

2025 Membership Offerings, USA Swimming & Adirondack Swimming

Role	Total Fee	USA-S	AD LSC	Date Span	Meet Types/Limits	Meet Levels	Age limit	Qualifications Conditions	Considerations
Premium Athlete	\$88.00	\$70.00	\$18.00	Sept 1, 2024 Dec 31, 2025	No Limit, All Meets	All	None		
Outreach Athlete	\$5.00	\$5.00	\$0.00	Sept 1, 2024 Dec 31, 2025	No Limit, All Meets	All	None	Limited income Determined by LSC	
Flex Athlete	\$30.00	\$20.00	\$10.00	Sept 1, 2024 Dec 31, 2025	Limit 2 Sanctioned Meets below LSC Champs Level	Below LSC Champs	12&under		May upgrade to premium
Season 1 Athlete	\$52.00	\$40.00	\$12.00	April 1, 2025 Aug 28, 2025	No Limit, All Meets Up to LSC Championship Level	Up to LSC Champs	None		May Upgrade to premium
Open water single meet Athlete	\$15.00	\$10.00	\$5.00	Up to 3 Days 1 Meet Only	Open Water	Open water	None	Good for 1 Specific Meet up to 3 Days	Clubs may NOT use this Option. UN ONLY.
Non-Athlete Coach, Official, Other	\$88.00	\$70.00	\$18.00	Sept 1, 2024 Dec 31, 2025	N/A	N/A	18+		Junior Coach 16-17, no BGC/APT required
Non-Athlete Administrator	\$48.00	\$30.00	\$18.00	Sept 1, 2024 Dec 31, 2025	N/A	N/A	18+	Club Staff: treasurer, webmaster, etc	No Athlete Involvement, May Upgrade to Other
Year-round Club	\$100.00	\$70.00	\$30.00	Sept 1, 2024 Dec 31, 2025	N/A	N/A	N/A	N/A	
Season 1 Club	\$60.00	\$40.00	\$20.00	April 1, 2025 Aug 28, 2025	N/A	N/A	N/A	N/A	

All Membership Items Above must be paid in Total to USA Swimming at Time of Online Registration

Athlete Transfer	N/C	N/C	N/C		N/A	N/A			
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Transfer Form Must be Completed and sent to the AD LSC Registrar to Process ALL Transfers

Membership Notes

Restricted Athlete Athletes with no proof of age --> may practice & enter open events; but may not enter age-specific events until proof of age is provided

AD Requires Proof of Age and Name Verification

Legal ID (Birth Certificates, Passport, etc) Must be Sent to the LSC Registrar at Time of Registration
 This Policy Applies to ALL New Athletes (new to USA Swimming or new transfers to Adirondack Swimming from another LSC)
 Please scan a readable copy of the swimmers ID and email to office@adirondackswimming.org

NOTE: Adult Athletes (age 18 and older) must complete (SafeSport) Athlete Protection Training (APT) to retain their membership status. Athletes MUST Complete APT By their 18th birthday to remain in compliance. Failure to complete APT will result in being rejected from Sanctioned meets and uninsured at all practices and member events. Athletes MUST have their Own Login Account, that is Linked to their SWIMS Record, BEFORE taking Any Education Courses.

**BOGO – USA-S Fee is charged once for all Premium Athlete or Full Level (coach, jr coach, prov coach, official, other) Non-Athlete Registrations. LSC fee applies once for each category of Premium Athlete and Non-Athlete Registration.
 Example: Register as A Coach, Pay USA-S \$70 + LSC \$18 ... then register as a Premium Athlete, Pay USA-S \$0 BOGO + LSC \$18 Total \$106**