

Jack Frost Invitational

@ SSY – February 12th, 2017

CHANGE NOTICE

Please note the following changes:

Session 1

-No Change-

Warm Ups: 7:00–8:00am

Session Starts: 8:00am

Session 2

Warm-Up = 11:30–12:00pm

******Positive Check In (in the Lobby) by 11:30am******

Start Time = 12:00pm

Session 3

Warm-Up = 1:20–2:20pm

Start Time = 2:20pm

Please make sure your swimmers and parents are informed of these changes.