

### Top Times Spreadsheet Report

**Adirondack LC Zone Team [AD-AD]**

**Show Long Course Only**

<b>Female 11-12</b>	<b>50 Free</b>	<b>100 Free</b>	<b>200 Free</b>	<b>400 Free</b>	<b>50 Back</b>	<b>100 Back</b>	<b>200 Back</b>	<b>50 Breast</b>	<b>100 Breast</b>	<b>200 Breast</b>	<b>50 Fly</b>	<b>100 Fly</b>	<b>200 Fly</b>	<b>200 IM</b>	<b>400 IM</b>		
Tori Cusworth (12)			2:30.01		34.66	1:14.38	2:42.58					1:24.79		2:51.77	6:26.22		
			A		AA	AAA	AA					BB		A	BB		
Irena Hou (11)	34.55	1:17.48						44.88	1:36.72	3:28.92	36.83	1:24.79	3:20.75	2:57.94			
	BB	BB						BB	BB	BB	BB	BB	B	BB			
<b>Female 13-14</b>	<b>50 Free</b>	<b>100 Free</b>	<b>200 Free</b>	<b>400 Free</b>	<b>800 Free</b>	<b>1500 Free</b>	<b>100 Back</b>	<b>200 Back</b>	<b>100 Breast</b>	<b>200 Breast</b>	<b>100 Fly</b>	<b>200 Fly</b>	<b>200 IM</b>	<b>400 IM</b>			
Emma Shao (14)			2:18.65	4:54.21			1:10.31	2:36.64	1:16.62	2:47.08	1:07.48		2:29.08	5:22.57			
			AA	AA			AAA	AA	AAA	AAA	AAA		AAA	AAA			
Sonja Wulsch-Fuller (14)	30.02		2:28.88	5:12.20			1:13.58	2:39.13			1:16.15			5:45.45			
	AA		A	A			AA	A			BB			A			

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<b>Male 11-12</b>	<b>50 Free</b>	<b>100 Free</b>	<b>200 Free</b>	<b>400 Free</b>	<b>50 Back</b>	<b>100 Back</b>	<b>200 Back</b>	<b>50 Breast</b>	<b>100 Breast</b>	<b>200 Breast</b>	<b>50 Fly</b>	<b>100 Fly</b>	<b>200 Fly</b>	<b>200 IM</b>	<b>400 IM</b>		
Mark Shao (12)	30.85	1:08.36	2:29.09		39.91	1:26.94	3:01.42	41.40	1:30.78	3:17.19	39.47			2:53.71			
	A	A	A		BB	BB	BB	BB	BB	BB	B			BB			
<b>Male 13-14</b>	<b>50 Free</b>	<b>100 Free</b>	<b>200 Free</b>	<b>400 Free</b>	<b>800 Free</b>	<b>1500 Free</b>	<b>100 Back</b>	<b>200 Back</b>	<b>100 Breast</b>	<b>200 Breast</b>	<b>100 Fly</b>	<b>200 Fly</b>	<b>200 IM</b>	<b>400 IM</b>			
William Keating (13)	29.91	1:08.48	2:25.39				1:17.91		1:15.05	2:46.82	1:20.42		2:37.30				
	BB	BB	BB				B		AA	AA	B		A				