Friday-Sunday, Nov 1-3 @ Union College

Sanction: Held under the sanction of USA Swimming, Inc. and Adirondack Swimming Inc., Sanction #AD25-006

Marco Greico, General Chairman

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages

arising by reason of injuries to anyone during the conduct of the event.

Host: Sharks Swim Club (SCHE-AD)

Place: Union College Alumni Gym Pool

25 Yard, 8 Lane Pool, and Continuous Warm Up Pool - with Colorado timing systems and displays.

Continuous warm-up warm-down time is provided.

The competition course has not been certified in accordance with 104.2.2C(4).

Pool Depths: Depth of Pool at One (1) Meter is 10'0" and at Five (5) Meters is 13'0" from Start End of Pool.

Depth of Pool at One (1) Meter is 6'6" and at Five (5) Meters is 6'9" from Turn End of Pool.

Time:

Friday, November 1, 2024					
	Ages	Positive Check-in Deadline	Warm-Up	Meet Start	
Session 1	Open	4:15 pm	4:00	4:45	
	Saturday and Sunday, November 2 and 3, 2024				
	Ages	Positive Check-In Deadline	Warm-Up	Meet Start	
AM	Open Prelim	9:30 am for 500 free/400 IM	7:30 AM	8:30 AM	
Mid-day	11-12, 10-U	None	12:00	12:40 PM	
PM Finals	Open	NA	4:00 PM	4:50 PM	

Meet Director: Kristina Matthews (518) 698-5504 <u>sharkmeetdirector518@gmail.com</u>

Meet Referee: JoAnn Faucett (518) 496-6136 <u>faucettjm@aol.com</u>

Meet Entry Coordinator: Jarrett O'Donnell (518) 231-9058 <u>sharkmeetentries518@gmail.com</u>

#### **Spectator Limitations:**

In compliance to Union College Event Rules, SPECTATOR NUMBERS may be RESTRICTED. <u>However, the meet will be live-streamed.</u>

The link will be provided through the Meet Entry Coordinator on or before October 30, 2023.

People working the meet from participating clubs are permitted on deck for their scheduled slot.

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#### **Entry Rules:**

The eligibility of a swimmer will be determined by his or her age on **November 1, 2024**.

Rules from the current USA Swimming Technical and Administrative Rules will be in effect.

Entries must be submitted electronically, using Hy-Tek, Team Unify or compatible Software and Emailed to the Meet Entry Coordinator.

Entries must be submitted via e-mail to: **sharkmeetentries518@gmail.com**.

Entries must be received by the Meet Entry Coordinator by Wednesday, October 23, 2024 at 5:00 PM.

Please include an entry report and proof of times where a qualifying time applies.

Conforming and Non-Conforming times may be used for entry. Seeding Order: SCY, LCM, SCM.

Entries will be accepted on a first come first served basis. Once a session is full, no additional entries will be accepted for that session. The host team reserves the right to enter its own swimmers in the meet at any time.

Please be certain you receive a reply confirming receipt of your entries within 48 hours.

If the meet is oversubscribed or undersubscribed, Meet and/or Session Start Times may need to be changed. Attending teams will be notified of any changes via email and all changes will be posted to the AD Web Site. Oversubscription to Friday's distance events will result in the removal of athletes, beginning with the slowest seeds. All fees paid for cut entries will be refunded.

202.3.2: At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision, but it is the swimmer's responsibility to make such arrangements prior to the start of the meet.

202.3.4A: Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

#### **USA Swimming Registration:**

No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302

All registrations are completed using the USA Swimming Online Member Registration (OMR) system.

Refer to the AD web site, "USA-S Registrations" page for information.

Adirondack Meets are reconciled for current USA Swimming Registration. Unregistered or expired swimmers will be removed from the meet. Athletes 18 or older MUST have completed APT to be compliant and allowed to swim in meet.

AD swimmers must have Confirmed Birthdates to swim age specific events.

Legal ID must be sent to the LSC Registrar for new members or members new to AD.

Direct registration questions to the Adirondack Registrar, Bill Faucett office@adirondackswimming.org

#### **Swimming Events:**

- Other than the Open 500 and 1650 Free, and the 400 IM, which are positive check-in, the meet will be pre-seeded. All 12 and under events will be swum as timed finals. Except where as noted, open events will be in a prelim and final format.
- Unless otherwise noted, all preliminary and timed-final events will be seeded slow to fast with non-conforming times swimming first.
- The 1650 will be seeded fast to slow, with non-conforming times swimming last. Swimmers must have a 1650 or 1000 (or LC equivalent) time in SWIMS or a 13-14 BB or faster 500 free time in SWIMS (2024-28 USA Swim Motivational Time Standards). Proof of time must be provided with entry file.
- Open 400 IM and 500 Free will swim as Timed-Finals, swimming slow to fast. Fastest heat will swim at Finals.
- 10-Under and 11-12 sessions will be timed-final events and will be pre-seeded
- 11-12 swimmers may only swim in Open session if they have 2 11-12 AAA times. Proof of times must be provided with entry file.
- 11-12 swimmers may swim only swim in EITHER 11-12 session OR Open events
- Will race 3 heats of each event at Open finals: "A" Championship Final, "B" Consolation Final, and "C" Bonus Final. Bonus Final is reserved for 14-Under swimmers\*
- \*If Bonus final cannot be filled by 14-Under swimmers, it will be filled by 15-Overs
- Swimmers in 10-Under and 11-12 Timed Finals sessions may swim a maximum of 5 individual events
- Swimmers in Open sessions may swim a maximum of 3 individual events per day.

#### Scratches:

Swimmers in positive check-in events will be scratched if they are not checked-in by the deadline. POSITIVE CHECK-IN lists will be distributed to the coaches prior to warm-up of the session, and swimmers should check-in with their designated coach.

#### **Deck Entries:**

Adirondack Swimming has agreed to allow Deck Entries at AD Meets under the following conditions;

- 1. Deck Entries are NOT Allowed during Championship Meets
- Athlete must be USA-S Registered and show Proof of Registration (those already in meet have been confirmed as registered).
   Acceptable forms of Proof of Registration are: USA-Swimming ID from SWIMS 3.0 or the USA Swimming Phone app.
- 3. Coach makes the request for the entry.
- 4. All Deck Entries will be allowed at the discretion of a combined decision of the Meet Director and the Meet Referee.
- 5. Deck Entries are Subject to a \$1.00 Surcharge, Per Entry, which applies to All Entries, Individual or Relays.

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#### **Disabled Athletes:**

Adirondack Swimming welcomes athletes with disabilities. Athletes with disabilities are required to contact the Meet Director at least 2 weeks in advance of the meet so that provisions can be made for any special accommodations.

#### Warm-Ups:

Because of the large number of injuries occurring across the country during warm-ups, USA Swimming allows no diving into the pool during the warm-up period except in the designated sprint lanes. We ask that you inform your swimmers of this rule and ask them to fully cooperate with the club officials and marshals in charge of the area.

#### **Meet Policy:**

Use of Audio or Visual Recording Devices, Including a Cell Phone, is not permitted behind the starting blocks, including any spectator area behind the starting blocks, in changing areas, rest rooms or locker rooms.

Changing into or out of swimsuits other than locker rooms or other designated areas is prohibited.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

No one will be allowed on the deck except USA-S Registered Officials and USA-S Registered Coaches with Current Certifications, USA-S Registered Swimmers and Meet Marshalls and Timers on Shift.

All Officials and Coaches are Required to show in compliance USA Swimming Membership Card prior to being on deck.

If, at an AD Sanctioned Meet, an individual is found on deck, acting in any coaching capacity and is determined to be out of compliance with USA Swimming requirements for coaches, that individual will be removed from the deck and the represented club will be fined \$250. Any swimmer found in an unauthorized area will be asked to immediately leave the premises. No exceptions.

Each team is responsible for supervising its members.

All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

#### Officials:

There will be an official's meeting conducted promptly 45 minutes before each session. Attendance is MANDATORY to work the meet. Please sign up in official's room before the start of officials meeting.

#### Timers:

Clubs will be required to provide timers for the meet based upon their number of entries. Lane timing assignments will be posted to the Adirondack Swimming website and at the meet. Swimmers in session 1 must provide their own timers and lap counters.

#### Awards:

Individual events ribbons will be awarded for 1st through 8th place.

Relay events ribbons will be awarded to the 1st through 3rd place teams.

#### Services:

A basic selection of packaged snacks and bottled drinks will be on sale throughout the meet.

Smoking is NOT permitted in the building. Food and drink, except for water, are not permitted in the pool area. Glass containers of any kind are strictly prohibited in the pool area.

#### **Photographers:**

Only Professional Photographers or Videographers hired by the host team or Press Photographers, who have been approved in advance by the meet director, will be allowed on deck. A Photographer Registration form must be completed and submitted to the meet director for approval, prior to the meet. Forms are available on the Adirondack Swimming website as well as from the Meet Director. Click here for a direct link to the registration form.

Swimmer's families, taking photos of their children from the spectator area, are not subject to this policy.

Parents and Professionals, please refer to the "Meet Policy" above for general restrictions pertaining to all photography at Sanctioned meets.

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#### **Entry Fees:**

\$6.50 per individual event for 12-Under sessions || \$10.00 per individual event for Open sessions.|| \$5.00 per swimmer surcharge. An entry summary sheet is included to compute your team entry fees.

The individual entry fees include the \$.50 AD travel fund surcharge.

ALL MANUAL ENTRIES, INCLUDING DECK ENTRIES (NON-ELECTRONIC) ARE SUBJECT TO A SURCHARGE OF \$1.00 PER ENTRY, WHICH APPLIES TO INDIVIDUAL OR RELAY ENTRIES.

Make your entry check payable to **SHARKS SWIM CLUB**, and mail your check and entry summary sheet to the **Meet Entry Coordinator**. Entries will be entered to the meet upon receipt of your check.

If you have any questions, please contact the Meet Director listed on the first page.

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#### SESSION 1 - Friday Afternoon WARM-UPS 4:00 pm - SESSION BEGINS 4:45 pm

GIRLS	AGE GROUP	EVENT	BOYS
EVENTS		DESCRIPTION	EVENTS
1	Mixed Open	1650 Free **	1

\*\* Must have a 1650 or 1000 (or LC equivalent) time in SWIMS
OR a 13-14 BB or faster 500 free in SWIMS (2024-28 USA Swim Motivational Time Standards)
Any Sharks swimmer may be entered

### SESSION 2 - Saturday AM Prelims WARM-UPS 7:30 am - SESSION BEGINS 8:30 am

GIRLS EVENTS	AGE GROUP	EVENT DESCRIPTION	BOYS EVENTS
2	Open	200 Freestyle	3
4	Open	100 Breaststroke	5
6	Open	200 Backstroke	7
8	Open	100 Butterfly	9
10	Open	50 Freestyle	11
12	Open	400 IM (TF*)	13

### SESSION 3 - Saturday Mid-day Timed Finals WARM-UPS 12:00 PM - SESSION BEGINS 12:40 PM

GIRLS EVENTS	AGE GROUP	EVENT DESCRIPTION	BOYS EVENTS
14	10-Under	50 Freestyle	15
16	10-Under	100 IM	17
18	10-Under	50 Breaststroke	19
20	10-Under	100 Backstroke	21
22	10-Under	100 Butterfly	23
24	10-Under	200 IM	25
26	10-Under	100 Freestyle	27
28	10-Under	100 Breaststroke	29
30	10-Under	50 Butterfly	31
32	10-Under	50 Backstroke	33

#### SESSION 4 - Saturday PM Finals WARM-UPS 4:00 pm - SESSION BEGINS 5:00 pm

GIRLS EVENTS	AGE GROUP	EVENT DESCRIPTION	BOYS EVENTS
2	Open	200 Freestyle	3
4	Open	100 Breaststroke	5
6	Open	200 Backstroke	7
8	Open	100 Butterfly	9
10	Open	50 Freestyle	11
12	Open	400 IM (TF*)	13

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#### SESSION 5 - Sunday AM Prelims WARM-UPS 7:30 am - SESSION BEGINS 8:30 am

GIRLS EVENTS	AGE GROUP	EVENT DESCRIPTION	BOYS EVENTS
34	Open	200 Butterfly	35
36	Open	100 Backstroke	37
38	Open	200 Breaststroke	39
40	Open	100 Freestyle	41
42	Open	200 IM	43
44	Open	500 Free(TF)	44

### SESSION 6 - Sunday Mid-day Timed Finals WARM-UPS 12:00 PM - SESSION BEGINS 12:40 PM

GIRLS EVENTS	AGE GROUP	EVENT DESCRIPTION	BOYS EVENTS
46	11-12	50 Freestyle	47
48	11-12	100 IM	49
50	11-12	50 Breaststroke	51
52	11-12	100 Backstroke	53
54	11-12	100 Butterfly	55
56	11-12	200 IM	57
58	11-12	100 Freestyle	59
60	11-12	100 Breaststroke	61
62	11-12	50 Butterfly	63
64	11-12	50 Backstroke	65

#### SESSION 7 - Sunday PM Finals WARM-UPS 4:00 pm - SESSION BEGINS 5:00 pm

GIRLS EVENTS	AGE GROUP	EVENT DESCRIPTION	BOYS EVENTS
34	Open	200 Butterfly	35
36	Open	100 Backstroke	37
38	Open	200 Breaststroke	39
40	Open	100 Freestyle	41
42	Open	200 IM	43
44	Open	500 Free(TF)	45

12 yr olds can compete in open sessions as long as they have 2 AAA times. Open Finals – 3 heats at night. 3<sup>rd</sup> heat reserved for 14-under Open 400 IM and 500 Free – Timed Final. Fastest 8 Seeds swim at Finals

Swimmers in 10-Under and 11-12 Timed Finals sessions may swim a maximum of 5 individual events Swimmers in Open sessions may swim a maximum of 3 individual events per day.

\$6.50 per individual event for 12-Under Timed Finals sessions

\$10 per individual event for Open sessions

\$5.00 per swimmer surcharge. || \$1.00 surcharge per event for all manual entries.

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#### **ENTRY FEE CALCULATION SHEET**

I EAM NAME	
CONTACT PERSON	
PHONE NUMBER	
E-MAIL ADDRESS	
Number of Individual Entries in Sessions 1, 2 & 5	X \$10.00 = \$
Number of Individual Entries in Session 3, 6	X 6.50 = \$
Number of Swimmers	X \$5.00 = \$
Number of Manual (non-electronic) Entries	X \$1.00 = \$
Total Amount Due and Enclosed	\$

### **ENTRY DEADLINE:**

Wednesday, October 23, at 5:00 pm

MAKE CHECKS PAYABLE TO: SCHENECTADY-SARATOGA SWIM CLUB (SSSC), SCHE-AD

E-mail your entries to the Meet Entry Coordinator: sharkmeetentries518@gmail.com

This form Must be returned with Entry Report and Check to the Meet Entry Coordinator:

Sharks Business Manager 720 South Market Street Johnstown, NY 12095

SHARKS SWIM CLUB assumes no responsibility for meet close-out due to late entries.