

CHRIS GOODY IMX CHALLENGE

January 14-15, 2023 at Union College

Hosted by Schenectady-Saratoga Swim Club

CHANGE NOTICE

Please note the following time changes:

Saturday, January 14, 2023						
	Ages	Positive Check-In		Warm-Up	Meet Start	
S 1	11-12	9:30 AM	<i>500free athletes only bring their own counter</i>	9:30 AM	10:15 AM	Unchanged
S 2	13-14	11:30 AM	<i>Athletes bring their own counter & timer</i>	11:30 AM	12:15 PM	Updated
S 3	15 & Over	2:00 PM	<i>Athletes bring their own counter & timer</i>	2:00 PM	2:45 PM	Updated
Sunday, January 15, 2023						
	Ages	Positive Check-In		Warm-Up	Meet Start	
S 4	12 & Under	8:00 AM		8:00 AM	9:00 AM	Unchanged
S 5	13 & Over	11:00 AM		11:00 AM	11:45 AM	Updated

Coaches, please make sure your swimmers and parents are informed of these changes.

Thank you!