

CLINIC WITH CULLEN JONES



A special opportunity for swimmers to work with and learn from Olympian Cullen Jones

A four-time Olympic medalist and the first African American swimmer to hold a world record, Cullen swam on the legendary world-record setting 400 Free Relay team at the 2008 Olympics. In 2012, he won gold as Team USA's anchor in the 400 Medley Relay, silver in the 400 Free Relay and an individual silver medal in the 50 Free. Cullen earned 13 medals (7 gold) at major international competitions. At age 5, he nearly drowned while splashing at a PA water park. Immediately after, his mother enrolled him in swim lessons and it soon became clear that Cullen had natural talent as a swimmer. Throughout his career, he has been passionate about bringing more diversity to the sport. One project is the Cullen Jones Diversity Invitational. The goal of the invitational is to create a truly multiethnic swim meet that would also combine education on water safety & the culture of competitive swimming. Cullen is also an ambassador for the USA Swimming Foundation's Make a Splash initiative.

The clinic to be held at the Shenendehowa Aquatic Center will include pool time featuring swimming drills, starts and turns, a Q&A session and an opportunity to take photographs and collect autographs.

If you have questions, please contact:
Jill Greenleaf jgreenle@skidmore.edu (518) 366-1075

SUN. NOV. 10

9:30-12PM (AGES 8-12)
2-4:30PM (13&UP)



2-time Olympian
(2008, 2012)
4-time Olympic
medalist

To register, complete this form:
Swimmers 8-12 years old [here](#).
Swimmers 13 and up [here](#).

COST: \$100

Payment by check payable to the Shenendehowa Boys Varsity Swim & Dive must be received within 7 days to guarantee your registration. Registration is limited to the first 64 swimmers in each session.