 Free	7/7/2023	Hawks Summer Invitational 2023		
1:15.12	Y P	100 Free	1/6/2023	2023 Starfish Trophy Invitational		
1:24.30	L F	100 Free	7/7/2023	Hawks Summer Invitational 2023		
3:11.08	L F	200 Free	7/7/2023	Hawks Summer Invitational 2023		
37.41	Y F	50 Back	3/3/2023	AD Silver Short Course Championships		
43.17	L F	50 Back	7/7/2023	Hawks Summer Invitational 2023		
1:22.57	Y F	100 Back	3/3/2023	AD Silver Short Course Championships		
1:31.68	L F	100 Back	7/7/2023	Hawks Summer Invitational 2023		
46.88	Y F	50 Breast	3/3/2023	AD Silver Short Course Championships		
1:45.59	Y F	100 Breast	3/3/2023	AD Silver Short Course Championships		
52.53	L F	50 Fly	7/7/2023	Hawks Summer Invitational 2023		
1:56.64	Y F	100 Fly	2/12/2023	Piranha's Pentathlon		
1:32.23	Y F	100 IM	2/12/2023	Piranha's Pentathlon		
<b>Benjamin Priestley (16) M</b>						
1:19.78	S F	100 Free	5/21/2023	2023 Starfish Meter Madness		<b>ALBS-AD</b>
1:42.81	S F	100 Back	5/21/2023	2023 Starfish Meter Madness		
1:46.21	S F	100 Breast	5/21/2023	2023 Starfish Meter Madness		
1:42.95	S F	100 Fly	5/21/2023	2023 Starfish Meter Madness		
1:34.53	S F	100 IM	5/21/2023	2023 Starfish Meter Madness		
<b>Benjamin Priestley (16) M</b>						
29.98	Y F	50 Free	6/11/2023	Piranhas Summer Kick-Off Meet		<b>ALBS-AD</b>
33.55	L F	50 Free	7/7/2023	Hawks Summer Invitational 2023		
1:07.87	Y F	100 Free	2/4/2023	Delmar Dolphins Febuary Freeze		
2:33.51	Y F	200 Free	3/3/2023	AD Silver Short Course Championships		
2:50.26	L F	200 Free	7/7/2023	Hawks Summer Invitational 2023		
1:26.58	Y F	100 Back	3/3/2023	AD Silver Short Course Championships		
1:44.95	L F	100 Back	7/7/2023	Hawks Summer Invitational 2023		
1:27.30	Y F	100 Breast	3/3/2023	AD Silver Short Course Championships		
3:09.39	Y F	200 Breast	3/3/2023	AD Silver Short Course Championships		
3:34.84	L F	200 Breast	7/7/2023	Hawks Summer Invitational 2023		
1:20.34	Y F	100 Fly	3/3/2023	AD Silver Short Course Championships		
1:28.68	L F	100 Fly	7/7/2023	Hawks Summer Invitational 2023		
1:23.78	Y F	100 IM	10/22/2022	Trick or Treat Meet		



### Individual Top Times

Time	P/F/S	Event				
<b>Benjamin Priestley (16) M</b>						
2:48.07	Y	F	200	IM	2/4/2023	Delmar Dolphins Febuary Freeze
<b>Everett Prindle (12) M</b>						
1:30.92	Y	F	100	Free	11/12/2022	Fall frenzy
1:41.67	Y	F	100	Back	11/12/2022	Fall frenzy
<b>Ruby Puels (10) F</b>						
42.39	Y	F	50	Free	11/12/2022	Fall frenzy
48.25	S	F	50	Free	5/21/2023	2023 Starfish Meter Madness
1:43.55	Y	F	100	Free	10/22/2022	Trick or Treat Meet
48.79	Y	F	50	Back	10/22/2022	Trick or Treat Meet
58.06	S	F	50	Back	5/21/2023	2023 Starfish Meter Madness
1:07.17	Y	F	50	Breast	1/29/2023	Stingray Splash
54.54	Y	F	50	Fly	1/14/2023	Canajoharie Developmental Meet
56.69	S	F	50	Fly	5/21/2023	2023 Starfish Meter Madness
1:51.34	Y	F	100	IM	10/22/2022	Trick or Treat Meet
2:07.07	S	F	100	IM	5/21/2023	2023 Starfish Meter Madness
<b>Cailyn Pulcher (12) F</b>						
50.15	Y	F	50	Free	1/6/2023	2023 Starfish Trophy Invitational
57.69	Y	F	50	Back	1/6/2023	2023 Starfish Trophy Invitational
1:02.52	Y	F	50	Breast	1/6/2023	2023 Starfish Trophy Invitational
<b>Kiera Puls (13) F</b>						
29.87	Y	BB	50	Free	3/9/2023	Adirondack Gold Short Course Championships
1:05.76	Y	B	100	Free	3/9/2023	Adirondack Gold Short Course Championships
36.29	Y	P	50	Back	3/9/2023	Adirondack Gold Short Course Championships
1:25.10	Y	F	100	Back	11/12/2022	Fall frenzy
1:33.22	Y	F	100	IM	11/12/2022	Fall frenzy
<b>Parker Putnam (16) M</b>						
26.85	Y L	B	50	Free	3/9/2023	Adirondack Gold Short Course Championships
29.90	L	BB	50	Free	7/1/2023	Niagara LSC LC Super Circuit Meet
58.95	Y L	B	100	Free	3/9/2023	Adirondack Gold Short Course Championships
1:08.99	L	B	100	Free	7/1/2023	Niagara LSC LC Super Circuit Meet
2:06.58	Y	BB	200	Free	3/9/2023	Adirondack Gold Short Course Championships
5:16.88	L	B	400	Free	7/1/2023	Niagara LSC LC Super Circuit & Distance Meet
5:33.02	Y	BB	500	Free	3/9/2023	Adirondack Gold Short Course Championships
30.16	Y L	F	50	Back	3/9/2023	Adirondack Gold Short Course Championships
1:09.59	Y	F	100	Back	1/29/2023	Stingray Splash
1:13.66	L	BB	100	Back	7/1/2023	Niagara LSC LC Super Circuit Meet
2:25.65	Y	B	200	Back	3/3/2023	AD Silver Short Course Championships
1:16.76	Y	F	100	Fly	1/29/2023	Stingray Splash
<b>Yuting Qiu (8) F</b>						
30.56	Y	F	25	Free	1/29/2023	Stingray Splash
33.69	S	F	25	Free	5/21/2023	2023 Starfish Meter Madness
1:08.91	Y	F	50	Free	6/11/2023	Piranhas Summer Kick-Off Meet
2:50.77	Y	F	100	Free	6/11/2023	Piranhas Summer Kick-Off Meet
29.88	Y	F	25	Back	3/3/2023	AD Silver Short Course Championships
33.97	S	F	25	Back	5/21/2023	2023 Starfish Meter Madness
1:05.55	Y	F	50	Back	3/3/2023	AD Silver Short Course Championships
43.30	Y	F	25	Fly	1/29/2023	Stingray Splash
<b>Yuwen Qiu (11) M</b>						
53.88	Y	F	50	Free	6/11/2023	Piranhas Summer Kick-Off Meet
2:05.70	Y	F	100	Free	3/3/2023	AD Silver Short Course Championships
2:36.57	L	F	100	Free	7/7/2023	Hawks Summer Invitational 2023
5:26.83	L	F	200	Free	7/7/2023	Hawks Summer Invitational 2023
56.24	Y	F	50	Back	2/12/2023	Piranha's Pentathlon
2:47.38	L	F	100	Back	7/7/2023	Hawks Summer Invitational 2023
1:06.88	Y	F	50	Breast	1/6/2023	2023 Starfish Trophy Invitational
3:00.53	L	F	100	Breast	7/7/2023	Hawks Summer Invitational 2023

SCHE-AD

KING-AD

SCHE-AD

ALBS-AD

BFIN-AD

NHA-AD

CPP-AD

CPP-AD

### Individual Top Times

Time	P/F/S	Event				
<b>Yuwen Qiu (11) M</b>						
2:15.13	Y	F	100	IM	1/6/2023 2023 Starfish Trophy Invitational	
<b>Leah Quackenbush (12) F</b>						
36.13	Y	P	50	Free	1/6/2023 2023 Starfish Trophy Invitational	
1:22.01	Y	F	100	Free	12/11/2022 Sharks 12 & Under Mini Meet	
45.96	Y	F	50	Back	10/22/2022 Trick or Treat Meet	
1:41.34	Y	F	100	Back	11/12/2022 Fall frenzy	
51.05	Y	P	50	Breast	1/6/2023 2023 Starfish Trophy Invitational	
45.00	Y	F	50	Fly	10/22/2022 Trick or Treat Meet	
1:41.69	Y	F	100	Fly	11/12/2022 Fall frenzy	
1:35.55	Y	P	100	IM	1/6/2023 2023 Starfish Trophy Invitational	
<b>Zoe Quarmby (10) F</b>						
43.44	Y	F	50	Free	3/3/2023 AD Silver Short Course Championships	
1:55.29	Y	F	100	Free	10/29/2022 Starfish Fall Spooktacular	
52.03	Y	F	50	Back	3/3/2023 AD Silver Short Course Championships	
1:01.17	Y	F	50	Breast	3/3/2023 AD Silver Short Course Championships	
<b>Reyna Racaza (15) F</b>						
28.80	Y	BB	P	50	Free	2/17/2023 2023 Region 1 Short Course Invitational
31.75	L	BB	P	50	Free	7/20/2023 2023 Adirondack Long Course Championships
1:02.44	Y	BB	P	100	Free	12/1/2022 2022 STAR Short Course Invitational
1:10.40	L	BB	P	100	Free	7/20/2023 2023 Adirondack Long Course Championships
2:14.02	Y	BB	P	200	Free	12/1/2022 2022 STAR Short Course Invitational
2:33.00	L	BB	P	200	Free	7/20/2023 2023 Adirondack Long Course Championships
6:06.38	Y	BB	F	500	Free	1/29/2023 Stingray Splash
32.83	Y	L	F	50	Back	10/22/2022 Trick or Treat Meet
1:07.70	Y	BB	P	100	Back	3/9/2023 Adirondack Gold Short Course Championships
1:22.42	L	B	F	100	Back	7/7/2023 Hawks Summer Invitational 2023
2:26.47	Y	BB	P	200	Back	12/1/2022 2022 STAR Short Course Invitational
2:46.10	L	BB	P	200	Back	7/20/2023 2023 Adirondack Long Course Championships
1:19.29	Y	BB	P	100	Breast	3/9/2023 Adirondack Gold Short Course Championships
2:50.11	Y	BB	F	200	Breast	3/9/2023 Adirondack Gold Short Course Championships
3:16.07	L	BB	P	200	Breast	7/20/2023 2023 Adirondack Long Course Championships
1:06.88	Y	BB	F	100	Fly	3/9/2023 Adirondack Gold Short Course Championships
1:16.11	L	BB	P	100	Fly	7/20/2023 2023 Adirondack Long Course Championships
1:11.60	Y		F	100	IM	10/22/2022 Trick or Treat Meet
2:27.51	Y	BB	P	200	IM	11/3/2022 Girls Sec II Division I Championships
2:48.68	L	BB	P	200	IM	7/20/2023 2023 Adirondack Long Course Championships
6:10.52	L	BB	F	400	IM	7/7/2023 Hawks Summer Invitational 2023
<b>Amila Radeljas (8) F</b>						
19.81	Y	F	25	Free	3/3/2023 AD Silver Short Course Championships	
45.62	Y	F	50	Free	3/3/2023 AD Silver Short Course Championships	
24.50	Y	F	25	Back	3/3/2023 AD Silver Short Course Championships	
58.37	Y	F	50	Back	2/12/2023 Piranha's Pentathlon	
35.65	Y	F	25	Breast	1/29/2023 Stingray Splash	
<b>Margaret Raffo (18) F</b>						
29.26	Y	B	F	50	Free	1/14/2023 Canajoharie Developmental Meet
1:03.39	Y	B	F	100	Free	3/3/2023 AD Silver Short Course Championships
22:21.73	Y	B	F	1650	Free	1/22/2023 Mile Madness
1:09.58	Y	B	F	100	Back	2/26/2023 CVSL Championships
1:21.85	Y	B	F	100	Breast	1/14/2023 Canajoharie Developmental Meet
2:53.76	Y	B	F	200	Breast	3/3/2023 AD Silver Short Course Championships
1:16.90	Y		F	100	Fly	2/26/2023 CVSL Championships
2:33.04	Y	B	F	200	IM	3/3/2023 AD Silver Short Course Championships
<b>Micah Raffo (13) M</b>						
36.14	Y	F	50	Free	2/26/2023 CVSL Championships	
1:23.94	Y	F	100	Free	1/14/2023 Canajoharie Developmental Meet	
44.07	Y	F	50	Back	2/26/2023 CVSL Championships	

CPP-AD

ALBS-AD

HAWK-AD

SCH-AD

NHA-AD

CLRK-AD

CLRK-AD

### Individual Top Times

Time	P/F/S	Event					
<b>Micah Raffo (13) M</b>							
51.60	Y	F	50	Breast	1/14/2023	Canajoharie Developmental Meet	
3:58.46	Y	F	200	Breast	1/22/2023	Mile Madness	
44.24	Y	F	50	Fly	3/3/2023	AD Silver Short Course Championships	
<b>Anvari Rahman (10) M</b>							
1:06.22	S	F	50	Free	5/21/2023	2023 Starfish Meter Madness	
1:09.70	Y	F	50	Free	11/12/2022	Fall frenzy	
2:55.31	Y	F	100	Free	11/12/2022	Fall frenzy	
1:08.25	S	F	50	Back	5/21/2023	2023 Starfish Meter Madness	
1:18.89	Y	F	50	Back	11/12/2022	Fall frenzy	
<b>Agasti Raina (10) F</b>							
21.48	Y	F	25	Free	11/12/2022	Fall frenzy	
49.25	Y	F	50	Free	11/12/2022	Fall frenzy	
1:00.06	S	F	50	Free	5/21/2023	2023 Starfish Meter Madness	
2:11.53	L	F	100	Free	7/7/2023	Hawks Summer Invitational 2023	
4:56.01	L	F	200	Free	7/7/2023	Hawks Summer Invitational 2023	
34.06	Y	F	25	Back	10/22/2022	Trick or Treat Meet	
57.83	Y	F	50	Back	6/11/2023	Piranhas Summer Kick-Off Meet	
2:20.70	L	F	100	Back	7/7/2023	Hawks Summer Invitational 2023	
33.13	Y	F	25	Breast	11/12/2022	Fall frenzy	
1:12.85	S	F	50	Breast	5/21/2023	2023 Starfish Meter Madness	
1:19.48	L	F	50	Breast	7/7/2023	Hawks Summer Invitational 2023	
2:36.91	L	F	100	Breast	7/7/2023	Hawks Summer Invitational 2023	
29.46	Y	F	25	Fly	11/12/2022	Fall frenzy	
1:04.15	L	F	50	Fly	7/7/2023	Hawks Summer Invitational 2023	
2:23.33	Y	F	100	IM	1/6/2023	2023 Starfish Trophy Invitational	
<b>Morgan Rakoske (14) F</b>							
40.21	Y	F	50	Free	3/3/2023	AD Silver Short Course Championships	
1:29.03	Y	F	100	Free	3/3/2023	AD Silver Short Course Championships	
1:47.14	S	F	100	Free	5/21/2023	2023 Starfish Meter Madness	
46.89	Y	F	50	Back	12/11/2022	Sharks 12 & Under Mini Meet	
1:44.82	Y	F	100	Back	3/3/2023	AD Silver Short Course Championships	
1:50.81	S	F	100	Back	5/21/2023	2023 Starfish Meter Madness	
57.63	Y	F	50	Breast	10/22/2022	Trick or Treat Meet	
1:59.09	Y	F	100	Breast	3/3/2023	AD Silver Short Course Championships	
2:08.90	S	F	100	Breast	5/21/2023	2023 Starfish Meter Madness	
1:02.68	Y	F	50	Fly	12/11/2022	Sharks 12 & Under Mini Meet	
1:52.95	Y	F	100	IM	10/22/2022	Trick or Treat Meet	
2:01.83	S	F	100	IM	5/21/2023	2023 Starfish Meter Madness	
<b>Varshana Ramgulam (17) F</b>							
26.41	Y	A	P	50	Free	2/17/2023	2023 Region 1 Short Course Invitational
29.98	L	A	P	50	Free	7/20/2023	2023 Adirondack Long Course Championships
55.25	Y L	AA	F	100	Free	10/8/2022	Shenendehowa Girls Invitational
1:05.70	L	A	P	100	Free	7/20/2023	2023 Adirondack Long Course Championships
2:06.81	Y	A	F	200	Free	6/11/2023	Piranhas Summer Kick-Off Meet
2:24.71	L	A	P	200	Free	7/20/2023	2023 Adirondack Long Course Championships
5:12.72	L	BB	F	400	Free	7/20/2023	2023 Adirondack Long Course Championships
5:35.90	Y	A	F	500	Free	3/3/2023	AD Silver Short Course Championships
1:05.28	Y	BB	P	100	Back	2/17/2023	2023 Region 1 Short Course Invitational
1:19.38	L	BB	F	100	Back	6/24/2023	2023 NE NSSC June Springfield
1:12.10	Y	A	F	100	Breast	3/9/2023	Adirondack Gold Short Course Championships
1:23.33	L	A	F	100	Breast	7/20/2023	2023 Adirondack Long Course Championships
2:36.08	Y	A	F	200	Breast	3/9/2023	Adirondack Gold Short Course Championships
3:02.46	L	A	F	200	Breast	7/20/2023	2023 Adirondack Long Course Championships
1:00.61	Y	A	P	100	Fly	11/3/2022	Girls Sec II Division I Championships
1:10.23	L	A	F	100	Fly	7/20/2023	2023 Adirondack Long Course Championships
2:20.90	Y	BB	F	200	Fly	3/9/2023	Adirondack Gold Short Course Championships

CLRK-AD

SCHE-AD

CPP-AD

SCHE-AD

CPP-AD

### Individual Top Times

Time	P/F/S	Event	
<b>Varshana Ramgulam (17) F</b>			<b>UN-AD</b>
2:16.54 Y A F	200 IM	11/3/2022	Girls Sec II Division I Championships
2:38.07 L A F	200 IM	7/20/2023	2023 Adirondack Long Course Championships
4:50.33 Y A F	400 IM	2/17/2023	2023 Region 1 Short Course Invitational
5:51.90 L BB F	400 IM	6/24/2023	2023 NE NSSC June Springfield
<b>Anna Ramsdill (13) F</b>			<b>SARY-AD</b>
33.41 Y F	50 Free	6/11/2023	Piranhas Summer Kick-Off Meet
1:14.05 Y F	100 Free	6/11/2023	Piranhas Summer Kick-Off Meet
40.95 Y F	50 Back	1/29/2023	Stingray Splash
46.52 Y F	50 Breast	12/11/2022	Sharks 12 & Under Mini Meet
47.94 Y F	50 Fly	2/4/2023	Delmar Dolphins Febuary Freeze
1:26.14 Y F	100 IM	6/11/2023	Piranhas Summer Kick-Off Meet
<b>Jack Reale (15) M</b>			<b>NHA-AD</b>
27.45 Y B F	50 Free	3/3/2023	AD Silver Short Course Championships
1:01.45 Y B F	100 Free	3/3/2023	AD Silver Short Course Championships
1:10.59 Y F	100 Back	2/12/2023	Piranha's Pentathlon
1:26.90 Y F	100 Breast	3/3/2023	AD Silver Short Course Championships
1:29.26 Y F	100 Fly	2/12/2023	Piranha's Pentathlon
2:44.01 Y F	200 IM	3/3/2023	AD Silver Short Course Championships
<b>Margaret Reale (16) F</b>			<b>NHA-AD</b>
26.84 Y A P	50 Free	3/9/2023	Adirondack Gold Short Course Championships
59.09 Y BB P	100 Free	3/9/2023	Adirondack Gold Short Course Championships
2:15.01 Y BB F	200 Free	3/3/2023	AD Silver Short Course Championships
6:18.38 Y B F	500 Free	1/22/2023	Mile Madness
1:15.18 Y F	100 Back	3/3/2023	AD Silver Short Course Championships
2:38.13 Y B F	200 Back	3/3/2023	AD Silver Short Course Championships
1:27.11 Y F	100 Breast	2/12/2023	Piranha's Pentathlon
3:10.27 Y F	200 Breast	3/3/2023	AD Silver Short Course Championships
1:17.72 Y F	100 Fly	2/12/2023	Piranha's Pentathlon
2:36.72 Y B F	200 IM	3/3/2023	AD Silver Short Course Championships
<b>Braylyn Record (12) M</b>			<b>GLFY-AD</b>
57.97 Y F	50 Free	1/29/2023	Stingray Splash
47.81 Y F	50 Back	1/29/2023	Stingray Splash
1:00.53 Y F	50 Breast	1/29/2023	Stingray Splash
<b>Kaitlyn Redfern (15) F</b>			<b>NTS-AD</b>
28.47 Y BB F	50 Free	1/7/2023	Mexico Tiger Sharks January Meet
32.11 L BB F	50 Free	7/1/2023	Niagara LSC LC Super Circuit Meet
59.22 Y L BB F	100 Free	3/9/2023	Adirondack Gold Short Course Championships
2:08.09 Y A T	200 Free	2/17/2023	2023 Region 1 Short Course Invitational
1:03.63 Y A P	100 Back	3/9/2023	Adirondack Gold Short Course Championships
1:10.81 L AA F	100 Back	7/20/2023	2023 Adirondack Long Course Championships
2:11.73 Y AA P	200 Back	3/29/2023	2023 Eastern Zone SC Age Group Championships
2:36.95 L A F	200 Back	7/20/2023	2023 Adirondack Long Course Championships
1:08.84 Y AA F	100 Breast	3/29/2023	2023 Eastern Zone SC Age Group Championships
1:24.35 L A F	100 Breast	7/20/2023	2023 Adirondack Long Course Championships
2:28.99 Y AA P	200 Breast	3/29/2023	2023 Eastern Zone SC Age Group Championships
2:57.90 L A F	200 Breast	7/20/2023	2023 Adirondack Long Course Championships
2:15.90 Y AA P	200 IM	3/29/2023	2023 Eastern Zone SC Age Group Championships
2:39.12 L A F	200 IM	7/20/2023	2023 Adirondack Long Course Championships
<b>Margaret Reed (8) F</b>			<b>CLRK-AD</b>
22.78 Y F	25 Free	3/3/2023	AD Silver Short Course Championships
23.29 S F	25 Free	5/21/2023	2023 Starfish Meter Madness
50.12 Y F	50 Free	2/26/2023	CVSL Championships
1:58.75 Y F	100 Free	1/6/2023	2023 Starfish Trophy Invitational
24.91 Y F	25 Back	3/3/2023	AD Silver Short Course Championships
27.52 S F	25 Back	5/21/2023	2023 Starfish Meter Madness
55.21 Y F	50 Back	2/26/2023	CVSL Championships

### Individual Top Times

Time	P/F/S	Event			
<b>Margaret Reed (8) F</b>					
30.86 Y	F	25 Breast	3/3/2023	AD Silver Short Course Championships	<b>CLRK-AD</b>
1:06.12 Y	F	50 Breast	2/4/2023	Delmar Dolphins Febuary Freeze	
1:11.09 Y	F	50 Fly	1/6/2023	2023 Starfish Trophy Invitational	
2:17.80 Y	F	100 IM	1/14/2023	Canajoharie Developmental Meet	
<b>Willa Reed (10) F</b>					
42.37 Y	F	50 Free	3/3/2023	AD Silver Short Course Championships	<b>CLRK-AD</b>
48.86 S	F	50 Free	5/21/2023	2023 Starfish Meter Madness	
1:39.31 Y	F	100 Free	3/3/2023	AD Silver Short Course Championships	
3:30.64 Y	F	200 Free	3/3/2023	AD Silver Short Course Championships	
50.18 Y	F	50 Back	3/3/2023	AD Silver Short Course Championships	
55.31 S	F	50 Back	5/21/2023	2023 Starfish Meter Madness	
52.52 Y B	F	50 Breast	2/4/2023	Delmar Dolphins Febuary Freeze	
59.03 S	F	50 Breast	5/21/2023	2023 Starfish Meter Madness	
2:01.30 Y	F	100 IM	2/26/2023	CVSL Championships	
2:07.59 S	F	100 IM	5/21/2023	2023 Starfish Meter Madness	
<b>Dylan Reichl (17) M</b>					
25.07 Y BB	F	50 Free	3/3/2023	AD Silver Short Course Championships	<b>BFIN-AD</b>
28.46 L BB	F	50 Free	7/7/2023	Hawks Summer Invitational 2023	
53.84 Y BB	F	100 Free	3/3/2023	AD Silver Short Course Championships	
1:03.99 L BB	P	100 Free	7/20/2023	2023 Adirondack Long Course Championships	
1:57.72 Y BB	F	200 Free	3/3/2023	AD Silver Short Course Championships	
2:14.42 L BB	P	200 Free	7/20/2023	2023 Adirondack Long Course Championships	
4:42.85 L BB	F	400 Free	7/20/2023	2023 Adirondack Long Course Championships	
5:20.09 Y BB	P	500 Free	12/1/2022	2022 STAR Short Course Invitational	
30.39 Y L	F	50 Back	3/9/2023	Adirondack Gold Short Course Championships	
1:04.80 Y B	P	100 Back	2/17/2023	2023 Region 1 Short Course Invitational	
1:07.09 Y BB	F	100 Breast	2/16/2023	Boys Section 2 Division 1 Championships	
1:20.18 L BB	F	100 Breast	7/20/2023	2023 Adirondack Long Course Championships	
2:30.20 Y BB	P	200 Breast	3/9/2023	Adirondack Gold Short Course Championships	
2:51.42 L BB	F	200 Breast	7/20/2023	2023 Adirondack Long Course Championships	
1:05.50 Y	F	100 IM	10/22/2022	Trick or Treat Meet	
2:15.11 Y BB	F	200 IM	3/3/2023	AD Silver Short Course Championships	
2:41.65 L B	F	200 IM	6/17/2023	2023 Sail Away on the RIAC Ferry	
<b>Camille Reid (11) F</b>					
37.91 Y	F	50 Free	10/29/2022	Starfish Fall Spooktacular	<b>HAWK-AD</b>
41.53 L	F	50 Free	7/20/2023	2023 Adirondack Long Course Championships	
1:31.86 Y	F	100 Free	3/3/2023	AD Silver Short Course Championships	
1:40.56 L	F	100 Free	7/7/2023	Hawks Summer Invitational 2023	
3:30.87 L	F	200 Free	7/7/2023	Hawks Summer Invitational 2023	
54.82 Y L	F	25 Back	1/6/2023	2023 Starfish Trophy Invitational	
43.66 Y	F	50 Back	2/12/2023	Piranha's Pentathlon	
49.53 L	F	50 Back	7/7/2023	Hawks Summer Invitational 2023	
1:34.22 Y	F	100 Back	3/3/2023	AD Silver Short Course Championships	
1:51.67 L	F	100 Back	7/7/2023	Hawks Summer Invitational 2023	
51.94 Y	F	50 Breast	2/12/2023	Piranha's Pentathlon	
1:03.72 L	F	50 Breast	7/20/2023	2023 Adirondack Long Course Championships	
47.88 Y	F	50 Fly	1/6/2023	2023 Starfish Trophy Invitational	
1:42.04 Y	F	100 IM	3/3/2023	AD Silver Short Course Championships	
3:44.16 Y	F	200 IM	3/3/2023	AD Silver Short Course Championships	
4:17.37 L	F	200 IM	7/7/2023	Hawks Summer Invitational 2023	
<b>Cadence Relyea (13) F</b>					
30.33 Y B	F	50 Free	6/11/2023	Piranhas Summer Kick-Off Meet	<b>DELM-AD</b>
1:06.76 L L	F	50 Free	5/5/2023	2023 NE CRIMSON May Madness	
1:05.88 Y B	P	100 Free	3/9/2023	Adirondack Gold Short Course Championships	
1:17.65 L B	F	100 Free	7/7/2023	Hawks Summer Invitational 2023	
2:31.01 Y B	F	200 Free	1/6/2023	2023 Starfish Trophy Invitational	

### Individual Top Times

Time	P/F/S	Event			
<b>Cadence Relyea (13) F</b>					
<b>DELM-AD</b>					
2:49.40	L B F	200 Free	7/7/2023	Hawks Summer Invitational 2023	
6:53.72	Y F	500 Free	11/12/2022	Fall frenzy	
36.28	Y P	50 Back	3/9/2023	Adirondack Gold Short Course Championships	
44.65	L F	50 Back	7/1/2023	NCAC Summer Meet 2023	
1:19.57	Y F	100 Back	1/6/2023	2023 Starfish Trophy Invitational	
38.87	Y F	50 Breast	3/9/2023	Adirondack Gold Short Course Championships	
44.09	L F	50 Breast	7/7/2023	Hawks Summer Invitational 2023	
1:22.76	Y B P	100 Breast	3/9/2023	Adirondack Gold Short Course Championships	
1:37.24	L B F	100 Breast	7/7/2023	Hawks Summer Invitational 2023	
33.70	Y F	50 Fly	3/9/2023	Adirondack Gold Short Course Championships	
38.93	L F	50 Fly	7/1/2023	NCAC Summer Meet 2023	
1:17.98	Y F	100 Fly	3/3/2023	AD Silver Short Course Championships	
1:27.49	L F	100 Fly	7/1/2023	NCAC Summer Meet 2023	
1:13.50	Y F	100 IM	3/9/2023	Adirondack Gold Short Course Championships	
2:47.18	Y B F	200 IM	1/6/2023	2023 Starfish Trophy Invitational	
<b>Corinna Reynolds (12) F</b>					
<b>SCHE-AD</b>					
37.93	Y F	50 Free	2/4/2023	Delmar Dolphins Febuary Freeze	
1:31.32	Y F	100 Free	11/12/2022	Fall frenzy	
45.09	Y F	50 Back	2/4/2023	Delmar Dolphins Febuary Freeze	
1:43.20	Y F	100 Back	11/12/2022	Fall frenzy	
48.18	Y F	50 Breast	10/22/2022	Trick or Treat Meet	
1:43.13	Y F	100 Breast	11/12/2022	Fall frenzy	
44.49	Y F	50 Fly	2/4/2023	Delmar Dolphins Febuary Freeze	
1:31.37	Y F	100 IM	2/4/2023	Delmar Dolphins Febuary Freeze	
<b>Skylar Ricard (17) F</b>					
<b>BFIN-AD</b>					
25.93	Y A F	50 Free	3/9/2023	Adirondack Gold Short Course Championships	
29.38	L AA P	50 Free	7/20/2023	2023 Adirondack Long Course Championships	
55.33	Y AA F	100 Free	3/9/2023	Adirondack Gold Short Course Championships	
1:06.64	L A P	100 Free	7/20/2023	2023 Adirondack Long Course Championships	
1:58.67	Y AA P	200 Free	3/9/2023	Adirondack Gold Short Course Championships	
2:20.56	L A P	200 Free	7/20/2023	2023 Adirondack Long Course Championships	
4:54.52	L A F	400 Free	7/20/2023	2023 Adirondack Long Course Championships	
5:12.43	Y AA F	500 Free	3/9/2023	Adirondack Gold Short Course Championships	
10:34.95	L BB F	800 Free	6/17/2023	2023 Sail Away on the RIAC Ferry	
1:09.79	Y B F	100 Back	10/22/2022	Trick or Treat Meet	
2:32.62	Y B F	200 Back	1/14/2023	Chris Goody IMX Challenge	
1:24.91	Y F	100 Breast	10/22/2022	Trick or Treat Meet	
3:02.43	Y B F	200 Breast	1/14/2023	Chris Goody IMX Challenge	
1:02.98	Y A P	100 Fly	2/17/2023	2023 Region 1 Short Course Invitational	
1:10.61	L A F	100 Fly	7/20/2023	2023 Adirondack Long Course Championships	
2:19.34	Y A F	200 Fly	2/17/2023	2023 Region 1 Short Course Invitational	
2:40.17	L BB P	200 Fly	7/20/2023	2023 Adirondack Long Course Championships	
2:19.06	Y A P	200 IM	2/17/2023	2023 Region 1 Short Course Invitational	
2:43.49	L BB P	200 IM	7/20/2023	2023 Adirondack Long Course Championships	
5:21.14	Y BB F	400 IM	1/14/2023	Chris Goody IMX Challenge	
<b>Jordan Ricciardelli (14) F</b>					
<b>SARY-AD</b>					
31.19	Y B F	50 Free	6/11/2023	Piranhas Summer Kick-Off Meet	
37.23	Y F	50 Back	1/29/2023	Stingray Splash	
1:18.35	Y F	100 Back	6/11/2023	Piranhas Summer Kick-Off Meet	
41.16	Y F	50 Breast	1/29/2023	Stingray Splash	
1:27.95	Y B F	100 Breast	6/11/2023	Piranhas Summer Kick-Off Meet	
38.15	Y F	50 Fly	1/29/2023	Stingray Splash	
<b>Charles Riccio (9) M</b>					
<b>DELM-AD</b>					
25.49	Y F	25 Free	11/12/2022	Fall frenzy	
51.72	Y F	50 Free	2/4/2023	Delmar Dolphins Febuary Freeze	
1:01.66	Y F	50 Back	2/4/2023	Delmar Dolphins Febuary Freeze	

### Individual Top Times

Time	P/F/S	Event			
<b>Ruby Riccio (7) F</b>					
44.21	Y	F	25	Free	11/12/2022 Fall frenzy
1:24.13	Y	F	50	Free	2/4/2023 Delmar Dolphins Febuary Freeze
50.34	Y	F	25	Back	11/12/2022 Fall frenzy
1:28.25	Y	F	50	Back	2/4/2023 Delmar Dolphins Febuary Freeze
<b>Lucy Richman (10) F</b>					
47.20	Y	F	50	Free	2/4/2023 Delmar Dolphins Febuary Freeze
47.99	L	F	50	Free	7/7/2023 Hawks Summer Invitational 2023
1:00.46	L	F	50	Back	7/7/2023 Hawks Summer Invitational 2023
2:21.68	L	F	100	Back	7/7/2023 Hawks Summer Invitational 2023
1:09.92	Y	F	50	Breast	2/4/2023 Delmar Dolphins Febuary Freeze
1:16.01	L	F	50	Breast	7/7/2023 Hawks Summer Invitational 2023
<b>Aurora Ricketts (11) F</b>					
15.94	Y	F	25	Free	11/12/2021 2021 NE ABF November Trials Final Meet
31.37	Y	B	50	Free	3/9/2023 Adirondack Gold Short Course Championships
34.16	L	BB	50	Free	7/7/2023 Hawks Summer Invitational 2023
1:12.26	Y	B	100	Free	3/9/2023 Adirondack Gold Short Course Championships
1:18.80	L	B	100	Free	7/20/2023 2023 Adirondack Long Course Championships
2:35.26	Y	B	200	Free	3/9/2023 Adirondack Gold Short Course Championships
2:54.77	L	B	200	Free	7/20/2023 2023 Adirondack Long Course Championships
19.68	Y	F	25	Back	11/12/2021 2021 NE ABF November Trials Final Meet
37.29	Y	B	50	Back	3/9/2023 Adirondack Gold Short Course Championships
41.52	L	B	50	Back	7/7/2023 Hawks Summer Invitational 2023
1:21.15	Y	B	100	Back	3/9/2023 Adirondack Gold Short Course Championships
1:32.53	L	B	100	Back	7/7/2023 Hawks Summer Invitational 2023
23.51	Y	F	25	Breast	11/12/2021 2021 NE ABF November Trials Final Meet
47.40	Y	F	50	Breast	1/29/2023 Stingray Splash
50.47	L	F	50	Breast	7/7/2023 Hawks Summer Invitational 2023
1:38.23	Y	F	100	Breast	3/9/2023 Adirondack Gold Short Course Championships
20.44	Y	F	25	Fly	11/12/2021 2021 NE ABF November Trials Final Meet
38.12	Y	F	50	Fly	3/9/2023 Adirondack Gold Short Course Championships
43.33	L	F	50	Fly	7/20/2023 2023 Adirondack Long Course Championships
1:31.97	Y	F	100	Fly	1/14/2023 Chris Goody IMX Challenge
1:38.26	L	F	100	Fly	7/20/2023 2023 Adirondack Long Course Championships
1:23.16	Y	B	100	IM	6/11/2023 Piranhas Summer Kick-Off Meet
2:56.86	Y	B	200	IM	3/9/2023 Adirondack Gold Short Course Championships
3:24.10	L	B	200	IM	7/20/2023 2023 Adirondack Long Course Championships
<b>Greyson Rigolosi (11) M</b>					
32.90	Y	F	50	Free	3/9/2023 Adirondack Gold Short Course Championships
36.78	L	B	50	Free	7/20/2023 2023 Adirondack Long Course Championships
1:12.90	Y	F	100	Free	3/9/2023 Adirondack Gold Short Course Championships
1:20.42	L	B	100	Free	6/10/2023 2023 MR LIAC Summertime Classic Invitational
2:57.37	L	B	200	Free	7/20/2023 2023 Adirondack Long Course Championships
38.28	Y	F	50	Back	3/9/2023 Adirondack Gold Short Course Championships
43.39	L	B	50	Back	7/7/2023 Hawks Summer Invitational 2023
1:36.28	L	F	100	Back	6/10/2023 2023 MR LIAC Summertime Classic Invitational
49.19	Y	F	50	Breast	3/3/2023 AD Silver Short Course Championships
54.14	L	F	50	Breast	7/20/2023 2023 Adirondack Long Course Championships
40.82	Y	F	50	Fly	3/9/2023 Adirondack Gold Short Course Championships
46.25	L	F	50	Fly	7/20/2023 2023 Adirondack Long Course Championships
1:45.46	L	F	100	Fly	7/7/2023 Hawks Summer Invitational 2023
1:22.45	Y	F	100	IM	3/9/2023 Adirondack Gold Short Course Championships
<b>Jennavieve Rigosu (14) F</b>					
33.39	Y	F	50	Free	12/3/2022 CVSL Tri Meet
1:22.09	Y	F	100	Free	3/3/2023 AD Silver Short Course Championships
3:09.52	Y	F	200	Free	11/19/2022 CVSL Tri Meet
39.17	Y	F	50	Back	3/3/2023 AD Silver Short Course Championships

DELM-AD

DELM-AD

SCHE-AD

SCHE-AD

IJSC-AD

### Individual Top Times

Time	P/F/S	Event					
<b>Jennavieve Rigosu (14) F</b>							
1:25.18	Y	F	100	Back	2/26/2023	CVSL Championships	
49.90	Y	F	50	Breast	11/5/2022	First Splash	
1:50.42	Y	F	100	Breast	3/3/2023	AD Silver Short Course Championships	
46.10	Y	F	50	Fly	11/19/2022	CVSL Tri Meet	
1:37.60	Y	F	100	IM	3/3/2023	AD Silver Short Course Championships	
3:31.91	Y	F	200	IM	12/3/2022	CVSL Tri Meet	
<b>Ivy Rio (10) F</b>							
50.27	L	F	50	Free	7/1/2023	Niagara LSC LC Super Circuit Meet	
1:05.25	L	F	50	Back	7/1/2023	Niagara LSC LC Super Circuit Meet	
<b>Willa Rio (13) F</b>							
29.68	Y	BB	P	50	Free	3/9/2023	Adirondack Gold Short Course Championships
1:07.13	Y	B	P	100	Free	3/9/2023	Adirondack Gold Short Course Championships
1:15.99	L	B	F	100	Free	7/1/2023	Niagara LSC LC Super Circuit Meet
2:24.80	Y	B	P	200	Free	3/9/2023	Adirondack Gold Short Course Championships
2:44.22	L	B	F	200	Free	7/1/2023	Niagara LSC LC Super Circuit Meet
37.31	Y		F	50	Back	10/22/2022	Trick or Treat Meet
1:24.66	Y		F	100	Back	1/14/2023	Canajoharie Developmental Meet
44.17	Y		F	50	Breast	10/22/2022	Trick or Treat Meet
1:34.88	Y		F	100	Breast	2/12/2023	Piranha's Pentathlon
34.26	Y		P	50	Fly	3/9/2023	Adirondack Gold Short Course Championships
39.03	L		F	50	Fly	7/1/2023	Niagara LSC LC Super Circuit Meet
1:17.05	Y		F	100	Fly	2/12/2023	Piranha's Pentathlon
1:18.07	Y		F	100	IM	2/12/2023	Piranha's Pentathlon
2:52.58	Y		F	200	IM	1/29/2023	Stingray Splash
<b>Olivia Rittershausen (12) F</b>							
43.87	Y		F	50	Free	1/29/2023	Stingray Splash
56.12	Y		F	50	Back	10/29/2022	Starfish Fall Spooktacular
55.97	Y		F	50	Breast	1/29/2023	Stingray Splash
57.33	Y		F	50	Fly	1/29/2023	Stingray Splash
<b>Avah Rivera (11) F</b>							
42.49	Y		F	50	Free	11/12/2022	Fall frenzy
1:07.03	Y		F	50	Fly	11/12/2022	Fall frenzy
<b>Kaleb Rivera (11) M</b>							
53.43	Y		F	50	Free	11/12/2022	Fall frenzy
2:13.99	Y		F	100	IM	11/12/2022	Fall frenzy
<b>Grace Roberts (19) F</b>							
24.53	Y		F	50	Free	11/3/2022	Girls Sec II Division I Championships
24.53	Y		P	50	Free	11/3/2022	Girls Sec II Division I Championships
54.14	Y		F	100	Free	11/3/2022	Girls Sec II Division I Championships
1:07.45	S		F	100	Free	5/21/2023	2023 Starfish Meter Madness
2:00.00	Y		F	200	Free	3/9/2023	Adirondack Gold Short Course Championships
1:17.82	S		F	100	Back	5/21/2023	2023 Starfish Meter Madness
1:18.24	Y		F	100	Breast	2/4/2023	Delmar Dolphins Febuary Freeze
1:26.77	S		F	100	Breast	5/21/2023	2023 Starfish Meter Madness
59.41	Y		P	100	Fly	3/9/2023	Adirondack Gold Short Course Championships
1:10.08	S		F	100	Fly	5/21/2023	2023 Starfish Meter Madness
2:12.45	Y		F	200	Fly	3/9/2023	Adirondack Gold Short Course Championships
1:15.04	S		F	100	IM	5/21/2023	2023 Starfish Meter Madness
2:24.05	Y		P	200	IM	1/6/2023	2023 Starfish Trophy Invitational
<b>Sophia Roberts (16) F</b>							
27.87	Y	BB	P	50	Free	12/1/2022	2022 STAR Short Course Invitational
1:00.39	Y	BB	P	100	Free	3/9/2023	Adirondack Gold Short Course Championships
2:12.63	Y	BB	P	200	Free	2/17/2023	2023 Region 1 Short Course Invitational
6:13.22	Y	B	F	500	Free	1/14/2023	Chris Goody IMX Challenge
2:44.26	Y		F	200	Back	1/14/2023	Chris Goody IMX Challenge
1:16.15	Y	BB	F	100	Breast	3/9/2023	Adirondack Gold Short Course Championships



### Individual Top Times

Time	P/F/S	Event				
<b>Sophia Roberts (16) F</b>						
2:46.14	Y BB	F	200	Breast	3/9/2023	Adirondack Gold Short Course Championships
2:56.54	Y	F	200	Fly	1/14/2023	Chris Goody IMX Challenge
2:34.63	Y BB	P	200	IM	2/17/2023	2023 Region 1 Short Course Invitational
5:38.84	Y B	F	400	IM	1/14/2023	Chris Goody IMX Challenge
<b>Benjamin Robinson (10) M</b>						
49.16	Y	F	50	Free	6/11/2023	Piranhas Summer Kick-Off Meet
52.44	S	F	50	Free	5/21/2023	2023 Starfish Meter Madness
1:57.86	Y	F	100	Free	6/11/2023	Piranhas Summer Kick-Off Meet
58.55	Y	F	50	Back	6/11/2023	Piranhas Summer Kick-Off Meet
1:04.08	S	F	50	Back	5/21/2023	2023 Starfish Meter Madness
<b>Isabella Robles (15) F</b>						
32.32	Y	F	50	Free	3/3/2023	AD Silver Short Course Championships
38.24	L	F	50	Free	5/20/2023	2023 NE NSSC May Springfield
1:08.48	Y B	F	100	Free	3/3/2023	AD Silver Short Course Championships
1:23.40	L	F	100	Free	7/1/2023	NCAC Summer Meet 2023
2:29.39	Y B	F	200	Free	3/3/2023	AD Silver Short Course Championships
2:58.53	L	F	200	Free	5/20/2023	2023 NE NSSC May Springfield
6:32.07	L	F	400	Free	5/20/2023	2023 NE NSSC May Springfield
6:51.42	Y	F	500	Free	10/22/2022	Trick or Treat Meet
26:48.08	L	F	1500	Free	7/7/2023	Hawks Summer Invitational 2023
1:23.44	Y	F	100	Back	2/4/2023	Delmar Dolphins Febuary Freeze
1:42.35	L	F	100	Back	5/20/2023	2023 NE NSSC May Springfield
3:03.35	Y	F	200	Back	11/12/2022	Fall frenzy
1:34.54	Y	F	100	Breast	2/12/2023	Piranha's Pentathlon
1:55.52	L	F	100	Breast	7/1/2023	NCAC Summer Meet 2023
3:34.57	Y	F	200	Breast	11/12/2022	Fall frenzy
1:22.98	Y	F	100	Fly	2/12/2023	Piranha's Pentathlon
1:43.22	L	F	100	Fly	5/20/2023	2023 NE NSSC May Springfield
3:16.91	Y	F	200	Fly	11/12/2022	Fall frenzy
1:23.66	Y	F	100	IM	10/22/2022	Trick or Treat Meet
2:54.16	Y	F	200	IM	2/12/2023	Piranha's Pentathlon
3:34.45	L	F	200	IM	7/1/2023	NCAC Summer Meet 2023
6:21.59	Y	F	400	IM	11/12/2022	Fall frenzy
<b>Sydney Rochefort (17) F</b>						
1:07.11	Y B	F	100	Free	12/3/2022	2022 North Country Invitational
3:06.27	Y	F	200	Breast	12/3/2022	2022 North Country Invitational
1:19.22	Y	F	100	Fly	12/3/2022	2022 North Country Invitational
2:41.83	Y B	F	200	IM	12/3/2022	2022 North Country Invitational
<b>Logan Rodriguez (15) M</b>						
33.97	Y	F	50	Free	3/3/2023	AD Silver Short Course Championships
2:36.84	Y	F	200	Free	3/3/2023	AD Silver Short Course Championships
7:18.75	Y	F	500	Free	1/14/2023	Chris Goody IMX Challenge
3:08.96	Y	F	200	Back	11/12/2022	Fall frenzy
3:41.79	Y	F	200	Breast	1/14/2023	Chris Goody IMX Challenge
6:36.91	Y	F	400	IM	1/14/2023	Chris Goody IMX Challenge
<b>Luca Roglieri (10) M</b>						
18.30	Y	F	25	Free	11/12/2022	Fall frenzy
39.78	Y	F	50	Free	11/12/2022	Fall frenzy
44.46	L	F	50	Free	7/20/2023	2023 Adirondack Long Course Championships
1:30.07	Y	F	100	Free	1/6/2023	2023 Starfish Trophy Invitational
1:48.20	L	F	100	Free	7/20/2023	2023 Adirondack Long Course Championships
3:29.40	Y	F	200	Free	3/3/2023	AD Silver Short Course Championships
3:45.96	L	F	200	Free	7/20/2023	2023 Adirondack Long Course Championships
20.98	Y	F	25	Back	12/3/2022	2022 North Country Invitational
45.16	Y B	F	50	Back	3/3/2023	AD Silver Short Course Championships
52.58	L B	F	50	Back	7/20/2023	2023 Adirondack Long Course Championships

SCHE-AD

SCHE-AD

DELM-AD

NTS-AD

BFIN-AD

CPP-AD

### Individual Top Times

Time	P/F/S	Event					
<b>Luca Roglieri (10) M</b>							
1:44.22	Y	F	100	Back	3/3/2023	AD Silver Short Course Championships	
42.09	Y	F	25	Breast	10/22/2022	Trick or Treat Meet	
1:36.80	Y	F	50	Breast	2/12/2023	Piranha's Pentathlon	
22.36	Y	F	25	Fly	11/12/2022	Fall frenzy	
<b>Isabella Rogowski (14) F</b>							
30.56	Y	B	P	50	Free	3/9/2023	Adirondack Gold Short Course Championships
1:08.28	Y	B	F	100	Free	3/3/2023	AD Silver Short Course Championships
2:35.76	Y	F	200	Free	3/3/2023	AD Silver Short Course Championships	
7:04.57	Y	F	500	Free	1/14/2023	Chris Goody IMX Challenge	
34.58	Y	P	50	Back	3/9/2023	Adirondack Gold Short Course Championships	
1:13.28	Y	B	F	100	Back	3/9/2023	Adirondack Gold Short Course Championships
37.48	Y	F	50	Breast	3/9/2023	Adirondack Gold Short Course Championships	
1:22.06	Y	B	F	100	Breast	3/9/2023	Adirondack Gold Short Course Championships
2:54.04	Y	BB	F	200	Breast	3/9/2023	Adirondack Gold Short Course Championships
33.74	Y	F	50	Fly	3/9/2023	Adirondack Gold Short Course Championships	
1:19.60	Y	F	100	Fly	3/3/2023	AD Silver Short Course Championships	
1:13.40	Y	P	100	IM	3/9/2023	Adirondack Gold Short Course Championships	
2:45.76	Y	B	F	200	IM	3/3/2023	AD Silver Short Course Championships
<b>Ethan Rogowski (20) M</b>							
22.33	Y	F	50	Free	6/11/2023	Piranhas Summer Kick-Off Meet	
24.91	L	F	50	Free	7/20/2023	2023 Adirondack Long Course Championships	
54.65	L	P	100	Free	7/20/2023	2023 Adirondack Long Course Championships	
9:53.65	Y	F	1000	Free	11/12/2021	2021 NE ABF November Trials Final Meet	
55.85	Y	P	100	Back	11/12/2021	2021 NE ABF November Trials Final Meet	
1:03.09	L	L	F	100	Back	7/20/2023	2023 Adirondack Long Course Championships
53.36	Y	F	100	Fly	6/11/2023	Piranhas Summer Kick-Off Meet	
2:15.45	L	P	200	Fly	7/20/2023	2023 Adirondack Long Course Championships	
<b>Dante Romanelli (9) M</b>							
28.40	Y	F	25	Free	1/14/2023	Canajoharie Developmental Meet	
26.68	Y	F	25	Back	1/14/2023	Canajoharie Developmental Meet	
<b>Lili Romanovsky (14) F</b>							
35.07	Y	F	50	Free	11/12/2022	Fall frenzy	
1:25.78	Y	F	100	Free	1/14/2023	Canajoharie Developmental Meet	
3:07.02	Y	F	200	Free	11/12/2022	Fall frenzy	
1:33.05	Y	F	100	Back	1/29/2023	Stingray Splash	
3:00.64	Y	F	200	Back	11/12/2022	Fall frenzy	
<b>Victoria Romanovsky (12) F</b>							
55.01	Y	F	50	Free	3/3/2023	AD Silver Short Course Championships	
55.03	S	F	50	Free	5/21/2023	2023 Starfish Meter Madness	
1:00.84	S	F	50	Back	5/21/2023	2023 Starfish Meter Madness	
1:02.90	Y	F	50	Back	1/14/2023	Canajoharie Developmental Meet	
<b>Suzanne Rooney (10) F</b>							
50.01	Y	F	50	Free	3/3/2023	AD Silver Short Course Championships	
58.75	S	F	50	Free	5/21/2023	2023 Starfish Meter Madness	
2:12.94	Y	F	100	Free	3/3/2023	AD Silver Short Course Championships	
56.61	Y	F	50	Back	3/3/2023	AD Silver Short Course Championships	
1:06.02	S	F	50	Back	5/21/2023	2023 Starfish Meter Madness	
1:06.37	Y	F	50	Fly	3/3/2023	AD Silver Short Course Championships	
<b>Josha Roopnarine (17) M</b>							
24.14	Y	BB	P	50	Free	3/9/2023	Adirondack Gold Short Course Championships
52.91	Y	BB	F	100	Free	3/3/2023	AD Silver Short Course Championships
2:01.77	Y	BB	F	200	Free	3/3/2023	AD Silver Short Course Championships
5:47.76	Y	B	F	500	Free	12/18/2022	Piranha's December Distance Invite
1:03.59	Y	B	F	100	Back	3/3/2023	AD Silver Short Course Championships
2:25.91	Y	P	200	Back	1/6/2023	2023 Starfish Trophy Invitational	
1:11.64	Y	B	F	100	Breast	1/6/2023	2023 Starfish Trophy Invitational

### Individual Top Times

Time	P/F/S	Event	
<b>Joshua Roopnarine (17) M</b>			<b>BENN-AD</b>
2:41.59 Y B F	200 Breast	1/6/2023	2023 Starfish Trophy Invitational
1:00.94 Y BB F	100 Fly	3/3/2023	AD Silver Short Course Championships
2:17.37 Y B F	200 IM	3/3/2023	AD Silver Short Course Championships
<b>Priya Roopnarine (13) F</b>			<b>BENN-AD</b>
35.23 Y P	50 Free	1/6/2023	2023 Starfish Trophy Invitational
1:19.39 Y P	100 Free	1/6/2023	2023 Starfish Trophy Invitational
44.51 Y F	50 Back	1/29/2023	Stingray Splash
47.29 Y P	50 Breast	1/6/2023	2023 Starfish Trophy Invitational
1:40.87 Y P	100 Breast	1/6/2023	2023 Starfish Trophy Invitational
43.99 Y F	50 Fly	3/3/2023	AD Silver Short Course Championships
1:32.17 Y P	100 IM	1/6/2023	2023 Starfish Trophy Invitational
<b>Avada Roos (15) F</b>			<b>UN-AD</b>
28.93 Y L BB F	50 Free	2/16/2023	Boys Section 2 Division 2 Championships
1:07.73 Y B F	100 Free	1/29/2023	Stingray Splash
2:33.70 Y F	200 Free	1/22/2023	Mile Madness
6:53.41 Y F	500 Free	1/22/2023	Mile Madness
24:48.31 Y F	1650 Free	1/22/2023	Mile Madness
1:19.42 Y F	100 Back	1/14/2023	Canajoharie Developmental Meet
1:20.04 Y F	100 Fly	2/12/2023	Piranha's Pentathlon
2:55.25 Y F	200 IM	2/12/2023	Piranha's Pentathlon
<b>Gemmaline Rose (9) F</b>			<b>CPP-AD</b>
29.06 Y F	25 Free	11/12/2022	Fall frenzy
1:09.62 Y F	50 Free	12/11/2022	Sharks 12 & Under Mini Meet
1:27.41 S F	50 Free	5/21/2023	2023 Starfish Meter Madness
29.01 Y F	25 Back	11/12/2022	Fall frenzy
1:07.22 Y F	50 Back	2/12/2023	Piranha's Pentathlon
<b>Samuel Rosen (16) M</b>			<b>ALBS-AD</b>
25.62 Y BB P	50 Free	2/17/2023	2023 Region 1 Short Course Invitational
56.18 Y BB F	100 Free	3/3/2023	AD Silver Short Course Championships
2:03.92 Y BB F	200 Free	2/16/2023	Boys Section 2 Division 2 Championships
2:31.08 L B F	200 Free	7/7/2023	Hawks Summer Invitational 2023
5:40.56 Y BB F	500 Free	2/16/2023	Boys Section 2 Division 2 Championships
21:56.03 L B F	1500 Free	7/7/2023	Hawks Summer Invitational 2023
31.51 Y L P	50 Back	2/16/2023	Boys Section 2 Division 2 Championships
1:07.20 Y B F	100 Back	2/4/2023	Delmar Dolphins Febuary Freeze
2:25.91 Y B F	200 Back	1/6/2023	2023 Starfish Trophy Invitational
2:55.51 L F	200 Back	7/7/2023	Hawks Summer Invitational 2023
1:21.47 Y F	100 Breast	3/3/2023	AD Silver Short Course Championships
1:14.22 Y F	100 Fly	2/4/2023	Delmar Dolphins Febuary Freeze
1:20.38 S F	100 Fly	5/21/2023	2023 Starfish Meter Madness
1:27.05 L F	100 Fly	7/7/2023	Hawks Summer Invitational 2023
1:12.67 Y F	100 IM	10/22/2022	Trick or Treat Meet
2:27.64 Y B F	200 IM	3/3/2023	AD Silver Short Course Championships
<b>Maya Rosko (16) F</b>			<b>SARY-AD</b>
32.14 Y F	50 Free	3/3/2023	AD Silver Short Course Championships
1:16.68 Y F	100 Free	1/29/2023	Stingray Splash
1:23.05 Y F	100 Back	6/11/2023	Piranhas Summer Kick-Off Meet
1:44.17 Y F	100 Breast	6/11/2023	Piranhas Summer Kick-Off Meet
<b>Parker Rosko (12) M</b>			<b>SARY-AD</b>
36.71 Y F	50 Free	6/11/2023	Piranhas Summer Kick-Off Meet
1:23.29 Y F	100 Free	6/11/2023	Piranhas Summer Kick-Off Meet
41.12 Y F	50 Back	6/11/2023	Piranhas Summer Kick-Off Meet
46.91 Y F	50 Fly	6/11/2023	Piranhas Summer Kick-Off Meet
1:47.27 Y F	100 IM	12/11/2022	Sharks 12 & Under Mini Meet
<b>Ella Rossetti (12) F</b>			<b>GRGF-AD</b>
44.13 Y F	50 Free	2/4/2023	Delmar Dolphins Febuary Freeze

### Individual Top Times

Time	P/F/S	Event					
<b>Ella Rossetti (12) F</b>							
1:35.49	Y	F	100	Free	12/11/2022	Sharks 12 & Under Mini Meet	
49.00	Y	P	50	Back	1/6/2023	2023 Starfish Trophy Invitational	
2:02.06	Y	F	100	Back	11/12/2022	Fall frenzy	
56.61	Y	F	50	Breast	2/4/2023	Delmar Dolphins Febuary Freeze	
1:53.05	Y	F	100	IM	12/11/2022	Sharks 12 & Under Mini Meet	
<b>Nicholas Ross (10) M</b>							
45.39	Y	F	50	Free	6/11/2023	Piranhas Summer Kick-Off Meet	
2:13.17	Y	F	100	Free	3/3/2023	AD Silver Short Course Championships	
1:01.11	Y	F	50	Back	2/4/2023	Delmar Dolphins Febuary Freeze	
<b>Joseph Roth (10) M</b>							
41.16	Y	F	50	Free	12/11/2022	Sharks 12 & Under Mini Meet	
57.23	Y	F	50	Breast	12/11/2022	Sharks 12 & Under Mini Meet	
1:03.03	Y	F	50	Fly	12/11/2022	Sharks 12 & Under Mini Meet	
1:50.15	Y	F	100	IM	12/11/2022	Sharks 12 & Under Mini Meet	
<b>Conner Rudd (17) M</b>							
22.92	Y	A	F	50	Free	3/9/2023	Adirondack Gold Short Course Championships
27.03	L	A	F	50	Free	7/20/2023	2023 Adirondack Long Course Championships
27.03	L	A	P	50	Free	7/20/2023	2023 Adirondack Long Course Championships
49.54	Y	AA	P	100	Free	2/16/2023	Boys Section 2 Division 1 Championships
58.73	L	A	F	100	Free	7/20/2023	2023 Adirondack Long Course Championships
1:47.87	Y	AA	P	200	Free	2/16/2023	Boys Section 2 Division 1 Championships
2:08.51	L	A	P	200	Free	7/20/2023	2023 Adirondack Long Course Championships
4:39.14	L	A	F	400	Free	7/20/2023	2023 Adirondack Long Course Championships
4:57.35	Y	AA	F	500	Free	3/9/2023	Adirondack Gold Short Course Championships
17:14.28	Y	AA	F	1650	Free	3/9/2023	Adirondack Gold Short Course Championships
56.46	Y	A	P	100	Back	3/9/2023	Adirondack Gold Short Course Championships
1:11.10	L	BB	F	100	Back	6/24/2023	2023 NE NSSC June Springfield
2:28.44	L	BB	F	200	Back	7/20/2023	2023 Adirondack Long Course Championships
1:09.38	Y	BB	F	100	Breast	6/11/2023	Piranhas Summer Kick-Off Meet
54.75	Y	A	F	100	Fly	3/9/2023	Adirondack Gold Short Course Championships
1:03.49	L	A	F	100	Fly	7/20/2023	2023 Adirondack Long Course Championships
2:27.52	L	BB	F	200	Fly	7/20/2023	2023 Adirondack Long Course Championships
2:02.32	Y	A	F	200	IM	3/9/2023	Adirondack Gold Short Course Championships
2:25.86	L	A	F	200	IM	7/20/2023	2023 Adirondack Long Course Championships
4:23.17	Y	A	F	400	IM	3/9/2023	Adirondack Gold Short Course Championships
5:12.05	L	A	F	400	IM	7/20/2023	2023 Adirondack Long Course Championships
<b>Kloe Russo (14) F</b>							
27.97	Y	BB	P	50	Free	3/9/2023	Adirondack Gold Short Course Championships
1:02.35	Y	BB	F	100	Free	3/3/2023	AD Silver Short Course Championships
2:29.14	Y	B	F	200	Free	3/3/2023	AD Silver Short Course Championships
1:13.75	Y	B	F	100	Back	1/29/2023	Stingray Splash
1:17.33	Y	BB	P	100	Breast	3/9/2023	Adirondack Gold Short Course Championships
2:45.17	Y	BB	F	200	Breast	3/9/2023	Adirondack Gold Short Course Championships
2:39.65	Y	B	F	200	IM	3/3/2023	AD Silver Short Course Championships
<b>Eric Ryan (18) M</b>							
22.46	Y	AA	F	50	Free	2/17/2023	2023 Region 1 Short Course Invitational
27.21	L	A	F	50	Free	5/5/2023	2023 NE CRIMSON May Madness
49.37	Y L	AA	F	100	Free	12/1/2022	2022 STAR Short Course Invitational
58.81	L	A	F	100	Free	6/2/2023	STAR LC Kick Off Meet
1:51.33	Y	A	P	200	Free	11/12/2021	2021 NE ABF November Trials Final Meet
2:13.27	L	BB	F	200	Free	6/2/2023	STAR LC Kick Off Meet
5:02.27	Y	A	F	500	Free	11/12/2021	2021 NE ABF November Trials Final Meet
1:00.42	Y	BB	P	100	Back	11/12/2021	2021 NE ABF November Trials Final Meet
1:10.93	L	BB	F	100	Back	5/5/2023	2023 NE CRIMSON May Madness
32.58	L	F	F	50	Breast	6/24/2023	2023 NE NSSC June Springfield
58.29	Y	AAA	F	100	Breast	12/1/2022	2022 STAR Short Course Invitational

GRGF-AD

DELM-AD

NHA-AD

CPP-AD

GRGF-AD

SCHE-AD

### Individual Top Times

Time	P/F/S	Event				
<b>Eric Ryan (18) M</b>						
						<b>DELM-AD</b>
1:13.78	L A F	100 Breast	6/24/2023	2023 NE NSSC June Springfield		
2:11.69	Y AA F	200 Breast	2/17/2023	2023 Region 1 Short Course Invitational		
2:50.81	L BB F	200 Breast	5/5/2023	2023 NE CRIMSON May Madness		
27.90	L F	50 Fly	6/24/2023	2023 NE NSSC June Springfield		
51.09	Y AAA F	100 Fly	2/16/2023	Boys Section 2 Division 1 Championships		
1:01.70	L AA F	100 Fly	6/2/2023	STAR LC Kick Off Meet		
1:57.94	Y AA F	200 Fly	2/17/2023	2023 Region 1 Short Course Invitational		
2:31.29	L BB F	200 Fly	5/5/2023	2023 NE CRIMSON May Madness		
56.75	Y F	100 IM	10/22/2022	Trick or Treat Meet		
1:55.77	Y AAA F	200 IM	2/16/2023	Boys Section 2 Division 1 Championships		
2:28.26	L A F	200 IM	6/24/2023	2023 NE NSSC June Springfield		
4:15.90	Y AA P	400 IM	2/17/2023	2023 Region 1 Short Course Invitational		
<b>Quinlan Ryan (11) F</b>						
						<b>CPP-AD</b>
33.18	Y B F	50 Free	3/9/2023	Adirondack Gold Short Course Championships		
39.73	L F	50 Free	6/24/2023	2023 NE NSSC June Springfield		
1:16.06	Y L F	100 Free	3/9/2023	Adirondack Gold Short Course Championships		
1:24.43	L F	100 Free	6/24/2023	2023 NE NSSC June Springfield		
2:51.55	Y F	200 Free	1/6/2023	2023 Starfish Trophy Invitational		
3:01.55	L B F	200 Free	7/20/2023	2023 Adirondack Long Course Championships		
6:40.91	L F	400 Free	6/24/2023	2023 NE NSSC June Springfield		
38.98	Y F	50 Back	3/9/2023	Adirondack Gold Short Course Championships		
44.19	S F	50 Back	5/21/2023	2023 Starfish Meter Madness		
44.72	L F	50 Back	6/24/2023	2023 NE NSSC June Springfield		
1:24.55	Y B F	100 Back	3/9/2023	Adirondack Gold Short Course Championships		
1:34.36	L B F	100 Back	7/20/2023	2023 Adirondack Long Course Championships		
3:27.71	L F	200 Back	6/24/2023	2023 NE NSSC June Springfield		
46.69	Y F	50 Breast	3/9/2023	Adirondack Gold Short Course Championships		
50.03	L F	50 Breast	7/20/2023	2023 Adirondack Long Course Championships		
53.78	S F	50 Breast	5/21/2023	2023 Starfish Meter Madness		
1:41.95	Y F	100 Breast	3/9/2023	Adirondack Gold Short Course Championships		
1:51.66	L F	100 Breast	7/7/2023	Hawks Summer Invitational 2023		
40.04	Y F	50 Fly	12/3/2022	2022 North Country Invitational		
45.18	L F	50 Fly	7/7/2023	Hawks Summer Invitational 2023		
45.60	S F	50 Fly	5/21/2023	2023 Starfish Meter Madness		
1:41.90	Y F	100 Fly	1/6/2023	2023 Starfish Trophy Invitational		
1:49.48	L F	100 Fly	7/20/2023	2023 Adirondack Long Course Championships		
1:25.18	Y F	100 IM	3/9/2023	Adirondack Gold Short Course Championships		
1:37.64	S F	100 IM	5/21/2023	2023 Starfish Meter Madness		
3:10.05	Y F	200 IM	12/3/2022	2022 North Country Invitational		
3:29.42	L F	200 IM	7/7/2023	Hawks Summer Invitational 2023		
<b>Adam Sabatini (16) M</b>						
						<b>NTS-AD</b>
27.08	Y B F	50 Free	11/12/2022	Greater Syracuse Invitational		
1:00.74	Y B F	100 Free	11/12/2022	Greater Syracuse Invitational		
2:14.33	Y B F	200 Free	11/12/2022	Greater Syracuse Invitational		
36.05	Y F	50 Breast	11/12/2022	Greater Syracuse Invitational		
1:23.26	Y F	100 Breast	11/12/2022	Greater Syracuse Invitational		
29.52	Y F	50 Fly	11/12/2022	Greater Syracuse Invitational		
1:25.78	Y F	100 Fly	11/12/2022	Greater Syracuse Invitational		
1:10.28	Y F	100 IM	11/12/2022	Greater Syracuse Invitational		
<b>Nicole Sabatini (13) F</b>						
						<b>NTS-AD</b>
41.29	Y F	50 Free	11/12/2022	Greater Syracuse Invitational		
1:39.37	Y F	100 Free	11/12/2022	Greater Syracuse Invitational		
3:48.97	Y F	200 Free	11/12/2022	Greater Syracuse Invitational		
56.49	Y F	50 Back	10/23/2022	2022 Swimtober		
1:54.45	Y F	100 Back	11/12/2022	Greater Syracuse Invitational		
1:03.34	Y F	50 Breast	11/12/2022	Greater Syracuse Invitational		
2:03.82	Y F	100 IM	11/12/2022	Greater Syracuse Invitational		

### Individual Top Times

Time	P/F/S	Event				
<b>Lyla Sackal (14) F</b>						
35.32	Y	F	50	Free	6/11/2023 Piranhas Summer Kick-Off Meet	
3:03.22	Y	F	200	Free	6/11/2023 Piranhas Summer Kick-Off Meet	
1:27.86	Y	F	100	Back	6/11/2023 Piranhas Summer Kick-Off Meet	
<b>Tanush Reddy Sagili (9) M</b>						
27.92	Y	F	25	Free	3/3/2023 AD Silver Short Course Championships	
1:07.65	Y	F	50	Free	2/12/2023 Piranha's Pentathlon	
1:12.19	S	F	50	Free	5/21/2023 2023 Starfish Meter Madness	
29.16	Y	F	25	Back	11/12/2022 Fall frenzy	
1:04.81	Y	F	50	Back	2/12/2023 Piranha's Pentathlon	
46.55	Y	F	25	Fly	11/12/2022 Fall frenzy	
<b>Samarth Sahota (17) M</b>						
28.48	Y	F	50	Free	3/3/2023 AD Silver Short Course Championships	
32.47	L	F	50	Free	7/7/2023 Hawks Summer Invitational 2023	
1:01.66	Y	F	100	Free	3/3/2023 AD Silver Short Course Championships	
1:10.63	S	F	100	Free	5/21/2023 2023 Starfish Meter Madness	
2:23.81	Y	F	200	Free	3/3/2023 AD Silver Short Course Championships	
3:02.81	L	F	200	Free	7/7/2023 Hawks Summer Invitational 2023	
6:31.61	Y	F	500	Free	12/18/2022 Piranha's December Distance Invite	
1:14.25	Y	P	100	Back	12/9/2022 CNY Invite	
1:21.78	S	F	100	Back	5/21/2023 2023 Starfish Meter Madness	
1:27.58	L	F	100	Back	7/7/2023 Hawks Summer Invitational 2023	
2:29.10	Y	F	200	Back	3/3/2023 AD Silver Short Course Championships	
3:06.90	L	F	200	Back	7/7/2023 Hawks Summer Invitational 2023	
37.51	Y	F	50	Breast	12/9/2022 CNY Invite	
1:25.29	Y	F	100	Breast	1/6/2023 2023 Starfish Trophy Invitational	
1:39.44	S	F	100	Breast	5/21/2023 2023 Starfish Meter Madness	
3:05.44	Y	F	200	Breast	12/18/2022 Piranha's December Distance Invite	
1:35.27	S	F	100	Fly	5/21/2023 2023 Starfish Meter Madness	
1:27.43	S	F	100	IM	5/21/2023 2023 Starfish Meter Madness	
<b>Emily Salisbury (19) F</b>						
29.23	Y	F	50	Free	10/8/2022 Shenendehowa Girls Invitational	
2:22.44	Y	P	200	Free	11/3/2022 Girls Sec II Division I Championships	
1:11.53	Y	F	100	Back	10/8/2022 Shenendehowa Girls Invitational	
<b>Kaitlyn Salisbury (15) F</b>						
30.19	Y	B	F	50	Free	11/12/2022 Fall frenzy
1:06.31	Y	B	F	100	Free	3/3/2023 AD Silver Short Course Championships
2:26.05	Y	B	F	200	Free	3/3/2023 AD Silver Short Course Championships
6:42.84	Y	F	500	Free	12/18/2022 Piranha's December Distance Invite	
1:19.73	Y	F	100	Back	3/3/2023 AD Silver Short Course Championships	
1:40.25	Y	F	100	Breast	3/3/2023 AD Silver Short Course Championships	
1:20.18	Y	P	100	Fly	1/6/2023 2023 Starfish Trophy Invitational	
1:24.26	Y	F	100	IM	10/22/2022 Trick or Treat Meet	
2:48.97	Y	F	200	IM	3/3/2023 AD Silver Short Course Championships	
<b>Riley Salvi (13) F</b>						
28.94	Y	BB	F	50	Free	3/9/2023 Adirondack Gold Short Course Championships
1:05.11	Y	BB	P	100	Free	3/9/2023 Adirondack Gold Short Course Championships
2:43.73	Y	F	200	Free	1/22/2023 Mile Madness	
6:47.41	Y	B	F	500	Free	12/3/2022 CVSL Tri Meet
24:20.69	Y	F	1650	Free	12/18/2022 Piranha's December Distance Invite	
33.28	Y	P	50	Back	3/9/2023 Adirondack Gold Short Course Championships	
1:16.19	Y	B	P	100	Back	3/9/2023 Adirondack Gold Short Course Championships
2:49.63	Y	F	200	Back	3/3/2023 AD Silver Short Course Championships	
38.65	Y	F	50	Breast	3/9/2023 Adirondack Gold Short Course Championships	
1:32.07	Y	F	100	Breast	3/3/2023 AD Silver Short Course Championships	
32.49	Y	F	50	Fly	3/9/2023 Adirondack Gold Short Course Championships	
1:25.78	Y	F	100	Fly	2/12/2023 Piranha's Pentathlon	

CPP-AD

CPP-AD

ALBS-AD

UN-AD

DELM-AD

IJSC-AD

### Individual Top Times

Time	P/F/S	Event					
<b>Riley Salvi (13) F</b>							
1:14.45	Y	P	100	IM	3/9/2023	Adirondack Gold Short Course Championships	
2:58.67	Y	F	200	IM	3/3/2023	AD Silver Short Course Championships	
<b>Sean Salvi (17) M</b>							
27.59	Y	B	F	50	Free	3/3/2023 AD Silver Short Course Championships	
2:04.74	Y	B	P	200	Free	2/16/2023 Boys Section 2 Division 1 Championships	
5:33.05	Y	BB	P	500	Free	2/16/2023 Boys Section 2 Division 1 Championships	
1:14.79	Y	F	100	Back	3/3/2023	AD Silver Short Course Championships	
2:43.83	Y	F	200	Fly	3/3/2023	AD Silver Short Course Championships	
<b>Clara Samko (17) F</b>							
24.91	Y	AA	F	50	Free	3/9/2023 Adirondack Gold Short Course Championships	
55.07	Y	AA	F	100	Free	3/9/2023 Adirondack Gold Short Course Championships	
2:00.96	Y	AA	P	200	Free	3/9/2023 Adirondack Gold Short Course Championships	
1:01.86	Y	A	F	100	Back	3/9/2023 Adirondack Gold Short Course Championships	
1:11.67	Y	A	F	100	Breast	3/9/2023 Adirondack Gold Short Course Championships	
1:04.56	Y	BB	P	100	Fly	3/9/2023 Adirondack Gold Short Course Championships	
2:18.35	Y	A	F	200	IM	3/9/2023 Adirondack Gold Short Course Championships	
<b>Jack Samko (18) M</b>							
22.26	Y	AA	F	50	Free	3/9/2023 Adirondack Gold Short Course Championships	
50.02	Y	AA	P	100	Free	3/9/2023 Adirondack Gold Short Course Championships	
2:01.53	Y	BB	F	200	Free	11/12/2022 Fall frenzy	
1:03.70	Y	B	F	100	Back	1/6/2023 2023 Starfish Trophy Invitational	
52.91	Y	AA	F	100	Fly	3/9/2023 Adirondack Gold Short Course Championships	
2:00.41	Y	AA	P	200	Fly	3/9/2023 Adirondack Gold Short Course Championships	
2:05.24	Y	A	F	200	IM	3/9/2023 Adirondack Gold Short Course Championships	
<b>Andrew Sammons (19) M</b>							
24.75	Y	P	50	Free	3/9/2023	Adirondack Gold Short Course Championships	
51.98	Y	F	100	Free	3/3/2023	AD Silver Short Course Championships	
2:27.00	L	F	200	Free	7/7/2023	Hawks Summer Invitational 2023	
18:50.57	Y	F	1650	Free	1/22/2023	Mile Madness	
1:05.44	Y	P	100	Back	1/6/2023	2023 Starfish Trophy Invitational	
59.81	Y	F	100	Breast	3/9/2023	Adirondack Gold Short Course Championships	
2:11.47	Y	P	200	Breast	3/9/2023	Adirondack Gold Short Course Championships	
2:48.56	L	F	200	Breast	7/7/2023	Hawks Summer Invitational 2023	
56.48	Y	F	100	Fly	3/3/2023	AD Silver Short Course Championships	
1:14.10	L	F	100	Fly	7/7/2023	Hawks Summer Invitational 2023	
2:05.52	Y	F	200	IM	3/9/2023	Adirondack Gold Short Course Championships	
<b>Roya Sanai (17) F</b>							
26.97	Y	BB	P	50	Free	3/9/2023 Adirondack Gold Short Course Championships	
31.40	L	BB	P	50	Free	7/20/2023 2023 Adirondack Long Course Championships	
58.55	Y	BB	P	100	Free	2/17/2023 2023 Region 1 Short Course Invitational	
1:08.06	L	L	BB	F	100	Free	7/20/2023 2023 Adirondack Long Course Championships
2:09.49	Y	BB	P	200	Free	2/17/2023 2023 Region 1 Short Course Invitational	
2:23.94	L	A	P	200	Free	7/20/2023 2023 Adirondack Long Course Championships	
5:01.14	L	A	F	400	Free	7/20/2023 2023 Adirondack Long Course Championships	
5:36.69	Y	A	F	500	Free	11/3/2022 Girls Sec II Division II Championships	
29.58	Y	L	F	50	Back	3/9/2023 Adirondack Gold Short Course Championships	
1:02.73	Y	A	F	100	Back	3/9/2023 Adirondack Gold Short Course Championships	
1:13.43	L	A	P	100	Back	7/20/2023 2023 Adirondack Long Course Championships	
2:19.09	Y	BB	P	200	Back	2/17/2023 2023 Region 1 Short Course Invitational	
2:38.97	L	A	F	200	Back	7/20/2023 2023 Adirondack Long Course Championships	
1:24.07	Y	B	F	100	Breast	2/4/2023 Delmar Dolphins February Freeze	
2:30.30	Y	BB	F	200	IM	12/18/2022 Piranha's December Distance Invite	
5:22.27	Y	BB	F	400	IM	1/14/2023 Chris Goody IMX Challenge	
<b>Anthony Sanchez (17) M</b>							
23.94	Y	BB	P	50	Free	3/9/2023 Adirondack Gold Short Course Championships	
27.57	L	A	P	50	Free	7/20/2023 2023 Adirondack Long Course Championships	

### Individual Top Times

Time	P/F/S	Event	
<b>Anthony Sanchez (17) M</b>			<b>SCHE-AD</b>
50.30	Y L A F	100 Free	3/9/2023 Adirondack Gold Short Course Championships
1:00.95	L BB F	100 Free	7/1/2023 Niagara LSC LC Super Circuit Meet
1:52.42	Y A P	200 Free	2/17/2023 2023 Region 1 Short Course Invitational
2:09.19	L A P	200 Free	7/20/2023 2023 Adirondack Long Course Championships
5:27.45	Y BB F	500 Free	10/22/2022 Trick or Treat Meet
1:02.46	Y B F	100 Back	10/22/2022 Trick or Treat Meet
1:06.32	L A F	100 Back	7/20/2023 2023 Adirondack Long Course Championships
2:11.40	Y BB F	200 Back	1/14/2023 Chris Goody IMX Challenge
34.29	L F	50 Breast	7/1/2023 Niagara LSC LC Super Circuit Meet
1:00.86	Y AA P	100 Breast	3/9/2023 Adirondack Gold Short Course Championships
1:13.71	L A F	100 Breast	7/20/2023 2023 Adirondack Long Course Championships
2:17.28	Y A P	200 Breast	3/9/2023 Adirondack Gold Short Course Championships
2:44.30	L BB P	200 Breast	7/20/2023 2023 Adirondack Long Course Championships
55.83	Y A P	100 Fly	3/9/2023 Adirondack Gold Short Course Championships
2:03.27	Y A F	200 Fly	3/9/2023 Adirondack Gold Short Course Championships
1:01.38	Y F	100 IM	10/22/2022 Trick or Treat Meet
2:02.02	Y A F	200 IM	3/9/2023 Adirondack Gold Short Course Championships
2:23.65	L A F	200 IM	7/20/2023 2023 Adirondack Long Course Championships
4:22.05	Y AA F	400 IM	3/9/2023 Adirondack Gold Short Course Championships
5:10.53	L A F	400 IM	7/20/2023 2023 Adirondack Long Course Championships
<b>Elizabeth Sancilio (14) F</b>			<b>DELM-AD</b>
27.97	Y BB P	50 Free	3/9/2023 Adirondack Gold Short Course Championships
1:02.15	Y BB F	100 Free	3/3/2023 AD Silver Short Course Championships
2:20.65	Y BB F	200 Free	3/3/2023 AD Silver Short Course Championships
34.46	Y F	50 Back	12/11/2022 Sharks 12 & Under Mini Meet
1:12.61	Y B F	100 Back	2/12/2023 Piranha's Pentathlon
38.26	Y F	50 Breast	12/11/2022 Sharks 12 & Under Mini Meet
1:23.65	Y B F	100 Breast	2/12/2023 Piranha's Pentathlon
32.66	Y F	50 Fly	12/11/2022 Sharks 12 & Under Mini Meet
1:16.19	Y B F	100 Fly	2/12/2023 Piranha's Pentathlon
1:12.98	Y F	100 IM	10/22/2022 Trick or Treat Meet
2:37.38	Y BB F	200 IM	2/12/2023 Piranha's Pentathlon
<b>Skyler Sanderson (16) F</b>			<b>NTS-AD</b>
29.45	Y BB F	50 Free	3/3/2023 AD Silver Short Course Championships
1:03.51	Y BB F	100 Free	11/12/2022 Greater Syracuse Invitational
2:12.92	Y BB F	200 Free	11/6/2022 2022 SECTION 10 GIRLS SWIMMING CHAMPIONSHIP
5:59.22	Y BB F	500 Free	11/6/2022 2022 SECTION 10 GIRLS SWIMMING CHAMPIONSHIP
21:39.44	Y B F	1650 Free	12/3/2022 2022 North Country Invitational
1:13.82	Y B F	100 Back	3/3/2023 AD Silver Short Course Championships
2:37.01	Y B F	200 Back	12/18/2022 Piranha's December Distance Invite
1:22.95	Y B F	100 Breast	3/3/2023 AD Silver Short Course Championships
2:55.15	Y B F	200 Breast	1/7/2023 Mexico Tiger Sharks January Meet
2:36.85	Y B F	200 IM	12/3/2022 2022 North Country Invitational
<b>Samantha Sands (17) F</b>			<b>CPP-AD</b>
27.28	Y BB F	50 Free	3/3/2023 AD Silver Short Course Championships
31.37	L BB P	50 Free	7/20/2023 2023 Adirondack Long Course Championships
56.67	Y A P	100 Free	3/9/2023 Adirondack Gold Short Course Championships
1:08.30	L BB P	100 Free	7/20/2023 2023 Adirondack Long Course Championships
1:59.61	Y AA F	200 Free	11/3/2022 Girls Sec II Division I Championships
2:23.08	L A P	200 Free	7/20/2023 2023 Adirondack Long Course Championships
4:56.62	L A F	400 Free	7/20/2023 2023 Adirondack Long Course Championships
5:18.96	Y AA F	500 Free	11/3/2022 Girls Sec II Division I Championships
19:25.67	L A F	1500 Free	7/20/2023 2023 Adirondack Long Course Championships
18:45.04	Y A F	1650 Free	3/9/2023 Adirondack Gold Short Course Championships
1:04.87	Y BB P	100 Back	3/9/2023 Adirondack Gold Short Course Championships
2:17.30	Y BB P	200 Back	3/9/2023 Adirondack Gold Short Course Championships
2:46.37	L BB P	200 Back	7/20/2023 2023 Adirondack Long Course Championships



### Individual Top Times

Time	P/F/S	Event				
<b>Samantha Sands (17) F</b>						
1:23.57	Y B F	100 Breast	6/11/2023	Piranhas Summer Kick-Off Meet		<b>CPP-AD</b>
1:40.75	L F	100 Breast	6/24/2023	2023 NE NSSC June Springfield		
1:03.54	Y BB P	100 Fly	3/9/2023	Adirondack Gold Short Course Championships		
1:14.12	L BB P	100 Fly	7/20/2023	2023 Adirondack Long Course Championships		
2:18.62	Y A P	200 Fly	3/9/2023	Adirondack Gold Short Course Championships		
2:41.93	L BB F	200 Fly	7/20/2023	2023 Adirondack Long Course Championships		
2:23.03	Y BB F	200 IM	6/11/2023	Piranhas Summer Kick-Off Meet		
2:47.06	L BB P	200 IM	7/20/2023	2023 Adirondack Long Course Championships		
5:03.19	Y BB F	400 IM	3/3/2023	AD Silver Short Course Championships		
<b>Abigail Sandvik (17) F</b>						
26.90	Y BB P	50 Free	11/3/2022	Girls Sec II Division I Championships		<b>UN-AD</b>
32.50	L BB F	50 Free	7/7/2023	Hawks Summer Invitational 2023		
1:00.79	Y BB F	100 Free	10/8/2022	Shenendehowa Girls Invitational		
2:12.58	Y BB F	200 Free	3/3/2023	AD Silver Short Course Championships		
2:37.77	L B F	200 Free	7/7/2023	Hawks Summer Invitational 2023		
6:07.07	Y BB F	500 Free	12/9/2022	CNY Invite		
1:13.60	Y B F	100 Back	3/3/2023	AD Silver Short Course Championships		
1:24.09	L B F	100 Back	7/7/2023	Hawks Summer Invitational 2023		
1:18.87	Y B F	100 Breast	3/3/2023	AD Silver Short Course Championships		
3:16.94	L BB F	200 Breast	7/7/2023	Hawks Summer Invitational 2023		
1:14.20	Y F	100 Fly	6/11/2023	Piranhas Summer Kick-Off Meet		
2:32.84	Y B F	200 IM	12/18/2022	Piranha's December Distance Invite		
<b>Ingrid Sanghi (11) F</b>						
36.47	Y F	50 Free	12/3/2022	2022 North Country Invitational		<b>CPP-AD</b>
39.27	S F	50 Free	5/21/2023	2023 Starfish Meter Madness		
40.11	L F	50 Free	6/24/2023	2023 NE NSSC June Springfield		
1:19.85	Y F	100 Free	1/6/2023	2023 Starfish Trophy Invitational		
1:30.35	L F	100 Free	7/7/2023	Hawks Summer Invitational 2023		
3:14.06	Y F	200 Free	12/3/2022	2022 North Country Invitational		
3:23.20	L F	200 Free	7/7/2023	Hawks Summer Invitational 2023		
38.70	Y F	50 Back	3/9/2023	Adirondack Gold Short Course Championships		
45.41	L F	50 Back	6/24/2023	2023 NE NSSC June Springfield		
48.94	S F	50 Back	5/21/2023	2023 Starfish Meter Madness		
1:30.53	Y F	100 Back	1/6/2023	2023 Starfish Trophy Invitational		
1:43.46	L F	100 Back	6/24/2023	2023 NE NSSC June Springfield		
3:42.86	L F	200 Back	6/24/2023	2023 NE NSSC June Springfield		
55.44	Y F	50 Breast	2/12/2023	Piranha's Pentathlon		
1:03.98	S F	50 Breast	5/21/2023	2023 Starfish Meter Madness		
1:04.10	L F	50 Breast	7/7/2023	Hawks Summer Invitational 2023		
1:59.67	Y F	100 Breast	3/3/2023	AD Silver Short Course Championships		
2:14.69	L F	100 Breast	6/24/2023	2023 NE NSSC June Springfield		
39.97	Y F	50 Fly	12/3/2022	2022 North Country Invitational		
48.52	L F	50 Fly	7/7/2023	Hawks Summer Invitational 2023		
48.57	S F	50 Fly	5/21/2023	2023 Starfish Meter Madness		
1:37.61	Y F	100 IM	12/3/2022	2022 North Country Invitational		
3:30.35	Y F	200 IM	3/3/2023	AD Silver Short Course Championships		
3:50.85	L F	200 IM	7/7/2023	Hawks Summer Invitational 2023		
<b>Charlotte Santabarbara (9) F</b>						
21.43	Y F	25 Free	2/26/2023	CVSL Championships		<b>IJSC-AD</b>
51.80	Y F	50 Free	2/26/2023	CVSL Championships		
39.41	Y F	25 Back	11/5/2022	First Splash		
1:09.58	Y F	50 Back	2/26/2023	CVSL Championships		
<b>Ya'ir Sasson (16) M</b>						
24.29	Y A P	50 Free	3/9/2023	Adirondack Gold Short Course Championships		<b>DELM-AD</b>
28.77	L BB F	50 Free	5/5/2023	2023 NE CRIMSON May Madness		
52.15	Y A P	100 Free	3/9/2023	Adirondack Gold Short Course Championships		

### Individual Top Times

Time	P/F/S	Event				
<b>Ya'ir Sasson (16) M</b>						
					<b>DELM-AD</b>	
1:02.26	L BB F	100 Free	5/5/2023	2023 NE CRIMSON May Madness		
1:53.94	Y A F	200 Free	3/9/2023	Adirondack Gold Short Course Championships		
2:16.18	L BB F	200 Free	5/5/2023	2023 NE CRIMSON May Madness		
5:31.66	Y BB F	500 Free	12/18/2022	Piranha's December Distance Invite		
1:03.87	Y B F	100 Back	2/4/2023	Delmar Dolphins Febuary Freeze		
2:44.86	L B F	200 Back	5/5/2023	2023 NE CRIMSON May Madness		
31.39	L F	50 Fly	5/5/2023	2023 NE CRIMSON May Madness		
58.76	Y BB P	100 Fly	3/9/2023	Adirondack Gold Short Course Championships		
1:12.65	L B F	100 Fly	5/5/2023	2023 NE CRIMSON May Madness		
2:29.19	Y B F	200 Fly	12/18/2022	Piranha's December Distance Invite		
2:09.69	Y A F	200 IM	2/16/2023	Boys Section 2 Division 1 Championships		
2:43.03	L BB F	200 IM	5/5/2023	2023 NE CRIMSON May Madness		
<b>Wilhelmina Saunders (10) F</b>						
					<b>NTS-AD</b>	
27.15	Y F	25 Free	10/23/2022	2022 Swimtober		
28.67	Y F	25 Back	10/23/2022	2022 Swimtober		
<b>Ian Savage (15) M</b>						
					<b>DELM-AD</b>	
25.23	Y BB F	50 Free	3/9/2023	Adirondack Gold Short Course Championships		
55.78	Y BB P	100 Free	3/9/2023	Adirondack Gold Short Course Championships		
2:07.40	Y B P	200 Free	2/16/2023	Boys Section 2 Division 1 Championships		
5:45.88	Y B P	500 Free	2/16/2023	Boys Section 2 Division 1 Championships		
1:07.69	Y B F	100 Back	2/4/2023	Delmar Dolphins Febuary Freeze		
1:14.28	Y B P	100 Breast	3/9/2023	Adirondack Gold Short Course Championships		
1:05.84	Y B P	100 Fly	3/9/2023	Adirondack Gold Short Course Championships		
2:20.82	Y BB F	200 IM	3/9/2023	Adirondack Gold Short Course Championships		
<b>Lauren Savage (19) F</b>						
					<b>ALBS-AD</b>	
27.08	Y F	50 Free	3/3/2023	AD Silver Short Course Championships		
59.60	Y P	100 Free	11/3/2022	Girls Sec II Division I Championships		
2:14.02	Y F	200 Free	10/8/2022	Shenendehowa Girls Invitational		
6:14.75	Y F	500 Free	12/18/2022	Piranha's December Distance Invite		
1:18.05	Y F	100 Breast	3/3/2023	AD Silver Short Course Championships		
1:10.17	Y F	100 Fly	10/8/2022	Shenendehowa Girls Invitational		
2:40.05	Y P	200 IM	1/6/2023	2023 Starfish Trophy Invitational		
374.05	F	1 Meter 11 Dives	11/3/2022	Girls Sec II Division I Championships		
<b>Logan Saylor (11) M</b>						
					<b>HAWK-AD</b>	
40.22	Y L F	25 Free	1/6/2023	2023 Starfish Trophy Invitational		
44.24	Y F	50 Free	10/29/2022	Starfish Fall Spooktacular		
48.17	L F	50 Free	7/7/2023	Hawks Summer Invitational 2023		
1:42.44	L F	100 Free	7/7/2023	Hawks Summer Invitational 2023		
1:42.45	Y F	100 Free	3/3/2023	AD Silver Short Course Championships		
55.44	Y F	50 Back	3/3/2023	AD Silver Short Course Championships		
1:00.97	L F	50 Back	7/7/2023	Hawks Summer Invitational 2023		
1:58.53	Y F	100 Back	3/3/2023	AD Silver Short Course Championships		
51.94	Y F	50 Breast	10/29/2022	Starfish Fall Spooktacular		
2:08.27	L F	100 Breast	7/7/2023	Hawks Summer Invitational 2023		
1:03.74	L F	50 Fly	7/7/2023	Hawks Summer Invitational 2023		
<b>Charlotte Sayre (11) F</b>						
					<b>ALBS-AD</b>	
33.92	Y F	50 Free	3/3/2023	AD Silver Short Course Championships		
38.38	S F	50 Free	5/21/2023	2023 Starfish Meter Madness		
1:19.95	Y L F	100 Free	3/9/2023	Adirondack Gold Short Course Championships		
3:09.15	Y F	200 Free	3/3/2023	AD Silver Short Course Championships		
46.33	Y F	50 Back	3/3/2023	AD Silver Short Course Championships		
46.45	S F	50 Back	5/21/2023	2023 Starfish Meter Madness		
49.38	Y F	50 Breast	3/3/2023	AD Silver Short Course Championships		
53.70	S F	50 Breast	5/21/2023	2023 Starfish Meter Madness		
48.61	Y F	50 Fly	6/11/2023	Piranhas Summer Kick-Off Meet		
52.40	S F	50 Fly	5/21/2023	2023 Starfish Meter Madness		

### Individual Top Times

Time	P/F/S	Event	Date	Event Name	Competition
<b>Charlotte Sayre (11) F</b>					
1:31.43	Y	F	100 IM	6/11/2023	Piranhas Summer Kick-Off Meet
1:46.75	S	F	100 IM	5/21/2023	2023 Starfish Meter Madness
<b>Elizabeth Scaringe (14) F</b>					
1:18.81	Y	F	100 Free	3/3/2023	AD Silver Short Course Championships
1:33.89	Y	F	100 Back	2/12/2023	Piranha's Pentathlon
3:24.27	Y	F	200 Back	12/18/2022	Piranha's December Distance Invite
1:37.64	Y	F	100 Breast	11/5/2022	First Splash
3:32.65	Y	F	200 Breast	3/3/2023	AD Silver Short Course Championships
1:38.79	Y	F	100 Fly	2/12/2023	Piranha's Pentathlon
3:09.81	Y	F	200 IM	3/3/2023	AD Silver Short Course Championships
<b>Veronica Scaringe (16) F</b>					
32.95	Y	F	50 Free	11/5/2022	First Splash
1:11.16	Y	F	100 Free	3/3/2023	AD Silver Short Course Championships
1:28.02	Y	F	100 Back	2/12/2023	Piranha's Pentathlon
3:11.50	Y	F	200 Back	12/18/2022	Piranha's December Distance Invite
1:39.81	Y	F	100 Breast	2/4/2023	Delmar Dolphins Febuary Freeze
3:35.47	Y	F	200 Breast	12/18/2022	Piranha's December Distance Invite
1:44.97	Y	F	100 Fly	2/4/2023	Delmar Dolphins Febuary Freeze
3:11.57	Y	F	200 IM	2/12/2023	Piranha's Pentathlon
<b>Scarlett Scherer (13) F</b>					
42.60	Y	F	50 Free	2/4/2023	Delmar Dolphins Febuary Freeze
53.68	Y	F	50 Back	1/29/2023	Stingray Splash
1:01.31	Y	F	50 Fly	2/4/2023	Delmar Dolphins Febuary Freeze
<b>Demetrio Schiavone (17) M</b>					
31.97	Y	F	50 Free	10/22/2022	Trick or Treat Meet
35.16	L	F	50 Free	7/7/2023	Hawks Summer Invitational 2023
1:15.73	S	F	100 Free	5/21/2023	2023 Starfish Meter Madness
2:30.73	Y	F	200 Free	11/12/2022	Fall frenzy
2:49.57	L	F	200 Free	7/7/2023	Hawks Summer Invitational 2023
6:15.61	Y	P	500 Free	2/16/2023	Boys Section 2 Division 1 Championships
1:19.65	Y	F	100 Back	10/22/2022	Trick or Treat Meet
1:26.60	S	F	100 Back	5/21/2023	2023 Starfish Meter Madness
1:29.73	L	F	100 Back	7/7/2023	Hawks Summer Invitational 2023
3:09.56	L	F	200 Back	7/7/2023	Hawks Summer Invitational 2023
1:26.02	S	F	100 Fly	5/21/2023	2023 Starfish Meter Madness
1:27.81	S	F	100 IM	5/21/2023	2023 Starfish Meter Madness
<b>Bowe Schlansker (13) F</b>					
35.99	Y	F	50 Free	12/11/2022	Sharks 12 & Under Mini Meet
1:21.67	Y	F	100 Free	6/11/2023	Piranhas Summer Kick-Off Meet
1:29.75	S	F	100 Free	5/21/2023	2023 Starfish Meter Madness
40.72	Y	F	50 Back	3/3/2023	AD Silver Short Course Championships
1:28.87	Y	F	100 Back	1/14/2023	Chris Goody IMX Challenge
1:37.97	S	F	100 Back	5/21/2023	2023 Starfish Meter Madness
49.20	Y	F	50 Breast	6/11/2023	Piranhas Summer Kick-Off Meet
2:04.14	S	F	100 Breast	5/21/2023	2023 Starfish Meter Madness
1:32.86	Y	F	100 IM	11/12/2022	Fall frenzy
1:49.32	S	F	100 IM	5/21/2023	2023 Starfish Meter Madness
<b>Henry Schlegel (9) M</b>					
1:03.27	Y	F	50 Free	6/11/2023	Piranhas Summer Kick-Off Meet
1:06.42	S	F	50 Free	5/21/2023	2023 Starfish Meter Madness
2:40.91	L	F	100 Free	7/7/2023	Hawks Summer Invitational 2023
1:12.07	S	F	50 Back	5/21/2023	2023 Starfish Meter Madness
2:44.11	L	F	100 Back	7/7/2023	Hawks Summer Invitational 2023
1:16.35	L	F	50 Breast	7/7/2023	Hawks Summer Invitational 2023
2:42.51	L	F	100 Breast	7/7/2023	Hawks Summer Invitational 2023
<b>Katherine Schloth (17) F</b>					

ALBS-AD

IISC-AD

IISC-AD

SARY-AD

DELM-AD

SCHE-AD

CPP-AD

CPP-AD

### Individual Top Times

Time	P/F/S	Event				
<b>Katherine Schloth (17) F</b>						
26.31	Y A P	50 Free	3/9/2023	Adirondack Gold Short Course Championships		<b>CPP-AD</b>
29.97	L A P	50 Free	7/20/2023	2023 Adirondack Long Course Championships		
56.33	Y A P	100 Free	2/17/2023	2023 Region 1 Short Course Invitational		
1:03.94	L AA F	100 Free	7/20/2023	2023 Adirondack Long Course Championships		
2:02.85	Y A P	200 Free	3/9/2023	Adirondack Gold Short Course Championships		
2:20.14	L A P	200 Free	7/20/2023	2023 Adirondack Long Course Championships		
4:58.87	L A F	400 Free	7/20/2023	2023 Adirondack Long Course Championships		
5:30.16	Y A F	500 Free	3/9/2023	Adirondack Gold Short Course Championships		
19:11.63	Y A F	1650 Free	12/18/2022	Piranha's December Distance Invite		
28.72	Y L P	50 Back	11/3/2022	Girls Sec II Division I Championships		
59.65	Y AA F	100 Back	11/3/2022	Girls Sec II Division I Championships		
1:09.91	L AA F	100 Back	7/20/2023	2023 Adirondack Long Course Championships		
2:09.82	Y AA F	200 Back	2/17/2023	2023 Region 1 Short Course Invitational		
2:31.66	L AA F	200 Back	7/20/2023	2023 Adirondack Long Course Championships		
1:17.45	Y BB F	100 Breast	6/11/2023	Piranhas Summer Kick-Off Meet		
1:02.45	Y A F	100 Fly	3/9/2023	Adirondack Gold Short Course Championships		
1:12.12	L A P	100 Fly	7/20/2023	2023 Adirondack Long Course Championships		
2:13.71	Y AA F	200 IM	11/3/2022	Girls Sec II Division I Championships		
2:36.49	L AA F	200 IM	7/20/2023	2023 Adirondack Long Course Championships		
4:51.49	Y A F	400 IM	1/14/2023	Chris Goody IMX Challenge		
5:32.74	L AA F	400 IM	7/20/2023	2023 Adirondack Long Course Championships		
<b>Asher Schmidt (7) M</b>						
41.78	S F	25 Free	5/21/2023	2023 Starfish Meter Madness		<b>CPP-AD</b>
<b>Lilia Schmidt (14) F</b>						
39.59	Y F	50 Free	12/11/2022	Sharks 12 & Under Mini Meet		<b>GRGF-AD</b>
42.83	Y F	50 Back	12/11/2022	Sharks 12 & Under Mini Meet		
1:40.05	Y F	100 Back	2/12/2023	Piranha's Pentathlon		
<b>Brooke Schneible (14) F</b>						
42.92	Y F	50 Free	10/22/2022	Trick or Treat Meet		<b>DELM-AD</b>
1:31.78	Y F	100 Free	2/4/2023	Delmar Dolphins Febuary Freeze		
3:33.72	Y P	200 Free	1/6/2023	2023 Starfish Trophy Invitational		
1:48.53	Y F	100 Back	10/22/2022	Trick or Treat Meet		
2:07.38	Y F	100 Breast	2/4/2023	Delmar Dolphins Febuary Freeze		
<b>Avery Schorr (16) F</b>						
36.47	Y F	50 Free	11/19/2022	CVSL Tri Meet		<b>IISC-AD</b>
1:29.14	Y F	100 Free	2/4/2023	Delmar Dolphins Febuary Freeze		
3:08.79	Y F	200 Free	11/19/2022	CVSL Tri Meet		
1:36.11	Y F	100 Back	11/19/2022	CVSL Tri Meet		
<b>Eli Schroeck (11) M</b>						
1:07.65	Y F	50 Free	2/12/2023	Piranha's Pentathlon		<b>GRGF-AD</b>
1:22.92	Y F	50 Back	2/12/2023	Piranha's Pentathlon		
<b>Samuel Schuldt (10) M</b>						
23.43	Y F	25 Free	10/22/2022	Trick or Treat Meet		<b>ALBS-AD</b>
37.93	Y B F	50 Free	2/4/2023	Delmar Dolphins Febuary Freeze		
42.69	S F	50 Free	5/21/2023	2023 Starfish Meter Madness		
1:29.24	Y F	100 Free	3/3/2023	AD Silver Short Course Championships		
27.22	Y F	25 Back	10/22/2022	Trick or Treat Meet		
45.98	Y B F	50 Back	2/4/2023	Delmar Dolphins Febuary Freeze		
53.27	S F	50 Back	5/21/2023	2023 Starfish Meter Madness		
31.19	Y F	25 Breast	10/22/2022	Trick or Treat Meet		
1:01.54	Y F	50 Breast	11/12/2022	Fall frenzy		
42.70	Y B F	50 Fly	6/11/2023	Piranhas Summer Kick-Off Meet		
46.88	S B F	50 Fly	5/21/2023	2023 Starfish Meter Madness		
1:41.73	Y F	100 IM	2/4/2023	Delmar Dolphins Febuary Freeze		
<b>William Schwenker (12) M</b>						
33.07	Y F	50 Free	3/3/2023	AD Silver Short Course Championships		<b>SCHE-AD</b>

### Individual Top Times

Time	P/F/S	Event					
<b>William Schwenker (12) M</b>							
<b>SCHE-AD</b>							
1:14.01	Y	F	100	Free	3/3/2023 AD Silver Short Course Championships		
1:20.27	L	B	F	100	Free	7/20/2023 2023 Adirondack Long Course Championships	
2:56.87	Y	F	200	Free	10/22/2022 Trick or Treat Meet		
2:56.96	L	B	F	200	Free	7/20/2023 2023 Adirondack Long Course Championships	
7:34.78	Y	F	500	Free	1/14/2023 Chris Goody IMX Challenge		
35.49	Y	B	P	50	Back	3/9/2023 Adirondack Gold Short Course Championships	
40.27	L	BB	F	50	Back	7/20/2023 2023 Adirondack Long Course Championships	
1:21.33	Y	B	F	100	Back	1/14/2023 Chris Goody IMX Challenge	
1:27.39	L	BB	F	100	Back	7/1/2023 Niagara LSC LC Super Circuit Meet	
3:07.69	L	B	F	200	Back	7/20/2023 2023 Adirondack Long Course Championships	
42.81	Y	B	F	50	Breast	6/11/2023 Piranhas Summer Kick-Off Meet	
47.59	L	B	F	50	Breast	7/20/2023 2023 Adirondack Long Course Championships	
1:35.49	Y	F	100	Breast	1/14/2023 Chris Goody IMX Challenge		
1:40.66	L	B	F	100	Breast	7/20/2023 2023 Adirondack Long Course Championships	
34.29	Y	B	F	50	Fly	3/9/2023 Adirondack Gold Short Course Championships	
39.19	L	B	F	50	Fly	7/20/2023 2023 Adirondack Long Course Championships	
1:31.69	Y	F	100	Fly	1/14/2023 Chris Goody IMX Challenge		
1:32.00	L	B	F	100	Fly	7/20/2023 2023 Adirondack Long Course Championships	
1:19.40	Y	B	F	100	IM	6/11/2023 Piranhas Summer Kick-Off Meet	
2:52.14	Y	B	F	200	IM	3/3/2023 AD Silver Short Course Championships	
<b>Seamus Scott (17) M</b>							
<b>NHA-AD</b>							
34.98	L	F	50	Free	7/1/2023 Niagara LSC LC Super Circuit Meet		
1:22.67	L	F	100	Free	7/1/2023 Niagara LSC LC Super Circuit Meet		
2:56.30	L	F	200	Free	7/1/2023 Niagara LSC LC Super Circuit Meet		
<b>Emma Scuderi (12) F</b>							
<b>NTS-AD</b>							
21.17	Y	F	25	Free	10/23/2022 2022 Swimtober		
50.85	Y	F	50	Free	10/23/2022 2022 Swimtober		
55.00	Y	F	50	Back	10/23/2022 2022 Swimtober		
<b>Ella Sekelj (13) F</b>							
<b>NTS-AD</b>							
30.56	Y	L	B	F	50	Free	1/7/2023 Mexico Tiger Sharks January Meet
34.51	L	B	F	50	Free	7/20/2023 2023 Adirondack Long Course Championships	
1:07.81	Y	B	F	100	Free	1/7/2023 Mexico Tiger Sharks January Meet	
1:15.78	L	B	F	100	Free	7/20/2023 2023 Adirondack Long Course Championships	
2:30.18	Y	B	F	200	Free	1/7/2023 Mexico Tiger Sharks January Meet	
6:47.09	Y	B	F	500	Free	12/18/2022 Piranha's December Distance Invite	
38.17	Y	F	50	Back	2/4/2023 2023 Winter Blast		
42.94	L	F	50	Back	7/20/2023 2023 Adirondack Long Course Championships		
1:21.93	Y	F	100	Back	2/12/2023 Piranha's Pentathlon		
1:31.04	L	F	100	Back	7/20/2023 2023 Adirondack Long Course Championships		
2:57.17	Y	F	200	Back	12/3/2022 2022 North Country Invitational		
40.76	Y	T	50	Breast	12/3/2022 2022 North Country Invitational		
46.94	L	F	50	Breast	7/20/2023 2023 Adirondack Long Course Championships		
1:28.63	Y	F	100	Breast	1/7/2023 Mexico Tiger Sharks January Meet		
1:39.67	L	B	F	100	Breast	7/20/2023 2023 Adirondack Long Course Championships	
3:09.27	Y	B	F	200	Breast	12/18/2022 Piranha's December Distance Invite	
3:36.99	L	B	F	200	Breast	7/20/2023 2023 Adirondack Long Course Championships	
36.43	Y	F	50	Fly	3/3/2023 AD Silver Short Course Championships		
37.57	L	F	50	Fly	7/20/2023 2023 Adirondack Long Course Championships		
1:22.09	Y	F	100	Fly	2/12/2023 Piranha's Pentathlon		
1:24.70	L	B	F	100	Fly	7/20/2023 2023 Adirondack Long Course Championships	
1:16.88	Y	F	100	IM	3/3/2023 AD Silver Short Course Championships		
2:55.86	Y	F	200	IM	12/18/2022 Piranha's December Distance Invite		
<b>Kinsley Sekelj (9) F</b>							
<b>NTS-AD</b>							
23.50	Y	F	25	Free	12/3/2022 2022 North Country Invitational		
51.43	Y	F	50	Free	2/12/2023 Piranha's Pentathlon		
52.50	L	F	50	Free	7/1/2023 Niagara LSC LC Super Circuit Meet		

### Individual Top Times

Time	P/F/S	Event			
<b>Kinsley Sekelj (9) F</b>					
2:01.44	L	F	100	Free	6/10/2023 2023 NI FAST/WEBS Super Circuit #2
2:15.85	Y	F	100	Free	2/4/2023 2023 Winter Blast
26.04	Y	F	25	Back	12/3/2022 2022 North Country Invitational
55.24	L	F	50	Back	6/10/2023 2023 NI FAST/WEBS Super Circuit #2
56.05	Y	F	50	Back	2/12/2023 Piranha's Pentathlon
34.85	Y	F	25	Breast	2/4/2023 2023 Winter Blast
1:17.09	Y	F	50	Breast	2/12/2023 Piranha's Pentathlon
1:19.05	L	F	50	Breast	7/1/2023 Niagara LSC LC Super Circuit Meet
<b>Abigail Sellnow (18) F</b>					
26.88	Y	A	P	50	Free 12/1/2022 2022 STAR Short Course Invitational
56.93	Y	A	P	100	Free 2/17/2023 2023 Region 1 Short Course Invitational
2:00.31	Y	AA	F	200	Free 3/9/2023 Adirondack Gold Short Course Championships
5:21.99	Y	AA	F	500	Free 12/1/2022 2022 STAR Short Course Invitational
1:04.78	Y	BB	P	100	Back 3/9/2023 Adirondack Gold Short Course Championships
2:12.09	Y	A	F	200	Back 3/9/2023 Adirondack Gold Short Course Championships
2:59.06	Y	B	F	200	Breast 1/14/2023 Chris Goody IMX Challenge
58.39	Y	AA	F	100	Fly 11/3/2022 Girls Sec II Division II Championships
2:20.51	Y	BB	P	200	Fly 12/1/2022 2022 STAR Short Course Invitational
2:25.06	Y	BB	F	200	IM 2/4/2023 Delmar Dolphins Febuary Freeze
5:10.97	Y	BB	F	400	IM 1/14/2023 Chris Goody IMX Challenge
<b>Emma Sellnow (16) F</b>					
27.11	Y L	A	F	50	Free 10/15/2022 Colonial Council Invitational
29.70	L	AA	P	50	Free 7/20/2023 2023 Adirondack Long Course Championships
56.22	Y	AA	F	100	Free 12/1/2022 2022 STAR Short Course Invitational
2:01.37	Y	AA	P	200	Free 2/17/2023 2023 Region 1 Short Course Invitational
5:36.53	Y	A	P	500	Free 12/1/2022 2022 STAR Short Course Invitational
1:02.17	Y	A	F	100	Back 3/9/2023 Adirondack Gold Short Course Championships
1:14.96	L	BB	P	100	Back 7/20/2023 2023 Adirondack Long Course Championships
2:16.92	Y	A	F	200	Back 12/1/2022 2022 STAR Short Course Invitational
2:44.66	L	BB	P	200	Back 7/20/2023 2023 Adirondack Long Course Championships
1:10.15	Y	AA	P	100	Breast 3/9/2023 Adirondack Gold Short Course Championships
1:21.77	L	A	F	100	Breast 7/20/2023 2023 Adirondack Long Course Championships
2:33.05	Y	A	F	200	Breast 3/9/2023 Adirondack Gold Short Course Championships
2:58.16	L	A	P	200	Breast 7/20/2023 2023 Adirondack Long Course Championships
59.79	Y	AA	P	100	Fly 2/17/2023 2023 Region 1 Short Course Invitational
1:10.82	L	A	F	100	Fly 7/20/2023 2023 Adirondack Long Course Championships
2:25.97	Y	BB	F	200	Fly 1/14/2023 Chris Goody IMX Challenge
2:12.68	Y	AA	P	200	IM 2/17/2023 2023 Region 1 Short Course Invitational
2:37.31	L	AA	F	200	IM 7/20/2023 2023 Adirondack Long Course Championships
4:46.84	Y	AA	F	400	IM 2/17/2023 2023 Region 1 Short Course Invitational
5:37.92	L	A	F	400	IM 7/20/2023 2023 Adirondack Long Course Championships
<b>Mason Sellnow (11) M</b>					
45.54	Y	F	50	Free	12/11/2022 Sharks 12 & Under Mini Meet
47.02	L	F	50	Free	7/20/2023 2023 Adirondack Long Course Championships
55.75	S	F	50	Free	5/21/2023 2023 Starfish Meter Madness
1:45.21	L	F	100	Free	7/20/2023 2023 Adirondack Long Course Championships
1:46.20	Y	F	100	Free	3/3/2023 AD Silver Short Course Championships
52.86	Y	F	50	Back	1/14/2023 Canajoharie Developmental Meet
53.40	L	F	50	Back	7/20/2023 2023 Adirondack Long Course Championships
1:02.62	S	F	50	Back	5/21/2023 2023 Starfish Meter Madness
1:01.17	Y	F	50	Breast	3/3/2023 AD Silver Short Course Championships
1:03.64	L	F	50	Breast	7/1/2023 Niagara LSC LC Super Circuit Meet
56.37	Y	F	50	Fly	3/3/2023 AD Silver Short Course Championships
1:01.38	L	F	50	Fly	7/20/2023 2023 Adirondack Long Course Championships
1:54.30	Y	F	100	IM	2/4/2023 Delmar Dolphins Febuary Freeze
2:15.98	S	F	100	IM	5/21/2023 2023 Starfish Meter Madness

NTS-AD

SCHE-AD

UN-AD

SCHE-AD

CLRK-AD

### Individual Top Times

Time	P/F/S	Event				
<b>Ivan Sementsov (11) M</b>						
1:09.60	Y	F	50	Free	12/3/2022	CVSL Tri Meet
2:36.75	Y	F	100	Free	12/3/2022	CVSL Tri Meet
1:13.66	Y	F	50	Back	12/3/2022	CVSL Tri Meet
<b>Maria Sementsov (9) F</b>						
26.09	Y	F	25	Free	12/3/2022	CVSL Tri Meet
32.68	Y	F	25	Back	12/3/2022	CVSL Tri Meet
<b>Mihika Sengupta (12) F</b>						
48.03	Y	P	50	Free	1/6/2023	2023 Starfish Trophy Invitational
49.19	S	F	50	Free	5/21/2023	2023 Starfish Meter Madness
1:46.56	Y	P	100	Free	1/6/2023	2023 Starfish Trophy Invitational
52.22	Y	P	50	Back	1/6/2023	2023 Starfish Trophy Invitational
52.32	S	F	50	Back	5/21/2023	2023 Starfish Meter Madness
2:00.38	Y	P	100	Back	1/6/2023	2023 Starfish Trophy Invitational
1:00.69	Y	P	50	Breast	1/6/2023	2023 Starfish Trophy Invitational
1:10.97	S	F	50	Breast	5/21/2023	2023 Starfish Meter Madness
1:59.65	Y	P	100	IM	1/6/2023	2023 Starfish Trophy Invitational
2:12.03	S	F	100	IM	5/21/2023	2023 Starfish Meter Madness
<b>Lexi Senior (12) F</b>						
35.69	Y	F	50	Free	1/6/2023	2023 Starfish Trophy Invitational
40.37	S	F	50	Free	5/21/2023	2023 Starfish Meter Madness
40.47	L	F	50	Free	6/24/2023	2023 NE NSSC June Springfield
1:18.80	Y	F	100	Free	1/6/2023	2023 Starfish Trophy Invitational
1:26.64	L	F	100	Free	6/24/2023	2023 NE NSSC June Springfield
3:01.90	Y	F	200	Free	1/6/2023	2023 Starfish Trophy Invitational
3:25.89	L	F	200	Free	7/7/2023	Hawks Summer Invitational 2023
8:04.64	L	F	400	Free	6/24/2023	2023 NE NSSC June Springfield
40.98	Y	F	50	Back	3/3/2023	AD Silver Short Course Championships
45.22	S	F	50	Back	5/21/2023	2023 Starfish Meter Madness
48.24	L	F	50	Back	6/24/2023	2023 NE NSSC June Springfield
1:45.76	L	F	100	Back	6/24/2023	2023 NE NSSC June Springfield
4:03.55	L	F	200	Back	6/24/2023	2023 NE NSSC June Springfield
47.75	Y	F	50	Breast	1/6/2023	2023 Starfish Trophy Invitational
53.74	S	F	50	Breast	5/21/2023	2023 Starfish Meter Madness
55.72	L	F	50	Breast	7/7/2023	Hawks Summer Invitational 2023
1:46.68	Y	F	100	Breast	1/6/2023	2023 Starfish Trophy Invitational
2:01.51	L	F	100	Breast	7/7/2023	Hawks Summer Invitational 2023
50.01	Y	F	50	Fly	3/3/2023	AD Silver Short Course Championships
52.51	L	F	50	Fly	7/7/2023	Hawks Summer Invitational 2023
1:31.45	Y	F	100	IM	1/6/2023	2023 Starfish Trophy Invitational
1:58.10	S	F	100	IM	5/21/2023	2023 Starfish Meter Madness
<b>Scarlett Sfeir (11) F</b>						
40.35	Y	F	50	Free	2/4/2023	Delmar Dolphins Febuary Freeze
1:38.33	Y	F	100	Free	1/14/2023	Canajoharie Developmental Meet
55.20	Y	F	50	Back	12/11/2022	Sharks 12 & Under Mini Meet
1:01.07	Y	F	50	Fly	2/4/2023	Delmar Dolphins Febuary Freeze
<b>Emma Shao (14) F</b>						
26.05	Y L	AA	50	Free	3/9/2023	Adirondack Gold Short Course Championships
29.34	L L	AA	50	Free	8/2/2023	2023 EZ LC Age Group Championship
55.33	Y L	AAA	100	Free	3/9/2023	Adirondack Gold Short Course Championships
1:04.24	L	AA	100	Free	5/5/2023	2023 NE CRIMSON May Madness
2:01.97	Y	AA	200	Free	3/9/2023	Adirondack Gold Short Course Championships
2:20.16	L	AA	200	Free	7/7/2023	Hawks Summer Invitational 2023
5:12.33	L	A	400	Free	5/20/2023	2023 NE NSSC May Springfield
5:44.96	Y	A	500	Free	12/18/2022	Piranha's December Distance Invite
30.08	Y	F	50	Back	2/4/2023	Delmar Dolphins Febuary Freeze
1:02.31	Y	AA	100	Back	3/9/2023	Adirondack Gold Short Course Championships

CLRK-AD

CLRK-AD

ALBS-AD

CPP-AD

SCHE-AD

DELM-AD

### Individual Top Times

Time	P/F/S	Event	
<b>Emma Shao (14) F</b>			<b>DELM-AD</b>
1:12.61 L AA F	100 Back	7/7/2023	Hawks Summer Invitational 2023
2:18.54 Y A F	200 Back	3/9/2023	Adirondack Gold Short Course Championships
2:39.50 L A F	200 Back	6/2/2023	STAR LC Kick Off Meet
33.18 Y P	50 Breast	1/6/2023	2023 Starfish Trophy Invitational
36.03 L F	50 Breast	7/1/2023	NCAC Summer Meet 2023
1:07.40 Y AAA P	100 Breast	3/9/2023	Adirondack Gold Short Course Championships
1:17.71 L AAA P	100 Breast	8/2/2023	2023 EZ LC Age Group Championship
2:28.75 Y AAA P	200 Breast	3/9/2023	Adirondack Gold Short Course Championships
2:50.91 L AAA F	200 Breast	7/7/2023	Hawks Summer Invitational 2023
29.06 Y F	50 Fly	2/4/2023	Delmar Dolphins Febuary Freeze
1:04.32 Y A P	100 Fly	3/9/2023	Adirondack Gold Short Course Championships
1:15.34 L BB F	100 Fly	5/20/2023	2023 NE NSSC May Springfield
2:43.03 Y B F	200 Fly	12/18/2022	Piranha's December Distance Invite
1:03.96 Y F	100 IM	2/4/2023	Delmar Dolphins Febuary Freeze
2:14.04 Y AA F	200 IM	3/29/2023	2023 Eastern Zone SC Age Group Championships
2:33.61 L AAA F	200 IM	7/1/2023	NCAC Summer Meet 2023
5:33.22 L AA P	400 IM	8/2/2023	2023 EZ LC Age Group Championship
<b>Mark Shao (12) M</b>			<b>DELM-AD</b>
30.83 Y B F	50 Free	3/3/2023	AD Silver Short Course Championships
33.39 L BB F	50 Free	7/7/2023	Hawks Summer Invitational 2023
1:06.35 Y B F	100 Free	6/11/2023	Piranhas Summer Kick-Off Meet
1:15.36 L BB F	100 Free	7/7/2023	Hawks Summer Invitational 2023
2:33.99 Y B F	200 Free	3/3/2023	AD Silver Short Course Championships
2:43.23 L BB F	200 Free	7/7/2023	Hawks Summer Invitational 2023
36.52 Y B F	50 Back	6/11/2023	Piranhas Summer Kick-Off Meet
41.56 L B F	50 Back	7/1/2023	NCAC Summer Meet 2023
1:20.02 Y B F	100 Back	3/3/2023	AD Silver Short Course Championships
1:27.51 L BB F	100 Back	7/7/2023	Hawks Summer Invitational 2023
3:19.26 L B F	200 Back	6/2/2023	STAR LC Kick Off Meet
38.62 Y BB F	50 Breast	6/11/2023	Piranhas Summer Kick-Off Meet
46.44 L B F	50 Breast	7/7/2023	Hawks Summer Invitational 2023
1:28.07 Y B F	100 Breast	3/9/2023	Adirondack Gold Short Course Championships
1:41.75 L B F	100 Breast	7/7/2023	Hawks Summer Invitational 2023
3:42.58 L B F	200 Breast	6/2/2023	STAR LC Kick Off Meet
41.97 Y F	50 Fly	3/3/2023	AD Silver Short Course Championships
45.57 L F	50 Fly	7/1/2023	NCAC Summer Meet 2023
1:56.22 L F	100 Fly	6/2/2023	STAR LC Kick Off Meet
1:16.80 Y B F	100 IM	6/11/2023	Piranhas Summer Kick-Off Meet
2:55.69 Y B F	200 IM	3/3/2023	AD Silver Short Course Championships
3:14.13 L B F	200 IM	7/7/2023	Hawks Summer Invitational 2023
<b>Aidan Shaw (17) M</b>			<b>SCHE-AD</b>
28.36 Y F	50 Free	3/3/2023	AD Silver Short Course Championships
1:03.37 Y F	100 Free	3/3/2023	AD Silver Short Course Championships
6:43.88 Y F	500 Free	1/14/2023	Chris Goody IMX Challenge
1:16.07 Y F	100 Back	3/3/2023	AD Silver Short Course Championships
2:44.20 Y F	200 Back	3/3/2023	AD Silver Short Course Championships
1:19.44 Y F	100 Breast	2/17/2023	2023 Region 1 Short Course Invitational
2:58.62 Y F	200 Breast	3/3/2023	AD Silver Short Course Championships
1:21.25 Y F	100 Fly	2/4/2023	Delmar Dolphins Febuary Freeze
3:12.00 Y F	200 Fly	1/14/2023	Chris Goody IMX Challenge
2:40.54 Y F	200 IM	2/4/2023	Delmar Dolphins Febuary Freeze
5:58.86 Y F	400 IM	1/14/2023	Chris Goody IMX Challenge
<b>Dillon Shaw (9) M</b>			<b>NHA-AD</b>
23.64 Y F	25 Free	3/3/2023	AD Silver Short Course Championships
53.33 Y F	50 Free	2/12/2023	Piranha's Pentathlon
26.93 Y F	25 Back	1/29/2023	Stingray Splash
57.88 Y F	50 Back	2/12/2023	Piranha's Pentathlon



### Individual Top Times

Time	P/F/S	Event					
<b>Liam Shaw (12) M</b>							
38.77	Y	F	50	Free	6/11/2023	Piranhas Summer Kick-Off Meet	
1:36.71	Y	F	100	Free	6/11/2023	Piranhas Summer Kick-Off Meet	
1:50.10	L	F	100	Free	7/7/2023	Hawks Summer Invitational 2023	
3:50.29	L	F	200	Free	7/7/2023	Hawks Summer Invitational 2023	
49.62	Y	F	50	Back	6/11/2023	Piranhas Summer Kick-Off Meet	
2:10.61	L	F	100	Back	7/7/2023	Hawks Summer Invitational 2023	
1:08.32	L	F	50	Breast	7/7/2023	Hawks Summer Invitational 2023	
2:20.60	L	F	100	Breast	7/7/2023	Hawks Summer Invitational 2023	
1:13.85	L	F	50	Fly	7/7/2023	Hawks Summer Invitational 2023	
<b>Alaura Sheeley (16) F</b>							
26.18	Y	A	F	50	Free	3/3/2023	AD Silver Short Course Championships
59.92	Y	BB	F	100	Free	3/3/2023	AD Silver Short Course Championships
2:16.87	Y	BB	F	200	Free	3/3/2023	AD Silver Short Course Championships
1:07.70	Y	BB	F	100	Back	3/3/2023	AD Silver Short Course Championships
1:10.93	Y	A	F	100	Breast	3/9/2023	Adirondack Gold Short Course Championships
2:33.01	Y	A	P	200	Breast	3/9/2023	Adirondack Gold Short Course Championships
1:05.02	Y	BB	P	100	Fly	3/9/2023	Adirondack Gold Short Course Championships
<b>Bennett Sheeley (14) M</b>							
29.98	Y		F	50	Free	3/3/2023	AD Silver Short Course Championships
1:08.60	Y		F	100	Free	3/3/2023	AD Silver Short Course Championships
24:16.97	Y		F	1650	Free	1/22/2023	Mile Madness
1:16.75	Y		P	100	Back	1/6/2023	2023 Starfish Trophy Invitational
2:46.46	Y		F	200	Back	3/3/2023	AD Silver Short Course Championships
1:27.39	Y		F	100	Breast	3/3/2023	AD Silver Short Course Championships
<b>Annie Sheng (16) F</b>							
31.27	Y	B	F	50	Free	6/11/2023	Piranhas Summer Kick-Off Meet
1:25.84	Y		F	100	Back	6/11/2023	Piranhas Summer Kick-Off Meet
1:33.67	Y		F	100	Breast	6/11/2023	Piranhas Summer Kick-Off Meet
<b>Vicky Sheng (10) F</b>							
18.75	Y		F	25	Free	3/3/2023	AD Silver Short Course Championships
41.19	L	B	F	50	Free	7/20/2023	2023 Adirondack Long Course Championships
41.45	Y		F	50	Free	6/11/2023	Piranhas Summer Kick-Off Meet
1:34.57	Y		F	100	Free	6/11/2023	Piranhas Summer Kick-Off Meet
1:37.25	L	B	F	100	Free	7/20/2023	2023 Adirondack Long Course Championships
23.39	Y		F	25	Back	1/29/2023	Stingray Splash
46.95	Y	B	F	50	Back	6/11/2023	Piranhas Summer Kick-Off Meet
25.85	Y		F	25	Breast	1/29/2023	Stingray Splash
51.74	Y	B	F	50	Breast	6/11/2023	Piranhas Summer Kick-Off Meet
55.15	L	B	F	50	Breast	7/20/2023	2023 Adirondack Long Course Championships
1:57.39	L	BB	F	100	Breast	7/20/2023	2023 Adirondack Long Course Championships
24.54	Y		F	25	Fly	1/29/2023	Stingray Splash
1:03.09	L		F	50	Fly	7/7/2023	Hawks Summer Invitational 2023
1:44.32	Y		F	100	IM	3/3/2023	AD Silver Short Course Championships
<b>Odysseus Sheppard-Gould (9) M</b>							
27.72	Y		F	25	Free	10/29/2022	Starfish Fall Spooktacular
1:08.89	Y		F	50	Free	1/6/2023	2023 Starfish Trophy Invitational
2:18.59	Y		F	100	Free	3/3/2023	AD Silver Short Course Championships
1:05.43	Y		F	50	Back	3/3/2023	AD Silver Short Course Championships
<b>Laila Sherwin (12) F</b>							
39.40	Y		F	50	Free	6/11/2023	Piranhas Summer Kick-Off Meet
1:35.31	Y		F	100	Free	10/22/2022	Trick or Treat Meet
50.67	Y		F	50	Back	2/12/2023	Piranha's Pentathlon
57.75	Y		F	50	Breast	6/11/2023	Piranhas Summer Kick-Off Meet
<b>Yeva Shifrin (13) F</b>							
33.89	Y		F	50	Free	3/3/2023	AD Silver Short Course Championships
1:14.40	Y		F	100	Free	1/29/2023	Stingray Splash

CPP-AD

HAWK-AD

HAWK-AD

SARY-AD

SARY-AD

HAWK-AD

BFIN-AD

NHA-AD

### Individual Top Times

Time	P/F/S	Event						
<b>Yeva Shifrin (13) F</b>								
2:47.76	Y	F	200	Free	1/29/2023	Stingray Splash		
43.50	Y	F	50	Back	3/3/2023	AD Silver Short Course Championships		
40.17	Y	P	50	Breast	3/9/2023	Adirondack Gold Short Course Championships		
1:28.28	Y	P	100	Breast	3/9/2023	Adirondack Gold Short Course Championships		
3:11.34	Y	F	200	Breast	3/3/2023	AD Silver Short Course Championships		
39.44	Y	F	50	Fly	3/3/2023	AD Silver Short Course Championships		
1:23.75	Y	F	100	IM	3/3/2023	AD Silver Short Course Championships		
3:01.46	Y	F	200	IM	3/3/2023	AD Silver Short Course Championships		
<b>Nabil Shinaishin (17) M</b>								
1:14.31	Y	B	P	100	Breast	2/16/2023	Boys Section 2 Division 1 Championships	
1:10.76	Y		P	100	Fly	2/16/2023	Boys Section 2 Division 1 Championships	
<b>Kaleb Shippee (14) M</b>								
50.17	Y		F	50	Free	12/3/2022	2022 North Country Invitational	
2:01.88	Y		F	100	Free	12/3/2022	2022 North Country Invitational	
<b>Robson Shontz (18) M</b>								
25.41	Y	BB	F	50	Free	6/11/2023	Piranhas Summer Kick-Off Meet	
28.32	L	BB	P	50	Free	7/20/2023	2023 Adirondack Long Course Championships	
59.89	Y	BB	P	100	Back	2/16/2023	Boys Section 2 Division 1 Championships	
1:10.63	L	BB	P	100	Back	7/20/2023	2023 Adirondack Long Course Championships	
1:14.32	Y	B	F	100	Breast	6/11/2023	Piranhas Summer Kick-Off Meet	
56.28	Y	A	P	100	Fly	2/16/2023	Boys Section 2 Division 1 Championships	
1:05.58	L	BB	F	100	Fly	7/20/2023	2023 Adirondack Long Course Championships	
<b>Miriana Shorkey (19) F</b>								
28.54	Y		F	50	Free	10/8/2022	Shenendehowa Girls Invitational	
1:11.48	Y		F	100	Breast	10/8/2022	Shenendehowa Girls Invitational	
<b>Tiffany Shults (12) F</b>								
1:19.87	Y		F	50	Free	12/3/2022	CVSL Tri Meet	
1:24.24	Y		F	50	Back	11/19/2022	CVSL Tri Meet	
<b>Andor Shum (11) M</b>								
58.30	Y		F	50	Free	2/4/2023	Delmar Dolphins Febuary Freeze	
1:02.87	Y		F	50	Back	12/11/2022	Sharks 12 & Under Mini Meet	
51.78	Y		F	50	Breast	3/3/2023	AD Silver Short Course Championships	
<b>Aden Siegfeld (18) M</b>								
28.65	Y		F	50	Free	6/11/2023	Piranhas Summer Kick-Off Meet	
1:13.48	Y		F	100	Back	6/11/2023	Piranhas Summer Kick-Off Meet	
1:38.02	Y		F	100	Breast	6/11/2023	Piranhas Summer Kick-Off Meet	
<b>Genevieve Silaika (16) F</b>								
2:08.96	Y	BB	F	200	Free	10/8/2022	Shenendehowa Girls Invitational	
5:35.33	Y	A	P	500	Free	11/3/2022	Girls Sec II Division I Championships	
1:05.53	Y	BB	F	100	Back	10/8/2022	Shenendehowa Girls Invitational	
<b>Sophia Silaika (18) F</b>								
27.49	Y	L	BB	F	50	Free	10/8/2022	Shenendehowa Girls Invitational
2:00.58	Y	AA	F	200	Free	11/3/2022	Girls Sec II Division I Championships	
5:20.44	Y	AA	F	500	Free	11/3/2022	Girls Sec II Division I Championships	
1:04.74	Y	BB	P	100	Back	3/9/2023	Adirondack Gold Short Course Championships	
2:34.12	Y	B	F	200	Back	12/18/2022	Piranha's December Distance Invite	
5:46.68	Y	B	F	400	IM	1/14/2023	Chris Goody IMX Challenge	
<b>Charlotte Silver (11) F</b>								
39.69	Y		F	50	Free	6/11/2023	Piranhas Summer Kick-Off Meet	
49.23	S		F	50	Free	5/21/2023	2023 Starfish Meter Madness	
46.48	Y		F	50	Back	6/11/2023	Piranhas Summer Kick-Off Meet	
1:04.84	Y		F	50	Breast	6/11/2023	Piranhas Summer Kick-Off Meet	
<b>Marissa Silver (17) F</b>								
27.48	Y	BB	F	50	Free	11/5/2022	Section VII Championships 2022	
1:04.35	Y	B	F	100	Free	2/4/2023	2023 Winter Blast	
2:17.12	Y	BB	F	200	Free	12/3/2022	2022 North Country Invitational	

### Individual Top Times

Time	P/F/S	Event					
<b>Marissa Silver (17) F</b>							<b>WAVE-AD</b>
32.69	Y L	F	50	Back	1/6/2023	2023 Starfish Trophy Invitational	
1:07.01	Y BB	F	100	Back	11/5/2022	Section VII Championships 2022	
1:10.48	Y B	P	100	Fly	1/6/2023	2023 Starfish Trophy Invitational	
<b>Maya Bettina Silvestre (12) F</b>							<b>CPP-AD</b>
48.28	Y	P	50	Free	1/6/2023	2023 Starfish Trophy Invitational	
1:02.68	S	F	50	Free	5/21/2023	2023 Starfish Meter Madness	
1:54.75	Y	F	100	Free	6/11/2023	Piranhas Summer Kick-Off Meet	
50.24	Y	F	50	Back	6/11/2023	Piranhas Summer Kick-Off Meet	
1:04.90	S	F	50	Back	5/21/2023	2023 Starfish Meter Madness	
2:19.36	Y	F	100	Back	11/12/2022	Fall frenzy	
53.83	Y	P	50	Breast	1/6/2023	2023 Starfish Trophy Invitational	
1:03.05	S	F	50	Breast	5/21/2023	2023 Starfish Meter Madness	
2:01.94	Y	F	100	Breast	3/3/2023	AD Silver Short Course Championships	
2:03.42	Y	P	100	IM	1/6/2023	2023 Starfish Trophy Invitational	
<b>Cooper Simmons (17) M</b>							<b>CPP-AD</b>
25.31	Y BB	F	50	Free	3/3/2023	AD Silver Short Course Championships	
59.69	L L	F	50	Free	7/20/2023	2023 Adirondack Long Course Championships	
55.95	Y BB	P	100	Free	11/18/2022	2022 NE NSSC Nov 18-20 WPI T/F	
1:52.31	Y A	F	200	Free	2/16/2023	Boys Section 2 Division 1 Championships	
2:20.70	L BB	P	200	Free	7/20/2023	2023 Adirondack Long Course Championships	
5:02.45	Y A	F	500	Free	2/16/2023	Boys Section 2 Division 1 Championships	
20:46.16	L B	F	1500	Free	7/7/2023	Hawks Summer Invitational 2023	
18:06.09	Y A	F	1650	Free	3/9/2023	Adirondack Gold Short Course Championships	
29.98	Y L	F	50	Back	3/9/2023	Adirondack Gold Short Course Championships	
1:04.59	Y B	F	100	Back	3/3/2023	AD Silver Short Course Championships	
1:19.60	Y	F	100	Breast	10/22/2022	Trick or Treat Meet	
1:03.03	Y B	F	100	Fly	3/3/2023	AD Silver Short Course Championships	
1:15.97	L	F	100	Fly	7/7/2023	Hawks Summer Invitational 2023	
2:17.86	Y B	F	200	IM	3/3/2023	AD Silver Short Course Championships	
4:54.59	Y BB	F	400	IM	3/3/2023	AD Silver Short Course Championships	
<b>Madigan Simmons (15) F</b>							<b>CPP-AD</b>
27.74	Y BB	P	50	Free	3/9/2023	Adirondack Gold Short Course Championships	
1:02.06	Y BB	F	100	Free	3/3/2023	AD Silver Short Course Championships	
2:10.19	Y BB	F	200	Free	3/3/2023	AD Silver Short Course Championships	
2:34.35	L BB	P	200	Free	7/20/2023	2023 Adirondack Long Course Championships	
5:47.26	Y BB	F	500	Free	3/3/2023	AD Silver Short Course Championships	
1:13.43	Y B	F	100	Back	6/11/2023	Piranhas Summer Kick-Off Meet	
2:39.95	Y B	F	200	Back	1/6/2023	2023 Starfish Trophy Invitational	
3:09.26	L	F	200	Back	7/7/2023	Hawks Summer Invitational 2023	
1:21.37	Y B	P	100	Breast	3/9/2023	Adirondack Gold Short Course Championships	
2:57.35	Y B	F	200	Breast	11/12/2022	Fall frenzy	
3:20.10	L BB	P	200	Breast	7/20/2023	2023 Adirondack Long Course Championships	
1:17.95	Y	F	100	Fly	6/11/2023	Piranhas Summer Kick-Off Meet	
1:34.65	L	P	100	Fly	7/20/2023	2023 Adirondack Long Course Championships	
2:38.26	Y B	F	200	IM	3/3/2023	AD Silver Short Course Championships	
<b>Maxwell Simmons (11) M</b>							<b>CPP-AD</b>
31.53	Y B	F	50	Free	3/9/2023	Adirondack Gold Short Course Championships	
36.43	S	F	50	Free	5/21/2023	2023 Starfish Meter Madness	
38.15	L	F	50	Free	7/20/2023	2023 Adirondack Long Course Championships	
1:13.51	Y	F	100	Free	3/9/2023	Adirondack Gold Short Course Championships	
2:42.08	Y	F	200	Free	3/9/2023	Adirondack Gold Short Course Championships	
3:03.70	L	F	200	Free	7/7/2023	Hawks Summer Invitational 2023	
38.48	Y	F	50	Back	2/12/2023	Piranha's Pentathlon	
1:25.33	Y	F	100	Back	1/6/2023	2023 Starfish Trophy Invitational	
1:42.56	L	F	100	Back	7/7/2023	Hawks Summer Invitational 2023	
47.14	Y	F	50	Breast	3/9/2023	Adirondack Gold Short Course Championships	

### Individual Top Times

Time	P/F/S	Event					
<b>Maxwell Simmons (11) M</b>							
49.94	L	F	50	Breast	7/7/2023	Hawks Summer Invitational 2023	
52.40	S	F	50	Breast	5/21/2023	2023 Starfish Meter Madness	
1:39.17	Y	F	100	Breast	3/9/2023	Adirondack Gold Short Course Championships	
2:03.26	L	F	100	Breast	7/20/2023	2023 Adirondack Long Course Championships	
37.10	Y	F	50	Fly	12/3/2022	2022 North Country Invitational	
42.59	S	F	50	Fly	5/21/2023	2023 Starfish Meter Madness	
52.43	L	F	50	Fly	7/20/2023	2023 Adirondack Long Course Championships	
1:37.97	Y	F	100	Fly	1/6/2023	2023 Starfish Trophy Invitational	
1:26.60	Y	F	100	IM	2/12/2023	Piranha's Pentathlon	
1:39.66	S	F	100	IM	5/21/2023	2023 Starfish Meter Madness	
3:15.29	Y	F	200	IM	1/6/2023	2023 Starfish Trophy Invitational	
<b>Riley Simmons (18) F</b>							
1:08.25	Y	BB	F	100	Back	10/8/2022	Shenendehowa Girls Invitational
1:18.12	Y	BB	F	100	Breast	10/8/2022	Shenendehowa Girls Invitational
5:54.38	Y	F	F	400	IM	1/14/2023	Chris Goody IMX Challenge
<b>Awemae Simpson (13) F</b>							
29.19	Y	F	F	25	Free	1/7/2023	Mexico Tiger Sharks January Meet
58.89	Y	F	F	50	Free	3/3/2023	AD Silver Short Course Championships
2:19.73	Y	F	F	100	Free	2/4/2023	2023 Winter Blast
1:14.07	Y	F	F	50	Back	3/3/2023	AD Silver Short Course Championships
2:37.90	Y	F	F	100	Back	3/3/2023	AD Silver Short Course Championships
<b>Dallin Simpson (15) M</b>							
31.79	Y	F	F	50	Free	3/3/2023	AD Silver Short Course Championships
1:09.96	Y	F	F	100	Free	3/3/2023	AD Silver Short Course Championships
2:36.28	Y	F	F	200	Free	3/3/2023	AD Silver Short Course Championships
7:58.60	Y	F	F	500	Free	1/7/2023	Mexico Tiger Sharks January Meet
44.71	Y	F	F	50	Back	10/23/2022	2022 Swimtober
1:25.98	Y	F	F	100	Back	2/4/2023	2023 Winter Blast
3:06.14	Y	F	F	200	Back	2/4/2023	2023 Winter Blast
1:32.09	Y	F	F	100	Breast	3/3/2023	AD Silver Short Course Championships
3:11.66	Y	F	F	200	Breast	3/3/2023	AD Silver Short Course Championships
3:12.77	Y	F	F	200	IM	12/3/2022	2022 North Country Invitational
<b>Donson Simpson (8) M</b>							
27.85	Y	F	F	25	Free	3/3/2023	AD Silver Short Course Championships
1:03.14	Y	F	F	50	Free	2/4/2023	2023 Winter Blast
2:48.90	Y	F	F	100	Free	2/4/2023	2023 Winter Blast
28.10	Y	F	F	25	Back	3/3/2023	AD Silver Short Course Championships
1:06.78	Y	F	F	50	Back	3/3/2023	AD Silver Short Course Championships
32.46	Y	F	F	25	Breast	2/4/2023	2023 Winter Blast
<b>Gurteg Singh (10) M</b>							
1:04.91	Y	F	F	50	Free	6/11/2023	Piranhas Summer Kick-Off Meet
1:02.16	Y	F	F	50	Back	6/11/2023	Piranhas Summer Kick-Off Meet
1:14.02	S	F	F	50	Back	5/21/2023	2023 Starfish Meter Madness
1:10.33	Y	F	F	50	Breast	6/11/2023	Piranhas Summer Kick-Off Meet
1:24.53	S	F	F	50	Breast	5/21/2023	2023 Starfish Meter Madness
<b>Sidak Singh (9) M</b>							
1:17.84	S	F	F	50	Free	5/21/2023	2023 Starfish Meter Madness
1:25.04	S	F	F	50	Back	5/21/2023	2023 Starfish Meter Madness
<b>Swarnika Singh (13) F</b>							
1:32.84	L	F	F	100	Free	7/7/2023	Hawks Summer Invitational 2023
3:22.45	L	F	F	200	Free	7/7/2023	Hawks Summer Invitational 2023
1:57.93	L	F	F	100	Back	7/7/2023	Hawks Summer Invitational 2023
56.67	L	F	F	50	Breast	7/7/2023	Hawks Summer Invitational 2023
1:57.96	L	F	F	100	Breast	7/7/2023	Hawks Summer Invitational 2023
58.08	L	F	F	50	Fly	7/7/2023	Hawks Summer Invitational 2023
<b>Lily Sinkevich (10) F</b>							

CPP-AD

UN-AD

NTS-AD

NTS-AD

NTS-AD

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CPP-AD

### Individual Top Times

Time	P/F/S	Event			
<b>Lily Sinkevich (10) F</b>					<b>CPP-AD</b>
1:01.72	S	F	50	Free	5/21/2023 2023 Starfish Meter Madness
1:08.10	S	F	50	Back	5/21/2023 2023 Starfish Meter Madness
<b>Laurel Skilbred (8) F</b>					<b>DELM-AD</b>
1:00.44	Y	F	50	Free	6/11/2023 Piranhas Summer Kick-Off Meet
2:35.03	L	F	100	Free	6/24/2023 2023 NE NSSC June Springfield
1:27.90	Y	F	50	Back	6/11/2023 Piranhas Summer Kick-Off Meet
1:14.13	Y	F	50	Breast	6/11/2023 Piranhas Summer Kick-Off Meet
1:30.79	L	F	50	Breast	6/24/2023 2023 NE NSSC June Springfield
2:31.46	Y	F	100	IM	6/11/2023 Piranhas Summer Kick-Off Meet
<b>Alexander Skuza (14) M</b>					<b>DELM-AD</b>
28.33	Y B	F	50	Free	3/3/2023 AD Silver Short Course Championships
32.58	L B	F	50	Free	5/20/2023 2023 NE NSSC May Springfield
1:02.84	Y B	F	100	Free	3/3/2023 AD Silver Short Course Championships
1:13.95	L B	F	100	Free	5/20/2023 2023 NE NSSC May Springfield
2:12.51	Y BB	F	200	Free	3/3/2023 AD Silver Short Course Championships
2:33.11	L B	F	200	Free	5/20/2023 2023 NE NSSC May Springfield
35.72	Y L	F	50	Back	10/22/2022 Trick or Treat Meet
1:12.80	Y	F	100	Back	1/6/2023 2023 Starfish Trophy Invitational
1:24.27	L	F	100	Back	5/20/2023 2023 NE NSSC May Springfield
2:35.32	Y B	F	200	Back	3/3/2023 AD Silver Short Course Championships
1:16.98	Y B	F	100	Breast	3/9/2023 Adirondack Gold Short Course Championships
1:34.46	L B	F	100	Breast	5/20/2023 2023 NE NSSC May Springfield
2:45.75	Y B	F	200	Breast	3/9/2023 Adirondack Gold Short Course Championships
3:27.26	L	F	200	Breast	5/20/2023 2023 NE NSSC May Springfield
1:20.18	Y	F	100	Fly	2/4/2023 Delmar Dolphins Febuary Freeze
1:17.58	Y	F	100	IM	10/22/2022 Trick or Treat Meet
2:32.30	Y B	F	200	IM	3/3/2023 AD Silver Short Course Championships
<b>Olivia Skuza (18) F</b>					<b>UN-AD</b>
26.47	Y L A	F	50	Free	10/8/2022 Shenendehowa Girls Invitational
29.99	L A	F	50	Free	7/7/2023 Hawks Summer Invitational 2023
57.68	Y A	P	100	Free	3/9/2023 Adirondack Gold Short Course Championships
1:06.61	L A	F	100	Free	5/20/2023 2023 NE NSSC May Springfield
31.90	Y L	F	50	Back	1/6/2023 2023 Starfish Trophy Invitational
1:08.50	Y B	P	100	Back	1/6/2023 2023 Starfish Trophy Invitational
1:07.43	Y AA	P	100	Breast	11/3/2022 Girls Sec II Division I Championships
1:21.54	L A	P	100	Breast	8/3/2023 LC Senior Zone Championship
2:28.52	Y AA	F	200	Breast	3/9/2023 Adirondack Gold Short Course Championships
3:01.28	L A	F	200	Breast	5/20/2023 2023 NE NSSC May Springfield
1:10.09	Y B	F	100	Fly	2/4/2023 Delmar Dolphins Febuary Freeze
1:18.34	L B	F	100	Fly	5/20/2023 2023 NE NSSC May Springfield
2:14.35	Y AA	F	200	IM	3/9/2023 Adirondack Gold Short Course Championships
2:47.10	L BB	F	200	IM	5/20/2023 2023 NE NSSC May Springfield
<b>Allison Slater (18) F</b>					<b>DELM-AD</b>
59.01	Y BB	P	100	Free	2/17/2023 2023 Region 1 Short Course Invitational
2:07.19	Y A	F	200	Free	1/6/2023 2023 Starfish Trophy Invitational
5:53.13	Y BB	F	500	Free	10/22/2022 Trick or Treat Meet
33.00	Y L	F	50	Back	2/4/2023 Delmar Dolphins Febuary Freeze
1:04.36	Y BB	P	100	Back	3/9/2023 Adirondack Gold Short Course Championships
2:18.93	Y BB	P	200	Back	3/9/2023 Adirondack Gold Short Course Championships
1:12.05	Y A	F	100	Breast	2/16/2023 Boys Section 2 Division 2 Championships
2:39.37	Y BB	P	200	Breast	2/17/2023 2023 Region 1 Short Course Invitational
1:03.99	Y BB	F	100	Fly	3/9/2023 Adirondack Gold Short Course Championships
1:08.81	Y	F	100	IM	10/22/2022 Trick or Treat Meet
2:18.91	Y A	F	200	IM	2/16/2023 Boys Section 2 Division 2 Championships
5:08.16	Y BB	F	400	IM	11/12/2022 Fall frenzy
<b>Kaylee Sliper (16) F</b>					<b>SCHE-AD</b>

### Individual Top Times

Time	P/F/S	Event						
<b>Kaylee Sliper (16) F</b>								<b>SCHE-AD</b>
28.04	Y BB	F	50	Free	3/3/2023	AD Silver Short Course Championships		
1:01.02	Y BB	F	100	Free	3/3/2023	AD Silver Short Course Championships		
1:11.20	S BB	F	100	Free	5/21/2023	2023 Starfish Meter Madness		
2:11.13	Y BB	P	200	Free	2/17/2023	2023 Region 1 Short Course Invitational		
5:53.59	Y BB	P	500	Free	2/17/2023	2023 Region 1 Short Course Invitational		
12:15.85	Y BB	F	1000	Free	2/17/2023	2023 Region 1 Short Course Invitational		
1:14.81	Y	F	100	Back	3/3/2023	AD Silver Short Course Championships		
1:24.88	S	F	100	Back	5/21/2023	2023 Starfish Meter Madness		
2:40.21	Y B	F	200	Back	3/3/2023	AD Silver Short Course Championships		
1:25.76	Y B	F	100	Breast	3/3/2023	AD Silver Short Course Championships		
3:09.63	Y	F	200	Breast	1/14/2023	Chris Goody IMX Challenge		
1:26.17	S	F	100	IM	5/21/2023	2023 Starfish Meter Madness		
2:36.19	Y B	F	200	IM	3/3/2023	AD Silver Short Course Championships		
<b>Ariela Smith (13) F</b>								<b>GRGF-AD</b>
39.07	Y	F	50	Free	3/3/2023	AD Silver Short Course Championships		
1:26.46	Y	F	100	Free	3/3/2023	AD Silver Short Course Championships		
43.12	Y	F	50	Back	2/4/2023	Delmar Dolphins Febuary Freeze		
1:56.71	Y	F	100	Breast	2/12/2023	Piranha's Pentathlon		
1:38.83	Y	F	100	IM	3/3/2023	AD Silver Short Course Championships		
<b>Edmund Smith (32) M</b>								<b>NTS-AD</b>
31.83	L	F	50	Free	7/1/2023	Niagara LSC LC Super Circuit Meet		
<b>Kaelee Smith (14) F</b>								<b>WAVE-AD</b>
38.44	Y	F	50	Free	2/4/2023	2023 Winter Blast		
1:25.38	Y	F	100	Free	2/4/2023	2023 Winter Blast		
1:36.58	Y	F	100	Back	2/4/2023	2023 Winter Blast		
1:47.75	Y	F	100	Breast	2/4/2023	2023 Winter Blast		
<b>Macie Smith (10) F</b>								<b>SARY-AD</b>
20.86	Y	F	25	Free	12/11/2022	Sharks 12 & Under Mini Meet		
44.02	Y	F	50	Free	3/3/2023	AD Silver Short Course Championships		
1:43.68	Y	F	100	Free	1/29/2023	Stingray Splash		
24.21	Y	F	25	Back	12/11/2022	Sharks 12 & Under Mini Meet		
43.18	Y B	F	50	Back	2/4/2023	Delmar Dolphins Febuary Freeze		
27.21	Y	F	25	Breast	12/11/2022	Sharks 12 & Under Mini Meet		
55.72	Y	F	50	Breast	3/3/2023	AD Silver Short Course Championships		
1:54.39	Y	F	100	IM	3/3/2023	AD Silver Short Course Championships		
<b>Madison Smith (16) F</b>								<b>UN-AD</b>
1:25.22	Y	F	100	Back	11/5/2022	Section VII Championships 2022		
<b>Isabella Smoote-Keeler (15) F</b>								<b>ALBS-AD</b>
30.13	Y B	F	50	Free	6/11/2023	Piranhas Summer Kick-Off Meet		
1:07.86	Y B	F	100	Free	3/3/2023	AD Silver Short Course Championships		
1:16.96	S	F	100	Free	5/21/2023	2023 Starfish Meter Madness		
2:30.72	Y	F	200	Free	6/11/2023	Piranhas Summer Kick-Off Meet		
1:38.17	Y	F	100	Back	10/22/2022	Trick or Treat Meet		
1:43.33	Y	F	100	Breast	10/22/2022	Trick or Treat Meet		
1:53.22	S	F	100	Breast	5/21/2023	2023 Starfish Meter Madness		
1:36.94	S	F	100	IM	5/21/2023	2023 Starfish Meter Madness		
3:04.65	Y	F	200	IM	6/11/2023	Piranhas Summer Kick-Off Meet		
<b>Piper Smutz (9) F</b>								<b>NTS-AD</b>
36.67	Y	F	25	Free	12/3/2022	2022 North Country Invitational		
1:01.49	Y	F	50	Back	12/3/2022	2022 North Country Invitational		
<b>Madeleine Snyder (12) F</b>								<b>SARY-AD</b>
49.08	Y	F	50	Free	1/29/2023	Stingray Splash		
1:52.86	Y	F	100	Free	1/29/2023	Stingray Splash		
51.03	Y	F	50	Back	1/29/2023	Stingray Splash		
1:07.19	Y	F	50	Breast	1/29/2023	Stingray Splash		
<b>Oliver Snyder (10) M</b>								<b>SARY-AD</b>

### Individual Top Times

Time	P/F/S	Event						
<b>Oliver Snyder (10) M</b>								
54.74	Y	F	50	Free	1/29/2023	Stingray Splash		
2:00.42	Y	F	100	Free	1/29/2023	Stingray Splash		
1:04.60	Y	F	50	Back	1/29/2023	Stingray Splash		
1:09.20	Y	F	50	Breast	1/29/2023	Stingray Splash		
<b>Catherine Sokolewicz (15) F</b>								
28.09	Y	BB	P	50	Free	3/9/2023	Adirondack Gold Short Course Championships	
1:01.04	Y	BB	P	100	Free	3/9/2023	Adirondack Gold Short Course Championships	
2:17.13	Y	BB	F	200	Free	3/3/2023	AD Silver Short Course Championships	
6:19.26	Y	B	F	500	Free	1/14/2023	Chris Goody IMX Challenge	
36.43	Y	L	P	50	Back	11/3/2022	Girls Sec II Division I Championships	
1:13.93	Y	B	F	100	Back	3/3/2023	AD Silver Short Course Championships	
2:39.40	Y	B	P	200	Back	2/17/2023	2023 Region 1 Short Course Invitational	
1:21.28	Y	B	F	100	Breast	3/3/2023	AD Silver Short Course Championships	
2:55.39	Y	B	F	200	Breast	3/3/2023	AD Silver Short Course Championships	
3:03.25	Y		F	200	Fly	1/14/2023	Chris Goody IMX Challenge	
1:12.87	Y		F	100	IM	10/22/2022	Trick or Treat Meet	
2:33.63	Y	BB	F	200	IM	3/3/2023	AD Silver Short Course Championships	
5:49.21	Y	B	F	400	IM	1/14/2023	Chris Goody IMX Challenge	
<b>Liam Somerville (10) M</b>								
1:01.10	Y		F	50	Free	3/3/2023	AD Silver Short Course Championships	
1:08.16	Y		F	50	Back	12/11/2022	Sharks 12 & Under Mini Meet	
<b>Courtney Sorbello (18) F</b>								
25.82	Y	A	F	50	Free	3/9/2023	Adirondack Gold Short Course Championships	
56.91	Y	A	P	100	Free	3/9/2023	Adirondack Gold Short Course Championships	
2:04.16	Y	A	P	200	Free	11/3/2022	Girls Sec II Division I Championships	
5:41.02	Y	BB	F	500	Free	11/12/2022	Fall frenzy	
28.49	Y	L	F	50	Back	11/3/2022	Girls Sec II Division I Championships	
1:01.61	Y	A	F	100	Back	3/9/2023	Adirondack Gold Short Course Championships	
2:18.11	Y	BB	P	200	Back	2/17/2023	2023 Region 1 Short Course Invitational	
1:08.71	Y	B	P	100	Fly	2/17/2023	2023 Region 1 Short Course Invitational	
2:22.14	Y	BB	F	200	IM	10/8/2022	Shenendehowa Girls Invitational	
<b>Eva Soria (10) F</b>								
22.32	Y		F	25	Free	1/29/2023	Stingray Splash	
56.44	Y		F	50	Free	12/11/2022	Sharks 12 & Under Mini Meet	
25.33	Y		F	25	Back	1/29/2023	Stingray Splash	
1:15.78	Y		F	50	Back	2/12/2023	Piranha's Pentathlon	
33.61	Y		F	25	Breast	1/29/2023	Stingray Splash	
29.68	Y		F	25	Fly	11/12/2022	Fall frenzy	
<b>Richard Southwick IV (15) M</b>								
33.62	Y		F	50	Free	3/3/2023	AD Silver Short Course Championships	
2:40.62	Y		F	200	Free	3/3/2023	AD Silver Short Course Championships	
3:13.27	L		F	200	Free	7/7/2023	Hawks Summer Invitational 2023	
1:27.21	Y		F	100	Back	3/3/2023	AD Silver Short Course Championships	
3:23.73	L		F	200	Back	7/7/2023	Hawks Summer Invitational 2023	
1:27.76	Y		F	100	Breast	3/3/2023	AD Silver Short Course Championships	
1:40.65	L		F	100	Fly	7/7/2023	Hawks Summer Invitational 2023	
<b>Richard Southwick (15) M</b>								
34.67	Y		P	50	Free	1/6/2023	2023 Starfish Trophy Invitational	
2:45.42	Y		P	200	Free	1/6/2023	2023 Starfish Trophy Invitational	
1:27.29	Y		P	100	Back	1/6/2023	2023 Starfish Trophy Invitational	
1:34.29	Y		F	100	Breast	10/22/2022	Trick or Treat Meet	
2:20.34	Y	BB	F	200	IM	11/12/2022	Fall frenzy	
<b>Sophie Spina (17) F</b>								
26.69	Y	L	A	F	50	Free	3/9/2023	Adirondack Gold Short Course Championships
1:00.14	Y	BB	F	100	Free	3/3/2023	AD Silver Short Course Championships	
2:10.43	Y	BB	F	200	Free	3/3/2023	AD Silver Short Course Championships	

SARY-AD

SCHE-AD

DELM-AD

DELM-AD

CPP-AD

CPP-AD

CPP-AD

CLIN-AD

### Individual Top Times

Time	P/F/S	Event				
<b>Sophie Spina (17) F</b>						
						<b>CLIN-AD</b>
5:48.66	Y BB F	500 Free	3/3/2023	AD Silver Short Course Championships		
20:53.48	Y BB F	1650 Free	1/22/2023	Mile Madness		
1:10.63	Y B P	100 Back	12/1/2022	2022 STAR Short Course Invitational		
1:14.80	Y BB P	100 Breast	3/9/2023	Adirondack Gold Short Course Championships		
2:39.71	Y BB P	200 Breast	3/9/2023	Adirondack Gold Short Course Championships		
2:29.81	Y BB P	200 IM	12/1/2022	2022 STAR Short Course Invitational		
<b>Aria Spinks (10) F</b>						
						<b>KING-AD</b>
51.52	Y F	50 Fly	1/6/2023	2023 Starfish Trophy Invitational		
<b>Lily Splendido (16) F</b>						
						<b>SCHE-AD</b>
28.48	Y BB P	50 Free	2/17/2023	2023 Region 1 Short Course Invitational		
1:01.78	Y BB F	100 Free	3/3/2023	AD Silver Short Course Championships		
1:11.66	L BB P	100 Free	7/20/2023	2023 Adirondack Long Course Championships		
1:12.96	S B F	100 Free	5/21/2023	2023 Starfish Meter Madness		
2:13.02	Y BB F	200 Free	6/11/2023	Piranhas Summer Kick-Off Meet		
2:29.73	L BB F	200 Free	7/7/2023	Hawks Summer Invitational 2023		
5:18.68	L BB F	400 Free	7/20/2023	2023 Adirondack Long Course Championships		
5:43.46	Y BB F	500 Free	3/3/2023	AD Silver Short Course Championships		
20:33.73	L BB F	1500 Free	7/20/2023	2023 Adirondack Long Course Championships		
19:26.44	Y A F	1650 Free	12/18/2022	Piranha's December Distance Invite		
1:13.69	Y B F	100 Back	2/4/2023	Delmar Dolphins Febuary Freeze		
1:22.08	S B F	100 Back	5/21/2023	2023 Starfish Meter Madness		
2:28.61	Y BB F	200 Back	3/3/2023	AD Silver Short Course Championships		
1:26.37	Y F	100 Breast	2/4/2023	Delmar Dolphins Febuary Freeze		
1:39.63	S F	100 Breast	5/21/2023	2023 Starfish Meter Madness		
3:02.60	Y B F	200 Breast	1/14/2023	Chris Goody IMX Challenge		
1:06.39	Y BB P	100 Fly	11/3/2022	Girls Sec II Division I Championships		
1:16.21	L BB F	100 Fly	7/7/2023	Hawks Summer Invitational 2023		
1:16.81	S BB F	100 Fly	5/21/2023	2023 Starfish Meter Madness		
2:22.81	Y BB P	200 Fly	12/1/2022	2022 STAR Short Course Invitational		
2:42.64	L BB F	200 Fly	7/20/2023	2023 Adirondack Long Course Championships		
1:24.89	S F	100 IM	5/21/2023	2023 Starfish Meter Madness		
2:28.90	Y BB F	200 IM	6/11/2023	Piranhas Summer Kick-Off Meet		
2:59.54	L B P	200 IM	7/20/2023	2023 Adirondack Long Course Championships		
5:05.73	Y BB F	400 IM	3/3/2023	AD Silver Short Course Championships		
5:59.22	L BB F	400 IM	7/20/2023	2023 Adirondack Long Course Championships		
<b>Luke Splendido (16) M</b>						
						<b>SCHE-AD</b>
25.03	Y BB F	50 Free	3/3/2023	AD Silver Short Course Championships		
28.49	L BB P	50 Free	7/20/2023	2023 Adirondack Long Course Championships		
58.27	Y B P	100 Free	12/1/2022	2022 STAR Short Course Invitational		
1:02.80	L BB P	100 Free	7/20/2023	2023 Adirondack Long Course Championships		
1:04.90	S B F	100 Free	5/21/2023	2023 Starfish Meter Madness		
1:57.42	Y BB F	200 Free	3/3/2023	AD Silver Short Course Championships		
2:12.11	L A F	200 Free	7/20/2023	2023 Adirondack Long Course Championships		
4:41.98	L A F	400 Free	7/20/2023	2023 Adirondack Long Course Championships		
5:16.19	Y A F	500 Free	3/3/2023	AD Silver Short Course Championships		
1:05.79	Y B F	100 Back	6/11/2023	Piranhas Summer Kick-Off Meet		
1:13.95	S B F	100 Back	5/21/2023	2023 Starfish Meter Madness		
2:17.28	Y BB P	200 Back	12/1/2022	2022 STAR Short Course Invitational		
1:05.81	Y BB F	100 Breast	2/16/2023	Boys Section 2 Division 1 Championships		
1:14.34	L A F	100 Breast	7/20/2023	2023 Adirondack Long Course Championships		
1:20.68	S B F	100 Breast	5/21/2023	2023 Starfish Meter Madness		
2:26.89	Y BB F	200 Breast	2/17/2023	2023 Region 1 Short Course Invitational		
2:43.80	L A F	200 Breast	7/20/2023	2023 Adirondack Long Course Championships		
1:13.41	L B F	100 Fly	7/7/2023	Hawks Summer Invitational 2023		
1:16.19	S F	100 Fly	5/21/2023	2023 Starfish Meter Madness		
2:27.87	Y B F	200 Fly	1/14/2023	Chris Goody IMX Challenge		
1:07.70	Y F	100 IM	10/22/2022	Trick or Treat Meet		



### Individual Top Times

Time	P/F/S	Event					
<b>Luke Splendido (16) M</b>						<b>ALBS-AD</b>	
1:15.99	S	F	100	IM	5/21/2023	2023 Starfish Meter Madness	
2:12.12	Y	BB	P	200	IM	2/16/2023	Boys Section 2 Division 1 Championships
2:33.48	L	BB	P	200	IM	7/20/2023	2023 Adirondack Long Course Championships
4:44.89	Y	BB	F	400	IM	3/3/2023	AD Silver Short Course Championships
5:20.74	L	BB	F	400	IM	7/20/2023	2023 Adirondack Long Course Championships
<b>Rose Spooner (10) F</b>						<b>DELM-AD</b>	
21.89	Y	F	F	25	Free	3/3/2023	AD Silver Short Course Championships
47.61	Y	F	F	50	Free	6/11/2023	Piranhas Summer Kick-Off Meet
1:56.57	Y	F	F	100	Free	3/3/2023	AD Silver Short Course Championships
25.95	Y	F	F	25	Back	3/3/2023	AD Silver Short Course Championships
55.97	Y	F	F	50	Back	3/3/2023	AD Silver Short Course Championships
31.94	Y	F	F	25	Breast	3/3/2023	AD Silver Short Course Championships
1:57.15	Y	F	F	100	IM	6/11/2023	Piranhas Summer Kick-Off Meet
<b>Sean Spooner (11) M</b>						<b>DELM-AD</b>	
40.24	Y	F	F	50	Free	3/3/2023	AD Silver Short Course Championships
1:34.25	Y	F	F	100	Free	3/3/2023	AD Silver Short Course Championships
47.13	Y	F	F	50	Back	3/3/2023	AD Silver Short Course Championships
1:05.00	Y	F	F	50	Breast	3/3/2023	AD Silver Short Course Championships
54.73	Y	F	F	50	Fly	2/12/2023	Piranha's Pentathlon
1:48.26	Y	F	F	100	IM	3/3/2023	AD Silver Short Course Championships
<b>Alison Sposili (21) F</b>						<b>UN-AD</b>	
2:50.68	L	F	F	200	Breast	7/20/2023	2023 Adirondack Long Course Championships
<b>Emily Sproule (12) F</b>						<b>WAVE-AD</b>	
47.58	Y	F	F	50	Free	12/11/2022	Sharks 12 & Under Mini Meet
50.09	Y	F	F	50	Back	12/11/2022	Sharks 12 & Under Mini Meet
58.40	Y	F	F	50	Breast	12/11/2022	Sharks 12 & Under Mini Meet
<b>Lucille Spurgeon (10) F</b>						<b>SCHE-AD</b>	
43.53	Y	F	F	50	Free	12/11/2022	Sharks 12 & Under Mini Meet
49.72	S	F	F	50	Free	5/21/2023	2023 Starfish Meter Madness
1:39.27	Y	F	F	100	Free	11/12/2022	Fall frenzy
46.27	Y	B	F	50	Back	3/3/2023	AD Silver Short Course Championships
52.54	S	F	F	50	Back	5/21/2023	2023 Starfish Meter Madness
53.59	Y	F	F	50	Breast	3/3/2023	AD Silver Short Course Championships
56.84	S	B	F	50	Breast	5/21/2023	2023 Starfish Meter Madness
2:06.59	S	F	F	100	IM	5/21/2023	2023 Starfish Meter Madness
<b>Mary Spurgeon (12) F</b>						<b>SCHE-AD</b>	
36.09	Y	F	F	50	Free	3/3/2023	AD Silver Short Course Championships
39.62	S	F	F	50	Free	5/21/2023	2023 Starfish Meter Madness
1:17.99	Y	F	F	100	Free	3/3/2023	AD Silver Short Course Championships
42.60	Y	F	F	50	Back	3/3/2023	AD Silver Short Course Championships
46.99	S	F	F	50	Back	5/21/2023	2023 Starfish Meter Madness
1:32.71	Y	F	F	100	Back	3/3/2023	AD Silver Short Course Championships
46.22	Y	F	F	50	Breast	3/3/2023	AD Silver Short Course Championships
1:40.01	Y	F	F	100	Breast	3/3/2023	AD Silver Short Course Championships
42.25	Y	F	F	50	Fly	3/3/2023	AD Silver Short Course Championships
44.90	S	F	F	50	Fly	5/21/2023	2023 Starfish Meter Madness
1:31.39	Y	F	F	100	IM	3/3/2023	AD Silver Short Course Championships
1:37.40	S	F	F	100	IM	5/21/2023	2023 Starfish Meter Madness
<b>Keegan Stafford (20) M</b>						<b>SCHE-AD</b>	
22.85	Y	P	F	50	Free	11/12/2021	2021 NE ABF November Trials Final Meet
49.43	Y	F	F	100	Free	11/12/2021	2021 NE ABF November Trials Final Meet
1:48.67	Y	F	F	200	Free	11/12/2021	2021 NE ABF November Trials Final Meet
5:00.64	Y	F	F	500	Free	11/12/2021	2021 NE ABF November Trials Final Meet
56.35	Y	P	F	100	Back	11/12/2021	2021 NE ABF November Trials Final Meet
56.15	Y	P	F	100	Fly	11/12/2021	2021 NE ABF November Trials Final Meet
<b>Anthony Stahlman (15) M</b>						<b>SARY-AD</b>	

### Individual Top Times

Time	P/F/S	Event						
<b>Anthony Stahlman (15) M</b>								
2:45.19	Y	F	200	Free	6/11/2023	Piranhas Summer Kick-Off Meet		
1:24.96	Y	F	100	Back	6/11/2023	Piranhas Summer Kick-Off Meet		
1:41.03	Y	F	100	Breast	6/11/2023	Piranhas Summer Kick-Off Meet		
3:06.78	Y	F	200	IM	6/11/2023	Piranhas Summer Kick-Off Meet		
<b>Alexander Stanton (14) M</b>								
35.47	Y	F	50	Free	12/11/2022	Sharks 12 & Under Mini Meet		
1:22.37	Y	F	100	Free	12/11/2022	Sharks 12 & Under Mini Meet		
45.20	Y	F	50	Back	12/11/2022	Sharks 12 & Under Mini Meet		
<b>Charlotte Stanton (10) F</b>								
23.64	Y	F	25	Free	12/11/2022	Sharks 12 & Under Mini Meet		
50.22	Y	F	50	Free	12/11/2022	Sharks 12 & Under Mini Meet		
26.03	Y	F	25	Back	12/11/2022	Sharks 12 & Under Mini Meet		
37.25	Y	F	25	Fly	12/11/2022	Sharks 12 & Under Mini Meet		
<b>Mya Stark (14) F</b>								
26.73	Y	AA	P	50	Free	2/17/2023	2023 Region 1 Short Course Invitational	
26.73	Y	L	AA	F	50	Free	3/9/2023	Adirondack Gold Short Course Championships
30.18	L	AA	P	50	Free	7/20/2023	2023 Adirondack Long Course Championships	
59.42	Y	A	P	100	Free	3/9/2023	Adirondack Gold Short Course Championships	
1:07.37	L	A	P	100	Free	7/20/2023	2023 Adirondack Long Course Championships	
2:05.30	Y	A	F	200	Free	3/9/2023	Adirondack Gold Short Course Championships	
2:23.26	L	A	F	200	Free	7/20/2023	2023 Adirondack Long Course Championships	
5:00.64	L	AA	F	400	Free	7/20/2023	2023 Adirondack Long Course Championships	
5:41.73	Y	A	P	500	Free	2/17/2023	2023 Region 1 Short Course Invitational	
11:36.84	Y	A	F	1000	Free	2/17/2023	2023 Region 1 Short Course Invitational	
1:04.13	Y	L	A	F	100	Back	2/17/2023	2023 Region 1 Short Course Invitational
1:15.96	L	A	P	100	Back	7/20/2023	2023 Adirondack Long Course Championships	
2:20.42	Y	A	F	200	Back	3/9/2023	Adirondack Gold Short Course Championships	
2:47.08	L	BB	P	200	Back	7/20/2023	2023 Adirondack Long Course Championships	
1:22.71	Y	B	F	100	Breast	10/22/2022	Trick or Treat Meet	
2:53.93	Y	BB	F	200	Breast	1/14/2023	Chris Goody IMX Challenge	
1:06.24	Y	BB	F	100	Fly	3/9/2023	Adirondack Gold Short Course Championships	
1:14.28	L	A	P	100	Fly	7/20/2023	2023 Adirondack Long Course Championships	
2:36.92	Y	B	F	200	Fly	1/14/2023	Chris Goody IMX Challenge	
1:10.73	Y		F	100	IM	10/22/2022	Trick or Treat Meet	
2:22.04	Y	A	F	200	IM	6/11/2023	Piranhas Summer Kick-Off Meet	
2:48.40	L	BB	P	200	IM	7/20/2023	2023 Adirondack Long Course Championships	
5:19.09	Y	BB	F	400	IM	1/14/2023	Chris Goody IMX Challenge	
<b>Sage Starks (16) M</b>								
26.48	Y	B	F	50	Free	3/3/2023	AD Silver Short Course Championships	
57.52	Y	BB	P	100	Free	2/16/2023	Boys Section 2 Division 1 Championships	
2:11.81	Y	B	F	200	Free	3/3/2023	AD Silver Short Course Championships	
6:00.24	Y	B	P	500	Free	2/16/2023	Boys Section 2 Division 1 Championships	
1:10.89	Y		F	100	Back	6/11/2023	Piranhas Summer Kick-Off Meet	
1:20.38	Y		F	100	Breast	6/11/2023	Piranhas Summer Kick-Off Meet	
3:24.05	L		F	200	Breast	7/7/2023	Hawks Summer Invitational 2023	
1:28.97	Y		F	100	Fly	10/29/2022	Starfish Fall Spooktacular	
2:34.33	Y		F	200	IM	3/3/2023	AD Silver Short Course Championships	
<b>Samuel Staudinger (16) M</b>								
22.87	Y	AA	P	50	Free	2/16/2023	Boys Section 2 Division 1 Championships	
25.78	L	AA	F	50	Free	7/20/2023	2023 Adirondack Long Course Championships	
50.74	Y	AA	P	100	Free	3/9/2023	Adirondack Gold Short Course Championships	
1:01.36	L	A	P	100	Free	7/20/2023	2023 Adirondack Long Course Championships	
5:19.22	Y	BB	F	500	Free	1/6/2023	2023 Starfish Trophy Invitational	
26.28	Y	L	F	50	Back	2/16/2023	Boys Section 2 Division 1 Championships	
57.29	Y	A	F	100	Back	3/9/2023	Adirondack Gold Short Course Championships	
1:08.04	L	A	F	100	Back	7/20/2023	2023 Adirondack Long Course Championships	

SARY-AD

CLIN-AD

CLIN-AD

SCHE-AD

SARY-AD

UN-AD

### Individual Top Times

Time	P/F/S	Event				
<b>Samuel Staudinger (16) M</b>						
					<b>ALBS-AD</b>	
1:08.49	S BB F	100 Back	5/21/2023	2023 Starfish Meter Madness		
2:05.82	Y A F	200 Back	3/9/2023	Adirondack Gold Short Course Championships		
2:35.19	L BB P	200 Back	7/20/2023	2023 Adirondack Long Course Championships		
1:03.28	Y A F	100 Breast	3/9/2023	Adirondack Gold Short Course Championships		
1:22.11	S B F	100 Breast	5/21/2023	2023 Starfish Meter Madness		
1:24.39	L B P	100 Breast	7/20/2023	2023 Adirondack Long Course Championships		
59.14	Y BB F	100 Fly	3/9/2023	Adirondack Gold Short Course Championships		
1:11.34	L BB F	100 Fly	7/7/2023	Hawks Summer Invitational 2023		
1:15.99	S F	100 Fly	5/21/2023	2023 Starfish Meter Madness		
1:03.46	Y F	100 IM	10/22/2022	Trick or Treat Meet		
<b>Vladimir Stebletsov (12) M</b>						
					<b>CPP-AD</b>	
29.93	Y BB F	50 Free	3/9/2023	Adirondack Gold Short Course Championships		
34.07	L BB F	50 Free	6/24/2023	2023 NE NSSC June Springfield		
1:05.97	Y B P	100 Free	3/9/2023	Adirondack Gold Short Course Championships		
1:13.45	L L BB F	100 Free	7/20/2023	2023 Adirondack Long Course Championships		
2:27.57	Y B F	200 Free	1/6/2023	2023 Starfish Trophy Invitational		
2:37.56	L BB F	200 Free	7/20/2023	2023 Adirondack Long Course Championships		
5:31.48	L BB F	400 Free	7/20/2023	2023 Adirondack Long Course Championships		
6:44.23	Y B F	500 Free	11/18/2022	2022 NE NSSC Nov 18-20 WPI T/F		
34.10	Y BB F	50 Back	3/9/2023	Adirondack Gold Short Course Championships		
38.84	L BB F	50 Back	6/24/2023	2023 NE NSSC June Springfield		
1:14.86	Y BB P	100 Back	3/9/2023	Adirondack Gold Short Course Championships		
1:26.86	L BB F	100 Back	6/24/2023	2023 NE NSSC June Springfield		
3:04.81	L BB F	200 Back	7/20/2023	2023 Adirondack Long Course Championships		
41.46	Y B P	50 Breast	3/9/2023	Adirondack Gold Short Course Championships		
47.93	L B F	50 Breast	7/20/2023	2023 Adirondack Long Course Championships		
1:33.31	Y F	100 Breast	1/6/2023	2023 Starfish Trophy Invitational		
1:44.28	L B F	100 Breast	7/20/2023	2023 Adirondack Long Course Championships		
32.52	Y BB F	50 Fly	6/11/2023	Piranhas Summer Kick-Off Meet		
36.00	L BB F	50 Fly	7/20/2023	2023 Adirondack Long Course Championships		
1:17.55	Y B F	100 Fly	3/3/2023	AD Silver Short Course Championships		
1:20.67	L BB F	100 Fly	7/20/2023	2023 Adirondack Long Course Championships		
1:13.52	Y BB F	100 IM	6/11/2023	Piranhas Summer Kick-Off Meet		
2:47.02	Y B F	200 IM	1/6/2023	2023 Starfish Trophy Invitational		
3:04.30	L BB F	200 IM	7/7/2023	Hawks Summer Invitational 2023		
<b>Carter Steele (16) M</b>						
					<b>ALBS-AD</b>	
24.31	Y A P	50 Free	3/9/2023	Adirondack Gold Short Course Championships		
27.34	L A P	50 Free	7/20/2023	2023 Adirondack Long Course Championships		
52.04	Y A P	100 Free	3/9/2023	Adirondack Gold Short Course Championships		
59.04	L AA F	100 Free	7/20/2023	2023 Adirondack Long Course Championships		
1:01.30	S BB F	100 Free	5/21/2023	2023 Starfish Meter Madness		
1:51.24	Y AA F	200 Free	2/16/2023	Boys Section 2 Division 1 Championships		
2:06.98	L AA F	200 Free	7/20/2023	2023 Adirondack Long Course Championships		
4:31.70	L AA F	400 Free	7/20/2023	2023 Adirondack Long Course Championships		
5:06.98	Y A P	500 Free	2/16/2023	Boys Section 2 Division 1 Championships		
17:51.28	L AA F	1500 Free	7/20/2023	2023 Adirondack Long Course Championships		
28.93	Y L F	50 Back	3/9/2023	Adirondack Gold Short Course Championships		
1:01.94	Y BB P	100 Back	2/17/2023	2023 Region 1 Short Course Invitational		
1:08.11	L A F	100 Back	7/20/2023	2023 Adirondack Long Course Championships		
1:10.01	S BB F	100 Back	5/21/2023	2023 Starfish Meter Madness		
2:22.17	Y B F	200 Back	11/12/2022	Fall frenzy		
2:28.97	L BB F	200 Back	7/20/2023	2023 Adirondack Long Course Championships		
1:08.56	Y BB F	100 Breast	3/3/2023	AD Silver Short Course Championships		
1:17.70	S BB F	100 Breast	5/21/2023	2023 Starfish Meter Madness		
2:30.47	Y BB F	200 Breast	3/3/2023	AD Silver Short Course Championships		
2:43.88	L A F	200 Breast	7/20/2023	2023 Adirondack Long Course Championships		
1:12.00	S B F	100 Fly	5/21/2023	2023 Starfish Meter Madness		

### Individual Top Times

Time	P/F/S	Event					
<b>Carter Steele (16) M</b>							
1:05.68	Y	F	100	IM	10/22/2022	Trick or Treat Meet	
1:11.07	S	F	100	IM	5/21/2023	2023 Starfish Meter Madness	
2:12.34	Y	BB	F	200	IM	3/3/2023	AD Silver Short Course Championships
2:26.97	L	A	F	200	IM	7/20/2023	2023 Adirondack Long Course Championships
<b>Emmett Steele (11) M</b>							
36.88	Y	F	50	Free	6/11/2023	Piranhas Summer Kick-Off Meet	
41.63	S	F	50	Free	5/21/2023	2023 Starfish Meter Madness	
1:26.02	Y	F	100	Free	3/3/2023	AD Silver Short Course Championships	
46.71	Y	F	50	Back	3/3/2023	AD Silver Short Course Championships	
50.59	S	F	50	Back	5/21/2023	2023 Starfish Meter Madness	
52.95	S	F	50	Fly	5/21/2023	2023 Starfish Meter Madness	
1:59.25	S	F	100	IM	5/21/2023	2023 Starfish Meter Madness	
<b>Caroline Steeves (19) F</b>							
26.56	Y	F	50	Free	1/6/2023	2023 Starfish Trophy Invitational	
31.57	L	F	50	Free	7/7/2023	Hawks Summer Invitational 2023	
59.34	Y	P	100	Free	3/9/2023	Adirondack Gold Short Course Championships	
1:07.10	L	P	100	Free	7/20/2023	2023 Adirondack Long Course Championships	
2:04.89	Y	P	200	Free	3/9/2023	Adirondack Gold Short Course Championships	
2:28.71	L	F	200	Free	7/7/2023	Hawks Summer Invitational 2023	
30.04	Y L	F	50	Back	3/9/2023	Adirondack Gold Short Course Championships	
1:02.85	Y	P	100	Back	3/9/2023	Adirondack Gold Short Course Championships	
1:14.52	L	F	100	Back	7/7/2023	Hawks Summer Invitational 2023	
2:24.66	Y	P	200	Back	3/9/2023	Adirondack Gold Short Course Championships	
2:40.75	L	P	200	Back	7/20/2023	2023 Adirondack Long Course Championships	
1:03.08	Y	P	100	Fly	3/9/2023	Adirondack Gold Short Course Championships	
2:23.05	Y	F	200	Fly	3/3/2023	AD Silver Short Course Championships	
2:31.30	Y	P	200	IM	1/6/2023	2023 Starfish Trophy Invitational	
<b>Katherine Steeves (17) F</b>							
27.03	Y	BB	P	50	Free	3/9/2023	Adirondack Gold Short Course Championships
31.89	L	BB	F	50	Free	7/7/2023	Hawks Summer Invitational 2023
1:03.43	Y	B	P	100	Free	1/6/2023	2023 Starfish Trophy Invitational
1:07.31	L	A	P	100	Free	7/20/2023	2023 Adirondack Long Course Championships
2:10.28	Y	BB	F	200	Free	3/3/2023	AD Silver Short Course Championships
1:14.36	Y	BB	P	100	Breast	3/9/2023	Adirondack Gold Short Course Championships
1:27.72	L	BB	P	100	Breast	7/20/2023	2023 Adirondack Long Course Championships
2:38.88	Y	BB	F	200	Breast	3/9/2023	Adirondack Gold Short Course Championships
3:08.76	L	BB	F	200	Breast	7/7/2023	Hawks Summer Invitational 2023
1:04.58	Y	BB	P	100	Fly	3/9/2023	Adirondack Gold Short Course Championships
1:14.60	L	BB	F	100	Fly	7/7/2023	Hawks Summer Invitational 2023
2:23.53	Y	BB	F	200	Fly	3/9/2023	Adirondack Gold Short Course Championships
2:23.21	Y	BB	P	200	IM	3/9/2023	Adirondack Gold Short Course Championships
2:45.44	L	BB	P	200	IM	7/20/2023	2023 Adirondack Long Course Championships
<b>Morgan Stemper (9) F</b>							
22.33	Y	F	25	Free	1/29/2023	Stingray Splash	
55.66	Y	F	50	Free	12/11/2022	Sharks 12 & Under Mini Meet	
25.49	Y	F	25	Back	1/29/2023	Stingray Splash	
57.28	Y	F	50	Back	2/12/2023	Piranha's Pentathlon	
<b>Hannah Sterling (18) F</b>							
32.04	Y	F	50	Free	12/3/2022	2022 North Country Invitational	
1:08.91	Y	F	100	Free	1/29/2023	Stingray Splash	
2:23.52	Y	B	F	200	Free	3/3/2023	AD Silver Short Course Championships
6:16.44	Y	B	F	500	Free	3/3/2023	AD Silver Short Course Championships
40.48	Y L	F	50	Back	12/3/2022	2022 North Country Invitational	
1:21.46	Y	F	100	Back	3/3/2023	AD Silver Short Course Championships	
3:00.37	Y	F	200	Back	12/3/2022	2022 North Country Invitational	
1:28.86	Y	F	100	Breast	3/3/2023	AD Silver Short Course Championships	

ALBS-AD

ALBS-AD

KING-AD

KING-AD

CPP-AD

NHA-AD

### Individual Top Times

Time	P/F/S	Event					
<b>Hannah Sterling (18) F</b>							
1:19.76	Y	F	100	Fly	12/3/2022	2022 North Country Invitational	
2:47.23	Y	F	200	IM	3/3/2023	AD Silver Short Course Championships	
<b>Mackenzie Steurer (13) F</b>							
34.52	Y	F	50	Free	10/22/2022	Trick or Treat Meet	
1:19.02	Y	F	100	Free	2/12/2023	Piranha's Pentathlon	
3:07.86	Y	F	200	Free	10/22/2022	Trick or Treat Meet	
45.96	Y	P	50	Back	1/6/2023	2023 Starfish Trophy Invitational	
1:39.77	Y	F	100	Back	2/12/2023	Piranha's Pentathlon	
1:02.52	Y	F	50	Breast	2/4/2023	Delmar Dolphins Febuary Freeze	
42.22	Y	P	50	Fly	1/6/2023	2023 Starfish Trophy Invitational	
1:41.63	Y	F	100	IM	10/29/2022	Starfish Fall Spooktacular	
<b>Mya Stevens (13) F</b>							
32.71	Y	F	50	Free	3/3/2023	AD Silver Short Course Championships	
1:14.74	Y	F	100	Free	2/12/2023	Piranha's Pentathlon	
1:26.68	L	F	100	Free	7/7/2023	Hawks Summer Invitational 2023	
3:23.96	L	F	200	Free	7/7/2023	Hawks Summer Invitational 2023	
39.80	Y	F	50	Back	3/3/2023	AD Silver Short Course Championships	
1:25.50	Y	P	100	Back	1/6/2023	2023 Starfish Trophy Invitational	
1:42.27	L	F	100	Back	7/7/2023	Hawks Summer Invitational 2023	
42.05	Y	P	50	Breast	3/9/2023	Adirondack Gold Short Course Championships	
53.09	L	F	50	Breast	7/7/2023	Hawks Summer Invitational 2023	
1:33.91	Y	F	100	Breast	3/3/2023	AD Silver Short Course Championships	
35.59	Y	F	50	Fly	3/3/2023	AD Silver Short Course Championships	
42.45	L	F	50	Fly	7/7/2023	Hawks Summer Invitational 2023	
1:21.91	Y	F	100	IM	3/3/2023	AD Silver Short Course Championships	
<b>Harvey Steward (9) M</b>							
21.57	Y	F	25	Free	10/29/2022	Starfish Fall Spooktacular	
26.41	Y	F	25	Back	10/29/2022	Starfish Fall Spooktacular	
37.06	Y	F	25	Breast	10/29/2022	Starfish Fall Spooktacular	
27.13	Y	F	25	Fly	10/29/2022	Starfish Fall Spooktacular	
<b>Kenneth Steward (12) M</b>							
34.95	Y	F	50	Free	10/29/2022	Starfish Fall Spooktacular	
1:17.90	Y	F	100	Free	10/29/2022	Starfish Fall Spooktacular	
42.49	Y	F	50	Back	10/29/2022	Starfish Fall Spooktacular	
58.21	Y	F	50	Breast	10/29/2022	Starfish Fall Spooktacular	
<b>Tiffany Stolz (11) F</b>							
35.92	Y	F	50	Free	6/11/2023	Piranhas Summer Kick-Off Meet	
1:21.13	Y	F	100	Free	6/11/2023	Piranhas Summer Kick-Off Meet	
3:10.03	Y	F	200	Free	1/29/2023	Stingray Splash	
44.99	Y	F	50	Back	3/3/2023	AD Silver Short Course Championships	
56.13	Y	F	50	Breast	3/3/2023	AD Silver Short Course Championships	
53.07	Y	F	50	Fly	3/3/2023	AD Silver Short Course Championships	
1:35.86	Y	F	100	IM	6/11/2023	Piranhas Summer Kick-Off Meet	
<b>Cora Stone (11) F</b>							
48.43	Y	F	50	Free	10/22/2022	Trick or Treat Meet	
1:08.66	Y	F	50	Breast	10/22/2022	Trick or Treat Meet	
<b>Anna Stoup (17) F</b>							
25.24	Y	AA	F	50	Free	3/9/2023	Adirondack Gold Short Course Championships
29.51	L	AA	P	50	Free	7/20/2023	2023 Adirondack Long Course Championships
54.74	Y	AA	F	100	Free	3/9/2023	Adirondack Gold Short Course Championships
1:06.08	L	A	P	100	Free	7/20/2023	2023 Adirondack Long Course Championships
1:58.73	Y	AA	P	200	Free	2/17/2023	2023 Region 1 Short Course Invitational
2:17.70	L	AA	P	200	Free	7/20/2023	2023 Adirondack Long Course Championships
4:59.76	L	A	F	400	Free	7/20/2023	2023 Adirondack Long Course Championships
5:34.35	Y	A	F	500	Free	12/18/2022	Piranha's December Distance Invite
1:01.14	Y	A	P	100	Back	3/9/2023	Adirondack Gold Short Course Championships

NHA-AD

USAM-AD

HAWK-AD

KING-AD

KING-AD

SARY-AD

NHA-AD

CPP-AD

### Individual Top Times

Time	P/F/S	Event				
<b>Anna Stoup (17) F</b>						
1:12.58	L A F	100 Back	7/20/2023	2023 Adirondack Long Course Championships		<b>CPP-AD</b>
2:23.78	Y BB F	200 Back	12/18/2022	Piranha's December Distance Invite		
1:08.32	Y AA F	100 Breast	11/3/2022	Girls Sec II Division I Championships		
1:20.14	L AA F	100 Breast	7/20/2023	2023 Adirondack Long Course Championships		
2:32.13	Y A F	200 Breast	2/17/2023	2023 Region 1 Short Course Invitational		
2:56.81	L A P	200 Breast	7/20/2023	2023 Adirondack Long Course Championships		
1:00.53	Y A F	100 Fly	10/8/2022	Shenendehowa Girls Invitational		
1:11.64	L A P	100 Fly	7/20/2023	2023 Adirondack Long Course Championships		
2:12.83	Y AA F	200 IM	11/3/2022	Girls Sec II Division I Championships		
2:36.68	L A F	200 IM	7/20/2023	2023 Adirondack Long Course Championships		
4:57.13	Y A F	400 IM	1/14/2023	Chris Goody IMX Challenge		
<b>Madelyn Stoup (14) F</b>						
29.79	Y BB F	50 Free	6/11/2023	Piranhas Summer Kick-Off Meet		<b>CPP-AD</b>
33.78	L BB P	50 Free	7/20/2023	2023 Adirondack Long Course Championships		
1:07.09	Y B F	100 Free	3/3/2023	AD Silver Short Course Championships		
1:14.43	L BB P	100 Free	7/20/2023	2023 Adirondack Long Course Championships		
2:23.89	Y B F	200 Free	11/12/2022	Fall frenzy		
2:51.46	L B F	200 Free	7/7/2023	Hawks Summer Invitational 2023		
6:25.63	Y B F	500 Free	12/18/2022	Piranha's December Distance Invite		
1:15.26	Y B F	100 Back	6/11/2023	Piranhas Summer Kick-Off Meet		
1:26.43	L B P	100 Back	7/20/2023	2023 Adirondack Long Course Championships		
2:41.46	Y B F	200 Back	1/6/2023	2023 Starfish Trophy Invitational		
1:25.73	Y B F	100 Breast	6/11/2023	Piranhas Summer Kick-Off Meet		
1:38.61	L B P	100 Breast	7/20/2023	2023 Adirondack Long Course Championships		
3:05.91	Y B F	200 Breast	11/12/2022	Fall frenzy		
3:25.77	L B P	200 Breast	7/20/2023	2023 Adirondack Long Course Championships		
1:20.93	Y P P	100 Fly	1/6/2023	2023 Starfish Trophy Invitational		
1:32.75	L P P	100 Fly	7/20/2023	2023 Adirondack Long Course Championships		
3:01.99	Y F F	200 Fly	12/18/2022	Piranha's December Distance Invite		
2:46.33	Y B F	200 IM	11/12/2022	Fall frenzy		
<b>Olivia Streeter (14) F</b>						
25.34	Y AAA F	50 Free	3/9/2023	Adirondack Gold Short Course Championships		<b>SCHE-AD</b>
28.91	L AAA F	50 Free	7/7/2023	Hawks Summer Invitational 2023		
54.23	Y AAA P	100 Free	3/9/2023	Adirondack Gold Short Course Championships		
1:02.25	L AAA P	100 Free	8/2/2023	2023 Summer Elite Showcase		
1:58.98	Y AAA F	200 Free	3/29/2023	2023 Eastern Zone SC Age Group Championships		
2:18.26	L AA F	200 Free	6/10/2023	2023 MR LIAC Summertime Classic Invitational		
4:47.90	L AAA F	400 Free	8/2/2023	2023 Summer Elite Showcase		
5:28.35	Y AA P	500 Free	2/17/2023	2023 Region 1 Short Course Invitational		
29.24	Y L F	50 Back	3/9/2023	Adirondack Gold Short Course Championships		
32.94	L F F	50 Back	8/2/2023	2023 Summer Elite Showcase		
1:01.24	Y AA P	100 Back	3/9/2023	Adirondack Gold Short Course Championships		
1:10.62	L AAA F	100 Back	7/20/2023	2023 Adirondack Long Course Championships		
2:11.37	Y AA F	200 Back	3/9/2023	Adirondack Gold Short Course Championships		
2:32.04	L AA F	200 Back	8/2/2023	2023 Summer Elite Showcase		
1:14.50	Y A F	100 Breast	3/9/2023	Adirondack Gold Short Course Championships		
2:55.46	Y BB F	200 Breast	1/14/2023	Chris Goody IMX Challenge		
3:07.79	L A P	200 Breast	7/20/2023	2023 Adirondack Long Course Championships		
1:04.56	Y A F	100 Fly	3/9/2023	Adirondack Gold Short Course Championships		
1:16.72	L BB P	100 Fly	7/20/2023	2023 Adirondack Long Course Championships		
2:38.08	Y B F	200 Fly	1/14/2023	Chris Goody IMX Challenge		
2:17.65	Y AA P	200 IM	2/17/2023	2023 Region 1 Short Course Invitational		
2:37.77	L AA P	200 IM	8/2/2023	2023 Summer Elite Showcase		
5:12.54	Y BB F	400 IM	1/14/2023	Chris Goody IMX Challenge		
<b>Benjamin Strickler (10) M</b>						
37.58	Y B F	50 Free	3/3/2023	AD Silver Short Course Championships		<b>SCHE-AD</b>
1:24.79	Y B F	100 Free	3/3/2023	AD Silver Short Course Championships		

### Individual Top Times

Time	P/F/S	Event					
<b>Benjamin Strickler (10) M</b>							
48.83	Y	F	50	Back	1/14/2023	Canajoharie Developmental Meet	
56.91	Y	F	50	Breast	3/3/2023	AD Silver Short Course Championships	
54.85	Y	F	50	Fly	3/3/2023	AD Silver Short Course Championships	
1:45.82	Y	F	100	IM	2/4/2023	Delmar Dolphins Febuary Freeze	
<b>Carolyn Strickler (12) F</b>							
29.91	Y	BB	P	50	Free	3/9/2023	Adirondack Gold Short Course Championships
1:07.90	Y	BB	F	100	Free	3/3/2023	AD Silver Short Course Championships
2:31.56	Y	B	F	200	Free	3/3/2023	AD Silver Short Course Championships
6:33.52	Y	BB	F	500	Free	3/3/2023	AD Silver Short Course Championships
34.48	Y	BB	P	50	Back	3/9/2023	Adirondack Gold Short Course Championships
1:16.66	Y	BB	F	100	Back	3/3/2023	AD Silver Short Course Championships
39.44	Y	BB	F	50	Breast	3/9/2023	Adirondack Gold Short Course Championships
1:24.73	Y	BB	P	100	Breast	3/9/2023	Adirondack Gold Short Course Championships
34.36	Y	B	P	50	Fly	3/9/2023	Adirondack Gold Short Course Championships
1:23.49	Y	B	F	100	Fly	3/3/2023	AD Silver Short Course Championships
1:17.15	Y	BB	P	100	IM	3/9/2023	Adirondack Gold Short Course Championships
2:45.37	Y	BB	F	200	IM	3/3/2023	AD Silver Short Course Championships
<b>Aaron Striker (11) M</b>							
37.10	Y	F	50	Free	6/11/2023	Piranhas Summer Kick-Off Meet	
42.57	L	F	50	Free	7/20/2023	2023 Adirondack Long Course Championships	
1:26.34	Y	F	100	Free	1/6/2023	2023 Starfish Trophy Invitational	
1:33.92	L	F	100	Free	7/20/2023	2023 Adirondack Long Course Championships	
3:05.36	Y	F	200	Free	1/6/2023	2023 Starfish Trophy Invitational	
3:24.41	L	F	200	Free	7/20/2023	2023 Adirondack Long Course Championships	
43.47	Y	F	50	Back	3/3/2023	AD Silver Short Course Championships	
48.81	S	F	50	Back	5/21/2023	2023 Starfish Meter Madness	
49.81	L	F	50	Back	7/20/2023	2023 Adirondack Long Course Championships	
1:37.31	Y	F	100	Back	1/6/2023	2023 Starfish Trophy Invitational	
1:47.16	L	F	100	Back	7/7/2023	Hawks Summer Invitational 2023	
49.76	Y	F	50	Breast	6/11/2023	Piranhas Summer Kick-Off Meet	
57.14	L	F	50	Breast	7/7/2023	Hawks Summer Invitational 2023	
58.02	S	F	50	Breast	5/21/2023	2023 Starfish Meter Madness	
1:46.82	Y	F	100	Breast	3/3/2023	AD Silver Short Course Championships	
1:59.12	L	F	100	Breast	7/7/2023	Hawks Summer Invitational 2023	
48.92	Y	F	50	Fly	1/6/2023	2023 Starfish Trophy Invitational	
53.67	S	F	50	Fly	5/21/2023	2023 Starfish Meter Madness	
56.38	L	F	50	Fly	7/7/2023	Hawks Summer Invitational 2023	
2:08.02	L	F	100	Fly	7/20/2023	2023 Adirondack Long Course Championships	
1:35.81	Y	F	100	IM	1/6/2023	2023 Starfish Trophy Invitational	
3:30.92	Y	F	200	IM	3/3/2023	AD Silver Short Course Championships	
3:55.51	L	F	200	IM	7/20/2023	2023 Adirondack Long Course Championships	
<b>Ella Striker (6) F</b>							
27.68	Y	F	25	Free	12/3/2022	2022 North Country Invitational	
31.96	S	F	25	Free	5/21/2023	2023 Starfish Meter Madness	
1:03.03	Y	F	50	Free	6/11/2023	Piranhas Summer Kick-Off Meet	
30.17	Y	F	25	Back	3/3/2023	AD Silver Short Course Championships	
1:06.75	Y	F	50	Back	2/12/2023	Piranha's Pentathlon	
<b>Kamden Striker (8) M</b>							
20.90	Y	F	25	Free	11/12/2022	Fall frenzy	
23.18	S	F	25	Free	5/21/2023	2023 Starfish Meter Madness	
46.01	Y	F	50	Free	12/3/2022	2022 North Country Invitational	
54.60	L	F	50	Free	7/20/2023	2023 Adirondack Long Course Championships	
1:50.55	Y	F	100	Free	6/11/2023	Piranhas Summer Kick-Off Meet	
1:59.20	L	F	100	Free	7/20/2023	2023 Adirondack Long Course Championships	
4:11.19	Y	F	200	Free	12/3/2022	2022 North Country Invitational	
27.41	Y	F	25	Back	11/12/2022	Fall frenzy	

SCHE-AD

SCHE-AD

CPP-AD

CPP-AD

CPP-AD

### Individual Top Times

Time	P/F/S	Event			
<b>Kamden Striker (8) M</b>					
<b>CPP-AD</b>					
31.06	S	F	25	Back	5/21/2023 2023 Starfish Meter Madness
53.97	Y	F	50	Back	1/6/2023 2023 Starfish Trophy Invitational
38.12	Y	F	25	Breast	11/12/2022 Fall frenzy
1:29.27	L	F	50	Breast	7/20/2023 2023 Adirondack Long Course Championships
1:30.57	Y	F	50	Breast	6/11/2023 Piranhas Summer Kick-Off Meet
1:43.94	L	BB	F	100	7/7/2023 Hawks Summer Invitational 2023
26.83	Y	F	25	Fly	12/3/2022 2022 North Country Invitational
58.96	Y	F	50	Fly	3/3/2023 AD Silver Short Course Championships
1:08.21	L	F	50	Fly	7/7/2023 Hawks Summer Invitational 2023
2:02.82	Y	F	100	IM	6/11/2023 Piranhas Summer Kick-Off Meet
<b>Alexis Stuntz (16) F</b>					
<b>NTS-AD</b>					
28.32	Y	BB	F	50	3/3/2023 AD Silver Short Course Championships
1:00.51	Y	BB	F	100	3/3/2023 AD Silver Short Course Championships
2:07.13	Y	A	F	200	3/3/2023 AD Silver Short Course Championships
5:36.86	Y	A	F	500	11/6/2022 2022 SECTION 10 GIRLS SWIMMING CHAMPIONSHIP
29.75	Y	L	F	50	11/6/2022 2022 SECTION 10 GIRLS SWIMMING CHAMPIONSHIP
1:03.76	Y	A	P	100	3/9/2023 Adirondack Gold Short Course Championships
2:15.23	Y	A	F	200	2/4/2023 2023 Winter Blast
1:17.50	Y	BB	F	100	3/3/2023 AD Silver Short Course Championships
2:40.96	Y	BB	P	200	3/9/2023 Adirondack Gold Short Course Championships
2:23.36	Y	BB	F	200	3/3/2023 AD Silver Short Course Championships
<b>David Stuttle (10) M</b>					
<b>CANA-AD</b>					
22.37	Y	F	25	Free	11/5/2022 First Splash
42.24	Y	F	50	Free	2/26/2023 CVSL Championships
26.13	Y	F	25	Back	12/3/2022 CVSL Tri Meet
56.95	Y	F	50	Back	1/14/2023 Canajoharie Developmental Meet
30.39	Y	F	25	Breast	11/19/2022 CVSL Tri Meet
1:04.48	Y	F	50	Breast	12/3/2022 CVSL Tri Meet
2:05.11	Y	F	100	IM	1/14/2023 Canajoharie Developmental Meet
<b>William Stuttle (8) M</b>					
<b>CANA-AD</b>					
23.49	Y	F	25	Free	2/26/2023 CVSL Championships
55.95	Y	F	50	Free	1/14/2023 Canajoharie Developmental Meet
29.13	Y	F	25	Back	12/3/2022 CVSL Tri Meet
32.23	Y	F	25	Breast	2/26/2023 CVSL Championships
32.22	Y	F	25	Fly	11/19/2022 CVSL Tri Meet
<b>Kate Suchowiecki (16) F</b>					
<b>HAWK-AD</b>					
26.34	Y	A	P	50	3/9/2023 Adirondack Gold Short Course Championships
28.96	L	AA	F	50	7/7/2023 Hawks Summer Invitational 2023
57.41	Y	A	P	100	3/9/2023 Adirondack Gold Short Course Championships
1:08.55	L	BB	P	100	7/20/2023 2023 Adirondack Long Course Championships
2:19.22	Y	B	P	200	1/6/2023 2023 Starfish Trophy Invitational
2:33.83	L	BB	F	200	7/7/2023 Hawks Summer Invitational 2023
1:08.83	Y	BB	F	100	3/3/2023 AD Silver Short Course Championships
1:20.33	L	BB	F	100	7/7/2023 Hawks Summer Invitational 2023
1:14.20	Y	BB	F	100	3/9/2023 Adirondack Gold Short Course Championships
1:31.84	L	BB	P	100	7/20/2023 2023 Adirondack Long Course Championships
2:31.04	Y	BB	F	200	3/3/2023 AD Silver Short Course Championships
<b>Yena Suk (12) F</b>					
<b>BFIN-AD</b>					
32.57	Y	B	F	50	3/9/2023 Adirondack Gold Short Course Championships
36.83	L	B	F	50	7/20/2023 2023 Adirondack Long Course Championships
1:13.98	Y	F	100	Free	3/3/2023 AD Silver Short Course Championships
1:22.73	L	B	F	100	7/20/2023 2023 Adirondack Long Course Championships
3:00.57	L	B	F	200	7/20/2023 2023 Adirondack Long Course Championships
39.68	Y	F	50	Back	3/9/2023 Adirondack Gold Short Course Championships
44.31	L	F	50	Back	7/20/2023 2023 Adirondack Long Course Championships
1:45.39	L	F	100	Back	7/7/2023 Hawks Summer Invitational 2023



### Individual Top Times

Time	P/F/S	Event			
<b>Yena Suk (12) F</b>					
47.22	Y	F	50	Breast	3/9/2023 Adirondack Gold Short Course Championships
53.59	L	F	50	Breast	7/7/2023 Hawks Summer Invitational 2023
37.07	Y	F	50	Fly	6/11/2023 Piranhas Summer Kick-Off Meet
38.22	L	BB	50	Fly	7/20/2023 2023 Adirondack Long Course Championships
1:24.03	Y	B	100	IM	2/4/2023 Delmar Dolphins Febuary Freeze
3:36.39	L	F	200	IM	7/7/2023 Hawks Summer Invitational 2023
<b>Justin Sulik (17) M</b>					
25.15	Y	BB	50	Free	3/3/2023 AD Silver Short Course Championships
55.22	Y	BB	100	Free	3/3/2023 AD Silver Short Course Championships
1:58.60	Y	BB	200	Free	3/3/2023 AD Silver Short Course Championships
5:23.23	Y	BB	500	Free	2/16/2023 Boys Section 2 Division 2 Championships
1:02.15	Y	B	100	Back	3/3/2023 AD Silver Short Course Championships
1:07.69	Y	BB	100	Breast	2/16/2023 Boys Section 2 Division 2 Championships
1:02.25	Y	B	100	Fly	3/3/2023 AD Silver Short Course Championships
2:14.31	Y	BB	200	IM	3/3/2023 AD Silver Short Course Championships
<b>Fiona Sullivan (9) F</b>					
22.89	Y	F	25	Free	3/3/2023 AD Silver Short Course Championships
49.42	Y	F	50	Free	3/3/2023 AD Silver Short Course Championships
1:52.40	Y	F	100	Free	3/3/2023 AD Silver Short Course Championships
25.93	Y	F	25	Back	3/3/2023 AD Silver Short Course Championships
56.96	Y	F	50	Back	3/3/2023 AD Silver Short Course Championships
32.82	Y	F	25	Breast	12/3/2022 2022 North Country Invitational
1:03.07	Y	F	50	Breast	2/12/2023 Piranha's Pentathlon
30.50	Y	F	25	Fly	3/3/2023 AD Silver Short Course Championships
1:13.70	Y	F	50	Fly	2/12/2023 Piranha's Pentathlon
2:17.47	Y	F	100	IM	2/12/2023 Piranha's Pentathlon
<b>James Sumner (16) M</b>					
27.83	Y	B	50	Free	6/11/2023 Piranhas Summer Kick-Off Meet
29.96	L	BB	50	Free	7/20/2023 2023 Adirondack Long Course Championships
1:05.45	L	BB	100	Free	7/20/2023 2023 Adirondack Long Course Championships
1:08.26	S	B	100	Free	5/21/2023 2023 Starfish Meter Madness
2:14.12	Y	B	200	Free	6/11/2023 Piranhas Summer Kick-Off Meet
2:20.11	L	BB	200	Free	7/20/2023 2023 Adirondack Long Course Championships
1:11.01	Y	F	100	Back	6/11/2023 Piranhas Summer Kick-Off Meet
1:15.49	L	B	100	Back	7/20/2023 2023 Adirondack Long Course Championships
1:17.39	S	F	100	Back	5/21/2023 2023 Starfish Meter Madness
2:38.98	L	BB	200	Back	7/20/2023 2023 Adirondack Long Course Championships
1:34.46	S	F	100	Breast	5/21/2023 2023 Starfish Meter Madness
1:14.45	L	B	100	Fly	7/20/2023 2023 Adirondack Long Course Championships
1:24.94	S	F	100	Fly	5/21/2023 2023 Starfish Meter Madness
1:21.41	S	F	100	IM	5/21/2023 2023 Starfish Meter Madness
2:27.77	Y	B	200	IM	6/11/2023 Piranhas Summer Kick-Off Meet
<b>Colin Sutton (12) M</b>					
51.33	Y	F	50	Free	12/3/2022 CVSL Tri Meet
2:09.19	Y	F	100	Free	1/14/2023 Canajoharie Developmental Meet
44.81	Y	F	50	Back	3/3/2023 AD Silver Short Course Championships
<b>Adele Swiecicki (10) F</b>					
17.43	Y	F	25	Free	1/14/2023 Canajoharie Developmental Meet
39.84	Y	F	50	Free	3/3/2023 AD Silver Short Course Championships
40.55	S	B	50	Free	5/21/2023 2023 Starfish Meter Madness
42.14	L	B	50	Free	7/20/2023 2023 Adirondack Long Course Championships
1:24.99	Y	B	100	Free	6/11/2023 Piranhas Summer Kick-Off Meet
1:34.51	L	B	100	Free	7/20/2023 2023 Adirondack Long Course Championships
19.54	Y	F	25	Back	3/3/2023 AD Silver Short Course Championships
44.06	Y	B	50	Back	6/11/2023 Piranhas Summer Kick-Off Meet
48.50	S	B	50	Back	5/21/2023 2023 Starfish Meter Madness

**BFIN-AD**

**ALBS-AD**

**NTS-AD**

**ALBS-AD**

**CANA-AD**

**SCHE-AD**

### Individual Top Times

Time	P/F/S	Event				
<b>Adele Swiecicki (10) F</b>						
49.03	L B F	50 Back	7/20/2023	2023 Adirondack Long Course Championships		SCHE-AD
1:55.57	L B F	100 Back	7/20/2023	2023 Adirondack Long Course Championships		
26.27	Y F	25 Breast	3/3/2023	AD Silver Short Course Championships		
58.76	Y F	50 Breast	3/3/2023	AD Silver Short Course Championships		
50.38	S B F	50 Fly	5/21/2023	2023 Starfish Meter Madness		
53.46	Y F	50 Fly	3/3/2023	AD Silver Short Course Championships		
57.96	L F	50 Fly	7/20/2023	2023 Adirondack Long Course Championships		
1:53.25	S B F	100 IM	5/21/2023	2023 Starfish Meter Madness		
<b>Amy Szlamowicz (9) F</b>						
26.95	Y F	25 Free	1/29/2023	Stingray Splash		CPP-AD
54.67	Y F	50 Free	6/11/2023	Piranhas Summer Kick-Off Meet		
1:04.11	S F	50 Free	5/21/2023	2023 Starfish Meter Madness		
2:08.56	Y F	100 Free	6/11/2023	Piranhas Summer Kick-Off Meet		
34.03	Y F	25 Back	1/29/2023	Stingray Splash		
1:12.99	Y F	50 Back	3/3/2023	AD Silver Short Course Championships		
1:24.15	S F	50 Back	5/21/2023	2023 Starfish Meter Madness		
<b>Hannah Szymanski (17) F</b>						
28.97	Y BB F	50 Free	3/3/2023	AD Silver Short Course Championships		GRGF-AD
1:07.48	Y B F	100 Free	3/3/2023	AD Silver Short Course Championships		
1:18.19	Y F	100 Back	3/3/2023	AD Silver Short Course Championships		
1:37.47	Y F	100 Breast	2/4/2023	Delmar Dolphins Febuary Freeze		
<b>Molly Tallman (15) F</b>						
36.79	Y F	50 Free	1/29/2023	Stingray Splash		NHA-AD
1:21.43	Y F	100 Free	3/3/2023	AD Silver Short Course Championships		
3:06.30	Y F	200 Free	3/3/2023	AD Silver Short Course Championships		
1:34.67	Y F	100 Back	1/29/2023	Stingray Splash		
1:31.72	Y F	100 Breast	3/3/2023	AD Silver Short Course Championships		
3:21.15	Y F	200 Breast	3/3/2023	AD Silver Short Course Championships		
<b>Elizabeth Tandlmayer (18) F</b>						
56.29	Y L A P	100 Free	11/3/2022	Girls Sec II Division I Championships		UN-AD
2:00.55	Y AA P	200 Free	3/9/2023	Adirondack Gold Short Course Championships		
5:17.45	Y AA F	500 Free	2/17/2023	2023 Region 1 Short Course Invitational		
10:51.09	Y AA F	1000 Free	2/17/2023	2023 Region 1 Short Course Invitational		
18:18.67	Y AA F	1650 Free	3/9/2023	Adirondack Gold Short Course Championships		
2:30.29	Y B F	200 Back	1/14/2023	Chris Goody IMX Challenge		
2:47.35	Y BB F	200 Breast	1/14/2023	Chris Goody IMX Challenge		
1:06.47	Y BB F	100 Fly	2/4/2023	Delmar Dolphins Febuary Freeze		
2:17.72	Y A F	200 Fly	2/17/2023	2023 Region 1 Short Course Invitational		
2:16.79	Y A P	200 IM	2/17/2023	2023 Region 1 Short Course Invitational		
4:47.19	Y AA F	400 IM	2/17/2023	2023 Region 1 Short Course Invitational		
<b>John Tartakoff (12) M</b>						
1:52.72	Y F	100 Free	12/3/2022	2022 North Country Invitational		NTS-AD
1:01.55	Y F	50 Back	12/3/2022	2022 North Country Invitational		
<b>William Tartakoff (12) M</b>						
3:18.84	Y F	100 Free	12/3/2022	2022 North Country Invitational		NTS-AD
1:18.56	Y F	50 Back	12/3/2022	2022 North Country Invitational		
<b>Natalie Taylor (13) F</b>						
28.77	Y BB S	50 Free	3/9/2023	Adirondack Gold Short Course Championships		SCHE-AD
1:05.07	Y BB F	100 Free	1/29/2023	Stingray Splash		
2:30.34	Y B F	200 Free	3/3/2023	AD Silver Short Course Championships		
6:42.33	Y B F	500 Free	1/14/2023	Chris Goody IMX Challenge		
34.71	Y F	50 Back	3/9/2023	Adirondack Gold Short Course Championships		
1:16.03	Y B F	100 Back	1/14/2023	Chris Goody IMX Challenge		
39.86	Y P	50 Breast	3/9/2023	Adirondack Gold Short Course Championships		
1:25.77	Y B F	100 Breast	3/9/2023	Adirondack Gold Short Course Championships		
33.80	Y F	50 Fly	12/11/2022	Sharks 12 & Under Mini Meet		

### Individual Top Times

Time	P/F/S	Event			
<b>Natalie Taylor (13) F</b>					
1:20.58	Y	F	100	Fly	3/3/2023 AD Silver Short Course Championships
1:15.45	Y	P	100	IM	3/9/2023 Adirondack Gold Short Course Championships
2:48.22	Y B	F	200	IM	11/12/2022 Fall frenzy
<b>Zoey Taylor (10) F</b>					
18.77	Y	F	25	Free	11/12/2021 2021 NE ABF November Trials Final Meet
34.37	Y BB	F	50	Free	3/9/2023 Adirondack Gold Short Course Championships
1:23.33	Y B	F	100	Free	3/3/2023 AD Silver Short Course Championships
3:21.62	Y	F	200	Free	3/3/2023 AD Silver Short Course Championships
43.65	Y B	F	50	Back	3/3/2023 AD Silver Short Course Championships
1:35.43	Y B	F	100	Back	3/3/2023 AD Silver Short Course Championships
56.15	Y	F	50	Breast	3/3/2023 AD Silver Short Course Championships
45.17	Y B	F	50	Fly	3/3/2023 AD Silver Short Course Championships
1:37.92	Y B	F	100	IM	3/3/2023 AD Silver Short Course Championships
3:34.95	Y B	F	200	IM	3/3/2023 AD Silver Short Course Championships
<b>Hailey Teal (14) F</b>					
1:51.59	Y	F	100	Breast	2/4/2023 Delmar Dolphins Febuary Freeze
<b>Valerie Tennyson (17) F</b>					
25.29	Y L AA	F	50	Free	3/9/2023 Adirondack Gold Short Course Championships
29.06	L AA	F	50	Free	7/20/2023 2023 Adirondack Long Course Championships
55.68	Y AA	F	100	Free	12/1/2022 2022 STAR Short Course Invitational
1:06.98	L A	P	100	Free	7/20/2023 2023 Adirondack Long Course Championships
2:06.26	Y A	F	200	Free	3/3/2023 AD Silver Short Course Championships
2:28.17	L BB	F	200	Free	6/10/2023 2023 MR LIAC Summertime Classic Invitational
5:42.40	Y BB	F	500	Free	1/14/2023 Chris Goody IMX Challenge
19:52.58	Y BB	F	1650	Free	12/18/2022 Piranha's December Distance Invite
1:01.78	Y A	P	100	Back	3/9/2023 Adirondack Gold Short Course Championships
1:13.24	L A	F	100	Back	6/10/2023 2023 MR LIAC Summertime Classic Invitational
2:16.40	Y A	F	200	Back	12/1/2022 2022 STAR Short Course Invitational
2:41.55	L BB	F	200	Back	6/10/2023 2023 MR LIAC Summertime Classic Invitational
1:11.19	Y A	F	100	Breast	3/9/2023 Adirondack Gold Short Course Championships
1:30.56	L BB	F	100	Breast	6/10/2023 2023 MR LIAC Summertime Classic Invitational
2:49.70	Y BB	F	200	Breast	1/14/2023 Chris Goody IMX Challenge
3:19.31	L B	P	200	Breast	7/20/2023 2023 Adirondack Long Course Championships
1:04.73	Y BB	P	100	Fly	2/17/2023 2023 Region 1 Short Course Invitational
1:19.43	L B	P	100	Fly	7/20/2023 2023 Adirondack Long Course Championships
2:37.65	Y B	F	200	Fly	1/14/2023 Chris Goody IMX Challenge
1:08.95	Y	F	100	IM	10/22/2022 Trick or Treat Meet
2:19.81	Y A	F	200	IM	3/3/2023 AD Silver Short Course Championships
2:51.01	L BB	F	200	IM	6/10/2023 2023 MR LIAC Summertime Classic Invitational
5:08.70	Y BB	F	400	IM	1/14/2023 Chris Goody IMX Challenge
<b>Mason Terry (13) M</b>					
35.03	Y	F	50	Free	2/4/2023 Delmar Dolphins Febuary Freeze
38.57	L	F	50	Free	7/7/2023 Hawks Summer Invitational 2023
1:16.43	Y	F	100	Free	6/11/2023 Piranhas Summer Kick-Off Meet
1:27.37	S	F	100	Free	5/21/2023 2023 Starfish Meter Madness
2:52.90	Y	F	200	Free	3/3/2023 AD Silver Short Course Championships
3:00.82	L	F	200	Free	7/7/2023 Hawks Summer Invitational 2023
39.12	Y	F	50	Back	6/11/2023 Piranhas Summer Kick-Off Meet
1:32.99	Y	F	100	Back	3/3/2023 AD Silver Short Course Championships
1:34.47	L	F	100	Back	7/7/2023 Hawks Summer Invitational 2023
3:25.23	L	F	200	Back	7/7/2023 Hawks Summer Invitational 2023
54.40	Y	F	50	Breast	2/4/2023 Delmar Dolphins Febuary Freeze
2:11.38	S	F	100	Breast	5/21/2023 2023 Starfish Meter Madness
42.90	Y	F	50	Fly	6/11/2023 Piranhas Summer Kick-Off Meet
1:44.18	L	F	100	Fly	7/7/2023 Hawks Summer Invitational 2023
1:46.51	S	F	100	Fly	5/21/2023 2023 Starfish Meter Madness

SCHE-AD

SCHE-AD

IISC-AD

SCHE-AD

ALBS-AD

### Individual Top Times

Time	P/F/S	Event					
<b>Mason Terry (13) M</b>							
1:46.62	Y	F	100	Fly	11/12/2022	Fall frenzy	
1:37.60	Y	F	100	IM	11/12/2022	Fall frenzy	
1:46.41	S	F	100	IM	5/21/2023	2023 Starfish Meter Madness	
3:20.49	Y	F	200	IM	1/6/2023	2023 Starfish Trophy Invitational	
<b>Hazel Tessier (12) F</b>							
45.74	Y	F	50	Free	10/29/2022	Starfish Fall Spooktacular	
1:40.97	Y	F	100	Free	1/29/2023	Stingray Splash	
54.28	Y	F	50	Back	1/29/2023	Stingray Splash	
1:51.64	Y	F	100	IM	6/11/2023	Piranhas Summer Kick-Off Meet	
<b>Abigail Thomas (11) F</b>							
46.18	Y	F	50	Free	2/4/2023	2023 Winter Blast	
58.39	Y	F	50	Back	2/4/2023	2023 Winter Blast	
1:06.97	Y	F	50	Breast	2/4/2023	2023 Winter Blast	
<b>Cora Thompson (17) F</b>							
1:19.53	Y	B	P	100	Breast	11/3/2022	Girls Sec II Division I Championships
2:36.94	Y	B	P	200	IM	11/3/2022	Girls Sec II Division I Championships
<b>Emily Tibbetts (16) F</b>							
25.97	Y	AA	F	50	Free	1/6/2023	2023 Starfish Trophy Invitational
56.37	Y	AA	F	100	Free	3/9/2023	Adirondack Gold Short Course Championships
2:05.57	Y	A	F	200	Free	3/3/2023	AD Silver Short Course Championships
5:57.14	Y	BB	F	500	Free	12/18/2022	Piranha's December Distance Invite
1:02.71	Y	A	F	100	Back	3/9/2023	Adirondack Gold Short Course Championships
2:22.14	Y	BB	P	200	Back	3/9/2023	Adirondack Gold Short Course Championships
1:19.43	Y	BB	F	100	Breast	3/3/2023	AD Silver Short Course Championships
2:59.62	Y	B	F	200	Breast	12/18/2022	Piranha's December Distance Invite
1:07.47	Y	BB	F	100	Fly	2/12/2023	Piranha's Pentathlon
2:23.30	Y	BB	F	200	IM	3/3/2023	AD Silver Short Course Championships
<b>Saanvi Tirumala (15) F</b>							
32.85	Y	F	50	Free	3/3/2023	AD Silver Short Course Championships	
1:11.83	Y	F	100	Free	2/12/2023	Piranha's Pentathlon	
2:41.91	Y	F	200	Free	3/3/2023	AD Silver Short Course Championships	
3:12.67	L	F	200	Free	7/7/2023	Hawks Summer Invitational 2023	
1:23.56	Y	F	100	Back	2/12/2023	Piranha's Pentathlon	
3:01.73	Y	F	200	Back	3/3/2023	AD Silver Short Course Championships	
3:52.80	L	F	200	Back	7/7/2023	Hawks Summer Invitational 2023	
1:30.70	Y	F	100	Breast	3/3/2023	AD Silver Short Course Championships	
1:29.06	Y	F	100	Fly	3/3/2023	AD Silver Short Course Championships	
1:49.53	L	F	100	Fly	7/7/2023	Hawks Summer Invitational 2023	
3:01.42	Y	F	200	IM	3/3/2023	AD Silver Short Course Championships	
<b>Saharsh Tirumala (12) M</b>							
33.97	Y	F	50	Free	6/11/2023	Piranhas Summer Kick-Off Meet	
36.44	L	B	F	50	Free	7/20/2023	2023 Adirondack Long Course Championships
1:15.01	Y	F	100	Free	6/11/2023	Piranhas Summer Kick-Off Meet	
1:21.26	L	B	F	100	Free	7/20/2023	2023 Adirondack Long Course Championships
3:07.35	L	F	200	Free	7/20/2023	2023 Adirondack Long Course Championships	
43.59	Y	F	50	Back	3/3/2023	AD Silver Short Course Championships	
1:33.22	Y	F	100	Back	3/3/2023	AD Silver Short Course Championships	
1:46.77	L	F	100	Back	7/20/2023	2023 Adirondack Long Course Championships	
49.41	Y	F	50	Breast	3/3/2023	AD Silver Short Course Championships	
55.19	L	F	50	Breast	7/7/2023	Hawks Summer Invitational 2023	
1:47.80	Y	F	100	Breast	3/3/2023	AD Silver Short Course Championships	
2:02.85	L	F	100	Breast	7/7/2023	Hawks Summer Invitational 2023	
3:53.86	Y	F	200	Breast	12/18/2022	Piranha's December Distance Invite	
4:15.50	L	F	200	Breast	7/20/2023	2023 Adirondack Long Course Championships	
43.38	Y	F	50	Fly	3/3/2023	AD Silver Short Course Championships	
47.59	L	F	50	Fly	7/20/2023	2023 Adirondack Long Course Championships	

ALBS-AD

SARY-AD

WAVE-AD

UN-AD

BENN-AD

CPP-AD

CPP-AD

### Individual Top Times

Time	P/F/S	Event				
<b>Saharsh Tirumala (12) M</b>						
1:47.46	Y	F	100	Fly	2/12/2023	Piranha's Pentathlon
1:31.34	Y	F	100	IM	3/3/2023	AD Silver Short Course Championships
3:33.95	Y	F	200	IM	12/18/2022	Piranha's December Distance Invite
<b>Alexandra Tobrocke (12) F</b>						
30.29	Y	BB	F	50	Free	2/4/2023 Delmar Dolphins Febuary Freeze
1:07.14	Y	BB	F	100	Free	6/11/2023 Piranhas Summer Kick-Off Meet
1:19.66	L	B	F	100	Free	6/24/2023 2023 NE NSSC June Springfield
36.65	Y	B	F	50	Back	2/4/2023 Delmar Dolphins Febuary Freeze
41.55	L	B	F	50	Back	6/24/2023 2023 NE NSSC June Springfield
1:18.24	Y	B	F	100	Back	6/11/2023 Piranhas Summer Kick-Off Meet
39.05	Y	BB	F	50	Breast	2/4/2023 Delmar Dolphins Febuary Freeze
1:27.09	Y	BB	F	100	Breast	6/11/2023 Piranhas Summer Kick-Off Meet
3:09.74	Y	B	F	200	Breast	12/18/2022 Piranha's December Distance Invite
3:37.57	L	B	F	200	Breast	6/24/2023 2023 NE NSSC June Springfield
38.26	Y		F	50	Fly	1/29/2023 Stingray Splash
47.61	L		F	50	Fly	6/24/2023 2023 NE NSSC June Springfield
1:16.37	Y	BB	F	100	IM	6/11/2023 Piranhas Summer Kick-Off Meet
2:57.66	Y	B	F	200	IM	12/18/2022 Piranha's December Distance Invite
<b>Caroline Todd (9) F</b>						
29.03	Y		F	25	Free	12/3/2022 2022 North Country Invitational
31.10	Y		F	25	Back	10/23/2022 2022 Swimtober
1:12.03	Y		F	50	Back	12/3/2022 2022 North Country Invitational
<b>Addison Tolan (14) F</b>						
27.86	Y	A	P	50	Free	3/9/2023 Adirondack Gold Short Course Championships
31.78	L	A	P	50	Free	7/20/2023 2023 Adirondack Long Course Championships
59.60	Y	A	P	100	Free	3/9/2023 Adirondack Gold Short Course Championships
1:07.42	L L	A	F	100	Free	7/20/2023 2023 Adirondack Long Course Championships
2:05.03	Y	A	F	200	Free	3/9/2023 Adirondack Gold Short Course Championships
2:23.16	L	AA	F	200	Free	7/20/2023 2023 Adirondack Long Course Championships
4:59.49	L	AA	F	400	Free	7/20/2023 2023 Adirondack Long Course Championships
5:27.41	Y	AA	F	500	Free	3/9/2023 Adirondack Gold Short Course Championships
10:10.40	L	AA	F	800	Free	8/2/2023 2023 EZ LC Age Group Championship
19:23.28	L	AA	F	1500	Free	8/2/2023 2023 EZ LC Age Group Championship
x19:02.05	Y	AA	F	1650	Free	3/9/2023 Adirondack Gold Short Course Championships
19:02.05	Y	AA	F	1650	Free	3/9/2023 Adirondack Gold Short Course Championships
1:07.17	Y	BB	P	100	Back	3/9/2023 Adirondack Gold Short Course Championships
1:22.19	L	BB	P	100	Back	7/20/2023 2023 Adirondack Long Course Championships
2:55.87	L	BB	P	200	Back	7/20/2023 2023 Adirondack Long Course Championships
1:21.47	Y	BB	F	100	Breast	2/12/2023 Piranha's Pentathlon
1:40.79	L	B	P	100	Breast	7/20/2023 2023 Adirondack Long Course Championships
2:58.10	Y	B	F	200	Breast	11/12/2022 Fall frenzy
1:06.98	Y	BB	F	100	Fly	3/9/2023 Adirondack Gold Short Course Championships
1:18.97	L	BB	P	100	Fly	7/20/2023 2023 Adirondack Long Course Championships
2:23.62	Y	A	F	200	IM	2/12/2023 Piranha's Pentathlon
<b>Yuan Tong (14) M</b>						
25.46	Y	A	F	50	Free	3/3/2023 AD Silver Short Course Championships
55.91	Y	A	P	100	Free	3/9/2023 Adirondack Gold Short Course Championships
2:00.60	Y	A	F	200	Free	3/9/2023 Adirondack Gold Short Course Championships
5:41.82	Y	BB	F	500	Free	3/3/2023 AD Silver Short Course Championships
29.80	Y L		F	50	Back	3/9/2023 Adirondack Gold Short Course Championships
1:02.23	Y	BB	F	100	Back	3/9/2023 Adirondack Gold Short Course Championships
2:14.64	Y	BB	F	200	Back	3/9/2023 Adirondack Gold Short Course Championships
1:15.31	Y	BB	F	100	Breast	3/3/2023 AD Silver Short Course Championships
2:18.92	Y	BB	F	200	IM	3/9/2023 Adirondack Gold Short Course Championships
<b>Tyshaun Tonic (18) M</b>						
34.53	Y		F	50	Free	2/26/2023 CVSL Championships

CPP-AD

SARY-AD

NTS-AD

CPP-AD

SCHE-AD

IISC-AD

### Individual Top Times

Time	P/F/S	Event				
<b>Tyshaun Tonic (18) M</b>						
1:18.63	Y	F	100	Free	2/4/2023	Delmar Dolphins Febuary Freeze
1:39.61	Y	F	100	Back	2/26/2023	CVSL Championships
<b>Stella Toomajian (13) F</b>						
30.48	Y	B	P	50	Free	3/9/2023 Adirondack Gold Short Course Championships
1:07.59	Y	B	F	100	Free	2/12/2023 Piranha's Pentathlon
7:17.13	Y	F	F	500	Free	1/14/2023 Chris Goody IMX Challenge
39.90	Y	F	F	50	Back	1/6/2023 2023 Starfish Trophy Invitational
1:24.13	Y	F	F	100	Back	3/3/2023 AD Silver Short Course Championships
43.98	Y	F	F	50	Breast	3/3/2023 AD Silver Short Course Championships
1:37.46	Y	F	F	100	Breast	2/12/2023 Piranha's Pentathlon
40.84	Y	F	F	50	Fly	3/3/2023 AD Silver Short Course Championships
1:34.60	Y	F	F	100	Fly	2/12/2023 Piranha's Pentathlon
1:25.55	Y	F	F	100	IM	2/4/2023 Delmar Dolphins Febuary Freeze
3:00.92	Y	F	F	200	IM	3/3/2023 AD Silver Short Course Championships
<b>Abbie Trafton (13) F</b>						
35.41	Y	F	F	50	Free	1/14/2023 Canajoharie Developmental Meet
1:19.01	Y	F	F	100	Free	1/14/2023 Canajoharie Developmental Meet
45.66	Y	P	F	50	Back	1/6/2023 2023 Starfish Trophy Invitational
54.86	Y	F	F	50	Breast	1/14/2023 Canajoharie Developmental Meet
1:55.22	Y	P	F	100	Breast	1/6/2023 2023 Starfish Trophy Invitational
52.01	Y	F	F	50	Fly	1/14/2023 Canajoharie Developmental Meet
<b>Doreen Trautner (12) F</b>						
44.02	Y	F	F	50	Free	1/29/2023 Stingray Splash
54.11	Y	F	F	50	Breast	1/29/2023 Stingray Splash
47.60	Y	F	F	50	Fly	1/29/2023 Stingray Splash
<b>Magdalene Anne Trautner (17) F</b>						
1:00.31	Y	BB	F	100	Free	1/29/2023 Stingray Splash
1:07.21	Y	BB	F	100	Back	1/29/2023 Stingray Splash
1:07.04	Y	BB	P	100	Fly	11/3/2022 Girls Sec II Division I Championships
2:33.48	Y	B	F	200	IM	1/29/2023 Stingray Splash
<b>Jasper Travis (17) M</b>						
24.31	Y	BB	P	50	Free	12/8/2022 32nd Annual Speedo Winter Championships
55.14	Y	BB	P	100	Free	12/8/2022 32nd Annual Speedo Winter Championships
2:01.76	Y	BB	P	200	Free	12/8/2022 32nd Annual Speedo Winter Championships
1:04.50	Y	B	P	100	Back	1/6/2023 2023 Starfish Trophy Invitational
2:31.03	Y	F	F	200	Back	11/12/2022 Fall frenzy
33.18	Y	P	F	50	Breast	12/8/2022 32nd Annual Speedo Winter Championships
2:43.84	Y	F	F	200	Breast	12/18/2022 Piranha's December Distance Invite
28.19	Y	P	F	50	Fly	12/8/2022 32nd Annual Speedo Winter Championships
1:07.50	Y	P	F	100	Fly	1/6/2023 2023 Starfish Trophy Invitational
2:37.08	Y	F	F	200	Fly	12/18/2022 Piranha's December Distance Invite
2:29.26	Y	F	F	200	IM	12/18/2022 Piranha's December Distance Invite
<b>Aurora Treloar (14) F</b>						
26.32	Y	AA	F	50	Free	3/9/2023 Adirondack Gold Short Course Championships
31.11	L	A	F	50	Free	7/7/2023 Hawks Summer Invitational 2023
57.43	Y	AA	P	100	Free	3/9/2023 Adirondack Gold Short Course Championships
2:33.37	L	BB	F	200	Free	7/7/2023 Hawks Summer Invitational 2023
1:11.06	Y	BB	F	100	Back	3/3/2023 AD Silver Short Course Championships
1:21.94	L	BB	F	100	Back	7/7/2023 Hawks Summer Invitational 2023
2:56.83	L	BB	F	200	Back	7/7/2023 Hawks Summer Invitational 2023
1:19.87	Y	BB	F	100	Breast	3/3/2023 AD Silver Short Course Championships
1:25.85	L	B	F	100	Fly	7/7/2023 Hawks Summer Invitational 2023
2:34.05	Y	BB	P	200	IM	1/6/2023 2023 Starfish Trophy Invitational
<b>Alen Tresnjo (13) M</b>						
29.25	Y	B	P	50	Free	3/9/2023 Adirondack Gold Short Course Championships
31.95	L	BB	F	50	Free	7/1/2023 Niagara LSC LC Super Circuit Meet

IJSC-AD

USAM-AD

BENN-AD

SARY-AD

SARY-AD

USAM-AD

KING-AD

NHA-AD

### Individual Top Times

Time	P/F/S	Event				
<b>Alen Tresnjo (13) M</b>						
<b>NHA-AD</b>						
1:04.87	Y B P	100 Free	3/9/2023	Adirondack Gold Short Course Championships		
1:13.98	L B F	100 Free	7/1/2023	Niagara LSC LC Super Circuit Meet		
2:23.76	Y P	200 Free	3/9/2023	Adirondack Gold Short Course Championships		
38.35	Y F	50 Back	3/3/2023	AD Silver Short Course Championships		
1:24.49	Y F	100 Back	3/3/2023	AD Silver Short Course Championships		
36.53	Y F	50 Breast	3/9/2023	Adirondack Gold Short Course Championships		
1:23.30	Y F	100 Breast	3/9/2023	Adirondack Gold Short Course Championships		
1:35.12	L F	100 Breast	7/1/2023	Niagara LSC LC Super Circuit Meet		
35.22	Y F	50 Fly	1/29/2023	Stingray Splash		
1:13.69	Y F	100 Fly	3/9/2023	Adirondack Gold Short Course Championships		
1:14.72	Y P	100 IM	3/9/2023	Adirondack Gold Short Course Championships		
1:14.72	Y F	100 IM	3/9/2023	Adirondack Gold Short Course Championships		
2:38.58	Y B P	200 IM	3/9/2023	Adirondack Gold Short Course Championships		
<b>Arman Tresnjo (18) M</b>						
<b>NHA-AD</b>						
23.23	Y A F	50 Free	3/9/2023	Adirondack Gold Short Course Championships		
26.61	L A F	50 Free	7/1/2023	Niagara LSC LC Super Circuit Meet		
49.87	Y AA P	100 Free	3/9/2023	Adirondack Gold Short Course Championships		
59.54	L A F	100 Free	7/1/2023	Niagara LSC LC Super Circuit Meet		
1:50.54	Y A P	200 Free	3/9/2023	Adirondack Gold Short Course Championships		
5:20.75	Y BB F	500 Free	10/22/2022	Trick or Treat Meet		
26.40	Y L F	50 Back	3/9/2023	Adirondack Gold Short Course Championships		
55.95	Y A F	100 Back	3/9/2023	Adirondack Gold Short Course Championships		
1:09.34	L BB F	100 Back	7/1/2023	Niagara LSC LC Super Circuit Meet		
1:05.44	Y BB P	100 Breast	3/9/2023	Adirondack Gold Short Course Championships		
58.86	Y BB F	100 Fly	3/3/2023	AD Silver Short Course Championships		
2:05.57	Y A F	200 IM	3/3/2023	AD Silver Short Course Championships		
<b>Olive Trinkaus (10) F</b>						
<b>NHA-AD</b>						
50.38	Y F	50 Free	3/3/2023	AD Silver Short Course Championships		
53.75	L F	50 Free	7/1/2023	Niagara LSC LC Super Circuit Meet		
1:54.85	Y F	100 Free	1/29/2023	Stingray Splash		
52.39	Y F	50 Back	3/3/2023	AD Silver Short Course Championships		
1:04.05	L F	50 Back	7/1/2023	Niagara LSC LC Super Circuit Meet		
1:08.53	Y F	50 Breast	2/12/2023	Piranha's Pentathlon		
1:10.71	L F	50 Breast	7/1/2023	Niagara LSC LC Super Circuit Meet		
1:06.73	Y F	50 Fly	3/3/2023	AD Silver Short Course Championships		
2:13.84	Y F	100 IM	2/12/2023	Piranha's Pentathlon		
<b>Hana Trinsey (10) F</b>						
<b>ALBS-AD</b>						
18.64	Y F	25 Free	1/14/2023	2023 PTAC Tiger Invitational		
40.99	Y F	50 Free	1/6/2023	2023 Starfish Trophy Invitational		
47.13	S F	50 Free	5/21/2023	2023 Starfish Meter Madness		
1:35.33	Y F	100 Free	1/14/2023	2023 PTAC Tiger Invitational		
23.36	Y F	25 Back	1/14/2023	2023 PTAC Tiger Invitational		
54.28	Y F	50 Back	6/11/2023	Piranhas Summer Kick-Off Meet		
54.75	S F	50 Back	5/21/2023	2023 Starfish Meter Madness		
26.41	Y F	25 Breast	1/14/2023	2023 PTAC Tiger Invitational		
59.07	Y F	50 Breast	1/6/2023	2023 Starfish Trophy Invitational		
59.91	S F	50 Breast	5/21/2023	2023 Starfish Meter Madness		
23.79	Y F	25 Fly	1/14/2023	2023 PTAC Tiger Invitational		
1:45.43	Y F	100 IM	6/11/2023	Piranhas Summer Kick-Off Meet		
2:07.87	S F	100 IM	5/21/2023	2023 Starfish Meter Madness		
<b>Anabelle Trujillo (10) F</b>						
<b>SCHE-AD</b>						
41.28	Y F	50 Free	1/29/2023	Stingray Splash		
1:33.96	Y F	100 Free	1/29/2023	Stingray Splash		
49.29	Y F	50 Back	3/3/2023	AD Silver Short Course Championships		
<b>Lucas Trujillo (13) M</b>						
<b>SCHE-AD</b>						
33.75	Y F	50 Free	3/3/2023	AD Silver Short Course Championships		

### Individual Top Times

Time	P/F/S	Event					
<b>Lucas Trujillo (13) M</b>							
1:16.11	Y	F	100	Free	3/3/2023	AD Silver Short Course Championships	
41.08	Y	F	50	Back	1/29/2023	Stingray Splash	
1:27.16	Y	F	100	Back	3/3/2023	AD Silver Short Course Championships	
54.61	Y	F	50	Breast	1/29/2023	Stingray Splash	
2:00.95	Y	F	100	Breast	11/12/2022	Fall frenzy	
<b>Miles Tuohy (13) M</b>							
1:33.37	Y	F	100	Free	1/14/2023	Canajoharie Developmental Meet	
1:34.44	S	F	100	Free	5/21/2023	2023 Starfish Meter Madness	
1:56.22	S	F	100	Back	5/21/2023	2023 Starfish Meter Madness	
<b>Ryan Tuomela (19) F</b>							
29.20	Y	F	50	Free	3/3/2023	AD Silver Short Course Championships	
1:03.62	Y	F	100	Free	3/3/2023	AD Silver Short Course Championships	
2:17.87	Y	F	200	Free	3/3/2023	AD Silver Short Course Championships	
6:40.02	Y	F	500	Free	12/18/2022	Piranha's December Distance Invite	
1:11.99	Y	F	100	Back	3/3/2023	AD Silver Short Course Championships	
1:28.57	Y	F	100	Breast	3/3/2023	AD Silver Short Course Championships	
1:16.96	Y	F	100	Fly	3/3/2023	AD Silver Short Course Championships	
2:40.00	Y	F	200	IM	3/3/2023	AD Silver Short Course Championships	
<b>Isabelle Turan (18) F</b>							
35.73	Y	P	50	Free	1/6/2023	2023 Starfish Trophy Invitational	
1:18.19	Y	F	100	Free	3/3/2023	AD Silver Short Course Championships	
1:28.60	S	F	100	Free	5/21/2023	2023 Starfish Meter Madness	
2:41.50	Y	F	200	Free	3/3/2023	AD Silver Short Course Championships	
43.95	Y L	F	50	Back	10/22/2022	Trick or Treat Meet	
1:25.10	Y	P	100	Back	1/6/2023	2023 Starfish Trophy Invitational	
1:36.47	S	F	100	Back	5/21/2023	2023 Starfish Meter Madness	
3:01.73	Y	F	200	Back	11/12/2022	Fall frenzy	
1:27.11	Y	F	100	Breast	2/12/2023	Piranha's Pentathlon	
2:11.56	S	F	100	Breast	5/21/2023	2023 Starfish Meter Madness	
1:41.30	Y	F	100	Fly	2/4/2023	Delmar Dolphins Febuary Freeze	
1:52.07	S	F	100	Fly	5/21/2023	2023 Starfish Meter Madness	
1:37.00	Y	F	100	IM	10/22/2022	Trick or Treat Meet	
1:49.14	S	F	100	IM	5/21/2023	2023 Starfish Meter Madness	
3:13.86	Y	F	200	IM	2/4/2023	Delmar Dolphins Febuary Freeze	
<b>Jayden Turck (15) F</b>							
29.26	Y	BB	F	50	Free	12/3/2022	2022 North Country Invitational
1:06.02	Y	B	F	100	Free	11/12/2022	Greater Syracuse Invitational
2:21.97	Y	B	F	200	Free	12/3/2022	2022 North Country Invitational
6:33.47	Y	B	F	500	Free	11/12/2022	Greater Syracuse Invitational
1:20.52	Y	F	100	Back	11/12/2022	Greater Syracuse Invitational	
<b>Sophia Turoski (9) F</b>							
27.23	Y	F	25	Free	1/29/2023	Stingray Splash	
54.44	Y	F	50	Free	3/3/2023	AD Silver Short Course Championships	
55.29	L	F	50	Free	7/7/2023	Hawks Summer Invitational 2023	
2:04.80	L	F	100	Free	7/7/2023	Hawks Summer Invitational 2023	
25.92	Y	F	25	Back	3/3/2023	AD Silver Short Course Championships	
1:04.73	L	F	50	Back	7/7/2023	Hawks Summer Invitational 2023	
36.54	Y	F	25	Breast	3/3/2023	AD Silver Short Course Championships	
1:17.96	L	F	50	Breast	7/7/2023	Hawks Summer Invitational 2023	
1:21.31	L	F	50	Fly	7/7/2023	Hawks Summer Invitational 2023	
<b>Joseph Upton (9) M</b>							
43.38	Y	F	25	Free	1/29/2023	Stingray Splash	
40.56	Y	F	25	Back	1/29/2023	Stingray Splash	
<b>Matthew Upton (17) M</b>							
26.49	Y	B	F	50	Free	3/3/2023	AD Silver Short Course Championships
30.63	L	B	P	50	Free	7/20/2023	2023 Adirondack Long Course Championships

SCHE-AD

SCHE-AD

GRGF-AD

USAM-AD

TBS-AD

BFIN-AD

CPP-AD

CPP-AD



### Individual Top Times

Time	P/F/S	Event				
<b>Matthew Upton (17) M</b>						
<b>CPP-AD</b>						
1:00.12	Y B P	100 Free	11/18/2022	2022 NE NSSC Nov 18-20 WPI T/F		
1:06.25	L B P	100 Free	7/20/2023	2023 Adirondack Long Course Championships		
2:02.74	Y BB F	200 Free	3/3/2023	AD Silver Short Course Championships		
5:10.86	L B F	400 Free	7/20/2023	2023 Adirondack Long Course Championships		
5:13.71	Y BB F	500 Free	2/16/2023	Boys Section 2 Division 1 Championships		
19:02.26	Y BB F	1650 Free	12/18/2022	Piranha's December Distance Invite		
1:07.23	Y F	100 Back	3/3/2023	AD Silver Short Course Championships		
2:47.89	L B P	200 Back	7/20/2023	2023 Adirondack Long Course Championships		
1:23.40	Y F	100 Breast	10/22/2022	Trick or Treat Meet		
1:05.72	Y B F	100 Fly	3/3/2023	AD Silver Short Course Championships		
2:22.96	Y B F	200 IM	3/3/2023	AD Silver Short Course Championships		
5:07.14	Y B F	400 IM	1/14/2023	Chris Goody IMX Challenge		
<b>Amon Van Alst (17) M</b>						
<b>UN-AD</b>						
24.69	Y BB P	50 Free	3/9/2023	Adirondack Gold Short Course Championships		
28.18	L BB F	50 Free	7/1/2023	Niagara LSC LC Super Circuit Meet		
53.22	Y BB F	100 Free	3/3/2023	AD Silver Short Course Championships		
1:06.75	L B F	100 Free	7/1/2023	Niagara LSC LC Super Circuit Meet		
1:57.15	Y BB F	200 Free	3/3/2023	AD Silver Short Course Championships		
5:25.20	Y BB F	500 Free	3/9/2023	Adirondack Gold Short Course Championships		
19:34.84	Y BB F	1650 Free	1/7/2023	Mexico Tiger Sharks January Meet		
1:01.35	Y BB F	100 Back	3/3/2023	AD Silver Short Course Championships		
2:12.88	Y BB F	200 Back	3/3/2023	AD Silver Short Course Championships		
34.96	L F	50 Breast	7/1/2023	Niagara LSC LC Super Circuit Meet		
1:08.11	Y BB F	100 Breast	3/3/2023	AD Silver Short Course Championships		
1:23.03	L B F	100 Breast	7/1/2023	Niagara LSC LC Super Circuit Meet		
2:31.79	Y B F	200 Breast	1/7/2023	Mexico Tiger Sharks January Meet		
59.58	Y BB F	100 Fly	3/3/2023	AD Silver Short Course Championships		
2:14.61	Y BB P	200 IM	3/9/2023	Adirondack Gold Short Course Championships		
<b>Mireille Van Dorn (9) F</b>						
<b>ALBS-AD</b>						
22.07	Y F	25 Free	3/3/2023	AD Silver Short Course Championships		
45.53	Y F	50 Free	6/11/2023	Piranhas Summer Kick-Off Meet		
57.66	S F	50 Free	5/21/2023	2023 Starfish Meter Madness		
1:44.95	Y F	100 Free	6/11/2023	Piranhas Summer Kick-Off Meet		
24.49	Y F	25 Back	3/3/2023	AD Silver Short Course Championships		
52.90	Y F	50 Back	3/3/2023	AD Silver Short Course Championships		
58.90	S F	50 Back	5/21/2023	2023 Starfish Meter Madness		
1:04.89	Y F	50 Breast	6/11/2023	Piranhas Summer Kick-Off Meet		
1:29.26	S F	50 Breast	5/21/2023	2023 Starfish Meter Madness		
<b>Kathryn Van Loan (15) F</b>						
<b>KING-AD</b>						
28.52	Y BB F	50 Free	3/3/2023	AD Silver Short Course Championships		
1:02.70	Y BB F	100 Free	3/3/2023	AD Silver Short Course Championships		
2:21.21	Y B F	200 Free	3/3/2023	AD Silver Short Course Championships		
1:16.88	Y F	100 Back	3/3/2023	AD Silver Short Course Championships		
2:44.74	Y F	200 Back	3/3/2023	AD Silver Short Course Championships		
1:31.28	Y F	100 Breast	3/3/2023	AD Silver Short Course Championships		
1:12.01	Y B F	100 Fly	3/3/2023	AD Silver Short Course Championships		
2:39.11	Y B F	200 IM	3/3/2023	AD Silver Short Course Championships		
<b>Gerard Van Loan (11) M</b>						
<b>KING-AD</b>						
30.85	Y B F	50 Free	3/9/2023	Adirondack Gold Short Course Championships		
1:09.05	Y B F	100 Free	3/9/2023	Adirondack Gold Short Course Championships		
2:41.81	Y F	200 Free	3/3/2023	AD Silver Short Course Championships		
1:22.93	Y F	100 Back	3/9/2023	Adirondack Gold Short Course Championships		
45.28	Y F	50 Breast	10/29/2022	Starfish Fall Spooktacular		
1:28.26	Y B F	100 Breast	3/9/2023	Adirondack Gold Short Course Championships		
34.25	Y B F	50 Fly	3/9/2023	Adirondack Gold Short Course Championships		
1:18.94	Y B F	100 Fly	3/9/2023	Adirondack Gold Short Course Championships		

**Individual Top Times**

Time	P/F/S	Event				
<b>Gerard Van Loan (11) M</b>						
1:19.05	Y B F	100 IM	3/9/2023	Adirondack Gold Short Course Championships		<b>KING-AD</b>
2:53.28	Y B F	200 IM	3/9/2023	Adirondack Gold Short Course Championships		
<b>Christian VanGuilder (19) M</b>						
58.18	Y F	100 Free	1/29/2023	Stingray Splash		<b>GLFY-AD</b>
1:21.66	Y F	100 Breast	1/29/2023	Stingray Splash		
2:37.23	Y F	200 IM	1/29/2023	Stingray Splash		
<b>Kai VanHoute (10) M</b>						
24.84	Y F	25 Free	11/19/2022	CVSL Tri Meet		<b>IISC-AD</b>
56.62	Y F	50 Free	11/19/2022	CVSL Tri Meet		
28.82	Y F	25 Back	11/5/2022	First Splash		
1:00.93	Y F	50 Back	2/4/2023	Delmar Dolphins Febuary Freeze		
<b>Dawson VanWormer (8) M</b>						
38.21	Y F	25 Free	12/3/2022	CVSL Tri Meet		<b>CANA-AD</b>
44.15	Y F	25 Back	11/19/2022	CVSL Tri Meet		
<b>Aiden Vasquez (13) M</b>						
35.75	Y F	50 Free	6/11/2023	Piranhas Summer Kick-Off Meet		<b>CPP-AD</b>
1:22.49	Y F	100 Free	6/11/2023	Piranhas Summer Kick-Off Meet		
1:29.15	L F	100 Free	7/7/2023	Hawks Summer Invitational 2023		
3:13.30	L F	200 Free	7/7/2023	Hawks Summer Invitational 2023		
42.10	Y F	50 Back	6/11/2023	Piranhas Summer Kick-Off Meet		
1:46.88	L F	100 Back	7/7/2023	Hawks Summer Invitational 2023		
1:10.64	L F	50 Breast	7/7/2023	Hawks Summer Invitational 2023		
2:48.36	L F	100 Breast	7/7/2023	Hawks Summer Invitational 2023		
<b>Arthur Veksler (9) M</b>						
28.42	Y F	25 Free	3/3/2023	AD Silver Short Course Championships		<b>CPP-AD</b>
1:28.19	Y F	50 Free	3/3/2023	AD Silver Short Course Championships		
30.20	Y F	25 Back	3/3/2023	AD Silver Short Course Championships		
1:09.19	Y F	50 Back	3/3/2023	AD Silver Short Course Championships		
<b>Hannah Ventela (13) F</b>						
33.29	Y F	50 Free	3/3/2023	AD Silver Short Course Championships		<b>SARY-AD</b>
38.81	L F	50 Free	6/24/2023	2023 NE NSSC June Springfield		
1:14.08	Y F	100 Free	6/11/2023	Piranhas Summer Kick-Off Meet		
1:24.97	L F	100 Free	6/24/2023	2023 NE NSSC June Springfield		
3:02.70	L F	200 Free	6/24/2023	2023 NE NSSC June Springfield		
41.16	Y F	50 Back	3/3/2023	AD Silver Short Course Championships		
45.90	L F	50 Back	7/7/2023	Hawks Summer Invitational 2023		
1:41.06	L F	100 Back	6/24/2023	2023 NE NSSC June Springfield		
47.54	Y F	50 Breast	6/11/2023	Piranhas Summer Kick-Off Meet		
54.15	L F	50 Breast	7/7/2023	Hawks Summer Invitational 2023		
42.83	Y F	50 Fly	3/3/2023	AD Silver Short Course Championships		
47.91	L F	50 Fly	6/24/2023	2023 NE NSSC June Springfield		
1:25.33	Y F	100 IM	6/11/2023	Piranhas Summer Kick-Off Meet		
3:35.59	L F	200 IM	6/24/2023	2023 NE NSSC June Springfield		
<b>Colbie Ventura (15) F</b>						
33.49	Y F	50 Free	11/12/2022	Fall frenzy		<b>SCHE-AD</b>
1:16.38	Y F	100 Free	3/3/2023	AD Silver Short Course Championships		
2:35.71	Y F	200 Free	1/29/2023	Stingray Splash		
7:04.39	Y F	500 Free	1/14/2023	Chris Goody IMX Challenge		
39.61	Y L F	50 Back	10/22/2022	Trick or Treat Meet		
1:24.75	Y F	100 Back	3/3/2023	AD Silver Short Course Championships		
2:58.35	Y F	200 Back	11/12/2022	Fall frenzy		
1:39.52	Y F	100 Breast	3/3/2023	AD Silver Short Course Championships		
3:30.37	Y F	200 Breast	1/14/2023	Chris Goody IMX Challenge		
1:30.56	Y F	100 IM	10/22/2022	Trick or Treat Meet		
3:03.88	Y F	200 IM	3/3/2023	AD Silver Short Course Championships		
6:31.01	Y F	400 IM	1/14/2023	Chris Goody IMX Challenge		

### Individual Top Times

Time	P/F/S	Event	
<b>Gianna Vertullo (17) F</b>			<b>KING-AD</b>
27.70	Y BB F	50 Free	3/3/2023 AD Silver Short Course Championships
59.94	Y BB F	100 Free	3/3/2023 AD Silver Short Course Championships
2:12.18	Y BB F	200 Free	3/3/2023 AD Silver Short Course Championships
1:09.96	Y B F	100 Back	3/3/2023 AD Silver Short Course Championships
1:16.54	Y BB F	100 Breast	3/3/2023 AD Silver Short Course Championships
1:10.28	Y B F	100 Fly	3/3/2023 AD Silver Short Course Championships
2:30.65	Y BB F	200 IM	3/3/2023 AD Silver Short Course Championships
<b>Boris Vexler (15) M</b>			<b>CPP-AD</b>
37.71	Y F	50 Free	3/3/2023 AD Silver Short Course Championships
1:23.29	Y F	100 Free	3/3/2023 AD Silver Short Course Championships
3:05.35	Y F	200 Free	3/3/2023 AD Silver Short Course Championships
3:25.05	L F	200 Free	7/7/2023 Hawks Summer Invitational 2023
1:40.93	Y F	100 Back	3/3/2023 AD Silver Short Course Championships
3:41.39	Y F	200 Back	3/3/2023 AD Silver Short Course Championships
4:14.95	L F	200 Back	7/7/2023 Hawks Summer Invitational 2023
1:44.33	Y F	100 Breast	3/3/2023 AD Silver Short Course Championships
3:44.25	Y F	200 Breast	3/3/2023 AD Silver Short Course Championships
2:02.09	L F	100 Fly	7/7/2023 Hawks Summer Invitational 2023
3:24.75	Y F	200 IM	3/3/2023 AD Silver Short Course Championships
<b>James Vilics (15) M</b>			<b>SCHE-AD</b>
25.04	Y L BB F	50 Free	3/9/2023 Adirondack Gold Short Course Championships
29.45	L BB P	50 Free	7/20/2023 2023 Adirondack Long Course Championships
55.51	Y BB P	100 Free	3/9/2023 Adirondack Gold Short Course Championships
1:07.69	L B P	100 Free	7/20/2023 2023 Adirondack Long Course Championships
2:03.88	Y BB P	200 Free	3/9/2023 Adirondack Gold Short Course Championships
2:28.54	L B P	200 Free	7/20/2023 2023 Adirondack Long Course Championships
1:05.29	Y B F	100 Back	3/9/2023 Adirondack Gold Short Course Championships
1:19.70	L B P	100 Back	7/20/2023 2023 Adirondack Long Course Championships
1:12.53	Y B P	100 Breast	3/9/2023 Adirondack Gold Short Course Championships
1:27.24	L B P	100 Breast	7/20/2023 2023 Adirondack Long Course Championships
3:14.28	L B F	200 Breast	7/7/2023 Hawks Summer Invitational 2023
1:04.21	Y B P	100 Fly	2/16/2023 Boys Section 2 Division 2 Championships
1:17.72	L P	100 Fly	7/20/2023 2023 Adirondack Long Course Championships
1:08.25	Y F	100 IM	10/22/2022 Trick or Treat Meet
2:21.90	Y B F	200 IM	2/16/2023 Boys Section 2 Division 2 Championships
<b>Emma Villaume (15) F</b>			<b>ALBS-AD</b>
30.00	Y B F	50 Free	6/11/2023 Piranhas Summer Kick-Off Meet
30.00	Y L B F	50 Free	2/4/2023 Delmar Dolphins Febuary Freeze
33.19	L BB P	50 Free	7/20/2023 2023 Adirondack Long Course Championships
1:05.40	Y B F	100 Free	2/4/2023 Delmar Dolphins Febuary Freeze
1:12.38	S B F	100 Free	5/21/2023 2023 Starfish Meter Madness
1:13.92	L B P	100 Free	7/20/2023 2023 Adirondack Long Course Championships
2:24.88	Y B P	200 Free	12/9/2022 CNY Invite
2:36.17	L BB P	200 Free	7/20/2023 2023 Adirondack Long Course Championships
5:34.43	L B F	400 Free	7/20/2023 2023 Adirondack Long Course Championships
6:22.97	Y B F	500 Free	12/9/2022 CNY Invite
1:18.64	Y F	100 Back	3/3/2023 AD Silver Short Course Championships
1:26.31	S F	100 Back	5/21/2023 2023 Starfish Meter Madness
1:28.51	L F	100 Back	7/7/2023 Hawks Summer Invitational 2023
3:14.54	L F	200 Back	7/7/2023 Hawks Summer Invitational 2023
1:29.53	Y P	100 Breast	1/6/2023 2023 Starfish Trophy Invitational
1:43.24	S F	100 Breast	5/21/2023 2023 Starfish Meter Madness
32.62	Y F	50 Fly	12/9/2022 CNY Invite
1:10.98	Y B P	100 Fly	3/9/2023 Adirondack Gold Short Course Championships
1:24.94	S F	100 Fly	5/21/2023 2023 Starfish Meter Madness
1:26.35	L F	100 Fly	7/7/2023 Hawks Summer Invitational 2023
1:29.13	S F	100 IM	5/21/2023 2023 Starfish Meter Madness

### Individual Top Times

Time	P/F/S	Event				
<b>Emma Villaume (15) F</b>						
2:42.84	Y B P	200 IM	1/6/2023	2023 Starfish Trophy Invitational		ALBS-AD
3:07.04	L B P	200 IM	7/20/2023	2023 Adirondack Long Course Championships		
<b>Emily Vondra (13) F</b>						
40.43	Y P	50 Free	1/6/2023	2023 Starfish Trophy Invitational		HAWK-AD
1:27.78	Y P	100 Free	1/6/2023	2023 Starfish Trophy Invitational		
47.61	Y P	50 Back	1/6/2023	2023 Starfish Trophy Invitational		
45.24	Y F	50 Breast	3/3/2023	AD Silver Short Course Championships		
<b>Sarah Vondra (16) F</b>						
31.02	Y B F	50 Free	3/3/2023	AD Silver Short Course Championships		HAWK-AD
1:07.28	Y B P	100 Free	1/6/2023	2023 Starfish Trophy Invitational		
2:26.96	Y B F	200 Free	3/3/2023	AD Silver Short Course Championships		
23:25.42	L B F	1500 Free	7/7/2023	Hawks Summer Invitational 2023		
1:30.48	Y F	100 Breast	3/3/2023	AD Silver Short Course Championships		
1:20.15	Y P	100 Fly	1/6/2023	2023 Starfish Trophy Invitational		
<b>Adriana Votraw (13) F</b>						
33.11	Y F	50 Free	1/29/2023	Stingray Splash		GLFY-AD
1:12.30	Y F	100 Free	1/29/2023	Stingray Splash		
38.66	Y F	50 Back	1/29/2023	Stingray Splash		
1:25.33	Y F	100 Back	2/12/2023	Piranha's Pentathlon		
36.65	Y F	50 Fly	1/29/2023	Stingray Splash		
1:35.18	Y F	100 Fly	2/12/2023	Piranha's Pentathlon		
<b>Gariella Wahba (14) F</b>						
38.99	Y F	50 Free	2/4/2023	2023 Winter Blast		WAVE-AD
1:32.17	Y F	100 Free	2/4/2023	2023 Winter Blast		
1:46.13	Y F	100 Back	2/4/2023	2023 Winter Blast		
<b>Kelly Waite (16) F</b>						
30.02	Y B P	50 Free	1/6/2023	2023 Starfish Trophy Invitational		ALBS-AD
1:00.71	Y BB F	100 Free	3/3/2023	AD Silver Short Course Championships		
2:12.06	Y BB F	200 Free	3/3/2023	AD Silver Short Course Championships		
2:36.48	L BB F	200 Free	7/7/2023	Hawks Summer Invitational 2023		
31.34	Y L F	50 Back	11/3/2022	Girls Sec II Division I Championships		
1:07.36	Y BB F	100 Back	1/6/2023	2023 Starfish Trophy Invitational		
2:27.40	Y BB P	200 Back	3/9/2023	Adirondack Gold Short Course Championships		
1:17.38	Y BB F	100 Breast	3/9/2023	Adirondack Gold Short Course Championships		
1:03.91	Y A P	100 Fly	3/9/2023	Adirondack Gold Short Course Championships		
1:16.45	L BB F	100 Fly	7/7/2023	Hawks Summer Invitational 2023		
2:29.93	Y BB F	200 Fly	3/3/2023	AD Silver Short Course Championships		
2:25.42	Y BB F	200 IM	3/3/2023	AD Silver Short Course Championships		
<b>Maura Waite (18) F</b>						
1:02.05	Y BB F	100 Free	3/3/2023	AD Silver Short Course Championships		ALBS-AD
32.29	Y L F	50 Back	3/9/2023	Adirondack Gold Short Course Championships		
1:05.34	Y BB P	100 Back	11/3/2022	Girls Sec II Division I Championships		
2:27.06	Y BB F	200 IM	3/3/2023	AD Silver Short Course Championships		
<b>Grace Walden (9) F</b>						
20.83	Y F	25 Free	10/29/2022	Starfish Fall Spooktacular		USAM-AD
45.38	Y F	50 Free	3/3/2023	AD Silver Short Course Championships		
1:44.68	Y F	100 Free	1/6/2023	2023 Starfish Trophy Invitational		
51.21	Y F	50 Back	1/6/2023	2023 Starfish Trophy Invitational		
<b>Kay Walden (11) F</b>						
38.62	Y F	50 Free	3/3/2023	AD Silver Short Course Championships		USAM-AD
1:29.12	Y F	100 Free	3/3/2023	AD Silver Short Course Championships		
46.13	Y F	50 Back	2/4/2023	Delmar Dolphins Febuary Freeze		
58.03	Y F	50 Breast	2/12/2023	Piranha's Pentathlon		
44.33	Y F	50 Fly	3/3/2023	AD Silver Short Course Championships		
1:42.46	Y F	100 IM	2/12/2023	Piranha's Pentathlon		
<b>Aspen Walker (14) F</b>						
						ALBS-AD

### Individual Top Times

Time	P/F/S	Event					
<b>Aspen Walker (14) F</b>							<b>ALBS-AD</b>
40.58	Y	F	50	Free	12/11/2022	Sharks 12 & Under Mini Meet	
1:26.70	Y	P	100	Free	1/6/2023	2023 Starfish Trophy Invitational	
45.66	Y	P	50	Back	1/6/2023	2023 Starfish Trophy Invitational	
1:41.06	Y	F	100	Back	1/6/2023	2023 Starfish Trophy Invitational	
49.87	Y	P	50	Breast	1/6/2023	2023 Starfish Trophy Invitational	
1:47.67	Y	F	100	Breast	1/6/2023	2023 Starfish Trophy Invitational	
53.30	Y	F	50	Fly	12/11/2022	Sharks 12 & Under Mini Meet	
<b>Benjamin Walker (10) M</b>							<b>DELM-AD</b>
30.95	Y	F	25	Free	11/12/2022	Fall frenzy	
31.31	Y	F	25	Back	11/12/2022	Fall frenzy	
<b>Eleanor Walker (14) F</b>							<b>CLRK-AD</b>
32.16	Y	B	F	50	Free	2/26/2023	CVSL Championships
1:13.69	Y	F	100	Free	3/3/2023	AD Silver Short Course Championships	
42.25	Y	F	50	Back	12/3/2022	CVSL Tri Meet	
40.81	Y	P	50	Breast	3/9/2023	Adirondack Gold Short Course Championships	
1:35.10	Y	F	100	Breast	3/3/2023	AD Silver Short Course Championships	
39.03	Y	F	50	Fly	2/26/2023	CVSL Championships	
1:28.02	Y	P	100	IM	1/6/2023	2023 Starfish Trophy Invitational	
<b>Ethan Walker (12) M</b>							<b>DELM-AD</b>
48.85	Y	F	50	Free	2/4/2023	Delmar Dolphins Febuary Freeze	
1:51.99	Y	F	100	Free	11/12/2022	Fall frenzy	
1:00.25	Y	F	50	Back	2/4/2023	Delmar Dolphins Febuary Freeze	
<b>Max Walker (10) M</b>							<b>DELM-AD</b>
27.21	Y	F	25	Free	11/12/2022	Fall frenzy	
1:01.47	Y	F	50	Free	2/4/2023	Delmar Dolphins Febuary Freeze	
33.20	Y	F	25	Back	11/12/2022	Fall frenzy	
1:10.31	Y	F	50	Back	2/4/2023	Delmar Dolphins Febuary Freeze	
<b>Mora Wallace (11) F</b>							<b>NHA-AD</b>
48.49	Y	F	50	Free	1/29/2023	Stingray Splash	
1:50.62	Y	F	100	Free	1/29/2023	Stingray Splash	
50.97	Y	F	50	Back	3/3/2023	AD Silver Short Course Championships	
1:13.62	Y	F	50	Breast	1/29/2023	Stingray Splash	
<b>Lauren Walmsley (13) F</b>							<b>CPP-AD</b>
29.81	Y	BB	F	50	Free	3/9/2023	Adirondack Gold Short Course Championships
35.67	L	B	F	50	Free	6/24/2023	2023 NE NSSC June Springfield
1:05.94	Y	B	P	100	Free	3/9/2023	Adirondack Gold Short Course Championships
1:17.44	L	B	F	100	Free	6/24/2023	2023 NE NSSC June Springfield
2:29.89	Y	B	P	200	Free	11/18/2022	2022 NE NSSC Nov 18-20 WPI T/F
6:17.04	L	F	F	400	Free	6/24/2023	2023 NE NSSC June Springfield
6:28.22	Y	B	F	500	Free	3/3/2023	AD Silver Short Course Championships
37.23	Y	F	50	Back	1/6/2023	2023 Starfish Trophy Invitational	
42.80	L	F	50	Back	6/24/2023	2023 NE NSSC June Springfield	
1:18.56	Y	F	F	100	Back	2/12/2023	Piranha's Pentathlon
1:33.26	L	F	F	100	Back	6/24/2023	2023 NE NSSC June Springfield
2:49.16	Y	F	F	200	Back	3/3/2023	AD Silver Short Course Championships
40.13	Y	P	F	50	Breast	3/9/2023	Adirondack Gold Short Course Championships
1:25.66	Y	B	F	100	Breast	3/9/2023	Adirondack Gold Short Course Championships
1:42.19	L	F	F	100	Breast	6/24/2023	2023 NE NSSC June Springfield
3:09.89	Y	B	F	200	Breast	3/3/2023	AD Silver Short Course Championships
3:26.50	L	B	F	200	Breast	6/24/2023	2023 NE NSSC June Springfield
36.39	Y	F	F	50	Fly	11/18/2022	2022 NE NSSC Nov 18-20 WPI T/F
1:20.90	Y	F	F	100	Fly	2/12/2023	Piranha's Pentathlon
1:15.35	Y	P	F	100	IM	3/9/2023	Adirondack Gold Short Course Championships
2:45.47	Y	B	F	200	IM	3/3/2023	AD Silver Short Course Championships
6:00.62	Y	B	F	400	IM	11/18/2022	2022 NE NSSC Nov 18-20 WPI T/F
<b>Andrew Walsh (19) M</b>							<b>SCHE-AD</b>

### Individual Top Times

Time	P/F/S	Event				
<b>Andrew Walsh (19) M</b>						
25.30	Y	F	50	Free	3/3/2023 AD Silver Short Course Championships	
57.67	Y	F	100	Free	3/3/2023 AD Silver Short Course Championships	
1:05.34	Y	F	100	Back	3/3/2023 AD Silver Short Course Championships	
1:06.00	Y	P	100	Breast	2/16/2023 Boys Section 2 Division 1 Championships	
2:34.93	Y	F	200	Breast	3/3/2023 AD Silver Short Course Championships	
59.35	Y	P	100	Fly	2/16/2023 Boys Section 2 Division 1 Championships	
1:06.61	Y	F	100	IM	10/22/2022 Trick or Treat Meet	
2:18.51	Y	F	200	IM	3/3/2023 AD Silver Short Course Championships	
<b>Evan Walsh (16) M</b>						
28.79	Y	F	50	Free	10/22/2022 Trick or Treat Meet	
1:04.94	Y	F	100	Free	3/3/2023 AD Silver Short Course Championships	
2:26.69	Y	F	200	Free	3/3/2023 AD Silver Short Course Championships	
42.06	Y L	F	50	Back	10/22/2022 Trick or Treat Meet	
1:15.56	Y	F	100	Back	10/22/2022 Trick or Treat Meet	
1:24.05	Y	F	100	Breast	10/22/2022 Trick or Treat Meet	
1:14.90	Y	F	100	IM	10/22/2022 Trick or Treat Meet	
<b>Summer Walsh (10) F</b>						
1:06.81	L	F	50	Free	7/1/2023 Niagara LSC LC Super Circuit Meet	
1:19.07	L	F	50	Back	7/1/2023 Niagara LSC LC Super Circuit Meet	
<b>Emma Walter (14) F</b>						
26.01	Y	AA	F	50	Free	3/9/2023 Adirondack Gold Short Course Championships
29.75	L	AA	F	50	Free	7/20/2023 2023 Adirondack Long Course Championships
57.16	Y L	AA	F	100	Free	3/9/2023 Adirondack Gold Short Course Championships
1:08.49	L	A	P	100	Free	7/20/2023 2023 Adirondack Long Course Championships
2:10.38	Y	A	P	200	Free	3/9/2023 Adirondack Gold Short Course Championships
2:37.28	L	BB	P	200	Free	7/20/2023 2023 Adirondack Long Course Championships
6:13.24	Y	BB	F	500	Free	3/3/2023 AD Silver Short Course Championships
1:13.88	Y	B	F	100	Back	3/3/2023 AD Silver Short Course Championships
1:27.16	L	B	P	100	Back	7/20/2023 2023 Adirondack Long Course Championships
2:39.25	Y	B	F	200	Back	3/3/2023 AD Silver Short Course Championships
1:22.62	Y	B	F	100	Breast	3/3/2023 AD Silver Short Course Championships
1:41.30	L	B	P	100	Breast	7/20/2023 2023 Adirondack Long Course Championships
1:06.53	Y	BB	P	100	Fly	3/9/2023 Adirondack Gold Short Course Championships
1:24.59	L	B	P	100	Fly	7/20/2023 2023 Adirondack Long Course Championships
2:46.95	Y	B	F	200	Fly	11/12/2022 Fall frenzy
2:32.23	Y	BB	F	200	IM	3/3/2023 AD Silver Short Course Championships
3:08.94	L	B	P	200	IM	7/20/2023 2023 Adirondack Long Course Championships
<b>Kenley Walters (10) F</b>						
46.04	Y	F	50	Free	2/4/2023 2023 Winter Blast	
47.97	L	F	50	Free	7/1/2023 Niagara LSC LC Super Circuit Meet	
1:09.15	L	F	50	Back	7/1/2023 Niagara LSC LC Super Circuit Meet	
<b>Alex Wang (16) M</b>						
25.17	Y	BB	F	50	Free	6/11/2023 Piranhas Summer Kick-Off Meet
29.00	L	BB	F	50	Free	5/20/2023 2023 NE NSSC May Springfield
55.96	Y	BB	P	100	Free	1/6/2023 2023 Starfish Trophy Invitational
1:05.55	L	BB	F	100	Free	5/20/2023 2023 NE NSSC May Springfield
2:03.98	Y	BB	F	200	Free	6/11/2023 Piranhas Summer Kick-Off Meet
2:32.61	L	B	F	200	Free	5/20/2023 2023 NE NSSC May Springfield
5:49.79	Y	B	F	500	Free	12/18/2022 Piranha's December Distance Invite
1:04.84	Y	B	F	100	Back	2/4/2023 Delmar Dolphins Febuary Freeze
2:17.59	Y	B	F	200	Back	12/18/2022 Piranha's December Distance Invite
1:03.25	Y	A	P	100	Breast	2/16/2023 Boys Section 2 Division 1 Championships
1:21.08	L	BB	F	100	Breast	5/20/2023 2023 NE NSSC May Springfield
2:20.40	Y	A	P	200	Breast	3/9/2023 Adirondack Gold Short Course Championships
2:55.85	L	BB	F	200	Breast	5/20/2023 2023 NE NSSC May Springfield
2:12.16	Y	BB	P	200	IM	2/16/2023 Boys Section 2 Division 1 Championships

SCHE-AD

SCHE-AD

NHA-AD

CPP-AD

TBS-AD

DELM-AD

### Individual Top Times

Time	P/F/S	Event				
<b>Alex Wang (16) M</b>						
4:59.49	Y BB F	400 IM	11/12/2022	Fall frenzy		<b>DELM-AD</b>
<b>Ellie Wang (13) F</b>						
38.67	Y	50 Free	10/22/2022	Trick or Treat Meet		<b>SCHE-AD</b>
1:30.64	Y	100 Free	3/3/2023	AD Silver Short Course Championships		
1:35.38	L	100 Free	7/7/2023	Hawks Summer Invitational 2023		
3:08.31	Y	200 Free	3/3/2023	AD Silver Short Course Championships		
43.76	Y	50 Back	3/3/2023	AD Silver Short Course Championships		
1:33.86	Y	100 Back	3/3/2023	AD Silver Short Course Championships		
52.05	Y	50 Breast	3/3/2023	AD Silver Short Course Championships		
1:55.07	Y	100 Breast	3/3/2023	AD Silver Short Course Championships		
2:07.56	L	100 Breast	7/7/2023	Hawks Summer Invitational 2023		
47.51	Y	50 Fly	3/3/2023	AD Silver Short Course Championships		
2:08.87	Y	100 Fly	2/12/2023	Piranha's Pentathlon		
1:36.47	Y	100 IM	6/11/2023	Piranhas Summer Kick-Off Meet		
<b>Erica Wang (14) F</b>						
27.68	Y A P	50 Free	3/9/2023	Adirondack Gold Short Course Championships		<b>CPP-AD</b>
31.84	L BB P	50 Free	7/20/2023	2023 Adirondack Long Course Championships		
1:02.51	Y BB F	100 Free	3/3/2023	AD Silver Short Course Championships		
1:12.06	L BB P	100 Free	7/20/2023	2023 Adirondack Long Course Championships		
2:16.83	Y BB F	200 Free	3/3/2023	AD Silver Short Course Championships		
2:37.58	L BB P	200 Free	7/20/2023	2023 Adirondack Long Course Championships		
5:45.60	L B F	400 Free	7/20/2023	2023 Adirondack Long Course Championships		
6:12.14	Y BB F	500 Free	3/3/2023	AD Silver Short Course Championships		
1:07.03	Y BB P	100 Back	3/9/2023	Adirondack Gold Short Course Championships		
1:20.15	L BB P	100 Back	7/20/2023	2023 Adirondack Long Course Championships		
2:24.19	Y BB F	200 Back	3/9/2023	Adirondack Gold Short Course Championships		
1:14.34	Y A F	100 Breast	10/8/2022	Shenendehowa Girls Invitational		
1:36.53	L B P	100 Breast	7/20/2023	2023 Adirondack Long Course Championships		
2:45.72	Y BB F	200 Breast	11/12/2022	Fall frenzy		
3:14.60	L BB F	200 Breast	7/7/2023	Hawks Summer Invitational 2023		
1:09.17	Y BB F	100 Fly	6/11/2023	Piranhas Summer Kick-Off Meet		
1:18.45	L BB P	100 Fly	7/20/2023	2023 Adirondack Long Course Championships		
3:03.98	Y	200 Fly	12/18/2022	Piranha's December Distance Invite		
2:25.85	Y BB P	200 IM	3/9/2023	Adirondack Gold Short Course Championships		
2:59.16	L BB P	200 IM	7/20/2023	2023 Adirondack Long Course Championships		
<b>Lin Yu Wang (11) M</b>						
34.35	Y	50 Free	3/9/2023	Adirondack Gold Short Course Championships		<b>NHA-AD</b>
1:20.67	Y	100 Free	3/3/2023	AD Silver Short Course Championships		
38.10	Y	50 Back	3/9/2023	Adirondack Gold Short Course Championships		
50.25	Y	50 Breast	1/29/2023	Stingray Splash		
41.43	Y	50 Fly	3/9/2023	Adirondack Gold Short Course Championships		
1:34.27	Y	100 IM	1/14/2023	Canajoharie Developmental Meet		
<b>Lingyi Wang (9) F</b>						
22.47	Y	25 Free	3/3/2023	AD Silver Short Course Championships		<b>CPP-AD</b>
51.63	S	50 Free	5/21/2023	2023 Starfish Meter Madness		
52.90	Y	50 Free	10/22/2022	Trick or Treat Meet		
1:42.61	Y	100 Free	6/11/2023	Piranhas Summer Kick-Off Meet		
1:49.04	L	100 Free	7/20/2023	2023 Adirondack Long Course Championships		
23.98	Y	25 Back	11/12/2022	Fall frenzy		
52.81	Y	50 Back	6/11/2023	Piranhas Summer Kick-Off Meet		
58.97	S	50 Back	5/21/2023	2023 Starfish Meter Madness		
2:06.26	L	100 Back	7/7/2023	Hawks Summer Invitational 2023		
1:09.47	Y	50 Breast	2/12/2023	Piranha's Pentathlon		
2:34.81	L	100 Breast	7/20/2023	2023 Adirondack Long Course Championships		
23.04	Y	25 Fly	3/3/2023	AD Silver Short Course Championships		
51.47	Y	50 Fly	2/12/2023	Piranha's Pentathlon		

### Individual Top Times

Time	P/F/S	Event			
<b>Lingyi Wang (9) F</b>					
1:00.33	S	F	50	Fly	5/21/2023 2023 Starfish Meter Madness
1:00.75	L	F	50	Fly	7/7/2023 Hawks Summer Invitational 2023
2:23.88	L	F	100	Fly	7/7/2023 Hawks Summer Invitational 2023
1:51.82	Y	F	100	IM	6/11/2023 Piranhas Summer Kick-Off Meet
2:14.85	S	F	100	IM	5/21/2023 2023 Starfish Meter Madness
4:43.76	L	F	200	IM	7/7/2023 Hawks Summer Invitational 2023
<b>Phira Wang (11) F</b>					
41.28	Y	F	50	Free	3/3/2023 AD Silver Short Course Championships
47.53	L	F	50	Free	7/20/2023 2023 Adirondack Long Course Championships
49.98	S	F	50	Free	5/21/2023 2023 Starfish Meter Madness
1:36.68	Y	F	100	Free	6/11/2023 Piranhas Summer Kick-Off Meet
1:53.66	L	F	100	Free	7/7/2023 Hawks Summer Invitational 2023
3:49.95	L	F	200	Free	7/20/2023 2023 Adirondack Long Course Championships
4:03.56	Y	F	200	Free	12/3/2022 2022 North Country Invitational
49.58	Y	F	50	Back	6/11/2023 Piranhas Summer Kick-Off Meet
57.02	L	F	50	Back	7/20/2023 2023 Adirondack Long Course Championships
58.72	S	F	50	Back	5/21/2023 2023 Starfish Meter Madness
1:53.90	Y	F	100	Back	3/3/2023 AD Silver Short Course Championships
53.41	Y	F	50	Breast	6/11/2023 Piranhas Summer Kick-Off Meet
54.50	L	F	50	Breast	7/20/2023 2023 Adirondack Long Course Championships
1:03.63	S	F	50	Breast	5/21/2023 2023 Starfish Meter Madness
1:55.68	L	F	100	Breast	7/20/2023 2023 Adirondack Long Course Championships
55.51	L	F	50	Fly	7/7/2023 Hawks Summer Invitational 2023
55.54	Y	F	50	Fly	3/3/2023 AD Silver Short Course Championships
55.88	S	F	50	Fly	5/21/2023 2023 Starfish Meter Madness
1:39.08	Y	F	100	IM	6/11/2023 Piranhas Summer Kick-Off Meet
4:08.16	L	F	200	IM	7/20/2023 2023 Adirondack Long Course Championships
<b>Samuel Wang (15) M</b>					
27.80	Y	B	50	Free	3/9/2023 Adirondack Gold Short Course Championships
1:02.72	Y	F	100	Free	3/3/2023 AD Silver Short Course Championships
6:02.99	Y	B	500	Free	2/16/2023 Boys Section 2 Division 1 Championships
1:11.05	Y	F	100	Back	10/22/2022 Trick or Treat Meet
2:26.26	Y	B	200	Back	3/3/2023 AD Silver Short Course Championships
1:21.30	Y	F	100	Breast	10/22/2022 Trick or Treat Meet
2:53.87	Y	F	200	Breast	3/3/2023 AD Silver Short Course Championships
1:14.85	Y	F	100	IM	10/22/2022 Trick or Treat Meet
2:27.96	Y	B	200	IM	2/16/2023 Boys Section 2 Division 1 Championships
<b>Shaoyu Wang (14) M</b>					
27.48	Y	BB	50	Free	3/9/2023 Adirondack Gold Short Course Championships
1:04.38	Y	B	100	Free	3/3/2023 AD Silver Short Course Championships
6:53.62	Y	F	500	Free	12/18/2022 Piranha's December Distance Invite
34.00	Y	L	50	Back	3/9/2023 Adirondack Gold Short Course Championships
1:17.56	Y	F	100	Back	2/12/2023 Piranha's Pentathlon
2:44.07	Y	F	200	Back	3/3/2023 AD Silver Short Course Championships
1:26.00	Y	F	100	Breast	3/3/2023 AD Silver Short Course Championships
1:18.54	Y	F	100	Fly	2/12/2023 Piranha's Pentathlon
1:17.33	Y	F	100	IM	11/12/2022 Fall frenzy
2:48.13	Y	F	200	IM	2/12/2023 Piranha's Pentathlon
<b>Terry Wang (10) M</b>					
22.07	Y	F	25	Free	11/12/2022 Fall frenzy
54.35	Y	F	50	Free	3/3/2023 AD Silver Short Course Championships
1:06.38	S	F	50	Free	5/21/2023 2023 Starfish Meter Madness
2:07.21	Y	F	100	Free	3/3/2023 AD Silver Short Course Championships
2:14.06	L	F	100	Free	7/7/2023 Hawks Summer Invitational 2023
4:48.59	L	F	200	Free	7/7/2023 Hawks Summer Invitational 2023
27.22	Y	F	25	Back	10/22/2022 Trick or Treat Meet

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### Individual Top Times

Time	P/F/S	Event	Date	Event	Competition	
<b>Terry Wang (10) M</b>						
54.72	Y	F	50	Back	6/11/2023 Piranhas Summer Kick-Off Meet	
1:00.57	S	F	50	Back	5/21/2023 2023 Starfish Meter Madness	
2:24.23	L	F	100	Back	7/7/2023 Hawks Summer Invitational 2023	
1:17.10	S	F	50	Breast	5/21/2023 2023 Starfish Meter Madness	
1:20.18	Y	F	50	Breast	2/12/2023 Piranha's Pentathlon	
1:21.68	L	F	50	Breast	7/7/2023 Hawks Summer Invitational 2023	
2:48.97	L	F	100	Breast	7/7/2023 Hawks Summer Invitational 2023	
1:39.17	L	F	50	Fly	7/7/2023 Hawks Summer Invitational 2023	
<b>Lane Warner (9) M</b>						
31.29	Y	F	25	Free	12/3/2022 CVSL Tri Meet	
<b>Griffin Washburn (9) M</b>						
20.39	Y	F	25	Free	3/3/2023 AD Silver Short Course Championships	
46.80	Y	F	50	Free	3/3/2023 AD Silver Short Course Championships	
1:53.40	Y	F	100	Free	6/11/2023 Piranhas Summer Kick-Off Meet	
2:04.50	L	F	100	Free	7/7/2023 Hawks Summer Invitational 2023	
4:48.50	L	F	200	Free	7/7/2023 Hawks Summer Invitational 2023	
24.66	Y	F	25	Back	3/3/2023 AD Silver Short Course Championships	
53.62	Y	F	50	Back	2/12/2023 Piranha's Pentathlon	
2:09.53	L	F	100	Back	7/7/2023 Hawks Summer Invitational 2023	
31.48	Y	F	25	Breast	3/3/2023 AD Silver Short Course Championships	
3:03.40	L	F	100	Breast	7/7/2023 Hawks Summer Invitational 2023	
30.61	Y	F	25	Fly	11/12/2022 Fall frenzy	
1:18.17	Y	F	50	Fly	2/12/2023 Piranha's Pentathlon	
1:24.65	L	F	50	Fly	7/7/2023 Hawks Summer Invitational 2023	
2:25.94	Y	F	100	IM	2/12/2023 Piranha's Pentathlon	
<b>Jacob Washburn (13) M</b>						
32.50	Y	F	50	Free	6/11/2023 Piranhas Summer Kick-Off Meet	
37.05	L	F	50	Free	7/20/2023 2023 Adirondack Long Course Championships	
1:13.20	Y	F	100	Free	6/11/2023 Piranhas Summer Kick-Off Meet	
1:20.64	L	F	100	Free	7/20/2023 2023 Adirondack Long Course Championships	
2:39.25	Y	F	200	Free	3/3/2023 AD Silver Short Course Championships	
2:56.56	L	F	200	Free	7/20/2023 2023 Adirondack Long Course Championships	
41.65	Y	F	50	Back	3/3/2023 AD Silver Short Course Championships	
45.96	L	F	50	Back	7/20/2023 2023 Adirondack Long Course Championships	
1:30.74	Y	F	100	Back	3/3/2023 AD Silver Short Course Championships	
1:38.81	L	F	100	Back	7/20/2023 2023 Adirondack Long Course Championships	
3:06.83	Y	F	200	Back	3/3/2023 AD Silver Short Course Championships	
3:32.53	L	F	200	Back	7/20/2023 2023 Adirondack Long Course Championships	
50.16	Y	P	50	Breast	1/6/2023 2023 Starfish Trophy Invitational	
58.62	L	F	50	Breast	7/7/2023 Hawks Summer Invitational 2023	
1:53.32	Y	F	100	Breast	2/12/2023 Piranha's Pentathlon	
2:05.67	L	F	100	Breast	7/7/2023 Hawks Summer Invitational 2023	
1:30.85	Y	F	100	IM	3/3/2023 AD Silver Short Course Championships	
<b>Logan Washburn (10) M</b>						
40.21	Y	F	50	Free	3/3/2023 AD Silver Short Course Championships	
45.63	L	F	50	Free	7/20/2023 2023 Adirondack Long Course Championships	
1:27.97	Y	F	100	Free	3/3/2023 AD Silver Short Course Championships	
1:41.51	L	F	100	Free	7/20/2023 2023 Adirondack Long Course Championships	
3:37.04	L	F	200	Free	7/20/2023 2023 Adirondack Long Course Championships	
45.96	Y	B	F	50	Back	3/3/2023 AD Silver Short Course Championships
53.70	L	B	F	50	Back	7/20/2023 2023 Adirondack Long Course Championships
55.24	Y	F	50	Breast	3/3/2023 AD Silver Short Course Championships	
1:04.88	L	F	50	Breast	7/7/2023 Hawks Summer Invitational 2023	
2:21.81	L	F	100	Breast	7/7/2023 Hawks Summer Invitational 2023	
52.31	Y	F	50	Fly	3/3/2023 AD Silver Short Course Championships	
1:44.74	Y	F	100	IM	1/6/2023 2023 Starfish Trophy Invitational	

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### Individual Top Times

Time	P/F/S	Event			
<b>Logan Washburn (10) M</b>					
4:22.00	L	F	200	IM	7/7/2023 Hawks Summer Invitational 2023
<b>Avery Watson (16) F</b>					
27.64	Y BB	P	50	Free	12/1/2022 2022 STAR Short Course Invitational
58.12	Y L A	F	100	Free	2/17/2023 2023 Region 1 Short Course Invitational
2:06.80	Y A	P	200	Free	2/17/2023 2023 Region 1 Short Course Invitational
5:41.58	Y A	F	500	Free	11/3/2022 Girls Sec II Division I Championships
1:06.59	Y BB	P	100	Back	2/17/2023 2023 Region 1 Short Course Invitational
2:23.41	Y BB	P	200	Back	2/17/2023 2023 Region 1 Short Course Invitational
2:55.67	Y B	F	200	Breast	3/3/2023 AD Silver Short Course Championships
1:04.54	Y BB	P	100	Fly	3/9/2023 Adirondack Gold Short Course Championships
2:24.43	Y BB	F	200	Fly	3/9/2023 Adirondack Gold Short Course Championships
2:25.96	Y BB	F	200	IM	3/3/2023 AD Silver Short Course Championships
5:21.84	Y BB	F	400	IM	1/14/2023 Chris Goody IMX Challenge
<b>Coleman Watson (12) M</b>					
32.96	Y	F	50	Free	3/9/2023 Adirondack Gold Short Course Championships
1:13.14	Y	F	100	Free	3/9/2023 Adirondack Gold Short Course Championships
2:39.41	Y	F	200	Free	3/9/2023 Adirondack Gold Short Course Championships
7:16.14	Y	F	500	Free	2/26/2023 CVSL Championships
39.38	Y	F	50	Back	2/26/2023 CVSL Championships
1:24.19	Y	F	100	Back	3/9/2023 Adirondack Gold Short Course Championships
44.02	Y	F	50	Breast	3/9/2023 Adirondack Gold Short Course Championships
1:36.97	Y	F	100	Breast	3/9/2023 Adirondack Gold Short Course Championships
46.45	Y	F	50	Fly	1/29/2023 Stingray Splash
1:27.82	Y	F	100	IM	12/11/2022 Sharks 12 & Under Mini Meet
3:13.22	Y	F	200	IM	3/3/2023 AD Silver Short Course Championships
<b>Eliza Watson (15) F</b>					
36.62	Y	F	50	Free	3/3/2023 AD Silver Short Course Championships
1:26.17	Y	F	100	Free	3/3/2023 AD Silver Short Course Championships
1:28.33	Y	F	100	Back	2/4/2023 Delmar Dolphins Febuary Freeze
1:32.40	Y	F	100	Breast	3/3/2023 AD Silver Short Course Championships
<b>Emma Watson (13) F</b>					
33.83	Y	F	50	Free	2/4/2023 Delmar Dolphins Febuary Freeze
1:15.49	Y	F	100	Free	3/3/2023 AD Silver Short Course Championships
38.36	Y	F	50	Back	2/4/2023 Delmar Dolphins Febuary Freeze
49.04	Y	F	50	Breast	2/4/2023 Delmar Dolphins Febuary Freeze
<b>Henry Watson (9) M</b>					
18.57	Y	F	25	Free	3/3/2023 AD Silver Short Course Championships
38.54	Y	F	50	Free	2/26/2023 CVSL Championships
1:37.70	Y	F	100	Free	1/14/2023 Canajoharie Developmental Meet
3:57.30	Y	F	200	Free	1/22/2023 Mile Madness
25.22	Y	F	25	Back	3/3/2023 AD Silver Short Course Championships
53.79	Y	F	50	Back	2/4/2023 Delmar Dolphins Febuary Freeze
28.28	Y	F	25	Breast	3/3/2023 AD Silver Short Course Championships
1:00.46	Y	F	50	Breast	3/3/2023 AD Silver Short Course Championships
24.94	Y	F	25	Fly	1/29/2023 Stingray Splash
<b>Jeannine Watson (13) F</b>					
36.99	Y	F	50	Free	3/3/2023 AD Silver Short Course Championships
42.68	Y	F	50	Back	3/3/2023 AD Silver Short Course Championships
1:34.31	Y	F	100	Back	11/12/2022 Fall frenzy
57.41	Y	F	50	Breast	3/3/2023 AD Silver Short Course Championships
44.76	Y	F	50	Fly	3/3/2023 AD Silver Short Course Championships
1:39.62	Y	F	100	IM	3/3/2023 AD Silver Short Course Championships
<b>Arthur Wechsler (9) M</b>					
28.42	Y	F	25	Free	3/3/2023 AD Silver Short Course Championships
1:10.27	Y	F	50	Free	2/12/2023 Piranha's Pentathlon
1:22.35	S	F	50	Free	5/21/2023 2023 Starfish Meter Madness

### Individual Top Times

Time	P/F/S	Event				
<b>Arthur Wechsler (9) M</b>						
30.20	Y	F	25	Back	3/3/2023 AD Silver Short Course Championships	
1:09.19	Y	F	50	Back	3/3/2023 AD Silver Short Course Championships	
1:26.66	S	F	50	Back	5/21/2023 2023 Starfish Meter Madness	
<b>Boris Wechsler (15) M</b>						
37.27	Y	P	50	Free	1/6/2023 2023 Starfish Trophy Invitational	
1:23.29	Y	F	100	Free	3/3/2023 AD Silver Short Course Championships	
3:05.35	Y	F	200	Free	3/3/2023 AD Silver Short Course Championships	
1:40.18	Y	F	100	Back	2/12/2023 Piranha's Pentathlon	
3:41.39	Y	F	200	Back	3/3/2023 AD Silver Short Course Championships	
1:44.33	Y	F	100	Breast	3/3/2023 AD Silver Short Course Championships	
3:44.25	Y	F	200	Breast	3/3/2023 AD Silver Short Course Championships	
1:52.88	Y	F	100	Fly	2/12/2023 Piranha's Pentathlon	
3:24.75	Y	F	200	IM	3/3/2023 AD Silver Short Course Championships	
<b>Cadhla Weil (14) F</b>						
28.26	Y	BB	F	50	Free	3/9/2023 Adirondack Gold Short Course Championships
1:02.72	Y	BB	P	100	Free	3/9/2023 Adirondack Gold Short Course Championships
2:19.95	Y	BB	F	200	Free	3/9/2023 Adirondack Gold Short Course Championships
6:24.99	Y	B	F	500	Free	1/14/2023 Chris Goody IMX Challenge
30.64	Y	F	F	50	Back	3/9/2023 Adirondack Gold Short Course Championships
1:07.47	Y	BB	F	100	Back	3/9/2023 Adirondack Gold Short Course Championships
1:29.45	Y	F	F	100	Breast	1/14/2023 Chris Goody IMX Challenge
30.00	Y	P	F	50	Fly	3/9/2023 Adirondack Gold Short Course Championships
1:10.89	Y	BB	F	100	Fly	3/9/2023 Adirondack Gold Short Course Championships
1:14.48	Y	F	F	100	IM	10/22/2022 Trick or Treat Meet
2:35.93	Y	BB	F	200	IM	3/9/2023 Adirondack Gold Short Course Championships
<b>Addison Welch (11) F</b>						
33.77	Y	F	F	50	Free	3/9/2023 Adirondack Gold Short Course Championships
39.01	L	F	F	50	Free	7/7/2023 Hawks Summer Invitational 2023
1:37.45	L	F	F	100	Free	7/7/2023 Hawks Summer Invitational 2023
49.22	L	F	F	50	Back	7/7/2023 Hawks Summer Invitational 2023
1:41.21	Y	F	F	100	Back	3/3/2023 AD Silver Short Course Championships
44.76	Y	F	F	50	Breast	10/29/2022 Starfish Fall Spooktacular
1:49.31	Y	F	F	100	Breast	3/3/2023 AD Silver Short Course Championships
54.93	Y	F	F	50	Fly	3/3/2023 AD Silver Short Course Championships
1:03.32	L	F	F	50	Fly	7/7/2023 Hawks Summer Invitational 2023
<b>Madeleine Welch (14) F</b>						
33.81	Y	F	F	50	Free	11/12/2022 Fall frenzy
1:15.11	Y	F	F	100	Free	1/14/2023 2023 PTAC Tiger Invitational
1:25.04	S	F	F	100	Free	5/21/2023 2023 Starfish Meter Madness
2:50.52	Y	F	F	200	Free	11/12/2022 Fall frenzy
38.86	Y	L	F	50	Back	1/14/2023 2023 PTAC Tiger Invitational
1:26.60	Y	F	F	100	Back	1/14/2023 2023 PTAC Tiger Invitational
1:34.27	S	F	F	100	Back	5/21/2023 2023 Starfish Meter Madness
1:32.63	Y	F	F	100	Breast	1/14/2023 2023 PTAC Tiger Invitational
1:45.68	S	F	F	100	Breast	5/21/2023 2023 Starfish Meter Madness
3:18.60	Y	F	F	200	Breast	3/3/2023 AD Silver Short Course Championships
1:32.15	Y	F	F	100	IM	10/22/2022 Trick or Treat Meet
1:38.14	S	F	F	100	IM	5/21/2023 2023 Starfish Meter Madness
3:03.84	Y	F	F	200	IM	1/14/2023 2023 PTAC Tiger Invitational
<b>Patrick Welch (13) M</b>						
37.12	Y	P	F	50	Free	1/6/2023 2023 Starfish Trophy Invitational
1:24.02	Y	F	F	100	Free	3/3/2023 AD Silver Short Course Championships
1:35.10	S	F	F	100	Free	5/21/2023 2023 Starfish Meter Madness
51.71	Y	P	F	50	Back	1/6/2023 2023 Starfish Trophy Invitational
1:41.77	Y	F	F	100	Back	1/14/2023 2023 PTAC Tiger Invitational
1:44.84	S	F	F	100	Back	5/21/2023 2023 Starfish Meter Madness

CPP-AD

CPP-AD

SCHE-AD

HAWK-AD

ALBS-AD

ALBS-AD

### Individual Top Times

Time	P/F/S	Event				
<b>Patrick Welch (13) M</b>						
52.85	Y	F	50	Breast	3/3/2023	AD Silver Short Course Championships
1:51.32	Y	F	100	Breast	3/3/2023	AD Silver Short Course Championships
2:01.24	S	F	100	Breast	5/21/2023	2023 Starfish Meter Madness
1:51.57	S	F	100	IM	5/21/2023	2023 Starfish Meter Madness
<b>Scarlett Welch (8) F</b>						
41.28	Y	F	25	Free	10/22/2022	Trick or Treat Meet
<b>Olivia Wells (12) F</b>						
46.74	Y	F	50	Free	10/22/2022	Trick or Treat Meet
1:36.61	Y	F	100	Free	12/11/2022	Sharks 12 & Under Mini Meet
54.01	Y	F	50	Back	12/11/2022	Sharks 12 & Under Mini Meet
2:06.94	Y	F	100	IM	12/11/2022	Sharks 12 & Under Mini Meet
<b>Maura Welsh (11) F</b>						
44.93	Y	F	50	Free	1/6/2023	2023 Starfish Trophy Invitational
1:40.59	Y	F	100	Free	1/6/2023	2023 Starfish Trophy Invitational
56.49	Y	F	50	Back	3/3/2023	AD Silver Short Course Championships
<b>Kiernan Wendling (14) M (Yr: 7)</b>						
34.87	Y	F	50	Free	1/7/2023	Schenectady Invitational
1:19.95	Y	F	100	Free	1/7/2023	Schenectady Invitational
47.68	Y	F	50	Back	10/29/2022	Starfish Fall Spooktacular
50.19	Y	F	50	Fly	10/29/2022	Starfish Fall Spooktacular
1:42.06	Y	F	100	IM	10/29/2022	Starfish Fall Spooktacular
<b>Gabriel Wettig (17) M</b>						
23.85	Y	A	50	Free	3/9/2023	Adirondack Gold Short Course Championships
27.97	L	BB	50	Free	6/10/2023	2023 MR LIAC Summertime Classic Invitational
51.04	Y	A	100	Free	3/9/2023	Adirondack Gold Short Course Championships
1:00.85	L	BB	100	Free	6/10/2023	2023 MR LIAC Summertime Classic Invitational
1:48.80	Y	AA	200	Free	2/16/2023	Boys Section 2 Division 1 Championships
2:13.91	L	BB	200	Free	6/10/2023	2023 MR LIAC Summertime Classic Invitational
4:53.28	Y	AA	500	Free	3/9/2023	Adirondack Gold Short Course Championships
10:24.05	Y	AA	1000	Free	11/12/2021	2021 NE ABF November Trials Final Meet
19:19.61	L	BB	1500	Free	6/10/2023	2023 MR LIAC Summertime Classic Invitational
17:02.57	Y	AA	1650	Free	3/9/2023	Adirondack Gold Short Course Championships
30.47	Y L	F	50	Back	10/22/2022	Trick or Treat Meet
1:02.47	Y	B	100	Back	10/22/2022	Trick or Treat Meet
1:12.99	L	BB	100	Back	6/10/2023	2023 MR LIAC Summertime Classic Invitational
2:05.28	Y	BB	200	Back	3/9/2023	Adirondack Gold Short Course Championships
2:37.00	L	BB	200	Back	6/10/2023	2023 MR LIAC Summertime Classic Invitational
2:35.68	Y	B	200	Breast	1/14/2023	Chris Goody IMX Challenge
56.61	Y	BB	100	Fly	3/9/2023	Adirondack Gold Short Course Championships
2:18.35	Y	B	200	Fly	1/14/2023	Chris Goody IMX Challenge
1:04.54	Y	F	100	IM	10/22/2022	Trick or Treat Meet
2:11.36	Y	BB	200	IM	2/4/2023	Delmar Dolphins Febuary Freeze
4:41.15	Y	BB	400	IM	1/14/2023	Chris Goody IMX Challenge
<b>Natalie Wey (18) F</b>						
27.50	Y	BB	50	Free	10/8/2022	Shenendehowa Girls Invitational
1:00.93	Y	BB	100	Free	3/3/2023	AD Silver Short Course Championships
32.60	Y L	F	50	Back	10/8/2022	Shenendehowa Girls Invitational
1:09.12	Y	B	100	Back	3/3/2023	AD Silver Short Course Championships
1:15.34	Y	BB	100	Breast	10/8/2022	Shenendehowa Girls Invitational
2:24.98	Y	BB	200	IM	11/3/2022	Girls Sec II Division I Championships
<b>Lilly Whitbeck (14) F</b>						
33.69	Y	F	50	Free	1/29/2023	Stingray Splash
1:15.97	Y	F	100	Free	1/29/2023	Stingray Splash
40.39	Y	F	50	Back	1/29/2023	Stingray Splash
46.04	Y	F	50	Breast	1/29/2023	Stingray Splash
<b>Fiona White (9) F</b>						

ALBS-AD

ALBS-AD

BFIN-AD

HAWK-AD

UN-AD

SCHE-AD

UN-AD

SARY-AD

BFIN-AD

### Individual Top Times

Time	P/F/S	Event				
<b>Fiona White (9) F</b>						
21.27	Y	F	25	Free	3/3/2023 AD Silver Short Course Championships	
46.43	Y	F	50	Free	2/4/2023 Delmar Dolphins Febuary Freeze	
1:43.00	Y	F	100	Free	3/3/2023 AD Silver Short Course Championships	
29.68	Y	F	25	Back	10/22/2022 Trick or Treat Meet	
59.75	Y	F	50	Back	2/4/2023 Delmar Dolphins Febuary Freeze	
27.75	Y	F	25	Breast	3/3/2023 AD Silver Short Course Championships	
1:02.82	Y	F	50	Breast	3/3/2023 AD Silver Short Course Championships	
1:06.59	Y	F	50	Fly	2/12/2023 Piranha's Pentathlon	
2:04.42	Y	F	100	IM	3/3/2023 AD Silver Short Course Championships	
<b>Kai White (13) M</b>						
44.84	Y	F	50	Free	12/11/2022 Sharks 12 & Under Mini Meet	
49.07	Y	F	50	Back	12/11/2022 Sharks 12 & Under Mini Meet	
<b>Nicole White (14) F</b>						
29.26	Y	BB	F	50	Free	11/12/2022 Greater Syracuse Invitational
33.60	L	BB	P	50	Free	7/20/2023 2023 Adirondack Long Course Championships
1:03.04	Y	BB	F	100	Free	11/12/2022 Greater Syracuse Invitational
1:14.87	L	B	P	100	Free	7/20/2023 2023 Adirondack Long Course Championships
2:18.09	Y	BB	F	200	Free	1/7/2023 Mexico Tiger Sharks January Meet
2:45.87	L	B	P	200	Free	7/20/2023 2023 Adirondack Long Course Championships
6:20.95	Y	B	F	500	Free	11/12/2022 Greater Syracuse Invitational
22:01.66	Y	B	F	1650	Free	1/7/2023 Mexico Tiger Sharks January Meet
30.06	Y	L	F	50	Back	12/3/2022 2022 North Country Invitational
1:10.32	Y	BB	F	100	Back	2/12/2023 Piranha's Pentathlon
1:25.82	L	B	F	100	Back	5/20/2023 2023 NI WEBS Niagara Super Circuit #1
2:32.94	Y	BB	F	200	Back	1/7/2023 Mexico Tiger Sharks January Meet
3:03.19	L	B	P	200	Back	7/20/2023 2023 Adirondack Long Course Championships
1:32.37	Y		F	100	Breast	2/12/2023 Piranha's Pentathlon
3:14.17	Y		F	200	Breast	12/18/2022 Piranha's December Distance Invite
1:25.03	Y		F	100	Fly	2/12/2023 Piranha's Pentathlon
2:44.96	Y	B	F	200	IM	12/18/2022 Piranha's December Distance Invite
6:10.98	Y		F	400	IM	11/12/2022 Greater Syracuse Invitational
<b>Charles Wiggin (10) M</b>						
53.17	Y		F	50	Free	1/29/2023 Stingray Splash
59.84	Y		F	50	Back	1/29/2023 Stingray Splash
<b>Francis Wiggin (10) M</b>						
54.42	Y		F	50	Free	1/29/2023 Stingray Splash
1:02.65	Y		F	50	Back	1/29/2023 Stingray Splash
1:06.82	Y		F	50	Breast	1/29/2023 Stingray Splash
2:07.79	Y		F	100	IM	1/29/2023 Stingray Splash
<b>Kinnley Wightman (14) F</b>						
1:01.74	Y	BB	F	100	Free	2/12/2023 Piranha's Pentathlon
1:15.79	Y	BB	S	100	Breast	3/9/2023 Adirondack Gold Short Course Championships
1:08.84	Y	BB	P	100	Fly	3/9/2023 Adirondack Gold Short Course Championships
2:34.80	Y	BB	F	200	IM	1/14/2023 Chris Goody IMX Challenge
<b>Lauren Wildey (12) F</b>						
45.70	Y		F	50	Free	1/29/2023 Stingray Splash
48.19	Y		F	50	Back	1/29/2023 Stingray Splash
57.81	Y		F	50	Breast	1/29/2023 Stingray Splash
<b>Juneau Wilford (15) M</b>						
30.26	Y		F	50	Free	6/11/2023 Piranhas Summer Kick-Off Meet
1:08.34	Y		F	100	Free	2/4/2023 Delmar Dolphins Febuary Freeze
2:34.31	Y		F	200	Free	11/12/2022 Fall frenzy
2:54.22	L		F	200	Free	7/7/2023 Hawks Summer Invitational 2023
6:44.30	Y		F	500	Free	1/14/2023 Chris Goody IMX Challenge
1:21.77	Y		F	100	Back	2/4/2023 Delmar Dolphins Febuary Freeze
2:55.13	Y		F	200	Back	1/14/2023 Chris Goody IMX Challenge

**BFIN-AD**

**DELM-AD**

**NTS-AD**

**SARY-AD**

**SARY-AD**

**UN-AD**

**GRGF-AD**

**SCHE-AD**

### Individual Top Times

Time	P/F/S	Event				
<b>Juneau Wilford (15) M</b>						
3:25.89	L	F	200	Back	7/7/2023 Hawks Summer Invitational 2023	
1:29.94	Y	F	100	Breast	6/11/2023 Piranhas Summer Kick-Off Meet	
3:15.84	Y	F	200	Breast	1/14/2023 Chris Goody IMX Challenge	
3:48.94	L	F	200	Breast	7/7/2023 Hawks Summer Invitational 2023	
1:21.22	Y	F	100	Fly	2/4/2023 Delmar Dolphins Febuary Freeze	
1:31.78	L	F	100	Fly	7/7/2023 Hawks Summer Invitational 2023	
1:27.70	Y	F	100	IM	10/22/2022 Trick or Treat Meet	
2:40.75	Y	F	200	IM	6/11/2023 Piranhas Summer Kick-Off Meet	
6:08.11	Y	F	400	IM	1/14/2023 Chris Goody IMX Challenge	
<b>Victoria Wilkolek (11) F</b>						
44.75	Y	F	50	Free	11/12/2022 Fall frenzy	
51.63	Y	F	50	Back	11/12/2022 Fall frenzy	
<b>Matthew Wilkosz (17) M</b>						
24.69	Y	BB	P	50	Free	3/9/2023 Adirondack Gold Short Course Championships
28.46	L	BB	P	50	Free	7/20/2023 2023 Adirondack Long Course Championships
52.64	Y	BB	P	100	Free	3/9/2023 Adirondack Gold Short Course Championships
1:00.44	S	BB	F	100	Free	5/21/2023 2023 Starfish Meter Madness
1:00.93	L	BB	P	100	Free	7/20/2023 2023 Adirondack Long Course Championships
1:55.87	Y	BB	P	200	Free	2/17/2023 2023 Region 1 Short Course Invitational
2:17.32	L	BB	P	200	Free	7/20/2023 2023 Adirondack Long Course Championships
5:27.70	Y	BB	F	500	Free	1/22/2023 Mile Madness
1:07.66	Y		P	100	Back	12/1/2022 2022 STAR Short Course Invitational
1:15.21	L	B	F	100	Back	7/1/2023 Niagara LSC LC Super Circuit Meet
1:27.52	L	B	F	100	Breast	7/1/2023 Niagara LSC LC Super Circuit Meet
2:38.66	Y	B	F	200	Breast	1/22/2023 Mile Madness
58.04	Y	BB	P	100	Fly	3/9/2023 Adirondack Gold Short Course Championships
1:06.42	S	BB	F	100	Fly	5/21/2023 2023 Starfish Meter Madness
1:07.04	L	BB	P	100	Fly	7/20/2023 2023 Adirondack Long Course Championships
2:11.31	Y	BB	F	200	Fly	3/9/2023 Adirondack Gold Short Course Championships
2:19.30	Y	B	F	200	IM	11/12/2022 Fall frenzy
2:37.22	L	BB	P	200	IM	7/20/2023 2023 Adirondack Long Course Championships
<b>Kenneth Willcox (10) M</b>						
37.65	Y	B	F	50	Free	1/14/2023 Canajoharie Developmental Meet
42.05	L	B	F	50	Free	7/20/2023 2023 Adirondack Long Course Championships
1:28.28	Y		F	100	Free	1/14/2023 Canajoharie Developmental Meet
1:43.06	L		F	100	Free	7/7/2023 Hawks Summer Invitational 2023
3:47.47	L		F	200	Free	7/7/2023 Hawks Summer Invitational 2023
44.38	Y	B	F	50	Back	3/3/2023 AD Silver Short Course Championships
1:45.12	L	B	F	100	Back	7/20/2023 2023 Adirondack Long Course Championships
54.32	Y		F	50	Breast	1/14/2023 Canajoharie Developmental Meet
56.20	L	B	F	50	Breast	7/20/2023 2023 Adirondack Long Course Championships
2:12.32	L		F	100	Breast	7/7/2023 Hawks Summer Invitational 2023
4:04.64	L	B	F	200	IM	7/7/2023 Hawks Summer Invitational 2023
<b>Aidan Williams (12) M</b>						
54.93	Y		F	50	Free	11/12/2022 Fall frenzy
2:07.04	Y		F	100	Free	10/22/2022 Trick or Treat Meet
1:01.31	Y		F	50	Back	11/12/2022 Fall frenzy
56.87	Y		F	50	Breast	2/4/2023 Delmar Dolphins Febuary Freeze
2:10.96	Y		F	100	IM	11/12/2022 Fall frenzy
<b>Cleo Williams (8) F</b>						
42.07	Y		F	25	Free	11/19/2022 CVSL Tri Meet
40.42	Y		F	25	Back	11/5/2022 First Splash
<b>Isabella Williams (14) F</b>						
32.25	Y	B	F	50	Free	1/14/2023 2023 PTAC Tiger Invitational
1:12.22	Y		F	100	Free	1/14/2023 2023 PTAC Tiger Invitational
2:39.94	Y		F	200	Free	3/3/2023 AD Silver Short Course Championships

SCHE-AD

GRGF-AD

CLIN-AD

SCHE-AD

SCHE-AD

CLRK-AD

ALBS-AD

### Individual Top Times

Time	P/F/S	Event			
<b>Isabella Williams (14) F</b>					
1:24.86	Y	P	100 Back	1/6/2023	2023 Starfish Trophy Invitational
2:57.27	Y	F	200 Back	3/3/2023	AD Silver Short Course Championships
45.69	Y	F	50 Breast	1/14/2023	2023 PTAC Tiger Invitational
1:35.82	Y	F	100 Breast	1/14/2023	2023 PTAC Tiger Invitational
40.87	Y	F	50 Fly	1/14/2023	2023 PTAC Tiger Invitational
1:24.12	Y	F	100 IM	1/14/2023	2023 PTAC Tiger Invitational
2:59.46	Y	F	200 IM	3/3/2023	AD Silver Short Course Championships
<b>Tyler Williams (10) M</b>					
36.31	Y L	F	25 Free	1/6/2023	2023 Starfish Trophy Invitational
36.99	Y B	F	50 Free	1/14/2023	2023 PTAC Tiger Invitational
1:24.11	Y B	F	100 Free	1/14/2023	2023 PTAC Tiger Invitational
1:41.72	L	F	100 Free	7/20/2023	2023 Adirondack Long Course Championships
3:12.20	Y	F	200 Free	1/6/2023	2023 Starfish Trophy Invitational
3:33.06	L B	F	200 Free	7/20/2023	2023 Adirondack Long Course Championships
42.57	Y B	F	50 Back	1/6/2023	2023 Starfish Trophy Invitational
49.12	L BB	F	50 Back	7/20/2023	2023 Adirondack Long Course Championships
1:34.00	Y B	F	100 Back	1/6/2023	2023 Starfish Trophy Invitational
1:53.31	L B	F	100 Back	7/7/2023	Hawks Summer Invitational 2023
3:32.36	Y	F	200 Back	12/18/2022	Piranha's December Distance Invite
51.23	Y B	F	50 Breast	1/14/2023	2023 PTAC Tiger Invitational
1:02.72	L	F	50 Breast	7/7/2023	Hawks Summer Invitational 2023
2:07.26	L B	F	100 Breast	7/7/2023	Hawks Summer Invitational 2023
4:17.70	Y	F	200 Breast	12/18/2022	Piranha's December Distance Invite
49.88	Y	F	50 Fly	1/14/2023	2023 PTAC Tiger Invitational
52.52	L	F	50 Fly	7/7/2023	Hawks Summer Invitational 2023
1:44.00	Y	F	100 IM	11/12/2022	Fall frenzy
<b>Abigail Wilson (15) F</b>					
29.78	Y B	F	50 Free	3/3/2023	AD Silver Short Course Championships
34.22	L B	F	50 Free	6/24/2023	2023 NE NSSC June Springfield
1:05.99	Y B	F	100 Free	2/4/2023	Delmar Dolphins Febuary Freeze
1:14.09	L B	F	100 Free	6/24/2023	2023 NE NSSC June Springfield
6:24.23	Y B	F	500 Free	1/29/2023	Stingray Splash
1:25.78	Y B	F	100 Breast	3/3/2023	AD Silver Short Course Championships
1:37.44	L B	F	100 Breast	6/24/2023	2023 NE NSSC June Springfield
3:07.52	Y	F	200 Breast	12/18/2022	Piranha's December Distance Invite
38.15	L	F	50 Fly	6/24/2023	2023 NE NSSC June Springfield
1:16.99	Y	F	100 Fly	10/8/2022	Shenendehowa Girls Invitational
1:26.00	L	F	100 Fly	7/7/2023	Hawks Summer Invitational 2023
2:42.50	Y B	F	200 IM	12/18/2022	Piranha's December Distance Invite
3:04.69	L B	F	200 IM	6/24/2023	2023 NE NSSC June Springfield
<b>Keira Winchell (15) F</b>					
39.33	Y	F	50 Free	3/3/2023	AD Silver Short Course Championships
1:56.74	Y	F	100 Free	1/14/2023	Canajoharie Developmental Meet
5:18.91	Y	F	200 Free	11/12/2022	Fall frenzy
2:14.58	Y	F	100 Back	2/4/2023	Delmar Dolphins Febuary Freeze
5:26.24	Y	F	200 Back	11/12/2022	Fall frenzy
2:17.56	Y	F	100 Breast	2/4/2023	Delmar Dolphins Febuary Freeze
<b>Juliana Windelspecht (12) F</b>					
34.02	Y	F	50 Free	6/11/2023	Piranhas Summer Kick-Off Meet
1:15.95	Y	F	100 Free	1/29/2023	Stingray Splash
1:25.82	L	F	100 Free	6/24/2023	2023 NE NSSC June Springfield
44.78	Y	F	50 Back	12/11/2022	Sharks 12 & Under Mini Meet
53.62	L	F	50 Back	6/24/2023	2023 NE NSSC June Springfield
50.49	Y	F	50 Breast	12/11/2022	Sharks 12 & Under Mini Meet
45.84	Y	F	50 Fly	12/11/2022	Sharks 12 & Under Mini Meet
57.45	L	F	50 Fly	6/24/2023	2023 NE NSSC June Springfield

ALBS-AD

ALBS-AD

SARY-AD

SCHE-AD

SARY-AD

### Individual Top Times

Time	P/F/S	Event				
<b>Juliana Windelspecht (12) F</b>						
1:31.98	Y	F	100	IM	6/11/2023	Piranhas Summer Kick-Off Meet
3:52.90	L	F	200	IM	6/24/2023	2023 NE NSSC June Springfield
<b>Ellen Winne (18) F</b>						
27.43	Y	BB	P	50	Free	3/9/2023 Adirondack Gold Short Course Championships
31.62	L	BB	P	50	Free	7/20/2023 2023 Adirondack Long Course Championships
59.08	Y	BB	F	100	Free	10/8/2022 Shenendehowa Girls Invitational
1:09.67	L	BB	P	100	Free	7/20/2023 2023 Adirondack Long Course Championships
1:12.50	S	B	F	100	Free	5/21/2023 2023 Starfish Meter Madness
2:08.70	Y	BB	P	200	Free	11/3/2022 Girls Sec II Division I Championships
2:34.15	L	BB	P	200	Free	7/20/2023 2023 Adirondack Long Course Championships
5:22.61	L	BB	F	400	Free	7/20/2023 2023 Adirondack Long Course Championships
5:33.35	Y	A	F	500	Free	11/3/2022 Girls Sec II Division I Championships
12:20.27	Y	BB	F	1000	Free	1/14/2023 2023 PTAC Tiger Invitational
21:27.46	L	BB	F	1500	Free	7/7/2023 Hawks Summer Invitational 2023
20:47.04	Y	BB	F	1650	Free	12/18/2022 Piranha's December Distance Invite
34.27	Y	F	F	50	Back	1/14/2023 2023 PTAC Tiger Invitational
1:07.78	Y	BB	P	100	Back	3/9/2023 Adirondack Gold Short Course Championships
1:20.86	S	B	F	100	Back	5/21/2023 2023 Starfish Meter Madness
1:21.25	L	B	F	100	Back	7/7/2023 Hawks Summer Invitational 2023
2:28.85	Y	B	P	200	Back	3/9/2023 Adirondack Gold Short Course Championships
2:50.42	L	BB	P	200	Back	7/20/2023 2023 Adirondack Long Course Championships
1:41.92	S	F	F	100	Breast	5/21/2023 2023 Starfish Meter Madness
2:53.51	Y	B	F	200	Breast	12/18/2022 Piranha's December Distance Invite
32.32	Y	F	F	50	Fly	1/14/2023 2023 PTAC Tiger Invitational
1:08.35	Y	B	P	100	Fly	3/9/2023 Adirondack Gold Short Course Championships
1:19.38	L	B	P	100	Fly	7/20/2023 2023 Adirondack Long Course Championships
1:22.81	S	F	F	100	Fly	5/21/2023 2023 Starfish Meter Madness
2:31.77	Y	BB	F	200	Fly	12/18/2022 Piranha's December Distance Invite
2:56.56	L	B	P	200	Fly	7/20/2023 2023 Adirondack Long Course Championships
1:28.19	S	F	F	100	IM	5/21/2023 2023 Starfish Meter Madness
2:34.98	Y	B	F	200	IM	2/4/2023 Delmar Dolphins Febuary Freeze
5:24.25	Y	BB	F	400	IM	1/14/2023 2023 PTAC Tiger Invitational
<b>Robert Winrow (14) M</b>						
30.05	Y	F	F	50	Free	10/29/2022 Starfish Fall Spooktacular
1:07.23	Y	F	F	100	Free	10/29/2022 Starfish Fall Spooktacular
1:16.19	Y	F	F	100	Back	10/29/2022 Starfish Fall Spooktacular
2:55.44	Y	F	F	200	IM	10/29/2022 Starfish Fall Spooktacular
<b>Ava Winters (9) F</b>						
37.33	Y	F	F	25	Free	12/3/2022 2022 North Country Invitational
1:11.93	Y	F	F	50	Free	12/3/2022 2022 North Country Invitational
30.05	Y	F	F	25	Back	12/3/2022 2022 North Country Invitational
1:20.08	Y	F	F	50	Back	12/3/2022 2022 North Country Invitational
<b>Liam Witting (16) M</b>						
21.93	Y	AAA	F	50	Free	2/16/2023 Boys Section 2 Division 1 Championships
26.18	L	AA	F	50	Free	6/24/2023 2023 NE NSSC June Springfield
48.27	Y	AAA	F	100	Free	3/9/2023 Adirondack Gold Short Course Championships
56.85	L	AA	P	100	Free	8/3/2023 LC Senior Zone Championship
1:47.97	Y	AA	F	200	Free	3/9/2023 Adirondack Gold Short Course Championships
2:05.55	L	AA	P	200	Free	8/3/2023 LC Senior Zone Championship
5:28.25	Y	BB	F	500	Free	11/12/2022 Fall frenzy
27.86	Y	L	F	50	Back	1/6/2023 2023 Starfish Trophy Invitational
33.87	L	F	F	50	Back	5/5/2023 2023 NE CRIMSON May Madness
56.54	Y	A	P	100	Back	3/9/2023 Adirondack Gold Short Course Championships
1:05.27	L	AA	P	100	Back	8/3/2023 LC Senior Zone Championship
2:14.47	Y	BB	F	200	Back	12/18/2022 Piranha's December Distance Invite
2:36.68	L	BB	F	200	Back	7/7/2023 Hawks Summer Invitational 2023

SARY-AD

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### Individual Top Times

Time	P/F/S	Event	
<b>Liam Witting (16) M</b>			<b>DELM-AD</b>
1:16.39 Y B	F	100 Breast	10/22/2022 Trick or Treat Meet
1:04.64 Y	F	100 IM	10/22/2022 Trick or Treat Meet
2:15.55 Y BB	F	200 IM	12/18/2022 Piranha's December Distance Invite
<b>Matthew Wojcik (13) M</b>			<b>DELM-AD</b>
49.64 Y	F	50 Free	2/4/2023 Delmar Dolphins Febuary Freeze
1:40.43 Y	F	100 Free	6/11/2023 Piranhas Summer Kick-Off Meet
1:48.90 L	F	100 Free	5/20/2023 2023 NE NSSC May Springfield
47.70 Y	F	50 Back	6/11/2023 Piranhas Summer Kick-Off Meet
53.84 L	F	50 Back	5/20/2023 2023 NE NSSC May Springfield
<b>Macy Wolfort (14) F</b>			<b>UN-AD</b>
33.35 Y	F	50 Free	10/8/2022 Shenendehowa Girls Invitational
1:16.50 Y	F	100 Free	2/4/2023 Delmar Dolphins Febuary Freeze
1:27.97 S	F	100 Free	5/21/2023 2023 Starfish Meter Madness
2:53.58 Y	P	200 Free	1/6/2023 2023 Starfish Trophy Invitational
1:32.88 Y	F	100 Back	3/3/2023 AD Silver Short Course Championships
1:24.91 Y B	F	100 Breast	3/3/2023 AD Silver Short Course Championships
1:40.13 S	F	100 Breast	5/21/2023 2023 Starfish Meter Madness
3:06.34 Y B	F	200 Breast	3/3/2023 AD Silver Short Course Championships
1:30.23 Y	F	100 Fly	3/3/2023 AD Silver Short Course Championships
1:25.41 Y	P	100 IM	12/9/2022 CNY Invite
1:37.03 S	F	100 IM	5/21/2023 2023 Starfish Meter Madness
2:57.83 Y	F	200 IM	11/12/2022 Fall frenzy
<b>Madison Wolfort (14) F</b>			<b>ALBS-AD</b>
25.77 Y AA	F	50 Free	1/6/2023 2023 Starfish Trophy Invitational
29.09 L AAA	F	50 Free	7/20/2023 2023 Adirondack Long Course Championships
56.56 Y AA	F	100 Free	3/9/2023 Adirondack Gold Short Course Championships
1:06.44 S A	F	100 Free	5/21/2023 2023 Starfish Meter Madness
1:07.16 L A	P	100 Free	7/20/2023 2023 Adirondack Long Course Championships
2:07.67 Y A	P	200 Free	3/9/2023 Adirondack Gold Short Course Championships
5:15.92 L BB	F	400 Free	7/20/2023 2023 Adirondack Long Course Championships
5:56.06 Y BB	F	500 Free	3/3/2023 AD Silver Short Course Championships
1:09.12 Y BB	P	100 Back	3/9/2023 Adirondack Gold Short Course Championships
1:20.03 S B	F	100 Back	5/21/2023 2023 Starfish Meter Madness
1:21.00 L BB	P	100 Back	7/20/2023 2023 Adirondack Long Course Championships
1:18.56 Y BB	F	100 Breast	2/4/2023 Delmar Dolphins Febuary Freeze
1:29.43 S BB	F	100 Breast	5/21/2023 2023 Starfish Meter Madness
1:30.60 L BB	P	100 Breast	7/20/2023 2023 Adirondack Long Course Championships
2:55.02 Y BB	P	200 Breast	3/9/2023 Adirondack Gold Short Course Championships
1:04.86 Y A	P	100 Fly	3/9/2023 Adirondack Gold Short Course Championships
1:14.84 S BB	F	100 Fly	5/21/2023 2023 Starfish Meter Madness
1:09.71 Y	P	100 IM	12/9/2022 CNY Invite
1:17.83 S	F	100 IM	5/21/2023 2023 Starfish Meter Madness
2:27.25 Y BB	F	200 IM	3/9/2023 Adirondack Gold Short Course Championships
2:55.25 L BB	P	200 IM	7/20/2023 2023 Adirondack Long Course Championships
<b>Caison Wolk (13) M</b>			<b>ALBS-AD</b>
30.22 Y	P	50 Free	3/9/2023 Adirondack Gold Short Course Championships
32.64 L B	F	50 Free	7/20/2023 2023 Adirondack Long Course Championships
1:05.83 Y	F	100 Free	3/9/2023 Adirondack Gold Short Course Championships
1:11.27 L B	F	100 Free	7/20/2023 2023 Adirondack Long Course Championships
1:17.99 S	F	100 Free	5/21/2023 2023 Starfish Meter Madness
2:27.49 Y	F	200 Free	12/17/2022 Shen Boys Holiday Invite
2:36.97 L B	F	200 Free	7/20/2023 2023 Adirondack Long Course Championships
6:14.90 Y B	F	500 Free	3/9/2023 Adirondack Gold Short Course Championships
35.10 Y	F	50 Back	3/9/2023 Adirondack Gold Short Course Championships
41.20 L	F	50 Back	7/20/2023 2023 Adirondack Long Course Championships
1:17.79 Y	P	100 Back	1/6/2023 2023 Starfish Trophy Invitational

### Individual Top Times

Time	P/F/S	Event			ALBS-AD
<b>Caison Wolk (13) M</b>					<b>ALBS-AD</b>
1:26.83	S F	100 Back	5/21/2023	2023 Starfish Meter Madness	
1:27.17	L F	100 Back	7/20/2023	2023 Adirondack Long Course Championships	
2:42.36	Y F	200 Back	3/3/2023	AD Silver Short Course Championships	
3:08.78	L F	200 Back	7/20/2023	2023 Adirondack Long Course Championships	
43.99	Y F	50 Breast	3/3/2023	AD Silver Short Course Championships	
48.39	L F	50 Breast	7/7/2023	Hawks Summer Invitational 2023	
1:34.76	Y F	100 Breast	3/3/2023	AD Silver Short Course Championships	
1:52.34	S F	100 Breast	5/21/2023	2023 Starfish Meter Madness	
1:56.02	L F	100 Breast	7/7/2023	Hawks Summer Invitational 2023	
35.94	Y P	50 Fly	3/9/2023	Adirondack Gold Short Course Championships	
40.67	L F	50 Fly	7/20/2023	2023 Adirondack Long Course Championships	
1:23.18	Y F	100 Fly	3/3/2023	AD Silver Short Course Championships	
1:37.23	S F	100 Fly	5/21/2023	2023 Starfish Meter Madness	
1:37.44	L F	100 Fly	7/20/2023	2023 Adirondack Long Course Championships	
1:18.49	Y F	100 IM	3/3/2023	AD Silver Short Course Championships	
1:36.22	S F	100 IM	5/21/2023	2023 Starfish Meter Madness	
3:16.49	L F	200 IM	7/7/2023	Hawks Summer Invitational 2023	
<b>William Wong (10) M</b>					<b>CPP-AD</b>
20.37	Y F	25 Free	11/12/2022	Fall frenzy	
43.53	Y F	50 Free	3/3/2023	AD Silver Short Course Championships	
47.34	S F	50 Free	5/21/2023	2023 Starfish Meter Madness	
1:36.34	Y F	100 Free	3/3/2023	AD Silver Short Course Championships	
26.88	Y F	25 Back	11/12/2022	Fall frenzy	
50.27	Y F	50 Back	6/11/2023	Piranhas Summer Kick-Off Meet	
33.95	Y F	25 Breast	10/22/2022	Trick or Treat Meet	
59.47	Y F	50 Breast	3/3/2023	AD Silver Short Course Championships	
1:03.73	S F	50 Breast	5/21/2023	2023 Starfish Meter Madness	
30.85	Y F	25 Fly	11/12/2022	Fall frenzy	
59.87	Y F	50 Fly	2/12/2023	Piranha's Pentathlon	
1:05.54	S F	50 Fly	5/21/2023	2023 Starfish Meter Madness	
2:01.96	Y F	100 IM	2/12/2023	Piranha's Pentathlon	
<b>Jongsoo Woo (12) M</b>					<b>DELM-AD</b>
34.52	Y F	50 Free	10/22/2022	Trick or Treat Meet	
45.71	Y F	50 Back	10/22/2022	Trick or Treat Meet	
1:33.76	Y F	100 Back	11/12/2022	Fall frenzy	
55.74	Y F	50 Breast	10/22/2022	Trick or Treat Meet	
1:35.75	Y F	100 IM	11/12/2022	Fall frenzy	
<b>Avery Wood (9) F</b>					<b>TBS-AD</b>
24.47	Y F	25 Free	11/12/2022	Greater Syracuse Invitational	
59.45	Y F	50 Free	10/23/2022	2022 Swimtober	
26.48	Y F	25 Back	12/3/2022	2022 North Country Invitational	
43.58	Y F	25 Breast	10/23/2022	2022 Swimtober	
<b>Collin Wood (8) M</b>					<b>CPP-AD</b>
29.88	Y F	25 Free	1/29/2023	Stingray Splash	
32.47	S F	25 Free	5/21/2023	2023 Starfish Meter Madness	
1:08.08	Y F	50 Free	2/12/2023	Piranha's Pentathlon	
2:15.23	Y F	100 Free	6/11/2023	Piranhas Summer Kick-Off Meet	
26.68	Y F	25 Back	3/3/2023	AD Silver Short Course Championships	
30.70	S F	25 Back	5/21/2023	2023 Starfish Meter Madness	
59.53	Y F	50 Back	6/11/2023	Piranhas Summer Kick-Off Meet	
<b>Jacqueline Wood (11) F</b>					<b>DELM-AD</b>
42.87	Y F	50 Free	2/4/2023	Delmar Dolphins Febuary Freeze	
1:47.28	Y F	100 Free	11/12/2022	Fall frenzy	
59.51	Y F	50 Back	11/12/2022	Fall frenzy	
1:01.30	Y F	50 Breast	2/4/2023	Delmar Dolphins Febuary Freeze	
1:04.62	Y F	50 Fly	2/4/2023	Delmar Dolphins Febuary Freeze	

### Individual Top Times

Time	P/F/S	Event				
<b>Madeleine Wood (19) F</b>						
24.80	Y	P	50	Free	11/3/2022	Girls Sec II Division I Championships
54.53	Y	P	100	Free	11/3/2022	Girls Sec II Division I Championships
<b>Ryan Wood (14) M</b>						
33.61	Y	F	50	Free	6/11/2023	Piranhas Summer Kick-Off Meet
1:14.90	Y	F	100	Free	3/3/2023	AD Silver Short Course Championships
2:42.30	Y	F	200	Free	3/3/2023	AD Silver Short Course Championships
3:11.42	L	F	200	Free	7/7/2023	Hawks Summer Invitational 2023
42.84	Y	F	50	Back	10/22/2022	Trick or Treat Meet
1:26.99	Y	F	100	Back	6/11/2023	Piranhas Summer Kick-Off Meet
2:59.18	Y	F	200	Back	12/18/2022	Piranha's December Distance Invite
3:39.96	L	F	200	Back	7/7/2023	Hawks Summer Invitational 2023
48.01	Y	P	50	Breast	1/6/2023	2023 Starfish Trophy Invitational
1:44.50	Y	F	100	Breast	3/3/2023	AD Silver Short Course Championships
3:44.89	Y	F	200	Breast	12/18/2022	Piranha's December Distance Invite
1:37.52	Y	F	100	Fly	6/11/2023	Piranhas Summer Kick-Off Meet
2:01.79	L	F	100	Fly	7/7/2023	Hawks Summer Invitational 2023
1:31.43	Y	F	100	IM	11/12/2022	Fall frenzy
3:08.24	Y	F	200	IM	3/3/2023	AD Silver Short Course Championships
<b>Demetri Woody (9) M</b>						
19.94	Y	F	25	Free	10/22/2022	Trick or Treat Meet
48.34	Y	F	50	Free	10/22/2022	Trick or Treat Meet
25.27	Y	F	25	Back	10/22/2022	Trick or Treat Meet
<b>Hannah Worthley (16) F</b>						
29.44	Y	BB	50	Free	3/3/2023	AD Silver Short Course Championships
1:05.39	Y	B	100	Free	12/3/2022	2022 North Country Invitational
2:17.25	Y	BB	200	Free	3/3/2023	AD Silver Short Course Championships
6:11.95	Y	BB	500	Free	11/6/2022	2022 SECTION 10 GIRLS SWIMMING CHAMPIONSHIP
1:13.40	Y	B	100	Back	3/3/2023	AD Silver Short Course Championships
2:43.25	Y	F	200	Back	12/3/2022	2022 North Country Invitational
1:27.28	Y	F	100	Breast	3/3/2023	AD Silver Short Course Championships
3:13.06	Y	F	200	Breast	12/3/2022	2022 North Country Invitational
1:22.76	Y	F	100	Fly	12/3/2022	2022 North Country Invitational
3:00.09	Y	F	200	Fly	12/3/2022	2022 North Country Invitational
2:38.74	Y	B	200	IM	11/6/2022	2022 SECTION 10 GIRLS SWIMMING CHAMPIONSHIP
<b>Emma Woytowich (14) F</b>						
29.81	Y	BB	50	Free	1/29/2023	Stingray Splash
5:53.71	Y	BB	500	Free	11/3/2022	Girls Sec II Division I Championships
1:09.33	Y	BB	100	Fly	10/8/2022	Shenendehowa Girls Invitational
2:26.38	Y	BB	200	IM	11/3/2022	Girls Sec II Division I Championships
<b>Isabella Woytowich (19) F</b>						
1:19.86	Y	P	100	Breast	11/3/2022	Girls Sec II Division I Championships
1:07.91	Y	P	100	Fly	11/3/2022	Girls Sec II Division I Championships
<b>Sarah Woytowich (17) F</b>						
27.93	Y	BB	50	Free	11/3/2022	Girls Sec II Division I Championships
2:18.23	Y	B	200	Free	1/29/2023	Stingray Splash
1:16.76	Y	F	100	Back	1/29/2023	Stingray Splash
2:48.61	Y	F	200	IM	1/29/2023	Stingray Splash
<b>Amy Wu (11) F</b>						
1:01.79	Y	F	50	Free	11/12/2022	Fall frenzy
2:20.29	Y	F	100	Free	11/12/2022	Fall frenzy
58.80	Y	F	50	Back	11/12/2022	Fall frenzy
1:22.48	Y	F	50	Breast	11/12/2022	Fall frenzy
<b>Jonathan Wu (12) M</b>						
44.46	Y	F	50	Free	2/26/2023	CVSL Championships
1:40.49	Y	F	100	Free	11/5/2022	First Splash
53.62	Y	F	50	Back	11/5/2022	First Splash

UN-AD

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### Individual Top Times

Time	P/F/S	Event			
<b>Jonathan Wu (12) M</b>					
1:59.31	Y	F	100	Breast	2/26/2023 CVSL Championships
<b>Koby Wulfmeyer (18) M</b>					
22.80	Y	AA	F	50	Free 3/9/2023 Adirondack Gold Short Course Championships
27.65	L	A	F	50	Free 7/7/2023 Hawks Summer Invitational 2023
49.40	Y	AA	F	100	Free 3/9/2023 Adirondack Gold Short Course Championships
1:52.64	Y	A	P	200	Free 3/9/2023 Adirondack Gold Short Course Championships
1:05.54	Y	B	F	100	Back 10/22/2022 Trick or Treat Meet
1:04.01	Y	A	F	100	Breast 3/9/2023 Adirondack Gold Short Course Championships
2:22.79	Y	BB	F	200	Breast 3/9/2023 Adirondack Gold Short Course Championships
2:57.27	L	BB	F	200	Breast 7/7/2023 Hawks Summer Invitational 2023
1:17.85	L		F	100	Fly 7/7/2023 Hawks Summer Invitational 2023
1:03.12	Y		F	100	IM 10/22/2022 Trick or Treat Meet
2:11.76	Y	BB	P	200	IM 1/6/2023 2023 Starfish Trophy Invitational
<b>Sonja Wultsch-Fuller (14) F</b>					
27.87	Y L	A	F	50	Free 1/7/2023 Mexico Tiger Sharks January Meet
30.70	L	A	P	50	Free 7/20/2023 2023 Adirondack Long Course Championships
1:00.17	Y	A	P	100	Free 3/9/2023 Adirondack Gold Short Course Championships
1:05.17	L L	AA	F	100	Free 8/2/2023 2023 EZ LC Age Group Championship
2:14.78	Y	BB	F	200	Free 1/7/2023 Mexico Tiger Sharks January Meet
5:05.72	L	A	F	400	Free 7/20/2023 2023 Adirondack Long Course Championships
5:44.93	Y	A	F	500	Free 3/9/2023 Adirondack Gold Short Course Championships
10:30.40	L	A	F	800	Free 8/2/2023 2023 EZ LC Age Group Championship
19:50.68	L	A	F	1500	Free 8/2/2023 2023 EZ LC Age Group Championship
20:22.42	Y	BB	F	1650	Free 1/7/2023 Mexico Tiger Sharks January Meet
33.69	Y L		F	50	Back 12/3/2022 2022 North Country Invitational
1:05.24	Y	A	P	100	Back 3/9/2023 Adirondack Gold Short Course Championships
1:14.12	L L	A	F	100	Back 8/2/2023 2023 EZ LC Age Group Championship
2:21.21	Y	A	F	200	Back 3/9/2023 Adirondack Gold Short Course Championships
2:42.30	L	A	P	200	Back 8/2/2023 2023 EZ LC Age Group Championship
1:16.44	Y	BB	F	100	Breast 3/9/2023 Adirondack Gold Short Course Championships
1:32.96	L	BB	P	100	Breast 7/20/2023 2023 Adirondack Long Course Championships
2:56.22	Y	BB	F	200	Breast 12/3/2022 2022 North Country Invitational
3:09.94	L	BB	F	200	Breast 7/20/2023 2023 Adirondack Long Course Championships
1:08.52	Y	BB	P	100	Fly 3/9/2023 Adirondack Gold Short Course Championships
1:18.00	L	BB	P	100	Fly 7/20/2023 2023 Adirondack Long Course Championships
2:42.56	Y	B	F	200	Fly 12/3/2022 2022 North Country Invitational
2:48.72	L	BB	F	200	Fly 7/20/2023 2023 Adirondack Long Course Championships
1:11.87	Y		F	100	IM 2/12/2023 Piranha's Pentathlon
2:25.43	Y	A	F	200	IM 3/9/2023 Adirondack Gold Short Course Championships
2:47.24	L	A	P	200	IM 7/20/2023 2023 Adirondack Long Course Championships
5:30.24	Y	BB	F	400	IM 11/12/2022 Greater Syracuse Invitational
<b>William Xiao (12) M</b>					
36.73	Y		F	50	Free 2/4/2023 Delmar Dolphins Febuary Freeze
39.78	S		F	50	Free 5/21/2023 2023 Starfish Meter Madness
1:22.35	Y		F	100	Free 3/3/2023 AD Silver Short Course Championships
41.07	Y		F	50	Back 3/3/2023 AD Silver Short Course Championships
43.50	S		F	50	Back 5/21/2023 2023 Starfish Meter Madness
1:31.96	Y		F	100	Back 3/3/2023 AD Silver Short Course Championships
52.37	Y		F	50	Breast 3/3/2023 AD Silver Short Course Championships
54.10	S		F	50	Breast 5/21/2023 2023 Starfish Meter Madness
1:48.02	Y		F	100	Breast 3/3/2023 AD Silver Short Course Championships
44.05	Y		F	50	Fly 3/3/2023 AD Silver Short Course Championships
44.84	S		F	50	Fly 5/21/2023 2023 Starfish Meter Madness
1:26.61	Y		F	100	IM 3/3/2023 AD Silver Short Course Championships
1:40.96	S		F	100	IM 5/21/2023 2023 Starfish Meter Madness
3:47.93	Y		F	200	IM 12/18/2022 Piranha's December Distance Invite

IJSC-AD

HAWK-AD

NTS-AD

USAM-AD

**Jesse Xu (8) M**

CPP-AD

### Individual Top Times

Time	P/F/S	Event					
<b>Jesse Xu (8) M</b>							
32.72	Y	F	25	Free	1/29/2023	Stingray Splash	
1:11.89	Y	F	50	Free	12/11/2022	Sharks 12 & Under Mini Meet	
33.78	Y	F	25	Back	1/29/2023	Stingray Splash	
<b>William Xu (12) M</b>							
39.31	Y	F	50	Free	3/3/2023	AD Silver Short Course Championships	
1:25.89	Y	F	100	Free	1/6/2023	2023 Starfish Trophy Invitational	
3:10.24	Y	F	200	Free	1/6/2023	2023 Starfish Trophy Invitational	
46.45	Y	F	50	Back	6/11/2023	Piranhas Summer Kick-Off Meet	
1:01.97	Y	F	50	Breast	10/22/2022	Trick or Treat Meet	
52.51	Y	F	50	Fly	3/3/2023	AD Silver Short Course Championships	
<b>Shaanvi Yadav (11) F</b>							
1:05.50	S	F	50	Free	5/21/2023	2023 Starfish Meter Madness	
<b>Roxana Yafayeva (16) F</b>							
27.39	Y	BB	F	50	Free	1/6/2023	2023 Starfish Trophy Invitational
30.52	L	A	P	50	Free	7/20/2023	2023 Adirondack Long Course Championships
59.54	Y	BB	P	100	Free	11/3/2022	Girls Sec II Division I Championships
1:10.86	S	BB	F	100	Free	5/21/2023	2023 Starfish Meter Madness
2:11.07	Y	BB	P	200	Free	3/9/2023	Adirondack Gold Short Course Championships
2:46.15	L	B	F	200	Free	7/7/2023	Hawks Summer Invitational 2023
5:56.68	Y	BB	F	500	Free	3/3/2023	AD Silver Short Course Championships
21:37.17	Y	B	F	1650	Free	12/18/2022	Piranha's December Distance Invite
31.92	Y		F	50	Back	12/9/2022	CNY Invite
1:05.17	Y	BB	P	100	Back	3/9/2023	Adirondack Gold Short Course Championships
1:16.54	S	BB	F	100	Back	5/21/2023	2023 Starfish Meter Madness
1:18.65	L	BB	P	100	Back	7/20/2023	2023 Adirondack Long Course Championships
2:20.15	Y	BB	F	200	Back	1/6/2023	2023 Starfish Trophy Invitational
2:47.14	L	BB	P	200	Back	7/20/2023	2023 Adirondack Long Course Championships
1:20.13	Y	B	P	100	Breast	3/9/2023	Adirondack Gold Short Course Championships
1:36.40	S		F	100	Breast	5/21/2023	2023 Starfish Meter Madness
2:53.91	Y	B	F	200	Breast	3/3/2023	AD Silver Short Course Championships
3:31.20	L	B	F	200	Breast	7/7/2023	Hawks Summer Invitational 2023
1:08.52	Y	BB	F	100	Fly	3/3/2023	AD Silver Short Course Championships
1:21.07	S	B	F	100	Fly	5/21/2023	2023 Starfish Meter Madness
1:27.38	L		F	100	Fly	7/7/2023	Hawks Summer Invitational 2023
1:19.15	S		F	100	IM	5/21/2023	2023 Starfish Meter Madness
2:26.88	Y	BB	F	200	IM	2/4/2023	Delmar Dolphins Febuary Freeze
2:54.29	L	BB	P	200	IM	7/20/2023	2023 Adirondack Long Course Championships
5:17.40	Y	BB	F	400	IM	1/6/2023	2023 Starfish Trophy Invitational
6:24.47	L	B	F	400	IM	7/7/2023	Hawks Summer Invitational 2023
<b>Rebekah Yakubec (13) F</b>							
48.44	Y		F	50	Free	2/4/2023	Delmar Dolphins Febuary Freeze
1:53.15	Y		F	100	Free	2/12/2023	Piranha's Pentathlon
59.07	Y		F	50	Back	12/11/2022	Sharks 12 & Under Mini Meet
<b>Brendan Yan (14) M</b>							
25.99	Y	BB	F	50	Free	6/11/2023	Piranhas Summer Kick-Off Meet
57.34	Y	BB	F	100	Free	3/3/2023	AD Silver Short Course Championships
2:09.08	Y	BB	F	200	Free	6/11/2023	Piranhas Summer Kick-Off Meet
1:07.35	Y	B	F	100	Back	3/3/2023	AD Silver Short Course Championships
2:28.49	Y	B	F	200	Back	12/18/2022	Piranha's December Distance Invite
1:16.65	Y	B	P	100	Breast	3/9/2023	Adirondack Gold Short Course Championships
2:44.83	Y	B	F	200	Breast	3/9/2023	Adirondack Gold Short Course Championships
1:07.92	Y	B	P	100	Fly	2/16/2023	Boys Section 2 Division 1 Championships
2:24.56	Y	BB	F	200	IM	3/3/2023	AD Silver Short Course Championships
<b>Eli Yastion (14) M</b>							
28.69	Y	B	F	50	Free	3/3/2023	AD Silver Short Course Championships
1:17.25	Y		F	100	Free	10/29/2022	Starfish Fall Spooktacular

CPP-AD

CPP-AD

CPP-AD

ALBS-AD

GRGF-AD

ALBS-AD

HAWK-AD

### Individual Top Times

Time	P/F/S	Event	Date	Event	Category	
<b>Eli Yastion (14) M</b>						
1:21.79	Y	F	100	Back	3/3/2023 AD Silver Short Course Championships	
1:55.60	Y	F	100	Breast	10/29/2022 Starfish Fall Spooktacular	
<b>Elle Yeomans (12) F</b>						
37.94	Y	F	50	Free	10/29/2022 Starfish Fall Spooktacular	
1:23.03	Y	F	100	Free	3/3/2023 AD Silver Short Course Championships	
45.94	Y	F	50	Back	3/3/2023 AD Silver Short Course Championships	
48.33	Y	F	50	Breast	10/29/2022 Starfish Fall Spooktacular	
43.74	Y	F	50	Fly	10/29/2022 Starfish Fall Spooktacular	
1:34.40	Y	F	100	IM	2/12/2023 Piranha's Pentathlon	
<b>Alexandra Yeske (8) F</b>						
36.51	Y	F	25	Free	2/26/2023 CVSL Championships	
45.01	Y	F	25	Back	2/26/2023 CVSL Championships	
<b>Elizabeth Yeske (9) F</b>						
24.43	Y	F	25	Free	1/14/2023 Canajoharie Developmental Meet	
49.49	Y	F	50	Free	2/26/2023 CVSL Championships	
30.91	Y	F	25	Back	2/26/2023 CVSL Championships	
34.04	Y	F	25	Fly	1/14/2023 Canajoharie Developmental Meet	
<b>Mykola Yevko (12) M</b>						
27.64	Y	A	F	50	Free	3/9/2023 Adirondack Gold Short Course Championships
1:04.64	Y	BB	P	100	Free	3/9/2023 Adirondack Gold Short Course Championships
36.69	Y	B	F	50	Back	3/3/2023 AD Silver Short Course Championships
1:17.47	Y	B	F	100	Back	3/9/2023 Adirondack Gold Short Course Championships
40.22	Y	B	F	50	Breast	10/22/2022 Trick or Treat Meet
1:21.23	Y	BB	F	100	Breast	3/9/2023 Adirondack Gold Short Course Championships
37.33	Y		F	50	Fly	3/3/2023 AD Silver Short Course Championships
1:23.68	Y		F	100	Fly	2/12/2023 Piranha's Pentathlon
1:18.66	Y	B	F	100	IM	2/12/2023 Piranha's Pentathlon
<b>Tarik Yigit (11) M</b>						
48.53	Y	L	F	50	Free	2/4/2023 Delmar Dolphins Febuary Freeze
1:14.17	Y		F	50	Back	11/12/2022 Fall frenzy
<b>Brayden Yin (14) M</b>						
27.03	Y	BB	F	50	Free	6/11/2023 Piranhas Summer Kick-Off Meet
30.14	L	BB	P	50	Free	7/20/2023 2023 Adirondack Long Course Championships
59.83	Y	BB	F	100	Free	2/12/2023 Piranha's Pentathlon
1:07.70	L	BB	F	100	Free	7/20/2023 2023 Adirondack Long Course Championships
2:31.19	L	BB	P	200	Free	7/20/2023 2023 Adirondack Long Course Championships
5:45.84	Y	BB	F	500	Free	3/3/2023 AD Silver Short Course Championships
31.92	Y		P	50	Back	1/6/2023 2023 Starfish Trophy Invitational
1:10.57	Y	B	F	100	Back	2/12/2023 Piranha's Pentathlon
1:20.95	L	B	P	100	Back	7/20/2023 2023 Adirondack Long Course Championships
2:30.50	Y	B	F	200	Back	3/3/2023 AD Silver Short Course Championships
39.79	Y		P	50	Breast	1/6/2023 2023 Starfish Trophy Invitational
1:24.45	Y		F	100	Breast	2/12/2023 Piranha's Pentathlon
1:38.31	L		F	100	Breast	7/20/2023 2023 Adirondack Long Course Championships
3:08.93	Y		F	200	Breast	12/18/2022 Piranha's December Distance Invite
3:25.12	L	B	F	200	Breast	7/7/2023 Hawks Summer Invitational 2023
30.34	Y		P	50	Fly	1/6/2023 2023 Starfish Trophy Invitational
1:06.56	Y	B	P	100	Fly	1/6/2023 2023 Starfish Trophy Invitational
1:20.42	L	B	P	100	Fly	7/20/2023 2023 Adirondack Long Course Championships
1:08.92	Y		F	100	IM	2/12/2023 Piranha's Pentathlon
2:30.26	Y	B	F	200	IM	6/11/2023 Piranhas Summer Kick-Off Meet
<b>Celina Yin (11) F</b>						
33.73	Y		F	50	Free	3/9/2023 Adirondack Gold Short Course Championships
39.09	L		F	50	Free	7/20/2023 2023 Adirondack Long Course Championships
1:18.07	Y		F	100	Free	3/9/2023 Adirondack Gold Short Course Championships
1:27.70	L	L	F	100	Free	7/20/2023 2023 Adirondack Long Course Championships

### Individual Top Times

Time	P/F/S	Event			
<b>Celina Yin (11) F</b> <span style="float: right;"><b>CPP-AD</b></span>					
2:50.71	Y	F	200	Free	3/3/2023 AD Silver Short Course Championships
3:05.83	L	F	200	Free	7/7/2023 Hawks Summer Invitational 2023
37.66	Y L	B	50	Back	3/9/2023 Adirondack Gold Short Course Championships
41.88	L	B	50	Back	7/20/2023 2023 Adirondack Long Course Championships
1:21.77	Y	B	100	Back	1/6/2023 2023 Starfish Trophy Invitational
1:30.50	L	BB	100	Back	7/7/2023 Hawks Summer Invitational 2023
48.20	Y	F	50	Breast	6/11/2023 Piranhas Summer Kick-Off Meet
55.47	L	F	50	Breast	7/7/2023 Hawks Summer Invitational 2023
2:00.79	L	F	100	Breast	7/7/2023 Hawks Summer Invitational 2023
43.05	Y	F	50	Fly	2/12/2023 Piranha's Pentathlon
45.65	L	F	50	Fly	7/20/2023 2023 Adirondack Long Course Championships
1:31.76	Y	F	100	IM	3/3/2023 AD Silver Short Course Championships
3:34.31	L	F	200	IM	7/20/2023 2023 Adirondack Long Course Championships
<b>Ansel Youmans (10) M</b> <span style="float: right;"><b>SARY-AD</b></span>					
44.14	Y	F	50	Free	6/11/2023 Piranhas Summer Kick-Off Meet
1:52.49	Y	F	100	Free	1/29/2023 Stingray Splash
51.15	Y	F	50	Back	6/11/2023 Piranhas Summer Kick-Off Meet
2:11.56	L	F	100	Back	7/7/2023 Hawks Summer Invitational 2023
57.21	L	B	50	Breast	7/7/2023 Hawks Summer Invitational 2023
1:00.14	Y	F	50	Breast	6/11/2023 Piranhas Summer Kick-Off Meet
2:19.20	L	F	100	Breast	7/7/2023 Hawks Summer Invitational 2023
<b>Grace Young (16) F</b> <span style="float: right;"><b>KING-AD</b></span>					
24.52	Y	AAA	50	Free	3/9/2023 Adirondack Gold Short Course Championships
55.01	Y	AA	100	Free	3/9/2023 Adirondack Gold Short Course Championships
1:59.34	Y	AA	200	Free	3/9/2023 Adirondack Gold Short Course Championships
1:03.21	Y	A	100	Back	3/9/2023 Adirondack Gold Short Course Championships
2:21.54	Y	BB	200	Back	3/3/2023 AD Silver Short Course Championships
1:20.89	Y	B	100	Breast	3/3/2023 AD Silver Short Course Championships
1:03.13	Y	A	100	Fly	3/9/2023 Adirondack Gold Short Course Championships
2:25.89	Y	BB	200	IM	3/3/2023 AD Silver Short Course Championships
<b>Julia Young (15) F</b> <span style="float: right;"><b>KING-AD</b></span>					
26.41	Y	A	50	Free	3/9/2023 Adirondack Gold Short Course Championships
1:11.15	Y	B	100	Back	3/3/2023 AD Silver Short Course Championships
2:52.19	Y	BB	200	Breast	11/12/2022 Fall frenzy
2:35.56	Y	B	200	IM	3/3/2023 AD Silver Short Course Championships
<b>Liam Young (15) M</b> <span style="float: right;"><b>KING-AD</b></span>					
24.22	Y	A	50	Free	3/9/2023 Adirondack Gold Short Course Championships
54.75	Y	BB	100	Free	3/9/2023 Adirondack Gold Short Course Championships
2:00.57	Y	BB	200	Free	3/9/2023 Adirondack Gold Short Course Championships
1:05.61	Y	B	100	Back	3/3/2023 AD Silver Short Course Championships
1:08.13	Y	BB	100	Breast	3/9/2023 Adirondack Gold Short Course Championships
2:56.76	Y	F	200	Breast	11/12/2022 Fall frenzy
2:16.64	Y	BB	200	IM	3/9/2023 Adirondack Gold Short Course Championships
<b>Micah Youngs (14) M</b> <span style="float: right;"><b>CLRK-AD</b></span>					
34.02	Y	F	50	Free	11/19/2022 CVSL Tri Meet
1:19.69	Y	P	100	Free	1/6/2023 2023 Starfish Trophy Invitational
39.97	Y	F	50	Back	1/6/2023 2023 Starfish Trophy Invitational
54.09	Y	F	50	Breast	1/14/2023 Canajoharie Developmental Meet
42.78	Y	F	50	Fly	1/14/2023 Canajoharie Developmental Meet
1:32.27	Y	F	100	IM	1/6/2023 2023 Starfish Trophy Invitational
<b>Sophia Zaderej (12) F</b> <span style="float: right;"><b>CPP-AD</b></span>					
34.35	Y	P	50	Free	1/6/2023 2023 Starfish Trophy Invitational
1:17.21	Y	F	100	Free	2/12/2023 Piranha's Pentathlon
42.35	Y	F	50	Back	3/3/2023 AD Silver Short Course Championships
1:31.49	Y	F	100	Back	2/12/2023 Piranha's Pentathlon
3:20.09	Y	F	200	Back	12/18/2022 Piranha's December Distance Invite

### Individual Top Times

Time	P/F/S	Event			
<b>Sophia Zaderej (12) F</b>					
45.89	Y	F	50	Breast	3/3/2023 AD Silver Short Course Championships
1:39.72	Y	F	100	Breast	3/3/2023 AD Silver Short Course Championships
4:07.16	Y	F	200	Breast	12/18/2022 Piranha's December Distance Invite
38.78	Y	F	50	Fly	3/3/2023 AD Silver Short Course Championships
1:47.83	Y	F	100	Fly	2/12/2023 Piranha's Pentathlon
1:29.14	Y	F	100	IM	2/12/2023 Piranha's Pentathlon
3:36.46	Y	F	200	IM	12/18/2022 Piranha's December Distance Invite
<b>Kate Zajac (10) F</b>					
50.25	Y	F	50	Free	3/3/2023 AD Silver Short Course Championships
1:59.83	Y	F	100	Free	3/3/2023 AD Silver Short Course Championships
1:02.75	Y	F	50	Back	3/3/2023 AD Silver Short Course Championships
<b>Alexander Zasada (11) M</b>					
52.55	Y	F	50	Free	2/4/2023 Delmar Dolphins Febuary Freeze
1:52.68	Y	F	100	Free	1/6/2023 2023 Starfish Trophy Invitational
1:01.02	Y	F	50	Back	2/4/2023 Delmar Dolphins Febuary Freeze
<b>Amelia Zazzaro (13) F</b>					
29.04	Y	BB	50	Free	3/9/2023 Adirondack Gold Short Course Championships
1:05.46	Y	BB	100	Free	3/9/2023 Adirondack Gold Short Course Championships
37.04	Y	F	50	Back	1/22/2023 2023 NE UVAC CVI Invitational
2:43.45	Y	B	200	Back	12/18/2022 Piranha's December Distance Invite
40.18	Y	P	50	Breast	3/9/2023 Adirondack Gold Short Course Championships
35.63	Y	F	50	Fly	1/22/2023 2023 NE UVAC CVI Invitational
2:49.23	Y	B	200	IM	1/29/2023 Stingray Splash
<b>Zoey Zazzaro (17) F</b>					
28.45	Y	BB	50	Free	1/29/2023 Stingray Splash
1:00.87	Y	BB	100	Free	1/29/2023 Stingray Splash
6:06.64	Y	BB	500	Free	12/18/2022 Piranha's December Distance Invite
1:10.67	Y	B	100	Back	1/29/2023 Stingray Splash
2:38.88	Y	B	200	Back	12/18/2022 Piranha's December Distance Invite
<b>Jason Zeliph jr. (18) M</b>					
23.44	Y	A	50	Free	3/9/2023 Adirondack Gold Short Course Championships
27.31	L	A	50	Free	7/20/2023 2023 Adirondack Long Course Championships
50.00	Y	AA	100	Free	2/16/2023 Boys Section 2 Division 1 Championships
59.33	L	A	100	Free	7/20/2023 2023 Adirondack Long Course Championships
1:00.63	S	BB	100	Free	5/21/2023 2023 Starfish Meter Madness
1:49.29	Y	AA	200	Free	2/16/2023 Boys Section 2 Division 1 Championships
2:12.08	L	A	200	Free	7/20/2023 2023 Adirondack Long Course Championships
4:49.06	L	BB	400	Free	7/20/2023 2023 Adirondack Long Course Championships
5:19.27	Y	BB	500	Free	3/9/2023 Adirondack Gold Short Course Championships
1:05.96	Y	B	100	Back	10/29/2022 Starfish Fall Spooktacular
1:14.95	S	F	100	Back	5/21/2023 2023 Starfish Meter Madness
1:22.42	L	F	100	Back	7/7/2023 Hawks Summer Invitational 2023
1:04.54	Y	BB	100	Breast	3/9/2023 Adirondack Gold Short Course Championships
1:17.99	S	B	100	Breast	5/21/2023 2023 Starfish Meter Madness
1:18.10	L	BB	100	Breast	7/20/2023 2023 Adirondack Long Course Championships
2:23.49	Y	BB	200	Breast	3/9/2023 Adirondack Gold Short Course Championships
59.62	Y	BB	100	Fly	1/14/2023 2023 PTAC Tiger Invitational
1:07.08	L	BB	100	Fly	7/20/2023 2023 Adirondack Long Course Championships
1:08.39	S	B	100	Fly	5/21/2023 2023 Starfish Meter Madness
1:04.85	Y	F	100	IM	10/22/2022 Trick or Treat Meet
1:11.08	S	F	100	IM	5/21/2023 2023 Starfish Meter Madness
2:07.89	Y	BB	200	IM	3/9/2023 Adirondack Gold Short Course Championships
2:32.25	L	BB	200	IM	7/20/2023 2023 Adirondack Long Course Championships
4:36.24	Y	BB	400	IM	2/17/2023 2023 Region 1 Short Course Invitational
5:30.72	L	BB	400	IM	7/20/2023 2023 Adirondack Long Course Championships

CPP-AD

HAWK-AD

ALBS-AD

BENN-AD

BENN-AD

ALBS-AD

ALBS-AD



### Individual Top Times

Time	P/F/S	Event			
<b>Jack Zeliph (14) M</b>			<b>ALBS-AD</b>		
33.02	Y F	50 Free	10/22/2022	Trick or Treat Meet	
37.65	L F	50 Free	7/7/2023	Hawks Summer Invitational 2023	
1:12.36	Y F	100 Free	3/3/2023	AD Silver Short Course Championships	
1:21.96	S F	100 Free	5/21/2023	2023 Starfish Meter Madness	
2:37.97	Y F	200 Free	3/3/2023	AD Silver Short Course Championships	
7:06.72	Y F	500 Free	1/7/2023	Schenectady Invitational	
40.27	Y F	50 Back	10/29/2022	Starfish Fall Spooktacular	
1:23.61	Y F	100 Back	6/11/2023	Piranhas Summer Kick-Off Meet	
1:37.61	S F	100 Back	5/21/2023	2023 Starfish Meter Madness	
1:39.45	L F	100 Back	7/7/2023	Hawks Summer Invitational 2023	
44.14	Y F	50 Breast	1/14/2023	2023 PTAC Tiger Invitational	
1:33.57	Y F	100 Breast	6/11/2023	Piranhas Summer Kick-Off Meet	
1:47.34	S F	100 Breast	5/21/2023	2023 Starfish Meter Madness	
1:26.27	Y F	100 IM	1/14/2023	2023 PTAC Tiger Invitational	
1:39.08	S F	100 IM	5/21/2023	2023 Starfish Meter Madness	
<b>Thomas Zeliph (16) M</b>			<b>ALBS-AD</b>		
25.09	Y BB F	50 Free	3/3/2023	AD Silver Short Course Championships	
28.32	L BB P	50 Free	7/20/2023	2023 Adirondack Long Course Championships	
55.79	Y BB F	100 Free	1/6/2023	2023 Starfish Trophy Invitational	
55.79	Y BB F	100 Free	3/3/2023	AD Silver Short Course Championships	
1:04.87	L L BB F	100 Free	7/20/2023	2023 Adirondack Long Course Championships	
1:05.25	S B F	100 Free	5/21/2023	2023 Starfish Meter Madness	
2:34.53	L B F	200 Free	7/7/2023	Hawks Summer Invitational 2023	
5:24.82	Y BB F	500 Free	3/3/2023	AD Silver Short Course Championships	
28.94	Y L F	50 Back	3/9/2023	Adirondack Gold Short Course Championships	
59.10	Y L BB F	100 Back	2/17/2023	2023 Region 1 Short Course Invitational	
1:09.03	L BB F	100 Back	7/20/2023	2023 Adirondack Long Course Championships	
1:11.27	S B F	100 Back	5/21/2023	2023 Starfish Meter Madness	
2:07.79	Y BB F	200 Back	3/9/2023	Adirondack Gold Short Course Championships	
2:30.93	L BB P	200 Back	7/20/2023	2023 Adirondack Long Course Championships	
1:12.01	Y B F	100 Breast	1/6/2023	2023 Starfish Trophy Invitational	
1:24.40	L B P	100 Breast	7/20/2023	2023 Adirondack Long Course Championships	
1:26.54	S F	100 Breast	5/21/2023	2023 Starfish Meter Madness	
2:39.49	Y B F	200 Breast	3/3/2023	AD Silver Short Course Championships	
1:07.24	Y B F	100 Fly	1/14/2023	2023 PTAC Tiger Invitational	
1:17.38	S F	100 Fly	5/21/2023	2023 Starfish Meter Madness	
1:12.82	S F	100 IM	5/21/2023	2023 Starfish Meter Madness	
2:12.81	Y BB P	200 IM	2/16/2023	Boys Section 2 Division 1 Championships	
2:37.08	L BB P	200 IM	7/20/2023	2023 Adirondack Long Course Championships	
4:48.20	Y BB F	400 IM	3/3/2023	AD Silver Short Course Championships	
5:41.10	L BB F	400 IM	7/20/2023	2023 Adirondack Long Course Championships	
<b>Jacklyn Zenner (16) F</b>			<b>SCHE-AD</b>		
30.53	L A P	50 Free	7/20/2023	2023 Adirondack Long Course Championships	
58.39	Y A P	100 Free	3/9/2023	Adirondack Gold Short Course Championships	
1:08.70	L L BB F	100 Free	7/20/2023	2023 Adirondack Long Course Championships	
2:07.68	Y A P	200 Free	12/1/2022	2022 STAR Short Course Invitational	
2:23.26	L A P	200 Free	8/3/2023	LC Senior Zone Championship	
5:48.24	Y BB P	500 Free	2/17/2023	2023 Region 1 Short Course Invitational	
21:07.69	L BB F	1500 Free	7/1/2023	Niagara LSC LC Super Circuit & Distance Meet	
28.99	Y L F	50 Back	3/9/2023	Adirondack Gold Short Course Championships	
1:01.34	Y AA P	100 Back	11/3/2022	Girls Sec II Division I Championships	
1:09.72	L AA P	100 Back	7/20/2023	2023 Adirondack Long Course Championships	
2:12.40	Y AA P	200 Back	3/9/2023	Adirondack Gold Short Course Championships	
2:34.37	L AA P	200 Back	7/20/2023	2023 Adirondack Long Course Championships	
1:15.83	Y BB P	100 Breast	3/9/2023	Adirondack Gold Short Course Championships	
1:34.36	L B F	100 Breast	7/1/2023	Niagara LSC LC Super Circuit Meet	
1:04.99	Y BB P	100 Fly	12/1/2022	2022 STAR Short Course Invitational	

### Individual Top Times

Time	P/F/S	Event				
<b>Jacklyn Zenner (16) F</b>						
2:17.52	Y A P	200 IM	11/3/2022	Girls Sec II Division I Championships		UN-AD
2:40.35	L A P	200 IM	8/3/2023	LC Senior Zone Championship		
<b>Emily Zhan (12) F</b>						
34.01	Y F	50 Free	2/4/2023	Delmar Dolphins Febuary Freeze		DELM-AD
1:18.35	Y F	100 Free	2/12/2023	Piranha's Pentathlon		
42.70	Y F	50 Back	2/4/2023	Delmar Dolphins Febuary Freeze		
1:33.57	Y F	100 Back	2/12/2023	Piranha's Pentathlon		
48.94	Y F	50 Breast	3/3/2023	AD Silver Short Course Championships		
1:43.90	Y F	100 Breast	2/12/2023	Piranha's Pentathlon		
1:39.19	Y F	100 Fly	2/12/2023	Piranha's Pentathlon		
1:25.78	Y F	100 IM	3/3/2023	AD Silver Short Course Championships		
<b>Alexander Zhang (16) M</b>						
24.59	Y BB F	50 Free	3/9/2023	Adirondack Gold Short Course Championships		SCHE-AD
27.77	L A P	50 Free	7/20/2023	2023 Adirondack Long Course Championships		
54.28	Y BB F	100 Free	3/9/2023	Adirondack Gold Short Course Championships		
1:02.55	S BB F	100 Free	5/21/2023	2023 Starfish Meter Madness		
1:02.67	L BB F	100 Free	6/10/2023	2023 MR LIAC Summertime Classic Invitational		
1:58.20	Y BB P	200 Free	3/9/2023	Adirondack Gold Short Course Championships		
2:20.97	L BB P	200 Free	7/20/2023	2023 Adirondack Long Course Championships		
4:53.19	L BB F	400 Free	7/20/2023	2023 Adirondack Long Course Championships		
5:20.75	Y BB F	500 Free	3/9/2023	Adirondack Gold Short Course Championships		
1:02.77	Y BB F	100 Back	3/9/2023	Adirondack Gold Short Course Championships		
2:12.43	Y BB F	200 Back	3/9/2023	Adirondack Gold Short Course Championships		
2:35.76	L BB F	200 Back	7/20/2023	2023 Adirondack Long Course Championships		
1:11.99	Y B F	100 Breast	1/7/2023	Schenectady Invitational		
1:20.61	S B F	100 Breast	5/21/2023	2023 Starfish Meter Madness		
59.75	Y BB P	100 Fly	3/9/2023	Adirondack Gold Short Course Championships		
1:10.59	L BB P	100 Fly	7/20/2023	2023 Adirondack Long Course Championships		
1:21.07	S F	100 Fly	5/21/2023	2023 Starfish Meter Madness		
1:05.15	Y F	100 IM	10/22/2022	Trick or Treat Meet		
1:12.21	S F	100 IM	5/21/2023	2023 Starfish Meter Madness		
2:12.17	Y BB F	200 IM	3/9/2023	Adirondack Gold Short Course Championships		
2:35.34	L BB P	200 IM	7/20/2023	2023 Adirondack Long Course Championships		
4:43.97	Y BB F	400 IM	3/9/2023	Adirondack Gold Short Course Championships		
5:30.13	L BB F	400 IM	6/10/2023	2023 MR LIAC Summertime Classic Invitational		
<b>Andrea Zhang (9) F</b>						
22.75	Y F	25 Free	1/14/2023	Canajoharie Developmental Meet		SCHE-AD
48.27	Y F	50 Free	1/14/2023	Canajoharie Developmental Meet		
57.51	S F	50 Free	5/21/2023	2023 Starfish Meter Madness		
24.13	Y F	25 Back	10/22/2022	Trick or Treat Meet		
50.34	Y F	50 Back	6/11/2023	Piranhas Summer Kick-Off Meet		
54.13	S F	50 Back	5/21/2023	2023 Starfish Meter Madness		
59.86	Y F	50 Breast	6/11/2023	Piranhas Summer Kick-Off Meet		
33.13	Y F	25 Fly	12/11/2022	Sharks 12 & Under Mini Meet		
1:56.77	Y F	100 IM	6/11/2023	Piranhas Summer Kick-Off Meet		
<b>Annabelle Zhang (14) F</b>						
27.42	Y A P	50 Free	3/9/2023	Adirondack Gold Short Course Championships		CPP-AD
30.45	L AA P	50 Free	7/20/2023	2023 Adirondack Long Course Championships		
58.26	Y A F	100 Free	3/9/2023	Adirondack Gold Short Course Championships		
1:09.23	L BB P	100 Free	7/20/2023	2023 Adirondack Long Course Championships		
2:09.61	Y A F	200 Free	3/3/2023	AD Silver Short Course Championships		
2:28.79	L A P	200 Free	7/20/2023	2023 Adirondack Long Course Championships		
5:23.51	L BB F	400 Free	7/20/2023	2023 Adirondack Long Course Championships		
5:54.17	Y BB F	500 Free	12/18/2022	Piranha's December Distance Invite		
30.83	Y L F	50 Back	3/9/2023	Adirondack Gold Short Course Championships		
1:03.52	Y A P	100 Back	11/3/2022	Girls Sec II Division I Championships		

### Individual Top Times

Time	P/F/S	Event					
<b>Annabelle Zhang (14) F</b>							<b>CPP-AD</b>
1:13.29	L AA	P	100	Back	7/20/2023	2023 Adirondack Long Course Championships	
2:16.75	Y AA	F	200	Back	3/9/2023	Adirondack Gold Short Course Championships	
2:38.95	L A	P	200	Back	7/20/2023	2023 Adirondack Long Course Championships	
37.83	Y	F	50	Breast	1/6/2023	2023 Starfish Trophy Invitational	
1:22.68	Y B	F	100	Breast	3/3/2023	AD Silver Short Course Championships	
2:58.24	Y B	P	200	Breast	3/9/2023	Adirondack Gold Short Course Championships	
3:27.76	L B	P	200	Breast	7/20/2023	2023 Adirondack Long Course Championships	
31.98	Y	F	50	Fly	1/6/2023	2023 Starfish Trophy Invitational	
1:09.06	Y BB	P	100	Fly	3/9/2023	Adirondack Gold Short Course Championships	
1:24.66	L B	P	100	Fly	7/20/2023	2023 Adirondack Long Course Championships	
2:25.17	Y A	F	200	IM	3/9/2023	Adirondack Gold Short Course Championships	
2:59.33	L BB	P	200	IM	7/20/2023	2023 Adirondack Long Course Championships	
<b>Dayou Zhang (15) M</b>							<b>DELM-AD</b>
32.39	L B	F	50	Free	7/7/2023	Hawks Summer Invitational 2023	
2:52.41	L	F	200	Free	7/7/2023	Hawks Summer Invitational 2023	
1:47.48	L	F	100	Back	7/7/2023	Hawks Summer Invitational 2023	
<b>Bryan Zhang (9) M</b>							<b>CPP-AD</b>
29.26	Y	F	25	Free	3/3/2023	AD Silver Short Course Championships	
1:04.17	Y	F	50	Free	6/11/2023	Piranhas Summer Kick-Off Meet	
1:14.00	S	F	50	Free	5/21/2023	2023 Starfish Meter Madness	
33.90	Y	F	25	Back	12/11/2022	Sharks 12 & Under Mini Meet	
1:11.18	Y	F	50	Back	6/11/2023	Piranhas Summer Kick-Off Meet	
1:18.91	S	F	50	Back	5/21/2023	2023 Starfish Meter Madness	
<b>Derek Zhang (13) M</b>							<b>IISC-AD</b>
48.64	Y	F	50	Free	11/19/2022	CVSL Tri Meet	
1:50.38	Y	F	100	Free	11/19/2022	CVSL Tri Meet	
57.60	Y	F	50	Back	11/19/2022	CVSL Tri Meet	
<b>Ethan Zhang (10) M</b>							<b>CPP-AD</b>
42.08	Y	F	50	Free	6/11/2023	Piranhas Summer Kick-Off Meet	
49.42	S	F	50	Free	5/21/2023	2023 Starfish Meter Madness	
1:40.23	L B	F	100	Free	7/20/2023	2023 Adirondack Long Course Championships	
1:49.16	Y	F	100	Free	2/26/2023	CVSL Championships	
3:32.07	L B	F	200	Free	7/20/2023	2023 Adirondack Long Course Championships	
3:49.40	Y	F	200	Free	1/22/2023	Mile Madness	
10:30.22	Y	F	500	Free	1/22/2023	Mile Madness	
46.34	Y B	F	50	Back	6/11/2023	Piranhas Summer Kick-Off Meet	
50.16	S B	F	50	Back	5/21/2023	2023 Starfish Meter Madness	
50.65	L B	F	50	Back	7/20/2023	2023 Adirondack Long Course Championships	
1:53.94	L B	F	100	Back	7/20/2023	2023 Adirondack Long Course Championships	
56.53	L B	F	50	Breast	7/20/2023	2023 Adirondack Long Course Championships	
1:04.97	Y	F	50	Breast	6/11/2023	Piranhas Summer Kick-Off Meet	
2:11.25	L	F	100	Breast	7/7/2023	Hawks Summer Invitational 2023	
1:06.95	L	F	50	Fly	7/7/2023	Hawks Summer Invitational 2023	
4:26.06	L	F	200	IM	7/7/2023	Hawks Summer Invitational 2023	
<b>Jason Zhang (12) M</b>							<b>SCHE-AD</b>
33.42	Y	F	50	Free	3/3/2023	AD Silver Short Course Championships	
1:23.35	Y	F	100	Free	12/11/2022	Sharks 12 & Under Mini Meet	
7:37.42	Y	F	500	Free	1/14/2023	Chris Goody IMX Challenge	
41.08	Y	F	50	Back	3/3/2023	AD Silver Short Course Championships	
1:28.71	Y	F	100	Back	3/3/2023	AD Silver Short Course Championships	
46.46	Y	F	50	Breast	3/3/2023	AD Silver Short Course Championships	
1:40.70	Y	F	100	Breast	3/3/2023	AD Silver Short Course Championships	
38.23	Y	F	50	Fly	3/3/2023	AD Silver Short Course Championships	
1:28.18	Y	F	100	Fly	3/3/2023	AD Silver Short Course Championships	
1:36.35	Y	F	100	IM	11/12/2022	Fall frenzy	
3:11.84	Y	F	200	IM	1/14/2023	Chris Goody IMX Challenge	

### Individual Top Times

Time	P/F/S	Event			
<b>John Zhang (10) M</b>					
1:16.51	Y	F	50	Free	6/11/2023 Piranhas Summer Kick-Off Meet
1:23.29	S	F	50	Free	5/21/2023 2023 Starfish Meter Madness
1:14.31	Y	F	50	Back	6/11/2023 Piranhas Summer Kick-Off Meet
1:26.55	S	F	50	Back	5/21/2023 2023 Starfish Meter Madness
<b>Stella Zhang (17) F</b>					
24.71	Y	AA	P	50	Free 3/9/2023 Adirondack Gold Short Course Championships
28.69	L	AA	F	50	Free 7/20/2023 2023 Adirondack Long Course Championships
53.31	Y	AAA	F	100	Free 3/9/2023 Adirondack Gold Short Course Championships
1:03.75	L	AA	P	100	Free 7/20/2023 2023 Adirondack Long Course Championships
1:57.43	Y	AA	F	200	Free 3/9/2023 Adirondack Gold Short Course Championships
2:21.75	L	A	P	200	Free 7/20/2023 2023 Adirondack Long Course Championships
5:00.62	L	A	F	400	Free 6/24/2023 2023 NE NSSC June Springfield
5:27.20	Y	A	F	500	Free 3/9/2023 Adirondack Gold Short Course Championships
28.54	Y	L	F	50	Back 3/9/2023 Adirondack Gold Short Course Championships
58.46	Y	AA	F	100	Back 11/3/2022 Girls Sec II Division I Championships
1:09.11	L	AA	F	100	Back 7/20/2023 2023 Adirondack Long Course Championships
2:08.45	Y	AA	F	200	Back 3/9/2023 Adirondack Gold Short Course Championships
2:30.89	L	AA	P	200	Back 7/20/2023 2023 Adirondack Long Course Championships
1:14.34	Y	BB	P	100	Breast 3/9/2023 Adirondack Gold Short Course Championships
2:44.11	Y	BB	F	200	Breast 12/18/2022 Piranha's December Distance Invite
1:04.97	Y	BB	P	100	Fly 3/9/2023 Adirondack Gold Short Course Championships
1:17.33	L	BB	P	100	Fly 7/20/2023 2023 Adirondack Long Course Championships
2:16.22	Y	A	P	200	IM 3/9/2023 Adirondack Gold Short Course Championships
2:42.69	L	A	P	200	IM 7/20/2023 2023 Adirondack Long Course Championships
5:42.18	L	A	F	400	IM 7/20/2023 2023 Adirondack Long Course Championships
<b>Yangyi Zhang (15) M</b>					
28.58	Y	F	50	Free	6/11/2023 Piranhas Summer Kick-Off Meet
1:06.33	Y	F	100	Free	3/3/2023 AD Silver Short Course Championships
2:24.63	Y	F	200	Free	3/3/2023 AD Silver Short Course Championships
2:53.73	L	F	200	Free	7/7/2023 Hawks Summer Invitational 2023
6:52.69	Y	F	500	Free	12/18/2022 Piranha's December Distance Invite
1:24.43	Y	F	100	Back	3/3/2023 AD Silver Short Course Championships
3:05.84	Y	F	200	Back	12/18/2022 Piranha's December Distance Invite
3:28.32	L	F	200	Back	7/7/2023 Hawks Summer Invitational 2023
1:30.38	Y	F	100	Breast	6/11/2023 Piranhas Summer Kick-Off Meet
3:20.15	Y	F	200	Breast	3/3/2023 AD Silver Short Course Championships
1:27.38	Y	F	100	Fly	6/11/2023 Piranhas Summer Kick-Off Meet
1:47.17	L	F	100	Fly	7/7/2023 Hawks Summer Invitational 2023
2:23.20	Y	B	F	200	IM 11/12/2022 Fall frenzy
<b>Wilson Zhang (11) M</b>					
51.70	Y	F	50	Free	3/3/2023 AD Silver Short Course Championships
59.62	S	F	50	Free	5/21/2023 2023 Starfish Meter Madness
1:52.41	Y	F	100	Free	3/3/2023 AD Silver Short Course Championships
50.01	Y	F	50	Back	3/3/2023 AD Silver Short Course Championships
1:01.91	Y	F	50	Breast	1/29/2023 Stingray Splash
2:11.07	Y	F	100	IM	11/12/2022 Fall frenzy
2:33.75	S	F	100	IM	5/21/2023 2023 Starfish Meter Madness
<b>Leo Zhan (11) M</b>					
46.20	Y	F	50	Free	2/4/2023 Delmar Dolphins Febuary Freeze
2:11.50	Y	F	100	Free	11/12/2022 Fall frenzy
52.67	Y	F	50	Back	3/3/2023 AD Silver Short Course Championships
1:18.51	Y	F	50	Breast	2/12/2023 Piranha's Pentathlon
1:20.58	Y	F	50	Fly	2/12/2023 Piranha's Pentathlon
<b>Ethan Zhao (12) M</b>					
39.18	Y	F	50	Free	2/12/2023 Piranha's Pentathlon
1:30.79	Y	F	100	Free	2/26/2023 CVSL Championships

CPP-AD

CPP-AD

CPP-AD

SCHE-AD

DELM-AD

IISC-AD

### Individual Top Times

Time	P/F/S	Event	Date	Event	Competition
<b>Ethan Zhao (12) M</b>					
3:18.29	Y	F	200	Free	3/3/2023 AD Silver Short Course Championships
45.71	Y	F	50	Back	3/3/2023 AD Silver Short Course Championships
58.99	Y	F	50	Breast	3/3/2023 AD Silver Short Course Championships
52.77	Y	F	50	Fly	3/3/2023 AD Silver Short Course Championships
1:45.29	Y	F	100	IM	3/3/2023 AD Silver Short Course Championships
<b>Jessie Zhu (9) F</b>					
27.37	Y	F	25	Free	3/3/2023 AD Silver Short Course Championships
59.33	Y	F	50	Free	6/11/2023 Piranhas Summer Kick-Off Meet
1:11.40	S	F	50	Free	5/21/2023 2023 Starfish Meter Madness
2:40.64	L	F	100	Free	7/7/2023 Hawks Summer Invitational 2023
28.83	Y	F	25	Back	11/12/2022 Fall frenzy
1:00.77	Y	F	50	Back	6/11/2023 Piranhas Summer Kick-Off Meet
1:12.77	Y	F	50	Breast	6/11/2023 Piranhas Summer Kick-Off Meet
1:17.09	L	F	50	Breast	7/7/2023 Hawks Summer Invitational 2023
2:15.72	L	F	100	Breast	7/7/2023 Hawks Summer Invitational 2023
37.13	Y	F	25	Fly	11/12/2022 Fall frenzy
1:05.18	Y	F	50	Fly	6/11/2023 Piranhas Summer Kick-Off Meet
1:17.94	L	F	50	Fly	7/7/2023 Hawks Summer Invitational 2023
<b>Maggie Ziegler (14) F</b>					
31.02	Y	B	50	Free	1/6/2023 2023 Starfish Trophy Invitational
1:22.48	Y	P	100	Back	1/6/2023 2023 Starfish Trophy Invitational
1:43.37	Y	F	100	Breast	10/22/2022 Trick or Treat Meet
<b>Adelaide Zima (11) F</b>					
38.47	Y	F	50	Free	2/4/2023 Delmar Dolphins Febuary Freeze
39.85	L	F	50	Free	7/20/2023 2023 Adirondack Long Course Championships
40.95	S	F	50	Free	5/21/2023 2023 Starfish Meter Madness
1:17.35	Y	F	100	Free	6/11/2023 Piranhas Summer Kick-Off Meet
1:28.67	L	F	100	Free	7/20/2023 2023 Adirondack Long Course Championships
3:03.10	Y	F	200	Free	3/3/2023 AD Silver Short Course Championships
3:06.37	L	F	200	Free	7/20/2023 2023 Adirondack Long Course Championships
38.23	Y	F	50	Back	6/11/2023 Piranhas Summer Kick-Off Meet
41.86	L	B	50	Back	7/20/2023 2023 Adirondack Long Course Championships
43.71	S	F	50	Back	5/21/2023 2023 Starfish Meter Madness
1:25.67	Y	F	100	Back	3/9/2023 Adirondack Gold Short Course Championships
1:33.92	L	B	100	Back	7/20/2023 2023 Adirondack Long Course Championships
52.51	Y	F	50	Breast	12/11/2022 Sharks 12 & Under Mini Meet
58.08	L	F	50	Breast	7/20/2023 2023 Adirondack Long Course Championships
2:01.05	Y	F	100	Breast	1/14/2023 Chris Goody IMX Challenge
2:07.43	L	F	100	Breast	7/20/2023 2023 Adirondack Long Course Championships
44.29	Y	F	50	Fly	3/3/2023 AD Silver Short Course Championships
49.18	L	F	50	Fly	7/20/2023 2023 Adirondack Long Course Championships
50.71	S	F	50	Fly	5/21/2023 2023 Starfish Meter Madness
1:57.34	Y	F	100	Fly	1/14/2023 Chris Goody IMX Challenge
1:29.35	Y	F	100	IM	6/11/2023 Piranhas Summer Kick-Off Meet
1:46.17	S	F	100	IM	5/21/2023 2023 Starfish Meter Madness
<b>Elliott Zima (13) M</b>					
36.93	Y	F	50	Free	3/3/2023 AD Silver Short Course Championships
1:20.09	Y	F	100	Free	6/11/2023 Piranhas Summer Kick-Off Meet
1:38.62	S	F	100	Free	5/21/2023 2023 Starfish Meter Madness
8:54.15	Y	F	500	Free	1/14/2023 Chris Goody IMX Challenge
42.69	Y	F	50	Back	3/3/2023 AD Silver Short Course Championships
1:31.18	Y	F	100	Back	3/3/2023 AD Silver Short Course Championships
1:39.69	S	F	100	Back	5/21/2023 2023 Starfish Meter Madness
48.12	Y	F	50	Breast	3/3/2023 AD Silver Short Course Championships
1:41.97	Y	F	100	Breast	3/3/2023 AD Silver Short Course Championships
1:52.67	S	F	100	Breast	5/21/2023 2023 Starfish Meter Madness

IJSC-AD

CPP-AD

HAWK-AD

SCHE-AD

SCHE-AD

### Individual Top Times

Time	P/F/S	Event					
<b>Elliott Zima (13) M</b>							
49.00	Y	F	50	Fly	3/3/2023	AD Silver Short Course Championships	
1:55.12	Y	F	100	Fly	1/14/2023	Chris Goody IMX Challenge	
1:27.78	Y	F	100	IM	6/11/2023	Piranhas Summer Kick-Off Meet	
1:45.86	S	F	100	IM	5/21/2023	2023 Starfish Meter Madness	
3:17.93	Y	F	200	IM	3/3/2023	AD Silver Short Course Championships	
<b>Emma Zima (9) F</b>							
22.44	Y	F	25	Free	3/3/2023	AD Silver Short Course Championships	
53.80	Y	F	50	Free	1/14/2023	Canajoharie Developmental Meet	
1:08.19	S	F	50	Free	5/21/2023	2023 Starfish Meter Madness	
2:14.86	Y	F	100	Free	6/11/2023	Piranhas Summer Kick-Off Meet	
24.72	Y	F	25	Back	3/3/2023	AD Silver Short Course Championships	
52.81	Y	F	50	Back	3/3/2023	AD Silver Short Course Championships	
57.57	S	F	50	Back	5/21/2023	2023 Starfish Meter Madness	
1:20.68	Y	F	50	Breast	6/11/2023	Piranhas Summer Kick-Off Meet	
<b>Isaac Zima (15) M</b>							
28.20	Y	B	F	50	Free	3/3/2023	AD Silver Short Course Championships
1:02.06	Y	B	F	100	Free	3/3/2023	AD Silver Short Course Championships
2:18.57	Y	F	200	Free	3/3/2023	AD Silver Short Course Championships	
6:24.60	Y	F	500	Free	1/14/2023	Chris Goody IMX Challenge	
1:11.97	Y	F	100	Back	3/3/2023	AD Silver Short Course Championships	
2:32.54	Y	F	200	Back	3/3/2023	AD Silver Short Course Championships	
1:18.17	Y	F	100	Breast	3/3/2023	AD Silver Short Course Championships	
2:53.42	Y	F	200	Breast	3/3/2023	AD Silver Short Course Championships	
2:35.12	Y	F	200	IM	1/14/2023	Chris Goody IMX Challenge	
<b>Lily Zimmershine (17) F</b>							
29.05	Y	BB	P	50	Free	1/6/2023	2023 Starfish Trophy Invitational
32.16	L	BB	F	50	Free	7/7/2023	Hawks Summer Invitational 2023
1:05.33	Y	B	F	100	Free	2/4/2023	Delmar Dolphins Febuary Freeze
1:15.09	S	B	F	100	Free	5/21/2023	2023 Starfish Meter Madness
2:15.58	Y	BB	F	200	Free	11/3/2022	Girls Sec II Division II Championships
23:16.05	Y	F	1650	Free	12/18/2022	Piranha's December Distance Invite	
1:12.43	Y	B	F	100	Back	2/4/2023	Delmar Dolphins Febuary Freeze
1:20.78	S	B	F	100	Back	5/21/2023	2023 Starfish Meter Madness
1:21.45	L	B	F	100	Back	7/7/2023	Hawks Summer Invitational 2023
2:37.81	Y	B	F	200	Back	11/12/2022	Fall frenzy
1:21.14	Y	B	P	100	Breast	11/3/2022	Girls Sec II Division II Championships
1:35.97	S	F	F	100	Breast	5/21/2023	2023 Starfish Meter Madness
2:57.64	Y	B	F	200	Breast	11/12/2022	Fall frenzy
1:37.12	S	F	F	100	Fly	5/21/2023	2023 Starfish Meter Madness
1:16.58	Y	F	F	100	IM	10/22/2022	Trick or Treat Meet
1:26.70	S	F	F	100	IM	5/21/2023	2023 Starfish Meter Madness
2:40.05	Y	B	F	200	IM	6/11/2023	Piranhas Summer Kick-Off Meet
<b>Sophie Ziter (15) F</b>							
28.62	Y	BB	F	50	Free	10/8/2022	Shenendehowa Girls Invitational
1:09.52	Y	B	F	100	Back	10/8/2022	Shenendehowa Girls Invitational
<b>Thomas Zito (13) M</b>							
40.23	Y	F	50	Free	2/4/2023	Delmar Dolphins Febuary Freeze	
1:29.68	Y	F	100	Free	3/3/2023	AD Silver Short Course Championships	
3:19.47	L	F	200	Free	7/7/2023	Hawks Summer Invitational 2023	
3:22.80	Y	F	200	Free	3/3/2023	AD Silver Short Course Championships	
47.70	Y	F	50	Back	3/3/2023	AD Silver Short Course Championships	
1:54.57	L	F	100	Back	7/7/2023	Hawks Summer Invitational 2023	
55.04	Y	F	50	Breast	2/4/2023	Delmar Dolphins Febuary Freeze	
58.05	L	F	50	Breast	7/7/2023	Hawks Summer Invitational 2023	
2:19.35	L	F	100	Fly	7/7/2023	Hawks Summer Invitational 2023	
<b>Daniel Zorn (10) M</b>							

SCHE-AD

SCHE-AD

SCHE-AD

ALBS-AD

UN-AD

SCHE-AD

SARY-AD

**Individual Top Times**

<b>Time</b>	<b>P/F/S</b>	<b>Event</b>				
<b>Daniel Zorn (10) M</b>						
41.59 Y	F	50 Free	6/11/2023	Piranhas Summer Kick-Off Meet		<b>SARY-AD</b>
53.31 Y	F	50 Back	6/11/2023	Piranhas Summer Kick-Off Meet		
56.38 Y	F	50 Breast	1/29/2023	Stingray Splash		
1:55.94 Y	F	100 Breast	6/11/2023	Piranhas Summer Kick-Off Meet		
<b>Nathaniel Zorn (14) M</b>						
41.78 Y	F	50 Free	2/4/2023	Delmar Dolphins Febuary Freeze		<b>SARY-AD</b>
46.68 Y	F	50 Back	12/11/2022	Sharks 12 & Under Mini Meet		
48.48 Y	F	50 Breast	2/4/2023	Delmar Dolphins Febuary Freeze		
1:42.35 Y	F	100 Breast	3/3/2023	AD Silver Short Course Championships		
<b>Hunter Zufelt (10) M</b>						
25.11 Y	F	25 Free	1/14/2023	Canajoharie Developmental Meet		<b>SCHE-AD</b>
1:02.69 Y	F	50 Free	1/14/2023	Canajoharie Developmental Meet		
30.81 Y	F	25 Back	1/14/2023	Canajoharie Developmental Meet		
<b>Troy Zufelt (12) M</b>						
39.05 Y	F	50 Free	3/3/2023	AD Silver Short Course Championships		<b>SCHE-AD</b>
45.64 Y	F	50 Back	3/3/2023	AD Silver Short Course Championships		