

**2024 Starfish Thankswimming Invite  
November 16-17th @ Niskayuna High School**

**CHANGE NOTICE**

**Session 1 & 2: No Changes**

**Session 3: Warm up will now be 12:45pm,  
and the session will start at 1:45pm**

**We apologize for any inconvenience caused by this change.  
Please be sure to pass this information along to your team  
members.**