

DELMAR DOLFIN SWIM CLUB

FALL FRENZY

OCTOBER 13, 2024

RPI ROBISON POOL, TROY, NEW YORK

Sanction: Held under the sanction of USA Swimming, Inc. and Adirondack Swimming Inc., Sanction # AD25-005
Marco Greico, General Chairman
In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Host: DELMAR DOLFIN SWIM CLUB

Place: RPI Robison Pool, Troy, New York
25 Yard, 8 Lane Competition Pool with continuous warm up/warm down area
Colorado Timing System with touchpads and beepers
The competition course has not been certified in accordance with 104.2.2C(4).

Pool Depths: Depth of Pool at One (1) Meter 4'0" and Five (5) Meters 4'10" from Start End of Pool.
Depth of Pool at One (1) Meter 6'10" and Five (5) Meters 6'7" from Turn End of Pool.

Time:

Session	Age Groups	Warm-up	Meet Start	Positive Check-In
Session 1 - AM	8 & Under, 13 & Over	7:30 AM	8:30 AM	None
Session 2 - PM	9 – 10, 11-12	12:30 PM	1:30 PM	None

Meet Director: Adam Hershberg 518-522-6360 adregistrar12@gmail.com
Meet Referee: JoAnn Faucett 518-496-6136 faucettjm@aol.com
Meet Entry Coordinator: Samantha Oliver 518-653-8181 soliver544@gmail.com

Entry Rules:

The eligibility of a swimmer will be determined by his or her age on **October 13, 2024**.
Rules from the current USA Swimming Technical and Administrative Rules will be in effect.
Entries must be submitted electronically, using Hy-Tek, Team Unify or compatible Software and Emailed to the **Meet Entry Coordinator**.
Team entries must be received by the Meet Entry Coordinator by **Wednesday, October 2, 2024**.
Swimmers may enter a maximum of four (4) individual events and one (1) relay.

In the event the meet is oversubscribed, the Meet Director may cut relays to achieve the desired timeline. If after removing relays, the meet is still oversubscribed, the Meet Director and Meet Referee will work together to determine how entries are removed, with the best interest of the swimmers in mind. If the meet is oversubscribed or undersubscribed, Meet and/or Session Start Times may need to be changed. Attending teams will be notified of any changes via email and all changes will be posted to the AD Web Site. All fees paid for cut entries will be refunded.

202.3.2 At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision, but it is the swimmer's responsibility to make such arrangements prior to the start of the meet.

202.3.4A Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

USA Swimming Registration:

No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302

All registrations are completed using the USA Swimming Online Member Registration (OMR) system.

Refer to the AD web site, "USA-S Registrations" page for information.

Adirondack Meets are reconciled for current USA Swimming Registration. Unregistered or expired swimmers will be removed from the meet.

Athletes 18 or older **MUST** have completed APT to be compliant and allowed to swim in meet.

AD swimmers must have Confirmed Birthdates to swim age specific events.

Legal ID must be sent to the LSC Registrar for new members or members new to AD.

Direct registration questions to the Adirondack Registrar, Bill Faucett office@adirondackswimming.org

Swimming Events:

All events will be swum as timed finals except for the 50 Backstroke and 50 Freestyle which will have Skins Finals at the end of each session. See below for the description and rules for Skins Finals.

There will be a bullpen for 8 and Under swimmers for the 25-yard events only. The bullpen will be near the warmup pool in front of the entrance to the locker rooms. Swimmers should line up behind the blocks for the 8u 50 freestyle.

Coaches can use estimated times for the entries in the 13 and over 50-yard stroke events and 100IM for seeding purposes. The 5-minute breaks shown on the event schedule may be adjusted as required by the Meet Director or Meet Referee.

Relays:

Each club may enter a maximum of three (3) relays per event.

Skins Finals Explanation and Rules:

The Top 8 swimmers in the regular session in each age group in the 50 Backstroke and 50 Freestyle events will qualify for skins finals.

There will not be skins finals for the 8 and under age group.

Each swimmer can only swim in one (1) skins final event

If a swimmer qualifies in both events, they will need to scratch from one event.

If a swimmer qualifies, but does not want to swim in any skins finals, they also need to scratch

Scratches will be due within 20 minutes of the completion of the 50 freestyle events – Event 14 in the morning session and Event 34 in the afternoon session.

If there is a tie for 8th place after scratches, there will be a swim-off to determine the final qualifier.

Any necessary swim-offs will happen after Event 20 in the morning session and Event 36 in the afternoon session, before the 5-minute break.

Swimmers finishing near the top 8 are encouraged to stay informed as they may get scratched into Finals. The Dolphins will make every effort to fill the 8 lanes with swimmers, but the timeline will dictate how far down the list we will be able to go to find additional swimmers.

Skins Final #1 will be the top 8 swimmers in the regular session event, after scratches.

Skins Final #2 will be the top 4 finishers in Final #1

Skins Final #3 will be the top 2 finishers in Final #2

In the event of ties for 4th place in Final #1 or 2nd place in Final #2, both swimmers will swim in the next race. There will not be any swim-offs once the skins races start.

Each gender per age group will complete their three finals races before moving on to the next event.

There will be a 2-minute break between each of the finals. Swimmers may stay in the competition pool to cool down. The pool will be cleared of all swimmers 30 seconds before the next final. All qualifiers will need to be behind the blocks and ready to start the next final 2 minutes after the completion of the previous final.

There is not a planned break between events, meaning boys finals will start immediately after Final #3 of the girls event and vice-versa for the next event.

Medals will be awarded to the Top 2 finishers in each skins event.

Scratches:

Scratches are only needed for skins finals qualifiers who do not wish to participate in the finals, or who qualify for both finals events and need to scratch out of one of them. See notes above. Scratches will be due 20 minutes after the 50 Freestyle event in each regular session.

Warm-Ups:

Because of the large number of injuries occurring across the country during warm-ups, USA Swimming allows no diving into the pool during the warm-up period except in the designated sprint lanes. We ask that you inform your swimmers of this rule and ask them to fully cooperate with the club officials and marshals in charge of the area.

Timers:

Clubs will be required to provide timers based upon their number of entries. Timers will need to stay through the skins finals, so please assign timers accordingly. Club assignments will be posted to the Adirondack Swimming Website and at the pool.

Deck Entries:

Adirondack Swimming has agreed to allow Deck Entries at AD Meets under the following conditions;

1. Deck Entries are NOT Allowed during Championship Meets
2. Athlete must be USA-S Registered and show Proof of Registration (those already in meet have been confirmed as registered).
Acceptable form of Proof of Registration is USA-Swimming Member Card from Member's SWIMS 3.0 Dashboard..
3. Coach makes the request for the entry.
4. All Deck Entries will be allowed at the discretion of a combined decision of the Meet Director and the Meet Referee.
5. Deck Entries are Subject to a \$1.00 Surcharge, Per Entry, which applies to All Entries, Individual or Relays.

Meet Policy:

Use of Audio or Visual Recording Devices, Including a Cell Phone, is not permitted behind the starting blocks, including any spectator area behind the starting blocks, in changing areas, rest rooms or locker rooms.

Changing into or out of swimsuits other than locker rooms or other designated areas is prohibited.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

No one will be allowed on the deck except USA-S Registered Officials and USA-S Registered Coaches with Current Certifications, USA-S Registered Swimmers and Meet Marshalls and Timers on Shift.

All Officials and Coaches are Required to show in compliance USA Swimming Membership Card prior to being on deck. If, at an AD Sanctioned Meet, an individual is found on deck, acting in any coaching capacity and is determined to be out of compliance with USA Swimming requirements for coaches, that individual will be removed from the deck and the represented club will be fined \$250. Any swimmer found in an unauthorized area will be asked to immediately leave the premises. No exceptions. Each team is responsible for supervising its members.

All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

Services:

Concession stand will be available.
Meet mobile is planned to be used during the meet provided good internet access at the pool.
Heat Sheets will be available for sale at the concession stand and available on Meet Mobile.
The Deep End Swim Store is planned to be on site with equipment sales

Disabled Athletes:

Adirondack Swimming welcomes athletes with disabilities. Athletes with disabilities are required to contact the Meet Director at least 2 weeks in advance of the meet so that provisions can be made for any special accommodations.

Entry Fees:

An entry summary sheet is included to compute your team entry fees.
The entry fees are \$6.50 per individual event and \$9.00 per relay. The entry fees include the \$.50 AD travel fund surcharge
There is a \$2.00 per swimmer surcharge.

ALL MANUAL ENTRIES, INCLUDING DECK ENTRIES (NON-ELECTRONIC) ARE SUBJECT TO A SURCHARGE OF \$1.00 PER ENTRY, WHICH APPLIES TO INDIVIDUAL OR RELAY ENTRIES.

Make your entry check payable to **DELMAR DOLFIN SWIM CLUB** and mail your check and entry summary sheet to the **Delmar Dolphins Swim Club, C/O Matt Allinson, 24 Leonard Place, Delmar, NY 12054**
Entries will be entered to the meet upon receipt of your check.

Photographers:

Only Professional Photographers or Videographers hired by the host team or Press Photographers, who have been approved in advance by the meet director, will be allowed on deck. A Photographer Registration form must be completed and submitted to the meet director for approval, prior to the meet. Forms are available on the Adirondack Swimming website as well as from the Meet Director.

[Click here for a direct link to the registration form.](#)

Swimmer's families, taking photos of their children from the spectator area, are not subject to this policy.

Parents and Professionals, please refer to the "Meet Policy" above for general restrictions pertaining to all photography at Sanctioned meets.

Awards:

Medals will be awarded to the Top 2 finishers in each skins event. Ribbons will be awarded to places 3-8 in skins events and places 1-8 in non-skins events

Scoring:

This meet will not be scored.

Officials:

There will be an official's meeting conducted promptly 45 minutes before each session. Attendance is MANDATORY to work the meet. Please sign up in official's room before the start of officials meeting.

If you have any questions, please contact the Meet Director or Meet Referee

Delmar Dolphins Fall Frenzy

Sunday October 13, 2024

RPI Robison Pool

7:30 AM Warm-Ups - 8:30 AM Start

Girls Events	Age Group	Event Description	Boys Events
1	13 & Over	50 Breaststroke	2
3	8 & Under	25 Breaststroke	4
5	13 & Over	50 Backstroke	6
7	8 & Under	25 Backstroke	8
9	13 & Over	50 Butterfly	10
11	8 & Under	25 Butterfly	12
13	13 & Over	50 Freestyle	14
15	8 & Under	25 Freestyle	16
17	13 & Over	100IM	18
19	8 & Under	50 Freestyle	20
5 Minute Break			
21	13 & Over	200 Freestyle Relay	22
23	8 & Under	100 Freestyle Relay	24
5 Minute Break			
5A	13-14	50 Backstroke Skins Finals	6A
5B	15 & Over	50 Backstroke Skins Finals	5B
13A	13-14	50 Freestyle Skins Finals	14A
13B	15 & Over	50 Freestyle Skins Finals	13B

12:30 PM Warm Ups - 1:30 PM Start

Girls Events	Age Group	Event Description	Boys Events
25	9-12	100 Freestyle	26
27	9-12	50 Backstroke	28
29	9-12	50 Butterfly	30
31	9-12	100 IM	32
33	9-12	50 Freestyle	34
35	9-12	50 Breaststroke	36
5 Minute Break			
37	9-10	200 Freestyle Relay	38
39	11-12	200 Freestyle Relay	40
5 Minute Break			
27A	9-10	50 Backstroke Skins Finals	28A
27B	11-12	50 Backstroke Skins Finals	28B
33A	9-10	50 Freestyle Skins Finals	34A
33B	11-12	50 Freestyle Skins Finals	34B

Each Swimmer May Swim A Maximum of 4 Events Per Day Plus 1 Relay

\$6.50 Per Individual Event Per Athlete for ALL Athletes

\$2.00 Per Athlete Surcharge

\$9.00 Per Each Relay

For Manual Entries, Add \$1.00 Per Entry (individual or relay)

DELMAR DOLPHINS SWIM CLUB

ENTRY FEE CALCULATION SHEET: Fall Frenzy, RPI Robison Pool, October 13, 2024

TEAM NAME _____

CONTACT PERSON _____

PHONE NUMBER _____

E-Mail ADDRESS _____

Number of Individual Entries	_____	X \$6.50 = \$	_____
Number of Swimmers (LSC Surcharge)	_____	X \$2.00 = \$	_____
Number of Relays	_____	X \$9.00 = \$	_____
Number of Manual (non-electronic) Entries	_____	X \$1.00 = \$	_____

Total Amount Due and Enclosed\$ _____

ENTRY DEADLINE.. Wednesday, October 2, 2024

MAKE CHECKS PAYABLE TO Delmar Dolphins Swim Club

Email your entries to the Meet Entry Coordinator

This form Must be returned with Entry Report and Check to:

Delmar Dolphins Swim Club
C/O Matt Allinson
24 Leonard Place
Delmar, NY 12054

E-mail entries only to Sam Oliver – soliver544@gmail.com

**Entries will be posted to the meet program
upon RECEIPT OF CHECK ONLY
Delmar Dolphins Swim Club assumes no responsibility
for meet close-out due to late entries**